

LW Weekly



Garden Club Plants
Plants and pots will be
on sale for \$3 or less
Aug. 1 in Mutual 6.

Page 16



Art League Winners

LW artists win blue ribbons for best
work; meetings are held on the second
Tuesdays in Clubhouse 4.

Page 17

AMPHITHEATER MOVIE



Lady Gaga and Bradley Cooper

'A Star is Born' is coming July 26

Open-air movie nights at the Amphitheater began July 12 and will continue through Sept. 6. Six new movies will be shown on the gigantic screen on Friday nights starting at 8:30 p.m. until September, when the shows start at 8 p.m. Bring friends and family, and enjoy free movies in your own back yard.

★ **July 26—A Star is Born:** Seasoned musician Jackson Maine discovers—and falls in love with—struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own demons.

R | 2h 14min | drama/romance | 2018 |
Sponsor: Sunrise Senior Living
For the entire schedule, see page 11.



Qualified LW residents can get help applying for CalFresh, formerly known as food stamps, on July 26 in Clubhouse 3, Room 3, from 9 a.m.-noon.

Community Action Partnership (CAP) representatives will be there to help residents apply for the benefit.

People who are over 55 and meet the following monthly income guidelines may qualify: One-person household: \$2,010 per month; two-person household: \$2,708 per month.

Bring the following required documents to assist in the application process:

BENEFIT, page 3



'Waterloo' band brings high energy harmony tonight

ABBA Fab
Thursday, July 25
8 p.m.
Sponsor: Koi CBD

ABBA Fab, featuring the sensational Anne Davies, Chelsea Faulds, Scotty Pearson, Nick Davies and a line-up of stellar musicians, is an authentic tribute to the music of ABBA.

This multimedia production includes some of the greatest music produced in the 1970s and 1980s, including monster hits such as "Waterloo," ABBA's breakthrough song in 1974, which won the Eurovision Song Contest. It topped the charts in many countries, and hit No. 6 in the U.S.

With its ringing harmonies and surging melody, "Waterloo" recalls the tuneful, high-energy songs of the girl-group era and

the British Invasion at a time when infectious pop songcraft was in short supply.

ABBA Fab vocalists and musicians have toured the world as solo artists and as band members and have come together to create the most entertaining ABBA tribute available today.

And that's saying something because ABBA never regrouped after its breakup.

ABBA recorded its final album, The Visitors (1981), before disbanding in 1982.

ABBA's record-breaking string of hits is timeless and continues to thrill audiences of all ages.

There's no generation gap here; just memorable music and memories, and ABBA Fab covers them all with vocals and musicianship that mirrors one of the most effervescent bands of its time.

MATTER OF BALANCE CLASS STARTS AUG. 8



LW's popular Matter of Balance workshop is coming again Aug. 8-Sept. 26. Two sessions will be offered, one from 9:30-11:30 a.m. and the other, from 1-3 p.m. This is an eight-week falls prevention workshop with an exercise component.

A Matter of Balance is available to people who have fallen or have a fear of falling. This no-cost workshop emphasizes practical, individual strategies to manage falls. It also teaches exercises that increase muscle strength, flexibility and balance. Classes meet two hours per week for eight weeks with two trained volunteer facilitators in a group setting (up to 18 participants).

BALANCE, page 3

What our patients say:

"I've loved my experience at Sonus Seal Beach with Cherie. She doesn't just test your hearing. Cherie teaches you how to manage your settings and how to get the best use of your hearing aids. She is so professional but warm, it's a pleasure to go in. It's like you have your own Hearing Team." - Marianne T.

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ALAMITOS ENERGY CENTER**Construction is nearly half finished at power plant**

Construction is more than 85 percent complete on the Alamitos Energy Center (AEC), a new combined-cycle and simple-cycle power plant using natural gas turbines. It is replacing the existing AES Alamitos generating station on Studebaker Road in Long Beach, which used 1950s-era steam generators. The plant is adjacent to Leisure World.

The modernized AEC will be smaller and have a much lower-profile. It will remain entirely within the existing boundaries of the current power plant.

Construction began in July 2017 and the first start-up and testing of the new power plant is scheduled for October, according to a company update.

"Our team continues to be busy and hard at work to ensure the safe and timely completion of this important project," according to a release from Dalia Gomez, AES community and public affairs manager.

"During the first half of the year, we made many advancements of critical path activities including installation of steam piping, insulation, and electrical components," she added.

Successful leak tests of the heat recovery steam generator (HRSG) and pressure testing of the air-cooled condenser (ACC) have been conducted. Over the next few months, various components and systems of the new plant will be commissioned and tested in preparation of the first start-up of the combustion tur-



The old AES Alamitos generating station behind Leisure World is being replaced by a new, sleeker more efficient energy center.

bines this fall.

A new, natural-gas line tie-in for the plant has been installed and high-voltage powerlines that will transfer power generated at the plant to the regional electrical grid have been connected. Construction staff working on site have also begun to decline from peak levels during the first quarter of the year and will continue through the end of the year.

AEC system start-up activities will continue to take place during the remainder of the year. During system start-up activities, all critical systems and components of the new plant, from high-voltage electrical systems to pumps, fans and compressors will be tested

to insure they meet their design specifications and can operate safely and effectively before we start-up the entire plant.

Construction of a new battery energy storage project kicked off this month. The project will replace natural gas generation with up to 300 MW of battery energy storage and enable ever increasing amounts of intermittent renewable energy to be stored and accessed during times of peak demand.

The new, modernized AEC will help close the energy gap left by the permanent closure of the San Onofre Nuclear Generating Station (SONGS) and the retire-

UPDATE, page 3

Kenny and Dolly Tribute

—David Wolfe

Karen Hester as Dolly Parton brought the enduring star to life July 18 on Amphitheater stage. The Legends in Concert star shared the stage with David Karl, as Country Music Hall of Famer Kenny Rogers made famous with his No. 1 hit, "Lucille." The Amphitheater was packed with LW residents, many of whom came early for pre-concert dining.

LW Dines Out

Hometown Buffet will host a Sunday Brunch and omelet bar served buffet-style plus in Clubhouse 1 from 11a.m.-3 p.m. on July 28. This is a change of time. The menu is published below and copies are available from the Recreation Office.

Cost is \$11, all-inclusive, for the all-you-can-eat buffet on site (no takeout).

The Leisure World Transportation Department provides regular weekend bus service to the clubhouse as well as on-call service for the special needs Access bus. For further information on the bus schedule, call 431-6586, ext. 372 or 379.

For more information on restaurant services, visit events@lwsb.com or 431-6586, ext. 326.

The Golden Rain Foundation provides dining options in Clubhouse 1 every month. Naples Rib Company serves on the first Monday, Finbars Italian Kitchen, on third Monday, and Hometown Buffet serves dinner on the fourth Monday. The Sunday brunch and omelet bar is served on the second and fourth Sundays.

Hometown Buffet Sunday Brunch

Brunch is \$11, served buffet-style with an omelet bar in Clubhouse 1 from 10 a.m.-3 p.m. The buffet is all-you-can-eat on site, no take-out, cash or checks only. Check the LW Weekly for the rotating schedule or sign up for LW Live! for real time updates by going to www.lwsb.com and follow the link on the home page.

Hometown Buffet Brunch Menu

Hot Pot

- Grits
- Oatmeal

Salad Table

- Spinach
- Coleslaw Salad

Juice Bar

- Orange Juice

Toast Bar

- Doughnuts
- Corn Bread
- White Bread

Hot Bars

- Biscuits & Country Gravy
- Scrambled Eggs
- Crispy Bacon
- Savory Sausage Links
- Pancakes
- O'Brien Potatoes
- Baked Chicken Rotisserie

- Mashed Potatoes & Gravy
- Vegetable Rice
- Grilled Parmesan Tomatoes

Omelet Station

- Omelets made to order

Dessert Station

- Strawberry Glazed Bananas
- Fruit Platter
- Chocolate Pudding
- Whipped Cream

Condiments

- Honey
- Butter
- Jelly
- Breakfast Syrup
- Strawberry Glaze
- Brown Sugar
- Hollandaise

Earthquake Survival Kits

Emergency earthquake survival kits and supplies are on sale at the Seal Beach Police Substation, 820 Ocean Ave., Seal Beach, or people can call Sylvia Klebe directly at 260-8919.

The Seal Beach Police Volunteers Association, Inc., facilitates the service.

The kits contain the basics needed to survive without help in the aftermath of a disaster, including pouches of water, a 3-day or more supply of rations, solar blankets, light sticks, dusk masks, first aid kit, ponchos, flashlights, nylon rope, a tent, a camper stove and more.

There is a kit for pets that contains buckets, food dishes, collars, toys and plastic bags and more.

There are roll-and-go and grab-and-go kits in various configurations.

The group also sells water heat adapters, hand warmers and food bars separately.

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CREATE BALANCE DAILY

Blood drive is at HCC tomorrow

The American Red Cross has issued an urgent call for blood and platelet donors.

Donors of all blood types, especially type O, may give blood at the Health Care Center from 9 a.m.-3 p.m. on Friday, July 26. Call Lisa Love for an appointment at (909) 282-6685.

People can also make appointments to donate using the Blood Donor App at RedCrossBlood.org or by calling 1-800-RED CROSS (1-800-733-2767). Donation appointments and completion of a RapidPass online health history questionnaire are encouraged to help reduce the time it takes to donate.

UPDATE from page 1

ment of older, less efficient plants that currently use once-through ocean water cooling (OTC) — which California is phasing out — including the units at AES Alamitos.

This will help meet the demand for new generation, to serve both peak and intermediate loads, in the heart of Western Los Angeles' critical local electrical reliability area.

In addition, the changing needs of the electrical system requires modern and flexible generating technology that can respond quickly to fluctuating electrical loads as intermittent renewable energy — such as wind and solar — are increasingly used to meet electricity demands.

In the coming months, the company will provide updates on the power plant commissioning activities and the initial start-up of the new plant.

Community meetings will be held to keep residents informed.

For more information on the project, call the hotline at (888) 363-2226.

BENEFIT from page 1

to assist in the application process:

- ID
- Green Card or Citizenship Certificate

• Social Security Card

• Proof of Income

• Rent Receipt and Bills

Other ways to apply:

- Online: GetCalFresh.org
- Phone: (800) 281-9799

• Walk In: 1928 S. Grand Ave.,

Santa Ana, 92703

For more information, call Cindy Tostado, LCSW-GRF member resource and assistance liaison, 431-6586, ext. 317.

BALANCE from page 1

The workshop teaches participants to view falls as controllable, set goals for increasing activity, and make changes to reduce fall risks at home. It is sponsored by Orange County Office on Aging.

Classes are held in the Leisure World Health Care Center's main conference room. Workshops fill quickly; registration is required. There is no wait list. For more information and to register, call Cindy Tostado, GRF member resource and assistance liaison, at 431-6586, ext. 317.



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Perspectives

WATCH YOUR STEP

Spoofing calls falsify caller ID; be aware of who is calling

by Cathie Merz

cathiem_news@lwsb.com

Spoofing calls are a practice in which the caller uses special phone equipment and technology to deliberately falsify information on caller ID displays, masking the true origin of the call. Scammers often use neighbor spoofing so it appears that an incoming call is coming from a local number, or spoof a number from a company or a government agency that you may already know and trust. If you answer, they use scam scripts to try to steal your money or valuable personal information, which can be used in fraudulent activity.

Southern California Edison (SCE) recently sent a notice with its bills warning customers of recent spoofing pertaining to imposters posing as SCE employees. The imposters demand immediate payment to avoid disconnection of service for alleged past due electric bills. The imposter demands that the customer purchase a prepaid cash card for a specific amount of money and then to call the imposter back with the card number.

- SCE employees never call customers over the telephone to collect overdue bills, never demand immediate payment with the threat of service disconnection and never request prepaid cash cards.

- SCE employees never ask for, or collect, money out in the field.

- SCE does not have a Disconnection Department and does not own or operate vehicles with Service Disconnection signage.

- SCE does not conduct credit transactions on weekends or holidays.

If an SCE customer suspects the call is fraudulent, ask for the caller's name, department and business phone number. Terminate the call and report it to the local police and SCE at (800) 655-4555.

You may not be able to tell right away if an incoming call is spoofed. Be extremely careful about responding to any request for personal identifying information.

- Don't answer calls from unknown numbers. If you answer such a call, hang up immediately.

- If you answer the phone and the caller - or a recording - asks you to hit a button to stop getting the calls, you should just hang up. Scammers often use this trick to identify potential targets.

- Do not respond to any questions, especially those that can be answered with "Yes" or "No."

- Never give out personal information such as account numbers, Social Security numbers, mother's maiden names, passwords or other identifying information in response to unexpected calls or if you are at all suspicious.

- If you get an inquiry from someone who says they represent a company or a government agency, hang up and call the phone number on your account statement, in the phone book, or on the company's or government agency's website to verify the authenticity of the request. You will usually get a written statement in the mail before you get a phone call from a legitimate source, particularly if the caller is asking for a payment.

- Use caution if you are being pressured for information immediately.

- If you have a voice mail account with your phone service, be sure to set a password for it. Some voicemail services are preset to allow access if you call in from your own phone number. A hacker could spoof your home phone number and gain access to your voice mail if you do not set a password.

- Talk to your phone company about call blocking tools and check into apps that you can download to your mobile device. The FCC allows phone companies to block robocalls by default based on reasonable analytics. More information about robocall blocking is available at fcc.gov/robocalls.

- Remember to check your voicemail periodically to make sure you aren't missing important calls and to clear out any spam calls that might fill your voicemail box to capacity.

If you think you've been the victim of a spoofing scam, you can file a complaint with the FCC.

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.

The American Legion Auxiliary and American Legion Post of Leisure World Seal Beach expresses their thanks and appreciation for the canned and packaged foods and monetary donations to the Veterans Food Drive at the LW Amphitheater on July 11.

Letters to the Editor

Editor:

OK, let's face it—if we live here, we're old, and being old, some of us are hard-of-hearing. "Some." Not all. Not yet!

But if our concerts continue at eardrum-piercing levels, we'll all be shopping for hearing aids.

I live in Mutual 4, near El Dorado, and I listened to the Three Dog Night concert in my living room. The week before, I went to the concert but had to leave "The Boss" behind. The amps were cranked up so high, my ears and head actually hurt. Others felt the same. Dozens of others. And they left before me!

Is it possible that a fortune has been spent on the new speaker system, and that the excessive expense is being justified by entertaining all of our stay-at-homers, as well as those currently hearing impaired?

But how about those of us actually at the concert, stuffing tissues into our ears? Why, we're just collateral damage. Those excess decibels are turning our auditory organs into mush. And once gone, they don't come back.

This ain't Woodstock; turn it down!

Mike Levitt
Mutual 4

Editor:

View from the ground: Surveys should seek information not obscure it. Unfortunately, the survey on educational classes falls into the latter category. If you want to know how much residents are willing to pay, why not ask that instead of using artificial categories that distort the truth. If the most I am willing to pay is \$30 for a semester class, and I check the \$25-\$50 box, you might conclude I am willing to pay \$50, leading you to select a class price I will not pay. And when I don't

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

POLICY, page 5

sign up, you might be confused/disappointed since I "selected" that price.

Just ask, simply, "How much would you be willing to pay for a semester long class?" Then leave an open box. A mathematician, statistician, spreadsheet person, or anyone with decent computer skills can then tell you all sorts of useful information. Average price chosen, amount in the middle, most selected, percentage of respondents who are willing to pay X percent or higher. And (picky point): proper form is \$0-25, \$26-50, etc. Otherwise what's a person who chooses \$25 to do?

You might even consider asking a second question - "How much would you be willing to pay for an exceptional class?"

At least have someone with some survey knowledge help you devise these surveys. Please! Then you can get some truly useful information.

Sandy Geffner
Mutual 3

Editor

There has been much criticism of the GRF Recreation Department spending too much money.

I want to address something they do that does *not* cost GRF a penny. The bus trips to theater, sports events, etc, are 100 percent funded by the sale of the bus/event tickets. These trips are enjoyed by many residents and should be continued.

Judy Carter-Johnson
Mutual 4

Making History

July 25, 1978- The world's first baby to be conceived via in vitro fertilization (IVF) is born at Oldham and District General Hospital in Manchester, England. Today, IVF is considered a mainstream medical treatment for infertility. Hundreds of thousands of children around the world have been conceived through the procedure, in some cases with donor eggs and sperm.

July 26, 1775- The U.S. postal system was established by the Second Continental Congress, with Benjamin Franklin as its first postmaster general, who put in place the foundation for many aspects of today's mail system.

July 27, 1974- The House Judiciary Committee recommended that America's 37th president, Richard M. Nixon, be impeached and removed from office. The impeachment proceedings resulted from a series of political scandals involving the Nixon administration that came to be collectively known as Watergate.

July 28, 1868 - The 14th Amendment, guaranteeing African-Americans citizenship and all its privileges, was officially adopted into the U.S. Constitution.

July 30, 1965 - President Lyndon B. Johnson signed Medicare, a health insurance program for elderly Americans, into law. At the bill-signing ceremony, former President Harry Truman was enrolled as Medicare's first beneficiary and received the first Medicare card.



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Government

SECURITY CORNER

June Security incident recap

by Victor Rocha
security services director

I wanted to share the monthly recap of incidents that involved the Security Department during the month of June, 2019:

Fires - 4

The majority of the small fires were due to unattended pots catching fire on a stove. Please ensure all burners are off after use.

Burglaries - 0

There were no illegal entries (sometimes referred to as 'breaking and entering') that occurred in the community.

Thefts - 4

Thefts took a large drop from the 11 thefts that were reported in May. It cannot be stressed enough that you continue to lock your vehicle and secure your residence.

Vandalism - 0

Traffic Incidents - 6

The steady stream of traffic accidents continues towards a pace of over 80-100 traffic accidents in a year.

Medical Aid Responses - 145

The nearly five calls for medical aid per day include paramedic and ambulance investigations and lost residents.

Parking Citations - 34

If you have any security questions or concerns, contact me at 431-6586, ext. 371.



CARPORT CLEANING 2019

The holiday carport cleaning schedule for 2019 is as follows:

Labor Day

Monday, Sept. 2

Mutual 1, Carports 1-6, 9-10 and Mutual 17, Building 3, will be cleaned on Friday, Aug. 30.

Veteran's Day

Friday, Nov. 11

Mutual 3, Carports 39-42 and Mutual 4, Carports 54-56, will be cleaned on Monday, Oct. 30.

Thanksgiving Day

Thursday, Nov. 28

Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13, and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29.

Christmas Day

Wednesday, Dec. 25

Mutual 10, Carports 117-120, 122-124, will be cleaned Monday, Dec. 30.

POLICY from page 4

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Monday, Aug. 5	Recreation Committee
	Administration 1 p.m.
Wednesday, Aug. 7	Governing Document Committee
	Administration 10 a.m.
Wednesday, Aug. 7	Physical Property Committee
	Administration 1 p.m.
Thursday, Aug. 8	Communications Committee
	Administration 1 p.m.
Friday, Aug. 9	Executive Committee
	Administration 1 p.m.
Monday, Aug. 12	Mutual Administration Committee
	Administration 1 p.m.
Tuesday, Aug. 13	Facilities and Amenities Review Ad Hoc
	Administration 1 p.m.
Wednesday, Aug. 14	Security, Bus & Traffic Committee
	Administration 1 p.m.
Friday, Aug. 16	Roundtable with Mutuals/GRF
	Administration 1 p.m.
Monday, Aug. 19	Finance Committee
	Administration 9 a.m.
Tuesday, Aug. 20	Management Services Review Ad Hoc
	Administration 1 p.m.
Wednesday, Aug. 21	Strategic Planning Ad Hoc Committee
	Administration 10 a.m.
Tuesday, Aug. 27	GRF Board of Directors
	Clubhouse 4 10 a.m.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, July 25	Mutual 1
	Administration 9 a.m.
Friday, July 26	Mutual 6
	Administration 9:30 a.m.
Thursday, Aug. 1	Presidents' Council
	Clubhouse 4 9 a.m.
Tuesday, Aug. 6	Mutual 16
	Administration 9:30 a.m.
Tuesday, Aug. 6	Mutual 17
	Administration 1:30 p.m.
Wednesday, Aug. 7	CFO Council
	Conference Room B 10 a.m.
Thursday, Aug. 8	Mutual 12
	Administration 9 a.m.
Friday, Aug. 9	Mutual 3
	Administration 9 a.m.
Monday, Aug. 12	Mutual 9
	Administration 9:30 a.m.
Wednesday, Aug. 14	Mutual 4
	Administration 9:15 a.m.
Thursday, Aug. 15	Mutual 2
	Administration 9 a.m.
Thursday, Aug. 15	Mutual 11
	Clubhouse 3, Room 9 1:30 p.m.
Friday, Aug. 16	Roundtable with Mutuals/GRF
	Administration 1 p.m.
Monday, Aug. 19	Mutual 15
	Administration 1 p.m.
Tuesday, Aug. 20	Mutual 14
	Conference Room B 1 p.m.
Wednesday Aug. 21	Mutual 5
	Conference Room B 9 a.m.
Wednesday, Aug. 21	Mutual 7
	Administration 1 p.m.
Thursday, Aug. 22	Mutual 1
	Administration 9 a.m.
Friday, Aug. 23	Mutual 6
	Administration 9:30 a.m.
Monday, Aug. 26	Mutual 8
	Administration 9 a.m.
Wednesday, Aug. 28	Mutual 10
	Administration 9 a.m.

