

#### March 21, 2019





The second annual Library Easter Egg Decorating contest is coming. Page 11



Butterflies invade southland. Why were they here? Page 14

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Page 16



## **Cold season** isn't over yet

Carson J. Blomquist Health Care Center

You've probably seen friends and neighbors sniffling, sneezing, and coughing. That's because we're still in cold season, which runs for another month. If you want to avoid getting sick, there are a few things you can do, according to Dr. Rudy Haider, a primary care doctor at the Health Care Center.

"One of the easiest things to do is wash your hands," Dr. Haider said. "These germs can live on surfaces for some time, like door handles and tables. Washing your hands regularly is an effective way of killing those germs." If you're on the go, Dr. Haider suggested bringing along an alcohol-based hand sanitizer. Just make sure it's at least 60 percent alcohol - that is strong enough to kill off the germs.

A balanced diet is also key, so stock up on fruits and vegetables. "You want your immune system to be as strong as possible," Dr. Haider said. "Fruits and vegetables are full of vitamins and minerals that help your immune system stay strong. Be sure to stay hydrated as well."

What do you do if you're not feeling well? "Stay home! Your body needs to rest and recover," Dr. Haider said. "If you're sick and you go out, you might be exposed to other germs. And you could spread your germs to others. The best thing to do is stay indoors until you feel better." A greater concern is the flu. "A lot of people think flu season is already over, but it goes on through April," Dr. Haider explained. "If you haven't gotten a flu shot yet, you can still get one from your doctor's office, community pharmacy, or travel clinic. Most health plans cover it; just call your health plan's member service line to learn more." And if you think you have the flu? "Call your doctor immediately," Dr. Haider said. "A cold can be miserable, but these are simple ways to keep it at bay," Dr. Haider said. "And if you're already sniffling, these are ways to beat those germs."

## Traffic enforcement safety program proposed for LW

by Victor Rocha Security services director

**SECURITY CORNER** 

The Golden Rain Foundation at Leisure World, Seal Beach, is committed to the safety of all residents, especially in regards to vehicle traffic and pedestrian safety. Toward that end, the GRF Board of Directors has made positive steps in the past few years to enhance safety inside LWSB.

Board of Directors received numerous communications from residents sharing their concerns regarding traffic and pedestrian safety inside the community. Concerns included all types of violations, from red light violations to non-compliance with posted stop signs and excessive speed.

After careful deliberation, a proposal was made by the GRF Board to review the possibility of having Seal Beach Police Department enforce traffic laws within the community.

Before this could possibly occur, the streets within Leisure World had to be certified to meet the same standard as any public street outside the community. This entailed having a certified traffic engineer certify that LWSB streets meet the standards of the California Manual on Uniformed Traffic Control Devices (CAMUTCD).

To ensure compliance with the rules, GRF removed over 160 traffic signs, remove pavement markings, updated traffic control devices and painted red curbs where required to allow space for



emergency vehicles. This process began in 2017.

On Feb. 14, the GRF received a Certificate of Compliance. The cost of obtaining this certification totaled approximately \$200,000.

All of this information regarding the certification has been sent to the City of Seal Beach for review. The City Council will take LW's certification and all information to make a determination if they want city police resources sent into LWSB.

As noted in my article last week, some residents that operate golf carts have expressed concern over the possibility of Seal Beach PD enforcing traffic laws inside the community, since this would mean that certain golf carts would have to be registered and licensed by the DMV, have proper insurance, and the operator of the golf cart would need a driver's license (this does not apply to two-seater golf carts that are under 1,300 pounds and go 15 miles or less).

GRF is currently investigating any type of variance or allowance regarding full operation of golf carts.

I want to reiterate that the process of possibly having Seal Beach PD enforce traffic laws is exactly that - a process, and we will keep everyone informed every step of the way.

If you have any questions or concerns, contact me at victorr@lwsb.com.

## The Stars Align-GAF contributes to Meals on Wheels, LB



by Maureen Habel Past GAF President,

former Meals on Wheels of Long Beach volunteer

Lucy broke her hip several months ago and can no longer walk to the bus stop or drive to the grocery store. Unfortunately, she has had to give up some cherished social activities. Dan was widowed last year. He is lonely, beginning to have mobility problems and struggles to cobble together a few meals that he describes as "pretty awful." Gus and Dottie, both in their late 80s, can no longer shop for and prepare the nutritious food they need to stay healthy. All live on a limited income and have considered Meals on Wheels as beyond their frugal budgets. But this March, the stars began to align. The Golden Age Foundation's (GAF.) contribution to Meals on Wheels of Long Beach (MOWLB). will help make nutritious homedelivered meals a reality for people like Lucy, Dan, Gus and Dottie. The GAF Board of Directors recently allocated \$10,000 to MOWLB to provide meal sponsorships for qualified low-income Leisure World residents.



#### How Big a Problem?

Food insecurity and social isolation is a huge problem for many seniors. The United States Department of Agriculture describes food insecurity as "limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods." Poor nutrition in older adults can lead to a

**MEALS ON WHEELS, page 15** 

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THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM



CERT team members practiced a search and triage drill on the LW Golf Course last week.

### CERT classes to assist during emergencies begin April 1

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.

Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help.

GOOD

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CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Classes are held on five Mondays, April 1, 8, 15, 22 and 29, from 8 a.m.-noon in Clubhouse 3, Room 1.

Topics are:

• April 1: Unit 1, Disaster Prep; Unit 2, Fire Prevention and Suppression

•April 8: Units 3 and 4, Medical Operations

• April 15: Unit 5, Search and Rescue; Unit 6, CERT Organization •April 22: Unit 7, Disaster Psychology; Unit 8, Terrorism and CERT

•April 29: Unit 9, Disaster Simulaton; and course review

Locations and topics may be rearranged.

To register, call Eloy Gomez at 431-6586, Ext. 356.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

## No Monday dining this week in CH1

No restaurant is scheduled in Leisure World for the third week of March, but Hometown Buffet will be taking over the fourth week, March 25, and Naples Rib Co. will be back the first week of April.

Finbars menus are published in the LW Weekly and on LW Live! Owner Joseph Barbara is asking for suggestions from residents for items they would like to see offered. Send suggestions to events@ *lwsb.com* or drop them off at Clubhouse 1 while dining next Monday.

Reservations will be required for Naples and contact will be directly by phone at 439-7427 or via Naples's website at http://www.ribcompany. com/leisure-world-menu.asp. Reservations must be received before noon on the Mondays that they serve here. Those who book through the website will receive a special treat.

Finbars serves on a first come, first serve basis thereby eliminating the need for reservations. However patrons are encouraged to stagger their eating times between 4-6 p.m. to avoid long lines. Dining in is until 7 p.m.

Hometown Buffet will offer a different menu each month for \$11,

**DINING**, page 26



Neighbor Helping Neighbor is looking for heavy equipment operators to volunteer in the event of a disaster. To volunteer, call, 879-0120. The club's monthly meetings have been postponed until further notice. The group normally meets at 1 p.m. on the fourth Wednesday of the month in Clubhouse 1.





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Monday-Friday: 9am-5:30pm

#### Get to know your neighbor. Located in and Committed to the Leisure World Community • We Accept ALL Major Health Plans including Caremark and SCAN Mail Order is NOT Always Required by Insurance Let Our Friendly Staff Help You With Your Options • We offer Durable Medical Equipment including Walkers, Lift Chairs, Wound Care **Supplies and Stockings** • Fast & Friendly Prescription Service Contact Us for More Information Valid only while supplies last. Not valid on prescription co-pays. Not valid with any other special, coupon or reduced price offer. Not valid on purchases reimbursed by Medicare, Medicare, a Medicare Part D or Medicare Advantage plan, TRICARE, the Federal Employees Health Benefits program or any other state or federal medical or pharmaceutical assistance program, or where prohibited by law. Void if reproduced , altered or expired. Customer must pay any sales tax. Minimum purchase will be calculated prior to tax. Cash value 1/100c. WITH ANY \$10 PURCHASE Good Neighbor Pharmacy Any One **Nighttime Sleep Aid** Good Neighbor Pharmacy Product 24 Caplets Valid only at LEISURE WORLD PHARMACY • Valid 3/7/19-3/31/19 Valid only at LEISURE WORLD PHARMACY • Valid 3/7/19-3/31/19 Limit one item per customer. Non-prescription items only. Not to be com-bined with any other offers. Certain restrictions may apply. See store for timit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value. O details. No cash value L **MYGNP.com** O 0



### <u>IWheely</u> <u>CAPOC</u> Food distribution is today, CH 4

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be today, March 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,287 a month for one person; \$1,736 for a two-person household; \$2,184 for a three-person household. To sign up, bring a photo ID, and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf with appropriate ID. People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

CAPOC will have a representative there to help people with applications for its program and for the separate Cal Fresh benefits, which are food stamps.

People over 55 who don't receive SSI will qualify if they meet the following income guidelines: \$2,010 per month for one person; \$2,708 for a two-person household. Bring an ID, Social Security card, proof of income and rent receipt to apply for food stamps.

## SENIOR PATRIOTS Peace vigil set for March 27

Everyone is invited to join a peace vigil sponsored by Senior Patriots for Peace on Wednesday, March 27, from 4-5:30 p.m. on the public sidewalk along Seal Beach Boulevard in front of Leisure

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World. Signs will be available.

The monthly Senior Patriots peace vigils usually focuses on one topic that is most relevant and current for that month. This can be difficult when people awaken daily to another crisis impacting peace and justice.

There are so many critical issues in the world today. This month's vigil will offer a variety of signs for individual choice, rather than focus on one specific theme.

Everyone wants to be heard and this month's peace demonstration gives the opportunity for participants to voice concerns of their choice.

Senior Patriots for Peace holds monthly vigils to call attention to the need for a return to peace in the cities and the world with a renewed tolerance of others. To that end, the club additionally focuses on issues of social justice and the environment to nurture a world where people can live healthy and peaceful lives for generations to come.

Take a stand for democracy. Feel free to join the group for any VIGIL, page 11

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LWWeekly



#### **GOLDEN RAIN FOUNDATION**

## People with memory problems at risk of becoming 'wanderers'

#### by Cynthia Tostado

Member Resource and Assistance Liaison

Lost in Leisure World, how is that possible? Maybe because many of the buildings and streets look similar?

I remember when I first came to work in LW, armed with my LW map, I received a quick lesson in identifying mutual and unit number.

If all else failed, I could return myself back to the starting point and begin again. I remember receiving a quick tutorial from a resident who

shared with me the positioning of the buildings to help me navigate through the mutual.

Even after all of that great information and tools, I would still exit a unit and become quite disoriented as to where I was.

Many who have entered through the golden gates of LW find themselves in a similar position and can relate to my experience. It's often joked about among residents and visitors about the navigational experience that is needed to find our way around.

Imagine having a memory problem and leaving your unit to search for something or someone familiar, escaping from something inside the unit that is causing you to feel anxious or threatened, or reliving the past such as a familiar routine like going to work or just wanting to keep walking because it is soothing.

The Alzheimer's Association reports that six out of 10 people with memory problems are at risk of wandering. Anyone who has a memory problem and able to walk is at risk.

Even those in the earlier stages of the disease can become disoriented or confused for a period of time, placing themselves at risk. Compounding the problem is the inability to remember one's name, address or phone number. Families often overlook this behavior and minimize the safety risk for their loved one.

Being in a small and gated community can sometimes bring about a false sense of security to those who are at risk of wandering. Wandering doesn't just occur during the daylight hours and people don't always have the presence of mind to watch out for cars and carts traveling on the streets.

Wandering can also lead to serious injury and/or death.

Families and caregivers can take steps to prevent wandering by supervising their loved one at all times, increasing home safety (night lights, alarms on doors, locks on cabinets, knob caps on appliances), provide visual cues (signs or photos, large clocks with date and time), avoid potential triggers be aware of the environment, and remove items that would suggest leaving (keys, purse, etc.).

If you encounter someone who has wandered away from their home and they are having trouble identifying where they are headed, here are some good tips to try:

• Approach from the front, identify yourself and explain why you've approached them.

• Maintain good eye contact, speak slowly and calmly, use short

#### Letters to the Editor

Editor:

I've read in LW Weekly about concerns of the use of herbicides like Roundup in Leisure World, particularly voiced from the dog walkers who exercise their much loved pets throughout our community.

Recent studies from the University of Washington, and other reputable institutions have concluded that the active ingredient glyphosate, present in most common herbicides, could be responsible for over 40 percent of human blood cancers, lymphomas.

The reputable Tufts University School of Veterinarian Medicine, in six-year study with dogs and glyphosate concluded a 70 percent higher incidence of cancer in those dogs exposed than not.

This fact reasoned on dogs' lower approximation to the ground, and their unprotected paws.

One would reason if this herbicide, glyphosate is potentially carcinogenic to humans, it is also harmful to pets. Is the eradication a few weeds in our community reason enough to risk the health of both ourselves and our pets? Stevin Cohen

Mutual 14

(Editor's note: Anguiano Lawn Care adheres to the state and federal guidelines when applying lawn and/or plant care products in Leisure World, according to John Anguiano, owner/president.)

#### Editor:

I understand that the Golden Rain Foundation, GRF, is considering charging shareholders for clubhouse use, not a good idea. This should be looked at reasonably.

I am a Zumba teacher and work for the city of Long Beach. They advertise and I work in their senior centers. I get paid by the head but pay a percentage to the city. GRF can do the same. The people that come in from outside and charge shareholders to attend their classes should be paying a percentage (not a flat fee) of what they charge clients. GRF could charge 25 percent then the more people that attend, the more the instructor and GRF receive. This is very easy for the instructor to track, as I do weekly for the city. If you want details, feel free to contact me. Clubs, however, do not charge their members. They do so much for the community that they should not be paying anything for use of the clubhouses. That as this is part of the amenities that shareholders pay for monthly. Residents are not charged for golf, or pickleball or table tennis and should not be, but guests can certainly be charged a small fee to help defray upkeep costs. There are reasonable ways for GRF to help with the cost of maintaining facilities but to just broadly charge everyone is not the answer. Adrianne Rosenfeld Mutual 14

## WATCH YOUR STEP Beware of phone calls that originate from area code 855

#### by Jim Breen

jimb\_news@lwsb.com

A resident received two messages from a representative of ACE Recovery Service who said he had possession of her Social Security number. She was told to call back on her cell phone or have her legal representative call a number with an 855 area code.

Wisely, she declined.

The Better Business Bureau website is littered with complaints from consumers about scams calls made by ACE Recovery Service. They are listed on the organization's website at www.bbb.com

Area code 855 is a non-geographic area code, meaning that it is not associated with any particular city, state, province, or country. It recently joined the list of 800, 888, 877, 866, and 844 toll-free numbers.

Some phone pests never give up. Joanne Hawn of Mutual 7 got "at least" 10 calls one day recently to let her know that her back brace is ready to be picked up.

She said it was always a different person who called.

"I have had back problems," she said, "but how did whoever keeps calling know that?

The following day, Mutual 6 resident Judy Miner was called 11 times in a two-day span, all from the same man. He warned her to call a toll-free number from the IRS or risk appearing before a U.S. Magistrate and jury to be sentenced to prison.

Mutual 4 resident Julie Cisneros was shaken by a call received last week from a man who identified himself as a "liaison for Medicare."

She said yes to two questions regarding death benefits. One was "do you know that Medicare has no death benefits?"

Ms. Cisneros was concerned that might be too much information. The resident was assured that she was safe unless she surrendered credit card, bank account or Social Security numbers.

So she did the right thing and ended the call with an abrupt hang-up.

Have you been the victim of a scam attempt? Send details to Jim Breen at the email address above or call 431-6586, ext. 387, Wednesday- Friday between 8:30 a.m.-4:30 p.m.



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and simple words.

• Avoid speaking loudly which can convey anger. Don't assume the person is hearing-impaired.

- Ask one question at a time, allowing plenty of time for response.
- Avoid correcting or "reality checks."
- Maintain a calm environment.
- Avoid confrontation, contact Security for assistance.
- If there is a medical emergency call 911.

For families and caregivers there are many products to consider in keeping your loved ones safe.

- MedicAlert FOUND California, www.medicalert.org/
- American Medical ID, www.Med-ID.com or call 800-363-5985
- Clothing labels
- Personal GPS locators, watches, wristbands and insoles
- Phone applications

Planning ahead for this potential hazard may reduce the likelihood that your loved one might wander and increase the chances of finding them quickly and safely.

Alzheimer's Orange County and Alzheimer's Association has excellent resources to help with education and safety.

I can be reached at 431-6586, ext. 317, to offer support and resources to those who are struggling with this disease and it's unpredictable symptoms that can be encountered.

## Late Paper?

If your LW Weekly is not delivered by 9 a.m., call 430-0534 between 9-10 a.m. with mutual and apartment number. Your paper will delivered shortly after 10.

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untruthful or misleading. GRF reserves the right to refuse any ad for any reason

#### Nataly Chigireva,

Communication & Technical Director ext. 384; natalyc@lwsb.com

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#### **Deadlines:**

News articles, 4 p.m. Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week

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8 a.m. to 5 p.m., Monday-Friday

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(562) 430-0534 after-hours voice mail, (562) 431-6586

#### Mailing address:

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# Government

## Mutual 15/16 merger was rejected

The proposed merger between Mutual 15 and Mutual 16 was rejected by the State of California, because there were not enough votes to approve the proposal.

The Mutuals had the votes needed as non-profit corporations to merge, but the State determined that the Mutuals were C corporations and the number of positive votes needed was greater than those received.

At a recent meeting, the Mutual 15 Board of Directors voted down a special election to secure the required votes at this time.

## **GRF Committee Meetings**

Golden Rain Foundation committee and board meetings are open to Leisure World residents. Due to repairs to the elevator in the Administration Building, meetings will be held in Conference Room B, located downstairs in Building 5. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, March 2	Information Technology Committee
Friday, March 22	Administration
	Administration1 p.m.
Monday, March 25	Management Services Review Ad Hoc
	Administration1 p.m.
Tuesday, March 26	GRF Board of Directors
	Clubhouse 4 10 a.m.
Wednesday, March 2	7 Architectural Design Review Committee
	Administration
Thursday, March 28	Service Maintenance Committee
	Administration
Friday, March 29	Recreation/Finance Committees (special)
	Administration
Monday, April 1	Recreation Committee
TAT 1 1 A 12	Administration1 p.m.
Wednesday, April 3	Physical Property Committee
	Administration
Friday, April 5	GRF Board Executive Session
	Administration1 p.m.
Monday, April 8	Mutual Administration Committee
TAT 1 1 A 1110	Administration1 p.m.
Wednesday, April 10	Security, Bus & Traffic Committee
	Administration1 p.m.
Thursday, April 11	Communications Committee
	Administration
Friday, April 12	Executive Committee
	Administration1 p.m.
Monday, April 15	Finance Committee
	Administration
Tuesday, April 16	Information Technology Committee
	Administration1 p.m.

## **Schedule of Mutual Meetings**

Mutual meetings are listed below. Mutual residents are invited n meetings of their mutual boards as follow to attend the op

### **MUTUAL 16 New GRF Board** member elected

A special meeting of the GRF Board of Directors was held March 18, at 2 p.m. in Clubhouse 4, for the purpose of starting the counting process for the election of a GRF Director representing Mutual 16.

The result of the ballot count is as follows, with the winner's name bolded.

Mutual Sixteen: Janet M. Isom, 37; Quorum only, 0; and Abstain, 1.

The minutes of the March 18, 2019, special board meeting will be published in the LW Weekly upon approval at the next regular board meeting.



Josh Lowenthal

## LW DEMOCRATIC CLUB Lowenthal will be guest speaker

Josh Lowenthal, the 2018 Democratic candidate for election to the California Assembly from the 72nd district, will be the featured speaker at the Wednesday, March 27, SBLW Democratic Club membership meeting in Clubhouse 4. Members are encouraged to come as early as 11:30 a.m. for informal roundtable discussions. The business meeting, during which the members will be electing 2019/2010 board members and voting on bylaw changes, will begin at noon with the program beginning at 12:30 p.m. Lowenthal is well-known to club members; many served as volunteers in his 2018 campaign. It is widely believed that he will run for the Assembly position again in 2020. Currently, he is the president of FreeConferenceCall. Com. Since joining the company in 2010, he has been instrumental in helping FreeConferenceCall. com grow exponentially across 60 markets on five continents, connecting more than 40 million callers each month. The company is the most recognized retail brand of conferencing and collaboration services on the planet. Josh earned a bachelor's degree from Cornell University and attended the University of California, San Diego, where

Agenda **Clubhouse Four** Tuesday, March 26, 2019 10:00 a.m.

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call
- 3. President's Comments
- 4. Announcements/Service Awards/Staff Commendation
- 5. Seal Beach City Council Member's Update
- 6. Shareholder/Member Comments

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b... Time limits, per speaker, are limited to:

• 4 - minute limit per speaker, when there are no more than 15 speakers

- 3 minute limit per speaker, 16 25 speakers
- 2 minute limit per speaker, over 26 speakers
- 7. Consent Calendar (pp. 1-2.
  - a. Minutes of the Recreation Committee Board Meeting of February 4, 2019

b. Minutes of the Executive Committee Board Meeting of February 8, 2019

c. Minutes of the Security, Bus & Traffic Committee Board Meeting of February 13, 2019

d. Minutes of the Strategic Planning Ad hoc Committee Board Meeting of February 19, 2019

- 8. Approval of Minutes
- a. February 26, 2018
- b. March 18, 2019 (Special)
- 9. Reports
- a. Facilities and Amenities Review (FAR) Ad hoc Committee
  - b. Management Services Review Ad hoc Committee
  - c. Strategic Planning Ad hoc Committee
- d. Health Care Center Advisory Board
- 10. New Business
  - a. General

i. Rescind GRF Board of Directors' Motion of August 28, 2018 re: Main Gate Delineators

ii. Supplemental Request to City of Seal Beach re: Exemption for Golf Carts

iii. Approve March GRF Board Report

iv. Ratification of Emergency Action, by the Executive Direc-

tor, regarding Water Heater Replacement, Clubhouse Four

b. Executive Committee

i. Non-budgeted Operating Funds Request - Employee Recognition Plaque

- c. Finance Committee
- i. Accept February Financial Statements
- ii. Approve Funds Transfer Request Reserve Funds

iii. Acceptance of the 2018 Audited Financial Statements and **Excess** Income

- iv. Approve Investment Advisor
- d. Mutual Administration Committee
- i. Amend Policy 5-2114-4, Copy and Supply Center Fees

ii. FINAL VOTE: Amend Policy 1201-33, GRF Identification Cards



Tuesday, April 2	Mutual 16
	Administration 9:30 a.m.
Tuesday, April 2	Mutual 17
	Administration 1:30 p.m.
Wednesday, April 3	CFO Council
	Conference Room B 10 a.m.
Thursday, April 4	Presidents' Council
	Clubhouse 49 a.m.
Monday, April 8	Mutual 9
	Administration 9:30 a.m.
Wednesday, April 10	Mutual 4
	Administration
Thursday, April 11	Mutual 12
	Administration9 a.m.
Friday, April 12	Mutual 3
	Administration9 a.m.
Monday, April 15	Mutual 15
	Administration 1 p.m.
Tuesday, April 16	Mutual 14
	Conference Room B 1 p.m.
Wednesday April 17	Mutual 5
	Conference Room B9 a.m.
Wednesday, April 17	Mutual 7
	Administration 1 p.m.
Thursday, April 18	Mutual 2
•	Administration9 a.m.
Thursday, April 18	Mutual 11
• -	Clubhouse 3, Room 9 1:30 p.m.

