

August 15, 2019

# LW Weekly

SPOTLIGHT on the ARTIST

Aug. 16 | 1-3 p.m. | Clubhouse 4 | Page 14

HEAR BETTER. LIVE BETTER.

SONUS hearing care professionals

(562) 469-5258

2999 Westminster Ave., Ste. 104

•FREE Hearing Consultation

•Most Insurances Accepted

•Most Major Brands

75 DAY RISK-FREE GUARANTEE



Low Cost Pet Clinic

Thursday, Aug. 29  
Community Church

See page 18 for story.

AMPHITHEATER SATURDAY



## Korean Night at the Amphitheater Aug. 24

Amphitheater Saturday Nights, which spotlights Leisure World entertainments clubs and groups, will have a Korean Night on Saturday, Aug. 24. The event will feature seven Korean-American clubs, hosted by the Korean-American Association. The show begins at 8 p.m. on the Amphitheater stage.

Last year's performances garnered much acclaim and provided a platform to learn more about Korean culture and Korean-American activities in Leisure World.

Participating clubs include the Korean American Chorale, the Men's Chorus, the Line Dance Club and the Joy Walk Club. Highlighted will be auto-harp players, a sing-along, a solo by Pastor Samuel Kim and traditional classic dancers.

Vendors and businesses will have give-aways for audience members starting at 7 p.m. Admission is free, and everyone is welcome. For more information, call Yong Pyon at (310) 658-0379.

GRF GOES GREEN

## Paper cups replace Styrofoam in offices

Americans throw away an estimated 25 billion Styrofoam cups every year, or about 82 cups per person.

Currently, less than 1 percent of all plastic foam is being recycled. That means the rest is either floating in lakes and oceans, filling landfills or cluttering green space.

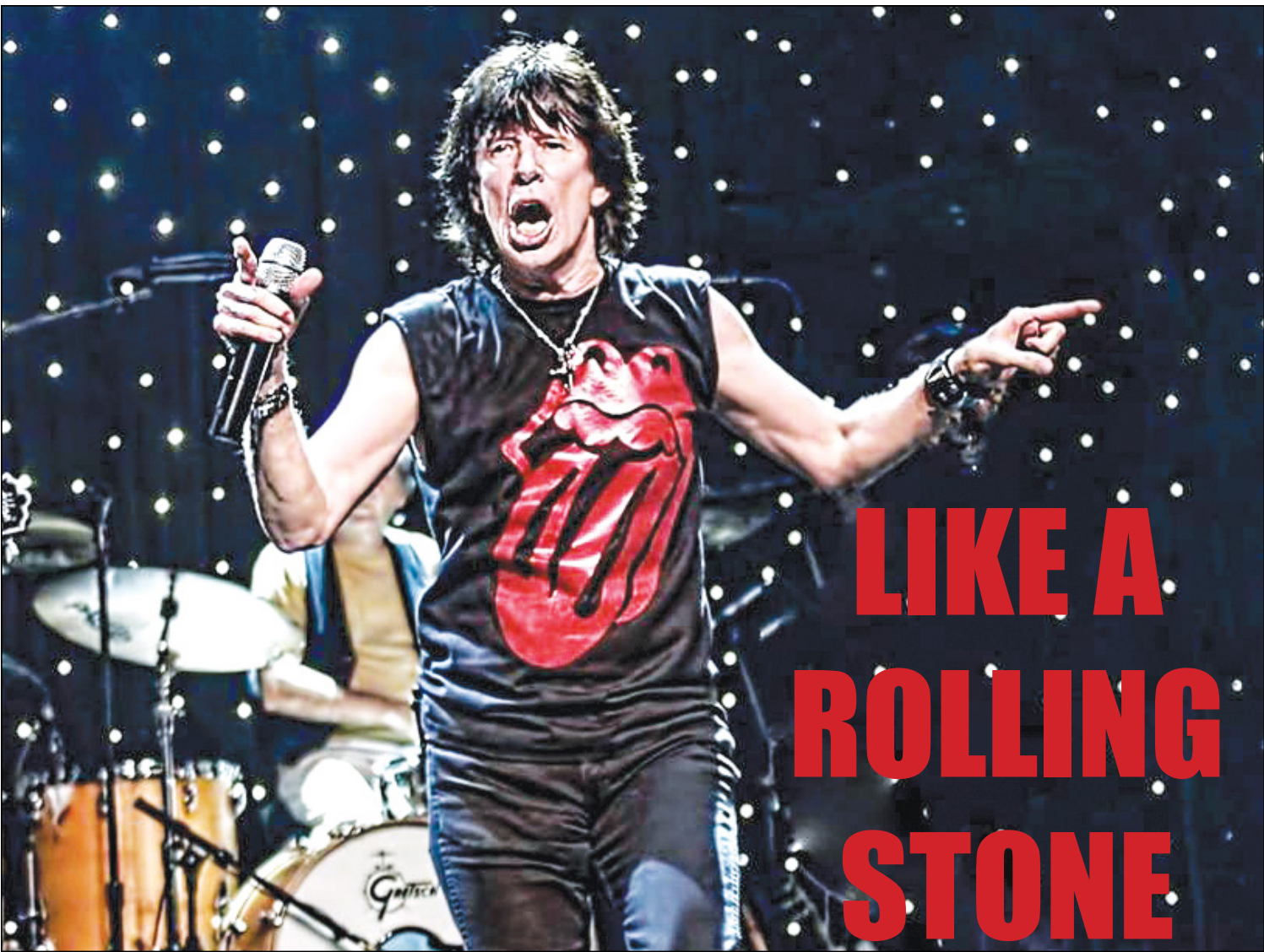
But the Golden Rain Foundation is doing its part to go green.

As of July 31, only paper coffee cups were ordered for GRF departments, according to GRF Purchasing Manager Julie Rodgers.

GRF offices may still be using up the last of their Styrofoam inventory, but soon all offices and GRF conference rooms will be stocked with environmentally friendly paper cups.

And that's a good thing.

**GREEN, page 10**



Mick Adams & the Stones

# Stones tribute is tonight at 8

**Mick Adams & the Stones:**  
*The World's Most Authentic Tribute to the Rolling Stones*  
8 p.m., Thursday, Aug. 15, Amphitheater  
Sponsors: CALMET Services, Miracle Ear, CartMart

Not only is Mick Adams a dead-ringer for Mick Jagger, but he also brings Mick Jagger's intense energy to each and every performance. Mick Adams and The Stones are endorsed by former Atlantic Records President Jerry Greenberg who said, "This band must be seen to be believed. It doesn't get any closer than this!"

Mick Adams perfectly emulates every move, look and nuance of Mick Jagger, who himself sent his personal assistant to a Mick

Adams and The Stones show to record Mick Adams and sent back a big thumbs up.

Among their numerous awards, Mick Adams and the Stones have been named one of the top ten tribute bands in the world by "Backstage Magazine."

The band has appeared on "The World's Greatest Tribute Bands," as the world's greatest tribute to The Rolling Stones twice with Mick Adams appearing on the show two additional times as the World's Greatest Mick Jagger impersonator.

The band has also won the Ultimate Music Challenge held by Viejas Casino and came in No. 1 against 40 other tribute bands.

**STONES, page 10**

AMPHITHEATER MOVIE NIGHT

## Visceral thriller 'First Man' starts at 8

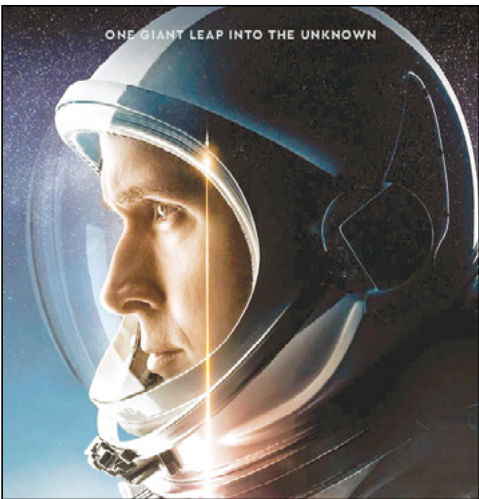
**Aug. 16—First Man**  
PG-13 | 2h 22min | drama/sci fi | 2018

Oscar-winning director Damien Chazelle and star Ryan Gosling teamed up for Universal Pictures' "First Man," the riveting story of NASA's mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost—on Armstrong

and on the nation—of one of the most dangerous missions in history (see page 14 for complete movie schedule).

Open-air movie nights at the Amphitheater start at 8 p.m. (times are adjusted as days grow shorter). Admission is free.

The Minibus has "on call" service beginning at 7:15 p.m. Call 431-6586, ext. 379, and a bus will arrive within 10 minutes. Buses are available to take people home afterward.



AMERICAN LEGION

Pancake Breakfast

Saturday, Aug. 17  
8-10:30 a.m.  
Clubhouse 2

See page 16 for story.

LEISURE WORLD GOLD SHOW THIS WEEKEND

See Ad Inside for Details

INSTANT CASH FOR YOUR:

• Gold Jewelry

• Gold & Silver Coins

• Sterling Silverware Sets

This Friday & Saturday  
10am-5pm  
Hampton Inn & Suites  
2401 Seal Beach Blvd

Free Admission!

See Ad Inside For  
Details Plus  
Special Coupon For  
Senior Citizens





Dave Hanson, president of Jax Bicycles (l) will be in Leisure World to service bicycles on Sept. 11.

GAF SERVICE

Get bikes adjusted, lubed on Sept. 11

The Golden Age Foundation, in collaboration with the Golden Rain Foundation, is bringing bike services to Leisure World on Wednesday, Sept. 11, from 1-4 p.m. Dave Hanson, president of Jax Bicycles, will be in the Clubhouse 6 parking lot to provide minor bike repair services for free. He will fit bikes to riders (adjust handlebar and seat heights) and do basic lubrication and other adjustments. For bikes requiring more extensive repairs or servicing, Dave will provide a quote and if the resident agrees, he will take the bike to his shop, fix it and return the bike directly to the residents's apartment with no transportation charge. In addition, Jax will provide discounts for Leisure World residents.

The Golden Age Foundation, Golden Rain Foundation and Dave Hanson have agreed to try this on a trial basis once a month for three months.

It is hoped this service will help people get back on the bike path. Jax Bicycle Center was established in 1971 and has since become the largest Trek retailer in California. With 10 locations in Long Beach, Huntington Beach, Irvine, Fullerton, Yorba Linda, Claremont,

BIKE, page 10

COMMUNITY ACTION

Food distribution is today at CH 4

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution is today, Aug. 15.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,287 a month for one person; \$1,736 for a two-person household; \$2,184 for a three-person household.

To sign up, bring a photo ID, and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf with appropriate ID.

People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

Notary Service

Notary service, \$15 per signature, is available by appointment at the Copy and Supply Center in Clubhouse 5; 431-6586, ext. 345.



Chicken parmigiana is often on the menu.

Finbars Italian Kitchen

Finbars Italian Kitchen will serve dinner in Clubhouse 1 for the Monday Night Restaurant on Aug. 19.

The dining room is open until 7, so residents can come in for dinner any time between 4:30-6 p.m. Reservations are not required.

LW Minibus service is available to the clubhouse until 6:30 p.m. and on-call service is available for the special needs access bus.

For more information on the bus schedule, call 431-6586, ext. 372.

The Golden Rain Foundation provides various dining options in Clubhouse 1 on three Mondays each month and a Sunday brunch twice a month.

Naples Rib Company serves on the first Monday, Finbars Italian on the third Monday, and Hometown Buffet serves dinner on the fourth Monday and Sunday brunch on the second and fourth Sundays.

For more information about food service in Leisure World, contact the Recreation Coordinator at [events@lwsb.com](mailto:events@lwsb.com).

Aug. 19 Finbars Menu

Appetizer

Sausage and Peppers

Spicy sweet Italian sausage sauteed roasted red vinegar peppers, mild green chilies, and onions. Prepared sicilian-style or with marinara

Entrees

Lasagna, \$14

Meatballs, sausage, pepperoni, herbs, romano, ricotta, mozzarella, bolognese, marinara, Sunday gravy.

Chicken Piccata, \$15

Fresh chicken breast cutlets sauteed in a lemon, butter, garlic, caper, and white wine sauce. Served with pasta or rice and vegetables.

Teriyaki Salmon, \$16

Served with pasta and vegetables or rice



Locally owned. Locally loved.

LEISURE WORLD PHARMACY

1661 Golden Rain Road • Seal Beach, CA 90740

Phone: (562) 795-6202 Fax: (562) 596-2625

Monday-Friday: 9am-5:30pm

FREE DELIVERY

We love being your pharmacy!

As a *Good Neighbor Pharmacy*, we strive to service all your healthcare needs. We work in collaboration with your healthcare providers to manage your entire medication profile. Transfer all your prescriptions today so we may better manage your disease state and reduce drug interactions. Our goal is to deliver better outcomes to all our patients.

We appreciate your business and the opportunity to show you why a community pharmacy is different. Stop in today and let us take care of you.

Better service.

25% OFF!

Any One Good Neighbor Pharmacy Product



Valid only at LEISURE WORLD PHARMACY • Valid 8/1/19-8/31/19  
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

FREE!

WITH ANY \$10 PURCHASE

Good Neighbor Pharmacy  
B-12 Maximum Strength  
100 tablets 500mg



Valid only at LEISURE WORLD PHARMACY • Valid 8/15/19-8/31/19  
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

Valid only while supplies last. Not valid on prescription co-pays. Not valid with any other special, coupon or reduced price offer. Not valid on purchases reimbursed by Medicaid, Medicare, a Medicare Part D or Medicare Advantage plan, TRICARE, the Federal Employees Health Benefits program or any other state or federal medical or pharmaceutical benefit program or pharmaceutical assistance program, or where prohibited by law. Void if reproduced, altered or expired. Customer must pay any sales tax. Minimum purchase will be calculated prior to tax. Cash value 1/100¢.

MYGNP.com





GRF RECREATION

# Clubhouse courtesy helps maintain an efficient system

by Kathy Thayer  
assistant recreation manager

GRF maintains a roster of more than 260 clubs that enjoy the use of five clubhouses and the various amenities offered to the community.

One of the services provided is managed by Innovative Cleaning Services, our custodial contractor, whose employees not only maintain the cleanliness of the clubhouses but set up and tear down more the instructions that accompany more than 800 reservations a month. Most clubs have recurring reservations on a weekly, monthly or semi-monthly basis and are required to provide the Reservations Office with a sketch of the setup they desire.

This setup is recreated in an architectural program and copies are sent to the clubhouse custodians and their supervisors.

They are kept in books to which the custodian refers when a reservation appears on their schedule.

The system works well when everyone cooperates; however, when residents ask for sketch changes or additional equipment by going directly to the custodian and thereby circumventing the Recreation Department, the system fails on several levels.

Imagine, a single custodian, responsible for juggling 13 rooms in Clubhouse 3, for example, with residents in several rooms requesting an extra table, a few more chairs, an additional microphone or sound system, at the same time. Some ask politely, some demand, and others are openly rude.

The result is a hostile and offensive work environment for the custodians, who are trying to keep everyone happy and accommodated.

This unacceptable behavior has resulted in excessive turnover for ICS as a number of custodians don't want to work under these conditions.

Exacerbating the problem is the feeling that the residents are intimidating them when they are asked to abide by the rules and work through the Recreation Department.

As a result, the Recreation Committee is putting all clubs on notice that should their members engage in this conduct, and it is reported to Recreation, their club privileges will be suspended, pending review of the GRF Board of Directors.

The Recreation Department asks that this information be shared with all clubs and organizations and that residents cooperate in tempering their behavior and abiding by the policies and procedures created to ensure the enjoyment of the amenities by all.

## Passport Service

Passport photos can be taken at the Copy & Supply Center in Building 5 from 8:30 a.m. - 4 p.m.; two photos, \$10. For information, call 431-6586, ext. 345.



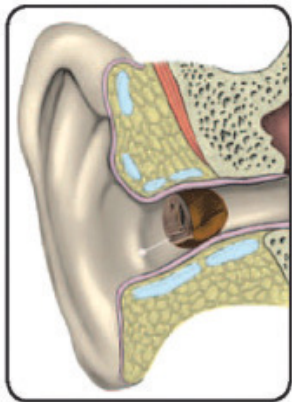
# WANTED

## 30 GRANDPARENTS that want to hear their grandchildren.



IF YOU ARE INTERESTED AND YOU WISH TO BE INCLUDED CALL TODAY FOR YOUR APPOINTMENT!

PEOPLE WILL BE SELECTED by August 31, 2019



## HEALTH NOTIFICATION Are You Hard of Hearing?

A major name brand hearing aid provider wishes to field test a remarkable new digital hearing instrument in the area. This offer is free of charge and you are under no obligation.

These revolutionary 100% digital instruments use the latest technology to comfortably and almost invisibly help you hear more clearly. This technology solves the "stopped up ears", and "head in a barrel" sensation some people experience. If you wish to participate, you will be required to have your hearing tested in our office FREE OF CHARGE to determine candidacy and review your results with the hearing instruments with our hearing care specialist.

At the end of this evaluation, you may keep your instrument, if you so desire, at a tremendous saving for participating in this field test. Special testing will be done to determine the increased benefits of this technology. Benefits of hearing aids vary by type and degree of hearing loss, noise environment, accuracy of hearing test, and proper fit. This is a wonderful opportunity to determine if hearing help is available for your hearing loss and get hearing help at a very affordable price.

**WE WILL CUSTOM PROGRAM A PAIR WHILE YOU ARE HERE, SO YOU CAN HEAR THE DIFFERENCE!!**

*Don't miss out on this amazing offer!*

**FREE Complete Electronic Hearing Test**  
This Audiometric evaluation will precisely show what you've been missing.

**FREE Video Otoscope Ear Inspection**  
This show-all picture of your ear canal is displayed on a color TV monitor.

**GREAT SAVINGS!**  
FULLY DIGITAL & PROGRAMMABLE  
BARELY VISIBLE &

**Only \$795**

For mild losses only (up to 35db).  
AUDIOTONE PRO CIC. Expires 08/31/19

• **FREE Complete Electronic Hearing Test** This Audiometric evaluation will precisely show what you've been missing.

• **FREE Video Otoscope Ear Inspection** This showall picture of your ear canal is displayed on a color TV monitor, so you'll see exactly what we see.

• **FREE Package of Hearing Aid Batteries** If you wear a hearing aid, you will receive one free package of hearing aid batteries. If we test your hearing you will receive another free package.

• **FREE In-Office Hearing Aid Repairs** All in-office hearing aid repairs shall be free. Any factory repairs, regardless of make or model, shall be 50% off.

## FREE Hearing Aid Charger

with purchase of ME-1 solution package with coupons. One coupon per client. Expires 08/31/19



## Miracle-Ear Hearing Center

1920 St. Andrews Dr. (Next to St. Andrews Gate)

(562) 270-0708



Hearing test is always free. Not a medical exam. Audiometric test to determine proper amplification needs only. These are not medical exams or diagnoses nor are they intended to replace a physician's care. LAA4075746-1



# Perspectives

WATCH YOUR STEP

## Medical equipment fraud is rampant

by Cathie Merz  
cathiem\_news@lwsb.com

Medicare spends more than \$6 billion a year on durable medical equipment (DME), wheelchairs, walkers, braces, surgical supplies, catheters, respiratory nebulizers as well as nutrition and tube feeding supplies and other health care equipment prescribed by doctors to help patients deal with an injury or chronic illness at home. This is a big help to beneficiaries but also an open door to fraudsters, who exploit seniors’ health care concerns to enrich themselves. Other common costly DME items that are offered include “custom” diabetic shoes, oxygen, nebulizers, and therapeutic mattresses.

It is estimated that 10 percent of Medicare billings are inflated or fraudulent.

There are many fraudulent schemes by DME companies. A fraudulent DME company approaches a fraudulent physician, or uses an unsuspecting physician's stolen identity, to medically certify that a beneficiary needs supplies. In order to bill Medicare or Medicaid for DME the company must certify that it was medically necessary. It is not enough that the DME is convenient or useful, it must actually be medically necessary for the Medicare recipient to be reimbursed by Medicare. If the DME company lies or provides false information about the medical necessity, it is considered durable medical equipment fraud. In other schemes, a fraudulent DME company may offer the Medicare beneficiary meals or food in exchange for their Medicare number. The DME company may also provide the beneficiary with nutritional supplements. Medicare only pays for nutritional support when the beneficiary has a feeding tube in place.

In some instances, the equipment provided was not approved by the Federal Drug Administration (FDA). Many types of equipment, as well as medical implants or medical devices such as pace makers or hip replacement parts, must be approved by the FDA before they can be billed to Medicare. Anytime a DME company uses an unapproved equipment or device, it is Medicare fraud.

Another common form of DME fraud is billing Medicare for equipment not actually provided. Some DME companies have stolen, or otherwise purchased, Medicare beneficiary numbers and begin to fraudulently bill Medicare for goods it never sends. They know that Medicare does not audit or verify that the DME was actually delivered. Variations of this DME fraud scheme include providing the equipment to those not eligible for Medicare or Medicaid and billing the government. Often the person may not know equipment is being billed in his name and not delivered.

Many DME companies pay hospitals, doctors, nursing homes and other healthcare providers a finder's fee or referral fee if they refer Medicare patients to them. Even though the Medicare or Medicaid recipient may need DME, it is unlawful to pay kickbacks or referral fees to gain new customers. Anytime kickbacks or referral fees are paid, it undermines the entire process because it clouds the judgment of the Medicare providers. It can cause healthcare professionals to certify medical necessity when they might not if they were not going to receive a referral, kickback or finder's fee. Therefore, paying a referral fee or giving anything of value in exchange for a referral is considered Medicare fraud.

Medicare reimburses DME companies based upon the item provided to Medicare recipients. Medicare has a code system with all eligible DME listed. There are different rates for different models or types of durable medical equipment. The DME company must certify as to the code being used that reflects the actual DME provided. It is cheating to bill for a higher code or grade of equipment than that actually provided. The Medicare recipient actually may receive a power wheelchair or other DME, but the DME company bills for a higher priced or more expensive equipment than delivered.

Medicare only covers durable medical equipment ordered by a doctor's prescription. Consider it a big red flag if you are approached by someone other than your doctor with an offer for free supplies from Medicare.

In April 2019, federal authorities charged 24 people with operating a complex scheme to market back, knee, wrist and shoulder braces to hundreds of thousands of elderly and disabled Medicare recipients. This scam alone cost the government more than \$1.2 billion. These and other losses related to DME fraud are borne by the taxpayers who fund Medicare and by beneficiaries shouldering higher premiums and out-of-pocket costs.

- How to Fight Back:
- Do not let anyone except your physician's office handle your Medicare card. If anyone other than your physician's office requests you to provide your Medicare information, do not provide it.
  - Never accept “free” medical equipment or services in exchange for your Medicare number. Nothing is ever free.
  - Review your Explanation of Benefits paperwork for items that appear that you did not order or receive and report any discrepancies immediately.
  - Report questionable charges or sales pitches to Medicare at (800) MEDICARE. If you have private insurance, report suspected fraud to your insurance company's anti-fraud department.

## Letters to the Editor

Editor:

If you have a Verizon cell-phone in Leisure World and cannot get reception inside your unit, you need help.

Call (800) 922-0204 to get a free Network Extender mailed to your home. It is easy to set up and I can call and receive calls inside my home instead of running outside.

Darnell Cook  
Mutual 4

Editor:

I would like to add an opinion about Amphitheater noise to the recent letters by Gerri Wright and Mike Levitt. I was on the Board of Health for the city of Long Beach for several years and became familiar with the regulation of environmental noise levels in community settings. I agree that some of the productions appear to exceed acceptable noise levels, therefore potentially causing permanent hearing loss for those exposed to such levels for more than a few minutes. I suggest that GRF consult with environmental health experts at the Orange County Health Agency to evaluate the most appropriate noise levels at future Amphitheater productions. Such advice could allow everyone to enjoy these wonderful musical productions at no risk to their hearing.

Maureen Habel  
Mutual 3

## Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

**Letters to the Editor:** Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

**Member Column:** At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

**Contributor:** Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

**Political:** Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

## Making History

**Aug. 15, 1969** - The Woodstock Music Festival opened on a patch of farmland in Bethel, New York, 50 miles from Woodstock. When the gates opened more than 400,000 people were clamoring to get in. Those without tickets simply walked through gaps in the fences, and the organizers were eventually forced to make the event free of charge. The festival stands as a example of America's 1960s youth counterculture at its best.

**Aug. 16, 1896** - Gold nuggets were found in a creek bed near the Klondike River in Canada's Yukon Territory sparking the last great gold rush in the American West. “Klondike Fever” reached its height in the United States in mid-July 1897 when two steamships arrived from the Yukon in San Francisco and Seattle, bringing a total of more than two tons of gold.

**Aug. 18, 1991** - Soviet President Mikhail Gorbachev was placed under house arrest during a coup by high-ranking members of his own government, military and police forces. Gorbachev became secretary of the Communist Party in 1985 and president of the Union of Soviet Socialist Republics (USSR) in 1988, and pursued comprehensive reforms of the Soviet system.

**Aug. 21, 1959** - Hawaii became the 50th state in the Union.

## For your information:


Resident names are deleted from the LW Community Guide after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW will be deleted unless a form with the new address is submitted to LW Weekly.

Residents who think they know a name that should be removed may notify LW Weekly.


Names are not automatically placed in the phone book. To be included shareholders must submit telephone book information to LW Weekly in writing.

Leisure World Lost & Found is located in the Security Satellite Office, downstairs in Building 5 behind the LW Health Care Center. Take found items there, and go there to look for lost ones.

