

AGENDA
RECREATION COMMITTEE
Monday, April 14, 2014 – 1:30 p.m.
Administration Bldg., 2nd floor

1. Call to Order: Meeting starts 1:30 p.m.
2. Roll Call: Quorum
3. Welcome Guests & General Meeting Rules
4. Approval of the Regular Meeting Minutes of March 10, 2014
5. Additions to the Agenda
 - a. Shareholder/Member comments
 - b. Approval of Agenda
6. Correspondence: shareholder letters (attached or sent by e-mail)
7. Staff Reports
 - a. Recreation Supervisor
 - b. Executive Director
8. Continued Business:
 - a. Policy 1461, Pool Rules and 1462, Pool Temperature, and Policy 1464, Exercise Room Limitations and 1464.1, Exercise Room Rules (Terry De Leon)
 - b. Policy 1432 Caterers revision (Randy Ankeny)
 - c. Ballet Barre Update (Terry De Leon)
 - d. Golden Age Foundation Donation for Document Shredding
 - e. Clubhouse Three Blind Replacement

(meeting break 3:00-3:15 p.m.)

9. New Business
 - a. Clubhouse 2 multi-purpose use: bowling club, dancing (Lynn Heath)
 - b. Policy Revisions (Carole Damoci)
 - Amend Policy 1202, Club Membership
 - Amend Policy 1406, Limitations
 - Amend Policy 1410, Eligible Organizations
 - Amend Policy 1411, Clubhouse Reservations
 - Amend Policy 1411.6, Reservations by Outside Organizations
 - Amend Policy 1412.1, Political Meetings
 - Amend Policy 1465, Saturday Dances
 - Amend Policy 1710, Adult Education
 - Rescind Regulation 1710.1, Adult Education Classes
 - c. Amenities: Pool hair dryers in locker rooms, etc.
 - d. Clubhouse 5: central location: ticket sales for clubs, special events
 - e. Computer Club Storage Room

10. Sub-Committee Reports:
 - a. Amphitheater sub-committee report (Larry Blake/Carole Damoci)
 - b. Cafe: Art League/Photo Arts Club (Anne Seifert)
11. Open Discussion
 - a. President's Comment
 - b. Shareholder/Members invited to comment
 - c. Committee Member Comments
12. Adjournment

Date next meeting: Monday, May 12, 2014.

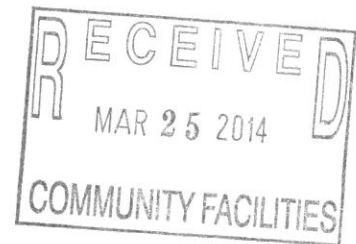
Note: (sent by email) indicates that some additional background information was sent by email regarding this agenda item, not necessary to attach. However, if a hard copy is desired, please contact Sandy Downen.

****Agenda is subject to change****

Anne Walshe

1060 Brookline Rd 212C

Seal Beach, CA 90740



To the Recreation Committee:

I am not convinced that it is the golfers who are causing parking problems in the parking lot by the Medical Center and Clubhouse 6.

Before any money is spent moving the golf shack, I suggest that the Ladies and Men's Golf Clubs be approached with the following suggestion: Ladies play every Tuesday morning 7:30AM-11AM. The men play the second and third Wednesday mornings of the month 7:30AM-Noon. If those mornings the golfers who drive cars to the course could park at the Clubhouse One end of the course...the lot adjacent to holes 5 and 6, I think the parking problems would be solved.

If it turns out that it is the ladies pool exercise class that takes up most of the parking spaces, I don't have a solution.

Sincerely.

A handwritten signature in cursive script that reads "Anne Walshe".

Anne Walshe

Mutual 9

Terry DeLeon

Recreation Department



This letter concerns the Friendly Pinochle Club which meets every Thursday in Club house One.

This club has been in existence in Leisure World for over 30 years and has a roster of over 60 members, a minimum of forty who play every Thursday as regular players.

Last year I (Marjorie Dodero-president of this club) requested the use of the lobby in Clubhouse One from 11 AM to 12 PM for a teaching session for pinochle. A line dancing group were using the South half of the main room at that time. You were emphatic in your refusal of our request. You stated that when a club has requested use of a clubhouse that they have the entire clubhouse at their disposal, the kitchen, both North and South end of the main room and the lobby. I pointed out that I attend other clubs that use several areas of the clubhouses at the same time and again you were emphatic in your denial, saying it might have occurred before you were in charge of recreation but it WOULD NOT HAPPEN SINCE YOU HAD TAKEN OVER THE DEPARTMENT.

You even went so far to order me not to speak to the dancing instructor and said your department would speak to them and said that if we continued to try and use the lobby area out of our time frame that you might have to deny us use of the clubhouse. Someone called me from your department and said the dance instructor had said they didn't want to share the lobby area during their time.

Joan Taylor began using her home for the instructor class. She knew the dancing instructor and told me she had said she didn't care if we used the lobby. I didn't want to create anymore problems so I didn't bring it up again.

Today, February 6th, 2014 I was flabbergasted and extremely angry at the treatment the pinochle club was given. We were in the middle of our first game when a gentleman came up and said, I WANT YOUR ATTENTION! FROM NOW ON YOU WILL MOVE YOUR TABLES TO THE SOUTH END OF THE ROOM. WE HAVE A JAPANESE/AMERICAN CLASS GOING ON IN THE LOBBY AND YOU ARE TOO NOISY !