**DEMOCRATS**, page 6

e. Physical Property Committee

i. Capital Funding Request - Reconfiguration, Building Five ii. Capital Funding Request - Improvements, Clubhouse Four iii. Reserve Funding Request - Phase 1 and 2, Slurry Seal and Crack Fill, Trust Streets

iv. Capital/Operating Funding Request - Automatic Door, News Building

v. Reserve Funding Request - Replacement of Asphalt/Concrete, Trust Property

vi. Operating Funding Request - Approve Elevator Maintenance Contract

f. Recreation Committee

i. Reserves Funding Request - Window Blinds Replacement, Clubhouse Three

ii. Operating Funding Request - Approve Janitorial Contract iii. Operating Funding Request - Contract for eBook Content

11. Staff Reports

Director of Finance's Report - Ms. Miller

Executive Director's Report - Mr. Ankeny

12. Board Member Comments

13. Next Meeting/Adjournment

GRF Board of Directors meeting, Tuesday, April 23, 10 a.m., Clubhouse Four

## Security town hall planned March 28

The monthly Security town hall meeting is scheduled for Thursday, March 28, at 6 p.m. in Clubhouse 4.

Security Services Director Victor Rocha will review the enhanced access control system proposed for the community, and will answer questions from the shareholders regarding security and safety.



## **Mutual Election Cycle Begins; Directors are needed**

The community unity we display in Leisure World Seal Beach is a direct result of all the unpaid volunteer Mutual and GRF board members duly elected to serve their mutuals and the shareholders over many years. What better way to create and sustain a community such as Leisure World then by volunteering time toward the governance of the incredible lifestyle shareholders enjoy?

This community was founded on the premise that the Mutual Boards and the elected board directors would set into operation the day-to-day business of each mutual corporation. Directors address the issues of most importance to their electorate, that is, the shareholders. Board directors find solutions to existing problems, large and small. This is not an easy job. It takes time, effort and a willingness to unselfishly donate a portion of a person's everyday life to the community in which they live.

Leisure World Seal Beach is full of highly qualified shareholders who have so much expertise to offer, such as knowledge of construction, plumbing and accounting. New ideas and perspectives are always needed and that means volunteers are needed. Consider becoming a candidate for a director's position on your mutual's board of directors.

The schedule below indicates each mutual's annual meeting date and election. Note the deadlines to apply for candidacy. If you are interested or have any questions relating to becoming a candidate for election to your Mutual's Board of Directors, contact the Stock Transfer Office at 431-6586, ext. 346.

-Carol Weller, former Mutual Administration Director, updated by Stock Transfer Manager Nancy Ray.

			esignations s 9 and 12	6	
Mutual	Parcel	Bldgs.	Mutual	Parcel	Bldgs.
Nine	39	206-210	Twelve	1	64-69
	40	211-214	-	2	70-73
	41	215-218		3	74-78
	42	219-223		4	6-11
	43	224-226		8	55-63
	44	227-232	1	9	40-47
	45	233-237		10	34-39

#### **RECREATION DEPARTMENT**

## GRF policy restricts club's use of clubhouses

GRF Policy 1406-50, Item 5, states: "Although Members are allowed to invite guests, no club may advertise or publicize its activities so as to imply its membership or events are open to non-GRF Members."

Recently, with the prolific use of social media, postings and ads for club events have been showing up on the Internet. It is incumbent upon club officers to educate their members about the policies governing clubs and that promoting an event on trust property outside of Leisure World is strictly prohibited.

activity that is in violation of state, local or federal law. For example, raffles and other games of chance are illegal and cannot be promoted, unless a club is a registered charitable organization or other non-profit with a license to conduct a lottery.

GRF does provide ample opportunity for promoting clubs via the LW Weekly, flyers, electronic bulletin boards, LWSB website and the outdoor marguee.

Clubs may submit articles to the newspaper by the end of business on Thursdays to be published the following week. Clubs may submit contact and meeting information or even have a link to a subsite under the Active Living tab on LWSB.com. The Recreation Department will post six letter-sized flyers in portrait view (vertical) two weeks to one month in advance of the gathering at designated locations. As a courtesy, the flyer will also be posted on electronic screens in all clubhouses.

their no-charge events that are open to all may request space on the St. Andrews/Golden Rain marquee one week ahead of the meeting. It is subject to availability. Restrictions apply when there is a charge or donations are solicited.

Clubs should contact the Reservations Office to clarify their particular situations before advertising. All policies concerning clubhouse usage are available for review at www.lwsb.com; search under GRF/Policies/Recreation.

Recreation receives calls daily nquiring about clubs when information is not readily found. Help us help you get the word out and thank you for doing it within the rules.

Board of Directors representing their odd-numbered Mutual. A member in good standing is defined by the GRF By-laws as a Mutual shareholder/owner who is no more than 30 days in arrears of their carrying charge, or in arrears of any fines or fees.

Candidates may self-nominate or be nominated by their Mutual's Nominating Committee or Board of Directors.

"Application for Candidacy" forms are available in the Stock Transfer Office in the Administration Building. Candidates who are self-nominated must complete an "Application for Candidacy" before 4:30 p.m. on Friday, April 5.

Candidates who are nominated by their Mutual's nominating committee or board of directors will have their names submitted to Stock Transfer by the Mutual's secretary. Upon receipt of any submitted names, the GRF board office will contact each candidate and arrange for them to confirm their candidacy by receiving and completing an "Application for Candidacy" and candidate instructions.

In accordance with Policy 5025-30, Election Procedures, each candidate shall submit a statement, or resume, of 300 words or less, single sided, to the Stock Transfer Office. Statements shall be written in compliance with the election rules, e.g., contain the background, qualifications and platform of the candidate, and shall not contain any disparaging or defamatory content. All statements are due before 4:30 p.m. on Friday, April 5. When turning in the Application for Candidacy, Eligibil-

ity Disclaimer, and statement, members must show their current Leisure World photo identification card. Candidates will receive a receipt when turning in their application materials.

Article VI, Election of Directors, Section 1, Qualifications, of the GRF By-Laws sets forth that Directors of the GRF Board of Directors shall not be qualified to serve on the Board if they are a member, officer, or director of various organizations, entities, or governmental bodies. Examples include a Director of a Mutual Corporation, member of a City Council, Planning Commission, Board of Supervisors, etc. Further, to avoid any potential conflict of interest, no member of the GRF Board of Directors or their spouse may be employed by the Golden Rain Foundation. GRF Board candidates shall sign an Eligibility Disclaimer stating that they are eligible to serve as a Director.

Candidates who complete a timely Application for Candidacy (or are nominated by a Mutual's nominating committee or board. will be listed on the Secret Mail-in Ballot. Packets containing the Secret Mail-in Ballot, postage-paid envelopes, balloting instructions and deadlines will be mailed to each household in the evennumbered Mutuals on Thursday, May 2. The GRF By-Laws have no provisions for write-in candidates on the ballots or for nominations from the floor. For further information on being a candidate for the GRF Board, call 431-6586, ext. 346, for Stock Transfer or ext. 303 for the Board of Directors Office.

#### LWWeekly

	Mu.	No. of Units		No. of Directors Being Elected	Candidate	Candidate Application Deadline (60 days before election)**	Ballots Mailed (30 days before election)***	Meeting Day	Meeting Date	Meeting Time	Notes
	10	276	92	6	Thurs. 2/14	Sat. 3/16	Mon. 4/15	3 <sup>rd</sup> Wed.	5/15	10 a.m.	
	14	328	110	7	Fri. 2/15	Sun. 3/17	Tues. 4/16	3 <sup>rd</sup> Thurs.	5/16	10 a.m.	
	7	384	128	6	Sat. 2/16	Mon. 3/18	Wed. 4/17	3 <sup>rd</sup> Fri.	5/17	10 a.m.	Parcels eliminated
≿	4	396	132	4	Thurs. 2/21	Sat. 3/23	Mon. 4/22	4 <sup>th</sup> Wed.	5/22	10 a.m.	Staggered terms
ΜАΥ	16	60	20	5	Thurs. 2/21	Sat. 3/23	Mon. 4/22	4 <sup>th</sup> Wed.	5/22	2 p.m.	2019 meeting will be held in Administration Conference Room
	11	312	104	6	Fri. 2/22	Sun. 3/24	Tues. 4/23	4 <sup>th</sup> Thurs.	5/23	10 a.m.	
	9	384	128	7	Sat. 2/23	Mon. 3/25	Wed. 4/24	4 <sup>th</sup> Fri.	5/24	10 a.m.	Parcels in effect
	8	348	116	5	Wed. 2/27	Fri. 3/29	Sun. 4/28	4 <sup>th</sup> Tues.	5/28	10 a.m.	Meeting moved from 4th Mon. to 4th Tues. due to Memorial Day
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins (90 days before election)*	Candidate Application Deadline (60 days before election)**	Ballots Mailed (30 days before election)***	Meeting Day	Meeting Date	Meeting Time	Notes
	1	844	282	4	Tues. 3/12	Thurs. 4/11	Sat. 5/11	2 <sup>nd</sup> Mon.	6/10	10 a.m.	Staggered Terms
	5	492	164	3	Wed. 3/13	Fri. 4/12	Sun. 5/12	2 <sup>nd</sup> Tues.	6/11	10 a.m.	Staggered Terms. No cumulative voting. Parcels eliminated,
	3	432	144	7	Thurs. 3/14	Sat. 4/13	Mon. 5/13	2 <sup>nd</sup> Wed.	6/12	10 a.m.	
Ë	12	452	151	7	Fri. 3/15	Sun. 4/14	Tues. 5/14	2 <sup>nd</sup> Thurs.	6/13	10 a.m.	Parcels in effect
	2	864	288	9	Sat. 3/16	Mon. 4/15	Wed. 5/15	2 <sup>nd</sup> Fri.	6/14	10 a.m.	
2		502	168	7	Sat. 3/23	Mon. 4/22	Wed. 5/22	3 <sup>rd</sup> Fri.	6/21	10 a.m.	
JUNE	15	50Z					Sun. 5/26	4 <sup>th</sup> Tues.	6/25	10 a.m.	1
IJ,	17	126	65	2	Wed. 3/27	Fri. 4/26	Sun. 5/20		0/20	10 a.m.	
١U	-		65 136	2 7	Wed. 3/27 Sat. 3/30	Fri. 4/26 Mon. 4/29	Sun. 5/20 Sun. 5/29	4 <sup>th</sup> Fri.	6/28	10 a.m.	

#### **ODD-NUMBERED MUTUALS**

The campaign cycle for the

GRF Board of Directors begins

soon. During 2019, the Board

seats representing the odd-

numbered Mutuals are up for

election. During even-numbered

years, the Board seats represent-

ing even-numbered Mutuals are

ing is eligible to be a candidate

for the Golden Rain Foundation

Any member in good stand-

up for election.

## How to be a candidate for GRF BOD

Electronic newsletters would fall under this provision and should be shared exclusively with club members, with the disclaimer that this event is closed to non-GRF members.

Although club members may invite guests, it should be emphasized that the shareholder/ member who invites the guest must accompany him or her at all times.

Clubs may not advertise any

Clubs who want to advertise

For more information, contact the Reservations Office by email at *kathyt@lwsb.com*.

## HHUG collects for homeless

Hearts and Hand United in Giving (HHUG), a local nonprofit, donates clean used towels and washcloths, new disposable razors, toothbrushes, travel size shampoos, lotions, bath soaps and toothpaste to the Long Beach Multi-Service Center that provides a variety of services to homeless men, women and families in the community.

HHUG makes two deliveries every month.

If you have any of these items to donate, call Susan Hopewell at 430-6044 or Linda Neer at 430-3214 for pick up or leave on the porch at Mutual 6, 1320 Mayfield Road, 62-A or Mutual 2, 1503 Merion Way, 48-A.

#### DEMOCRATS From page 5

he earned a master's degree in international affairs. He currently serves on the advisory board of directors at Children Today and lives in Huntington Beach, Calif., with his wife and three daughters.

Club members are reminded that previous "Democrat of the Year" awardees Clara Wise and Mary Larson have been appointed to receive nominations from club members for the 2019 award. Nominations should be emailed on a one-to-one basis to mlarson.telfords@gmail.com and claramwise@msn.com. All

nominations must be received no later than April 13, with the final selection voted by the board no later than May 20. The award will be presented at the club's annual fundraiser breakfast on Saturday, July 13.

Plans are underway for an orientation session for both new board and club members. The session will also be open to any club member wanting to attend. For more information, email lwsbdemocraticclub@gmail.com

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Joyce Reed of the Mission Team and Pastor Johan Dodge invite everyone to the fundraiser on March 27 at Pollys' Pies.

## **COMMUNITY CHURCH** Fund-raiser will be held March 27

The Community Church Mis- Frankiewicz. sions Team is sponsoring a fundraiser at Polly's Pies Restaurant in Los Alamitos on Wednesday, March 27, from 6:30 a.m.-9:30 p.m.

LWWeekly

To participate, pick up a flyer attached to the worship guide at church on Sunday, March 24, or from the office from 9:30 a.m.-12:30 p.m., Monday-Thursday.

Polly's will donate 20 percent of the proceeds when the flyer is presented at the restaurant on March 27.

Proceeds will benefit Precious Life Shelter in Los Alamitos.

The church continues its Lenten "Bowl and a Roll" series at 5 p.m. today, Thursday in Edgar Hall titled "Holistic Living for Later in Life," presented by Kerv Bailev.

Homemade soup and a roll will be served. All are invited to attend

For more information, call Virginia Olejnik at 386-6076.

On Sunday, March 24, Pastor Johan Dodge will present a message titled, "Don't Give in to Selfishness" from Luke 13:1-9. Lay Liturgist will be Kelly

Worship services are at 9:50 a.m., followed by refreshments and coffee in Edgar Hall.

# Religion

## **REDEEMER LUTHERAN**

'Jesus and Today's Headlines' the title of Rev. Moore's sermon

The topic of Sunday's sermon at Redeemer Lutheran Church is "Jesus and Today's Headlines." Pastor Gil Moore will use Luke 13:1-9 as his text. The service begins at 10:30 a.m., followed by a coffee hour in Fellowship Hall.

The reader will be Judy Norlander and the prayer leader, Beverly Anderson. The choir will sing "My Soul in Stillness Waits."

Pastor Lynda and Cedric Elmer will play a piano duet of "Kum Ba Yah." Altar flowers will be provided by Larry and Judy Norlander in honor of their wedding anniversary.

The Wednesday morning Bible class meets on March 27 in Fellowship Hall from 10:30-11:30 a.m. under the leadership of Pastor Lynda Elmer. The class is now studying Paul's letters to Timothy. All are welcome.

Special Lenten devotions and soup suppers begin at 4 p.m. on Wednesdays in Fellowship Hall.

A light supper will be served and a dialogue devotional presentation by Pastor Gil Moore and Rev. Lisa Rotchford is planned.

Devotions begin at 10 a.m. today in Seal Beach Health and Rehabilitation Center.

The Respite Center meets on Monday, Tuesdays and Thursdays. Call 596-1209 for information about registration and volunteering. Website for the congregation is at www.redeemerlutheransealbeach.com



## Fred Seiler **SALVATION ARMY** Fred Seiler will will be honored

Fred Seiler, former Leisure World resident and retired major in the Salvation Army, will be honored for his many years of service when the organization

SEILER, page 10

# **Teeth in One Day!** DENTAL

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**FUN, FELLOWSHIP** 

## Members meet March 26 in CH4

The Christian Fun and Fellowship Club meet at 6 p.m. on Tuesday, March 26, in Clubhouse 4.

Those who attend are requested to bring a food dish to share and their table service. Coffee and water will be provided.

Enrtainment will be provided by The Messengers, a mixed quartet.

All residents are welcome to attend and bring a friend.

For more information, call 455-6218.

## For Your Information

Caregivers and visitors are not permitted to use the swimming pool, golf course, or exercise room. These facilities are for the use of shareholders/homeowners only.

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Patsy Schaffner

## **LW BAPTIST** Patsy Schaffner to sing solo at Sunday service

All are invited to attend the events at Leisure World Baptist Church on Sunday.

Sunday School is from 8:40-9:10 a.m., followed by coffee and snacks until 9:45 a.m., when morning worship begins.

The call to worship song will be "O For a Thousand Tongues."

Patsy Schaffner chose "Holy, Holy, Holy is What the Angels Sing."

Darlene Harris will direct the choir in singing "The Church is One Foundation." The unique power of the hymn is that all the verses are based on Biblical promises.

Congregational hymns will include "Come Thou Almighty King," "Beneath the Cross of Jesus" and "More Love to Thee."

Pianist Yvonne Leon will play the offertory.

Pastor Rolland Coburn's message will be "Privilege With God" from Romans 3:1-8 (Acts 13:27). The closing hymn will be

"Wounded for Me." Following the service, the prayer room will be open for those with special requests.

## **HOLY FAMILY CATHOLIC** Filipino Group sponsors retreat on March 30

Holy Family Catholic Church, located at 13900 Church Place next to the St. Andrews Gate, will celebrate the third Sunday of Lent this week.

The readings:

First Reading: Exodus 3:1-8A, 13-15; Responsorial Psalm: 103:1-2, 3-4, 6-7, 8, 11; Second Reading: 1 Corinthians 10:1-6, 10-12; Verse before Gospel: Matthew 4:17; Gospel: Luke 13:1-9.

The Federation of Filipino Rosary Group is sponsoring a retreat from 9:15 a.m.-4 p.m. Saturday, March 30, at the church.

Leading the retreat will be Fr. Thomas Naval, Pastor of Santiago de Compostela Church, Lake Forest.

Light breakfast and lunch will be served.

There is a suggested donation of \$10 requested from the attendees. There will be a table to register.

All are invited to attend as part of the church's Lenten observance.

Pray the Rosary during Lent Monday-Saturday at 8 a.m., 7:45

a.m. on Wednesdays. All are invited to pray to God with the divine intersection of Our Blessed Mother Mary at 3 p.m. on Mondays and Thursdays.

Stations of the Cross are held every Friday during Lent immediately after 8:30 a.m. Mass.

The church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is at 5 p.m. Saturday; daily Mass is 8:30 a.m., Monday-Saturday.

Confessions are heard from 4-4:45 p.m. on Saturdays and the eves of Holy Days: and 9:15 a.m. on First Fridays.

### **Rock Church**

The Rock Church, Seal Beach campus welcomes everyone to weekly services for all ages at

## CONGREGATION SHOLOM **Rabbi Eisenberg** to lead service

Congregation Sholom will celebrate services led by Rabbi Karen Eisenberg, at 7 p.m. tomorrow, Friday, in Clubhouse 3, Room 9. An Oneg shabbat will follow.

Bagels will be served on Saturday at 9 a.m. in Clubhouse 3, Room 9 followed by services with Rabbi Eric Dangott. A potluck dairy lunch will follow services at noon

During lunch the Rabbi will discuss this week's Torah portion.

The walking group will RABBI, page 26

#### FAITH CHRISTIAN

## Celebration services held

Faith Christian Assembly (FCA) has a one-hour celebration service Sundays at 5:30 p.m. It is an informal time of worship, teaching and fellowship and includes many great church hymns

Due to reduced attendance, many churches have canceled Sunday evening services. At FCA, many value the special time.

All are invited to attend the service, along with prayer time at 5 p.m.

Tuesday is Faith Fellowship, at 11 a.m. in the Garden Room; Bible study taught by Pastor Sheri Leming is 7 p.m., Wednesdays in the Garden Room; and Grief-Share meets at 2 p.m. Fridays in the Garden Room.

To receive anewsletter and for more information, call 598-9010 or visit www.FCAchurch.net.

## **Buddha Circle** meets March 23

The Buddha Circle will meet from 9:30-11 a.m. on Saturday, March 23, in Clubhouse 4.

> Another lesson in Buddhism will

## **FIRST CHRISTIAN** Film will be shown twice this weekend

First Christian Church will present the film "Unbroken: Path to Redemption" at 5:30 p.m. tomorrow, Friday, and 1 p.m. Saturday in the Chapel.

It is the true and inspiring story of Louis Zamperini, former Olympian and World War II hero. He found faith in God, redemption and forgiveness through Billy Graham's Los Angeles Crusade in 1949.

The Saturday service begins at 5:15 p.m. The hospitality room opens at 4:30 p.m.

Sunday begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Exodus.

At 9:30 a.m., the Hospitality Room opens for fellowship and light refreshments with co-hosts Carol Speake and Sue Kaminski.

Pastor Bruce Humes begins the service at 10:15 a.m. with praise, prayer and Scripture.

Margaret Humes will lead the hymns "It Is Well With My Soul," "Leaning on the Everlasting Arms" and "Under His Wings."

The Communion hymn will be "I Will Praise Him."

The choir, under the direction of Anita Ragole, will sing "Spirit Of The Living God."

Pastor Bruce Humes will present the Communion meditation **ASSEMBLY OF GOD** 



Pat Kogok

and service. For the offertory, the Praise

Team will sing, "Jesus Is the Answer." Pat Kogok will sing "Via Do-

lorosa" and read from the Gospel of Matthew, 21:43-46.

Pastor Gene Cherryholmes' message will be "The Cornerstone" based on Matthew 21:43-22:14.

The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both at 9:30 a.m.

The Calvary Chapel Bible study has been canceled.

Hearing enhancements are available at all church functions.

For more information, call 431-8810 and leave a message.

## Gospel legend Lillie Knauls will join hymn sing on Sunday night

Assembly of God Church meets every Sunday at 10:30 a.m. in Clubhouse 3, Room 2. Pastor Sam Pawlak's message this week will be "Is It Possible to be Too Religious?"

The message is divided into three parts with worship songs led between segments by Associate Pastor Dan Ballinger.

Accompanying the worship will be Marge McDonald at the organ and Lillie Knauls Norma Ballinger at the piano.

Diana Mushagian keeps the congregation informed of various vities and leads in the offering.



LWWeekly

The Women's Fellowship and Bible Study meets at 10 a.m. on Monday, March 25, in Clubhouse 3, Room 6.

The Energizers meet at 3 p.m. on Wednesday, March 27, in Clubhouse 4, Room A, for study and fellowship.

For more information, call 430-2920.

Marine Center, 151 Marina Drive, Seal Beach

Sunday services in English begin at 9 a.m. and 11:15 a.m. Spanish services remain at 1:45 p.m. Sunday's message can be heard for no cost at www.gototherock.com. Select Seal Beach Campus and check the podcast.

For more information, call (714) 562-8233.



be discussed by Ven. Vui Mung (Joyful Heart) from Desert Zen Center.

He presents Ven. Vui Mung Buddhism in a simple way, how to suffer less and become happier.

BUDDHA, page 10

The 6 p.m. hymn sing in the Clubhouse 3 Lobby will feature Lillie Knauls, who made her first recording of southern gospel music in 1975.

Ms. Knauls sang with the Edwin Hawkins singers in the United States and throughout Europe and now ministers in churches with Aglow Fellowship. She is past winner of the Dove Award for achievements and excellence in Christian music.

Those present will be able to select their favorite songs from the hymn book, which Associate Pastor Ballinger will lead.

Wednesday's Bible Study will be from Hebrews, Chapter 10. The group meets at 10 a.m. in Clubhouse 3, Room 7. Pastor Sam leads the study and discussion time.

