

September 26, 2019





Shred sensitive papers for free at the GAF event on Oct. 3 from 10-noon.

Page 18



Picture This...

Your favorite photo in the 2020 LW wall calendar. Give us your best shot by the Sept. 30 deadline.

Page 3



LWers can swim in SB during renovation

The word is out: The Leisure World swimming pool will be closed for renovations from Nov. 4 until at least Jan. 4. Although the end result will be well worth the inconvenience, for those who can't live without swimming and don't belong to an outside fitness center with a pool, there is a local option.

The City of Seal Beach offers daily swimming at McGaugh Middle School. Open swimming is from 5:30-7 a.m.; 11 a.m.-1 p.m.; and 6:30-8 p.m., Monday-Thursday. The pool is also available Friday-Sunday from 8-11 a.m.

Passes may be purchased in bulk at city hall, 211 Eighth Street, Seal Beach. They cost \$80 for 16 swims or \$136 for 34.

Carpooling would be best, but for those who don't drive, Dial-A-Ride provides round trip transportation for free.

The Dial-A-Ride program is available to drive senior residents to any location within city limits. (Residents can use the Dial-A-Ride program for medical visits outside the city by up to three miles, too). Dial-A-Ride service is available Monday-Friday from 8 a.m. to 5 p.m. Call (562) 439-3699 at least 24 hours in advance to schedule the date, time, POOL, page 2

IOY THE RIDE PLEASE RING BELL WHEN YOU WISH TO EXIT

LW residents have the convenience of a free Minibus shuttle service. Make the most of LW living

GRF staff members will present a wealth of information regarding transportation options and other helpful resources available to Leisure World residents at 1 p.m. resource and assistance liaison, will cover on Oct. 11 in Clubhouse 4. See page 16 for a sampling of the information that will be disseminated at the meeting. Grant Winford, bus fleet manager, will cover the Minibus system and local bus routes operated by the OCTA. Daniel Fa-

bian, information technology supervisor, will talk about rideshare services such as Uber and Lyft; Cindy Tostado, member food delivery services for groceries and restaurants; and Taylor Greene, library operations assistant, will review resources that the library provides to support drivers and non-drivers alike.

GRF ARTS & CRAFTS



Table sign-up is Oct. 16

The 51st annual GRF Arts & Crafts Festival will be held on Friday, Nov. 1, and Saturday, Nov. 2, in Clubhouse 2 from 9 a.m.-2 p.m.

While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/ member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a GRF member to qualify as an exhibitor of sale items at the festival. Come and support your fellow shareholders/members.

Artisans who want to participate can sign up at Clubhouse 2 on Wednesday, Oct. 16 from 7-9 a.m.

SB POLICE Town Hall is Oct. 2

The Seal Beach Police Department will host a town hall meeting to discuss its upcoming traffic enforcement in Leisure World. The meeting will be held at 4 p.m., Wednesday, Oct. 2, in Clubhouse 4. Seal Beach police officers will answer questions related to traffic enforcement including stop sign and right-of-way violations, excessive speed and rules for pedestrians, among other topics.

The Seal Beach Council voted 5-0 on Sept. 9 to approve the first reading of the Ordinance 1680, which applies the provisions of the California Vehicle Code to Leisure World's privately owned streets. The item is agendized for a second reading, prior to final adoption, on Sept. 23 at the Seal Beach Council meeting. By law, the ordinance will take effect 30 days after final adoption.

There will be time for questions.



Containment barriers-the white sheets on Unit 6 at the Haynes Generating Plant-are visible on Oakmont Drive.

LA DEPT OF WATER AND POWER Haynes prepares for dismantling of units, tanks

The removal of Haynes Generating Units 3-6 continues to move forward, and things are starting to look different. Residents may have noticed that white plastic containment barriers have been installed on Unit 6.

These containment barriers, which will eventually wrap Unit 6, are being installed to protect the community, work crews and the environment during the removal of asbestos insulation.

Asbestos insulation removal will start on the other units soon, with the plan to complete the removal work in 2020.

Preparations have started for the physical dismantling work and construction elevators are being installed at each unit over the next two months.

Also, three of the storage tanks near the east side of the plant will be cleaned and prepared for dismantling during this time.

LADWP contractors are conducting environmental monitoring. Instruments are measuring dust, noise and vibration levels during all work, and no traffic or other impacts are expected.

For more information or to report an issue involving the project or the plant in general, contact the LADWP as follows: Project Information Line: (800) 531-6638; Haynes Generating Station Information Line (after-hours): (310) 522-7507; website: *ladwp.com.* LADWP will continue to provide periodic updates on the demolition work to Leisure World residents.

—from the LADWP

THE OFFICIAL PUBLICATION OF THE GOLDEN RAIN FOUNDATION, LEISURE WORLD, SEAL BEACH, CA I WWW.LWSB.COM

2019 AMPHITHEATER SEASON

The numbers are in—fest drew full capacity crowds

The 2019 Summer Amphitheater season drew crowds from 80-100 percent capacity to enjoy a nosh, get together with friends and families and enjoy 12 professional concerts that rocked the house with a wide variety of music from classic rock to country to soul. The Recreation Department has broken down the concerts by entertainer so that residents can see the cost vs. attendance. The attendance numbers are approximate, based upon the percentage of seats filled.

It should be noted that first and last concerts cost more are as these are fixed dates, while all other productions can be juggled within the lineup to secure the best pricing. Attendance figures also reveal that the show cost does not necessarily correspond to its popularity.

Complete the updated survey at right to voice your opinion on these shows as well as what you would like to see in the future. Bring completed surveys to the Recreation Department.

—Kathy Thayer, assistant recreation supervisor

Date	Attendance	Cost	Show	Good	Fair	Poo
06-27	2,500	\$27,500	Texas Tenors			
07-04	2,150	\$15,000	Bruce Springsteen Tribute – the Rising			
07-11	2,000	\$13,500	Harmony – Three Dog Night Tribute			
07-18	2,100	\$17,500	Tribute to Kenny Rogers & Dolly Parton			
07-25	2,200	\$17,500	Abba Fab			
08-01	2,400	\$20,000	Billy Joel Tribute – The Stranger			
08-08	2,000	\$20,000	Best of Doo Wop – The Diamonds, The Coasters & The Drifters			
08-15	2,000	\$15,000	Mick Adams and The Stones – The World's Most Authentic Tribute to The Rolling Stones			
08-22	2,000	\$15,000	The Papas and The Mamas – Tribute to The Mamas and The Papas with Opening Comic Mark Schiff			
08-29	2,500	\$12,500	Gregory Wolfe as Rod Stewart			
09-05	2,400	\$20,000	Aretha Franklin, Stevie Wonder and Jackie Wilson Tribute			
09-12	2,500	\$20,000	America's Diamond Live – Tribute to Neil Diamond			
Mutual:	Apt:	COMM				1

SUGGESTIONS FOR FUTURE SHOWS:

LW Dines Out

Finbars Italian Kitchen will have dinner service in Clubhouse 1 on Sept. 30, and it will return to its usual third-Monday slot on Oct. 21. Reservations are not required. The dining room is open until 7, and people are welcome to come in any time between 4:30 and 6 p.m. for dinner. The menu is printed below.

In other food service options, Hometown Buffet also hosts a twice-a-month Sunday Brunch buffet and an omelet bar in Clubhouse 1 from 10 a.m.-3 p.m. It will be here on Sept. 29. The brunch is \$11, including tax (no takeout allowed).

Don't feel like driving or walking? The GRF bus service is available on its normal schedule for pickup and drop off in front of the clubhouse.

For more information about the food services available in Leisure World, contact the Recreation Coordinator at *events@lwsb.com*.

Finbars Italian Kitchen Menu—Sept. 30 Appetizer

Bruschetta

Roma tomatoes, basil, garlic, extra virgin olive oil; drizzled with raspberry balsamic vinaigrette on grilled Italian bread. *Entrees*

Spaghetti with Meatball or sausage, \$14

Authentic slow-simmered "Sunday gravy" tomato sauce.

Chicken Parmigiana, *\$15* Spaghetti with meatballs Chicken breast rolled in seasoned

breadcrumbs and baked with mozzarella and Parmesan cheeses in a light tomato sauce. Served with pasta marinara and vegetables or rice.

Poached Salmon, \$16 Served with pasta and vegetables or rice

GREAT PACIFIC Air show is Oct. 4-5 in Huntington Beach

The Royal Air Force Aerobatic Team, The Red Arrows, will perform at the fourth annual Great Pacific Airshow Oct. 4-6 in Huntington Beach. The Red Arrows will come to Huntington Beach for its Southern California debut after a successful U.S. and Canadian tour. This is their largest North American tour to date.

A vital part of the Red Arrows' tour to North America is the mighty Airbus A400M Atlas transporter. This massive machine, with its four turboprop engines producing 44,000 horsepower, can carry more than 22 tons of equipment and people and provides both tactical and strategic airlifting capabilities during times of crisis and peace.

The A400M will only perform





Make time for your mammogram. Make memories with those who care about you.

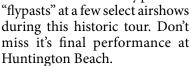
A COMMUNITY BUILT ON SUPPORT

A mammogram may detect cancer long before symptoms appear. Be good to yourself by scheduling a mammogram at Los Alamitos Medical Center, a community built on care. Those who love you will be thankful. To schedule your mammogram, call **562.799.3251** or visit **LosAlamitosMedCtr.com** for more information.

LOS ALAMITOS MEDICAL CENTER

A COMMUNITY BUILT ON CARE

October is Breast Cancer Awareness Month. Receive a free gift when you get your mammogram done in October.



In addition to the Red Arrows, the Royal Canadian Air Force Snowbirds demonstration squadron will be returning to the Pacific Airshow.

SHOW, page 17

POOL from page 1

location. Residents are picked up at their units and taken home after their appointments. Call at 9 a.m., as these reservations are first-come, first-served and fill up fast. Service is not available from 11 a.m.-1 p.m. daily, so plan trips accordingly. Registration is free at City Hall with I.D. verifying Seal Beach residency. For more information, contact the City of Seal Beach Recreation Department at (562) 431-2527, ext. 3.

A special thanks goes out to Glenna Hoff of Mutual 6 who brought this information to the attention of the Rec Department. *—Kathy Thayer, assistant recreation supervisor*



3

LWWeekly **GRIEF GROUP** Deal with loss in community starting Oct.15

One of the best ways to deal with grief is to be surrounded by a supportive community. The Journeys support program provides a safe place to process feelings of loss with others.

The free eight-week support group is sponsored by Pathways and open to all. The series of meetings will be held Tuesdays, Oct. 15-Dec. 3, from 10-11:30 a.m.

Each week a new topic will be introduced. Group members will learn valuable tools to help them move forward in their grief journey.

For more information about this program or any other supportive services, contact Cindy Tostado, member resource and assistance liaison, at 431-6586, ext. 317. Call to RSVP and receive details before attending.

2020 CALENDAR Turn in your best shot in by Sept. 30

The LW Weekly will produce a 2020 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is Sept. 30. Potential contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach.

Photos of people are not eligible for this project.

Cell phone photos should be emailed in the "actual size" format. Email entries to stephenb_ news@lwsb.com with name, address, phone number and a brief description of the photo.

The calendar will be delivered to every unit for free. Additional copies may be purchased for \$1.50.

For information on technical requirements, call 431-6586, ext. 392.

DOG WATCH Make sure dogs are leashed in LW

Wanted

Miracle-Ear Hearing Centers are

looking for qualified people to test their latest product, the Miracle-Ear® GENIUS[™] for FREE*!

Here's the catch: You must have difficulty hearing and understanding in background noise, and your hearing must fall in the range of the hearing aid. People who are selected will evaluate Miracle-Ear's latest advanced digital hearing solution – GENIUS 3.0.™

You will be able to walk into our office and walk out hearing![†]

Candidates will be asked to evaluate our instruments for 30 days (risk free*). Special testing will be done to determine the increased benefits of this technology. At the end of the testing, you may keep your instruments, if you so desire, at a tremendous savings for participating in this test. But this is only for a limited time! You must schedule your appointment before October 4, 2019. Don't wait!

If not now, when? **Unrivaled Technology** Genius 3.0

Genius 3.0

% MORE PROCESSING POWER – leads all other technology for the most natural sound quality ever*. Ultra-small nanometer provides an incredible 500 nillion instructions per second.

PATENTED VOICE RECOGNITION TECHNOLOGY first-ever patented technology provides the first Miracle-Ear solution for the earer to hear his or her own voice naturally

DIRECT STREAMING CAPABILITIES – industry first hearing aid with binaural direct streaming capabilities – allows wearers to stream ear-to-ear conversations, nusic and videos direct to their phones

FULLY SELF AUTOMATIC – let Genius 3.0 do the work for you. Recognizes up to 6 different listening environments and adapts automatically. No need for wearer to change programs. Simply let the hearing aid do the work for you.

In two separate cases, LW Weekly news carriers were menaced by dogs while delivering the paper.

On Aug. 29, a carrier was bitten and quit her route on the same day, according to LW Weekly news distributor Dan Pomeroy. On Aug. 22, a dog ran after the carrier. Both incidents were reported to Security.

Pet owners are reminded that by GRF policy, dogs are required to be leashed and under the control of the pet owner at all times on trust streets.

The leash should be no longer than six feet.

The policy also states that pet owners are responsible for damages or injury caused by their pets or support animals.

If a pet constitutes an immediate risk or danger to people, other pets or trust property, the owner will be asked to immediately remove the pet from trust property.



100% INVISIBLE

Don't be fooled by the small size. The Miracle Ear Readyfit CIC™ features amazingly advanced and powerful micro-technology, all wrapped up in our tiniest hearing aid ever!

LIMITED TIME ONLY!





learing Aids



START YOUR TRIAL TODAY AT A MIRACLE-EAR LOCATION NEAR YOU,

1920 St. Andrews Dr. (Next to St. Andrews Gate) **Miracle**·Ear[®] Seal Beach, CA 90740 (562) 270-0708



Perspectives

WATCH YOUR STEP Class action suit proposed against Yahoo!

has been proposed in litigation against Yahoo! Inc. ("Yahoo!") and Aabaco Small Business, LLC, referred to as the defendants, relating to data breaches occurring in 2013-2016, as well as to data security intrusions in early 2012, when hackers got into the system but no data appears to have been taken.

The suit claims that Yahoo! Inc. and Aabaco Small Business, LLC, failed to adequately protect personal information and that users were injured as a result. The defendants deny any wrongdoing, and the court has not made any ruling in these matters.

If you received a notice about the data breaches, or if you had a Yahoo! account at any time from Jan. 1, 2012-Dec. 31, 2016, and are a resident of the United States or Israel, you are a "Settlement Class Member."

In the settlement Yahoo agreed to enhanced security and will continue to enhance security

Setting It Straight

A caption for the Leisure World Chorale in the Sept. 19 edition had incorrect information. Donna Breen and Tosca Lies were featured in the photo.

A Class Action Settlement of its customers' personal information stored on its databases. The defendants will also pay for a Settlement Fund of \$117.5 million.

> The Settlement Fund will provide: a minimum of two years of credit monitoring services to protect settlement class members from future harm, or alternative compensation instead of credit monitoring for class members who already have credit monitoring services (subject to verification and documentation); out-ofpocket costs for losses related to the data breaches; and reimbursement of some costs for those who paid for Yahoo! premium or small business services. The settlement fund will also be used to pay for attorneys' fees, costs and expenses and service awards for the settlement class representatives.

> In order to receive any benefits, you must file a claim online or by mail by July 20, 2020. To keep your right to sue the defendants yourself, you must exclude yourself from the settlement class by March 6, 2020.

> Complete information and instructions on filing a claim, excluding oneself from the settlement, or objecting are available on the settlement website at www.YahooDataBreachSettlement.com.

Making History

Sept. 26, 1960- For the first time in U.S. history, a debate between major party presidential candidates was shown on television. Presidential hopefuls John F. Kennedy, democratic senator of Massachusetts, and Richard M. Nixon, vice president of the United States, met in a Chicago studio to discuss U.S. domestic matters. Televised presidential debates have been held in every presidential campaign since 1976. Sept. 28, 1941 - Boston Red Sox's Ted Williams played a doubleheader against the Philadelphia Athletics on the last day of the regular season and got six hits in eight trips to the plate, to boost his batting average to .406. He became the first player since Bill Terry in 1930 to hit.400. Williams spent his entire career with the Sox, played his final game exactly 19 years later, on Sept. 28, 1960, at Boston's Fenway Park and hit a home run in his last time at bat, for a career total of 521 home runs. Sept. 30, 1954 - The USS Nautilus, the world's first nuclear submarine, was commissioned by the U.S. Navy. The Nautilus could remain submerged for almost unlimited periods because its atomic engine needed no air and only a very small quantity of nuclear fuel. In its early years of service, the USS Nautilus broke numerous submarine travel records and in HISTORY, page 13

Letters to the Editor

Editor:

The Seal Beach Police Dept. can be heavy handed when dealing with Leisure World residents. I know this from my own experience, and that's why I'm against having them patrol our community. In 2017 two officers and a supervising sergeant detained me for close to an hour, simply for sitting in my car and listening to the radio at a local park. There was no rational reason for them to be suspicious. That experience makes me suspect that they will often be inclined to deal with us in a harsh manner once they are patrolling Leisure World.

We are already paying for a professional security staff that has a good reputation with residents: and we can always call in the police when we need them. That said, we do need to make sure that residents and visitors follow our traffic laws and pay their fines. Those who fail to comply should not be allowed to have vehicle access to Leisure World. Relying on the police to resolve our run of the mill issues will likely prove to be more trouble than it's worth. Jim Bacchetti Mutual 9

Editor:

It is interesting that the argument for allowing golf carts on our streets was based on the number of golf carts. It would seem more appropriate for the determination to have been how many deaths on the streets of our community involved golf carts.

How many alone on St. Andrews? Is it possible to research

GRF

this? There have been three on St. Andrews involving golf carts that I have read about that resulted in a death: at the intersection of St. Andrews and Tam O'Shanter Road, an intoxicated car driver hit my friend on his cart in the crosswalk; there were flyers requesting information about a woman found lying in St. Andrews Drive near the church because she was in an coma. There were indications that she was run over by a golf cart; and in the crosswalk near the post office on St. Andrews, a collision occurred involving a golf cart and a scooter. The woman on the scooter died. Betty Hie Mutual 12

Editor's note: The Golf Cart exemption only allows the use of golf carts on Leisure World streets. All golf cart operators are fully responsible for compliance to posted traffic controls (speed limits, stops, etc.) If SBPD observes any questionable operation of a golf cart, the SBPD can take action.

Editor:

I wish to thank our retired city councilman Mike Levitt for making sure our new arrangement with the city of Seal Beach for traffic control in Leisure world ensures the owners of golf carts have the right to continue operat-

ing on our streets. Seeing golf carts on our streets gives Leisure World the look of a resort.

Thanks Mike from all us. Bruce Smith Mutual 7

An Official Golden Rain Foundation Publication LWweekly Serving the Shareholders of Leisure World Seal Beach

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be



everything they need to flourish.



KATELLA

Senior Living Community

Katella Senior Living Community's variety of care options and seemingly endless amenities allow you to fill your days with family, friends and activities that mean the most. Tastefully decorated in California casual style, Katella Senior Living Community serves a wide range of lifestyle preferences and care needs including:

- Independent Living
- Assisted Living
- Memory Care Respite Care •

MANAGED BY G The Goodman Group

We'd love to hear from you!



After a hospitalization, your medical team may want you to continue rehabilitation services as part of your recovery. Alamitos West Health Care Center, a rehabilitation and transitional care community, offers a team approach to support your recovery, including:

- IV therapy
- Wound care
- Cardiac and stroke care

- Physical therapy
- therapy Speech therapy

Occupational

- Pain management

KATELLA SENIOR LIVING COMMUNITY

3952 Katella Avenue, Los Alamitos, CA 90720 562-596-2773 | katellaseniorliving.com

ALAMITOS WEST HEALTH CARE CENTER

3902 Katella Avenue, Los Alamitos, CA 90720 562-596-5561 | alamitoswest.com

企

untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

Nataly Chigireva, Communication & Technical Director ext. 384; natalyc@lwsb.com

Ruth Osborn, News & Page 1 Editor ext. 388; rutho_news@lwsb.com General news, arts and leisure, religion

Cathie Merz, Community/Gov. Editor, ext. 389; cathiem_news@lwsb.com Community news, government, obituaries, letters to the editor, production

Chris Walker, Editor/Production ext. 387, chrisw@lwsb.com Health, travel, sports

Stephen Bannon, Production Editor ext. 392; stephenb_news@lwsb.com Pre-press, online and visionimpaired editions, IT

Karen McElwain, Advertising Sales ext. 393; karenm_news@lwsb.com

Sylvia King, Advertising Sales ext. 391; sylviak@lwsb.com

Laurie Bullock, Customer service, **Classified Advertising Sales** ext. 383; laurieb@lwsb.com

Katya Lukina, Communications coordinator ext. 266; katyal@lwsb.com graphic designer, digital media coordinator

Deadlines: News articles, 4 p.m. Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week

Office hours:

8 a.m. to 5 p.m., Monday-Friday

Phone:

(562) 430-0534 after-hours voice mail, (562) 431-6586

Mailing address: P.O. Box 2338, Seal Beach,

CA 90740

Missing LW Weekly Newspaper: (562) 472-1284

Delivery address: 13533 Seal Beach Blvd., Amphitheater Building Seal Beach, CA 90740

Dan Pomeroy, Distributor Eagle Rock Services

VOL. 43 NO. 39



Government

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

Carport Cleaning 2019

The holiday carport cleaning schedule for 2019 is as follows: Veteran's Day Friday, Nov. 11 Mutual 5, Carports 60-63, 68-71 be cleaned on Wednesday, Oct. 30.

Thanksgiving Day Thursday, Nov. 28 Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13,

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Sept. 26	Mutual 1
Friday, Sept. 27	Administration9 a.m. Mutual 6
Tuesday, Oct. 1	Administration
Tuesday, Oct. 1	Administration
Wednesday, Oct. 2	Administration 1:30 p.m. CFO Council
Thursday, Oct. 3	Conference Room B 10 a.m. Presidents' Council
Wednesday, Oct. 9	Clubhouse 49 a.m. Mutual 4
Thursday, Oct. 10	Administration
Friday, Oct. 11	Administration9 a.m. Mutual 3
Monday, Oct. 14	Administration9 a.m. Mutual 9
Tuesday, Oct. 15	Administration 9:30 a.m. Mutual 14
Wednesday Oct. 16	Conference Room B 1 p.m. Mutual 5
Wednesday, Oct. 16	Conference Room B9 a.m. Mutual 7
Thursday, Oct. 17	Administration 1 p.m. Mutual 2
Thursday, Oct. 17	Administration
	Clubhouse 3, Room 9 1:30 p.m. Roundtable with Mutuals/GRF
Friday, Oct. 18	Administration 1 p.m.
Monday, Oct. 21	Mutual 15 Administration 1 p.m.
Wednesday, Oct. 23	Mutual 10 Administration9 a.m.
Thursday, Oct. 24	Mutual 1 Administration9 a.m.
Friday, Oct. 25	Mutual 6 Administration 9:30 a.m.
Monday, Oct. 28	Mutual 8 Administration9 a.m.

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, Sept. 26 Management Services Review Ad Hoc

Administration......1 p.m.

Recap of Golden Rain Foundation Board Activity of September 24, 2019

Approved Minutes

MOVED and duly approved the minutes of the August 28, 2019 Golden Rain Foundation (GRF) Board of Directors (BOD) meeting were approved, as presented.

General - Approve September GRF Board Report

MOVED and duly approved the September GRF Board Report, as presented.

General - Ratify Emergency Action - Water Line, North Gate Road MOVED and duly approved to ratify the emergency actions and related Reserves expenditures taken by the Executive Director to replace the underground copper water line at North Gate.

Communications/IT Committee - Amend 20-5125-3, Communications/IT Committee Charter

MOVED and duly approved to amend 20-5125-3, Communications/ IT Committee Charter, by adding keywords as well as incorporating the additional Committee goals approved by the GRF Board of Directors at the retreat held on June 27, 2019, and incorporating the purpose, duties and limitations of the IT Committee.

Communications/IT Committee - Rescind 20-5118-3, IT Services (ITS) Committee Charter

MOVED and duly approved to rescind 20-5118-3, ITS Committee Charter, as the purpose, duties and limitations of the Committee have been combined with the 20-5125-3, Communications/IT Committee Charter.

Facilities and Amenities Review (FAR) Ad hoc Committee - TEN-TATIVE VOTE: Amend 70-1406-1, Limitations on Use.

MOVED and duly approved to tentatively amend 70-1406-1, Limitations on Use, for the required 28 day notice of proposed change under Civil Code §4360(a). Final action on the proposed amendment will be held at the October 22, 2019 GRF Board meeting.

Facilities and Amenities Review (FAR) Ad hoc Committee - TEN-TATIVE VOTE: Adopt 70-1406-2, Limitations on Use, Fees

MOVED and duly approved to adopt 70-1406-2, Limitations on Use, Fees, for the required 28 day notice of proposed change under Civil Code §4360(a). Final action on the proposed amendment will be held at the October 22, 2019 GRF Board meeting.

Facilities and Amenities Review (FAR) Ad hoc Committee - Conceptual Approval – Trust Property, Mini Farm

MOVED and duly approved to conceptually approve GRF's direct oversight over Trust Property commonly identified as the 1.8 acres. Such conceptual approval is granted to provide Committee use of staff and general resources to draft a comprehensive plan covering the use of the 1.8 acres for the mutual benefit of a majority of GRF Shareholders/Members, for Board review and approval.

Finance Committee – Accept August Financial Statements MOVED and duly approved to accept the financial statements August 2019, for audit.

Finance Committee - Selection of Audit Firm - Financial Audit and Tax Preparation Services for 2020-2022

MOVED and duly approved to accept the proposal from Clifton-LarsonAllen (CLA), for annual financial audit and tax preparation services, for the fiscal years 2020 through 2022.

Finance Committee – Amend 40-5528-1, Refund of Excess Income MOVED and duly approved to amend 40-5528-1, Refund of Excess Income, clarifying "fiscal year, operations budget" income as the subject and amending the approved methods to eliminate excess income, as presented.

and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29.

Christmas Day Wednesday, Dec. 25

Mutual 11, Carports 132-133, Mutual 1, Carports 141-146, and Mutual 15, Carports 4-5, will be cleaned Monday, Dec. 30.

Replace expired decals at CH 5

Expiring resident decals are replaced in the satellite Security Office, downstairs in Clubhouse 5. Bring a resident ID card, valid driver's license, current car registration and insurance card when applying.

