



September 5, 2019

LW Weekly


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NEWS FLASH

GRF Board minutes are now available online. See how to navigate the website.
Page 18



The Monday Night Football game pitting the Denver Broncos against the Oakland Raiders will be shown on the Amphitheater big screen, Monday, Sept. 9, at 7:20 p.m. All are invited to come cheer on the teams.

AMPHITHEATER MOVIE

Amphitheater Movie
Sept. 6, 8 p.m.
“What Men Want”

Passed up for a well-deserved promotion, sports agent Ali Davis wonders what else she needs to do to succeed in a man’s world. Hoping to find answers from a psychic, Ali drinks a weird concoction that suddenly allows her to hear what men are thinking. Using her newfound ability, Ali starts to turn the tables on her obnoxious male colleagues while racing to sign the next basketball superstar.
R | 1h 57min | fantasy/romance | 2019 | Sponsor: Brand New Day

The final open-air movie night at the Amphitheater starts at 8 p.m. Bring friends and family, and enjoy the free movie without leaving Leisure World. The Minibus has “on call” service to movies beginning at 7:15 p.m. Call 431-6586, ext. 379, and a bus will arrive within 10 minutes. A bus is available to take shareholders home after the movie.

FALL FESTIVAL

Fall Fest to feature Gloria Estefan Tribute

The 2019 GRF Fall Festival will be held at Clubhouse 6 from 10 a.m.-1 p.m. on Oct. 26. The LW CERT Club, in conjunction with the Security Department and several clubs, will be there to demonstrate what is new in emergency preparedness.
The L.A. Sound Machine, a Gloria Estefan tribute band, will be rocking outside. The band is the the West Coast’s No. 1 tribute band highlighting Gloria’s mega-hits from the 80s, 90s and today.
FEST, page 6



Billy Buchanan as Stevie Wonder Tribute to R&B singers at 7:30 tonight

Tribute to Aretha Franklin, Stevie Wonder & Jackie Wilson
Thursday, Sept. 5, 7:30 p.m. (note time change)

Sponsors: Monarch HealthCare, United-Healthcare

Denita Asberry as Aretha Franklin
Denita Asberry brings the kind of charisma portrayed only by a real legend to her performance as Aretha Franklin in this award-winning live tribute show, Legends In Concert. Denita’s confidence comes from her experience as she electrifies audiences with her uncanny resemblance to Aretha and her powerful voice.
A professional singer and performer since the age of 16, Denita knows her craft well and is equally versed in jazz, pop, rock and rhythm & blues. She began impersonating her favorite singers in the National Touring Company, Beehive. There she honed the character and movements of Aretha Franklin.
Today, Denita performs throughout the U.S. and internationally as the Motown diva.

Billy Buchanan as Stevie Wonder
Legends in Concert Billy Buchanan who brings to life Stevie Wonder was born and raised in Cleveland, Ohio, the city where DJ Alan Freed first coined the phrase “rock and roll.”
Buchanan has a deep musical heritage as a singer/songwriter and multi-instrumentalist. Digging into his father’s LPs at a young age, he became a disciple of all the soul, blues, and rock trailblazers.
This gritty song-and-dance man belts

SHOW, page 6



Bobby Brooks as Jackie Wilson
Koffel’s barbecue grill will be set up prior to the final show, Sept. 12.



Denita Asberry as Aretha Franklin

TELEPHONE ACCESS PROGRAM

Apply on Sept. 13 for a free, easy phone

The California Telephone Access Program offers a range of free, specialized phones that make it easier for people to hear, dial and make calls. CTAP also has phones designed for people with restricted mobility, speech impairments, or who are blind or deaf.
Applying is easy. Follow the steps:
1. Pick up an application form at the Health Care Center, Library, News Office or the Member Resource Office (Administration Building, second floor). Fill out Part 1.
2. Have Part 2 of the application filled out and signed by a medical doctor or other authorized professional.
3. CTAP representatives will be in the LW Health Care Center on Sept. 13 from 10 a.m.-noon to answer questions about the equipment, which they will have on display. People who have the completed signed application forms may be able to receive equipment that day.
CTAP will process the first 10-12 people on a first-come, first-served basis. It will *not* accept phone exchanges for existing customers at this event. For more information or application forms call 800-806-1191 or visit www.CaliforniaPhones.org (web chat available).
—Cindy Tostado,
LCSW, GRF Member Resource & Assistance Liaison

LADWP
Haynes Plant work is now underway

The Los Angeles Department of Water and Power has begun work to dismantle four out-of-service natural gas-powered units and other related structures at the Haynes Generating Station adjacent to Leisure World. This work, expected to be completed by the end of 2021, will help LADWP create more sustainable options at the plant as
DWP, page 3

What our patients say:
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-Bill B.

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LW Dines Out

Naples Rib Company will serve at the Monday Night Restaurant in Clubhouse 1 on Sept. 9 as it is unavailable for Labor Day, its usual night. The dining room is open until 7, so residents can come in for dinner any time between 4-6 p.m.



Reservations are required by calling 439-7427 or via Naples' website at <http://www.ribcompany.com/leisure-world-menu.asp>.

Reservations must be received before noon on the Monday of service. Those who book through the website will receive a special treat.

Finbars Italian Kitchen will serve on Sept. 16. Reservations are not required. The dining room is open until 7, and people are welcome to come in any time between 4:30 and 6 p.m. for dinner.

NAPLES SEPT. 9 MENU

DINNER SELECTIONS

Prime Rib (8 oz)	\$20
5 Rib Bones	\$16
Tri Tip (6 oz)	\$16
1/2 Chicken	\$15
Pasta Primavera	\$13

COMBO MEALS

Ribs and ¼ Chicken	\$18
Ribs and Tri Tip	\$20
(5 Bones and 6 oz Tri Tip)	
1/4 Chicken and Tri Tip (6 oz)	\$18

EXTRAS

Add one Louisiana hot sausage, \$2

Add bottled water or a can of Coke, Diet Coke, Sprite, \$1.50

Hometown Buffet will be here on Sept. 22 from 4:30-6 p.m. serving its all-you-can-eat buffet for \$11 all-inclusive. It now accepts checks, cash and credit cards.

Hometown Buffet will host a Sunday Brunch buffet and omelet bar, \$11 for everything, from 10 a.m.-3 p.m. in Clubhouse 1 on Sept. 8 and 29. The buffet is all you can eat on site (no takeout).

Menus are published in the LW Weekly and on LW Live!

People can use regular Minibus service to get to the clubhouse until 6:30 p.m. and there is on-call service for the special needs Access bus.

For more information on the bus schedule, call 431-6586, ext. 372. For more information about the food services, contact the Recreation Coordinator at events@lwsb.com.



—Michael Oh, photos

Korean-American Chorale

AMPHITHEATER SATURDAY NIGHT

Korean Night draws 800 for a night of entertainment

Almost 800 residents attended the Korean-American Association's production of "Korean Night" on Aug. 24 at the Amphitheater.

The audience was treated to 170 performers from eight different clubs entertaining with music, dance and more.

The GRF Recreation Department arranged the festival, and the staff diligently worked on stage production duties.

"The show was great and very interesting. I really enjoyed it," said Donna Bocoskey of Mutual 1.

A dozen auto harp musicians played beautiful songs, and 40 members of Women's Sing-Along Club in colorful Korean attire harmoniously sang (*see photo, page 13*). Joy Walking Club members in uniforms demonstrated the exercises they do on the Amphitheater stage every Saturday morning.

Men's Quartet members showed up in tuxedos and black



Korean Fan Dancers

suits with bow-ties. Traditional Korean classical dances were beautifully performed, the highlight being "A Dance Before the King" in costumes inspired centuries ago.

Young-Ah Koh's Flowering Step Line Dance Team featured

the world-renowned BTS Arirang's music. An impressive solo was sung by Pastor Samuel Kim of Dongbu Pyungkang Church.

The final number was performed by the Korean-American Chorale, conducted by Pastor

KOREAN, page 3

Hearing Loss?

Attend a Captioning Phone & Service SEMINAR



A CaptionCall phone amplifies your calls and shows what your caller is saying

SEMINAR TIME:
Thursday, Sept. 19, 2019
9 am, 11 am, or 1 pm

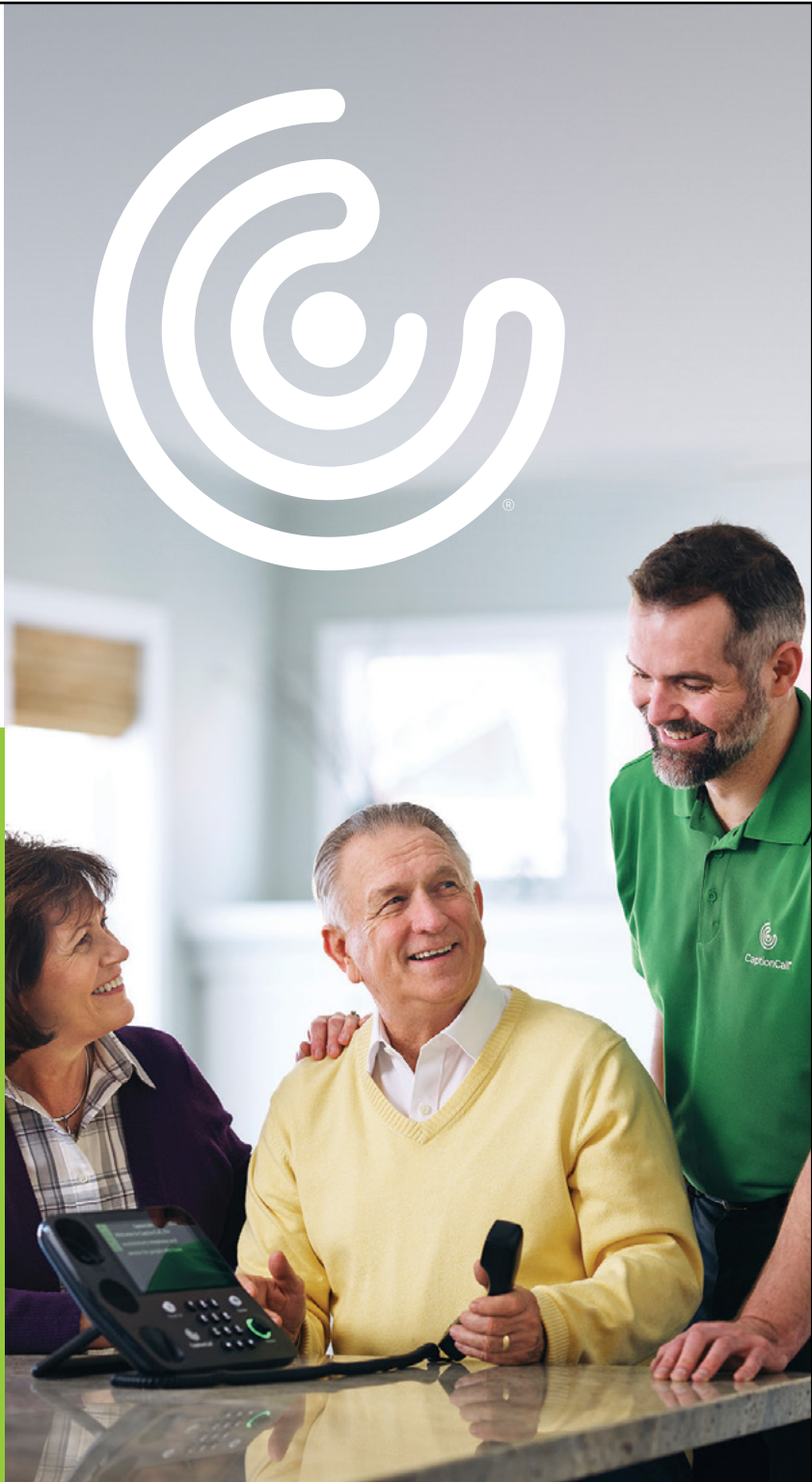
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Qualified LW residents can get help applying for CalFresh, formerly known as food stamps, in person with Cindy Tostado, GRF Member Resource and Assistance Liaison, online or via phone.

People who are over 55 and meet the following monthly income guidelines may qualify: One-person household: \$2,010 per month; two-person household: \$2,708 per month.

Have access to the following required documents to assist in the application process:

- ID

BENEFITS, page 6

KOREAN from page 2

Paik, singing along with the audience. Their selections were “Hometown Spring” and “We are Korean.”

The Korean population in Leisure World is estimated at about 1,500. There are more than 20 different Korean clubs and six Christian churches that hold services on Sundays in LW club-houses and Community Church. Many people attend neighborhood Korean churches outside of Leisure World for Sunday worship services, too.

The Korean American Association exists to serve the needs of the Korean American community within LWSB, to serve as a coordinator of its clubs, and to foster assimilation with all fellow residents. Thousands of dollars are donated every year to Golden Age Foundation, Leisure World’s non-profit service organization, by Korean churches and clubs.

For more information, call Yong Pyon at (310) 658-0379.

DWP

from page 1

as it works toward a clean energy future.

LADWP contractors will be completing the following work between August and October from 7 a.m.-6 p.m., Monday through Friday.

- Temporary Maintenance Building:

- Preparing site for placement of the building foundation and future construction

- Tanks: Cleaning and removing of three tanks

- Power Units 3-6: Wrapping units in preparation for removal of hazardous materials from the structures, and Unit 6 materials removal will begin

- Environmental Monitoring: Instruments will be measuring dust, noise and vibration levels during all work, and no traffic or other impacts are expected

If you have questions or want to report an issue involving the project or the plant in general, contact LADWP as follows:

- Project Information Line: (800) 531-6638

- Haynes Generating Station Information Line (after-hours): (310) 522-7507

- ladwp.com

LADWP is committed to being a good neighbor and completing this project as safely and as quickly as possible.

—from the LA Department of Water and Power



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Perspectives

WATCH YOUR STEP

Legislation, telecommunications companies take aim at robocalls

by Cathie Merz
cathiem_news@lwsb.com

Major phone companies are working together with the attorney generals from all 50 states and the District of Columbia to clamp down on robocalls. Congress has been working on anti-robocall legislation for the past several of years.

Americans receive nearly 5 billion automated calls per month from scammers and the like.

The Telephone Robocall Abuse Criminal Enforcement and Deterrence Act (TRACED) strengthens the Federal Communications Commission (FTC) and other regulators’ ability to go after illegal robocallers and requires phone companies to adopt call authentication technologies, enabling a telephone carrier to verify that incoming calls are legitimate before they reach consumers’ phones. The Bill (S.151 — 116th Congress) was introduced on Jan. 16 and has passed the U.S. Senate. The House of Representatives referred it to House Committee on Energy and Commerce on May 24.

The Federal Communications Commission (FCC) has allowed telecommunications service providers to proactively block certain calls. These calls are ones that are likely fraudulent because they come from suspect phone numbers, such as invalid numbers and valid numbers that are not allocated to voice service providers, among others.

Robocallers seem to stay a step ahead of the law, especially with the advent of neighbor spoofing. Neighbor spoofing robocalls are the most difficult to block because they display a real phone number — often one that is local with the same area code and often the same first three numbers making it look like it is local.

I recently received six calls from my own number, and a few days before that my husband received several calls from himself.

Rather than outright blocking robocalls, many phone carriers offer caller ID services that notify customers if an incoming call could be a scam or a fraud. These services leave it up to the customer to decide whether or not to answer the phone. Other providers offer aggressive services from third-party providers, such as Nomorobo, which claims to block robocalls altogether.

This year the Federal Trade Commission announced a number of enforcement actions against robocallers, including a \$120 million fine against a Florida-based timeshare marketing operation for spoofing.

Many robocall outfits are located overseas and they hide behind digital firewalls that make it difficult for the authorities to reach them.

Here are some precautions to take that can minimize the number of robocalls received.

• **List Your Phone Number With the Do Not Call Registry**
By signing up for the Do Not Call Registry, you can request that your landline or cellular phone number be removed from the call lists companies use. That should help reduce the number of calls you get from legitimate telemarketers and robocallers, however dishonest robocallers ignore the laws and will call you anyway.

• **Sign Up for Your Carrier’s Robocall Alert Service**
Many companies, including AT&T, Sprint, T-Mobile, U.S. Cellular and Verizon, have services that alert that an incoming robocall may be from a scammer or spammer. In some cases, such services are free, but for a few dollars more per month you can get a version that can block the robocalls from ringing on the phone.

According to a recent study by Mind Commerce, a research company that specializes in phone systems and networking technology, the carriers’ systems are able to successfully notify customers of calls

SCAM, page 5

Letters to the Editor

Editor:

An early morning walk around my block surely enhanced my spirit as I was surrounded with lovely flowers in bloom. Most shareholders are very artistic beautifying their neighborhood.

When I was a Mutual 1 director, I was a member of the Landscaping committee. We made early rounds in our wheel. Some flowering plants are not good. Rabbits and squirrels enjoy eating them. According to our studies, we recommended flowering plants that will grow and survive in Leisure World.

As the chairman of Mutual 1 Social and Communication committees, my weekly articles in The News were mostly about beautification and improvements in our Mutual. I always received commendations from the shareholders.

Lisa A. Dickson
Mutual 10

Editor:

I recently attended the 2019 Leisure World Korean Night at the Amphitheater. What a wonderful performance by all of the clubs. The singing and dancing was beautiful and professional. A big thank you to all of the performers, I really enjoyed the evening.

Judi Turis
Mutual 3

Making History

Sept. 6, 1915 - a prototype tank nicknamed Little Willie rolled off the assembly line in England. It weighed 14 tons, got stuck in trenches and crawled over rough terrain at only two miles per hour. Improvements were made to the original prototype and tanks eventually transformed military battlefields.

Sept. 8, 1974 - In a controversial executive action, President Gerald Ford pardoned his disgraced predecessor Richard M. Nixon for any crimes he may have committed or participated in while in office. Ford later defended this action before the House Judiciary Committee, explaining that he wanted to end the national divisions created by the Watergate scandal.

Sept. 10, 1897 - George Smith, a 25-year-old London taxi driver, was the first person ever arrested for drunk driving after slamming his cab into a building. Smith later pled guilty and was fined 25 shillings. In the United States, the first laws against operating a motor vehicle while under the influence of alcohol went into effect in New York in 1910. In 1936, Dr. Rolla Harger, a professor of biochemistry and toxicology, patented the Drunkometer, a balloon-like device into which people would breathe to determine whether they were inebriated.

Setting It Straight

The first automatic teller machine (ATM) made its public debut on Sept. 2, 1969, not 1916.

MEMBER COLUMN

LW not intended as low-income housing

by Margaret Gillion
www.SealBeachLeisureWorldHistory.org

The Leisure World Historical Society was founded in 1993 to preserve information about the Seal Beach Leisure World community. One of the most common misconceptions residents have is that Leisure World was created as a low-income senior community.

The financing for Leisure World Seal Beach was granted under FHA Section 213, Cooperative Housing, “where five or more dwelling units to be occupied by members of nonprofit cooperative ownership housing corporations.” FHA Section 213 has no age restrictions. The 1960s minimum age of 52 years old for Leisure World buyers was set by developer Ross Cortese.

The Mutual incorporation documents between Rossmoor Corporation (owner of the undeveloped land) and the Golden Rain Foundation for each Mutual state “The mortgage loan insured by the FHA upon completion pursuant to Section 213 of the National Housing Act.”

Sales for Leisure World units began in October 1961. All buyers in Leisure World had to pass a credit check and had to qualify for a 40 year fixed rate FHA mortgage loan at 5.25 percent interest.

Per the 1960 U.S. Census one of the highest ranking per capita incomes in the nation was San Mateo County, California, at \$2,853. In a newspaper article on March 21, 1962, published in the Press Democrat, a Santa Rosa Newspaper, the first Golden Rain Administrator, Lewis M. Letson, wrote “The average income of the occupants of first 844 units to move into Leisure World was \$4,000 per year.” Leisure World resident’s per capita income was 40 percent higher than the highest ranking California per capita income.

By 1965 the construction of Leisure World had been completed. An internal report concerning the operating budget for that year written by Cortese’s Leisure World Foundation and dated Feb. 5, 1965, recaps the total FHA loans obtained under FHA Section 213 used to build Leisure World.

“The development of the apartment units and the community facilities has been financed with mortgage loans insured by the Federal Housing Administration pursuant to Section 213 of the National Housing Act.... The loans total approximately \$75 million. They are 40-year 5.25 percent interest loans.... Total down payments have ranged from \$680 to \$1,309. The monthly carrying charges paid by the members.... range from \$102 to \$159.”