I went over to this man and informed him that I was the president of this club and what on earth was he talking about. He said he was glad to meet me but we had to move. I told him that this had been our allotted time for the last 30 years and that Terry DeLeon had told me that use of the clubhouse included

the entire area, lobby, kitchen and entire room. He said that had been the old rules but now there were more clubs and things had changed.

I told him that I was aware that many new clubs were forming but I would have expected the recreation department to have given us a call telling us about the change rather than someone just coming in and ORDERING US TO MOVE.

I Think he realized he had approached us wrong but I never heard an apology. I said we certainly would try to help him out, we knew how it felt to need more space. We would be agreeable to move to the South side and I even spoke to the housekeeping department about putting up sound barriers between the Pinochle Club on the South side and their class in the lobby. I told him that we used the kitchen on a regular basis, even serving a full meal once a month and light snacks the other Thursdays in the month. I did warn him that the nature of pinochle clubs involves a lot of noise and this still might not satisfy them but we were willing to move and try it for them. That's more consideration than I feel the pinochle club has been given.

Since you have changed your policy would you reconsider allowing us to use the lobby of Clubhouse One on Thursday from 11 AM to 12 PM for our teaching class?

Thank you,

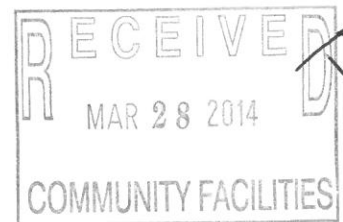
Marjorie Dodero
Marjorie Dodero

C.P. 310-968-9509

President of the Friendly Pinochle Club

Resident of Mutual Nine

March 28



Betty Currie President LW Cloggers

Golden Rain Foundation Recreation Committee

Dear Sir/Madam,

I am writing this letter as spokesperson for the LW Cloggers. The LW Cloggers Club meets every Wednesday morning on the amphitheater stage, 8:30 am to 11:30 am. We have met at this location and at this time for many years.

In the last couple of years, we have encountered difficulties with the Orchestra Club regarding usage of this space, specifically:

Instruments left on the stage (such as drum sets) and not stored as required.

Orchestra members arriving before 11:30.

Orchestra Club members scheduling meetings at ~~11:00~~ 12:00.

Musicians setting up drums and bringing out other instruments during our class.

All of these issues were reported in detail to the recreation department and the problems were resolved.

However, recently a woman with the Orchestra Club has been coming to the stage at 11:00 a.m. She walks directly in front of the instructor (see pictures) and pulls out her saxophone case where she has it stored, between a metal cabinet and the stage curtain. She places a table or chair next to where the instructor is teaching and uses it to set up her instrument. The clogging instructor is a dance teacher and must, therefore, be able to move around freely. This is difficult when furniture or instruments are placed near her.

Occasionally, a man accompanies her. They talk very loudly. We have had to ask them to lower their voices because it disturbs our class. Her

response has never been polite or pleasant. She responds loudly and very aggressively.

On March 26, 2014, this woman again arrived at 11:00 o'clock and, again, her behavior disrupted the class. When we asked her not to walk in front of the instructor, she was aggressive, loud, and belligerent. The photograph clearly shows why we ask her not to do this. The instructor is holding a microphone in one hand, lesson sheet in the other, cuing the dance steps for the students, and dancing at the same time. This woman's interference is creating an unsafe situation and it will, inevitably, cause an accident.

We called the Recreation Department and I think they called Security. However, by the time Security came the class was over. I have no idea what the Security person said to her. She of course denied every thing. The Security advised me, if it happens again to call Security right away. To me that is not a solution. This situation is intolerable and needs to be addressed. These persistent, unpleasant disruptions are emotionally very disturbing to the dancers. They are trying to use the facilities according to the rules and shouldn't be harassed in this manner. No one should be able to bully and distress other members in this fashion. In addition, if someone falls and gets hurt, besides the pain to the injured person, the facility could be liable, especially if it hasn't enforced its own regulations.

All we the LW Cloggers are asking is that the committee enforce their rules and that we have an orderly, safe recreation space free from harassment.

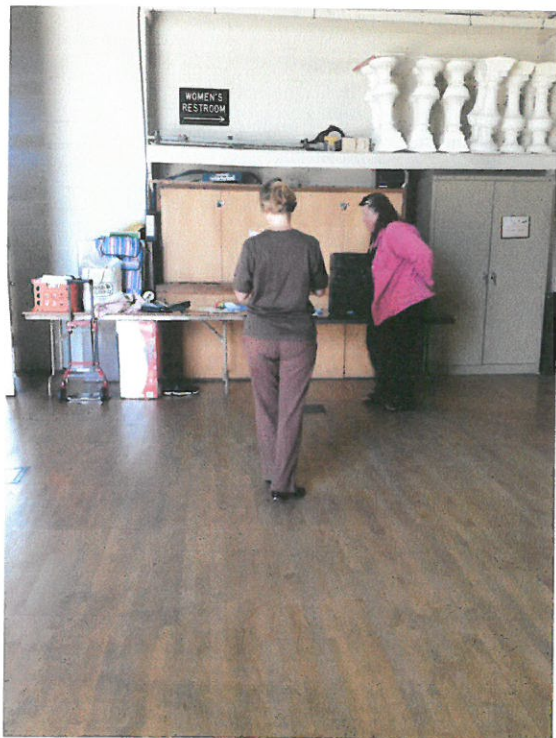
We have politely tried to resolve this situation ourselves but have been unsuccessful against such determined and seemingly intentional disregard of the rules. We need your help.