Decals are issued 8 a.m.-4 p.m., Monday-Friday and Saturday, 9 a.m.-1 p.m., unless the weather is damp.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

Wednesday, Oct. 2	Governing Document Committee
	Administration10 a.m.
Wednesday, Oct. 2	Physical Property Committee
	Administration1 p.m.
Thursday, Oct. 3	Architecture Design Review Committee
	Administration1 p.m.
Friday, Oct. 4	GRF Board Executive Session
	Administration1 p.m.
Monday, Oct. 7	Recreation Committee
	Conference Room B1 p.m.
Tuesday, Oct. 8	Facilities and Amenities Review Ad Hoc
	Administration1 p.m.
Wednesday, Oct. 9	Security, Bus & Traffic Committee
	Administration1 p.m.
Thursday, Oct. 10	Communications/IT Committee
	Administration1 p.m.
Friday, Oct. 11	Executive Committee
	Administration1 p.m.
Monday, Oct. 14	Mutual Administration Committee
	Administration1 p.m.
Tuesday, Oct. 15	Website Ad Hoc Committee
	Administration1 p.m.
Wednesday, Oct. 16	Strategic Planning Ad Hoc Committee
	Administration 10 a.m.
Friday, Oct.18	Roundtable with Mutuals/GRF
	Administration1 p.m.
Monday, Oct. 21	Finance Committee
	Administration
Tuesday, Oct. 22	GRF Board of Directors
	Clubhouse 410 a.m.
Tuesday, Oct. 24	Management Services Review Ad Hoc
	Administration1 p.m.

Finance Committee - Amend 40-5540-1, Contingency Operating Fund

MOVED and duly approved to amend 40-5540-1, Contingency Operating Fund, updating the authorized uses of the fund, increasing the maximum balance to \$1,000,000, directing the Finance Committee to make an annual recommendation to the GRF Board pertaining to the maximum balance, establishing levels of authority to draw on the fund and updating how the fund may be replenished, as presented. Finance Committee - TENTATIVE VOTE: Amend 40-5061-2, Fees MOVED and duly approved to amend 40-5061-2, Fees, increasing the amenities fee to twenty-five (25) times the monthly GRF Assessment, updating the cost center numbers and including the cost center names, pending a 28-day notification to the members, and a final decision by the GRF Board of Directors on October 22, 2019. Mutual Administration Committee - TENTATIVE VOTE: Adopt 50-1201-2, GRF Identification Cards, Fees

MOVED and duly approved to adopt 50-1201-2, GRF Identification Cards, Fees, as presented, pending a 28-day notification to the members, and a final decision by the GRF Board of Directors on October 22, 2019.

Physical Property Committee - Reserve Funding Request - Administration and Amphitheater Building Roofs

MOVED and duly approved to award contracts to Howard Roofing for the roof replacement at the Administration and Amphitheater buildings, for a base bid cost of \$431,687, and to Greenwood Heating and Air, for the removal and re-installation of all HVAC equipment on these roofs, for a cost of \$12,800 (including the replacement of one original unit), and contingency of \$55,513, for a total cost not to exceed \$500,000, Reserve Funding, and authorize the President

RECAP, page 13



Religion

<u>CONGREGATION SHOLOM</u> High Holy Days are about to commence

Congregation Sholom will have a Friday night service at 7 on Sept. 27 in Clubhouse 3, Room 9, with Rabbi Karen Isenberg. An oneg Shabbat will follow the service.

On Saturday, Sept. 28, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, with Rabbi Isenberg. An hour of Torah study will began at 10:15. The service will continue until about noon and will be followed by a potluck lunch.

Rosh Hashanah will begin on Sunday night, Sept. 29. Rabbi Chaim Singer-Frankes and Cantor Marla Barugel will be officiating. Services will begin at 7 p.m. *For the complete schedule of High Holiday services see the ad on this page*.

An Access bus with a lift for High Holiday evening services is available. People will need to sign up for the Access bus as usual if they are attending a daytime service on Rosh Hashanah (first day, Sept. 30; second day, Oct. 1, and Yom Kippur, Oct. 9).

The evening bus rides are by advance reservation and with a commitment not to cancel except for illness. The pick-up time to services will be approximately 30-45 minutes before they are scheduled to begin.

People are asked to be outside and ready to board the bus. The driver will pick up all those with reservations according to a pre-planned route.

For more information, contact Darlene Rose at (562) 347-8088 by text or voice mail to request a ride with the following required information: Name(s), phone number, Mutual, address and unit numbers; indicate if caregiver is coming; indicate: "only to," "only return" or "both ways" and give the dates of the services attending.

Join the Congregation in the sukkah on Oct. 16 from 11 a.m.-1 p.m. for Pizza in the Hut. Enjoy delicious pizza and wave the lulav and etrog in the hut outside Clubhouse 3 next to Veterans Plaza near Room 8.

—Scott Simensky

Beit HaLev

Beit HaLev services are accessed online on *Livestream.com/Galityomtov* and *Facebook.com/galityomtov*. Shabbat Ma'ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

At 6 p.m., Rabbi-Cantor Galit Levy-Slater will lead an online Selichot (see links above).

Beit HaLev's schedule for the High Holy Days is as follows; services will be live streamed at above address:

• Erev Rosh Hashanah: Sunday, Sept. 29, 6 p.m., Clubhouse 3, Room 3

• First Day of Rosh Hashanah: Monday, Sept. 30, 10:30 a.m. Clubhouse 3, Room 4

• Second Day of Rosh Hashanah: Tuesday, Oct. 1, 10:30 a.m., online only

- Kol Nidrei: Tuesday, Oct. 8, 6 p.m., Clubhouse 3, Room 5
- Yom Kippur: Wednesday, Oct. 9, 10:30 a.m., Clubhouse 3, Room 5
- Ne'ila: Wednesday, Oct. 9, 5 p.m., Clubhouse 3, Room 5

In addition to the Sabbath services, Rabbi-Cantor Galit Levy-Slater also conducts a short Weekday Ma'ariv service every Thursday at 4 p.m. on *SimShalom.com*, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourner's Kaddish.

Rabbi Galit's new beginner classes are suspended for the high

ASSEMBLY OF GOD 'Ask, Seek, Knock' is title of sermon

Pastor Sam Pawlak will conclude the sermon series, "Ask, Seek and Knock" Sunday when worshippers gather in Clubhouse 3, Room 2, at 10:30 a.m.

The final sermon title is "Let Him." Others participating in the service are Dan Ballinger, Denise Smith and Diana Mushagian. Visitors are welcome.

The Hymn Sing begins at 6 p.m. in the lobby of Clubhouse 3 where people from various congregations throughout Leisure World and beyond gather to select hymns from the hymn book. Associate Pastor Dan Ballinger, accompanied by Norma Ballinger at the piano and Dean Brown playing guitar, will lead.

Pastor Sam will conclude with a brief devotion and then the fellowship time around the tables sharing treats brought by many who attend will close out the evening.

Two prayer meetings are held each Sunday: At 10 a.m. and at 5:15 p.m.

The weekly Bible study will meet on Wednesday, Oct. 2, at 10 a.m. in Clubhouse 3, Room 7, with Pastor Sam continuing in the book of Revelation.

It is never too late to join this active group.

REDEEMER LUTHERAN

Worship begins at 10:30 Sunday

"Grasp the Life that is Life Indeed!" from 1st Timothy 6:19 is also the title of Redeemer Lutheran Pastor Lisa Rotchford's sermon on Sept. 29.

Worship begins at 10:30 a.m. followed by coffee and conversation in the Fellowship Hall. The choir will sing "On Eagle's Wings" and "All My Hope on God



Jim Smith and Building Manager Rodney Quinones with Skippy invite all pet owners to attend the Blessing of the Animals.

COMMUNITY CHURCH Blessing of the Animals is Oct. 4

Leisure World is a community where the pet population and people population enjoy a happy and healthy coexistence. Community Church is passionate in its support of the valuable relationship between humans and their beloved pets. In keeping with this core value, Community Church will hold its second annual "Blessing of the Animals" service.

Don't miss the opportunity to invite all your pet-loving friends to attend the lively service on Friday, Oct. 4, at 10 a.m. Community Church will hold the gathering on the patio in front of the sanctuary entrances. Treats will be provided for pets and their human friends following the service. Dogs must be kept on leashes, and cats and small animals in carriers.

On Sept. 29, Consecration Sunday, Pastor Johan Dodge gives the sermon titled, "Comfort" at the 9:50 a.m. service. The Scripture Lesson will be Luke 16:19-31. Taylor White will be lay liturgist. The service will be followed by the Consecration Sunday All-Church Meeting and Lunch in Edgar Hall. Lunch will be shared with the congregation at no cost.

The Sunday evening Bible Study, led by Joy Reed, meets weekly at 5 in the Fireside Room. The topic is "Death and Resurrection."

LW BAPTIST CHURCH Sunday soloist is Jean Davidson

Clubhouse house 4 will ring with praise Sunday, Sept. 29; all are welcome to attend Sunday School from 8:40-9:10 a.m. with Bob Simons teaching.

Afterward friends gather at the round table for conversation and coffee until 9:45 when morn-



LWWeekly

holiday season. Classes will resume on Nov. 6.

	ongregation Sholom
ACo	nservative Congregation invites all people of the Jewish faith to attend
]]	High Holy Day Services
Rabb	i Chaim Singer-Frankes and Cantor Narla Barugel Will be officiating
-	Erev Rosh Hashanah 🏻 📥
September 29	7:00-9:30 Clubhouse 3, Rm 2
September 30	Rosh Hashanah — 1st day 9:30 a.m.—1:30pmClubhouse 3, Rm 2
October 1	Rosh Hashanah — 2nd day 9:30am—1:30 p.m.Clubhouse 3, Rm 9
October 8	Kol Nidre 7:00–9:30 p.m. Clubhouse 3, Lobby
October 9	Yom Kippur and Yizkor 9:30 a.m.—1:30 p.m. Clubhouse 3, Lobby
October 9	Mincha and Neila 5:00 — 8:00 p.m. Clubhouse 3, Lobby
Contact	Carol Levine, President, at 562-505-3622 For more information

is Founded."

Shirley Holland will greet people at the door, Maria Swift is usher and Scripture readings and prayers will be led by Shirley Reimers and Beverly Anderson.

The church is on St. Andrew's Drive, next to the golf course and swimming pool, across from the Administration building with ample parking.

All are welcome to the Wednesday Worship service for prayer, reflection and communion at 11:30 a.m.

Under the leadership of Pastor Lynda Elmer, the Wisdom Books continue to be the focus of the **REDEEM**, page 27

AGLOW INTERNATIONAL

Lunch is Oct. 10

Aglow International will hold a luncheon at 11:30 a.m., Thursday, Oct. 10, at Mimi's Cafe, 6670 E Pacific Coast Highway, Long Beach. Men and women are welcome.

Reservations should be made by Monday, Oct. 7, by calling 631-7291. ing service begins.

The call to worship is "The Steadfast Love of the Lord Never Ceases."

Soloist Jean Davidson has chosen a Bill Gaither song, "The Longer I Serve Him."

The choir selection is "In My Heart There Rings a Melody."

Congregational hymns include "Join All the Glorious Names," "Lamb of Glory" and "Jesus is Lord of All."

Pianist Yvonne Leon will give the offertory.

Pastor Rolland Coburn's morning message is titled "God's Promise Stands," based on Ro-



Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Twenty-fifth Sunday in Ordinary Time on Sept. 29.

The First Reading is Amos 6:1A, 4-7, and the Second Reading is 1 Timothy 6:11-16.

October First Friday Mass

The First Friday in October Mass will be Oct. 4 at 8:30 a.m. followed by the Sacrament of Reconciliation (Confession) at 9:15 a.m.

Blessing of the Animals

On Oct. 4, people all over the world will celebrate the feast day of the patron saint of animals, St. Francis of Assisi. In remembrance of St. **HOLY, page 7**



Jean Davidson

mans 9:6-13

430-2920.

The closing hymn is "Standing on the Promises."

There will be no Bible study on Monday, Sept. 30, because it is the fifth Monday. On Wednesday, Oct. 2, the Energizers will meet in Clubhouse 3, Room 1 at 3 p.m. For more information, call

www.lwsb.com September 26, 2019 7

LWWeekly FAITH CHRISTIAN ASSEMBLY Dove award winner Lillie Knauls to sing

Faith Christian Assembly will host Lillie Knauls in a full concert of inspirational music, Sunday, Sept. 29, at the 5:30 p.m. service. Lillie is a Dove Award winner and a member of the Gospel Music Hall of Fame.

She has been featured on Gaither Homecoming Friends and was an original member of the Edwin Hawkins Singers when it recorded "O, Happy Day." All are welcome.



Faith Fellowship Lillie Knauls

Time is held at 11 a.m. on Tuesdays in the Garden Room. A midweek Bible study is taught by Pastor Sheri Leming at 11 a.m. on Wednesdays in the Garden Room.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at www.FCAchurch.net.

First Christian Church

First Christian Church recently held its annual pizza party, and there was no shortage of hungry mouths to feed and a variety of delicious things to fill them. The chapel's Hospitality Team provided cheese, pepperoni, vegetable and combo-style pizzas in regular and gluten free options. Salad, sodas, coffee and cookies rounded out the meal, and everyone seemed to go home full and feeling a little more Italian than when they came.

The Saturday evening service begins at 5:15 with the Hospitality Room opening at 4:30.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. from the book of Luke.

At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting.

Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation in "The Old Rugged Cross," "Living for Jesus" and There is a Redeemer."

The Communion hymn will be "Near The Cross."

The church choir, under the direction of Margaret Humes, will sing "Under His Wings."

Elder Larry Massey will present the Communion meditation and service today. For the offertory, the Praise Team will sing, "Glory To The Lamb."

Pastor Gene Cherryholmes will sing, "It Is Finished," followed by Sue Kaminski who will read Matthew 27:39-44.

Pastor Gene's message for today will be "The Crucifixion," based on Matthew 27:27-44.

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments.

Prayer and verse-by-verse Bible studies during the week are held



Interfaith Council hosted its annual picnic on Aug. 15. **INTERFAITH COUNCIL**

-Keith Fancher, photo

'A Day at the Beach' picnic celebrates community unity

The Leisure World Interfaith Council hosted its annual "A Day at the Beach" summer picnic in Clubhouse 1 on Aug. 15.

Decorations were made of beach toys, beach balls and miniature palm trees. Each table was strewn with shelled peanuts and picnic snacks. Vera Broyles and her decoration crew created an atmosphere of summer fun and lightheartedness.

Rev. Gil Moore and the members of Redeemer Lutheran Church provided the fantastic roasted chicken entrée while other members of the Interfaith Council brought salads and an abundant supply of desserts.

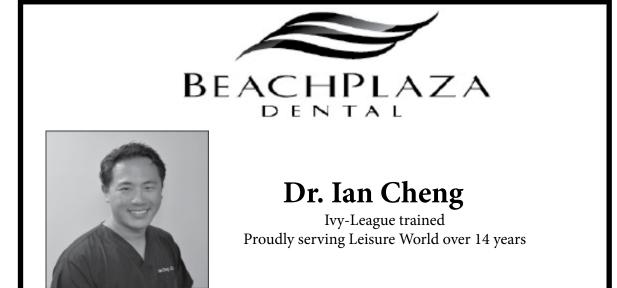
Pastor Sam Pawlak, Interfaith vice president, emceed the evening's festivities while Patricia Pawlak and Rabbi Galit Lavy-Slater, Interfaith president,

Life Changers

played guitar and led the dinner participants in a sing-a-long to old familiar songs.

The Leisure World Interfaith Council provides this event for participating congregations who work to serve the community in Leisure World.

Life Changers are people who can bring the power, favor and light of heaven into circumstances encountered here on earth. The group meets on the first and third Fridays from 1:30-3 p.m., with the next meetings scheduled for Oct. 4 and 18. Men and women are welcome. For more information, call Joan Eisenhart at 343-8066.



on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes, both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at (562) 431-8810 for further information.

Leave a recorded message and someone will get back to you as quickly as possible.

—Sue Kaminski

St. Theodore's Episcopal

St. Theodore's Episcopal Church will meet for a worship service with communion at 12:15 p.m Sunday, Sept. 29, in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrew's Drive.

The Rev. Reese Riley will preach on "See Something, Say Something!" The worship is followed by refreshments and fellowship in the conference room.

A mid-week communion is held at 11:30 a.m., Wednesday, for a combined Lutheran/Episcopal service.

HOLY from page 6

Francis of Assisi's love for all creatures, animals are customarily led to churches for a special ceremony called the "Blessing of the Animals."

At Holy Family, Father Juan will lead the prayer and the Blessing of the Animals ceremony, Friday, Oct. 4, at 10:30 a.m. outside the main door of the church. All are welcome to come with their special friends.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

\$ 39 WELCOME OFFER*

Your choice... Digital x-rays, examination & teeth cleaning OR Second opinion OR Denture or Implant consultation

10 % Senior Discount Modern technology **Interest free Payment plans** **Caring Approach** Little to no wait times Personalized treatment plans

(562) 598-4477 2914 Westminster Avenue Seal Beach, CA 90740 Located in the Denny's shopping center

* New patients without insurance only. Some restrictions may apply.



LWWeekly

Health & Fitness

LEISURE LEGGER

Walking for

health benefits

blood circulation, decreased risk

of cardiovascular problems, better

sleep, enhanced concentration,

increase in immune system

stregnth and an increase in quality

the Leisure Leggers club every

Monday morning at 8 a.m. The

club meets in front of Clubhouse

6 for 15, 30 and 60 minute walks

around Leisure World. You can do

it with a walking aid, your dog or

bring a friend. The club founder,

Tom Pontac uses Nordic Poles for

Pontac participated in the Long

Beach Aloha 5K walk, a fun local

event each year. Tom, who is 83

years young, placed in his age

a club in Leisure World for the

past 20 years and welcomes new

members. Dues are and always

have been 99 cents a year since it's

inception in 1999. Low dues are

used for occasional treats made

by Jeanne. For information, call

Tom Pontac at 304-0880.

The Leisure Leggers has been

Tom and his spouse Jeanne

balance and stability.

Come out and walk with

of life.

group.

Health benefits of walking for seniors include maintaining a healthy body weight, boosting



Weekly Health, Exercise Classes

Ageless Grace

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161. **Chair Exercise**

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30- to 60-minute walk. For more information, call Tom Pontac, 304-0880.

Yoga, Monday

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273. Yoga

10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

OPTUMCARE AT THE HCC Understanding and dealing with caregiver burnout

By Carson J. Blomquist, MBA

OptumCare

Caregiver burnout is a serious concern, but it affects people in different ways. You might become very impatient, overwhelmed by anxiety or hopelessness, or isolated - not seeing family or friends as much. It's harder to make decisions and concentrate. You may also feel constantly tired. Maybe you gain or lose weight without

all on our own, nor should we. Your friend loves to cook. See if he's willing to make a few extra dinners for you and your loved one. Your neighbor gets there groceries every Monday. Ask if they can pick yours up, too. Just be sure to pay them back.

Be honest. Your loved one depends on you for a lot, and

yourself. Watch a movie, read a book, take a long bath - whatever helps you relax and unwind.

Let's add a D: Don't forget your doctor. They can help find resources or refer you to someone who can help more.

By following these ABCs, you can hopefully focus on the meaningful aspects of caregiving



This week's Top Loser, Joni Williams.



Ruby Reznick(I) with Lillian Silva.

WA-RITE

Top Losers continue to work hard to achieve oustanding results

This week's Top Loser was Joni Williams with a three and a half pound loss in weight. Her success was from applying what she learned at Wa-rite. She cut back on meal portions, took time to enjoy her food and chewed slower. She also ate more salads, vegetables and lean proteins.

Joni taught a program on "The Six Health Benefits of Bananas." 1. Bananas are rich in Vitamin B6, which helps your body produce red blood cells, metabolize amino acids, carbs and fats, removes unwanted chemicals from your liver and kidneys, and maintain a healthy nervous system. 2. Bananas provides about 10 percent of your daily vitamin C needs. Vitamin C protects against cell and tissue damage, helps your body to absorb iron better and supports brain health. 3. One medium banana provides about 13 percent of your daily manganese needs which helps your body make collagen and protects your skin and other cells against free radicals. 4. Potassium in bananas is good for heart health and blood pressure. They're also low sodium and with the high potassium combination helps to control high blood pressure.

trying. And sleep - that's a whole different challenge.

You aren't alone. There are more than 40 million adults caring for someone, according to Pew Research Center. Almost all feel caregiving is rewarding (88 percent), but nearly a third (32 percent) also feel it is stressful.

Caring for someone else means caring for yourself. If you're starting to feel burned out, remember the ABCs of caregiving:

Ask for help. We can't do it

4:00 - 9:30 P.M.

Our Entire Menu Is

that can add pressure to your life. Let them know if you're feeling overwhelmed. If you need a friend or family member to help, have a conversation with your loved one to find someone they can trust while you take some time for yourself.

Care for yourself. Taking medications, eating well, exercising – these are all important for you and your loved one. But caring for yourself includes having some "me time." Breaks from caregiving that can be spent on

Fine Italian Dining

At Affordable Prices

Excludes Beverages, Salads

Desserts, Pizzas, Sandwich-

es, Appetizers or any other Specials. \$3.00 fee to share

.

•

With Purchase of a Beverage

a meal.

and reduce the stress.

Upcoming events at the HCC •Tuesday, Oct. 1: United Health Care ANOC meeting (for current UHC members), conference room 1, 10 to 11 a.m.

•Thursday, Oct. 3: Monarch HealthCare member meeting, conference room 1, 10 to noon.

•Friday, Oct. 4: Monarch HealthCare member meeting, conference room 1, 10 to noon.

•Friday, Oct. 4: Meet the health plans, conference room 2, 10 to noon.

Water health facts

-Depression and fatigue can often be symptoms of dehydration.

-The thirst reflex only appears when our bodies are already dehydrated.

-A 2 percent reduction of water levels in the body can lead to a 20 percent decrease in mental and physical performance. -Good water intake prevents

the skin from sagging.

-Our bodies consist of 55 -75 percent water.

5. Bananas can aid digestion and help beat gastrointestinal issues such as constipation, stomach ulcers and heartburn.

6. Bananas contain three natural sugars giving you a fat and cholesterol free source of energy making them ideal for breakfast, as a midday snacks or with sports.

Ruby Reznick was Top Loser two weeks ago with a 2 1/2 pound weight loss. Ruby Reznick had a friend contribute to her weight loss by cooking a large pot of vegetable soup with no salt. Lillian Silva, on the right was the second place winner in the 'Lei off the Sugar Contest' with a 9 pound loss, over six weeks.

Vegetables can be a 'secret weapon' to weight loss, high in fiber and water content, low calories and a natural diuretic, loaded with nutrients that are filling.

Wa-rite is a support group for women needing to lose ten pounds or more. Members meet on Fridays in Clubhouse 3, Room 1 from 9-10 a.m. Weighing begins at 7:45-8:45. Annual dues are \$10. You must be a LW resident to join. If you have any questions please call Carol Chambers at 822-4641 or Bev Bender at 594-9148

—Margaret Humes



ino's

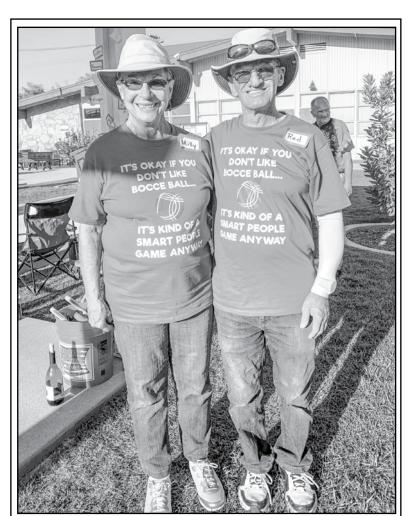
Senior Citizen or L.W. Resident Special

Every Day, 7 Days A Week!

6391 WESTMINSTER AVE., WESTMINISTER • 714-895-3303 del

Wesminister Ave. over 405 Fwy., on left next to Big Lots!

Sports & Games



Milly Larsen and Red Ryals, champions of Summer League Bocce Ball, 2019.



Over 100 spectators watching the championship. Bocce Ball is very popular at Leisure World, especially for the summer championships.

BOCCE BALL

<u>CRIBBAGE CLUB</u> Kistner beats 59 players

Carrie Kistner had the top score of 844 followed by Bob Berry at 833, Sue Pullen at 826 with Howard Richcreek and Gary Janatzen tied at 824. There were 60 players on Sept. 17.

Joyce Alma treated the entire cribbage club to fresh fruit, a vegetable tray, dip, chips and ice cream. Alma shared Canadian coffee and tea and cookies.

Joyce, Alma and Margaret Smith served.

The Cribbage Club meets every Tuesday at noon in Clubhouse 1. Partners are not required and everyone usually finishes by 3:30 p.m.

Those that wish to learn to play Cribbage can call Patti Smith at 242-4674 and she will arrange for lessons for beginners or for those that wish to brush up. There is always room for more players. Players should arrive by noon to be assured of a table.

—Bobbie Straley

Weekly sports fact:

This week we look at what a "bye" is.

A "bye" in sports (and certain other competitions) refers to organizers scheduling a competitor to not participate in a given round of competition, due to one of several circumstances that vary sport to sport.

Pickleball

New Pickleball court hours are 8 a.m. to 8 p.m. every day. Courts will be closed the first Wednesday of each month for



Nancy Floyd, tournament winner.

TOURNAMENT POKER

Floyd wins with straight on the river

Nancy Floyd won the final table on Sept. 14. Her hole cards resulted in a straight on the river, besting second place Lee Pfeifer.

Third place was Kathy Elliott, followed by Tony Canfora, John Vento, and Joyce Smith. High hand honors were shared by Joyce Smith and Bette Sargent who both had aces full of deuces. Judy Jasmin won the featured hand.

Winner Floyd has won the final table four times. She is active in many clubs and especially likes poker and bunco. She worked as a Federal employee, but retired 11 years ago. She lives in Mutual 9.

In other poker news, seven club members played in an American Legion Post 716, Los Alamitos, tournament on Sept. 7. A hamburger dinner was provided in this fund raiser for the post. LW shareholders Susan Rose and Nancy Jordan placed first and second, respectively.

Barry Brideau gives private individual or group lessons. Call him at (714) 401-7622. Call President Wendy Wu for other club information at (714) 366-0940.

—Susan Dodson

SHUFFLEBOARD

New season starts on Friday

The first league game is scheduled for tomorrow, Sept. 27 at the Clubhouse One courts starting at 9 AM but be there by 8:45 to guarantee a playing time. Team rosters are being finalized and will be posted at the courts on Thursday Sept.26. With many returning players and a number of high-quality new competitors it looks to be another exciting year.

The first tournament will be the Turkey Shoot – planned for Nov 22. For those who wish to join or try out the game, practices are Mondays at 10 a.m. and every Friday during league play starting at 9 a.m. at the shuffleboard courts behind Clubhouse 1. Call President Carrie Kistner for any questions at 949-300-0285.

Summer league championship

Under a hot September sun more then 100 Bocce Ball enthusiasts watched Red Ryals and Milly Larsen defeat Melli and Sal Herrera to win the overall Bocce Ball championship for the Summer league. Rounding out the competition was Usah Agarwal and Sal LaScala who placed third and Reta and Bruce Lombardi who came in fourth place. The competition, which took place Sept., 14 ended the summer season of Bocce Ball. The fall season begins on Saturday, Oct. 5.