While it is true that Leisure World’s target buyers were older people the community was never funded as a low-income senior community. The Leisure World minimum age of 52 was 13 years below the 1962

LW HISTORY, page 5

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Serving the Shareholders of

Leisure World Seal Beach



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Deadlines:
News articles, 4 p.m.
Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week

Office hours:
8 a.m. to 5 p.m.,
Monday-Friday

Phone:
(562) 430-0534
after-hours voice mail,
(562) 431-6586

Mailing address:
P.O. Box 2338, Seal Beach,
CA 90740

Missing LW Weekly Newspaper:
(562) 472-1284

Delivery address: 13533 Seal Beach Blvd., Amphitheater Building Seal Beach, CA 90740

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VOL. 43 NO. 36



Government

SECURITY CORNER

Driving while drugged

by Victor Rocha
security services director

There is much talk about people taking the wheel of a vehicle while under the influence of alcohol. It is important to note however that even though you may be taking medications legally, either because a doctor prescribed them, or you purchased them over the counter, you can still be arrested for a DUI from legal drug use if your driving is impaired in any way.



More drivers than ever are taking prescription and over-the-counter medications that can impair driving. The list is long, and includes sleep aids, pain killers, anti-depressants, stimulants, muscle relaxants, allergy medications, sedatives, anti-anxiety drugs and many more. These medications can have long-lasting effects, sometimes up to 24 hours.

Always check the label of any medication and talk to your physician or pharmacist. Any mention of not driving, operating machinery or side effect that causes brain or physical impairment needs to be taken seriously. Keep yourself and others safe.

If you have any questions, please contact me at 431-6586, ext. 371.

LW HISTORY

from page 4

FHA definition of a senior person age 65. The incomes of Leisure World buyers have always been in the middle to upper income rankings. Per the 1960 Census the original Leisure World residents of the 1960s were in the upper income rankings. Leisure World Seal Beach has always been a middle to upper income cooperative housing development.

The documents referenced in this article may been seen on the Historical Society website at www.SealBeachLeisureWorldHistory.org

For your information

Resident names are deleted from the LW Community Guide after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office.

Names are not automatically placed in the phone book. To be included shareholders must submit telephone book information to LW Weekly in writing.

The LW Weekly
430-0534

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, Sept. 5	Architecture Design Review Committee Administration 1 p.m.
Friday, Sept. 6	Executive Committee Administration 10 a.m.
Friday, Sept. 6	GRF Board Executive Session Administration 1 p.m.
Monday, Sept. 9	Mutual Administration Committee Administration 1 p.m.
Tuesday, Sept. 10	Facilities and Amenities Review Ad Hoc Administration 1 p.m.
Wednesday, Sept. 11	Security, Bus & Traffic Committee Administration 1 p.m.
Thursday, Sept. 12	Communications/IT Committee Administration 1 p.m.
Friday, Sept. 13	Executive Committee Administration canceled
Monday, Sept. 16	Finance Committee Administration 9 a.m.
Tuesday, Sept. 17	Website Ad Hoc Committee Administration 1 p.m.
Wednesday, Sept. 18	Strategic Planning Ad Hoc Committee Administration 10 a.m.
Friday, Sept. 20	Roundtable with Mutuals/GRF Administration 1 p.m.
Tuesday, Sept. 24	GRF Board of Directors Clubhouse 4 6 p.m.
Thursday, Sept. 26	Management Services Review Ad Hoc Administration 1 p.m.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Sept. 5	Presidents' Council Clubhouse 4 9 a.m.
Monday, Sept. 9	Mutual 9 Administration 9:30 a.m.
Wednesday, Sept. 11	Mutual 4 Administration 9:15 a.m.
Thursday, Sept. 12	Mutual 12 Administration 9 a.m.
Friday, Sept. 13	Mutual 3 Administration 9 a.m.
Monday, Sept. 16	Mutual 15 Administration 1 p.m.
Tuesday, Sept. 17	Mutual 14 Conference Room B 1 p.m.
Wednesday Sept. 18	Mutual 5 Conference Room B 9 a.m.
Wednesday, Sept. 18	Mutual 7 Administration 1 p.m.
Thursday, Sept. 19	Mutual 2 Administration 9 a.m.
Thursday, Sept. 19	Mutual 11 Clubhouse 3, Room 9 1:30 p.m.
Friday, Sept. 20	Roundtable with Mutuals/GRF Administration 1 p.m.
Monday, Sept. 23	Mutual 8 Administration 9 a.m.
Wednesday, Sept. 25	Mutual 10 Administration 9 a.m.

GRF Board Executive Session 1:00 p.m. September 6, 2019 Administration Conference Room

NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935
A. Call to Order - President Stone
B. Roll Call
C. Legal
D. Contracts
E. Member Disciplinary Actions
F. Personnel
G. Adjournment

“Agenda is Subject to Change”

Payment Boxes

Located throughout the community are light tan-colored payment boxes provided as a convenient method of dropping off monthly assessment payments as well as utility payments for Edison, Verizon, Frontier and Spectrum without having to use a postage stamp.

GRF has established strict procedures relating to the collection and delivery of payments deposited in these payment boxes. Payments are collected daily Monday through Friday from all boxes, and the higher volume boxes have several daily collections. Sealed payments are delivered to the Finance office where they are sorted and mailed in parcels as batches to their respective payment processing centers. Monthly assessment payments are forwarded to the lockbox payment processing center via UPS and contain a tracking number used to confirm the package was delivered.

Please be sure to include your name and address on the outside of all payment envelopes deposited in the light tan-colored payment boxes. Doing so allows staff to add an additional step of tracking and recording your payments before they are forwarded to their respective payment processing center. Failure to place your name and address on your payment envelopes will make it difficult for staff to track your payment once it leaves our office.

Note that you must use postage stamps on all mail deposited in the blue U.S. postal boxes. Further, it is always a good practice to place your return address on all U.S. mail in the event the postmaster is unable to deliver your mail.

—Finance Department

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

SCAM

from page 4

that may be problematic. Verizon's service did the best job, according to the report, succeeding 93 percent of the time. T-Mobile's service accurately alerted its customers to suspicious calls 90 percent of the time, and AT&T's service was accurate 86 percent of the time.

• Reject Anonymous Calls

Another option available from some phone companies, phones, and call-blocking equipment is to automatically reject anonymous calls. If you turn this feature on, all anonymous calls are instantly rejected, preventing the caller from even leaving a message.

If you receive an unwanted call that you believe is spam or a scam, make sure to report it to the FTC <https://www.ftccomplaintassistant.gov>. By reporting unwanted calls, it can help regulators go after the perpetrators.

Consumers can no longer trust the numbers that appear on their caller IDs, so remember, government agencies will never request payment in the form of a wire transfer or a gift card. If you get a threatening call asking for immediate action to avoid a criminal offence or asking for personal information, hang up immediately.

...

Naples Rib Company's email list was recently hacked and the hackers sent a bogus invoice to Leisure Worlder Dave Corp for \$1,278.40. When he called Naples Rib Company, it was confirmed that the charges are bogus. He thought his credit card had been hacked.

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LWWeekly

September is National Preparedness Month

Prepared, Not Scared. Be Ready for Disasters. If an earthquake started rumbling or you noticed smoke in the hills on your commute, what would you do first? Do you know which types of disasters affect Orange County and how to prepare for them? September is National Preparedness Month, and a great time to get prepared for a disaster, and spruce up your emergency kit.

ReadyOC is Orange County’s preparedness resource, and AlertOC is Orange County’s emergency notification system. AlertOC allows you to register multiple locations to receive alerts for your home, child’s school, workplace and more. If an emergency situation occurs in any of these locations, you will receive a notification, even if you aren’t currently there. Signing up for AlertOC takes just a few minutes online at www.AlertOC.org. Your information is completely private. You will be asked to create a username and password so you can log in and manage your information and preferences.

ReadyOC empowers OC residents to better prepare for emergencies. Orange County is prone to many disasters, including earthquakes, wildfires, landslides, pandemic, flooring, terrorism, gas or chemical leaks, power outages and more. Make a Promise to Prepare and download the free ReadyOC app to get an emergency checklist you can take to the store with you, and download free resources at ReadyOC.org. Being prepared can reduce the fear, anxiety and losses

PREP, page 20

SHOW from page 1

out the classics and is an award-winning songwriter. As a recording artist, Billy Buchanan has released seven solo albums, two albums with his former band Fusebox and another one with the band Beehive.

He’s had three Top 20 songs on the CCM charts and has performed in all 50 states and in 26 countries. As a sideman, he’s played bass, guitar and keyboards or provided background vocals for Grammy winners Rebecca St. James, Michael Tait and John Carter Cash.

He’s written songs with Dave Cobb, Busbee, Mike Hartnett, Marc Byrd and other established writers. He was a top-three finalist in The PGA Tour Songwriting Competition, a winner of The Atlanta Local Music Award and a winner of The Battle for Florida Award, among other competitions.

He was nominated for a Dove Award for his role in the touring production, “Hero The Rock Opera,” and has been nominated for four Sunny Awards at The Sunburst Celebrity Impersonator’s Convention (including a win for “Best Website” in 2018).

Billy has opened for or shared the stage with Tower of Power, Jersey Boys On Tour, Harry Connick Jr. and The Temptations, among many others.

Bobby Brooks as Jackie Wilson

Plateau Music artist Bobby Brooks Wilson is the son of legendary R&B/Soul Singer Jackie Wilson. Jackie Wilson’s legacy lives on through Bobby, as he has the same traits and talents of his father. His fans call him “Mr. Entertainment” because of his natural ability to entertain and bring crowds to life.

Bobby is a three-time Grammy balloted artist with his latest CD, “It’s About Time,” and four Top 10 hits that peaked at No. 10 on the Adult Contemporary Charts.

Bobby’s musical journey began after leaving the U.S. Navy and being invited to join the world-famous doo wop group The Love Notes by Papa Mars (Peter Hernandez Sr.) and son, Little Bruno known as “The World’s Youngest Elvis Impersonator.” He is now pop star Bruno Mars.

Bobby was emerging as a talented entertainer and had many opportunities to recreate the persona of Jackie Wilson because of his uncanny resemblance, voice and moves. Since then, he has starred in “Jackie Wilson, The Legacy Continues,” “Bobby Brooks Wilson, The Motown Years” and his latest, “Bobby Brooks Wilson’s Red Tie Tour,” due to the success of his latest CD recorded by Plateau Music. Bobby has opened for his friend Bruno Mars, and now stars in clubs, theaters, casinos and cruise ships around the world. His latest radio releases are “I Can’t Love You Anymore” and “I Get The Sweetest Feeling.” He is currently recording a CD that will be released worldwide this fall.

LW WEEKLY Photographers wanted for LW’s 2020 calendar

The LW Weekly will produce a 2020 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is Sept. 30. Potential contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach.

Photos of people are not eligible for this project.

Cell phone photos should be emailed in the “actual size” format. Email entries to stephenb_news@lwsb.com with name, address, phone number and a brief description of the photo.

The calendar will be delivered to every unit for free. Additional copies may be purchased for \$1.50.

For information on technical requirements, call 431-6586, ext. 392.

BENEFITS from page 2

- Green Card or Citizenship Certificate
- Social Security Card
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- By Appointment in LW: Call 431-6586, ext. 317
- Online: GetCalFresh.org
- Phone: (800) 281-9799
- Walk In: 1928 S. Grand Ave., Santa Ana, 92703

For more information, call Cindy Tostado, LCSW, GRF member resource and assistance liaison, 431-6586, ext. 317.

FEST from page 1

Koffel’s food truck will offer snacks, and its signature barbecue will be available in the parking lot.

The Theater Club will provide complimentary face painting for all of the young at heart.

A Minibus shuttle service will be available from Clubhouse 4’s parking lot, so plan to park and ride. For more information, contact events@lwsb.com.

LW Weekly
430-0534



Anderson Cooper Jane Fonda George Bush

DISTINGUISHED SPEAKER SERIES President George W. Bush to headline inaugural season of series starting Oct. 21

After 24 years of presenting world-renowned speakers to sold-out audiences, The Distinguished Speaker Series of Southern California is excited to announce its expansion to a fifth location, the Segerstrom Hall in Costa Mesa.

“For years, patrons in Orange County have been reaching out, asking us to bring our series to their community,” said co-founder Kathy Swan Winterhalder “We are delighted to have found the perfect home, the stunning Segerstrom Hall.

“We are excited to present our compelling and bi-partisan style of entertainment to a new audience. We are also thrilled that former president George W. Bush has agreed to headline the inaugural season.”

The Distinguished Speaker Series’ season will run from October to May 2020, on six different Monday evenings.

It will present some of the world’s most influential and captivating speakers.

Accomplished actors and activists, Jane Fonda and Lily Tomlin will kick off the series together for a night of hilarity, witty observations and thoughtful conversation (Oct 21).

Father Gregory Boyle, the founder of Homeboy Industries, will share decades of hard-earned wisdom and rejoice in our shared humanity (Nov.18).

Starting off 2020, the award-winning broadcast journalist, Anderson Cooper will appear (Jan. 27).

Neuroscientist, primatologist and best-selling author, Dr. Robert Sapolsky, will distill stories and use humor to explain the science of the brain and why people do the things they do (Feb.17).

The 43rd President of the United States, George W. Bush, will take the stage (April 20).

The series will conclude with Dan Buettner (May 18), an explorer and best-selling author of “The Blue Zones.”

The audience will have the opportunity to interact and exchange ideas with each speaker, as each event concludes with a moderated question-and-answer session hosted by former radio talk show host and newspaper columnist, Doug McIntyre.

The Distinguished Speaker Series will be held in the Segerstrom Hall, Segerstrom Center for the Arts, 600 Town Center Drive, Costa Mesa.

The program will be held on Mondays at 7:30 p.m. (except for Anderson Cooper who appears at 8 p.m.).

Subscription packages only will be sold.

Series tickets range from \$198 in the balcony to premier seating at \$610 for all six evenings.

Single tickets are not available. Subscriptions can be purchased online at www.speakersoc.com or by calling the Segerstrom Center for the Arts Box Office at (714) 556-2787.

Sign up today for email alerts

The Golden Rain Foundation is signing up residents for a new one-way, real time community notification system. LW Live is designed to keep people informed during emergencies and get the word out about safety, recreation and governance issues.

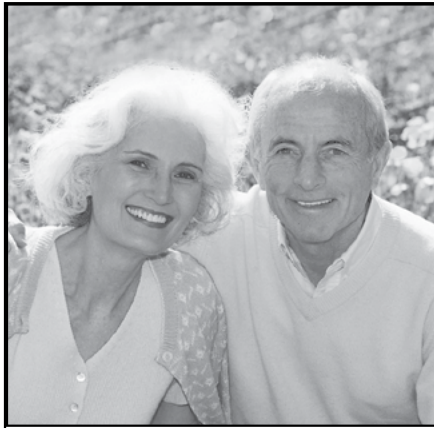
All you need is an email address.

To sign up online, log onto www.lwsb.com and click the “LW Live” icon to the right.

People can also sign up at the News Office, Stock Transfer and the LW Library, and at GRF and Mutual meetings.

Don’t be left in the dark; sign up today for LW Live.





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Religion

FIRST CHRISTIAN CHURCH

Saturday evening service starts at 5:15

First Christian Church has a Saturday evening service at 5:15 p.m. with the Hospitality Room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Luke At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting.

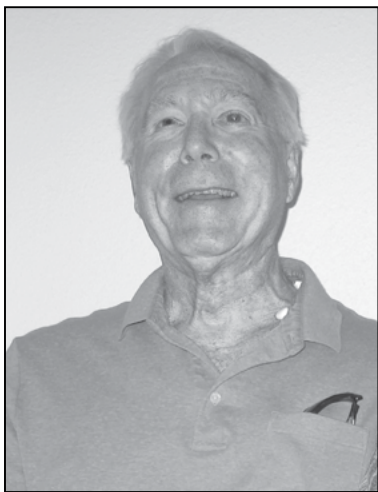
Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation in these hymns of worship: "Turn Your Eyes Upon Jesus," "Blessed Assurance" and "Without Him." The Communion hymn will be "Just as I Am."

The church choir, under the direction of Margaret Humes, will sing "Let's All Go Down To The River."

Tony Davis will present the Communion meditation and service today.

For the offertory, Pat Kogok will sing "Looking For Jesus," followed by Jeannie Braun, who will read Scripture from the Gospel of Matthew 26:57-61.

Pastor Gene's message will be "The False Trial," based on Matthew 26:57-68. It was a "kangaroo court" of the worst nature, but our Lord endured it, fulfilling all prophecy.



Tony Davis

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at 431-8810 for further information.

Congregation Sholom

Congregation Sholom will have a Friday night service at 7 on Sept. 6 in Clubhouse 3, Room 9, with Rabbi Rachel Axelrad.

An Oneg Shabbat will follow services.

On Saturday, Sept. 7, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, with Rabbi Axelrad. An hour of Torah study will begin at 10:15. The service will continue until about noon and will be followed by a potluck lunch.

The Book Club will meet at 1:30 p.m. at Ruth Hermann's house.

The congregation is organizing a Bat Mitzvah class for interested women. To find out more, email Mel Chazen at melvin.chazen@yahoo.com.

The congregation is going to start an "Ask the Rabbi" column in "News & Nachas."

If you have a question, email it to Mel Chazen at the above address.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

—Scott Simensky

LW BAPTIST CHURCH

Bob Simon's Bible class starts at 8:40

Leisure World Baptist Church welcomes everyone to the Sunday service on Sept. 8 in Clubhouse 4.

The morning will begin with Bob Simons' Sunday School class from 8:40-9:10 a.m.

Coffee, a treat and friends meet at the round table until the morning worship begins at 9:45.

Everyone will sing the call to worship, "Steadfast Love of the Lord."

Accompanied by pianist Yvonne Leon, Joan Shramek will sing a favorite of many, "How Great Thou Art."

Under the direction of Darlene Harris, the choir will sing "Christ Receiveth Sinful Men."

Congregational hymns include "Guide Me O Thou Great Jehovah," "It is Well" and "God will Take Care of You."

The offertory selection is by pianist Yvonne Leon.

Pastor Rolland Coburn's morning message is titled "God's Wondrous Purpose for Us" from Romans 8:28-30.

Immediately following the



Yvonne Leon

service, the prayer room with friends in attendance is open.

On Monday, Sept. 9, the Women's Christian Fellowship and Bible Study will meet in Clubhouse 3, Room 6 at 10 a.m.

The Energizers meet in Clubhouse 4, Section A, at 3 p.m. on Wednesday.

For more information, call 430-2920.

—Joan Shramek

Bible Study Fellowship

A Woman's Bible Study will be held in Mutual 7 every Thursday from 9:30-11 a.m. beginning Sept. 12. For more information, call Cindy Spievy at 618-0822 or Patty Steele at 833-1882.



We Have Moved Less Than 1/2 Mile Away
We are now Closed on Sunday

**LW
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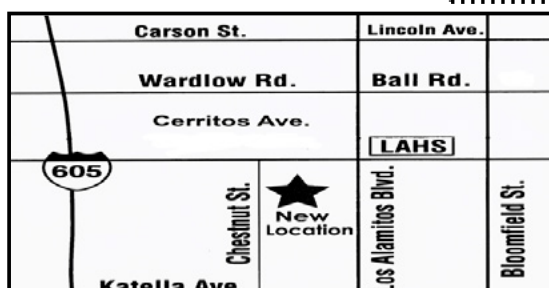
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Congregation Sholom President Carol Levine, Diane Abrams, Sisterhood President Karen Sands and Judy Nesteby enjoyed a lovely lunch in beautiful surroundings at the Beachcomer Cafe on Crystal Cove Beach on Newport Coast.

Assembly of God

“Seeking, Not Slinking or Sinking” is the second in a series of messages by Pastor Sam Pawlak for Assembly of God Church. The overall series is titled, “Ask, Seek and Knock.” The congregation and visitors will gather at 10:30 a.m. in Clubhouse 3, Room 2. Interspersed with the message will be worship songs led by Denise Smith with Marge McDonald at the piano. Visitors are warmly welcomed and will receive a small gift from the pastors.

Following the prayer meeting at 5:15 p.m. the Hymn Sing will start at 6 p.m. in the Lobby of Clubhouse 3. People from congregations throughout Leisure World and beyond come together to select gospel songs and hymns. Dean Brown will lead the group. He has been active throughout Southern California using his talents playing the banjo and singing.

Special music will include a solo by Carolyn VanAalst in honor of Grandparents’ Day and music by April Goodner, the daughter of Pastors Sam and Pat. She lives in Florida and ministers with her husband in Titusville. Following Pastor Sam’s devotion, there will be a time of fellowship around the tables sharing treats people have contributed.

