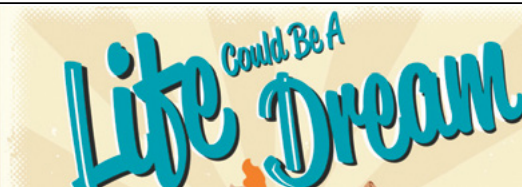





February 7, 2019

LW Weekly


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GRF trip to see “Life Could Be a Dream” is coming up.
Page 18

**ATTENTION PLEASE!**

Clubhouse 1 Lockers
must be emptied by Feb. 14 in preparation of deep cleaning.
See page 26 for more information.

BOLSA CHICA RESERVE


The snowy plover, a small wader, is a threatened species that needs to be monitored.

Training offered for volunteer monitors

The Eyes On Nest Sites (EONS) 2019 program will begin volunteer training to monitor nests and behavior of the endangered California least tern and threatened western snowy plover at the Bolsa Chica Ecological Reserve in Huntington Beach.

Volunteers will learn how to identify local birds and observe their nesting behaviors. Monitors must attend one training sessions to be assigned a weekly two-hour shift for the nesting season, which usually runs from mid-April to about August.

Training sessions will be held from 1-4 p.m. on Thursday, April 4, or from 10 a.m.-1 p.m. on Saturday, April 6, at the the Bolsa Chica Ecological Reserve Interpretive Center, 3842 Warner Ave., Huntington Beach. Parking is available at the center’s north parking lot.

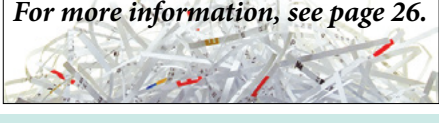
Monitors will also engage the community visiting the reserve and share their sightings.

RSVP for training at bcceons.eventbrite.com.

For more information, contact Jeannette Bush at jeannette@bolsa-chica.org or call (714) 846-1114.

This is a great way to support wild-life while enjoying time by the beach.

GET DOCUMENTS SHREDDED
What: GAF Shredding Service
Where: Clubhouse 2 Parking Lot
When: Today, 10-11:30 a.m.
For more information, see page 26.





Ruth Osborn

Community health students, like these from the California State University, Long Beach, School of Nursing, are part of an innovative program bringing hands-on help to LW residents who need a little extra help.

Spirit of collaboration brings home visit program to LW

by Ruth Osborn
rutho_news@lwsb.com

One of Leisure World’s most valuable assets are the people who live here, about 9,000 like-minded community partners who understand the power of collaborative effort. The neighbor-helping-neighbor mentality is a grassroots reality in Leisure World.

People take care of each other. If they see something, they say something (just attend a GRF meeting of any kind and listen to people’s comments).

If someone’s blinds remain drawn for days, a neighbor will check. If someone is confused, a neighbor will help him sort medicines. If someone is lonely, a neighbor will stop for a chat.

But sometimes, a little extra help is called for.

Enter the School of Nursing program at




This is a great collaboration between LW and a well-respected school of nursing less than a mile from us as the crow flies.

—Maureen Habel, RN, Mutual 3

California State University, Long Beach, one of the top programs in the country. It has developed a voluntary home visit program that brings community health nursing students to Leisure World. Students bring a face-to-face connection and practical health information on all manner of topics.

“This is a great collaboration between LW and a well-respected school of nursing less than a mile from us as the crow flies,” said retired RN Maureen Habel of Mutual 3. “Everyone benefits—shareholders who have voluntary access to a senior nursing student, and students who will gain knowledge of the very population they will be caring for in the future. It’s a big advantage for them,” she continued. “LW shareholders help students learn first-hand about health and aging,” she said.

NURSING, page 15

NAVAL WEAPONS STATION


NWS to take part in Navy security exercise

The Seal Beach Naval Weapons Station is participating in the largest Navy security exercise of the year through Feb. 15.

The exercise, called Citadel Shield-Solid Curtain 2019, started Feb. 4 and will be conducted on naval bases throughout the continental United States. At the naval weapons station in Seal Beach, drills and training will be conducted on a wide range of potential security scenarios.

Measures will be taken to avoid disruptions, but there may be intermittent increased traffic around the weapons station, delays in base access and gate closures.

Area residents may also see increased military and civilian law enforcement activity associated with the exercise, and the station’s “Giant Voice” mass notification loudspeaker system may be used.

Civilian boat traffic through Anaheim Bay may be temporarily restricted.

The event is not in response to any specific threat but is a regularly scheduled exercise, developed to enhance the training and readiness of Navy security personnel. For more information about the exercise, contact the Naval Weapons Station Seal Beach Public Affairs Office at 626-7215.


Live updates will also be posted on the station’s Facebook page (search under “Naval Weapons Station Seal Beach, Detachment Fallbrook, Detachment Norco”).



Valentine’s Dance

Thursday, Feb. 14
Starts at 5 p.m.
Clubhouse 2

Celebrate love with the Elm Street Band, festive beverages



Elm Street Band

The third annual GRF Valentine’s Day Dance will start at 5 p.m. on Feb. 14 in Clubhouse 2 and feature music, dancing and romance. The free not-for-couples-only event is open to all GRF members. Bring beverages and snacks. Koffel’s will provide its famous virgin margaritas and piña colada bar for purchase.

Dance to the music of the Elm Street Band, which was founded at the corner of Elm Street and Anaheim in Long Beach. They rocked a house party that night and the rest is history. Today the Elm Street Band is one of the most well-known bands in the area. It headlines the Long Beach summer concert series along with the Long Beach Municipal Band.

Fans in greater Long Beach refer to Elm Street Band as the “The world’s greatest garage band world.” That garage band

VALENTINE, page 26

AMERICAN LEGION

Sea Cadets will help at pancake breakfast on Feb. 16 in CH 2

The Sea Cadets from the Seal Beach Naval Weapons Station will help at the American Legion Pancake Breakfast on Saturday, Feb. 16, in Clubhouse 2 from 8-10:30 a.m. The food will once again be generously donated by Fantastic Cafe in Westminster. Tickets are \$5 each and may be purchased at the door.

This is a big fund raiser for the Post 327, so be sure to invite family and friends.

All money raised is used to help local veterans.

People will have a choice of pancakes or biscuits and gravy along with sausage, orange juice and coffee.

The United States Naval Sea Cadet Corps teaches youth 14-18 years old about the sea-going military services and teamwork.



The Sea Cadets from the Naval Weapons Station will help.

CHILDREN-A-PRIORITY

Lunch, program is today at noon

The Children-A-Priority club will meet for lunch and a speaker at noon today, Feb. 7, in Clubhouse 4. George Gjersvold, a retired Long Beach firefighter, will share his experiences as an arson investigator, a fire prevention inspector and an urban search specialist. Bring a friend to enjoy this informative event and a catered hot meal. Lunch is \$12 and will be served at noon. The group supports Precious Life Shelter, Casa Youth Shelter, Food Finders, Interval House, Stepping Up, Kiwanis House and Special Olympics, among other charities. For more information and to make reservations, call Maria Swift at 493-1924 or Romy Brannon at (714) 345-5314.

SENIOR PATRIOTS

Derek Marsh, human trafficking expert, to speak at 1 p.m. in CH 3 on Feb. 12

Derek Marsh, assistant director of the Global Center for Women and Justice, will speak on the reality of human trafficking in Orange County at the Senior Patriots for Peace meeting at 1 p.m. on Tuesday, Feb. 12, in Clubhouse 3, Room 2.

In 2004, after 26 years of service with the Westminster Police Department, Derek started the Orange County Human Trafficking Task Force.

In his work with the Global Center for Women and Justice, he is currently researching the various aspects used by the forces throughout the U.S. Among his many other achievements, he has developed and is now teaching courses in human trafficking.

All are invited to attend this free event. Refreshments will be served but people are asked to



Derek Marsh

bring their own mugs for coffee.

For further information, call Dorothy Kemeny at 242-4751. Invited guests are reminded to call Dorothy so their names can be left at the Main Gate for admittance to Leisure World.

—Dorothy Kemeny

Smart Driver Class

The next re-certification session for AARP's Smart Driver Class will be held Feb. 18 in Clubhouse 3, Room 6, from 1-5 p.m. The fee is \$15 for AARP members; \$20, non-members. Only checks can be accepted. People will also need to bring their driver's license.

The two-day certification session will be March 18 and 19 in Clubhouse 3, Room 6, from 1-5 p.m. both days.

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Jeanne Shaffer (l-r), Mary Kelly, Sandy Esslinger, Joan Armstrong planned the annual fashion show over lunch.

AMERICAN LEGION AUXILIARY

Popular fashion show will be March 16

The American Legion Auxiliary planned its annual fashion show luncheon at the home of Chairwoman Joan Armstrong last week. The annual event is scheduled for Saturday, March 16, in Clubhouse 2. The doors will open at 11:30 a.m. This gives everyone time to purchase tickets for the opportunity drawing and bid on the beautiful baskets of goodies. There will be clothes for sale from Carol's on Main Street, and a lasagna luncheon will be served at noon. People who prefer a vegetable lasagna should specify that when buying tickets. Tickets are \$25 and may be reserved by calling Cathy Boufford at 598-9361.

Did You Know?

In the Middle Ages, young men and women drew names to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week. This was the origin of the expression "to wear your heart on your sleeve."

WOMAN'S CLUB
Card party is Feb. 15 in CH 2

The Woman's Club card party and luncheon will be held on Friday, Feb. 15, in Clubhouse 2. Everyone should be seated by 11:45 a.m., and lunch will be served at noon. Luncheon and cards are by reservation only. However, regularly attending card players who are current club members don't need to make reservations. Individual tickets prices have increased to \$12 as of Jan. 1. Tickets for a table of four are now \$48 and are purchased by one person. Opportunity raffle tickets are three for \$1. To cancel, change or make new reservations, call Judy Belladella at 598-1784 no later than 6 p.m., Tuesday, Feb. 12. Reservations not cancelled must be paid for and the member will be billed. Call Joyce Bissell at 596-0148 if a substitute player is needed.

—Nancy Barber

Investment Forum

The Investment Forum will meet at 2 p.m., Tuesday, Feb. 12, at in Clubhouse 3, Room 6. The talk, called "Investing 101" will give a review of basic market and investing fundamentals, including security types, indexes, style boxes, risk and the value of diversification. All are welcome to attend. There will be time for questions. For over 30 years, the Investment Forum, page 5



Joanna Matos of Mutual 2 called Y Service Club volunteer Bill Denton to come and pick up her donations of Christmas items and small tables.

Y SERVICE CLUB

Rummage sale donations welcome

The post-holiday season is a great time to clean out closets and cupboards for donations to the Y Service Club rummage sale on Saturday, March 2, from 8 a.m.-noon in Clubhouse 2. Club members are now gratefully accepting housewares, glassware, decorative items, jewelry, lamps, pictures, small electronics, purses, shoes and small furniture pieces. To arrange for contributions to be picked at a convenient time, call one of the numbers listed each week in the LW Weekly under the heading "Leisure World Helping Leisure World." Proceeds from the rummage sale support the Club's YMCA "Kids-to-Camp" program and projects that benefit the Leisure World community.



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Perspectives

WATCH YOUR STEP

Police Foundation scammer targets Mutual 2 resident

by Jim Breen
jimb_news@lwsb.com

Michael LeClair was recovering at home from eye surgery last week, when his telephone rang. It was a man requesting a donation to “a police foundation or something like that,” said the Mutual 2 resident. “I was a bit groggy.”

The caller asked if the resident would be comfortable making a donation, \$35, \$75 or \$125.

When Michael agreed to send \$35, he was he was transferred to a woman with a few questions to ask. She began with the big one, his credit card number to pay for the donation.

He refused, but asked the woman to mail him some information, and she agreed. So he gave her his address, then she wanted his occupation and employer’s name.

While that’s personal information, releasing it to the wrong person would not cost Michael any problems.

What saved him was his refusal to give her his credit card number.

There actually *is* a Police Foundation, a Washington, D.C.-based organization that is aware of the phishing scam and posted the following warning on its website, www.policefoundation.org

“If you have been contacted via telephone and asked to make donations to the national Police Foundation, it is a scam. When called, note who is calling (name and number), the date and time. Require complete donation information to be sent to you via U.S. Mail before considering any donation.”

The Federal Trade Commission (FTC) maintains an online reporting system for telemarketing and other scams at [//www.ftc.gov/faq/consumer-protection/submit-consumer-complaint-ftc](http://www.ftc.gov/faq/consumer-protection/submit-consumer-complaint-ftc).

Legitimate charities are listed at info.com/charities and give.org.

Have you been the victim of a scam attempt? Send details to Jim Breen at the email address above or call 431-6586, ext. 387, Wednesday- Friday between 8:30 a.m.-4:30 p.m.

Letters to the Editor

Editor:

In response to the many residents who contacted me here are some important telephone numbers to remember:

Elder Abuse, (916) 621-1834 and (800) 722-0932; Health Care Help, (888) 466-2219; Council on Aging, (714) 479-0107; Legal Aid for Seniors, (714) 571-5200 and (800) 834-5001; OC Office on Aging, (800) 510-2020; Veterans Services, (855) 316-1607; information on pending legislation in Sacramento, Les H. Cohen, 477-8132.

*Les H.Cohen, Legislative Advocate Emeritus
Mutual 15*

Editor:

I was saddened by the untimely passing of a good neighbor, James Scott. He was kind and very helpful. Occasionally he gave me a ride to Westminster for a shopping spree. He appreciated reading my stories in the local newspapers.

He was a gentleman of few words.

So long James. I will surely miss your phone calls and help. Now you are safe and happy with our Lord.

*Lisa A. Dickson
Mutual 1*

SECURITY CORNER

Tips offered on vehicle safety in LW

by Victor Rocha
Security Services Director

This week’s focus is on driving safety within the community.

Every comprehensive vehicle driving safety program starts with each individual driver knowing their own capabilities and limits.



Victor Rocha

There are some medications that can impair your driving skills.

Always be alert and follow these safety steps:

- Practice defensive driving in the community. Be aware that other vehicles and pedestrians

Avoid driving at night if you have trouble with your vision.

It’s also important to raise your seat high enough so you have a clear view of the road (sit on a small pillow if necessary).

TIPS, page 7

Credits & Kudos

Credits & Kudos must include the writer’s name and mutual number, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by LW Weekly or the Golden Rain Foundation.

Kathryn Courtney is grateful to Carol Burge, Mutual 6 director, for preventing flooding in her home from a recent rainstorm. “She went beyond the call of duty by grabbing a shovel and pitching right in,” said Ms. Courtney.

VIEWPOINT

Become a sweetheart for a day on Valentine’s Day

By Jim Greer, Mutual 11
Leisure World Interfaith Council



Here it comes. Valentine’s Day.

That annual opportunity to struggle with expressing how you feel about your significant other.

And as it happens nearly every year, most of us will fail miserably. Because nothing says, I love you like last minute flowers, candy and a card from Ralph’s.

As anxious as those of us with a sweetheart may feel, imagine how it must be for singles. According to comedian Jim Gaffigan, “singles on Valentine’s Day are the vegans at the steak house.”

So, to avoid making every single person around you feel as though feasting on kale is a celebration, why not find someone without a sweetheart and be a sweetheart for the day?

No long-term commitment, do something nice for someone else that would otherwise buy “closeout” Valentine’s candy for themselves on Feb.15.

Here are a few ideas. Give someone a big hug. Pay them a compliment, it shows you noticed something in them they may not have. Send a surprise postcard or an old-fashioned handwritten note.

Pick up their newspaper and bring it to them, then sit and talk about the news. Next time you’re at the dollar store, pick up and give them a solar-powered puppy that wags its tail in the sunlight. Ask them to tell you how they feel and listen intently while they vent. End every conversation by telling them you’ll pray for them.

For those of us with sweethearts, the advice is just as valid. On your daily task list, add any one of the previous acts of caring. Not because you expect anything in return, but because they need to know that they have given you so much.

Write little notes of love and appreciation. They needn’t compete with the letters exchanged between Robert Browning and Elizabeth Barrett. All they need to say is that above everything else, they are your daily sunshine.

So, if you need some help in getting a conversation going with your sweetheart or a prospective valentine, mention that St. Valentine of Rome was a temple priest who was executed near Rome by the anti-Christian Emperor Claudius II.

SWEETHEART, page 7



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Serving the Shareholders of



Leisure World Seal Beach

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VOL. 43 NO. 6

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Government

AGENDA
Special Golden Rain Foundation Board Of Directors Meeting
Conference Room B
Tuesday, February 12, 2019 – 10:00 a.m.

1. Call to Order/Pledge of Allegiance
2. Roll Call
3. Announcements
4. Shareholder/Member Comments
Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:
4 minute limit per speaker, when there are no more than 15 speakers
3 minute limit per speaker, 16 - 25 speakers
2 minute limit per speaker, over 26 speakers
5. New Business
a. Employee Health Care Insurance, Annual Renewal
6. Board Member Comments
7. Adjournment

GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. Due to repairs to the elevator in the Administration Building, meetings will be held in Conference Room B, located downstairs in Building 5. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Friday, Feb. 8	Executive Committee Conference Room B 1 p.m.
Monday, Feb. 11	Mutual Administration Committee Conference Room B 1 p.m.
Tuesday, Feb. 12	GRF Board of Directors (special) Conference Room B 10 a.m.
Wednesday, Feb. 13	Security, Bus & Traffic Committee Conference Room B 1 p.m.
Thursday, Feb. 14	Communications Committee Conference Room B 1 p.m.
Friday, Feb. 15	Finance Committee Conference Room B 9 a.m.
Friday, Feb. 15	Roundtable with Mutuals/GRF Conference Room B 1 p.m.
Tuesday, Feb. 19	Strategic Planning Ad Hoc Committee Conference Room B 10 a.m.
Thursday, Feb. 21	Information Technology Committee Conference Room B 1 p.m.
Friday, Feb. 22	Facilities and Amenities Review Ad Hoc Conference Room B 1 p.m.
Monday, Feb. 25	Management Services Review Ad Hoc Conference Room B 1 p.m.
Tuesday, Feb. 26	GRF Board of Directors Clubhouse 4 10 a.m.
Wednesday, Feb. 27	Architectural Design Review Committee Conference Room B 1 p.m.
Thursday, Feb. 28	Service Maintenance Committee Conference Room B 1 p.m.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Feb. 7	Presidents’ Council Clubhouse 4 9 a.m.
Friday, Feb. 8	Mutual 3 Conference Room B 9 a.m.
Monday, Feb. 11	Mutual 9 Conference Room B 9:30 a.m.
Tuesday, Feb. 12	Mutual 15 Conference Room B 1 p.m.
Wednesday, Feb. 13	Mutual 4 Conference Room B 9:15 a.m.
Thursday, Feb. 14	Mutual 12 Conference Room B 9 a.m.
Friday, Feb. 15	Roundtable with Mutuals/GRF Conference Room B 1 p.m.
Tuesday, Feb. 19	Mutual 14 Conference Room B 1 p.m.
Wednesday Feb. 20	Mutual 5 Conference Room B 9 a.m.
Wednesday, Feb. 20	Mutual 7 Conference Room B 1 p.m.
Thursday, Feb. 21	Mutual 2 Conference Room B 9 a.m.
Thursday, Feb. 21	Mutual 11 Clubhouse 3, Room 9 1:30 p.m.
Friday, Feb. 22	Mutual 6 Conference Room B 9:30 a.m.
Monday, Feb. 25	Mutual 8 Conference Room B 9 a.m.
Wednesday, Feb. 27	Mutual 10 Conference Room B 9 a.m.
Thursday, Feb. 28	Mutual 1 Conference Room B 9 a.m.

DEMOCRATIC CLUB

Members held election for 72nd Assembly District

LW Democratic Club members joined over 350 Democrats from throughout the 72nd Assembly District Jan. 27 in electing seven women and seven men to the 2019-2020 Democratic State Party Central Committee. SB Leisure World President Mary Tromp was one of the candidates.

The “caucus” style election took place in Huntington Beach at the Machinist Lodge 725, located on Bola Avenue. Any Democrat residing in the 72nd could cast votes between 10:45 a.m.-12:45 p.m.