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Recap of Golden Rain Foundation Board Activity of July 23, 2019

Remove agenda items

MOVED and duly approved to remove agenda items 11. c.ii., c.iii. and c.iv. and return them to the Executive Committee for further review.

Approved Minutes

MOVED and duly approved the minutes of the June 25, 2019 Golden Rain Foundation (GRF) Board of Directors (BOD) meeting were approved, as presented.

General – Establish Ad hoc Committee – Website Redesign

MOVED and duly approved and thereby established the Website Redesign Ad hoc Committee and grants to the Ad hoc Committee limited authority specifically stated within the GRF governing documents, and policies or other authority as granted by the BOD or as stated within this policy.

MOVED and duly approved the appointment of Nick Massetti as Chair, Irma Heinrichs, Susan Hopewell, Leah Perrotti, Paula Snowden and Linda Stone to the Website Redesign Ad hoc Committee.

General – Approve Contract with Tahitian Herbal

MOVED and duly approved a contract with Tahitian Herbal, for the limited use of Trust property within Building 5, for the sole purpose of installation of a vending machine and authorize the President to sign the contract.

General – Approve July GRF Board Report

MOVED and duly approved the July GRF Board Report, as amended and reviewed by the GRF President and Vice President.

Communications & IT Committee – Approve Business Use of Trust Property for Transportation Pick Up and Drop Off

MOVED and duly approved a new pick up location for Modern Buds bus service, at the Amphitheater bus stop, contingent upon the GRF being listed as an additional insured on its Certificate of Liability Insurance.

Communications & IT Committee – Amend Policy 5050-34 – Digital Billboards

MOVED and duly approved to refer 5050-34, Digital Billboards back to the Communications & IT Committee recommending a joint meeting with the Recreation Committee to specifically address requirements for posting and any other issues requiring clarification.

Communications & IT Committee – Use of LW Weekly for Printing of GRF Board Meeting Minutes

MOVED and duly approved the printing of the GRF Board meeting summary only in LW Weekly and provide copies of the Draft and Approved GRF Board meeting minutes at the GRF Administration Reception Desk, upon request, effective September 1, 2019, contingent upon no less than four (4) articles within LW Weekly, including a front page notice on the revision to current practice.

Executive Committee – Amend 30-5110-3 Executive Committee Charter

MOVED and duly approved to amend 30-5110-3, Executive Committee Charter, incorporating the additional Committee goals approved by the GRF Board of Directors at the retreat held on June 27, 2019 and updating the cost center numbers.

Executive Committee – Approve Increase of GRF Entry Wages of \$13.25 to \$15.00 and Increase Wages for All Staff Earning Below \$15.00 to New GRF Entry Wage of \$15.00

This item was removed from the agenda and referred back to the Executive Committee for review and discussion.

Executive Committee – Approve Benefit Package Modification: Remove Eligibility of 401k Match for Part Time New Hires, Effective September 1, 2019

This item was removed from the agenda and referred back to the Executive Committee for review and discussion.

Executive Committee – Approve Benefit Package Modification: Reduce 401k Match to 1.5%, for All Eligible Employees, Effective Upon Notice Required by Law

This item was removed from the agenda and referred back to the Executive Committee for review and discussion.

Facilities and Amenities Review (FAR) Ad hoc Committee – Amend 30-5175-3, Facilities and Amenities Ad hoc Committee

MOVED and duly approved to amend 30-5175-3, Facilities and Amenities Review Ad Hoc Committee Charter, as amended, pending Board approval of the new formatting recommended by the Governing Documents Committee.

Facilities and Amenities Review (FAR) Ad hoc Committee – TEMPORARY VOTE: Amend 30-1406-1, Limitations on Use and Adopt 30-1406-2, Limitations on Use, Fees

MOVED and duly approved to tentatively amend 30-1406-1, Limitations on Use, as amended, and tentatively adopt 30-1406-2 (fee schedule extracted from 30-1406-1), pending Board approval of the new formatting recommended by the Governing Documents Committee and pending a 28-day notification to the members, and a final decision by the GRF Board of Directors on August 27, 2019.

Finance Committee – Accept June Financial Statements

MOVED and duly approved to accept the financial statements June 2019, for audit.

RECAP, page 23

BOARD OF DIRECTORS MEETING MINUTES GOLDEN RAIN FOUNDATION

June 25, 2019

CALL TO ORDER

President Linda Stone called the regular monthly meeting of the Board of Directors (BOD) of the Golden Rain Foundation (GRF) to order at 1:00 p.m., on Tuesday, June 25, 2019, in Clubhouse Four.

PLEDGE OF ALLEGIANCE

Sandra Massa-Lavitt, City of Seal Beach Council member, led the Pledge of Allegiance.

ROLL CALL

Following the roll call, the Corporate Secretary reported that Directors Perrotti, J. St. Aubin, Snowden, Pratt, L. Stone, Gerber, Thompson, Hopewell, Rapp, Fekjar, Dodero, Winkler, Heinrichs, Lukoff, Findlay, Friedman, Isom, and Massetti were present. The Executive Director and the Director of Finance were also present.

Eighteen Directors were present, with a quorum of the voting majority.

PRESIDENTS COMMENTS

Welcome everyone and thank you for coming. Today's monthly meeting is the official start of the 2019-2020 term.

This coming Thursday marks the opening of the Summer Amphitheater Season beginning with Texas Tenors. Koffel's Food service will be on hand for their tri-tip BBQ at very reasonable prices.

Be sure to join us on July 4th at the Annual Independence Day festivities in Clubhouse 6 parking lot. There will be a Classic Car Show, Golf Cart Parade by Rollin' Thunder, entertainment, and delicious barbecue. Activities start at 10:00 a.m. Be sure to attend and celebrate the 4th with your Leisure World family. The GRF offices will be closed on the 4th.

Committee meetings will start with the Recreation Committee on Monday, July 1, at 1:00 p.m., in the Administration conference room. The next meeting is the Physical Properties Committee, on Wednesday, July 3rd. Some committee meeting schedules have been changed so be sure to check the LW Weekly for scheduling.

We have a busy year planned and I will keep you informed each month of upcoming plans. There will be three evening meetings: September, January and May. Again, there will also be several town hall meetings this coming year.

Please note that I will continue to register my vote on each issue of business brought before the Board. I believe that members deserve to know where I stand on an issue. I think it is important to know how each member of the board votes on every item of business. All decisions are decided by quorum of the eighteen member Board of Directors.

I would now like to welcome our newest Directors: JoAnn St. Aubin, Mutual One; William Thompson, Mutual Five and Nick Massetti, Mutual Seventeen.

And now to the important business at hand.

ANNOUNCEMENTS

The GRF Board of Directors met in Executive Session on June 4, 2019 for a Special Meeting for the purpose of elections, and June 11, 2019 for the Annual Meeting and for a special meeting for the purpose of organization. The new officers are Linda Stone, President; Susan Hopewell, Vice President; Suzanne Fekjar, Corporate Secretary; and Ronde Winkler, Treasurer.

The GRF BOD will participate in a Board Planning Session on Thursday, June 27, from 8:30 a.m. until 4:00 p.m., at the Old Ranch Country Club and will hold an all-day Executive Session of the Board and training session on Friday, June 28, beginning at 9 a.m. in the Administration conference room.

SERVICE ANNIVERSARIES

Four employees were recognized with a service award.

David Rudge	Physical Property	5 years	
James Ament	Security	5 years	
Lucita Cordero	Security	5 years	Christine
Althenes	Transportation	5 years	

SEAL BEACH COUNCIL MEMBER'S REPORT

Seal Beach Councilmember Sandra Massa-Lavitt provided an update on the City of Seal Beach Council meeting.

HEALTH CARE CENTER ADVISORY BOARD UPDATE

Ms. Brennan James, Chief Operating Officer of Monarch and Charity Kopp, Heath Care Center Administrator, presented a report on the major projects and renovation at the Health Care Center.

SHAREHOLDER/MEMBER COMMENTS

In accordance with Policy 5610, Participation by Foundation Members, members may enter into a comment period prior to the beginning of business. NOTE: Foundation members are permitted to make comments before the business of the Board begins. Requests must be registered in advance of the meeting. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:

4 minute limit per speaker, when there are no more than 15 speakers

3 minute limit per speaker, 16 - 25 speakers

2 minute limit per speaker, over 26 speakers

One member offered comments.

CONSENT CALENDAR – APPROVAL OF BOARD COMMITTEE MEETING MINUTES

No GRF Committees met in June to approve meeting minutes.

APPROVAL OF BOARD MEETING MINUTES

The minutes of the May 28, the June 4, the June 11, and the June 18 meetings were approved, as presented.

REPORTS

The Chair of the Facilities and Amenities Review (FAR) Ad hoc Committee invited

the audience to attend the July of the Ad hoc Committee.

The Chair of the Management Services Review Ad hoc Committee invited the audience to attend the July Ad hoc Committee.

The Chair of the Strategic Planning Ad hoc Committee invited the audience to attend the July Ad hoc Committee.

NEW BUSINESS

General

Amend Trust Property Landscape Contract

It has been recommended to amend the Anguiano Lawn Care contract in order for the vendor to add one additional landscaping person to better serve the community and lessen the time needed to make the rotation. The cost for this addition is \$3,727 per month or \$44,720 for a twelve (12) month period. The 2019 approved budget reflects this addition (see positive variance for first quarter below). The contract terminates December 2020. Also attached is the 2019 ADRC Budget and contract costs from 2018-2020.

At its regularly scheduled meeting on May 22, 2019, the Architectural Design and Review (ADR) Committee unanimously recommended the GRF Board approve the change order, at a cost not to exceed \$3,727 per month, or \$44,720 for a twelve (12) month period, using approved funds in the 2019 Operating budget.

Ms. Heinrichs MOVED, seconded by Ms. Fekjar-

TO amend the contract with Anguiano Lawn Care, in order for the vendor to add one (1) additional landscaping person to better serve the community and reduce the rotation time needed, for a cost not to exceed \$3,727 per month, or \$44,720 for a twelve (12) month period. Funding available in the 2019 Operating budget and authorize the ADR Committee Chair to sign the change order.

Six Directors, the Facilities Director, and the Executive Director spoke on the motion. The motion was carried with two no votes (Dodero, Massetti).

Capital Funding Request – Dynamics: Additional Funding

During the build stage of the Dynamics software conversion project, additional customization not included in the original scope of the work identified while testing is deemed necessary to maintain integrity of the system and to provide enhanced reporting to the Mutual Corporations. Additional Capital funding of \$25,000 is requested to cover customizations.

Ms. Rapp MOVED, seconded by Ms. Winkler-

TO prove additional Capital funding of \$25,000, to the Dynamics software project, to support customization necessary to maintain integrity of the system and to provide enhanced reporting to the Mutual Corporations.

Five Directors, the Director of Finance and the Executive Director spoke on the motion.

The motion was carried with one abstention (Friedman).

EXECUTIVE DIRECTOR'S REPORT

The Executive Director provided a written report for the Board.

BOARD MEMBER COMMENTS

Eighteen Board members spoke on the meeting proceedings.

ADJOURNMENT

The meeting was adjourned was at 1:55 p.m.

Suzanne Fekjar
GRF Corporate Secretary
dfb

Notice of Policy Change — 70-1406-2, Limitations on Use, Fees

Per the action of the GRF Board on July 23, 2019, in accordance with Civil Code §4360, Notice of Tentative Approval of Adoption of 70-1406-2, Limitations on Use, Fees, the Board hereby provides general notice to all Shareholders/Members of proposed amendment.

70-1406-2, Limitations on Use, Fees

A charge will be made for the organization, from outside the community (non-refundable), to use Trust property. All money must be paid at least ten (10) business days before the date of the event.

- a. Under one hundred (100) people: \$200.00 non-refundable fee.
- b. Up to two hundred (200) people: \$400.00 non-refundable fee.
- c. Up to three hundred (300) people: \$500.00 non-refundable fee.
- d. Up to four hundred (400) people: \$600.00 non-refundable fee.
- e. Up to 500 hundred (500) people: \$800.00 non-refundable fee.
- f. Over 501 hundred (501) people: \$1,000.00 non-refundable fee.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

- Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "70-1406-2, Limitations on Use, Fees," or
- Mailing comments to:
Golden Rain Foundation
P. O. Box 2069
Seal Beach, CA 90740
Attn: Proposed Document Revisions, or
- Dropping off written comments to the receptionist located on the second floor

Religion

COMMUNITY CHURCH

Peter Jeon is among those who will be featured in Summer Serenade

Community Church will present "Summer Serenade," a concert featuring professional, internationally award-winning musicians. The artists will perform music from Verdi, Puccini, Bocelli, the Beatles, and Godspell. The concert will be held on Saturday, Aug. 3, at 2 p.m. at the church, 14000 Church Place, by Saint Andrews Gate.

Tickets are \$10 and include home-baked cookies and finger foods after the concert. For information, contact Elaine Miller at (925) 997-3412.

Tenor Peter Jeon will be among the featured artists. He developed his musical talent through studies in Korea and in renowned conservatories throughout Europe. Peter has performed and competed in numerous top-billing operas in Europe and the United States. Peter is currently the conductor at ANC Onnuri Church and a professor at Bethesda University, Los Angeles.

In other church news, the Sunday worship service starts 9:50 a.m. and is followed by coffee and refreshments in Edgar Hall.

Pastor Johan Dodge will give the message titled, "Just Do It!" The Scripture lesson is Luke 11:1-13. Taylor White will serve as lay liturgist on July 28.

An all-church meeting will be held after the service. The meeting will draw the congregation together to begin the process of answering the important question, "When I see a new church, I see...?" A pizza lunch will be

Holy Family Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Seventeenth Sunday in Ordinary Time on July 28.

The First Reading is Genesis 18:20-32 and the Second Reading is Colossians 2:12-14.

First Friday Devotion

First Friday Holy Mass in honor to the Sacred Heart of Jesus is Friday, Aug. 2, 8:30 a.m. The Sacrament of Reconciliation is available at 9:15 a.m. on the same day. The First Saturday Devotion Mass is Saturday, Aug. 3, at 8:30 a.m. in honor of the Immaculate Heart of Mary.

Masses and Confessions

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday. Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

St. Theodore's

St. Theodore's Episcopal Church will meet Sunday for a Holy Eucharist service at 12:15 p.m. in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrews Drive. Rev. Lisa Rotchford will preach and celebrate. Everyone is welcome to worship, followed by coffee after the service.



Tenor Peter Jeon
served.

The Sunday evening Bible study, led by Joy Reed, meets at 5 p.m. in the Fireside Room. The topic is "Death and Resurrection." Everyone is welcome.

SB Center for Spiritual Living

The Seal Beach Center for Spiritual Living is offering a class titled the "Power of Your Word" on Thursday nights from 6:30-9 from Aug. 1-Sept. 19.

The class, taught by Rev. Michael Heinle, will provide a deeper understanding of prayer and Spiritual Mind Treatment, highlighted by experiential exercises. The cost is \$145 for the eight-week course.

Tibetan Bowls will be used in a Healing Meditation Circle on Wednesday, July 31, from 6:30-8 p.m. Participants will learn to play Tibetan Bowls and are invited to share in this ancient tradition of hands-on healing. Bowls will be provided, but participants are welcome to bring personal bowls to play.

This is a sacred way to open the inner senses, and experience the vibrational healing power and energy of sound. It has been used

CENTER, page 8



Choir Director Darlene Harris
friends from the congregation is
open following the service.

On Wednesday, July 31, deacons meet at 2 p.m. in Clubhouse 3, Room 1, followed by Energizers in the same room at 3 p.m.

For more information, call 430-2920.

BAPTIST CHURCH

Energizers meet July 31 in CH 3

Leisure World Baptist Church invites everyone to share in music and worship Sunday, July 28, in Clubhouse 4. Sunday School begins at 8:40-9:10 a.m., at which time sweet treats and coffee are enjoyed at the round table.

The morning worship begins at 9:45 with everyone singing the call to worship, "I Sing Praises to Your Name." Em Schoonhoven and Patsy Schaffner will sing a duet called "Grace Abounded More." The choir, under the direction of Darlene Harris, will sing "On Jordan's Stormy Banks."

Congregational Hymns include "Jesus Loves Even Me," "It Took a Miracle" and "Now I Belong to Jesus." Pianist Yvonne Leon plays for the offertory.

Pastor Rolland Coburn's message from the book of Romans 8:1-4 is called "The Spirit of the Lord Brings Liberty." The closing hymn is "Once For All."

The Prayer Room attended by

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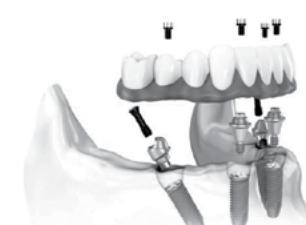
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Congregation Sholom

Congregation Sholom will have a Friday night service at 7 on July 26 in Clubhouse 3, Room 9, with Rabbi Chaim Singer-Frankes. An Oneg shabbat will follow.

On Saturday, July 27, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, for services with Rabbi Singer-Frankes. A Torah study will begin at 10:15 and continue until about noon, followed by a potluck lunch.

The picnic, which was rained out in May, has been rescheduled for Sunday, Aug. 4, from 11 a.m.-2 p.m. in the picnic area near Clubhouse 1. Congregation Sholom will provide kosher hot dogs, hamburgers, potato salad, coleslaw, drinks, watermelon and condiments. The price is \$10 per person. People who plan to attend should RSVP to Ruth Hermann, 430-3107, as soon as possible.

On July 14, the Sisterhood of Congregation Sholom was honored to host a presentation by Congregation President Carol Levine "Israel through Jewish Eyes." Homemade falafel, hummus, Israeli salad, strawberries and cheesecake were served. The well-attended event was a huge success.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

—Scott Simensky

Faith Christian Assembly

Faith Christian Assembly welcomes Pastor Don Bailey and his wife, Brenda, to minister at Faith Christian Assembly on Sunday, July 28, at the 5:30 p.m. celebration service. They pastor a congregation in Hacienda Heights. In addition, Pastor Don has served in the Los Angeles County Office of Education for 18 years. Don has been married to his wife, Brenda, for 20 years, and they have one son. All are welcome.

Faith Fellowship Time is at 11 a.m. on Tuesdays in the Garden Room. A midweek Bible study for the summer is taught by Pastor Sheri Leming on Wednesdays at 11 a.m. in the Garden Room. The GriefShare group meets Fridays at 2 p.m.

To receive a free newsletter and for more information on the church, call 598-9010 or visit www.FCAchurch.net.

Buddha Circle

The Buddha Circle will meet from 9:30 -11 a.m. on Saturday, July 27, in Clubhouse 4.

Ven. Joyful Heart from Desert Zen Center presents Buddhism in a simple way—how to suffer less and become happier. It's an interactive group so those who attend are encouraged to ask questions. He will begin the session with a guided meditation.

Check the website at LWSB.com under Religion, Buddha Circle, for more information. There is no membership fees, just a gathering of like-minded people. All residents are welcome.

Donations are welcome and will support Ven. Joyful Heart in his teachings. For more information, call (714) 933-5122.

—Florence Diep

Mindfulness Meditation

The Buddha Circle will meet for Mindfulness Meditation sessions from 2-4 p.m. on Wednesday, July 31.

The group meets in Clubhouse 3, Room 7

The sessions are facilitated. Donations are welcome; admission is free.

For more information, call (714) 234-8735 or email mindfulcircle@yahoo.com.