If you have any questions please feel free to contact me at 562-598-997

Sincerely

Betty Currie

President LW Cloggers



Walking in front of instructor



Instructor holding microphone, lesson sheet, cuing dance steps and dancing.

You can see the saxophone laying on a chair and the lady storing the case between the metal cabinet and curtain.

You can see the instructor moves around a lot. Forward, backward and side to side. She covers a lot of floor space during a dance.

GOLDEN RAIN FOUNDATION
APRIL 2, 2014
RECREATION DEPARTMENT PROJECT REPORT

1. WEIGHT ROOM ETIQUETTE
 - Draft was sent to Recreation Committee on 11-08-13
 - Staff was asked to combine the policies together to create one complete policy
 - Recreation Committee to review at its April 14, 2014 meeting
2. CLUBHOUSE THREE SOUND PANEL REPLACEMENT
 - Sound panel recovering is part of the 2013 Budget
 - Work is in progress and is 95% complete at this time
 - Project complete
3. CLUBHOUSE ONE LOBBY FURNITURE REPLACEMENT
 - Clubhouse One furniture replacement is part of the 2013 Budget
 - The Recreation Committee approved the purchase of new furniture not to exceed \$15,000 and to select a sub-committee to make selection and report to the Recreation Committee with selection
 - Project approved by the Board at its March 25 meeting
4. AMPHITHEATER SUB-COMMITTEE
 - Amphitheater Thursday show list complete
 - Saturday show list complete
5. CLUBHOUSE THREE LOBBY WINDOW COVERINGS
 - Replace lobby window coverings not to exceed \$5,000 with funds from the Clubhouse Four stove hood
 - Color was selected by sub-committee
 - Bids will be presented at the April Recreation Committee meeting to replace all the blinds in Rooms 1-9 and replace the missing blinds in the lobby
6. PURCHASE OF ADDITIONAL BLUE ARM CHAIRS
 - Clubhouse blue arm chairs purchase is part of the 2014 Budget
 - The Golden Rain Board approved the purchase of 122 blue chairs on 01/28/14
 - The Recreation Committee requested that additional chairs be purchased not to exceed the budgeted amount of \$20,000.00
 - A new purchased order was placed on 02-19-14 with a estimated delivery date of March 31, 2014
 - Completed order will be received on April 7 2014

7. AUTO DOOR OPENERS FOR CLUBHOUSE THREE RESTROOMS

- At the 12-09-13 Recreation Committee meeting a Committee Member requested we look into auto doors for Clubhouse three restrooms
- The estimated cost per door is \$3,289.00
- The Recreation Committee sent this item to the Finance Committee to review the budget for available funds from the 2014 budget
- Execution of contract in progress

MEMO

TO: RECREATION COMMITTEE
FROM: TERRY DE LEON, RECREATION SUPERVISOR
SUBJECT: RESCIND POLICIES 1464, EXERCISE ROOM LIMITATION AND 1464.1, EXERCISE ROOM RULES, AND ADOPT POLICY 1466, EXERCISE ROOM RULES, LIMITATIONS AND ETIQUETTE
DATE: MARCH 10, 2014

Policies 1464, Exercise Room Limitation and 1464.1, Exercise Room Rules, outline the guidelines established for shareholders using the Clubhouse Six Exercise Room. The Committee has asked to have these two policies combined into a new policy.

Other suggested changes include:

- Add Rules of Etiquette to the end of the policy;
- Clarify that the Exercise Room is for recreation use only, not for therapeutic or medical rehabilitation;
- Clarify that shareholders are required to show their Leisure World identification card and have a signed Release of Liability form on file BEFORE being permitted to use Exercise Room equipment;
- Add information on the Exercise Room attendant's instruction on proper use of exercise equipment;
- Add that socks, without shoes, may be worn on the Pilates machine, in addition to the stretching/mat area;
- Add that hula hoops and jump ropes may be used in the stretching/mat area only when no other shareholders are present, and that other times, shareholders may use Room C, if free;

Attached are copies of the current policies as well a draft of the proposed policy for the Committee's review.

Action by the Committee to recommend the Board adopt Policy 1464, Exercise Room Rules, Limitations and Etiquette, and rescind Policies 1464.1, 1464, Exercise Room Limitation and 1464.1, Exercise Room Rules, pending a 30-day notification to the membership and a final decision on May 27, 2014, is requested.

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Exercise Room Rules, Limitations and Etiquette**

1. The Exercise Room is for the recreational use of Leisure World shareholders and not for therapeutic or medical rehabilitation. Guests, caregivers, medical assistants or helpers are not allowed to use the equipment in the Exercise Room. Each shareholder using the Exercise Room is required to show their Leisure World identification card and have a signed Release of Liability form on file before being permitted to use the equipment.
1. The attendant is in charge of the Exercise Room at all times.
2. Participants must sign in upon entering, and sign out upon leaving, the Exercise Room.
3. Participants must present their photo Identification card to the attendant upon request.
4. The attendant on duty will instruct shareholders in the proper use of the exercise equipment. All exercise equipment must be operated properly and in accordance with the manufacturer's recommendation.
 - a. The stop button on the treadmill must be pushed before dismounting. Do not use the pause button. The safety clip must be worn while in use.
6. Malfunctioning or broken equipment must be reported to the attendant immediately.
7. Food or glass containers are not permitted in the Exercise Room.
 - a. A non-glass beverage container with a spill-proof lid may be used.
8. Athletic-type footwear must be worn in the Exercise Room. An exception will be made to allow socks, without shoes, ONLY in the stretching/mat area or on the Pilates machine. The attendant will be in charge of ensuring this procedure is followed. Dress shoes, penny loafers, sandals, open-toed shoes, or other footwear not approved by the attendant are not permitted.
9. Participants should consult their doctor or therapist before starting an exercise program in order to avoid the inherent dangers of exercising and the risk of personal (month date)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Exercise Room Rules, Limitations and Etiquette**

injury.

