



February 14, 2019

# LW Weekly

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## And the Survey Said

Complete needs assessment survey for the OC Office on Aging.

Page 15



## Security Town Hall

Crime trends is topic at Security Town Hall meeting at 1:30 p.m., Feb. 28.

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### PRESIDENTS DAY

## GRF offices to close for Monday holiday

In observance of Presidents Day, all Golden Rain Foundation offices except Security will be closed Monday, Feb. 18. The Maintenance Dept. will be on call for emergencies at 594-4754. The Minibus will operate on the holiday D schedule. There will be no Shopping Shuttle or Trader Joe's service.

### GIRL SCOUTS

## Cookies are coming

Seal Beach Girl Scouts will host cookie booths at Clubhouse 3 and 6 on select weekends and Wednesdays in February and March. Currently planned days are Feb. 16-17; Feb. 20, Feb. 23-24, Feb. 27, and March 2-3.



On weekends, booths will be open from 10 a.m.-4 p.m.; and on Wednesdays, from 3-5 p.m.

The cost is \$5 per box.

This is more than just fund raising for the young women. Cookie sales teach business skills as troops budget their events for the entire year based on their cookie goals.

Booth days and times are tentative, subject to troop registration for time slots.

### HOMETOWN BUFFET

## It's all-you-can-eat for \$11 starting Feb. 25

The Recreation Department announces the debut of Hometown Buffet of Garden Grove to the line-up of Monday night restaurants in Clubhouse 1.

General Manager Martin Balamu plans to offer new menus on each visit, which will include soup, salad, three entrees and dessert, served buffet-style. Bring an appetite, because it's all you can eat for \$11, but no seconds. Cash and checks will be accepted; and reservations are not required. The company expects to be able to accept credit cards in the near future.

The debut will be on Monday, Feb. 25, with service starting at 4:30 p.m. The restaurant is scheduled every fourth Monday.

The GRF is currently working to add a fourth restaurant. For more information, contact [events@lwsb.com](mailto:events@lwsb.com).

Naples Rib Company and Finbars Italian Kitchen alternate dining service on the first and third weeks in Clubhouse 1. Finbars serves diners on a first-come, first-served basis and does not require reservations. Diners are encouraged to stagger meals between 4:30-6 p.m. to avoid long lines.

Naples is serving Feb. 18. For the menu, see page 9.



Frank and Joan Shramek met when she was in high school.



On this day dedicated to hearts and flowers, the LW Weekly asked residents to share stories and meditations on that grandest of human desires—**TO LOVE AND BE LOVED**. Happy Valentine's Day to each and every LWER. May the day be sweet and filled with moments and memories of love.

### Joan and Frank Shramek Mutual 12

In 1953, Joan Shramek was a senior at Banning High School in Wilmington. Those from "the olden days" will remember that upperclassmen used to have senior sweaters in colors chosen by the members of the class. That year, Banning High's colors were emerald green and gray. And spirit day was always celebrated with matching angora socks.

One of the favorite places to go was the Pike amusement zone in Long Beach. In those days, the shoreline south of Ocean Boulevard was lined with arcades, food stands, gift shops, rides and a grand bath house. The Cyclone Racer, a large wooden dual-track roller coaster, built out on pilings over the water, was the biggest draw for high schoolers.

Off she went with two girlfriends decked out in saddle shoes and pony tails with green ribbons to match the senior sweaters, ready for the Cyclone Racer, salt

water taffy and the rest.

"Little did I know the USS Rochester was in port, and I was to meet the 'Love of my Life' Frank Shramek, USN. I was 16 and Frank was 19."

It was love at first sight—and one that has endured a lifetime.

Joan's father said she had to graduate high school before she got married. Frank attended her graduation, and they were married the next day—on June 19, 1954—in Yuma, Arizona. Both needed notarized letters from their parents because they were minors.

"And here we are now, 65 years later, still sweethearts. God has blessed us with two children, Shelley Hastings of Mutual 5 and Butch Shramek (both of whom graduated from Banning too)," said Joan.

"We are grandparents of four and great grandparents of four. We have been in Leisure World for 30 years, and never a day passes when we don't say 'I love you.'"

**LOVE, page 14**



## Valentine's party features margaritas, music

The third annual GRF Valentine's Day Dance will start at 5 p.m. today, Feb. 14, in Clubhouse 2 and feature music, dancing and romance. The free, not-for-couples-only event was completely booked as of Monday. GRF IDs will be required at the door. Seating is first-come, first-served. On-call bus service is available (see box).

### Margarita and Pina Coladas Galore

Bring beverages and snacks. Koffel's will provide its famous virgin margaritas and piña colada bar for purchase.

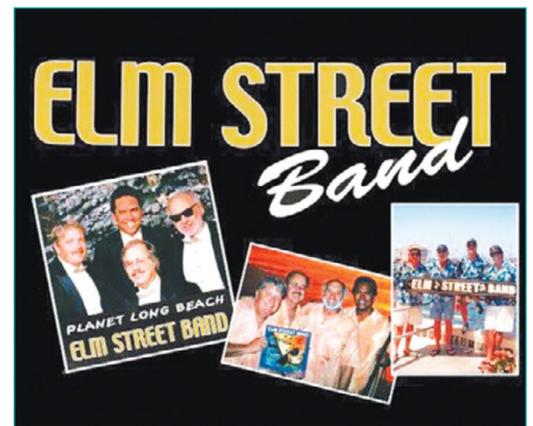
### Rock and Roll with Elm Street Band

Dance to classic rock and roll by the Elm Street Band, called the "world's greatest garage/surf band." The Press-Telegram called the band "the soundtrack for the City of Long Beach, playing at events all over town." The Elm Street Band has been performing for audiences all over Southern California since 1988.

### Keepsake Valentine Photos

People can get photo keepsakes for \$10. Photographer and digital artist John Harper will shoot 5x7 photos that people can take home. Couples can also order large, digital portraits for \$99.

For more information, contact 431-6586, ext. 398 or 326, or [email events@lwsb.com](mailto:events@lwsb.com).



**VALENTINE'S BUS SERVICE**

Minibus service is available to and from the dance. Call 431-6586, ext. 379, when you are ready for a ride and ask for the on-call bus.



Glenna Hoff ready to help customers at the rummage sale.

**Y SERVICE**

**Rummage sale is March 2 in CH 2**

The Y Service Club will conduct a rummage sale on Saturday, March 2, from 8 a.m.-noon in Clubhouse 2.

A large selection of lamps, artwork, tools, small electronics, jewelry, glassware, kitchenware, linens, shoes, holiday decorations and small furniture pieces will be available, all donated by Leisure World residents.

Proceeds from the sale help support the club's YMCA "Kids to Camp" program and other worthy projects.

A club volunteer will cheerfully pick up donations. To contact the club for rummage sale donations or to request free assistance with household tasks you can no longer do yourself, look in the "Leisure World Helping Leisure World" section of the LW Weekly for numbers to call.

—Maureen Habel

**MATTER OF BALANCE**

**Coaches needed to help with class**

Many older adults experience a fear of falling. People who develop this fear often limit their activities, which can result in physical weakness, making the risk of falling even greater.

A Matter of Balance is a program designed to reduce the fear of falling and increase activity levels among older adults.

It includes eight two-hour sessions for a small group of 8-12 participants led by a trained facilitator.

This nationally recognized program was developed at the Roybal Center at Boston University.

A Matter of Balance will come to the Health Care Center in March and new coaches are needed to help facilitate it.

A Matter of Balance Coach Training will be held Tuesday, March 26, and Wednesday, March 27, from 9 a.m.-3 p.m. at the OC Health Care Agency, 1300 S. Grand Ave., Santa Ana, in the Aloha Conference Room, Building C.

People need to register by March 14.

For more information or to register, call Frank Hernandez, (714) 480-6451 or Rosemary Day, (714) 480-6486.

Hernandez leads the class, and coaches help participants become more confident about managing falls, help to identify ways to reduce falls and lead exercises to help increase strength and balance.

The training sessions include a light breakfast and lunch.



A dedicated group of people meet weekly to make the hundreds of red paper poppies that are distributed each spring as a fund raiser to benefit disabled vets and to remember their sacrifice.

**AMERICAN LEGION AUXILIARY**

**New member initiation will be held Monday in CH 4**

The American Legion Auxiliary will hold an initiation of new members at its general meeting on Monday, Feb. 18, at 1:30 p.m. in Clubhouse 4.

People who have not been initiated and are planning to come should call President Jean Sudbeck at 594-0209.

Members and friends are making red paper poppies every Wednesday in Clubhouse 1 from 10 a.m.-noon. In the spring,

American Legion and Auxiliary members will distribute millions of them across the country in exchange for donations.

Those donations add up to millions of dollars funneled to help disabled and hospitalized veterans.

People who are crafty are invited to join the group.

Ticket sales for the annual fashion show luncheon are going well.

The luncheon is on Saturday, March 16, in Clubhouse 2. The doors will open at 11:30 a.m. Lunch will be lasagna.

People who want vegetable lasagna should specify that preference when buying tickets.

Tickets are \$25 and may be purchased by calling Cathy Boufford at 598-9361.

The event is always a sellout so be sure to reserve seats early.

—Sandy Esslinger

**Security Town Hall**

Sgt. Chris Hendrix of the Seal Beach Police Department will be the special guest at a Security Town Hall meeting at 1:30 p.m. on Thursday, Feb. 28, in Clubhouse 4.

He will cover crime trends and how to minimize the risk of becoming a victim of crime.

Security Services Director Victor Rocha will review the enhanced access control system being proposed for the LW community.

Everyone is invited.

**Text to 9-1-1**

All Orange County first responder dispatch centers began accepting texts to 9-1-1 on Feb. 6.

Text-to-911 is the ability to send a text message to reach emergency call takers from mobile phones. The service will assist people who are hearing impaired, speech disabled or someone who is in an emergency situation and calling to voice 9-1-1 is not possible.



Lee Esslinger, Post 327 Cmdr. Rich Carson, Mike Levitt and Jim Kaspar hold tickets for Saturday's pancake breakfast.

**AMERICAN LEGION**

**Come eat pancakes Saturday at 8**



The American Legion Post 327 will be flipping flapjacks and cooking sausage for the semi-annual pancake breakfast this Saturday at 8 a.m. in Clubhouse 2.

Biscuits and gravy will also be on the menu as well as orange juice and bottomless coffee. Workers are asked to arrive at 7 a.m. to set up.

The Sea Cadets from the Naval Weapons Station will help out as part of their community service commitment.

The Auxiliary ladies will sell jewelry,

**PANCAKES, page 3**

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**BRIDGE**  
WOMAN'S CLUB

Card party, lunch is Friday in CH 2

The Woman's Club card party and luncheon will be held on Friday, Feb. 15, in Clubhouse 2. Everyone should be seated by 11:45 a.m., and lunch will be served at 12 noon.

Luncheon and cards are by reservation only.

However, regularly attending card players who are current club members don't need to make reservations.

Individual tickets prices have increased to \$12 as of Jan. 1. Tickets for a table of four are now \$48 and are purchased by one person. Opportunity raffle tickets are three for \$1.

The deadline to make reservations was Feb. 12.

Reservations not cancelled must be paid for and the member will be billed.

Call Joyce Bissell at 596-0148 if a substitute player is needed.

—Nancy Barber

**AARP SMART DRIVER**

Re-certification class is Feb. 18

The next re-certification session for AARP's Smart Driver Class will be held Feb. 18 in Clubhouse 3, Room 6, from 1-5 p.m.

The fee is \$15 for AARP members; \$20, non-members. Only checks can be accepted. People will also need to bring their driver's license.

The two-day certification session will be March 18 and 19 in Clubhouse 3, Room 6, from 1-5 p.m. both days.

The classes gives participants discounts on most insurance policies.

For more information, call Ruth Bradley at (714) 401-2237.

—Ruth Bradley

**Valentine Fact**



About 73 percent of people who buy flowers on Valentine's Day are men; only 27 percent are women.

Over \$1 billion worth of chocolate is purchased on this romantic day in the U.S.

**PANCAKES**

from page 2

scarves and fashion show tickets.

The food has all been donated by the Fantastic Cafe in Westminster. Manager Juan Bello has supported the Post for the past four years.

Because of his generosity, all money raised from the breakfast goes to help local veterans.

Tickets are \$5 each and may be purchased at the door. The breakfast goes to 10:30 a.m. Bring family and friends for a delicious breakfast and the opportunity to support veterans.

—Sandy Esslinger

# HAVE YOU EVER MADE A NEW YEAR'S RESOLUTION?

Did you keep it? As a new year begins, people decide to change something about the way they live their lives.

## New Year's Resolutions:

1. Eat Better
2. Reconnect with Family and Friends
3. HEAR Better...



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# NEXT WEEK ONLY!!

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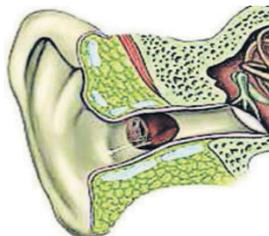


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# Perspectives

**MEMBER COLUMN**

## Resident grateful to GRF employees

by **Lisa A. Dickson**  
LW contributor

Professionalism is manifested among Leisure World employees. When I call for information, they are polite and courteous. Both the GRF president and executive director's secretaries are very helpful when I needed help as well as the Stock Transfer staff.

Managers in various departments are very cooperative and thankful whenever I notify them of important issues.

I always get a thankful correspondence like when I email or write to the president, senators and governor.

Professional ethics are very important when dealing with shareholders who are mostly professional retirees.

When I was a mutual director, I had the chance and enjoy professional colleagues exchanging enthusiastic ideas to solve intricate issues and broaden my horizon.

## Remember When

*Editor's note: Remember When is presented by the Leisure World Historical Society. Help make history live, tell your story, donate memorabilia, join the Historical Society. For more information, call Linda Johnson, vice president, at 594-9274, or visit the LW Museum in Clubhouse 1 from 2-4 p.m., Thursdays.*

**Feb. 8, 1979** - A luncheon for the Leisure World Panhellenic Chapter marked its 15th anniversary. Guest of honor was Laura Carr who founded the club.

**Feb. 11, 1989** - The Kiwanis Club held a dinner to celebrate its 25th anniversary. John Kennedy, club president, introduced several past presidents and early members.

**Feb. 11, 1999** - A tall sign at the north end of Del Monte Drive was removed. Erected in 1962, the sign was visible from the 405 Freeway. Over the years the sign deteriorated from the weather and salt air.

*JUST A COMMENT: For more information on the Leisure World Historical Society, go to [www.lwhistory.org](http://www.lwhistory.org).*

## Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Publications Manager.

**Letters to the Editor:** Maximum words: 250. Letters should be typed and delivered to the Golden Rain News by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

**Member Column:** At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

**Contributor:** Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

**Political:** Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

**WATCH YOUR STEP**

## Scams in the name of the police still plague residents

by **Jim Breen**  
[jimb\\_news@lwsb.com](mailto:jimb_news@lwsb.com)

"Funny you should write about the Police Foundation scam," said Pamela Wilson after reading Watch Your Step last week.

The Mutual 12 resident was called the same day the report was published with the identical scam attempt made on Michael LeClair of Mutual 2.

"Before he finished talking I told him I can't right talk right now and hung up," said Ms. Wilson. "I know that police and fire departments never call for donations," she said.

Mr. LeClair refused to surrender his credit card number to the Police Foundation for a \$35 pledge he made, but did receive a letter on inexpensive see-through paper from the Police Officer Defense Alliance requesting the money.

A sure sign of a scam was that the dimwit used the names of two different organizations in an attempt to filch donations from the resident.

...

Since 2007, the government's Do-Not-Call list has been offering protection to consumers' home voice and/or personal wireless phone numbers by prohibiting scammers and telemarketers from making solicitations.

For residents who have not done so, register at no cost by calling (888) 382-1222 and follow the prompts. Calls must be placed from the phone or phones people want registered.

To register on the Internet, go to [www.donotcall.gov](http://www.donotcall.gov).

Registering does not guarantee an end to such calls, but it does reduce the volume.

To report a scam, file a complaint with the Federal Trade Commission (FTC) online or by calling (877) 382-4357.

...

Stacey Gateas was robo-called by the representative of a computer supplies company going out of business, who requested her checking account number so she could get her a "refund" for her last payment.

The Mutual 3 resident, who has never dealt with company, was given a return number. Out of curiosity, she called, but there was no answer.

*Have you been the victim of a scam attempt? Send details to Jim Breen at the email address above or call 431-6586, ext. 387, Wednesday- Friday between 8:30 a.m.-4:30 p.m.*

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**VOL. 43 NO. 7**

# Government

## Mutual Election Cycle Begins; Directors are needed

The community unity we display in Leisure World Seal Beach is a direct result of all the unpaid volunteer Mutual and GRF board members duly elected to serve their mutuals and the shareholders over many years. What better way to create and sustain a community such as Leisure World then by volunteering time toward the governance of the incredible lifestyle shareholders enjoy.

This community was founded on the premise that the Mutual Boards and the elected board directors would set into operation the day-to-day business of each mutual corporation. Directors address the issues of most importance to their electorate, that is, the shareholders. Board directors find solutions to existing problems, large and small. This is not an easy job. It takes time, effort and a willingness to unselfishly

donate a portion of a person's everyday life to the community in which they live.

Leisure World Seal Beach is full of highly qualified shareholders who have so much expertise to offer, such as knowledge of construction, plumbing and accounting. New ideas and perspectives are always needed and that means volunteers are needed. Consider becoming a candidate for a director's position on your mutual's board of directors.

The schedule below indicates each mutual's annual meeting date and election. Note the deadlines to apply for candidacy. If you are interested or have any questions relating to becoming a candidate for election to your Mutual's Board of Directors, contact the Stock Transfer Office at 431-6586, ext. 346.

—Carol Weller, former Mutual Administration Director, updated by Stock Transfer Manager Nancy Ray)

Mutual	Parcel	Bldgs.	Mutual	Parcel	Bldgs.
Nine	39	206-210	Twelve	1	64-69
	40	211-214		2	70-73
	41	215-218		3	74-78
	42	219-223		4	6-11
	43	224-226		8	55-63
	44	227-232		9	40-47
45	233-237	10		34-39	

Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins (90 days before election)**	Candidate Application Deadline (60 days before election)**	Ballots Mailed (30 days before election)**	Meeting Day	Meeting Date	Meeting Time	Notes	
MAY	10	276	92	6	Thurs. 2/14	Sat. 3/16	Mon. 4/15	3 <sup>rd</sup> Wed.	5/15	10 a.m.	Election in odd-numbered years
	14	328	110	7	Fri. 2/15	Sun. 3/17	Tues. 4/16	3 <sup>rd</sup> Thurs.	5/16	10 a.m.	No cumulative voting
	7	384	128	6	Sat. 2/16	Mon. 3/18	Wed. 4/17	3 <sup>rd</sup> Fri.	5/17	10 a.m.	Parcels eliminated
	4	396	132	4	Thurs. 2/21	Sat. 3/23	Mon. 4/22	4 <sup>th</sup> Wed.	5/22	10 a.m.	Staggered terms
	16	60	20	5	Thurs. 2/21	Sat. 3/23	Mon. 4/22	4 <sup>th</sup> Wed.	5/22	2 p.m.	2019 meeting will be held in Administration Conference Room
	11	312	104	6	Fri. 2/22	Sun. 3/24	Tues. 4/23	4 <sup>th</sup> Thurs.	5/23	10 a.m.	Election in even-numbered years; annual meeting only
	9	384	128	7	Sat. 2/23	Mon. 3/25	Wed. 4/24	4 <sup>th</sup> Fri.	5/24	10 a.m.	Parcels in effect
	8	348	116	5	Wed. 2/27	Fri. 3/29	Sun. 4/28	4 <sup>th</sup> Tues.	5/28	10 a.m.	Meeting moved from 4 <sup>th</sup> Mon. to 4 <sup>th</sup> Tues. due to Memorial Day
	1	844	282	4	Tues. 3/12	Thurs. 4/11	Sat. 5/11	2 <sup>nd</sup> Mon.	6/10	10 a.m.	Staggered Terms
JUNE	5	492	164	3	Wed. 3/13	Fri. 4/12	Sun. 5/12	2 <sup>nd</sup> Tues.	6/11	10 a.m.	Staggered Terms. No cumulative voting. Parcels eliminated.
	3	432	144	3	Thurs. 3/14	Sat. 4/13	Mon. 5/13	2 <sup>nd</sup> Wed.	6/12	10 a.m.	Staggered Terms
	12	452	151	7	Fri. 3/15	Sun. 4/14	Tues. 5/14	2 <sup>nd</sup> Thurs.	6/13	10 a.m.	Parcels in effect
	2	864	288	4	Sat. 3/16	Mon. 4/15	Wed. 5/15	2 <sup>nd</sup> Fri.	6/14	10 a.m.	Staggered Terms
	15	502	168	7	Sat. 3/23	Mon. 4/22	Wed. 5/22	3 <sup>rd</sup> Fri.	6/21	10 a.m.	No cumulative voting
	17	126	65	2	Wed. 3/27	Fri. 4/26	Sun. 5/26	4 <sup>th</sup> Tues.	6/25	10 a.m.	Staggered Terms. No cumulative voting
	6	408	136	7	Sat. 3/30	Mon. 4/29	Sun. 5/29	4 <sup>th</sup> Fri.	6/28	10 a.m.	

NOTE:  
 \* - If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.  
 \*\* - On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.  
 \*\*\* - If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

### SBLW DEMOCRATIC CLUB

## Members will discuss shaping future elections on Feb. 20

During the Seal Beach Leisure World Democratic Club's monthly membership meeting on Wednesday, Feb. 20, at noon in Clubhouse 4, the club will begin addressing the "why, where and how" of how the club, as well as its individual members, can help shape the future of the city, county, state and/or country. Club president Mary Tromp will be joined by two newly elected members of the State Democratic Party Central Committee in a panel discussion exploring some of these issues, with an emphasis on the state level.



Mary Tromp

when the presidential debates begin in June.

In addition, Democrats who want to address these as well as a variety of other issues more deeply are invited to attend the club's fourth Tuesday of the month Voter Awareness Series. Attendance is limited in order to facilitate discussion and reservations are required by emailing [lwsbdemocraticclub@gmail.com](mailto:lwsbdemocraticclub@gmail.com) or phoning the immediate past president Mary Larson at 296-8521.

Members are encouraged to pack a sack lunch and arrive as early as 11:30 a.m. for informal round table discussions with members of the club's board of directors.

Future membership meetings will look at the role individual LW residents will have in the 2020 Seal Beach City Council District 2 election covering Leisure World, College Park West and Rossmoor Center; who will be running for the State Assembly 72nd District seat currently held by Republican Tyler Diep of Westminster; and what to expect at the federal level

## Deadline is today to vacate CH 1 lockers

In anticipation of improving resources in GRF amenities, all lockers currently held by clubs, organizations and Mutuals must be emptied of all contents in the near future.

Deep cleaning will begin in Clubhouse 1 and every locker must be vacated by today, Feb. 14.

Clubs are asked to contact Consuelo Reyes in the Recreation Department at 431-6586, ext. 279, to confirm the locker has been emptied and whether the group wants to continue having a locker. Reconfiguration and upgrading storage is currently under discussion, so clubs should plan on not having clubhouse storage available for an undetermined and extended period of time.

Notices will be provided in the LW Weekly and by email when the other clubhouses will be affected. There is no rush, however preparing early greatly alleviates last-minute stress of relocating supplies.

GRF thanks all affected for their cooperation in helping to us to improve the community.

Direct any questions to [kathytl@lwsb.com](mailto:kathytl@lwsb.com).

## GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. Due to repairs to the elevator in the Administration Building, meetings will be held in Conference Room B, located downstairs in Building 5. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

- Thursday, Feb. 14 **Communications Committee**  
Conference Room B ..... 1 p.m.
- Friday, Feb. 15 **Finance Committee**  
Conference Room B ..... 10 a.m.
- Friday, Feb. 15 **Roundtable with Mutuals/GRF**  
Conference Room B ..... 1 p.m.
- Tuesday, Feb. 19 **Strategic Planning Ad Hoc Committee**  
Conference Room B ..... 10 a.m.
- Thursday, Feb. 21 **Information Technology Committee**  
Conference Room B ..... 1 p.m.
- Friday, Feb. 22 **Facilities and Amenities Review Ad Hoc**  
Conference Room B ..... 1 p.m.
- Monday, Feb. 25 **Management Services Review Ad Hoc**  
Conference Room B ..... 1 p.m.
- Tuesday, Feb. 26 **GRF Board of Directors**  
Clubhouse 4 ..... 10 a.m.
- Wednesday, Feb. 27 **Architectural Design Review Committee**  
Conference Room B ..... 1 p.m.
- Thursday, Feb. 28 **Service Maintenance Committee**  
Conference Room B ..... canceled

## Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

- Thursday, Feb. 14 **Mutual 12**  
Conference Room B ..... 9 a.m.
- Friday, Feb. 15 **Roundtable with Mutuals/GRF**  
Conference Room B ..... 1 p.m.
- Tuesday, Feb. 19 **Mutual 14**  
Conference Room B ..... 1 p.m.
- Wednesday, Feb. 20 **Mutual 5**  
Conference Room B ..... 9 a.m.
- Wednesday, Feb. 20 **Mutual 7**  
Conference Room B ..... 1 p.m.
- Thursday, Feb. 21 **Mutual 2**  
Conference Room B ..... 9 a.m.
- Thursday, Feb. 21 **Mutual 11**  
Clubhouse 3, Room 9 ..... 1:30 p.m.
- Friday, Feb. 22 **Mutual 6**  
Conference Room B ..... 9:30 a.m.
- Monday, Feb. 25 **Mutual 8**  
Conference Room B ..... 9 a.m.
- Wednesday, Feb. 27 **Mutual 10**  
Conference Room B ..... 9 a.m.
- Thursday, Feb. 28 **Mutual 1**  
Conference Room B ..... 9 a.m.

## Replace expired decals at CH 5

Expiring resident decals are replaced in the satellite Security Office, downstairs in Clubhouse 5. Bring a resident ID card, valid driver's license, current car registration and insurance card when applying.

Decals are issued 8 a.m.-4 p.m., Monday-Saturday, unless the weather is damp.

## HHUG collecting items for homeless

Hearts and Hand United in Giving (HHUG), a local non-profit, donates clean used towels and washcloths, new disposable razors, toothbrushes, travel size shampoos, lotions, bath soaps and toothpaste to the Long Beach Multi-Service Center that provides a variety of services to homeless men, women and families in the community.

HHUG makes two deliveries every month. If you have any of these items to donate, call Susan Hopewell at 430-6044 or Linda Neer at 430-3214 for pick up or leave on porch, Mutual 6, 1320 Mayfield Road, 62-A or Mutual 2, 1503 Merion Way, 48-A.

### MINIBUS

## Access Bus running on holiday

The Leisure World Access Bus will operate on its normal schedule, Monday, Feb. 18, President's Day.

Service is available by reservation from 8 a.m.-4 p.m. Call 431-6586, ext. 379, up to three days in advance, 24 hours a day, to make a reservation.

# Health & Fitness



Ruth Osborn

The OptumCare Health Fair featured screenings and health providers from all over the area, including Tess Perry of Sunrise Senior Living, shown with John Mount of Mutual 15.

## Weekly Health, Exercise Classes

### Impaired Vision & Hearing

The Support Group of the Impaired Vision and Hearing Club will meet from 10-11:30 a.m. tomorrow, Friday, in Clubhouse 3, Room 6. All are invited. Those with failing vision can learn how to deal with the condition. For more information, call Sharon Kohn at 596-1969.

### Feeling Good Exercise

Move to the music from 9:30-10:30 a.m. Mondays in Clubhouse 1 with Sarah Grusmark and Thursdays with Katie Sellards; \$3 a class. People of all fitness levels are welcome. For more information, call Cathleen Walters at 598-9149.

### Beginning Yoga

Classes are offered from 10:30-11:30 a.m. on Wednesdays

in Clubhouse 3, Room 6, and at the same time on Fridays in Clubhouse 3, Room 7. Bring mats. The fee is \$5 a class. For more information, call Patti Endly, 430-7291.

### Yoga

Classes are offered Tuesdays at 10 a.m. in the Clubhouse 4 Lobby, Thursdays at 10 a.m. in Clubhouse 3, Room 1; and Saturdays, 10 a.m. in Clubhouse 3, Room 2. The fee is \$5 per session. For more information, call Connie Adkins, 506-5063.

### Yoga, Meditation, Tai Chi

Classes are offered from 9:30-11 a.m., Saturdays, upstairs in Clubhouse 6. Paul Pridanonda teaches students slow and steady flow of tai chi movements. For more information, call 430-7143.

### Monday Intermediate Yoga

Classes are offered each week from 5:30-6:30 p.m. in Clubhouse 4, Section C; fee: \$5 per session. For more information, call Pat Castaneda, 225-0273.

### Ageless Grace

The eight-week, chair-based exercise program addresses 21 specific aging factors. It meets at 4:30 p.m. on Mondays, upstairs in Clubhouse 6. To participate, drop in anytime for \$5 per session or pay \$30 for all eight sessions.

For more information, call Carol Costello at 596-3927.

### Movement for Health and Self-Healing Medical Qigong

Qigong practice sessions classes are held from 9-10 a.m.

on Thursdays in Clubhouse 3, Room 2. The session is led by Dave Heilig, qigong practitioner. For more information, call Catherine Milliot, 760-4545.

### Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are offered from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor. Attendance both days is not necessary. The fee is \$4 a class when paying by the month or \$5 for those who do not attend on a regular basis. For more information, call Marion Higgins at 296-8328.

### Chair Exercise

Classes are offered from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. Classes are for men and women at all fitness levels. For more information, call 493-7063.

### Stick, Qigong, Tai Chi Club

Stick exercises, qigong and tai chi classes are held from 9:15-11 a.m. on Tuesdays in Clubhouse 3, Room 1. For more information, call Joann Mullens at 596-3936.

### Pilates

Chair classes meet from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6. The cost is \$5 a class. Instruction includes seated and standing exercises. Mat classes meet Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Those who attend should bring a mat. All other equipment will

**HEALTH, page 8**

## Meals on Wheels

Meals on Wheels of Long Beach, Inc., is a 501(c)(3) nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders.

The discounted daily fee is \$8.25 for a complete hot dinner, lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m.

To start a new client application online at [www.mowlb.org](http://www.mowlb.org) or

call Caron Adler at 433-0232.

**Monday, Feb. 18:** Closed for Presidents Day.

**Tuesday, Feb. 19:** Breaded fish with marinara sauce, macaroni and cheese, mashed banana squash, cheese cake, egg salad sandwich with spinach and tomato, carrot and raisin slaw.

**Wednesday, Feb. 20:** Roasted pork with mushroom sauce, au gratin potatoes, zucchini medley, cottage cheese and melon slices, Cobb salad with turkey, ham, egg, cheese, bacon tomato with blue cheese dressing and crackers.

**Thursday, Feb. 21:** Homemade meatloaf with gravy, garlic and chives, mashed potatoes, seasoned green beans, fresh banana, turkey, ham and cheese sandwich with lettuce, tomato and pickle, German potato salad.

**Friday, Feb. 22:** Barbecue chicken leg quarter, mashed sweet potatoes, creamed spinach, chocolate and vanilla swirl pudding, Greek chicken salad, tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

## Purchasing Department Price List

PRICES ARE FOR MATERIALS ONLY! - REVISED 02/01/2019

ALL TAXES INCLUDED (LABOR \$42.00 PER HOUR)

WHITE COOK TOP.....	\$426.22
BLACK COOK TOP.....	\$426.22
WHITE OVEN.....	\$935.70
BLACK OVEN.....	\$935.70
STAINLESS OVEN.....	\$995.04
WHITE REFRIGERATOR.....	\$630.46
BLACK REFRIGERATOR.....	\$630.46
STAINLESS REFRIGERATOR.....	\$722.04
28 GALLON WATER HEATER 10YR.	\$473.76
38 GALLON WATER HEATER 10YR.	\$522.70
GARBAGE DISPOSAL.....	\$155.51
BATHROOM FAN/HEATER....	\$107.43
BATHROOM SINK WHITE-ROUND	\$45.99
BATHROOM SINK- BONE- ROUND	\$62.53
BATHROOM SINK-WHITE- OVAL	\$32.36
MUT-15- GERBER.....	\$79.44
BATHROOM SINK-ALMOND- OVAL	\$50.58
MUT-15.....	
BATHROOM SINK -WHITE CHINA	
BASIN MUT-17.....	

KITCHEN SINK-WHITE .....	\$297.15
KITCHEN SINK- BISCUIT .....	\$397.20
KITCHEN SINK-ALMOND.....	\$347.24
KITCHEN FAUCET- DELTA.....	\$90.78
KITCHEN FAUCET SPRAYER-DELTA	\$98.71
BATHROOM FAUCET- DELTA	\$77.79
BATHROOM WIDESPREAD FAUCET-	
DELTA .....	\$153.11

(TOILETS INCLUDE TANK, BOWL & TOILET SEAT)

TOILET- STANDARD -WHITE	\$184.02
TOILET-STANDARD-BONE	\$195.38
TOILET- HI BOY-WHITE.....	\$212.49
TOILET-HI BOY-BONE.....	\$228.17
ROUND TOILET SEAT: WHITE	\$11.64
ROUND TOILET SEAT: BONE	\$11.64
ELONGATED TOILET SEAT: WHITE	\$14.19
ELONGATED TOILET SEAT: BONE	\$14.19

### PURCHASING DEPARTMENT

PHONE NO. 562-431-6586  
 ROSENDO-STORE KEEPER-EXT. 306  
 PURCHASING COORDINATOR-EXT. 309  
 PURCHASING ASSIST-EXT 308  
 JULIE-PURCHASING MANAGER-EXT. 307  
 STORE HOURS MONDAY- FRIDAY  
 8:00 AM TO 4:30 PM

The above pricing is subject to change without notice.

Please call Purchasing Department for current pricing.

## Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Arrive by 11 a.m. to check in at the front desk. Reservations not needed. Sugar-free desserts offered on request, including water packed fruit to accommodate diabetics. One percent milk served daily. Suggested donation, \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

**Monday, Feb. 18:** Closed for President's Day.

**Tuesday, Feb. 19:** Roast beef with mushroom gravy, baked potato with sour cream, chef's cut vegetables, wheat dinner roll, apple pie, fresh fruit.

**Wednesday, Feb. 20:** Homemade Mexican corn soup chicken torta (shredded chicken, pinto beans, lettuce, tomato) French roll, melon.

**Thursday, Feb. 21:** Pasta noodles with beef meatballs and Swedish sauce, beet and orange salad, fruited gelatin.

**Friday, Feb. 22:** Turkey pot roast with brown gravy, mashed sweet potatoes, broccoli, diet cake.

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# Religion



Seal Beach Cornerstone Church celebrated its ninth anniversary of the church's founding on Feb. 3. More than 110 people

participated and enjoyed friendship with an abundance of food. The church meets at 9:45 a.m. on Sundays in Clubhouse 2.

## REDEEMER LUTHERAN

### 'Our Wake-Up Call' title of talk by Pastor Moore

Pastor Gil Moore returns to an Old Testament text this Sunday for his sermon based on Jeremiah 17:5-10, "Our Wake-Up Call."

Communion assistant will be Carmen Leslie, and the acolyte, Shirlene Bradrick.

The choir will sing "Oh, Love, How Deep."

Altar flowers will be provided by Nelda Sunday in thanks for all the prayers from the Redeemer family.

The Sunday service with Holy Communion begins at 10:30 a.m., followed by a coffee hour. The second part of the annual meeting will include committee reports, all in Fellowship Hall.

Devotions are planned at 10 a.m. today, Thursday, at the Seal Beach Health and Rehabilitation Center.

Led by Pastor Lynda Elmer, the Wednesday Bible class meets at 10:30 a.m. on Feb. 20 in Fellowship Hall. The group is studying the Book of Ezekiel.

The Respite Center meets on Monday, Tuesdays and Thursdays. Call 596-1209 for information about registration and volunteering.

Website for the congregation is at [www.redeemerlutheransealbeach.com](http://www.redeemerlutheransealbeach.com).

## ASSEMBLY OF GOD

### Missions Sunday to be celebrated

Assembly of God Church meets on Missions Sunday at 10:30 a.m. this week in Clubhouse 3, Room 2.

Pastor Pat Pawlak will discuss a report from one of the missionaries the church supports.

He will continue the series, "God's Wardrobe for the New Year" with the message, "Hard Hat Zone" about the Helmet of Salvation.

Denise Smith will lead the worship songs and Associate Pastor Dan Ballinger will open the service.

Diana Mushagian will discuss church activities.

The popular hymn sing begins at 6 p.m. in the Clubhouse 3 Lobby. All are invited to attend.

Pastors Sam and Dan Pawlak will sing "Jesus, Wonderful Lord." Pastor Sam will close with a brief devotion.

Musicians will include Marge McDonald, organ; Dean Brown, banjo and Norma Ballinger, piano.

Fellowship will conclude the evening.

Both services will be preceded by a prayer meeting, at 10 a.m. and 5:15 p.m.

...

On Tuesday, Feb. 19, women are invited to meet for a "Ladies' Time Out" at Marie Callender's Restaurant on Beach Boulevard.

Meet at the church parking lot at 10:30 a.m. to carpool.

Participants will be encouraged to share a favorite Scripture.

...

On Wednesday, Feb. 20, Pastor Sam will continue in the book of Hebrews, Chapter 5, at the 10 a.m. Bible study in Clubhouse 3, Room 7.

All are invited to attend.

## CONGREGATION SHOLOM

### Potluck dinner to precede service

Congregation Sholom services, led by Rabbi Chaim Singer-Frankes, will be held at 7 p.m. tomorrow, Feb. 15, in Clubhouse 3, Room 9.

That will be preceded by a potluck dinner at 5:30 p.m. To attend, call Barbara Brown at (707) 696-3447.

On Saturday, Feb. 16, a bagel breakfast will be held 9 a.m. in Clubhouse 3, Room 9, followed by services led by Rabbi Chaim Singer-Frankes.

A potluck dairy lunch will be held at noon. During lunch, the Rabbi will discuss this week's Torah portion.

A walking group leaves Clubhouse 3 (the lobby) at 6:30 p.m., Mondays and Wednesdays.

Shabbat Across America will be observed at the Leisure World home of Carol Levine, 1520 Northwood Road, 244-L, on March 1. For more information or to reserve a space, call 505-3622.

To provide a ride to services, or to get one, call Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.



Joanne Allison

## COMMUNITY CHURCH

### She moved away but returned home to her church family

Community Church is a second home for many Leisure World residents.

Member Joanne Allison moved to Los Angeles but soon discovered that her heart remained in Leisure World. So she was able to return "home" to LW and her church family.

The doors are always open to receive new members into the church family at Community Church.

The church is thankful to all who donated canned goods to the "Souper" Bowl food drive. The final "score" was the Los Angeles Rams, 133, and New England Patriots, 91.

The 224 cans collected went to the Long Beach Rescue Mission, exceeding last year's Souper Bowl total of 159.

...

The church office will be closed on Monday, Feb. 18, in observation of Presidents Day.

...

On Sunday, Feb. 17, Pastor Johan Dodge will deliver the message, "The Greater Love."

The Scripture lesson is on 1 Corinthians 15:12-20.

Lay Liturgist will be Kelly Frankiewicz.

Services begin at 9:50 a.m., followed by refreshments and coffee in Edgar Hall.

## Rock Church, Seal Beach

The Rock Church, Seal Beach Campus, welcomes everyone to weekly services for all ages at Marine Center, 151 Marina Drive, Seal Beach

Effective March 3, Sunday services in English begin at 9 a.m. and 11:15 a.m. but remain 1:45 p.m. in Spanish.

Sunday's message can be heard for no cost at [www.gototherock.com](http://www.gototherock.com).

Select Seal Beach Campus and check the podcast.

For more information, call (714) 562-8233.

## Meals on Wheels

Meals on Wheels of Long Beach needs volunteers to help with deliveries in Leisure World weekdays from 10 a.m.-noon. For more information, call Caron Adler at 433-0232.

## Gerald L. Lenning, CPA More Than Just Tax Preparation

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Gary Leming and Linda Hernandez lead ministries for men and women at Faith Christian Assembly.

**FAITH CHRISTIAN ASSEMBLY**

**Touch of Love and Men's Ministry both meet on Feb. 21 at 6:30 p.m.**

Faith Christian Assembly has ministries devoted men and women, and both meet on Thursday, Feb. 21.

The Touch of Love women's ministry will meet at 6:30 p.m. in the Garden Room. Linda Hernandez is the director.

The Men's Ministry Group, under the direction of Gary Leming, will meet at the same time.

Faith Fellowship meets at 11 a.m. on Tuesdays in the Garden Room.

A Bible study taught by Pastor Sheri Leming is at 7 p.m., Wednesdays, in the Garden Room. A Grief-Share Group meets at 2 p.m. on Fridays in the Garden Room

To receive a free newsletter and for more information, call 598-9010 or visit [www.FCAchurch.net](http://www.FCAchurch.net).

**FIRST CHRISTIAN**

**Ann Davis will read Scripture before the message**

At First Christian Church this week, the Saturday service begins at 5:15 p.m.

The Hospitality Room opens at 4:30 p.m.

Sunday begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Exodus.

At 9:30 a.m., the Hospitality Room opens for fellowship and light refreshments with co-hosts Carol Speake and Sue Kaminski.

Pastor Bruce Humes begins the service at 10:15 a.m. with praise, prayer and Scripture.

Margaret Humes will lead the hymns: "Living For Jesus," "Trust and Obey" and "When The Roll Is Called Up Yonder."

The Communion hymn will be "Nothing But The Blood."

The choir, under the direction of Anita Ragole, will sing "Heavenly Sunlight."

For the offertory, Pat Kogok will play, "Lead Me To Calvary" and Anita Ragole will sing, "Ivory Palaces."

Ann Davis will read Scripture from the Gospel of Matthew followed by Pastor Gene Cherryholmes' message, "Saved to Serve." Matthew 20:17-28 will be the basis for the message.

The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both at 9:30 a.m.

The Calvary Chapel Bible study group meets in the chapel on Thursdays at 6 p.m. with Pastor Phil O'Malley.

Hearing enhancements are

**Holy Family**

Holy Family Catholic Church, located at 13900 Church Place next to the St. Andrews Gate, will celebrate the sixth Sunday in Ordinary Time this week

The readings:

First Reading: Jeremiah 17:5-8; Responsorial Psalm: 1:1-2, 3, 4, and 6; Second Reading: 1 Corinthians 15:12, 16-20; Alleluia: Luke 6:23 AB; Gospel: Luke 6:17, 20-26

Led by Kathie Paradis, the Women and Men of Grace Prayer Group meets Wednesdays from 10:30-11:45 a.m. at the Parish rectory.

The group prays for the Parish community and the world. All are invited to attend.

"Blestday" (Bible study and prayer is held from 3-4 p.m. on Wednesdays in the church building.

Everyone is invited to attend and bring a friend.

All are invited to say the Rosary and Divine Mercy at 3 p.m. Mondays and Thursdays in church.

For more information, visit the church website at [www.holyfamilylsb.com](http://www.holyfamilylsb.com)

The church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is at 5 p.m. Saturday; daily Mass is 8:30 a.m., Monday-Saturday.

Confessions are heard from 4-4:45 p.m. Saturdays and the eves of Holy Days; and 9:15 a.m. on First Fridays.



Ann Davis available at all church functions. For more information, call 431-8810 and leave a message.

**LW BAPTIST CHURCH**

**Magda Bellis to provide special music**

Leisure World Baptist Church invites everyone to attend the activities this week in Clubhouse 4.

Sunday School is from 8:40-9:10 a.m. with teacher Bob Simons.

Fellowship and coffee with friends at the round table is planned until 9:45, when the service begins.

The call to worship hymn will be "Glorify Thy Name."

Soloist Magda Bellis will sing "Moment by Moment"

The choir selection is "Revive Us Again," written in 1863.

Congregational hymns will include "Alleluia," "May the Mind of Christ My Savior" and "There is a Redeemer."

Pianist Yvonne Leon will play an offertory selection.

The morning message by Pastor Rolland Coburn is called "God Discloses His Wrath," based on Romans, Chapter 1: 8-23.

The closing hymn will be "Rescue the Perishing."

The prayer room, attended by members, will be open after



Magda Bellis the service.

The Men's Fellowship begins at 10 a.m. on Monday, Feb. 18, in Clubhouse 3, Room 8.

The Energizers welcome Doug and Ruth Baughman at 3 p.m. on Wednesday, Feb. 20, in Clubhouse 3, Room 1.

They will discuss their work with Wycliffe Bible Translators.

For more information, call 430-2920.

**STOCK TRANSFER**

**Notary services now available at Copy and Supply Center in Bldg. 5**

Leisure World residents now have notary services, \$15 per signature, available by appointment in the Copy & Supply Center in Building 5. For an appointment, call 431-6586, ext. 345.

The Copy & Supply Center also carries small items, such as batteries, shower heads, fire extinguishers, emergency vests and other items, from the Purchasing Department.

**ALZHEIMER'S EDUCATION**

**Series continues on Feb. 26 at 2**

The Alzheimer's and Dementia Education Series will resume at 2 p.m. on Tuesday, Feb. 26, with a presentation on the 10 warning signs of Alzheimer's disease. It will be held at Los Alamitos Rossmoor Library, 12700 Montecito Road, Seal Beach.

The warning signs are often dismissed as side effects of normal aging. Those who attend will learn about typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, the diagnostic process, and sources that can help. Monthly presentations sponsored by the Alzheimer's Association are scheduled through May 28.

**HEALTH**

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be provided. For additional information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

**Leisure Leggers**

The Leisure Leggers, the walking and running club, meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-to-60-minute walk and to train for local races.

For more information, call Tom Pontac, president, at 304-0880.

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# Arts & Leisure

## LW DINES OUT

### Finbars Italian Kitchen will be in LW

Naples Rib Company and Finbars Italian Kitchen will bring dinner service to Leisure World alternating on the first and third Mondays in Clubhouse 1.

Finbars Italian Kitchen will serve on Feb. 18.

Naples requires reservations, which can be made by calling 439-7427 or on its website at [www.ribcompany.com/leisure-world-menu.asp](http://www.ribcompany.com/leisure-world-menu.asp).

Reservations must be received before noon on the Mondays that they serve here.

Those who book through the website will receive a special treat.

Finbars does not require reservations. Diners are free to come anytime between 4:30 and 6 p.m. and the dining room is open until 7 p.m.

The Recreation Department is working on introducing new restaurants to fill out the rest of the Monday night slots.

Joining the line-up soon will be Hometown Buffet, which is already an approved caterer in Leisure World for club and private functions.

Watch for announcements in LW Weekly and LW Live when it is ready to launch.

