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TREE LIGHTING CEREMONY



Christmas tree near the HCC Santa, cocoa, cookies kick off holidays Nov. 29

The GRF Recreation Department will host the third annual Christmas Tree Lighting Ceremony, beginning at dusk on Wednesday, Nov. 29, in the Administration parking lot. Santa and his elves (courtesy of the LW Theater Club) will be there to collect unwrapped toys for the annual Toys for Tots event in December. The Health Care Center will provide cookies and hot cocoa.

The Evergreen Chorale will entertain with a selection of Christmas carols.

Bus service will be provided from clubhouses 2 and 3, and on call, leaving for the event at 4:30, so take advantage of the "park and ride" service.

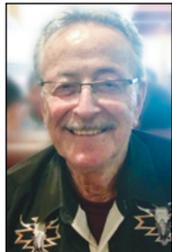
HOLIDAY SHOPPER SHUTTLE

Take the Minibus to the mall on Nov. 25

Special Golden Rain Foundation Minibus service will be offered from 9 a.m.-3:30 p.m., Saturday, Nov. 25, to Westminster Mall and the 99-Cent Only Store for holiday shopping. Seats will be filled on a first-come, first-served basis. The special shuttle will depart from the Amphitheater Hub at 9 a.m., 10 a.m., 11 a.m., noon, 1:30 p.m., 2:30 p.m. and 3:30 p.m. Return trips from the Westminster Mall will be at 10:30 a.m., 11:30 a.m., 1 p.m., 2 p.m., 3 p.m., 4 p.m. and 4:30 p.m. Shoppers at the 99 Cents Only Store will be dropped off and picked up on the way to the mall. Minibus service to Westminster Mall will also be provided Dec. 23.



What are you grateful for?



Les Cohen

Remembering life's good gifts is at the heart of Thanksgiving. Seed your life with gratitude and watch what grows—a harvest of peace, harmony and goodwill in you that flows out to the people around you. Read on as Leisure World friends and neighbors share the good things in their lives.

I am grateful for LW friends who have a positive spirit and who are upbuilding and encouraging; friends and acquaintances who appreciate life, who look for the good in others, and who are thankful for blessings that life brings. I am enriched by those who find joy in laughter. I appreciate folks whose mere presence fosters a sense of peace, joy and patience.
—Fred Wind, Mutual 12



Linda Johnson

I am grateful for being an American and for living in this incredible community where people treat each other with kindness, dignity and respect.
—Maureen Habel, Mutual 3



Charlie Guggino

This year is especially significant for my husband, Philip, and me. One year ago, in November 2016, Phil passed out during physical therapy at the Health Care Center. In an instant our active life was transformed. We discovered he had experienced a TIA, his second in 11 months. Combined with his nine-year journey as a Parkinson's patient, he went on to require 100 days of hospitalization and intense physical therapy, and is now celebrating his ninth month at home—over 270 days in his own comfy bed.

We are grateful he is alive. We are grateful he is home. We are grateful he is enjoying each day, yelling at the news, shaking his head over the political chaos, requesting just one apple turnover, celebrating our 40th wedding anniversary, marking his 84th birthday surrounded by hula dancers and beaming faces of loved ones, chatting with his team of care givers, participating in our weekly church prayer group, checking out the sports page, keeping tabs on Bruins' football, with concern about Josh Rosen's recovery, celebrating with Holy Family's community of faith at our Sunday liturgy, looking forward to the joys of another Thanksgiving and Christmas.



Ellen Brannigan



Sandra Luther-Stark



Joyce Vlaic



Maureen Habel



Fred Wind

THANKS, page 14

HAPPY THANKSGIVING



Mara Williams

This scarecrow sends a timely message in Mutual 11.

Practice gratitude to lay groundwork for a merry heart

Most people can sense it: Those with attitudes of gratitude are happier than their sour-grapes counterparts.

And way more fun to be around. Now research is proving that out. Studies into the practice of gratitude are finding that it is strongly associated with a greater sense of personal well being. The good news is that people can learn how to practice gratitude for a happier mindset.

Researchers define gratitude as "the appreciation of what is valuable and meaningful to oneself and a general state of thankfulness and/or appreciation."

In a study called "Counting Blessings vs. Burdens: An Experimental Investigation of Gratitude and Subjective Well-being in Daily Life," R.A. Emmons and M.E. McCullough looked at gratitude and well being under three conditions.

One group of participants was asked to journal about negative events; the second, about the things for which they are grateful; and the third, about neutral life events. Everyone was required to journal either daily or weekly.

Not surprisingly, the gratitude group consistently showed a higher sense of well being in comparison with the other two study groups. That is one of many recent studies showing a powerful link between appreciating the good things in life and happiness. And the best part is that gratitude is a state of mind that can be cultivated by:

- Journaling about things you are grateful for
- Writing and sending letters of appreciation to people
- Meditating on or praying about the good things in your life
- Writing thank-you notes

The bottom line is that negative thinking and gratitude cannot co-exist. So practice counting your blessings and see what blooms.

WATCH YOUR STEP

Skin cream scam rubs senior wrong way

By Jim Breen
jimb_news@lwsb.com

The so-called "skin cream" scam attempted on a Leisure World resident a few years ago has resurfaced in other parts of the country. An 84-year-old widow contacted the AARP Fraud Watch Network recently after accepting a free trial offer for skin cream she saw on a TV infomercial.

The woman didn't realize that she needed to cancel after receiving the free jar of cream. So after it was sent, she continued to get jars of the cream on a monthly basis at the outrageous cost of \$200.

The lady from Leisure World experienced a similar scenario in 2014. She told Watch Your Step that the free cream was acceptable, but the additional jars were thin and watery and did little to slow down the aging process as promised.

Free trial offers often lure consumers into accepting products, but require a cancellation after getting the freebie. That requirement can be found in the fine print, which is often difficult to read without a magnifying glass.

Such tactics are generally legal, unless the seller fails to disclose that the customer will be charged following that first delivery.

The Fraud Network suggests searching online for reviews about the company offering free products and reviewing credit card statements regularly for unauthorized charges. Consumers who see such charges are advised to call their credit card company's customer service number immediately.

Those who become ensnared in such traps are advised to file online complaints with the Federal Trade Commission (FTC) at www.ftc.gov/faq/consumer-protection/submit-consumer-complaint-ftc and the Better Business Bureau (BBB) at <https://www.bbb.org/howtocomplain>.

Resident Diane Reed received a letter from Pension Benefits Guarantee Corp. offering a government grant. It was an obvious "phishing" scam since she was required to pay an up-front processing fee to get the grant. Wisely, she declined the offer.

Have you been the victim of a scam attempt? Send details to Jim Breen at the email address above or call 431-6586, ext. 387, Wednesday- Friday between 8:30 a.m.-4:30 p.m.



HAPPY THANKSGIVING—Pathways volunteers put together festive Thanksgiving baskets to give to their client companions in Leisure World last week. Pathways is a non-profit organization dedicated to providing care to families living with illness and loss. All services are provided at no cost. Volunteers like the ones pictured above spend a few hours a week with people who are home-bound, lonely and/or in need of some assistance with errands. Volunteers are pictured with Cindy Tostado (third from left), GRF member resource and assistance liaison, and Tammie Ottenad (second from left), Pathways program manager.

CLUBHOUSE RENOVATIONS

Construction schedule has changed for CH 3

Renovations to Clubhouse 3, originally scheduled in January and February, are being postponed; however, the asbestos abatement planned for January may still take place.

The Recreation Department will update clubs as soon as information is available from the Physical Property department.

Clubhouse 2 renovations are anticipated to begin in April and run through the end of May. That project will now precede the renovation of Clubhouse 3, which will be more involved than originally

anticipated.

Clubs with standing reservations in those months should come to the GRF Reservations Office once firm dates have been determined if they would like to be relocated. Existing reservations will have priority over any new reservations, as space will be limited.

The GRF Reservations Office will book rooms for residents and

clubs between 8:30 a.m.-4 p.m., Monday-Friday only, to facilitate the increased work flow. Mondays and Thursdays tend to be the busiest days so residents may prefer to come on other days. The office recently moved downstairs in Building 5. Watch the LW Weekly for further updates.

For more information, contact Kathy Thayer at 431-6586, ext. 398, or kathyt@lwsb.com.

CHILDREN-A-PRIORITY

Bring a toy for JFTB children on Dec. 7

Children-A-Priority (CAP) will meet at 11:45 a.m. on Thursday, Dec. 7, in Clubhouse 4. A hot lunch will be served at noon for \$10. CAP supports organizations for underprivileged and at-risk youth.

December will kick off the club's toy drive for children at the Los Alamitos Joint Forces Training Base. CAP members and visitors are asked to bring a new unwrapped gift for a boy or girl of any age to the meeting.

The unwrapped gifts will be delivered and presented to the JFTB to brighten the holiday season for the children. Many of them have a parent or parents who are deployed.

For tickets or information, call Maria Swift at 493-1924 or Fay Cummings at 493-1143.

—Sally Steenbergen

AMERICAN LEGION

Christmas luncheon is Dec. 18 in CH 4

The American Legion Auxiliary 327 will have a Christmas luncheon at 1:30 p.m. on Dec. 18 in Clubhouse 4 (the same time as the regular meeting, which it will replace).

Tickets are available for \$10 by calling 341-0249 or 594-0209.

The deadline to purchase tickets is Dec. 13.

Dues are now payable.

The Auxiliary is collecting unused shampoos and soap for homeless female veterans. Call 341-0249 for more information.

Volunteers are needed to help the Auxiliary women make paper poppies from 11 a.m.-12:30 p.m. on Wednesdays in Clubhouse 2.

The Naval Base Sea Cadets are setting up a scholarship in Bud Sudbeck's name.

—Helene Goldberg

LW Pool Maintenance

The Leisure World Swimming Pool will be closed for maintenance from Dec. 4-8 and Dec. 11-15. It will reopen at 8:30 a.m. on Saturday, Dec. 16.

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GRF ADMINISTRATION

Used vehicles will be sold Saturday

LW residents can sell their used vehicles—cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters— from 8 a.m.-4 p.m. at the Administration parking lot on the fourth Saturday. The next sale will be held Nov. 25.

Vehicles must have current DMV registrations and GRF decals as well as be insured.

Owners do not need to be present. People can display a "for sale" sign with a phone number on vehicles. The signs must be no larger than 18-by-24 inches.

The sale is open to LW residents only and the guests they call in. For more information, contact Recreation at 431-6586, ext. 350 or 398.





Jacqi Bowe

CALRTA

Dec. 1 luncheon to be catered by Flame Broiler

The California Retired Teachers Association (CalRTA) will meet at noon on Dec. 1 in Clubhouse 2.

Reservations are required for the lunch and program. It's not necessary to be a retired or current teacher to attend.

Reservations, \$15, can be paid at the door on the day of the meeting or by calling Sue Grimsley at 431-3083.

Payment is expected unless a cancellation is made by Nov. 29. Lunch will be catered by Flame Broiler Restaurant.

Jacqi Bowe, a singer, dancer and comedienne, will provide entertainment. She has performed on Broadway, TV and stage and danced with Gregory Hines and Sammy Davis, Jr. She has also performed with Tim Conway and has traveled with the national tour of "Chorus Line."

A brief business meeting will be held before her program to discuss new legislation that affects retired teachers.

- Sue Grimsley

SENIOR PATRIOTS

Peace vigil will be held Nov. 29

Leisure World residents and others are invited to join a peace vigil from 4-5:30 p.m. on Wednesday, Nov. 29, sponsored by Senior Patriots for Peace. It will be on the sidewalk along Seal Beach Boulevard in front of LW.

The organization has steadfastly demonstrated for peace on the last Wednesday of the month for over 10 years. At no time in club history has there been a more urgent reason to join in voicing a plea for world peace than now.

Consider the threat of nuclear war, the destruction of the environment; shootings in Las Vegas, Texas, and Northern California; homelessness in America, unaffordable health care, worldwide displaced refugees living in relocation camps, and the endless wars across the planet.

Everyone is invited to the vigil for any block of time between 4-5:30. Signs will be provided, or people can bring their own.

It's one small act to join others for a call for peace to nurture a world where people can live healthy lives for future generations. For information on parking availability for non-residents or other questions, call Lucille Martin at 430-1047.

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Perspectives

Letters to the Editor

Editor:

I appreciate the Outside the Wall columns submitted by Les Cohen, legislative advocate emeritus. He keeps us abreast of many bills submitted to Congress we would not otherwise hear about.

His column "Legislature could douse the light on Daylight Saving Time" (LW Weekly, Nov. 9) was of particular interest to me.

Assembly Bill 807 by Kamen Chu (D-San Jose) would ask voters to repeal the 1949 initiative establishing Daylight Saving Time in California. It passed the Assembly 48-6, but would allow a two-thirds vote adjustment. In goes to the Senate next January.

I'm sure Les will keep us informed so that we can make phone calls in January to Congress regarding the outcome of this bill. If passed by the legislature, and signed by the governor, it will be on the ballot in the next statewide election.

I have been saying for years that we should eliminate Daylight Saving Time. Thanks for the update, Les.

Lucille Martin
Mutual 15

Editor:

Leisure World resident drivers are reminded that according to the California Vehicle Code, when two vehicles arrive simultaneously at an intersection with a stop sign, the vehicle on the right has the right of way to move forward first.

Les Cohen
Mutual 15

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Publications Manager.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to the Golden Rain News by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may pres-

POLICY page 5

Remember When

Editor's note: Remember When is presented by the Leisure World Historical Society. Help make history live, tell your story, donate memorabilia, join the Historical Society. For more information, call Joan Shramek, vice president, at 430-9090 or visit the LW Museum in Clubhouse 1 from 2-4 p.m., Thursdays.

Dec. 1, 1977 - James Carbray, national president of the National Council of Senior Citizens, spoke to a large audience in Clubhouse 2. The speech was sponsored by the LW Democratic Club. The presentation stressed the need for seniors to support issues that directly affect them. He felt that health care was the No. 1 issue in 1977.

Dec. 2, 1987 - Msgr. James Pierse, pastor of Holy Family Catholic Church for the last 10 years, became pastor emeritus with the arrival of new pastor, Fr. George Breslin. Msgr. Pierse, a native of Ireland, served in Los Angeles and Orange County for a number of years.

Nov. 27, 1997 - The sand replenishment project along the coast of Seal Beach was completed. It took eight years to get approval and funding for the project. It was completed just as an "El Nino" year was forecast

REMEMBER, page 5

VIEWPOINT

Empathy and gratitude are words to live by

By Jim Greer, Mutual 11
Leisure World Interfaith Council



Jim Greer

The great Roman orator and prose stylist, Marcus Tullius Cicero, wisely expressed, "gratitude is not only the greatest of virtues but the parent of all the others."

Throughout history, theologians and philosophers have identified the great virtues that a truly caring person or society should possess.

Unfortunately, many of us unwittingly believe we are free to pick and choose from those virtues only the ones that best fit us, and wear them like a favorite coat or shoes.

A truly gracious life filled with blessings is the result of a conscious effort to adopt and live all virtues.

Huston Smith, the acclaimed author of the book "The World's Religions," wrote: "the two categorical, unconditional virtues are gratitude and empathy." Note the emphasis on "unconditional."

Those virtues are not merely conveniently adopted mindsets. They are skills that must be practiced daily to be beneficial to us, and more importantly, to those around us.

Empathy, the ability to understand and share the feelings of another, requires interaction with others, not just personal introspection. Gratitude, the quality of being thankful, and readiness to show appreciation for and to return kindness, is an action virtue like empathy.

Empathy requires that we "share the feelings of others" and gratitude requires us to "return kindness," not just feel it. Notice that these two definitions do not require the sharing or exchange of material possessions, but the sharing of feelings and kindness, two commodities that are limitless.

Many believers insist that all good things come from God. And that those blessings are a kindness shared with us by a loving Father. If indeed gratitude is expressed best when we return kindness, then we can best measure our own gratitude by how much kindness we share with those around us.

By tradition, many holidays involve an exchange of gifts. And too often we measure the value of the gift rather than the intent of the giver. In truth, a gift is merely a token of one's affection and appreciation, a symbol of the love and feelings they have for us. So, when we estimate the depth of a person's appreciation for us by the cost of the gift, we miss the point of the gift entirely.

GRATITUDE, page 5

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VOL. 41 NO. 47

GOLDEN RAIN FOUNDATION

Focus on the positive in our ever-changing world

by **Cynthia Tostado**

GRF Member Resource and Assistance Liaison

Happy Thanksgiving! For a lot of us this is a time of reflection for what we are grateful for and spending time with our loved ones.

November is National Gratitude Month, an opportunity to identify and focus on our appreciation for what and who we have in our lives. For some, this may be challenging due to the negativity that is swirling around us everyday.

Our world is changing day by day and hour by hour. We are subject to alarming news on a daily basis. What are we to do when faced with such adversity? I suggest taking a step back to take stock of what we do have and those around us that help make our lives more fulfilling.

There is ample research to support the claim that the more grateful we are, the more we will experience an increase in energy, optimism and empathy.

When we shift our focus from the negative to positive our perspective shifts to what is truly important. Some of the baggage and emotional ties begin to loosen and only then can we feel free. We become happier individuals.

We connect with ourselves and others. Some even take time to write or keep a journal on what it is they are grateful for as a visible reminder to themselves.

Here are some ideas from the River Source, a drug and alcohol treatment service that was adapted for the purpose of this message:

- Thank someone for being a positive influence in your life.
 - Call someone that you haven't talked to in a while. Let them know how important they are to you.
 - Take a picture of something or someone you are grateful for.
 - Smile at others and offer to assist with small tasks, such as holding a door open or offering to help load groceries. Bring or share a meal with someone. You can turn someone's day around.
 - Send thank you notes to those who deserve recognition. Has anyone helped you with any household tasks or errands, given you a ride to the store or doctor's office or brought over a meal?
 - Enjoy the people around you. Appreciate their personalities and unique qualities.
 - Donate your time to helping others. Food pantries, homeless shelters, animal shelters and toy drives are in special need this time of the year.
 - Model patience and wisdom throughout the month of November. It will be hard, but imagine the behavioral changes that can be made.
 - Choose one of your five senses to focus on for the day. Use it to further experience the things around you.
 - See the world through the eyes of a child. Better yet, spend some time with a child.
 - Take in each moment, let your guard down and stop worrying about what's not in your control.
- As you probably already know, gratitude is more than saying "thank you." It has the amazing power to shift negative thinking into positive thinking. By practicing gratitude each day, you can develop a deeper connection with yourself and the world around you. I encourage you to start your practice today.
- Happy Thanksgiving today and every day!



Cynthia Tostado

Qualified residents can receive free food near CH4

The Community Action Partnership of Orange County (CAPOC) is a food distribution program for qualifying senior citizens through its Commodity Supplemental Food Program.

Qualifying residents can pick up boxes of food from 9-11 a.m. on the third Thursday of the month by Clubhouse 4.

The next pick up is Dec. 21. The box contains about 40 pounds of canned fruit, vegetables, canned meat, rice, juice, cereal and other nutritious supplies.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: \$1,287 a month for one person and \$1,736 for two-person household.

