



October 3, 2019

# LW Weekly

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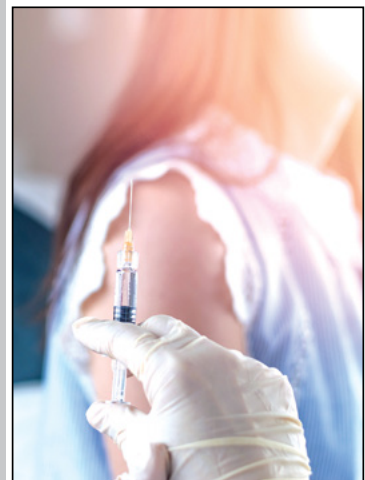


NB 405 onramp from SB Boulevard is closed for reconfiguration.  
**Page 2**



The Y Service Club will host a \$5 pancake breakfast Saturday morning in Clubhouse 2. Come in between 8-10:30 a.m. Proceeds benefit YMCA programs.  
**Page 16**

**FLU CLINIC**



HCC Flu Clinic is Oct. 18  
**Get vaccinated for best chance of avoiding flu**

by **Christopher Chung, MD**  
*OptumCare at the HCC*

Your neighbor is home sick with the flu. The friend you saw for lunch a few days ago has a cold. And now you’re starting to feel a bit under the weather. But is it a cold? Or, even worse, the flu? Here are some ways to tell the difference.

**A Cold**

• *Symptoms:* A few days ago you felt a bit run down. Yesterday you developed a sniffle. Today, your throat feels sore; you’re congested, and you now have a cough. Even though you feel a bit warm, it’s not a fever.

When the symptoms take time to appear, it’s probably a cold. The symptoms may last awhile. Warm liquids, cough medicine and plenty of rest can help with the symptoms. If the cold lasts longer than two weeks, you may want to check in with your primary care doctor.

• *Prevention:* A healthy diet, with plenty of fruits and vegetables, keeps your immune system strong. That is one of your best defenses against a cold. Washing your hands regularly, especially if you’re in public places, is also recommended.

**The Flu**

• *Symptoms:* Yesterday you felt a little warm. Today you’re sick in bed, with a fever, aches, and chills. And that headache!

This sounds like the flu. The flu comes on quickly, and

**FLU, page 2**



A swarm of mosquitos in a field. Fight the bite by draining standing water, dressing in light-weight, long-sleeved shirts and long pants when outdoors, use insect repellent and limit time spent outside during dawn and dusk.



Wear repellent that contains DEET, picaridin or oil of lemon eucalyptus.



Check gardens for standing water where mosquitos breed.

## WNV risk is elevated, so wear repellent, dump standing water

by **Ruth Osborn**  
*rutho\_news@lwsb.com*

While no West Nile Virus-infected mosquitoes have been found in Leisure World to date, the risk rating for Orange County as a whole is elevated, prompting officials to remind residents that mosquito control is a community effort.

The virus is transmitted to people and animals by the bite of an infected mosquito, and is the leading cause of mosquito-borne disease in the U.S., according to the Centers for Disease Control and Prevention.

Lora Young of the Orange County Mosquito and Vector Control District called it a shared responsibility: “Everyone needs to check and eliminate standing water from their property and wear repellent when outdoors,” Young said.

Added Seal Beach City Councilwoman Sandra Massa-Lavitt: “While my constituency is within District 5, the west side of St. Andrews, I am available to all who live in Leisure World and the entire city. I am one of many concerned with healthy outcomes for our residents. With an increased potential of West Nile Virus, taking the usual and known precautions is essential to our well being.

**WNV, page 26**



A LWer displays her art at the 2018 Arts & Crafts Fest.

## Table sign-ups are Oct. 16 from 7-9 a.m.

The 51st annual GRF Arts & Crafts Festival will be held on Friday, Nov. 1, and Saturday, Nov. 2, in Clubhouse 2 from 9 a.m.-2 p.m.

Resident artists and craftsmen can sign up at Clubhouse 2 on Wednesday, Oct. 16, from 7-9 a.m.

The Arts & Crafts Festival is for the purpose of encouraging the creative talents of GRF members. Participants must adhere to guidelines established in Golden Rain Policy 1481: Items for sale at the festival must be made by the shareholder/member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a GRF member to qualify as an exhibitor of sale items at the festival.

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California Telephone Access Program

The California Telephone Access Program offers a range of free, specialized phones that makes it easier for people to hear, dial and call. It also has phones that are designed for those with restricted mobility, speech impairments, or who are blind or deaf.

- Applying is easy.
1. Pick up an application form at the Health Care Center, Library, News Office or the Member Resource Office (Administration Building, 2nd floor). Fill out Part 1.
  2. Have Part 2 of the application filled out and signed by a medical doctor or other authorized professional.
  3. CTAP representatives will be in the LW Health Care Center for the next three months on Oct. 11 from 8:30-11:30 a.m., Nov. 22 from 10 a.m.-noon, and Dec. 27 from 10 a.m.-noon to answer questions about the free specialized equipment. They will have equipment on display. People who have fully completed application forms signed by their doctors may be able to receive equipment that day.
- CTAP will be able to process the first 10-12 people on a first-come, first-served basis. It will not exchange phones for existing customers at these events.

For more information or application forms, call (800) 806-1191 or visit [www.CaliforniaPhones.org](http://www.CaliforniaPhones.org) (web chat available).

A local full-time service center is located at 681 South Parker St., Suite 210, in Orange; cross streets are Town and Country and South Parker

—Cindy Tostado  
LCSW, GRF Member Resource & Assistance Liaison

I-405 Freeway Construction Update

The northbound I-405 Freeway onramp from Seal Beach Boulevard is closed for about one month to be reconfigured as part of the freeway widening project.

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project will improve 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the L.A. County line.

Construction is occurring along the entire stretch of the I-405 so drivers should watch for detour signs.

For more information and interactive maps, visit [www.octa.net/images/freeways/405/405closures.pdf](http://www.octa.net/images/freeways/405/405closures.pdf) or call 888-400-8994.

Did You Know?

Free Wi-Fi is available at Leisure World clubhouses and the Library. No password is required to access the wireless networks. Look for Wi-Fi signals that begin with “CH#” and “Library.”

GRIEF GROUP

8-week course starts on Oct. 15

One of the best ways to deal with grief is to be surrounded by a supportive community. The Journeys support program provides a safe place to process feelings of loss with others.

The free eight-week support group is sponsored by Pathways and open to all. The series of meetings will be held Tuesdays, Oct. 15-Dec. 3, from 10-11:30 a.m.

Each week a new topic will be introduced. Group members will learn valuable tools to help them move forward in their grief journey.

For more information about this program or any other supportive services, contact Cindy Tostado, Member Resource and Assistance Liaison, at 431-6586, ext. 317.

Call to RSVP and receive details before attending.

EMERGENCY INFORMATION

Council meets at 10 a.m., Friday

The Emergency Information Council will meet at 10 a.m. on Friday, Oct. 4, in Conference Room B in Building 5.

The meeting is open to Leisure World residents who are interested in learning more about personal planning for a disaster and information on related activities.

—Kathy Almeida,  
Emergency Information Council

FLU

from page 1

when it does, you feel it. The flu can lead to other serious issues, like pneumonia. If you can't get in to see your primary care doctor, head to an urgent care center; the earlier you can be seen, the better.



• **Prevention:**  
You want your immune system to be strong, so eat plenty of fruits and veggies. And be sure to wash your hands often! The flu shot is an excellent defense as well.

It's designed to protect you against the most common strains of influenza. It takes time to work—about two weeks—so get your shot early.

Join us for the annual Health Care Center Flu Shot Clinic on Friday, Oct. 18, from 8 a.m.-3 p.m.

- This year we are offering two vaccines: a regular dose and a stronger dose for residents age 65 and older.
- The cost for the flu shot is \$40 for the regular dose and \$64 for the stronger dose. The costs are higher than last year for everyone.

There are two ways to pay:

- Your health insurance. Bring your insurance card. Your insurance company will send you an explanation of benefits (EOB) in next month as proof of payment. This is not a bill.

*Note: The clinic cannot accept Kaiser Permanente.*

- The clinic also accepts cash payments. Payment must be collected before receiving the shot; cash only.

Oct. 18 HCC Flu Clinic	
Mutual	Appointment Time
Mutuals 8 and 9	8 a.m.-8:45 a.m.
Mutuals 4 and 11	8:45 a.m.-9:30 a.m.
Mutuals 1 and 17	9:30 a.m.-10:15 a.m.
Mutuals 10 and 14	10:15 a.m.-11 a.m.
Mutuals 2 and 16	11:00 a.m.-11:45 a.m.
Mutuals 12 and 15	11:45 a.m.-12:30 p.m.
Mutuals 3 and 5	12:30 p.m.-1:15 p.m.
Mutuals 6 and 7	1:15 p.m.-2 p.m.
Missed appointments	2 p.m.-3 p.m.

Additional flu clinic, Oct. 29, 4-6:30 p.m., HCC Conference Room 1.



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# Perspectives

WATCH YOUR STEP

## Control who is watching you

by Cathie Merz  
cathiem\_news@lwsb.com

Digital technology used daily, often supplies information to unscrupulous people. Innocent activities such as mobile games, weather apps and photos shared on line in addition to social media sites can lead to problems if precautions are not taken.

The first step to digital privacy is strong passwords.

Many security experts recommend password managers that can help generate and remember strong passwords for all devices. But these mobile aids are not for everyone, the old-fashioned method of writing passwords on paper and hiding them in a safe place can be just as effective. Be sure that the paper is in a safe place and don't lose it.

It is important to never use the same password twice and that passwords should be long and complex with uppercase letters, numbers and symbols.

GPS tracking is a big culprit in following people. Limiting its use can be an important factor in safety.

Many apps do not need to know where you are at all times, especially when you are not using them for traffic reports, weather or directions. It is wise to limit GPS access on your phone. Some apps may use WiFi signals and other clues to infer a location, but it less precise.

On an iPhone go to *settings>privacy>location services* and turn off to stop GPS transmission. To individually control which apps get GPS access, go to the top of each app and individually control “always,” “never” or “while in use.” On Android phones go to *settings>Google>location* and move the toggle switch or scroll down to *App-Level Permissions*.

This is also where users can control access to photos and contacts.

A recent survey by Consumer Reports showed that 60 percent of Americans bar mobile apps from accessing their camera, GPS data and contact lists on phones. Half of those surveyed also protect their online accounts with two-factor authentication.

Countless articles advise against using public WiFi service for sensitive activities. These days most websites use encryption to protect information while it is traveling through the web. These protected websites have a little lock symbol and begin with “HTTPS” in the address bar. This indicates that encryption is scrambling data as it is being transmitted through the Internet. This is not 100 percent safe, but is much safer now. Using a secure virtual private network(VPN) or a cellular connection is less likely to get hacked.

Data in online accounts that are not being used can be a source for identity theft, phishing and other scams. People should do a deep cleaning of accounts by searching email accounts for phrases such as “welcome to,” “new account” and “to confirm email” to find accounts and then look online for instructions on how to delete them; by checking search engines using favorite usernames to locate profile pages and public posts from old accounts. Try hunting by name and email address too. Search web browsers for archived usernames and passwords. This can be done by going to *settings>passwords*; and any app, website or game logged into using Facebook or Google will be listed on those sites. For Facebook, click the triangle in the top right corner and go to *Settings>Apps & Websites*, for Google click the grid icon near the top right and go to *Account>Security>Signing in with Google*.

Facebook recently settled a \$5-billion suit with the Federal Trade Commission after Facebook shared, without its users' permission, personal profile information for tens of millions of people with an outside app developer in 2014. As a result Facebook announced a new setting in 2017 allowing Facebook users to turn off the facial recognition function.

To turn the function off on all devices click the arrow at the top of any Facebook page and choose *Settings>Face Recognition>Edit >No*. For those without the new option, go to *Settings>Timeline and Tagging> Who Sees Tag Suggestions>No one*.

Consumers should be aware of scammers trying to steal personal information as some credit card companies issue new “tap-to-pay” cards.

In the new credit card scam, fraudsters contact people who receive the new cards and claim to be from the issuing company. The crooks tell their victims they must provide personal or financial information to activate the cards, then the scammers use the information to commit identity theft.

Credit card companies typically include a phone number or website to activate new cards and won't call or email asking for personal information.

- Do not provide personal information through an unsolicited call or email.
- Don't click on a link or in an email message unless you are sure the source is legitimate.
- If in doubt about activating a new credit card, contact the financial institution that issued the card.

—Los Angeles District Attorney's office

## Letters to the Editor

*Editor:*

The recent fall prevention seminar at St. Mary's Medical Center in Long Beach was very informative. Enthusiastic members had the chance to learn from experts. The huge room had tables with experts for members to broaden their knowledge in preventing falls.

The valuable information enriched my horizon in the field of fall prevention. The colorful brochures and samples were very helpful. The experts were very accommodating and friendly. I was very impressed.

A nutritious meal was served. Members enjoyed feasting and socializing. Some were fortunate to win the raffles.

I doff my hat to dynamic chairman Damaris Pelayo for the success of the well-organized seminar.

Lisa A. Dickson  
Mutual 1

*Editor:*

While I have no opinion one way or the other about the prospect of the Seal Beach Police Department patrolling Leisure World, I am curious how this venture will be funded. Will our monthly carrying charges be increased? If not, have we already been paying for this service all these years but have never received it? Or, will the service be provided to us at no cost, which seems highly unlikely?

Donald R. Hodel  
Mutual 6

*Editor's note: The funding regarding Seal Beach Police Department enforcing traffic inside the community comes from the City of Seal Beach general fund. Therefore, the police will be paid for by all residents of Seal Beach — there are no increases to any monthly fees or assessments for residents. Residents have not been paying for this service in the past.*

## Making History

**Oct. 3, 1995-** Former football star O.J. Simpson was acquitted of the brutal 1994 double murder of his estranged wife, Nicole Brown Simpson, and her friend, Ronald Goldman after an epic 252-day trial. Simpson's “dream team” of lawyers employed creative and controversial methods to convince jurors that Simpson's guilt had not been proved “beyond a reasonable doubt.”