All of the 72nd Assembly District Democrats who won a seat on the state committee were candidates running on what they called either a “Progressive Blue” or “True Blue” slate. President Tromp received the second highest number of votes among those candidates running an independent campaign.

The 77 votes for Tromp were not enough for her to be elected during the caucus. Last week, however, Josh Lowenthal, the 72nd District 2018 Democratic candidate for election to the California State Assembly, appointed her as one of his two representatives on the Central Committee.

During 2019, Tromp will meet with other members of the State Central Committee at two State Conventions, in San Francisco and somewhere in Southern California. She will help to elect the officers of the California Democratic Party, voting to decide which candidates the Party endorses for all partisan political offices in California. She will also vote on statewide resolutions and the official California Democratic Party Platform.

Leisure World club members are delighted at this well-deserved recognition being given to their president.

The next membership meeting will be at noon on Wednesday, Feb. 20, in Clubhouse 4. For information about this and other club-sponsored events, email lwsbdemocraticclub@gmail.com.
—Mary Larson

FORUM from page 3

ment Forum has been committed to informing and educating Leisure World residents by presenting monthly discussions on timely and important financial topics and current economic trends.

The Forum is committed to providing residents the information, knowledge and confidence, essential to making more informed and effective financial decisions. Presentations are sponsored by Stratos Wealth Management Group, an independent RIA (Registered Investment Advisor) of LPL Financial. Presentations are hosted by Larry Pino, CTFA, Partner and Private Wealth Advisor.

—Larry T. Pino

Proposed GRF Policy Revision

Per the action of the GRF Board on December 18, 2018, in accordance with Civil Code §4360, **Notice of Tentative Approval of Amendment of Policy 1201-33, Photo ID Cards**, the Board hereby provides general notice to all Shareholders/Members of proposed amendment.

Policy 1201-33, Photo Identification Cards:

GRF identification cards will be issued by the Stock Transfer Office with authorization from the Stock Transfer Manager and/or the Executive Director. GRF identification cards are for the use of residents only. Use by anyone other than the members, co-occupants, renter/tenants to whom the identification card is issued is strictly prohibited. The ID card will be renewed every five (5) years, upon the surrender of the old ID card. GRF identification cards will be issued to the following persons:

- 1.1 All members of the Golden Rain Foundation as shown in the stock records of the Stock Transfer Office.
- 1.2 Qualified Permanent Residents, as shown in the records of the Stock Transfer Office.
- 1.3 Co-Occupants who reside with resident stockholders as shown in the records of the Stock Transfer Office. When the status of a Co-Occupant ceases, the GRF identification card must be surrendered to the Stock Transfer Office.
- 1.4 All approved lessees of Mutual No. Seventeen.

Upon the sale of the unit or the demise of a member, co-occupant, or renter/tenant, the GRF identification card shall be surrendered to the Stock Transfer Office. If the ID card is not surrendered, a fee of \$500 will be assessed against the unit. In the case of a deceased member, the fee may be waived. When the Security Department retrieves a GRF identification card, for whatever reason, it shall be surrendered to the Stock Transfer Office immediately.

For lost or stolen GRF identification cards, members, co-occupants, or renter/tenants may obtain a replacement card by:

- 3.1 Personally completing a “Certificate of Lost ID” form in the Stock Transfer Office.
- 3.2 Paying a \$20 fee for the first ~~loss~~ replacement;
 - 3.2.1. Subsequent ~~losses~~ replacements will be a \$50 fee each. The Mutual Board of Directors will be notified when a card is lost a third or subsequent time within 24 months of the first ~~loss~~ replacement;
 - 3.2.2 The fee ~~will~~ may be waived if member, co-occupant, renter/tenant produces a Police Report that can be verified by the Stock Transfer Office.

Waiving of fee or fees is at the sole discretion of the Finance Committee.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

Emailing comments to the attention of the GRF Board at dean-nab@lwsb.com; please include in the subject line “Policy 1201-33”, or

Mailing comments to:

Golden Rain Foundation

P. O. Box 2069

Seal Beach, CA 90740

Attn: Proposed Policy Revisions, or

Dropping off written comments to the receptionist located on the second floor of the Administration Building.

Please reference **Policy 1201-33, Photo Identification Cards** on any correspondence you submit.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to **Policy 1201-33, Photo Identification Cards** at its March 26, 2019 meeting.

CARPORT CLEANING 2019

President’s Day - Monday, Feb. 18

Mutual 6, Carports 72-73, 81-82 and Mutual 7, Carports, 83-84, 86-89 will be cleaned on the holiday, Monday, Feb. 18.

Memorial Day - Monday, May 27

Mutual 10, Carports 117-121, 123-124 will be cleaned on Friday, May 31.

Independence Day - Thursday, July 4

Mutual 2, Carports 25-26, 30-35 will be cleaned on the holiday, Thursday, July 4.

Labor Day - Monday, Sept. 2

Mutual 1, Carports 1-6, 9-10 and Mutual 17, Building 3, will be cleaned on Friday, Aug. 30.

Veteran’s Day - Friday, Nov. 11

Mutual 5, Carports 60-63, 68-71 will be cleaned on Wednesday, Oct. 30.

Thanksgiving Day - Thursday, Nov. 28

Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13, and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29.

Christmas Day - Wednesday, Dec. 25

Mutual 11, Carports 132-133, Mutual 12, Carports 141-146 and Mutual 15, Carports 4-5 will be cleaned on Monday, Dec. 30.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

CONGREGATION SHOLOM

Rabbi Isenberg to lead Friday service in CH3

Services at Congregation Sholom, led by Rabbi Karen Isenberg, will be held at 7 p.m. tomorrow, Friday, in Clubhouse 3, Room 9. An Oneg shabbat will follow.

Kelly Frankiewicz from the Interfaith Council will be guest speaker.

She holds a Master of Divinity degree from Fuller Theological Seminary and is a national evacuation supervisor and spiritual care provider for the Red Cross.

On Saturday, Feb. 9, a bagel breakfast is planned at 9 a.m. in Clubhouse 3, Room 9, followed by services led Rabbi Rachel Axelrad.

A potuck dairy lunch will be served at noon. During lunch, the Rabbi will discuss this week's Torah portion.

...

The walking group leaves Clubhouse 3 (in front of the lobby) at 6:30 p.m., Mondays and Wednesdays.

...

To provide a ride to services, or to get one, call Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

— Scott Simensky

SWEETHEART

From page 4

And if they want to know why you can explain that he selflessly helped Roman soldiers marry when it was forbidden to by the Christian faith at the time.

It's a heck of an ice breaker. And who knows, it could open the new door to a beautiful friendship. Or, maybe a new sweetheart to share Valentine's Day with next year.

TIPS

From page 4

may not always observe traffic rules or signals.

- Ensure your windshield wipers are in good condition.
- Allow for proper stopping distances, especially in rain or during hours of darkness.
- Use the seat belt.

If you have any questions or concerns regarding driving safety, contact me at 431-6586, ext. 371, or by e-mail at victorr@lwsb.com.

Calling Golf Course?
Dial Direct, 598-1831



Joan Shramek

LW Baptist fills Sundays with worship, music

Members of the Leisure World Baptist Church will fill Clubhouse 4 with the sounds of praise Sunday, Feb. 10.

Activities begin with Sunday School from 8:40-9:10 a.m.

Fellowship and coffee with friends at the round table is planned until 9:45, when the service begins.

The call to worship hymn will be "Glorify Thy Name."

Soloist Joan Shramek will sing "How Great Thou Art."

Under the direction of Darlene Harris, the choir will present "What Wonderful Love is This."

Congregational hymns are "Tell Me the Old Story," that great hymn of promise, "Rock of Ages" and "Hiding in Thee."

The Offertory piano election will be by Yvonne Leon.

Pastor Rolland Coburn continues in Romans, Chapter 1:16-17, with "Not Ashamed of the Gospel."

"Go Ye into All the World" will be the closing hymn.

The prayer room, attended by members, will be open after the service.

...

The Energizers will meet at 3 p.m. on Wednesday, Feb. 13, in Clubhouse 4, Room A.

For more information, call 230-2920.

Aglow International

Aglow International will hold a luncheon at 11:30 a.m., Thursday, Feb. 14, at Mimi's Cafe, 6670 E. Pacific Coast Highway, Long Beach.

Men and women are welcome. Reservations should be made by Feb. 11 by calling 631-7291.

First Christian's service Saturday begins at 5:15

First Christian Church's Saturday service begins at 5:15 p.m. The Hospitality Room opens at 4:30 p.m.

Sunday begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Exodus.

At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with co-hosts Carol Speake and Sue Kaminski.

Pastor Bruce Humes begins the service at 10:15 a.m. with praise, prayer and Scripture.

Margaret Humes will lead the hymns: "As the Deer Panteth," "I Love You Lord," "Glorify Thy Name" and "Great Is Thy Faithfulness."

The communion hymn will be "The Old Rugged Cross."

The choir, under the direction of Anita Ragole, will sing "Thou Art Worthy."

Pastor Phil O'Malley will present the Communion meditation and service. For the offertory, Pastor Bruce and Margaret Humes will sing, "Oh How He Loves You and Me."

Pastor Gene Cherryholmes will sing, "The Old Rugged Cross Made The Difference."

Jeanette Reker will read Scripture from the Gospel of Luke followed by Pastor Gene's message, "A Loving Father" based on Luke 15:21-24.



Jeanette Reker

The hospitality room opens 45 minutes before each service for fellowship and light refreshments.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both at 9:30 a.m.

The Calvary Chapel Bible study group meets in the chapel on Thursdays at 6 p.m. with Pastor Phil O'Malley.

Hearing enhancements are available at all church functions. Call the church office at 431-8810 for more information.

Leave a recorded message and the call will be returned as soon as possible.

The News can be read on the Internet at www.lwsb.com

ASSEMBLY OF GOD

Pastor Pawlak to give special talk on Sunday

"Eight Foot and Bullet Proof" is the message Pastor Sam Pawlak will bring to those gathered for worship at Assembly of God Church at 10:30 a.m. Sunday in Clubhouse 3, Room 2.

He will continue with the series, "God's Wardrobe for the New Year," concentrating on the Shield of Faith.

Led by Denise Smith, the message is delivered in three parts with worship songs interspersed.

Associate Pastor Dan Ballinger will lead the hymn sing at 6 p.m. in the Clubhouse 3 Lobby.

People attend from LW and outside congregations.

Musicians Marge McDonald, Dean Brown and Norma Ballinger will assist with the singing.

Special music will be brought by the mother-daughter team of Carol Darnell and Valerie Buterbaugh. Lyrics written by Carol are set to popular tunes.

Midge Dunagan leads the fellowship team in providing a time of fellowship after the hymn sing.

Prayers meetings are held at 10 a.m. and 5:15 p.m. Sundays.

Continuing in the book of Hebrews, Bible study will be held at 10 a.m. on Wednesday, Feb. 13, in Clubhouse 3, Room 7.

That will be followed by a Romeo and Juliet lunch at 11:30 a.m. at Denny's Restaurant.

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Sports & Games

Cards and Games Scoreboard

Fun Time Pinochle Club winners Feb. 4: Margaret Smith, 12,940; Nancy Wheeler, 12,460; Bert Sellers, 11,510; Maureen Habel, 11,370. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

...

Monday Bridge Club winners Feb. 4: Carl Kulzer, Dale Quinn, Tom Gates. Games begin at noon in Clubhouse 1. For more information, call Mary Nell Clark, 296-8570.

...

Burning Tree Duplicate Bridge Club championship winners Feb. 2: N/S: Mark Singer-Russ Gray; Al Appel-Ellen Kice; Linda Nye-Joan Tschirki. E/W: Gary Paugh-Marilyn McClintock; Larry Slutsky-Fred Reker; Mike Nielsen-Sue Boswell; Carolyn Burns-Sylvia Kaprelyan. Winners Jan. 31: N/S: Larry Topper-April Berg; Betty Jackson-Gary Paugh; Joan Tschirki-Fred Reker; Mark Singer-Judy Carter-Johnson; Jean Kato-Barbara Harris; Joan Berg-Harriet Weiss. E/W: Sue Fardette-Marilyn McClintock; Eileen Kotecki-Jeanette Estill; Mike Nielsen-Sue Boswell; Howard Smith-Dorothy Favre; Ellen Kice-Russ Gray. The club meets at 12:15 p.m. on Fridays and Saturdays in Clubhouse 1. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The club championship is on Friday, Feb. 23.

...

Jolly Time Pinochle Club winners: Feb. 2: Nancy Wheeler, 11,740; Gayle Colden, 11,420; Joan Taylor, 10,620; Jim Kaspar, 9,570. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

...

Y-Yahtzee Rollers Club winners Feb. 1: Most Yahtzees: Doris Dack, 6. Most points: Peg Szumita, 1,600. Door prize winner: Norah Williams. The next next games will be played on Feb. 15. The Rollers meet from 12:30-4 p.m. on the first and third Fridays of the month in Clubhouse 3, Room 6. To learn Yahtzee or play a refresher game, call Kathy Rose at 596-7237 to set up a lesson.

...

Leisure World Duplicate Bridge Club overall winners in a 16-table game Jan. 31: N/S: First in Strat A: Bill Linskey-Gary Paugh; second in Strat A and first in Strat B: Winnie Warga-John Hagman; tied for third place in Strat A: Karen and Dave Johnston and Betty Jackson-Dorothy Favre; fifth in Strat A, second in Strat B, first in Strat C: Sue Sudershan-Claudette Barrack; sixth in Strat A, third in Strat B: Sibyl Smith-Jeanette Estill; fourth in Strat B: second in Strat C: Cookie Pham-Elaine Dovgard. E/W: Tied for first place in Strat A and B between Fred Reker-Russ Gray and Chie Wickham-Lynn Danielson (first in Strat C); third in Strat A: Fern Dunbar-LaVonne McQuilkin; fourth in Strat A, third in Strat B, second in Strat C: Barbara Wallace-Janice Fischer; fifth in Strat A, fourth in Strat B: Peggi Spring-Monica Gettis; sixth in Strat A, fifth in Strat B: Bobbi Vann-Paul Chen; third in Strat C: Monica and Paul Honey. Winners in a 16-table game Jan. 28: First in Strat A: Bill Linskey-Gary Paugh; second in Strat A: Judy Jones-Al Appel; third in Strat A: Judy Carter-Johnson-Rob Preece; fourth in Strat A, first in Strat B: Marty Lipman-George Alemshah; fifth in Strat A, second in Strat B: Larry Topper-Frances Gross; sixth in Strat A: Sue Fardette-Norma Krueger; third in Strat B, first in Strat C: Louise Seifert-Stan Johnson; fourth in Strat B, second in Strat C: Jeanette Estill-Ann Croul; fifth in Strat B: Arne Lier-Hanefi Erten; sixth in Strat B: Howard Smith-Sue Boswell; third in Strat C: Ron and Gene Yaffee; fourth in Strat C: Lynn Danielson-Chie Wickham.

SCOREBOARD, page 9



Nancy Jordan

TOURNAMENT POKER

Nancy Jordan is TPC player of the year

Nancy Jordan has earned the title of Tournament Poker Club (TPC) player of the year for 2018.

Following the annual potluck meal, 18 players, all of whom won at least one final table the previous year, vied for the honor.

Nancy finished first, followed by Joyce Smith, Jon Jones, Susan Rose, Linda Stone, Bobbi Johanson, Hank Lincourt, Bill Clawson, Barry Brideau, Lucy Starkey, Santos Hernandez, Roy Mittelsteadt, Susan Dodson, Wendy Wu, Bette Sargent and Rick Riley.

Nancy, a Mutual 12 resident for almost seven years and club member for six, was employed in the medical field for many years.

She currently works for GRF Security and enjoys poker and photography.

The club holds tournaments on the first, second and third Saturdays of the month.

For more information, call Wendy Wu at (714) 366-0940.

- Susan Dodson

MEN'S FRIDAY GOLF

Small field of players test weather-battered Riverview

by Dave LaCascia

LW contributor

On a cool, overcast morning Jan. 25, nine members of the Men's Friday Golf League competed over 18 holes in two flights at the Riverview course in Santa Ana.

Due to the recent rain, scores were mostly over par. The Santa Ana River was wider, fairways were narrower and covered in dried mud, and the greens were hard.

Only Merle McGee had a birdie. Sam Choi was closest to the pin on the ninth hole and John Mayer, on hole 2.

All scores are net, actual score minus handicap.

Flight winners:

1. Fujio Norihiro, 72; Sam Choi, 75; tie between Merle McGee and John Mayer, 77; Dave LaCascia, 81.

2. Lowell Goltra, 68; Marv Ballard, 76; Dennis Kotecki, 80; Bob Munn, 89.

...

The previous week, Fujio Norihiro won the first flight with a sparkling nine-under-par under

55 and two birds. Carding single birds were Gary Stivers, John Mayer, and Merle McGee.

Norihiro was closest to the pin on the third hole and Merle McGee on No. 12.

Flight winners:

1. Fujio Norihiro, 55; Sam Choi, 60; tie between Gary Stivers and Dave LaCascia, 61; John Mayer, 67; Merle McGee, 68.

2. Liz Meripol, 57; Bob Munn, 60; tie for third place between Lowell Goltra and Dennis Koteck, 65; Marv Ballard, 69.

...

To join the Leisure World Men's Friday Golf group or Men's Golf League see Dave LaCascia or Merle McGee at the starter shop.

Newcomers must join the Men's Golf League and play three rounds with the men's group to get a handicap.

Rounds are played at the Baker course, Meadowlark in Huntington Beach, plus Riverview and Willowick in Santa Ana.

...

The group's next game is tomorrow at the Baker course.

MONDAY GOLF

Cose and Goltra win their flights

Paul Cose won the first flight with a score of 70 in Monday Golf group play on Jan. 28 at the Meadowlark course.

Tied for second place were Merle McGee and Fujio Norihiro with 76s. Merle had the fewest putts for the round.

Lowell Goltra won the second flight with a sparkling 66 and fewest putts.

Second was John Meyer with

a 72, sinking two birdie putts and claiming both closest to the pin awards.

Marv Ballard completed the scoring in third place with 79.

For information on membership or playschedule, call Call Bill McKusky at 277-2164.

Players of all skill levels are invited to join the camaraderie and joy of golf on the long courses.

- Bill McKusky

BOWLING CLUB

Very Striking wins, widens lead

First-place Very Striking extended its lead to seven games over Spares Are Good by sweeping We Can Do It in Bowling Club League play on Jan. 29 at Westminster Lanes.

Ron Marcus had a 624 series for the winners, while teammates Dave Silva rolled a 200 and Connie Terry added a 181.

Spares Are Good won three games from Just Lucky, as Danny Bigelow bowling a 618 series.

Spares Are Good lost the last game by only two pins as Frank Snee of Just Lucky bowled a 181.

Tom Kaczmarek notched a 226 second game as Maybe Next Tuesday won three games from OSIMA.

Nameless swept the Pinbusters as Helen Sponsler and Patty McCoullough bowled 170 games.

High game of the day belonged to Renato Villanueva, who had a 241 for D Hustlers despite losing three games to Strikes Are Better.

Very Striking and Spares Are Good, the top two teams the standings, meet next week.

- Dave Silva

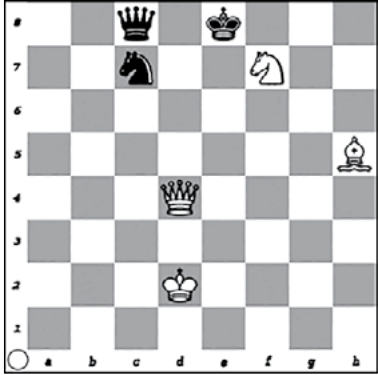
Chess Club Puzzle


This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

...

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3,

CHESS, page 9





Kick up your heels on Saturday nights!

Golden Rain Foundation

presents

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IN CLUBHOUSE ONE

7:00 - 9:30 p.m.

EVERY SATURDAY

JIM GILMAN BAND - 40's and 50's Ballroom and swing
ONE FOR THE ROAD - Rock and Roll
LINDA HERMAN - Mixed pop and ballroom
THE TRIO - 40's and 50's Ballroom and swing
AMERICAN GOLD BAND - Rock and Roll
STARDUST TRIO - 20's through 40's Ballroom

CHECK LW WEEKLY FOR THE SCHEDULE

All welcome, but guests must be accompanied by the GRF Member who invites them.



