January 24, 2019



GRF Valentine's event. See page 16

LOS AL ARMY AIRFIELD Training exercises bring airfield traffic

A U.S. Army aviation unit from Hawaii will conduct night flight operations at Los Alamitos Army Airfield (LAAAF) on the Joint Forces Training Base through Jan. 31. The visiting unit



is staging at LAAAF while supporting soldiers training at the National Training Center near Barstow. The training is designed to maintain overall operational readiness and proficiency of the soldiers in the air and on

the ground and will include periods of increased air traffic.

Residents living near Joint Forces Training Base may hear aircraft arriving and departing outside of normal airfield operating hours and increased aircraft noise during the hours of darkness.

Efforts will be taken to minimize inconvenience during the training.

For additional information, contact Col. (CA) Richard Lalor at 795-2096 or via email at richard.w.lalor2.nfg@mail. mil, or Senior Airman Crystal Housman at (805) 458-3825 or via email at crystal.c.housman.mil@mail.mil.

COPY & SUPPLY CENTER

Notary service is now available



People who use medical alert systems prolong independence because they can count on immediate help in the event of incapacitation.

HEALTH WATCH Get help with the push of a button

Studies show that seniors who receive medical assistance within one hour following an emergency have a 90-percent chance of maintaining independence. Medical professionals call this the "Golden Hour." In Leisure World, it's easy to have a lifeline to immediate help. And the reasons to link up are compelling.

Consider this:

• After the age of 65, six out of 10 visits a person will make to a hospital emergency room are a result of a fall in or around the home, according to the Consumer Product Safety Council.

• 30 percent of people over the age of 65 fall each year, according to the American Academy of Orthopedic Surgeons.

• 50 percent of older adults hospitalized with a hip fracture are unable to return home or live independently again, according to the American Academy of Orthopedic Surgeons.

longer, according to a study by The New England Journal of Medicine.

Recently in LW, a resident lay incapacitated for 36 hours before help arrived, and it's not an uncommon occurance here.

According to the New England Journal of Medicine, the mortality rate is five times higher for people laying alone for 12 hours vs. those who get immediate help.

Medical alert systems are gaining popularity as affordable protection for seniors.

Medical monitoring is available 24 hours a day, seven days a week, and if emergency assistance is required, an individual can speak to trained emergency medical personnel within seconds through a two-way voice communication device. Most call centers employ trained and certified healthcare professionals that have the knowledge and experience to effectively respond to emergency medical situations.

∞Miracle•Ear

Hearing Aid Center 1920 St. Andrews Dr. • (562) 270-0708 Our Hearing Aids Work! 45 Day Risk-Free Trial **Right next to St. Andrews Gate**

Shred Sensitive Papers

The GAF will host a shredding truck from 10 a.m.-noon, Feb. 7, CH 2 parking lot. See page 19 for story.

A Message from the **GRF** President

On behalf of GRF, I am taking this opportunity to express sincere regret over a recent paid advertisement that was placed as an insert in the LW Weekly. It was regarding property values



Linda Stone

and the Mutual financial qualification process. This insert has caused great concern in our community.

The publishing of paid advertisements in any GRF publication does not indicate any recommendation, endorsement, or any opinion about the advertiser's message. GRF does not make any representation or agreement regarding the quality or accuracy of a paid advertisement.

In December, a local real estate firm, doing business in our community, attended the Communications Committee meeting. The company representatives, one of whom lives here, requested that they be allowed to place a paid advertisement within the LW Weekly. The committee examined the proposed advertisement but took no position on its accuracy or veracity...only that the ad appeared to meet the GRF policy for placing such an ad. The committee understood the potential controversial nature of the ad and determined that it would only be allowed as an insert to the newspaper, not a printed advertisement. An error was made that the term "Paid Advertisement" did not appear on the insert.

The truth is real estate sales in California are dropping. That is also true nationwide. Seal Beach Leisure World does have a larger inventory of units for sale than in recent history. But, as reported in the Jan. 13, 2019, Orange County Register, the City of Seal Beach sales as a whole are down 40.9 percent from 2018. The OC Register reports that our sister community, Laguna Woods, is down 39.2 percent, Los Alamitos is



Leisure World residents now have notary services, \$15 per signature, available by appointment in the Copy & Supply Center in Building 5. For an appointment, call 431-6586, ext. 345.

The Copy & Supply Center also carries small items, such as batteries, shower heads, fire extinguishers, emergency vests and other items, from the Purchasing Department.

• 45 percent of all household accidents resulting in serious injuries take place in the bathroom and 20 percent occur in the kitchen, according to the Consumer Safety Council.

Subscribers of medical emergency response systems, like Lifeline, have fewer hospital admissions and shorter stays after they subscribe.

This allows them to live independently

In Leisure World, medical alert devices are a phone call away.

For decades, the Golden Age Foundation oversaw a Lifeline program that connected residents to LW Security, and later, to an outside emergency response team.

Then the Health Care Center managed the program, ultimately handing it off to Tunstall Emegency Alert, a leading provider of telecare/telehealth solutions ALERT, page 11

MESSAGE, page 2

ptumCare Health Fair offers free screenings



FEB. 1 HEALTH FAIR MUTUALS TIME				
Mutuals 5-8	9-10 a.m.			
Mutuals 9-12	10-11 a.m.			
Mutuals 14-17	11 a.mnoon			
Mutuals 1-4	noon-1 p.m.			

The OptumCare Health Care Center will hold a health fair for all residents on Friday, Feb. 1. Available screenings include bone density, balance, grip testing and more. Pharmacists will be there to answer health questions and review medications. Health plan representatives will be in the lobby to answer questions for their members.

This event is free and open to all residents of Leisure World. Light refreshments will be provided.

To make sure everyone is able to get their screenings, the HCC is asking residents to attend based on their mutual. Residents who show up during their scheduled time will be entered into a raffle for prizes.

The health fair will be held from 9 a.m.-1 p.m. on Friday, Feb. 1.

Mutuals 5-8 are scheduled from 9-10 a.m.; Mutuals 9-12, from 10-11 a.m.; Mutu-

- als 14-17, from 11 a.m.-noon; and Mutuals 1-4, from noon-1 p.m.
 - For more information, contact OptumCare Medical Group at (833) 486-7886.



THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM

Obituary 20

<u>Sports 8</u> <u>Travel 21</u>

2 January 24, 2019 | www.lwsb.com



Rich Wion (above) of ThyssenKrupp Elevator and his partner Brian Erlendson are repairing the elevator in the Administration Department.

GRF ADMINISTRATION Elevator repairs are underway

The elevator in the GRF Administration building is out of service until a date to be determined in March to undergo essential repairs.

During this time, people who are unable to use the stairs should to go to the Stock Transfer Office on the ground floor of the Administration Building, where the receptionist will help them connect with staff on the second floor.

All public meetings usually held in the Administration Conference Room have been moved to either Conference Room B in Building 5 or to Clubhouse 3.

People can check the calendar or contact Administration or Mutual Administration staff for more information.

The GRF apologizes for any inconvenience this may cause. Updates will be publicized in the LW Weekly and via LW Live!

CRTA

Lunch, meeting is at noon Feb. 1

The California Retired Teachers Association will have a luncheon meeting at noon on Friday, Feb.1, in Clubhouse 2. Reservations are required. The cost is \$15, which covers the lunch and the program.

Payment is due at the door,

echno

<u>Hear the difference for yourself!</u>

Via Al hearing aids.

EXPIRES

CRTA, page 3



FEB. 14 DEADLINE Clubhouse lockers must be cleaned

Puzzles 22

In anticipation of improving resources in GRF amenities, all lockers currently held by clubs, organizations and Mutuals must be emptied of all contents in the near future. Deep cleaning will begin in Clubhouse 1, and every locker must be vacated no later than Feb. 14. Clubs are asked to contact Consuelo Reyes in the Recreation Department at 431-6586, ext. 279, to confirm the locker has been emptied and let her know if the club wants to continue locker service.

All clubhouse lockers will eventually be cleaned. The schedule and deadlines will be printed in the LW Weekly and sent by email so people can have plenty of time to find alternate storage areas. For more information, email *kathyt@lwsb.com*.

OC Senior Needs Assessment

The Orange County Office on Aging (OoA) is working with the Orange County Aging Services Collaborative (OCASC) to conduct a needs assessment of older adults residing in Orange County. The focus of this assessment is to evaluate issues and perceived needs of older adults.

In a 2017 needs assessment, respondent's top three concerns were socialization, 54 percent; financial assistance, 43 percent; and transportation, 40 percent.

The Office on Aging is requesting Leisure World residents' assistance in completing the 10-minute needs assessment survey to identify new and current needs within the community.

People can participate in one of three different ways:

1. Access the survey on *www.surveymonkey.com/r/2018ocascsln*.

2. Complete the survey at the Leisure World Health Care Center Lobby area and submit in the enclosed locked box.

3. Complete the survey at the Leisure World Library and submit in the enclosed locked box.

This survey is anonymous; however, people seeking additional personalized assistance have an option to leave contact information or they can call the Office on Aging at (714) 480-6450 or (800) 510-2020.

With community help, the Office on Aging can continue to employ collaborative partnerships and innovative programming to maximize limited resources and improve the older adult service delivery system in Orange County. Surveys can be submitted through the end of February.

CHILDREN-A-PRIORITY

Retired firefighter to speak Feb. 7

The Children-A-Priority club will meet for lunch and a speaker at noon on Feb. 7 in Clubhouse 4. George Gjersvold, a retired Long Beach firefighter, will share his experiences as an arson investigator, a fire prevention inspector and an urban search specialist.

Bring a friend to enjoy this informative event and a catered hot meal. Lunch is \$12 and will be served at noon. People are welcome to arrive early to socialize and meet new members.

This small group supports youth with a focus on underprivileged local children. Partners include Precious Life Shelter, Casa Youth Shelter, Food Finders, Interval House, Stepping Up, Kiwanis House, and Special Olympics. For more information and to make reservations, call Maria Swift at 493-1924 or Romy Brannon at (714) 345-5314.

MESSAGE from page 1

down 57.1 percent, and Westminster is down 35.9 percent. We may be a gated community, but we are not immune to the challenges faced by our neighboring communities.

The fact is that the Mutual Board of Directors are volunteers who devote many long hours to serve their shareholders and protect their respective assets. Fiduciary responsibility (acting in the best interest of the shareholders) is one of the most important and challenging duties that Mutual Board Members face. Establishing a policy for financially qualifying in order to purchase a home in any Mutual is a critical step in safeguarding the Mutual's financial health. Buyers must be able to afford to pay the monthly assessment, not only today but in the future. If they can't, ultimately it costs the Mutual's bottom line and that means it costs you, the shareholder. GRF takes its responsibilities serving the Mutuals very seriously. We also take seriously the image we project to the surrounding communities, and we have worked hard these past years to enhance that image. GRF, its volunteer Board of Directors and its management team are always in search of better ways to do things. The approach taken is that "good" is not good enough. We are in search of excellence. On behalf of GRF we regret the concern this may have caused our shareholders and the backlash many Mutual Directors have received. They deserve better, and we are committed to ensuring this does not happen again. We are grateful for the opportunity to serve this community and appreciate your continued trust and support. GRF invites all Mutual Presidents and/or Board Members, who wish to participate in making a factual rebuttal to the advertisement, to contact the Communications Committee. The submitted rebuttals will be printed in the LW Weekly. With sincere apologies from myself, the GRF Board of Directors and the Management Team.

LWweekly

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Linda Stone Golden Rain Foundation President



Community 16 Government 5

<u>Health 9</u>

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Main Gate vigil to honor Dr. King's legacy

by Lucille Martin LW contributor

Senior Patriots for Peace will resume peace vigils on Jan. 30 from 4-5:30 p.m. on the sidewalk along Seal Beach Boulevard at the main entrance of Leisure World.

The GRF Board of Directors observed the Martin Luther King federal holiday in Leisure World with a celebration for all shareholders on Jan. 21.

Senior Patriots for Peace will continue the remembrance of Dr. King's life by dedicating the peace vigil to the legacy of the Civil Rights activist and Nobel Peace Prize recipient.

Available signs will reflect King's message of non-violence, peace, equality and justice for all.

Following King's assassination in 1968, his widow, Coretta Scott King, reinforced his message when she said "We must never stop trying to push back the barriers of discrimination, hatred and suffering. We must always strive to make change in a forceful, but nonviolent manner. To do otherwise would be to turn our backs on the principals for which Martin Luther King Jr. stood."

The principals for which King stood are reflected in the Senior Patriots for Peace Mission Statement, "to call attention to the need for a return to peace in our cities and our world with a renewed tolerance of others." To that end, the club additionally focuses on issues of social justice and the environment to nurture a world where people can live healthy and peaceful lives for generations to come. As Dr. King said, without justice, there can be no peace.

All are invited to take action and pay tribute to the legacy of Dr. King by participating in the peace vigil between 4-5:30 p.m. on Wednesday, Jan. 30. Rain will cancel. For further information, call Lucille Martin at 430-1047.

<u>JFTB</u>

Public tours offered four times a year, starting Feb. 21

The Los Alamitos Joint Forces Training Base (JFTB) will conduct public tours of the base on Feb. 21, May 16, Aug. 16 and Nov. 21.

Tours are scheduled on Thursdays and get underway at 1 p.m. from the installation's Military and Veterans Services Center (Building 244) located just inside the JFTB main gate on Lexington Drive.

The fully-guided bus tour includes an introduction and historical overview of the base highlighting its current state and federal missions. It lasts about three hours and features stops at the 40th Infantry Division Headquarters, Los Alamitos Army Airfield Base Operations -- including an up-close look at a California Army National Guard UH-60 Black Hawk helicopter-plus an overview of the airfield crashrescue mission and equipment display presented by the JFTB Fire Department.

Each tour is limited to 45 participants. There is no admission fee and participants will receive a group photo as a souvenir.

Reservations for the February



The JFTB is located at 11206 Lexington Drive, Los Alamitos.

tour can be made by sending an e-mail to the JFTB Public Affairs Officer at *richard.w.lalor2.nfg@ mail.mil.* E-mails must include full name, address (including zip code), phone number, e-mail address and California driver's license number for each participant—maximum of three people per group unless pre-approved by the public affairs officer.

Due to enhanced force protec-

tion requirements, participants must be pre-registered and will be required to show current government-issued photo identification to the guard at the main gate for access to the installation.

For additional information, contact Col. (CA) Richard Lalor at 795-2096 or *richard.w.lalor2. nfg@mail.mil*, or SrA Crystal Housman at (805) 458-3825 or *crystal.c.housman.mil@mail.mil.*



Playing games help people stay sharp, and it's a great chance to socialize.

LW LIBRARY

Game Day is Feb. 21 at Vets Plaza

The Leisure World Library wil host another Game Day at under the red-and-white canopy at Veterans Plaza from 11 a.m.-2 p.m. on Feb. 21.

Residents are invited to come and play Yahtzee, checkers, Uno, Battleship, mahjong, Cornhole, Ladder Toss, Giant Jenga, Giant Connect Four and more.

The Wii video game console will be set up with sports games and library staffers will be there, ready to play.



Studies show that older adults should intentionally exercise their brains on a regular basis. Seniors who engaged in cognitive exercises by playing board games or doing Sudoku puzzles were much less likely to develop dementia than those who did not.

And playing games is a fun way to socialize and meet people. All are welcome.

RECREATION COMMITTEE Flea market dates assigned by GRF

LW clubs and organization may apply at the GRF Recreation Office in Building 5 to host a flea market or rummage sale as an organization fundraiser. Flea market spaces will be raffled off in a lottery. Winners will be drawn at random on Jan. 31. Flea market dates will be assigned by the Reservations Office, according to space available, but clubs may express a preference for the month of their sale. The GRF Recreation Committee has approved three open flea market reservations a year, subject to clubhouse availability. For more information, contact the Reservations Office by email at *kathyt@lwsb.com*.

CRTA from page 1

and reservations can be made by calling Sue Grimsley at 431-3083. Payment is required unless cancellations are made by Jan. 30.

The luncheon will be barbecue chicken wraps, nutty coleslaw, cartwheel salad and cheesecake for dessert.

Jessica Bullard-Nolan from the Irvine office of the California State Teachers Retirement System will speak.

She will cover many aspects of the pension that are important to retired teachers.

-Suzanne Grimsley



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Credits& Kudos

Credits & Kudos must include the writer's name and mutual number, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by LW Weekly or the Golden Rain Foundation.

Phyllis Poper is grateful to the Neighbor to Neighbor group for putting Christmas decorations on the light poles in Mutual 14. Ms. Poper and her holiday guests enjoyed them very much.

Mutual 5 resident Supara Ratanasadui thanks Jade Cortez and Taylor Green of the LW Library staff for their courtesy and hard work spent on scanning her family documents.

Pool Attendant (Part-Time / Non-Exempt Position) GRF

Position will require nights, weekends and holidays Golden Rain Foundation is currently recruiting for a part-time Pool Attendant who will supervise the activities of shareholders and/or members using the swimming pool and spa.

Our Pool Attendants can expect to perform the variety of duties below:

- Observe residents using the facilities in the pool area to ensure their safety.
- Inspect the swimming pool, spa, bathhouse, all related equipment and surrounding area to make sure it is in a clean and operable condition.
- Vacuum pools; maintain proper chemical balance and temperature in pools; clean tiles; wash decks and tables.
- Verify residency of users of the pool facilities as required by Golden Rain Foundation regulations.
- Enforce pool rules and proper use of pool facilities.
- Consult Maintenance department concerning maintenance of pool and facilities.

We expect our Pool Attendants to have:

- Ability to swim and to assist swimmers.
- Ability to use water test kit.
- Ability to use pool cleaning equipment.
- As a Pool Attendant, you should be able to:
- Assist a swimmer in distress and alert appropriate emergency personnel
- Stand, climb, balance, stoop and kneel frequently.
- Lift and carry up to 50 pounds.
- Push and pull up to 150 pounds.
- Good hearing, close and distance vision necessary.
- Respond to emergencies efficiently and make immediate decisions.
- Ability to deal effectively with co-workers, shareholders and/or members, and emergency and rescue personnel. Use diplomacy and sound judgment.
- Have a valid California Driver's License and a satisfactory driving Use various tools/equipment including a Hand truck, pool vacuum, pool test kit, skimmer net, ring buoy, shepherd's crook.

In this position you could be exposed to:

Exposure to dust, chlorine and muriatic acid.

Please contact LeAnn Dillman in the Human Resources Department at (562) 431-6586, ext. 318, for information regarding how to apply or apply directly at www.lwsb.com/careers. If you are an employee interested in applying for this position, please contact your immediate Supervisor.

MEMBER COLUMN Take time to know your neighbors

by Muriel Luther Mutual 14

Most of us would agree that Leisure World is a good place to live for those of us approaching, or in, retirement.

I, too, have felt this way since moving here seven years ago. Because of the age requirement, obviously the average age is very skewed, resulting in more deaths than the normal population, all to be expected.

I am a resident of Mutual 14, where in the past few months we have had an unusually large number of shareholders close by, who have passed away.

I found myself perplexed, uneasy, and somewhat depressed over this. In reviewing it over and over in my mind, I wasn't able to figure out what was bothering me.

I had known most of them, they were older, some of them lived very close by. Some had been hospitalized, but I didn't know that.

Some had had a recent change in their health status. I wasn't aware of that. I finally realized that as close as we live to each other, I had not kept in touch with them adequately.

Some, I walk by their unit every time I go to my car, yet I was somewhat surprised when learning of their passing.

Even as retired people, we often have busy lives, sometimes missing those around us who may need a little extra attention or a visit or just a friendly conversation.

I think there is a bigger lesson to be learned by me, and maybe some of you, too.

In living so close to one another among people age 55 and

WATCH YOUR STEP

Odd UPS phishing scam by phone fails to fool LWers

Puzzles 22

by Jim Breen

jimb_news@lwsb.com

A Leisure World couple received three calls last week from John Meyers, who was falsely representing United Parcel Service (UPS).

He talked about a delivery to their Mutual 8 home that contained a check for a large amount of money. "My husband talked with him to try to get more information and thought that it was an obvious scam," she said.

"The guy's voice sounded digitized, possibly disguised. At first we thought it was a robo call," said the husband.

He left a return number to call, but the couple refused to take the bait. Most phishing scams using UPS arrive via email, but this attempt in LW came by telephone.

UPS made it clear on its website that the international shipping company wants to learn about such scams:

"If you suspect someone is fraudulently claiming to be UPS, let us know at *fraud@ups.com*. Reporting fake or bogus contacts helps us in our fight against criminal activity," it read.