**Oct. 5, 1947 -** President Harry Truman (1884-1972) made the first-ever televised presidential address from the White House, asking Americans to cut back on their use of grain in order to

HISTORY, page 23

## Setting It Straight

The Cribbage Club was treated to fresh fruit, a vegetable tray, dip, chips and ice cream, provided by Joyce Pfingston and Alma Zamzow, not Joyce Alma as reported in the Sept. 26 issue of LW Weekly.

MEMBER COLUMN

## Opossums will eat anything

by Donna Gambol  
LW contributor

The hotline in Mutual 1 rang, a person was reporting that opossum were romping about—couldn't something be done about them? Apparently they were mating in front of Building 29. Ahh.... the poor maligned opossum.


Opossums are ugly looking, but fairly benign critters. They are actually pretty neat to have around as they keep other pesky creatures away. They grow as large as a domestic cat and can weigh between eight-14 pounds. They love snakes and are immune to the venom of all but the coral. They also like insects, snails, slugs, small rodents (like those annoying gophers), mice, rats, fish, frogs, and carrion. If for no other reason than pest control, opossums are great. They also will raid dumpsters, eat grass, fruit and nuts.

They are generally nocturnal, however with our crazy illumination they probably get a bit confused. If encountered they might hiss and growl. My experience with them is that they are pretty cool — but a little disconcerting as they do look like giant rats. Folks should just consider them our local defense against more obnoxious critters. I wouldn't want to do any in. I grew up around opossum in Ohio, and according to a few websites, unlike raccoons, they are rarely known to carry rabies.


Opossums are marsupials, that is the females have a pouch, like a kangaroo. Once the babies are born (about the size of a honeybee) they have to find their way to the pouch to hold on and nurse, staying warm with their siblings. The litters generally are 10-12 joeys; after about two months they are weaned. When young, they cling to their mother's underside and then graduate to her back, grabbing on to her fur and skin with their claws and their prehensile tails. Although often illustrated as hanging on to trees with just their tails, adults are too heavy, only the juniors can do this. Opossum are the only marsupial mammals in North America.

When threatened, they often go into a trance and feign death, thus the term “play opossum.” During this process their lips pull back, they foam a bit at the mouth, their eyes are closed and still, their tongue hangs out and they excrete a foul odor; their bodies more or less go rigid. You can carry them off or even bury them and they won't respond for minutes and even hours. When they come to, their ears twitch.

Opossums in our area are actually the Virginia opossum, which range throughout North America from Canada to Florida and west to California. They are generally found in wooded areas, but like so much wildlife, have found ways to cope with human encroachment and now make their homes where they find suitable arrangements. Our trees in Leisure World and cozy garden areas provide habitats they like, trees and burrows, secure, dark, and fairly safe.



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Serving the Shareholders of

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**Nataly Chigireva,**  
Communication & Technical Director  
ext. 384; natalyc@lwsb.com

**Ruth Osborn,** News & Page 1 Editor  
ext. 388; ruth\_o\_news@lwsb.com  
General news, arts and leisure, religion

**Cathie Merz,** Community/Gov. Editor,  
ext. 389; cathiem\_news@lwsb.com  
Community news, government, obituaries, letters to the editor, production

**Chris Walker,** Editor/Production  
ext. 387, chrisw@lwsb.com  
Health, travel, sports

**Stephen Bannon,** Production Editor  
ext. 392; stephenb\_news@lwsb.com  
Pre-press, online and vision-impaired editions, IT

**Karen McElwain,** Advertising Sales  
ext. 393; karenm\_news@lwsb.com

**Sylvia King,** Advertising Sales  
ext. 391; sylviak@lwsb.com

**Laurie Bullock,** Customer service,  
Classified Advertising Sales  
ext. 383; laurieb@lwsb.com

**Katya Lukina,** Communications coordinator  
ext. 266; katyal@lwsb.com  
graphic designer, digital media coordinator

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# Government

## SECURITY CORNER

### Motorized bikes, mopeds must be ridden on streets

by Victor Rocha  
security services director

Residents have shared concerns regarding the use of motorized bicycles and moped type vehicles using sidewalks inside the community.

California law prohibits the riding of motorized bicycles and mopeds on sidewalks. All operators of a motorized bicycles or mopeds must ride on the road with the rest of traffic. A rider must obey all traffic laws, including speed limits, red lights and other posted signs and signals.

In addition, California is one of the few states that mandates all motorized bicycle and moped riders wear a helmet that meets federal safety standards.

For the safety of all pedestrians, anyone operating a motorized bicycle or moped must walk the vehicle to the street, then proceed on their journey.

If you have any questions, contact the Security Department at 431-6586, ext. 377.



#### GRF Board Executive Session 1:00 p.m., October 4, 2019 Administration Conference Room

NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935

- A. Call to Order - President Stone
- B. Roll Call
- C. Legal
- D. Contracts
- E. Member Disciplinary Actions
- F. Personnel
- G. Adjournment

"Agenda is Subject to Change"

### Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

**Letters to the Editor:** Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

**Member Column:** At a maximum 500 words, columns may present an argument or opinion

POLICY, page 18

## Seal Beach Business License Tutorial 101—who needs a license

Recently, the GRD Board passed policy 70-1203-1, Membership of Clubs. One of the provisions under that policy is that certain clubs, who are required by the City of Seal Beach to have a business license, provide a copy of that license to the Recreation Department along with other documents, which may differ from club to club. Currently, we have identified more than 40 clubs that may be required by the City to have that license. As a result, we have researched this with Seal Beach, both with the Finance and Community Services Departments, to address questions clubs and organizations may have.

Some information is taken directly from their website; some is per my conversations with the City. It should be understood that GRF does not require a business license, but they do require all clubs to comply with the laws of the City and state, as well as with GRF policies in order to use trust property.

#### Do I need a business license?

The City of Seal Beach Municipal Code prohibits “any person to carry on any business in the city without first having procured a business license by paying the business license tax.” (SBMC 5.10.015.A). A separate business license shall be obtained for each branch establishment of a business in the city. Any person carrying on two (2) or more businesses at the same location shall obtain a separate business license for each such businesses (SBMC 5.10.060).

Any and all businesses conducting business operations within the city such as meetings, sales, or performing services in the City of Seal Beach are required to obtain a business license. The business license/permit allows city-approved business activity including although not limited to commercial, corporate, professional, occupational, service providers, trades, and/or nonprofit organization business types.

Yes. Whenever you make something, provide a service, or give advice (consulting) for which you receive compensation in the form of money, goods or services, you are in business and are required to obtain a city business license.

#### What if I don't make much money?

First time business license applicants will be required to pay the appropriate fees according to the Seal Beach Municipal Code, Chapter 5.10, prior to the issuance of a license (Fee Schedule FY 2019-20, Resolution 6930). If the business' gross revenue for the tax year is \$25,000 or less (before deductions/expenses), the business may establish eligibility for an exemption, the business should provide approved tax forms including processing fee of \$25 plus an additional \$4 State-mandated fee. Please note this exemption does not apply to businesses using their home address for business licensing purposes.

Please note business licenses are issued to home address for various types of business services that do not have a commercial location in the City of Seal Beach.

#### Is there a senior discount?

The regular business license fee for home occupation permit is \$219 (Base Tax) per fiscal year (July to June) plus \$4.00 State-mandated fee. If you are a home-based business and over 65 and make less than \$10,000 a year, with the required tax documents you will pay 50% of the business license tax. First time applicants would

pay a \$25.00 processing fee and an inspection fee for \$56.00 when submitting their application.

#### Do I need a city business license if I am a caregiver in Leisure World?

Yes. All caregivers are required to have a current business license regardless if the caregiving service is being provided in Leisure World or at another location in the City of Seal Beach. A current valid business license is required if you are employed as an independent contractor who is issued Federal Tax Form 1099-Misc at year end for reporting taxable earnings. If your employer issues a Federal Tax Form W-2 - Wage and Tax Statement, you are not required to obtain a city business license. The agency who employees you is responsible for obtaining a business license.

#### I've heard Seal Beach does not require its Summer Concert bands to have licenses. Do our club bands have to have a license?

The City of Seal Beach issues a special event permit to the Seal Beach Chamber who is responsible for all the conditions of their permit including finding bands for the concert series. Our clubs who pay their performers must require a business license. The performers volunteering their services, do not need a business license. The City of Seal Beach offers a one day business license for \$25.00.

#### Our exercise or dance club uses a paid instructor who doesn't live in Seal Beach. Do they need a license?

Yes. The instructor must have a business license when providing a service and receiving payment as an instructor. The applicant would apply as an out-of-city business to be licensed to conduct services in Seal Beach. GRD requires these instructors must also have liability insurance, a waiver of liability, and sign-in sheets to continue holding classes in LWSB.

#### Can I apply online?

You will need to file in person but can download the application on the City of Seal Beach website. There is a processing fee of \$25 when submitting your application. <https://www.sealbeachca.gov/Portals/0/Documents/In%20City%20Business%20License%20Application.pdf>

Questions? You can reach the City of Seal Beach Finance Department at (562) 431-2527 x1314. For Recreation questions, send inquiries to [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

#### MUTUAL 6

### Town Hall meeting planned Oct. 16

Mutual 6 will host its annual town hall meeting on Wednesday, Oct. 16, at 6 p.m. in Clubhouse 4. The doors open at 5:30 p.m. All Mutual 6 shareholders are encouraged to attend.

Items on the agenda include:

- Presentation of 2020 budget and Mutual reserves
- Fire Inspections, Nov. 4-15, Buildings 53-68
- Emergency Preparedness and the California Shakeout Oct. 17 at 10:17 a.m.
- Shareholder questions-and- answers

### Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Oct. 3	<b>Presidents' Council</b> Clubhouse 4 .....9 a.m.
Wednesday, Oct. 9	<b>Mutual 4</b> Administration ..... 9:15 a.m.
Thursday, Oct. 10	<b>Mutual 12</b> Administration .....9 a.m.
Friday, Oct. 11	<b>Mutual 3</b> Administration .....9 a.m.
Monday, Oct. 14	<b>Mutual 9</b> Administration .....9 a.m.
Tuesday, Oct. 15	<b>Mutual 14</b> Conference Room B..... 1 p.m.
Wednesday Oct. 16	<b>Mutual 5</b> Conference Room B.....9 a.m.
Wednesday, Oct. 16	<b>Mutual 7</b> Administration ..... 1 p.m.
Thursday, Oct. 17	<b>Mutual 2</b> Administration .....9 a.m.
Thursday, Oct. 17	<b>Mutual 11</b> Clubhouse 3, Room 9 ..... 1:30 p.m.
Friday, Oct. 18	<b>Roundtable with Mutuals/GRF</b> Administration ..... 1 p.m.
Monday, Oct. 21	<b>Mutual 15</b> Administration ..... 1 p.m.
Wednesday, Oct. 23	<b>Mutual 10</b> Administration .....9 a.m.
Thursday, Oct. 24	<b>Mutual 1</b> Administration .....9 a.m.
Friday, Oct. 25	<b>Mutual 6</b> Administration ..... 9:30 a.m.
Monday, Oct. 28	<b>Mutual 8</b> Administration .....9 a.m.

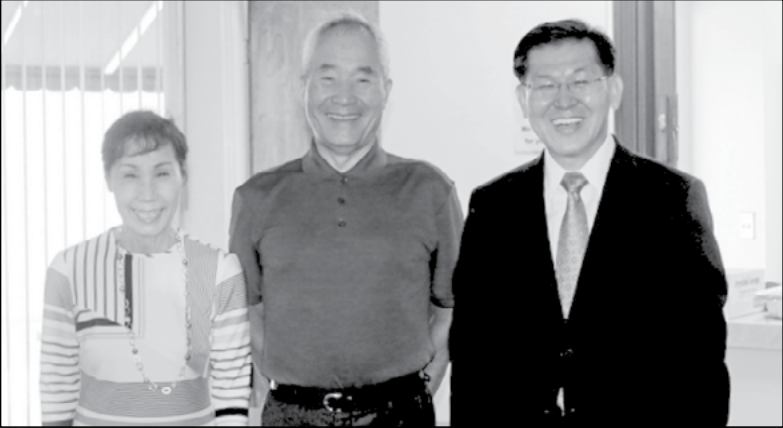
### GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, Oct. 3	<b>Architecture Design Review Committee</b> Administration ..... 1 p.m.
Friday, Oct. 4	<b>Restaurant/Bar Sub-Committee</b> Administration ..... 10 a.m.
Friday, Oct. 4	<b>GRF Board Executive Session</b> Administration ..... 1 p.m.
Monday, Oct. 7	<b>Recreation Committee</b> Conference Room B ..... 1 p.m.
Tuesday, Oct. 8	<b>Facilities and Amenities Review Ad Hoc</b> Administration ..... 1 p.m.
Wednesday, Oct. 9	<b>Security, Bus &amp; Traffic Committee</b> Administration ..... 1 p.m.
Thursday, Oct. 10	<b>Communications/IT Committee</b> Administration ..... 1 p.m.
Friday, Oct. 11	<b>Executive Committee</b> Administration ..... 1 p.m.
Monday, Oct. 14	<b>Mutual Administration Committee</b> Administration ..... 1 p.m.
Tuesday, Oct. 15	<b>Website Ad Hoc Committee</b> Administration ..... 1 p.m.
Wednesday, Oct. 16	<b>Strategic Planning Ad Hoc Committee</b> Administration ..... 10 a.m.
Friday, Oct. 18	<b>Roundtable with Mutuals/GRF</b> Administration ..... 1 p.m.
Monday, Oct. 21	<b>Finance Committee</b> Administration ..... 9 a.m.
Tuesday, Oct. 22	<b>GRF Board of Directors</b> Clubhouse 4 ..... 10 a.m.
Tuesday, Oct. 24	<b>Management Services Review Ad Hoc</b> Administration ..... 1 p.m.



# Religion



Elder Yong Joong Kim and Myung Sook Kim with Rev. Jang Young Yong, senior pastor.

**KOREAN COMMUNITY CHURCH**

## Elder’s 50th anniversary celebrated

The Leisure World Korean Community Church, 14000 Church Place, Seal Beach, celebrated the 50th wedding anniversary of Elder Yong Joong Kim and Myung Soon Kim with a special sermon and Communion after the Sunday worship.