On the day of distribution, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub) by Clubhouse 4 where an application will be completed. Qualified people will receive food the same day.

For more information or assistance, call Cindy Tostado, GRF member resource and assistance liaison, at 431-6586, ext. 317.

CAPOC is a nonprofit organization that administers the senior component of the Commodity Supplemental Food Program, which is funded by the Federal government. Food for the programs comes from the USDA.

POLICY

From page 4

ent an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.

Phyllis Poper of Mutual 14 thanks the American Legion Post 327, American Legion Auxiliary 327, Golden Rain Foundation and the Recreation Department for the Veteran's Day celebration. Every part of the program was well done, from the Velvetones' concert to the playing of "Taps," the song "Proud to be an American" and speaker Steve Maikoski's stirring message.

Jean Sudbeck of Mutual 14 and her family thank the LW community for the outpouring of cards, calls, food, love and caring during the loss of her husband, Bud Sudbeck.

Mutual 17 resident Norma Poe is grateful to Cathie Merz for her touching tribute to Pat "Eggs" Benedict (LW Weekly, Nov. 9). Poe read Benedict's book, "The Silence of the Pain is Deafening" and shed a tear when reading Merz's story.

Los Alamitos dentist Dr. Seza Barsamian thanks LW Weekly for publicizing her announcement of free dental services for veterans on Nov. 9. More than 20 LW residents were served.

ALPERT JEWISH COMMUNITY CENTER

Hope for Holiday support group meets

The Jewish Family & Children's Service of Long Beach and West Orange County is offering Hope for the Holidays, starting Nov. 29 and meeting weekly on Wednesdays from 9-10:30 a.m. through Jan. 10.

The holiday season can be a stressful and lonely time. People are invited to come and share their thoughts and feelings, and find the support they need at what can be a very difficult period.

The group setting is reassuring in that participants find comfort in learning they are not alone.

Roxie Diba, MFTI, and Alan Chudnow, MFT trainee, will facilitate the group, which meets at the JFCS Conference Room at the Alpert Jewish Community Center.

Cost to attend is \$15 per session. Participants may attend one or all sessions. For more information, call 427-7916 or visit jfcslongbeach.org/home-for-the-holidays.

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GRATITUDE

From page 4

This Thanksgiving, and throughout this holiday season, I intend to show an increase of gratitude for all the blessings and tokens of affection I have received. The challenge is to show gratitude by returning kindness and sharing the feelings of another.

We bless no one's life by keeping our feelings and kindness to ourselves. As Billy Graham explained, "We are not cisterns made for hoarding, we are channels made for sharing."

And this we can do without money.

REMEMBER

From page 4

that could cause heavy flooding and high surf in the area.

JUST A COMMENT: The Leisure World Historical Society Museum is open from 2-4 p.m. in Clubhouse 1. For more information, go to www.lwhistory.org.

Make Corrections NOW

Check your listing in the LW phone book to be sure it is exactly as you want it to be.

If you would like your listing changed for next year's directory, you must notify the Golden Rain Foundation News Department in writing.

Complete the form below and deliver it to the News Office at the rear of the Amphitheater, or mail it to...

LW Weekly, P.O. Box 2338, Seal Beach, CA 90740

Date: _____

REMOVE my listing from the Leisure World Telephone Directory.

I/we WANT to be listed in the Seal Beach Leisure World telephone directory EXACTLY AS BELOW (print last name first, upper and lower case).

Name(s): _____

Address: _____

Phone Number: _____

Be sure to check one of these boxes



Government

GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. Conference Room B is located downstairs in Building 5. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Friday, Nov. 24	Strategic Planning Ad Hoc Committee Administration.....canceled
Monday, Nov. 27	Video Subcommittee Conference Room B 1 p.m.
Tuesday, Nov. 28	GRF Board of Directors Clubhouse 4 10 a.m.
Friday, Dec. 1,	GRF Board Executive Session Administration 1 p.m.
Monday, Dec. 4	Physical Property Administration 1 p.m.
Tuesday, Dec. 5	Management Services Review Ad Hoc Conference Room B 1 p.m.
Wednesday, Dec. 6	Recreation Committee Administration 1 p.m.
Thursday, Dec. 7	RV Lot Ad Hoc Administration 1 p.m.
Friday, Dec. 8	Executive Committee Administration 1 p.m.
Monday, Dec. 11	Architectural Design Review Committee Administration 1 p.m.
Tuesday, Dec. 12	Mutual Administration Committee Administration 1 p.m.
Tuesday, Dec. 12	Renumbering Subcommittee Administration 3 p.m.
Wednesday, Dec. 13	Security, Bus & Traffic Committee Administration 1 p.m.
Thurs. Dec. 14	Communications Committee Administration 1 p.m.
Friday, Dec. 15	Roundtable with Mutuals and GRF Administration 1 p.m.
Friday, Dec. 15	Renumbering Subcommittee Administration 3 p.m.
Monday, Dec. 18	Finance Committee Administration 10 a.m.
Monday, Dec. 18	Video Subcommittee Conference Room B 1 p.m.
Tuesday, Dec. 19	GRF Board of Directors Clubhouse 4 6 p.m.
Friday, Dec. 22	Strategic Planning Ad Hoc Committee Administration 1 p.m.

GRF Board of Directors Agenda Clubhouse Four Tuesday, November 28, 2017 10:00 a.m.

1. Call to Order/Pledge of Allegiance
2. Roll Call
3. President's Comments
4. Announcements/Service Awards
5. Seal Beach Mayor's Update
6. Shareholder/Member Comments
Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b. ... Time limits, per speaker, are limited to:
 - 4 - minute limit per speaker, when there are no more than 15 speakers
 - 3 - minute limit per speaker, 16- 25 speakers
 - 2 - minute limit per speaker, over 26 speakers
7. Consent Calendar – Approval of Board Committee Meeting Minutes
8. Approval of Minutes
 - a. October 24, 2017
9. Reports
 - a. Los Alamitos Medical Center Advisory Report
 - b. Management Services Review Ad hoc Report
 - c. Strategic Planning Ad hoc Report
10. New Business
 - a. General
 - i. 2017/2018 Master Insurance Policy Renewal
 - ii. Clubhouse Three Revitalization Postponement
 - iii. RV Lot Moratorium on New Leases
 - iv. Clubhouse Four Parking Policy Variance
 - v. Ad Hoc Committee Member Appointment
 - b. Architectural Design and Review Committee
 - i. Clubhouse Four Exterior Improvements
 - ii. Clubhouse Four Flag Pole Removal
 - c. Communications Committee
 - i. Rescind Policy 2840.03-36, Delivery and Subscriptions
 - d. Executive Committee
 - i. Amend Policy 5025-30, GRF Election Procedures
 - ii. Approve Establishment of Emergency Operations Center
 - iii. Approve Staff Holiday Incentive/GRF Employee Holiday Luncheons
 - e. Finance Committee
 - i. Accept October Financial Statements
 - ii. Exclusive Use of Trust Property – Lease Agreements
 - a. Friends of the Leisure World Library
 - b. Genealogy
 - c. Golden Age Foundation
 - d. Leisure World Historical Society
 - e. Leisure World Radio Club
 - f. Leisure World Theater Club
 - g. Video Producers Club
 - iii. Amend Policy 5528-31, Refund of Excess Income
 - iv. Approve CDAR Purchase
 - f. Mutual Administration Committee
 - i. Approve New Buyer Presentation
 - g. Physical Property Committee
 - i. Non-budgeted Operating Funding Request – Enhancement of Golf Cart Parking, Administration Building
 - ii. Non-budgeted Operating Funding Request – Crosswalk Improvements, Medical Center/Clubhouse Six
 - iii. Capital Funding Request – Mission Park (Multi-purpose Court/Recreational Area at Clubhouse Two)
 - iv. Approve Contract – Phase I, Mission Park - Demolition
 - v. Capital Funding Request – Inspectors' Club Cars
 - vi. Reserve Funding Request – Automatic Door Replacement, Clubhouses One and Three
 - vii. Approve Contract (2018-2021) – Community Facilities Landscaping
 - viii. Approve Contract for Main Gate Landscape and Monument Sign Lighting
 - h. Recreation Committee
 - i. Funding Request – Amphitheater Drapery and Travelers Replacement
 - ii. Approve Contract (2018-2021) – Golf Course Landscaping
 - iii. Non-budgeted Operating Funding Request – Furniture Replacement for Clubhouses.
 - iv. Non-budgeted Operating Funding Request – Library Flat Filing Cabinets
 - v. Non-budgeted Operating Funding Request – Recreation Trailer Supplies.
 - i. Security, Bus & Traffic Committee
 - i. **TENTATIVE VOTE:** Adopt Policy 1928-37, Golf Carts
 - ii. **TENTATIVE VOTE:** Amend Policy 1927.01-37, Fees for Parking Infractions
 - iii. Non-budgeted Operating Fund Request – Cushman Motor Rebuild Kits



Gerrie Schipske

LW DEMOCRATS

Schipske will be guest at holiday potluck Dec. 20

Leisure World Democrats and friends are invited to a festive holiday potluck and club meeting on Wednesday, Dec. 20, in Clubhouse 4. The potluck begins at noon, and the meeting follows at 1 p.m.

Gerrie Schipske, Democratic candidate for the 34th State Senate District, will be the featured speaker. She is running on several issues that include women's healthcare, the environment and education. The club extends a warm welcome to this talented guest.

To learn more about Schipske, visit: <https://sblwdems.wordpress.com/gerrie-schipske-democratic-candidate-for-the-34-state-senate-district/>.

Questions about the potluck should be emailed to lwsbdemoclub@gmail.com.

District Attorney candidate Brett Murdock was enthusiastically welcomed at the Nov. 15 meeting. He shared his extensive work experience, including his work for the Orange County District Attorney's office, as city council member and mayor of Brea, as a small business owner and through his private practice as an attorney.

Club members learned that he grew up in Brea, completed his undergraduate work at UC, San Diego, and attended law school at Chapman University. He lingered after speaking as he was peppered with questions ranging from jail-house snitches to prosecuting hate groups. To learn more about Brett Murdock, visit: <https://sblwdems.wordpress.com/brettmurdockinfo/>.

Club members were also surprised and delighted when Josh Lowenthal, candidate for Assembly District 72 (representing Leisure World) and son of Congressman Allen Lowenthal, dropped by the November meeting. As he walked in the door, he was greeted warmly with a round of applause. Josh Lowenthal will help ring in the new year as the club's featured speaker at the Jan. 17 meeting. Members can learn more about Lowenthal, by visit

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Monday, Nov. 27	Mutual 8 Administration..... 1:30 p.m.
Wednesday, Nov. 29	Mutual 10 (rescheduled) Conference Room B9 a.m.
Thursday, Nov. 30	Mutual 1 Administration.....9 a.m.
Monday, Dec. 4	Mutual 6 Conference Room B..... 1 p.m.
Tuesday, Dec. 5	Mutual 17 Administration 1:30 p.m.
Thursday, Dec. 7	Presidents' Council Clubhouse 49 a.m.
Friday, Dec. 8	Mutual 3 Administration9 a.m.
Monday, Dec. 11	Mutual 9 Administration 9:30 a.m.
Wednesday, Dec. 13	Mutual 4 Administration 9:15 a.m.
Tuesday, Dec. 14	Mutual 14 Conference Room B..... 1 p.m.
Friday, Dec. 15	Roundtable with Mutuals and GRF Administration 1 p.m.
Monday, Dec. 18	Mutual 15 Administration 1 p.m.
Tuesday, Dec. 19	Mutual 8 (rescheduled) Conference Room B..... 1:30 p.m.
Wednesday, Dec. 20	Mutual 5 Conference Room B.....9 a.m.
Wednesday, Dec. 20	Mutual 7 Administration 1 p.m.

Mutuals 1, 2, 10, 11, 12 and 16 have canceled December meetings.

Religion



HOLY FAMILY CATHOLIC CHURCH is located at 13900 Church Place at St. Andrews Gate.

HOLY FAMILY

Solemnity of Our Lord to be observed at Sunday Masses

Holy Family Catholic Church will observe the solemnity of Our Lord Jesus Christ, King of the Universe on Sunday, Nov. 26.

The church is located at 13900 Church Place, next to St. Andrews Gate.

The first reading will be Ezekiel 34:11-12, 15-17; the Responsorial Psalm 23:1-2, 2-3, 5-6; second reading, 1 Corinthians 15:20-26, 28; Alleluia, Mark 11:9-10 and

the Gospel, Matthew, 25: 31-46.

Holy Family celebrates Sunday Mass at 8 and 10 a.m. and noon; the Vigil Mass is at 5 p.m., Saturday; and daily Mass is at 8:30 a.m., Monday through Saturday. Confessions will be heard on Saturday and Holy Days from 4-4:45 p.m. and first Fridays, 7:15 a.m.

A Bible study group is held from 10-11 a.m. on Tuesdays.

People can join at any time at the Parish rectory.

Women and Men of Grace prayer group meets Wednesdays from 10:30-11:45 a.m. at the parish rectory. All are welcome.

Come and say the Rosary and Divine Mercy Mondays and Thursdays at 3 p.m.

For more information, visit the website at www.holyfamilysb.com.

LW BAPTIST CHURCH

Rolland Coburn to speak on Hebrews

After all the blessings of Thanksgiving, Leisure World Baptist Church returns for worship this week.

Sunday School begins at 8:40 a.m. A table for fellowship will be available from 9:20-9:45 a.m. for coffee, treats and conversation.

Worship begins at 9:45. The call to worship will be "Great and Mighty is the Lord Our God."

The choir selection will be "My Jesus, I Love Thee."

Congregational hymns will include "Come Christian Join to Sing," "I'm a Child of the King" and "Have Thine Own Way, Lord."

The morning message from Hebrews, Chapter 9, will be presented by Pastor Rolland Coburn and is titled "The Sin-Payment That Satisfies."

Following the morning service, the prayer room will be available for those with special needs.

After the service, the prayer room will be available to share with a member of the congregation.



Pastor Rolland Coburn

The Energizers meet at 3 p.m. on Wednesday, Nov. 29, in Clubhouse 3, Room 1. For further information call 430-2920

For more information, call 430-2920.

—Joan Shramek

ASSEMBLY OF GOD

Front Room Singers to perform in CH 3

The Front Room Singers return to Assembly of God Church's 6 p.m. hymn sing Sunday in the Clubhouse 3 Lobby to usher in the Christmas season.

About 10 women sing barbershop music. The group started by practicing after a Bible study.

Associate Pastor Dan Ballinger will lead the congregational singing throughout the service, and Pastor Sam Pawlak will close with a brief devotional. Fellowship time will follow.

...

The Sunday service begins at 10:30 a.m. in Clubhouse 3, Room 2. Pastor Sam will deliver the message, "Daniel and the King's Dilemma."

...

The Christian Fun and Fellowship Club will meet for a potluck dinner and program at 6 p.m. on Nov. 28 in Clubhouse 4. It's a good time to make new friends and share fellowship. Bring a dish of food to share and your own table service.

...

The Bible study on Romans 15 begins at 10 a.m. on Wednesday, Nov. 29, in Clubhouse 4, Section 4.

Pastor Sam will lead the study and encourages questions and discussion.

...

Assembly of God will launch its Christmas service project on Nov. 26.

The church will help support We Care of Los Alamitos, a non-profit family support center that serves Leisure World and surrounding communities.

It provides emergency needs, therapy, referral services and food. This year, people are requested to bring full-sized hand lotion, hand soap, combs, shaving lotion, etc.

The culmination will be Sunday evening, Dec. 10, the time to bring donations.

ROCK CHURCH

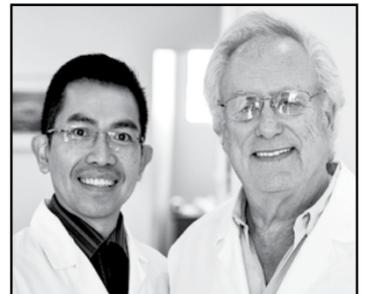
Services held at Marina Center

The Rock Church, Seal Beach campus, welcomes everyone for weekly services for all ages at Marina Community Center, 151 Marina Dr., Seal Beach. Sunday services are at 10 a.m. in English and 1:45 p.m. in Spanish. For more information, call (714) 526-8233, or visit the website at www.gototherock.com.

— Doris Sandrick

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CHRISTIAN WOMEN

Members meet Nov. 27 in CH3

The Christian Women's Fellowship and Bible study group will meet at 10 a.m. on Monday, Nov. 27, in Clubhouse 3, Room 6.

The group is currently studying Galatians. All residents are welcome to attend.

Members meet on the second and fourth Monday of the month.

For more information, call 431-0597 or 594-8100.

—Helen Spencer



FAITH CHRISTIAN ASSEMBLY

Sheri Leming will speak Sunday

Studies show that gratitude has been found to be a key ingredient to a happy life. But in today's culture, giving thanks, even at Thanksgiving doesn't last very long.

Somewhere between thanks, and giving, there seems to be a mad dash to Black Friday sales.

Pastor Sheri Leming will speak at the 10:30 a.m. service Sunday at Faith Christian Assembly (FCA). This month, members have been studying about how Jesus was constantly giving thanks to the Father.

At FCA, members are encouraged to let their thanks to God last longer this year. All are invited to attend.

FCA is located at 13820 Seal Beach Blvd., outside the St. Andrews Gate, in Seal Beach. The doors are open to everyone.

Sunday services include adult Bible class at 9:30 a.m., early worship at 10:30 a.m., and celebration worship at 5:30 p.m.

The Faith Fellowship Group meets at 11 a.m. on Tuesdays in the Garden Room.

For a free newsletter and more information, call 598-9010.



Sheri Leming

SALVATION ARMY

Home League to meet on Monday

The Salvation Army Home League will meet at 7 p.m. on Monday, Nov. 27, in Clubhouse 4.

Members will welcome Captains William and Annalita Francis, professors at the Salvation Army College.

He is an accomplished pianist, and she is an accomplished singer with a soprano voice.

Greeters will be George and Millie Westmoreland, and hostesses will be Marjorie Pozehl and Velma Salvaggio.

All are welcome.

—Norah Williams

FIRST CHRISTIAN

'Beloved Believers' is title of sermon message Sunday

Jack Frost, First Christian Church elder, will teach a Bible study at 9 a.m., Sunday, from the book of Genesis.

At 9:30, the hospitality room will be open for fellowship and light refreshments with hostesses Carol Speake and Sue Kaminski.

Pastor Bruce Humes will begin worship service at 10:15 a.m. The Pledge of Allegiance, will be followed by praise, prayer and Scripture.

Margaret Humes will lead the congregation in the hymns: "Love Lifted Me," "My Savior's Love" and "Beloved, Let Us Love One Another."

The Communion hymn will be "Glory To His Name."

The choir, directed by Anita Ragole, will sing "There's a Song in the Air."

Pastor Bruce Humes will present the Communion meditation and service.

Pianist Rhonda Sandberg will play "Beloved, Let Us Love One Another" during the offertory.

Barbara Frost will read from 3 John, verses 1-4, followed by Pat Kogok singing, "Thank You Lord, For Your Blessings on Me."

Pastor Gene Cherryholmes' message will be "Beloved Believers" from the book of 3 John.