The weekly Bible study will resume on Sept. 11 at 10 a.m. in Clubhouse 3, Room 7, as Pastor Sam continues the study in the book of Revelation. Following this, the monthly Romeo and Juliet group will meet at Denny’s at 11:30 a.m. for a no-host lunch.

Rock Church

The Rock Church, Seal Beach campus, welcomes everyone to weekly services at Marina Community Center, 151 Marina Drive, Seal Beach. Sunday services are in English at 9 and 11:15 a.m. and in Spanish at 1:45 p.m. People can listen to Sunday’s message for free by going to www.gototheorck.com. Select Seal Beach campus and click the podcast. For more information call (714)562-8233.

Life Changers

Life Changers are people who can bring the power, favor and light of heaven into circumstances encountered here on earth. The group meets on the first and third Fridays from 1:30-3 p.m., with the next meetings scheduled for Sept. 6 and 20.

Men and women are welcome. For more information, call Joan Eisenhart at 343-8066.

Buddha Circle

The Buddha Circle will meet for a Mindfulness Meditation session from 2-4 p.m. on Wednesday, Sept. 11, 18 and 25 in Clubhouse 3, Room 7.

The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email mindfulcircle@yahoo.com.

Did You Know?

Christianity is currently the world’s largest religion. Islam the second and Hinduism the third, according to Infoplease.

Faith Christian Assembly

Faith Christian Assembly offers a midweek Bible study on Wednesdays at 11a.m. taught by Pastor Sheri Leming.

Starting in September, the study will focus on the Scriptures, the only book that shows humans how to live.

In John 10:10, Jesus said that he came “that we might have life more abundantly.” The Bible provides practical answers to life’s questions for all who are willing to listen and obey what it teaches. All are welcome to come and learn.

Faith Fellowship Time is held at 11 a.m. on Tuesdays in the Garden Room. A GriefShare group is held Fridays at 2 p.m.

To receive a free newsletter



Pastor Sheri Leming

and for more information on the church, call 598-9010 or visit www.FCAchurch.net.

Holy Family Catholic

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Twenty-Third Sunday in Ordinary Time on Sept. 8.

The First Reading is Wisdom 9:13-18B; , and the Second Reading is Philemon 9-10, 12-17.

Day of Adoration—Sept. 6

Tomorrow Friday, Sept. 6, is a Day of Adoration in the parish. The first Friday is dedicated to the Sacred Heart of Jesus; the Exposition of the Blessed Sacrament will start after 8:30 a.m. Mass and conclude with Holy Hour from 4-5 p.m. Come love and adore Jesus in the Blessed Sacrament. The Holy Mass is at 8:30 a.m. and the Sacrament of Reconciliation is available at 9:15 a.m. Community prayer and participation are important, especially in this time of healing and hope.

Mass with Anointing of the Sick

The Anointing of the Sick Mass will be celebrated Saturday, Sept. 14, at 8:30 a.m. The Sacrament of the Anointing of the Sick can be received by baptized Catholics who are going to have a major surgery, are chronically ill and are elderly.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

Spiritual Living Center

The Spiritual Living Center, 500 Marina Drive in Seal Beach, is a loving spiritual sanctuary where everyone is welcome and the abundance of life is celebrated through study, inspiration, gratitude and service. Sunday services are held at 9 and 11 a.m., and inspirational music is included.

Ongoing events at the Center include A Course in Miracles discussion group on Mondays from noon-1:30 p.m.; Living and Thriving Through Life After a Loss support group, 10 a.m., the third Saturday of the month; and a Native American Drum Circle Meditation, 6:30 p.m. on the third Wednesdays.

For more information on classes, workshops and other events, visit the Center’s website at www.sbcsl.org or call the office at 598-3325.

Beit HaLev

Beit HaLev services are accessed online on Livestream.com/Galityomtov and Facebook.com/galityomtov.

Shabbat Ma’ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

This Shabbat’s Torah reading is “Shoftim” (justices) is from Deuteronomy 19:14-21:9.

Moses instructs the Israelites on rules in wartime.

He covers how a community must deal with an unsolved murder and the importance of having a minimum of two witnesses to a crime and the punishment meted out to a false witness—“Thus you will sweep out evil from your midst.”

In addition to the Sabbath services, Rabbi-Cantor Galit Levy-Slater conducts a short Weekday Ma’ariv service every Thursday at 4 p.m. on SimShalom.com, that includes a Torah reading, a D’var Torah, a prayer for healing and the Mourner’s Kaddish.

Rabbi Galit’s beginner and



Rabbi Galit Levy Slater

intermediate Hebrew classes are held Wednesday afternoons.

People who are interested in learning prayerbook Hebrew or modern (conversational) Hebrew can contact Rabbi Galit at 715-0888 or duets@icloud.com for information regarding day and time.

The Modern (conversational) Hebrew class will start soon after the High Holy Days, around the end of October.

Call 715-0888 to enroll.



Director of Music, Renee Cortez, and the Chancel Choir.

Community Church

Community Church has a rich history of engaging in worship through music and will resume another season of chancel choir on Sept. 8.

The choir, directed by Renee Cortez, is supported through the talented section leaders who sing along side choir members.

Everyone is welcome to come give the choir a try. The choir meets in the choir room every Sunday, beginning Sept. 8 at 8:30 a.m.

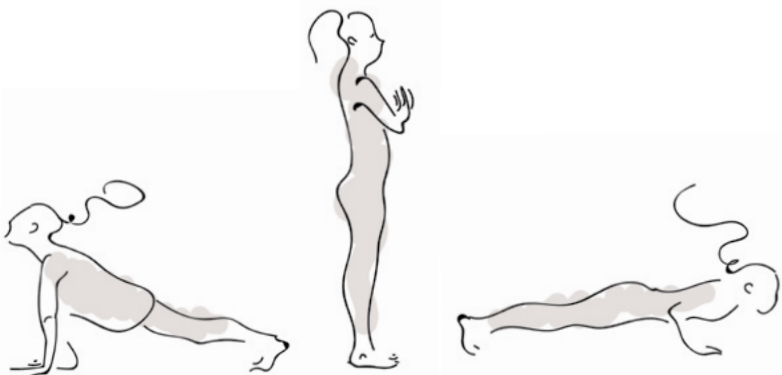
The Sunday Bible Study, led by Joy Reed, meets at 5 p.m. in the Fireside Room. The topic is “Death and Resurrection.” Everyone is welcome.

On Sunday, Sept. 8, Pastor Johan Dodge will give a sermon titled “Talent,” based on Luke 14:25-33.

Mary Maness will serve as lay liturgist.

The worship service is at 9:50 a.m., followed by coffee and refreshments in Edgar Hall.

Health & Fitness



Weekly Health, Exercise Classes

Ageless Grace

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30- to 60-minute walk. For more information, call Tom Pontac, 304-0880.

Movement for Health and Self-Healing Medical Qigong Club Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Pilates

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6 and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.

Yoga, Meditation, Tai Chi

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

Yoga, Monday

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Yoga

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

OPTUMCARE AT THE HCC

Managing anxiety and depression

By Carson J. Blomquist
OptumCare

Anxiety and depression are common conditions that affect millions of Americans. Yet, there's a lot of misinformation about what causes them – and how to manage them.

Shiori Lange is a licensed clinical social worker and therapist who helps people with anxiety and depression. She focuses on a type of therapy called cognitive behavioral therapy (CBT). The therapy helps individuals re-train their thoughts. This can help a person better manage a condition like anxiety or depression.

To help residents who have anxiety or depression, Shiori is starting a workshop series on how to use CBT. The six-part series involves group discussions and one-on-one training.

She also addressed some of the common misbeliefs about anxiety and depression.

There's something wrong with you. "Anxiety and depression aren't flaws or weaknesses," Shiori said. "They are mental health conditions. We need to look at them the same way we look at physical health conditions, like asthma or diabetes."

You can shake it off. "It's not something that goes away," she said. "Anxiety and depression are caused by chemicals in the brain. A bout of anxiety or depression can last a long time."

Depression means you feel sad. "People with depression feel it differently," Shiori explained. "Some feel sad, some feel hopelessness, but others might feel apathetic. They just don't care about things that used to matter."

"We all feel these emotions, but if you feel this way for more

OPTUMCARE, page 23

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide.

Thursday Sept. 5 Savory tomato, braised tilapia, barley and mango salad, peas and carrots, ambrosia

Friday Sept. 6 chicken strips with pineapple curry (diced peppers, onions and carrots), brown rice, tomato and zucchini salad, peach crisp

Monday Sept. 9 Black bean soup with sugar free crackers, zucchini, corn and egg casserole, tomato and onion salad, biscuit, Promise tropical fruit mix

Tuesday Sept. 10 Chicken meatballs with Hawaiian sauce, rice pilaf, oriental vegetable blend, whole wheat bread with Promise, fresh melon

Wednesday Sept. 11 Grilled cheeseburger on whole wheat bun, shredded lettuce, sliced tomato, and red onion baked chips (mayo, ketchup, mustard and relish), fruited gelatin

Thursday Sept. 12 Baked chicken drumstick, baked sweet potato, Promise, winter blend vegetables (cauliflower and broccoli), sugar free chocolate pudding

Friday Sept. 13 Cream of spinach soup with sugar free crackers, open face turkey sandwich, mashed potatoes, turkey gravy, whole wheat bread, cranberry sauce, sugar free cookie

WA-RITE

White is loser of the week

by Margaret Humes
LW Contributor

Top Loser of the Week was Swana White with a four-pound loss. Maintaining a diet full of soups, salads and staying away from junk food is the main contributor to the weight loss.

Members shared information and tips on what weight less methods and diets have worked. They all agreed that in order to get serious with losing weight you have to plan and prepare. Many members have had a lot of success by following what others have shared. The members get a lot of support and encouragement from each other.

Take small steps, take more time to chew food. Reduce the amount of sugar consumed daily, share meals or order smaller portions when eating out or taking food home. Drink water instead of sodas.

Take control. Don't give up.

The food for thought this week: green veggies can be your 'secret weapon' to weight loss, they have fiber, high water content, low calories, are loaded with nutrients, and are a natural diuretic. Wa-Rite is a support group for women needing to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Rm 1 from 9-10 a.m. Weighing begins at 7:45-8:45. Annual dues are \$10. If you have any questions call Carol Chambers at 822-4641 or Bev Bender at 594-9148 To join or visit a meeting come at 8:30. You must be a LW. Resident, please bring ID.

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Sports & Games

Cards and Games Scoreboard

Fun Time Pinochle winners, Aug. 26; Joan Taylor 12680, Mari- laro Allred 11940, Richard Van Wasshnova 11480, Tony Dodero 10530. Winners Sept. 2; Tony Dodero 12250, Dolores Cook 10840, Al Bonnema 10310, Irene Perkins 10110. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509

—Bert Sellers

Leisure World Duplicate Bridge Club Winners on Monday, Aug. 26, were: N/S: First in Strat A: Betty Jackson-Fay Beckerman; second in Strat A, first in Strat B: first in Strat C Russell Gray-Sylvia Kaprelyan; third in Strat A: Sibyl Smith-Jeanette Estill; fourth in Strat A: Janet Wagner-Lavonne McQuilkin; fifth in Strat A: Judy Carter Johnson_Robert Preece; tied for second & third in Strats B&C: Earnest Ross-Ylia Ross; Joan Wieber-Ted Wieber. E/W: First in Strat A: Fern Dunbar-Marilyn McClintock; second in Strat A: Diane Schmitz-Joan Tschiriki; third in Strat, first in Strat B, first in Strat C; Louise Seifert-Stan Johnson; fourth in Strat A, second in Strat B, second in Strat C: Nancy Lichter-Joyce Basch; fifth in Start A, third in Strat B: Monica Honey-Paul Honey.

Winners on Thursday Aug. 29, N/S: First in Strat A, Larry Topper-Kay Tseng; second in Strat A, Robert Adam-Patricia Adam; Third in Strat A, First in Strat B:Martin Lipman-Sue Boswell; fourth in Strat A, second in Strat B, first in Strat C: Miriam Kelly-Judy Mathias; Fifth in Start A, second in Strat C: William Power-Julie Cunningham. E/W: First in Strat A; Jeanette Estill-Marilyn Mc- Clintock, second in Strat A: Al Appel-Judith Jones; third in Strat A: Fern Dunbar-Lavonne McQuilkin; fourth in Strat A first in Strat B: Fred Reker-Russell Gray; Fifth in Strat A, second in Strat B:Eileen Kotecki-Sue Fardette; third in Strat B: Sharon Beran-Ted Cooper; Fourth in Strat B, first in Strat C: Frances Gross-Harriet Weiss; second in Strat C: Kar-Yee Nelson- Mark Singer.

Games are played Monday and Thursday afternoons beginning at 12:30 p.m. in the Clubhouse 3 Lobby. Players are asked to arrive by 12:15 p.m. to confirm their reservation. To make or cancel a reserva- tion for Mondays, call Midge Dunagan at 594-9698; for Thursdays, call Sharon Beran at 308-7838 or email her, no later than 10:30 a.m. on day of game, at hbsharonb@gmail.com. With a maximum of 18 tables available, players without reservations should arrive by noon and check in with the director of the day; they will be accommodated on a first come, first served basis if there is space. Players needing a partner should arrive by noon and check with the club manager; every effort will be made to find a partner. To cancel a reservation on game day or to report running late, call 481-7368 between noon and 1 p.m. SPECIAL NOTE: Today is the annual holiday dinner and bridge game. If you haven't made a reservation to play bridge, call Ted Wieber at 596-8661 to see if there is room. Sharon Beran is *not* taking reservations for today's game.

—Gene Yaffee

Friendly Pinochle Club winners Aug. 29: Irene Perkins 12500; Charlie Miller, 11,790; Nancy Wheeler, 11,650; Marilyn Allred, 11,630.The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

— Bert Sellers

Burning Tree Duplicate Bridge Club winners on Aug. 31, were

N/S: Sue Fardette-Bud Parish, Joan Tschirki-Joan Wieber, Fred Reker-Sibyl Smith, Stan Johnson- Louise Seifert; E/W: Jeanette Estill-Marilyn McClintock, Alan Olschwang-Linda Nye, Emma Trepinski-Larry Slutsky; Aug. 30: N/S: Jenny Ernest-Bob Mault; Ernie Ross-Roy Tomooka; Joan Tschirki-Joan Wieber; Mark Singer - Judy Carter-Johnson; Fern Dunbar-Lillian Slater; George Alemshah-Sylvia Kapre- lyan. E/W: Al Appel-Judy Jones; Howard Smith-Dorothy Favre; Paul Chen-Cookie Pham; Paul and Monica Honey; Jerry and Jane Reid. The club meets Fridays and Saturdays in CH 1 at 12:15. For information on how to join the fun and play, call or

SCOREBOARD, page 23

LaCasia wins star No. 3

Dave LaCasia received his third star today by winning 7 games of 121 with a total of 847 points. Alma Zamzow came next with 841 followed by Eileen Dohl, 830 and Gene Smith, 827. There were 56 players on Aug. 27.

Julie Milburn and Ethel Freitas celebrated their birthdays with the club and shared orange swirl ice cream and an assortment of goodies.

The Cribbage Club meets at noon on Tuesdays in Clubhouse 1. Partners are not required and everyone usually finishes by 3:30 p.m. To learn to play Cribbage or brush up, call Patti Smith at 242-4674 to arrange lessons for one hour before the games begin. There is always room for more players. Everyone is welcom. Players are asked to arrive by noon to be assured of a table.

—Bobbie Straley

WOMEN'S GOLF

LW Ladies Golf Aug. 27

LW Women's Golf had 52 members play for low gross, low net, and chip-ins. On Aug. 27 10 players shot 11 balls from the fairway, directly into the hole.

The flight winners were:

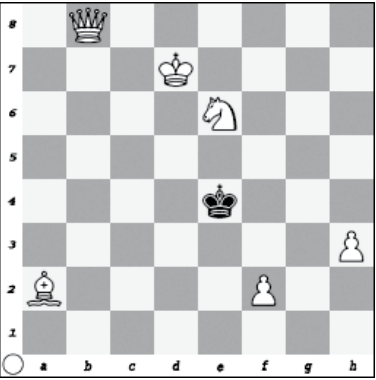
Flight A - low gross, Soo Choi 26; low net, Mary Park, 23; chip-ins/hole, Teresa Lim, 4 and 8, Sandy Derouin and Yvonne Lim, 1. Flight B - low gross; Pam Krug, 27; low net; Mary Grieg, 24; chip-ins/hole; Mary Ann Moore, 9. Hailee Yang, 2. Flight C - low gross; Betty Regalado, 31; low net - tie between Sue Yokomi and Patti Smith, 23; chip-ins/hole, Sue Yokomi, 6; Keiko Sekino, 2; Flight D - low gross, ties between Jeanne Aranas, Sandra Dedubovay and Sue Chang, 36; low net, Ock Im, 23; cup-ins/hole, Jeanne Aranas 6, Sandra Dedubovay, 8, Ock Im, 9.

—Dale Quinn

Chess club puzzle

This week's puzzle: white moves first and for any answer by black, the white's next move is checkmate. The white Queen moves from b8 to b2. Any answer by black, the white's next move is check mate. Chess partners are available in Leisure World when the LW Chess Club meets from 2:00-6:30 p.m. on Fridays in CH- 3, Room 7. Beginners are welcome for free lesson.

CHESS, page 23



MEN'S GOLF

Men's golf club tournament Aug. 28

The Men's Golf Club tournament was held on Aug. 28 at the local LW golf course. The sun never came out, but the usual early morning humidity wasn't too rough on the golfers as indicated by great golf scores. Forty-two men gathered and competed in three flights over 18 holes. There were no holes-in-one recorded this week, but there were seven circle hole winners.

'A' flight has golfers with handicaps of 0 - 6, 'B' flight 7 - 12, and 'C' flight 13 -18. All scores are net, (actual score minus handicap).

A: First place: Ron Steele with a sparkling 48; second place, Alan Sewell, 49; third place, Fujio Norihiro, 50; tie for fourth place between Dong Kim and Bill Long, 51. B: First place, tie between Jay Kim and Jae Lee with a 4 under par 50; second place, three-way tie between Steve Moody, Won Song, and Dale Williamson, 51; third place, tie between Bill McKusky and Ira Barenblatt, 53. C, First place, James Choi with an excellent 47; second place, Dennis Kotecki, 50, third place, Young Jeun, 56. Closest to the pin on hole No. 8 was Ron Steele and on the 17th hole - Bill McKusky.

There are two Men's Club tournaments each month, one on the second Wednesday and another on the fourth Wednesday. Next tournaments will be on Sept. 11 and 25. There is also a Men's Golf Club general meeting on Sept. 10 at 9AM in Clubhouse 3 Room 9. Elections of new officers will be held.

The Men's Club has embarked on a race to crown the "2019 Men's Club Champion." Competition started with last April's tournament and will proceed until a champion is crowned in mid-December. Only Men's club members may participate and must have competed in at least eight tournaments by Nov. 13. Next tournaments will be on Sept. 11 and 25.

To join the Men's Golf League contact President Bill Zurn, or Membership chair, Dave LaCascia, via the Golf Starter Shop. New Men's Golf League members must join the Men's Club and play three - 18-hole rounds on the local course in order to get a valid handicap. Rounds must be played with a current member and scorecards left with the starter. This then qualifies the individual to play in the Men's and the Guys and Gals Tournaments played each month throughout the year.

— Dave LaCascia

SCRABBLE

Giegerich wins Scrabble

August was another active month for the Leisure World Scrabble Club. The members, along with a guest, combined for 42 scores above 300. Also, the members combined for five bingo's - words in which a player uses all seven of their tiles.

Among the high scorers were the new club president Maria Giegerich, with six such games and a high score of 353. Former club president Flo Nesland had five 300-plus games and a high of 354. Vice president Sylvia Makus had a 322. New secretary Larry Edgar had eight games over 300, with a high of 439. Suthy Chhoeuy had four games over 300, including a 422. Charla Gae had four 300-plus scores, with 354 being her high score.

Ruth Depuy scored above 300 three times, including a 337. Wanda Bemben had three such games, with a high of 336. Marilyn Moody had three games above 300, one of which was a 330. Visitor Troy Marino scored above 300 twice, including a 377. Pam Smithson had two such games, with a high of 323. New club member Pam Krug posted a 309.

The bingos were recorded by Chhoeuy, "reasons", Gae, "scribed", Makus, 'strayer", Depuy, "snoring", and Edgar, "textile".

The club meets on Wednesdays in Clubhouse 3, room 5. The games begin at one, two, and three o'clock. New members are welcome. For questions about the club, call Edgar, (310) 927-3785.

