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July 18, 2019



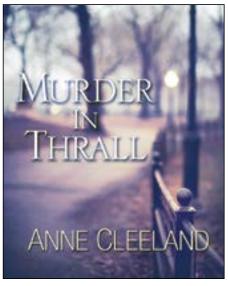
what you can do to make it through.



Help Emergency Personnel Help You

The File of Life holds current medical information and can save precious time when a medical emergency occurs. Keep updated information on your fridge.

LW LIBRARY



Author Anne Cleeland is coming to LW Aug. 1

Amazon best-selling author Anne Cleeland will visit the Leisure World Library on Thursday, Aug. 1, at 11 a.m. Anne will speaking about her various works and talk about publishing industry as a whole.

She is best known for her Doyle and Acton Murder Mystery series that follows the perilous exploits of two Scotland Yard detectives as they track down London's most elusive criminals.

The ninth book in the series, "Murder in Just Cause," was released earlier this year.

In addition to her mystery series, Anne also writes historical fiction, including her latest release "A Death in Sheffield." This novel follows a young woman in England thrust into high society after the death of her adoptive father and her inheritance of a coveted

The program will be held at Veterans Plaza on Thursday, Aug. 1, at 11a.m.

The library will provide light refreshments.

COSTA MESA



Acres of Fun at OC Fair

Acres of Fun at the OC Fair is a 23-day long fun-and-food fest at the Fair Event Center, 88 Fair Drive in Costa Mesa. See page 3 for more information.

Dolly Parton, Kenny Rogers tribute tonight

Kenny Rogers & Dolly Parton Tribute Thursday, July 18

8 p.m.

Sponsor: MemorialCare Health System

Karen Hester as Dolly Parton

Dolly Parton is a country music icon, having received 47 Grammy Award nominations, winning eight competitive awards and one special award. She's been nominated for two Academy Awards, two Emmy Awards and one Tony Award. Dolly, the fourth of 12 children, has sold more than 100 million albums worldwide.

Karen Hester will bring the enduring star to life tonight on the Amphitheater stage. Her love of music started at an early age in keeping with almost everyone in her family. When Karen performs, her love for the music shines through with vocals that are as soothing as the "Smoky Mountain Songbird" herself.

Karen's professional theater experience includes performing at House of Blues, The Palace Theater, 2001 Entertainment Complex, Celebration Music Theater, Blue Ridge Dinner Theater, Penns Peak and Legends in Concert.

She has performed at business functions, church events, corporate conventions, casinos and at charity events. She recently performed live on AXS TV's show, "World's Greatest Tribute Bands" in Hollywood.

She travels throughout the U.S. and worldwide with performances in Sweden, Finland, Australia, Canada and aboard the Country Music Cruise.

David Karl as Kenny Rogers

Country Music Hall of Famer Kenny Rogers' solo career shot into the stratosphere with the No. 1 hit, "Lucille," which was named the CMA's Single of the Year and was certified Gold. He went on to chalk up a string of memorable hits in the mid-70s, including "Don't Fall in Love With a Dreamer," with Kim Carnes, "Through the Years," "Islands in the Stream," with Dolly Parton and "Lady." By the late 1970s, he had sold over \$100 million worth of records.

Tribute artist David Karl will channel Rogers' instantly identifiable raspy vocals and rugged features on stage tonight.

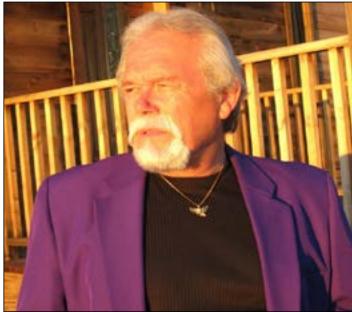
Born in Illinois, in 1953 the fourth of five children, the singer, song writer started out as a kid doing cartoon character voices for family and friends—an early discovery of impersonating.

Mel Blanc was his mentor, the voice behind all the Warner Bros. cartoon characters. At age 8, Dave learned the guitar and at that time he took an interest in singing as well and impersonated the styles of Elvis, the Beatles and other rock-n-roll artists.

When he turned 18, he turned to country music, impersonating Merle Haggard, Johnny Cash, Conway Twitty and Kenny Rogers. In the mid-1970s, Dave also learned the bass guitar along and taught himself the piano. From 1986-1993 Dave was a member of a well-known Chicago Country music group, "Heartland." There he played keyboard and guitar, opening for Marie Osmond, Lee Greenwood, Ronnie Milsap and many others. After the band split in 1993, he focused on being a single act. In early 2008 Dave put together a tribute act to Kenny Rogers. The show is called "A Touch of Kenny."



Karen Hester



David Karl

AND THE SURVEY SAID

Make sure to get GRF amenities surveys in by deadlines

The Golden Rain Foundation has distributed three surveys to gauge resident opinion on the addition of a restaurant/ bar, improvements to the fitness center and the addition of a learning center.

Surveys can be dropped off at the offwhite mailboxes located throughout the community, at the Recreation Office in Building 5, the Library or the Administration building. Those without a name, Mutual and unit number will not be included.

To make your opinion count, make sure surveys are submitted by their deadlines: the restaurant survey was due July 12; learning center survey, July 26.

Do not add to the survey except in the comment section as this information cannot be tabulated. The results will be

the fitness center survey, July 19; and the published in the LW Weekly and reported at the GRF Recreation Committee in September.

For more information, contact *kathyt@*

LEISURE WORLD GOLD SHOW THIS WEEKEND See Ad Inside for Details

Gold & Diamond Jewelry

Gold & Silver Coins

INSTANT CASH FOR YOUR: This Friday & Saturday

10am-5pm **Hampton Inn & Suites** • Sterling Silverware Sets 2401 Seal Beach Blvd

Free Admission! See Ad Inside For **Details Plus** Special Coupon For

Senior Citizens

LW Weekly

Classifieds 26

BATHROOM ACCESSIBILITY

Grant gives LWers a free upgrade

Here is good news for Leisure World residentsthe Bathroom Accessibility Grant has been funded for another year. As of July 1, there is \$180,000 in federal and state funding to spend helping the residents of Leisure World improve their bathrooms.

Leisure World residents who have trouble stepping into their shower for any reason, likely are eligible for a free bathroom upgrade. This free grant converts the fiberglass tub/shower combination to shower-only for safer access. The units are refinished to look like new, and a new glass shower door enclosure is installed. Toilets can also be replaced with a high-boy model if desired.



LW residents stand in front of a new converted shower.

To qualify, applicants must be over 55 years of age and have an annual income below: One person, \$66,500; two people, \$76,000; and three people, \$85,500.

To get an application, call CivicStone, the city of Seal Beach's designated program administrative company, at (909) 364-9000 and one will be mailed to you. You can also get the applications online at http://www.sealbeachca.gov/City-Services/Senior-Services or https:// www.civicstone.com/services.

COMMUNITY ACTION

Health 8

Food distribution is today at 9 a.m.

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution $site \, by \, Clubhouse \, 4. \, The \, next \, food \,$ distribution is today, July 18.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,287 a month for one person; \$1,736 for a two-person household; \$2,184 for athree-person household. To sign up, bring a photo ID, and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on

LW Dines Out

Hometown Buffet will serve dinner in Clubhouse 1 on Monday, July 22, from 4-6 p.m. The dining room is open until 7 p.m. Reservations are not required.

The menu changes monthly and is published here, can be picked up at the Recreation Office and sent via LW Live! (see menu below).

Hometown Buffet will also serve brunch in Clubhouse 1 from 11 a.m.-3 p.m. on Sunday, July 28.

People can use regular Minibus service to get to the clubhouse until 6:30 p.m. and there is on-call service for the special needs access bus. For more information on the bus schedule, call 431-6586, ext. 372.

The Golden Rain Foundation provides dining options in Clubhouse 1 and beyond every month. Naples Rib Company serves in LW on the first Monday, and Hometown Buffet serves dinner on the fourth Monday. The Sunday brunch and omelet bar is here on the second and fourth Sundays.

Hometown Buffet

July 22

The restaurant offers a different dinner menu each month for \$11 (tax included) for all you can eat on site; cash or check only.

MENU

Coleslaw salad with croutons Leisurely Potato Salad Soup Clam Chowder

Entrees Barbecue baked chicken Carved roast beef

Mashed potatoes and gravy Steamed carrots and corn Vegetable rice Desserts Cinnamon rolls Traditional carrot cake Fruit platter

Hometown Buffet Sunday Brunch

Brunch is \$11, served buffet-style with an omelet bar in Clubhouse

1 from 10 a.m.-3 p.m. The buffet is all-you-can-eat on site, no takeout, cash or checks only. Check the LW Weekly for the rotating schedule or sign up for LW Live! for real time updates by going to www.lwsb.com and follow the link on the home page.

Hometown Buffet Brunch Menu

Hot Pot

-Grits

-Oatmeal Salad Table

-Spinach -Coleslaw Salad

Juice Bar

-Orange Juice

Toast Bar -Doughnuts

Corn Bread

-White Bread

Hot Bars -Biscuits & Country Gravy

-Scrambled Eggs

-Crispy Bacon -Savory Sausage Links

-Pancakes

-O'Brien Potatoes

-Baked Chicken Rotisserie

-Mashed Potatoes & Gravy

-Vegetable Rice

-Grilled Parmesan Tomatoes

Omelet Station

-Omelets made to order

Dessert Station -Strawberry Glazed Bananas

-Fruit Platter

-Chocolate Pudding

-Whipped Cream

Condiments

-Honey

-Butter

-Jelly

-Breakfast Syrup

-Strawberry Glaze

-Brown Sugar

-Hollandaise

Notary Service

Notary service, \$15 per signature, is available by appointment at the Copy and Supply Center in Clubhouse 5.

For an appointment, call 431-6586, ext. 345.

Passport photos can be taken at the Copy & Supply Center in Building 5 from 8:30 a.m. - 4 p.m.; two photos, \$10. For information, call 431-6586, ext. 345.



Community 14

www.lwsb.com

July 18, 2019

LWWeekly OC FAIR

Gates will open tomorrow at noon

The OC Fair is hosting Acres of Fun at the OC Fair and Event Center, 88 Fair Drive in Costa Mesa.

Titan, the largest traveling booster ride in the U.S., will make its California debut.

The ride rockets people 17 stories into the air experiencing 4G acceleration and speeds of up to 60 mph, making it the most spectacular ride in the carnival.

Now, the tallest ride in the Fair, it is 30 feet taller than La Grande Wheel XL, and it weighs 280,000 pounds.

The OC Fair boasts 68 rides and 58 games, giving fairgoers tons of summertime fun.

Ray Cammack Shows, the Fair's carnival and midway pro-FAIR, page 14

TELEPHONE ACCESS

Apply July 19 at the HCC in LW

The California Telephone Access Program offers a range of free, specialized phones that make it easier to hear, dial and call. CTAP also has phones that are designed for individuals who have restricted mobility, speech impairments, or who are blind or deaf.

Applying is Easy

- 1. Pick up an application form at the Health Care Center, LW Library, News Office or the Member Resource Office (Administration Building, 2nd floor). Fill out Part 1.
- 2. Have Part 2 of the application filled out and signed by a medical doctor or other authorized professional.
- 3. CTAP representatives will be in the Health Center on July 19 from 10 a.m.-noon to answer questions about the free specialized equipment. They will have equipment on display for people to look at and ask questions. People who have the fully completed application form signed by their doctors may be able to receive equipment that day.

CTAP will be able to process the first 10-12 people on a firstcome, first-served basis. CTAP cannot exchange phones for existing customers at this event.

For more information or application forms, call (800) 806-1191 or visit www. California-Phones.org (web chat available).

—Cindy Tostado LCSW, GRF Member Resource & Assistance Liaison

CAP

from page 2

a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

CAPOC will have a representative there to help people with applications for its program and for the separate Cal Fresh benefits, which are food stamps.

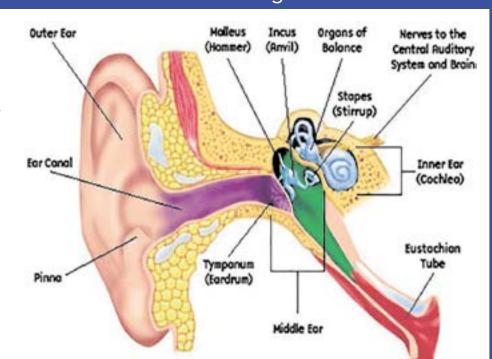
People over 55 who don't receive SSI will qualify if they meet the following income guidelines: \$2,010 per month for one person; \$2,708 for a two-person household. Bring an ID, Social Security card, proof of income and rent receipt to apply for food stamps.

Miracle-Ear®

Use it or LOSE it!

According to a new study by Johns Hopkins University School of Medicine and the National Institute on Aging, men and women with hearing loss are much more likely to develop dementia and Alzheimer's disease. People with severe hearing loss, the study shows, were 5 more times likely to develop dementia than those with normal hearing.

- Communication occurs in the brain.
- When we lose our ability to hear, the ear stops sending needed information to the brain, effecting the ability to understand what is being said.
- "Auditory Deprivation," can impair the way the brain processes sound.
- In most cases the solution is hearing aids; sending the correct information to the brain, protecting it from atrophy.





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July 18, 2019 | www.lwsb.com

Perspectives

WATCH YOUR STEP

Vacation season brings out plenty of scammers

Community 14

by Cathie Merz

cathiem news@lwsb.com

It is the height of travel season and who doesn't like a good vacation? Don't relax yet, there are plenty of scammers out there trying to get your money or worse, your identity.

The Los Angeles County District Attorney's Office is warning people about a travel agent scam.

A thief with a stolen credit card claims to be a travel agent offering deep discounts on airfare. The so-called agent agrees to visit the customer at their work or home and purchases the ticket on the airline website in view of the customer.

The victim is shown the listed price and offered a significant discount. The fake travel agent purchases the ticket and the customer pays in cash and receives a real ticket confirmation code. A few weeks later, the airline declines the ticket because it has been reported as a fraudulent charge on the stolen credit card.

- Purchase tickets directly from the airline or through a legitimate travel agent or travel website.
- Be wary of discounts and last-minute deals offered by individuals and not the airlines.
- Compare prices. If the deal offered by the "travel agent" is significantly less than what is offered elsewhere, it is likely a scam.

Another scam is when unscrupulous people hijack a real rental or real estate listing by changing the email address or other contact information, and placing the modified ad on another site. The altered ad may even use the name of the person who posted the original ad. In other cases, scammers hijacked the email accounts of property owners on reputable vacation rental websites. Other rip-off artists make up listings for places that aren't for rent or

don't exist, and try to lure you in with the promise of low rent, or great amenities. Their goal is to get your money before you find out.

Being savvy when searching for a rental is worth the effort. Here are some signs you may be dealing with a scam:

- •They tell you to wire money - this is the surest sign of a scam. There's never a good reason to wire money to pay a security deposit, application fee, first month's rent, or vacation rental fee. That's true even if they send you a contract first. Wiring money is the same as sending cash — once you send it, you have no way to get it back.
- They want a security deposit or first month's rent before you've met or signed a lease - It's never a good idea to send money to someone you've never met in person for an apartment you haven't seen. If you can't visit an apartment or house yourself, ask someone you trust to go and confirm that it's for rent, and that it is what was advertised. In addition to setting up a meeting, do a search on the owner and listing. If you find the same ad listed under a different name, that's a clue it may be a scam.
- They say they're out of the country but have a plan to get the keys to you. It might involve a lawyer or an "agent" working on their behalf. Some scammers even create fake keys. Don't send money to them overseas. If you can't meet in person, see the apartment or sign a lease before you pay, keep looking. What if the rental itself is overseas? Paying with a credit card or through a reputable vacation rental website with its own payment system are your safest bets.

Don't let hidden costs and restrictions turn a dream vacation into a disappointment.

In the Vacation Discount Scam, underhanded travel businesses offer discounts for airfare, resorts, cruises and other vacation packages, but the deals often include hidden costs or require extra fees to enjoy the full package of benefits.

Many times the buyer is forced to sit through high-pressure sales presentations that can last for hours. The quality of the accommodations also can be less than advertised.

Some companies even claim to offer free vacation packages that actually have undisclosed costs and restrictions, such as processing fees, peak-season travel charges and departure and arrival taxes.

- Research vacation companies offering deals with the Better Business Bureau and other sources.
- Get everything in writing before providing payment. Read the fine print for hidden costs, restrictions and requirements. Be sure you know the cancellation policy.
- Pay with a credit card and put down only a deposit, if possible. Never pay in full for a vacation package with a wire transfer or prepaid debit card.

People should always be aware of security threats while traveling across the United States or abroad and take precautions when using public WiFi, even in hotels and or at vacation rentals.

Watch out for hotels with a simple WiFi password like "123456." This is a red flag. Simple passwords are easy for hackers to crack, so don't log on. Also, not all hotel WiFi routers are updated, leaving them vulnerable and possibly compromised by someone seeking to steal your data or identity.

- Avoid using public wireless networks, especially open networks without any authentication. They may be monitored by malicious attackers, especially in airports or hotels.
- •Don't plug any external printers, USB devices or cameras into to your device. Also avoid charging a device on a public USB connection. Electric sockets are okay to use.
- Use a Virtual Private Network (VPN) when traveling to access sensitive data. A VPN allows you to create a secure connection to another network over the Internet. VPNs can be used to access region-restricted websites, shield your browsing activity from prying eyes on public WiFi, and more.
- Don't visit websites or services which require sensitive personal, birthday, Social Security, or financial information, banking, trading, since that's the information that hackers most want to steal.
- Avoid using unknown electronic devices. It is possible that the devices have malicious software or malware to capture, track and exploit personal or business information such as passwords SCAMS, page 19

Letter to the Editor

Editor:

The July 4th celebration in Clubhouse 6 was fantastic. Everyone was in the spirit, wearing red, white and blue, and even some dogs were decked out in patriotic colors.

The classic cars, live entertainment, arts shows and a line snaking around the barbecue stand added to the festivities.

Enthusiastic youth and adults had fun dancing to the music and the round tables in Clubhouse 6 were jammed with people feasting and socializing. Another huge crowd enjoyed the various lovely exhibits.

What a wonderful way to celebrate July 4th in Leisure World with family, friends, neighbors and associates.

Lisa A. Dickson Mutual One

Credits& Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.

Kathy Conley of Mutual 4 and Irvene Bernstein of Mutual 15 are grateful to the the Bocce Ball Committee for all its hard work and time commitment to provide an exciting new sport for so many to enjoy.

Making History

July 18, 1940 - Franklin Delano Roosevelt, who first took office in 1933 as America's 32nd president, was nominated for an unprecedented third term. Roosevelt, a Democrat, was elected to a record four terms in office, the only U.S. president to serve more than two terms. July 19, 1799 - During Napoleon Bonaparte's Egyptian campaign, a French soldier discovered a black basalt slab inscribed with ancient

writing near the town of Rosetta, about 35 miles north of Alexandria. The irregularly shaped stone contained fragments of passages written in three different scripts, Greek, Egyptian hieroglyphics and Egyptian demotic. The artifact held the key to solving the riddle of hieroglyphics, a written language that had been "dead" for nearly 2,000 years. July 20, 1969 - American astronaut Neil Armstrong became the first human to walk on the surface of the moon. More than a billion people listened at home when he said, "That's one small step for man, one giant leap for mankind," while stepping off the lunar landing module, Eagle.



