



February 21, 2019

# LW Weekly



**Miracle-Ear<sup>®</sup>**  
Hearing Aid Center  
1920 St. Andrews Dr. • (562) 270-0708  
Our Hearing Aids Work! 45 Day Risk-Free Trial  
Right next to St. Andrews Gate

**Black History Month**  
February 2019



The Senior Patriots for Peace will hold a vigil in honor of Black History Month on Feb. 27 at 4 p.m.  
**Page 2**

**SECURITY TOWN HALL**  
Learn about crime trends and protecting yourself.  
**Page 3**

**100 years**  
The GAF is planning a spring lunch to celebrate LW's 60-plus centenarians.  
**Page 16**

## DINING IN LW



### Hometown Buffet is coming to LW

The Recreation Department announces the addition of Hometown Buffet of Garden Grove to the line-up of Monday Night restaurants in Clubhouse 1.

General Manager Martin Balamu plans to offer new menus on each visit, which include soup, salad, three entrees, and dessert, served buffet-style. Bring an appetite, because it's all you can eat for \$11, but no seconds. Cash and checks will be accepted; and reservations are not required. The company expects to be able to accept credit cards in the near future.

The debut will be on Monday, Feb. 25, with serving starting at 4:30 p.m. The restaurant is scheduled every fourth Monday. For more information and the menu, see page 11.

The GRF is currently working to add a fourth restaurant. For more information, contact [events@lwsb.com](mailto:events@lwsb.com).

Naples Rib Company and Finbars Italian Kitchen alternate dining service on first and third weeks in Clubhouse 1. Finbars serves diners on a first-come, first-served basis and does not require reservations. Diners are encouraged to stagger meals between 4:30-6 p.m. to

## OC OFFICE ON AGING

### Matter of Balance class builds confidence

by Ruth Osborn  
[rutho\\_news@lwsb.com](mailto:rutho_news@lwsb.com)

Life is a struggle. But often, people who push back are rewarded with richer, deeper, more satisfying days.

To push back, you have to be able to move, to walk, to balance. It's the foundation of independence and community, the mainstays of a satisfying, purpose-filled retirement.

For those experiencing increased isolation because of physical limitation, help is here.

It's a class called "A Matter of Balance: Managing Concerns About Falls." The research-based program is for people who have never fallen and never want to fall and for people who have fallen and never want to fall *again*.

In short, it's for everybody over a certain age who want to do everything they can to age well.

And it's free, thanks to the Orange County Office on Aging, which supplies the curriculum and leadership in the person of master trainer Frank Hernandez. He and trained volunteer coaches, like the vivacious Antonia Zupancich of Mutual 17, will lead the eight-week class that starts Tuesday, March 5, from 9-11:30 a.m. or from 1-3 p.m. Antonia will be joined by fellow volunteer coaches Mike Depew of Mutual 5 and Collette Nakamoto, a pilates teacher in LW.

Fear of falling can be just as dangerous as falling itself. People who develop this fear often limit activities, which can result in enduring physical weakness, increasing the likelihood of falls.

Many older adults also find themselves isolated and depressed because of fewer interactions with family and friends.

"They think I can't do it, so they don't do it. They sit more and then they can't do it," said Antonia. "The circle gets smaller and smaller."

But it doesn't have to be that way.

**FALLS, page 3**



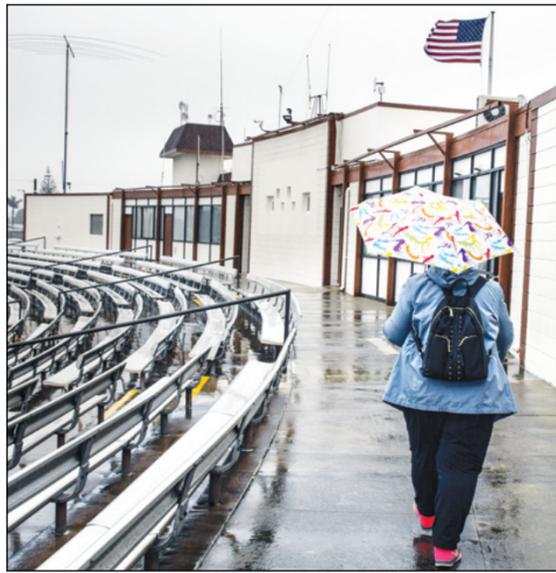
Research shows that older adults who fall and are not injured may develop a fear of falling and limit activities leading to loss in physical function, resulting in an increased risk of future falls. A Matter of Balance class teaches people how to maximize mobility.



Matter of Balance Coach Antonia Zupancich

### Falls are Serious

Falls are the leading cause of death from injury and the most common cause of non-fatal injuries leading to ER visits in the senior population, with a cost of about \$30 billion for direct medical costs alone.  
—National Institutes of Health



A Leisure World resident walks at the Amphitheater on a rainy day last week.

## U.S. DROUGHT MONITOR

### Rainy weather washes away drought conditions

Weeks of rain—and snow at higher elevations—have nearly washed away drought conditions across California, according to a report released last week by the U.S. Drought Monitor.

Potent storms tracking through the West Coast states last week pushed year-to-date precipitation totals above six inches in a broad region that includes areas west of the Cascades, the California coastline, the Sierra Nevada, and the Sacramento Valley.

A few spots in the central and northern Sierra Nevada recorded over 30 inches of precipitation since the beginning of the year.

Storms last week were unusually cold and wet. Up to 60 inches of snow piled up in the Sierra Nevada, and the continued abundant precipitation prompted more improvement in the Drought Monitor.

The Drought Monitor has removed the D-I (moderate drought) classification from west-central California, including the Bay Area and vicinity.

Two weeks ago, nearly one quarter of the state, including all of Los Angeles County, was experiencing "moderate drought" conditions.

As of Feb. 12, that had fallen to just 10.6 percent, and LA's drought level was downgraded to "abnormally dry," only one step away from "no drought."

As of last week, the driest parts of the state are at the northern and southern extremes. San Diego County remains in a "moderate drought" condition.

"Though this area has received surplus precipitation for the water year to date, several reservoirs have failed to significantly respond, remaining at or near their lowest levels in at least a year," says meteorologist Richard Tinker in the Drought Monitor report.

Before 2017's exceptionally wet winter, California had been mired in a years-long drought that left most of the state parched and elected officials scrambling to ensure drinking water wouldn't run out.

**DROUGHT, page 10**

Customized hearing help so you can enjoy all of life's little moments!

**SONUS** hearing care professionals  
2999 Westminster Ave.  
Suite 104  
Seal Beach, CA  
(Near the big American flag)  
**(562) 469-5258**

Serving Leisure World for 30+ years!

Cherie Murray, HAD  
Hearing Aid Dispenser  
CA Lic.# HA8125

**75 DAY** SATISFACTION GUARANTEE

- Most Insurances Accepted
- Walk-ins Always Welcome

**FREE** HEARING TEST & CONSULTATION!

This is not a medical exam and is used for the purpose of amplification only. May not be valid with all insurances. Does not apply to previous sales. See location for details.

**CERT**

# Spring training starts April 1

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations.



Eloy Gomez

Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help.

CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Classes are held on five Mondays, April 1, 8, 15, 22 and 29, from 8 a.m.-noon in Clubhouse 3, Room 1.

Topics are:

- April 1: Unit 1, Disaster Prep; Unit 2, Fire Prevention and Suppression
  - April 8: Units 3 and 4, Medical Operations
  - April 15: Unit 5, Search and Rescue; Unit 6, CERT Organization
  - April 22: Unit 7, Disaster Psychology; Unit 8, Terrorism and CERT
  - April 29: Unit 9, Disaster Simulation; and course review
- Locations and topics may be rearranged.  
To register, call Eloy Gomez at 431-6586, Ext. 356.

**AMERICAN LEGION AUXILIARY**

# Annual fashion show is March 16

American Legion Auxiliary Unit 327 will hold its annual fashion show luncheon on Saturday, March 16, in Clubhouse 2. Doors open at 11:30 a.m., and lunch will be served at noon. This year the Navy Sea Cadets will be the servers. They will deliver the lasagna luncheon, pour coffee and tea and serve dessert.

There will be baskets to bid, door prizes and an opportunity drawing.

Individual seats and a few full tables of eight are still available. Come see the new spring colors and fashions.

Tickets are \$25 and may be purchased by calling Eloise Knoll at 533-0773 or Cathy Boufford at 598-9361. Bring daughters and granddaughters for an afternoon of food, fashion and friendship.

—Sandy Esslinger

## GRF Movie

The 1961 classic “A Raisin in the Sun,” unrated, will be shown Wednesday, Feb. 27, in Clubhouse 4 at 2 and 7 p.m.

This lauded drama follows the Youngers, an African-American family living together in an apartment in Chicago. Following the death of their patriarch, they try to determine what to do with the substantial insurance payment they’ll soon receive. Opinions on what to do with the money vary. Walter Lee (Sidney Poitier) wants to make a business investment, while his mother, Lena (Claudia McNeil), is intent on buying a house for them all to live in—two differing views of the American Dream.

Some scenes and language may offend some viewers.

Can’t make the movie? Borrow it from the LW Library for free any time.

**CLUBHOUSE 1**

## Feb. 28 is deadline to clear club lockers

In anticipation of improving resources in GRF amenities, all lockers currently held by clubs, organizations and Mutuals must be emptied of contents in the near future.

Clubhouse 1 is the first on the deep-cleaning schedule, and lockers must be completely cleared out by Feb. 28.

Those who have placed items above their lockers or on the

**LOCKERS, page 10**

**SENIOR PATRIOTS**

# Peace vigil will be held Feb. 27

by **Lucille C. Martin**  
*LW contributor*

Everyone is invited to join a peace vigil sponsored by Senior Patriots for Peace on Wednesday, Feb. 27, from 4-5:30 p.m. on the public sidewalk along Seal Beach Boulevard in front of Leisure World. Signs will be available.

In keeping with February’s Black History Month, the Senior Patriots demonstration will acknowledge the extraordinary contributions to humanity that the people of African descent have brought to the world.

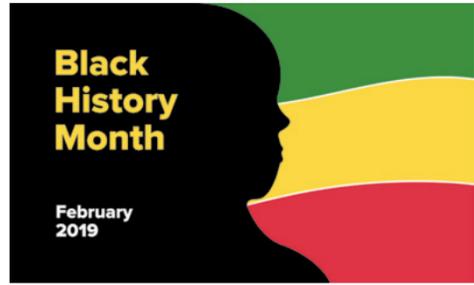
Many names come to mind—Dr. Martin Luther King, Jr., Fredrick Douglas, Harriot Tubman, Lorraine Hansberry, Shirley Chisholm, August Wilson, Jesse Owens, Maya Angelou, James Baldwin, Duke Ellington, Malcolm X, Thurgood Marshall, Jackie Robinson, Judith Jamison, Marion Anderson, Bill T. Jones, Oprah Winfrey, Toni Morrison, Sidney Poitier, Nat Turner, Josiah Henson, George Washington Carver, Langston Hughes, Louis Armstrong, Rosa Parks, Joe Lewis, Medgar Evers, Henry (Hank) Aaron, Aretha Franklin, Arthur Ashe, Kareem Abdul Jabbar, Magic Johnson, Barack Obama and Harry Belafonte, among others.

“More often than not, black people’s accomplishments and contributions to this country are understated or ignored completely,” stated a recent Huffington Post editorial. “We are seldom given proper credit, let alone praise, for how our rich history and culture has not only influenced, but helped construct the basis for what we view as progress today. Let this February be a reminder for some and a lesson for others that there is no American history without black history.”

The Senior Patriots for Peace holds monthly vigils to call attention to the need for a return to peace with a renewed tolerance of others.

To that end, the club additionally focuses on issues of social justice and the environment to nurture a world where people can live healthy and peaceful lives for generations to come.

People are welcome to join the group for any block of time. Rain will cancel the vigil. For more information, call Lucille Martin, 430-1047, or Dorothy Kemeny, 242-4751.



acknowledge the extraordinary contributions to humanity that the people of African descent have brought to the world.

Many names come to mind—Dr. Martin Luther King, Jr., Fredrick

Douglas, Harriot Tubman, Lorraine Hansberry, Shirley Chisholm, August Wilson, Jesse Owens, Maya Angelou, James Baldwin, Duke Ellington, Malcolm X, Thurgood Marshall, Jackie Robinson, Judith Jamison, Marion Anderson, Bill T. Jones, Oprah Winfrey, Toni Morrison, Sidney Poitier, Nat Turner, Josiah Henson, George Washington Carver, Langston Hughes, Louis Armstrong, Rosa Parks, Joe Lewis, Medgar Evers, Henry (Hank) Aaron, Aretha Franklin, Arthur Ashe, Kareem Abdul Jabbar, Magic Johnson, Barack Obama and Harry Belafonte, among others.

“More often than not, black people’s accomplishments and contributions to this country are understated or ignored completely,” stated a recent Huffington Post editorial. “We are seldom given proper credit, let alone praise, for how our rich history and culture has not only influenced, but helped construct the basis for what we view as progress today. Let this February be a reminder for some and a lesson for others that there is no American history without black history.”

The Senior Patriots for Peace holds monthly vigils to call attention to the need for a return to peace with a renewed tolerance of others.

To that end, the club additionally focuses on issues of social justice and the environment to nurture a world where people can live healthy and peaceful lives for generations to come.

People are welcome to join the group for any block of time. Rain will cancel the vigil. For more information, call Lucille Martin, 430-1047, or Dorothy Kemeny, 242-4751.

Locally owned. Locally loved.

# LEISURE WORLD PHARMACY

**1661 Golden Rain Road • Seal Beach, CA 90740**

**Phone: (562) 795-6202 Fax: (562) 596-2625**

Monday-Friday: 9am-5:30pm

## We ♥ being your pharmacy!

As a *Good Neighbor Pharmacy*, we strive to service all your healthcare needs We work in collaboration with your healthcare providers to manage your entire medication profile. Transfer all your prescriptions today so we may better manage your disease state and reduce drug interactions Our goal is to deliver better outcomes to all our patients.

**We appreciate your business and the opportunity to show you why a community pharmacy is different. Stop in today and let us take care of you.**

### Better service.

## 25% OFF!

**Any One Good Neighbor Pharmacy Product**

Valid only at LEISURE WORLD PHARMACY • Valid 2/7/19-2/28/19  
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

## FREE!

**WITH ANY \$10 PURCHASE**

**Good Neighbor Pharmacy Aspirin 81mg- Low Dose 36 Tablets**

Valid only at LEISURE WORLD PHARMACY • Valid 2/7/19-2/28/19  
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

Valid only while supplies last. Not valid on prescription co-pays. Not valid with any other special, coupon or reduced price offer. Not valid on purchases reimbursed by Medicaid, Medicare, a Medicare Part D or Medicare Advantage plan, TRICARE, the Federal Employees Health Benefits program or any other state or federal medical or pharmaceutical benefit program or pharmaceutical assistance program, or where prohibited by law. Void if reproduced, altered or expired. Customer must pay any sales tax. Minimum purchase will be calculated prior to tax. Cash value 1/100c.

MYGNP.com

**BRaille INSTITUTE**

**Outreach course designed to help people live better with low vision**

The Braille Institute will sponsor an outreach course to help people cope with low vision starting on Friday, March 1 and continuing for four weeks in Clubhouse 3, Room 6, from 10 a.m.-noon.

The Braille Institute sends trained specialists to help people learn how to handle the issues that arise from diminished sight.

The outreach includes classes, and home assessments to improve lighting and other needs.

Classes and services are mostly free.

The outreach is designed to help people maintain their independence.

For more information, call Sharon Kohn at 596-1969.

—Sandy Esslinger

**LBSO Bus Transportation**

Leisure World residents have the convenience of transportation to and from Long Beach Symphony Orchestra classic concerts. Meet the bus at the Amphitheater bus loading area on St. Andrews Drive no later than 5:45 p.m. on concert Saturdays. The bus leaves promptly at 6 p.m. to arrive in time for Maestro Eckart Preu's free pre-concert lecture, and returns following the concert. For further information on the bus or concert schedule, visit [LongBeachSymphony.org](http://LongBeachSymphony.org) or contact Bus Co-Hostess Beverly Emus at 296-5586 or [bemus@socal.rr.com](mailto:bemus@socal.rr.com).

**FALLS from page 1**

That's something that Antonia knows about first-hand. In 2010, she became seriously ill, was hospitalized for six weeks and spent a long time in rehab regaining her mobility and strength.

"When I woke up in the hospital, I could not hold a pencil," she said. "I got interested in coaching this class because I am someone who can look people in the eye and say 'eight years ago, I could not walk. I worked hard and continue to work hard. I regained my life, and you can do it too.'"

Hope is a motivating component of this program.

Past students have praised A Matter of Balance, saying they became more confident and were able to identify areas of weakness and strength. That awareness helped them formulate strategies to foster mobility and stay safe. That confidence let them be more active and engaged.

Said Antonia: "When I got home from the hospital in 2010, my grandson was a baby. All I could do was sit in a rocking chair and rock him for hours—he was a colicky baby. But I could not get out of that rocking chair. Now, I can pick him up."

The class emphasizes broadening the limitations of each individual. And the curriculum is evidence-based. That means it works. It has been supported by hard data and is not just based on theory.

The curriculum is in practice across the country. There are several thousand master trainers, like Frank Hernandez, who have been educated in all aspects of the program.

Aging well definitely requires bravery and effort—and a change of mind sometimes. It could be something as simple as walking, *not running*, to answer the phone, or not wearing flip flops anymore. Strategies will be different for everyone, but the class will help people learn to:

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risk at home
- Exercise to increase strength and balance

The class fills up quickly, so

people should call Leisure World Member Resources and Assistance Liaison Cindy Tostado, 431-6586, ext. 317, to register or for more information.

**SECURITY TOWN HALL**



Security Town Hall—Sgt. Chris Hendrix of the Seal Beach Police Department will be the special guest at a Security Town Hall meeting at 1:30 p.m. on Thursday, Feb. 28, in Clubhouse 4. He will cover crime trends and how to minimize the risk of becoming a victim of crime. Security Services Director Victor Rocha will review the enhanced access control system being proposed for the LW community. Everyone is invited. At the last Town Hall in January (photo), it was standing-room-only as people discussed a variety of issues, including driving safety.



**ENTERTAINMENT LOCATED IN PALA EVENTS CENTER**

**Enjoy Free Shows and a \$300 Cash Giveaway every Tuesday.**



**KENNY HALE**

Neil Diamond Tribute

**FEB 26**



**CREEDENCED**

Creedence Clearwater Tribute

**MAR 5**



**BUDDY HOLLY REVIEW**

**MAR 12**



**THE HEART OF ROCK & ROLL**

Huey Lewis and the News Tribute

**MAR 19**



**60+ CLUB BUFFET SPECIAL CHOICES**  
THE BUFFET

**GUESTS 60 AND OLDER RECEIVE A 30% DISCOUNT OFF REGULAR BUFFET PRICES AVAILABLE FROM 11 A.M. TO 3 P.M. / MONDAY THROUGH FRIDAY EXCLUDES HOLIDAYS**



**1-877-WIN-PALA (1-877-946-7252) | PalaCasino.com**

Located in Northern San Diego County  
From Orange County & Los Angeles County: Take I-5 South to Hwy 76, go east 23 miles  
From San Diego & Riverside County: Take I-15 to Hwy 76, go east 5 miles  
Please Gamble Responsibly. Gambling Helpline 1-800-522-4700

# Perspectives

## GRF ADMINISTRATION

### Am I Really Aging in Place?

by **Cindy Tostado**

GRF Member Resource & Assistance Liaison

What does “Aging in Place” really mean? According to several sources there appears to be a consensus that to “age in place” means to remain in your own place of residence for as long as you are able. Ability seems to lie in the eyes of the beholder. What is the reality of our ability? Who is going to determine what we are able or unable to do for ourselves? I would like to think that as adults we should be able to decide for ourselves when the time has come to add supports to help us successfully age in place. However, sometimes we encounter some physical and cognitive dissonance that impair our abilities to make reasonable decisions.



The reality is that we will all age. With aging there may come changes in vision, decreased muscle strength or endurance, reduced mental processing abilities, increased risk of falls due to balance, increased risk of illness, reduced hearing, and/or decreased mobility. Planning and accepting of these inevitable changes will increase your chance at successfully meeting your goal of “Aging in Place.” Some questions to start asking yourself (if you haven’t already) are:

- How do you want to spend your retirement years?
- How would you like your home to be set up?
- What are your healthcare choices if you become ill or incapacitated?
- Which types of assistance are right for you? Do you have the finances to support these goals?
- What are your wishes for major life events (sickness, housing transitions, financial decisions)?

Time can sneak up on us. Before we know it, we’ve reached an age or have experienced some medical or mental health problems that has impaired our ability to live independently and compromised our safety. Plan and discuss your wishes with your family and/or a trusted advisor. Planning lessens the burden on your family by outlining how and where your needs are met, while lessening the need for emergency assistance from community resources. Here are some practical tips for those who are “Aging in Place” and maintaining their “Quality of Life.”

(1) Wearing a Medical ID Bracelet that lists medication or major medical diagnosis on it.

(2) Place a list on your refrigerator door with name and phone numbers of family members or friends to call in an emergency. A second list with name and number of your doctor and all your current medications.

(3) Emergency Notification Record that lists instructions should you have an emergency and go to the hospital. You may list family names, phone numbers, and instructions for your pet’s care.

(4) Make a duplicate unit key and place in the lock box. This can be used in an emergency to avoid delays.

(5) Create a signal with your neighbor. Example; closed drapes after 9am signals “come check on me”. Offer the same for your neighbor.

(6) Use an emergency response device. This device will summon emergency personnel if you should fall at home and cannot get up.

(7) Create or update your Power of Attorney for Health Care & Finances. This form documents your specific wishes for medical care and treatment should you be unable to speak for yourself. A Financial Power of Attorney allows your appointed agent to make financial decisions on your behalf when you are unable.

(8) Make your home fall safe. Remove all scatter rugs, install grab bars in your bathroom tub or shower, put frequently used items within easy reach, remove clutter, avoid using a step ladder, and add stronger lighting.

(9) Don’t try to do everything yourself. If there are household chores that are difficult to do there are reliable companies that provide services to help you with these tasks.

(10) Contact GRF Member Resource and Assistance Liaison for confidential and free services to assess needs and review options for assistance. My goal is to help you live safely at home for as long as possible. Help is just a phone call away, call Cindy Tostado, 431-6586, ext. 317.

## WATCH YOUR STEP

### Romance scams are on the rise

by **Cathie Merz**

cathiem\_news@lwsb.com

Loneliness and emotional vulnerability can cost consumers more than just broken heart... and more than any type of scam. Criminals are masters of manipulating emotions and targeting victims when their defenses are down.

The Federal Trade Commission recently reported that the number of romance scams jumped to more than 21,000 in 2018, up from 8,500 in 2015. The losses to victims quadrupled to \$143 million last year. The median loss for victims was \$2,600, about seven times more than any other fraud tracked by the FTC.

It’s an ancient con — an impostor poses as a suitor, lures the victim into romance and then starts skimming his or her finances. Romance-related scams have been around for a long time but have become much more common with the success of online dating services.

Last year, upwards of 20,000 people were duped into sending money to a scammer disguised as a potential sweetheart.

Impostor scams can flourish wherever the Internet exists (Eastern Europe and Russia are hot spots), but most dating fraud originates in Nigeria and Ghana, or in countries such as Malaysia and the U.K., which have large communities of West African expatriates. In fast-developing

parts of the world with high unemployment, a large percentage of English-speaking young men, and a postcolonial legacy of political instability and corruption, playing the “419 game,” advanced-fee frauds, can be a tempting way out.

Anyone can become a victim. The FTC reports the romance scams happened most often to those in the 40-69 age group and those 70 and older paid out the most to scammers, a median loss of \$10,000 per person.

The FTC says that romance scammers typically lure unsuspecting individuals with phony online profiles, “often lifting photos from the web to create attractive and convincing personas.”

“They might make up names or assume the identities of real people. Reports indicate the scammers are active on dating apps, but also on social media sites that aren’t generally used for dating,” the FTC said. “For example, many people say the scam started with a Facebook message.”

Once an online relationship begins scammers will say they need money for reasons such as a medical emergency or to cover travel expenses.

“They often claim to be in the military and stationed abroad, which explains why they can’t meet in person. Pretending to need help with travel costs for a long-awaited visit is another common ruse,” the FTC said in

its report.

Many victims never report the crime or even confide in their closest friends or family because of shame, ridicule or even denial.

“People want to believe so bad,” says Steven Baker, a leading expert on fraud at the FTC.

Some warning signs offered by AARP include professing love too quickly; a reluctance to meeting in person; requests for money; and photos that look more professional than an ordinary snapshot.

Another warning sign is if the suitor presses for you to leave the dating website or other forum to communicate by email or instant messenger.

#### Tips for avoiding a scam

The FTC offered several tips to help consumers avoid falling prey to one of these scams:

- Never wire money or send gifts without having met the person face-to-face.

- Take it slowly. Ask questions and look for inconsistent answers.

- Talk to someone you trust about your new online love interest. “In the excitement about what feels like a new relationship, we can be blinded to things that don’t add up. Pay attention if your friends or family are concerned,” the FTC advises.

- Conduct a reverse-image search of their profile picture. “If they’re associated with another name or with details that don’t match up, it’s a scam,” the FTC says.

## Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Publications Manager.

**Letters to the Editor:** Maximum words: 250. Letters should be typed and delivered to the Golden Rain News by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

**Member Column:** At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

**Contributor:** Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

**Political:** Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

## Credits & Kudos

*Credits & Kudos must include the writer’s name and mutual number, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by LW Weekly or the Golden Rain Foundation.*

Carl and Liz Kennedy of Mutual 14 are grateful to Tommy Williams and the excellent Rocking Chair band who played recently in Clubhouse 2. The music was contemporary and the Kennedys enjoyed dancing and chatting with friends. “I don’t think it cost the Golden Rain Foundation anything, we need more of this in the community,” said Mrs. Kennedy.



An Official Golden Rain Foundation Publication  
Serving the Shareholders of

**Leisure World Seal Beach**



LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser’s work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

<p><b>Nataly Chigireva,</b> Communication &amp; Technical Director ext. 384; natalyc@lwsb.com</p> <p><b>Jim Breen,</b> Issues/Opinions Editor ext. 387; jim_b_news@lwsb.com Letters to the Editor, health, sports and games, scams, religion</p> <p><b>Ruth Osborn,</b> News &amp; Page 1 Editor ext. 388; ruth_o_news@lwsb.com General news, arts and leisure</p> <p><b>Cathie Merz,</b> Community/Gov. Editor ext. 389; cathiem_news@lwsb.com Community news, travel, government, obituaries, production</p> <p><b>Stephen Bannon,</b> Production Editor ext. 392; stephenb_news@lwsb.com Pre-press, online and vision-impaired editions, IT</p> <p><b>Karen McElwain,</b> Advertising Sales ext. 393; karenm_news@lwsb.com</p> <p><b>Sylvia King,</b> Advertising Sales ext. 391; sylviak@lwsb.com</p> <p><b>Katya Lukina,</b> Classified Advertising Sales ext. 383; katyal@lwsb.com</p> <p><b>Dan Pomeroy,</b> Distributor Eagle Rock Services</p>	<p><b>Deadlines:</b> News articles, 4 p.m. Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week</p> <p><b>Office hours:</b> 8 a.m. to 5 p.m., Monday-Friday</p> <p><b>Phone:</b> (562) 430-0534 after-hours voice mail, (562) 431-6586</p> <p><b>Mailing address:</b> P.O. Box 2338, Seal Beach, CA 90740</p> <p><b>Delivery address:</b> 13533 Seal Beach Blvd., Amphitheater Building Seal Beach, CA 90740</p>
---	--

**VOL. 43 NO. 8**

# Government

## Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Feb. 21	<b>Mutual 2</b> Conference Room B.....9 a.m.
Thursday, Feb. 21	<b>Mutual 11</b> Clubhouse 3, Room 9 ..... 1:30 p.m.
Friday, Feb. 22	<b>Mutual 6</b> Conference Room B..... 9:30 a.m.
Monday, Feb. 25	<b>Mutual 8</b> Conference Room B.....9 a.m.
Wednesday, Feb. 27	<b>Mutual 10</b> Conference Room B.....9 a.m.
Thursday, Feb. 28	<b>Mutual 1</b> Conference Room B.....9 a.m.
Tuesday, March 5	<b>Mutual 16</b> Conference Room B..... 9:30 a.m.
Tuesday, March 5	<b>Mutual 17</b> Conference Room B..... 1:30 p.m.
Wednesday, March 6	<b>CFO Council</b> Conference Room B..... 10 a.m.
Thursday, March 7	<b>Presidents' Council</b> Clubhouse 4 .....9 a.m.
Friday, March 8	<b>Mutual 3</b> Conference Room B.....9 a.m.
Monday, March 11	<b>Mutual 9</b> Conference Room B..... 9:30 a.m.
Wednesday, March 13	<b>Mutual 4</b> Conference Room B ..... 9:15 a.m.
Thursday, March 14	<b>Mutual 12</b> Conference Room B.....9 a.m.
Friday, March 15	<b>Roundtable with Mutuals/GRF</b> Conference Room B..... 1 p.m.

