

## 2022 Leisure World Seal Beach MINBUS

**Includes Updated Schedules, Maps and Routes** 



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2021

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**• A LIFETIME OF AFTERCARE** 

- MORE THAN 1,400 LOCATIONS
- **A COMMITMENT TO COMMUNITY**

## **The LW Minibus Guide**

Introduction to Service	6
Orientation Classes	
On-Call Bus	
	9 LW Access Bus
	10
Weekday Schedule Monday-Frida	У
A Bus	12-13
B Bus	14-15
C Bus	16-17
D Bus	

#### **OC Bus**

..... ...... 20 Tips for Taking **Bikes on the Bus Senior Shopping Shuttle** Shuttle Schedule to Seal Beach Holiday D Bus ..... ... 26-27 Bus Riding Rules ... 28 Memorial Care LB Medical Center Shuttle ..... 29 How to Apply for an OCTA Bus Access Services **Other Transportation** ..... 34 Los Alamitos Medical Center **Amphitheater Bus** 36-37 Rideshare Services 38

Discover Better Hearing with Cherie. SOLUS hearing care professionals Proudily Security Levue World for 3CH years! "Cherie is so professional but warm that it's You won't be disappointed if you chose this office for your hearing needs. It's like you have your own Hearing Team." -Marianne T., Sonus Patient Call (562) 469-5258 for your FREE hearing consultation Source hearing care seal Beach, CA	This booklet is produced by LW Weekly at <b>NO COST</b> to You may express your thanks to the advertisers who ma		• Mo
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All offers void where prohibited. See location for complete details. \*This is not a medical exam and is used for the purpose of amplification needs only. \*\*Hearing aids must be returned within 75 day trial period to qualify for a full refund. © Sonus2020



Love & Grace

562.865.5218

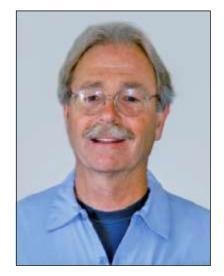


## **Skilled Nursing • Assisted Living • Memory Care**

- Medication Management Options for High Independence
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- •
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- On-Site Physical Therapy Daily Living Assistance
  - Life Enrichment Opportunities
- Transportation • Respite Care



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**Greetings LW Residents:** 



Welcome to the 2022 edition of the LW Minibus schedule book and transportation resource guide. It is with sincere pride that I welcome you to the extraordinary world of the Golden Rain Foundation transportation system, the LW Minibus.

As one of our most treasured amenities, the LW Minibus system can get you anywhere within the community and the adjacent Seal Beach Village Shopping Center quickly and with the greatest of ease. It also provides service and connections to nearby medical, shopping, restaurant and entertainment areas.

During the past year multiple changes were made to the Minibus system to improve rider service and increase efficiency and reliability. With dozens of community destinations at your fingertips, the LW Minibus is a great resource to help residents remain active and involved in all the community has to offer and beyond.

In this resource guide, you will find information about the LW's basic weekday fixed route daily bus services, the weekend on-call demand service, the LW Access community-based wheelchair mobility service and many other transportation options available through local partners, which also provide shuttle services within the Leisure World community.

LW Minibus service offers clean, safe and easily accessible shuttle buses with friendly, helpful drivers who make getting around an easy and pleasant adventure. Transportation support staff is always available to help help you navigate LW services. We invite you to reach out to us and discover how easily we can get you from here to there and anywhere.

Step on board and let us show you how effortless it is to take advantage of your improved community transportation system, the LW Minibus. Excellence is always our goal and we will always aim to exceed your expectations.

#### Grant Winford GRF Fleet Manager

# Local sales agent with local Medicare Advantage plans.

I'm Sherry M. Vandervoort, a licensed sales agent in LW Seal Beach Healthcare Center.. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs. Take advantage of my knowledge and experience to:

- Take the confusion out of Medicare
- Get help comparing plans

- Receive one-on-one service
- Make enrolling in a plan easier

I look forward to helping you explore your Medicare options so you can enroll in a plan with confidence.

#### It's time to take advantage.



Sherry Vandervoort Licensed Sales Agent 562-795-6250, TTY 711 Cell: 949-702-9488 smv.insurance4u@gmail.com www.MyUHCagent.com/sherry.vandervoort



Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2021 United HealthCare Services, Inc. All rights reserved. Y0066\_22SPRJ55189\_C

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## Learn to Ride the GRF Minibus Call (562) 431- 6586 ext. 379, to request an "on-call" pick up. Minibus On-Call

- First Thursday of the Month
- **10:00-11:30 a.m.**
- Clubhouse 3, Room 3



- Minibus routes and timetables
- Short-cuts and transfers
- On-Call service
- Access Bus service
- OCTA Bus Schedules,
- Seal Beach Senior Service to the Rossmoor, Old Town shopping areas



For more information, call Grant Winford, GRF Fleet Manager

(562) 431-6586, ext. 372

Monday - Friday Service: 8:00 - 8:45 a.m. and 2:15 - 6:15 p.m.

Saturday Service: D Bus - Orange line: 8:00 a.m. - 6:30 p.m.

Sunday Service: D Bus - Orange line: 7:30 a.m. - 4:30 p.m.

Your bus will arrive within 10 minutes of placing the call.

## WAIT WHERE THE BUS DRIVER CAN SE

### When calling for a pick-up, be sure to include:

Your Name 
 Location, Street Name 
 Building Number



# **BUS SAFETY RULES**



- Passengers will remain seated until the bus comes to a complete stop.
- No smoking on buses at any time.
- Small hand-pulled grocery carts/baskets are allowed if they fold flat or at the driver's discretion. Baskets **MUST** be stored by the driver. Please remove your groceries and other items from cart/basket.
- Walkers are allowed on buses if they fold flat and have easily removable baskets and collapsible seats. Some large walkers cannot be accommodated on buses because of entry door size restrictions. Drivers may ask the passenger for assistance boarding oversized and/or irregularly shaped walkers. Please remove all personal items and grocery/shopping bags from walkers. Questions regarding walker compatibility should be asked prior to using the buses.



policy 50-1023-1.

• Canes, walkers and assistive devices must be placed between the passengers legs and not protrude into the aisle. • Nonemergency use of cell phones on the buses is prohibited. Please respect other passengers who may need to inform the bus driver of their destination/ stop and refrain from using cell phones on the buses.

• Unnecessary conversation with the driver is prohibited.

## • PLEASE RING EXIT BELL PRIOR TO YOUR REQUESTED EXIT OR STOP.

• PLEASE NOTE: The bus driver will make only limited stops at the shopping center. ASK THE DRIVER FOR INFORMATION.

• Pets, except for registered service animals, are not allowed on buses, per GRF

#### For safety reasons, all Golden Rain Foundation buses will drive in the middle of most roads

whenever possible. It is the driver's authority to ensure that the Minibus Passenger Safety Rules are enforced at all times. If a passenger will not comply with the Bus Safety Rules or any safety request made by the Minibus driver, and the driver deems the situation serious, the driver will stop the bus and call the applicable management authority.

✓ We request that if you are walking or standing as a bus approaches, that you indicate to the bus driver whether or not you want to board the bus. Wave your hand if you do, or turn your back and/ or shake your head "no" if you do not. This eliminates unnecessary stops.

 For your convenience,
 scheduled departure times are posted at Roger Dunn Golf/Dollar Tree, LW Health Care Center, Main Gate,
 Northwood Clubhouse 3/Library,
 Clubhouse 2 and the Amphitheater Bus Hub.

## LEISURE WORLD MINIBUS ACCESS PROGRAM

To make reservations, call (562) 431-6 and ext. 379, any and 24/7. Reservations may be made **ONLY** up to three days in advance. If possible, a reservation for the return trip should be made at the same time. Return trips that are not scheduled will be made on a time-available basis after other scheduled pick-ups are made. A reservation is for one pick up and one return only. Additional trips on the same day require additional reservations.