10. In order to avoid injury, participants should perform appropriate warm-up and cool-down exercises when using the equipment in the Exercise Room.
11. Participants should consult their doctor or physical therapist regarding medical or physical therapy questions.
12. If other participants are waiting to use an exercise station or piece of equipment, the time limit on any exercise station or equipment is 20 minutes.
13. Participants must bring their own towel when exercising.
 - a. Participants must place a towel on the seat, bicycle seat or bench prior to using any equipment with a seat or bench.
 - b. Participants must wipe off perspiration from hand grips or rails after using any equipment with hand grips or rails.
14. Hula hoops and jump ropes may be used on the stretching mat only when no other shareholders are using it. At other times, shareholders may use Room C, if free.

Rules of Etiquette

To maintain an atmosphere in which all people feel comfortable, the Foundation insists on certain standards of behavior.

1. Do not bring your gym bag or other personal belongings onto the fitness floor. Please leave all valuables at home.
2. Be courteous when using the water fountain. If there is a line, please do not fill up your water bottle.
3. Ask if you may "work in," and always allow others the same courtesy; afterward, return the seat and weight to the last user's setup.

(month date)

USE OF COMMUNITY FACILITIES

DRAFT FOR ADOPTION

Exercise Room Rules, Limitations and Etiquette

4. Refrain from yelling, using profanity, banging weights and making loud sounds.
5. Do not sit on machines between sets.
6. Re-rack weights and return all other equipment and accessories to their proper locations.
7. Ask staff to show you how to operate equipment properly so that others are not waiting.
8. Bring your own towel and wipe down all equipment after use.
9. Follow posted time limits on all machines.
10. Do not disturb others. Focus on your own workout and allow others to do the same.
11. Before beginning your workout, wash your hands and wipe off any cologne or perfume.
12. No talking on cell phones in exercise areas or while on any exercise equipment.
13. Ask attendant to adjust music or fans.

Policy

Adopted: date month year

**GOLDEN RAIN FOUNDATION
Seal Beach, California**

(month date)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****ORIGINAL****Exercise Room Limitation**

The following limitations are placed on the exercise room due to capacity and/or potential safety considerations:

1. The exercise room is for the recreational use of all Leisure World residents and not for therapeutic or medical rehabilitation.
2. Use of the equipment in the exercise room is limited to residents of Seal Beach Leisure World in good standing. Each resident using the exercise room is required to show their Leisure World identification card and have a signed Release of Liability form on file before being permitted to use the equipment.
3. Proper attire, such as rubber soled shoes with ankle support and loose, comfortable clothing, is required at all times. Open-toed shoes or sandals are prohibited.
4. No food or drink is allowed in the exercise room.
5. The attendant on duty will instruct residents in the proper use of the exercise equipment. All exercise equipment is to be used as intended.
6. Observe all time limits as set and directed by the attendant on duty. To maintain fairness, time limits will be set by the number of persons using the exercise room.
7. Residents should be aware that use of the exercise equipment is undertaken at the user's own risk.
8. The exercise attendant is in charge at all times.

Policy

Adopted: 18 Feb 92

Amended: 21 Jul 92

Amended: 31 Jan 95

Amended: 20 Aug 96

Amended: 15 Apr 97

Amended: 18 May 99

(Apr 97)

GOLDEN RAIN FOUNDATION
Seal Beach, California

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****ORIGINAL****Exercise Room Rules**

1. The Exercise Room is for the use of Leisure World residents only. Guests, caregivers, medical assistants or helpers are not allowed to use the equipment in the Exercise Room.
2. The attendant is in charge of the Exercise Room at all times.
3. Participants must sign in upon entering, and sign out upon leaving, the Exercise Room.
4. Participants must present their photo Identification card to the attendant upon request.
5. All exercise equipment must be operated properly and in accordance with the manufacturer's recommendation.
 - a. The stop button on the treadmill must be pushed twice before dismounting.
6. Malfunctioning or broken equipment must be reported to the attendant immediately.
7. Food or glass containers are not permitted in the Exercise Room.
 - a. A non-glass beverage container with a spill-proof lid may be used.
8. Athletic-type footwear must be worn in the Exercise Room. An exception will be made to allow socks, without shoes, ONLY in the stretching/mat area. The attendant will be in charge of ensuring this procedure is followed. Dress shoes, penny loafers, sandals, open-toed shoes, or other footwear not approved by the attendant are not permitted.
9. Participants should consult their doctor or therapist before starting an exercise program in order to avoid the inherent dangers of exercising and the risk of personal injury.
10. In order to avoid injury, participants should perform appropriate warm-up and cool-down exercises when using the equipment in the Exercise Room.

(Dec 10)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****ORIGINAL****Exercise Room Rules**

11. Participants should consult their doctor or physical therapist regarding medical or physical therapy questions.
12. If other participants are waiting to use an exercise station or piece of equipment, the time limit on any exercise station or equipment is 20 minutes.
13. Participants must bring their own towel when exercising.
 - a. Participants must place a towel on the seat, bicycle seat or bench prior to using any equipment with a seat or bench.
 - b. Participants must wipe off perspiration from hand grips or rails after using any equipment with hand grips or rails.