CRIBBAGE CLUB

Bill Barnes has a perfect game

Bill Barnes had a perfect score of 847 by winning 7 games of 121 in Cribbage Club play on Jan. 29 at Clubhouse 1. He collected his 19th star in the process.

Patti Smith and Ron Jackson tied for second place with an 842, followed by Bea Lissow, 832 and Alice Buckle, 831.

Kent Davidson celebrated a birthday by treating other members to ice cream and an assortment of cookies.

Margaret Smith and Kent Davidson served. Thanks to Norm Martin, who brought coffee for the club.

Members meet at noon on Tuesdays in Clubhouse 1.

Play usually ends by 3:30. Residents are invited to join the club, there's always room for more.

Partners are not required.

POOL LEAGUE

Patriots split with Chalk and Awe

In the second week of the Leisure World Pool League, the Patriots maintained a three-game lead in the standings by splitting a match with Chalk and Awe, 6-6. Sal LaScala won five of his six matches including his singles 8-and-9 ball games.

Gary Monahan of Chalk and Awe won the doubles 9-ball match with one shot, making the 3-and-6 balls simultaneously.

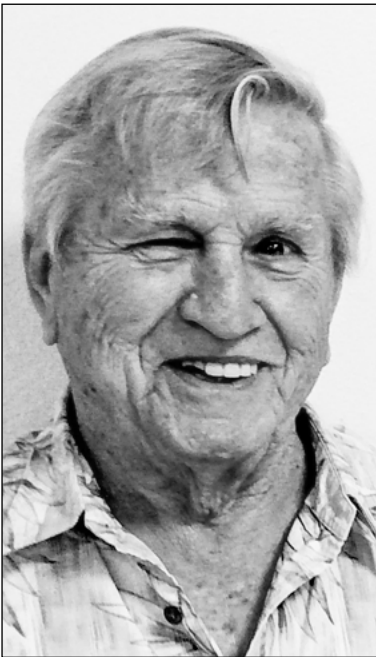
The winner in 9-ball is the team that makes two of the three balls numbered 3, 6 and 9.

In the other match Breaker! Breaker! edged The Three Amigos, 7-5. Russell Black and Zelma Berkenkamp won four games for B!B!

In the next games, the Patriots play CPR and Chalk and Awe faces Breaker! Breaker! The Three Amigos draw the scheduled bye.

For more information, call Dave Silva at 209-3183.

- Dave Silva



Bill Barnes

Players are requested to arrive by noon to be assured of a table.

To learn to play cribbage, call Patti Smith at 242-4674 and she will arrange for lessons for one hour before the games begin.

- Bobbie Straley

SHUFFLEBOARD CLUB

The Classics, Puckmasters notch wins

The Classics defeated Girl Power, 11-7, on Feb. 1 in the 14th week of play in the Leisure World Shuffleboard League. The Classics' all-game winners were Lee Broadbent and Gary Krank.

In the other match, the Puckmasters slipped by the Sliders, 10-8. The Puckmasters' all-game winners were Sal La Scala, Bob Peterson and Maureen Habel.

The next game will be tomorrow at the Clubhouse 1 courts.

The Classics are in first place with 9-1/2 points, followed by the Puckmasters, nine points, Girl Power, five points and Sliders, 4-1/2.

The last Friday luncheon will be held on Feb. 22, following the games.

The club's next social event is the Valentines party at 6 p.m. on Feb. 9, a potluck dinner in Clubhouse 3, Room 2. Sign up sheets will be at the courts.

The Left-Center-Right game will be played after the meal. Bring 12 quarters and three \$1 bills for the competition.

To join the club or try out the game, practices during league play are held at 10 a.m. Mondays and Wednesdays at the shuffleboard courts behind Clubhouse 1.

For more information, call Carrie Kistner, at (949) 300-0285.

- Carrie Kistner

WOMEN'S GOLF CLUB

Ladies play for low gross and net

The Leisure World Women's Golf Club played a special fifth Tuesday tournament on Jan. 29 at the local course. Members played from the blue (men's) tees.

A field of 49 members played for low gross and low net.

Flight winners:

A: Low gross: Janice Turner, 27. Low net: Marilyn Hewitt, 25.

B: Low gross: Tie between Judy Kim and Melinda Lee, 33. Low net: Tie between Sue Yokomi and Keiko Sekino, 26.

C: Low gross: Yvonne Yim, 33. Low net: Monica Kim, 23.

D: Low gross: Tie between Sue Elliott and Cecilia Han, 38. Low net: Dorothy Favre, 27.

SCOREBOARD

From page 8

Games are played Mondays and Thursdays beginning at 12:30 p.m. in the Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservations. To make or cancel a reservation for Mondays, call Midge Dunagan at 594-9698; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at hbsharonb@gmail.com. With a maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will be accommodated on a first-come-first served basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon-1 p.m. Note: Advanced reservations are required for the game on Monday, Feb. 18, for the annual pie and ice cream social. Sign-up sheets are available at Monday and Thursday games through Feb. 14. Midge Dunagan will not take reservations for that day. For more information, call Ted Wieber at 596-8661.

...

Friendly Pinochle Club winners Jan. 31: Antonia Zupancich, 12,411; Marilyn Allred, 12,320; Julia Troise, 11,350; Jim Kaspar, 11,280. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

CHESS

From page 8

Room 7. Beginners are welcome. Beginners are welcome for free lessons.

Solution to this week's puzzle Qd4. The white queen moves from d4 to f6. Any answer by black, the white's next move is check mate.



We Have Moved Less Than 1/2 Mile Away
We are now Closed on Sunday

LW
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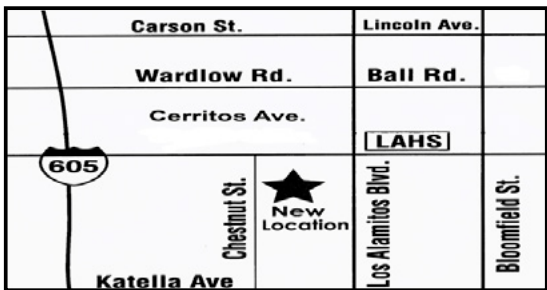
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GOODYEAR

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Health & Fitness

Weekly health, exercise classes

Ageless Grace

The eight-week chair-based exercise program, which addresses 21 specific aging factors, has resumed weekly classes at 4:30 p.m. on Mondays, upstairs in Clubhouse 6. The exercises are practiced in a chair. To participate, drop in anytime for \$5 per session or pay \$30 for all eight sessions.

For more information, call Carol Costello at 596-3927.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions classes are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. The session is led by Dave Heilig, QiGong practitioner.

For more information, call Catherine Milliot at 760-4545.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are offered from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor. Attendance both days is not necessary.

The fee is \$4 a class when paying by the month, or \$5 for those who do not attend on a regular basis.

For more information, call Marion Higgins at 296-8328.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m. Mondays in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards. The fee is \$3 a class. People of all fitness levels are welcome. For more information, call Cathleen Walters at 598-9149.

Beginning Yoga

Classes are offered from 10:30-11:30 a.m. on ednesdays in Clubhouse 3, Room 6, and at the same time on Fridays in Clubhouse 3, Room 7. Bring mats. The fee is \$5 a class.

For more information, call Patti Endly at 430-7291.

Yoga

Classes are offered Tuesdays at 10 a.m. in the Clubhouse 4 Lobby, Thursdays at 10 a.m. in Clubhouse 3, Room 1; and Saturdays, 10 a.m. in Clubhouse 3, Room 2. The fee is \$5 per session.

For more information, call Connie Adkins at 506-5063.

Yoga, Meditation, Tai Chi

Classes are offered from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda teaches students to free the mind and spirit using laughter and slow and steady flow of tai chi movements.

For more information, call 430-7143.

Monday Intermediate Yoga

Classes are offered each week from 5:30-6:30 p.m. in Clubhouse 4, Section C; fee: \$5 per session.

For more information, call Pat Castaneda at 225-0273.

Chair Exercise

Classes are offered from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. Classes are for men and women at all fitness levels.

For more information, call 493-7063.

Stick, Qigong, Tai Chi Club

Stick exercises, qigong and tai chi chih classes are held from 9:15-11 a.m. on Tuesdays in Clubhouse 3, Room 1.

For more information, call Joann Mullens at 596-3936.

Pilates

Chair classes meet from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6. The cost is \$5 a class. Instruction includes seated and standing exercises. Mat classes meet Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Those who attend should bring a mat. All other equipment will be provided.

For additional information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Leisure Leggers

The Leisure Leggers, the walking and running club, meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-to-60-minute walk and to train for local races.

For more information, call Tom Pontac, president, at 304-0880.



Tanya Moffat (l), Annette Canale

WA-RITE CLUB

Club members lost 45 pounds during January

Members of the Wa-Rite Club lost a combined total of 45 pounds in January.

Queen of the month was Tanya Moffat, who dropped 6-1/2 pounds.

Annette Canale was the top loser of the week after shedding 4-1/2 pounds.

They both stayed focused, exercised, ate more veggies, kept a journal and followed the need to keep moving.

Thought for the week at the weekly meeting on Feb. 1 was to follow the “Five S’s of Mindful Eating:

- Sit down
- Smell your food
- Savor it
- Slowly chew
- Smile.

There was no program scheduled.

A nominating committee was formed for the upcoming elections.

The club welcomes visitors and perspective members, who will need to bring their Leisure World ID card to join.

Wa-Rite is a support group of women needing to lose 10 pounds or more.

Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m.

Weighing begins at 7:45-8:45. Annual dues are \$10.

To join or visit a meeting call Diana Goins at 760-1293.

—Margaret Humes

Call 24-Hour Nurse, 795-6216

OPTUMCARE

The correct use of medications vital in maintaining good health

Maybe you only take medication if you are feeling ill. Or you may be taking several different medications a day. Either way, understanding what you are taking, and why, is important for your health.

“It can be a lot to manage, and each new medication makes it more challenging,” said Kaylyn Pham, clinical pharmacist with Monarch HealthCare.

She leads monthly classes at the Health Care Center and provides one-on-one medication appointments with patients.

She will preside over a class on understanding medications from 10-11 a.m. on Tuesday, Feb. 12, at the HCC Conference Room 1.

All residents are welcome to attend.

One problem she sees often is when patients do not take their medication, or taking it the wrong way.

“Your medication is supposed to help you stay healthy,” she said, “and if you take it correctly it should work. But sometimes we don’t. That can lead to problems.”

Some people don’t like the way a medication makes them feel.

“If you take something and it make you feel strange, you should talk to your doctor or pharmacist,” said Kaylyn.

“Bring a list of all your medications and supplements to appointments. If possible, bring a picture of the supplement facts of each supplement. It could be that some medicines don’t work well together. Your doctor or pharmacist can help you find something better.”

Not understanding how to take a medication is another common issue. “Your doctor might give you a new medicine and not clearly explain how to take it,” Kaylyn said. “If you are at your appointment and don’t understand, ask. Get the directions in writing. If you’re still not sure, go to the pharmacist. Don’t risk taking a medication without knowing how it works.”

Other people don’t like to take medication. They prefer alternative methods. “There are a lot of things you can do instead of taking a medication,” Kaylyn said. “For example, if you have some pain, you could try stretching exercises or heating pads.”

But, she added, sometimes an alternative method won’t be as effective or safe. “Always talk to your doctor. Be open if you have concerns or you want to avoid medications. Your doctor can help you find other options.”

If you do hear about an alternative you want to try, ask first.

“I get a lot of questions about alternative medications,” Kaylyn said. “When I know a person’s health needs, I can help them make the right decision about how to care for their conditions.”

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Arrive by 11 a.m. to check in at the front desk. Reservations not needed. Sugar-free desserts offered on request, including water packed fruit to accommodate diabetics. One percent milk served daily. Suggested donation, \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

Monday, Feb. 11: Beef bolognese pasta with Parmesan cheese, 50/50 salad with vinaigrette, orange juice, breadstick, diet fruit crisp.

Tuesday, Feb. 12: Fish tacos with shredded red and white cabbage, two soft corn tortillas with cilantro, lime, rice pudding.

Wednesday, Feb. 13: Chicken enchilada casserole, Spanish rice, zucchini, corn and tomato salad, melon.

Thursday, Feb. 14: Stuffed cabbage, mashed potatoes, chef blend vegetables, wheat roll, red velvet cake, fresh fruit.

Friday, Feb. 15: Homemade vegetable soup, grilled chicken with lemongrass sauce, steamed rice, Oriental vegetable blend, fruit cup.



담임 목사 전인철

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Leisure World Korean Church Invites Residents of Leisure World to join us for Service and Fellowship held in the Sanctuary of the Leisure World Korean Church. CH-3, Rm.#7. All are welcome.

Sunday Service and Fellowship

Worship at 10:30 a.m. (전인철 목사 인도)

Fellowship at 11:30 a.m. Lunch will be served

During Fellowship Hours, (점심 및 친교)

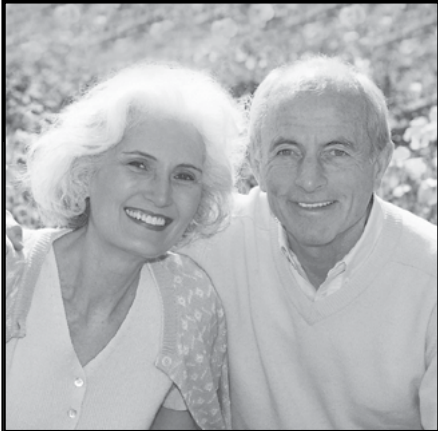
Midweek Bible Study and Fellowship

Wednesday at 5:30 p.m. (수요 성경공부)

Fellowship at 6:30 p.m. (친교)

Contact: (714) 767-1806 담임목사 전화

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Arts & Leisure



Rosemary Wu of Mutual 2 and Donna Gambol of Mutual 1 have volunteered as ushers at the Carpenter Center for the past three years. The Carpenter Center for the Performing Arts is located on the campus of California State University, Long Beach. The venue offers a range of entertainment from musical theater to lectures. It is the home of the Bob Cole Orchestra, Musical Theatre West and Arts for Life. To learn more about volunteering, call Jackie Hahn at 985-4274.

LW FOOD SERVICE

Finbars brings Italian to LW Feb. 18

Naples Rib Company and Finbars Italian Kitchen will bring dinner service to Leisure World alternating on the first and third Mondays in Clubhouse 1. Finbars will be serving on Feb. 18.

Naples requires reservations, which can be made by calling 439-7427 or on its website at www.ribcompany.com/leisure-world-menu.asp. Reservations must be received before noon on the Mondays that they serve here. Those who book through the website will receive a special treat.

Finbars does not require reservations. Diners are free to come anytime between 4:30-6 p.m. and the dining room is open until 7 p.m.

The Recreation Department is working on introducing new restaurants to fill out the rest of the Monday night slots. Joining the line-up soon will be Hometown Buffet, which is already an approved caterer in Leisure World for club and private functions. Watch for announcements in LW Weekly and LW Live when it is ready to launch.

Finbars Italian Kitchen Menu—Feb. 18

Dinners include the appetizer of the day, a green salad with a choice of dressings and three entrée options, ranging from \$13-\$15 (tax included). Dessert and soft drinks are available for an additional charge. People can eat at Clubhouse 1 or take food home. To make reservations, call 431-6586, ext. 326, or email orders@lwsb.com by Friday at 2 p.m. No one will be served without reservations.

Appetizer

Caprese

Fior Di Latte fresh mozzarella, sliced Roma tomatoes, basil

Entrees

Lasagna, \$13

Meatballs, sausage, pepperoni, herbs, Romano, ricotta, mozzarella, Bolognese, marinara, Sunday gravy.

Chicken Piccata, \$14

Fresh chicken breast cutlets sauteed in a lemon, butter, garlic, caper, and white wine sauce. Served with pasta or rice and vegetables.

Teriyaki Salmon, \$15

Served with pasta and vegetables or rice.

Lapidary Evening Hours

The Lapidary and Jewelry Club will have open evening hours on a trial basis to accommodate LW residents who cannot come during the day. The Lapidary Room in Clubhouse 4 will be open on Thursdays from 5-7 p.m. starting today, Feb. 7.

On every third Thursday evening, the club will have a potluck dinner. All are welcome to check out the facility.

GRF MOVIE

‘Black Panther’ will be shown on Feb. 10 at 2

“Black Panther,” rated PG-13, will be shown Sunday, Feb. 10, at 2 p.m. in Clubhouse 4.

After the death of his father, T’Challa returns home to the African nation of Wakanda to take his rightful place as king. When a powerful enemy suddenly reappears, T’Challa’s mettle as king—and as Black Panther—gets tested when he’s drawn into a conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people.

“Black Panther” is the world’s ninth-highest-grossing film of all time.

The film won a Screen Actors Guild Award for Outstanding Performance by a Cast in a Motion Picture.

Can’t make the movie?

Borrow it from the LW Library for free any time after this week’s showing.

Some scenes and language may offend some viewers.

COMMUNITY SING

Leila Claudio to lead sing-along

by Ethel Carter

LW contributor



Leila Claudio

Residents of Leisure World are invited to the Community Sing at 6:30 p.m. on Monday, Feb. 11, in the lobby of Clubhouse 3.

People who want to participate in the first half-hour of Opening Acts should arrive at 6 to sign in with leader, Leila Claudio.

Bring music for the pianist.

After Opening Acts, Leila will lead group singing until 7:15, when she will announce her half-time guest, singer/comedienne Pat Kogok.

On Jan. 28, Betty Ballen was the emcee.

Opening Acts began with Vito Villamor singing “Mexicali Rose.” He was followed by Ethel Carter who sang, “Marshmallow World”; Chuck Zeman, “Unforgettable”; Byong Choi, “Molly Darling”; Clarence Hoffman, “Red River Valley” (accompanied on piano by Betty Ballen); and Carmen Edwards, “Eidelweiss.”

Pianist Pat Kogok accompanied four of the performers.

After Opening Acts, Betty led group singing until 7:15 when she introduced her half-time guest, Sam Calderone.

Sam sang and accompanied himself on a ukulele, which

he said he has had since he was 11 years old.

His songs included “Put Your Hand in the Hand of the Man From Galilea,” “I Only Have Eyes for You,” “Amore,” “There Must Be a Way,” “Every Day of My Life” and “You’re the Reason I’m Living.”

The audience showed their appreciation of Sam’s skills and contagious enthusiasm with loud applause, cheers, and requests for more.

Many thanks to pianist Pat Kogok and book transporters, Byong Choi and Vito Villamor.

The Community Sing will be dark on Monday, Feb. 18, in observance of President’s Day.

Everyone is welcome to join the group and have fun singing



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Vice President Tony Laspada shared his collection of postcards at the Jan. 2 meeting.

STAMP & COLLECTORS

Members share their treasures once a month

The Stamp & Collectors Club started 2019 with a large variety of treasures to share. Vice President Tony Laspada displayed a small portion of his post card collection and first day covers. These included large books with collections of Elvis, Western movie stars, ships, trains and more. President Edward Hickman shared his interesting, and sometimes rare, rock collection from his travels all over the world. It is truly an inexpensive souvenir. Other members shared vintage teacups and saucers, a 100-year-old book for learning French, a book with a Readers Digest first day stamp covers collection, a 1917 Princess Mary gift box, Christmas decorations, vintage post cards, a vintage fishing reel, a deck of Arrco playing cards and miniature stamps. The club meets the first Wednesday of every month in Clubhouse 3, Room 9, at 1:30 p.m. All Leisure World members are invited to share their treasures. Club dues are \$5 per year.