The men of the church are invited to a breakfast on Saturday, March 23, at 9 a.m., in the parsonage with home-cooked food, prepared by Pastor Sam.





# <u>Sports &</u> Games

### Cards and Games Scoreboard

Fun Time Pinochle Club winners March 18: Jerry Hore, 10,950; Bobbie Olsen, 9,940; Amy Kasuyama, 9,670; Julia Troise, 9,590. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

Monday Bridge Club winners March 18: Howard Bleakley, Donna Cooper, Maxine LaFleur. Games begin at noon in Clubhouse 1. For more information, call Mary Nell Clark, 296-8570.

Burning Tree Duplicate Bridge Club winners March 16: N/S: Sibyl Smith-Jeanette Estill; Fred Reker-Joan Tschirki; Diane Sachs-Verna Baccus; Marty Lipman-George Alemshah; Judy Mathis-Sylvia Kaprelyan. E/W: Judy Jones-Al Appel; Sharon Beran-Russ Gray; Joyce Henderson-Howard Smith; Mark Singer-Sue Fardette. Winners March 15: N/S: George Alemshah-Sylvia Kaprelyan; Janet Gibbons-Julia Cunningham; Ron and Rosemarie Spain; Harriet Weiss-Joan Berg. E/W: Larry Slutsky-Carol Murakoshi; Jeanette Estill-Marilyn McClintock; Ellen Kice-Russ Gray; Judy Jones-Al Appel; Roy Tomooka-Ernie Ross. The club meets at 12:15 p.m. on Fridays and Saturdays in Clubhouse 1. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Friday on April 29.

...

Jolly Time Pinochle Club winners: March 16: Joe Capra, 11,850; Amy Kasuyama, 9,530; Marge Dodero, 9,400; Bert Sellers, 9,170. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

Leisure World Duplicate Bridge Club winners March 14: N/S: First in Strats A and B: Marty Lipman-George Alemshah; second in Strat A: Pat and Bob Adam; third in Strat A, second in Strat B, first in Strat C: Joan Berg-Barbara Wallace; fourth in Strat A, third in Strat B: Judy Carter-Johnson-Harshad Vora; fifth in Strat A: Sibyl Smith-Marilyn McClintock; sixth in Strat A: Larry Slutsky-Verna Baccus; fourth in Strat B, second in Strat C: Ron and Gene Yaffee. E/W: First in Strats A, B and C: Frances Gross-Judy Cook; second in Strat A: Al Appel-Judy Jones; third in Strat A: Joyce Henderson-Rob Preece; fourth in Strat A: Fern Dunbar-Carol Murakoshi; fifth in Strat A, second in Strat B: Mark Singer-Emma Trepinski; sixth in Strat A, third in Strat B: Peggi Spring-Monica Gettis; fourth in Strat B: Fred Reker-Russ Gray; second in Strat C: Priscilla Caillouette-John Yosanovich. Winners March 11: N/S: First in Strat A: Karen Johnston-Mary Lou Hughes; second in Strat A, first in Strat B: Larry Topper-Frances Gross; third in Strat A, second in Strat B: Bill Linskey-Howard Smith; fourth in Strat A: Larry Slutsky-Sue Fardette; fifth in Strat A, third in Strat B, first in Strat C: Russ Gray-Sylvia Kaprelyan; fourth in Strat B, second in Strat C: Ron and Gene Yaffee. E/W: First in Strat A: Marilyn McClintock-Diane Schmitz; second in Strat A: Judy Jones-Al Appel; third in Strat A: Hank Dunbar-Diane Sachs; fourth in Strat A: Fern Dunbar-LaVonne McQuilkin; tied for fifth in Strat A and first in Strat B: Nancy Lichter-Norma Krueger and Rich Barrack-Tad Galardos (first in Strat C); third in Strat B: Peggi Spring-Monica Gettis; second in Strat C: Bea Aron-Joy Rosenthal. Games are played Mondays and Thursdays beginning at 12:30 p.m. in the Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservations. To make or cancel a reservation for Mondays, call Midge Dunagan at 594-9698; for Thursdays, call Sharon Beran at 308-7838 or email her by 10:30 a.m. on the day of game, at hbsharonb@gmail.com. With a



Fujio Norihiro (I) and Byong Choi made holes-in-one at the Men's Golf Tournament on March 13 and so did Jae Kim (below). MEN'S GOLF CLUB

## Good things come in threes

Three holes-in-one highlighted play in the monthly Men's Golf Club Tournament on March 13 at the local course.

Byong Choi got his on on the first hole, a 105-yarder. Fujio Norihiro's ace came on the 83plus yard sixth hole, and Jae Kim got his on the 95-plus yard 12th. Forty-seven golfers competed in four flights.

Flight winners:

A: Jae Kim, 49; Bill Lyons, 54, tie for third between Alan Sewell and Fujio Norihiro, 55.

B: Chang Choi, 48; Jay Kim, 54; tie for third between Byong Choi and Hyon Shin, 56.

C: Mike Carlson, 49; Young

Jae Kim



## MEN'S FRIDAY GOLF Scores dip in weekly play at Baker course

A dozen members of the Men's Friday Golf group competed over 18 holes in two flights on March 8 at the par-62 David L. Baker Golf Course in Fountain Valley.

On an overcast morning, even with cool weather and damp conditions, scores were lower than usual.

Gary Stivers, Bob Munn, and Dennis Kotecki had birdies.

Lowell Goltra was closest to the pin on hole 3 and Bob Munn on No. 12.

Munn had the lowest score of the day, an impressive 53.

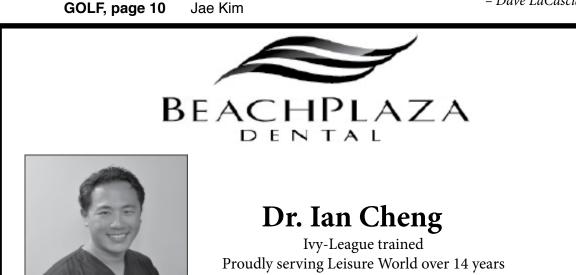
Flight winners:

1. Paul Cose, 60; tie between Gary Stivers and Fujio Norihiro, 61; Jim Goltra, 67; Sam Choi, 69.

2. Bob Munn, 53; Lowell Goltra, 56; Marv Ballard, 58; John Mayer, 62.

Next game will be at the Riverview course tomorrow, March 22. Rounds are played Fridays at David L. Baker, Meadowlark, Riverview, or Willowick golf courses.

To join the Men's Golf League, contact President Bill Zurn or Membership Chair Dave LaCascia, via the golf starter shop. - Dave LaCascia



maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will be accommodated on a first-come- first served basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon-1 p.m.

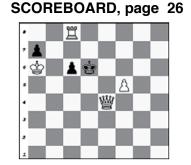
Friendly Pinochle Club winners March 14: Gracie Finnigan,

## **Chess Club Puzzle**

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available

CHESS, page 10



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#### LADIES GOLF CLUB

## Devora Kim has top score of 27

Jane Song, 1, 8.

Marilyn Hewitt, 8.

Garcia, 7.

B: Low gross: Hae Lee, 30.

C: Low gross: Anne Walshe,

29. Low net: Sue Yokomi, 21.

Birdies/hole: Anne Walshe, 1, 4;

Sue Yokomi, 5; Judy Kim, 6; Laura

34. Low net: Dorothy Favre, 23.

D: Low gross: Neva Senske,

- Dale Quinn

Low net: Mary Park, 24. Birdies/ hole: Grace Choi, 6; Hae Lee and

Members of the Leisure World Ladies Golf Club played the first of two rounds in the annual spring tournament on March 12. Winners were announced after the second round on March 19.

In the first round, 47 members played for low gross, low net and birdies. Nine golfers had birdies. Flight winners:

A: Low gross: Devora Kim, 27. Low net: Bert Thompson, 24. Birdies/hole: Devora Kim, 6, 9;

LETTERS

#### From page 4

Editor:

I am vehemently opposed to charging shareholders for using facilities. We all paid a fee when we purchased our shares of stock in the corporation for the privilege of using all Leisure World facilities, and continue to do so with our monthly assessments to GRF, including the clubhouses.

I belong to several clubs. One holds fund-raisers and donates a large sum of money to the GAF as a result of their meetings and participation. Most of us are living on fixed incomes and will be unable to participate in activities if charged a fee.

It is reprehensible for GRF to even consider charging shareholders. Laguna Woods has an entirely different system than we do.

Why our shareholders' representatives would consider patterning LWSB after Laguna Woods is beyond me. If they had, we wouldn't have spent hundreds of thousand of dollars on the globe.

We moved into LW with specific expectations. If moneys have been mismanaged or not utilized appropriately, GRF can't switch gears and make shareholders pay the price.

Tighten your belts and find a different solution. I can understand the potential of charging a fee to outsiders, but consider the impact on shareholders. If outsiders no longer come, some activities may be forced to cease.

Hundreds of thousands of dollars were spent on refurbishing a globe that adds nothing to the community. It isn't the original globe that had color and turned. That money could have been better spent on maintaining our facilities if that is needed.

> Susan Simon Mutual 14

#### **BUDDHA**

#### From page 8

It's an interactive group, so those who attend are encouraged to ask questions.

Ven. Vui Mung will begin the session in a guided meditation. Check the website at LWSB.com under Religion, Buddha Circle

for more information.

There is no membership, just a gathering of like-minded people. All residents are welcome.

Donations are welcome and will support Ven. Vui Mung in his teachings.

For more information, call (714) 933-5122.

#### SEILER

#### From page 7

**TOURNAMENT POKER** Wendy Wu wins two more at final table

#### by Susan Dodson

LW contributor

For the second straight week, Wendy Wu won the final table in Tournament Poker play.

On March 16, her hole cards gave her two pair, beating Katie Hamilton's lower two pair.

Third place was Linda Stone, followed by Nancy Jordan, Susan Dodson, Erika Greenwood and John Vento.

Linda Stone won the high hand with four nines. Bill Clawson was second with three aces. New member Ray Skupnik won the featured hand.

The previous week, Wu's hole cards of jack and nine resulted in a full house, besting second place Cleo Looney's six and seven.

Third was new member Trai Nguyen, followed by Susan Dodson, Tom Pappas, Nancy Floyd and Grace Buster.

Jan Klein won the high hand contest with a diamond straight flush. Second best high hand was Jon Jones with aces full of queens.

Nancy Jordan won the featured hand, holding and winning with a three and nine.

Wu, the Shuffleboard Club president, lives in Mutual 2 with her husband John.

The club will put on its yearly dealers-only tournament on March 30.

For further information contact Wu at (714) 366-0940.

#### GOLF

#### From page 9

Lee, 50; tie for third among Paul Alloway, Jae Lee, and Jim John, 54. D: Dennis Kotecki, 49; Roger Bennett, 50; Joe Didonato, 53; Sang H. Kim, 55.

Jim Johns was closest to the pin on the eighth hole and Fujio Norihiro was closest on No. 17.

There were four circle hole winners.

The club plays tournaments on the second and fourth Wednesdays of the month. There will be no tournament on March 27 or April 10, although there will be regular play for members. The next tourna-

#### SHUFFLEBOARD CLUB

## Classics, Puckmasters victorious

The Classics beat Girl Power, 10-8, in Shuffleboard Club league play on March 15 in Clubhouse 1. The Classics' all game winner was Bill Hamilton. Girl Power's allgame winner was Linda Peters.

In the second game, the Puckmasters decked the Sliders, 13-5. Puckmasters' all game winners were Gary Jantzen, Harshad Patel, and Anita Giroud.

As of March 15, Mo Habel leads the women players with a 22-15 record, followed by Carrie Kistner, 31-22 and Connie

#### **BOWLING CLUB**

## Very Striking collects another win

against the Pinbusters in Bowling from Spares Are Good by tying Club league play last week despite missing their anchor man Ron Marcus.

had a 497 series to propel the team to a 14-1/2 game lead over Spares Are Good with only five weeks left in the season.

Last year, Spares Are Good was 7-1/2 games behind Very Striking with two weeks to go and won the league by a half game.

#### **CRIBBAGE CLUB**

## DeDubovay wins with an 838

Sandra DeDubovay had the high score of 838 to finish first in Cribbage Club play on March 12 at the Clubhouse 1 courts.

She was followed by Marie McGuire and Myrna Baker, tied at 834; Dale Quinn, 833 and Julie Milburn, 830.

Leader among the men is Bill Hamilton, 34-14; Sal La Scala, 35-19 and Gary Jantzen, 27-16.

The next league game is tomorrow, Friday, when the Sliders play the Classics and Girl Power tests the Puckmasters.

The next Friday luncheon will be on March 29 after league play.

To join the club or or try out the game, practices are held during league play at 10 a.m. on Mondays and Wednesdays at the courts behind Clubhouse 1.

For more information, call Carrie Kistner at (949) 300-0285.

Nameless won 3-1/2 games game one and winning the last two.

We Can Do It swept Maybe Connie Terry of Very Striking Next Tuesday as John Gaddis had a 571 series and Dorothy Farve finished with a 154.

> Renato Villanueva had three games over 200 for a 607 series and teammate Fred Garcia had a 226 and a 217 as D Hustlers swept OSIMA.

- Dave Silva

Jack Hawn and Jean Wilson each had six games of 121.

Delores Cook celebrated her birthday by providing ice cream, cookies and Pub Mix to share.

Members meet at noon on Tuesdays in Clubhouse 1. Play usually ends by 3:30. Residents are invited to join the club. Partners are not required. Players are requested to arrive by noon to be assured of a table.

To learn to play cribbage, call Patti Smith at 242-4674 and she will arrange for lessons for one hour before the games begin.

#### CHESS

#### From page 9

in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3,

Very Striking won four games

Lee, 31-25.

meets on Monday, March 25, in Clubhouse 4.

Since a light supper is planned for the meeting it will begin at 6:30 p.m.

For many years, Mr. Seiler and his wife, Irene, directed the Home League and were representatives to the Interfaith Council.

Rabbi Galit Levy-Slater, president of the Interfaith Council will express the appreciation for all the years of the Seilers' service.

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ment is April 24.

Competition for the club champion is underway and will continue until mid-December. Only club members are eligible and must have played in at least eight tournaments by Nov. 13.

To join the Men's Golf League, contact President Bill Zurn or Membership Chair Dave LaCascia, via the golf starter shop.

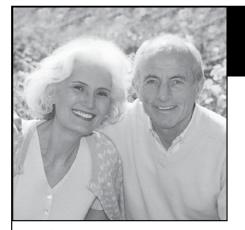
To join, new members must play three 18-hole rounds on the local course to get a valid handicap

2003 chrisad

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Room 7. Beginners are welcome for free lessons.

Solution to this week's puzzle: Qe2. Rd8. The white rook moves from c8 to d8. Any answer by black, white's next move is check mate.



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Arts & Leisure

## Second LW Library egg decorating contest set

The Leisure World Library will host an Egg Decorating Contest on Thursday, April 18, from 10 a.m.-1 p.m. Participants will have their decorated eggs on display, and everybody is welcome to stop by and vote for their favorites.

People who want to participate in the contest should pick up the complete contest rules and submit entry forms to library staff by April 15.

Even if you don't want to directly participate, library staff hopes everyone will stop by Veterans Plaza, next to the Library, to check out all the creations from residents and GRF departments.

The library will also provide coffee, cookies and other snacks. For more information, call the library at 598-2431 or ask in person on your next visit.



LWers invited to show off their egg decorating talents.

## GRF SATURDAY DANCE Dance to Second Guessing Band

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

The Second Guessing Band will play 50s, 60s and 70s dance music on March 23.

The GRF Recreation Department asks residents and their guests to adhere to the following rules:

• Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

- People must be out of the clubhouse no later than 10 p.m.
- Only the bands can make announcements from the stage.
- Everyone should sign in, either as a resident or guest.



Terry Otte and Abilene will perform in concert at 7 p.m.

## <u>GRF MOVIE</u> 'A Room with a View' shown on March 27, 7 p.m.

"A Room with a View," rated PG, will be shown on Wednesday, March 27, at 7 p.m. only, in Clubhouse 4.

The movie is based on E.M. Forster's novel of requited love. A young, independent-minded, upper-class Edwardian woman tries to sort out her burgeoning romantic feelings, divided between an enigmatic free spirit she meets on vacation in Florence and the priggish bookworm to whom she becomes engaged back in the more corseted Surrey. The movie is funny, sexy and sophisticated. It was a gargantuan art-house hit.

Some scenes and language may be offensive to some of the viewers.

Can't make the movie? Borrow it from the LW Library for free any time.

#### VIGIL

## LIBRARY CORNER

#### by Vanessa Morris

Library Operations Supervisor

Spring into a good book at the LW Library. Here are five ways to use your LW Library card in March:

• Start learning a new language or learn about a different culture you're not familiar with.

• Whether you are vegetarian or craving authentic Italian food, learn a new recipe from one of our many cook books.

• Ask a librarian about something you want to learn more about.

• Check out a recent release on DVD for movie night.

• Get growing! Browse through our gardening books to find California native plants or get ideas for your container garden.

The Leisure World Library offers a vast selection of materials including well over 30,000 book titles. People can check out the latest best sellers as well as a large print titles, newspapers, periodicals, audio books and more.

There are also eight computers with printing capabilities for our patrons to use, and Wi-Fi is available.

Stop by Monday-Saturday from 9:30 a.m.-3:30 p.m. For more information, call 598-2431.

#### GENEALOGY CLUB

## Learn how to protect computer

The Genealogy Club will meet on March 27 in Clubhouse 3, Room 1, for a program featuring computer specialists Tina Schaffer and Jeff Plum. Social time starts at 9:30 a.m. and the meeting, at 10 a.m.

The speakers will cover cutting the cord from the cable company, what people need to know about the dark web and "Alexa."

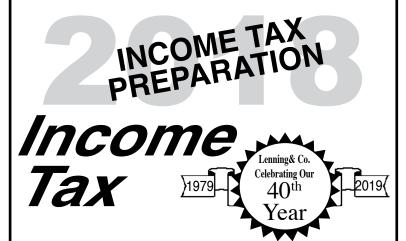
As more genealogy research is done via computers, which are prone to viruses and spam, this talk will also look at how to reduce computer risks.

Schaffer has been a computer professional for over 20 years and her company, Computer Images Plus, has helped Leisure World residents for over 11 years. The program is open to everyone. There will be a question-and-answer time. Call Mary Romero at 810-4266 for more information.

#### •••

The Genealogy Club offers Thursday Theme Workshops from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

- There is no charge for these workshops, and everyone is welcome. Workshop topics are:
- March 21: World Cat/Google Books
- March 28: Researching German History
- April 4: Ancestry.com



on Saturday, March 23, in Clubhouse 2. All Leisure World residents and friends are welcome. Bring beverages and snacks. Dancing is allowed.

#### RECREATION DEPT.

## Pick up new newsletter in office

The GRF Recreation Department, in conjunction, with the LW Library has just published its first newsletter.

Stop by the Library or the Recreation office in Building 5 for a free copy with all the upcoming events for the month at a glance.

From page 3

Rain will cancel.

For further information, call Lucille Martin, 430-1047, or Dorothy Kemeny, 242-4751.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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## **CLUB MEETING SCHEDULE**

**ARTS & CRAFTS** 

**Art League**, 2nd Tues. (except Aug., Dec.), 7 p.m., CH 4, 431-4124

**Art Classes**, Mon., Wed., Thur., Fri., 9 a.m.-noon; Fri., 1-4 p.m., CH 4, Art Room, 594-6064 **Ceramics**, Wed., 10 a.m.-2 p.m., CH 4, Ceramics Rm, 423-9805

**Clay Crafters**, Mon., 1-4 p.m., Fri.; 1-4 p.m.; CH 4, Ceramic Rm., (949) 636-6798

**Creative Writers**, Poetry Wkshp, 2nd Wed., 1:30 p.m., CH 3, Rm. 9; Fiction-Nonfiction Wkshp, 1:30 p.m., 4th Fri., 1:30 p.m., CH 3, Rm 1; gen'l mtg., 4th Fri., 3 p.m., CH 3, Rm. 1

Knit & Crochet, Tues., 9 a.m., CH 4 Ceramics Room, 598-1079

**Korean Literary Club**, 2nd, 4th Mon., 9:30 a.m., CH 3, Rm. 7, (714) 705-3199

**Lapidary & Jewelry Making**, Mon.-Fri., 9 a.m.-3 p.m.; Thurs., 5-7 p.m., Sat., 9 a.m.-1 p.m., CH 4 Lapidary Facility

**Make 'Em Laugh**, Thurs., 10:30 a.m., CH 3, Rm. 6, 296-8647

**Oil Painting**, Tues., Fri., 9 a.m.-noon, CH 4 **Photographic Arts**, 2nd Thurs., 1:30 p.m., gen'l mtg and workshop, CH 3, Rm. 9, 430-7978

**Producers Club**, acting class, 1st, 3rd Wed., 1 p.m., Amphitheater Loft, 598-0880

Quilting Bees, Wed., 9 a.m., CH 3, Lobby, 493-3645, 743-9827

**Theater Club**, regular mtg., 4th Fri., 10 a.m., Amphitheater Little Theater; 596-6358

**The Writers Group**, 1st, 3rd Thur., 1-3 p.m., CH 3, Rm 6, 596-5033

Woodcarving, Tues., 1-3 p.m. CH2, 799-0966 BRIDGE

Bridge, ACBL Duplicate, Mon. and Thurs., 12:15 p.m., CH 3 Lobby

Bridge, ACBL Duplicate, Burning Tree, Fri. and Sat., 12:15 p.m., CH 1, (615) 898 0669

Bridge, Midday, Mon., 12:30 p.m., CH 1, 342-9807 Bridge, Combined, Tues., 6 p.m., CH 1, 342-9807

Bridge, Mon., Mon., noon, CH 1 Panhellenic, Bridge, 1st Fri., 12:30 p.m., CH 3 CARDS & GAMES

**Best Time Bunco**, 2nd, 4th Mon., 6 p.m., CH 3, Rm. 1, 596-1346

**Bingo, St. Therese Org**, 3rd Sun., 1 p.m., doors open; 1:30, early bird; CH 2, 594-0209

**Bunco Social Club**, 2nd, 4th Sat., 1:30-4 p.m., CH 3, lobby (714) 356-0443

Cards, Little Flower Guild, 1st Thurs., 12:15 p.m., CH 2, 799-0117

**Chess**, Fri., 2-6:30 p.m., CH 3, Rm. 7, 493-3478 **Cribbage**, Tues., noon, CH 1

**Diamond Poker Club**, Tues., 6 p.m., CH 3, Rm. 7, 494-6304

**Euchrites**, Wed., 5-8 p.m., CH 3, 431-2682 **Farklers Club**, 2nd Mon., 5-10 p.m., CH 3, Rm. 4 **Gadabouts Bingo**, 2nd Sun., 1:30 p.m., CH 2, 598-3743

**Good Time Bunco**, 2nd, 4th Mon., 6 p.m., CH 3, Room 1, 596-1346

**Jolly Time Cards**, 2nd Fri.,11 a.m.-4 p.m., CH2, 240-5416

Knights of the Round Table Poker, 7-9 a.m.,

### See schedule on the LW website at www.lwsb.com

Hui O Hula, Mon., 10-11:15 a.m., upstairs, CH 6; Tues., 1:15 p.m., upstairs, CH 6, 252-9676, *kumu@ huiohula.com* 

**Joyful Line Dance Club**, Wed., 2:30-4:30 p.m., CH 3, lobby; 301-5339

Leisure Time Dance, Mon., 2-4, CH 6, 301-6119 Leisure World Cloggers, Wed., 8:30-11:30 a.m., Amphitheater, 598-9974

Line Dance, Beg. Adv., Thurs, 10 a.m., CH 3, Rm 6; Sat., 1 p.m., CH 3, Rm 9, 799-1061

Line Dance, Beg. Adv, Sat., 1-3 p.m., CH 3, Rm 9, (714) 531-1698

Saturday Morning Dance, 9, Sat., CH 1, 493-2445 Suede Sole Dancers, Sun., 6:30 p.m., CH 6, 301-5339 Velvetones Jazz Club, 1st, 3rd Sun., 6 p.m., CH 4, 296-8199

Whirlers Square Dance, 1st Fri., 6:30-9 p.m., CH 4, 237-2682

**Zumba Dance Class**, Sun., 2:30 p.m., CH 6, upstairs; Mon., 5:30 p.m., CH 3; Tues., 8:30 a.m., CH 6; Wed., 5 p.m., CH 6; Thurs., 8:30 a.m., CH 3, lobby; Fri., 8:30 a.m., CH 6; Sat., 11 a.m., CH 6

#### EDUCATION

**Computer Friends Club**, 3rd Thurs., 4:30 p.m., CH 3, Rm. 2, (714) 267-7871

**Computer Group of Friendship Club**, classes, first, second, fourth and fifth Mondays, CH 3, Rm. 4, 11 a.m.-1 p.m.; 3rd Monday, 11 a.m.-1 p.m., CH 6, Rm. B; 4th Thursday, 1-4 p.m., CH 3, Rm. 7, (714) 642-0122, 431-8050.