**MUTUALS, page 6**

## GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. Due to repairs to the elevator in the Administration Building, meetings will be held in Conference Room B, located downstairs in Building 5. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, March 21	<b>Architectural Design Review Committee</b> Administration ..... 10 a.m.
Thursday, Feb. 21	<b>Information Technology Committee</b> Conference Room B ..... 1 p.m.
Friday, Feb. 22	<b>Facilities and Amenities Review Ad Hoc</b> Conference Room B ..... canceled
Monday, Feb. 25	<b>Management Services Review Ad Hoc</b> Conference Room B ..... 1 p.m.
Tuesday, Feb. 26	<b>GRF Board of Directors</b> Clubhouse 4 ..... 10 a.m.
Wednesday, Feb. 27	<b>Architectural Design Review Committee</b> Conference Room B ..... 1 p.m.
Thursday, Feb. 28	<b>Service Maintenance Committee</b> Conference Room B ..... canceled
Friday, March 1	<b>GRF Board Executive Session</b> Conference Room B ..... 1 p.m.
Monday, March 4	<b>Recreation Committee</b> Conference Room B ..... 1 p.m.
Wednesday, March 6	<b>Physical Property Committee</b> Conference Room B ..... 1 p.m.
Thursday, March 7	<b>Pool Subcommittee</b> Conference Room B ..... 1 p.m.
Friday, March 8	<b>Executive Committee</b> Conference Room B ..... 1 p.m.
Monday, March 11	<b>Mutual Administration Committee</b> Conference Room B ..... 1 p.m.
Tuesday, March 12	<b>Strategic Planning Ad Hoc Committee</b> Conference Room B ..... 1 p.m.
Wednesday, March 13	<b>Security, Bus &amp; Traffic Committee</b> Conference Room B ..... 1 p.m.
Thursday, March 14	<b>Communications Committee</b> Conference Room B ..... 1 p.m.
Friday, March 15	<b>Roundtable with Mutuals/GRF</b> Conference Room B ..... 1 p.m.
Monday, March 18	<b>Finance Committee</b> Conference Room B ..... 9 a.m.
Monday, March 18	<b>GRF Board of Directors (special) Election</b> Clubhouse 4 ..... 2 p.m.
Thursday, March 21	<b>Information Technology Committee</b> Conference Room B ..... 1 p.m.

**COMMITTEES, page 6**

## LW Democrats nominate slate for 2019-2020

Leisure World Democrats announced the nominations of its leadership for 2019-2020 at the Feb. 20 meeting. Mary Tromp and Kathy Moran will run again in their respective roles as president and treasurer, with Kathy also in the running as vice-president. Working with Kathy will be the nominee for assistant treasurer, Marylee Thomson.

Other nominees standing for election at the club's March 20 meeting will be Alyce Lubs as secretary; committee chairs Joan Smith for publicity, Pat Kruger for advocacy information, Bruce Anderson for nominating and Martha Warner for Leisure World liaison. Longtime board member Dolores Volpe will be running to continue as a member-at-large.

In addition, Mary Larson will continue on the board as the immediate past president and in her second year of a two-year term as program chair. Clara Wise and JoAnn Englund will continue in their second year as chairs of their respective committees, special events and hospitality.

February continues to be a busy month for Leisure World Democrat Club members. On Sunday, Feb. 17, several members attended an Open House at the Mary Wilson Sr. Center to celebrate with Joe Kalmick, the newly elected Seal Beach city councilman. He has invited all to attend his swearing in on Monday, Feb. 25, at 7 p.m. in the City Council Chambers located at 211 8th St. in Old Town Seal Beach.

Newly elected congressman Harley Rouda has announced the opening of his Orange County field office located at 4000 Westery Place, Ste. 279, in Newport Beach, phone, (714) 960-6483. He sent out his first newsletter in which he talked about already having co-sponsored 40 bills, meeting with 150 constituent groups, and responding to 1,000 constituent. To subscribe to the newsletter, visit <https://t.co/s16jNSAteg> or <https://t.co/lnfLvmwTKK>.

On Feb. 19, several LW Democratic Club members attended Congressman Rouda's first local Town Hall gathering in Orange County.

Several club members who attend the Rouda Town Hall will be leading a discussion about it

**DEMOCRATS, page 6**

### FAR AD HOC

## Meeting canceled

The Facilities and Amenities Review (FAR) Ad hoc committee meeting scheduled for Friday, Feb. 22, at 1 p.m., has been canceled.

A Town Hall meeting will be scheduled to dispel any erroneous information or rumors circulating within the community. Factual information will be supplied at the Town Hall meeting; ample time will be allocated for comments and questions.

## Agenda Clubhouse Four Tuesday, February 26, 2019 10:00 a.m.

1. Call to Order/Pledge of Allegiance
2. Roll Call
3. President's Comments
4. Announcements/Service Awards/Staff Commendation
5. Seal Beach City Council Member's Update
6. Shareholder/Member Comments
  - Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:
    - 4 - minute limit per speaker, when there are no more than 15 speakers
    - 3 - minute limit per speaker, 16 - 25 speakers
    - 2 - minute limit per speaker, over 26 speakers
7. Consent Calendar (pp. 1-2)
  - a. Minutes of the Recreation Committee Board Meeting of January 7, 2019
  - b. Minutes of the Security, Bus & Traffic Committee Board Meeting of January 9, 2019
  - c. Minutes of the Executive Committee Board Meeting of January 11, 2019
  - d. Minutes of the Facilities and Amenities Review Ad hoc Committee Board Meeting of January 25, 2019
8. Approval of Minutes
  - a. January 29, 2018
  - b. February 12, 2019
9. Reports
  - a. Facilities and Amenities Review (FAR) Ad hoc Committee
  - b. Management Services Review Ad hoc Committee
  - c. Strategic Planning Ad hoc Committee
  - d. Health Care Center Advisory Board
10. New Business
  - a. General
    - i. Adopt Policy 5177-31, Health Care Center Committee
    - ii. CAMUTCD, Authorization to allow Seal Beach Police Department onto Property for Traffic Enforcement
    - iii. Approve February GRF Board Newsletter
  - b. Architectural Design & Review Committee
    - i. Reserve Funding Request - St. Andrews Median Landscape
    - ii. Operating Funding Request - Community Facilities Tree Trimming
  - c. Executive Committee
    - i. Confirm 2019 Election Provider
    - ii. Approve GRF Directors Serving on the GAF Board
    - iii. Adopt DMS Software Numbering Format
  - d. Finance Committee
    - i. Accept January Financial Statements
    - ii. Approve Funds Transfer Request - Reserve Funds
    - iii. Approve CD Purchase Request - Reserve Funds
    - iv. Approve Funds Transfer Request - Capital Improvement Funds
    - v. Approve CD Purchase - Capital Improvement Funds
    - vi. Amend Policy 5340-31 Capital Improvement Funds
    - vii. Amend Policy 5115-31, Finance Committee
  - e. Physical Property Committee
    - i. Capital Funding Request - Administration and Amphitheater Roofs
  - f. Recreation Committee
    - i. Capital Funding Request - Patio Sets Purchase, Café Patio
    - ii. Amend Policy 1403-50, Commercial Use
  - g. Security, Bus & Traffic Committee
    - i. Rescind Policies 5535-37, Pedestrian Gate Security and 5536-37, Gate Security
11. Staff Reports
  - Director of Finance's Report - Ms. Miller
  - Executive Director's Report - Mr. Ankeny
12. Board Member Comments
13. Next Meeting/Adjournment
  - GRF Board of Directors meeting,  
Tuesday, March 26, 10 a.m., Clubhouse 4

### GRF Board Executive Session 9:00 a.m., February 26, 2019 Art Room, Clubhouse Four

NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935

- A. Call to Order - President Stone
- B. Roll Call
- C. Legal
- D. Contracts
- E. Member Disciplinary Actions
- F. Personnel
- G. Adjournment

*"Agenda is Subject to Change"*



The Seal Beach Girl Scouts will host cookie booths in Clubhouse 3 and 6 on weekends and Wednesdays during February and March. Scheduled weekend dates are Feb. 16-17 and 23-24 and March 2-3 from 10 a.m.-4 p.m. Cookies will be on sale on Wednesdays, Feb. 20 and 27 from 3-5 p.m. Price is \$5 per box. Booth days and times are subject to troop registration for those time slots. If cookies aren't for you, consider donating a box to share with our troops.

### GRF used vehicle sale is Saturday

The fourth Saturday each month, Shareholders/Members have the opportunity to sell any used motorized vehicle in the Administration Parking Lot from 8 a.m.-4 p.m.

Vehicles must have current DMV registrations and GRF decals, as well as be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes, and scooters may be sold. The owner or representative does not need to be present but is allowed to display a single "for sale" sign no larger than 18 inches by 24 inches on the vehicle, to include a phone number.

The sale is open to Leisure World residents only and the guests they call in. The public will not be able to sell at the events.

For more information, contact Recreation at 431-6586 ext. 398 or 324.

### Mutual Election Cycle Begins; Directors are needed

The community unity we display in Leisure World Seal Beach is a direct result of all the unpaid volunteer Mutual and GRF board members duly elected to serve their mutuals and the shareholders over many years. What better way to create and sustain a community such as Leisure World then by volunteering time toward the governance of the incredible lifestyle shareholders enjoy?

This community was founded on the premise that the Mutual Boards and the elected board directors would set into operation the day-to-day business of each mutual corporation. Directors address the issues of most importance to their electorate, that is, the shareholders. Board directors find solutions to existing problems, large and small. This is not an easy job. It takes time, effort and a willingness to unselfishly

donate a portion of a person's everyday life to the community in which they live.

Leisure World Seal Beach is full of highly qualified shareholders who have so much expertise to offer, such as knowledge of construction, plumbing and accounting. New ideas and perspectives are always needed and that means volunteers are needed. Consider becoming a candidate for a director's position on your mutual's board of directors.

The schedule below indicates each mutual's annual meeting date and election. Note the deadlines to apply for candidacy. If you are interested or have any questions relating to becoming a candidate for election to your Mutual's Board of Directors, contact the Stock Transfer Office at 431-6586, ext. 346.

—Carol Weller, former Mutual Administration Director, updated by Stock Transfer Manager Nancy Ray)

#### Parcel Designations Mutuals 9 and 12

Mutual	Parcel	Bldgs.
Nine	39	206-210
	40	211-214
	41	215-218
	42	219-223
	43	224-226
	44	227-232
	45	233-237

Mutual	Parcel	Bldgs.
Twelve	1	64-69
	2	70-73
	3	74-78
	4	6-11
	8	55-63
	9	40-47
	10	34-39

#### 2019 Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins (90 days before election)**	Candidate Application Deadline (60 days before election)**	Ballots Mailed (30 days before election)***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	10	276	92	6	Thurs. 2/14	Sat. 3/16	Mon. 4/15	3 <sup>rd</sup> Wed.	5/15	10 a.m.	Election in odd-numbered years
	14	328	110	7	Fri. 2/15	Sun. 3/17	Tues. 4/16	3 <sup>rd</sup> Thurs.	5/16	10 a.m.	No cumulative voting
	7	384	128	6	Sat. 2/16	Mon. 3/18	Wed. 4/17	3 <sup>rd</sup> Fri.	5/17	10 a.m.	Parcels eliminated
	4	396	132	4	Thurs. 2/21	Sat. 3/23	Mon. 4/22	4 <sup>th</sup> Wed.	5/22	10 a.m.	Staggered terms
	16	60	20	5	Thurs. 2/21	Sat. 3/23	Mon. 4/22	4 <sup>th</sup> Wed.	5/22	2 p.m.	2019 meeting will be held in Administration Conference Room
	11	312	104	6	Fri. 2/22	Sun. 3/24	Tues. 4/23	4 <sup>th</sup> Thurs.	5/23	10 a.m.	Election in even-numbered years; annual meeting only
	9	384	128	7	Sat. 2/23	Mon. 3/25	Wed. 4/24	4 <sup>th</sup> Fri.	5/24	10 a.m.	Parcels in effect
	8	348	116	5	Wed. 2/27	Fri. 3/29	Sun. 4/28	4 <sup>th</sup> Tues.	5/28	10 a.m.	Meeting moved from 4 <sup>th</sup> Mon. to 4 <sup>th</sup> Tues. due to Memorial Day
JUNE	1	844	282	4	Tues. 3/12	Thurs. 4/11	Sat. 5/11	2 <sup>nd</sup> Mon.	6/10	10 a.m.	Staggered Terms
	5	492	164	3	Wed. 3/13	Fri. 4/12	Sun. 5/12	2 <sup>nd</sup> Tues.	6/11	10 a.m.	Staggered Terms. No cumulative voting. Parcels eliminated.
	3	432	144	3	Thurs. 3/14	Sat. 4/13	Mon. 5/13	2 <sup>nd</sup> Wed.	6/12	10 a.m.	Staggered Terms
	12	452	151	7	Fri. 3/15	Sun. 4/14	Tues. 5/14	2 <sup>nd</sup> Thurs.	6/13	10 a.m.	Parcels in effect
	2	864	288	4	Sat. 3/16	Mon. 4/15	Wed. 5/15	2 <sup>nd</sup> Fri.	6/14	10 a.m.	Staggered Terms
	15	502	168	7	Sat. 3/23	Mon. 4/22	Wed. 5/22	3 <sup>rd</sup> Fri.	6/21	10 a.m.	No cumulative voting
	17	126	65	2	Wed. 3/27	Fri. 4/26	Sun. 5/26	4 <sup>th</sup> Tues.	6/25	10 a.m.	Staggered Terms. No cumulative voting
6	408	136	7	Sat. 3/30	Mon. 4/29	Sun. 5/29	4 <sup>th</sup> Fri.	6/28	10 a.m.		

NOTE:  
 \* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.  
 \*\* = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.  
 \*\*\* = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

#### DEMOCRATS

From page 5 during the club's fourth Tuesday of the month Voter Awareness Series on Feb. 26. Attendance at these sessions is limited in order to facilitate discussion and reservations are required by emailing [lwsbdemocraticclub@gmail.com](mailto:lwsbdemocraticclub@gmail.com) or phoning Mary Larson, 296-8521.

#### COMMITTEES

From page 5  
 Friday, March 22 **Facilities and Amenities Review Ad Hoc** Conference Room B ..... 1 p.m.  
 Monday, March 25 **Management Services Review Ad Hoc** Conference Room B ..... 1 p.m.  
 Tuesday, March 26 **GRF Board of Directors** Clubhouse 4 ..... 10 a.m.  
 Wednesday, March 27 **Architectural Design Review Committee** Conference Room B ..... 1 p.m.  
 Thursday, March 28 **Service Maintenance Committee** Conference Room B ..... 1 p.m.

#### MUTUALS

From page 5  
 Monday, March 18 **Mutual 15** Conference Room B..... 1 p.m.  
 Tuesday, March 19 **Mutual 14** Conference Room B..... 1 p.m.  
 Wednesday March 20 **Mutual 5** Conference Room B.....9 a.m.  
 Wednesday, March 20 **Mutual 7** Conference Room B..... 1 p.m.  
 Thursday, March 21 **Mutual 2** Conference Room B.....9 a.m.  
 Thursday, March 21 **Mutual 11** Clubhouse 3, Room 9 ..... 1:30 p.m.  
 Friday, March 22 **Mutual 6** Conference Room B..... 9:30 a.m.  
 Monday, March 25 **Mutual 8** Conference Room B.....9 a.m.  
 Wednesday, March 27 **Mutual 10** Conference Room B.....9 a.m.  
 Thursday, March 28 **Mutual 1** Conference Room B.....9 a.m.

### Your Tax Returns Are Looking More Impressive. Shouldn't Your Tax Professional Too?

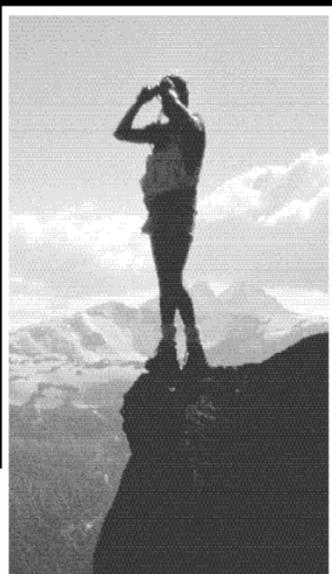
Who prepares your taxes? Someone who took a brief training course? Or do you trust tax software to understand every nuance of your finances? Maybe you should be using a CPA, a dedicated professional who really knows the business of taxes and finances. We'll review your overall financial picture to find ways to help you achieve your goals. Now that you've moved up in the world, isn't it time to move up to a CPA? Call us today.

American Institute of Certified Public Accounts



**562-594-9729**

13924 Seal Beach Blvd., Suite C • Leisure World Shopping Center



7/22-511



America Counts on CPAs

## HICAP

Health Insurance Counseling and Advocacy Program

**Free, Unbiased Medicare Assistance & Health Care Counseling**

provided by **Council on Aging — Orange County**

Downstairs in Clubhouse 5 (next to Cafe)

Open: **Monday-Thursday 9 a.m.-noon**

Call **562-472-0275** for an appointment

email - [HICAP\\_LWSB@coaac.org](mailto:HICAP_LWSB@coaac.org)

# Religion



Pastor Johan Dodge (I) is pictured with Taylor White and Carol Burge at the Valentines Day luncheon for cancer patients and survivors.

## COMMUNITY CHURCH

### Pouring rain did not dampen spirit of hope and courage at special luncheon

The pouring rain was no match for the ferocious Taylor White and the wonderful group of men and women who braved the storm to attend the Valentine's luncheon for cancer patients and survivors.

Sharing a common bond of strength and courage, this group laughed, ate, shared stories and enjoyed a fabulous time together.

A big thank you goes out to Taylor White and her team of helpers who made this event possible. Community Church looks forward to providing more opportunities to bring friends and neighbors together. As always, the church welcomes anyone who does not yet have a church home to join members on Sunday mornings at 10:50.

The monthly Bible study, led by Mary Maness and Kelly Frankie-wicz, will meet on Tuesday, Feb. 26, at 1 p.m. in the Fireside Room. Everyone is welcome to join as the group explores the book of Revelation.

On Sunday, Feb. 24, Pastor Johan Dodge will give a message titled "Live Like a Giraffe." The Scripture Lesson is from 1 Corinthians 15:35-38, 42-50.

Lois Han will serve as lay liturgist. Worship services are at 9:50 a.m., followed by refreshments and coffee in Edgar Hall.

## ASSEMBLY OF GOD

### LWers prepare food for nation's hungry

On Feb. 3, after the Assembly of God Sunday worship service, seven congregants drove to Gleanings for the Hungry in Dinuba, California, a four-hour-and-45-minute drive.

The Gleanings is a Christian organization whose mission is to feed the hungry of the world both physically and spiritually. The organization, consisting of 12 staff members and family, produce shelf-stable packaged dry soup mixes year around from donated products from local and out of state farmers.

In the summer, they dry peaches and nectarines that are not pristine enough for sale.

The participants enjoyed time of fellowship, worshipping and singing during their four-day stay.

They had nutritious healthy meals, comfortable accommodations and worked six hours a day.

They were part of 50 guests from Canada, Brazil, Spain, Washington, Oregon, Kansas and Montana.

In four days, they produced 1.88 million servings of dry soup mix, made 38 quilts and repaired 64 dry fruit trays.

## BEIT HALEV

### Weekly online service to focus on census taking

Rabbi-Cantor Galit Levy Slater conducts weekly services for Beit HaLev online at [Livestream.com/Galityomtov](http://Livestream.com/Galityomtov) and [Facebook.com/galityomtov](http://Facebook.com/galityomtov).

This week, the Torah portion is "Kee Tissa" (when you take a census) for the Shabbat reading.

The census was done in preparation for military service; the Golden Calf is built because Moses' return from Mount Sinai is delayed; Moses intercedes on behalf of the people and the Tent of Meeting is built.

In addition to the Sabbath services, Rabbi-Cantor Galit also conducts a short Weekday Ma'ariv (evening) service every Thursday at 4 p.m. on [SimShalom.com](http://SimShalom.com).

The service includes a Torah reading, a D'var Torah, a prayer for healing and the Mourners' Kaddish.

Beginners Hebrew class has resumed on Wednesday afternoons.

People who are interested in learning Prayerbook Hebrew or Modern (Conversational) Hebrew should contact Rabbi-Cantor Galit at 715-0888 or [du-ets@icloud.com](mailto:du-ets@icloud.com) for information regarding days and times.

## LW BAPTIST CHURCH

### 'When God Gives People Over' is sermon topic this Sunday

by Joan Shramek  
LW contributor

The congregation of Leisure World Baptist Church welcomes everyone to share in worship on Feb. 27 in Clubhouse 4.

Sunday School, taught by Bob Simons, is from 8:40-9:10 a.m.

Join friends in conversation and a cup of coffee around the round table until 9:45 when morning worship service begins.

The Call to Worship will be "Glorify Thy Name."

Phil Hood will sing "Why Me Lord?," a powerful song written and recorded by Kris Kristofferson.

The choir, directed by Darlene Harris, will sing "We Shall Behold Him."

Congregational hymns will include "Sweet By and By," "Under His Wings" and "I'll Fly Away."

Pianist Yvonne Leon will play the offertory selection.

Pastor Rolland Coburn will give the morning message from Romans 1:24-32, titled "When God Gives People Over."

The closing hymn will be "Rescue the Perishing."

Immediately after the service, friends from the congregation will be in the prayer room to pray



Rolland Coburn

with people and for the church's missionaries around the world.

The Women's Christian Bible Study and Fellowship meet in Clubhouse 3, Room 6, at 10 a.m. on Monday, Feb. 25.

All are welcome to join in this class participation group.

The Wednesday Energizers Group meets in Clubhouse 3, Room 1, at 3 p.m.

For more information, call 430-2920.

## HOW TO CHOOSE YOUR EYE DOCTOR

(Keep this you might need this information)

Know about your doctor, what are his credentials, degrees, license and he is involved in on-going education. Is he reputable, can you always return to his office, does he offer hours that will be to your benefit if you need him?

It is critical that you receive a complete eye examination, properly fitted glasses and a safe contact lens fitting. Not every doctor provides proper fit evaluations. You are short-changed by a short examination and no follow-up visits to assure complete satisfaction and continuing health of your eyes. It is very important to have an extensive eye examination yearly. The inside of the eye is the only place inside the human body where you can see and study blood vessels as they function. Health problems can be determined and prevented early in yearly examinations. The advice of qualified staff is needed as to the type of frame that is compatible with your prescription. With many prescriptions some frames are not suitable and will cause discomfort, distortion and an appearance, which accents the vision problem. It is important to have a qualified person assisting you in the selection of frames.

At Beach Vision Center we believe the first concern is the health and visual comfort of our patients. Your vision is a precious gift. You should be concerned about it. We are. We offer old-fashioned quality care with respect for our patients needs. We look forward to serving you and your family.

Member of  
American Optometric Association  
Fellow to the  
American Academy of Optometry  
Contact Lens Specialist  
Laser Eye Specialist

50 plus years in the Community  
Open Monday – Friday / late Evening – Tues/Thurs (Appointments Necessary)  
Saturday appointments available

Large inventory of frames / Sports Eyewear / Specialty needs for Aging / Children's Eyewear.

Complete Eye Examination & Dispensing ( All at one location)  
Treatment of Eye Diseases / Glaucoma / Cataract / Macular Degeneration / Dry Eyes  
Most Insurance Programs Accepted – Call for Verification  
Budget Line Frames = Designer Style Frames  
Contact Lenses – Large inventory to fit various needs in achieving true and comfortable vision  
Laser Pre/Post Op Consultations (Free) to determine if you are a candidate for contacts, laser - Appointment Necessary.

## BEACH VISION CENTER

Dr. Wayne Johnson, O.D., F.A.A.O.  
Dr. A. Cory Thies, O.D.

10900 Los Alamitos Blvd. Suite 102 (Facing Los Alamitos Blvd.)  
(Next to Hof's Hut) corner of Los Alamitos & Katella)  
Los Alamitos, California 90720  
562/431-1301

## Salvation Army

The Orange County Alzheimer's Association will lead a "Dementia Friends" training on Monday, Feb. 25 in Clubhouse 4 at 7 p.m. The Salvation Army Home League is pleased to be able to offer this evening of information and help.

The training will cover how to recognize the signs of dementia and how best to support and interact with people experiencing different stages of cognitive impairment.

Everyone is welcome to avail themselves of this opportunity. Refreshments will be served.



Bishop Kevin Vann, bishop of the Diocese of Orange, visited Holy Family last weekend. He celebrated the 10 a.m. Mass on Feb. 10 and stayed for refreshments in the parish rectory. Many LW parishioners were able to talk and share with him. Bishop Vann (l-r) is pictured with Tillie Stiehr, Diana Neal and Rev. James Hartnett, pastor emeritus.

**HOLY FAMILY CATHOLIC**

**Church to celebrate Seventh Sunday in Ordinary Time**

Holy Family Catholic Church will celebrate the Seventh Sunday in Ordinary Time on Feb. 24.

The church is located at 13900 Church Place, next to St. Andrews Gate.

On Sunday, the First Reading is 1 Samuel 26:2, 7-9, 12-13, 22-23; the Responsorial Psalm, 103:1-2, 3-4, 8, 10, 12-13; Second Reading, 1 Corinthians 15:45-49;

Alleluia: John 13:34; and Gospel: Luke 6:27-38.

The Lenten Season begins on Ash Wednesday, March 6.

The distribution of ashes will be during the two Masses on that date, 8:30 a.m. and 5 p.m.

The Day of Adoration of the Blessed Sacrament is March 6 after the 8:30 a.m. Mass, concluding with Holy Hour.

It will be held from 4-5 p.m. Holy Family Church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon.

The Vigil Mass is at 5 p.m., Saturday; and daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and on the evenings of Holy Days from 4-4:45 p.m. and on first Fridays at 9:15 a.m.

**ASSEMBLY OF GOD**

**Ephesians 6 is basis of sermon**

Since the beginning of the year, Pastor Sam Pawlak has been preaching from a series called "God's Wardrobe for the New Year," based on Ephesians, Chapter 6. Each Sunday the congregation has received new insight into the Christian's warfare as described by Paul, the Apostle.

The concluding message in this series will be "Now That's What You Call a Knife—The Sword of the Spirit" at the 10:30 a.m. service in Clubhouse 3, Room 2.

Following the prelude, Associate Pastor Dan Ballinger will call the people to praise and prayer with worship songs led by Denise Smith. Diana Mushagian will give the announcements.

The Hymn Sing is held at 6 p.m. in the lobby of Clubhouse 3. Last week people sang songs from their youth.

Every week, people have the opportunity to share their favorites. Pastor Dan, with help from Ruth Olson, will lead the hymns.

Elaine Price will share special music, and Pastor Sam will close with a devotion.

The fellowship time features treats to share, visits with friends and a chance to make new ones.

Two prayer meetings are held Sunday, at 10 a.m. and at 5:15 p.m.

Hebrews, Chapter 6, will be the focus of the Wednesday Bible Study in Clubhouse 3, Room 7, at 10 a.m. Pastor Sam Pawlak leads the group, which attracts people from other congregations as well as the Assembly of God.