—Florence Diep

The Rock Church

The Rock Church, Seal Beach campus, welcomes everyone to weekly services at Marina Community Center, 151 Marina Drive, Seal Beach.

Sunday services are in English at 9 and 11:15 a.m. and in Spanish at 1:45 p.m. People can listen to Sunday's message for free by going to www.gotototheorck.com. Select Seal Beach campus and click the podcast.

For more information call (714)562-8233.

—Doris Sandrick

Life Changers

Life Changers are people who can bring the power, favor and light of heaven into circumstances encountered here on earth. Learn how to do this in a five-month study that will continue until October. It's held from 1:30-3 p.m. on the first and third Fridays. All are welcome.

For more information, call Joan Eisenhart at 343-8066.

Redeemer Lutheran

"Asking...Seeking...Finding" is the sermon focus of Redeemer Lutheran's Sunday, July 28, worship service at 10:30 a.m., followed by coffee and conversation in fellowship hall. The stained-glass sanctuary is on St. Andrew's Drive, next to the golf course and swimming pool, across from the Administration building with ample parking.

Congregational singing and celebratory music will be led by organist Sharon Heck. Chris Moore will read the Scriptures and Prayers of the People will be led by Carol Costello. Barbara Dykman leads the greeting team, and Maria Swift will usher.

The Book of Romans is the focus of the weekly Wednesday Bible class that meets on July 31 in the Fellowship Hall from 10:30-11:30 a.m. Pastor Lynda Elmer leads a discussion on Paul's engaging and pivotal letter to the Romans.

For further information, call the church or visit www.redeemerlutheransealbeach.com.

Orange County Care Connections provides respite care for persons diagnosed with memory impairment. A ministry of Redeemer that reaches out to everyone in the Leisure World community, the program runs 9 a.m.-3 p.m. on Monday, Tuesdays and Thursdays. Call 596-1209 for more information.

Assembly of God

"The Upside and the Downside of the Inside and the Outside" is the message title for this Sunday as people gather in Clubhouse 3, Room 2, for the Assembly of God worship service.

Pastor Sam Pawlak will bring this message in three parts, with worship songs interspersed, led by Denise Smith. Visitors are welcome to all services.

The ever-popular Hymn Sing continues this Sunday at 6 p.m. in the lobby of Clubhouse 3 and will include a special number by Denise Smith and conclude with a devotion from Pastor Sam.

The fellowship time around the tables, sharing treats people have brought, will conclude the evening.

Each of these services is preceded with prayer times—at 10 a.m. and 5:15 p.m.

The men's breakfast at the home of Pastors Sam and Pat will be this Saturday, July 27, at 8 a.m. This will include a fellowship time after enjoying breakfast prepared by Pastor Sam.

During the week of July 28, other activities include:

- Bible study on Wednesday at 10 a.m. in Clubhouse 3, Room 1. The study will continue in the book of Revelation.

- Ministry at Seal Beach Rehab on Thursday, Aug. 1, led by Denise Smith.

Soon to come: The first of the Summer Film Festivals on Wednesday, Aug. 7, at 6 p.m. in Clubhouse 2. The first film will be "Peter and Paul." People are welcome to bring popcorn, soda, etc.

During August, there will be no Wednesday morning Bible studies, and all are encouraged to enjoy the Wednesday night Film Festival.

—Norma Ballinger



Betty Lindley (l-r), Jeanny Olcott and Jeanne Braun

FIRST CHRISTIAN CHURCH

Baptisms are highlight of annual picnic

First Christian Church continues to rejoice in the delicious food, great fun and wonderful fellowship at the annual church picnic. The highlight of the day was when three church members were baptized.

The church has a Saturday evening service at 5:15 with the Hospitality Room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Luke. At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting.

Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation in several hymns of worship, including "To God Be The Glory." The communion hymn will be "My Tribute".

The church choir, under the direction of Margaret Humes, will sing "Wonderful Grace Of Jesus." Pastor Bruce Humes will present the Communion meditation and service today.

Pat Kogok will sing, "Jesus Is Coming Medley," followed by Jeanette Reker who will read Matthew 25:37-40.

Pastor Gene Cherryholmes will give a message called "The Least of These," based on Matthew 25:31-46.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at 431-8810 for more information.

Beit HaLev

Beit HaLev services are accessed online on Livestream.com/Galityomtov and Facebook.com/galityomtov. Shabbat Ma'ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

At the end of last week's Torah portion, a relative of Moses, "Pinchas," takes it upon himself to kill an Israelite named Zimri and a Moabite princess engaged in salacious public behavior on the grounds of the Tabernacle. In this week's Parashah, because he has managed single-handedly to stop the idolatrous Moabite women from seducing the Israelites, Pinchas is rewarded by HaShem to be elevated to the priesthood for stopping a plague that took the lives of 24,000 Israelites.

At the end of the Torah portion, God prepares Moses for death and selects Joshua as his successor.

In addition to the Sabbath services, Rabbi-Cantor Galit Levy-Slater also conducts a short Weekday Ma'ariv service every Thursday at 4 p.m. on SimShalom.com, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourner's Kaddish.

Rabbi Galit's beginner and intermediate Hebrew classes are held Wednesday afternoons.

People interested in learning prayerbook Hebrew or modern (conversational) Hebrew can contact Rabbi Galit at 715-0888 or duets@icloud.com for information regarding day and time.

CENTER from page 7

in ancient and modern rituals to achieve transcendent states of consciousness.

The meditation will be facilitated by Susan Redbird Collins, RScP. An offering will be taken.

Ongoing events include the "Course in Miracles" discussion group at noon on Mondays; the Men's Group on the first Wednesday of the month at 6:30 p.m. and the Living and Thriving Through Life After a Loss support group on the third Saturday of the month at 10 a.m. The Center also participates in monthly preparation and serving of meals to the homeless.

Sunday services are at 9 and 11 a.m., and podcasts of each week's message are available at www.sbcsl.org.

The Spiritual Center, located at 500 Marina Drive in Seal Beach, is a loving spiritual sanctuary where everyone is welcome and the abundance of life is celebrated through study, inspiration, gratitude and service.

For more information on classes and events, visit the website or call the church office at 598-3325.

—Annemarie Lovdahl



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Health & Fitness

SAFETY/EMERGENCY

Emergency phones are available in strategic locations

by Eloy Gomez
GRF safety/emergency coordinator

Communication can be of paramount importance in the event of a disaster, personal or otherwise, an equipment malfunction, such as a stuck elevator or to report a crime or accident.

Leisure World has public phones around campus for people to use if they need help.

Indoor Phones

All recreational areas are equipped with phones that may be used to call 911 during an emergency when the custodian/attendant may be working in other areas unaware of the emergency.

These phones are in all clubhouses, the golf course starter office, the swimming pool and at Amphitheater stage.

Simply dial 911 to summon help, and be ready to provide the operator with the address to that specific building.

Addresses are posted above the phones. For a non-emergency, dial 431-6586, ext. 377, to summon Leisure World Security services. To familiarize yourself with the location of these phones, ask the custodian or attendant.

Outdoor Emergency Phones

Three emergency outdoor phones are available in the community. These phones have a very different appearance from both elevator and clubhouse type phones. They are dark red and are placed in a gray colored box to protect them from the elements. They do not have a dial.

To use them during an emergency, open the box, pick up the phone and it will automatically connect you with a 911 operator. In addition, these phones are hardwired, which means that you will not need to provide the 911 operator with the physical address to that specific location as they already have it in their system.

The phones are ideal for highly used facility areas as well as remote areas where a physical address may not be available.

The first one is located on the right side (north side) curb of the street in the 1.8 acres Mini Farms. The phone is mounted on a white 4x4 pole approximately 4 feet high.

The second one is located on the west side of Clubhouse 2. It is mounted to the exterior wall



An emergency callbox at the Mini Farm will summon help.

adjacent to the pickle ball court in the multipurpose court area.

The third one is located at swimming pool area on the exterior wall (facing the swimming pool) of the equipment room behind the attendant's shack.

Elevator Phones

The Administration Building, Clubhouse 6 and Building 5 elevators are equipped with emergency call phones that communicate directly with emergency responders.

These phones do not look like phones at all. Instead of a typical phone, there is an amber or black button.

The phone button in most elevator cars is located behind a small compartment door with a phone logo right below the floor level selection buttons. To call for help when trapped simply open the compartment door and press the call button.

In newer elevator cars like the one in Administration building, there is an amber colored button at the bottom of the floor buttons. The amber button will connect you with responders.

The primary purpose of these phones is to communicate that the elevator has failed, and you are trapped. All three elevator cars in the afore mentioned areas are

also equipped with alarm buttons that will notify personnel in the building.

For more information, contact Eloy Gomez, safety and emergency coordinator, at 431-6586, ext. 356.

WA-RITE

Melinda Lee sheds 4 pounds for top spot

The Wa-Rite Club's Top Loser of the Week was Melinda Lee with a 4-pound loss.

She gets in a lot of exercise as a caregiver and tries to watch what she eats.

Food for Thought this week: Steady and slow is the way to go!

Carol Chambers gave the program on "Breaking a Bad Habit." Researchers say it takes 21 days for a new practice to become a habit. Repetition is key to making habits, whether good or bad, stick. Some good changes would be to increase your water intake and exercise program. Drink one soda instead of three, decrease desserts or switch to fruit.

Decide what you want, realize it is a choice and practice working on change. Only you can make yourself healthy.

The Wa-Rite is a class for women who need to lose 10 pounds or more. Members meet on Fridays at Clubhouse 3, Room 1, from 9-10 a.m. Weigh-in is from 7:45-8:45 a.m. Annual dues are \$10.

For more information call or text Diana Goins at 760-1293.

—Margaret Humes

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request.

One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others.

For more information, call 430-6079.

Monday, July 29: Cream of spinach soup with crackers, open faced turkey sandwich with mashed potatoes and gravy on whole wheat bread, cranberry sauce, sugar-free cookies

Tuesday, July 30: Black bean soup, zucchini, corn, egg casserole, tomato and onion salad, biscuit, tropical fruit mix

Wednesday, July 31: Meatballs with Hawaiian sauce, rice pilaf, Oriental vegetable blend, whole wheat bread, melon

Thursday, Aug. 1: Menu unavailable

Friday, Aug. 2: Menu unavailable



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ALZHEIMER'S ASSOCIATION

Understanding Alzheimer's is Aug. 27

The Alzheimer's Association will give a class called Understanding Alzheimer's and Dementia from 2-3:30 p.m. on Tuesday, Aug. 27, at the Los Alamitos-Rossmoor Library, 12700 Montecito Road, Seal Beach.

Learn the difference between Alzheimer's and dementia; Alzheimer's stages and risk factors; current research and available treatments; and ways the Alzheimer's Association can help.

People can register by calling (800) 272-3900 or via email at kjschuppe@alz.org. Programs are free and open to the public.

The next class is called Effective Communication Strategies on Sept. 24 from 2-3:30 p.m., followed by Understanding and Responding to Dementia-Related Behavior on Oct. 29, from 2-3:30 p.m.

COYOTE WATCH**Pupping season continues until September**

Leisure World residents may see and hear coyotes in the vicinity because it's pupping season, according to OC Animal Services.

Pupping season typically runs from March-September. Coyotes mate in January-February and are ready to give birth by mid-April-May. During this time, both when nearing birthing time and once the pups are born, coyote parents are more protective of their denning areas and more active in hunting food.

This is a crucial time for owners of small pets.

People are advised to keep their pets in indoors in the evening and at night, secure the lid to garbage cans and dumpsters, and do not leave food or water outside.

Harvest gardens and fruit trees as soon as vegetables and fruit are ready.

Leaving food sources out encourages small critters and the predators that live off of them.

To report coyote sightings, call Long Beach Animal Care Services at 570-7387.

Through an innovative program residents can also report wildlife activity online.

For complaints or questions regarding coyotes, call Long Beach Animal Care Services at 570-7387 or the Seal Beach Police Department at 799-4100.

Most coyotes within the urban setting are the offspring of generations of coyotes that have lived and flourished in Orange



A coyote on the move in Leisure World.

County's urban areas.

Here are the tips to keep you and your pets safe:

- Never get friendly with coyotes.

If followed by a coyote, make loud noises. If this fails, throw rocks in the animal's direction. This is called hazing and it's an effective technique for socializing coyotes away from populated areas.

- Do not leave pets outside unattended.

• Do not allow cats outdoors to roam (day or night).

- Do not use a retractable leash—a leash should be no more than six feet.

This allows you to be in control

of your pet and ensures it is close to you at all times.

- Trim ground-level shrubbery and clear brush near units to reduce places where coyotes live and hide.

- Keep pet rabbits in suitable cages.

- Keep tight covers on all trash containers.

- Never leave water or pet food outside.

• Eliminate potential food and water sources, such as fallen fruit and standing water.

- Never feed coyotes.

• Never attempt to touch, pet or capture wildlife. These animals will bite to protect themselves.

—Ruth Osborn, staff writer

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www.mowlb.org or call Caron Adler at 433-0232.

Monday, July 29: Barbecue baked chicken leg and thigh, mashed sweet potatoes, zucchini medley with tomatoes, vanilla and chocolate swirl pudding, egg salad sandwich with spinach and tomato, tri-color coleslaw

Tuesday, July 30: Stuffed bell pepper, macaroni and cheese, peas and carrots, lemon cake, turkey and ham Cobb salad with egg, tomato, bacon with blue cheese dressing, crackers

Wednesday, July 31: Swiss steak patty with mushroom cream sauce, au gratin potatoes, California blended vegetables, fresh pear, turkey and cheese sandwich with lettuce, tomato and pickle, three bean salad

Thursday, Aug. 1: Not available as of presstime

Friday, Aug. 2: Not available as of presstime

CITY OF SEAL BEACH**Get safer access in bathroom with free grant administered through SB**

Here is good news for Leisure World residents—the Bathroom Accessibility Grant has been funded for another year. As of July 1, there is \$180,000 in federal and state funding to spend helping the residents of Leisure World improve their bathrooms.

Leisure World residents who have trouble stepping into their shower for any reason, likely are eligible for a free bathroom upgrade. This free grant converts the fiberglass tub/shower combination to shower-only for safer access. The units are refinished to look like new, and a new glass shower door enclosure is installed. Toilets can also be replaced with a high-boy model if desired.

To qualify, applicants must be over 55 years of age and have an annual income below: One person, \$66,500; two people, \$76,000; and three people, \$85,500.

To get an application, call CivicStone, the city of Seal Beach's designated program administrative company, at (909) 364-9000 and one will be mailed to you. You can also get the applications online at <http://www.sealbeachca.gov/City-Services/Senior-Services> or <https://www.civicstone.com/services>.

PSYCHOLOGY & AGING**Chronic anger and heart health are linked, study says**

Science has long noted the connection between anger and heart health. As far back as the 1950s, type A behavior pattern — a cluster of traits that includes impatience, striving, competitiveness and hostility — became the first psychological behavior linked to coronary heart disease.

Now it's understood that chronic anger in particular can damage the cardiovascular system. When angered, bodies release cortisol and norepinephrine — the hormones that activate the fight-or-flight stress response. Heart and breathing rates increase; arteries constrict; blood courses to extremities and away from internal organs to prepare for action.

Experiencing this kind of anger response may be especially harmful at older ages. A recent preliminary study published in Psychology and Aging found that anger in people 80 and older is associated with higher levels of inflammation and chronic illness.

Inflammation is associated with health problems, including heart disease and dementia.

In the study, researchers looked at data from more than 200 participants ages 59-93, including blood samples tested for biomarkers of inflammation. For the subjects 80-plus, regular bouts of anger suggested a significant link to deteriorating health.

ANGER, page 11

Weekly Health, Exercise Classes**Ageless Grace**

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30- to 60-minute walk. For more information, call Tom Pontac, 304-0880.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Pilates

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.

Yoga, Meditation, Tai Chi

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

Yoga, Monday

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Yoga

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

GRF Rules for Caregivers

Hiring a caregiver is a private matter between the shareholder and the caregiver agency or individual of your choice. Mutual Corporations passed Policy 7557 to set guidelines by which a caregiver can obtain a pass to enter the community. Compliance with this policy's provisions is mandatory. To obtain a caregiver pass, the shareholder or caregiver may pick up an application in Stock Transfer. General requirements include:

- Shareholders must provide a doctor's note stating that a caregiver is needed for assistance with daily living. The note must be issued on medical office letterhead. Notes are valid for one year and are maintained on file.

- Some Mutual Corporations require caregivers to provide a City of Seal Beach Business License on an annual basis. Check with Stock Transfer or your Mutual Board of Directors to determine requirements.

- Family members providing assistance are required to register as caregivers, but are exempt from the City of Seal Beach Business License requirement.

- Caregiver passes expire June 30 and Dec. 31 each year.
- Caregivers must have their photos taken by a Stock Transfer employee.

- Caregivers must register for each shareholder they work for.
- Guest passes will be confiscated if found in caregiver's possession.
- Caregivers are not allowed to park in the resident's carport space without prior Mutual President approval.

Re-registration of current Caregiver passes is available in Stock Transfer. For more information, stop by the Stock Transfer Office or call 431-6586, ext. 339, 347 or 348.

Caregiver Respite

Orange County Care Connections Outreach, founded in 1998, provides affordable day care for the elderly who have mild to moderate memory impairment or are frail and require extra care. Its mission is to provide time for caregivers to rest, run errands or just have some personal time while staff provides a caring, social atmosphere for their loved ones. Care is offered Tuesdays and Thursdays in Seal Beach at Redeemer Lutheran Church. Caring, compassionate staff and volunteers provide meaningful artistic and musical activities, mental stimulation, physical exercise, and time to socialize with others in the community. For more information, call 596-1209.

Arts & Leisure



Terry Otte and Abilene will perform a dance concert at 7 p.m. on Saturday, July 27, in Clubhouse 2. All Leisure World residents and guests are welcome. The clubhouse is set up with tables so bring beverages and snacks.

Amphitheater 2019

Amphitheater 2019, a summer music festival on Thursday nights at the 2,500-seat Leisure World Amphitheater, will continue through Sept. 12. Residents, and their friends and families are invited. Shows start at 8 p.m. until September when they begin at 7:30 p.m.

Residents must have GRF photo I.D. cards for admittance to Amphitheater shows. Non-resident guests must be accompanied by a resident shareholder.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Koffel's food trucks and Mandie's Candies will provide options for pre-event dining.

The summer line-up includes:

- **July 25:** ABBA Fab
- **Aug. 1:** Billy Joel Tribute: The Stranger
- **Aug. 8:** Best of Doo Wop featuring The Diamonds, the Coasters and The Drifters
- **Aug. 15:** Mick Adams and The Stones: The World's Most Authentic Tribute to The Rolling Stones
- **Aug. 22:** The Papas & The Mamas: Tribute to The Mamas & The Papas, opened by comic Mark Schiff
- **Aug. 29:** Gregory Wolfe as Rod Stewart

Shows begin at 7:30 p.m.

- **Sept. 5:** Tribute to Aretha Franklin, Stevie Wonder and Jackie Wilson
- **Sept. 12:** America's Diamond Live: Tribute to Neil Diamond

LW Cloggers

The Leisure World Cloggers will be dark through Wednesday, July 31. The class will resume on Wednesday, Aug. 7. It meets from 8:30-11:30 a.m. at the Amphitheater. All are welcome.

ANGER

from page 10

Experts agree there's no time like the present to learn how to come to grips with anger. There are many coping skills, including:

• **Mindfulness:** The first thing to do when you are angry is to slow down.

This helps create distance from the impulse so you can figure out what action to take.

Shift your attention to your body and notice any sensations, like your face flushing or your heart beating more rapidly. Actively paying attention this way can help you hit pause — before you act out in a way you may regret.

• **Movement:** Exercise exerts a powerful effect on moods, and studies show that it can help prevent anger from building up as well as calm you down when rage hits you.

So schedule some regular fitness activities to build up your defenses.

• **Therapy:** Seeking out someone to talk to about the reasons you feel upset can help shift your internal suffering and the way you impose it on others.

Addressing past trauma can be important but so, too, can recognizing how you were taught to handle — or not handle — anger as a child or adolescent.

Learning to recognize any self-defeating negative thoughts that lie behind some flare-ups may also be helpful.

• **Antidepressants:** Drugs such as Prozac, Celexa and Zoloft are commonly prescribed for anger issues; their calming effect on the nervous system reduces the intensity of anger.

GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

Now and Then will play music from the 1940s to the 1960s on July 27.

