

**AGENDA**  
**RECREATION COMMITTEE**  
Monday, March 10, 2014 – 1:30 p.m.  
Administration Bldg., 2nd floor

1. Call to Order: Meeting starts 1:30 p.m.
2. Roll Call: Quorum
3. Welcome Guests & General Meeting Rules
4. Approval of the Regular Meeting Minutes of February 10, 2014
5. Additions to the Agenda
  - a. Correspondence: shareholder letters (sent by email)
  - b. Shareholder/Member comments
  - c. Approval of Agenda
6. Staff Reports
  - a. Recreation Supervisor
    1. CH 2 pool room bar stools
    2. CH 4 flooring
    3. Good Times Roll Catering/Alcohol
    4. Document Shredding
  - b. Executive Director
7. New Business
  - a. Additional Ballet Barre
  - b. Farmer's Market
  - c. Coffee/hot water makers in clubhouses
  - d. Concept of "Communications Hallway" for CH 5
  - e. Hair dryers in pool locker rooms
  - f. Reconfigure Clubhouse Five Lobby
8. Continued Business:
  - a. Policy 1460 Clubhouse rules revision from February agenda
  - b. Policy 1461, Pool Rules and 1462, Pool Temperature (Terry De Leon)

(meeting break 3:00-3:15 p.m.)

  - c. Policy 1405, 1422, 1423, 1021 status (Carole Damoci)
  - d. Policy 5562 Amphitheater Programs revision (Carole Damoci)
  - e. Policy 1432 Caterers revision
9. Sub-Committee Reports:
  - a. Amphitheater sub-committee report (Larry Blake/Carole Damoci)
  - b. Clubhouse One lobby furniture plan

10. Open Discussion
  - a. President's Comment
  - b. Shareholder/Members invited to comment
  - c. Committee Member Comments

11. Adjournment

Date next meeting: Monday, March 10, 2014.

Note: (sent by email) indicates that some additional background information was sent by email regarding this agenda item, not necessary to attach. However, if a hard copy is desired, please contact Sandy Downen.

**\*\*Agenda is subject to change\*\***

GOLDEN RAIN FOUNDATION  
March 3, 2014  
RECREATION DEPARTMENT PROJECT REPORT

1. PROPOSED CAFÉ
  - Presented to the Recreation Committee on 11-08-13
  - Approved by the Golden Rain Board on 01-28-14
  - Time line to be presented to the Recreation Committee on 03-10-14
2. EXERCISE ROOM ETIQUETTE
  - Draft was sent to Recreation Committee on 11-08-13
  - Staff was asked to combine the policies together to create one complete policy
  - Committee to review on 03-10-14
3. CLUBHOUSE THREE SOUND PANEL REPLACEMENT
  - Sound panel recovering is part of the 2013 Budget
  - Work is in progress and is 95% complete at this time
  - Parts on order. Estimated completion date 03-14-14
4. CLUBHOUSE ONE LOBBY FURNITURE REPLACEMENT
  - Clubhouse One furniture replacement is part of the 2013 Budget
  - The Recreation Committee approved the purchase of new furniture not to exceed \$15,000 and to select a sub-committee to make selection and report to the Recreation Committee with selection
  - Waiting for sub-committee recommendation
5. AMPHITHEATER SUB-COMMITTEE
  - Amphitheater sub-committee meeting with Costco Rep. 01-29-14
  - Agent provided updated show list for the sub-committee on 02-19-14
6. CLUBHOUSE THREE LOBBY WINDOW COVERINGS
  - Replace lobby window coverings not to exceed \$5,000 with funds from the Clubhouse Four stove hood
  - Color was selected by sub-committee
  - Bids will be presented at the March Recreation Committee meeting to replace all the blinds in Rooms 1-9 and replace the missing blinds in the lobby
7. PURCHASE OF ADDITIONAL BLUE ARM CHAIRS
  - Clubhouse blue arm chairs purchase is part of the 2014 Budget
  - The Golden Rain Board approved the purchase of 122 blue chairs on 01/28/14

- The Recreation Committee requested that additional chairs be purchased not to exceed the budgeted amount of \$20,000.00
- A new purchased order was placed on 02-19-14 and delivery date of chairs is about four weeks out

8. HOT POOL SHADE COVER

- Hot pool shade cover is part of the 2014 Budget
- After reviewing the shade survey at the February meeting the Recreation Committee Voted not to install a shade cover at this time