**REDEEMER LUTHERAN**

**'Dreams Can Be Real' is sermon title**

"Dreams Can Be Real" is the theme of this Sunday's sermon at Redeemer Lutheran Church. Pastor Gil Moore will use Genesis 45:3-11, 15 as his text. The prayer leader is Carl Costello; reader, Juanita Townsend.

The choir will sing "The Word of God is Source and Seed." The altar flowers are from Phyllis Mackey and Ronnie Powell.

The Sunday service will begin at 10:30 a.m., followed by a coffee hour during which February birthdays will be celebrated.

The Wednesday morning Bible class is led by Pastor Lynda Elmer. The group is completing the study of the Book of Ezekiel. It meets at 10:30 a.m. in the Fellowship Hall. All are welcome.

The Respite Center meets on Monday, Tuesdays and Thursdays. Call 596-1209 for information about registration and volunteering.

For more information on Redeemer, visit [www.redeemerlutheransealbeach.com](http://www.redeemerlutheransealbeach.com).

**CONGREGATION SHOLOM**

**Passover seder is being planned**

Congregation Sholom will hold Friday services at 7 p.m. on Feb. 22 in Clubhouse 3, Room 9.

An Oneg shabbat will follow. Rabbi Karen Isenberg will lead the service.

Bagels will be available at 9 a.m. on Saturday, Feb. 23, in Clubhouse 3, Room 9, followed by services with Rabbi Eric Dangott.

A potluck dairy lunch will start at noon. During lunch, the Rabbi will discuss this week's Torah portion.

The walking group meets on Mondays and Wednesdays at 6:35 p.m. Meet at the bus stop across from the Clubhouse 3 lobby.

Shabbat Across America will be held on March 1 at Carl Levine's house. Call Carol Levine at 505-3622 for more information.

A Passover seder will be held this year, with more information to come.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

**Take-out food in LW**

The GRF Recreation Department sponsors two options a week for takeout dinners that people can order inside Leisure World.

Taco Tuesday, hosted by Koffel's Food Service, offers a wide variety of diner-style selections at reasonable prices. The truck is in the Clubhouse 6 parking lot at 5 p.m. every Tuesday. People can take their food to go, or eat inside or on the patio of Clubhouse 6.

Pizza Thursday starts at 4 p.m. in the parking lot of Clubhouse 6. Dominos Pizza is there until 8 p.m. Special orders can be called in to 493-2212 between 10 a.m.-1 p.m. for pickup at the truck in Leisure World.

**BUDDHA CIRCLE**

**Lesson to be discussed Feb. 23**

The Buddha Circle will meet from 9:30-11 a.m. on Saturday, Feb. 23, in Clubhouse 4.

Another lesson in Buddhism will be discussed by Ven. Vui Mung (Joyful Heart) from Desert Zen Center. He presents Buddhism in a simple way, how to suffer less and become happier. It's an interactive group so those who attend are encouraged to ask questions. Ven. Mung will begin the session in a guided meditation.

Check the website at [LWSB.com](http://LWSB.com) under Religion, Buddha Circle, for more information. There is no membership, just a gathering of like-minded people. All residents are welcome.

Donations are welcomed and will support Ven. Vui Mung in his teachings. For more information, call (714) 933-5122.

**STOCK TRANSFER**

**Notary services now available**

Leisure World residents now have notary services, \$15 per signature, available by appointment in the Copy & Supply Center in Building 5. For an appointment, call 431-6586, ext. 345.

The Copy & Supply Center also carries small items, such as batteries, shower heads, fire extinguishers, emergency vests and other items, from the Purchasing Department.

**Come in and see Mike and Mike!**  
**Where Service means something.**  
**Seal Beach Chevron**  
 4000 Lampson Ave.  
 Corner of Lampson/Basswood—  
 Across from Golf Course  
**562-430-2015**

**\$19.99\***  
**OIL & FILTER CHANGE**

\*Price for most cars, plus \$3 hazardous waste fee  
 Up to 5 quarts regular multigrade oil  
 With Coupon - Good through 3/31/19

**Dino's** *Fine Italian Dining*  
*At Affordable Prices*

**Senior Citizen or L.W. Resident Special**

**Every Day, 7 Days A Week!**  
 With Purchase of a Beverage

**4:00 - 9:30 P.M.**

**Our Entire Menu Is**

**1/2 Price**

Excludes Beverages, Salads, Desserts, Pizzas, Sandwiches, Appetizers or any other Specials. \$3.00 fee to share a meal.

6391 WESTMINSTER AVE., WESTMINSTER • 714-895-3303 del  
 Westminster Ave. over 405 Fwy., on left next to Big Lots!



# Health & Fitness

## Health Classes and Clubs

### Feeling Good Exercise

Move to the music from 9:30-10:30 a.m. Mondays in Clubhouse 1 with Sarah Grusmark and Thursdays with Katie Sellards; \$3 a class. People of all fitness levels are welcome. For more information, call Cathleen Walters at 598-9149.

### Beginning Yoga

Classes are offered from 10:30-11:30 a.m. on Wednesdays in Clubhouse 3, Room 6, and at the same time on Fridays in Clubhouse 3, Room 7. Bring mats. The fee is \$5 a class. For more information, call Patti Endly, 430-7291.

### Yoga

Classes are offered Tuesdays at 10 a.m. in the Clubhouse 4 Lobby, Thursdays at 10 a.m. in Clubhouse 3, Room 1; and Saturdays, 10 a.m. in Clubhouse 3, Room 2. The fee is \$5 per session. For more information, call Connie Adkins, 506-5063.

### Yoga, Meditation, Tai Chi

Classes are offered from 9:30-11 a.m., Saturdays, upstairs in Clubhouse 6. Paul Pridanonda teaches students slow and steady flow of tai chi movements. For more information, call 430-7143.

### Monday Intermediate Yoga

Classes are offered each week from 5:30-6:30 p.m. in Clubhouse 4, Section C; fee: \$5 per session. For more information, call Pat Castaneda, 225-0273.

### Ageless Grace

The eight-week, chair-based exercise program addresses 21 specific aging factors. It meets at 4:30 p.m. on Mondays, upstairs in Clubhouse 6. To participate, drop in anytime for \$5 per session or pay \$30 for all eight sessions.

For more information, call Carol Costello at 596-3927.

### Movement for Health and Self-Healing Medical Qigong

Qigong practice sessions classes are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. The session is led by Dave Heilig, qigong practitioner. For more information, call Catherine Milliot, 760-4545.

### Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are offered from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor. Attendance both days is not necessary. The fee is \$4 a class when paying by the month or \$5 for those who do not attend on a regular basis. For more information, call Marion Higgins at 296-8328.

HEALTH, page 10

## OPTUMCARE

### Diabetes support is available at HCC

Diabetes is a common condition, and for many, it is something that can be managed with some help from family or friends. If you are one of those helpers, there are a few things you can do to do.

Kaylyn Pham, a clinical pharmacist and certified diabetes educator, suggested three things you can do. She leads a monthly group for open to all Leisure World residents who have diabetes, know someone who does or would like to learn more. The next meeting is Monday, Feb. 25 at 9 a.m. in Conference Room 1 at the Health Care Center.

Things you can do to help:

- **Ask questions:** "If you don't understand, ask," Kaylyn suggested. "If we don't understand what someone is going through, how can we support them?" She said it's important to be sensitive if the person is uncomfortable. "Sometimes we don't want to talk, and that's okay. If your friend doesn't want to talk about it, change the subject." One

DIABETES, page 10

### Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club will meet on Tuesday, Feb. 26, at 1:30 p.m. in Clubhouse 3, Room 1. Guest speaker Katie Wright will share all kinds of gadgets to help people hear better.

Katie, past president of the Lakewood/Long Beach Hearing Loss Association of America, has been wearing hearing aids for over 20 years. She chairs the committee on assistive technology.

All are welcome. Dues are now payable. People can book an on-call handicap bus for transportation to the meeting.

New members are welcome.

### Meals on Wheels Volunteers

Meals on Wheels of Long Beach needs volunteers to help with deliveries in Leisure World Monday-Friday from 10 a.m.-noon. Drivers and visitors are needed.

To volunteer, contact Leisure World Site Manager Caron Adler at 433-0232.



Wa-Rite celebrates a new board of directors. They are President Judy Chambers (back row, l-r), Secretary Eileen Kotecki, Assistant Weight Recorder Kathy Rose and Weight Recorder Darlene Gardner; seated in front are First Vice President Bev Bender (l-r), Second Vice President Swana White and Treasurer Virginia Olejnik. Hats off to these ladies willing to serve and keep the club going.

## WA-RITE CLUB

### Top loser has some good advice for weight control

The Wa-Rite Club met on a cloudy Friday to celebrate Shirlene Bradrick, who lost 3-1/2 pounds and was crowned top loser of the week.

She accomplished this feat last week too.

When asked how she did it, she said she didn't bring junk food into her house. She substituted

some meals with protein shakes, cut back on the goodies, cut down on food portions and drank a lot of diluted Arizona tea.

WA-RITE, page 10



**Dr. Ian Cheng**  
Ivy-League trained  
Proudly serving Leisure World over 14 years

**\$ 39 WELCOME OFFER\***  
Your choice...  
**Digital x-rays, examination & teeth cleaning OR**  
**Second opinion OR**  
**Denture or Implant consultation**

**10 % Senior Discount**  
**Modern technology**  
**Interest free Payment plans**

**Caring Approach**  
**Little to no wait times**  
**Personalized treatment plans**

**(562) 598-4477**  
2914 Westminster Avenue Seal Beach, CA 90740  
Located in the  
**Denny's shopping center**

\* New patients without insurance only. Some restrictions may apply.

**CBD Products**  
**Pure Natural Organic Hemp.**  
**Zero THC, Lab Tested Purity.**  
**10% Discount**  
**At Seal Beach Village**  
**Farmer's Market, Tues. 9-1.**  
**Or Call,**  
**Barbara Lamb Sales Rep. & LW Res.**  
**562-296-8409, Free Delivery.**



## Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Arrive by 11 a.m. to check in at the front desk. Reservations are not needed. Sugar-free desserts are offered on request, including water packed fruit to accommodate diabetics. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

**Monday, Feb. 25:** Chicken drumstick, baked potato w/sour cream, peas and carrots, orange juice, sugar-free fruit crisp

**Tuesday, Feb. 26:** Pork tenderloin with caramel sauce, fried brown rice, Oriental vegetable blend, Mandarin oranges

**Wednesday, Feb. 27:** Mexican chicken bowl, orange pineapple juice, sugar free ice cream, fresh fruit

**Thursday, Feb. 28:** Butternut squash pasta with feta cheese, tossed green salad with lemon vinaigrette, mini muffin, melon

**Friday, March 1:** Lentil soup, spinach and mushroom quiche, baby baked potatoes, ambrosia

## Meals on Wheels of Long Beach

Meals on Wheels of Long Beach, Inc., is a 501(c)(3) nonprofit community service organization that delivers a variety of freshly prepared meals to home-bound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a complete hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. To start a new client application online at [www.mowlb.org](http://www.mowlb.org) or call Caron Adler at 433-0232.

**Monday, Feb. 25:** Stuffed bell pepper, seasoned oven-browned potatoes, peas and corn, sliced peaches, tuna salad sandwich with spinach and tomato, creamy coleslaw

**Tuesday, Feb. 26:** Roasted turkey with gravy, cranberry sauce, corn bread stuffing, petite peas, carrot cake, Cobb salad with turkey, ham, egg, cheese and bacon with blue cheese dressing, crackers

**Wednesday, Feb. 27:** Beef Stroganoff, brown and wild rice, lemon pepper green beans, oatmeal cookies, turkey, ham and cheese sandwich with lettuce, tomato and pickle, tri-color slaw

**Thursday, Feb. 28:** Oven-baked chicken breast with molé sauce, spanish rice, pinto beans, tangerine, chicken salad sandwich with lettuce and tomato, homemade potatoe salad

**Friday, March 1:** Menu unavailable

## DIABETES

from page 9

word of caution: don't bug them too much. "If someone doesn't want to talk about their diabetes, give them space," Kaylyn said. "They know you are there when they need you."

• **Make an effort:** Many people with diabetes make major lifestyle changes. They need to watch what they eat, take new medications, and monitor their blood sugar. "It's a lot to take on alone," Kaylyn said, "so if you can make some of those changes, it shows your support." Eating healthier or going for regular walks doesn't just help them—it helps your health, too.

• **Find support—for you:** "Just knowing there are other people going through the same thing can make a difference," Kaylyn said. Support groups are ways for people to share tips, lend advice and find new friends.

"You might be surprised by how many others have experienced the same challenges and joys you have," Kaylyn said. "That's what makes these groups so special."

One other thought from Kaylyn: take care of your health. "We sometimes forget to take care of ourselves when we are helping others," Kaylyn said.

"When we are healthier, it is easier to help others."

## CAP Food Bank

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be today, Feb. 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,287 a month for one person; \$1,736 for a two-person household; \$2,184 for a three-person household. To sign up, bring a photo ID, and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box

CAP, page 12

## HEALTH

from page 9

### Chair Exercise

Classes are offered from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. Classes are for men and women at all fitness levels. For more information, call 493-7063.

### Stick, Qigong, Tai Chi Club

Stick exercises, qigong and tai chi chih classes are held from 9:15-11 a.m. on Tuesdays in Clubhouse 3, Room 1. For more information, call Joann Mullens at 596-3936.

### Pilates

Chair classes meet from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6. The cost is \$5 a class. Instruction includes seated and standing exercises. Mat classes meet Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Those who attend should bring a mat. All other equipment will be provided. For additional information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

### Leisure Leggers

The Leisure Leggers, the walking and running club, meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-to-60-minute walk and to train for local races.

For more information, call Tom Pontac, president, at 304-0880.

## Bathroom Access Grant

Leisure World residents who have trouble stepping into the shower for any reason are most likely eligible for a free bathroom upgrade.

Applications for 2019 are now being accepted for the Leisure World Bathroom Accessibility Grant, which converts tub/shower combinations to showers only for safer access. The tubs are refinished to look like new, and a new glass shower door enclosure is installed. Toilets can be replaced with high-boy models.

The City of Seal Beach selects approved contractors to perform the cut-down to the shower and install a new glass door enclosure and the high boy toilet, if needed. The program is made through a possible grant from HUD, Orange County and Seal Beach. The OC Housing and Community Development Department allocates the federal grants from HUD every year.

This year the City of Seal Beach applied to Orange County for a grant in Leisure World and received \$180,000.

To qualify, applicants must be over 55 years of age and have an annual income not to exceed \$61,250 for one person; \$70,000 for two people; and \$78,750, for three.

GRANT, page 12

## WA-RITE

from page 9

One member shared about her son who lost 61 pounds when he followed Wa-Rite's advice to stop eating white flour and sugar; eat mostly vegetables and have only three meals a day.

The Food for Thought this week is: "A diet is not something you go on and off, but a set of guidelines to help people succeed and claim the life their desire."

Wa-rite is a support group for women who need to lose 10 pounds or more.

Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-in is from 7:45-8:45 a.m.



Shirlene Bradrick

Annual dues are \$10.

To join or visit a meeting, call Diana Goins at 760-1293.

—Margaret Humes

## LOCKERS

from page 2

floors must remove everything from the clubhouse. Items not removed will be disposed of. The original deadline of Feb. 14 was extended because of this apparent misunderstanding.

Clubs are asked to contact Consuelo Reyes in the Recreation Department at 431-6586, ext. 279, to confirm the locker has been emptied and whether they want to continue locker service.

The reconfiguration and upgrading of storage is currently under discussion, so clubs should plan on not having clubhouse storage available for an undetermined, extended time period.

Notices will be provided in the LW Weekly and by email when the other clubhouses will be affected, so there is no rush, however preparing early would greatly alleviate the last-minute stress of wondering where to store supplies.

GRF thanks all affected for their cooperation in helping us to improve the community.

For more information, contact [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

## DROUGHT

from page 1

Last year, after below-average winter rainfall, drought conditions began to return. At the start of the current water year (Oct. 1), nearly half of the state was in moderate, severe or extreme drought.

Weeks of rainy weather have changed that picture dramatically. Most of the state, including Los Angeles, however, is still considered abnormally dry, just one step away from normal.

Fortunately, precipitation in the last month has replenished most of California's largest reservoirs. Six of the 12 reservoirs tracked by the California Department of Water Resources were filled to above average levels Wednesday, and both Lake Perris (in Riverside County) and the San Luis Reservoir (southeast of San Jose) are at nearly 90 percent of capacity.

## Karlton Residential Care

**"Family Owned"**  
Loving Alzheimer's, Dementia and  
Memory Impaired Care at Affordable Prices.

- Join us for a private tour of our community.
- Ask about a free assessment by our nurse.

Call to discuss our very affordable short-term respite care.

**714 - 236-1170**



8 miles from LW between Valley View and Knott  
3615 W. Ball Road, Anaheim Lic. #306000295

• Visit us at [www.karltoncare.com](http://www.karltoncare.com).





Kick up your heels on Saturday nights!

**Golden Rain Foundation**  
presents

**LIVE BAND DANCES**  
IN CLUBHOUSE ONE

**7:00 - 9:30 p.m.**  
EVERY SATURDAY

JIM GILMAN BAND - 40's and 50's Ballroom and swing  
ONE FOR THE ROAD - Rock and Roll  
LINDA HERMAN - Mixed pop and ballroom  
THE TRIO - 40's and 50's Ballroom and swing  
AMERICAN GOLD BAND - Rock and Roll  
STARDUST TRIO - 20's through 40's Ballroom

CHECK LW WEEKLY FOR THE SCHEDULE  
All welcome, but guests must be accompanied by the GRF Member who invites them.



# Arts & Leisure



Don Kovell (l-r), with Phil Mandeville, Nicholas Minh Nguyen and Midge Bash.

## RADIO CLUB

### LW emergency experts get more training

Last weekend, Don Kovell, WA6GVL, special assistant and friend to the LW Amateur Radio Club, and Phil Mandeville, facilitator of Neighbor Helping Neighbor (a self activation group at Leisure World) and CERTS trainer, attended a Salvation Army seminar on Disaster Preparedness for the Elderly and Disabled.

The program was presented by Nicholas Minh Nguyen, GV Emergency Disaster Services and Services Extension Director of California South Division of the Salvation Army.

LW Amateur Radio Club President Midge Bash, W6LIK, also attended the seminar and learned how to make an emergency antenna in a later session.

It is important for LW Amateur Radio and emergency management folks to keep up with the latest developments in disaster preparedness for the community.

## Genealogy Club

The Genealogy Club will offer Thursday Theme Workshops from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10. There is no charge for these workshops, and everyone is welcome.

Workshop topics are:

- Feb. 21: Fold 3 (Military Records)
- Feb. 28: Newspapers.com
- March 7: DAR (Daughters of the American Revolution)
- March 14: Census Records
- March 21: World Cat/Google Books

## Lapidary and Jewelry Club

The Lapidary and Jewelry Club reminds members that annual dues of \$10 were payable on Jan. 1 and are now overdue.

Members are asked to come in and pay for dues and lockers.

If dues are not paid by March 31, locks will be removed from lockers and items removed.

The club thanks members who have already paid their dues.

Lockers may be reassigned to other members.

If dues are not paid by April 30, items left in locker may be forfeited.

Call or text 248-8711 and leave a message or email at [gltjook@gmail.com](mailto:gltjook@gmail.com) for more information.

—Dean Jacobus

## EMBROIDERERS GUILD

### Canvas design is topic Feb. 22

The Long Beach Chapter of the Embroiderers Guild of America, Inc will meet for a social hour at 10 a.m., Friday, Feb. 22.

The program is from noon-2 p.m. "Design Your Own Canvas" is the topic. Learn how to take a design idea to canvas and paint it on, ready to stitch. Bring a design to the February meeting.

The meeting is located in the Lifetime Learning Center at Long Beach City College, Pacific Coast College, Building QQ, Room 122, 1305 Pacific Coast Highway. People can park in Lot 10.

Parking permits are available at the meeting room. They are \$2 a day or \$5 per semester. Parking is free in any space with a handicapped placard.

The chapter meets on the fourth Friday of the month (dark in December). Guests are welcome.

## FRIENDS OF LW LIBRARY

### Bookstore bargains are available daily

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore next to the Leisure World Library. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more. A boutique sells gently used collectibles and gift items. People are asked to bring their own shopping bags when they visit.

The Bookstore welcomes donations, and volunteers will pick up larger donations if needed.

The Bookstore is open from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

## LW Game Day Today

The Leisure World Library will host another Game Day at under the red-and-white canopy at Veterans Plaza from 11 a.m.-2 p.m., today, Feb. 21. Come and play Yahtzee, checkers, Uno, Battleship, mahjong and more.

## COMMUNITY SING

### Byong Choi to lead sing-along

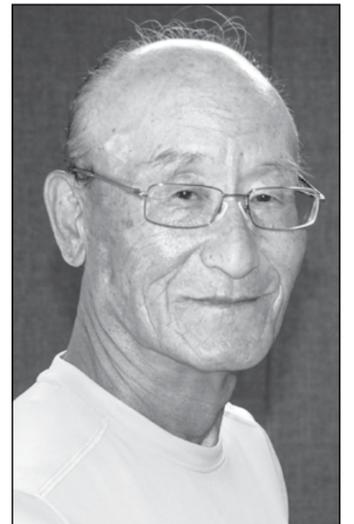
The residents of Leisure World are invited to the Community Sing on Monday night, Feb. 25, at 6:30 in the lobby of Clubhouse 3. The emcee for the evening will be Byong Choi.

He will lead group singing after opening acts until 7:15 p.m. when he introduces his half-time guests, members of the Korean Guitar Class.

On Feb. 11, the leader was Leila Claudio. Opening acts began with Magda Bellis who sang, "Make Me a Blessing," followed by Bruce Dupont, "What I Did For Love"; Gwen Preston, "Til There was You"; Byong Choi, "If You Love Me, Really Love Me"; Ray Barnum, "Smile"; Bob Barnum, "Memory"; Carmen Edwards, "Mean to Me"; and lastly, Pat Erickson, Leta Fernando, Julie Nulod and Barbara Dove Souza, who all sang "Moon River."

Pianist Barbara McIlhaney accompanied all of the Opening Acts.

After group singing, Leila introduced her half-time guest, Pat Kogok, who sang four numbers: "Don't Fence Me In," "Swinging on a Star," "Unforgettable" and



Byong Choi

"Temporary Home."

The audience members clapped loudly and cheered to show their appreciation for Pat's performance.

Pat was enthusiastic and included audience members in her acts.

Many thanks to pianist Barbara McIlhaney and book transporter, Vito Villamor.

—Ethel Carter

## HomeTown Buffet Menu

The Recreation Department announces the debut of HomeTown Buffet of Garden Grove to the line-up of Monday Night restaurants in Clubhouse 1 on Feb. 25 with service starting at 4:30 p.m. The restaurant is scheduled every fourth Monday. The GRF is currently working to add a fourth restaurant. For more information, contact [events@lwsb.com](mailto:events@lwsb.com).

### HomeTown Buffet Menu Monday, Feb. 25

- Clam Chowder
- Fresh Green Salad
- Tomato Cucumber Salad
- ...
- Rotisserie Baked Chicken
- Homemade Meatloaf
- Sumptuous Chicken Alfredo
- Seasoned Green Beans
- Mashed Potatoes and Gravy
- ...
- Hometown Buffet Brownies
- Cornbread a la Hometown
- Assorted Fruit Platter

Price: \$11 per person

Cash or checks accepted (credit card services to come).

Menu will change monthly.

**Breakfast • Lunch • Dinner**

**10% Discount off ANY MEAL**

**"WE WANT TO WELCOME YOU BACK"**

**Catering or we will close for a Private Party**  
Crepes • Soups • Sandwiches • Salads

Monday Thru Thursday 8 AM - 3 PM  
Friday & Saturday 8 AM - 9 PM  
Sunday 8 AM - 7 PM

**562-594-9400**  
1190 N. Studebaker RD. Long Beach

**GENTLE & PERSONALIZED  
DENTAL CARE IN LOS ALAMITOS**

**Free Initial Consultation with the Doctor**

- Dedicated to Honest & Professional Patient Care
- Excellent Dental Care for the Entire Family
- Generous Senior Courtesy • Financing Available
- Early Morning, Evening & Saturday Hours
- State-of-the-Art Sterilization Procedures

*Crowns & Veneers / Dentures & Partial  
Implants / Teeth Whitening*

3551 Farquhar Avenue, Suite 102  
Los Alamitos  
(562) 598-4111 OR (714) 995-6611

GARY D. PRINS, D.D.S. • JOHN B. WALLACE, D.D.S. • JOSHUA A. WINER, D.D.S. • MICHAEL E. ZELL, D.D.S.  
MEMBERS OF ADA, CDA

**WE CORDIALLY INVITE YOU TO JOIN OUR DENTAL FAMILY**

## Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in *Leisure World*:

• **A Time to Dance Club by Joseph:** Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Fox trot is taught from 6:30-7:30 p.m.; tango, 7:30-8:30 p.m.; \$5 per session. Singles and couple are welcome. For information, call (559) 403-8974.

• **Ballet:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor. No experience is necessary. Men and women, including beginners, are welcome. Classes, \$3, are taught by Mel Lockett. For more information, call Lynn R. Heath, 296-5588.

• **Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. In March, beginning waltz will be taught from 7:15-8:15 p.m. and intermediate cha cha will be taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269, who has 20-plus years of professional dance experience.

• **Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

• **Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays and the third Tuesday of the month in Clubhouse 2. Young-Ah Ko is the instructor. For more information, call (310) 658-0379 or 296-8068.

• **Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

• **Grapevine Line Dance:** Free line dance classes, Thursdays from 3-5 p.m. (beginners, first hour, advanced, second hour) at Clubhouse 6, Room C; and beginner level only on Fridays, 2:30-4 p.m., Clubhouse 3, lobby. Newcomers should have general knowledge of line dance and basic dance steps. For more information, e-mail [grapevinelinedance@gmail.com](mailto:grapevinelinedance@gmail.com) or inquire in classes.

• **Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email [joj@huiohula.com](mailto:joj@huiohula.com).

• **Joyful Line Dance Club:** Get exercise and learn line dances from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. Beginners dance from 3-3:30 p.m.; intermediates, 3:30-4:30 p.m. Members dance to popular favorites at the beginning and learn newer dances in the last hour. Takako Mitchell is the instructor. For more information, call Anna Derby, 301-5339.

• **Leisure Time Dancers:** The fox trot and salsa will be taught on Mondays at 2 and 3 p.m. in Clubhouse 6. Mitch Tannen is teaching while instructor Richard Sharrard is away. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

• **Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

• **Leisure Whirlers Square and Round Dance Club:** The club hosts themed dances with a potluck on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

• **Line Dance,** beginning, Fridays except the first Friday of the month, 10 a.m., Clubhouse 3 lobby and 1 p.m. on Wednesdays, Clubhouse 3, Room 6. For more information, call Barbara Magie, 858-8485.

• **Saturday Morning Dance Club:** Fox trot is taught from 9-10 a.m.; rumba, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

• **Suede Sole Dancers:** The group meets at 6 p.m. on Sundays for a class upstairs in Clubhouse 6. Pat Erickson is the instructor.

• **Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

• **Zumba Club:** Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

### AD HOC SING-ALONG

## Sing the old favorites on Tuesdays

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour. All are welcome to come and sing the old "Hit Parade" favorites, show tunes and songs made famous in movies.

Helene Onu is the song leader and piano accompaniment is provided by Barbara McIlhaney.

Come and take a turn as a song leader. People do not have to be able to read music. Song sheets are furnished. For more information, call Chuck Burnett at 493-0176.

### LW OPERA CLUB

## 'Amahl' opera to be shown March 5

The Opera Club invites everyone to come and watch "Amahl and the Night Visitors" in Clubhouse 3, Room 1, on Tuesday, March 5, at 1:30 p.m.

The performance was commissioned and filmed live for television on Dec. 24, 1951, with Chet Allen (Amahl), Rosemary Kuhlmann (the Mother), Andrew McKinley (Kaspar), David Aiken (Melchior), and Leon Lishner (Balthazar). Gian Carlo Menotti composed this opera and wrote the libretto to celebrate the arrival of the three kings in Bethlehem.