—Terry Thrift

LADIES GOLF

Kim with low gross in first round

This Tuesday, Sept 17 was the first out of two competitive rounds for the ladies' president's trophy. The final winners will be announced after next Tuesday's final round of play.

48 Members played this week for low gross, low net, and fewest putts.

The flight winners are:

Flight A - Low Gross; Susie Kim, 26. Low Net; Bert Thompson, 24. Fewest putts; Theresa Lim, 11. Flight B - Low Gross; tie between Grace Choi and Jane Song, 28. Low Net; Marilyn Hewitt, 22. Fewest Putts; Grace Choi, 10. Flight C - Low Gross; Tie between Donna Cooper and Judy Kim, 34. Low Net; Stella Yoon, 26. Fewest putts; Stella Yoon, 12. Flight D - Low Gross; Sandra deDuBovay, 33. Low Net; Evelyn Scherber; 18. Fewest Putts; Dorothy Favre, 12.

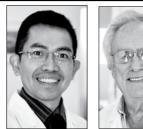
—Dale Quinn

court maintenance.

—David LaCascia

For those who do not have dental insurance, we offer new patients a \$1900 exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, ^{\$}8 to ^{\$}50 is saved in restorative and emergency procedures.





Philip P. Nguyen, D.D.S. ADA, CDA, OCDS Over 16 years experience

n, Gilbert S. Unatin, D.D.S. DS ADA, CDA, HDS ence Over 40 years experien Ella J. Chen, D.D.S. ADA, CDA, Over 6 years experience

Cosmetic Bonding & Veneers Crowns & Bridges Dentures Periodontics (Gum Disease) Implants

Senior Discounts Available

Most Insurance Plans Accepted Including Delta Care USA and SCAN

Providing Quality Dental Care to Leisure World Residents Since 1975.

Seal Beach Dentistry

Philip P. Nguyen D.D.S., INC.

1900-A St. Andrews Dr. Seal Beach, Leisure World Shopping Center

562-430-1054





Devora(I-r) and Dong Kim, Kyung Cho and Bob Barnum.

GUY'S AND GAL'S GOLF

Golfers score extraordinarily well at Sept. 18 game

The September Guys and Gals golf tournament was held at the local Leisure World golf course on Sept. 18. The sun was out for the whole tournament and it was a great morning to play golf.

Thirty-one teams of one man and one woman competed over 18 holes in three Flights. "A" flight has teams with combined handicaps of 0 - 8. "B" flight 9 - 13, and "C" flight, 14 - 18. All scores are net: (actual score minus handicap).

There were four circle hole winners – an unusually low number. Scores were also verylow this week with the winners gross scores (factoring in handicaps) of minus five, minus one and plus six over par. Excellent scores for amateur golfers.

Flight winners: A: There was a First place tie between Bob Turner - Janice Turner, 43; second place, Bill Lyons - Pam Krug, 45; third place, Young Lee – Hae Lee, 46; fourth place had a tie between Walt Bier - Margie Thompson and Dong Kim - Devora Kim, 49. The rest of the A flight field's net score were nearly all under par. B: First place, Gary Stivers - Marty Ann Moore, 42; second place, Bill McKusky – Yvonne Yim, 45; third place had a two-way tie between Hyong Shin - Sang An and Won Song – Jane Song, 46; fourth place, Steve Moody - Sandy Derouin, 47. The remaining B flight teams were all under par. C: First place, Sang Kim – Soo Kim, 43; second place, Young Jeun - Sue Chung, 46; third place, Lee Broadbent -

Joann Lim, 47; fourth place, Jim Dickerson – Laura Garcia, 48; fifth place, Mike Carlson – Sue Yokomi, 49. The rest of the Cflight was nearly net under par.

Closest to the pin on hole no. 8 was Bill Lyons – four feet 11 inches and Jane Song – four feet four inches. On hole no. 17, Young Lee - five feet nine inches, and Sandy Derouin - five inches.

Guys and Gals Tournament is held on the third Wednesday of each month, and on the fifth Wednesday of months that contain 5 Wednesdays. The next tournament is scheduled for Oct. 16. Participants must be a member of the Men's or Ladies Golf Club to play in this tournament and have a handicap.

—Dave LaCascia

Dave LaCascia at David L. Baker Golf Courrse in Fountain Valley.

MEN'S GOLF

Norihiro and Munn triumph at Baker golf course

The Men's Friday Golf League played on Sept. 20 at David L. Baker Golf Course in Fountain Valley. Considered an Executive Course it is the shortest (par 62) of the four courses played once each week. With more par three's than par fours - accurate drives and a good short game are required. Plenty of water hazards and sand traps plus small greens make low scores very difficult. Seven men accepted the challenge on a beautiful, sunny humid morning.

All scores are net (actual score minus handicap).

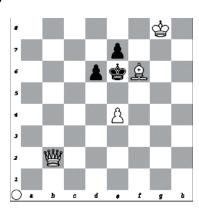
A flight: First place winner was Fujio Norihiro with a 9 under 53 plus low putts for the round. John Meyer came in second place, 59, plus closest to the pin on hole No. 12 and a birdie. Third place was Sam Choi with 60 and a birdie. Dave LaCascia was fourth, 62, plus a birdie and closest to the pin on hole No. 3. Gary Stivers was fifth with 64. B flight: First place, Bob Munn - 60 with a birdie and low putts; second, Dennis Kotecki, 67.

Both Monday and Friday Golf Clubs play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. Ladies, friends, spouses and family are all welcome. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts. Holesin-one, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697. —Dave LaCascia

Chess Club Puzzle

This week's puzzle: white moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available



Cards and Games Scoreboard

Fun Time Pinochle winners, Sept. 15: Irene Perkins, 12,640; Nancy Wheeler, 11,960; Marge Dodero, 11,870; Richard Van Wasshnova, 11,450.The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509 *-Bert Sellers* SCOREBOARD, page 23

POOL LEAGUE

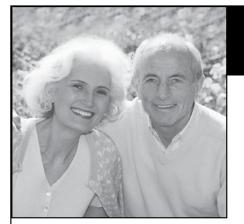
Three Amigos are in the lead

The Leisure World Pool League consists of seven, three person teams. Each week one team has to take a bye. This is the third season for the league and every team plays every other team twice. The league ends on January 13, shortly after a league break for the holidays in December. Each match is comprised of 12 points, with four games of doubles and two games of singles for each player. There are three players on each team, with an "A", "B" and "C" player, who plays one game of 8 ball and a game of 9 ball against their same level opponent. After two weeks the Three Amigos lead the Pool League with a record of 18 wins and six losses after scoring their second 9-3 victory in a row as Kent Wells won five of his six games. In the first week Russell Black scored six wins and zero losses as the 420 Ballers won 10-2 against the Hot Mess Express. In the second week of competition The Hustlers took the Hot Shots 9 to 3 with Boon Buntra winning his eight ball and nine ball singles matches and scoring five points. The Favorites also won nine to three over 420 Ballers with Dave Silva winning all six of his matches, giving them a second-place record of 15 and 9.

LWWeekli

in Leisure World when the LW Chess Club meets from 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.

CHESS, page 23



Los Alamitos Dental Care

Personalized & Caring

GENTLE & PERSONALIZED DENTAL CARE IN LOS ALAMITOS

Free Initial Consultation with the Doctor

- Dedicated to Honest & Professional Patient Care
- · Excellent Dental Care for the Entire Family
- Generous Senior Courtesy
 Financing Available
- Early Morning, Evening & Saturday Hours
- State-of-the-Art Sterilization Procedures

Crowns & Veneers / Dentures & Partials Implants / Teeth Whitening

> 3551 Farquhar Avenue,Suite 102 Los Alamitos (562) 598-4111 *or* (714) 995-6611

Gary D. Prins, D.D.S. • John B. Wallace, D.D.S. • Joshua A. Winer, D.D.S. • Michael E. Zell, D.D.S. Members of ADA, CDA

WE CORDIALLY INVITE YOU TO JOIN OUR DENTAL FAMILY

—David Silva

Annual dental care for veterans

As we commemorate Veteran's Day, we are reminded of the services and sacrifices of our Nation's Armed Forces. If you are a veteran, we invite you to attend our sixth annual veteran's day event on Monday Nov. 11, veteran's will receive a complimentary dental exam, full dental X rays and a regular dental cleaning.

At Dr Seza Barsamian's Dental Office, as always, we will be honoring these courageous men and women.

Dr. Seza Barsamian's dental office is located at 4022 Katella Ave., Suite 206, in Los Alamitos.

To make an appointment, call the office at (562)596-4439 to reserve your time with the doctor.

-Seza Barsamian, DDS, Inc



opyright © 2003 chrisad

Arts & Leisure



Terry Otte and Abilene will perform a dance concert at 7 p.m. on Saturday, Sept. 28, on stage in Clubhouse 2. All Leisure World residents and friends are welcome. The clubhouse is set up with tables so bring beverages and snacks.

Amphitheater Movie Survey

The GRF Recreation Department is seeking input from Leisure World residents on the 2019 Amphitheater movie season. Clip this form, and mark the appropriate box(es) and turn in completed forms to the Recreation Department in Clubhouse 5 by Oct. 4.

7-05	350	Bohemian Rhapsody	
7-12	300	A Star is Born	
7-25	250	Instant Family	
8-01	300	Green Book	
8-08	200	First Man	
8-15	250	The Upside	
8-22	200	Spider Man Into the Spider- Verse	
8-28	150	What Men Want	
utual:	Apt:	COMMENTS:	

CABARET ENTERTAINERS Variety show is today at 7

The Cabaret Entertainers will be perform a new show called "Variety" today, Sept. 26, at 7 p.m. in Clubhouse 2. Doors open at 6:30 p.m. Performers will show off their versatility with new numbers that people have not heard before.

There will be special guests to round out the show.

Come early for a good seat and bring favorite snacks and beverages.

—Tosca Lies

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadwayhits and other classic tunes. Helen Onu is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required. For more information, call Chuck Burnett at 493-0176.

Community Sing

Leisure World residents are invited to attend the Community Sing Monday, Sept. 30, at 6:30 p.m. in the Clubhouse 3 Lobby. People who want to be part of the first half hour of Opening Acts are encouraged to come around 6 to sign in with leader Carmen Edwards; bring music for the pianist, as needed.

Carmen will lead group singing until she introduces her half-time guests, the colorfullydressed dancers of the Hui O Hula Club.

On Sept. 16 Leila Claudio was the emcee for the evening. **Opening Acts began with Robert** Barnum who sang "Music of the Night" (from "Phantom") a cappella. Ric Dizon followed with "Love Is All"; and Richard Yakosii accompanied himself on electric guitar singing "Help Me Make It Through the Night." Clarence Hoffman sang "This Old House" and other featured performers were Byong Choi, "Red River Valley"; Bruce Dupont, "If" (a capella); Ethel Carter, "Raindrops Keep Falling on My Head"; and Betty Ballen played "Hava Nigila." Pianist Pat Kogok accompanied three of the opening acts.

After Opening Acts, Leila led group singing until 7:15 when she introduced her half-time guest,



Carmen Edwards

Carmen Edwards.

Accompanied by a karaoke machine, Carmen sang "Love, This is My Song," "Autumn Leaves" (in a different language), did a duet with Bob Barnum, "Blue Byou" and sang "Someone Who'll Watch Over Me" (Frank Sinatra version).

A u d i e n c e m e m b e r s clapped loudly and cheered to show their appreciation.

Leila wrapped up the musical evening with another session of group singing and ended with "Kumbaya."

Thanks to pianist, Pat Kogok and to Ric Dizon who furnished the karaoke machine.

—Ethel Carter

AAUW

Social Security is topic on Oct. 5

The American Association of University Women will present a program about Social Security and, in particular, benefits for women, from Social Security Public Relations Officer, Jacqueline Zaragosa. The group meets at 9:30 a.m., Oct. 5, at Long Beach City College, 4900 E. Conant St., Building O-2 (second building), Room 208 (second floor). The meeting is at 9:30; the program begins at 11. Cost is \$25 for lunch or \$5 for meeting/program only.

AAUW, page 17

LEISURE WHIRLERS

Halloween dance is Oct. 4 in CH 4

The Whirlers Square Dancers will hold a Halloween party on Friday, Oct. 4, in Clubhouse 4 from 6:30-9:30 p.m. Pre-rounds are from 6:30-7p.m. Square and round dances will be alternated from 7-9 p.m., followed by a potluck and socializing. There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information call Lenore Velky at (562) 799-9482. Square dance classes are held Mondays from 7:30-9:30 p.m. at the Garden Grove Women's Club, 9501 Chapman Ave. Come to brush up on dancing skills and support student dancers. Singles and couples are welcome. For more information, call Mel Branham at (714) 803-0250.

Podiatry House Calls

Foot care in the comfort of your home We treat and trim toenails, painful corns and calluses Medicare accepted and reasonable fees for self pay

JGGESTIONS FOR FUTURE SHOWS

Dr. Marc Spitz & Dr. Scott Whitmore

799-0656

Bixby Knolls Towers–Retirement Living at Its Best!

Choosing when to retire can be tough... Choosing where to retire should be easy! **Move in Special, 1/2 Off Third Month's Rent Until October 31**st

Independent Living

- Free transportation
- Weekly housekeeping
- Kitchens in all apartments
- Three daily meals
- Social activities & outings
- 24-hour emergency response
- Choice of six different floor plans
- All utilities included—except telephone & internet

Tel: 562-426-6123 • TDD: 800-545-1833 Ext. 359 3737 & 3747 Atlantic Ave. • Long Beach, CA 90807



Assisted Living

- Assistance with bathing & personal needs
- Medication monitoring
- Recreational programs
- 24-hour staff
- All utilities included—except telephone & internet
- Individual studios & onebedroom apartments

Bixby Knolls is proud to be part of Retirement Housing Foundation (RHF). RCFE License #191601645 SNF License #940000023

Ask About Our Skilled Nursing Care

www.rhf.org www.bixbyknollstowers.org





12 September 26, 2019 | www.lwsb.com



Bessie Biglang-awa, and Gladys and Albert Comia had an opportunity to line dance with others at the recent Filipino Association of LW luau.

JOYFUL LINE DANCE

New LWers join club to meet friends

Joyful Line Dance Club welcomed Albert and Gladys Comia and her mother Bessie Biglang-awa. They moved from Oxnard in March after Albert retired from the U.S. Navy after over 20 years of military and 15 years of federal service.

They decided to attend the Joyful Line Dance Club to keep themselves active and meet new friends.

They are happy, thankful and blessed to be a part of Leisure World Community.

Come and experience the "joy" of line dancing with the Joyful Line Dance Club every Wednesday from 3-4:30 p.m. in Clubhouse 3. Justin Manalad is the instuctor. The class is 90 minutes of exercise; \$2 fee. —Anna Derby

GRF WEEKLY DANCE Now and Then to play on Sept. 28

The Golden Rain Foundation sponsors a weekly dance on Saturdays from 7-10 p.m. in Clubhouse 1.

Now and Then Trio will play 1940s through 60s music on Sept. 28.

The Recreation Department asks residents and their guests attending the GRF Saturday Dances in Clubhouse 1 to cooperate in adhering to a few, simple rules:

• Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

• People must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to set up for the next group.

• No announcements are permitted from the stage, except by the bands.

• Clubhouse lighting and audiovisual equipment can only be adjusted by the custodian according to the instructions they have been given

• Be sure to sign in, either as a resident or guest. This is the only way GRF can judge the popularity of bands.

• Guests must be accompanied by the GRF member who invites them as all passes and ID's are subject to inspection.

Maestro Eckart Preu opens 85th season Sept. 28

Round-trip bus is available for LWers

LBSO

The Long Beach Symphony, under the direction of Maestro Eckart Preu, will open its 85th Anniversary season on Sept. 28 at 8 p.m. in the Terrace Theater of the Long Beach Performing Arts Center, 300 E. Ocean Blvd. To celebrate this milestone, patrons will be welcomed with bars and seating on the plaza pre-concert, and the option to hear Maestro Preu and guest soloist Paul Huang offer their insights to the concert beginning at 7 p.m. in the Terrace Theater hall.

Leisure World patrons have the convenience of round-trip bus transportation. People meet the bus at the Amphitheater bus loading area on St. Andrews Drive no later than 5:30 p.m. on concert Saturdays. The bus leaves promptly at 6 p.m. to arrive in time for Maestro Eckart Preu's free pre-concert lecture, and returns following the concert. Round-trip tickets are \$16.

For further information on the bus or concert schedule, visit LongBeachSymphony.org or contact bus co-hostess Beverly Emus at (562) 296-5586 or bemus@ socal.rr.com.

The concert will open with music by Hungarian composer Ligeti (b. 1923), whose work has been heard in soundtracks to some of Stanley Kubrick's most famous movies, "2001: A Space Odyssey," "The Shining" and "Eyes Wide Shut." In contrast to those, his Romanian Concerto incorporates folk melodies from his childhood. Despite those innocent roots, it was still con LBSO, page 14

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•A Time to Dance Club by Joseph: Ballroom dance group lessons are held on the second and fourth Thursdays in Clubhouse 3, Room 2. Argentine Tango is taught from 6:30-7:30 p.m.; fox trot, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.

•Ballet Fitness: A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required. Classes are \$3.

•Dance Club: Ballroom and social dance classes are held on Wednesdays in Clubhouse 6, Room C. Beginning/intermediate cha cha is taught from 7:15-8:15 p.m. and intermediate fox trot is taught from 8:15-9:15 p.m. The cost is \$6 per class or \$10 for both classes. Singles and couples are welcome. Dancers rotate. For information, call dance instructor Jeremy Pierson, 999-1269.

•Dancing Feet Club: Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•Flowering Step Line Dance: Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•Fun Exercise Line Dance Club: Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

• Grapevine Line Dance: Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire directly in class or email grapevinelinedance@gmail.com.

•Hui O Hula: Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•Joyful Line Dance Club: Beginning and intermediate easy-tofollow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

•Leisure Time Dancers: West Coast Swing will be taught at 2 p.m. and nightclub two-step at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•Leisure World Cloggers: Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•Leisure Whirlers Square and Round Dance Club: Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 237-2682.

•Saturday Morning Dance Club: Rhumba is taught from 9-10 a.m.; Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse

Single and season concert tickets are now on sale. LWers

who want to buy season tickets and bus rides can save 20 percent by mentioning the LW Opera Club to Florita Davis at (562) 436-3206, ext. 232.

1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•Suede Sole Dancers: The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•Velvetones Jazz Club Dance: The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•Zumba Club: Stef Sullivan teaches the class with dance steps inspired by salsa, merengue, cha-cha, raggaeton, Cumbia, Bollywood, jazz, hip-hop and disco. Classes, \$3, are held at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.



Karlton Residential Care "Family Owned" Loving Alzheimer's, Dementia and Memory Impaired Care at Affordable Prices. • Join us for a private tour of our community. • Ask about a free assessment by our nurse. Call to discuss our very affordable short-term respite care.

714 - 236-1170



8 miles from LW between Valley View and Knott 3615 W. Ball Road, Anaheim Lic. #306000295 Visit us at www.karltoncare.com.





LWWeekli



The Dancers and Mixers Club draws a crowd. **DANCERS AND MIXERS**

All are welcome to usher in fall with Oktoberfest dance

The Dancers & Mixers will have a Halloween/Oktoberfest dance from 7-9 p.m. on Tuesday, Oct. 1, in Clubhouse 4.

Costumes are encouraged, but not required; we just want your body on the dance floor.

Kelly Sala from Ageless Assurance will provide light refreshments, but people are welcome to bring food and beverages of their choice. So show up and join the fun.

Partners are not needed, as there will be both a mixer and

COMMUNITY KARAOKE

several line dances. Linda Herman will provide the live music. September's club dance was a wonderful affair.

Thanks to John Hlavac and Walt Bier for manning the welcome table.

The club also hosted a special anniversary dance Sept. 8 that left the regular dance in the dust.

The room was packed with a lot of new faces that wanted to see what the excitement was all about. Even Linda Herman got

caught up in the fun as she

played beyond the 8 p.m. closing. Everybody who attended had a good time.

The club sprang for the light refreshments with both the music and goodies paid for by donations from members and guests alike.

For this dance there was no welcome table, as people were free to come in and dance.

Thanks to everyone who attended. For more information about the upcoming dance, call 431-1257.

—John Hlavac

Verlene, Bert and Rick celebrated birthdays last week



Verlene Thompson

There were birthdays galore at the Community Karaoke Club last week. Verlene Thompson, Bert Sellers and Rick Hering were warmly applauded at the Wednesday karaoke party. Everyone enjoyed the cake that was served.

Tino Tupas, with his smooth, quiet way, did "You Belong to Me," followed by Byong Choi, who did "When I Dream" in strong voice; Donna Burr, "It Had To Be You"; Pete Tupas, "What a Difference a Day Makes"; and Ric Dizon, "Spanish Eyes." Vito Villamor got the room up and dancing to "Achy Breaky Heart," and Ellen Brannigan had everyone singing along with "Peaceful, Easy Feeling" as did Eileen Merrit with "Leaving on a Jet Plane." Helen Sshultz moved the crowd with "Amazing Grace."

The club is lucky to have lots of karaoke friends who love to sing, do it well and rush to take the stage each week in Clubhouse 1 on Wednesday nights.

You're sure to hear familiar tunes like Bev Adams singing "Breaking Up is Hard to Do"; John Guidi with "White Sport Coat"; fun lyrics like "You Can Leave Your Hat On" by Wayne Urban or a Bee Gee's hit "To Love Somebody" by Tony Tupas. Everyone is welcome!

HISTORY

from page 4

North Pole

-Margie Thompson

August 1958 accomplished the

first voyage under the geographic

Oct. 1, 1890- Congress estab-

lished Yosemite National Park.

On average, about 4 million

people visit Yosemite each year.

Yosemite is famous for its high

concentration of waterfalls in a

small area, numerous sheer drops,

glacial steps and hanging valleys

and the giant sequoia trees. It

is located in the western Sierra

Nevada of Central California. En-

vironmental trailblazer John Muir

(1838-1914) and his colleagues

campaigned for the congressional

action, which was signed into law

by President Benjamin Harrison.



September 26, 2019

www.lwsb.com

LWers Joan Boryta (I) and Alice Sioson **CYPRESS ART LEAGUE** LW artists win honors in contest

Leisure World residents Joan Boryta and Alice Sioson won awards from among 274 art entries at the recent Cypress Art League Autumn Open Show Sept. 14-15 at the City of Cypress Community Center. Joan Boryta won two honorable mentions for her Division I watercolor entries. Alice Sioson won first place for her Division II 3 Dimensional entry and second place for her Division III watercolor entry.

Joan Boryta was also the demonstration artist at the Cypress Art League meeting held just before the awards ceremony.

The annual autumn art exhibition is held in coordination with the City of Cypress.

Winning artworks are available for viewing at the Gallery of the Cypress Community Center, 5700 Orange Ave., Cypress, through Oct. 14.

—Larry Sioson

Creative Writers Fiction/Non-Fiction

The Leisure World Creative Writer's Club Fiction/Non-Fiction Group will meet Friday, Sept. 27, at 1:30 p.m. in Clubhouse 3, Room 1. Residents and guests are invited.

The club exists to encourage writers like member David Chute, who says: "When I write a story, I appreciate how wonderful it is to belong to this club where we can be introduced to new ideas by listening to others."

'Often my own stories will grow like wild weeds, branching off in directions that they choose, despite my efforts to harness them.

"While the story I write is totally my own story, told in my own words, it incorporates some new ways of taming its potential for verbal overgrowth and arranging its flowers nicely, in a sensibly sized planter of my choosing."

—Dorothy Ferrington



13

RECAP from page 5

to sign the contracts.

Recreation Committee – FI-NALVOTE: Amend 70-1487-2, **Recreational Vehicle Lot (RVL)** - Schedule of Fees

MOVED and duly approved to amend Policy 70-1487-2, Recreational Vehicle Lots, Schedule of Fees, as amended.

Recreation Committee – Conceptual Approval – Learning Center

MOVED and duly approved to conceptually approve the modification of Trust Property to provide the opportunity to provide a variety of general Educational and Instructional classes for the benefit of the Shareholder/ Members. The Recreation Committee is directed to finalize a general scope of modifications, furnishings and equipment needs to support the operations of ongoing education and instruction and provide all details and costs to the Board for final approval. **Recreation Committee-Amend** 70-1445-1, Mission Park

MOVED and duly approved to amend 70-1445-1, Mission Park, changing the beginning hour of operation to 8:00 a.m., from 9:00 a.m.

Security, Bus & Traffic Committee – Approve Contract – **Citation Services**

MOVED and duly approved to award a contract to Complus Data Innovations, Inc. (COMPLUS), for parking enforcement citation equipment and supplies, for a term of 3 years beginning at the end of a 90 day implementation period after the signing of the contract, with no upfront costs or fees, and authorize the President to sign the contract contingent upon the required modifications.

REDEEMER from page 6

weekly Wednesday Bible class which meets Oct. 2 from 10:30-11:30 a.m. in the Fellowship Hall.

Orange County Care Connections provides Respite Care for persons diagnosed with memory impairment.

A Ministry of Redeemer that is available to everyone in the Leisure World community, the program runs from 9 a.m.-3 p.m. on Mondays, Tuesdays and Thursdays. Call (562) 596-1209 for more information.

Health Insurance Solutions

"I Have Answers About How to Change Plans or Turning 65... Enroll Now!"



"HCC Thursdays 10 to Noon" "I Make House <u>Call</u>s" I Speak Fluent Medicare

Joe Koteras (562) 547-2913

MEDICARE MEETING: Tuesday Oct. 17 · 10:00 AM **Leisure World** 1661 Golden Rain Rd. SB







Last week Hui O Hula dancers wished Phil Vlaic happy birthday with a few hula, and his gracious wife, Joyce, treated everyone to delicious cake and punch at the party. Here they are dancing Tiny Bubbles with Keiko Kawamoto. The LW hula club is looking forward to being Community Sing's half-time guests on Sept. 30. Hui O Hula offers free Hawaiian dance lessons to all in this fun-loving community. Call 252-9676 for class or performance information.

Friendship Club

The Friendship Club offers computer classes taught by Jeff Sacks and Miryam Fernandez. The schedule is as follows:

Monday, Sept. 30, Clubhouse 3, Room 4

11 a.m.— Introduction to iPhone/iPads (Fernandez)

Noon—iPhone Tips and Tricks (Fernandez)

Monday, Oct. 7, Clubhouse 3, Room 4

11 a.m.—Windows 7 & 10 (Sacks)

Noon—Texting (Must have smartphone)

Monday, Oct. 14, Clubhouse 3, Room 4 11 a.m.—Computer/iPhone/iPad Questions (Fernandez) Noon—Google Photos-New update (Fernandez)

Monday, Oct. 21, Clubhouse 6, Room B 11 a.m.—Calif DMV Test Prep (includes information about REAL ID) (Fernandez) Noon—Meet "Siri" (Fernandez)

Monday, Oct. 28, Clubhouse 3, Room 4 11 a.m.—iPhone Tips & Tricks (Fernandez) Noon—Browsing the Internet (Fernandez) Classes are free.