9. AUTO DOOR OPENERS FOR CLUBHOUSE THREE RESTROOMS

- At the 12-09-13 Recreation Committee meeting a Committee Member requested we look into auto doors for Clubhouse three restrooms
- The estimated cost per door is \$3,289.00
- The Recreation Committee sent this item to the Finance Committee to review the budget for available funds from the 2014 budget
- This item will be reviewed at the March 25,2014 Board meeting

10. FARMERS MARKET


- Meeting with contractor date to be setup the week of the 02-24-14
- The estimated start date for the first market is April 5,2014

GOLDEN RAIN  
*foundation*  
SEAL BEACH

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MEMO

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**TO:** RECREATION COMMITTEE  
**FROM:**  TERRY DE LEON  
**SUBJECT:** DOCUMENT SHREDDING  
**DATE:** FEBRUARY 24, 2014  
**CC:** FILE

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Over the past three years, the shredding company, Secured Data Shredding, has been providing a free shred day three to four times a year for our shareholders with overwhelming results. At this point their company can no longer provide this free service and has provided the Golden Rain Foundation with a cost of \$150.00 per visit for a two-hour session, two or three times a year.

The Recreation Department is recommending the following options be considered to continue providing this service to the shareholders in 2014.

Option 1: Provide this service to the shareholders for a minimum fee of \$4.00 per shareholder, per visit, on a trial basis for 2014. This charge should cover the cost of the shredding day and a staff member to collect the fee.

Option 2: Include the extra shredding fees for the shareholder shredding days in the 2015 Golden Rain Foundation shredding budget.

At this time there are no budgeted funds in the 2014 budget for this item.

GOLDEN RAIN  
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SEAL BEACH

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MEMO

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**TO:** RECREATION COMMITTEE  
**FROM:** TERRY DE LEON  
**SUBJECT:** CLUB MEMBERSHIP  
**DATE:** MARCH 4, 2014  
**CC:** FILE

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The Recreation Department currently reviews all new Club bylaws and some Clubs are starting to limit membership to specific race groups. Policy 1202, Club Membership does not reflect any restrictions in regards to race.

Currently Policy 1414, Specific Rules of Clubs or Organizations Using Clubhouses states that Clubs are authorized to enforce any special rule or regulation as long as it does not conflict with established rules or regulations.

It has been requested that this issue be reviewed by the Recreation Committee.

**COMMUNITY OPERATIONS****RESIDENT PARTICIPATION****Club Membership**

1. Membership of all clubs, organizations, societies and groups using Seal Beach Leisure World clubhouses and/or recreational facilities shall be limited to residents of Seal Beach Leisure World.
2. Commonly recognized patriotic, fraternal, religious, service or veterans' organizations affiliated with recognized regional, national or international groups, whose members are active in the Golden Rain Foundation, shall be eligible to use the clubhouses.

It is the intent of this section to allow only the above types of organizations who qualify as Leisure World organizations to use the meeting facilities.

3. The Community Facilities Manager is responsible for maintaining a record of all recognized clubs and organizations using the Foundation facilities. He shall report annually in May to the Recreation Committee on the status of all clubs and organizations.
4. Residents of Seal Beach Leisure World have the right to invite guests to meetings of any club or organization held in the clubhouses.
5. Guests who are not residents of Seal Beach Leisure World may not be active club members or hold office.

**Policy**

Adopted: 27 Aug 65  
Amended: 18 May 71  
Amended: 19 Dec 72  
Amended: 16 May 78  
Amended: 31 Jan 95

**GOLDEN RAIN FOUNDATION**  
**Seal Beach, California**

(Jan 95)

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****Specific Rules of Clubs or Organizations Using Clubhouses**

Any club or organization reserving space in the community facilities of the Foundation is authorized to enforce any special rule or regulation they desire as long as such rule or regulation does not conflict with the established rules and regulations of the Foundation.

Neither the Foundation nor staff employed by the Foundation may become involved with enforcement of these special rules or regulations.

**Policy**

Adopted: 16 Jun 81

**GOLDEN RAIN FOUNDATION**  
**Seal Beach, California**

(Jun 81)

8



**Tim Fitzpatrick**

# ESTIMATE

**P.O. Box 21**  
**Bellflower CA 90707-0021**  
**Phone (562) 805-8010**

DATE: FEBRUARY 22, 2014

**TO:**  
Seal Beach Leisure World Ballet Class  
Lynn R. Heath  
562 296-5588  
lynnrheath@gmail.com

**FOR:**  
Ballet Barre and Wall Brackets  
Installation of Ballet Barre on Wall  
Possible Removal of lower Barre and Bracket on existing unit  
Braze/smooth area where bracket was removed