On a starry night, there is one bright star, the Star of Bethlehem, leading three kings, Kaspar, Melchior and Balthazar, to the child who will transform the world. The story begins in the home of a crippled shepherd, Amahl, who is approximately 12 years old, and sees the star and hears the distant sounds of travelers, but whose mother is thinking only of her financial woes.

As the three kings arrive, seeking accommodations for the night, they reveal opulent gifts intended for the child they are seeking.

Amahl's fellow shepherds who've also seen the star, enter and celebrate the event with a joyful dance before everyone retires for the night.

However, when Amahl's mother is tempted to steal some gold from the kings, she is caught by their watchful page who in turn is called to defend himself from Amahl who is using his crutch to defend his mother. When Melchior forgives the mother, telling her to keep what she wants, she declines to do so. As morning breaks and the kings prepare to depart with their gifts for the child, Amahl offers his own gift—his handmade crutch—causing Amahl to stand up miraculously cured. The kings invite Amahl to join them in bringing his own gift to the child.

The opera is sung in English with English subtitles. Room 1 is open at 1 p.m. (but not before). No dues are collected. For further information, contact Beverly Emus, LW Opera Club president, at 296-5586 or [bemus@socal.rr.com](mailto:bemus@socal.rr.com).

## SBTV-Channel 3

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule).

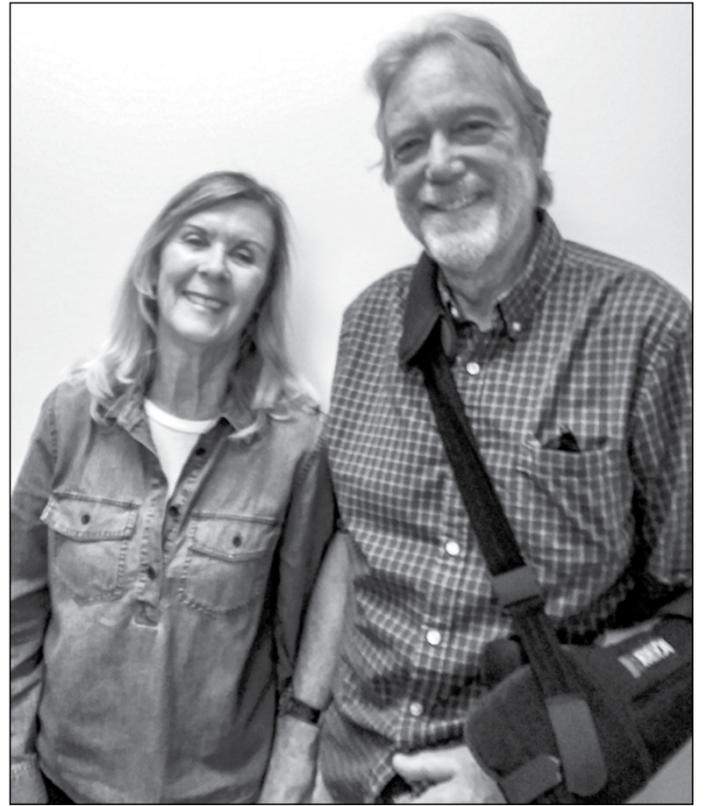
### Thursday, Feb. 21

4 pm Harmonizing Humanity  
4:30 pm American Latino Christmas Party  
5:25 pm Pickle Ball/Sunshine Club Christmas Party  
6:30 pm Bob Cole Conservancy  
7 pm Studio Cafe  
8 pm Gingerbread House Contest  
8:36 pm Abilene Band Concert 2018  
9:30 pm Fem Zeppelin  
10:30 pm Sea Inside  
11 pm Cerritos Center

### Friday, Feb. 22

4 pm Pickle Ball/Sunshine Club Christmas Party  
5 pm Simbang Gabi 2018  
6 pm Calvary Chapel  
6:30 pm McGaugh Weather Show  
7:10 pm Pageant of the Arts 2018

SBTV, page 15



Margie Stewart and Ron Belben

### COMMUNITY KARAOKE

## LW couple sings 'I Got You Babe' in a salute to Valentine's Day

"I Got You, Babe" was a hit song done by Ron Belben and Margie Stewart at the Valentine's Karaoke Party last week. Many other duets followed.

A highlight of the evening was Culley Eaby and Walt Bier singing "Three Times a Lady" followed by Bobby Gronchi and Kathy Rogers, "Sounds of Silence"; and Sue and Walter Piippo, "Leather & Lace."

Anna Le was applauded for her "Unchained Melody." Julie Nulad sang a fine "You Don't Know Me," and Culley Eaby sang "Achy Breaky Heart" while 13 folks danced.

Irene Rosendaal did a rousing "La Bamba" in Spanish.

Vito Villamor and Tino Tupas chose country songs. There were pop hits like "Green Door" by Bev Adams and Vickie Van Ert, Carolyn Mottola, Martin Rosendaal, Mike Breen, Diane Kasperon, Rick Hering, Ellen Brannigan, Byong Choi and Tommy Williams.

David Noble did a smooth ballad, "Funny Valentine," followed by "Feelings" by Ric Dizon, "Ribbons in the Sky" by Ruby Johnson and "Maria" by Bob Barnum.

There are songs to please everyone on Wednesday nights in Clubhouse 1 for the Community Karaoke parties.

Everyone is welcome to sing or listen to your friends and neighbors.

—Margie Thompson

### CAP

from page 10

of food may send a proxy to act on their behalf with appropriate ID. People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

CAPOC will have a representative there to help people with applications for its program and for the separate Cal Fresh benefits, which are food stamps.

People over 55 who don't receive SSI will qualify if they meet the following income guidelines: \$2,010 per month for one person; \$2,708 for a two-person household.

Bring an ID, Social Security card, proof of income and rent receipt to apply for food stamps.

### GRANT

from page 10

For the shower cut-down, a licensed medical doctor must complete the Doctor's Analysis Form rating the physical condition of the applicant with respect to mobility problems, pain with movement or trouble with balance. This rating helps prioritize the most needy applicants until the funds are all spent. All information is kept confidential. No Doctor's Analysis Form is needed for the high-boy toilet only.

Applications and doctors forms are available online at [sealbeachca.gov](http://sealbeachca.gov) or at [www.civicstone.com](http://www.civicstone.com) (services tab, Seal Beach section) or people can call CivicStone at (909) 364-9000 to have one mailed.

CivicStone was hired by the City of Seal Beach 12 years ago to administer the city's Bathroom Accessibility Program. CivicStone has been successfully running the program ever since and has helped hundreds of residents with bathroom improvements.

"Many residents get confused on the application process," said Monique Eliason, program administrator. "Others don't realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help residents apply for the complete free upgrade.

"But don't delay completing your application, because funds are limited."

# Introducing SOLATUBE *home* to Leisure World



## Solatube Daylighting

Bring beautiful, natural light into your home.

Solatube Daylighting Systems are engineered to efficiently capture the sun's rays and pipe them into your home without additional heat. The result? Brighter, more colorful rooms that cost nothing to light.

- Compatible with vaulted ceilings
- Great for bathrooms
- Get the sun without the heat
- Available with solar-electric NightLight



## Skylight Replacement

Got a leak?

If you have cracks, moisture and fog build-up from a damaged skylight, we can help! Our professional and courteous installers will provide you with exceptional skylight replacement service from start to finish.

Want fresh air?

- Switch from a fixed to ventilated skylight to bring in fresh air
- Choose from a variety of energy efficient options
- Call today for an immediate response from our team

Improve your home with  SOLATUBE *home*

**Don't miss out  
2018 Pricing  
Ending Soon!**



- FREE In-home design consultation
- 2-hour installation
- No major modifications to your home

**562-247-4771**

[www.SolatubeHome.com](http://www.SolatubeHome.com)

Se habla español





Gloria Tai (l) won the raffle painting by demonstration artist Joan Boryta at the Art League meeting on Feb. 12.



The Garden Club's Garden of the Month recognition goes to Terry Perkal of Mutual 7, who is growing Calla lilies and ferns in her garden at 13300 Fairfield Lane, 175-K.

### OLLI Spring Registration

Spring registration for OLLI classes will start Thursday, Feb. 28, and the majority of registration will be completed online, which is an easy option. Registration starts at 8 a.m. Registration directions are in "The SUN," OLLI's official news and class schedule.

People who have already created an online account should use that file. If you forgot your password, click "forgot password" and follow the instructions that will be e-mailed. For technical assistance, call 985-2398.

The OLLI website can be found at [www.csulb.edu/centers/olli](http://www.csulb.edu/centers/olli). Use a credit card and your email address to register for classes from home or with help in the OLLI office. Bring your information, cash or check, and let staff help you with either method.

Classes fill on a first-come basis. The SUN contains spring class listings and register information. To get a copy please come by the office or call 985-8237 to have one mailed to you.

New this semester will be Wisdom Studies: Toltec Studies, Zen Meditation, Asian Art in LA: China and Create Memories with PowerPoint.

—Judie Irving

### Video Producers Club

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video-related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD, Richard Houck; Wednesdays, general information about the club, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, editing videos, Janice Laine; 431-6586, ext. 287.

### HUI O HULA

## Club brings 'A Cup of Aloha' to CH 6 hospitality center

by Jojo Weingart  
LW contributor

"A Cup of Aloha" event at the LW Hospitality Center went well last Monday.

On that joyful morning, aloha spirit, Hawaiian music and the aroma of coffee filled the room. A big mahalo to GAF's Carl Kennedy for the invitation, and the musicians as well as hula dancers for volunteering.

Kudos to Hui dancer Yumi Kaneko for making lunch and dessert for the musicians and dancers after the show.

It was a lot of work because everyone was hungry after dancing and singing for a few hours.

Carl would like A Cup of Aloha to continue on the last Monday of every month from 10-11 a.m.

Dancers from Hui O Hula's walk-in, hula-out class are encouraged to perform with the regular dancers.

This class meets every Monday morning, upstairs in Clubhouse 6, from 10-11:15 a.m.

All are welcome to join, at no charge, regardless of skill level.

In regular hula class, new hula Lei Ho'oheno (means Cherished Lei) is being taught. The word 'lei' also means "beloved child."

This song, dedicated to a godchild, was composed by contemporary songstress Kainani Kahaunaale.



Jojo Weingart

Celeste Lowe brought down the house with Sase/Sassy Hula on Monday at the Cup of Aloha event. She is welcome to perform with Hui O Hula anytime.

Lei Ho'oheno mentions two types of rain: kilihune, a fine, light shower which is like a wind-blown spray; and kanilehua, a

mist-like rain, famous in the Hilo area. Dancers are using soft gestures to describe the two different types of rain.

Joshua 1:7-9

## GREENWOOD HEATING & AIR INC.

"Leisure World Specialist"

CENTRAL  
HEAT PUMP  
SERVICE

SALES

SERVICE

REPAIR

Call for a Free Quote on New/Replacement Equipment Installation

Installation of Central and Mini-Split Systems

714.821.7070

Lic. # 945655

## We care for you like family.

When your loved ones need in-home care, you can trust **Canaan Home Care**. Less than 5% of caregivers meet our stringent standards. Our rates are **\$20-\$24/hr** for hourly shift care or **\$330/day** care. Grants available through the Canaan Cares Foundation for qualified individuals. All our caregivers are OUR employees and fully insured and bonded.

Our customized care offers a full range of caregiving services, including:

- PERSONAL CARE** from bathing and dressing to medication assistance
- HOMEMAKING** meals, shopping, laundry, light housekeeping
- COMPANIONSHIP** friend visits, errands, safety and security
- CARE MANAGEMENT** home visits, quarterly reviews, scheduling, and changes to service plans

When you and your loved ones need **the best in-home care**, trust your family to ours: **Canaan Home Care**.

Canaan Home Care

www.canaanhomecare.com

A portion of our proceeds goes to the non-profit 501(c)(3) Canaan Cares Foundation, funding research and care options for the elderly and disabled.

Get the care you deserve today.

Call now for a free, no obligation personalized care proposal.

Toll-Free: (844) Canaan1 (844) 226-2261

Orange County 949-234-0085 • San Diego County 858-764-2663  
Riverside County 760-904-4122 • info@canaanhomecare.com

Orange County DSS Home Care License 304700021 • San Diego County DSS Home Care License 374700014



Terry Otte and Abilene will perform in concert a 7 p.m. on Saturday, Feb. 23, in Clubhouse 2. All Leisure World residents and friends are welcome. Bring beverages and snacks. Dancing is allowed.



First-place winners at the Feb. 12 Art League meeting were Allyn Constant (l-r), 3-dimensional; and Alice Sioson, masters. Seated are Eleonore Johnson (l), best of show; and Judy Sherratt, intermediate and popular vote.

### GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

The Trio will play 40s through 50s ballroom dance on Feb. 23.

The band plays familiar dance songs at a comfortable tempo that dancers like, featuring tango, cha cha, waltz and nightclub two-step music. The Trio takes requests and if the band doesn't know the song, members will learn it by their next appearance.

Members include leader Gary Jones, drummer and vocalist Greg Reynolds; and alto and tenor sax Allen Renning.

Jones started playing the piano at age 5 and by his teenage years in the mid-1950s, he was playing piano in groups and backing singers in junior and high school. In 1962, Gary enlisted in the Air Force, playing trombone and piano in several bands doing recruiting around the U.S.

For the last 25 years, Gary has played in The Trio, recently taking the position of leader.

Greg Reynolds, drummer and vocalist, was born in L.A. in 1955 and has been a musician in Orange and L.A. counties since the early 1970s. Greg has been playing drums in the Trio with Gary Jones over the past five years, providing ballroom dancing for various organizations throughout Southern California.

Allen Renning, alto and tenor sax, began playing saxophone at age 8. He played in junior and high school bands for six years and was

with the Junior Concert Band from 1957-1961. Allen started playing the baritone saxophone with a big band (swing band) in 1956, moving to a jazz quintet in 1961 and on to rock and roll bands from 1962-1970. In addition to The Trio, he is currently playing with the 16-piece Max Bishop Big Band.

The GRF Recreation Department asks residents and their guests to adhere to the following rules:

- Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.
- People must be out of the clubhouse no later than 10 p.m.
- Only the bands can make announcements from the stage.
- Everyone should sign in, either as a resident or guest.

### THEATER CLUB

## Chuck Wagon Chili Night features food, fun, dancing

The Theater Club will host Chuck Wagon Chili Night, its annual country-western fund raiser, on Saturday, March 9, in Clubhouse 2. Doors open at 4:15 p.m.

The evening will feature a menu of hot dogs, chili dogs, potato salad, fruit plate, vegetable plate, chips, ice cream and lemonade; BYOB your favorite beverages.

A country show will start at 6, and Abilene will play from 7-9.

Tickets, \$20 per person, will be available every Monday, Wednesday and Friday in the loft (on top of the Amphitheater steps) from 10 a.m.-noon.

To reserve tickets by phone, contact Taylor White at 596-6358. Reservations are required; there will be no tickets sold at the door.



Taylor White is getting ready for the show.

You're invited...  
*Premier Advantage Lunch & Learn*



Join us for our informational medical series.  
Speakers and topics vary each month.

**FEBRUARY 28, 2019**

**Updates in Acute Stroke Care**  
**NIRAV PATEL, M.D.**



**Thursday, February 28, 2019 @ 12:30 p.m.**  
Good Shepherd Presbyterian Church  
11600 Los Alamitos Blvd. Los Alamitos CA 90720

Please call if you would like to attend and to reserve a complimentary lunch. 800-548-5559

*Topic and speaker subject to change without notice. Thank you for supporting Los Alamitos Medical Center's Premier Advantage program.*

**Community Screening**  
Free Cholesterol Screening for Heart Month!  
11:30 a.m. to 2 p.m. at February Lunch & Learn event.

### PARKINSON'S INFORMATION SESSION!

Samantha Elandary, CEO & Founder of the Parkinson Voice Project will be at LAMC on March 13<sup>th</sup>. Join us for this great opportunity. Call 800-548-5559 for details. Seating is limited.

### SBTV

from page 12

- 8:30 pm Studio Cafe
- Saturday, Feb. 23**
- 4 pm Sea Inside
- 4:30 pm Chorale Christmas 2018
- 5 pm Gingerbread House Contest
- 5:32 pm Simbag Gabi 2018
- 6:30 pm Sea Inside
- 7 pm Studio Cafe
- Sunday, Feb. 24**
- 4 pm SB Planning Commission Meeting, replay Feb 19
- 5:30 pm Gingerbread House Contest
- 6:10 pm McGaugh Go West
- 7 pm Long Beach Community Band
- 8:10 pm Bob Cole Conservancy
- 10:30 pm Shakespeare in the Park



# Community



## Golden Age Foundation

"Making an impact since 1973"

### Sorting out the difference

What's the difference between GAF and GRF? In short, *everything*. Although the Golden Age Foundation (GAF) and the Golden Rain Foundation (GRF) are often confused, they are not the same; in fact, they are two completely separate organizations.

The Golden Rain Foundation is the non-profit corporation that manages the shared property of Leisure World. This corporation has employees, an executive director, Randy Ankeny, and a board of directors that sit on the numerous committees, such as Recreation, Physical Property and Security among others. Every resident of Leisure World is a member of the Golden Rain Foundation, which is why they are called shareholders. The Golden Rain Foundation is funded by a portion of the monthly carrying charge.

The Golden Age Foundation on the other hand is a completely different kettle of fish. It is, legally speaking, a 501(c)(3) charitable organization. It has a small board of directors. Every person in the organization is a volunteer. It has *no* paid staff. Its mission is to make the Leisure World community a better and happier place to live. Its funding is dependent on contributions.

When GAF gets a large bequest, which happens occasionally, it usually is designated for a specific project. The next time at the gym, take a look at the plaque on the wall next to the elevator. Most of the gym equipment was provided by a bequest from Jack Schiffiler funneled through the GAF. Because GAF doesn't have employees, the organization works hand-in-hand with the GRF, which pays the staff that makes the gym work for all shareholders.

When GAF doesn't get a large bequest, it still strives to make life better using the other donations that it receives. Programs like the Hospitality Center in Clubhouse 6, tax preparation, paper shredding, battery recycling and mobility aids are all examples of GAF's efforts. All of these programs are provided to residents free of charge, with the Golden Age Foundation picking up the tab.

The driving force for the GAF is in its mission statement to improve life in Leisure World. GAF is always looking for donations, both large and small.

If you're making out your will or trust and want to help make Leisure World a nicer place, remember GAF. But GAF isn't focused only on large donations, it appreciates every single donation, because every gift helps achieve its goal.

One of the larger sources of income is the annual gala, which takes place in October. It is a dress up affair with a catered meal and entertainment. There is also a picture booth and a silent auction with a number of interesting items.

GAF invites all shareholders to consider becoming members and helping the GAF make life in Leisure World better. GAF also needs active people. Nothing happens in the organization without the dedication and efforts of its volunteers. They are the heart and soul of the Golden Age Foundation.

#### CONCERNED SHAREHOLDERS

### Ankeny is guest speaker Feb. 28

Concerned Shareholders will meet Feb. 28 at 1 p.m. in Clubhouse 3, Room 2.

Randy Ankeny, GRF executive director, will speak on training new directors and the upcoming elections for Mutual and Golden Rain Foundation board members.

He will also discuss new projects pending and being discussed in Leisure World and the progress on approvals for new buyers by the Mutuals and GRF Stock Transfer department.

There will be a question-and-answer discussion.

There will also be open discussion on topics members want to talk about.

Annual dues are \$3.



Randy Ankeny

#### SUNSHINE CLUB

### Living into 100s is topic tomorrow at 10 a.m.

Dr. Gina Kay from Home Care Solutions will present "Secrets to Living Well Until 100" to members of the Sunshine Club, tomorrow, Feb. 22, at 10 a.m. in Clubhouse 3, Room 2.

The presentation will include ways to improve life, health and how to acquire a renewed positive attitude.

"You can reverse your age by learning a new healthy plan of care," says Dr. Kay.

With 70 percent of diseases preventable, learn how to beat diseases with eating well, staying hydrated, getting good sleep and new exercises. Most importantly learn the causes that hospitalize the aging population and how to take action before any condition becomes chronic.

Dr. Kay has been in the medical field since 1980. Visiting facilities where she witnessed neglect and abuse of the elderly, she vowed to make a difference and created In Home Care Solutions,



Dr. Gina Kay

with caregivers who wear their hearts on their sleeves.

In Home Care Solutions has a unique approach to caring for its clients. Each caregiver is matched based on medical conditions and

personality assessments.

IHCS believes in preventive and targeted care, allowing for the client to remain happy and healthy in their own home.

The Sunshine Club is designed to help people get along in the community, for neighbors to have better communication and to get the best out of living in Leisure World by learning how to use available information. The classes use LW Weekly as a textbook to go over LW news, general columns, etc.

Classes are held from 10 a.m.-noon on Fridays, in Clubhouse 3, Room 2 (except the first Friday in Room 9). All shareholders are welcome to attend; membership is not required.

Refreshments are served. The club appreciates shareholders bringing their own coffee mugs to participate in the "Save The Earth" program.

For more information, call Anna Derby, 301-5339.

### GAF meets Feb. 27 in CH3, Room 9

The Golden Age Foundation will have its monthly board meeting on Wednesday, Feb. 27, at 2 p.m. in the Clubhouse 3, Room 9.

While the elevator in the Administration Building is being repaired, this will be the temporary location.

All shareholders are welcome to observe the board meetings.

This is an opportunity to catch up on the latest news and get a preview of coming Golden Age Foundation events.



#### GRF

### Save date for St. Patrick's Day dinner/dance

The GRF second annual St. Patrick's Day dinner/dance will be held in Clubhouse 4 on Sunday, March 17. The aroma of corned beef and cabbage, catered by Koffel's Food Service, will fill the air, and there will be Irish music provided by The Bracken Band, an authentic Celtic band.

The Bracken Band features Marian Tomas Griffin on guitar and vocals and Chris Murphy on violin. They're influenced by artists such as The Pogues, Van Morrison, Horslips, The Waterboys and Alison Krauss. The Bracken Band plays jigs, reels, romantic and drinking songs that will entertain anyone - from the rolling green hills of Ireland, to the stunning chaparral expanses of Southern California.

Tickets are available at the Recreation Office, located in Building 5. Dinner, dancing, green non-alcoholic beer, all included for \$20 or \$160 for a table of eight. Doors open at 4:30 p.m. The band plays from 5-8 p.m.

It's sure to be a blast, so practice the jig, dig out some green duds from the closet and call all your fellow leprechauns. Tickets will be on sale soon and groups and clubs can also buy tables of eight. Save the date and watch LW Weekly for more information or contact [events@lwsb.com](mailto:events@lwsb.com).



### GAF honors LW centenarians

The Golden Age Foundation (GAF) is bringing back the centenarian luncheon to celebrate Leisure World shareholders who are or will be turning 100 in 2019. Help the GAF honor these individuals by attending the luncheon on Tuesday, April 9, in Clubhouse 4.

Tickets for the luncheon will be on sale soon. The cost per ticket is \$25. There is no cost to the centenarians being honored, and one family member/caregiver will be accommodated by GAF. All additional family members who would like to attend must purchase tickets.

Shareholders and family members who purchase tickets help fund this effort.

Centenarians who have not received an invitation should contact Cynthia Tostado, 431-6586, ext. 317.

Invite friends and family to help celebrate this milestone.

Tickets will be sold in the Clubhouse 6 Hospitality Center on Tuesdays, from 9-11 a.m. Seating is limited.

The last centenarian luncheon was held in 2014 when 22 LW centenarians were honored by the Special Events Club. It was the only time centenarians were recognized during Leisure World's 57-year history.

The event will begin with registration from 11-11:25 a.m. The event will begin 11:30 a.m. Lunch and entertainment will be provided by Golden Age Foundation.

For tickets, call Anna Derby, 301-5339; Nickie Weisel, (714) 318-2053; or Linda Johnson, 493-9898.





Miss Valentine 2019 Dove Sonza and her escort Ed Querubin take a spin on the dance floor.

**FALW**

**Dove Sonza crowned Miss Valentine**

Filipino Association of Leisure World (FALW) celebrated its annual Valentines' dinner/dance on Feb. 9. It was a gloomy, wintry and rainy Saturday morning, FALW members were worried the guests would not come. But they persisted on turning Clubhouse 4 into wonderland of amazement, with the motif for the occasion. The guests were awed to see the transformation of an ordinary clubhouse with all the red and white decorations from table cloths, table center pieces and walls full of cut-out hearts for festive event.

Guests for the sold-out affair started coming around 4:30 p.m. and it was in full swing by 6 when a short program began and was followed by a buffet dinner.

Music was provided by Midnight Motion Band performing in California and Las Vegas since the early 1970s under the leadership of Willie Manasca. They played all genres to the delight of the guests who danced until the last tune.

The highlight of the affair was the selection of FALW Miss Valentine 2019 through a random drawing of dinner stubs from the ladies who attended the event.

Wennie Diacin, FALW Miss Valentine 2018, picked the winning stub from a box and handed it to the MC who read the name Dove Sonza, longtime member of FALW. After the coronation, Miss Valentine and her escort,

FALW, page 26

**AMERICAN LATINO**

**Club meets for potluck March 1**

The American Latino Club will have its monthly potluck meeting at 11 a.m. on Friday, March 1, in Clubhouse 4.

Members are encouraged to bring their favorite dish, enough for six people, except cake.

At the meeting, members will talk about new plans for 2019.

**PEO**

**Come join in games Feb. 27**

Everybody is invited to join the fun at the PEO Card party on the fourth Wednesday of the month. This month's card party is on Feb. 27 at 11:30 a.m. in Clubhouse 2.

Participants do not need to be members of PEO, and both men and women are invited to form a table of any game they want to play. The cost is \$12, which includes a luncheon and an afternoon of fun with friends.

Luncheon tickets are sold by the table and those who do not have a standing reservation must call Jan Krehbiel, 431-8240, by Feb. 23.

Two tables can be pushed together to play with more than four people. Bring friends and cards, dominos or whatever is required for a game of choice. There is an endless number of games to play such as Skip Bo, Hand and Foot, canasta, bridge, rummy cubes, poker, Five Crowns, Euchre, bunto, or just come for lunch. Hope to see you there.

PEO is a national organization that sponsors scholarships for Women's education.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

**ROLLIN' THUNDER**

**Rocha is guest speaker Feb. 26**

GRF Security Service Manager Victor Rocha, will be the guest speaker at the next Rollin' Thunder Golf Cart Club meeting on Tuesday, Feb. 26, in Clubhouse 4. The meeting will begin at noon with a potluck luncheon.

A former LAPD officer with an extensive and varied law-enforcement background, Rocha will share his accident-investigation experience — especially as it relates to golf carts and other low speed vehicles (LSV).

He will also advise club members and guests on the special driving techniques that should be included for the highest level of safe golf cart operation. For the hundreds of Leisure World residents who drive golf carts, this meeting should be a high-priority event.

The club's next Air & Water Day will be held Saturday, March 2, at the club's Pit-Stop golf cart maintenance facility, adjacent to the Mini-Farms.

As always, all golf cart and



Victor Rocha

scooter operators, whether club members or not, are invited to have their vehicles' tire pressure and battery water levels inspected by club volunteers to help prevent expensive repairs.

**LOS AL SENIOR CLUB**

**All invited to bingo fundraiser**

The Los Alamitos Senior Club will host a bingo fundraiser beginning at 12:30 p.m. on Feb. 28 at the Los Alamitos Community Center, 10911 Oak St., Los Alamitos. The doors open at 11 a.m. Walk-ins are welcome.

Buy-in is \$15 and each additional six-pack is \$5. Lunch, sandwiches, side and drink, will



be available for \$5.

Prizes include nine games paying \$100 and a back out game paying \$150. There will also be a 50/50 drawing.



**GRF RECREATION**

**Tickets nearly sold out for musical**

The GRF Recreation Department has a few tickets remaining to the acclaimed musical, "Life Could Be A Dream" for an evening performance on March 7 at the Beverly O'Neill Theater in Long Beach.

Take a trip with Denny and the Dreamers, a fledgling doo-wop singing group preparing to enter the Big Whopper Radio contest to realize their dreams of making it to the big time.