—Lawrence Edgar

MEN'S FRIDAY GOLF

Choi and Dickerson win at Meadowlark golf course

The Men's Friday Golf League played on Aug. 30 at the Meadowlark Golf Course in Huntington Beach. This course is very challenging due to numerous water hazards, interesting pin placements, narrow fairways and anything but flat greens. Seven men competed over 18 holes in two flights. At the start of the round the sun was peeking out, but by the fourth hole it was blazing in full force along with high humidity. This did not stop the game on the course and five out of the seven players were near or under par - net. All scores are net (actual score minus handicap).

GOLF, page 23

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Arts & Leisure



The gang is gathered and ready to sing about the Wild, Wild West

LW CHORALE

‘Wild, Wild West!’ show is coming to CH 4 on Sept. 21

The horses are in place, the campfire is burning while cowboys and cowgirls are gathering to sing about the “Wild, Wild West!”

The LW Chorale will feature old favorites about the the old West and the Ponderosa on Sat-

urday, Sept. 21, in Clubhouse 4 at noon.

“Achy, Breaky Heart” and cowboy love songs like “They Call the Wind Mariah” will be featured, among other selections. So residents are invited to get out

their hat, boots and western gear and come join the fun in the the wild, wild West.

There will be a free meal after the concert.

Come early for a good seat.

—Nancy Maggio

AUTHORSPEAK!

LB Homicide book writer is here today

Tyler Dilts, author of the acclaimed Long Beach Homicide Book Series, will visit the Leisure World Library today, Sept. 5, at 11 a.m. Tyler will talk about his books and his journey to becoming a writer.

The Long Beach Homicide Series follows Detective Danny Beckett through various trials and tribulations as he works to solve some of Long Beach’s most heinous crimes while attempting to cope with his own personal traumas. Tyler’s father was a Los Angeles County sheriff’s deputy, and as a child, Tyler thought he would follow in his father’s footsteps. But his life ultimately went in another direction. When decided to write a book, he knew it would be a police procedural.

The third book in the series, “A Cold and Broken Hallelujah,” has become a No. 1 best selling book on Amazon with over 2,000 positive reviews.

Come to Veterans Plaza today, Thursday, Sept. 5, at 11 a.m. for this enlightening conversation. The library will provide light refreshments.



Tyler Dilts

Video Producers Show Schedule

New programs created by the Video Producers Club will be televised in September on SBTv Channel 3, Seal Beach’s community television station. SBTv-3 can be seen on Spectrum Cable Channel 3, Frontier Cable Channel 37 or on the internet at www.sbtv3.org. Just click on the logo on the home page to see shows in high definition. Certified Video Producers community volunteers, who are not employees of SBTv 3, provide much of the programming.

This month’s features include:

FALW Veterans Picnic

The Filipino Association of Leisure World showed its gratitude to over 70 registered veterans for their sacrifice for freedom in July at LW’s Clubhouse 1 picnic area. The veterans were each presented with a souvenir at the lunch. Camera operators were Irene Cistaro and Michael Oh, who was also the video producer.

Triumph over Technology

The Sunshine Club sponsored two computer experts, Tina Schaffer and Jeff Plum, to explain the current Internet scams. The Sunshine Club sponsored the

one-hour program. Irene Cistaro and Michael Oh were the camera operators. Michael Oh was the video producer.

Murder Mystery

The Leisure World Producer’s Club presented its eighth annual mystery, a one-act show written by Leisure World shareholder Toby Richman, who is also the director. Susan “Sam” Jones, the producer, enthusiastically praises this clever show that revolves around a precious wedding dress. The talented cast includes Linda Bolt, Sally Glausser, Taylor White, Sandy Geffner, Donna Artukovic, Daniel Prosek, Adrienne Rosenfeld, Dell Clark, Mary Halsey, Judie Jacobus, Peggy Airhardt, Tosca Lies and Jack Martinez. Janice Laine produced the one-hour program.

•Hui O Hula

Producer Owen Hughes takes an inside look at longtime dance club, Hui O Hula. Guided by its skillful instructor, this club sharpens skills in class, then performs for the community.

•Mariachi Real San Jose de Orange County

The one-hour program fea-

tures all the musicians of the Mariachi Real San Jose de Orange County. Andres Hernandez is the manager. They played at Joe Osuna’s 80th birthday celebration. Amy Walker danced to “Song de la Negra,” among other highlights. Camera operators were Irene Cistaro, Michael Oh and Joe Osuna. Photographer was Mara Williams. Interviewer was Janice Laine. Video producer was Joe Osuna.

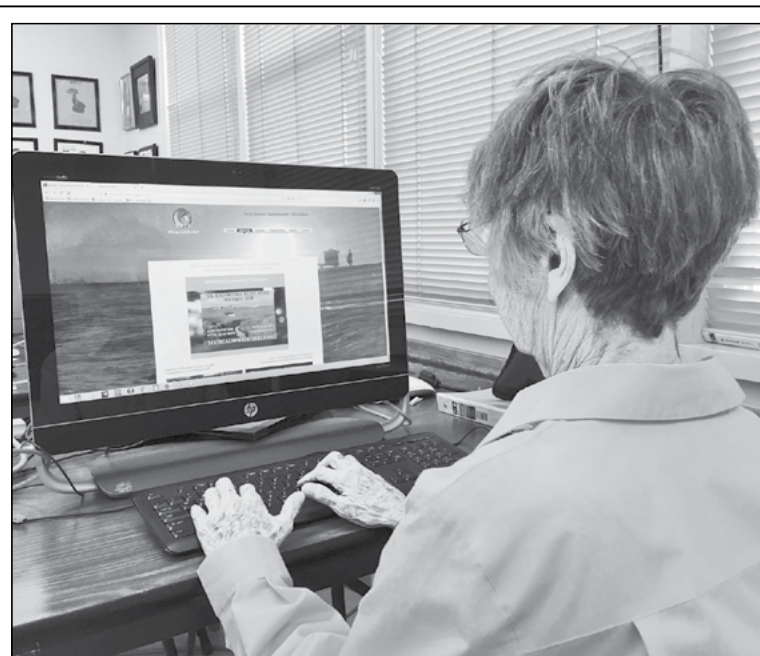
Midnight Motion Band Music

The one-hour program was provided by the Midnight Motion band lead by Willie Manacsa. Camera operators were Irene Cistaro, Michael Oh and Joe Osuna. Photographer was Mara Williams. Microphone handler was Janice Laine. Video producer was Joe Osuna.

Best of Cabaret

On Aug. 10, the LW Cabaret performed “The Best of Cabaret.” Ruth Long produced the variety show that showcased the singing talents of Tommy Williams (president), Bette Fritz, Vicki Van Ert, Charlie Guggino, Tosca Lies,

VIDEO, page 13



Leisure World Streaming Live—Video Club Producer Irene Cistaro is online at www.sbtv3.org. She can watch Leisure World programs that stream online (in HD) beginning at 4 p.m. each day. Simply click on the logo in the top left corner and the programming begins. Shows run simultaneous with Channel 3 (Spectrum) and Channel 37 (Frontier). You can view the program schedule at the website and the LW Weekly.

Amphitheater Schedule

Amphitheater 2019, a summer music festival on Thursday nights at the 2,500-seat Leisure World Amphitheater, will continue through Sept. 12. Residents, and their friends and families are invited. Shows now start at 7:30 p.m.

Residents must have GRF photo I.D. cards for admission to Amphitheater shows. Non-resident guests must be accompanied by a resident shareholder.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Koffel’s food trucks and Mandie’s Candies will provide options for pre-event dining.

The remaining summer line-up includes:

Shows begin at 7:30 p.m.

•Sept. 5: Tribute to Aretha Franklin, Stevie Wonder and Jackie Wilson

Sponsor: Monarch HealthCare, UnitedHealthcare

•Sept. 12: America’s Diamond Live: Tribute to Neil Diamond

Sponsor: Monarch HealthCare, UnitedHealthcare

OPERA CLUB

‘La Rondine,’ Part 2, will be shown

Everyone is invited to come and watch “La Rondine,” Part 2, in Clubhouse 3, Room 2, on Monday, Sept. 9, at 1:30 p.m. The Metropolitan Opera production features Angela Gheorgiu and Roberto Alagna (a strikingly handsome couple) in Puccini’s ode to love and happiness symbolized by the bird the swallow (Rondine). Club member Joyce Bachner will summarize the story for anyone who missed Part 1 last Tuesday.

Act 3 takes place on the Cote d’Azur where Magda and her young lover Ruggero are happy as sparrows. However money is scarce and so Ruggero turns to his family for money along with permission to marry Magda. But Magda feels forced to confess her history as a demi-mondaine to her lover’s uncle and to whom she is destined to return. She therefore bids farewell to love leaving a disillusioned Ruggero bemoaning his fate in sadness.

The opera is sung in Italian with English subtitles. Room 2 is open at 1 p.m. No dues or fees are collected. For more information, contact Beverly Emus, LW Opera Club president, at 296-5586 or beverly90740@gmail.com.

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Dixieland Jazz Band

The next performance of the Leisure World Dixieland Jazz band is scheduled for Wednesday, Oct. 2, according to president Walter “Dutch” Vankerckhoven. This is a free event to all Leisure World residents and their family and friends.

At the last concert, vocalist Judi Haase announced this was her 10th year anniversary for singing with the band. She did not have voice lessons until she was 50 years old. She kept them up for eight years and is now a fan favorite. Judi picks the songs she sings for every performance and gives a little history of who wrote it and who made the song popular among other trivia about the piece.



Judi Haase

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•**A Time to Dance Club by Joseph:** Ballroom dance group lessons are held on the second and fourth Thursdays in Clubhouse 3, Room 2. Argentine Tango is taught from 6:30-7:30 p.m.; fox trot, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.

•**Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required. Classes are \$3.

•**Dance Club:** Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome.

Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269.

•**Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•**Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•**Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•**Grapevine Line Dance:** Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire directly in class or email grapevinelinedance@gmail.com.

•**Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•**Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

•**Leisure Time Dancers:** West Coast Swing will be taught at 2 p.m. and nightclub two-step at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•**Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•**Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

•**Saturday Morning Dance Club:** Rhumba is taught from 9-10 a.m.; Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•**Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•**Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•**Zumba Club:** Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays.

Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.



The Whirlers enjoy monthly dances and potlucks.

SQUARE DANCE CLUB

‘Back to School’ dance is tomorrow at 6:30 in CH 4

The Whirlers square and round dance club will host a party from 6:30-9:30 p.m. tomorrow, Sept. 6, in Clubhouse 4. The theme will be “Back To School.” Pre-rounds are from 6:30-7 p.m. Square and round dances will be alternated from 7-9 p.m., followed by a potluck and socializing.

Singles and couples are welcome. There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482 (this is a new number).

Square dance classes are held every Monday from 7:30-9:30 p.m. Come to have fun, brush

up on dancing skills and support the student dancers. Singles and couples are welcome. There is a singles rotation so everyone can dance. Classes are held at the Garden Grove Women’s Club, 9501 Chapman Ave. in Garden Grove. For more information, call Mel Branham at (714) 803-0250.



Karen Morris

COMMUNITY KARAOKE

Make a memory on Wednesday night

by Margie Thompson
LW contributor

Community Karaoke is about making memories with friends in a fun setting.

That’s what Karen Morris was doing Wednesday night singing “Ace in the Hole.”

She was having fun and the audience was joining in on the chorus.

Wayne Urban sang “Achy Breaky Heart,” and the line dancers loved it.

Duets included Sue and Walter Piippo, “Get Together”; Diane Wasserman and Martin Rosendaal, “California Dreaming”; and Barbie May and Pat Paternoster, “Seven Spanish Angels.”

Audrey McKenzie did a rousing “Your Cheatin’ Heart,” followed by some catchy numbers by Paul Renaldi, Pat Kogok, Sally Glausser, Rick Riley and Ellen Brannigan.

The busy karaoke night included a lot of ballads as well.

Everyone can join this social night out.

Coffee is hot, and there are always snacks.

LW friends and neighbors love to entertain each Wednesday night in Clubhouse 1 beginning at 5:30 p.m.



Mark and Lorna Barnett

DANCERS & MIXERS

All welcome to special anniversary dance

The Dancers and Mixers Club is pleased to host an evening of dancing to live music on Sunday, Sept. 8, from 6 - 8 p.m. The music will be provided by Linda Herman. This free special dance is provided by the generous donations of club members of the club and guests.

The club has been setting aside funds from the donation jar since last November and will be celebrating its 37th anniversary.

The theme for the evening is “Carpe Diem,” that is get out and enjoy your life while you can. People are welcome to bring favorite beverage and snacks.

—John Hlavac

QUILTING BEES

Beginners classes will be offered soon

The Quilting Bees of Leisure World welcome all interested quilters to come and learn more about quilting. All skill levels are invited, as classes will be offered for beginners as the club year gets underway.

Beginning Wednesday, Sept. 4, the club will meet at 9 a.m. in the lobby of Clubhouse 3.

During the course of the year, it offers project classes, demonstrations, day trips and charity projects.

For more information, call Susan Rose at 493-3645.

GRF Movie

“Bad Times at the El Royale,” rated R, will be shown Sunday, Sept. 8, in Clubhouse 4 at 2 p.m.

The El Royale is run-down hotel that sits on the border between California and Nevada.

It soon becomes a seedy battleground when seven strangers—a cleric, a soul singer, a traveling salesman, two sisters, the manager and the mysterious Billy Lee—converge on a fateful night for one last shot at redemption before everything goes wrong.

The 2018 neo-noir thriller film written, produced and directed by Drew Goddard.

The film stars Jeff Bridges, Cynthia Erivo, Dakota Johnson, Jon Hamm, Cailee Spaeny, Lewis Pullman and Chris Hemsworth.

Some scenes and language may offend some people. Can’t make the movie? Check it out from the Leisure World Library.





The LW Korean Women's Sing-Along Club performed at the Amphitheatre during Korean Night on Aug. 24. The group meets from 2-3:30 p.m. on the first, second, and third Wednesdays

of the month in Clubhouse 4, Section C. For more information, contact club President Joann Lim at (909)762-5393 or Vice President Grace Ahn at 447-7273.



A floral composition by member Esther Cummings

PHOTO ARTS CLUB

Composition is topic on Sept. 12

The Photo Arts Club will meet at 1:30 p.m., on Thursday, Sept. 12, in Clubhouse 3, Room 9.

Ben Benjamins will lead a discussion on the composition of a table top still life using photos submitted by members.

The photographers will describe how they came to design their pictures.

Members will vote for their favorites after the discussion. Everyone is welcome.

—Esther Cummings

Friendship Club

The Friendship Club offers computer classes taught by Jeff Sacks and Miryam Fernandez. The schedule is as follows:

Monday, Sept. 9—Clubhouse 3, Room 4

- 11 a.m.—Introduction to Android (Sacks)

- Noon—Google Calendar Part 1 (Fernandez)

Monday, Sept. 16, Clubhouse 6, Room B

- 11 a.m.—Computer Questions and Answers (Sacks)

- Noon—Google Calendar, Part 2 (Fernandez)

Monday, Sept. 23, Clubhouse 3, Room 4

- 11 a.m.—Prepare for California DMV test (includes information about REAL ID) (Sacks)

- Noon—iPhone Basics (Fernandez)

Monday, Sept. 30, Clubhouse 3, Room 4

- 11 a.m.—Introduction to iPhone/iPads (Fernandez)

- Noon—iPhone Tips and Tricks (Fernandez)

Classes are free; donations are welcome to cover costs of a wireless hotspot and printing materials.

For more information on computers and the DMV, contact Jeff Sacks (714) 642-0122 or email jfsacks@gmail.com.

For more information on basic computer questions, iPhone/iPad, social media, Google Calendar questions, contact Miryam Fernandez, 884-7460.

GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1. Stardust Sounds will play ballroom on Sept. 7.

People must be out of the clubhouse no later than 10 p.m. to permit time for the custodian to set up for the next group.

VIDEO

from page 11

Donna Burr, Andre DuSomme, and pianist Charla Gae. GRF Recreation sponsored the Amphitheater summer event. Camera operators were Irene Cistaro, Michael Oh and Paul Bassett. Anna Derby was the video production coordinator, and Paul Bassett was the video producer.

Ad Hoc Sing-Along

The Leisure World Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs.

All are welcome to come and sing songs from movies, Broadway hits and other classic tunes.

Helen Onu is the song leader, with pianist Eric Nelson.

Song sheets are furnished. Reading music is not required.

For more information, call Chuck Burnett at 493-0176.

—Chuck Burnett

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LWN



Jojo Weingart

Hui O Hula's summer performance schedule is slowly coming to an end. However, the Cup of Aloha program at the Clubhouse 6 hospitality Center continues. This one-hour-event is accompanied by live music. Everyone is welcome to join in the singing and dancing. A warm welcome to new residents/hula dancers Albert Comia, his wife, Gladys, (center) and her mother Bessie Biglang-Awa (front). The family moved here from Oxnard six months ago; now they are enjoying retirement life in this fun-loving community. Mahalo to the new hospitality center leader Martha Goossens (back) for inviting Hui O Hula to entertain her morning crowd on the last Monday of every month from 10-11. For information on free hula lessons, call 431-2242.

LEGACY WRITING CLASS

Class starts Sept. 12 from 1-3 p.m.

By popular demand, LW resident Doris Sandrick will start a new 12-week Legacy Writing class on Thursday, Sept. 12, from 1-3 pm. Call her at 296-8435 for more information. Space is limited. The memoir writing class will cover how to begin such a project and provide a new theme each week. Members will share their work for constructive feedback, support and encouragement. Writing your legacy, memoirs or an ethical will (a personal document to communicate your values, experiences, and life lessons to your family) is a great adventure. The class will help people capture memories, and get to know LW neighbors and friends better. Everyone has a story to tell. "It is important to write our memoirs," said Sandrick. "It will show family, friends and others that your life mattered. They will understand who you are, how you lived, how you became you. We make sense of our lives, while leaving our life legacy for posterity."

TECHNOLOGY CLUB
New technologies
will be discussed
Sept. 10 at 1:30

by Larry Malukas
LW contributor

The Leisure World Technology (Computer) Club will meet Sept. 10 at 1:30 p.m. in Clubhouse 3, Room 2. Members will discuss new technologies from Microsoft called Microsoft Ink. Microsoft Ink or Pen & Windows Ink uses a digital pen (or your finger) to write and draw on compatible computer screens. Windows Ink is compatible with the most popular Microsoft Office apps. It enables people to perform tasks, such as deleting or highlighting words in Microsoft Word, writing a math problem and having Windows solve it in OneNote, and even mark up slides in PowerPoint. Demonstrations will include integration into MS office; in Word, highlighting, copy and paste and special effects; in Excel, equation solving, formula-set ups; in Power Point, creating multimedia presentations (photos, videos, print media, music and handwriting); in One Note, cut, paste and special effects; and dictation in Microsoft and Google docs. There will also be demonstrations in Office applications in Chromebook and how to load and use Microsoft Office 365 in Chromebooks.



Painting by Jeff Horn

LW ART LEAGUE
Acclaimed oil painter to demonstrate

The Leisure World Art League is proud to host a demonstration by Jeff Horn, one of Southern California's most acclaimed oil painters and illustrators. The meeting will be held at 7 p.m. on Tuesday, Sept. 10, in Clubhouse 4. People who want to attend are encouraged to arrive early to get a good seat as demos continue to draw a large turnout from the community. Horn's demonstration promises to be entertaining and educational. He has recently displayed his work at the Laguna Beach Art Festival, where he appears every year. His painting is part of a permanent collection of the Laguna Beach Festival of Art and the Laguna Canyon Art Foundation and the Pacific Coast Club in Newport Beach. Horn is a professor emeritus of drawing and painting from Irvine Valley College in Irvine, California. Jeff had received several honors for landscape painting. He enjoys painting from nature while out of doors and actively supports several land conservancy efforts in California with his paintings. Some current efforts include the Catalina Island Conservancy and the Sierra Foothills Conservancy. Jeff is a signature member of the California Art Club and a signature member of the Laguna Beach Plein Aire Painters Association. Jeff says he prefers to paint directly from nature, and he loves being outdoors where he can hear, feel, smell and even taste the scene around him. For him, the painting is a translation of nature and his experience of it. Members are reminded that they must submit their artwork for display by 6:30 p.m. The popular vote subject this month is "Landscape." Refreshments will be available and one of the artist's pieces will be the prize in a raffle. —Jay Young

Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10. The workshops are open to everyone and are free. The Genealogy Library is open from 1-4 p.m. on Tuesdays, Wednesdays and Thursdays. Workshops include: •Sept. 5: Ancestry DNA •Sept. 12: How to Build a Tree on Family Tree Maker •Sept. 19: Recent Changes in Ancestry Records (and how to add them to your tree)



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Community

SUNSHINE CLUB

Speakers are from Impaired Vision, Hearing Club

Juanita Townsend, president of Impaired Vision and Hearing Club, will be joined by members Sharon Kohn and Don Craig at the Sunshine Club meeting on Friday, Sept. 6, at 10 a.m. in Clubhouse 3, Room 2. Sharon and Don will share their vision loss experience and what the club does to help people get through the vision loss.