The New Testament emphasizes the word love throughout. For believers it goes one step further, calling them "beloved of God."

Prayer and verse-by-verse Bible studies during the week are held Tuesdays with Pastor Humes and Thursdays with Pastor Cherryholmes, both at 9:30 a.m.

The Calvary Chapel Bible study group meets in this chapel on Thursdays at 6 p.m. with Pastor Phil O'Malley.

Hearing enhancements are available at all church functions. Call the church office on Mondays or Fridays, between 9-11 a.m. for information or leave a message and it will be returned.

THANKSGIVING

Average meal cost is down from last year

Many Americans are going to be "thankful" this year as some food prices, especially turkeys, have fallen to the lowest in five years, according to the American Farm Bureau Federation.

The average cost of this year's feast for 10 people is \$49.12, a 75-cent decrease from last year's average of \$49.87.

The day's biggest ticket item—the turkey—saw the biggest price plunge.

According to AFBF, a 16-pound turkey averaged a total of \$22.38 this year, which is a 36-cent decrease compared to 2016.

Even Amazon's Whole Foods slashed prices on some of its "holiday staples," including select organic and non-antibiotic turkeys.



REGULAR ATTENDERS at Community Church are Baudy Stillwell (l-r), Nancy Kaniye and Catherine Milliot.

COMMUNITY CHURCH

Church family serves and cares

In the spirit of Thanksgiving, Community Church is grateful for its church family that serves and cares for each person entering its doors.

The congregation invites residents who want to find a church to connect with God and others in friendship and faith.

The church office will be closed today, Thursday, and Friday to celebrate Thanksgiving.

New members will be received into the congregation at the Sunday service.

Pastor Don Roe will preach a sermon titled "Spilling the Beans" from Mark 1:4-45. The lay liturgist will be Kelly Frankiewicz.

Worship services begin at 9:50 a.m., followed by a coffee fellowship hour in Edgar Hall.

CONGREGATION SHOLOM

Rabbi Singer-Franks to lead services

Rabbi Chaim Singer-Franks will lead services for Congregation Sholom at 7 p.m. on Friday, Nov. 24 in the Clubhouse 3 Lobby. An Oneg Shabbat (social time and a snack) will follow in Room 9.

Rabbi Singer-Franks is a graduate of the Ziegler School of Rabbinic Studies and lives in Los Angeles.

A bagel and cream cheese breakfast is planned at 9 a.m. on Saturday, Nov. 24, in the Clubhouse 3 Lobby.

At the same location, Rabbi Rachel Axelrad will lead Shabbat services from 9:30 a.m.-noon.

A dairy/potluck Kiddush lunch and study with Rabbi Axelrad is planned from noon-1 p.m.

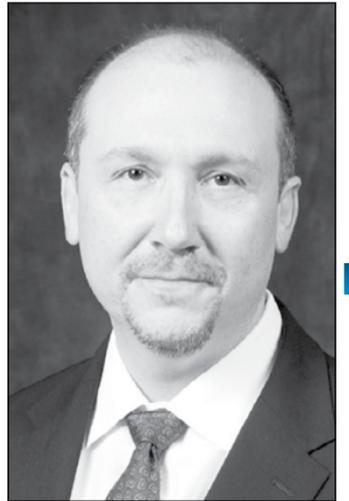
...

Members can vote in the biannual election of officers and amendments to the constitution, including what the privileges of membership are, at the Dec. 4 meeting. It begins at 9:30 a.m. in Clubhouse 3, Room 1.

The children from Congregation Beth David will provide entertainment with songs.

...

The walking group leaves Clubhouse 3 (in front of the lobby) at 6:30 p.m. on Mondays



Rabbi Chaim Singer-Franks

and Wednesdays.

...

For those who can give others a ride to services, or need a ride themselves, call Jeff Sacks at (714) 642-0122.

...

Email susanmichlindesigner@gmail.com for a free newsletter.

Membership information and forms are available from Alberta Karch at 296-5567.

Members should call if they have not received their renewal forms.

BEIT HALEV

Services livestreamed Nov. 24-25

Weekend services at Beit HaLev on Nov. 24-25 will be livestreamed on [Facebook.com/galityomtov](https://www.facebook.com/galityomtov) and [Livestream.com/Galityomtov](https://www.livestream.com/Galityomtov).

On Shabbat Friday, live online services begin at 6 p.m. and on Saturday, at 10:40 a.m.

The Torah portion for this week is "Vayetzei," which recounts first the competition, then the compassion shown to Rachel by her sister, Leah, who had four sons and Rachel, none.

The exchange between the sisters, both of them Jacob's wives, gives an insight into the two women, who both love their husband. But the one Jacob first married seemed to be barren.

Beginning Hebrew classes are at 10:30 a.m. Mondays and the same time Wednesdays for Advanced Hebrew classes.

For the locations, contact Rabbi-Cantor Galit Levy-Slater at 715-0888,493-2680.or duets@icloud.com.

New classes are being planned for early 2018.

Leisure World Union 76
 13980 Seal Beach Blvd.
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 All coupon specials matched for LW residents.
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Sun. 10 am - 5 pm



Health & Fitness

Weekly Health & Exercise Classes

Ageless Grace

The eight-week program is offered on Mondays beginning Nov. 27 from 4:30-5:30 p.m. in Clubhouse 6, Room C. The other class dates are Dec. 4, 11 and 18 and Jan. 8, 15, 22 and 29.

The chair-based exercise program addresses 21 aging factors that strengthen the core to improve flexibility, balance and mobility. The cost is \$5 a class.

For more information, call Dee Anne Davidson, 331-3322, or visit www.agelessgrace.com.

Yoga, Meditation, Tai Chi

Classes are offered from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda teaches students to free the mind and spirit using laughter and slow and steady flow of tai chi movements.

For more information, call 430-7143.

Chair Exercise

Classes are offered from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. Classes are for men and women at all fitness levels. For more information, call 493-7063.

Upper Body Strength Class

One-hour classes are offered from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6. (Participants do not have to go both days).

The fee is \$4 per class, payable at the start of the month, or \$5 a class for those who do not attend regularly. All levels of ability are welcome.

For more information, call Marion Higgins at 296-8328.

Beginning Yoga

Classes are offered from 10:30-11:30 a.m. on Wednesdays in Clubhouse 3, Room 6, and at the same time on Fridays in Clubhouse 3, Room 7. Bring mats. The fee is \$5 a class.

For more information, call Patti Endly at 430-7291.

Pilates

Chair classes meet from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6. The cost is \$5 a class. Instruction includes seated and standing exercises.

Mat classes meet Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Those who attend should bring a mat. All other equipment will be provided. For additional information, call Susan Hopewell at 430-6044 or Linda Neer, 430-3214.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays and Thursdays, in Clubhouse 1. The fee is \$3 a class, and the instructor is Sarah Grusmark. People of all fitness levels are welcome.

For more information, call Cathleen Walters at 598-9149.

Yoga

Classes are offered Tuesdays at 10 a.m. in the Clubhouse 4 Lobby, Thursdays at 10 a.m. in Clubhouse 3, Room 1; and Saturdays, 10 a.m. in Clubhouse 3, Room 9. The fee is \$5 per session.

For more information, call Connie Adkins at 506-5063.

Stick, Qigong, Tai Chi Club

Stick exercises, qigong and tai chi chih classes are held from 9:15-11 a.m. on Tuesdays in Clubhouse 3, Room 1.

For more information, call Joann Mullens at 596-3936.

Movement for Medical Qigong

Qigong classes are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2, except the fourth Thursday of the month, when the class is held in Clubhouse 3, Room 9, also from 9-10 a.m.

For more information, call Catherine Milliot at 760-4543.

Leisure Leggers

The Leisure Leggers, the walking and running club, meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-to-60-minute walk and to train for local races. For more information, call Tom Pontac, president, at 304-0880.

WA-RITE CLUB

Thanksgiving was topic on Nov. 17

Members of the Wa-Rite Club were all a twitter about Thanksgiving at the weekly meeting on Nov. 17. Carol Chambers gave a talk about eating small amounts of food. Many members use a full tablespoon measurement for holiday feasts, an excellent way to taste everything without gaining weight.

Wendy Alfageme discussed her efforts toward a vegetarian food plan. Her family said that her skin now looks healthier.

Connie Cassiadoro was winner of the week with a six-pound loss.

Rosie Andrews shared an article she said came from a 2006 edition of the Leisure World News called "A Few of Life's Gems," by Gordon Ranuse:

- Living on earth is expensive, but it does include a free trip around the sun every year.

- Birthdays are good for you; the more you have the longer your life.

- Many of us go to our graves with our music still inside us.

- You may be only one person in the world, but you may also be the world to one person.

- Happiness comes through doors you didn't even know you left open.

- We could learn a lot from crayons. Some are sharp, some are pretty, some are dull, some have weird names, and they are all different colors, but they all live in the same box.

The club will not meet tomorrow. The next meeting is Dec. 1.

Wa-Rite is a support group to help women lose excessive weight. Meetings begin at 9 a.m. on Fridays in Clubhouse 3, Room 1. For more information, call Betty Scharf at 795-0356.

Impaired Vision

The Impaired Vision and Hearing Club will hold a holiday luncheon at noon Tuesday, Dec. 12, in Clubhouse 4 for members whose dues are paid. A complete meal with all the trimmings will be served by members of the Seal Beach Lions Club. Linda Johnson will contact members to confirm attendance.

LW WELLNESS CLUB

Healthy breakfast smoothies are topic Dec. 5 in CH 3 at 2 p.m.

The Leisure World Wellness Club will meet Tuesday, Dec. 5 at 2 p.m. for one hour in Clubhouse 3, Room 4.

The benefits of smoothies will be the topic.

President Mark Harrington will lead the discussion on eating fruits and vegetables and how smoothies can be an easy and healthy breakfast solution.

The LW Wellness Club meets on the first and third Tuesdays of the month at 2 p.m. in Clubhouse 3, Room 4.

The purpose of the club is to improve knowledge of cancer.

For more information, email Mark_Harrington_24@hotmail.com.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc. (MOWLB), a non-profit group, delivers a variety of home-cooked meals to Leisure World shareholders; cost, \$8 per day for two meals, dessert and beverage. Meals are delivered between 10:30 a.m.-12:30 p.m. Deliveries include a complete hot dinner, lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of 1 percent lowfat milk. Contact Lisa Valdez at 433-0232 or visit www.mowlb.org. Call Amber Scheuring at 439-5000 before noon to cancel orders for the following day. Menu subject to change without notification for the following day.

Monday, Nov. 27: Chicken enchilada, verde casserole, Spanish rice, Mexicali corn, rice pudding, turkey and cheese sandwich with lettuce, tomato and pickle, broccoli slaw

Tuesday, Nov. 28: Beef and lentil stew with celery, onions, potatoes and carrots, biscuit, carrot cake, Cobb salad with turkey, ham, egg, cheese, bacon and tomato with blue cheese dressing, crackers

Wednesday, Nov. 29: Herb rubbed roast pork with mustard sauce, brown and wild rice, zucchini medley, tropical fruit cup, tuna salad sandwich with lettuce and tomato, homemade potato salad

Thursday, Nov. 30: Spaghetti with meatballs, wheat dinner roll, cauliflower and broccoli, peaches with yogurt; ham, turkey and cheese deli sandwich with lettuce, tomato and pickle, orzo pasta salad

Friday, Dec. 1: Not available

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Arrive by 11 a.m. to check in at the front desk. Reservations are not needed. Sugar-free desserts offered on request. Suggested donation, \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Los Alamitos senior lunch and bread program offers the same menu from 11:15-11:30 a.m., Monday-Friday, at the Los Alamitos Youth Center, 10909 Oak St. Suggested donation: \$3-\$5 for seniors, \$5 for people 59 or younger. For reservations, call 430-1073, ext. 526. The month's menu is posted on bulletin boards in each clubhouse.

Monday, Nov. 27: Baked meatloaf with mushroom gravy, mashed potatoes Brussels sprouts, mandarin orange

Tuesday, Nov. 28: Teriyaki chicken with steamed rice, broccoli and carrots, diced peaches

Wednesday, Nov. 29: Pork tenderloin with apple raisin sauce, brown rice, cucumber and black eye pea salad, whole grain bread, tropical fruit mix

Thursday, Nov. 30: Clam chowder soup with salt-free crackers, Mediterranean tuna salad with spinach, tomato and zucchini salad, fruit cocktail

Friday, Dec. 1: Not available

Faith Christian Assembly

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Celebration - 5:30 p.m.



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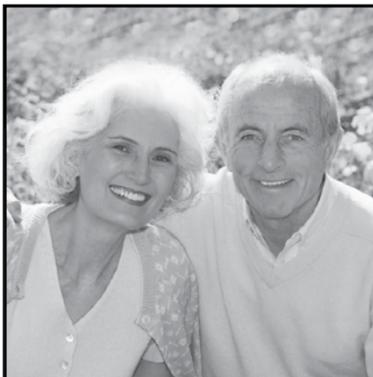
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Sports & Games

LADIES Q CLUB

Consistent Mansis wins again

Consistent Sally Mansis won the Ladies Q Club Funday tournament on Nov. 8 at Clubhouse 1. A model of consistency, Sally has won the most tournaments this year and is great to watch.

Members have worked hard to improve their skills, and it shows every week

Members who attended besides Mansis were Jane Legus, Sandy Bird, Guta Basner, Connie Adkins, Milly Larsen, Kathy Engelhardt and Susan Shaver.

The club will hold its annual holiday luncheon and monthly tournament from 10 a.m.-2 p.m. on Monday, Dec. 11.

Lunch will be provided by Finbars Italian Restaurant. A large turnout is expected.

Dues of \$5 for 2018 can be paid at each of the Monday practice sessions through Jan. 5.



Sally Mansis

For more information, call 430-3448.

- Kathy Engelhardt

BOWLING CLUB

Very Striking, Who We Are battle to a tie

by Dave Silva
LW contributor

Very Striking and Who We Are, the top two teams in the Leisure World Bowling Club League, battled to a 2-2 tie on Nov. 16 at Westminster Lanes. As a result, first-place Very Striking retained a two-game lead over Who We Are in the standings.

In the first game, Ron Marcus bowled a 210 game, and Connie Terry a 182 for Very Striking. In game 2, Tom Kaczmarek had a 225 and John Gaddis, a 238.

In the third game, John Gaddis got a strike on his fill ball in the 10th frame to win by one pin.

OSIMA won three games from Just Lucky as James Doris bowled a 236 in the second game.

We Can Do It Two swept Friendly Foes as Shirly Dohrman had high game for the ladies with a 219 that included five strikes in a row.

The previous week, Spares Are Good swept We Can Do It as Danny Bigelow had a 212 first game and 569 series.

Charlie Guggino led Just Lucky past Friendly Foes with a 497 series.

We Can Do It Too won three games from What Us Worry as Shirley Dohrman had a 191 game, top score for the ladies.

It's Who We Are took three from We Three as Jackie McReynolds bowled a 644 series with handicap and Tom Kaczmarek opened with a 202.

The Niners swept OSIMA as Patty McCullough had a 161 game. Very Striking stayed in first place as Connie Terry had a 490 series and Fred Garcia a 566 series.

Pin Notes: Bowling exploded in popularity in 1951 when American Machine and Foundry (AMF) bought the patents for the automatic pinspotter from Gottfried Schmidt. Without "pinboys" the game became faster and more affordable.

Pfsingston wins with an 840 in cribbage play

Joyce Pfsingston had the high score of 840 in Cribbage Club play on Nov. 14 at Clubhouse 1. She was followed by Norm Martin, 838; Keith Thomas, 833 and Bob Edwards, 827.

Bob Berry, Fred Reker, Gary Greytak and Mary Wood had six games of 121 to win consolation prizes. So did Tami Reupert, who was winless.

Karl Henry celebrated his birthday with other members by providing chocolate cake and

CRIBBAGE, page 11

Cards and Games Scoreboard

Monday Bridge Club winners Nov. 13: Pauline Fitzsimons, Tom Gates, Sheila Henley. Games begin at noon in Clubhouse 1. Bridge players are invited and should arrive between 11:45-noon, with or without a partner. For more information, call Mary Nell Clark, 296-8570.

Fun Time Pinochle Club winners Nov. 13: Tie between Peggy Kaspar and Richard Van Wasshnova, 11,710; Ruth Bonnema, 11,590; Marilyn, 11,380. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

Jolly Time Pinochle Club winners Nov. 11: Nancy Wheeler, 11,160; Al Bonnema, 10,280; Jim Dix, 9,830; Jim Kaspar, 9,790. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peggy Kaspar at 799-0433.

Y-Yahtzee Rollers winners Nov. 17: Most Yahtzees: Lois True, 5. High score: Kathy Rose, 1,638. The next games will be played on Dec. 1 in Clubhouse 3, Room 6. To learn the game, or play a refresher game, call Kathy Rose at 596-7237, and she will set up a lesson. For more information, call Cheryl Richardson at (951) 488-8219.

Leisure World Duplicate Bridge Club winners in a 16-½ table game Nov. 16: First in Strats A, B and C: Louise Seifert-Stan Johnson; second in Strat A: Judy Jones-Al Appel; third in Strat A: Hanefi Erten-Oliver Yildiz; fourth in Strat A: Linda and Dick Stein; fifth in Strat A, second in Strat B: Nancy Lichter-Tybie Becker; sixth in Strat A: Betty Jackson-Diane Sachs; third in Strat B: Paul and Monica Honey; fourth in Strat B, second in Strat C: Cookie Pham-Julie Cunningham; fifth in Strat B: Bob and Larry Goldstein; sixth in Strat B: Eileen Kotecki-Jeanette Estill; third in Strat C: Thuan Gwynn-Claudette Barrack; fourth in Strat C: Bill Power-Bill Dilks. Overall winners in a 16-table game Nov. 13: First in Strat A: Judy Jones-Al Appel; second in Strat A: Fern Dunbar-Lavonne McQuilkin; third in Strat A: Joyce Henderson-Thad Mikols; fourth in Strat A: Larry Slutsky-Arne Lier; fifth in Strat A, first in Strats B and C: Russ Gray-Sylvia Kaprelyan; sixth in Strat A: Rob Preece-Diane Sachs; second in Strat B: Mark Singer-Simone Chottin; third in Strat B, second in Strat C: Ron and Gene Yaffee; fourth in Strat B: Monica Gettis-Peggi Spring; fifth in Strat B: Eileen Kotecki-Jeanette Estill; sixth in Strat B: Bill Linskey-Midge Dunagan; third in Strat C: Don Vallens-Rai Scime. Games are played Mondays and Thursdays beginning at 12:30 p.m. in Clubhouse 3 Lobby. Players are to arrive no later than 12:20 p.m. to confirm their reservations. To make or cancel a reservation for Mondays call Midge Dunagan at 594-9698; for Thursdays, call Cookie Pham at 431-6453. With a maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will be accommodated on a first come, first served basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call 481-7368 between noon and 1 p.m. No game will be played today, Thanksgiving Day. Games resume Nov. 27.