—Barbara Houck

LWSB BOOK CLUB

Danielle Steele books to be discussed

The Leisure World Book Club meets at 1 p.m. on the third Thursday of the month in Clubhouse 3, Room 7. On Feb. 21, people will discuss a Danielle Steel book they have read, looking for commonalities and themes that highlight the work of this successful author. She has some 800 million books in print. On Jan. 17, members discussed “David and Goliath,” by Malcolm Gladwell, beginning with Chapter 1. The book covers the biblical story of how a shepherd boy overcame an overwhelming threat to his life and the lives of his fellow townspeople by killing the warrior Goliath. The ensuing eight chapters depict other historical situations where a perceived threat/problem is conquered by the human will and ingenuity of a seemingly less qualified challenger. Club members expressed admiration for the author’s keen sense of witness and sub-mitted examples of similar successes in their own lives. Future book selections include: March 21: “The Girl with Seven Names” by Hyonseo Lee, non-fiction; April 18: “The Storied Life of A. J. Fikry” by Gabrielle Zevin, fiction; and May 16: “Lest Innocent Blood Be Shed” by Phillip B. Hallie, non-fiction. The club has no dues or fees. Books may often be borrowed from the local library or ordered online from *Abebooks.com* for around \$3.46 with free shipping. “The Girl with Seven Names” is not available at *Abebooks*, but can be found at *Amazon.com*.

—Gail Morrison

LW LIBRARY

Friends Bookstore has bargains

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore next to the Leisure World Library. People are welcome to browse for bargains in books, including children’s books, cards, puzzles and more. A boutique sells gently used collectibles and gift items. People are asked to bring their own shopping bags when they visit. The Bookstore welcomes donations, and volunteers will pick up larger donations if needed. The Bookstore is open from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

LAPIDARY CLUB

Meeting is Feb. 13 at 10 a.m. in CH 4

Dean Jacobus, president of the Lapidary and Jewelry Club, invites members to attend a general meeting on Wednesday, Feb. 13, at 10 a.m. in the Lapidary Room to the rear of Clubhouse 4. Members will discuss the future of the club. All input is welcome.

—Thomas Gann

CLUB REUNION

LW Sunday Night Ballroom dancers to reunite Feb. 23

All past members of the Sunday Night Ballroom and friends are cordially invited to a reunion dinner dance that will be held on Saturday, Feb. 23, in Clubhouse 4. Doors will open at 4 p.m. The theme will be Mardi Gras, and all guests are invited to wear festive attire. A Mardi Gras parade will be part of the evening. The cost is \$15 and will include a complete dinner and dancing to the big band sound of the Velvetones; BYOB. Tickets will not be sold at the door and can be purchased today, Feb. 7, and tomorrow, Feb. 8, and Monday, Tuesday and Wednesday of next week from 10:30-11:30 a.m. in the Theater Club Loft, which is located at the top of the Amphitheater.

For more information, call Melinda Nicolet at 308-7259 or 598-4056.

DANCING FEET

Come learn line dances to perform

The Dancing Feet Stars, a group of line dancers, recently showcased a couple of line dances “Zorba the Greek” and “Bossanova,” some of the new line dances they have learned. Dancers then showcase what they have learned at the Dancing Feet Club’s event on the fourth Sunday of the month. Performing a dance before an audience is motivating and goes beyond the repetition of merely dancing the same dance. It makes learning new dances exciting and meaningful because they have something to look forward to at every event. Dancing Feet Club hosts ballroom and line dancing every fourth Sunday of the month in Leisure World Clubhouse 2 from 6-9:30 p.m. Line dance class and practice are held in Clubhouse 6 every Thursday from 7-9 p.m. and on Sundays (except the second and fourth Sundays) from 4:30-6 p.m. Admissions to all events and classes are free. Everyone who has a passion for dancing is welcome to join the fun. For more information, call Ed Bolos at (551) 998-4223.

LAPIDARY & JEWELRY

Fusion glass class is Feb. 21

The Lapidary and Jewery Club is offering an introduction to glass fusion class from 9:30 a.m.-noon on Thursday, Feb. 21, in the Lapidary Room in Clubhouse 4. The class will cover the basics of glass fusion. Experienced students can expand their skills in glass cutting and shaping to create more intricate designs. Materials provided include the glass to make two three- or four-inch squares and decorative glass pieces for designs. A materials fee of \$10 is payable at the class. Fused pieces may be picked up the following day. People should sign up in the Lapidary Room; class size is limited to six students.

Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

- A Time to Dance Club by Joseph:** Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Fox trot is taught from 6:30-7:30 p.m.; tango, 7:30-8:30 p.m.; \$5 per session. Singles and couple are welcome. For information, call (559) 403-8974.
- Ballet:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor. No experience is necessary. Men and women, including beginners, are welcome. Classes, \$3, are taught by Mel Lockett. For more information, call Lynn R. Heath, 296-5588.
- Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. In March, beginning waltz will be taught from 7:15-8:15 p.m. and intermediate cha cha will be taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269, who has 20-plus years of professional dance experience.
- Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.
- Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays and the third Tuesday of the month in Clubhouse 2. Young-Ah Ko is the instructor. For more information, call (310) 658-0379 or 296-8068.
- Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.
- Grapevine Line Dance:** Free line dance classes for all levels on Thursdays from 3-5 p.m., Clubhouse 6, Room C; more advanced dancers attend the Friday class (taught at a faster pace) from 1-3 p.m. in the lobby of Clubhouse 3. Newcomers need general knowledge of line dance and basic dance steps. For more information, inquire in classes.
- Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.
- Joyful Line Dance Club:** Get exercise and learn line dances from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. Beginners dance from 3-3:30 p.m.; intermediates, 3:30-4:30 p.m. Members dance to popular favorites at the beginning and learn newer dances in the last hour. Takako Mitchell is the instructor. For more information, call Anna Derby, 301-5339.
- Leisure Time Dancers:** The fox trot and salsa will be taught on Mondays at 2 and 3 p.m. in Clubhouse 6. Mitch Tannen is teaching while instructor Richard Sharrard is away. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.
- Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.
- Leisure Whirlers Square and Round Dance Club:** The club hosts themed dances with a potluck on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.
- Saturday Morning Dance Club:** Fox trot is taught from 9-10 a.m.; rumba, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.
- Suede Sole Dancers:** The group meets at 6 p.m. on Sundays for a class upstairs in Clubhouse 6. Pat Erickson is the instructor.
- Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.
- Zumba Club:** Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

GENEALOGY CLUB

Themed workshops are held Thursdays

The Genealogy Club will offer Thursday Theme Workshops from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10. There is no charge for these workshops, and everyone is welcome. Workshop topics are:

- Feb. 7: Ancestry.com
- Feb. 14: Marriage Records
- Feb. 21: Fold 3 (Military Records)
- Feb. 28: Newspapers.com
- March 7: DAR (Daughters of the American Revolution)





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Dr. Phyllis Cooper of the CSULB School of Nursing (center) flanked by Y Service Club Vice President Gene Vesely and President Margaret Humes.

NURSING
from page 15

That's a fact. Tom Nelson, 92, of Mutual 12 is a big booster of the program, which he and his partner Lillian Linker, a retired nurse, have used for several years.

"The first thing I tell students is I want them to learn something, and one of the biggest things to learn about old people is the importance of touch—a hand shake, a pat on the back, a touch on the shoulder," said Nelson, who has lived in LW for 38 years. "It helps old people to see someone is thinking about them personally."

"The program has been a life saver for us," he continued. "There's a new group every semester, and there hasn't been one student who wasn't just a lovely person. They help with everything, doctor's appointments, medications, making our shower safer, just everything."

Student nurses are assigned in pairs to visit specific residents. They have a veritable treasure trove of resources to offer. They can create medical profiles, talk about specific health issues and make referrals in the areas of fall prevention, fire safety, emergency preparedness, in-home care providers, public health services, transportation, insurance, social services and recreational activities.

To try out the program, residents can call Dr. Phyllis G. Cooper, RN, PHN, CNS, 985-5745, or email her at volhomevisitprogram@gmail.com and leave a message. She supervises the nursing program and was instrumental in bringing nursing students to LW.

In a related collaboration, the CSULB nursing program has partnered with Meals on Wheels of Long Beach and Pathways, which has a friendly visitor program, to bring a Care Navigation service to LW. Along with a reasonably priced, nutritious meal, residents will receive visits from a care team to make sure meal service is going well and to discuss whatever needs they might have and how to meet them.

Programs like this can keep residents healthy, well-nourished and living well. For more information on the Care Navigation Program, call 439-5000 or visit www.mowlb.org.

And the grassroots trend is growing: Leisure World's Y Service Club is working out partnership details with the CSULB School of Nursing to serve more residents. The Y Service Club's mission is to assist shareholders with non-professional household tasks they can no longer safely do independently.

Right now residents can call a number listed in the LW Weekly's classified advertising section to schedule help. But once the partnership is cemented, student visitors will be able to refer residents who need help to the Y Service Club and club members could promote the CSULB program to those who might benefit.

In all cases, it's a win-win for Leisure World—budding professionals glean first-hand experience as they blossom into the nurses of tomorrow, while LWers connect with resources they need to help them stay strong.

Los Al Library Book Sale

The rescheduled Friends of the Los Alamitos/Rossmoor Library book sale will held on Thursday, Feb. 14, and Saturday, Feb. 16, from 9 a.m.-4 p.m. Last month's sale was cancelled due to rain. The front patio is filled with nonfiction books, and the community room will be filled with paperbacks. The bookstore is now selling record albums.

This sale will feature a large collection of children's paperbacks, picture books, readers and educational/teacher workbooks.

The library is located at 12700 Montecito Road in Seal Beach. For more information, call 430-1048.

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Welcome to LW Hospitality Center in Clubhouse 6 for "A Cup of Aloha" on Monday morning, Feb. 11, starting at 11. Professional Hawaiian musicians Auntie Geri (center with ukulele) and Auntie Carole of the Mehana Band, along with Carrie Kumabe, Fortunato Revilla (last row 4th from r), Jim Coots and the Hui O Hula dancers invite all to enjoy Hawaiian entertainment. A special award-winning hula will be performed by LWER Celeste Lowe. Many thanks to Carl Kennedy and his hospitality crew for opening up the room for the entertainment. Everything is free; all are welcome. Coffee and treats will be served from 9-11 a.m. Entertainment starts at 11 a.m. and will continue until around 1 p.m. For more information, call event coordinator Kaye Huff, 431-2242.

DANCE
from page 14

Their musical talents are a culmination of years of touring, song writing and performing on stages of all sizes, at venues of all types and for audiences of all ages. Performing regularly at tourist locations throughout Los Angeles and Orange counties, One For The Road features the music that takes you back to your best memories. Dance one more time to that hit song and, when

the music stops, ask them to play you "one for the road."

Residents should park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

Attendees must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the fol-

lowing day

- No announcements are permitted from the stage, except by the bands

- Clubhouse lighting and audio visual equipment can only be adjusted by the custodian according to the instructions they have been given

- Residents and guests should sign in so GRF can assess the popularity of bands.

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Community

SUNSHINE CLUB

Battalion brings authentic Civil War music to LW

Sunshine Club will present The Band of the California Battalion in concert at 7 p.m. on Wednesday, Feb. 20, in Clubhouse 2. Doors open at 6 p.m., and admission is free.

The Band of the California Battalion is an authentic recreation of a Union Civil War Brass Band. It is a 14-piece Civil War Brass Band with authentic period instruments, music, chairs and uniforms.

Members will play the “stirring martial music and poignant popular airs for your musical delectation.”

Dr. Gary Thomas Scott, retired dean of the School of Creative Arts and Applied Sciences at Long Beach City College, conducts



Civil War period instruments will be played for concert.

the band and provides a colorful performance.

The band has the appearance of a group that has been in the field for some time. In time of war, flashy parade garb often gave way to standard infantry and cavalry uniforms. Due to casualties, replacements had to be gathered from other branches of the service. The bands kept the army together so top priority was given to keeping the musical ensembles intact.

Dr. Scott is the founder and musical director of the band, which is celebrating its 27th year as an ensemble. It has traveled all over the country providing concerts and living history per-

formances including the National Civil War Brass Band Festival, the Grammy Museum, the Smithsonian in Washington, D.C.; the National Civil War Museum in Harrisburg, Pennsylvania; Antietam, Harper’s Ferry and two performances on the Battlefield at Gettysburg. In June of 2015 the Band performed as guests of the National Park Service at Fort Sumter in Charleston, South Carolina.

Concert-goers will receive a free bag of popcorn from 6-6:45 p.m.

For more information, call Anna Derby at 301-5339 or visit the band’s website at www.civil-warband.us.



GRF OLYMPICS

Tournaments being planned to win medals

Leisure World clubs are organizing tournaments that will be held in March and April for the first Leisure World Olympic games.

Several sports clubs have shown an interest in participating in the games, including bocce, pickle ball, billiards, table tennis, golf, shuffleboard and poker.

Individuals who want to participate in events and athletic **OLYMPICS, page 19**

GRF

Learn Minibus ins-outs today

The Golden Rain Transportation Department will conduct informational meetings on using the Minibus service from 10-11:30 a.m. and 6-7 p.m. today, Feb. 7, in Clubhouse 3, Room 3.

The sessions are for shareholders who want to learn about Minibus system routes and timetables. Information on the Golden Rain Access Bus service, the GRF Trader Joe’s/Denny’s and Old Town/99 Cents Only Store shuttles and updated information on the Rossmore shopping areas will be provided.

“Learn the Route,” a special

ride-along session, immediately follows the 10 a.m. meeting. Shareholders are invited to ride a Minibus to become better acquainted with the various routes. Information on short-cuts, transfers between routes and how to navigate the time tables will be presented from a “seat-on-the-bus” perspective.

This month the transportation staff will preview the “D” route. The ride-along is limited to the first 17 participants and takes one hour.

Bus service orientations are held on the first Thursday of every month. For more information, call Fleet Manager Grant Winford at 431-6586, ext. 372.



Join LWers at the Ducks hockey game on March 20 and watch the game unfold from this view.

GRF TRIP

Catch the bus to see Ducks at Honda Center on March 20

The Anaheim Ducks will take on the Winnipeg Jets on Wednesday, March 20, with a puck drop time of 7 p.m. This night is also an Anaheim Ducks and Honda Center promotional giveaway. Everyone in attendance will receive a Ryan Getzlaf NHL Draft Bobblehead presented by San Manuel Casino.

Owned by the city of Anaheim, Honda Center officially opened as Anaheim Arena on June 19, 1993, with a sold-out Barry Manilow concert. In October of that same year, the venue was renamed Arrowhead Pond and hosted the first Mighty Ducks of Anaheim game. The year 2005 began a new era as Henry and Susan Samuelli took ownership of both the team and the venue management company, Anaheim Arena Management, LLC. In 2006, the official name of the arena changed to Honda Center, along with the team to Anaheim Ducks.

Debuting in fall 2015 was a brand-new scoreboard measuring 27 feet tall and 47 feet 10 inches wide. The six-millimeter diode equipped hardware features 1248 x 2208 lines of resolution, the clearest and highest definition picture available in any North American venue.

Tickets are on sale at the Recreation Office in Building 5 for \$80, including transportation and fees. Make reservations by emailing events@lwsb.com, in person, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member. Accessible seating is available for this event, if requested at the time of purchase.

News copy deadline is 4 p.m.,
Thursday, one week prior
to the desired publication date.

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Marianne Dell, co-founder of the Shamrock Rescue Foundation, with her dog Bumble, was the guest speaker last month.

PAWS, CLAWS & BEAKS

Emergency pet procedures will be discussed at meeting on Feb. 13

The Paws, Claws & Beaks Club will meet at 3 p.m. on Wednesday, Feb. 13, in Clubhouse 3, Room 3.

All LW pet owners are welcome to join the group in a discussion about procedures to use for emergency pet rescues.

Marianne Dell, co-founder of the Shamrock Rescue Foundation, was the guest speaker last month. She provided helpful information on various things to do (and how to do them) in case of an earthquake or other disasters.

She was with one of the animal rescue groups that responded after Hurricane Katrina struck the Gulf Coast.

Water and snacks will be served.

—Jackie Hildebrant

SUNSHINE CLUB

Seal Beach assistant manager is guest tomorrow

Patrick Gallegos, assistant manager of City of Seal Beach will be the speaker at the Sunshine Club tomorrow, Friday, Feb. 8.

Gallegos will provide information on:

- Senior transportation
- Pier improvement project
- Measure BB
- Strategic plan
- Technology
- Coyotes

Gallegos was hired as the administrative manager for the City of Seal Beach in 2012. Two years later, he was promoted to the position of assistant city manager. In this role, he oversees a variety of divisions including human resources and information technology.

Gallegos also acts as the city’s public information officer, risk

manager and labor negotiator. Additionally, he is the project manager for the city’s waste hauler franchise, assists in the management of the pier improvement project and construction of a new municipal swimming pool, and recently moderated the City’s Strategic Planning Workshop.

In addition to his work as a public servant, Gallegos worked in the private sector for Nike and ASICS and was also a union organizer in the five boroughs of New York City for the AFL-CIO. It included a memorable campaign organizing workers in the World Trade Center in 2001.

Gallegos has a master’s of public administration from California State University, Long Beach.

The club appreciates shareholders bringing their own coffee



Patrick Gallegos mugs to participate in the “Save The Earth” program.

Shareholders should arrive early to guarantee good seats.

The Sunshine Club is designed to help people get along in the community, for neighbors to have better communication and to get the best out of living in Leisure World.

Classes are held from 10 a.m.-noon on Fridays, in Clubhouse 3, Room 2 (except the first Friday in Room 9). All shareholders are welcome to attend; membership is not required.

Refreshments are served. For more information, call Anna Derby, 301-5339.

YIDDISH CLUB

Liptzin is topic at tonight’s meeting

The Yiddish Club of Leisure World will meet at 7, tonight, Feb. 7, in Clubhouse 3, Room 2, The topic will be the life and creation of the well-known American Jewish writer and poet Sam Liptzin.

After new words and proverbs in Yiddish are introduced. President Yakob Basner will share stories, poems and aphorisms by Liptzin.

Refreshments will be served after the program.

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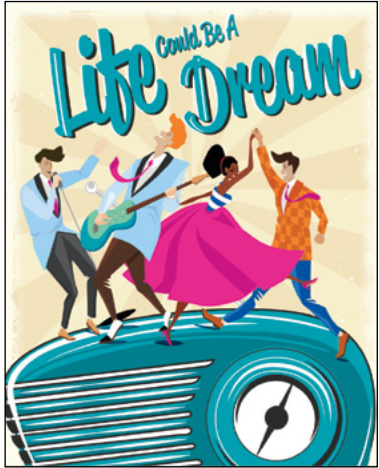
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songs as “Why Do Fools Fall in Love?,” “Runaround Sue,” “Tears on my Pillow,” “Unchained Melody,” “Earth Angel” and, of course, the title song, “Life Could Be A Dream” is a musical trip down memory lane that will leave audiences laughing, singing, and cheering.

Tickets are \$70, which includes bus transportation and driver gratuity. For more information contact the Recreation Office at 431-6586, ext. 326, or email events@lwsb.com. Tickets must be purchased in person at Building 5 and all forms of payment are accepted. Guests are welcome if accompanied by a GRF member.

Joshua 1:7-9

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Learn to navigate Facebook

The Friendship Club offers computer classes taught by Jeff Sacks, Maxine Smith, and Miryam Fernandez.

- **Monday, Feb. 11, Clubhouse 3, Room 4**
11 a.m. - Computers (any kind) for Beginners (Sacks)
11:30 a.m. - Questions and Answers discussion (Sacks)
Noon - Facebook for Beginners (Fernandez)

- **Monday, Feb. 18, Clubhouse 6, Room B**
11 a.m. - Android (Google) Smartphone Beginner (Sacks)
11:30 a.m. - Questions and Answers discussion (Sacks)
Noon - To Be Announced (Fernandez)

- **Monday, Feb. 11, Clubhouse 3, Room 4**

11 a.m. - To be announced

Noon - To be announced

- **Thursday, Feb. 28, Clubhouse 3, Room 7**

1-2:30 p.m.- Android (Google) phone and Tablet (Sacks)

2:30-4 p.m. - Let's Talk eBay (Smith)

Classes are free, but donations to pay for a wireless hotspot and printing materials are welcome.

For eBay information, contact Maxine Smith maxla@aol.com; for Facebook information contact Miryam Fernandez, 884-7460; for computer information, contact Jeff Sacks (714) 642-0122.

To suggest questions for Q & A, or to join the email list, email to jfsacks@gmail.com.