## Tell Our Advertisers You Saw Them in the LWWeekly



An Official Golden Rain Foundation Publication  
Serving the Shareholders of



### Leisure World Seal Beach

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

**Nataly Chigireva,**  
Communication & Technical Director  
ext. 384; natalyc@lwsb.com

**Ruth Osborn,** News & Page 1 Editor  
ext. 388; ruth\_o\_news@lwsb.com  
General news, arts and leisure, religion

**Cathie Merz,** Community/Gov. Editor,  
ext. 389; cathiem\_news@lwsb.com  
Community news, government, obituaries, letters to the editor, production

**Chris Walker,** Editor/Production  
ext. 387, chrisw@lwsb.com  
Health, travel, sports

**Stephen Bannon,** Production Editor  
ext. 392; stephenb\_news@lwsb.com  
Pre-press, online and vision-impaired editions, IT

**Karen McElwain,** Advertising Sales  
ext. 393; karenm\_news@lwsb.com

**Sylvia King,** Advertising Sales  
ext. 391; sylvia\_k@lwsb.com

**Laurie Bullock,** Customer service,  
Classified advertising sales  
ext. 383; laurie\_b@lwsb.com

**Katya Lukina,** Communications coordinator  
ext. 266; katyal@lwsb.com  
graphic designer, digital media coordinator

**Deadlines:**  
News articles, 4 p.m.  
Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week

**Office hours:**  
8 a.m. to 5 p.m.,  
Monday-Friday

**Phone:**  
(562) 430-0534  
after-hours voice mail,  
(562) 431-6586

**Mailing address:**  
P.O. Box 2338, Seal Beach,  
CA 90740

**Missing LW Weekly Newspaper:**  
(562) 472-1284

**Delivery address:** 13533 Seal Beach Blvd., Amphitheater Building Seal Beach, CA 90740

**Dan Pomeroy,** Distributor  
*Eagle Rock Services*

VOL. 43 NO. 33





# Government

## SECURITY CORNER

### Most LW amenities are not for guests

by Victor Rocha  
security services director

Our security officers are called each day to different locations throughout the community where an un-accompanied non-member is using community facilities. To eliminate any confusion regarding the use of facilities, remember the following when it comes to guests:

- An entry pass allowing a guest through the gate is only an “entry” pass to enter the community. It is not a “guest” pass that allows the guest to use any community facilities without a member present.

The following facilities are designated for members only, no guests at any time:

- Pool
- Pickleball Court
- Gym
- Golf Course

Members may invite guests to other facilities, such as:

- Table tennis
- Amphitheater shows

It is important to note that a member must be with a guest at all times when facilities are being used. A member cannot sign in a guest and then leave the location.

If you have any questions, contact the Security Department or the Recreation Department for further information.



## THE PRESIDENTS’ COUNCIL

August 1, 2019  
Clubhouse 4

The regular monthly meeting of the Presidents’ Council of Seal Beach Leisure World was convened at 9 a.m. by President Jackie Dunagan on Aug. 1 in Clubhouse 4, followed by the Pledge of Allegiance.

The following is a recap of the Aug. 1 council meeting:

- The regular monthly Council meeting minutes of July 3, 2019, were approved by general consent of the Council as written.

- The Presidents’ Council elected Officers for the 2019-2020 Council term: President, Jackie Dunagan, Mutual 15; Vice President, Ruthann Arlart, Mutual 10; and Secretary, Peggy Keller, Mutual 2.

- Kathy Almeida, chair of Emergency Information Council, gave an overview of the Emergency Information Council and stated that meetings are held the first Friday of every month, at 10 a.m., Building Five, Conference Room B. Also, the Emergency Preparedness Expo will be held Saturday, Oct. 26, 10 a.m.-2 p.m., in Clubhouse 6.

- Victor Rocha, security services director, stated that, beginning in September, he will meet with each mutual to discuss policies and procedures, and to address any issues. Topics will include towing, occupancy checks, patrol/response, ticketing process and fining system. He also stated that the enhanced visitor access system will be implemented in 45-60 days and that multiple town hall meetings will be scheduled before Seal Beach Police Department comes to Leisure World.

- Mark Weaver, GRF facilities director, discussed Southern California Edison’s summer rates. Renovations to the Physical Property office will be completed within 30 days.

- Randy Ankeny, GRF executive director, discussed employees’ meal and break periods, D&O insurance coverage, the Open Meeting Act and discrimination and the Department of Fair Employment and Housing.

- The Council had no unfinished business to discuss.

Next Council meeting is Thursday, Sept. 5, at 9 a.m. in Clubhouse 4.

### Replace expired decals at CH 5

Expiring resident decals are replaced in the satellite Security Office, downstairs in Clubhouse 5. Bring a resident ID card, valid driver’s license, current car registration and insurance card when applying.

Decals are issued 8 a.m.-4 p.m., Monday-Friday and Saturday, 9 a.m.-1 p.m., unless the weather is damp.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

### GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents.

The Administration Conference Room is upstairs in the Administration Building.

The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Friday, Aug. 16	<b>Roundtable with Mutuals/GRF</b> Administration..... 1 p.m.
Monday, Aug. 19	<b>Finance Committee</b> Administration..... 9 a.m.
Wednesday, Aug. 21	<b>Strategic Planning Ad Hoc Committee</b> Administration..... 10 a.m.
Tuesday, Aug. 27	<b>GRF Board of Directors</b> Clubhouse 4..... 10 a.m.

### Carport Cleaning 2019

The holiday carport cleaning schedule for 2019 is as follows:

#### Labor Day

**Monday, Sept. 2**

Mutual 1, Carports 1-6, 9-10 and Mutual 17, Building 3, will be cleaned on Friday, Aug. 30.

#### Veteran’s Day

**Friday, Nov. 11**

Mutual 3, Carports 39-42 and Mutual 4, Carports 54-56, will be cleaned on Monday, Oct. 30.

#### Thanksgiving Day

**Thursday, Nov. 28**

Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13, and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29.

#### Christmas Day

**Wednesday, Dec. 25**

Mutual 10, Carports 117-120, 122-124, will be cleaned Monday, Dec. 30.

## HOW TO CHOOSE YOUR EYE DOCTOR

(Keep this you might need this information)

Know about your doctor, what are his credentials, degrees, license and he is involved in on-going education . Is he reputable, can you always return to his office, does he offer hours that will be to your benefit if you need him?

It is critical that you receive a complete eye examination, properly fitted glasses and a safe contact lens fitting. Not every doctor provides proper fit evaluations. You are short-changed by a short examination and no follow-up visits to assure complete satisfaction and continuing health of your eyes. It is very important to have an extensive eye examination yearly. The inside of the eye is the only place inside the human body where you can see and study blood vessels as they function. Health problems can be determined and prevented early in yearly examinations.

The advice of qualified staff is needed as to the type of frame that is compatible with your prescription. With many prescriptions some frames are not suitable and will cause discomfort, distortion and an appearance, which accents the vision problem. It is important to have a qualified person assisting you in the selection of frames.

At **Beach Vision Center** we believe the first concern is the health and visual comfort of our patients. Your vision is a precious gift. You should be concerned about it. We are. We offer old-fashioned quality care with respect for our patients needs. We look forward to serving you and your family.

**Member of**  
**American Optometric Association**  
**Fellow to the**  
**American Academy of Optometry**  
**Contact Lens Specialist**  
**Laser Eye Specialist**

**50 plus years in the Community**  
**Open Monday – Friday / late Evening – Tues/Thurs (Appointments Necessary)**  
**Saturday appointments available**

**Large inventory of frames / Sports Eyewear / Specialty needs for Aging / Children’s Eyewear.**

**Complete Eye Examination & Dispensing ( All at one location)**  
**Treatment of Eye Diseases / Glaucoma / Cataract / Macular Degeneration / Dry Eyes**  
**Most Insurance Programs Accepted – Call for Verification**  
**Budget Line Frames = Designer Style Frames**  
**Contact Lenses – Large inventory to fit various needs in achieving true and comfortable vision**  
**Laser Pre/Post Op Consultations (Free) to determine if you are a candidate for contacts, laser - Appointment Necessary.**

## BEACH VISION CENTER

**Dr. Wayne Johnson, O.D., F.A.A.O.**  
**Dr. A. Cory Thies, O.D.**

**10900 Los Alamitos Blvd. Suite 102 (Facing Los Alamitos Blvd.)**  
**(Next to Hof’s Hut) corner of Los Alamitos & Katella)**  
**Los Alamitos, California 90720**  
**562/431-1301**

### Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Aug. 15	<b>Mutual 2</b> Administration .....9 a.m.
Thursday, Aug. 15	<b>Mutual 11</b> Clubhouse 3, Room 9 ..... 1:30 p.m.
Friday, Aug. 16	<b>Roundtable with Mutuals/GRF</b> Administration ..... 1 p.m.
Monday, Aug. 19	<b>Mutual 15</b> Administration ..... 1 p.m.
Tuesday, Aug. 20	<b>Mutual 14</b> Conference Room B..... 1 p.m.
Wednesday Aug. 21	<b>Mutual 5</b> Conference Room B.....9 a.m.
Wednesday, Aug. 21	<b>Mutual 7</b> Administration ..... 1 p.m.
Thursday, Aug. 22	<b>Mutual 1</b> Administration .....9 a.m.
Friday, Aug. 23	<b>Mutual 6</b> Administration ..... 9:30 a.m.
Monday, Aug. 26	<b>Mutual 8</b> Administration .....9 a.m.
Wednesday, Aug. 28	<b>Mutual 10</b> Administration .....9 a.m.
Tuesday, Sept. 3	<b>Mutual 16</b> Administration ..... 9:30 a.m.
Tuesday, Sept. 3	<b>Mutual 17</b> Administration ..... 1:30 p.m.
Wednesday, Sept. 4	<b>CFO Council</b> Conference Room B..... 10 a.m.
Thursday, Sept. 5	<b>Presidents’ Council</b> Clubhouse 4 .....9 a.m.
Monday, Sept. 9	<b>Mutual 9</b> Administration ..... 9:30 a.m.
Wednesday, Sept. 11	<b>Mutual 4</b> Administration ..... 9:15 a.m.



# Health & Fitness

## Meals on Wheels, Long Beach

*Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. A hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk costs \$8.25 a day. Meals with a “friendly visit” are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at [www.mowlb.org](http://www.mowlb.org) or call Caron Adler at 433-0232.*

**Thursday, Aug. 15:** Beef stew with potatoes, onions, celery and carrots, biscuit, tropical fruit with yogurt, turkey, ham and cheese sandwich with lettuce, tomato and pickle, tri-color slaw

**Friday, Aug. 16:** Hawaiian chicken breast, brown rice pilaf, zucchini and tomatoes, coconut cake, pasta and veggie salad with broccoli, cucumbers, cherry tomatoes, black olives, red onions, dressing and crackers.

**Monday, Aug. 19:** Pork loin with adobo sauce, au gratin potatoes, zucchini medley, chocolate pudding, egg salad sandwich with spinach and tomato, carrot and raisin slaw

**Tuesday, Aug. 20:** Salisbury steak, macaroni and cheese, Mexicali corn, pineapple upside down cake, chopped chicken pasta salad with cherry tomatoes, black olives, red onions, dressing and crackers

**Wednesday, Aug. 21:** Turkey chili with beans, oven-baked potato wedges, Brussels sprouts, sliced watermelon, turkey, and cheese sandwich with lettuce, tomato and pickle, german potato salad

**Thursday, Aug. 22:** Curry chicken, barley rice and mushroom pilaf, banana squash, peaches and strawberries with yogurt, ham and cheese sandwich with lettuce, tomato and pickle, three bean salad

**Friday, Aug. 23:** Roast beef with gravy, garlic roasted potatoes, green beans with herbs, fresh banana, Caesar chicken salad with romaine lettuce, shredded cheese, croutons, Caesar dressing and crackers



Wa-Rite members: Judy Chambers, Bev Bender, Joni Williams

## Wa-Rite Club

There was a two way tie for Top Loser of the Week! Judy Chambers and Joni Williams lost 3 1/2 pounds each. She was raised to ‘clean her plate’ so she’s working on smaller portions.

Beverly Bender gave the program. It was from a book by Mitch Rotenburg, M.D., and Melanie Rotenburg, Ph.D., called “Laugh Yourself Thin: Making Happiness, Fun and Pleasure the Keys to

Permanent Weight Loss.”

The book goes over ways to increase happiness, lower stress, improve coping mechanisms and social relationships, and reduce self-critical behavior. All of these are crucial to mental and physical health and permanent weight-loss success. The book has many scientifically based suggestions.

Wa-Rite is a support group of women needing to lose 10

pounds or more. Members meet on Fridays in Clubhouse 3, Rm. 1 from 9-10 a.m. Weighing begins at 7:45-8:45. Annual dues are \$10.

Wa-Rite is not open for new members or visitors Aug. 16, but the club is open to new members the following week. All are welcome on Aug. 23rd. For more information, call Carol Chambers, 822-4641 or Dorene Youngs, 707-301-6943.

## How to talk to someone with Dementia

Talking to someone with dementia can be a challenge. Sometimes they don’t remember things or they remember things that didn’t happen. And changes in their mood can make it even more difficult to communicate with those affected by Dementia.

The Health Care Center is holding a workshop on talking to someone with dementia, as well as talking to their loved ones. Ben Allen from Alzheimer’s Orange County will share ways you can communicate with those affected by this disease.

“One of the biggest challenges is just letting things be,” Ben said. “People with dementia don’t always know or remember the facts. They are speaking about what they believe is happening.”

This means changing how we talk to someone with dementia. “We need to live in the world they see,” Ben explained. “If the person is asking about their mom, who passed away years ago, don’t remind them of the passing. Suggest calling their mom later in the day, then suggest doing a different activity now. It feels like lying, but the important thing is to show kindness.”

“Our saying is ‘Be kind. Don’t remind’ because reminding doesn’t help,” Ben added. “They need kindness and compassion in this moment.”

Refreshments will be provided by Oakmont of Huntington Beach. Following the workshop will be an event, sponsored by Alignment Health Plan.

This is the third part of a six-part workshop series. The series is offered by Alzheimer’s Orange County, with activities provided by Alignment Health Plan. Future workshops include Managing Legal Affairs and being a Dementia Friend. Each workshop will be held at the Health Care Center. Stay tuned to Leisure World Weekly for future dates. Or stop by the HCC to pick up a flyer.

The August workshop will be held in Conference Room 1 at the Health Care Center on Aug. 20 from 2-4 p.m. It is open to all residents. To make sure you get a seat, RSVP by calling the HCC reservation line at (949) 923-3233. Leave your full name and say you would like to attend the Aug. 20 Alzheimer’s workshop.

### ALZHEIMER’S ASSOCIATION

## Understanding Alzheimer’s is Aug. 27

The Alzheimer’s Association will give a class called Understanding Alzheimer’s and Dementia from 2-3:30 p.m. on Tuesday, Aug. 27, at the Los Alamitos-Rossmoor Library, 12700 Montecito Road, Seal Beach.

Learn the difference between Alzheimer’s and dementia; Alzheimer’s stages and risk factors; current research and available treatments; and ways the Alzheimer’s Association can help.

People can register by calling (800) 272-3900 or via email at [kjschuppe@alz.org](mailto:kjschuppe@alz.org). Programs are free and open to the public.

The next class is called Effective Communication Strategies on Sept. 24 from 2-3:30 p.m., followed by Understanding and Responding to Dementia-Related Behavior on Oct. 29, from 2-3:30 p.m.

### LWSB WELLNESS CLUB

## Dr. Oakley will give talk Aug. 20

Dr. Nora Oakley, Chiropractor at Bay Chiropractic will give a talk Tuesday, Aug. 20 at the Wellness Club. Almost anyone older than 50 has gone to a chiropractor or knows someone who has. Mark Harrington, co-founder of the Wellness Club, goes to Dr. Oakley and relates that she is professional, employs quality services and provides a great value. Feel free to bring any questions that Dr.

Oakley may be able to help with, there will be a question-answer session during the presentation. Wellness Club meetings are held the first and third Tuesdays of each month at 2 p.m., in Clubhouse 3, Room 2. There are no dues or fees, and all are welcome to attend. For further information, please contact Mark Harrington 889-9101 or Charla Gae, 446-0005.

## GENTLE & PERSONALIZED DENTAL CARE IN LOS ALAMITOS

### Free Initial Consultation with the Doctor

- Dedicated to Honest & Professional Patient Care
- Excellent Dental Care for the Entire Family
- Generous Senior Courtesy • Financing Available
- Early Morning, Evening & Saturday Hours
- State-of-the-Art Sterilization Procedures

Crowns & Veneers / Dentures & Partial  
Implants / Teeth Whitening



Los Alamitos  
Dental Care

Personalized & Caring

GARY D. PRINS, D.D.S. • JOHN B. WALLACE, D.D.S. • JOSHUA A. WINER, D.D.S. • MICHAEL E. ZELL, D.D.S.  
MEMBERS OF ADA, CDA

WE CORDIALLY INVITE YOU TO JOIN OUR DENTAL FAMILY

3551 Farquhar Avenue, Suite 102  
Los Alamitos  
(562) 598-4111 OR (714) 995-6611

copyright © 2003 chrsad

## Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide.

**Monday, Aug. 19:** Breaded baked fish with corn salsa, Mexican rice, green beans and mushrooms, bread, orange pineapple juice fruit crisp

**Tuesday, Aug. 20:** Cream of pumpkin soup with crackers, chicken deli sandwich with lettuce and tomato on bread, tropical fruit mix

**Wednesday, Aug. 21:** Beef taco salad (ground beef, chopped lettuce, pinto beans, diced tomatoes, shredded cheese, tortilla strips, sour cream and cilantro lime dressing), orange juice, sugar-free ice cream.

**Thursday, Aug. 22:** Chicken breast with lemon herb sauce, baked potato with sour cream, sliced carrots, sugar-free custard

**Friday, Aug. 23:** Veggie chili with crackers and chopped onions and shredded cheese, tossed green salad with vinaigrette dressing, corn muffin, Mandarin oranges



How Wildfires Affect Breathing

It’s an all-too-familiar image during the summer: wildfires raging across dry forests. The destruction can be devastating, but that’s not the only danger. The smoke and ash from these fires can spread throughout Southern California. Even if a fire isn’t nearby, the smoke and ash could be in the air you breathe.

If you have asthma or COPD, smoke and ash could make your conditions worse. You may still find it hard to breathe, even if you don’t have chronic conditions like these.

1: Stay informed. Check the weather report each day. The air quality reports will tell you how safe it is outside. 2: Stay safe. If you need to go outside, protect yourself. If you have an inhaler, bring it with you. Dust masks won’t help, since smoke and ash particles are very small. Limit your time outside as much as you can. 3: Stay in doors. Keep doors and windows closed. If you have air filters, use them when you’re home. It’s okay to use an air conditioner, but keep the fresh-air intake closed. If you don’t have

an air conditioner and it’s a hot day, go someplace indoors and cooler, like a local community center or mall.

If you have difficulty breathing, you may want to see your primary care doctor. He or she can help you find treatments or other ways to stay healthy. If your doctor’s office isn’t open and you need care quickly, you can visit your nearby urgent care clinic.

If the symptoms are severe or life threatening, call 911 or go to the nearest emergency room.

-From the HCC



Over-the-Counter Hearing Aids

To the normal hearing world, it seems simple enough: if you have a hearing loss, so you buy hearing aids or have a cochlear implant and then you will hear again.

Now adding new to the confusion are over-the-counter hearing aids, better known as hearing assist devices. Hearing assist devices might look like expensive hearing aids, but they are not the same nor are they for everyone with hearing loss. The community is invited to attend the Saturday, Sept. 7, City of Orange chapter meeting which will be devoted to discussing the huge differences between hearing aids and over-the-counter hearing assistive devices. Bob Rennie, a long-time dual behind-the-ear hearing aid wearer, will facilitate the meeting and share important information that can help people with hearing loss make the best decision before purchasing any hearing assistive devices.

The support group offers a friendly oasis for people with hearing loss issues. There is free parking and no charge to attend, but an optional \$5 donation is encouraged to help cover costs (room rental and real-time captioning). The two-hour meeting begins at 10 a.m.

Kaiser Permanente Health Pavilion 200 N. Lewis Street – Orange Community Room – first floor

For more information, email: [hlaa.cityoforange@gmail.com](mailto:hlaa.cityoforange@gmail.com).

Weekly Health, Exercise Classes

**Ageless Grace**

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

**Chair Exercise**

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

**Feeling Good Exercise**

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

**Fitness Fusion Upper/Lower Body Strength and Yoga**

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

**Leisure Leggers**

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30- to 60-minute walk. For more information, call Tom Pontac, 304-0880.

**Movement for Health and Self-Healing Medical Qigong Club**

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

**Pilates**

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

**Qigong, Tai Chi Club**

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

**Yoga, Beginning**

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.

**Yoga, Meditation, Tai Chi**

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

**Yoga, Monday**

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

**Yoga**

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

PAID ADVERTISEMENT

FREE Leisure World Gold Show

“Turn Your Broken or Unused Gold Jewelry, Gold Coins and Sterling Silver Into Instant Cash”

This Friday and Saturday

The *Leisure World Gold Show* is this week. Get paid cash instantly for your unused/unwanted gold jewelry, silver and gold coins, watches and timepieces (broken or working), and dental gold — in fact, *anything* containing gold.

**Real Gold?**

What if you don’t know if an item contains real gold? Don’t worry, bring it anyway and gold buyer specialist *Greg Schilling*, owner of *Schilling Gold Exchange* will test and inspect your item to determine amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight. Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it. Often times people with gold items are amazed at how much something is worth.

**Hold or Sell — It’s Up To You**

There is never any pressure for you to sell your item. Mr. Schilling states, “I have a lot of folks who just want to know more about their item, which is fine. Often times there is sentimental value attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to walk away feeling good about attending this event.”

**Admission Is Free**

All events are free and there is never any fee to bring your items for evaluation. Plus, there are no long lines. Wait times if any, are only about 5-10 minutes. The event will be held at the *Hampton Inn & Suites*, 2401 Seal Beach Blvd in Seal Beach, on August 16th and 17th from 10am-5pm.

**Private In-Home Appointments**

If you have a large collection, or are home-bound call (949) 239-1521 for information on scheduling a private appointment with Mr. Schilling.

**Instant Cash**

Don’t miss this opportunity to turn your unused or unwanted gold jewelry, coins, pocket and wrist watches, dental gold, and Sterling Silverware sets into cash. The show is this week— don’t miss it.



Mr. Schilling (on right), of *Schilling Gold Exchange* and member of the *World Gold Council*, and *American Numismatic Association*, evaluates jewelry for show goers. Mr. Schilling will be at the event and available to provide information about gold jewelry, gold coins, and sterling silverware sets.

**ADMISSION IS FREE!**

**You Get Paid For:**

- Gold Jewelry & Chains
- Gold Coins
- Dental Gold
- Anything gold!

**Plus..**

- Sterling Silverware Sets!
- Diamonds (by appointment)

**THE LEISURE WORLD GOLD SHOW**

**2 DAYS ONLY. FREE ADMISSION!**

**Friday, August 16th & Saturday, August 17th 10am-5pm**

**Hampton Inn & Suites 2401 Seal Beach Blvd**

For hotel directions only call **(562) 594-3939**

**5% SENIOR CITIZEN COUPON**

This coupon is good for Senior Citizens age 55 and older, and is good for an extra 5% cash on any sales made to Schilling Gold Exchange at the event. Original coupons only. Coupon valid through show dates only. One coupon per person. Not valid for gold coins. Present coupon at event.

Leisure World Gold Show | coupon code **SW021902**

**INSTANT CASH**

For Private In-Home Appointment Call **(949) 239-1521**

**SCHILLING GOLD EXCHANGE**











Pastor Gwyn and Ginny Vaughn

**FAITH CHRISTIAN ASSEMBLY**

## Connect with others at services

Recently there have been studies on the pervasiveness of loneliness in our culture. “New research analyzing previous studies suggest people who fall into the loneliness trap are 50 percent more likely to suffer an early death than those who remain socially connected.

Previous studies have found that as many as a third of Americans are lonely, and that 18 percent of UK adults feel lonely “always” or “often.”

Faith Christian Assembly invites everyone to join it for Sunday services at 10:30 a.m., and 5:30 p.m. A warm and welcoming group of people are waiting to meet you.

Faith Fellowship Time is at 11 a.m. on Tuesdays in the Garden Room. A midweek Bible study for the summer is taught by Pastor Sheri Leming on Wednesdays at 11 a.m. in the Garden Room. The Grief Share group meets Fridays at 2 p.m.

To receive a free newsletter and for more information on the church, call 598-9010 or visit [www.FCAchurch.net](http://www.FCAchurch.net).

**REDEEMER LUTHERAN & ST. THEODORE’S EPISCOPAL**

## Churches unite in prayer and services

In these cultural times of mourning and division, two LW congregations have increased their formal prayer time.

Redeemer Lutheran Church and St. Theodore’s Episcopal are now offering a combined, mid-week service on Wednesday’s at 11:30 a.m.

Scripture is read. Prayers for the country, society and times will be intentionally prayed, and Communion offered.

The whole LW community is invited to participate and join the congregations as they come together to pray.

Redeemer Lutheran Church holds a regular Sunday worship service at 10:30 a.m. St. Theodore of Canterbury Episcopal has a service at 12:15 p.m.

People of many faith backgrounds make up the congregations at “The Church with a Heart in the Heart of Leisure World” at 13564 St. Andrew’s Drive (across from the Administration and Health Care Center buildings). There is ample parking.

For more information, call 598-8697.

## Mindfulness Meditation

The Buddha Circle will meet for Mindfulness Meditation sessions from 2-4 p.m. on Wednesdays, Aug. 21 and 28.

The group meets in Clubhouse 3, Room 7.

The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email [mindful-circle@yahoo.com](mailto:mindful-circle@yahoo.com).

—Florence Diep

## Buddha Circle

The Buddha Circle will meet from 9:30-11 a.m. on Saturday, Aug. 24, in Clubhouse 4.

Venerable Vui Mung, also known as Joyful Heart, from Desert Zen Center will give the lesson.

He presents Buddhism in a simple, easy-to-understand way. It’s an interactive group so those who attend are encouraged to ask questions. Mung will begin the session with a guided meditation.

Check the website at [LWSB.com](http://LWSB.com) under “Religion, Buddha Circle” for more information. There is no membership, just a gathering of like-minded people.

All residents are welcome.

Donations are welcome and will support Mung in his teachings. For more information, call (714) 933-5122.

**RANCHO LOS CERRITOS**

## Adobe landmark will celebrate 175 years on Sept. 28

Rancho Los Cerritos, known for its well-preserved adobe, turns 175 in 2019, and the site will be celebrating in grand style with a series of special events all day on Saturday, Sept. 28.

Starting at 10 a.m., Rancho staff and volunteers will kick off the 175th public celebration by greeting participants in the second annual Ranchos Walk, a walk through history that follows a crest trail linking Rancho Los Alamitos and Rancho Los Cerritos.