I got an odd email last week from an inspection officer at Salisbury-Ocean City Airport in Wicomico, Maryland, about a shipment waiting for me to claim. It made no sense to contact a stranger in California, but Spencer Williams found me in Seal Beach, more than 2,700 miles away.

I don't know anyone in Maryland, and don't expect any large shipments.

In tiring detail, he described the size of a 180-pound crate with a trolley handle that he found abandoned in the airport. It contained three packages, and one revealed \$3.5 million when scanned. How that was done, I will never know.

"The address in the shipping manifest is very oddly, which made us to put the package on hold as abandoned," he wrote in clumsy English. "I hope we can work together."

Have you been the victim of a scam attempt? Send details to Jim Breen at the email address above or call 431-6586, ext. 387, Wednesday- Friday between 8:30 a.m.-4:30 p.m.

Setting It Straight

The "GAF Serving Others" story (LW Weekly, Jan. 17, page 16) was written by Carl Kennedy and Anna Derby not Maureen Habel.



LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

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Nataly Chigireva, Communication & Technical Director ext. 384; natalyc@lwsb.com

Jim Breen, Issues/Opinions Editor ext. 387; jimb_news@lwsb.com Letters to the Editor, health, sports and games, scams, religion

Ruth Osborn, News & Page 1 Editor ext. 388; rutho_news@lwsb.com General news, arts and leisure

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VOL. 43 NO.4





JIM GILMAN BAND - 40's and 50's Ballroom and swing ONE FOR THE ROAD - Rock and Roll LINDA HERMAN - Mixed pop and ballroom THE TRIO - 40's and 50's Ballroom and swing AMERICAN GOLD BAND - Rock and Roll STARDUST TRIO - 20's through 40's Ballroom

CHECK LW WEEKLY FOR THE SCHEDULE

All welcome, but guests must be accompanied by the GRF Member who invites them.



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GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. Conference Room B is located downstairs in Building 5. The Conference Room B Conference Room is upstairs in the Conference Room B Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Conference Room B:

Thursday, Jan. 24	Service Maintenance Committee
	Conference Room B Cancelled
Friday, Jan. 25	Facilities and Amenities Review Ad Hoc
	Conference Room B1 p.m.
Monday, Jan. 28	Management Services Review Ad hoc
·	Conference Room B1 p.m.
Tuesday, Jan. 29	Restaurant/Bar Subcommittee
	Conference Room B1 p.m.
Tuesday, Jan. 29	GRF Board of Directors
, , , , , , , , , , , , , , , , , , ,	Clubhouse 4
Thursday, Jan. 31	Torch Run Subcommittee
	Conference Room B
Friday, Feb. 1	GRF Board Executive Session
	Conference Room B1 p.m.
Monday, Feb. 4	Recreation Committee
	Conference Room B1 p.m.
Wednesday, Feb. 6	Physical Property Committee
	Conference Room B1 p.m.
Friday, Feb. 8	Executive Committee
	Conference Room B1 p.m.
Monday, Feb. 11	Mutual Administration Committee
	Conference Room B1 p.m.
Wednesday, Feb. 13	3 Security, Bus & Traffic Committee
	Conference Room B1 p.m.
Thursday, Feb. 14	Communications Committee
	Conference Room B1 p.m.
Friday, Feb. 15	Finance Committee
	Conference Room B
Friday, Feb. 15	Roundtable with Mutuals/GRF
	Conference Room B 1 p.m.
Thursday, Feb. 21	Information Technology Committee
Eriday Eab 22	Conference Room B 1 p.m.
Friday, Feb. 22	Facilities and Amenities Review Ad Hoc Conference Room B1 p.m.
	Comerence Room B I p.m.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Jan. 24	Mutual 1
•	Conference Room B9 a.m.
Friday, Jan. 25	Mutual 6
	Conference Room B 9:30 a.m.
Monday, Jan. 28	Mutual 8
	Conference Room B9 a.m.
Tuesday, Feb. 5	Mutual 16
	Conference Room B canceled



Ada Briceño, newly elected chair of Democratic Party in Orange County.

LW DEMOCRATS

New leadership for OC Demos was selected

January continues to be a busy month for Orange County Democrats. On Jan. 14 the party elected a new leadership team to lead Orange County Democrats through the 2020 Presidential campaign cycle.

The new team includes Ada Briceño as chair and Victor Valladares as vice chair of the Western Region, which includes Seal Beach. Briceño is the first Latina to lead the team in more than two decades. She came to the U.S. at age 6, when her family fled Nicaragua's revolution and she is currently co-president of UNITE HERE, Local 11, in Orange County. In the Jan. 17 issue of the Orange County Register, Briceño spoke about her plans for the party, looking to what happened in the last election in Costa Mesa as a model to follow.

All Leisure World Democrats, regardless of whether or not they are current members of the Democratic Club, are urged to come out to vote on Sunday, Jan. 27, to help elect delegates to the 2019-2020 California Democratic Party Central Committee The election

GRF Board of Directors Agenda Clubhouse Four Tuesday, January 29, 2019 6:00 p.m.

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call
- 3. President's Comments
- 4. Announcements/Service Awards/Staff Commendation
- Seal Beach City Council Member's Update 5.
- 6. Shareholder/Member Comments

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:

- 4 minute limit per speaker, when there are no more than 15 speakers
- 3 minute limit per speaker, 16 25 speakers
- 2 minute limit per speaker, over 26 speakers
- 7. Consent Calendar
 - a. Minutes of the Facilities and Amenities Review Ad hoc Committee Board Meeting of November 30, 2018
 - b. Minutes of the Recreation Committee Board Meeting of December 3, 2018
 - c. Minutes of the Physical Property Committee Board Meeting of December 5, 2018
- 8. Approval of Minutes
- a. December 18, 2018
- 9. Reports
- a. Facilities and Amenities Review (FAR) Ad hoc Committee
- b. Management Services Review Ad hoc Committee
- c. Health Care Center Advisory Board
- 10. New Business
 - a. General
 - i. Appoint Strategic Planning Ad hoc Committee Chair
 - ii. Rescind Policy 3330-70, Health Care Center Maintenance
 - iii. Reserve Funding Request Replacement of Heat Pumps, Clubhouses One and Two
 - b. Finance Committee
 - i. Accept December Financial Statements
 - ii. Approve Funds Transfer Request
 - iii. Approve CD Purchase Request
 - iv. Additional Fidelity Bond Coverage
 - v. Authorization of Fund Transfers
 - vi. FINAL VOTE: Amend Policy 3324-31
 - c. IT Committee
 - i. Capital Funding Request Technology Updates Administration Conference Room
- d. Mutual Administration Committee
 - i. TENTATIVE VOTE: Amend Policy 1201-33, GRF Identification Cards
- e. Physical Property Committee
- i. Contractors of Record
 - ii. Capital and Reserve Funding Request Restrooms, Locker and Breakrooms, Service Maintenance
- 11. Staff Reports
 - Director of Finance's Report Ms. Miller



	Conference Room B canceled		Executive Director's Report – Mr. Ankeny
Tuesday, Feb. 5	Mutual 17	will take place from 10 a.m1 p.m.	12. Board Member Comments
	Conference Room B 1:30 p.m.	at Machinist Lodge 725, 5402	13. Next Meeting/Adjournment
Wednesday, Feb. 6	CFO Council	Bolsa Ave., Huntington Beach,	GRF Board of Directors meeting,
	Conference Room B 10 a.m.	CA, 92649-1021. Club president	Tuesday, February 26, 10 a.m., Clubhouse Four
Thursday, Feb. 7	Presidents' Council	Mary Tromp is running in that	
	Clubhouse 49 a.m.	election. For more information,	
Friday, Feb. 8	Mutual 3	call 296-8521.	GRF Board
	Conference Room B9 a.m.	On Jan. 31, club members	Executive Session
Monday, Feb. 11	Mutual 9	and supporters are invited to	1:00 p.m., February 1, 2019
	Conference Room B 9:30 a.m.	attend a 7-9 p.m. event featur-	Conference Room B
Tuesday, Feb. 12	Mutual 15	ing former Congresswoman	NOTE: This meeting is closed to Shareholders/Members per
	Conference Room B 1 p.m.	Loretta Sanchez, an anticipated	Civil Code \$4935
Wednesday, Feb. 13	Mutual 4	candidate for the March 12	A. Call to Order - President Stone
	Conference Room B 9:15 a.m.	special election to replace Todd	B. Roll Call
Thursday, Feb. 14	Mutual 12	Spitzer on the Orange County	C. Legal
7-	Conference Room B9 a.m.	Board of Supervisors. The event	D. Contracts
Friday, Feb. 15	Roundtable with Mutuals/GRF	at the Chinese Cultural Center,	E. Member Disciplinary Actions
	Conference Room B1 p.m.	9 Truman St., Irvine, is hosted	F. Personnel
Tuesday, Feb. 19	Mutual 14	by Asian Americans Rising in	G. Adjournment
	Conference Room B1 p.m.	Irvine and co-sponsored by a	"Agenda is Subject to Change"
Wednesday Feb. 20	Mutual 5	number of other Orange County	Agenia is Subject to Change
,	Conference Room B9 a.m.	Democratic clubs as well as the	
Wednesday, Feb. 20	Mutual 7	LW Democratic Club.	
	Conference Room B 1 p.m.	Club members are also re-	MUTUAL 12
Thursday, Feb. 21	Mutual 2	minded that the next member-	
	Conference Room B9 a.m.	ship meeting is Wednesday, Feb.	Town hall meeting is slated Jan. 30
Thursday, Feb. 21	Mutual 11	20, in Clubhouse 4 at noon. For	C C
	Clubhouse 3, Room 9 1:30 p.m.	information about this and other	Mutual 12 will host a town hall meeting on Wednesday, Jan.
Friday, Feb. 22	Mutual 6	Club sponsored events, email	30 from 2-4 p.m. in Clubhouse 4, Room B, to discuss the new
	Conference Room B 9:30 a.m.	lwsbdemocraticclub@gmail.com.	roofing project. Questions will be addressed.



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LWWeekly

<u>Religion</u>

'Blestday' has returned to Holy Family

Holy Family Catholic Church, located at 13900 Church Place next to the St. Andrews Gate, will celebrate the third Sunday in ordinary time this week

The readings:

First Reading: Nehemiah 8:2-4A, 5-6, 8-10; Responsorial Psalm: 19:8, 9, 10, 15; Second Reading: 1 Corinthians 12:12-30; Alleluia: Luke 4:18; Luke 4:18.

"Blestday" (Bible study and prayer) resumes this year from 3-4 p.m. Wednesdays in the church. Fr. Ven Amidar will pray and lead the sessions.

Led by Gretchen Dinger the regular Bible study group meets Tuesdays from 10-11 a.m. at the Parish rectory.

All are invited to say the Rosary and Divine Mercy at 3 p.m. Mondays and Thursdays in church.

For more information, visit the church website at www.holyfamilysb.com.

The church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is at 5 p.m. Saturday; daily Mass is 8:30 a.m., Monday-Saturday.

Confessions are heard from 4-4:45 p.m. Saturdays and the eves of Holy Days: and 9:15 a.m. on First Fridays.

Sunday service available online at Rock Church

The Rock Church, Seal Beach campus welcomes everyone to weekly service for all ages at Marine Center, 151 Marina Drive, Seal Beach



Calling attention to "Souper Bowl Sunday" are Community Church members (I-r) Mara Williams, Pastor Johan Dodge, Kelly Frankiewicz, Peggy Coles, Virginia Olejnik and Joyce Reed. **COMMUNITY CHURCH**

'Souper Bowl Sunday' will benefit the needy

Members of Community Church enjoy ways to reach out in support of those in need.

The Missions Team will sponsor the annual "Souper" Bowl on Sunday, Jan. 27, one week before the game. The canned food drive will benefit people within the local area.

Residents are asked to donate

Training session to

be held on Jan. 28

er's Association will lead a train-

ing session, "Dementia Friends"

at 7 p.m. on Monday, Jan. 28, in

of good information and help. Those who attend the session

will learn how to recognize the

signs of dementia and how to

support and interact with those

who experience various stages of

The Orange County Alzheim-

The Salvation Army Home League will present an evening

SALVATION ARMY

Clubhouse 4.

perishable food items in preparation for Super Bowl Sunday, Feb. 3, between the Los Angeles Rams and New England Patriots.

Bins will be set up in the Narthex with the names of the teams playing in the big game.

Be prepared to deposit your cans in the bin that represents your favorite team on your way

in to church that day.

On Sunday, Jan. 27, Pastor Johan Dodge will give the message, "Variety of Service," from 1 Corinthians 12:12-31a.

Kelly Frankiewicz will be the lay liturgist.

Worship services begin at 9:50 a.m., followed by refreshments and coffee in in Edgar Hall.



ASSEMBLY OF GOD **Pastor Pawlak** will continue new series on Sunday

Pastor Sam Pawlak will resume the sermon series, "God' Wardrobe for the New Year" at 10:30 a.m. Sunday at the Assembly of God Church meeting in Clubhouse 3, Room 2.

"The Covered Heart" will provide new inspiration.

Associate Pastor Dan Ballinger will open the service with praise and prayer and lead the worship songs throughout the service.

A prayer meeting is set for 10 a.m. to uphold the worship service.

Following the second prayer meeting of the day at 5:15 p.m., the hymn sing will begin at 6 p.m. in the Clubhouse 3 Lobby.

People from Leisure World and beyond gather to select their favorite songs led by Pastor Dan.

The musicians assisting will include Marge McDonald, Ruth Olson, Dean Brown and Norma Ballinger.

Pastor Sam will conclude the service with a devotion and fellowship. Many attendees bring snacks to share.

The Bible study is planned at 10 a.m. on Wednesday, Jan. 30, in Clubhouse 3, Room 7.

Pastor Sam will continue the study from the book of Hebrews, chapter 2.

Workbooks are available for \$2. They help people with the preparation for the study.

Buddha Circle will meet on Jan. 26 in CH4

Sunday services are at 10 a.m. in English and 1:45 p.m. in Spanish. Sunday's message can be heard for free at www.gototherock. com. Select Seal Beach Campus and check the podcast.

For more information, call

cognitive impairment. All are invited to attend. Refreshments will be served. - Norah Williams

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Fran and Wally Johnson

LW BAPTIST

The Johnsons to sing duet hymn

The Leisure World Baptist Church family invites everyone to join members on Sunday, Jan. 27, in Clubhouse 4.

Sunday School begins at 8:40 a.m. with Bob Simmons the teacher. Fellowship and coffee with friends at the round table is planned until 9:45, when the worship service begins.

"Find Us Faithful" will be the call to worship song. Soloist Kip Watkins sings the favorite, "He."

Congregational hymns will include "Like a River Glorious," "To God be the Glory" and "I Love Thy Kingdom Lord."

Directed by Darlene Harris, the choir will present "There's a Wideness in God's Mercy."

Residents Fran and Wally Johnson join in a duet hymn "A Hill Called Mount Calvary." It was written by Bill and Gloria Gaither.

Pianist Yvonne Leon will provide the offertory.

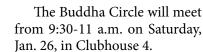
Pastor Rolland Coburn begins a study from the book of Romans, Chapter 1:1-7, "Paul the Gospel of Romans and Us."

The closing hymn will be "Wonderful Words of Life."

The Women's Christian Fellowship and Bible study meets at 10 a.m. on Monday, Jan. 28, in Clubhouse 3, Room 8. All are welcome to attend.

The Energizers meet at 3 p.m. on Wednesday, Jan. 30, in Clubhouse

3, Room 1, for study and fellowship. For more information, call 230-2920.



Another lesson in Buddhism will be discussed by Ven. Vui Mung (Joyful Heart) from Desert Zen Center.



He presents Buddhism in a simple way, how people can suffer less and become happier.

Ven. Vui Mung

It's an interactive group, so those who attend are encouraged to ask questions. Ven. Vui Mung will begin the

session in a guided meditation.

Check the website at LWSB. com under Religion, Buddha Circle for more information.

There is no membership, just a gathering of like-minded people. All residents are welcome.

Donations are welcome and will support Ven. Vui Mung in his teachings.

Additional information is available by calling (714) 933-5122.

담임 목사 전 인 철

(714) 562-8233.

Invites Residents of Leisure World to join us for Service and Fellowship held in the Sanctuary of the Leisure World Korean Church. CH-3, Rm.#7. All are welcome.

Sunday Service and Fellowship

Worship at 10:30 a.m. (전인철 목사 인도) Fellowship at 11:30 a.m. Lunch will be served During Fellowship Hours, (점심 및 친교)

Midweek Bible Study and Fellowship

Wednesday at 5:30 p.m. (수요 성경공부) Fellowship at 6:30 p.m. (친교) Contact: (714) 767-1806 담임목사 전화 Mail: 1602 Monterey Rd., 13-L' Seal Beach, CA 90740

Leisure World Korean Church

리 저 월 드 한 인 교 회

함께모여. 함께찬양. 함께예배

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Diane Kindberg First Christian potluck meal a big success

First Christian Church's recent monthly potluck gathering was another major success.

Just the right amount of main dishes, side dishes, and desserts were provided to satisfy all appetites.

A Bill Gaither sing-along video was presented after the meal.

The Saturday service begins at 5:15 p.m. The Hospitality Room opens at 4:30 p.m.

Sunday begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Exodus.

At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with co-hosts Carol Speake and Sue Kaminski. Pastor Bruce Humes begins the service at 10:15 a.m. with praise, prayer and Scripture.

Margaret Humes will lead the hymns "Freely, Freely," "There is a Redeemer, and "I Surrender All." The Communion hymn will

be "Glory To His Name." The choir, under the direction

of Anita Ragole, will sing "Standing on the Promises."

Pastor Bruce Humes will present the Communion meditation and service. For the offertory, Carol Speake and Sue Kaminski will sing, "Any Day."

Pastor Gene Cherryholmes will sing "My Tribute," followed by Diane Kindberg who will read Matthew, 19:23-26.

Beit HaLev's Torah reading from Genesis

Genesis 18:1-20:22 will be the Torah reading for the 10:30 a.m. service Saturday, Jan. 26,º service at Beit HaLev.

'Yitro," (Jethro) Moses' fatherin-law, pays the newly freed Israelites as they were camped at the foot of Mount Sinai.

The reading includes Yitro's recommendation that Moses create a system for resolving internal disputes through delegating judicial authority to tribal leaders.

He recommended that after seeing that Moses was overwhelmed with petty arguments. The Torah portion introduces

the Decalogue "the Ten Commandments."

Beit HaLev will conduct live, online services at 6 p.m. tomorrow, Friday, and 10:30 a.m. Saturday, Jan. 26 on Livestream. com/Galityomtov and Facebook. com/galityomtov.

The Hebrew class for beginners has resumed on Wednesday afternoons.

To learn Prayerbook Hebrew or Modern (conversational) Hebrew, contact Rabbi-Cantor Levy-Slater at 715-0888 or duets@icloud.com for information regarding day and time.

REDEEMER LUTHERAN

Pastor Moore's message will be Today is the Day'

The Gospel of Luke 4:14-21 serves as the text for Pastor Gil Moore's sermon at Redeemer Lutheran Church Sunday. He titled it "Today is the Day."

The reader will be Cedric Elmer and the prayer leader, Chris Moore.

The choir will sing "Light Shown in Darkness."

The Sunday service begins at 10:30 a.m. with a mission moment, followed by a coffee hour in Fellowship Hall. January birthdays will be celebrated.



Members of the Faith Fellowship group at Faith Christian Assembly meet on Tuesdays in the church Garden Room.

Fellowship is important at Faith Christian Assembly

Most people know from experience that having good friends can enrich their lives.

But research now shows that friends may also increase longevity.

In a 10-year longevity study of people 70 and older, the Centre for Aging Studies concluded that a network of good friends is more likely than close family

CONGREGATION SHOLOM

relationships to increase longevity in seniors.

With that in mind, all are invited to Faith Fellowship at Faith Christian Assembly.

Every Tuesday from 11 a.m.-2:30 p.m., the group meets for fellowship, games, sack lunches, worship and prayer in the church's Garden Room. It is directed by Dave and Sharron Thomas.

All are invited to attend and bring a friend.

Tuesday is Faith Fellowship, at 11 a.m. in the Garden Room midweek Bible study taught by Pastor Sheri Leming is at 7 p.m., Wednesdays in the Garden Room.

To receive a free newsletter and for more information, call 598-9010 or visit www.FCAchurch.net.