This is a musical trip down memory lane that will leave audiences laughing, singing, and cheering with such classic 60s songs as "Fools Fall in Love," "Runaround Sue," "Tears on My Pillow," "Unchained Melody," "Earth Angel," and the title song, "Life Could Be A Dream."

Tickets are \$70, which includes bus transportation and driver gratuity. For more information contact the Recreation Office at 431-6586, ext. 326, or email [events@lwsb.com](mailto:events@lwsb.com).

Tickets must be purchased in person at Building 5 and all forms of payment are accepted. Guests are welcome if accompanied by a GRF member.

# THE BINGO CLUB

## Hawaiian Gardens

TWO \$500 MUST GO DRAWINGS 7 Nights A Week

OVER \$400,000 PAID WEEKLY (Incl. Tabs)

7 NIGHTS A WEEK!

Monday thru Thursday 6 pm to 12 Midnight  
Friday and Saturday 6 pm to 2 am • Sunday 2 pm to 12 Midnight  
Doors Open Monday-Saturday 4 pm • Sunday 12 pm

**THE BINGO CLUB COUPON**  
VALID MONDAY THRU THURSDAY ONLY  
6 PM to 11 PM  
ONE COUPON PER CUSTOMER...PER WEEK

5 FREE GAMES

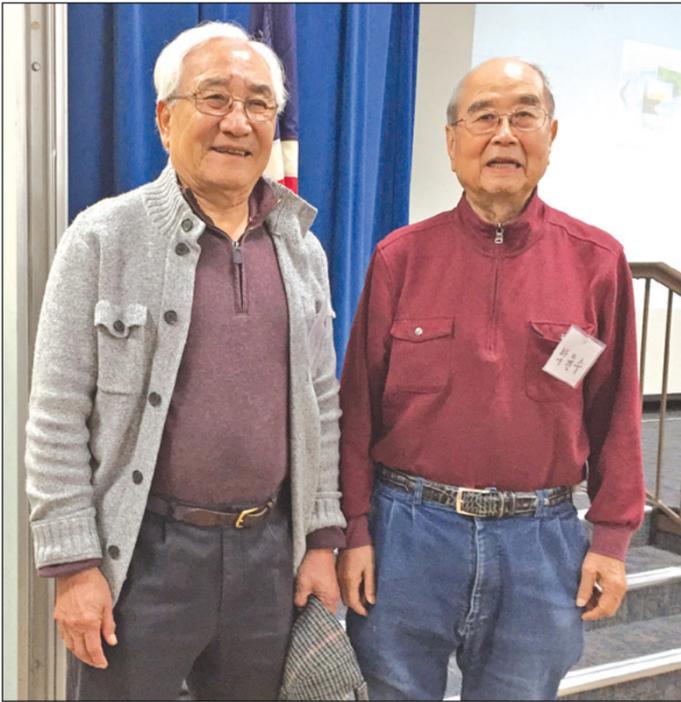
[000] MUST PRESENT COUPON - ORIGINAL COUPONS ONLY  
No photos copies will be honored - Photo ID Required.

- FREE PLAY on your B'Day  
Good the day before, on or the day after your b-day. 25 Games
- Gift Certificates Now Available
- Tres Amigos Mexican Grill
- Food Service Available
- Free coffee, Ice & Parking
- Friendly Staff
- Security On Site
- Smoke Free Indoors
- Smoking Patio available for Bingo play

21900 Norwalk Blvd., Hawaiian Gardens 90716  
(562) 402-6769

THE BINGO CLUB IS A FUNCTION OF, AND OPERATED BY THE IRVING I. MOSKOWITZ FOUNDATION, A NON-PROFIT PUBLIC CHARITABLE ORGANIZATION





KACMA publicity team

**KACMA**

**Class features works by Mozart, Haydn**

The Korean-American Classical Music Academy (KACMA) will meet today, Feb. 21, at 9:30 a.m. in Clubhouse 4.

Ken Chong will present concertos and sonata from Haydn and Mozart, including Haydn's "Cello Concerto No. 1," 1st movement, "Trumpet Concerto" and "The Creation," No. 13, No. 34, and Mozart's "Concerto for Flute, Harp and Orchestra" and "Violin Sonata, No. 26."

Robert Chung will follow with the members' hour.

The KACMA class is conducted in Korean and open to all residents. The gathering encourages a fellowship through the enjoyment of mostly classical music and attending outside concerts in a group.

For further information, contact President Angel Joh, 598-0313; Program Chair Robert Chung, 387-7377; or Publicity Chair Yoon Soo Park, 431-3036.



Sylvia Rios (l), Mutual 8, has her taxes prepared by GAF tax aide volunteer Ken Velten, from Missouri. Velten volunteers on Tuesdays during February. The GAF tax service is provided Monday, Tuesday, and Wednesday mornings in Clubhouse 6. Appointments are required. Call 596-1987 and leave name and telephone number. A volunteer will call back to schedule an appointment.

**Son named Camera Operator of Year for 'Star Is Born'**

P. Scott Sakamoto, son of Emy Sakamoto, Mutual 1, was named Camera Operator of the Year award, for his work on "A Star Is Born" starring Bradley Cooper and Lady Gaga, at the Society of Camera Operators on Jan. 26 in Hollywood.

The film is also nominated for Best Picture and Best Cinematography at the upcoming Academy Awards. The Director of Photography, Matthew Libatique is the nominee for cinematography.

Scott has been a camera operator for over 35 years and was also the operator on "Blank Panther," nominated for Best Picture as well.

Scott's most recent completed project, the film "The Irishman," should be released later in 2019. The movie was shot in New York and is directed by Martin Scorsese and stars Robert De Niro.

Currently Scott is working in Los Angeles on a film titled "Birds of Prey," starring Margo Robbie.



P. Scott Sakamoto accepts Camera Operator of the Year award for "A Star Is Born."

**Obituaries**

Space is available for obituaries of residents and former residents.

- An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

\*\*\*  
**Morgan, Gordon "Gordy"**  
1940-2019

Memorial for Gordon "Gordy" Morgan, Mutual 5, will be held on Saturday, March 2, at 10 a.m. in Clubhouse 4.

Sign up in the Lapidary Room, in the back of Clubhouse 4, if planning to attend.

\*\*\*  
**In Memoriam**

- Andrew Warren 28
  - Jessie Robinson 100
  - Wilfredo Wycoco 47
  - Anthony Mares 25
  - Terry Smith 49
  - Michael Smith 68
  - Lawrence Engborg 57
  - Gary Adams 76
  - Pauline Tedford 80
  - Elizabeth Lowe 67
  - Doris Becker 98
- Families assisted by McKenzie Mortuary, 961-9301

—paid obituary

\*\*\*  
**Becker, Verna**  
1925-2019

Verna Becker, 93, Mutual 10, died Feb. 7, 2019, in Long Beach, California.

Verna was born July 26, 1925, in Sheldon, Iowa, to Henry Erkes and Adriana Van Nyhuis.

Verna's parents moved to Long Beach during the Depression because the shipyards were hiring. She attended Wilson High School where she met her future husband George Becker. They married on Oct. 18, 1942, and were married for 75 years.

Four months after their wedding, George was called to serve in WWII as an aviation cadet in Springfield, Missouri. Verna hopped trains and visited George whenever possible.

After the war Verna worked as a stenographer while George attended college on the GI Bill. In 1949 George earned his teaching credential and started his career in education.

The couple settled in Long Beach and started a family. Verna was an excellent homemaker and delighted in raising their three daughters.

When the girls were raised, and Verna and George retired, they moved first to the mountains in Mariposa, California, and later to the beach in Morro Bay, California. Ten years ago they wanted to be closer to their daughters so they settled a Leisure World.

Verna took advantage of the many bus trips in LW and she loved to play bridge. She was a Master Bridge Player and played in tournaments. She was a member of Redeemer Lutheran Church. Verna liked to have fun and was the life of the party at family gatherings.

She was predeceased by her husband, George, in April 2018. She is survived by her daughter,

Leslie Arrington, Linda Babiak and Jerolyn Becker, and grandsons, Shane Nusser and Shawn Arrington.

Private services will be held at the Long Beach Yacht Club.

—paid obituary

\*\*\*  
**Thomas, Una M.**  
1920-2019

Una Thomas 98 and a half years young, Mutual 8, died January 21, 2019, peacefully at her sons home surrounded by her loving family.

Una was born June 2, 1920, in Holyhead, N. Wales, Great Britain. Una married the love of her life, Evan Thomas, and they immigrated to Australia in 1950, Canada in 1953 and then settled in Long Beach, California, on Feb. 6, 1954. She was very proud of her Welsh heritage.

She moved to Leisure World in 1995 and loved living there for over 23 years.

She worked as a seamstress and lead manager before retiring. Una loved reading crime novels, doing her crossword puzzles and watching television.

She loved going to dinner and visits from her family. She was a very kind loving person and just enjoyed life.

Una is preceded in death by her husband of 35 years, Evan Lloyd Thomas, who passed in 1973, and her loving daughter Carole Zaleski, who passed on Oct. 2, 1998.

Una is survived by her son, Keith; daughter-in-law, Sharon; son-in-law, Jack; seven grandchildren, Jeff, John, Kristy, Wendy, Kerri, Katie and Christina; and seven great-grandchildren, Jake, Hailey, Davis, Evan, Trevor, Jimmy and Ruby.

Una will be loved and missed by all who knew her.

**Obituaries**  
472-1276

**Alpine**  
Heating & Air Conditioning

Specializing in Serving Leisure World Residents

Free Installation Estimates  
Sales • Repair • Installation  
Lowest Prices In Town • All Work Guaranteed

#1 in Customer Service

714-901-0552

Cal. St. Lic. # 719734

# Travel

## LWers relax, enjoy island life on Maui

Aloha from Maui, with warm breezes and blue ocean. Anna Derby, Mutual 5, and Michael Oh, Mutual 1, recently returned from a two-week vacation on the island of Maui.

"All we had to do is relax, enjoy the slow, easy going life tempo, gaze at the sunset and take in green everywhere you turn your head," said Anna.

This is the second year they have stayed in Wailuku, Maui. It is not on the ocean.

Wailuku is Maui's county seat, located at the base of the West Maui Mountains in the rich green Iao Valley. The town is small, unique and experiencing a revival with new shops and businesses. The old downtown area features historical buildings and theaters mingled with hip boutiques, authentic Hawaiian artifacts, antiques, local coffee shops, bistros and mom and pop shops that have served up unique finds and iconic treats for generations.

Spending the day on Market Street in Wailuku, with its wooden storefronts, is truly a local Maui experience, with a slice of cosmopolitan life and a side order of spam musubi.

First Fridays are popular with special events like cultural exhibits, musicians and a farmers' market during the day that blocks the small alley downtown, bringing many people from all over the island.

The area was once a sacred burial ground for Hawaiian Alii (royalty) and is the site of the battle of Kepaniwai, one of the most notorious battles in Hawaiian history. In 1790, King Kamehameha I, in an effort to unite the Hawaiian islands, conquered the army of Maui. The Iao stream was said to have ran red for days.

Visitors flock to the park to examine the recreated taro farm and homestead, enjoy the exotic tropical plants and to swim in the clear streams and waterfalls.

Everyday when driving through downtown Wailuku, Anna and Michael noticed a sign for Takamiya Market and a steady stream of people coming out with small packages. The decided to



Maui Chef's Table at the Maui Tropical Plantation was dining experience to remember.

see what all the fuss was about.

The famous old market has sold Japanese food since 1948. It is good resource for inexpensive local goods, including ahi and tako bowls and other small dishes such as seaweed salad, pickled vegetable, and cooked pork. It is a convenient place to pop in and buy multiple different dishes.

Michael and Anna spent their first four days on the island at the 2019 Sentry Tournament of Champions at The Plantation Golf Course at Kapalua.

Plantation Course is set on the slopes of the West Maui Mountains. It challenges professional and average golfers alike. Tee off from a high elevation that provides plenty of downhill tee shots, wide fairways, providing a chance to hit one of the longest drives of your life along the 18th fairway.

Anna and Michael attended the tournament four days, arriving at the first tee box early so they could see all the players tee off. They moved to the Hole No. 9 gallery where they stood to watch the players coming in and then over to the 18th hole gallery to watch them finish their rounds.

They witnessed Xander Schauffele, from San Diego, win the tournament with an 11 under par, 62. The 25-year old beat 32 champions from the 2018 tournament. It was his fifth career win. Schauffele attended California

State University, Long Beach, his first year, before transferring to San Diego State, where he played out his college career.

Michael and Anna were grateful to the volunteers who brought a pleasant day to the gallery. Volunteers greeted the shuttle vans from the parking lot and then reminded the guests about the last shuttle so they wouldn't miss it and to be quiet when players teed off at the course. They worked at the Will Call booth, Security check in line, etc.

"Without all the volunteers, it wouldn't be the same comfortable, smooth operating event we experienced," said Anna. "We learned once again that volunteers are the heart and soul to make the difference everywhere."

For a special Maui evening Anna and Michael dined at Maui Chef's Table at the Maui Tropical Plantation, a popular oasis of fun, farming and superb dining.

The plantation is a diversified agriculture model combining organic, market-driven and native Hawaiian crops.

The evening takes place in a

**MAUI, page 26**

### GRF RECREATION

## Get tickets to watch Ducks game

Anaheim Ducks will take on the Winnipeg Jets on Wednesday, March 20, with the puck dropping at 7 p.m. Everyone in attendance will receive a Ryan Getzlaf NHL Draft Bobblehead presented by San Manuel Casino. Seats for the game are in the lower bowl.

Tickets are on sale at the Recreation Office in Building 5 for \$80, including transportation and fees. Make reservations by emailing [events@lwsb.com](mailto:events@lwsb.com), in person, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member. Accessible seating is available for this event, if requested at the time of purchase.

Owned by the city of Anaheim, Honda Center officially opened as Anaheim Arena on June 19, 1993, with a sold-out Barry Manilow concert. In October of that same year, the venue was renamed Arrowhead Pond and hosted the first Mighty Ducks of Anaheim game. The year 2005 began a new era as Henry and



## On the Go

### Day Trips

**The Living Desert Zoo & Gardens With Tram Tour** - Feb. 23, \$89 includes lunch, David Nell/Good Times Travel, (888) 488-2287

**Harlem Globetrotters, Honda Center** - Saturday, Feb. 23, \$55, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Long Beach State Basketball** - Wednesday, March 6, \$6, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Beverly O'Neill Theater, "Life Could Be a Dream"** - Thursday, March 7, \$70, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**The Colorful Songs Revue, "The Luck O' the Irish"** - March 16, \$109, includes lunch and wine, David Nell/Good Times Travel, (888) 488-2287

**Mission San Juan Capistrano** - Tuesday, March 19, \$30, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Anaheim Ducks, Honda Center** - Wednesday, March 20, \$80, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Pala Casino** - March 29, \$6, \$10 back, American Legion Post 327, Gail Levitt, 596-1346.

**Anaheim Angels** - April 24, \$40, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Stars on Ice, Honda Center** - Saturday, May 11, \$40, GRF Recreation, [events@lwsb.com](mailto:events@lwsb.com), 431-6586, ext. 326

**Harrah's Rincon** - Daily, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

**Pala Casino** - Daily, free, Amphitheater, 8 a.m., (714) 985-9555

**Pechanga Casino** - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

**Valley View Casino** - Sunday-Tuesday, Amphitheater, 7 a.m., free

### Overnight Trips

**Nature's Bounty & Wonder Valley** - Feb. 24-27, David Nell/Good Times Travel, (888) 488-2287

**Central Coast Whales, Rails & Dunes** - March 6-8, David Nell/Good Times Travel, (888) 488-2287

**Death Valley Splendor** - March 17-19, David Nell/Good Times Travel, (888) 488-2287

**Desert Bloom** - March 17-18, 2019, David Nell/Good Times Travel, (888) 488-2287

**Laughlin** - April 22-24, Seal Beach Woman's Club, [womansclubof-sealbeach.org](http://womansclubof-sealbeach.org)

**California Eight Missions** - June 4-9, motorcoach tour, Traveling Tigers Club, Joanna Matos, 598-1849

**Golden Nugget Las Vegas** - Sept. 8-11, motorcoach tour Traveling Tigers Club, Joanna Matos, 598-1849

**Canadian Rockies & Glacier Park** - Sept. 8-14, Traveling Tigers Club, Joanna Matos, 598-1849

**Palm Springs, Death Valley, Joshua Tree & Las Vegas** - Nov. 4-7; motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849

**Hearst Castle at Christmas Time** - Dec. 16-18, Motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849



Susan Samuelli took ownership of both the team and the venue management company, Anaheim **DUCKS, page 26**



Anna Derby and Michael Oh spent their first four days on Maui at the Sentry Tournament of Champions.

**Sail to Alaska from L.A.**

*No Flying - Sails R/T Los Angeles*

**Only \$899 - \$75/Day**

**12 night cruise**

Round trip from Los Angeles  
Ketchikan, Juneau, Skagway, Glacier Bay + more!

Call **Warren Travel** (800) 662-5450

CST 1012894-40

**Mexico Cruise Special**

*Last Minute Special Offer!*

**From \$699** Balcony Stateroom!

**7 night Mexican Riviera**

Los Angeles, Cabo, Mazatlan, Puerto Vallarta

Call **Warren Travel** (562) 493-1223

CST 1012894-40

# Sports & Games

## Cards and Games Scoreboard

**Monday Night Bunco** scores from Feb. 11; most buncos, Rosann McGregor; most wins, Jim Barth and Julie Milburn; most babies, Dolorie Thurner; most loses, Audrey Hutchings; and door prize winner, Gail Levitt. The next meeting is Feb. 25. The club meets at 6 p.m. on the second and fourth Monday of the month in Clubhouse 3, Room 1. Bunco is a fun dice game and easy to play. New players are needed. Leisure World residents and their guests are welcome. For more information, call Gail Levitt at 596-1346.

...

**Leisure World Duplicate Bridge Club** winners in the game on Feb. 14, were: N/S: First in Strat A: Larry Topper-Shirley Knopf; second in Strat A, first in Strat B: Winnie Waga-John Hagman; third in Strat A: Sibyl Smith-Marilyn McClintock; fourth in Strat A, second in Strat B: Marty Lipman-George Alemshah; fifth in Strat A, third in Strat B, first in Strat C: Stan Johnson-Louise Seifert; sixth in Strat A: Linda and Dick Stein. E/W: First in Strat A: Judy Jones-Al Appel; second in Strat A: Jeanette Estill-Diane Sachs; third in Strat A: Bud Parish-Sue Fardette; fourth in Strat A, first in Strat B and C: Ann Croul-Sue Boswell; fifth in Strat A, second in Strat B and C: Lynne Finley-Kay Hyland; sixth in Strat A, third in Strat B: Fred Reker-Russ Gray; fourth in Strat B: Bobbi Vann-Paul Chen; third in Strat C: Monica and Paul Honey. Winners in the game on Feb. 11, were: N/S: First in Strat A: Diane Sachs-Hank Dunbar; second in Strat A, first in Strat B: Larry Topper-Frances Gross; third in Strat A: Dorothy Favre-Cooie Dampman; fourth in Strat A, second in Strat B, first in Strat C: Bill Linskey-Midge Dunagan; fifth in Strat A, third in Strat B: Alan Olschwang-Chie Wickham; sixth in Strat A: Ron and Gene Yaffee. E/W: First in Strat A and B: Arne Lier-Hanefi Erten; second in Strat A and B: Peggi Spring-Monica Gettis; third in Strat A: Karen Johnston-Mary Lou Hughes; fourth in Strat A: Joan Tschirki-Al Appel; fifth in Strat A: Fern Dunbar-LaVonne McQuilkin; sixth in Strat A: Marilyn McClintock-Diane Schmitz; third in Strat B, first in Strat C: Bea Aron-Joy Rosenthal. Games are played Mondays and Thursdays beginning at 12:30 p.m. in Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservation. To make or cancel a reservation for Mondays, call Midge Dunagan at 594-9698; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at [hbsharonb@gmail.com](mailto:hbsharonb@gmail.com). With a maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will be accommodated on a first come, first served, basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon and 1 p.m.

-Gene Yaffee

...

**Y-Yahtzee Rollers Club** winners Feb. 15: Most Yahtzees: Marilyn Moody with 4. Highest score: Susie Ralston, 1,490. Door prize winner: Sandy Weisenstein. The next games will be played on March 1. The Rollers meet at 12:30 p.m. on the first and third Fridays of the month in Clubhouse 3, Room 6. Play, laugh and have a good time in a welcoming environment. To learn Yahtzee or play a refresher game, call Kathy Rose at 596-7237 to set up a lesson.

...

**Burning Tree Duplicate Bridge Club** winners on Feb 16: N/S: Gary Paugh-Barbara Wallace; Sherry Troeger-Bob Mault; Kar-Yee Nelson-Hanefi Erten; Stan Johnson-Louise Seifert. E/W: Al Appel-Judy Jones; Diane Sachs-Marilyn McClintock; Joan Tschirki-Fred Reker; Paul and Monica Honey. Feb 15: N/S: Judy Jones-Al Appel; Betty Jackson-Diane Sachs; Sibyl Smith-Diane Schmitz; Norma Krueger-Nadine Nakai; George Alemshah-Sylvia Kaprelyan. E/W: Fred Reker-Joan Tschirki; Judy Percer-Sally Fenton; Paul Chen-Cookie Pham; Ellen Kice-Russ Gray; Louise Seifert-Stan Johnson. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is club championship on Friday, Feb. 22.

...

**Fun Time Pinochle Club** winners Feb. 18: Grace Buster, 11,630; Joe Capra, 11,080; Mabel Maureen, 10,890; Marilyn Allred, 10,590. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

-Bert Sellers

...

**Jolly Time Pinochle Club** winners: Feb. 16: Marge Dodero; 11,060; Peggy Kaspar, 9,090; Joan Taylor, 9,060; and Nancy Wheeler, 8,650. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

-Bert Sellers



Tim Linehan, (second from left) treasurer of the LW Pickleball Players Club sailed on a 15-day cruise to Hawaii where he met three Canadians and discussed how they enjoyed playing Pickleball. They organized and set up a pickleball court on the sports deck and played some fun competitive games many days. He states it's a good way to meet new friends and get exercise.

### LADIES GOLF CLUB

## Ladies play for low gross, net, birdies

Forty-three members of the Ladies Golf Club played for low gross, low net and birdies on Feb. 12.

The flight winners were:

Flight A: Low gross, tie between Helen Yoon and Jane Song, 30; low net, Susie Kim, 28; birdies, Helen Yoon, Hole No. 5, Soo Choi, Hole No. 7, and Sun Lee, Hole No. 4.

Flight B: Low gross, Mary Ann Moore, 30; low net, Young Yoon, 25; birdies, none.

Flight C: Low gross, Yvonne Yim, 31; low net, Betty Regalado, 22; birdies, Mary Lancaster, Hole No. 6.

Flight D: Low gross, Cecilia Han, 30; low net, Evelyn Scherber, 21; birdies, Cecilia Han, Hole No. 8, and Neva Senske, Hole No. 6



Cathie Merz, staff photo

Long Beach State seniors Bryan Alberts (in white, l-r) Temidayo Yussuf and KJ Byers will be honored during the Senior Game on Wednesday, March 6, at the Mike and Arline Walter Pyramid on the campus of Long Beach State. Seniors Deishuan Booker, Breamond Richard and Mason Riggins will also be honored at the game. Yussuf and Booker were Honorable Mention All-Big West selections last year and lead the Beach in scoring this season. Yussuf is closing in on scoring 1,000 points during his LB career and likely will make this milestone in his final game at the Pyramid. Booker is on a free throw streak, completing his last 30 shots without a miss. Will he be able to keep his streak going and continue to lead the nation in number of free throws made? Hurry to the Recreation Office in Building 5 to make reservations for the final game at the Pyramid. Tickets are \$6, including transportation, email [events@lwsb.com](mailto:events@lwsb.com) or call 431-6586, ext. 324. Guests are welcome, but must be accompanied by a GRF member. No accessible seating is available for this event.



## Come roll dice at Best Time Bunco

Best Time Bunco is looking for new members. The group meets on Mondays at 6 p.m. in Clubhouse 3, Room 1. Play begins at 6 p.m.

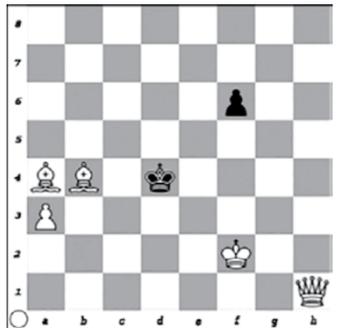
This is a fun dice game that is so easy to learn. Members will teach you in one minute, if you can roll three dice.

Need a ride to Clubhouse 3? Volunteers will pick you up to play and take you home.

There is a half time social for refreshments and to meet and mingle.

Don't sit in and veg. Come join this great group.

Call Gail Levitt, 596-1346, for information.



## Chess Club Puzzle

**This week's puzzle:** White moves first and for any answer by black, the white's next move is checkmate.

...

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for free lessons.

CHESS, page 23

### LW POOL LEAGUE

## Patriots continue to run the table

The Leisure World Pool League's leading Patriots were pitted against the Three Amigos, and won 10 games to 2. Kurt Bourhenne and Gary Poling of the Patriots both won all six of their matches.

In the other match-up Chalk and Awe won 9-3 against CPR, with Gary Monahan winning five games, including both his singles matches. Dave Silva of Chalk and Awe won his eight ball match for the second straight week by running the table after his opponent's break.

Next week the league leading Patriots get a bye, while second place Chalk and Awe will face the Three Amigos and Breaker! Breaker! gets to face CPR.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

The LW Weekly  
430-0534

**Q POOL CLUB**

## Ladies compete in tournament

Members of the Ladies' Q Pool Club took part in the club's monthly tournament on Feb. 13 in Clubhouse 1.

A continental breakfast, provided by attending members, was served.

In attendance were Kathy Engelhardt, Connie Adkins, Milly Larsen, Sherry Wells, Susan Shaver, Sandy Bird and Zelma Berkenkamp.

Zelma was the winner, returning from an absence in good fashion.

The club meets at 10 a.m. on Mondays in Clubhouse 1, for games. All residents are welcome attend regardless of skill levels. Annual dues are \$5 each.

A potluck luncheon is planned in August and a holiday luncheon in December.

— Kathy Engelhardt



Zelma Berkenkamp was the February Ladies' Q Club champ.

**MEN'S GOLF CLUB**

## Men plan bimonthly tourneys

The Men's Golf Club first February tournament was held Feb. 13 at the local course. It was a cool start that turned into an overcast and then rainy morning for the last 41 golfers who competed in four flights over 18 holes.

"A" flight has golfers with handicaps of 0-5. "B" flight 6-8, "C" flight 9-14, and "D" flight 15-18.

All scores are net: (actual score minus handicap).

Flight A: Bob Barnum, 50; Steven Ro, 51; Tie third, Jae Kim and Ron Jackson, 55; Fujio

Norihiro, 56.

Flight B: Byong Choi, 53; tie second, Stan Johnson and Chang Choi, 55; Rich Miller, 56; Dave LaCascia, 57.

Flight C: Ryan Hong, 52; Youn Lee, 56; Paul Alloway, 59; tie fourth, Mike Carlson and Kyoung Kim, 60.

Flight D: Bruce Bowles, 48; Ben Benjamins, 50; Suk Im, 55; James Choi, 56.

Closest to the pin on Hole No. 8 was Hyon Shin, and on Hole No. 17, Steven Ro. There were no circle hole winners.

There will be two Men's Club tournaments each month, on the second and fourth Wednesdays.

To join the Men's Golf League contact President Bill Zurn, or Membership Chair Dave LaCascia via the Golf Starter Shop.

New Men's Golf League members must join the Men's Club and play three 18-hole rounds on the local course in order to get a valid handicap. Rounds must be played with a current member and scorecards left with the starter. This qualifies the individual to play in the Men's and Guys & Gals tournaments played each month throughout the year.

**LW BOWLING**

## Villanueva bowls 613 series

D Hustlers took three from the Pinbusters as Ren Villanueva had a 214, 220 and 613 series and Marilyn McCosky established with a 196 last game. Maybe Next Tuesday split with Spares Are Good as Larry Lobue opened with a 180 game that was a 249 with handicap.