Sponsored by the City of Long Beach Office of Sustainability, the 9.4-mile scenic walk starts on the Rancho Los Alamitos side of Long Beach and connects the CSULB campus, Reservoir Hill, Hilltop Park in Signal Hill, Longview Point at Willow Springs Park, and finishes at Rancho Los Cerritos. There will also be 3.5-mile and 6-mile options available.

Shuttle services will be provided along the route. For more information or to register for this free event, please visit [LongBeach.gov/RanchosWalk](http://LongBeach.gov/RanchosWalk).

From 10 a.m. to 2 p.m., the rancho invites the community to come celebrate its 175th anniversary at a free public event, which will offer live music from Long Beach Poly Jazz Combo Band and The Bernie Pearl Blues Band, live painting of the house by Copeland Holt and kids’ activities. A Brewery Knolls beer garden will feature Liberation Brewing, food trucks, a 175th birthday cake-cutting ceremony led by a special guest (and free cake for attendees while supplies last), self-guided tours of the house, and a free youth art contest. More information available at <https://www.rancholoscerritos.org/upcoming-event/175th-celebration-free/>.

In 1844, John Temple constructed the adobe home that stands today. The 27,000-acre cattle ranch reached from present-day Paramount to the Pacific Ocean. John Temple later sold

**RANCHO, page14**

**LW BAPTIST CHURCH**

## Warm welcome awaits all comers

A warm welcome awaits people at Leisure World Baptist Church, which meets in Clubhouse 4 on Sunday, Aug. 18. Sunday School is from 8:40-9:10 a.m., with Bob Simons giving the lesson.

Friends gather at the round table for Coffee Chat until 9:45 then the morning service begins.

All will sing the call to worship “We are One in the Bond of Love.”

Kip Watkins will solo in a beautiful song of promise, “The King is Coming.”

Under the direction of Darlene Harris, the choir will sing “Take My Life and Let It Be.”

Pianist Yvonne Leon will play for the offertory.

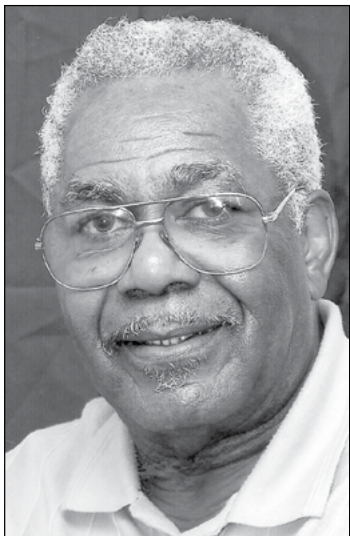
Pastor Roland Coburn’s morning message is titled “Assurance of Hope through the Holy Spirit” from Romans 8:15-17.

The prayer room is open following the service; friends await people to pray with them for special needs.

The Men’s Fellowship will meet at 10 a.m. on Monday, Aug. 19, in Clubhouse 3, Room 8.

The Energizers will meet at 3 p.m. on Wednesday, Aug. 21, in Clubhouse 3, Room 1. For more information, call 430-2920.

—Joan Shramek



Kip Watkins

## Community Church

Community Church is looking forward to celebrating the rich and diverse faith community within Leisure World. Each year, the Leisure World Interfaith Council hosts a picnic that draws friends and neighbors from all faith backgrounds together.

The free indoor picnic dinner is scheduled for today, Aug. 15, at 6 p.m. in Clubhouse 1. Community Church congregates are asked to provide desserts to share. Other congregations will contribute the additional picnic items. To RSVP, contact Kelly Frankiewicz at (714) 475-9401 or the church office. The program includes entertainment.

The Sunday evening Bible Study, led by Joy Reed, meets weekly at 5 in the Fireside Room. The topic is “Death and Resurrection.” Everyone is welcome to attend.

On Sunday, Aug. 18, Pastor Johan will give a sermon titled “Camera.” The Scripture lesson is Luke 12:49-56. Chris Kim will serve as lay liturgist on Aug. 18. Worship services are at 9:50 a.m., followed by coffee and refreshments in Edgar Hall.



Pastor Johan Dodge

**For those who do not have dental insurance, we offer new patients a \$19<sup>00</sup> exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease**

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists’ Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.



Philip P. Nguyen, D.D.S.  
ADA, CDA, OCDS  
Over 16 years experience



Gilbert S. Unatin, D.D.S.  
ADA, CDA, HDS  
Over 40 years experience



Ella J. Chen, D.D.S.  
ADA, CDA,  
Over 6 years experience

**• Cosmetic Bonding & Veneers • Crowns & Bridges • Dentures • Periodontics (Gum Disease) • Implants**  
*Senior Discounts Available*  
**Most Insurance Plans Accepted Including Delta Care USA and SCAN**



Providing Quality Dental Care to Leisure World Residents Since 1975.

## Seal Beach Dentistry

**Philip P. Nguyen D.D.S., INC.**

1900-A St. Andrews Dr. Seal Beach, Leisure World Shopping Center

**562-430-1054**







# Arts & Leisure



The Velvetones Ballroom Orchestra with Tommy Williams and Tina Schaffer will perform in Clubhouse 4 on Sunday, Aug. 18. Admission is free, and all are welcome.

## Amphitheater 2019

Amphitheater 2019, a summer music festival on Thursday nights at the 2,500-seat Leisure World Amphitheater, will continue through Sept. 12. Residents, and their friends and families are invited. Shows start at 8 p.m. until September when they begin at 7:30 p.m.

Residents must have GRF photo I.D. cards for admission to Amphitheater shows. Non-resident guests must be accompanied by a resident shareholder.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Koffel's food trucks and Mandie's Candies will provide options for pre-event dining.

### The remaining summer line-up includes:

• **Aug. 15:** Mick Adams and The Stones: The World's Most Authentic Tribute to The Rolling Stones

Sponsors: CALMET Services, Miracle Ear, CartMart

• **Aug. 22:** The Papas & The Mamas: Tribute to The Mamas & The Papas, opened by comic Mark Schiff

Sponsor: MemorialCare Health System

• **Aug. 29:** Gregory Wolfe as Rod Stewart

Sponsor: Monarch HealthCare

### Shows begin at 7:30 p.m.

• **Sept. 5:** Tribute to Aretha Franklin, Stevie Wonder and Jackie Wilson

Sponsor: Monarch HealthCare

• **Sept. 12:** America's Diamond Live: Tribute to Neil Diamond

Sponsor: Monarch HealthCare

## LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, followed by a business meeting at 3 p.m.

### What Price Machismo

a macho old man limbs up the mountain  
on a dare and whim though he's unprepared  
no bottled water, even hiking shoes  
to steady him on the treacherous trails

bees, butterflies and wildflowers greet him  
as he enjoys nature's beauty, but then  
coming down with the engulfing thin air  
now and then he starts to lose his footing

on some steep banks he resorts to crawling  
hanging dearly for life, grabbing bushes  
on the way, then with surreal feelings  
he imagines the news in the paper

lucky for him a couple hikers came  
who helped him to the foot of the mountain  
up to now he can't tell anybody  
that his giant ego almost killed him.

—Victor P. Gendrano

## Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

The workshops are open to everyone and are free.

• **Aug. 15**—Uploading Pictures to Ancestry

• **Aug. 22**—Library Resource Day: Bring in a topic, place or nationality you are researching and members will look for books in the library that might help.

• **Aug. 29**—Wallbusters: Bring in "brick wall" problems to discuss and resolve.

The Genealogy Library is staffed every Tuesday, Wednesday and Thursday from 1-4 p.m. Members may come in during these hours to work on the computers, and visitors are welcome to take a tour of the library and learn what the club has to offer.

## GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

The Craig McKnight Band will play big band music on Aug. 17.

The Recreation Department asks residents and their guests attending the GRF Saturday Dances in Clubhouse 1 to cooperate in adhering to a few, simple rules:

• Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

• People must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to set up for the next group.

• No announcements are permitted from the stage, except by the bands.

• Clubhouse lighting and audiovisual equipment can only be adjusted by the custodian according to the instructions they have been given

• Be sure to sign in, either as a resident or guest. This is the only way GRF can judge the popularity of bands.

• Guests must be accompanied by the GRF member who invites them as all passes and ID's are subject to inspection.

## Orchid Society

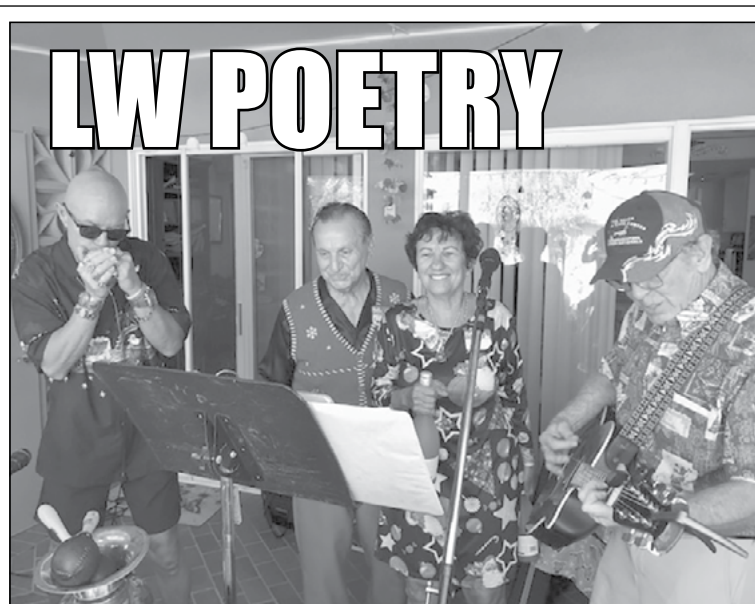
The South Coast Orchid Society, serving orchid hobbyists in Long Beach since 1950, will present a program by Arthur Pinkers called "Coelogyne: The Orchid That Hooked Me."

Pinkers is a well-known lecturer, accredited judge for the American Orchid Society and expert orchid photographer.

The event is free and open to the public. Many orchids grown by members will be on display.

The talk is at the Whaley Park Community Center, 5620 E. Atherton St., Long Beach, from 7-9 p.m. on Monday, Aug. 26.

For more information, contact southcoastorchidsociety@gmail.com.



Jeanne Pontac organized Mutual 10s Christmas in July party featuring the Deuce Coupe band. More than 80 guests from Leisure World, including members of Leisure Leggers and Tom Pontac's Boxing Club, and friends from the KJ potluck turned out for the party. Tom wrote the following poem in tribute to his wife.

### Here's To Jeanne

Here's to Jeanne,  
The Party Queen  
The Mostest Hostess  
Ever seen!  
Who else has  
Christmas in July  
Who else would even  
Think or Try  
To bring a Santa  
Out to Play  
On a Sunny, Funny day?  
Food and Fun  
And Peach Bellini  
Plus the Funnest Folks  
You've ever seen-ie  
As the Deuce Coupe Fills the air  
With Music Old  
And New and Rare  
It All combines to make a Day  
Quite Wonderful in Every Way  
A Most Idyllic Summer Scene  
Another Perfect Day,  
By Jeanne!

—Tom Pontac



## CBD Products

Pure Natural Organic Hemp  
Zero THC, Lab Tested Purity

- New Lower Prices
- Bundled Discounts
- Drops - Capsules - Lotions - Dog CBD
- Free Delivery & Shipping

**Barbara Lamb RN 562-296-8409**  
**www.cbdcare.com LW Resident**

## Podiatry House Calls

**Foot care in the  
comfort of your home  
We treat and trim  
toenails, painful corns  
and calluses  
Medicare accepted  
and reasonable fees  
for self pay**

**Dr. Marc Spitz &  
Dr. Scott Whitmore**



**799-0656**



# CLUB MEETING SCHEDULE

ARTS & CRAFTS

**Art League**, 2nd Tues. (except Aug., Dec.), 7 p.m., CH 4, 431-4124  
**Art Classes**, Mon., Wed., Thur., Fri., 9 a.m.-noon; Fri., 1-4 p.m., CH 4, Art Room, 594-6064  
**Ceramics**, Wed., 10 a.m.-2 p.m., CH 4, Ceramics Rm, 423-9805  
**Clay Crafters**, Mon., 1-4 p.m., Fri., 1-4 p.m.; CH 4, Ceramic Rm., (949) 636-6798  
**Creative Writers**, Poetry Workshop, 2nd Wed., 1:30 p.m., CH 3, Rm. 9; Fiction-Nonfiction Workshop, 1:30 p.m., 4th Fri., CH 3, Rm. 1; gen'l meeting follows at 3 p.m., CH 3, Rm. 1  
**Knit & Crochet**, Tues., 9 a.m., CH 4 Ceramics Room, 598-1079  
**Korean Literary Club**, 2nd, 4th Mon., 9:30 a.m., CH 3, Rm. 7, (714) 705-3199  
**Lapidary & Jewelry Making**, Mon.-Fri., 9 a.m.-3 p.m.; Thurs., 5-7 p.m., Sat., 9 a.m.-1 p.m., CH 4 Lapidary Facility  
**Make' Em Laugh**, Thurs., 10:30 a.m., CH 3, Rm. 6, 296-8647  
**Oil Painting**, Tues., Fri., 9 a.m.-noon, CH 4  
**Photographic Arts**, 2nd Thurs., 1:30 p.m., gen'l mtg and workshop, CH 3, Rm. 9, 430-7978  
**Producers Club**, acting class, 1st, 3rd Wed., 1 p.m., Amphitheater Loft, 598-0880  
**Quilting Bees**, Wed., 9 a.m., CH 3, Lobby, 493-3645, 743-9827  
**Theater Club**, regular mtg., 4th Fri., 10 a.m., Amphitheater Little Theater; 596-6358  
**The Writers Group**, 1st, 3rd Thur., 1-3 p.m., CH 3, Rm 6, 596-5033  
**Woodcarving**, Tues., 1-3 p.m. CH2, 799-0966

**BRIDGE**  
**Bridge, ACBL Duplicate**, Mon. and Thurs., 12:15 p.m., CH 3 Lobby  
**Bridge, ACBL Duplicate, Burning Tree**, Fri. and Sat., 12:15 p.m., CH 1, (615) 898 0669  
**Bridge, Midday**, Mon., 12:30 p.m., CH 1, 342-9807  
**Bridge, Combined**, Tues., 6 p.m., CH 1, 342-9807  
**Bridge, Mon.**, Mon., noon, CH 1  
**Panhellenic, Bridge**, 1st Fri., 12:30 p.m., CH 3  
**Bridge, Lunch/Party**, 2nd Fri., 11:45 a.m., CH 2

**CARDS & GAMES**  
**Best Time Bunco**, 2nd, 4th Mon., 6 p.m., CH 3, Rm. 1, 596-1346  
**Bingo, St. Therese Org.**, 3rd Sun., 1 p.m., doors open; 1:30, early bird; CH 2, 594-0209  
**Bunco Social Club**, 2nd, 4th Sat., 1:30-4 p.m., CH 3, lobby (714) 356-0443  
**Cards, Little Flower Guild**, 1st Thurs., 12:15 p.m., CH 2, 799-0117  
**Chess**, Fri., 2-6:30 p.m., CH 3, Rm. 7, 493-3478  
**Cribbage**, Tues., noon, CH 1  
**Diamond Poker Club**, Tues., 6 p.m., CH 3, Rm. 7, 494-6304  
**Euchrites**, Wed., 5-8 p.m., CH 3, 431-2682  
**Farklers Club**, 2nd Mon., 5-10 p.m., CH 3, Rm. 4  
**Gadabouts Bingo**, 2nd Sun., 1:30 p.m., CH 2, 598-3743  
**Good Time Bunco**, 2nd, 4th Mon., 6 p.m., CH 3, Room 1, 596-1346  
**Jolly Time Cards**, 2nd Fri., 11 a.m.-4 p.m., CH2, 240-5416  
**Knights of the Round Table Poker**, 7-9 a.m., Mon.-Sat., CH 2 card room, 598-6720  
**LW Tournament Poker Club**, 1st, 2nd, 3rd Sat., 11:45 a.m., CH 6, Hospitality Room, 592-8911  
**Mexican Train Dominoes**, Mon., 5:30 p.m., CH 3, Rm. 9, 493-9411  
**New York Club Bingo**, 1st Sun., 1:30 p.m., CH 2  
**PEO Lunch and Games**, 4th Wed., 11:45 a.m., CH 2, 431-8240  
**Pinochle, Friendly**, Thurs., 12:30 p.m., CH 1, 430-5828  
**Pinochle**, Mon., 12:30 p.m., CH 1, 431-1045  
**Pinochle**, Sat., 11 a.m., CH 1, lobby, 240-5416  
**Scrabble**, Wed., 1-4 p.m., CH 3, Rm. 5, 598-1384  
**Sheephead Club**, 1st, 3rd, 5th Fri., 6-10 p.m., CH 3, Rm 6, 341-0249  
**Social Club**, 4th Fri., 11:30 a.m., CH 2, 240-5416  
**Variety Poker**, Tues., 1:30 p.m., CH 6, (714) 458-5751  
**Y-Rollers Yahrtzee**, 1st, 3rd Fri., 12:30 p.m., CH 3, Rm 6; 596-7237

**DANCE**  
**A Time to Dance** ballroom group lessons, 2nd and 4th Thurs., 6:30-7:30 p.m., 7:30-8:30 p.m.; CH3, Rm. 2, (559) 403-8974, 285-6881  
**Ballet Fitness**, Sat., 1:30 p.m., CH 6  
**Dancers & Mixers**, (ballroom dancing), 1st Tues., 7-9:30 p.m., CH 4, 431-1257  
**Dance Club**, ballroom/social dance classes (dance styles vary), Wed., 7:15-8:15 p.m., 8:15-9:15 p.m., CH 6, Rm. C, 999-1269  
**Dancing Feet Ballroom and Line Dance Club**, 4th Sun., 6-9:30 p.m., CH 2; line dance lessons, Thurs., 7-9 p.m.; Sundays, 4-6 p.m., both CH 6; (551) 998-4223  
**Flowering Step Line Dance**, Mondays and the

See schedule on the LW website at  
*www.lwsb.com*

3rd Tues., 10 a.m., CH 2, 296-8068  
**Grapevine Line Dance**, Thurs., 3-5 p.m., CH 6, Rm. C; Fri., 2:30-4 p.m., CH 3, lobby, 596-8273,  
**Hui O Hula**, Mon., 10-11:15 a.m., upstairs, CH 6; Tues., 1:15 p.m., upstairs, CH 6, 252-9676, *kumu@huiohula.com*  
**Joyful Line Dance Club**, Wed., 3-4:30 p.m., CH 3, lobby; 301-5339  
**Leisure Time Dance**, Mon., 2-4, CH 6, 301-6119  
**Leisure World Cloggers**, Wed., 8:30-11:30 a.m., Amphitheater, 598-9974  
**Line Dance**, Beg. Adv., Thurs, 10 a.m., CH 3, Rm 6; Sat., 1 p.m., CH 3, Rm 9, 799-1061  
**Line Dance**, Beg. Adv, Sat., 1-3 p.m., CH 3, Rm 9, (714) 531-1698  
**Saturday Morning Dance**, 9, Sat., CH 1, 493-2445  
**Suede Sole Dancers**, Sun., 6:30 p.m., CH 6, 301-5339  
**Velvetones Jazz Club**, 1st, 3rd Sun., 6 p.m., CH 4, 296-8199  
**Whirlers Square Dance**, 1st Fri., 6:30-9 p.m., CH 4, 237-2682  
**Zumba Dance Class**, Sun., 2:30 p.m., CH 6, upstairs; Mon., 5:30 p.m., CH 3; Tues., 8:30 a.m., CH 6; Wed., 5 p.m., CH 6; Thurs., 8:30 a.m., CH 3, lobby; Fri., 8:30 a.m., CH 6; Sat., 11 a.m., CH 6

EDUCATION

**Computer Friends Club**, 3rd Thurs., 4:30 p.m., CH 3, Rm. 2, (714) 267-7871  
**Computer Group of Friendship Club**, classes, first, second, fourth and fifth Mondays, CH 3, Rm. 4, 11 a.m.-1 p.m.; 3rd Monday, 11 a.m.-1 p.m., CH 6, Rm. B ; 4th Thursday, 1-4 p.m., CH 3, Rm. 7, (714) 642-0122, 431-8050.  
**English Conversation Club**, Thurs. 7 p.m. CH 3, Rm. 9, (714) 487-4046  
**Investment Forum**, 2nd Tues., 2 p.m., CH 3, Rm. 6, 794-9014  
**Korean American Computer Forum**, 1st and 3rd Tuesdays, 9:30-11:30 a.m., CH 3, Rm. 2; 2nd Tues., 1-3 p.m., CH 3, Rm. 1, (951) 639-7129  
**Korean-English ESL Club**, Wed., 9:30 a.m., CH 3, Rm. 4, except for 3rd Wed., in Rm. 9  
**LW Historical Society**, 2-4 p.m., Thurs. CH 1  
**LW Computer Club**, 2nd Tues., meeting, 1:30 p.m.; 1st Wed., classes, 9:30 a.m., 1 p.m., CH 3, Rm. 2, 544-2210

HOBBIES & SPORTS

**Astronomy**, 1st Wed., 7 p.m., CH 3, Rm. 3, 431-7240  
**Coin Club**, 2nd Wed., 1:30 p.m., CH 3, Rm. 2  
**Garden Club**, 3rd Mon., 1:30 p.m., CH 2, 430-2400  
**Drone Service Club**, 3rd Mon., 9 a.m.-noon, CH 3, Rm. 9,  
**Genealogy Club**, general meeting, 4th Wed., 10 a.m., CH 3, Room 1, 810-4266.  
**Genealogy Library**, CH 3, Rm 10, open 1-4 p.m., Tues., Wed., Thurs., 810-4266  
**Golf, Men's**, 2nd Tues. (Jan., March, June, Sept., Nov.), 9 a.m., CH 3, Room 1  
**Golf, Women's**, meeting, 1st Mon., 3 p.m., CH 3, Rm. 1; play, 7:30 a.m., Tues., (909) 576-7500  
**Happy Bikers**, Tues., Thurs., Sat., Main Gate, 7 a.m., 296-5398  
**Ladies "Q" Pool Club**, Mon., 10 a.m.; tournament, 2nd Wed., 10 a.m., CH 1 Ladies Pool Room, 795-9151  
**Mini Farmers**, 4th Thurs. every second month (3rd Thurs. in Nov), 9 a.m., CH 3, Rm. 2  
**Pickleball Players Club**, 1st Sun., 5 p.m., CH 2, meeting; games, Sun., 9 a.m.-8 p.m.; Thur., 5-8 p.m., multipurpose courts; lessons, Sun., 11 a.m. (310) 713-6696  
**Pool & Billiard, Men's**, 3rd Monday (Dark June-Aug. and Dec.), 6:30 p.m. , CH2, 209-3183.  
**Leisure Leggers**, meet at CH 6, Mondays, 8 a.m. for a walk or jog around Leisure World.  
**LWSB Book Club**, 3rd Thurs., 1-3 p.m., CH 3, Rm. 7, 296-8334  
**LW Tennis Club**, Sun., Tues., Thurs., 8 a.m., Ross-moor Park, 296-5833  
**LW Wine Lovers**, 1st Wed., 6:30 p.m., CH 3, Rm. 9, (707) 486-6672  
**Shuffleboard**, Meetings, 1st Wed., 10 a.m. (coffee, doughnuts at 9:30), for practice sessions or to learn to play, call (949) 300-0285  
**Silver Fox Classic Car Club**, 2nd Tues., 6 p.m., CH 3, Rm. 3, 343-4305  
**Stamp & Collectibles**, 1st Wed., 1:30 p.m., CH 3, Rm 9, 598-9297  
**Table Tennis**, daily, 7:30 a.m.-10 p.m., CH 6  
**Traveling Tigers**, 3rd Wed., noon, CH3, Rm. 9, 598-9297  
**Video Producers**, 4th Thurs., 9-10 a.m., CH 3, Rm. 12-A, open Mon.-Fri., 10 a.m.-noon, 431-6586, ext. 287

**MUSIC**  
**Ad Hoc Singalong**, Tues., 4 p.m., CH 3, lobby, 431-4221

**Barbershop Singing Club**, Tues., 7-9 p.m., CH 3, Rm. 9 or lobby, 431-4221, *waframbach@aol.com*  
**Community Sing**, Mon., 6:30 p.m., CH 3, lobby, 493-3054  
**Dixieland Jazz Club**, Aug., Oct., Dec., Feb., April, June; 6:30 p.m., CH 4  
**Good News Singers**, Tues., Thurs., 9-10 a.m., CH 3 lobby (Tues.), Rm. 9 (Thurs.), 243-0047  
**Guitar Club**, Fri., 1:30-4:30 p.m., CH 6, 489-6133  
**Karaoke**, Wed., 5:30 p.m., CH 1; practice session, Tues., 1-3 p.m., CH 6; 493-0484  
**Korean American Chorale**, Fri., 9:30-11:30 a.m., CH 4 (1st Fri, CH 3, Rm 9) 431-3036  
**Korean-American Classical Music Academy**, 2nd, 3rd, 4th Thurs., 9:30-11:30 a.m., CH 4, (213) 716-8662  
**Korean-American Guitar Club**, Thur., 9:30 a.m.-noon, CH 6, Room B, 342-9946  
**LW Chorale**, Mon., Wed., 9-11 a.m., CH 3, Rm. 1 or 2, 243-0047  
**LW Opera Club**, 1st Tues., CH 3, Rm 1; 2nd Mon., CH 3, Rm 2; 1:30-4:30, 296-5586  
**LW Community Orchestra**, Mon., Wed., 12:30-2:30 p.m., Amphi. stage, (615) 898-0669  
**Musical Strings**, Fri., 1-4 p.m., CH 3, Rm. 9, 481-7663

