

August 22, 2019

Marchitheater Saturday Night

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Amphitheater Saturday Night will feature a Korean Culture Night on Aug. 24. All are invited.

See page 16



Come see Donna Hughes' collection of vintage holiday postcards now on display at the Leisure World Library.

See page 14

OBITUARY



Martin Silberling, in his studio

LWer Martin Silberling, Art League founder, has died at age 94

Martin Silberling, 94, a 40-plusyear resident of Leisure World who was instrumental in beautifying the community with his fine art and expansive personality, died Aug. 9, 2019.

The hallmarks of his life reveal a deep compassion for loved ones, including taking care of his mother and his wife, Ruth, through long-term illness; patriotism in service to his country during WWII; and a later-in-life passion and talent for art-making.

Martin, who had an irrepressible sense of humor and easy-going nature, is best-known here for expanding interest in, and a platform for, fine art in Leisure World.

He founded the Art League and was instrumental, along with veteran LW artist Carmen Leslie, in the creation of two murals depicting life in Leisure World.

OBITUARY, page 15

CALLING ALL PHOTOGRAPHERS



The LW Weekly will produce a 2020 wall calendar featuring the work of Leisure World photographers in time for the holidays. See page 15 for more information.



'California Dreaming' group comes to Amphitheater tonight

The Papas & Mamas: Tribute to the Mamas & The Papas Comic Mark Schiff to open

Thursday, Aug. 22

8 p.m.

Sponsor: MemorialCare Health System

The Papas & Mamas

The Mamas and the Papas became a pivotal part of American culture in the 1960s with the very roots of the hippie movement be directly traced to the band's artistic influence. Prior to the Mamas and the Papas, most vocal groups were unisex and dressed very conservatively.

When Cass, John, Denny and Michelle hit the scene, those stereotypes flew out the window. Their unique style and light pop arrangements helped put California on the musical map, and the laid-back 60's West Coast lifestyle was born.

Billed as a loving tribute to the original 1960s rock band, The Papas & Mamas recreate the musical chemistry of one of the few North American groups to maintain widespread success during the British Invasion. With its tight, four-part harmonies and close physical resemblance to the groundbreaking original group, The Papas & Mamas have entertained audiences all the way from Ojai, California, to Barcelona, Spain.

The evening features the greatest hits of one America's greatest bands. Sherry Land-Hicks performs as "Mama" Cass Elliot. Mike Butler's smooth tenor pipes are spot on as Denny Doherty. Natalie Wilde adds her angelic soprano voice as ageless beauty Michelle Phillips, and Randy Ray Mitchell rounds out the cast as Papa John Phillips.

Their haunting performance of "California Dreaming" will take you back to the sweet Southern California pop scene of the mid/late 60s. Whether you're a fan of The Mamas and the Papas or a newcomer to the sound, an evening with The Papas & Mamas will have audiences dancing in their seats and trigger fond memories of a time gone by—whose time has come again.



Comic Mark Schiff

When Mark Schiff was 12, his parents took him to a nightclub, and there, live on stage was Rodney Dangerfield doing his act. At that moment, Schiff knew the path he had to follow. He has since headlined in major casinos and clubs across the country and has appeared many times on "The Tonight Show" with Jay Leno and "Late Night with David Letterman." He has written for and guest starred on "Mad About You"; appeared on "Empty Nest"; and written for the "The Roseanne Show." He currently performs with Jerry Seinfeld.



Amphitheater Movie Night

Aug. 23—The Upside: A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who's hired to help him.

PG-13 | 2h 6min | drama/comedy | 2017 | Sponsor: Del Rey Sinus and Allergy Institute

Open-air movie nights at the Amphitheater feature new movies shown on the gigantic screen on Friday nights starting at 8 p.m. Bring friends and family, and enjoy free movies without leaving Leisure World. *For more information, see page 10.*









August 22, 2019 | www.lwsb.com LW Weekly

LW Dines Out

Hometown Buffet will serve dinner in Clubhouse 1 on Monday, Aug. 26, from 4:30-6 p.m. The dining room is open until 7 p.m. Reservations are not required. The all-you-can-eat buffet dinner costs \$11, including tax (no takeout); cash and checks only (no credit cards).

The menu changes monthly and is published here, can be picked up at the Recreation Office and sent via LW Live! (see menu below).

Hometown Buffet also serves brunch in Clubhouse 1 from 11 a.m.-3 p.m. with the next service on Sept. 8. The all-you-can-eat brunch is \$11, all-inclusive (no takeout).

People can use regular Minibus service to get to the clubhouse until 6:30 p.m. and there is on-call service for the special needs access bus. For more information on the bus schedule, call 431-6586, ext. 372.

The Golden Rain Foundation provides dining options in Clubhouse 1 and beyond every month. Naples Rib Company serves in LW on the first Monday, Finbars Italian Kitchen, on the second Monday, and Hometown Buffet, on the fourth Monday. The Sunday brunch and omelet bar is usually here on the second and fourth Sundays.

For more information about the food services in Leisure World, contact the Recreation Coordinator at events@lwsb.com.

Hometown Buffet Menu

Chicken Noodle Soup Caesar Salad ala Hometown Leisurely Potato salad Classic Baked Chicken Traditional Carved Turkey with Cranberry Sauce Creamy Mashed Potatoes and Gravy Veggie Rice **Steamed Carrots** Steamed Cut Corn Cinnamon Pecan Rolls Vanilla Pudding Fruit Platter

MUSEUM OF TOLERANCE

LW Library hosts bus trip on Oct. 3

The Leisure World Library will host a bus trip Oct. 3 to the Museum of Tolerance, a museum to educate and enlighten. Tickets are \$35 and include bus transportation, museum entry and tour.

In the late 1980s, the world's top museums began discussing how to promote tolerance and understanding. The decision was made to create a museum—but not an ordinary museum of artifacts and documents. As Simon Wiesenthal expressed, it must not only remind us of the past, but remind us to act.

In February 1993, the Museum of Tolerance opened to the public. The Museum of Tolerance (MOT) is a human rights laboratory and educational center dedicated to challenging visitors to understand the Holocaust in both historic and contemporary contexts

The Museum of Tolerance is both a tribute and a warning; a tribute to the six million Jews and millions of others, including

TRIP, page 10



Mick Adams as Mick Jagger performed with his band The Stones in an authentic tribute to the Rolling Stones at the Amphitheater last week. See page 1 for this week's show information.

CLUBHOUSE COURTESY PART 2

Etiquette is a two-way street

by Kathy Thayer

assistant recreation manager

Part I of this series addressed some of the issues custodians deal with on a daily basis in keeping our clubhouses running smoothly. Courtesy is a two-way street, and GRF works with Innovative

Cleaning Services management on a daily basis to resolve problems that arise between its staff and our shareholder/members in an effort to keep our amenity experiences pleasant for all.

Let's face it: We're dealing with human beings, and as such we all have good days and bad days. Just as we expect our shareholder/ members and their guests to be considerate of staff, we require that respect to be reciprocated by both GRF and ICS employees. In a perfect world, we'd all join hands and sing "Kumbaya," but that is simply not reality.

All clubhouses are equipped with "report cards", as it were, that custodians should offer to clubs, Mutual meetings and private parties who reserve clubhouse space to let us know how the custodian performed his or her duties. If one is not offered to you, ask for it!

Should an issue or dispute arise regarding the accommodations for your reservation, or any problem the custodian is unable to address, ask them to contact their supervisor. Every shift has one, plus an overseer, who is a phone call away. If the Recreation Office is open, we are here to serve. If it is after office hours, call Security and ask for the custodial supervisor.

Regular breaks for all employees are mandated by state and federal law and violating them can be very costly to an employer. Residents and their guests need to respect those breaks, but we do understand they may come at exactly the wrong time: Just when a microphone fails, or help is needed with a projector. The solution is simple: Call the Recreation office or Security (off hours) and a supervisor will be dispatched.

As previously noted (see Part 1, page 3, Aug. 15 LW Weekly), an accurate sketch of the desired setup is the key to having your event equipped the way you would like, within reason. The Recreation Department, in concert with whoever makes the reservation, will help you determine what is and is not possible. With a recurring reservation, a permanent sketch can be made and is retained in the clubhouse, our office, and the club's file. If a room is not set up according to this drawing, ask the custodian to show you your sketch to settle

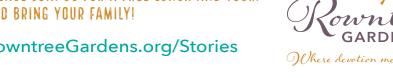
CLUBHOUSE, page 3



active part of our community here at Rowntree Gardens. Sons, daughters, aunts, uncles, cousins, grandkids, and even great-grandkids — they're all invited to take part in our enriching activities. They can experience the fun while seeing their loved ones thrive among a community of people who cherish one another. When you're on the beautiful grounds of Rowntree Gardens, you're part of our family.

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Apply for phones that make it easier to call, dial, hear

The California Telephone Access Program offers a range of free, specialized phones that make it easier for people to hear, dial and make calls. CTAP also has phones designed for individuals who have restricted mobility, speech impairments, or who are blind or deaf.

Applying is easy. Follow the steps:

1. Pick up an application form at the Health Care Center, Library, News Office or the Member Resource Office (Administration Building, 2nd floor). Fill out Part 1.

2. Have Part 2 of the application filled out and signed by a medical doctor or other authorized professional.

3. CTAP representatives will be in the LW Health Care Center on Sept. 13 from 10 a.m.-noon to answer questions about the free specialized equipment. They will have equipment on display. People who have the fully completed application form signed by their doctor may be able to receive equipment that day.

CTAP will be able to process the first 10-12 people on a first come, first served basis. It will not accept phone exchanges for existing customers at this event.

For more information or application forms call 1-800-806-1191 or visit www.California-Phones.org (web chat available).

—Cindy Tostado, LCSW, GRF Member Resource & Assistance Liaison

American Cancer Society Volunteers

American Cancer Society Discovery Shops help support the fight against cancer through the sale of high quality, gently used, donated merchandise. For over 50 years, the Society has owned and operated these specialty resale stores, featuring items such as clothing, accessories, jewelry, furniture, artwork, antiques, collectibles and other household items. The closest one to Leisure World is the Belmont Shore Discovery Shop, 5235 East 2nd Street, Long Beach; 621-6787.

Volunteers are always needed. For more information, contact LW resident Nancy Lewis at 208-3353.

CLUBHOUSE from page 2

the dispute.

If this occurs regularly, let Recreation know so it can be rectified. However, as mentioned in Part I, if you ask for deviations to your setup, you will be referred to the Recreation Office as the custodians are trained not to do this except for small, reasonable concessions.

The good news is the vast majority of Leisure Worlders regularly take the time to compliment staff, but we all can stop and think when things aren't going our way; a tactful word, a small act of kindness, and a smile can go a long way in making every day a better one for everybody.

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Perspectives

WATCH YOUR STEP

Not all magazine sweepstakes are scams

by Cathie Merz

cathiem news@lwsb.com

This is the time of year when magazines push to expand subscriptions to boost readership numbers by offering contests and giveaways. There are a lot of magazine subscription scams out there, but not all magazine contests and giveaways are scams.

Good Housekeeping, Woman's Day, O Magazine, Redbook, Publishers Clearing House and many other publications sponsor sweepstakes that are trustworthy, fun and offer prizes that appeal to the magazine's readers. By entering, a person can win cash, trips, household items and more.

While magazine sweepstakes are generally not scams, there are a few things to keep in mind when entering them, especially if you don't want to end up paying for subscriptions.

Many magazine sweepstakes offer an opportunity to subscribe to the publication or to get a free trial when entering the contest. The publishers call this a courtesy, to make subscribing easy.

However, when entering a contest it can often be tricky to avoid subscribing to the magazine. Many people entering sweepstakes complained about being signed up for unwanted subscriptions, even though they had entered through a "click here to enter without subscribing" link.

When entering the sweepstakes, be sure to read the small print

Look for an option to enter without subscribing. There should be a link or button that says something like, "Enter sweepstakes without subscribing." If you don't see one, read the sweepstakes rules to find the entry method without signing up for the magazine. All sweepstakes have to provide a non-purchase method of entry. After entering watch for mail or email that says you have subscribed to the magazine.

If you receive a subscription letter or a magazine in the mail, that you did not want to subscribe to, cancel it by contacting the magazine's customer service department, or return the invoice immediately and write "Did Not Subscribe - Please Cancel" on the invoice.

Don't ignore unwanted subscriptions. Even if the magazine publisher does not have a credit card to use to charge you, magazines can cause trouble for people who do not pay their subscription fees, like leaving negative reports on non-payers' credit reports, which then lowers your credit. So be proactive if you are receiving magazines that you don't want.

Recently LWer Ellen Larsen was contacted by "Reader's Digest" saying she won \$4.8 million from "Forbes" in a sweepstakes she

Paying to collect a prize is a scam. Every time. And scammers like to ask you to send money by Western Union or MoneyGram, or by getting a prepaid card or gift card. Why? Because it's nearly impossible to trace that money - and you'll almost never get your money back.

Publishers Clearing House and the FTC get many reports about scammers using the Publishers Clearing House name to deceive people. Scammers call, claiming you've won the sweepstakes - but, to collect your prize, you need to send money to pay for so-called fees and taxes.

If you think you've won a prize, here are a few things to know:

- Publishers Clearing House will never ask you to pay a fee to collect a prize. In fact, no legit prize promoter will ever charge you to win. If anyone calls asking you to pay for a prize, hang up and report it to the FTC.
 - Publisher's Clearing House doesn't call ahead to say they've won.

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Letters to the Editor

Open Letter to Recreation Committee

I'm president of LW Orchestra, Burning Tree Duplicate Bridge club and board member of LW Duplicate Bridge Club. In the last 2-3 years the Recreation Committee has not contacted me or any of my fellow board members to get our input on proposed changes to club membership.

I think that the committees could manage clubs much more effectively if they sought our input first before publishing proposed rules. If we could work together, life would be a lot less stressful!

The proposed new rules put additional burden on clubs and threaten the future existence of some of them. Most of the musical clubs (Velvetones, Dixieland Jazz, LW Orchestra and others) who perform for LW on various occasions depend on guests to fill in all the instruments required to have a complete ensemble. Do you really want to eliminate these groups?

The new proposal states a club can't be a duplicate of an existing club. Does that mean elimination of one bridge club and two pinochle clubs? The bridge club has motivated some guests to purchase units in LW and become residents. It is a good ambassador

The relationship between the clubs and the Recreation Committee is deteriorating. We stand ready to work with the committee to improve that relationship if they will just meet us halfway.

Fred Reker Mutual 12 Editor:

We live near the north end of St. Andrews Drive and we are not in favor of seeing more of the Seal Beach Police Department policing our streets. But if I'm following a security thread correctly in the LW Weekly, because some people cannot show restraint when driving, SBPD policing LW streets appears to be a "done deal." We should all be more mindful of the community rules when driving around our community.

Yet we constantly see drivers zipping past our house far in excess of the speed limit, and have had impatient drivers behind us when we are merely observing the 25-mile-per-hour speed limit. We also frequently observe drivers going through stop signs without even attempting to stop.

Is it too much to ask shareholder residents to abide by the rules of the road? But if the residents are expected to obey the rules, certainly GRF staff should set the example. We gave up trying to follow a Leisure World bus that blew past us this afternoon because we couldn't keep up even at 35 miles per hour.

As senior adults, we should be able to control ourselves and honor the community rules of the road without additional policing. But those rules must also apply equally to LW and GRF staff, contractors and our guests. Let's not think that the rules apply to others, but not me.

Peter Bates, Mutual 7 Editor:

I have been a resident in Leisure World for seven years. It is a wonderful place to live. When I moved in, there were numbers on the street, designating the speed limit and I felt very safe walking and riding my bike—that has all changed and now the numbers have come off the streets and people are driving like maniacs, flying down the streets and endangering everyone.

This is unacceptable—no one is paying attention to the speed limit. My neighbors almost got hit walking their dog and another neighbor's dog did get hit and went flying into the street.

This is a senior community and not displaying the speed limit on the streets is endangering everyone—whatever the reason for this change, it must be remedied immediately.

The speed limit needs to be displayed so Leisure World becomes safe once again for every resident.

> Rhonda Fischer Mutual 9

Editor:

Thank you to the Golden Rain Foundation Board of Directors for saving a lot of trees by not printing hundreds of copies of minutes (saving over 4K a year). Please make a link available to view PDF's or set up an automated e-mail system for shareholders who are actually reading the minutes. Keep up the good ideas to save money.

Peter Meuter Mutual 9



An article on low cost pet clinic in the Aug. 15 issue of the LW Weekly incorrectly stated that pets will be allowed on LW Minibuses. Pets are never allowed on Minibuses. The low cost veterinary service will still take place as scheduled, at the LW Community Church, 14000 Church Place, on Thursday, Aug. 29, from 9-11 a.m.

GRF

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Leisure World Seal Beach

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason

Nataly Chigireva,

Communication & Technical Director ext. 384; natalyc@lwsb.com

Ruth Osborn, News & Page 1 Editor ext. 388; rutho_news@lwsb.com General news, arts and leisure, religion

Cathie Merz, Community/Gov. Editor, ext. 389; cathiem_news@lwsb.com Community news, government, obituaries, letters to the editor, production

Chris Walker, Editor/Production ext. 387, chrisw@lwsb.com Health, travel, sports

Stephen Bannon, Production Editor ext. 392; stephenb_news@lwsb.com Pre-press, online and visionimpaired editions, IT

Karen McElwain, Advertising Sales ext. 393; karenm_news@lwsb.com

Sylvia King, Advertising Sales ext. 391; sylviak@lwsb.com

Laurie Bullock, Customer service, Classified Advertising Sales ext. 383; laurieb@lwsb.com

Katya Lukina, Communications coordinator ext. 266; katyal@lwsb.com graphic designer, digital media coordinator

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See you at the Movies!

Proud Sponsor: The Upside, Aug 23

Government

SECURITY CORNER

Update on LW **Traffic Enforcement** Safety Program

by Victor Rocha

security services director

The Golden Rain Foundation at Leisure World, Seal Beach, is committed to the safety and of all

residents, especially in regards to vehicle traffic and pedestrian safety. To that end, the GRF Board of Directors has made positive steps in the past few



years to enhance safety inside

The Board of Directors has received numerous communications from residents sharing their concerns regarding traffic and pedestrian safety inside the community. Concerns included all types of violations, from red light violations to non-compliance with posted stop signs and excessive speed. After careful deliberation, a proposal was made by the GRF Board to review the possibility of having Seal Beach Police Department enforce traffic laws within the community. Before this could possibly occur, the streets within Leisure World have to be certified to meet the same standard as any public street outside the community. This entails having a Certified Traffic Engineer certify that LWSB streets meet the standards of the California Manual on Uniformed Traffic Control Devices (CAMUTCD)

To ensure compliance with the rules, GRF removed over 160 traffic signs, removed pavement markings, updated traffic control devices, and painted red curbs where required to allow space for emergency vehicles. This process began in 2017. On Feb. 14, 2019, we received our Certificate of Compliance.

The GRF Board of Directors has now made a formal request to the City of Seal Beach to conduct traffic enforcement inside the community. The Seal Beach City Council is currently reviewing our request.

I know there are some unanswered questions regarding this proposed enforcement. Be assured that we will be holding numerous Town Hall meetings with all residents and with members of the police department present we will be able to address any concerns.

As a reminder:

 The same traffic rules that apply outside of the community also apply inside the community.

• If you observe any GRF employees not complying with traffic regulations, you may report this activity 24 hours-a-day, 7 days-a-week on my voice mail, 431-658, ext. 371, or by e-mail, victorr@lwsb.com.

• There are no laws in California that can restrict or deny someone a driver's license based on age only.

If you have any questions or concerns, contact me.

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

	•
Friday, Aug. 23	Recreation Committee (special)
	Conference Room B 9 a.m.
Tuesday, Aug. 27	GRF Board of Directors
7,	Clubhouse 4 10 a.m.
Monday, Sept. 3	Dograption Committee
7, 1	Conference Room B1 p.m.
Wednesday, Sept. 4	Governing Document Committee
7, 1	Administration10 a.m.
Wednesday, Sept. 4	Physical Property Committee
7, 1	Administration
Thursday, Sept. 5	Architecture Design Review Committee Administration
, 1	Administration1 p.m.
Friday, Sept. 6	Executive Committee Administration
, 1	Administration10 a.m.
Friday, Sept. 6	GRF Board Executive Session
, 1	Administration1 p.m.
Monday, Sept. 9	Mutual Administration Committee
, 1	Administration1 p.m.
Tuesday, Sept. 10	Facilities and Amenities Review Ad Hoc
, 1	Administration1 p.m.
Wednesday, Sept. 11	Security, Bus & Traffic Committee
, -	Administration1 p.m.
Thursday, Sept. 12	Communications Committee
, -	Administration1 p.m.
Monday, Sept. 16	Finance Committee
	Administration9 a.m.
Tuesday, Sept. 17	Management Services Review Ad Hoc
	Administration1 p.m.
Tuesday, Sept. 17	Website Ad Hoc Committee
	Administration1 p.m.
Wednesday, Sept. 1	8 Strategic Planning Ad Hoc Committee
	Administrationcancelled
Friday, Sept. 20	Roundtable with Mutuals/GRF
. -	Administration1 p.m.
Tuesday, Sept. 24	GRF Board of Directors
, -	Clubhouse 46 p.m.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

to attend the open me	etings of their mutual boards as follows:
Thursday, Aug. 22	Mutual 1
, ,	Administration9 a.m.
Friday, Aug. 23	Mutual 6
, ,	Administration 9:30 a.m.
Monday, Aug. 26	Mutual 8
, ,	Administration9 a.m.
Wednesday, Aug. 28	Mutual 10
, ,	Administration9 a.m.
Tuesday, Sept. 3	Mutual 16
, 1	Administration 9:30 a.m.
Tuesday, Sept. 3	Mutual 17
, 1	Administration 1:30 p.m.
Wednesday, Sept. 4	CFO Council
, -	Conference Room B 10 a.m.
Thursday, Sept. 5	Presidents' Council
7. 1	Clubhouse 49 a.m.
Monday, Sept. 9	Mutual 9
7 1	Administration 9:30 a.m.
Wednesday, Sept. 11	Mutual 4
7 1	Administration 9:15 a.m.
Thursday, Sept. 12	Mutual 12
7. 1	Administration9 a.m.
Friday, Sept. 13	Mutual 3
7 1	Administration9 a.m.
Monday, Sept. 16	Mutual 15
, -	Administration 1 p.m.
Tuesday, Sept. 17	Mutual 14
, -	Conference Room B 1 p.m.
Wednesday Sept. 18	Mutual 5
, 1	Conference Room B9 a.m.
Wednesday, Sept. 18	Mutual 7
, -	Administration 1 p.m.
Thursday, Sept. 19	Mutual 2
, 1	Administration9 a.m.
Thursday, Sept. 19	Mutual 11
, 1	Clubhouse 3, Room 9 1:30 p.m.
Friday, Sept. 20	Roundtable with Mutuals/GRF
• •	Administration 1 p.m.
Monday, Sept. 23	Mutual 8
· •	Administration9 a.m.
Wednesday, Sept. 25	Mutual 10
, .	Administration9 a.m.