For expert computer and smartphone information and advice, DMV, to suggest topics and questions, or to join the email list, contact Jeff Sacks (714) 642-0122.

For basic computer information, iPhone/iPad, Social Media, Google Calendar questions, contact Miryam Fernandez at 884-7460.

Friends of LW Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore located adjacent to the library. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more.

A boutique that sells gently used collectibles and gifts is open now for pre-holiday browsing, and donations are welcome (no clothing, shoes or large electronics can be accepted). Volunteers will pick up larger donations if needed. The Friends group is in need of volunteers. To learn more, go to the bookstore; applications are available during operating hours from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.



Dixieland Jazz Band DIXIELAND JAZZ Final two concerts are set for longtime LW band

It is with regret that President Walter "Dutch" Vanderhoven announced that the Leisure World Dixieland Jazz Band will disband after its December concert this year. He encourages all Dixieland Jazz enthusiasts to not to miss the last two concerts. The next one is set for 6:30 p.m. on Wednesday, Oct. 2, in Clubhouse 4.

World residents and their family and friends.

The concert commences with an hour of Dixieland Jazz music before a short intermission. Decaf coffee and other refreshments will be available. Those attending can make a party of it and bring their own refreshments and beverages. The concert is usually finished around 8 p.m. Donna O'Keefe will head the traditional Parasol Parade. She says that anyone who has ever had an urge to join the parade but has been hesitant should do so at this concert. They may pick up one of her personally decorated parasols and join in the fun.

This Dixieland Jazz band was founded in 2003 by Luis Schillaci. They have been entertaining Leisure World residents for over 16 years. Be sure not to miss the Oct. 2 event and give the band a roaring appreciation of the years they have been bringing this fun upbeat music to Leisure World. — Sandra deDubovay

Workshops include:

•Sept. 19: Recent Changes in Ancestry Records (and how to add them to your tree)

•Sept. 26: Library Clean-Up Day (Come help dust the books, shelves, computer monitors and keyboards, clean tables and counters, etc.)

- •Oct. 3: Ancestry DNA
- •Oct. 10: Death Records
- •Oct. 17: Witches & Witch Trials
- •Oct. 24: Find-A-Grave

•Oct. 31: Halloween Party; people are welcome to bring snacks and drinks to share and come get acquainted.

—Janet Lessing

Video Producers Club

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph

Valentinetti; and Fridays, creating and editing videos, Janice Laine.

For more information, stop by the club room in Clubhouse 3,

Room 12, from Monday-Friday from 10 a.m.-noon.

Everyone is invited to come and watch Gluck's "Orheus and Eurydice," Part 1, in Clubhouse 3, Room 1, on Tuesday, Oct. 1 at 1:30 p.m. It features David Hobson and Amanda Thane singing the title roles in a production conducted by Marco Guidarini for Opera Australia.

Opera Club

The opera is based on an ancient Greek myth depicting every man and woman who are called upon to endure the universal emotions of love and loss, which are heightened here by Gluck's ingenious music. Frieda Davis, loyal club member and knowledgeable music fan, will introduce the story.

The opera opens with Or pheus at a gravesite, bemoaning the loss of his love Eurydice, who has been taken from the world by the more powerful gods. In his distress, the god Cupid, the god of love, appears to say that Jove, the high priest among the gods, will allow him to descend into Hades where he can try to appease the Furies and their vicious guard dog, Cerberus, to retrieve his beloved Eurydice. One caution is mandated— that he may not look at Eurydice until their journey is complete, or he will lose her forever. Orpheus' determination succeeds in overcoming the Furies and their frantic antics and they are replaced by Blessed Spirits dancing in a pastoral setting, Elysium.

This is a free event for Leisure

Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

Library is open from 1-4 p.m. on Tuesdays, Wednesdays and Thursdays.

The workshops are open to everyone and are free. The Genealogy

LBSO from page 12

sidered too modernist for communist Hungary when it was composed in 1951 and was not performed publicly until 1971 and not recorded until 2001. The work features interesting solos from all parts of the orchestra.

Like Ligeti, Bohemian composer Antonin Dvořák was also adept at weaving folk songs into his music, as can be heard in his Violin Concerto, one of Dvořák's most popular works. According to one story, Dvořák's inspiration for this concerto came from a visit to Prague's railway station where he observed troops arriving for a concert to support the early struggle for a Czech homeland. The Violin Concerto in A minor is an expression of his patriotism and desire to create music capable of "stirring the world."

Guest violinist Paul Huang, known for his distinctive sound

and effortless virtuosity, will interpret the work, which is considered an essential part of the international violin repertoire. Recipient of the prestigious 2015 Avery Fisher Career Grant, the 2017 Lincoln Center Award for Emerging Artists, and countless other prizes, the Taiwan-born violinist earned bachelor's and master's degrees from the Juilliard School of Music. He plays on the 1742 ex-Wieniawski Guarneri del Gesù on loan through the generous efforts of the Stradivari Society of Chicago.

Following intermission, the orchestra will present Tchaikovsky's Symphony No. 5. Because the work did not receive immediate critical acclaim as he had hoped, the composer distanced himself from it for many years. After his death in 1893, however, the work grew in popularity, and the 45-minute masterpiece is now praised for the composer's skill as an orchestrator and his evocation of the idea of fate throughout.

"My intention for each concert of the upcoming season," explains Maestro Preu, now in his third year with the symphony, "is to achieve three things: to touch the soul, to open one's mind and to entertain. In each program the audience will find a well-known work—music where many listeners might be able to anticipate the next phrase—combined with something more adventurous, a piece that will deliver a listening experience of discovery."

On Nov. 16, the Symphony takes a musical tour of France, then on Feb. 8, the orchestra celebrates the rich heritage of folk melodies from the U.S. and Mexico, reborn by 20th-century composers, among them Aaron Copland. In March, guest violinist Stefan Jackiw will solo on Beethoven's Violin Concerto in D major in honor of the composer's 250th birthday. The Classical season will wrap with an exploration of love and war by Romantic composers on May 30, with works by Liszt, Clara Schumann and Brahms.

The POPS! season kicks off Oct. 26, with a performance by cross-over artist Lucia Micarelli, known for her collaborations with Josh Groban, Chris Botti, and Jethro Tull.

Single tickets to the Symphony's Classical and POPS! concerts start at \$30 (student tickets \$10) and are now available. Season subscriptions start at \$129 for all six concerts of the Classical Series and \$93 for all five POPS! concerts.

For more information, or to purchase tickets and subscriptions, visit *www.LongBeachSymphony.org* or call 436-3203. Part 2 will be shown on Monday, Oct. 14, at 1:30 p.m.

The opera is sung in Italian with English subtitles. Room 1 is open at 1 p.m. (but not before). No dues or fees are collected. For more information, contact Beverly Emus, LW Opera Club president, at (562) 296-5586 or *beverly90740@gmail.com*.



Where the Best Technology, **Equals Better Outcomes**



ExactechGPS® pairs Dr. Michael Pahl's expertise with an advanced computer system to perform shoulder surgery with improved accuracy and precision.

Your Shoulder Requires a Unique Road Map

MemorialCare Long Beach Medical Center offers expert care and advanced technology on par with the most elite hospitals in Los Angeles and Orange Counties. In fact, it's the only hospital in LA County with ExactechGPS®. Surgeons can view a 3D anatomical model of the patient's shoulder, making adjustments in real time. This unique technology allows for more consistent and accurate implant placement. Why travel long distances when the future of health care is here?

At MemorialCare, we're dedicated to one thing: what's best for you.

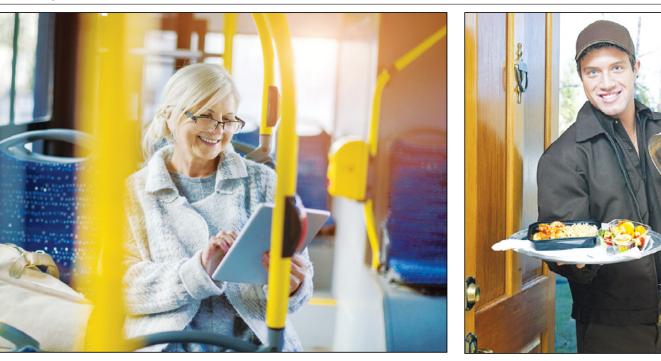




Nationally ranked in Orthopedics & high-performing in 12 specialties.

800-MEMORIAL | memorialcare.org/FutureIsHere





Going Mobile

Access a world of services in LW

Leisure World residents have a treasure trove of resources at their disposal—free bus service in Leisure World and beyond, free food delivery, free computer access to tap into food delivery and ride-hailing services like Uber. In a collaborative effort to educate residents on computer services, transportation and food delivery services in the area, GRF staffers Cindy Tostado, member resources and assistance liaison; Daniel Fabian, IT supervisor; Grant Winford, fleet manager; and Taylor Greene, library operations assistant, compiled the information on this page, and they will host a presentation at 1 p.m. on Oct. 11 in Clubhouse 4.

LIBRARY, page 30

More Find out how to hail a ride, get groceries delivered

Learn

to your door and more at a member seminar. Date—Oct. 11 When-1 p.m. Where-CH 4

All are welcome.

Minibus and Beyond

Riding the Seal Beach Leisure World Minibus is simple and convenient. The iconic blue-and-white shuttle buses are available seven days a week.

The four weekday Minibuses routes have specific time schedules with service available from 8:30 a.m.-5 p.m. and limited service is available during the off-peak and weekend hours as well as an on-call demand service weekday evenings from 5-6:30 p.m.

Every one of the Minibus routes is identified by a colored letter on the front, sides and rear of each bus.

On any day of the week at any time of the day, Leisure Worlders can ride any lettered Minibus to all of the following locations: Clubhouses 1, 2, 3, 4, 6; the GRF library; the Optum Health Care Center; GRF administration building; GRF Downtown Café; the recreation, physical properties, security and purchasing departments at building 5; the Seal Beach Village shopping center; the GRF Amphitheater bus hub; the main gate GRF security building; the Leisure World main gate OCTA bus station.

Boarding a GRF Minibus is easy. Minibuses will pick you up at any curbside location along any of the Minibus routes.

Just wave your hands as the easily identifiable blue and white shuttles approach and the bus will stop and have you on your way to all destinations. Times and routes are printed in the LW Minibus book and you can pick one up at the LW Weekly office, the GRF Library, the Main Gate security office and on any Minibus.

—Grant Winford, fleet manager

Ride Hailing Services

In today's age of smartphones and technology, access to reliable transportation is easier than ever. Lyft and Uber are two popular ride sharing services that allow passengers to request rides to destinations up to 100 miles away.

How to start with Uber and Lyft:

1. Open the App Store (iPhone) or Google Play (Android).

2. Download the Uber or Lyft app. 3. Open the Uber or Lyft app on your smartphone.

4. Type the name of the destination or address.

5. Select the type of ride.

6. Confirm the request.

There are many benefits to choosing ride share services over traditional taxi cabs or public transportation options.

• Comprehensive background checks are required for all drivers

Leisure World Library

The Leisure World Library is your source for all kinds of transportation information. With the help o eight public computers, residents can access a world of services such as Google Maps, which can supply driving and walking directions, and public bus options. If you aren't comfortable using library computers, one of our friendly staff members would be happy to print directions out for you.

The library also stocks Orange County Transit Authority bus schedules in the lobby for local routes that run near Leisure World. If there is another schedule you would like, we would be happy to pull it up for you and have it printed.

If you are still driving but are concerned about your upcoming driver's license renewal test, the library offers practice questions from the DMV that you can copy and take home. We also carry many copies of the current year DMV California Driver Handbook that you can check out.



Senior Meal/Grocery Services

Meal Services One of our most basic needs



Some grocery stores offer their own delivery services. Check with your local grocery store to see what they have to offer. That failing, see if you can find someone in the neighborhood willing to help you out for a fee. A post on NextDoor might help you find a neighbor happy to pick up a few items each week for a little extra cash. Meal Kit Delivery Service Meal kit delivery services deliver pre-portioned ingredients for recipes that you can then cook. If you like the idea of meal kit delivery, these are some of your options recommended by 2019 Buyer's Guide:

LWWeekly

is access to healthy nutritious food. This becomes harder when we don't have easy access to transportation to go grocery shopping or out to eat.

For many seniors who have had to give up driving this becomes a serious problem and finding a solution to figuring out how to get access to food can be challenging.

Fortunately, there are several options that make getting food delivered to your doorstep within easy reach. If you have recently stopped driving or are finding it difficult to access fresh food, there are several businesses that have been created to

combat this problem. However, many of these options may require \$9.99 per serving that you have access to a computer/internet or a smart phone. **Grocery Delivery**

For seniors who can't get to the grocery store themselves, these grocery delivery services can be a lifesaver. If you're interested in grocery delivery, these are some of your top options:

• Instacart—Instacart has a delivery fee each time, or the option to pay \$99 a year fee for free delivery.

• Amazon Fresh—Amazon Fresh is available only to Prime members, at an extra monthly subscription fee.

• Shipt—For a monthly or annual subscription fee, you can use Shipt for grocery delivery as often as you please. Orders over \$50 get free delivery.

• Blue Apron - Starts at

- Hello Fresh Starts at \$8.99 per serving
- Green Chef Starts at \$11.99 per serving
- Home Chef Starts at \$7.99 per serving
- Purple Carrot Starts at \$11.99 per serving
- Plated Starts at \$11.95 per serving

Some of these services offer a variety of special diets to address those with certain needs. Such as vegetarian, gluten free, etc. **Prepared Meals**

If cooking meals isn't for you, there are some services that can send over already prepared meals that only need to be warmed up and eaten.

MEALS, page 30

• GPS tracking services and driver ratings ensure accountability

• Competitive pricing compared to taxi cabs

• Pricing visibility - know the total price of the ride before requesting

• Ordering a ride is quick due to high availability of drivers

• Ability to schedule future rides

Uber has a separate program called uberASSIST that provides additional assistance to people with disabilities. Drivers under this program undergo special training to accommodate passengers who are blind/low vision, deaf/hard of hearing or have mobility disabilities.

These vehicles accommodate wheelchairs, walkers, and scooters.

For those who do not have a smartphone, a service called GoGo (www. gogograndparent.com) is available. GoGo connects the passenger with an agent who requests and monitors Uber and Lyft rides.

How to start with GoGo:

1. Call 1 (855) 464-6872 and wait to hear: "Thanks for calling GoGo."

2. Listen to the options and press #:

• Press 1 to immediately request a Lyft or Uber to your home.

• Press 2 to request a Lyft or Uber to where we dropped you off last.

RIDE SHARE, page 30





Regine Schumacher and Sue Ann Gass **PHOTO ARTS**

Club to discuss patterns in photography

The winners of the Photo Arts competition of table top photos were Regine Schumacher, first, with "Chihuly Glass," and she won second for "Wine at Sunset." Sue Ann Gass placed third with "Scissors and Thread." Many of the table top photos made by club photographers are on display in the hall of Clubhouse 3 near Room 9.

The club will meet at 1:30

SHOW from page 2

For those aviation fans who want to see the Red Arrows, the Snowbirds and the other airshow action up close, the Great Pacific Airshow has several premium ticket options.

The Flight Line Club features hosted food and bar, enhanced audio and premium viewing.

The Drop Zone offers food and a variety of beverages for sale and is located close to the water. Pier Seating is also an option.

All tickets are now on sale at https://pacificairshow.com/ tgpatickets or contact Barbara Caruso at (714) 328-3273 or Barbara@c-squaredpr.com.

Voted by fans as one of the top 10 airshows on USA Today's 10 Best list, millions are expected to attend to this year's show to see first-hand the jaw-dropping precision of the Royal Air Force jet team, the Red Arrows, and the returning Royal Canadian Air p.m. on Oct. 10 in Clubhouse 3, Room 9.

The assignment for the next meeting is to take photos of patterns.

Entries will be brought to the meeting and displayed; people will vote first, with discussion following on the techniques used by the photographers to shoot their photos. Each photographer may bring up to three entries.

Everyone is welcome. -Esther Cummings



The Garden Club's garden of the month belongs to Stu and Lola White at 1361 Weeburn Road, 73-A, in Mutual 4. The blooms provide a vibrant burst of color ahead of the fall transition.

Pizza Thursday

Pizza Thursday starts at 4 p.m. in the parking lot of Clubhouse 6. Dominos Pizza is there until 8 p.m. Special orders can be called in to 493-2212 between 10 a.m.-1 p.m. for pick up at the truck in Leisure World.

Theater Club

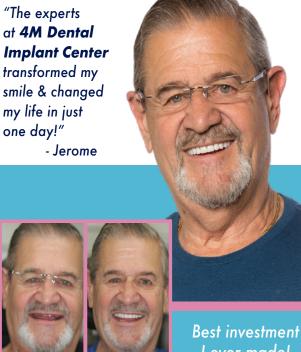
The Leisure World Theater Club will hold a general membership meeting at 10 a.m. on Friday, Sept. 27, at the Loft at the top of the Amphitheater.

Items for discussion will include the success of the Labor Day Show, plans for the coming

year and annual donations.

A special thank you to everyone who participated and supported the Labor Day Show from the start of rehearsals to the finale of the show. Everyone is welcome at club meetings and is encouraged to bring a friend.

Transform Your Smile in Fust One Day!





on the **BENEFITS** of Teeth in One Day Procedure!

Force's Snowbirds.

Other performers include the U.S. Air Force F-35 Lightning II demo and A-10C Thunderbolt II demo.

Follow The Great Pacific Airshow on Facebook, Twitter, Snapchat and Instagram, @PacificAirshow, and visit the website at www.pacificairshow.com.

AAUW from page 11

Use PayPal account aauwlongbeach@gmail.com or epmathis@ verizon.net. A volunteer crew will greet you and give you a parking permit. There is an elevator and listening devices will be available.

In addition to Zaragosa's presentation, Suzie Dixon, California Retired Teacher's Association State Chair of Governmental Relations, will explain the Windfall Elimination Provision (WEP) and Government Pension Offset (GPO) affecting teachers and other pension recipients. Learn how HR 141 is proposing to eliminate this legislation, which was passed during the Reagan administration.

l ever made!

Saturday, October 5th at 11am LIMITED SEATING

Register online at 4Mdentalimplants.com or call **562.553.0232**

Come meet our doctors and real patients and learn about the dental implant options available today. Get your questions answered!



4M Full Arch Dental Implant System



IV Sedation Available

Finance Options Available



Community

GAF 'On Broadway' gala features silent auction

The Golden Age Foundation will present the "On Broadway" gala on Saturday, Oct. 19, in Clubhouse 2. Doors open at 4:30 p.m. and dinner is at 6. The night will feature the annual silent auction, professional entertainment and dinner, catered by Country Garden Caterer.

Guests will be able to bid on a variety of baskets at the silent auction, including Polly's Pie-a-Month with 12 pie certificates, valued at \$170; a Knott's Berry Farm get-away, including two admission tickets and various Knott's merchandise, valued at \$160 and a \$25 gift card from Roger Dunn Golf Shop and golf accessories valued at \$45. Or treat yourself to a gift basket of Remy Martin fine champagne cognac, limited edition Godiva chocolates and more valued \$70. Other offerings include a spa get-away with a robe, a \$40 "Nails 2000" gift certificate; an Olive Garden \$50 gift card, a bottle of chianti, a California Pizza Kitchen \$50 gift card, wine baskets, a Gelee monochromatic Surrealist painting titled "Penitent Man," Aircel "Amphibian" floating glasses, a "Frank Sinatra, The Legend" table book with enclosed CD; and a \$100 gift card to Bay Hardware. Bids will begin at 40-50 percent lower than stated values.



Golden Age Foundation volunteers Lillian Silva (I-r), Ruby Johnson and Teresa Subia, silent auction chair, were busy preparing gift baskets for the gala's silent auction. Johnson secured many of the items by contacting local merchants. The gift baskets will be auctioned off at the GAF fund raising event on Oct. 19.

In addition to the silent auction, drawing tickets will also be available.

The October annual gala is a great time to join and/or renew Golden Age memberships.

The Golden Age Foundation is a non-profit charitable organization entirely supported by shareholder contributions and memberships. Memberships and all contributions are tax deductible (Tax ID #23-7273105).

The GAF identifies and funds projects that benefit the entire Leisure World community. In order to support current projects and plan for the future, membership has been restructured with the basic membership of \$10 a year. There are opportunities to join at higher levels. Membership renewals are on an annual basis except for the prior Lifetime membership.

Tickets to the annual dinner are available at the Hospitality Center in Clubhouse 6 from 10-11 a.m. every weekday. Tickets are \$25 per person and some tables are available at \$200 for eight persons. Get tickets early as seating is limited and the gala typically sells out.

—Anna Derby

CERT education classes begin Oct. 7

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area. It also provides training in basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations.

Using the training learned in the classroom and during exercises, CERT members will be able to assist others in their neighborhoods or at work following an event when professional responders are not immediately available to help.

CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Students must attend all sessions of the class to be certified. Classes are held on Mondays, Oct. 7, 14, 21, 28, and Nov. 7, from 9 a.m. to noon in Clubhouse 3, Room 1. Location and topics may change. As of today, the schedule is as follows:

- Oct. 7: Disaster Prep 1 and Prevention and Suppression
- Oct. 14: Medical Operations
- Oct. 21: Search and Rescue, CERT Organization
- Oct. 28: Disaster Psychology, Terrorism and CERT,
- Nov 7: Course review, disaster simulation.

To register, call GRF Safety and Emergency Coordinator Eloy Gomez at 431-6586, ext. 356.

SUNSHINE CLUB

Dementia is topic for guest tomorrow

Patty Barnett Mouton will give a presentation on how to tell when an older adult needs help, how to recognize signs of dementia and how to formulate a plan to intervene appropriately at the Sunshine Club meeting tomorrow, Sept. 27 at 10 a.m. in Clubhouse 3, Room 2.

Mouton has served as the vice president, outreach and advocacy, for Alzheimer's Orange County since 2005, after volunteering for five years as a speaker and support group facilitator, while working in hospice care.

She will include community resources, levels of care and other aspects of support.

Mouton is active with the OC Aging Services Collaborative and the OC Strategic Plan for Aging. She serves as chair of the social



engagement pillar for this work, exploring ways to solve the problems of isolation and loneliness among seniors. She has recently been appointed to the board of directors for the Sacred Dying

SUNSHINE, page 21





Wade Carmen invites all Leisure World friends and neighbors to the Y Service Club's pancake breakfast on Saturday, Oct. 5, in Clubhouse 2. The doors open at 8 a.m. and breakfast consisting of pancakes, sausage, scrambled eggs, juice, coffee and tea, will be served until 10 a.m. Tickets are \$5. Proceeds from the breakfast help fund the programs for young people through the Los Altos YMCA and other community projects in the Leisure World community supported by the Y Service Club.



Salvation Army truck coming to LW on Oct. 31

The Golden Age Foundation is sponsoring The Salvation Army Donation Truck on Oct. 31 from 10 a.m.-noon in the Clubhouse 2 parking lot, so get a jump start on fall cleaning.

The Salvation Army is looking for donations of clothing, small household items, things that can be carried into the truck. Large pieces of furniture, small e-waste items, note pads and cell phones will not be accepted. All items should be clean.

The donation truck will return in February, the same day as Golden Age Foundation Shredding Service day.

For more information, contact Anna Derby at (562) 301-5339.

Golden Age volunteers will be on hand to help at the shredding event Oct. 3.

<u>GAF</u>

Shredder coming to LW on Oct. 3

Golden Age Foundation will sponsor a free shredding service on Thursday, Oct. 3, in the Clubhouse 2 parking lot from 10 a.m.-noon. Arrive early, as the line for shredding will close at 11:30 a.m.

For better service, shareholders should remove staples and paper clips. No electronic devices will be accepted and contaminated bags will be turned away.

Golden Age Foundation also sponsors a small battery disposal. Bring small used batteries to the shredding event for disposal.

The next shredding service will be in four months, February.

The Golden Age Foundation is a nonprofit 501(c) (3) charitable organization dedicated to serving the special needs of Leisure World shareholders. The Foundation was established in 1973 by members of the Board of Directors of the Golden Rain Foundation.

For more information, call Anna Derby at (562) 301-5339.



www.lwsb.com | September 26, 2019

19

Legion hosts Super Bingo Sunday

The American Legion Post 327 will host Super Bingo on Sunday, Sept. 29. Buy-in is \$15 and the main 10 games will each pay \$100. Players get six cards instead of three. Extra three-packs cost \$5 each. There will be extra games to

Mutual 7's annual patio sale is Oct. 10

All Leisure Worlders are invited to Mutual 7's annual patio sales event on Oct. 10 from 9 a.m.-4:30 p.m. There will be lots of goodies and knickknacks.

Bring lots of nickles, dimes, quarters and dollars. No large bills please.

Maps to participating households will be on the signs in orange buckets, located on Northwoods Road, St. Andrews Drive, and Oakmont Road.

SENIOR PATRIOTS

Peace between Palestinians and Israelis examined

All are invited to the last Senior Patriots for Peace meeting of 2019 on Tuesday, Oct. 8, in Clubhouse 3, Room 9.

After an election of board members for 2020, which will be brief, a panel of speakers will present "Is Peace Possible Between Israelis And Palestinians?"

A panel of three speakers will be given 15 minutes to present their views, followed by a question-and-answer period.

First to speak will be Fayaz Nawabi, the policy and advocacy manager for the Greater Los Angeles area office of the Council on American Islamic Relations (CAIR). Nawabi graduated from San Diego State University with degrees in public administration, city planning and Japanese. While attending SDSU he served as the vice president of Intercultural Affairs for the university. Nawabi is proud to advocate for the civil liberties of the more than 50,000 American Muslims that live in Los Angeles, Ventura, Orange and Riverside counties. One of the following speakers is Estee Chandler, a producer, host and reporter for the KPFK radio show, "Middle East in Focus," with Nagwa Ibrahim, and one of its daily news reports, "Middle East Minutes +," which is a joint project with the Jewish Voice for Peace (JVP). In 2010 she launched JVP-LA. She is an L.A. native ad political activist who established a strong network of aligned organizations as CAIR LA/OC, Friends of Sabeel LA/OC, AMP, Middle East Ministries and Campaign for Palestinian Rights. Nizar Hijaz, founder of the Southern California Palestine Coalition (SCPC), will also present. Besides founding the SCPC, a coalition of Palestinian organizations working for justice in Palestine through policy change and action, he is a founding board member of Arab American Civic Council. He is a licensed private investigator and a security company owner. For more information, call Dorothy Kemeny at (562) 242-4751.

play and raffle prizes throughout the afternoon.

The Post encourages people to buy tickets in advance. To purchase tickets during the week, call Lee Esslinger at (310) 491-8989.

People can pick their seats, and special desserts will be provided. Bring friends, family, and neighbors. Proceeds benefit local veterans

Concerned Shareholders meet today

The Concerned Shareholders will meet today, Sept. 26, at 1 p.m. in Clubhouse 3, Room 2.