### Finbars Italian Kitchen Menu—Feb. 18

*Dinners include the appetizer of the day, a green salad with a choice of dressings and three entrée options, ranging from \$13-\$15 (tax included).*

*Dessert and soft drinks are available for an additional charge. People can eat at Clubhouse 1 or take food home. To make reservations, call 431-6586, ext. 326, or email [orders@lwsb.com](mailto:orders@lwsb.com) by Friday at 2 p.m.*

*No one will be served without reservations.*

#### Appetizer

##### Caprese

Fior Di Latte fresh mozzarella, sliced Roma tomatoes, basil

#### Entrees

##### Lasagna, \$13

Meatballs, sausage, pepperoni, herbs, Romano, ricotta, mozzarella, Bolognese, marinara, Sunday gravy.

##### Chicken Piccata, \$14

Fresh chicken breast cutlets sautéed in a lemon, butter, garlic, caper, and white wine sauce. Served with pasta or rice and vegetables.

##### Teriyaki Salmon, \$15

Served with pasta and vegetables or rice.



## AD HOC CHORUS

### Come sing for an hour with fellow songsters Tuesdays

The Ad Hoc Chorus meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour. All are welcome to come and sing the old "Hit Parade" favorites, showtunes and some humorous novelty ditties. Helene Onu is the songleader and piano accompaniment is provided by Barbara McIlhane. Everyone has an opportunity to try their hand at being a song leader. You do not have to be able to read music. Song sheets are supplied.

For more information, call Chuck Burnett at 493-0176.

## SBTV-Channel 3

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule).

### Thursday, Feb. 14

- 4 pm Harmonizing Humanity
- 4:30 pm American Latino Christmas Party
- 5:25 pm Pickle Ball/Sunshine Club Christmas Party
- 6:30 pm Bob Cole Conservancy
- 7 pm Studio Cafe
- 8 pm Gingerbread House Contest
- 8:36 pm Abilene Band Concert 2018
- 9:30 pm Fem Zeppelin
- 10:30 pm Sea Inside
- 11 pm Cerritos Center

### Friday, Feb. 15

- 4 pm Pickle Ball/Sunshine Club Christmas Party
- 5 pm Simbang Gabi 2018
- 6 pm Calvary Chapel
- 6:30 pm McGaugh Weather Show
- 7:10 pm Pageant of the Arts 2018
- 8:30 pm Studio Cafe
- 9:30 pm Bob Cole Conservancy
- 10:30 pm Cerritos Center

### Saturday, Feb. 16

- 4 pm Sea Inside
- 4:30 pm Chorale Christmas 2018
- 5 pm Gingerbread House Contest
- 5:32 pm Simbag Gabi 2018
- 6:30 pm Sea Inside

SBTV, page 12

## COMMUNITY SING

### Pat Kogok to lead sing-along

The Community Sing will be dark next Monday, Feb. 18, for the Presidents Day holiday.

On Feb. 4, Carmen Edwards was the leader. The Opening Acts began with Ethel Carter singing "When the Saints Go Marching In," using a kazoo the second time through. Then Byong Choi sang "The Last Rose of Summer"; followed by Audrey McKenzie, "Long Ago and Far Away"; Bruce DuPont, "Can't Help Falling in Love With You"; Michael Green, "Moon River"; and Kay Pushman, "You Made Me Love You."

Pianist Barbara McIlhane accompanied all five of the soloists.

After Opening Acts Carmen led group singing until she introduced her half-time guests, the Hui O Hula dancers. They were decked out in colorful, flowery Hawaiian costumes.

Jim Coots sang and played an amplified ukelele to accompany them. The dancers were animated, good-naturedly teasing one another. Audience members were invited to join in doing the movements (while seated) to one of the songs. The songs/dances they performed included one about Honolulu; another translated in



Pat Kogok

English was "Sea Breeze," then "Lovely Hula Hands" and "What a Wonderful World." The audience really enjoyed the lively music and graceful moves of this delightful dance group. The applause and cheers were loud and heartfelt.

Carmen then wrapped up group singing and led "Kumbaya" to end the musical evening. She thanked everyone for coming even though it was a rainy night.

Many thanks to pianist Barbara McIlhane and to Vito Villamor, book transporter.

—Ethel Carter

## OLLI Spring Registration

Spring registration for OLLI classes will start Thursday, Feb. 28, and the majority of registration will be completed online, which is an easy option. Registration starts at 8 a.m. Registration directions are in "The SUN," OLLI's official news and class schedule.

People who have already created an online account should use that file. If you forgot your password, click "forgot password" and the follow the instructions that will be e-mailed. For technical assistance, call 985-2398.

The OLLI website can be found at [www.csulb.edu/centers/olli](http://www.csulb.edu/centers/olli). Use a credit card and your email address to register for classes from home or with help in the OLLI office. Bring your information, cash or check and let them help with either method.

Classes fill on a first-come basis. The SUN contains spring class listings and registration information. To get a copy, come by the office or call 985-8237 to have one mailed to you.

New this semester will be Wisdom Studies: Toltec Studies, Zen Meditation, Asian Art in LA: China and Create Memories with PowerPoint.

—Judie Irving

## LAPIDARY CLUB

### Fusion glass class is Feb. 21

The Lapidary and Jewelry Club is offering an introduction to glass fusion class from 9:30 a.m.-noon on Thursday, Feb. 21, in the Lapidary Room in Clubhouse 4.

The class will cover the basics of glass fusion. Experienced students can expand their skills in glass cutting and shaping to create more intricate designs.

Materials provided include the glass to make two three- or four-inch squares and decorative glass pieces for designs.

A materials fee of \$10 is payable at the class.

Fused pieces may be picked up the following day. People should sign up in the Lapidary Room; class size is limited to six students.

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Jojo Weingart

It was such a pleasure for Fortunato Revilla (in back with ukulele) and the hula dancers to entertain LWer Phil Vlačić who is getting well at a rehabilitation center. Visitor LWer Linda Johnson (2nd from right), Phil and his wife, Joyce, are waving and sending well wishes to everyone in Leisure World. Hula classes are offered on Mondays at 10 a.m., upstairs in Clubhouse 6. There is live music, and easy instruction. Everyone is welcome to walk in and hopefully hula-out. For more information on hula lessons or performances, call 252-9676.

**OLLI SENIOR U**

**Annual show features artwork by OLLI students**

The Osher Lifelong Learning Institute at California State University, Long Beach, will present its 14th annual Art and Crafts Show through Feb. 16. OLLI will use the Duncan Anderson Art Gallery in the Design Building on the corner of Palo Verde and State University Drive for the display of fine art and crafts created by OLLI members.

fostered a growing group of artists, who will show their work in several media. Current art-related classes include Pencil Play, Adventures in Acrylics, Watercolor Beginning and Advanced, Card-making, and Gourd Art. OLLI members are also taking classes in stained glass, jewelry-making and Chinese traditional painting.

The art exhibit will showcase many styles of art, crafts, painting

and drawing.

The Duncan Anderson Gallery is easily accessible. It is open for the show weekdays through Feb. 16 from 10 a.m.-2 p.m. The foundation parking lot is just across the street and charges a small fee to park.

All are invited to attend the artists reception on Saturday, Feb. 16, from noon-2 p.m. This is a free event, and everyone is invited for refreshments and to celebrate and meet the artists.

Use an OLLI permit to park in Lot E6, pay for parking at \$9 for the day or find a space in the street parking on Palo Verde or State University Drive. The short term spaces on State University Drive can be used free by handicapped placard holders. Contact the OLLI office for more information about parking.

OLLI offers a full schedule of classes four times a year and a variety of curricula all taught by volunteers. For more information on OLLI, visit [www.csulb.edu/olli/](http://www.csulb.edu/olli/) or call 985-8237.

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**LWSB Book Club**

The Leisure World Book Club meets at 1 p.m. on the third Thursday of the month in Clubhouse 3, Room 7. On Feb. 21, people will discuss a Danielle Steel book they have read, looking for commonalities and themes that highlight the work of this successful author. She has some 800 million books in print.

Future book selections include: March 21: “The Girl with Seven Names” by Hyonseo Lee, non-fiction; April 18: “The Storied Life of A. J. Fikry” by Gabrielle Charbonnet, fiction; and May 16: “Lest Innocent Blood Be Shed” by Phillip B. Hallie, non-fiction.

The club has no dues or fees. Books may often be borrowed from the local library or ordered online from [Abebooks.com](http://Abebooks.com) for around \$3.46 with free shipping. “The Girl with Seven Names” is not available at [Abebooks.com](http://Abebooks.com), but can be found at [Amazon.com](http://Amazon.com).

—Gail Morrison

**LW Dance Classes and Clubs**

The following is a partial list of dance classes and clubs available in Leisure World:

•**A Time to Dance Club by Joseph:** Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Fox trot is taught from 6:30-7:30 p.m.; tango, 7:30-8:30 p.m.; \$5 per session. Singles and couple are welcome. For information, call (559) 403-8974.

•**Ballet:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor. No experience is necessary. Men and women, including beginners, are welcome. Classes, \$3, are taught by Mel Lockett. For more information, call Lynn R. Heath, 296-5588.

•**Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. In March, beginning waltz will be taught from 7:15-8:15 p.m. and intermediate cha cha will be taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269, who has 20-plus years of professional dance experience.

•**Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•**Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays and the third Tuesday of the month in Clubhouse 2. Young-Ah Ko is the instructor. For more information, call (310) 658-0379 or 296-8068.

•**Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•**Grapevine Line Dance:** Free line dance classes, Thursdays from 3-5 p.m. (beginners, first hour, advanced, second hour) at Clubhouse 6, Room C; and beginner level only on Fridays, 2:30-4 p.m., Clubhouse 3, lobby. Newcomers should have general knowledge of line dance and basic dance steps. For more information, e-mail [grapevinelinedance@gmail.com](mailto:grapevinelinedance@gmail.com) or inquire in classes.

•**Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email [jojo@huiuohula.com](mailto:jojo@huiuohula.com).

•**Joyful Line Dance Club:** Get exercise and learn line dances from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. Beginners dance from 3-3:30 p.m.; intermediates, 3:30-4:30 p.m. Members dance to popular favorites at the beginning and learn newer dances in the last hour. Takako Mitchell is the instructor. For more information, call Anna Derby, 301-5339.

•**Leisure Time Dancers:** The fox trot and salsa will be taught on Mondays at 2 and 3 p.m. in Clubhouse 6. Mitch Tannen is teaching while instructor Richard Sharrard is away. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•**Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•**Leisure Whirlers Square and Round Dance Club:** The club hosts themed dances with a potluck on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

•**Saturday Morning Dance Club:** Fox trot is taught from 9-10 a.m.; rumba, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•**Suede Sole Dancers:** The group meets at 6 p.m. on Sundays for a class upstairs in Clubhouse 6. Pat Erickson is the instructor.

•**Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•**Zumba Club:** Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

**Sunday Night Ballroom Reunion**

All past members of the Sunday Night Ballroom and friends are cordially invited to a reunion dinner dance that will be held on Saturday, Feb. 23, in Clubhouse 4. Doors will open at 4 p.m. The theme will be Mardi Gras, and all guests are invited to wear festive attire. A Mardi Gras parade will be part of the evening.

The cost is \$15 and will include a complete dinner and dancing to the big band sound of the Velvetones; BYOB. For more information, call Melinda Nicolet at 308-7259 or 598-4056.



Linda Herman

## GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

Linda Herman will play mixed ballroom on Feb. 16.

The Mutual 12 musician performs the third Saturday of the month "My niche is ballroom dance music; however, I do play for all types of events in the Southern California area and have a huge repertoire of music, including German, Czech, Irish, Italian, French and more."

Linda plays a Roland V Accordion, the 8X, midi to a Roland BK7M module, a one-woman band complete with vocals. Her repertoire includes a variety of music from the 30s to the present—foxtrot, waltz, swing, rumba, cha cha, tango, samba, mambo, salsa, west coast swing, country, line dancing and more.

"I've been in the dance band business since 1969 as a junior in high school," she said. "I started out in Iowa, playing ballrooms in Iowa, Minnesota, Wisconsin, Illinois and Nebraska. Moved to sunny California in 1984. Music and California have been very good to me."

Residents can party with Linda and bring their own snacks. Guests must be accompanied by the GRF member who invites them as all passes and IDs are subject to inspection.

Residents should park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

Residents and guests should sign in so GRF can assess the popularity of bands.

## COMMUNITY KARAOKE

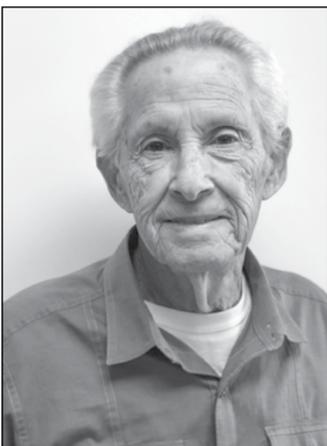
### Chilly temps did not deter Karaoke faithful

Chilly and windy evenings do not stop faithful karaoke singers from Wednesday gatherings of the Community Karaoke Club in Clubhouse 1.

Over 50 folks enjoyed the variety of tunes sung by eager regulars. Soft and easy crooners Tino, Pete and Tony Tupas and Walt Bier started the evening. They were followed by foot tappin', head noddin' tunes by Chuck Oehl with "Sun Down", Ellen Brannigan, "Saints Go Marching In"; Margie Stewart and Ron Belben, "End of the Line"; Rick Hering, "Lucky Old Sun"; Bob Dodson, "Rock A Bye"; and Sue and Walter Piippo, "Let Your Love Flow."

The singers are happy when they're singing.

Animated Tony Taboro liked doing the Elvis song, "One Night with You," and love songs were beautifully sung by Byong Choi, Essie Hicks, Vickie Van Ert, Anna Le, Rosemary Freman, Bob Barnum, Frank Carr, Betty and Virgil Bagstad, Mike Breen, Audrey McKenzie, Ric Dizon, Peter Sequeira, David Nobel, Diane Kasperon, Helen Schultz



Clayton Rhodes

and Tommy Williams.

Clayton Rhodes doesn't sing but never misses sitting near the stage and showing his appreciation for his favorite karaoke singers.

The audience enjoys the hot coffee and tasty treats brought by generous folks.

Everyone is welcome to applaud the efforts of their friends and neighbors each Wednesday night in Clubhouse 1 starting at 5:30 p.m.

—Margie Thompson



Leisure Whirlers

## SQUARE DANCE

### Learn the steps in a class that starts March 4

Square dancing is a lot of fun. Dancers meet a lot of new people both young and old. It is great exercise for mind and body. Square dances are always called in English, and there are square dance clubs all over the world, so no matter where people travel, they can find a club to dance with.

Learn to square dance in the new beginners class that starts March 4.

The 110 square dance steps that are used in regular square dances all around the world will be covered. The class takes nine months, from March 4 until the first Monday in December.

It is important to attend all of the classes since each class builds on the previous classes.

Experienced dancers are also needed to support the new students.

People who already know how to dance can brush up in classes held on Mondays from 7:30-9:30 p.m.

All dancers are welcome. Singles and couples are welcome in all classes.

There is a singles rotation so everyone can dance. All classes are held at the Garden Grove Women's Club, 9501 Chapman Ave., in Garden Grove.

Sign up today by calling Mel Branham at (714) 803-0250.

The Leisure Whirlers will hold its next dance on Friday, March 1, in Clubhouse 4 from 6:30-9:30 p.m. The theme will be "Shamrock Shuffle."

Pre-rounds are from 6:30-7 p.m.

Square and round dances will be alternated from 7-9 p.m., followed by a potluck and socializing. Singles and couples are welcome.

Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

—Eleanor Thompson

## Friends of the Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore next to the Leisure World Library. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more. A boutique sells gently used collectibles and gift items.

People are asked to bring their own shopping bags when they visit. The bookstore welcomes donations, and volunteers will pick up larger donations if needed.

The Bookstore is open from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

## Video Producers Club

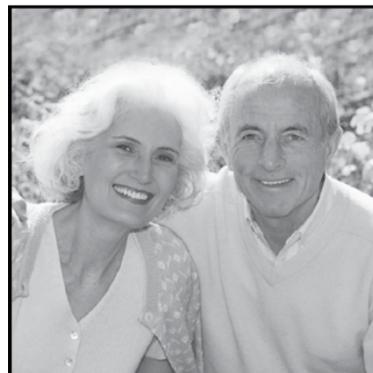
The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video-related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, creating and editing videos, Janice Laine. For more information, call the VPC Room at 431-6586, ext. 287.

## LW Theater Club

The Leisure World Theater Club will hold its only annual fund raiser on March 9 at 5 p.m. in Clubhouse 2. The evening will include food, live entertainment, and dancing to the music of Terry Otte and Abilene. Tickets, \$20, will be available Mondays, Wednesdays and Fridays in the Loft at the top of the Amphitheater from 10 a.m.-noon.

People can reserve tickets by calling Taylor White at 596-6358.

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## LB SYMPHONY

## Celebrate Valentine's with the tango

Though the weather outside may be chilly, the atmosphere inside the Pacific Ballroom of the Long Beach Arena, 300 E. Ocean Blvd., on Feb. 16 at 8 p.m. will be hot and sultry when the Long Beach Symphony fires up Tango Caliente! with conductor Robert Istad, soprano Camille Zamora, Argentinean dancers Tomas Galván and Gimena Herrera and internationally-acclaimed bandoneón artist Hector Del Curto.

Perfect for Valentine's weekend, this program of tango classics by Astor Piazzolla, Carlos Gardel and others speaks the language of love. Audiences will enjoy four works by Piazzolla, whose name is nearly synonymous with tango. Among them are his "Milonga Del Angel," a composition from 1965 that was described by one listener as "achingly beautiful."

"Por una cabeza," meaning "by a head [of a horse]" in Spanish, is a popular tango song composed in 1935 by Carlos Gardel and Alfredo Le Pera. The song laments the loss of love "by a head."

Another favorite of the genre is "La Cumparsita," which may be the most famous tango song in the world, originally composed by Uruguayan Gerardo Matos Rodriguez in 1917. The title means "the little parade" and the first line of the song indicates that instead of being a celebratory one, this tango is about a parade of misery. The program includes Tango de la Menegilda and Angel Villado's 1903 El Choclo, from the list of top ten most-loved tango classics.

At the heart of tango music is the sensual sound of the bandoneón, and Argentine Hector Del Curto, one of the most sought-after bandoneónists, will impart his special flavor to the evening in a solo work that he composed for the instrument. Del Curto has performed with luminaries including the Tango legend, Astor Piazzolla.

Other stars of the evening include soprano Camille Zamora and celebrated tango dancers Tomas and Gimena, who were honored with an invitation to Rome to dance at Pope Francis' birthday party.

Tickets to a Long Beach Symphony POPS! concert include options for seats at 10-top tables or bistro seating at 4-top tables. For the budget-conscious, loge seating is available for \$29 (student tickets \$10 with ID). Jumbo screens on each side of the stage bring the action to life for everyone, regardless of seating preference, and all patrons are invited to bring their own picnics and libations or to purchase dinner from a list of preferred local caterers. Doors open at 6:30 p.m. to allow time for dining and mingling with friends; the concert begins at 8.

For more information or to purchase tickets and subscriptions visit [www.LongBeachSymphony.org](http://www.LongBeachSymphony.org) or call 436-3203, ext. 1. Tickets are also available on Ticketmaster.

The POPS! Series is sponsored, in part, by Farmers & Merchants Bank.

## RANCHO LOS CERRITOS

## Writer/actor to performs show 'She's History!'

Drawing on diaries, letters and biographies, actor/writer Amy Simon's one-woman show, "She's History!," tells the stories of Susan B. Anthony, Sojourner Truth, Eleanor Roosevelt and Bella Abzug and others, employing humor and pathos in equal measure.

"She's History!" will be in Long Beach for one night only: Saturday, March 23, at 7:30 p.m. The 70-minute performance in Rancho Los Cerritos' sunporch will be followed by a Q&A session.

Tickets are \$35 per person (\$25 for youth/students) and can be purchased at [rancholoscerritos.org/sheshistory](http://rancholoscerritos.org/sheshistory).

Simon said it was her own experience as a mother that brought her to the project.

"My daughters were 10 and 14 (at the time)," she said. "I had spent a lot of time at my girls' school, noticing in the hallways and classrooms the pictures and posters and wallpaper border. The alphabet and numbers for the early years. And then later—presidents, heroes, scientists, inventors, movers and shakers, champions—mostly men. The same was true in their history books."

Simon, already a seasoned writer/performer, decided to teach her daughters—and people everywhere—about important women in history through theater. She debuted her show at The Skirball Center in 2009 and has since performed it throughout the country. More than a monologue, "She's History!" includes a multimedia presentation and audience interaction, and moves through time, from the 18th century to the present.

Rancho Los Cerritos is an historic home in Long Beach.

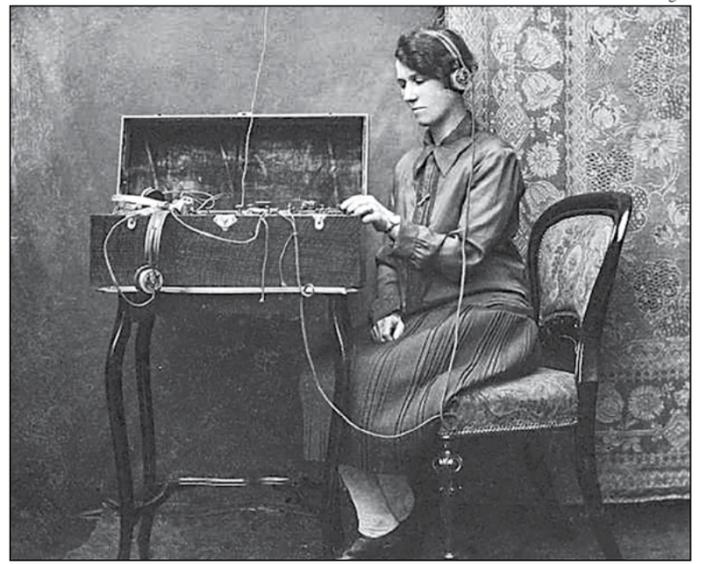
Built in 1844, the adobe home and grounds of Rancho Los Cerritos echo with the rich history of Spanish, Mexican, and American California and with the families who helped transform Southern California from its ranching beginnings to a modern, urban society.

The two-story Monterey-style adobe is primarily furnished to reflect occupants and lifestyles from the 1860s-1880s. The site, a National, State and Long Beach Historic Landmark, also includes historic gardens and a research library and archives. It is operated by the Rancho Los Cerritos Foundation in a public/private partnership with the City of Long Beach.

For more information, call 206-2040, visit [www.rancholoscerritos.org](http://www.rancholoscerritos.org), and follow the Rancho on Facebook, Twitter, and Instagram.

## Valentine's Fact

Both men and women prefer to receive chocolate over flowers, according to the National Confectioners Association. Chocolate sales represent 75 percent of Valentine's Day candy purchases. Caramels are the most popular flavor in chocolate boxes, followed by chocolate-covered nuts, chocolate-filled and cream-filled.



In 1844, Morse sent his first telegraph message from Washington, D.C., to Baltimore, Maryland; by 1866, a telegraph line had been laid across the Atlantic Ocean from the U.S. to Europe. The telegraph laid the groundwork for telephone, fax and Internet.

## RADIO CLUB

## Morse Code class to be offered

The Leisure World Radio Club will host a special class for anyone who would be interested in learning or relearning Morse Code.

The class will be offered from 9 a.m.-noon on Feb. 20, Clubhouse 3, Room 5. Follow-up sessions will be planned for participants.

"Morse Code is a very special talent," says Midge Bash, president of the LW Radio Club. "We've asked Dr. Steve Sherman, a ham operator for the past 50 years, to conduct the sessions. He is extremely knowledgeable in Morse Code. Sherman is proficient in five languages and is certified by the Japanese government to translate medical and scientific research papers from English to Japanese and from Japanese to English."