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Leisure World Seal Beach

advertiser's work. GRF will not knowingly publish any advertisement it deems to be

untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any

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Deadlines:

News articles, 4 p.m. Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week

Office hours:

8 a.m. to 5 p.m., Monday-Friday

Phone:

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Missing LW Weekly Newspaper: (562) 472-1284

Delivery address:

13533 Seal Beach Blvd., Amphitheater Building Seal Beach, CA 90740

VOL. 43 NO. 29







| July 18, 2019

Government

SECURITY CORNER

More driving safety tips

by Victor Rocha

security services director

Last week we discussed safety tips for pedestrians. As we continue to ask pedestrians to walk in a safe manner, safety is a shared

responsibility and those behind the wheel must watch for other vehicles and pedestrians everywhere, at all times.



• Use extra caution when driving in hard to see conditions, such as nighttime or bad weather.

- Slow down at all crosswalks and be prepared to stop.
- The speed limit inside the community is 25 miles per hour.
- Be extra cautious when backing up. Pedestrians can appear out of nowhere and move into

If you have any questions or concerns, contact me at 431-6586,

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or handdelivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

RECREATION DEPARTMENT

GRF offers wide variety of amenities

by Kathy Thayer

Community 14

assistant recreation manager

We have all heard the comment expressed various ways, when speaking about Leisure World Seal Beach, "Where could you live, with the climate we have, with all of the amenities available to us for

In the GRF Recreation Department, we hear it daily from so many shareholder/members when speaking about all of the amenities GRF

Are you a golfer? Join your fellow duffers, nearly 4,000 users a month, at our 9-hole course. Is swimming your passion? Another 4,000 users enjoy our pool and spa from 8:30 a.m.-9 p.m. daily. Looking to get in shape, keep in shape or just maintain your mobility? The Clubhouse 6 Fitness Center offers a well-equipped gym, open and attended seven days a week, a large space for exercise clubs and dance classes, and a table tennis area on the first floor; 8,000 users take advantage of the Exercise Room each month, while another 2,000-plus play ping pong.

Enjoy morning coffee with new and old friends, courtesy of Golden Age Foundation, in the hospitality area of Clubhouse 6 or stay afterward to play cards or take advantage of the free Wi-Fi, also available in all clubhouses.

Clubhouse 1,2,3, and 4 offer meeting and banquet facilities, available to all GRF members at no cost. An average of 800 reservations a month keeps things humming in those locations, but that's not all. Residents can create treasures in the Lapidary, Ceramics and Art rooms of Clubhouse 4; practice sewing, learn their roots in Genealogy, or edit videos in Clubhouse 3's specialty rooms.

Maybe you miss tinkering in your garage? Both Clubhouses 1 and 2 house woodshops that accommodate about 500 users monthly. Poolrooms are also available in these locations, plus an open play cardroom in Clubhouse 2 and Shuffleboard at Clubhouse 1; 260-plus clubs of every interest offer opportunities for volunteering, performing arts, hobbies, music or just plain fun with friends in five clubhouses.

Is outdoor activity more your style? Try pickle ball or bocce or shoot a few hoops down at Mission Park, or just chill out at the beautiful Serenity Garden, all at Clubhouse 2, adjacent to the free carwash.

But, that's just the beginning of what there is to do at LWSB. If you check out the "Spotlight" magazine, the Recreation Newsletter, or LW Weekly, you'll discover weekly summer concerts with professional performers in our 2500-seat amphitheater, free to residents and their guests; and first run movies on balmy Friday summer nights in our outdoor theater. The GRF hosts special events with no entrance fees throughout the year. People can kick up their heels at Cinco de Mayo with the Mariachis or cruise the July 4 car show, craft show and barbecue. If a trip to the opera, a Broadway show, museum, or sporting event is more your style, GRF offers those opportunities with transportation at reasonable prices.

Need to use a computer, check out a new movie or pick up a good read? The LW Library is the choice of nearly 5,000 users a month and sponsors live events with authors as well as Game Days and seasonal craft contests.

What does all of this cost? It comes down to \$18.45 per apartment a month. Shareholder/Members tell us it's more than worth it:

- "Great job yesterday team!!! My wife and I had a great time at both the BBQ/Car/Art show and the Bruce Springsteen tribute. Wonderful day in our community!" Carl and Liz Kennedy, Mutual 14
- "Thank you for organizing the outing to LW residents to enjoy the opera at the Dorothy Chandler Theater. The experience was first class" Ira Kaget, Mutual 15
- "My daughter and I really enjoyed the Mother's Day brunch. It was so good to meet new people, hear beautiful music and enjoy delicious food! Linda Elner
 - "I've enjoyed several trips with GRF. 'Don Quixote' at the La

AMENITIES, page 19

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, July 18	Mutual 2
inarodaj, jurij 10	Administration
Thursday, July 18	Mutual 11
	Clubhouse 3, Room 9 1:30 p.m.
Friday, July 19	Roundtable with Mutuals/GRF
	Administration 1 p.m.
Monday, July 22	Mutual 8
	Conference Room B9 a.m.
Wednesday, July 24	Mutual 10
	Administration9 a.m.
Thursday, July 25	Mutual 1
	Administration9 a.m.
Friday, July 26	Mutual 6
	Administration 9:30 a.m.

GRF Board Meeting Agenda Clubhouse Four **Tuesday, July 23, 2019** 1:00 p.m.

www.lwsb.com

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call
- 3. President's Comments
- 4. Announcements/Service Awards/Staff Commendation
- 5. Seal Beach City Council Member's Update
- 6. Health Care Advisory Board Update
- 7. Shareholder/Member Comments

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b)). Time limits, per speaker, are limited to:

- 4- minute limit per speaker when there are fewer than 15 speakers
- •3-minute limit per speaker, 16-25 speakers
- •2-minute limit per speaker, over 26 speakers
- 8. Consent Calendar
- 9. Approval of Minutes
 - a. June 25, 2019

10. Reports

- a. Facilities and Amenities Review (FAR) Ad hoc Committee
- b. Management Services Review Ad hoc Committee
- c. Strategic Planning Ad hoc Committee
- 11. New Business
 - a. General
 - i. Establish Ad hoc Committee Website Redesign
 - ii. Approve Contract with Tahitian Herbal
 - iii. Approve July GRF Board Report b. Communications and ITS Committee
 - i. Approve Business Use of Trust Property for Transportation Pick Up and Drop Off
 - ii. Amend Policy 5050-34 Digital Billboards
 - iii. Use of LW Weekly for Printing of GRF Board Meeting Minutes
 - c. Executive Committee
 - i. Amend 30-5110-3, Executive Committee Charter
 - ii. Approve Increase of GRF Entry Wages of \$13.25 to \$15.00 and Increase Wages for All Staff Earning Below \$15.00 to New GRF Entry Wage of \$15.00
 - iii. Approve Benefit Package Modification: Remove Eligibility of 401k match for Part Time New Hires, Effective September
 - iv. Approve Benefit Package Modification: Reduce 401k match to 1.5%, for All Eligible Employees, Effective Upon Notice Required by Law
 - d. Facilities and Amenities Ad hoc Committee
 - i. Amend 30-5175-3, Facilities and Amenities Review Ad hoc Committee Charter
 - ii. TENTATIVE VOTE: Amend 30-1406-1, Limitations on Use iii. TENTATIVE VOTE: Amend 30-1406-2, Limitation of Use Fees
 - e. Finance Committee
 - i. Accept Month of June Financial Statements for Audit
 - ii. Funds Transfer Reserves
 - iii. CD Purchase Reserves
 - iv. Amend 40-5115-3, Finance Committee Charter
 - f. Governing Documents Committee
 - i. Ratify New Power DMS Categories and Titles
 - ii. Amend Proposed GRF Governing Documents Format iii. Amend 30-5180-3, Governing Documents Committee Charter
 - g. Physical Property Committee
 - i. Reserve Funding Request Heat Pumps, Clubhouse Two, Units #2 & 6
 - ii. Amend 60-5130-3, Physical Property Committee Charter iii. Capital Funding Request - SCE Charge Ready Program/ **EV Charging Stations**
 - iv. Reserve Funding Request Replacement of Channel Fencing, Main Gate Entrance

AGENDA, page 21

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Friday, July 19	Roundtable with Mutuals/GRF
	Administration1 p.m.
Tuesday, July 23	GRF Board of Directors
	Clubhouse 410 a.m.



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Religion 6

LW Weekly

<u>Religion</u>

First Christian Church

First Christian Church's spectacular hospitality team served at the annual church picnic last week and helped make it a festive time of fun, food and fellowship. Hamburgers and hot dogs were in abundance as well as wonderful side dishes.

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both beginning at 9:30 a.m.

Sunday morning begins with Elder Jack Frost teaching from Luke at 9 a.m., followed by fellowship and light refreshments in the Hospitality Room with Carol Speake and Sue Kaminski hosting. Pastor Bruce Humes will begin the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation in several hymns of worship.

The church choir, under the direction of Margaret Humes, will sing "He Keeps Me Singing," and Elder Larry Massey will present the Communion meditation and service today. For the offertory, Pat Kogok will sing, "I Need Thee Every Hour."

Anita Ragole will sing "The Lord's Prayer," followed by Linda Benevento, who will read Matthew 25:19-23.

Pastor Gene Cherryholmes' message for today will be "Well Done!," based on Matthew 25:14-30.

Hearing enhancements are available at all church functions. Call the church office at 431-8810 for further information.

—Sue Kaminsky



Teen Challenge Women's Chorus

Assembly of God

The Teen Challenge Women's Chorus will bring messages of hope and recovery to the Sunday night Hymn Sing on July 21 at 6 p.m. in the Lobby of Clubhouse 3. All are welcome. At the conclusion of the service there will

be opportunity to listen to these women share their stories. People are welcome to bring treats to share. An offering will be taken.

Pastor Sam Pawlak will speak on "God's Timing and Our Trauma" at the Sunday worship

service at 10:30 a.m. in Clubhouse 3, Room 2.

Associate Pastor Dan Ballinger will open the service with prayer, and Denise Smith will lead the congregational worship songs. Diana Mushagian will give the church family news. An

ASSEMBLY, page 23

Teeth in One Day!



Don't wait another day for the smile you deserve.





Benefits of our Teeth in One Day procedure:

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✓ Receive full Zirconia teeth on your second set

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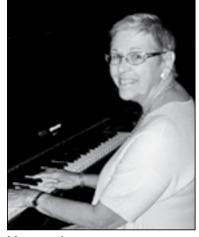
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Yvonne Leon

LW Baptist Church

The Leisure World Baptist Church will meet July 21 in Clubhouse 4 for worship. Sunday School is from 8:40-9:10 a.m. Then enjoy a cup of coffee and sweet bite at the round table until 9:45. All are welcome.

The Call to Worship will be "I Sing Praises," and Kip Watkins will solo with "Through it All."

Under the direction of Darlene Harris, the choir will sing "I've a Story to Tell to the Nations."

Pianist Yvonne Leon will play for the offertory.

Pastor Rolland Coburn's morning message is titled "Blessed are Those Who Mourn," from the

BAPTIST, page 23

Redeemer Lutheran

"Mary, Martha and the Moon Landing Relationship" is the title of Pastor Lisa Rotchford's sermon for Redeemer Lutheran's Sunday, July 21, worship service. The sanctuary is at the "heart of Leisure World" next to the pool and golf course and across from the Administration building with ample parking.

All are welcome for this Communion Sunday, followed by coffee and conversation in fellowship hall.

Congregational singing and celebratory music will be led by organist Sharon Heck.

REDEEMER, page 23

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Congregation Sholom

Congregation Sholom will have a Friday night service at 7 on July 19 in Clubhouse 3, Room 9, with Rabbi Karen Isenberg. An Oneg shabbat will follow.

Community 14

On Saturday, July 20, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, for services with Rabbi Eric Dangott. A potluck dairy lunch will follow at noon. During lunch, the Rabbi will discuss this week's Torah portion.

The picnic, which was rained out in May, has been rescheduled for Sunday, Aug. 4, from 11 a.m.-2 p.m. in the picnic area near Clubhouse 1. Congregation Sholom will provide kosher hot dogs, hamburgers, potato salad, coleslaw, drinks, watermelon and condiments. The price is \$10 per person.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

Holy Family Catholic

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Sixteenth Sunday in Ordinary Time on July 21. The First Reading is Genesis 18:1-10A and the Second Reading is Colossians

Summer Parish Field Trip

The parish field trip to the Ronald Reagan Presidential Library and Museum, organized by St. Therese Organization, will be Friday, Aug. 16, at 10 a.m. The library is featuring The World of da Vinci, an exhibit of reconstructions of Leonardo da Vinci's fantastic machines, including over a dozen that are built life-size, including his Great Continuous Organ, Mechanical Lion and Great Kite.

Motorcoach bus transportation and an upscale buffet lunch at the Air Force Pavilion (under the wings of Air Force One) are included. Tickets are \$80 per person and are available at the parish office weekdays from 9 a.m.-3

p.m. For more information, call 430-8170 during office hours.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at

Buddha Circle

The Buddha Circle will meet for Mindfulness Meditation sessions from 2-4 p.m. on Wednesdays, July 24 and 31.

The group meets in Clubhouse

The sessions are facilitated. Donations are welcome; admission is free.

For more information, call (714) 234-8735 or email mindfulcircle@yahoo.com.

—Florence Diep

Beit Halev

Beit Halev services are accessed online on Livestream.com/ Galityomtov and Facebook.com/ galityomtov. Shabbat Ma'ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

Obituary 18

This week's Torah portion is "Balak," from Numbers 23:27-

The Israelites are threatened by the Moabite King Balak, who enlists the help of a Canaanite prophet, Bilaam, to place a curse on the Israelites.

In addition to the Sabbath services, Rabbi-Cantor Galit Levy-Slater also conducts a short Weekday Ma'ariv service every Thursday at 4 p.m. on SimShalom.com, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourner's Kaddish.

Rabbi Galit's beginner and intermediate Hebrew classes are held Wednesday afternoons.

People interested in learning prayerbook Hebrew or modern (conversational) Hebrew can contact Rabbi Galit at 715-0888 or duets@icloud.com for information regarding day and time.

St. Theodore's

St. Theodore's Episcopal Church will meet Sunday for a Holy Eucharist service at 12:15 p.m. The service will be held in the sanctuary of Redeemer Lutheran Church, 13564St. Andrews Drive.

Rev. Lisa Rotchford will preach and celebrate.

Everyone is welcome to a spirited worship, followed by coffee and fellowship after the service.

Community Church

Community Church welcomed new church member and certified lay minister Prince Pierson to the pulpit on Sunday, July 21. Prince and his wife, Lorna, recently moved to Leisure World after selling their home in Indian Wells. While in the desert, Prince served as a hospital chaplain assistant, where he enjoyed praying and



Prince and Lorna Pierson

ministering to patients. Prince serves on the Community Church Ministry Council and the Care Team.

On Sunday, July 21, Prince will give a sermon called "Careful or Carefree Hospitality." The message will explore the formation of the early church where the first disciples were charged with spreading the news.

The Scripture Lesson is Colossians 1:15-28, Luke 10:38-42. Joy Reed will be lay liturgist.

Worship services are at 9:50 a.m., followed by coffee and refreshments in Edgar Hall.

Pastor Johan Dodge will hold a "Pizza with the Pastor" lunch for anyone interested in exploring what it means to be member of the Community Church family of faith.

The session will be held on Monday, July 22, at 11:30 a.m. This will be an opportunity to meet with the pastor and other potential new members of the church and share stories of faith. RSVP to the church office if interested.

The Sunday Bible study, led by Joy Reed, meets at 5 p.m. in the Fireside Room. The topic is "Death and Resurrection." Everyone is welcome to attend.

Faith Christian Assembly

The Women's Ministry at Faith Christian Assembly has been consistently reaching out to the community and beyond through financial donations and other good work. Recent beneficiaries are the Seal Beach Police Department, which gives out stuffed animals to children in crisis, and the Long Beach Rescue Mission, as well as a variety of mission's organizations around the world.

Linda Hernandez directs the women's ministry, Touch of Love. They meet the third Thursday of each month at 6:30 p.m. in the Garden Room. All are welcome.

FCA, page 23

FREE Leisure World Gold Show "Turn Your Broken or Unused Gold Jewelry, Gold Coins and Sterling Silver Into Instant Cash"

This Friday and Saturday

The Leisure World Gold Show is this Admission Is Free week. Get paid cash instantly for your All events are free and there is never any unused/unwanted gold jewelry, silver and gold coins, watches and timepieces (broken or working), and dental gold — in fact, anything containing gold.

Real Gold?

What if you don't know if an item contains real gold? Don't worry, bring it anyway and gold buyer specialist Greg Schilling, owner of Schilling Gold Exchange will test and inspect your item to determine amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight. Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it. Often times people with gold items are amazed at how much something is worth.

Hold or Sell — It's Up To You

There is never any pressure for you to sell your item. Mr. Schilling states, "I have a lot of folks who just want to know more about their item, which is fine. Often times there is sentimental value attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to walk away feeling good about attending this event."

tee to bring your items for evaluation. Plus, there are no long lines. Wait times if any, are only about 5-10 minutes. The event will be held at the *Hampton Inn & Suites*, 2401 Seal Beach Blvd in Seal Beach, on July 19th and 20th from 10am-5pm.

Private In-Home Appointments

If you have a large collection, or are homebound call (949) 239-1521 for information on scheduling a private appointment with Mr. Schilling.

Instant Cash

Don't miss this opportunity to turn your unused or unwanted gold jewelry, coins, pocket and wrist watches, diamonds, dental gold, and Sterling Silverware sets into cash. The show is this week—don't miss it.



Mr. Schilling (on right), of Schilling Gold Exchange and member of the World Gold Council, and American Numismatic Association, evaluates jewelry for show goers. Mr. Schilling will be at the event and available to provide information about gold jewelry, gold coins, and sterling silverware sets.

ADMISSION IS FREEL

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- **Gold Jewelry &**
- Chains
- **Gold Coins Dental Gold**
- Plus... Sterling Silverware Sets

THE LEISURE WORLD GOLD SHOW

2 DAYS ONLY. FREE ADMISSION!

Friday, July 19th & Sunday, July 20th 10am-5pm Hampton Inn & Suites 2401 Seal Beach Blvd

For hotel directions only call (562) 594-3939

5% SENIOR CITIZEN COUPON

This coupon is good for Senior Citizens age 55 and older, and is good for an extra 5% cash on any sales made to Schilling Gold Exchange at the event. Original coupons only. Coupon valid through show dates only. One coupon per person. Not valid for gold bullion and coins. resent coupon at event. Leisure World Gold Show | coupon code 12004539



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Government 5

July 18, 2019 | www.lwsb.com

Prepping for THE BIG ONE

What To Do Before

Step 1: Secure your space.

Earthquake shaking can move almost anything, even large or heavy items, according to "Staying Safe When the Earth Shakes," a publication of the California Governor's Office of Emergency Services. Secure your space by identifying hazards and securing moveable items. Start with what you can do for free. Don't be afraid to ask others for help.