DESCRIPTION	HOURS	RATE	AMOUNT
Estimate for New Ballet Barres and Chrome Brackets (Poplar Wood)			
1 Barre = 16 feet in length (Largest available) with 3 mounting brackets Maximum 80 inch spacing between brackets			\$191.00
1 Barre = 4 feet in length with 2 mounting brackets			\$88.00
Installation for 16' Barre and 4' Barre	16' = \$25.00	4' = \$15.00	\$40.00
Removal of lower existing Barre and Brackets / Braze 6 Brackets			\$50.00
Remount existing Barre with 3 new Brackets on adjacent wall	Labor \$25.00	Brackets \$22.00 each.	\$91.00
Note: Estimate totals listed above are itemized for each task.			
These amounts are NOT to be added together. If the lower Barre Is removed and mounted on the adjacent wall, then the purchase of The 16 foot Barre would not be needed. Therefore, these amounts Would not be added together.			
Also, there are 6 brackets currently supporting the current Barres mounted On the wall. Only 3 brackets are required to properly support the 16 foot Barre. If a new Barre is purchased, the holes are pre-drilled For mounting the bracket. If the existing Barre is removed and Mounted with new brackets, holes must be drilled at \$7.00 per hole.			
TOTAL			



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MEMO

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**TO:** RECREATION COMMITTEE  
**FROM:** TERRY DE LEON, RECREATION SUPERVISOR  
**SUBJECT:** RESCIND POLICIES 1464, EXERCISE ROOM LIMITATION AND 1464.1, EXERCISE ROOM RULES, AND ADOPT POLICY 1466, EXERCISE ROOM RULES, LIMITATIONS AND ETIQUETTE  
**DATE:** MARCH 10, 2014

Policies 1464, Exercise Room Limitation and 1464.1, Exercise Room Rules, outline the guidelines established for shareholders using the Clubhouse Six Exercise Room. The Committee has asked to have these two policies combined into a new policy.

Other suggested changes include:

- Add Rules of Etiquette to the end of the policy;
- Clarify that the Exercise Room is for recreation use only, not for therapeutic or medical rehabilitation;
- Clarify that shareholders are required to show their Leisure World identification card and have a signed Release of Liability form on file BEFORE being permitted to use Exercise Room equipment;
- Add information on the Exercise Room attendant's instruction on proper use of exercise equipment;
- Add that socks, without shoes, may be worn on the Pilates machine, in addition to the stretching/mat area;
- Add that hula hoops and jump ropes may be used in the stretching/mat area only when no other shareholders are present, and that other times, shareholders may use Room C, if free;

Attached are copies of the current policies as well a draft of the proposed policy for the Committee's review.

Action by the Committee to recommend the Board adopt Policy 1464, Exercise Room Rules, Limitations and Etiquette, and rescind Policies 1464.1, 1464, Exercise Room Limitation and 1464.1, Exercise Room Rules, pending a 30-day notification to the membership and a final decision on May 27, 2014, is requested.

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Exercise Room Rules, Limitations and Etiquette**

1. The Exercise Room is for the recreational use of Leisure World shareholders and not for therapeutic or medical rehabilitation. Guests, caregivers, medical assistants or helpers are not allowed to use the equipment in the Exercise Room. Each shareholder using the Exercise Room is required to show their Leisure World identification card and have a signed Release of Liability form on file before being permitted to use the equipment.
1. The attendant is in charge of the Exercise Room at all times.
2. Participants must sign in upon entering, and sign out upon leaving, the Exercise Room.
3. Participants must present their photo Identification card to the attendant upon request.
4. The attendant on duty will instruct shareholders in the proper use of the exercise equipment. All exercise equipment must be operated properly and in accordance with the manufacturer's recommendation.
  - a. The stop button on the treadmill must be pushed before dismounting. Do not use the pause button. The safety clip must be worn while in use.
6. Malfunctioning or broken equipment must be reported to the attendant immediately.
7. Food or glass containers are not permitted in the Exercise Room.
  - a. A non-glass beverage container with a spill-proof lid may be used.
8. Athletic-type footwear must be worn in the Exercise Room. An exception will be made to allow socks, without shoes, ONLY in the stretching/mat area or on the Pilates machine. The attendant will be in charge of ensuring this procedure is followed. Dress shoes, penny loafers, sandals, open-toed shoes, or other footwear not approved by the attendant are not permitted.
9. Participants should consult their doctor or therapist before starting an exercise program in order to avoid the inherent dangers of exercising and the risk of personal (month date)



**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Exercise Room Rules, Limitations and Etiquette**

injury.