For many years Morse Code was a requirement for amateur radio operators to be licensed by the Federal Communication Commission. That requirement was relaxed in the mid-2000s, but Morse Code is still a viable form of communication with new and adaptive applications, such as enabling folks with disabilities a method of communicating. Once learned, users can communicate without the need to use a keyboard or scan a display. Some people sip and puff with a plastic tube to an interface that can translate the motion, patients who lost the ability to speak, who know Morse Code, can communicate with the blink of their eyes.

Morse Code is most often signaled with radio "dits and dahs" but can also be transmitted by tapping, light flashes, audio tones, a common flashlight and even car horns. Some mine rescues have used pulling on a rope as a method of communicating with short pulls equating to a dot and long pulls to a dash. To learn more or to sign up, contact Midge Bash at [bashgambol7@gmail.com](mailto:bashgambol7@gmail.com) or call her at (440) 289-2023.

## COMMUNITY ACTION PARTNERSHIP

## Food bank, Cal Fresh available

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be Feb. 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,287 a month for one person; \$1,736 for a two-person household; \$2,184 for a three-person household.

To sign up, bring a photo ID, and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf with appropriate ID. People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

CAPOC will have a representative there to help people with applications for its program and for the separate Cal Fresh benefits, which are food stamps.

People over 55 who don't receive SSI will qualify if they meet the following income guidelines: \$2,010 per month for one person; \$2,708 for a two-person household.

Bring an ID, Social Security card, proof of income and rent receipt to apply for food stamps.

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## Genealogy Club

The Genealogy Club will offer Thursday Theme Workshops from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

There is no charge for these workshops, and everyone is welcome.

Workshop topics are:

- Feb. 14: Marriage Records
- Feb. 21: Fold 3 (Military Records)
- Feb. 28: Newspapers.com
- March 7: DAR (Daughters of the American Revolution)

## SBTV

from page 9

7 pm	Studio Cafe	5 pm	Gingerbread House Contest
8 pm	LAUSD	5:32 pm	Sea Inside
10 pm	Bob Cole Conservancy	6 pm	Studio Cafe
<b>Sunday, Feb. 17</b>		7 pm	Seal Beach Planning Commission, live
4 pm	SB City Council Meeting, replay Feb 11	8 pm	Shakespeare in the Park
5:30 pm	Gingerbread House Contest	10 pm	Live at the Ford
6:10 pm	McGaugh Go West	10:20 pm	Concert for the Blind
7 pm	Long Beach Community Band	<b>Wednesday, Feb. 20</b>	
8:10 pm	Bob Cole Conservancy	4 pm	Simbang Gabi 2018
9 pm	Studio Cafe	5 pm	Yoga/Sunshine Club Christmas Party 2018
10:30 pm	Shakespeare in the Park	6 pm	McGaugh 1st Grade Concert
<b>Monday, Feb. 18</b>		7 pm	Bob Cole Conservancy
4 pm	Yoga/Sunshine Club Christmas Party	8 pm	Studio Cafe
5:07 pm	American Latino Christmas	9 pm	Long Beach Community Band
6 pm	Studio Cafe	10:10 pm	Festival of Lights
7 pm	Pageant of the Arts 2018	11 pm	Live at the Ford
8:06 pm	Sea Inside	*All programming is subject to change.	
9 pm	Bob Cole Conservancy		
10 pm	Cerritos Center		
<b>Tuesday, Feb. 19</b>			
4 pm	Harmonizing Humanity		
4:30 pm	Chorale Christmas 2018		

**LW Weekly**  
**430-0534**



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For Mary and Gary Greytak of Mutual 6, every day feels like Valentine's Day.



**LOVE**  
from page 1

On any Sunday, you can see Joan and Frank holding hands at Leisure World Baptist Church.



Gary and Mary Greytak  
Mutual 6

Never underestimate the value of volunteering to serve as an officer in a Leisure World club. Agreeing to serve as officers in the Cribbage Club led Gary and Mary Greytak to romance—and marriage! This November, the Greytaks will celebrate their 15th wedding anniversary. They met in 2003 when Mary, who had been widowed, returned to play cribbage and found herself both the club's secretary and chair of the nominating committee.

That's when she recruited Gary to be the club's president. He had been divorced 40 years before. They started working together on behalf of the club and soon found themselves on a real date at Macaroni Grill.

Gary teased Mary by saying he was looking for someone to split meals out with and to be the second person in his car so he could legally use the carpool lane. In addition to Mary's great laugh, which lights up a room, he was also attracted by her great sense of humor, and love of travel and dining.

Gary's dry sense of humor, his considerate manners and his bright red Ford 150 crew cab truck impressed Mary. They soon found they also shared the same religion and cherished common values.

At some point, Gary began to keep e-mails with Mary in a file labeled "Monkey Business." He made it clear from the beginning of their relationship that, in addition to the extra car passenger and dining companion, he wanted

a marriage commitment.

To illustrate the sense of humor that Mary's son inherited, when things got serious, he vetted Gary by asking him to complete a funny background questionnaire.

The question of "have you ever been in jail" caused some consternation because Gary had been briefly imprisoned in Saudi Arabia while working as an engineer. Apparently, Gary passed muster, even though he signed the questionnaire in Arabic.

Father Brian Coughlan married them at Holy Family Catholic Church. Romance flourished after the marriage as they were seen constantly holding hands and showing open affection. Some people called them "the love birds."

They moved from Mary's apartment in Mutual 8 and Gary's apartment in Mutual 3, and they now live joyfully in Mutual 6.



Nancy Maggio  
Mutual 3

*A Valentine Message*

It's been decades since I had a romantic love interest. Though I was proposed to on Valentine's Day, the excitement quickly disappeared. So how does one celebrate a holiday that is centered on love? It's easy when you realize there are many facets to love.

The love for a child and especially for a grandchild fills the heart with joy. The excitement of a special wedding of dear friends warms the sentiment with gladness. Having a passion for a hobby fulfills a special need for busyness. Being in love with one's Savior fills the soul with blessings. So my message for a delightful Valentine's Day is to look around, and see the devotion expressed

in so many ways that your heart overflows with love.



Fred Wind  
Mutual 12

*This reflection is for the many, many residents of Leisure World who have lost loved ones.*

*It's a pain that doesn't go away. My Valentine is dedicated to them.*

**My Valentine-Forever Yours**

*(dedicated to those who grieve)*

On Valentine's Day every desk was covered with heart-shaped candies proclaiming Love, Kisses, You're #1, Hugs, Be Mine, Forever Yours...

Our inclusive-minded 5th grade teacher told us, Yes, you may hand out valentines, but only if to all. That was 60 years ago...

My heart became exclusive In its love for only you.

If I could, I'd give you the largest candy heart in the universe. (All in the realm of oh-if-only...)

With tearful eyes I raise my hands to heaven, I offer my heart, not candied, but alive and beating.

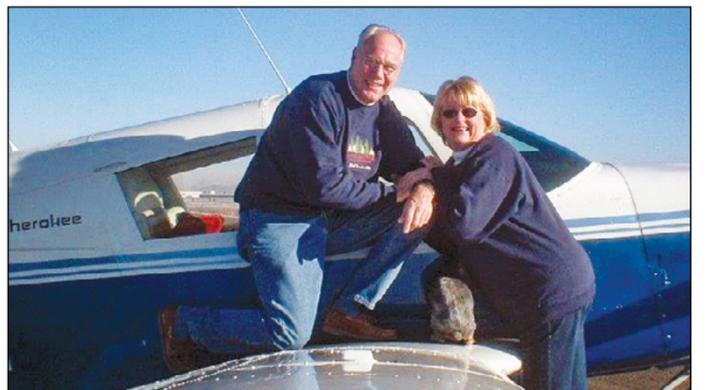
My dearest, my heart, look down and smile and read the simple words:

Love...My Love...Be Mine...

I am  
Forever Yours!



Cindy Gannon and Keith Kelsay



Phil and Rosemarie Mandeville



Cindy Gannon  
Mutual 4

Let me take you back 20 years to 1998. There was no Internet dating. I put an ad in the Orange County Register that said "looking for smart gentle, fun loving, dancer non-smoker who snorkels." A few weeks later, I got a call from Keith Kelsay, arranging a meeting at Borders bookstore in Brea on Sunday after his senior softball game. Right on time, a man in uniform walked in. Wow! I love a man in uniform.

After chatting and covering 30 years of our lives in an hour, we walked to our cars. He opened the trunk, and there lay two dozen droopy-but-lovely pink roses.

Remember "You've Got Mail?" I was still working, and every morning, there was sweet note from Keith. Our first cruise was aboard the Windjammer Flying Cloud sailing around the Virgin Islands, 51 shipmates, upper and lowers, cabins big as our bathroom, but that is another story! We decided if we could survive that, we could live together. I retired and moved into our beach bungalow.

I unpacked a few boxes, then it was off for a Tahiti-Hawaii cruise.

Fast forward more than 20 years, and Keith is still my "Valentine in Uniform," still gentle and kind, but I did have to teach him to dance and snorkel.



Phyllis Poper  
Mutual 14

My husband and daughter are musicians, and their conversations are all about their craft. I

sit nearby, knitting.

On one Valentine's day, he turned to me, took my knitting and laid it aside. He took my hand and started humming a melody. I looked at them, and their eyes were smiling.

Then he sang, "I've been a musician all my life through good times and strife. I've written glad songs and sad songs, but I have never written a love song to my wife. So on this special date, I'm here to state, it is never too late to say 'I love you.'"

There was more, but today I say, 'Happy Valentine's Day to everyone, and remember, it is never too late to say 'I love you.'"



Chuck Burnett  
Mutual 15

I found my valentine in paradise, actually the Paradise Ballroom in Chicago in 1951. My favorite cousin, a friend and I decided to go to the Paradise Ballroom because we wanted to find why it was called the "Bucket of Blood." I was told I'd get in a lot of trouble if I went there. What kind of trouble could I get into with cousin Mighty Max and Johnny the Giant with me?

Almost immediately I spotted two beautiful girls giving dancing lessons. The girls got free admission if they could teach the hicks how to dance.

When the dance started, I asked the taller girl to dance with me.

She declined. I would normally just walk away, but there was something special about this girl. I said, "What's the matter? You afraid I'll show you up?"

She accepted my challenge. She was a better dancer than me,

**HEARTS, page 15**





**HEARTS**  
from page 14

but I would never admit it. I continued to tease her but she always managed to put me down.

This played out like a Hollywood movie script. She and I were trying to insult one another but not to seriously offend. Cousin Mighty Max had found a partner and Johnny the Giant hung around with Sylvana, the best friend of my new friend.

When the ballroom closed, I suggested that we all go to a famous pizzeria. We got to Bruno's around midnight, and no sooner than we all sat down and ordered an entree each *and* a large supreme pizza for the table, my "new girlfriend" announced that she had to go home or her mother would kill her. I reluctantly agreed to run her and her friend home. I told Cousin Max to hold the fort and that Johnny and I would be right back.

In actuality, it took 40 minutes to deliver them home, and then I spent way too long lingering at the doorway. We arrived back at Bruno's after its 2 a.m. closing time. Johnny and I headed back to our neighborhood and spotted Cousin Max waiting for a bus. I tooted the horn and started to pick him up before I saw he had a brick in his hand. I wisely took a fast left and sped away, but not before a half a brick struck the roof of my car.

For the next several weeks, I avoided Cousin Max but when we finally connected, I settled up the dinner expense I left him with. I don't ever remember double dating with him again.

But that tall girl, we married a year later and are still going strong today.



*Phil and Rosemarie Mandeville*  
Mutual 11

Our love story started 53 years ago.

My wife bought me an airplane as I love to fly. I thought I would never own an airplane, but she told me to look for an airplane to buy. So I did, and we have been flying together high in the sky for the past 25 years.

Now we have landed in LW, spending lots of time remembering stories about our life together.



*Anna Derby*  
Mutual 5

When I opened the curtains on Valentine's Day to enjoy the sun shining on a cool morning, there was Michael Oh on my patio with lots of flowers, a couple vases and scissors.

I thought it was odd because he doesn't buy flowers, even for a special occasion, because it's not a manly thing to do, he said.

Come to find out that he had so many flowers, we ended up using four vases to hold the 42 red roses. It was a totally unexpected Valentine's Day surprise, and why 42 roses? I didn't ask as much as I would like to know.



*Lia Gaspar,*  
Mutual 15

**If You Were Not**

If you were not...

The world would be an empty place  
There would be no one to embrace  
The valleys bare, the mountains cold  
I'd miss you-oh, a hundred-fold

If you were not...

How could I face my daily life  
(It would be such a futile strife)  
How could the sun keep shining warm?  
How could I stay away from harm?

If you were not...

Where would I find my inner peace?  
Where would my energy release?  
And then, at last, when day was done,  
Where would I find oblivion?

If you were not...

Who'd share with me the ebon-sky?  
Wishing as shooting stars fly by  
Who'd offer me his loving hand?  
Who'd help me see and understand?

But you *are* here  
And therefore I have dreams  
and take things to extremes  
which put me on the spot:

If you were not...



The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact Leisure World and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Classes are periodic and announced in the LW Weekly.

**CITY OF SEAL BEACH**

**New city clerk has been hired**

After a highly competitive process, the City of Seal Beach has selected Gloria Harper as the city clerk. She started her post on Jan. 28.

Harper brings 20 years of professional experience in local government.

Currently, she is the senior deputy city clerk of the City of Huntington Beach, assisting with the legislative, election, records management and administrative functions of the city clerk's Department serving 13 city departments and a seven-member city council.

She also serves as the budget liaison for her department, ensuring the city clerk's budget is monitored and contains the funding necessary to meet the core functions of the clerk's office.

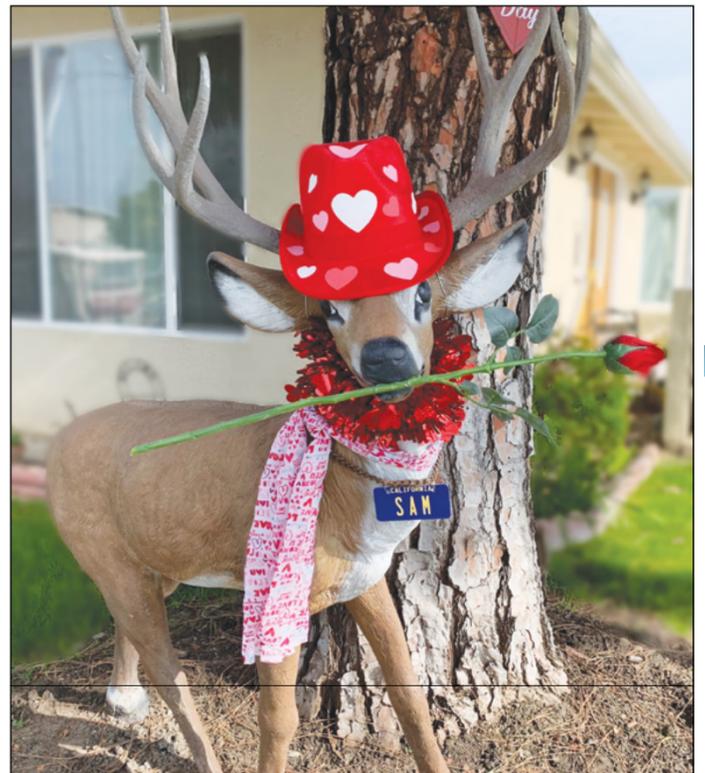
Harper has worked for the City of Huntington Beach for six years serving in the Finance and City Clerk departments. In addition, she has more than six years of experience as a deputy city clerk for the City of Long Beach, serving 23 departments, 28 commissions and boards, nine city council members, and a full-time, elected Mayor.

"Gloria joins us with 20 years of municipal experience from medium and large coastal communities," said City Manager Jill Ingram.

"There is no doubt her experience, superior qualifications, and passion for the city clerk profession will pay dividends for our community for many years to come."

Harper received a master's degree in public administration from California State University, Long Beach, and a bachelor's degree from California State University, Dominguez Hills.

—from a prepared release



Sam the Deer, at the corner of Saint Andrews and Glenview, is dressed for Valentine's Day.

**OC OFFICE ON AGING**

**Needs survey is due by Feb. 28**

The Orange County Office on Aging (OoA) is working with the Orange County Aging Services Collaborative (OCASC) to conduct a needs assessment of older adults residing in Orange County. The focus of this assessment is to evaluate issues and perceived needs of older adults. The 2017 needs assessment, respondent's top three concerns were socialization (54 percent), financial assistance (43 percent), and transportation (40 percent).

The Office on Aging is requesting Leisure World residents' assistance in completing the 10-minute needs assessment survey to identify new and current needs within the community.

People can participate in one of three different ways:

1. Access the survey on [www.surveymonkey.com/r/2018ocascsln](http://www.surveymonkey.com/r/2018ocascsln)
2. Complete the survey at the Leisure World Health Care Center Lobby area and submit in the enclosed locked box or
3. Complete the survey at the Leisure World Library and submit in the enclosed locked box.

This survey is completely anonymous; however, people seeking additional personalized assistance have an option to leave contact information at the end of the survey or they can call the Office on Aging at (714) 480-6450 or (800) 510-2020.

With community help, the Office on Aging can continue to employ collaborative partnerships and innovative programming to maximize limited resources and improve the older adult service delivery system in Orange County. Surveys can be submitted through Feb. 28.



# Community

**GRF**

## Olympics organizing meeting set

An organizational meeting for the first Leisure World Olympic games is planned for Tuesday, Feb. 19, at 9:30 a.m. in Clubhouse 3, Room 9. Tommy Fileto, recreation manager, will lead the meeting and share plans for the event and the provide information on coordinating group tournaments.

Groups that have signed up to participate in the Olympics should RSVP to [thomasf@lwsb.com](mailto:thomasf@lwsb.com).

There is still time for other clubs to join in the competition by e-mailing the club name, activity, contact name and contact phone number to [events@lwsb.com](mailto:events@lwsb.com) and attend the meeting.

Some additional suggestions for tournaments are bridge, Mexican Train dominoes, cribbage, Yahtzee, bowling and basketball free throws and other games played in LW.

Groups that are organizing tournaments include bocce, pickle ball, billiards, table tennis, golf, shuffleboard, bowling and poker.



Individuals who want to participate in events and athletic skills, such as swimming, free-style, backstroke, breaststroke and relay teams that are not or

**OLYMPICS, page 20**

## Shuffleboard Club organizes tournament for LW Olympics

The Shuffleboard Club will participate in the Leisure World Olympics and host a shuffleboard tournament at the Clubhouse 1 courts. This event is open to all Leisure World residents. To participate or for information, call President Carrie Kistner at (949) 300-0285. Individuals who are not presently members of the LW Shuffleboard Club will be required to attend a 30-40-minute class concerning shuffleboard rules, procedures and court preparations. Requirements are to be able to stand for 15-30 minutes at a time and all must wear closed toe shoes. Playing equipment is available at the courts.

The tournament will be on March 6. Pre-tournament practice will begin at 10 a.m. and run for 15-20 minutes before tournament start at approximately 10:30 a.m. The top three winners in the tournament will be awarded medals at a GRF ceremony scheduled in May. Tournament will be either a single or double elimination depending on the number of participants. Sign-up deadline for entry to the tournament is Feb. 20.

Those who want to join or try out the game, practices during league play are at 10 a.m., Monday and Wednesday at the shuffleboard courts behind Clubhouse 1.

For information on the league or tournament, call Kistner.

**GRF TRIP**

## Get on the bus to see Ducks on March 20

The Anaheim Ducks will be out for revenge on Wednesday, March 20, after the 9-3 thumping they took in the last meeting with the Winnipeg Jets. The puck will drop at 7 p.m.

The Ducks and Honda Center are commemorating their 25th anniversary with several special promotional give-aways, and everyone in attendance at the Jets game will receive a Ryan Getzlaf NHL Draft Bobblehead presented by San Manuel Casino.

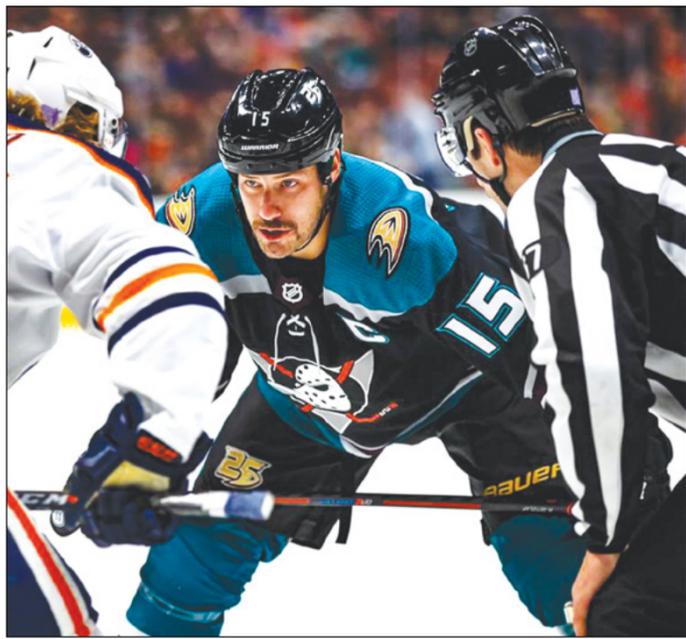
Getzlaf is the current team captain of the Ducks. He was drafted by the team in 2003 and named team captain in 2010.

The Ducks will wear throw-back jerseys featuring the original team colors, eggplant and jade green, with the original Mighty Ducks logo, an old-style goaltender mask shaped like a duck bill.

Tickets for seats in the lower bowl, Section 201, are on sale at the Recreation Office in Building 5 for \$80, including transportation and fees. Make reservations by emailing [events@lwsb.com](mailto:events@lwsb.com), in person, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member. Accessible seating is available for this event, if requested at the time of purchase.

Owned by the city of Anaheim, Honda Center officially opened as Anaheim Arena on June 19, 1993. In October of that same year, the venue was renamed Arrowhead Pond and hosted the first Mighty Ducks of Anaheim hockey game. In 2005 a new era began, when Henry and Susan Samuelli took ownership of both the team and the venue management company, Anaheim Arena Management, LLC.

In 2006, the official name of the arena changed to Honda Center, along with the team to Anaheim Ducks. The official team colors were changed to orange, black and gold, with white in place



Ryan Getzlaf and the Ducks will don throw-back uniforms in jade green and eggplant for the game on March 20 when all in attendance will receive a commemorative Getzlaf bobblehead.

of black for the away jersey. The orange pays tribute to Orange County.

A new scoreboard measuring 27 feet tall and 47 feet 10 inches wide debuted in the fall of

2015. The six-millimeter diode equipped hardware features 1248 x 2208 lines of resolution, the clearest and highest definition picture available in any North American venue.



GAF volunteer Kathy Salazar prepares Zelma Caples' (l), Mutual 2, tax return at the AARP Tax-Aide program. Zelma has used the program for the past three years.

**GAF**

## Make appointments for taxes

The AARP Tax-Aide program volunteers sponsored by the Golden Age Foundation are preparing and e-filing tax returns for full-year California residents. This tax service is provided Monday, Tuesday, and Wednesday mornings in Clubhouse 6. Appointments are required. Call 596-1987 and leave name and telephone number. A volunteer will call back to schedule an appointment.

The intake/interview sheet required for every appointment can be picked up at the Leisure World Library and filled out prior to the appointment.

Individuals with rental property or a net loss from self-employment are out of scope for this program.

**GRF RECREATION**

## Outings planned to see Angels

The Recreation Department is planning three Leisure World Days at Angels Stadium, April 24, June 27 and July 21, for residents and their guests for 2019.