GRF Board of Directors Agenda Clubhouse Four Tuesday, August 27, 2019 10:00 a.m.

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call
- 3. President's Comments
- 4. Announcements/Service Awards/Staff Commendation
- 5. Seal Beach City Council Member's Update
- 6. Health Care Advisory Board Update
- 7. Shareholder/Member Comments

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b)). Time limits, per speaker, are limited to:

- 4-minute limit per speaker, up to 15 speakers
- 3-minute limit per speaker, 16-25 speakers
- 2-minute limit per speaker, over 26 speakers
- 8. Consent Calendar
- 9. Approval of Minutes
 - a. July 23, 2019

10. Reports

- a. Facilities and Amenities Review (FAR) Ad hoc Committee
- b. Management Services Review Ad hoc Committee
- c. Strategic Planning Ad hoc Committee
- 11. New Business
 - a. General
 - i. Approve August GRF Board Report

b. Architectural Design and Review Committee

- i. Reserve Funding Request Landscaping, Perimeter Wall Outside the Parking Lots, from the Amphitheater to Clubhouse Six ii. Operating Funding Request - Holiday Lighting Agreement iii. Amend 10-5160-3, ADRC Charter
- c. Communications and ITS Committee
 - i. Amend 20-5125-3, Communications/IT Charter
- ii. Rescind 20-5118-3, IT Services (ITS) Committee Charter
- d. Executive Committee
 - i. Amend 30-1022-3, Petitions
 - ii. Adopt 30-1010-1, Authorized Spokesperson iii. Amend 30-5110-3, Executive Committee Charter
 - iv. Approve GRF Directors' Handbook
- e. Facilities and Amenities Ad hoc Committee
 - i. FINAL VOTE: Amend 70-1406-1, Limitations on Use ii. FINAL VOTE: Adopt 70-1406-2, Limitation of Use, Fees
- f. Finance Committee
 - i. Accept Month of July Financial Statements for Audit
 - ii. Funds Transfer Request Reserves
 - iii. CD Purchase Request Reserves
 - iv. CD Purchase Request Capital
 - v. Approve New Vendor, Lockbox Services vi. Rescind 30-5519-3, Committee Budgeted Expenses
 - vii. Approve the GRF 2020 Operating Budgets
- g. Governing Documents Committee
- i. Approve Alpha Designation to Type Codes, New Document Numbers
- h. Mutual Administration Committee
 - i. Approve Bereavement Packet
 - ii. Amend 50-5165-3, Mutual Administration and Service Maintenance Charter
 - iii. Rescind 50-5170-3, Service Maintenance Charter
 - iv. Approve Installation of California Lottery, Self-Serve Ticket Machine
- i. Physical Property Committee
 - i. Capital Funding Request Shade Cover, Veteran's Plaza ii. Reserve and Capital Funding Requests - Pool Complex
 - Replacements and Renovations

 - iii. Reserve Funding Request-Replacement of Parking Stall Street Markings
 - iv. Reserve Funding Request Replacement of Interior Components of Clubhouse Six Leased Space (Apartment)
- j. Recreation Committee
 - i. Reserve Funding Request Golf Tee Box Replacement ii. Rescind 70-1202-1, Club Membership
 - iii. Adopt 70-1203-1, Membership of Clubs
 - iv. Approve Locker Use Agreement
 - v. Approve Locker Agreement/Invoicing Cycle
- vi. Amend 70-1487.01-2, Recreational Vehicle Lot (RVL)-Schedule of Fees
- k. Security, Bus & Traffic Committee
 - i. Conceptual Approval-Contracted Off-Property Bus Service, Two Days per Week
- 12. Staff Reports
 - i. Director of Finance's Report Ms. Miller
 - ii. Executive Director's Report Mr. Ankeny
- 13. Board Member Comments
- 14. Next Meeting/Adjournment

Next regular GRF Board of Directors meeting, Tuesday, Sept. 24, 6 p.m., Clubhouse 4



August 22, 2019 | www.lwsb.com

Health & Fitness

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. A hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk costs \$8.25 a day. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www.mowlb.org or call Caron Adler at 433-0232.

Thursday, Aug. 22: Curry chicken, barley rice and mushroom pilaf, banana squash, peaches and strawberries with yogurt, ham and cheese sandwich with lettuce, tomato and pickle, three bean salad

Friday, Aug. 23: Roast beef with gravy, garlic roasted potatoes, green beans with herbs, fresh banana, Caesar chicken salad with romaine lettuce, shredded cheese, croutons, Caesar dressing and crackers

Monday, Aug. 26 homemade meatloaf with mushroom gravy, garlic and chive mashed potatoes, california vegetables, cantaloupe cubes, tuna salad sandwich with spinach and tomato, creamy cole slaw.

Tuesday, Aug. 27 lemon pepper chicken leg and thigh, brown and wild rice, broccoli with herbs, red velvet cake, entrée cobb salad with turkey, ham, egg, cheese, bacon tomato with blue cheese dressing and crackers.

Wednesday, Aug. 28 whole wheat spaghetti with meatballs, whole grain dinner roll, peas and carrots, rice pudding, turkey, ham and cheese sandwich with lettuce, tomato and pickle, tri-color slaw.

Thursday, Aug. 29 chicken enchilada casserole with green sauce, pinto beans, cauliflower, chocolate cake, chicken salad sandwich with lettuce and tomato, homemade potato salad.

Friday, Aug. 30 herb rubbed pork with honey and garlic sauce, mashed sweet potatoes, lemon peppered broccoli, pears with mango, entrée chicken pasta salad, green, yellow and red bell peppers black olives, fetta cheese, dressing and crackers.

The Importance of watching your daily sugar intake

Learn how to limit calories from added sugars—and still enjoy the foods and drinks that you love. Choosing a healthy eating pattern low in added sugars can have important health benefits.

The 2015-2020 Dietary Guidelines for Americans by www. health.gov recommends limiting calories from added sugars to no more than 10% each day. That's 200 calories, or about 12 teaspoons, for a 2,000 calorie diet.

Just like it sounds, added sugars aren't in foods naturally—they're added. Sugars and syrups that food manufacturers add to products like sodas, yogurt, candies, cereals and cookies are a main contributor. Sugar you add yourself—like the teaspoon of sugar in your coffee. Some foods have sugar naturally—like fruits, vegetables, and milk. The sugars in these foods are not added sugars. Eating and drinking too many foods and beverages with added sugars makes it difficult to achieve a healthy eating pattern without taking in too many calories. Added sugars contribute calories, but no essential nutrients.

Foods that have added sugar include but are not limited to regular sodas, energy drinks, sports drinks, candy, fruit drinks, such as Snapple and fruit punch, cake, cookies, brownies, pies and cobblers, sweet rolls, pastries, doughnuts and dairy desserts, such as ice cream.

To cut down on sugar you don't have to give up the foods you love completely. Instead, you can limit added sugars by making some smart, small changes to how you eat.

Here are three things you can do:

1. Find out how many calories you're getting from added sugars. You can use the USDA's website www.supertracker.usda. gov to get an idea. Once you know, you can make changes. The average American gets 270 calories of added sugars each day. That's about 17 teaspoons of sugar.

2. Make some healthy shifts. Replace foods and drinks high in added sugars with healthier options. Eat fruit for dessert instead of cookies or cakes, swap sugary cereals for unsweetened cereal with fruit and drink water or low-fat milk with meals instead of sodas. It isn't necessary to cut out foods and drinks with added sugars—just choose smaller portions or have them less often.

3. Always check the ingredients. Look for added sugars in the ingredients list. The higher up added sugars are on the list, the more added sugar is in the product. Added sugars go by a lot of different names like: brown sugar, corn sweetener, corn syrup, dextrose, fructose, glucose, high-fructose corn syrup, honey, invert sugar, lactose, malt syrup, maltose, molasses, raw sugar, sucrose, trehalose, and turbinado sugar. Added sugars hide in foods that you might not expect. They're common in foods like pasta sauces, crackers, pizzas, and more.

OPTUMCARE AT THE HCC

Meet new doctor Aug 30. at 10 a.m.

By Carson J. Blomquist OptumCare

You can meet Dr. Chung, as well as other HCC providers, at a special meet-and-greet event on Friday, Aug. 30. The event will run from 10-noon. Light refreshments will be provided. All residents are welcome to attend.

The Health Care Center continues to grow, offering more specialists and primary care doctors than before. Recently, Dr. Christopher Chung joined the HCC after completing his medical residency and fellowship training. I sat down with Dr. Chung recently to learn more about his experiences.

Where did you grow up?

Dr. Chung: I was born and raised right here in Orange County, and I couldn't imagine living anywhere else!

Why did you pursue medicine?

Dr. Chung: It was because of my family. I watched and learned throughour own experiences with a marvelous yet daunting medical system. Some experiences were good, others not so good. But they all helped me realize that, as a medical doctor, I could help other families and patients during the most crucial parts of their lives.

Where did you study medicine?

Dr. Chung: I attended Loma Linda University School of Medicine, then completed a Family Medicine Residency and an extra Geriatric Fellowship at Kaiser Permanente Los Angeles. I did not want to be anywhere but Southern California.

What do you like to do outside the office?

Dr. Chung: I enjoy spending time with my wife, family, and friends. I also try to stay pretty active by hiking, playing basketball, and golfing.

What is your philosophy as a doctor?

Dr. Chung: Serve my patients with the utmost compassion and in the safest way possible. I know patients don't fit into a specific formula or algorithm; everyone has different beliefs and needs. They deserve a doctor who will appreciate what makes that person unique.

Dr. Chung views health and healthcare as a journey, one which both the patient and doctor are part of. "I want to be part of my patient's journey through life and aging," he said. "I want to help my patients to be well and thrive so they can get back to what really matters most to them."

Dr. Christopher S. Chung is available for new patients. He is fluent in English and Korean. To make an appointment with him at the Health Care Center, call (562) 493-9581.



Wa-rite contest winners, from left to right is Kathy Rose, Swana White, Judy Chambers, and Leona San Severino

WA-RITE CLUB

Leona San Severino with an 18 1/2 pound weight loss

Swana White got 3rd place with a 5 1/2 pound loss. Second place went to Lillian Silva with a loss of 9 pounds, Leona San Severino, the first place winner with an 18 1/2 pound loss.. Kathy Rose, the degree winner with the most points.

Wa-Rite is a support group for women who need to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins are from 7:45-8:45 a.m. For more information, call Carol Chambers at 822-4641 or Dorene Youngs at (707) 301-6943.



Using plants as therapy

Nature therapy, also known as "forest bathing" can reduce blood pressure, lower stress, and even improve concentration and memory, among other benefits. You don't have to live near a wooded area to reap the benefits. Incorporating organic elements into your home will help you stay in constant contact with nature. Below is a curated list of tips to help bring forest bathing into your home.

- 1. Create an indoor space for growing plants. Consider incorporating a green wall or mounted planter to add some life to an office or family room. You can also add plants to cabinets or window ledges.
- 2. Incorporate plants that act as natural air purifiers. Peace Lily, Golden Pothos, English Ivy, Chrysanthemum, Gerbera Daisy, Mother-In-Law's Tongue, Bamboo Palm, Azalea, Red-Edge Dracaena and the Spider Plant are some of the most recommended plants to help clean the air in your home.
- 3. Eat fresh herbs. Growing herbs in your home will add an element of green to your space, and fresh herbs are good for you, too. If you don't have a green thumb, start with one of the easiest herbs to grow inside, such as mint or thyme.

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide.

Monday, Aug. 26: Oatmeal, low fat yogurt, milk bread with promise orange-pineapple juice turkey pasta salad, harvest cranberry and almond salad, dinner roll with promise pineapple chunks, stir-fry chicken with chow mein sauce, brown rice, oriental vegetable blend, and Cookies.

Tuesday, Aug. 27: Mini bagel with cream cheese, milk, low fat yogurt, crab, corn and tomato salad, quinoa salad, wheat worth crackers, fresh apple, cheese omelet, apple chicken sausage, red skin potatoes, peas and carrots, whole wheat dinner roll with promise mandarin oranges

Wednesday, Aug. 28: hardboiled eggs, milk, orange-

pineapple juice, string cheese, whole wheat bread, Thai chicken salad with dressing confetti rice salad, dinner roll, gelatin, shredded pork, salsa verde, pinto beans, sliced carrots, corn tortilla, sugar free peach crisp

Thursday, Aug. 29: cottage cheese, milk, whole wheat bread, promise fruit cocktail, beef taco bowl, sugar free custard, baked ziti, Italian vegetable blend, spinach, breadstick, promise tropical fruit mix

Friday, Aug. 30: Bran flakes, milk, orange juice, low fat yogurt, butternut squash farro salad, tomato and zucchini salad ambrosia, cubed beef with burgundy sauce, mashed potatoes, broccoli, dinner roll, and cake.

A book to help deal with a breast cancer diagnoses

For those who receive a diagnosis of breast cancer, there is nothing more panic-inducing. The brain can travel to some dark places and linger there forever without proper intervention. Enter Princess Diane von Brainisfried (aka Diane Young Uniman), an award-winning writer and breast cancer survivor who aims to help others rediscover their happy headspaces with her irreverently humor-filled new release; "Bonjour, Breast Cancer — I'm Still Smiling!"

Written with a deliciously humorous tone, this essential guide to beating the breast cancer blues combines von Brainisfried's own experiences and insights with research-based positive psychology strategies. Along the way, she shares wisdom from Socrates, Cherokee legends and her own Jewish great-grandmother to help those facing cancer diagnoses reclaim their happiness mojo and move from fear and despair to positivity and optimism.

From her own breast cancer diagnosis to chemo, baldness, double mastectomy, and radiation, she holds nothing back. Imparting refreshing honesty to encourage and empower others on their journeys. Regaining equilibrium and reclaiming happiness following a cancer diagnosis is not easy. The book shares advice and wisdom to find positivity in the face of the challenges posed by breast cancer and everything that goes with it.

Weekly Health, Exercise Classes

Ageless Grace

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30- to 60-minute walk. For more information, call Tom Pontac, 304-0880.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitoner Dave Heilig instructs. **Pilates**

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291. **Yoga, Meditation, Tai Chi**

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143. **Yoga, Monday**

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

ALZHEIMER'S ASSOCATION

Understanding Alzheimer's is Aug. 27

The Alzheimer's Association will give a class called Understanding Alzheimer's and Dementia from 2-3:30 p.m. on Tuesday, Aug. 27, at the Los Alamitos-Rossmoor Library, 12700 Montecito Road, Seal Beach.

Learn the difference between Alzheimer's and dementia; and ways the Alzheimer's Association can help.

People can register by calling (800) 272-3900 or via email at *kjschuppe@alz.org*. Programs are free and open to the public.

The next class is called Effective Communication Strategies on Sept. 24 from 2-3:30 p.m., followed by Understanding and Responding to Dementia-Related Behavior on Oct. 29, from 2-3:30 p.m.

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Religion

LW BAPTIST CHURCH

Soloist Flower DeLay will sing Sunday

The Leisure World Baptist Church congregation will meet for worship in Clubhouse 4 on Sunday, Aug. 25.

Sunday School is from 8:40-9:10 a.m. followed by coffee and conversation at the round table until 9:45, when the service be-

Soloist Flower DeLay will sing "Beyond the Sunset." The choir will sing of the reassuring promise, "Room At The Cross."

Pianist Yvonne Leon will play for the offertory.

Pastor Rolland Coburn's morning message from Romans 8:15-25 is titled "The Down Payment of Our Full Inheritance."

The closing hymn is "When We See Christ."

The Prayer Room is open after service. All are welcome.

The Women's Fellowship and Bible Study meets at 10 a.m., Monday, Aug. 26, in Clubhouse 3, Room 6.

The deacons will meet at 2



Flower DeLay

p.m., Wednesday, Aug. 28, in Clubhouse 3, Room 1, followed by the Energizers group, which will meet in the same room at 3.

For more information, call 430-2920.

—Joan Shramek

Assembly of God

Pastor Sam Pawlak has a most unusual title for his message

The congregation and visitors will meet at 10:30 a.m. in Clubhouse 3, Room 2, for worship led by Denise Smith, accompanied by Marge McDonald and Norma Ballinger sharing news of the

Two prayer meetings are held at 10 a.m. and 5:15 p.m. each

The popular Hymn Sing begins at 6 p.m. in the lobby of Clubhouse 3 and this Sunday will feature special music by Dean Brown and youth choruses led by Ruth Olson. Associate Pastor Dan Ballinger will lead the hymns selected by those present. This hour of praise is closed with a devotion by Pastor Sam and the evening concludes with fellowship time—sharing news, prayer concerns and praise and treats that those attending have contributed.

There will be no Bible study the week of Aug. 25. This weekly study time will resume Sept. 11 at 10 a.m. in Clubbhouse 3, Room 7, with Pastor Sam teaching from the book of Revelation.

this coming Sunday: "Why This? Why Now? Why Not?"

church family, giving of tithes and offerings, and Pastor Sam's

Sunday preceding the services.

—Norma Ballinger

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REDEEMER LUTHERAN

'To Be Set Free in Christ' is the topic on Sunday

"To Be Set Free in Christ" is the title of Pastor Lisa Rotchford's sermon at Redeemer Lutheran this Sunday, Aug. 25. The worship service starts at 10:30 a.m. and is followed by ice cream and conversation in the fellowship hall. The ice cream social will mark the end of the summer, and Pastor Rotchford will provide Ghiradelli ice cream toppings bought on a recent trip to San Francisco.

The stained-glass sanctuary is on St. Andrew's Drive, next to the golf course and swimming pool, across from the Administration building. There is ample parking.

The Wisdom Books, with Ecclesiastes being the focus, meets meets on Aug. 28 in the Fellowship Hall from 10:30-11:30 a.m. under the leadership of Pastor Lynda Elmer.

A midweek prayer service with Communion is held Wednesdays at 11:30 a.m. in the sanctuary chapel.

Orange County Care Connections provides respite care for persons diagnosed with memory impairment and their caregivers. This ministry of Redeemer is open to everyone in the Leisure World community. The program runs from 9 a.m.-3 p.m. on Monday, Tuesdays and Thursdays. Call 596-1209 for more information.

For more information, call the church or visit www.redeemerlutheransealbeach.com.

Spiritual Living

The Spiritual Living Center, 500 Marina Drive in Seal Beach, is a loving spiritual sanctuary where everyone is welcome and the abundance of life is celebrated through study, inspiration, gratitude and service. Sunday services are held at 9 and 11 a.m., and inspirational music is included.

On Aug. 25, Rev. Nicole Von Atzingen will discuss "The Greening of the Self" at both services. Kris Shelton and Bill Wolfe will provide the music.

All are invited to attend the center's Spiritual Cinema line-up of films that will include the movie "Happy." It will be screened on Wednesday, Aug. 28, at 6:30 p.m. The movie examines the global wisdom, and cutting edge science, which reveal the secrets to living a happier life. Popcorn will be served and a thought-provoking discussion will follow the movie.

'Your Inner Self" is a weekly Wednesday meditation that consists of breath work and guided meditation from 2:30-3:30 p.m. June Freeman RScP, will facilitate the meditation on Aug. 28.

For more information on classes and other events, visit www.sbcsl.org or call 598-3325.



Gary Leming

FAITH CHRISTIAN ASSEMBLY

Old hymns rich with truth are focus

There is something special about the old hymns of the church. They contain rich theology and scriptural truth. Colossians 3:16 says, "Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God." This is Faith Christian Assembly still sings those hymns.

As minister of music, Gary Leming leads worship each week, helped by the beautiful piano playing of Ginny Vaughn. All are welcome to join in worship this Sunday at 10:30 a.m. and 5:30 p.m.

Faith Christian offers Faith Fellowship Time at 11 a.m. on Tuesdays in the Garden Room. A midweek Bible study for the summer is taught by Pastor Sheri Leming on Wednesdays at 11 a.m. in the Garden Room. A GriefShare group meets Fridays at 2 p.m.

To receive a free newsletter and for more information on the church, call 598-9010 or visit www.FCAchurch.net.

FIRST CHRISTIAN CHURCH

Special offering taken for Missions Month

First Christian Church will finalize Missions Month with a special offering for Fellowship of Associates of Medical Evangelism (FAME) this weekend. In addition to supplying medical supplies and planting medical facilities in the developing world, FAME encourages and trains nationals to become healthcare providers and educators, all in the love and name of Jesus.

The Saturday evening service begins at 5:15 with the Hospitality Room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. from the book of Luke. At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting.

Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation several hymns.

The church choir, under the direction of Margaret Humes, will sing "He Abides." Elder Larry Massey will present the Communion meditation and service. For the offertory, the Praise Team will sing "Change My Heart Oh God."

Pat Kogok will sing "Thank You," followed by Pauline Massey who will read Matthew 26:43-46.