10. In order to avoid injury, participants should perform appropriate warm-up and cool-down exercises when using the equipment in the Exercise Room.
11. Participants should consult their doctor or physical therapist regarding medical or physical therapy questions.
12. If other participants are waiting to use an exercise station or piece of equipment, the time limit on any exercise station or equipment is 20 minutes.
13. Participants must bring their own towel when exercising.
  - a. Participants must place a towel on the seat, bicycle seat or bench prior to using any equipment with a seat or bench.
  - b. Participants must wipe off perspiration from hand grips or rails after using any equipment with hand grips or rails.
14. Hula hoops and jump ropes may be used on the stretching mat only when no other shareholders are using it. At other times, shareholders may use Room C, if free.

**Rules of Etiquette**

To maintain an atmosphere in which all people feel comfortable, the Foundation insists on certain standards of behavior.

1. Do not bring your gym bag or other personal belongings onto the fitness floor. Please leave all valuables at home.
2. Be courteous when using the water fountain. If there is a line, please do not fill up your water bottle.
3. Ask if you may "work in," and always allow others the same courtesy; afterward, return the seat and weight to the last user's setup.

(month date)

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Exercise Room Rules, Limitations and Etiquette**

4. Refrain from yelling, using profanity, banging weights and making loud sounds.
5. Do not sit on machines between sets.
6. Re-rack weights and return all other equipment and accessories to their proper locations.
7. Ask staff to show you how to operate equipment properly so that others are not waiting.
8. Bring your own towel and wipe down all equipment after use.
9. Follow posted time limits on all machines.
10. Do not disturb others. Focus on your own workout and allow others to do the same.
11. Before beginning your workout, wash your hands and wipe off any cologne or perfume.
12. No talking on cell phones in exercise areas or while on any exercise equipment.
13. Ask attendant to adjust music or fans.

**Policy**

Adopted:    date month year

**GOLDEN RAIN FOUNDATION****Seal Beach, California**

(month date)

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**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****ORIGINAL****Exercise Room Limitation**

The following limitations are placed on the exercise room due to capacity and/or potential safety considerations:

1. The exercise room is for the recreational use of all Leisure World residents and not for therapeutic or medical rehabilitation.
2. Use of the equipment in the exercise room is limited to residents of Seal Beach Leisure World in good standing. Each resident using the exercise room is required to show their Leisure World identification card and have a signed Release of Liability form on file before being permitted to use the equipment.
3. Proper attire, such as rubber soled shoes with ankle support and loose, comfortable clothing, is required at all times. Open-toed shoes or sandals are prohibited.
4. No food or drink is allowed in the exercise room.
5. The attendant on duty will instruct residents in the proper use of the exercise equipment. All exercise equipment is to be used as intended.
6. Observe all time limits as set and directed by the attendant on duty. To maintain fairness, time limits will be set by the number of persons using the exercise room.
7. Residents should be aware that use of the exercise equipment is undertaken at the user's own risk.
8. The exercise attendant is in charge at all times.

**Policy**

Adopted: 18 Feb 92

Amended: 21 Jul 92

Amended: 31 Jan 95

Amended: 20 Aug 96

Amended: 15 Apr 97

Amended: 18 May 99

(Apr 97)

**GOLDEN RAIN FOUNDATION**  
**Seal Beach, California**

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****ORIGINAL****Exercise Room Rules**

1. The Exercise Room is for the use of Leisure World residents only. Guests, caregivers, medical assistants or helpers are not allowed to use the equipment in the Exercise Room.
2. The attendant is in charge of the Exercise Room at all times.
3. Participants must sign in upon entering, and sign out upon leaving, the Exercise Room.
4. Participants must present their photo Identification card to the attendant upon request.
5. All exercise equipment must be operated properly and in accordance with the manufacturer's recommendation.
  - a. The stop button on the treadmill must be pushed twice before dismounting.
6. Malfunctioning or broken equipment must be reported to the attendant immediately.
7. Food or glass containers are not permitted in the Exercise Room.
  - a. A non-glass beverage container with a spill-proof lid may be used.
8. Athletic-type footwear must be worn in the Exercise Room. An exception will be made to allow socks, without shoes, ONLY in the stretching/mat area. The attendant will be in charge of ensuring this procedure is followed. Dress shoes, penny loafers, sandals, open-toed shoes, or other footwear not approved by the attendant are not permitted.
9. Participants should consult their doctor or therapist before starting an exercise program in order to avoid the inherent dangers of exercising and the risk of personal injury.
10. In order to avoid injury, participants should perform appropriate warm-up and cool-down exercises when using the equipment in the Exercise Room.