**English Conversation Club,** Thurs. 7 p.m. CH 3, Rm. 9, (714) 487-4046

**Investment Forum**, 2nd Tues., 2 p.m., CH 3, Rm. 6, 794-9014

**Korean American Computer Forum**, 1st and 3rd Tuesdays, 9:30-11:30 a.m., CH 3, Rm. 2; 2nd Tues., 1-3 p.m., CH 3, Rm. 1, (951) 639-7129

Korean-English ESL Club, Wed., 9:30 a.m., CH 3, Rm. 4, except for 3rd Wed., in Rm. 9

LW Historical Society, 2-4 p.m., Thurs. CH 1

**LW Computer Club**, 2nd Tues., meeting, 1:30 p.m.; 1st Wed., classes, 9:30 a.m., 1 p.m., CH 3, Rm. 2, 544-2210

HOBBIES & SPORTS

Astronomy, 1st Wed., 7 p.m., CH 3, Rm. 3, 431-7240 Coin Club, 2nd Wed., 1:30 p.m., CH 3, Rm. 2 Garden Club, 3rd Mon., 1:30 p.m., CH 2, 430-2400 Drone Service Club, 3rd Mon., 9 a.m.-noon, CH 3, Rm. 9,

**Genealogy Club**, general meeting, 4th Wed., 10 a.m., CH 3, Room 1, 794-9583

**Genealogy Library**, CH 3, Rm 10, open 1-4 p.m., Tues., Wed., Thurs., 810-4266

**Golf, Men's**, 2nd Tues. (Jan., March, June, Sept., Nov.), 9 a.m., CH 3, Room 1

**Golf, Women's**, meeting, 1st Mon., 3 p.m., CH 3, Rm. 1; play, 7:30 a.m., Tues., (909) 576-7500

Happy Bikers, Tues., Thurs., Sat., Main Gate, 7 a.m., 296-5398

Ladies "Q" Pool Club, Mon., 10 a.m.; tournament,

493-3054

**Dixieland Jazz Club**, Aug., Oct., Dec., Feb., April, June; 6:30 p.m., CH 4

**Good News Singers**, Tues., Thurs., 9-10 a.m., CH 3 lobby (Tues.), Rm. 9 (Thurs.), 243-0047 **Guitar Club**, Fri., 1:30-4:30 p.m., CH 6, 489-6133

**Karaoke**, Wed., 5:30 p.m., CH 1; practice session, Tues., 1-3 p.m., CH 6; 493-0484

Korean American Chorale, Fri., 9:30-11:30 a.m., CH 4 (1st Fri, CH 3, Rm 9) 431-3036

Korean-American Classical Music Academy, 2nd, 3rd, 4th Thurs., 9:30-11:30 a.m., CH 4, (213) 716-8662

Korean-American Guitar Club, Thur., 9:30 a.m.noon, CH 6, Room B, 342-9946

**LW Chorale**, Mon., Wed., 9-11 a.m., CH 3, Rm. 1 or 2, 243-0047

**LW Opera Club**, 1st Tues., CH 3, Rm 1; 2nd Mon., CH 3, Rm 2; 1:30-4:30, 296-5586

**LW Community Orchestra**, Mon., Wed., 12:30-2:30 p.m., Amphi. stage, (615) 898-0669

Musical Strings, Fri., 1-4 p.m., CH 3, Rm. 9, 481-7663

#### NATIONALITY/CULTURE

American-Latino Club, 1st Fri., noon, CH 4 Britannia Club of LW, 2nd Thur., 2:30 p.m., CH 3, Rm. 1, 596-6754

**Chinese-American Friendship Club**, 1st Thurs., potluck; 2nd Wed., 3rd and 4th Thurs., 1-8 p.m., CH 3, Rm. 1, (626) 235-6264, (702) 994-4888

Filipino Association of LW, 2nd Sun., 2-8 p.m., CH 3, Rm. 1, 493-1406

Italian-American, 1st Wed., noon, CH 4, 355-2918 Korean American Association, 2nd Thur., March, June, September, December, 5-10 p.m., CH 2 IW Women's Sing-Along Club, Wed. (except 4th Wed.), 2-3:30 p.m., CH 4, Section C, 431-1791 JPN-Nikkei Club, 2nd Sat., Jan., March, Sept., Nov.; 3rd Sat., May, July, 9:30 a.m.-3, CH 4, Sec. A

and B, 795-9137 Vietnamese American Club, last Fri., noon, , CH

3, Rm. 1 or 2, (714) 322-8086 OCCUPATION

**Calif. Retired Teachers Ass'n**, even months, 1st Fri., noon, CH 2, 431-3083

National Active & Retired Federal Employees (NARFE), 2nd Mon., 1 p.m. Veterans Community Ctr., 101 E. 28th St., Long Beach, 427-9957

#### POLITICAL

**LW Republican Club**, 3rd Wed., 7 p.m., CH 3, Rm. 2, 335-0779

**Seal Beach Leisure World Democratic Club**, 3rd Wed., noon, CH 4, 760-6660

#### **RELIGION/PHILOSOPHY**

**Beit HaLev, House of the Heart**, Fri., 6 p.m., Sat., 10:30 a.m., livestream.com/Galityomtov/Facebook. com/galityomtov, 715-0888, 493-2680

Buddha Circle, 4th Saturday, 9:30-11 a.m., CH 4 Chinese Bible Study Fellowship, Tuesdays, 1:30-3:30, CH 3, Room 5 Christian Fellowship and Fun Club, 4th Tues., 6 p.m., CH 4, 455-6218 Christian Woman's Fellowship & Bible Study, 10-11 a.m., 2nd Mon., 10-11 a.m., 431-0597, 594-8100 Community Church Women's Ministry, Sarah Circle, 4th Tues., 10:30 a.m., Community Church Congregation Sholom, Services: Fri., 7-9 p.m., CH3 Rm- 9; Sat., 9:30-11:30 a.m., service, kiddush, Torah study, CH 3, Rm 9; 505-3622 Course in Miracles Group, Fri., 4-5 p.m., CH 3, Rm. 8 Dongbu Pyungkang Church, Sun., 10 a.m., CH 6, (949) 514-4346 Korean Catholic Fellowship, 1st Wed., 5 p.m., CH3, Rm 6; 3rd Saturday, 5 p.m., CH 3, Room 4, 296-8047 LDS Family Home Evening, 3rd Mon., 6 p.m., CH 3, Rm 6, 703-9342 LW Humanists, 1st Sun., 10:30 a.m., CH 3, Room 1,209-3183 LW Korean Church, Sun., 10:15 a.m., praise; 10:30 a.m., worship; Bible study, Wed., 5:30 p.m., CH 3, Rm. 7, (213) 550-9991 Salvation Army Home League, Monday (except 5th week), Sept.-July, 7 p.m., CH 4, 209-2399 Sa-rang Church, Sun., 11 a.m., CH 3 Lobby; Wed., 6:30 p.m., CH 3, Rm. 1, 431-3036

**AA Participation Meeting**, 8:30 a.m., Sat., CH 3, 209-0816, 972-7567

**Ageless Grace**, Mon., 4:30-5:30 p.m., CH 6, Room C, 331-3322

Chair Exercise, Tues., Fri., 9:30 a.m., CH1, 493-7063 Early Risers, cardio workout, Tues., Thurs., 6 a.m., CH 6, upstairs, (310) 489-2390

Feeling Good Exercise, Mon., Thurs., 9:30 a.m., CH 1, 598-9149

**Impaired Vision & Hearing**, 4th Tues., 1:30 p.m., CH 3, Rm. 1, 431-4026

**Joy Walking & Jogging Club**, Sat., 7-9 a.m. (DST-summer); 7:30-9:30 a.m. (DST-winter), Amphitheater stage.

**LW Wellness Club**, 1st, 3rd Tues., 2 p.m., CH 3, Rm. 4, 889-9101

**Pilates Club**, chair class, Thurs, 5:30-6:30 p.m., CH 6, Rm. A; mat class, Thurs., 5:30-6:30 p.m., CH 6, Rm. C, 430-6044

**Qi Gong & Tai Chi Chih**, Tues., 9:15-11 a.m., CH 3, Rm. 1, 596-3936

Redeemer Respite Care, Mon., Tues., Thurs., 9:30 a.m.-3:30 p.m., Redeemer Church, 596-1209 Relax & Alert Meditation, Sat., 9:30 a.m., CH 6 Fitness Fusion—Upper/Lower BodyStrength and Yoga, Tues., Thur., 11:15-12:15, CH 6, 296-8328 Wa-Rite, Fri., 7:45-8:45 a.m. weigh-in, new members arrive at 8:15 a.m., 9 a.m., meeting starts, CH 3, Rm. 1, 760-1293

**Yoga, beg.**, Wed., Fri., 10:30-11:30 a.m., CH 3 (Rm 6 on Wed.; Rm 7 on Fri.), 430-7291

**Yoga**, Tues., 10-11 a.m., CH 4 lobby; Thur., 10-11 a.m., CH 3, Rm. 1; Saturday, 10-11 a.m., CH 3, Rm. 2 or 9, 506-5063

Yoga Meditation and Tai Chi, Sat., 9:30 a.m., CH 6, 493-6719

**Yoga on Mondays**, Mon., 5:30-6:30 p.m., CH 4, 225-0273

#### SERVICE ORIENTED

Amateur Radio Emergency Service Club, 1st Wed., 10 a.m., CH 3, Rm. 9, (440) 289-2023 American Legion Auxiliary, genl. meeting, 3rd Mon., 1:30 p.m., CH 4, Section A; board meeting, 2nd Fri., 1-3 p.m., CH 3, Rm 4, 594-0209 American Legion Post 327, 3rd Mon., board

meeting, noon; general meeting, 1:30 p.m.; CH

Community Emergency Response Training

Children A Priority (CAP), 1st Thurs., catered

Concerned Shareholders of LW, 4th Thur., 1 p.m.,

Knights of Columbus, 3rd Wed., 7:30 p.m., St.

Military Officers Assoc. of America, 3rd Thurs-

day, 6 p.m., Navy Golf Course, Cypress, 430-6512

Na'Amat, 3rd Mon., 12:45 p.m., CH 3, Rm. 2, 596-3767

PEO, Chapter RT, 2nd & 4th, Mon. (dark June, July,

Salvation Army, Mon., 7 p.m., CH 4, 296-8539

Senior Patriots for Peace, 2nd Tues., 1 p.m., CH

3, Rm. 2, program; 3rd Wed., 3 p.m., CH 3, Rm.

CH 3, Rm. 2, concernedshareholdersSB@gmail

Isadora Church, Los Alamitos, 708-5500

Aug., Dec.), 10:30 a.m., CH 3, Rm. 9

3, open board meeting; 296-8554

lunch at noon, CH 4; reservations: 493-1294

(CERT), 1st Fri., 1 p.m., CH 5, Rm. B

4, Sec. B; 594-0209

Mon.-Sat., CH 2 card room, 598-6720 **LW Tournament Poker Club**, 1st, 2nd, 3rd Sat., 11:45 a.m., CH 6, Hospitality Room, 592-8911 **Mexican Train Dominoes**, Mon., 5:30 p.m., CH 3, Rm. 9, 493-9411

New York Club Bingo, 1st Sun., 1:30 p.m., CH 2 Pinochle, Friendly, Thurs., 12:30 p.m., CH 1, 430-5828

**Pinochle**, Mon., 12:30 p.m., CH 1, 431-1045 **Pinochle**, Sat., 11 a.m., CH 1, lobby, 240-5416 **Scrabble**, Wed., 1-4 p.m., CH 3, Rm. 5, 598-1384 **Sheepshead Club**, 1st, 3rd, 5th Fri., 6-10 p.m., CH 3, Rm 6, 341-0249 **Social Club**, 4th Fri., 11:30 a.m., CH 2, 240-5416

**Variety Poker,** Tues., 1:30 p.m., CH6, (714) 458-5751 **Y-Rollers Yahtzee,** 1st, 3rd Fri., 12:30 p.m., CH 3, Rm 6; 596-7237

#### DANCE

A Time to Dance ballroom group lessons, 2nd and 4th Thurs., 6:30-7:30 p.m., 7:30-8:30 p.m.; CH3, Rm. 2, (559) 403-8974, 285-6881 Ballet, Sat., 1:30 p.m., CH 6 Dancers & Mixers, (ballroom dancing), 1st Tues., 7-9:30 p.m., CH 4, 431-1257 Dance Club, ballroom/social dance classes (dance styles vary), Wed., 7:15-8:15 p.m., 8:15-9:15 p.m., CH 6, Rm. C, 999-1269 Dancing Feet Ballroom and Line Dance Club, 4th Sun., 6-9:30 p.m., CH 2; line dance lessons, Thurs., 7-9 p.m.; Sundays, 4-6 p.m., both CH 6; (551) 998-4223

Flowering Step Line Dance, Mondays and the 3rd Tues., 10 a.m., CH 2, 296-8068

**Grapevine Line Dance**, Thurs., 3-5 p.m., CH 6, Rm. C; Fri., 2:30-4 p.m., CH 3, lobby, 596-8273, 2nd Wed., 10 a.m., CH 1 Ladies Pool Room, 795-9151 **Mini Farmers**, 4th Thurs. every second month (3rd Thurs. in Nov), 9 a.m., CH 3, Rm. 2

**Pickleball Players Club**, 1st Sun., 5 p.m., CH 2, meeting; games, Sun., 9 a.m.-8 p.m.; Thur., 5-8 p.m., multipurpose courts; lessons, Sun., 11 a.m. (310) 713-6696

**Pool & Billiard, Men's,** 3rd Monday (Dark June-Aug. and Dec.), 6:30 p.m. , CH2, 209-3183.

Leisure Leggers, meet at CH 6, Mondays, 8 a.m. for a walk or jog around Leisure World.

**LWSB Book Club**, 3rd Thurs., 1-3 p.m., CH 3, Rm. 7, 296-8334

LW Tennis Club, Sun., Tues., Thurs., 8 a.m., Rossmoor Park, 296-5833

**LW Wine Lovers**, 1st Wed., 6:30 p.m., CH 3, Rm. 9, (707) 486-6672

Shuffleboard, Practice, CH 1 shuffleboard court,

Mon., Wed., 10 a.m.-noon; meetings, 1st Wed., 10 a.m. (coffee, doughnuts at 9:30), (949) 300-0285 **Silver Fox Classic Car Club**, 2nd Tues., 6 p.m., CH

3, Rm. 3, 343-4305

**Stamp & Collectibles**, 1st Wed., 1:30 p.m., CH 3, Rm 9, 598-9297

Table Tennis, daily, 7:30 a.m.-10 p.m., CH 6 Traveling Tigers, 3rd Wed., noon, CH3, Rm. 9, 598-9297

Video Producers, 4th Thurs., 9-10 a.m., CH 3, Rm. 12-A, open Mon,-Fri., 10 a.m.-noon, 431-6586, ext. 287 MUSIC

Ad Hoc Singalong, Tues., 4 p.m., CH 3, lobby, 431-4221

Barbershop Singing Club, Tues., 7-9 p.m., CH 3, Rm. 9 or lobby, 431-4221, *waframbach@aol.com* Community Sing, Mon., 6:30 p.m., CH 3, lobby, Seal Beach Cornerstone Church, Sun., 9:45 a.m., CH 2, 331-6104

St. Therese Organization, 3rd Thurs., 1 p.m.; CH 2 SELF IMPROVEMENT

**AA Friends,** Wed., 3:30 p.m., CH 3, 500-5105, (213)248-0539

**AA Friends 2**, Sun., 6-7 p.m., CH 3, Rm. 4, 430-6343, 500-5105

We the People Club, Wethepeople.Lw@gmail.com Where We Live, 3rd Thurs. CH 3, Rm. 2, 6:30 p.m., wherewelive@yahoo.com

The Woman's Club, general mtg., 1st Tues., 1:30 p.m., CH 2; card party, 3rd Fri., 11:30 a.m., CH 2; board mtg., 3rd Wed., 10:30 a.m., CH 3, Rm. 7 Y Service Club, 3rd Wed., CH 3, Rm 2, 7:30 a.m. SOCIAL

Friendly Couples, 2nd Wed., 5:30 p.m., CH 3, Room 2, 430-2891

**LW Sunshine Club**, Fri., 10-noon, CH 3, Rm. 2 (except 1st Fri.), 301-5339

**LW RV Club**, 3rd Tues., 6 p.m., CH 4, 340-9074, *lwrvclub90740@gmail.com* 

Noon Spoons, 4th Wed., 11:30 a.m., specified restaurants, 213-3923

**Paws, Claws & Beaks: A Pet Lover's Club,** 2nd Wed., 3 p.m., CH3, Rm. 3, 598-1736

**PEO Chapter RT Card Club**, 4th Wed., 11:30 a.m., CH 2, 431-8240

**Phil-Am Social Club LW**, last Fri., 2-8 p.m., CH 3, Rm. 2, 431-6508

**Rainbow Sisters**, 1st Tues., 6-8 p.m., CH 3, Rm. 2, (530) 902-5117

Rollin' Thunder Golf Cart Club, 4th Tues., noon, CH 2, 431-6859

Schmooze Club, 2nd Tues., 10 a.m., CH 3, Rm. 9, 598-2022

**Yiddish Club**, 1st Thurs., 7 p.m., CH 3, Rm. 2, 431-3774

Changes must be made in writing at The News Office or via email to **rutho\_news@ lwsb.com**. The office is open weekdays from 8 a.m.-5 p.m. For more information, call 472-1277.



Ad the 431-4221 Barbershop Singing Club, T



Shown with the demonstration artist, Justin Galloway, are winners with their caricature's created at the Art League meeting on March 12.

#### LAPIDARY/JEWELRY

## Variety of classes are available

A copper enameling class will be held from 9 a.m.-noon tomorrow, March 22, in the Lapidary Room of Clubhouse 4. Learn how to make earrings, necklaces, cufflinks, bracelets, key fobs and more. Materials cost \$10.

The Lapidary and Jewelry Club will offer a class called an Introduction to Glass Fusion Thursday, March 28, from 9:30 a.m.-noon in the Lapidary Room in Clubhouse 4. Sign up in the Lapidary Room. The class is limited to six students

It will cover the basics of glass fusion. Beginners are welcome, and people with experience can expand their skills in glass cutting and shaping to create more intricate designs.

A materials fee of \$10 is payable at the class.

—Thomas Gan

The Lapidary and Jewelry Club will conduct a two-part glass fusion course on Wednesdays, March 27 and April 17, from 9 a.m-noon in Clubhouse 4. The first class will focus on large pieces and is taught by Kelly Johnson; the second class will cover small pieces and is taught by LaVerne Christenson.

The cost is \$10 per student, which covers materials and tools. Most pieces can be completed in one session and be picked up the following day.

These classes are popular and are limited to six students in each session, so participants are encouraged to sign up as soon as possible in the Lapidary Room in Clubhouse 4.

—Thomas Gan

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

## LWSB BOOK CLUB Non-fiction book by North Korean will be discussed

#### by Gail Morrison LW contributor

The LWSB Book Club will meet today, March 21, at 1 p.m. in Clubhouse 3, Room 7. Members

will discuss "The Girl with Seven Names," by Hyeonseo Lee.



The club is testing a hearing-assistive device that helps mem-

HYEUNSEU LE bers who are hearing impaired

follow the discussion. The club hopes to identify the technology that works best for hearing impaired members.

The LWSB Book Club met Feb. 21 to talk about the writings of Danielle Steel, who has some 800 million books in print. Discussion focused on her wide-ranging choice of situations in which the protagonists find themselves and their use of skills and abilities to overcome setbacks to achieve success. Her characters are inevitably winners who find resources with which to solve a succession of problems numbering no fewer than five or six major life hurdles or setbacks. Steel's clear strength is in writing dialogue that is readily understood and endears her characters to a wide range of readers. Her characters have human traits whereby readers easily identify with them. Everyone agreed that they enjoyed reading one or more of Steel's books. The book chosen for April 18 is "The Storied Life of A.J. Fikry," by Gabrielle Zevin; on May 16, "Lest Innocent Blood be Shed," by Phillip B. Hallie. The Leisure World Book Club meets on the third Thursday of the month in Clubhouse 3, Room 7, at 1 p.m. There are no dues or fees. Books may often be borrowed from the local library or ordered online from Abebooks.com for around \$3.46, with free shipping.

## **LW CREATIVE WRITERS**

The Leisure World Creative Writer's Club Fiction/Non-Fiction group will meet Friday, March 22, at 1:30 p.m. in Clubhouse 3, Room 1. LW residents and guests are invited to attend and enjoy.

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### Support Library with donations to Friends

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore next to the Leisure World Library. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more. A boutique sells gently used collectibles and gift items.

People are asked to bring their own shopping bags when they visit. The Bookstore welcomes donations, and volunteers will pick up larger donations if needed.

The Bookstore is open from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

### All invited to sing 'Hit Parade' songs

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour. All are welcome to come and sing the old "Hit Parade" favorites, Broadway tunes and songs made famous in movies.

Helene Onu is the song leader, and singers are encouraged to become song leaders. Song sheets are furnished. Reading music is not required.

Piano accompaniment is provided by Barbara McIlhaney. For more information, call Chuck Burnett at 493-0176.



#### Menu-March 25

HomeTown Buffet will be in Clubhouse 1 on March 25 to serve all- you-can-eat dinners that include soup, salad, the choice of three entrées, two dessert choices and coffee. The cost is \$11 per person, plus tax. Take out is available, however there is a \$2 charge for a container for the soup of the day. Dinner service is from 4:30-6 p.m. Reservations are not required. March 25 Broccoli salad Caesar salad with homemade croutons Corn chowder Entrees Lemon herbed chicken Traditional pot roast (beef) with HomeTown Buffet steamed vegetable mix Cornbread dressing served with Poultry Gravy Macaroni and cheese (Hometown Buffet original recipe.) Desserts Carrot cake Fruit platter

#### Video Producers Club

Coffee

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video-related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, creating and editing videos, Janice Laine. For more information, call the VPG Room at 431-6586, ext. 287.