NATIONALITY/CULTURE

**American-Latino Club**, 1st Fri., noon, CH 4  
**Britannia Club** of LW, 2nd Thur., 2:30 p.m., CH 3, Rm. 1, 596-6754  
**Chinese-American Friendship Club**, 1st Thurs., potluck; 2nd Wed., 3rd and 4th Thurs., 1-8 p.m., CH 3, Rm. 1, (626) 235-6264, (702) 994-4888  
**Filipino Association of LW**, 2nd Sun., 2-8 p.m., CH 3, Rm. 1, 493-1406  
**Italian-American**, 1st Wed., noon, CH 4, 355-2918  
**Korean American Association**, 2nd Thur., March, June, September, December, 5-10 p.m., CH 2  
**LW Women's Sing-Along Club**, Wed. (except 4th Wed.), 2-3:30 p.m., CH 4, Section C, 431-1791  
**JPN-Nikkei Club**, 2nd Sat., Jan., March, Sept., Nov.; 3rd Sat., May, July, 9:30 a.m.-3, CH 4, Sec. A and B, 795-9137  
**Vietnamese American Club**, last Fri., noon, , CH 3, Rm. 1 or 2, (714) 322-8086

OCCUPATION

**Calif. Retired Teachers Ass'n**, even months, 1st Fri., noon, CH 2, 431-3083  
**National Active & Retired Federal Employees** (NARFE), 2nd Mon., 1 p.m. Veterans Community Ctr., 101 E. 28th St., Long Beach, 427-9957

POLITICAL

**LW Republican Club**, 3rd Wed., 7 p.m., CH 3, Rm. 2, 335-0779  
**Seal Beach Leisure World Democratic Club**, 3rd Wed., noon, CH 4, 760-6660

RELIGION/PHILOSOPHY

**Beit HaLev, House of the Heart**, Fri., 6 p.m., Sat., 10:30 a.m., [livestream.com/Galityomtov/Facebook.com/galityomtov](http://livestream.com/Galityomtov/Facebook.com/galityomtov), 715-0888, 493-2680  
**Buddha Circle**, 4th Saturday, 9:30-11 a.m., CH 4  
**Chinese Bible Study Fellowship**, Tuesdays, 1:30-3:30, CH 3, Room 5  
**Christian Fellowship and Fun Club**, 4th Tues., 6 p.m., CH 4, 455-6218  
**Christian Woman's Fellowship & Bible Study**, 10-11 a.m., 2nd Mon., 10-11 a.m., 431-0597, 594-8100  
**Community Church Women's Ministry**, Sarah Circle, 4th Tues., 10:30 a.m., Community Church  
**Congregation Sholom**, Services: Fri., 7-9 p.m., CH3 Rm- 9; Sat., 9:30-11:30 a.m., service, kiddush, Torah study, CH 3, Rm 9; 505-3622  
**Course in Miracles Group**, Fri., 4-5 p.m., CH3, Rm. 8  
**Dongbu Pyungkang Church**, Sun., 10 a.m., CH 6, (949) 514-4346  
**Korean Catholic Fellowship**, 1st Wed., 5 p.m., CH 3, Rm 6; 3rd Saturday, 5 p.m., CH 3, Room 4, 296-8047  
**LDS Family Home Evening**, 3rd Mon., 6 p.m., CH 3, Rm 6, 703-9342  
**LW Humanists**, 1st Sun., 10:30 a.m., CH 3, Room 1, 209-3183  
**LW Korean Church**, Sun., 10:15 a.m., praise; 10:30 a.m., worship; Bible study, Wed., 5:30 p.m., CH 3, Rm. 7, (213) 550-9991  
**Salvation Army Home League**, Monday (except 5th week), Sept.-July, 7 p.m., CH 4, 209-2399  
**Sa-rang Church**, Sun., 11 a.m., CH 3 Lobby; Wed., 6:30 p.m., CH 3, Rm. 1, 431-3036  
**Seal Beach Cornerstone Church**, Sun., 9:45 a.m., CH 2, 331-6104  
**St. Therese Organization**, 3rd Thurs., 1 p.m.; CH 2

**SELF IMPROVEMENT**  
**AA Friends**, Wed., 3:30 p.m., CH 3, 500-5105, (213) 248-0539

**AA Friends** 2, Mon., 6-7 p.m., CH 3, Rm. 7, (213) 248-0539  
**AA Participation Meeting**, 8:30 a.m., Sat., CH 3, 209-0816, 972-7567  
**Ageless Grace**, Mon., 4:30-5:30 p.m., CH 6, Room C, (760) 560-8161  
**Chair Exercise**, Tues., Fri., 9:30 a.m., CH 1, 493-7063  
**Early Risers**, cardio workout, Tues., Thurs., 6 a.m., CH 6, upstairs, (310) 489-2390  
**Feeling Good Exercise**, Mon., Thurs., 9:30 a.m., CH 1, 598-9149  
**Impaired Vision & Hearing**, 4th Tues., 1:30 p.m., CH 3, Rm. 1, 431-4026  
**Joy Walking & Jogging Club**, Sat., 7-9 a.m. (DST-summer); 7:30-9:30 a.m. (DST-winter), Amphitheater stage.  
**LW Wellness Club**, 1st, 3rd Tues., 2 p.m., CH 3, Rm. 4, 889-9101  
**Pilates Club**, chair class, Thurs, 5:30-6:30 p.m., CH 6, Rm. A; mat class, Thurs., 5:30-6:30 p.m., CH 6, Rm. C, 430-6044  
**Qi Gong & Tai Chi Chih**, Tues., 9:15-11 a.m., CH 3, Rm. 1, 596-3936  
**Redeemer Respite Care**, Mon., Tues., Thurs., 9:30 a.m.-3:30 p.m., Redeemer Church, 596-1209  
**Relax & Alert Meditation**, Sat., 9:30 a.m., CH 6  
**Fitness Fusion—Upper/Lower Body Strength and Yoga**, Tues., Thur., 11:15-12:15, CH 6, 296-8328  
**Wa-Rite**, Fri., 7:45-8:45 a.m. weigh-in, new members arrive at 8:15 a.m., 9 a.m., meeting starts, CH 3, Rm. 1, 760-1293  
**Yoga, beg.**, Wed., Fri., 10:30-11:30 a.m., CH 3 (Rm 6 on Wed.; Rm 7 on Fri.), 430-7291  
**Yoga**, Tues., 10-11 a.m., CH 4 lobby; Thur., 10-11 a.m., CH 3, Rm. 1; Saturday, 10-11 a.m., CH 3, Rm. 2 or 9, 506-5063  
**Yoga Meditation and Tai Chi**, Sat., 9:30 a.m., CH 6, 493-6719  
**Yoga on Mondays**, Mon., 5:30-6:30 p.m., CH 4, 225-0273

SERVICE ORIENTED

**Amateur Radio Emergency Service Club**, 1st Wed., 10 a.m., CH 3, Rm. 9, (440) 289-2023  
**American Legion Auxiliary**, genl. meeting, 3rd Mon., 1:30 p.m., CH 4, Section A; board meeting, 2nd Fri., 1-3 p.m., CH 3, Rm 4, 594-0209  
**American Legion Post 327**, 3rd Mon., board meeting, noon; general meeting, 1:30 p.m.; CH 4, Sec. B; 594-0209  
**Community Emergency Response Training (CERT)**, 1st Fri., 1 p.m., CH 5, Rm. B  
**Children A Priority (CAP)**, 1st Thurs., catered lunch at noon, CH 4; reservations: 493-1294  
**Concerned Shareholders of LW**, 4th Thur., 1 p.m., CH 3, Rm. 2, *concernedshareholdersSB@gmail*  
**Knights of Columbus**, 3rd Wed., 7:30 p.m., St. Isadora Church, Los Alamitos, 708-5500  
**Military Officers Assoc. of America**, 3rd Thurs-day, 6 p.m., Navy Golf Course, Cypress, 430-6512  
**Na'Amat**, 3rd Mon., 12:45 p.m., CH 3, Rm. 2, 596-3767  
**PEO**, Chapter RT, 2nd & 4th, Mon. (dark June, July, Aug., Dec.), 10:30 a.m., CH 3, Rm. 9  
**Salvation Army**, Mon., 7 p.m., CH 4, 296-8539  
**Senior Patriots for Peace**, 2nd Tues., 1 p.m., CH 3, Rm. 2, program; 3rd Wed., 3 p.m., CH 3, Rm. 3, open board meeting; 296-8554  
**We the People Club**, *Wethepeople.Lw@gmail.com*  
**Where We Live**, 3rd Thurs. CH 3, Rm. 2, 6:30 p.m., *wherewelive@yahoo.com*  
**The Woman's Club**, general mtg., 1st Tues., 1:30 p.m., CH 2; card party, 3rd Fri., 11:30 a.m., CH 2; board mtg., 3rd Wed., 10:30 a.m., CH 3, Rm. 7  
**Y Service Club**, 3rd Wed., CH 3, Rm 2, 7:30 a.m.

SOCIAL

**Friendly Couples**, 2nd Wed., 5:30 p.m., CH 3, Room 2, 430-2891  
**LW Sunshine Club**, Fri., 10-noon, CH 3, Rm. 2 (except 1st Fri.), 301-5339  
**LW RV Club**, 3rd Tues., 6 p.m., CH 4, 340-9074, *lwrvclub90740@gmail.com (dark June-August)*  
**Noon Spoons**, 4th Wed., 11:30 a.m., specified restaurants, 213-3923  
**Paws, Claws & Beaks: A Pet Lover's Club**, 2nd Wed., 3 p.m., CH3, Rm. 3, 598-1736  
**PEO Chapter RT Card Club**, 4th Wed., 11:30 a.m., CH 2, 431-8240  
**Phil-Am Social Club LW**, last Fri., 2-8 p.m., CH 3, Rm. 2, 431-6508  
**Rainbow Sisters**, 1st Tues., 6-8 p.m., CH 3, Rm. 2, (530) 902-5117  
**Rollin' Thunder Golf Cart Club**, 4th Tues., noon, CH 2, 431-6859  
**Schmooze Club**, 2nd Tues., 10 a.m., CH 3, Rm. 9, 598-2022  
**Yiddish Club**, 1st Thurs., 7 p.m., CH 3, Rm. 2, 431-3774

Changes must be made in writing at The News Office or via email to [rutho\\_news@lwsb.com](mailto:rutho_news@lwsb.com). For more information, call 472-1277.





—Mary Casdorff, photo

The Leisure World Garden of the Month for August goes to Melli Herrera, 1420 Skokie Road, 84-J in Mutual 4. The centerpiece of the garden is a bright red bicycle, surrounded by a charming selection of flowers.

## LWSB Book Club

The LWSB Book Club will meet today, Aug. 15, at 1 p.m. in Clubhouse 3, Room 7, to discuss “China Dolls” by Lisa See.

The New York Times bestselling author of “Snow Flower and the Secret Fan,” among others, tells a bold and bittersweet story of three young women, their secrets and sacrifice, love and betrayal, prejudice and passion.

“China Dolls” reveals a rich portrait of female friendship, as the women navigate the “Chop Suey Circuit”—America’s extravagant all-Asian revues of the 1930s and 40s—and endure the attack on Pearl Harbor and the shadow of World War II.”

Lisa See’s newest novel is “Island of Sea Women.”

“Tangled Vines,” by Frances Dinkelspiel, is the book to be discussed at the Sept. 19 meeting.

The club meets on the third

Thursday of the month in Clubhouse 3, Room 7, at 1 p.m. There are no dues or fees. Books may often be borrowed from the

local library or ordered online from [Abebooks.com](http://Abebooks.com) for around \$3.46 for shipping.

—Gail Morrison

## LW LIBRARY

### LB Homicide Series author will speak

Tyler Dilts, author of the acclaimed Long Beach Homicide Book Series, will visit the Leisure World Library on Thursday, Sept. 5, at 11 a.m.

Tyler will talk about his books and his journey to becoming a writer.

The Long Beach Homicide Series follows Detective Danny Beckett through various trials and tribulations as he works to solve some of Long Beach’s most heinous crimes while attempting to cope with his own personal traumas.

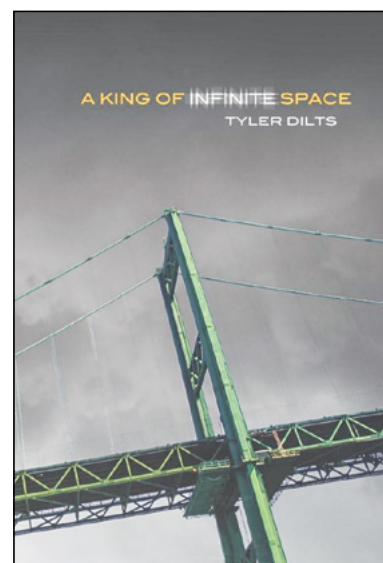
Tyler’s father was a Los Angeles County sheriff’s deputy and as a child, Tyler thought he would follow in his father’s footsteps.

But his life ultimately went in another direction.

When decided to write a book, he knew it would be a police procedural.

The third book in the series, “A Cold and Broken Hallelujah,” went on to become a No. 1 Best Selling Book on Amazon with over 2,000 positive reviews.

Come to Veterans Plaza on Thursday, Sept. 5, at 11 a.m. for



this enlightening conversation. The library will provide light refreshments.

## Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes.

Helen Onu is the song leader, with pianist Eric Nelson.



Enjoy **FREE** shows and a **\$300 CASH GIVEAWAY** every Tuesday, 1PM at the Events Center



**AUGUST 20 THE CORAL PARADISE BAND**  
JIMMY BUFFETT TRIBUTE



**AUGUST 27 SMOOTH SOUNDS OF SANTANA**  
SANTANA TRIBUTE



**SEPTEMBER 3 RIP MASTERS**  
HISTORY OF ROCK AND ROLL



**SEPTEMBER 10 BUDDY HOLLY REVIEW**  
BUDDY HOLLY TRIBUTE



**CHOICES**  
THE BUFFET

**60+ CLUB**  
**BUFFET SPECIAL**

Guests 60 and older receive 30% off regular buffet prices.

Available from 11am to 3pm Monday through Friday. Excludes holidays.

**PalaCasino.com • 1-877-WIN-PALA**

From San Diego & Riverside County: Take I-15 to Hwy 76, go east 5 miles.  
From Orange County & Los Angeles County: Take I-5 South to Hwy 76, go east 23 miles. Please Gamble Responsibly. Gambling Helpline 1-800-522-4700

**PALA**  
CASINO  
RESORT • SPA





Mahalo to LW Nikkei Club for the invitation to entertain at its August picnic. Dancers performed “Hawai’i Calls” for the attentive audience, specially their hula sister Emiko Imaizumi (left). At 96, Emiko used to be among the oldest Hui O Hula dancers. The band also sang Japanese song, “Koko Ni Sarchi Ari, (There is Happiness Here)” for the delighted crowd. Some audience joined the hula dancers in grand finale “Sayonara, Japanese Goodbye.” Last week Hui O Hula also entertained at Brookhurst Community Center, Long Beach Care, and the upbeat members of Wa-Rite Club.

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

- A Time to Dance Club by Joseph:** Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Tango is taught from 6:30-7:30 p.m.; waltz, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.
- Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required. Classes are \$3.
- Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269.
- Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.
- Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.
- Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.
- Grapevine Line Dance:** Thursday from 2-5 p.m. at Clubhouse 6, upstairs room C (2-2:30 p.m., tutoring session per request); 2:30-3:30, newcomer/beginner; 3:45-5 p.m., intermediate/advanced. Class is free. Newcomers should come at 2:30. For more information, inquire directly in class or email [grapevinelinedance@gmail.com](mailto:grapevinelinedance@gmail.com).
- Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email [jojo@huiohula.com](mailto:jojo@huiohula.com).
- Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.
- Leisure Time Dancers:** Texas two-step will be taught at 2 p.m. and a country-wester medley (10-count polka, country waltz, Cotton Eye Joe and cowboy cha cha) at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.
- Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.
- Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.
- Saturday Morning Dance Club:** Waltz is taught from 9-10 a.m.; West Coast swing, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

DANCE, page 15

WRITERS WORKSHOP

Hone your craft in CH 3, Room 6

Do you long to write something other than grocery lists? Do you want to write your memories for your family? Is there a novel in you, or a short story, or a poem? How about stories for your grandchildren? If so, come to the Writers Workshop, which meets every first and third Thursdays of each month at 1 p.m. in Clubhouse 3, Room 6. This is a group of kindred spirits ready to support fellow writers with suggestions and encouragement. All are welcome. —Marjorie I. Randell

RANCHO from page 9

property to Flint, Bixby, & Company. The Bixby family lived at RLC and raised sheep until the 1880s. The adobe was remodeled in 1930 and a new generation of Bixbys lived in the house until 1955, when it was acquired by the city. **About Rancho Los Cerritos** Rancho Los Cerritos is a historic home in Long Beach, Calif. Built in 1844, the adobe home and grounds of Rancho Los Cerritos echo with the rich history of Spanish, Mexican, and American California and with the families who helped transform Southern California from its ranching beginnings to a modern, urban society. The two-story Monterey-style adobe is primarily furnished to reflect occupants and lifestyles from the 1860s-1880s. The site, a National, State and Long Beach Historic Landmark, also includes historic gardens and a research library and archives. It is operated by the Rancho Los Cerritos Foundation in a public/private partnership with the City of Long Beach. For more information, call (562) 206-2040, visit [www.rancholoscerritos.org](http://www.rancholoscerritos.org), and follow the Rancho on Facebook, Twitter, and Instagram.



The Spotlight on the Artist presentation will be held Friday, Aug. 16, from 1-3 p.m. in Clubhouse 4, Section A. Featured will be Gil Moore (l) with his photo note cards and John Harper with his digitally produced paintings. John is holding one of his paintings and on the wall is one of his portraits. He is also wearing a t-shirt that depicts the logo he produced for the fiftieth anniversary celebration of Leisure World. All of their items will be available for purchase. Light refreshments will be available.

Amphitheater Movies

- Open-air movie nights at the Amphitheater will continue through Sept. 6. Movies will be shown on the gigantic screen on Friday nights starting at 8 p.m. (this is a new start time; times will be adjusted as days get shorter). Bring friends and family for a free movie night. The Minibus has “on call” service to movies beginning at 7:15 p.m. Call 431-6586, ext. 379, and a bus will arrive within 10 minutes. A bus is available to take shareholders home after the movie.
- ★ **Aug. 16—First Man:** On the heels of their six-time Academy Award-winning smash, “La La Land,” Oscar-winning director Damien Chazelle and star Ryan Gosling reteam for Universal Pictures’ First Man, the riveting story of NASA’s mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost—on Armstrong and on the nation—of one of the most dangerous missions in history  
PG-13 | 2h 22min | drama/sci fi | 2018 |  
Sponsor: A Better Solution In Home Care
  - ★ **Aug. 23—The Upside:** A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who’s hired to help him.  
PG-13 | 2h 6min | drama/comedy | 2017 |  
Sponsor: Del Rey Sinus and Allergy Institute
  - ★ **Aug. 30—Spiderman—Into the Spider-Verse:** Teen Miles Morales becomes Spider-Man of his reality, crossing his path with five counterparts from another dimensions to stop a threat for all realities.  
PG | 1h 56min | fantasy/sci fi | 2018 |  
Sponsor: MemorialCare Health System
  - ★ **Sept. 6—What Men Want:** Passed up for a well-deserved promotion, sports agent Ali Davis wonders what else she needs to do to succeed in a man’s world. Hoping to find answers from a psychic, Ali drinks a weird concoction that suddenly allows her to hear what men are thinking. Using her newfound ability, Ali starts to turn the tables on her obnoxious male colleagues while racing to sign the next basketball superstar.  
R | 1h 57min | fantasy/romance | 2019 |  
Sponsor: Brand New Day

Amphitheater Rules

- The Golden Rain Foundation is proud to present the 2019 Amphitheater Season. To ensure an enjoyable season, show-goers are asked to adhere to the following rules:
- There is no video- or audiotaping of performers.
  - Do not save seats. Amphitheater seating is first-come, first-served.
  - Do not sing along with performers unless asked to do so by the performer on stage.
  - Residents must have LW IDs to enter Amphitheater. Non-resident guests must be accompanied by a resident.
  - No one is allowed to sit or stand in the aisles.
  - No smoking is permitted in the Amphitheater area.
  - Flags on scooters should be lowered, so everyone can see the stage (see LW Security for assistance with this).
  - Leave walkers in the aisle.
  - Handicap seating is at street level at the handrails in the middle of the Amphitheater.
  - No pets are allowed.
  - The audience is not permitted to enter the Amphitheater earlier than 1-1/2 hours before the program begins as requested by performers, who will be doing sound checks.
  - Dancing is allowed only on the two side wing patios flanking the Amphitheater stage.
  - No flash photography.
  - Do not climb over seats.





Shannon Harrison and Roberta Lane will play “Granny Apple Cheeks” and her daughter “Apple Pie” in the upcoming Theater Club production of “Early Television According to the Theater Club.”

THEATER CLUB

‘Early Television’ is focus of show

The Theater Club will host a free show on Sept. 2, the Labor Day holiday, in Clubhouse 2 beginning at 7 p.m.

This year’s show “Early Television According to the Theater Club” will reminisce about the early days of TV.

The first half of the production will feature a vignette on Honey-mooners Ralph and Alice Kramden getting their first TV, with the help of their friend Ed Norton.

The second half of the production will be a live version of “The Ed Sullivan Show.”

Admission is free; people are welcome to bring their own beverages. The club will have free ice tea and potato chips for guests.

The Theater Club will not have a general meeting in August.

—Taylor White

Friendship Club

The Friendship Club offers computer classes taught by Jeff Sacks and Miryam Fernandez. The schedule is as follows:

**Monday, Aug. 19, Clubhouse 6, Room B**

- 11 a.m.—Intro to Android Smartphones (Sacks)
- Noon—Texting: It’s Easier than You Think (Fernandez)

*Note: People must have smartphones for this class.*

**Monday, Aug. 26, Clubhouse 3, Room 4**

- 11 a.m.—Calif DMV Test Preparation, including REAL ID (Sacks)
- Noon-Facebook (Fernandez)

**Monday, Sept. 2—No Class**

**Monday, Sept. 9—Clubhouse 3, Room 4**

- 11 a.m.—Introduction to Android (Sacks)
- Noon—Google Calendar Part 1 (Fernandez)

**Monday, Sept 16, Clubhouse 6, Room B**

- 11 a.m.—Computer Questions and Answers (Sacks)
- Noon-Google Calendar, Part 2 (Fernandez)

Classes are free; donations are welcome to cover costs of a wireless hotspot and printing materials.

If your browser is being redirected to sites that display errors or alerts, it is possibly a so-called tech support scam. A technical support scam refers to any of class a telephone fraud activities in which a scammer claims to offer a legitimate technical support service, often via cold calls or online, to unsuspecting users.

These scams often display pop-up messages that won’t go away, essentially locking your browser to trick you into calling an indicated technical support hotline.

Don’t call the number.

Instead press the power button on the computer for seven seconds to force it to turn off. Then contact a local computer person that you trust.

For more information on computers and the DMV, contact Jeff Sacks (714) 642-0122 or email [jfsacks@gmail.com](mailto:jfsacks@gmail.com).

For more information on basic computer questions, iPhone/iPad, social media, Google Calendar questions, contact Miryam Fernandez, 884-7460.

DANCE from page 14

- Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.
- Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.
- Zumba Club:** Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

KOREAN-AMERICAN Computer Forum offers classes in Mac, Microsoft

The Korean American Computer Forum offers classes in Microsoft Office (Word, Excel, PowerPoint) and Mac computers.

Word, Excel and PowerPoint will be taught in sequence from 9:30-11:30 a.m. on the first and the third Tuesdays of the month in Clubhouse 3, Room 2. Mac is the topic from 1-3 p.m. on the second Tuesdays in Clubhouse 3, Room 1.

Participants must have Microsoft Office installed in their PCs or Macs. People should bring computers to the classes.

For more information, call Suk Im, (206) 679-7570, or Ken Chong 362-8590.

QUILTING BEES Stitchery artists invited to learn more about club

The Quilting Bees of Leisure World welcomes quilters and all needle crafters to come and learn more about quilting.

Beginning Wednesday, Sept. 4, the club will meet at 9 a.m. in the lobby of Clubhouse 3.

The club features project classes, demos, day trips and charity projects. The club has access to a fully equipped sewing room in Clubhouse 3. For more information, call 493-3645.

COMMUNITY KARAOKE Tupas wowed the crowd last week

The Wednesday night Community Karaoke party featured robust vocals starting with Tony Tupas doing an Eagles song, “New Kid in Town,” and followed by Michael Harata, who did a fine show tune “This Is the Moment”; and Tony Tabora, with his Elvis tunes.

Joe Tucky did a good “Garden Party,” and Diane Wasserman had fun doing “I Got You Babe.” Janice Chapman and Susan Kellegghan did a beautiful “Let Me Be There.”



Tony Tupas

Eva Deroia was applauded for “This Is My Life.” Wayne Urban, Vito Villamar and Bob Barnum all chose tunes that got folks up and dancing.

Other notable selections were done by Byong Choi, “When I Dream”; Pat Kogak, “Anytime”; and Walter Piippo, “After the Lovin’.”

Audrey McKenzie with her British accent did “Last Farewell,” followed by Ric Dizon, Barbie May, Ruby Johnson, Richard Yokomi, Sue Piippo, Tino Tupas, Pete Tupas, Bev Adams, Mike Breen and Rick Herring.

All of them were enthusiastically applauded.

Karaoke parties are each Wednesday in Clubhouse 1 beginning at 5:30 p.m.

There is coffee and snacks to share. Regulars practice songs on Tuesdays in Clubhouse 6 from 1-3 p.m. but all are welcome. Singing is good for our health!

—Margie Thompson



**KATELLA**  
Senior Living Community



**Alamitos West**  
Health Care Center

Katella Senior Living Community's variety of care options and seemingly endless amenities allow you to fill your days with family, friends and activities that mean the most. Tastefully decorated in California casual style, Katella Senior Living Community serves a wide range of lifestyle preferences and care needs including:

- Independent Living
- Assisted Living

- Memory Care
- Respite Care

After a hospitalization, your medical team may want you to continue rehabilitation services as part of your recovery. Alamitos West Health Care Center, a rehabilitation and transitional care community, offers a team approach to support your recovery, including:

- IV therapy
- Wound care
- Cardiac and stroke care
- Physical therapy

- Occupational therapy
- Speech therapy
- Pain management

We'd love to hear from you!