(Dec 10)



**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****ORIGINAL****Exercise Room Rules**

11. Participants should consult their doctor or physical therapist regarding medical or physical therapy questions.
12. If other participants are waiting to use an exercise station or piece of equipment, the time limit on any exercise station or equipment is 20 minutes.
13. Participants must bring their own towel when exercising.
  - a. Participants must place a towel on the seat, bicycle seat or bench prior to using any equipment with a seat or bench.
  - b. Participants must wipe off perspiration from hand grips or rails after using any equipment with hand grips or rails.

**Policy**

Adopted: 20 Nov 01  
Amended: 16 Sep 03  
Amended: 21 Dec 10

**GOLDEN RAIN FOUNDATION**  
**Seal Beach, California**

(Dec 10)

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GOLDEN RAIN  
*foundation*  
SEAL BEACH

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MEMO

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**TO:** RECREATION COMMITTEE  
**FROM:** TERRY DE LEON, RECREATION SUPERVISOR  
**SUBJECT:** RESCIND POLICY 1461, POOL RULES AND REGULATION 1462, POOL TEMPERATURES, AND ADOPT POLICY 1468, POOL RULES, LIMITATIONS AND ETIQUETTE  
**DATE:** MARCH 10, 2014

Policy 1461, Pool Rules and Regulation 1462, Pool Temperature, outline the guidelines established for residents using the Swimming Pool and Hot Pool. The Committee has asked to have these two policies combined into a new policy.

Other suggested changes include:

- Add Rules of Etiquette to end of policy;
- Change "Leisure World Health Care Center" to "Health Care Center on Golden Rain Road;" and
- Add information that pool attendant is in charge of the pool area at all times.

Attached are copies of the current policy and regulation as well a draft of the proposed policy for the Committee's review.

Action by the Committee to recommend the Board adopt Policy 1468, Pool Rules, Limitations and Etiquette, rescind Policy 1461, Pool Rules, and Regulation 1462, Pool Temperature, pending a 30-day notification to the membership and a final decision on May 27, 2014, is requested.

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

The following rules are to be posted at the pool facilities:

1. The pool and shower facilities are for Foundation members only.
2. The shower facilities are for members using the pool facilities only.
3. Members must shower before entering the swimming pool or hot pool.
4. Members must provide their own towel for drying their bodies and/or hair (paper towels may not be used for this purpose).
5. Flip flops or shower-type shoes must be worn in the shower facilities and locker area.
6. Coloring hair in showers is prohibited.
7. Only waterproof sunscreen lotion may be applied when using the pool facilities.
8. Light snacks are permitted in the table area only.
9. Glassware is not permitted in the pool area.
10. Swimming caps are recommended for members with long hair.
11. Divers must watch out for swimmers.
12. Members must observe hot pool time limit (15 minutes).
13. Running on pool deck is prohibited.
14. Seats may not be reserved.
15. Personal belongings are to be kept in a locker, but overnight storage of personal belongings is prohibited.

(month date)

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

16. Swim fins are prohibited.
17. Flotation devices are permitted in the pool facilities provided that, upon request of the attendant member displays a physician's note requiring the use of flotation devices.
18. The pool attendant is in charge of the pool area at all times.

**Pool Temperatures**

In conformity with the recommendations of the Medical Director of the Health Care Center on Golden Rain Road and the requirements of the Foundation's liability insurance carrier, the following pool temperatures will be maintained:

1. Swimming Pool: 82° to 84°
2. Hot Pool: Not more than 104°

Anyone who has been consuming alcoholic drinks should not use the hot pool. Hot pool use is limited to 15 minutes.

**Hot Pool Information**

When your body, that has a normal temperature of 98.6°, is immersed in water with a temperature of 102°-104°, your body temperature increases and eventually becomes the same temperature as the water. As your body attempts to lower in temperature, the heart rate increases and capillary blood vessels dilate. This causes the blood pressure to drop and may cause fainting when you stand. The blood pressure can drop further as a result of perspiration from the heat.

Be aware that using the hot pool does or can cause the following:

1. Increase the workload of your heart.
2. Causes your blood pressure to drop, which may cause fainting when you stand and injury may occur from the resulting fall.

(month date)

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

3. Can cause dehydration.

People have been hospitalized with hyperthermia after using the hot pool. The Health Care Center on Golden Rain Road makes 4 or 5 emergency calls a year to aid persons who have fainted after using the hot pool.

When using the hot pool, alternate 5 minutes in the hot pool and the regular pool, but spend no more than a total of 15 minutes in the hot pool.

If you are being treated for high blood pressure or heart trouble, you must have your doctor's written permission to use the hot pool.