Purim celebrations will take place at Schmooze Club meeting Feb. 12

It's Adar 1 on the Jewish calendar, and that means a Purim celebration with masks, entertainment and treats at the Schmooze Club on Tuesday, Feb. 12, in Clubhouse 3, Room 9. Festivities begin at 10 a.m. with refreshments and "schmoozing (socializing), followed at 10:30 by "Purim Merry Making."

A variety of talented members will perform, and there will be a

cameo performance by the one and only "George Burns." There is no cost to attend; donations are gratefully accepted.

Masks, funny hats and costumes are encouraged. The club looks forward to sharing laughs, surprises and friendship with everyone who wants to come. Call Darlene Rose at 347-8088 with names for Main Gate Entry.

GAF

Register for Ralph's Rewards by phone

Registration for the Ralph's Reward Program can be done over the phone again. Shareholders are encouraged to participate in the Ralph's Reward program at no cost to help benefit the Golden Age Foundation.

The Golden Age Foundation (GAF) is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach community a better and happier place in which to live.

Ralph's donates a percentage

of its sales to local charities just for people doing their regular shopping. To receive funds, people must register for a charity of choice, the Golden Age Foundation, with the Ralph's Reward program. People can register online at www.ralphs.com anytime or by calling (800) 443-4438 or (800) 660-9003, Monday-Friday, between 8 a.m.-5 p.m.

The GAF has volunteers to help people sign up for the program in the Clubhouse 6 Hospitality Room every Tuesday 9-11 a.m.

Another way to donate funds to GAF without any cost to the donors is by enrolling in *Smile*. *Amazon.com* and indicate the Golden Age Foundation, Seal Beach, as the charity of choice. Every time the registered person

RALPH'S, page 20

OLYMPICS

From page 16

skills, such as swimming, freestyle, backstroke, breaststroke and relay teams, that are not organized by clubs are also invited to take part in the LW Olympics.

There is still time for other clubs to join in the competition by emailing the club name, activity, contact name and contact phone number to events@lwsb. Some additional suggestions for tournaments are bridge, Mexican Train dominoes, cribbage, Yahtzee, bowling and basketball free throws and other games played in LW.

Shareholders can participate in various games by contacting the clubs to find out when the club's Olympic tournaments begin. Those where there are no clubs for the desired event should contact the GRF Recreation Department by email at events@lwsb. All competitors must be members of the GRF.

The top three participants in various tournaments will be awarded medals at a ceremony that will be held in May.

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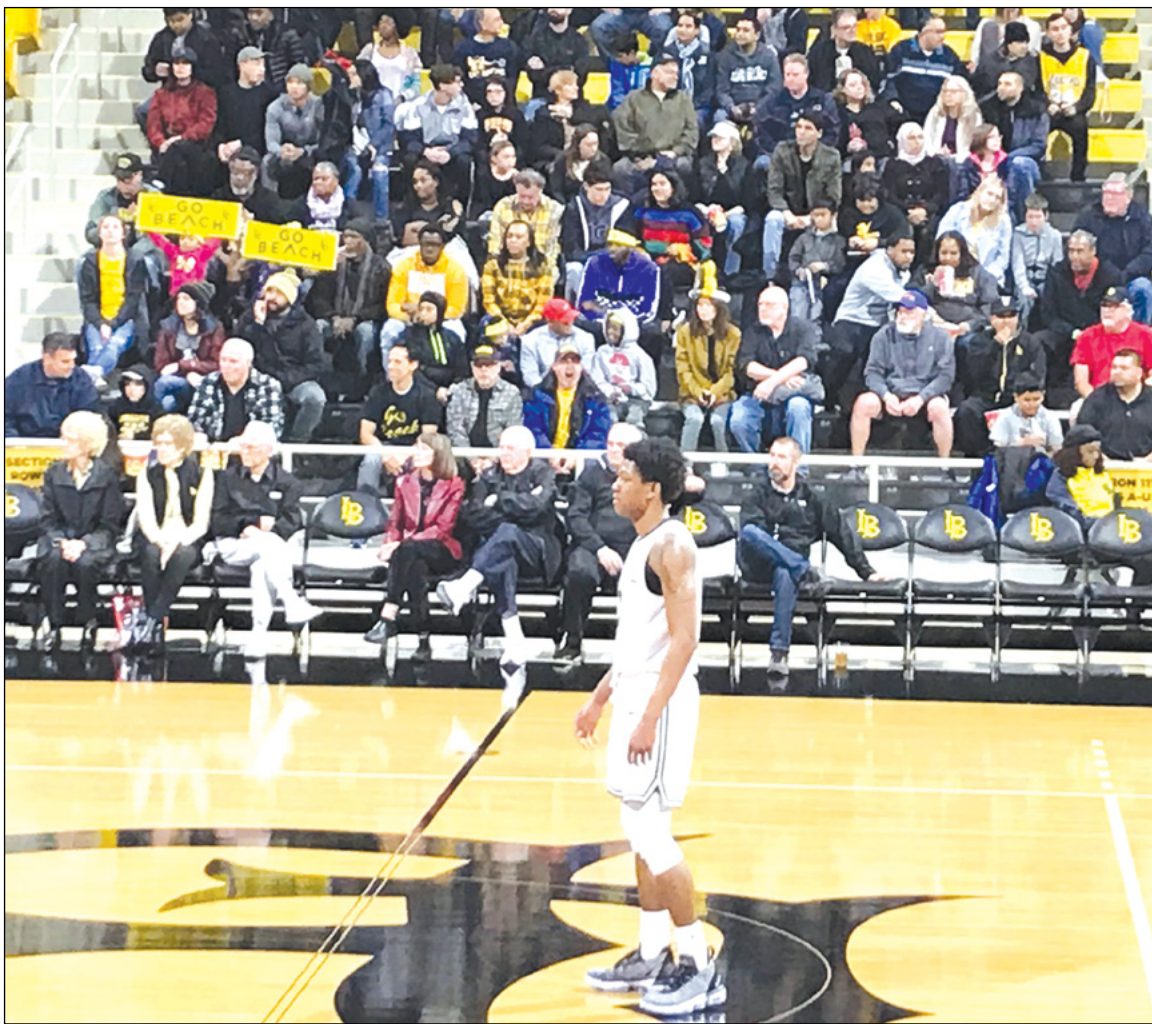
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Cathie Merz, staff photo

Be part of the crowd at a highly entertaining basketball game on Wednesday, March 6, as the Long Beach State (CSULB) 49ers take on the Highlanders of UC, Riverside, at the Long Beach Mike and Arline Walter Pyramid for the final game of the men's basketball season. See Deishuan Booker, one of the leading scorers in the nation, in his final game at the Pyramid. Six seniors will be honored at the game. Hurry to the Recreation Office in Building 5 to make reservations, \$6 including transportation, email events@lwsb.com or call 431-6586, ext. 324. Guests are welcome, but must be accompanied by a GRF member. No accessible seating is available for this event.

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Call Taylor White, 596-6358, to make reservations for the Community Church Cancer patients and survivors luncheon.

LW COMMUNITY CHURCH

Valentine’s luncheon for cancer patients, survivors planned

Cancer patients and survivors are invited to Valentine’s luncheon at Community Church on Feb. 14, Valentine’s Day. People who have recently lost a spouse to cancer are also invited. Doors will open at 11:30 a.m. The church will host a catered lunch from El Pollo Loco. The luncheon will be held in the Fellowship Hall of Community Church, which is located near St. Andrews Gate. People do not have to be members of Community Church to attend. Those of all faiths are invited, however, guests must be residents of Leisure World. The luncheon is free, but reservations are required. Call Taylor White at 596-6358 and leave name and telephone number.



Eleanor Hart, Mutual 2, gets help with her walker from her great-great grandson Arjan.

RALPH’S
From page 19
shops on Amazon, a percentage of the purchase will be donated to GAF without any additional cost to the purchaser. These programs are great opportunities to help the GAF as it

works to enrich the lives of Leisure World residents. Ralph’s has announced that it is committed to giving \$2 million during 2019 through its Community Contributions program.

Puzzle Answers Puzzle page 22

SCRABBLE G.R.A.M.S. SOLUTION									
T ₁	W ₄	E ₁	E ₁	N ₁	I ₁	E ₁	RACK 1 =	60	
B ₃	A ₁	R ₁	R ₁	A ₁	C ₃	K ₅	RACK 2 =	95	
T ₁	A ₁	N ₁	N ₁	I ₁	S ₁	H ₄	RACK 3 =	60	
S ₁	O ₁	R ₁	G ₂	H ₄	U ₁	M ₃	RACK 4 =	64	
T ₁	R ₁	I ₁	F ₄	O ₁	L ₁	D ₂	RACK 5 =	61	
PAR SCORE 255-265							TOTAL	340	

Crossword Answers

B	O	L	A	S	C	O	P	R	A	S	L	O	P	E						
C	A	V	I	T	E	O	N	I	O	N	L	A	M	I	N	A				
T	E	L	A	M	O	N	R	U	N	T	S	A	V	E	R	T	E	D		
A	L	A	L	D	E	R	S	A	W	A	K	E	N	E	R	A				
U	L	N	A	L	E	N	O	E	G	E	R	G	N	A	T					
N	A	C	R	E	R	I	D	E	O	R	A	D	L	O	T	T	E			
T	R	E	B	L	E	D	E	N	O	T	E	S	T	E	P	E	E	S		
O	M	R	I	S	A	L	A	D	B	E	T	H								
E	M	B	R	O	I	L	S	T	A	T	T	E	S	S	E	R	A	E		
M	O	A	S	S	L	A	T	E	G	E	S	T	R	E	S					
M	O	N		N	I	O			E	P	I		A	S	A					
E	S	N	E	P	E	N	D	S	A	M	I	D	E	S	T	E	P			
T	E	S	T	I	E	S	T	C	A	W	D	E	L	I	C	A	T	E		
U	D	O	S		G	R	E	E	D	S	I	D	E							
M	A	I	D	E	N		D	R	A	S	T	I	C	S	E	N	S	E	S	
A	N	D	E	S		S	I	A	M		O	S	A	R		A	T	O	L	E
R	T	E	S		P	L	A	T		A	L	E	S		S	P	I	N		
A	R	A		G	E	E	Z	E	R		I	S	L	A	N	D		A	D	D
T	U	T	O	R	E	D		F	I	R	S	T		S	O	R	I	T	E	S
M	E	W	I	N	G		U	T	I	L	E		O	R	A	T	E	S		
D	E	N	S	E		L	E	P	E	R		N	E	W	E	R				

Sudoku Answers

8	3	6	9	1	4	2	5	7
4	7	1	2	5	6	3	8	9
2	9	5	3	8	7	6	1	4
6	5	3	8	7	1	9	4	2
7	4	2	5	9	3	8	6	1
1	8	9	4	6	2	5	7	3
9	1	7	6	2	5	4	3	8
3	6	8	1	4	9	7	2	5
5	2	4	7	3	8	1	9	6

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers
Jumbles: DAUNT SWOOP BEAGLE ESTATE
Answer: What the night owl did day after day —
WENT TO SLEEP

Obituaries

Space is available for obituaries of residents and former residents. • An “In Memoriam” column is available free of charge. Limited to name, mutual number and date of death. • An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words. • Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word. • Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate. • Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members. • A “Card of Thanks” section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

Ryan, Thomas R.
1933 - 2019

Tom Ryan, 85, Mutual 7, died Jan. 23, 2019, peacefully at his home surrounded by his family. Mr. Ryan was a retired business man, previous commodore of the Seal Beach Yacht Club, and was active in the American Legion. Mr. Ryan participated in several Leisure World clubs and especially enjoyed ballroom dance. He is preceded in death by his wife Jeanne (nee Auerswald) and son, David Ryan. He is survived by his daughter, Adrienne; brother Thomas; sister-in-law AnnMarie; step-daughter Debbie Swalla; three grandchildren, and many nieces and nephews. Mr. Ryan is an Air Force veteran and will be interred at the Riverside National Veterans Cemetery.



...
In Memoriam
Eunice Larochelle 81
Carol Stuckenberg 59
Terrie Pence 48
Felisa Monzon 79
Francis Steckel 80
Shirley Rains 87
Cherisse Cazares 35
Thelma Douglaa 83
Margaret Cunningham 86
William Evans Jr 65
Sonny Gitlin 88
Families assisted by
McKenzie Mortuary,
961-9301
—paid obituary

Morgan, Gordon “Gordy”
1940-2019

Gordon “Gordy” Morgan passed away on Jan. 6, 2019. He was born in Long Beach, California, on Aug. 26, 1940. He worked for the Long Beach School District in the maintenance department for 40 years. He lived in Leisure World for over 20 years. During his employment for the Long Beach School District, Gordy learned many skills that transferred to lapidary work and jewelry making. He was an avid member of the LW Lapidary and Jewelry Club and was known for being a skilled problem-solver. Gordy served as club president for many years. Members are eternally grateful for the gift of his time and expertise, especially his metal-smithing skills and design talent. People greatly admired his work. He will be missed by family and fellow club members. Gordy is survived by his wife, Verna, and two sons, Jeff and Andy; four stepchildren, seven grandchildren and two great-grandchildren. A Celebration of Life will be held at 11 a.m. on March 2 in Clubhouse 4. The family would like to know how many people are planning to attend the celebration. A sign-up sheet is available in the Lapidary Room.



Obituaries
472-1276

OBITUARIES

deadline is
4 p.m., Monday,
prior to publication.

Travel

TRAVELING TIGERS

Gambol will share her China photos, stories

The Traveling Tigers will meet on Wednesday, Feb. 20, in Clubhouse 3, Room 9, for a presentation on China and a potluck luncheon beginning at noon.

In October, Donna Gambol of Mutual 1 spent 15 days traveling in China with 20 alumni from the University of Denver and UC Davis. The “China Connoisseur and Tibet” educational adventure, offered through the University of Denver Alumni Association, lived up to its promotion, said Gambol. She will give a presentation of the adventure, which included Beijing, Lhasa (Tibet), Chengdu, Xian, Guilin and Shanghai.

The potluck luncheon begins at noon; members and non-members are welcome. It costs \$5 to become a member of the club. People who will attend the lunch should bring a dish that can serve 8-12. The presentation will follow at approximately 1:15 p.m.

Gambol, formerly a professional photographer, took over 3,000 snaps to document the adventure and will highlight various aspects of her travels ranging



Donna Gambol is guest speaker at Traveling Tigers on Feb. 20. For more information, call Susan Shaver at (310) 892-1021 or 795-9151.



On the Go

Day Trips

Segerstrom Center, “Come From Away” - Feb. 7, \$92, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Coachella Valley: Covered Wagon Tour & Cookout - Feb. 10, \$119, David Nell/Good Times Travel, (888) 488-2287

The Pantages Theatre, “Hello Dolly!” The Broadway Musical - Feb. 17, \$139, David Nell/Good Times Travel, (888) 488-2287

The Living Desert Zoo & Gardens With Tram Tour - Feb. 23, \$89 includes lunch, David Nell/Good Times Travel, (888) 488-2287

Harlem Globetrotters, Honda Center - Saturday, Feb. 23, \$55, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Long Beach State Basketball - Wednesday, March 6, \$6, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Beverly O’Neill Theater, “Life Could Be a Dream” - Thursday, March 7, \$70, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

The Colorful Songs Revue, “The Luck O’ the Irish” - March 16, \$109, includes lunch and wine, David Nell/Good Times Travel, (888) 488-2287

Mission San Juan Capistrano - Tuesday, March 19, \$30, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Anaheim Ducks, Honda Center - Wednesday, March 20, \$80, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Pala Casino - March 29, \$6, \$10 back, American Legion Post 327, Gail Levitt, 596-1346.

Harrah’s Rincon - Daily, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

Pala Casino - Daily, free, Amphitheater, 8 a.m., (714) 985-9555

Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

Overnight Trips

Bluegrass Cruise - Feb. 18-22, four days, Carnival Inspiration, Ellen Brannigan, (310) 890-2368

Nature’s Bounty & Wonder Valley - Feb. 24-27, David Nell/Good Times Travel, (888) 488-2287

Central Coast Whales, Rails & Dunes - March 6-8, David Nell/Good Times Travel, (888) 488-2287

Death Valley Splendor - March 17-19, David Nell/Good Times Travel, (888) 488-2287

Desert Bloom - March 17-18, 2019, David Nell/Good Times Travel, (888) 488-2287

Laughlin - April 22-24, Seal Beach Woman’s Club, womansclubof-sealbeach.org

California Eight Missions - June 4-9, motorcoach tour, Traveling Tigers Club, Joanna Matos, 598-1849

Golden Nugget Las Vegas - Sept. 8-11, motorcoach tour Traveling Tigers Club, Joanna Matos, 598-1849

Canadian Rockies & Glacier Park - Sept. 8-14, Traveling Tigers Club, Joanna Matos, 598-1849

Palm Springs, Death Valley, Joshua Tree & Las Vegas - Nov. 4-7; motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849

Hearst Castle at Christmas Time - Dec. 16-18, Motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849



Members of Leisure World Korean Community Church (LWKCC), Rev. Dr. Jang Young Yong, pastor, went hiking on Mount Baldy on Jan. 24 and had a fun time in the snow. They took the ski lift to the rest area at an elevation of 6,500 feet. On Feb. 17 LWKCC members will visit the Ensenada Mission (collaborating Missionary Lee Yun Sang and Missionary Lee Sang Sook) in Mexico. LWKCC is in the process of gathering members to go on a 10-day pilgrimage, leaving April 13, 2020, to Israel and Jordan.

Annual chocolate festival returns to Belmont Shore

The 15th annual Belmont Shore Chocolate Festival offers an array of chocolate treats for all chocolate lovers, along with other sweets to satisfy the whole family on Saturday, Feb. 9, from noon-4 p.m. Over 25 restaurants will participate. The cost is \$10

for 12 tickets used to purchase chocolate delights. There will be a Homemade Chocolate Dessert Contest, noon-1 p.m.; Chocolate Festival 1-3 p.m. or until the items run out; and Hof’s Hut Chocolate Pie eating contest 3- 4 p.m.

Tickets will be sold beginning

at 11 a.m. on day of the event in front of Chase Bank, 5200 E. 2nd Street.

For an application and contest rules and guidelines for the Homemade Chocolate Dessert contest, visit, www.belmontshore.org.