The Recreation Department asks residents and their guests attending the GRF Saturday Dances in Clubhouse 1 to cooperate in adhering to a few, simple rules:

- Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.
- People must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to set up for the next group.
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audiovisual equipment can only be adjusted by the custodian according to the instructions they have been given.

• Be sure to sign in, either as a resident or guest. This is the only way GRF can judge the popularity of bands.

• Guests must be accompanied by the GRF member who invites them as all passes and ID's are subject to inspection.

LW Food Venues

The GRF Recreation Department currently sponsors several food service options here in Leisure World.

Taco Tuesday, hosted by Koffel's Food Service, has reasonably priced fare at the Clubhouse 6 parking lot at 5 p.m. Tables are available to eat inside the clubhouse as well as on the patio.

Pizza Thursday is in the parking lot of Clubhouse 6 at 3:30 p.m.-8 p.m., provided by Domino's. Special orders may be called in to 493-2212 between 10 a.m.-1 p.m. for pick-up at the truck also.

A Monday night dinner is hosted three times a month in Clubhouse 1 by three alternating restaurants. Naples Rib Company serves at 4 p.m. each first Monday of the month (reservations

FOOD, page 16

Amphitheater Movie Nights

Open-air movie nights at the Amphitheater will continue through Sept. 6. New movies will be shown on the gigantic screen on Friday nights starting at 8:30 p.m. until September, when the shows start at 8 p.m. Bring friends and family, and enjoy free movies in your own back yard.

★ **July 26—A Star is Born:** Seasoned musician Jackson Maine discovers—and falls in love with—struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own demons.

R | 2h 14min | drama/romance | 2018 |

Sponsor: Sunrise Senior Living

★ **Aug. 2—Instant Family:** A couple find themselves in over their heads when they foster three children.

PG-13 | 2h | drama/comedy | 2018 |

★ **Aug. 9—Green Book:** A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South.

PG-13 | 2h 10 min | drama/comedy | 2018 |

Sponsor: Abiding Freedom Home Care

★ **Aug. 16—First Man:** On the heels of their six-time Academy Award-winning smash, "La La Land," Oscar-winning director Damien Chazelle and star Ryan Gosling reteam for Universal Pictures' First Man, the riveting story of NASA's mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost—on Armstrong and on the nation—of one of the most dangerous missions in history.

PG-13 | 2h 22min | drama/sci fi | 2018 |

Sponsor: A Better Solution In Home Care

★ **Aug. 23—The Upside:** A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who's hired to help him.

PG-13 | 2h 6min | drama/comedy | 2017 |

Sponsor: Del Rey Sinus and Allergy Institute

★ **Aug. 30—Spider-Man—Into the Spider-Verse:** Teen Miles Morales becomes Spider-Man of his reality, crossing his path with five counterparts from another dimensions to stop a threat for all realities.

PG | 1h 56min | fantasy/sci fi | 2018 |

Sponsor: MemorialCare Health System

★ **Sept. 6—What Men Want:** Passed up for a well-deserved promotion, sports agent Ali Davis wonders what else she needs to do to succeed in a man's world. Hoping to find answers from a psychic, Ali drinks a weird concoction that suddenly allows her to hear what men are thinking. Using her newfound ability, Ali starts to turn the tables on her obnoxious male colleagues while racing to sign the next basketball superstar.

R | 1h 57min | fantasy/romance | 2019 |

Sponsor: Brand New Day

Bula Brothers @ Taco Tuesdays

Everyone loves Taco Tuesdays. Festive food and summer evenings are made more inviting by the acoustic songs of The Bula Brothers—Mark, Frank, Don and Craig. The band performs live from 5-7 p.m. on Tuesdays through October.

All are welcome to come out and join the Bula Brothers on the patio outside Clubhouse 6 (next to the taco truck) on Tuesday evenings for food, fun and music.

LB Embroiderer's Guild

The Long Beach Chapter of the Embroiderer's Guild of America, Inc., will meet for a social hour, followed by a program, at 10 a.m., Friday, July 26, at Long Beach City College in the Lifetime Learning Senior Center Building QQ, Room 122.

Guests are welcome.

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The Dixieland Jazz Band

NIGHT OF MUSIC**Parasol parade and concert is Aug. 7 in CH 4**

The Leisure World Dixieland Jazz Band will perform on Wednesday, Aug. 7, at 6:30 p.m. in Clubhouse 4. This is a free event to all Leisure World residents and their family and friends.

The concert commences with an hour of Dixieland Jazz music before a short intermission. Decaf

coffee and other refreshments will be available. People can also bring their own refreshments and beverages. The concert is usually finished around 8 p.m.

Donna O'Keefe will lead the traditional Parasol Parade. All are invited to participate. They may pick up one of her personally

decorated parasols or bring their own and join in the fun.

During the performance everyone is invited to dance to this toe tapping music, provided by club president Walter "Dutch" Vankerckhoven and his fellow musicians.

—Sandra deDubovay

Friendship Club

The Friendship Club offers computer classes taught by Jeff Sacks and Miryam Fernandez. The schedule is as follows:

Monday, July 29, Clubhouse 3, Room 4

- 11 a.m.—Prepare for California DMV Test (includes information about REAL ID) (Sacks)
- Noon—Computer Tablet, iPhone Questions (Sacks)

Monday, Aug. 5, Clubhouse 3, Room 4

- 11a.m.—Intro to iPhone and iPads (Sacks)
- Noon—Smartphone and Chromebook Questions (Sacks)

Monday, Aug. 12, Clubhouse 3, Room 4

- 11 a.m.—Intro to Apple iPhone/iPad for Beginners (Sacks)
- Noon—YouTube (Fernandez)

Monday, Aug. 19, Clubhouse 6, Room B

- 11 a.m.—Intro to Android Smartphones (Sacks)
- Noon—Texting: It's Easier than You Think (Fernandez)

Note: People must have smartphones for this class.

Classes are free; donations are welcome to cover costs of a wireless hotspot and printing materials.

For more information on computers and the DMV, contact Jeff Sacks (714) 642-0122 or email jfsacks@gmail.com.

For more information on basic computer questions, iPhone/iPad, social media, Google Calendar questions, contact Miryam Fernandez, 884-7460.

Community Karaoke

Community Karaoke singer Larry Portugal sang the hit "Music of the Night" from The "Phantom of the Night" at last week's songfest. Susan Kelleghan and Bob Barnum did "All I Ask of You," which was greeted with strong applause.

Donna Burr and Charlie Guggino combined voices with the haunting "You Don't Bring Me Flowers Anymore."

"Hey Jude" inspired an audience sing-along with Bobby Gronchi and Kathy Swinger.

The karaoke audience were entertained by 37 Leisure World neighbors and friends performing for them.

The line-up included Helen Schultz singing "Kansas City," Barbie May, "On the Other Side"; Ric Dizon, "Indescribably Blue"; Ruby Johnson, "My Heart Will Go On"; Wayne Urban, "In the Misty Moonlight"; Mila Cruz, "Don't Forget to Remember" and many more

KARAOKE, page 14

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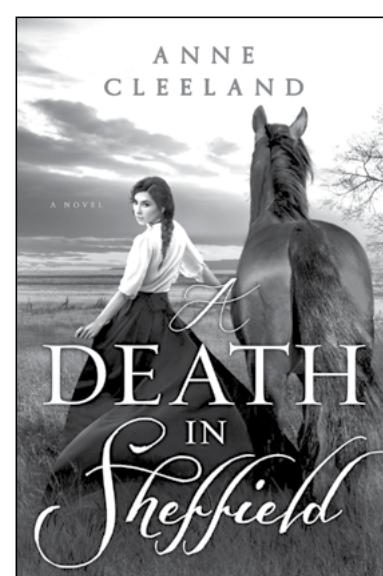
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**LW LIBRARY****Author of popular murder mysteries will speak Aug. 1**

The Leisure World Library will host Amazon best-selling author Anne Cleeland on Thursday, Aug. 1, at 11 a.m., at Veterans Plaza adjacent to the library.

Anne holds a degree in English from UCLA as well as a law degree from Pepperdine University. She worked as a research attorney for federal and state court judges, a legal writer in private practice, and a guest lecturer at several universities. She lives in California.

Anne will talk about her various works and the publishing industry as a whole.

She is best known for her Doyle and Acton Murder Mystery series. It follows the perilous exploits of two Scotland Yard detectives as they track down London's most elusive criminals.

The ninth book in the series, "Murder in Just Cause," was released earlier this year.

Anne also writes historical fiction, including her latest release "A Death in Sheffield," which follows a young woman in England thrust into high society after the death of her adoptive father.

The library will provide light refreshments.



Dr. Rosa Fabian (l-r), Radio Club President Midge Bash and Dr. Mark Chung

RADIO CLUB**New reflective vests will increase safety**

As part of President Midge Bash's (W6LIK) efforts to modernize the LW Radio Club, 25 new safety vests were procured with the financial assistance of Dr. Rosa Fabian (KM6VML) and Dr. Mark Chung (KK6SMD).

These reflective vests will ensure safety and visibility during drills or disasters.

With club's radio equipment approaching retirement age, new gear is needed, and other donors have pledged support.

An ice cream sales program during Amphitheater movie nights is a new club fund raiser orchestrated by Bash.

For further information about how to support the Radio Club, contact Bash at bashgambol7@gmail.com.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes.

Helen Onu is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required. For more information, call Chuck Burnett at 493-0176.



The bridesmaids are played by Del Clark (l-r), Adrienne Rosenfeld, Mary Halsey and Judie Jacobus.

PRODUCERS CLUB**Murder mystery will debut Aug. 9**

The Leisure World Producers Club's eighth annual murder mystery comedy, "It's All About the Dress," will be presented in Clubhouse 4 on Friday, Aug. 9, at 7 p.m. (doors open at 6:15) and on Saturday, Aug. 10, at 1 p.m. (doors open at 12:15).

The play is written and directed by Toby Richman and produced by special arrangement with Toby Richman.

Come and see this delightful new comedy. Snacks will be provided. Bring your own drinks. For more information, call Sam Jones, 598-0880.



Jojo Weingart

Everyone is welcome to Mel Lockett's Saturday ballet fitness, held upstairs in Clubhouse 6 at 1:30 p.m. Avid dancer Takako Mitchell shows her grace with Mel at a recent class. She moved into Leisure World in 2016 and was delighted by the number and variety of dance classes offered in the community. Takako took ballet in her 30s and reconnected with ballet when she moved here. She enjoys ballet for fitness, grace and friendship; fee, \$3 per class. Call 252-9676 for information.

Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

- A Time to Dance Club by Joseph:** Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Tango is taught from 6:30-7:30 p.m.; waltz, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.

- Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required. Classes are \$3.

- Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269.

- Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

- Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

- Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

- Grapevine Line Dance:** Free line dance classes are held Thursdays from 3-5 p.m. (beginners, first hour; advanced, second hour) at Clubhouse 6, Room C; and beginner level only on Fridays, 2:30-4 p.m., Clubhouse 3, lobby. Newcomers should have general knowledge of line dance and basic dance steps. For more information, e-mail grapevinelinedance@gmail.com or inquire in classes.

- Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

- Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

- Leisure Time Dancers:** Texas two-step will be taught at 2 p.m. and a country-western medley (10-count polka, country waltz, Cotton Eye Joe and cowboy cha cha) at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

- Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

- Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

- Line Dance, beginning:** Free classes are Fridays at 10 a.m. in Clubhouse 3, Room 8, and Wednesdays at 1 p.m. in Clubhouse 3, Room 6. Contact Barbara Magie, 505-3685, for more information.

- Saturday Morning Dance Club:** Waltz is taught from 9-10 a.m.; hustle, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

DANCE, page 14

GOOD NEWS SINGERS

Gospel concert is Aug. 3 at noon in CH 4

by Nancy Maggio

LW contributor

Summer is here, and the air is warm. The Good News Singers will give a gospel concert in air-conditioned Clubhouse 4 on Saturday, Aug. 3 at noon. The music will warm hearts and the air will keep people cool.

The Messengers will sing "Let's Just Praise the Lord." The popular Spiritones will share an oldie but goodie, "I Believe," in 4-part barbershop harmony.

The choir will sing such favorites as "Here I Am to Worship," "How Great is Our God," "Praise Medley" and "You Are a Mighty God." Come and fill your soul with music and then your stomach, with food from the free lunch being served right after the concert.

—Nancy Maggio

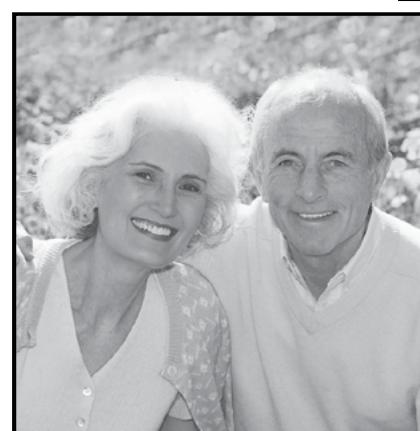


The Messengers—Janet Ray, Lois Sellars and Jerry Tester—are rehearsing for the concert.

Amphitheater Rules

The Golden Rain Foundation is proud to present the 2019 Amphitheater Season. To ensure an enjoyable season, show-goers are asked to adhere to the following rules:

- There is no video- or audio-taping of performers.
- Do not save seats.
- Do not sing along with performers unless asked to do so by the performer on stage.
- Residents must have LW IDs to enter Amphitheater. Non-resident guests must be accompanied by residents.
- No one is allowed to sit or stand in the aisles.
- No smoking is permitted in the Amphitheater area.
- Flags on scooters should be lowered, so everyone can see the stage.
- Leave walkers in the aisle.
- Handicap seating is at street level at the handrails in the middle of the Amphitheater.
- No pets are allowed.
- The audience is not permitted to enter the Amphitheater earlier than 1-1/2 hours before the program begins as requested by performers, who will be doing sound checks.
- Dancing is allowed only on the two side wing patios flanking the Amphitheater stage.
- No flash photography.
- Do not climb over seats.



Summer Film Festival

A series of Christian films hosted by Assembly of God Church, is returning, by popular demand, for three Wednesday evenings in August. Each movie will be shown in Clubhouse 2 beginning at 6 p.m. Those who come are welcome to bring popcorn, sodas and other snacks.

The screening schedule is:

- **Aug. 7:** "Peter and Paul," featuring Robert Foxworth as Peter, the fisherman, and Sir Anthony Hopkins as Paul of Tarsus will be shown. The story involves how these men assumed leadership of the church as they struggled against violent opposition to the teaching of Jesus Christ and their own personal conflicts.

- **Aug. 14:** "Breakthrough," based on the inspirational true story of one mother's unfaltering love in the face of impossible odds. When Joyce Smith's adopted son John falls through an icy Missouri lake, all hope seems lost. But as John lies lifeless, Joyce refuses to give up. From producer DeVon Franklin ("Miracles from Heaven"), this is an enthralling reminder that faith and love can create miracles.

- **Aug. 21:** to be determined

The Assembly of God is sponsoring the movies, but there will be no preaching and no offering be taken. Come enjoy an evening of good entertainment and enrichment.

Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10. There is no charge for these workshops, and everyone is welcome.

- **Thursday, July 18:** Building a Tree on *Ancestry.Com*. The program will use a projector so that everyone can watch and learn.

- **Thursday, July 25:** Building a Tree on *Ancestry.Com*, Part 2; The program will demonstrate how to adding documents and people to the tree.

The genealogy library is staffed every Tuesday, Wednesday and Thursday from 1-4 p.m., when members come in to work on the computers; visitors can tour the library and learn what the club has to offer.

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OPERA CLUB**'Der Rosenkavalier' to be shown in two parts, on Aug. 6 and 12**

Everyone is invited to come and watch part one of "Der Rosenkavalier," featuring Renee Fleming, on Aug. 6 at 1:30 p.m. in Clubhouse 3, Room 1. Part 2 will be shown Aug. 12. The opera, composed by Richard Strauss with a libretto by Hugo Hofmannsthal, is a romantic comedy about growing older while gracefully accepting the inevitable transitions of love and people's human foibles. This production represents a marker in Renee Fleming's outstanding career at the Metropolitan Opera where she has thrilled audiences for a generation. Opera Club member Mary DiDonna will briefly introduce the opera.

It opens with music that captures love making between the aging and sophisticated Marschallin and her much younger lover, Octavian. They are interrupted by the arrival of her cousin, Baron Ochs, who is seeking advice on how best to court Sophie, the daughter of a wealthy landowner.

The Marschallin suggests to Ochs that a wise move would be to order the hand delivery of a silver rose by a rose bearer. Simultaneously Octavian appears from behind a screen, disguised as the maid Mariandel, whom the Baron eyes lecherously. The Marschallin has yet another ploy in mind, which is to send Octavian dressed as "Count Refrano" as the rose bearer. The Marschallin then sings about the upcoming events, about her cousin the Baron, about Sophie, love and growing older.

Act 2 depicts Octavian as the rose bearer followed by Ochs on the way to woo Sophie. His ensuing behavior repulses Sophie and in the resulting confusion she and Octavian fall for each other.

The opera is sung in German with English subtitles. No fees or dues are collected.

For further information, contact Beverly Emus, club president at 296-5586 or beverly90740@gmail.com.

—Beverly Emus



Whirlers Square Dance Club

CRAZY HAT PARTY**Dance starts at 6:30 p.m. on Aug. 2 in CH 4**

The Leisure Whirlers square and round dance club will have a "Crazy Hat" dance party on Friday, Aug. 2, in Clubhouse 4 from 6:30-9:30 p.m.

Pre-rounds are from 6:30-7. Square and round dances will be alternated from 7-9 p.m., when the potluck and socializing start.

Singles and couples are wel-

come. There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.

Square Dance classes are held every Monday night from 7:30-9:30 p.m. at the Garden Grove Women's Club, 9501 Chapman Ave., in Garden Grove. Come to

have fun, brush-up on dancing skills and support the student dancers.

Singles and couples are welcome.

There is a singles rotation so everyone can dance. For more information call Mel Branham at (714) 803-0250.

—Eleanor Thompson

LB SYMPHONY**LWers have convenience of bus service to classic series**

The Long Beach Symphony, under the direction of Maestro Eckart Preu, has announced its 2019-2020 Concert Series comprising six Classical concerts and five POPS! concerts. The season runs Sept. 28 through May 30, 2020, culminating with a family concert, free for children under the age of 18, on May 31.

Leisure World patrons have the convenience of a charter bus that leaves from the LW Amphitheater bus loading area promptly at 6 p.m. Bus riders must arrive no later than 5:45 p.m. to board the bus.

Those who have not bought bus tickets may pay \$16 at the bus for each round-trip ticket with cash or personal check.

To purchase season tickets for the concerts or the bus directly from the LBSO, call 436-3203, ext. 232, or visit longbeachsymphony.org.

Last-minute concert tickets may be purchased at the symphony hall box office.

For more information, contact Beverly Emus, bus co-hostess, at 296-5586 or bemus@socal.rr.com.

Williams "Hatikvah" (Israel's national anthem) from the film Munich, his moving theme from Schindler's List and Ben-Haim's Symphony No. 1, 2nd Movement, "Psalm."

The finale will be the Verdi Requiem, which was performed by the Jewish orchestra and chorus in silent protest during the Nazi's SS visit at the Terezin camp and ghetto in 1944.

The frightening and instantly recognizable Dies Irae (Day of Wrath/Armageddon) is a dramatic and highly operatic requiem.

Opening night on Sept. 28 presents music by Ligeti, a Hungarian composer whose music has been heard in soundtracks to some of Stanley Kubrick's most famous movies, followed by Dvořák's Violin Concerto in A minor and Tchaikovsky's Symphony No. 5.

On Nov. 16, the Symphony will take a musical tour of France, leading off with an orchestral rendition of Debussy's charming "Clair de Lune," then stopping to savor the lush textures of Franz Schmidt's "Intermezzo" from his romantic opera "Notre Dame." The program includes Cesar Franck's Le Chasseur maudit (The Accursed Huntsman), in which he depicts a huntsman condemned to be pursued by Hell's demons for eternity for his failure to observe the Sabbath.

Saint-Saëns' Symphony No. 3, dubbed the Organ Symphony, will wrap up the evening. Saint-Saëns said of the work: "I gave everything to it I was able to give. What I have here accomplished, I

will never achieve again"

On Feb. 8, the Symphony will celebrate the rich heritage of folk melodies from the United States and Mexico reborn by 20th Century composers.

The program opens and closes with works by American composer Aaron Copland: El Salón México and Appalachian Spring orchestral suite, which is best known for its "Simple Gifts" melody.