Pat Kogok

Pastor Gene's message is called "Not My Will," based on Matthew 26:36-46. He told us to "Ask, Seek and Knock" but in the end we must submit to the perfect will of the Father.

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at 431-8810 for further information.

BEIT HALEV

Online services available Friday, Saturday

Beit HaLev services are accessed online on Livestream.com/ Galityomtov and Facebook.com/ galityomtov. Shabbat Ma'ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

Deuteronomy 10:12-11:25, "Eikev" (Because), is the Torah reading this Shabbat. Moses reiterates the Sh'ma and V'ahavtah and admonishes the young generation to follow HaShem's commandments lest they be severely punished.

In addition to the Sabbath services, Rabbi-Cantor Galit Levy-Slater also conducts a short weekday Ma'ariv service every Thursday at 4 p.m. on SimShalom.com, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourner's Kaddish.

Rabbi Galit's beginner and intermediate Hebrew classes



Rabbi Galit Levy-Slater

are held Wednesday afternoons. People interested in learning prayerbook Hebrew or modern (conversational) Hebrew can contact Rabbi Galit at 715-0888 or duets@icloud.com for information regarding day and time.

Congregation Sholom

Congregation Sholom will have a Friday night service at 7 on Aug. 23 in Clubhouse 3, Room 9, with Rabbi Rachel Axelrad. An Oneg shabbat will follow services.

On Saturday, Aug. 24, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, with Rabbi Axelrad. A Torah study will begin at 10:15 and continue until about noon, followed by a potluck lunch.

The congregation is organizing a Bat Mitzvah class for interested women. To find out more, email Mel Chazen at melvin.chazen@ yahoo.com.

The congregation is going to start an "Ask the Rabbi" column in "News & Nachas." If you have a question, email it to Mel Chazen at the above address.

There will be a Shabbat dinner on Aug. 30.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

-Scott Simensky

Holy Family Catholic

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Twenty-First Sunday in Ordinary Time on Aug. 25.

The First Reading is Isaiah 66:18-21 and the Second Reading is Hebrews 12:5-7, 11-13.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

Buddha Circle

The Buddha Circle will meet from 9:30-11 a.m. on Saturday, Aug. 24, in Clubhouse 4.

Venerable Vui Mung, also known as Joyful Heart, from Desert Zen Center will give the lesson. He presents Buddhism in a simple, easy-to-understand way. It's an interactive group so those who attend are encouraged to ask questions. Mung will begin the session with a guided meditation.

Check the website at LWSB.com under "Religion, Buddha Circle" for more information. There is no membership, just a gathering of like-minded people. All residents are welcome.

Donations are welcome and will support Mung in his teachings. For more information, call (714) 933-5122.

Mindfulness Meditation

The Buddha Circle will meet for a Mindfulness Meditation session from 2-4 p.m. on Wednesday, Aug. 28, in Clubhouse 3, Room 7.

The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email mindfulcircle@vahoo.com.



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Community Church and its pet-friendly congregants

COMMUNITY CHURCH

Low-cost pet clinic will offer discounted services Aug. 29

Community Church is a pet-friendly congregation. The church will have the opportunity to extend its love for its furry friends to the greater Leisure World community by hosting another Vet Care Pet Clinic on Thursday, Aug. 29, from 9-11 a.m.

The clinic will be held on the church patio.

Dr. Marjorie Fong, DVM, will

offer a variety of veterinarian services, including rabies vaccines, flea/tick medications, microchips and health screenings at a savings.

Conveniently located inside Leisure World, the Pet Clinic at the church offers an ideal opportunity to take care of the health needs of pets.

The Sunday evening Bible study, led by Joy Reed, meets every Sunday, at 5 p.m. in the Fireside Room. The topic is "Death and Resurrection." Everyone is welcome to attend.

On Sunday, Aug. 25, Pastor Johan Dodge give a sermon titled, "Action," based on Luke 12:32-40. Virginia Oljenik will serve as lay liturgist. Worship services are at 9:50 a.m., followed by coffee and refreshments in Edgar Hall.

AGLOW INTERNATIONAL

Lunch is Sept. 12; RSVP by Sept. 9

Aglow International will host a luncheon at 11:30 a.m. on Thursday, Sept. 12, at Mimi's Cafe, 6670 Pacific Coast Highway, Long Beach.

Men and women are welcome. Make reservations by calling 631-7291 no later than Sept. 9.

—Joan Eisenhart

St. Theodore's

St. Theodore' of Canterbury Episcopal Church will meet for a Holy Communion worsnip service at 12:15 p.m., Sunday, Aug. 25, in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrew's Drive.

Worship is followed by refreshments and fellowship. All are welcome.

Life Changers

Life Changers are people who can bring the power, favor and light of heaven into circumstances encountered here on earth. The group meets on the first and third Fridays from 1:30-3 p.m., with the next meetings scheduled for Sept. 6 and 20.

Men and women are welcome. For more information, call Joan Eisenhart at 343-8066.

Rock Church

The Rock Church, Seal Beach campus, welcomes everyone to weekly services at Marina Community Center, 151 Marina Drive,

Sunday services are in English at 9 and 11:15 a.m. and in Spanish at 1:45 p.m. People can listen to Sunday's message for free by going to www.gototheorck.com.

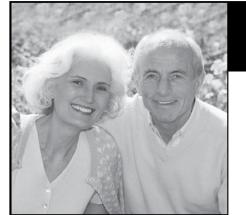
Select Seal Beach campus and click the podcast.

For more information call (714) 562-8233.

—Doris Sandrick

Bible Study Fellowship

A Bible study fellowship studying the book of Acts will be held in Mutual 7 every Thursday from 9:30-11 a.m. beginning Sept. 12. For more information, call Cindy Speievy at 618-0822.



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Arts & Leisure



Actors Shirlene and Joseph Chavez play Windy Sunshine and Chet Brinkley in "Early TV According to the Theater Club."

THEATER CLUB

Enjoy community theater on Labor Day

The Theater Club will present a free Labor Day production, "Early TV According to the Theater Club," at 7 p.m. on Sept. 2 in Clubhouse 2. Doors will open at 6:30. Light snacks and iced tea will be available; audience members are welcome to bring their own beverages.

Featured shows include "Name that Tune," "You Bet Your Life," "The Ed Sullivan Show," "Sheriff John," "Engineer Bill" and "Let's Make a Deal." It promises to be a fun-filled evening for all.

–Taylor White



Los Angeles Musuem of Tolerance

TRIP

from page 2

Gypsies, Slavs, political dissenters, homosexuals, and prisoners of war, who were murdered by the Nazis between 1933-1945; and a warning that the root causes of the Holocaust persist.

Racial hatred, economic crises, human psychological and moral flaws, the complacency or complicity of ordinary individuals in the persecution of their neighbors are still ominously common. Remembrance, vigilance and moral commitment are required if the lives of the victims of the Holocaust are to have an enduring meaning.

For more information and to purchase tickets contact the Recreation Department at *events@lwsb.com* or call 431-6586, ext. 326.



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Joyful Line Dance teacher Justin Manalad teaches "Hello Dolly" at the class held every Wednesday from 3-4:30 p.m. in the lobby of Clubhouse 3. All are welcome, especially beginners, to this fun exercise class. For more information, call Anna Derby at 301-5339.

GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

Now and Then Trio will play 1940s-60s ballroom on Aug. 24.

The Recreation Department asks residents and their guests attending the GRF Saturday Dances in Clubhouse 1 to cooperate in adhering to a few, simple rules:

• Do not park on the east side of Clubhouse 1.

Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

- People must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to set up for the next group.
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audiovisual equipment can only be adjusted by the custodian according to the instructions they have been given
- Be sure to sign in, either as a resident or guest. This is the only way GRF can judge the popularity of bands.

• Guests must be accompanied by the GRF member who invites them as all passes and ID's are subject to inspection.

GRF Movie

"The Artist," rated PG-13, will be shown Wednesday, Aug. 28, in Clubhouse 4, at 2 and 7 p.m.

In 1927, George Valentin is a silent movie superstar.

However, the advent of the talkies will kill his career, and he will sink into oblivion.

For young extra Peppy Miller, it seems the sky's the limit as major movie stardom awaits.

Though their careers are taking different paths their destinies will become entwined.

The cast includes Jean Dujardin, Bérénice Bejo, James Cromwell, Penelope Ann Miller and Malcolm McDowell.

Some scenes and language may offend some viewers.

Can't make the movie? Borrow it from the LW Library for free any time.

Community Karaoke

Country singer Buck Owens would be proud to hear Barbie May's rendition of "Together Again" at the Wednesday night Community Karaoke Club party.

Folks feasted on chicken-bake rolls with chips as everyone appreciated the voices of Leisure World shareholders.

Karen Morris did a peppy "Poor Little Fool." Other featured singers were Joe Tucky, "Hello Mary Lou"; Wayne Urban, "Good-Hearted Woman"; Ellen Brannigan, "This Magic Moment"; Rick Hering "Streets of Laredo"; Ruby Johnson, "I Will Always Love You"; and Tony Tupas, "Don't Close Your Eyes."

Other notables were Martin Rosendaal, Donna Burr, Byong Choi, Tino Tupas, Anna Le, Ren Villaneauva, Janice Chapman, Richard Yokomi, David Noble, Pete Tupas, Mike Breen, Ric Dizon, Essie Hicks and Charlie Guggino.



Barbie May

A big thank you to Ruby and Reggie Johnson and Tony Tupas for serving treats during the evening. The coffee and tea are hot, and snacks are donated for the faithful audience that rocks to the music each Wednesday night in Clubhouse 6 beginning at 5:30 p.m. All are welcome.

Amphitheater Movies

Open-air movie nights at the Amphitheater will continue through Sept. 6. Movies will be shown on the gigantic screen on Friday nights starting at 8 p.m. (this is a new start time; times will be adjusted as days get shorter). Bring friends and family. Admission is free. The Minibus has "on call" service to movies beginning at 7:15 p.m. Call 431-6586, ext. 379, and a bus will arrive within 10 minutes. A bus is available to take shareholders home after the movie.

* Aug. 23—The Upside: A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who's hired to help him.

PG-13 | 2h 6min | drama/comedy | 2017 |

Sponsor: Del Rey Sinus and Allergy Institute

*Aug. 30—Spiderman—Into the Spider-Verse: Teen Miles Morales becomes Spider-Man of his reality, crossing his path with five counterparts from another dimensions to stop a threat for all realities.

PG | 1h 56min | fantasy/sci fi | 2018 |

Sponsor: MemorialCare Health System

★ Sept. 6—What Men Want: Passed up for a well-deserved promotion, sports agent Ali Davis wonders what else she needs to do to succeed in a man's world. Hoping to find answers from a psychic, Ali drinks a weird concoction that suddenly allows her to hear what men are thinking. Using her newfound ability, Ali starts to turn the tables on her obnoxious male colleagues while racing to sign the next basketball superstar.

R | 1h 57min | fantasy/romance | 2019 | Sponsor: Brand New Day

Quilting Bees

The Quilting Bees of Leisure World welcome all needle crafters to come and learn more about quilting.

Beginning Wednesday, Sept. 4, the club will meet at 9 a.m. in the lobby of Clubhouse 3. During the course of the year, it offers project classes, demonstrations, day trips and charity projects.

For more information, call 493-3645.

Www.lwsb.com | August 22, 2019



Terry Otte and Abilene will perform a dance concert at 7 p.m. on Saturday, Aug. 24, in Clubhouse 2. All Leisure World residents and guests are welcome. The clubhouse is set up with tables so bring beverages and snacks and get ready to dance.

AuthorSpeak

Tyler Dilts, author of the acclaimed Long Beach Homicide Book Series, will visit the Leisure World Library on Thursday, Sept. 5, at 11 a.m. Tyler will talk about his books and his journey to becoming a writer.

The Long Beach Homicide Series follows Detective Danny Beckett through various trials and tribulations as he works to solve some of Long Beach's most heinous crimes while attempting to cope with his own personal traumas.

Tyler's father was a L.A. County sheriff's deputy and as a child, Tyler thought he would follow in his father's footsteps. But his life ultimately went in another direction.

When decided to write a book, he knew it would be a police procedural.

The third book in the series,



Tyler Dilts

"A Cold and Broken Hallelujah," went on to become a No. 1 Best Selling Book on Amazon with over 2,000 positive reviews.

Come to Veterans Plaza on Thursday, Sept. 5, at 11 a.m. for this enlightening conversation. The library will provide light refreshments.

All are welcome.

Amphitheater Show Schedule

Amphitheater 2019, a summer music festival on Thursday nights at the 2,500-seat Leisure World Amphitheater, will continue through Sept. 12. Residents, and their friends and families are invited. Shows start at 8 p.m. until September when they begin at 7:30 p.m.

Residents must have GRF photo I.D. cards for admission to Amphitheater shows. Non-resident guests must be accompanied by a resident shareholder.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Koffel's food trucks and Mandie's Candies will provide options for pre-event dining.

The remaining summer line-up includes:

•Aug. 22: The Papas & The Mamas: Tribute to The Mamas & The Papas, opened by comic Mark Schiff

Sponsor: MemorialCare Health System
Aug 29: Gregory Wolfe as Rod Stewart

• **Aug. 29**: Gregory Wolfe as Rod Stewart *Sponsor: Monarch HealthCare*

Shows begin at 7:30 p.m.

•Sept. 5: Tribute to Aretha Franklin, Stevie Wonder and Jackie Wilson

Sponor: Monarch HealthCare

•Sept. 12: America's Diamond Live: Tribute to Neil Diamond Sponsor: Monarch HealthCare

WRITERS WORKSHOP

Meet on 1st, 3rd Thursdays in CH 3

People who want to know more about writing a memoir, novel, story or poem are invited to the Writers Workshop, which meets every first and third Thursday of the month at 1 p.m. in Clubhouse 3, Room 6.

This is a group of kindred spirits ready to support fellow writers with suggestions and encouragement. All are welcome.

—Marjorie I. Randell

Dance Classes, Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•A Time to Dance Club by Joseph: Ballroom dance group lessons are held the second and fourth Thursdays in Clubhouse 3, Room 2. Argentine Tango is taught from 6:30-7:30 p.m.; fox trot, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.

•Ballet Fitness: A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required. Classes are \$3.

•Dance Club: Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269.

•Dancing Feet Club: Ball-room and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•Flowering Step Line Dance: Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•Fun Exercise Line Dance Club: Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•Grapevine Line Dance: Thursday from 2-5 p.m. at Clubhouse 6, upstairs room C (2-2:30 p.m., tutoring session per request); 2:30-3:30, new-comer/beginner; 3:45-5 p.m., intermediate/advanced.Class is free. Newcomers should come at 2:30. For more information, DANCE, page 15



Writers Club members Ethel Carter (I-r), Fred Wind, Dorothy Ferrington, Robert Chung and Deane Cox invite everyone to the fiction/non-fiction group at 1:30 p.m. on Friday, Aug. 23, in Clubhouse 3, Room 1. For more information, call Dorothy Ferrington, 357-4320.

GENEALOGY CLUB

Speaker Kristy Sexton is here Aug. 28

Leisure World members are invited to the monthly Genealogy Club membership meeting at 10 a.m. on Aug. 28 in Clubhouse 3, Room 1.

Social time starts at 9:30.

Kristy Sexton will give a talk called "Genealogy on the Fly," and there will be a question-and-answer session afterward.

Kristy is serving her second term as president of the Orange County California Genealogical Society.

She also manages her own genealogy business, One Leaf Genealogy, where she specializes in adoption searches and lineage details.

She is an adjunct professor for Brigham Young University, Idaho, in the Family History Department. For further information, contact Mary Romero at 810-4266.

The Genealogy Club also offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

The workshops are open to everyone and are free.

• Aug. 22—Library Resource Day: Bring in a topic, place or nationality you are researching and members will look for books in the library that might help.



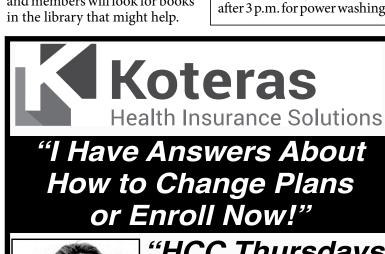
Kristy Sexton

• Aug. 29 – Wallbusters: Bring in "brick wall" problems to discuss and resolve.

The Genealogy Library is staffed every Tuesday, Wednesday and Thursday from 1-4 p.m. Members may come in during these hours to work on the computers, and visitors are welcome to take a tour of the library and learn what the club has to offer.

Did You Know?

The multipurpose courts at Mission Park are closed the first Wednesday of the month after 3 p.m. for power washing.





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CLUB MEETING SCHEDULE

ARTS & CRAFTS

Art League, 2nd Tues. (except Aug., Dec.), 7 p.m., CH 4, 431-4124

Art Classes, Mon., Wed., Thur., Fri., 9 a.m.-noon; Fri., 1-4 p.m., CH 4, Art Room, 594-6064 Ceramics, Wed., 10 a.m.-2 p.m., CH 4, Ceramics Rm, 423-9805

Clay Crafters, Mon., 1-4 p.m., Fri.; 1-4 p.m.; CH 4, Ceramic Rm., (949) 636-6798

Creative Writers, Poetry Workshop, 2nd Wed., 1:30 p.m., CH 3, Rm. 9; Fiction-Nonfiction Workshop, 1:30 p.m., 4th Fri., CH 3, Rm. 1; gen'l meeting follows at 3 p.m., CH 3, Rm. 1

Knit & Crochet, Tues., 9 a.m., CH 4 Ceramics Room, 598-1079

Korean Literary Club, 2nd, 4th Mon., 9:30 a.m., CH 3, Rm. 7, (714) 705-3199

Lapidary & Jewelry Making, Mon.-Fri., 9 a.m.-3 p.m.; Thurs., 5-7 p.m., Sat., 9 a.m.-1 p.m., CH 4 Lapidary Facility

Make' Em Laugh, Thurs., 10:30 a.m., CH 3, Rm. 6, 296-8647

Oil Painting, Tues., Fri., 9 a.m.-noon, CH 4 Photographic Arts, 2nd Thurs., 1:30 p.m., gen'l mtg and workshop, CH 3, Rm. 9, 430-7978 Producers Club, acting class, 1st, 3rd Wed., 1

p.m., Amphitheater Loft, 598-0880 Quilting Bees, Wed., 9 a.m., CH 3, Lobby, 493-

3645, 743-9827 Theater Club, regular mtg., 4th Fri., 10 a.m., Amphitheater Little Theater; 596-6358

The Writers Group, 1st, 3rd Thur., 1-3 p.m., CH 3, Rm 6, 596-5033

Woodcarving, Tues., 1-3 p.m. CH2, 799-0966 BRIDGE

Bridge, ACBL Duplicate, Mon. and Thurs., 12:15 p.m., CH 3 Lobby

Bridge, ACBL Duplicate, Burning Tree, Fri. and Sat., 12:15 p.m., CH 1, (615) 898 0669

Bridge, Midday, Mon., 12:30 p.m., CH 1, 342-9807 **Bridge, Combined,** Tues., 6 p.m., CH 1, 342-9807 Bridge, Mon., Mon., noon, CH 1

Panhellenic, Bridge, 1st Fri., 12:30 p.m., CH 3 Bridge, Lunch/Party, 2nd Fri., 11:45 a.m., CH 2

CARDS & GAMES Best Time Bunco, 2nd, 4th Mon., 6 p.m., CH 3,

Rm. 1, 596-1346 Bingo, St. Therese Org, 3rd Sun., 1 p.m., doors open; 1:30, early bird; CH 2, 594-0209

Bunco Social Club, 2nd, 4th Sat., 1:30-4 p.m.,

CH 3, lobby (714) 356-0443

Cards, Little Flower Guild, 1st Thurs., 12:15

p.m., CH 2, 799-0117 Chess, Fri., 2-6:30 p.m., CH 3, Rm. 7, 493-3478

Cribbage, Tues., noon, CH 1

Diamond Poker Club, Tues., 6 p.m., CH 3, Rm.