## **KARAOKE** Irish tunes filled night of songs

Wearin' the green, top hats, bow ties, blinking shamrocks added to the festive St. Patrick's karaoke night.

Those gathered feasted on John's Philly Cheese sandwiches and green mint ice cream while enjoying the performers.

Jerry Schwin serenaded everyone with "Come to Ireland." "Danny Boy," always a popular number for this holiday, was sung by Tino Tupas as well as Rick Hering. Byong Choi did "Irish Eyes are Smiling"; Ellen Brannigan had a sing-a-long "Too Ra Loo Ra Lu Ra"; and Vickie Van Ert did "Evergreen."

Also at ease on stage were Karen Morris, David Noble, Janice Chapman, Vito Villamor, Shannon Harrison, Susan Kelleghan, Julie Nulad, Ruby Johnson, Wayne Urban, Donna Burr, Tony Tupas, Walt Bier, Carolyn Mottola, Barbie May, Bob Barnum, Martin Rosendaal, Anna Le, Janice Chapman, Mike Breen, Ren Villaneauva, Pete Tupas, Bev Adams and Tino Tupas.

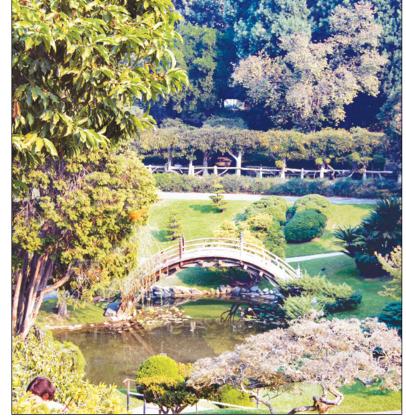
It was a fast-paced evening with 30 karaoke singers.

Thanks to Bev Adams and her helpers for serving the snacks. It's a fun and friendly atmosphere each Wednesday in Clubhouse 1, starting at 5:30 p.m. The singers have fun and the audience shows its appreciation. Coffee's on, everyone is welcome. **COMMUNITY SING** 

## **Choi leads** sing-along Monday

by Ethel Carter LW contributor

Leisure World residents are invited to come to this Monday's Community Sing at 6:30 p.m. in the lobby of Clubhouse 3. People who are interested in participating in the Opening Acts should arrive by 6 p.m. to sign in with Byong Choi, the emcee of the evening. Bring music for the pianist as needed. Byong will lead audience singing until he introduces his half-time guest, soprano singer Anna Le. On March 11, Ethel Carter was the emcee. Opening Acts began with Col. Ron Burr, who amused everyone with his joke-telling. Then Byong Choi sang "Return to Me," followed by Bruce DuPont, "Because of You"; and Betty Ballen, "Grandfather's Clock." Pianist Barbara McIlhaney accompanied three of the singers. Ethel led group singing with a western/cowboy theme until she introduced her half-time guest, singer Donna Burr. Donna, an accomplished Karaoke singer, brought her own karaoke machine and wowed the audience with four solo numbers: "You Belong to Me," "Super Star," "Cattle Call" and "His Eye is on the Sparrow." The audience applauded loudly and cheered. As an added treat, the spon-



IWweekly

Walkways with a Japanese-style bridge traverse the Japanese Garden at the Huntington Library in San Marino.

## Tour planned to Huntington Library

The LW Library will host a bus trip on May 22 to The Huntington, which is celebrating its centennial year and is considered one of the world's great cultural, research and educational centers.

The property features 120 acres of specialized botanical landscaped gardens, most notably the Japanese Garden, the Desert Garden and the Chinese Garden. The center also boasts an extensive art collection with a focus in 18th- and 19th-century European art and 17th-mid-20th-century American art.

The Huntington was founded in 1919 by Henry E. Huntington, an exceptional businessman who built a financial empire of railroads, real estate and utilities.

Huntington was also a man of vision-with a special interest in books, art and gardens. During his lifetime, he amassed one of the finest research libraries in the world, established a splendid art collection and created an array of botanical gardens with plants from a geographic range spanning the globe. These three distinct facets of The Huntington Estate are linked by a devotion to research, education, and beauty.

On this 90-minute outdoor walking tour, guests will explore some of the magnificent gardens and learn how Henry and Arabella Huntington's San Marino Ranch was transformed into the world-famous cultural landmark that it is today.

Guests will be guided by expert docents through the elements of The Huntington and more than a dozen themed gardens, including:

- Rose Garden
- Shakespeare Garden
- Camellia paths
- Herb garden
- North Vista with garden sculptures
- Japanese Garden
- Chinese Garden

- Desert Garden



SING-ALONG, page 23

The tour will depart from Clubhouse 4 at 8:30 a.m. on May 22. Tickets are \$58 and include bus fare and the admission ticket for museum with an hour-and-a-half docent tour.

For tickets and information, call the Recreation Department at 431-6586, ext. 326.

## Explosion of butterflies found in LW

An explosion of orange butterflies, Venessa cardui, known as painted ladies, fluttered through Leisure World and throughout Southern California last week during their annual northern migration to Oregon.

It is believed the wet winter caused the increase in the painted lady butterfly population this year, due to an abundant food supply in the desert where they lay their eggs.

The painted ladies butterflies are frequently mistaken for the monarch because of the similar colors. They can travel as fast a 30 mph and can go for days without stopping.

The painted lady is the most widely distributed butterfly in the world and inhabits every continent except Australia and Antarctica.

Painted ladies have unusual



Venessa cardui

migration patterns and migrate independent of any seasonal or geographic patterns. Some evidence suggests that painted lady migrations may be linked to the El Niño climate pattern.

In spring, painted ladies fly low when migrating, usually only 6-12 feet above the ground. This makes them highly visible to butterfly watchers, but also rather susceptible to colliding with cars. At other times, evidence suggests that painted ladies migrate at such

**BUTTERFLIES**, page 26



#### MEALS ON WHEELS From page 1

number of serious health conditions, including a weak immune system, which increases infection risk, delayed wound healing, muscle weakness and decreased bone mass, leading to falls and fractures, and an increased risk of hospitalization and death.

It's estimated that healthcare costs associated with malnutrition in seniors is \$51 billion each year.

MOWLB can serve a senior for an entire year for the same cost as one hospital day or 10 days in a nursing home. According to Meals on Wheels America (MOWA) data, 59 percent of home-delivered meal recipients are 75 or older, 69 percent are women, 59 percent live alone, and 46 percent rate their health as fair or poor. Surveys done by the organization indicate that nine of 10 recipients report that MOWA services makes them feel more secure and improves their health status.

#### The Golden Age Foundation Responds

The GAF was organized in 1973 by the Golden Rain Foundation (GRF) Board of Directors. These communityleaders became aware that there were many unmet needs, particularly among residents with lower income levels. They saw the establishment of a non-profit foundation, separate from the governance function provided by GRF, as an important strategy.

For over 46 years, the GAF, using contributions from individual shareholders and groups, has provided many programs and services to improve the quality of life for all Leisure World residents. GAF's original Articles of Incorporation provides important guidance for the distribution of donated funds.

Specifically, these founding documents direct GAF to "receive contributions and dispense funds to aid and support those persons in need of charitable assistance, primarily the aged," in part by forming alliances with other nonprofit organizations with similar missions. Although the legal language sounds a bit outdated, GAF's goal of improving quality of life for those residing in Leisure World, especially for those who may need a bit of help, remains the same.



-Cathie Merz, staff photo

Golden Age Foundation President Anna Derby presented Bill Cruikshank, executive director of Meals on Wheels, Long Beach, with a \$10,000 check, to provide meals for LWers who can not afford them. Volunteers Leticia Pimentel (I) and Nicole Sickel (r) took a break from delivering meals to thank the GAF for the donation.

#### How It Works

MOWLB was founded in 1971 to support the independence and well being of homebound seniors, veterans and the disabled. This program is designed specifically to meet the nutritional and social needs of seniors. MOWLB is a 501c.(3) nonprofit organization and is supported by philanthropic foundations and the generosity of corporate and individual donors.

Starting in 2013, MOWLB began offering meals in Leisure World. According to Bill Cruikshank, executive director of MOWLB, between 95 and 100 Leisure World residents are currently enrolled in the program.

The program offers affordable lunches and dinners, using creative menus planned and reviewed by a registered dietician. All meals are prepared daily using only the freshest ingredients. Menus are published each week in the LW Weekly.

Flexibility is the key to meeting individual needs. Many clients subscribe to a five-day a week plan, receiving a hot lunch and a lighter cold evening meal; others use the services three days a week, and some request additional weekend service. Some residents need MOWLB service while they are recuperating from an illness or injury, while others may choose to become long-term clients. Meals are delivered by a team of two volunteers between 10:30 a.m.-12:30 p.m. The current cost is \$8.25 per day. Enrollment criteria include being homebound and being a Leisure World resident. Those who need financial sponsorship, now generously provided by GAF, are screened for eligibility by MOWLB professionals.

To sign up for the program and/or to find out if you are eligible for GAF financial sponsorship, visit the MOWLB Leisure World website (*www.lwsb.site. mowlb.org.* or call the office at 433-0232.

#### It's More Than a Meal

Having social contact to combat isolation and loneliness is another way of meeting human needs. MOWLB volunteers often become close friends with their "clients," as they deliver food and a bit more—a friendly face and a chance for a visit.

Knowing that a volunteer will be stopping by nearly every day is a great relief to homebound seniors and their families and friends. MOWLB statistics show that for the 59 percent of clients who live alone, the visitor delivering the meal is the only person they will see that day. If a MOWLB client needs a boost or has a pet, volunteers can also deliver freshly cut flowers and pet food donated by local merchants. Once individuals begin MOWLB service, a member from the MOWLB Care Team can stop by to identify additional needs and resources that

www.lwsb.com | March 21, 2019 15

#### can keep clients achieve a safe, healthy, and happy life. **How You Can Help**

First, think about becoming a MOWLB volunteer and taking advantage of the opportunity to directly help neighbors. The intent of the GAF contribution is to encourage more residents to enroll in MOWLB, especially those who may need financial sponsorship.

Volunteers select at least one day a week, committing to an approximate two-hour time frame between 10:30 a.m.-12:30 p.m. It's a meaningful gig for couples or friends. It's also a great chance for a single volunteer to be paired up with a like-minded stranger, who won't be a stranger for long as they work together in service.

To become a MOWLB volunteer, go to *www.mowlb.org*, complete an on-line application and be sure to provide your Leisure World mailing address. You can also call 433-0232 and ask to speak with Caron Adler.

Second, tell friends and neighbors about the opportunity for individuals with fixed limited incomes to enroll in MOWLB with the help of a GAF sponsorship. Help by letting people know that the assistance is to support healthy eating and continued independence.

Third, consider donating to GAF. Contributions are the major source of income for the organization, and funds are continuously needed to support GAF's many programs that benefit many people in Leisure World. Donations can be placed in the gray mounted wall box adjacent to the Hospitality Center in Clubhouse 6.



#### AMERICAN LEGION

## Super Bingo event tickets selling fast

Presale tickets are going fast for the Super Bingo being sponsored by the American Legion on Sunday, March 31, in Clubhouse 2. Doors open at 1 p.m. and the first call will be at 1:30.

Presale tickets are \$15 each and give participants an opportunity to sit where they want. To purchase tickets, call Lee Esslinger at (310) 491-8990 or come to bingo on Sunday, March 24, and purchase tickets before the calling begins.

The bingo jackpots for the \$15 ticket will be \$100 each and the 10th game will pay \$150. Extra six packs will be available for \$5 each. The cost for Early Bird, Double Action, Bonanza, Discs, and Lickety Splits will remain the same. In addition, at break there will be a drawing and the Auxiliary ladies are planning a special dessert.

Invite your family and friends to come along and have a fun afternoon while supporting American Legion philanthropic projects.

#### **RECREATION DEPT.**

## Pick up new newsletter in office

The GRF Recreation Department, in conjunction, with the LW Library has just published its first newsletter.

Stop by the Library or the Recreation office in Building 5 for a free copy with all the upcoming events for the month at a glance.

No checking account required

## Call (562) 280-2633

### 13962 Seal Beach Blvd., Seal Beach, CA 90740 firstfoundationinc.com



(1) Annual Percentage Yield (APY) is accurate as of 2/1/2019, subject to change without notice, and cannot be combined with any other offers. The minimum balance to open a Certificate of Deposit (CD) account and obtain the advertised APY is \$2,500 – new money only. The APY assumes interest remains on deposit until maturity. A withdrawal of interest will reduce earnings. A penalty may be imposed for early withdrawal. Fees may reduce earnings. Additional terms and conditions may apply. Offer not available for Specialty Deposits or Public Funds. Deposit maximums may apply. See branch for details.



## Community

### **LW CENTENARIANS** Librarian, math wiz survives Japanese internment camp

#### by Nickie Weisel LW contributor

Chizulu "Chiz" Boyea, Mutual 11, was born on Dec. 12, 1919, on Terminal Island, in East San Pedro, California, a Japanese fishing village. Chiz's maiden name is Nakaji.

Her family was one of the 109,000 Japanese Americans (including 70,000 U.S. citizens of Japanese descent. who were unjustly incarcerated in 1942 for the duration of WWII by the U.S. government, under President Roosevelt's Executive Order 9066.

Chiz's family and others lost their livelihoods, homes and all their belongings as they had 48 hours to report to one of 15 incarceration centers located in desolate inland locations of the United States. The living conditions in the incarceration centers were barb wire fences, armed guards, barren landscapes and ramshackle barracks with straw beds they had to stuff themselves.

Prior to the incarceration, her father was a fisherman and captain of his own boat. He



Chizulu "Chiz" Boyea

traveled to Sacramento as the Japanese-American representative negotiating on behalf of the thriving Terminal Island fishing industry with the California Fish and Game Commission.

Her mother stayed home with the five children. Chiz is the oldest and is the only living sibling in her family.

In Chiz's professional life, she was a librarian in Long Beach

for over 20 years. She was also a medical librarian at the New York Academy of Medicine, a music librarian at Sarah Lawrence College in New York and a librarian at the Consumers' Union's New York headquarters.

She attended Los Angeles City College and Kyoto University in Japan. She graduated from Syracuse University with a master's degree in library science. She also attended The New School for Social Research in New York City, a college known for its progressive thinkers. This was where she met her husband, Samuel A. Boyea.

Samuel was the drama critic for the Long Beach Press Telegram and was also a playwright in New York and California. They were married for 24 years.

Chiz won many awards for her genius math mind and took trigonometry tests in high school while others took the same tests in college. Her grandchildren often came to her for help with math when they were growing up, especially trigonometry and

Chiz had two responsibilities for her five children, Aki, Sean, Paul, Shivaun and Bruce. First was to learn to swim and second was to graduate from high school.

After that, they're on their own. She must have done something right because all of her kids graduated from college having advanced degrees and successful careers. They live in Sweden, California and New Orleans.

Four of Chiz's children were born in New York and one in California.

All of her children have either Japanese middle names or first names. Many of her 13 grandchildren and 12 great-grandchildren have Japanese middle names and she named each one of them.

She enjoys FaceTiming with

## Celebrate Mom!

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 11, in Clubhouse 4 at 11 a.m.

The event will be catered by Country Gardens Caterers. Last year was a huge success and the event is expected to sell out this year, so now is the time to save the date.

The elegant repast will include a classical harpist. Mothers may want to treat daughters too, and both are welcome so plan to attend the day before Mother's Day. For more information, contact the Recreation Department at events@lwsb.com or by calling 431-6586, ext. 326.



#### **GRF RECREATION**

## Purchase tickets for Stars on Ice

The GRF Recreation Department will escort a trip to see the 2019 Stars on Ice Tour on Saturday, May 11, at 7:30 p.m. at the Honda Center. The cost is \$40 per person, including transportation. Accessible seating may be available upon request.

The best of American figure skating past, present and future will shine in the all-new show featuring 2018 World Champion Nathan Chen, and Olympic medalists Maia and Alex Shibutani, Ashley Wagner, Jason Brown, Mirai Nagasu, Jeremy Abbott and Bradie Tennell. They will be joined by Olympic gold medalists Meryl Davis and Charlie White, World silver medalists Madison Hubbell and Zach Donohue and United States silver medalist Vincent Zhou in a red, white and blue celebration on ice. Make reservations by emailing events@lwsb.com, in person at the Recreation Office in Building 5, or by calling 431-6586, ext. 326 or 324. Guests are welcome but must be accompanied by a GRF member.

## Tickets on sale for Centenarian lunch

The Golden Age Foundation will host a luncheon to honor Leisure World residents who have reached the venerable age of 100 years and beyond on

April 9 in Clubhouse 4.

GAF

Registration will begin at 11 a.m., and the event will begin 11:30, with lunch and entertainment.

Admission is free for honorees who are 100 and above and those who will be turning 100 in 2019.



Friends, guests and family are invited to come and celebrate is special milestone. Tickets—\$25 each or \$200 for a table of eight-will be on sale from 10-11 a.m. on Monday-Thursday in the Hospitality Center of Clubhouse 6.

calculus.

For tickets and more information, call Anna Derby, 301-5339; Nickie Weisel, (714) 318-2053; or Linda Johnson, 493-9898.

Ticket sales will help fund the event. Seating is limited. For more information, call Derby at 301-5339.

#### **LW OLYMPIC GAMES**

## Tournaments are being scheduled

Tournaments are underway to determine the medal winners who will be recognized at the Golden Rain Foundation Olympics ceremony in June coinciding with the Special Olympics events planned in LW.

The medals ceremony will include entertainment and refreshments.

Tournaments are in the works for men's and women's golf, pickleball, bocce ball, billiards, bowling, table tennis, shuffleboard and more.

Shareholders are invited to participate in various games by contacting the groups conducting tournaments. All competitors must be members of the GRF.

The top three participants in each tournament will receive a medal at the ceremony.



her great-grandchildren and remembers all of her grand children's birthdays.

Chiz moved to Long Beach from New York in 1958 and retired in 1982. She helped watch four of her grandchildren for several years and then a friend encouraged her to move into Leisure World in 1992. She has seen a great deal of changes during her approximately 27 years of living here.

#### **CENTENARIAN**, page 18

**GOLDEN AGE FOUNDATION** Board meeting is March 27, 2 p.m.

The Golden Age Foundation will meet on Wednesday, March 27, at 2 p.m., in Conference Room B. Conference Room B is located Building 5, behind the GRF Security Decal office.

All shareholders are welcome to observe the board meeting. This is an opportunity to catch up on the latest news and get a preview of coming Golden Age Foundation attractions.



Mr. Hank Barto will celebrate his 84th birthday with a concert, "The American Dream," on March 21 at 7 p.m. in Clubhouse 4. Mr. Hank has played at piano bars for over 30 years. The concert will include songs never heard before and requests. Bring beverages for the usual fun evening with great music and singers.





Free minor bike service will be performed in Leisure World on April 3 from 2-4 p.m. in the parking lot outside Clubhouse 6 by Dave Hanson of Jax's Bicycles. The service will be available monthly on a trial basis for three months. It is sponsored by the Golden Age Foundation and the Golden Rain Foundation. If major repairs are need, a quote will be given and the bike will be picked up and delivered free of charge. For more information, call Carl Kennedy (661) 810-9410.

#### FRIENDSHIP CLUB

## 'Let's Talk eBay' class is March 25

The Friendship Club offers computer classes taught by Jeff Sacks, Maxine Smith, and Miryam Fernandez.

• Monday, March 25, Clubhouse 3, Room 4

11 a.m. - Let's Talk eBay (Smith)

Noon -Facebook for Beginners (Fernandez)

• Thursday March 28, Clubhouse 3, Room 7

1 p.m.- Prepare for test such as CA DMV using computer (Sacks) Includes a discussion on REAL ID

2:30 p.m. - Let's Talk eBay (Smith)

Classes are free, but donations to pay for a wireless hotspot and printing materials are welcome.

For eBay information, contact Maxine Smith *maxla@aol.com*; for Facebook information contact Miryam Fernandez, 884-7460; for computer information, contact Jeff Sacks (714) 642-0122. To suggest questions for Q & A, or to join the email list, email to *jfsacks@gmail.com*.

#### SUNSHINE CLUB

## Regenerative stem cell therapy is topic tomorrow

Dr. Matthew Johnson from OC Wellness Physicians, will be the guest speaker at the Sunshine Club, tomorrow, March 22, at 10 a.m. in Clubhouse 3, Room 2.

Dr. Johnson will talk about regenerative cell therapy. Regenerative stem cell therapy has helped thousands of people avoid invasive surgeries.

Regenerative medicine is a promising new medical advancement for potentially regenerating painful conditions and injuries that are past the point of mechanical repair. The main focus of regenerative therapy are stem cells, or "blank" cells that can facilitate the growth and repair of damaged joints and tissues throughout the body, regenerating strength and stability for the injured area. Stem cells reproduce into cells specifically designed to mature into various body parts such as cartilage, ligaments, muscle, and bone.

## Social Club meets tomorrow in CH 2

The Social Club meets on the fourth Friday at 11 a.m. for lunch and cards in Clubhouse 2. The cost is \$4. The menu on March 22 will be sandwiches, salad, snack, coffee and tea.

New tables of four are welcome. Call Marj Earls at 275-1778, or Joan Taylor at 240-5416 to make a reservation.

Call by Tuesday to cancel a table for Friday.



#### Dr. Matthew Johnson

The Sunshine Club of SBLW is designed to help all ethnic groups to get along in the community, and to have better communication with neighbors. The club has frequent guest speakers and uses information in the LW Weekly as a textbook to get the best out of living in Leisure World. The class reviews news, general columns, the minutes of monthly mutual meetings, the minutes of monthly Board of Directors meetings, etc. in the paper each week.

The club appreciates shareholders bringing their own coffee mugs to participate in the club's "Save The Earth" program. Arrive 5-10 minutes early to enjoy refreshments before the meeting.

The club meets from 10 a.m.noon on Fridays, in Clubhouse 3, Room 2 (except the first Friday in Room 9. All shareholders are welcome to attend; membership is not required.

For more information, call Anna Derby, 301-5339.

## PEO card party/luncheon is March 27

PEO's monthly card party and luncheon will be held on March 27 in Clubhouse 2 at 11:45 a.m. Card party/luncheons are held on the fourth Wednesday of the month. Everyone is invited to attend. Tables are set up, just bring friends and cards, You can play any game you want, rummy cubes, dominoes, board games, monopoly, Chinese checkers, canasta, bridge, poker and the list goes on.

Lunch is \$12 or \$48 for a table of four. Those who do not want lunch can play games by paying \$3. This is a fundraiser to collect money for scholarships for women. The luncheon includes an entrée, salad, roll, dessert and a beverage. Tax and tip are included. People who want lunch and do not want to play cards can do that as well. To set up a new table or make changes to a standing reservation, let Jan Krehbiel know by March 23 at 431-8240, so she can make a reservation.

Don't miss out on an afternoon with friends. Participants do not have to be a member of PEO to join the fun, and meet new people. Men, women, mix or match, all are encouraged to take advantage.