Sharon has served on the Board of Directors for the Impaired Vision and Hearing Club and the Golden Age Foundation. She works with the Braille Institute to facilitate a support group for the visually impaired in Leisure World.

Most of her working life was spent being a physician's assistant in various medical offices and later in hospitals as a medical transcriptionist. She taught medical terminology at the ABC School District adult school. She also worked part-time for the Anaheim Union High School District as an aide in a special education classroom.

Her second career began when she went to work for McDonnell-Douglas on the C-17. She had a wonderful job, which included time at Edwards Air Force Base on flight testing and later in Tulsa, Oklahoma, and San Antonio,



Sharon Kohn



Juanita Townsend

Texas. She ultimately returned to Long Beach, and worked on C-17 until her vision became an issue. She retired on medical disability in 2000.

Don attended California State University, Long Beach, where he received his bachelor's degree, and teaching credential. During his time at CSULB, he was diagnosed with Stargardts (a form of macular degeneration). The loss of vision greatly impacted his education, but with help from many people, including disabled students at CSULB, counselors at Braille Institute, and doctors at the Ophthalmic College, he was

able to complete his education, adapt to his disability and start his teaching career.

He moved into Leisure World, just over a year ago, after further loss of vision made it impossible to continue his job as a fourth grade teacher. Upon coming to LW, he found the Impaired Vision and Hearing Club, where he is currently a board member, and the Braille Institute support group.

On Thursday, Sept. 12, the Sunshine Club will host a workshop, "How to Build Balance," conducted by SilverSneakers

SUNSHINE, page 26



Cathie Merz, staff photo

Mobility Aids chair John Hlavac carts in two new four-wheel walkers to assemble and add to the Mobility Aids inventory.

GOLDEN AGE FOUNDATION

New rollators added to inventory

The Golden Age Foundation Mobility Aids program recently received eight new rollators that will be added to the inventory for lending to LW residents. The new four-wheel walkers with a seat and brakes were purchased with a \$1,219 grant from Run Seal Beach. In all 20 new walkers will be purchased with the grant money.

Mobility Aids has over 1,600 rollators in its inventory. Some are well-used and will be replaced with the new ones.

Many mobility aids are never returned, however they are still included in the inventory. Anyone knows of equipment that is no longer in use by the person it was loaned to should call the GAF at 431-9589. All the equipment is labeled the property of Golden Age Foundation.

Residents of Leisure World can borrow a variety of mobility aids Monday-Friday, 12:30-2:30 p.m., at the Mobility Aids Store-room located in Clubhouse 6 on

MOBILITY, page 26



Join us for an evening of entertainment

Don't miss the last concert of the summer

Hello Again. A night of fun with some of your favorite songs. Tribute to Neil Diamond, America's Diamond Live on September 12th at the Leisure World Amphitheater. We can't think of a better way to wrap up the summer.

Stop by the OptumCare® and UnitedHealthcare® tables before the show to pick up a giveaway.*

*Free gift without any obligation

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- Tribute to Neil Diamond
America's Diamond Live
- Leisure World Amphitheater
 - Thursday, September 12th
 - Show starts at 7:30 p.m.

In sponsorship with:





New Y Service Club officers for 2019-2020 are Sandra Hatch (l-r), treasurer; Gene Vesely, first vice-president; Bill Denton, second vice-president; Dianne Hart, president; and Margaret Humes, outgoing president. The American flag in the background is one of many donated by the club.

Y Service Club has new slate of officers for 2019-2020

The Y Service Club installed new officers for 2019-2020 at its monthly meeting on Aug. 21. The new officers are President Dianne Hart, First Vice-President Gene Vesely, Second Vice-President Bill Denton, Secretary Corey Andrews and Treasurer Sandra Hatch.

Last year club members volunteered over 2,500 hours helping shareholders with non-professional household tasks. The club is grateful for the devoted service of Margaret Humes who led the group as president for the past eight years. Her passion for helping others and great sense of humor are an inspiration to club members.

The Y Service Club meets the third Wednesday beginning at 7:30 a.m. in Clubhouse 3, Room 2. All shareholders are invited to attend to learn more about the club's service to the Leisure World community.

American Legion hosting flea market

American Legion Post 327 is accepting small donated items on Sept. 13 from 5-8 p.m. in Clubhouse 2 for its 2019 flea market. The Legion's goal is to support military retired, reserve and active duty personnel. Funds earned at the 2018 flea market gave financial assistance to many of the 4,800 active Coast Guard families who did not receive wages during the government shut down. Your donations make a difference.

Vendors, there are still a few tables available for the event on Sept. 14. For additional information, call La Brenda Carson at (424) 263-0514.

The Post is also sponsoring Super Bingo on Sunday, Sept. 29. Tickets, \$15, are on sale in Clubhouse 2 every Sunday at 12:30 p.m. Purchasers will be able to pick their special seats for the day. Bingo pots for the 10 main games will be \$100 each. Special refreshments will be served. For more information, call Lee Eslinger, (310) 491-8990.



Partyline
Plus

THE Y SERVICE CLUB sells MiraFiber cloths to raise funds to send kids to camp. The MiraFiber Cloth plus water will clean any surface without chemicals. The cost is \$6 each or five for \$25. Call Glenna Hoff, 296-5040. This is an ongoing project.

Bond market is topic on Sept. 10

The Investment Forum will meet Tuesday, Sept. 10, at 2 p.m., in Clubhouse 3, Room 6. The presentation will be "What's Going on With the Bond Market?"

The presentation will shed some light on bond basics; what's weighing on the bond market right now; how the stock market influences bond yields; and other dynamics currently impacting bonds.

Presentations are sponsored by Stratos Wealth Management Group.

Bingo played on Sundays, CH 2

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

On Sept. 8 the games will be hosted by the Gadabouts.

The New York Club hosts the first Sunday of the month; Gadabouts, second Sunday; St. Therese of Holy Family Parish, third Sunday; and the American Legion the fourth and fifth Sundays.

Empanadas, tamales served tomorrow, 11 a.m.

The American Latino Club will have a get together on Friday, Sept. 6, in Clubhouse 4, at 11 a.m. There will be mariachis and entertainment. Chicken, ham and cheese, beef, and/or spinach empanadas, pork tamales with red chile, chicken tamales with green chile and lemonade will be served. Members will bring side dishes and desserts for six people.



Bus departs for Pauma Sept. 11

The bus to Pauma will return to Leisure World on Wednesday, Sept. 11. Pick up is at Clubhouse 4 at 7:30 a.m. and at the Amphitheater bus stop at 7:45 a.m.

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BOARD OF DIRECTORS

Navigating GRF website to find minutes, more

Starting this month, Golden Rain Foundation meeting minutes will be posted on the GRF website in lieu of being printed in the LW Weekly to save printing and distribution costs, and reduce redundancy in the paper.

Printing the full GRF minutes in the LW Weekly required between 40-48 pages a year with a printing cost of nearly \$5,000.

To satisfy provisions of the Civil Code, copies of the draft and approved GRF Board minutes will also be available upon request at the GRF reception desk in the Administration Building.

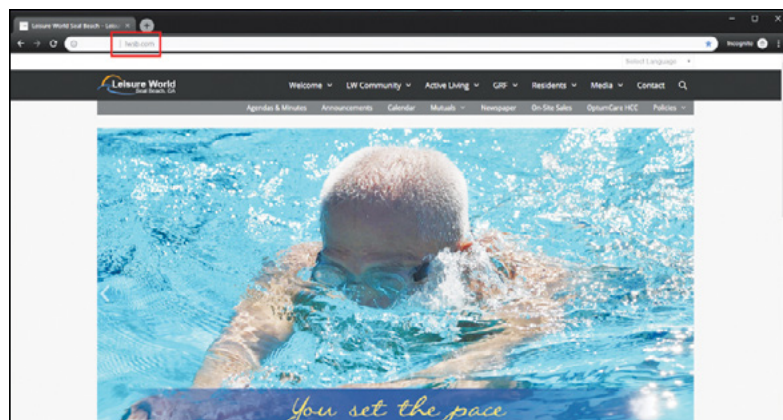
A summary of the GRF Board meeting will be printed in the LW Weekly each month. The steps at right show how to navigate the GRF website, where meeting times, agendas and minutes can be easily found.

GRF Recreation newsletter ready

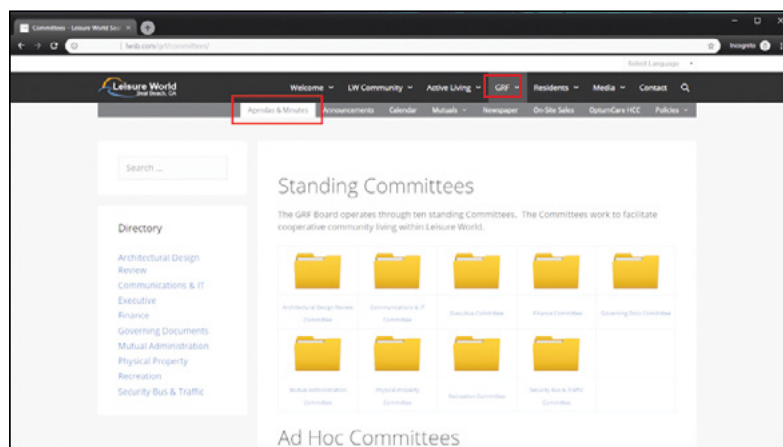
The GRF Recreation Department, in conjunction, with the LW Library, now has its September-October newsletter available for pick up.

See all the upcoming events for the month at a glance. Stop by the Library or the Recreation office in Building 5 for your free copy.

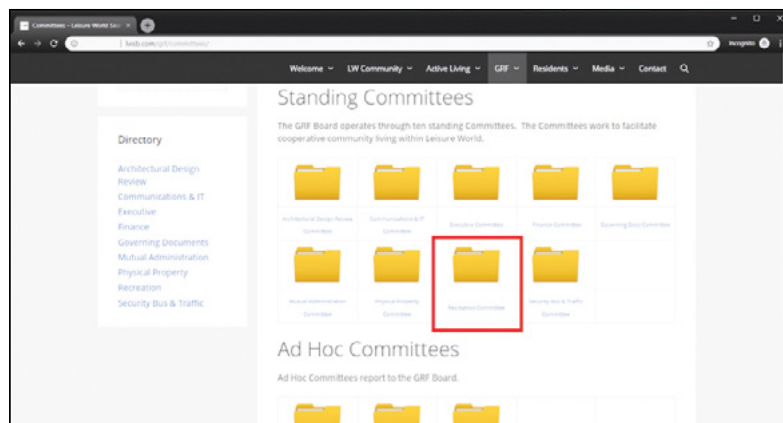
Step 1 - Navigate to www.lwsb.com in your web browser.



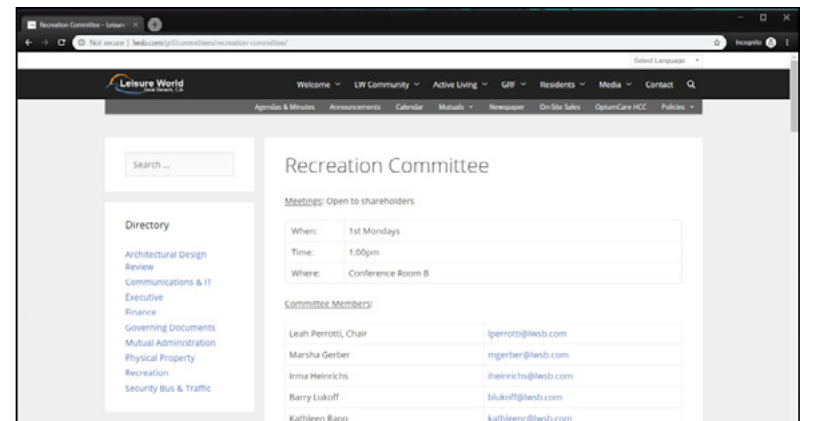
Step 2 - Click on GRF in Black bar for GRF board meetings or Agendas & Minutes in gray navigation bar for GRF committees.



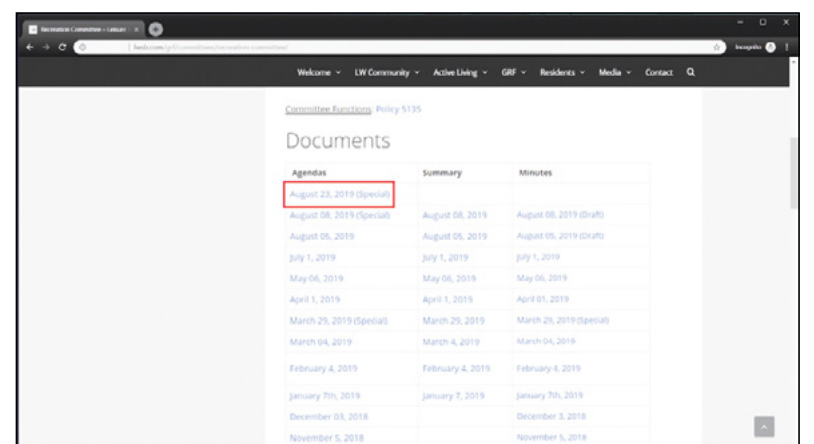
Step 3 - Click the folder of the committee information needed.



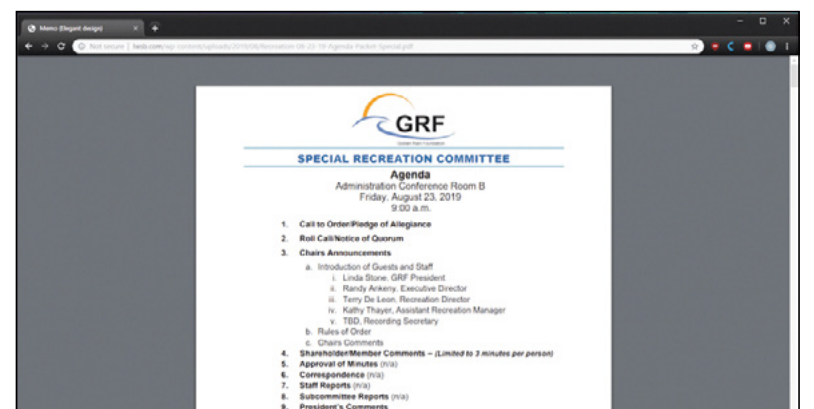
Step 4 - Each page has information regarding meeting time & location, board members, e-mail contacts, and agendas & minutes.



Step 5 - Click the blue link to open a meeting document.



Step 6 - The document will open in a browser window.



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LW DEMOCRATIC CLUB

Josh Lowenthal will be guest speaker on Sept. 18

Leisure World Seal Beach Democratic Club will welcome Josh Lowenthal as its guest speaker on Sept. 18. The meeting will be held in Clubhouse 4 at noon.

Lowenthal, president of *FreeConferenceCall.com*, is responsible for its overall business strategy, including all retail and wholesale operations, global expansion strategy and sales, marketing and business development. Since joining the company in 2010, Josh has been instrumental in helping it grow exponentially across 60 markets on five continents, connecting more than 40-million callers each month. The company is the most recognized retail brand of conferencing and collaboration services on the planet.

Though he comes from a family of elected officials (his father is Congressman Alan Lowen-



Josh Lowenthal

thal and his mother previously served on the Long Beach City Council) and was the Democratic candidate for the 72nd California Assembly District in 2018, Lowenthal is best known as an entrepreneur, consumer advocate and business owner. With a long, successful track record in technology and telecom start-ups, Josh has traveled to nearly 100 countries around the world to understand consumer needs across variable markets to grow

his businesses.

Prior to joining *FreeConferenceCall.com*, Lowenthal served as founder and CEO of various telecommunications start-ups. Lowenthal earned a bachelor's degree from Cornell University and attended the University of California, San Diego, where he earned a master's degree in international affairs. He currently serves on the advisory board of directors at Children Today and lives in Huntington Beach, California.

Lowenthal has commented that growing up and working throughout the world, launching and growing multiple business ventures, volunteering in his community and raising three children has exposed him to life's challenges and taught him many lessons. Foremost among them is that creative solutions are born not from recycled ideas but from broad experience, collaboration, a willingness to embrace innovation, and that standing up for yourself and others is a crucial public responsibility.

Main Gate
594-4754

SCHMOOZE CLUB

Schmooze Club celebrates new year

The Schmooze Club will begin the Jewish new year 5780 with schmoozing on Tuesday, Sept. 10, at 10 a.m. in Clubhouse 3, Room 9. High Holiday refreshments will be served followed by a special program at 10:30 a.m. to start the new year together in a joyous way.

Italian sensation Yossi Rodal, entertainer and rabbi, will give a free performance.

Rabbi Shmuel Marcus, beloved, dynamic friend and teacher, will blow the shofar. Invite friends, especially people new to Leisure World, to join members for a great morning of music, entertainment and camaraderie.

All Leisure Worlders and guests are welcome. Donations are gratefully accepted. Call Darlene Rose, 347-8088, with names for Main Gate entry.

MINIBUS

Orientation sessions are today

The Golden Rain Transportation Department will conduct informational meetings on using the Minibus service from 10-11:30 a.m. and 6-7 p.m., today, Sept. 5, in Clubhouse 3, Room 3.

The sessions are for shareholders who want to learn about Minibus system routes, timetables and other transportation options available in Leisure World.

"Learn the Route," previewing the "D" route, will follow the 10 a.m. session. The ride-along is limited to the first 17 participants

and takes one hour.

For more information, call Fleet Manager Grant Winford at 431-6586, ext. 372.

YIDDISH CLUB

Miriam Hoffman is topic tonight

The Yiddish Club of Leisure World will meet at 7 tonight, Sept. 5, in Clubhouse 3, Room 2. The topic will be the well-known Yiddish teacher, play-writer and journalist Miriam Hoffman.

After new words and proverbs in Yiddish are introduced, President Ykob Basner will tell about the life and creations of Hoffman and her articles will be read.

Refreshments will be served after the program.



NIKKEI CLUB

Elder law exec is guest Sept. 14

Judd Matsunaga, of Elder Law Services of California, will be the speaker at the Nikkei Club meeting on Sept. 14, at Clubhouse 3, Room 1. Everyone is urged to arrive by 11:15 a.m. for the pre-ordered lunch before the presentation, which will begin at 12:30 p.m.

Matsunaga conducts various classes/workshops throughout the Southland, geared for seniors, mainly, because they are so easily manipulated and fleeced of their valuable assets. He is also a frequent contributor to the local newspapers such as the *Rafu Shimpo*, writing about senior care, financial matters and laws relating to seniors.

He also conducts seminars related to living trusts. It's important for all Leisure World residents to complete their living trusts, if they haven't already. Many residents who have recently moved into LW may have put off updating certain portions of their existing trusts. Time can pass so quickly.

Matsunaga will give insight into what elders must take care of now, before it's too late, so families will not have to go through probate for certain property, after death. Probate can take years to resolve and be very costly for those involved.

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Obituaries

Space is available for obituaries of residents and former residents.

- An “In Memoriam” column is available free of charge. Limited to name, mutual number and date of death.
- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
- A “Card of Thanks” section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

LW COIN CLUB

Coin collecting hints given at Sept. 11 meeting

The Leisure World Coin Club will meet Sept. 11 at 1:30 p.m. in Clubhouse 3, Room 2, to hear member and coin dealer Andy Kmint discuss his “Useful Hints for Coin Collecting.”

As there are so many different coin series, from the multitudes of countries over the last two millennia, multitudes of denominations, different metals and papers used, a wide range of values, it is near impossible to collect more than a mere sliver of those categories. Where do you start, how do you try to be selective, and where do you look? People collect coins and bills based on their personal interests, financial ability, available time, and just for fun.

The August speaker exposed one place we should all be looking — in pocket change for one specific brand new coin, the 2019 quarter issued by the West Point mint. It will have a tiny “W” mint mark just below “In God We Trust” on the face of the coin. Instead of issuing new collectable coins through coin dealers, the mint shipped some 3 million shiny new quarters directly to banks for distribution into circulation. As the coins wear out during circulation currently fetched coins will be more valuable than worn out coins found years into the future.

Join members Wednesday to hear how to find one that piques your interest.