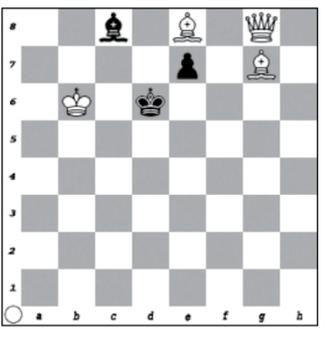
Friendly Pinochle Club winners Nov. 16: Oscar Moya, 12,840; Gene Smith, 11,920; Ruth Bonnema, 11,400; Tony Dodero, 11,170. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

Monday Night Bunco Club winners Nov. 13: Most buncos: Julie Milburn. Most wins: Marilyn Moody. Most babies: Tie between Dolorie Turner and Bert Sellers. Most losses; Jim Barth. Door Prize winner; Doris Yamashiro. The next game will be played Nov. 27. The club meets at 6 p.m. on the second and fourth Mondays of the month in Clubhouse 3 Room 1. All Leisure World residents and their guests are invited to play the dice game that can be learned in minutes. There is a half-time social break for socializing. For more information, call Gail Levitt at 596-1346.

Saturday Social Bunco Club winners Nov. 11: Most buncos: Tie between Rita Vislogkie and Madolyn Lacy. Most wins: Tie between Nancy Floyd and Mary Ann Nied. Most babies: Aileen Ackerman. Most losses: Jay Whitehead. Door prize winner: Doris Dack. The next meeting is Nov. 25 in the Clubhouse 3 Lobby. Signups begin at 1 p.m. Due to the demand for tables, a 1:30 p.m. arrival is advised. Play begins at 2 p.m. The club meets the second and fourth Saturdays of the month. For more information, call Doris Dack, president, (714) 356-0443.

Chess Club Puzzle

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.



Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30

CHES, page 11

WOMEN'S GOLF CLUB

Members play for low gross, net

Members of the Women's Golf Club played for low gross, low net, and birdies in weekly play on Nov. 14 at the local course.

Flight winners:

A: Low gross: Helen Yoon, 27. Low net: Sandy Derouin, 23. Birdies/hole: Gee Gee Kwak, 2; Marilyn Hewitt, 7; Margie Thompson, 7; Jane Song, 4.

B: Low gross: Joann Lim, 29. Low net: Hailee Yang, 26. Birdies/hole: Theresa Lim, 8.

C: Low gross: Soo Kim, 31. Low net: Zoe Pickell, 23. Birdies/hole: Keiko Sekino, 1; Betty Regalado, 8.

D: Low gross: Tie between Jean Cose and Dorothy Favre, 34. Low net: Jane Legus, 21. Birdies/hole: Favre, 7; Dale Quinn, 4.

- Anne Walsh

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— Jim Breen photo

TOPS in the Shuffleboard Club's Turkey Shoot were raffle winners, front row, Maureen Habel (l-r), Carol Johnson and Richard Eggers. Tournament winners (back row) were Carrie Kistner and Bill Hamilton.

SHUFFLEBOARD CLUB

Bill Hamilton wins Turkey Shoot challenge

On Nov. 17, the Shuffleboard Club held its annual Turkey Shoot Tournament on Nov. 17 on the courts behind Clubhouse 1.

MONDAY GOLF

Norihiro, Goltra flight winners at Riverview

Fujio Norihiro won the first flight with a solid 66 in Monday Group golf play on Nov. 13 at the Riverview course.

He finished two strokes ahead of runner-up Merle McGee, who was also closest to the pin on the second hole.

Bill McKusky finished at 69 and had the fewest putts, 30. Jim Dickerson was fourth at 70 and was closest to the flag on the ninth hole. Sam Choi completed finished fifth place with 72.

McGee, McKusky, Dickerson and Choi had birdies.

Longtime member Lowell Goltra carded a 70 to win the second flight and had the fewest putts for the round.

He was followed in scoring by Marv Ballard, 71 and Bob Munn, 82.

For information on membership or schedule, call McKusky at 277-2164.

Three games are played.

The six shuffleboard lanes are setup with various challenges including, shooting blind, using the opposite hand to score, bouncing pucks off a railing, trying to land the puck on lines, negotiating around obstacles placed on the lane, and shooting pucks through a very narrow opening.

This year Bill Hamilton won two games and Carrie Kistner won one.

Raffle winners were Richard Eggers, Maureen Habel and Carol Johnson.

Congratulations to them all.

Week seven of league play returns on Dec. 1 with the Hot Shots versus the Puck Masters.

Current standings are the Puck Masters, Patriots and the Hot Shots tied with 2 points each. It continues to be a very competitive season.

There will be no last Friday of the month luncheons in November or December due to the holidays.

For those who want to join the Shuffleboard Club or try out the game, practices are Mondays and Wednesdays at 10 a.m. and every Friday during league play starting at 9 a.m. at the shuffleboard courts behind Clubhouse 1. For more information, call Anita Giroud, 240-5375.

See team captains for tickets to the upcoming shuffleboard social events:

- Dec. 6, Christmas Party - 5 p.m., Clubhouse 3, Room 2
- Feb. 10, Valentine's Party - Feb 10, 5 p.m., Clubhouse 3, Room 2 (tentative)
- March 10 St. Patrick's Day dinner, 5 p.m., Clubhouse 3, Room 2 (tentative)

CRIBBAGE

From page 10

orange swirl ice cream.

Kathleen Morrison brought chocolate chip cookies and Mary Wood provided candy. Margaret Smith and Ruth Depuy served.

Members meet at noon on Tuesdays in Clubhouse 1. There's always room for new players. Play usually ends by 3:30.

Partners are not required. Players are requested to arrive by noon to be assured of a table.

To learn to play cribbage, call Patti Smith at 424-4674 and she will arrange for lessons for one hour before the games begin.

MEN'S GOLF CLUB

Devlin's 48 is low score of day

by **Byron Schweitzer**
LW contributor

Forty-nine members of the Men's Golf Club took to the local course on Nov. 8 to play in the monthly tournament.

Bill McKusky and Fujio Norihiro won closest-to-the pin prizes on holes 8 and 17. Four players won circle prizes.

Norihiro and John Kolthoff tied for first place in the A flight with a two-under-par net score of 52, a stroke ahead of Bill Long.

They were followed by Alan Sewell and Hyon Shin tied for third at 55; Merle McGee and Ron Steele, tied for fourth at 56 and Byong Choi, 57.

Steven Ro won the B Flight with a solid net score of 49. He was followed by Bob Gass, 50; Jun Un, 51; Dave Song, 52; Manny Miranda, 53 and Stan Johnson, 54.

The C flight winner was Bill McKusky with a net 50, three

strokes ahead of Ned Sprow. Lem Jameson and Dale Williamson tied for third with 54s.

John Devlin won the D flight with a net 48, low score of the day. He was followed by Dennis Kotecki, 56; Bob Marcelle and Jim Long, tied at 58 and Ken Goettsch, 60.

CHESS

From page 10

p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for free lessons.

...
Solution to this week's puzzle: Bc6. The white bishop moves from e8 to c6. Any answer by black, the white's next move is check mate.

...
The chess graphic published on Nov. 16 was incorrect.

LOS ALAMITOS

Youth Center Christmas tree lot open at Ganahl

It's that time of year when folks turn their eyes upon the season of giving to others. In the midst of the festivities, merrymakers can give back by purchasing a holiday tree at the Los Alamitos Youth Center's 18th annual tree lot, opening Nov. 25 at the Ganahl Lumber parking lot, 10742 Los Alamitos Blvd., Los Alamitos.

Proceeds support local children's programs, schools and youth groups. The lot is open 9 a.m. - 9 p.m., weekends, and noon-9 p.m. on weekdays until trees sell out.

The nonprofit sells four kinds of trees, Noble and Nordmann firs with a bluish-green color and strong branches; Grand firs, the most affordable; and Douglas fir, the longest lasting. Trees arrive weekly from Oregon.

The Los Alamitos Youth Center also sells wreaths, small trees (under three feet), garland, stands, tree preservatives, bags, and holiday knickknacks.

Delivery within a 10-mile radius is available for a small fee.

AGENDA

From page 6

- j. Director of Finance's Report - Ms. Miller
- k. Executive Director's Report - Mr. Ankeny
- 11. Board Member Comments
- 12. Next Meeting/Adjournment
- a. December 19, 2017, 6:00 p.m., Clubhouse Four

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Arts & Leisure



CLAY CRAFTER Marty Silberling, Mutual 12, carefully constructs a slab pot shaping pieces of clay one into the other.

CERAMICS ROOM

Potter's wheels, kilns and clay spark LWers' inspiration at CH 4 facility

by Donna Gambol
LW contributor

There's a lot of activity in the back rooms of Clubhouse 3. In the ceramics/pottery room, members of the Clay Crafters Club gather each Monday and Friday, wedging clay to remove air bubbles, rolling coils for traditional building, or throwing pots on the potter's wheel.

"Currently we have 35 members," says Terry Bradshaw, club president. "We limit our size as we have limited space, most days all of our tables are filled."

Once the clay is shaped and molded, it is put into one of three kilns. "We fire every Friday, then on Monday, we can remove the products," she said. One kiln is loaded with items that are being fired for the first time, what is called "green clay," the other is for items that are being glazed, a process that requires a second firing.

The club attracts a broad range of ethnicities and ages. Both men and women find the process of creating something from clay relaxing. Many members create items that are then used in other craft areas such as glass fusion and jewelry making. Others have made works of art that they sell or give as gifts. And they all appreciate being able to gather together to share the creative process.

Club members enjoy one another's company and almost monthly meet for lunch at an area restaurant for camaraderie and to step out of Leisure World for the afternoon.

There are fees associated with membership, primarily used to purchase clay, glazes, special tools, molds and more.

People who are interested in learning more are welcome to stop by the class on a Monday or Friday from 1-3 p.m. and check it out.



LW CHORALE—Members practice for the upcoming Christmas concert on Dec. 2.

HOLIDAY CONCERT

'Christmasing With You' concert is Dec. 2 in CH 4

On Saturday, Dec. 2, at 2 p.m. in Clubhouse 4, the Leisure World Chorale will present its annual holiday concert, "Christmasing With You," a phrase from the Christmas standard recorded by Karen Carpenter called "Merry Christmas, Darling."

The song, which will be sung by the chorale, was written by Richard Carpenter and Frank Pooler, who wrote the lyrics and who is the late husband of Rhonda Sandberg, the chorale's music director.

Some of the other great songs of the season that the Chorale

will sing are "Sleigh Ride," "Jolly Old St. Nicholas," "What Are You Doing New Year's Eve?," "White Christmas," "I Saw Three Ships" and "We Wish You a Merry Christmas," to name a few.

Many chorale members will demonstrate their other talents in addition to singing, so don't miss the fun.

The Spiritones, founded by and directed by Nancy Maggio, will sing "Christmas Chopsticks." Maggio will also sing a solo called "That Christmas Feeling," and Pat Kogok will present "Monotone Angel," with Anita Ragole.

Janet Ray will sing "Rise Up, Shepherd, and Follow" as well as a duet with Martie Wiedle, accompanied by Andre Du Somme on guitar, called "Wood of the Cradle."

At the end of the concert, a full, free meal will be served to all in attendance, so come hungry and ready for an entertaining afternoon with the Leisure World Chorale.

People are advised to arrive early to get a good seat at one of the tables since there are no reserved seats.

—Anita Ragole

COMMUNITY SING

Leila Claudio to lead sing-along Tuesday night at 6:30

The Community Sing meets on Tuesday, Nov. 28, in Clubhouse 1 at 6:30 p.m.

People who want to participate in Opening Acts should come at 6 to sign in with emcee Leila Claudio, bringing music for the pianist. Claudio will lead the group in the old familiar songs until 7:15 when she will introduce her guest performer, Eleanor Petracca. She has a master's degree in music, sings, is a chorus director and plays the mandolin.

On Nov. 14, Bob Slater was the emcee. Opening Acts started with Bob Barnum singing "Catch the Wind," using a small audio device that provided his accompaniment. Then Ethel Carter sang "Over the River and Through the Woods"; Chuck Zeman, "Via Con Dios" (a capella); Pat Kogok, "I'm Just a Girl Who Can't Say No" (karaoke); Valentino Perry, "Chestnuts Roasting on an Open Fire" (with his CD player); Byong Choi, "Rigalotto"; and lastly, Audrey McKenzie ended Opening Acts by singing "Imagine" (karaoke).

Pat Kogok accompanied two of the performers.

After Opening Acts, Bob Slater called on Galit Levy-Slater to lead the flag salute and "God Bless America." Then he led group singing until 7:15 when he introduced his guest performer, singer Carmen Edwards.

Edwards performed four numbers with the karaoke machine: "Looking Through the Eyes of Love," "You Light Up My Life," "Love This is My Song" and "Tenderly."

The audience enjoyed listen-

ing to her lovely voice and clapped loudly in appreciation.

Slater wrapped up group singing and asked the audience to stand and sing "Kumbaya" to end the musical evening.

Many thanks to pianist Pat

Kogok; stage manager and book lender, Joe Sabroso; sound technician, Clarence Hoffman; and Marge Thompson and Walt Bier for providing the karaoke machine.

—Ethel Carter

Digital Arts Club

The Digital Art Club will meet on Monday, Nov. 27, at 1:30 p.m. in Clubhouse 3, Room 5. Vice President Connie Terry will discuss and demonstrate a Photoshop technique called fine art grunge. Some amazing modified photographs are now being exhibited around the world through simply utilizing perhaps three features of Photoshop, including the relatively unknown blending modes. More important, however, is that people can use Photoshop Elements to create this effect, eliminating the high cost of the much more complex and expensive Photoshop application.

One specific online Photoshop course will be covered as well as resources for artwork content. Learn how to digitize content in all sorts of ways.

A monthly magazine devoted to the art will be reviewed to inspire the artist as well as introduce the general public to this genre.

All are welcome, both those with computer skills as well as novices.

—John Harper



FOLK DANCE—The group learns dances from around the world. Beginners are welcome. The group meets every Friday at 10:30 a.m. in Clubhouse 3, Room 9.

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TERRY OTTE & ABILENE will perform a free concert Saturday, Nov. 25, at 7 p.m. in Clubhouse 2. Abilene is a local country/rock band that usually plays on the fourth Saturday of the month in Clubhouse 2. All LW residents and friends are welcome. The clubhouse will be set up with tables and chairs, so bring beverages and snacks. Dancing is allowed.

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•**Ballet:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor. No experience is necessary. Men and women, including beginners, are welcome. Classes, \$3, are taught by Mel Lockett. For more information, call Lynn R. Heath at 296-5588.

•**Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. The waltz is taught from 7:15-8:15 p.m.; and big band dances (foxtrot, rumba, cha cha, swing and Peabody), from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Dancers rotate. For information, call instructor Jeremy Pierson, 330-7988, who has 20-plus years of professional dance experience.

Tap Dance classes are held on Thursdays on the Amphitheater stage. Beginner tap dance class is from 8:30-9:30 a.m. and advanced tap dance class is from 9:30-10:30 a.m. Joyce Basch, tap dancing since she was 9 years old, teaches rhythm tap and "the old soft shoe" dance steps. All levels are welcome; no experience required. The cost is \$5 per class. For more information, contact Basch at 598-1988 or joycebasch@verizon.net. Write "tap" in the subject line.

•**Dancing Feet Club:** Come for ballroom dancing in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. There will be 50/50 raffles. The club holds free line dance lessons and practices in Clubhouse 6 every Thursday from 7-9 p.m., and on the first, third and fifth Sundays from 4-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•**Dancing for Fun:** Tuesday, 4-8 p.m., Clubhouse 3, Room 2, except first Tuesday in Clubhouse 4, 4 and 5 p.m.; \$6 per class; two classes, \$5 each; extra help is available at 6 and 7 p.m., 446-0302.

•**Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays and the third Tuesday of the month in Clubhouse 2. Young-Ah Ko is the instructor. For more information, call (310) 658-0379

or 296-8068.

•**Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership is \$10 a year. For information, call Suzanne Ahn, 810-1614.

•**Grapevine Line Dance:** The club offers free line dance classes on Thursdays from 3-5 p.m., Clubhouse 6, Room C; and Fridays from 1-3 p.m., Clubhouse 3, Lobby. The free classes are mixed level of difficulty. The more advanced Friday class is taught at a faster pace. Newcomers should have general knowledge of line dance and basic dance steps. The club provides supplementary resources for learning such as teaching and demo videos, stepsheets and documents at grapevinelinedance.wordpress.com. The instructor uploads teaching videos on *Youtube* regularly. Enter "Pook Teach" in *Youtube's* search box to get to the playlist. For more information, pick up hand outs, inquire directly in classes or email grapevinelinedance@gmail.com.

•**Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•**International Folk Dance Club:** Learn easy line and circle dances from around the world at 10:30 a.m. on Fridays in Clubhouse 3, Room 9. Beginners are welcome.

•**Joyful Line Dance Club:** The club meets from 3-4:30 p.m. on Wednesdays in the lobby of Clubhouse 3. For more information, call Anna Derby at 301-5339.

•**Leisure Time Dancers:** Waltz and cha cha will be featured on Mondays in Clubhouse 6. Waltz starts at 2 p.m.; cha cha, at 3 p.m. Singles and couples are welcome. Dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call instructor Richard Sharrard at 434-6334.

•**Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m. on Wednesdays on the Amphitheater stage. For more

information, call 598-9974.

•**Leisure Whirlers Square and Round Dance Club:** The club has dances on the first Friday in Leisure World and the third Saturday in Westminster. On Dec. 1, the club will meet for a Christmas dance party from 6:30-9:30 p.m. in Clubhouse 4. There will be music, dancing and a finger-food potluck. Pre-rounds start at 6. Square and round dances will be alternated until 9 p.m., when the potluck and socializing starts. Singles and couples are welcome. There will be a singles rotation, so everyone can dance. Cost is \$6 per person. For more information, call Lenore Velky at 237-2682.

On Saturday, Dec. 16, there will be a "Jingle Bell Hop" from 6-9:30 p.m. dance at 5946 Westminster Blvd. at the corner of Springdale and Westminster next to the Goodwill Store in Westminster.

•**Saturday Morning Dance Club:** Learn the rumba or nightclub two-step from 9-10 a.m. and American tango from 10-11 a.m. on Saturdays in Clubhouse 1. Classes are taught by Candi Davis; dancers rotate. Sessions are \$5 each.

•**Suede Sole Dancers:** The group meets at 6 p.m. on Sundays for a class upstairs in Clubhouse 6. Pat Erickson is the instructor. For more information, call Anna Derby, 301-5339.

•**A Time to Dance Club by Joseph:** Ballroom dance group lessons are held the second and third Fridays in Clubhouse 3, Room 1. Tango is taught at 11:45 a.m.; party dance practice, 1-2:30 p.m.; \$5 per session. For information, call (559) 403-8974.

•**Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•**Zumba Club:** Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, reggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.



FRIENDS OF THE LIBRARY volunteer Lorna Lass arranges magazines for sale at the bookstore. The Friends thank supporters for their donations. Located across from the library, the bookstore is open Monday-Friday from 9:30 a.m.-3:30 p.m. and Saturday from 10:30 a.m.-2:30 p.m. All the money earned by the bookstore goes to support the library and scholarships for students of library science.