Policy

Adopted: 20 Nov 01

Amended: 16 Sep 03

Amended: 21 Dec 10

**GOLDEN RAIN FOUNDATION
Seal Beach, California**

(Dec 10)

MEMO

TO: RECREATION COMMITTEE
FROM: TERRY DE LEON, RECREATION SUPERVISOR
SUBJECT: RESCIND POLICY 1461, POOL RULES AND REGULATION 1462, POOL TEMPERATURES, AND ADOPT POLICY 1468, POOL RULES, LIMITATIONS AND ETIQUETTE
DATE: MARCH 10, 2014

Policy 1461, Pool Rules and Regulation 1462, Pool Temperature, outline the guidelines established for residents using the Swimming Pool and Hot Pool. The Committee has asked to have these two policies combined into a new policy.

Other suggested changes include:

- Add Rules of Etiquette to end of policy;
- Change "Leisure World Health Care Center" to "Health Care Center on Golden Rain Road;" and
- Add information that pool attendant is in charge of the pool area at all times.

Attached are copies of the current policy and regulation as well a draft of the proposed policy for the Committee's review.

Action by the Committee to recommend the Board adopt Policy 1468, Pool Rules, Limitations and Etiquette, rescind Policy 1461, Pool Rules, and Regulation 1462, Pool Temperature, pending a 30-day notification to the membership and a final decision on May 27, 2014, is requested.

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

The following rules are to be posted at the pool facilities:

1. The pool and shower facilities are for Foundation members only.
2. The shower facilities are for members using the pool facilities only.
3. Members must shower before entering the swimming pool or hot pool.
4. Members must provide their own towel for drying their bodies and/or hair (paper towels may not be used for this purpose).
5. Flip flops or shower-type shoes must be worn in the shower facilities and locker area.
6. Coloring hair in showers is prohibited.
7. Only waterproof sunscreen lotion may be applied when using the pool facilities.
8. Light snacks are permitted in the table area only.
9. Glassware is not permitted in the pool area.
10. Swimming caps are recommended for members with long hair.
11. Divers must watch out for swimmers.
12. Members must observe hot pool time limit (15 minutes).
13. Running on pool deck is prohibited.
14. Seats may not be reserved.
15. Personal belongings are to be kept in a locker, but overnight storage of personal belongings is prohibited.

(month date)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

16. Swim fins are prohibited.
17. Flotation devices are permitted in the pool facilities provided that, upon request of the attendant member displays a physician's note requiring the use of flotation devices.
18. The pool attendant is in charge of the pool area at all times.

Pool Temperatures

In conformity with the recommendations of the Medical Director of the Health Care Center on Golden Rain Road and the requirements of the Foundation's liability insurance carrier, the following pool temperatures will be maintained:

1. Swimming Pool: 82° to 84°
2. Hot Pool: Not more than 104°

Anyone who has been consuming alcoholic drinks should not use the hot pool. Hot pool use is limited to 15 minutes.

Hot Pool Information

When your body, that has a normal temperature of 98.6°, is immersed in water with a temperature of 102°-104°, your body temperature increases and eventually becomes the same temperature as the water. As your body attempts to lower in temperature, the heart rate increases and capillary blood vessels dilate. This causes the blood pressure to drop and may cause fainting when you stand. The blood pressure can drop further as a result of perspiration from the heat.

Be aware that using the hot pool does or can cause the following:

1. Increase the workload of your heart.
2. Causes your blood pressure to drop, which may cause fainting when you stand and injury may occur from the resulting fall.

(month date)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

3. Can cause dehydration.

People have been hospitalized with hyperthermia after using the hot pool. The Health Care Center on Golden Rain Road makes 4 or 5 emergency calls a year to aid persons who have fainted after using the hot pool.

When using the hot pool, alternate 5 minutes in the hot pool and the regular pool, but spend no more than a total of 15 minutes in the hot pool.

If you are being treated for high blood pressure or heart trouble, you must have your doctor's written permission to use the hot pool.

Pool Rules of Etiquette

To maintain an atmosphere in which all people feel comfortable, the Foundation insists on certain standards of behavior.

1. The lap swimming area is designated by the parallel lane lines on the bottom of the pool.
2. Lap swimmers must swim parallel between lanes.
3. There are four swimming lanes available. The first swimmer in each lane has priority.
4. If more than four lap swimmers are present, no priority exists. Everyone must make room for additional swimmers.
5. People wading, exercising, or socializing should remain in the shallow area adjacent to the steps.
6. Diving is permitted only in the deep end. Divers are responsible for avoiding swimmers.

(month date)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT FOR ADOPTION****Pool Rules, Limitations and Etiquette**

7. Backstroke swimming will not be permitted when the pool attendant deems conditions unsafe.

Policy

Adopted: date month year

GOLDEN RAIN FOUNDATION
Seal Beach, California

(month date)

22

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****ORIGINAL****Pool Rules**

The following rules are to be posted at the pool facilities:

1. The pool and shower facilities are for Foundation members only.
2. The shower facilities are for members using the pool facilities only.
3. Members must shower before entering the swimming pool or hot pool.
4. Members must provide their own towel for drying their bodies and/or hair (paper towels may not be used for this purpose).
5. Flip flops or shower-type shoes must be worn in the shower facilities and locker area.
6. Coloring hair in showers is prohibited.
7. Only waterproof sunscreen lotion may be applied when using the pool facilities.
8. Light snacks are permitted in the table area only.
9. Glassware is not permitted in the pool area.
10. Swimming caps are recommended for members with long hair.
11. Divers must watch out for swimmers.
12. Members must observe hot pool time limit (15 minutes).
13. Running on pool deck is prohibited.
14. Seats may not be reserved.
15. Personal belongings are to be kept in a locker, but overnight storage of personal belongings is prohibited.