•••

In Memoriam

William Hartsfield 86
Ralph Osborn 90
Defydd Innes 76
Martha McKenna 100
Margaret Ferrell 52
Kay Anderson 81
Melvin Jackson 21
Bernadine Acholonu 56
Olivia Avery 95
Robert Brizendine 74
Renate Schoedl 82
Linda Howard 73
Franco Doardi 77
Evelyn Johnson 65
Kay Anderson 81
Mary Wilson 79
Rafael Alan Alcantara 55
Margaret Ferrell 52
Families assisted by
McKenzie Mortuary,
961-9301
—paid obituary

E-mail Obituary Notices to
cathiem_news@lwsb.com
with photos attached as jpg files.

RELATIVELY SPEAKING

English nephew pays visit to SB

Lisa Dickson, Mutual 1, recently received a visit from her nephew who is a medical technician in England.

She took him to Seal Beach to stroll along the boardwalk and watch the surfers brave the giant waves. They had a picnic and after lunch played gin rummy and Crazy Eights.

Her nephew was impressed by the beauty, the peace, order, fun and laughter. “No wonder you love Seal Beach,” he said with his British accent.

Lisa commends the City of Seal Beach for maintaining the well-kept beach and doffs her hat to the City Council for its endless efforts.

Lisa says she enjoys helping clean the beach and meeting the enthusiastic volunteers who help maintain its beauty.



Joyce and Phil Vlaic enjoyed the end of summer celebration at Alamitos Belmont Rehabilitation Hospital for its patients, their families and staff. It included two pigs, tons of Hawaiian food, enormous cakes, continuous music, hula dancers, door prizes, a jumper for the kids, a fun photo booth for everyone, plus lots of colorful clothing.

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News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Joshua 1:7-9

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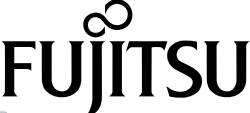
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Mark Chung

Gulliermo (Willie) Ortega passed his Federal Communications Commission (FCC) License Exam on Aug. 24. The test was given at Clubhouse 3. Radio Club President Midge Bash (W6LIK) hands Willie the certificate for his Radio License, with Willie's utmost gratitude, as English is his second language. He overcame barriers by studying hard and attending several weeks of the interactive webinar class offered by the Radio Club and taught by Midge. His test result was one of the highest in Leisure World. Willie is a sign language expert, a volunteer for the La Palma Police Department and a CERT member, dedicating his free time to help the LW community. Anyone can become a licensed amateur radio operator by attending the November technician license classes by webinar from home. For more information, contact Midge at bashgambol7@gmail.com.

Video Producers

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, creating and editing videos, Janice Laine. For more information, stop by the club room in Clubhouse 3, Room 12, from Monday-Friday from 10 a.m.-noon.

FUND RAISER 'Rat Pack' performs at fund raiser Oct. 5

The fifth annual Rollin' with the Rat Pack Casino Night Fund-raiser will be held from 6-10 p.m. on Saturday, Oct. 5, at the Scottish Rite Event Center, 855 Elm Ave., Long Beach, 90813.

Tickets are \$100 per person and the theme is "Rat Pack," best-dressed prizes will be awarded.

The event includes gourmet food from local restaurants, a raffle and silent auction, two drinks, professional entertainment and starter casino chips.

Proceeds will benefit the non-profit organization The Rock Club-Music is the Remedy, dedicated to improving the lives and well-being of veterans, at-risk youth and other groups through music instruction, education and mentoring.

RSVP by Sept. 28.

For more information and to RSVP, contact (866) 597-1116 or katherine@musicisitheremedy.org.

PREP from page 6

with disasters. Stay one step ahead of emergencies by signing up for AlertOC today.

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We just don't know when or what kind it will be.

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Faith-based organizations are a vital part of our community. When disaster strikes, houses of worship become safe havens in the neighborhood.

ReadyOC hosts free Ready Sunday events to ensure that churches, synagogues, mosques, temples, and community organizations are prepared. Also, encourage congregants to register for AlertOC and save your location as a secondary location to receive notifications.

You can also create an emergency kit for your congregation and designate a shelter-in-place interior room, as well as exterior meeting locations.

—Eloy Gomez
GRFSafety/Emergency Coordinator



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SEPTEMBER 10 **BUDDY HOLLY REVIEW**
BUDDY HOLLY TRIBUTE



SEPTEMBER 17 **TURN THE PAGE**
BOB SEGER TRIBUTE



SEPTEMBER 24 **THE HEART OF ROCK & ROLL**
HUEY LEWIS & THE NEWS TRIBUTE



OCTOBER 1 **THE JUKEBOX KINGS**
BILLBOARD HITS OF '65 - '75



CHOICES THE BUFFET

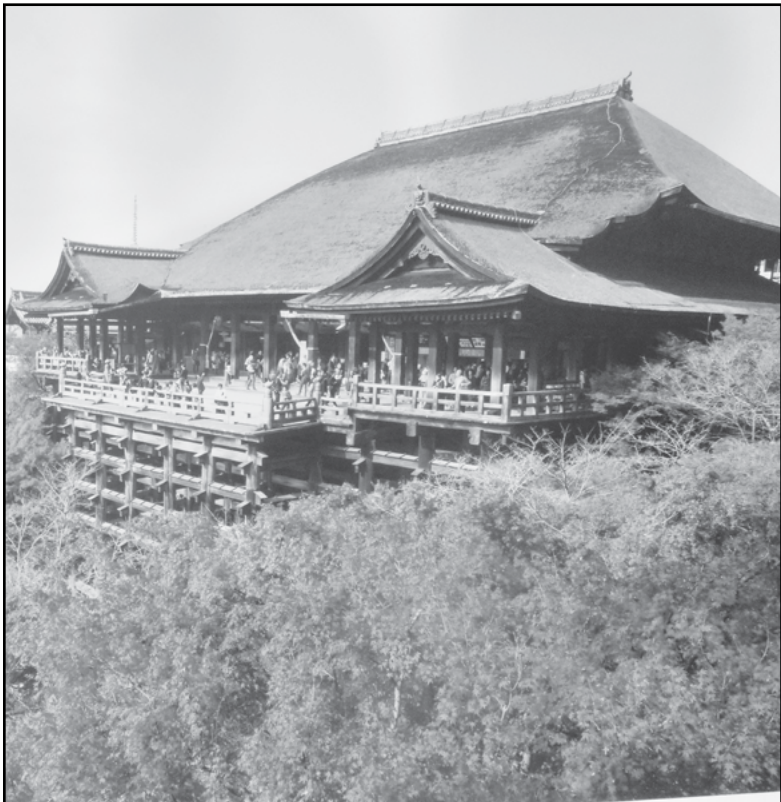
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Travel



Kiyomizu-dera shrine located in Kyoto, Japan

TRAVELING TIGERS

Traveling in Japan with LaCascia

The Traveling Tigers will meet on September 18 in Clubhouse 3 Room 9 at noon. There will be a potluck lunch for members followed by a 1:15 p.m. talk by Dave LaCascia on his recent three-week trip to Japan. Guests are welcome at the talk and must RSVP by calling 795-9151. Dave’s talk will include tips on traveling to and within Japan. Pictures will be shown of palaces, castles, gardens, shrines, sekiyama sakura trees (cherry blossoms), and other notable sights like Mount Fuji and Shinkansen (bullet train). Many brochures, pamphlets and other paper memorabilia will be available to view.



On the Go

Day Trips
Harrah’s Rincon - Thursday-Monday, no Tuesdays or Wednesdays, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457
Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579
Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free
Overnight Trips
Enchanting Canyonlands – six days, Sept. 19-24, featuring Zion, Bryce and Capitol Reef national parks, Cedar Breaks, Escalante-Grand Staircase, David Nell/Good Times Travel, (888) 488-2287
Colors of New York and Niagara—seven days, Sept. 25–Oct. 1, featuring Niagara Falls, Fingers Lakes, Berkshires, Norman Rockwell Museum, Corning, Toronto. David Nell/Good Times Travel, (888) 488-2287



The Royal Gorge Route Railroad

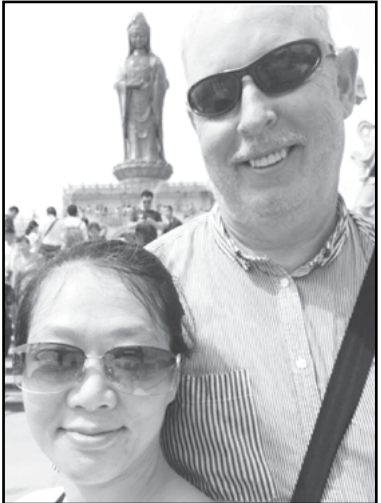
Explore Colorado's Royal Gorge Region

A popular tourist destination is Cañon City, Colorado, just two hours south of Denver. This is where the Royal Gorge Route Railroad train departs, and where the adventure begins. Cañon City is a small town of about 16,500 people that straddles the Arkansas River. While still pleasantly low-key, it's an increasingly popular stop along U.S. Route 50. Once the train departs patrons will be able to admire the 1,000-foot sheer high walls as the train travels along the greater Royal Gorge region, named for the 10-mile-long canyon at the edge of the Rocky Mountains
Once boarded onto the train from Cañon City, black-clad servers will walk through the narrow aisle of the different dome cars, balancing platters as the stark Arkansas River landscape chugs outside the curved windows. A full menu is available that includes plates such as prime rib, blackened salmon, Colorado Wellington, vegetarian Wellington and the classic bacon and eggs breakfast among many more plates to choose from.

- Things to do:**
- Visit the Le Fuselier Farm Winery at Spring Creek Vineyards, Legatum Cellars, or Winery at Holy Cross Abbey winery Le Fuselier Farm Winery at Spring Creek Vineyards. **Le Fuselier Farm Winery at Spring Creek Vineyards:** 1702 Willow St. Canon City, Colorado, (719) 285-5550, www.site.coloradograpes.com. **Legatum Cellars:** 1704 Willow St; Cañon City, CO 81212, (719) 210-7971, www.coloradowine.com. **Winery at Holy Cross Abbey:** 3011 U.S. 50, Cañon City, CO, (719) 276-5191, www.abbeywinery.com
 - View dinosaurs at the Mesozoic era at the **Dinosaur Experience:** 44895 W U.S. 50, Cañon City, Colorado 81212, (719) 275-2726, www.dinoxp.com
 - Browse the **Gold Mine Rock Shop:** 0028 County Road 3A, Cañon City, CO, 81212, (719) 276-9353, www.thegold-minerockshop.com
 - Walk across the Royal Gorge Bridge



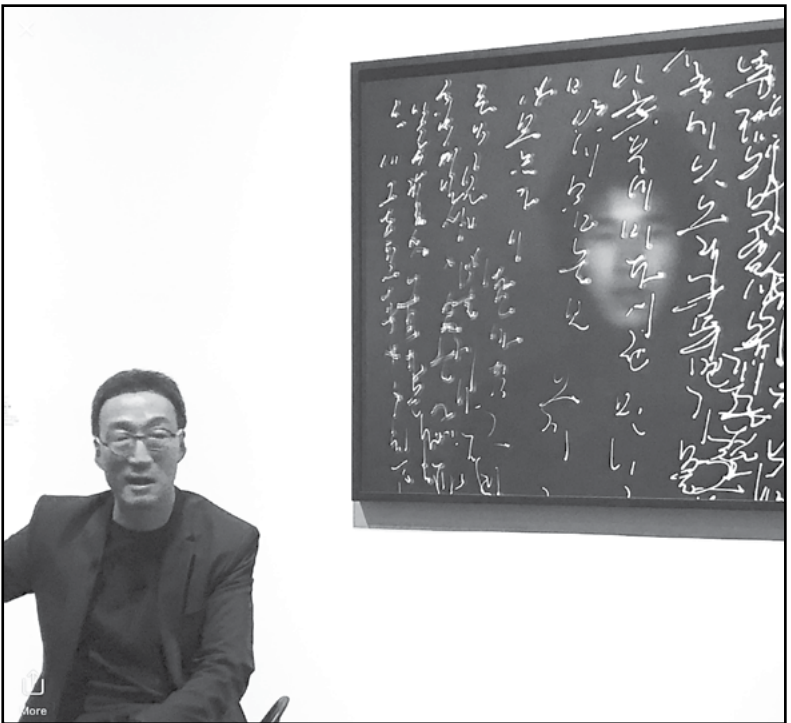
The Green Tara located on Mercy Budda Island



Min Chen and Peter Meuter in Mercy, Shanghai

Travelling in Shanghai

Peter Meuter and spouse Min Chen of Mutual 9 traveled to Shanghai and the surrounding areas to visit historical points of interest such as Budda Island on the East Coast South of Shanghai.



The artist Kim Jongweon with one of his works

Korean Calligraphy exhibit

By, Leila Claudio
LW contributor

My niece, Jennifer Pilapil invited me to view the “Beyond Line: The Art of Korean Writing” exhibit at the LA County Museum of Art (LACMA), Resnick Pavilion. Her friend, Dr. Virginia Moon is the assistant curator of Korean art.
Uneducated in Korean history, its art forms and customs, I was excited to view this event, hoping to catch a glimmer of understanding of what it is that contributes to the soul of Korea.
The show encompasses 2,000 years of calligraphist writers, members of royalty, diplomats, scholars and monks. The show demonstrates the importance of calligraphy in Korean history, culture, identity and how it developed as an art form.
Korean calligraphy has its roots in Chinese calligraphy which use pictograph characters known as “hanja.” In the mid-15th century, King Sejong invented the phonetic Hangeul which comprise a lesser amount of characters than Chinese. Designed to encourage

Puzzles & Comics

Answers on page 26

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

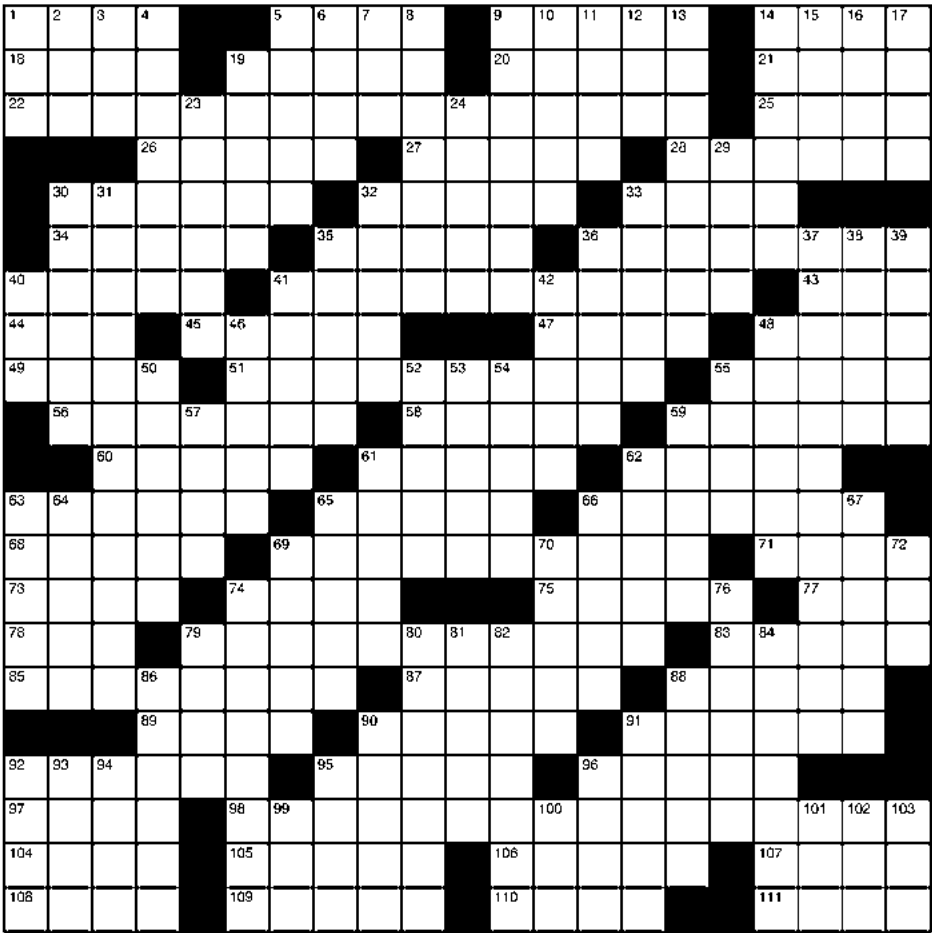


Mommie Dearest

Edited by Linda and Charles Preston

ACROSS

- 1 Once more
5 Get a move on!
9 Ballroom dance
14 Norse literary works
18 Roster
19 Sock away
20 Get ___ on
21 Military mess?
22 David's frail mother
25 Do a cotton-picking job
26 Jelly item
27 Allude (to)
28 Type of type
30 Seats
32 Rocker Eddie Van ___
33 Old Glory feature
34 "... rosebuds while ___"
35 Small songbird
36 Hawthorn hedge
40 "Hedda Gabler" penner
41 Juliet's not-so-motherly mother
43 Sticky stuff
44 Bon ___
45 Author Zola
47 Albanian coins
48 Existed
49 Before; abbr.
51 Berthe's suicidal mother
55 Moore's "___ Rookh"
56 Open gratings
58 Concord
59 Ground
60 Snooped
61 Groom preceder
62 "Beer Barrel" dance
63 Hallowed place
65 Motorless craft
66 Sentence stoppers
68 Clapton hit
69 Scarlett's gentle mother
71 Wine center
73 NW France river
74 Shadow
75 "Mon ___": Tati role
77 Football pos.
78 Stag party people
79 Jo's exemplary mother
83 "Frasier" brother
85 Brunch choice
87 Aiello or DeVito
88 Rose extract
89 Solemn promise
90 TV satellite
91 Long-handed racket
92 Campers' fuel
95 home: dine in
96 Prescribed doctrine
97 Schlep
98 Her dog had none
104 Presley's middle name
105 Sea duck
106 Fencing swords
107 Muscat's location
108 Mercedes ___
109 Fashionable gowns



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9/1/19

- 110 Shower
111 Hindu discipline

DOWN

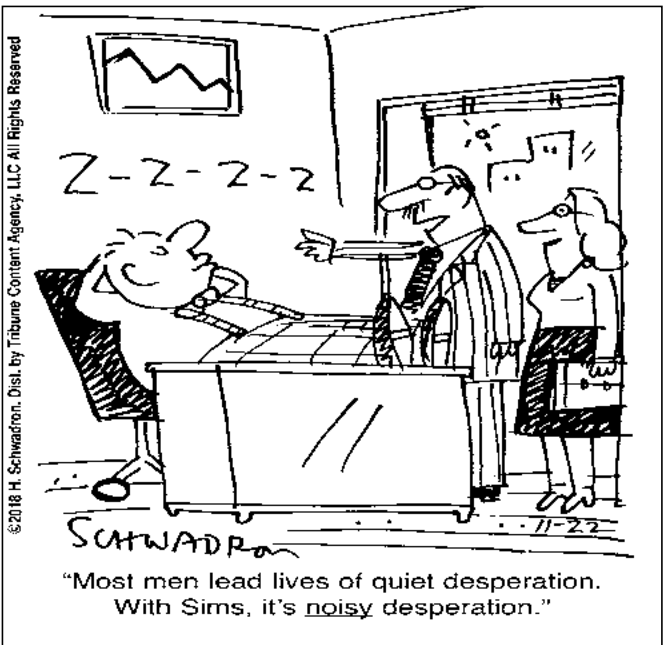
- 1 Rainbow curve
2 Cambodia's Lon
3 Letter from Greece?
4 Military exercise
5 Ceases
6 Point of land
7 Cobra cousin
8 Spa offering
9 Crisp fabric
10 Extrinsic
11 At no time, poetically
12 "My ___ Sal"
13 Curiosities
14 Set sail
15 Give a hand?
16 Surrealist of note
17 One of the Waughs
19 Chilling
23 French three-stage rocket
24 Memento of the past
29 Diplomat's asset
30 Bionic being
31 Mother of Pearl
32 ___-Bed: sleep sofa
33 Sullen
35 Date producers
36 Question
37 Lolly-Baby's self-sacrificing mother
38 Bogart, in "High Sierra"
39 ___ the boards: act
40 Mischief-maker
41 Neutralized the lawn
42 Denture or dish
46 Free-for-all
48 Small part in a play
50 Macho
52 ___-Jones, English painter-designer
53 Shallot kin
54 Television
55 Caron film
57 Director Wertmuller
59 Aesopian conclusion
61 Bullet, in Brest
62 Sit
63 Replay tech.
64 Muslim women's area

- 65 Weather conditions
66 Violet's cousin
67 Solid figure
69 Terra firma
70 Bugle and cornet
72 Stomach muscles, for sh
74 Covered with "body art"
76 Put in a crypt
79 Stingy
80 City desk types
81 Corday's victim
82 One more
84 Birth announcement
86 Lyricist Hart
88 ___-eyed: watchful
90 Not so wild
91 Myron of comedy
92 Brief effort
93 Made tracks
94 Town on the Thames
95 Taro root
96 Helmut's three
99 52, to Fabius
100 Fed. emissions watchdog
101 First of a Latin trio
102 Tattered tog
103 Incriminating evidence

Sudoku

9			4	6				1
7		8		3		2		5
3	2		6		4	7		
		4	3		1		2	6
5		2		4		9		7
6				1	5			3

9 To 5 By Harley Schwadron



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PAR SCORE 250-260
BEST SCORE 345

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players' Dictionary, 5th Edition.