In between will be rhythmic music from Arturo Marquez (b. 1950), who captures the essence of his native Mexico in his charming Concerto for Harp, "Mascaras" and from Carlos Chavez, whose Symphony No. 2, "Sinfonía india" consists of three melodies originating from native-American tribes of northern Mexico.

Beethoven's 250th birthday will be commemorated on March 7, when guest violinist Stefan Jackiw will solo on Beethoven's Violin Concerto in D major—the only concerto he ever wrote for the instrument.

Trombone lovers will revel in Schubert's Symphony No. 9, dubbed "The Great" to distinguish it from his shorter symphony in the same key.

The Classical season will wrap with an exploration of love and war by Romantic composers on May 30.

In Les Preludes, Liszt questions the meaning of love, life and death.

Then guest pianist Claire Huangci will present Clara Schumann's Piano Concerto in A

LBSO, page 17

LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, followed by a business meeting at 3 p.m.

Remembrances

Day succumbs to night
as light withers in exit
and terrestrial gems ignite.
Nature seemed to relish
the expected change
from hurried pace to caution.
All things, events,
now less measurable,
are in reflected softness.
It is the time when hearts beckon
and respond in treasured review
of past, priceless moon soaked moments.
It is the time,
the richest time,
in remembrances of you.

—Bob Vague

Theater Club Meeting Canceled

The Leisure World Theater Club will not meet on July 26. Meetings will resume next month.

KARAOKE
from page 12

pop hits, ballads, rock and country tunes. The audience was thoroughly entertained with the varied selections. Karaoke parties are each held on Wednesdays starting at 5:30 p.m. in Clubhouse 1. Practice sessions are Tuesday in Clubhouse 6 from 1-3 p.m. Everyone is welcome.

—Margie Thompson

DANCE
from page 13

Suede Sole Dancers: The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

Velvetones Jazz Club Dance: The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

Zumba Club: Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, reggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

Most notable in the Classical Concert Series is the Violins of Hope Concert on April 25, in which Symphony musicians will play instruments from the Violins of Hope collection that were played by Jewish musicians during The Holocaust.

Thanks to painstaking restoration by Amnon Weinstein and his son, they now bear testimony to the power of music to lift hearts in the most horrific circumstance.

The repertoire includes John

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The Fiction/Nonfiction Group of the Leisure World Creative Writers Club will meet Friday, July 26, at 1:30 p.m. in Clubhouse 3, Room 1. Leisure World residents and guests are invited to attend.

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(film or digital) and Imagination

Photo Arts Club

www.lwsb.com



Photo Arts Club ribbon winners were Regine Schumacher (l) and Sue Ann Gass in April.



Garden Club Plant Sale

The Leisure World Garden will host its second annual community-wide plant sale on Thursday, Aug. 1, from 9 a.m.-2 p.m. on the lawn and patio at 57-I Mayfield Road in Mutual 6.

Potted plants and ceramic pots will be available for purchase at bargain prices, nothing over \$3.

The proceeds will benefit local charities, such as We Care, that the Garden Club supports throughout the year. Everyone is welcome to come browse and buy.

—Nancy Goldstein

FOOD from page 11

only), Finbars Italian Kitchen hosts the third Monday, starting at 4:30 p.m.; and Hometown Buffet is here at 4 p.m. every fourth Monday. Menus and information are published in the LW Weekly.

Hometown Buffet also hosts Sunday brunches in Clubhouse 1 on the second and fourth Sundays. Check the LW Weekly for menus or sign up for LW Live! for real time updates by going to www.lwsb.com and following the link on the home page.

The Amphitheater season offers a Thursday night option with Koffel's food service serving from 5 p.m. at the venue. Tables are available, first-come, first-served, for pre-show dining.

LW bus service is available for all of these events. For schedule information, call 431-6586, ext. 373. For information on the restaurants, contact events@lwsb.com or ext. 326.

PHOTO ARTS CLUB

Composition is topic on Aug. 8

The Photo Arts Club photo winners for April were Regine Schumacher, first, for "Cactus Flowers"; Sue Ann Gass, second, for "Jellies" and Regine Schumacher, third, for "Kerala Backwaters" (*photos could not be run in April because of GRF election policy*).

The next meeting will be Thursday, Aug. 8, at 1:30 p.m. in Clubhouse 3, Room 9.

Ben Benjamins will lead a discussion on composition using photos submitted by the members who have a strong foreground and complementary background, or vice versa.

The photographers will describe their thought process in "making" the picture. Everyone is welcome.

—Esther Cummings

LB Chorale Auditions

The Long Beach Chorale, fresh off a dynamic season and trip to Carnegie Hall, encourages talented singers to audition for its 2019-20 season.

Auditions will be held by appointment during August; rehearsals take place on Monday nights in Northeast Long Beach. Prospective members are invited to contact the chorus by calling 427-1931 or e-mailing lbchorale@gmail.com for information or to schedule an audition. Singers in all voice parts are welcomed; the ability to read

CHORALE, page 17



Christopher
Sungmin Chung, MD
Family Medicine, Geriatric Medicine



Ellen
Dayon, MD
Internal Medicine



Rudolf
Haider, MD
Geriatric Medicine



Mary
Sherman, MD
Internal Medicine



Nancy
Smith, MD, JD
Family Medicine



Sullyvan
Tang, MD
Internal Medicine



Sarah S.
Yi, FNP-C
Family Medicine, Nurse Practitioner

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Mike Lessin

The Garden Club's Garden of the Month features colorful flowers, potted plants and an artfully arranged patio in Mutual 6 at 1351 Pelham Road, 68-I, the home of Jack and Sandy Wells.

LBSO

from page 14

minor, a work akin in its virtuosity to Chopin.

By contrast, Brahms' Symphony No. 4 in E minor, his final symphony, incorporates his interpretation of the ideal symphony.

The POPS! season kicks off Oct. 26, with a performance by crossover artist Lucia Micarelli, known for her collaborations with Josh Groban, Chris Botti, and Jethro Tull.

On Dec. 21, the holiday season will be celebrated with The Copa Boys; on Feb. 22 comes a celebration of Mardi Gras infused with New Orleans jazz.

A tribute to the great Broadway composers, Stephen Sondheim and Andrew Lloyd Webber follows on March 21 with tunes from "Gypsy," "West Side Story," "Sweeney Todd," "Evita," "Cats" and "Phantom of the Opera."

The POPS! season ends on May 9 with "A Night of Symphonic Rock," featuring an all-star band playing classic rock favorites.

The POPS! Series is presented by Farmers & Merchants Bank.

Patrons may choose from subscription options ranging from \$129-\$489 for all six Classical concerts and \$93-\$680 for the five-concert POPS! series.



Winners at the Art League meeting on July 9 were Irene Cohen (front, l-r), intermediate; and Allyn Constant, three-dimensional and popular vote, and in back are Carmen Leslie (l-r), best of show and Chin Feng Chang, masters.

MISSION PARK

The multipurpose courts at Mission Park will be closed the first Wednesday of every month after 3 p.m. for power washing.

The Recreation Dept. regrets any inconvenience.

CHORALE

from page 16

music is required. Auditions are brief, informal and non-threatening.

Led by Interim Artistic Director Matthew Martinez while Eliza Rubenstein is on sabbatical, the Long Beach Choral is comprised of more than 50 talented volunteer singers of all ages and backgrounds. Throughout its 31-year history, the Chorale has consistently earned high praise and rave reviews for its performances of a wide variety of repertoire. The ensemble's 2019-20 season will include performances of Faure's Requiem and their popular holiday celebration concerts.



Join us for an evening of entertainment

The summer concert series is underway

Sing along with the *Piano Man*. The Stranger, a Billy Joel tribute, is coming to Leisure World on August 1st. Come *Just the Way You Are* for a night of your favorite songs.

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The Stranger, a Billy Joel tribute

- Leisure World Amphitheater
- Thursday, August 1st
- Show starts at 8:00 p.m.

In sponsorship with





Crew of volunteers transformed clubhouse for the Democratic Club's annual fundraiser brunch.

LW DEMOCRATIC CLUB

Tromp, Carey named 'Democrat of Year' at brunch

Leisure World Democratic Club's fundraising brunch on July 13 was a festive event. Susan Thiedt contributed beautiful table decorations and Clara Wise used her amazing creativity to transform the clubhouse into a warm and welcoming place. A crew of volunteers helped with the table arrangements, setup, check in, ushering and cleanup.

President Mary Tromp and Diana Carey, a loyal supporter received Democrat of the Year awards, and a certificate of special recognition was given to Laura Wilson for her many contributions to the club.

The program at the July 17 regular meeting featured Meg James and Daniel Kunitomi in a presentation titled "The Future of Print Journalism." James covered county and state government in Florida as part of the Los Angeles Times team that covered the 2000 presidential election and the infamous "hanging chads." There is speculation that next year's primary election will provide a similar scenario.

The pair also discussed the revitalization of the LA Times newsroom management under

SENIOR PATRIOTS

Demonstration is July 31 at 4

All are invited to participate in a peace demonstration sponsored by Senior Patriots for Peace that in front of Leisure World along Seal Beach Boulevard on Wednesday, July 31, from 4-5:30 p.m.

Since the Democratic debate will overlap with the final half-hour of the demonstration, it is understandable that many will want to end early.

A repeat theme of "Immigration Justice" will carry over for this month.

The Guardian Journal reports best estimations of, "15,000 children under the age of 18, and some as young as 5 months have been separated from their families at the border, and detained in 121 detention facilities, in 17 states across our nation."

The American Civil Liberties Union filed a lawsuit in federal court on behalf of several California immigrant advocacy groups to stop an administration rule that would block virtually all

PATRIOTS, page 18

the new ownership of Dr. Patrick Soon-Shiong and the ways in which newspapers and other media overpolitics and elections.

Club members should be aware that the July 30 Democratic Presidential Candidates Watch Party potluck has been

rescheduled to Friday, Sept. 13, in Clubhouse 4. The Voter Awareness sessions will be dark for July and August and will resume on Sept. 24.

The club will also be staffing a voter registration table in the coming months.

GOP CLUB

California voting was topic

by Brian Harmon
LW contributor

Ruth Weiss, vice president and co-founder of the Election Integrity Project California, Inc. (EIPCa), discussed the new "Motor Voter" law, "vote harvesting", mail-in ballots, and out-of-date voter rolls, along with related issues at the LW GOP Club on July 17.

The new "Motor Voter" law gives everyone the ability to register to vote as a part of the driver licensing process, she said. The Department of Motor Vehicles (DMV) has recently been reported to have made at least 70,000 errors in the voter registration process, apparently due to computer glitches.

Also, individuals getting a driver license are warned that if they do not register at the DMV, they will not be registered to vote. As a result, many voters who are already registered to vote register again. What the warning should say is that unregistered individuals will not be allowed to vote.

As a result of this mistake in wording, millions of Californians will receive more than one ballot.

"Vote harvesting" is when an individual collects ballots from other people and turns them in to the Registrar of Voters (ROV). In the past relatives or care givers could do this for people who could not go to the polls themselves, but the person turning in the ballot had to sign. Under the new law, anyone can collect ballots from anyone and is not required to sign anything.

Using mail-ballots has become the way the vast majority of people vote, but it is fraught with opportunities for voter fraud. When mail-ballots are received by the ROV, the signature on the ballot is compared with the voter's signature on file. This system allows votes to be thrown out or counted based on the opinion of the ROV employees as to whether the signature is "close enough" to count.

GOP, page 18

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CREEDENCE CLEARWATER REVIVAL TRIBUTE

AUGUST 13 ANDY DIMINO
DEAN MARTIN TRIBUTE

AUGUST 20 THE CORAL PARADISE BAND
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Mutual 1 held first picnic in 10 years for shareholders.

MUTUAL 1**Over 150 enjoyed getting to know each other at picnic**

Over 150 people attended the Mutual 1 picnic on July 14 at the Clubhouse 1 picnic area. It was the first such event in over 10 years for the Mutual. Folks were absolutely delighted, having an opportunity to meet their neighbors, board members and enjoy the fun and fellowship.

Board members Denise Potterton and Eileen Merritt oversaw the arrangements and encouraged neighborly interaction with a bingo-style game that required folks to seek out such persons as one who had green eyes, a vegetarian, someone who had visited South Africa, someone who liked escargot. There were dozens of other similar characteristics for folks to discover about

one another.

The highlight of the evening was food supplied by residents for the potluck overseen by shareholder Cynthia Carvell.

Board member John Bararras fired up the grill and hotdogs and hamburgers were grilled to perfection. Shareholder Cassie Caddell helped keep up with the demand for burgers and dogs. She didn't have a moment to sit down until well into the evening.

Secretary of the Board Jill Brennan did her best to encourage folks to sign in and register, she was ably assisted by shareholder Kathleen Morrison. Board Vice President Seon Cho gathered the paper products that were stowed in the Mutual office and delivered

them early. CFO Richard Stone ordered and delivered the hamburgers and hotdogs, buns and condiments.

President Donna Gambol designed and produced the little garden flags that popped up all over the Mutual to remind folks of the event as well as the posters in each laundry room with the event details. She also cajoled the Board officers to don Cat in the Hat hats...and they did.

At the evening's end, Taylor offered the suggestion that the left over meat, buns and condiments be donated to Casa Youth Shelter.

A big shout out to all of Mutual 1 and thanks for participating in this fun event.

—Donna Gambol





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NIKKEI CLUB**Register for annual picnic, Aug. 8**

The Nikkei Club will host its annual picnic on Thursday, Aug. 8, from 10 a.m.-3:30 p.m. in the Clubhouse 1 picnic area.

Participants are requested to bring their food donations before 10:30 a.m. Lunch will begin at 11 a.m.

The hula dancers will perform at 12:05 p.m.

Shiori Lange, a social worker at the Health Center, will give a presentation at 12:45 p.m. Shiori is bi-lingual in English and Japanese.

Be sure to make reservations with the Picnic Committee ASAP, so that plenty of barbecued meat will be ordered. The Hawaiian-style barbecued chicken and beef must be ordered way ahead of time.

Everyone has the choice of bringing a side dish or dessert to compliment the main menu and admission is free. Those who do not want to contribute a side dish must pay \$7.

Notify a member of the Picnic Committee, Michi Kimura, 430-7242; Sherie Vanek, 296-8074; or Sybil Tanabe 296-8876; with the names of all who will be attending, so that plenty of barbecued meat can be ordered.

Remember to park in the parking lot behind the Golf Course across the street. Do not park in the marked parking areas on the east side of the picnic area, or along the west side of Clubhouse 1.

Korean-American Classic Music

The Korean-American Classic Music Academy will meet today, July 25, at 9:30 a.m. in Clubhouse 4.

Highlights of the class will include introductions to Saint-Saens and Rondo Capriccio's, "Danse Macarbe" and "The Carnival of the Animals, I,VII,VIII,XIV"; "Bruch, Kol Nidrei" and "Mussorgsky, Pictures at an Exhibition," "Promenade(1st), II, X."

Ken Chong conducts the appreciation of classical music and Robert Chung presents a golden oldie and the favorite songs selected by the members. The class is conducted in Korean. The objective of the KACMA is to promote fellowship through interpretation and appreciation of classical music, including symphonies and operas and by attending concerts.

For further information, contact President Angel Joh, 598-0313, or Program Chair Robert Chung, 387-7377, robertschung@hotmail.com.

GOP**from page 17**

Another problem is that when mail-in ballots are marked incorrectly, for instance, by filling in a box instead of placing an "X" in it, ROV workers copy it onto another ballot.

The Election Integrity Project California, Inc. along with Judicial Watch sued the State of California in Federal Court for failing to update voter rolls for the past 20 years.

"The focus was on L.A. County where one third of the voters live," Ms. Weiss said. "Many of the people on the voter rolls were deceased, moved, duplicates or long inactive voters," she added.

"Some were registered as many as seven or eight times," she said.

"The State settled the lawsuit and promised to do its best to update the voter rolls," she said.

EIPCa recruits poll watchers to insure that correct procedures are followed, and observers at ROV where signatures are checked and errant ballots are copied.

The Leisure World Republican Club meets on the third Wednesday of the month at 7 p.m. in Clubhouse 3, Room 2. All are invited.

PATRIOTS**from page 17**

migrants from claiming asylum at the U.S.-Mexico border.

People who have concerns about immigration issues are invited to join Senior Patriots for Peace in its demonstration for any block of time. Signs are provided, or bring one of your own.

For further information, call Lucille Martin at 430-1047 or Dorothy Kemeny at 242-4751.

— Lucille Martin

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Obituaries

...
Greytak, Gary Martin
 1937-2019

Gary Martin Greytak, 82, died at his home in Mutual 6 on July 12 after a long battle with bone cancer. He was frequently seen around Leisure World wearing his railroad engineer hat.



Gary was born on Jan. 3, 1937, in Butte, Montana. His parents moved the family to Long Beach when he was a young boy. Gary graduated from St. Anthony High School in Long Beach in 1955. He enrolled at Long Beach State College, where he received a BS in business administration and accounting in 1978, a MS in business administration in 1980 and a MS in civil engineering in 1983. He spent 10 years as a professor at Long Beach State. Gary spent most of his life as a civil engineer, always keeping his license in his wallet.

He worked in Saudi Arabia as an employee of Vinnell. Due to improper mapping prior to his arrival, his crew hit an electrical line, causing the adjacent city to lose power. As the man in charge Gary was held responsible and thrown in jail for two days. After hitting a second line, he submitted his resignation on a napkin and returned to work in the U.S. He completed his career with Caltrans, working on major projects in California.

Gary moved to Leisure World in 2000. He was active in many community activities, including the Y Service Club, Meals on Wheels, Friendly Couples and Holy Family Catholic Church. He also served as a consultant director for Mutual 6.

For many years, Gary volunteered with the Golden Age Foundation Tax Program, helping shareholders understand how their taxes were prepared. Gary served as the president of the Leisure World Cribbage Club for 10 years.

It was at the Cribbage Club that Gary developed a relationship with his future wife, Mary, who was the club's secretary. The Greytaks were married in November 2004.

He is survived by his beloved wife, Mary Greytak, two daughters, one grandson from a previous marriage, and four brothers survive Gary. He also leaves an adult stepdaughter Dee (Brian) Harmon, a resident of Mutual 12, three step-granddaughters and four great-grandchildren.

A funeral Mass will be held at Holy Family Catholic Church on Saturday, July 27, at 11 a.m., followed by a memorial luncheon at the Leisure World Community Church next door.

—paid obituary

Obituaries
 472-1276

...
Russell, Maureen May
 1932-2019

Maureen May Russell, 86, Mutual 11, died Feb. 14, 2019.

Maureen was born Oct. 21, 1932, in Los Angeles, California, to Hudson Hill McKee and Vera White McKee.

She married Harry Samuel Russell in Las Vegas, Nevada, on Sept. 12, 1964.



She grew up in Corona del Mar and then lived in Fountain Valley, Downey and Lakewood.

She was a caring licensed practical nurse (LPN) and caregiver.

She was a wonderful mother and grandmother. She loved animals, especially her cat "Muffy." She enjoyed going to the Seal Beach Pier and often found cats to feed. She loved the ocean and enjoyed dining out and shopping.

In Leisure World, she was a member of the Red Hats and Assembly of God Church.

Maureen was preceded in death by her husband, Harry, on March 25, 1998 and granddaughter, Tabitha Marsh, July 7, 1985.

She is survived by her children, Laurie Lynn Marsh, Jonesboro, Arkansas, and Patricia Ellen Smith, Jonesboro; brother, Hudson McKee, Torrance, California; grandchildren, Matthew (Tiffany) Smith, Cypress, Texas, Kathryn (Ryan) Durham, Jonesboro, Tiffany (Tony) Alamo, Pocahontas, Arkansas, and Joel (Bri) Marsh, Fort Smith, Arkansas; and great-grandchildren, Emily Smith, and Julia Smith of Cypress, Texas.

Services conducted by Pastor Sam Pawlak were held on Feb. 17. She is interred at Rose Hills.

...
In Memoriam
 Van Leland Hickman 87
 Karen Gibbs 74
 Adam Southard 50
 Lois Thoman 83
 Susan Hartman 77
 Jonine Wright 84
 David Cranston 66
 Dennis Anderson 68
 Barbara Klimp 91
 Corina Goetz 55
 Ilona Bodo 101
 Marjorie Gromme 99
 Christine Materre 84
 Carmen Gonzalez 85
 Andre Hill 69

*Families assisted by
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 with photos
 attached as
 jpg files.**

PAWS, CLAWS, & BEAKS

Dog walks will be revived on July 27

All Leisure World pet lovers are invited to join the Paws, Claws and Beaks on revamped dog walks, starting July 27 at 9 a.m. Dog walkers will meet at Glenview Road and St. Andrews Drive by the big tree behind the bus bench on St. Andrews.