Rabbi Karen Isenberg will lead Friday service

Friday night services will be held on Jan. 25 at 7 in Clubhouse 3, Room 9 led by Rabbi Karen Isenberg. An Oneg Shabbat will follow services.

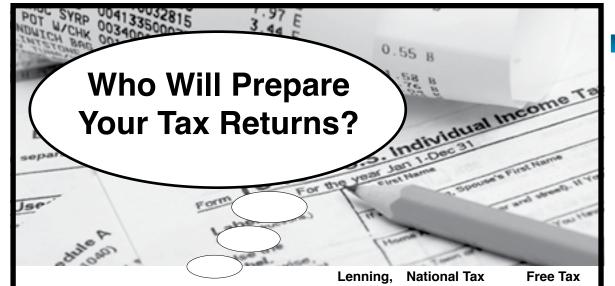
On Saturday, Jan. 26, a bagel

and cream cheese breakfast is planned at 9 a.m. in Clubhouse 3, Room 9.

It will be followed by Shabbat services from 9:30 a.m.-noon and then a dairy/potluck Kiddush

lunch and study from noon-about 1:15 p.m.

To provide a ride to services, or to get one, call Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.



Pastor Gene's message will be "Who Can Be Saved?" based on Matthew 19:16-30.

The hospitality room opens 45 minutes before each service for fellowship and light refreshments.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes, both at 9:30 a.m.

The Calvary Chapel Bible study group meets in the chapel on Thursdays at 6 p.m. with Pastor Phil O'Malley.

Additional information is available by calling the church office at 431-8810.

The church council meets at 2:30 p.m. today, Thursday, in the conference room.

Led by Pastor Lynda Elmer, the Wednesday Bible class meets at 10:30 a.m. on Jan. 30 in Fellowship Hall.The group is studying the Book of Ezekiel.

The Respite Center meets on Monday, Tuesdays and Thursdays. Call 596-1209 for information about registration and volunteering.

Website for the congregation is at www.redeemerlutheransealbeach.com.

Bible study group meets on Feb.1

Gamechangers, an interactive Bible study for men and women, will meet from 1:30-3:30 p.m. on Friday, Feb.1, in Leisure World.

Sessions are held on the first and third Friday of he month.

Course topics include what identifies people as followers of Jesus and how to live a Christian life. The workbook has independent units, so a session can be missed and made up later.

For the location and more information, call Joan Eisenhart at 343-8066.

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Sports & Games

Cards and Games Scoreboard

Fun Time Pinochle Club winners Jan. 21: Maureen Habel, 11,700; Gene Smith, 10,590; Antonia Zupancich, 10,390; Jim Kaspar, 10,040. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

-Bert Sellers

Monday Bridge Club winners Jan. 21: Sheila Hanley, Mary ZAnn Logan, tie for third place between Tom Gates and Paul Chang. Games begin at noon in Clubhouse 1. For more information, call Mary Nell Clark, 296-8570.

Burning Tree Duplicate Bridge Club winners Jan. 19: N/S: Alan and Barbara Olschwang; Larry Topper-Lynn Danielson; Mark Singer-Larry Slutsky; Marty Lipman-George Alemshah. E/W: Paul and Monica Honey; Joyce Henderson-Howard Smith; Fred Reker-Joan Tschirki; Mike Nielsen-Sue Boswell. Winners Jan. 18: N/S: George Alemshah-Sylvia Kaprelyan; Ernie Ross-Roy Tomooka; Joan Tschirki-Fred Reker; Sibyl Smith-Diane Schmitz E/W: Michael Rainer-Dale Rensing; Joyce Basch-Dorothy Favre; Sue Fardette-Linda Stein; Sue Boswell-Judy Lorber. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is the club championship on Saturday, Jan. 26.

- Fred Reker

Jolly Time Pinochle Club winners Jan. 19: Tony Dodero, 11,510; Keith Clausen, 10,950; Joyce Pfingston, 10,950; Sylvia Clinton, 10,470; Amy Kasuyama, 10,440. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

-Bert Sellers

Y-Yahtzee Rollers winners Jan 18: Most Yahtzees: Norah Williams, 6. Highest total points: Lois True, 1,694. Door prize winner: Sandy Weisenstein. The club meets from 1-4p.m. on the first and third Fridays of the month in Clubhouse 3, Room 6. All are invited to play in a welcoming environment. To learn the game or take a refresher course, call Kathy Rose at 596-7237, and she will set up a lesson. The next games will be played on Feb. 1.

Leisure World Duplicate Bridge Club Overall winners in a 16-table game Jan.17: First in Strat A: Ted Wieber-Gary Paugh; second in Strat A, first in Strat B: Winnie Warga-John Hagman; third in Strat A, second in Strat B: Oliver Yildiz-Hanefi Erten; fourth in Strat A: Alan Olschwang-Kiyo Nagaishi; fifth in Strat A: Fern Dunbar-LaVonne McQuilkin; sixth in Strat A: Janet Wagner-Carol Murakoshi; third in Strat B, first in Strat C: Mark Singer-Monica Gettis; fourth in Strat B: Fred Reker-Russ Gray; fifth in Strat B, second in Strat C: Monica and Paul Honey; sixth in Strat B: Judy Carter-Johnson-Gene Yaffee; third in Strat C: Ron Yaffee-Joyce Basch; fourth in Strat C: Sue Boswell-Mike Nielsen. Overall winners in the club championship game Jan. 14 First in Strat A: Marilyn McClintock-Diane Schmitz; second in Strat A: Linda and Dick Stein; third in Strat A: Fern Dunbar-LaVonne McQuilkin; fourth in Strat A, first in Strats B and C: Jeanette Estill-Ann Croul; fifth in Strat A: Judy Jones-Al Appel; sixth in Strat A: Sibyl Smith-Eileen Kotecki; second in Strat B: Frances Gross-Larry Topper; third in Strat B, second in Strat C: Ron and Gene Yaffee; fourth in Strat B, third in Strat C: Alan Olschwang-Chie Wickham; fifth in Strat B: Bobbi Vann-Paul Chen. Games are played Mondays and Thursdays beginning at 12:30 p.m. in the Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservations. To make or cancel a reservation for Mondays, call Midge Dunagan at 594-9698; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at hbsharonb@gmail.com. With a maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will



Roy Mittelsteadt **TOURNAMENT POKER**

Mittelsteadt, Riley notch wins

by Susan Dodson LW contributor

Roy Mittelsteadt won the second Tournament Poker Club event of the year on Jan. 12.

His hole cards of ace and seven held up to second place Susan Rose's nine and two. That gave him a pair of sevens to end the game with his third final table win.

Third was Jon Jones, followed by Wendy Wu, Kathy Elliott and Glenn Evenson.

Tom Pappas won the first high hand with aces full of fives. Jon Jones was second with jacks full of kings.

Pappas also won the featured hand, winning with the hole cards of king and nine.

Mittelsteadt has been a club member for six years. A retired bus driver, he has been living in Mutual 5 with his wife, Pat, for eight years.

He is a member of the Ace High Poker Club, and enjoys mini-farming, fishing and pool.

The previous week, Rick Riley **CRIBBAGE CLUB**



Rick Riley

won when his hold cards, king and seven, produced two pair, besting runner-up Susan Rose.

Third place was Linda Stone, followed by Virginia Crane, Richard Grodt, Sal Maciel and Richard Houck.

High hand winner was Hank Lincourt, with four 10s.

Harry Sera won the featured hand with a 10 and deuce. Those cards are known as the Doyle Brunson hand, the poker legend who won the World Series of Poker twice with those cards.

Riley has lived in Mutual 2 for 12 years. He is a retired psychologist and also enjoys men's pool.

The club's annual player of the year event will start at 11:30 a.m. on Saturday, Jan. 26. It begins with a potluck meal, followed by the game.

The club meets at noon in the Clubhouse 6 hospitality area on the first, second and third Saturdays of the month

For for more information, call club President Wendy Wu at (714) 366-0940.

SHUFFLEBOARD CLUB

Teams tie in 12th week of the season

by Carrie Kistner LW contributor

The Shuffleboard Club's league play continued into week 12 on Jan. 18 with a pair of ties.

The Classics and Puck Masters tied, 9-9, the same score as the match between Girl Power and Sliders.

The Classics' all game winners were Howard Bolten and Gary Krank. For the Puck Masters, all game winners were Maureen Habel and Darlene Meyers.

The next games will be tomorrow, Friday when Power faces The Classics and the PuckMasters battle the Sliders.

The Classics are in first place with eight points, followed by the Puck Masters, seven points and Girl Power and Sliders tied for third place with 4-1/2 points each.

The last Friday luncheon will be held tomorrow, Jan. 25, following the games.

The club's next social event is the Valentines party at 6 p.m. on Feb. 9, a potluck dinner in Clubhouse 3, Room 2(tentative). Sign- up sheets will be at the courts.

The popular Left-Center-Right game will be played after the meal. Bring 12 quarters and three \$1 bills for the competition.

To join the club or try out the game, practices during league play are held at 10 a.m. Mondays and Wednesdays at the shuffleboard courts behind Clubhouse 1.

For more information, call Carrie Kistner, club president, at (949) 300-0285.



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A portion of our proceeds goes to the non-profit 501(c)(3) Canaan Cares Foundation funding research and care options for the elderly and disabled.

Baker sets the pace with an 842

Myrna Baker had the high score of 842 in Cribbage Club play on Jan. 8 in Clubhouse 1.

She was followed by Bob Marselle, 838; Sandra deDubovay, 836 and Marilyn Chelsvig, 834.

Margaret Smith had six games of 121.

Happy birthday wishes to Liz Meripol, who provided other members with chocolate cake and vanilla ice cream. There was also an assortment of chocolate cookies and candy.

Liz and Dave LaCasia served. Many thanks.

Members meet at noon on Tuesdays in Clubhouse 1.

Play usually ends by 3:30. Residents are invited to join the club, there's always room for more.

Partners are not required. Players are requested to arrive by noon to be assured of a table.

To learn to play cribbage, call Patti Smith at 242-4674, and she will arrange for lessons for one hour before the games begin. - Bobbie Straley

Calling LW Pool? Dial Direct, 598-1831

Chess Club Puzzle

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for free lessons.

Solution to this week's puzzle Ra5. The white rook moves from a3 to a5. Any answer by black, the white's next move is checkmate.



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LWWeekly





Ruthie Nelson (I), reached her short term goal and Carol Chambers was the top loser the week for the Wa-Rite Club.

Carol Chambers was Wa-Rite Club's top loser of the week

by Margaret Humes

LW contributor

Carol Chambers was able to shed two pounds to emerge as the top loser of the week on Jan. 18 at the weekly Wa-Rite Club meting. Her success came despite not being able to take her outdoor walks

because of the rain.

But that didn't stop Carol, who got out an exercise CD and worked out at home. She also continued to journal her food intake and cut back on portions.

The food for thought was, "It's a new year for a new goal, try to practice portion control." That worked in well with the program title, 'Get Serious!" by Margaret Humes.

After indulging during the holidays, some members veered off track for a few days before going back to eating healthy and sensibly.

Others got derailed and out of control. It doesn't take long to fall back into old and unhealthy eating habits.

We become compulsive and need to stop and get serious. Mental attitude is a major key to success. Deciding it's time to make a change, committing to a group of peers with the same struggles, arming yourself with knowledge of healthy foods and a plan to take control is a good start.

Avoid highly processed foods laden with sugar, chemicals and growth hormones will help improve quality of life.

Our bodies become insulin resistant and that leads to a host of other problems.

Weekly health, exercise classes

Beginning Yoga

Classes are offered from 10:30-11:30 a.m. on Wednesdays in Clubhouse 3, Room 6, and at the same time on Fridays in Clubhouse 3, Room 7. Bring mats. The fee is \$5 a class.

For more information, call Patti Endly at 430-7291.

Yoga

Classes are offered Tuesdays at 10 a.m. in the Clubhouse 4 Lobby, Thursdays at 10 a.m. in Clubhouse 3, Room 1; and Saturdays, 10 a.m. in Clubhouse 3, Room 2. The fee is \$5 per session.

For more information, call Connie Adkins at 506-5063. Yoga, Meditation, Tai Chi

Classes are offered from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda teaches students to free the mind and spirit using laughter and slow and steady flow of tai chi movements. For more information, call 430-7143.

Monday Intermediate Yoga

Classes are offered each week from 5:30-6:30 p.m. in Clubhouse 4, Section C; fee: \$5 per session.

For more information, call Pat Castaneda at 225-0273.

Chair Exercise

Classes are offered from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. Classes are for men and women at all fitness levels.

For more information, call 493-7063.

Ageless Grace

The eight-week chair-based exercise program, which addresses 21 specific aging factors, has resumed weekly classes at 4:30 p.m. on Mondays, upstairs in Clubhouse 6. The exercises are practiced in a chair.

To participate, drop in anytime for \$5 per session or pay \$30 for all eight sessions.

For more information, call Carol Costello at 596-3927.

Movement for Health and Self-Healing Medical Qigong Club Qigong practice sessions classes are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2.

The session is led by Dave Heilig, QiGong practitoner.

For more information, call Catherine Milliot at 760-4545. Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are offered from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor. Attendance both days is not necessary.

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Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Arrive by 11 a.m. to check in at the front desk. Reservations not needed. One percent milk served daily. Suggested donation, \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

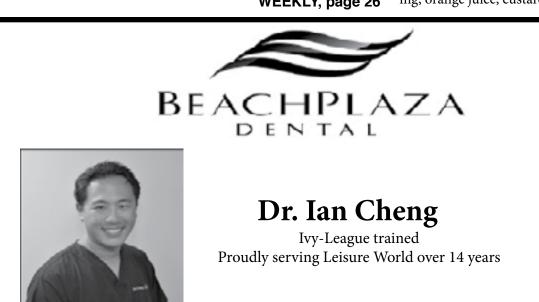
Monday, Jan. 28: Baked ziti, harvest salad with cranberries and almonds, red vinaigrette, breadsticks, mandarin orange.

Tuesday, Jan. 29: Tomato florentine soup with salt-fee crackers, open face turkey sandwich on one slice of wheat bread with gravy, mashed potatoes, cranberry sauce, diet chocolate chip cookie.

Wednesday, Jan. 30: Chicken fajitas with vegetables, pinto beans, garden green vegetable salad, Italian dressing, one flour tortilla, tropical fruit mix.

Thursday, Jan. 31: Grilled hamburger on wheat bun with lettuce, tomato, onion, baked chip mayonnaise, relish, melon.

Friday, Feb. 1: Beeftaco salad with chopped lettuce, pinto beans, diced tomatoes, shredded cheese, tortilla strips, cilantro lime dressing, orange juice, custard.



If you are out of control, welcome to the human race and join Wa-Rite, a support group for women needing to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m.Weigh-ins are from 7:45-8:45 a.m.

Annual dues are \$10.

To join or visit a meeting call Diana Goins at 760-1293.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a 501(c)(3) nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a complete hot dinner, lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. To start a new client application online at www.mowlb.org or call Caron Adler at (562) 433-0232.

Monday, Jan. 28: Roast pork with mustard and herb sauce, mushroom and barley pilaf, peas and onions, pears with cinnamon, tuna salad sandwich with spinach and tomato, tri color coleslaw.

Tuesday, Jan. 29: Curry chicken, mashed sweet potatoes, California blended vegetables, pineapple upside down cake, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, crackers.

Wednesday, Jan. 30: Turkey stew with potatoes, onions, celery and carrots, biscuit, fresh orange, ham, turkey and cheese sandwich with lettuce, tomato, and pickle, homemade potato salad.

Thursday, Jan. 31: Roast beef with mushroom gravy, seasoned browned potatoes, carrots, tapioca pudding, chicken salad sandwich with lettuce and tomato, homemade potato salad.

Friday, Feb.1: Not available.

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* New patients without insurance only. Some restrictions may apply.



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Dixieland Jazz Band will play Feb. 6 in Clubhouse 4.

DIXIELAND JAZZ CLUB

Peppy music and parade will be featured on Feb. 6

The Leisure World Dixieland Jazz Band is scheduled for Wednesday, Feb. 6, according to President Walter "Dutch" Vankerckhoven.

The concert will begin at 6:30 p.m. in Clubhouse 4.

This is a free event for all Leisure World residents and their family and friends.

The concert commences with

an hour of Dixieland jazz music before a short intermission.

Decaf coffee and other refreshments will be available. People can also bring their own goodies and beverages.

The concert is usually finished around 8 p.m.

Donna O'Keefe will lead the traditional Parasol Parade. Those interested in participating may pick up one of her personally decorated parasols or bring their own and join in the fun.

People are encouraged to dance to this toe-tapping music. The usual instrumentation of a Dixieland band is trumpet, tuba, piano, drums and banjo.

The band practices on the second Tuesday of every month. —Sandra deDubovay

<u>COMMUNITY SING</u> Betty Ballen will lead sing-along

by Ethel Carter

The Community Sing will meet Monday night, Jan. 28, at 6:30 p.m. in the lobby of Clubhouse 3.

Come and enjoy singing or just listen to old favorite songs accompanied by a pianist. Come at 6 p.m. to be part of the first half hour of Opening Acts. Bring music for the pianist and sign in with leader Betty Ballen. Betty's half-time guest will be the famed singer and ukelele player, Sam Calderon.

On Jan. 14 Ethel Carter was the emcee. Opening Acts began with Byong Choi singing "Anything That's Part of You" accompanied by Pat Kogok.

Then Jerry Schwin sang a songhe composed called "Huckle Buck," which he did a capella.

A hard rain that night kept people away, but audience enthusiasm more than made up for sparse attendence.

At 7:15 Ethel introduced her half-time guest, "Mr. Hank" Barto. He thrilled the audience



Betty Ballen

with his skillful piano playing and singing.

The audience gave him a standing ovation for his performance of "La Paloma," "I'm Confessing that I Love You," "Here's That Rainy Day," "For All We Know," "As Time Goes By," "The Entertainer," "These Foolish Things" and "Music of the Night" from Phantom of the Opera.

Many thanks to pianist, Pat Kogok.

'Broadway in Concert' series continues Feb. 3

Musical Theatre's West's acclaimed "Broadway in Concert" series returns with David Burnham ("Wicked" and "Light in the Piazza") and Tami Tappan Damiano ("Cyrano" and "Miss Saigon") in "A Broadway Romance" Sunday, Feb. 3, at 7 p.m. at the Beverly O'Neill Theatre in Long Beach. Tickets range from \$35-\$75.

For tickets, go to *www.musical.org*, call 856-1999 or visit the Musical Theatre West Box Office. The Beverly O'Neill Theatre is located at the Long Beach Convention and Entertainment Center, 300 E. Ocean Blvd. in Long Beach.

Burnham first gained critical acclaim replacing Donny Osmond as Joseph in the national tour of "Joseph and the Amazing Technicolor Dreamcoat," a role which earned him a Dramalogue Award. He recently returned to Broadway to star as Fiyero in production of "Wicked," a role he originated in the developmental workshops of the show. Additional Broadway credits include "The Light in the Piazza," for which he received the prestigious Helen Hayes Award for best actor well as the Garland Award. He has performed on the Tony Awards and the PBS telecast of the show.

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THEATER CLUB Mardi Gras event is Feb. 23 and all ballroom dancers are invited

The Theater Club invites former members of the Sunday Night Ballroom Dance Group and friends to a Mardi Gras celebration featuring the big band sounds of the Velvetones on Saturday, Feb. 23, in Clubhouse 4.

Wear favorite costumes to join in the parade.

Doors will open at 4 p.m. Dinner will be catered by local restaurants at 4:30 p.m. The parade starts at 5:30, and the band starts at 6. Dessert will be served during a break at 7; after dessert, the band will play until 8:30.

For more information, call Melinda Nicolet at 308-7259 or 598-4056.

AD HOC CHORUS Come and sing for an hour on Tuesdays

The Ad Hoc Chorus meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour.

All are welcome to come and sing the old "Hit Parade" favorites, show tunes and some humorous novelty ditties. Helene Onu is the song leader and piano accompaniment is provided by Barbara McIlhaney. Everyone has a chance at being song leaders. You do not have to be able to read music.

MTW, page 14 David Burnham, acclaimed for his work in "Wicked," will appear with Tami Tappan Damiano on Feb. 3.

Song sheets are supplied.

For more information, call Chuck Burnett at 493-0176.

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Terry Otte and Abilene will perform in concert a 7 p.m. on Saturday, Jan. 26, in Clubhouse 2. All Leisure World residents and friends are welcome. Bring beverages and snacks. Dancing is allowed.

ALERT from page 1

that has helped scores of LWers.