Elder Yong Joong Kim moved to Leisure World in April 2018 after retiring as a gynecologist in Chicago. He has been part of LWKCC since moving in. He leads Mexico missions and intercessions, and also formed a golf team that plays every Thursday.

The church will take a trip to Dana Point on Oct. 21, for a picnic. The church worships on Sundays at Commuity Church. It also meets Tuesday-Saturday at 6 a.m. in the main sanctuary. A contest to read the entire 66 chapters of the Bible in 99 days is underway. Anyone who loves the words of the bible can participate. On Wednesdays at 7 p.m., the senior pastor leads the Bible reading contest in the communion room.

## LW Baptist Church

The Leisure World Baptist Church will have a service on Sunday, Oct. 6. Communion will be served since it is the first Sunday of the month; all are invited. Sunday School is from 8:40-9:10 a.m.

Afterward people meet at the round table for coffee and sweet treats.

Em Schoonhoven will sing “That One Lost Sheep.”

Under the direction of Darlene Harris, the choir will sing “I Believe in a Hill called Mount Calvary.”

Congregational hymns are reminders of the price Jesus paid for human salvation: “Lead me to Calvary,” “Calvary Covers It All” and “Beneath the Cross of Jesus.”

Guest Pianist Jean McPharlin will play for the offertory.

Pastor Rolland Coburn will give a message titled “Who Will Not Fear God,” from Romans 9:14-24.

The Men’s Fellowship will meet at 10 a.m. on Monday, Oct. 7, in Clubhouse 3, Room 8.

The Wednesday Energizers will meet in Clubhouse 4, Section A, for a special program by pianist Irene Leon, followed by dessert. For more information, call 430-2920.

—Joan Shramek

## Salvation Army Home League

The Salvation Army Home League will meet Oct. 7 in Clubhouse 4 at 7 p.m. Capt. Josh Sneed will open the meeting with prayer and the Pledge of Allegiance.

Ramon Glass will lead the singing of hymns. After a short devotion and prayer concerns, guests from Community Church of Leisure World will present the program. Refreshments will be served before the meeting. Visitors are welcome.

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**CA License: 0G49675**

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**BEIT HALEV**

## Yom Kippur to be observed Oct. 9

Beit HaLev services are accessed online on [Livestream.com/Galityomtov](http://Livestream.com/Galityomtov) and [Facebook.com/galityomtov](http://Facebook.com/galityomtov). Shabbat Ma’ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

In addition to the Sabbath services, Rabbi-Cantor Galit Shirah also conducts a short Weekday Ma’ariv (evening) service every Thursday at 4 p.m. on [SimShalom.com](http://SimShalom.com), that includes a Torah reading, a D’var Torah, a prayer for healing and the Mourners Kaddish.

This Shabbat, Shabbat T’shuvah (The Sabbath of Returning) is between Rosh Hashanah and Yom Kippur. The Torah reading is “Vayeilech,” Deuteronomy 31:1-30. It is Moses’ final farewell to the Israelite people, telling them that he was going to die and that HaShem would deliver the land to them. He warned them that he knew that once he was no longer their leader, they would eventually fall back into idolatry.

Beit HaLev’s High Holy Day schedule continues with Yom Kippur, the Day of Atonement (services are live and livestream, see links above):

- Kol Nidrei: Tuesday, Oct. 8, 6 p.m., Clubhouse 3, Room 5
- Yom Kippur: Wednesday, Oct. 9, 10:30 a.m., Clubhouse 3, Room 5
- Ne’ila: Wednesday, Oct. 9, 5 p.m., Clubhouse 3, Room 5

Beginner Hebrew classes are suspended for the high holiday season. Classes will resume on Nov. 6.

## Faith Christian

Pastor Gwyn Vaughn will minister in the pulpit at Faith Christian Assembly Sunday, Oct. 6, at the 10:30 a.m. service. Charles H. Spurgeon is quoted as saying, “Preach not calmly and quietly as though you were asleep, but preach with fire and pathos and passion.” This describes Pastor Vaughn’s preaching, so come Sunday and hear a message straight from the throne room of God. Congregants will also partake in Holy Communion.

Faith Fellowship Time is at 11 a.m. on Tuesday in the Garden Room. A midweek Bible study is taught by Pastor Sheri Leming on Wednesdays at 11 a.m. in the Garden Room.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit [www.FCAchurch.net](http://www.FCAchurch.net).

## Life Changers

Life Changers are people who can bring the power, favor and light of heaven into circumstances encountered here on earth. The group meets on the first and third Fridays from 1:30-3 p.m., with the next meetings scheduled for Oct. 4 and 18. Men and women are welcome. For more information, call Joan Eisenhart at 343-8066.

**CONGREGATION SHOLOM**

## High Holiday services continue; transportation provided in LW

Congregation Sholom will have a Friday night service at 7 on Oct. 4 in Clubhouse 3, Room 9, with Rabbi Chaim Singer-Frankes. An oneg Shabbat will follow the service.

On Saturday, Oct. 5, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, with Rabbi Singer-Frankes. An hour of Torah study will began at 10:15. The service will continue until about noon and will be followed by a potluck lunch.

Services for Kol Nidre will be on Tuesday, Oct. 8, from 6:30-8:15 p.m. Yom Kippur services, including Yizkor, will be held on Wednesday, Oct. 9, from 9:30 a.m.-1:30 p.m. Yizkor will be at 11 a.m.

Services will conclude with Mincha and Neila from 5-7 p.m. All services will be held in the lobby of Clubhouse 3 and will be officiated by Rabbi Singer-Frankes and Cantor Marla Barugel.

An Access bus with a lift is available. People will need to sign up for the Access bus as usual if they are attending the Yom Kippur service Oct. 9.

The bus rides are by advance reservation and with a commitment not to cancel except for illness. The pick-up time to services will be approximately 30-45 minutes before they are scheduled to begin.

People are asked to be outside and ready to board the bus. The driver will pick up all those with reservations according to a pre-planned route.

For more information, contact Darlene Rose at (562) 347-8088 by text or voice mail to request a ride with the following required information: Name(s), phone number, Mutual, address and unit numbers; indicate if caregiver is coming; indicate: “only to,” “only return” or “both ways” and give the dates of the services attending.

Join the Congregation in the sukkah on Oct. 16 from 11 a.m.-1 p.m. for Pizza in the Hut. Enjoy delicious pizza and wave the lulav and etrog in the hut outside Clubhouse 3 next to Veterans Plaza near Room 8.

A Bat Mitzvah class is in the works. Interested women should email their names and email addresses to Mel Chazen at [melvin.chazen@yahoo.com](mailto:melvin.chazen@yahoo.com).

An “Ask the Rabbi” column is being set up in “News & Nachas.” Email questions for Ask the Rabbi to Mel Chazen.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

—Scott Simensky

## Redeemer Lutheran

“The Mustard Seed: Faith Sown and Grown!” is the title of Redeemer Lutheran Pastor Lisa Rotchford’s sermon on Oct. 6. Worship begins at 10:30 a.m. followed by coffee and conversation in Fellowship Hall. The flowers this week are given by Carmen Leslie in memory of her son Bryan.

The choir will lead congregants in “We Walk by Faith and Not by Sight.” Karen Ford will greet people at the door, and Maria Swift will usher. Violet Quist and Juanita Townsend will lead Scripture readings and prayers.

People are encouraged to bring a picture of their beloved pet (here or in heaven) to be blessed at the annual “Blessing of the Animals” prayer during worship.

The church with its stained glass sanctuary is on St. Andrews Drive, next to the golf course and swimming pool, across from the Administration building with ample parking.

All are welcome to attend its Wednesday worship service for prayer, reflection and communion at 11:30 a.m.

Under the leadership of Pastor Lynda Elmer, the Wisdom Books continue to be the focus of the Wednesday Bible class, which meets on Oct. 9 from 10:30-11:30 a.m. in the upstairs Conference Room — no steps or ramps (totally accessible).

Orange County Care Connections provides Respite Care for persons diagnosed with memory impairment.

A Ministry of Redeemer that is available to everyone in the Leisure World community, the program runs 9 a.m.-3 p.m. on Mondays, Tuesdays and Thursdays.

Call (562) 596-1209 for more information.

## Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Twenty-Seventh Sunday in Ordinary Time on Oct. 6.

The First Reading is Habakkuk 1:2-3:2:2-4 and the Second Reading is 2 Timothy 1:6-8, 13-14.

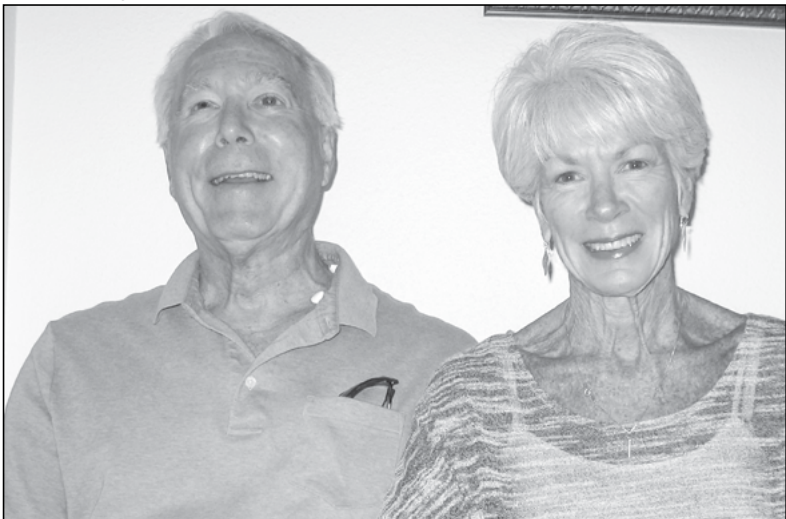
**October First Friday Mass**

The First Friday in October Mass will be Oct. 4 at 8:30 a.m. followed by the Sacrament of Reconciliation (Confession) at 9:15 a.m.

The First Friday Devotion is dedicated to the Sacred Heart of Jesus and the First Saturday Devotion is dedicated to the Immaculate Heart of Mary. Saturday Mass is at 8:30 a.m.

**HOLY FAMILY, page 26**





Tony and Ann Davis

**FIRST CHRISTIAN**

## Saturday, Sunday services offered

First Christian Church holds a Saturday evening service at 5:15 with the Hospitality Room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching a Bible study at 9 a.m. from the book of Luke. At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting. Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation in these hymns of worship: "Jesus Saves," "Open Our Eyes Lord" and "Redeemed." The Communion hymn will be "Glory To His Name."

The church choir, under the direction of Margaret Humes, will sing "One Day." Tony Davis will present the Communion meditation and service today. For the offertory, the Praise Team will sing "The Old Rugged Cross."

Jerry Tester will sing, followed by Ann Davis who will read Scripture from the Gospel of Matthew 27:50-54.

Pastor Gene's message will be "It is Finished," based on Matthew 27:45-54. The main theme of the Bible, from Genesis to Revelation, is God's plan of salvation for mankind through the death of his son, Jesus Christ.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cheryholmes, both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at (562) 431-8810 for further information. Leave a recorded message and someone will return the call.

**ASSEMBLY OF GOD**

## 'In Remembrance' is sermon title

Assembly of God will meet at 10:30 a.m., Sunday, for a worship service in Clubhouse 3, Room 2. Celebrate the Lord's Supper and hear Pastor Sam Pawlak's message, which will emphasize the meaning and importance of this sacrament. The message title is, "In Remembrance."

Throughout the service, several members will participate. Dan Ballinger will open with praise and prayer; Denise Smith will lead worship, accompanied by Norma Ballinger. Diana Mushagian will inform people of the church's various activities throughout the week.

Prayer meetings are held each Sunday are at 10 a.m. and 5:15 p.m. These brief but vital gatherings precede each of the services.

**ASSEMBLY, page 26**

## St. Theodore's

St. Theodore's Episcopal Church will meet for a worship service with Communion at 12:15 p.m. on Sunday, Oct. 6, in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrew's Drive.

The Rev. Lisa Rotchford will preach on "The Mustard Seed: Faith Sown and Grown!"

The worship is followed by refreshments and fellowship in the conference room. All are welcome at 11:30 a.m. to the Wednesday midweek combined Lutheran/Episcopal Communion service.



Community Church Pastor Johan Dodge welcomed new members Betty Ku and Mary Jean Tusha last week.

**COMMUNITY CHURCH**

## New members welcomed into church

Community Church was pleased to welcome new members into fellowship on Sept. 22. Joining the church were Betty Ku and Mary Jean Tusha. Community Church gladly opens its doors and heart to people of all faith backgrounds.

It's not too late to invite all of your pet-loving friends to attend the second annual "Blessing of the Animals" service on Friday, Oct. 4, at 10 a.m. on the patio in front of the sanctuary entrances. Treats will be provided following the service. Dogs must be leashed, and cats and small animals in carriers.

The Sunday evening Bible study, led by Joy Reed, meets at 5 p.m. in the Fireside Room. The topic is "Death and Resurrection."

On Sunday, Oct. 6, Pastor Johan Dodge will give a "World Communion Sunday" message. The Scripture lesson is Luke 17:5-10. Chris Kim will serve as lay liturgist. Worship services are at 9:50 a.m., followed by the All Church Meeting and Lunch in Edgar Hall.

## Calling Christian Volunteers

Volunteers from Christian churches are needed to assemble plastic cross necklaces that will be put in plastic bags stapled with Bible verses for Samaritan's Purse Operation Christmas Child. To volunteer, call Jim Yoshioka at (562) 296-5644 and leave a message to set a place, date and time in the local area by the Friday, Oct. 11, deadline.





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# GOODYEAR



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# Health & Fitness



## Weekly Health, Exercise Classes

**Ageless Grace**  
An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

**Chair Exercise**  
Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

**Feeling Good Exercise**  
Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

**Fitness Fusion Upper/Lower Body Strength and Yoga**  
Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

**Leisure Leggers**  
The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 15- to 60-minute walk. For more information, call Tom Pontac, (562) 304-0880.

**Movement for Health and Self-Healing Medical Qigong Club**  
Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

**Pilates**  
Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

**Qigong, Tai Chi Club**  
Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

**Yoga, Beginning**  
Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.

**Yoga, Meditation, Tai Chi**  
Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

**Yoga, Monday**  
Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

**Yoga**  
Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

## CLASS CANCELED

The Laughter for the Health of it! class scheduled for Oct. 9 has been canceled.