**Pool Rules of Etiquette**

To maintain an atmosphere in which all people feel comfortable, the Foundation insists on certain standards of behavior.

1. The lap swimming area is designated by the parallel lane lines on the bottom of the pool.
2. Lap swimmers must swim parallel between lanes.
3. There are four swimming lanes available. The first swimmer in each lane has priority.
4. If more than four lap swimmers are present, no priority exists. Everyone must make room for additional swimmers.
5. People wading, exercising, or socializing should remain in the shallow area adjacent to the steps.
6. Diving is permitted only in the deep end. Divers are responsible for avoiding swimmers.

(month date)

**COMMUNITY OPERATIONS**

**USE OF COMMUNITY FACILITIES**

**DRAFT FOR ADOPTION**

**Pool Rules, Limitations and Etiquette**

7. Backstroke swimming will not be permitted when the pool attendant deems conditions unsafe.

**Policy**

Adopted: date month year

**GOLDEN RAIN FOUNDATION  
Seal Beach, California**

(month date)

**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****ORIGINAL****Pool Rules**

The following rules are to be posted at the pool facilities:

1. The pool and shower facilities are for Foundation members only.
2. The shower facilities are for members using the pool facilities only.
3. Members must shower before entering the swimming pool or hot pool.
4. Members must provide their own towel for drying their bodies and/or hair (paper towels may not be used for this purpose).
5. Flip flops or shower-type shoes must be worn in the shower facilities and locker area.
6. Coloring hair in showers is prohibited.
7. Only waterproof sunscreen lotion may be applied when using the pool facilities.
8. Light snacks are permitted in the table area only.
9. Glassware is not permitted in the pool area.
10. Swimming caps are recommended for members with long hair.
11. Divers must watch out for swimmers.
12. Members must observe hot pool time limit (15 minutes).
13. Running on pool deck is prohibited.
14. Seats may not be reserved.
15. Personal belongings are to be kept in a locker, but overnight storage of personal belongings is prohibited.

**COMMUNITY OPERATIONS**

**USE OF COMMUNITY FACILITIES**

**ORIGINAL**

**Pool Rules**

16. Swim fins are prohibited.
17. Flotation devices are permitted in the pool facilities provided that, upon request of the attendant, member displays a physician's note requiring the use of flotation devices.

**Policy**

Adopted: 17 Dec 96

Amended: 16 Jan 07

Amended: 15 Feb 11

**GOLDEN RAIN FOUNDATION**

**Seal Beach, California**

(Feb 11)



**COMMUNITY OPERATIONS****USE OF COMMUNITY FACILITIES****ORIGINAL****Pool Temperatures**

In conformity with the recommendations of the Medical Director of the Leisure World Health Care Center and the requirements of our liability insurance carrier, the following pool temperatures will be maintained:

1. Swimming Pool: 82° to 84°
2. Hot Pool: Not more than 104°

Anyone who has been consuming alcoholic drinks should not use the hot pool. Hot pool use is limited to 15 minutes.

**Regulation:**

Effective: 13 Oct 80  
Amended: 01 Dec 82  
Amended: 28 Mar 83  
Amended: 16 Aug 83  
Amended: 09 Jan 07

**Executive Director**  
**Golden Rain Foundation**

(Jan 07)

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**ORIGINAL****(ATTACHMENT TO REGULATION 1462)****WHAT YOU SHOULD KNOW BEFORE USING  
THE HOT POOL**

When your body, that has a normal temperature of 98.6°, is immersed in water with a temperature of 102°-104°, your body temperature increases and eventually becomes the same temperature as the water. As your body attempts to lower its temperature, the heart rate increases and capillary blood vessels dilate. This causes the blood pressure to drop and may cause fainting when you stand. The blood pressure can drop further as a result of perspiration from the heat.

Be aware that using the hot pool does or can cause the following:

1. Increases the workload of your heart.
2. Causes your blood pressure to drop, which may cause fainting when you stand and injury may occur from the resulting fall.
3. Can cause dehydration.

People have been hospitalized with hyperthermia after using the hot pool. The Leisure World Health Care Center makes 4 or 5 emergency calls a year to aid persons who have fainted after using the hot pool.

When using the hot pool, alternate 5 minutes in the hot pool and the regular pool, but spend no more than a total of 15 minutes in the hot pool.

If you are being treated for high blood pressure or heart trouble, you must have your doctor's written permission to use the hot pool.

(Aug 85)

**GOLDEN RAIN OPERATIONS****BOARD INTERNAL OPERATIONS****Amphitheater Programs**

The Community Facilities Manager is authorized and directed to provide approximately fourteen (14) different programs for the summer amphitheater season annually.

