

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****Table Tennis Rules**

1. Players should consult their doctor or therapist before playing in order to avoid the inherent dangers of exercising and the risk of personal injury.
2. Players should consult their doctor or physical therapist regarding medical questions.
3. In order to avoid injury, players should perform appropriate warm-up and cool-down exercises when using the table tennis area.
4. When participants are waiting to play, a three-minute warm-up time will be observed.
5. Food or drinks are not permitted in the table tennis area.
6. Malfunctioning or broken equipment must be reported to the Recreation Department immediately.
7. Players may not sit on the table tennis tables.
8. Tapping or striking the tables with paddles is not permitted.
9. Players must sign the attendance book prior to playing.
10. Athletic-type footwear must be worn in the Table Tennis area. Dress shoes, penny loafers, open-toed shoes, or similar footwear is not permitted.
11. When all of the tables are in use, players will call "table open" at the end of "best of three" games, or after practicing for 20 minutes, and relinquish the table to waiting players. Waiting players should place their paddles on the side of the table on which they wish to play.
12. To avoid collisions, players may not pass behind competitors until a point is concluded. Players will then call "let" so they may pass safely.
13. When a ball from another table enters the playing area, players must immediately call "let" and stop play, and then gently throw the ball back. Kicking the ball back is considered discourteous and not permitted.
14. Players should conduct themselves in a sportsman-like manner. Loud or offensive language or behavior will not be tolerated.

COMMUNITY OPERATIONS

USE OF COMMUNITY FACILITIES

Table Tennis Rules

15. Guests must be a minimum of 12 years of age to play and be accompanied by a resident of Seal Beach Leisure World.

Policy:

Adopted: 17 Feb 04

Reviewed: 08 Feb 17

Reviewed: 02 Aug 17

GOLDEN RAIN FOUNDATION

Seal Beach, California