- Move heavy or large items, such as potted plants or large speakers to the floor or low shelves.
- Move things that can fall on you away from places where spend a lot of time (bed, couch, desk, etc).
- Move heavy unstable objects away from doors and escape routes.
- Secure (or brace) electronic items such as computers and TVs with straps. (Average cost \$15)
- Hang mirrors and pictures on closed hooks. (Average cost \$2 per hook)
- Secure top-heavy furniture and appliances to wall studs. (Average cost \$12)
- Secure small items on shelves with museum wax. (Average cost for tub of wax \$10)
- Install latches on kitchen cabinets. (Average cost \$8)

For more about securing your space, go to: EarthquakeCountry.org.

Step 2: Plan to be safe.

- · Learn and practice "Drop, Cover, and Hold On"
- Identify safe spots in every room you can easily reach in just a few steps, such as under sturdy desks or tables.
- Keep flashlights and extra batteries in several places.
- Place shoes and a flashlight in a bag and tie it a bed leg. This makes it easy to find shoes so you don't cut your feet on broken glass, one of the most common earthquake injuries.

What To Do After

Right after an earthquake, people may need to evacuate, help the injured and prevent further damage.

When should I evacuate?

- Since LWers are near the ocean, it might be necessary to head for higher ground as soon as they can safely move. Tsunami waves can arrive within minutes.
- If evacuation is impossible, go to the third or higher floor of a sturdy building.
- Stay away from the coast until officials tell you it is safe to return. The danger may last for days.
- If evacuating, don't forget to take your "grab-and-go" bag.

Helping the injured

- If a person is bleeding, put direct pressure on the wound.
- Do not move a seriously injured person unless he or she is in danger of further injury.
- Keep the injured warm to prevent
 - If you can, call 9-1-1.

Prevent further damage:

- Be prepared for aftershocks. Stay away from anything that looks like it may fall.
- Unplug appliances and electronics. When possible, text or call your out-ofarea contact and tell them where you are.
- Surf the radio dial to find a station that is on the air. Listen to the NOAA Weather Radio for emergency information.
- Do not enter your home until you know it's safe.
 - Check on your neighbors.
- Use your refrigerated and frozen food first and save the canned goods for later.
- Contact your insurance agent right away to begin your claims process. Keep records of any repair or cleaning costs.



Broken bottles litter the floor of this Ridgecrest store the morning after a 7.1 magnitude earthquake struck the area. The July 5 earthquake was the second largest earthquake to hit the area in two days — and the largest in Southern California in 20 years.

The strongest earthquake in 20 years— a 7.1 magnitude earthquake—rocked the region at 8:19 p.m. on July 5.

The epicenter was near Ridgecrest, where a magnitude 6.4 foreshock shook the region on July 4.

The earthquake was felt as far as Las Vegas, San Jose and the Mexican border. It knocked out powerlines, ruptured water and gas lines, destroyed many homes including mobile homes, buckled roads, toppled concrete block walls and left many injured and fires in the city.

According to Dr. Lucy Jones, USGS seismologist, a powerful earthquake of similar magnitude along the Newport-Inglewood fault would be catastrophic to southern Californians due to population density and older buildings.

The 47-mile fault runs underneath coastal cities, including Seal Beach, starting around Culver City and ending in Costa Mesa, where it veers off underneath the Pacific Ocean.

An earthquake of the magnitude of the July 5 temblor would be felt five times stronger in the LA Basin and adjacent areas.

To mitigate the impact of such disaster, the USGS and the Federal Emergency Management Agency (FEMA) encourage everyone to prepare for the "Big One."

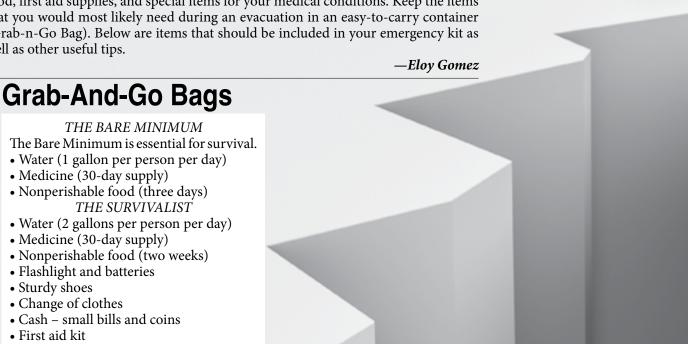
There are six basics you should stock for your home in case of emergency: water, food, first aid supplies, and special items for your medical conditions. Keep the items that you would most likely need during an evacuation in an easy-to-carry container (Grab-n-Go Bag). Below are items that should be included in your emergency kit as well as other useful tips.

Did You Know?

There is no such thing as "earthquake weather." Quakes start from deep within the Earth and know one knows when a seismic shift occurs. They can happen at any time, day or night.

You can register on the Red Cross "Safe and Well" website so people will know you are okay: SafeAndWell.org.

A new study published in Science in April reveals that earthquakes in California happen far more frequently than anyone realized. Most of them are too small to feel but an earthquake happens here almost every three minutes. Scientists have gathered data collected over nearly a decade, ending in 2017, by using hundreds of sensors positioned all around the region that are always listening for the slightest of rumbles. Researchers hope to use this data to understand and predict larger earthquakes that could cause serious damage. Maybe these tiny, frequent quakes will give scientists the information they need to help anticipate the big ones.



Train for Disaster Response

• Dust mask, whistle, work gloves

• Car charger for cell phone

 Moist towelettes, garbage bags, plastic ties, bucket (personal

sanitation), toilet paper, toiletries

• 1/2 tank fuel in your car

• Blanket (foil or fabric)

• Sturdy shoes

• First aid kit

Hand sanitizer

Sunscreen

• Local map

Radio

Change of clothes

The Golden Rain Foundation offers Community Emergency Response Team (CERT) training to those interested in getting an advance education in being first responders after an emergency. CERT training is free and consists of five classes that cover topics such as putting out small fires, emergency medical care and organizing a search and rescue team.

All five classes must be completed to become a certified CERT member.

The next training is scheduled to begin the last Monday in September and will continue on Monday in October. To register contact Eloy Gomez at 431-6586, ext. 356.

—Eloy Gomez

When Communication Lines Go Down

Phone lines and other communication will likely be unavailable in a disaster. Radio stations KFI 690 AM, KFWB News 980 AM, and KNX 1070 AM are designated as emergency alert stations in a disaster. Amateur radio (ham) operators are prepared to assist if other lines of communications are lost. The Leisure World Radio Club, led by Midge Bash, often practices disaster communications drills to sharpen communication skills. Members are always ready to help with communications services in the event of a disaster. To join the Leisure World Radio Club, attend monthly meetings on the first Wednesdays in Clubhouse 3, Room 9, from 10-11 a.m.

—Eloy Gomez

Community 14

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Health & Fitness

Files of Life Save Time

by Eloy Gomez

GRF safety and emergency coordinator

When medical emergencies occur in the home, professional emergency responders are trained to take care of the patient. They are also trained to look for the File of Life. When no File of Life is found, they immediately start looking for clues or signs on what may have caused the patient's illness. This includes looking for prescription medicine containers or interviewing family members if present about the patient's medical history. This process is time consuming and often delays treatment until further exams are conducted.

The File of Life is a small bright red magnetized case measuring approximately 4-x-5 inches that is designed to hold a medical information form to ensure that emergency personnel have a quick record of your medical history, medical conditions and medications in the event you are unable to provide it yourself.

In addition, the Orange County Fire Authority (OCFA) and Fire Station 48 have created a special medical information form titled LWSB Resident Medical Information Form that follow the same medical field assessment sequence as the OCFA's computer program for a fast process when

FILE OF LIFE

every second count in a medical emergency.

If you or your loved ones don't have a File of Life, here is how you can get one: The File of Life cases may be purchased in GRF's Copy and Supply Center located in Building 5, next to the café. The cost of the File of Life is 81 cents, and it includes the Medical Information Form. Additional Medical forms may be purchased at 8 cents per copy.

Fill out the form with the most up-to-date medical information. It is recommended to use a pencil so that minor changes can be made without having to replace to entire form.

Place the completed form in its red magnetic case and attach it to the outside of your refrigerator.

Keep medical history up to date by updating the form every time your medication or health condition changes or update every six months. Updating this information can mean the difference between life and death!

For more information, contact me at 431-6586 ext. 356.

OptumCare at the HCC

There are a lot of activities coming up at the Health Care Center over the next few weeks. Here's a list of some of the activities:

- California Telephone Access Program: July 19, 9 a.m.-1 p.m., Conference Room 1—This is a program from the State of California that offers free phones to people with disabilities. A representative will be on site to show how different types of phones work and how to qualify. Whether you could benefit from such a phone or you know someone who could, this is a great way to learn more about a free state resource.
- Alzheimer's Support Group: July 23, 10-11 a.m., Conference Room 2—It can be difficult to care for someone with Alzheimer's, and you may feel like you're alone. But that isn't the case. Meet new friends at the Alzheimer's Support Group, learn from their experiences, and maybe share a laugh or two. This is open to all residents.
- Red Cross Blood Drive, July 26, 9 a.m.-4 p.m., Conference Room 1—Whether you've given blood before or it's your first time, this is a way to support your community in times of need. Donated blood is provided to hospitals for surgeries, serious injuries, special treatments, and more. (There is a typo on the HCC events calendar. Blood donations start at 9 a.m., not 7.)
- Diabetes Summer Survival Guide: July 29, 10-11 a.m., Conference Room 1—Summer is a great time to kick back, relax and enjoy some favorite foods. But if you have diabetes, it can be hard to manage your health at the same time. Learn how to enjoy the best of summer and keep your diabetes under control.

Stay tuned to Leisure World Weekly for more events at the HCC. Flyers for some events are available at the HCC front desk as well.

Wa-Rite

She did it again! Even with the temptation to over indulge during the Fourth of July festivities, Leona San Severino was Top Loser with a seven-pound loss in two weeks. She is staying with her diet program of no sugar, no flour and no dairy.

Member Joni Williams shared information about a powerful tool to handle the ups and downs of the weight loss journey. It's called gratitude. It helps people focus on the positive aspects of life. Having an attitude of gratitude changes the molecular structure of the brain, boosting the neurotransmitter serotonin and activating the brain stem to produce dopamine. Having enough dopamine positively influences metabolism and stress levels. Practice gratitude on a daily basis and see if your overall outlook on life doesn't get better.

Wa-Rite is a support group of women who need to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins are from 7:45-8:45 a.m. Annual dues are \$10. To join or visit a meeting, call or text Diana Goins at 760-1293. People must be LW residents to join.

RED CROSS

HCC blood drive is July 26 till 3 p.m.

Following a difficult Fourth of July week for blood and platelet donations and ongoing challenges finding new blood donors, the American Red Cross faces a blood shortage and has issued an emergency call for eligible individuals of all blood types to give now.

About 450 fewer blood drives were organized by businesses and other community groups on the holiday week than during a typical week as people across the country celebrated the Fourth. This led to about 17,000 fewer blood donations than needed for patients in a single week, causing the Red Cross to have less than a three-day supply of most blood types available—and less than a two-day supply of type O blood—for patients. At least a five-day supply is desired.

"Medical emergencies and critical treatments don't stop for holiday celebrations. Patients depend on lifesaving blood transfusions every day," said Cliff Numark, senior vice president, Red Cross Blood Services. "To help meet this need, we've added about 8,000 additional appointments at blood donation centers and community blood drives over the next few weeks to accommodate more donors. But we need people to fill those appointments, please join us today."

How to help

Donors of all blood types, especially type O, may give blood at the Health Care Center from 9 a.m.-3 p.m. on Friday, July 26. Call Lisa Love at (909) 282-6685 for an appointment. People can also make appointments using the Blood Donor App at *RedCross-Blood.org* or by calling 1-800-RED CROSS (1-800-733-2767).

Donation appointments and completion of a RapidPass online health history questionnaire are encouraged to help reduce the time it takes to donate.

Weekly Health, Exercise Classes

Ageless Grace

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30- to 60-minute walk. For more information, call Tom Pontac, 304-0880.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitoner Dave Heilig instructs. **Pilates**

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291. Yoga, Meditation, Tai Chi

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143. **Yoga, Monday**

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Yoga

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

Impaired Vision and Hearing

The Impaired Vision and Hearing Club's support group will meet on Friday, July 21, Clubhouse 3, Room 6, from 10-11:30 a.m.

People who are having difficulty with failing vision are invited to join the group for helpful hints and information.

For more information, call Sharon Kohn, 596-1969

For those who do not have dental insurance, we offer new patients a \$1900 exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.



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LWWeekly

July 18, 2019 | www.lwsb.com

Government 5

Arts & Leisure



The Bula Brothers Band

TACO TUESDAYS

Come to CH 6 for tacos and acoustic tunes

Everyone loves Taco Tuesdays. Festive food and summer evenings are made more inviting by the acoustic songs of The Bula Brothers—Mark, Frank, Don and

The band performs live from 5-7 p.m. on Tuesdays through October.

All are welcome to come out

and join the Bula Brothers on the patio outside Clubhouse 6 (next to the Koffel's taco truck) on Tuesday evenings for food, fun, friends and music.

2019 Amphitheater Schedule

Amphitheater 2019, a summer music festival on Thursday nights at the 2,500-seat Leisure World Amphitheater, will continue through Sept. 12. Residents, and their friends and families are invited. Shows start at 8 p.m. until September when they begin at 7:30 p.m.

Residents must have GRF photo I.D. cards for admittance to Amphitheater shows. Non-resident guests must be accompanied by a resident shareholder.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

Minibus transportation will be available before and after shows. Koffel's food trucks and Mandie's Candies will provide options for pre-event dining.

The summer line-up includes:

•July 18: Tribute to Kenny Rogers and Dolly Parton

•July 25: ABBA Fab

•Aug. 1: Billy Joel Tribute: The Stranger

•Aug. 8: Best of Doo Wop featuring The Diamonds, the Coasters and The Drifters

•Aug. 15: Mick Adams and The Stones: The World's Most Authentic Tribute to The Rolling Stones

•Aug. 22: The Papas & The Mamas: Tribute to The Mamas & The Papas, opened by comic Mark Schiff

•Aug. 29: Gregory Wolfe as Rod Stewart

Shows begin at 7:30 p.m.

•Sept. 5: Tribute to Aretha Franklin, Stevie Wonder and Jackie Wilson

•Sept. 12: America's Diamond Live: Tribute to Neil Diamond

GRF AMPHITHEATER

Residents must have LW ID cards

The Golden Rain Foundation is proud to present the 2019 Amphitheater Season.

To ensure an enjoyable season, show-goers are asked to adhere to the following rules:

- There is no video- or audiotaping of performers.
- Do not save seats. Amphitheater seating is first-come, first-served.
- Do not sing along with performers unless asked to do so by the performer on stage.
- Residents must have LW IDs to enter Amphitheater. Non-resident guests must be accompanied by a resident.
 - No one is allowed to sit or stand in the aisles.
 - No smoking is permitted in the Amphitheater area.
- Flags on scooters should be lowered, so everyone can see the stage (see LW Security for assistance with this).
 - Leave walkers in the aisle.
- Handicap seating is at street level at the handrails in the middle of the Amphitheater.
 - No pets are allowed.
- The audience is not permitted to enter the Amphitheater earlier than 1-1/2 hours before the program begins as requested by performers, who will be doing sound checks.
- Dancing is allowed only on the two side wing patios flanking the Amphitheater stage.
 - No flash photography.
 - Do not climb over seats.

AMPHITHEATER

Minibus shuttle service available

Avoid the traffic and parking hassles by using Minibus shuttle service to attend GRF summer Amphitheater concerts at 8 p.m. on Thursdays (see page 1 for this week's performer).

The "on-call" Minibus shuttle is available for early pickups on Thursdays between 5:10-6:30 p.m. so people can enjoy preconcert picnics. Call 431-6586, ext. 379, for early service only.

Minibus shuttles will begin a fixed-time route through LW on Amphitheater Thursdays at 6:30 p.m., and concert-goers can flag down the Minibuses from any safe curbside location along the Amphitheater Minibus route. Check the LW Minibus schedule for specific times and travel routes. (Minibus schedules are available at the LW Weekly Office.)

Minibuses will be at the Amphitheater, ready to board, about 15 minutes before the end of the

Bus drivers will take all riders to safely accessible locations near their LW homes. If the Minibus shuttles become full, the drivers will return to pick up remaining passengers at 12-15 minute intervals.

Along with expanded Minibus service, the handicap Access wheelchair bus will operate on Thursdays from 6-9:30 p.m. during the Amphitheater season. The Access bus will be available by reservation only. Access riders must be able to meet the bus at a street or carport near their homes and operate their own chairs when they arrive at the Amphitheater.

Access passengers may be accompanied by caregivers or companions. The driver cannot enter residents' homes to pick up or drop off Access passengers.

When making reservations, people must clearly state where they will meet the Access bus. The Access driver will not be able

BUS, page 13

2019 Amphitheater Movies

Open-air movie nights at the Amphitheater began July 12 and will continue through Sept. 6. Six new movies will be shown on the gigantic screen on Friday nights starting at 8:30 p.m. until September, when the shows start at 8 p.m. Bring friends and family, and enjoy free movies in your own back yard.

★ July 26—A Star is Born: Seasoned musician Jackson Maine discovers—and falls in love with—struggling artist Ally. She has just about given up on her dream to make it big as a singer until Jackson coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jackson fights an ongoing battle with his own demons.

R | 2*h* 14*min* | *drama/romance* | 2018 |

Sponsor: Sunrise Senior Living

* Aug. 2—Instant Family: A couple find themselves in over their heads when they foster three children.

PG-13 | 2h | drama/comedy | 2018 |

* Aug. 9—Green Book: A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South.

PG-13 | 2h 10 min | drama/comedy | 2018 |

Sponsor: Abiding Freedom Home Care

* Aug. 16—First Man: On the heels of their six-time Academy Award-winning smash, "La La Land," Oscar-winning director Damien Chazelle and star Ryan Gosling reteam for Universal Pictures' First Man, the riveting story of NASA's mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost—on Armstrong and on the nation—of one of the most dangerous missions in history

PG-13 | 2h 22min | drama/sci fi | 2018 | Sponsor: A Better Solution In Home Care

* Aug. 23—The Upside: A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who's hired to help him.

PG-13 | 2h 6min | drama/comedy | 2017 |

Sponsor: Del Rey Sinus and Allergy Institute *Aug. 30—Spiderman—Into the Spider-Verse: Teen Miles

Morales becomes Spider-Man of his reality, crossing his path with five counterparts from another dimensions to stop a threat for all realities.

PG | 1h 56min | fantasy/sci fi | 2018 |

Sponsor: MemorialCare Health System

* Sept. 6—What Men Want: Passed up for a well-deserved promotion, sports agent Ali Davis wonders what else she needs to do to succeed in a man's world. Hoping to find answers from a psychic, Ali drinks a weird concoction that suddenly allows her to hear what men are thinking. Using her newfound ability, Ali starts to turn the tables on her obnoxious male colleagues while racing to sign the next basketball superstar.

R | 1*h* 57*min* | *fantasy/romance* | 2019 |

Sponsor: Brand New Day

Food Service in LW

The GRF Recreation Department currently sponsors several food service options in Leisure World.

Taco Tuesday, hosted by Koffel's Food Service, has reasonably priced fare at the Clubhouse 6 parking lot at 5 p.m. Tables are available to eat inside the clubhouse as well as on the patio.