The lift-equipped/ramp Access bus can accommodate two wheelchairs. Companions and/or assistants may accompany the wheelchair/access passenger. Passengers may use the Access bus to travel anywhere that the minibuses travel. These buses are routed throughout Leisure World and also go to the Seal Beach Village/ Leisure World Shopping Center.

#### SAFETY RULES:

Passengers standing with walkers will be allowed to ride/walk up or down on the wheelchair lift/ramp. A wheelchair can be provided

Access service is for residents who are unable to use regular Minibus service. Service is available by reservation only:

• Monday-Friday, • Saturday-Sunday, 8:00 a.m.- 3:30 p.m. 7:30 a.m. -2:00 p.m.

#### No return trips will be made after 3:20 p.m., MondayFriday, or 1:45 p.m., Saturday-Sunday.

If for any reason an Access rider has to change the time of a reservation or a return trip, he or she should call (562) 431-6586, ext. 379, as soon as possible. or those who need to use the lift/ramp to enter the Access bus, but nave difficulty navigating steps or the ramp. **THIS WILL ONLY BE AVAILABLE FOR USE TO ENTER AND/OR EXIT THE BUS.** 

Wheelchairs and motorized units must have working brakes.

All passengers who remain in a wheelchair or motorized unit must allow the Access bus operator to securely attach all safety restraints and belts to the passenger and the wheelchair —**NO EXCEPTIONS.** Passengers with three-wheel electric units should get off their units, if able, and ride on the regular bus seat for additional safety. Some three-wheel chair units **MAY NOT** be able to be secured onto the Access bus. **ASK FOR INFORMATION AT THE TIME YOU MAKE A RESERVATION.** 

Access bus drivers will wait for passengers at a location close to the passenger's home. Passengers must be able to get to the Access bus and to their destination by operating their own chair/unit or be assisted by aides.

Passengers will be let off at the closest safe location that does not block traffic. The driver will then depart to pick up other passengers. At the time a reservation is made, all passengers should make it clear where they will meet the Access bus.

A passenger will be considered a **NO SHOW** if he or she is 10 minutes late for an appointment and will have to reschedule.

Drivers are not allowed to enter any resident's unit to pick up or drop off any passenger.

Drivers <u>ARE NOT ALLOWED</u> to physically assist (hands-on) any passenger onto or off of the Access bus.

## Iseek. Iembrace. Ithrive. I matter.



Surrounded by the natural beauty and pleasant climate of Southern California, Katella Senior Living Community and Alamitos West Health & Rehabilitation provide a lifestyle of comfort, convenience and nurturing in a family-like atmosphere. Our professional and warm approach to senior living and health care is demonstrated through experience, service, value and compassion offering you everything you need to flourish.

#### We'd love to hear from you!



### KATELLA

Senior Living Community

#### ASSISTED LIVING | MEMORY CARE | RESPITE CARE

3952 Katella Avenue, Los Alamitos, CA 90720 562-596-2773 | katellaseniorliving.com RCFE License #: 300602548



### ALAMITOS WEST

Health & Rehabilitation

#### LONG-TERM CARE | REHABILITATION

3902 Katella Avenue, Los Alamitos, CA 90720 562-596-5561 | alamitoswest.com

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#### MANAGED BY (1) The Goodman Group

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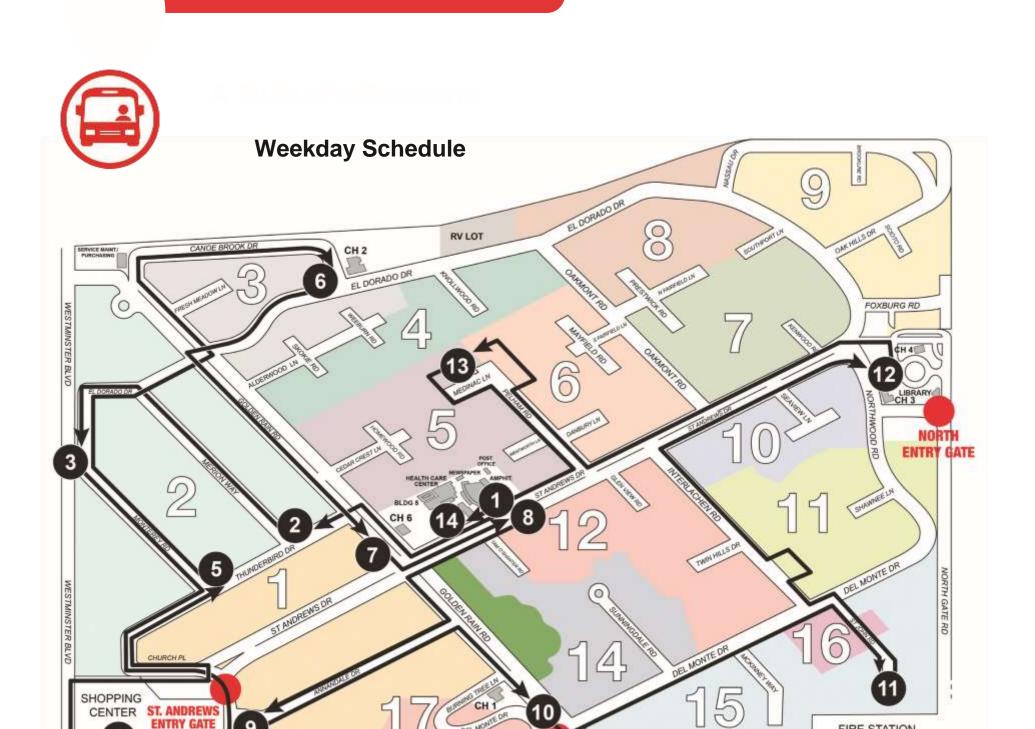
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KTLA Properties Limited Partnership d/b/a Alamitos West Health & Rehabilitation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sex, age, disability, or any other protected status.

#### LANGUAGE ASSISTANCE SERVICES

 Spanish
 ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-674-8457 (TTY: 711).

 Chinese
 注意:如果您使用繁體中文,您可以免費獲得語言接動服務。請致電 1-844-674-8457 (TTY: 711)





### Monday-Friday, excluding holidays; afternoon times are shown in BOLD typeface.

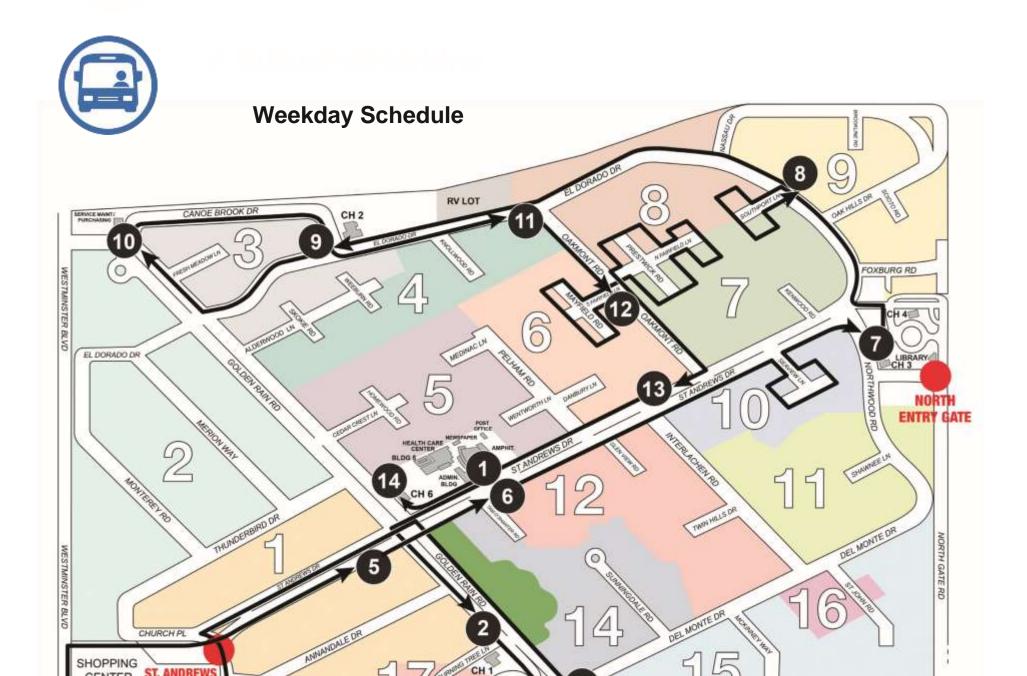
To determine the direction the bus travels, read street names and location from left to right on schedule.