The following questions will be answered: Which Mutuals have passed the new "Occupancy Agreement"; does your Mutual have a no smoking policy?; Are the seven mutuals whose bylaws failed to pass writing new ones?; and what are the new policies that Golden Rain Foundation has passed?



The Korean-American Classical Music Appreciation class members and members of the Los Angeles Christian Singers pianist Kyungmi Kim (I-r), Grace S. Kim, founding member of KACMA, Vicki Moon, director, Angel Joh, KACMA president, and Clara Kim Shin, soprano, invite all LWers to the fourth annual Los Angeles Christian Singers concert on Oct. 12 at 2 p.m. in Clubhouse 2. Previous concerts have brought rave reviews. The singers studied music in Korea, Europe and the United States and are opera singers, professors, radio commentators and choir directors. The L.A. Christian Singers perform for free-will donations that the group uses for community projects. This year the singers have designated its funds to a children's choir and music education in Kenya.



Enjoy FREE shows and a \$300 CASH GIVEAWAY every Tuesday, 1PM at the Events Center



SEPTEMBER 24 THE HEART OF ROCK & ROLL HUEY LEWIS & THE NEWS TRIBUTE

OCTOBER 1 THE JUKEBOX KINGS BILLBOARD HITS OF '65 - '75



OCTOBER 8 **SO PETTY** TRIBUTE TO TOM PETTY

Dorothy Kemeny



OCTOBER 15 CASH, KILLER AND THE KING TRIBUTE TRIBUTE TO JOHNNY, JERRY & ELVIS

CLUB SPECIAL

Guests 60 and older receive 30% off regular buffet prices.

Available from 11am to 3pm Monday through Friday. Excludes holidays.

PalaCasino.com • 1-877-WIN-PALA

From San Diego & Riverside County: Take I-15 to Hwy 76, go east 5 miles. From Orange County & Los Angeles County: Take I-5 South to Hwy 76, go east 23 miles. Please Gamble Responsibly. Gambling Helpline 1-800-522-4700







Josh Lowenthal and SBLW Democratic Club Immediate Past President Mary Larson

LW DEMOCRATS

Josh Lowenthal welcomed

Leisure World Democrats and its supporters warmly welcomed Josh Lowenthal at its Sept. 18 membership meeting. Josh had joined them to present his understanding about the political situation in Orange County in anticipation of the upcoming March 3 Presidential Primary Election.

Josh was the 2018 Democratic Party's endorsed candidate for election to the California Assembly in District 72 but lost in the November General Election to Republican Tyler Diep. He began his presentation by reassuring club members that he planned to remain active in Orange County politics and would be running again for public office in the future, although not in 2020. He then went on to paint an optimistic picture of what had been accomplished as a result of the Democratic victories already won at the state and federal level while - at the same time - pointing out the importance of working to develop a deeper bench at the county and local level.

The club anticipates hearing even more about what has been accomplished at the state level during its Oct. 16 membership meeting. California Sen. Tom Umberg will report during that meeting on what has been achieved during the 2019 legislative session, which closed for the year on Sept. 14.

Umberg, who upset Republican Janet Nguyen in the 2018 State Senate District 34 election, represents Leisure World residents as well as the entire cities of Santa Ana, Garden Grove, Fountain Valley, Westminster, Seal Beach and Los Alamitos. He is the chair of two Senate committees - Elections and Constitutional Amendments and Growing Impact of Artificial Intelligence in California - and co-chair of the Committee on the Census. He also serves on nine other committees. Members are encouraged to come to the meeting with questions for Sen. Umberg.

Members are reminded that the club's popular Voter Awareness Series meetings have been moved from Tuesdays to the fourth Monday of the month. In preparation for the Oct. 28 meeting dealing with addressing commonsense gun legislation, members are encouraged to read Thom Hartmann's new book titled The Hidden History of Guns and the Second Amendment, available in paperback or kindle from Amazon for \$10.



Over 175 residents of Mutual 1 attended the town hall meeting in Clubhouse 1 on Sept. 15. Mutual 1 shareholders gathered for town hall meeting

It was a terrific turnout on Sept. 15, when over 175 Mutual 1 residents gathered to participate in a Town Hall informational session. The Mutual promoted the event using small lawn banners, posters in the laundry rooms and an e-mail blast.

'We are quite pleased with the community response," says Mutual President Donna Gambol, "Folks wanted to know what is going on in our community and we were able to provide a comprehensive update."

The format of the meeting was controlled with a power point presentation and visuals with each director in turn discussing his or her area of responsibility.

Seon Cho, vice president talked about the website; Richard Stone, chief financial officer, presented some preliminary budget figures, and Jill Brennan gave an overview of the "Helpline."

Denise Potterton discussed landscaping and preliminary plans to update policies to allow for more modern landscaping schemes. John Barreras, director, presented information about the sewer re-lining project, with 20 buildings completed and work progressing on buildings 21-41. Saundra Luther-Stark, director, provided attendees with information regarding the upcoming schedule for fire inspections, while George Tous reported on

the number of new buyers moving into our community, "sales are up!" Gambol discussed a new concept of community liaisons and encouraged folks to consider signing up. GRF representatives, Joanne St. Aubin and Leah Perrotti gave an overview of various GRF initiatives.

Following the formal presentations residents and directors engaged in a question and answer session. Many residents posed questions and it is the hope of the Board that the answers were informative. At the conclusion of the session, attendees were treated to pizza and cookies prepared by the Pub at Fiddlers Green (Joint Forces facility at Los Alamitos).

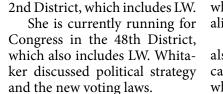


A near capacity crowd attended the GOP club meeting on Sept. 18. _W GOP club draws large crowd to see documentary film

For more information about the SBLW Democratic Club, readers are invited to email lwsbdemocraticclub@gmail.com or go to the club's website http://sblwdems.wordpress.com. There is also an up-to-date calendar of both club and related events on the website.

Steel, county supervisor for the

On Sept. 18 the LW Republican Club welcomed Tim Whitaker, district director for Michelle



Supervisor Steel recently won headlines when she led the fight against making Orange County a sanctuary county. Being a sanctuary city or county means that the jurisdiction refuses to

cooperate with Federal officials who are trying to deport illegal alien criminals.

The near-capacity audience also saw a documentary film called "The Enemies Within," which investigates the radical ties of some people in government who claim to be progressives or democratic socialists.

The club meets on the third Wednesday of the month at 7 p.m. in Clubhouse 3, Room 2.

ITALIAN-AMERICAN

Club will meet in CH2 on Oct. 2

Due to a conflict, the Italian-American Club will meet in Clubhouse 2 on Oct. 2 at noon, rather than the usual Clubhouse 4. Mark calendars accordingly.

The guest speaker will be Bev Bender, who will bring "Laughing for the Health of It!"

In this fun and lively presentation, members will focus on the importance of a sense of humor, and be given practical ideas on how to look for the funny side of life when nothing seems funny.

Chili and corn bread, \$6 with prepayment by Sept. 29, will be served (extended from Sept. 27.)

For reservations and prepayment, contact Sunny Beech at (562) 355-2918; Joan Busche, (562) 386-6227; or Becky Nakasue, (562) 301-3003.



Filipino Association of Leisure World members and guests celebrated their birthdays during the FALW Luau-Dinner Dance event Sept. 7 in Clubhouse 2. Celebrants are Bob Barnum (I-r), Myrrha R. Villanueva, Carolyn Mottola, Michael Oh, Gail Levitt and Justin Manalad.



September 26, 2019 www.lwsb.com 21

LWWeekly

Social Club meets tomorrow, CH 2

The Social Club will meet at 11 a.m., tomorrow, Sept. 27, in Clubhouse 2. The menu includes pizza, salad, snacks, coffee, and hot and iced tea. Tables of four are welcome. Call Joan Taylor at (562) 240-5416 or Marj Earls at (562) 275-1778 to make reservations.

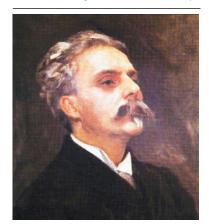
The club meets every fourth Friday from January-October to play cards and eat lunch, which is served at 11:45 a.m. Cost is \$4.

In October, the club will host its annual potluck luncheon; people can bring a dish to share or pay \$4. Dues for 2020, \$5, will be collected in October.

CalRTA

Alan Lowenthal is guest speaker

The California Retired Teachers Association will begin the 2019-20 season with a luncheon on Oct. 4 at noon in Clubhouse 2. Reservations are required. Lunch and the program cost \$15. Pay-



ment is due at the door; reservations can be made by calling Sue Grimsley at (562) 431-3083. Payment is required unless cancellations are made by Oct. 3.

A picnic lunch of sandwich fixings, salads, dessert and beverages is on the menu.

After introducing Beverly Lloyd as the new club president, state Congressman Alan Lowenthal, will talk on his opposition to the Windfall Elimination Provision (WEP) and Government Pension Offset (GPO), which both adversely affect how much money teachers receive in retirement. He will also discuss other state issues that affect teachers.

-Sue Grimsley

KAA Chairman of the Board Yong Pyon (I-r) is with GAF board member Anna Derby, GAF President Carole Damoci, KAA President Wook Jang Cho and KAA Secretary/Treasurer Won Sik Ryu. **GAF** receives donation from Korean-Americans

Officials from the Korean nization, and tax exempt ID No. exchange information together, American Association (KAA) of Leisure World presented Golden Age Foundation (GAF) President Carole Damoci and Board mem-

(3), non-profit charitable orga-

23-7273105.

The purpose of Korean American Association is to coordinate the activities of fellowship, to

Leisure World who speak on various topics that enhance living in

to foster Korean culture and to promote the principles of good citizenship and encourage community service.

the speakers or their businesses. It solely provides information. Any interaction with the business outside of the meeting is

Anna Derby at (562) 301-5339.

KACMA Compositions by Sarasate, Fauré will be featured

Gabriel Fauré

The Korean-American Classic Music Academy will meet today, Sept. 26, from 9:30-11:30 a.m. in Clubhouse 4.

Highlights of the class will include pieces by Pablo de Sarasate, Zigeunerweisen, Op. 20 and Carmen Fantasy, Op. 25, and Gabriel Faurés, Piano Quartet No. 1, Op. 15, mov I and Requiem, Op. 48, mov I, IV, V and VII.

Ken Chong conducts the appreciation of classical music and Robert Chung presents golden oldies and favorite songs selected by the members.

All are invited. The class is conducted in Korean.

The club encourages good fellowship through interpretation and appreciation of classical music and by attending concerts. For further information, contact President Angel Joh (562) 598-0313, or Program Chair Robert Chung, (562) 387-7377, or robertschung@hotmail.com.

Reveal Your Youthful Glow!

You enjoy an active lifestyle and it shows. Seal Beach Dermatology Associates is a leading medical & cosmetic dermatology practice offering a suite of cosmetic treatments. Conveniently located onsite at Leisure World, schedule your appointment today and discover how injectables, fillers and laser treatments can help put your best face forward. Immediate appointments available 562-444-8800.



For more information, call

AMERICAN-LATINO CLUB

Costume party planned Oct. 4

The American-Latino Club will meet Friday, Oct. 4, in Clubhouse 4, at 11 a.m.

As usual it will be a potluck party and each member will bring a dish for six people.

There will be a costume party to celebrate Alicia Ortuzar's birthday. There will be a contest and a prize for the best costume.

Let organizers know if you are attending, and what kind of food you are bringing. Call Maria Rodriguez, (562) 430-3405; Alicia Ortuzar, (562)588-3090; or Carmen Edwards, (562) 431-4257. -Amy Walker

Dr. Lance Chapman is Welcoming New Patients



*Some restrictions apply.

10% OFF **COSMETIC SERVICES** for Leisure World **Residents***



Providing Medical, Surgical & Cosmetic Dermatology with Compassion and Care.





Jan Kuhl

EV president attends 150th convention

Jan Kuhl was one of the 91 California delegates elected to represent the state at the Philanthropic Education Organization's (PEO) 150th birthday convention in Des Moines, Iowa, Sept. 11-15. Seven thousand women representing all 50 states and provinces in Canada met in the Wells Fargo Arena to discuss and vote on changes suggested to continue the PEO and Cottey College, which the sisterhood owns.

The primary goal of the organization is to award scholarships to women of high academic achievement or in resuming their interrupted college progress.

Women who have received scholarships include Savannah Guthrie who had received a scholarship to complete Georgetown School of Law and Kimberly Kay Reynolds, the governor of Iowa. Savannah told the women at the conference that she would be signing the next graduate school scholar award.

Jan Kuhl is the president of the Leisure World chapter of PEO.

<u>VIDDISH CLUB</u> Rosh-Hashanah literature will be recited on Oct. 3

Space is available for obituaries of residents and former residents.
An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.

• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

• A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

•••

In Memoriam Floyd Troupe 78

Steven Stewart 51 Charles Metz 74 Kenyon Walker 45 Henry Harris 96 Genevieve Peterson 95 Donald Spafford 93 Irving Simmons 88 Mitya Moskov 36 Albert Hargrove 84 John Howland 89 Kathleen Zellmer 84 Lorraine Matlock 84 Brenda Lauriat 71 Kenneth Denney 96

Mary Kuluris 87 Dwon Moss 36 Families assisted by McKenzie Mortuary, 961-9301 —paid obituary

<u>Obituaries</u>

Linker, Lillian Marie Gambali 1923-2019

Lillian Marie Gambali Linker was born in Philadelphia, Pennsylvania, on Aug. 29, 1923, to Giovanni and Bambina Gambali.

She had four older siblings, a sister, Evelyn Piucci; and three brothers, Vincent, Edmond, and William. She was the baby of the family,



of the family, and everyone's favorite.

Lillian went to public schools and the University of Pennsylvania where she received her B.S. degree. She attended nursing school at Philadelphia General Hospital where she became an R.N. She worked as a nurse at the V.A. Hospital in New York state. When the Long Beach, California, V.A. Hospital opened, she was transferred there, where she served recovering veterans until her marriage to Willis Linker.

She followed him in his career in the camera business in California and Arizona. They returned to Glendora, California, where they were a part of the community.

Their son Mark was born there and they enjoyed being a part of the Grace Lutheran Church and school. They had many friends through their work in the church there.

They were divorced in 1983 and Lillian returned to her profession in local hospitals.

On Dec. 4, 1988, Lillian moved to her home in Seal Beach Leisure World. In June 1995, her life-long partner-to-be Tom Nelson, joined her. They joined the fellowship of Redeemer Lutheran Church and enjoyed many of the clubs in Leisure World.

While living in LW, Lillian was active in the Golden Rain Foundation blood pressure program and received a 400-hour-pin. She was an active member of the Italian-American Club, the American Legion Auxiliary, Red Hats, The Sunday Night Dance Club, The Low-Vision and Hearing Club, Whirlers Square Dance Club, Shirts and Skirts and the Phoenix Club dances where she and Tom met. Good music was loved from her youth and dancing was a passion. Traveling to Italy and touring the whole "boot" was memorable and a Branson, Missouri, trip was fun. Her Mexico cruise was great. Her final weeks were under the careful watch of Imperial Care Home and Companion Hospice. They were patient, careful and loving, making her final days comfortable. She has donated her remains to UC Irvine Medical Center, who will use them in the care of others. Lillian lived to care for others in her nursing and outside Lillian lived a long, happy and productive life. Now she is happy to be an angel continuing to serve her Lord. She will be missed by many friends of Leisure World. *—paid obituary*

Wianecki, Edmund "Speedy" Jan. 9, 1925 – Sept. 14, 2019

Edmund Julian Paul Wianecki was born and raised in Buffalo, New York, to Adolph and Frances

(nee Krawczyk) Wianecki, the youngest of six children.

Known as "Speedy" most of his adult life, he attended grammar school No. 55 in 1938, and

> graduated from East High School in 1942. On his 18th birthday, Edmund volunteered for induction in the U.S. Army. During WWII he served three years in the Army 5th Air Force, 25th Photo Reconnaissance Squadron in New Guinea, Leyte/Luzon in the Philippines and IE Shima and Okinawa. He was awarded the American Service medal, Asiatic-Pacific Service Medal, Distinguished Unit Badge, Good Conduct Medal, Philippines Liberation Ribbon with one Bronze Star and WWII Victory Medal.

> He was one of four brothers, Joseph, Edward and Stanley who served overseas in WWII. He also was brother to John and his sister Mary.

> Speedy hired in at the Douglas Aircraft Co. in 1949 as a template maker. He was active in organized labor as a member of United Auto Workers Local 148. He was elected and served as steward, chief steward, bargaining committee member, editor of the "Air-Scoop" Newspaper and three terms as president of the local. He was especially proud of leading two contract collective bargaining negotiations without a strike,

securing great fringe benefits and wages for the workers. The UAW union contracts prohibit any wage discrimination; women earn the same rate of pay as males for equal work.

LWWeekly

In 1969 UAW President Walter Reuther appointed him as a UAW International Representative. Speedy retired in 1982 but remained an active retiree member, the longest serving member of Local 148 until his death in September.

He is survived by his three sons, Thomas, Richard and Paul along with a host of loving nieces, nephews, granddaughters and grandsons and countless brothers and sisters of the labor movement.

Speedy enjoyed sports, especially baseball, which he played well into his middle years. He was an avid fan of women's fast pitch softball and rated Lisa Fernandez (UCLA) as the greatest women's softball player ever, attending countless UCLA games. He supported the Democratic Party, Sierra Club, Planned Parenthood, ACLU, the Salvation Army and the United Farm Workers. He counted himself a friend of Caesar Chavez, president of the United Farm Workers, meeting with him many times during his Union organizing years.

His biggest regret is that he never found out what President Trump didn't want the American public to know about his income tax returns, breaking a campaign promise made that he would reveal them.

Finally, in lieu of flowers, he asks that you donate a "few bucks" to homeless causes here in our state. He knows that the homeless have a very tough life and is thankful for the wonderful life he has enjoyed.

—paid obituary



The Leisure World Yiddish Club will meet Thursday, Oct. 3 at 7 p.m. in Clubhouse 3, Room 2. The topic will be "The Reflection of Rosh-Hashanah in Yiddish Literature."

After new words and proverbs in Yiddish are introduced, President Ykob Basner, stories and poems about Rosh-Hashanah will be recited.

Refreshments will be served after the program.

The LW Weekly 430-0534

E-mail Obituary Notices to cathiem_news @Iwsb.com with photos attached as jpg files.

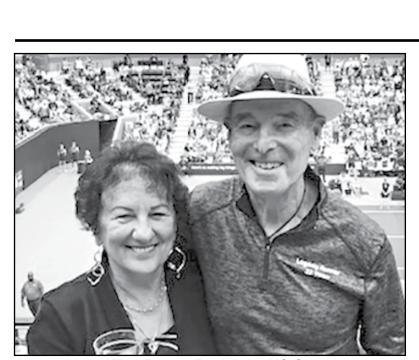
Gail Morrison (I) of Mutual 2 had the pleasure of attending her granddaughter's wedding held 5,000 feet up Mount Charleston, about 45 minutes from Las Vegas. Morrison is next to granddaughter Breanna Forsberg Lichti—the new Mrs. Dylan Lichti—and her daughter Liz Forsberg. Dylan is from Big Bear and they wanted to create a rugged, mountainous backdrop resembling Big Bear, hence the mountain backdrop in the picture.





- **CBD Products** Pure Natural Organic Hemp Zero THC, Lab Tested Purity
- New Lower Prices
- Bundled Discounts
- Drops Capsules Lotions Dog CBD
- Free Delivery & Shipping

Barbara Lamb RN 562-296-8409 www.cbdencore.com LW Resident



Jeanne(L) and Tom Pontac(R) visit the US Open

The Pontac's take a birthday trip

Tom and Jeanne Pontac are in New York for their Jeanne's annual birthday trip. Taking in the vast culture that New York has to offer, they took time to explore New Yorks infamous Broadway theater and music scene, visiting some of the top Jazz clubs in the world. They attended the first week of The US Open for Tennis, the nation's biggest tennis tournament, held at the USTA Billie Jean King National Tennis Center.

—Jeanne Pontac

On the Go

Day Trips

LWWeekly

Catalina Island – Oct. 01, featuring a high speed catamaran from Long Beach, the charming island village of Avalon, a myriad of quaint shops and outstanding eateries to enjoy lunch on your own. On display at the museum is :Esther Williams: The Swimming Queen of the Silver Screen" and "Wrigley's Catalina: A Centennial Celebration." Good Times Travel. (888) 488-2287



Downtown Carpinteria avocado festival-Oct. 5, \$85. motorcoach to Los Angeles Union Station to board the deluxe Coast Starlight train for a relaxing and sceic ride along the coast to Santa Barbara, Good Times Travel, (888) 488-2287

Celebrity Homes & Hang Outs – With eataly Italian market place. Oct. 6, \$99 Good Times Travel, (888) 488-2287

West Side Story – With local guide Curt, eataly and included Italian lunch. Oct. 11, \$99 Good Times Travel, (888) 488-2287 Nixon, The Moon & The White House – Nixon Library and White

Travel

LBCC Learning Center Tour

Long Beach City College offers fall tours through its Lifetime Learning Center designed to create an entertaining and educational experience. All tours depart from the LBCC Foundation Building, 4900 Conant St., Long Beach. To register, call 938-3047.

•Oct. 10: Cruising the Colorful Coast in Newport Beach, lunch included at the Harborside, 10 a.m. to 3:30 p.m. \$89

• Oct. 24: Chocolate, Chocolate, Chocolate with Curtis Tucker; lunch included at Tam O'Shanter Inn; 8:30 a.m. to 5 p.m. \$95

• Nov. 7: Apollo 11 Exhibit at Nixon Library, lunch included at Rib Trader; 11 a.m. to 5 p.m. \$89.

• April 18: Sistine Chapel Exhibit at Christ Cathedral, Italian lunch included; 10:30 a.m. to 4 p.m. \$79

For more information, visit *lbcc.edu/lifetime-learning-center*.

Annual historical

The Historical Society of

Long Beach holds its 24th

Annual Historical Cemetery

Tour on Saturday, Oct. 26,

from 9 a.m. to 2:40 p.m. Allow

three hours to see all the

occur in two cemeteries - Long Beach Municipal and Sunnyside

Cemetery. The Long Beach

Municipal Cemetery is located

at 1151 E. Willow Street and

Sunnyside Cemetery at 1095

East Willow Street. This event

is a family-friendly walking

tour in a park-like setting with

The tour and performances

presentations and exhibition.

cemetery tour

SCOREBOARD, FROM PAGE 10

Burning Tree Duplicate Bridge Club Winners in the game on Monday, Sept. 21: N/S: Mark Singer-Larry Slutsky, Bob and Pat Adam, Linda Nye-Mike Nielsen. E/W: Sue Fardette-Marilyn McClintock, Ted Cooper-Emma Trepinski, Kar-Yee Nelson – Sue Boswell. Sept. 20: N/S: Russ Gray-Ellen Kice, Fred Reker-Joan Tschirki, Sibyl Smith-Diane Schmitz, George Alemshah-Sylvia Kaprelyan, Priscilla Caillouette-Carolee Windsor. E/W: Judy Jones-Al Appel, Sue Boswell-Rosemary Ford, Jeanette Estill-Marilyn McClintock, Nancy Lichter-Julie Mills. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For more information call or text Fred Reker at (615) 898-0669. The next special event is Saturday, Oct. 19, Club Championship.

—Fred Reker

Friendly Pinochle Club winners Sept. 19: Gracie Finnegan, 11,410; Marilyn Allred, 10,800; Oscar Moya, 10,720; Keith Clausen, 10,470. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

Jolly Time Pinochle Club winners Sept. 21: Lambert Dinana 11,690 Jim Dix 10,670, Richard Van Wasshnova 10,540, Amy Kasuyama 9,870. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at (562) 799-0433.

—Bert Sellers

Monday Bridge Club winners Sept. 16: First place, Jody shataw; second place, Marrlon Standish; third place, Nancy Meader. Games begin at noon in Clubhouse 1. For more information, call Pailine Fitzsimons, (562) 296-8363.

—Pauline Fitzsimons

Y-Yahtzee Rollers Club winners Sept. 20: Most Yahtzees, Kathy Russell, 5; highest score, Kathy Rose, 1,643; door prize, Doris Dack. The club meets on the first and third Friday of each month from 12:30 to 4 p.m. in Clubhouse 3, Room 6. Play begins at 12:45. All Leisure World residents are welcome to join in the fun. If you have a question or want a Yahtzee lesson prior to joining, call Kathy at 596-7237. The Rollers meet at 12:30 p.m. on the first and third Fridays of the month in Clubhouse 3, Room 6.

—Kathy Rose



House lunch and 50th Anniversary of the moon landing exhibit. Nov. 2, \$119, Good Times Travel, (888) 488-2287

Masters of Their Craft – Rubel Castle, Maloof home and included barbeque lunch in Glendora Village. Nov. 6, \$99, Good Times Travel, (888) 488-2287

Brazilian, Books & The Broad – With included Fogo de Chão lunch. Nov. 13, \$99, Good Times Travel, (888) 488-2287

Harrah's Rincon - Thursday-Monday, no Tuesdays or Wednesdays, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

Overnight Trips

New Mexico enchantment – seven days, Oct. 10-17 featuring Albuquerque Balloon Fiesta, Santa Fe, Taos, Bandelier National Monument, Los Alamos. Santa Fe, NM. Good Times Travel, (888) 488-2287

Biltmore, Bluegrass & Bourbon — seven-day tour featuring Louisville, Lexington, Smoky Mountains National Park, Pigeon Forge, Biltmore estate. Oct. 21-27, Good Times Travel, (888) 488-2287 A Capital "Christmas"— 6-Day tour featuring Washington, D.C., Colonial Williamsburg, Jamestown, Yorktown, Richmond, Mount Vernon. Dec. 4-9, Good Times Travel, (888) 488-2287

San Antonio "Christmas" — five-day tour featuring a single hotel stay on the River Walk, The Alamo, Austin, LBJ Library & Ranch, Fredericksburg. Dec. 10-14, Good Times Travel, (888) 488-2287 Coastal "Safari" by rail — 3- day tour featuring an oceanfront stay in Pismo Beach, Coast Starlight Train, Morro Bay, Cambria. Feb. 5-7, Good Times Travel, (888) 488-2287 uneven ground. For visitors' comfort, it is recommended that comfortable walking shoes be worn.

Tickets can be purchased online in advance for \$20 for adults, \$8 for ages 5-18, and \$1 for children 4 and under at *hslb. org.* Tickets are also available at the event from 8:30 a.m. until 2 p.m. At the door ticket prices for adults 18 and up will be \$25, \$8 for ages 5-18 and \$1 for children 4 and under. We accept cash and credit cards at the event.

The Cemetery Tour is the signature event of the Historical Society of Long Beach, a non-profit organization. Those who would like to volunteer or learn more should visit *hslb.org* or call the HSLB at (562) 424-2220

CHESS FROM PAGE 10

Solution to this week's puzzle: Qb5Thewhite Queen moves from b2 to b5. Any answer by black, the white's next move is check mate.