#### HOW TO CHOOSE YOUR EYE DOCTOR (Keep this you might need this information)

Know about your doctor, what are his credentials, degrees, license and he is involved in on-going education. Is he reputable, can you always return to his office, does he offer hours that will be to your benefit if you need him?

It is critical that you receive a complete eye examination, properly fitted glasses and a safe contact lens fitting. Not every doctor provides proper fit evaluations. You are short-changed by a short examination and no follow-up visits to assure complete satisfaction and continuing health of your eyes. It is very important to have an extensive eye examination yearly. The inside of the eye is the only place inside the human body where you can see and study blood vessels as they function. Health problems can be determined and prevented early in yearly examinations. The advice of qualified staff is needed as to the type of frame that is compatible with your prescription. With many prescriptions some frames are not suitable and will cause discomfort, distortion and an appearance, which accents the vision problem. It is important to have a qualified person assisting you in the selection of frames.





Mutual 12 will host an annual luncheon on Wednesday, April 17, at noon in Clubhouse 2. Tickets may be purchased from building captains starting March 25. The cost is \$8 per shareholder, \$16 for guests and caregivers. Join neighbors, Barry Brideau (I-r), Marina Tesla, Peter Pham and Anne Frambach for grilled chicken and penne pasta in a creamy marinara sauce, salad and garlic bread. Winners must be present for drawings and door prizes.

#### **COMMUNITY**

## Play bingo on Sundays in CH 2

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

On March 24 the games will be hosted by the American Legion.

The New York Club hosts the first Sunday of the month; Gadabouts, second Sunday; St. Therese of Holy Family Parish, third Sunday; and the American Legion, the fourth and fifth Sundays.

#### LB GUILD

## Embroiderers meet at LBCC

The Long Beach Chapter of the Embroiderers Guild of America, Inc., will meet at 10 a.m. for a social hour, followed by the program from noon-2 p.m. on March 22.

The program is called "Design Your Own Canvas." Learn how to transfer an image to canvas for stitching. Bring a design to the meeting. The meeting will be held at Long Beach City College, Pacific Coast

GUILD, page 26

At **Beach Vision Center** we believe the first concern is the health and visual comfort of our patients. Your vision is a precious gift. You should be concerned about it. We are. We offer old-fashioned quality care with respect for our patients needs. We look forward to serving you and your family.

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50 plus years in the Community Open Monday – Friday / late Evening – Tues/Thurs (Appointments Necessary) Saturday appointments available Large inventory of frames / Sports Eyewear / <u>Specialty needs for Aging</u> / Children's Eyewear.

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## **BEACH VISION CENTER**

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Superwire's Bob McCauley (c) was honored on his retirement with a luncheon on March 14. He was acknowledged with several plaques from Leisure World organizations including the Golden Age Foundation (photo above), presented by GAF President Anna Derby and GAF Treasurer Sandy Geffner. Superwire has always been a regular supporter of GAF activities. Accolades about all of the things Bob did for the community, including setting up LW's own television station using an out-of-date PC, were shared by LWers. Bob and his wife Lou (photo below) thanked everyone for all of their support throughout the years.



#### **KACMA**

## Beethoven sonatas will be shared

The Korean-American Classical Music Academy (KACMA) will meet today, March 21, at 9:30 a.m. in Clubhouse 4.

Ken Chong will present sonatas by Ludwig van Beethoven, including Piano Sonata No. 8, Op. 13, "Pathétique"; Violin Sonata No. 5, Op. 24, "Spring"; and Piano Sonata No. 14, Op. 27, "Moonlight."



Ellen Geffner-Schwartz, Mutual 15, and Chuck Oehl, Mutual 6, enjoyed the St. Patrick's Day dinner dance and the Celtic music by The Bracken Band.



Taking, "wearing o' the green" to a new level were Pam Hoover and John Siach, Mutual 11.

### ITALIAN-AMERICAN CLUB Mother's Day tea planned on May 1

The Italian-American Club will host a Mother's Day Tea at its May 1 meeting.

More information will follow soon.

#### CENTENARIAN From page 16

She said she loves to garden and has planted a lot of the plants in the front yard of her unit.

Chiz lives on a healthy diet and exercises regularly, including wheelchair walks every day and chair exercise each week. She does not take any prescription medication.

Chizloved the LW Astronomy Club, LW Garden Club and did ceramics, lapidary and silver in Clubhouse 4 for many years.

Chiz's father had a British accent and she and her siblings liked to tease him about pronouncing things wrong. Her father would say "can't" with a strong British accent and she and her siblings would say "No Papa, not cawnt, it's caaaan't" with a California accent. Her father developed his British accent as he was taught English in Japan by professors from Oxford in England. Her father enjoyed reading the L.A. Times, and Chiz



FALW members celebrated recent birthdays for Lita Macaraeg (I-r., Ana Derby, Lilia Gaerlan and Ana David at the March 10 meeting.

<u>FALW</u>

#### Valentine's dinner/dance was success

The Filipino Association of Leisure World held its monthly meeting on March 10. The Pledge of Allegiance was recited by all the members of the association, while Fr. Juan Caboboy, spiritual adviser of FALW led the invocation.

President Ric Dizon led the meeting. He congratulated all the members for the success of the last Valentine's Day affair and expressed his gratitude to the Suede Sole Dancers, under the leadership of Pat Erickson, for their rendition of a Filipino folk dance honoring Miss Valentine Queen of the night, Dove Sonza.

The highlight of the meeting is the positive report of FALW treasurer Annie Andreatta, who was ecstatic to convey to the members that the affair's result was so positive that the association will meet all of its budgeted responsibilities for the year.

The guests had a wonderful time and most promised to come

Robert Chung will follow with the members' hour.

The KACMA class is conducted in Korean and open to all residents. The gathering encourages a fellowship through the enjoyment of mostly classical music and attending outside concerts in a group.

For further information, contact President Angel Joh, 598-0313; Program Chair Robert Chung, 387-7377; or Publicity Chair Yoon Soo Park, 431-3036.

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and her siblings would read the back for the next celebration-the FALW annual luau/dinner dance on Sept. 7.



Beth (sitting, third from left) and John (front, kneeling) Retteraths were bid farewell at a party hosted by the St. Therese of Holy Family Parish prior to their departure from Leisure World. Beth and John were instrumental in the development of the LW Computer Club and Beth was active in the St. Therese of Holy Family Parish.



## LW Dance Classes and Clubs

*The following is a partial list of dance classes and clubs available in Leisure World:* 

•A Time to Dance Club by Joseph: Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Fox trot is taught from 6:30-7:30 p.m.; tango, 7:30-8:30 p.m.; \$5 per session. Singles and couple are welcome. For information, call (559. 403-8974.

•Ballet: A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required. Classes are \$3.

•Dance Club: Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. In March, beginning waltz will be taught from 7:15-8:15 p.m. and intermediate cha cha will be taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269, who has 20-plus years of professional dance experience.

•Dancing Feet Club: Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551. 998-4223.

•Flowering Step Line Dance: Free classes are held at 10 a.m. on Mondays and the third Tuesday of the month in Clubhouse 2. Young-Ah Ko is the instructor. For more information, call (310. 658-0379 or 296-8068.

•Fun Exercise Line Dance Club: Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•Grapevine Line Dance: Free line dance classes, Thursdays from 3-5 p.m. (beginners, first hour, advanced, second hour. at Clubhouse 6, Room C; and beginner level only on Fridays, 2:30-4 p.m., Clubhouse 3, lobby. Newcomers should have general knowledge of line dance and basic dance steps. For more information, e-mail grape-vinelinedance@gmail.com or inquire in classes.

•Hui O Hula: Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email *jojo@huiohula.com*.

•Joyful Line Dance Club: Get exercise and learn line dances from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. Beginners dance from 3-3:30 p.m.; intermediates, 3:30-4:30 p.m. Members dance to popular favorites at the beginning and learn newer dances in the last hour. Takako Mitchell is the instructor. For more information, call Anna Derby, 301-5339.

•Leisure Time Dancers: The waltz will be taught at 2 p.m. and big band swing at 3 p.m. in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•Leisure World Cloggers:Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•Leisure Whirlers Square and Round Dance Club: The club hosts themed dances with a potluck on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

•Line Dance, beginning: Fridays except the first Friday of the

Space is available for obituaries of residents and former residents.
An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.

• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

• A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

## Obituaries

#### James, Patricia Ann 1930-2019

Patricia Ann Millington Brady James, Mutual 7, passed away on March 1, 2019, at Orange Coast Medical Center in Fountain Valley.

She was born on Feb. 13, 1930, in San Bernardino, California, and raised in Huntington Park. She graduated from Huntington Park High School and was later employed by the FBI and as a secretary for King Bearing Company.

Her parents were Ernest and Irene Millington. Her sister is Marilyn Millington.

She married Richard James and had two children, Christine Lee and Wes Alan. Her grandchildren are Judy, Becky, Julie, David and Shalena. She has eight great-grandchildren.

She later married Jerry Brady. They were together for 44 years.

À celebration of life for family and friends was held at Redeemer Lutheran Church in Leisure World on March 8 with Pastor Gil Moore officiating.

OBITUARIES deadline is 4 p.m., Monday, prior to publication.

#### ••• Russell, Robert B. 1941-2019

Robert B. Russell, Mutual 1, lost his battle with cancer on Feb. 23, 2019.



In Memoriam Julia Cook 103 Barbara Diamond 75 Nancy Cogo 72 Mary Welch 95 Allen Holt 92 Roberto Garcia 88 Donald Jenks 74 Robert O'Donnal 53 Sandra Kendall 77 Carl Klubok 68 Donald Tippins 89 Du'vonti Dodson 33 Stephen Boaz 59 Anastasia Karastamatis 79 Juliana Rodriguez 86 Mary Beeninga 96 Kimiko Doshier 88 Gabriela Dei Rosario Bruns 65 Sandra Ann Seville-Jones 58 *Families assisted by* McKenzie Mortuary, 961-9301 *—paid obituary* 

Obituaries

472-1276



month, 10 a.m., Clubhouse 3 lobby and 1 p.m. on Wednesdays, Clubhouse 3, Room 6. Classes are free. For more information, call Barbara Magie, 858-8485.

•Saturday Morning Dance Club: Fox trot is taught from 9-10 a.m.; West Coast swing, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•Suede Sole Dancers: The group meets at 6 p.m. on Sundays for a class upstairs in Clubhouse 6. Pat Erickson is the instructor.

•Velvetones Jazz Club Dance: The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•Zumba Club: Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

#### LW OPERA CLUB

## Mozart's last opera shown April 2

Everyone is invited to watch Mozart's last opera Part I on Tuesday, April 2, at Clubhouse 3, Room 1 at 1:30 p.m. Those present at last week's meeting heard LA Opera speaker Rebecca Bowne tell the story of Roman emperor Titus and the romantic, political and murderous intrigues within his inner circle. She also showed clips of the rapture and grandeur of the music, particularly the beauty of his clarinet passages harmonizing with a voice.

The LA Opera is currently performing this opera to rave reviews. Members will view a classic version filmed among Roman ruins, sung in the original Italian with English subtitles. A synopsis of the story will be presented. No dues or fees are collected. For further information, contact Beverly Emus at 296-5586 or *bemus@socal.rr.com*.





Gail Morrison and her son Walter traveled to Italy last September and visited the Coliseum in Rome.



#### **Day Trips**

**Pala Casino** -March 29, \$6, \$10 back, American Legion Post 327, Gail Levitt, 596-1346.

Anaheim Angels - April 24, \$40, GRF Recreation, *events@lwsb.com*, 431-6586, ext. 326

Stars on Ice, Honda Center - Saturday, May 11, \$40, GRF Recreation, *events@lwsb.com*, 431-6586, ext. 326

Huntington Library - May 22 \$58, GRF Recreation, *events@lwsb. com*, 431-6586, ext. 326

**Beauty and the Beast, La Mirada Theater -** Thursday, June 6, \$85, Children-A-Priority, Juanita Townsend, 431-4026

Harrah's Rincon - Daily, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

**Pala Casino** - Daily, free, Amphitheater, 8 a.m., (714) 985-9555 **Pechanga Casino** - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

#### **Overnight Trips**

Laughlin – April 22-24, Seal Beach Woman's Club, womansclubofsealbeach.org

California Eight Missions – May 14, motorcoach tour, Traveling Tigers Club, Joanna Matos, 598-1849 Canadian Rockies & Glacier Park—Sept. 8-14, Traveling Tigers Club, Joanna Matos, 598-1849

Travel

## LWer takes 'trip of lifetime' to Italy

Gail Morrison, Mutual 2, traveled to Italy last September with her son, Walter, and granddaughter, Blair.

"The thrill for me was to see with my own eyes the Pieta marble statue of Mary, sculpted by Michelangelo, holding the dead Jesus." Gail said.

She took a fine arts class as a student at the University of Michigan in 1958 that included the Pieta, the Sistine Chapel and many other famous artworks.

"As a former student of Latin in high school, I walked on the same cobblestones that my Aunt Ruth, a Latin teacher, walked on when she traveled to Rome years before," she said.

They had a great time, but they had to climb 12 flights of stairs to reach their condo. Her granddaughter went ahead and used her phone light so Gail could see the stairs and her son followed behind to catch her if she fell.

"I could walk, just not too far or too long. But we made it work and took a lot of taxis," she said. The roof top was up another flight, but once there, they had a view of the Vatican and at sunset they could hear the church bells ringing, each taking their turn.

We also traveled by train up to Florence (Firenze).

It was the trip of a lifetime.

LONG BEACH

## Aqualink begins year-round trips

Long Beach Tranist has expanded its Aqualink and Aqua-Busservice to operate year-round.

The AquaLink and AquaBus will provide weekend service, Friday-Sunday, through May 27, Memorial Day Weekend. Beginning May 28, boats will operate seven days a week for the summer, through Memorial Day weekend, when it returns to weekends only service.



The Hilbert Museum is located on the campus of Chapman University in Orange.

#### **HILBERT MUSEUM**

### LWers visit Norman Rockwell exhibit

Laura Arnold, Mutual 14, her husband and a neighbor recently went to the Hilbert Museum to see the Norman Rockwell exhibit. "Very interesting," she said.

The Hilbert is an art museum. It is part of Chapman University located across the street from the Orange train station at 167 N. Atchison Street in Old Towne Orange. Admission is free.

Another exhibit is "The Magic and Flair of Mary Blair," who apparently was one of Walt Disney's favorite artists. She created designs for some of his animated movies and also designed the "It's a Small World" ride at Disneyland.

The other current exhibits are mostly paintings of California scenes. The museum is open Tuesday-Saturday 11 a.m.-5 p.m. For more information visit the website, *hilbertmuseum.org*.

"This was a very fun day," says Laura.



Palm Springs, Death Valley, Joshua Tree & Las Vegas—Nov. 4-7; motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849 Hearst Castle at Christmas Time —Dec. 16-18, Motorcoach sightseeing, Traveling Tigers Club, Joanna Matos, 598-1849





Special service is provided April 12-14 for the Grand Prix.

Advanced fares can be purchased with a credit card through the *LBT app* or cash will be accepted at the dock.

The AquaLink fare is \$5 each way; AquaBus, \$1 each way.

The AquaLink takes passengers from Alamitos Bay Landing to the Queen Mary and the Aquarium of the Pacific, Dock 4, in downtown Long Beach. The ride is about 40 minutes each way.

Sit outside in front where the wind blows and a salty mist wets your skin. Or you can sit in comfortably cushioned chairs inside where there's a beverage bar serving drinks and light snacks.

Each boat also has bike racks and accommodates four or more bicycles. It is a fun seven mile ride between downtown and Alamitos Bay via the bike trail on the beach.

The AquaBus connect locations in the Rainbow Harbor area, including the Queen Mary, Hotel Maya, Aquarium of the Pacific, Pine Avenue Circle and E. Shoreline Village. Pam McDougal (r), Mutual 1, attended a Mardi Gras celebration in Long Beach in and around Shoreline Village. The annual free event includes lots of music, dancing, costumes, food and a parade.

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Health & Fitnes

### Weekly health, exercise classes

#### **Ageless Grace**

The eight-week chair-based exercise program, which addresses 21 specific aging factors, has resumed weekly classes at 4:30 p.m. on Mondays, upstairs in Clubhouse 6. The exercises are practiced in a chair.

To participate, drop in anytime for \$5 per session or pay \$30 for all eight sessions.

For more information, call Carol Costello at 596-3927. Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions classes are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. The session is led by Dave Heilig, QiGong practitoner.

For more information, call Catherine Milliot at 760-4545. Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are offered from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor. Attendance both days is not necessary. The fee is \$4 a class when paying by the month, or \$5 for those who do not attend on a regular basis.

For more information, call Marion Higgins at 296-8328. **Chair Exercise** 

Classes are offered from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. Classes are for men and women at all fitness levels. For more information, call 493-7063.

#### Qigong, Tai Chi Club

Qigong and tai chi classes are offered at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1.

The classes increase mobility and balance. Beginners are welcome. For more information, call Joann Mullens at 596-3936.

#### **Beginning Yoga**

Classes are offered from 10:30-11:30 a.m. on Wednesdays in Clubhouse 3, Room 6, and at the same time on Fridays in Clubhouse 3, Room 7. Bring mats. The fee is \$5 a class.

For more information, call Patti Endly at 430-7291.

#### Yoga

Classes are offered Tuesdays at 10 a.m. in the Clubhouse 4 Lobby, Thursdays at 10 a.m. in Clubhouse 3, Room 1; and Saturdays, 10 a.m. in Clubhouse 3, Room 2. The fee is \$5 per session.

For more information, call Connie Adkins at 506-5063. Yoga, Meditation, Tai Chi

Classes are offered from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda teaches students to free the mind and spirit using laughter and slow and steady flow of tai chi movements. For more information, call 430-7143.

#### Monday Intermediate Yoga

Classes are offered each week from 5:30-6:30 p.m. in Clubhouse 4, Section C; fee: \$5 per session.

For more information, call Pat Castaneda at 225-0273.

#### Feeling Good Exercise

Move to the music from 9:30-10:30 a.m. Mondays in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards. The fee is \$3 a class. People of all fitness levels are welcome. For more information, call Cathleen Walters at 598-9149.

#### Pilates

Chair classes meet from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6. The cost is \$5 a class. Instruction includes seated and standing exercises. Mat classes meet Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C.

Those who attend should bring a mat. All other equipment will

## Presentation on Alzheimer's is March 26

The Alzheimer's and Dementia Education Series will resume at 2 p.m. on Tuesday, March 26 with a presentation titled "Understanding Alzheimer's and Dementia."

It will be held at Los Alamitos Rossmoor Library, 12700 Montecito Road, Seal Beach.

Those who attend will learn the difference between Alzheimer's and dementia.

Monthly presentations sponsored by the Alzheimer's Association are scheduled through May 28.

**IMPAIRED VISION/HEARING** 

## Speaker from Pathways on next program

The Impaired Hearing and Vision Club will meet at 1:30 p.m. on Tuesday, March 26, in Clubhouse 3, Room 1. All residents are invited to attend.

The guest speaker will be Tammy Ottena, program manager of Pathways.

The organization is dedicated to helping seniors with vision and/or hearing difficulties by inviting speakers to discuss how their company can help.

Pathways is a company made up of volunteers who visit people on a regular basis to help them with their various needs.

Those who attend are reminded to reserve a seat on the handicap bus.

#### **Braille Institute**

The Braille Institute will present an outreach course at 10 a.m. tomorrow, Friday, in Clubhouse 3, Room 6, to help people cope with low vision. No reservations

## WA-RITE CLUB Collette Greenwood top loser; program given on heart disease

by Margaret Humes LW contribitor

Collette Greenwood dropped 3-1/2 pounds to earn the Wa-Rite Club's top loser of the week award.

She was inspired by the members and was determined to lose weight. Collette also replaced a few meals with protein drinks and exchanged candy bars for a 90-calorie protein bar.

Also prone to snacking, she planned ahead and cut up veggies, and had 50 calorie cheese sticks for easy access. Drinking plenty of water and focusing on her goal made her a winner.

The Food for Thought was, 'Don't Give Up!' Use your weighin results as an opportunity to make a change or to fine tune your efforts.

The program on Women's Heart was given by Joni Williams of the National Coalition for Women with Heart Disease.

A heart survivor herself, Joni is passionate about getting information out to women on preventative care. When having a heart attack, signs and symptoms are often times different than men.

More research is needed on heart disease, the No. 1 killer of men and women in the country.

Joni has Coronary Artery

#### **Senior Meals**



Greenwood (I), Williams

Disease, and had her large artery of the heart replaced also known as the "widow maker."

She is a registered nurse and Leisure World resident. Joni presented members with a bag of courage and all heart survivors receive a homemade knitted red scarf.

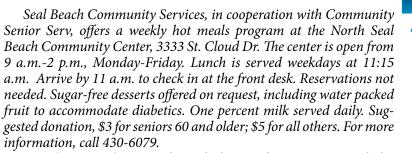
For more information or to schedule a meeting you can reach her at (909) 851-9872 and *rnjoni@ hotmail.com* 

Wa-Rite is a support group for women needing to lose ten pounds or more.

Members meet from 9-10 a.m. Fridays in Clubhouse 3, Room 1.

Weigh-ins are from 7:45-8-45 a.m. Annual dues are \$10.

To join or visit a meeting call Diana Goins at 760-1293.



**Monday, March 25:** Pork tenderloin with apricot sauce, baby potatoes, carrot coins, wheat dinner roll, ambrosia.

**Tuesday, March 26:** Chicken enchilada casserole, Spanish rice, zucchini, corn and tomato salad, melon.

be provided.

For additional information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

## **Meals on Wheels, Long Beach**

Meals on Wheels of Long Beach, Inc., is a 501(c)(3) nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a complete hot dinner, lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. To start a new client application online at www.mowlb.org or call Caron Adler at 433-0232.

Monday, March 25: Oven baked chicken breast with lemon and caper sauce, mashed sweet potatoes, green beans with pimentos, mandarin orange, salad sandwich with lettuce and tomato, home-made potato salad.

**Tuesday, March 26:** Whole wheat spaghetti with meatballs, dinner roll, peas and carrots, sliced peaches, turkey and ham Cobb salad with egg, tomato, bacon with blue cheese dressing, crackers.

Wednesday, March 27: Chicken enchilada casserole with verde sauce, pinto beans, seasoned cauliflower, arroz con leche, turkey and cheese sandwich with lettuce, tomato, and pickle, homemade potato salad.

**Thursday, March 28:** Herb rubbed roast pork with honey and garlic sauce, brown and wild rice, zucchini and tomatoes, chocolate pudding, roast beef and cheese sandwich with lettuce, tomato and pickle, carrot and raisin salad

**Friday, March 29:** Beef and lentil stew with celery, onions, potatoes, biscuit, pineapple upside down cake, taco salad with chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing and crackers.

are needed. The workshops help people with low vision issues.

The Braille Institute provides information about other organizations that assist the blind and those with impaired vision.

For more information, call Sharon Kohn at 596-1969.

**Wednesday, March 27:** Beef bolognese pasta with parmesan cheese, 50/50 salad with vinaigrette, orange juice, breadstick, sugarfree fruit crisp.

**Thursday, March 28:** Homemade vegetable soup, grilled chicken with lemongrass sauce, steamed rice, Oriental vegetable blend, fresh fruit.

**Friday, March 29:** fish tacos with shredded red and white cabbage, two soft corn tortillas with cilantro, lime rice pudding, diet pudding.