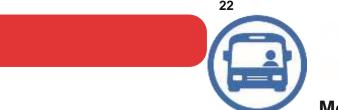
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Trip Number	Medical Center, CH 6	Golden Rain Rd. to Thunderbird Dr., Merion Way	El Dorado Dr. to Monterey Rd.	Thunderbird Dr., Church Place to Shopping Center	Church Place, Thunderbird Dr. tx Monterey Rd.	El Dorado Dr., Purchasing to CH 2	Golden Rain Rd. to St. Andrews Dr.	Amphitheater Bus Hub	St. Andrews Dr., Golden Rain Rd. to Annandale Dr., Carport 9, Jim's Gat	CH 1 to Main Gate	* Del Monte Dr. to St. John Rd.	Interlachen Rd. to Carport 132-133 to CH 3, CH 4 & Library	** St. Andrews Dr., Pelham Rd., Medinac Ln.	*** St. Andrews Dr. Medical Center, CH 6
1	9:00	9:02	9:04	9:08	9:11	9:13	9:15	9:18	9:21	9:23	9:27	9:32	9:36	9:38
2	9:43	9:45	9:47	9:51	9:54	9:56	9:58	10:01	10:04	10:06	10:10	10:15	10:19	10:21
3	10:28	10:30	10:32	10:36	10:39	10:41	10:43	10:47	10:50	10:52	10:56	11:00	11:03	11:05 break
4	11:25	11:27	11:29	11:33	11:36	11:38	11:40	11:43	11:46	11:48	11:52	11:57	12:01	12:03
5	12:07	12:09	12:11	12:15	12:18	12:20	12:22	12:25	12:28	12:30	12:34	12:39	12:43	12:45
6	12:50	12:52	12:54	12:58	1:01	1:03	1:05	1:08	1:11	1:13	1:17	1:22	1:26	1:28
7	1:33	1:35	1:37	1:41	1:44	1:46	1:48	1:51	1:54	1:56	2:00	2:05	2:09	2:11
8	2:16	2:18	2:20	2:24	2:27	2:29	2:31	2:34	2:37	2:39	2:43	2:48	2:52	2:54
9	2:59	3:01	3:03	3:07	3:10	3:12	3:14	3:17	3:20	3:22	3:26	3:31	3:35	3:37

\*\* Danbury Lane on request (driver will look at bench on drive by)

\*\*\* Post Office and Amphitheater Bus Hub on request







Monday-Friday, excluding

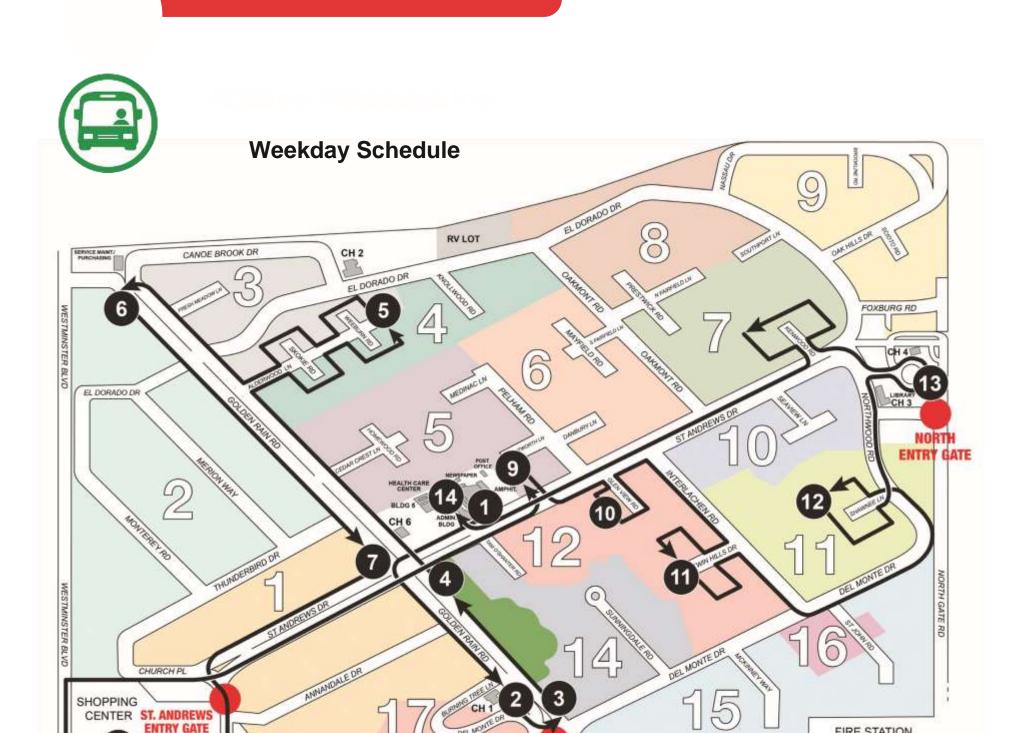
### holidays; afternoon times are shown in BOLD typeface.

To determine the direction the bus travels, read street names and location from left to right on schedule.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Trip Number	Medical Center, CH 6	Clubhouse 1	Entry Gate #1	Golden Rain Rd. to Shopping Center	* St. Andrews E	Amphitheater Bus Hub	Seaview Lane, CH 3 & CH 4, Library	Northwood Rd. into Southport Ln.	Northwood Rd., El Dorado Dr., CH 2, Golden Rain Rd.	Canoe Brook Dr., El Dorado Dr.	El Dorado Dr. to Oakmont Rd.	Oakmont Rd. to N. Fairfield Lane, S. Fairfield Lane	** Oakmont Rd. tc St. Andrews Dr.	Medical Cente
1	8:40	8:41	8:42	8:45	8:47	8:50	8:53	8:54	8:59	9:02	9:05	9:09	9:10	9:15 break
2	9:33	9:34	9:36	9:39	9:47	9:49	9:51	9:52	9:57	10:00	10:03	10:07	10:08	10:10
3	10:15	10:16	10:18	10:22	10:30	10:32	10:34	10:35	10:40	10:43	10:46	10:50	10:51	10:53
4	10:58	10:59	11:01	11:05	11:13	11:15	11:17	11:18	11:23	11:26	11:29	11:33	11:34	11:36
5	11:41	11:42	11:43	11:48	11:56	11:58	12:00	12:01	12:06	12:09	12:12	12:16	12:17	12:19
6	12:24	12:25	12:25	12:31	12:39	12:41	12:43	12:44	12:49	12:52	12:55	12:59	1:00	1:02
7	1:07	1:08	1:08	1:14	1:22	1:24	1:26	1:27	1:32	1:35	1:38	1:42	1:43	<b>1:45</b> break
8	2:05	2:06	2:06	2:12	2:20	2:22	2:24	2:25	2:30	2:33	2:36	2:40	2:41	2:43
9	2:47	2:48	2:48	2:54	3:02	3:04	***3:06	3:07	3:12	3:15	3:18	3:22	3:23	3:24
10	3:29	3:30	3:30	3:36	3:44	3:46	3:48	3:49	3:54	3:57	4:00	4:04	4:05	4:07

Trips #8, 9 and 10 - special operation days only \*\* Post Office and Amphitheater Bus Hub on request \* Tam O'Shanter Rd. by request