Finbars Italian Kitchen Menu

Finbars Italian Kitchen, an award-winning Italian-American restaurant, will be in Clubhouse 1 on Mondays to serve dinners consisting of an appetizer and green salad with a choice of dressings and three entrée options, ranging from \$12-\$15 (tax included). Dessert and soft drinks are available for an additional charge. People can eat at Clubhouse 1 or take food home.

To make reservations, call 431-6586, ext. 326, or email orders@lwsb.com by Friday at 2 p.m. Leave your name, phone number, number of diners, entrée choices and a preferred serving time. Dinner shifts are at 4:30 p.m., 5 p.m., 5:30 p.m. or 6 p.m. Finbars will not serve in Leisure World on Dec. 25 and Jan. 1 because of holidays.

Finbars Italian Kitchen Weekly Menu

for reservations
email orders@lwsb.com
or call 431-6586, ext. 326, by
Friday at 2 p.m.

Nov. 27

Appetizer of the Day

Sausage and Peppers: Spicy sweet Italian sausage, sautéed roasted red vinegar peppers, mild green chilies and onions

Entree Choices

Farfalle Alfredo Quatro Formaggi: Farfalle (bow-tie pasta) tossed in a light four-cheese Parmesan cream sauce, \$12

Chicken Piccata: Fresh chicken breast cutlets sautéed in a lemon, butter, garlic, capers and white wine sauce, served with pasta, or rice and vegetables. \$14

Shrimp Fra Diavolo: Shrimp sautéed in a spicy garlic tomato sauce, \$15

Holiday Photo Booth

A holiday photo booth will be set up from 9 a.m.-noon on Friday, Dec. 1, at the Health Care Center Lobby. Come get your picture taken for free. Bring friends for a group shot or pose individually. Holiday props are provided.

GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

Don Peterson will play 40s-50s ballroom on Nov. 25.

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LW Poetry

This poetry feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Prose Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1.

Thanksgiving

Thanksgiving brings autumn leaves and so many emotions;
We find that if we're not careful it can cause quite an explosion.
Family memories rise to the surface making our hearts smile,
While others may have memories to make them cry like a child.

Sadly there's going to be a lot of people sleeping on the street.
These people are unfortunate and may not have food to eat.
For sure there is a reason to be happy if you have a place to go;
Or even better helping others, warms the heart and makes you glow.

There's a reason to be thankful when we have things we call our own.
The simple things that come from God that feed the flesh and bone.
It makes our time on earth seem special and just a little better,
And gives us cause to then reflect and soon forgive the debtor.

It seems there'll always be a reason for unhappiness to show and bear;
But then the all of us would need to feel the joy of when we share.
For no matter what we may have or where we may live,
The thanksgiving of happiness comes every time we give.

So as the leaves begin to fall and bring a glimpse of winter's storm,
It offers the opportunity to help others to feel safe and oh, so warm.
We offer thanks for our many blessings and the friends we've made as well;
Being grateful we have so much, able to share and a place to dwell.

—Nancy Maggio, Mutual 3

Driving past a field of sugar cane in the Louisiana countryside before Thanksgiving, a strong fall wind whipped the rows of sugar cane, and the long green sugar cane leaves, like long fingers, all reached forward.

Before Thanksgiving

Rows of sugar cane
hug each other
as the wind whips
their fingers in one direction:
forward, forward, forward

—Cindy Levy, Mutual 15



The Whirlers

SQUARE DANCE

Square dance class grads to celebrate on Dec. 4

by Eleanor Thompson
LW contributor

The Leisure Whirlers will celebrate the graduation of the Square Dance Class of 2017 on Monday, Dec. 4. All are welcome to come and celebrate as new dancers graduate and join the square dance community. The graduation party will be held at 7:30 p.m. at the Garden Grove Women's Club, 9501 Chapman Ave. in Garden Grove.

They've been working hard since March to learn the 110 steps necessary to dance at regular square dances anywhere in the world. Square dances are called in English everywhere in the world. So no matter where they go, whether it is Paris, Tokyo, New York or Vienna, they can dance and enjoy the company of other

square dancers. There will be food and dancing for everyone.

Square dance classes are held weekly on Mondays from 7:30-9:30 p.m. Experienced dancers are welcome in class to help support the student dancers. Singles and

couples are welcome. There is a singles rotation so everyone can dance. For more information call Mel Branham at (714) 803-0250.

Tickets are now on sale for the club's New Years Eve dinner and dance party.

WRITERS CLUB

Feature article winners announced

Fred Wind, president of the Leisure World Writers Club, recently announced the winners of the group's Feature Article Contest.

Tied for first place are Deane Cox, "Memory Patches" and Fred Wind "The Gift of History."

Sunni Beech placed second for "Addictions and Indications," and Edward Beggs, "Say Please and Thank You" came in third.

People who enjoy writing—poetry, fiction, non-fiction, memoirs, etc.—are welcome to join the club.

The meeting place and time may change due to remodeling Clubhouse 3.

Call Fred Wind for more information at 810-6650.

—Pat Lay Wilson

THANKS from page 1

We are thankful for life. We are thankful for our loving God, the gift of faith and the power of prayer. We are thankful for the helping hands and loving hearts that continue to give us strength, courage and patience to face the challenges of each new day. We are so thankful for each day we share.

—Joyce Vlaic, Mutual 12

I'd like to let the people who work the security gates know that we appreciate their service. They're out there every day and night directing traffic, which sometimes can be life threatening depending on who's driving. They always have smiles on their faces and wave us through when it's safe to go. Some of them even salute us when we pass by. I don't know any of their names, but I recognize those faces daily. The other day they stopped me to tell me my sticker had expired. I never knew it expired. The sticker showed Oct. 17, my birthday, so I assumed the wave was a birthday greeting for me—felt kind of silly when I found out the truth. Anyway, I always wave to them when they let me proceed to acknowledge them and thank them. Keep up the good work!

—Charlie Guggino, Mutual 15

I am truly grateful to my late beautiful, wonderful wife, Charlene, who, with support from God, gave me two absolutely great red-headed daughters, Vicki and Juli. I am also thankful to reside in Leisure World under caring

management boards in Mutual 15 and the GRF, including Executive Director Randy Ankeny and the professional staff of LW Weekly newspaper.

Les Cohen, Mutual 15

While there are many things I'm also thankful for, I am most thankful for the thoughtfulness and generosity of my dear relative, Fr. Tom Peacha. He was previously a resident of Leisure World for many years (and often said Mass at Holy Family Church on Wednesdays). But he spent most of his time at the church he pastored, where he also resided. After macular degeneration caused his eyesight to decline to the point he no longer drove, he decided he wanted to give his LW home to one of his relatives, and he chose me! While I visit him regularly, and always pray for his good health and improved eyesight, I am so thankful for his generous gift, as I have never had my own place before. After having many roommates for over 35 years, this was truly a dream come true for me, and I love it here!

Leslie Phair, Mutual 6

I am so thankful for all of the volunteers living in LW. You are the ones who make things work. You volunteer without the expectation of payment of any kind. Your payment is the smile and the thanks that you receive from people. Since this is my last year of being the chair of the Hospitality Center on the Golden Age Foundation board, I am particularly grateful for the Hospitality crew. You are all so giving to the

community, and I thank you for your tireless dedication.

—Linda Johnson, Mutual 15

I am thankful to be part of a creative project that came from joining a new creative group, namely the "Homecoming Celebration" with Joe Osuna and the Video Producers Club.

—Mara Williams, Mutual 11

I am very thankful that my husband, Ron, insisted that we move to Leisure World in 2001. He passed away seven years later but not before he admitted, "I wanted you to live in a secure place, as I will not be around forever!" I am very grateful to have had those special people in my life, who made me what I am today. Even though they are no longer with us, I believe I am a better person for having known them.

—Saundra Luther Stark, president, Mutual 1

I am so thankful to have our daughter Shelley Hastings and her husband, Jim, as new residents in Mutual 5. What a blessing to have our children nearby. Our son Butch and his wife, Susan, live in Lakewood. What a comfort. We have lived in Leisure World almost 30 years. The Lord knows our needs, and answers prayers sometimes before we ask him.

—Joan Shramek, Mutual 12

I am thankful for living in Leisure World with lots of nice neighbors and lots of things to do.

—Henrietta Bemis, Folk Dance Club instructor

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Cabaret Entertainers

CABARET ENTERTAINERS

'Cabaret Reflections' perform on Dec. 5 in CH 2

The Cabaret Entertainers will present a "Cabaret Reflections" performance at 7 p.m. on Tuesday, Dec. 5, at Clubhouse 2. The group is busy rehearsing some of its most popular numbers.

Favorite alumni, including Linn Atkinson, Ric Dizon and

Johnny Vanek, will perform their signature songs.

Special guests Vicki Van Ert and Andre Dusomme will also be featured.

The evening will include a silent auction of gift baskets filled with special treats. People are

welcome to bid on these lovely creations. Doors will open at 6 p.m. to give people time to view and make decisions on which ones to bid on. There will also be a 50/50 drawing.

—Tosca Lies

Lapidary Party

The Lapidary and Jewelry Club will hold a Christmas party on Dec. 11 starting at 11:30 a.m. for socializing, with lunch from noon-3 p.m. The cost is \$10 for members and their guests; non-members, \$13 per person. Sign up in the Lapidary Room of Clubhouse 4.

Video Producers Club

Learn how to use your cell phone or tablet to take videos from 10 a.m.-noon on Wednesdays: Beginners, second and fourth Wednesdays; general information, first and third Wednesdays.

The Video Producers Club is located in Clubhouse 3, Room 12-A; free. For more information, call the VPC room at 431-6586, ext. 287, or drop by weekdays from 10 a.m.-noon.



THE GARDEN CLUB presented a \$1,000 check to We Care Executive Director Rob Lowenberg on Nov. 20. The club's We Care Director is Fay Summers (l-r), who was joined by co-presidents Bette Smirnoff and Sandra Haney. We Care is a Los Alamitos-based non-profit family support center that serves Leisure World and surrounding communities.

Astronomy Club

The Astronomy Club will meet at 7 p.m. on Wednesday, Dec. 6, in Clubhouse 3, Room 3. Joe Ptacnik will give a talk on metal detecting. A short DVD on the solar system will be shown.

The meeting will include coffee and snacks and viewing the planets through a 10-inch Dobsonian telescope.

All are welcome. For more information, call Mike Clairmont at 330-0493.



Anna Derby

HUI O HULA—A big Mahalo from Hui O Hula to musicians Carrie Kumabe (l-r), Auntie Geri, Diana Pemstein and Auntie Carole who came to class last Monday and played Hawaiian favorites for the Hui O Hula dancers and an appreciative audience. Geri Kuhia was voted Hawaiian of the Year 2017. She and her hui/group perform regularly at Ai Japanese Restaurant, Back Home in Lahaina, Bob's Hawaiian Restaurant, Dukes, and Hong Kong Gardens. Carrie and Diana are part of Hana Hou musical group that has entertained the LW community for years. As the holiday season is approaching, dancers are getting ready for their first shows in December for Alamitos West, LW Community Sing and Huntington Terrace. Hula practice continues upstairs in Clubhouse 6 on Monday mornings and Tuesday afternoons. Why not give hula a try? Hui O Hula is a friendly club and classes are free. Walk-in Hula-out, a special class for beginners, starts 10 every Monday morning. Call 252-9676 for more information.

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Community



NATIVITY SETS— Andrea Mass, Mutual 4, invites anyone interested to come see over 100 nativities she has in her unit, 41-B, on Wednesdays between 10 a.m. and 4 p.m. If anyone would like to arrange for a different day, call her at 481-2290.

MUTUAL 2

Holiday dinner plans underway

The Mutual 2 Social Committee, headed by Dr. Shirley Naret, has begun planning the second annual Mutual 2 holiday dinner. It will be held on Friday, Dec. 8 at 6 p.m. in Clubhouse 2.

The Mutual will supply meat, rolls, dessert and bottles of water.

Shareholders are asked to bring salads and side dishes to serve eight-10 people. Also, feel free to bring beverages.

There will be entertainment as well as a 50/50 drawing. Attendance is limited to shareholders and their caregivers.

Residents who would like to help with the dinner should call Dr. Naret at 493-3702.

MUTUAL 9

Make plans for holiday dinner

All Mutual 9 residents are invited to a holiday dinner on Wednesday, Nov. 29, at 5 p.m. in Clubhouse 4.

The main meal will be provided by the Mutual and residents are asked to bring an appetizer or dessert for about six-eight people.

Tickets for the dinner must be obtained from Mutual directors.



GAF VOLUNTEERS help shareholders dispose of their papers for shredding.

Shredder comes to LW on Nov. 30

The Golden Age Foundation will sponsor free document shredding on Thursday, Nov. 30, from 10 a.m.-noon in the Clubhouse 2 parking lot. Arrive early, as the line for shredding will close at 11:30 a.m.

For better service, remove staples and paper clips. Contaminated bags will be turned away.

Residents are encouraged to bring their Ralph's membership cards to the shredding event so that GAF members can help them sign up for the Ralph's Community Rewards program, where a small portion of shareholders' spending is returned to GAF.

Electronic devices will not be accepted, but the GAF does collect small used batteries for disposal at the shredding event.

Bingo played Sunday in CH 2

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

On Nov. 26 the games will be hosted by the American Legion. Complimentary refreshments are served.



View holiday lights from Minibus

The sixth annual Leisure World holiday light tour of Leisure World aboard the GRF Minibus will take place from Dec. 18-22.

The Minibus service will conduct two tours each night, at 5:15 and 6:45, except Dec. 22 when there will only be a 5:15 tour.

The tours depart from the Health Care Center.

Seating is first-come, first-served. GRF Minibuses seat approximately 19 passengers.

At the conclusion of each tour, all passengers who need a ride will be taken home or to any other location inside LW.

For further information, call Grant Winford, fleet manager, 431-6586, ext. 372.

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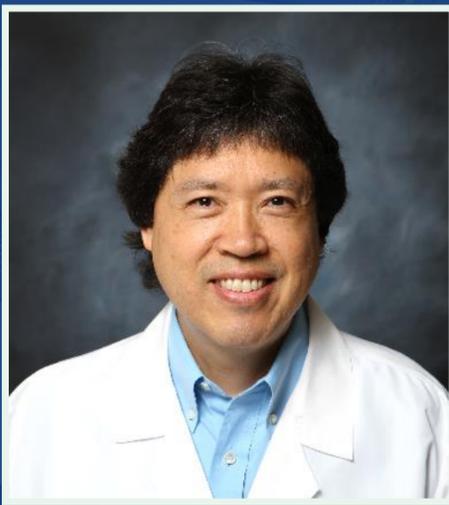
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HOLIDAY PARTY—The Sunshine Club will serve a variety of ethnic foods on Dec. 15.

Sunshine Club will not meet tomorrow

The Sunshine Club will not meet tomorrow, Friday, Nov. 24, to allow members time with family and friends for Thanksgiving.

The next meeting will be Friday, Dec. 1, in Clubhouse 3, Room 4, from 10 a.m.-noon. The club will complete planning for the holiday party.

Sunshine Club holiday party will be Friday, Dec. 15, in Clubhouse 3, Room 2, from 10 a.m.-noon, and will include festive decorations, warm friendship and foods from various cultures.

Reservations for the holiday party, \$5, are required by Dec. 1. Pay club treasurer Monica Grundmann at the meeting.

Christina Miller, volunteer at the Seal Beach Animal Care Center, will be guest speaker at the Dec. 8 meeting. She will talk about enriching lives through pet adoption.

The Sunshine Club's motto is "Building Bridges for a Brighter LW." It is designed to help people get along in the community; for neighbors to have better communication; and to get the best out of living in Leisure World.

Refreshments are served before the meeting. Bring coffee mugs to participate in the club's "Save The Earth" program.

The Sunshine Club meets from 10 a.m.-noon on Friday in Clubhouse 3, Room 2 (Room 4

Veterans banner sale is extended

Golden Rain Foundation, in conjunction with the Recreation Department, is offering Veterans Honor Banners for sale. Banners will be posted throughout the community on trust streets.

Banners may honor current or former GRF members in good standing. Full legal names, from Golden Rain Foundation stock certificates or Mutual 17 deeds, will be used. The banner will also include the mutual and military branch under which the member served.

The cost is \$125, and orders will be filled on a first-come, first-served basis while the limited supply lasts.

Orders may be placed with Tommy Fileto by email thomasf@lwsb.com or at the Recreation Office in Building 5, lower level.

Rollin' Thunder will celebrate Thanksgiving on Nov. 28

The Rollin' Thunder's Thanksgiving luncheon meeting will be held on Tuesday, Nov. 28. Reservations are required. The club will provide a turkey, and members will bring side dishes.

Cart registration and insurance liability requirements for 2018 will be discussed.

Members can pick up officer nomination ballots at the meeting. Ballots and membership renewal forms will be sent by regular mail in December and may be returned by mail or at club meetings in December or January.

Tickets, \$2 per person, for the catered Christmas luncheon

GRF RECREATION

Few seats remain to Disney on Ice

A few seats are available to see Disney on Ice at the Honda Center Dec. 20. The show is at 7 p.m. The discounted price is \$37, including transportation.

R.S.V.P. to Tommy Fileto as soon as possible at 431-6586, ext. 324 or 326, or email thomasf@lwsb.com to purchase tickets.

on Dec. 19 are on sale through Dec. 12. A complete meal with turkey and ham will be served. To purchase tickets call Sally Mansis at 431-1997 or email sallymansis@mac.com; or call Pat Davis, 431-6859.

The last cart maintenance in 2017 will be on Dec. 2 at the Pit Stop off Nassau Drive across from mini-farms. Cart service volunteers are needed. Contact Tom Davis, (561) 431-6859, to help.

FRIENDSHIP CLUB

Computer class taught on Tuesday

The Friendship Club offers computer classes taught by Jeff Sacks, Keith Bague and Max Smith.

Monday, Nov. 27, in Clubhouse 3, Room 4

- 9 a.m. - Computers, Tablets and Smartphones (Sacks)
- 10 a.m. - Samsung (and Android) Smartphones (Sacks)
- 11 a.m. - Macbook and iPad (Bague)
- Noon - Skype Free Video Chatting (Bague)

Tuesday, Nov. 28, in Clubhouse 3, Room 7

- Noon - Apple Mac (Sacks)
- 1 p.m. - Windows 10 (Bague)
- 2 p.m. - Let's Talk eBay (Smith)

Classes are free, but donations to pay for a wireless hotspot and printing materials are welcome.

For computer information, call Bague, (714) 267-7871 or Sacks, 431-8050; for eBay information, contact Smith at max2ebay@aol.com.

To subscribe to the email list or suggest a new class topic, contact Sacks at jfsacks@gmail.com.



60PLUS

CLUB

SENIOR REWARDS PROGRAM

ENTERTAINMENT

Enjoy Free Shows and \$300 Cash Giveaway every Tuesday.