1. A1 E1 E1 E1 D2 W4 S1
2. A1 E1 U1 G2 H4 D2 J8
3. A1 E1 T1 N1 N1 R1 T1
4. A1 I1 O1 R1 L1 D2 T1
5. A1 E1 U1 P3 N1 R1 D2

1. Triple Word Score
2. 3rd Letter Double

The Observer Crossword Puzzle

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

GILCO
NOCAG
DYNEOK
RUJINO

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Check out the new, free JUST JUMBLE app

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

GOLF
from page 10

A Flight Winners:
First place: Sam Choi, 67; 2nd: Dave LaCascia, 68; third place, Gary Stivers, 70; fourth place: John Meyer, 71; fifth place: Bill McKusky, 72. B Flight Winners: First Place: Jim Dickerson, 78.
Birdies were recorded by Dave LaCascia and Gary Stivers. Closest to the pin on the par 3-7th hole was Sam Choi and on the par 3-15th was John Meyer. The golfer with fewest putts was Dave LaCascia at 27 for 18 holes.
Monday and Friday Golf Clubs play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. REMEMBER: ladies, friends, spouses and family are all welcome. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts. Holes-in-One, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.

-Dave LaCascia

CALLIGRAPHY
from page 22

literacy in the country, it was first embraced by women, then the middle and lower classes, finally spreading to the upper crust. It now symbolizes its intellectual and ethnic heritage, a uniquely Korean alphabet, distinct from Chinese or Japanese.
What surprised me was learning that there was a slave class called Nobi in Korea. Proof of this was in two slave letters that are being shown outside of Korea. In fact, special permission was asked from the Korean government to allow the works to leave the country and 'Beyond Line' is the result: the first exhibition of its kind outside of Korea.

Artists are now seeking ways to make calligraphy more modern and contemporary by making use of digital, graphic designs and photography. Along with the exhibit, we were also fortunate enough to attend a lecture and interview of artist Kim Jongweon conducted by Virginia Moon. A classically trained calligrapher, he is now seeking to find new ways of expressing the art.

The exhibit runs until Sept. 29. For tickets visit <https://www.lacma.org/art/exhibition/beyond-line>, or purchase tickets at the museum kiosk.

LACMA: Resnick Pavilion, 5905 Wilshire Blvd.

Hours of operation are Monday, Tuesday and Thursday, 11 a.m.-5 p.m.; Wednesday, closed; Friday, 11 a.m.-8 p.m.; Saturday and Sunday, 10 a.m.-7 p.m.

Laughing for the health of It

Bev Bender brings her laughter program to the Health Center on Sept. 11 at 1:30 p.m. Laugh your way to better health, laughter is the best medicine with only positive side effects. This program is guaranteed to be uplifting. The focus is to show how easy it is to have fun in a not so funny world. Attendees will leave with a smile on their face.

Bev is a gerontologist and certified laugh leader. She also has a degree from the University of Stop Acting Your Age. All are welcome.

For more information call Bev Bender at 594-9148.



Bev Bender

OPTUMCARE
from page 9

than two weeks, it may be time to check in with your doctor," Shiori added. "The earlier you catch it, the earlier you can start on a path toward a brighter future."

The workshop series starts on Sept. 12 and will be held in Conference Room 2 at the Health Care Center. It will meet the second and fourth Thursdays. If you would like to take part, call the OptumCare reservation line at (949) 923-3233.

Today's event at the HCC:
Thursday, Sept. 5: Breast cancer Support Group, noon-1:30 p.m., Conference Room 2

Upcoming events at the HCC:
Monday, Sept. 9: Diabetes Support Group, 10-11 a.m., conference room 1

Tuesday, Sept. 10: Alzheimer's Support Group, 10:00-11 a.m., conference room 2

Wednesday, Sept. 11: Laughing for the Health Of It, 1:30-2:30, conference room 2

Thursday, Sept. 12: Anxiety and Depression Support Group, 2-3 p.m., conference room 2

Friday, Sept. 13: California Telephone Access Program, 10 a.m.-noon, conference room 1

SCOREBOARD
from page 10

text Fred Reker at 615-898-0669. The next special event is Sept. 14, Club Championship.

-Fred Reker

...

Jolly Time Pinochle Club winners on Aug. 24 were: Diana Lambert 11,090, Jim Kaspar 9,650, Jim Dix 9,590, Gayle Colden 9,200. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

-Bert Sellers

...

Monday Bridge Club winners Aug. 26: First place, Maxine LaFleur; second place, Betty Leavitt; third place, Dale Quinn. Games begin at noon in Clubhouse 1. For more information, call Mary Nell Clark, 296-8570.

CHESS
from page 10
Solution to this week's puzzle:
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Redeemer Lutheran “God’s Work, Our Hands” 2019 team is ready to receive non-perishable items for OC Food Bank on Sunday, Sept. 8, from noon-2 p.m. Monetary contributions also being accepted for Seal Beach Animal Shelter, so all can be fed. Worship is at 10:30 a.m. with fellowship and food for all.

SUNSHINE
from page 15

certified exercise trainer Jessica Sackman. The workshop will be held from 10 a.m.-noon in Clubhouse 2.

During the workshop, attendees will learn about common risk factors; steps they can take to prevent falls; and exercises to

strengthen and improve balance. SilverSneakers is a program that focuses on maintaining good health and independence.

The club has frequent guest speakers from outside Leisure World who speak on various topics that enhance living in LW. The club does not endorse the speakers or their businesses. It solely provides information.

Any interaction with the business outside of the meeting is on-your-own.

Other speakers for September include, Megan Mar, physical therapist on Sept. 20, and Patty Mount, vice president of outreach and advocacy from Alzheimers’ Orange County on Sept. 27.

Arrive 5-10 minutes early to enjoy refreshments before the meeting begins at 10 a.m. Bring a cup for coffee and support the club’s “Save the Earth” program.

The club meets on Fridays in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first Friday in Room 9).

All shareholders are welcome to attend; no membership required. For more information, call Anna Derby at 301-5339.

HHUG collecting
items for homeless

Hearts and Hand United in Giving (HHUG), a local non-profit, donates clean used towels and washcloths, new disposable razors, toothbrushes, travel size shampoos, lotions, bath soaps and toothpaste to the Long Beach Multi-Service Center that provides a variety of services to homeless men, women and families in the community.

HHUG makes two deliveries every month.

If you have any of these items to donate, call Susan Hopewell at 430-6044 or Linda Neer at 430-3214 for pick up or leave on porch, Mutual 6, 1320 Mayfield Road, 62-A or Mutual 2, 1503 Merion Way, 48-A.

MOBILITY
from page 15

the first floor near the west exit.

In addition to rollators, the Mobility Aids programs has knee walkers, wheelchairs and transport chairs, all at no charge.

Tennis ball-style walkers are easier to maneuver inside an apartment. GAF has received an abundance of these lightweight foldable walkers from donations and gives them to those in need.

News copy deadline
is 4 p.m., Thursday,
one week prior
to the desired
publication date.

Classifieds

ANNOUNCEMENTS
PERSONAL

If you saw my 85 year old friend on bike get hit by car near Del Taco on Westmin on 7/8 about 2-3 p.m. please call 562-804-5625. Thank you. 09/05

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Puzzle Answers

Puzzle page 22

SCRABBLE G R A M S SOLUTION									
S ₁	E ₁	A ₁	W ₄	E ₁	E ₁	D ₂	RACK 1 =	61	
J ₈	U ₁	G ₂	H ₄	E ₁	A ₁	D ₂	RACK 2 =	107	
E ₁	N ₁	T ₁	R ₁	A ₁	N ₁	T ₁	RACK 3 =	57	
D ₂	I ₁	L ₁	A ₁	T ₁	O ₁	R ₁	RACK 4 =	58	
U ₁	N ₁	D ₂	R ₁	A ₁	P ₃	E ₁	RACK 5 =	62	
PAR SCORE 250-260								TOTAL	345

Crossword Answers

A	N	E	W		S	C	A	T		T	A	N	G	O		E	D	D	A		
R	O	T	A		S	T	A	S		A	L	E	A	D		M	E	A	L		
C	L	A	R	A	C	O	P	P	E	R	F	I	E	L	D	B	A	L	E		
			G	R	A	P	E		R	E	F	E	R		I	T	A	L	I	C	
	C	H	A	I	R	S		H	A	L	E	N		S	T	A	R				
	Y	E	M	A		P	I	P	I	T		Q	U	I	C	K	S	E	T		
I	B	S	E	N		L	A	D	Y	C	A	P	U	L	E	T		T	A	R	
M	O	T		E	M	I	L	E			L	E	K	S		W	E	R	E		
P	R	E	V		E	M	M	A	B	O	V	A	R	Y		L	A	L	L	A	
	G	R	I	L	L	E	S		U	N	I	T		M	I	L	L	E	D		
	P	R	I	E	D		B	R	I	D	E		P	O	L	K	A				
S	H	R	I	N	E		C	A	N	O	E		P	E	R	I	O	D	S		
L	A	Y	L	A		E	L	L	E	N	O	H	A	R	A		N	A	P	A	
O	R	N	E		T	A	I	L			O	N	C	L	E		L	H	B		
M	E	N		M	A	R	M	E		E	M	A	R	S	H		N	I	L	E	S
O	M	E	L	E	T	T	E		D	A	N	N	Y		A	T	T	A	R		
		O	A	T		H		T	I	R	O	S		C	R	O	S	S	E		
S	T	E	R	N	O		E	A	T		A	T		D	O	G	M	A			
T	O	T	E		O	L	D	M	O	T	H	E	R		H	U	B	B	A	R	D
A	R	O	N		E	I	D	E	R		E	P	E	E	S		O	M	A	N	
B	E	N	Z		D	I	O	R	S		R	A	I	N		Y	O	G	A		

Sudoku Answers

2	4	1	5	8	7	6	3	9
9	3	5	4	6	2	8	7	1
7	6	8	1	3	9	2	4	5
3	2	9	6	5	4	7	1	8
1	5	6	7	2	8	3	9	4
8	7	4	3	9	1	5	2	6
5	1	2	8	4	3	9	6	7
6	9	7	2	1	5	4	8	3
4	8	3	9	7	6	1	5	2

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: LOGIC CONGA DONKEY JUNIOR
Answer: She knew the difference between stratus, cirrus and cumulus and was — ON CLOUD NINE

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Estate Sale: 1290 Northwood Rd. 161-E. Thursday, Sept. 5, 9-3p.m. Dressers Queen Bed, Recliners, Minivan. 09/05

Big garage sale: patio set table and 6 chairs, new picture dresser adn much more, Sept 5 and 6 at Mutal 10, #243G 09/05

Estate sale Mutual 4, 47F, 1221 Knollwood, September 5th and 6th, Thursday and Friday from 9am to 2pm. Desk, tv stand, dressers, patio table and chairs, microwave, night stands, 2 fans, womens clothes size small, shoes 6, kitchen items and much more., Please come by and say Hi! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016

MISCELLANEOUS FOR SALE

For Sale: Portable washer and dryer, runs on 110 watts, drop leaf table and two chairs, queen size bed, apartment sized freezer. Call 562-252-9686 09/05

Adult three-wheel bike for sale. Used, \$150 OBO, Call Jan 562-489-5555 09/05

Beautiful Grandfather Clock, medium cherry wood for sale. \$3,000 or best offer. 562-252-9686 09/05

Nice three piece patio set. 30 dollars. Mutual 7. Call 310-291-1978 09/05

Electric Fireplace, free standing/ oak wood, Electra Fire Heat-N-Glow. Heat, fan, light, and flame controls. 51x17x42, \$500 OBO. Call 562-496-3652. 09/05

FREE ITEMS

Free to a good home: Sheet music of Irving Berlin, show tunes from the 30's, 40's and 50's. Call Sheryl at 951-231-0918 09/05

L.W. APARTMENTS FOR SALE

Lowest Priced: Two bedroom, two bathroom Corner. Seculded enclosed patio. M 2-44G asking \$239,000

Expanded one bedroom unit on gorgeous Greenbelt. Walk-in closet, walk-in shower. M16 on St. John #51B Asking \$165,000

The ultimate two bedroom two bathroom corner. A.C., washer and dryer, dishwasher, bay windows. Built in private office, drive-up location. Best buy at \$469,999. M14, #18G Call Mr. Hank for more info 562-743-8473

Brand new remodel! Mutual 14. Expanded two bedroom, 1.5 bathroom unit. "Feng Shui" design, all of the extras including a large patio. M14. 49 E. Reduced to only \$435,000. Call Carl for more info 661-810-9410

Leisure Living Resales, next to Wells Fargo Bank. 562-493-6601 Lic #636260. 09/05

LW - A NICE CORNER UNIT
13763 EL DORADO
MUTUAL 3, #16F
Fully Expanded,
Recently Remodeled
3 bay windows. 3 skylights
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+ Golf Cart w/new batteries
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NEW LISTING
2 BDR/1 Bath, Basic unit, facing South, private entrance. Cut down shower, lovely courtyard.
Mutual 6, 144E \$182,900

BEAUTIFUL GREENBELT
2 BDR, 1 1/2 bath, Gourmet cook's kitchen, 3 bay windows, washer/dryer. ...and more.
Mutual 12, 45D \$418,000

BASIC 1 BDR
on a nice greenbelt. Cut-down shower, skylights, fresh paint.
Mutual 3, 7C \$135,000

REDUCED MOVE-IN READY
2 BDR/1 1/2 bath, fully expanded corner drive up, washer/ dryer, dishwasher & more
Mutual 2, 19F \$339,000

REDUCED
Fully Expanded corner on a lovely greenbelt, Central A/C heat, skylights, built-in dishwasher & microwave, double pane windows, fresh paint.
Mutual 9, 208L \$279,000

PRICE REDUCED
Fully expanded, drive-up Corner, beautiful built-ins, Plantation shutters, A/C Heat Pump. Built-in Microwave and dishwasher.
Mutual 10, 256G \$279,000

Coming Soon
Gorgeous Greenbelt Corner
2BDR/2 Baths
Mutual 10, 246L

PRICE REDUCED
Beautifully expanded and up-dated corner with drive-up convenience, large tile new kitchen, Wood flooring, washer/dryer and more
Mutual 6, 56L \$340,000

PRICE REDUCTION
Partially Expanded 1 BDR/1 Bath Drive up convenience,
Mutual 11, 276i \$145,000

BEST BUY
2 BDR, 1 Bath Drive up, facing West. Very Private
Mutual 4, 52B \$165,000

2019 ESCROWS	
Mut. 9, 219F	\$175,000
Mut. 11, 282B	\$225,000
Mut. 17, 93S	\$369,000
Mut. 11, 284D	\$187,000
Mut. 9, 225F	\$195,000
Mut. 3, 29I	\$145,000
Mut. 9, 231E	\$175,000
Mut. 15, 1G	\$265,000
Mut. 2, 57C	\$145,000
Mut. 9, 210H	\$189,000
Mut. 5, 103K	\$225,000
Mut. 11 267H	\$179,000
Mut. 8, 183E	\$220,000
Mut. 17, 93A	\$369,000
Mut. 11, 284D	\$189,000

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2 Bedroom 2 Bath, Greenbelt Views
Skylights, Upgrades, Charm -
1320 Kenwood 158B
Mutual 7 - \$299,500



Cleaner than Brand New - 2 Bedroom 2 Bath
Light and bright, Dual Pane Windows and Heat Pump
Greenbelt view, steps to parking and laundry
1811 St John Road 41E
Mutual 15 - \$269,000



Has it All - 2 Bed, 2 Bath
Drive Up Corner, Greenbelt View, Expanded Living and Master, Beautiful Hardwood throughout, Laundry, Central AC, Dual Pane Windows, Patio Entrance, Remodeled and Updated tastefully
1860 St. John Road 32A -
Mutual 15 - \$389,000



On the Magic Triangle in Mutual 11
Remodeled Kitchen and Bath, Laundry, Skylights, Central AC Dual Pane Windows, Laminate Floors, Spectacular
13100 Shawnee Lane 280J
Mutual 11 - \$318,000



2 Bedroom, 1 Bath and Better than Basic
Skylights, DW, 3 Zone AC, Fresh Paint, Large Storage Room
1261 Knollwood Rd 45J -
Mutual 4 - \$239,000



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Mutual 1 - 37L Annandale
2Bd/1Ba Expanded Corner Unit So-East Exposure on Greenbelt Super Bright, Laminate Floors Skylights, CLEAN. Carport space is close to unit, walk to shopping center!
Great Price Value \$214,900



Mutual 1 Very Private
RARE Extended 1Bd/1Ba, sits privately on greenbelt. South Facing, extra-large closet w/Carport and Laundry Steps away from unit!!
Perfect starter unit in LW



Mutual 14 with Curb Appeal
2Bd/1Ba Extended unit, NEW carpet, new paint, shutters, White kitchen, washer/dryer walk-in closet, skylights, tile patio w/stacked stone and storage closet. This special unit will be a Keeper!

FEATURED UNIT



Mutual 4 - 47h Knollwood
Gorgeous **2 Bedroom/2 Bathroom** Remodel sits on wide V-greenbelt, Chef kitchen, skylight, pantry, Washer/Dryer, laminate floors, Dual Pane Windows, Walk-in Closets, and Stainless Appliances.
Stunning! Tons of Details \$398,000



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M12	2Bd/1Ba	\$180,000	New Escrow
M12	2Bd/2Ba	\$343,950	Just Closed
M11	2Bd/1Ba	\$426,000	Just Closed
M16	1Bd/1Ba	\$140,000	Just Closed
M14	2Bd/1Ba	\$254,900	Just Closed



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Mutual 15, 1-D \$265,000
2-bedroom, 1-3/4 baths, expanded with small patio. Close to Main Gate, laundry and carport.



Mutual 1, 54H \$192,500
Beautiful expanded, 1-bedroom, washer/dryer, fresh paint, central heat/AC, dishwasher, built-in microwave, skylight in bath, dual-pane windows, wood shutters.



Mutual 9, 232K \$175,000
Cute 1-bed partial expansion, heat pump, close to carport. Move right in.

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\$459,000
M14 - 3B

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Beautiful golf course view and fully expanded remodeled home at 1st tee. This lovely home has 2 Bedrooms and 1.5 bathroom, and small patio. Bright and airy with four extra large sky lights in kitchen, bathroom, living room, bedroom and another small one in bedroom. Large bay windows in bedroom and living room, plantation shutters and new hard wood flooring throughout. Wonderful ocean breeze! Located in "Golf Course View" Leisure World. Enjoy Leisure World, resort style living. Amenities include 9-hole golf course, swimming pool, gym, table tennis, shuffle board, lawn bowling, amphitheater with shows all summer, post Office, pharmacy, health care center just a walk from your door. Community garden, library, and 6 clubhouses featuring singing and dancing, art room, sewing, crafts, wood shop, pool tables, and over 200 Clubs. Senior Living at it's Finest.

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Joanie Korman
LW Resident,
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Mutual 8 184K
2 Bedroom 2 Bathroom & Bonus Room
Fabulous Kitchen with Oversized Peninsula
Massive Greenbelt
Move in Ready
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Reduced to \$425,000



Mutual 6 64B
2 Bedroom 1 Bathroom
Expanded with Bonus Room, Front Porch
Move-in Ready
Central Air/Heat
\$275,000

Mutual 5 121L
2 Bedroom 1 Bathroom,
In escrow
Sold and \$395,000

Coming Soon:
M11 2 Bedroom 1 Bath
Corner, L Shaped
Patio, Drive up Parking.
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Barbara Diette-Dobias
(562) 754-5628
barbaradobias@gmail.com
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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 12-57-A \$349,000
GORGEOUS Setting and a Beautiful Home! Remodeled with 2 master bedrooms - 1.5 bath CORNER on a rare 4-plex building with a wonderful ocean breeze and a huge tree right in front! Tile floors through-out, Corian counters, smooth ceilings, skylights, bay windows, central heat/air, and fresh paint!