**KATELLA SENIOR LIVING COMMUNITY**  
3952 Katella Avenue, Los Alamitos, CA 90720  
562-596-2773 | [katellaseniorliving.com](http://katellaseniorliving.com)  
RCFE License #: 300602548

**ALAMITOS WEST HEALTH CARE CENTER**  
3902 Katella Avenue, Los Alamitos, CA 90720  
562-596-5561 | [alamitoswest.com](http://alamitoswest.com)

MANAGED BY

 The Goodman Group





# Community



Golden Age Foundation President Carole Damoci (r) presented Cindy Skovgard from Pathways with a check for \$10,000 to be used to provide a human contact for those in need.

**GOLDEN AGE FOUNDATION**

## Pathways receives donation to provide companionship to LWers

The Golden Age Foundation recently donated \$10,000 to the Pathways program that helps identify lonely and sometimes forgotten individuals who need a human connection. Pathways trains volunteers to minister to its clients by visiting them, going for walks, reading to them and just offering a connection to someone.

In the fall of 2018, the Golden Age Foundation started a program called Heart2Heart to provide companionship to those in need.

When Pathways began coming to Leisure World in 2019, the Golden Age Foundation realized that it had a similar program up and running with a connection to CSULB student nurses and Meals on Wheels.

The Golden Age Foundation's Sharon Kohn contacted over 40 Heart2Heart volunteers who were trained and assigned clients through Pathways.

The Golden Age Foundation decided that a donation to Pathways for companionship kept in line with its Articles of Incorporation.

The Golden Age Foundation's Articles of Incorporation provide important guidance for the distribution of donated funds.

Specifically, these documents direct the Golden Age Foundation to "receive contributions and dispense funds to aid and support those persons in need of charitable assistance, primarily the aged," in part by forming alliances with other non-profit organizations with similar missions.

The Golden Age Foundation was organized in 1973 by the Golden Rain Foundation (GRF) Board of Directors. These community leaders became aware that there were many needs not met, particularly among residents with lower income levels. They saw the establishment of a non-profit foundation, separate from the governance function provided by GRF, as an important strategy.

For over 46 years, the Golden Age Foundation, using contributions from individual shareholders and groups, has provided many programs and services to improve the quality of life for all

Leisure World residents.

For over 35 years Pathways' has assisted older adults in Leisure World and the surrounding areas remain independent, in their homes and in their own communities. Pathways steps in when a person's health or daily living skills begin to change and they need additional support. When a shareholder contacts Pathways, a staff member comes out to take a look at how things are going in their environment and make recommendations that will help them in the areas they are struggling. It partners with California State University, Long Beach, Nursing Students to provide assistance with medication management, chronic illness management, and proper nutrition as well as with volunteers to assist in other areas like loneliness. They also partner with Meals on Wheels for nutritional needs and by providing these services to anyone who comes on service directly with them.

People want to remain independent and in their own homes, but when that isn't possible, it is a comfort to have someone to call for help.

One recent client stated that "They are angels...I don't know how I could stay in my home without them. They help me with my medication, getting my prescriptions and even just call to see how I am doing."

Another client's entire demeanor changed after receiving a new friend (volunteer) who visited weekly. The isolation was causing depression and a simple visit and knowing someone cared caused this client to perk up and smile.

Lastly, Pathways also provides bereavement support for shareholders two times per year and off-site as well.

Pathways is proud of the work it does and is committed to the residents of Leisure World.

For more information on Pathways or its services, call 531-3031.

The Golden Age Foundation wishes Pathways great success in the community and is proud to be a sponsor.



Lee Esslinger (l-r), Dan Weber, Tom Schmitz and Commander Rich Carson ham it up prior to the American Legion's pancake breakfast on Saturday, Aug. 17.

**AMERICAN LEGION**

## Come one, come all to pancake breakfast Saturday

Come one, come all to the American Legion's pancake breakfast on Saturday for pancakes or biscuits and gravy in Clubhouse 2 from 8-10:30 a.m. Breakfast will also include sausage, orange juice and bottomless coffee, all for \$5 per person.

Tickets will be sold at the door. Bring family, friends and neighbors. Pick up a plate and take it to someone who is stuck at home.

Through the generosity of Fantastic Cafe in Westminster, all the food and coffee has been donated. The Post appreciates its

most generous continuous support. Go have a meal at Fantastic Cafe to show your appreciation, and be sure to tell cafe staff that The American Legion sent you.

Post and Auxiliary members are asked to come at 7 a.m. to help set up.

Don't forget to bring breakfast tickets. For information, call Rich Carson at (714) 719-6872 or Lee Esslinger at (310) 491-8990.

...

Attention flea market participants, sign-ups for the American

Legion Post and Auxiliary flea markets will be conducted in Clubhouse 4 on Monday, Aug. 19, at 1 p.m.

People can sign up for one or both events. The table fee is \$10. Additional clothing rack space is \$5 for each event. The flea market events will be held on Saturday, Sept. 14, and Saturday, Nov. 9, from 9 a.m.-2 p.m. in Clubhouse 2. Bring table fees and GRF ID cards. Contact LaBrenda Carson, (424) 263-0514, for further information.

**SUNSHINE CLUB**

## SBPD liaison will speak tomorrow

Jon Ainley from SBPD will be the guest speaker at the Sunshine Club tomorrow, Aug. 16, at 10 a.m. in Clubhouse 3, Room 2.

Jon has been a police officer for approximately 13 years and started his career in law enforcement with the Placentia Police Department in 2006. During his career he has been assigned to several specialties including field

training officer, bicycle team, honor guard detail and property crimes detective.

He came to the Seal Beach Police Department in 2017 and has been assigned as a field training officer, special enforcement team and his current position as a property crimes detective and Leisure World liaison.

**SUNSHINE, page 19**



**SBACC**

## Pet items collected at Amphitheater show on Aug. 29

The Seal Beach Animal Care Center (SBACC) will collect donations for the shelter at the Amphitheater show on Aug. 29, courtesy of OptumCare. Volunteers from the shelter will be at the entrances from 6-8 p.m.

All who donate will be eligible to win gift certificates from CPK, Ralph's and Panera Bread.

Volunteers will accept cash and specific dog and cat items.

Items currently needed for dogs at the shelter include: Cash for vet bills, baggies for meds and food, large and small dog beds, plastic spray bottles, band-aids, Neosporin, leashes, poop bags, Vectra D flea control and dog food, Science Diet Small Bites, Science Diet Original Dry, Science Diet Sensitive Stomach and Science Diet Canned Stew.

**SBACC, page 17**



On Thursday mornings Woman's Club members meet at the home of Eileen Dohl to create "The Secret Garden." The Garden will bloom at the Sept. 21, fund raiser in Clubhouse 2 at 11 a.m. Included at the celebration will be a luncheon, opportunity prizes and professional entertainment. Tickets for the celebration may be purchased for \$25 per person by calling Jan Kuhl at 446-0082.





Bill Denton (standing) reads the question while Bill Frambach confers with table mates at the Y Service Club Triviamania games.

#### TRIVIAMANIA

### Tickets on sale for Aug. 30 games

Get your ticket for the Y Service Club Aug. 30 Triviamania game beginning tomorrow, Friday, Aug. 16 from 9-11 a.m. outside Clubhouse 6. Tickets, \$10, payable by cash or check, can also be purchased at the same time and place on Aug. 19, 21, 23 26, and 28. Look for Y Service members in yellow jackets who will be happy to answer questions.

The game will take place Friday, Aug. 30, from 1-4 p.m. in Clubhouse 2. Tables of eight put their heads together to come up with the right answers.

Seating is assigned on a first-come, first-served basis. Come by yourself or join a group to exercise your brain, meet new people and enjoy some laughs.

The winning team takes home three-times their buy in; second place two-times the buy-in; and third place, ticket cost refunded. Cash prizes are shared among all table members.

Beverages and snacks are available for purchase. Proceeds help support local YMCA youth programs and Leisure World projects.

For information about the event, call Bill Denton at 209-0816.

### Mutual 2 holds EBS training Aug. 17

Mutual 2's all volunteer Emergency Buddy System (E.B.S.) will hold a training session on Aug. 17 in Clubhouse 3, Room 2, at 1:30 p.m. All Mutual 2 shareholders are welcome.

Learn where Command Posts will be located in case of a major disaster like a massive earthquake or fire that would bring chaos to the community.

A step-by-step procedure of what to do, where to go, who to help and who can help you will be covered.

Mutual 2 has 864 apartments divided into seven parcels. Each Parcel has an E.B.S. coordinator and volunteer Emergency Buddys who are CERT certified. The Mutual has retired nurses, firemen, FRS and HAM radio operators and people trained in First Aid, etc. The training session will include visual aids and resource presentations by E.B.S. chairs Dr. Rosa Fabian, Teresa Turner and Fara Quirin.

E.B.S. currently has 85 volunteers, with the purpose to assist first responders in case of a major disaster by having everyone accounted for in the 72 buildings in Mutual 2.

Rosa asks the volunteers to wear their Emergency Buddy badges to the training session.

#### COMMUNITY

### Bingo played Sundays in CH 2

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

On Aug. 18 the games will be hosted by St. Therese of Holy Family Parish.

The New York Club hosts the first Sunday of the month; Gadabouts, second Sunday; St. Therese of Holy Family Parish, third Sunday; and the American Legion the fourth and fifth Sundays.

#### SBACC

from page 16

Items needed for cats include: cash donations for vet bills, paper towels, toilet paper, Dawn dish soap, Scoop cat litter, AA-batteries, Advantage Flea Treatment, KMR Kitten Formula/Milk Replacement, litter box scoopers and cat food, Purina Sensitive Systems dry cat food, Purina Kitten dry food, Friskies any flavor of pate or shreds canned cat food, and Kitten Fancy Feast any flavor of canned cat food.

All proceeds go toward feeding, housing and caring for the dogs and cats in the non-profit, no-kill shelter.

### PEO card party is Aug. 28, CH 2

The PEO will host its card party and luncheon on Wednesday, Aug. 28, in Clubhouse 2 at 11:45. Lunch will be served at noon. All Leisure World residents are invited.

Men and women are invited to join the fun and play any game they want. Tables can be set up in any configuration to make it easier to play. Everyone must have a reservation, so call Jan Krehbiel, 431-8240, for information or to start a new table.

The lunch costs \$12 and includes an entree, salad, roll and dessert, plus a beverage of your choice, hot tea, coffee, ice tea, and ice water.

To come for lunch only, call for a reservation. To play cards, but no lunch, there is a \$3 charge, since this is a fund raiser.

PEO is a philanthropic national organization that sponsors college scholarships for women. For more information or to make changes, call Jan before Aug. 24.

#### LW SOCIAL CLUB

### Cards, lunch slated Aug. 23

The LW Social Club meets on the fourth Friday for lunch and cards. The cost is \$4. On Aug. 23 sandwiches, salad, snacks, coffee and tea will be served.

New tables of four are welcome. Call Marj Earls, 275-1778, or Joan Taylor, 240-5416, for information.



Sylvia Klebe is guest Aug. 21.

#### Y SERVICE CLUB

### LWer, SB police volunteer is guest

Leisure World resident and Seal Beach Police Volunteer Sylvia Klebe will be the guest speaker at the Y Service Club meeting on Wednesday, Aug. 21. The meeting, held in Clubhouse 3, Room 2, starts at 7:30 a.m. with a continental breakfast hosted by Sylvia Makus and Dianne Hart.

Following a business meeting conducted by President Margaret Humes, Klebe will talk about the Seal Beach Police Volunteer Program. She will discuss qualifications, expectations and types of services provided by volunteers. She will be available to answer questions about this important community program.

All Leisure World residents are welcome to attend the club meeting to hear the speaker's presentation and to learn more about the Y Service Club's role in the Leisure World community.



# THE BINGO CLUB

## Hawaiian Gardens

TWO  
**\$500**  
MUST GO  
DRAWINGS  
7 Nights A Week



# OVER \$400,000

## PAID WEEKLY (Incl. Tabs)

# 7 NIGHTS A WEEK!

Monday thru Thursday 6 pm to 12 Midnight  
Friday and Saturday 6 pm to 2 am • Sunday 2 pm to 12 Midnight  
Doors Open Monday-Saturday 4 pm • Sunday 12 pm

**THE BINGO CLUB COUPON**

**VALID MONDAY THRU THURSDAY ONLY**

**6 PM to 11 PM**

**ONE COUPON PER CUSTOMER...PER WEEK**

## 5 FREE GAMES

[000] MUST PRESENT COUPON • ORIGINAL COUPONS ONLY  
No photo copies will be honored • Photo ID Required.

- **FREE PLAY** on your B'Day  
Good the day before, on or the day after your b-day. 25 Games
- Gift Certificates Now Available
- Tres Amigos Mexican Grill
- Food Service Available
- Free coffee, Ice & Parking
- Friendly Staff
- Security On Site
- Smoke Free Indoors
- Smoking Patio available for Bingo play



21900 Norwalk Blvd., Hawaiian Gardens 90716  
(562) 402-6769



THE BINGO CLUB IS A FUNCTION OF, AND OPERATED BY THE IRVING I. MOSKOWITZ FOUNDATION, A NON-PROFIT PUBLIC CHARITABLE ORGANIZATION



AMERICAN LATINO CLUB

Empanadas, tamales served Sept. 6

The American Latino Club will have a get together on Friday, Sept. 6, in Clubhouse 4, at 11 a.m.

There will be mariachis, and entertainment. The club will offer chicken, ham and cheese, beef, and/or spinach empanadas. Also served will be pork tamales with red chile and chicken tamales with green chile and lemonade. Members will bring side dishes and desserts for six people.

Cost is \$10 per person for non-members, which includes food and soft drinks.

Make reservations before Aug. 29 by calling Maria Rodriguez, 430-3405; Alicia Ortuzar, 588-3090; or Carmen Edwards, 431-4257.



Elaine Miller, Mutual 1, with her dogs, PeeteOh and Katness, organized and has been promoting the Pet Care Pet Clinic set for Aug. 29 at Community Church.

Low cost pet clinic comes to LW

A low cost veterinary service will be available to Leisure World residents through the Pet Care Pet Clinic with Dr. Fong at the LW Community Church, 14000 Church Place, Thursday, Aug. 29, from 9-11 a.m.

Rabies shots will be available for \$12. Other services include stool examination, microchips, etc., which will be at a lower cost than typically found at area veterinary clinics.

Both dogs and cats are welcome.

“Leisure World is a community of pet lovers”, says Elaine Miller, one of the organizers. “For many it is a challenge to get their pets to their necessary vet visits. Our pets need to be safe from sickness and diseases that could easily be passed on from one to the other.”

Miller has distributed flyers with pricing in various laundry rooms around Leisure World. Leisure World Minibuses will allow pets in locked crates or carrying cases aboard shuttles on this date.



LW Democratic Club President Mary Tromp attended a meet-and-greet with an overflow crowd to see Sen. Amy Klobuchar.

LW DEMOCRATIC CLUB

Sen. Klobuchar speaks to an overflow crowd

More than 400 people gathered in a room designed to hold only 250 on Aug. 4 for a meet-and-greet event with Sen. Amy Klobuchar sponsored by the Democratic Party of Orange County.

Mary Tromp, president of the Seal Beach Leisure World Democratic Club, and Mary Larson, past president were among those present.

Klobuchar began talking passionately about the shootings in El Paso and Dayton. She went on to outline her support for a package of gun violence policies, including instituting universal background checks by closing the gun show loopholes and banning bump stocks, high capacity ammunition feeding devices and assault weapons. She also urged that the Senate be called back into session immediately to act on legislation recently enacted by the House.

For the next 45 minutes, Klobuchar, speaking without notes, highlighted her support for a number of issues, including reinstatement of the International Climate Change Agreement, lifting of the ban on Medicare negotiations for prescription drugs and federally mandating paper ballots to protect the security of our elections.

She also announced that she had met the donor threshold to make the stage for September’s next Democratic primary debate in Houston and hosted by ABC News and Univision.

Club members are reminded that the Wednesday, Aug. 21, meeting will begin at noon in Clubhouse 4. Visitors are welcome to attend.

The featured speaker will be the chair of the Democratic Party of Orange County.



LWers Wook Jang Cho, president of the Korean American Association, and Grace Kim welcomed PAVA World volunteers Aug. 6. The group’s leader is Jamie Chung (black shirt).

Students entice LW voters with bags of rice

Members of the Pacific American Volunteer Association, (PAVA) World Environmental Foundation, were invited to Leisure World by the Korean American Association on Aug. 6 to register voters. The percentage of Asian-Americans registered to vote is low. The group brought bags of rice to entice Asian residents to attend the event held in front of the LW Community Church. PAVA World is a non-profit volunteer organization founded in 2001, to service communities in Southern California by promoting and expanding volunteerism. The volunteers are mostly middle school and high school students. PAVA World volunteering events focus on environmental clean-ups to preserve nature, community event participation to support government officials and help people in need such as homeless people, and education workshops and seminars to transform students into future leaders of society.



Bags of rice were distributed to LWers who participated in the KAA-sponsored voter registration conducted by student volunteers from PAVA.

### Worrying About Your Memory?

### Join the MIND study!

#### Are you experiencing these symptoms?

- Forgetting things more often, such as appointments or social engagements.
- Becoming increasingly overwhelmed when making decisions, following instructions or planning a project.
- Finding it more difficult to pay attention and being easily distracted.

If so, you may be eligible to participate in the MIND study. The purpose of the MIND study is to determine whether nicotine (in patch form) improves memory and functioning in adults diagnosed with Mild Cognitive Impairment.

### MIND

**To learn more,**  
**visit us on the web at:**  
**MINDstudy.org**

**Or contact us at:**  
**Rancho Research Institute**  
**(562) 385-7463**







Shiori Long (l), the guest speaker at the Nikkei picnic on Aug. 8, was greeted by Sherie Vanek. Long is a social worker at the LW Health Care Center and gave a presentation on senior health issues.



Sook Kim performs with the Hui O Hula at the Nikkei picnic and performed. She is a member of both groups.

KACMA  
Study of Tchaikovsky continues

The Korean American Classical Music Association will meet today, Aug. 15, at 9:30 a.m. in Clubhouse 4.

Highlights of the class will continue introductions of Tchaikovsky, “1812 Overture,” Op. 49, “The Sleeping Beauty,” Op. 66, 6 and 8a and “The Nutcracker,” Op. 71, Nos. 2, 8, 12, 13.

Ken Chong conducts the appreciation of classical music and Robert Chung presents a golden oldie and favorite songs selected by the members. The class is conducted in Korean.

The club encourages good fellowship through interpretation and appreciation of classical



music and by attending concerts.

For further information, contact President Angel Joh, 598-0313, or Program Chair Robert Chung at 387-7377 or email at robertschung@hotmail.com.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

SUNSHINE  
from page 16

A few topics he will cover are:

- Elder fraud and theft by deceit; the elderly community is exceptionally vulnerable to scams and thefts by deception. He will provide several examples of these scams as well as provide identity theft material.
- Calling the police vs. calling Leisure World Security; Several times the police have been called hours or days after a crime has occurred and officers lost leads due to the time delay. He will discuss situations when the police should be called and times residents should contact Leisure World Security instead.
- Security and situational awareness; although Leisure World is a secure neighborhood, it is often targeted by criminals looking to victimize the elderly. He will discuss crimes of opportunity and ways to prevent thefts from occurring as well as when residents leave the community and leave commonly stolen property in plain view.

Although he is the Leisure World liaison for the Police Department, his time and accessibility will be limited as he is also assigned to an additional case load at the police department.

If residents would like to discuss their cases or have general questions about legal issues, they should contact the security staff or police department general line who will direct them appropriately.

The Sunshine Club is designed to help all people get along in the community; for neighbors to have better communication; and to get the best out of living in Leisure World by learning how to use available information.

The club has frequent guest speakers from outside Leisure World who speak on various topics that enhance living in LW.

Arrive 5-10 minutes early to enjoy refreshments before the meeting begins at 10 a.m.

The club meets on Fridays, in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first Friday in Room 9).

All shareholders are welcome to attend; no membership required. For more information, call Anna Derby at 301-5339.

Obituaries

Space is available for obituaries of residents and former residents.

- An “In Memoriam” column is available free of charge. Limited to name, mutual number and date of death.
- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
- A “Card of Thanks” section is available in the classified section at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, to express thanks for help during bereavement, sickness, etc.

\*\*\*  
**In Memoriam**  
Brandyn Wilbanks 25  
Clayton Pollard 94  
Gerald Walker 82  
Conjetta Zenzola 88  
Jeannette Bozarelos 79  
Linda Jorgensen 78  
Ramon Arzate Madero 61  
Eva Boyer 91  
Roger Wilson 84  
John Smalley 56  
Families assisted by  
McKenzie Mortuary,  
961-9301  
—paid obituary

The OBITUARIES  
deadline is 4 p.m.,  
Monday,  
prior to the  
Thursday publication.  
E-mail  
Obituary Notices to  
cathiem\_news@  
lwsb.com  
with photos attached  
as jpg files.

BOOK PUBLISHED  
LWer published book about his childhood

Edward Beggs, Mutual 7, recently published a children’s book, “Grandma’s Summer Wonderland,” about summers spent on his grandparent’s lake shore homestead in central Washington.

His writings serve to mediate between the generations.

He served as a pastor in the Congregational Church and worked closely with the government to decriminalize runaways.



“Grandma’s Summer Wonderland” is available on Amazon.com for \$14.95.

Joshua 1:7-9

**GREENWOOD**  
HEATING & AIR INC.

“Leisure World Specialist”

CENTRAL

HEAT PUMP

SERVICE

SALES

SERVICE

REPAIR

Call for a Free Quote on New/Replacement Equipment Installation

Installation of Central and Mini-Split Systems

The new degree of comfort.™

**714.821.7070**







# Sports & Games

## Cards and Games Scoreboard

**Leisure World Duplicate Bridge Club** winners: Winners in the game on Thursday, Aug. 8, were: N/S: First in Strat A: Larry Slutsky-Verna Baccus; second in Strat A, first in Strat B: Ted and Joan Wieber; third in Strat A: Christine Frumen-Eileen Kotecki; fourth in Strat A, second in Strat B: Marty Lipman-George Alemshah; fifth in Strat A: Larry Topper-Lynn Danielson; sixth in Strat A: Janet Wagner-Carol Murakoshi; third in Strat B: Judy Carter-Johnson-Bobbi Vann; first in Strat C: Miriam Kelley-Judy Mathias. E/W: First in Strat A: Judith Jones-Al Appel; second in Strat A, first in Strat B: Jeanette Estill-Diane Schmitz; third in Strat A, second in Strat B: Fred Reker-Russ Gray; fourth in Strat A, third in Strat B, first in Strat C: Ellen Kice-Norma Krueger; fifth in Strat A, fourth in Strat B, second in Strat C: Frances Gross-Harriet Wiess; sixth in Strat A, fifth in Strat B: Bud Parish-Sue Fardette; third in Strat C: Barbara Wallace-Bill Dilks. Winners in the game on Monday, August 8, were: N/S: First in Strat A: Sibyl Smith-Judith Lorber; second in Strat A, first in Strat B: Alan Olschwang-Chie Wickham; third in Strat A, second in Strat B, first in Strat C: Julie Cunningham-Gene Yaffee; fourth in Strat A: Marilyn McClintock-Jeanette Estill. E/W: First in Strat A, B, and C: Dolores Cronin-Claudia Bird; second in Strat A and B: Bobbi Vann-Paul Chen; third in Strat A and B, second in Strat C: Harriet Weiss-Bea Aron; fourth in Strat A: Dorothy Favre-LaVonne McQuilkin. Reservations are requested to play in the Monday and Thursday afternoon games in Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservation. To make or cancel a reservation for Mondays call Gene Yaffee at 430-7040 or email her, no later than 10:30 a.m. on game day, at grandmagene83@gmail.com; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at hbsharonb@gmail.com. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon and 1 p.m.

— Gene Yaffee

...

**Friendly Pinochle Club** winners: Aug. 8: Jim Kaspar 12790, Marge Doderol1410, Al Bonnema 11220, Keith Clausen 11100.

— Bert Sellers

**Burning Tree Duplicate Bridge Club** Aug 10: N/S: Russ Gray-Ellen Kice; Sibyl Smith-Jeanette Estill; Bob and Pat Adam; Joyce Basch-Harriet Weiss. E/W: Fred Reker-Larry Slutsky; Mark Singer-Marilyn McClintock; Miriam Kelley-Judy Mathias. Aug 9: Fred Reker-Bud Parish; Al Appel-Joan Tschirki; Betty Jackson-Judy Jones; George Alemshah-Sylvia Kaprelyan; Ernie Ross-Ray Tomooka. E/W: Marilyn McClintock-Sue Fardette; Jeanette Estill-Eileen Kotecki; J. Baum Harris-Larry Slutsky; Ellen Kice-Russ Gray; Ann Croul-Sue Boswell; Mark Singer - Kar-Yee Nelson.

The club meets Fridays and Saturdays in CH 1 at 12:15. For information on how to join the fun and play, call or text Fred Reker at 615-898-0669. The next special event is Friday Aug 16 Summer Picnic (Barbeque) and Club Championship.

— Fred Reker

...

**Jolly Time Pinochle Club** winners Aug. 10: Diana Lambert 11140, Peg Kaspar 11090, Jim Kaspar 9830, Julia Troise 9730. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

— Bert Sellers

...

**Monday Bridge Club** Aug 12: First place: Paul Chang; Second place: Maxine LaFluer; Third place: Betty Leavitt

— Pauline Fitsimons



## MEN'S GOLF

### Free golf lessons are now available

The Men's Golf Club is offering free golf lessons for beginners, for those who would like to brush up, and for experienced golfers. Also, anyone who would like to get a handicap (required for playing in our local tournaments) is also invited to attend.

Bill Lyons will provide the free lessons by appointment, preferably on Thursdays or Fridays. Contact Bill at 588-1810 to set up day and time.

## WOMEN'S GOLF

### 49 women played golf on Aug. 6

Forty-nine members of the Leisure World Women's Golf Club played for low gross, low net and the circle Hole #8 on Aug. 6. Only Patti Smith got in the circle.

The flight winners are:

Flight A - Devora Kim and Mary Park tied for a low gross of 30. Hae Lee and Zoe Pickell tied for low net of 26.

Flight B - Margie Thompson, low gross of 28. Anne Walshe, low net of 22.

Flight C - Sue Yokomi and Keiko Sekino tied for low gross of 33; Patti Smith had a low net of 23.