Pizza Thursday is in the parking lot of Clubhouse 6 at 3:30 p.m.-8 p.m., provided by Domino's. Special orders may be called in to 493-2212 between 10 a.m.-1 p.m. for pick-up at the truck also.

A Monday night dinner is hosted three times a month in Clubhouse 1 by three alternating restaurants. Naples Rib Company serves at 4 p.m. each first Monday of the month (reservations only), Finbars Italian Kitchen hosts the third Monday, starting at 4:30 p.m.; and Hometown Buffet is here at 4 p.m. every fourth Monday. Menus and information are published in the LW Weekly.

Hometown Buffet also hosts Sunday brunches in Clubhouse 1 on the second and fourth Sundays. Check the LW Weekly for menus or sign up for LW Live! for real time updates by going to www. lwsb. com and following the link on the home page.

The Amphitheater season offers a Thursday night option with Koffel's food service serving from 5 p.m. at the venue. Some tables are available, first-come, first-served, prior to the show for those who want to dine there.

LW bus service is available for all of these events. For schedule information, call 431-6586, ext. 373. For information on the restaurants, contact events@lwsb.com or ext. 326.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes. Helen Onu is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required.

For more information, call Chuck Burnett at 493-0176.



Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•A Time to Dance Club by Joseph: Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Tango is taught from 6:30-7:30 p.m.; waltz, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.

•Ballet Fitness: A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.

•Dance Club: Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269.

•Dancing Feet Club: Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•Flowering Step Line Dance: Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•Fun Exercise Line Dance Club: Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•Grapevine Line Dance: Free line dance classes are held Thursdays from 3-5 p.m. (beginners, first hour; advanced, second hour) at Clubhouse 6, Room C; and beginner level only on Fridays, 2:30-4 p.m., Clubhouse 3, lobby. Newcomers should have general knowledge of line dance and basic dance steps. For more information, e-mail grapevinelinedance@gmail.com or inquire in classes.

•Hui O Hula: Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•Joyful Line Dance Club: Beginning and intermediate easyto-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

•Leisure Time Dancers: Texas two-step will be taught at 2 p.m. and a country-wester medley (10-count polka, country waltz, Cotton Eye Joe and cowboy cha cha) at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•Leisure World Cloggers: Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•Leisure Whirlers Square and Round Dance Club: Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

•Line Dance, beginning: Free classes are Fridays at 10 a.m. in Clubhouse 3, Room 8, and Wednesdays at 1 p.m. in Clubhouse 3, Room 6. Contact Barbara Magie, 505-3685, for more information.

•Saturday Morning Dance Club: Waltz is taught from 9-10 a.m.; West Coast Swing, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•Suede Sole Dancers: The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•Velvetones Jazz Club Dance: The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•Zumba Club: Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

Glass Fusion Class

The Lapidary and Jewery Club is offering an Introduction to Glass Fusion class with instructor Kelly Johnson. It will be held from 9:30 a.m.-noon on Friday, July 19, in the Lapidary Room of Clubhouse 4. The class will cover the basics of glass fusion and give students the opportunity to create various designs.

Students with prior experience can expand their skills in glass cutting and shaping to create more intricate designs.

Materials include enough glass to make two three-inch or four-inch decorative glass pieces. A materials fee of \$10 is payable at the class. Fused pieces may be picked up the following day.

People should sign up in the Lapidary Room.

Class size is limited to six.



Harmony, a Los Angelesbased tribute show, came to the Amphitheater July 11 and played to a full house of Three Dog Night fans. The band played "Mama Told Me," and other No. 1 hits, including the iconic "Joy to the World." Legend has it that Three Dog Night didn't think much of the song when they recorded it, tacking it on to the album because they needed one more song to complete it. The song ended up being a massive hit and stayed six weeks at No. 1 on the U.S. Hot 100.



Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

There is no charge for these workshops, and everyone is

• Thursday, July 18—Building

a Tree on Ancestry.Com.

The program will use a projector so that everyone can watch and learn.

• Thursday, July 25—Building a Tree on Ancestry.Com, Part 2; The program will demonstrate how to adding documents and people to the tree.

The genealogy library is staffed every Tuesday, Wednesday and Thursday from 1-4 p.m.

Sports 21

Travel 19

Members may come in during these hours to work on the computers, and visitors are welcome to take a tour of the library and learn what the club has to offer.

—Janet Lessin

HOW TO CHOOSE YOUR EYE DOCTOR

(Keep this you might need this information)

Know about your doctor, what are his credentials, degrees, license and he is involved in on-going education Is he reputable, can you always return to his office, does he offer hours that will be to your benefit if you need him?

It is critical that you receive a complete eye examination, properly fitted glasses and a safe contact lens fitting. Not every doctor provides proper fit evaluations. You are short-changed by a short examination and no follow-up visits to assure complete satisfaction and continuing health of your eyes. It is very important to have an extensive eye examination yearly. The inside of the eye is the only place inside the human body where you can see and study blood vessels as they function. Health problems can be determined and prevented early in yearly examinations. The advice of qualified staff is needed as to the type of frame that is compatible with your prescription. With many prescriptions some frames are not suitable and will cause discomfort, distortion and an appearance, which accents the vision problem. It is important to have a qualified person assisting you in the selection of frames

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Community 14

John Schuricht

DIXIELAND JAZZ CLUB

Band features pianist John Schuricht

The Leisure World Dixieland Jazz band will play Wednesday, Aug. 7, according to President Walter "Dutch" Vanderckhoven. The concert will begin at 6:30 p.m. in Clubhouse 4. This is a free event to all Leisure World residents and their friends and family.

Leisure World Dixieland Jazz Club regulars thought they had a new pianist for the band at the June concert. However it was John Schuricht, who had grown a goatee since the last concert, making him more handsome and distinguished.

Vocalist Judi Haase picks the songs she sings for each concert. At the June concert, she chose to honor the recently deceased Doris Day. She told a little history of Day and sang her first hit song that put her on the road to stardom—"Sentimental Journey." She also sang "Mean To Me" from the movie "Love Me Or Leave Me."

Dick Schermer, a proficient banjo player, is friends with many band members

He lives in Illinois but comes to California to visit his son every year, and the band invites him to join them for a LW concert when he is in town.

Friendship Club

The Friendship Club offers computer classes taught by Jeff Sacks and Miryam Fernandez. The schedule is as follows:

Monday, July 22, Clubhouse 3, Room 4

- 11 a.m.— Revisit Windows 7 and Windows 10 (Sacks)
- Noon—Intro to E-mail (Fernandez)

Monday, July 29, Clubhouse 3, Room 4

- 11 a.m.— Prepare for California DMV Test (includes information about REAL ID) (Sacks)
 - Noon-computer, Tablet, iPhone Questions (Sacks)

Monday, Aug. 5, Clubhouse 3, Room 4

- 11a.m.—Intro to iPhone and iPads (Sacks)
- Noon—Smartphone and Chromebook Questions (Sacks)

Classes are free; donations are welcome and pay for a wireless hotspot and printing materials.

For more information on computers and the DMV, contact Jeff Sacks (714) 642-0122 or email jfsacks@gmail.com.

For more information on basic computer questions, iPhone/ iPad, social media, Google Calendar questions, contact Miryam Fernandez, 884-7460.

LW Producers Club

The Leisure World Producers Club's eighth annual murder mystery comedy, "It's All About the Dress," will be presented in Clubhouse 4 on Friday, Aug. 9, at 7 p.m. (doors open at 6:15) and on Saturday, Aug. 10, at 1 p.m. (doors open at 12:15).

The play is written and directed by Toby Richman and produced by special arrangement with Toby Richman.

Come and see this delightful new comedy.

Snacks will be provided.

Bring your own drinks.

For more information, call Sam Jones, 598-0880.

SBTV Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Thursday, July 18

Obituary 18

Hooray for Hollywood— 4 pm LW Special Olympics Aquarium of the Pacific 5 pm 5:30 pm Harmonizing Humanity #43 Poor Lily

McGaugh Go West 2019 6 pm

Studio Cafe 7 pm

McGaugh Pageant of the Arts 8 pm

9 pm LW Cabaret— Broadway Rhapsody

11 pm **Bob Cole Conservancy** Friday, July 19

4 pm Photo Arts Club 4:22 pm LW at Special Olympics

4:30 pm Head Master 4:40 pm Abilene

5:30 pm Harmonizing Humanity

Poor Lily

Calvary Chapel 6 pm 6:30 pm Pageant of the Arts 2019

Studio Cafe 8 pm 9 pm Cerritos Center—Barrage

8 Strings Concert 10:45 pm Memorial Day Celebration

Leisure World Saturday, July 20

Memorial Day Celebration 4 pm Leisure World

5:15 pm Head Master—

LW at Special Olympics 5:30 pm Aquarium of the Pacific Hooray for Hollywood

6 pm 7 pm Studio Cafe

LAUSD 8 pm

10 pm Bob Cole Conservancy

11 pm SB City Limits: Richard Hastings

Sunday, July 21

SB Planning Commission 4 pm

Meeting, replay 7-15 5 pm Abilene Band

5:45 pm Aquarium of the Pacific Vintage Vehicles 6 pm

6:30 pm Sea Inside

McGaugh Go West! 2019 7 pm

7:42 McGaugh Pageant of the Arts 9 pm Studio Cafe

LW Cabaret 10 pm Broadway Rhapsody

Monday, July 22

Memorial Day Celebration in

Leisure World 5:15 pm Harmonizing Humanity

Poor Lily

6 pm Studio Cafe

Seal Beach City Council, LIVE 7 pm Cerritos Center

Drumline Spectacular 10:30 pm Bob Cole Conservancy

11:30 pm The Sea Inside

Tuesday, July 23 4 pm

LW at Special Olympics Photo Arts Club

4:30 pm Head Master Abilene Band

5:30 pm Harmonizing Humanity Poor Lily

Hooray for Hollywood 6 pm Aquarium of the Pacific 7 pm Studio Cafe 8 pm

9 pm Seal Beach City Limits

SBTV, page 14

Oil Change **LW Residents** 10% Senior Filter & Tire Rotation Only Discount Free Flat Drain Oil, refill with up to 5 qts. of quality Valvoline Oil (5W30 wt.) Repair Install new filter Rotate 4 mounted tires \$25 Discount on Air Conditioning Service Over 25 Years Serving the Community 3400 Cerritos Ave. Los Alamitos Mon. - Fri. 7:00 am - 6:00 pm Sat. 7:00 am - 5:00 pm **Closed Sundays** www.coastlineautocare.com



The Velvetones Ballroom Orchestra with vocalists Tommy Williams and Tina Schaffer (above) will play in Clubhouse 4 on Sunday, July 21, at 6 p.m. Admission is free, and all are welcome.

GRF Saturday Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

The Craig McKnight Band will play ballroom Big Band era music on July 20.

The Recreation Department asks residents and their guests attending the GRF Saturday Dances in Clubhouse 1 to cooperate in adhering to a few, simple rules:

- Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.
- People must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to set up for the next group.
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audiovisual equipment can only be adjusted by the custodian according to the instructions they have
- Be sure to sign in, either as a resident or guest. This is the only way GRF can judge the popularity of bands.
- Guests must be accompanied by the GRF member who invites them as all passes and ID's are subject to inspection.

LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, followed by a business meeting at 3 p.m.

Ode to My Father

Gnarled hands reveal the toil of countless years, unceasing care in raising us from carefree days. Warm them on mine, let us rest in peace relive the bygone days with no regret

Oh memories! Time-warped and distance-dulled We seem only to dwell on those we like and dump away the rest Of things undone, unspoken words which might haunt us in our sleep.

Your frail body which now is sapped of all strength lay bedridden. Creased brow, etched lines on aged face, my hands, nor love cannot erase. Hearken, I'll sing our song when as a child you soothed my fears.

I need it now to steel myself still sorrow and sad swan song inchoate yet escaping from my burdened breast.

And when the thief of life finds us apart, take heed With you my thoughts, my love my memories remain always. As with mother, whom you precede, Rest peacefully, we commend you to heaven's grace.

—Victor Gendrano

LWWeekly

www.lwsb.com

July 18, 2019

New Art League member Janet Isom (r) is holding a painting she won from demonstration artist Nancy Anderson at the July 9 meeting.



The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore located adjacent to the library. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more. The boutique sells gently used collectibles and gift items.

People are asked to bring their own shopping bags when they visit. The bookstore welcomes donations for the boutique. The Friends of the Library does not accept clothing, shoes or large electronics for resale in the boutique. Volunteers will pick up larger donations if needed.

The Friends group is in need of volunteers. Interested persons should go to the bookstore and fill out an application during operating hours from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

GRF Movie

"Glass," rated PG-13, will be shown at 2 and 7 p.m. on Wednesday, July 24 in Clubhouse 4.

For one special security guard, tracking people down is a paranormal sort of hobby. Able to use his rare abilities to find people, David Dunn is suddenly given a job that seems more daunting than all the others before it. He'll need to find Kevin Wendell Crumb, and time is of the essence. But part of the problem is that Crumb is an extremely disturbed man and with 24 personalities, he's a lot more complicated than the others Dunn has found.

Some scenes and language may offend some viewers.

Can't make the movie? Borrow it from the LW Library for free any time.

BUS from page 10

to return for missed passengers. Reservations for the Amphitheater night Access bus can be made up to three days in advance by calling 431-6586, ext. 379.

There are over 60 bus benches and shelters located throughout the community, so people can comfortably wait for a shuttle to roll by nearly anywhere in Leisure World.



The Good Times Roll Club

CLUBHOUSE 2

Get your hippie vibe on and relive the days of Woodstock

"Celebrate the 50th Anniversary of Woodstock" will be the theme for the Let the Good Times Roll show to be held Saturday, July 20, in Clubhouse 2 with the doors opening at 5:30 p.m.

The show starts at 6:30 p.m.

All Leisure World residents who enjoy entertaining, dancing and getting acquainted with other fun loving residents are **MUSICAL THEATER WEST**

'Little Mermaid' is now showing

The Musical Theater West (MTW) will brings Disney's "The Little Mermaid" to the Carpenter Performing Arts Center on the campus of California State University, Long Beach, through July 28.

Based on Hans Christian Andersen's story and Disney's acclaimed film, this love story for the ages features a swimming score of classic songs, from "Part of Your World," "Kiss the Girl" to the Academy Award-winning "Best Original Song," "Under the Sea," composed by eighttime Academy Award-winner Alan Menken ("Beauty and the Beast," "Aladdin" and "Pocahontas") and his frequent collaborator, the legendary Howard

MERMAID, page 15

invited to the bi-monthly show/ dance events. Club performers will present

a selection of songs sung by some of the original 32 artists who performed in the rain on a stage in the middle of a dairy farm in the New York countryside.

They include Joan Baez, Sha Na Na, Jefferson Airplane, Mama Cass, Credence Clearwater, Bob Dylan and Bread.

Although it's been 50 years, many of the messages of 1969 about brotherly love, peace, and freedom relate to today's issues.

Club performers include Tosca Lies, Lu DeSantis, Ray Grierman, Carmen Edwards, Charlie Guggino, Frank Destra,

announcer Jackie Hildebrand, and two new members, Ron Hanna and Anna Lee.

The Ben Berg Rhythm Rockers will provide rock and roll music for dancing to complete the night's performance.

The club will furnish snacks, ice, cups and water.

There is no admission and guests are welcome to bring their own beverages.

Doors open at 5:30.

"Join us for a fun evening of music and dancing and meeting friends," invites Frank Destra, club president.

Hippie dress is optional but encouraged.

-Martha Destra

RESTAURANT REVIEWS

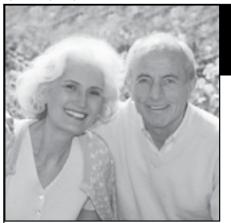
LWers welcome to submit reviews

Leisure World residents are welcome to submit reviews of their favorite restaurants and should include their names, and mutual and telephone numbers.

The restaurant's full name, telephone number, address and operating hours should be provided.

The reviews are subject to editing and will run as space allows. Email them to rutho_news@lwsb.com. For more information, ll News Editor Ruth Osborn, 472-1277.





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Obituary 18

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ARDEN CLUB FLOWER POWER

Community 14







Judy Schroeder (lower right) and Judy Pelegrino (lower left) participated in the flower parade hosted by the Garden Club at its annual luncheon and installation June 17. They were among the more than a dozen women sporting spring hats and floral attire. The new board of directors (photo above) entertained a full house with a "haute couture" fashion show, modeling such trends as a "tube top from Versace" (second from right) and the new "plunging neckline" shirt from Gucci (far left).



Joyful Line Dance Group

ALL ARE WELCOME

Justin Manalad teaches a varied repertoire on Wednesdays

Everyone is welcome to join the Joyful Line Dance class on Wednesdays from 3-4:30 p.m. in the Clubhouse 3 lobby.

Instructor Justin Manalad has been taught the class 24 songs since May 1.

Members have been practicing the songs, which include "Achy Breaky Heart," "Bahama Mama" and "Hello Dolly," among

Justin loves dance because it helps people be stronger, happier and younger in mind and body. He has been teaching ballroom and line dance since 2000 and is well known for leading line dance

at the Filipino Association of LW Valentine party and luau party.

He retired as a Los Angeles County deputy probation officer.

Cost is \$2 for each 90-minute class. Beginners are welcome.

For more information, call Anna Derby at 301-5339.

—Anna Derby

Seal Beach Living

The intangibles of living in a beach city are vast, from that fresh ocean air to the healthy, relaxed seaside lifestyle. That kind of living is a dream for many, and might be more attainable than you think.

Lucky for the residents of Orange County, five of our beach cities ranked in the top 50 of all beach cities to call home, according to WalletHub.com.

Newport Beach ranks at the

third best beach city to hang your hat. Laguna Beach was found to be one of the best beach cities, ranked at number 15 out of 146. Also rounding out the county's

BEACH, page 26



Mille Woods and Ellen Brannigan celebrated their birthdays

COMMUNITY KARAOKE

Balloons, cake marked festive night

Birthday cake and sandwiches means "party" as the Community Karaoke Club helped celebrate Millie Woods and Ellen Brannigan's special day. Balloons floated to the ceiling as members tapped their feet to peppy songs performed by Karen Morris, Vito Villamor, Pat Kogak, Mike Breen, Sue and Walter Piippo, Shannon Harrison, Diane Kasperson and Byong Choi.

Forty karaoke singers took the stage to entertain the audience. Some folks tried something new. Vickie Van Ert sang "Reflections"; Martin Rosendaal, "White Room"; Donna Burr, "Don't Know Why"; Richard Yokomi, "Let's Stay Together"; Shannon Harrison, "I've Told Every Little Star"; Anna Le, "You're My World"; and Bob Barnum, "Sail Away."

Karaoke parties are each Wednesday starting at 5:30 p.m. in Clubhouse 1. Practice sessions are Tuesdays in Clubhouse 6 from 1-3 p.m. Everyone is welcome.

-Margie Thompson

FAIR from page 3

vider, brought three new rides this year in addition to Titan. Ice Jet in the main carnival is a spectacular polar bobsledding adventure and Circus Train and Tea Cups are sweet additions to Kidland.

There are many great ways to save on rides and games.

The FunPass app enables fairgoers to purchase passes, reload passes, check the value and view purchase history. FunPasses can be shared between family and friends. Visit ocfair.com/carnival for more information.