 <p style="text-align: center; font-weight: bold; color: red; font-size: 1.1em;">CREEDENCE RELIVED</p> <p style="text-align: center; font-size: 0.9em;">Tribute to Creedence Clearwater Revival</p> <p style="text-align: center; font-weight: bold; color: black;">NOVEMBER 28</p>	 <p style="text-align: center; font-weight: bold; color: red; font-size: 1.1em;">THE MAR DELS</p> <p style="text-align: center; font-size: 0.9em;">Music from the 40's, 50's, 60's & 70's</p> <p style="text-align: center; font-weight: bold; color: black;">DECEMBER 5</p>
 <p style="text-align: center; font-weight: bold; color: red; font-size: 1.1em;">LOVE IS A ROSE</p> <p style="text-align: center; font-size: 0.9em;">Tribute to Linda Ronstadt and The Eagles</p> <p style="text-align: center; font-weight: bold; color: black;">DECEMBER 12</p>	 <p style="text-align: center; font-weight: bold; color: red; font-size: 1.1em;">ANDY DIMINO</p> <p style="text-align: center; font-size: 0.9em;">Holiday Tribute to Dean Martin "Making Spirits Bright"</p> <p style="text-align: center; font-weight: bold; color: black;">DECEMBER 19</p>

NO BINGO THANKSGIVING DAY, NOV 23

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Thanksgiving Dinner
 Thursday, November 23, 2017
 11am - Bingo 12pm - Dinner

St Anne's Church
 340 10th St., Seal Beach, CA 90740

The Seal Beach Chamber of Commerce will again be providing a Thanksgiving feast for people in our community who cannot be with family or friends on that special Day.

Please bring canned food items for donation to a local charity.

RSVP to McKenzie: 562-799-0179
 by Friday, November 17, 2017
 (Let her know if you will need a ride to and from and one will be provided.)

seal beach chamber of commerce



Gil Moore, pastor at Redeemer Lutheran Church and founding member of the Y Service Club.

Y SERVICE CLUB

Serving Others

Gil Moore, pastor of the Redeemer Lutheran Church of Leisure World, has a long association with the YMCA. As a teenager, he was associated with the Hi-Y, an organization for secondary school students. He was one of the first members of the Y Service Club when it was formed in Leisure World in 1991.

A native Californian, Gil was born at Seaside Hospital in Long Beach and raised near 91st and Wall Street in Los Angeles, where his grandfather had a small farm. After graduating from Fremont High School in 1945, he joined the Army Air Corps, shortly achieving the rank of Corporal. One day while in the Army, he was resting on a top bunk watching some Army buddies playing poker on the floor when he heard the call to be a pastor.

Gil attended California Concordia College in Oakland and completed his seminary education at St. Louis Concordia Seminary in 1953. While in the seminary, Gil met his wife, Lavona, a native of Concordia, Missouri, an early Lutheran settlement. They married in St. Louis in 1952. Their oldest daughter Chris, born in time to attend Gil's graduation from the seminary, now lives in Leisure World. Siblings Mahlon, Dorothy and Lisa soon joined Chris.

Gil's first call was to southern Idaho. He describes himself as a late bloomer in the ministry and found himself over the next three years getting lots of practical training.

His next assignment was to start a new congregation near Seattle in a town now called Des Moines. He reports that the group had built a small church and needed him to fill it with parishioners. After nine years in the community, he was called to Hawaii. Due to health problems with two of their daughters, the Moores were at this assignment only a year before arriving in Eagle Rock, California.

The Moore children are all musically inclined, so they were very active in high school musical events. Gil's journey took a new direction when he became involved as a volunteer chaplain at the Solheim Lutheran Home in Eagle Rock. He later became an administrator at the Southland Lutheran Home in Norwalk and also became involved on the Speaker's Bureau for the Alzheimer's Association.

For the next several years, he completed 15 interim administrative church related assignments in retirement homes. The Moores moved to Leisure World in 1988, and Gil became pastor of Redeemer Lutheran Church of Leisure World in 2003. Both he and Lavona continue to be active members of the Y Service Club, responding to individual needs in the community and participating in the club's fund-raising activities.

Twenty-three members of the Leisure World Y Service Club have had their names and a citation for exemplary service entered in "The Golden Book of Distinguished Service" in Geneva, Switzerland. Current members are Roger Miyashiro, Ann Frambach, Gil and Lavona Moore and Juanita Townsend.

Gil values the personal connections he has made over the years with neighbors who have called the Y Service Club for assistance with non-professional household tasks they are no longer able to do independently. He fondly remembers making a call to a woman whose request was to hang a few pictures. The few pictures turned out to be an entire wall of recognition plaques and awards given to her for many years of government service. Through this connection, they became good friends.

The Leisure World Y Service Club is an active group of approxi

Y SERVICE, page 26



YOU ARE CORDIALLY INVITED

MEDICARE'S ANNUAL ENROLLMENT PERIOD BEGINS **OCTOBER 15th**

Join me to get all your questions answered about Medicare Advantage Plans, Medicare Supplement Insurance Plans and more!

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Healthcare Center 10:00 AM

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By calling either of the numbers above you will be directed to a licensed insurance agent. Medicare has neither reviewed nor endorsed this information.

Cloths make great holiday gifts

The Y Service Club is selling MiraFiber cloths to raise funds to send kids to camp. The MiraFiber Cloth plus water will clean any surface without chemicals. They are great for holiday gift giving. The cost is \$6 each or five for \$25.

Call Glenna Hoff, 296-5040. This is an ongoing project.

Martin celebrates at '90 and Fabulous' birthday bash

Lucille Martin, Mutual 15, celebrated her 90th birthday with 40 family members at the Original Fish Company Restaurant and Market in Los Alamitos on Nov. 11, hosted by her children.

Two younger brothers, Bernard Koch, 87, and August Koch, 85, their families, and most of Lucille's children, grandchildren and great-children joined in the festivities for a luncheon celebration.

Daughter Sharon Raggio flew in from Colorado, granddaughter Jackie Breckow flew in from Arizona, and niece Debbie Marks came from Portland, Oregon, to celebrate Lucille's "90 and Fabulous" Birthday Bash.

Lucille was born on Nov. 8, 1927. She worked as an Adult education teacher for the Alhambra School District and later as an office manager in the reference office at Norris Medical Library, University of Southern California.

She moved to Leisure World in December 2006.

Lucille is an active member of Senior Patriots for Peace, Democratic Club and Genealogy Club.

She attributes her good health to exercising in the Leisure World gym, taking OLLI Longevity Stick classes and participating in Monday afternoon dance classes.

Several family members toast-



HAPPY BIRTHDAY —Lucille Martin was lauded with a party on her 90th birthday.

ed Lucille and shared sentiments of what a great role-model she is as the matriarch of the family. She is a woman of integrity, a servant leader and social activist who

helps the disenfranchised and stands up for injustice.

She is the proud mother of six children, 11 grandchildren and five great-grandchildren.



DRESSED FOR THANKSGIVING—Marge Novak, Mutual 15, 29-E, will not be alone when she sits outside on her porch. Accompanying her is "Little Lady" dressed for the holidays. Little Lady was decorated by William, her caregiver. They plan to decorate her for the different holidays.



HAPPY BIRTHDAY—Rita Fueyo celebrated her 90th birthday at a party in Clubhouse 3 with family and friends, including six of her fellow Ladies' Q Club players. She was born Nov. 14, 1927. She originally was from Jersey City, New Jersey, but lived in East Stroudsburg, Pennsylvania, before coming to Leisure World two years ago.

Nikkei Club meets for holiday lunch at East Cafe, Dec. 4

The Nikkei Club will meet Monday, Dec. 4, at 11 a.m. for a free holiday lunch at the East Cafe, 12100 E. Carson Street, Hawaiian Gardens. Let the Calling Committee know if attending, so luncheon reservations can be made. Call Sherie Vanek, 296-8074, to request or offer rides.

New officers for the year 2018 will be Ben Watada, president; Marina Tesla, vice president; Aki Green, treasurer; and Supara Ratanasadudi, secretary.

At the Nov. 11 meeting, Naomi Yamashita Morales, MD, daughter

NIKKEI, page 26

Faith

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Hear Sammye's story at RowntreeGardens.org/Faith



Sammye
Community Member '95

Some of the bravest people you'll ever meet can be found right here at Rowntree Gardens. Like community member Sammie, whose strength of faith inspires us daily. As missionaries in a rural village during the Guatemalan revolution, Sammie and her husband sheltered 20 refugees from soldiers. Using spare scraps, Sammie stitched together an American flag to hang outside her door. That flag – and her unwavering faith – protected the villagers. Sammie has shown us that courage comes from believing in something greater than yourself.

Thank you Sammie for saving those precious lives and changing ours.

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Please join us for a free lunch & tour.

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Study shows pollution related to dementia

An article published earlier this year in The Lancet, Vol. 389, one of the world's oldest and best known medical journals, found that older adults living within 650 feet of a major roadway had a greater risk of developing dementia. People living within 160 feet of the major roadway had the greatest increased risk of 12 percent, while those living between 160 and 320 feet had a 6 percent higher risk of developing dementia compared to those living more than 650 feet away.

The population studied included about 2.2 million adults aged 50 to 85 years who lived in major cities in Ontario, Canada. There were 244,000 cases of dementia which developed among the population between 2001 and 2012.

The authors suspect the nitrous oxide and 2.5 micron particulate matter from auto exhaust are the main culprits.

This study may directly apply to Leisure World, particularly to regions nearer the 405, and may make the recently initiated air quality monitoring project even more relevant to community residents.

With sensors placed both near and far from the 405 any increase in particulate matter air pollution closer to the freeway may become evident. All the mutuals situated

DEMENTIA, page 25

Space is available for obituaries of residents and former residents.

- An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$11 for the first 12 words and 25 cents for each additional word.

- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

- Obituaries may be published as news articles when the person has been a member of the Golden Rain Foundation Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

- A "Card of Thanks" section is available in the classified section of the News at the member classified advertising rate, \$7 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

Obituaries

Woodington, Jaye
Oct 24, 1926-Nov 11, 2017

Jaye Woodington, Mutual 1, passed away peacefully in her home at the age of 91 with her two daughters Patricia and Tonette by her side.



She was raised in Dickinson, North Dakota, and as a young woman, played piano and sang in her father's band. Music was always a part of her life and what a life she had in those nine decades. She sang bass in the Los Angeles Southtown's Sweet Adeline's Chorus in the 60s.

She was a gifted writer and her book "Marcella's Once Upon a Time Stories" (based on her childhood in North Dakota) was selected for the North Dakota State Governor's reading program. It can be found in the Leisure World Library.

Jaye painted beautiful oil paintings of landscapes, especially mountains. She was proud to have started the 12-Step Program, "Over 55," in Long Beach.

She'd been a professional magician and her "Marcella's Mirth and Magic" show had a comedy edge to it. Her most treasured

experience was when she was a professional clown in the 80s, having also been named California Clown of the Year.

Jaye loved bridge, was a life-long bridge player and taught bridge in Leisure World.

She also played piano in the Dixieland Jazz Band for performances in Leisure World.

She was very spiritual, believed strongly in her higher power and was an ordained minister with Science of the Mind.

She had a great sense of humor and one of her favorite sayings was "Pardon me for taking an interest in my own life."

She will be dearly missed and remembered lovingly by her children Tonette, Patricia, Mike, Jim; eight grandchildren and her many great-grandchildren. She is now reunited with her first child, Kathy, who passed away 24 years ago.

Jaye also leaves behind many lifelong friends and those she met in the 17 years she lived at Leisure World. They brought much joy and happiness into her life.

A Celebration of Life will be held in Leisure World after the holidays. An announcement of the celebration will be made in LW Weekly.

She often donated to the City of Hope organization.

—paid obituary

McBroom, Dolly
1932-2017

It is with deep sadness to report that Dolly McBroom, 85, former resident of Mutual 14, passed away Tuesday, Oct. 24, 2017, from dementia.

Dolly was a wonderful mother to her four children, Mark, Candace, Warren, and Blake. She was a good friend to her fellow Leisure World residents, especially her Bunco teammates.

A memorial service will be held in Reno, Nevada, on Saturday, July 28, 2018, to say goodbye to our mother.

For details, contact Mark McBroom at (323)447-4242.

In Memoriam

- Wayne Chenin 67
 - Raymond Ruegg 93
 - John Hunter 63
 - Lorena Morrison 63
 - Geraldine Younker 68
 - Kendra Zimmerman 47
 - Donald Bottje 60
 - Virginia Kvinge 91
 - Helen Ann Borgers 60
 - Charles Ward 64
 - Susan Davis 69
 - Charlotte Miller 89
 - Sylvia Smith 61
 - Donald Pedersen 90
 - Clair Murphy 85
 - Michelle Contreras 47
- Families assisted by
McKenzie Mortuary,
961-9301

—paid obituary

Inch, William Anthony
1921-2017

William Anthony Inch, 95, born on Dec. 13, 1921, in Cornwall, England, passed away Nov. 5, 2017.



Bill arrived in the United States at a very young age. He grew up and attended high school in San Diego, California.

Bill spent much of his life working in the paint business after servicing in the U.S. Navy during World War II, where he stuffed parachutes, not a very exciting job according to him.

Bill moved to Leisure World in the 1980s.

There he met his wife, Margaret. They were married in 1998 and together until her passing in 2009.

Bill was retired for over 30 years and enjoyed traveling to Hawaii and the Western U.S. with his wife. Bill was close to Margaret's four sons and their respective families.

He was active in the Masonic Lodge until about 2008 and is best known by his friends for his caring and giving disposition.

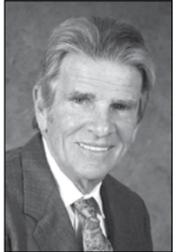
In Leisure World, he volunteered for Meals on Wheels, delivered walkers, canes and wheelchairs to residents and participated in events for Salvation Army and multiple Christian churches in Leisure World.

Bill was a friendly, affable person who enjoyed meeting people and talking with them. He will be missed by his family and friends.

Arrangements are under the direction of Forest Lawn, Cypress, California.

Huff, Owen
1927-2017

Owen Huff, Mutual 7, took his final journey in this life to meet his Lord and Savior, Jesus Christ on Nov. 18, 2017.



He leaves his wife of 47 years, Kaye, one sister, Joan Poss of Fresno, one son, Ralph Huff of Anaheim; three grand children, Ryan Huff, Samantha Huff and Aaron Huff; one great-granddaughter, Alicia Yard; two sisters-in-law, Darlene McClain and Janet Rickland; and several nephews and nieces.

Owen has served in the community as visitation pastor with Leisure World Baptist Church, director in Mutual 7, chaplain of the Hui O Hula and minister/teacher at-large.

The family plans to have a celebration of life after the first of the year.



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- Life enriching activities and programs
- Wellness clinic directed by our Medical Director and Director of Nursing Services that focus on medical, social, mental and spiritual well-being
- Respite care, which allows for short-term stay to give you peace of mind knowing that your loved one will be cared for while you take time to care for yourself
- Skilled nursing services specializing in wound and post-operative care
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News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

Travel



TRAVELING TIGERS with Capt. Ravera during a recent Princess cruise through the Hawaiian Islands.

Several occasions celebrated during Hawaii cruise

The Traveling Tigers repeated a 15-day Hawaiian Islands cruise Oct. 25. The club takes the roundtrip from San Pedro every four years.

The group of 30 enjoyed Rainbow Falls, Queen Liliuokalani Gardens, Banyan Tree Drive, Farmers Market, swimming at Black Sand Beach and a sunny, hot and humid day in Hilo.

The call on Honolulu saw some visiting the USS Arizona Memorial, walking along Waikiki Beach, shopping and having a mai tai at Duke's.

Nawiliwili, Kauai, was a rainy day, but some ventured out on the free buses to explore the island.

In Maui, some enjoyed a helicopter ride, Whalers Village points of interest in Lahaina and beach swimming before boarding the tender boat for the ride back to the Star Princess that was heading back on a five-day northeasterly course in the Pacific Ocean to Ensenada, Mexico, before proceeding to berth 93 in San Pedro Harbor on Nov. 9.

Roy and Carol Benstead celebrated their 60th wedding anniversary, but the highlight of the cruise was visiting their twin granddaughters who live in Oahu.

Nancy Ingram turned 90 on the second day at sea with birthday wishes from her table-mates, waiters and her daughter Peni and son-in-law Rob Rowe.

At the last group dinner, Estela Malabunga and Gloria Arganda were surprised with special cakes and singing waiters for their birthdays.

Capt. Ravera was honored to meet 103-year old Darlene Williamson who also was celebrating her November birthday with the Traveling Tigers.

Even though one day at sea was in complete fog, another day of 50-70 miles winds and 17-foot swells, one rainy day and a complete lock out to the open decks, the seasoned cruisers had a wonderful journey to the land of sunshine and aloha.



60TH WEDDING ANNIVERSARY — Roy and Carol Benstead share a kiss on their anniversary.



HAPPY BIRTHDAY—Nancy Ingram turned 90 on the high seas cruise.



HAPPY BIRTHDAY—Estela Malabunga celebrated her birthday onboard.

Around Town

• "Home for the Holidays" will be presented by the Southern California Brass Consortium (SCBC), conducted by Hector Salazar at 7 p.m. on Sunday, Dec. 3, at Los Altos United Methodist Church, 5950 E. Willow St., Long Beach. Tickets \$20, adults; \$15, seniors; and \$10, students; are available on line at www.socalbrass.org or at the door. Parking is free.

SCBC includes talented brass players and percussionists, and highly-skilled arrangers and composers.

SCBC will present new works and holiday classics with new arrangements to celebrate the season.

• Seal Beach Christmas Parade, "The Magic of Christmas," steps off on Friday, Dec. 1, at 7 p.m. The parade will travel up Main Street from Ocean Street to Pacific Coast Highway.

The 100 parade entries will feature youth groups, sports groups, schools, businesses, first responders and other organizations from Seal Beach and the surrounding areas.

Chairs may be set up along the parade route before the street closure, but do not block any parking spaces. Chairs may be placed on the crosswalks at Central and Electric once the streets are closed

AROUND TOWN, page 27



On the Go

Day Trips

Young Americans Magic of Christmas, La Mirada Theater – Thursday, Dec. 7, \$70, Children-A-Priority (CAP), Juanita Townsend, 431-4026

The Colorful Songs Revue: Santa Claus is Coming to Town – Dec. 7, \$109 with lunch and wine, David Nell/Good Times Travel, (888) 488-2287

Star of Bethlehem Planetarium Show, Heritage Hill Candlelight Walk – Dec. 8, \$85 with dinner at Azteca "Elvis" Restaurant, David Nell/Good Times Travel, (888) 488-2287

Jeopardy! Tapings – Dec. 12, \$49, David Nell/Good Times Travel, 888-488-2287

Pauma Casino - Dec. 13, 11, \$15; \$10 cash in machine, New York Club, Phyllis Pierce, 598-3743, or Chee Chee Porr, 430-5949

Mission Inn — Dec. 19, \$86 with dinner at Black Angus, New York Club and Los Alamitos Senior Club, Phyllis Pierce, 598-3743, or Chee Chee Porr, 430-5949

Disney on Ice — Wednesday, Dec. 20, \$37, GRF Recreation Department, Tommy Fileto, 431-6586, ext. 324, or 326, or email thomasf@lwsb.com

Christmas Day Brunch at the Biltmore – Dec. 25, \$129 with champagne, David Nell/Good Times Travel, 888-488-2287

Nixon Presidential Library, Post Office Tour – Jan. 18, \$79 includes buffet lunch at The Hacienda, David Nell/Good Times Travel, 888-488-2287

"Cabaret," La Mirada Theater — Sunday, Jan. 28, \$119, with lunch at Sizzler, New York Club and Los Alamitos Senior Club, Phyllis Pierce, 598-3743, or Chee Chee Porr, 430-5949

ON THE GO, page 25

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The LW Weekly
430-0534



USS IOWA— The American Legion and Auxiliary escorted 21 LWers on a trip to see the battleship.