"A quick response from a monitoring center can be the difference between life and death in an emergency," said Tunstall Medical Alert Consultant Heidi Maddocks, who serves in Leisure World.

"But in a situation that doesn't require EMTs, simply knowing that a friendly voice will always be there when you press your medical alert button is just as important. In fact, our operators dispatch non-emergency services more often than EMTs, police officers and firefighters combined. So whether you want a friend or neighbor to check in on you, or if you simply need someone to lend an ear, you can use your medical alert for any situation."

About 125 residents currently have the alert system, which costs \$29.95-\$49.95 per month, depending on the level of service requested. Leisure World residents receive a \$5-per-month discount for any service selected. The discount is exclusively for Leisure World Seal Beach.

The service includes free activation, free installation and free unlimited service calls. Tunstall offers a a no-contract, month-to-month service for programs such as Medical Alert for Home, Medical Alert for On The Go (GPS) and Fall Detection.

Depending on which personal emergency medical alert system is selected, a lightweight and water-resistant medical alert button can be worn around the neck, wrist or on a belt clip so people can comfortably and discreetly wear it at all times, even in the shower.

When the button is pressed, the device immediately sends a wireless signal to Tunstall's monitoring center. Within moments of pressing the medical alert button, you will be connected to a company operators who is trained to handle any situation, even those that don't require emergency personnel.

Upon subscribing, a medical alert consultant will come to the home and help create a specialized profile, including a list of emergency contacts that is kept on file.

This enables operators to call family or other members when the medical alert system is activated.

The installation typically takes 45 minutes. Heidi or one of the company's other trained reps sits down with residents and builds their profile, including allergies they may have, medical conditions they want listed, and family friends and neighbors to be notified in case of an emergency. The medical alert representative will then set up the system and test to ensure everything is working properly. For more information on Tunstall, call (949) 339-3200. For general information, call Cindy Tostado, GRF member resources and assistance liaison, at 431-6586, ext. 317. She has a complete list of agencies that provide emergency response systems.



Mike Befeler <u>CREATIVE WRITERS</u> Fiction/nonfiction Group to meet on Jan. 25 in CH 3

The Leisure World Creative Writer's Club Fiction/Non Fiction Group will meet Friday, Jan. 25, at 1:30 p.m. in Clubhouse 3, Room 1.

Mike Befeler, the author of 15 published books, will be the speaker. His books include mystery novels, a thriller and a biography of a World War II veteran.

He will give a humorous and entertaining presentation titled "Becoming an Author Has No Expiration Date" about starting to write later in life and writing about older characters. In the May 2008 issue of the **FICTION, page 13**

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

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•A Time to Dance Club by Joseph: Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Fox trot is taught from 6:30-7:30 p.m.; tango, 7:30-8:30 p.m.; \$5 per session. Singles and couple are welcome. For information, call (559) 403-8974.

•**Ballet**: A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor. No experience is necessary. Men and women, including beginners, are welcome. Classes, \$3, are taught by Mel Lockett. For more information, call Lynn R. Heath, 296-5588.

•Dance Club: Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate rumba is taught from 7:15-8:15 p.m. and intermediate rumba is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269, who has 20-plus years of professional dance experience.

•Dancing Feet Club: Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•Flowering Step Line Dance: Free classes are held at 10 a.m. on Mondays and the third Tuesday of the month in Clubhouse 2. Young-Ah Ko is the instructor. For more information, call (310) 658-0379 or 296-8068.

•Fun Exercise Line Dance Club: Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•Grapevine Line Dance: Free line dance classes for all levels on Thursdays from 3-5 p.m., Clubhouse 6, Room C; more advanced dancers attend the Friday class (taught at a faster pace) from 1-3 p.m. in the lobby of Clubhouse 3. Newcomers need general knowledge of line dance and basic dance steps. For more information, inquire in classes.

•Hui O Hula: Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email *jojo@huiohula.com*.

•Joyful Line Dance Club: Get exercise and learn line dances from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. Beginners dance from 3-3:30 p.m.; intermediates, 3:30-4:30 p.m. Members dance to popular favorites at the beginning and learn newer dances in the last hour. Takako Mitchell is the instructor. For more information, call Anna Derby, 301-5339.

•Leisure Time Dancers: Fox trot and salsa will be taught on Mondays in Clubhouse 6. Fox trot starts at 2 p.m.; and the upbeat salsa, at 3 p.m.

Mitch Tannen will be teaching for two weeks, until instructor Richard Sharrard is back on Feb. 4.

Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•Leisure World Cloggers:Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

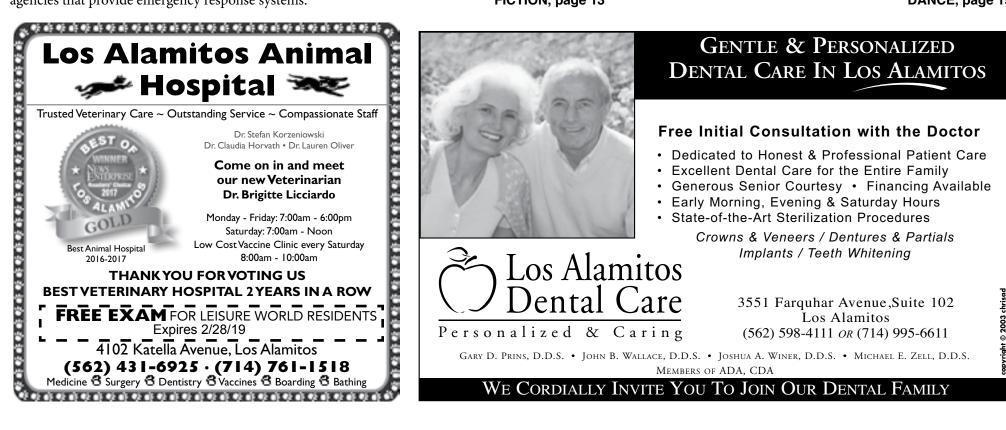
•Leisure Whirlers Square and Round Dance Club: The club hosts themed dances with a potluck on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person.

For more information, call Lenore Velky at 237-2682.

•Saturday Morning Dance Club: Waltz is taught from 9-10 a.m.; the samba, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•Suede Sole Dancers: The group meets at 6 p.m. on Sundays for a class upstairs in Clubhouse 6. Pat Erickson is the instructor.

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CLUB MEETING SCHEDUL

ARTS & CRAFTS Art League, 2nd Tues. (except Aug., Dec.), 7 p.m.,

CH 4, 431-4124 Art Classes, Mon., Wed., Thur., Fri., 9a.m.-noon; Fri., 1-4 p.m., CH 4, Art Room, 594-6064 Ceramics, Wed., 10 a.m.-2 p.m., CH 4, Ceramics Rm, 423-9805

Clay Crafters, Mon., 1-4 p.m., Fri.; 1-4 p.m.; CH 4, Ceramic Rm., (949) 636-6798

Creative Writers, Poetry Wkshp, 2nd Wed., 1:30 p.m., CH 3, Rm. 9; Fiction-Nonfiction Wkshp, 1:30 p.m., 4th Fri., 1:30 p.m., CH 3, Rm 1; gen'l mtg., 4th Fri., 3 p.m., CH 3, Rm. 1

Knit & Crochet, Tues., 9 a.m., CH 4 Ceramics Room, 598-1079

Korean Literary Club, 2nd, 4th Mon., 9:30 a.m., CH 3, Rm. 7, (714) 705-3199

Lapidary & Jewelry Making, M-F, 8:30 a.m.-2:30 p.m. except holidays, CH 4 Lapidary Facility Make 'Em Laugh, Thurs., 10:30 a.m., CH 3, Rm. 6,296-8647

Oil Painting, Tues., Fri., 9 a.m.-noon, CH 4 Photographic Arts, 2nd Thurs., 1:30 p.m., gen'l mtg and workshop, CH 3, Rm. 9, 430-7978

Producers Club, acting class, 1st, 3rd Wed., 1 p.m., Amphitheater Loft, 598-0880

Quilting Bees, Wed., 9 a.m., CH 3, Lobby, 493-3645, 743-9827

Theater Club, regular mtg., 4th Fri., 10 a.m., Amphitheater Little Theater; 596-6358

The Writers Group, 1st, 3rd Thur., 1-3 p.m., CH 3, Rm 6, 596-5033

Woodcarving, Tues., 1-3 p.m. CH2, 799-0966 BRIDGE

Bridge, ACBL Duplicate, Mon. and Thurs., 12:15 p.m., CH 3 Lobby

Bridge, ACBL Duplicate, Burning Tree, Fri. and Sat., 12:15 p.m., CH 1

Bridge, Midday, Mon., 12:30 p.m., CH 1, 342-9807 Bridge, Combined, Tues., 6 p.m., CH 1, 342-9807

Bridge, Mon., Mon., noon, CH 1 Panhellenic, Bridge, 1st Fri., 12:30 p.m., CH 3 **CARDS & GAMES**

Best Time Bunco, 2nd, 4th Mon., 6 p.m., CH 3, Rm. 1, 596-1346

Bingo, St. Therese Org, 3rd Sun., 1 p.m., doors open; 1:30, early bird; CH 2, 594-0209

Bunco Social Club, 2nd, 4th Sat., 1:30-4 p.m., CH 3, lobby (714) 356-0443

Cards, Little Flower Guild, 1st Thurs., 12:15 p.m., CH 2, 799-0117

Chess, Fri., 2-6:30 p.m., CH 3, Rm. 7

Cribbage, Tues., noon, CH 1 Diamond Poker Club, Tues., 6 p.m., CH 3, Rm.

7,494-6304 Euchrites, Wed., 5-8 p.m., CH 3, 431-2682

Farklers Club, 2nd Mon., 5-10 p.m., CH 3, Rm. 4 Gadabouts Bingo, 2nd Sun., 1:30 p.m., CH 2, 598-3743

Good Time Bunco, 2nd, 4th Mon., 6 p.m., CH 3, Room 1, 596-1346

Jolly Time Cards, 2nd Fri.,11 a.m.-4 p.m., CH2, 240-5416

Knights of the Round Table Poker, 7-9 a.m., Mon.-Sat., CH 2 card room, 598-6720 LW

See schedule on the LW website at www.lwsb.com

Tues., 1:15 p.m., upstairs, CH 6, 252-9676, kumu@ huiohula.com

Joyful Line Dance Club, Wed., 2:30-4:30 p.m., CH 3, lobby; 301-5339

Leisure Time Dance, Mon., 2-4, CH 6, 301-6119 Leisure World Cloggers, Wed., 8:30-11:30 a.m., Amphitheater, 598-9974

Line Dance, Beg. Adv., Thurs, 10 a.m., CH 3, Rm 6; Sat., 1 p.m., CH 3, Rm 9, 799-1061

Line Dance, Beg. Adv, Sat., 1-3 p.m., CH 3, Rm 9, (714) 531-1698

Saturday Morning Dance, 9, Sat., CH 1, 493-2445 Suede Sole Dancers, Sun., 6:30 p.m., CH 6, 301-5339 Velvetones Jazz Club, 1st, 3rd Sun., 6 p.m., CH 4, 296-8199

Whirlers Square Dance, 1st Fri., 6:30-9 p.m., CH 4,237-2682

Zumba Dance Class, Sun., 2:30 p.m., CH 6, upstairs; Mon., 5:30 p.m., CH 3; Tues., 8:30 a.m., CH 6; Wed., 5 p.m., CH 6; Thurs., 8:30 a.m., CH 3, lobby; Fri., 8:30 a.m., CH 6; Sat., 11 a.m., CH 6

EDUCATION

Computer Friends Club, 3rd Thurs., 4:30 p.m., CH 3, Rm. 2, (714) 267-7871

Computer Group of Friendship Club, classes, first, second, fourth and fifth Mondays, CH 3, Rm. 4, 11 a.m.-1 p.m.; 3rd Monday, 11 a.m.-1 p.m., CH 6, Rm. B; 4th Thursday, 1-4 p.m., CH 3, Rm. 7, (714) 642-0122, 431-8050.

English Conversation Club, Thurs. 7 p.m. CH 3, Rm. 9, (714) 487-4046

Investment Forum, 2nd Tues., 2 p.m., CH 3, Rm. 6,794-9014

Korean American Computer Forum, 1st and 3rd Tuesdays, 9:30-11:30 a.m., CH 3, Rm. 2; 2nd Tues., 1-3 p.m., CH 3, Rm. 1, (951) 639-7129

Korean-English ESL Club, Wed., 9:30 a.m., CH 3, Rm. 4, except for 3rd Wed., in Rm. 9

LW Historical Society, 2-4 p.m., Thurs. CH 1

LW Computer Club, 2nd Tues., meeting, 1:30 p.m.; 1st Wed., classes, 9:30 a.m., 1 p.m., CH 3, Rm. 2, 544-2210

HOBBIES & SPORTS

Amateur Radio Emergency Service Club, 1st Wed., 10 a.m., CH 3, Rm. 9, (714) 749-3280

Astronomy, 1st Wed., 7 p.m., CH 3, Rm. 3, 431-7240 Coin Club, 2nd Wed., 1:30 p.m., CH 3, Rm. 2

Garden Club, 3rd Mon., 1:30 p.m., CH 2, 430-2400 Drone Service Club, 3rd Mon., 9 a.m.-noon, CH 3, Rm. 9,

Genealogy Club, general meeting, 4th Wed., 10 a.m., CH 3, Room 1, 794-9583

Genealogy Library, CH 3, Rm 10, open 1-4 p.m., Tues., Wed., Thurs., 794-9583

Golf, Men's, 2nd Tues. (Jan., March, June, Sept., Nov.), 9 a.m., CH 3, Room 1

Golf, Women's, meeting, 1st Mon., 3 p.m., CH 3, Rm. 1; play, 7:30 a.m., Tues., (909) 576-7500

Happy Bikers, Tues., Thurs., Sat., Main Gate, 7 a.m., 296-5398

Community Sing, Mon., 6:30 p.m., CH 3, lobby, 493-3054

Dixieland Jazz Club, Aug., Oct., Dec., Feb., April, June; 6:30 p.m., CH 4

Good News Singers, Tues., Thurs., 9-10 a.m., CH 3 lobby (Tues.), Rm. 9 (Thurs.), 243-0047

Guitar Club, Fri., 1:30-4:30 p.m., CH 6, 489-6133 Karaoke, Wed., 5:30 p.m., CH 1; practice session, Tues., 1-3 p.m., CH 6; 493-0484

Korean American Chorale, Fri., 9:30-11:30 a.m., CH 4 (1st Fri, CH 3, Rm 9) 431-3036

Korean-American Classical Music Academy, 2nd, 3rd, 4th Thurs., 9:30-11:30 a.m., CH 4, (213) 716-8662

Korean-American Guitar Club, Thur., 9:30 a.m.noon, CH 6, Room B, 342-9946

LW Chorale, Mon., Wed., 9-11 a.m., CH 3, Rm. 1 or 2, 243-0047

LW Opera Club, 1st Tues., CH 3, Rm 1; 2nd Mon., CH 3, Rm 2; 1:30-4:30, 296-5586

LW Symphony Orchestra, Mon., Wed., 12:30-2:30 p.m., Amphi. stage, (615) 898-0669

Musical Strings, Fri., 1-4 p.m., CH 3, Rm. 9, 481-7663

NATIONALITY/CULTURE

American-Latino Club, 1st Fri., noon, CH 4 Britannia Club of LW, 2nd Thur., 2:30 p.m., CH 3, Rm. 1, 596-6754

Rm. 2 or 9, 506-5063 Chinese-American Friendship Club, 1st Thurs., Yoga Meditation and Tai Chi, Sat., 9:30 a.m., potluck; 2nd Wed., 3rd and 4th Thurs., 1-8 p.m., CH 3, Rm. 1, (626) 235-6264, (702) 994-4888

Filipino Association of LW, 2nd Sun., 2-8 p.m., CH 3, Rm. 1, 493-1406

Italian-American, 1st Wed., noon, CH 4, 355-2918 Korean American Association, 2nd Thur., March, June, September, December, 5-10 p.m., CH 2

LW Women's Sing-Along Club, Wed. (except 4th Wed.), 2-3:30 p.m., CH 4, Section C, 431-1791 JPN-Nikkei Club, 2nd Sat., Jan., March, Sept., Nov.; 3rd Sat., May, July, 9:30 a.m.-3, CH 4, Sec. A

and B, 795-9137 Vietnamese American Club, last Fri., noon, , CH 3, Rm. 1 or 2, (714) 322-8086

OCCUPATION

Calif. Retired Teachers Ass'n, even months, 1st Fri., noon, CH 2, 431-3083

National Active & Retired Federal Employees (NARFE), 2nd Mon., 1 p.m. Veterans Community Ctr., 101 E. 28th St., Long Beach, 427-9957

POLIŤICAL LW Republican Club, 3rd Wed., 7 p.m., CH 3, Rm.

2,335-0779 Seal Beach Leisure World Democratic Club, 3rd

Wed., noon, CH 4, 760-6660

RELIGION/PHILOSOPHY

Beit HaLev, House of the Heart, Fri., 6 p.m., Sat., 10:30 a.m., livestream.com/Galityomtov/Facebook. com/galityomtov, 715-0888, 493-2680, duets@ icloud.com

AA Friends 2, Sun., 6-7 p.m., CH 3, Rm. 4, 430-6343, 500-5105

Sports 8

AA Participation Meeting, 8:30 a.m., Sat., CH 3, 209-0816, 972-7567

Ageless Grace, Mon., 4:30-5:30 p.m., CH 6, Room C, 331-3322

Chair Exercise, Tues., Fri., 9:30 a.m., CH 1, 493-7063 Early Risers, cardio workout, Tues., Thurs., 6 a.m., CH 6, upstairs, (310) 489-2390

Feeling Good Exercise, Mon., Thurs., 9:30 a.m., CH 1, 598-9149

Impaired Vision & Hearing, 4th Tues., 1:30 p.m., CH 3, Rm. 1, 431-4026 Joy Walking & Jogging Club, Sat., 7-9 a.m.

(DST-summer); 7:30-9:30 a.m. (DST-winter),

LW Wellness Club, 1st, 3rd Tues., 2 p.m., CH 3,

Pilates Club, chair class, Thurs, 5:30-6:30 p.m.,

CH 6, Rm. A; mat class, Thurs., 5:30-6:30 p.m.,

Qi Gong & Tai Chi Chih, Tues., 9:15-11 a.m., CH

Redeemer Respite Care, Mon., Tues., Thurs.,

9:30 a.m.-3:30 p.m., Redeemer Church, 596-1209

Relax & Alert Meditation, Sat., 9:30 a.m., CH 6

Fitness Fusion—Upper/Lower Body Strength and

Yoga, Tues., Thur., 11:15-12:15, CH 6, 296-8328

Wa-Rite, Fri., 8:15-9 a.m. weigh-in, 9 a.m. meeting,

Yoga, beg., Wed., Fri., 10:30-11:30 a.m., CH 3 (Rm

Yoga, Tues., 10-11 a.m., CH 4 lobby; Thur., 10-11

a.m., CH 3, Rm. 1; Saturday, 10-11 a.m., CH 3,

Yoga on Mondays, Mon., 5:30-6:30 p.m., CH 4,

SERVICE ORIENTED

American Legion Auxiliary, genl. meeting, 3rd

Mon., 1:30 p.m., CH 4, Section A; board meeting,

American Legion Post 327, 3rd Mon., board

meeting, noon; general meeting, 1:30 p.m.; CH

Community Emergency Response Training

Children A Priority (CAP), 1st Thurs., catered

Concerned Shareholders of LW, 4th Thur., 1 p.m.,

Knights of Columbus, 3rd Wed., 7:30 p.m., St.

Military Officers Assoc. of America, 3rd Thurs-

day, 6 p.m., Navy Golf Course, Cypress, 430-6512

Na'Amat, 3rd Mon., 12:45 p.m., CH 3, Rm. 2,

PEO, Chapter RT, 2nd & 4th, Mon. (dark June, July,

Salvation Army, Mon., 7 p.m., CH 4, 296-8539

Senior Patriots for Peace, 2nd Tues., 1 p.m., CH

3, Rm. 4, program; 3rd Wed., 3 p.m., CH 3, Rm.

We the People Club, Wethepeople.Lw@gmail.com

CH 3, Rm. 2, concernedshareholdersSB@gmail

lunch at noon, CH 4; reservations: 493-1294

Isadora Church, Los Alamitos, 708-5500

Aug., Dec.), 10:30 a.m., CH 3, Rm. 9

3, open board meeting; 296-8554

2nd Fri., 1-3 p.m., CH 3, Rm 4, 594-0209

(CERT), 1st Fri., 1 p.m., CH 5, Rm. B

Amphitheater stage.