—Bev Bender

## Annual dental care for veterans

As we commemorate Veteran's Day, we are reminded of the services and sacrifices of our Nation's Armed Forces. If you are a veteran, we invite you to attend our sixth annual veteran's day event on Monday Nov. 11, veteran's will receive a complimentary dental exam, full dental X rays and a regular dental cleaning.

At Dr Seza Barsamian's Dental Office, as always, we will be honoring these courageous men and women.

Dr. Seza Barsamian's dental office is located at 4022 Katella Ave., Suite 206, in Los Alamitos.

To make an appointment, call the office at (562)596-4439 to reserve your time with the doctor.

—Seza Barsamian, DDS, Inc

### OPTUMCARE AT THE HCC

## The ABC's of Cannabidiol

By Carson J. Blomquist, MBA  
*OptumCare*

Cannabidiol (CBD) has become a popular ingredient for health products. But what is it exactly? And does it work?

**Active chemicals.** CBD is a chemical compound found in hemp and marijuana plants, but it's not psychoactive. CBD products don't have THC, the chemical in marijuana that distorts perception. In other words, you won't get high using a CBD product. However, there may be trace amounts of THC in some products.

**Budding business.** There are a lot of new businesses selling CBD products. As with any new industry, there aren't a lot of laws and regulations in place. The oils, infusions, and beauty products you can buy in a store haven't been tested. There are also conflicting laws, so if you travel outside California, be aware of the local laws on CBD products.

**Conditions.** CBD-based products claim to treat everything from acne to insomnia to joint pain. There hasn't been enough research to support the claims. In fact, the Food and Drug Administration (FDA) has only approved CBD to treat very specific types of pain and seizures. As more research comes out, we'll have a better understanding of how and when CBD is most effective.

There's a lot we don't know about CBD. If you decide to try it, check with your primary care doctor first. He or she can help you understand if the products are right for you.

### Next week at the HCC

**Monday, Oct. 7:** Diabetes support group, 10-11 a.m., conference Room 1

**Tuesday, Oct. 8:** United Health Care ANOC meeting (in Korean), 10-noon, conference room 1

**Wednesday, Oct. 9:** Pumpkin decorating, brought to you by Alignment Health Plan, 9 to 10:30 a.m., conference room 1

**Friday, Oct. 11:** California Telephone Access Program, 9 to 11 a.m., conference room 1.

### LEISURE LEGGER

## Walking for health benefits

Come out and walk with the Leisure Leggers club every Monday morning at 8 a.m. The club meets in front of Clubhouse 6 for 15, 30 and 60 minute walks around Leisure World.

The Leisure Leggers has been a club in Leisure World for the past 20 years and welcomes new members. Dues are and always have been 99 cents a year since it's inception in 1999. For information, call Tom Pontac at (562) 304-0880.



Wendy Alfageme and Annette Canale

### WA-RITE

## Alfageme and Canale are Top Losers with biggest weight loss

Top Losers of the week are Wendy Alfageme and Annette Canale with a 1-1/2 pound loss each. Wendy says it "helps when I keep a log of everything that I eat, having to write it down makes me think twice about whether I really want to eat something that I know I shouldn't. I also realize how much I actually put in my mouth after seeing it on paper." Annette put into practice a lot of what other members have talked about. Like cutting back portions and trying to chew slower.

The last meeting of the month is, 'share day' when members talk about what they are doing right instead of what has gone wrong. Club members all agree that in order to get serious about losing weight, the key is to have a plan and prepare to execute it. A lot of it is mental preparedness, focusing on the changes that need to be made in order to accomplish the goal. Many good tips and suggestions were shared. The members were encouraged and armed for the constant battle they fight daily, one step at a time.

Food for Thought: Never be afraid to do something new. Remember, amateurs built the Ark; professionals built the Titanic.

Wa-Rite is a support group of women needing to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1 from 9-10 a.m. Weighing is from 7:45-8:45. Annual dues are \$10. You must be a LW resident to join.

For any questions call Carol Chambers at (562) 822-4641 or Bev Bender at (562) 594-9148.

— Margaret Humes

## Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide that was recently delivered to all LW units.

**Thursday, Oct. 3:** Oktoberfest Celebration; bratwurst, sauerkraut, German potato salad, creamy cucumber salad, pretzel, German chocolate cake, fresh fruit

**Friday, Oct. 4:** Baked fish with corn, salsa, Mexican rice, green beans, mushrooms, whole wheat bread with Promise, orange pineapple juice, fruit crisp

**Monday, Oct. 7** Butternut squash soup, sugar free crackers, lemon basil, crab, corn and tomato salad on fresh spinach, mini blueberry muffin, tropical fruit mix

**Tuesday, Oct. 8:** Beef chunks with burgundy sauce, mashed potatoes, brussels sprouts, sugar free fruited gelatin

**Wednesday, Oct. 9:** Hearty vegetable soup, sugar free crackers, farrow with butternut squash salad, cherry tomato salad, shredded mozzarella, sugar free cookie

**Thursday, Oct 10:** Egg drop soup with sugar free crackers, stir fry chicken with chow mien, brown rice, Oriental vegetable blend, fruit crisp

**Friday, Oct. 11:** "Sunday" brunch vibes: Cheese omelet tater tots with ketchup, apple chicken sausage, garden green salad with dressing, whole wheat bread with Promise, fresh melon





# Sports & Games



John Meyer pitching onto the eighth green over the water at the Willowick Golf Course in Santa Ana.

MEN'S GOLF

## Stivers wins on Sept. 23

The Men's Monday Golf League played on Sept. 23 at the Willowick Golf Course in Santa Ana. A damp early morning turned into a humid, sunless but warm late morning – uncomfortable at best. Six men competed over 18 holes in two flights on the longest course the League plays.

There were two birdies this week – one each by Bob Munn and Jim Dickerson. Fewest putts for A flight was Gary Stivers. B flight had a fewest putts tie between Jim and Bob. There were no holes-in-one.

All scores are net (actual score minus handicap).

A Flight winners: First place, Gary Stivers, 66; second place tie between Fujio Norihiro and Sam Choi with 77.

B Flight winners: First place, Jim Dickerson, 71; second place, Bob Munn, 74; third place, Marv Ballard 77.

Friends, ladies, spouses, and family are all welcome to play.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts in each flight. Holes-in-One, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, 430-8618, or Gary Stivers, (714) 313-3697.

—David LaCascia

### Sport's fact of the week

The referee tossed a jump ball after every basket in basketball until 1937.

### For Your Information

Deadline for news articles for the LW News is Thursday, 4 p.m. for the following week, except holiday weeks.

## Medicare Plans

**Free Medicare Consultation**  
Every Tuesday morning  
at the Healthcare Center  
in United Healthcare office

**OCMediGap.com**  
**KoreaGK.com**  
Tel. (949) 331-8419  
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& funny**

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Lee "Jack" Pfeifer

POKER

## Pfeifer wins

Lee "Jack" Pfeifer won the final table for the second time this month on Sept. 21. Her two pair bested second place, Lem Hall; third place, Drew Sargent, followed by Joyce Smith and Hank Lincourt.

High hand was Evelyn Cacioppo with a straight flush followed by Connie Deady and Glenn Evenson who both had aces full of fives. The promotional hand, jack-four, was won by Roy Mittelsteadt.

"Jack" has lived in Mutual 2 and been a club member for seven years. She works as a realtor in LW, enjoys gardening and cribbage. She is a volunteer for Emergency Preparedness. This was her sixth final table win.

Barry Brideau gives private individual or group lessons. Call him at (714) 401-7622. Call President Wendy Wu for more club information at (714) 366-0940.

—Susan Dodson

## Pickleball

New Pickleball court hours are 8 a.m. to 8 p.m. every day. Courts will be closed the first Wednesday of each month for court maintenance.

LADIES GOLF

## Final round for President's Trophy

This Tuesday, Sept. 24, was the second and final round of competition for the Ladies President Trophy. The winners will be announced at the the club meeting on Monday, Oct. 7.

Forty-one members played for low gross, low net and chip-ins. Six golfers hit seven balls directly from the fairway into the hole.

**Flight winners:**  
Flight A - low gross, Zoe Pickell, 29; Low net, Yvonne Yim, 26.  
Chip-ins/hole: Ann Tran, 5, Teresa Lim, 3 and 9. Flight B - low gross; Margie Thompson, 31. Low net; Young Yoon, 25. Chip-in-hole: Margie Thompson, 7; Young Yoon, 6; Pam Krug, 9. Flight C - low gross; Tie between Judy Kim and Soo Kim, 34.  
Low net: tie between Kay Hong and Cecilia Han, 26. Chip-ins hole: Soo Kim, 7, Dale Quinn, 4. Flight D - Low gross; Melinda Lee, 36. Low net: Evelyn Scherber, 24.

—Dale Quinn

SCRABBLE CLUB

## Nine bingos in September

The Leisure World Scrabble Club was active again in September. There were 34 scores above 300, slightly more per session than in August. Marilyn Moody led with eight such scores. Her highest was a 345. Club secretary Larry Edgar had six, with a high of 413. Club president Maria Giegerich had four, with 407 as her highest. Suthy Chhoeuy also had four, with a high of 381. In addition, she had a score in a three-way game, 241, that's equivalent to a 362 in a two-way game. Club secretary Sylvia Makus had three games above 300. Her highest was 349. Pam Smithson had three such games, with a high of 346. Ruth Depuy had two games over 300. Her high score was 371, Former club president Flo Nesland had two scores above 300, with a high of 325. Wanda Bemben posted a 312, and club treasurer Zoe Pickell scored a 306.

The members had nine bingos during the month. That term refers to the use of all seven tiles in one play. Chhoeuy led with three, including two in one game. Her words were tailors, sorting and revered. Giegerich had two - flooring and realized. Edgar had two also - blarney and tarring. Smithson had one, lumpers. Makus had one also - credits.

The club meets on Wednesdays in Clubhouse 3, Room 5. The games begin at one, two, and three o'clock. There will be no meeting on Oct. 9.

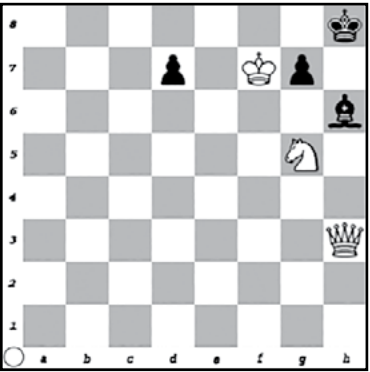
New members are welcome. Anyone with questions about the club may call Edgar at (310) 927-3785.

— Larry Edgar

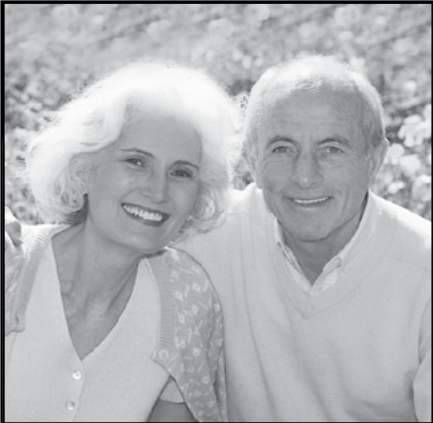
## Chess Club Puzzle

This week's puzzle white moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.



CHESS, page 10



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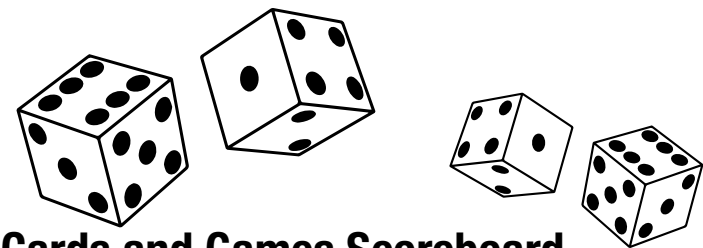
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Cards and Games Scoreboard

**Fun Time Pinochle** winners Sept. 23: Bert Sellers 13,980, Irene Perkins 12,740, Marge Dodero 11,740, Jim Kaspar 11,520. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

...

**Saturday Social Bunco** winners Sept. 28: Most buncos, Sue McBride. Most wins, Pam Kelly. Most babies, Rita Visloski. Most loses, Mary Milhone. Door prize, Laura Geier. The Saturday Social Bunco's next meeting will be on Saturday, Oct. 12, in Clubhouse 3 Lobby at noon. Sign-ups begin at 1 p.m. Due to the demand for tables, a 1:30 arrival is advised. Play begins at 2 p.m. The club meets the second and fourth Saturdays of the month in Clubhouse 3 lobby. For more information, call Doris Dack, (714) 356-0443.

...

**Best Time Bunco Club** results from Sept. 23: Most Buncos, Gail Levitt; most wins, Jackie Walters and Jean Hayes; most babies, Peggy Szumita and Beverly Friedman; most loses Suzanne Frank, Marilyn Moody, Joyce Ingram and Gino Pelegrino; door prize winner, Jen Biernbaum. The Best Time Bunco's next meeting will be Monday Oct. 14. The Bunco club meets the second and fourth Monday of each month in Clubhouse 3 Room 1. Bunco begins at 6 p.m. sharp. All are welcome to play, it's an easy dice game that can be learned in minutes. For more information call Gail Levitt, (562) 596-1346.

—Mike Levitt

...

**Friendly Pinochle Club** winners Sept. 26: Sylvia Clinton 12,240; Gene Smith 12,160; Peggy 11,690; Nancy Wheeler 11,630. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

...

**Burning Tree Duplicate Bridge Club** winners Sept. 28: N/S: Sibyl Smith-Judy Jones, Rosemary Ford-Sue Boswell, Linda Nye-Mike Nielsen; E/W: Ellen Kice-Al Appel, Melanie and Jerry Smith, Jeanette Estill-Marilyn McClintock, Sue Fardette-Fred Reker.

Sept. 27, N/S: Sibyl Smith-Diane Schmitz, Sue Fardette-Marilyn McClintock, Priscilla Caillouette-Larry Topper, Fred Reker-Sylvia Kaprelyan, Joyce Basch-Nancy Lichter. E/W: Paul Chen-Cookie Pham, Joyce Henderson-Larry Slutsky, Ellen Kice-Russ Gray. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Saturday, Oct. 19, Club Championship.