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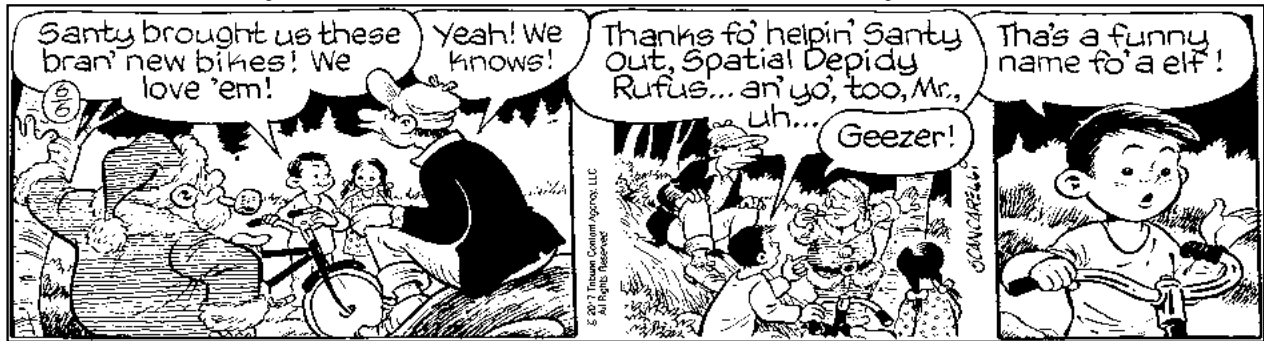
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Puzzles & Comics

Answers on page 20

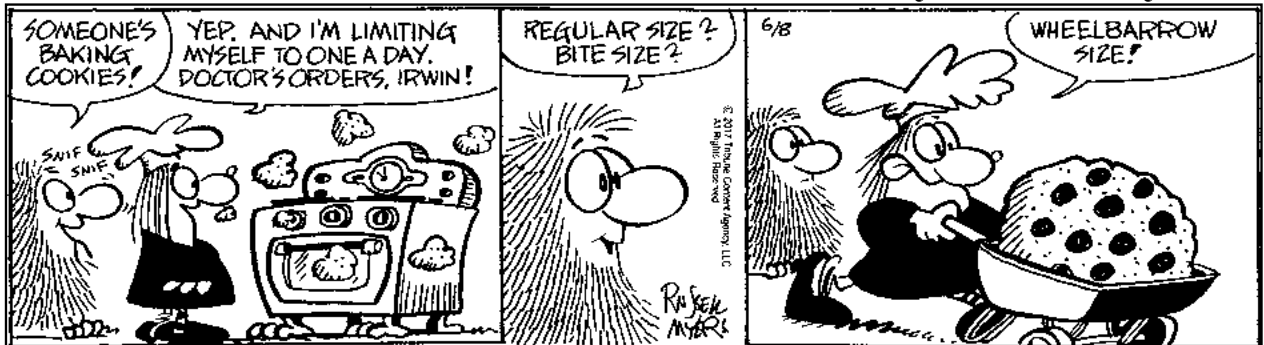
Gasoline Alley

By Jim Scancarelli



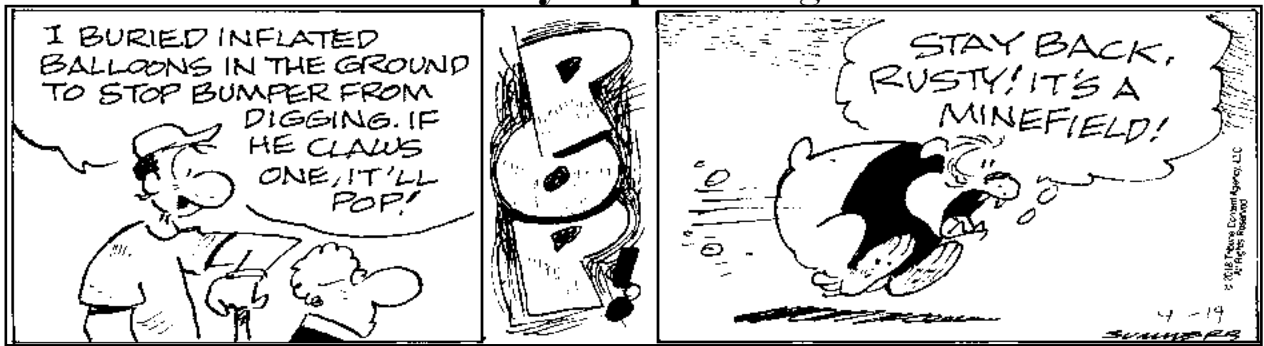
Broom-Hilda

By Russell Myers



Middletons

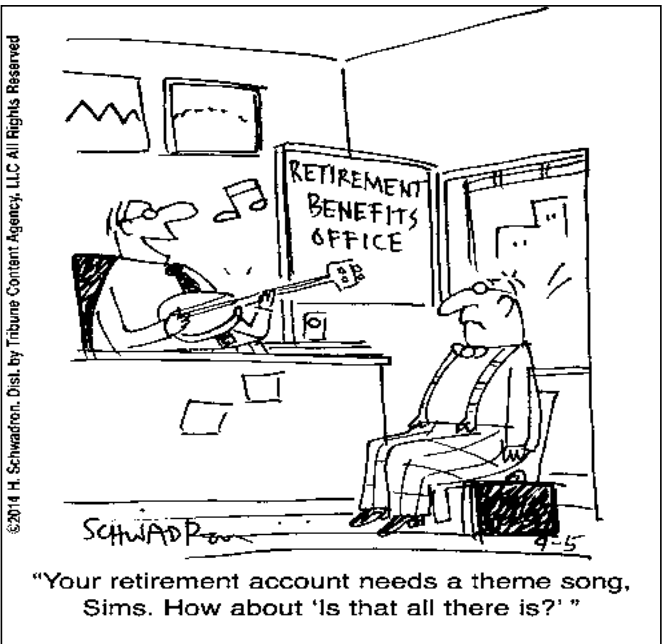
By Raph Dunagin & Dana Summers



Sudoku

		3	6			1				7
4			1							9
						7				4
		5				7				
			2	5	9	3	8			
					6			7		
9				6						
3							7			5
5					3		1	9		

9 To 5 By Harley Schwadron

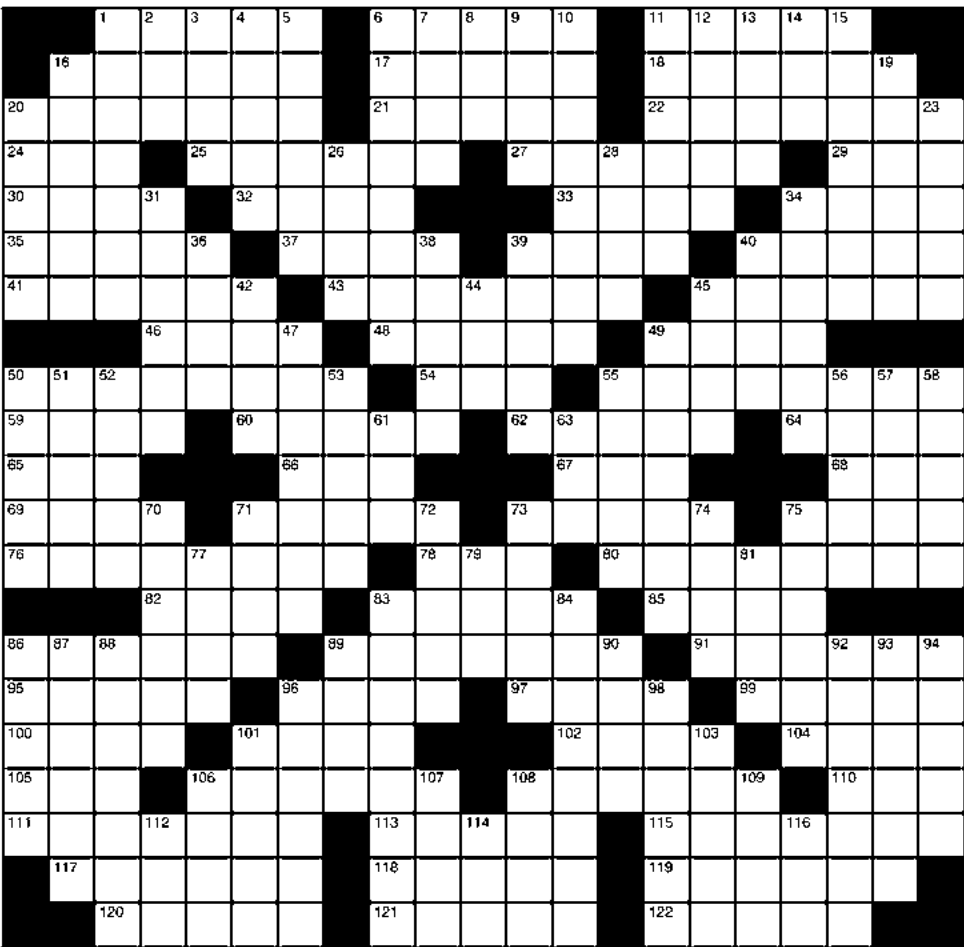


ACROSS

- 1 Balls: Sp.
- 6 Dried coconut meat
- 11 Slant
- 16 Philippine peninsula
- 17 Pungent bulb
- 18 This layer
- 20 Father of Ajax
- 21 Stunted animals, e.g.
- 22 Warded off
- 24 Wing-like structure
- 25 Trees with toothed leaves
- 27 Rouse
- 29 Period of note
- 30 Forearm bone
- 32 Dress fabric
- 33 N. Hungary city
- 34 Small bothersome insect
- 35 Mother-of-pearl
- 37 Carnival treat
- 39 Toward the mouth
- 40 Soprano ____ Lehmann
- 41 Threefold
- 43 Signifies
- 45 Cone shaped tents
- 46 A king of Israel
- 48 Dinner course
- 49 One of the "Little Women"
- 50 Involves in contention
- 54 Make knotted lace
- 55 Mosaic squares
- 59 Extinct flightless birds
- 60 Roofing slab
- 62 Fail to keep down, say
- 64 Remainder
- 65 Day of the week: abbr.
- 66 Chem. compound
- 67 Slender finial
- 68 A king of Judah
- 69 Serf
- 71 Awaits settlement, e.g.
- 73 Ammonia compound
- 75 Irish dancing style
- 76 Most irritable
- 78 Crow's call
- 80 Frail
- 82 Japanese shrubs
- 83 Avarice
- 85 "The Blind ____"
- 86 Unmarried girl
- 89 Extreme
- 91 Feels
- 95 SA mountain chain
- 96 Anna's adopted country
- 97 Mason Eskers, M1 for one
- 99 Gruel of maize meal
- 100 Map markings: abbr.
- 101 Map of town site
- 102 Pub fare
- 104 Whirl
- 105 Macaw
- 106 Old fellow: sl.
- 108 Manhattan, for one
- 110 Append
- 111 Instructed one to one
- 113 Original
- 115 Subjects-and-predicates argument

For the Bone-weary

Edited by Linda and Charles Preston



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11/13/16

- 117 Cat sound
- 118 Useful
- 119 Declaims
- 120 Thick
- 121 Biblical outcast
- 122 Later

DOWN

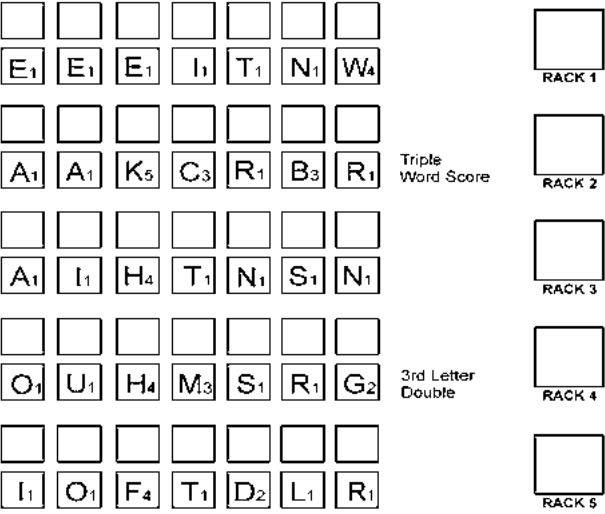
- 1 Equilibrium
- 2 Eggs: L.
- 3 Capital of Peru
- 4 A coral island
- 5 Dispatcher
- 6 Rusts, e.g.
- 7 Burden
- 8 ATM ident. no.
- 9 Old roman tribunal
- 10 Replied
- 11 Quenched
- 12 Edible seaweed
- 13 Portent
- 14 Mohammedan saint
- 15 Governments' agreement
- 16 Basement
- 19 Charge with a gas

- 20 Jeer at
- 23 Desert palm
- 26 Tennysonian heroine
- 28 Turkish officials
- 31 Garden bowers
- 34 Minnesota U. athlete
- 36 Patron saint of sailors
- 38 Related on mother's side
- 39 A giant grass
- 40 Leases
- 42 The "tenth planet"
- 44 Palm leaf: var.
- 45 Examination
- 47 Malady
- 49 In addition
- 50 An ant
- 51 Large NA animal
- 52 Notice of proposed marriage
- 53 Holy person
- 55 Lukewarm
- 56 Lariat
- 57 Possession of value
- 58 Public warehouse
- 61 Weight unit for wool
- 63 Jewel
- 70 Musical studies: Fr.
- 71 Mexican laborer, e.g.
- 72 Go away!
- 73 Vegetable caterpillar
- 74 Ancient Greek country
- 75 Odors
- 77 Old March date
- 79 Roman bronze
- 81 Notion
- 83 Appreciative
- 84 Great calamity
- 86 French revolutionist
- 87 Sinus cavity, e.g.
- 88 Conceived
- 89 A president of Mexico
- 90 Pay a visit
- 92 Paul's travelling companion
- 93 Ignores
- 94 Transmits
- 96 Large hammer
- 98 Sanity
- 101 Certain hammers
- 103 Sleep noise
- 106 Broad smile
- 107 Religious ceremony
- 108 ____ of Man
- 109 Delineate
- 112 Be in debt
- 114 Tear
- 116 Roman suffix

The Observer Crossword Puzzle

SCRABBLE G R A M S

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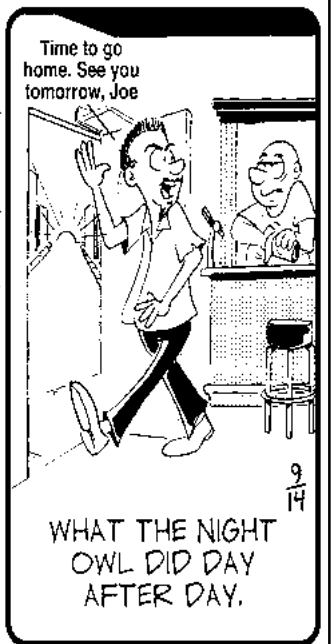
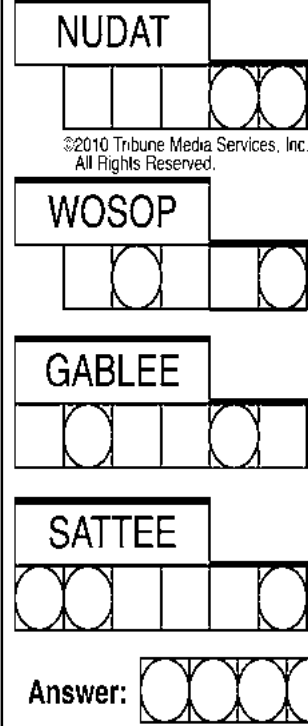


PAR SCORE 255-265
BEST SCORE 340
FIVE RACK TOTAL
TIME LIMIT: 25 MIN
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

JUMBLE

THAT SCRAMBLED WORD GAME
by Mike Argiron and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Bender brings her laughter to HCC on Feb. 13

Bev Bender will bring her laughter program to the Health Care Center at 1:30 p.m. on Wednesday, Feb. 13.

Laughter is the best medicine with only positive side effects.

Those who attend will do laughter exercises to make them more energetic. The program is guaranteed to be uplifting.

"Its fun, free and non-fattening," said Bender.

All residents are invited to attend and bring a friend.

For more information, call Bender at 594-9148.



Bev Bender

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Meals on Wheels of Long Beach, Inc., is a 501(c)(3) nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a complete hot dinner, lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. To start a new client application online at www.mowlb.org or call Caron Adler at 433-0232.

Monday, Feb. 11: Lemon pepper baked chicken breast, mashed sweet potatoes, green beans with pimentos, tapioca pudding, chicken salad sandwich with spinach and tomato, marinated beet salad.

Tuesday, Feb. 12: Whole wheat spaghetti with meatballs, dinner roll, seasoned broccoli, sliced peaches, chef's salad with turkey, ham, egg, tomato, bacon and blue cheese dressing, crackers.

Wednesday, Feb. 13: Chicken enchilada with verde sauce, pinto beans, seasoned cauliflower, chocolate cake, roast beef and cheese sandwich with lettuce, tomato and pickle, carrot and pineapple salad.

Thursday, Feb. 14: Chicken with capers and cream sauce, rice pilaf, petite peas, red velvet cake, turkey, ham and cheese sandwich with lettuce, tomato and pickle, tri-color slaw.

Friday, Feb. 15: Turkey tetrazzini, biscuit, peas and carrots, fresh banana, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

HLAA

Demonstration of devices set

The Hearing Loss Association of America (HLAA) Long Beach/Lakewood Chapter will hold a demonstration of Hearing Assistive Technology (HAT) products from 10:30 a.m.-noon on Saturday, Feb. 9, at Weingart Center, 5220 Oliva Ave., Lakewood.

Admission is free and reservations are not required.

For more information, call 438-0597 or visit hlaa-lb-lakewood.org.

Hearing aids are not the only solution for the hearing impaired. A variety of devices that help enhance the quality of life for the hard of hearing will be on display.

The HAT committee does not demonstrate hearing aids.

Call the Health Center at 493-9581

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BATHROOM ACCESSIBILITY

Free bathroom upgrades increase safety

Leisure World residents who have trouble stepping into the shower for any reason are most likely eligible for a free bathroom upgrade. Applications for 2019 are now being accepted for the Leisure World Bathroom Accessibility Grant, which converts tub/shower combinations to showers only for safer access. The tubs are refinished to look like new, and a new glass shower door enclosure is installed. Toilets can be replaced with high-boy models.

The City of Seal Beach selects approved contractors to perform the cut-down to the shower and install a new glass door enclosure and the high boy toilet, if needed. The program is made through a possible grant from HUD, Orange County and Seal Beach. The OC Housing and Community Development Department allocates the federal grants from HUD every year.

This year the City of Seal Beach applied to Orange County for a grant in Leisure World and received \$180,000.

To qualify, applicants must be over 55 years of age and have an annual income not to exceed \$61,250 for one person; \$70,000 for two people; and \$78,750, for three.

For the shower cut-down, a licensed medical doctor must complete the Doctor’s Analysis Form rating the physical condition of the applicant with respect to mobility problems, pain with movement or trouble with balance. This rating helps prioritize the most needy applicants until the funds are all spent. All information is kept confidential. No Doctor’s Analysis Form is needed for the high-boy toilet only.

Applications and doctors forms are available online at *sealbeachca.gov* or at *www.civictstone.com* (services tab, Seal Beach section) or people can call CivicStone at (909) 364-9000 to have one mailed.

CivicStone was hired by the City of Seal Beach 12 years ago to administer the city’s Bathroom Accessibility Program. CivicStone has been successfully running the program ever since and has helped hundreds of residents with bathroom improvements.

“Many residents get confused on the application process,” said Monique Eliason, program administrator. “Others don’t realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help residents apply for the complete free upgrade. But don’t delay completing your application, because funds are limited.”

FEB. 14 DEADLINE

Clubhouse lockers must be cleaned

In anticipation of improving resources in GRF amenities, all lockers currently held by clubs, organizations and Mutuals must be emptied of all contents as soon as possible.

Deep cleaning will begin in Clubhouse 1, and every locker must be vacated no later than Feb. 14. Clubs are asked to contact Consuelo Reyes in the Recreation Department at 431-6586, ext. 279, to confirm the locker has been emptied and let her know if the club wants to continue locker service.

As reconfiguration and upgrading of storage are currently under discussion, clubs should plan on not having clubhouse storage available for an undetermined, extended time period.

All clubhouse lockers will eventually be cleaned. The schedule and deadlines will be printed in the LW Weekly and sent by email so people can have plenty of time to find alternate storage areas.

GRF thanks all affected for their cooperation in helping to improve the community.

For more information, email *kathyt@lwsb.com*.

GOLDEN AGE FOUNDATION

Free document shredding is today

Free document shredding is available from 10 a.m.-noon, Thursday, Feb. 7, in the Clubhouse 2 parking lot. The line for shredding will close at 11:30 a.m.

The Golden Age Foundation sponsors this free service, which is offered every quarter.

The GAF is a nonprofit 501(c) (3) charitable organization dedicated to serving the special needs of Leisure World shareholders and residents. The foundation was established in 1973.

The next shredding service will be in June.

For more efficient service, residents are asked to remove staples and paper clips. Electronic devices and contaminated bags will not be accepted.

People can also recycle small household batteries at the shredding event.

—Anna Derby

Elevator Repairs Underway

The elevator in the GRF Administration building is out of service to undergo repairs, which are expected to be finished in March.

People who are unable to use the stairs should go to the Stock Transfer Office on the ground floor of the Administration Building, where the receptionist will help them connect with staff on the second floor. All public meetings usually held in the Administration Conference Room have been moved to either Conference Room B in Building 5 or to Clubhouse 3.

People can check the calendar or contact Administration or Mutual Administration staff for more information. The GRF apologizes for any inconvenience this may cause.

MATTER OF BALANCE

Coaches needed to help with fall prevention class

Many older adults experience a fear of falling.

People who develop this fear often limit their activities, which can result in physical weakness, making the risk of falling even greater.

A Matter of Balance is a program designed to reduce the fear of falling and increase activity levels among older adults.