The April 24 game will be against the New York Yankees at 7 p.m. The Yankees are always a big draw, so sales will be brisk, don't delay.

Tickets, \$40, will be presold at the Recreation Office, Building 5, lower level, and includes transportation. A hot dog and beverage may be purchased for an additional \$6.50, and a ball cap may be added for \$3. Participants need to com-

**ANGELS, page 17**



**GRF**

## Save date for St. Patrick's Day dinner/dance

The GRF second annual St. Patrick's Day dinner/dance will be held in Clubhouse 4 on Sunday, March 17. The aroma of corned beef and cabbage, catered by Koffel's Food Service, will fill the air, and there will be Irish music provided by an authentic Celtic band.

It's sure to be a blast, so practice the jig, dig out some green duds from the closet and call all your fellow leprechauns. Tickets will be on sale soon and groups and clubs can also buy tables of eight. Save the date and watch the News for more information or contact [events@lwsb.com](mailto:events@lwsb.com).





Cathie Merz, staff photo

Long Beach State Senior Deishuan Booker continues to lead Long Beach State in scoring. During league play he is averaging 25.9 points per game, best in the Big West. He also starts the week leading the nation with 159 free throws. The senior is shooting nearly 90 percent from the line for the year. Don't miss seeing the possible future NBA player in his final game at the Mike and Arline Walter Pyramid on Wednesday, March 6, when the Beach from Cal State University, Long Beach, takes on the Highlanders of University of California, Riverside. Six seniors will be honored at the game. Hurry to the Recreation Office in Building 5 to make reservations, \$6 including transportation, email [events@lwsb.com](mailto:events@lwsb.com) or call 431-6586, ext. 324. Guests are welcome, but must be accompanied by a GRF member. No accessible seating is available for this event.

**GRF RECREATION**

**Get tickets to 'Life Could Be a Dream'**

The Golden Rain Foundation Recreation Department will escort an outing to see "Life Could Be a Dream" at the Beverly O'Neill Theater in Long Beach on Thursday, March 7, at 8 p.m. Tickets are \$70 and include ticket, bus fare and gratuity for the driver.



"Life Could Be a Dream" is a jukebox musical featuring doo-wop music. Jukebox musicals are musical films or stage performances that feature the songs of popular music acts.

"Life Could Be a Dream" was written and directed by Roger Bean, creator of "The Marvelous Wonderettes," and produced by David Elzer. It premiered at the Hudson Theatre in Hollywood on Aug. 7, 2009, and received numerous awards, including the LA Drama Critics Circle award for Production of the Year and the LA Weekly award for Best Musical of the Year. It had a record-breaking 12-month run in Los Angeles.

The show is set in 1961, when doo-wop peaked as an intergenerational pop phenomenon that cut across racial and social lines in the United States.

Doo-wop first developed in African-American communities

**ANGELS**  
From page 16

plete a release form, also available at the Recreation Office.

The bus leaves promptly at 5 p.m. from the Amphitheater parking lot, but those going must arrive by 4:30 to be processed. Accessible seating is available if requested at the time of ticket purchase. The tickets are non-refundable.

For more information, contact the Tommy Fileto at 431-6586 ext. 324 or email [thomasf@lwsb.com](mailto:thomasf@lwsb.com).

in cities across the United States in the 1940s. Early doo-wop was strongly influenced by blues, swing, barbershop quartets and groups like the Ink Spots and the Mills Brothers. Much of it was developed informally by groups of three-six singers on street corners singing a cappella and improvising syllables to go with the vocal harmonies, often imitating instrumental sounds.

The show features 21 popular doo-wop songs.

The bus will leave from the Amphitheater at 6:15 p.m. Be at the loading area no later than 5:45 p.m.

For information, contact the Recreation Office at 431-6586 ext. 326 or email [events@lwsb.com](mailto:events@lwsb.com).

**LW WELLNESS CLUB**

**'Mindfulness' is topic Feb. 19**

The Wellness Club will meet the Tuesday, Feb. 19, at 2 p.m. in Clubhouse 3, Room 4. The topic will be "Mindfulness." It will be an entertaining and informative group discussion. All who is familiar with, or want to know more about, applying mindfulness for health and happiness are welcome.

For more information, contact Charla Gae at 446-0005.

The LW Weekly  
430-0534

**SUNSHINE CLUB**

**Fraud, long-term care are topics for guest speaker**

Ronnie Alvarez will be the guest speaker at the Sunshine Club tomorrow, Feb. 15, at 10 a.m.

Alvarez will give information on providing a lifetime of income with an indexed annuity; universal life insurance with long term care benefits; creating generational wealth with term life insurance; and how to protect yourself from fraud.

Alvarez has almost 30 years in

the automotive and commercial industry. He travels all around the world working with various multi-billion corporations.

He acquired his California Insurance license in 2007, for life insurance, property insurance, casualty insurance, and accident and health insurance. When he is not traveling the world, he supports Praesidium Financial Inc. on the weekends by marketing

the company with the local community and surrounding cities.

Alvarez resides in Rossmore and attended school in Los Alamitos. He received a B.S., in business administration, financial management, from California State University, Long Beach.

The Sunshine Club is designed to help people get along in the

**SUNSHINE, page 18**

**NEUROPATHY?**

**DISCOVER THE LATEST BREAKTHROUGH THAT CAN RELIEVE PAIN AND NUMBNESS CAUSED BY NEUROPATHY**

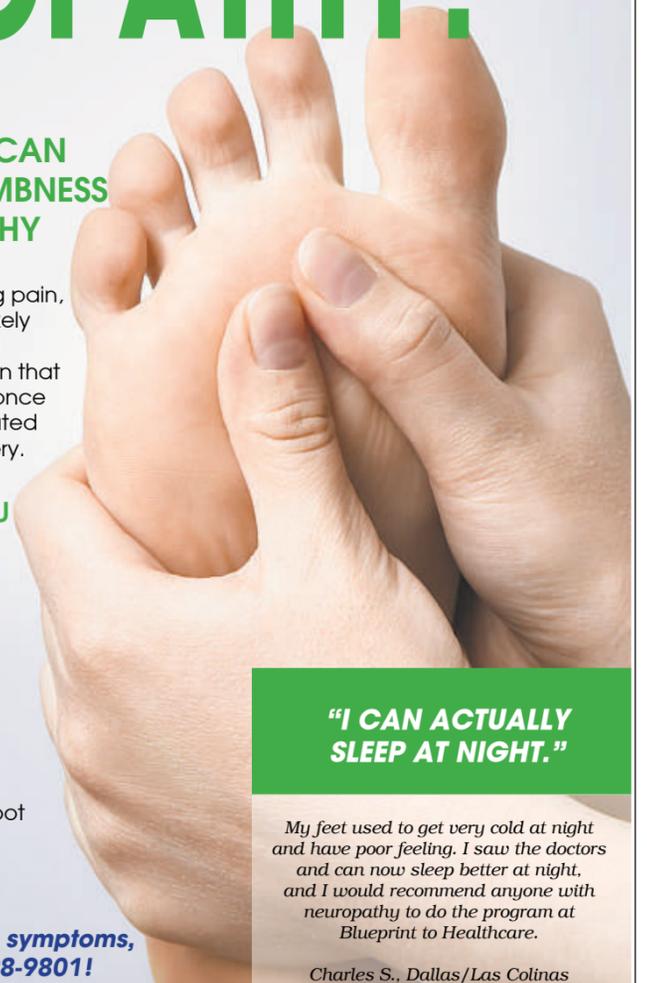
If you are experiencing debilitating pain, numbness and tingling, they are likely caused by Neuropathy. Peripheral Neuropathy is a common condition that affects 20 million Americans and, once identified, can be successfully treated without the use of drugs and surgery.

**HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE DAMAGE?**

The following symptoms may start gradually and then worsen:

- Numbness
- Diabetic nerve pain
- Sharp, electric-like pain
- Burning or tingling
- Muscle weakness
- Difficulty sleeping from leg or foot discomfort
- Sensitivity to touch
- Pain when walking

**If you suffer from any of these symptoms, call us today at (562)-598-9801!**



**"I CAN ACTUALLY SLEEP AT NIGHT."**

*My feet used to get very cold at night and have poor feeling. I saw the doctors and can now sleep better at night, and I would recommend anyone with neuropathy to do the program at Blueprint to Healthcare.*

Charles S., Dallas/Las Colinas

**"We've had the privilege of helping hundreds of people in our community relieve their pain without the use of drugs or surgery."**

Blueprint to Healthcare

Seminar Topic:  
**Neuropathy Treatment Breakthroughs**  
**Non-surgical, Drug-free Treatment for Peripheral Neuropathy**

You will discover:

- What REALLY causes peripheral neuropathy
- Dangers associated with medications typically prescribed for peripheral neuropathy
- How to stop nerve damage before the effects are irreversible
- How our revolutionary protocol provides outstanding results for sufferers of peripheral neuropathy

Event sponsored and provided by:

**Vitality Wellness**  
10900 Los Alamitos Blvd., Suite, 141  
Los Alamitos 90720  
(562)-598-9801



**FREE!**

**GUEST SPEAKER**  
Peripheral Neuropathy Associate  
Blueprint to Healthcare

**SEMINAR DETAILS**

**DATE:** Tuesday, February 19, 11 a.m. and 3:30 p.m.  
Wednesday, February 20, 3:30 p.m.

Call for other dates and times **(562) 598-9801**

**LOCATION:** 10900 Los Alamitos Blvd. #141  
Los Alamitos 90720

**SEATING IS LIMITED**

CALL TODAY TO MAKE YOUR RESERVATION

**(562)-598-9801**

DN-1471879-01

# Obituaries

Space is available for obituaries of residents and former residents.

• An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

• An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

• Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.

• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

• A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

## KACMA

### Handel's works will be studied

The Korean-American Classical Music Academy (KACMA) will meet today, Feb. 14, at 9:30 a.m. in Clubhouse 4.

The best of George Frederic Handel will be presented by Ken Chong, including "Water Music, Suite" in D major; a collection of orchestral dance music in a form of concerto grosso; "Zadok the Priest," the British coronation anthem; "Messiah," No. 4, No. 44, No. 45, No. 48, an English-language oratorio; and "Music for Royal Fireworks," a suite for wind instruments.

Robert Chung will conduct the members' hour.

The KACMA class is conducted in Korean and open to all residents. The gathering encourages a fellowship through the enjoyment of mostly classical music and attending outside concerts in a group.

For further information, contact President Angel Joh, 598-0313; Program Chair Robert Chung, 387-7377; or Publicity Chair Yoon Soo Park, 431-3036.

## PEO

### Come play games Feb. 27

Everybody is invited to join the fun at the PEO Card party on the fourth Wednesday of the month. This month's card party is on Feb. 27 at 11:30 a.m. in Clubhouse 2.

Participants do not need to be members of PEO, and both men and women are invited to form a table of any game they want to play. The cost is \$12, which includes a luncheon and an afternoon of fun with friends.

Luncheon tickets are sold by the table and those who do not have a standing reservation must call Jan Krehbiel, 431-8240, by Feb. 23.

Two tables can be pushed together to play with more than four people. Bring friends and cards, dominos or whatever is required for a game of choice. There is an endless number of games to play such as Skip Bo, Hand and Foot, canasta, bridge, rummy cubes, poker, Five Crowns, Euchre, bunko, or just come for lunch. Hope to see you there.

PEO is a national organization that sponsors scholarships for Women's education.



•••  
**Parrish, Joseph U.**  
Dec. 23, 1935-Aug. 10, 2018

The family of Joseph Parrish cordially invites all to join in celebrating his life on Friday, March 1, at 11 a.m. in Clubhouse 3, Room 3.



"Your life was a blessing. Your memory a treasure. You are loved beyond words and missed beyond measure."

All are requested to bring your thoughts, prayers and fondest memories of Joseph.

Reception to follow.

## In Memoriam

- Mildred Lujan 101
- Oladimeji Sorunke 56
- Marion Kaligian 93
- Jesus Chavez 62
- Dennis Richey 60
- Raymond Moose 76
- Junet Ichino 95
- Dominick Russano 92
- Nancy Rossetti 47
- Arthur Meacham 90
- Andrew Warren 27
- Charles Brady 87

Families assisted by  
McKenzie Mortuary,  
961-9301

—paid obituary



The Band of the California Battalion will be in concert at 7 p.m. on Wednesday, Feb. 20, in Clubhouse 2, hosted by the Sunshine Club. Doors open at 6 p.m., and admission is free. The 14-piece band is an authentic re-creation of a Union Civil War Brass Band with authentic period instruments, music, chairs and uniforms.



Walkers Eunice Paik (l-r), Chong H. Kim and Gina Paik signed up to participate in the Ralph's Reward Program in Hospitality Center, and then enjoyed a cup of coffee after they walked in Seal Beach.

## GAF

### Join Ralph's Reward Program at Hospitality Center

The Golden Age Foundation Hospitality Center is a hub of active shareholders who meet friends and neighbors and take a break from their daily activities among bikers, walkers, hikers and beach walkers.

The Early Morning Beach Walkers visit the Hospitality Center every morning for a cup of coffee, to relax and catch up after their one-hour Seal Beach walk.

In order to provide the hospitality service, GAF needs to raise funds. An easy way to donate funds to GAF without any cost to the donors is by participating in the Ralph's Rewards Program.

Ralph's donates a percentage of its sales to local charities just for people doing their regular shopping. To receive funds, people must register for a charity of choice, the Golden Age Foundation, with the Ralph's Reward program. People can register online at [www.ralphs.com](http://www.ralphs.com) anytime or by calling (800) 443-4438 or (800) 660-9003, Monday-Friday, between 8 a.m.-5 p.m.

Lillian Kennedy, GAF board member, is at the Hospitality Center on Tuesdays from 9-11 a.m. to register shareholders for the Ralph's Community Rewards Program.

Kennedy began helping with registrations last November and

has signed up 50 shareholders since that time. GAF's goal is 500 participants. To date the number of participants is 244.

Stop by, enjoy a cup of coffee and visit Lillian Kennedy to join the reward program. Bring your

Ralph's membership ID.

The Golden Age Foundation (GAF) is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach community a better and happier place in which to live.

## SUNSHINE

From page 17

community, for neighbors to have better communication and to get the best out of living in Leisure World by learning how to use available information. The classes use LW Weekly as a textbook to go over LW news, general columns, etc.

Classes are held from 10 a.m.-noon on Fridays, in Clubhouse 3, Room 2 (except the first Friday in Room 9). All shareholders are welcome to attend; membership is not required.

Refreshments are served. The club appreciates shareholders bringing their own coffee mugs to participate in the "Save The Earth" program.

For more information, call Anna Derby, 301-5339.



Ronnie Alvarez

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Staghorn ferns are stunning. There are dozens of species of staghorn ferns, and until recently, they were quite rare. Now—thanks to species native to Australia, *Platycerium bifurcatum* that is relatively easy to care for and propagate—they're increasingly popular house plants.

**GARDEN CLUB**

**Expert on ferns to speak Feb. 18**

by Nancy Goldstein  
LW contributor

The Leisure World Garden Club will meet at 1:30 p.m., Monday, Feb. 18, in Clubhouse 2.

The program will feature speaker Michael Moody, president of the Los Angeles International Fern Society (LAIFS).

Moody will share his extensive knowledge of ferns and talk about how to mount staghorn ferns.

He will bring a variety of ferns for sale as well.

Moody developed an interest in ferns in 1981 when he inherited a large number of the plants from a friend moving out of the area. Since he knew absolutely nothing about ferns at the time, his brother, who also was growing ferns, took him to the Los Angeles International Fern Society, and he was hooked.

He's been collecting ferns every since.

His interests in the plant kingdom are wide-ranging. In addition to LAIFS he belongs to the Bromeliad Society International, American Begonia Society, Southern California Horticultural Society, San Diego Fern Society and the Los Angeles County Arboretum and Botanic Garden.

He loves to set up displays and do landscaping for other plant lovers.

The WE CARE table will be in the lobby for donations of non-perishable food items, gift cards and cash.

Coffee, tea and cookies will be served after the meeting.



**Game Day is Feb. 21 at 11**

The Leisure World Library will host another Game Day at under the red-and-white canopy at Veterans Plaza from 11 a.m.-2 p.m. on Feb. 21.

Residents are invited to come and play Yahtzee, checkers, Uno, Battleship, mahjong, Cornhole, Ladder Toss, Giant Jenga, Giant Connect Four and more.

The Wii video game console will be set up with sports games and library staffers will be there, ready to play.

Studies show that older adults should intentionally exercise their brains on a regular basis. Seniors who engaged in cognitive exercises by playing board games or doing Sudoku puzzles were much less likely to develop dementia than those who did not.

And playing games is a fun way to socialize and meet people. All are welcome.



Regine Schumacher took this shot of Antelope Canyon, which illustrates the dramatic effect that lighting can have on a subject.

**PHOTO ARTS CLUB**

**Light is topic at meeting today in CH 3**

The Photo Arts Club will meet at 1:30 p.m. today, Feb. 14, in Clubhouse 3, Room 9. Ben Benjamins will lead a presentation on "Light, The Photographer's Paintbrush." A hands-on demonstration will show how light affects the image. Several different lighting situations will be set up, and everybody will be able to photograph images in different lights. Bring cameras or iPhones to do the exercise and for help learning how to use the devices.

Everyone is welcome.

—Esther Cummings

**BY THE BOOK**

**LW Library can help with tax forms**

by Vanessa Morris  
Library Operations Supervisor



Vanessa Morris

Tax season is upon us, but don't worry, the Leisure World Library is here to help.

Here are five ways to use your Leisure World Library this month:

- CA state tax booklets are available for pick up.
- Federal tax forms are available to copy.
- Getting your taxes done by GAF? We have Tax Intake forms for your appointment.
- Doing your own taxes? Check-out our step-by-step tax guides. Library staff can assist you in finding and printing tax forms, but we cannot offer tax advice or opinions, or help you e-file.
- Need a few extra copies of your documents? We have a self-serve copy machine available.

Visit the LW Library Monday-Saturday from 9:30 a.m.-3:30 p.m.

Our shelves are packed with entertainment you can enjoy for free.

Your library card grants you access to a book collection of more than 30,000 titles, including the latest best sellers and new movie releases.

There are large print books, newspapers, periodicals, audio books and more.

Eight computers are available for patrons to use. Wi-Fi is available. If you have suggestions for new materials, let me or any of our friendly library staffers know.

For more information, call 598-2431.

**Take-out food in LW**

The GRF Recreation Department sponsors two options a week for takeout dinners that people can order inside Leisure World.

Taco Tuesday, hosted by Kofel's Food Service, offers a wide variety of diner-style selections at reasonable prices.

The truck is in the Clubhouse 6 parking lot at 5 p.m. every Tuesday.

People can take their food to go, or eat inside or on the patio of Clubhouse 6.

Pizza Thursday starts at 4 p.m. in the parking lot of Clubhouse 6.

Dominos Pizza is there until 8 p.m. Special orders can be called in to 493-2212 between 10 a.m.-1 p.m. for pickup at the truck in Leisure World.

LW Weekly  
430-0534

**LW Poetry**

*This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, followed by a business meeting at 3 p.m.*

Grandma  
has three doctors  
all of whom  
prescribe  
one to three prescriptions.  
It is hoped  
that she is better  
at remembering  
how many and when  
to take them  
than  
the rest of us  
who can't remember  
if  
we took our vitamins  
or  
what we ate for lunch  
yesterday.

— Harlan Vague

Tell Our Advertisers  
You Saw Them in the



Kick up your heels on Saturday nights!

**Golden Rain Foundation**  
presents

**LIVE BAND DANCES**  
IN CLUBHOUSE ONE

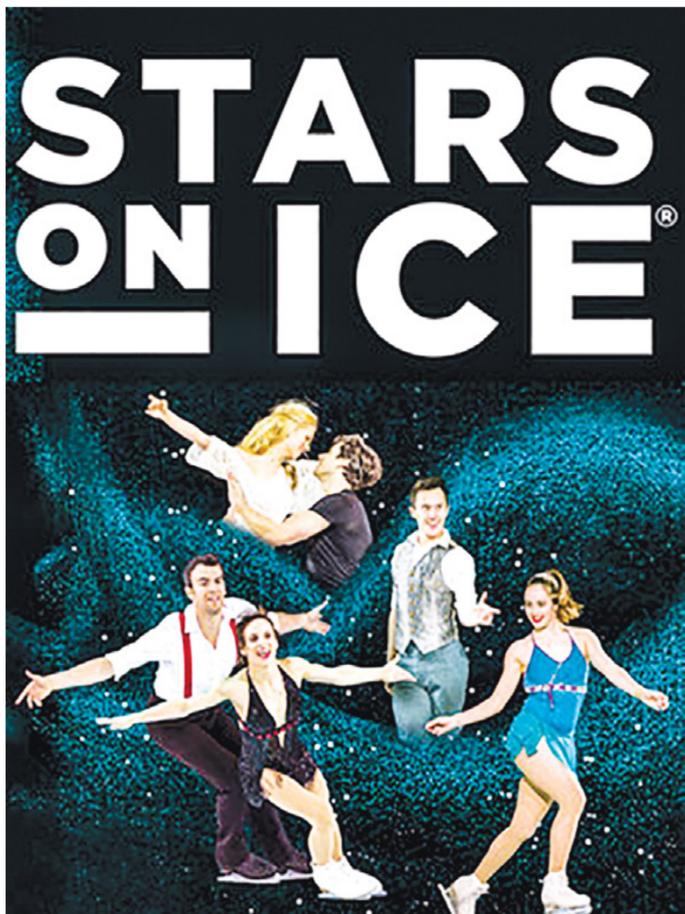
**7:00 - 9:30 p.m.**  
EVERY SATURDAY

JIM GILMAN BAND - 40's and 50's Ballroom and swing  
ONE FOR THE ROAD - Rock and Roll  
LINDA HERMAN - Mixed pop and ballroom  
THE TRIO - 40's and 50's Ballroom and swing  
AMERICAN GOLD BAND - Rock and Roll  
STARDUST TRIO - 20's through 40's Ballroom

CHECK LW WEEKLY FOR THE SCHEDULE  
All welcome, but guests must be accompanied by the GRF Member who invites them.



# Travel



**GRF RECREATION**

## Purchase tickets for Stars on Ice

The GRF Recreation Department will escort a trip to see the 2019 Stars on Ice Tour on Saturday, May 11, at 7:30 p.m. at the Honda Center. The cost is \$40 per person, including transportation. Accessible seating may be available upon request.

The best of American figure skating past, present and future will shine in the all-new show featuring 2018 World Champion Nathan Chen, and Olympic medalists Maia and Alex Shibutani, Ashley Wagner, Jason Brown, Mirai Nagasu, Jeremy Abbott and Bradie Tennell. They will be joined by Olympic Gold Medalists Meryl Davis and Charlie White, World Silver Medalists Madison Hubbell and Zach Donohue and United States Silver Medalist Vincent Zhou in a red, white and blue celebration on ice.

Make reservations by emailing [events@lwsb.com](mailto:events@lwsb.com), in person at the Recreation Office in Building 5, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member.

**LWRV**

## 'Chili' night is slated Feb. 19

The next Leisure World RV Club meeting is Tuesday, Feb. 19, at 5 p.m. in Clubhouse 4. With all the cold weather lately, club members thought "chili" night would be good.

So, bring your best chili with a copy of the recipe to share. Other members can bring chili toppings, onions, cheese, sour cream, corn bread or salads.

The club will provide Valentine cake and water.

The general meeting will begin at 6 p.m., followed by a brief presentation on Durango/Silverton, Colorado.