—Fred Reker

...

**Jolly Time Pinochle Club** winners Sept. 28: Keith Clausen 11,510; Tony Dodero 11,130; Charlotte Westcott 10,330; Bert Sellers 10,090. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

—Bert Sellers

...

**Monday Bridge Club** winners Sept. 23: First place, Celeste Brandlin; second place, Paul Chang; third place, Jan Craven. Sept. 30, first place Mary Ann Logan; second place, Sheila Hanley; third place, Paul Chang Games begin at noon in Clubhouse 1. For more information, call Pauline Fitzsimons, (562) 296-8363.

—Pauline Fitzsimons

LW BOWLING LEAGUE

Calling all LW bowlers

The Leisure World Bowling League is starting soon and still has room for those who want to join teams. Games are held each Tuesday at 12:30 p.m. at Westminster Lanes, 6741 Westminster Blvd. Teams are comprised of men and women and both new and experienced bowlers. There is a modest weekly fee and league bowlers get three free practice games each Saturday and Sunday from 9-11 a.m. All residents and friends are welcome to join this friendly group for exercise and socialization. For information on joining the league contact Phyllis Fairchild (714) 235-8096 or Dave Silva (562) 209-3183. You can also get information about the Leisure World Bowling League by calling Westminster Lanes at (714) 893-3005.

—Maureen Habel



Leisure World Bowling League President Phyllis Fairchild and Vice-President Dave Silva

POOL LEAGUE

Three Amigos maintain lead

Although the Three Amigos had a bye they still remain in first place with 18 wins and only six losses. The Favorites split with the Hot Shots after leading 6-3, the Hot Shots won the last three. The shot of the day came in the first eight ball doubles match when Dave Makinder had to kick two long rails at the final striped ball on the table. Dave not only hit the nine ball, he also made it in the side pocket and got position on the eight ball to win the game.

The Hustlers edged the Ballers 7-5, Gary Poling won both his singles games and three of his doubles matches. The Spoilers moved up in the early standing by beating the Hot Mess Express 8-4 as Kenny Harpham scored five wins in his six matches for the Spoilers.

—David Silva



Bill Lyons

MENS GOLF

Second September tournament

The Men's Golf Club second September tournament was held on Sept. 25 at the local course. It was humid and overcast early, but the sun came out late, and the morning turned into a great golf day. Thirty-three men gathered and competed in three flights over 18 holes. There were no holes-in-one recorded this week, but there were five circle hole winners.

'A' flight has golfers with handicaps of 0 - 6, 'B' flight 7 - 12, and 'C' flight 13 - 18. All scores are net: (actual score minus handicap).

A flight: First place, Alan Sewell, 50; second place, Walt Bier, 52; Third place, tie between Dong Kim and Bob Barnum, 53; Fifth place, Ron Steele, 54. B flight: First place, tie between Joon Yoon and Mike Carlson, 52; second place, Bruce Bowles, 53; third place, Hyon Shin, 54; fourth place, tie between Art Salazar, Ron Jackson, Byron Schweitzer, and Won Song, 55. C flight: First place, Young Jeun, 49; second place, Marvin Jones, 54; third place, Sang H Kim, 55; fourth place, Suk Im, 58; fifth place: Bob Marselle; 60.

There were four circle holes. Closest to the pin on hole No. 8 was Alan Sewell, and on hole 17, Byong Choi.

There are two Men's Club tournaments each month, one on the second Wednesday and another on the fourth Wednesday. To join the Men's Golf League, contact President, Marvin Jones, or Membership chair, Dave LaCascia, via the Golf Starter Shop. New Men's Golf League members must join the Men's Club and play three-18-hole rounds on the local course in order to get a valid handicap. Rounds must be played with a current member and scorecards left with the starter.

The Men's Club has embarked on a race to crown the "2019 Men's Club Champion". Competition started with last April's tournament and will proceed until a Champion is crowned in mid-December. Only Men's club members may participate and must have competed in at least eight tournaments by Nov. 13. (Note: Course closure due to tee box/Clubhouse renovations may impact the tournament finals presently scheduled for mid-Nov.) Current scores for all participants are on the outdoor Men's Club bulletin board.

—Dave LaCascia

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# Arts & Leisure



Janice Laine with instructor Justin Manalad.

JOYFUL LINE DANCE

## Club’s Oct. 9 dance session is canceled

The Joyful Line Dance Club will not meet on Oct. 9 due to Yom Kipper services in Clubhouse 3 Lobby. The club will resume meetings on Oct. 16.

The club began classes five years ago to provide opportunities to have a healthy and happy retirement.

Unlike other line dance clubs, this one encourages men to come and learn line dance, giving them the individual attention they need to take the first step. Currently the club has more than five male members who come and learn different dances each month under instructor Justin Manalad. He has been teaching since May 1 and has a couple of decades dancing experience, including ballroom and line dance.

The club meets every Wednesday in the lobby of Clubhouse 3 from 3-5 p.m. It’s a fun and enjoyable exercise time as members learn how to line dance to popular music. There is a \$2 charge for 90 minutes of class. Beginners and intermediate are welcome.

For more information, call Anna Derby at (562) 301-5339.

## Opera Club

Everyone is invited to come and watch “Orpheus and Eurydice.” Part 2. in Clubhouse 3, Room 2, on Monday, Oct. 14, at 1:30 p.m. The opera is based on an ancient Greek myth depicting every man and woman who are called on to endure the universal emotions of love and loss which are heightened here by Gluck’s ingenious music. Club member Frieda Davis will summarize the story for those who missed Part 1.

Act 3 opens with a stressed Orpheus urging Eurydice to follow him out quickly, but Eurydice, who is unaware of Orpheus’ mandate to not look at her until they are out, questions his behavior and faints. When Orpheus turns to help her, he discovers that by looking at her he violated his mandate and sees her dying forever before his very eyes. Orpheus is about to kill himself when the god of love, Cupid, appears and declares that Orpheus’ fidelity is restoring Eurydice to life.

The opera is sung in Italian with English subtitles. Room 2 is open at 1 p.m. No dues or fees are collected. For more information contact Beverly Emus, LW Club president at (562) 296-5586.



The Velvetones Ballroom Orchestra with Lori Banta and Dennis Bryan will perform in Clubhouse 4 on Sunday, Oct. 6, beginning at 6 p.m. Admission is free, and all are welcome.

## GRF Weekend Dances

For the next three months, the GRF is co-sponsoring three of the community’s most popular bands for its weekend dances. Kicking it off this Sunday, Oct. 6, is the Velvetones Ballroom Dance Orchestra, Leisure World’s own professional big band. It showcases big band swing and jazz standards—music for dreaming and dancing.

The Velvetones was founded in 2011 by Leisure World resident Carl Hatheway. Carl has long-ranging experience with big bands, both in playing trumpet (and trombone) and leading jazz bands. His 40-Something Big Band in the West Covina area played for many community events, wedding receptions, corporate parties, and even a Hollywood movie premier.

The big band sound is that uniquely American combination of reeds, brass and rhythm that defined the nation’s popular music for more than three decades and still pervades the public consciousness.

The Velvetones vividly brings this classic music to life for a new generation of audiences, authentically recreating the style, musicality and essence of swing era band music. The band also mixes in contemporary pop hits.

The musical director of the

Velvetones is Jeff Plum. Featured vocalists are Tommy Williams, Tina Schaffer, Lori Banta, Dennis Bryan and Marcia Ford. Some of the very best musicians from all over Southern California can be heard playing with the Velvetones.

Whether it be a well-known big band standard, contemporary

jazz showcase, sentimental vocal ballad, or a hard-swinging brass feature, the Velvetones provides a unique and complete package of musical entertainment.

The Velvetones band plays at LW Clubhouse 4 on the first and third Sundays at 6 p.m. Concerts are free, but tips are acceptable and appreciated.

## LW Coin Club

The Leisure World Coin Club will meet at 1:30 p.m. on Oct. 9, in Clubhouse 3, Room 2. Member Ed Hickman will talk about “Early Dated Coins,” coins so old they exhibit no date at all. But the ruler who issued the coins reigned at a known time and from that, a date can be approximated. Or, if the ruler survived only one year, the task is easier.

Ed will have pictures of these coins and a discussion about them should be interesting. Collectors often see these “old Roman coins” in coins shops and wondered about them; all are welcome to come and learn a story about coins and history.

Member/dealer Andy Kmita gave valuable collecting insight at August meeting. Topics included what to collect, what’s best to buy, whether to trade or buy.

Usually it is better to trade as opposed to buying or selling as the dealer always has to profit from the transaction, while a trade could be profitable for both parties. And for holding the coins, a thermo-plastic envelope is much better than a cheap PVC envelope, which will eventually stain the coin. These are some of the welcomed hints that make collecting more interesting. All are welcome on the second Wednesday of each month.

—John Harper

## 2019 Amphitheater Show Survey

The GRF Recreation Department wants to know how you rate 2019 Amphitheater shows. Your opinion will help determine the line-up for next year. Clip this form, mark the appropriate boxes and drop the completed form in any white GRF drop box or bring it to the Recreation Department in Clubhouse 5 by Oct. 4.

DATE	PERFORMER	GOOD	FAIR	POOR
6/27	The Texas Tenors			
7/04	Bruce Springsteen Tribute			
7/11	Three Dog Night Tribute			
7/18	Kenny Rogers, Dolly Parton Tribute			
7/25	ABBA Fab			
8/01	Billy Joel Tribute			
8/08	Best of Doo Wop			
8/15	Mick Adams and the Stones			
8/22	The Papas and the Mamas			
8/29	Gregory Wolfe as Rod Stewart			
9/05	Aretha, Stevie Wonder, Jackie Wilson			
9/12	Neil Diamond Tribute			

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LW Art League

The Leisure World Art League will host acclaimed watercolor artist Eileen McCullough at 7 p.m. on Tuesday, Oct. 8, in Clubhouse 4.

Come early for a good seat. Eileen is president of the Huntington Beach Art League.

Her paintings capture every day life, biking through the Bolsa Chica wetlands, dining in outdoor cafes and walking dogs in Central Park.

She is a member of the Laguna Beach Plein Aire Painters Association.

She chairs the demonstration series for Watercolor West, teaches at the Huntington Beach Art Center and conducts workshops and demonstrations throughout Southern California.

Her work is shown in the Laguna North Gallery and Crystal Cove Gallery in Laguna Beach. Her work was also shown in the 2018 Festival of the Arts in Laguna Beach.



Work by Eileen McCullough

Art League members should submit their artwork for display by 6:30 p.m.

The popular vote theme is still life; refreshments will be served and one of the artist’s pieces will be the prize of a raffle.

—Jay Young

DANCE  
from page 12

•**Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•**Saturday Morning Dance Club:** Cha cha is taught from 9-10 a.m.; Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•**Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•**Zumba Club:** Stef Sullivan teaches the class, \$3, at 5:30 p.m. on Mondays, 8:30 a.m. on Tuesdays, 5 p.m. on Wednesdays, 8:30 a.m. on Thursdays and Fridays, 11 a.m. on Saturdays and 2:30 p.m. on Sundays. Classes are held in Clubhouse 6, except the Thursday class, which meets in Clubhouse 3.



The Leisure Whirlers Club will hold a Halloween dance party from 6:30-9:30 p.m. on Friday, Oct. 4, in Clubhouse 4. Pre-rounds are from 6:30-7 p.m. Square and round dances are alternated from 7-9 p.m., followed by a potluck and socializing. Singles and couples are welcome. There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information, call Lenore Velky at (562) 799-9482.



Jojo Weingart

Hui O Hula thanks Kip Watkins for the invitation to entertain for the Salvation Army Home League last Monday. It was a pleasure to share the beauty of the Hawaiian islands with the group. Capt. Joshua Sneed (sitting at r) led the meeting, and Major Fred Siler (l) played the piano. A Cup of Aloha is held on the last Monday of every month from 10-11 a.m. at the Hospitality Center in Clubhouse 6. Hula dancers also enjoyed dancing for the Community Singers. They are looking forward to celebrating Julia Nulod’s birthday with a few hula this weekend. Hula lessons are offered weekly. Call 252-9676 for more information.

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Video Producers Club

The Video Producers Club provides new programs every month that are televised on SBTv-Channel 3 Community television in Seal Beach. SBTv-3 can be seen on Spectrum Cable Channel 3 and Frontier Cable Channel 37. It can also be seen on the internet at [www.sbtv3.org](http://www.sbtv3.org). Click on the logo on the website page to see it in high definition. SBTv-3 programming is contributed by certified Video Producers, who are community volunteers, not employees of SBTv-3.

New programs include:

•**Korean Night 2019**

The Korean American Association hosted Korean Night 2019, an Amphitheater summer show on Aug. 24. A variety of talented Korean performers were showcased in the one-hour program. Irene Cistaro, Michael Oh and Paul Bassett were camera operators. Anna Derby was the video production coordinator. Paul Bassett produced the video.

•**Latino American Club Mariachi Real 2019**

The Latino American Club hosted the Mariachi Real San Jose de Orange County and featured dancer Amy Walker. In the audience was Maria Rodriguez, president of the club, dancing with her grandson Chris Rodriguez. Chris’ twin sister also danced with other partners. Camera operators were Joe and Oralia Osuna. Video producer was Joe Osuna

•**Head Master**

A Halloween thriller features a corpse who lost its head and seeks to recover it, finding mischief along the way. Actors are David Locy, Donna O’Keefe, Sandi Post, Erik Soderholm, Marian Soderholm and Amy Walker. Joe and Oralia Osuna were the camera operators. Joe Osuna was the video producer and author of the short play.

•**Mystery of the Dress**

The Leisure World Producers Club presented its annual mys-

tery, a one-act show written by Leisure World shareholder Toby Richman, who also directs. Susan “Sam” Jones, the producer, enthusiastically praised this clever show that revolves around a precious wedding dress. The talented cast includes Linda Bolt, Sally Glausser, Taylor White, Sandy Geffner, Donna Artukovic, Daniel Prosek, Adrienne Rosenfeld, Dell Clark, Mary Halsey, Judie Jacobus, Peggy Airhardt, Tosca Lies and Jack Martinez. Janice Laine produced the one-hour video.