It includes eight two-hour sessions for a small group of 8-12 participants led by a trained facilitator. This nationally recognized program was developed at the Roybal Center at Boston University.

A Matter of Balance will come to the Health Care Center in March and new coaches are needed to help facilitate it.

A Matter of Balance Coach Training will be held Tuesday, March 26, and Wednesday, March 27, from 9 a.m.-3 p.m. at the OC Health Care Agency, 1300 S. Grand Ave., Santa Ana, in the Aloha Conference Room, Building C.

People need to register by March 14.

For more information or to register, call Frank Hernandez, (714) 480-6451 or Rosemary Day, (714) 480-6486.

Hernandez leads the class, and coaches help participants become more confident about managing falls, help to identify ways to reduce falls and lead exercises to help increase strength and balance.

Coaches need good communication and interpersonal skills, enthusiasm and a willingness to lead a small group of adults.

The training sessions include a light breakfast and lunch.

VALENTINE from page 1

feel is a big part of the band’s secret. As vocalist and keyboard player Roland Misajon puts it, “A garage band, that’s exactly what we’ll be till the final curtain.”

People can get photo keepsakes for \$10. Photographer and digital artist John Harper will take 5x7 photos that people can take home.

Couples can also order large digital portraits for \$99.

The event is expected to draw a full house; GRF ID s and wristbands will be required at the door, and seating will be first come, first served.

Stop by the Recreation Office in Building 5 any weekday between 8:30 a.m.-4 p.m. to pick up wristbands (limit two per shareholder/member). For information, contact 431-6586, ext. 398 or 326, or *email events@lwsb.com*.

Did You Know?

- Physicians of the 1800s commonly advised patients to eat chocolate to alleviate their pining for lost love.
- Richard Cadbury produced the first box of chocolates for Valentine’s in the late 1800s.
- More than 35 million boxes of chocolate will be sold.

Classifieds

ANNOUNCEMENTS PERSONAL

SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 02/14/19

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 06/13

GARDENING

FRANK’S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual’s. Honest and reliable. State Contractor’s License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172. 02/28/19

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Specializig in remodeling, Additions, Reconstruction, Window replacement and more! Call for a free estimate.
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License #954725. 08/29/19

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Sound proof walls. Ceiling made smooth. Recessed lights, roll-out shelves, tile, laminate installation, crown molding, window frames painted whited. Lic. #723262. 02/07

LW DECOR INC.
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JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. 04/11

Richard's Handyman Service - Big or small, I do it all. Give me a call. 562-387-5187. Seal Beach Business License HUG0002.

FLOOR COVERINGS

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LW DECOR INC.

Tile, laminate, vinyl plank, patio carpet. 40 ears in Leisure World. Contractor License 723262. 01/17/19

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CARPET CLEANING SPECIALS!!!!!! DEALS!!!! Carpet cleaning \$33 per room minimum 2 rooms. Upholstery/Tile & Grout, and much more cleaning. Tito 562-658-9841. 02/21



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Cindy Beatteay 714-356-1539. Interior paint and specialty finishes, cabinets, murals and more. Lic. #1033927. 03/21

Painting - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call **Jerry (714) 826-8636**. CA State License #675336. 03/14

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PROFESSIONAL MOBILE SCREEN SERVICE

New screens, re-screening, screen doors, retractable screens, new and repair. Call today. (562) 493-8720. Since 1988. State Contractors Lic. #578194.

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WINDOW COVERINGS

LW DECOR INC. Blinds, shutters, shades, 40 years serving Leisure World. Contractor’s License #723262. 01/17/19
LW DECOR INC.
562-596-0559

LEISURE WORLD HELPING LEISURE WORLD

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE inspections and advice on buying and repairs of your golf cart. 562- 431-6859.

Let’s raise your ears - I’ll make you look your best! Call 562-565-3683.

Y’s Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, **562-596-1741, 562-221-5903**.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

BEAUTY SERVICES

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562- 480-9341 License #KC75538. 02/07

Hair stylist, 35 years experience at ABC Extension Salon. Roller set, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. 10/03/19

Classifieds

Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 07/11

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714)855-8465. Seal Beach Business License MOR0008. 03/07

HOME CARE PERSONAL ASSISTANT

MOST AFFORDABLE RATE
Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 06/20/19

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562)230-4648. Seal Beach Business Lic #CAM0006. 07/25

CHRISTIAN HOME CARE

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured. 10/17/19

Just Like Your Daughter
Personal Assistant/
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Available for:
errands, scheduling and transportation for medical appointments,
patient advocate, shopping, domestic organization, paperwork, bill pay
All with compassion and care.

Just Like Your Daughter
Call Janice, 714-313-4450
SB Lic. #JUS0006/Bonded. 02/28

EXPERIENCED CAREGIVER
Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895.** Seal Beach License PAN0003 04/11

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 02/21

Need Caring Caregiver?

Live-in or live-out. Meal preparation, baths, shopping, laundry, doctors. Pierre's Caring Heart 714-337-6152. Seal Beach Business License RAZ0002. 02/21

Need Help?
See Classifieds

Classified deadline is 2:00 p.m., Monday, for Thursday's publication

HOUSE CLEANING

MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING
CALL PHIL AT 562-881-2093
Over 30 years Experience!
Seal Beach Business License #AB0001. 03/21/19

MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days - call anytime! Complete cleaning. Seal Beach Business License &M0001a. Call 562-505-1613. 04/25

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Call Gloria 949-371-7425. 02/21

GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning
General housecleaning
Excellent referrals in LW (562) 307-3861.
20 years experience.
Seal Beach Business License gra0006. 04/18

Patricia Housecleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001. 02/28

ELLY'S CLEANING SERVICE

Weekly, bi-weekly service. Excellent referral in Leisure World. Nearly 20 years experience. Seal Beach Business License BEN0001. **Call Elly at (714) 476-2100.** 04/11

COMPUTERS

FRUSTRATED (562)755-6199
Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

COMPUTER REPAIR 562-733-9193

Virus removal. Expert in all computer systems. John Fuhrer, LW Resident. Seal Beach License FUH0001. 03/14

COMPUTER REPAIR/CUSTOM BUILD SPECIALIST

Fix, build and maintaining computers for over 15 years. Great prices cheaper than big box stores. Call for details: 562-208-6120. 02/28

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Carts, Sales, Parts, Service (714) 292-9124. 2/21/19

Clubcar Golf cart. Full metal encloser w/locking doors. New motor - 1 yr. old. \$1,900. 562-565-3683.

PET SERVICES

In-home groomer for cats & small dogs. Bathing, nail clipping. Karen 562-433-4887, 562-544-9555. SB License #JEN0006.

LWWeekly

Read the paper online!

www.lwsb.com/newspaper

TRANSPORTATION

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. 03/31

Need a lift? Pam Miller. LW Resident. 310-227-1258. 03/07

Personal driver. LW resident. Goes to airports, doctor's offices, stores, etc. for shopping or doctor's appointment. Drives by Gary. 714-658-9457. 02/07

AUTOS/BOATS/RV'S TRAILERS WANTED

ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly!We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 02/07/19

AUTOS/BOATS/RV'S TRAILERS FOR SALE

2007 P/T Cruiser 2 door convertible. 130K miles. LW owner. Price \$3,300. 562-387-5187.

'93 GMC Safari Cargo work van \$1,850. '06 Jeep Wrangler 2-door Unlimited \$13,500. 714-220-9702.

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 03/07

MOVING, HAULING & STORAGE SERVICES

A FRIEND AND A TRUCK

Your moving service, any size job. Call 310-387-2618. Business License RO263644. 03/14

J&D HAUL AWAY AND CLEAN-UP SERVICE

No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787. 02/21

ESTATE/MOVING/PATIO/CARPORT SALES

Estate sale - Mutual 12 - 72F. Feb. 7-8-9. 9 a.m. - 3 p.m. Furniture, jewelry, TV, small tables, dishes, flatware, misc. items, clothing.

Estate sale Mutual 5, 92-H, 1521 Golden Rain Rd., Feb 7th and 8th, Thurs and Friday from 9am to 2pm. Nice Table with 4 chairs, wall mirrors, wall pictures, china cabinet, lamps, sofa table, coffee table, accent chairs, flat screen tv console, clocks, grandfathers' clock, queen headboard and night stand, dresser, book shelf and kitchen items. some women's clothes. Please come by and say Hello! It's been awhile. Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016.

Estate Sale - 2/7, 2/8, 1830 Sunningdale Drive, Unit 20-E, 9:00 a.m. - 3:00 p.m. Antiques, Asian Art, Fine Furniture, Beautiful Dishes, Crystal, Trinkets, Kitchen and Clothing items.

Estate Sale Part Two - 13180 Southport Lane, Apt. 167D, Mutual 7. Feb. 7, 8. 9:00 AM to 2 PM. New collectible merchandise added. Vintage dolls, Barbie dolls, Disney memorabilia, collectible reference books, ladies clothes, jewelry, small kitchen table, oak vintage vanity and desk, Jazzy electric wheelchair, GC scooter. Glinda Davis 714-943-1818 Seal Beach license GDD0001 13101 Nassau Dr, Seal Beach, CA 90740. See pictures at <https://www.flickr.com/photos/120349245@N07/> albums

MISCELLANEOUS FOR SALE

Furniture Only Sale - 1503 Monterey Road, 27C, Mutual 2. Queen bed, dresser, sofa, chair, hutch, bookcase, end tables. 310-383-1270

For sale freezer, household items, cabinets, wooden cases, knick-knacks, shoes size 8 1/2 - 9. 1330 Del Monte, Unit 10-D. 562-598-0715.

Verizon 2018 Kyocera Dura XV, 46 Flip Phone. 2 mo. new. Was \$275, will sell for \$60. Call 562-704-5431.

Sleep number double bed. Original cost \$4,000. Excellent condition. \$700 OBO. 951-505-6586. 02/21

Power lift/recliner chairs. One large \$250, one small \$100. 562-446-0220.

Exercise rowing machine. New. Need space to place unit. 60 lbs. \$150. LW. 562-493-5344.

Lift chair, beige, leather, 2 years old. Paid \$499 OBO. Good condition. Like new. 657-237-5657.

Queen bedroom set, dresser, armoire, 2 night stands, free standing jewelry box, large mirrors, two section table. Call 562-843-6963.

MISCELLANEOUS WANTED

Guitar wanted. Joel 714-944-2537.

Want to buy a used adult tricycle with 20" wheels in good condition. Call 562-594-0994; leave message if no answer.

LWWeekly

Want to Place an ad or Renew your current one?
Call (562) 430-0534 or send an e-mail to katyal@lwsb.com

If you have not received your copy of LW Weekly by 9 a.m. on any Thursday call (562) 430-0534 ONLY between 9 a.m. and 10 a.m. to have one delivered to your unit. Check around thoroughly before calling.

Security
(562) 594-4754

Classified Index

Announcements

Announcements
Cards of Thanks
Lost & Found
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Home Improvement

Additions & Remodeling
Air Conditioning & Heating
Brick Work, Masonry, Block Walls
Cabinet Refinishing
Carpentry
Carpeting & Flooring Sales & Installation
Ceramic Tile
Electrical Installation & Repair
Gardening & Landscaping
Handyman
Home Decorating
Painting
Screens Sales & Installation
Skylights Sales & Installation
Upholstery & Carpet Cleaning
Wallpaper Sales & Hanging
Window Sales & Installation
Window Coverings Sales & Installation

Employment

Help Wanted

Professional Services

Alterations/Mending/Ironing
Appliance, TV, Stereo Service & Repair
Beauty Services
Bicycle Service & Repair
Carpet & Upholstery Cleaning & Repair
Computers
Drapery Cleaning
Entertainment
Financial Services
Free Services
Funeral & Memorial Services
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Hauling
Health Services
Home Care & Personal Assistance
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Insurance
Legal Services
Living Trusts
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Notary
Pet Services
Postal/Shipping/Packaging Services
Reupholstery
Schools & Training
Screen Cleaning & Repair
Transportation Services
Travel Services
Vacuum, Sewing, Lighting Repair
Video Services
Window Cleaning

Merchandise

Autos, RVs, Trailers Wanted
Autos, RVs, Trailers For Sale
Electric Cars/Scooters Wanted
Electric Cars/Scooters For Sale
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Real Estate

Non-LW Real Estate
Carports/Carport Lockers Wanted
Carports/Carport Lockers For Rent
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L.W. Apts.- for Rent
L.W. Apts. - Want to Share
L.W. Apts. - Want to Buy
L.W. Apts. - for Sale



Erika Shapiro

BRE # 01448494

Resales Specialist
Mut. 17 Resident
Traveling Notary
562-208-5223

2 BDR/ 2 Bath, Drive-up
A/C Heat Pump, New kitchen,
Granite Counters and more
Mutual 15, 1G \$285,000

Basic 1 BDR, Move-in Ready
Pretty greenbelt view.
New paint,
Newer laminate flooring,
A/C heat pump.
Walk to churches.
Mutual 1, 63B \$152,500

Basic Corner, Enclosed Patio.
A/C Heat Pump,
Great location,
needs a little TLC
Mutual 9, 225F \$225,000

Basic 2 BDR/ 1 Bath
screened in porch, skylights,
all new windows
Mutual 5, 103K \$235,000

Basic 2 BDR/ 1 Bath
Fresh paint, new laminate
flooring, A/C heat pump,
close to parking
Mutual 9, 210H \$195,000

2 BDR, 1 Bath Fixer.
Highside patio enclosure.
Drive-up
Mutual 11, 284D \$189,000

2 BDR, 1-1/2 Bath Corner
Fully Expanded on a pretty
Greenbelt, Granite Counters,
Laminate Floors
Central A/C Heat
Mutual 12, 64A \$389,000

1 BDR – Fully expanded
with a pretty greenbelt view,
laminate flooring,
centrally located
Mutual 1, 23D \$179,000

1 BDR Basic, Drive-up
Move-in ready. Laminate flooring,
Plantation shutters, washer/dryer,
A/C Heat Pump,
Dishwasher, walk-in closet,
custom fridge.
Mutual 9, 231E \$185,000

Best Buy
2 BDR, 1 Bath Basic
Drive up, facing West.
Very Private
Mutual 4- 52B \$175,000

Corner Condo
2 BDR/ 2 Bath, 1st floor
Beautifully upgraded, Laminate
Flooring, Upgraded kitchen,
Mutual 17, 93A \$369,000

2019 ESCROWS
Mut. 8, 183E \$220,000

I SOLD 26 in 2018
I SOLD 34 in 2017
I SOLD 47 in 2016
I SOLD 36 in 2015
I SOLD 35 in 2014
I SOLD 60 in 2013
I SOLD 42 in 2012
I can sell your's too!

Service Is My Priority!
Call me for a FREE
market evaluation

Leisure Living Resales



JOYCE REED

Resident Broker
Notary Available

596-8656



**GREAT BUY,
LOCATION**



Mutual 7, 152-A \$255,000
Partially expanded corner.
Southfacing patio, W/D,
microwave, nice carpeting,
shutters and front parking.

Coming Soon
Mutual 5, 123-F
2-bedroom expanded corner,
1-1/2 baths.
Freshly painted throughout

Mutual 15, 16-R \$265,000
Upstairs, 2-BR unit faces east
with balcony overlooking
greenbelt. Heat pump.

Unbelievable Real Estate
DRE#00460268

FIRSTTEAM
REAL ESTATE



13730
Annandale
Mutual 1-31C
\$189,000



1221 Golden Rain Rd.
Mutual 3-3H

\$189,000

This one bedroom is a true
artist's cottage with a very
European feel. Open floor
plan with French doors to
the patio, laminate floor-
ing, quartz counters, copper
sink, Glass cooktop and glass
back splash, heat pump, two
skylights that open, laun-
dry close by and plenty of
parking. You will fall in love
with unit!

Coming Soon

M-2: Two bedroom basic, move in
condition, great location.
M-6: Two bedroom basic, turnkey
with new flooring and paint.
M2: Two bedroom basic with all new
flooring and paint. Move in ready!



Patti Kilian
Resident
Real Estate
Specialist
CalBRE# 01993562

858-242-0922

**Move-in ready
New Listing on
Expansive
Greenbelt!**



2 bedroom 1 bath
white cabinets
washer/dryer
central heat/AC
DW/microwave
dual pane bay windows
2 additional large windows
oak wood floors and carpet
flared kitchen skylight
kitchen/bath skylights open
just-right sized patio
shutters

Mutual 4, 42H
\$349,000.



Terri Walters
REALTOR®
Mutual 14 resident

(562)588-6717
terriw@live.com
terri4homes.com

DRE#02052908



18682 Beach
Blvd., Ste 165
HB, CA 92648

Welcome Home

1901 MCKINNEY WAY, UNIT 16R, SEAL BEACH
Spacious "Private Island" Oasis



A Special Place Above it All in Mutual 15
\$364,900

2 Bed 2 Bath
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Erika:

M1, 63B 1 Bedroom Move-in ready **\$152,500**
M12, 64A Fully Expand Corner, 1-1/2 bath, move-in ready **\$389,000**
M9, 210H Basic 2BDR/1 Bath, New flooring, fresh paint **\$195,000**
M11, 284D - 2-BDR, 1-bath fixer, drive-up **\$189,000**
M1, 23D Fully Expanded 1 Bedroom **\$179,000**
M9, 225F South Facing Corner **\$225,000**
M5, 103K Basic 2 BDR/1Bath, new windows, screened
patio **\$235,000**
CONDO, Mutual 17- first floor, laminate flooring, financing
available **\$369,000 - ESCROW**

Joanie:

M14 33B 2 Bedroom 1 Bath, Partial Expansion, Front Patio,
Great Garden, Sunny Location **\$224,900**
M12 9F Fabulous 2 Bedrooms, 2 Full Baths, 2 Walk-in
Closets, Fully Expanded Corner, Great
Location, Greenbelt Drive up Parking. **\$425,000**
M10 241C Remodeled Kitchen w/Peninsula 2 bed 1 bath
Front Porch, Greenbelt **\$299,000**
M8 188H 2 Bed 1 Bath, Drive up, Greenbelt and the
'L Shaped Porch' **\$195,000 - SOLD**
COMING M5 2 Bedrooms 1-1/2 Bath Move in ready and
priced to sell call **714-308-8034**
COMING M6 2 Bedroom 1-Bath expanded greenbelt

Helen Blizzard:

M6, 144L 2 bedrooms, 1 bath
Expanded corner, drive up Reduced **\$279,000**
NEW M9, 237G 2 BR/ 1-1/2 Bath Expanded Corner.
Many upgrades including new laminate flooring, new
paint and new washer and dryer. Super Clean **\$368,000**
COMING M5 2-Bed/1-bath. Partial expansion. Many
upgrades. Call for info 562-896-1191
Coming Soon 1 bedroom/1 Bath, Basic, Very Private

Hank:

Mutual 5, 96G 1100 sq ft corner. Dining room.
Washer/dryer. The view of a lifetime! Reduced **\$15,000**
Mutual 4-44G New Fantastic Corner 1190 Sq. Ft., 3 AC/Heat
pumps, Huge Living Area & Greenbelt **\$489,000** Now on M.L.S.