Deals at the OC Fair

Unlimited Ride Wristbands are available on Wednesdays, Thursdays and Sundays for \$35. (Wristbands include one ride on Titan, all er rides are unlimited.)

There is also half-price general admission and carnival rides are half the tickets to ride from 11 a.m.-1 p.m. on Saturdays and Sundays. See *ocfair.com/deals* for more information.

Getting to the OC Fair

Traffic advisory: Plan to arrive early, especially for OC Fair ticketed events, including concerts. Ride-hailing services, public transportation, carpooling, OC Fair Express bus (Saturday and Sunday) and free offsite parking at Experian (Saturday and Sunday) are highly recommended.

If you do drive, check the latest traffic and 405 Project updates on Google Maps and Waze.

Full construction updates are available on the OCTA website and OCTA's interactive map. The 2019 OC Fair runs July 12-Aug. 11 and offers 23 days and nights of entertainment, food, rides, shopping, exhibits and more. Hours are noon-midnight, Wednesdays through Fridays, and 11 a.m.-midnight, Saturdays and Sundays. For more information, visit ocfair.com.

SBTV

from page 12

10 pm Interview: Rich Harbour/ Kurt Augsburger 11:30 pm Bob Cole Conservancy Wednesday, July 24

4 pm Head Master Poor Lily

4:15 pm Memorial Day Celebration Leisure World

5:30 pm Harmonizing Humanity No. 43

Aquarium of the Pacific 6 pm 6:30 pm Abilene Band 7:15 pm Sea Inside Studio Cafe 8 pm SB City Limits: 9 pm Richard Hastings

Cerritos Center *All programming is subject to change; the SBTV schedule is printed weekly as

space allows.



Community 14

Hui O Hula dancers have busy dancing at Long Beach Care, Seal Beach Health and Rehab and Katella Senior Living. Thanks to Sunshine Club President Anna Derby for inviting her hula sisters to her club's annual picnic. It was unusual to perform on wet ground for an audience in their bathing suits by the big pool at the Alpert Jewish Center last week but was wonderful to show the children how to hula. All are welcome to learn the hula free. Call 252-9676 for the schedule.

MERMAID

from page 13

Ashman ("Aladdin," "Beauty and the Beast" and "Little Shop of Hor-

The live musical boasts 11 new songs by Menken and lyricist Glenn Slater ("Tangled," "Love Never Dies" and "Galavant"), from a book by Pulitzer Prize and Tony Award-winning playwright Doug Wright.

Tickets are now on sale at musical.org, at the MTW Ticket Office, or by calling 856-1999. Tickets start at \$20.

The journey of Disney's The Little Mermaid begins in a palace in a kingdom beneath the sea, where a beautiful young mermaid named Ariel longs to leave her ocean home to live in the world above. But first, she'll have to defy her father, the king of the sea, escape the clutches of an evil sea witch and convince a prince that she's the girl with the perfect voice.



The Good News Singers

Gospel concert is Aug. 3 at noon, followed by lunch

The Good News Singers will give a concert of gospel music on Saturday, Aug. 3, at noon in Clubhouse 4. The "He is Worthy of Praise and Worship!" concert will culminate with a free lunch.

Solos will be performed by Lorna Miller and Nancy Maggio. Kip Watkins will sing a solo within the familiar tune "My Tribute" with the choir. Nancy will perform "How Majestic is Your Name" and Lorna will share her rendition of "He Looked Beyond My Faith."

The singers will raise their voices to Praise God and share his love with residents, friends and neighbors. All are welcome to come and enjoy many familiar tunes and toe-tapping songs. Come early to get a good seat and be prepared to clap along with the choir and then enjoy your free lunch.

—Nancy Maggio



Associate Music Directors are Nancy Maggio (I-r), Margaret **Humes and Janet Ray**

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KATELLA Senior Living Community

Katella Senior Living Community's variety of care options and seemingly endless amenities allow you to fill your days with family, friends and activities that mean the most. Tastefully decorated in California casual style, Katella Senior Living Community serves a wide range of lifestyle preferences and care needs including:

- Independent Living
- · Memory Care
- Assisted Living
- Respite Care
- We'd love to hear from you!

After a hospitalization, your medical team may want you to continue rehabilitation services as part of your recovery. Alamitos West Health Care Center, a rehabilitation and transitional care community, offers a team approach to support your recovery, including:

- IV therapy
- Occupational therapy
- Wound care Cardiac and stroke care
- Speech therapy · Pain management
- Physical therapy

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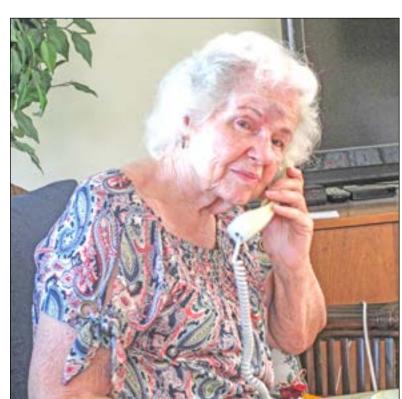
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Government 5

Religion 6

LW Weekly

Community



Monica Grundmann, Mutual 10, has been volunteer for Mobility Aids on Tuesdays to pick up calls and forward messages to the appropriate service program of Golden Age Foundation.

GOLDEN AGE FOUNDATION

Volunteers needed to pick-up calls

The Golden Age Foundation (GAF) is seeking volunteers for the Mobility Aids Program. The Mobility Aids Caller, as the position is called, retrieves and forwards messages related to service requests. These volunteers don't need to leave home to help.

Basically, the volunteer calls the Mobility Aids hotline to get messages from a GAF answering machine three or four times a day; training is provided. The messages may inquire about the Mobility Aids program or any of the other GAF-related programs.

For instance, someone may want to donate money or volunteer. During the tax season, there are calls for the tax chairperson.

Volunteers forward messages to the appropriate GAF board member and then return the calls to let people know their inquiries are being processed.

Mobility Aids callers typically want to know times that equipment can be picked up or dropped off and where to return mobility aids. Most of the questions can be referred to John Hlavac, the Mobility Aids chairperson.

At the end of the day, the volunteer deletes the messages that have been handled.

This is a perfect job for someone who likes to work from home. There is no set time to retrieve the calls. The Mobility Aids Caller is only responsible for one day during the week. There are opportunities for full-time callers and for substitute volunteers.

For more information, call Sharon Kohn at 596-1969, Monday-Friday, from 9 a.m.-5 p.m.

SUNSHINE CLUB

Learn tips on how to keep up during recession

Boris Castillo, financial consultant with ClearBridge Investments, will be the guest speaker at the Sunshine Club tomorrow, July 19, at 10 a.m. in Clubhouse 3, Room 2.

Castillo will address questions:

- How close could we be to the next recession?
- Will growth hold steady, weaken or pick up by the end of 2019?
- What factors are most important to watch to help keep investors on track?

ClearBridge Investments' Recession Risk Dashboard offers valuable answers, tracking key data along four vital economic fault lines. Discover how the Dashboard works and how it can help clients stay prepared for changes ahead.

Castillo has over 20 years experience helping clients with everything from retirement and estate planning to wealth transfer and gifting strategies. He is both a chartered financial analyst and a certified financial planner, as well as holding general securities and California Life & Health licenses.

The Sunshine Club appreciates shareholders bringing their own coffee mugs to participate in the "Save The Earth" program the club began about five years ago. Arrive 5-10 minutes early to enjoy refreshments before the meeting begins at 10 a.m.

The club meets on Fridays, in Clubhouse 3, Room 2 (except the first Friday in Room 9), from 10 a.m.-noon. All shareholders are welcome to attend, no membership is required. For more information, call Anna Derby, 301-5339.



Y Service Club President Margaret Humes and second Vice President Gene Vesely

Y SERVICE

Club purchases new flags for CH3

The Y Service Club recently replaced the American flags in all the rooms in Clubhouse 3.

The old flags were showing lots of wear, and some flags had gone missing.

Gene Vesely, USMC (Ret.), the club's second vice president, purchased new flags through the American Legion.

The 3-by-5 foot flags are mounted on the wall rather than placed in floor holders that need to be moved from room to room as various groups began their meetings with a flag salute.

The Y Service Club is proud to have made this improvement in Clubhouse 3 to honor the country.

<u>GRF</u>

Used vehicle sale is next Saturday

Leisure World shareholder/members can sell used vehicles in the Administration parking lot from 8 a.m.-4 p.m. on July 27. The used vehicle lot is open on the fourth Saturdays of the month.

Vehicles must have current DMV registrations and GRF decals, and be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner does not need to be present. A single "for sale" sign no larger than 18-by-24 inches can be displayed on the vehicle.

Only LW residents are allowed to display vehicles for sale. The sale is open to residents and the guests they call in.

For more information, contact Recreation at 431-6586, ext. 398.



Jan Kuhl, Rose Woman's Club President Marie Sprague and Donna O'Keefe welcome everyone to the Secret Garden luncheon.

LW WOMAN'S CLUB

Preparations in works for 'Secret Garden'

The Leisure World Woman's Club is preparing its annual fund raiser, called "The Secret Garden." The luncheon and opportunity basket raffle is open to all Leisure World residents and their guests at 11 a.m. on Sept. 21 in Clubhouse 2.

Luncheon proceeds will benefit a scholarship for a woman entering the nursing program at Golden West College as well as six other community and Leisure World causes.

The event will include a catered lunch, a vocal performance and many beautiful and fun opportunity baskets.

Tickets are \$25 each or people can purchase a table for eight for \$200. Make reservations by calling Jan Kuhl at 446-0082.



Participants in the Rollin' Thunder July 4 parade, decked out in red, white and blue attire, prepare to hit the streets in decorated golf carts.

Rollin' Thunder July 4 parade drew LWers to streets

The Rollin' Thunder Golf Cart Parade was a highlight of the Fourth of July festivities in Leisure World.

It was well attended, with people lining the streets to cheer on more than 60 brightly decorated carts—carrying brightly decorated residents, their pets and friends. The caravan covered a four-mile parade route in just under one hour.

"Our parade was a huge success," exclaims Rolling Thunder President Tom Davis, "and much of the credit goes to GRF's Security and Recreation departments.

"Their cooperation, staffing and long hours of planning and parade traffic control kept our parade moving steadily and incident-free," Davis explains. The club is also grateful to the LW

PARADE, page 18

LWWeekly

www.lwsb.com

July 18, 2019

Obituaries

Community 14

Space is available for obituaries of residents and former residents.

- An "In Memoriam" column is available free of charge. Limited to name, mutual number and *date of death.*
- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
- A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

In Memoriam

George Iseda 93 Terry Earl 70 David Henry 72 Kendall Martine Jr. 73 James Broude 77 Ruben Lopez 25 Roderick Hallman 63 Kenneth Bell Sr. 88 Jerome Turner 84 Kathryn Barnes 80 Albert Carrillo-Arroyo 61 Nancy Clarke 73 James Neyland 74 Families assisted by McKenzie Mortuary, 961-9301

—paid obituary

Concerned Shareholders meet July 25

The Concerned Shareholders will meet July 25 at 1p.m. in Clubhouse 3, Room 2.

Linda Herman will discuss the Recreation Committees' escalating costs of the Amphitheater shows, special events and Saturday night dances; Denis Craig will talk about Executive Sessions meetings with the Mutuals; David Noble will talk about a Budget Control Initiative; and a discussion will be conducted on "Is the ADA bus necessary?"



First Christian Church's spectacular hospitality team served at the annual church picnic last week and helped make it a festive time of fun, food and fellowship. Hamburgers and hot dogs were in abundance as well as wonderful side dishes. For the complete story, see page 6.

KACMA

Brahms, Hungarian dances featured

The Korean American Classical Music Association will have a program July 18 featuring Brahms, Hungarian Dances, Nos. 1, 3, 5, 6, Cello Sonata No. 2, Mov. II, Violin Sonata No. 3, Movs. I, II and Clarinet Quintet, Mov. I.

Ken Chong will give an appreciation of classical music, following members' favorite songs selected by Robert Chung.

All are invited to KACMA at 9:30 a.m. in Clubhouse 4. The program is presented in Korean. The club encourages good fellowship through the appreciation of classical music and concerts.

For further information, call President Angel Joh, 598-0313, or program chair Robert Chung, 387-7377, or robertschung@hotmail.

Mutual 15 Garage Sale

Mutual 15 will host a multi-carport garage sale with nine sellers at St. John Road and Del Monte Drive today, July 18, and Friday, July 19.

Dog walks on Saturdays begin July 27, 9 a.m.

All Leisure Word pet lovers are invited to join dog walks, starting July 27 at 9 a.m. This is a change of schedule and meeting location. Dog walkers will meet at Glenview Road and St. Andrews Drive by the big tree behind the bus bench on St. Andrews.

Walks will be held on the last Saturday of each month. Starting locations may differ. Watch newspaper and emails for notification of any changes. Call (714) 930-5314 or (714) 423-8279 for more information.

E-mail **Obituary Notices** to cathiem news@lwsb.com with photos attached as jpg files.







THE BINGO CLUB IS A FUNCTION OF, AND OPERATED BY THE IRVING I. MOSKOWITZ FOUNDATION, A NON-PROFIT PUBLIC CHARITABLE ORGANIZATION



July 18, 2019 | www.lwsb.com

Veterans honored at FALW picnic

The annual veterans picnic clear skies hosted by the Filipino Association of Leisure World (FALW), drew several hundred guests under

Community 14

The day was kicked off with by singing 'The National Anthem" and reciting the "Pledge



The annual veterans picnic in Leisure World, hosted by the Filipino Association of Leisure World, featured happy grillers cooking hundreds of hamburgers and kosher hotdogs for the veterans and guests. Grilling and serving was manned by Ren and Myrrah Villanueva's family.



Veterans and guests enjoyed cool weather in July waiting for the chow line to open up.

of Allegiance." FALW President Ric Dizon welcomed guests, and Myrrha Villanueva gave the invocation.

The Armed Forces branch banners were presented by members of the association as people sang the armed service songs from each military branch: "Anchors Aweigh" for the U.S. Navy, "The Caissons Go Rolling Along" for the U.S. Army, "The Wild Blue Yonder" for the U.S. Air Force, "The Marines' Hymn" for the U.S. Marine Corps and "Semper Paratus" for the U.S. Coast Guard.

After the presentation, there was a 21-gun salute and "Taps" was played in a moving tribute.

One of the guests, Morton Goldberg of Mutual 14, is a WWII veteran who helped liberate the City of Manila from the Japanese in 1943. He talked about the house to house fighting that led to a countless loss of American soldiers.

There are fewer "Greatest Generation" WWII veterans this year.

The first 75 veterans who registered before the June 30 deadline, were presented a token gift in a form of an umbrella with inscription that says "U.S. Veteran-Thank you for your Service."

There was plenty of food for all. It was a fun event and FALW members expressed their undying gratitude to all who sacrificed so much to preserve the sanctity of peace and freedom of this great nation, the United States of America.

-Ren Villanueva



The chow line was long but worth the wait. FALW served hamburgers, hot dogs, chili beans, corn on the cob, fresh green salad, sweet cantaloupe, water melon and Mexican helada (popcicles) soda, beer, cookies and coffee.



Veterans and guests standing at attention during the playing of the taps.



Mutual 4 veterans Mike Levitt and Gary Harris with his wife, Bonnie, attended the event.

SOCIAL CLUB

All invited to play cards on July 26

The Social Club meets on the fourth Friday, July 26, to play cards and have lunch. The cost is \$4. This month pizza, salad, snacks coffee and tea will be served. Groups of four are welcome. Call Marj Earls at 275-1778 or Joan Taylor at 240-5416 to make reservations.

Extra help is needed for set-up and cleaning, as both Marj and Joan will not be available this month.



Rollin' Thunder members Phil and Beverly Friedman not only dressed up their cart but also themselves in patriotic attire.

PARADE

from page 16

Radio Club, whose members maintained continuous communication between the parade's leading carts and those "pulling up the rear."

With the parade concluding at Clubhouse 6, participants were immediately able to enjoy another of Leisure World's traditional July 4th events, the Silver Fox Classic Car Show that shared the clubhouse

The Rolling Thunder Golf Cart Club's next general meeting will be held Tuesday, July 23, in the Clubhouse 1 barbecue area, beginning at noon. The club will serve burgers and fixings; members are urged to bring generous side dishes.

-Mike Levitt

PEO card party is July 24, CH 2

The PEO card party and luncheon is on the fourth Wednesday of the month, July 24. If any changes need to be made or new tables started, call Jan Krehbiel by Saturday, July 20.

The PEO card party is held in Clubhouse 2 and everyone should be seated by 11:45 a.m. Lunch is served at noon. The price of lunch is \$12 and includes an entree, salad, roll, dessert and beverage. Tax and tip are included. At this price it is the best bargain in town. To come just for lunch, make a

To play cards without lunch, pay \$3 toward the PEO scholarship fund.

Everyone living in Leisure World is invited to play at the card party. Men and women can play any game they want, including poker, Euchre, dominos, Skip-bo, canasta, Hand and Foot, Phase 10, Five Crowns, bridge. Tables can be set up any way needed. Just show up and have a really great fun day with, friends, food and winnings.

For more information, call Jan Krehbiel, 431-8240.



LW Democratic Club board members

LW Demos hosting voter registration

During its July 8 meeting, Democratic Club board members further refined plans to increase Leisure World voter participation in the upcoming 2020 election. A critical element of that effort is making sure that all those eligible to do so are registered to vote, regardless of party affiliation. The first step in that effort, which is already underway, involves board members contacting their neighbors to offer assistance in registering. The ultimate goal is to involve as many club members as possible in registering at least 100 new Leisure World voters by Oct.

1. The club will also staff a voter registration table in the coming months. Volunteers willing to help should contact President Mary Tromp at 412-0898.

The board also accepted the resignation of Mary Larson as the chair of the program committee, effective in September. However, Mary will continue to work with other board members in her role as the club's immediate past president. Club members interested in working with the program or any other board committee should contact Nominating Committee Chair Bruce Anderson at 342-2801 for information about how to become involved.

The July 30 Democratic Presidential Candidates Watch Party potluck has been rescheduled to Friday, Sept. 13, in Clubhouse 4. The Voter Awareness sessions will be dark for the two vacation months of July and August, and will resume on Sept. 24.