### Monday-Friday, excluding holidays; afternoon times are shown in BOLD typeface.

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ber	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Trip Number	Medical Center, CH 6	Clubhouse 1	Entry Gate #1	Entry Gate #1 to St. Andrews Dr./ Golden Rain Rd.	* Golden Rain Rd., Alderwood Ln. to Weeburn Rd.	Golden Rain Rd., Golden Rain Cir. to El Dorado Dr.	Golden Rain Rd. to St. Andrews Dı	St. Andrews Dr. tc Shopping Center	** Amphitheater Hub	St. Andrews Dr. to Glen View Rd.	Interlachen Rd. to Twin Hills Dr.	Northwood Rd. to Shawnee Ln.	Northwood Rd. to CH 3 & CH 4, Library	*** Golden Rain Rd. Kenwood Rd., HCC, CH 6
1	8:45	8:47	8:48	8:50	8:55	8:56	8:58	9:01	9:08	9:09	9:12	9:17	9:20	9:23
2	9:28	9:30	9:31	9:33	9:38	9:39	9:41	9:44	9:51	9:52	9:55	10:00	10:03	10:06 break
3	10:24	10:26	10:27	10:29	10:34	10:35	10:37	10:40	10:47	10:48	10:51	10:56	10:59	11:02
4	11:09	11:11	11:12	11:14	11:19	11:20	11:22	11:25	11:32	11:33	11:36	11:41	11:44	11:47
5	11:52	11:54	11:55	11:57	12:02	12:03	12:05	12:08	12:15	12:16	12:19	12:24	12:27	12:30
6	12:35	12:37	12:38	12:40	12:45	12:46	12:48	12:51	12:58	12:59	1:02	1:07	1:10	1:13
7	1:18	1:20	1:21	1:23	1:28	1:29	1:31	1:34	1:41	1:42	1:45	1:50	1:53	1:56
8	2:01	2:03	2:04	2:06	2:11	2:12	2:14	2:17	2:24	2:25	2:28	2:33	2:36	2:39
9	2:44	2:46	2:47	2:49	2:54	2:55	2:57	3:00	3:07	3:08	3:11	3:16	3:19	3:22



#### Trips #8 & 9 - special operation days only

- \* Shortcut to Clubhouse 2 off Weeburn Road
- \*\* Tam O'Shanter Road by request from Shopping Center \*\*\* Post Office, Amphitheater Bus Hub by request

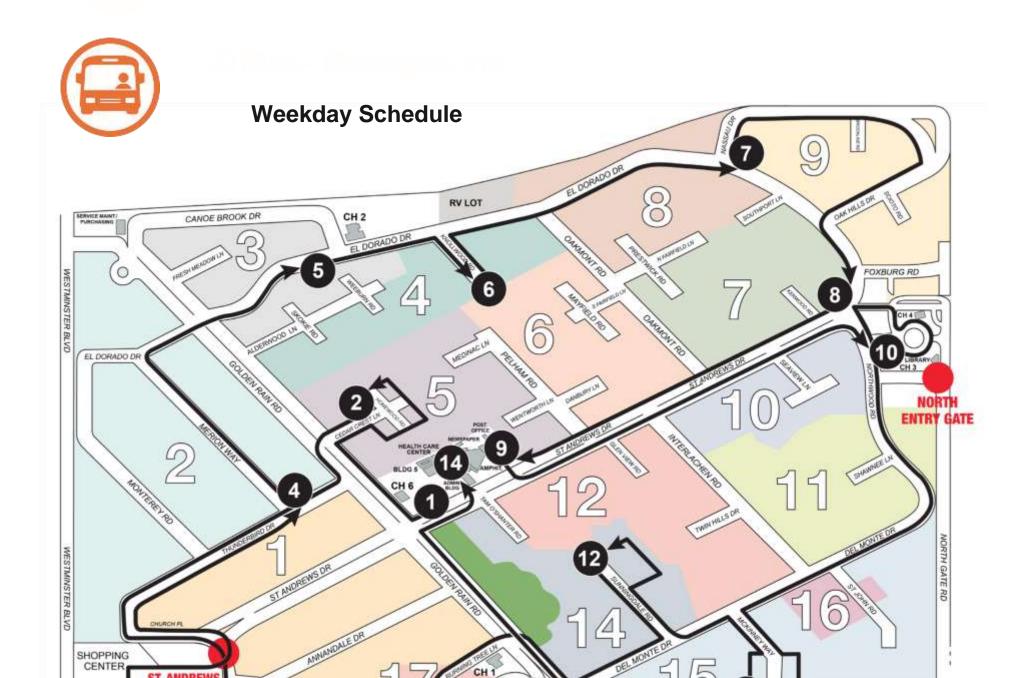




## **Leisure World Pharmacy**

Monday-Friday • 9 a.m.-5:30 p.m. 1661 Golden Rain Road Health Care Center (562) 795-6202

Free delivery within LWMini-mart All major insurances accepted Fast, friendly service





### Monday-Friday, excluding holidays; afternoon times are shown in BOLD typeface.

To determine the direction the bus travels, read street names and location from left to right on schedule.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Trip Number	Medical Center, CH 6	Golden Rain Rd. to Cedar Crest Ln.	Golden Rain Rd. to Thunderbird Dr. to Shopping Center	Church Place to Thunderbird Dr. to Merion Way	El Dorado Dr. to CH 2	El Dorado Dr. to Knollwood Rd.	* El Dorado Dr. to Nassau Dr., Mini Farms	Oak Hills Dr., Northwood Rd., St. Andrews Dr. Corner	Amphitheater Hub	CH 3, CH 4, Library	Northwood Rd., Del Monte Dr., McKinney Way	Del Monte Dr. to Sunningdale Rd., Golden Rain Rd.	Burning Tree Ln., CH 1, Mutual 17, Entry Gate #1	Medical Center
1	9:10	9:14	9:19	9:22	9:24	9:26	9:30	9:33	9:35	9:37	9:39	9:42	9:46	9:48
2	9:53	9:57	10:02	10:05	10:07	10:09	10:13	10:16	10:18	10:20	10:22	10:25	10:29	10:31
3	10:36	10:40	10:45	10:48	10:50	10:52	10:56	10:59	11:01	11:03	11:05	11:08	11:12	11:14 break
4	11:34	11:38	11:43	11:46	11:36	11:50	11:54	11:57	11:59	12:01	12:03	12:06	12:10	12:12
5	12:17	12:21	12:26	12:29	12:18	12:33	12:37	12:40	12:42	12:44	12:46	12:49	12:53	12:55
6	1:00	1:04	1:09	1:12	1:01	1:16	1:20	1:23	1:25	1:27	1:29	1:32	1:36	1:38
7	1:43	1:47	1:52	1:55	1:44	1:59	2:03	2:06	2:08	2:10	2:12	2:15	2:19	2:21
8	2:26	2:30	2:35	2:38	2:27	2:42	2:46	2:49	2:51	2:53	2:55	2:58	3:02	3:04
9	3:09	3:13	3:18	3:21	3:10	3:25	3:29	3:32	3:34	3:36	3:38	3:41	3:45	3:47

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## WHAT WE OFFER

- Staging Relocation Ser
- eaning Services . Moving Services
- Handyman Repair . Investment Consultation

**OCBUS** 

No matter where you're going—the senior center, library, shopping, medical appointments, dinner—OC Bus can get you there. OC Bus is the transportation service provided by the Orange County Transportation Authority (OCTA).

The Leisure World Main Gate is served by OC Bus Routes 42A and 60. All times listed use the gate as the starting and end point.

Route 42A provides service seven days a week between Old Town Seal Beach and the Village at Orange via Seal Beach/Los Alamitos Boulevards and Lincoln Avenue with stops at Mary Wilson Library, Old Town Seal Beach, Seal Beach Senior Center and Rossmoor Library, Rossmoor shopping centers, the Braille Institute and the Village at Orange. Weekday service is offered eastbound from approximately 5:00 a.m.-10:30 p.m. and westbound between 5:05 a.m.-9:55 p.m.

Route 60 provides service seven days a week between Long Beach and Tustin via Westminster Boulevard/17th Street and

Seventh Street, with stops at the Long Beach Veteran Affairs (VA) Medical Center, California State University at Long Beach (CSULB), the Seal Beach Naval Weapons Station, Santa Ana College, and Larwin Square. Eastbound weekday service is from about 4:00 a.m.-12:30 a.m. and westbound is between 4:50 a.m.-1:20 a.m.