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Mutual 14, 18G



A super fully expanded
"corner", washer/dryer
Walk to Golf, Drive up Parking,
MW/DW/, Private office, Bay
windows

Call Joanie
Mutual 14, 33B



2 BDR, 1 Bath, SE facing
Partially Expanded
\$224,900



Erika — M17
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Joanie — M6
(714) 308-8034



Yong Pyon — M1
(310) 658-0379



Helen Blizzard
M14 (562) 896-1191



Mr. Hank
(562) 743-8473



Carl Kennedy
M14 (661) 810-9410



Young Ro — M7
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Two-Bedrooms

Mutual 3 6B \$210,000 **Fully expanded**, tile flooring, skylights, flooring allowance
Mutual 6 140K \$224,500 **Newer windows**, lam. flooring, tile kit. and bath, solar
Mutual 2 63D \$229,000 **Tile flooring**, double pane windows, new paint
Mutual 2 26I \$229,000 **Tiled kit.** and bath floors, plantation shutter, skylights, nice
Mutual 2 1B \$233,500 **Partial expan.**, dual pane, lam. floors
Mutual 5 107B \$239,900 **Highside expan.**, enclosed patio, engineered wood flooring, skylights
Mutual 2 38G \$245,000 **Corner, drive-up**, fixer, won't last
Mutual 3 15F \$259,500 **Corner**, high side expansion, drive-up, nice
Mutual 12 55C \$274,900 **Completely remodeled**, hardwood floors, granite counters, very nice
Mutual 11 282B \$275,000 **Partial expan.**, lam. floors, tiled entry
Mutual 6 132F \$279,000 **1-1/2 baths**, partial expan., lam floors
Mutual 2 60B \$289,000 **Expanded**, large greenbelt, lam. floors, large skylight, close parking
Mutual 8 177G \$289,000 **Corner**, partial expansion, cent. air
Mutual 3 36A \$325,000 **1-1/2 baths**, washer/dryer, partial expan
Mutual 15 23L \$329,900 **2 baths**, washer/dryer, expanded, dual pane windows
Mutual 15 21C \$330,000 **Gorgeous greenbelt**, enclosed patio, 2 baths, heat pump, end unit
Mutual 3 31A \$335,000 **Btfl. greenbelt**, partial expan., granite counters, stainless steel appliances
Mutual 1 37G \$345,000 **Full expan.**, cent. air, newer carpet, greenbelt, dishwasher
Mutual 9 215L \$359,000 **1-1/2 baths**, corner, dual pane, custom wood cab. wood flooring
Mutual 8 178G \$359,900 **1-1/2 baths**, washer/dryer, 2 bay windows
Mutual 9 236G \$359,900 **Full expan.**, corner, remod. kit., & bath, greenbelt
Mutual 15 23R \$364,900 **Washer/dryer**, cent. air, btfl. remod.
Mutual 6 128G \$375,000 **Washer/dryer**, dual pane, bay window, Corian counters

Mutual 15 32J \$398,000 **2 baths**, washer/dryer, laminate floors
Mutual 8 189F \$399,000 **Btfl. remod. corner**, 1 1/2 baths, washer/dryer, greenbelt
Mutual 5 101A \$420,000 **1-1/2 baths**, washer/dryer, corner, great unit
Mutual 9 226L \$447,000 **Great greenbelt**, remodeled, washer/dryer, move-in-condition
Mutual 9 222A \$459,900 **New remod. corner**, large custom kit., 2 3/4 baths, washer/dryer
Mutual 9 210G \$496,000 **Gorgeous corner**, greenbelt, washer/dryer, 2 baths
Mutual 9 218F \$499,000 **One of a kind**, 2 bathrooms, washer/dryer, private location
Mutual 2 35G \$499,000 **Great remodel, one of a kind**, 5 bay windows, 2 3/4 baths, cent. air, washer/dryer, very bright
Mutual 7 169L \$555,000 **Special**, washer/dryer, 2 baths, 180 view

(562) 431-2149

13926 Seal Beach Blvd.
Seal Beach, CA 90740

One-Bedrooms

Mutual 8 192B \$143,000 **Large courtyard**, faces west, newer carpet and paint
Mutual 1 9D \$157,500 **Lam. floors**, nice patio, shows well
Mutual 9 227D \$162,000 **Faces west**, drive-up, new laminate floors and paint, heat pump, very nice unit
Mutual 1 42J \$165,500 **Move-in condition**, newer counters, paint, lam. floors
Mutual 2 7J \$165,000 **Fully enclosed**, dual pane, shows bright
Mutual 1 42H \$175,000 **Enclosed patio**, move-in-ready new flooring
Mutual 9 215D \$179,000 **Full expan.**, greenbelt, move-in-condition
Mutual 5 98H \$180,000 **Washer/dryer**, newer flooring, shows great
Mutual 9 233H \$189,000 **Full expansion**, lam. floors, dual pane, move-in-condition
Mutual 3 14I \$199,900 **Expanded**, granite counters, skylights, greenbelt
Mutual 1 25D \$219,500 **Decorator's dream** this one is special, must see



Wade Carmen



Claudette "CC" Cooley



Linda Patton

Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605

rwgraysales@verizon.net
DRE 01027333

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Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com
DRE 00887640

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 12-55-C \$274,900

Don't miss out on this amazing, one-of-a-kind 2 bedroom basic. Completely remodeled kitchen and bath with Hardwood flooring throughout. Why buy a fixer when this one is ready for you? Stop by and enjoy the cozy tiled patio. Call us to see anytime. It really is a must see home.



Mutual 12-6-G \$329,000

REDUCED - Close to downtown. 2-Bedroom, 1-Bath, fully expanded drive-up corner. S/W facing. Light/Bright. Move-in ready.



Mutual 8-192-B \$156,000

Basic one bed, on courtyard. Heat pump and cut-down shower.



Mutual 5-98-H \$180,000

NEW LISTING ... Gives us a call to see this one bedroom that is lovely and different from the norm - and is more like a studio than a one bed!!! All new paint, new linoleum in the kitchen and bath, freshly cleaned newer carpet, walk-in closet, enclosed patio room with storage, raised wall and dual pane windows, heat-pump, stackable washer/dryer, more!!



Mutual 15-23-R \$364,900

Upstairs overlooking a green on one side and a tree lined courtyard on the other sits this GORGEOUS remodeled 2 bedroom, 2-bath! Open concept living room, dining room and kitchen with W/D, central/heat-air, dual-paned windows/sliders, beautiful floors, marble counters, stainless steel appliances, clear glass shower enclosure, more.



Mutual 6-140-K \$224,900

New Listing - 2 Bedroom, 1 Bath Basic. Newer windows and two sliders to the front patio, Heat Pump, Cut Down Shower, white cabinets, Solar Tube in kitchen and Skylight in bathroom and patio. Mirrored Wardrobes, and Laminate floors in bedrooms.



Mutual 6-132-F \$269,000

PRICED REDUCED - 2 BEDROOM - 1-1/2 BATH south facing corner with an expanded bedroom with a huge walk-in closet and expanded living room. Heat pump, dishwasher.



Mutual 12-70-A \$319,000

Beautiful interior, corner, exp, green. 3 heat pumps, W/D, gorgeous floors and counters.



Mutual 9-210-G \$496,000

GORGEOUS describes this BRAND NEW REMODELED CORNER!! Make sure this one is on your list to see ... 1100 sq ft of living space, large stone patio on a green with stacked stone walls an exterior of home, 2 bedrooms both with walk-in closets, 2 baths, bay-bowed windows, central heat/air, washer/dryer, granite, laminate wood floors, designer paint, lots of storage ... Ready for you to move in!!



Mutual 2-1-B \$233,500
Price Reduced Seller
Wants It Sold

Charming 2-bed - 1-bath with expanded living room and bedroom with huge walk-in closet, dual-pane windows, laminate floors, cozy private patio, three skylights and a heat pump. Light bright home ready to move in.



Mutual 9-218-F \$499,000

ELEGANT - ONE OF A KIND Remodel!!! Convenient drive-up with lots of extra parking! You will love the gourmet kitchen - the huge master bedroom with its own private bath area and walk-in closet, the guest bedroom has walk-in closet and a full bath, tile floors thru-out, canned lighting, bay-bowed windows with seats, plantation shutters, central heat/air, washer/dryer, skylights, a unique design that is a MUST SEE!



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NEW LISTING



Mutual 11, 267A \$429,000

Extremely charming, fully expanded, 2-bedroom, 1-bathroom corner home. This home is beautiful inside and out and features a spacious living room with shades that may be raised from the bottom up or lowered from the top down, leaded glass entry door and skylight. Dining area has sliding mirrored doors to generous pantry. Kitchen has custom oak cabinets and breakfast bar with Corian counters, built-in appliances including oven, raised counter with glass top stove, refrigerator with lower freezer and ice maker, dishwasher, microwave and openable large skylight. Master bedroom is fully expanded and widened and has a walk-in closet, openable skylight, laminate floors and a ceiling fan. Bathroom has walk-in shower, custom oak cabinets with cultured marble counters and added linen closet, stacked washer/dryer and openable skylight. Second bedroom has laminate floors, ceiling fan, and a beautiful view through the arched double pane window. This special home has smooth ceilings, central heat and air, and double-pane windows throughout. This terrific home over-looks dramatically beautiful greenbelts.



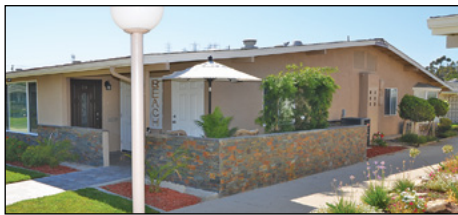
Mutual 9, 236G \$359,900

Beautifully expanded kitchen features built-in stainless steel appliance and granite counters with tile backsplash. Spacious living room has side expansion. Master bedroom is fully expanded with walk-in closet. Remodeled bathroom has new cabinetry with granite counters and double sinks, cut-down shower. Both kitchen and bath have skylights. This lovely home features ceramic tile flooring throughout, double-paned windows and sliding door from living room to private tile patio and leaded glass door. This charming home overlooks beautiful greenbelt. Must see.



Mutual 8, 189F \$399,000

Beautiful remodeled, expanded corner, 2 bedroom, 1-1/2 bathroom home on greenbelt. Spacious corner living room has 2 bay windows. Kitchen has custom cabinetry with granite counters, built-in stainless steel appliances, pantry, breakfast bar large skylight and tile flooring. Master bedroom has added cupboard space and is fully expanded and widened. Master bath has custom wood cabinetry with granite counters, added linen closet, washer/dryer, cut down shower and skylight.



Mutual 9, 222A \$459,000

Elegant, all new construction, corner, 2 bedroom, 2 bath home. Custom kitchen has new custom cabinetry, built-in stainless steel appliances including a freestanding range, dishwasher, microwave, breakfast bar with extra storage and an extra large skylight. Two 3/4 baths, walk-in custom tile showers, double sinks and skylight. Second bath has a Solatube. Bedrooms have mirrored wardrobe sliding doors. This home also features laminate floors, recessed lighting, central air/heat, double-pane windows, washer/dryer, two outside storage closets and a lovely wrap around tile patio.



Mutual 15, 23L \$329,900

Lovely upstairs expanded unit with beautiful leaded glass entry door, spacious living room expansion that may be used for office or den. Dual pane windows. Kitchen has built-in appliances including dishwasher, white cabinets and white counter top, dining room has ceiling fan. Master bathroom has tub with enclosed shower, stackable washer/dryer. Second bedroom with mirrored closet doors and extra storage, second bathroom with skylight and cut-down shower. This unit is move in condition.



Mutual 1, 37G \$345,000

Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



Mutual 3, 14I \$208,000

Charming expanded 1-BR cottage. Features double-pane sliding door to front porch, ceiling fan, parquet entry with leaded glass door. Decorative cabinets/shelves separate kitchen from living room. Kitchen has granite counters, dishwasher, microwave, large openable skylight. Bath has cut-down shower, granite counter, decorator sink and faucet. Bedroom has double-pane sliding doors to porch, mirrored wardrobe plus walk-in closet.



Mutual 3, 36A \$325,000

Charming expanded 2 Bedroom 1-1/2 bath corner features cozy living room. Side expansion offers additional closet space and may be used as den, dining room, office or living room. Kitchen has built-in appliances including microwave, pantry space, upgraded counters, shelves above sink, ceiling fan and large skylight. Second bedroom has bath. Master bathroom has skylight, walk-in shower and washer/dryer. Private front patio has walk-in-storage closet.



Mutual 9, 233H \$189,000

Lovely expanded 1-bedroom with drive-up parking. Living room has an expanded area that may be used for office or den. Kitchen has white cabinets, built-in appliances, and skylight. Bathroom with cut-down shower and skylight. Master bedroom has mirrored closet doors. Laminate flooring, dual pane windows and white blinds throughout.



Mutual 6, 128G \$380,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



Mutual 1, 42J \$165,900

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 2, 63D \$229,900

Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate floors. Large private wrap-around patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright, ready to move in.



Mutual 2, 26I \$229,000

Charming 2 Bedroom, 1 Bath cottage on greenbelt with great open view and private wrap around patio. Kitchen has built-in appliances, white cabinets, skylight and ceiling fan. Bathroom has skylight and cut-down shower. Plantation shutters in living room and master bedroom.



Mutual 9, 215L \$359,000

Fully expanded corner, 2-bedroom, 1-1/2-bath. Kitchen has custom wood cabinets, granite counters, built-in microwave, double door refrigerator, wine cooler and skylight. Master bedroom has a walk-in closet and ceiling fan. Second bedroom has half-bath. Bathroom has shower, custom wood cabinets with granite counters, ceiling fan and skylight.

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MUTUAL 3 – 4G
\$225,000
 Two-bedroom corner unit with three heat pumps!



MUTUAL 7 – 169E
\$269,000
 Expanded two-bedroom unit with small patio; W/D; Walk to Central Park



MUTUAL 1 - 15A
\$205,000
 Corner unit with heat/air pump



MUTUAL 1 - 44L
\$160,000
 Fabulous buy! Fixer in great location.



MUTUAL 8 – 186L
\$365,000
 Expanded two-bedroom corner unit with small patio; Easy access



MUTUAL 7 - 173K
\$194,500
 Great price! Location/Location - Close to Central Park; Steps to laundry; Desirable East facing; Wide courtyard setting



MUTUAL 5 – 121H
\$279,999
 Two-bedroom full expansion; Lots of room; In immaculate condition; “Down-town” location.



MUTUAL 2 – 69I
\$179,000
 Fully expanded one-bedroom unit; On large green



MUTUAL 2 – 57C
\$172,000
 Expd. One-bedroom; Sun-porch room! Light, bright & cheerful; Approximately 800 sq. ft. of living!



MUTUAL 1 – 67L
\$219,000
 Two-bedroom corner unit on lovely green



MUTUAL 4 – 49H
\$152,500
 Great one-bedroom unit; clean, large skylight, heat pump/air conditioning, close to parking, close to laundry, great greenbelt!



MUTUAL 2 - 27K
\$195,000
 Two Bedroom/One Bath; Greenbelt View, Freshly Painted



MUTUAL 14 – 22C
\$539,000
 Two-bedroom corner unit, MODERN fully expanded with large patio; Steps to the golf course, This unit has everything!



MUTUAL 5 – 115C
\$185,000
 One-bedroom with expanded bedroom with large, walk-in closet; skylights, very close parking



MUTUAL 3 – 16I
\$210,000
 Partially expanded two-bedroom unit



MUTUAL 11 – 274J
\$138,000
 One-bedroom unit; Open patio with garden; Bathtub



MUTUAL 3 - 23G
\$509,000
 Remodel, Two Bedrooms Two Baths; Washer/Dryer; Bay Windows, Corner



MUTUAL 4 - 81D
\$174,000
 Enclosed patio One bedroom; New paint and flooring



MUTUAL 1 - 61G
\$499,000
 Modern 2 Bed/2 Bath Washer/Dryer, Greenbelt; Absolutely lovely fully expanded unit



MUTUAL 6 - 58B
\$207,000
 Great location, two bed/1 bath, private entrance



MUTUAL 8 - 197F
\$269,000
 Fully Expanded, Two-bedroom corner unit, lots of room



MUTUAL 2 – 15F
\$560,000
 Modern Expansion Very high quality, Built in fireplace and 65” TV, Best in LW!



MUTUAL 3 – 31J
\$195,000
 Two-bedroom unit with enclosed patio; French doors



MUTUAL 2 – 56F
\$488,000
 Absolutely beautiful modern expansion; This unit has everything!



MUTUAL 6 - 129B
\$469,000
 Fabulous Remodel, 2 Bed/2 Bath Washer/Dryer, Patio



MUTUAL 6 - 137I
\$225,000
 Basic 2 Bed/ 1 Bath Close parking, laminate floors



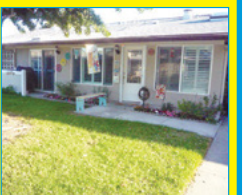
MUTUAL 10 - 260D
\$147,500
 One bedroom unit in fabulous location!



MUTUAL 15 – 46M
\$299,000
 Two bedrooms, Two baths, Upstairs Unit; Faces breeze



MUTUAL 2 - 63L
\$335,000
 Fully expanded corner with washer/dryer; Close carport spot



MUTUAL 8 – 200E
\$425,000
 Newer remodel; Two bedrooms; Two baths; Washer/Dryer.

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Carol
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1640 Glenview Rd #76H - M12 - \$209,000



Clean 2 bedroom, 1 bath w/ "L" shaped patio. New carpet in bedrooms and laminate flooring in living room and kitchen. Freshly painted throughout. 3 skylights.

13381 El Dorado #202E - M8 - \$338,900



Expanded 2 bedrooms, 1 bath, central A/C, gourmet kitchen, WASHER/DRYER hookups, walk in closet, multiple skylights. Completely remodeled. Great private location.

1670 Interlachen #43A - M12 - 374,900



Great 2 bedroom, 1 bath. Drive up expanded corner location. Upgrades include central A/C, smooth ceilings, hardwood floors, granite kitchen counters, skylights, WASHER/DRYER, dual pane windows.

1300 Knollwood #41C - M4 - \$167,000



Very clean 1 Bedroom, 1 bath on nice greenbelt location. Close to parking spot and laundry room Dual pane window, ac/heat pump, smoothed ceilings, closet organizers.

1462 Golden Rain #49F - M2- \$229,000



2 bedrooms, 1 bath corner unit with large "L" shaped patio. Skylights in the kitchen and bathroom. With new laminate flooring and fresh paint.

13320 Del Monte #9E - M15 - \$355,000



PRICE REDUCTION!!!

2 bedrooms, 1 bath. Rarely on the market, corner Atrium unit with large patio and tons of storage and three skylights. Skylight in bathroom.

13501 El Dorado #199D - M8 - \$191,500



2 bedroom, 1 bath with central A/C, dual pane windows, skylight, and a privacy shade on the patio.

13631 Annandale Drive #5K - M1 - \$170,000



1 bedroom, 1 bath, skylight in kitchen and bathroom, cut down shower. Close to park and laundry. Enclosed patio, overlooking great greenbelt.

13681 Saint Andrews Drive #26E- M1 - \$174,000



PENDING!
TAKING BACK UP OFFERS!

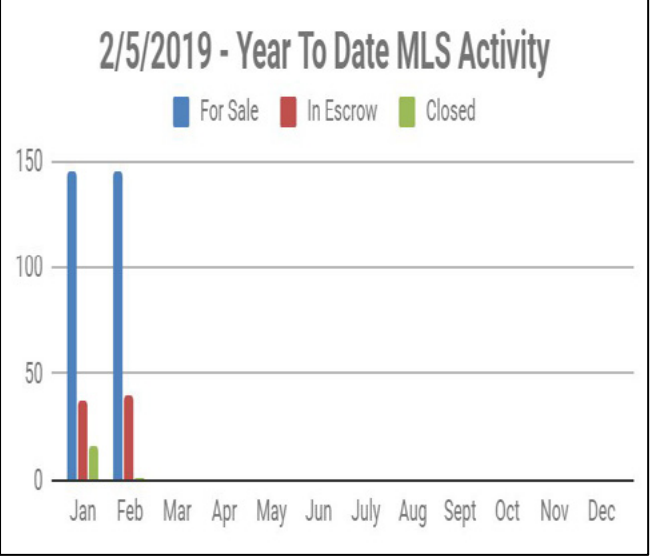
Fully expanded 1 bedroom, 1 bath. Smooth ceilings, skylights in kitchen and bathroom, cut down shower, walk-in closet and close to parking spot and amenities

1202 Golden Rain #72J - M2 - \$210,000



COMING SOON!!!

2 Bedroom, 1 bath. Expanded master bedroom with 2 closets and expanded living room. Laminate wood flooring and new carpet in bedrooms. Dual pane windows. Skylights in kitchen, bathroom and patio.



I Have Access To The Total Inventory

On February 5th, 2019 a total of 145 units show as active listings on the CRMLS (this is where Realtors list property for sale).

34 - 1 bedrooms, 1 bath from \$138,000 to \$219,500

68 - 2 bedrooms, 1 bath from \$160,000 to \$489,000

43 - 2 bedrooms, 2 baths from \$239,000 to \$560,000

Please give me a call for detailed information on any of these properties!





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