Membership dues, \$10 per RV, per year, are still be accepted. All residents are welcome

The club meets monthly January-May and September-December, on the third Tuesday of the month at 5 p.m. for a potluck dinner followed by the general meeting at 6 p.m. The May and September meetings are in the Clubhouse 1 picnic area, the other months the meetings are in Clubhouse 4.

**SENIOR STUDIES**

## Join LBCC tours to Route 66, L.A. museums

Long Beach City College (LBCC) Senior Studies has openings on its "West Side Story Tour" on Wednesday, Feb. 20, to the Arman Hammer Museum, UCLA Gardens, Annenberg Space for Photography, EATLEY and lunch at Andres Italian Kitchen. The bus departs at 9 a.m. and returns at 4:30 p.m. The cost is \$89.

There is also space available on the Thursday, March 7, tour to the Route 66 Museum in Victorville, which departs at 9 a.m. and includes lunch at Cracker Barrel Old Country Store. The cost is \$93.

Both tours depart from the LBCC Foundation Building, 4900 E. Conant Ave., at Clark Avenue in Long Beach.

For reservations and information, contact Carol Conley, 938-3048.

**OLYMPICS**

From page 16  
ganzed by clubs are also invited to take part in the LW Olympics.

Shareholders can participate in various games by contacting the clubs to find out when the club's Olympic tournaments begin. Those where there are no clubs for the desired event should contact the GRF Recreation Department by email at [events@lwsb.com](mailto:events@lwsb.com). All competitors must be members of the GRF.

The top three participants in various tournaments will be awarded medals at a ceremony that will be held in May.

**Main Gate  
594-4754**



Donna Gambol is the guest speaker at Traveling Tigers Feb. 20.

**TRAVELING TIGERS**

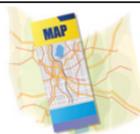
## Gambol shares her photos of China

Donna Gambol, Mutual 1, in October spent 15 days traveling in China. Gambol, formerly a professional photographer, took over 3000 snapshots in Beijing, Lhasa (Tibet), Chengdu, Xian, Guilin, and Shanghai and will present many of them at the Traveling Tigers meeting on Wednesday, Feb. 20, in Clubhouse 3, Room 9.

The potluck luncheon begins at noon, members and non-members are welcome. It costs \$5 to become a member of the club. When attending the luncheon, bring a dish that can serve 8-12.

The presentation will follow at approximately 1:15 p.m.

For additional information, call Susan Shaver, (310) 892-1021 or 795-9151.



## On the Go

**Day Trips**

**The Pantages Theatre, "Hello Dolly!" The Broadway Musical** - Feb. 17, \$139, David Nell/Good Times Travel, (888) 488-2287

**The Living Desert Zoo & Gardens With Tram Tour** - Feb. 23, \$89 includes lunch, David Nell/Good Times Travel, (888) 488-2287

**Harlem Globetrotters, Honda Center** - Saturday, Feb. 23, \$55, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Long Beach State Basketball** - Wednesday, March 6, \$6, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Beverly O'Neill Theater, "Life Could Be a Dream"** - Thursday, March 7, \$70, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**The Colorful Songs Revue, "The Luck O' the Irish"** - March 16, \$109, includes lunch and wine, David Nell/Good Times Travel, (888) 488-2287

**Mission San Juan Capistrano** - Tuesday, March 19, \$30, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Anaheim Ducks, Honda Center** - Wednesday, March 20, \$80, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Pala Casino** - March 29, \$6, \$10 back, American Legion Post 327, Gail Levitt, 596-1346.

**Stars on Ice** - Saturday, May 11, \$40, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Harrah's Rincon** - Daily, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

**Pala Casino** - Daily, free, Amphitheater, 8 a.m., (714) 985-9555

**Pechanga Casino** - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

**Valley View Casino** - Sunday-Tuesday, Amphitheater, 7 a.m., free

**Overnight Trips**

**Bluegrass Cruise** - Feb. 18-22, four days, Carnival Inspiration, Ellen Brannigan, (310) 890-2368

**Nature's Bounty & Wonder Valley** - Feb. 24-27, David Nell/Good Times Travel, (888) 488-2287

**Central Coast Whales, Rails & Dunes** - March 6-8, David Nell/Good Times Travel, (888) 488-2287

**Death Valley Splendor** - March 17-19, David Nell/Good Times Travel, (888) 488-2287

**Desert Bloom** - March 17-18, 2019, David Nell/Good Times Travel, (888) 488-2287

**Laughlin** - April 22-24, Seal Beach Woman's Club, [womansclubof-sealbeach.org](http://womansclubof-sealbeach.org)

**California Eight Missions** - June 4-9, motorcoach tour, Traveling Tigers Club, Joanna Matos, 598-1849

**Golden Nugget Las Vegas** - Sept. 8-11, motorcoach tour Traveling Tigers Club, Joanna Matos, 598-1849

**Canadian Rockies & Glacier Park** - Sept. 8-14, Traveling Tigers Club, Joanna Matos, 598-1849

**Palm Springs, Death Valley, Joshua Tree & Las Vegas** - Nov. 4-7; motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849

**Hearst Castle at Christmas Time** - Dec. 16-18, Motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849

## NEW CAR DIRECTORY

**LEXUS**

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just south of 22 Freeway  
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[www.lexuswest.com](http://www.lexuswest.com)

Space available for as  
little as \$6.50/week  
Call **562-472-1274**

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Now **\$1049!**  
15 Nights R/T Los Angeles  
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No Flying - Sails R/T Los Angeles  
**PRINCESS CRUISES**  
Only **\$999 - Hurry!**  
12 night cruise  
Round trip from Los Angeles— Vancouver  
Ketchikan, Juneau, Skagway, Glacier Bay  
Call **Warren Travel (800) 662-5450**



# Sports & Games

## Cards and Games Scoreboard

**Fun Time Pinochle Club** winners Feb. 11: Joan Taylor, 12,010; Ruth Bonnema, 11,370; Jerry Hore, 11,370; Margaaret Smith, 10,840; Maureen Marsh, 10,760. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

—Bert Sellers

...

**Monday Bridge Club** winners Feb. 11: Pauline Fitzsimons, Howard Bleakley and Jeanette Jones. Games begin at noon in Clubhouse 1. For more information, call Mary Nell Clark, 296-8570.

...

**Burning Tree Duplicate Bridge Club** winners for Feb 9: N/S: Fred Reker-Larry Slutsky; Gary Paugh-Emma Trepinski; Jack Dampman-George Koehm. E/W: Al Appel-Judy Jones; Bud Parish-Dorothy Favre; Diane Sachs-Marilyn McClintock. Feb 8: N/S: Joan Tschirki-Al Appel; Betty Jackson-Diane Sachs; Cooie Dampman-Judy Carter-Johnson; Bob Mault-Jenny Ernest; Joan Berg-Harriet Weiss. E/W: Lavonne McQuilkin-Carol Murakoshi; Ellen Kice-Russ Gray; Fred Reker-Larry Slutsky; George Koehm-Dorothy Favre; Howard Smith-Mariann Klinger. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is the club championship on Friday, Feb. 23.

—Fred Reker

...

**Jolly Time Pinochle Club** winners: Feb. 9: Joan Taylor, 11,360; Ruth Bonnema, 10,650; Jerry Hore, 9,970; and Jim Kaspar, 9,940. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

—Bert Sellers

...

**Leisure World Duplicate Bridge Club** overall winners in a 17-table game Feb. 7: First in Strats A and B: Judy Carter-Johnson-Gene Yaffee; second in Strat A: Sibyl Smith-Marilyn McClintock; third in Strat A: Fern Dunbar-LaVonne McQuilkin; fourth in Strat A: Judy Jones-Al Appel; fifth in Strat A, second in Strat B, first in Strat C: Chie Wickham-Judy Percer; sixth in Strat A, third in Strat B, second in Strat C: Bob and Lawrence Goldstein; fourth in Strat B: Peggi Spring-Monica Gettis; fifth in Strat B: Bud Parish-Sue Fardette; sixth in Strat B: Fred Reker-Russ Gray; third in Strat C: Jeanette Estill-Ann Croul; fourth in Strat C: Joanne Berg-Joyce Roberts; fifth in Strat C: Ted Wieber-Bob Stratman. Winners Feb. 4: N/S: First in Strat A and B: Larry Topper-Frances Gross; second in Strat A: Joan Tschirki-George Alemshah; third in Strat A: Diane Sachs-Hank Dunbar; fourth in Strat A: Bill Linskey-Gary Paugh; fifth in Strat A: Karen Johnston-Mary Lou Houghs; sixth in Strat A: Betty Jackson-Larry Slutsky; second in Strat B, first in Strat C: Chie Wickham-Mike Nielsen; third in Strat B: Judy Carter-Johnson-Gene Yaffee; second in Strat C: Don Vallens-Raimonda Scime. E/W: First in Strats A, B, and C: Ann Croul-Shmuel Fisher; second in Strat A: Judy Jones-Al Appel; third in Strat A: Fern Dunbar-Rob Preece; fourth in Strat A, second in Strat B: Ellen Kice-Sue Fardette; fifth in Strat A, third in Strat B: Jeanette Estill-Marilyn McClintock; sixth in Strat A: Dorothy Favre-LaVonne McQuilkin; fourth in Strat B: Peggi Spring-Monica Gettis; second in Strat C: Bruce and Jan Peterson. Games are played Mondays and Thursdays beginning at 12:30 p.m. in the Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservations. To make or cancel a reservation for Mondays, call Midge Dunagan at 594-9698; for Thursdays, call Sharon Beran at 308-7838 or email her by 10:30 a.m. on the day of game, at [hbsharonb@gmail.com](mailto:hbsharonb@gmail.com). With a maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will be accommodated on a first-come- first served basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon-1 p.m. Note: Advanced reservations are required for the game on Monday, Feb. 18, for the annual pie and ice cream social. Sign up sheets are available at Monday and Thursday games through today, Feb. 14. Midge Dunagan will not take reservations for that day. For more information, call Ted Wieber at 596-8661.

—Gene Yaffee

...

**Friendly Pinochle Club** winners Feb. 7: Bobbie Olsen, 14,960; Oscar Moya, 12,090; Ruth Bonnema, 11,990; Marilyn Allred, 11,770. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

...

**Saturday Night Social Bunco Club** winners Feb. 9: Most buncos: Yvonne Vastry. Most wins: tie, Lois True and Rita Visloskie. Most babies: Dee Vasquez. Most losses: tie, Susie Ralston, Wilma Rosa, Helen Sponsler, Frances Nicholson and Sue McBride. Door prize winner: Nancy Floyd. The next meeting is Feb. 23 in the Clubhouse 3 Lobby. Sign-ups begin at 1 p.m. Due to the demand for tables a 1:30 p.m. arrival is advised. Play begins at 2 p.m. The club meets the second and fourth Saturdays of the month. For information, call Doris Dack, president, (714) 356-0443.

## GUYS,GALS GOLF

### Youn Lee gets a hole-in-one in tournament

The Guys and Gals golf tournament on Jan. 30 was played on a partly sunny morning by 37 co-ed teams over 18 holes in three flights.

Highlight of the day was a hole-in-one by Youn Lee on the 11th hole, a 100-yard plus par 3.

The A flight has teams with combined handicaps of 0-9 followed by B flight, 10-13; and C flight, 14-18.

All scores are net, actual score minus handicap.

Flight winners:

A: Tie between Bob and Janice Turner and Terry Thrift-Bert Thompson, 45; tie for third place among Won and Jane Song, Young and Hae Lee and Dong and Devora Kim, 46.

B: Byong Choi-Mark Park, 46; Jae and Sun Lee, 47; Alan Sewell-Patti Smith, 48; tie for fourth place between Paul and Jean Cose, Marv Jones-Marilyn

Hewitt and Ron Jackson-Dale Quinn, 51.

C: Tie between Steve Moody-Sandy Derouin and Jim John-Laura Garcia, 44; Ryan and Kay Hong, 45; Youn and Malinda Lee, 48.

Closest to the pin on the eighth hole were Walt Bier, 1 foot, 3 inches, and Yvonne Kim, 9-7.

On the 17th hole, it was Ann Tran, 2-5 and Byong Choi, 5-11.

There were also 10 circle hole winners.

Guys and Gals tournaments are held on the third and fifth Wednesdays of the month. The next tournament is scheduled Feb. 20.

—Dave LaCascia

## SHUFFLEBOARD CLUB

### Spirited matches played Feb. 8

The Shuffleboard Club's league play continued into Week 15 on Feb. 8 and had spirited matches that could have gone either way depending on one throw of the puck.

The Classics squeaked by the Sliders, 10-8. The Classics all game winners were Kathleen Morrison and Howard Bolten. Sliders all game winner was Richard "Red" Ryals.

Puckmasters edged Girl Power 10-8. Girl Power all game winners were Carrie Kistner, Chandra Patel and Patty Peterson

Currently The Classics are alone in first place with 10-1/2 points; Puck Masters in second with 10; Girl Power in third with 5, and Sliders in fourth with 4-1/2 points each.

Next week's game will be on Feb. 15 at the Clubhouse 1 Courts with Girl Power vs. Puckmasters, and The Classics vs. Sliders.

The last Friday luncheon will be on Feb. 22 after league play.

The Shuffleboard Club is entering the Leisure World Olympics with a tournament at the Clubhouse 1 courts on March 6. This event is open to all Leisure World residents. Call president Carrie Kistner at (949)300-0285 to enter or ask questions.

For those who wish to join the club or try out the game, practices are held at 10 a.m. Monday and Wednesday at the shuffleboard courts behind Clubhouse 1. 0

## Ladies Q Pool Club

The Ladies' Q Pool Club meets at 10 a.m. Mondays in Clubhouse 1 to play pool.

Tournaments are held at 10 a.m. on the second Wednesday of the month in Clubhouse 1.

—Kathy Engelhardt



Lem Hall

## TOURNAMENT POKER

### Lem Hall wins second straight poker tourney

Lem Hall won his second straight table in Tournament Poker club play on Feb. 2.

He and second place Pat Paternoster had poor hole cards, but Lem managed to get a pair of sixes to win the game.

Third place was Harry Sera, followed by Glenn Evenson, Drew Sargent, and Susan Rose.

Evenson also won the featured hand, winning with the hole cards of two and seven, considered the worst drawing hand in the game.

Ken Reddy won first high hand, aces full of queens. Haruko MacLean was second, with kings full of jacks.

Tournament winner Hall has lived in Mutual 6 for 18 years.

The club holds tournaments on the first, second and third Saturdays of the month.

For more information, call Wendy Wu, club president, at (714) 366-0940.

—Susan Dodson

## BOWLING CLUB

### Spares Are Good took 3 from Very Striking Feb. 7

Spares Are Good moved to within five games of first place in the Pool League standings by winning three games from Very Striking on Feb. 7 at Westminster Lanes.

Danny Bigelow opened with a 245 game and had a 636 series for the winners. Teammate Gracie Hasting finished with a 202, the high game for the ladies.

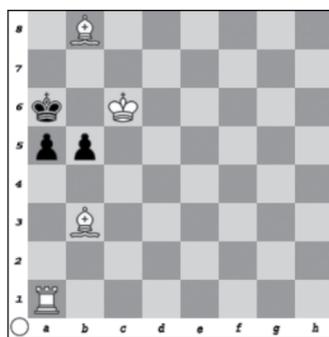
Ned Sprow bowled a 204 for Pinbusters, who split with Maybe Next Tuesday.

Tom Kaczmarek of Maybe Next Tuesday had a 194 and Jackie McReynolds picked up the big 6-7-10 split.

Arnold Bakker of D Hustlers opened with a 213 in a split with Just Lucky.

We Can Do It swept Strikes Are Better and OSIMA won three games from Nameless to solidify its hold on third place.

—Dave Silva



## Chess Club Puzzle

**This week's puzzle:** White moves first and for any answer by black, the white's next move is checkmate.

...

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for free lessons.

CHESS, page 23

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# Puzzles & Comics

Answers on page 25

## Gasoline Alley

By Jim Scancarelli



## Broom-Hilda

By Russell Myers



## Middletons

By Raph Dunagin & Dana Summers

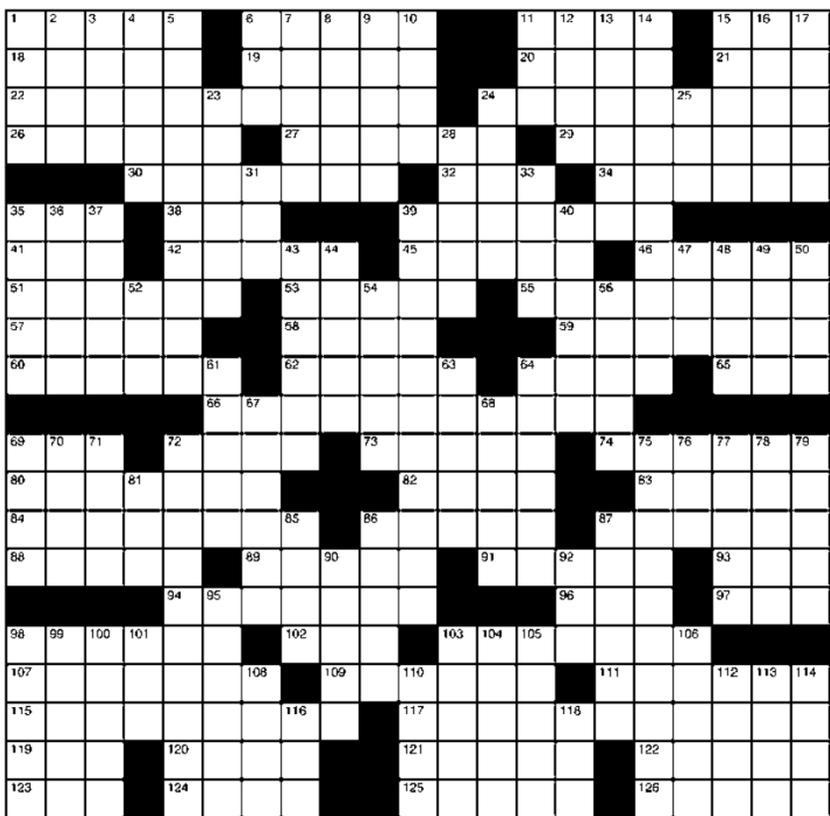


## On the Boards

Edited by Linda and Charles Preston

ACROSS

- 1 "Never money spent": Frost
- 6 Turkish bigwig
- 11 Its capital is Lima
- 15 RR stop
- 18 Large, grassy plain
- 19 English horse race
- 20 Harness part
- 21 Cheerleader's word
- 22 High point in a theater
- 24 Cliffhanger
- 26 Willow
- 27 Madden
- 29 Ocean liner
- 30 Opted
- 32 Height: abbr.
- 34 Given name of 45 Across
- 35 Pvt.'s boss
- 38 Pledge words
- 39 Frowns angrily
- 41 Card game
- 42 Depressed state
- 45 French philosopher Ernest
- 46 Swarms
- 51 "Cocoon" actor Don
- 53 Gets out of bed
- 55 Chess game variation
- 57 Computer fix
- 58 California county
- 59 Sign a check
- 60 Evaluate
- 62 Pennsylvania sect
- 64 Unrestrained revelry
- 65 Hot time, in Paris
- 66 Popular stage star
- 69 Dear \_\_\_\_\_
- 72 \_\_\_\_\_ la France!
- 73 Room
- 74 Arctic and Antarctic \_\_\_\_\_
- 80 Teach
- 82 Flatboats
- 83 Custom
- 84 Saviors
- 86 Tiny insects
- 87 Turn around
- 88 Overripe
- 89 Smooth, glossy fabric
- 91 More rational
- 93 Stitch
- 94 Graceful and refined
- 96 Wildebeest
- 97 Time periods: abbr.
- 98 Yuca
- 102 Chimpanzee
- 103 Leanest
- 107 "Sweet \_\_\_\_\_"
- 109 Pressed
- 111 Conceited person
- 115 Actor with a walk-on part
- 117 Backdrop creator
- 119 Gehrig or Reed
- 120 Fibs
- 121 Ducks
- 122 Street show
- 123 Intuition: abbr.



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1/8/17

- 124 Existence
- 125 Writer Gardner's namesakes
- 126 Suspicious

DOWN

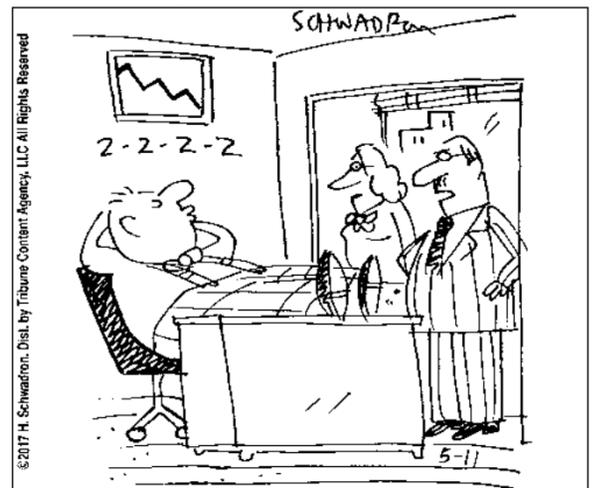
- 1 Priest's robes
- 2 Eastern European
- 3 Variety of cabbage
- 4 French relative
- 5 Stage illumination
- 6 Reimburse
- 7 Valuable possession
- 8 Subdivision of a play
- 9 Accumulate
- 10 "\_\_\_\_\_ boy!"
- 11 Prefix for earlier
- 12 Lampreys
- 13 Disturber of the peace
- 14 Leading lady's standby
- 15 Disgrace
- 16 Big Apple Square
- 17 Not together
- 23 Seamstress' utensil
- 24 Cantaloupe, e.g.

- 25 Cantered
- 28 Strong winds
- 31 Murmur amorously
- 33 Christmas tale opener
- 35 "It" girl \_\_\_\_\_ Bow
- 36 Apples, pears, et al.
- 37 Fine-grained clay
- 39 Dressing room requisite
- 40 Comb. form for intestine
- 43 Showily decorated
- 44 Winter resort center
- 47 Wine
- 48 To be, to Blanche
- 49 Majority
- 50 Sniek-or-
- 52 Dee preceeder
- 54 Gyrate
- 56 \_\_\_\_\_Saxon
- 61 Hit, Biblical style
- 63 Core
- 64 Russian or Texan city
- 67 Unwilling
- 68 FDR Cabinet member
- 69 Medieval slave
- 70 \_\_\_\_\_ fixe
- 71 Corrode
- 72 Stage variety show
- 75 Musical comedy essential
- 76 Snack
- 77 Disconcert
- 78 Saltpeter
- 79 Seethes
- 81 Roman 201
- 85 Long narrative
- 86 Underground worker
- 87 Certain French girls
- 90 Tropical hoglike animal
- 92 Athenians' language: abbr.
- 95 Hawaiian verandas
- 98 Telegraph
- 99 Goodbye, to Fernando
- 100 Erect
- 101 High peak
- 103 Malevolent look
- 104 Flower part
- 105 Confuse
- 106 Roman robes
- 108 Scans
- 110 Prefix indicating bone
- 112 Concerning
- 113 Prophet
- 114 Low card
- 116 Compass dir.
- 118 Road curve

## Sudoku

	2		8				5		1
3		8	7						4
	9	2		4		1	5		
			1		2				
	6	1		5		4	8		
9						3	6		5
5		3				1			9

## 9 To 5 By Harley Schwadron



"Why can't he be self-driven, like his car?"