Riders have a variety of ways to pay for OC Bus trips—cash, passes and OC Bus Mobile App. (*Note: Fare boxes accept coins and bills up to \$10 and do not give change, so exact fare is required.*) To purchase any bus fare at the senior discount rate, an OCTA Senior Reduced Fare ID is required.

WE LOVE

For Routes 42A and 60, the regular fare is \$2 per boarding; for seniors (60 and older) and the disabled, the fare is 75 cents. ACCESSapproved riders pay 25 cents for all buses.

Purchase an all-day pass (unlimited rides) from the coach operator for \$4; seniors pay \$1.50. Or get a prepaid day pass for \$1.35 or a prepaid 30-day senior pass for \$22.95. These are available at Ralph's, Vons and Pavilions, online at *ocbus.com/ buyapass* or by calling (714) 560-5932.

The newest and most convenient way to buy a fare is with a smartphone. Download the OC Bus Mobile Ticketing App from the Apple or Android stores and show the pass on the phone when boarding. 30

To plan a trip, discover new destinations, check route schedules, download the OC Bus Mobile App, or apply for a senior ID card, visit *ocbus.com*.

- Anaheim Convention Center,  $\checkmark$ **Disneyland, Amtrak Station,** Anaheim —OCTA 42A (eastbound) to Los Alamitos Boulevard at Katella Avenue, transfer to OCTA 50 (eastbound). Arrive at Anaheim Regional Intermodal Transportation Center (ARTIC) or take the OCTA 60 (westbound) to the Long Beach VA and transfer to the OCTA 50 (eastbound). OCTA 50 runs at 30minute intervals.
- Aqualink to Downtown Long Beach—OCTA 42A (westbound) to Electric Avenue in Old Town, Seal Beach, transfer to Long Beach Transit (LBT) 131 (northbound) to Long Beach. LBT 131 runs at 45-minute intervals.
- Downtown Long Beach-Metro Blue Line— OCTA 60 to Long Beach VA at Channel/7th Street stop and transfer to LBT 121, 91, 92 or 93.
- OC Beaches Take OCTA 42A (westbound) to PCH in Seal Beach and transfer to OCTA 1 (southbound), or take the OCTA 60 to Long Beach VA and transfer to OCTA 1 (southbound).

## How to Get From Here to There



avi

## WHO WE ARE

We at Gasper Monteer Realty Group offer a wide variety of services to ensure you are best taken care of on your journey in selling your home in Leisure World. From concierge services to expert marketing we are designed to give you the best service possible.

Carol Gasper and Nicholas Monteer came together to offer the full spectrum of real estate ownership, investing and processes expertise to you... From there, Gasper Monteer Realty Group was created.

Our specialty truly resides in the ability to create a smooth transition to wherever your destination is while getting you top dollar for your home. Our team makes it seamless and profitable for you and all involved.

### WHAT WE OFFER

- Staging
- Relocation Services
- Cleaning Services 
   Moving Services
- Handyman Repair
   Investment Consultation



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WE LOVE

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## TRAVEL FARTHER, BRING YOUR BIKE

There is a bike rack on the front of every

**OCTA** bus, plus you can bring a folding bike onto the bus, simply have your bike folded and ready to be taken onboard before the bus arrives.

Most OCTA buses have a bike rack on the front that can carry three bikes at a time. Bike racks are available on a first-come, firstserved basis.

If the rack is full, bikes are not permitted inside buses, except for the last trip of the day. To ensure your bike will fit into the bike rack, all bikes must fit within these acceptable specifications:

• Wheel Size: 20 - 29 inches in diameter

- Wheelbase: 48 inches maximum axle to axle
- **Tire Width**: No more than 2.5 inches maximum
- **Bike weight**: No more than 55 pounds per bike rack position

E-bikes are allowed on the bike racks as long the e-bike fits the same profile as a regular bike and that it conforms to the specifications listed above. E-bikes need to fit securely on the bike rack and cannot weigh more than 55 pounds.

Tips For Taking Bikes On The Bus

• Be prepared to load your bike when the bus Please remember to ride safely.

1388

approaches. Remove water bottles, pumps and other loose items.

• Alert the coach operator that you are going to use the bike rack.

• Load your bike from curbside in front of the bus.

• If the bike rack is up, release it by pulling down with one hand.

• Lift your bike onto the bike rack and fit the wheels into the proper slots.

• Raise the support arm over the front tire. A spring will pull the arm back securely latching your bike.

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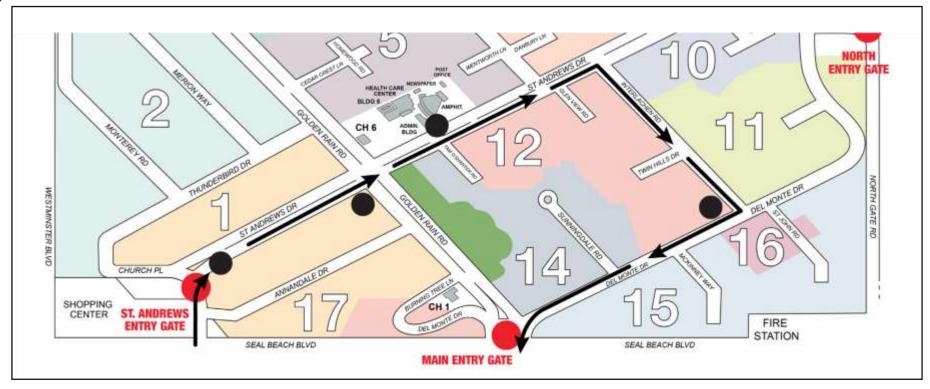


Shuttle Bus Service to Ralph's, Target, Sprouts, Kohl's, Seal Beach Senior Center, Vons Pavilions and Seal Beach Pier/Old Town. Monday-Friday Only.

The shuttle enters St. Andrews Gate at the times shown (see p. **Bus picks up at designated sheltered LW stops** 

25), and exits through Main Gate after circling through LW and

picking up passengers at the designated sheltered bus stops (●) and Amphitheater Hub. Maximum of four and Amphitheater Hub along the route shown below. bags per person are allowed on the shuttle.





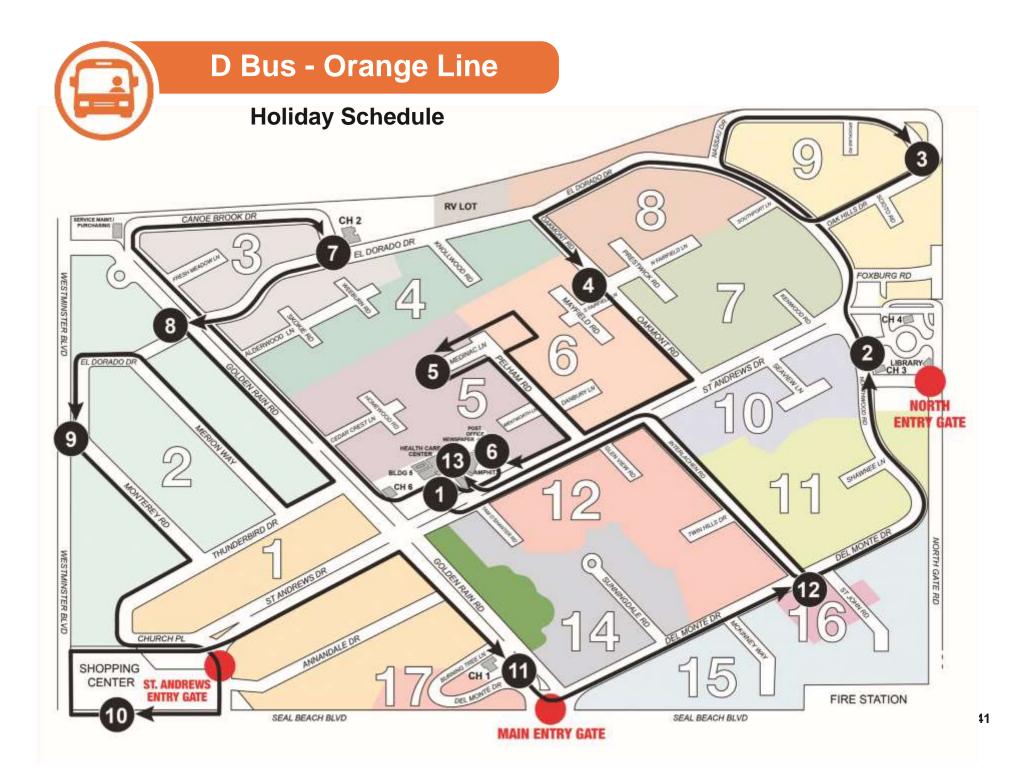
# ROSSMOOR SENIOR SHOPPING SENIOR SHUTTLE SCHEDULE TO SHUTTLE SCHEDULE (MON-FRI) SEAL BEACH PIER (MON-FRI)