Euchrites, Wed., 5-8 p.m., CH 3, 431-2682 Farklers Club, 2nd Mon., 5-10 p.m., CH 3, Rm. 4 Gadabouts Bingo, 2nd Sun., 1:30 p.m., CH 2,

Good Time Bunco, 2nd, 4th Mon., 6 p.m., CH 3, Room 1, 596-1346

Jolly Time Cards, 2nd Fri.,11 a.m.-4 p.m., CH2,

Knights of the Round Table Poker, 7-9 a.m.,

Mon.-Sat., CH 2 card room, 598-6720 LW Tournament Poker Club, 1st, 2nd, 3rd Sat., 11:45 a.m., CH 6, Hospitality Room, 592-8911 Mexican Train Dominoes, Mon., 5:30 p.m., CH

New York Club Bingo, 1st Sun., 1:30 p.m., CH 2 PEO Lunch and Games, 4th Wed., 11:45 a.m., CH 2. 431-8240

3, Rm. 9, 493-9411

Pinochle, Friendly, Thurs., 12:30 p.m., CH 1, 430-5828

Pinochle, Mon., 12:30 p.m., CH 1, 431-1045 **Pinochle**, Sat., 11 a.m., CH 1, lobby, 240-5416 Scrabble, Wed., 1-4 p.m., CH 3, Rm. 5, 598-1384 Sheepshead Club, 1st, 3rd, 5th Fri., 6-10 p.m., CH 3, Rm 6, 341-0249

Social Club, 4th Fri., 11:30 a.m., CH 2, 240-5416 **Variety Poker,** Tues., 1:30 p.m., CH 6, (714) 458-5751 Y-Rollers Yahtzee, 1st, 3rd Fri., 12:30 p.m., CH 3, Rm 6; 596-7237

DANCE

A Time to Dance ballroom group lessons, 2nd and 4th Thurs., 6:30-7:30 p.m., 7:30-8:30 p.m.; CH 3, Rm. 2, (559) 403-8974, 285-6881 Ballet Fitness, Sat., 1:30 p.m., CH 6

Dancers & Mixers, (ballroom dancing), 1st Tues., 7-9:30 p.m., CH 4, 431-1257

Dance Club, ballroom/social dance classes (dance styles vary), Wed., 7:15-8:15 p.m., 8:15-9:15 p.m., CH 6, Rm. C, 999-1269

Dancing Feet Ballroom and Line Dance Club, 4th Sun., 6-9:30 p.m., CH 2; line dance lessons, Thurs., 7-9 p.m.; Sundays, 4-6 p.m., both CH 6; (551) 998-4223

Flowering Step Line Dance, Mondays and the

See schedule on the LW website at

www.lwsb.com

3rd Tues., 10 a.m., CH 2, 296-8068

Grapevine Line Dance, Thurs., 3-5 p..m., CH 6, Rm. C; Fri., 2:30-4 p.m., CH 3, lobby, 596-8273, Hui O Hula, Mon., 10-11:15 a.m., upstairs, CH 6; Tues., 1:15 p.m., upstairs, CH 6, 252-9676, kumu@ huiohula.com

Joyful Line Dance Club, Wed., 3-4:30 p.m., CH 3, lobby; 301-5339

Leisure Time Dance, Mon., 2-4, CH 6, 301-6119 Leisure World Cloggers, Wed., 8:30-11:30 a.m., Amphitheater, 598-9974

Line Dance, Beg. Adv., Thurs, 10 a.m., CH 3, Rm 6; Sat., 1 p.m., CH 3, Rm 9, 799-1061

Line Dance, Beg. Adv, Sat., 1-3 p.m., CH 3, Rm 9, (714) 531-1698

Saturday Morning Dance, 9, Sat., CH 1, 493-2445 **Suede Sole Dancers**, Sun., 6:30 p.m., CH 6, 301-5339 Velvetones Jazz Club, 1st, 3rd Sun., 6 p.m., CH

Whirlers Square Dance, 1st Fri., 6:30-9 p.m., CH 4, 237-2682

Zumba Dance Class, Sun., 2:30 p.m., CH 6, upstairs; Mon., 5:30 p.m., CH 3; Tues., 8:30 a.m., CH 6; Wed., 5 p.m., CH 6; Thurs., 8:30 a.m., CH 3, lobby; Fri., 8:30 a.m., CH 6; Sat., 11 a.m., CH 6

EDUCATION

Computer Friends Club, 3rd Thurs., 4:30 p.m., CH 3, Rm. 2, (714) 267-7871

Computer Group of Friendship Club, classes, first, second, fourth and fifth Mondays, CH 3, Rm. 4, 11 a.m.-1 p.m.; 3rd Monday, 11 a.m.-1 p.m., CH 6, Rm. B; 4th Thursday, 1-4 p.m., CH 3, Rm. 7, (714) 642-0122, 431-8050.

English Conversation Club, Thurs. 7 p.m. CH 3, Rm. 9, (714) 487-4046

Investment Forum, 2nd Tues., 2 p.m., CH 3, Rm.

Korean American Computer Forum, 1st and 3rd Tuesdays, 9:30-11:30 a.m., CH 3, Rm. 2; 2nd Tues., 1-3 p.m., CH 3, Rm. 1, (951) 639-7129

Korean-English ESL Club, Wed., 9:30 a.m., CH 3, Rm. 4, except for 3rd Wed., in Rm. 9

LW Historical Society, 2-4 p.m., Thurs. CH 1 LW Computer Club, 2nd Tues., meeting, 1:30 p.m.; 1st

Wed., classes, 9:30 a.m., 1 p.m., CH 3, Rm. 2, 544-2210 **HOBBIES & SPORTS Astronomy**, 1st Wed., 7 p.m., CH 3, Rm. 3, 431-7240

Coin Club, 2nd Wed., 1:30 p.m., CH 3, Rm. 2 Garden Club, 3rd Mon., 1:30 p.m., CH 2, 430-2400 Drone Service Club, 3rd Mon., 9 a.m.-noon, CH 3, Rm. 9,

Genealogy Club, general meeting, 4th Wed., 10 a.m., CH 3, Room 1, 810-4266.

Genealogy Library, CH 3, Rm 10, open 1-4 p.m., Tues., Wed., Thurs., 810-4266

Golf, Men's, 2nd Tues. (Jan., March, June, Sept., Nov.), 9 a.m., CH 3, Room 1

Golf, Women's, meeting, 1st Mon., 3 p.m., CH 3, Rm. 1; play, 7:30 a.m., Tues., (909) 576-7500

Happy Bikers, Tues., Thurs., Sat., Main Gate, 7 a.m., 296-5398

Ladies "Q" Pool Club, Mon., 10 a.m.; tournament, 2nd Wed., 10 a.m., CH1 Ladies Pool Room, 795-9151 Mini Farmers, 4th Thurs. every second month (3rd Thurs. in Nov), 9 a.m., CH 3, Rm. 2

Pickleball Players Club, 1st Sun., 5 p.m., CH 2, meeting; games, Sun., 9 a.m.-8 p.m.; Thur., 5-8 p.m., multipurpose courts; lessons, Sun., 11 a.m. (310) 713-6696

Pool & Billiard, Men's, 3rd Monday (Dark June-Aug. and Dec.), 6:30 p.m., CH2, 209-3183.

Leisure Leggers, meet at CH 6, Mondays, 8 a.m. for a walk or jog around Leisure World.

LWSB Book Club, 3rd Thurs., 1-3 p.m., CH 3, Rm. 7, 296-8334 LW Tennis Club, Sun., Tues., Thurs., 8 a.m., Ross-

moor Park, 296-5833 LW Wine Lovers, 1st Wed., 6:30 p.m., CH 3, Rm.

9, (707) 486-6672 Shuffleboard, Meetings, 1st Wed., 10 a.m. (coffee, doughnuts at 9:30), for practice sessions or to learn

to play, call (949) 300-0285 Silver Fox Classic Car Club, 2nd Tues., 6 p.m., CH

3, Rm. 3, 343-4305 Stamp & Collectibles, 1st Wed., 1:30 p.m., CH 3, Rm 9, 598-9297

Table Tennis, daily, 7:30 a.m.-10 p.m., CH 6 Traveling Tigers, 3rd Wed., noon, CH3, Rm. 9,

Video Producers, 4th Thurs., 9-10 a.m., CH 3, Rm. 12-A, open Mon,-Fri., 10 a.m.-noon, 431-6586, ext. 287 **MUSIC**

Ad Hoc Singalong, Tues., 4 p.m., CH 3, lobby, 431-4221

Barbershop Singing Club, Tues., 7-9 p.m., CH 3, Rm. 9 or lobby, 431-4221, waframbach@aol.com Community Sing, Mon., 6:30 p.m., CH 3, lobby,

Dixieland Jazz Club, Aug., Oct., Dec., Feb., April, June; 6:30 p.m., CH 4

Good News Singers, Tues., Thurs., 9-10 a.m., CH 3 lobby (Tues.), Rm. 9 (Thurs.), 243-0047

Guitar Club, Fri., 1:30-4:30 p.m., CH 6, 489-6133 Karaoke, Wed., 5:30 p.m., CH 1; practice session, Tues., 1-3 p.m., CH 6; 493-0484

Korean American Chorale, Fri., 9:30-11:30 a.m., CH 4 (1st Fri, CH 3, Rm 9) 431-3036

Korean-American Classical Music Academy, 2nd, 3rd, 4th Thurs., 9:30-11:30 a.m., CH 4, (213)

Korean-American Guitar Club, Thur., 9:30 a.m.noon, CH 6, Room B, 342-9946

LW Chorale, Mon., Wed., 9-11 a.m., CH 3, Rm. 1 or 2, 243-0047

LW Opera Club, 1st Tues., CH 3, Rm 1; 2nd Mon., CH 3, Rm 2; 1:30-4:30, 296-5586

LW Community Orchestra, Mon., Wed., 12:30-2:30 p.m., Amphi. stage, (615) 898-0669 Musical Strings, Fri., 1-4 p.m., CH 3, Rm. 9,

NATIONALITY/CULTURE

American-Latino Club, 1st Fri., noon, CH 4

Britannia Club of LW, 2nd Thur., 2:30 p.m., CH 3, Rm. 1, 596-6754

Chinese-American Friendship Club, 1st Thurs., potluck; 2nd Wed., 3rd and 4th Thurs., 1-8 p.m., CH 3, Rm. 1, (626) 235-6264, (702) 994-4888

Filipino Association of LW, 2nd Sun., 2-8 p.m., CH 3, Rm. 1, 493-1406 Italian-American, 1st Wed., noon, CH 4, 355-2918

Korean American Association, 2nd Thur., March, June, September, December, 5-10 p.m., CH 2 LW Women's Sing-Along Club, Wed. (except 4th Wed.), 2-3:30 p.m., CH 4, Section C, 431-1791 JPN-Nikkei Club, 2nd Sat., Jan., March, Sept.,

Nov.; 3rd Sat., May, July, 9:30 a.m.-3, CH 4, Sec. A and B, 795-9137 Vietnamese American Club, last Fri., noon, , CH

3, Rm. 1 or 2, (714) 322-8086 **OCCUPATION**

Calif. Retired Teachers Ass'n, even months, 1st Fri., noon, CH 2, 431-3083

National Active & Retired Federal Employees (NARFE), 2nd Mon., 1 p.m. Veterans Community Ctr., 101 E. 28th St., Long Beach, 427-9957

POLITICAL

LW Republican Club, 3rd Wed., 7 p.m., CH 3, Rm. 2, 335-0779

Seal Beach Leisure World Democratic Club, 3rd Wed., noon, CH 4, 760-6660

RELIGION/PHILOSOPHY

Beit HaLev, House of the Heart, Fri., 6 p.m., Sat., 10:30 a.m., livestream.com/Galityomtov/Facebook com/galityomtov, 715-0888, 493-2680

Buddha Circle, 4th Saturday, 9:30-11 a.m., CH 4 Chinese Bible Study Fellowship, Tuesdays, 1:30-3:30, CH 3, Room 5

Christian Fellowship and Fun Club, 4th Tues., 6 p.m., CH 4, 455-6218

Christian Woman's Fellowship & Bible Study, 10-11 a.m., 2nd Mon., 10-11 a.m., 431-0597, 594-8100 Community Church Women's Ministry, Sarah Circle, 4th Tues., 10:30 a.m., Community Church Congregation Sholom, Services: Fri., 7-9 p.m., CH3 Rm-9; Sat., 9:30-11:30 a.m., service, kiddush, Torah study, CH 3, Rm 9; 505-3622

Course in Miracles Group, Fri., 4-5 p.m., CH 3, Rm. 8 Dongbu Pyungkang Church, Sun., 10 a.m., CH 6, (949) 514-4346

Korean Catholic Fellowship, 1st Wed., 5 p.m., CH 3, Rm 6; 3rd Saturday, 5 p.m., CH 3, Room 4, 296-8047 LDS Family Home Evening, 3rd Mon., 6 p.m., CH 3, Rm 6, 703-9342

LW Humanists, 1st Sun., 10:30 a.m., CH 3, Room

LW Korean Church, Sun., 10:15 a.m., praise; 10:30 a.m., worship; Bible study, Wed., 5:30 p.m., CH 3, Rm. 7, (213) 550-9991

Salvation Army Home League, Monday (except 5th week), Sept.-July, 7 p.m., CH 4, 209-2399 Sa-rang Church, Sun., 11 a.m., CH 3 Lobby; Wed.,

6:30 p.m., CH 3, Rm. 1, 431-3036 Seal Beach Cornerstone Church, Sun., 9:45 a.m.,

CH 2, 331-6104 St. Therese Organization, 3rd Thurs., 1 p.m.; CH 2 SELF IMPROVEMENT

AA Friends, Wed., 3:30 p.m., CH 3, 500-5105, (213) 248-0539

AA Friends 2, Mon., 6-7 p.m., CH 3, Rm. 7, (213)

AA Participation Meeting, 8:30 a.m., Sat., CH 3, 209-0816, 972-7567

Ageless Grace, Mon., 4:30-5:30 p.m., CH 6, Room C, (760) 560-8161

Chair Exercise, Tues., Fri., 9:30 a.m., CH 1, 493-7063 Early Risers, cardio workout, Tues., Thurs., 6 a.m., CH 6, upstairs, (310) 489-2390

Feeling Good Exercise, Mon., Thurs., 9:30 a.m., CH 1, 598-9149

Impaired Vision & Hearing, 4th Tues., 1:30 p.m., CH 3, Rm. 1, 431-4026 Joy Walking & Jogging Club, Sat., 7-9 a.m. (DST-summer); 7:30-9:30 a.m. (DST-winter),

Amphitheater stage. LW Wellness Club, 1st, 3rd Tues., 2 p.m., CH 3,

Rm. 4, 889-9101 Pilates Club, chair class, Thurs, 5:30-6:30 p.m., CH 6, Rm. A; mat class, Thurs., 5:30-6:30 p.m.,

CH 6, Rm. C, 430-6044 Qi Gong & Tai Chi Chih, Tues., 9:15-11 a.m., CH 3, Rm. 1, 596-3936

Redeemer Respite Care, Mon., Tues., Thurs., 9:30 a.m.-3:30 p.m., Redeemer Church, 596-1209 Relax & Alert Meditation, Sat., 9:30 a.m., CH 6 Fitness Fusion—Upper/Lower Body Strength and **Yoga,** Tues., Thur., 11:15-12:15, CH 6, 296-8328 Wa-Rite, Fri., 7:45-8:45 a.m. weigh-in, new members arrive at 8:15 a.m., 9 a.m., meeting starts, CH 3, Rm. 1, 760-1293

Yoga, beg., Wed., Fri., 10:30-11:30 a.m., CH3 (Rm 6 on Wed.; Rm 7 on Fri.), 430-7291

Yoga, Tues., 10-11 a.m., CH 4 lobby; Thur., 10-11 a.m., CH 3, Rm. 1; Saturday, 10-11 a.m., CH 3, Rm. 2 or 9, 506-5063

Yoga Meditation and Tai Chi, Sat., 9:30 a.m., CH 6, 493-6719

Yoga on Mondays, Mon., 5:30-6:30 p.m., CH 4,

SERVICE ORIENTED

Amateur Radio Emergency Service Club, 1st Wed., 10 a.m., CH 3, Rm. 9, (440) 289-2023 American Legion Auxiliary, genl. meeting, 3rd Mon., 1:30 p.m., CH 4, Section A; board meeting, 2nd Fri., 1-3 p.m., CH 3, Rm 4, 594-0209 American Legion Post 327, 3rd Mon., board meeting, noon; general meeting, 1:30 p.m.; CH

4, Sec. B; 594-0209 Community Emergency Response Training (CERT), 1st Fri., 1 p.m., CH 5, Rm. B

Children A Priority (CAP), 1st Thurs., catered lunch at noon, CH 4; reservations: 493-1294 Concerned Shareholders of LW, 4th Thur., 1 p.m., CH 3, Rm. 2, concernedshareholdersSB@gmail Knights of Columbus, 3rd Wed., 7:30 p.m., St.

Isadora Church, Los Alamitos, 708-5500 Military Officers Assoc. of America, 3rd Thursday, 6 p.m., Navy Golf Course, Cypress, 430-6512 Na'Amat, 3rd Mon., 12:45 p.m., CH 3, Rm. 2, 596-3767 PEO, Chapter RT, 2nd & 4th, Mon. (dark June, July, Aug., Dec.), 10:30 a.m., CH 3, Rm. 9

Salvation Army, Mon., 7 p.m., CH 4, 296-8539 Senior Patriots for Peace, 2nd Tues., 1 p.m., CH 3, Rm. 2, program; 3rd Wed., 3 p.m., CH 3, Rm. 3, open board meeting; 296-8554 We the People Club, Wethepeople.Lw@gmail.com

wherewelive@yahoo.com The Woman's Club, general mtg., 1st Tues., 1:30 p.m., CH 2; card party, 3rd Fri., 11:30 a.m., CH 2; board mtg., 3rd Wed., 10:30 a.m., CH 3, Rm. 7

Y Service Club, 3rd Wed., CH 3, Rm 2, 7:30 a.m.

Where We Live, 3rd Thurs. CH 3, Rm. 2, 6:30 p.m.,

SOCIAL Friendly Couples, 2nd Wed., 5:30 p.m., CH 3, Room 2, 430-2891

LW Sunshine Club, Fri., 10-noon, CH 3, Rm. 2 (except 1st Fri.), 301-5339

LW RV Club, 3rd Tues., 6 p.m., CH 4, 340-9074, lwrvclub90740@gmail.com (dark June-August) Noon Spoons, 4th Wed., 11:30 a.m., specified restaurants, 213-3923

Paws, Claws & Beaks: A Pet Lover's Club, 2nd Wed., 3 p.m., CH3, Rm. 3, 598-1736 PEO Chapter RT Card Club, 4th Wed., 11:30 a.m.,

CH 2, 431-8240 Phil-Am Social Club LW, last Fri., 2-8 p.m., CH 3, Rm. 2, 431-6508

Rainbow Sisters, 1st Tues., 6-8 p.m., CH 3, Rm. 2, (530) 902-5117

Rollin' Thunder Golf Cart Club, 4th Tues., noon, CH 2, 431-6859

Schmooze Club, 2nd Tues., 10 a.m., CH 3, Rm. 9, 598-2022 Yiddish Club, 1st Thurs., 7 p.m., CH 3, Rm.

2, 431-3774

Changes must be made in writing at The News Office or via email to rutho_news@lwsb. com. For more information, call 472-1277.





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Vivacious LWer loans postcard collection to library

by Ruth Osborn

rutho_news@lwsb.com

Donna Hughes of Mutual 15 is a vivacious blonde with a smile on her face and a lot to do. On a recent Thursday morning, she was on her way to deadhead 200 rose bushes at the Leisure World Veterans Memorial. But first, she stopped by the Leisure World Library to show off her vast collection of vintage post cards that are now on display there.

Roses and postcards—both pursuits had seeds in her childhood, and both have yielded good fruit in her life. From her mother came a love of roses, which she nurtures through her work at the beautiful Leisure World rose bed between clubhouses 3 and 4. And from her father, a love of cars, and indirectly, a fascination with postcards.

"My father, Norman Krueger, loved vintage cars, so I'd go with him to antique car and collectibles shows, where he searched for old car parts.

"He told me I needed to collect something to occupy myself. I learned all about cars from him, and I started my postcard collection because of him," she said.

She started collecting at age 8, when postcards cost 3-5 cents each. The cars came later, but she has eight, including the classic 54 Chevy, a 58 Coupe Deville and a Mercedes.

What began as a random hobby mushroomed into a collection of over 8,000 cards dating from



LWer Donna Hughes with some of the postcards in her extensive collection.

1900-1910: "That's not huge in the PC world," said Donna. "Some collectors have over 100,000."

At one time, her collection filled bins and more bins.

'When I got married, my husband said, 'you gotta get rid of some of this paper."

So she did. She donated, gave away and traded down, winnowing her collection to holiday cards, with Halloween the subject of her most prized holdings. They have the most value, especially the ones with scary witches, smoking cauldrons and screeching owls and devils.

Donna's most expensive card cost \$240, but the bulk of them were much less expensive, which is one of the appealing aspects of the hobby.

In the beginning postcards

were popular because they were a quick and easy way for people to communicate with each other.

Consider postcards the text messaging of the late 1800s, whichwas the "golden era" of postcards. People sent these cheap greetings (that anyone could read) for any reason, but especially on holidays.

This trend lasted until around

Today it's a a popular hobby because, as collectibles go, they are cheap, easy to organize and you can hold them, said Donna.

"It's a lifelong disease," she added with a laugh. "You'll never get rid of it."

And it's one LW residents can vicariously enjoy through the end of August when they stop by the display cases at the Leisure World Library.



Hui O Hula thanks Gertie Burin of Mutual 6 for the invitation to celebrate her 80th birthday with hula Aug. 10. Many friends and neighbors showed up, and all enjoyed the pleasant afternoon. It was quite a sight to see the spread of food, which included 22 boxes of extra-large pizza that Gertie purchased with her recycle money. Live entertainment was provided by good neighbors Mike Simpson, Terry Otte (I) and Hui O Hula's Larry Yamashiro (r) and hula dancers. Gertie, a 14-year-resident, has a heart of gold. She enjoys caregiving and dog walking for her neighbors. Her birthday wish is to have the opportunity to celebrate her 90th birthday with everyone there. Hui O Hula continues to offer free dance lessons to all. Call 252-9676 for more information.

LB CITY COLLEGE

Lifetime Learning Center offers classes

The 2019 Fall Semester for the Senior Studies Program at the Lifetime Learning Center at Long Beach City College starts Monday, Aug. 26. All classes are held at the Pacific Coast Campus in the Lifetime Learning Center Bldg. QQ.

Classes offered this semester are Tai Chi, That's Entertainment Behind the Scenes, Drawing and Watercolor Workshop, World Affairs and Current Events and Classical Composers Who Never Made it to 40. For more information, call Theresa Brunella at 938-3047.





Meet our newest OptumCare® Health Care Center providers

Get to know some of our providers at a special meet-and-greet event. Stop by and say hello to Dr. Christopher Chung and nurse practitioner Sarah Yi. Enjoy some light refreshments and enter for your chance to win a raffle prize.* Office manager Charity Kopp is looking forward to meeting you, too.

When:

Friday, Aug. 30, 2019 10 a.m.–12 p.m.

Where:

1661 Golden Rain Rd. Seal Beach, CA 90740 Conference Room 1

We look forward to seeing you there.

- Light refreshments
- Giveaways
- Raffle prizes

Please RSVP by August 28 to 1-949-923-3233.

*Eligible for a free drawing and prizes with no obligation.