(Feb 11)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****ORIGINAL****Pool Rules**

16. Swim fins are prohibited.
17. Flotation devices are permitted in the pool facilities provided that, upon request of the attendant, member displays a physician's note requiring the use of flotation devices.

Policy

Adopted: 17 Dec 96

Amended: 16 Jan 07

Amended: 15 Feb 11

GOLDEN RAIN FOUNDATION**Seal Beach, California**

(Feb 11)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****ORIGINAL****Pool Temperatures**

In conformity with the recommendations of the Medical Director of the Leisure World Health Care Center and the requirements of our liability insurance carrier, the following pool temperatures will be maintained:

1. Swimming Pool: 82° to 84°
2. Hot Pool: Not more than 104°

Anyone who has been consuming alcoholic drinks should not use the hot pool. Hot pool use is limited to 15 minutes.

Regulation:

Effective: 13 Oct 80
Amended: 01 Dec 82
Amended: 28 Mar 83
Amended: 16 Aug 83
Amended: 09 Jan 07

**Executive Director
Golden Rain Foundation**

(Jan 07)

ORIGINAL**(ATTACHMENT TO REGULATION 1462)****WHAT YOU SHOULD KNOW BEFORE USING
THE HOT POOL**

When your body, that has a normal temperature of 98.6°, is immersed in water with a temperature of 102°-104°, your body temperature increases and eventually becomes the same temperature as the water. As your body attempts to lower its temperature, the heart rate increases and capillary blood vessels dilate. This causes the blood pressure to drop and may cause fainting when you stand. The blood pressure can drop further as a result of perspiration from the heat.

Be aware that using the hot pool does or can cause the following:

1. Increases the workload of your heart.
2. Causes your blood pressure to drop, which may cause fainting when you stand and injury may occur from the resulting fall.
3. Can cause dehydration.

People have been hospitalized with hyperthermia after using the hot pool. The Leisure World Health Care Center makes 4 or 5 emergency calls a year to aid persons who have fainted after using the hot pool.

When using the hot pool, alternate 5 minutes in the hot pool and the regular pool, but spend no more than a total of 15 minutes in the hot pool.

If you are being treated for high blood pressure or heart trouble, you must have your doctor's written permission to use the hot pool.

(Aug 85)

GOLDEN RAIN
foundation
SEAL BEACH

MEMO

TO: RECREATION COMMITTEE
FROM: TERRY DE LEON
SUBJECT: G.A.F DONATION
DATE: APRIL 3, 2014
CC: FILE

At its March 26, 2014 meeting the Golden Age Foundation voted to approve funding to have Secured Data Shredding provide up to three document shredding days per year at the cost of \$150.00 per visit, for a two hour session.

Action by the Recreation Committee to Approve the Donation by Golden Age Foundation to provide document shredding.

COMMUNITY OPERATIONS

RESIDENT PARTICIPATION

DRAFT TO AMEND

Club Membership

1. Membership of all clubs, organizations, societies and groups using Seal Beach Leisure World Golden Rain Foundation clubhouses and/or recreational facilities shall be limited to residents of Seal Beach Leisure World Foundation members.
2. Commonly recognized patriotic, fraternal, religious, service or veterans' organizations affiliated with recognized regional, national or international groups, whose members are active in the Golden Rain Foundation, also Foundation members shall be eligible to use the clubhouses.

It is the intent of this section to allow only the above types of organizations who qualify as Leisure World Foundation organizations to use the meeting facilities.

3. The Community Facilities Manager Recreation Supervisor is responsible for maintaining a record of all recognized clubs and organizations using the Foundation facilities. He shall report annually in May to the Recreation Committee on the status of all clubs and organizations.
4. Residents of Seal Beach Leisure World Club members have the right to invite guests to meetings of any club or organization held in the clubhouses. Guests must be accompanied by a Foundation member. Guests can not constitute a majority of the group.
5. Guests who are not residents of Seal Beach Leisure World Foundation members may not be active club members or hold office.
6. Caregivers can not be a member or guest of any club but may attend club meetings with their employer when on duty. A current caregiver badge must be worn at all times.

Policy

Adopted: 27 Aug 65

(Jan 95)

GOLDEN RAIN FOUNDATION
Seal Beach, California

COMMUNITY OPERATIONS

RESIDENT PARTICIPATION

DRAFT TO AMEND

Club Membership

Amended: 18 May 71
Amended: 19 Dec 72
Amended: 16 May 78
Amended: 31 Jan 95
Amended:

(Jan 95)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Limitations on Use**

Limitations have been placed on certain community facilities due to limited capacity and/or potential safety concerns. The ~~Community Facilities Manager~~ or Recreation Supervisor is authorized to verify the status of any user upon request and may enlist the Security Staff and/or other agencies to enforce this policy.