Make reservations for Nikkei picnic

The Nikkei Club is making plans for its annual picnic on Thursday, Aug. 8 from 10 a.m.- 3:30 p.m. in the Clubhouse 1 picnic area. There is no charge to those who bring a side dish or dessert to compliment the main menu. Those who do not contribute food must

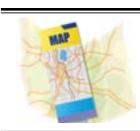
Notify a member of the Picnic Committee with names of all who

NIKKEI, page 21

LW Weekly

www.lwsb.com | July 18, 2019

Travel



On the Go

Day Trips

Pala Casino - Friday, July 26, \$6, American Legion, Phyllis Pierce, 362-0437

Anaheim Angels vs. Tigers - July 31, \$40, GRF Recreation, events@ lwsb.com, 431-6586, ext. 326

Casa Romantica, Newport Harbor Cruise - Aug. 8, \$99 with breakfast buffet, David Nell/Good Times Travel, (888) 488-2287

Hollywood Bowl, Tchaikovsky Spectacular, featuring USC Trojan Marching Band with Fireworks - Aug. 10, \$99, David Nell/Good Times Travel, (888) 488-2287

Pantages Theatre, Miss Saigon - Aug. 10, \$149, David Nell/Good Times Travel, (888) 488-2287

Pageant of the Masters, Laguna Beach - Aug. 14, \$85, GRF Recreation, events@lwsb.com, 431-6586, ext. 326

Walt Disney Concert Hall, Cal Phil, The Emperor's Roundup - Aug. 18, \$99, David Nell/Good Times Travel, (888) 488-2287

Wild Goose Cruise, Newport Harbor Aboard John Wayne's Yacht With Roger's Gardens - Aug. 24, \$129 with champagne brunch, David Nell/Good Times Travel, (888) 488-2287

Glendale Center Theatre, "Annie" - Aug. 31, \$99 with lunch Tam O' Shanter Inn, David Nell/Good Times Travel, (888) 488-2287 Harrah's Rincon - Thursday-Monday, no Tuesdays or Wednesdays,

free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457 Pala Casino - Daily, free, Amphitheater, 8 a.m., (714) 985-9555 Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

Overnight Trips

Black Hills & Badlands - six days, Aug. 17-22, featuring Mt. Rushmore, Crazy Horse, Badlands National Park, Custer State Park, single hotel stay, David Nell/Good Times Travel, (888) 488-2287

Yellowstone, Glacier & Grand Teton - eight days, Aug. 28-Sept. 4, featuring Yellowstone, Glacier and Grand Teton national parks, National Parklodge stays, David Nell/Good Times Travel, (888) 488-2287 Canadian Rockies & Glacier Park-Sept. 10-16, Traveling Tigers Club, Joanna Matos, 598-1849

Enchanting Canyonlands - six days, Sept. 19-24, featuring Zion, Bryce and Capitol Reef national parks, Cedar Breaks, Escalante-Grand Staircase, David Nell/Good Times Travel, (888) 488-2287

Colors of New York & Niagara – seven days, Sept. 25–Oct. 1, featuring Niagara Falls, Fingers Lakes, Berkshires, Norman Rockwell Museum, Corning, Toronto. David Nell/Good Times Travel, (888) 488-2287 Palm Springs, Death Valley, Joshua Tree & Las Vegas - Nov. 4-7, Traveling Tigers, Joanna Matos, 598-1849

Hearst Castle at Christmas -Dec. 16-18, Traveling Tigers, Joanna

Matos, 598-1849

AMENITIES from page 5

Mirada Theater was spectacular." Ruth Long, Mutual 2

- "As a person with a disability, I'm grateful for all of the amenities accessible to me: The swimming pool, always clean and sparkling with great attendants, Impaired Vision and Hearing Club and Golden Age Foundation, where I am an active member, and Mah Jong, where in the clubhouse with the most attentive and helpful custodians I can relax." Sharon Kohn, Mutual 9
- "I love the opportunity Theater Club members have to show off their talents while entertaining their neighbors. It keeps us young, being able to socialize while doing what we love best: Entertaining. *Taylor White, Mutual 1*
- "The Recreation Department has made it possible for Cabaret Entertainers to grow and bring LW so many talented performers and enjoyable events to our friends and neighbors." Tommy Williams, Mutual 2

Years ago, a study was done on LWSB residents that found they enjoyed an average eight-year longer life span than the average population. Researchers attributed it to the active lifestyle and social opportunities this quiet beach community nestled in Southern California offers its residents. "The Journal of Gerontology," which studied Leisure World for 11 years came to this conclusion: "Participation in leisure-time activities is an important health promoter in aging populations. The association of less physically demanding activities as well as traditional physical activities involving moderate exertion with reduced mortality suggests that the protective effect of engagement in activities is a robust one."

Now, with more amenity choices than ever, with its small-town atmosphere, it's easy to see what sets us apart from other senior communities. The GRF Recreation Department is proud to be a part of it.

For more information, contact the Recreation Office by email at *kathyt@lwsb.com.*



Bruce Vircks and Lori hosted Leisure World Bicycle Club members in celebration of Susana Jianto's retirement from Cypress College after 30 years of teaching. Members in attendance were Carl and Liz Kennedy, Jim Thomason, Prolie Pascone, Prudence and Eddy Huang, Mary Ann Murray, Pat Gunter, Jack and Lana Yelen, Holly Weber, Anita Miller, Carol Gregurek, Blenda Costin and Mary Romero. The LW Bicyclists regularly ride on Sunday, Monday and Thursday. They meet behind LW Library at new time, 8:30 a.m. Call Mary Romero for schedule information



Susana Jianto was celebrated at a retirement party attended by members of the LW Bicyclists.

SCAMS from page 4

and credit card numbers.

Travelers also need to be aware of the ability of customs and border patrol personnel in many countries to intrude on data privacy, if they deem it necessary. In the U.S., even if you are a citizen, it is legal for an officer to ask you to unlock your phone, hand it over and request passwords. They can detain you indefinitely if you don't. So, in advance of travel, delete any questionable posts on social media and limit the data you bring if you have a sensitive job. Moreover, if there is compromising information, data, pictures or something you might not want to become known, either rent a second phone and computer or erase the phone to factory settings and install only select apps.

> Main Gate 594-4754

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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LW Weekly

July 18, 2019 | www.lwsb.com

Sports & Games

Cards and Games Scoreboard

Fun Time Pinochle Club winners July 8: Julia Troise, 11,540; Gene Smith, 11,410; Richard Van Wasshnova, 11,060; Charlotte Westcott, 11,020. The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

-Bert Sellers

Leisure World Duplicate Bridge Club—Overall winners in the Club Championship game on Thursday, July 11, were: First in Strat A and B: Bobbi Vann-Paul Chen; second in Strat A and B: Larry Topper-Frances Gross; third in Strat A: Bill Linskey-Howard Smith; third in Strat A: Linda and Dick Stein; fourth in Strat A: Fern Dunbar-LaVonne McQuilkin; fifth in Strat A: Judith Jones-Al Appel; sixth in Strat A: Joyce Henderson-Rob Preece; third in Strat B: Fred Reker-Russ Gray; fourth in Strat B, first in Strat C: Cookie Pham-Elaine Dovgard; fifth in Strat B: Ellen Kice-Norma Krueger; sixth in Strat B: Bud Parish-Sue Fardette; second in Strat C: Priscilla Caillouette-Eric Kaplan; third in Strat C: Bill Dilks-Barbara Wallace; fourth in Strat C: Dolores Cronin-Claudia Bird. Winners in the game on Monday, July 8, were: N/S: Tied for first in Strat A: Sibyl Smith-Jeanette Estill and Ted Wieber-Alan Flower (first in Strat B); third in Strat A, second in Strat B, first in Strat C: Ron and Gene Yaffee; fourth in Strat A: Larry Topper-Lynn Danielson; fifth in Strat A: Bill Linskey-Gary Paugh; sixth in Strat A, third in Strat B: Bettyanne Houts-Shirley Knopf. E/W: First in Strat A: Larry Slutksy-Sue Fardette; second Strat A: Marilyn McClintock-Joan Tschirki; third in Strat A, first in Strat B: Nancy Lichter-Richard Norris; fourth in Strat A-second in Strat B: Peggi Spring-Monica Gettis; fifth in Strat A: Fern Dunbar-Carol Murakoshi; sixth in Strat A, third in Strat B, first in Strat C: Monica and Paul Honey; fourth in Strat B, second in Strat C: Miranda and Tony Reddy. Reservations are requested to play in the Monday and Thursday afternoon games in Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservation. To make or cancel a reservation for Mondays, call Gene Yaffee at 430-7040 or email her, no later than 10:30 a.m. on game day, at grandmagene83@gmail.com; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at hbsharonb@gmail.com. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon and 1 p.m.

- Gene Yaffee

Burning Tree Duplicate Bridge Club winners: July 13 Unit Game: N/S: Fred Reker-Larry Slutsky; Gary Paugh-Sylvia Kaprelyan; Joan Tschirki-Sharon Beran; Marty Lipman-Gorge Alemshah. E/W: Al Appel-Judy Jones; Judy Lorber-Marilyn McClintock; Joyce Henderson-Jenny Ernest; Ann Croul Arne Lier. Jul 12: Al Appel-Joan Tschirki; Betty Jackson-Norma Krueger; Jean Kato-Barbara Harris; George Alemshah-Sylvia Kaprelyan; Cooie Dampman-Judy Carter-Johnson; Jack Dampman-George Koehm. E/W: Lavonne McQuilkin-Carol Murakoshi; Sue Fardette-Marilyn McClintock; Judy Jones Harriet Weiss; Paul Chen-Cookie Pham; Louise Seifert-Stan Johnson; Jeanette Estill-Eileen Kotecki; Ellen Goodwin-Emma Trepinski. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Friday, Aug. 16, the summer picnic and club championship.

—Fred Reker

Monday Bridge Club winners July 8: Dick Triggs, Judy Schatan and Pat Moore. Winners July 15: Dick Triggs and Pauline Fitzsimons. Games begin at noon in Clubhouse 1. For more information, call Pauline Fitzsimons at 296-8363.

- Pauline Fitzsimons

Jolly Time Pinochle Club winners July 13: Joe Capra, 11,400; Diana Lambert, 11,070; Julia Troise, 11,060; Amy Kasuyama; 10;610. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

-Bert Sellers SCORES, page 21

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Bocce starts new Saturday League on July 27

In response to the overwhelming demand for additional playing spots in the regular bocce tournaments held each quarter, the Bocce Organizing Committee has opened a new league on Saturday mornings to accommodate new players.

Games will be played from 9-11:30 a.m., beginning July 27. Sign-ups for the new league can be made by sending an email to Tournament Director Dennis Jensen at djensen323@gmail by July 26. Sign-ups can also be made at the bocce teaching clinic on July 20 from 2-4 p.m. It is highly recommended that new players practice their skills and game strategies at this clinic.

The Spring Tournament has concluded with the following teams finishing in first and second place in their respective 12 team leagues. Congratulations to Sunday's winners Bob Berry and Terry Thrift. Coming in a close second was Dennis Jensen



Drew Sargent

TOURNAMENT POKER

Sargent wins first tournament July 6

Drew Sargent, a club member for five years, won his first-ever tournament on July 6. His hole cards of eight and 10 ended the tournament when he paired the eight, winning with a single pair. Second-place was Guta Basner, followed by Army Mangravito, Tom Pappas, Ron Pine and Lucy

High hand honors were shared between Doug Wolfe and Ron Pine, who both had quad aces with a queen kicker. Pine also won the featured hand holding a seven and four (Independence Day).

Drew Sargent, a Mutual 11 resident for 13 years, is a wellrespected pickleball player, who also enjoys cooking and reading. He retired from a career in the finance industry.

Barry Brideau offers free poker lessons. Call him at (714) 401-7622 for more information.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



A crowd gathered at the bocce court signaling the need for a new Saturday morning league that will play from 9-11:30 beginning July 27.

and Tommy Vu. In the Tuesday league, the husband-and-wife team of Harshad and Chandra Patel finished first, and in second place was Edward Beggs and Bobby Pham. Thursday league congratulations were sent to firstplace winners Sandy Derouin and Zoe Pickell. And due to the tough competition, there was a tie for second place between the team of Walt Bier and Margie Thompson and Red Ryals and Milly Larsen.

The Summer Tournament will begin the week of Saturday, July

27, at 9 a.m.

Saturday is the only day that has open spots for new players. League games on Sundays will begin July 28 at 3 p.m., a later time than usual to accommodate the expected heat during the summer months. Tuesday's games will start an hour earlier, at 9 a.m., beginning on July 30. Thursday games will continue to be played at 3 p.m. starting on Aug. 1. All spots are filled for the Sunday, Tuesday and Thursday leagues.

—Joy Kolesky

Men's Golf

The Men's Monday and Friday Golf League played on July 1 at Willowick and July 7 at Meadowlark, both par 72s. The continuing, persistent April/May/June gloom was present during both rounds and did not improve as the mornings wore on.

When the wind freshened toward the end of the rounds, the scoring became even more difficult. Seven and 11 men competed over 18 holes in two flights.

There were no birdies at Willowick, but Meadowlark surrendered two, one by Sam Choi and one by Dennis Kotecki. Paul Cose was closest to the pin on holes No. 4 and No. 12 at Willowick and Sam Choi on hole No. 7 at Meadowlark. There were no holes-in-one. All scores are net (actual score minus handicap).

Winners: Monday at Willowick:

- A Flight: Paul Cose, 71; Sam Choi, 74; Fujio Norihiro, 79; Bill McKusky and John Meyer, 80.
- B Flight: and Bob Munn, 70; Lowell Goltra, 72. Fewest putts:
- A Flight: Sam Choi, 27; B flight: Lowell Goltra, 31.

Winners: Friday at Meadowlark:

- •A Flight: Sam Choi, 72; Paul Cose, 74; John Meyer, 75; Gary Stivers and Dave LaCascia, 76; Fujio Norihiro, 78; Bill McKusky, 83.
- B Flight: Dennis Kotecki, 71; Lowell Goltra, 72; Bob Munn and Art Salazar, 81.

Fewest Putts:

A Flight: Bill McKusky, 25

B Flight: Lowell Goltra, 33.

To join the league, call Dave LaCascia or Bill McKusky via the Golf Starter Shop. The requirement is that three rounds are played with League players to get a handicap. Rounds are played successively every Monday and Friday at David L. Baker, Meadowlark, Riverview, or Willowick golf courses.

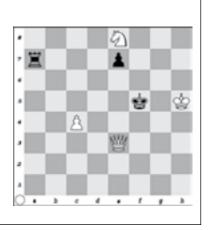
— Dave LaCascia

Chess Club Puzzle

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.

CHESS, page 21



www.lwsb.com

Religion 6

| July 18, 2019

MONDAY/FRIDAY GOLF

New, current residents invited to play on local courses

Many residents may not know about the Monday/Friday Golf Club that plays at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m. except holidays.

The courses are David Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowwick in Garden Grove.

All golfers are welcome, men, women, spouses and friends. Leisure World residency not required for membership.

Play is with a handicap system, A flight, 0/20 handicap and B

h. Recreation Committee

13. Board Member Comments

14. Next Meeting/Adjournment

AGENDA

from page 5

12. Staff Reports

SCORES

from page 20

HHUG collecting items for homeless

donates clean used towels and washcloths, new disposable razors,

toothbrushes, travel size shampoos, lotions, bath soaps and toothpaste

to the Long Beach Multi-Service Center that provides a variety of

If you have any of these items to donate, call Susan Hopewell at

i. Adopt 70-1433-1, Trust Property Locker Rules and Regula-

i. Amend 50-5145-3, Security, Bus & Traffic Committee Charter

ii. Approve Request to Seal Beach Police Department for Traffic

Next regular GRF Board of Directors meeting, Tuesday,

August 27, 10:00 a.m., Clubhouse Four

Saturday Social Bunco winners July 13: Most buncos, Mary

Milhone. Most wins, Kathy Russell. Most babies, Doris Dack. Most

loses, tie, Bobbie Straley and Kathy Rose. Door prize, Sue McBride.

The Saturday Social Bunco's next meeting will is on Saturday, July

27, in Clubhouse 3, Room 1 at noon. Sign-ups begin at 1 p.m. Due

to the demand for tables, a 1:30 arrival is advised. Play begins at 2

p.m. The club meets the second and fourth Saturdays of the month

in Clubhouse 3 lobby. For more information, call Doris Dack, (714)

Fun Time Pinochle Club winners July 15: Peg Kaspar, 11,540; Marilyn

Allred, 11,390; Gracie Finnegan, 11,390; Charlotte Westcott, 10,750;

Amy Kasuyama, 10,330. The club meets from noon-4 p.m. Mondays

in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

430-6044 or Linda Neer at 430-3214 for pick up or leave on porch,

Mutual 6, 1320 Mayfield Road, 62-A or Mutual 2, 1503 Merion Way,

iii. Amend 70-5135-3, Recreation Committee Charter

services to homeless men, women and families in the community.

HHUG makes two deliveries every month.

ii. Amend 70-1422-3, Marquee Usage

i. Director of Finance's Report - Ms. Miller

ii. Executive Director's Report - Mr. Ankeny

i. Security, Bus & Traffic Committee

Enforcement on Trust Property

Hearts and Hand United in Giving (HHUG), a local non-profit,

flight, 21/36 handicap.

Community 14

There is a \$7 annual fee for both Monday and Friday to cover

There is a \$7 prize pool for each round, players are not obligated to enter. Prizes for firstfifth in each flight; two prizes for closest to the pin on par threes and a prize for the lowest putts.

If Interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.

Results for July 12, Riverview: "A" Flight

First - Fujio Norihiro, 65, bird,

had two birdies each.

Yoon, 31; low net, Anne Walshe, 25; birdies/hole: Young Yoon, No's. 7 and 8.

Kim, 31; low net: Sue Yokomi,

Aranas, 36; low net: Bertha Barragan, 24; birdie/hole: Jeanne Aranas, No. 2.

—Dale Quinn

CHESS from page 20

Solution to this week's puzzle: Qd4

The white Queen moves from e3 to d4. Any answer by black, the

NIKKEI

More information will be

closest, 9

Second - Paul Cose, 66 Third - Gary Stivers, 68 Fourth, tie, Bill McKusky, 69, bird, and Bruce Anderson, 69, two birds, tie putts "B" Flight

First - Bob Munn, 64, bird Second - Jim Dickerson, 67,

WOMEN'S GOLF

Kim and Yoon had 2 birdies

Forty-eight members of the Woman's Golf Club played for low gross, low net and birdies last week. There were 10 players who landed birdies in this week's tournament. Two of the players

The flight winners were:

Flight A—Low gross: Devora Kim, 25; low net, Susie Kim, 21; birdies/hole: Devora Kim, No's. 1 and 4; Soo Choi and Yvonne Yim, No. 2; Janice Turner and Susie Kim, No. 3; Hae Lee, No. 7; and Marilyn Hewitt, No. 8.

Flight B—Low gross: Young

Flight C—Low gross; Soo 22; birdie/hole: Soo Kim, No. 7.

Flight D—Low gross: Jeanne

white's next move is check mate.

from page 18

will be attending as early as possible, so that plenty of barbecued meat can be ordered. Contact Michi Kimura, mwkimura@ gmail.com, (714) 317-1102; Sherie Vanek, nobukova2@gmail. com, 296-8074; or Sybil Tanabe, lokilani8@yahoo.com, (714) 496-

forthcoming soon.



Lillian Kennedy helps Scott Davies of Mutual 7 and Jae Moon Suh (rear) of Mutual 7 register their Ralph's cards to support the Golden Age Foundation.

Sign up for Ralph's Rewards program to help Golden Age Foundation

The GAF Hospitality Center in Clubhouse 6 is a hub of activity, with residents coming in for coffee and conversation. In addition to enjoying refreshment, people can also sign up for the Ralph's Rewards program, which will benefit the Golden Age Foundation.

Golden Age Foundation board member Lillian Kennedy is in Clubhouse 6 every Tuesday to help people join the GAF fund raising effort. She began her Tuesday sign-up days on Nov. 6, 2018, and has helped over 160 people channel funds to the GAF by simply using their Ralph's Rewards cards when shopping at the store.