CH 6, Rm. C, 430-6044

CH 3, Rm. 1, 795-0356

CH 6, 493-6719

4, Sec. B; 594-0209

225-0273

596-3767

6 on Wed.; Rm 7 on Fri.), 430-7291

3, Rm. 1, 596-3936

Rm. 4, 889-9101

LW Tournament Poker Club , 1st, 2nd, 3rd Sat., 11:45 a.m., CH 6, Hospitality Room, 592-8911 Mexican Train Dominoes , Mon., 5:30 p.m., CH 3, Rm. 9, 493-9411 New York Club Bingo , 1st Sun., 1:30 p.m., CH 2 Pinochle, Friendly , Thurs., 12:30 p.m., CH 1, 430-5828 Pinochle , Mon., 12:30 p.m., CH 1, 431-1045 Pinochle , Sat., 11 a.m., CH 1, lobby, 240-5416 Scrabble , Wed., 1-4 p.m., CH 3, Rm. 5, 598-1384 Sheepshead Club , 1st, 3rd, 5th Fri., 6-10 p.m., CH 3, Rm 6, 341-0249 Social Club , 4th Fri., 11:30 a.m., CH 2, 240-5416 Variety Poker , Tues., 1:30 p.m., CH 6, (714) 458-5751	 Ladies "Q" Pool Club, Mon., 10 a.m.; tournament, 2nd Wed., 10a.m., CH 1 Ladies Pool Room, 795-9151 Mini Farmers, 4th Thurs. every second month (3rd Thurs. in Nov), 9 a.m., CH 3, Rm. 2 Pickleball Players Club, 1st Sun., 5 p.m., CH 2, meeting; games, Sun., 9 a.m8 p.m.; Thur., 5-8 p.m., multipurpose courts; lessons, Sun., 11 a.m. (310) 713-6696 Pool & Billiard, Men's, 3rd Monday (Dark June- Aug. and Dec.), 6:30 p.m., CH2, 209-3183. Leisure Leggers, meet at CH 6, Mondays, 8 a.m. for a walk or jog around Leisure World. LWSB Book Club, 3rd Thurs., 1-3 p.m., CH 3, Rm. 7, 248-8711 	Buddha Circle, 4th Saturday, 9:30-11 a.m., CH 4 Chinese Bible Study Fellowship, Tuesdays, 1:30- 3:30, CH 3, Room 5 Christian Fellowship and Fun Club, 4th Tues., 6 p.m., CH 4, 455-6218 Christian Woman's Fellowship & Bible Study, 10- 11 a.m., 2nd Mon., 10-11 a.m., 431-0597, 594-8100 Community Church Women's Ministry, Sarah Circle, 4th Tues., 10:30 a.m., Community Church Congregation Sholom, Services: Fri., 7-9 p.m., CH3 Rm-9; Sat., 9:30-11:30 a.m., service, kiddush, Torah study, CH 3, Rm 9; 505-3522 Course in Miracles Group, Fri., 4-5 p.m., CH 3, Rm 8, 598-5593	Room 2, 430-2891 LW Phil-Am Social Club , last Fri., 2-8 p.m., CH 3, Rm. 2, 431-6508 LW Sunshine Club , Fri., 10-noon, CH 3, Rm. 2 (except 1st Fri.), 301-5339
Pinochle, Friendly , Thurs., 12:30 p.m., CH 1, 430-5828 Pinochle , Mon., 12:30 p.m., CH 1, 431-1045 Pinochle , Sat., 11 a.m., CH 1, lobby, 240-5416 Scrabble , Wed., 1-4 p.m., CH 3, Rm. 5, 598-1384 Sheepshead Club , 1st, 3rd, 5th Fri., 6-10 p.m., CH 3, Rm 6, 341-0249	meeting; games, Sun., 9 a.m8 p.m.; Thur., 5-8 p.m., multipurpose courts; lessons, Sun., 11 a.m. (310) 713-6696 Pool & Billiard, Men's, 3rd Monday (Dark June-Aug. and Dec.), 6:30 p.m., CH2, 209-3183. Leisure Leggers , meet at CH 6, Mondays, 8 a.m. for a walk or jog around Leisure World.	Christian Woman's Fellowship & Bible Study, 10- 11 a.m., 2nd Mon., 10-11 a.m., 431-0597, 594-8100 Community Church Women's Ministry, Sarah Circle, 4th Tues., 10:30 a.m., Community Church Congregation Sholom, Services: Fri., 7-9 p.m., CH3 Rm-9; Sat., 9:30-11:30 a.m., service, kiddush, Torah study, CH 3, Rm 9; 505-3522	Y Service Club, 3rd Wed., CH 3, Rm 2, 7:30 a.m. SOCIAL Friendly Couples, 2nd Wed., 5:30 p.m., CH 3, Room 2, 430-2891 LW Phil-Am Social Club, last Fri., 2-8 p.m., CH 3, Rm. 2, 431-6508 LW Sunshine Club, Fri., 10-noon, CH 3, Rm. 2



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LWWeekli



First-place winners at the January meeting of the Leisure World Art League were Marty Silberling (I-r), 3-dimensional; Judy Sherratt, intermediate, and seated are Alice Sioson (I-r), popular vote; and Carmen Leslie, masters and best of show.

LAPIDARY CLUB Beading classes are held Saturdays

The Lapidary Club invites everyone to join members from 9 a.m.-noon on Saturdays in the Lapidary Room of Clubhouse 4.

Angelene "Angel" Hayes teaches beginning beading classes and will help people design and create jewelry for personal use and gift giving. Angelene is an experienced crafter and jewelrymaker with over 23 years of experience. She is driven by a passion and takes great pride to provide the best and most unique designs plus she loves helping others show their creative side.

Beading is a rewarding and relaxing hobby.

All are welcome to bring a current project or generate something new and exciting together with like-minded Leisure Worlders.

For further information, contact club president Dean Jacobus at dean.jacobus@gmail.com.

Friends of the Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore next to the Leisure World Library.

People are welcome to browse for bargains in books, cards, puzzles and in the boutique that sells gently used items and collectibles.

People are asked to bring their own shopping bags when they visit.

Bookstore volunteers will pick up larger donations.

The Bookstore is open from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

FICTION from page 11

AARP Bulletin, Mike Befeler was identified as one of four authors in a new emerging mystery subgenre.

Harlan Coben, president of Mystery Writers of America, stated, "We've just scratched the surface on geezer-lit. It could be the next frontier in crime fiction."

Mike turned his attention to speaking and writing after a 39-year career in the computer industry.

He holds a master's degree from UCLA and a bachelor's degree from Stanford.

He is past president of the Rocky Mountain Chapter of Mystery Writers of America.

Leisure World residents and guests are invited to attend.

—Dorothy Ferrington



Shirlie Bator of Mutual 5 has fruit trees growing in her lovely garden at 1331 Pelham Road, 67-F. It is the Garden Club's garden of the month for January.

GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

The Trio will play 1940s-50s ballroom on Jan. 26.

Residents should park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

• Attendees must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the following day

• No announcements are permitted from the stage, except by the bands

• Clubhouse lighting and audio visual equipment can only be adjusted by the custodian according to the instructions they have been given

• Residents and guests should sign in so GRF can assess the popularity of bands.



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- We offer Durable Medical Equipment including Walkers, Lift Chairs, Wound Care Supplies and Stockings
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Hui O Hula gets the crowd going with audience participation. The Hawaiian hula club is looking forward to entertaining at LW Community Sings' half-time on Feb. 4.

HUI O HULA

Learn how to hula or just listen to live aloha music on Mondays

Hui O Hula welcomes everyone to try hula, the Hawaiian dance, or even just listen to live Hawaiian music at 10 a.m. on Mondays upstairs in Clubhouse 6. All classes are free.

Musician Jim Coots plays and sings traditional Hawaiian songs for an hour on Mondays. Instructor Jojo Weingart will translate the Hawaiian lyrics and explain the movements before each dance.

In Tuesday's class, dancers are learning the hula to the song "Kaneohe." Class begins at 1:15 p.m.

This song, written in the 1930s, commemorates the installation of electricity at Kaneohe, located on the windward side of O'ahu. In 1881, King Kalakaua met Thomas Edison in New York to see the incandescent light bulb. Iolani Palace, the only palace in the United States, became one of the world's first royal residences to be lit by electricity in 1886.

Honolulu streets were lit by electricity for the first time in 1888. In 1914, Hawaiian Electric established service to Kaneohe by stringing an 11,000 volt line over the mountain range to service a wireless telegraph company. All are welcome to watch or learn this hula. For more information, call 431-2242.

—Jojo Weingart

LBSO Round-trip bus is available to Feb. 2 concert

The Long Beach Symphony Orchestra will provide round trip bus transportation from Leisure World for concert-goers who are at the bus loading area in front of the Amphitheater on Saturday, Feb. 2, by 5:45 p.m. The bus departs at 6. People can purchase round-trip tickets at the bus for \$16 cash (exact change requested) or personal check.

Lovers of the Classical period will revel in a program that features Beethoven's epic "Eroica" and a lovely work by the first classical composer of African ancestry, Josef Boulogne, sometimes referred to as the "Black Mozart." The two were acquainted, and in his spirited Overture to L'amant anonyme, the stylistic similarities are unmistakeable.

The concert will also include Haydn's Symphony No. 85. The work was a favorite of Marie Antoinette who was Queen of France at that time. Haydn's music had a substantial influence on later composers, including Beethoven, who was his pupil.

Beethoven's Symphony No. 3, Eroica, is a work of epic proportion that marks an important landmark in the transition between the Classical and Romantic periods.

For information about purchasing single concert tickets and purchasing bus tickets on credit cards, call 436-3203, ext. 1. Learn more about purchasing remaining season and bus tickets with discounts by joining with the LWSB Opera Club.

Future concerts are scheduled for March 9, April 27 and June 8, featuring symphonies by Mozart, Sibelius and others, and Beethoven's 9th Symphony with soloists and chorus

Contact Beverly Emus, LW bus co-hostess at 296-5586 or bemus@socal.rr.com for more information.

MTW from page 10 Tami Tappan Damiano most recently portrayed Ellen in "Miss Saigon," both on Broadway and in the Los Angeles production. A recipient of the Helen Hayes Award for outstanding supporting actress for John Guare's Lydie Breeze, Damiano also received Ovation Award nominations for her performances in "Side by Side," by Sondheim, "A Streetcar Named Desire" and "Crazy for You." Other regional credits include many performances with Musical Theatre West, including Sarah in "Guys & Dolls" and Polly in "Crazy for You." Her television credits include "Third Rock from the Sun," "The Making of a Hollywood Madam" and "The Drew Carey Show." She was the singing voice of Cinderella in Disney's DVD of "Cinderella 3: A Twist in Time" and on "The Princess Tea Party" album. Tami has a solo CD for LMI Music, "Hot Notes." Tickets for a "A Broadway Romance" are on sale now. Get tickets at www.musical.org, the MTW ticket office, or 856-1999.

OPERA CLUB Mascagni's 'Cavalleria Rusticana' will be shown on Feb. 5 in CH 3

Everyone is invited to come and watch Mascagni's "Cavalleria Rusticana" in Clubhouse 3, Room 2, at 1:30 p.m. on Feb. 5. This opera is a first cousin to "Pagiacci," which the club enjoyed in January.

"Cavalleria," another short opera, which was first performed two years earlier, also took place in a small Italian village, also in

the Verismo style, with themes of love, rejection, infidelity and murderous rage.

This opera of rustic chivalry is a newly revised production by the German director Philipp Stolzi, under the baton of Christian Thielemann at the Osterfestspiel Salzburg and features the popular tenor Jonas Kaufmann.

In the Prelude, a young man Turiddu is seen singing of his love for Lola while the villagers of a small town in Sicily are preparing for Mass at the local Church. In fact Turiddu is the spouse of Santuzza and loving father to their child, an altar boy in the church. Santuzza sends them both off to celebrate Easter Sunday, but in-



stead she visits Turiddu's mother Mamma Lucia to talk about her son. Her approach unfortunately

is interrupted by Alfio, husband of Lola, who enters to demand the whereabouts of Turiddu. Mamma Lucia claims no knowledge, then attends half-heartedly to Santuzza's tale about Turridu's secret pursuit of Lola. Not getting a sympathetic ear, Santuzza proceeds to Turiddu to berate him, but is interrupted by the arrival of Lola. Distraught, Santuzza blurts out her tale of woe to Alfio who swears revenge.

The intermezzo contains beautiful music as the serenity of the village is contrasted with the emotions of the action onstage. When Turridu comes out of the church, he invites everyone in town to celebrate Easter Sunday with sparkling wine and a most spectacular drinking song. Alfio enters to challenge Turridu and defend his honor. Turridu departs, asking Mamma Lucia to look after Santuzza. The music swells to a violent pitch, until the townspeople rush back to report Turridu has been killed. The opera is sung in Italian with English subtitles. Room 1 will be open at 1 p.m. (but not before).

Leisure Whirlers square dancers

WHIRLERS

Learn to square dance in 2019 and party with the Whirlers

The Whirlers will have a dance party Friday, Feb. 1, in Clubhouse 4 from 6:30-9:30 p.m.

The theme will be "Sweetheart Ball."

There will be music, dancing and a finger-food potluck. Pre-rounds are from 6:30-7 p.m. Square and round dances will be alternated from 7-9 p.m., followed by a potluck and socializing. Singles and couples are welcome.

There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

Learn to Square Dance

Square dancing is a lot of fun. It is great exercise for both mind and body. Square dances are always called in English, and there are square dance clubs all over the world so no matter where people travel, they can find a club to dance with.

People can learn to square dance in a beginners square dance class starting on March 4. The class will cover 110 square dance steps that are used in regular square dances.

The class takes nine months and goes from March 4 through

the first Monday of December. It is important to attend all of the classes since each class depends on previously learned steps. **Square Dance Brush-up Class**

People who want to brush up can attend classes held weekly on Mondays from 7:30-9:30 p.m. All dancers are welcome.

Singles and couples are welcome in all classes. There is a singles rotation so everyone can dance. All classes are held at the Garden Grove Women's Club, 9501 Chapman Ave., in Garden Grove. For more information, call Mel Branham at (714) 803-0250.

No dues are collected.

For further information, contace Beverly Emus, LW Opera Club President, at 296-5586 or bemus@socal.rr.com.

Embroiderers' Guild

The Long Beach Chapter of the Embroiderers Guild of America, Inc., will meet at 10 a.m. for a social hour. The general meeting starts at 11 a.m., Friday, Jan. 25, and will feature a luncheon and boutique.

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LWWeekly



Members of the Good News Singers are all smiles as they prepare to rehearse for upcoming concert. Pictured are Lita Fernando and Ren Villanueva.

GOOD NEWS SINGERS

Songs of encouragement, dinner will be featured on Feb. 2 in CH 4

The Leisure World Good News Singers will bring songs of encouragement and love at 2 p.m. on Saturday, Feb. 2. The concert, "Caught Up to Greet Him!," will be held in Clubhouse 4. Not only will people be warmed by the music but there will be a full free meal as well. So bring appetites to top off the afternoon.

Soloist Sophia Peng and Jerry Tester will perform as well as The Messengers and The Spiritones. Each will be presenting a song that is sure to lift your spirits and warm your heart. The quartet will be singing a medley titled "This World is Not my Home/Unclouded Day" and the Spiritones will be presenting their rendition of "Aint'a That Good News!"

-Nancy Maggio

LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, *Room 1, followed by a business meeting at 3 p.m.*

> However brief the encounter, poets greet in friendship, each recognizing a pupil of their Muse.

-Phyllis Poper



THEATER CLUB Meeting is Friday

Leisure World Theater Club will meet at 10 a.m. on Friday, Jan. 25, in the Loft.

The club's next fund raiser will be planned. People who want to participate should attend the meeting. Membership dues of \$5 are now payable to Tosca Lies.

The club thanks Margie Thompson and Walt Bier for providing entertainment with their karaoke machine.

LAPIDARY CLUB

Glass fusion class is Feb. 21

The Lapidary and Jewery Club is offering an introduction to glass fusion class from 9:30 a.m.-noon on Thursday, Feb. 21, in the Lapidary Room in Clubhouse 4.

The class will cover the basics of glass fusion. Experienced students can expand their skills in glass cutting and shaping to create more intricate designs.

Materials provided include the glass to make two three- or four-inch squares and decorative glass pieces for designs. A materials fee of \$ 10 is payable at the class. Fused pieces may be picked up the following day. People should sign up in the Lapidary Room; class size is limited to six students.

NEUROPATHY?

DISCOVER THE LATEST BREAKTHROUGH THAT CAN RELIEVE PAIN AND NUMBNESS CAUSED BY NEUROPATHY

If you are experiencing debilitating pain, numbness and tingling, they are likely caused by Neuropathy, Peripheral Neuropathy is a common condition that affects 20 million Americans and, once identified, can be successfully treated without the use of drugs and surgery.

HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE **DAMAGE?**

The following symptoms may start gradually and then worsen:

- Numbness
- Diabetic nerve pain
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- Burning or tingling
- Muscle weakness
- Difficulty sleeping from leg or foot discomfort
- Sensitivity to touch
- Pain when walking

If you suffer from any of these symptoms, call us today at (562)-598-9801!



"I CAN ACTUALLY **SLEEP AT NIGHT."**

My feet used to get very cold at night and have poor feeling. I saw the doctors and can now sleep better at night, and I would recommend anyone with neuropathy to do the program at Blueprint to Healthcare.

Charles S., Dallas/Las Colinas

"We've had the privilege of helping hundreds of people in our community relieve their pain without the use of drugs or surgery."

Blueprint to Healthcare

Seminar Topic:



Photo Arts Club competition winners at the January meeting were Regina Schumacher, first for "Grey Crested Cranes"; Ben Benjamins, second for "Golden Reflections"; and Doug Sudbury, third for "Daughter Getting Kissed." The photos are on display in Clubhouse 3 along with photos from other members. The club will meet at 1:30 p.m. on Feb. 14 in Clubhouse 3, Room 9. Everyone is welcome.

GUILD from page 14

Reservations are required.

The meeting is located in Room 122, Lifetime Learning Center Building QQ, at Long Beach City College, Pacific Coast Campus, on Pacific Coast Highway. Parking is in lot 10 with permits available at Room 122. It costs \$2 per day or \$5 per semester. People with handicapped placards can park free in any space.

DANCE from page 11

class upstairs in Clubhouse 6. Pat Erickson is the instructor.

• Velvetones Jazz Club Dance: The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•Zumba Club: Stef Sullivan teaches dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

Neuropathy Reversal Class

Seminar Date: January 29, 2019 at 3:30 pm 10900 Los Alamitos Blvd. #141 Los Alamitos 90720

SEATING IS LIMITED CALL TODAY TO MAKE YOUR RESERVATION (562)-598-9801

Neuropathy Treatment Breakthroughs Non-surgical, Drug-free **Treatment for Peripheral** Neuropathy

You will discover:

- What REALLY causes peripheral neuropathy
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Get tickets to Valentine's Day dinner/dance on Feb. 9, CH 4

The annual Filipino Association of Leisure World (FALW) Valentine's Day dinner/dance will be held on Saturday, Feb. 9, at 5 p.m. in Clubhouse 4.

The dinner/dance is a major fundraiser for FALW to support activities of the Golden Age Foundation and other charitable clubs of Leisure World. It is a popular event with lots of food and a live band, Midnight Motion, for an evening of dancing. A queen is chosen by a random drawing and crowned.

Tickets, \$30, can be purchased from Ric Dizon, (714) 225-3597; Myrrha Villanueva, 493-1406; Dove Sonza, 477-5541; Essie Hicks, (714) 488-6149; Eileen Merritt, (714) 432-3109; Mel Blake, (310) 210-2725; Rose Vivar, (201) 747-6085; or Ren Villanueva, (323) 854-6209.



The dinner will include a varied menu of Pacific Island/Asian influenced items, fruit and dessert.



Elm Street Band **GRF**

Elm Street Band comes to LW Valentine's Day

The GRF Third Annual Valentine's Day Dance, slated for Thursday, Feb. 14, is just around the corner, and this year will be a free event for all GRF members. The romantic not-for-couplesonly evening begins at 5 p.m. in Clubhouse 2. Koffel's will provide its famous virgin margarita and piña colada bar for purchase. People can bring their own snacks and beverages. Music and dancing with the Elm Street Band will round out the evening.