<b>Departs</b> (Leisure World)	<b>Arrives</b> (Ralph's, Target, Sprouts)					
9:25 a.m.	9:40 a.m.					
10:25 a.m.	10:40 a.m.					
11:25 a.m.	11:40 a.m.					
1:25 p.m.	1:40 p.m.					
2:25 p.m.	2:40 p.m.					

<b>Departs</b> (Leisure World)	Arrives (Seal Beach Pier)
9:00 a.m.	9:15 a.m.
10:00 a.m.	10:15 a.m.
11:00 a.m.	11:15 a.m.
1:00 p.m.	1:15 p.m.
2:00 p.m.	2:15 p.m.

3:25 p.m.	3:40 p.m.		3:00 p.m.	3:15 p.m.						
Please note: The last hus returns to Leisure World at 1 n m. All										

Please note: The last bus returns to Leisure World at 4 p.m. All buses are ADA accessible. There is no service on most holidays.



# Holiday Schedule - D Bus - Orange Line

The only bus running on most holidays; afternoon times are shown in BOLD typeface.

To determine the direction the bus travels, read street names and location from left to right on schedule.

	1	2	3	4	5	6	7	8	9	10	11	12	13
Trip Number	Medical Center to St. Andrews Dr.	Interlachen Rd., Del Monte Dr., Northwood Rd., CH 3 & CH 4	Northwood Rd., Nassau Dr., Oak Hills Dr., Northwood Rd.	El Dorado Dr., Oakmont Rd., Corner of Fairfield Ln.	St. Andrews Dr., Pelham Rd. to Medinac Ln.	Amphitheater Hub, Medical Center, CH 6	Golden Rain Rd., Canoe Brook Dr. to CH 2	El Dorado Dr. to Golden Rain Rd.	Golden Rain Rd., Thunderbird Dr., Merion Way, Monterey Rd.	Thunderbird Dr., Church PI., Shopping Center	St. Andrews Dr., CH 1, Gate #1	Del Monte Dr. to Interlachen Rd.	St. Andrews Dr. to Medical Center
1	9:15	9:19	9:23	9:27	9:31	9:32	9:36	9:37	9:41	9:46	9:50	9:53	9:55
2	10:10	10:14	10:18	10:22	10:26	10:27	10:31	10:32	10:36	10:41	10:45	10:48	10:50
3	10:55	10:59*	11:08	11:12	11:16	11:17	11:21	11:22	11:26	11:31	11:35	11:38	11:40
4	11:48	11:52	11:56	12:00	12:04	12:05	12:09	12:10	12:14	12:19	12:23	12:26	12:28
5	1:20	1:24	1:28	1:32	1:36	1:37	1:41	1:42	1:46	1:51	1:55	1:58	2:00
6	2:00	2:04	2:08	2:12	2:16	2:17	2:21	2:22	2:26	2:31	2:35	2:38	2:40
7	2:40	2:44	2:48	2:52	2:56	2:57	3:01	3:02	3:06	3:11	3:15	3:18	3:20
8	3:25	3:29	3:33	3:37	3:41	3:42	3:46	3:47	3:51	3:56	4:00	4:03	4:05

42

### Get local help with yourMedicare questions.



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# **Riding Tips**

Make your life easy by following these simple tips from the Orange County Transportation Authority. They are guaranteed to make the ride go smoothly for you and the other passengers!

#### Arrive at the stop early.

It's best to arrive at your bus stop at least 10 minutes ahead of time. Keep in mind that more than one bus route might service the bus stop where you are waiting. Always read the bus headsign before boarding.

#### Have exact fare.

You can use coins and/or dollar bills, but OCTA fareboxes can't make change. Of course, if you have a pass, you can just swipe it. (NOTE: Pennies and no bills over \$10 are NOT accepted.)

#### Organize your cash.

Try to use quarters instead of small coins, and be sure to flatten out dollar bills, including corners, before you insert them into the farebox. If you are using a designated Senior/Disabled pass, have 44

your reduced fare ID verification ready to show the driver when you get on the bus.

#### Purchase a pass.

If you plan on using the bus all day, you can buy a day pass from the coach operator. If you are paying a reduced fare, you will need to show proper identification to the coach operator. Review the reduced fares section for more details.

### About Children age 5 and under. Kids

five and under ride free with a fare-paying customer. Limit: three kids per cash paying customer.

### Use the front door.

Always board through the front door. All OCTA buses are accessible to persons with disabilities.

**Signal the driver**. When the bus approaches your stop, pull the signal cord or ring the bus chime to notify the coach operator. Wait for the bus to come to a complete stop, then exit through the rear door.

# **Basic Riding Rules**

Sit down and enjoy the ride! Help make OCTA bus travel pleasant for everyone by riding smart. ✓ All radios, CD players, iPods and cell phones must be used with headphones.

- Service animals must be accompanied by persons with disabilities. That person is responsible for the animal while on the bus.
- Surfboards must not exceed 6 feet, 6 inches long. Strollers must be folded prior to boarding the bus. No smoking, or eating on the bus.

 Electronic smoking devices, such as electronic cigarettes, are prohibited.

- No gas-powered scooters, bicycles, car batteries or other combustibles allowed.
- Drinks must be in a spill-proof or covered containers. Alcohol is not allowed on OCTA buses.

# (562) 933-1233

MemorialCare Long Beach Medical Center provides shuttle service exclusively for Leisure World residents.

The Long Beach Medical Center Shuttle is free and allows Leisure World residents easier access to the specialists and expert care available at Long Beach Medical Center, MemorialCare Breast Centers in Los Alamitos and Long Beach, and the Douglas Park Medical Offices offering imaging, primary and specialty care.

The shuttle operates Monday-Friday from 8 a.m.-5 p.m. and has four convenient stops.

### WEEKDAY SCHEDULE

Leisure World Amphitheater Bus Hub 13531 St.

MEMORIAL CARE LONG

# BEACH MEDICAL CENTER SHUTTLE

Andrews Dr., Seal Beach, CA 90740 **8 a.m. | 10 a.m. | 1 p.m. | 3 p.m.** 

MemorialCare Los Alamitos Breast Center 11121 Los Alamitos Blvd., Los Alamitos, CA 90720 8:15 a.m. | 10:15 a.m. | 1:15 p.m. | 3:15 p.m.

Douglas Park Medical Offices Near the Long Beach Airport 3833 Worsham Ave., Long Beach, CA 90808 8:45 a.m. | 10:45 a.m. | 1:45 p.m. | 3:45 p.m. Long Beach Medical Center and Surrounding Medical Offices\* 2801 Atlantic Ave., Long Beach, CA 90806 9:15 a.m. | 11:15 a.m. | 2:15 p.m. | 4:15 p.m.

\*Shuttle will make stops throughout the Long Beach Medical Center Campus

The Long Beach Medical Center shuttle is cleaned throughout the day with safe, strong disinfectants on all high-touch surfaces. Both the driver and the riders are required to wear masks.