American Legion members toured the USS Iowa

by Catherine Tautges
LW contributor

The USS IOWA Battleship was moored imposingly in the San Pedro Harbor on Nov. 13, awaiting 21 tourists from Leisure World American Legion Post and Auxiliary Unit 327.

The enormity of the ship struck awe in all of them.

She measures 108 feet, 2 inches wide, just able to get through the Panama Canal with 11 inches on each side to spare, and the length of 3 football fields. It weighs 58,000 tons, and will hold 2.4 million gallons of fuel.

The group was privileged to have three tour guides, Jim Gauderman, Mike Hershman and Don Moen. Hershman and Gauderman worked as a tag team to hustle the group up and down five decks while Moen gave a special tour to those who could not manage the stairs and ladders.

All three men have been acting as guides on the Iowa since 2012. Gauderman also volunteers at the Seal Beach Police Department as fleet supervisor. He takes such good care of the police cars that Chief Miller gave him permission to take one up to the San Pedro as he was doing double duty in volunteering for both.

She is one of four "Iowa class battleships," the others being the Wisconsin, the New Jersey and the Missouri. She had a wartime capacity of 2,800 sailors, but after she was partially disarmed



MISSILE LAUNCHERS tower over the decks. They fire Tomahawk missiles.

of some of its obsolete artillery, only 1,500-1,600 were needed to man the ship.

When President Franklin D. Roosevelt traveled to the Middle East for the Teheran Conference with Stalin and Churchill, he sailed to Malta on the Iowa and occupied the captain's cabin, which had been specially modified to accommodate the wheelchair that he was confined to as a result of childhood polio. The tub that was installed in the bathroom is still in place and is probably the most famous bathtub in history.

Two other presidents who visited the Iowa were President Ronald Reagan who recommissioned the ship in 1984 along with his vice president, George H.W.

Bush, who visited again in 1987.

The missile launchers tower over the decks; they fire Tomahawk missiles with a range of 1,500 miles; and the Harpoon, range 70 miles. A missile launched from the Iowa in San Pedro Harbor can hit a target in Seattle, Washington.

Munitions are currently stored at the Naval Weapons Base in Seal Beach, and the Navy ships come up the channel to load them.

After a lunch at the Ports O' Call, 21 weary travelers boarded the bus for home, still discussing the might of this Navy wonder.

Outside of Fleet Week in Long Beach, this bit of history is a real treasure and a "must see" for everyone who remembers the wars the country found itself involved in, and the ships that kept her warriors safe and strong.

YOUNG AMERICANS

Tickets available to holiday show

Children A Priority is sponsoring a trip to the Young Americans show, "The Magic of Christmas" at the La Mirada Theater on Thursday, Dec. 7.

The cost is \$70, including bus driver's gratuity.

The Magic of Christmas features state-of-the-art 45-foot LED walls, over 6,000 costumes, and 30 festive scene changes. Musical numbers range from hip-hopping penguins, dancing Santas, and The Nutcracker Suite, to Toyland, The Polar Express, and Christmas choral music including Handel's Messiah.

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Puzzle Answers

Puzzle page 24

SCRABBLE GRAMS SOLUTION									
B ₃	A ₁	T ₁	L ₁	I ₁	K ₅	E ₁	RACK 1 =	63	
D ₂	I ₁	S ₁	P ₃	U ₁	T ₁	E ₁	RACK 2 =	60	
F ₄	R ₁	E ₁	S ₁	H ₄	E ₁	N ₁	RACK 3 =	65	
C ₃	O ₁	N ₁	C ₃	E ₁	P ₃	T ₁	RACK 4 =	63	
S ₁	P ₃	I ₁	N ₁	O ₁	F ₄	F ₄	RACK 5 =	80	
PAR SCORE 260-270							TOTAL	331	

Crossword Answers

PAYS	STAR	DATA	PASS
FATAL	TRUE	IRON	LIANA
AROMA	RANSOMING	ARSON	
CONSTRUCTED	DIONYSIUS		
ELY	TACK	NIG	CROP
	PECK	STUNT	AVES
SECURE	GASMASK	ANADEM	
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RARE	GAUGES	REAR	ARIA
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	ALOPE	STAND	BILE
AAC	COVE	END	PACA
PROMOTING	DOMINATIONS		
SALEM	CURRAWANG	IMAGE	
ERODE	TRIO	ECTO	VILLA
ARES	SEME	DEAR	ESSE

Sudoku Answers

2	1	6	5	3	7	8	9	4
7	9	4	2	1	8	5	6	3
3	8	5	9	6	4	2	1	7
9	5	2	7	4	6	1	3	8
4	6	8	3	9	1	7	2	5
1	7	3	8	2	5	9	4	6
6	4	7	1	5	9	3	8	2
8	2	1	4	7	3	6	5	9
5	3	9	6	8	2	4	7	1

The Basic Rules of Sudoku:
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: WEARY YOUNG SUBDUE EXPOSE
 Answer: When he wasn't working as a mild-mannered reporter, Clark Kent was — SUPER BUSY



NEIGHBORS AND FRIENDS in Mutual 3 gathered for a potluck hosted by Paul Tolen. Tolen often arranges potlucks for his shareholder neighbors in celebration of holidays throughout the year.



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DEMOS
From page 6

ing: <https://sblwdems.wordpress.com/joshlowenthal/>.

President Mary Larson and Vice President Laura Wilson attended a "Meet and Greet" for Sen. Ed Hernandez in Irvine. He was the club's honored speaker at the 2016 club fundraiser.

Sen. Hernandez is the leading candidate for California lieutenant governor. At the reception, Sen. Hernandez spoke on many topics of interest and referred proudly to his bills to increase the age to legally smoke in California to 21 as well as Senate Bill 17, a bill aimed at bringing transparency to big pharmaceutical companies and require drug companies to explain the reasoning behind rising drug prices.

The final session for the year of "All You Need to Know as an Orange County Democrat" will be held on Tuesday, Nov. 28, at 2:30. Space is limited and reservations are required. Email lwsbdemocraticclub@gmail.com or call President Mary Larson 296-8521.

For more information on other club activities and events, contact President Larson. Sign up to receive Club emails by visiting the website at <https://sblwdems.wordpress.com/>.

Y SERVICE
From page 20

mately 80 men and women volunteers. The club exists to serve the community and all services are free. Donations for services are gratefully accepted and help the club support sending kids to camp through the Los Altos YMCA and sponsoring LW projects. The club has volunteer jobs available for people with a wide range of physical abilities.

For information on how to

NIKKEI

From page 21

ter of member Miki Yamashita, gave an informative talk on senior wellness.

She covered three areas, the mind, body and spirit.

She also talked about the importance of having/wearing a medical bracelet that gives vital information in case of a sudden fall, incapacity or inability to remember important information.

The Nikkei Club thanks Dr. Morales for her interesting talk.

Later members were entertained by the Saturday Night Live Karaoke Club, Hideko Yamada, Chieko Kim, Ed Korin, Tetsusen Watari, and Harufumi Ishida.

As the year 2017 comes to an end, everyone is reminded to make any changes to their Medical Health Insurance during the

become a member, call First Vice President Gene Vesely at 522-0958.

The club meets monthly on the third Wednesday of each month, starting at 7:30 a.m. in Clubhouse 3, Room 2. All Leisure World residents are invited to attend to learn more about club services and activities.

The numbers to call for assistance are listed in the classified section of the LW Weekly under "LW Helping LW?"



Open Enrollment period, which ends on Dec. 7. Your new insurance plans take effect Jan. 1.

DEMENTIA
From page 22

near the 405, except one, have monitors installed and in a short time the pollution profile should be known where those monitors are located.

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—Nick Massetti

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FALW's Simbang Gabi is approaching fast

The Filipino Association of Leisure World (FALW) had an early Thanksgiving dinner on Nov. 12 in Clubhouse 3 in conjunction with the monthly meeting.

FALW President Ric Dizon opened the meeting at 3:15 p.m. with the Pledge of Allegiance and an invocation lead by Myrrha Villanueva. Essie Hicks, FALW secretary, read the minutes of the last meeting, and it was moved and carried with no discussions. The treasurer, Annie Andreatta, was proud to present a positive financial status of the association.

President Dizon reiterated that the forthcoming Simbang Gabi is fast approaching and members are being reminded to participate in practices for the dance and choir presentation for the event. The club expects a large number of guests. As the years go on, the number of attending guests has increased and this year should be no different.

The club will showcase the Filipino tradition of celebrating the holiday season. The Simbang Gabi will be on Wednesday, Dec. 20, in Clubhouse 2 at 5 p.m.

Simbang Gabi is a Filipino Christmas tradition. It is the spiritual preparation for Christmas,



HAPPY BIRTHDAY— FALW's November birthday celebrants are Pat Erickson (l-r), Dove Sonza and Stella Malabunga

in commemorating the birth of Jesus Christ. The celebration is also seen as a way of requesting blessings from the Lord.

FALW's celebration will be a semi-potluck and members are asked to bring something to help serve the guests. FALW will provide the main dish.

The Thanksgiving dinner was a great success. Group 2 of the food group did not disappoint the guests. They supplied a variety of food, to go along with the roasted turkeys and a honey-baked ham supplied by FALW.

November birthday celebrants were also feted.

ITALIAN-AMERICAN CLUB

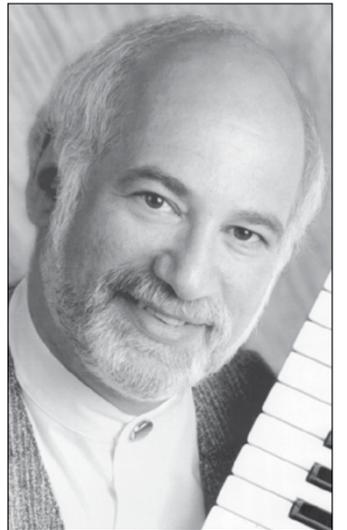
Rick Sherman is party entertainer

Rick Sherman will be the guest entertainer at the Italian American Club Christmas luncheon on Wednesday, Dec. 6.

Sherman is a keyboard musician who has entertained in Orange county for over 30 years. His keyboards are high-tech and give him the range of a one-man band. His repertoire includes songs by Dean Martin, Frank Sinatra, Tony Bennett, Elton John and others. He will provide vocal accompaniment, but will let members sing along.

The catered meal will include ravioli with meat sauce and a meatball, Mediterranean salad and two pieces of garlic bread. Dessert will be spumoni pie. The cost for current club members is \$7; guests of members may attend for \$15.

Members who have not ordered tickets must contact Destra



Rick Sherman

at 225-0017. The caterer needs a final count by Dec. 2.

Membership chair Martha Destra is accepting dues for 2018.

AROUND TOWN

From page 23

to vehicular traffic.

Streets around the Main Street parade route will close at 5 p.m. Streets affected include Ocean Avenue between 11th and 8th; Central Avenue between 10th and 8th; Electric Avenue between 10th and 8th; 10th Avenue between Electric and PCH. PCH will be closed for southbound traffic from Main Street to 12th Street beginning at 6 p.m. Southbound traffic will be diverted up Bolsa to Seal Beach Boulevard.

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- California law requires that contractors taking jobs that total \$500 or more (labor and materials) be licensed by Contractors State License Board. State law also requires that contractors include their license number on all advertising.
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- Before signing any contract or beginning any work, contractors should check with the LW Physical Property Dept. for a complete list of requirements.
- Advertisers soliciting to do business in Leisure World must include their Seal Beach Business License numbers.
- The News will not knowingly publish any advertisement it deems to be untruthful or misleading. Complaints regarding an advertiser must be in writing and signed to be considered.

ANNOUNCEMENTS

FREE ITEMS

Free Recliner and Lift Chair, electronic control, medium taupe color. 562-594-0994

GENERAL

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LW DECOR INC.
562-596-0559

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Painting - reasonable, reliable, free estimates, kitchen cabinets refinished, Jerry (714) 826-8636. A state lic. #675336. 12/28

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Hair stylist, 35 years experience at ABC Extension Salon, rollerset, perm, hairpieces, and more. In home appointments available. Call Mavis (714) 757-0187, License KK203303. 4/6/18

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Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 11/30

Security
594-4754

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Leisure World Helping Leisure World

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 8 am-5 pm. **562-493-6291** or **562-221-5878** for the month.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich (562) 596-9983.

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE inspections and advice on buying and repairs of your golf cart. 562-431-6859.

Keith Bague, Founder of the Computer Friends Club will NOW offer a service by phone at no charge to the LW community. This free service will be available for up to 15 minutes per call. Services include: guidance and advice on purchases and problem solving. Keith has a Computer Science (BS) Degree UC, Irvine, is Microsoft Certified, 39 years experience. 714-267-7871.

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Readers are urged to ask advertisers for references; call those references; and verify business license numbers by calling Seal Beach City Hall, 431-2527

CHRISTIAN HOME CARE

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Meal preparation, baths, shopping, laundry, doctors. Pierre's Caring Heart (714) 337-6152. Seal Beach Business License RAZ0002. 11/16

Marlene's Personal Services Need a companion, ride, errands, Doctor, airport, cruise lines, shopping, movies, etc.. Seal Beach Business License #MEH0001. Leisure World Resident "Call me" (562) 596-0775. 11/16

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Exceptional affordable home care. Over 10 years in Leisure World. Bonded and insured. (714) 841-2273. Seal Beach Business License #BRC0002. 12/28

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Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006. 12/28

Experienced, loving caregiver, 24/7, reliable assistance with personal care. Doctor's appointments, meals and light housekeeping. Seal Beach License HEL0006. Call **949-899-7770.**

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MOVE-IN, MOVE-OUT
Windows, Etc.
Call Phil: 562-881-2093
Seal Business License #AB0001

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MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days — call anytime! Complete cleaning. Discount for regular customers. Seal Beach Business License S&M0001 (562) 505-1613. 11/09

Classifieds

Patricia Housecleaning, weekly, biweekly or monthly. Excellent referrals in Leisure World. Call 562-397-4659. Seal Beach License LUC0001 12/28

I will make your home **SPARKLE!** Excellent cleaning, organizing and non-medial caregiving services. Outstanding references with 15 years in Leisure World. Cindy, 714-251-7195. Seal Beach License CCM0001.

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License #191386

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Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. (562) 684-0901 2/8/18

Electric Cars/ Golf Carts/Scooters/Mobile Chairs for Sale

Golf Cars, Sales, Parts, Service (714) 292-9124. 2/9/18

Golf Cart, 1939 Ford Replica. One year old and like new! \$11,000. Call 562-799-9944 11/30

ESTATE/MOVING/ PATIO/YARD/ CARPORT SALES

In accordance with GRF Policy and Mutual Regulations, no non-resident shopper will be allowed through the Main Gate without having been appropriately authorized as a guest by the estate sale holder.

• All advertising offering to purchase entire households of goods and furniture (estates) or offering to conduct estate or patio sales for the owner or heir(s), and all advertising announcing such sales, shall contain the name, address and telephone number of the person or business soliciting such purchases or conducting such sales. All advertising for estate or patio sales conducted by the owner or heir(s) shall contain the words "by owner" or "by heir(s)."

LW WRITERS CLUB FLEA MARKET HOLIDAY SALE

November 25, 2017
Clubhouse 2 | 8 am - 12 noon
First-time guests must call (714) 943-1818 the day before to get on the gate list to enter Leisure World. Old Friends and New Vendors. 11/23

Estate Sale, Friday, November 24, 9am-Noon
BLOWOUT SALE; 14221 El Dorado Dr. Mutual 2, Unit 63-C. Scooter, flatscreen TV, jewelry, notions, quilting supplies and material, sewing machine. **Glinda Davis 714 943-1818** Seal Beach license GDD0001. PO BOX 131, Seal Beach, CA 90740

Miscellaneous for Sale

Assortment of stuffed toys ranging from \$2-\$10 each. Call Clarence Hoffman at 562-370-8935, 1330 Kenwood Rd, Unit 157-C.

Wanted

Antiques, collectables, jewelry, Native American jewelry, turquoise silver, vintage watches. Will pay cash. Call 562-277-5909. 11/23

Wanted: Want to rent a car space near or on Carports 8, 10, or 13. Call 760-415-4247

Wanted: Want to rent carport in Mutual 15. Please call Connie at 562-296-8472.

Notary

Notary, Edith Hampton, here in Leisure World. Call 562-626-8157. 11/30

LW Weekly
Want to Place an ad or Renew your current ad?
Turn your ad in by **Monday, 2:30 pm** for Thursday's Publication
Call **430-0534** or send an e-mail to **lauraw@lwsb.com**

Need Help? See Classified

If you have not received your copy of LW Weekly by 9 a.m. on any Thursday, please call **430-0534 ONLY** between **9 and 10 a.m.** to have one delivered. Check around thoroughly before calling.

Thanksgiving By the numbers

51.6 million
Turkeys consumed Thanksgiving day

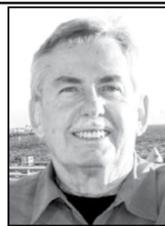
2.9 billion
Total U.S. spending on food for Thanksgiving

\$59.18
Average household spending on Thanksgiving dinner

39 million
Number of families that will travel for Thanksgiving

\$1.20
Average cost per pound of turkey

659 million tons
Annual tons of green beans produced



TIM KEARNS
3rd Generation Resident
REALTOR
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714-293-3950
Tim@TimKearns.com

Happy Thanksgiving



Grateful for 2017 Escrows

- 1 30H
- 1 53B
- 1 68F
- 2 5-I
- 5 110H
- 5 121F
- 6 58F
- 6 130J
- 12 69H
- 15 21J



Jimmie R. Boyd Inc.
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Resident Listing and Resales Specialist
562-896-1191
Traveling Notary Listings Needed

BOUNTIFUL Blessings

- Mut. 15, 3-E \$335,000 - SOLD
- ...
- Mut. 14, 13-A \$399,000 - SOLD
- ...
- Mut. 6, 127 \$197,000 SOLD IN 1 DAY

Joanie Korman
Mutual 6 Resident
(714) **308-8034**

I am grateful for your business and to know you.
Happy Thanksgiving to All!