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LW Weekly OBIT

from page 1

One called "Ageless Living" was painted in Clubhouse 6 in 2004 and unveiled with a public dedication by the GRF that year, according to Leslie. A commemorative plaque honored mural artists Marty Silberling, Carmen Leslie, Sharon Hamilton, Howard Christian, Pat Geltner, Walter Allison, Harriet Roth and Ray Grier. The Leisure World Library mural was painted in 2008. Both murals, which were recently painted over, were LW landmarks for more than a decade.

"He was a great guy, so funny," said Leslie, a longtime friend. "I'll really miss him. I first met him in the 1970s, when he took one of my painting classes. I didn't see him for a long time, then he walked into an art meeting here in Leisure World, and there he was. We had lots of good times, teaching together and painting the murals. Everybody loved Marty!"

Martin was born Nov. 5, 1924, in Brooklyn, New York, to Sam Silberling and Frances (Mickey) Kessler. When Marty, as he was called, was about 10 years old, his mother got cancer, which slowly and painfully took her life over a five-year period.

From 10 to 15 years of age, Marty took care of her, often carrying her around the house. He left school after eighth grade at age 13 to work for his father, who had a bagel-and-cream-cheese stand on Coney Island.

As a teen, Marty was a gifted drummer, and he had a set in his house. Girls in his Brooklyn neighborhood would come hear



The "Ageless Living" mural was painted by the late Marty Silberling and other LW artists in Clubhouse 6.

him play and listen to his vast record collection. One day, when he was 15, Ruth, a 13-year-old neighbor, came over with some friends. She accidentally sat on his records, breaking a bunch of them. Not only was it *not* the end of this relationship, but they went on their first date to the 1939 World's Fair, according to his son, Murray Silberling. It was the start of a 70-year relationship.

The war came, and Marty joined the Coast Guard at 17. He and Ruth were married after the war in 1945.

By then, Ruth's parents had moved to Toronto, Canada, so the couple settled there and began their lives, having two children, Fran and Murray. After Marty's father, Sam, had a heart attack, Sam moved to Los Angeles to start Silkauf Manufacturing Company. Marty and his family followed Sam out in 1951, buying a new house in Sun Valley in 1952 for

\$16,000

Marty's younger brother, Bob, who had finished Dorsey High School and was accepted at UCLA, didn't have a place to live, so Marty took him in for six or seven years.

In 1959 Marty moved to Long Beach and opened a liquor store in Downey.

His other brother, Larry, moved out from New York. All three brothers remained close through the years.

In 1975, Marty had the first of two heart attacks that forced him to change his life. He moved into Leisure World, Seal Beach, and retired.

He became a prolific painter and ceramicist at 60 years of age, a second life that led to the founding of the LW Art League, blue ribbons in art contests, painting the murals and exhibitions of his work.

Marty's paintings hang in the

central hallway of Clubhouse 3 and at the Health Care Center in addition to adorning the homes of many Leisure World residents.

And Marty managed this vibrant life making art while caring for his beloved wife, who was a diabetic. She passed away in 2009.

His paintings are exclusively in oil and reflect his courage in using color and eye for natural beauty, composition and often humor in works that span several genres, according to Steve Moore, a fellow award-winning painter and Art League member.

Marty was a fixture at Art League classes, where he mentored those new to oil painting. He was known for inspiring many of the artists in Leisure World today, as well as bringing fun, joy and whimsy to the classes. This is where Marty met Ann Hurley, and they became close friends for many years.

A four-time past president of the LW Art League, Marty took the lead in shaping the group into what it has become today.

Under his direction, the club hosted art workshops, sales events, artist receptions, picnics and public art projects. He belonged to the Art League for about 35 years and was the club's most senior member.

Marty was survived by two children, Frances Lynn Kalish and Murray Silberling; four grandchildren, Jeanine Bender, Ellen Sacks, Lonnie Silberling and Jordan Silberling; and seven great grandchildren, Sarah Vitug, Miranda Shamrell, Lilia Silberling, Asher Silberling, J.P. Sacks, Ella Silberling and Micah Silberling.

—Ruth Osborn, LW Weekly



www.lwsb.com | August 22, 2019

Calling All Photographers

The LW Weekly will produce a 2020 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is Sept. 30. Potential contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach.

Photos of people are not eligible for this project.

Cell phone photos should be emailed in the "actual size" format.

The calendar will be delivered to every unit for free. Additional copies may be purchased for \$1.50.

Email entries to *stephenb_news@lwsb.com* with name, address, phone number and a brief description of the photo.

For information on technical requirements, call 431-6586, ext. 392.





Join us for an evening of entertainment

The summer concert series is underway

Tonight's the Night! Gregory Wolfe as Rod Stewart is coming to Leisure World next week on August 29th. Have I Told You Lately that it's going to be a good time? Join us for a night of fun musical memories.

Stop by the OptumCare® and UnitedHealthcare® tables before the show to pick up a giveaway.*

*Free gift without any obligation

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Gregory Wolfe as Rod Stewart

- Leisure World Amphitheater
- Thursday, August 29th
- Show starts at 8 p.m.

In sponsorship with:



August 22, 2019 | www.lwsb.com

Community



Martha Goossens

Introducing new hospitality chair

by Linda Johnson

LW contributor

Meet Martha Goossens—really, come down to Clubhouse 6, Monday-Friday between the hours of 9-11 a.m. and meet the new hospitality chair, Martha. She joined the Hospitality team in June, 2018. Along with her husband, Bernie, Martha has been working regularly since then. In the fall of 2018, Martha joined the Golden Age Foundation Board. She has consistently helped with many of the Golden Age programs and projects, including shredding, Jax Bikes, expos, decorating for events, brainstorming, and now she is stepping up her game to lead the Hospitality Team.

Martha and her husband, Bernie, moved from Downey into LW $in \, February \, 2018. \, Right \, away, they \, both \, started \, doing \, volunteer \, work.$ As Martha says, "It makes for a happier life when you are busy helping people." Both Martha and Bernie enjoy the Hospitality program and they enjoy living in LW. They are still getting their feet wet and they are getting to know all of the rules....sometimes the hard way. Martha and Bernie have been married for over 40 years.

In Martha's "previous life," she worked in the banking business, secretary, payroll, AARP tax preparer and caregiver. She is enjoying retirement. Her joys are cross stitching, as well as reading.

In celebrating 20 years of the Hospitality program, the celebrates past leader, Carl Kennedy and its new leader, Martha Goossens. Here is to the next 20 years.

For information about volunteering in this program, call Martha,221-3008. She would love to hear from you.

SUNSHINE CLUB

GRF SERVICE

Sell vehicles from

Leisure World shareholder/ members can sell used vehicles in the Administration parking lot

The used vehicle lot is open on the fourth Saturdays of the

Vehicles must have current

In addition to cars, motorhomes, motorcycles, golfcarts, bikes, trikes and scooters may be sold. The owner does not need to be present. A single "for sale" sign no larger than 18-by-24 inches

Only LW residents are allowed

The sale is open to residents

For more information, contact Recreation at 431-6586, ext. 350 or 398.

Aug. 28 peace rally will focus on gun violence

All are invited to participate in a peace demonstration sponsored by Senior Patriots for Peace in front of Leisure World along Seal Beach Boulevard on Wednesday, Aug. 28, from 4-5:30 p.m.

The focus will be on gun violence in America.

According to Mother Jones website, the following is an abbreviated list of mass shootings carried out in America in the recent past, with the number of deaths in parenthesis:

2019 - Dayton, Ohio (9) 2019 - El Paso, Texas (22)

2017 - Sutherland, Texas (26) 2017 - Las Vegas, Nevada (58) 2016 - Orlando, Florida (49)

PATRIOTS, page 18

8-4 on Aug. 24

from 8 a.m.-4 p.m. on Aug. 24.

DMV registrations, GRF decals, and be insured.

can be displayed on the vehicle.

to display vehicles for sale.

and the guests they call in.

SENIOR PATRIOTS

2018 - Stoneman Douglas High, Parkland, Florida (17)

2015 - San Bernardino, Cali-



GAF Gala tickets are available for purchase from Gail Levitt (I) or Nickie Weisel.

GOLDEN AGE FOUNDATION

Broadway lights will burn bright at gala

The Golden Age Foundation is privileged to host its annual "Golden Age Gala" on Saturday, Oct. 19, in Clubhouse 2.

The Gala is an annual Golden Age Foundation and Recognition of Donors. "On Broadway" is the theme of this year.

Everyone is encouraged to dress as their favorite character from Broadway.

The gala begins with a social hour at 4:30 p.m., followed by dinner at 6, catered by Country Garden with old and "maybe" new friends, and entertainment provided by Ryan Christopher.

A classically trained vocalist, Ryan has appeared in numerous television shows and films (member of SAG-AFTRA) and has performed at Carnegie Hall and Grand Ole Opry.

The complimentary photo booth will be available so "dress to impress" for a souvenir to capture the evening.

During the social hour, guests will have the opportunity to join or renew their Golden Age Foundation memberships.

Don't miss the silent auction display on the front table. The last couple years the silent auction was a huge success. There will be a dozen or so items to bid on, such as technical support, food baskets, artwork, gift cards from famous restaurants, etc.

Tickets, \$25, will be available Monday-Friday, beginning Monday, Aug. 26, in the Clubhouse 6 Hospitality Center between 10-11 a.m. Tables for clubs or friends who want a guaranteed seating arrangement are \$200 each.

Tickets can also be purchased from 9 a.m-5 p.m., from Nickie Weisel, social chair at (714)318-2053; or Gail Levitt, social co-chair,

Everyone is encouraged to get their tickets early. Seating is limited, and the gala usually sells out.

Amphitheater Saturday night will feature Korean-American clubs

Amphitheater Saturday Nights, which spotlights Leisure World entertainment clubs and groups, will have a Korean Night on Saturday, Aug. 24. The event will feature seven Korean-American clubs, hosted by the Korean-American Association. The show begins at 8 p.m. on the Amphitheater stage.

Last year's performances garnered much acclaim and provided a platform to learn more about Korean culture and Korean-American activities in Leisure World.

Participating clubs include the Korean American Chorale, the Men's Chorus, the Line Dance Club and the Joy Walk Club. Highlighted will be auto-harp players, a sing-along, a solo by Pastor Samuel Kim and traditional classic dancers.

Vendors and businesses will have give-aways for audience members starting at 7 p.m. Admission is free, and everyone is welcome. For more information, call Yong Pyon at (310) 658-0379.

Board meeting is Aug. 28, 2 p.m.

The Golden Age Foundation will have its monthly board meeting on Wednesday, Aug. 28, at 2 p.m., in Conference Room B.

All members of the Golden Age Foundation and all shareholders are welcome to observe the monthly board meeting.

This is a great opportunity to catch up on the latest news and get a preview of coming Golden Age Foundation attractions.

Health educator will be guest speaker tomorrow

Pam Lewko will be the guest speaker at the Sunshine Club tomorrow, Aug. 23, at 10 a.m. in Clubhouse 3, Room 2.

Lewko has been a trainer and educator for health and wellness companies for the last couple of decades. Educating people in the latest technology regarding health has always been her passion.

She will talk about many new developments in the health and wellness industry, including what can be discovered through DNA; cancer (CGX) testing; and the genetic testing space of pharmacogenetics(PGX), which helps clinicians tailor and optimize medications according to a patient's genetic profile in how the body metabolizes certain drugs

Medicare sees the value and benefits in these tests and is participating in a 10 year research



Pam Lewko

program. They are offering these tests at no cost to those who

The Sunshine Club is designed to help all people get along in the community; for neighbors to have better communication; and to get the best out of living in Leisure World by learning how to use available

qualify.

information. The club has frequent guest speakers from outside Leisure World who speak on various topics that enhance living in LW.

Arrive 5-10 minutes early to enjoy refreshments before the meeting begins at 10 a.m.

The club meets on Fridays in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first

Friday in Room 9). All shareholders are welcome to attend; no membership required. For more information, call Anna Derby at 301-5339.



Eloise Knoll, American Legion Auxiliary; Mike Pembroke, Fisher House; Dori Moore, CEO Fisher House; and Rich Carson, commander, American Legion Post 327.

AMERICAN LEGION

Annual summer picnic is Aug. 25

Members of the American Legion Post 327 have been busy this summer. Recently the Golden Rain Foundation, with the help of the American Legion, sponsored a fundraiser for Fisher House, a 16-bedroom house at the Long Beach Veterans Medical Center that provides temporary housing to families of veterans receiving care at the hospital. Leisure World residents generously contributed to the Amphitheater show fund raiser, and a substantial amount of money was raised for Fisher House.

Upcoming events include bingo in Clubhouse 2 on Sunday, Aug. 25, at 1:30 p.m. All residents are invited for an afternoon of fun.

On Monday, Sept. 2, the Post will hold its annual picnic at 11:30 a.m. at Clubhouse 1. All Vets are invited to come. Auxiliary members and Sons are also invited. Bring a salad or dessert to share. The Post will provide the main dish. RSVP to Rich Carson at (714) 719-6872 or Lee Esslinger at 430-2891.

Baseball anyone? On Sept. 9, the Angels will host its first annual Military Day. The game against the Cleveland Indianapolis starts at 7:07 p.m. If there is enough interest, the Post will get a bus. Tickets cost between \$15-\$35 and include a special "Stars & Stripes" ball cap. To purchase tickets, call (888) 798-HALO or contact Dan Weber, adjutant at (949) 235-1412.

The Post 327 will sponsor Super Bingo on Sunday, Sept. 29. Tickets are \$15 per person. Each of the 10 main games will pay \$100. Presale tickets will go on sale at 12:30 p.m. on Aug. 25 in Clubhouse 2. Anyone who buys a presale ticket is entitled to a reserved seat. For further information, call Lee Esslinger at (310) 491-8990.

—Lee Esslinger

AMERICAN-LATINO CLUB

Empanadas, tamales served Sept. 6

The American Latino Club will have a "get together" on Friday, Sept. 6, in Clubhouse 4, at 11 a.m.

There will be mariachis, and entertainment. The club will offer Chicken, ham and cheese, beef, and/or spinach empanadas, pork tamales with red chile and chicken tamales with green chile and lemonade. Members will bring side dishes and desserts for six people.

There will be a \$10 per person charge for non-members that includes food and soft drinks.

Make reservations before Aug. 29 by calling Maria Rodriguez, 430-3405; Alicia Ortuzar, 588-3090; or Carmen Edwards, 431-4257.

TRIVIAMANIA

Tickets on sale for Aug. 30 games

Get tickets for the Y Service Club Triviamania game on Aug. 23, 26 and 28 between 9-11 a.m. outside Clubhouse 6. Tickets, \$10, are payable by cash or check. Look for Y Service members in yellow jackets who will be happy to answer questions.

The game will take place Friday, Aug. 30, from 1-4 p.m. in Clubhouse 2. Tables of eight put their heads together to come up with the right answers.

Seating is assigned on a first-come, first-served basis. Come by yourself or join a group to exercise your brain, meet new people and enjoy some laughs.

The winning team takes home three-times their buy in; second place two-times the buy-in; and third place, ticket cost refunded. Cash prizes are shared among all table members.

Beverages and snacks are available for purchase. Proceeds

help support local YMCA youth programs and Leisure World projects.

For information about the event, call Bill Denton at 209-0816.

LW SOCIAL CLUB

Cards, lunch slated Aug. 23

The LW Social Club meets on the fourth Friday for lunch and cards. The cost is \$4. On Aug. 23 sandwiches, salad, snacks, coffee and tea will be served.

New tables of four are welcome. Call Marj Earls, 275-1778, or Joan Taylor, 240-5416 for information.

Obituaries

LW Democratic Club is gearing up for active season

During its Aug. 13 meeting, the SBLW Democratic Club Board adopted a series of shortand long-range goals and developed plans for a Leisure World voter registration booth similar to the one members recently helped staff at the Orange County Fair. The board also discussed the important role "No Preferred Party" voters will play in the upcoming March 3 Primary Election

The voter registration booth will be located in front of Clubhouse 6 from 1-3 p.m. on Tuesdays, Thursdays and Saturdays, beginning Aug. 27. There will be training for volunteers willing to help. Call 412-0898 or email *lwsbdemocraticclub@gmail.com* to volunteer.

A copy of the club's newly adopted goals can be found at the club's website, http://sblwdems.wordpress.com.

The board also approved the appointment of Martha Warner as the new chair of the program committee, Susan Thiedt as cochair of the Publicity Committee and Clara Wise as board secretary.

Board members Mary Tromp and Clara Wise, who regularly attend Seal Beach City Council meetings on behalf of the club, reported that Councilwoman Sandra Massa-Lavitt spoke at the Aug. 12 meeting about the important role Leisure World plays within the city of Seal Beach.

Sandra, a Leisure World resident, represents LWers who live west of St. Andrews Drive. She ran unopposed for her second and final four-year term in the November 2018 election. LW residents east of St. Andrews will be voting for their council person in the November 2020 General Election.

Thomas Moore, their current representative, lives outside of LW in the College Park West area of the city. He is eligible to run for another four-year term on the council. No other candidates have announced to date.

The club will have a general meeting at noon on Wednesday, Sept. 18, in Clubhouse 4. Visitors are welcome. Club favorite Josh Lowenthal will be the featured

PEO card party is Aug. 28, CH 2

The PEO will host its card party and luncheon on Wednesday, Aug. 28, in Clubhouse 2 at 11:45. Lunch will be served at noon. All Leisure World residents are invited.

Men and women are invited to join the fun and play any game they want. Tables can be set up in any configuration to make it easier to play. Everyone must have a reservation, so call Jan Krehbiel, 431-8240, for information or to start a new table.

The lunch costs \$12 and includes an entree, salad, roll and dessert, plus a beverage of your choice, hot tea, coffee, ice tea, and ice water.

To come for lunch only, call for a reservation. To play cards, but no lunch, there is a \$3 charge, since this is a fund raiser.

PEO is a philanthropic national organization that sponsors college scholarships for women. If you have questions, concerns or changes, call Jan before Aug. 24.

speaker. Members and their supporters are urged to arrive by 11:30 a.m. with their "brown bag" lunch to participate in informal round table discussions with board members and others in attendance.

Persons interested in being table hosts should contact Clara Wise at (909) 957-9886. Training on how to be an effective table host is available.

In September, the club's popular Voter Awareness Series will resume meetings on the fourth Monday of the month (this is a change in meeting days from Tuesday).

Voter Awareness participants will meet at 2:30 p.m. on Monday, Sept. 23, in Clubhouse 3, Room 4. They will have an opportunity to share their impressions of the Democratic Party presidential candidates, their debate performances and their proposed platforms.

The subject for discussion Monday, Oct. 21, will be a further examination of the history of the interpretation of the U.S. Constitution's Second Amendment,

as well as what the Democratic Party has to say about controlling gun violence. Information about the work of a community organization addressing this issue in Orange County will also be available.

The November meeting will center around the possible role of religion in Orange County's public schools as a result of a recent court case in Huntington Beach.

Reservations are required for all sessions of the Voter Awareness Series. Email *lwsbdemocratic-club@gmail.com* or call 296-8521. In preparation for the Oct. 21 session, participants are urged to read an article in the current New Yorker that can be downloaded from the internet by googling "Politics Changed the Reading of the Second Amendment — and Can Change It Again."

For more information about the SBLW Democratic Club, email the club or go to the club's website http://sblwdems.wordpress.com. There is also an up-to-date calendar of both club and related events on the website.

—Joan Smith

Worrying About Your Memory? Join the MIND study! Are you experiencing these symptoms?

Forgetting things more often, such as appointments or

- Forgetting things more often, such as appointments of social engagements.
- Becoming increasingly overwhelmed when making decisions, following instructions or planning a project.
- Finding it more difficult to pay attention and being easily distracted.

If so, you may be eligible to participate in the MIND study. The purpose of the MIND study is to determine whether nicotine (in patch form) improves memory and functioning in adults diagnosed with Mild Cognitive Impairment.



To learn more,
visit us on the web at:
MINDstudy.org

Or contact us at: Rancho Research Institute (562) 385-7463

Turning 65 this year?

We are here to answer all of your healthcare questions at the Health Care Center



Authorized agent: Carla Ibarra Lic. 0142804

Available
Tuesdays 10 AM to Noon



Authorized agent: Sussy Kim Lic. 0812107 무료상담 Thursday 9 AM to Noon



Please Call 562-795-6247

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August 22, 2019 | www.lwsb.com



Jax Bicycles will make minor bicycle repairs in LW.

Bicycle repairs made in LW on Sept.11

Dave Hanson, president of Jax Bicycles, will be in the Clubhouse 6 parking lot on Wednesday, Sept. 11, from 1-4 p.m. to provide minor bike repair services for free. He will fit bikes to riders (adjust handlebar and seat heights) and lube and adjust bikes.

The Golden Age Foundation, in collaboration with the Golden Rain Foundation, are sponsoring the event.

Because so many residents turned out for past service days, the GAF is scheduling appointments to reduce wait times and make sure every person is seen by 4 p.m.

Appointments will be given in half-hour increments between the hours of 1-3 p.m.

Everyone who wants service *must* call and schedule an appointment through Sharon Kohn of the Golden Age Foundation. She will be taking appointments Monday-Friday from 9-5 p.m. Call her at 596-1969 to get on the Sept. 11 schedule.

Dave and his team will give quotes for bikes that require more extensive repairs or service, take the bikes back to his shop and return them directly to the shareholders' apartments with no transportation charge.

Jax Bicycle Center was established in 1971 and has since become the largest Trek retailer in California. With 10 locations in Long Beach, Huntington Beach, Irvine, Fullerton, Yorba Linda, Claremont, Murrieta, Laguna Niguel, San Clemente and Chino Hills; Jax's stated mission is to provide clients and community with high quality products, sales and service to meet all cycling needs.

Dave, who has owned Jax for over 20 years, and his employees share a passion for cycling and are committed to bringing a safe, enjoyable riding experience to the LW community.

COMMUNITY

Bingo played Sundays in CH 2

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

On Aug. 25 the games will be hosted by the American Legion. The New York Club hosts the first Sunday of the month; Gadabouts, second Sunday; St. Therese of Holy Family Parish, third Sunday; and the American Legion the fourth and fifth Sundays.