GOOD TIMES TRAVEL SERVING LEISURE WORLD LOCAL DISCOVERIES • WORLDWIDE JOURNEYS RESIDENTS SINCE 1992 October 6, Celebrity Homes & Hang Outs With Eataly Italian Marketplace. \$99 October 11, West Side Story – With Local Guide Curt, Eataly & Included Description: Content of the service of the service

Italian Lunch, \$99

Lunch. \$99

November 2, Nixon, The Moon & The

White House – Nixon Library & White

House Lunch & 50th Anniversary of the

November 6, Masters of Their Craft –

BBO Lunch in Glendora Village. \$99

November 13, Brazilian, Books & The

Broad – With Included Fogo de Chão

Moon Landing Exhibit. \$119

Park, Pigeon Forge, Biltmore Estate. \$2,099 p.p./ dbl. \$2,799 p.p./sgl

A CAPITAL "CHRISTMAS"

December 4 - 9, 2019: 6-Day Tour Featuring Washington, D.C., Colonial Williamsburg, Jamestown, Yorktown, Richmond, Mount Vernon. \$1,999 p.p./dbl. \$2,599 p.p./sgl

Rubel Castle, Maloof Home & Included SAN ANTONIO "CHRISTMAS"

September 19-24, 2019: 5-Day Tour Featuring a Single Hotel Stay on the River Walk, The Alamo, Austin, LBJ Library & Ranch, Fredericksburg. \$1,199 p.p./dbl. \$1,649 p.p./sgl

1-888-488-2287www.goodtimestravel.comAsk for a CatalogC.S.T.:2018390-40ALL TOURS DEPART FROM THE LW AMPHITHEATER



Amendment to Policy 40-5061-2, Fees

Per the action of the GRF Board on September 24, 2019, the Board hereby provides general notice to all Shareholders/Members of Final Approval of Amendment of 40-5061-2, Fees. 40-5061-2, Fees

1. FACILITIES AND AMENITIES (AMENITIES) FEE:

1.1. Each owner, co-owner, co-occupant non-owner, or qualified permanent resident is required to pay a one-time, non-refundable Amenities fee.

1.2. The Amenities fee for an owner, co-owner, co-occupant non-owner or qualified permanent resident represents a use fee for access and use of the Trust facilities, amenities, and participation in GRF activities.

1.3. Non-resident co-owners do not pay an Amenities fee and have no right to use any of the facilities or amenities except as a guest of a Member.

1.4. The Amenities fee is calculated as twenty-five (25) times the monthly GRF assessment and rounded up to the nearest dollar. The Amenities fee is reviewed annually and is implemented on January 1st of each year.

1.5. Existing GRF Member (owner & co-owner), co-occupant non-owner(s) and qualified permanent resident(s) may transfer from one unit to another without having to pay the Amenities fee again. They have thirty (30) days to complete the transfer.

1.6. If they are out of the community for more than thirty (30) days, a new Amenities fee will need to be paid.

1.7. The Amenities fee shall be allocated as follows:

1.7.1. Fifty percent (50%) into the GRF Capital Improvement Fund.

1.7.2. Fifty percent (50%) into the GRF Reserve Fund.

2. PAYMENT OF AMENITIES FEE:

2.1. New Members are encouraged to pay the Amenities fee in full at the close of the purchase escrow. By California statute, GRF has established a finance plan to pay the Amenities fee over a seven-year period for those Members who wish to finance the fee.

2.2. Members who opt to finance the payment of their Amenities fee must complete a Promissory Installment Note and agree to the terms of the Note.

2.2.1. If a Member opts to finance the Amenities fee, the Member shall pay a one-time upfront payment of twenty-five percent (25%) of the total Amenities fee at the close of Escrow and make seven (7) equal annual installment payments of the remaining balance. Each annual payment will be due and payable on the anniversary of the date of purchase until the principal amount, including the finance charge, is paid in full.

2.2.2. The annual finance charge on matured, unpaid amounts shall be one percent (1%) per month (APR of 12%) paid annually on the outstanding balance.

2.2.3. In the event that a unit changes ownership before the Amenities fee is paid in full, the balance due must be paid before transfer is complete.

2.2.4. All co-occupant non-owners and qualified permanent residents must pay the Amenities fee in advance without an option to finance.

3. MEMBERSHIP CERTIFICATE AND MUTUAL STOCK CERTIFICATE PRO-

CESSING FEE:

3.1. GRF shall issue one membership and one stock certificate per unit. They may contain one or more names.

3.2. A certificate processing fee of two hundred fifty dollars (\$250) will be charged in advance each time the certificates are changed or altered to cover the cost of preparing, recording and/or replacing either or both certificates.

3.3. The certificate processing fee will be waived when a shareholder/member elects to remove a deceased co-owner from the title and have new certificates issued. The fee will be waived only within one (1) year of the owner's death and will not be waived for other transfer requests such as the replacement of lost certificates, or the addition or removal of Member owners or non-resident co-owner(s).

3.4. The Certificate processing fee shall be allocated to Cost Center 533 (Stock Transfer). 4. <u>TRANSFER FEE – IN ESCROW:</u>

The seller of a Mutual share of stock shall pay a transfer fee of five hundred dollars (\$500) to cover the cost of transferring ownership(s). The fee shall be allocated to Cost Center 533 (Stock Transfer)

5. NON - OWNER, CO-OCCUPANT PROCESSING FEE

Non - Owner, Co-Occupant Processing fee of one hundred dollars (\$100) shall be charged to cover the actual set up and processing costs and shall be allocated to Cost Center 533 (Stock Transfer)

6. MUTUAL CORPORATION FEES

Each Mutual represents a fully independent corporation and as such may establish fees applicable to the Mutual. GRF operates as the management company for the Mutuals and will, as part of its duties, apply Mutual Fees in accordance with established Mutual policies (See the 7000 Policy Series).

7. STOCK TRANSFER LEGAL REVIEW OF TRUST FEES

7.1. Upon a requested transfer of stock ownership by a Trust, either by the sale of a unit or an in-house ownership transfer, Probate Code §18100.5 delegates to the GRF the right to request the current acting trustee or successor trustee to provide either a certification of trust, or a copy of the trust. The following procedures will be is implemented.

7.1.1. Any trustee or successor trustee seeking to transfer the ownership of a mutual unit, either by the sale of the unit through escrow or an in-house ownership transfer, will be required to provide the Stock Transfer Office a Certification of Trust, or, a copy of the Trust document for the GRF attorney to review prior to any completed

ments by either:

• Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "40-5061-2", or

• Mailing comments to:

Golden Rain Foundation

P. O. Box 2069

Seal Beach, CA 90740

Attn: Proposed Policy Revisions, or

• Dropping off written comments to the receptionist located on the second floor of the Administration Building.

Please reference 40-5061-2, Fees on any correspondence you submit.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to 40-5061-2, Fees at its October 22, 2019 meeting.

Notice of Proposal to Amend 70-1406-2 Limitations on Use

Per the action of the GRF Board on September 24, 2019, in accordance with Civil Code \$4360, Notice of Tentative Approval of Adoption of 70-1406-2, Limitations on Use of Trust Property, Fees, Board hereby provides general notice to all Shareholders/Members of proposed amendment.

70-1406-2, Limitations on Use of Trust Property, Fees

1. FEES FOR USE OF CLUBHOUSE FACILITIES BY OUTSIDE ORGANIZATIONS

A charge will be made for the outside organizations to use Trust property. All money must be paid at least ten (10) business days before the date of the event.

- Under one hundred (100) people: \$200.00 non-refundable fee. a.
- Up to two hundred (200) people: \$400.00 non-refundable fee. b.
- Up to three hundred (300) people: \$500.00 non-refundable fee. с.
- d. Up to four hundred (400) people: \$600.00 non-refundable fee.
- Up to 500 hundred (500) people: \$800.00 non-refundable fee. e.
- \$1,000.00 non-refundable fee. f.
- Over 501 hundred (501) people:

Limitations have been placed on certain Golden Rain Foundation (GRF) Trust facilities. The Recreation Department (RD) is authorized to verify the status of any user and may enlist the Security Department (SD) and/or other agencies to enforce this policy.

1. THE FOLLOWING TRUST FACILITIES ARE PROVIDED FOR THE USE OF GRF MEMBERS ONLY IN GOOD STANDING:

- 1.1. Car wash;
- 1.2. Exercise room (Policy 1466-50);
- Golf course (Policy 1429.1-50 & 1429.2-50); 1.3.
- 1.4. Lapidary room;
- Swimming pool (Policy 1468-50);
- Woodshops; 1.6.
- Multi-use Court; 1.7.Bocce Ball Court. 1.8.

All other Trust facilities are provided for the use of GRF Members in good standing and their guests who are at least eighteen (18) years old except for private functions. Members must be present at all times when guests are using these facilities.

Caregivers may assist Members who use the facilities and remain with them, but they may not use the above facilities themselves.

Special events take precedence when approved by the RD.

2. DUE TO SAFETY FACTORS, THE FOLLOWING LIMITATIONS MUST BE ADHERED TO: 2.1. Power equipment, such as the equipment used in the lapidary room, woodshop or exercise

room, shall not be used except under the supervision of a RD approved attendant or supervisor; 2.2. Football, baseball, soccer, hockey, basketball and other contact sports may not be played on

GRF Trust property due to the possibility of injury to Members and/or guests;

2.3. Risers may not be stacked upon one another for any activity in a clubhouse; and

2.4. Use of skateboards, razor-type scooters, roller skates, hoverboards, a Segway or roller blades is prohibited on all Trust property.

Caregivers may assist Members who use the facilities and remain with them, but they may not use the above facilities themselves

3. THE FOLLOWING LIMITATIONS MUST BE ADHERED TO FOR CRAFT FAIRS, FLEA MARKETS, RUMMAGE SALES, AND SWAP MEETS EXCLUDING THE GRF ARTS AND CRAFTS FESTIVAL: (POLICY 1480-50)

- 3.1. Will not be allowed for a four-week period prior to the GRF Arts and Crafts Festival;
- The maximum number of tables allowed shall be approved by the RD; 3.2

3.3 All items for sale must be sold by GRF Members; and

Operations will be monitored by the RD to ensure that all policies are followed. 3.4.

4. CLUBHOUSE RULES The following rules are to be posted in all clubhouses for the information and guidance of all concerned: 4.1. Clubhouse lobbies will be available for reservations with RD heads' approval. Lobby furniture

may only be moved by custodial staff; Dining and kitchen facilities shall be cleaned by the reserving member after being used. (Policy 4.2.1411-50;

Clubhouse One (1) Picnic Area shall be cleaned by the reserving member after being used, 4.3. except for the BBQ, which shall be cleaned by the custodian after it has cooled down;

transfer of ownership.

7.1.2. The Stock Transfer Office shall not proceed with any sale or transfer of ownership via a trust document prior to the GRF attorney reviewing the trust and providing in writing a letter of release allowing the Stock Transfer Office to proceed.

7.1.3. In an effort to offset the cost of the required GRF attorney review, there shall be assessed to the trustee or successor trustee, a fee of one hundred twenty-five dollars (\$125) representing the attorney's fee and GRF's pro-rated staff time, to be collected at the time of the trust review.

7.1.4. Legal Review of Trust Fees shall be allocated to Cost Center 533 (Stock Transfer). 8. <u>LESSEE ANNŬAL AMENITIES FEE – MUTUAL 17 ONLY</u>

8.1. The GRF annual Lessee Amenities fee is a required use fee for access to the Trust facilities, amenities, and participation in GRF activities. The Lessee fee is calculated at twenty-five percent (25%) of the GRF annual assessment rounded up to the nearest dollar for each occupant.

8.2. The required annual Lessee Amenities fee payment is due and payable in full on the date of the lease agreement. No monthly payments can be made.

8.3. If delinquent, the Lessee shall pay damages to reimburse GRF for its expense and overhead in collecting the payment as follows:

8.3.1. A twenty-five dollar (\$25) late fee, and

8.3.2. Interest at one percent (1%) per month (APR of 12%) from the original date due until the date the full payment is received.

8.4. In addition to late fees, for each check from a Lessee that a bank returns for any reason, the Lessee must pay a twenty-five dollar (\$25) returned check fee, and all bank charges assessed against the association.

8.5. If a Lessee becomes more than ninety (90) days delinquent, the Lessee will receive a 30-day notice of GRF's intent to suspend the right to use GRF amenities and Trust facilities, including driving privileges upon GRF Trust streets. GRF may also refer the Lessee account to an attorney or collection agency for appropriate action. All fees incurred by an attorney or collection agency to recover the delinquent amounts will be assessed to the Lessee.

8.6. GRF reserves the right to collect the delinquent account for the Amenities fee from Lessor.

8.7. Lessee Amenities fees shall be allocated as stated in Section 1.7.

9. The fee for verifying Powers of Attorney and Court Orders will be seventy-five dollars (\$75) per document, per review, and shall be allocated to Cost Center 533 (Stock Transfer).

10. The fee for additional Leisure World maps will be one dollar (\$1) per map (shareholders excluded).

11. All Fees are subject to annual review and are subject to change.

All Shareholders wishing to comment on the proposed changes may submit your com-

4.4. Clubhouse Three (3) BBQ's will be cleaned by the custodians;

The regulation of the thermostats shall only be controlled by the custodian on duty; 4.5.

-Malfunctioning and/or damaged equipment shall be reported to the custodian or the RD; 4.6.

Items shall not be hung on window coverings or partitions at any time;

Only masking tape shall be used to attach items to the walls - no other type of adhesive is 4.8. authorized. Push pins or tacks may be used to attach items to the soundproofing panels;

4.9. No push pins or tacks can be used on walls. Any cost to repair will be charged to reserving party

4.10. Items shall not be stored behind the stage drapes in Clubhouse Four (4), or in any other area of any clubhouse without RD approval;

4.11. Decibel sound levels inside clubhouses and outdoor entertainment areas should not exceed eighty (80) decibels and will be monitored by staff on duty;

4.12. Children under the age of eighteen (18) years shall remain under the constant visual supervision of an adult;

4.13. No Smoking (Policy 1412.2-50);

4.14. Only licensed Service or Emotional Support Animals', duly registered with Stock Transfer, are permitted in or on Trust property. (Policy 1023-33);

4.15. Power-driven mobility devices operated inside the clubhouses shall display an authorized handicap decal issued by the SD. The vehicle shall be operated at the lowest possible speed at all times within a clubhouse. Electric wheelchairs are exempted;

4.16. Any person, persons or activities which disturb an event shall be brought to the attention of the custodian or the SD;

4.17. All damages, repairs or unusual cleaning costs shall be the responsibility of the reserving Member;

4.18. Members shall notify the RD when a caterer will be used. (Policy 1431-50);

4.19. Candles shall only be used in Trust facilities without carpeting; and

4.20. GRF reserves the right to disallow the use of Trust property to any Member at any time.

5. SPECIFIC RULES OF CLUBS OR ORGANIZATIONS USING TRUST PROPERTY

Any club or organization using Trust property cannot make rules or regulations that conflict with the established rules and regulations of the GRF.

Neither the GRF, nor staff employed by the GRF, may become involved with enforcement of club or organization rules or regulations.

6. ELIGIBLE CLUBS AND ORGANIZATIONS

GRF Trust facilities shall be maintained and preserved for the social, cultural and recreational benefit of all GRF Members. Policies of control shall be reasonable, and yet not allow for exploitation of Members by individuals, groups, clubs or organizations.

Standard practices to be followed by clubs or organizations using GRF Trust facilities shall include the following:

6.1. The club or organization shall have a defined purpose. A current annual application, with bylaws attached, must be filed with the RD.

Amend 70-1406-2, page 27



LWWeekly

Notice of Proposal to Amend 70-1406-1, Limitations on Use

Per the action of the GRF Board on September 24, 2019, in accordance with Civil Code \$4360, Notice of Tentative Approval of Adoption of 70-1406-1, Limitations on Use, Board hereby provides general notice to all Shareholders/Members of proposed amendment.

70-1406-1, Limitations on Use

Limitations have been placed on certain Golden Rain Foundation (GRF) Trust facilities. The Recreation Department (RD) is authorized to verify the status of any user and may enlist the Security Department (SD) and/or other agencies to enforce this policy.

1. THE FOLLOWING TRUST FACILITIES ARE PROVIDED FOR THE USE OF GRF MEMBERS ONLY IN GOOD STANDING:

1.1. Car wash;

1.2. Exercise room (Policy 1466-50);

1.3. Golf course (Policy 1429.1-50 & 1429.2-50);

1.4. Lapidary room;

1.5. Swimming pool (Policy 1468-50);

1.6. Woodshops;

1.7. Multi-use Court;

1.8. Bocce Ball Court.

<u>All other Trust facilities are provided for the use of GRF Members in good standing and their</u> guests who are at least eighteen (18) years old except for private functions. Members must be present at all times when guests are using these facilities.

Caregivers may assist Members who use the facilities and remain with them, but they may not use the above facilities themselves.

Special events take precedence when approved by the RD.

2. <u>DUE TO SAFETY FACTORS, THE FOLLOWING LIMITATIONS MUST BE AD-HERED TO:</u>

2.1. Power equipment, such as the equipment used in the lapidary room, woodshop or exercise room, shall not be used except under the supervision of a RD approved attendant or supervisor;

2.2. Football, baseball, soccer, hockey, basketball and other contact sports may not be played on GRF Trust property due to the possibility of injury to Members and/or guests; 2.3. Risers may not be stacked upon one another for any activity in a clubhouse; and

.5. Risers may not be stacked upon one another for any activity in a clubhouse; and

2.4. Use of skateboards, razor-type scooters, roller skates, hoverboards, a Segway or roller blades is prohibited on all Trust property.

Caregivers may assist Members who use the facilities and remain with them, but they may not use the above facilities themselves.

3. <u>THE FOLLOWING TRUST FACILITIES ARE PROVIDED FOR THE USE OF GRF</u> <u>MEMBERS IN GOOD STANDING AND THEIR GUESTS WHO ARE AT LEAST EIGH-</u> <u>TEEN (18) YEARS OLD. MEMBERS MUST BE PRESENT AT ALL TIMES WHEN GUESTS</u> ARE USING THESE FACILITIES.

ARE USING THESE FACILITIES:

3.1. Amphitheater;

3.2. Art room;

- 3.3. Billiards rooms;
- 3.4. Card room;
- 3.5. Ceramics room;
- 3.6. Sewing room;
- 3.7. Shuffleboard court; and

3.8. Table Tennis area (Policy 1463-50).

3. <u>THE FOLLOWING LIMITATIONS MUST BE ADHERED TO FOR CRAFT FAIRS,</u> <u>FLEA MARKETS, RUMMAGE SALES, AND SWAP MEETS EXCLUDING THE GRF</u> <u>ARTS AND CRAFTS FESTIVAL: (POLICY 1480-50)</u>

- 3.1. Will not be allowed for a four-week period prior to the GRF Arts and Crafts Festival;
- 3.2. The maximum number of tables allowed shall be approved by the RD;
- 3.3. All items for sale must be sold by GRF Members; and

3.4. Operations will be monitored by the RD to ensure that all policies are followed.

4. <u>CLUBHOUSE RULES</u>

The following rules are to be posted in all clubhouses for the information and guidance of all concerned:

4.1. Clubhouse lobbies will be available for reservations with RD heads' approval. Lobby furniture may only be moved by custodial staff;

4.2. Dining and kitchen facilities shall be cleaned by the reserving member after being used. (Policy 1411-50);

4.3. Clubhouse One (1) Picnic Area shall be cleaned by the reserving member after being used, except for the BBQ, which shall be cleaned by the custodian after it has cooled down;4.4. Clubhouse Three (3) BBQ's will be cleaned by the custodians;

4.5. The regulation of the thermostats shall only be controlled by the custodian on duty;

of club or organization rules or regulations.

6. ELIGIBLE CLUBS AND ORGANIZATIONS

GRF Trust facilities shall be maintained and preserved for the social, cultural and recreational benefit of all GRF Members. Policies of control shall be reasonable, and yet not allow for exploitation of Members by individuals, groups, clubs or organizations.

Standard practices to be followed by clubs or organizations using GRF Trust facilities shall include the following:

6.1. The club or organization shall have a defined purpose. A current annual application, with bylaws attached, must be filed with the RD.

6.2. There shall be an annual business meeting, including election of at least three (3)

officers, and financial accounting to Members of the club or organization of all funds. 6.3. The club or organization shall specify a regularly scheduled meeting time and place.

- 6.4. The RD shall be kept informed of any change of officers, By-laws or purpose of the club.
- 6.5. Although Members are allowed to invite guests, no club may advertise or publicize its activities so as to infer its membership or events are open to non-GRF Members.

6.6. Caregivers cannot belong to any club.6.7. Should a complaint be lodged by a member of a club for any reason, the RD can require all pertinent detailed documentation needed to resolve the complaint:

- 6.7.1. If a club refuses to comply with the request, they can have their use of Trust property suspended until they do;
- 6.7.2. If the complaint is found to be valid, the club will be given 30 days to remedy; 6.7.3. If the club fails to comply, the club's status as a recognized club in LW may be terminated, and all further use of Trust property will cease;
- 6.7.4. The Club has the right to appeal the RDs' decision to the Recreation Committee. Appeal must be in writing to the Recreation Committee Chair; and
- 6.7.5. A final appeal to the GRF Board, must be requested in writing to either the Executive Director or GRF President.

6.8. GRF reserves the right to disallow the use of any Trust property to any club or organization at any time.

7. USE OF CLUBHOUSE FACILITIES BY OUTSIDE ORGANIZATIONS

GRF Members in good standing that belong to an organization outside of the community may be permitted to reserve a clubhouse facility once each calendar year for an event by that organization if space is available.

A two hundred dollar (\$200) refundable fee is required at time of reservation from reserving Member.

A charge will be made for the organization to use Trust property. All money must be paid at least ten (1) business days before the event.

- 8.1. Up to two hundred (200) people: \$200.00 non -refundable fee
- 8.2. Up to three hundred (300) people: \$300.00 non -refundable fee
- 8.3. Up to four hundred (400) people: \$400.00 non -refundable fee
- 8.4. Up to five hundred (500) people: \$500.00 non-refundable fee
- 8.5. Over five hundred and one (501) people: \$1,000.00 non-refundable fee

Members are responsible for the organization's activities and shall ensure that the organization follows all established policies relating to Trust property use.

In the event that more than one Member belongs to the same outside organization, that organization is still limited to one invitation per calendar year.

8. GRF SPONSORED ACTIVITIES

Members are able to invite guests as long as the number of guests does not comprise a majority of the attendees.

9. HOURS

9.1. The clubhouses will be open for the use of Members and guests accompanying them from 7:30 am to 10:00 pm.

9.2. Hours of operation for the Exercise Room. Golf Course, and Swimming Pool will be determined administratively;

9.3. The Exercise Room. Golf Course, and Swimming Pool will be limited to Members. Caregivers or guests are not permitted to use these areas;

9.4. The Exercise Room. Golf Course, and Swimming Pool will be closed Thanksgiving, Christmas and New Year's Day;

9.5. Any Trust facility may be closed at any time for maintenance;

9.6. No personal trainers are allowed in the Exercise Room;

9.7. The Amphitheater will be available for use by recognized clubs and organizations by reservation only. (Policy 1412-50);

9.8 The Golden Age Foundation can use the hospitality area in Clubhouse Six (6) on any holiday for the benefit of the Members;

9.9. Clubhouses One (1), Two (2), Four (4), Six (6), and building Five (5) will be closed Christmas and New Year's Day. Exceptions are at the discretion of the RD;

4.6. Malfunctioning and/or damaged equipment shall be reported to the custodian or the RD;

4.7. Items shall not be hung on window coverings or partitions at any time;

4.8. Only masking tape shall be used to attach items to the walls – no other type of adhesive is authorized. Push pins or tacks may be used to attach items to the sound-proofing panels;

4.9. No push pins or tacks can be used on walls. Any cost to repair will be charged to reserving party;

4.10. Items shall not be stored behind the stage drapes in Clubhouse Four (4), or in any other area of any clubhouse without RD approval;

4.11. Decibel sound levels inside clubhouses and outdoor entertainment areas should not exceed eighty (80) decibels and will be monitored by staff on duty;

4.12. Children under the age of eighteen (18) years shall remain under the constant visual supervision of an adult;

4.13. No Smoking (Policy 1412.2-50);

4.14. Only licensed Service or Emotional Support Animals', duly registered with Stock Transfer, are permitted in or on Trust property. (Policy 1023-33);

4.15. Power-driven mobility devices operated inside the clubhouses shall display an authorized handicap decal issued by the SD. The vehicle shall be operated at the lowest possible speed at all times within a clubhouse. Electric wheelchairs are exempted;

4.16. Any person, persons or activities which disturb an event shall be brought to the attention of the custodian or the SD;

4.17. All damages, repairs or unusual cleaning costs shall be the responsibility of the reserving Member;

4.18. Members shall notify the RD when a caterer will be used. (Policy 1431-50);

4.19. Candles shall only be used in Trust facilities without carpeting; and

4.20. GRF reserves the right to disallow the use of Trust property to any Member at any time.

5. SPECIFIC RULES OF CLUBS OR ORGANIZATIONS USING TRUST PROPERTY

Any club or organization using Trust property cannot make rules or regulations that conflict with the established rules and regulations of the GRF.

Neither the GRF, nor staff employed by the GRF, may become involved with enforcement

9.10. Clubhouses One (1), Two (2), Six (6), and building Five (5) will be closed Thanksgiving Day. Exceptions are at the discretion of the RD;

9.11. Any permanent operational time change(s) must be approved by the Recreation Committee.

10. NOTICE OF CLOSING

Whenever it may become necessary to close down or limit the use of any Trust facility for a non-emergency reason, advance notice of up to one month is to be given to the RD, who, will give proper notification to all concerned.

11. <u>CHARGES</u>

11.1. Charges will be assessed for clubs and/or private parties using Trust facilities when the scheduled or actual use extends beyond the official hours, or when additional help or special accommodations are is required. The rate to be used is the lowest established billing rate currently in effect as determined and published by the Accounting Office. In the event of overtime, a minimum of one hour will be charged;

11.2. Parties requesting the use of meeting rooms will be required to pay all charges for damages, repairs or unusual cleaning costs.