Mutual 11-268-K \$369,900
REDUCED ... **FABULOUS** One-of-a-Kind drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, smooth cathedral ceilings, crown molding, beautiful floors, recessed lighting, skylights, central heat/air, spa tub in master bedroom, side by side w/d and so much more



Mutual 15-23-R \$349,990
RESORT FEEL ... Totally remodeled upstairs unit overlooking a pretty green and tree-lined courtyard! Open concept living with everything new! Beautiful floors and counters, dual pane windows/sliders, stainless steel appliances, designer paint, central heat/air, washer/dryer, smooth ceilings, recessed lighting, and a balcony to enjoy the fabulous weather!



Mutual 7-153-A \$258,500
SOUTH FACING CORNER - 2 bedroom 1 Bath basic on a bright corner setting. Remodeled kitchen and bath with Corian counters, laminate floors throughout, WASHER/DRYER. Heat pump, I-shaped patio with storage, skylights, adorable beach cottage feeling with warm colors throughout. Don't hesitate, call us today!!



Mutual 7-168-E \$339,500
REDUCED ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.

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Mutual 1-40-L \$212,900
NEW LISTING ... South Facing - 2 Bedroom - 1 Bath Corner. Expanded living room, Laminate Floors, warm colors throughout plus a Heat Pump. Clean and Fresh, Move right in. Call Edwina Dimario, 562-706-7999 to see.



Mutual 9-218-F \$395,000
PRICE TO SELL ... Completely One-of-a-Kind Remodel! This elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



Mutual 1-19-C \$145,000
BACK ON THE MARKET ... Basic one bedroom with a beautiful view of a green and huge tree! Exterior wall has been raised, tiled patio and patio storage, new paint, cut-down shower, skylights, heat-pump and a total relaxing feel!



Mutual 17-47-A \$372,000
2 bed 2 bath Corner Condo



Mutual 16-54-B \$134,000
Basic one bed on a Fabulous Green

Check out our website sealbeachleisureworld.com for more listings and how to purchase in Leisure World Seal Beach



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Kathy Gupton



Gloria Hadley



Edwina DiMario



Vickie Van Ert



Mary Chittick



Diana Flores



Suzanne Ahn



Fay Wescott



Philip Bak

Mutual 3 4E	\$195,000	Enclosed patio , lam. floors, 2 skylights, heat pump
Mutual 2 10H	\$200,000	New windows , 2 large skylights, white bamboo wood floors
Mutual 1 40L	\$212,900	Expanded corner , clean, heat pump
Mutual 10 238F	\$240,000	Basic corner , wrap around patio, newer paint, carpet
Mutual 3 35B	\$258,000	Full expan. , washer/dryer, m faces south, lam. floors
Mutual 6 137C	\$258,000	High side expan. , washer/dryer, faces south
Mutual 7 153A	\$258,500	Remod. corner , south facing, washer/dryer, drive up
Mutual 2 60B	\$259,000	Full expan. , central air, plantation shutters, greenbelt
Mutual 9 235E	\$289,000	Full expan. , 3 skylights, 2 heat pumps, new paint, greenbelt
Mutual 15 40B	\$289,000	Atrium , cent.air, dual pane, lam. floors make offer
Mutual 10 241G	\$295,000	Btfl. expanded corner , cent. air, lam. floors, nice one
Mutual 6 137A	\$293,000	Corner , washer/dryer, cent. air, faces south
Mutual 9 237G	\$315,000	Btfl. expan. , washer/dryer, extra large skylight, smooth ceilings
Mutual 5 96G	\$318,900	Expaned corner , washer/dryer, lam. flooring, greenbelt
Mutual 5 110J	\$325,000	Btfl. remodel , skylights, a must see
Mutual 6 128G	\$329,000	Washer/dryer , dual pane, bay window, Corian counters
Mutual 7 168E	\$339,500	Full expan. , 1 1/2 baths, washer/dryer, cent. air, location
Mutual 12 57A	\$349,000	Remod. corner , cent air, 1 1/2 baths, very nice
Mutual 15 23R	\$349,990	Gorgeous , remodeled, 2 baths, washer/dryer

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Two-Bedrooms

Mutual 1 2F	\$369,000	Hardwood floors , new heat pump, faces south
Mutual 11 268 K	\$369,900	Complete remodel , washer/dryer, dual pane
Mutual 15 28G	\$389,000	Atrium , 2 baths, cent. air, remodeled
Mutual 9 218F	\$395,000	One of a kind , 2 bathrooms, washer/dryer, private location
Mutual 10 250A	\$469,000	1-3/4 baths , washer/dryer, fabulous kit., cent. air, special
Mutual 15 25F	\$476,000	1-3/4 baths , washer/dryer, cent. air btfl. remod.
Mutual 2 60G	\$495,000	Full expansion , 2 baths, washer/dryer, dual pane window

One-Bedrooms

Mutual 1 42J	\$148,000	Move-in condition , newer counters, paint, lam. floors
Mutual 9 212K	\$154,700	Great price , move in condition, large patio, skylight
Mutual 1 9D	\$157,500	Btfl. patio , laminate floors, clean, shows well
Mutual 10 247H	\$159,000	Light and bright , new paint, new flooring, new cabinets, skylight
Mutual 4 78B	\$159,900	Enclosed patio , drive up, skylights, lam. flooring
Mutual 9 212H	\$160,000	Lam. floors , dual pane windows, flared skylight kitchen
Mutual 1 23D	\$169,000	Very nice , expanded, wood flooring, skylights
Mutual 9 226D	\$175,000	One of a kind , must see, highly upgraded
Mutual 1 44B	\$179,900	Elegant , must see, expanded, great buy



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Mutual 1, 2F \$369,000

Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room with closet for extra storage, heat pump. Kitchen has built-in appliances, quartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, quartz counter. Expanded master bedroom with walk-in closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings, dual pane windows. This unit is move-in ready and a must see.



Mutual 5, 96G \$318,000

Lovely 2 bedroom 1 bath corner unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



Mutual 1, 42J \$148,000

1-bedroom 1-bath cottage. Convenient location close to shopping and front gate. This clean move-in-condition home features laminate floors, wider baseboard, kitchen with built-in appliances and newer counter tops. Bathroom has Hi-boy and newer counter tops. This home also features Heat Pump/AC, newer paint and verticals throughout.



Mutual 15, 28G \$389,000

Elegant 2-bedroom, 2-bath atrium. Living room has recessed lighting, free-standing electric fireplace and leaded glass door with side lights. Atrium has been remodeled for extra living space. Expanded and remodeled kitchen has custom cabinets with granite counters, stainless steel built-in appliances. Master bedroom has double wardrobe closet, recessed lighting and full second bath. Second bedroom has built-in shelving and ceiling fan. Master bath has new vanity with granite counters, large jacuzzi tub and skylight. This special home has double-pane windows, plantation shutters, central heat/air, hardwood flooring in living room, dining room and atrium, carpeting in bedrooms and hallway. Living room door opens out to a extra-large private patio with storage closet.



Mutual 10, 250A \$469,000

Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Fabulous kitchen with larger island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!



Mutual 4, 78B \$159,900

Charming 1 bedroom 1 bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.

NEW LISTING



Mutual 4, 48K \$255,000

Charming expanded 2-bedroom, 1-bath cottage is light, bright, cheerful, ready to move in and easy to fall in love with. The living room has textured walls accented by bead board and textured ceiling. The living room also has a ceiling fan and the wall is wired for cable TV and DVD player. The kitchen has white cabinets, some with pull out shelves and is equipped with a recycle bin and trash caddy. Kitchen counter tops are granite. Master Bedroom has a walk-in closet, textured walls and ceiling, mirrored wall and sliding glass door that leads to an added private patio. Bathroom had double sinks, granite counter tops and Solatube. Second bedroom has a ceiling fan. This home has a heat pump with A/C, laminate floors and vertical blinds throughout. Inviting wrap around patio overlooks a small greenbelt area and is close to parking. Special feature is the Private Patio off master bedroom and is perfect for barbecuing and entertaining family and friends.



Mutual 10, 247H \$159,000

Charming 1 bedroom 1 bath cottage with nice patio and large storage closet. Open living room with heat pump. Kitchen has newly painted white cabinets, built-in appliances, including dishwasher, skylight and ceiling fan. Bathroom also has skylight and newly painted cabinets. Entire units has been newly painted, newer laminate flooring and vertical blinds throughout. This light bright clean unit is in move-in-condition.



Mutual 1, 44B \$179,900

Charming 1-bedroom, 1-bath expanded cottage features spacious expanded living room with space for dining area, office space, additional sitting area, and wall air conditioning. Living room also has lovely leaded glass door with retractable screen, and double-pane windows with sheers and tie back draperies. Kitchen has white cabinets, built in Leisure World appliances, added dishwasher, under counter lighting, and ceiling fan. Bedroom has two closets with sliding glass wardrobe doors. Living room and bedroom have carpeting and bathroom and kitchen have vinyl flooring. This lovely fully expanded home has outside storage closet, overlooks a lovely greenbelt, has close drive-up parking and is near downtown LW.



Mutual 6, 128G \$339,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



Mutual 9, 237G \$315,000

Beautifully expanded corner featuring spacious corner living room with bay window and formal dining room. White kitchen has tile counters, built-in appliances including dishwasher and microwave, extra large skylight, breakfast bar with added cabinet space and added pantry. Master bedroom has bay window and walk-in closet. Master bath has refinished shower and cultured marble counters. Second bedroom has half bath, mirrored closet and washer/dryer. This lovely home has double-paned windows, plantation shutters, smooth ceilings, heat pump, laminate flooring throughout. It has been recently painted and is light, bright and ready to move in.



Mutual 15, 25F \$476,000

Fabulous 2 bedroom 1-3/4 beautifully remodeled atrium floor plan. This lovely home features open kitchen with custom cabinets and granite counters, added pantry and cupboards with pull out shelves, 2 lazy-susans, stainless steel appliances including built-dw, microwave, and beverage cooler. Also included water purification and filter system. Dining room is adjacent to sizable living room. Spacious master bedroom has mirrored wardrobe doors and a private full bath that has custom vanity with granite counters and bathtub enclosure. Second bedroom may be used as a den or office and has mirrored wardrobe closet doors, ceiling fan and built-in shelves. Second bathroom has custom vanity with granite counters, walk-in shower and stacked washer/dryer. Atrium has added foundation, stacked stone wall, lighting on dimmer switch, and an electrically operated skylight. Additional features are double pane windows with shear covered blinds, central heat & air, hardwood floors, custom front door with side light that opens, and front porch light that operates automatically from sunset to sunrise. Special feature is private large enclosed brick patio partially covered with extra storage cabinets and jacuzzi. This home is a must see!!!



Mutual 15 40B \$289,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight that brings in abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with beautiful glass doors. Master bedroom and second bedroom both have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.

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MUTUAL 8 – 178F
\$499,000

Designer's Dream; Modern Two-bedroom corner remodel!



MUTUAL 6 – 131I
\$149,000

BACK ON MARKET – One-bedroom unit with enclosed patio



MUTUAL 15 – 23K
\$279,000

Upstairs two-bedroom, two-bath unit; Plantation shutters; very clean unit



MUTUAL 9 – 222L
\$359,000

Fully expanded corner, new paint and carpet



MUTUAL 3 – 25A
\$369,000

Corner hi-side exp. 2 heat pumps, washer/dryer



MUTUAL 1 – 40G
\$259,000

Partially expanded two-bedroom corner; Dining added



MUTUAL 2 – 62F
\$299,000

Fully expanded two-bedroom corner unit; Easy access



MUTUAL 2 – 43H
\$139,000

Great price on this one-bedroom unit; Close to "downtown"



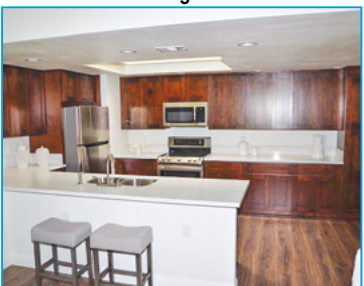
MUTUAL 12 – 62F
\$459,000

Expanded corner; 2 bedrooms, 2 baths; Bay windows; remodeled kitchen; Central air



MUTUAL 2 – 15F
\$529,000

Modern Expansion Two full bathrooms; Built in fireplace and 65" TV, Best in LW!



MUTUAL 9 – 222A
\$475,000

Lovely Modern expansion; Has everything – Two full baths, Two master suites; Oversized kitchen



MUTUAL 1 – 29E
\$130,000

One-bedroom basic unit; Close to golf course



MUTUAL 1 – 64K
\$158,500

One-bedroom basic unit;



MUTUAL 4 – 73F
\$425,000

This two-bedroom remodeled unit has everything! Two baths; W/D; G/B; Easy access; Check it out!



MUTUAL 3 – 23G
\$485,000

Remodel, Two Bedrooms; Two Baths; W/D; Bay Windows, Corner



MUTUAL 6 – 59G
\$265,000

Fully expanded two-bedroom corner; big skylights; central location



MUTUAL 6 – 53F
\$275,000

Two-bedroom corner unit with expd. bedroom & dining room; Tiled patio



MUTUAL 7 – 176E
\$219,000

Sunny & Bright two-bedroom with washer and dryer



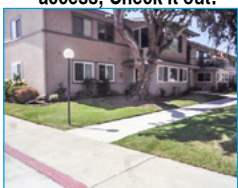
MUTUAL 2 – 36L
\$264,000

Expanded two-bedroom unit; Easy access



MUTUAL 11 – 265L
\$369,000

Fully expanded two-bedroom corner unit; Lovely green



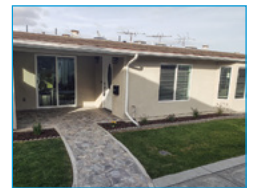
MUTUAL 15 – 23C
\$275,000

Expd. two-bedroom, two-bath corner unit; 1300 sq. ft.; Lots of room & Easy access



MUTUAL 12 – 8K
\$190,000

Basic two-bedroom unit in central location



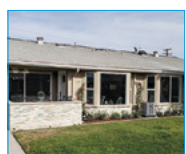
MUTUAL 2 – 30F
\$499,000

Modern expansion; Has everything; Two baths, W/D



MUTUAL 2 – 29D
\$499,000

Very different floor plan; Two baths; W/D, patios



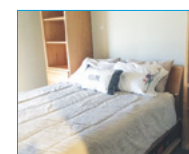
MUTUAL 6 – 129B
\$459,000

Fabulous remodel; Two bedrooms, Two baths; W/D; Small patio and great location



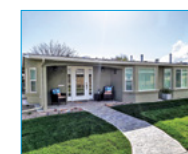
MUTUAL 15 – 29R
\$269,000

Basic upstairs unit with enclosed patio, dishwasher



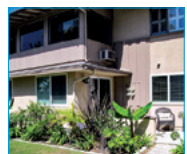
MUTUAL 12 – 62E
\$189,000

Two-bedroom basic unit in great location; Heat pump



MUTUAL 3 – 26L
\$529,000

Fabulous MODERN expansion; Has everything! Two baths; WASHER/DRYER A Must See!



MUTUAL 15 – 3A
\$349,000

Fabulous unit; Almost 1300 sq. ft. patio; a workshop/office; Great location; A Must See!



MUTUAL 3 – 16I
\$179,000

Partially expanded two-bedroom unit



MUTUAL 1 – 11D
\$175,000

One-bedroom unit; Close to large greenbelt



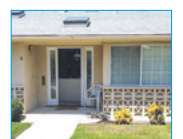
MUTUAL 10 – 257K
\$279,000

2 Bdrm 1 Bath w/ W/D & Many Upgrades



MUTUAL 8 – 191A
\$479,000

Expanded two-bedroom corner unit; Two baths; W/D; Easy access



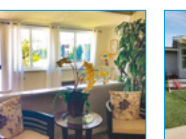
MUTUAL 5 – 97D
\$359,000

Fully expanded two-bedroom unit; washer/dryer



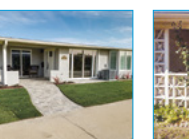
MUTUAL 12 – 35B
\$249,000

Expanded two-bedroom unit; 1.5 baths; Easy access



MUTUAL 1 – 32K
\$179,000

Fully expanded one-bedroom unit; South facing



MUTUAL 2 – 9L
\$498,000

Full modern expansion with everything; 2 bath; washer/dryer; central air; corner



MUTUAL 1 – 15A
\$175,000

Corner unit with heat/air pump



MUTUAL 15 – 46M
\$265,000

Two bedrooms, Two baths, Upstairs Unit; Faces breeze



MUTUAL 2 – 10I
\$299,500

Partially expd. two bedroom, remodeled kitchen, Travertine floor



MUTUAL 1 – 5G
\$259,000

Partial expansion of two-bedroom corner; on great greenbelt



MUTUAL 11 – 272H
\$245,000

Full expansion on nice greenbelt; Very clean unit



MUTUAL 3 – 31A
\$319,000

Partial expansion; small patio; Very nice spot

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1682 Monterey #11H - M-2 - \$229,000

NEW LISTING!!!

2 bedroom, 1 bath, enclosed patio with 2 skylights, dual pane windows and custom front door. Beautiful greenbelt location! 3 A/C heat pumps.

1601 Glenview Rd. #64A - M12 - \$385,000

2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$199,500

Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

13320 Del Monte Drive #9B - M15 - \$497,500

TAKING BACK UP OFFERS!

SOLD, IN ESCROW!

Rare Atrium (est. 1,600 sq ft) with 2 bdms, 1 ¾ bths. Laundry room with full size side by side wshr/dryer, walk in master bthrm closet, designated office area, 5 skylights, central A/C,

13741 Thunderbird Drive #49D -M1- \$177,500

TAKING BACK UP OFFERS!

SOLD, IN ESCROW!

Clean 1 bedroom, 1 bath with dual pane windows, heat pump, large storage shed on patio, dishwasher, white kitchen cabinets, large skylight in kitchen and bathroom. WASHER/DRYER.

1330 Oakmont Road #144L - M6 - \$250,000

Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

1261 Knollwood #45C - M-4 - \$210,000

NEW LISTING!!!

.2 bedroom, 1 bath on a quiet greenbelt location with mature trees.. In need of some TLC. Close to parking and laundry.

1491 Interlachen Road #257F - M10 - \$324,900

TAKING BACK UP OFFERS!

SOLD, IN ESCROW!

Fully expanded corner location, 2 bdrm, 1 bath, central A/C and heat. Remodeled kitchen, granite countertops, smoothed ceilings throughout, dual pane windows, bay windows, washer/dryer.

1583 Monterey Road #21L - M2 - \$234,500

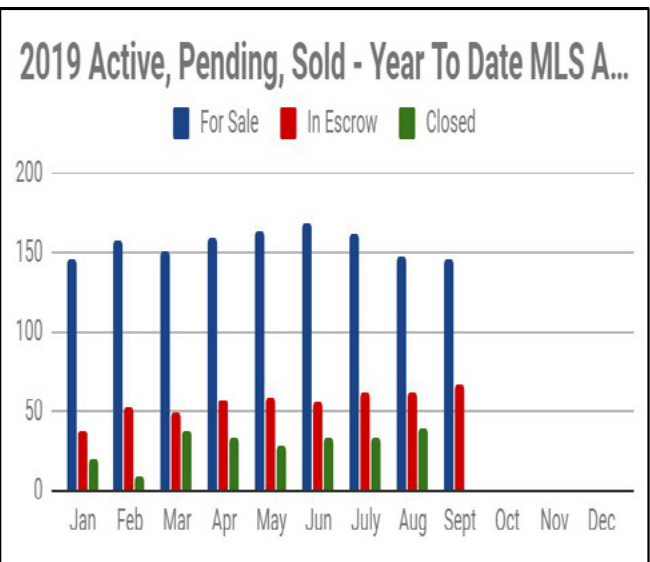
TAKING BACK UP OFFERS!

SOLD, IN ESCROW!

Original 2 bedroom, 1 bath with a FABULOUS greenbelt location. Large "L" shaped patio. Close to parking and St. Andrews gate. Corner unit.

1781 Sunningdale Rd., #48L - M14 - \$404,900

Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.



I Have Access To The Total Inventory

On September 3th, 2019 a total of 145 Sunits show as active listings on the CRMLS (this is where Realtors list property for sale).

23 - 1 bedrooms, 1 bath from \$130,000 to \$199,500

59 - 2 bedrooms, 1 bath from \$175,000 to \$430,000

63 - 2 bedrooms, 2 baths from \$239,000 to \$529,000

Please give me a call for detailed information on any of these properties!





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