•**Labor Day Show**

The Leisure World Theater Club presented “Early Television” on Labor Day. The one-hour show was written by President Taylor White, Sally Glausser and Tosca Lies, who are also featured as performers. Highlights include Bill Frambach as a wild hip-swinging Elvis; Jon and Chris Russell portray the Honeymooners; Geri Stone, Carmen Edwards

**VIDEO, page 26**



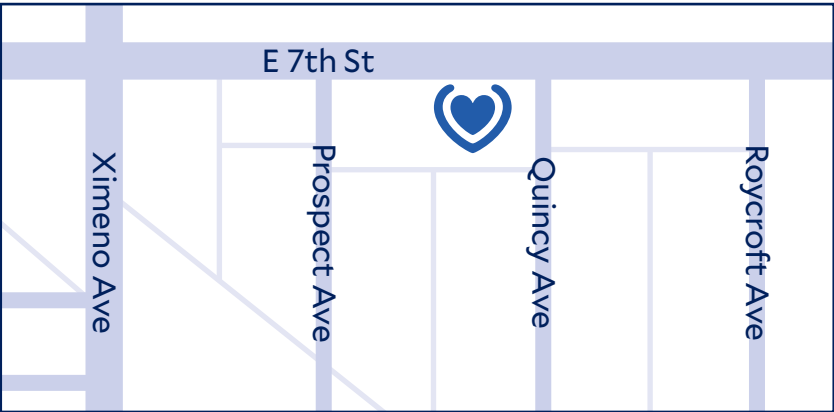
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**Thursday November 7th 10AM**

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HEALTH





# Community

SUNSHINE CLUB

## LWHCC doctor is guest tomorrow

Dr. Christopher Chung from Optumcare will be the guest speaker at the Sunshine Club tomorrow, Oct. 4, at 10 a.m. in Clubhouse 3, Room 2.

His topic will be how to keep your bowels healthy and all the good benefits that come with it. He will include how to prevent and treat constipation easily.

He knows constipation is something everyone struggles with from time to time. Bowel health is vital for everyone's overall well-being. He believes it is crucial that everyone is well-educated and informed about their bodies, so that they can live the healthiest life possible.

Dr. Chung is the newest provider at the LW Health Care Center. He feels it is an absolute privilege to have the opportunity to share some medical facts and tips with shareholders in Leisure World.

Besides Dr. Chung, the club will have three additional speakers in October—Phil Mandeville, president of the LW CERT Program, will be the guest speaker on Oct. 11; Thomas Buckley, LPL financial advisor, will be the guest on Oct. 18; and Chef Pablo, from Community Wellness and Healthy Cooking, will be the guest on Oct. 25.

The club has frequent guest



Dr. Christopher Chung

speakers from outside Leisure World who speak on various topics that enhance living in LW. The club does not endorse the speakers or their businesses. It solely provides information. Any interaction with the business outside of the meeting is on-your-own.

The club meets on Fridays in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first Friday in Room 9).

All shareholders are welcome to attend; membership is not required.

For more information, call Anna Derby at (562) 301-5339.



GAF volunteers Linda Johnson (l) and Ren Villanueva deposit paper into bin for shredding at a previous event.

GAF

## Shredder is in LW today, CH2

Golden Age Foundation will sponsor a free shredding service on today, Oct. 3, in the Clubhouse 2 parking lot from 10 a.m.-noon. Arrive early, as the line for shredding will close at 11:30 a.m.

For better service, shareholders should remove staples and paper clips. No electronic devices will be accepted and contaminated bags will be turned away.

Golden Age Foundation also sponsors a small battery disposal. Bring small used batteries to the shredding event for disposal.

The next shredding service will be in four months, February.

The Golden Age Foundation is a nonprofit 501(c) (3) charitable organization dedicated to serving the special needs of Leisure World shareholders. The Foundation was established in 1973 by members of the Board of Directors of the Golden Rain Foundation.

For more information, call Anna Derby at (562) 301-5339.



COMMUNITY

## Bingo played Sundays, CH 2

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2. The doors open at 1. All LWers are welcome. Complimentary refreshments are served.

The Oct. 6 games will be hosted by the New York Club.

The New York Club hosts the first Sunday of the month; Gadabouts, second Sunday; St. Therese of Holy Family Parish, third Sunday; and the American Legion the fourth and fifth Sundays.

## Award-winning caterer prepares dinner for GAF's 'On Broadway' gala

Country Garden Caterers' "award winning cuisine" will be back by popular demand at the Golden Age Foundation's 46th annual gala, On Broadway, honoring donors. The gala will be held Oct. 19 in Clubhouse 2. Doors open at 4:30 p.m.

Come experience what people are saying about Country Garden Caterers, starting off with a Sonoma salad, featuring a blend of fancy greens, Feta cheese, caramelized pecans, tossed with a drizzle of raspberry vinaigrette.

The main course will be Country Gardens' most popular dish, Chicken Marsala, simmered in Marsala wine and mushroom cream sauce. It will be accompanied by creamy garlic mashed potatoes, green bean almandine with slivered almonds and a sprinkle of Parmesan cheese, and a fresh dinner roll.

Save room for dessert and en-



Chicken Marsala will be the main entree at the GFA gala.

joy a tangy lemon square dusted with powdered sugar.

It will be 46th annual Gala to honor GAF donors.

Tickets are \$25 each, or \$200 for a table if you would like to have your friends at same table.

Tickets are available at the GAF Hospitality Center, Monday-Friday from 10-11 a.m. or by calling Gail Levitt at (562) 596-1346.



Cathie Merz staff photo

Learn all about the "C" Route on "Learn the Route" today following the Minibus orientation at 10 a.m.

## Learn Minibus ins-outs today

The Golden Rain Transportation Department will conduct an informational meeting on using the Minibus service from 10-11:30 a.m. today, Oct. 3, in Clubhouse 3, Room 3. The evening class is canceled today, but will return in November.

The sessions are for shareholders who want to learn about Minibus system routes and timetables. Information on the Golden Rain Access Bus service, the Trader Joe's/Denny's shuttle and updated information on the Seal Beach Senior Service to Old Town and the Rossmoor shopping areas will be provided.

"Learn the Route," a special ride-along session, immediately follows the 10 a.m. meeting. Shareholders are invited to ride a Minibus to become better acquainted with the various routes. Information on short-cuts, transfers between routes and how to navigate the time tables will be presented from a "seat-on-the-bus" perspective.

This month the transportation staff will preview the "C" route. The ride-along is limited to the first 17 participants and takes one hour.

Bus service orientations are held on the first Thursday of every month. For more information, call Fleet Manager Grant Winford at 431-6586, ext. 372.



Patty-Jo Schmitz invites all LWers to enjoy a delicious pancake breakfast with family, friends and neighbors this Saturday, Oct. 5. The doors open at 8 a.m. in Clubhouse 2 and breakfast will be served until 10 a.m. Tickets are \$5 each and include sausage, eggs, pancakes, juice and coffee or tea. Proceeds from the event benefit local YMCA programs for young people, including sponsorships for Y camps.

GOLDEN AGE FOUNDATION

## Salvation Army truck coming to LW

The Golden Age Foundation is sponsoring The Salvation Army Donation Truck on Oct. 31 from 10 a.m.-noon in the Clubhouse 2 parking lot, so get a jump start on fall cleaning.

The Salvation Army is looking for donations of clothing, small household items, things that can be carried into the truck. Large pieces of furniture, small e-waste items, note pads and cell phones will not be accepted. All items should be clean.



The donation truck will return in February, the same day as Golden Age Foundation Shredding Service day.

For more information, contact Anna Derby at (562) 301-5339.





## L.A. Christian Singers return to LW Oct. 12

The Korean-American Classic Music Academy will host the Los Angeles Christian Singers in concert on Oct. 12 at 2 p.m. in Clubhouse 2.

This is the fourth time the group will perform in Leisure World. Previous performances brought rave reviews.

The choir will sing a special song, "Yearning for My Home Beyond the Golden Gate Bridge," written by the late Luke Kim, husband of Grace Kim.

Dr. Kim wrote the words and music while an intern in San Francisco. "I was homesick and melancholic. I was expressing my feelings through the music," he wrote.

Other songs include "Over the Rainbow" and several numbers written by Puccini.

The singers studied music in Korea, Europe and the United States. They are opera singers, professors, radio commentators and choir directors.

There is no admission, but a free will donation will be collected to support the group's community projects.

This year the singers have designated its funds to a mission that supports a children's choir and music education in Kenya.



Alan Lowenthal

### CalRTA

## Alan Lowenthal is guest speaker

The California Retired Teachers Association will begin the 2019-20 season with a luncheon on Oct. 4 at noon in Clubhouse 2. Reservations are required. Lunch and the program cost \$15. Payment is due at the door; reservations can be made by calling Sue Grimsley at (562) 431-3083. Payment is required unless cancellations are made by Oct. 3.

A picnic lunch of sandwich fixings, salads, dessert and beverages is on the menu.

After introducing Beverly Lloyd as the new club president, state Congressman Alan Lowenthal will talk on his opposition to the Windfall Elimination Provision (WEP) and Government Pension Offset (GPO), which both adversely affect how much money teachers receive in retirement. He will also discuss other state issues that affect teachers.

—Sue Grimsley



The Los Angeles Christian Singers will perform a concert in Leisure World on Saturday, Oct. 12, at 2 p.m. in Clubhouse 2. This will be the fourth year the talented group has performed in LW. The concert is sponsored by the Korean-American Classic Music Academy.

## Mutual 7's annual patio sale is Oct. 10

All Leisure Worlders are invited to Mutual 7's annual patio sales event on Oct. 10 from 9 a.m.-1 p.m. There will be lots of goodies and knickknacks.

Bring lots of nickels, dimes, quarters and dollars, no large bills please.

Maps to participating households will be on the signs in orange buckets, located on Northwood Road, St. Andrews Drive and Oakmont Road.

### AMERICAN-LATINO CLUB

## Costume party planned on Oct. 4

The American-Latino Club will meet tomorrow, Oct. 4, in Clubhouse 4 at 11 a.m. for a potluck party. Each member will bring a dish for six people. It will be a costume party to celebrate Alicia Ortuzar's birthday with a prize for the best costume.

Let organizers know if you are attending, and what kind of food you are bringing. Call Maria Rodriguez, (562) 430-3405; Alicia Ortuzar, (562) 588-3090; or Carmen Edwards, (562) 431-4257.

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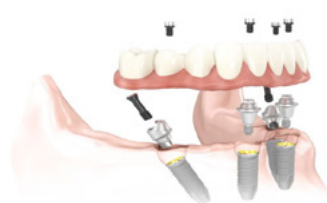
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LW Republicans show their patriotism on the Seal Beach Boulevard freeway overpass.

## GOP members honor vice president by waving flags on SB overpass

LW Republicans flew American flags at the 405/22 overpass on Seal Beach Boulevard on Sept. 18 in memory of Judy Duvall, recently deceased vice president of the club.

Judy was a dedicated Republican volunteer for decades. After a stroke a few years ago she was unable to walk, so her scooter allowed her to maintain her independence and involvement in many activities in LW. She enjoyed singing, traveling, debating politics, supporting veterans’ charities and celebrating her pride in America and her Welsh heritage.

She was strong in her faith and enjoyed expressing her love for her country.

“On a Wednesday afternoon a few years ago” said club President David Harlow, “she made her way alone to the top of the freeway bridge and waved her tiny flag at the passing traffic.”

“Later, other Republican Club volunteers joined her with bigger flags as thousands of cars, trucks and motorcycles honked their horns, bringing a big smile to her face,” he said.

The volunteers who showed up to celebrate her life received a free “Make America Great Again” ball cap.

All are invited to join in waving flags on the bridge every third Wednesday of the month at noon. This is the same day the LW Republican Club meets at 7 p.m. in Clubhouse 3.

### DEMOCRATIC CLUB

## LWers will represent Region 17 at conference

On Saturday, Oct. 5, 10 elected representatives from the SBLW Democratic Club will join Democrats from around Region 17 at a pre-endorsement conference in the city of Orange. They will be voting to consider who to recommend for election to the California Assembly from District 72 during the 2020 presidential primary election. The only Democratic candidate who has currently filed to run against Republican incumbent Tyler Diep is Diedre Thu-Ha Nguyen.

Born in Saigon, Vietnam, Tha-Ha Nguyen has been a resident of Garden Grove since 1995 and was elected to the city council there in 2016. She has a bachelor’s degree in biological sciences from the University of California, Irvine, and a master’s degree in clinical genetics from California State University, Dominguez Hills. She is a California licensed clinical genetic molecular biologist and clinical cytogeneticist. Nguyen works for the Hematology Oncology department at Quest Diagnostics.

Ms. Nguyen is married and



Diedre Thu-Ha Nguyen

enjoys spending time with her three children. In addition, she is active in her Garden Grove community, has a second degree Hapkido belt, and enjoys motorcycling with her husband.

Tom Umberg will be the speaker at the next membership meeting on Oct. 16. Sen. Umberg has had an illustrious career in serving the citizens of Orange County as an assistant U.S. attorney and as a member of the

state assembly for three terms. He now serves as state senator. Other notable experiences to his credit include being a retired U.S. Army colonel, deputy drug czar in President Clinton’s administration, and a small business owner. He is married to his wife, a retired brigadier general, has three adult children, and is a grandfather of one.

In preparation for the Monday, Oct. 28, Voter Awareness Series gathering addressing common sense gun legislation, members are encouraged to read Thom Hartmann’s new book, “The Hidden History of Guns and the Second Amendment.” It is available in paperback or Kindle from Amazon for \$10.

For more information about the SBLW Democratic Club, readers are invited to email [lwsbdemocraticclub@gmail.com](mailto:lwsbdemocraticclub@gmail.com) or go to the club’s website <http://sblwdems.wordpress.com>. There is also an up-to-date calendar of both club and related events on the website.

### SENIOR PATRIOTS

## Peace between Palestinians and Israelis examined

All are invited to the last Senior Patriots for Peace meeting of 2019 on Tuesday, Oct. 8, in Clubhouse 3, Room 9.

After an election of board members for 2020, which will be brief, a panel of speakers will present “Is Peace Possible Between

Israelis and Palestinians?”