11.3. See 70-1406-2, Limitation on Use, Fees.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

• Emailing comments to the attention of the GRF Board at *deannab@lwsb.com*; please include in the subject line "40-5061-2", or

• Mailing comments to:

Golden Rain Foundation

P. O. Box 2069

Seal Beach, CA 90740

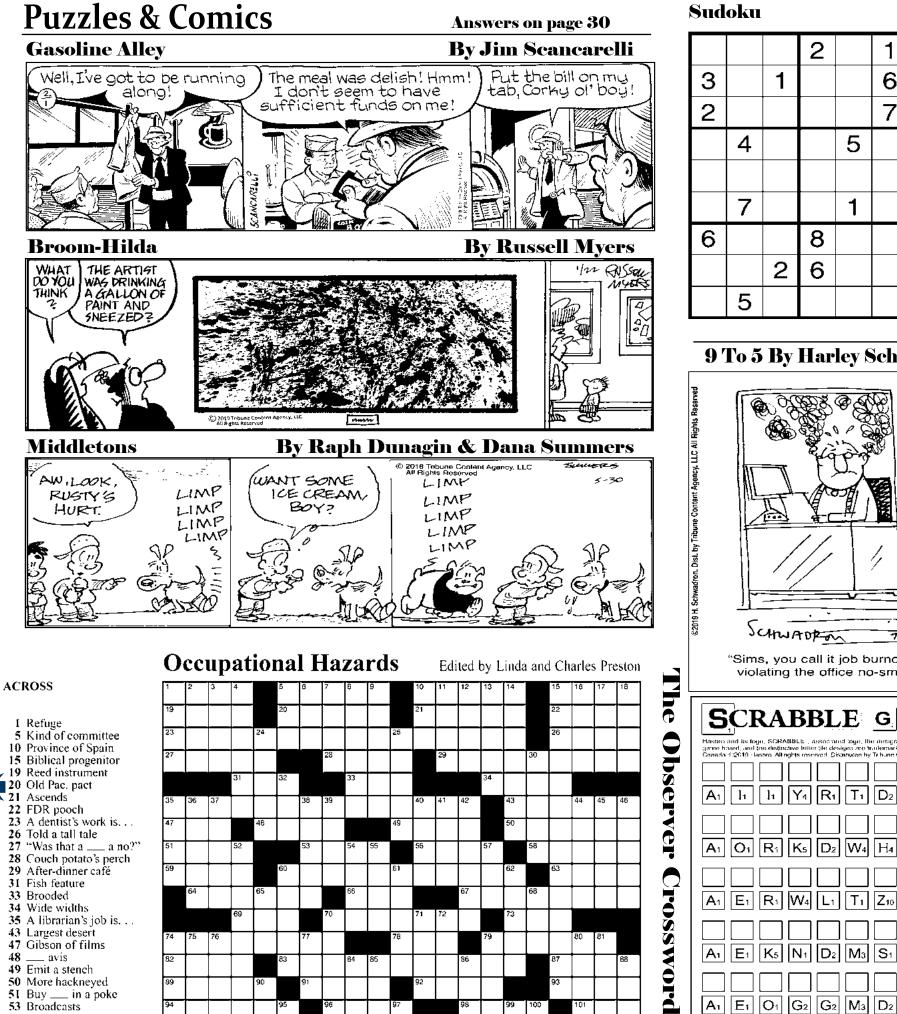
Attn: Proposed Policy Revisions, or

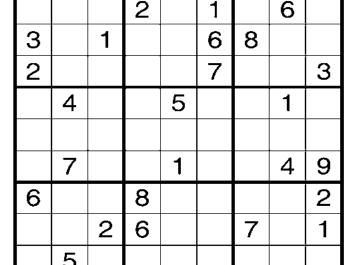
• Dropping off written comments to the receptionist located on the second floor of the Administration Building.

Please reference 70-1406-1, Limitations on Use on any correspondence you submit.

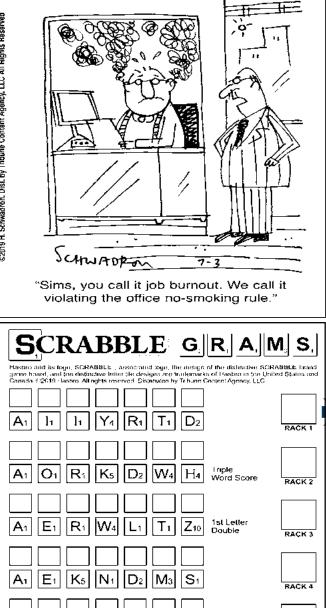
All comments will be copied to the Board for review and consideration. The Board will take final action relative to **70-1406-1**, Limitations on Use at its October 22, 2019 meeting.







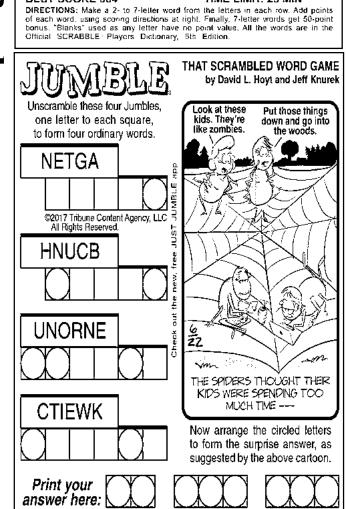
9 To 5 By Harley Schwadron





56 Let fall

58 Sam of the links 59 Grade	102						103				104	105					106					PAR SCORE 270-28 BEST SCORE 364	80
60 The weatherperson likes				107		109				109	<u> </u>				110	<u> </u>						DIRECTIONS: Make a 2-	
to be,																					uzzle	 of each word, using score bonus, "Blanks" used as a 	
63 "Little Man": Foster	111	112	113				114	115		116			117			118		119	120	121		Official SCRABBLE Play	
film						I	<u> </u>				<u> </u>												=
64 Admits	122				123				124					125	126								<u>ر</u>
66 Night, to Noyes	127				128		<u> </u>		—		129			<u> </u>	<u> </u>		130		<u> </u>			I JIUM UB	Ĵ
67 Actress Cloris	127				120						129						130						Ì
69 Family favorite	131		┥		132				-		133				<u> </u>		134						
70 Low shoes	1.0				IDE												.04					Unscramble these four	
73 Foot part	02	110 1	<u>i</u> Tribu	ne Co	ntont	800	nev.	5		Lrial	nte r		vod						0/2	9/19		one letter to each s	
74 Across from	۳ <u>۲</u>	. 610	mou		ntem	луc	noy,		7. MI	i ngi	113 1	COCI	veu	•					5,2	0/10		to form four ordinary	1
78 Literary inits.																							
79 Examined, with "out"	132	Met	al resi	due				32	Gun	asso	<u>c</u>					80	Rorel	lv m	akina	g do,	13	NETGA	
82 Side dish				e in cos	metic	c				Kha		,					"out"		anng	⊊uo,	**		_
83 A pilot gets		Ane			sincine	5				n kir							Shore		enna				
87 Actor Tamiroff	1.77									draw							Cage						
89 "Showboat" composer										al att						85	Fir or	r fio	sav	JIKI		©2017 Tribune Content	
and family	DO	WN								ande		State				86	Wild	diso	rder			All Rights Reserved.	i P
91 Gem shape	00									tom		June					Dillo					, The second sec	
92 Scotto solo	1	Roly	,							: Kin		d I" (star				Medi					HNUCB	
93 Palos departure in 1492				award				42	Nors	ie to:	ists					95	Drov	e					
94 Lets up				. men						strir									leion	n Clat	16		
96 Map abbrs.			e ma							cho's		1					Haye						
98 Bone: comb. form			pe sci							r Mis							A Ŵi						_
101 "Unforgettable" Cole	6	Rock	, ker SI	iannon				52	A la	wyer	likes	s to.				100	Howe	e of i	inver	ition			
102 Vacation location				ch arti						ichlil						104	Actre	ess K	idm	an		UNORNE	
103 An electrician is always		Futil						55	Briti	sh w	eapo	n				105 .	Angr	y lo	oks				
107 Pool shark's gear	9	Disc	ussio	n, info	rmally	,		57	Easy	as							Foot						7
109 Zero		Skill			,			60	Stiff											s look	ς.		
110 Clamor	11	Com	peteo	1				61	··	{	ill a	good	nig	nt."		111 (Gran	ger's	wor	kplac	e		<
111 Threadlike conductors		Ah!	•					62	"Of	cours	se!",	for s	hort			112	Nasta	ise o	f ten	mis			
116 Wood sorrels	13	··	. Ente	rtain Y	ou"			65	"Hel	p!"`						113 1	Todd	ler p	erche	es			
118 Plus-side item			t pale					68	Dove	e not						114	Poi ra	oot				CTIEWK	
122 Word of woe	- 15	A ch	ief do	esn't li	ke			70	Need	flewo	orker	s				115	Bio a	ind c	hem				-
123 An astronomer will	16	Spea	iker's	platfor	m				Crui								Ed. n						1
always	17			more	bitter	than		. –		ier ro							Sign						
127 Ready for picking		beer								ner o							Perry						<u> </u>
128 Ghostlike	-		luced							lemy							Ruler						~
129 Lascivious looks			orehai							ish c	oins									ly	`	Print your	1
130 Queen of scat	25	FL s	wamp	o dwell	er			77	Spin	ner						125 .	Ancie	ent p	ol, e	ntity		answer here: K)
		-	-															-					4



PAR SCORE 270-280

RACK 5

FIVE RACK TOTA

TIME LIMIT: 25 MIN



AMEND 70-1406-2 from page 24

There shall be an annual business meeting, including election of at least three (3) officers, and 6.2. financial accounting to Members of the club or organization of all funds.

The club or organization shall specify a regularly scheduled meeting time and place. 6.3.

The RD shall be kept informed of any change of officers, By-laws or purpose of the club. 6.4

Although Members are allowed to invite guests, no club may advertise or publicize its activities 6.5 so as to infer its membership or events are open to non-GRF Members.

Caregivers cannot belong to any club. 6.6.

Should a complaint be lodged by a member of a club for any reason, the RD can require all 6.7pertinent detailed documentation needed to resolve the complaint:

6.7.1. If a club refuses to comply with the request, they can have their use of Trust property suspended until they do;

6.7.2. If the complaint is found to be valid, the club will be given 30 days to remedy;

6.7.3. If the club fails to comply, the club's status as a recognized club in LW may be terminated, and all further use of Trust property will cease

6.7.4. The Club has the right to appeal the RDs' decision to the Recreation Committee. Appeal must be in writing to the Recreation Committee Chair; and

6.7.5. A final appeal to the GRF Board, must be requested in writing to either the Executive Director or GRF President.

6.8. GRF reserves the right to disallow the use of any Trust property to any club or organization at any time

7. USE OF CLUBHOUSE FACILITIES BY OUTSIDE ORGANIZATIONS

GRF Members in good standing that belong to an organization outside of the community may be permitted to reserve a clubhouse facility once each calendar year for an event by that organization if space is available

A two hundred dollar (\$200) refundable fee is required at time of reservation from reserving Member. Members are responsible for the organization's activities and shall ensure that the organization follows all established policies relating to Trust property use.

In the event that more than one Member belongs to the same outside organization, that organization is still limited to one invitation per calendar year.

8. GRF SPONSORED ACTIVITIES

Members are able to invite guests as long as the number of guests does not comprise a majority of the attendees

9. HOURS

9.1. The clubhouses will be open for the use of Members and guests accompanying them from 7:30 am to 10:00 pm.

9.2. Hours of operation for the Exercise Room. Golf Course, and Swimming Pool will be determined administratively;

9.3. The Exercise Room. Golf Course, and Swimming Pool will be limited to Members. Caregivers or guests are not permitted to use these areas;

9.4. The Exercise Room. Golf Course, and Swimming Pool will be closed Thanksgiving, Christmas and New Year's Day;

9.5. Any Trust facility may be closed at any time for maintenance;

9.6. No personal trainers are allowed in the Exercise Room;

9.7. The Amphitheater will be available for use by recognized clubs and organizations by reservation only. (Policy 1412-50);

10.8 The Golden Age Foundation can use the hospitality area in Clubhouse Six (6) on any holiday for the benefit of the Members;

10.9. Clubhouses One (1), Two (2), Four (4), Six (6), and building Five (5) will be closed Christmas and New Year's Day. Exceptions are at the discretion of the RD;

10.10. Clubhouses One (1), Two (2), Six (6), and building Five (5) will be closed Thanksgiving Day. Exceptions are at the discretion of the RD;

10.11. Any permanent operational time change(s) must be approved by the Recreation Committee. 10. NOTICE OF CLOSING

Whenever it may become necessary to close down or limit the use of any Trust facility for a nonemergency reason, advance notice of up to one month is to be given to the RD, who, will give proper notification to all concerned.

11. CHARGES

11.1. Charges will be assessed for clubs and/or private parties using Trust facilities when the scheduled or actual use extends beyond the official hours, or when additional help or special accommodations are is required. The rate to be used is the lowest established billing rate currently in effect as determined and published by the Accounting Office. In the event of overtime, a minimum of one hour will be charged;

11.2. Parties requesting the use of meeting rooms will be required to pay all charges for damages, repairs or unusual cleaning costs.

11.3. See 70-1406-2, Limitation on Use, Fees.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

• Emailing comments to the attention of the GRF Board at *deannab@lwsb.com*; please include in the subject line "40-5061-2", or

• Mailing comments to:

Golden Rain Foundation

P. O. Box 2069

Seal Beach, CA 90740

Attn: Proposed Policy Revisions, or

• Dropping off written comments to the receptionist located on the second floor of the Administration Building.

Please reference 70-1406-1, Limitations on Use on any correspondence you submit.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to 70-1406-2, Limitations on Use of Trust Property, Fees at its October 22, 2019 meeting.

Notice to Adopt Policy 51-1201-2, GRF ID Cards, Fees

Per the action of the GRF Board on September 24, 2019, in accordance with Civil Code \$4360, Notice of Tentative Approval of Adoption of 50-1201-2, the Board hereby provides general notice to all Shareholders/Members of proposed amendment.

50-1201-2, GRF Identification Cards, Fees

1. UPON SALE OR DEATH- Upon the sale of the unit or the death of a member, cooccupant, or renter/tenant, the GRF identification card shall be surrendered to the Stock Transfer Office. If the ID card is not surrendered, a fee of \$500 will be assessed against the unit. In the case of a deceased member, the fee may be waived. When the Security Department retrieves a GRF identification card, for whatever reason, it shall be surrendered to the Stock Transfer Office immediately.

2. LOST OF STOLEN CARD-For lost or stolen GRF identification cards, members, cooccupants, or renter/tenants may obtain a replacement card by:

2.1. Paying a \$20 fee for the first replacement;

2.1.1. Subsequent replacements will be a \$50 fee each. The Mutual Board of Directors will be notified when a card is lost a third or subsequent time within 24 months of the first replacement.

3. WAIVER OF FEES

Waiving of fee or fees is at the sole discretion of the Finance Committee.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

• Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "40-5061-2", or

• Mailing comments to:

Golden Rain Foundation

P. O. Box 2069

Seal Beach, CA 90740

Attn: Proposed Policy Revisions, or

• Dropping off written comments to the receptionist located on the second floor of the Administration Building.

Please reference 50-1201-2, GRF Identification Cards, Fees on any correspondence you submit. All comments will be copied to the Board for review and consideration. The Board will take final action relative to 50-1201-2, GRF Identification Cards at its October 22, 2019 meeting.

<u>Professional Services</u>



LIVING TRUSTS **ESTATE PLANNING** PROBATE







Pati	o & Washer/Dryer Enclosures
English	714-900-0307 ^{Korean} 한국어
FREE	Estimates - No Job Too Small
LNScorec	onstruction@gmail.com ~ Lic. 1026807



mp.construction2@aol.com

562-746-5400

Lic.# 954725



Professional Services





GRF Approved Contractor Excellent LW Referrals

4-330-3523

LIC # 992336

grecodesigndev@gmail.com

for \$30 per week

10 consecutive weeks, minimum

Call 430-0534





SEAL BEACH

Senior Shopper Shuttle resumes service

The City of Seal Beach is pleased to announce the return of the Senior Shopper Shuttle today, Sept. 26. The city shuttle will provide an option for seniors who would like to be transported to and from Leisure World to the Seal Beach Center (Pavilions) and the pier. The Shopper Shuttle will operate as follows:

• Operating hours are every Thursday from 8 a.m.-4:30 p.m. with a driver's break between 11 a.m.-noon.

• Pick-up and drop-off will originate from the Leisure World Main Gate with stops at the Seal Beach Center (Pavilions) and the base of the pier. Carry-on restrictions may apply.

• To be eligible, riders must be senior citizens (age 60-plus) and a resident of Seal Beach.

• There is no cost to use the shuttle.

• Keolis Transit Services is the operator of the shuttle and can be contacted at 439-3699.

More information about the city's Senior Transportation Program can be found at the City's website at www.sealbeachca.gov or by calling the Public Works Department at (562) 431-2527.

RIDESHARE from page 16

BUS from page 16

• Press 3, 4 or 5 to request a Lyft or Uber to a custom pick up location (once you're registered please give us a call to set these up).

• Press 6 to request a Lyft or Uber with an operator.

• Press 0 to speak with an operator about scheduling requests in advance or anything else.

> -Daniel Fabian, IT supervisor

Just wave your hands as the easily identifiable blue and white shuttles approach and the bus will stop and have you on your way to all destinations. Times and routes are printed in the LW Minibus book and you can pick one up at the LW Weekly office, the GRF Library, the Main Gate security

-Grant Winford,

Puzzle Answers Puzzle page 26 SCRABBLE G R A M S SOLUTION 1 **T**1 R 11 D_2 RACK 1 = 61 $O_1 R_1 H_4$ A₁ W4 K₅ RACK 2 = 104 W4 A1 L1 T1 Z10 E1 R1 RACK 3 = 73 D_2 E1 S1 K5 M3 A1 Ni 64 RACK 4 = D2 E1 M3 A1 G2 O1 G2 62 RACK 5 = PAR SCORE 270-280 364 TOTAL **Crossword Answers**

 PORTADSWEPS

 PORTAD ADSWEPS

 PISES

 PORTAD ADSWEPS

 PISES

 PISES

 PISES

 PISES

 PIG

 <

office and on any Minibus.

fleet manager

MEALS from page 16

 Macrobox Meals – Starts at \$50 for a 5-meal plan, order online or by phone (714) 812-3385.

• Prepped by Bec - Starts at \$11 a meal for single or subscription-based orders, online ordering.

 Mom's Meals Nourish Care - Fully prepared, refrigerated meals delivered to homes nationwide; (877) 508-6667 or online ordering.

 Martha's Senior Gourmet – Fully prepared meals delivered to homes; (949) 943-3888 or online ordering.

Many of these services offer plans and meals that accommodate specific dietary requirements such as being gluten free, vegan, cardiac or diabetic, so if you have specific dietary restrictions you still have options.

Restaurant Delivery

There are several services offering food you love delivered from your favorite restaurant as an easy option that seniors can take advantage of. Delivery fees applies.

Lots of restaurants offer their own delivery services, but for those that don't, you can often still get favorite dishes with one of these delivery services:

• GrubHub

- DoorDash
- Postmates

Meals on Wheels

All of the options mentioned above can make seniors' lives easier, but at a price. For seniors who aren't sure they can afford those options for all their meals, a Meals on Wheels type of program can help fill in the gaps by providing some extra food each week. And you get the company of a friendly volunteer delivering your meal (see the Health section for weekly menus and information).

• Meals on Wheels LB -Monday-Friday, \$41.25 per week. Order online or call 439-5000.

• SeniorServ – Monday-Friday, donation or private pay starting at \$5.25 per day. Order by calling (714) 823-3294.

With all the resources available to Seniors today, there should never be a worry of where your next meal is coming from. *—Cindy Tostado,* GRF member resources and assistance liaison adapted from SeniorAdvisor.com



GENERAL

AVON Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 12/26

> JAFRA COSMETICS by Helen

LW Resident 562-421-5811 www.jafra.com/hwells Business License #WEL0015 Anti-aging products, makeup, gifts. 10/10

GARDENING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, cleanups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

HANDYMAN SERVICES

MP CONSTRUCTION **General Contractor**

JC Handyman Services Professional and reliable. specializing in remodeling, plumbing and electrical. . Work

TONY DO MAINTENANCE Windows-house cleaning. Reasonable price. Excellent work. (714) 534-1824.09/26

LW DECOR INC. 562-596-0559 Sound proof walls. Triple pane windows. Ceiling made smooth. Recessed lights, tile, laminate installation, crown molding, window frames painted whited. Lic. #723262. 10/17 LW DECOR INC. 562-596-0559 ъ

JR HOME REPAIRS. Ouality work. Perfectionist, honest & reliable. Call JR 562-519-2764. 10/03

RICHARD HANDYMAN

CARPET & UPHOLSTERY **CLEANING & REPAIR**

CARPET CLEANING SPECIALS !!!!!! DEALS !!!!! Carpet cleaning \$40 per room minimum 2 rooms. Upholstery/Tile & Grout, and steam cleaning extraction. Tito 562-658-9841. 10/03

SCREEN SALES, SERVICE & INSTALLATION

SKYLIGHTS

CLEAN, REPAIR, REPLACE. Licensed and insured. Dan (562) 841-3787. Seal Beach License #BRA0002.11/14

PROFESSIONAL MOBILE SCREEN SERVICE

New screens, re-screening, screen doors, retractable screens, new and repair. Call today. (562) 493-8720. Since 1988. State Contractors Lic. #578194.

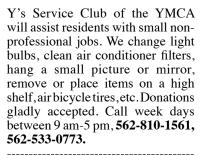
WINDOW WASHING

WANT CLEAN WINDOWS? **10% OFF FIRST CLEANING** (562) 600-0014 LW resident, Rich Livitsky. Seal Beach Business License #LIV0004.09/19

WINDOW COVERINGS

LW DECOR INC. Blinds, shutters, shades, 40 years serving Leisure World. Contractor's License #723262. LW DECOR INC. 562-596-0559. 09/26

LEISURE WORLD HELPING LEISURE WORLD



"ROLLIN THUNDER" **GOLF CART CLUB**

Offers FREE advice on buying and selling of your golf cart.



			С	U	Е	S				Ν		L			D	1	Ν			
F	-	L	A	М	Е	Z	Ч	S		0	С	А	S			Α	S	S	Ε	
A	L	А	S		R	ε	А	С	H	F	0	R	T	н	E	S	Т	A	R	S
R	1	Ρ	Е		Е	ε	R	Т	ε		L	Е	Е		S		Е	L	L	A
М	Е	S	S		D	R	0	S	\$		Е	\$	T	Ε	Ε		Ρ	E	Ε	R

Sudoku Answers

7	8	5	2	3	1	9	6	4
3	9	1	5	4	6	8	2	7
2	6	4	9	8	7	1	5	3
9	4	3	7	5	2	6	1	8
1	2	8	4	6	9	3	7	5
5	7	6	3	1	8	2	4	9
6	1	9	8	7	4	5	3	2
4	3	2	6	9	5	7	8	1
8	5	7	1	2	3	4	9	6

The Basic Rules of Sudoku: • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed. • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-

rs in the course of the game

bers in the course of the game. • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Fact results in the same. Udoku puzzle can be the same. Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku Sudoku p
 Each ro

Puzzle can be the same.

Jumble Answers

AGENT BUNCH NEURON Jumbles: WICKET The spiders thought their kids were spending Answer: - ON THE WEB too much time -

LIBRARY from page 16

If you are comfortable using computers we can point you in the direction of a great online resource for practicing the driving renewal tests.

The staff at the library would be glad to assist with any of the above mentioned resources. Your library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. Please don't hesitate to drop by and pay us a visit and we look forward to seeing you.

—Taylor Greene, library operations assistant



SERVICES Big or small, I do it all. Car detailing to all home improvements. Call 562-387-5187 09/26

PAINTING

562-596-0559 LW DECOR INC. Premium paints, primer all wood. 40 years in LW. Contr. license #723262. LW DECOR INC. 562-596-0559. 09/26

Bel-Rich Painting - Free estimates, Apartments, room by room, small jobs. Contractor's License #705131. 714-220-9702. 12/05

FLOOR COVERINGS

310-261-0571 Interior Flooring Solutions Hardwood floors, carpet, laminate, vinyl planks. 25 years experience. Contractor License 1043763. 12/05

եթ 562-596-0559 LW DECOR INC. Tile, laminate, vinyl plank, patio carpet. 40 years in Leisure World. Contractor License 723262. 09/26 562-596-0559 ъ 562-431-6859

Let's lower your ears - I'll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

BEAUTY SERVICES

Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 09/05

PERMANENT MAKEUP for Eyebrows, eyeline, lip line. 27 years experience, 10 years in LW with references. Loann: (310) 938-8808. Cosmetology license #KK5976.09/26

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 09/26

Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187.License#KK203303.10/03



www.lwsb.com | September 26, 2019

<u>Classifieds</u>

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714)855-8465. Seal Beach Business License MOR0008. 10/03

PERMANENT HAIR **REMOVAL, FACIALS**

Electrologist w/25+ yrs Experience Marlyn Palmquist, CPE. www.2behairfree.com 310-291-7431. The Sanctuary Salon, 12800 Seal Beach Blvd., D Seal Beach Business License SBA0003.

HOME CARE PERSONAL ASSISTANT

Just Like Your Daughter Personal Assistant/ **Girl Friday** Available for: errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay All with compassion and care. Just Like Your Daughter Call Janice, 714-313-4450 SB Lic. #JUS0006/Bonded. 09/19

Affordable Caregiver. Assist with showers, Dr. Appointments, medications, light house-keeping, etc. Live in Long Beach #ROD0003 Elizabeth 951-867-1275 11/14

MOST AFFORDABLE RATE

Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 12/19/19

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, livein (562) 230-4648. Seal Beach Business Lic #CAM0006.

- A WOMANS TOUCH
- Personal assistant needs
- Assistance after surgery care
- Run errands, moving helper
- Shop for you, take you
- shopping, to salon or nail appts Accompany you to Dr appts
- Companion

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Call Gloria 949-371-7425. 11/14

GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License gra0006. 10/03

Patricia House Cleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659 Seal Beach License LUC0001. 12/19

PET SERVICES

Customized Care for Your Pets Walks * Visits * Overnight Stays References Available

Call or text Barbara 541-952-9007 Book now for the holidays!

Nail cutting, Bathing, in home for cats and small dogs. Call or message 562-544-9555 SB license#Jen0006 9/26

COMPUTERS

\$30.00 Computer Tune-Up 714-367-6362

Computer Running Slow! Call John LWResident.SBLicenseFUH0001. 10/03

FRUSTRATED (562)755-6199

ዺ

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19 ъ

COMPUTER REPAIR 562-733-9193

Virus removal. Expert in all computer systems. John Fuhrer, LW Resident. Seal Beach License FUH0001. 08/29

ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

2001 Club Car Golf Cart. Excellent condition. \$2,700. Firm. 562-344-5156 09/26

Electric 3-wheel scooter: Pride Victory. Negotations start at \$900. 562-715-4242 09/26

Rides by Russ, with the personal touch

For over 3 years I have been giving all types of rides to Leisure World residents. Rides to the airports, doctors, cruise ports, shopping and errands I also enjoy helping my neighbors with chores and maintenance around their homes. Russ 714-655-1544. 09/26

AUTOS/BOATS/RV'S TRAILERS WANTED

ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly!We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 10/17

AUTOS/BOATS/RV'S **TRAILERS FOR SALE**

2004 Doolittle twin axel cargo trailer (enclosed). Inside deminsions: 16'9 (l); 6'8 (w); 6'9 (h). Electic brakes. Metal ramps included to load small car or motorcycles. 3 d-ring tie downs. \$2,600 or best offer. 562-896-1785 9/26

ELECTRIC CAR PADS Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 11/14

MOVING, HAULING & STORAGE SERVICES

A FRIEND AND A TRUCK

Your moving service, any size job. Call 310-387-2618. Business License RO263644. 09/26\

MISCELLANEOUS FOR SALE

Recliner: Electric with lift. Like electric recliners in LW Pharmacy. Blue - \$700. 562-715-4242. 09/26

Brand new two seater tricycle. Make offer.lou@cassaniinsurance.com or 310-720-5562 10/10

Gold-leaf round glass coffee table, excellent Condition, antique style, \$200. Lime green bedroom furniture \$200, convertable sofa, \$50. Patio furniture, \$50. Call 949-677-4272 09/26

ESTATE/MOVING/ SALES

Everything on sale Thursday and Friday. 13330 Del Monte Drive 10-D. Call 562-598-0715

Estate sale Friday, 9/27 and Saturday 9/28 from 9 a.m. to 3 p.m. 13140 Delmonte 53G. Furniture, lamps, dishes, flatware, pans, small appliances, clothing, vintage magazines and records, books, pictures, mirrors, Hollywood memorabilia, military clothing, and much, much, more. Call for more information 562-833-7163

Estate Sale, 1603 Montery Rd 22J. Sept. 26 & 27th. Household items, small white desk, one white desk chair, 32" Samsung TV, two white end tables, bath towels, glass bowls, drinking glasses, quilts, blankets. Rebecca Dewitt - 714-654-2548

L.W. APARTMENTS FOR SALE

LEISURE LIVING: Mr Hank & Associates.