1. The following community facilities and appurtenant areas are provided for the use of current ~~Leisure World residents~~ **Foundation members** in good standing only:
 - a. Golf course, swimming pool, wood shop, ceramics room, computer room, exercise room, lapidary room, sewing room, and car wash.
 - 1) Professional health care providers may assist resident patients who use the swimming pool and remain with their patients during their stay in the pool, but health care providers may not use the pool facilities.
 - 2) Scheduled golf tournaments take precedence when approved in advance by the ~~Community Facilities Manager~~ or Recreation Supervisor.
2. The following community facilities and appurtenant areas are provided for the use of current ~~Leisure World residents~~ **Foundation members** in good standing and their guests who are at least 18 years old. Residents must be present at all times when guests are using these facilities.
 - a. Pool/billiards rooms and table tennis area.
 - 1) The table tennis area may only be used during authorized table tennis hours.
3. Due to safety factors, the following limitations must be adhered to:
 - a. Power equipment, such as the equipment used in the lapidary room, wood shop or exercise room, shall not be used except under the jurisdiction of a supervisor approved by the ~~Community Facilities Manager~~ or Recreation Supervisor.
 - b. Risers may not be stacked upon one another for any activity in a clubhouse.

(Mar 07)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Limitations on Use**

- c. Football, baseball, soccer, hockey, and other such games may not be played on Golden Rain Foundation property due to the possibility of injury to residents and/or guests.
- 4. For the purpose of control and safety, the following limitations must be adhered to for flea markets, rummage sales, and craft fairs, excluding the Golden Rain Foundation Arts and Crafts Festival.
 - a. Flea markets, rummage sales, or craft fairs will not be allowed for a four-week period prior to the Golden Rain Foundation Arts and Crafts Festival.
 - b. The maximum number of tables allowed for flea markets, rummage sales, and craft fairs shall be approved by the ~~Community Facilities Manager~~ or Recreation Supervisor.
 - c. All items for sale at flea markets, rummage sales, or craft fairs must be sold by Leisure World residents.
 - d. Operations of the flea markets, rummage sales, or craft fairs will be monitored by the ~~Community Facilities Manager~~ or Recreation Supervisor to ensure that all policies are followed.
- 5. **A person who provides live-in, long-term, or hospice care to a Foundation member is classed as a caregiver. Access to any Foundation community function (dances, etc.) or Foundation amenity use (gym, pool, etc.) is solely limited to that of attendant to the Foundation member for whom service is being rendered.**

Policy

Adopted: 19 Oct 71
 Amended: 16 May 78
 Amended: 18 Sep 79
 Amended: 15 Nov 83
 Amended: 19 Aug 86
 Amended: 21 Oct 86
 Amended: 16 Aug 88
 (Mar 07)

GOLDEN RAIN FOUNDATION
Seal Beach, California

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Limitations on Use**

Amended: 31 Jan 95
Amended: 20 Aug 96
Amended: 17 Mar 98
Amended: 19 May 98
Amended: 21 Jul 98
Amended: 16 Sep 03
Amended: 20 Mar 07
Amended:

(Mar 07)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Reservations by Outside Organizations**

The ~~Administrator~~ **Executive Director** is authorized to permit outside organizations and persons to use the clubhouse facilities when, in his or her opinion, a service will be performed which will be of benefit to the ~~residents~~ **members**.

This policy is interpreted to include, but not be restricted to, the following:

1. Elected Officials **(Recreation Committee must also approve)**
2. Utility company representatives
3. Department of Motor Vehicles
4. Registrar of Voters
5. Voting polls
6. Special events (such as carolers)

Policy

Adopted: 21 Aug 84

Amended:

**GOLDEN RAIN FOUNDATION
Seal Beach, California**

(Mar 09)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Political Meetings**

1. Any recognized political club of Seal Beach Leisure World the Golden Rain Foundation may obtain reservations for the Amphitheater and stage when they desire to bring a well-known personality to Leisure World.
2. The reservation will be made through the Recreation Department as required in Policy 1412.
3. The club sponsoring the meeting will be required to meet the following special conditions:
 - a. Accept full financial responsibility for any facilities provided at the request of the news media or the political organization involved.
 - b. Accept the responsibility of notifying any concerned individuals that guests other than the official party can be admitted only by individual invitation extended by a member of the Foundation.
 - c. Accept the responsibility for giving written notice to staff members where their participation or assistance is requested.
 - d. Hire any staff needed to ensure the fire-permit rules and regulations are enforced. These include capacity limits (2,500) and ensuring no one sits or stands in the aisles.
4. The Security and ~~Transportation Manager~~ Chief is responsible for making the necessary contacts with the Seal Beach Police Department and security personnel accompanying the official party.

Policy

Adopted: 16 May 72

Amended:

**GOLDEN RAIN FOUNDATION
Seal Beach, California**

(May 91)

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COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Saturday Dances**

The Recreation Department will furnish live bands for dances on the following basis:

1. Each Saturday at Clubhouse One, from the third Saturday in September through the second Saturday in June, except Christmas Day and New Year's Day when the clubhouses are closed. (See Policy 1440)
2. One band for: Clubhouse Four (St. Andrews), and a square dance caller and a round dance cuer for Clubhouse Two (El Dorado) on New Year's Eve.

Music for dances during the Amphitheater season will be a responsibility of the Recreation Department. Recorded music is available for these dances.