Walks will be held on the last Saturday of each month. Starting locations may differ. Watch newspaper and emails for notification of any changes.

Call Bonnie Kaplan, (714) 930-5314 or Jackie Hildebrant (714) 423-8279 for more information.



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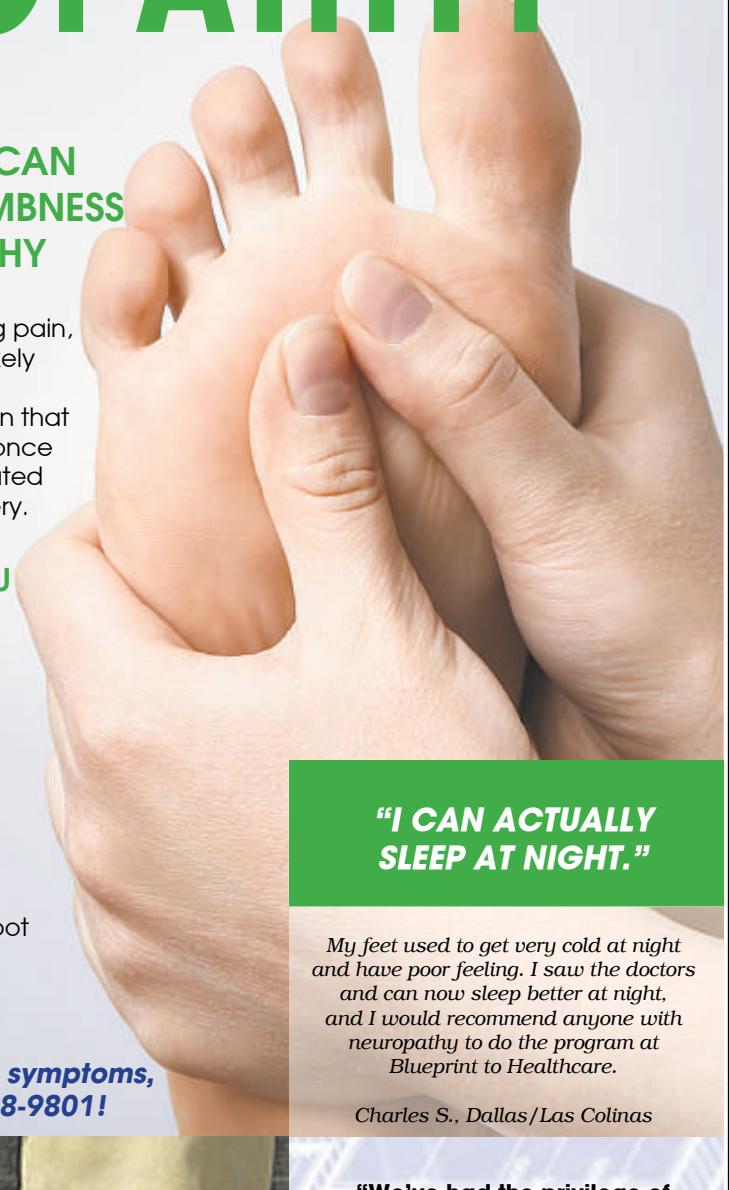
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ORANGE COUNTY FAIR

Soar above fairgrounds on Senior Days for free

Fridays are Senior Days at the Orange County Fair. Guests 60-plus receive \$5 admission and free Ferris wheel and merry-go-round-rides, including the Le Grande Ferris Wheel.

The Le Grande Wheel is the world's largest transportable Ferris wheel. It is second in size to the London Eye and Le Grande Roue de Paris, both are stationary due to their size.

The wheel reaches heights of more than 150 feet. It is one of the highest vantage points for viewing the fair in its entirety.

At 170 feet, the OC Fair's tallest ride is Titan. The ride loops riders 360 degrees at a maximum speed of about 60 mph. Titan, the tallest traveling booster ride in the

country, is making its California debut at this year's OC Fair. The Le Grande Wheel arrives in 22 containers, it is transported to the fair grounds in 17 18-wheelers. Assembly requires the use of a 60-ton crane and takes 10 days to complete.

It took three years to build and requires more electrical power than all other rides at most fairs.

The 2019 OC Fair runs through Aug. 11. It is open Wednesday-Friday, noon - midnight; and Saturday-Sunday, 11 a.m.-midnight. It is closed Monday and Tuesday.

General admission is \$12 for ages 13-59; \$7 for seniors 60-plus and youth 6-12, Wednesday-Friday. Admission on weekends,

Saturday-Sunday, is \$14 for ages 13-59; \$7 for seniors 60-plus and youth 6-12. Children 5 and younger are free.

HOLY FAMILY CHURCH

Trip set to see da Vinci exhibit

The St. Therese Organization of Holy Family Church will escort a summer field trip to the Ronald Reagan Presidential Library and Museum to see the exhibit, The World of da Vinci on Friday, Aug. 16, at 10 a.m. The exhibit features over three-dozen reconstructions of Leonardo da Vinci's fantastic machines, including over a dozen that are built life size, including his Great Continuous Organ, Mechanical Lion and Great Kite.

The exhibition also contains many hands-on interactive stations to learn more about his inventions and his art, including the Mona Lisa and Last Supper.

Motorcoach bus transportation and lunch are included. Lunch will be an upscale buffet at the Air Force Pavilion, under the wings of Air Force One.

Tickets are \$80 per person and are available at the parish office Monday-Friday, from 9 a.m.-3 p.m.

For more information, call 430-8170 during office hours.

The LW Weekly
430-0534



On the Go

Day Trips

Pala Casino - Friday, July 26, \$6, American Legion, Phyllis Pierce, 362-0437

Anaheim Angels vs. Tigers - July 31, \$40, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Casa Romantica, Newport Harbor Cruise - Aug. 8, \$99 with breakfast buffet, David Nell/Good Times Travel, (888) 488-2287

Hollywood Bowl, Tchaikovsky Spectacular, featuring USC Trojan Marching Band with Fireworks - Aug. 10, \$99, David Nell/Good Times Travel, (888) 488-2287

Pantages Theatre, Miss Saigon - Aug. 10, \$149, David Nell/Good Times Travel, (888) 488-2287

Pageant of the Masters, Laguna Beach - Aug. 14, \$85, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Ronald Reagan Presidential Library and Museum, The World of da Vinci - Friday, Aug. 16, \$80, St. Therese Organization of Holy Family Church, 430-8170

Walt Disney Concert Hall, Cal Phil, The Emperor's Roundup - Aug. 18, \$99, David Nell/Good Times Travel, (888) 488-2287

Wild Goose Cruise, Newport Harbor Aboard John Wayne's Yacht With Roger's Gardens - Aug. 24, \$129 with champagne brunch, David Nell/Good Times Travel, (888) 488-2287

Glendale Center Theatre, "Annie" - Aug. 31, \$99 with lunch Tam O' Shanter Inn, David Nell/Good Times Travel, (888) 488-2287

Harrah's Rincon - Thursday-Monday, no Tuesdays or Wednesdays, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

Pala Casino - Daily, free, Amphitheater, 8 a.m., (714) 985-9555

Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

Overnight Trips

Black Hills & Badlands - six days, Aug. 17-22, featuring Mt. Rushmore, Crazy Horse, Badlands National Park, Custer State Park, single hotel stay, David Nell/Good Times Travel, (888) 488-2287

Yellowstone, Glacier & Grand Teton - eight days, Aug. 28-Sept. 4, featuring Yellowstone, Glacier and Grand Teton national parks, National Park lodge stays, David Nell/Good Times Travel, (888) 488-2287

Canadian Rockies & Glacier Park - Sept. 10-16, Traveling Tigers Club, Joanna Matos, 598-1849

Enchanting Canyonlands - six days, Sept. 19-24, featuring Zion, Bryce and Capitol Reef national parks, Cedar Breaks, Escalante-Grand Staircase, David Nell/Good Times Travel, (888) 488-2287

Colors of New York & Niagara - seven days, Sept. 25-Oct. 1, featuring Niagara Falls, Fingers Lakes, Berkshires, Norman Rockwell Museum, Corning, Toronto. David Nell/Good Times Travel, (888) 488-2287

Palm Springs, Death Valley, Joshua Tree & Las Vegas - Nov. 4-7, Traveling Tigers, Joanna Matos, 598-1849

Hearst Castle at Christmas - Dec. 16-18, Traveling Tigers, Joanna Matos, 598-1849

GRF RECREATION

Pageant of Masters' bus is full; waiting list is being compiled

The GRF Recreation Department trip to an evening performance of the 2019 Pageant of the Masters on Wednesday, Aug. 14, is completely sold out, however a waiting list is being taken and if enough interest is shown, a second bus will be added, so contact the events coordinator as soon as possible to be added to the list.

The 2019 Pageant of the Masters, "The Time Machine," will take audiences around the globe and into the past, present and future in search of great art and amazing stories. Taking its



cues from science fiction and steam punk fantasies, "The Time Machine" will be a ticket to thrills, laughter, beautiful music and extraordinary living art under the stars.

Seating will be in the main tier, which offers an ideal perspective for the performance. Although it might be sunny and warm during the day, be prepared for the temperature to drop when the sun goes down. Those with mobility issues who are unable to navigate the venue without assistance will need to purchase an additional ticket for their caregiver or assistant.

Tickets are \$85 and include bus fare and gratuity.

For further information, call 431-6586, ext. 326, or email, events@lwsb.com.

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Cho Heah "Grace" Lee(l) and Jeanie Morris, friends of Joyce Rettella (c) Mutual 7, will miss the smiles that Joyce readily provided to brighten their days. Joyce was born Jan. 23, 1940, and died June 14, 2019. She was a member of the Mutual 7 Board of Directors for many years and will be missed.



A group of Leisure World women enjoyed a beautiful day aboard the Long Beach Transit AquaLink to celebrate July birthdays during Happy Hour at Tequila Jack's in Shoreline Village. The birthday girls Claudia Francoeur, Linn Atkinson and Terese Smith.

RECAP from page 5

Finance Committee - Approve Funds Transfer Request - Reserve Funds

MOVED and duly approved a transfer of \$1,022,000 of reserve funds, from First Foundation Bank to Morgan Stanley, \$250,000 from First Foundation Bank reserve funds and \$245,000 from US Bancorp reserve funds to Morgan Stanley following the receipt of maturing investments from those financial institutions, for the purposes of maximizing insured funds and to invest in brokered CDs at Morgan Stanley.

Finance Committee - Approve CD Purchase - Reserve Funds

MOVED and duly approved the purchase of brokered CDs, through Morgan Stanley, totaling \$1,517,000 of reserve funds, with terms ranging from 12 months to 18 months, at the prevailing interest rates, at the time of purchase.

Finance Committee - Amend 40-5115-3, Finance Committee Charter

MOVED and duly approved to amend 40-5115-3, Finance Committee Charter, incorporating the additional Committee goals approved by the GRF Board of Directors at the retreat held on June 27, 2019.

Governing Documents Committee - Ratify New DMS Categories and Titles

MOVED and duly ratified the use of new header categories and document titles for the current GRF governing documents (reduce the header from three lines to two lines and replace the current document names with new document names).

Governing Documents Committee - Adopt Proposed GRF Governing Documents Format

MOVED and duly approved the formatting of GRF governing documents, as amended: (reduce the space between the Document History and end of text of governing document on the last page, amend the Document History section from one column to three columns, add the section 'Key Words', in bold below Document History, move the text "GOLDEN RAIN FOUNDATION, Seal Beach, California to the footer, and reduce the size of footer text to 10 point).

MOVED and duly approved a revision to all GRF Committee Charters presented to the Board today: Paragraph one: "Pursuant to state statute (Corp. Code §7210; Corp. Code §7212(c)) and Article VIII of the Bylaws of the Golden Rain Foundation (GRF), the Board of Directors (BOD) hereby establishes the _____ Committee and grants to the Committee authority specifically stated within the GRF governing documents." Paragraph two: "In accordance with Article VII Section I of the Bylaws, the committee chair and members shall be appointed by the GRF President and approved by action of the BOD, and add GOALS:

- a. Increase organizational effectiveness and efficiency, b. Protect, preserve, and improve our assets.

Governing Documents Committee - Adopt 30-5180-3 Governing Documents Committee Charter

MOVED and duly approved to adopt 30-5180-3, Governing Documents Committee Charter, as amended.

Physical Property Committee - Reserve Funding Request - Heat Pumps, Clubhouse Two, Units #2 and #6

MOVED and duly approved to award a contract to Greenwood Heating and Air to replace two (2) heat pumps, in Clubhouse Two: units #2 and #6, for a cost not to exceed \$12,800, Reserve Funding, and authorize the President to sign the contract.

Physical Property Committee - Amend 60-5130-3, Physical Property Committee Charter

MOVED and duly approved to amend 60-5130-3, Physical Property Committee Charter, incorporating the additional Committee goals approved by the GRF Board of Directors at the retreat held on June 27, 2019.

Physical Property Committee - Capital Funding Request- SCE Charge Ready Program/EV Charging Stations

MOVED and duly authorized SCE to install the infrastructure for five (5) electric charging stations at Clubhouse Two parking lot,

funding through the SCE Charge Ready Program, and to authorize the installation of five (5) level two (2) charging ports, at a cost not to exceed \$10,000, Capital Funding, and authorize the President sign any agreements and authorize the Executive Director to make the needed purchase of equipment.

Physical Property Committee - Reserve Funding Request - Replacement of Channel Fencing, Main Gate Entrance

MOVED and duly approved to award a contract to Quality Fence for the replacement of 60' of fencing over the channel, at the Main Gate Entrance, for a cost not to exceed \$3,000, Reserve Funding, and authorize the President to sign the contract.

Recreation Committee - Adopt 70-1433-1, Trust Property Locker Rules and Regulations

MOVED and duly approved to adopt 70-1433-1, Trust Property Locker Rules and Regulations, which sets forth the rules and regulations for the use of Trust Property Lockers.

Recreation Committee - Amend 70-1422-3, Marquee Usage

MOVED and duly approve to amend 70-1422-3, Marquee, changing the name to Marquee Usage and clarifying usage procedures.

Recreation Committee - Amend 70-5135-3, Recreation Committee Charter

MOVED and duly approved to amend 70-5135-3, Recreation Committee Charter, incorporating the additional Committee goals approved by the GRF Board of Directors at the retreat held on June 27, 2019, updating the Committee duties, and updating the cost center numbers associated with the Recreation Committee.

Security, Bus & Traffic Committee - Amend 50-5145-3, Security, Bus & Traffic Committee Charter

MOVED and duly approved to amend 80-5145-3, Security, Bus and Traffic Committee Charter, incorporating the additional Committee goals approved by the GRF Board of Directors at the retreat held on June 27, 2019.

Security, Bus & Traffic Committee - Approve Request to Seal Beach Police Department for Traffic Enforcement on Trust Property

MOVED and duly approved to send a formal request to the City of Seal Beach City Council, for Seal Beach Police Department traffic enforcement upon Trust Property as Trust Property has been certified to meet the standards of CAMUTCD.

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Notice of Policy Change — 70-1406-1, Limitations on Use

Per the action of the GRF Board on July 23, 2019, in accordance with Civil Code §4360, Notice of Tentative Approval of Adoption of 70-1406-1, Limitations on Use, Board hereby provides general notice to all Shareholders/Members of proposed amendment.

70-1406-1, Limitations on Use

Limitations have been placed on certain Golden Rain Foundation (GRF) Trust facilities. The Recreation Department (RD) is authorized to verify the status of any user and may enlist the Security Department (SD) and/or other agencies to enforce this policy.

1. The following Trust facilities are provided for the use of GRF Members in good standing:

- a. Car wash;
- b. Exercise room (Policy 1466-50);
- c. Golf course (Policy 1429.1-50 & 1429.2-50);
- d. Lapidary room;
- e. Swimming pool (Policy 1468-50); and
- f. Woodshops.
- g. Multi-courts and bocce

Caregivers may assist Members who use the facilities and remain with them, but they may not use the above facilities themselves.

Special events take precedence when approved by the RD.

2. Due to safety factors, the following limitations must be adhered to:

- a) Power equipment, such as the equipment used in the lapidary room, woodshop or exercise room, shall not be used except under the supervision of a RD approved attendant or supervisor;
- b) Football, baseball, soccer, hockey, basketball and other contact sports may not be played on GRF Trust property due to the possibility of injury to Members and/or guests;
- c) Risers may not be stacked upon one another for any activity in a clubhouse; and
- d) Use of skateboards, razor-type scooters, roller skates, hoverboards, a Segway or roller blades is prohibited on all Trust property.

3. The following Trust facilities are provided for the use of GRF Members in good standing and their guests who are at least eighteen (18) years old. Members must be present at all times when guests are using these facilities:

- a. Amphitheater (Policy 1412-50);
- b. Art room;
- c. Billiards rooms;
- d. Card room;
- e. Ceramics room;
- f. Sewing room;
- g. Shuffleboard Court; and
- h. Table tennis area (Policy 1463-50).

Caregivers may assist Members who use the facilities and remain with them, but they may not use the above facilities themselves.

4. The following limitations must be adhered to for craft fairs, flea markets, rummage sales, and swap meets excluding the GRF Arts and Crafts Festival: (Policy 1480-50)

- a. Will not be allowed for a four-week period prior to the GRF Arts and Crafts Festival;
- b. The maximum number of tables allowed shall be approved by the RD;
- c. All items for sale must be sold by GRF Members; and
- d. Operations will be monitored by the RD to ensure that all policies are followed.

Clubhouse Rules

The following rules are to be posted in all clubhouses for the information and guidance of all concerned:

1. Clubhouse lobbies will be available for reservations with RD heads' approval. Lobby furniture may only be moved by custodial staff;
2. Dining and kitchen facilities shall be cleaned by the reserving member after being used. (Policy 1411-50);
3. Clubhouse One (1) Picnic Area shall be cleaned by the reserving member after being used, except for the BBQ, which shall be cleaned by the custodian after it has cooled down;
4. Clubhouse Three (3) BBQ's will be cleaned by the custodians;
5. The regulation of the thermostats shall only be controlled by the custodian on duty;
6. Malfunctioning and/or damaged equipment shall be reported to the custodian or the RD;
7. Items shall not be hung on window coverings or partitions at any time;
8. Only masking tape shall be used to attach items to the walls – no other type of adhesive is authorized. Push pins or tacks may be used to attach items to the soundproofing panels;
9. No push pins or tacks can be used on walls. Any cost to repair will be charged to reserving party;
10. Items shall not be stored behind the stage drapes in Clubhouse Four (4), or in any other area of any clubhouse without RD approval;
11. Decibel sound levels inside clubhouses and outdoor entertainment areas should not exceed eighty (80) decibels and will be monitored by staff on duty;
12. Children under the age of eighteen (18) years shall remain under the constant visual supervision of an adult;
13. No Smoking (Policy 1412.2-50);
14. Only licensed Service or Emotional Support Animals, duly registered with Stock Transfer, are permitted in or on Trust property. (Policy 1023-33);
15. Power-driven mobility devices operated inside the clubhouses shall display an authorized handicap decal issued by the SD. The vehicle shall be operated at the lowest possible speed at all times within a clubhouse. Electric wheelchairs are exempted;
16. Any person, persons or activities which disturb an event shall be brought to the attention of the custodian or the SD;
17. All damages, repairs or unusual cleaning costs shall be the responsibility of the reserving Member;
18. Members shall notify the RD when a caterer will be used. (Policy 1431-50);
19. Candles shall only be used in Trust facilities without carpeting; and
20. GRF reserves the right to disallow the use of Trust property to any Member at any time.

Specific Rules of Clubs or Organizations Using Trust Property

Any club or organization using Trust property cannot make rules or regulations that conflict with the established rules and regulations of the GRF.

Neither the GRF, nor staff employed by the GRF, may become involved with enforcement of club or organization rules or regulations.

Eligible Clubs and Organizations

GRF Trust facilities shall be maintained and preserved for the social, cultural and

recreational benefit of all GRF Members. Policies of control shall be reasonable, and yet not allow for exploitation of Members by individuals, groups, clubs or organizations.