In 1986, somewhere between a luau in Hawaii and the Rock n' Roll Hall of Fame in Cleveland, The Elm Street Band was born at the corner of Elm Street and Anaheim Street in Long Beach. They rocked a house party that night and the rest is history.

Elm Street Band is one of the most well-known bands in the area and headlines the Long Beach Summer Concert Series along with the Long Beach Municipal Band.

Fans in greater Long Beach refer to Elm Street Band as "The world's greatest garage band world." That garage band feel is a big part of their secret. As vocalist and keyboard player Roland Misajon puts it, "A garage band... that's exactly what we'll be 'till the final curtain. There's not another VALENTINE'S, page 19



LWer Perry Moore is a one of CSULB athletics' biggest boosters. The Pyramid's scoreboard supports his name.

LONG BEACH STATE

Excitement abounds at 'The Beach' games

also leads the team's in scoring

by Cathie Merz cathiemerz new@lwsb.com

Go Black and Gold! Go Black and Gold...

and dishing out assists. Yussufis a beast in the middle, hauling in rebounds and barreling his way to the rim to score. He is





Be part of the crowd on Wednesday, March 6, as the Long Beach State (CSULB) 49ers take on the Highlanders of UC, Riverside, at the Long Beach Pyramid for the final game of the men's basketball season.

Now with LeBron James in town it is nearly impossible to get a ticket to see the Lakers play, and if a ticket is available it is usually over \$100 for a seat in the rafters next to where the banners hang.

For only \$6, including transportation, Leisure World shareholders can attend a highly entertaining game and sit so close to the action you can hear Coach Dan Monson, in his 18th season, barking at the refs and players.

"The 'Niners" or "The Beach" as fans affectionately refer to their team, play an exciting brand of basketball, led by seniors Temidayo Yussuf and Deishuan Booker.

Booker is second in the league in free throw percentage, slightly below 90 percent. He set a school record in the first league game this season, going 19 of 20. He is

one of the leaders in Big West in several categories.

KJ Byers, Edon Maxhuni and Jordan Roberts also are known to score in double-figures for the Beach, while the other senior big man, Mason Riggins, is another beast in the rebounding department for the Beach.

It's hard not to get excited during the game. Ask Perry Moore and Norma Poe, Mutual 17.

Moore, who rarely misses a game, was the athletic director at Long Beach from 1974-1982, and even after retiring, is found courtside at the Walter Pyramid.

'Perry is the best booster any university can have," says the school's former president, Dr. Robert Maxson.

Perry donates money to the university's athletic programs, and is always willing to lend his support. One of his donations is the Perry Moore scoreboard located at the west end of the Pyramid.

There all kinds of activities going on during the timeouts, including 49er cheer and dance LWers Perry Moore (seated) and Norma Poe (standing left) sit courtside at The Beach basketball games.

teams performances, corny contests that are worth a laugh and watching the big screen as it pans the crowd usually focusing on cute kids up to silly antics. And once "The Beach" scores 49 points, the popcorn is on the house.

Where else does \$6 go so far? Hurry to the Recreation Office in Building 5 to make reservations or email events@lwsb.com, or call 431-6586, ext. 324.

Guests are welcome, but must be accompanied by a GRF member. No accessible seating is available for this event.



It's time to make tax appointments and GAF volunteers Sophia Peng (I-r), Kathy Salazar, Sybil Tanabe, Geneva Potepan and Gum Kim are ready to schedule appointments. Call 596-1987. GAF

Tax man's coming... make tax appointment now

The AARP Tax-Aide Program sponsored by the Golden Age Foundation begins Monday, Feb. 4. Volunteers will prepare and e-file returns on Monday, Tuesday, and Wednesday mornings. Call 596-1987 and leave name and telephone number on the GAF answer machine. A volunteer will return the call to schedule an appointment.

You must be a full-year California resident and qualify to file as single or married filing jointly. The following records should be brought to the appointment, if they are applicable to you:

• Social Security card, required

• Driver's license, State issued ID or Leisure World photo ID

• Copy of 2017 Federal and State returns

• Forms 1099 for interest, dividends, pensions, social security benefits, sales of stocks

• Cost of stocks and bonds that were sold during 2018

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LWWeekly



Bocce is the first tournament scheduled for LW Olympics. To participate contact Joy Kolesky (I) or Dennis Jensen.

LW OLYMPICS

Bocce tournament being organized

The Bocce organizing committee is forming a round-robin bocce tournament in conjunction with the Leisure World Olympics that will begin the week of Feb. 10.

All players interested in signing up for the tournament should attend a general meeting on Sunday, Jan. 27, at 1 p.m. in Clubhouse 2, near the Bocce court.

Organizers will go over tournament rules and take player sign-ups for two-person teams. Singles will be assigned a partner. Players can decide to play on one of three days, Tuesdays, 10 a.m.-12 p.m.; Thursdays, 3-5 p.m.; or Sundays, 1-5 p.m. Play-offs will be held on consecutive Sunday afternoons in late April.

First, second and third place tournament winners will receive medals at a GRF awards ceremony in May.

Those who would like to sign-up, but are unable to attend the meeting on Jan. 27 should send an email to Dennis Jensen, djensen323@gmail.com, or Joy Kolesky, jkolesky7@yahoo.com,

GRF OLYMPICS

CONCERNED SHAREHOLDERS Tournaments are being organized

Leisure World clubs are organizing tournaments that will be held in March and April for the first Leisure World Olympic games.

Several sports clubs have shown an interest in participating in the games, including bocce, pickle ball, billiards, table tennis, golf, shuffleboard and poker.

Individuals who want to participate in events and athletic skills, such as swimming, freestyle, backstroke, breaststroke and relay teams, that are not organized by clubs are also invited to take part in the LW Olympics.

There is still time for other clubs to join in the competition by emailing the club name, activity, contact name and contact phone number to events@lwsb. Some additional suggestions for tournaments are bridge, Mexican Train dominoes, cribbage, Yahtzee, bowling and basketball free throws and other games played in LW.

Shareholders can participate in various games by contacting the clubs to find out when the club's Olympic tournaments



begin. Those where there are no clubs for the desired event should contact the GRF Recreation Department by email at events@lwsb. All competitors must be members of the GRF.

The top three participants in various tournaments will be awarded medals at a ceremony that will be held in May.

Mandeville is guest speaker today, 1 p.m.

Concerned Shareholders will meet today, Jan. 24, at 1 p.m. in Clubhouse 3, Room 2. The speaker will be Phil Mandeville, past president of Mutual 11.

Mandeville will address what it means to be a board member and helping other neighbors and shareholders.

There will be a discussion on what the responsibilities are for board members and what it takes to be a board member.

The new buyer's approval process by the mutuals and Golden Rain Stock Transfer department will be debated. How does thataffect you as a shareholder?

There will also be open discussion on topics that members want to talk about.

Everyone is welcome to this meeting. Annual dues are \$3. Annual elections will be this month.

The LW Weekly 430-0534



indicating the day of the week

The sign up deadline is Feb. 3.

you would like to play.



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THE CORVELLES

Supremes Tribute

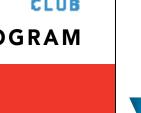
JAN 29





ANDY DIMINO

Dean Martin Tribute



GAF board meeting is Wednesday at 2

The Golden Age Foundation will hold its next board meeting on Wednesday, Jan. 30, at 2 p.m. in the Building 5, Conference Room B. Building 5 is across from Clubhouse 6; Conference Room B is located behind GRF Security Decal Office. All are welcome to observe the meeting. This is an opportunity to catch up on the latest news and to get a preview of coming Golden Age Foundation attractions.

For your information:

Leisure World Lost & Found is located in the Security Satellite Office, downstairs in Building 5 behind the LW Health Care Center. Take found items there, and go there to look for lost ones.

SMOOTH SOUNDS OF SANTANA

Santana Tribute

FEB 12



KENNY HALE

Neil Diamond Tribute

FEB 26



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LWWeekly

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A mariachi group provided music for listening and dancing at the American-Latino Club's Christmas party in December.

Now is time to become member of American-Latino Club

The American Latino Club was on break in January and will begin its New Year on Friday, Feb. 1, in Clubhouse 4 at 1 p.m. with a short meeting to plan activities for each month and to take memberships for old and new members. Annual dues, \$5, are payable at the meeting. Coffee, cookies and refreshments will be served.

The purposes of the American Latino Club are:

• To meet and associate with people of different nationalities, to learn their ways of life and socialize.

• To discuss and learn about historical events and cultures in Latin America.

• To enjoy each other's com-

pany on short trips of mutual interest.

• To taste gourmet dinners and learn traditional dishes from members of different Latin American countries.

• To learn the music, songs and dances from the regions in Central and South America and other parts of the world.

The club meets on the first Friday of the month in Clubhouse 4, at 11:30 a.m. Members may invite guests to two meetings at no charge. After the second time, guests will have to decide if they want to become members or not.

The club plans two trips or more a year and celebrates Cinco de Mayo and Mexico's Indepen-

rental property, a net loss from

dence Day, Sept. 15, with live mariachi music.

All are invited to come to the club get togethers to listen to the music, enjoy the dances, the food and the company of other members.



Johann Bach

KACMA Johann Bach's work will be featured today

The Korean-American Classical Music Academy (KACMA) will meet today, Jan. 24, at 9:30 a.m. in Clubhouse 4.

Johann Bach's "Toccata and Fugue," "Brandenburg Concerto No. 5" and "Air on G String" will be presented by Ken Chong.

e presented by Ken Chong. Robert Chung will conduct



The GRF Recreation Department will host the big game between the NFC champions, Los Angeles Rams, and the AFC champions, New England Patriots in Super Bowl LIII. The big game pits Rams quarterback Jared Goff, 24, the youngest NFC quarterback to reach the Super Bowl, against the Patriot's quarterback, Tom Brady, 41, who has made eight Super Bowl appearances with his team, the most for any player in history. The teams will do battle on Sunday, Feb. 3. The game will be shown on the big screen in Clubhouse 4 starting at 3:30 p.m; seating is limited, first-come, first served. Join friends and enjoy complimentary snacks. For more information, call the Recreation Department at 431-6586, Ext. 324.

SUNSHINE CLUB

Senior finances is topic tomorrow

Olivia Clauson, financial manager, will be the guest speaker at the Sunshine Club, tomorrow, Jan. 25, at 10 a.m. in Clubhouse 3, Room 2. Her talk will be about seniors and finances.

Clauson began a new career in financial management in 2017 and has been busy studying, training, earning certificates and licensing.

She is excited to share her knowledge with her Leisure World neighbors and to use her training to make better financial decisions in her own life and theirs.

Inflation is one danger facing seniors today. The life expectancy of a person retiring at age 65 is 20 years. Preserving capital in retirement and keeping up with the rising cost of living is key.

The second financial challenge facing today's seniors is time itself. Stretching the retirement savings to last 20-30 years requires a sum of money larger than most people realize.

She will cover how seniors can stretch their wealth to keep up with life expectancy after retirement; how to preserve capital in



Olivia Clauson

with Revolution Financial Management.

The club appreciates shareholders bringing their own coffee mugs to participate in the "Save The Earth" program.

Shareholders should arrive early to guarantee good seats.

The Sunshine Club is designed to help people get along in the community, for neighbors to have better communication and to get

TAXES From page 16

• Form 1095-A if you purchased medical insurance through Covered California

• Forms W-2

• For itemized deductions, prepare and total a list of medical expenses, charitable contributions, taxes, interest and other deductions. Bring the list along with the organized receipts

• Copy of a check if you want a refund to be deposited into your checking account

Note that individuals with

self-employment, or out-of-state tax returns are not in-scope for this program. An Intake/Interview Sheet

(Form 13614-C) MUST be completed for each return that is prepared. For your convenience, the form is available in the Leisure World Library. Pick up the form and complete it in advance.

The tax preparation room is in Clubhouse 6, Room A, on the second floor. The process will take at least an hour to have the documents input, reviewed and the return prepared.

one week prior to the desired publication date.

News copy deadline is 4 p.m., Thursday,

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the members' hour.

The KACMA class is conducted in Korean and open to all residents. The gathering encourages a fellowship through the enjoyment of mostly classical music and attending outside concerts in a group.

For further information, contact President Angel Joh, 598-0313; Program Chair Robert Chung, 387-7377; or Publicity Chair Yoon Soo Park, 431-3036.



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Weekly

retirement; and keeping up with the rising cost of living.

She is confident that she can help some of her senior neighbors and is thankful for the opportunity.

Clauson was employed by a small manufacturing company in Downey for over 40 years as a human resources manager. In 2017, she started a new career

FRIENDSHIP CLUB

the best out of living in Leisure World.

Classes are held from 10 a.m.noon on Fridays, in Clubhouse 3, Room 2 (except the first Friday in Room 8). All shareholders are welcome to attend; membership is not required. Refreshments are served. Bring a cup for coffee.

For more information, call Anna Derby, 301-5339.

Learn to navigate eBay Feb. 4

The Friendship Club offers computer classes taught by Jeff Sacks, Maxine Smith, and Miryam Fernandez.

• Monday Jan. 28, Clubhouse 3, Room 4

11 a.m. - Windows 7 and 10 for Beginner. (Sacks)

11:30 a.m. - Questions and Answers discussion (Sacks)

- Noon Facebook for Beginners (Fernandez)
- Monday, Feb. 4, Clubhouse 3, Room 4

11 a.m. - Let's Talk eBay (Smith)

Classes are free, but donations to pay for a wireless hotspot and printing materials are welcome.

For eBay information, contact Maxine Smith *maxla@aol.com*; for Facebook information contact Miryam Fernandez, 884-7460; for computer information, contact Jeff Sacks (714) 642-0122.

To suggest questions for Q & A, or to join the email list, email to *jfsacks@gmail.com*.





The Band of the California Battalion SUNSHINE CLUB

Civil War band will perform in LW on Feb. 20

Sunshine Club presents The Band of the California Battalion on Wednesday, Feb. 20, in Clubhouse 2 at 7 p.m. The doors will open at 6 p.m. Admission is free.

The Band of the California Battalion, a reenacted Union Civil War Brass Band, begins its 28th year of presenting authentic music from the American Civil War. As their promotional materials suggest, they perform "stirring martial music and poignant popular aires" from a time when instruments had character and characters had instruments."

The band was featured at both national Civil War brass band festivals in Campbellsville, Kentucky, the only group from west of the Rocky Mountains. The group was invited twice to be the keynote band at the Gettysburg Brass Band Festival that included emotional command performances for the National

Park Service on the battlefield at the Pennsylvania Monument. The Band of the California Battalion was also the only group featured in a special musical performance for the Smithsonian Institute in Washington, D.C. In addition they have toured and performed at Antietam, Harper's Ferry and the National Civil War Museum in Harrisburg, Pennsylvania. They most recently performed at Ft. Sumter in Charleston, South Carolina, for the National Park Service.

The Band of the California Battalion was a featured performer in the inaugural concert series at the new Grammy Museum in Los Angeles, as well as the opening of the new Lincoln Exhibit at the Huntington Library. The Band continues to perform at concerts, reenactments, special performances and festivals around California and around

the country.

For more information, call Anna Derby, 301-5339.

The band's website is http:// www.civilwarband.us.

LW Social Club gathers tomorrow for lunch, games

The Leisure World Social Club is back and ready to play tomorrow, Jan. 25.

Pizza, salad, snacks, coffee and tea will be served. The cost is \$4.

The club meets on the fourth Friday of the month for lunch and to play cards.

To join the group, get a table of four together and call Marj Earls at 275-1778 to make a reservation. Note that Marj's phone number has changed.

Yearly dues, \$5, are payable now. Bring money tomorrow.



www.lwsb.com

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GAF volunteers are available to help at the shredding event in the Clubhouse 2 parking lot. GAF

Shredder is coming to LW Feb. 7

The Golden Age Foundation (GAF) will sponsor a free shredding service on Thursday, Feb. 7, from 10 a.m.-noon in the Clubhouse 2 parking lot. The line for shredding closes at 11:30 a.m.

Shareholders are asked to remove staples and paper clips.

The shredder will not accept electronic devices or contaminated bags.

The GAF also sponsors small battery disposal. Bring used batteries to the shredding event for disposal.

The Golden Age Foundation is a nonprofit 501(c) (3) charitable organization dedicated to serving the special needs of Leisure World shareholders and residents. The foundation was established in 1973.

The next shredding service will be in June. The service is offered every four months.

GRF

Used car sale is this Saturday

On the fourth Saturday of each month, shareholders/members can sell any used motorized vehicle in the Administration Parking Lot from 8 a.m.-4 p.m. The next sale is Jan. 26.

Vehicles must have current DMV registrations and GRF decals as well as be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner or representative does not need to be present, but is allowed to display a single "For Sale" sign no larger than 18 inches by 24 inches on the vehicle, to include a phone number.

The sale is open to LW residents only and the guests they call in. The public will not be able to sell at the events. For more information, contact Recreation at 431-6586, ext. 350 or 398.

VALENTINE'S From page 16

step for us and we have so much fun amongst ourselves, it projects to the people."

John Harper of Mutual 5, digital artist and photographer, will be on hand to capture the event with a 5 x 7 photo keepsake for \$10 to take home. Couples may order a large digital portrait, that rivals a painting, for \$99.

As this is expected to be a full-house event, GRF IDs are required at the door and seating will be first come, first served. For information, contact the Recreation Department at 431-6586, ext. 398 or 326, or email events@lwsb.com.



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Hans Solo was rescued from the Long Beach Animal Care Services by Joyce Gillette. Shareholders are reminded to remember the GRF pet policies before adopting a pet.

PET OF THE MONTH

Hans Solo is friendly cat with 9 lives

Hans Solo is 9 years old and he truly does have nine lives. The night before he was scheduled to be put to sleep, he was rescued from Long Beach Animal Care Services by Joyce Gillette. He was deemed unadoptable at 17 pounds during the height of kitten season. Hans loves to nest himself in the dry bathroom sink, and in cardboard boxes. He loves belly rubs, chin rubs, and meeting/greeting people, dogs and other cats. Hans spreads his kitty-joy by visiting folks at nearby nursing homes. Hans is a very loving and caring pet/friend to all.

Joyce enjoys her best buddy immensely, and has been an active LW resident for six years in Mutual 5. She came to LW from Long Beach. Joyce is proud to say that she grew up in Youngstown, Ohio.

Joyce is relocating to the Carolinas to be closer to family. She will be missed in LW, where she has made many friends.

GRF RECREATION

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Shareholders invited to see 'Life Could Be a Dream'

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The Golden Rain Foundation Recreation Department will escort an outing to see "Life Could Be a Dream" at the Beverly O'Neill Theater in Long Beach on Thursday, March 7, at 8 p.m. Tickets are \$70 and include ticket, bus fare and gratuity for the driver.

"Life Could Be a Dream" is a jukebox musical featuring doowop music. Jukebox musicals are musical films or stage performances that feature the songs of popular music acts.

"Life Could Be a Dream" was written and directed by Roger Bean, creator of "The Marvelous Wonderettes," and produced by David Elzer. It premiered at the Hudson Theatre in Hollywood on Aug. 7, 2009, and received numerous awards, including the LA Drama Critics Circle award for Production of the Year and the LA Weekly award for Best Musical of the Year. It had a record-breaking 12-month run in Los Angeles.

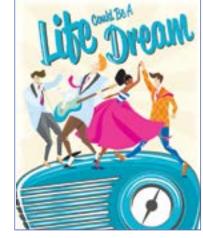
The show is set in 1961, when doo-wop peaked as an intergenerational pop phenomenon that cut across racial and social lines in the United States.

Doo-wop first developed in African-American communities in cities across the United States in the 1940s. Early doo-wop was strongly influenced by blues, swing, barbershop quartets and groups like the Ink Spots and the Mills Brothers. Much of it was developed informally by groups of three-six singers on street corners singing a cappella and improvising syllables to go with the vocal harmonies, often imitating instrumental sounds.

The show features 21 popular doo-wop songs.

The bus will leave from the Amphitheater at 6:15 p.m. Be at the loading area no later than 5:45 p.m.

For information, contact the Recreation Office at 431-6586 ext. 326 or email events@lwsb.com.



CARPORT CLEANING 2019

President's Day - Monday, Feb. 18 Mutual 6, Carports 72-73, 81-82 and Mutual 7, Carports, 83-84, 86-89 will be cleaned on the holiday, Monday, Feb. 18.

Memorial Day - Monday, May 27 Mutual 10, Carports 117-121, 123-124 will be cleaned on Friday, May 31.

Independence Day - Thursday, July 4 Mutual 2, Carports 25-26, 30-35 will be cleaned on the holiday, Thursday, July 4.