Flight D - Jeanne Aranash had a low gross of 38. Evelyn Scherber had a low net of 23.



Pattie Smith

## CRIBBAGE CLUB

### Eileen Dohl wins the game

Eileen Dohl had the high score of 836 followed by Bobbie Straley at 834 with Jack Hawn and Liz Meripol tied at 832 and Margaret Smith and Kent Davidson tied at 828. There were 54 players on Aug. 6.

The Club provided chocolate cake and ice cream and Hostess Cupcakes and Twinkies and wished everyone Happy Cribbage Day. Margaret Smith and Marie McGuire served. Jean Wilson brought coffee and utensils. Many thanks.

The club meets at 12 noon on Tuesday in Clubhouse 1. There is always room for more players.

If you would like to learn to play Cribbage or just need a brush up, call Patti Smith at 242-4674 to schedule lessons.

Partners are not required and everyone usually finishes by 3:30 p.m. Everyone is welcome. Arrive by noon to be guaranteed a table.

— Bobbie Straley

## MEN'S FRIDAY GOLF

### Five Birdies at Santa Ana golf course

The Men's Friday Golf League played on Aug. 9 at Riverview Golf Course (par 72) in Santa Ana. Nine men competed over 18 holes in two flights. Closest to pin on holes No. 2 and No. 9 was Gary Stivers.

Both Monday and Friday Golf Clubs play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays.

There is a prize pool for each round that players are not obligated to enter. Prizes awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts. Holes-in-One are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.

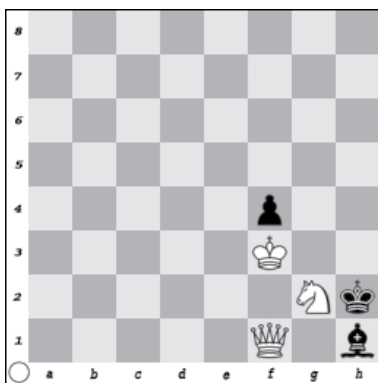
## Chess Club Puzzle

**This week's puzzle:** White moves first and for any answer by black, the white's next move is checkmate.

...

Chess partners are available in Leisure World when the LW Chess Club meets from 2:00-6:30

**CHESS, page 23**



## Pickleball Club

The Pickleball Players Club open play is offered daily from 9 a.m.-8 p.m. and the Multipurpose Court. The club has a monthly meeting on the first Sunday of the month at 5:30 p.m. in Clubhouse 2. For more information, call Darlene Boyce at (310) 713-6696. To find out more about the club, log on to <http://philsden.com/pickleball>.

**LW Residents Only**

**Free Flat Repair**

**\$25 Discount on Air Conditioning Service**

Expires: Two weeks from publication

**Oil Change Filter & Tire Rotation**

**\$14.99**

Includes S3 Hazardous Disposal Fee. Special Diesel Oil & Filters extra. With this coupon only. Most cars and light trucks. Foreign cars and other vehicles extra. Valid at Los Alamitos locations only. LW Residents only. Expires: Two weeks from publication

**Over 25 Years Serving the Community**

**3400 Cerritos Ave. Los Alamitos**

**562-799-1777**

**www.coastlineautocare.com**

**10% Senior Discount**

**We Are Now Closed On Sunday**

**Mon. - Fri. 7:00 am - 6:00 pm**

**Sat. 7:00 am - 5:00 pm**

**Closed Sundays**

**Easy Living Home Care and Errands**

Affordable In-Home Care and Errands help with all your needs. Keep Independence. Compassionate.

**We Listen!**

**New Client Special 3 hours FREE**

**Free In-Home Evaluation**

- \* Home Care
- \* Personal Care (Bathing / Dressing)
- \* Escort to and from Appointments
- \* Shoppings, Outings, Errands
- \* Housekeeping, Laundry, Organizing
- \* Companionship
- \* Meal Preparations
- \* Medication Reminders
- \* Maintain Safe & Secure Environment
- \* Short Term Recovering Patients

**Licensed \* Insured \* Bonded \* W2 Employees**

**Employee Criminal Background Checks**

**(949) 842-6831**

[lori@homecare4ca.com](mailto:lori@homecare4ca.com) • [www.homecare4ca.com](http://www.homecare4ca.com)

Lic. # 304700141

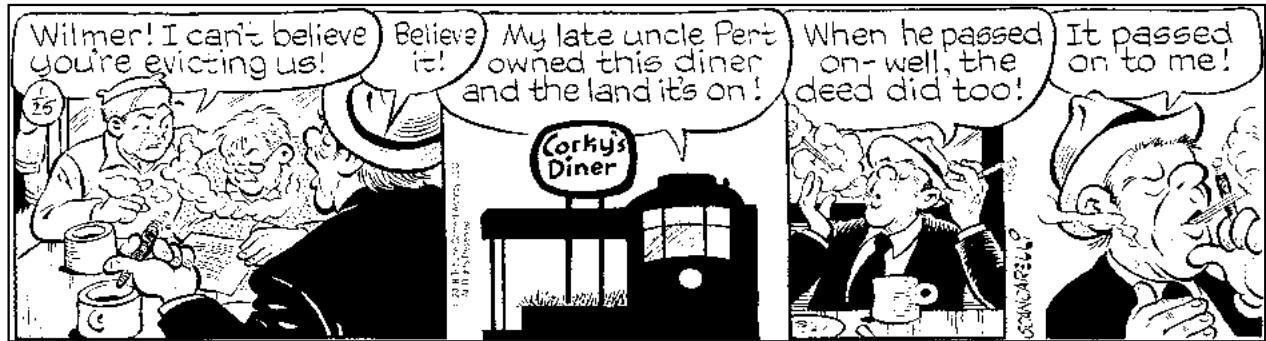


Puzzles & Comics

Answers on page 26

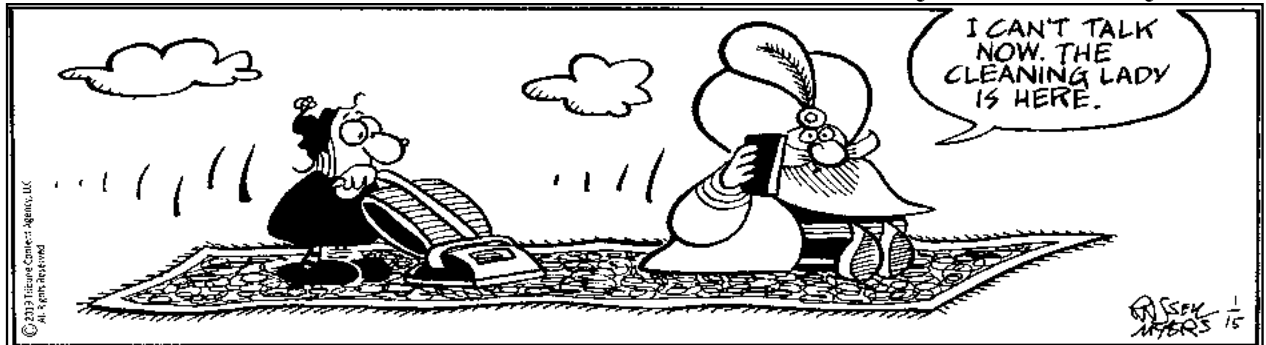
Gasoline Alley

By Jim Scancarelli



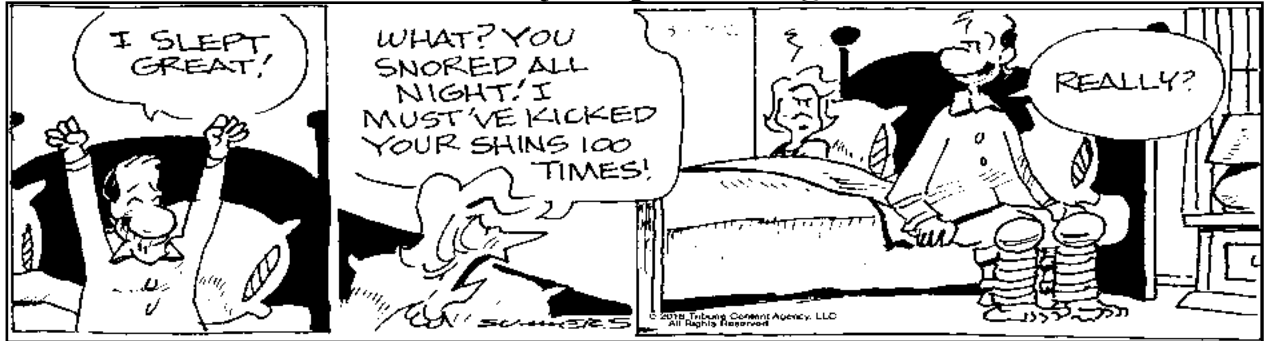
Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

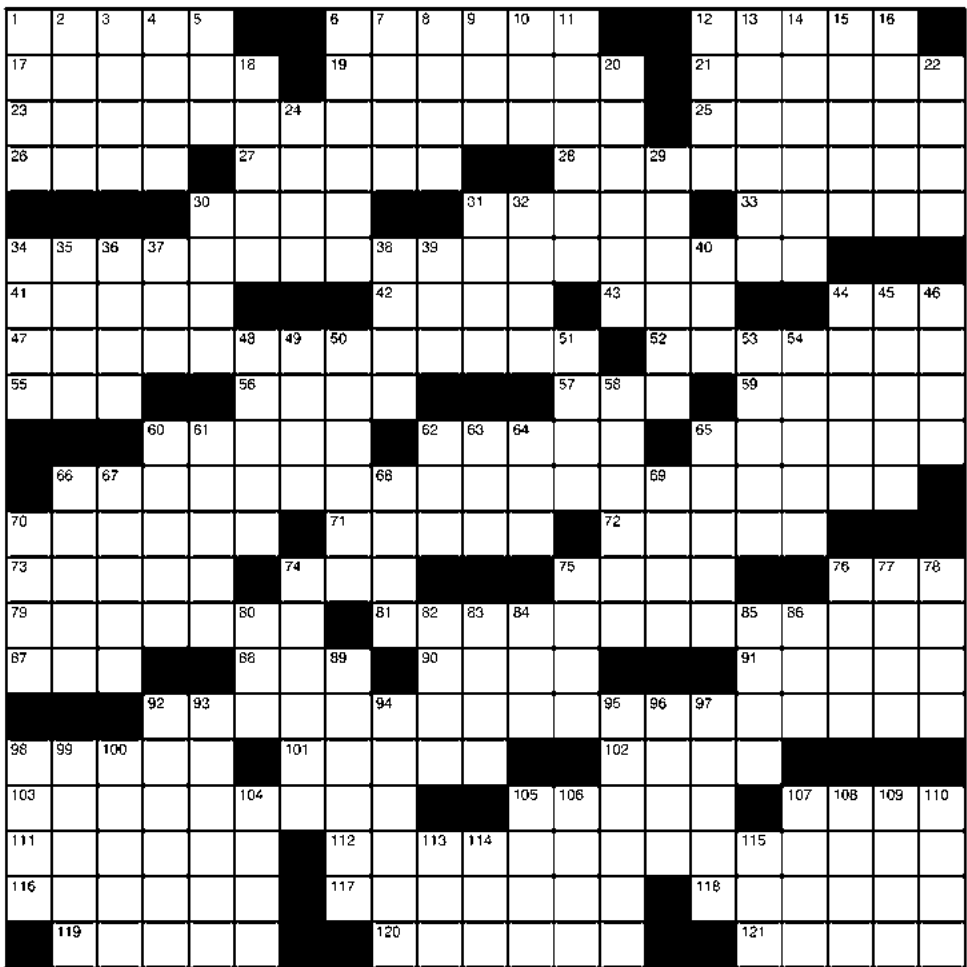


Singing With Frank

Edited by Linda and Charles Preston

ACROSS

- 1 Bar food
- 6 Reddish brown
- 12 Lunar lander
- 17 Distant admirers?
- 19 Stealthily
- 21 Piano part
- 23 1965 song sung by 79 Across
- 25 Sartre's "sorrowful"
- 26 Some Senate votes
- 27 "\_\_\_ for the Misbegotten"
- 28 Daytime co-host
- 30 Set in motion
- 31 Dolphins' home
- 33 They do Windows
- 34 1964 song sung by 79 Across
- 41 Wheat variety
- 42 Comfort
- 43 Ltrs. at the theater
- 44 Petunia's plot
- 47 Another favorite
- 52 Trade sanction
- 55 They've got your #
- 56 Shell mates?
- 57 Family member
- 59 Love greatly
- 60 SE coast Arab
- 62 Massenet courtesan
- 65 Playing marbles
- 66 Favorite sung by 79 Across in '66
- 70 European capital
- 71 Nasal membranes
- 72 \$100
- 73 "Common Sense" author
- 74 Sm. change
- 75 Political platform?
- 76 Self-centeredness
- 79 He sang the songs
- 81 Another he sang in '55
- 87 Assay subject
- 88 Nary a \_\_\_
- 90 Nerve cell extension
- 91 Expedient
- 92 Possibly his most favorite '65
- 98 1836 massacre scene
- 101 Places for prayers
- 102 Undercarriage part
- 103 Emulate 14 Down
- 105 Pondered
- 107 Choice word
- 111 Narcotic
- 112 He sang it in '55
- 116 Ship's officer
- 117 WWI battle site
- 118 Land of the midnight sun
- 119 Check entry
- 120 Tops
- 121 Nancy Drew creator



©2019 Tribune Content Agency, LLC. All rights reserved.

8/18/19

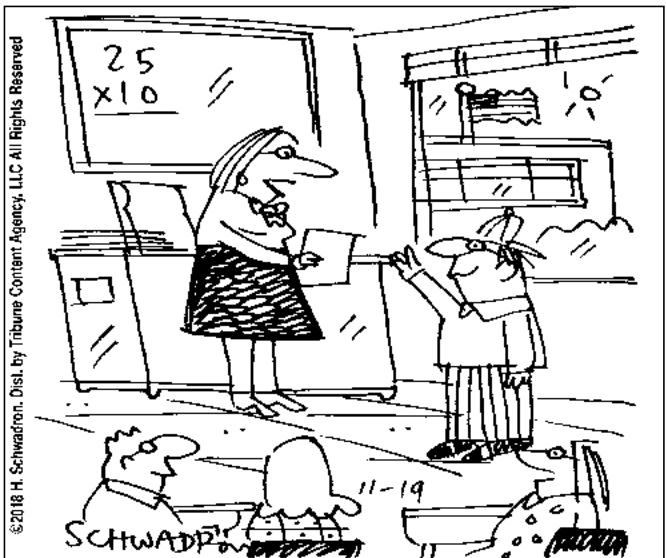
DOWN

- 1 Couch potato's perch
- 2 Definitely not pretty
- 3 Leonard \_\_\_\_, aka Roy Rogers
- 4 Sews up
- 5 Anger
- 6 Zen enlightenment
- 7 Roman emperor
- 8 Nothing, to Nanette
- 9 Tach readout
- 10 WWII arena
- 11 Check out
- 12 Jewish heroine of the OT
- 13 Place in the heart
- 14 Super Bowl quarterback Bob
- 15 Fine cotton thread
- 16 Keep accounts
- 18 Facts and figs.
- 20 Fill with love
- 22 Giggly trio?
- 24 Leave
- 29 Miffed
- 30 He does the lord's work
- 31 Go together
- 32 Column couple
- 34 Private eyes, for short
- 35 Medical orgs.
- 36 Madame Bovary
- 37 Honey follower
- 38 Six, in Seville
- 39 Sun \_\_\_-sen
- 40 \_\_\_ pah-pah
- 44 Thin soup
- 45 White water bird
- 46 Leporine shes
- 48 Items of interest
- 49 Half of a Chinese duo
- 50 Most ironic
- 51 Blue-pencil
- 53 Skip school, in slang
- 54 Wise remark
- 58 Place to lay waste
- 60 NBA Magic home, to fans
- 61 Artist Édouard
- 62 Recipe shortening?
- 63 One way to get to first base
- 64 "Wheel..." choice
- 65 By \_\_\_: just barely
- 66 Step up
- 67 It was once yours
- 68 What's left
- 69 Sooner city
- 70 Lhasa \_\_\_
- 74 The Promised Land
- 75 Say it isn't so
- 76 Clinton's canal
- 77 Bie do
- 78 AT&T worker
- 80 Quarrel
- 82 Possess
- 83 They're no longer unionized?
- 84 Craggy crest
- 85 Ill-bred
- 86 Old comm. device
- 89 Part of Iberia
- 92 "Nashville" Oscar-winning song
- 93 Precisely
- 94 Ad Astra per \_\_\_
- 95 O-ring, for example
- 96 Bovine beasts
- 97 Long past
- 98 In peak position?
- 99 Accept eagerly
- 100 Director Kurosawa
- 104 Dried out
- 105 M of MSG
- 106 Ashes caches
- 107 One of four on a Rol
- 108 Gordie of hockey
- 109 Islamic republic
- 110 Terrier type
- 113 Scale meas.
- 114 \_\_\_ Kippur
- 115 Stir-fry pan

Sudoku

6							2	7
		1	8	2				
	9	5						
1	5			4				2
	2	8				4	1	
4				6			5	3
						3	4	
			9	6				
8	3							9

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

Hand and its logo, SCRABBLE, associated logo, the design of the distinctive SCRABBLE brand game board, and the distinctive letter tile designs are trademarks of Hasbro in the United States and Canada. ©2019 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC.

A1	E1	U1	D2	N1	M3	G2	Triple Word Score	1
A1	E1	E1	D2	T1	L1	F4		2
A1	E1	O1	N1	R1	R1	V4		3
A1	E1	D2	N1	T1	R1	V4	2nd Letter Double	4
A1	I1	U1	D2	L1	N1	S1		5

PAR SCORE 250-260  
BEST SCORE 324  
FIVE RACK TOTAL  
TIME LIMIT: 25 MIN

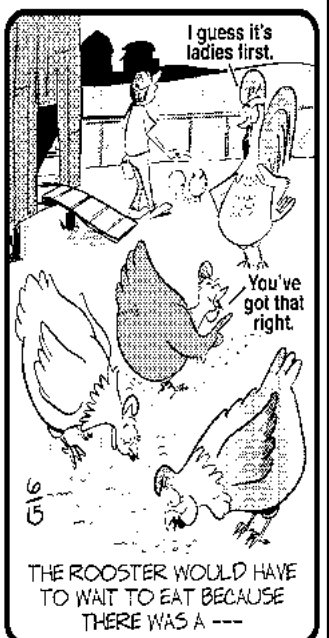
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

JUMBLE

THAT SCRAMBLED WORD GAME  
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

GECYA	
DOORE	
NIDIEV	
CURPEK	



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



SBTV Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule).

Thursday, Aug. 15

- 4 pm Vinyl Rock on the Patio—LW
- 5:45 pm Rolling Thunder July 4
- 6:30 pm Harmonizing Humanity 44
- 7 pm Studio Cafe
- 8 pm McGaugh Pageant of the Arts
- 9 pm Cerritos Center
- 10:30 pm Sea Inside
- 11 pm Bob Cole Conservancy

Friday, Aug. 16

- 4 pm July 4, LW, Magic Red Hats/ Fly Cancun
- 5 pm Harmonizing Humanity 44
- 6 pm Calvary Chapel
- 6:30 pm GAF Volunteer Luncheon
- 7:15 pm McGaugh Go West
- 8 pm Studio Cafe
- 9 pm Cerritos Center
- 10:45 pm Vintage Vehicles

Saturday, Aug. 17

- 4 pm Vinyl Rock on the Patio
- 5:45 pm July 4 in Leisure World
- 5:30 pm Aquarium of the Pacific
- 6:30 pm Sea Inside
- 7 pm Studio Cafe
- 8 pm LAUSD
- 10 pm Bob Cole Conservancy
- 11 pm SB City Limits: Richard Hastings

Sunday, Aug. 18

- 4 pm SB City Council, replay 8-12
- 6 pm Vintage Vehicles
- 6:30 pm Sea Inside
- 7 pm McGaugh Go West! 2019
- 7:42 pm McGaugh Pageant of the Arts
- 9 pm Studio Cafe
- 10 pm Cerritos Center

Monday, Aug. 19

- 4 pm Vinyl Rock on the Patio-LW
- 5:45 pm Aquarium of the Pacific
- 6 pm Studio Cafe
- 7 pm Seal Beach Planning Commission Meeting, live
- 8:30 pm Sea Inside
- 9 pm Cerritos Center Drumline Spectacular

Tuesday, Aug. 20

- 4 pm GAF Volunteer Luncheon/ Magic Red Hats/Fly Cancun
- 4:45 pm Rolling Thunder July 4
- 5:30 pm July 4 in Leisure World
- 7 pm McGaugh Go West!
- 7:42 pm McGaugh Pageant of the Arts
- 9 pm Studio Cafe
- 10 pm Interview: Rich Harbour/ Kurt Augsburgur

Wednesday, Aug. 21

- 4 pm July 4th in Leisure World

- 5:30 pm Harmonizing Humanity 44
- 6 pm GAF Volunteer Luncheon
- 7 pm Ocean Perspectives
- 8 pm Studio Cafe
- 9 pm On Q—8bitJazzHeroes
- 10 pm Cerritos Center

\*All programming is subject to change.

Minibus Service to Amphitheater

Use the Minibus shuttle to attend GRF summer Amphitheater concerts at 8 p.m. on Thursdays (see page 1 for this week's performer).

The "on-call" Minibus shuttle is available for early pickups on Thursdays between 5:10-6:30 p.m. so people can enjoy pre-concert picnics. Call 431-6586, ext. 379, for early service only.

Minibus shuttles will have a fixed-time route through LW on Amphitheater Thursdays at 6:30 p.m., and concert-goers can flag down the minibuses from any safe curbside location along the Amphitheater Minibus route. Check the LW Minibus schedule for specific times and travel routes. (Minibus schedules are available at the LW Weekly Office.)

Minibuses will be at the Amphitheater, ready to board, about 15 minutes before the end of the show. Bus drivers will take riders home afterward at 12-15 minute intervals.

PLAN

from page 10

Coastal Commission.

LCPs contain rules and regulations for future development and protection of coastal resources, by specifying appropriate location, type and scale of new or changed uses.

LCPs must be in conformance with the broad requirements of the California Coastal Act and reflect the unique and specific community characteristics of the jurisdiction.

Each LCP consists of a Land Use Plan (LUP) and Local Implementation Plan (LIP).

The LUP designates land use classifications, and goals/policies guiding development (similar in nature to a City's General Plan, but specifically for the coastal zone).

The LIP includes measures to implement the LUP, typically through the zoning ordinance.

Once an LCP is certified by the Coastal Commission, the City becomes responsible for issuing Coastal Development Permits within the coastal zone as the Coastal Commission transfers coastal permitting authority.

Benefits of Certified LCP

After an LCP is certified, the city will have coastal development permitting issuance authority within the coastal zone (except for tidelands, submerged lands, and public trust lands).

Community-based policies would guide future development activities and resource protection, ensuring that the City's vision is reflected. A certified LCP will streamline the permitting process and significantly improve the efficiency of City Staff review and Coastal Commission staff review. Decisions made at the local level ensure that approvals are made by the people who know the City best.

Seal Beach LCP Background

The City of Seal Beach initiated preparation of a Local Coastal Program in 2003 and then again in 2008. The 2008 LCP was prepared by city staff and submitted to Coastal Commission review. The City was unable to attain certification due to limited staff time and resources. The City has reinitiated preparation of an LCP.

In 2017, the City won a grant through the Coastal Commission to pursue LCP certification.

The City of Seal Beach has also contracted with Michael Baker International to prepare an LCP with the goal of certifying the document through the California Coastal Commission.

CHESS

from page 21

6:30 p.m. on Fridays in CH-3, Room 7.

Beginners are welcome for free lesson.

Solution to this week's puzzle: Qf2

The white Queen moves from f1 to f2. Any answer by black, the white's next move is check mate.