The sign-up program will continue until the end of 2019, with the goal of registering 500 people. There are 356 how.

Shareholders are welcome to visit Hospitality Center on Tuesday to have a cup of coffee and see Lillian.

The Golden Age Foundation (GAF) is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World a better and happier place.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., delivers prepared meals to homebound and active Leisure World shareholders. The \$8.25 fee pays for a hot dinner and lunch. Meals are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www.mowlb. org or call Caron Adler at 433-0232.

Monday, July 22: Turkey a la King, seasoned oven-browned potatoes, green beans with herbs, fresh banana, tuna salad sandwich with lettuce and tomato, cucumber, carrot and pineapple salad

Tuesday, July 23: Beef lasagna, wheat dinner roll, broccoli and cauliflower, yogurt with mango and strawberries, Greek chicken salad, tomato, olives, cucumber, feta cheese, vinaigrette dressing

Wednesday, July 24: Chicken cheddar mac casserole, lima beans, mixed veggies, cantaloupe chunks, ham and cheese sandwich with lettuce, tomato, and pickle, beet salad with onions

Thursday, July 25: Pork loin with brown gravy, barley and mushroom pilaf, succotash, fresh orange, chicken salad sandwich with lettuce and tomato, German potato salad

Friday, July 26: Beef teriyaki, steamed brown rice, oriental vegetables, fresh peach, entrée pasta and veggie salad with broccoli, cucumbers, cherry tomatoes, black olives, red onions, feta cheese

For your information:

Resident names are deleted from the LW Community Guide after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW will be deleted unless a form with the new address is submitted to LW Weekly.

Residents who think they know a name that should be removed may notify The News.

Names are not automatically placed in the phone book. To be included shareholders must submit telephone book information to LW Weekly in writing.

Come in and see Mike and Mike Where Service means something. Seal Beach Chevron

-Bert Sellers

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LWWeekly

22

July 18, 2019 | www.lwsb.com

Puzzles & Comics

Answers on page 22

Health 8

Gasoline Alley By Jim Scancarelli Well, Opinal All wave got to - ಕಾರ್ಯ ಕರ್ಷಕ್ಕೆ ವಿಭಾಕ ಅಗುವ - ಕಾರ್ಯಕ್ಕೆ ಕಾರ್ಯಕ್ಕೆ ಕಾರ್ಯಕ್ಕೆ ಕಾರ್ಯಕ್ಕೆ Npadil. hats your problem The lease reads. As is: o sevict the present เมือก เทือ ตั้ง อกเงส์กลั ลา<u>ต</u> dianes! ತತ without trage? DINE)

Broom-Hilda By Russell Myers THEY RE ALL HERS. SEPARATE TICKETS MAKE HER FEEL LIKE LESS OF - 0 CHEESEBURGER, CHEESEBURGER, CHEESEBURGER, A GLUTTON. CHEESEBURGER CHEESEBURGER. Ø አመርተራብ **ነ**ላይ عتتك and the same of

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By Raph Dunagin & Dana Summers



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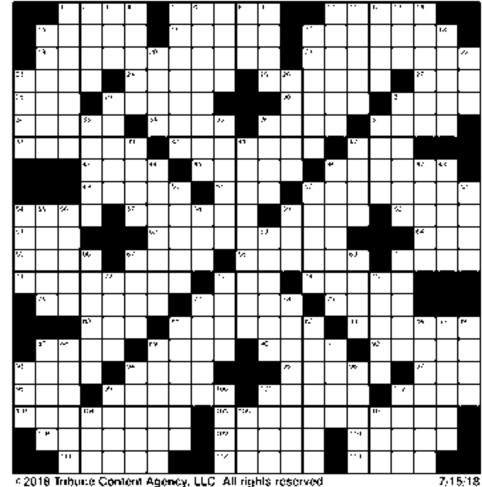
Edited by Linda and Charles Preston

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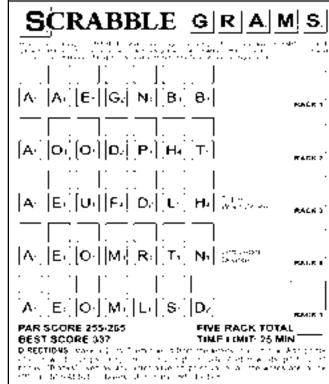
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9 To 5 By Harley Schwadron

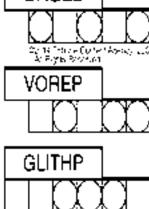


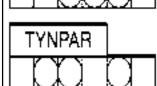
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THAT SCHAMBLED WORD GAME

Unstramble these four disorbles. one letter to each square. to form four ordinary words. DAGEL





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by David L. Hoyt and Jelf Knorek

Now arrange the droad legals. to form the surprise answer, as suggested by the above cardoon.







23

July 18, 2019

LWWeekly

SB Spiritual Living Center

"Living Between Two Worlds," by Joel Goldsmith, will be the book study offered from 1-3 p.m. on Fridays, July 12 and Aug. 2, at the Seal Beach Center for Spiritual Living, 500 Marina Drive,

Topics examined will include how to live a spiritual life without retreating from the world of human experience. The book study is free.

An offering will be taken.

Sunday services are offered at 9 and 11 a.m. All faith traditions are honored and welcomed.

For more information on upcoming classes, workshops and events, visit www. SBCSL.org or call the office at 598-3325.

Rock Church

The Rock Church, Seal Beach campus, welcomes everyone to weekly services at Marina Community Center, 151 Marina Drive,

Sunday services are in English at 9 and 11:15 a.m. and in Spanish at 1:45 p.m. People can listen to Sunday's message for free by going to www.gototheorck.com. Select Seal Beach campus and click the podcast. For more information call (714)562-8233.

—Doris Sandrick

BAPTIST from page 6

book of Romans 7:14-25.

The prayer room is open following the morning service.

The Women's Christian Fellowship and Bible Study meets at 10 a.m. on Monday, July 22, in Clubhouse 3, Room 6.

The Energizers gather for a midweek study in Clubhouse 3, Room 1 at 3 p.m. For more information, call 430-2920.

FCA from page 7

Faith Fellowship Time is at 11 a.m. on Tuesdays in the Garden Room. A midweek Bible study is taught by Pastor Sheri Leming at 11 a.m. on Wednesdays in the Garden Room. GriefShare meets Fridays at 2 p.m.

For more information, call 598-9010.

REDEEMER

from page 6

Chris Moore will read the Scriptures and Prayers of the People will be led by Carol Costello. Barbara Dykman leads the greeting team, and Maria Swift is usher.

www.lwsb.com

The Book of Romans is the focus for weekly Wednesday Bible class meets on July 24 in the Fellowship Hall from 10:30-11:30 a.m. also under the leadership of Pastor Lynda Elmer.

Care for people who are caregivers continues through the Respite Center program that meets on Monday, Tuesdays and Thursdays. Call 596-1209 for information about registration.

For more information or questions, don't hesitate to call the church or visit www.redeemerlutheransealbeach.com.

ASSEMBLY

from page 6

offering will be taken.

Pastor Pat Pawlak will give the monthly missions report.

Pastor Sam leads a Bible study at 10 a.m. in Clubhouse 3, Room 7, from the book of Revelation. Each week new pages are distributed for the notebooks provided.

A men's breakfast will be hosted by Sam and Pat Pawlak in their home on Saturday, July 27, at 8 a.m.

The last one was a rousing success with lots of good food prepared by Pastor Sam and a marvelous time of sharing.

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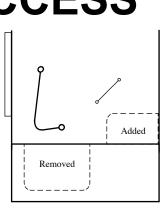
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Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide that was recently delivered to all LW units.

Monday, July 22: Pulled pork barbecue sandwich on whole wheat bun, coleslaw, cantaloupe

Tuesday, July 23: Tortilla soup with crackers, Mexican chicken bowl (rice, corn, black beans, chopped romaine, diced tomatoes, shredded cheese, tortilla strips and cilantro lime dressing), banana

Wednesday, July 24: Savory tomato braised tilapia, barley mango salad, peas and carrots, Ambrosia

Thursday, July 25: Chicken pineapple curry with bell peppers,

onion and carrots, brown rice, tomato and zucchini salad, peach crisp Friday, July 26: Greek quinoa salad with cucumbers, tomatoes and vinaigrette with feta cheese; whole wheat dinner roll, orange pineapple juice, sugar-free cake with whipped topping

BEACH from page 14

best towns were San Clemente at 18, Seal Beach at 25, and Dana

When it comes to the questions of affordability, weather, safety, economy, education and health and quality of life, all Orange County towns ranked high in the economy and education categories, middle of the road in the areas of weather and safety, but lower in the categories of affordability.

Puzzle Answers

Puzzle page 26

SCRABBLE G R A M. S. SOLUTION [B) [E] [A] [N] [B) [A- [G) RACK 1 • 62 O. P. T. O. A. |D.| H. E. A. D. F. U. L. каска- 92 OF NO EN AN ROMA 60 D. A. M. O. S. E. L. 60 TOTAL 337 PAR SCORE 255-265

Crossword Answers



Sudoku Answers

6	5	7	3	9	8	2	4	_1]
1	9	3	4	5	2	6	7	8
8	4	2	6	7	1	9	3	5
2	3	4	9	8	6	5	1	7
9	7	6	1	4	5	8	2	3
5	8	1	2	3	7	4	6	9
3	2	8	7	6	9	т	5	4
4	1	9	5	2	3	7	8	6
7	6	5	8	1	4	3	9	2

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers are filled for you. correctly is when an G1 object contain manager than 64 object is the course of Sudoku, some blocks will be pre-filled for you. You cannot change the bers in the course of the game.

• Each column must contain all of the numbers 1 through 9 and no two numbers in the same co

- American must contain all of the numbers 1 through 9 and no two numbers in the same row of a Su puzzle can be the same.

• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same. ontain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku

Jumble Answers

Jumbles: GLADE PROVE PLIGH1 PANIHY The couldn't wait to propose to his girlinend in person so be - GAVE HER ARING

<u>Classifieds</u>

ANNOUNCEMENTS PERSONAL

Obituary 18

SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 08/15

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SBA0003. 07/25

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July 18, 2019

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LW Weekly

<u>Classifieds</u>

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Obituary 18

Estate Sale - 1541 Northwood Road, Apt. 273-K, Mutual 11. July 18, 19, 9:00 a.m. - 2:00 p.m. Sofa arm chairs, nesting table, dining tables, matching bedroom sets, small freezer, ladies bicycle, ladder, full kitchenwares, ladies clothing, fashion jewelry, wheelchair, jazzy mobility chair. Glinda Davis 714-943-1818. Seal Beach License GDD0001. 13101 Nassau Dr., Seal Beach, CA 90740. See pictures at https://www.flickr. com/photos/120349245@N07/ albums

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Quality Wesley Allen dark grey iron trundle bed w/one new mattress. \$170 OBO, was \$1,800. Call 562-

Dining table 40-inch round, 2 drop leafs, 4 padded chairs. \$100. 702-496-0106. 07/18

2 Retro Royal Blue Metal Bar Stools, Great Condition, \$25 each. Wood Picnic Table Pine, 6 ft, with benches attached, never used, \$50. Women's Huffy Bicycle, 24", Cranbrook, Black and Pink Whitewalls, Never used, \$50. 1 Whole Room Circulating 10" Vornado Black Fan \$20. 714-469-7519.

Raleigh sport bike. Like new. 562-493-1296. 07/18

FREE ITEMS

Free 5-drawer dresser. Mutual 1. 951-587-1947.



Read the paper online! www.lwsb.com/newspaper

> Security (562) 594-4754

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Announcements Cards of Thanks Lost & Found Personals

HOME IMPROVEMENT

Additions & Remodeling Air Conditioning & Heating Cabinet Refinishing Carpentry Carpeting & Flooring Sales & Install Ceramic Tile Electrical Installation & Repair Handyman Home Decorating Income Tax Prep Landscaping & Gardening Painting Screens Sales, Service &

Shower Enclosures/Mirror Doors Skylights Sales & Installation Upholstery & Carpet Cleaning Wallpaper Sales & Hanging Window Sales & Installation Window Coverings Sales &

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Install

Installation

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Want to Buy Estate/Moving/Patio/Carport Miscellaneous for Sale

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Sale

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L.W. Apts. - for Sale



C. Susie Allen (562) 338-3833

Leisure World Resident DRE 01397720

Mutual 2 60B

New Improved Price!

Fully expanded on large greenbelt Laminate flooring, Central Air, Plantation Shutters, Canvas Awnings Walk-in Closet, Dishwasher, Microwave. Dining area



NOW \$200,000 Mutual 2, 10H



Great new price! White Bamboo wood floor Double paned windows Gated patio and shades for privacy. 4 Skylights

Mutual 6, 129D NOW \$318,000

Improved Price! 2 Bed 1 Bath This beautiful home features a

modern design & open concept A must see! Live near the beach in this affordable 55 Asort style community of Leisure World. This one has all new never used stainless steel appliances. Large Tile patio too! There is just so much to list it all. Call for info





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Religion 6

July 18, 2019 | www.lwsb.com



Shapiro

Resales Specialist Mut. 17 Resident

Traveling Notary 562-**208-5223**

New Listing Basic 1 BDR on a nice Greenbelt. Cut-down shower, skylights, fresh paint. Mutual 3, 7C \$135,000

PRICE REDUCED

Beautifully expanded and updated corner with drive-up convenience, large patio, new kitchen, Wood flooring, washer/dryer and more

Mutual 6, 56L \$340,000

REDUCED

Fully Expanded corner on a lovely greenbelt, Central A/C heat, skylights, built-in dishwasher & microwave, double pane windows fresh paint.

Mutual 9, 208L \$279,000

PRICE REDUCED

Fully expanded, drive-up Corner, beautiful built-ins, Plantation shutters, A/C Heat Pump. Built-in Microwave and dishwasher.

Mutual 10, 256G \$279,000

REDUCED MOVE-IN READY

2 BDR/1 1/2 bath, fully expanded corner drive up, washer/ dryer, dishwasher & more Mutual 2, 19F \$355,000

PRICE REDUCTION

Basic Corner, Beautiful Greenbelt, Skylights, A/C Heat Pump, New Paint, New Laminate Flooring Mutual 9, 219F \$175,000

New Listing Partial expansion Move on early, lose to arking and learnery. Laminate flooring, fresh paint in the foreign fresh paint in the fresh storage

PRICE REDUCTION Partially Expanded 1 BDR/17 Bath Partially Expanded 1 BDR/17 Bath Mutual 11, 276i \$145,000

Mutual 11, 282B

\$225,000

BEST BUY 2 BDR, 1 Bath Pasis Drive up, faving West. Very Private Mutual 4. 52B \$165,000

2019 ESCROWS Mut. 17, 93S \$369,000 Mut. 11, 284D \$187,000 \$195,000 Mut. 9, 225F Mut. 3, 291 \$145,000 Mut. 9, 231E \$175,000 Mut. 15, 1G \$265,000 \$145,000 Mut. 2, 57C Mut. 9, 210H \$189,000 Mut. 5, 103K \$225,000 Mut. 11 267H \$179,000 \$220,000 Mut. 8, 183E \$369,000 Mut. 17, 93A

Mut. 11, 284D

I SOLD 26 in 2018 I SOLD 34 in 2017 I SOLD 47 in 2016 I SOLD 36 in 2015 I SOLD 35 in 2014 I SOLD 60 in 2013 I SOLD 42 in 2012

\$189,000

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Community 14



Mutual 1 - 37L Annandale 2Bd/1Ba Expanded Corner Unit So-East Facing on Greenbelt Super Bright, Laminate Floors Skylights, CLEAN, steps to Laundry. **GREAT PRICE! \$214,900**



Mutual 4 - 47h Knollwood 2Bd/2Ba - Brand New Remodel Chef Style Kitchen; Skylights, Lots of Storage; W/D, Dual Pane Windows, Pantry, Wood Floors Stunning! Tons of Details \$413,990



Mutual 10 – 260c Interlachen 1Bd/1Ba Clean w/Upgrades



Mutual 14 – 3i St. Andrews 2Bd/2Ba Expanded/Upgraded



Mutual 11 – 265G Interlachen Expanded Corner faces greenbelt, Granite Counters, New Paint, Central Air/Heat, Dual Sinks, Skylight



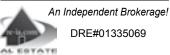
Mutual 14 - 20e Sunningdale 2Bd/1Ba - So. Facing Extended, Best View of Golf Course, Central A/C, Dual Pane Windows-Location, Location for \$413,900



Mutual 12 - 36c Del Monte

COMING SOON

2Bd/1Ba Darling Unit!









2Bd/1Ba corner, SW Facing



www.teamdonnajean.com





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Notary Available

596-8656

New Listing Mutual 9, 232K \$185,000 Cute 1-bed partial expansion. heat pump, close to carport.

Move right in.



New Listing Mutual 15, 1-D \$265,000 2-bedroom, 1-3/4 baths, expanded with small patio



Mutual 5, 123-F \$305,000 2-BD expanded corner, 1-1/2 baths. Freshly painted.



Mutual 1, 54H \$192,500 Beautiful expanded,

1-bedroom, washer/dryer, fresh paint, central heat/AC, dishwasher, built-in microwave, skylight in bath, dualpane windows, wood shutters

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NEW M9, 208L Fully expanded corner on the green \$279,000 M4, 52B Fixer, drive-up 2-BDR/1-bath \$165,000 - IN ESCROW M11, 276I Partial expansion, 1-BDR, double-paned windows, A/C heat pump, Priced to sell \$145,000 - IN ESCROW M2, 19F Full expansion, 2-BDR, 1-1/2 baths, dishwasher

W/D, All new appliances. \$355,000 M9, 210H 2-BDR/1-Bath. Move-in ready \$189,000

M6, 56L - Updated expanded corner, extra patio. \$340,000 M10, 256G Fully Expanded, Drive-up, AC/heat pump \$279,000

Joanie:

Erika:

M10, 242I 1 bedroom 1 bath, front porch, skylights, new paint - ESCROW - SOLD IN 5 DAYS

M6 133I 2-BDR, 1-Bath, Expanded, Private Side Patio. \$210,000 - SOLD

M11 275G 2 Bedroom, 1 Bath, Drive up Corner, Expanded with Front Porch —SOLD IN 1 DAY **COMING SOON**

M8 2 Bedroom 2 Full Baths, Fabulous Kitchen, Bathrooms and more, Massive Greenbelt M6 2 Bedroom 1 Bath, Expanded with Front Porch,

Central Heat and Air Conditioning

M5 2 Bedroom 2 Bath, Corner, Fabulous Greenbelt, Fully Expanded with Side Patio, Lots and lots of Guest Parking Gourmet Kitchen, call me!

Call Joanie for Preview 714-308-8034

Helen Blizzard:

New Listing M7,157G Central Park 3 BR/1 bath (Yes, 3 bedroom) Expanded corner on beautiful green is a rare

M5, 124B 2 BR, 1 bath, loaded with upgrades. Side patio enclosed adds extra room. New heat pump \$238,500 Coming Soon 1 bedroom/1 Bath, Basic, Very Private

Hank:

NEW M2, 44G - Corner, 2-bath, 2-bedroom. Only \$249,000 M4 - 44G Fully Expanded 2 Bedroom. Gorgeous unit. Best buy at \$399,000

M14 - 18G Most complete corner. 2-BDR/2-bath, dishwasher, A.C., washer/dryer and more. Now Reduced \$489,000 M14 - 18G Walk to golf course/private office in second bedroom. Drive-up parking, double-pane windows. Coming Soon M16 51-B fully expanded 1-bedroo,, 1-bath \$167,000



bamboo floors. Gorgeous.