HHUG collecting items for homeless

Hearts and Hand United in Giving (HHUG), a local non-profit, donates clean used towels and washcloths, new disposable razors, toothbrushes, travel size shampoos, lotions, bath soaps and toothpaste to the Long Beach Multi-Service Center that provides a variety of services to homeless men, women and families in the community.

HHUG makes two deliveries every month.

If you have any of these items to donate, call Susan Hopewell at 430-6044 or Linda Neer at 430-3214 for pick up or leave on the porch at Mutual 6, 1320 Mayfield Road, 62-A or Mutual 2, 1503 Merion Way, 48-A.



KACM

Class explores time line of musical styles

The Korean American Classical Music Association will meet today, Aug. 22, at 9:30 a.m. in Clubhouse 4.

The class will review a time line of classical music composers from the Baroque, Classical Romantic and Modern periods. Robert Chung will introduce each composer and his work.

Yun H. Choi will present his own production of a music video featuring scenery and beautiful music.

The club encourages fellowship through interpretation and appreciation of classical music and by attending concerts.

For further information, contact President Angel Joh at 598-0313, or Program Chair Robert Chung at 387-7377 or robertschung@hotmail.com.

—Robert Chung

LOS AL SENIOR CLUB

Bingo fundraiser set

The Los Alamitos Senior Club will host a bingo fundraiser on Thursday, Aug. 29, at 12:30 p.m. at the Los Alamitos Community Center, 10911 Oak St., Los Alamitos. Buy-in is \$15 with \$100 pay out and a \$150 black out game. Additional six-packs ar \$5.

A sandwich combo will be served for \$5

PATRIOTS from page 16

fornia, (14)

2012 - Sandy Hook, N.J. (26) The July/August 2019, Friends Committee Washington Newsletter, reported that independent researchers estimate that 100 people are killed daily with guns in the U.S. and many more are injured.

The shooter in Dayton killed nine humans in 30 seconds firing 41 shots. His weapon of choice was a souped-up assault rifle.

All are welcome to join Senior Patriots for Peace at its demonstration for any block of time Wednesday between 4-5:30 p.m. Signs are provided, or people may bring their own.

For further information, call Lucille Martin at 430-1047 or Dorothy Kemeny at 242-4751.

—Lucille Martin

Rollin Thunder's flea market raised funds for golf cart maintenance days

Rollin' Thunder Golf Cart Club hosted its first well-attended flea market fund raiser that generated more \$1,100.

"Thanks to the generosity of our fellow Leisure World residents who donated so many treasures, we can now continue with the club's important community projects," said Club president Tom Davis.

One of these events, and perhaps the most expensive for the club, are the quarterly Air & Water Cart Maintenance Days. The next one will be held Saturday, Sept. 7, at the club's Pit Stop, across from the Mini-Farm on Nassau Road. Attendance is expected to top the 51 carts and motorized scooters that were serviced by 16 club volunteers in June.

"Golf cart batteries that are not routinely checked for low water levels will die prematurely and can leave you stranded," said Davis. "And tires with inadequate air pressure are prone to excessive wear and even blow-outs. This requires that the club have the proper equipment and upwards of 20 gallons of distilled water at every one of our four maintenance events."

Membership in the Rollin' Thunder Golf Cart Club is not required for LWers to have their carts and scooters serviced at Air&Water Days.

The club's next general meeting will be on Tuesday, Aug. 27, in Clubhouse 1. It will be another of the club's summertime barbecues, this one featuring chicken on the "barbie." As always, members and guests are reminded to bring their favorite side dishes, adequate for at least a dozen diners. Beverages will be provided by the club.

—Mike Levitt



Kahula Voyage Polynesian Dancers will entertain at the FALW Luau-Dinner Dance on Saturday, Sept. 7, in Clubhouse 2. FALW

Get tickets now for annual luau

The Filipino Association of Leisure World held its monthly meeting to discuss the upcoming Luau-Anniversary Dinner Dance on Sept. 7 at Clubhouse 2.

President Ric Dizon reminded every member that the success of the event depends on their full support and cooperation.

Ticket sales are underway and as in year's past, organizers predict the dinner dance will be a sell-out. For ticket information, Ric Dizon, (714) 225-3597; Eileen Merritt, 486-1252; or Ren Villanueva, (323) 854-6209.

A tropical cuisine will be a highlight, with the centerpiece of the night, a whole roasted pig, known as "lechon."

Entertainment will be provided by a well-known Polynesian dance troupe.

The Los Angeles-area dance band called Midnight Motion, will play all genre of dance music.



A bunch of neighbors and friends gathered Aug. 10 to wish Gertie Burin, who turned 80 on Aug. 6, a happy birthday. Terry Otte in his signature cowboy hat (center, last row) led a special birthday song. Hui O Hula dancers stirred up the crowd with lessons and singing. Gertie (center between Hui teacher Jojo Weingart seated in blue and Lynn Baidack in yellow shorts), says thank you to her wonderful neighbors who made the celebration so wonderful.

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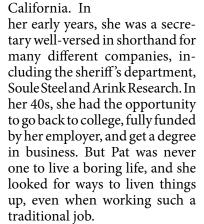
Obituaries

Lay-Wilson, Pat 1936-2019

Pat Lay-Wilson, beloved mother and grandmother, passed away on July 27, 2019. She died of

complications from a lung disease she had been battling with for the last couple of years.





At about age 30, the elementary school her kids attended needed some entertainment for the Halloween festival. She decided to put together a Punch and Judy puppet show. She loved performing so much that she began to do birthday party puppet shows and company Christmas parties. At the age of 45, she quit her job as a secretary and began a very eventful and fulfilling career as a full-time puppeteer. She then added clowning to the mix, becoming Mother Goose. As a clown, she acted as the administrator for the World Clown Association for 10 years.

During this second career, she attended yearly clown and puppet conventions, appeared on the Tom Hadden weekend show, and was the back half of the camel in the last scene of the first Muppet movie. She also opened "Books By Mail," long before Amazon, a company that specialized in books on puppets and clowning. Through her years as an entertainer, she added tarot and card reading to her skill set and acted as a paid professional patient to rate the doctors and nurses at a hospital in Riverside.

Pat lived at Leisure World for the last 15 years. She was elected to the Golden Rain Foundation Board of Directors for Mutual 8 in 2013, filling the Mutual's vacancy. She served on the Communications, Information Technology Services and Library committees.

When she was able to, she was very active in many clubs. She especially loved the writing clubs she belonged to. She wrote many poems and stories, many of which were published.

Prior to her passing she was writing her first novel and completed most of it. In the last remnants of her spare time, she also collected paper dolls, amassing an enormous collection over the last 60 years.

Pat founded a dynasty of four generations of Southern Californians. She is survived by her three children, Pat, Chris and Tony; seven grandchildren; and one great-grandchild, with another

one due in December. She is also survived by the love of her life, Eggbert, her African grey parrot, who was listed on her AARP card as her current husband. She was preceded in death by her husband, Dutch, who passed away in 2005 and a granddaughter, Heather, who passed away in 1990 at the age of 2.

She lived one hell of a life and will be missed by so many.

A celebration of her life will be held on Sunday, Aug. 25, at the home of her daughter, Chris Henry. For more information, call Chris at 708-0789.

—paid obituary

E-mail **Obituary Notices** to cathiem_news @lwsb.com with photos attached as jpg files.

Thomas Garrett Dykman May 22, 1934-June 19, 2019

Thomas Garrett Dykman of Seal Beach passed away on June 19, 2019, surrounded by his loving family. Tom was born in

Sayre, Pennsylvania, in 1934, and spent his early years in Waverly, New York.

His golf pro dad got him started playing golf at age 4 or

5, and he continued his love of the sport most of his life.

At the age of 14, he moved with his parents to Montebello, where he lettered in golf and basketball.

After serving in the Army for two years in Puerto Rico, he graduated from UCLA in 1961. He worked for several years with US Steel, first in Berkeley, then Los Angeles. In 1967, he accepted a position with Norton

for 29 years as a southern California regional sales manager. He then worked as a shuttle fleet manager with Enterprise Rent-A-Car at LAX for 16 years, retiring in 2013.

He met the love of his life, Barbara, in Belmont Shore in 1964, and they married in 1968. The two settled into a new home in Lakewood in 1969, and over the next few years, welcomed three children, creating countless happy memories there for over 45 years.

In 2014 they moved to Leisure World, which Tom called "the best kept secret in Southern California.'

He loved listening to big band music and watching documentaries, boxing and golf. When he could no longer play golf, he put his analytical skills to use on the pool tables. He was never bored or boring.

We will remember the unconditional love and support he gave to his family and loved ones. Tom could light up a room with a smile and a "Hey there fella!" or He genuinely cared about how everyone else was doing in life and enjoyed their stories.

His kind heart and warm laugh will be greatly missed. He is survived by Barbara, his wife of 51 years; three children, Kerry, Stacy and Paul; daughter-in-law Yin and son-in-law Ollie, and three grandchildren, Phoenix, Jessica, and Jacob.

-paid obituary

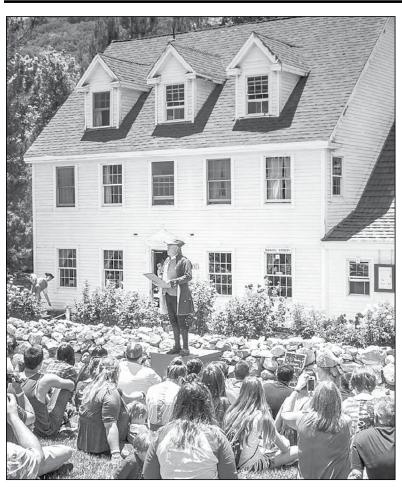
In Memoriam

Daniel Park 87 Ramon Arzate Madero 61 Winona Johns 81 Deborah Moore 66 Victoria Fernandez-Pertierra 89 Josephine Lull 80 Floriene Brenden 95 Arthur Andrew 84 Jean Davis 57 Vidmantas Duda 75 Asofa'atasi Malaki 45 Paul Carl 84 Families assisted by McKenzie Mortuary,



20 August 22, 2019 | www.lwsb.com

Travel



Rileys Farm reenactment

Take a scenic drive out to these farms this apple picking season

Labor Day through Thanksgiving is apple picking season which makes it the perfect time to visit an orchard this weekend. Most of these places will take an hour or two to drive coming from Seal Beach, but with the many different activities going on at these locations there is enough to fill a whole weekend with. You can make your own butter, taste fresh pressed cider, hayrides and archery. No matter how you slice it, there are countless farm fresh apples waiting to be picked by you.

Top Pick: Riley's Farm Located in Oak Glen(also known as Apple Country), is Riley's Farm. Guests can be transported back to life during the Colonial times during one of their many living history tours. The Hawk's Head is a colonial-themed tavern where guests can enjoy a meal and their locally famous chicken pot pie. Riley's Farm has seasonal fruit picking for guests. Apples, pears, pumpkins, raspberries, blackberries and strawberries are available and in season right now.

Parking and general admission is free. There is a fee to pick the fruit, which varies from crop to crop. Daily events and tours include reenactments of The Revolutionary War, The Civil War, the Gold Rush, Adventure Old Joe and a Homestead among other live events available to guests.

Farms nearby: Willowbrook Apple Farm, Oak Glen - After picking from their century-old Stayman Winesap apple trees, you can then press your own cider and indulge in a caramel apple

Riley's Stone Soup Farm and Heritage Orchard, Oak Glen - you'll get a brief lesson from a farmhand on the history of Riley's, how to properly pick the apples and helpful tips on tasting.

Brian Ranch Airport U-Pick Orchard, Antelope Valley - Be sure to enjoy your pickings in their picnic area afterward.





Spare change left at airports

In 2017, more than \$869,000 was left by passengers at TSA checkpoints.

While TSA makes an effort to reunite passengers with items left at the checkpoint. Unclaimed money is deposited into a special account to be tracked and subsequently disbursed. Ultimately, TSA uses the money to maintain and improve security operations.

Travel Tip: To keep from leaving your money behind at the checkpoint, place it in a zip top plastic bag, pouch or favorite fanny-pack and store in your carry-on bag for X-ray screening.

If you ever leave something behind at the checkpoint, visit the TSA lost and found information page, *TSA.gov.*

TSA Tips: Traveling with medication

Traveling with medication can be confusing and traveling through a federal checkpoint can be intimidating when the rules are not clear. Traveling with personal medication is legal and here are a few tips that can help travel with your necessary items with confidence.

• It is not necessary to present your medication to, or notify an officer about any medication you are traveling with unless it is in liquid form (See next bullet).

• Medication in liquid form is allowed in carry-on bags in excess of 3.4 ounces in reasonable quantities for the flight. It is not necessary to place medically required liquids in a zip-top bag. However, you must tell the officer that you have medically necessary liquids at the start of the screening checkpoint process. Medically required liquids will be subject to additional screening that could include being asked to open the container.

- Bring your medication in pill or solid form in unlimited amounts as long as it is screened.
- You can travel with your medication in both carry-on and checked baggage. It's highly recommended you place these items in your carry-on in the event that you need immediate access.
- TSA does not require passengers to have medications in prescription bottles, but states have individual laws regarding the labeling of prescription medication with which passengers need to comply.
- Medication is usually screened by X-ray; however, if a passenger does not want a medication X-rayed, he or she may ask for a visual inspection instead. This request must be made before any items are sent through the X-ray tunnel.
- Nitroglycerin tablets and spray (used to treat episodes of angina in people who have coronary artery disease) are permitted and have never been prohibited.



On the Go

Day Trips

Wild Goose Cruise, Newport Harbor Aboard John Wayne's Yacht With Roger's Gardens – Aug. 24, \$129 with champagne brunch, David Nell/Good Times Travel, (888) 488-2287

Glendale Center Theatre, "Annie" – Aug. 31, \$99 with lunch Tam O' Shanter Inn, David Nell/Good Times Travel, (888) 488-2287 Harrah's Rincon - Thursday-Monday, no Tuesdays or Wednesdays,

free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457 **Pechanga Casino -** Daily, Amphitheater, 8 a.m., free, \$10 in EZ

Play upon arrival, (951) 770-2579 **Valley View Casino -** Sunday-Tuesday, Amphitheater, 7 a.m., free

. . _ .

Overnight Trips

Yellowstone, Glacier and Grand Teton – eight days, Aug. 28–Sept. 4, featuring Yellowstone, Glacier and Grand Teton national parks, National Park lodge stays, David Nell/Good Times Travel, (888) 488-2287

Enchanting Canyonlands – six days, Sept. 19-24, featuring Zion, Bryce and Capitol Reef national parks, Cedar Breaks, Escalante-Grand Staircase, David Nell/Good Times Travel, (888) 488-2287 Colors of New York and Niagara – seven days, Sept. 25–Oct. 1, featuring Niagara Falls, Fingers Lakes, Berkshires, Norman Rockwell Museum, Corning, Toronto. David Nell/Good Times Travel, (888) 488-2287



Two guests visiting Big Bears Oktoberfest

Big Bear Lake Oktoberfest Honors U.S. Military and First Responders

The brave men and women who serve in the U.S. Military and first responders who serve their local communities get free tickets to the 49th Annual Big Bear Lake Oktoberfest on Sept. 7-8. Opening weekend kicks off with America's Heroes weekend, a commemorative celebration that honors anyone with an official badge or military I.D., including active military and veterans, law enforcement and firefighters, as well as their immediate family members.

The Big Bear Lake Oktoberfest, rated Southern California's No. 1 Oktoberfest, takes place high in the San Bernardino Mountains. American heroes will enjoy a weekend of chicken dancing, singing, log sawing, stein holding and feasting in German tradition. Opening ceremonies pay special tribute to America's troops by tapping the first keg of the 2019 Oktoberfest season. The Express Band, Southern California's premier German band is the headlining band. Other opening ceremony festivities include the Bear Valley Marine Color Guard, singing of the National Anthem, and Big Bear's own Little Bear Dancers.

Big Bear Lake Oktoberfest begins Saturday, Sept. 7 and runs for nine consecutive weekends through Saturday, Nov. 2. The weekend festivities take place at Big Bear Lake Convention Center, located at 42900 Big Bear Blvd. America's Heroes weekend (Saturday, Sept. 7 and Sunday, Sept. 8) offers free admission for all past and present military, fire fighters and law enforcement. General admission ticket prices for Saturdays in Sept. range from \$17.99 to \$23.99 for adults, \$13.99 to \$17.99 for seniors (62+), and \$11 for children 12 and under. Saturdays in Oct. range from \$26.99 to \$32.99 for adults, \$18.99 to \$23.99 for seniors (62+), and \$11 for children 12 and under. Sunday admission prices are \$12 for adults, \$9 for seniors, and children 12 and under are FREE. Saturday, Nov. 2nd is a special encore celebration with general admission tickets at \$17.99 for adults, \$13.99 for seniors (62+), and \$11 for children 12 and under. Prices are subject to change on certain dates. It is highly recommended to pre-purchase tickets for all Saturdays in Oct. For more details regarding tickets, Burgermeister Party Packs, and general information, log on to www. *BigBearEvents.com* or call 909-585-3000.

Sports & Games



Players are matched against each other in teams of 2

Pickleball Players Club

The Pickleball Players Club offers open play on the new multipurpose courts at Mission Park behind Clubhouse 3. Play is daily from 9 a.m. to 8 p.m The

club holds a monthly meeting on the first Sunday of the month at 5:30 p.m. in Clubhouse 2. For more information, call Darlene Boyce, (310) 713-6696, or visit http://philsden.com/pickleball/. For sports information of all types, see *lwsb.com*, click on "Active Living" and scroll down to "Sports."



Bob Berry and Terry Thrift in their "Holy Rollers" tee shirts



Marsha Stamper and Estee Edwards may spell Bocce with an extra vowel, but they are tied for first place in Sunday League.

Bocce continues to thrive in LW

In under a year Leisure World Bocce has grown into four leagues with 48 two-person teams. Not only are the leagues thriving, but creativity is starting to pop up in the custom team shirts that the players are now wearing.

Here are the leaders after three weeks of Season 3 round-robin play, all with 3-0 records: Saturday League (9 a.m.) leader is the team of Fred Carpenter / Scott Bryan. Sunday League (3 p.m.) is tied among Melli / Sal Herrera, Gerri Wright / Ken Winkler, and Estee Edwards / Marsha Stamper. Tuesday League (9 a.m.) has a tie between Sal LaScala / Usha Agarwal and Jackie Morrow / Reenie Viska.

TOURNAMENT POKER

Smith wins July 10 tournament

Joyce Smith won the LW Poker Tournament on July 10, her second win this year. Her king high bested second place Army Mangravito to end the game.

Third place was Edmond Loritz, followed by Glen Evenson, Dan Galliani, Bill Clawson, and Sal Maciel. Ron Pine and Wade Carmen tied for best hand with quad aces. Donna Hernandez won the featured hand.

The club's latest winner, Smith, a Mutual 4 resident, was in the hotel business before retirement. Her life is now occupied with bocce ball, water aerobics and time with her grandchildren.

Private poker lessons will be given by Barry Brideau, (714) 401-7622. Please contact him if interested.

For more club information, contact Wendy Wu at (714) 366-0940.

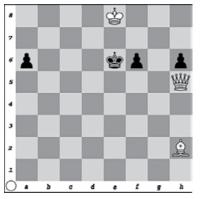
Chess Club Puzzle

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

The white Queens moves from h5 to f3. Any answer by black, the white's next move is check mate.

Chess partners are available in Leisure World when the LW Chess Club meets from 2:00-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for free lesson

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MONDAY GOLF

Meyer wins Golf League at Meadowlark

The Men's Monday Golf League played on Aug. 12 at Meadowlark Golf Course in Huntington Beach. The morning started as overcast and cleared out by noon. Seven men competed over 18 holes in two flights. No new players this round, but, remember; friends, women, spouses, and family are all welcome.

There were 2 birdies on the Meadowlark course – one each by John Meyer and Jim Dickerson. The closest to the pin on the par 3 – 7th hole was Jim Dickerson and on the par 3 – 16th was Bob Munn. Scores were slightly higher than expected due to the dampness in the morning and tough pin placements on the back 9. There were no Holes-in-One. All scores are net(actual score minus handicap).

Winners: A Flight: First: John Meyer, 66; Gary Stivers, 68; tie for third between Sam Choi and Bill McKusky, 77 fifth: Paul Cose, 79. B Flight: First: Jim Dickerson, 68; Bob Munn, 69. Fewest putts: A flight: Gary Stivers – 27: B flight: Jim Dickerson – 29.

Both Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts in each flight. Holesin-One, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.



Bowling in Westminister

A meeting on Sept. 10 at 11:30 a.m. will be held at Westminister Lanes located at 6471 Westminster Blvd., Westminster. All are welcome; bowling will start promptly at 11:30 a.m. Call Grace at 598-0307 or Jennifer at (714) 893 5005 for more information.

-Grace Lesher

Cards and Games Scoreboard

Leisure World Duplicate Bridge Club Winners in the game on Monday, Aug. 12, were: N/S: First in Strat A: Sibyl Smith-Jeanette Estill; second in Strat A: Bill Linskey-Rob Preece; third in Strat A: Larry Topper-Bob Goldstein; fourth in Strat A, first in Strat B: Jerry and Melanie Smith; fifth in Strat A, second in Strat B: Jane Reid-Joyce Shuford; third in Strat B: Alan Olschwang-Chie Wickham; first in Strat C: Ron and Gene Yaffee. E/W: First in Strat A: Joan Tschirki-Paul Chen; second in Strat A: Judy Jones-Al Appel; third in Strat A, first in Strat B: Howard Smith-Sue Boswell; fourth in Strat A: Larry Slutsky-Sue Fardette; fifth in Strat A, second in Strat B, first in Strat C: Louise Seifert-Stan Johnson; second in Strat C: Ellen Kice-Jane Gibbons.