Very Striking swept Nameless as Ron Marcus had a 653 series and teammate Dave Silva added a 203 game. Helen Sponsler had

**SHUFFLEBOARD CLUB**

## The Classics, Puckmasters meet Friday

The Shuffleboard Club's league play continued into week 16 of the season on Feb. 15 with victories by top teams the Classics and Puckmasters.

The Classics defeated the Sliders, 11-7, behind all-game winners Dennis Jensen and Bill Hamilton.

In the other game, the Puckmasters beat the Girl Power, 10-8. Puckmasters all-game winners were Sal LaScala and Maureen "Mo" Habel.

Girl Power's all-game winner was Carol Johnson.

The first-place Classics have 11-1/2 points, followed by the Puckmasters, 11; Girl Power, and the Sliders, 4-1/2.

The next games will be played tomorrow, Friday at the Clubhouse 1 courts when the Puckmasters face The Classics and Girl Power play the Sliders.

The last Friday luncheon will be held on Feb. 22, following the games.

The club will enter the Leisure World Olympics with a tournament at the Clubhouse 1 courts on March 6.

The event is open to all residents.

For more information or to have questions answered, call President Carrie Kistner at (949) 300-0285.

The St. Patrick's potluck dinner has been cancelled, so the next social event is a happy hour gathering at 5 p.m. on March 6 at the Clubhouse 1 courts.

BYOB and bring Irish finger foods to share.

To join the club or try out the game, practices during league play are held at 10 a.m. Mondays and Wednesdays at the shuffleboard courts behind Clubhouse 1.

For more information, call Carrie Kistner, club president, at (949) 300-0285.

**LW OLYMPIC GAMES**

## Tournaments are being scheduled

The Leisure World Olympic Committee met to organize the upcoming games and medals ceremony.

Tournaments will be held in March, April and May to determine the medal winners who will be recognized in a ceremony in June to coincide with the Special Olympics events planned in LW.

The medals ceremony will include entertainment and refreshments.

Tournaments are in the works for men's and women's golf, pickleball, bocce ball, billiards, bowling, table tennis, shuffleboard and more.

Shareholders are invited to participate in various games by contacting the groups conducting tournaments. All competitors must be members of the GRF.

The top three participants in each tournament will receive a medal at the ceremony.



## Munn wins flight with solid 58

by Dave LaCascia  
LW contributor

Members of the Men's Friday Golf League played on Feb. 8 at the David L. Baker Golf Club on a cool, but sunny morning. Ten players competed over 18 holes in two flights.

The course was in good shape despite the recent heavy rain. Accordingly, the scores were low, and several players were under par (62).

Top score of the day was the four-under par 58 recorded by Bob Munn in winning the second flight.

Sam Choi scored two birdies and Fujio Norihiro had one. Paul Cose was closest to the pin on hole 3 and Marv Ballard on the 12th hole.

All scores were net (actual

score minus handicap).

Flight winners:

1. Tie between Gary Stivers and Sam Choi, 60; Fujio Norihiro, 61; Jim Dickerson, 63; and Paul Cose, 65.

2. Bob Munn, 58; Marv Ballard, 65; Lowell Goltra, 66; John Meyer, 70.

To join the Leisure World Men's Friday Golf group or Men's Golf League, contact Dave LaCascia or Merle McGee at the golf starter shop.

Newcomers must join the Men's Golf League and play three rounds with the Men's group to get a handicap.

The next game (weather permitting) will be played on March 1 at Willowick, followed by the Baker course on March 8.

**CRIBBAGE CLUB**

## Kistner has high score of 846

Carrie Kistner had the high score of 846 followed by Gene Smith at 839 with Irvine Bernstein and Joan Berg tied at 835 and Bob Berry at 834 in Cribbage play on Feb. 12. There were 53 players.

The club had a semi-annual meeting and Terry Thrift, treasurer, reported that the club is solvent. The average attendance is 57 players per week and the average payout each week is \$26.

Valentine's Day was celebrated and the club provided a lunch with croissant sandwiches, coleslaw and different flavored Doritos. There was also an assortment of candies. Margaret Smith served.

The Cribbage Club meets on Tuesdays at noon in Clubhouse 1. Lessons for beginners or for those just needing a brush up are available, call Patti Smith, 242-4674.

Partners are not required and everyone usually finishes by 3:30 p.m. There is always room for more players. Players, arrive by noon to be assured of a table.

**GRF RECREATION**

## Outings planned to see Angels

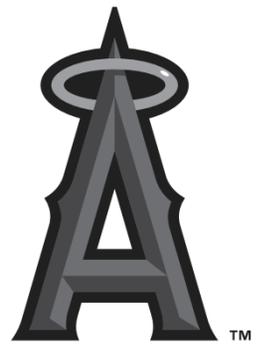
The Recreation Department is planning three Leisure World Days at Angels Stadium, April 24, June 27 and July 21, for residents and their guests for 2019.

The April 24 game will be against the New York Yankees at 7 p.m. The Yankees are always a big draw, so sales will be brisk, don't delay.

Tickets, \$40, will be presold at the Recreation Office, Building 5, lower level, and includes transportation. A hot dog and beverage may be purchased for an additional \$6.50, and a ball cap may be added for \$3. Participants need to complete a release form, also available at the Recreation Office.

The bus leaves promptly at 5 p.m. from the Amphitheater parking lot, but those going must arrive by 4:30 to be processed. Accessible seating is available if requested at the time of ticket purchase. The tickets are non-refundable.

For more information, contact the Tommy Fileto at 431-6586, ext. 324 or email [thomasf@lwsb.com](mailto:thomasf@lwsb.com).



## NEW CAR DIRECTORY

**LEXUS**

Lexus of Westminster  
13590 Beach Blvd. Easy access  
just south of 22 Freeway  
714/892-6906  
[www.lexuswest.com](http://www.lexuswest.com)

Space available for as  
little as \$6.50/week  
Call 562-472-1274

The LW Weekly  
430-0534

<b>LW Residents Only</b>	<b>Oil Change Filter &amp; Tire Rotation</b>	<b>10% Senior Discount</b>
<b>Free Flat Repair</b>	<b>\$14.99</b>	<b>We Are Now Closed On Sunday</b>
<b>\$25 Discount on Air Conditioning Service</b>		
<p>Includes: Drain Oil, refill with up to 5 qts. of quality Valvoline Oil (5W30 wt.), Install new filter, Rotate 4 mounted tires, Air Pressure Check, Conventional Oil Only.</p> <p>Save \$15. Includes \$3 Hazardous Disposal Fee, Special Diesel Oil &amp; Filters extra. With this coupon only. Most cars and light trucks. Foreign cars and other vehicles extra. Valid at Los Alamitos locations only. LW Residents only. Expires: Two weeks from publication.</p>		
<p><b>Over 25 Years Serving the Community</b></p> <p><b>3400 Cerritos Ave. Los Alamitos</b></p> <p><b>562-799-1777</b></p> <p><a href="http://www.coastlineautocare.com">www.coastlineautocare.com</a></p>		
<p><b>COASTLINE AUTO CARE</b></p> <p>Mon. - Fri. 7:00 am - 6:00 pm Sat. 7:00 am - 5:00 pm Closed Sundays</p>		



# Puzzles & Comics

Answers on page 26

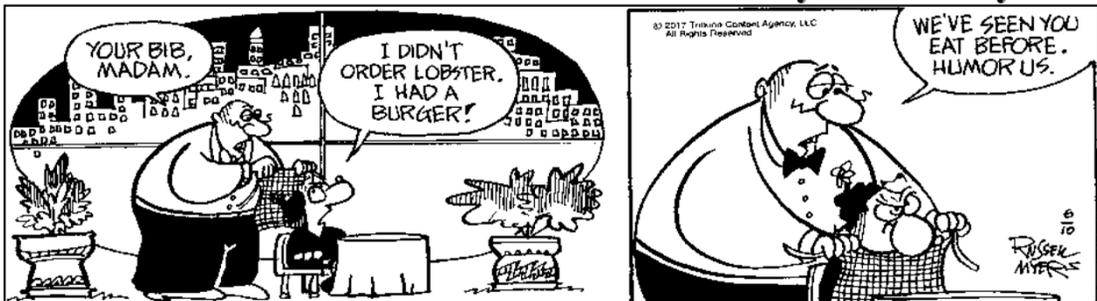
## Gasoline Alley

By Jim Scancarelli



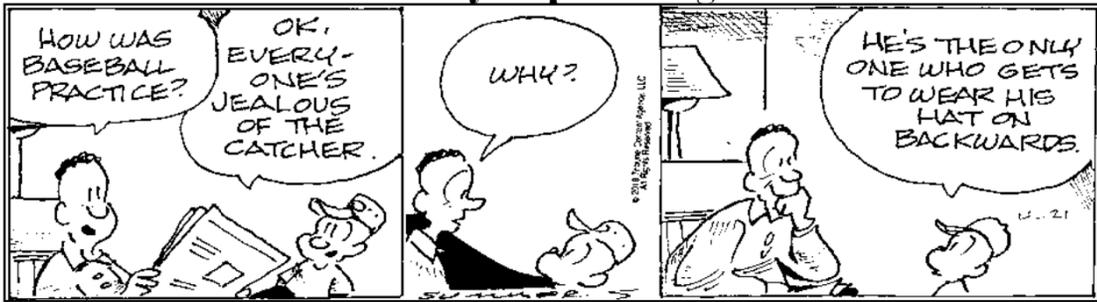
## Broom-Hilda

By Russell Myers



## Middletons

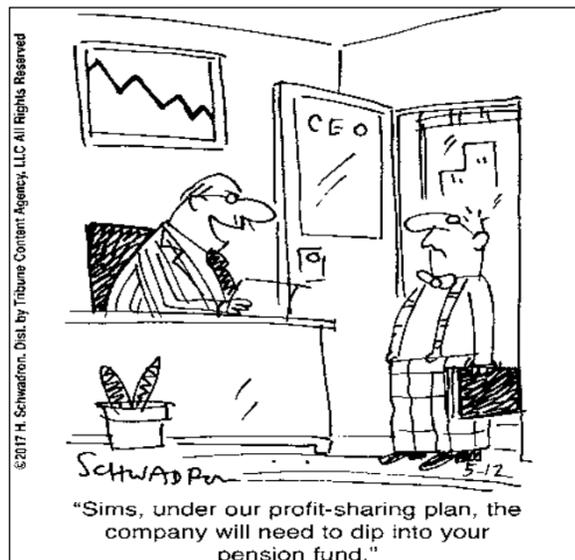
By Raph Dunagin & Dana Summers



## Sudoku

			9	3				
		1				9		
	3	5	1		7		4	
3		7			8	2		1
8		6	2			7		9
	7		6	4	8	1		
		8				5		
			7	2				

## 9 To 5 By Harley Schwadron

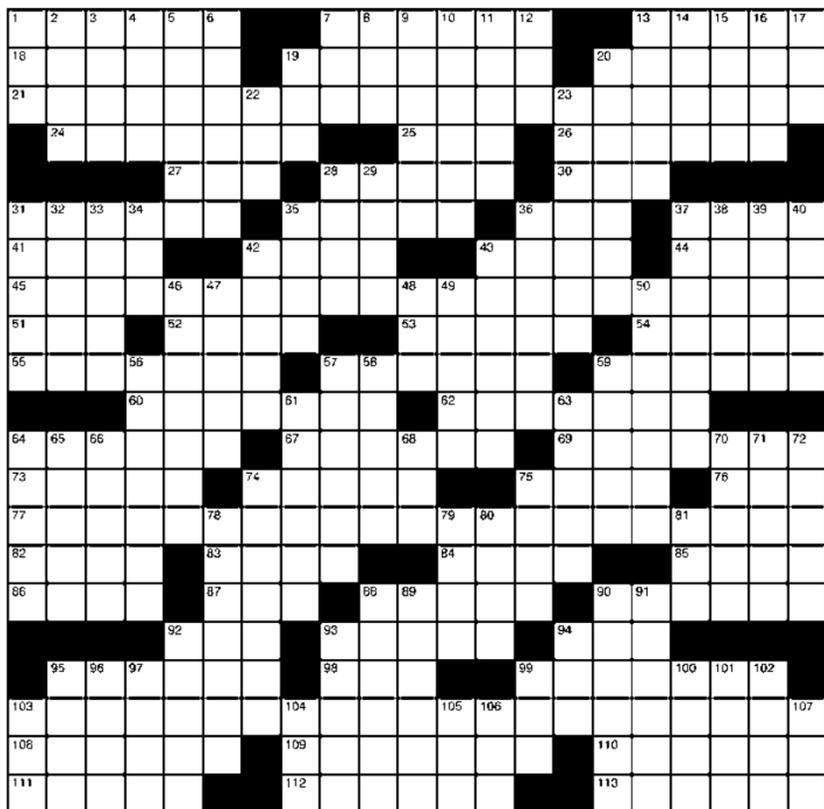


## Lovers Verse

Edited by Linda and Charles Preston

### ACROSS

- 1 East Indian sailor
- 7 Echo
- 13 Shirley, of "Goldfinger"
- 18 Audrey, in "Love in the Afternoon"
- 19 Librarian's request
- 20 Conjure
- 21 Start of a Valentine verse
- 24 Jewish school
- 25 \_\_\_ mouse
- 26 Seventh from the sun
- 27 Yoko
- 28 Mall unit
- 30 Wee bit
- 31 Weeds wearers
- 35 Give a buzz
- 36 Arti or parti ending
- 37 Secretary
- 41 Burden
- 42 Make tea, e.g.
- 43 Cartoonist Silverstein
- 44 Needle case
- 45 More of verse
- 51 Explosive inits.
- 52 Askew
- 53 Gray and Moran
- 54 Throw out
- 55 Heckled
- 57 Attacking with a spray
- 59 Bronzed from the sun
- 60 Communications satellite
- 62 Most astute
- 64 Leave high and dry
- 67 Stamen part
- 69 Meantime
- 73 Poe's middle name
- 74 \_\_\_ Detoo, of "Star Wars"



©2019 Tribune Content Agency, LLC. All rights reserved.

2/17/19

### DOWN

- 1 Varnish substance
- 2 Like \_\_\_ of sunshine
- 3 Math ratio
- 4 Bounders
- 5 Haphazardly
- 6 Sticky stuff
- 7 Shred
- 8 Building wing
- 9 "\_\_\_ Place"
- 10 Whole
- 11 Severe
- 12 Trillion: comb. form
- 13 Inward: anat.
- 14 Stratford's river
- 15 Bean curd
- 16 Trappist cheeses
- 17 Clear, as profit
- 19 Wee, to Burns
- 20 1948 Arab-\_\_\_ War
- 22 Nobelist \_\_\_ Andric
- 23 Tiny treats for squirrels
- 28 Mets arena, 1964-2008
- 29 Suburban area
- 31 Value
- 32 "Comin' \_\_\_ Wing and..."

- 33 Powders lightly
- 34 Chemical suffix
- 35 Quarry
- 36 Mutate, evolve, etc.
- 37 International accord
- 38 Wharton's Frome
- 39 Urbane
- 40 Bounced a check
- 42 Canaries or chats
- 43 Black eye, sl.
- 46 City ESE of Naples
- 47 Resided
- 48 12th month
- 49 Three-wheeler
- 50 India's prime minister, 1964-66
- 56 Soft-shell clam
- 57 Praying \_\_\_
- 58 Trump's "The \_\_\_ the Deal"
- 59 Midmorning hr.
- 61 Of a foot bone
- 63 \_\_\_-gritty
- 64 Warbucks, to Annie
- 65 Kazan and Lamb
- 66 Spartacus, notably
- 68 \_\_\_ polloi
- 70 Actor's quests
- 71 Unmoving
- 72 Radio, television, etc.
- 74 Book additions
- 75 Slugger Sammy
- 78 Dozes a bit
- 79 Signify
- 80 Dad's mother
- 81 Resort baths
- 88 \_\_\_ generis: of another kind
- 89 Trawler's nets
- 90 Pet lovingly
- 91 Occur
- 92 Say
- 93 Praise highly
- 94 Terse letter-opener
- 95 Thoroughly cooked
- 96 Novelist Bagnold
- 97 Cape near Lisbon
- 99 Fuss
- 100 Frankfurt's river
- 101 Take back, for short
- 102 Makes lace
- 103 Title at Versailles
- 104 Lace up
- 105 CIA forerunner
- 106 Sony rival
- 107 Stag's mate

## The Observer Crossword Puzzle

## SCRABBLE GRAMS

Hasbro and its logo, SCRABBLE, also; and logo, the design of the 2nd revised SCRABBLE brand game board, and the first twelve letter tile designs are trademarks of Hasbro in the United States and Canada. ©2018 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC.

A <sub>1</sub>	E <sub>1</sub>	I <sub>1</sub>	R <sub>1</sub>	S <sub>1</sub>	F <sub>4</sub>	D <sub>2</sub>	RACK 1
A <sub>1</sub>	I <sub>1</sub>	N <sub>1</sub>	H <sub>2</sub>	K <sub>5</sub>	S <sub>1</sub>	S <sub>1</sub>	Double Word Score RACK 2
A <sub>1</sub>	O <sub>1</sub>	D <sub>2</sub>	H <sub>4</sub>	P <sub>3</sub>	T <sub>1</sub>	R <sub>1</sub>	1st Letter Triple RACK 3
A <sub>1</sub>	E <sub>1</sub>	N <sub>1</sub>	N <sub>1</sub>	T <sub>1</sub>	M <sub>3</sub>	R <sub>1</sub>	RACK 4
A <sub>1</sub>	E <sub>1</sub>	U <sub>1</sub>	N <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	L <sub>1</sub>	RACK 5

PAR SCORE 260-270  
BEST SCORE 327  
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

## JUMBLE

THAT SCRAMBLED WORD GAME  
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

ZDYIZ

CONTH

HEGIRH

BERALG

Print your answer here: ○○○○○○ - ○○○○○○

Is everything ready to go for today's service?



THE KEYBOARD PLAYER AT THE CHURCH WAS ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



**FRIENDSHIP CLUB**

**Introduction to iPhone is Feb. 25**

The Friendship Club offers computer classes taught by Jeff Sacks, Maxine Smith, and Miryam Fernandez.

- **Monday, Feb. 25, Clubhouse 3, Room 4**  
11 a.m. - Intro to iPhone/iPad (Sacks)  
11:30 a.m. - Questions and Answers discussion (Sacks)  
Noon - Facebook for Beginners (Fernandez)
- **Thursday, Feb. 28, Clubhouse 3, Room 7**  
1-2:30 p.m. - Android (Google) phone and Tablet (Sacks)  
2:30-4 p.m. - Let's Talk eBay (Smith)

Classes are free, but donations to pay for a wireless hotspot and printing materials are welcome.

For eBay information, contact Maxine Smith [maxla@aol.com](mailto:maxla@aol.com); for Facebook information contact Miryam Fernandez, 884-7460; for computer information, contact Jeff Sacks (714) 642-0122.

To suggest questions for Q & A, or to join the email list, email to [jfsacks@gmail.com](mailto:jfsacks@gmail.com).

**COMMUNITY**

**Bingo played Sundays, CH 2**

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in

Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

On Feb. 24 the games will be hosted by the American Legion.

The New York Club hosts the first Sunday of the month; Gadabouts, second Sunday; St. Therese of Holy Family Parish, third Sunday; and the American Legion, the fourth and fifth Sundays.

**CHESS**

From page 20

...

**Solution to this week's puzzle** Bc6. The white Bishop moves from a4 to c6. Any answer by black, the white's next move is check mate.

**SEAL BEACH**

**Women's Club escorting trip to Laughlin, April 24**

The Women's Club of Seal Beach meets on the third Wednesday of the month at the Mary Wilson Library and plans several fund-raising event throughout the year to support many local students, city events and other non-profit organizations.

The next fund-raising event is the annual bus trip to Laughlin, Nevada, April 22-24. The price is \$150 for singles and \$115 per person, double occupancy. The fee includes round trip bus fare, a room for two nights at the Edgewater Hotel, snacks and entertainment on the bus and two free meals at the hotel.

Reservations and additional information are available at 434-7113 and 596-0968.

Additional club information is available on its website: [womensclubofsealbeach.org](http://womensclubofsealbeach.org).

Other major events scheduled this year are the Spring Tea in May at the Community Center

**LAUGHLIN, page 26**



GAF board member Lillian Kennedy sings up Joanne Van Der Hayden for the Ralph's Reward program at the Hospitality Center.

**GAF**

**Sign up for Ralph's Reward program**

The Hospitality Center is hub of active shareholders to meet friends, neighbors and take a break from daily activities. Bikers, walkers, hikers, beach walkers and new shareholders are among those who frequent the center.

Joanne Van Der Hayden doesn't live in LW yet. She is a second generation shareholder, who inherited from her mother and is preparing to move into Mutual 12, soon. She reads the LW Weekly to find out what's happening in this community and spotted the Ralph's Reward program. Last week she found Lillian Kennedy and signed up to have a percentage of her purchases at Ralph's donated to the Golden Age Foundation.

Kennedy, a GAF Board member, can be found in the Hospitality

**RALPH'S, page 26**

*Professional Services*

Room additions  
Remodeling  
Skylights  
Kitchens  
Bathrooms  
Countertops  
Storage closets  
Washer/Dryer  
FREE ESTIMATES  
LW REFERENCES

**John M. Berqkvist**  
GENERAL BUILDING CONTRACTOR  
State Lic. #638079  
**562 - 433-3052**

**DEBRA HALVARSON GROH**  
**ATTORNEY AT LAW**  
Complimentary Initial Phone Consultation

- LIVING TRUSTS & WILLS
- PROBATE, TRUST ADMINISTRATION
- LONG TERM CARE & MEDI-CAL PLANNING
- PAST PRESIDENT O.C. BAR ELDER LAW SECTION
- NATIONAL ACADEMY OF ELDER LAW-MEMBER

3030 OLD RANCH PARKWAY, SUITE 160 SEAL BEACH  
**714-625-4000**

**WINDOW · DOOR · SKYLIGHT**

**LW Resident providing personal service at the lowest price.**

**SWENMAN CO.**

We Accept Credit Cards **562- 430-2265**  
St. Lic. 413207 · Seal Beach Swe001

**Advertise here for \$30 per week**  
10 consecutive weeks, minimum  
**Call 430-0534**

**Joyful Care**  
Care Giving Services

- ☀ Assist in Medication
- ☀ Personal Service
- ☀ Meal Preparation
- ☀ Light Housekeeping
- ☀ Driving

**562-402-1890**

**Budget Blinds**  
The Best in Custom Blinds and Window Coverings

**iD** INSPIRED DRAPES  
**BB** COMMERCIAL SOLUTIONS

**20% off**  
All window coverings except shutters  
An Independently Owned & Operated Franchise

**CINDY BRUNNER**  
Owner / Design Consultant

BUDGET BLINDS OF HUNTINGTON BEACH NORTH  
office: 714.840.8540  
cell: 714.658.1813  
fax: 714.242.1866

FREE in-home/office consultation  
cbrunner@budgetblinds.com  
www.budgetblinds.com/HuntingtonBeachNorth  
Certified Norman Dealer

**Convert Your Tub to E/Z ACCESS**  
Or Raise Your Seat  
Approx. 7 inches  
For Added Safety

**Nu-Kote**  
State Lic. #699080  
**562-833-3911**

**Martin**  
**MP CONSTRUCTION**

[mp.construction2@aol.com](mailto:mp.construction2@aol.com)  
**562-746-5400**  
Lic.# 954725

**THOMSON**  
Your Trusted  
Leisure World  
Heating & Air Specialists  
for over 15 years  
Quality • Integrity • Cleanliness  
Call for a Free consultation

**DAIKIN**  
**562-201-3014**



# Professional Services

Room Additions / All Improvements



**J.C. KRESS**  
CONSTRUCTION  
Lic. 525989

OUR 27th YEAR

Family Owned & Operated  
LW References Available

**714-282-0559**



**LIVING TRUSTS  
ESTATE PLANNING  
PROBATE  
CONSERVATORSHIPS**

House Calls - Free Consultation  
**(562) 280-0999**

**James E. Foden, Attorney at Law**

**Income Tax**

- Financial Planning and Bill Paying
- Trust Administration



**(562) 594-9729**

Leisure World Shopping Center  
13924 Seal Beach Boulevard, Suite C  
\*\*Same location since 1979\*\*



- Dry in 1 hour
- All natural products
- Carpet, rug and upholstery cleaning
- Call about our specials!

**562-426-6174**



**LOS AL BUILDERS**  
**(714) 522-3437**

Experience Our Experience  
Remodeling Leisure World For Over 30 Years

Carlos Ayala  
www.LosAlBuilders.com

St. Lic. # 727986



**SeaBrite Cleaning**

Call or text: **(949) 916-8209**

- Carpet
- Windows
- Tile & Grout
- Upholstery

Leisure World Special Offer

Carpet Cleaning  
Living Room + 1 Bedroom \$75  
Living Room + 2 Bedrooms \$99

Window Cleaning  
Windows+Sliding Doors \$60



**Alpha Master Builders Inc.**  
BUILDING RELATIONSHIPS THROUGH QUALITY AND INTEGRITY

For all of your home remodeling needs.

**(562) 208-5526**  
thedreamkitchen4u@gmail.com

#B921621



**Bright Watch Caregivers**  
Home is where your story begins

- Alzheimer's & Dementia
- Parkinson's & stroke
- Hospice & Respite Care
- Post Surgery Care
- Bathing
- Incontinence Care
- Laundry & Linen Change
- Meal Preparation
- Medication Reminders
- House Maintenance
- Shopping & Errands
- Transportation

**714 841-2273 877 957-3566**  
care

www.brightwatchcaregivers.com  
because home is where your story begins



**DB Handyman**

- Painting
- Carpentry
- Plumbing upgrades
- Senior Living Modifications
- Carpet Cleaning
- Haul-away
- 21 Years Serving LW

**562-841-3787**  
SB Lic # BRA0002



**LW MOVERS**  
West Coast Relocation

Local & Long Distance Moves, Packing Services  
Storage & Small Moves

**\$50 Off**  
Moving Costs

**562-537-0312**  
FREE insurance with every move  
www.westcoastrelo.com Lic. # 191386

In-home care for a better quality of life.



**Right at Home**  
In Home Care & Assistance

562.653.4480 | www.rahwestoc.com



**Konrad Construction**

- Kitchens
- Bathrooms
- Room Additions
- Flooring
- General Contractor
- Counter Tops
- Home Remodel
- Patio Enclosures

Lic.945818 Call for **FREE** Estimates  
kkonstruction@gmail.com **562-715-3821**

Our staff are experienced, professional, caring and ready to meet your needs.