Mutual 14, 18G

FULLY EXPANDED

2 bedroom, 2 bath Corner! PRICE REDUCED, REDUCED,

A.C., microwave, washer/dryer,

Carl Kennedy

M14 (661) 810-9410



Call Hank

Mutual 4,44G

\$397,000



Joanie - M6

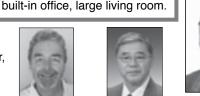
Erika — M17

(562) 598-7616

Yong Pyon — M1 (310) 658-0379



Helen Blizzard M14 (562) 896-1191



Young Ro - M7 (714) 504-2541



Mr. Hank (562) 743-8473

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Barbara Diette-Dobias

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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)





Mutual 7-172-B \$259,000



Mutual 5-98-H \$169,000



Mutual 16-53-K \$157,000



Mutual 2-1-B \$209,750



Mutual 11-268-K \$389,000 HUGE OPEN CONCEPT... Take a look at this FABULOUS unit ready for you to call home! Completely remodeled with kitchen in front with window over the sink. Huge living area, large master bedroom 2 bedrooms, 1.5 baths, central heat/air, sideby-side washer/dryer, drive-up, close carport, spa tub and so much more! Call us to see - you will be glad you did!!



Mutual 8-205-B \$217,000 SOUTH FACING 2-bedroom, 1 bath, has expanded living room and bedroom with reinforced oak wood flooring. Master bedroom has large walk-in closet. Plus, dishwasher, skylight, heat pump, private front yard, private tiled patio with a skylight and parking directly across from unit. Must see!



Mutual 15-23-R \$364,900 STUNNING REMODEL! Your chance to own this beautiful, completely re-modeled 2 bed - 2 bath up-stairs unit with absolutely everything - including, a view of a green!! Don't hesitate, call us today!!





Mutual 1-19-C NEW LISTING ... Basic one bedroom on a pretty relaxing green! Raised walls, new paint, cut-down shower, tiled patio, skylights and a heat-pump!! Be sure to check this one out!!



Mutual 16-54-B \$142,000 NEW LISTING ... Gorgeous Forever View! One Bed, One Bath Basic unit with a mirrored kitchen backsplash, kitchen and bath skylights, a cut down shower, covered patio - perfect for enjoying the beautiful greenbelt setting.

PENDING

Mutual 12-62-K \$214,000



Mutual 9-218-F \$418,000 FABULOUS UNIT AND PRICE if you want a ONE-OF-A-KIND home. This beauty has 2 bedrooms, 2 baths, a gourmet kitchen, inside laundry, central heat/ air, tile floors, fresh paint, plenty of street parking and so much more. Drive -up parking.



Mutual 6-140-L \$309,750



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BRE 00338699 Two-Bedrooms



Jim Duncan Broker/Manager





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Seal Beach, CA 90740

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Philip Bak

Mutual 2 10H Mutual 8 205B Mutual 3 34B Mutual 3 35B Mutual 6 137C Mutual 5 124L Mutual 2 60B

Mutual 9 235E **Mutual 10 241G** Mutual 6 137A Mutual 1 37G

Mutual 9 237G Mutual 15 28G

Mutual 1 2F

Susie Allen (562) **594-0515**



Barbara Diette-Dobias Robin Gray







Mutual 9 218F

Mutual 9 222A

Mutual 2 60G

Mutual 1 38G

Mutual 10 250A



Kathy Gupton Gloria Hadley Edwina DiMario Vickie Van Ert Mary Chittick





Diana Flores



Claudette "CC" Cooley



Mutual 5 110J Mutual 15 40B

Mutual 5 96G Mutual 12 71K

Mutual 6 128G Mutual 5 110H

\$349,000

\$200,000 New windows, 2 large skylights, white bamboo wood floors **\$217,000 Expanded master,** oak flooring, solar tube, driveup **\$219,000** Washer/dryer, full expan., dual pane, drive-up **\$258,000** Full expan., washer/dryer,m faces south, lam. floors **\$268,000** High side expan., washer/dryer, faces south \$275,000 Full expan., corner, drive up, lam. floors **\$279,000** Full expan., central air, plantation shutters, greenbelt **\$289,000** Full expan., 3 skylights, 2 heat pumps, new paint, greenbelt \$295,000 <u>Btfl. full expansion</u>, corner, cent. air, bay window \$298,000 Corner, washer/dryer, cent. air, faces south **\$299,000** Full expan., cent. air. newer carpet, greenbelt, dishwasher

\$325,000 Btfl. remodel, skylights, a must see **\$329,000 Atrium,** cent.air, dual pane, lam. floors make offer **\$334,900** Expaned corner, washer/dryer, lam. flooring, greenbelt **\$335,000** Full expan., washer/dryer, newer cabinets, newer floors, new paint Btfl. expan., washer/dryer, extra large skylight, smooth ceilings \$359,000 <u>Washer/dryer</u>, dual pane, bay window, Corian counters

Mutual 7 151B Mutual 16 54B \$142,000 Mutual 1 42J \$150,000 Mutual 9 212K \$154,700 Mutual 19D \$157,500 \$157,500 Mutual 155B Mutual 19B \$158,000 \$159,500 Mutual 1 15E Mutual 9 212H \$160,000

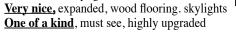
Mutual 1 23D \$169,000 Mutual 9 226D \$195,000

Mutual 11 268 K \$395,000 Complete remodel, washer/dryer, dual pane **\$428,000** One of a kind, 2 bathrooms, washer/dryer, private location **\$439,000** New remod. corner, large custom kit., 2 3/4 baths, washer/dryer **\$495,000** Full expansion, 2 baths, washer/dryer, dual pane window \$495,000 <u>1-3/4 baths</u>, washer/dryer, fabulous kit., cent. air, special \$539,000 <u>1-3/4 baths</u>, washer/dryer, cent. air, great location **One-Bedrooms**



Move-in condition, newer counters, paint, lam. floors **Great price**, move in condition, large patio, skylight Lam. floors, nice patio, shows well **Cute**, faces west, step in shower, heat pump Move in cond., skylights, lam. floors, bright Skylights that open, cut down shower, newer heat pump, verticles **Lam. floors,** dual pane windows, flared skylight kitchen Mutual 10 247H \$169,000 **<u>Light and bright</u>**, new paint, new flooring, new cabinets, skylight

Huge green, cut-down shower, skylights





Adrian Villarreal



Leah Perrotti Jay Cho





Estee Edwards Conrad Rodriquez

\$389,000 Atrium, 2 baths, cent. air, remodeled

\$389,000 <u>Hardwood floors</u>, new heat pump, faces south

\$398,000 2 baths, washer/dryer, cent. air, large greenbelt



Rosie Wang Davis



Tim Kearns



Jong Kim



Paul Kim



Chris Kim

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Associate Broker

Kathy & Gloria Gupton & Hadley

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Mutual 6, 128G \$339,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in



Mutual 5, 124L \$265,000

Immaculate fully expanded corner 2 bedroom 1 bath with drive-up, leaded glass entry. Kitchen has newer painted cabinets, built-in appliances and skylight. Spacious living area with bay window with seating, area for dining with chandelier, and finished inside storage area. Master bedroom has walk-in closet, ceiling fan, second bedroom has wall air conditioning. Bathroom with skylight, newer painted cabinets, cut-down shower. Unit also has newer carpet in living area and bedrooms, laminate flooring in kitchen and bathroom, dual pane windows, heat pump. This home is bright and cheery just waiting for you to move in.



Mutual 9, 237G \$349,000

Beautifully expanded corner featuring spacious corner living room with bay window and formal dining room. White kitchen has tile counters, builtin appliances including dishwasher and microwave, extra large skylight, breakfast bar with added cabinet space and added pantry. Master bedroom has bay window and walkin closet. Master bath has refinished shower and cultured marble counters. Second bedroom has half bath. mirrored closet and washer/dryer. This lovely home has double-paned windows, plantation shutters, smooth ceilings, heat pump, laminate flooring throughout. It has been recently painted and is light, bright and ready to move in.



Mutual 15, 28G \$389,000

Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, freestanding electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.



Mutual 2, 63D \$188,000

Charming 2 Bedroom 1 Bathroom Cottage in private location. Living room has double pane windows, leaded glass entry door and retractable screen. Kitchen has built-in appliances with new LW white stove and oven and Solatube. Kitchen, bath and hallway have ceramic tile flooring. Bathroom has Solatube and walk-in shower. Master bedroom has laminate flooring and double pane windows. Living room and bedrooms have laminate tioors. Large private wrap-around patio has ceramic tile floor and walk-in storage cabinet. This home has been newly painted and is light, bright, ready to move in.



Mutual 1, 37G \$249,000

Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.

NEW LISTING



Mutual 1, 44B \$179,000

Charming 1-Bedroom, 1-Bath expanded cottage features spacious expanded living room with space for dining area, office space, additional sitting area, and wall air conditioning. Living room also has lovely leaded glass door with retractable screen, and double-pane windows with shores and tie book drapprise. with sheers and tie back draperies. Kitchen has white cabinets, built in Kitchen has write capitlets, built in Leisure World appliances, added dishwasher, under counter lighting, and ceiling fan. Bedroom has two closets with sliding glass wardrobe doors. Living room and bedroom have carpeting and bathroom and kitchen have vinyl flooring. This lovely fully expanded home has outside storage closet, overlooks a lovely greenbelt, has close drive-up parking and is near downtown LW.



Mutual 1, 9B \$148,000

Charming 1 Bedroom 1 Bathroom Cottage. White Kitchen has operable. Skylight and built-in Leisure World appliances. Bathroom has cut-down shower, High-boy toilet, and skylight. This lovely home also features living room blinds, Laminate flooring through-out with open view. Private patio has walk-in storage Cabinet. This home is light, bright, cheerful, and is in move in condition. Convenient location near front gate and is walking distance to pool, Jacuzzi, Gym, Amphitheater and shopping center.



Mutual 10, 247H \$169,000

Charming 1 bedroom 1 bath cottage with nice patio and large storage closet. Open living room with heat pump. Kitchen has newly painted white cabinets, built-in appliances, including dishwasher, skylight and ceiling fan. Bathroom also has skylight and newly painted cabinets. Entire units has been newly painted, newer laminate flooring and vertical blinds throughout. This light bright clean unit is in move-in-condition.



Mutual 15 40B \$299,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight that brings in abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with beautiful glass doors. Master bedroom and second bedroom both have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom



Mutual 12, 37H \$375,000

Extremely nice corner 2 bedroom 2 bath, fully expanded on greenbelt. Leaded glass entry door and large inside storage. Custom kitchen with wood cabinets, built-in appliances, Corian counters and skylight. Walk-in closets in bedrooms. Cut-down showers and skylights in baths. Laminate flooring in kitchen and master bath, tile in second bath, carpet in bedrooms and living room. Central heat and air conditioning, dual-pane windows, custom shutters and plenty of extra storage.



Mutual 9, 222A \$439,900

Elegant, all new construction, corner, 2 bedroom, 2 bath home. Custom kitchen has new custom cabinetry, built-in stainless steel appliances including a freestanding range, dishwasher, microwave, breakfast bar with extra storage and an extra large skylight. Two 3/4 baths, walk-in custom tile showers, double sinks and skylight. Second bath has a Solatube. Bedrooms have mirrored wardrobe sliding doors. This home also features laminate floors, recessed lighting, central air/heat, double-pane windows, washer/dryer, two outside storage closets and a lovely wrap around tile patio.



Mutual 5, 96G \$334,900

Lovely 2 bedroom I bath comer unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



Mutual 1, 42J \$150,000

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 10, 250A \$495,000

Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Fabulous kitchen with larger island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/ dryer. Second bedroom has French doors to side greenbelt, second 3/4bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must

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Sylvester Chumley Realtor®



Maryann Shaddow Realtor®



Marsha Gerber Realtor®



MUTUAL 2 - 36L \$ 264,000 Expanded two-bedroom unit; Easy access



MUTUAL 11 - 265L \$369,000 Fully expanded two-bedroom corner unit; Lovely green



MUTUAL 12 - 42L \$279,000 Fully expanded two-bedroom corner unit



MUTUAL 6 - 137I \$180,000 Great price on this 2 Bedroom basic unit



MUTUAL 15 - 23C \$275,000 Expd two-bedroom, two-bath corner unit; 1300 sq. ft.; Lots of room & Easy access



MUTUAL 12 - 8K \$190,000 Basic two-bedroom unit in central location



MUTUAL 2 - 30F \$499,000 Modern expansion; Has everything; Two baths, W/D



MUTUAL 2 - 29D \$499,000 Very different floor plan; Two baths; W/D, patios



MUTUAL 15-23L \$279,000 2 Bdrm; 2 Bath; Lovely Upstairs Unit w/ Washer/Dryer



MUTUAL 12 - 62E \$189,000 Two-bedroom basic unit in great location; Heat pump



MUTUAL 8 - 197F \$239,000 Fully Expanded, Twobedroom corner unit, lots of room



MUTUAL 8 - 2011 \$182,000 Basic two-bedroom unit: with wrap-around patio



MUTUAL 3 - 16I \$179,000 Partially expanded two-bedroom unit



MUTUAL 6 - 58E \$215,000 Two-bedroom unit; New carpeting and new paint; granite counter tops



MUTUAL 1 - 40L \$219,500 Expanded twobedroom corner unit; Great location; facing South. Very clean unit



MUTUAL 7 - 148J \$239,000 Steps to Central Park, Beautiful windows, Many updates



MUTUAL 1-11D \$175,000 One-bedroom unit; Close to large greenbelt



MUTUAL 10 - 257K \$279,000 2 Bdrm 1 Bath w/ W/D & Many Upgrades



MUTUAL 3 - 26L \$539,000 **Fabulous MODERN** expansion; Has everything! Two baths - Two baths; W/D; Easy WASHER/DRYER - A Must See!



\$479,000 Expanded twobedroom corner unit; access



\$480,000 Lovely fully expanded corner unit; Two bedrooms, two baths; Side patio as well! Great Mutual 14 location!



MUTUAL 1 – 67L \$199,900 Two-bedroom corner unit on lovely green







corner unit



MUTUAL 1 - 15A \$175,000 Corner unit with heat/air pump



MUTUAL 6 - 129B \$459,000 Fabulous Remodel, 2 Bed/2 Bath Washer/Dryer,



MUTUAL 15 - 46M \$265,000 Two bedrooms, Two baths, **Upstairs Unit;**



MUTUAL 2 - 10I \$299,500 Partially expd. two bedroom. remodeled kitchen,



MUTUAL 1 - 5G \$259,000 Partial expansion of two-bedroom corner; on great



\$259,000 Full expansion on nice greenbelt: Very clean unit



\$325,000 Partial expansion; small patio; Very nice spot



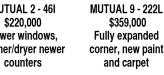
MUTUAL 6 - 141C \$379,900 Partial expansion; 2 Bedrooms, 2 Baths; W/D



MUTUAL 2 - 34B \$179,000 One bedroom enclosed patio on greenbelt



\$220,000 Newer windows, washer/dryer newer



\$359,000 **Fully expanded** corner, new paint and carpet

MUTUAL 3 - 25A \$375,000 Corner hi-side exp. 2 heat pumps, washer/dryer



MUTUAL 15 - 23K Upstairs unit with great view. faces west for breeze



\$269,000 Basic upstairs unit with enclosed patio, dishwasher



\$459,000 **Expanded corner** two baths; Bay

unit; Two bedrooms, unit with enclosed windows; remodeled kitchen; central air;



MUTUAL 7 - 176E \$219,000 Sunny & Bright two-bedroom



\$155,000 One-bedroom unit on large expansive greenbelt



in LW!







MUTUAL 1 - 64K \$158,500 One-bedroom basic unit; Nice central location



\$150,000

Easy access on

MUTUAL 3 - 23G \$499,000 One-bedroom unit; Remodel, Two Bedrooms; Two Baths; W/D; Bay Windows, Corner



Walking distance to

"downtown"

\$155,000 \$265,000 One-bedroom unit:



Fully expanded twobedroom corner; big

skylights; central

location



MUTUAL 6 - 53F \$299,000 Two-bedroom corner unit with expanded master bedroom and dining room;



\$160,000

One-bedroom

patio; On lovely

green

w/washer and dryer



MUTUAL 12 - 38H \$180,000 Cute two-bedroom downtown area, walk to everything



\$240,000

Two-bedroom unit

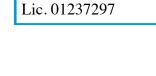
with expanded

bedroom

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I Have Buyers For Yours Too! - Call Me Today For A Free Market Evaluation!

1290 Northwood Road #161A - M7 - \$299,500



2 bedroom, 1 ½ bath, corner expanded unit. Laminate floors, smooth ceilings, two skylights, walk in closet. Close to parking and laundry.

1380 Weeburn Road #81A - M4 - \$318.500



Fully expanded 2 bedroom, 1 bath unit. Smooth ceilings, upgraded kitchen, cut down shower, washer/dryer, dual pane windows, plantation shutters, walk-in closet. Close to parking.

13681 St. Andrews #25D - M1 - \$204,500



Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

1120 Northwood Rd., #186L, - M8 \$269,000



Corner expanded unit with high side patio.
Plantation shutters, large skylights in both kitchen and bathroom, breakfast bar, heat pump.

1502 Merion Way #32F - M2- \$275,000



Fully expanded corner, 2 bedroom 1 bath unit. Smooth ceilings, dual pane windows, central AC/heat.

Dishwasher, walk in closet, bay windows. Unit located close to parking.

1330 Oakmont Road #144L - M6 - \$255,000



Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

13501 El Dorado #199D - M8 - \$170.000



2 bedroom, 1 bath with central A/C, dual pane windows, skylight, and a privacy shade on the patio.

1491 Interlachen Road #257F - M10 - \$324,900



Fully expanded corner location, 2 bdrm, 1 bath, central A/C and heat. Remodeled kitchen, granite countertops, smoothed ceilings throughout, dual pane windows, bay windows, washer/dryer.

13241 St. Andrews Road #152E - M7 - \$278,500



Expanded 2 bdrm, 1 ½ bth. Smoothed ceilings, central AC/heat, washer/dryer, newer kitchen and bthrm cabinets. Large oversized skylight in bthrm. Overlooking a little greenbelt and close to parking.

1781 Sunningdale Rd., #48L - M14 - \$404,900

COMING SOON!!!

Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.

7/16/2019 - Year To Date MLS Activity For Sale In Escrow Closed



I Have Access To The Total Inventory

On July 16th, 2019 a total of 163 units show as active listings on the CRMLS (this is where Realtors list property for sale).

35 - 1 bedrooms, 1 bath from \$129,000 to \$204,500

68 - 2 bedrooms, 1 bath from \$171,000 to \$430,000

60 - 2 bedrooms, 2 baths from \$240,000 to \$545,000

Please give me a call for detailed information on any of these properties!

Arts 10 Classifieds 26 Community 14 Government 5 Health 8 Obituary 18 Perspectives 4 Religion 6 Puzzles 22 Sports 21 Travel 19

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