## The Observer: Crossword Puzzle

### SCRABBLE GRAMS

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A <sub>1</sub>	E <sub>1</sub>	Y <sub>4</sub>	P <sub>3</sub>	D <sub>2</sub>	N <sub>1</sub>	L <sub>1</sub>	RACK 1
A <sub>1</sub>	O <sub>1</sub>	U <sub>1</sub>	R <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	J <sub>8</sub>	2nd Letter Double RACK 2
A <sub>1</sub>	O <sub>1</sub>	Y <sub>4</sub>	W <sub>4</sub>	H <sub>4</sub>	D <sub>2</sub>	S <sub>1</sub>	Triple Word Score RACK 3
A <sub>1</sub>	E <sub>1</sub>	Y <sub>4</sub>	M <sub>3</sub>	T <sub>1</sub>	P <sub>3</sub>	N <sub>1</sub>	RACK 4
A <sub>1</sub>	E <sub>1</sub>	O <sub>1</sub>	D <sub>2</sub>	F <sub>4</sub>	R <sub>1</sub>	L <sub>1</sub>	RACK 5

PAR SCORE 265-275  
BEST SCORE 356  
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

## JUMBLE

THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

AZTOP

OOO

HOOTP

OOO

UNFLAT

OOO

DROPAN

OOO

Our new campaign has given us the market share lead.

We have to make sure we don't let it slip away.

THE NEW SHOE COMPANY WAS GAINING A \_\_\_\_\_

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here: OOOOOOO



Jane Song



Janice Turner

**WOMEN'S GOLF CLUB**

**Pair honored as aces of the year**

The Leisure World Women's Golf Club has honored two members as tournament aces of the year for 2018.

Jane Song had the lowest gross score and Janice Turner had the lowest net score for each month last year.

That set up a playoff that determined that Song and Turner were the tournament aces.

...

The weekly tournament play scheduled on Feb. 5 was canceled.  
- Dale Quinn

**SCRABBLE CLUB**

**Zoe Pickell sets scoring mark with a 507-point game**

Most notable achievement made by members of the Leisure World Scrabble Club in January was made by Zoe Pickell.

She amassed a 507-point game to break Larry Edgar's club scoring record by one point. During that game, she used all seven tiles to spell "missels" making a bingo in the process.

Ten other members had bingos, including three apiece by Sylvia Makus and Suthy Chhveuy. Edgar and Rod Weissler had two bingos each. Single bingo winners were Ruth Depuy, Flo Thompson, Pam Smithson, Maria Giegerich, and Yvette Perdue.

Top scores were Pickell, 507; Larry Edgar, 416; Weissler and Giegerich, 411; Makus, 386; Nesland, 369; Smithson, 363; Marilyn Moody, 360 and Perdue, 353.

Games are played Wednesdays. Three successive games of one-on-one play alternating partners begin at 1 p.m. in Clubhouse 3, Room 5.

**POOL LEAGUE**

**Sal LaScala leads Patriots to 7-5 victory**

The Patriots edged CPR 7-5, last week to improve their record in the Leisure World Pool League to 22-14.

Sal LaScala continued his winning ways for the Patriots by winning five of his games.

Chalk and Awe topped Break! Breaker! also won, 7-5.

Chalk and Awe won only two doubles matches, but captured five of six singles games.

Dave Silva of Chalk and Awe ran the table in 8-ball after his opponent came up empty on the break. That can happen if a player has a good break and doesn't make a ball.

Next week CPR will play Chalk and Awe and the Patriots face the Three Amigos.

- Dave Silva

**CRIBBAGE CLUB**

**Meripol, Smith tie for top spot by scoring 846**

Liz Meripol and Gene Smith tied for first place with scores of 846 in Cribbage Club play on Feb. 5 at Clubhouse 1.

They were followed by Mike Carlson, 845; Bob Ide, 844 and Dolores Cook, 834.

Tied with six games of 121 were Norm Martin, Pat Fellers and Tami Reupert. Joanne Lester, Howard Richcreek and Ron Jackson had no wins.

Connie Deady celebrated a birthday by providing homemade cake and ice cream. Jorge Moy brought trail mix. Margaret Smith and Connie Deady served.

Members meet at noon on Tuesdays in Clubhouse 1. Play usually ends by 3:30. Residents are invited to join the club, there's always room for mores.

Partners are not required. Players are requested to arrive by noon to be assured of a table.

To learn to play cribbage, call Patti Smith at 242-4674 and she will arrange for lessons for one hour before the games begin.

**CHESS**

From page 21

...

**Solution to this week's puzzle** Ra4. The white rook moves from a1 to a4. Any answer by black, the white's next move is check mate.

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# Classifieds

## ANNOUNCEMENTS PERSONAL

**SHAKLEE** delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 02/14/19

## GENERAL

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Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 06/13

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## HANDYMAN SERVICES

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License #954725. 08/29/19

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Lic. #723262. 02/07

**LW DECOR INC.**

**562-596-0559**

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**LW DECOR INC.**

Tile, laminate, vinyl plank, patio carpet. 40 ears in Leisure World. Contractor License 723262. 04/11

**562-596-0559**

**LW DECOR INC.**

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### LADY PAINTER

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**562-596-0559**

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Premium paints, primer all wood. 40 years in LW. Contr. license #723262. 04/11

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## WINDOW COVERINGS

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Blinds, shutters, shades, 40 years serving Leisure World. Contractor's License #723262. 04/11

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### "ROLLIN THUNDER" GOLF CART CLUB

Offers FREE inspections and advice on buying and repairs of your golf cart. 562- 431-6859.

Let's raise your ears - I'll make you look your best! Call 562-565-3683.

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, **562-221-5903, 562-596-1741.**

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

**Need Help?  
See Classifieds**

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In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562- 480-9341 License #KC75538. 02/07

Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. 10/03/19

### Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 07/11

**Yvonne with 25 years experience,** will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 03/07

## HELP WANTED

### LEGAL SECRETARY RETIRED

Semi-retired lawyer, LW resident, looking for a legal secretary few hours a week.

Knowledge of Computers and Microsoft Word is important. If you know Quickbooks, that would be a plus,

but not a requirement.

528west@gmail.com

or (562) 357-4770. 02/21

## HOME CARE PERSONAL ASSISTANT

**MOST AFFORDABLE RATE**  
Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 06/20/19

**Maria's** experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006. 07/25

### CHRISTIAN HOME CARE

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured. 10/17/19

### Just Like Your Daughter Personal Assistant/ Girl Friday

Available for: errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay All with compassion and care.

**Just Like Your Daughter Call Janice, 714-313-4450** SB Lic. #JUS0006/Bonded. 02/28

**EXPERIENCED CAREGIVER**  
**Over 20 years in Leisure World** with Excellent References. Hourly or Live-in. Please Call **Pampet: 562-371-4895.** Seal Beach License PAN0003 04/11

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 02/21

**LW Weekly  
(562) 430-0534**

**Need Caring Caregiver?**  
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## HOUSE CLEANING

**MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093**  
**Over 30 years Experience!**  
**Seal Beach Business License #AB0001.** 03/21/19

Patricia Housecleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001. 02/28

### ELLY'S CLEANING SERVICE

Weekly, bi-weekly service. Excellent referral in Leisure World. Nearly 20 years experience. Seal Beach Business License BEN0001. Call Elly at (714) 476-2100. 04/11

### MAGALY'S CLEANING SERVICE

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### GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License gra0006. 04/18

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Virus removal. Expert in all computer systems. John Fuhrer, LW Resident. Seal Beach License FUH0001. 03/14

### COMPUTER REPAIR/CUSTOM BUILD SPECIALIST

Fix, build and maintaining computers for over 15 years. Great prices cheaper than big box stores. Call for details: 562-208-6120. 02/28

## ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Carts, Sales, Parts, Service (714) 292-9124. 2/21/19

Clubcar Golf cart. Full metal enclosure w/locking doors. New motor - 1 yr. old. \$1,900. 562-565-3683.

Golf cart for sale. 2007 EZ Go. Fully enclosed, very good condition. Call 310-989-5004.

**Security  
(562) 594-4754**

## Puzzle Answers

Puzzle page 22

### SCRABBLE GRAMS SOLUTION

A <sub>1</sub>	M <sub>3</sub>	N <sub>1</sub>	E <sub>1</sub>	S <sub>1</sub>	T <sub>1</sub>	Y <sub>4</sub>	RACK 1 =	<b>62</b>
S <sub>1</sub>	A <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	M <sub>3</sub>	E <sub>1</sub>	N <sub>1</sub>	RACK 2 =	<b>60</b>
D <sub>2</sub>	I <sub>1</sub>	A <sub>1</sub>	R <sub>1</sub>	I <sub>1</sub>	S <sub>1</sub>	T <sub>1</sub>	RACK 3 =	<b>58</b>
S <sub>1</sub>	E <sub>1</sub>	A <sub>1</sub>	F <sub>4</sub>	O <sub>1</sub>	O <sub>1</sub>	D <sub>2</sub>	RACK 4 =	<b>72</b>
M <sub>3</sub>	E <sub>1</sub>	A <sub>1</sub>	D <sub>2</sub>	O <sub>1</sub>	W <sub>4</sub>	Y <sub>4</sub>	RACK 5 =	<b>69</b>
PAR SCORE 260-270							TOTAL	<b>321</b>

## Crossword Answers

L	E	T	H	A	L	E	M	A	I	L	W	A	H	O	O					
A	N	A	E	M	I	A	L	A	P	S	E	G	A	L	A	T	I	A		
B	I	L	L	O	F	F	R	I	G	H	T	S	O	F	F	L	I	N	E	
D	E	P	L	E	T	E	P	I	L	E	O	F	F	R	O	C	K	S		
E	E	L	C	H	I	D	E	Z	A	L	E									
A	B	C	D	I	N	U	R	E	S	B	A	R	E	D	P	A	W			
F	R	O	S	N	A	R	E	S	M	A	R	E	A	V	E					
R	O	A	D	I	E	S			P	A	C	K	O	F	F	L	I	E	S	
A	N	T	I	S	T	O	W	H	I	C	H	I	R	E	R	S				
I	Z	O	D		G	O	E	T	H	M	O	N	A	C	O					
D	E	F		G	A	M	E	O	F	F	I	N	C	H	E	S	F	E	R	
F	A	E	R	I	E	T	A	N	Y	A	A	F	R	O						
C	A	L	L	O	F	E	I	L	E	E	N	S	O	T	A	R	U			
F	I	R	S	T	O	F	F	A	L	L	H	E	L	L	C	A	T			
A	T	M	O		I	T	Y	S	A	L	I	N	E	E	N	E				
X	E	S		C	L	A	N	S	G	A	L	A	N	T	L	S	T	S		
				L	I	L	A	S	H	Y	L	I	W	O						
L	A	N	D	O	F	F	L	A	K	E	S	O	C	T	A	N	T	S		
P	R	A	I	S	E	R		C	I	T	Y	O	F	F	L	I	G	H	T	S
S	I	N	C	E	R	E		M	E	T	E	R	L	E	V	E	R	E	T	S
D	O	E	R	S		E	R	O	S	E		S	E	R	U	M	S			

## Sudoku Answers

1	7	6	8	4	9	5	3	2
8	9	4	2	3	5	1	6	7
3	2	5	7	1	6	8	9	4
5	6	8	4	9	2	7	1	3
7	4	1	6	5	3	2	8	9
2	3	9	1	8	7	6	4	5
4	8	2	9	7	1	3	5	6
9	5	7	3	6	8	4	2	1
6	1	3	5	2	4	9	7	8

The Basic Rules of Sudoku:  
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

## Jumble Answers

Jumbles: CREPT MUSHY FITED CAUCUS  
 Answer: After arriving late, the symphony conductor — FACED THE MUSIC

# Classifieds

## TRANSPORTATION

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. 03/31

Need a lift? Pam Miller. LW Resident. 310-227-1258. 03/07

Personal driver. LW resident. Goes to airports, doctor's offices, stores, etc. for shopping or doctor's appointment. Drives by Gary. 714-658-9457. 02/07

## A PERSONAL DRIVER IS WITHIN YOUR REACH

Consentious, Dependable, Professional... and your Neighbor. Providing locals trustworthy affordable transportation. Perfect for patients, professionals, and anyone who needs regular or sporadic reliable transportation. Interested? CALL 562-537-1298. James. 02/14

## AUTOS/BOATS/RV'S TRAILERS WANTED

### ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 05/02

## AUTOS/BOATS/RV'S TRAILERS FOR SALE

1982 Fod LTD, 77K miles, \$2,000. LW owner. Runs great. 508-561-7373.

Chrysler Town & Country Touring. Perfect condition. 2008. 73,200 miles. \$8,500. 562-556-6033. 02/14

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Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 03/07

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No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787. 02/21

Want to place a Classified or renew your existing ad? Turn it in by **2:00 p.m. Monday,** for Thursday's publication

## ESTATE/MOVING/PATIO/CARPOR SALES

All advertising offering to purchase entire households of goods and furniture (estates) or offering to conduct estate or patio sales for the owner or heir(s), and all advertising announcing such sales, shall contain the name, address and telephone number of the person or business soliciting such purchases or conducting such sales. All advertising for estate or patio sales conducted by the owner or heir(s) shall contain the words "by owner" or "by heir(s)." \*\*\*\*\*

Estate Sale by heir(s) - 13199 El Dorado Drive Apt. 208-L, February 14, 15, 9:00 am to 2:00 pm. Cozy sale. Electric fireplace, electric lazy-boy lift chair, flat screen TV, curio cabinets, wicker and rattan furniture, many small kitchen appliances, fashion jewelry, drop-leaf game table with storage for chairs, mid-century bedroom set, dining table and chairs, ladies' clothes. Glinda Davis 714-943-1818 Seal Beach license GDDD0001. See pictures at <https://www.flickr.com/photos/120349245@N07/albums>

ESTATE SALE by owner - 13960 Thunderbird Dr. Apt. 5L Mutual 2 Feb. 14, & 15 9AM -2PM. YARN For DAYS & DAYS, Knitting Supplies. All kinds of Ephemera! Prints, Magazines, Catalogs, Memorabilia, etc. Jewelry making supplies, Lots of Picture Frames. Art Supplies & books on how to paint. Set of Harvard Classics. Bedding! Male & Female Clothes PLUS, a Gazillion 20 Something Female CLOTHES. Also normal kitchen and household items. An Abundant Supply of Original Watercolor Paintings by Vicci DeFrancis. If you ever sat for the artists on Thursdays come by, find the painting of you or your loved one and take it home for FREE!

LEISURE WORLD ESTATE SALE THURS. & FRI! Estate Sale by heir(s), 2/14, 2/15, 1830 Sunningdale Drive, Unit 20-E. Mutual 14. Part two - 50% off! Antiques, Asian art, fine furniture, beautiful dishes, crystal, trinkets, kitchen and clothing items, 9:00 a.m. - 3:00 p.m. Bus. License #MES0005.

Estate Sale by heir(s) - 13320 Del Monte Dr., Mutual 15, Apt. 9B. Thursday, February 14 and Friday, February 15 (rain or shine) from 8:30-2 p.m. 1600 sq. ft. atrium with reclining sofa/loveseat, trunk coffee table, dining table/6 chairs, grandmother clock, corner desk, office chairs, flat screen TV's, tall dresser. Costume jewelry, ladies clothing (size 12-16), designer purses. Patio set, tools/hardware, lots of office supplies. Estate Sales by Docia Drake, 714-514-8232. PO Box 427, Seal Beach Bus. License ESD0001.



accepts Credit Cards for Classified ads. Call (562) 430-0534



Read the paper online! [www.lwsb.com/newspaper](http://www.lwsb.com/newspaper)

## MISCELLANEOUS FOR SALE

Furniture Only Sale - 1503 Monterey Road, 27C, Mutual 2. Dresser, sofa, chair, hutch, bookcase, end tables. 310-383-1270. 02/14

Sleep number double bed. Original cost \$4,000. Excellent condition. \$700 OBO. 951-505-6586. 02/21

Furniture for sale: Living Room sofa and table, electric fireplace, kitchen table, curio, bookcase, (2) 5-6 drawer dressers, white shelving units, grandmother's clock (needs work), patio lounge chair, and more. All good condition. Mutual 2, 26-i. Call 703-909-2332 for more detailed information.

Ladies cruiser bike, like new, with basket/helmet - \$199.00. Canon EOS Rebel XTI camera with 2 lenses - \$199.00. 562-304-0880, Tom. 02/14

For sale freezer, household items, cabinets, wooden cases, knick-knacks, shoes size 8 1/2 - 9. 13330 Del Monte, Unit 10-D. 562-598-0715.

No LW Weekly Paper By 9 A.M.? Call (562) 430-0534 Before 10 A.M., State Your Mutual & Apt. Number

## Move-in ready New Listing on Expansive Greenbelt!



2 bedroom 1 bath white cabinets washer/dryer central heat/AC DW/microwave dual pane bay windows 2 additional large windows oak wood floors and carpet flared kitchen skylight kitchen/bath skylights open just-right sized patio shutters  
Mutual 4, 42H \$349,000.



Terri Walters REALTOR® Mutual 14 resident (562)588-6717 terriw@live.com terri4homes.com DRE#02052908



**JOYCE REED** Resident Broker Notary Available **596-8656**

New Listing



Mutual 5, 123-F 2-bedroom expanded corner, 1-1/2 baths. Freshly painted throughout

### Coming Soon

Mutual 1, 54H Beautiful expanded 1-bedroom with many, many extras.



Mutual 7, 152-A \$255,000 Partially expanded corner. South facing, tile W/D, microwave, nice carpeting, shutters and front parking. Unbelievable Real Estate DRE#00460268



13751 St. Andrews #34A Great expanded corner unit w/beautiful view of the large greenbelt area. An excellent location close to laundry. White kitchen cabinets, new refrigerator, new stove top, oven about 2 years old. One bedroom with walk-in closet, one with south facing window for extra natural light. Extended living room with 3 large windows. Absolutely a lovely place to call your home. 900 sqft

**\$249,000** Sigrid L. Ortega 714-290-3700 MLS# OC19000587 BRE: 01450259



**Erika Shapiro** BRE # 01448494

Resales Specialist Mut. 17 Resident **Traveling Notary 562-208-5223**

Basic, Fixer Corner Great Greenbelt A/C, cut-down shower, Mutual 9-219F \$190,000

2 BDR/ 2 Bath, Drive-up A/C Heat Pump, New kitchen, Granite Counters and more Mutual 15, 1G \$285,000

Basic 1 BDR, Move-in Ready Pretty greenbelt view. New paint, Newer laminate flooring, A/C heat pump. Walk to churches. Mutual 1, 63B \$152,500

Basic Corner, Enclosed Patio. A/C Heat Pump, Great location, needs a little TLC Mutual 9, 225F \$225,000

Basic 2 BDR/ 1 Bath screened in porch, skylights, all new windows Mutual 5, 103K \$235,000

Basic 2 BDR/ 1 Bath Fresh paint, new laminate flooring, A/C heat pump, close to parking Mutual 9, 210H \$195,000

2 BDR, 1 Bath Fixer. Highside patio enclosure. Drive-up Mutual 11, 284D \$189,000

2 BDR, 1-1/2 Bath Corner Fully Expanded on a pretty Greenbelt, Granite Counters, Laminate Floors Central A/C Heat Mutual 12, 64A \$389,000

1 BDR - Fully expanded with a pretty greenbelt view, laminate flooring, centrally located Mutual 1, 23D \$179,000

1 BDR Basic, Drive-up Move-in ready. Laminate flooring, Plantation shutters, washer/dryer, A/C Heat Pump, Dishwasher, walk-in closet, custom fridge. Mutual 9, 231E \$185,000

Best Buy 2 BDR, 1 Bath Basic Drive up, facing West. Very Private Mutual 4- 52B \$175,000

Corner Condo 2 BDR/ 2 Bath, 1st floor Beautifully updated. Laminate Flooring, Upgraded kitchen, Mutual 17, 93A \$369,000

2019 ESCROWS Mut. 8, 183E \$220,000

I SOLD 26 in 2018 I SOLD 34 in 2017 I SOLD 47 in 2016 I SOLD 36 in 2015 I SOLD 35 in 2014 I SOLD 60 in 2013 I SOLD 42 in 2012 I can sell your's too!

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**Erika:**  
**M11-267H** 1 BDR Partially expanded, Turnkey, \$189,000  
**M15-1G** 2 BDR/2 Bath Downstairs, new kitchen, \$285,000  
**M12, 64A** Fully Expand Corner, 1-1/2 bath, move-in ready \$389,000  
**M9-219F** Basic, fixer corner great greenbelt, A/C, cut-down shower, \$190,000  
**M1, 63B** 1 Bedroom Move-in ready \$152,500  
**M11, 284D** - 2-BDR, 1-bath fixer, drive-up \$189,000  
**M1, 23D** Fully Expanded 1 Bedroom \$179,000  
**M9, 225F** South Facing Corner \$225,000  
**M5, 103K** Basic 2 BDR/1Bath, new windows \$235,000  
**M9, 210H** Basic 2BDR/1 Bath, \$195,000 - ESCROW

**Joanie:**  
**M14 33B** 2 Bedroom 1 Bath, Partial Expansion, Front Patio, Great Garden, Sunny Location \$224,900  
**M12 9F** Fabulous 2 Bedrooms, 2 Full Baths, 2 Walk-in Closets, Fully Expanded Corner, Great Location, Greenbelt Drive up Parking. \$425,000  
**M10 241C** Remodeled Kitchen w/Peninsula 2 bed 1 bath Front Porch, Greenbelt \$299,000  
**M8 188H** 2 Bed 1 Bath, Drive up, Greenbelt and the 'L Shaped Porch' \$195,000 - SOLD  
**COMING M5 2 Bedrooms 1-1/2 Bath Move in ready and priced to sell call 714-308-8034**  
**COMING M6 2 Bedroom 1-Bath expanded greenbelt**

**Helen Blizzard:**  
**M5 124B** 2 BR, 1 bath, loaded with upgrades. Side patio enclosed adds extra room. New heat pump \$238,500  
**M6, 144L** 2 bedrooms, 1 bath Expanded corner, drive up Reduced \$279,000  
**NEW M9, 237G** 2 BR/ 1-1/2 Bath Expanded Corner. Many upgrades including new laminate flooring, new paint and new washer and dryer. Super Clean \$368,000  
**Coming Soon 1 bedroom/1 Bath, Basic, Very Private**

**Hank:**  
**Mutual 5, 96G** 1100 sq ft corner. Dining room. Washer/dryer. The view of a lifetime! **Reduced \$15,000**  
**Mutual 4-44G New Fantastic Corner** 1190 Sq. Ft., 3 AC/Heat pumps, Huge Living Area & Greenbelt \$489,000 Now on M.L.S.

**Yong Pyon** 변영철  
 팔든지, 사든지 항상 믿을 수 있는 변영철

**Call Hank Mutual 14, 18G**



A super fully expanded "corner", washer/dryer Walk to Golf, Drive up Parking, MW/DW/, Private office, Bay windows

**Call Joanie Mutual 14, 33B**



2 BDR, 1 Bath, SE facing Partially Expanded \$224,900

**Carl Kennedy** M14 (661) 810-9410  
**Yong Ro - M7** (714) 504-2541  
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**COMING SOON**  
**M12 - Corner Unit 2B/1Ba** Expanded & Upgraded w/patio  
**M10 - South Facing 1B/1Ba** New Floors/Paint/SUPER NICE!  
**M4 - Fabulous Remodel 2B/2Ba** Must see a in GREAT location!

**Mutual 14 - 48i**  
 2Bd/1 Ba w/wood floors, fresh paint, dual pane windows, step in marble shower, Central A/C, \$234,999

**Mutual 14 - 20i**  
 2Bd/1Ba \$180,000

**Mutual 14 - 20d**  
 2Bd/2Ba \$498,000

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**In Escrow**

13730 Annandale Mutual 1-31C \$189,000



1221 Golden Rain Rd. Mutual 3-3H \$189,000

This one bedroom is a true artist's cottage with a very European feel. Open floor plan with French doors to the patio, laminate flooring, quartz counters, copper sink, Glass cooktop and glass back splash, heat pump, two skylights that open, laundry close by and plenty of parking. You will fall in love with unit!