Standard practices to be followed by clubs or organizations using GRF Trust facilities shall include the following:

1. The club or organization shall have a defined purpose. A current annual application, with bylaws attached, must be filed with the RD.
2. There shall be an annual business meeting, including election of at least three (3) officers, and financial accounting to Members of the club or organization of all funds.
3. The club or organization shall specify a regularly scheduled meeting time and place.
4. The RD shall be kept informed of any change of officers, By-laws or purpose of the club.
5. Although Members are allowed to invite guests, no club may advertise or publicize its activities so as to infer its membership or events are open to non-GRF Members.
6. Caregivers cannot belong to any club.
7. Should a complaint be lodged by a member of a club for any reason, the RD can require all pertinent detailed documentation needed to resolve the complaint:
 - a. If a club refuses to comply with the request, they can have their use of Trust property suspended until they do;
 - b. If the complaint is found to be valid, the club will be given 30 days to remedy;
 - c. If the club fails to comply, the clubs status as a recognized club in LW may be terminated, and all further use of Trust property will cease;
 - d. The Club has the right to appeal the RD's decision to the Recreation Committee. Appeal must be in writing to the Recreation Committee Chair; and
 - e. A final appeal to the GRF Board, must be requested in writing to either the Executive Director or GRF President.
8. GRF reserves the right to disallow the use of any Trust property to any club or organization at any time.

Use of Clubhouse Facilities by Outside Organizations

GRF Members in good standing that belong to an organization outside of the community may be permitted to reserve a clubhouse facility once each calendar year for an event by that organization if space is available.

A two hundred dollar (\$200) refundable fee is required at time of reservation from reserving Member.

Members are responsible for the organization's activities and shall ensure that the organization follows all established policies relating to Trust property use.

In the event that more than one Member belongs to the same outside organization, that organization is still limited to one invitation per calendar year.

GRF Sponsored Activities

Members are able to invite guests as long as the number of guests does not comprise a majority of the attendees.

Hours:

1. The clubhouses will be open for the use of Members and guests accompanying them from 7:30 am to 10:00 pm.
2. Hours of operation for the Exercise Room, Golf Course, Multi-court and Bocce, and Swimming Pool will be determined administratively.
3. The Exercise Room, Golf Course, Multi-court and Bocce, and Swimming Pool will be limited to Members. Caregivers or guests are not permitted to use these areas.
4. The Exercise Room, Golf Course, and Swimming Pool will be closed Thanksgiving, Christmas and New Year's Day.
5. Any Trust facility may be closed at any time for maintenance.
6. No personal trainers are allowed in the Exercise Room.
7. The Amphitheater will be available for use by recognized clubs and organizations by reservation only. (Policy 1412-50)
8. The Golden Age Foundation can use the hospitality area in Clubhouse Six (6) on any holiday for the benefit of the Members.
9. Clubhouses One (1), Two (2), Four (4), Six (6), and building Five (5) will be closed Christmas and New Year's Day. Exceptions are at the discretion of the RD.
10. Clubhouses One (1), Two (2), Six (6), and building Five (5) will be closed Thanksgiving Day. Exceptions are at the discretion of the RD.
11. Any permanent operational time change(s) must be approved by the Recreation Committee.

Notice of Closing

Whenever it may become necessary to close down or limit the use of any Trust facility for a non-emergency reason, advance notice of up to one month is to be given to the RD, who, will give proper notification to all concerned.

Charges

1. Charges will be assessed for clubs and/or private parties using Trust facilities when the scheduled or actual use extends beyond the official hours, or when additional help or special accommodations are required. The rate to be used is the lowest established billing rate currently in effect as determined and published by the Accounting Office. In the event of overtime, a minimum of one hour will be charged.

2. Parties requesting the use of meeting rooms will be required to pay all charges for damages, repairs or unusual cleaning costs.

3. See 70-1406-2, Limitations on Use Fees.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

- Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "70-1406-1, Limitations on Use" or

- Mailing comments to:

Golden Rain Foundation

P. O. Box 2069

Seal Beach, CA 90740

Attn: Proposed Document Revisions, or

- Dropping off written comments to the receptionist located on the second floor of the Administration Building.

Please reference 70-1406-1, Limitations on Use on any correspondence you submit.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to 70-1406-1, Limitations on Use at its August 27, 2019 meeting.

POLICY

from page 6

of the Administration Building.

Please reference 70-1406-2, Limitations on Use, Fees, on any correspondence you submit.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to 70-1406-2, Limitations on Use, Fees, at its August 27, 2019 meeting.

Sports & Games

BOCCE

Wildcard team wins recent tournament



Ed Beggs and Bobby Pham proudly display their first place award for winning the Bocce Ball tourney on July 13.

Cards and Games Scoreboard

Friendly Pinochle Club winners July 18: Ruth Bonnema, 11,260; Sylvia Clinton, 10,870; Alma Zamzow, 10,550; Richard Van Waschnova, 10,490. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

- Bert Sellers

...

Leisure World Duplicate Bridge Club over-all winners in a two-section game on July 18, were: First in Strat A: Judith Jones-Al Appel; second in Strat A: Jeanette Estill-Eileen Kotecki; third in Strat A: Janet Wagner-Carol Murakoshi; fourth in Strat A, first in Strat B and C: Marlene McIlroy-Ted Cooper; fifth in Strat A, second in Strat B: Fred Reker-Russ Gray; sixth in Strat A: Larry Topper-Judith Cook; third in Strat B, second in Strat C: Priscilla Caillouette-Eric Kaplan; fourth in Strat B, third in Strat C: Barbara Wallace-Bill Dilks; fifth in Strat B, fourth in Strat C: Tony and Miranda Reddy; sixth in Strat B: Marty Lipman-George Alemshah; fifth in Strat C: Mark and Gary Singer. Winners in the game on July 15, were: N/S: First in Strat A and B: Julie Cunningham-Gene Yaffee; second in Strat A: Sibyl Smith-Diane Schmitz; third in Strat A, second in Strat B: Marty Lipman-George Alemshah; tied for fourth in Strat A, tied for third in Strat B, tied for first in Strat C: Russ Gray-Sylvia Kaprelyan and Miranda and Tony Reddy; sixth in Strat A: Joan Tschirki-Ron Yaffee. E/W: First in Strat A and B: Fred Reker-Sue Fardette; second in Strat A and B, first in Strat C: Cookie Pham-Ellen Kice; third in Strat A and B: Howard Smith-Sue Boswell; fourth in Strat A: Jeanette Estill-Marilyn McClinton; fifth in Strat A, fourth in Strat B: Nancy Lichten-LaVonne McQuilkin; sixth in Strat A: Judith Jones-Al Appel; fifth in Strat B: George Koehm-Dorothy Favre. Reservations are requested to play in the Monday and Thursday afternoon games in Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservation. To make or cancel a reservation for Mondays, call Gene Yaffee at 430-7040 or email her, no later than 10:30 a.m. on game day, at grandmagene83@gmail.com; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of

SCORES, page 27

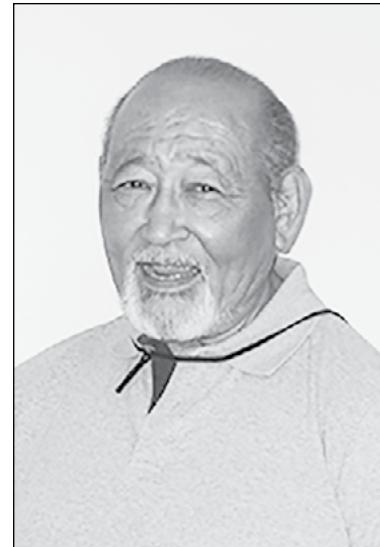
TOURNAMENT POKER

Sera wins with pair of 9s, queen kicker

Harry Sera won his first final table of 2019 on July 13. His pair of nines with queen kicker bested second place Tom Pappas to end the game. Third place was Guta Basner, followed by Joyce Smith, Grace Buster, Ken Goetsch, Bill Zurn and Mike Gass. High hand was Wade Carmen with kings full of jacks. Susan Dodson won the featured hand, winning while holding a four and six.

Sera, formerly from El Monte, lives in Mutual 9 with his wife, Sonia. He retired from a career as an engineer, and has been active with handball, kayaking and fishing in the past. Currently he plays in many poker games through the week.

Private poker lessons will be given by Barry Brideau, (714) 401-7622. Contact him if inter-



Harry Sera
ested.

For other club information, contact Wendy Wu at (714) 366-0940.

It's not supposed to happen, but it does...often. On July 13, the wild card team of Ed Beggs and Bobby Pham swept in to defeat the winners of the Sunday, Tuesday and Thursday Bocce Ball leagues at the recent tournament.

It was no fluke as Ed and Bobby made it look easy as they dominated their two matches with no wasted rolls and spot on accuracy. Congratulations guys. Here are the final results:

First Place-Ed Beggs and Bobby Pham

Second Place-Sandy Derouin and Zoe Pickell

Third Place-Terry Thrift and Bob Berry

Fourth Place-Chandra and Harshad Patel

The summer league begins Saturday, July 27, at 9 a.m. Shareholders can sign up as a team or an individual. Call Bob Berry at 522-8967 for more details.

- Terry Thrift

WOMEN'S GOLF

Meripol wins nine-hole tournament

Fifty-four members of the Women's Golf Club played for low gross, low net and fewest putts in the July 16 nine-hole tournament.

The overall winner was Liz Meripol with 10 putts.

The flight winners were:

Flight A - low gross, Theresa Lim, 26; low net, Helen Yoon, 23; fewest putts, tie between Theresa Lim, Helen Yoon and Mary Park, 11.

Flight B - low gross, Joann Lim, 29; low net, Cecilia Han, 25; fewest putts; tie between Joann Lim, Cecilia Han, Anne Walshe, Pam Krug and Sun Lee, 13.

Flight C - low gross; tie between Laura Garcia and Soo Kim, 34; low net, tie between Liz Meripol and Neva Senske, 25; fewest putts; Liz Meripol, 10.

Flight D - low gross; Sandra Dedubovay, 35; low net, tie between Ock Im and Evelyn Scherber, 27; fewest putts; Sandra Dedubovay, 15.

Birdies were hard to come by, though, with only one each by Fujio Norihiro, and Jim Dickerson.

Fujio was closest to the pin on hole No. 12. Bob Munn was closest on hole No. 4.

All scores are net (actual score minus handicap).

A Flight: First, Sam Choi; second tie between Dave LaCasella and Jim Dickerson; third, Jim Goltra; fourth, John Meyer.

B Flight: First, Dennis Kotecki; second, Bob Munn; third, Lowell Goltra.

The Men's Friday Golf League played on July 12 at Meadowlark (par 70).

The continuing, persistent April/May/June gloom was present. Seven competed over 18 holes

GOLF, page 27

GUYS AND GALS GOLF

Jae Kim gets hole-in-one on No. 1

The Guys and Gals first golf tournament for the month was played on July 17 at the local course. Like many previous mornings it was cool and damp early, but the sun shone through later and it became warmer and very pleasant.

Thirty-eight teams of one man and one woman contended over 18 holes (par 54) in three Flights. "A" flight has teams with combined handicaps of 0-10; "B" flight, 11-13; and "C" flight, 14 - 18. All scores are net (actual score minus handicap).

Jae Kim one of the golf course starters, had a hole-in-one on the 104 yard first hole. Additionally, there were eight circle hole winners.

Flight winners:

"A" flight: Bob Turner-Janice Turner, 42; tie for second between Gary Stivers-Mary Ann Moore and Chang Choi-Soo Choi, 46; tie for third between Alan Sewell-Patti Smith, Won Song-Jane Song and Bill Lyons-Pam Krug, 48.

"B" flight: Dale Williamson-Mary Grieg, 43; Jae H. Lee-Sun Lee, 44; Bill McKusky-Yvonne Kim, 45.

"C" flight: Joon Yoon-Young Yoon, 42; tie for second between Jim Dickerson-Laura Garcia and Marvin Jones-Marilyn Hewitt, 47; tie for third between Mike



Jae Kim

Carlson-Sue Yokomi and Larry Shulman-Stella Yoon, 48.

Closest to the pin on hole No. 8 was Gary Stivers at 7 feet, 4 inches and Sun Lee at 9 feet, 5 inches. On hole No. 17 it was Bob Turner at 2 feet, 9 inches and Janice Turner at 13 feet, 8 inches.

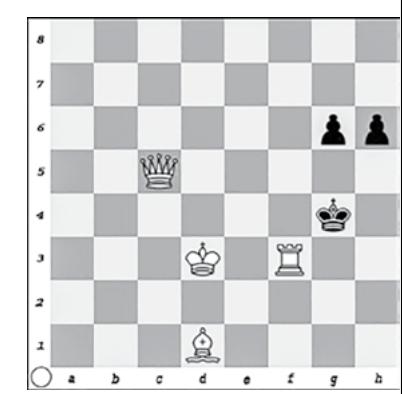
The Guys and Gals Tournament is held on the third Wednesday of each month, and on the fifth Wednesday of months that contain five Wednesdays. The next tournament is scheduled for July 31.

Chess Club Puzzle

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

...

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, **CHESS, page 27**



FRIDAY GOLF

Men compete at Willowick, Meadowlark

The Men's Friday Golf League played on July 19 at Willowick Golf Course (par 72) in Garden Grove. On an initially overcast morning, 11 men competed over 18 holes in two flights. Surprisingly, the sun came out early and it became a beautiful day to play golf.

Birdies were hard to come by, though, with only one each by Fujio Norihiro, and Jim Dickerson.

Fujio was closest to the pin on hole No. 12. Bob Munn was closest on hole No. 4.

All scores are net (actual score minus handicap).

A Flight: First, Sam Choi; second tie between Dave LaCasella and Jim Dickerson; third, Jim Goltra; fourth, John Meyer.

B Flight: First, Dennis Kotecki; second, Bob Munn; third, Lowell Goltra.

The Men's Friday Golf League played on July 12 at Meadowlark (par 70).

in two flights.

Meadowlark played tough and surrendered no birds. Fujio was closest to the pin on hole No. 16. Ron Jackson had the other birdie on hole No. 7. There were no holes-in-one.

A Flight: John Mayer, 68; Bruce Anderson, 70; Gary Stivers, 71; and tie or fourth between Paul Cose and Bill McKusky at par 72.

B Flight: first, Lowell Goltra, 70; second, Bob Munn, 72.

Fewest putts: A Flight, Gary Stivers, 26; B Flight, Lowell Goltra, 27.

Both the Monday and Friday Golf Clubs play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required, and men, women, spouses and friends are welcomed. There is a prize

GOLF, page 27

SCORES from page 25

com. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon and 1 p.m.

— Gene Yaffee

...

Burning Tree Duplicate Bridge Club winners: July 20: N/S: Fred Reker-Joan Tschirki; Mark and Gary Singer; Sibyl Smith-Jeanette Estill; Alan and Barbara Olschwang. E/W: Joyce Henderson-Howard Smith; Emma Trepinski-Russ Gray; Al Appel-Judy Jones; Harriet Weiss-Joyce Basch. Jul 19: Sibyl Smith-Jane Reid; Joan Tschirki-Fred Reker; Sue Fardette-Linda Stein; Betty Jackson-Sharon Beran; Cooie and Jack Dampman; Jean Kato-Barbara Harris. E/W: Howard Smith-Sue Boswell; Russ Gray-Ellen Kice; Paul Chen-Cookie Pham; Jeanette Estill-Marilyn

McClintock; Judy Jones-Al Appel. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Friday, Aug. 16, the summer picnic and club championship.

— Fred Reker

...

Jolly Time Pinochle Club winners July 20: Jim Kaspar, 12,330; Jim Dix, 11,840; Peg Kaspar, 11,430; Joe Capra, 10,860. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

— Bert Sellers

...

Monday Bridge Club winners July 22: Carl Kulzer, Jeanette Jones and Pauline Fitzsimons. Games begin at noon in Clubhouse 1. For more information, call Pauline

Fitzsimons at 296-8363.

— Pauline Fitzsimons

...

Fun Time Pinochle Club winners July 8: Jim Kaspar, 12,450; Grace Buster, 12,210; Oscar Moya, 11,870; Irene Perkins, 11,340. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

...

Best Time Bunco results from July 22: Most buncos, Nancy Floyd. Most wins, tie, Laura Treichel and May Downey. Most babies, Joyce Ingram. Most losses, Jim Borth. Door prize winner, Gail Levitt. Best Time Bunco's next meeting is Monday, Aug. 12. The club meets the second and fourth Monday of the month, in Clubhouse 3, Room 1. Play begins at 6 p.m. For information, call Gail Levitt at 596-1346.

GOLF from page 25

pool for each round that players are not obligated to enter. Prizes awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts. Holes-in-One, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.

CHESS from page 25

Room 7. Beginners are welcome for a free lesson.

...

Solution to this week's puzzle: Qe3

The white Queen moves from c5 to e3. Any answer by black, the white's next move is check mate.

CRIBBAGE from page 25

Bleakley at 834. Marilyn Chelsvig and Nancy Wheelereach had six games of 121.

Bob Marselle shared his birthday cake and strawberry ice cream with the club. Marie McGuire and Margaret Smith served.

The Cribbage Club meets on Tuesdays at noon in Clubhouse 1. Partners are not required, and everyone finishes by 3:30 p.m.

To learn to play cribbage or for a brush up, call Patti Smith at 242-4674, and she will arrange lessons for one hour before the games begin. There is always room for more players.

— Bobbie Straley

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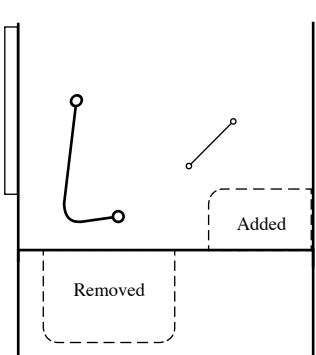
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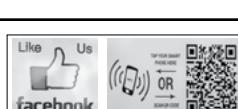
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1	5	9	7	8	2	3	6	4
4	3	7	1	9	6	8	5	2
5	4	1	2	3	8	9	7	6
3								

Classifieds

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new small kitchen appliances, kitchen
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jewelry, luggage, misc.

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26, 9:00 a.m. to 3:00 p.m. Antique
furniture - rugs - golf clubs, 4 seat
Guder, vintage crystal + Princess
House Diane Por-China sets &
accessories. Vintage sunbeam electric
mixer + skillet, coffee grinder, food
processor collectables, Lynox, Nor-
man Rockwell, Avon, fired ceramics,
new Swiss gear luggage, Christmas
decor - Teddy bears, household, misc.

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1411 Pelham Rd., July 25th and
26th Thurs and Friday from 9am
to 2pm. Table and chairs, sofa and
matching loveseat, full head board,
book shelves, kitchen items, nick
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\$265,000

2-bedroom, 1-3/4 baths,
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Mutual 2 60B \$259,000



New Improved Price!

Fully expanded on large green-
belt, laminate flooring, central
air, plantation shutters, canvas
awnings, walk-in closet, dish-
washer, microwave, dining area.



Mutual 2, 10H NOW \$200,000



Great new price!
White Bamboo wood floor
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Basic 1 BDR on a nice
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and more
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REDUCED

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lovely greenbelt, Central A/C heat,
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microwave, double pane windows,
fresh paint.
Mutual 9, 208L \$279,000

PRICE REDUCED

Fully expanded, drive-up
Corner, beautiful built-ins,
Plantation shutters, A/C Heat
Pump. Built-in Microwave and
dishwasher.
Mutual 10, 256G \$279,000

PRICE REDUCTION

Basic Corner, Beautiful
Greenbelt, Stately
A/C Heat Pump, New Paint,
New Laminate Flooring
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New Listing Partial expansion

Moving in, lovely parking
and laundry. Laminate flooring,
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New counters, 3 skylights, patio
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2 BDR, 1 Bath. Basic Drive
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Mutual 4, 52B \$165,000

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Mut. 11, 284D	\$187,000
Mut. 9, 225F	\$195,000
Mut. 3, 29I	\$145,000
Mut. 9, 231E	\$175,000
Mut. 15, 1G	\$265,000
Mut. 2, 57C	\$145,000
Mut. 9, 210H	\$189,000
Mut. 5, 103K	\$225,000
Mut. 11 267H	\$179,000
Mut. 8, 183E	\$220,000
Mut. 17, 93A	\$369,000
Mut. 11, 284D	\$189,000

I SOLD 26 in 2018
I SOLD 34 in 2017
I SOLD 47 in 2016
I SOLD 36 in 2015
I SOLD 35 in 2014
I SOLD 60 in 2013
I SOLD 42 in 2012
I can sell your's too!