## **Puzzles & Comics**

#### **Gasoline Alley**



#### Broom-Hilda



#### HOW LONG HAVE WHAT DOES THE YOU BEEN ON TECH SAY? THE PHONE? 3 HOURS

1 Tiffany weights Ball scene prop 12 Messed up 19 Fawn over 21 Cancel 22 Run 23 Music blasters 24 Fumbling a ground ball 25 Fancied 26 Observed 27 Filmmaker's equip. 29 Dias in a semana 31 Word with deep or high 32 Nine: comb. form 33 Shoe width 34 "La Vie \_\_\_\_ Piaf theme 36 Fast food stops for finches 39 Sold moonshine 45 Eli's refrain 49 Simpson case figure 50 Superlative suffix

57

#### Answers on page 26

I'M

FÜLL

By Jim Scancarelli

Mew!

GREAT, NOW

FOR THE HEALTHY

FOOD.

Oops! I didn't see

must be Moe!

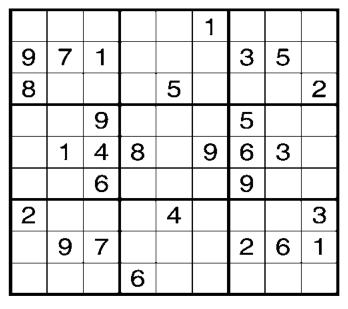
yo, little feller! Yo

**By Russell Myers** 

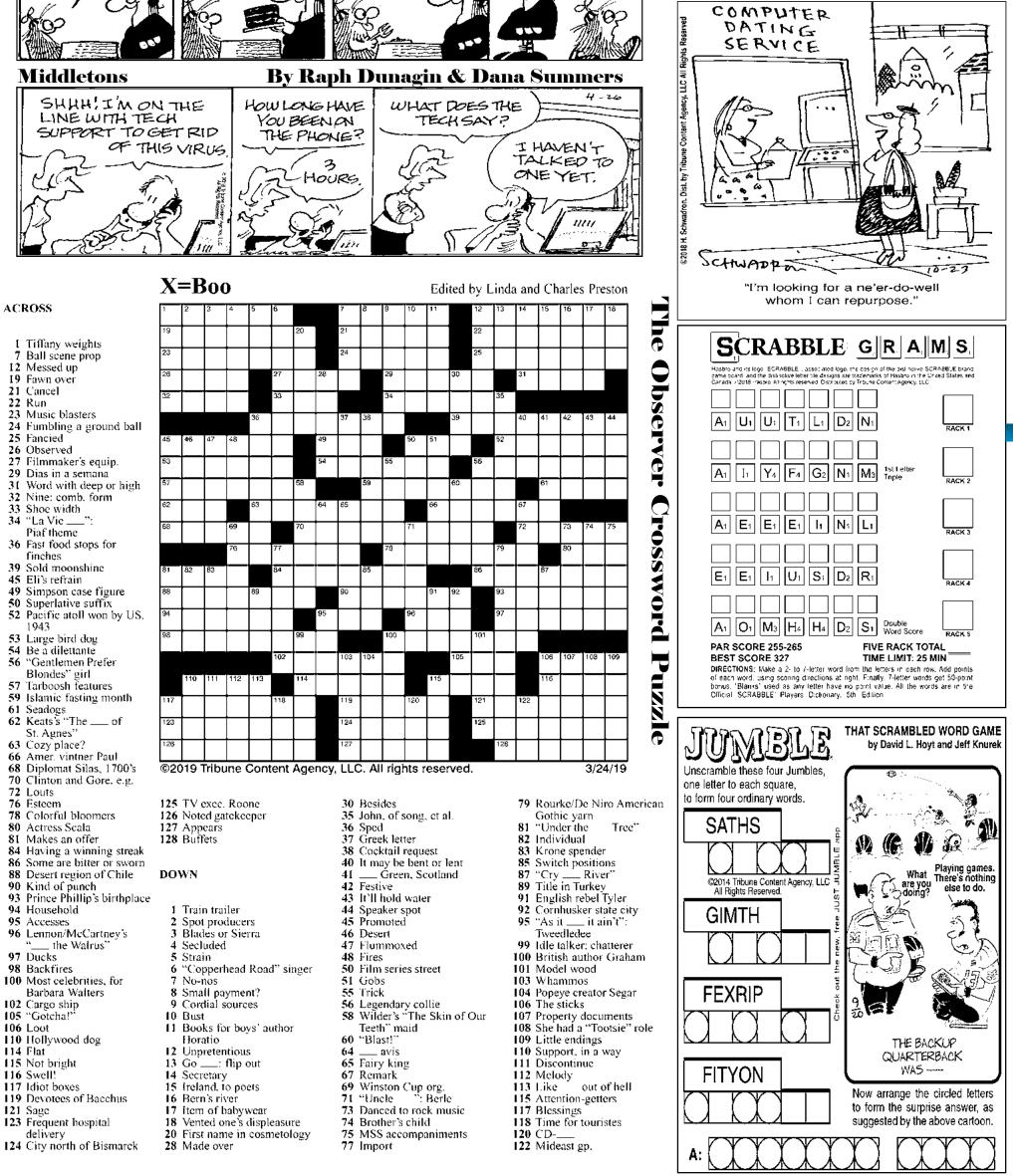
MYERE

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### **9 To 5 By Harley Schwadron**





#### www.lwsb.com | March 21, 2019 23

## LW RADIO CLUB

## Members learn to use Morse Code

Radio Club members Lillian Kennedy, W2LIL; Lilly Myers, KJ6NMR; Mark Stanford, W6MCS; and Midge Bash, W6LIK, recently completed Morse Code classes taught by lead instructor Don Kovell, WA6GVI, and instructor Rich Erickson, KU6H.

These individuals will continue to practice their skills in the Radio Room on Fridays under the leadership of Walter Mushagian, K6DNS.

Leisure World is fortunate to have individuals who are interested in learning and continuing to know and use Morse Code as it is often employed during times of disaster.

This skill is difficult to learn. People who are interested in learning more about Morse Code or how to use it are encouraged to stop by the Radio Room at the top of the Amphitheater or contact Midge Bash, president of the Radio Club, at (440. 289-2023.



Midge Bash, president the LW Amateur Radio Operators' Club, presents Mike Clairmont with a Certificate of Recognition for his accomplishments within the club. Over the years, Mike has served as president, vice president, secretary and treasurer. He is currently serving as vice president. The club appreciates his dedication and commitment.



Members of the Radio Club who participated in all of the Morse Code instructional classes included instructor Rich Erickson (seated, I-r), KU6H; Lillian Kennedy, W2LIL; Lilly Myers, KJ6NMR; lead instructor Don Kovell, WA6GVI; Mark Stanford, W6MCS; and Midge Bash, W6LIK.

#### SING-ALONG From page 14

taneously formed Community Sing Trio of Donna Burr, Betty Ballen and Ethel Carter harmonized "You Are My Sunshine," accompanied by Barbara on piano. Ethel wrapped up group singing then joined the audience in singing "Kumbaya" to end the

musical evening. Many thanks

to pianist Barbara.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

# Professional Services





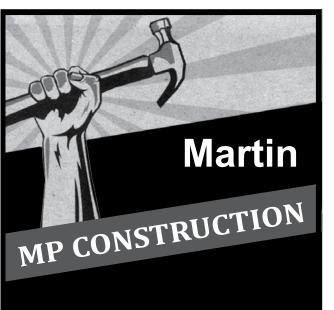


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# **Professional Services**







### LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, followed by a business meeting at 3 p.m.

#### Sonnet

When after storm the ocean's flat and calm, When rising sun sees morning bird sip dew, When searching soul at last finds soothing balm, That is the time my thoughts return to you. When deep within my heart resides a peace, And knowledge of the truth that life's worthwhile, When I imagine that all wars may cease, That is the time I contemplate your smile. If all the world's sick children could be well, If pain would now and ever disappear, If faith and hope and love all men indwell, I'd know and sense your gentle spirit near. Ah yes, it is when thoughts of you overwhelm, I know that I have entered heaven's realm!

–Fred Wind

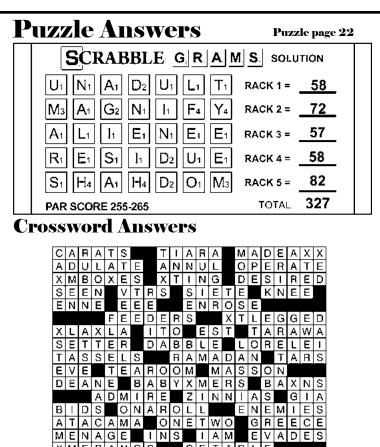
#### DINING From page 2

plus tax, for all you can eat on site. Take out will also be available, however there is a \$2 charge for a container for the soup of the day. Plans are in discussion for a

Sunday Brunch, hosted by Home-

town Buffet, that would fill the currently empty second week of the month slot in Clubhouse 1.

The Recreation Department is soliciting feedback from the community on this new service. Opinions may be sent to events@ lwsb.com.



#### **CHAPMAN UNIVERSITY**

## Transportation is topic at March 27 conference

Fred Smoller, Ph. D., associate professor of political science at Chapman University, is hosting "The Future of Transportation: 5th Annual Public Policy Conference" on March 27 at Chapman University.

Among the speakers are Michael Dukakis, former governor of Massachusetts; Lauire Berman, head of Caltrans; Dan Richard, former head of the California High Speed Rail Authority and others.

Admission is free, but registration is required.

For more information and registration visit www.chapman. edu/wilkinson/about/events/local-government-conference.aspx.

#### BUTTERFLY From page 14

high altitudes that they are not observed at all, simply appearing in a new region unexpectedly. It can migrate up to 2,500 miles over mountains, seas and deserts and can travel at a much higher altitude than other insects.

Unlike many other species of butterflies that migrate to warm climates in winter, painted ladies die once winter hits in colder regions.

During its migratory process, painted lady butterflies start breeding, and reproduce entirely throughout their migration.

Male painted ladies actively patrol their territory for receptive females in the afternoon. Should a male butterfly find a mate, he will usually retreat with his partner to a treetop, where they will mate overnight.

Female painted lady butterflies may suspend their flight temporarily when they are "ready to oviposit," allowing them to continually reproduce throughout their migrations.

The lifespan of a painted lady butterfly is two-four weeks.

#### GUILD

From page 17

### **SB-TV3 Schedule**

6 pm

8 pm

9 pm

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at *sbtv3.org/schedule*.

	0 0
	Thursday, March 21
4 pm	Harmonizing Humanity/
I	Wally Shirra
4:30 pm	Bob Cole Conservancy Jazz
5 pm	Pickelball/LW Follies
5:30 pm	Mystery at the Theater
6 pm	Bob Cole Conservancy
7 pm	Studio Cafe
8 pm	Velvetones
9 pm	Fem Zeppelin
10 pm	Sea Inside
11 pm	Cerritos Center
I	Friday, March 22
4 pm	Pickleball/Harmonizing
I	Humanity
4:30 pm	Mystery at the Theater
5 pm	McGaugh 3rd Grade Concert
. 1	2018-19
6 pm	Calvary Chapel
6:30 pm	McGaugh Weather Show
7:10 pm	LW Follies
7:30 pm	Ocean Perspectives
8 pm	Studio Cafe
9 pm	Bob Cole Conservancy
10 pm	Merry Wives of Windsor
1	Saturday, March 23
4 pm	Sea Inside
4:30 pm	Studio Cafe
5:30 pm	Bob Cole Conservancy
6 pm	Sea Inside
7 pm	Studio Cafe
8 pm	LAUSD
10 pm	Bob Cole Conservancy
11 pm	Velvetones
1	Sunday, March 24
4 pm	Shakespeare in the Park
6 pm	McGaugh Go West 2018
7 pm	Long Beach Community Band
8:10 pm	LW Follies
9 pm	Studio Cafe
	Live at the Ford
-	Monday, March 25
4 pm	Harmonizing Humanity/
-	Pickelball
4:30 pm	Mystery at the Theater
5 pm	Velvetones
6 pm	Studio Cafe
7 pm	Seal Beach City Council Mtg
- LIVE	
9 pm	Bob Cole Conservancy
10 pm	Cerritos Center
	Tuesday, March 26
4 pm	Harmonizing Humanity
4:30 pm	Pickelball/LW Follies
5 pm	Bob Cole Conservancy Jazz
5:30 pm	Velvetones
6:30 pm	Sea Inside
7 pm	Studio Cafe
8 pm	Shakespeare In the Park
10 pm	Live at the Ford
I	Wednesday, March 27
4 pm	Bob Cole Conservancy Jazz
4:30 pm	McGaugh 3rd Grade Concert
	2018-19
5:30 pm	Mystery at the Theater

#### 5:30 pm Mystery at the Theater McGaugh 1st Grade Concert 2018

- Bob Cole Conservancy 7 pm
  - Studio Cafe
    - Long Beach Community Band

## Classifieds

#### OUNCEMEN PERSONAL

SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 05/16/19

Lost dog - medium, cale, named Oreo. Black w/while the around the neck. Brow 10 5 ka. 562-794-9403 or call Security. 03/21

#### GENERAL

## AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 06/13

Personal Income Tax (개인세금보고) Tony B Jin (진봉진) Enrolled Agent to practice before the IRS. C. (847) 421-0204 Leave the text messages. SBLW Resident (Home Office). Retired CPA. 04/18

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	Х	8	Т	υ	В	ε	S		Х	Ζ	Е	R	S		S	А	Ρ	Ι	ε	Ν	Т
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#### Sudoku Answers

6	5	2	3	7	1	4	8	9
9	7	1	2	8	4	З	5	6
8	4	3	9	5	6	1	7	2
7	2	9	4	6	3	5	1	8
5	1	4	8	2	9	6	3	7
3	8	6	7	1	5	9	2	4
2	6	5	1	4	7	8	9	3
4	9	7	5	3	8	2	6	1
1	3	8	6	9	2	7	4	5

The Basic Rules of Sudokn:
There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all \$1 boxes contain numbers and the other Sudoku rules have been followed.
When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.

#### **Jumble Answers**

Jumbles: STASH MIGHT PREFIX NOTIFY Answer: The backup guarterback was -PASSING TIME

Coast Highway Campus (PCC), Building QQ, Room 122. Parking permits are available at the meeting room for \$2 per day or \$5 per semester. Parking is free parking with a handicapped placard in any space.

The chapter meets on the fourth Friday of the month (dark in December).

Guests are welcome.

#### RABBI

#### From page 8

meet on Mondays and Wednesdays at 6:35 p.m. at the bus stop across from Clubhouse 3.

The Passover Seder begins at 6:15 p.m. on Friday, April 19, at in Clubhouse 3, Room 2. It will be led by Cantor Marla Barugel.

The meal will include matzo ball soup, chutney brisket or roast chicken, vegetables, beverage and dessert.

To provide a ride to services, or to get one, call Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

10:10 pm LW Follies 11 pm Cerritos Center \* All programming subject to change.

## SCOREBOARD From page 9

11,010; Al Bonnema, 10,720; Dolores Cook, 10,690; Marilyn Allred, 10,680. The club meets on Thursdays from noon-4 p.m. in Clubhouse 1. For more information,call (310) 968-9509. -Bert Sellers

#### ...

Monday Night Bunco Club winners March 11: Most buncos: Michie Kimura. Most wins: Tide between Jackie Walters and Nancy Floyd. Most babies: Suzanne Frank. Most losses: Joyce Ingram. Door prize winner: Bill Zurn. The next game will be played on March 25. The club meets at 6 p.m. on the second and fourth Monday of the month in Clubhouse 3, Room 1. All Leisure World residents and their guests are invited to play the dice game that can be learned in minutes. For more information, call Gail Levitt at 596-1346.



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LW DECOR INC. Blinds, shutters, shades, 40 years serving Leisure World. Contractor's License #723262. 04/11 LW DECOR INC. 562-596-0559

#### **LEISURE WORLD** HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small nonprofessional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm. 562-296-8782

#### In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341 License #KC75538. 04/18

**BEAUTY SERVICES** 

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 04/04

Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. 10/03/19

Hair and Nail Salon Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 07/11

#### **HOME CARE PERSONAL ASSISTANT**

Need pet care or a FUN, organized, trustworthy travel companion or caregiver? Live-In for EXCHANGE for Excellent care. Over 25 years of experience. Local References. Custom Care by Trina 408-515-2419. 03/21

Just Like Your Daughter Personal Assistant/ **Girl Friday** Available for: errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay All with compassion and care.

Just Like Your Daughter Call Janice, 714-313-4450 SB Lic. #JUS0006/Bonded. 03/28

#### MOST AFFORDABLE RATE

Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 06/20/19

Maria's experienced caregivers, run errands, Dr's appointments cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006.07/25

Need Caring Caregiver? Live-in or live-out. Meal preparation, baths, shopping, laundry, doctors. Pierre's Caring Heart 714-337-6152. Seal Beach Business License RAZ0002. 05/23

I will care for male or female. I do lighthousekeping, grocery shopping, laundry, doctor's appointments and all other needs. 562-370-4544. Seal Beach License #MAD0010. 05/30

#### **HOUSE CLEANING**

**MOVE-IN, MOVE-OUT** WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093 **Over 30 years Experience! Seal Beach Business** License #AB0001. 04/25

Patricia Housecleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001, 05/23

#### **ELLY'S CLEANING** SERVICE Weekly, bi-weekly service. Excellent referral in Leisure World. Nearly 20 years experience. Seal Beach Business License BEN0001. Call Elly at (714) 476-2100. 04/11

#### MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days - call anytime! Complete cleaning. Seal Beach Business License &M0001a. Call 562-505-1613. 04/25

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Call Gloria 949-371-7425. 05/23

#### **GRACIAN'S HOUSECLEANING &** WINDOWS.

Windows 10% off first cleaning General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience.

Seal Beach Business License gra0006. 04/18

#### **COMPUTERS**

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device.

#### TRANSPORTATION

Personal driver. LW resident. Goes to airports, doctor's offices, stores, etc. for shopping or doctor's appointment. Drives by Gary. 714-658-9457. 03/28

Need a lift? Pam Miller. LW Resident. 310-227-1258. 04/04

#### **A PERSONAL DRIVER IS** WITHIN YOUR REACH

Consientious, dependable, Professional... and your Neighbor.

Providing locals trustworthy affordable transportation. Perfect for patients, professionals, and anyone who needs regular or

sporadc reliable transportation. Interested?

CALL 562-537-1298. James. 03/21

#### **AUTOS/BOATS/RV'S TRAILERS WANTED**

ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly!We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 05/02

#### AUTOS/BOATS/RV'S **TRAILERS FOR SALE**

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 05/30

#### **MOVING, HAULING &** STORAGE SERVICES

#### **J&D HAUL AWAY** AND CLEAN-UP SERVICE

No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787. 05/23

#### A FRIEND AND A TRUCK

Your moving service, any size job. Call 310-387-2618. Business License RO263644. 06/06

#### **FREE ITEMS**

Free recliner chair. Excellent condition. 562-626-8166.

Phillips Digital Video Disc Player & VideoCassette Recorder combination unit. Call Phil at 562-936-0150.

Canon Pixma MX340 Computer, printer, copier, scan & fax. Phil 562-936-0150.

#### ESTATE/MOVING/ PATIO/CARPORT SALES

All advertising offering to purchase entire households of goods and furniture (estates) or offering to conduct estate or patio sales for the owner or heir(s), and all advertising announcing such sales, shall contain the name, address and telephone number of the person or business soliciting such purchases or conducting such sales. All advertising for estate or patio sales conducted by the owner *or heir(s) shall contain the words* "by owner" or "by heir(s)."

\*\*\*\*\*

Moving Sale by owner - Friday, March 22nd & Saturday, March 23rd, 9-1:00 p.m. 11631 Weatherby Road, Rossmoore, 90720. Teri Nugent 562-446-0293. 03/21

Estate Sale: Mutual 5, 122H, 13481 St. Andrews Pl. March 21st and 22nd, Thurs. and Friday from 9 a.m. to 2 p.m. Drop Leaf Table, 2 computer tables, lounge sofa, black rod iron headboard and mattress, womens clothes, 2 small white dressers, fishing poles, walkers, potty chair, heaters, kitchen items and much more. Yay! Please come by and say Hello! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016.

#### **MISCELLANEOUS** FOR SALE

Raleigh Sports bike, like new. Minolta 35 mm camera. 562-493-1296. 03/21

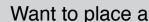
HIP HIP HOORAY It is selling stuff today. Sell freezer and other household goods. Call 562-598-0715. 13330 Del Monte, Unit 10D.

Beautiful 8' couch white on white fabric, excellent condition \$300 OBO. Ashley recliner color - mocha, in good condition \$75 OBO. Mutual 5, 94-A. 714-396-0121. 03/21

Gorgeous Natori red silk gown & robe. \$80. Never worn. 562-493-2147 leave a mesage. 03/21

#### **CARPORTS/CARPORT** LOCKERS FOR RENT

Carport space for rent. Mutual 5. Covered. 562-357-4769. 03/21



FRUSTRATED (562)755-6199

562-493-6291.

#### "ROLLIN THUNDER" **GOLF CART CLUB**

Offers FREE inspections and advice on buying and repairs of your golf cart. 562-431-6859.

Let's raise your ears - I'll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

Planning on doing spring cleaning, but don't know where to start? Place a classified ad for miscellaneous items to get rid of clutter fast!