A panel of three speakers will be given 15 minutes to present their views, followed by a question-and-answer period.

First to speak will be Fayaz Nawabi, the policy and advocacy manager for the Greater Los Angeles area office of the Council on American Islamic Relations (CAIR). Nawabi is proud to advocate for the civil liberties of the more than 50,000 American Muslims that live in Los Angeles, Ventura, Orange and Riverside counties.

Another speaker will be Estee Chandler, a producer, host and reporter for the KPFK radio show, “Middle East in Focus,” with Nagwa Ibrahim, and one of its daily news reports, “Middle East Minutes +,” which is a joint project with the Jewish Voice for Peace (JVP). In 2010 she launched JVP-LA. She is an L.A. native and political activist who established a strong network of aligned organizations as CAIR LA/OC, Friends of Sabeel LA/OC, AMP, Middle East Ministries and Campaign for Palestinian Rights.

Nizar Hijaz, founder of the Southern California Palestine Coalition (SCPC), will also present. Besides founding the SCPC, a coalition of Palestinian organizations working for justice in Palestine through policy change and action, he is a founding board member of Arab American Civic Council. He is a licensed private investigator and a security company owner.

For more information, call Dorothy Kemeny at (562) 242-4751.

— Dorothy Kemeny

### POLICY from page 5

or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

**Contributor:** Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

**Political:** Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.



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Yoon Soo Park, honorary director; Won Sik Ryu, director; Carole Damoci, GAF president; Sung Nam Lee, vice president; K.H. Paik, choirmaster; and Anna Derby, GAF Board.

KAC makes donation to Golden Age Foundation

Korean American Chorale (KAC) presented its annual donation, \$500, to the Golden Age Foundation, as more than

AMERICAN LEGION

Auxiliary taking collection for service women

American Legion Auxiliary needs donations to send to the women serving the country overseas and we are inviting all Leisure World residents to help. The club is collecting small size toiletries as well as new underwear and socks. They might also like small purses and coin purses. Deliver these items to Jean Sudbeck at 1861 Golden Rain Road, 22-D. These items must be delivered no later than Oct. 11. Open your wallets and help support our brave women.

The District 29 meeting will be on Saturday, Oct. 12, at 9 a.m. in Cypress.

This is a great opportunity for all members to learn about the larger goals of the Auxiliary. All new members are urged to attend at least one District meeting. The carpool will leave from the parking lot by the golf course near Jean's apartment at 8:15 a.m. on Oct. 12. Call Jean at (562) 594-0209 to let her know you are coming.

The monthly Board meeting will be held on Friday, Oct. 11, at 1 p.m. in Clubhouse 3, Room 4. All members are welcome to attend. Don't forget to bring contributions for the Women Warriors.

80 of Korean American Chorale members looked on.

The purpose of the club is to improve members' emotional activities; to contribute to cultural betterment of the community; to volunteer for community services; and to promote friendship among members.

KAC is very proud of having

conductor Kyoung Hwan Paik, with decades of experience in conducting, composing and arranging music.

Korean American Chorale meets on Friday in Clubhouse 4 at 9:30 a.m. (except the first Friday in the Clubhouse 3 Lobby). For more information, call Won Sik Ryu at (714) 982-7793.

Goldfarb selected to attend Iwo Jima ceremony in March

Sandy Goldfarb, Mutual 12, was selected to attend the 75th Anniversary, Victory in the Pacific, ceremony on the black sands of Iwo Jima, March 20-30, 2020.

He is one of a few select Marine war veterans who will be making the journey with the Iwo Jima Association and the World War II Museum as his sponsors.

Military leaders and government dignitaries from both the US and Japanese governments will conduct a joint "Reunion of Honor" on the island.

Sandy will also participate in a lecture series with noted military historians who will retrace the relentless battle for the tiny Pacific Island. Iwo Jima is now only accessible to Americans one day each year.

As part of the program Sandy has been invited to retrace his combat steps in Tinian and Saipan. He will also visit Guam



Sandy Goldfarb

and Hawaii on his way to the Iwo Jima ceremony.

He will be accompanied by his son Dale and grandson Brian, a very special three-generation trip for this honored Marine.

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Paws, Claws and Beaks members will gather for a Halloween picnic with a pet costume parade. **PAW, CLAWS & BEAKS**

Halloween picnic features potluck, costume parade

The Paws, Claws and Beaks will have its annual Halloween potluck barbecue picnic on Oct. 9, at the Clubhouse 1 picnic area at noon. Bring a dish to serve eight to go along with hamburgers and

hot dogs furnished by the club. Bring pets in costume for the contest. Baked items will be provided by the club members for a sale. There will be games, fun and prizes. Prospective members are welcome.

For more information, call Bonnie Kaplan, (714) 930-5314, or Jackie Hildebrandt, (714) 423-8279.

LW HUMANISTS

Violence in men is topic Oct. 6

The question “Why are men so violent?” will be the topic for discussion at the Humanists meeting on Sunday, Oct. 6, at 10:30 a.m. in Clubhouse 3, Room 1. The meeting lasts until noon.

The meeting will start with a brief panel discussion and then open it up to anyone who has something to say or a question to ask about the topic. Noel Markham Lehr will introduce the panel that includes Bob Richert, Janice Laine and Yara Cuetara.

Knowing why some men are so violent may help with efforts to change the statistics that show that about 95 percent of homicides are committed by men and about 80 percent of all homicide victims are men.

It is also true that most men are not violent, but those who are create a lot of damage.

INVESTMENT FORUM

‘Window of Weakness’ is topic Oct. 8

The next LWSB Investment Forum presentation will take place on Tuesday, Oct. 8, at 2 p.m. in Clubhouse 3, Room 6.

Amid a backdrop of political and market volatility, including the trade war between the U.S. and China; changes in government in the UK and Italy; the president’s criticism of the Federal Reserve; and a plunge in bond yields, there is strong and growing sentiment the global economy is about to enter a low-growth “Window of Weakness,” which could persist for the remainder

INVESTMENT, page 23



Lillian Kennedy(r) helps Helga Weber and her son Paul Weber, Mutual 5, sign up for Ralph’s Rewards to support GAF.

Sign-up to aid GAF by shopping

The Golden Age Foundation (GAF) is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach community a better and happier place in which to live.

In order to provide services, GAF needs to raise funds. There are two easy ways to donate funds to GAF without any cost to the donors.

By enrolling in the *Smile.Amazon.com* program and selecting Golden Age Foundation Seal Beach as your charitable organization, Amazon will donate a percentage of your Amazon purchases to the GAF without any additional cost to the purchaser.

The Ralph’s Rewards program is another way to donate to the Golden Age Foundation. Sign up at *www.ralphs.com*. Participants will need their Ralph’s Reward Card number to register or the phone number associated with the account.

The Ralph’s reward for the second quarter of the year was \$1,654.63 compiled by 314 shoppers during June, July and August. There are 388 members signed up to contribute to the GAF. The organization’s goal is 500 by the end of this year. Let friends and neighbors know that the GAF will assist with sign ups every Tuesday in the Hospitality Center from 9-11 a.m.

YIDDISH CLUB

Rosh Hashanah literature recited

The Leisure World Yiddish Club will meet tonight, Thursday, Oct. 3, at 7 in Clubhouse 3, Room 2. The topic will be “The Reflection of Rosh Hashanah in Yiddish Literature.”

After new words and proverbs in Yiddish are introduced by President Ykob Basner, he will recite stories and poems about Rosh Hashanah.

Refreshments will be served after the program.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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Sunshine Club members were treated to special tour of Rancho Los Alamitos given by LW docent Camille Thompson.

SUNSHINE CLUB

Members get special tour of rancho

Sunshine Club members were enlightened and delighted with a personal tour of the Rancho Los Alamitos, a Long Beach landmark.

Members Anna Derby, Michael Oh, Loni Gardette, Joan Alaimo, Leona Hasegawa, Doris Yamashiro, Ann Frambach and Miki Yamashita accepted Camille Thompson’s, Mutual 8, invitation for a private tour of the Rancho.

As a docent, Camille has extensive knowledge of the Rancho.

Club members began the tour in the Center’s Rancho Room where a detailed floor map introduced them to the rich history of the original land grants, followed by an up-close and personal tour of the classic California ranch house, grounds and uniquely classical gardens. Unlike many historic homes nearly all the furnishings and décor are the originals, and club members were careful to not touch any of the ranch house furnishings.

In 1968, the children of Fred and Florence Bixby, the last private owners, donated the family ranch to the City of Long Beach, transforming what had been a working ranch to a public oasis and setting the stage for what Rancho Los Alamitos is today—a place for all time.

— Loni Gardette



# Travel

## On the Go

### Day Trips

**Catalina Island** – Oct. 1, featuring a high speed catamaran from Long Beach, the charming island village of Avalon, a myriad of quaint shops and outstanding eateries to enjoy lunch on your own. On display at the museum is Esther Williams: The Swimming Queen of the Silver Screen” and “Wrigley’s Catalina: A Centennial Celebration.” Good Times Travel, (888) 488-2287

**Downtown Carpinteria Avocado Festival** – Oct. 5, \$85, motorcoach to Los Angeles Union Station to board the deluxe Coast Starlight train for a relaxing and scenic ride along the coast to Santa Barbara, Good Times Travel, (888) 488-2287

**Celebrity Homes & Hang Outs** – With Eatery Italian Market Place. Oct. 6, \$99 Good Times Travel, (888) 488-2287

**West Side Story** – With local guide Curt, includes Italian lunch at Eatery, Oct. 11, \$99, Good Times Travel, (888) 488-2287

**Nixon, The Moon & The White House** – Nixon Library and White House lunch and 50th Anniversary of the moon landing exhibit, Nov. 2, \$119, Good Times Travel, (888) 488-2287

**Masters of Their Craft** – Rubel Castle, Maloof home and included barbeque lunch in Glendora Village. Nov. 6, \$99, Good Times Travel, (888) 488-2287

**Brazilian, Books & The Broad** – With included Fogo de Chão lunch. Nov. 13, \$99, Good Times Travel, (888) 488-2287

**Harrah’s Rincon** - Thursday-Monday, no Tuesdays or Wednesdays, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

**Pechanga Casino** - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

**Valley View Casino** - Sunday-Tuesday, Amphitheater, 7 a.m., free

### Overnight Trips

**New Mexico enchantment** – Seven days, Oct. 10-17, featuring Albuquerque Balloon Fiesta, Santa Fe, Taos, Bandelier National Monument, Los Alamos, Santa Fe, New Mexico, Good Times Travel, (888) 488-2287

**Biltmore, Bluegrass & Bourbon** – Seven-day tour featuring Louisville, Lexington, Smoky Mountains National Park, Pigeon Forge, Biltmore Estate, Oct. 21-27, Good Times Travel, (888) 488-2287

**A Capital “Christmas”** – Six-day tour featuring Washington, D.C., Colonial Williamsburg, Jamestown, Yorktown, Richmond, Mount Vernon. Dec. 4-9, Good Times Travel, (888) 488-2287

**San Antonio “Christmas”** – Five-day tour featuring a single hotel stay on the River Walk, The Alamo, Austin, LBJ Library & Ranch, Fredericksburg. Dec. 10-14, Good Times Travel, (888) 488-2287

**Coastal “Safari” by rail** – 3- day tour featuring an oceanfront stay in Pismo Beach, Coast Starlight Train, Morro Bay, Cambria, Feb. 5-7, Good Times Travel, (888) 488-2287



The Getty Center

### SUNSHINE CLUB

## Day trip to The Getty Museum

Sunshine Club is taking a bus trip on Thursday, Nov. 7 and is inviting all shareholders join, first come first serve.

The Getty Center, in Los Angeles, is a campus of the J. Paul Getty Museum and other programs of the Getty Trust. The \$1.3 billion Center opened to the public on Dec. 16, 1997, and is well-known for its architecture, gardens and views overlooking Los Angeles.

The cost of the trip is \$50 a person. Fees include round trip transportation, lunch, snacks and water. The bus departs from in front of the Clubhouse 4 parking lot near the amphitheater at 9 a.m. Participants should arrive in the parking lot between 8:30-8:45 a.m. to check in prior to boarding the bus.

This day trip is subject to sufficient interest to fill the bus. The event is limited to 50 passengers, first come, first served.

Any questions, call Anna Derby at (562) 301-5339.

—Anna Derby

## Oktoberfest Facts

October is here, and it is time to start celebrating Oktoberfest. Traditionally celebrated in Munich, it is now a holiday celebrated by people throughout the world. Here are some facts about the holiday.

-1.98 million gallons of beer is consumed during Oktoberfest.

-510,000 whole roast chickens will be eaten, along with 60,000 sausages and 59,000 pork knuckles.



## Bus departs LW for Pauma

The bus to Pauma will return to Leisure World on Wednesday, Oct. 9.

Pick up is at Clubhouse 4 at 7:30 a.m. and at the Amphitheater bus stop at 7:45 a.m.



Winners Geri McNulty and John Mount.

### SHUFFLEBOARD

## Hot shots beat the Sliders 10-8

The 2019-20 Shuffleboard Club's league play began on Sept. 27. Team Captains Sally Fowler (Sliders), Carrie Kistner (Hot Shots), and Bob Peterson (Puck Masters) led their respective teams into a thirty-game season ending in May 2020. Numerous returning veterans and quite a few new players should make this a very competitive year.

In the first match of the year Hot Shots beat the Sliders 10-8. All game winner for the Hot Shots was Gus Krauss. All game winner for the Sliders was Sally Fowler.

The next league game will be on Friday, Oct. 4, at the Clubhouse 1 courts with the Hot Shots vs Puckmasters. The next last Friday luncheon will be on Oct. 25 following league play.

The first tournament of the year will be the Turkey Shoot scheduled for Nov. 22. Many participants are expected. A sign-up sheet will be available at the courts or at the 10 a.m., Nov. 6 monthly meeting.

Winners were Geri McNulty and John Mount.

For those who wish to join or try out the game, practices during league play are at 10 a.m. Monday and Friday at 9 a.m. Call president Carrie Kistner (949) 300-0285 with any questions.