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Erika:

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M4, 52B Fixer, drive-up 2-BDR/1-bath \$165,000 - IN ESCROW
M11, 276L Partial expansion, 1-BDR, double-paned windows, A/C heat pump, Priced to sell \$145,000 - IN ESCROW
M2, 19F Full expansion, 2-BDR, 1-1/2 baths, dishwasher, W/D, All new appliances. \$339,000
M9, 210H 2-BDR/1-Bath. Move-in ready \$189,000
M6, 56L - Updated expanded corner, extra patio. \$340,000
M10, 256G Fully Expanded, Drive-up, AC/heat pump \$279,000

Joanie:**NEW LISTING M8 184K** Gorgeous 2 Bedroom 2 Full Bathrooms, New Kitchen & Baths, Bonus room, Massive Greenbelt \$449,000**NEW LISTINGS COMING SOON****M6** 2 Bedroom 1 Bath, Expanded with Front Porch, Central Heat and Air Conditioning**M5** 2 Bedroom 2 Bath, Corner, Fabulous Greenbelt, Fully Expanded with Side Patio, Lots and lots of Guest Parking, Gourmet Kitchen, call me!

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<img alt="House icon with text: Expanded 2



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2Bd/1Ba Expanded Corner Unit
So-East Facing on Greenbelt
Super Bright, Laminate Floors
Skylights, CLEAN, steps to Laundry.
GREAT PRICE! \$214,900



Mutual 11 - 265G Interlachen
Expanded Corner faces greenbelt,
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Location ~ Location! **\$259,000**



Mutual 4 - 47h Knollwood
2Bd/2Ba - Brand New Remodel
Chef Style Kitchen; Skylights,
Lots of Storage; W/D, Dual Pane
Windows, Pantry, Wood Floors
Stunning! Tons of Details **\$413,900**



Mutual 14 - 20e Sunningdale
2Bd/1Ba - So. Facing Extended,
Best View of Golf Course,
Central A/C, Dual Pane Windows-
Location, Location for \$389,000



Mutual 10 - 260c Interlachen
1Bd/1Ba Clean w/Upgrades



Mutual 12 - 36c Del Monte
COMING SOON
2B/1Ba Adorable Unit!
2Bd/1Ba Expanded Unit
2Bd/2Ba Great Corner
An Independent Brokerage!



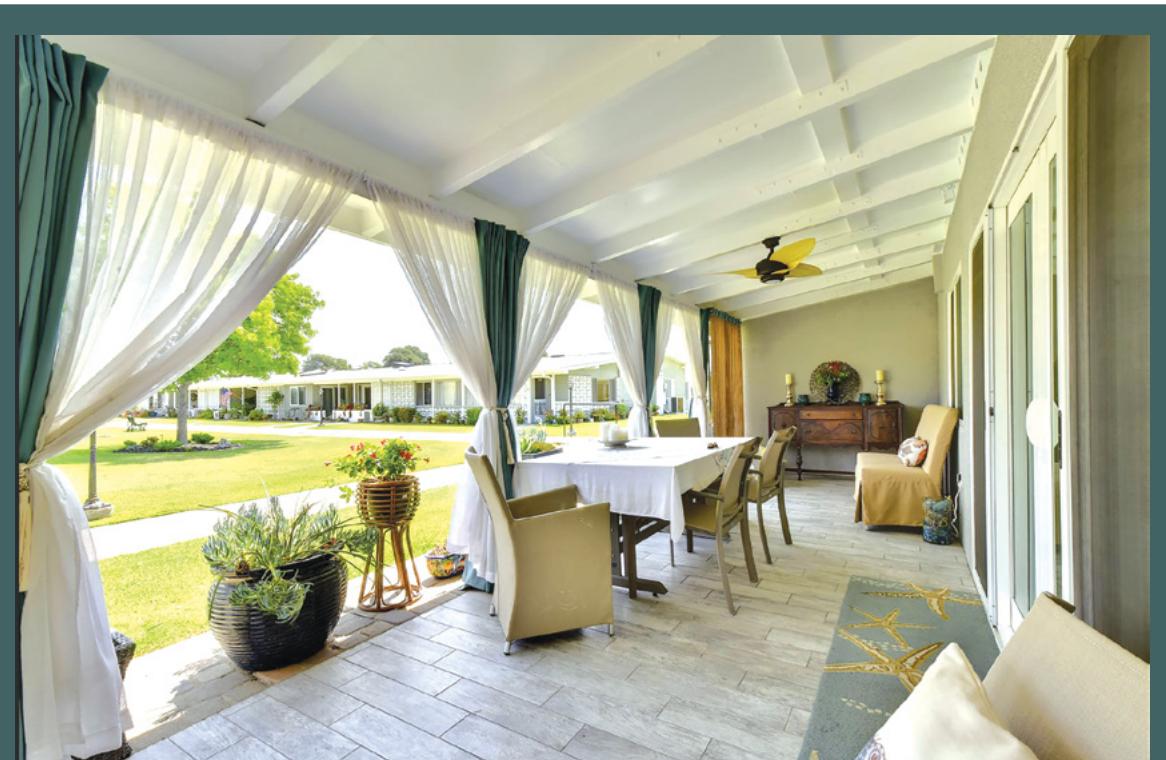
Mutual 14 - 31 St. Andrews
2Bd/2Ba Expanded/Upgraded



**SOLD
\$325,000**

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Patti Kilian
Resident Real Estate Specialist

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CalBRE# 01993562

1622 Merion Way 38K Mutual 2

This two bedroom unit is too good to be true.... Completely remodeled kitchen just finished in June of 2019. White beadboard cabinets, quartz countertops, ceramic tile backsplash, large slide in convection oven....All stainless steel appliances to include a dishwasher. Large breakfast bar that fits 3 stools. Sink, dishwasher and pull out garbage in the breakfast bar. Built in microwave. All new recessed lighting. Bathroom remodeled, Full size washer and dryer. Center open patio doors from LR out to patio for ease of entertaining... Dual heat pump/cooling system, four ceiling fans and three skylights...

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Your Leisure World Sales Team

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Barbara Diette-Dobias

(562) 754-5628
barbaradobias@gmail.com
DRE 00887640



PENDING
Mutual 7-172-B \$259,000



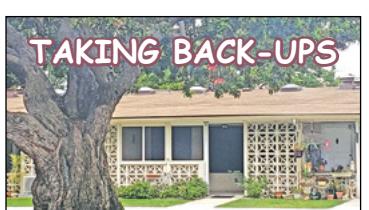
Mutual 11-268-K \$389,000
HUGE OPEN CONCEPT... Take a look at this FABULOUS unit ready for you to call home! Completely remodeled with kitchen in front with window over the sink. Huge living area, large master bedroom 2 bedrooms, 1.5 baths, central heat/air, side-by-side washer/dryer, drive-up, close carport, spa tub and so much more! Call us to see - you will be glad you did!!



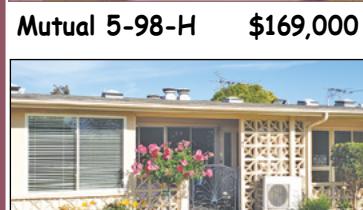
Mutual 15-23-R \$364,900
STUNNING REMODEL! Your chance to own this beautiful, completely remodeled 2 bed - 2 bath upstairs unit with absolutely everything - including, a view of a green!! Don't hesitate, call us today!!



Mutual 16-54-B \$142,000
GORGEOUS FOREVER VIEW! One Bed, One Bath Basic unit with a mirrored kitchen backsplash, kitchen and bath skylights, a cut down shower, covered patio, perfect for enjoying the beautiful green belt setting.



TAKING BACK-UPS
Mutual 1-19-C
NEW LISTING ... Basic one bedroom on a pretty relaxing green! Raised walls, new paint, cut-down shower, tiled patio, skylights and a heat-pump!! Be sure to check this one out!!



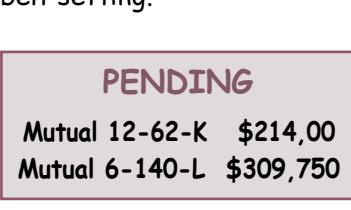
PENDING
Mutual 5-98-H \$169,000



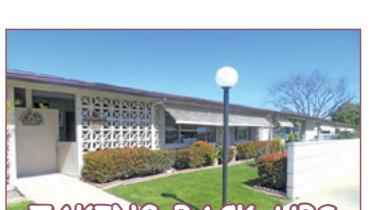
PENDING
Mutual 16-53-K \$157,000



Mutual 9-218-F \$418,000
FABULOUS UNIT AND PRICE if you want a ONE-OF-A-KIND home. This beauty has 2 bedrooms, 2 baths, a gourmet kitchen, inside laundry, central heat/air, tile floors, fresh paint, plenty of street parking and so much more. Drive-up parking.



PENDING
Mutual 12-62-K \$214,00
Mutual 6-140-L \$309,750



TAKING BACK-UPS
Mutual 8-205-B \$217,000
SOUTH FACING 2-bedroom, 1 bath, has expanded living room and bedroom with reinforced oak wood flooring. Master bedroom has large walk-in closet. Plus, dishwasher, skylight, heat pump, private front yard, private tiled patio with a skylight and parking directly across from unit. Must see!



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Gloria Hadley
Realtor®
DRE # 01057681

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Mutual 6, 128G \$339,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



Mutual 5, 124L \$265,000

Immaculate fully expanded corner 2 bedroom 1 bath with drive-up, leaded glass entry. Kitchen has newer painted cabinets, built-in appliances and skylight. Spacious living area with bay window with seating, area for dining with chandelier, and finished inside storage area. Master bedroom has walk-in closet, ceiling fan, second bedroom has wall air conditioning. Bathroom with skylight, newer painted cabinets, cut-down shower. Unit also has newer carpet in living area and bedrooms, laminate flooring in kitchen and bathroom, dual pane windows, heat pump. This home is bright and cheery just waiting for you to move in.



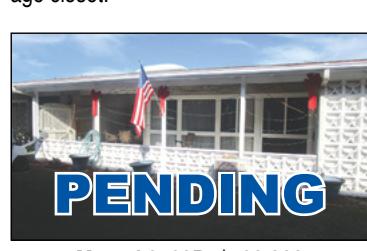
Mutual 9, 237G \$349,000

Beautifully expanded corner featuring spacious corner living room with bay window and formal dining room. White kitchen has tile counters, built-in appliances including dishwasher and microwave, extra large skylight, breakfast bar with added cabinet space and added pantry. Master bedroom has bay window and walk-in closet. Master bath has refinished shower and cultured marble counters. Second bedroom has half bath, mirrored closet and washer/dryer. This lovely home has double-paned windows, plantation shutters, smooth ceilings, heat pump, laminate flooring throughout. It has been recently painted and is light, bright and ready to move in.



Mutual 15, 28G \$389,000

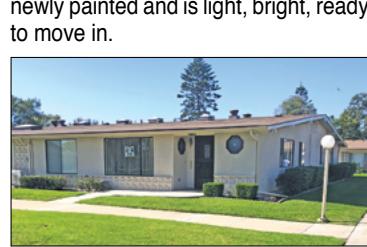
Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, free-standing electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.



PENDING

Mutual 2, 63D \$188,000

Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate floors. Large private wrap-around patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright, ready to move in.



Mutual 1, 37G \$249,000

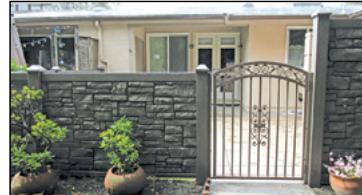
Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



NEW LISTING

Mutual 1, 44B \$179,000

Charming 1-Bedroom, 1-Bath expanded cottage features spacious expanded living room with space for dining area, office space, additional sitting area, and wall air conditioning. Living room also has lovely leaded glass door with retractable screen, and double-pane windows with sheers and tie back draperies. Kitchen has white cabinets, built in Leisure World appliances, added dishwasher, under counter lighting, and ceiling fan. Bedroom has two closets with sliding glass wardrobe doors. Living room and bedroom have carpeting and bathroom and kitchen have vinyl flooring. This lovely fully expanded home has outside storage closet, overlooks a lovely greenbelt, has close drive-up parking and is near downtown LW.



Mutual 15, 40B \$299,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight that brings in abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with beautiful glass doors. Master bedroom and second bedroom both have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.



Mutual 5, 96G \$334,900

Lovely 2 bedroom 1 bath corner unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



Mutual 1, 42J \$150,000

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 10, 250A \$495,000

Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Fabulous kitchen with larger island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!

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Marsha Gerber
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MUTUAL 11 - 280C
\$275,000
Fully expanded two-bedroom unit; Lots of room; Pretty spot



MUTUAL 9 - 222A
\$475,000
Lovely Modern expansion; Has everything - Two full baths, Two master suites; Oversized kitchen; Immaculate unit!



MUTUAL 12 - 42L
\$275,000
Fully expanded two-bedroom corner unit in nice location



MUTUAL 7 - 146D
\$150,000
One-bedroom unit; Easy access on street



MUTUAL 3 - 23G
\$499,000
Remodel, Two Bedrooms; Two Baths; W/D; Bay Windows, Corner



MUTUAL 6 - 131I
\$155,000
One-bedroom unit; Walking distance to "downtown"



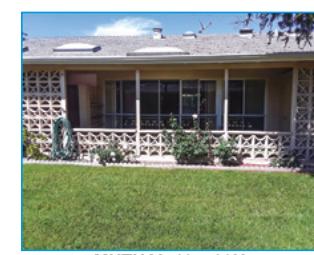
MUTUAL 6 - 59G
\$265,000
Fully expanded two-bedroom corner; big skylights; central location



MUTUAL 6 - 53F
\$299,000
Two-bedroom corner unit with expd. bedroom & dining room; Tiled patio



MUTUAL 7 - 176E
\$219,000
Sunny & Bright two-bedroom w/washer and dryer



MUTUAL 12 - 38H
\$180,000
Cute two-bedroom downtown area, walk to everything



MUTUAL 12 - 35B
\$240,000
Two-bedroom unit with expanded bedroom



MUTUAL 2 - 36L
\$264,000
Expanded two-bedroom unit; Easy access



MUTUAL 11 - 265L
\$369,000
Fully expanded two-bedroom corner unit; Lovely green



MUTUAL 12 - 42L
\$275,000
Fully expanded two-bedroom corner unit in nice location



MUTUAL 15 - 23C
\$275,000
Expd two-bedroom, two-bath corner unit; 1300 sq. ft.; Lots of room & Easy access



MUTUAL 12 - 8K
\$190,000
Basic two-bedroom unit in central location



MUTUAL 2 - 30F
\$499,000
Modern expansion; Has everything; Two baths, W/D



MUTUAL 2 - 29D
\$499,000
Very different floor plan; Two baths; W/D, patios



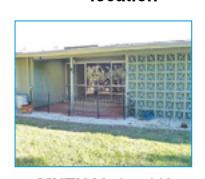
MUTUAL 15 - 23L
\$279,000
2 Bdrm; 2 Bath; Lovely Upstairs Unit w/ Washer/Dryer



MUTUAL 12 - 62E
\$189,000
Two-bedroom basic unit in great location; Heat pump



MUTUAL 8 - 201I
\$182,000
Basic two-bedroom unit; with wrap-around patio



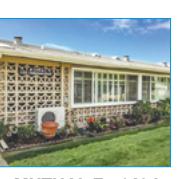
MUTUAL 3 - 16I
\$179,000
Partially expanded two-bedroom unit



MUTUAL 6 - 58E
\$215,000
Two-bedroom unit; New carpeting and new paint; granite counter tops



MUTUAL 1 - 40L
\$212,900
Expd. two-bedroom corner; Great location; Faces South. Very clean unit; Reduced to sell



MUTUAL 7 - 148J
\$239,000
Steps to Central Park, Beautiful windows, Many updates



MUTUAL 1 - 11D
\$175,000
One-bedroom unit; Close to large greenbelt



MUTUAL 10 - 257K
\$279,000
2 Bdrm 1 Bath w/ W/D & Many Upgrades



MUTUAL 3 - 26L
\$539,000
Fabulous MODERN expansion; Has everything! Two baths - WASHER/DRYER - A Must See!



MUTUAL 8 - 191A
\$479,000
Expanded two-bedroom corner unit; Two baths; W/D; Easy access



MUTUAL 14 - 51A
\$480,000
Lovely fully expanded corner unit; Two bedrooms, two baths; Side patio as well! Great Mutual 14 location!



MUTUAL 1 - 67L
\$189,900
Two-bedroom corner unit on lovely green



MUTUAL 2 - 9L
\$498,000
Full modern expansion with everything; two bath; washer/dryer; central air; corner unit



MUTUAL 1 - 15A
\$175,000
Corner unit with heat/air pump



MUTUAL 15 - 46M
\$265,000
Two bedrooms, Two baths, Upstairs Unit; Faces breeze



MUTUAL 2 - 10I
\$299,500
Partially expd. two bedroom, remodeled kitchen, Travertine floor



MUTUAL 1 - 5G
\$259,000
Partial expansion of two-bedroom corner; on great greenbelt



MUTUAL 11 - 272H
\$259,000
Full expansion on nice greenbelt; Very clean unit



MUTUAL 3 - 31A
\$325,000
Partial expansion; small patio; Very nice spot



MUTUAL 6 - 141C
\$360,900
Partial expansion; 2 Bedrooms, 2 Baths; W/D



MUTUAL 2 - 46I
\$190,000
Newer windows, washer/dryer newer counters



MUTUAL 9 - 222L
\$359,000
Fully expanded corner, new paint and carpet



MUTUAL 3 - 25A
\$375,000
Corner hi-side exp. 2 heat pumps, washer/dryer



MUTUAL 15 - 23K
279,000
Upstairs unit with great view. faces west for breeze



MUTUAL 15 - 29R
\$269,000
Basic upstairs unit with enclosed patio, dishwasher



MUTUAL 12 - 62F
\$459,000
Expanded corner unit; Two bedrooms, two baths; Bay windows; remodeled kitchen; central air;



MUTUAL 2 - 6H
\$160,000
One-bedroom unit with enclosed patio; On lovely green



MUTUAL 2 - 15F
\$539,000
Modern Expansion Two full bathrooms Built in fireplace and 65" TV, Best in LW!



MUTUAL 1 - 64K
\$158,500
One-bedroom basic unit; Nice central location

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1290 Northwood Road #161A - M7 - \$299,500



2 bedroom, 1 ½ bath, corner expanded unit. Laminate floors, smooth ceilings, two skylights, walk in closet. Close to parking and laundry.

1601 Glenview Rd. #64A - M12 - \$385,000



COMING SOON!!!

2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$204,500



Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

1120 Northwood Rd., #186L, - M8 \$269,000



Corner expanded unit with high side patio. Plantation shutters, large skylights in both kitchen and bathroom, breakfast bar, heat pump.

1502 Merion Way #32F - M2- \$275,000



Fully expanded corner, 2 bedroom 1 bath unit. Smooth ceilings, dual pane windows, central AC/heat. Dishwasher, walk in closet, bay windows. Unit located close to parking.

1330 Oakmont Road #144L - M6 - \$255,000



Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

13501 El Dorado #199D - M8 - \$170,000



TAKING BACK UP OFFERS!
SOLD, IN ESCROW!

2 bedroom, 1 bath with central A/C, dual pane windows, skylight, and a privacy shade on the patio.

1491 Interlachen Road #257F - M10 - \$324,900



Fully expanded corner location, 2 bdrm, 1 bath, central A/C and heat. Remodeled kitchen, granite countertops, smoothed ceilings throughout, dual pane windows, bay windows, washer/dryer.

13241 St. Andrews Road #152E - M7 - \$278,500



TAKING BACK UP OFFERS!
SOLD, IN ESCROW!

Expanded 2 bdrm, 1 ½ bth. Smoothed ceilings, central AC/heat, washer/dryer, newer kitchen and bthrm cabinets. Large oversized skylight in bthrm. Overlooking a little greenbelt and close to parking.

1781 Sunningdale Rd., #48L - M14 - \$404,900



Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.

7/23/2019 - Year To Date MLS Activity



I Have Access To The Total Inventory

On July 23rd, 2019 a total of 157 units show as active listings on the CRMLS (this is where Realtors list property for sale).

30 - 1 bedrooms, 1 bath from \$120,000 to \$204,500
69 - 2 bedrooms, 1 bath from \$171,000 to \$430,000
58 - 2 bedrooms, 2 baths from \$239,000 to \$545,000

Please give me a call for detailed information on any of these properties!



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