#### **CHRISTIAN HOME CARE**

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/ full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured. 10/17/19

EXPERIENCED CAREGIVER Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please Call Pampet: 562-371-4895. Seal Beach License PAN0003 04/11

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 05/23



Read the paper online! www.lwsb.com/newspaper Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

#### **COMPUTER REPAIR** 562-733-9193

Virus removal. Expert in all computer systems. John Fuhrer, LW Resident. Seal Beach License FUH0001. 06/06

#### **ELECTRIC CARTS/** SCOOTERS/MOBILE **CHAIRS FOR SALE**

For sale - Club Car gas long bed golf cart. \$3,200. 562-458-9384. 03/28 Shoprider electric scooter. \$350. 714-336-3295. glendamcneil@gmail.com

Need Help? **See Classifieds** 



Want to place a classified ad? The deadline is Monday, 2:00 p.m. for Thursday's publication

Classified ad or renew your existing one? Turn it in by 2:00 p.m. on Monday, for Thursday's publication

No LW Weekly Paper by 9:00 A.M.? Call (562) 430-0534 Before 10 A.M. State Your Mutual and Apt. Number



#### 28 March 21, 2019 | www.lwsb.com

LWWeekly

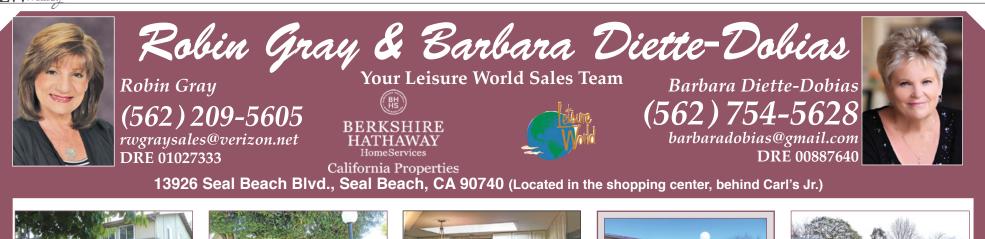


Mutual 9, 210H \$195,000	M9, 219F Basic, fixer corner great greenbelt, A/C, cut-down Shower, \$190,000 Erika — M17 (562) 598-7616	9 and 10 a.m.
2 BDR, 1-1/2 Bath Corner	M9, 210H Basic 2BDR/1 Bath, \$195,000 M1, 63B 1 Bedroom Move-in ready \$147,000	to have one
Fully Expanded on a pretty	M11, 284D - 2-BDR, 1-bath fixer, drive-up \$189,000	delivered
Greenbelt, Granite Counters, Laminate Floors Central A/C Heat	M1, 23D Fully Expanded 1 Bedroom \$179,000 M9, 225F South Facing Corner \$225,000	delivered.
Mutual 12, 64A \$389,000	M5, 103K Basic 2 BDR/1Bath, new windows \$235,000 Joanie:	Check around
1 BDR – Fully expanded	Joanie – Mo	thoroughly
Pretty greenbelt view, laminate	Great Garden Suppy Location \$235,000 Kitchen with a 28" x 105" Penin-	
flooring, centrally located	M10, 241C Remodeled Kitchen w/Peninsula 2 bed 1 bath Front Parch Graenbelt \$200,000	before calling
Mutual 1, 23D \$165,000	Front Porch, Greenbelt <b>\$299,000</b> New Listing M5, 92H 2 Bedrooms 1-1/2 Bathrooms, Partial	
Best Buy	Expansion 4 Skylights, New Windows, \$259,000	
2 BDR, 1 Bath Basic Drive	COMING M6 2 Bedroom 1 Bath Expanded Unit with side Patio and Great Greenbelt. \$210.000	ΤΤΛΤ
up, facing West. Very Private	COMING M6 1 Bedroom 1 Bath Basic Lowest dues in	NV Weekly
Mutual 4, 52B \$175,000	M6 \$145.000	LWWeekly
2019 ESCROWS	M12, 9F 2 Bedrooms, 2 Full Baths, Fully Expanded Corner, Mutual 9, 237G Great Location, \$425,000 - SOLD	Ū.
Mut. 8, 183E \$220,000	Helen Blizzard:	accepts
Mut. 17, 93A \$369,000	M5, 124B 2 BR, 1 bath, loaded with upgrades. Side patio	Credit
Mut. 11 284D \$189,000	enclosed adds extra room. New heat pump \$238,500	
I SOLD 26 in 2018	M6,144L 2-bedroom,1-bath, expanded corner, drive up	
I SOLD 34 in 2017	Reduced to \$275,000 NEW M9, 237G 2 BR/ 1-1/2 Bath Expanded Corner. Belt 1/2 Bath Expanded Corner Helen Blizzard	Cards
I SOLD 47 in 2016	Many upgrades including new laminate flooring, new 2 BH/ 1-1/2 Ban Many up- M14 (562) 896-1191	for
I SOLD 36 in 2015	Paint and new washer and dryer. Super Clean flooring, new paint, new W/D.	101
I SOLD 35 in 2014	Coming Soon 1 bedroom/1 Bath, Basic, Very Private Super Clean A/C heat. \$364,000	Classified
I SOLD 60 in 2013 I SOLD 42 in 2012	Hank: Buyers Only!	
I can sell your's too!	Mr. Hank Offers \$2,500 Move-in Cash (at C.O.E.)	Ads—
	On any of his corner listings	Call
Service Is My Priority!	M4 - 44G Fully Expanded 2 Bedroom. Gorgeous unit.	
Call me for a FREE market evaluation	M5 - 96G Fully Expanded 2-BDR, W/D. Green Acres. All offers	430-0534
	M14 - 18G Fully Expanded 2-Bedroom, 2-bath, washer/dryer, private office. Walk to golf. Carl Kennedy Young Ro – M7 Mr. Hank M14 (661) 810-9410 (714) 504-2541 (562) 743-8473	
Leisure Living Resales		



www.lwsb.com | March 21, 2019

29





Mutual 15-23-R \$364,900 Upstairs overlooking a green on one side and a tree lined courtyard on the other sits this GOR-GEOUS remodeled 2 bedroom, 2-bath! Open concept living room, dining room and kitchen with W/D, central/heat-air, dual-paned windows/sliders, beautiful floors, marble counters, stainless steel appliances, clear glass shower enclosure, more.

Mutual 9-210-6 \$479,000 GORGEOUS BRAND NEW

REMODEL, 1100 sq ft with large stone patio on a pretty

green with large tree. Bay-bowed windows, granite, lam-inate wood floors, designer

paint, lots of storage... Ready for you to move in!!



Mutual 6-140-L \$349,000 NEW LISTING 2 bedroom, 1bath east facing corner drive-up, expanded with a cozy patio. Forced-air heating & air - washer-dryer bay window in living room, dining room, designer ceilings, crown molding, huge skylight and pantry in kitchen, microwave and dishwasher, tasteful, soft colors throughout and delightfully decorated throughout.

Mutual 9-218-F\_\$450,000 WOW .... JUST REDUCED! If

you want a ONE-OF-A-KIND Home that is GORGEOUS be sure to CALL US to see!!! This

beauty has 2 bedrooms, 2 baths, a gourmet kitchen, inside laun-

dry, central heat/air, tile floors,

fresh paint, plenty of street parking and so much more -PLUS, IS AFFORDABLE!!!

Take Your Pick— Beautiful Mutual 9 Corner Units

2-bed, 2-bath, central heat/air, washer/dryer, walk-in closets, bowed bay windows



Mutual 12-55-C \$260,000 ABSOLUTELY THE MOST FOR YOUR MONEY 2-bedroom 1-bath fully remodeled kitchen and bath, stainless steel appliances, granite counter, extra large skylights, hard wood floors throughout. THIS IS A MUST SEE HOME. You cannot do these up grades at today's prices. Truly one of a kind



Mutual 8-205-B \$217,000 South Facing—2 Bedroom, 1-Bath with an expanded bedroom and living room and a cozy private tiled patio. Drive -up with assigned parking directly across. Call us to see -This one is priced right



Mutual 6-132-F \$269,000 PRICED REDUCED - 2 BED-ROOM - 1-1/2 BATH south facing corner with an expanded bedroom with a huge walkin closet and expanded living room. Heat pump, dishwasher.

Mutual 12-6-G \$329,000 REDUCED - Close to downtown. 2- Bedroom, 1-Bath, fully expanded drive-up corner. S/W facing. Light/Bright. Move-in ready. **PENDING** 



Mutual 5-98-H \$175,000 NEW LISTING .... Gives us a call to see this one bedroom that is lovely and different from the norm - and is more like a studio than a one bed!!! All new paint, new linoleum in the kitchen and bath, freshly cleaned newer carpet, walk-in closet, enclosed patio room with storage, raised wall and dual pane windows, heat-pump, stackable washer/dryer, more!!



Mutual 6-140-K \$349,000 2 Bedroom, 1 Bath Basic. Newer windows and two sliders to the front patio, Heat Pump, Cut Down Shower, white cabinets, Solar Tube in kitchen and Skylight in bathroom and patio, Mir-rored Wardrobes, and Laminate floors in bedrooms.

Check out our website **sealbeachleisureworld.com** for more listings and how to purchase in Leisure World Seal Beach

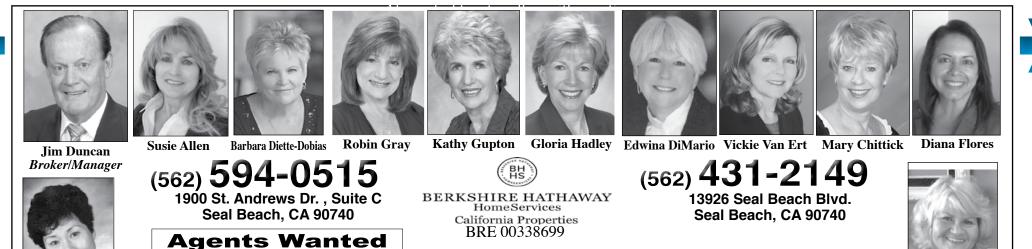
Mutual 2-1-B \$222,000 PRICE REDUCED! Charming

2-bed - 1-bath with expanded

living room and bedroo'm with huge walk-in closet, dual-pane

windows, laminate floors, cozy

private patio, three skylights and a heat pump. Light bright home ready to move in.





Suzanne Ahn



**Fay Wescott** 



Mutual 2 1B Mutual 2 38G Mutual 3 15F Mutual 11 282B Mutual 6 132F Mutual 12 55C Mutual 15 23L Mutual 5 124L Mutual 15 3K Mutual 1 37G **Mutual 9 236G** Mutual 1 40L \$349,000 Mutual 15 23R \$364,900 Mutual 6 128G \$375,000 \$389,000 Btfl. remod. corner, 1 1/2 baths, washer/dryer, greenbelt Mutual 8 189F Mutual 5 101A \$420,000 <u>1-1/4 baths</u>, corner, bay windows, hardwood floors

Mutual 8 205B

Mutual 6 140K

Mutual 2 63D

Mutual 2 26I

**Two-Bedrooms** 

Mutual 9 226L **\$217,000** Expanded master, oak flooring, solar tube, driveup Mutual 12 78L **\$224,500** Newer windows, lam. flooring, tile kit. and bath, solar \$229,000 Tile flooring, double pane windows, new paint Mutual 9 222A \$229,000 <u>Tiled kit</u>. and bath floors, plantation shutter, skylights, nice **Mutual 9 210G** \$233,500 Partial expan., dual pane, lam. floors Mutual 9 218F \$245,000 Corner, drive-up, fixer, won't last \$259,500 **Corner,** high side expansion, drive-up, nice \$265,000 Partial expan., lam. floors, tiled entry \$269,000 <u>1-1/2 baths</u>, corner partial expan. drive up Mutu \$274,900 Completely remodeled, hardwood floors, granite counters, very nice Mutu \$304,000 <u>2 baths</u>, washer/dryer, expanded, dual pane windows Mutu \$310,000 Full expan., corner, drive up , lam. floors \$325,000 1-3/4 baths, washer/dryer, granite counters, sharp Mutu \$345,000 Full expan., cent. air. newer carpet, greenbelt, dishwasher Mutu \$345,000 Full expan., corner, remod. kit.. & bath, greenbelt Mutu

Washer/dryer, cent. air, upgraded, must see

Washer/dryer, dual pane, bay window, Corian counters

Washer/dryer, cent. air, btfl. remod.

\$425,000 Atrium, 2 baths, cent. air, remodeled

\$447,000 Great greenbelt, remodeled, washer/dryer, move-in-condition \$449,000 <u>Washer/drver,</u> 2 bath, cent. air. btfl remodel, super \$450,000 New remod. corner, large custom kit., 2 3/4 baths, washer/dryer **\$496,000** Gorgeous corner, greenbelt, washer/dryer, 2 baths

\$489,000 One of a kind, 2 bathrooms, washer/dryer, private location

#### **One-Bedrooms**

Mutual 1 68J Mutual 1 9D Mutual 9 227D	\$140,000 \$157,500 \$162,000	<b>Btfl., lam. flooring,</b> 2 greenbelts, spotless <b>Lam. floors,</b> nice patio, shows well <b>Faces west</b> , drive-up, new laminate floors and	1
		paint, heat pump, very nice unit	
Mutual 1 42J	\$165,500	Move-in condition, newer counters, paint, lam. floors	
Mutual 9 215D	\$167,000	Full expan., greenbelt, move-in-condition	1
Mutual 1 66D	\$168,800	New lam. flooring, new heat pump, super clean	1
Mutual 1 15J	\$170,000	Expanded, greenbelt, move-in-condition	1
Mutual 1 42H	\$175,000	Enclosed patio, move-in-ready new flooring	
Mutual 5 98H	\$175,000	Washer/dryer, newer flooring, shows great	
Mutual 9 233H	\$189,000	Full expansion, lam. floors, dual pane, move-in-condition	
Mutual 3 14I	\$197,000	<b>Expanded</b> , granite counters, skylights, greenbelt	
Mutual 1 25D	\$210,000	<b>Decorator's dream</b> this one is special, must see	A





Linda Patton



drian Villarreal.

**Philip Bak** 







Jay Cho

Mutual 15 28G

Estee Edwards Conrad Rodriquez



**Irv Hart** 

**Rosie Wang Davis Tim Kearns** 









**Chris Kim** 





**Kathy Gupton** Associate Broker DRE # 00744676

## Kathy & Gloria Gupton & Hadley We are SISTERS Specializing in the LW Community 562 **618-9940** 562 **884-3594**



**Gloria Hadley** Realtor® DRE # 01057681



Mutual 9. 236G \$345.000 Beautifully expanded kitchen features built-in stainless steel appliance and granite counters with tile backsplash. Spacious living room has side expansion. Master bedroom is fully expanded with walk-in closet. Remodeled bathroom has new cabinetry with granite counters and double sinks, cut-down shower. Skylights in kitchen and bath; ceramic tile flooring throughout; double-paned windows; and sliding door from living room to private tile patio This charming home overlooks beautiful greenbelt.



#### Mutual 1, 42J \$165,500

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 1. 37G \$345.000 Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white



Mutual 15, 23L \$304,000

Lovely upstairs expanded unit with beautiful leaded glass entry door, spacious living room expansion that may be used for office or den. Dual pane windows. Kitchen has built-in appliances including dishwasher, white cabinets and white counter top, dining room has ceiling fan. Master bathroom has tub with enclosed shower, stackable washer/dryer. Second bedroom with mirrored closet doors and extra storage, second bathroom with skylight and cut-down shower. This unit is move in condition.



Elegant, all new construction, corner, 2 bedroom, 2 bath home. Custom kitchen has new custom cabinetry, built-in stainless steel appliances including a freestanding range, dishwasher, microwave, breakfast bar with extra storage and an extra large skylight. Two 3/4 baths, walk-in custom tile showers, double sinks and skylight. Second bath has a Solatube. Bedrooms have mirrored wardrobe sliding doors. This home also features laminate floors, recessed lighting, central air/heat, double-pane windows, washer/dryer, two outside storage closets and a lovely wrap around tile patio.





#### Mutual 5, 124L \$310,000

Immaculate fully expanded corner 2 bedroom 1 bath with drive-up, leaded glass entry. Kitchen has newer painted cabinets, built-in appliances and skylight. Spacious living area with bay window with seating, area for dining with chandelier, and finished inside storage area. Master bedroom has walk-in closet, ceiling fan, second bedroom has wall air conditioning. Bathroom with skylight, newer painted cabinets, cut-down shower. Unit also has newer carpet in living area and bedrooms, laminate flooring in kitchen and bathroom, dual pane windows, heat pump. This home is bright and cheery just waiting for you to move in.



#### Mutual 2, 63D \$229,900

Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate floors. Large private wraparound patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright,



#### Mutual 3, 141 \$197,900 Charming expanded 1-BR cottage. Features double-pane sliding door to front porch, ceiling fan, parquet entry with leaded glass door. Decorative cabinets/ shelves separate kitchen from living room. Kitchen has granite counters, dishwasher, microwave, large openable skylight. Bath has cut-down shower, granite counter, decorator sink and faucet. Bedroom has double-pane sliding doors to porch, mirrored wardrobe plus walk-in closet.



#### Mutual 9, 233H \$189,000 Lovely expanded 1-bedroom with driveup parking. Living room has an expanded area that may be used for office or den. Kitchen has white cabinets, built-in

appliances, and skylight. Bathroom with cut-down shower and skylight. Master bedroom has mirrored closet doors. Laminate flooring, dual pane windows and white blinds throughout.



#### Mutual 2, 261 \$229,000 Charming 2 Bedroom, 1 Bath cottage on greenbelt with great open view and private wrap around patio. Kitchen has built-in appliances, white cabinets, skylight and ceiling fan. Bathroom has



#### Mutual 12, 37H \$395,000 Extremely nice corner 2 bedroom 2

bath, fully expanded on greenbelt. Leaded glass entry door and large inside storage. Custom kitchen with wood cabinets, built-in appliances, Corian counters and skylight. Walk-in closets in bedrooms. Cut-down showers and skylights in baths. Laminate flooring in kitchen and master bath, tile in second bath, carpet in bedrooms and living room. Central heat and air conditioning, dual-pane windows, custom shutters and plenty of extra storage.



#### Mutual 6, 128G \$375,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet



cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



Mutual 3, 36A \$325,000 Charming expanded 2 Bedroom 1-1/2 bath corner features cozy living room. Side expansion offers additional closet space and may be used as den, dining room, office or living room. Kitchen has built-in appliances including microwave, pantry space, upgraded counters, shelves above sink, ceiling fan and large skylight. Second bedroom has bath. Master bathroom has skylight, walk-in shower and washer/dryer. Private front patio has walk-in-storage closet.

#### Mutual 15, 28G \$425,000

Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, freestanding electric fireplace and leaded alass door with side lights. Atrium has been remodeled for extra living space. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.





Mutual 15, 3K \$325,000 Inviting and expanded 2 bedroom 1 3/4 bath home over-looking a beautiful greenbelt. Expansion may be used as a den, study, or office and is light and bright with many windows. Spacious Living Room and adjoining dining area have cathedral ceiling. Kitchen has built-in appliances and granite counters. Second bedroom has mirrored closet doors. Master bath has granite counters, cut down shower, and washer/dryer. Bedrooms have plantation shutters and sola tubes in kitchen and bath. This lovely home over-looks a beautiful parklike green belt and is in move condition.

skylight and cut-down shower. Plantation shutters in living room and master bedroom.



Mutual 8, 189F \$389,000 Beautiful remodeled, expanded corner, 2 bedroom, 1-1/2 bathroom home on greenbelt. Spacious corner living room has 2 bay windows. Kitchen has custom cabinetry with granite counters, built-in stainless steel appliances, pantry, breakfast bar large skylight and tile flooring. Master bedroom has added cupboard space and is fully expanded and widened. Master bath has custom wood cabinetry with granite counters, added linen closet, washer/dryer, cut down shower and skylight.



Mutual 11, 267A \$429,000 Fully expanded, 2-bedroom, corner. Beautiful inside and out with spacious living room, shades that raise from the bottom up or lower from the top down, leaded glass entry door and skylight. Dining area has sliding mirrored doors to generous pantry. Kitchen has custom oak cabinets, breakfast bar, Corian counters, built-in appliances including glass top stove, convection oven, refrigerator with lower freezer, ice maker, dishwasher, microwave and openable large skylight. Fully expanded master bedroom with walk-in closet, openable skylight, laminate floors and a ceiling fan. Bathroom has walk-in shower, oak cabinets, cultured marble counters, linen closet, large capacity washer/dryer and openable skylight. This home has smooth ceilings, central heat and air, double-pane windows throughout and a beautiful garden with a fountain.

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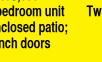
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everything!

**MUTUAL 8 – 177** \$189,000 Great price on this two-bedroom unit!

**MUTUAL 1 – 35F** \$224,900 **Basic corner great location Close to** 

shopping; Great for remodel!



\$235,000

**MUTUAL 9 – 215A MUTUAL 10 – 250L** \$499,000 Fabulous location; **Remodeled expanded** corner unit; surround-**Basic 2 BR corner;** ed by greenbelts, **Private spot!** 1-1/2 bath; W/D



**MUTUAL 1 – 57A** \$197,000 **Two-bedroom** corner unit **Small patio** 



MUTUAL 1 – 11D

\$175,000

**One-bedroom unit;** 

**Close to** 

large greenbelt





**MUTUAL 7 - 173K** \$194,500 **Great price!** Location - Close to **Central Park; Steps** to laundry; East facing; Wide courtyard

**MUTUAL 1 - 15A** \$205,000 **Corner unit with** heat/air pump



**MUTUAL 8 – 186L** \$365,000 Expanded two-bedroom corner unit with small patio; Easy access

**MUTUAL 6 - 129B** \$459,000 Fabulous Remodel, 2 Bed/2 Bath

Washer/Dryer, Patio

**MUTUAL 15 – 46M MUTUAL 6 - 137** \$299,000 \$225,000 Basic 2 Bed/ 1 Bath Two bedrooms, Close parking, Two baths, laminate floors **Upstairs Unit; Faces breeze** 



**MUTUAL 2 - 63L** \$335,000 Fully expanded corner with washer/dryer; **Close carport spot** 





**MUTUAL 1 – 67L** \$219,000 Two-bedroom corner unit on lovely green



**MUTUAL 2 – 15F** \$539,000 **Modern Expansion Two full bathrooms** Very high quality, Built in fireplace and 65" TV, Best in LW!

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Corner expanded 2 bedroom, 1 bath. Great drive-up location with double pane windows, window A/C, skylights in kitchen and bathroom and large storage unit.

13501 El Dorado Drive #199J - M8 - \$201,500



Interior 2 bdrm, 1 bath unit with large "L" shaped patio. Beautiful greenbelt views from all rooms of this unit. Laminate flooring throughout, A/C heat pump, skylights in both kitchen and bathroom and large skylight on patio.

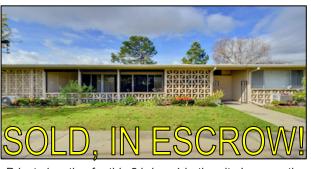
13501 El Dorado #199D - M8 - \$191,500





Expanded 2 bedrooms, 1 bath, central A/C, gourmet kitchen, WASHER/DRYER hookups, walk in closet, multiple skylights. Completely remodeled.Great private location.

#### 1240 Scioto Road #228i - M9 - \$176,500



Private location for this 2 bdrm, 1 bath unit. Large patio with electronic privacy shades and two large skylights, A/C heat pump, sliding glass door to patio from living room and bedroom. Skylights in kitchen and bathroom.

#### 13631 Annandale Drive #5K - M1 -\$155,000



Great 2 bedroom, 1 bath. Drive up expanded corner location. Upgrades include central A/C, smooth ceilings, hardwood floors, granite kitchen counters, skylights, WASHER/DRYER, dual pane windows.

#### 13320 Del Monte #9E - M15 - \$355,000



2 bedrooms, 1 bath. Rarely on the market, corner Atrium unit with large patio and tons of storage and three skylights. Skylight in bathroom.



2 bedroom, 1 bath with central A/C, dual pane windows, skylight, and a privacy shade on the patio.



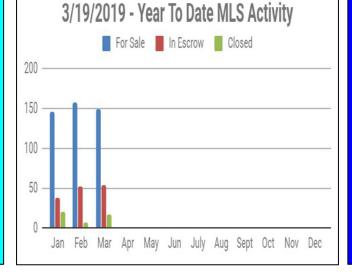
1 bedroom, 1 bath, skylight in kitchen and bathroom, cut down shower. Close to park and laundry. Enclosed patio, overlooking great greenbelt.



Gorgeous remodeled corner 2 bedroom, 1 1/2 bath unit. Beautiful outdoor dining area, central A/C and heat, stainless steel appliances, walk-in closet.

## **Listings Currently In Escrow:**

1640 Glenview #76H 1300 Knollwood #41C 1261 Oakmont #177G 1202 Golden Rain #72J 13730 Annandale #29K 1582 Golden Rain # 43E 13681 St. Andrews #26E 1240 Scioto Road #228i 13320 Del Monte #9E



#### I Have Access To The Total Inventory

On March 19th, 2019 a total of 149 units show as active listings on the CRMLS (*this is where Realtors list property for sale*).

> 28 - 1 bedrooms, 1 bath from \$140,000 to \$210,000 71 - 2 bedrooms, 1 bath from \$175,000 to \$479,000 50 - 2 bedrooms, 2 baths from \$239,000 to \$545,000

Please give me a call for detailed information on any of these properties!



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