Professional Services

Room additions  
Remodeling  
Skylights  
Kitchens  
Bathrooms  
Countertops  
Storage closets  
Washer/Dryer  
FREE ESTIMATES  
LW REFERENCES

**John M. Bergekqvist**  
GENERAL BUILDING CONTRACTOR  
State Lic. #638079  
**562 - 433-3052**

**DEBRA HALVARSON GROH**  
**ATTORNEY AT LAW**  
*Complimentary Initial Phone Consultation*

- LIVING TRUSTS & WILLS
- PROBATE, TRUST ADMINISTRATION
- LONG TERM CARE & MEDICAL PLANNING
- PAST PRESIDENT O.C. BAR ELDER LAW SECTION
- NATIONAL ACADEMY OF ELDER LAW-MEMBER

**3030 OLD RANCH PARKWAY, SUITE 160 SEAL BEACH**  
**714-625-4000**

**WINDOW · DOOR · SKYLIGHT**

**LW Resident providing personal service at the lowest price.**  
**SWENMAN CO.**  
We Accept Credit Cards  
**562- 430-2265**  
St. Lic. 413207 · Seal Beach Swe001

**Budget Blinds**  
*The Best in Custom Blinds and Window Coverings*

**20% off**  
*All window coverings except shutters*  
*An Independently Owned & Operated Franchise*

**CINDY BRUNNER**  
*Owner / Design Consultant*  
BUDGET BLINDS OF HUNTINGTON BEACH NORTH  
office: 714.840.8540  
cell: 714.658.1813  
fax: 714.242.1866  
**FREE in-home/office consultation**  
cbrunner@budgetblinds.com  
[www.budgetblinds.com/HuntingtonBeachNorth](http://www.budgetblinds.com/HuntingtonBeachNorth)  
*Certified Norman Dealer*

**JOYFUL CARE**  
**Care Giving Services**

- ☀️ Assist in Medication
- ☀️ Personal Service
- ☀️ Meal Preparation
- ☀️ Light Housekeeping
- ☀️ Driving

**562-402-1890**

**L&S core construction Inc.**  
**Remodeling**

Kitchen & Bath  
Room Additions • Flooring • Painting  
Patio & Washer/Dryer Enclosures  
English **714-900-0307** Korean 한국어  
**FREE Estimates - No Job Too Small**  
[LNscoreconstruction@gmail.com](mailto:LNscoreconstruction@gmail.com) ~ Lic. 1026807

**Convert Your Tub to E/Z ACCESS**  
Or Raise Your Seat  
Approx. 7 inches  
For Added Safety

Removed

Added

**Nu-Kote**  
**562-833-3911**  
State Lic. #699080

**Martin**  
**MP CONSTRUCTION**

**mp.construction2@aol.com**  
**562-746-5400**  
Lic.# 954725

**THOMSON**  
**Your Trusted Leisure World**  
**Heating & Air Specialists**  
for over 15 years  
**Quality • Integrity • Cleanliness**  
Call for a Free consultation

**562-201-3014**





# Professional Services

Room Additions / All Improvements

**J.C. KRESS**  
CONSTRUCTION  
Lic. 525989

OUR 27th YEAR

Family Owned & Operated  
LW References Available

**714-282-0559**



**LIVING TRUSTS  
ESTATE PLANNING  
PROBATE  
CONSERVATORSHIPS**

House Calls - Free Consultation  
**(562) 280-0999**

**James E. Foden, Attorney at Law**

**Income Tax**

- Financial Planning and Bill Paying
- Trust Administration

 **Lenning & Co., Inc.**  
Certified Public Accountants

**(562) 594-9729**  
Leisure World Shopping Center  
13924 Seal Beach Boulevard, Suite C  
\*\*Same location since 1979\*\*

Serving Leisure World since 1989

 **COAST FACTORY  
BLINDS**

Residential Custom Design Installation

Free Installation • Free Estimates  
Vertical Blinds, Cell Shades  
2" Blinds & Shutters

**562 493-4228**

Lic. #660872



**LOS AL BUILDERS**  
**(714) 522-3437**

Experience Our Experience  
Remodeling Leisure World For Over 30 Years

Carlos Ayala  
www.LosAlBuilders.com

St. Lic. # 727986

 **INTERIOR  
FLOORING  
SOLUTIONS**

RESIDENTIAL & COMMERCIAL

**Ruben Camarillo**  
interiorflooringsolutions@yahoo.com

HARDWOOD FLOORS • LAMINATE  
CARPET • VINYL • TILE


FREE ESTIMATES  
**(310) 261-0571**

Contractor's Lic.  
No. 1043763

**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

 **E&M Senior Care**

*Because We Care!*

- Alzheimer's/Dementia Care
- Personal Care
- Transportation / Errands
- Healthy Meal Preparation
- Light Housekeeping
- Companionship
- Medication Monitoring
- Post Surgery Care
- Post Stroke Care

**In-Home Caregiving**  
**657-256-8841**  
info@eandmseniorcare.com  
http://www.eandmseniorcare.com  
CA HCO License # 304700275

 **DB Handyman**

- Painting • Carpentry
- Plumbing upgrades
- Senior Living Modifications
- Carpet Cleaning • Haul-away
- 21 Years Serving LW

**562-841-3787**  
SB Lic # BRA0002

 **Alpha Master Builders Inc.**

BUILDING RELATIONSHIPS THROUGH QUALITY AND INTEGRITY

**For all of your  
home remodeling needs.**

**(562) 208-5526**  
thedreamkitchen4u@gmail.com  
#B921621

**Bright Watch  
Caregivers** *Home is where  
your story begins*

- Alzheimer's & Dementia
- Parkinson's & stroke
- Hospice & Respite Care
- Post Surgery Care
- Bathing
- Incontinence Care
- Laundry & Linen Change
- Meal Preparation
- Medication Reminders
- House Maintenance
- Shopping & Errands
- Transportation

**714 841-2273 877 957-3566**  
care  
www.brightwatchcaregivers.com  
*because home is where your story begins*

 **Konrad Construction**

- Kitchens
- Bathrooms
- Room Additions
- Flooring
- Counter Tops
- Home Remodel
- Patio Enclosures

Lic. 945818 **Call for FREE Estimates**  
kkonstruktion@gmail.com **562-715-3821**

*Our staff are experienced, professional,  
caring and ready to meet your needs.*

 **A Better Solution  
In Home Care™**

*Quality Care You Can Trust*

**(714) 964 - 3834**  
www.absihc.com/coastalorangecounty

In-home care for a  
better quality of life.

 **Right  
at  
Home**  
In Home Care & Assistance

562.653.4480 | www.rahwestoc.com

**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**Alpine**  
Heating & Air Conditioning

Specializing in Serving Leisure World Residents

We service & install  **MITSUBISHI  
HEAT PUMPS**

Free Installation Estimates  
Sales • Repair • Installation


Lowest Prices In Town  
All Work Guaranteed

**714-901-0552**

Cal. St. Lic. # 719734

**ARE YOUR DENTURES IN A  
DRAWER OR IN YOUR  
MOUTH?**

- Are they an uncomfortable fit?
- Feel like too much plastic in your mouth?
- Wires hurt your gums?

 **Mydentalwig.com**

Call me to discuss an alternative solution to dentures or expensive implants and look and feel your best self. We will come to you and give you info at no charge.

**\$50 OFF**  
with Coupon Code  
1951 at  
Mydentalwig.com

**Dan Curtin**  
*your Leisure World neighbour in Mutual 8.*

**323-788-1206**

**LIVING TRUSTS**

**\$499<sup>00</sup>** SINGLE **\$699<sup>00</sup>** MARRIED

First Time Clients. Simple Estates.  
**Living Trust & Pour-Over Will  
Home Transferred to Trust  
Power of Attorney Documents**

**OTHER SERVICES**  
+ Probate Administration  
+ Trust Modification  
+ Small Estate Affidavits  
+ Legal Name Changes

**Service Includes:**  
• Two visits w/Attorney



• **FLAT RATES**  
• **AFFORDABLE FEES**  
Web site: www.amstrustlaw.com

**10 Minutes from  
Leisure World**

**[714]899-9671**  
Initial consultation free to establish a trust.

**Law Offices of Allan M. Soto, Inc.**  
7960 W. McFadden Ave. • Westminster, CA 92683



# Professional Services

**HunterDouglas Gallery**  
**BLINDS, SHADES & SHUTTERS**  
 By Aegean  
**FREE In-Home Consultation**  
**(562) 430-2969**  
 3782 Cerritos Ave, Los Alamitos

**Custom Carpentry by John Mercurio**  
 Serving Leisure World Exclusively  
 for Over 25 Years  
 Specializing in:  
 • Wardrobe Closets • Pull-out Drawers  
 • Extra Cabinets in Kitchens & Bathrooms  
 • Office Furniture & Desks  
 • Bookcases and More  
 Call (562) 598-4552 or (949) 378-0616  
 or go online at [customsbyJohn.com](http://customsbyJohn.com)

**G.L. Gunderson**  
 CARPETS & INTERIORS  
 • CARPET  
 • LAMINATE  
 • ENGINEERED HARDWOOD  
 • VINYL WOOD PLANK (waterproof)  
 • NO WAX VINYL FLOORS  
 • WOOD BLINDS (verticles)  
 GGunderson1@verizon.net  
**(562)434-3775**  
 Lic. #629553

**Heaven's Best Carpet Cleaning**  
 • Dry in 1 hour  
 • All natural products  
 • Carpet, rug and upholstery cleaning  
 • Call about our specials!  
**562-426-6174**

**Grasp, LLC**  
 Technology Services  
**Grasp TV**  
 Television Services  
 Mounting, Set-up, Troubleshoot  
 Cable Alternatives,  
 Entertainment systems  
 (714) 263-6240  
 David Wooten  
[Grasptv.services@gmail.com](mailto:Grasptv.services@gmail.com)

**Are you Frustrated With Your Computer?**  
 PC, MAC, Cell Phone, Tablet, TV or Stereo  
 I will come to you.  
 Call Me... Let me help you.  
**Tina Schaffer**  
**(562) 755-6199**  
 Serving residents for 9 years

**Chris Kim (김인철)**  
 Berkshire Hathaway HomeServices  
 Realtor® DRE #00996404  
**www.LWChris.com**  
**(424) 247-4542**  
*Chris can find the best one for you!*  
 원하시는 최상의 집과 구입자를 찾아드립니다!  
 Woodbury Univ. BS, Cal. Theo. Seminary M.Div.  
 인천교대부국 상도중학교 경기고등학교 졸업

**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**

**WATCH & JEWELRY REPAIR**  
**ROLEX**  
 INDEPENDENT SERVICE  
**CLOCK REPAIRS**  
**Watch Batteries \$10<sup>00</sup>**  
 Most watches  
 FREE *Pick-up & Delivery* SAVE this coupon  
**Fanny & Luis (LW residents) 562-799-9934**

**SANA HOME CARE INC.**  
*"Premier Care Giving Services for Seniors"*  
 24 Hour Care / Hourly  
 Home Care Assistance / Housekeeping  
 Driving / Meal Preparation  
**CALL NOW FOR FREE ASSESSMENT!!!**  
**562.846.5311**

**NU CARE** Best Home Care in Town!  
 BEST OF HOME CARE PROVIDER  
 TRUSTED PROVIDER  
 HOME CARE PULSE CERTIFIED  
 All staff are cleared by FBI, Bonded & registered with State of California  
 Call 252-8202 now for your Free in home assessment

**LW MOVERS**  
 West Coast Relocation  
 Local & Long Distance Moves, Packing Services  
 Storage & Small Moves  
**\$50 Off Moving Costs**  
**562-537-0312**  
 FREE insurance with every move  
[www.westcoastrelo.com](http://www.westcoastrelo.com) Lic. # 191386

**Ben Choi 최충락**  
 Realtor®  
 DRE#: 01856892  
 m. 562.900.2993  
[cnbchoi@hotmail.com](mailto:cnbchoi@hotmail.com)  
**Danny Choi**  
 Realtor® Associate Broker  
 DRE#: 01091562  
 m. 213.820.4933  
[DannyChoiRE@gmail.com](mailto:DannyChoiRE@gmail.com)  
*From Listings to Purchases Your Real Estate Partners.*  
 Mutual 5 Resident  
 9901 Irvine Center Dr.  
 Irvine, CA 92618  
 I'm the son English Speaking

**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**

**SAS Shoes**  
 AMERICA'S FAVORITE COMFORT SHOES  
 Made in USA  
 Authorized Dealer  
 562-860-4634  
 11815 E. South St.  
 Cerritos, CA 90703  
 714-530-2300  
 9918 Garden Grove Blvd  
 Garden Grove, CA 92844  
**Sales for LW Residents**  
 FREE Delivery with purchase of 2 or more pairs of shoes

**GRECO CONSTRUCTION**  
 • ROOM ADDITIONS  
 • KITCHEN & BATH REMODEL  
 • PAINTING • TILE  
 • WASHER/DRYER  
 • BLOCK REMOVAL & STUCCO  
 • CONCRETE SLAB PATIOS  
 GRF Approved Contractor  
 Excellent LW Referrals  
**714-330-3523**  
 LIC # 992336 [grecoDesigndev@gmail.com](mailto:grecoDesigndev@gmail.com)

**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**

**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**

**GREENWOOD HEATING & AIR INC.**  
[www.GreenwoodHeatandAir.com](http://www.GreenwoodHeatandAir.com)  
**Sales — Service — Repair**  
 "Your Leisure World Specialists"  
**\$150<sup>00</sup> off**  
 New Heat Pump or Air Conditioner  
**FUJITSU**  
 THE POSSIBILITIES ARE INFINITE  
 All makes and models of Heat Pumps  
**714-821-7070**  
 Lic. # 945655



GOLDEN AGE FOUNDATION

Ralph’s, Amazon reward GAF for shopping

The Golden Age Foundation (GAF) is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach a better and happier place to live.

In order to provide services, GAF needs to raise funds. There are two easy ways to donate funds to GAF without any cost to the donors.

Enroll in *Smile.Amazon.com* and indicate the charitable organization as the Golden Age Foundation Seal Beach, then every time you shop on Amazon, they will donate a percentage of the purchase to GAF without any additional cost to you.

The Ralph’s Reward program is another way to donate to the Golden Age Foundation. Sign up on *www.ralphs.com*. A Ralph’s Reward Card number is needed



Pat Olson, Mutual 5, and her daughter Terri Walters, Mutual 14, signed up for the Ralph’s Reward program. Terri moved into LW a couple years ago and encouraged her mom, Pat to join her living in Leisure World.

to register or the phone number associated with the account. Help to register for the Ralph’s

Reward Program is available on Tuesdays in Hospitality Center from 9-11 a.m.

E-mail **COMMUNITY** stories to **cathiem\_news@lwsb.com**

**Puzzle Answers**

**Puzzle page 22**

SCRABBLE G R A M S													SOLUTION	
A <sub>1</sub>	G <sub>2</sub>	E <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	U <sub>1</sub>	M <sub>3</sub>	RACK 1 =		<b>83</b>					
D <sub>2</sub>	E <sub>1</sub>	F <sub>4</sub>	L <sub>1</sub>	A <sub>1</sub>	T <sub>1</sub>	E <sub>1</sub>	RACK 2 =		<b>61</b>					
O <sub>1</sub>	V <sub>4</sub>	E <sub>1</sub>	R <sub>1</sub>	R <sub>1</sub>	A <sub>1</sub>	N <sub>1</sub>	RACK 3 =		<b>60</b>					
V <sub>4</sub>	E <sub>1</sub>	R <sub>1</sub>	D <sub>2</sub>	A <sub>1</sub>	N <sub>1</sub>	T <sub>1</sub>	RACK 4 =		<b>62</b>					
S <sub>1</sub>	U <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	I <sub>1</sub>	A <sub>1</sub>	L <sub>1</sub>	RACK 5 =		<b>58</b>					
PAR SCORE 250-260							TOTAL		<b>324</b>					

**Crossword Answers**

S	U	S	H	I		S	O	R	R	E	L		E	A	G	L	E				
O	G	L	E	R	S		A	T	I	P	T	O	E		S	T	R	I	N	G	
F	L	Y	M	E	T	O		T	H	E	M	O	O	N		T	R	I	S	T	E
A	Y	E	S		A	M	O	O	N		K	A	T	H	I	E	L	E	E		
			S	T	I	R		M	I	A	M	I		U	S	E	R	S			
T	H	E	B	E	S	T	I	S	Y	E	T	T	O	C	O	M	E				
E	M	M	E	R			E	A	S	E		R	K	O		B	E	D			
C	O	M	E	F	L	Y	W	I	T	H	M	E		E	M	B	A	R	G	O	
S	S	A			O	A	R	S		D	A	D		A	D	O	R	E			
			O	M	A	N	I		T	H	A	I	S		A	G	A	T	E	S	
	S	T	R	A	N	G	E	R	S	I	N	T	H	E	N	I	G	H	T		
A	T	H	E	N	S		S	E	P	T	A		C	N	O	T	E				
P	A	I	N	E		C	T	S		D	A	I	S		E	G	O				
S	I	N	A	T	R	A		T	H	E	T	E	N	D	E	R	T	R	A	P	
O	R	E			O	N	E		A	X	O	N			U	T	I	L	E		
			I	T	W	A	S	A	V	E	R	Y		G	O	O	D	Y	E	A	R
A	L	A	M	O		A	P	S	E	S		A	X	L	E						
T	A	K	E	A	S	N	A	P		M	U	S	E	D		T	H	I	S		
O	P	I	A	T	E		N	E	W	Y	O	R	K		N	E	W	Y	O	R	K
P	U	R	S	E	R		A	R	G	O	N	N	E		N	O	R	W	A	Y	
P	A	Y	E	E			A	T	M	O	S	T		K	E	E	N	E			

**Sudoku Answers**

6	8	3	4	1	5	9	2	7
7	4	1	8	9	2	6	3	5
2	9	5	6	7	3	1	8	4
1	5	6	3	4	8	7	9	2
3	2	8	7	5	9	4	1	6
4	7	9	2	6	1	8	5	3
9	6	2	5	8	7	3	4	1
5	1	4	9	3	6	2	7	8
8	3	7	1	2	4	5	6	9

**Jumble Answers**

Jumbles: CAGEY RODEO DIVINE PUCKER

Answer: The rooster would have to wait to eat because there was a — PECKING ORDER

Classifieds

ANNOUNCEMENTS PERSONAL

SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 08/15

If you saw my 85 year old friend on bike get hit by car near Del Taco on Westmin on 7/8 about 2-3 p.m. please call 562-804-5625. Thank you. 09/05

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 12/26

JAFRA COSMETICS

by Helen

LW Resident 562-421-5811  
www.jafra.com/hwells  
Business License #WEL0015  
Anti-aging products, makeup, gifts. 10/10

GARDENING

FRANK’S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual’s. Honest and reliable. State Contractor’s License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

HANDYMAN SERVICES

Richard Handyman Service. "Big or small, I do it all." 562-387-5187. Seal Beach Business License: #HUG0002 08/08



MP CONSTRUCTION

General Contractor

Specializing in remodeling, Additions, Reconstruction, Window replacement and more! Call for a free estimate. 562-746-5400. License #954725. 08/29/19

JC Handyman Services

Professional, honest and reliable. Do it all with one call. Work warranty. Lic. #BU21900024. 310-951-1403. 08/22

LW DECOR INC.

562-596-0559

Sound proof walls. Triple pane windows. Ceiling made smooth. Recessed lights, tile, laminate installation, crown molding, window frames painted whited. Lic. #723262. 10/17

LW DECOR INC.

562-596-0559

TONY DO MAINTENANCE

Windows-house cleaning. Reasonable price. Excellent work. (714) 534-1824. 09/26

JR HOMEREPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. 10/03

PAINTING

562-596-0559

LW DECOR INC.

Premium paints, primer all wood. 40 years in LW. Contr. license #723262. LW DECOR INC. 562-596-0559. 09/26

Bel-Rich Painting - Free estimates, small/large jobs, entry doors, skylight wells. Contractor’s License #705131. 714-220-9702. 09/12



Read the paper online!  
www.lwsb.com/newspaper

FLOOR COVERINGS

310-261-0571

Interior Flooring Solutions  
Hardwood floors, carpet, laminate, vinyl planks.  
25 years experience.

Contractor License 1043763. 12/05

562-596-0559

LW DECOR INC.

Tile, laminate, vinyl plank, patio carpet. 40 years in Leisure World. Contractor License 723262. 09/26

562-596-0559

CARPET & UPHOLSTERY CLEANING & REPAIR

CARPET CLEANING SPECIALS!!!!!! DEALS!!!!  
Carpet cleaning \$40 per room minimum 2 rooms.  
Upholstery/Tile & Grout, and steam cleaning extraction. Tito 562-658-9841. 10/03

SCREEN SALES, SERVICE & INSTALLATION

SKYLIGHTS

CLEAN, REPAIR, REPLACE. Licensed and insured. Dan (562) 841-3787. Seal Beach License #BRA0002. 08/22

PROFESSIONAL MOBILE SCREEN SERVICE

New screens, re-screening, screen doors, retractable screens, new and repair. Call today. (562) 493-8720. Since 1988. State Contractors Lic. #578194.

WINDOW WASHING

WANT CLEAN WINDOWS? 10% OFF FIRST CLEANING

(562) 600-0014

LW resident, Rich Livitsky. Seal Beach Business License #LIV0004. 09/19

WINDOW COVERINGS

LW DECOR INC.

Blinds, shutters, shades, 40 years serving Leisure World. Contractor’s License #723262. LW DECOR INC. 562-596-0559. 09/26

HELP WANTED

Looking for an energetic person with general hardware knowledge to work at a local family owned Ace Hardware store. Call Tyler 562-400-4450 08/29

Need help understanding Bittrex exchange and any knowledge about how it works. Please call Dave at 562-493-8855 08/15

LEISURE WORLD HELPING LEISURE WORLD

Y’s Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, 310-363-5803, 562-296-8782.

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE inspections and advice on buying and repairs of your golf cart. 562-431-6859.

Let’s lower your ears - I’ll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.



# Classifieds

## PET SERVICES

Nail cutting, Bathing, in home for cats and small dogs. Call or message 562-544-9555 SB license#Jen0006 08/29

Caring, experienced dog sitter/walker for hire in LW. Contact Cara 714-273-3687 08/15

## BEAUTY SERVICES

### Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 09/05

Sandy: Friendly, I do perms, haircuts, and color! Call me at 562-230-6169 Lic:KK265498

### PERMANENT HAIR REMOVAL, FACIALS

Electrologist w/25+ yrs Experience Marlyn Palmquist, CPE. www.2behairfree.com 310-291-7431.

The Sanctuary Salon, 12800 Seal Beach Blvd., D Seal Beach Business License SBA0003. 08/22

PERMANENT MAKEUP for Eyebrows,eyeline,lip line. 27 years experience, 10 years in LW with references. Loann: (310) 938-8808. Cosmetology license #KK5976. 09/26

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 08/22

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 08/15

Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. 10/03

## HOME CARE PERSONAL ASSISTANT

### Just Like Your Daughter Personal Assistant/ Girl Friday

Available for: errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay All with compassion and care.

**Just Like Your Daughter Call Janice, 714-313-4450** SB Lic. #JUS0006/Bonded. 08/15

A WOMANS TOUCH

- Personal assistant needs
- Assistance after surgery care
- Run errands, moving helper
- Shop for you, take you shopping, to salon or nail appts
- Accompany you to Dr appts
- Companion
- Uber and Lyft approved driver

Young LW Resident. Reference and licensed. CALL Susie @ 828-537-0437.

**MOST AFFORDABLE RATE**

Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 12/19/19

Experienced Caregiver. Leisure World references. Maria Lopez. LOP0004. 562-257-7631. 08/01

**LW Weekly 430-0534**

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006.

### CHRISTIAN HOME CARE

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/ full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured.

EXPERIENCED CAREGIVER **Over 20 years in Leisure World** with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895**. Seal Beach License PAN0003 08/29

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 08/22

Will care for female or male. I can cook, do laundry, light housekeeping, dr. appts and all other needs. experienced 30 plus years. 562-370-4544. 08/29

### Need Caring Caregiver?

Live-in or live-out. Meal preparation, baths, shopping, laundry, doctors. Pierre's Caring Heart 714-337-6152. Seal Beach Business License RAZ0002. 08/22

## HOUSE CLEANING

### MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093

**Over 30 years Experience! Seal Beach Business License #AB0001.** 08/30

Patricia Housecleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001. 08/30

### GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License gra0006. 10/03

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Call Gloria 949-371-7425. 08/22

## COMPUTERS

### \$30.00 Computer Tune-Up 714-367-6362

Computer Running Slow! Call John LW Resident. SB License FUH0001. 10/03

### FRUSTRATED (562)755-6199

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

### COMPUTER REPAIR 562-733-9193

Virus removal. Expert in all computer systems. John Fuhrer, LW Resident. Seal Beach License FUH0001. 08/29

### Security (562) 594-4754

## ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Carts, Sales, Parts, Service (714) 292-9124. 09/26

Golf Cart- (Ingersoll Rand Club Car) 48 volts, like new, brand new batteries, tires and wheels; has lights, a horn, and a cover; seats four; \$4,500; Call Sherry at 562-972-3514 08/15

## TRANSPORTATION

Rides by Russ, with the personal touch

For over 3 years I have been giving all types of rides to Leisure World residents. I also enjoy helping my neighbors with chores and maintenance around their homes. I work four evenings each week for Security and the rest of my day is devoted to my customers. Russ 714-655-1544. 08/22

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. 08/22

Personal driver. LW resident. Goes to airports, hospitals, doctors offices, stores. Drives by Gary. 714-658-9457. 08/15

Need a lift? Pam Miller. LW Resident. 310-227-1258. 08/29

A PERSONAL DRIVER IS WITHIN YOUR REACH

Conscientious, dependable. Professional... and your Neighbor. Providing locals trustworthy affordable transportation. perfect for patients, professionals, and anyone who needs regular or sporadic transportation. Interested? CALL 562-537-1298. James. 08/08

## AUTOS/BOATS/RV'S TRAILERS WANTED

### ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 10/17

## AUTOS/BOATS/RV'S TRAILERS FOR SALE

### ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 08/22

## MOVING, HAULING & STORAGE SERVICES

**J&D HAUL AWAY AND CLEAN-UP SERVICE**

No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787. 08/22

### A FRIEND AND A TRUCK

Your moving service, any size job. Call 310-387-2618. Business License RO263644. 09/26

LW Weekly

accepts  
**Credit Cards**  
for  
Classified ads.  
Call  
(562) 430-0534

## ESTATE/MOVING/ PATIO/CARPORT SALES

Yard Sale: Miscellaneous clothing and items. Weeburn 79K, August 15th and 16th from 9 a.m. - 4 p.m. 08/15

Estate Sale: 1290 Northwood Rd. 161-E. Thursday, Sept. 5, 9-3p.m. Dressers Queen Bed, Recliners, Minivan. 09/05

## CARPORTS/CARPORT LOCKERS FOR RENT

Carport for Rent. Mutual 15, Carport 2. Call 951-365-4868.

## MISCELLANEOUS FOR SALE

Reduced Prices: Brand new Ashley Furniture Love Seat (Tan). Still Wrapped. \$200. Coffee Table and two end tables. Brand new! \$100. Call to see: 513-490-6250 08/15

For sale: speakers, stereo, bedroom highbox cabinet, z drawer wood file cabinet, wine rack, storage box, ladder, camping gear, bikes, fishing poles. 562-477-1184. 08/10

Bicycle, Ladies small, 24 speed. purple/black color, rack/bag. Like New. Cost \$500, sell \$250. 562-493-5344 08/15

Elvis Queen sized comforter with pillow shams \$30, originally \$250. Assorted Elvis Watches \$10. Elvis Collectible Plates \$10, Elvis LP Records and plates for sale. Schwinn mnnal bike pump, \$7. Sue 714-469-7519 08/15

Desk with three drawers and keyboard shelf, dark wood, 47x19 - \$40. 562-431-3128 08/15

Complete water color art supplies in rolling fabric cart. Includes paints easel, paper pad, brushes, sponges, supplies. Minimal usage. Over \$200 value, \$75. 562-596-6925 08/15.

Stand straight up walker for sale. 562-522-0003. 09/05

Brown leather-like queen bedframe without mattress. Good condition. \$60. 562-355-3703 08/15

9000 BTU Fujitsu single phase heat air pump. Just a few years old. Was replaced by a split system. \$600 or best offer. 805-455-1190. 08/15

## WANT TO BUY

Wanted: Three wheeled bike. Call Deb: 805-455-2966 08/15

Wanted: Folding Bicycle, bicycle basket. Bob: 503-314-3873 08/15

## L.W. APARTMENTS FOR SALE

1271 Kenwood Rd. #163D M7 150,000.

Basic 1 bedroom unit with skylights in kitchen and bathroom, central AC/ heat, storage in patio. Great location - greenbelt and park, ocean breeze, close to parking and laundry. Good neighbors.