3. **Foundation members are able to invite guests as long as the number of guests does not comprise a majority of the attendees.**
4. **A person who provides live-in, long-term, or hospice care to a Foundation member is classed as a caregiver. Access to any Foundation community function or amenity is solely limited to that of attendant to the Foundation member for whom service is being rendered.**

Policy

Adopted: 18 May 71
 Amended: 20 Mar 73
 Amended: 17 Jul 74
 Amended: 18 May 76
 Amended: 19 Jan 82
 Amended: 20 Oct 92
 Amended: 19 Apr 94
 Amended: 17 Oct 00
 Amended: 15 Apr 08
 Amended:

(Apr 08)

GOLDEN RAIN FOUNDATION
Seal Beach, California

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Clubhouse Reservations**

The clubhouses and other recreation facilities, including the Clubhouse One Picnic Area, of the Golden Rain Foundation are maintained for the use and enjoyment of ~~the residents of Seal Beach Leisure World~~ **Foundation members**.

The policy of the Foundation is that the facilities will be made available, wherever practical, for the maximum use of all ~~residents~~ **members**.

In order to make maximum use of the facilities, the Recreation Department is assigned to schedule the use of the clubhouses and other facilities for ~~residents~~ **members** and resident **member** organizations.

Reservations will be planned to provide for the following needs:

1. Adequate facilities for the corporate boards and committees.
2. Public functions sponsored by the Recreation Department.
3. Adequate facilities for religious services, including special services for religious holidays and for patriotic holidays.
4. Programs and/or functions that provide important information or services for the benefit of all ~~residents~~ **members** (to be determined administratively).
5. Facilities for recognized ~~Leisure World~~ **Foundation** organizations.
6. Reservations for private parties must be by ~~residents~~ **members** only.
7. All regularly scheduled reservations will be automatically ~~cancelled~~ **canceled** on the following holidays each year: Thanksgiving Day, Christmas Day, New Year's Eve and New Year's Day.
8. Some scheduled reservations will be ~~cancelled~~ **canceled** on Election Days as required, if the clubhouse is to be used for polling, with advance notification to the

(Sept 03)

COMMUNITY OPERATIONS**USE OF COMMUNITY FACILITIES****DRAFT TO AMEND****Clubhouse Reservations**

organization.

9. The Clubhouse Two Card Room is unavailable for reservations.

The ~~Community Facilities Manager~~ **Recreation Supervisor** is responsible for the equitable application of this policy.

Policy

Adopted: 16 Feb 65
Amended: 21 Jun 66
Amended: 18 May 71
Amended: 21 Jan 75
Amended: 21 Oct 75
Amended: 15 Jul 80
Amended: 21 Jun 83
Amended: 19 Mar 85
Amended: 20 Nov 90
Amended: 08 Mar 94
Amended: 19 Mar 96
Amended: 16 Oct 01
Amended: 16 Sep 03
Amended:

GOLDEN RAIN FOUNDATION
Seal Beach, California

(Sept 03)

COMMUNITY OPERATIONS

USE OF COMMUNITY FACILITIES

DRAFT TO AMEND

Eligible Organizations

The community facilities shall be maintained and preserved for the social, cultural and recreational benefit of all residents **Foundation members**. Policies of control shall be reasonable, and yet not allow for exploitation of residents **members** by individuals or groups.

Standard practices to be followed by clubs using Leisure World **Foundation** facilities shall include the following:

1. The club shall have an acceptable purpose. A current annual application, with bylaws attached, shall be filed with the Community Facilities Manager **Recreation Supervisor**.
2. The club shall specify a regularly scheduled meeting time and place.
3. There shall be an annual business meeting, including election of three officers, and financial accounting to members of all funds.
4. The Community Facilities Manager **Recreation Supervisor** shall be kept informed of any change of officers, or change in purpose of the club.
5. Although members reserve the right to invite guests, no club may advertise or publicize its activities in outside publications so as to infer its events are open to nonresidents.
6. **Caregivers can not belong to any club unless they are Foundation members.**
7. Should a complaint be lodged from a member of a club in Seal Beach Leisure World relating to the financial reporting or condition of that club, a financial statement will be required for the use of the Community Facilities Manager **Recreation Supervisor** in resolving the problem.

Policy

Adopted: 18 May 71
 Amended: 21 Sep 71
 Amended:
 (Sept 71)

GOLDEN RAIN FOUNDATION
Seal Beach, California

LEISURE WORLD AMENITIES

Golf Course

Tees (members pay for and money is sent to the Finance Dept. Cashier)
Ball Cups
Flags
Ball Washer
Shoe Brooms

Swimming Pool

Volleyball Net
Blow Dryers in Locker Rooms

Ceramics Room

Cones for Kilns
Slip (members pay for and money is sent to the Finance Dept. Cashier)

Lapidary Room

Blades
Mineral Oil
Satin Cast
Blade Koolerant

Art Room

Easels

Woodshops

Band Saw Blade
Carbide Tip Blades
Planer Blades
Router Bits
Sanding Discs, Sleeves, Belts

Sewing Room

Sewing Machines
Bobbins and Needles (members pay for and money is sent to the Finance Dept. Cashier)
Ironing Board and Pads
Irons
Quilting Paper

Clubhouses

Coffee Makers
Dishes
Silverware
Coffee Servers
Water Pitchers
Microwaves
Tiered Trays
Cooking Pans and Trays
Serving Carts

Sound Equipment

Projectors
Televisions
Portable Movie Screens
Pull Down Movie Screens
Microphones
Portable Sound Systems
Microphone Cords and Stands
Lecturnettes/Podium
Risers/Platforms
Extension Cords
Karaoke Machines
Jukebox

Amphitheater

Drum Set
Keyboards
Bass Amplifier

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