**Coming Soon**

M-2: Two bedroom basic, move in condition, great location.  
 M-6: Two bedroom basic, turnkey with new flooring and paint.  
 M2: Two bedroom basic with all new flooring and paint. Move in ready!

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 Resident Real Estate Specialist  
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**Two-Bedrooms**

<b>Mutual 3 6B</b> \$199,000	<b>Fully expanded</b> , tile flooring, skylights, flooring allowance	<b>Mutual 8 189F</b> \$399,000	<b>Btfl. remodel. corner</b> , 1 1/2 baths, washer/dryer, greenbelt
<b>Mutual 6 140K</b> \$224,500	<b>Newer windows</b> , lam. flooring, tile kit. and bath, solar	<b>Mutual 5 101A</b> \$420,000	<b>1-1/2 baths</b> , washer/dryer, corner, great unit
<b>Mutual 2 63D</b> \$229,000	<b>Tile flooring</b> , double pane windows, new paint	<b>Mutual 9 226L</b> \$447,000	<b>Great greenbelt</b> , remodeled, washer/dryer, move-in-condition
<b>Mutual 2 26I</b> \$229,000	<b>Tiled kit.</b> and bath floors, plantation shutter, skylights, nice	<b>Mutual 9 222A</b> \$459,900	<b>New remodel. corner</b> , large custom kit., 2 3/4 baths, washer/dryer
<b>Mutual 2 1B</b> \$233,500	<b>Partial expan.</b> , dual pane, lam. floors	<b>Mutual 9 210G</b> \$496,000	<b>Gorgeous corner</b> , greenbelt, washer/dryer, 2 baths
<b>Mutual 5 107B</b> \$239,900	<b>Highside expan.</b> , enclosed patio, engineered wood flooring, skylights	<b>Mutual 9 218F</b> \$499,000	<b>One of a kind</b> , 2 bathrooms, washer/dryer, private location
<b>Mutual 2 38G</b> \$245,000	<b>Corner, drive-up</b> , fixer, won't last	<b>Mutual 2 35G</b> \$499,000	<b>Great remodel, one of a kind</b> , 5 bay windows, 2 3/4 baths, cent. air, washer/dryer, very bright
<b>Mutual 3 15F</b> \$259,500	<b>Corner</b> , high side expansion, drive-up, nice		
<b>Mutual 6 132F</b> \$269,000	<b>1-1/2 baths</b> , partial expan., lam floors		
<b>Mutual 12 55C</b> \$274,900	<b>Completely remodeled</b> , hardwood floors, granite counters, very nice		
<b>Mutual 11 282B</b> \$275,000	<b>Partial expan.</b> , lam. floors, tiled entry		
<b>Mutual 3 36A</b> \$325,000	<b>1-1/2 baths</b> , washer/dryer, partial expan		
<b>Mutual 15 23L</b> \$329,900	<b>2 baths</b> , washer/dryer, expanded, dual pane windows		
<b>Mutual 3 31A</b> \$335,000	<b>Btfl. greenbelt</b> , partial expan., granite counters, stainless steel appliances		
<b>Mutual 1 37G</b> \$345,000	<b>Full expan.</b> , cent. air, newer carpet, greenbelt, dishwasher		
<b>Mutual 9 236G</b> \$345,000	<b>Full expan.</b> , corner, remod. kit. & bath, greenbelt		
<b>Mutual 9 215L</b> \$359,000	<b>1-1/2 baths</b> , corner, dual pane, custom wood cab. wood flooring		
<b>Mutual 15 23R</b> \$364,900	<b>Washer/dryer</b> , cent. air, btfl. remod.		
<b>Mutual 6 128G</b> \$375,000	<b>Washer/dryer</b> , dual pane, bay window, Corian counters		
<b>Mutual 15 32J</b> \$398,000	<b>2 baths</b> , washer/dryer, laminate floors		

**One-Bedrooms**

<b>Mutual 1 9D</b> \$157,500	<b>Lam. floors</b> , nice patio, shows well
<b>Mutual 9 227D</b> \$162,000	<b>Faces west</b> , drive-up, new laminate floors and paint, heat pump, very nice unit
<b>Mutual 1 42J</b> \$165,500	<b>Move-in condition</b> , newer counters, paint, lam. floors
<b>Mutual 1 15J</b> \$170,000	<b>Expanded</b> , greenbelt, move-in-condition
<b>Mutual 1 42H</b> \$175,000	<b>Enclosed patio</b> , move-in-ready new flooring
<b>Mutual 9 215D</b> \$179,000	<b>Full expan.</b> , greenbelt, move-in-condition
<b>Mutual 5 98H</b> \$180,000	<b>Washer/dryer</b> , newer flooring, shows great
<b>Mutual 9 233H</b> \$189,000	<b>Full expansion</b> , lam. floors, dual pane, move-in-condition
<b>Mutual 3 14I</b> \$197,000	<b>Expanded</b> , granite counters, skylights, greenbelt
<b>Mutual 1 25D</b> \$219,500	<b>Decorator's dream</b> this one is special, must see

**Suzanne Ahn**  
**Fay Wescott**  
**Philip Bak**

**Wade Carmen**  
**Claudette "CC" Cooley**  
**Linda Patton**

**Leah Perrotti** **Jay Cho** **Estee Edwards** **Conrad Rodriguez** **Irv Hart** **Rosie Wang Davis** **Tim Kearns** **Jong Kim** **Paul Kim** **Edward Koh**



**Joanie Korman**  
Mut. 6 Resident  
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**Mutual 10, 241C**  
1420 Northwood Road  
2 Bedroom 1 Bathroom,  
Remodeled Kitchen with  
Peninsula, Huge Skylight,  
Move in Ready, Front  
Porch on a Beautiful Green  
**\$299,000**



**Mutual 14, 33B**  
13271 Del Monte Drive  
2-Bedroom 1-Bathroom,  
Partially Expanded unit,  
Sunny Front Porch, Garden  
**\$224,900**

**Coming Soon**  
**Mutual 5** - 2-Bedroom, 1-1/2  
bathrooms, partially expanded,  
front porch. Priced to sell.  
**Mutual 6** - 2-Bedroom  
1 bathroom, expanded with  
side patio. Priced to sell.

**Mutual 12 9F**  
2 Bedroom 2 Bathroom  
**\$425,000 - In Escrow**

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**NEW LISTINGS**



**Mutual 15 - 46M**  
**\$299,000**

**Two bedroom, Two bath Upstairs Unit;  
Faces the breeze**

<b>Mutual 16 - 53J - \$165,000 -</b> One-bedroom unit on lovely greenbelt	<b>Mutual 2 - 69I - \$179,000</b> Expanded one-bedroom unit; On pretty green
<b>Mutual 4 - 49H - \$152,500</b> Trifecta of Amenities! Close to Laundry, Close to Parking, Gorgeous Greenbelt; This unit is a nice, clean one-bedroom unit with outside storage, open patio, large skylight, Heat Pump/Air Conditioner; And Good price to sell quickly!	<b>Mutual 7 - 173K - \$194,500</b> Great price; Location/Location - Close to Central Park; Steps to laundry; Desirable East facing; Wide courtyard setting
<b>Mutual 8 - 197F - \$269,000</b> Fully expanded two-bedroom corner unit; On street	<b>Mutual 5 - 121H - \$279,777</b> Fully expanded two-bedrooms Very clean unit; Fabulous "downtown" location
<b>Mutual 10 - 260D - \$145,000</b> One-bedroom in fabulous location	<b>Mutual 2 - 57C - \$172,000</b> Full one-bedroom expansion; Lovely green courtyard; Light, bright and cheerful



**PRIVATE "ISLAND" OASIS**  
**\$364,900**

**2 bedroom, 2 Bath, Seeing is Believing**  
Fully remodeled, Great Views, Tranquil Setting  
1901 McKinney Way 16Q - Mutual 15



**2 BATHS, LAUNDRY, BEAUTIFUL**  
**\$349,000**

**Remodeled and Stunning**  
Skylights, Storage Room, Zoned AC, NICE ONE  
1321 Prestwick Rd 147E - Mutual 7 **\$349,000**

**Honey, Stop the Golf Cart!**  
**2 Bedroom, 1 Bath Mutual 7**  
**Central Park, 180° Greenbelt Corner**  
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**Mutual 12-55-C \$274,900**  
Don't miss out on this amazing, one-of-a-kind 2 bedroom basic. Completely remodeled kitchen and bath with Hardwood flooring throughout. Why buy a fixer when this one is ready for you? Stop by and enjoy the cozy tiled patio. Call us to see anytime. It really is a must see home.



**Mutual 6-140-K \$224,900**  
**New Listing - 2 Bedroom, 1 Bath Basic.** Newer windows and two sliders to the front patio, Heat Pump, Cut Down Shower, white cabinets, Solar Tube in kitchen and Skylight in bathroom and patio, Mirrored Wardrobes, and Laminate floors in bedrooms.



**Mutual 5-98-H \$180,000**  
**NEW LISTING ...** Gives us a call to see this one bedroom that is lovely and different from the norm - and is more like a studio than a one bed!!! All new paint, new linoleum in the kitchen and bath, freshly cleaned newer carpet, walk-in closet, enclosed patio room with storage, raised wall and dual pane windows, heat-pump, stackable washer/dryer, more!!



**Mutual 9-218-F \$489,000**  
**ELEGANT - ONE OF A KIND Remodel!!!** Convenient drive-up with lots of extra parking! You will love the gourmet kitchen - the huge master bedroom with its own private bath area and walk-in closet, the guest bedroom has walk-in closet and a full bath, tile floors thru-out, canned lighting, bay-bowed windows with seats, plantation shutters, central heat/air, washer/dryer, skylights, a unique design that is a MUST SEE!



**Mutual 9-210-G \$496,000**  
**GORGEOUS** describes this BRAND NEW REMODELED CORNER!! Make sure this one is on your list to see ... 1100 sq ft of living space, large stone patio on a green with stacked stone walls an exterior of home, 2 bedrooms both with walk-in closets, 2 baths, bay-bowed windows, central heat/air, washer/dryer, granite, laminate wood floors, designer paint, lots of storage ... Ready for you to move in!!



**Mutual 6-132-F \$269,000**  
**PRICED REDUCED - 2 BEDROOM - 1-1/2 BATH** south facing corner with an expanded bedroom with a huge walk-in closet and expanded living room. Heat pump, dishwasher.



**Mutual 15-23-R \$364,900**  
Upstairs overlooking a green on one side and a tree lined courtyard on the other sits this GORGEOUS remodeled 2 bedroom, 2-bath! Open concept living room, dining room and kitchen with W/D, central/heat-air, dual-paned windows/sliders, beautiful floors, marble counters, stainless steel appliances, clear glass shower enclosure, more.



**Mutual 12-70-A \$319,000**  
Beautiful interior, corner, exp. green. 3 heat pumps, W/D, gorgeous floors and counters.



**Mutual 12-6-G \$329,000**  
**REDUCED -** Close to downtown. 2-Bedroom, 1-Bath, fully expanded drive-up corner. S/W facing. Light/Bright. Move-in ready.



**Mutual 2-1-B \$233,500**  
**Price Reduced Seller Wants It Sold**  
Charming 2-bed - 1-bath with expanded living room and bedroom with huge walk-in closet, dual-pane windows, laminate floors, cozy private patio, three skylights and a heat pump. Light bright home ready to move in.

**PENDING**

**IN ESCROW**

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Associate Broker  
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## NEW LISTINGS



**Mutual 15, 28G \$425,000**

Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, freestanding electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space and has large openable skylight and double doors to second bedroom. Dining room has ceiling fan. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances including range, refrigerator, microwave and double drawer dishwasher. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.



**Mutual 15, 3K \$325,000**

Inviting and expanded 2 bedroom 1 3/4 bath home over-looking a beautiful greenbelt. Expansion may be used as a den, study, or office and is light and bright with many windows. Spacious Living Room and adjoining dining area have cathedral ceiling. Kitchen has built-in appliances and granite counters. Second bedroom has mirrored closet doors. Master bath has granite counters, cut down shower, and washer/dryer. Bedrooms have plantation shutters and sola tubes in kitchen and bath. This lovely home over-looks a beautiful park-like green belt and is in move condition.



**Mutual 8, 189F \$399,000**

Beautiful remodeled, expanded corner, 2 bedroom, 1-1/2 bathroom home on greenbelt. Spacious corner living room has 2 bay windows. Kitchen has custom cabinetry with granite counters, built-in stainless steel appliances, pantry, breakfast bar large skylight and tile flooring. Master bedroom has added cupboard space and is fully expanded and widened. Master bath has custom wood cabinetry with granite counters, added linen closet, washer/dryer, cut down shower and skylight.



**Mutual 9, 222A \$449,000**

Elegant, all new construction, corner, 2 bedroom, 2 bath home. Custom kitchen has new custom cabinetry, built-in stainless steel appliances including a freestanding range, dishwasher, microwave, breakfast bar with extra storage and an extra large skylight. Two 3/4 baths, walk-in custom tile showers, double sinks and skylight. Second bath has a Solatube. Bedrooms have mirrored wardrobe sliding doors. This home also features laminate floors, recessed lighting, central air/heat, double-pane windows, washer/dryer, two outside storage closets and a lovely wrap around tile patio.



**Mutual 15, 23L \$329,900**

Lovely upstairs expanded unit with beautiful leaded glass entry door, spacious living room expansion that may be used for office or den. Dual pane windows. Kitchen has built-in appliances including dishwasher, white cabinets and white counter top, dining room has ceiling fan. Master bathroom has tub with enclosed shower, stackable washer/dryer. Second bedroom with mirrored closet doors and extra storage, second bathroom with skylight and cut-down shower. This unit is move in condition.



**Mutual 9, 236G \$359,900**

Beautifully expanded kitchen features built-in stainless steel appliance and granite counters with tile backsplash. Spacious living room has side expansion. Master bedroom is fully expanded with walk-in closet. Remodeled bathroom has new cabinetry with granite counters and double sinks, cut-down shower. Skylights in kitchen and bath; ceramic tile flooring throughout; double-paned windows; and sliding door from living room to private tile patio. This charming home overlooks beautiful greenbelt.



**Mutual 1, 42J \$165,900**

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



**Mutual 1, 37G \$345,000**

Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



**Mutual 3, 36A \$325,000**

Charming expanded 2 Bedroom 1-1/2 bath corner features cozy living room. Side expansion offers additional closet space and may be used as den, dining room, office or living room. Kitchen has built-in appliances including microwave, pantry space, upgraded counters, shelves above sink, ceiling fan and large skylight. Second bedroom has bath. Master bathroom has skylight, walk-in shower and washer/dryer. Private front patio has walk-in-storage closet.



**Mutual 3, 14I \$197,900**

Charming expanded 1-BR cottage. Features double-pane sliding door to front porch, ceiling fan, parquet entry with leaded glass door. Decorative cabinets/shelves separate kitchen from living room. Kitchen has granite counters, dishwasher, microwave, large openable skylight. Bath has cut-down shower, granite counter, decorator sink and faucet. Bedroom has double-pane sliding doors to porch, mirrored wardrobe plus walk-in closet.



**Mutual 9, 233H \$189,000**

Lovely expanded 1-bedroom with drive-up parking. Living room has an expanded area that may be used for office or den. Kitchen has white cabinets, built-in appliances, and skylight. Bathroom with cut-down shower and skylight. Master bedroom has mirrored closet doors. Laminate flooring, dual pane windows and white blinds throughout.



**Mutual 2, 26I \$229,000**

Charming 2 Bedroom, 1 Bath cottage on greenbelt with great open view and private wrap around patio. Kitchen has built-in appliances, white cabinets, skylight and ceiling fan. Bathroom has skylight and cut-down shower. Plantation shutters in living room and master bedroom.



**Mutual 9, 215L \$349,000**

Fully expanded corner, 2-bedroom, 1-1/2-bath. Kitchen has custom wood cabinets, granite counters, built-in microwave, double door refrigerator, wine cooler and skylight. Master bedroom has a walk-in closet and ceiling fan. Second bedroom has half-bath. Bathroom has shower, custom wood cabinets with granite counters, ceiling fan and skylight.



**Mutual 11, 267A \$429,000**

Fully expanded, 2-bedroom, 1-bathroom corner. Beautiful inside and out with spacious living room, shades that raise from the bottom up or lower from the top down, leaded glass entry door and skylight. Dining area has sliding mirrored doors to generous pantry. Kitchen has granite counters, breakfast bar, Corian counters, built-in appliances including glass top stove, refrigerator with lower freezer, ice maker, dishwasher, microwave and openable large skylight. Fully expanded master bedroom with walk-in closet, openable skylight, laminate floors and a ceiling fan. Bathroom has walk-in shower, oak cabinets, cultured marble counters, linen closet, stacked washer/dryer and openable skylight. This home has smooth ceilings, central heat and air, and double-pane windows throughout.



**Mutual 2, 63D \$229,900**

Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate floors. Large private wrap-around patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright, ready to move in.



**Mutual 6, 128G \$375,000**

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.

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**MUTUAL 2 - 44G**  
\$250,000  
Two-bedroom corner unit; Two baths!



**MUTUAL 14 - 3G**  
\$285,000  
Full expansion; Steps to golf course!



**MUTUAL 16 - 53J**  
\$165,000  
One-bedroom unit on lovely green



**MUTUAL 2 - 56F**  
\$488,000  
Absolutely beautiful modern expansion; This unit has everything!



**MUTUAL 6 - 129B**  
\$459,000  
Fabulous Remodel, 2 Bed/2 Bath Washer/Dryer, Patio



**MUTUAL 6 - 137I**  
\$225,000  
Basic 2 Bed/ 1 Bath Close parking, laminate floors



**MUTUAL 10 - 260D**  
\$145,000  
One bedroom unit in fabulous location!



**MUTUAL 15 - 46M**  
\$299,000  
Two bedrooms, Two baths, Upstairs Unit; Faces breeze



**MUTUAL 2 - 63L**  
\$335,000  
Fully expanded corner with washer/dryer; Close carport spot



**MUTUAL 8 - 200E**  
\$425,000  
Newer remodel; Two bedrooms; Two baths; Washer/Dryer.



**MUTUAL 3 - 4G**  
\$225,000  
Two-bedroom corner unit with three heat pumps!



**MUTUAL 7 - 169E**  
\$269,000  
Expanded two-bedroom unit with small patio; W/D; Walk to Central Park



**MUTUAL 7 - 173K**  
\$194,500  
Great price! Location/Location - Close to Central Park; Steps to laundry; Desirable East facing; Wide courtyard setting



**MUTUAL 4 - 49H**  
\$152,500  
Great one-bedroom unit; clean, large skylight, heat pump/air conditioning, close to parking, close to laundry, great greenbelt!



**MUTUAL 1 - 15A**  
\$205,000  
Corner unit with heat/air pump



**MUTUAL 1 - 44L**  
\$150,000  
Fabulous buy! Fixer in great location.



**MUTUAL 8 - 186L**  
\$365,000  
Expanded two-bedroom corner unit with small patio; Easy access



**MUTUAL 5 - 121H**  
\$279,999  
Two-bedroom full expansion; Lots of room; In immaculate condition; "Downtown" location.



**MUTUAL 2 - 69I**  
\$179,000  
Fully expanded one-bedroom unit; On large green



**MUTUAL 2 - 57C**  
\$172,000  
Expd. One-bedroom; Sun-porch room! Light, bright & cheerful; Approximately 800 sq. ft. of living!



**MUTUAL 1 - 67L**  
\$219,000  
Two-bedroom corner unit on lovely green



**MUTUAL 2 - 27K**  
\$195,000  
Two Bedroom/One Bath; Greenbelt View, Freshly Painted



**MUTUAL 5 - 115C**  
\$185,000  
One-bedroom with expanded bedroom with large, walk-in closet; skylights, very close parking



**MUTUAL 3 - 16I**  
\$210,000  
Partially expanded two-bedroom unit



**MUTUAL 3 - 23G**  
\$509,000  
Remodel, Two Bedrooms Two Baths; Washer/Dryer; Bay Windows, Corner



**MUTUAL 4 - 81D**  
\$174,000  
Enclosed patio One bedroom; New paint and flooring



**MUTUAL 1 - 61G**  
\$499,000  
Modern 2 Bed/2 Bath Washer/Dryer, Greenbelt; Absolutely lovely fully expanded unit



**MUTUAL 8 - 197F**  
\$269,000  
Fully Expanded, Two-bedroom corner unit, lots of room



**MUTUAL 2 - 15F**  
\$560,000  
Modern Expansion Very high quality, Built in fireplace and 65" TV, Best in LW!



**MUTUAL 3 - 31J**  
\$195,000  
Two-bedroom unit with enclosed patio; French doors



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**1640 Glenview Rd #76H - M12 - \$209,000**



Clean 2 bedroom, 1 bath w/ "L" shaped patio. New carpet in bedrooms and laminate flooring in living room and kitchen. Freshly painted throughout. 3 skylights.

**13381 El Dorado #202E - M8 - \$338,900**



Expanded 2 bedrooms, 1 bath, central A/C, gourmet kitchen, WASHER/DRYER hookups, walk in closet, multiple skylights. Completely remodeled. Great private location.

**1670 Interlachen #43A - M12 - 374,900**



Great 2 bedroom, 1 bath. Drive up expanded corner location. Upgrades include central A/C, smooth ceilings, hardwood floors, granite kitchen counters, skylights, WASHER/DRYER, dual pane windows.

**1300 Knollwood #41C - M4 - \$167,000**



Very clean 1 Bedroom, 1 bath on nice greenbelt location. Close to parking spot and laundry room Dual pane window, ac/heat pump, smoothed ceilings, closet organizers.

**1462 Golden Rain #49F - M2- \$229,000**



2 bedrooms, 1 bath corner unit with large "L" shaped patio. Skylights in the kitchen and bathroom. With new laminate flooring and fresh paint.

**13320 Del Monte #9E - M15 - \$355,000**



2 bedrooms, 1 bath. Rarely on the market, corner Atrium unit with large patio and tons of storage and three skylights. Skylight in bathroom.

**13501 El Dorado #199D - M8 - \$191,500**



2 bedroom, 1 bath with central A/C, dual pane windows, skylight, and a privacy shade on the patio.

**13631 Annandale Drive #5K - M1 - \$170,000**



1 bedroom, 1 bath, skylight in kitchen and bathroom, cut down shower. Close to park and laundry. Enclosed patio, overlooking great greenbelt.

**13681 Saint Andrews Drive #26E- M1 - \$174,000**



Fully expanded 1 bedroom, 1 bath. Smooth ceilings, skylights in kitchen and bathroom, cut down shower, walk-in closet and close to parking spot and amenities

**1202 Golden Rain #72J - M2 - \$210,000**



2 Bedroom, 1 bath. Expanded master bedroom with 2 closets and expanded living room. Laminate wood flooring and new carpet in bedrooms. Dual pane windows. Skylights in kitchen, bathroom and patio.

**2/12/2019 - Year To Date MLS Activity**



**I Have Access To The Total Inventory**

On February 12th, 2019 a total of 152 units show as active listings on the CRMLS (this is where Realtors list property for sale).

- 34 - 1 bedrooms, 1 bath from \$138,000 to \$219,500
- 72 - 2 bedrooms, 1 bath from \$150,000 to \$489,000
- 46 - 2 bedrooms, 2 baths from \$239,000 to \$560,000

Please give me a call for detailed information on any of these properties!





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