# TIME FOR A GRAND ADVENTURE!

Riding OC Bus for your next outing is easy and inexpensive. If you are 60 years and older, or disabled, you can take advantage of OC Bus reduced bus fares and ride all day for \$1.50 or \$0.75 one way.

Effective October 8, 2017, you must show proper identification when purchasing and to the coach operator when boarding. Listed below are the acceptable types of identification cards.

- Valid driver's license
   California DMV identification card
- Medicare card
   OCTA senior Reduced Fare ID

Apply for an OCTA Senior Reduced Fare ID using one of the convenient options below.

**Online:** Apply online for an OCTA Senior Reduced Fare ID number at **www.octa.net**. This number can be used on our mobile app, OC Bus Mobile Pay or to purchase from OCTA through the website, by phone or by mail. You may also apply for a physical card, which will be mailed to you within 7-10 business days.

**By Mail:** Download the application from **www.octa.net** and send the completed application to: OCTA RFID, P.O. Box 14184, Orange, CA 92863-1584.

**In person:** OCTA store, 600 S. Main St., Orange, 92868. You can also use one of the convenient options below to purchase and use your senior reduced fare, go mobile with OC Bus Mobile Pay. All you need is a smartphone; follow the steps below.

- 1. Download the **OC Bus Mobile Ticketing** app at the Apple App Store (iPhone) or Google Play (Android).
- 2. Follow on-screen prompts to set up account.
- 3. Enter your Reduced Fare ID (if eligible).
- 4. Register a debit card, credit card or PayPal account.
- 5. Select the rider type to purchase your first pass.
- 6. Choose from Regular, Senior, Disabled/Medicare, College or Youth rider.
- 7. Select pass and complete your first purchase.
- 8. Go to My Tickets section to find your purchases.

Every paper ticket or pass you use is available through the mobile ticketing app. Simply purchase the passes you need and they will be there and waiting on your smartphone.

OC Express passes

Express bus passes

• Senior reduced fare passes

Here's a list of available passes:

- Day passes
- College passesDisabled/Medicare fare
- 30-Day passes Youth 30-day passes
  - passes

Learn more at www.ocbus.com/mobile

# HELPING YOU TRAVEL SAFELY



#### WELCOME ON BOARD!

Taking OC Bus is safe and easy. Wherever you're headed, rest assured we're here to help you get there safely.

#### SAVE IF YOU'RE 60 YEARS OLD AND OVER

Riders 60 years old and over can ride all day for \$1.50 or 75 cents one way. All you need is proper identification.

#### WHAT IDENTIFICATION YOU'LL NEED

All you need is one of these four forms of identification:

- Valid driver's license
- · California DMV identification card
- Medicare card
- OCTA Senior Reduced Fare ID

You can also apply for a Senior Reduced Fare ID number and enjoy the benefits of using our Mobile app.

#### **NEVER RIDDEN OC BUS BEFORE?**

Learn how to ride OC Bus at OCbus.com/SBLW or call 714-636-7433 to speak to a representative.

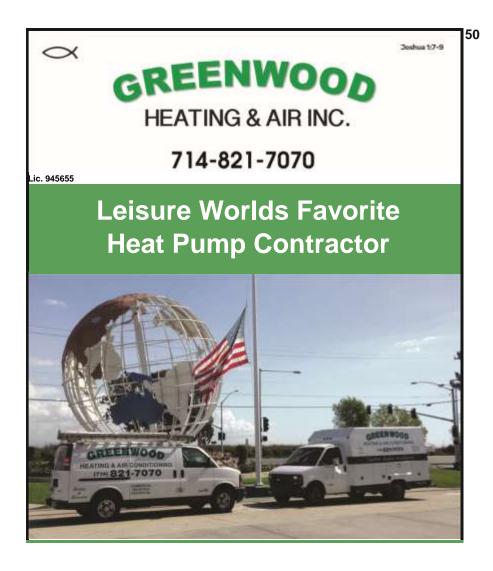


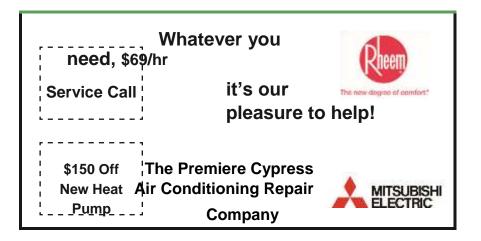
48

# OCTA ACCESS SERVICES

## Standard, Subscription, Taxi

OC ACCESS is a shared-ride service that is available to qualified applicants whose physical or cognitive limitations prevent them from utilizing the regular OC Bus fixed-route service. The travel time on OC ACCESS should be the same travel time as on an OC Bus for the same trip. Keep in mind that when riding OC ACCESS, you probably will not go directly to your destination because other customers may be picked up or dropped off first.





**Standard Service** —OC ACCESS service is provided within <sup>3</sup>/<sub>4</sub> mile of, and during the same hours as, the OC Bus service. The base fare for OC ACCESS service is \$3.60 for each one-way trip. One personal care attendant (PCA) may ride free when accompanying an OC ACCESS customer. In addition, one companion is permitted to accompany an OC ACCESS customer and is required to pay \$3.60 for each one-way trip. Additional companions may be booked on a space-available basis and must pay \$3.60 for each one-way trip. All OC ACCESS fares must be paid upon boarding.

**Subscription Service**—Subscription service may be available for customers who travel consistently on (a) specific day(s) of the week, at the same time, and to and/or from the same destination. Customers who are granted subscription service can enjoy the convenience of having their trips automatically scheduled without having to call the OC ACCESS Reservation Line to schedule each trip.

**OCTA's Same-day Taxi Program**—OCTA offers non-ADA, sameday taxi service to all OC ACCESS customers. Same-day taxi service can be used for any trip type, just like OC ACCESS. This service is designed for quick trips to locations like the pharmacy and can be scheduled to and/or from any address in Orange County. You pay the OC ACCESS base fare of \$3.60 for a five-mile ride. and OCTA will subsidize the rest of the trip. Any additional costs incurred by traveling beyond the five-mile trip are to be paid by the OC ACCESS customer.

**Access Contact Information**—For eligibility information: Call (714) 560-5956 or visit *www.octa.net* 

**To Schedule a Ride for Access or Same-day Taxi Service**— Certified individuals can schedule an ACCESS ride from one to three days in advance or schedule a same-day taxi ride by calling 1 (877) 6282232. For TDD, call 1 (800) 564-4232.

**Reservation Hours**—Monday-Friday: 7:00 a.m.-5:00 p.m. Saturday, Sunday and Holidays: 8:00 a.m.-5:00 p.m.



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*I Make House Calls* Joe Koteras (562) 547-2913

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### **Courteous and Caring Customer Service**

# ADDITIONAL TRANSPORTATI ON SERVICES

Dial-a-ride Taxi Service-Monday-Friday from 7:30 a.m.2:30 p.m. Eligible Seal Beach residents (60 yrs older, and registered) & are transported to any location in Seal Beach and up to three miles outside city limits but within Orange County for non-emergency medical purposes. Users may also elect to go to the VA Hospital in Long Beach. To register as a new rider, contact Iris Lee at (562) 431-2527, ext. 1322 ,or email *ilee*@*sealbeachca.gov.* 

Reservations must be made 24 hours in advance at no cost by calling California Yellow Cab toll free at 1 (877) 224-8294. Reservations made less than 24-hours in advance cannot be guaranteed.

# THIS SERVICE IS PROVIDED BY CITY OF SEAL BEACH.

**Orange County Transportation Authority** (OCTA)— Service is available via Routes 42A and 60 throughout the day from the Leisure World Main Gate. Call **1 (800) 6367433**. Destinations include shopping areas near Old Town Seal Beach, CSULB, Long Beach VA Medical Center. For more information, see page 20.

**Scan**—Medical transportation service for members only, Monday-Friday, 7:00 a.m.-6:00 p.m. To schedule a ride, call **1 (844) 864-3359**.

Greyhound—1 (800) 231-2222.