New Listing!
2 Bed 1-1/2 Bath
Move In Ready
Home with lots of Great Upgrades ...
Freshly Painted,
Blonde Laminate Flooring,
4 Oversized Skylights,
Bay Windows, on a Green,
close parking....much more!
Mutual 5, 69C \$350,000

Coming Soon
2-Bedroom, 1-Bath, Basic, M9
Leisure Living Resales

Erika Shapiro

Resales Specialist
Mut. 17 Resident
Traveling Notary
562-208-5223



New Listing
Fully Expanded, Recent Remodel with all the bells and whistles, 2 BDR/2 Bath, washer/ dryer, 3 bay windows, plantation shutters, range, white cabinetry, and more....
Must see, great price
Mutual 3, 25L \$475,000

Drive-up
2-BDR, 2-bath, fully expanded, real wood floors, washer & dryer, new kitchen, granite counters, A/C Heat, and more.
Must see
Mutual 10, 257C \$425,000

New Listing
Fabulous View
Partially expanded on a beautiful greenbelt, walk-in closet, A/C Heat Pump, tiled patio, all new double pane windows, laminate flooring
Mutual 8, 184H \$275,000

Greenbelt Location
Basic 2 BDR, 1 Bath, skylights, tiled patio
Mutual 1, 16W \$275,000

Price Reduction
Fully expanded corner (Niche) in greenbelt.
3 BDR, 1 bath
Mutual 9, 216F \$315,000

IN ESCROW
2 BDR, 1 bath, partially expanded in greenbelt.
Mutual 8, 184H \$275,000

New Listing
IN ESCROW
Mutual 17 - 115C \$355,000
This is a beautiful west facing condo. 2 bedrooms, 2 baths.

New Listing
IN ESCROW
2 BDR/1 Bath, fully expanded on a enclosed patio
Mutual 14-51G \$259,000

2017 ESCROWS

Mut. 3, 17K	\$150,000
Mut. 2, 56F	\$240,000
Mut. 1, 45K	\$165,000
Mut. 9, 213L	\$289,000
Mut. 17, 47A	\$365,000
Mut. 10, 243A	\$350,000
Mut. 15, 23J	\$265,000
Mut. 11 - 262I	\$304,900
Mut. 11 - 262H	\$340,000
Mut. 3 - 17I	\$135,000
Mut. 4 - 38A	\$449,000
Mut. 3 - 17K	\$150,000
Mut. 2 - 59B	\$249,500
Mut. 1 - 49H	\$145,000
Mut. 1 - 62C	\$130,000
Mut. 15 - 30A	\$365,000
Mut. 17 - 126C	\$335,000
Mut. 11 - 274C	\$160,000
Mut. 5 - 96F	\$480,000
Mut. 12 - 35K	\$315,000
Mut. 2 - 59B	\$249,500
Mut. 15 - 30A	\$379,000
Mut. 2 - 59B	\$249,500
Mut. 5 - 124F	\$235,000
Mut. 5 - 96F	\$488,000
Mut. 17 - 26B	\$330,000

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DRE: 00753726
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Sylvester Chumley
714-655-6033

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Mutual 12 - 7L



Beautiful Newly Remodeled Unit
Downtown Location
Two Bedrooms, Two Baths,
Washer/Dryer
Extra Large Kitchen, Double Sinks In Both Bathrooms
Seller Anxious
Minimum Offer Of \$475,000
Through November

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Erika:

New Listing - M3, 25L \$475,000 2-BDR/2-Bath
M10, 257C- Beautiful Expansion, Drive-up \$425,000
Back on Market
M 8, 184H Partial expansion with fabulous view \$275,000
M1,16W - Basic 2 BDR, Fabulous Greenbelt \$275,000

Joanie:

New Listing
2-bedroom, 1-1/2-bath. Move-in ready.
Mutual 5, 69C Lots of great upgrades.
\$350,000
New Listing
2-bed, 1-bath needs TLC
Joanie 714-308-8034

Yong Pyon 변영철

팔든지, 사든지 항상
믿을 수 있는 변영철
M 12, 59F - 2-BDR, 2-Bath - **SOLD**
M 14-53B - GORGEOUS! \$439,000

Helen Blizzard:

Call Helen for private showing
M15, 3E Downstairs Corner, Upgraded Kitchen, Covered Patio **\$335,000-SOLD**
M14, 13A - Golf Course Corner **\$399,000 -SOLD**

Maryann:

Coming Soon:
M11, 284-K 2-bedroom
M4, 37B \$234,900 - Must See - **SOLD**



Erika — Mut. 17
(562) 598-7616



Joanie — Mut 6
(714) 308-8034



Carole Friedland
Mut. 3 (562) 357-9530



Maryann B. Shaddow
(714) 365-6152



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(310) 658-0379



Mr. Hank
(562) 743-8473



Jim Duncan
Broker/Manager



Susie Allen



Barbara Diette-Dobias



Robin Gray



Kathy Gupton



Gloria Hadley



Vickie Van Ert



Mary Chittick



Suzanne Ahn

(562) 594-0515
1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740



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Seal Beach, CA 90740

One-Bedrooms

New paint, new lam. flooring, heat pump, drive up
Expanded, move-in-ready, granite, cook's dream kit., wood floors

Two-Bedrooms

Lam. floors, heat pump, newer counter tops and counters
High side expansion, newer counter tops, newer windows, cut down shower
Corner, lam. flooring, view courtyard, updated bathroom
Full expan., 4 skylights, faces south, new paint and lam. floors
Corner drive-up, lam. floors, tiled patio, nice
Fabulous location, upgraded kitchen and bath, dishwasher, nice
Greenbelt, kit. upgrades, new carpet, bay window, street parking
Full expan., 1 3/4 baths, washer/dryer, skylights, greenbelt
Btfl. corner, washer/dryer, cent. air, lam. floors, partial expan.
Full expan., 1&1/2 bath, remodel. kit., washer/dryer, cent. air
Double greenbelt, fully remodeled, corner great window

Mutual 3 1K \$165,000
Mutual 1 66K \$189,900

Mutual 2 26J \$219,000
Mutual 5 100A \$249,000
Mutual 1 16L \$249,500
Mutual 7 166C \$265,000
Mutual 4 80G \$269,000
Mutual 14 17H \$275,000
Mutual 7 164J \$349,800
Mutual 7 147E \$350,000
Mutual 8 199G \$375,000
Mutual 2 5A \$439,000
Mutual 12 34L \$499,000



Diana Flores



Carol Shehab



Claudette "CC" Cooley



Leah Perrotti



Jay Cho



Ben Choi



Estee Edwards



Rosie Wang Davis



Irv Hart



Jong Kim



Paul Kim



Linda Patton





WISHING YOU THE BEST...

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John Webster
Realtor®
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For Sale
Mutual 1 – 32H
 \$187,500 1 Bed/ 1 Bath 600 SqFt
Mutual 11 – 266J
 \$349,900 2 Bed/ 2 Bath 1,100 SqFt
Mutual 4 – 39F
 \$275,000 2 Bed/ 1 Bath 1,200 SqFt



Pending
Mutual 9 – 216F (representing buyer)
 2 Bed/ 1 Bath 1,150 SqFt

Sheila Pope and The "S" Team would like to wish everyone a lovely Thanksgiving! Happy Holidays!



Sheila Pope
Leisure World Resident and Realtor
CalBRE# 00774057
Sheila@theteam1.com
Cell: 562-577-5097
www.ClassicLongBeachHomes.com





Robin & Barbara

Your Leisure World Sales Team

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(Located in the shopping center, behind Carl's Jr.)

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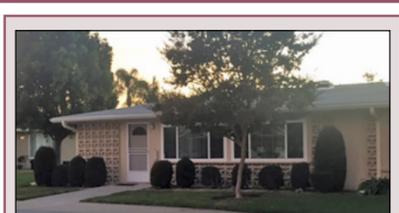




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We are so grateful to have customers like you.
Happy Thanksgiving!



Mutual 14-54-B \$309,000
NEW LISTING ... Location - Location ... right on the Sunningdale Circle!! Two Bed, One Bath fully expanded CORNER with lots of room to room in a rare 4-plex building with its open concept living, skylights, and A/C. This must-see unit is just waiting for you to make it your own!



Mutual 12-34-L \$499,000
OPEN CONCEPT WITH VIEWS FROM ALL DIRECTIONS!!! Fully remodeled corner with all of the bells and whistles ... 2 bedrooms, sitting area in master that is perfect for a den, office, library, hobby room, or even a family room. Bedrooms have their own bathrooms. Dual-pane windows, including a window over the kitchen sink. Four heat-pumps. Skylights, gorgeous flooring, washer/dryer.



Mutual 14-17-H \$275,000
FABULOUS BASIC CORNER!!! This inviting corner has it all — side greenbelt with shade tree, a large "L-Shaped" patio with storage, newer carpet and laminate kitchen and bath floors, upgraded countertops, dishwasher. Carport is close plus drive-up parking. This home has a very DESIRABLE LOCATION!!!



Mutual 5, 100-A \$249,000
SOUTH-EAST FACING Corner 2-bedroom, 1-bath, high-side expansion. Newer windows and slider in bedroom. Newer counters, cut down shower, dishwasher, white cabinets, ceiling fans, pretty courtyard setting. Patio with a storage cabinet. Subject to cancellation of existing escrow

Check out our website www.sealbeachleisureworld.com for information about Leisure World Seal Beach

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Associate Broker Kathy Gupton
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Mutual 2, 5A \$439,000

This beautiful fully expanded and upgraded 2-bedroom, 1-1/2-bath corner home has spacious corner living room with a bay window that overlooks a lovely greenbelt. Custom kitchen features granite counters, upgraded built-in appliances including dishwasher and microwave, extra large skylight and breakfast bar. Master bedroom has walk-in closet. Bathroom has newer walk-in shower, custom cabinets with granite counters, stacked washer/dryer, large skylight and an added linen closet. Second bedroom has added 1/2 bathroom. This lovely home has central heat and air, carpeting in living room and bedrooms, tile flooring in kitchen, bath & dining area, and double pane windows. This home is light and bright and ready to move in and shows beautifully.



By appointment Only— Call Kathy or Gloria to see!

Mutual 7, 147E \$350,000

2 Bedroom 1 3/4 bath Leisure World Villa features expanded Living Room and high side area which may be used as a formal dining room, den or office. Second Bedroom area has 3/4 bath. Master bedroom overlooks small porch area. Kitchen has built-in appliances. There are skylights in kitchen and bathroom. Also included is a heat pump with air conditioning and washer dryer. This lovely home overlooks pretty greenbelt.



Mutual 8, 199-G \$375,000

Beautifully remodeled corner. Located in a beautiful quiet private area off of Greenbelt. Master bedroom with walk-in closet, 2 bathrooms, washer/dryer, dishwasher, built-in microwave. Large den with second bathroom. Front patio with carport pad added on the side. A must see. Great Price.



Thanksgiving Wishes

We are counting our blessings, and you are among them.
We appreciate your confidence and loyalty, and are so grateful to have customers like you.
Best wishes for a happy and healthy Thanksgiving Day.

Kathy and Gloria



Mutual 4, 80G \$265,000

2 Bedroom, 1 Bath Corner - Very convenient drive up location. Bonus room. Updated bathroom with skylight. Private brick patio. Tile floor in kitchen, bath and entry, new laminate floor the rest of house. White kitchen cabinets. Granite counters in kitchen and bath. This unit has all new windows and doors. Leaded glass entry door. Private patio. Unit is occupied. This unit has all new windows, doors and new laminate flooring.



Mutual 1 33F \$435,000

Beautifully fully expanded two-bedroom on a corner in beautiful greenbelt location. Four bay windows. Large master bedroom with large walk-in closet. Second bedroom has its own bathroom and walk in closet. Laminate floors throughout. Four skylights. This beautiful unit has washer dryer, dishwasher, and built-in microwave. A must see.



Mutual 17, 88A \$339,000

Great condo on the first floor facing beautiful trees and greenbelt picnic area. This 2-bedroom has 1-3/4 bath. Hardwood or tile floors are okay on first floor. Built in appliances, in a very peaceful setting with a wonderful breeze. Close to front gate for convenience. Close to Clubhouse 1. You need to see this wonderful home.



Mutual 2, 26J \$219,000

Charming 2-bedroom, 1-bath cottage in move-in condition. Kitchen has almond built-in appliances and newer countertops. Skylight in bathroom. Heat pump, laminate floors throughout. Newer paint. Private patio with built-in storage. Light, bright and cheerful with open view. Must see!



Mutual 11, 267H \$169,900

1-bedroom with added den or office. Beautiful hardwood floors throughout. Pretty surroundings.

PENDING

- Mutual 6, 59H \$234,000**
- Mutual 9, 231C \$155,000**
- Mutual 7, 166L \$525,000**
- Mutual 7, 146K \$189,000**
- Mutual 1, 1J \$135,000**
- Mutual 2, 35A \$329,000**
- Mutual 11, 269B \$169,000**
- Mutual 3, 25C \$279,000**
- Mutual 12, 46J \$229,000**

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562 598-1388

Lic. #01237297



Suzanne Fekjar
Realtor



Verna Chumley
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Marsha Gerber
Realtor



Carolyn McInerney
Realtor



Dawn Januszka
Realtor



Adrian Villarreal
Realtor



Conrad Rodriguez
Realtor



Sylvester Chumley
Realtor



MUTUAL 1 - 68F
\$499,000

Fully expanded two- bedroom corner unit on lovely green 2 full baths; W/D; A very nice unit!



MUTUAL 12 - 72G
\$499,000

Corner Unit; Full modern expansion; Wide-open floor plan; Great mutual 12 location!



MUTUAL 12 - 7L
\$489,900

STREET SMART! 2 Bedroom, 2 Full Baths, Central Air/Heat, W/D, Central Location Downtown



MUTUAL 15 - 23C
\$325,000

REDUCED: 2 Bedroom/2 Bath; Spacious 1300 square feet; Pretty spot.



MUTUAL 15 - 37E
\$330,000

WHO DESERVES IT MORE? 2 Bed/2 Bath Apt. Style Downstairs; Dual heat pumps, Upgrades!



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Our Clients
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Our Freedom
Our Family
Our Friends
Our Health &
Our Happiness
and YOU!

Charles Briskey Real Estate
and Staff

Every Sale We Make Returns Income To The Golden Rain Foundation, And Benefits Every Resident In The Community



MUTUAL 7 - 145F
\$519,000
Stunning Remodeled Corner
Two bathrooms
Washer/Dryer



MUTUAL 15 - 36B
\$325,000

MIDCENTURY MASTERPIECE; 2 Bedroom, 2 Full Baths, Private Patio



MUTUAL 2 - 63K
\$295,000

Fully expanded two-bedroom unit; Park in front: Very clean unit; Corner! Large Greenbelt!



MUTUAL 9 - 226L
\$279,000

GET HERE FIRST: Fully expanded corner, private setting, large greenbelt; Newer windows, Heat/Air.



MUTUAL 2- 52L
\$259,000

Two Bedroom corner with enclosed patio, small greenbelt



MUTUAL 7 - 170L
\$249,000

Corner two bedroom, laminate flooring
Four skylights, drive up





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SealBeach-RetirementCommunity.info

FOR 2017 - We have a total of 64 Leisure World pending and closed sales. We Have Buyers For Yours Too! - Call Us Today For A Free Market Evaluation!

13141 St. Andrews Dr. 160L - Mutual 7 \$427,000



2bd 1 1/2 ba fully expd. Drive up pkg, dbl pn wds, dark wd lam flrs, leaded gls inlay on frt dor, lrg din area with china cabinet, skylight in kit & bath, washer and dryer, full tub with shower.

1190 Northwood Rd. 165L - Mutual 7 - \$499,000



2bd, 1 1/2 ba. Newly Remodeled. View of Central Park. Drive up pkg. New Dbl pn wds, cent AC, kit cab & appliances, wd lam flrs quartz ctr tops. Wshr & dryr, wlk in clst, skylights, bay wd

1780 St. John Road 48G - Mutual 15 - \$379,000



Rarely on the Market. 2bd, 2 ba Atrium unit. New paint, ww cpt, cntrl AC, 2 skylights + lrg opening atrium skylight, lrg fenced patio with washer, dryer and patio cover. Close to carport

13550 Del Monte Dr, #123C - M 17 - \$355,888



2 bd, 1 3/4 ba, top flr condo with mtn vw, new paint & carpet, central heat & air, smooth ceilings, crown mldg, dbl pn wds. Kit has built-ins & breakfast bar. Lrg MBR with attached bath.

13840 Canoe Brook Dr #6L - M 3 - \$249,900



2 bd, 1 ba, east facing corner with greenbelt view. Drive up parking and near to carport. New paint, side patio enclosed with large skylight. Ceramic tile flooring in kitchen and bath

1631 Tam O'Shanter Rd. 6H - M 12 - \$210,000



1 bd, 1 1/4 ba, fully expd, sw facing, fully remod kit w/ granite ct tops, cent heat/air, crown molding, dbl pn bay wds, dw & microwave. 3 skylights, combo washer/dryer, front office.

13720 St. Andrews Dr. 44H - Mutual 1 - \$145,000



Sold In 7 Days!!!
 1 bed, 1 ba, north facing on a greenbelt. Morning sun on the open patio. Wall to wall carpets, vinyl floors, mirror closet doors, highboy toilet. Buyer gets choice of new standard counter tops.

13231 Sea View Ln. 251F - Mutual 10 - \$240,000



In Escrow!!!
 2 bd, 1 ba, corner, with drive up parking & full patio. Near carports and laundry rm. Entry door has leaded gls. Liv rm & kit has wood lam flr. Skylight, mirrored closet doors.

1571 Golden Rain, #118K - Mutual 5 - \$224,900



Sold In 1 Day!!!
 2 bd, 1 ba, new laminate flooring, and freshly painted throughout, skylights in kitchen and bath, heat pump/AC. Large patio with two skylights. Close to laundry and parking.

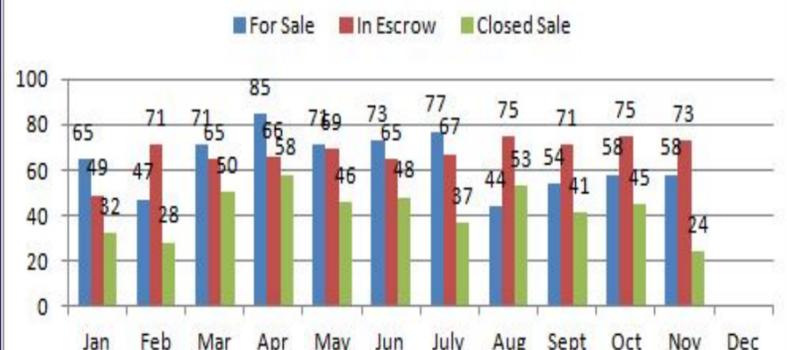
We Have Access To The Total Inventory

On November 20, 2017 a total of 58 units show as active listing on the CRMLS (this is where Realtors list property for sale).

- 02 - 1 bedroom, 1 bath from \$149,999 to \$187,500
- 29 - 2 bedroom, 1 bath from \$195,000 to \$429,000
- 27 - 2 bedroom, 2 bath from \$325,000 to \$539,000

Please give us a call for detailed information on any of these properties

11/20/2017 - Year To Date MLS Activity





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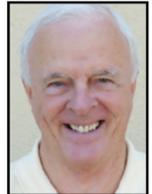
Dawn Januszka
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Adrian Villarreal
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Sylvester Chumley
Realtor



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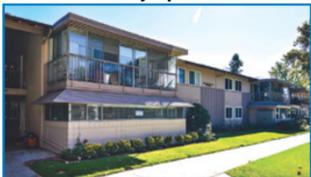
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