**A Better Solution**  
In Home Care™  
Quality Care You Can Trust

Available 24 Hours Per Day, 7 Days Per Week  
(714) 964 3834 | www.absihc.com/coastalorangepcounty



**SRT Building And Renovation Inc.**

- Room additions, patio enclosures
- Full interior and exterior renovation
- Kitchen and Bathroom Renovation
- No job is to small or big we treat them the same
- Free Estimates
- Family own and operated Business
- Our work speaks for itself

www.srtbuilding.com Lic. #1018885  
**Call 310 - 935 - 3276**

**Advertise here for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**Alpine Heating & Air Conditioning**

Specializing in Serving Leisure World Residents

We service & install  **MITSUBISHI HEAT PUMPS**

Free Installation Estimates  
Sales • Repair • Installation

Lowest Prices In Town  
All Work Guaranteed

**714-901-0552**  
Cal. St. Lic. # 719734

Serving Leisure World since 1989



**COAST FACTORY BLINDS**

Residential Custom Design Installation  
Free Installation • Free Estimates  
Vertical Blinds, Cell Shades  
2" Blinds & Shutters Lic. #660872  
**562 493-4228**

20% off\*  
**Patio Sun Shades**  
Expires 2/28/19

FREE Measure & Quote

**LIVING TRUSTS**

**\$499<sup>00</sup> SINGLE** **\$699<sup>00</sup> MARRIED**

First Time Clients. Simple Estates.  
**Living Trust & Pour-Over Will**  
**Home Transferred to Trust**  
**Power of Attorney Documents**

**OTHER SERVICES**  
+ Probate Administration  
+ Trust Modification  
+ Small Estate Affidavits  
+ Legal Name Changes

**Service Includes:**  
• Two visits w/Attorney



• **FLAT RATES**  
• **AFFORDABLE FEES**  
Web site: www.amstrustlaw.com

**10 Minutes from Leisure World**

**[714]899-9671**  
Initial consultation free to establish a trust.  
**Law Offices of Allan M. Soto, Inc.**  
7960 W. McFadden Ave. • Westminster, CA 92683



# Professional Services

**HunterDouglas Gallery**  
**BLINDS, SHADES & SHUTTERS**  
 By Aegean  
**FREE In-Home Consultation**  
**(562) 430-2969**  
 3782 Cerritos Ave, Los Alamitos

**Custom Carpentry by John Mercurio**  
 Serving Leisure World Exclusively  
 for Over 25 Years  
 Specializing in:  
 • Wardrobe Closets • Pull-out Drawers  
 • Extra Cabinets in Kitchens & Bathrooms  
 • Office Furniture & Desks  
 • Bookcases and More  
 Call (562) 598-4552 or (949) 378-0616  
 or go online at [customsbyJohn.com](http://customsbyJohn.com)



**G.L. Gunderson**  
 CARPETS & INTERIORS  
  
 • CARPET  
 • LAMINATE  
 • ENGINEERED HARDWOOD  
 • VINYL WOOD PLANK (waterproof)  
 • NO WAX VINYL FLOORS  
 • WOOD BLINDS (verticles)  
 GGunderson1@verizon.net  
**(562)434-3775** Lic. #629553

**H&R BLOCK**  
 Experience our Expertise  
**PAUL A. FAULKNER**  
 Seal Beach Village  
 13932 Seal Beach Blvd  
 Seal Beach, CA 90740  
 Office: 562.626.0032 Fax: 562.596.4598  
 AVAILABLE YEAR-ROUND BY APPOINTMENT  
[HRBLOCK.COM](http://HRBLOCK.COM)

**Grasp, LLC**  
 Technology Services  
  
**Grasp TV**  
 Television Services  
 Mounting, Set-up, Troubleshoot  
 Cable Alternatives,  
 Entertainment systems  
**(714) 263-6240**  
 David Wooten  
[GraspTV.Service@gmail.com](mailto:GraspTV.Service@gmail.com)

**Are you Frustrated With Your Computer?**  
 PC, MAC, Cell Phone, Tablet, TV or Stereo  
 I will come to you.  
 Call Me... Let me help you.  
**Tina Schaffer**  
**(562) 755-6199**  
 Serving residents for 9 years  


**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**

**DALY MOVERS INC.**  
**(800) 395-6683 • (714) 538-2831**  
 Packing / Moving / Storage  
  
**Renay George** Customer Service  
 10612 Stanford Ave. Garden Grove, CA 92840  
[www.dalymovers.com](http://www.dalymovers.com)

**WATCH & JEWELRY REPAIR**  
 Remote Control Car Batteries \$15-\$20  
 ROLEX INDEPENDENT SERVICE  
**CLOCK REPAIRS**  
 Watch Batteries \$10<sup>00</sup> Most watches  
**FREE Pick-up & Delivery** SAVE this coupon  
**Fanny & Luis (LW residents) 562-799-9934**

**Ken Peters Insurance Agency, Inc.**  
  
 the closest State Farm agency to Leisure World, has more than 30 years of experience meeting the insurance needs of the LW community.  
 2904 Westminister Avenue  
 Seal Beach, CA 90740  
 Across the street from LW's south wall, next to Del Taco  
**562-431-3933**  
[www.kennithpeters.com](http://www.kennithpeters.com)  
 Lic.# OD15185  
  
 Candice Cox, Ken Peters

**SYD'S YUMMY STUFF**  
 Chef and Owner Sydney Berman  
**Dinner Delivery Services**  
 All Specialty Diets Welcome  
 Call or Email us for Monthly Menu Details  
 100% Natural 100% Made With Love 100% Preservative Free  
[www.sydsyumystuff.com](http://www.sydsyumystuff.com) (562) 716-4798 Sydsyumystuff@yahoo.com  
 Find Us on: Facebook, Instagram and Yelp

**Ben Choi 최충락** Realtor®  
 DRE#: 01856892  
 [c] 562.900.2993  
 [e] [cnbchoi@hotmail.com](mailto:cnbchoi@hotmail.com)  
**Danny Choi** Realtor® Associate Broker  
 DRE#: 01091562  
 [c] 213.820.4933  
 [e] [dannychoire@gmail.com](mailto:dannychoire@gmail.com)  
 From Listings to Purchases  
 Your Real Estate Partners.  
 Mutual 5 Resident  
  
 I'm the son  
 9901 Irvine Center Dr., Irvine, CA 92618

**SAS Shoes**  
  
 Made in USA Authorized Dealer  
**562-860-4634**  
 11815 E. South St.  
 Cerritos, CA 90703  
**714-530-2300**  
 9918 Garden Grove Blvd  
 Garden Grove, CA 92844  
**Sales for LW Residents**  
**FREE Delivery with purchase of 2 or more pairs of shoes**

**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**

**Kang's Construction INC.**  
 • Home Remodeling  
 • Room Additions  
 • General Carpentry  
 • FREE ESTIMATES  
 • Licensed & Insured  
**562-965-5524**  
**562-804-5087 Fax**  
 Lic. 997910  
 John Kang Contractor  
**No Job too Small**

**Unity First Hospice Care, Inc.**  
 Our mission: Improve quality of life and provide comfort and pain management dignity for the people with life-limited illnesses requiring special care.  
**Our Medical Director is on staff at Cedars Sinai Hospital**  
 We Provide: In Home Physicians, Podiatrists, Nursing, Home Health Aids, Activity Specialists for Dementia, In Home Labs, X-Ray and Ultrasound  
 As Needed  
 24/7 Pharmacy with free delivery  
**Respite, Hospice and Palliative care provided**  
**JUST A PHONE CALL AWAY FROM CARE**  
**323-274-4007**  
[www.UnityFirstHospice.com](http://www.UnityFirstHospice.com)  
 24 Hours 7 Days a week

**GRECO CONSTRUCTION**  
 • ROOM ADDITIONS  
 • KITCHEN & BATH REMODEL  
 • PAINTING • TILE  
 • WASHER/DRYER  
 • BLOCK REMOVAL & STUCCO  
 • CONCRETE SLAB PATIOS  
  
**GRF Approved Contractor**  
**Excellent LW Referrals**  
**714-330-3523**  
 LIC # 992336 grecodesigndev@gmail.com

**GREENWOOD HEATING & AIR INC.**  
[www.GreenwoodHeatandAir.com](http://www.GreenwoodHeatandAir.com)  
**Sales – Service – Repair**  
 “Your Leisure World Specialists”  
  
**\$150<sup>00</sup> off**  
 New Heat Pump or Air Conditioner  
 FUJITSU  
 THE POSSIBILITIES ARE INFINITE  
 All makes and models of Heat Pumps  
**714-821-7070**  
 Lic. # 945655



**MAUI**

From page 19

rustic pavilion, outdoors in a covered, open-air lanai. There is only one dinner seating, 6 p.m. Seating is communal, offering diners the opportunity to connect with fellow food and drink enthusiasts.

Maui Chef's Table serves a multi-course menu of dishes inspired by the chefs' personal stories and told through Maui's seasonal ingredients. High-quality ingredients paired with creative minds and innovative techniques result in a unique culinary experience.

Throughout the evening the chefs and host tell about the courses, share stories about the farms, and charm the diners with tips and anecdotes. As the evening proceeds, the open-air room soon resembles a dinner party among good friends.

There were eight rustic farm tables seating six to eight guests. All the tables had eight guests when Anna and Michael attended, making it a big party with 64 guests.

The beauty of the Maui Chef's Table is meeting all kinds of people at same table and spending over three hours sharing stories while visiting the beautiful island.

There were young and old, a well-mixed group of guests that evening. At one point Anna thought that they may be the oldest guests.

Michael and Anna enjoyed meeting David and Karen from Washington, D.C.; newlyweds Devon and Garena from Santa Barbara; and die-hard retired golfers, Don and Cindy from Texas who they ran into at Kapalua Golf Course the previous week.

Guests are encouraged to leave their seats and visit the "Chef's Table" to ask questions, take pictures and get to know the chefs. The kitchen is right there.

The cost for the Maui Chef's Table is \$150 per guest and includes the food for that evening (no substitutions), a pour of sparkling wine, bread service, complimentary coffee with dessert and gratuity. Wine, beer and handcrafted cocktails are available for purchase during service.

The dress code is casual, a sweater or light jacket is recommended because Waikapu can be cool in the evening.

**GRF RECREATION**

**Purchase tickets for Stars on Ice**

The GRF Recreation Department will escort a trip to see the 2019 Stars on Ice Tour on Saturday, May 11, at 7:30 p.m. at the Honda Center. The cost is \$40 per person, including transportation. Accessible seating may be available upon request.

The best of American figure skating past, present and future will shine in the all-new show featuring 2018 World Champion Nathan Chen, and Olympic medalists Maia and Alex Shibutani, Ashley Wagner, Jason Brown, Mirai Nagasu, Jeremy Abbott and Bradie Tennell. They will be joined by Olympic Gold Medalists Meryl Davis and Charlie White, World Silver Medalists Madison Hubbell and Zach Donohue and United States Silver Medalist Vincent Zhou in a red, white and blue celebration on ice.

Make reservations by emailing [events@lwsb.com](mailto:events@lwsb.com), in person at the Recreation Office in Building 5, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member.



The Recreation Department has reserved seats for the Ducks game in the lower bowl, behind the goal.

**DUCKS**

From page 19

Arena Management, LLC. In 2006, the official name of the arena changed to Honda Center, along with the team to Anaheim Ducks.

Debuting in fall of 2015 was a brand-new scoreboard measuring 27 feet tall and 47 feet 10 inches wide. The six-millimeter diode equipped hardware features 1248 x 2208 lines of resolution, the clearest and highest definition picture available in any North American venue.

**Key West bans certain sunscreens**

Key West city officials approved an ordinance banning the sale or distribution of any sunscreen product containing two chemicals that studies have found to negatively impact coral and marine organisms, oxybenzone and/or octinoxate.

Various studies indicate the two chemicals can increase coral bleaching, cause mortality in developing coral and cause genetic damage to corals and other marine organisms.

Key West and the Florida Keys island chain are paralleled by the continental United States' only living coral barrier reef, lying within the Florida Keys National Marine Sanctuary.

Ban will take effect in January 2021.

**RALPH'S**

From page 23

Center on Tuesdays from 9:30-11 a.m signing up shareholders for the program. Tuesday sign-ups will continue through 2019. The GAF goal is to reach 500 participants. Currently 244

shareholders participate in the program.

GAF is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach community a better and happier place in which to live.

**LAUGHLIN**

From page 23

**FALW**

From page 17

Ed Querubin had a royal dance.

The Suede Sole Dance Group performed a couple of dances choreographed by Pat Erickson and Tommy Williams sang a couple of songs.

It was a celebration to be remembered for a long time.

The FALW's next fundraising event will be an Anniversary-Luau Dinner-Dance on Saturday,

and the plant sale during the Seal Beach Arts and Crafts Fair in September. This is the club's 95th year of community service.

The WCSB is committed to supporting and promoting the educational, civic and charitable advancement of the community through volunteer service and fundraising activities while encouraging friendship among its members.

Persons interested in joining the WCSB may contact Judy O'Neill, 598-0718.

**Classifieds**

**ANNOUNCEMENTS PERSONAL**

**SHAKLEE** delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 02/14/19

**GENERAL**

**AVON**

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 06/13

Personal Income Tax (개인세금보고) Tony B Jin (진봉진) Enrolled Agent to practice before the IRS. C. (847) 421-0204 Leave the text messages.

SBLW Resident (Home Office). Retired CPA. 04/11

**GARDENING**

**FRANK'S GARDENING SERVICE**

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172. 02/28/19

**HANDYMAN SERVICES**

Handyman Rick - Assembly/Installation TV wall mounts, carpentry, painting. Messages (562) 598-1000. Seal Beach Business License #RIL0001 03/21/19

**MP CONSTRUCTION**  
General Contractor  
Specializing in remodeling, Additions, Reconstruction, Window replacement and more!  
Call for a free estimate.  
**562-746-5400.**  
License #954725. 08/29/19

**LW DECOR INC.**  
**562-596-0559**  
Sound proof walls. Triple pane windows. Ceiling made smooth. Recessed lights, tile, laminate installation, crown molding, window frames painted whited.  
Lic. #723262. 02/07  
**LW DECOR INC.**  
**562-596-0559**

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. 04/11

**FLOOR COVERINGS**

**562-596-0559**  
**LW DECOR INC.**  
Tile, laminate, vinyl plank, patio carpet. 40 ears in Leisure World. Contractor License 723262. 04/11  
**562-596-0559**  
**LW DECOR INC.**

**CARPET & UPHOLSTERY CLEANING & REPAIR**

CARPET CLEANING SPECIALS!!!!!! DEALS!!!! Carpet cleaning \$33 per room minimum 2 rooms. Upholstery/Tile & Grout, and much more cleaning. Tito 562-658-9841. 02/21

**Need Help?**  
**See Classifieds**

**Puzzle Answers**

Puzzle page 22

**SCRABBLE GRAMS SOLUTION**

F <sub>4</sub>	A <sub>1</sub>	R <sub>1</sub>	S <sub>1</sub>	I <sub>1</sub>	D <sub>2</sub>	E <sub>1</sub>	RACK 1 =	<b>61</b>
S <sub>1</sub>	N <sub>1</sub>	A <sub>1</sub>	K <sub>5</sub>	I <sub>1</sub>	S <sub>1</sub>	H <sub>4</sub>	RACK 2 =	<b>78</b>
H <sub>4</sub>	A <sub>1</sub>	R <sub>1</sub>	D <sub>2</sub>	T <sub>1</sub>	O <sub>1</sub>	P <sub>3</sub>	RACK 3 =	<b>71</b>
R <sub>1</sub>	E <sub>1</sub>	M <sub>3</sub>	N <sub>1</sub>	A <sub>1</sub>	N <sub>1</sub>	T <sub>1</sub>	RACK 4 =	<b>59</b>
U <sub>1</sub>	N <sub>1</sub>	L <sub>1</sub>	A <sub>1</sub>	D <sub>2</sub>	E <sub>1</sub>	N <sub>1</sub>	RACK 5 =	<b>58</b>
<b>PAR SCORE 260-270</b>							<b>TOTAL</b>	<b>327</b>

**Crossword Answers**

L	A	S	C	A	R		R	E	P	E	A	T		E	A	T	O	N			
A	R	I	A	N	E		S	I	L	E	N	C	E		I	N	V	O	K	E	
C	A	N	D	Y	S		I	M	P	L	Y	T	U	R	N	S	T	O	F	A	T
Y	E	S	H	I	V	A		T	I	T		U	R	A	N	U	S				
W	I	D	O	W	S		P	H	O	N	E		C	L	E		D	E	S	K	
O	N	U	S				B	R	E	W		S	H	E	L		E	T	U	I	
R	O	S	E	S	D	I	E	A	N	D	T	H	A	T	I	S	T	H	A	T	
T	N	T		A	W	R	Y		E	R	I	N	S		H	E	A	V	E		
H	A	S	S	L	E	D		M	A	C	I	N	G		T	A	N	N	E	D	
D	E	S	E	R	T		A	N	T	H	E	R		I	N	T	E	R	I	M	
A	L	L	A	N		A	R	T	O					S	T	A	R		O	N	E
D	I	A	M	O	N	D	S	I	F	I	M	N	O	T	M	I	S	L	E	D	
D	A	V	E		O	D	A	S		E	A	S	Y		P	E	R	I			
Y	S	E	R		D	E	L		A	S	A	N	A		S	H	A	S	T	A	
D	E	R	T	O		X	I	I		A	I	R	P	O	R	T					
D	O	N	O	T	F	A	T	T	E	N	O	R	D	R	O	P	D	E	A	D	
U	N	I	C	E	F		I	O	N	E	S	C	O		K	E	E	P	T	O	
C	E	D	A	R		E	L	I	S	S	A		E	N	R	O	S	E			

**Sudoku Answers**

7	8	4	9	6	3	1	2	5
6	2	1	8	4	5	9	3	7
9	3	5	1	2	7	6	4	8
3	5	7	4	9	8	2	6	1
1	9	2	5	7	6	3	8	4
8	4	6	2	3	1	7	5	9
2	7	9	6	5	4	8	1	3
4	6	8	3	1	9	5	7	2
5	1	3	7	8	2	4	9	6

The Basic Rules of Sudoku:  
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

**Jumble Answers**

Jumbles: DIZZY NOTCH HIGHER GARBLE  
 Answer: The keyboard player at the church was — ORGAN-IZED



# Classifieds

## PAINTING

**Bel-Rich Painting** - Free estimates, small/large jobs, entry doors, skylight wells. Contractor's License #705131. 714-220-9702. 03/28

### LADY PAINTER

Cindy Beateay 714-356-1539. Interior paint and specialty finishes, cabinets, murals and more.  
Lic. #1033927. 03/21

**Painting** - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call **Jerry (714) 826-8636**. CA State License #675336. 03/14

562-596-0559

### LW DECOR INC.

Premium paints, primer all wood. 40 years in LW. Contr. license #723262. 04/11  
**LW DECOR INC.**  
562-596-0559

## SCREEN SALES, SERVICE & INSTALLATION

### PROFESSIONAL MOBILE SCREEN SERVICE

New screens, re-screening, screen doors, retractable screens, new and repair. Call today. (562) 493-8720. Since 1988. State Contractors Lic. #578194.

## SKYLIGHTS

CLEAN, REPAIR, REPLACE.

Ted and Jeri Nowell,  
"The Handy Couple"

LW residents. Licensed and insured. (562) 430-1104.

Seal Beach License #NOW0001

## WINDOW COVERINGS

### LW DECOR INC.

Blinds, shutters, shades, 40 years serving Leisure World. Contractor's License #723262. 04/11

### LW DECOR INC.

562-596-0559

## LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, 562-221-5903, 562-596-1741.

### "ROLLIN THUNDER" GOLF CART CLUB

Offers FREE inspections and advice on buying and repairs of your golf cart. 562-431-6859.

Let's raise your ears - I'll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

No LW Weekly paper by 10 a.m.?

Call (562) 430-0534

Before 10 A.M.

State Mutual

& Apt. Number

## BEAUTY SERVICES

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341 License #KC75538. 03/14

Hair stylist, 35 years experience at ABC Extension Salon. Roller set, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. 10/03/19

### Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 07/11

**Yvonne with 25 years experience**, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 03/07

## HELP WANTED

### LEGAL SECRETARY RETIRED

Semi-retired lawyer, LW resident, looking for a legal secretary few hours a week. Knowledge of Computers and Microsoft Word is important. If you know Quickbooks, that would be a plus, but not a requirement. 528west@gmail.com or (562) 357-4770. 02/21

## HOME CARE PERSONAL ASSISTANT

**MOST AFFORDABLE RATE**  
Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 06/20/19

**Maria's** experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006. 07/25

### CHRISTIAN HOME CARE

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured. 10/17/19

### Just Like Your Daughter

Personal Assistant/  
**Girl Friday**

Available for:  
errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay  
All with compassion and care.

**Just Like Your Daughter**  
Call **Janice, 714-313-4450**  
SB Lic. #JUS0006/Bonded. 02/28

**EXPERIENCED CAREGIVER**  
**Over 20 years in Leisure World** with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895**. Seal Beach License PAN0003 04/11

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 02/21

Need personal assistant? Female. Call Liz: 562-375-5939. 03/14

## Need Caring Caregiver?

Live-in or live-out. Meal preparation, baths, shopping, laundry, doctors. Pierre's Caring Heart 714-337-6152. Seal Beach Business License RAZ0002. 02/21

## HOUSE CLEANING

**MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093**  
**Over 30 years Experience!**  
**Seal Beach Business License #AB0001.** 04/25

Patricia Housecleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001. 02/28

### ELLY'S CLEANING SERVICE

Weekly, bi-weekly service. Excellent referral in Leisure World. Nearly 20 years experience. Seal Beach Business License BEN0001. Call Elly at (714) 476-2100. 04/11

### MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days - call anytime! Complete cleaning. Seal Beach Business License & M0001a. Call 562-505-1613. 04/25

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Call Gloria 949-371-7425. 02/21

### GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning  
General housecleaning  
Excellent referrals in LW (562) 307-3861.  
20 years experience.  
Seal Beach Business License gra0006. 04/18

## COMPUTERS

### FRUSTRATED (562) 755-6199

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

### COMPUTER REPAIR 562-733-9193

Virus removal. Expert in all computer systems. John Fuhrer, LW Resident. Seal Beach License FUH0001. 03/14

### COMPUTER REPAIR/CUSTOM BUILD SPECIALIST

Fix, build and maintaining computers for over 15 years. Great prices cheaper than big box stores. Call for details: 562-208-6120. 02/28

## ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Heavy duty electric power chair smoothest drive possible idea for navigating small obstacles \$500.00, like new. Large lazy-boy electric lift chair \$400 call 714-943-1818 for more information.

Golf Carts, Sales, Parts, Service (714) 292-9124. 2/21/19

Clubcar Golf cart. Full metal enclosure w/locking doors. New motor - 1 yr. old. \$2,300. 562-565-3683.

Golf cart for sale - 2007 EZ Go fully enclosed, very good condition. Call 310-989-5004.

## PET SERVICES

In-home groomer for cats & small dogs. Bathing, nail clipping. Karen 562-433-4887, 562-544-9555. SB License #JEN0006. 02/21

## TRANSPORTATION

Need a lift? Pam Miller. LW Resident. 310-227-1258. 03/07

Personal driver. LW resident. Goes to airports, doctor's offices, stores, etc. for shopping or doctor's appointment. Drives by Gary. 714-658-9457. 02/28

Need help on transportation for errands & personal assistant? Male/female. Please call: Liza 323-445-4937. 03/14

## AUTOS/BOATS/RV'S TRAILERS WANTED

### ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 05/02

## AUTOS/BOATS/RV'S TRAILERS FOR SALE

### ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 03/07

## MOVING, HAULING & STORAGE SERVICES

### A FRIEND AND A TRUCK

Your moving service, any size job. Call 310-387-2618. Business License RO263644. 03/14

### J&D HAUL AWAY AND CLEAN-UP SERVICE

No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787. 02/21

## MISCELLANEOUS FOR SALE

Sleep number double bed. Original cost \$4,000. Excellent condition. \$700 OBO. 951-505-6586. 02/21

Ensure Plus - 3 cases, 24 count 8 oz. \$100. Aluminum shower, transpherable chair with bridge \$2,000. 2 cases M men's underpants \$45. 1 case M men's tabs \$20. 1 hospital bed with remote + Genesis pressure pump air pad \$350. 1 case bed pads (disposable) \$30, 14 bed pads (used) almost new \$40. 02/21

Six piece queen bedroom set. Includes sleigh bed, 2 night stands, dresser & mirror and armouire. Call 562-843-6963. 02/21

Paradigm Quality Waterproff Vinyl Flooring. 600 sf to be removed. Two months old. Best offer 562-596-2811. 02/21

## LW Weekly

Want to Place an ad or Renew your current one?

Call (562) 430-0534 or send an e-mail to [katyal@lwsb.com](mailto:katyal@lwsb.com)

## L.W. UNITS FOR SALE

Mutual 4-1320 Knollwood #42L \$429,500. Gorgeous completely remodeled 2 br 1.5 ba corner unit. Kim Yang. bre01087301 (714) 473-0777. 02/21

For sale - Mutual 11, Unit 265-D (One of the best in all Leisure World). Completely remodeled, "has everythign you want", 2 bedroom (expanded), 2 bath. Shown by appointment only. Call (562) 760-5668. 02/21

Classified deadline is 2:00 p.m., Monday, for Thursday's publication

## LW Weekly

accepts Credit Cards for Classified ads.

Call (562) 430-0534

Security (562) 594-4754

LW Weekly (562) 430-0534

## LW Weekly

Read the paper online! [www.lwsb.com/newspaper](http://www.lwsb.com/newspaper)

No LW Weekly Paper By 9:00 a.m.?

Call LW Weekly (562) 430-0534

Before 10 a.m., State Your Mutual and apt. number



**Erika Shapiro**  
BRE # 01448494

Resales Specialist  
Mut. 17 Resident

**Traveling Notary**  
**562-208-5223**

**Fully Expanded Corner**  
2-BDR, 1-1/2-bath on pretty green. Granite counters, engineered wood floors, maple cabinets, washer/dryer, central A/C heat.  
**Mutual 12, 59F \$395,000**

**Basic, Fixer Corner**  
Great Greenbelt A/C, cut-down shower,  
**Mutual 9, 219F \$190,000**

**2 BDR/ 2 Bath, Drive-up**  
A/C Heat Pump, New kitchen, Granite Counters and more  
**Mutual 15, 1G \$285,000**

**Basic 1 BDR, Move-in Ready**  
Pretty greenbelt view. New paint, Newer laminate flooring, A/C heat pump. Walk to churches.  
**Mutual 1, 63B \$152,500**

**Basic Corner, Enclosed Patio.**  
A/C Heat Pump, Great location, needs a little TLC  
**Mutual 9, 225F \$225,000**

**Basic 2 BDR/ 1 Bath**  
screened in porch, skylights, all new windows  
**Mutual 5, 103K \$235,000**

**Basic 2 BDR/ 1 Bath**  
Fresh paint, new laminate flooring, A/C heat pump, close to parking  
**Mutual 9, 210H \$195,000**

**2 BDR, 1 Bath Fixer.**  
Highside patio enclosure. Drive-up  
**Mutual 11, 284D \$189,000**

**2 BDR, 1-1/2 Bath Corner**  
Fully Expanded on a pretty Greenbelt, Granite Counters, Laminate Floors Central A/C Heat  
**Mutual 12, 64A \$389,000**

**1 BDR - Fully expanded**  
with a pretty greenbelt view, laminate flooring, centrally located  
**Mutual 1, 23D \$179,000**

**1 BDR Basic, Drive-up**  
Move-in ready. Laminate flooring, Plantation shutters, washer/dryer, A/C Heat Pump, Dishwasher, walk-in closet, custom fridge.  
**Mutual 9, 231E \$185,000**

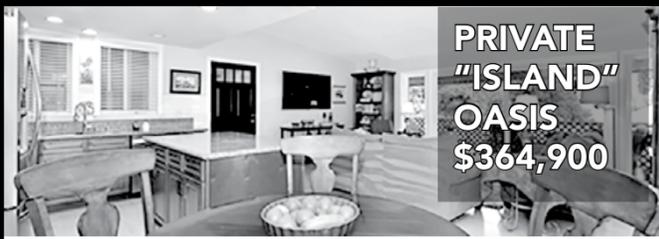
**Best Buy**  
2 BDR, 1 Bath Basic Drive up, facing West. Very Private  
**Mutual 4, 52B \$175,000**

**2019 ESCROWS**  
Mut. 8, 183E \$220,000  
Mut. 17, 93A \$369,000

**I SOLD 26 in 2018**  
**I SOLD 34 in 2017**  
**I SOLD 47 in 2016**  
**I SOLD 36 in 2015**  
**I SOLD 35 in 2014**  
**I SOLD 60 in 2013**  
**I SOLD 42 in 2012**  
**I can sell your's too!**

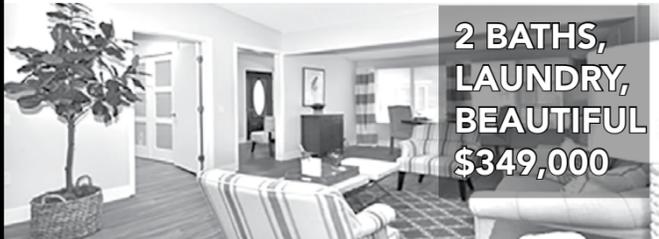
**Service Is My Priority!**  
Call me for a **FREE** market evaluation

**Leisure Living Resales**



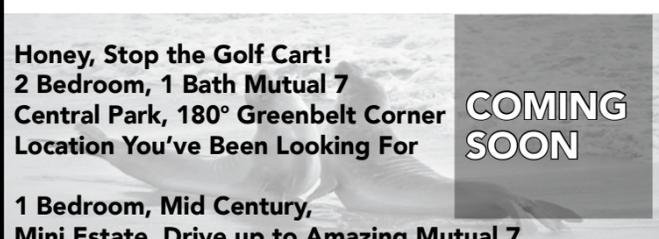
**PRIVATE "ISLAND" OASIS**  
**\$364,900**

**2 bedroom, 2 Bath, Seeing is Believing**  
Fully remodeled, Great Views, Tranquil Setting  
1901 McKinney Way 16Q - Mutual 15



**2 BATHS, LAUNDRY, BEAUTIFUL**  
**\$349,000**

**Remodeled and Stunning**  
Skylights, Storage Room, Zoned AC, NICE ONE  
1321 Prestwick Rd 147E - Mutual 7 **\$349,000**



**Honey, Stop the Golf Cart!**  
**2 Bedroom, 1 Bath Mutual 7**  
**Central Park, 180° Greenbelt Corner**  
**Location You've Been Looking For** **COMING SOON**

**1 Bedroom, Mid Century, Mini Estate, Drive up to Amazing Mutual 7**

- Record Sale Prices
- Minimum Days on Market
- Sound Good? Call Me.