Labor Day - Monday, Sept. 2 Mutual 1, Carports 1-6, 9-10 and Mutual 17, Building 3, will be cleaned on Friday, Aug. 30.

Veteran's Day - Friday, Nov. 11 Mutual 5, Carports 60-63, 68-71 will be cleaned on Wednesday, Oct. 30.

Thanksgiving Day - Thursday, Nov. 28 Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13, and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29. Christmas Day - Wednesday, Dec. 25

Mutual 11, Carports 132-133, Mutual 12, Carports 141-146 and Mutual 15, Carports 4-5 will be cleaned on Monday, Dec. 30.



Obituaries

Space is available for obituaries of residents and former residents. • An "In Memoriam" column is available free of charge. Limited to name, mutual number and *date of death.*

• An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the *rate of 25 cents per word. Notices* written by the news staff will be free and no more than 250 words.

Rosenblatt, Frances 1926-2019

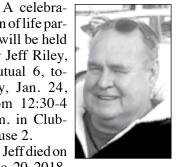
Frances Rosenblatt, 92, Mutual 15, died Jan. 18, 2019, peacefully at her home surrounded by her family.

Mrs. Rosenblatt was born July 29, 1926. Frances was a homemaker,

an artist, a beautician,

••• **Riley, Thomas Jefferson, III** "Jeff" 1946 - 2018

tion of life party will be held for Jeff Riley, Mutual 6, today, Jan. 24, from 12:30-4 p.m. in Club-



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LWWeekly



For more than five years, Kay Matthews, Mutual 2, has knitted 100-plus caps and scarves for the homeless in the Long Beach area. Kay needs yarn or cash donations to help with her ongoing charitable work. Kay knits for Hearts and Hands United in Giving (HHUG), a non-profit organization which includes several other Leisure World members. Kay also knits for her church, the Seal Beach Center for Spiritual Living, where she donates caps and scarves for the homeless. Kay can be reached at 598-1079.



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• Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.

• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

• A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

an active participant and supporter of Hadassah and a co-worker with her hus-

band, Sol Rosenblatt, in their Belmont Shore store, Harrison's Drugs.

Frances loved ceramics, folk art, folk dancing, people and listening to the music of Barbra Streisand and Frank Sinatra.

She is preceded in death by her husband of 66 years, Sol Rosenblatt.

She is survived by her children, David, Devorah and Diane; seven grandchildren, Sarah, Matthew, Jesse, Joshua, Chana, Leah and Talya; and six greatgrandchildren, Alea, Clarissa, Trent, Leelah, Ajah and Jude.

Services were held at Groman Eden Mortuary and burial was at Hillside Memorial Park in Los Angeles on Jan. 23.

E-mail Obituary Notices to cathiem_news@lwsb.com with photos attached as jpg files.

house 2. Jeff died on Dec. 20, 2018.

•••

In Memoriam

Jose Raigosa Jr 43 Shelley Reid 83 Jerome Burch 84 David Hatch 84 Sharvn Seaton 73 Linda Malouf 54 George Ferguson 68 Gregory Delong 57 Brian Gilmore 63 Carmen Loza 63 Thomas Farrell Jr 72 Everett Johnson 73 Rosetta Coker 88 Mollie Koskela 83 Luz Triqueros 60 Hugo Ballesteros 95 Robert Covey 81 Rosetta Coker 88 Sandra Siskind 73 *Families assisted by* McKenzie Mortuary, 961-9301 *—paid obituary*



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On the Go

Day Trips

Cachuma Lake Eagle & Wildlife Cruise - Feb. 2, \$89, includes boxed lunch picnic, David Nell/Good Times Travel, (888) 488-2287 Segerstrom Center, "Come From Away" - Feb. 7, \$92, GRF Recreation, events@lwsb.com, 431-6586. ext. 326

Coachella Valley: Covered Wagon Tour & Cookout - Feb. 10, \$119, David Nell/Good Times Travel, (888) 488-2287

The Pantages Theatre, "Hello Dolly!" The Broadway Musical - Feb. 17, \$139, David Nell/Good Times Travel, (888) 488-2287

The Living Desert Zoo & Gardens With Tram Tour - Feb. 23, \$89 includes lunch, David Nell/Good Times Travel, (888) 488-2287 Harlem Globetrotters, Honda Center -Saturday, Feb. 23, \$55, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Long Beach State Basketball - Wednesday, March 6, \$6, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Beverly O'Neill Theater, "Life Could Be a Dream" - Thursday, March 7, \$70, GRF Recreation, events@lwsb.com, 431-6586, ext. 326 The Colorful Songs Revue, "The Luck O' the Irish" - March 16, \$109, includes lunch and wine, David Nell/Good Times Travel, (888) 488-2287

Mission San Juan Capistrano - Tuesday, March 19, \$30, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Anaheim Ducks, Honda Center - Wednesday, March 20, \$80, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Pala Casino — March 29, \$6, \$10 back, American Legion Post 327, Gail Levitt, 596-1346.

Harrah's Rincon - Daily, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

Pala Casino - Daily, free, Amphitheater, 8 a.m., (714) 985-9555

Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

Overnight Trips

Bluegrass Cruise - Feb. 18-22, four days, Carnival Inspiration, Long Beach, Catalina, Ensenada, Long Beach, Ellen Brannigan, (310) 890-2368

Nature's Bounty & Wonder Valley - Four-day tour featuring Fresno's Blossom Trail, Farm Visits with Tastings and Wonder Valley Ranch. Feb. 24-27, David Nell/Good Times Travel, (888) 488-2287

Central Coast Whales, Rails & Dunes - three-day tour featuring Morro Bay Hotel, Guadalupe Dunes, Whale Watching, Coast Startlight Train. March 6-8, David Nell/Good Times Travel, (888) 488-2287 Death Valley Splendor - Three-day tour featuring a Ranch at Death Valley Stay, Furnace Creek Inn lunch, Badwater, Local-Guide. March 17-19, David Nell/Good Times Travel, (888) 488-2287

Desert Bloom - Two-day tour featuring Anza-Borrego Desert State Park, Pala Resort Stay, Temecula Valley, Julian, Local Guide. March 17-18, 2019, David Nell/Good Times Travel, (888) 488-2287

Laughlin - April 22-24, Seal Beach Woman's Club, womansclubofsealbeach.org

California Eight Missions - June 4-9, motorcoach tour, six days

SB WOMAN'S CLUB Trip to Laughlin planned April 22

The annual bus trip to Laughlin, Nevada, sponsored by the Woman's Club of Seal Beach, is set for April 22-24. The cost, \$150 for singles, and \$115 per person, double occupancy, includes two nights at a hotel on the Colorado River, a charter bus ride and several free meals.

The bus leaves from the Seal Beach Marina Community Center, 151 Marina Dr., Seal Beach at 8 a.m. Monday, April 22, and returns late Wednesday afternoon.

Sign-up information is avail-

Membership information is

The group meets at the Mary Wilson Library on the third



LW GARDEN CLUB Trip planned to see play, 'The Secret Garden'

As its first tour of the new year, the Leisure World Garden Club has arranged a trip to the New Rose Center Playhouse in Westminster to enjoy the live production, "The Secret Garden," on Sunday, March 3. The bus will depart from Clubhouse 4 at 11 a.m.

Lunch will be a family-style feast at Buca di Beppo, where desserts and beverages are always included.

Tickets, \$52 each, can be purchased by calling Dee Neri, 431-5889, or Gail Levitt, 596-1346. Any remaining tickets will be on sale at the Feb. 18 meeting of the Garden Club, in Clubhouse 2, beginning at 12:30 p.m. This tour is selling out fast.



Swallows return to Mission San Juan Capistrano each year on March 19, St. Joseph's Day. Swallows migrate 6,000 miles from Goya, Argentina, to San Juan Capistrano in large groups.

LW LIBRARY

San Juan Capistrano trip celebrates return of swallows on March 19

The Leisure World Library will host a March 19 bus trip to the Mission San Juan Capistrano, which is famous for the annual "Return of the Swallows" and the mission, a historic landmark founded in 1776 by Father Junipero Serra.

Swallows migrate 6,000 miles from Goya, Argentina, to San Juan Capistrano in large flocks. Every year, the town of San Juan Capistrano welcomes visitors from all parts of the world to witness this tradition that has been celebrated since the early 1930s.

There are permanent exhibits featuring historic and religious artifacts, precious and rare paintings and more.

A bus will leave Clubhouse 4 at 9 a.m. on Tuesday, March 19. The \$30 ticket includes a one-hour docent led tour of the mission; people can get them at the Recreation Office. Lunch is on-yourown and is available at the mission and nearby restaurants within walking distance.

Reserve tickets early. Last year was a sold-out trip. For more information, call GRF Events Coordinator Cindy Maiden, 431-6586, ext. 326.





able at the club's website, womansclubofsealbeach.org.

also available on the website.

Wednesday of the month.

eight meals, sightseeing, Seal Beach to San Francisco, Traveling Tigers Club, Joanna Matos, 598-1849

Golden Nugget Las Vegas - Sept. 8-11, motorcoach tour four days, sightseeing National Atomic testing museum, Valley of Fire, Lost City Museum, Botanical Gardens. Traveling Tigers Club, Joanna Matos, 598-1849

GRF

Get tickets to see Anaheim Ducks game March 20

Join LWers as the Anaheim Ducks will take on the Winnipeg Jets Wednesday, March 20, with the puck dropping at 7 p.m.

The Ducks and Honda Center are commemorating their 25th anniversary with several special promotional give-aways. Everyone in attendance at the Jets game will receive a Ryan Getzlaf NHL Draft Bobblehead presented by San Manuel Casino.

The Ducks will wear throwback jerseys featuring the original team colors, eggplant and jade green, with the original Mighty Ducks logo, an old-style goaltender mask shaped like a duck bill.

Tickets for seats in the lower bowl, Section 201, are on sale at

the Recreation Office in Building 5 for \$80, including transportation and fees. Make reservations by emailing events@lwsb.com, in person, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member. Accessible seating is available for this event, if requested at the time of purchase.

Owned by the city of Anaheim, Honda Center officially opened as Anaheim Arena on June 19, 1993. In October that year, the venue was renamed Arrowhead Pond and hosted the first Mighty Ducks of Anaheim game.

In 2005, a new era began when Henry and Susan Samueli took over ownership of the team and



the venue management company, Anaheim Arena Management, LLC from the Disney Corp.

In 2006, the official name of the arena changed to Honda Center, and the team became the Anaheim Ducks with new team colors, black and orange.

A new scoreboard, 27 feet high and 47 feet, 10 inches wide, debuted in 2015, featuring the clearest and highest definition picture available.



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TINE LIMIT 25 MIN

by David L. Hoyt and Jelf Knorek

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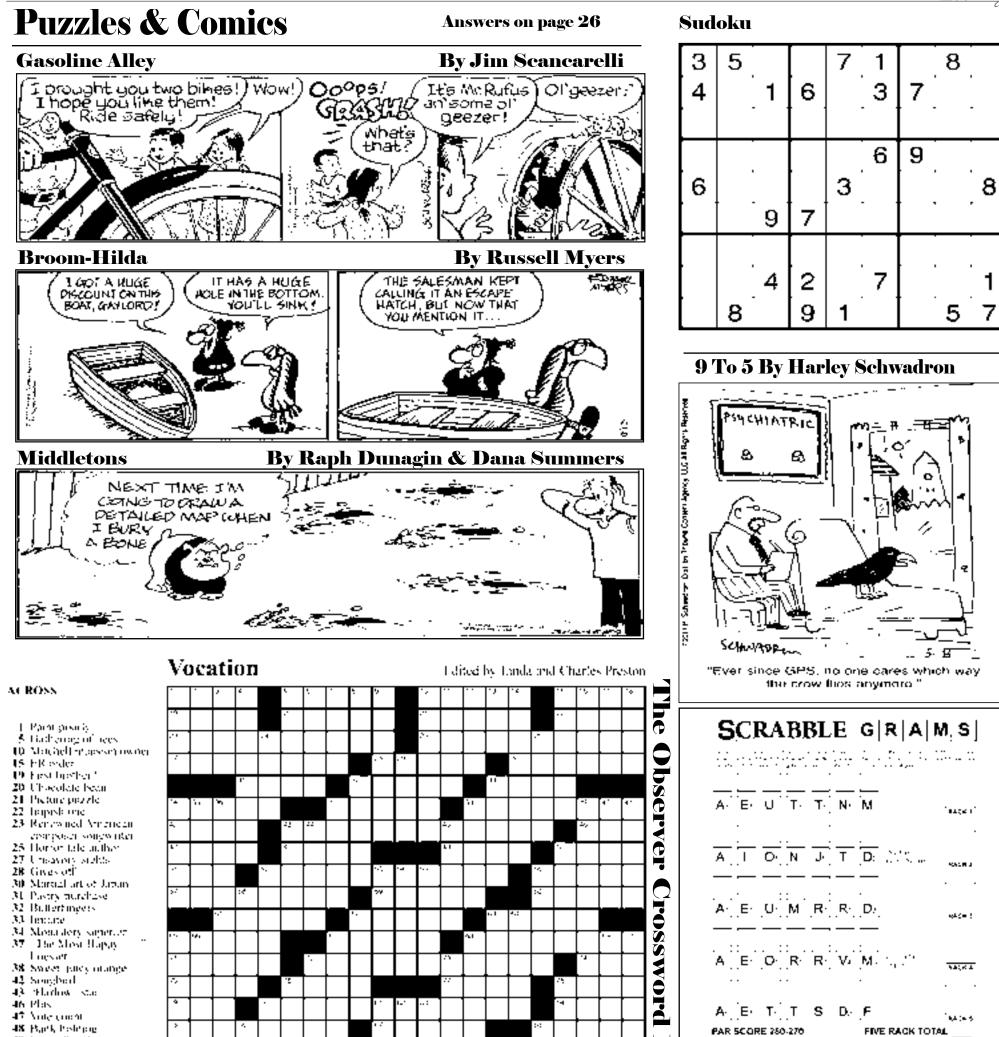
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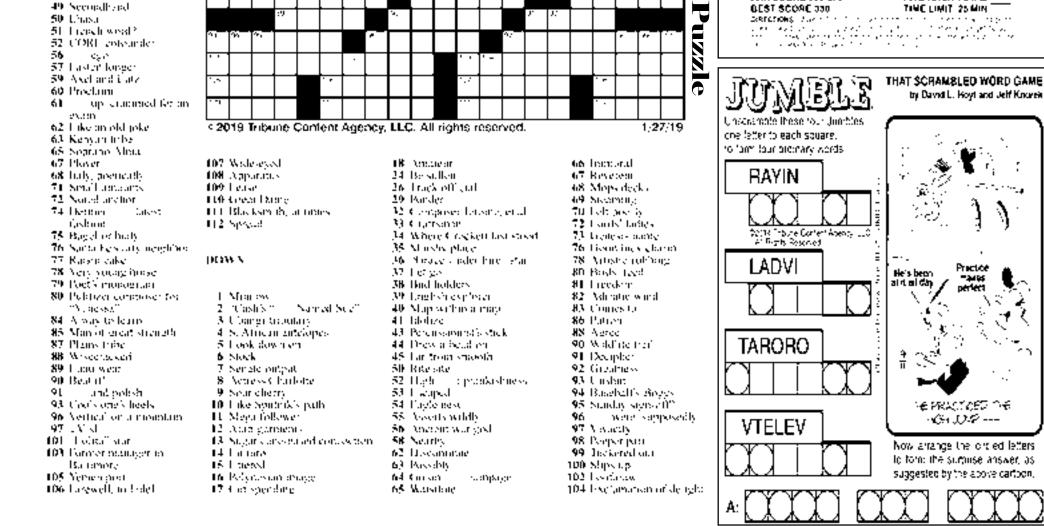
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LWWeekly







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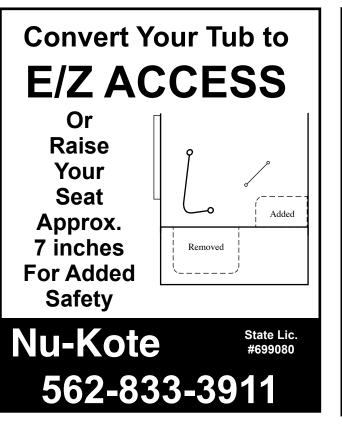
Professional Services

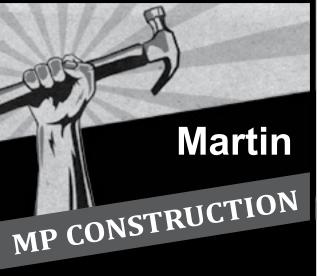












mp.construction2@aol.com

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10 consecutive weeks, minimum

10 consecutive weeks, minimum

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Lic. #629553

Watch

Batteries

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Most watches

25

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Candice Cox, Ken Peters

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WEEKLY

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The fee is \$4 a class when paying by the month, or \$5 for those who do not attend on a regular basis.

For more information, call Marion Higgins at 296-8328.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m. Mondays in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards. The fee is \$3 a class.

People of all fitness levels are welcome. For more information, call Cathleen Walters at 598-9149.

Stick, Qigong, Tai Chi Club

Stick exercises, qigong and tai chi chih classes are held from 9:15-11 a.m. on Tuesdays in Clubhouse 3, Room 1.

For more information, call Joann Mullens at 596-3936. Pilates

Chair classes meet from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6. The cost is \$5 a class. Instruction includes seated and standing exercises.

Mat classes meet Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Those who attend should bring a mat. All other equipment will be provided.

For additional information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

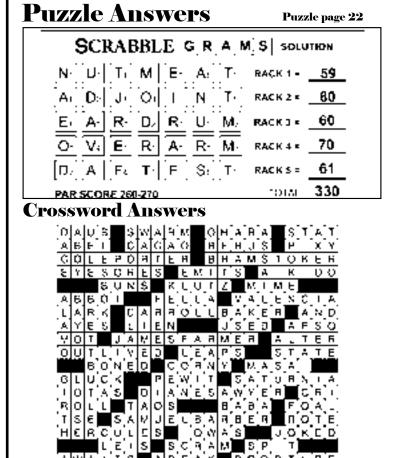
NEIGHBORS

From page 4

older, I have an obligation to my neighbors to spend a little time with them, to get to know them better, to offer to run an errand as needed, to build a trust with them and provide a phone number should changes occur.

And above all, to show them they have a friend who cares.

My goal is to be a better neighbor to those around me in the future.



BOWLING CLUB Very Striking wins, leads the league



SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 02/14/19

If you object to Mutual One's car decal policy, join me. 562-230-1341. cptpilotbob@tiscali.co.uk. 01/31

GENERAL

AVON

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Complete maintenance and landscape. Serving Leisure World since 1978. Planting, cleanups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172. 02/28/19

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Beach Business License #RIL0001 03/21/19

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. 04/11

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Sports 8

Bel-Rich Painting - Free estimates, small/large jobs, entry doors, skylight wells. Contractor's License #705131.714-220-9702.03/28

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by six games

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I T S A P C A K B O O B T U B C C S M A S O A C A R L W C A V C P N A D I O S N A I V C G C A P T N C T 9 E SHOER B E A T S

Sudoku Answers

3	5	2	4	7	1	6	8	9
4	9	1	6	8	3	7	2	5
7	6	8	5	9	2	4	1	3
5	1	З	8	4	6	9	7	2
6	2	7	1	3	9	5	4	8
8	4	9	7	2	5	1	3	6
1	7	5	3	6	8	2	9	4
9	3	4	2	5	7	8	6	1
2	8	6	9	1	4	3	5	7

The Basic Rules of Sudoku: • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all \$1 boxes contain numbers and the other Sudoku rules have been followed. • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-bers in the course of the game. • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same. • Each block must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: HAINY VAUD OHATOH VELVET He prodiced the high jump - OVER AND Answer: OVÉR

Mahjong is a challenging game is played by four people.

Joan Perez has offered to teach

"You need to play every week, but you can have fun and become addicted to the game," said Mrs. Perez

Resident offers

Mahjong lessons

the card game of Mahjong to other

To contact her, call 240-5478.

SCOREBOARD

From page 8

residents.

play on a first-come-first-served basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon-1 p.m. - Gene Yaffee

•••

Friendly Pinochle Club winners Jan. 17: Marilyn Allred, 13,460; Joan Taylor, 11,490; Grace Buster, 11,350; Ron Olsen, 12,160. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

-Bert Sellers

FLOOR COVERINGS

562-596-0559 LW DECOR INC. Tile, laminate, vinyl plank, patio carpet. 40 ears in Leisure World. Contractor License 723262. 01/17/19 562-596-0559 LW DECOR INC.