Contact Realtor: Alan Wignall, Lic#003733H5 562-716-0551 08/15

Classified  
deadline is  
2:00 p.m.,  
Monday,  
for  
Thursday's  
publication



**Erika Shapiro**  
BRE # 01448494

Resales Specialist  
Mut. 17 Resident  
**Traveling Notary**  
**562-208-5223**

**New Listing**  
Beautiful Greenbelt  
2 BDR, 1 1/2 bath,  
Gourmet cook's kitchen,  
3 bay windows, washer/dryer.  
...and more.  
**Mutual 12 - 45D \$418,000**

**New Listing**  
Basic 1 BDR on a nice  
Greenbelt. Cut-down shower,  
skylights, fresh paint.  
**Mutual 3, 7C \$135,000**

**REDUCED MOVE-IN READY**  
2 BDR/1 1/2 bath, fully expanded  
corner drive up, washer/ dryer,  
dishwasher & more  
**Mutual 2, 19F \$339,000**

**REDUCED**  
Fully Expanded corner on a  
lovely greenbelt, Central A/C heat,  
skylights, built-in dishwasher &  
microwave, double pane windows,  
fresh paint.  
**Mutual 9, 208L \$279,000**

**PRICE REDUCED**  
Fully expanded, drive-up  
Corner, beautiful built-ins,  
Plantation shutters, A/C Heat  
Pump. Built-in Microwave and  
dishwasher.  
**Mutual 10, 256G \$279,000**

**PRICE REDUCTION**  
Basic Corner, Beautiful  
Greenbelt, Skylights,  
A/C Heat Pump, New Paint,  
New Laminate Flooring  
**Mutual 9, 219F \$175,000**

**PRICE REDUCED**  
Beautifully expanded and up-  
dated corner with drive-up conve-  
nience, large beautiful kitchen,  
Wood flooring, washer/dryer  
and more  
**Mutual 6, 56L \$340,000**

**PRICE REDUCTION**  
Partially Expanded 1 BDR w/ Bath  
Development Convenience,  
**Mutual 11, 276i \$145,000**

**BEST BUY**  
2 BDR, 1 Bath, Basic Drive  
up, Facing West. Very Private  
**Mutual 4, 52B \$165,000**

### 2019 ESCROWS

Mut. 11, 282B	\$225,000
Mut. 17, 93S	\$369,000
Mut. 11, 284D	\$187,000
Mut. 9, 225F	\$195,000
Mut. 3, 29I	\$145,000
Mut. 9, 231E	\$175,000
Mut. 15, 1G	\$265,000
Mut. 2, 57C	\$145,000
Mut. 9, 210H	\$189,000
Mut. 5, 103K	\$225,000
Mut. 11 267H	\$179,000
Mut. 8, 183E	\$220,000
Mut. 17, 93A	\$369,000
Mut. 11, 284D	\$189,000

**I SOLD 26 in 2018**  
**I SOLD 34 in 2017**  
**I SOLD 47 in 2016**  
**I SOLD 36 in 2015**  
**I SOLD 35 in 2014**  
**I SOLD 60 in 2013**  
**I SOLD 42 in 2012**  
**I can sell your's too!**

**Service Is My Priority!**  
**Call me for a FREE**  
**market evaluation**  
**Leisure Living Resales**









**JOYCE REED**  
Resident Broker  
Notary Available  
**596-8656**



**New Listing**  
**Mutual 9, 232K \$175,000**  
Cute 1-bed partial expansion, heat pump, close to carport. Move right in.



**Mutual 15, 1-D \$265,000**  
2-bedroom, 1-3/4 baths, expanded with small patio. Close to Main Gate, laundry and carport.



**Mutual 1, 54H \$192,500**  
Beautiful expanded, 1-bedroom, washer/dryer, fresh paint, central heat/AC, dishwasher, built-in microwave, skylight in bath, dual-pane windows, wood shutters.

**Unbelievable Real Estate**  
DRE#00460268



**MIKI SINGER**  
Broker Associate | CalBRE-01357452  
**(714) 322-8717**

日本語でも、気軽にどうぞ!

**FEATURED PROPERTY**



13321 Fairfield Lane #182G  
**Seal Beach**

**2 Beds | 2 Baths | 1,120 Sq. Ft.**  
ONE OF A KIND REMODELED CORNER HOME!! Take a look at this gorgeous home - from the ceilings down to the studs, this unit has been rebuilt. Exterior is stunning with private patio for BBQ and entertaining. This fabulous home has central A/C, Bamboo floors throughout, outside storage closet & convenient drive-up parking, plus carport steps away. Beautiful kitchen includes granite counters, dishwasher and drop in oven. Huge Pantry/Storage room with room for full size Washer/Dryer. The master bedroom suite has beautiful scone lighting and new dual paned windows. Master bath is remodeled with upgraded sink, walk-in shower and granite counters. This home is a rare find in Leisure World!



**Listed at \$458,000**  
**CALL FOR DETAILS!**



COASTAL ALLIANCE



**DONNA JEAN**

**McIntyre**  
Broker®/Realtor®

**714-350-9449**

**HIRE THE BEST! Don't follow the Rest!**

**www.RetirementLivingSealBeach.com**



**Mutual 1 - 37L Annandale**  
2Bd/1Ba Expanded Corner Unit  
So-East Exposure on Greenbelt  
Super Bright, Laminate Floors  
Skylights, CLEAN. Carport space is close to unit, walk to shopping center!  
**Great Price Value \$214,900**



**Mutual 1 Very Private**  
RARE Extended 1Bd/1Ba, sits privately on greenbelt.  
South Facing, extra-large closet w/Carport Space  
Steps away from unit!!  
**Perfect starter unit in LW**



**Mutual 14 with Curb Appeal**  
2Bd/1Ba Extended unit, NEW carpet, new paint, shutters, White kitchen, washer/dryer walk-in closet, skylights, tile patio w/stacked stone and storage closet.  
**This special unit will be a Keeper!**

**FEATURED UNIT**



**Mutual 4 - 47h Knollwood**  
Gorgeous 2 Bedroom/2 Bathroom  
Remodel sits on wide V-greenbelt, Chef kitchen, skylight, pantry, Washer/Dryer, laminate floors, Dual Pane Windows, Walk-in Closets, and Stainless Appliances.  
**Stunning! Tons of Details \$413,900**



An Independent Brokerage!  
Leisure World® Specialist

re-ia.com  
**REAL ESTATE INVESTMENT AGENCY**  
DRE#01335069

**Our Buyers LOVE US!**

M12	2Bd/1Ba	\$180,000	New Escrow
M9	1Bd/1Ba	\$120,000	New Escrow
M12	2Bd/2Ba	\$375,000	In Escrow
M11	2Bd/1Ba	\$426,000	Just Closed
M16	1B/1Ba	\$155,000	In Escrow
M14	2B/1B	\$254,900	Just Closed



**Mutual 11 - 265G Interlachen**  
Expanded Corner faces greenbelt, Granite Counters, New Paint, Central Heat/Air, Dual sinks in Bath, Step in shower, Skylight, Solar.  
**Location ~ Location! \$259,000**



**Mutual 14 - 20e Sunningdale**  
2Bd/1Ba South Facing, Extended, Central Heat/Air, Dual Pane Bay Windows, Skylights, Granite, Fresh Paint, Murphy Built-in.  
**Best Golf Course View \$389,000**



**Mutual 10 Corner Unit**  
Nicely Upgraded 2B/2Bath  
"WOW" Kitchen, Dual Pane Bay Windows, Built-ins, Central Heat/Air, W/Dryer, Granite, extras!  
**This Spacious GEM is worth it!**



**Robin Gray & Barbara Diette-Dobias**

**Robin Gray**  
**(562) 209-5605**  
rwgraysales@verizon.net  
DRE 01027333

Your Leisure World Sales Team

BERKSHIRE  
HATHAWAY  
HomeServices



**Barbara Diette-Dobias**  
**(562) 754-5628**  
barbaradobias@gmail.com  
DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



**Mutual 11-268-K \$369,900**

One-of-a-Kind drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, beautiful floors, smooth cathedral ceilings, crown molding, recessed lighting, skylights, central heat/air, spa tub in master bedroom, side by side w/d and so much more ...



**Mutual 9-218-F \$395,000**

PRICE TO SELL ... Completely One-of-a-Kind Remodel! This elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



**Mutual 7 - 153-A \$258,500**

SOUTH FACING CORNER - 2 bedroom 1 Bath basic on a bright corner setting. Remodeled kitchen and bath with Corian counters, laminate floors throughout, WASHER/DRYER. Heat pump, l-shaped patio with storage, skylights, adorable beach cottage feeling with warm colors throughout. Don't hesitate, call us today!!



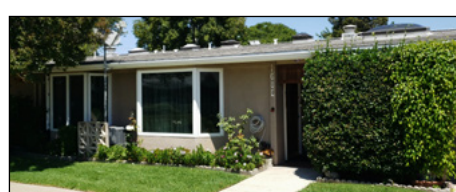
**Mutual 15-23-R \$349,990**

Resort Feel ... Totally remodeled upstairs unit overlooking a pretty green and tree-lined courtyard! Open concept living with everything new! Beautiful floors and counters, dual pane windows/sliders, stainless steel appliances, designer paint, central heat/air, washer/dryer, smooth ceilings, recessed lighting, and a balcony to enjoy the fabulous weather!



**Mutual 12-57-A**

GORGEIOUS Setting and a Beautiful Home! Remodeled with 2 master bedrooms - 1.5 bath CORNER on a 'rare' 4-plex building with a wonderful ocean breeze and a huge mature tree right in front! Tile floors through-out, Corian counters, smooth ceilings, skylights, bay windows, central heat/air, and fresh paint!



**Mutual 7-168-E \$349,900**

REDUCED ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.



**TAKING BACK-UPS**

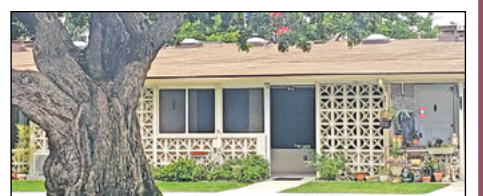
**Mutual 17-47-A \$372,000**  
2 bed 2 bath Corner Condo



**TAKING BACK-UPS**

**Mutual 16-54-B \$134,000**

Basic one bed on a Fabulous Green



**Mutual 1-19-C \$145,000**

BACK ON THE MARKET ... Basic one bedroom with a beautiful view of a green and huge tree! Exterior wall has been raised, tiled patio and patio storage, new paint, cut-down shower, skylights, heat-pump and a total relaxing feel!

Check out our website **sealbeachleisureworld.com** for more listings and how to purchase in Leisure World Seal Beach





**Kathy Gupton**  
Associate Broker  
DRE # 00744676



**Gloria Hadley**  
Realtor®  
DRE # 01057681

# Kathy & Gloria Gupton & Hadley

## We are **SISTERS**

### Specializing in the

## LW Community

562 618-9940

562 884-3594



**Mutual 1, 9B \$148,000**  
Charming 1 Bedroom 1 Bathroom Cottage. White Kitchen has operable. Skylight and built-in Leisure World appliances. Bathroom has cut-down shower, High-boy toilet, and skylight. This lovely home also features living room blinds, Laminate flooring through-out with open view. Private patio has walk-in storage Cabinet. This home is light, bright, cheerful, and is in move in condition. Convenient location near front gate and is walking distance to pool, Jacuzzi, Gym, Amphitheater and shopping center.



**Mutual 5, 96G \$334,900**  
Lovely 2 bedroom 1 bath corner unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



**Mutual 10, 247H \$169,000**  
Charming 1 bedroom 1 bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



**Mutual 15, 28G \$389,000**  
Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, free-standing electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.



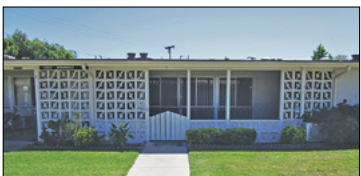
**Mutual 10, 250A \$485,000**  
Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Fabulous kitchen with larger island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!



**Mutual 4, 78B \$159,900**  
Charming 1 bedroom 1 bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



**Mutual 1, 2F \$389,000**  
Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room with closet for extra storage, heat pump. Kitchen has built-in appliances, quartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, quartz counter. Expanded master bedroom with walk-in closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings, dual pane windows. This unit is move-in ready and a must see.



**Mutual 1, 42J \$150,000**  
1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



**Mutual 6, 128G \$339,000**  
Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



**Mutual 1, 44B \$179,900**  
Charming 1-Bedroom, 1-Bath expanded cottage features spacious expanded living room with space for dining area, office space, additional sitting area, and wall air conditioning. Living room also has lovely leaded glass door with retractable screen, and double-pane windows with sheers and tie back draperies. Kitchen has white cabinets, built in Leisure World appliances, added dishwasher, under counter lighting, and ceiling fan. Bedroom has two closets with sliding glass wardrobe doors. Living room and bedroom have carpeting and bathroom and kitchen have vinyl flooring. This lovely fully expanded home has outside storage closet, overlooks a lovely greenbelt, has close drive-up parking and is near downtown LW.



**Mutual 9, 237G \$325,000**  
Beautifully expanded corner featuring spacious corner living room with bay window and formal dining room. White kitchen has tile counters, built-in appliances including dishwasher and microwave, extra large skylight, breakfast bar with added cabinet space and added pantry. Master bedroom has bay window and walk-in closet. Master bath has refinished shower and cultured marble counters. Second bedroom has half bath, mirrored closet and washer/dryer. This lovely home has double-paned windows, plantation shutters, smooth ceilings, heat pump, laminate flooring throughout. It has been recently painted and is light, bright and ready to move in.



**Mutual 1, 37G \$249,000**  
Lovely fully expanded corner 2 bedroom, 1 bathroom unit on greenbelt with central heat/air. Spacious living and dining rooms. Kitchen has skylight, white cabinets, built-in appliances including dishwasher and microwave. Expanded master bedroom with walk-in closet. Bathroom has cut-down shower and skylight.



**Mutual 5, 124L \$265,000**  
Immaculate fully expanded corner 2 bedroom 1 bath with drive-up, leaded glass entry. Kitchen has newer painted cabinets, built-in appliances and skylight. Spacious living area with bay window with seating, area for dining with chandelier, and finished inside storage area. Master bedroom has walk-in closet, ceiling fan, second bedroom has wall air conditioning. Bathroom with skylight, newer painted cabinets, cut-down shower. Unit also has newer carpet in living area and bedrooms, laminate flooring in kitchen and bathroom, dual pane windows, heat pump. This home is bright and cheery just waiting for you to move in.



**Mutual 15 40B \$299,000**  
Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight that brings in abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with beautiful glass doors. Master bedroom and second bedroom both have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.

**PENDING**

**"THE SISTERS"**  
GLORIA 884-3594  
KATHY 618-9940  
www.thesealsisters.com

**SOLD**

Mutual 4, 49J	\$158,000
Mutual 12, 71I	\$218,000
Mutual 12, 37H	
Mutual 2, 63D	\$188,000

**We can show ALL property in the LW community**

*Call and let us present our extensive marketing program.*  
*Members of M.L.S.*



**BERKSHIRE HATHAWAY**  
HomeServices  
California Properties

**Visit Our Website: [www.thesealsisters.com](http://www.thesealsisters.com)**  
**13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)**



# On-Site Sales Office

*All our sales lower your monthly fees*

*We give back to the community*



Dawn Januszka  
Associate Broker



Verna Chumley  
Realtor®



Suzanne Fekjar  
Realtor®



Gail Alonzo  
Realtor®



Hanna Rubinstein  
Realtor®



Sylvester Chumley  
Realtor®



Maryann Shaddow  
Realtor®



Marsha Gerber  
Realtor®



**MUTUAL 6 – 129B**  
\$459,000  
Fabulous remodel; Two bedrooms, Two baths; W/D; Small patio and great location



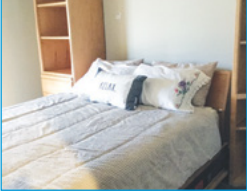
**MUTUAL 1 – 19E**  
\$166,900  
Basic one-bedroom unit; Skylights; on G/B; Heat pump



**MUTUAL 10 – 242K**  
\$169,000  
One-bedroom unit with tiled patio; Small G/B view; Across from library



**MUTUAL 15- 23L**  
\$279,000  
2 Bdrm; 2 Bath; Lovely Upstairs Unit w/ Washer/Dryer



**MUTUAL 12 – 62E**  
\$189,000  
Two-bedroom basic unit in great location; Heat pump



**MUTUAL 8 – 2011**  
\$178,000  
Basic two-bedroom unit; with wrap-around patio



**MUTUAL 3 – 161**  
\$179,000  
Partially expanded two-bedroom unit



**MUTUAL 1 – 40L**  
\$212,900  
Expd. two-bedroom corner; Great location; Faces South. Very clean unit;



**MUTUAL 1 – 11D**  
\$175,000  
One-bedroom unit; Close to large greenbelt



**MUTUAL 10 – 257K**  
\$279,000  
2 Bdrm 1 Bath w/ W/D & Many Upgrades



**MUTUAL 3 – 26L**  
\$539,000  
Fabulous MODERN expansion; Has everything! Two baths – WASHER/ DRYER – A Must See!



**MUTUAL 8 – 191A**  
\$479,000  
Expanded two-bedroom corner unit; Two baths; W/D; Easy access



**MUTUAL 5 – 97D**  
\$359,000  
Fully expanded two-bedroom unit; washer/dryer



**MUTUAL 5 – 115C**  
\$149,500  
One-bedroom unit; Expanded bedroom; Close parking



**MUTUAL 12 – 35B**  
\$249,000  
Expanded two-bedroom unit; 1.5 baths; Easy access



**MUTUAL 1 – 32K**  
\$179,000  
Fully expanded one-bedroom unit; South facing



**MUTUAL 15 – 3A**  
\$359,000  
Fabulous unit; Almost 1300 sq. ft. WITH a patio and a workshop/office; Great location; Easy access; A Must See!



**MUTUAL 1 – 67L**  
\$189,900  
Two-bedroom corner unit on lovely green



**MUTUAL 2 – 9L**  
\$498,000  
Full modern expansion with everything; two bath; washer/dryer; central air; corner unit



**MUTUAL 1 – 15A**  
\$175,000  
Corner unit with heat/air pump



**MUTUAL 15 – 46M**  
\$265,000  
Two bedrooms, Two baths, Upstairs Unit; Faces breeze



**MUTUAL 2 – 10I**  
\$299,500  
Partially expd. two bedroom, remodeled kitchen, Travertine floor



**MUTUAL 1 – 5G**  
\$259,000  
Partial expansion of two-bedroom corner; on great greenbelt



**MUTUAL 11 – 272H**  
\$259,000  
Full expansion on nice greenbelt; Very clean unit



**MUTUAL 3 – 31A**  
\$325,000  
Partial expansion; small patio; Very nice spot



**MUTUAL 2 – 46I**  
\$199,000  
Newer windows, washer/dryer newer counters



**MUTUAL 9 – 222L**  
\$359,000  
Fully expanded corner, new paint and carpet



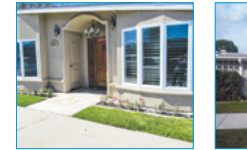
**MUTUAL 3 – 25A**  
\$369,000  
Corner hi-side exp. 2 heat pumps, washer/dryer



**MUTUAL 1 – 40G**  
\$259,000  
Partially expanded two-bedroom corner; Dining added



**MUTUAL 2 – 62F**  
\$299,000  
Fully expanded two-bedroom corner unit; Easy access



**MUTUAL 2 – 43H**  
\$139,000  
Great price on this one-bedroom unit; Close to "downtown"



**MUTUAL 15 – 23K**  
\$279,000  
Upstairs unit with great view. Faces west for breeze



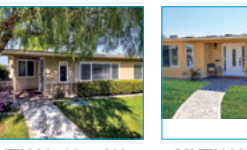
**MUTUAL 15 – 29R**  
\$269,000  
Basic upstairs unit with enclosed patio, dishwasher



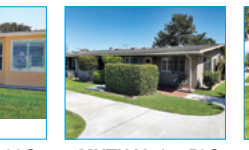
**MUTUAL 12 – 62F**  
\$459,000  
Expanded corner unit; Two bedrooms, two baths; Bay windows; remodeled kitchen; central air



**MUTUAL 2 – 6H**  
\$160,000  
One-bedroom unit with enclosed patio; On lovely green



**MUTUAL 2 – 15F**  
\$539,000  
Modern Expansion Two full bathrooms; Built in fireplace and 65" TV, Best in LW!



**MUTUAL 9 – 222A**  
\$475,000  
Lovely Modern expansion; Has everything – Two full baths, Two master suites; Oversized kitchen



**MUTUAL 1 – 29E**  
\$130,000  
One-bedroom basic unit; Close to golf course



**MUTUAL 1 – 64K**  
\$158,500  
One-bedroom basic unit; Nice central location



**MUTUAL 11 – 280C**  
\$275,000  
Fully expanded two-bedroom unit; Lots of room; Pretty spot



**MUTUAL 12 – 42L**  
\$275,000  
Fully expanded two-bedroom corner unit in nice location



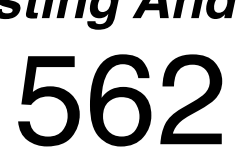
**MUTUAL 3 – 23G**  
\$499,000  
Remodel, Two Bedrooms; Two Baths; W/D; Bay Windows, Corner



**MUTUAL 6 – 59G**  
\$265,000  
Fully expanded two-bedroom corner; big skylights; central location



**MUTUAL 6 – 53F**  
\$275,000  
Two-bedroom corner unit with expd. bedroom & dining room; Tiled patio



**MUTUAL 7 – 176E**  
\$219,000  
Sunny & Bright two-bedroom w/washer and dryer



**MUTUAL 2 – 36L**  
\$264,000  
Expanded two-bedroom unit; Easy access



**MUTUAL 11 – 265L**  
\$369,000  
Fully expanded two-bedroom corner unit; Lovely green



**MUTUAL 15 – 23C**  
\$275,000  
Expd. two-bedroom, two-bath corner unit; 1300 sq. ft.; Lots of room & Easy access



**MUTUAL 12 – 8K**  
\$190,000  
Basic two-bedroom unit in central location

**“We Specialize In Listing And Selling Units In All Mutuels, 1 Through 17**

**562 598-1388**

Lic. 01237297

Charles Briskey Real Estate

www.lwsb.com





Carol  
Gasper-Knutson  
BRE # 01276484



562-716-1547

12501 Seal Beach Blvd. #100 Seal Beach, Ca. 90740  
Located North of the 405 Freeway in the Rossmoor shopping center

Leisure World® Seal Beach  
Listing and Resale Specialist

SealBeach-RetirementCommunity.info

FOR 2019 - I have a total of 63 Leisure World pending and closed sales.  
I Have Buyers For Yours Too! - Call Me Today For A Free Market Evaluation!

1290 Northwood Road #161A - M7 - \$299,500



2 bedroom, 1 ½ bath, corner expanded unit. Laminate floors, smooth ceilings, two skylights, walk in closet. Close to parking and laundry.

1601 Glenview Rd. #64A - M12 - \$385,000



2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$199,500



PRICE REDUCTION!!!  
Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

13320 Del Monte Drive #9B - M15 - \$497,500



Rare Atrium (est. 1,600 sq ft) with 2 bdrms, 1 ¾ bths. Laundry room with full size side by side wshr/dryer, walk in master bthrm closet, designated office area, 5 skylights, central A/C,

1502 Merion Way #32F - M2- \$275,000



Fully expanded corner, 2 bedroom 1 bath unit. Smooth ceilings, dual pane windows, central AC/heat. Dishwasher, walk in closet, bay windows. Unit located close to parking.

1330 Oakmont Road #144L - M6 - \$250,000



Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

13930 Church Place #69H - M1 - \$149,000



Basic 1 bedroom unit with skylights in kitchen and living room. Screened in patio with storage closet. Located on a quiet greenbelt.

1491 Interlachen Road #257F - M10 - \$324,900



Fully expanded corner location, 2 bdrm, 1 bath, central A/C and heat. Remodeled kitchen, granite countertops, smoothed ceilings throughout, dual pane windows, bay windows, washer/dryer.

13241 St. Andrews Road #152E - M7 - \$278,500



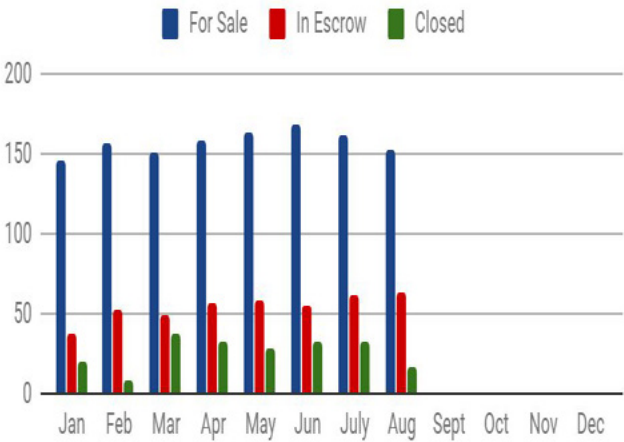
Expanded 2 bdrm, 1 ½ bth. Smoothed ceilings, central AC/heat, washer/dryer, newer kitchen and bthrm cabinets. Large oversized skylight in bthrm. Overlooking a little greenbelt and close to parking.

1781 Sunningdale Rd., #48L - M14 - \$404,900



Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.

2019 Active, Pending, Sold - Year To Date MLS A...



I Have Access To The Total Inventory

On August 13th, 2019 a total of 152 units show as active listings on the CRMLS (this is where Realtors list property for sale).

- 33 - 1 bedrooms, 1 bath from \$120,000 to \$199,500
- 62 - 2 bedrooms, 1 bath from \$171,000 to \$430,000
- 57 - 2 bedrooms, 2 baths from \$239,000 to \$539,000

Please give me a call for detailed information on any of these properties!





**Tell our  
advertisers  
that you saw  
their ad in the  
LW Weekly  
Online Edition**