**JOHN WEBSTER 818-398-4124**  
johnwebster@firstteam.com CalBRE# 01976550  
Realtor® Certified Re-Marketing Specialist



**FIRST TEAM REAL ESTATE**



**NO ONE KNOWS LEISURE WORLD LIKE WE DO!**  
**Mr. Hank & Associates are LW Residents**  
**Leisure Living Resales, Inc.**  
13918 Seal Beach Blvd., Seal Beach, CA 90740  
**(562) 493-6601**  
leisurelivingresales.com  
Next to Wells Fargo  
Lic. #636260 \*\*\*OVER 20 YEARS OF DEDICATED SERVICE IN LEISURE WORLD\*\*\*

**Erika:**

- M11, 267H** 1 BDR Partially expanded, Turnkey, \$189,000
- M15, 1G** 2 BDR/2 Bath Downstairs, new kitchen, \$285,000
- M12, 64A** Fully Expand Corner, 1-1/2 bath, move-in ready \$389,000
- M9, 219F** Basic, fixer corner great greenbelt, A/C, cut-down shower, \$190,000
- M9, 210H** Basic 2BDR/1 Bath, \$195,000
- M1, 63B** 1 Bedroom Move-in ready \$152,500
- M11, 284D** - 2-BDR, 1-bath fixer, drive-up \$189,000
- M1, 23D** Fully Expanded 1 Bedroom \$179,000
- M9, 225F** South Facing Corner \$225,000
- M5, 103K** Basic 2 BDR/1Bath, new windows \$235,000

**Joanie:**

- M14, 33B** 2 Bedroom 1 Bath, Partial Expansion, Front Patio, Great Garden, Sunny Location \$224,900
- M10, 241C** Remodeled Kitchen w/Peninsula 2 bed 1 bath Front Porch, Greenbelt \$299,000
- COMING M5** 2 Bedroom 1-1/2 Bathrooms Partial Expansion Light Laminate Flooring Front Porch Lots of Green!
- COMING M6** 2 Bedroom 1 Bath Expanded Unit with side Patio and Great Greenbelt
- M12, 9F** 2 Bedrooms, 2 Full Baths, Fully Expanded Corner, Great Location, \$425,000 - ESCROW

**Helen Blizzard:**

- M5, 124B** 2 BR, 1 bath, loaded with upgrades. Side patio enclosed adds extra room. New heat pump \$238,500
- M6, 144L** 2 bedrooms, 1 bath Expanded corner, drive up Reduced \$279,000
- NEW M9, 237G** 2 BR/ 1-1/2 Bath Expanded Corner. Many upgrades including new laminate flooring, new paint and new washer and dryer. Super Clean \$368,000
- Coming Soon 1 bedroom/1 Bath, Basic, Very Private**

**Hank:**

- Mutual 5, 96G** 1100 sq ft corner. Dining room. Washer/dryer. The view of a lifetime! **Reduced \$15,000**
- Mutual 4, 44G** New Fantastic Corner 1190 Sq. Ft., 3 AC/Heat pumps, Huge Living Area & Greenbelt \$489,000 Now on M.L.S.

**Yong Pyon 변영철**

팔든지, 사든지 항상 믿을 수 있는 변영철



**JOYCE REED**  
Resident Broker  
Notary Available  
**596-8656**

New Listing



**Mutual 1, 54H**  
Beautiful expanded 1-bedroom with many, many extras.



**Mutual 5, 123-F**  
2-bedroom expanded corner, 1-1/2 baths. Freshly painted throughout

**Mutual 7, 152-A \$255,000**  
Partially expanded corner. South facing, top W/D, microwave, nice carpeting, shutters and front parking.

**Unbelievable Real Estate**  
DRE#00460268

**FIRST TEAM REAL ESTATE**



Just Listed! Turnkey two bedroom basic unit, huge front porch, four skylights, laminate flooring, fresh paint, great location with carport right across from unit  
**\$219,000**



1221 Golden Rain Rd. Mutual 3-3H

**\$189,000**

This one bedroom is a true artist's cottage with a very European feel. Open floor plan with French doors to the patio, laminate flooring, quartz counters, copper sink, Glass cook-top and glass back splash, heat pump, two skylights that open, laundry close by and plenty of parking. You will fall in love with unit!

**In Escrow**

Mutual 1-31C...\$189,000

**Coming Soon**

M-6 ...basic remodeled two bedroom  
M-2 ....turnkey two bedroom



**Patti Kilian**  
Resident Real Estate Specialist  
CalBRE# 01993562

**858-242-0922**

Classified deadline is **2:30 p.m. Monday,** for the Thursday publication

If you have not received your copy of LW Weekly by 9 a.m. on any Thursday call **430-0534 ONLY** between 9 and 10 a.m. to have one delivered. Check around thoroughly before calling

**Call Hank**  
**Mutual 14, 18G**

A super fully expanded "corner", washer/dryer Walk to Golf, Drive up Parking, MW/DW, Private office, Bay windows

**Call Erika**  
**Mutual 12, 59F**

**Fully Expanded**  
2-BDR, 1-1/2-bath on pretty green. Granite counters, engineered wood floors, maple cabinets, washer/dryer, central A/C heat. \$395,000

Carl Kennedy  
M14 (661) 810-9410

Young Ro - M7  
(714) 504-2541

Mr. Hank  
(562) 743-8473



# Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605  
rwgraysales@verizon.net  
DRE 01027333

Your Leisure World Sales Team



California Properties



Barbara Diette-Dobias

(562) 754-5628  
barbaradobias@gmail.com  
DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



**Mutual 12-6-G \$329,000**  
REDUCED - Close to downtown. 2-Bedroom, 1-Bath, fully expanded drive-up corner. S/W facing. Light/Bright. Move-in ready.



**Mutual 6-132-F \$269,000**  
PRICED REDUCED - 2 BEDROOM - 1-1/2 BATH south facing corner with an expanded bedroom with a huge walk-in closet and expanded living room. Heat pump, dishwasher.



**Mutual 8-192-B \$156,000**  
Basic one bed, on courtyard. Heat pump and cut-down shower.



**Mutual 12-55-C \$274,900**  
DON'T MISS OUT ON THIS ONE OF A KIND 2-BEDROOM Remodeled kitchen has new cabinets self-closing drawers, built-in recycle/trash bins, new stainless steel appliances, free-standing stove, granite counters with a designer back splash, single sink and large skylight. Bathroom is remodeled with a clear-glass shower, glass vessel sink and new cabinets and extra storage. Hard wood floors throughout. The patio has a tongue and groove ceiling with a finished skylight, tiled floors and large storage closet. Plus heat pump.

These upgrades can't be done at this price today. THIS HOME IS READY TO MOVE-IN AND NOT GO THROUGH A REMODEL.



**Mutual 9-210-G \$496,000**  
GORGEOUS describes this BRAND NEW REMODELED CORNER!! 1100 sq ft of living space, large stone patio on a green with stacked stone walls an exterior of home, 2 bedrooms both with walk-in closets, 2 baths, bay-bowed windows, central heat/air, washer/dryer, granite, laminate wood floors, designer paint, lots of storage ... Ready for you to move in!!



**Mutual 5-98-H \$180,000**  
NEW LISTING ... Gives us a call to see this one bedroom that is lovely and different from the norm - and is more like a studio than a one bed!!! All new paint, new linoleum in the kitchen and bath, freshly cleaned newer carpet, walk-in closet, enclosed patio room with storage, raised wall and dual pane windows, heat-pump, stackable washer/dryer, more!!



**Mutual 6-140-K \$224,900**  
2 Bedroom, 1 Bath Basic. Newer windows and two sliders to the front patio, Heat Pump, Cut Down Shower, white cabinets, Solar Tube in kitchen and Skylight in bathroom and patio, Mirrored Wardrobes, and Laminate floors in bedrooms.



**Mutual 9-218-F \$489,000**  
ELEGANT - ONE OF A KIND Remodel!!! Convenient drive-up with lots of extra parking! You will love the gourmet kitchen - the huge master bedroom with its own private bath area and walk-in closet, the guest bedroom has walk-in closet and a full bath, tile floors thru-out, canned lighting, bay-bowed windows with seats, plantation shutters, central heat/air, washer/dryer, skylights, a unique design that is a MUST SEE!



**Mutual 2-1-B \$233,500**  
Price Reduced Seller Wants It Sold  
Charming 2-bed - 1-bath with expanded living room and bedroom with huge walk-in closet, dual-pane windows, laminate floors, cozy private patio, three skylights and a heat pump. Light bright home ready to move in.



**Mutual 15-23-R \$364,900**  
Upstairs overlooking a green on one side and a tree lined courtyard on the other sits this GORGEOUS remodeled 2 bedroom, 2-bath! Open concept living room, dining room and kitchen with W/D, central/heat-air, dual-paned windows/sliders, beautiful floors, marble counters, stainless steel appliances, clear glass shower enclosure, more.



Jim Duncan  
Broker/Manager



Susie Allen



Barbara Diette-Dobias



Robin Gray



Kathy Gupton



Gloria Hadley



Edwina DiMario



Vickie Van Ert



Mary Chittick



Diana Flores

(562) 594-0515

1900 St. Andrews Dr., Suite C  
Seal Beach, CA 90740

Agents Wanted

BERKSHIRE HATHAWAY  
HomeServices  
California Properties  
BRE 00338699

### Two-Bedrooms

- Mutual 3 6B \$199,000 Fully expanded, tile flooring, skylights, flooring allowance
- Mutual 6 140K \$224,500 Newer windows, lam. flooring, tile kit. and bath, solar
- Mutual 2 63D \$229,000 Tile flooring, double pane windows, new paint
- Mutual 2 26I \$229,000 Tiled kit. and bath floors, plantation shutter, skylights, nice
- Mutual 2 1B \$233,500 Partial expan., dual pane, lam. floors
- Mutual 5 107B \$239,900 Highside expan., enclosed patio, engineered wood flooring, skylights
- Mutual 2 38G \$245,000 Corner, drive-up, fixer, won't last
- Mutual 3 15F \$259,500 Corner, high side expansion, drive-up, nice
- Mutual 11 282B \$265,000 Partial expan., lam. floors, tiled entry
- Mutual 6 132F \$269,000 1-1/2 baths, partial expan., lam floors
- Mutual 12 55C \$274,900 Completely remodeled, hardwood floors, granite counters, very nice
- Mutual 3 36A \$325,000 1-1/2 baths, washer/dryer, partial expan
- Mutual 15 3K \$325,000 1-3/4 baths, washer/dryer, granite counters, sharp
- Mutual 15 23L \$329,900 2 baths, washer/dryer, expanded, dual pane windows
- Mutual 3 31A \$335,000 Btfl. greenbelt, partial expan., granite counters, stainless steel appliances
- Mutual 1 37G \$345,000 Full expan., cent. air. newer carpet, greenbelt, dishwasher
- Mutual 9 236G \$345,000 Full expan., corner, remodel. kit. & bath, greenbelt
- Mutual 9 215L \$349,000 1-1/2 baths, corner, dual pane, custom wood cab. wood flooring
- Mutual 15 23R \$364,900 Washer/dryer, cent. air, btfl. remodel.
- Mutual 6 128G \$375,000 Washer/dryer, dual pane, bay window, Corian counters
- Mutual 15 32J \$398,000 2 baths, washer/dryer, laminate floors

- Mutual 8 189F \$399,000 Btfl. remodel. corner, 1 1/2 baths, washer/dryer, greenbelt
- Mutual 5 101A \$420,000 1-1/2 baths, washer/dryer, corner, great unit
- Mutual 15 28G \$425,000 Atrium, 2 baths, cent. air, remodeled
- Mutual 9 226L \$447,000 Great greenbelt, remodeled, washer/dryer, move-in-condition
- Mutual 9 222A \$450,000 New remodel. corner, large custom kit., 2 3/4 baths, washer/dryer
- Mutual 9 210G \$496,000 Gorgeous corner, greenbelt, washer/dryer, 2 baths
- Mutual 9 218F \$489,000 One of a kind, 2 bathrooms, washer/dryer, private location

### One-Bedrooms

- Mutual 1 9D \$157,500 Lam. floors, nice patio, shows well
- Mutual 9 227D \$162,000 Faces west, drive-up, new laminate floors and paint, heat pump, very nice unit
- Mutual 5 93E \$164,888 Newer paint and counters, 2 skylights, nice unit
- Mutual 1 42J \$165,500 Move-in condition, newer counters, paint, lam. floors
- Mutual 9 215D \$167,000 Full expan., greenbelt, move-in-condition
- Mutual 1 15J \$170,000 Expanded, greenbelt, move-in-condition
- Mutual 1 42H \$175,000 Enclosed patio, move-in-ready new flooring
- Mutual 5 98H \$180,000 Washer/dryer, newer flooring, shows great
- Mutual 9 233H \$189,000 Full expansion, lam. floors, dual pane, move-in-condition
- Mutual 3 14I \$197,000 Expanded, granite counters, skylights, greenbelt
- Mutual 1 25D \$219,500 Decorator's dream this one is special, must see



Wade Carmen



Claudette "CC" Cooley



Linda Patton



Suzanne Ahn



Fay Wescott



Philip Bak



Leah Perrotti



Jay Cho



Estee Edwards



Conrad Rodriguez



Irv Hart



Rosie Wang Davis



Tim Kearns



Jong Kim



Paul Kim



Adrian Villarreal



**Kathy Gupton**  
Associate Broker  
DRE # 00744676

562 618-9940

# Kathy & Gloria Gupton & Hadley

We are **SISTERS**

Specializing in the  
**LW Community**



**Gloria Hadley**  
Realtor®  
DRE # 01057681

562 884-3594



**Mutual 9, 236G \$349,000**  
Beautifully expanded kitchen features built-in stainless steel appliance and granite counters with tile backsplash. Spacious living room has side expansion. Master bedroom is fully expanded with walk-in closet. Remodeled bathroom has new cabinetry with granite counters and double sinks, cut-down shower. Skylights in kitchen and bath; ceramic tile flooring throughout; double-paned windows; and sliding door from living room to private tile patio. This charming home overlooks beautiful greenbelt.



**Mutual 1, 42J \$165,900**  
1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



**Mutual 1, 37G \$345,000**  
Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



**Mutual 3, 36A \$325,000**  
Charming expanded 2 Bedroom 1-1/2 bath corner features cozy living room. Side expansion offers additional closet space and may be used as den, dining room, office or living room. Kitchen has built-in appliances including microwave, pantry space, upgraded counters, shelves above sink, ceiling fan and large skylight. Second bedroom has bath. Master bathroom has skylight, walk-in shower and washer/dryer. Private front patio has walk-in-storage closet.



**Mutual 15, 23L \$304,000**  
Lovely upstairs expanded unit with beautiful leaded glass entry door, spacious living room expansion that may be used for office or den. Dual pane windows. Kitchen has built-in appliances including dishwasher, white cabinets and white counter top, dining room has ceiling fan. Master bathroom has tub with enclosed shower, stackable washer/dryer. Second bedroom with mirrored closet doors and extra storage, second bathroom with skylight and cut-down shower. This unit is move in condition.



**Mutual 9, 222A \$449,000**  
Elegant, all new construction, corner, 2 bedroom, 2 bath home. Custom kitchen has new custom cabinetry, built-in stainless steel appliances including a freestanding range, dishwasher, microwave, breakfast bar with extra storage and an extra large skylight. Two 3/4 baths, walk-in custom tile showers, double sinks and skylight. Second bath has a Solatube. Bedrooms have mirrored wardrobe sliding doors. This home also features laminate floors, recessed lighting, central air/heat, double-pane windows, washer/dryer, two outside storage closets and a lovely wrap around tile patio.



**Mutual 15, 3K \$325,000**  
Inviting and expanded 2 bedroom 1 ¼ bath home over-looking a beautiful greenbelt. Expansion may be used as a den, study, or office and is light and bright with many windows. Spacious Living Room and adjoining dining area have cathedral ceiling. Kitchen has built-in appliances and granite counters. Second bedroom has mirrored closet doors. Master bath has granite counters, cut down shower, and washer/dryer. Bedrooms have plantation shutters and sola tubes in kitchen and bath. This lovely home over-looks a beautiful park-like green belt and is in move condition.



**Mutual 8, 189F \$389,000**  
Beautiful remodeled, expanded corner, 2 bedroom, 1-1/2 bathroom home on greenbelt. Spacious corner living room has 2 bay windows. Kitchen has custom cabinetry with granite counters, built-in stainless steel appliances, pantry, breakfast bar large skylight and tile flooring. Master bedroom has added cupboard space and is fully expanded and widened. Master bath has custom wood cabinetry with granite counters, added linen closet, washer/dryer, cut down shower and skylight.



**Mutual 15, 28G \$425,000**  
Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, free-standing electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space and has large openable skylight and double doors to second bedroom. Dining room has ceiling fan. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances including range, refrigerator, microwave and double drawer dishwasher. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.



**Mutual 3, 14I \$197,900**  
Charming expanded 1-BR cottage. Features double-pane sliding door to front porch, ceiling fan, parquet entry with leaded glass door. Decorative cabinets/shelves separate kitchen from living room. Kitchen has granite counters, dishwasher, microwave, large openable skylight. Bath has cut-down shower, granite counter, decorator sink and faucet. Bedroom has double-pane sliding doors to porch, mirrored wardrobe plus walk-in closet.



**Mutual 9, 233H \$189,000**  
Lovely expanded 1-bedroom with drive-up parking. Living room has an expanded area that may be used for office or den. Kitchen has white cabinets, built-in appliances, and skylight. Bathroom with cut-down shower and skylight. Master bedroom has mirrored closet doors. Laminate flooring, dual pane windows and white blinds throughout.



**Mutual 2, 26I \$229,000**  
Charming 2 Bedroom, 1 Bath cottage on greenbelt with great open view and private wrap around patio. Kitchen has built-in appliances, white cabinets, skylight and ceiling fan. Bathroom has skylight and cut-down shower. Plantation shutters in living room and master bedroom.



**Mutual 9, 215L \$349,000**  
Fully expanded corner, 2-bedroom, 1-1/2-bath. Kitchen has custom wood cabinets, granite counters, built-in microwave, double door refrigerator, wine cooler and skylight. Master bedroom has a walk-in closet and ceiling fan. Second bedroom has half-bath. Bathroom has shower, custom wood cabinets with granite counters, ceiling fan and skylight.



**Mutual 11, 267A \$429,000**  
Fully expanded, 2-bedroom, corner. Beautiful inside and out with spacious living room, shades that raise from the bottom up or lower from the top down, leaded glass entry door and skylight. Dining area has sliding mirrored doors to generous pantry. Kitchen has custom oak cabinets, breakfast bar, Corian counters, built-in appliances including glass top stove, convection oven, refrigerator with lower freezer, ice maker, dishwasher, microwave and openable large skylight. Fully expanded master bedroom with walk-in closet, openable skylight, laminate floors and a ceiling fan. Bathroom has walk-in shower, oak cabinets, cultured marble counters, linen closet, large capacity washer/dryer and openable skylight. This home has smooth ceilings, central heat and air, double-pane windows throughout and a beautiful garden with a fountain.



**Mutual 2, 63D \$229,900**  
Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate floors. Large private wrap-around patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright, ready to move in.



**Mutual 6, 128G \$375,000**  
Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.

**We can show ALL property in the LW community**



**BERKSHIRE HATHAWAY**  
HomeServices  
California Properties

*Call and let us present our extensive marketing program.  
Members of M.L.S.*

Visit Our Website: [www.thesealbeachsisters.com](http://www.thesealbeachsisters.com)  
13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



# On-Site Sales Office

All our sales lower your monthly fees  
We give back to the community



Dawn Januszka  
Associate Broker



Verna Chumley  
Realtor®



Suzanne Fekjar  
Realtor®



Hanna Rubinstein  
Realtor®



Linda Roswurm  
Realtor®



Sylvester Chumley  
Realtor®



Maryann Shaddow  
Realtor®



Marsha Gerber  
Realtor®

**“We Specialize In Listing And Selling Units In All Mutuals, 1 Through 17**



**MUTUAL 2 - 10I**  
\$299,500  
Partially expanded two-bedroom unit; Close to churches



**MUTUAL 15 - 41Q**  
\$265,000  
Two bedrooms, Two baths, Upstairs unit - Lots of room!



**MUTUAL 2 - 23L** \$489,000  
Two-bedroom modern expanded corner with EVERYTHING! Two full baths, central air/heat, crown molding, washer/dryer, totally remodeled!



**MUTUAL 2 - 27K**  
\$195,000  
Two Bedroom/One Bath; Greenbelt View, Freshly Painted



**MUTUAL 5 - 115C**  
\$185,000  
One-bedroom with expanded bedroom with large, walk-in closet; skylights, very close parking



**MUTUAL 3 - 16I**  
\$199,000  
Partially expanded two-bedroom unit



**MUTUAL 3 - 23G**  
\$509,000  
Remodel, Two Bedrooms; Two Baths; Washer/Dryer; Bay Windows, Corner



**MUTUAL 4 - 81D**  
\$174,000  
Enclosed patio One bedroom; New paint and flooring



**MUTUAL 1 - 61G**  
\$499,000  
Modern 2 Bed/2 Bath Washer/Dryer, Greenbelt; Absolutely lovely fully expanded unit



**MUTUAL 8 - 197F**  
\$269,000  
Fully Expanded, Two-bedroom corner unit, lots of room



**MUTUAL 2 - 15F**  
\$560,000  
Modern Expansion Two full bathrooms Very high quality, Built in fireplace and 65" TV, Best in LW!



**MUTUAL 3 - 31J**  
\$195,000  
Two-bedroom unit with enclosed patio; French doors



**MUTUAL 2 - 44G**  
\$250,000  
Two-bedroom corner unit; Two baths!



**MUTUAL 14 - 3G**  
\$285,000  
Full expansion; Steps to golf course!



**MUTUAL 16 - 53J**  
\$165,000  
One-bedroom unit on lovely green



**MUTUAL 2 - 56F**  
\$488,000  
Absolutely beautiful modern expansion; This unit has everything!



**MUTUAL 6 - 129B**  
\$459,000  
Fabulous Remodel, 2 Bed/2 Bath Washer/Dryer, Patio



**MUTUAL 6 - 137I**  
\$225,000  
Basic 2 Bed/ 1 Bath Close parking, laminate floors



**MUTUAL 10 - 260D**  
\$145,000  
One bedroom unit in fabulous location!



**MUTUAL 15 - 46M**  
\$299,000  
Two bedrooms, Two baths, Upstairs Unit; Faces breeze



**MUTUAL 3 - 4G**  
\$225,000  
Two-bedroom corner unit with three heat pumps!



**MUTUAL 7 - 169E**  
\$269,000  
Expanded two-bedroom unit with small patio; W/D; Walk to Central Park



**MUTUAL 7 - 173K**  
\$194,500  
Great price! Location/Location - Close to Central Park; Steps to laundry; Desirable East facing; Wide courtyard setting



**MUTUAL 1 - 15A**  
\$205,000  
Corner unit with heat/air pump



**MUTUAL 8 - 186L**  
\$365,000  
Expanded two-bedroom corner unit with small patio; Easy access



**MUTUAL 5 - 121H**  
\$279,999  
Two-bedroom full expansion; Lots of room; In immaculate condition; "Downtown" location.



**MUTUAL 2 - 69I**  
\$179,000  
Fully expanded one-bedroom unit; On large green



**MUTUAL 2 - 57C**  
\$172,000  
Expd. One-bedroom; Sun-porch room! Light, bright & cheerful; Approximately 800 sq. ft. of living!

**562 598-1388**

[www.lwsb.com](http://www.lwsb.com)

Charles Briskey Real Estate

Lic. 01237297



**Carol Gasper-Knutson**  
BRE # 01276484



**562-716-1547**

12501 Seal Beach Blvd. #100 Seal Beach, Ca. 90740  
Located North of the 405 Freeway in the Rossmoor shopping center

**Leisure World® Seal Beach**  
*Listing and Resale Specialist*

**SealBeach-RetirementCommunity.info**

**FOR 2019 - I have a total of 17 Leisure World pending and closed sales. I Have Buyers For Yours Too! - Call Me Today For A Free Market Evaluation!**

1640 Glenview Rd #76H - M12 - \$209,000



Clean 2 bedroom, 1 bath w/ "L" shaped patio. New carpet in bedrooms and laminate flooring in living room and kitchen. Freshly painted throughout. 3 skylights.

13381 El Dorado #202E - M8 - \$318,900



Expanded 2 bedrooms, 1 bath, central A/C, gourmet kitchen, WASHER/DRYER hookups, walk in closet, multiple skylights. Completely remodeled. Great private location.

1670 Interlachen #43A - M12 - 374,900



Great 2 bedroom, 1 bath. Drive up expanded corner location. Upgrades include central A/C, smooth ceilings, hardwood floors, granite kitchen counters, skylights, WASHER/DRYER, dual pane windows.

1300 Knollwood #41C - M4 - \$167,000



Very clean 1 Bedroom, 1 bath on nice greenbelt location. Close to parking spot and laundry room. Dual pane window, ac/heat pump, smoothed ceilings, closet organizers.

1261 Oakmont #177G - M8 - \$254,900



Expanded 2 bedroom, 1 bath corner unit. Expanded bedroom with walk-in closet, central A/C, designated dining area.

13320 Del Monte #9E - M15 - \$355,000



2 bedrooms, 1 bath. Rarely on the market, corner Atrium unit with large patio and tons of storage and three skylights. Skylight in bathroom.

13501 El Dorado #199D - M8 - \$191,500



2 bedroom, 1 bath with central A/C, dual pane windows, skylight, and a privacy shade on the patio.

13631 Annandale Drive #5K - M1 - \$155,000



1 bedroom, 1 bath, skylight in kitchen and bathroom, cut down shower. Close to park and laundry. Enclosed patio, overlooking great greenbelt.

13341 El Dorado Drive #200G - M8 - \$415,000



Gorgeous remodeled corner 2 bedroom, 1 1/2 bath unit. Beautiful outdoor dining area, central A/C and heat, stainless steel appliances, walk-in closet.

1202 Golden Rain #72J - M2 - \$210,000



2 Bedroom, 1 bath. Expanded master bedroom with 2 closets and expanded living room. Laminate wood flooring and new carpet in bedrooms. Dual pane windows. Skylights in kitchen, bathroom and patio.

2/18/2019 - Year To Date MLS Activity



**I Have Access To The Total Inventory**

On February 18th, 2019 a total of 148 units show as active listings on the CRMLS (this is where Realtors list property for sale).

- 30 - 1 bedrooms, 1 bath from \$140,000 to \$219,500
- 71 - 2 bedrooms, 1 bath from \$175,000 to \$489,000
- 47 - 2 bedrooms, 2 baths from \$239,000 to \$560,000

Please give me a call for detailed information on any of these properties!





**Tell our  
advertisers  
that you saw  
their ad in the  
LW Weekly  
Online Edition**