Lowest Priced: Two bedroom, two bathroom Corner. Secluded enclosed patio. M 2-44G asking \$229,000 Reduced. All offers.

Fully expanded one bedroom unit on gorgeous Greenbelt. Walk-in closet, walk-in shower. M16 on St. John #51B Asking \$165,000

The ultimate two bedroom two bathroom corner. A.C., washer and dryer, dishwasher, bay windows. Built in private office, drive-up location. Best buy at \$469,999. M14, #18G Must see this one. Call Mr. Hank for more info: 562-743-8473

Brand new remodel! Mutual 14. Expanded two bedroom, 1.5 bathroom unit. "Feng Shui" design, all of the extras including a large patio. M14. 49 E. Reduced to only \$435,000. Call Carl for more info 661-810-9410

Over 150 units for sale. We have M.L.S Access Leisure Living Resales, next to Wells Fargo Bank. 562-493-6601 Lic #636260. 09/12

LW - A NICE CORNER UNIT 13763 EL DORADO MUTUAL 3, #16F Fully Expanded, Recently Remodeled 3 bay windows. 3 skylights A/C-Heat 2 Bdr. 2 Full baths Corian Counters, Laminate Floors. Washer/Dryer + Golf Cart w/new batteries \$404,900 MLS #OC19097966 GOOD HOMES REAL ESTATE BRE #01129082 714-474-6204. 09/26

Classified

deadline is

<u>Monday,</u>

for the

Thursday

publication

If you have not received your copy of LW Weekly by 9 a.m. on any Thursday call 472-1284 ONLY between 9 and 10 a.m. to have one delivered. Check around thoroughly before calling



<u>2:30 p.m.</u>

Uber and Lyft approved driver Young LW Resident. Reference and licensed. CALL Susie @ 828-537-0437.

I am experienced caregiver available to assist with daily care, doctor's appointments, and errands. Available 24/7.949-899-7770 10/24

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 11/14

CHRISTIAN HOME CARE

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/ full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured.

HOUSE CLEANING

MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days – call anytime! Complete cleaning. Seal Beach Business License #M0001a Call 562-505-1613 11/28

LW Weekly 430-0534

Golf Carts, Sales, Parts, Service (714) 292-9124. 09/26

2002 E2GO TXT two passenger golf cart. Great condition, complete lights, horn, mirror. 562-569-4193

TRANSPORTATION

Need a lift? Pam Miller. LW Resident. 310-227-1258. 10/10

A PERSONAL DRIVER IS WITHIN YOUR REACH Conscientious, Dependable, Professional. Providing locals trustworthy affordable transportation. perfect for patients, professionals, and anyone who needs regular or sporadic transportation. CALL 562-537-1298. James. 09/26

Personal driver. LW resident. Goes to airports, hospitals, doctors offices, stores. Drives by Gary. 714-658-9457. 09/12

> Classified deadline is MONDAY <u>at 2 p.m.</u>

Estate Sale 1364 Park Ave Long Beach 90804 Sept. 26,27 9:00 am to 2 pm Sept 28 9:00 am to 12 pm Classy designer's estate sale. Living room furniture, bedroom furniture, glass round dining table w/6 chairs, armoire, book-shelforganizers, sofa tables, flatscreen televisions, kitchen island, Villeroy & Boch china, crystal. silverplate flatware, small kitchen appliances, dishes, ladies clothing, linens, holiday decorations, ladder, flower pots, wall picture and decorative hangings.

Easy to find off Anaheim street. Beware of no parking signs. See pictures at https://www.flickr.com/ photos/120349245@N07/albums

Patio Sale, Thursday 9/26, 9-3 Mutual 11, 274J. Come find your treasures! 828-275-8726

Patio Sale: M-15, 27E. McKinney, Thursday and Friday, Sept. 26 & 27. Linens, silverware, kitchenware, holiday items.

FUNERAL & MEMORIAL SERVICES

For sale: One cemetary plot. Westminister Memorial Park in Garden of Rememberance, section 671. \$5,000. Call 714-222-6741 from 9a.m. - 4 p.m. 10/10

Companion Lawn Crypt for sale at Forest Lawn, Cypress. 3AB Block 2900 located in the Garden of Protection Section

Situated adjacent to the Ascension Mausoleum. Forest Lawn has valued this Companion Crypt at \$12,500. Our asking price is \$9,500 plus Forest Lawn's \$250 transfer fee. If interested, please call Susan Schafer at 714-457-5923 09/26

Westminister Memorial Park. One Plot. Great location in Garden of Moses. \$4,700. Paul 714-381-9737 09/26

Mutual 15, 1-D \$265,000 2-bedroom, 1-3/4 baths, expanded with small patio. Close to Main Gate, laundry and carport.



Mutual 1, 54H \$192,500 Beautiful expanded, 1-bedroom,washer/dryer, fresh paint, central heat/AC, dishwasher, built-in microwave, skylight in bath, dual-



Mutual 9, 232K \$165,000 Cute 1-bed partial expansion, heat pump, close to carport. Move right in.

Unbelievable Real Estate DRE#00460268



32 September 26, 2019 | www.lwsb.com LWWeekly



Jim Duncan Broker/Manager



(562) 594-0515 1900 St. Andrews Dr. , Suite C

Seal Beach, CA 90740

Barbara Diette-Dobias Robin Gray

BERKSHIRE HATHAWAY HomeServices California Properties

(562) 431-2149 13926 Seal Beach Blvd. Seal Beach, CA 90740

Kathy Gupton Gloria Hadley Edwina DiMario Vickie Van Ert Mary Chittick



Diana Flores

Agents Wanted

BRE 00338699

Mutual 9 218F

Mutual 9 226L

Mutual 10 250A

Mutual 15 25F

Mutual 2 60G

Mutual 1 42J

Mutual 9 212H

Mutual 9 212K

Mutual 1 9D

Mutual 4 78B

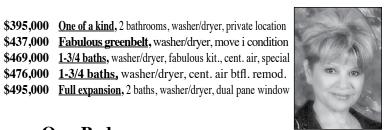
Mutual 1 23D

Mutual 9 226D

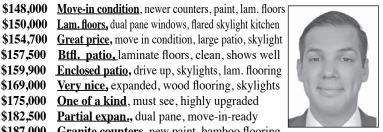
Mutual 1 56H Mutual 1 47D

Two-Bedrooms

Claudette "CC" Cooley



Linda Patton



Adrian Villarreal

\$182,500 Partial expan., dual pane, move-in-ready \$187,000 Granite counters, new paint, bamboo flooring, dual pane

One-Bedrooms







Mutual 3 20B \$190,000 Mutual 3 4E Mutual 2 10H Mutual 2 53D Mutual 11 278J Mutual 10 238F Mutual 3 35B Mutual 4 48K Mutual 6 137C Mutual 2 60B Mutual 15 40B Mutual 5 96G Mutual 5 110J

Fay Wescott



Philip Bak

Leah Perrotti

Mutual 6 128G Mutual 7 168E Mutual 15 23R Mutual 1 2F

Jay Cho

\$163,000 Basic, newer cook top, stove and oven, dishwasher Enclosed patio, lam. floors, 2 skylights, heat pump \$200,000 New windows, 2 large skylights, white bamboo wood floors \$204,000 Adorable cottage, new designer paint, large skylights \$208,000 Granite counters, dual pane windows, lam, floors \$240,000 <u>Basic corner</u>, wrap around patio, newer paint, carpet \$253,000 Full expan., washer/dryer, m faces south, lam. floors \$255,000 private patio, granite, must see unit, charming \$258,000 High side expan., washer/dryer, faces south \$259,000 Full expan., central air, plantation shutters, greenbelt \$279,000 Atrium, cent.air, dual pane, lam. floors make offer **\$318,900** Expaned corner, washer/dryer, lam. flooring, greenbelt \$315,000 Btfl. remodel, skylights, a must see \$299,000 Washer/dryer, dual pane, bay window, Corian counters \$339,500 Full expan., 1 1/2 baths, washer/dryer, cent. air, location \$349,990 Gorgeous, remodeled, 2 baths, washer/dryer \$369,000 Hardwood floors, new heat pump, faces south

Mutual 11 268 K \$369,900 Complete remodel, washer/dryer, dual pane



Estee Edwards Conrad Rodriquez **Irv Hart** **Rosie Wang Davis**

Tim Kearns

\$150,000

\$154,700

\$157,500

\$159,900

\$169,000

\$175.000

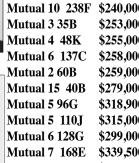


One of a kind, must see, highly upgraded

Paul Kim

Chris Kim





Susie Allen



Erika Shapiro Resales Specialist • Mutual 17 Resident

Traveling Notary 562-**208-5223**

COUNTRY COTTAGE

2 BDR, 2 bath,greenbelt. Move-in ready, white kitchen, washer & dryer, close parking. **Mutual 10, 246L** \$435,000

BEAUTIFUL GREENBELT 2 BDR, 1 ½ bath, Gourmet cook's kitchen, 3 bay windows, washer/dryer. ...and more.

Mutual 12, 45D \$418,000

REDUCED MOVE-IN READY 2 BDR/1 1/2 bath, fully expanded corner drive up, washer/ dryer, dishwasher & more

Mutual 2, 19F \$339,000

REDUCED Fully Expanded corner on a lovely greenbelt, Central A/C heat, skylights, built-in dishwasher & microwave, double pane windows, fresh paint.

Mutual 9, 208L \$265,000

PRICE REDUCED Fully expanded, drive-up Corner, beautiful built-ins, Plantation shutters, A/C Heat Pump. Built-in Microwave and dishwasher. Mutual 10, 256G \$265,000

I SOLD 26 in 2018 I SOLD 34 in 2017 I SOLD 47 in 2016 I SOLD 36 in 2015 I SOLD 35 in 2014 I SOLD 60 in 2013 I SOLD 42 in 2012 I can sell your's too! NEW LISTING 2 BDR/1 Bath, Basic unit, facing South, priver CeR (A.Cut down shower, lovely courtyard. Mutual 6, 144E \$182,900

BASIC 1 BDR on a nice greenbelt OLWown shower, skylights, fresh paint. Mutual 3, 7C \$135,000

PRICE REDUCED Beautifully expanded and updated corner drive-up large pation were seen, Reconvoring, washer/dryer and more

Mutual 6, 56L \$340,000

PRICE REDUCTION Partially Expanded 1 BDR/17Bath Diverse Sevenience, Mutual 11, 276i \$145,000

BEST BUY 2 BDR., 1, Bath Basis Drive up, facing West. Very Private Mutual 4, 52B \$165,000

2019 ESC	ROWS
Mut. 9, 219F	\$175,000
Mut. 11, 282B	\$225,000
Mut. 17, 93S	\$369,000
Mut. 11, 284D	\$187,000
Mut. 9, 225F	\$195,000
Mut. 3, 29I	\$145,000
Mut. 9, 231E	\$175,000
Mut. 15, 1G	\$265,000
Mut. 2, 57C	\$145,000
Mut. 9, 210H	\$189,000
Mut. 5, 103K	\$225,000
Mut. 11 267H	\$179,000
Mut. 8, 183E	\$220,000
Mut. 17, 93A	\$369,000
Mut. 11, 284D	\$189,000

Service Is My Priority! Call me for a FREE Market Evaluation



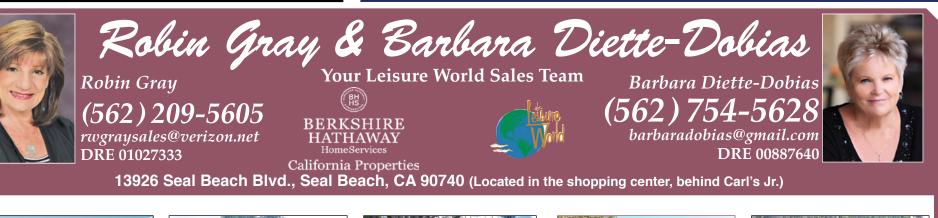
This two bedroom corner has and excellent location. Located on a beautiful greenbelt and just a short walk or bike ride to the south gate for easy access to shopping or a trip downtown to Seal Beach. Expanded 6 foot skylight in the kitchen, granite countertops, a dishwasher and free standing range are all some of the upgrades. All new double paned windows including two bay windows and a sliding glass door from the main bedroom are also upgrades. Marble floors complete the look. Mutual 1, Carport 15 space 42 858-242-0922



Patti Kilian Resident Real Estate Specialist

CalBRE# 01993562

Kindness · Excellence · Joy





Mutual 11-268-K \$369,900 REDUCED ... FABULOUS Oneof-a-Kind drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, smooth cathedral ceilings, crown molding, beautiful floors, recessed lighting, skylights, central heat/ air, spa tub in master bedroom, side by side w/d and so much more



Mutual 7-168-E \$339,500 REDUCED ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/ air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.



Mutual 11-278-J \$208,000 NEW LISTING ... Two bedroom, 1 bath basic unit on a pretty courtyard setting! Newer dual pane windows, heatpump, granite counters in the kitchen and bath, solar tubes, covered patio with storage, and close street parking.



Mutual 9-218-F \$395,000 PRICE TO SELL ... Completely One-of-a-Kind Remodel! This elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/ air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



Mutual 2-53-D \$204,000 NEW LISTING ... Adorable cottage with a wonderful ocean breeze - 2 bedrooms, 1 bath with pretty laminate wood-look floors, New bathroom tile floor, New paint through-out, tiled patio with built-in storage, and an enclosed front patio giving you extra space without the added cost and a gorgeous view of the oversized courtyard and a fabulous tree!



Community Experience & Community Knowledge Make Your Move a Pleasant Event

Together WE Have Over 30 Years of LW Experience CALL ROBIN & BARBARA

"Double the Effort, Double the Results"



Mutual 15-23-R \$349,990 RESORT FEEL ... Totally remodeled upstairs unit overlooking a pretty green and tree-lined courtyard! Open concept living with everything new! Beautiful floors and countERS, dual pane windows/sliders, stainless steel appliances, designer paint, central heat/air, washer/dryer, smooth ceilings, recessed lighting, and a balcony to enjoy the fabulous weather!



Mutual 1-19-C \$145,000 Basic one bedroom with view



Mutual 7-153-A \$258,500 2 bedroom 1 Bath basic



Mutual 12-57-A \$349,000 2 master bedrooms - 1.5 bath CORNER on a 'rare' 4-plex building with a wonderful ocean breeze and a huge tree right in front! Tile floors through-out, Corian counters, smooth ceilings, skylights, bay windows, central heat/air, and fresh paint!



Mutual 17-47-A \$372,000 2 bed 2 bath Corner Condo

PENDING

Mutual 6-143-E Mutual 3-23-H Mutual 3-20-B Under Contract

Check out our website **sealbeachleisureworld.com** for more listings and how to purchase in Leisure World Seal Beach





Kathy Gupton Associate Broker DRE # 00744676

Kathy & Gloria Gupton & Hadley We are SISTERS Specializing in the LW Community 562 **618-9940**



Gloria Hadley Realtor® DRE # 01057681 562 **884-3594**

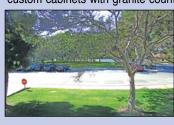
NEW LISTINGS Mutual 17, 88A \$469,000

Fabulous 2-bedroom, 1-3/4-bath condo. Newly remodeled and upgraded.

This elegant home features a spacious living room with sliding glass doors to private balcony that overlooks park-like greenbelt. Kitchen features stainless steel double door refrigerator, microwave, freestanding stove, custom cabinets with soft close doors, pantry, granite counters and back splash and



designer lights. Formal dining room has mirrored storage closet. Master bedroom has double closets with mirrored sliding doors, plantation shutters and sliding doors to balcony. Remodeled master bathroom has tiled floors, custom cabinets with granite counters, and bathtub with shower and tiled



walls. Second bedroom has sliding glass doors to balcony and mirrored wardrobe closet. Three-quarter bath has tiled shower and floors, custom cabinets with granite counters. Hallway nook has room for shelving or cabinet. Also featured are laminate floors, crown molding, cool gray walls, smooth ceilings and sprinkler

system, and free laundry. Parking is under building. This lovely home is definitely a decorator's delight and a must see!

Mutual 12, 72H \$369,000

Lovely expanded 2-bedroom, 2-bath home with many upgrades, great greenbelt view, leaded glass entry door with sidelights. Spacious living

room with custom media center, dining area with skylight and ceiling fan. Kitchen has custom wood cabinets with pantry and extra storage, granite counter, Built-in appliances, including range, mi-crowave, refrigerator, dishwasher, large skylight and ceiling fan. Mas-



ter bedroom is expanded with walk-in closet and ceiling fan. Bathroom has custom wood cabinets with granite counter, linen closet, stackable washer/

dryer and skylight. Second bedroom has large unique built-in along one wall providing more storage and French doors. Second bathroom with wood cabinets, granite counter and another shower. This home also features, Central heat and A/C, dual pane windows, laminate flooring throughout except carpet in second bedroom, plantation shutters throughout. This is an exceptional home and has so much to offer so you must come and take a look for yourself.

Mutual 15 40B \$289,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with

large skylight for

abundant natu-

ral light. Kitchen

backsplash, new-

white

glass

newer

features

cabinets.

counter.



er built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with glass doors. Master bedroom and second bedroom have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.

Mutual 4, 48K \$255,000

Charming expanded 2-bedroom, 1-bath cottage is light, bright, cheerful, ready to move in and easy to fall in love with. The living room has textured walls accented by bead board and

textured ceiling. The living room also has a ceiling fan and the wall is wired for cable TV and DVD player. The kitchen



has white cabinets, some with pull out shelves and is equipped with a recycle bin and trash caddie. Kitchen counter tops are granite. Master Bedroom has a walk-in closet, textured walls and ceiling, mirrored wall and sliding glass door that leads to an added private patio. Bathroom had double sinks, granite counter tops and Solatube. Second bedroom has a ceiling fan. This home has a heat pump with A /C, laminate floors and vertical blinds throughout. Inviting wrap around patio overlooks a small greenbelt area and is close to parking. Special feature is the Private Patio off master bedroom and is perfect for barbecuing and entertaining family and friends.

Mutual 1, 2F \$369,000

Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry



doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room

with closet for extra storage, heat pump. Kitchen has built-in appliances, guartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, guartz counter. Expanded master bedroom with walkin closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings, dual pane windows. This unit is move-in ready and a must see.

Mutual 10, 250A \$449,000

Elegant 2-bedroom, 1-34 -bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has

front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Kitchen has



large island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!

Mutual 5, 96G \$318,000

Lovely 2 bedroom I bath comer unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has



chandelier. Kitchen features white cabinets, newer counter. built-in appliances with





Mutual 4, 89D \$197,000

Nicely expanded 1 bedroom 1 bath on lovely greenbelt, leaded glass entry door, spacious living room leading to open kitchen with plenty of room for

dining area, kitchen with white cabinets, newer counter, skylight, builtin appliances including microwave and dishwasher. Bathroom has newer counter, skylight, stackable washer/dryer and linen closet. Bedroom expansion with walk-in clos-



et, ceiling fan and carpet. This home also features, Central Heat and Air



Conditioning, dual pane windows, plantation shutters, laminate flooring in kitchen and living area, very soothing paint colors, abundant natural light. If you are looking for a home that is move in ready then come and take a look as this unit as it has everything you could want!

Mutual 15, 25F \$476,000

Fabulous 2 bedroom, 1-3/4 bath, remodeled atrium floor plan, featuring an open kitchen with custom cabinets with



pull-out shelves, lazy-susans, granite counters, stainless steel appliances including dishwasher, microwave and beverage cooler.

Also a water purification and filter system. Dining room is adjacent to sizable living room. Master bedroom has mirrored wardrobe doors. Private full bath has granite counters and bathtub enclosure. Second bedroom may be used as a den or office, has mirrored wardrobe doors, ceiling fan and built-in shelves. Second bathroom has granite counters, walk-in shower and stacked washer/ dryer. Atrium has an electrically operated skylight. Additional features are double-pane windows with shear covered blinds, central heat/air, hardwood floors. Private large enclosed brick patio partially covered with extra storage cabinets and jacuzzi.



newer retriderato with freezer bot-Bathroom tom.

has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.

Mutual 4, 78B \$159,900

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately another 200 sq

ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with



skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.

We can show ALL property in the LW community



Call and let us present our extensive marketing program. Members of M.L.S.

BERKSHIRE HATHAWAY HomeServices **California** Properties

Visit Our Website: www.thesealbeachsisters.com 13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.



www.lwsb.com | September 26, 2019 35







Hanna Rubinstein



MUTUAL 1 - 34A \$198,000 Expanded two-bedroom corner; G/B; Great price!

MUTUAL 2 - 15F

\$529,000

Modern Expansion Two full bath-

rooms: Built in fireplace and 65"

TV, Best in LW!

MUTUAL 15 - 23L

\$279,000

Two bedrooms, two baths; W/D;

Upstairs unit

MUTUAL 15 - 29R

\$269,000

Basic upstairs unit with

enclosed patio,

MUTUAL 2 – 29D

\$499,000

Very different floor

plan; Two baths; W/D,



Gail Alonzo

MUTUAL 4 – 48L \$299.000 Fully expanded corner, light and bright, large patio



MUTUAL 9 - 222A \$475,000 Lovely Modern expansion; Has everything - Two full baths, Two master suites: Oversized kitchen



MUTUAL 4 - 74C \$189,900 Basic two-bedroom unit; Pretty spot

MUTUAL 3 – 26L

\$529,000

Fabulous MODERN

expansion; Has



Marsha Gerber **Realtor®**



MUTUAL 15 – 22E \$199,000 Rare Mutual 15 one-bedroom unit! Dining room; balcony - A Must See



MUTUAL 4 - 73F \$425,000 This two-bedroom remodeled unit has everything! Two baths; W/D; G/B; Easy access; Check it out!



MUTUAL 15 - 25B \$361,000 Rare find – Atrium floor plan; very clean; W/D



MUTUAL 15 – 3A \$349,000

Fabulous unit; Almost 1300 sq. ft. patio;



\$179,000 Partially expanded two-bedroom unit



Suzanne Fekjar **Realtor**®



MUTUAL 2 - 43H

\$134,900

Great price on this one-bedroom

unit; Close to "downtown"

Elana Altman Realtor®



MUTUAL 12 - 62F \$459,000 Expanded corner; 2 bedrooms, 2 baths; Bay windows; remodeled kitchen: Central air



MUTUAL 7 - 176E \$210,000 Lowest priced two bedroom with washer and dryer



MUTUAL 2 – 30F \$499,000 Modern expansion; Has everything; Two baths, W/D



MUTUAL 8 - 196H \$242,500 Partially expanded tion! Two-bedroom two-bedroom unit;



MUTUAL 3 – 16I





Verna Chumley







Maryann Shaddow

Realtor®

Fully expanded two-bedroom corner unit; Easy access



MUTUAL 3 - 23G \$485,000 Remodel, Two Bedrooms; Two Baths; W/D; Bay Windows, Corner



MUTUAL 2 - 36L \$264,000 Expanded two-bedroom unit; Easy access



MUTUAL 1 – 11D \$175,000 One-bedroom unit; Close to



MUTUAL 6 - 59G \$265,000 Fully expanded two-bedroom corner; big skylights; central location

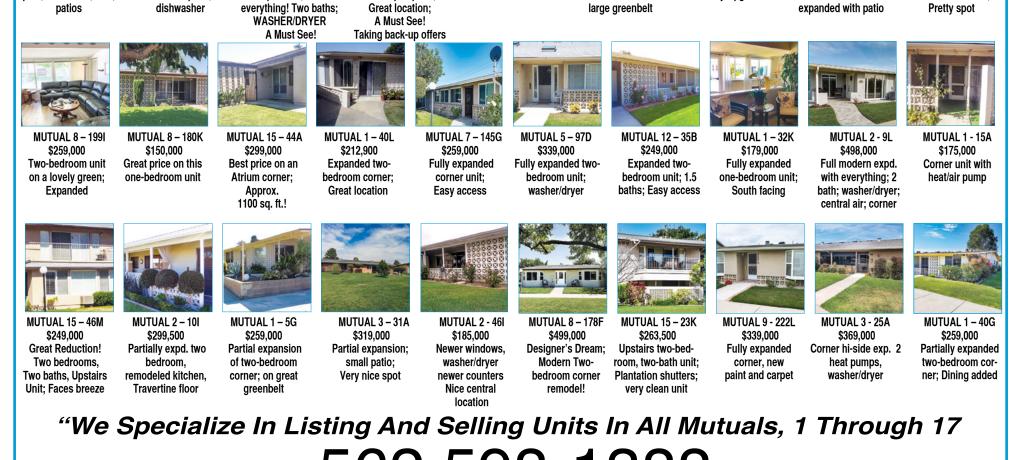


MUTUAL 15 - 23C \$275,000 Expd. two-bedroom, two-bath corner unit; 1300 sq. ft.; Lots of



MUTUAL 10 - 257K \$279,000 2 Bdrm 1 Bath w/ W/D & Many Upgrades

MUTUAL 7 – 157B \$275,000 Fabulous loca-



Lic. 01237297

562 598-1388 Charles Briskey Real Estate

www.lwsb.com







Basic 1 bedroom, 1 bath with AC unit in living room and bedroom. Storage on the patio.

1261 Knollwood #45C - M-4 - \$210,000

WASHER/DRYER, walk-in closet. Close to parking.



Clean 1 bedroom, 1 bath with dual pane windows, heat pump, large storage shed on patio, dishwasher, white kitchen cabinets, large skylight in kitchen and bathroom. WASHER/DRYER.

13630 Alderwood Lane #77L - M4 - \$219,000



Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.



Jan Feb

on any of these properties!



Mar Apr May Jun July Aug Sept Oct Nov Dec

Tell our advertisers that you saw their ad in the LW Weekly Online Edition