Winners on Thursday, Aug. 15: N/S: First in Strat A and B:Larry Topper-Bob Goldstein; second in Strat A: Janet Wagner-Carol Murakoshi; third in Strat A, second in Strat B, first in Strat C: Miriam Kelley-Judy Mathias; fourth in Strat A, third in Strat B: Judy Carter-Johnson-Gene Yaffee; fifth in Strat A: Bill Linskey-Emma Trepinski; sixth in Strat A, fourth in Strat B: Ted and Joan Wieber; tied for second in Strat C: Elaine Dovgard-Julie Mills and Stan Johnson-Louise Seifert. E/W: First in Strat A and B: Ann Croul-Sue Boswell; second in Strat A and B; Ellen Kice-Sue Fardette; fourth in Strat A and B: Chie Wickham-Lynn Danielson; fifth in Strat A: Jeanette Estill-Eileen Kotecki; sixth in Strat A, second in Strat C: Harriet Weiss-Frances Gross.

Reservations are requested to play in the Monday and Thursday afternoon games in Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservation. To make or cancel a reservation for Mondays call Gene Yaffee at 430-7040 or email her,

Scoreboard, page 26

Puzzles & Comics

Answers on page 26

By Jim Scancarelli

Gasoline Alley Wnat's all this "Right of Eminent Domain" business? It means the land is vital and eminent to and I have the right to take this domain! the city's business...

Broom-Hilda









Middletons

By Raph Dunagin & Dana Summers

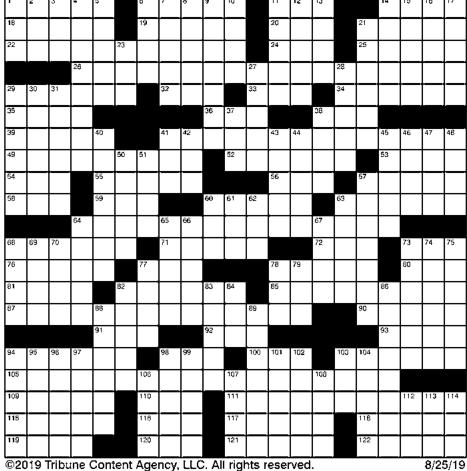


ACROSS

- I Fisticuffs, e.g.
- 6 La ___: Milan landmark 11 Dejected
- 14 Expansive
- 18 Traffic pointer 19 Edges
- 20 Assault weapon 21 All the bases, plus
- 22 Special Forces 24 Kind of game?
- 25 Winged 26 Loren/Quinn film of '60
- 29 Partner 32 Took a chair
- 33 Tribute
- 34 Vatican vestments 35 Wanted-G.I. term
- 36 Dictator add-on 38 Alphabetical run
- 39 Trudges
- 41 Formal gathering
- 49 Scrimmage attire 52 Monterey Bay city
- 53 Madden
- 54 Native: suffix
- 55 Concerning 56 Well-chosen
- 57 Martin Van .
- 58 Eccl. degree
- 59 Come together nicely
- 60 Union general63 Sad, to Sagan
- 64 Peck's attire in a '56 film
- 68 Harum-___: recki 71 Bar in a cage, e.g. _: reckless
- 72 Skill
- 73 TV adjunct 76 Western U. message
- 77 And not
- 78 Jim Backus' Mr. 80 Ret. plan
- "Thanks _ 82 Easter topper
- 85 Plasterer's layer
- 87 Presley song 1956
- 90 Get the answers 91 Everything
- 92 Thesaurus wd. 93 Small bottle
- 94 Famed jockey
- 98 By way of 100 Slippery swimmer
- 103 Middlemen 105 Showy orchid
- 109 Greenish-blue hue
- 110 Boxing legend 111 Kind of crime
- 115 Give : phone 116 Jack and Jill, e.g.
- 117 Wash up 118 Agribusiness name
- 119 European capital
- 120 Pol. party 121 See 50 Down
- 122 Bunsen burners' kin

Dressing In Style

Edited by Linda and Charles Preston



- 1 Droop
- 2 Bloop 3 Three, in Turin
- 4 Firm grips
- Title holder 6 Author Silverstein
- Centers 8 End of
- 9 Baldridge of etiquette
- 10 Part of ĀARP
- 11 Clear
- 12 Endangered layer
- 13 Instant
- 14 Longest river in Europe 15 Menotti's operatic hero
- 16 Cinque + due
- 17 Braid ___ the dog: morning after
- remedy 23 Diner order
- 27 Lively dance
- 28 Of musical sounds 29 Cut offs? 30 Baby hooters

- 31 Like a parka 37 Part of IRA
- 38 Track event
- 40 Floor covering
- 41 Heat qty. 42 D-Day lander
- 43 Occupation 44 Apply force45 Market aisle
- 46 Haughtiness ___a Song Go. . ."
- 48 Actress Russo
- 50 Heavy metal 51 Poly start
- 57 English people
- 60 Red jacket?
- 61 USN rank **62** Pismire
- 63 "Presumed Innocent" author 64 Runner Waitz
- 65 Fern feature66 Greene of "Bonanza"67 Palm foodstuff
- 68 Attempt
- 69 Joint quarters? 70 Baseball manager Felipe 73 It has a G-string

- 74 Neckwear
- 75 Honey badgers 77 Yuletide
- 78 Eng. award 79 ____ Poetica
- 82 Claus von 83 Literary composition
- 84 Friends' word 86 Bedspread
- 88 Tahiti attire 89 Under ____: secret
 94 Mayle's "____ in Provence
- 95 Active beginning
- 96 Affirm
- 97 Dress style 98 Significance
- 99 "Kick the bucket", is one
- 101 Top drawer
- 102 Agile 103 Flu med. 104 Crystallized stone
- 106 Actor Alan 107 Nav. direction
- 108 Lime skin 112 Author Deighton
- 113 Southern constellation 114 Diatonic scale notes

Sudoku

		2		4				
9					7		8	2
		1				3	9	
7					2		5	8
		3						
8	2		9					1
		4				1		
5			7					4
				6		8		

9 To 5 By Harley Schwadron



"I miss the good old days when you were a number instead of a bar code."

The Observer

Causera vizzara i lastica wangers reserved i pisalaguest by in titule Catalent way
A1 E1 N1 R1 R1 W4 D2

| 11 ||G2||W4||D2| $|N_1|$

A₁ | E₁ | T₁ | W₄ | M₃ | S₁ | R₁

 $|E_1||L_1||D_2||R_1|$ Εı

 I_1 O_1 O_1 L_1 D_2 V_4 **BEST SCORE 322**

Crossword

Puzzle

TIME LIMIT: 25 MIN

RACK 1

RACK 2

RACK 3

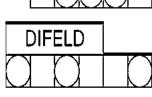
RAÇK 4

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right, Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE: Players. Dictionary, 5th. Edition.

(BIL one letter to each square,

to form four ordinary words. **NPOYH**







THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.





LW POKER

Saunders wins table at Aug. 17 LW tournament

Glenda Saunders won her very first final table on Aug. 17. A club member since moving to LW eight years ago. Glenda won when her ace high club flush ended the game. Second place was Nancy Floyd, followed by Drew Sargent, Dolores Cook, Dan Galliani, and Tony Canfora.

Glenda lives in Mutual 15 with husband, Don. They are both active within the LW poker club. She worked for the city of Norwalk for 31 years as a city bus driver.

Jon Jones won the first high hand with kings full of sixes. Glenda won second high hand with jacks full of threes. Harry Sera won the featured hand, two and six, by betting when two jacks appeared on the flop and everyone at the table folded.

For private, individual or group lessons call Barry Brideau at (714)401-7622. Call President Wendy Wu for other club information at (714)366-0940.



LW Pickleball Clinic

Last Sunday, Prolite Sports conducted the first Pickleball clinic at Leisure World. Initially, Ronnie Nemcock and Kip Kennedy, Prolite sports representatives, concentrated on the new players and beginners while level 3 and higher players competed.

Ronnie and Kip answered questions, explained various rules, informed people of new rules, and explained the differences in the paddles they brought to use. Approximately 55 players participated at Sunday's clinic. Ronnie and Kip were warmly welcomed by all and invited to return for another pickleball event.

CHESS from page 21

Solution to this week's puzzle: Qf3

FRIDAY GOLF

Stivers wins golf league Garden Grove golf course

The Men's Friday Golf League played on Aug. 16 at Willowick Golf Course in Garden Grove. At par 72 – this is the longest course the league plays. Long and straight driving is key on this course which, oddly, has no water hazards. Nine men and one lady competed over 18 holes in two flights. The start of the round was damp and overcast but the sun came out mid-round to complete a good day of golf. (NOTE: A bad day of golf is better than a good day of most anything else!)

Cindi Cooper joined the men this week and shot a very nice round. Once she gets her handicap, she will be a force to reckon with. Remember; ladies, friends, spouses, and family, all are welcome. All scores are net (actual score minus handicap).

Birdies were carded by Gary Stivers, and Bill McKusky. Closest to the pin on the par three-fourth hole was Sam Choi but the par 3-12th escaped a greenie this week. Fewest putts were Bill McKusky and Bob Munn.

A Flight Winners: First place: Gary Stivers, 66; 2nd: Sam Choi, 67; 3rd: John Meyer, 71; 4th: Dave LaCascia, 72; 5th: Paul Cose, 75. B Flight Winners: First Place: tie between Jim Dickerson and Bob Munn, 76; 3rd: Dennis Kotecki,

Both the Monday and Friday Golf Clubs play at four local courses, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts. Holesin-One, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.

-Dave LaCascia

Professional Services

DEBRA HALVARSON GROH







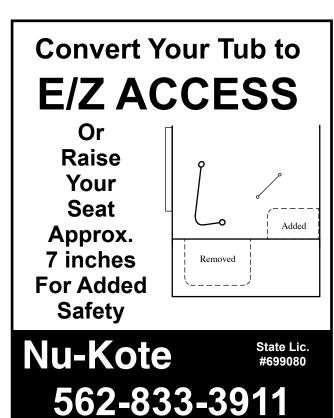








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LW Poetry

Simple Pleasures

Sometimes happiness is handed out in small pieces A compliment, a smile, a cheerful hello Can make a whole day happy. So this is for you—my friends who come for coffee And a pleasant chat with friends At the Hospitality Room A Big Thank You For when I smile at you I get a hundred smiles back. Enough to last the whole day and tomorrow!

<u>—De</u>ane Cox

Friendship Club

The Friendship Club offers computer classes taught by Jeff Sacks and Miryam Fernandez. The schedule is as follows: Monday, Aug. 26, Clubhouse 3, Room 4

- 11 a.m.—Calif DMV Test Preparation, including REAL ID (Sacks)
 - Noon-Facebook (Fernandez)

Monday, Sept. 2—No Class, Labor Day Holiday Monday, Sept. 9—Clubhouse 3, Room 4

- 11 a.m.—Introduction to Android (Sacks)
- •Noon—Google Calendar Part 1 (Fernandez)

Monday, Sept 16, Clubhouse 6, Room B

- 11 a.m.—Computer Questions and Answers (Sacks)
- Noon-Google Calendar, Part 2 (Fernandez)

Classes are free; donations are welcome to cover costs of a wireless hotspot and printing materials.

For more information on computers and the DMV, contact Jeff Sacks (714) 642-0122 or email jfsacks@gmail.com.

For more information on basic computer questions, iPhone/ iPad, social media, Google Calendar questions, contact Miryam Fernandez, 884-7460.

Puzzle Answers

Puzzle page 22

SCRABBLE GRAMS	S solu	TION
$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	ACK 1 =	61_
W4 A1 R1 M3 E1 S1 T1 R	ACK 2 = .	62_
W4 I1 N1 D2 A1 G2 E1 R	ACK 3 =	66_
F ₄ E ₁ D ₂ E ₁ R ₁ A ₁ L ₁ R ₂	ACK4=	61
O_1 V_4 O_1 I_1 D_2 A_1 L_1 R_1	ACK 5 =	72
PAR SCORE 260-270	TOTAL	322

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Sudoku Answers

6	8	2	3	4	9	5	1	7
9	3	5	6	1	7	4	8	2
4	7	1	2	8	5	3	9	6
7	4	9	1	3	2	6	5	8
1	5	3	8	7	6	2	4	9
8	2	6	9	5	4	7	3	1
2	6	4	5	9	8	1	7	3
5	1	8	7	2	3	9	6	4
3	9	7	4	6	1	8	2	5

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all \$1 boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a

Sudoku puzzle can be the same. • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku

puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a

Jumble Answers

Jumbles: PHONY HELLO **FIDDLE TAXING** After landing in Hawaii, they got the Answer: "LEI" OF THE LAND

DANCE from page 11

at 2:30. For more information, inquire directly in class or email grapevinelinedance@gmail.com.

•Hui O Hula: Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•Joyful Line Dance Club: Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

•Leisure Time Dancers: Texas two-step will be taught at 2 p.m. and a country-wester medley (10-count polka, country waltz, Cotton Eye Joe and cowboy cha cha) at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•LW Cloggers: Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•Leisure Whirlers Square and Round Dance Club: Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

 Saturday Morning Dance **Club**: Waltz is taught from 9-10 a.m.; West Coast swing, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•Suede Sole Dancers: The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•Velvetones Jazz Club Dance: The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•Zumba Club: Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays.

Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.

Tacos & Pizza

Taco Tuesday, hosted by Koffel's Food Service, has reasonably priced fare at the Clubhouse 6 parking lot at 5 p.m.

Tables are available to eat inside the clubhouse as well as on the patio.

Pizza Thursday, hosted by Domino's, is under the stripped can opy in the parking lot of Clubhouse 6 from 3:30-8 p.m.

Special orders may be called in to 493-2212 between 10 a.m.-1 p.m. for pick-up at the truck also.

Scoreboard from page 21

no later than 10:30 a.m. on game day, at grandmagene83@ gmail.com; for Thursdays call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at hbsharonb@gmail.com. To cancel a reservation on game day or to report running late, call (636) 579-1357 between noon and 1 p.m. SPECIAL NOTE: Neither Sharon Beran nor Betty Jackson are taking reservations or cancellations for today because it is the annual Pizza Party game day. Please call Ted Wieber at 596-8661 or email: tjw2453969@aol.com for more information.

-Gene Yaffee

Friendly Pinochle Club winners: Aug. 15: Rogell Van Wyke 11,690; Charlotte Westcott, 11.500, Maureen Marsh, 10.910: Marge Dodero, 10,760; Julia Troise, 10,760.

- Bert Sellers

Burning Tree Duplicate Bridge Club Aug. 17: N/S: Mark Singer-Larry Slutsky; Ellen Kice-Sue Boswell; Sibyl Smith-Jeanette Estill, E/W: Sue Fardette-Marilyn McClintock; Joyce Henderson-Howard Smith; Bud Parish-Dorothy Favre; Harriet Weiss-Joyce Basch. Aug. 16 Club Championship: N/S: Fred Reker-Joan Tschirki; Sue Fardette-Joan Wieber; Jean Kato-Barbara Harris; Sibyl Smith-Diane Schmitz; Jane and Jerry Reid; Norma Krueger-Nadine Nakai; Ernie Ross-Ray Tomooka; Rosemary Ford-Ylia Ross. E/W: Marilyn McClintock-Jeanette Estill; Alan Olschwang-Judy Lorber; Ellen Kice-Russ Gray; Kar-Yee Nelson-Larry Slutsky; Joyce Basch-Dorothy Favre; Paul Chen-Sylvia Kaprelyan. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Saturday Sept. 14 club championship.

-Fred Reker

Jolly Time Pinochle Club

Winners Aug. 17: Diana Lambert 11860 Al Bonnema 10700, Richard Van Wasshnova 10650 Bev Adams 10580. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433. -Bert Sellers

Monday Bridge Club Aug 19: First place: Betty Leavitt; second place: Carl Kulier; third place;

Gail Barrenn.

–Pauline Fitsimons

Y-Yahtzee Rollers Friday, Aug. 16: The top Y-Yahtzee Roller winner was Sandy Weisenstein, with the most Yahtzees totaling 6. Louis True for the highest total score of 1677 and Doris dack for door prize. The club meets the first and third Friday of each month from 12:30 to 4 p.m. in Clubhouse 3, Room 6. New members are always welcome. Contact Kathy Rose at 596-7237 to learn how to play or to ask any questions.

-Kathy Rose

PERSONAL

SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731. 08/15

If you saw my 85 year old friend on bike get hit by car near Del Taco on Westmin on 7/8 about 2-3 p.m. please call 562-804-5625. Thank you. 09/05

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 12/26

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Y's Service Club of the YMCA will assist residents with small nonprofessional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, 310-363-5803, 562-296-8782.

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Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 09/05

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Sandy: Friendly, I do perms, haricuts, and color! Call me at 562-230-6169 Lic:KK265498 9/22

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Just Like Your Daughter Call Janice, 714-313-4450 SB Lic. #JUS0006/Bonded. 09/19_

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Will care for female or male. I can cook, do laundry, light housekeeping, dr. appts and all other needs. experienced 30 plus years. 562-370-4544. 08/29

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Patricia House Cleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659. Seal Beach License LUC0001. 08/30

License #AB0001. 08/30

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Windows 10% off first cleaning General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License

gra0006. 10/03 General housekeeping, 30 years of

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ESTATE/MOVING/ PATIO/CARPORT SALES

Estate Sale 1660 Northwood Road Apt. 276L Mutual 11 Aug.22-23

dryer combo.

9:00 AM to 2 PM Kimball Baby Grand piano, Christmas decorations galore, small desk, kitchen table, sewing machine, glassed entertainment center, lots of ladies clothing size 12, fashion jewelry, many books, kitchenware, washer and

Glinda Davis 714-943-1818 Seal Beach license GDD0001 13101 Nassau Dr, Seal Beach, CA 90740.

No Paper By 9 A.M.? (562) 472-1284 Before 10 A.M. State Mutual & Apt. Number

Estate Sale: Entire Contents Refrigerator, furniture, and more. 13330 Delmonte 15D; August 22 and 23. 562-598-0715 08/22

Estate Sale: 1080 Foxburg Rd., Mutual 9-216K. Thursday, August 22,8:30-2:00 and Friday, August 23 from 8:30-12:30 p.m. Sofa, chair, ottoman, contemporary tv stand, unique kitchen table, french provincial bedroom set. Lladro, Waterford, costume jewelry, ladies clothing (small/large), shoes (size 7). Large wine rack, garden decor, small patio tables, patio charis, outdoor rug, wireless indoor/ outdoor speaker. Estate Sales by **Docia Drake,** 714-514-8232. PO Box 427, Seal Beach Bus. License ESD0001 08/22

Moving Sale: 1581 Interlachen unit 261C. August 22 and 23 from 9 a.m. - 3 p.m. Furniture, glassware, and lot of different items. 562-240-5197

Estate Sale: Mutual 4, 74C, 1351 Weeburn Rd. August 22nd and 23rd, Thurs and Friday from 9am to 2pm. Queen adjustable bed, dresser, night stand, desk, book shelf, kitchen items.and much more. Yay! Please come by and say Hello! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business

Estate Sale: 1290 Northwood Rd. 161-E. Thursday, Sept. 5, 9-3p.m. Dressers Queen Bed, Recliners, Minivan. 09/05

License MAR0016. 08/22

CARPORTS/CARPORT LOCKERS FOR RENT

Carport for Rent. Mutual 15, Carport 2. Call 951-365-4868.

MISCELLANEOUS FOR SALE

Adult three-wheel bike for sale. Used, \$150 OBO, Call Jan 562-489-5555 09/05

Two full back barstools:

overall height 37" seat height 24" Espresso metal frame, seat and back are gray upholstery. Only four months old. \$75 for both. Call Marene at 562-584-5980 08/29

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Beautiful ladies bike for sale. Pink/ White. Hardly ever ridden. Best offer takes it. Contact John: 714-904-4392 Mutal 1 41-I 08/22

Refrigerator: black, 30 x 66, 1.5 years old. Like brand new, \$275. 562-431-7615.8/29

Stand straight up walker for sale. 562-522-0003.09/05

Looking for a stress free way to get your house organized? Place a classified ad for miscellaneous items to get rid of clutter fast!





28

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Resales Specialist • Mutual 17 Resident

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Basic 1 BDR on a nice Greenbelt. Cut-down shower, skylights, fresh paint. Mutual 3, 7C \$135,000

New Listing

Beautiful Greenbelt 2 BDR, 1 ½ bath, Gourmet cook's kitchen, 3 bay windows, washer/dryer. ..and more.

Mutual 12, 45D \$418,000

REDUCED MOVE-IN READY 2 BDR/1 1/2 bath, fully expanded corner drive up, washer/ dryer,

dishwasher & more Mutual 2, 19F \$339,000

REDUCED

Fully Expanded corner on a lovely greenbelt, Central A/C heat, skylights, built-in dishwasher & microwave, double pane windows, fresh paint.

\$279,000 **Mutual 9, 208L**

PRICE REDUCED

Fully expanded, drive-up Corner, beautiful built-ins, Plantation shutters, A/C Heat Pump. Built-in Microwave and dishwasher.

Mutual 10, 256G \$279,000

PRICE REDUCTION Basic Corner, Beautiful

Mutual 9, 219F \$175,000 Service Is My Priority! Call me for a FREE Market Evaluation

PRICE REDUCTION Partially Expanded 1 BDR##Bath DNVeltre Servenience,

Mutual 11, 276i \$145,000

PRICE REDUCED Beautifully expanded, updated

corner, drive-up, pargeroatio, new hitcher, wood flooring, washer/dryer and more Mutual 6, 56L \$340,000

BEST BUY 2 BDR, 1 Bath Borin Wive up, Faling West: Very Private Mutual 4, 52B \$165,000

<u>2019 ESCROWS</u>								
Mut. 11, 282B	\$225,000							
Mut. 17, 93S	\$369,000							
Mut. 11, 284D	\$187,000							
Mut. 9, 225F	\$195,000							
Mut. 3, 291	\$145,000							
Mut. 9, 231E	\$175,000							
Mut. 15, 1G	\$265,000							
Mut. 2, 57C	\$145,000							
Mut. 9, 210H	\$189,000							
Mut. 5, 103K	\$225,000							
Mut. 11 267H	\$179,000							
Mut. 8, 183E	\$220,000							
Mut. 17, 93A	\$369,000							
Mut. 11, 284D	\$189,000							

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I SOLD 42 in 2012 New Laminate Flooring I can sell your's too!