The Community Facilities Manager is authorized to contract for such programs in the name of the Foundation with the following limitations and guidelines:

1. The summer season should consist of approximately fourteen (14) programs.
2. The Community Facilities Manager is authorized to contract programs at a cost not to exceed \$15,000 each of Foundation monies without specific approval.
3. Programs that cost more than \$15,000 of Foundation monies must have prior Board authorization before a contract is entered into.
4. The number of programs sponsored and paid for by outside organizations is not limited. The Community Facilities Manager is authorized to combine Golden Rain Foundation monies with funds from outside organizations.
5. The Amphitheater program audience will not be permitted to enter the Amphitheater earlier than one and one-half hours before a program is scheduled to begin.
6. Nonresidents are permitted to attend Amphitheater programs only when accompanied by a stockholder/homeowner resident with a resident photo identification card.
7. The number of nonresident guests will be limited to four (4) per resident photo-identification cardholder, when a program is considered popular and will attract a large audience.
8. The Recreation Committee will determine which programs will have a limited audience. Notices of limited-audience programs will be published in the *Golden Rain News*.

(Dec 07)

**GOLDEN RAIN OPERATIONS****BOARD INTERNAL OPERATIONS****Amphitheater Programs**

It is intended that the Amphitheater programs shall be presented for the benefit of all members of the Foundation, and access shall not be denied to any individual Foundation member.

**Policy**

Adopted: 15 Aug 72  
Amended: 16 Oct 73  
Amended: 16 Sep 75  
Amended: 20 Jun 78  
Amended: 15 Sep 81  
Amended: 12 Jun 85  
Amended: 15 Dec 98  
Amended: 20 Feb 01  
Amended: 18 Dec 07

**GOLDEN RAIN FOUNDATION**  
**Seal Beach, California**

(Dec 07)

## **GOLDEN RAIN OPERATIONS**

**5562**

### **BOARD INTERNAL OPERATIONS**

#### **Amphitheater Programs**

(Dec 07)

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The Community Facilities Manager is authorized and directed to provide approximately fourteen (14) different programs for the summer amphitheater season annually.

The Community Facilities Manager is authorized to contract for such programs in the name of the Foundation with the following limitations and guidelines:

1. The summer season should consist of approximately fourteen programs.
2. The Community Facilities Manager is authorized to contract programs at a cost not to exceed \$15,000 each of Foundation monies without specific approval.
3. Programs that cost more than \$15,000 of Foundation monies must have prior Board authorization before a contract is entered into.
4. The number of programs sponsored and paid for by outside organizations is not limited. The Community Facilities Manager is authorized to combine Golden Rain Foundation monies with funds from outside organizations.
5. The Amphitheater program audience will not be permitted to enter the Amphitheater earlier than one and one-half hours before a program is scheduled to begin.
6. Nonresidents are permitted to attend Amphitheater programs only when accompanied by a stockholder/homeowner resident with a resident

photo identification card.

7. The number of nonresident guests will be limited to ~~four (4)~~ two (2) per resident photo identification cardholder, when a program is considered popular and will attract a large audience.

8. The Recreation Committee will determine which programs will have a limited audience. Notices of limited-audience programs will be published

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It is intended that the Amphitheater programs shall be presented for the benefit of all members of the Foundation, and access shall not be denied to any individual Foundation member.