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LW Weekly (562) 430-0534

Security (562) 594-4754 Let's raise your ears - I'll make you look your best! Call 562-565-3683.

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, 562-598-1384, 562-810-1561.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

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Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187.License#KK203303. 10/03/19



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LWWeekly

Hair and Nail Salon

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Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 01/10/19

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714)855-8465.SealBeachBusiness License MOR0008.03/07

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MOST AFFORDABLE RATE Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed,24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001.06/20/19

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EXPERIENCED CAREGIVER Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please Call Pampet: 562-371-4895. Seal Beach License PAN0003 04/11

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions,

HOUSE CLEANING

MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093 Over 30 years Experience! Seal Beach Business License #AB0001. 03/21/19

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Call Gloria 949-371-7425. 02/21

all Oloria 949-371-7423.02/21

GRACIAN'S HOUSECLEANING & WINDOWS. Windows 10% off first cleaning

General housecleaning Excellent referrals in LW (562) 307-3861. Seal Beach Business License gra0006. 01/24/19

Patricia Housecleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001. 02/28

ELLY'S CLEANING SERVICE Weekly, bi-weekly service. Excellent referral in Leisure World. Nearly 20 years experience. Seal Beach Business License BEN0001. Call Elly at 714-476-2100. 01/17

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FRUSTRATED (562)755-6199

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

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<u>Classifieds</u>

ANY KIND OF CAR Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly!We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 02/07/19

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ESTATE/MOVING/ PATIO/CARPORT SALES

Estate Sale - 13180 Southport Lane, Apt. 167D, Mutual 7. January 24, 25, 9:00 AM to 2 PM. Astonishing array of collectibles, dolls, quilts, linen's, hankies, vintage board games, small ceramics, Disney memorabilia, collectible reference books, professional Ludwig women's drum set, jewelry, small kitchen table, oak vintage vanity and desk, Jazzy electric wheelchair, GC scooter. BE PREPARED TO WAIT. Glinda Davis 714 943-1818 Seal Beach license GDD0001 13101 Nassau Dr, Seal Beach, CA 90740. See pictures at https://www.flickr.com/ photos/120349245@N07/albums

Mut. 15, Carport 4 - 4 families, McKinney Way. Thurs., Fri., Sat. 8 a.m. - 4 p.m. Lamps floor, wall & table, pictures, dresser, small tables, mirrors, candles, dishes, jewelry, adult pullups, clothes, table cloths, purses, sheets, frames, DVDs, small appliances, silverware, vases, books, storage for music rolls.

MISCELLANEOUS FOR SALE

Large power lift & full recline chair. Golden Daydreamer. Originally \$2,450.00, If you have not received your copy of LW Weekly by 9 a.m. on any Thursday, Call (562) 430-0534 ONLY between 9 a.m. and 10 a.m. to have one delivered. Check around thoroughly before calling.

Get the word out quickly and effectively with our local reach online and in print. Whether you're selling a car, a home, having a garage sale, or looking for something, we've got a solution that meets your needs. Give us a call today to place a

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Announcements Cards of Thanks Lost & Found Personals

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doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 02/21	affordable transportation. Perfect for patients, professionals, and anyone who needs regular or	now \$1,200.00. 562-412-4340. 01/24	and inquire about	Schools & Training Screen Cleaning & Repair Transportation Services
Need Caring Caregiver? Live-in or live-out. Meal preparation, baths, shopping, laundry, doctors.	sporadic reliable transportation. Interested? CALL 562-537-1298. James. 01/24	Kitchen island purchased at Wayfair for \$400. Sell for \$200. OBO. 562-240-5460. 01/24	other types of	Travel Services Vacuum,Sewing, Lighting Repair Video Services
Pierre's Caring Heart 714-337-6152. Seal Beach Business License RAZ0002. 02/21	Inexpensive shuttle, airports, markets,doctors,etc.562-881-2093. SB License #ABL0001. 03/21	Mint condition, three months old Golden Power Lift Recliner chair, Cabernet. \$895 or best offer. Call	advertising in LW Weekly	Window Cleaning Merchandise
Looking to save	Need a lift? Pam Miller. LW Resident. 310-227-1258. 03/07	Carol at 714-345-1520. 01/31	(562) 430-0534	Autos, RVs, Trailers Wanted Autos, RVs, Trailers For Sale Electric Cars/Scooters Wanted
money on a	Reach out to	LWweekly	LWWeekly	Electric Cars/Scooters For Sale Estate/Moving/Patio/Carport Sales
Classified	thousands of readers by placing a	accepts	Want to Place a Classified ad	Miscellaneous for Sale Want to Buy
business ad?	Classified ad	Credit Cards for	or Renew your current one?	Real Estate Non-LW Real Estate
Ask us how!	in LW Weekly.	Classified ads.	Call	Carports/Carport Lockers Wanted Carports/Carport Lockers For Rent
Call	Call (562) 430-0534 or e-mail to	Call	(562) 430-0534 or send	L.W. Apts Want to Rent L.W. Apts for Rent L.W. Apts Want to Share
(562) 430-0534	katyal@lwsb.com	(562)430-0534	an e-mail to katyal@lwsb.com	L.W. Apts Want to Buy L.W. Apts for Sale
	<u> </u>			

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Coming Se	oon				
2 BDR/ 2 Bath, Drive-up					
A/C Heat Pump, New kitchen,					
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Mutual 15, 1G	\$285,000				

Handyman and/or House Clean-





13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)













Mutual 12-55-C \$274,900 Don't miss out on this amazing, one-of-a-kind 2 bedroom basic. Completely remodeled kitchen and bath with Hardwood flooring throughout. Why buy a fixer when this one is ready for you? Stop by and enjoy the cozy tiled patio. Call us to see anytime. It really is a must see home.



Mutual 12-6-G \$329,000 REDUCED - Close to downtown. 2-Bedroom, 1-Bath, fully expanded drive-up corner. S/W facing. Light/Bright. Move-in ready.



Mutual 8-192-B \$156,000 Basic one bed, on courtyard. Heat pump and cut-down shower.



Mutual 5-98-H \$180,000 NEW LISTING ... Gives us a call to see this one bedroom that is lovely and different from the norm - and is more like a studio than a one bed!!! All new paint, new linoleum in the kitchen and bath, freshly cleaned newer carpet, walk-in closet, enclosed patio room with storage, raised wall and dual pane windows, heatpump, stackable washer/dryer, more!!



Mutual 15-23-R \$364,900 Upstairs overlooking a green on one side and a tree lined courtyard on the other sits this GOR-GEOUS remodeled 2 bedroom, 2-bath! Open concept living room, dining room and kitchen with W/D, central/heat-air, dual-paned windows/sliders, beautiful floors, marble counters, stainless steel appliances, clear glass shower enclosure, more. Mutual 6-140-K \$224,900 New Listing — 2 Bedroom, 1 Bath Basic. Newer windows and two sliders to the front patio, Heat Pump, Cut Down Shower.

white cabinets, Solar Tube in

kitchen and Skylight in bath-

room and patio, Mirrored Ward-

robes, and Laminate floors in



Mutual 6-132-F \$279,000 South Facing corner, 2- Bedroom, 1- 1/2 bath with an expanded bedroom with a huge walk-in closet and expanded living room.



Mutual 12-70-A \$319,000 Beautiful interior, corner, exp, green. 3 heat pumps, W/D, gorgeous floors and counters.

Mutual 9-210-6 \$496,000 GORGEOUS describes this BRAND NEW REMODELED CORNER!! Make sure this one is on your list to see ... 1100 sq ft of living space, large stone patio on a green with stacked stone walls an exterior of home, 2 bedrooms both with walk-in closets, 2 baths, baybowed windows, central heat/ air, washer/dryer, granite, laminate wood floors, designer paint, lots of storage ... Ready for you to move in!!



Mutual 2-1-B \$242,000 Charming 2-bed - 1-bath with expanded living room and bedroom with huge walk-in closet, dual-pane windows, laminate floors, cozy private patio, three skylights and a heat pump. Light bright home ready to move in.

Mutual 9-218-F \$499,000 ELEGANT - ONE OF A KIND Remodel!!! Convenient driveup with lots of extra parking! You will love the gourmet kitchen - the huge master bedroom with its own private bath area and walk-in closet, the guest bedroom has walk-in closet and a full bath, tile floors thru-out, canned lighting, bay-bowed windows with seats, plantation shutters, central heat/air, washer/dryer, skylights, a unique design that is a MUST SEE!



Mutual 8-201-I \$202,500 Lovely quaint setting, large patio to enjoy with beautiful Trees, basic 2 bedroom, One bath, cut-down shower, skylights, close parking and laundry. Bring your ideas to make this unit your own - or call us and we can help!



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Mutual 8, 189F \$399,000

Beautiful remodeled, expanded corner, 2 bedroom, 1-1/2 bathroom home on greenbelt. Spacious corner living room has 2 bay windows. Kitchen has custom cabinetry with granite counters, built-in stainless steel appliances, pantry, breakfast bar large skylight and tile flooring. Master bedroom has added cupboard space and is fully expanded and widened. Master bath has custom wood cabinetry with granite counters, added linen closet, washer/ dryer, cut down shower and skylight.



Mutual 9, 222A \$459,000

Elegant, all new construction, corner, 2 bedroom, 2 bath home. Custom kitchen has new custom cabinetry, built-in stainless steel appliances including a freestanding range, dishwasher, microwave, breakfast bar with extra storage and an extra large skylight. Two 3/4 baths, walk-in custom tile showers, double sinks and skylight. Second bath has a Solatube. Bedrooms have mirrored wardrobe sliding doors. This home also features laminate floors, recessed lighting, central air/heat, double-pane windows, washer/dryer, two outside storage closets and a lovely wrap around tile patio.



Lovely upstairs expanded unit with beautiful leaded glass entry door, spacious living room expansion that may be used for office or den. Dual pane windows. Kitchen has built-in appliances including dishwasher, white cabinets and white counter top, dining room has ceiling fan. Master bathroom has tub with enclosed shower, stackable washer/dryer. Second bedroom with mirrored closet doors and extra storage, second bathroom with skylight and cut-down shower. This unit is move in condition.



Mutual 2, 63D \$229,900

Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate floors. Large private wrap-around patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright, ready to move in.



Mutual 9, 233H \$189,000

Lovely expanded 1-bedroom with drive-up parking. Living room has an expanded area that may be used for office or den. Kitchen has white cabinets, built-in appliances, and skylight. Bathroom with cut-down shower and skylight. Master bedroom has mirrored closet doors. Laminate flooring, dual pane windows and white blinds throughout.



Mutual 8, 178G \$359,900 Charming fully expanded 2-bedroom, 1-1/2-bath corner unit on a pretty greenbelt. Bay windows throughout. The master bedroom has a walk-in closet. The kitchen has built-in appliances including built-in microwave, extra storage space, skylight and tile floors. Bathroom has vanity, tile floor, and washer-dryer. This unit has central heat and air and is located on a lovely greenbelt. Call us to see.



Mutual 9, 236G \$359,900

Beautifully expanded kitchen features built-in stainless steel appliance and granite counters with tile backsplash. Spacious living room has side expansion. Master bedroom is fully expanded with walkin closet. Remodeled bathroom has new cabinetry with granite counters and double sinks, cut-down shower. Both kitchen and bath have skylights. This lovely home features ceramic tile flooring throughout, double-paned windows and sliding door from living room to private tile patio and leaded glass door. This charming home overlooks beautiful greenbelt. Must see.



Charming expanded 1-BR cottage. Features dou-

ble-pane sliding door to front porch, ceiling fan, parquet entry with leaded glass door. Decorative cabinets/shelves separate kitchen from living room. Kitchen has granite counters, dishwasher, microwave, large openable skylight. Bath has cutdown shower, granite counter, decorator sink and faucet. Bedroom has double-pane sliding doors to porch, mirrored wardrobe plus walk-in closet.



Mutual 2, 26I \$229,000

Charming 2 Bedroom, 1 Bath cottage on greenbelt with great open view and private wrap around pa-



Mutual 1, 42J \$165,900

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 8, 177G \$289,000

Charming expanded corner 2-bedroom 1-bath cottage features spacious corner living room with formal dining room, light and bright kitchen has skylight, white cabinets with newer counter tops, and all white appliances including built-in dishwasher. The master bedroom is expanded with walk-in closet. Bathroom has cut down shower and skylight. Has central heat/air, double paned windows, leaded glass entry door, smooth ceilings throughout, and small front patio.



Mutual 3, 36A \$325,000 Charming expanded 2 Bedroom 1-1/2 bath corner features cozy living room. Side expansion offers additional closet space and may be used as den, dining room, office or living room. Kitchen has builtin appliances including microwave, pantry space, upgraded counters, shelves above sink, ceiling fan and large skylight. Second bedroom has bath.





Mutual 1, 37G \$345,000 Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



Mutual 6, 128G \$380,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet. tio. Kitchen has built-in appliances, white cabinets, skylight and ceiling fan. Bathroom has skylight and cut-down shower. Plantation shutters in living room and master bedroom.



Mutual 2, 7J \$165,000

Charming 1 bedroom 1bath with fully enclosed patio providing 800 sq ft of living space with convenient drive up parking. Leaded glass entry door, dual pane windows, and vertical blinds. Spacious living area, carpet in living area and bedroom, vinyl flooring in kitchen and bathroom. Kitchen with white cabinets, built-in appliances, and skylights in bathroom, kitchen and entry. This unit is light bright and move in condition. Master bathroom has skylight, walk-in shower and washer/dryer. Private front patio has walk-in-storage closet.



Mutual 9, 215L \$359,000

Fully expanded corner, 2-bedroom, 1-1/2-bath. Kitchen has custom wood cabinets, granite counters, built-in microwave, double door refrigerator, wine cooler and skylight. Master bedroom has a walk-in closet and ceiling fan. Second bedroom has half-bath. Bathroom has shower, custom wood cabinets with granite counters, ceiling fan and skylight.

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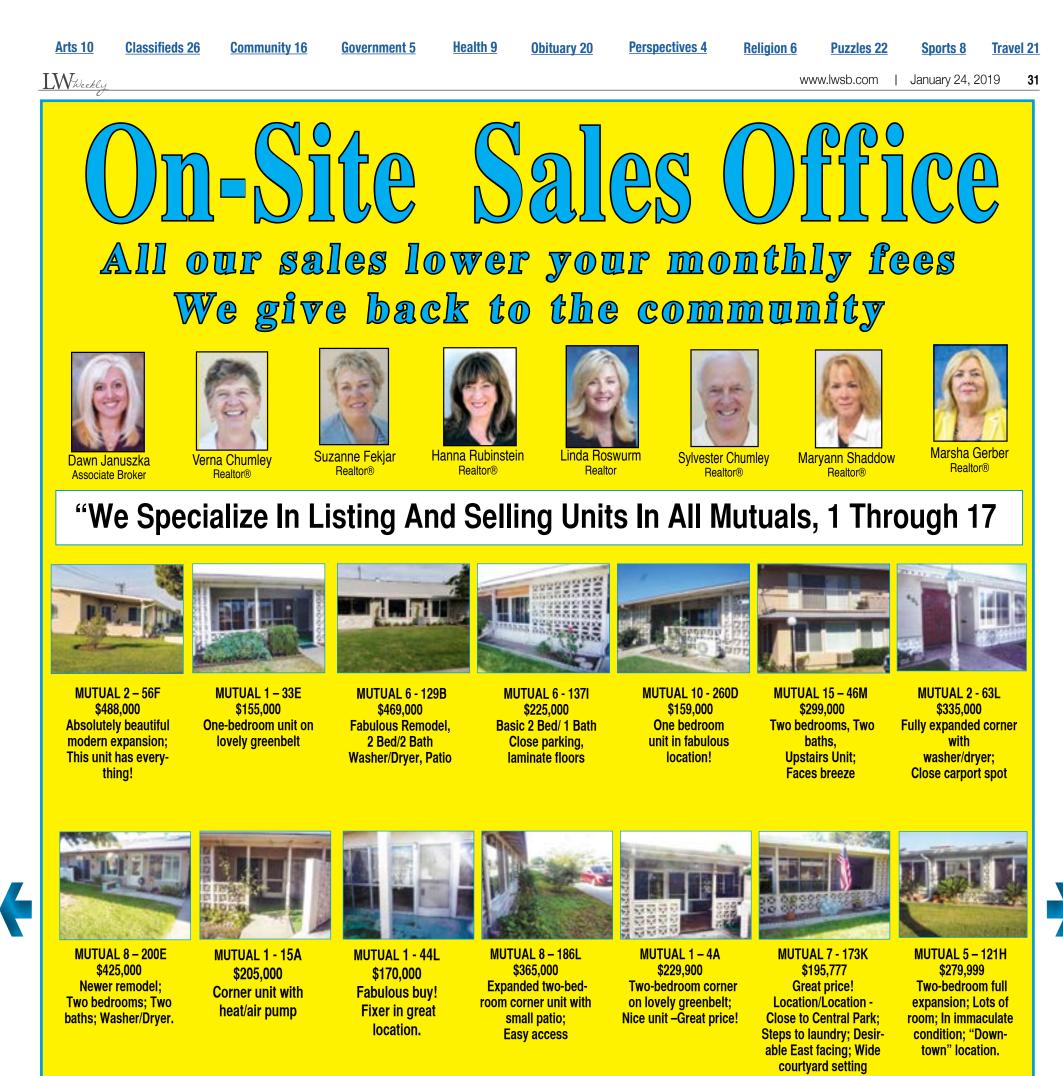


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MUTUAL 2 – 69 \$179,000 **Fully expanded** one-bedroom unit; On large green



MUTUAL 2 – 57C \$172,000 Expd. One-bedroom; Sun-porch room! Light, bright & cheerful; Approximately 800 sq. ft. of living!

MUTUAL 1 – 67L MUTUAL 2 - 27K \$219,000 \$195,000 **Two Bedroom/One** Two-bedroom **Bath; Greenbelt** corner unit on lovely green View, **Freshly Painted**



MUTUAL 14 – 22C \$539,000 Two-bedroom corner unit, MODERN fully expanded with large patio; Steps to the golf course, This unit has everything!

MUTUAL 3 – 16 \$210,000 **Partially expanded** two-bedroom unit

MUTUAL 11 – 274J \$138,000 **One-bedroom unit; Open patio with** garden; Bathtub



MUTUAL 3 - 23G \$509.000 Remodel, Two Bedrooms/Two Baths; Washer/Dryer; Bay Windows, Corner





MUTUAL 1 - 61G \$499,000 Modern 2 Bed/2 Bath Washer/Dryer, Greenbelt; Absolutely lovely fully expanded

unit

MUTUAL 6 - 58B \$217,000 Great location, two bed/1 bath, private entrance

562 598-1388

Charles Briskey Real Estate

room

MUTUAL 8 - 197F \$280,000 Fully Expanded, Two-bedroom corner unit, lots of



MUTUAL 3 – 31J \$195,000 **Two-bedroom unit** with enclosed patio; French doors

Lic. 01237297

MUTUAL 2 – 15F \$560,000 and 65" TV,

Modern Expansion Very high quality, **Built in fireplace Best in LW!**





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Clean 2 bedroom, 1 bath w/ "L" shaped patio. New carpet in bedrooms and laminate flooring in living room and kitchen. Freshly painted throughout. 3 skylights.

1300 Knollwood #41C - M4 - \$172,000



Very clean 1 Bedroom, 1 bath on nice greenbelt location. Close to parking spot and laundry room Dual pane window, ac/heat pump, smoothed ceilings, closet organizers.

13501 El Dorado #199D - M8 - \$191,500



Expanded 2 bedrooms, 1 bath, central A/C, gourmet kitchen, WASHER/DRYER hookups, walk in closet, multiple skylights. Completely remodeled.Great private location.

1462 Golden Rain #49F - M2- \$229,000



2 bedrooms, 1 bath corner unit with large "L" shaped patio. Skylights in the kitchen and bathroom. With new laminate flooring and fresh paint.

13631 Annandale Drive #5K - M1 -\$170,000



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Great 2 bedroom, 1 bath. Drive up expanded corner location. Upgrades include central A/C, smooth ceilings, hardwood floors, granite kitchen counters, skylights, WASHER/DRYER, dual pane windows.

13320 Del Monte #9E - M15 - \$355,000



2 bedrooms, 1 bath. Rarely on the market, corner Atrium unit with large patio and tons of storage and three skylights. Skylight in bathroom.

13681 Saint Andrews Drive #26E- M1 - \$174.000