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## ER ER

emergencies that emergencies that aren't life-threatening: Check in online at LosAlamitosER.com

LosAlamitosER.com



# LOS ALAMITOS MEDICAL CENTER SHUTTLE

Depart LW HCC	Arrive at LAMC
9:00 a.m.	9:25 a.m.

Los Alamitos Medical Center Shuttle offers free service to and from Leisure World Health Care Center parking lot to the Los Alamitos Medical complex six times each weekday.

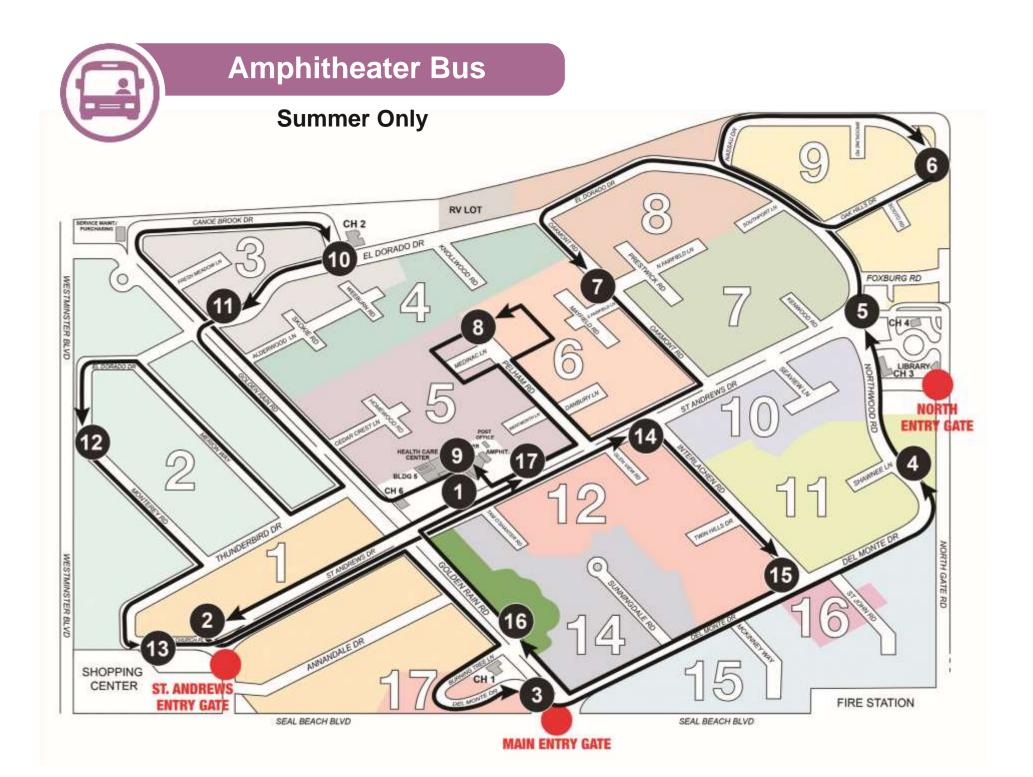
You can catch the shuttle on the hour, from 9:00 a.m. through 3:00 p.m. **No reservations required.** Service is available for patients, volunteers and visitors to the Los Alamitos Medical Center and surrounding doctor offices.

If you need lift service for a wheelchair, please call 24 hours in advance. Call (562) 493-9581 for w/c service.

#### LOS ALAMITOS MEDICAL CENTER IS A PAID PARKING FACILITY; TAKE THE SHUTTLE FOR FREE.

10:00 a.m.	10:25 a.m.
11:00 a.m.	11:25 a.m.
1:00 p.m.	1:25 p.m.
2:00 p.m.	2:25 p.m.
3:00 p.m.	3:25 p.m.

56





# A Bus - Red LinAmphitheater Bus - Summer Only

All passengers will be taken home at the conclusion of the Amphitheater show.

Amphitheater Shuttle Bus—June, July, August, September service ONLY

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Trip Number	Amphitheater to St. Andrews Dr.	Holy Family/ Church Place	Clubhouse 1, Entry Gate #1	Del Monte Dr./ Shawnee Corner	Northwood Benc <sup>†</sup> at St. Andrews Dr	Northwood Rd., Nassau Dr., Oak Hills Dr.	El Dorado Dr., Oakmont Rd.	St. Andrews Dr., Pelham Rd., Medinac Ln.	Amphitheater	Golden Rain Rd., Canoe Brook Dr. to CH 2	El Dorado Dr. to Golden Rain Rd.	Golden Rain rd., Thunderbird Dr., Merion Way, Monterey Rd.	Thunderbird Dr., Church Place, St. Andrews Dr.	St. Andrews Dr. to Amphitheater, Interlachen Rd.	Interlachen Rd., Del Monte Dr.	Golden Rain Rd. at Burning Tree Lot	Amphitheater
1	6:00	6:02	6:07	6:10	6:12	6:15	6:18	6:20	6:23	6:26	6:27	6:30	6:33	6:36	6:37	6:39	6:40
2	6:45	6:48	6:53	6:56	6:58	7:01	7:04	7:06	7:09	7:12	7:13	7:16	7:19	7:21	7:23	7:24	7:25

# Amphitheater Summer Outdoor Movie Shuttle Bus Service

Summer movie shuttle service will start 45 minutes before the start of the movie.

Check the LW Weekly or LW Live for movie dates and start times.

All passengers will be taken home at the conclusion of the Amphitheater movie.





# **Leisure World Pharmacy**

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Free delivery within LWMini-mart All major insurances accepted Fast, friendly service



For those who do not have a smartphone, a service called GoGo (www.gogograndparent.com) is available. GoGo connects the passenger with an agent who requests and monitors Uber and Lyft rides.

### How to start with GoGo:

- Call 1(855) 464-6872 and wait to hear: "Thanks for calling GoGo"
- Listen to the options and press
   #:
  - Press 1 to immediately request a Lyft or Uber to your home.
  - Press **2** to request a Lyft or Uber to where we dropped you off last.
  - Press **3**, **4** or **5** to request a Lyft or Uber to a custom pick up location (once you're registered, please give us a call to set these up).



In today's age of smartphones and technology, access to reliable transportation is easier than ever. Lyft and Uber are two popular ride sharing services that allow passengers to request rides to destinations up to 100 miles away.

#### How to start with Uber and Lyft:

- 1. Open the App Store
- 2. Download the Uber or Lyft app. Open the Uber or Lyft app on your smartphone.
- 4. Create an account. All you need is an email address and phone number.
- 5. Enter your destination in the **Where to?** box. Tap to confirm your pickup location and tap **Confirm** again to be matched to a driver nearby.
- 6. Select the type of ride. Confirm the request.

8. Meet your driver and track his or her arrival on the map. When the driver is a few minutes away, wait for him or her at your pick-up location.

9. Check your ride. Make sure you're getting into the right car with the right driver by matching the license plate, car make and model, and driver photo with what's provided in your app.

10. Sit back and relax. When you arrive, payment is easy—use cash or a credit/debit card or Uber Cash balance.

# There are many benefits to choosing ride share services over traditional taxi cabs or public transportation options.

- Comprehensive background checks are required for all drivers.
- Accountability is provided by GPS tracking services and driver ratings.
- The service provides competitive pricing as compared to taxi cabs.
- Passengers know the total price of the ride before they request it.
- Ordering a ride is quick due to the high availability of drivers.
- Scheduling future rides is quick and easy.

- Press **6** to request a Lyft or Uber with an operator.
- Press 0 to speak with an operator about scheduling requests in advance or anything else.

#### 62

Uber has a separate program called uberASSIST that provides additional assistance to people with disabilities. Drivers under this program undergo special training to accommodate passengers who are blind/low vision, deaf/hard of hearing, or have mobile disabilities. These vehicles accommodate wheelchairs, walkers and scooters.



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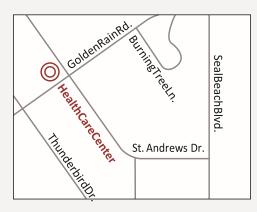
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