## **Policy GOLDEN RAIN FOUNDATION**

Adopted: 15 Aug 72

**California**

Amended: 16 Oct 73

Amended: 16 Sep 75

Amended: 20 Jun 78

Amended: 15 Sep 81

Amended: 12 Jun 85

**Seal Beach,**

Amended: 15 Dec 98

Amended: 20 Feb 01

Amended: 18 Dec 07





# **Golden Rain Foundation**

**Presents  
2014 Summer Concert Series**

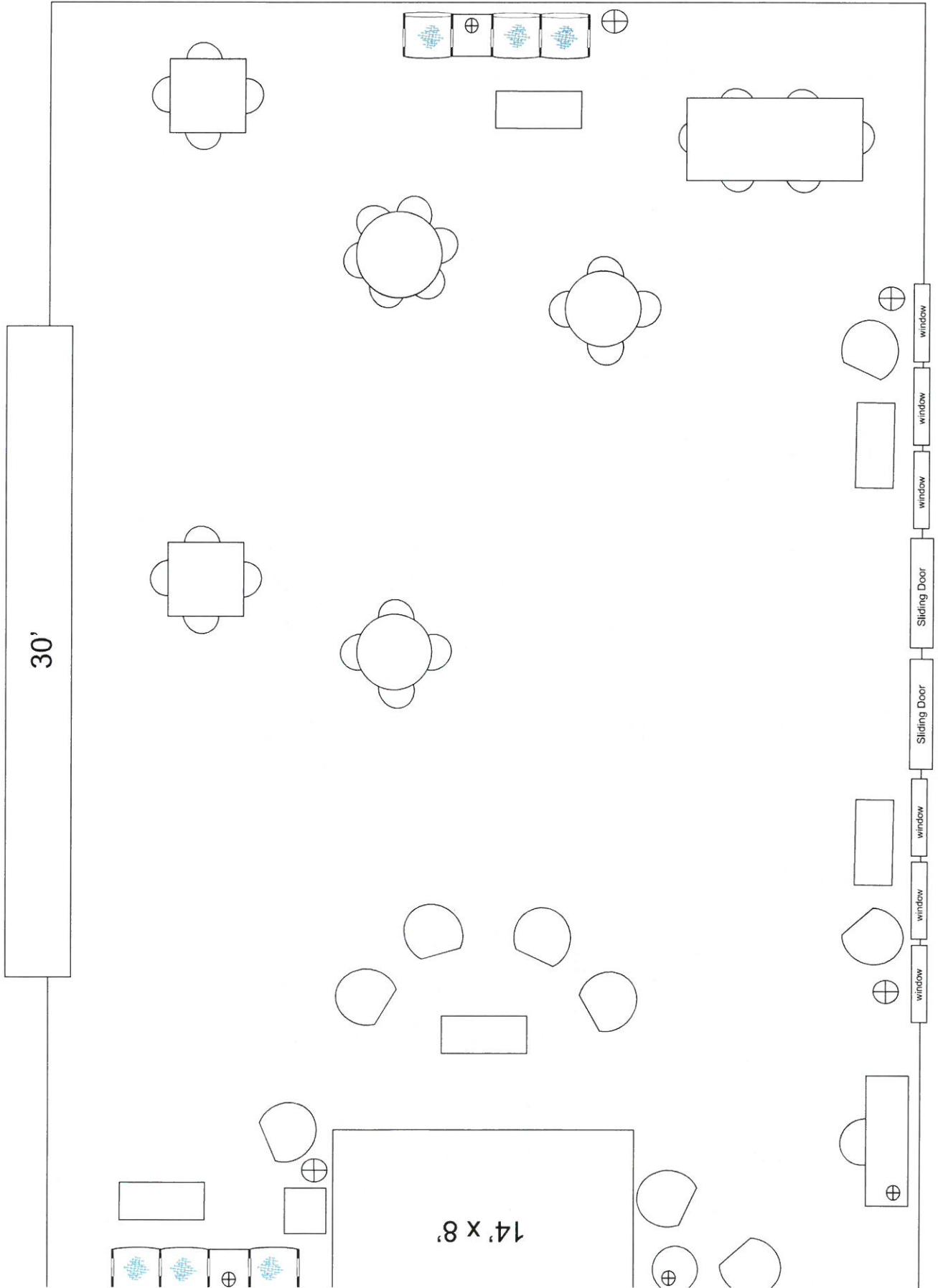


**Debbie Reynolds  
August 7th**



60'

30'



# Tables

1	48"	Round	\$0.00	on hand	\$0.00
2	42"	Round	\$0.00	on hand	\$0.00
2	42"	Square	\$0.00	on hand	\$0.00
5	24" x 48"	Square Coffee	\$0.00	on hand	\$0.00
5	Refinish	Square Coffee		TBD	
1	24"	Square End Table		TBD	
1	30"	Round End Table		TBD	
1		Desk/Console Table	\$0.00	on hand	\$0.00
1	8' x 4'	Conference Table w/6 chairs	\$0.00	on hand	\$0.00

# Chairs

16	1320-S	Eco Lattice Side Chair	\$68.99		\$1,103.84
6		Chairs/Upholstered	\$115.00		\$690.00
1		Desk Chair/Upholstered	\$400.00		\$400.00
1		Club Chair/Upholstered	\$400.00		\$400.00
8		Occasional Chairs		TBD	

# Units

2	9'9" x 2'	Conjoined Units/Upholstered		TBD	
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# Misc.

2		Electric Logs w/grates	\$599.00		\$1,198.00
4		Table Lamps		TBD	
4		Floor Lamp		TBD	
1	48"	VisioTelevision/Costco	\$600.00		\$600.00

TOTAL \$4,391.84