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Remodeled and Stunning

Skylights, Storage Room, Zoned AC, NICE ONE 1321 Prestwick Rd 147E - Mutual 7 **\$329,000**

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Mutual 15 - 2 Bed 2 Bath, Drive up, Central AC, Laundry, Corner, Greenbelt Mutual 15 - 2 Bed 2 Bath, Basic, Greenbelt, AC, Dual Pane Windows Mutual 11 - 2 Bed 1 Bath, Central AC, Laundry, Remodeled Kitchen and Bath



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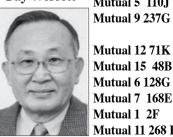
Suzanne Ahn



Fay Wescott



Philip Bak





Mutual 6 137A

Mutual 15 40B Mutual 5 96G Mutual 5 110J

Mutual 12 71K Mutual 15 48B **Mutual 6 128G Mutual 7 168E**

Mutual 1 2F Mutual 11 268 K \$369,900 Complete remodel, washer/dryer, dual pane Mu-

\$200,000 New windows, 2 large skylights, white bamboo wood floors **\$258,000 Full expan.,** washer/dryer,m faces south, lam. floors

\$258,000 <u>High side expan.</u>, washer/dryer, faces south

\$259,000 Full expan., central air, plantation shutters, greenbelt \$265,000 Full expan., corner, drive up, lam. floors **\$289,000 Full expan.,** 3 skylights, 2 heat pumps, new paint, greenbelt Mutual 10 241G \$295,000 Btfl. expanded corner, cent. air, lam. floors, nice one \$293,000 Corner, washer/dryer, cent. air, faces south \$299,000 Atrium, cent.air, dual pane, lam. floors make offer **\$318,900** Expaned corner, washer/dryer, lam. flooring, greenbelt \$325,000 Btfl. remodel, skylights, a must see \$325,000 Btfl. expan., washer/dryer, extra large skylight, smooth ceilings

\$335,000 Full expan., washer/dryer, newer cabinets, newer floors, new paint Mutual 9 212H \$335,000 Atrium, updated kitchen, cent. air, new laminate \$339,000 <u>Washer/dryer</u>, dual pane, bay window, Corian counters \$339,500 Full expan., 1 1/2 baths, washer/dryer, cent. air, location Mutual 1 23D \$369,000 Hardwood floors, new heat pump, faces south

Two-Bedrooms

tual 15 28G Mutual 9 218F **Mutual 10 250A** Mutual 15 25F

Mutual 2 60G

Mutual 3 23H

Mutual 1 19C Mutual 1 42J Mutual 9 212K Mutual 1 9D Mutual 4 78B

\$169,000 Mutual 1 44B \$179,900 Mutual 9 226D \$189,990 One of a kind, must see, highly upgraded

\$389,000 Atrium, 2 baths, cent. air, remodeled \$395,000 One of a kind, 2 bathrooms, washer/dryer, private location

\$485,000 <u>1-3/4 baths</u>, washer/dryer, fabulous kit., cent. air, special \$486,000 1-3/4 baths, washer/dryer, cent. air btfl. remod. **\$495,000 Full expansion,** 2 baths, washer/dryer, dual pane window

One-Bedrooms \$120,000 Lowest price in Leisure World, skylights, step in shower Greenbelt, shade trees, skylights, heat pump \$145,000 \$148,000 Move-in condition, newer counters, paint, lam. floors \$154,700 Great price, move in condition, large patio, skylight \$157,500 Btfl. patio, laminate floors, clean, shows well \$159,900 Enclosed patio, drive up, skylights, lam. flooring Lam. floors, dual pane windows, flared skylight kitchen \$160,000 Mutual 10 247H \$169,000 **<u>Light and bright</u>**, new paint, new flooring,

new cabinets, skylight Very nice, expanded, wood flooring, skylights **Elegant**, must see, expanded, great buy





Adrian Villarreal



Leah Perrotti



Jay Cho





Estee Edwards Conrad Rodriquez



Irv Hart



Rosie Wang Davis



Tim Kearns



Jong Kim



Paul Kim



Chris Kim



JOYCE REED Resident Broker Notary Available 596-8656



Mutual 15, 1-D \$265,000 2-bedroom, 1-3/4 baths, expanded with small patio. Close to Main Gate, laundry and carport.



Mutual 1,54H \$192,500 Beautiful expanded, 1-bedroom, washer/dryer, fresh paint, central heat/AC, dishwasher, built-in microwave, skylight in bath, dualpane windows, wood shutters



Mutual 9, 232K \$175,000 Cute 1-bed partial expansion. heat pump, close to carport. Move right in.

Unbelievable Real Estate DRE#00460268



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13321 Fairfield Lane #182G Seal Beach

2 Beds | 2 Baths | 1,120 Sq. Ft.

ONE OF A KIND REMODELED CORNER HOME!! Take a look at this gorgeous home - from the ceilings down to the studs, this unit has been rebuilt. Exterior is stunning with private patio for BBQ and entertaining. This fabulous home has central A/C, Bamboo floors throughout, outside storage closet & convenient drive-up parking, plus carport steps away. Beautiful kitchen includes granite counters, dishwasher and drop in oven. Huge Pantry/Storage room with room for full size Washer/Dryer. The master bedroom suite has beautiful sconce lighting and new dual paned windows. Master bath is remodeled with upgraded sink, walk-in shower and granite counters. This home is a rare find in Leisure World!



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Mutual 1 - 37L Annandale 2Bd/1Ba Expanded Corner Unit So-East Exposure on Greenbelt Super Bright, Laminate Floors Skylights, CLEAN. Carport space is close to unit, walk to shopping center! Great Price Value \$214,900



Mutual 1 Very Private RARE Extended 1Bd/1Ba, sits privately on greenbelt. South Facing, extra-large closet w/Carport Space Steps away from unit!!



Mutual 14 with Curb Appeal 2Bd/1Ba Extended unit, NEW carpet, new paint, shutters, White kitchen, washer/dryer walk-in closet, skylights, tile patio w/stacked stone and storage closet. This special unit will be a Keeper!



Mutual 4 - 47h Knollwood Gorgeous 2 Bedroom/2 Bathroom Remodel sits on wide V-greenbelt, Chef kitchen, skylight, pantry, Washer/Dryer, laminate floors, Dual Pane Windows, Walk-in Closets and Stainless Appliances.





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M12 2Bd/1Ba \$180,000 New Escrow M9 1Bd/1Ba \$120,000 New Escrow M12 2Bd/2Ba \$375,000 In Escrow M11 2Bd/1Ba \$426,000 Just Closed M16 1B/1Ba \$155,000 In Escrow M14 2B/1B \$254,900 Just Closed



Mutual 11 - 265G Interlachen Expanded Corner faces greenbelt, Granite Counters, New Paint, Central Heat/Air, Dual sinks in Bath, Step in shower, Skylight, Solar.

Location ~ Location! \$259,000



Mutual 14 - 20e Sunningdale 2Bd/1Ba South Facing, Extended, Central Heat/Air, Dual Pane Bay Windows, Skylights, Granite, Fresh Paint, Murphy Built-in.



Mutual 10 Corner Unit Nicely Upgraded 2B/2Bath "WOW" Kitchen, Dual Pane Bay Windows, Built-ins, Central Heat/ Air,W/Dryer, Granite, extras! This Spacious GEM is worth it!



Robin Gray & Barbara Diette-Dobias

Robin Gray (562) 209-5605 rwgraysales@veriz<u>on.ne</u>t DRE 01027333

Your Leisure World Sales Team





Barbara Diette-Dob<u>ias</u>

barbaradobias@gmail.com DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

California Properties



Mutual 12-57-A \$359,900 GORGEOUS Setting and a Beautiful Home! Remodeled with 2 master bedrooms - 1.5bath CORNER on a 'rare' 4-plex building with a ocean breeze and a huge tree right in front! Tile floors through-out, Corian counters, smooth ceilings, skylights, bay windows, central heat/air, and fresh paint!



Mutual 11-268-K \$369,900 **FABULOU**S REDUCED One-of-a-Kind drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, smooth cathedral ceilings, crown molding, beautiful floors, recessed lighting, skylights, central heat/air, spa tub in master bedroom, side by side w/d and so much more



Mutual 15-23-R \$349,990 RESORT FEEL ... Totally remodeled upstairs unit overlooking a pretty green and tree-lined courtyard! Open concept living with everything new! Beautiful floors and countERS, dual pane windows/sliders, stainless steel appliances, designer paint, central heat/air, washer/dryer, smooth ceilings, recessed lighting, and a balcony to enjoy the fabulous weather!



Mutual 7-153-A \$258,500 SOUTH FACING CORNER - 2-bedroom 1-Bath basic on a bright corner setting. Remodeled kitchen and bath with Corian counters, laminate floors throughout, WASHER/DRYER. Heat pump, I-shaped patio with storage, skylights, adorable beach cottage feeling with warm colors throughout. Don't hesitate, call us today!!



Mutual 1-40-L \$212,900 NEW LISTING ... 2 Bedroom - 1 bath cut-off corner with expanded living room with extra sitting area. Cozy warm colors. Laminate floors and heat pump. Enjoy the Seal Beach breeze.



Mutual 7-168-E \$339,500 REDUCED ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/ air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.



Mutual 9-218-F \$395,000 PRICE TO SELL ... Completely One-of-a-Kind Remodel! elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/ air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



& Community Knowledge **Make Your Move** a Pleasant Event **Together WE Have Over 30**

Years of LW Experience CALL ROBIN &

BARBARA "Double the Effort, Double the Results"



Mutual 1-19-C \$145,000 BACK ON THE MARKET Basic one bedroom with a beautiful view of a green and huge tree! Exterior wall has been raised, tiled patio and patio storage, new paint, cutdown shower, skylights, heatpump and a total relaxing feel!



Mutual 17-47-A \$372,000 2 bed 2 bath Corner Condo



Mutual 16-54-B \$134,000 Basic one bed on a Fabulous Green

Check out our website **sealbeachleisureworld.com** for more listings and how to purchase in Leisure World Seal Beach

LW Weekly 30



Kathy Gupton Associate Broker DRE # 00744676

Kathy & Gloria Gupton & Hadley

We are SISTERS

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Gloria Hadley Realtor® DRE # 01057681

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Mutual 1, 2F \$369,000 Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room with closet for extra storage, heat pump. Kitchen has built-in appliances, quartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, quartz counter. Expanded master bedroom with walk-in closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings,dual pane windows. This unit is move-in ready and a must see.



Mutual 5, 96G \$318,000

Lovely 2 bedroom I bath comer unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



Mutual 1, 42J \$148,000

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 15, 28G \$389,000

Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, freestanding electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with stor-



Mutual 10, 250A \$469,000

Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Fabulous kitchen with larger island and storage, built-in appliances, including dishwasher and microwave. custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/ dryer. Second bedroom has French doors to side greenbelt, second 3/4bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must



Mutual 4, 78B \$159,900

Charming 1 bedroom 1 bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



Mutual 15, 25F \$476,000

Fabulous 2 bedroom 1-34 beautifully remodeled atrium floor plan. This lovely home features open kitchen with custom cabinets and granite counters, added pantry and cupboards with pull out shelves, 2 lazysusans, stainless steel appliances including built-dw, microwave, and beverage cooler. Also included water purification and filter system. Dining room is adjacent to sizable living room. Spacious master bedroom has mirrored wardrobe doors and a private full bath that has custom vanity with granite counters and bathtub enclosure. Second bedroom may be used as a den or office and has mirrored wardrobe closet doors, ceiling fan and builtin shelves. Second bathroom has custom vanity with granite counters, walk-in shower and stacked washer/dryer. Atrium has added foundation, stacked stone wall, lighting on dimmer switch, and an electrically operated skylight. Additional fea-



tures are double pane windows with

shear covered blinds, central heat

& air, hardwood floors, custom front

door with side light that opens, and

front porch light that operates au-

tomatically from sunset to sunrise.

Special feature is private large en-

closed brick patio partially covered

with extra storage cabinets and ja-



Mutual 10, 247H \$169,000

Charming 1 bedroom 1 bath cottage with nice patio and large storage closet. Open living room with heat pump. Kitchen has newly painted white cabinets, built-in appliances, including dishwasher, skylight and ceiling fan. Bathroom also has skylight and newly painted cabinets. Entire units has been newly painted, newer laminate flooring and vertical blinds throughout. This light bright clean unit is in move-in-condition.



Mutual 1, 44B \$179,900

Charming 1-bedroom, 1-bath expanded cottage features spacious expanded living room with space for dining area, office space, additional sitting area, and wall air conditioning. Living room also has lovely leaded glass door with retractable screen, and double-pane windows with sheers and tie back draperies. Kitchen has white cabinets, built in Leisure World appliances, added dishwasher, under counter lighting, and ceiling fan. Bedroom has two closets with sliding glass wardrobe doors. Living room and bedroom have carpeting and bathroom and kitchen have vinyl flooring. This lovely fully expanded home has outside storage closet, overlooks a lovely greenbelt, has close drive-up parking and is near downtown I W.



Mutual 6, 128G \$339,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



Mutual 9, 237G \$315,000 Beautifully expanded corner featur-

ing spacious corner living room with bay window and formal dining room. White kitchen has tile counters, builtin appliances including dishwasher and microwave, extra large skylight, breakfast bar with added cabinet space and added pantry. Master bedroom has bay window and walkin closet. Master bath has refinished shower and cultured marble counters. Second bedroom has half bath. mirrored closet and washer/dryer. This lovely home has double-paned windows, plantation shutters, smooth ceilings, heat pump, laminate flooring throughout. It has been recently painted and is light, bright and ready to move in.



Mutual 5, 124L \$265,000

Immaculate fully expanded corner 2 bedroom 1 bath with drive-up, leaded glass entry. Kitchen has newer painted cabinets, built-in appliances and skylight. Spacious living area with bay window with seating, area for dining with chandelier, and finished inside storage area. Master bedroom has walk-in closet, ceiling fan, second bedroom has wall air conditioning. Bathroom with skylight, newer painted cabinets, cut-down shower. Unit also has newer carpet in living area and bedrooms. laminate flooring in kitchen and bathroom, dual pane windows, heat pump. This home is bright and cheery just waiting for you to move in.



Mutual 15 40B \$299,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight that brings in abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with beautiful glass doors. Master have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinvl in kitchen and bathroom.



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MUTUAL 1 - 24B \$149,900 This one-bedroom unit sits on This two-bedroom remodeled a lovely greenbelt and is very clean; Newer windows; Tiled



MUTUAL 4 - 73F \$425,000 unit has everything! Two baths; W/D; G/B; Easy access; Check it out!



MUTUAL 12 - 42L \$275,000 Fully expanded twobedroom corner unit in nice location



MUTUAL 3 - 23G \$499,000 Remodel, Two Bedrooms; Two Baths; W/D; Bay Windows, Corner



MUTUAL 6 - 59G \$265,000 Fully expanded two-bedroom corner; big skylights; central location



MUTUAL 6 - 53F \$275,000 Two-bedroom corner unit with expd. bedroom & dining room; Tiled patio



MUTUAL 7 - 176E \$219,000 Sunny & Bright two-bedroom w/washer and dryer



MUTUAL 2 - 36L \$264,000 Expanded two-bedroom unit; Easy access



MUTUAL 11 - 265L \$369,000 Fully expanded twobedroom corner unit; Lovely green



MUTUAL 15 - 23C \$275,000 Expd. two-bedroom, two-bath corner unit; 1300 sq. ft.; Lots of room & Easy access



MUTUAL 12 - 8K \$190,000 Basic two-bedroom unit in central location



MUTUAL 2 - 30F \$499,000 Modern expansion; Has everything; Two baths, W/D



MUTUAL 2 - 29D \$499,000 Very different floor plan; Two baths; W/D, patios



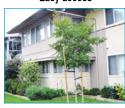
MUTUAL 6 - 129B \$459,000 Fabulous remodel; Two bedrooms, Two baths; W/D; Small patio and great



MUTUAL 1 - 19E \$166,900 Cozy one-bedroom unit; Many upgrades; Heat **Pump**; Great location



MUTUAL 10 - 242K \$169,000 One-bedroom unit with tiled patio; Small G/B view; Across from library



MUTUAL 15 - 29R \$269,000 Basic upstairs unit with enclosed patio, dishwasher-



MUTUAL 12 - 62E \$189,000 Two-bedroom basic unit in great location; Heat pump



MUTUAL 3 – 26L \$539,000 **Fabulous** MODERN expansion; Has everything! Two baths - WASHER/ DRYER - A Must See!



MUTUAL 8 - 2011 \$178,000 Basic two-bedroom unit; with wrap-around patio



MUTUAL 15 - 3A \$349,000 Fabulous unit; Almost 1300 sq. ft. WITH a patio and a workshop/office; Great location; Easy access; A Must See!



MUTUAL 3 - 16I \$179,000 Partially expanded wo-pearoom uni



MUTUAL 1 - 11D \$175,000 One-bedroom unit; large greenbelt



MUTUAL 10 - 257K \$279,000 2 Bdrm 1 Bath w/ W/D



MUTUAL 8 - 191A \$479,000 Expanded twounit; Two baths; W/D; Easy access



MUTUAL 5 - 97D \$359,000 Fully expanded twodryer



MUTUAL 5 - 115C \$149,500 One-bedroom unit: Expanded bedroom; Close parking



\$249,000 Expanded two-bed-Easy access



MUTUAL 1 - 32K \$179,000 Fully expanded onefacing



MUTUAL 1 - 67L \$189,900 Two-bedroom on lovely green





dryer; central air; corner unit



added



MUTUAL 1 - 15A

\$175,000

Corner unit with

heat/air pump

MUTUAL 2 - 62F \$299,000 **Fully expanded** two-bedroom corner unit; Easy access



MUTUAL 15 - 46M

\$265,000

Two bedrooms,

Two baths,

MUTUAL 2 – 43H \$139,000 Great price on this Close to "downtown"



MUTUAL 2 - 10I

\$299,500

Partially expd. two

bedroom.

MUTUAL 15 - 29R \$269,000 **Basic upstairs** one-bedroom unit; unit with enclosed patio, dishwasher



MUTUAL 1 - 5G

\$259,000

Partial expansion of

MUTUAL 12 - 62F \$459,000 **Expanded corner**

Bay windows:



\$160,000 unit; Two bedrooms, two baths; On lovely green remodeled kitchen;



MUTUAL 11 - 272H

\$245,000

Full expansion on

nice greenbelt;

Very clean unit

MUTUAL 2 – 15F \$539,000 One-bedroom unit Modern Expansion with enclosed patio; Two full bathrooms: Built in fireplace and everything – Two full 65" TV, Best in LW! baths, Two master



MUTUAL 3 - 31A

\$319,000

Partial expansion;

small patio;

Very nice spot

MUTUAL 9 - 222A \$475,000 Lovely Modern expansion; Has

suites; Oversized



MUTUAL 2 - 46I

\$199,000

Newer windows,

washer/dryer newer

counters

MUTUAL 1 - 29E MUTUAL 1 – 64K \$130,000 One-bedroom basic unit; Close to golf course



MUTUAL 9 - 222L

\$359,000

Fully expanded

corner, new paint

and carpet

\$158,500 One-bedroom basic unit; Nice central location



\$275,000

Fully expanded

MUTUAL 3 - 25A

\$369,000

Corner hi-side exp.

2 heat pumps,

washer/dryer

two-bedroom unit; Lots of room; Pretty spot

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FOR 2019 - I have a total of 65 Leisure World pending and closed sales.I Have Buyers For Yours Too! - Call Me Today For A Free Market Evaluation!

1290 Northwood Road #161A - M7 - \$299,500



2 bedroom, 1 ½ bath, corner expanded unit. Laminate floors, smooth ceilings, two skylights, walk in closet. Close to parking and laundry.

1601 Glenview Rd. #64A - M12 - \$385.000



2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$199,500



Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

13320 Del Monte Drive #9B - M15 - \$497,500



Rare Atrium (est. 1,600 sq ft) with 2 bdrms, 1 ¾ bths. Laundry room with full size side by side wshr/dryer, walk in master bthrm closet, designated office area, 5 skylights, central A/C,

1502 Merion Way #32F - M2- \$275,000



Fully expanded corner, 2 bedroom 1 bath unit. Smooth ceilings, dual pane windows, central AC/heat. Dishwasher, walk in closet, bay windows. Unit located close to parking.

1330 Oakmont Road #144L - M6 - \$250,000



Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

13930 Church Place #69H - M1 - \$149,000



Basic 1 bedroom unit with skylights in kitchen and living room. Screened in patio with storage closet. Located on a quiet greenbelt.

1491 Interlachen Road #257F - M10 - \$324,900



Fully expanded corner location, 2 bdrm, 1 bath, central A/C and heat. Remodeled kitchen, granite countertops, smoothed ceilings throughout, dual pane windows, bay windows, washer/dryer.

1583 Monterey Road #21L - M2 - \$234,500



Original 2 bedroom, 1 bath with a FABULOUS greenbelt location. Large "L" shaped patio. Close to parking and St. Andrews gate.

1781 Sunningdale Rd., #48L - M14 - \$404,900



Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.

2019 Active, Pending, Sold - Year To Date MLS A...



I Have Access To The Total Inventory

On August 20th, 2019 a total of 147 units show as active listings on the CRMLS (this is where Realtors list property for sale).

- 31 1 bedrooms, 1 bath from \$120,000 to \$325,000
- 57 2 bedrooms, 1 bath from \$175,000
- to \$430,000 59 - 2 bedrooms, 2 baths from \$239,000 to \$539,000

Please give me a call for detailed information on any of these properties!

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