—David LaCascia

## The benefits of using a passport card

A passport book is used most commonly to travel out of the country, it helps identify nationality and validates a citizen for international travel. A passport card is TSA approved and is accepted at every airport in the United States. It is not valid for international travel but it does have several benefits for those who wish to travel domestically. The passport card has the same validity as the passport book: If you're over 16, your passport card is valid for 10 years. If you're under 16, your passport card is valid for 5 years.

The passport card can be used for entering the United States at land border crossings and sea ports-of-entry from Canada, Mexico, the Caribbean and Bermuda. The passport card is \$30



for adults if you already have a passport book, and \$65 for first time adult applicants.

To get a passport card, the process is the same as applying for a passport book. Go to [www.travel.state.gov](http://www.travel.state.gov).

For a complete list of acceptable forms of identification to fly domestically visit [TSA.com](http://TSA.com).

E-mail your TRAVEL stories, not more than 650 words, to [chrisw@lwsb.com](mailto:chrisw@lwsb.com)

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Puzzles & Comics

Answers on page 26

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

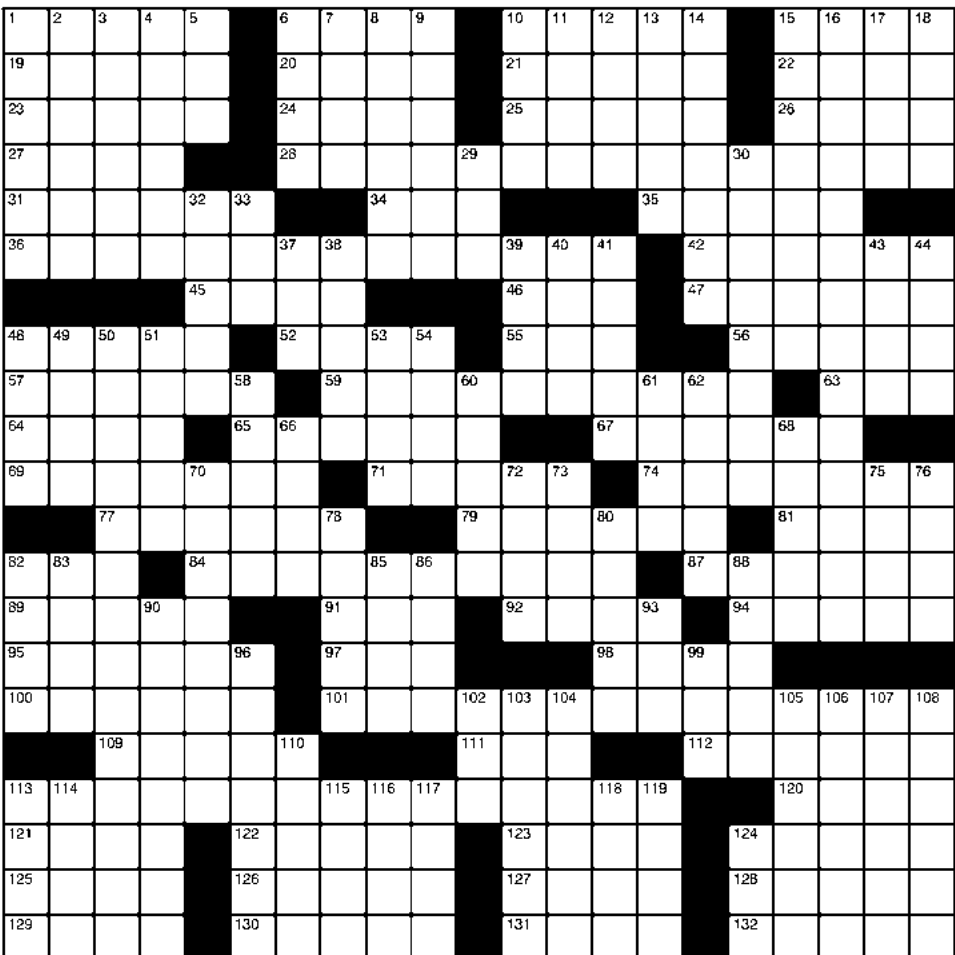


Other Gender

Edited by Linda and Charles Preston

ACROSS

- 1 Mimics
- 6 Sumptuous
- 10 "\_\_\_ is a terrible thing..."
- 15 Booty
- 19 Heaped
- 20 Lab burner
- 21 "Robinson Crusoe" creator
- 22 Old-time actress Negri
- 23 Tows
- 24 British school
- 25 UNIVAC's forerunner
- 26 Big name in talk radio
- 27 Largest continent: Fr.
- 28 Disney classic?
- 31 Model train maker
- 34 Slippery catch
- 35 Enchantress
- 36 Horn blower?
- 42 Type of suitcase
- 45 Selves
- 46 Weapon
- 47 Leveling instrument
- 48 Indian state
- 52 "Me oh my!"
- 55 Pressure meas.
- 56 '40s Yankee Nick \_\_\_
- 57 Naturally beautiful
- 59 Brown and Bryn Mawr, to some?
- 63 Realm for 7 Down
- 64 Round of applause
- 65 Tommy of golf
- 67 Lady Liberty is one
- 69 Art of a sexual nature
- 71 Useful
- 74 Hopeless
- 77 Cassius and Claudius
- 79 Expression of delight
- 81 Vital elements
- 82 52, to 77 Across
- 84 Scythe carrier?
- 87 Catch in a rundown
- 89 Houston athlete
- 91 Devon river
- 92 Dirty
- 94 Walking sticks
- 95 Like egg white
- 97 Troy, NY college
- 98 Vow
- 100 Fastened on, in a way
- 101 Flaubert novel?
- 109 Mild expletive
- 111 UK part
- 112 Evening party
- 113 Spongecake?
- 120 Lassie's lids
- 121 Baylor Univ. city
- 122 Emperor Tiberius's mother
- 123 On the Indian
- 124 Aegean island
- 125 Part of YSL
- 126 Choose
- 127 Wrongful act
- 128 Winged



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10/6/19

- 129 Nitti nemesis
- 130 Work places
- 131 Baseball's Slaughter
- 132 Allotted out

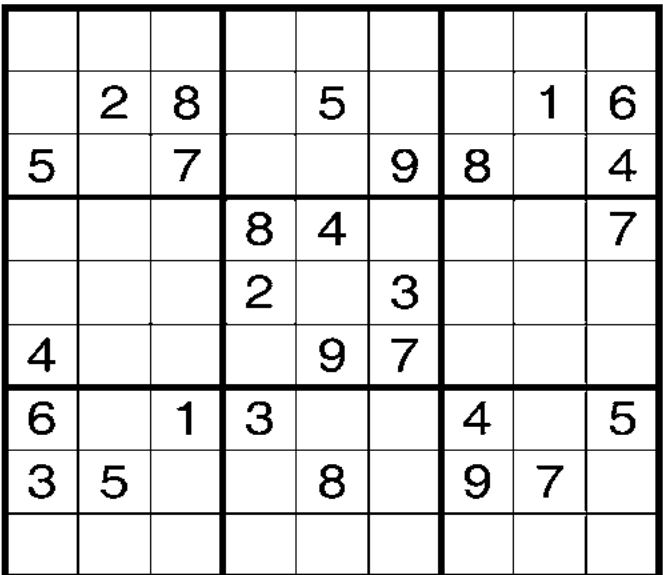
DOWN

- 1 Shock
- 2 15th cen. pope
- 3 Singer Cass
- 4 Give in
- 5 '60s campus org.
- 6 Orange cover
- 7 Ancient German king
- 8 Night noisemaker
- 9 "The Messiah" composer
- 10 Yemen seaport
- 11 Repair
- 12 "\_\_\_ ain't broke. . ."
- 13 Beery and Webster
- 14 Fool
- 15 Small turret tower
- 16 Heavenly sight?
- 17 Graduate, for short
- 18 Inhale suddenly
- 29 Priest's garment

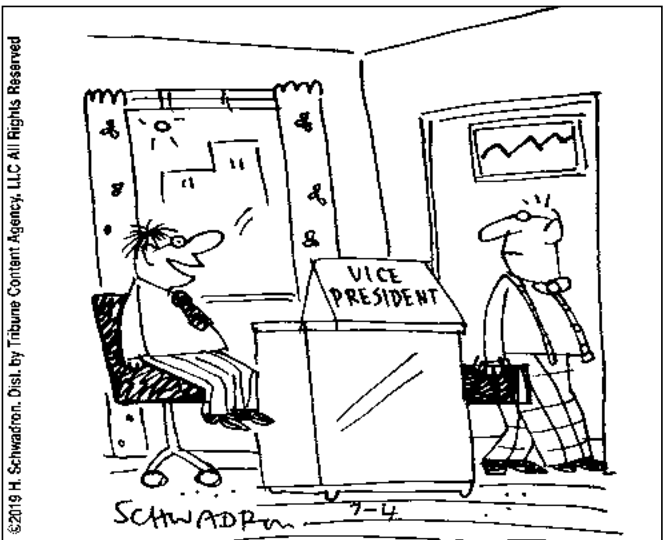
- 30 Grotesque imitation
- 32 Fragrant resin
- 33 Race segment
- 37 Tibetan gazelle
- 38 Muslim's faith
- 39 Norseman
- 40 \_\_\_ Major constellation
- 41 Gives off
- 43 Soothsayer
- 44 Sea eagle
- 48 '75 Wimbledon champ
- 49 Wound mark
- 50 Ed Sullivan regular?
- 51 "\_\_\_ all a good night"
- 53 Baseball family name
- 54 Porm
- 58 Chocolate source
- 60 Running wild
- 61 List ender
- 62 Moroccan capital
- 66 Talk loudly and wildly
- 68 New London, CT college
- 70 Everlasting
- 72 Clark's co-worker
- 73 "Tickle me \_\_\_"
- 75 Fever with chills
- 76 WWII crafts
- 78 Col. Potter of "M\*A\*S\*H"

- 80 Vowel sequence
- 82 Falls behind
- 83 Man or Wight
- 85 Former Montreal pla
- 86 Bridle strap
- 88 Sneeze sound
- 90 Carnival game
- 93 Roman household ge
- 96 Sang like a goatherd
- 99 Cable ltrs.
- 102 Due x tre in Turin
- 103 Native
- 104 Urges
- 105 Basketball broadcast
- 106 Biblical landing site
- 107 Distant
- 108 Played the sycophant
- 110 Welcome sign
- 113 Nell \_\_\_: mistress of Charles II
- 114 Overhang
- 115 Map abbrs.
- 116 Cut
- 117 Domino of music
- 118 A Saarinen
- 119 "Shucks!"
- 124 She played Mindy

Sudoku



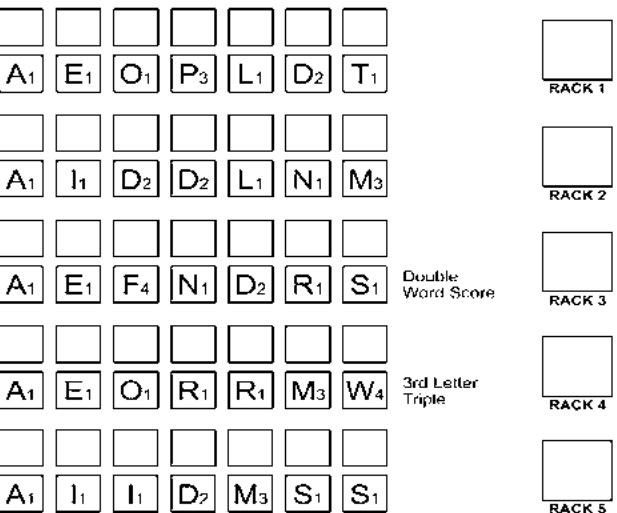
9 To 5 By Harley Schwadron



"I got to the top the old-fashioned way. My grandpa owns the company."

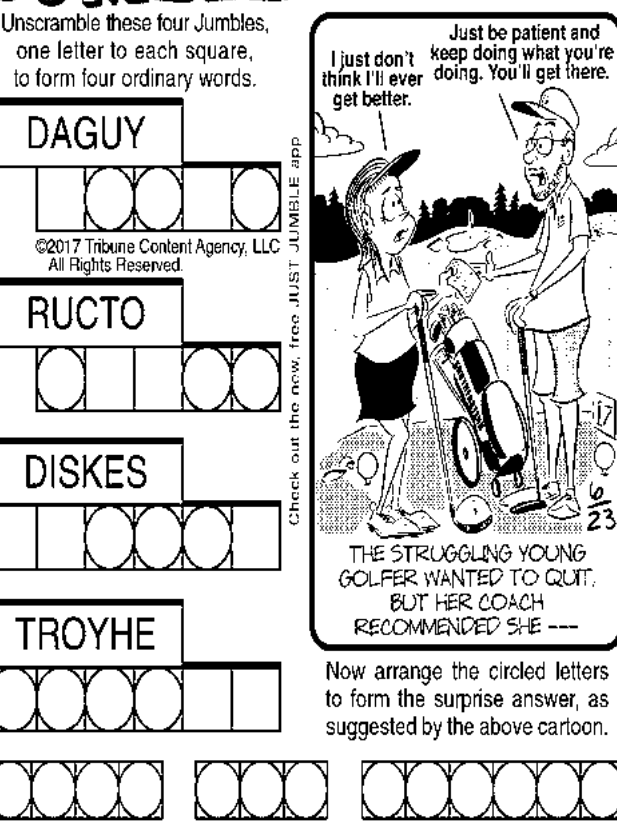
SCRABBLE G R A M S

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BEST SCORE 317  
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# Obituaries

Space is available for obituaries of residents and former residents.

- An “In Memoriam” column is available free of charge. Limited to name, mutual number and date of death.
- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
- A “Card of Thanks” section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

...  
**In Memoriam**  
Margarte Purfield 80  
Betty Hall 91  
Simbarashe Sherry 35  
Thomas Bowman 72  
Malcolm Stiles 75  
Guy Andriole 72  
Eunice McKoy 62  
Jose Lopez 89  
Marion Dottl 88  
Charles DiDomenico Jr 40  
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Joseph Amalfitano 52  
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## KACF offers Mac classes

The Korean-American Computer Forum (KACF) started a limited number of Apple Mac forums in September. The classes meet once a month on the second Tuesday of the month through December.

On Oct. 8 the class will meet in Clubhouse 3, Room 1, from 1-3 p.m. The lecture and conversation will be in Korean.

Those who are interested in the meeting are encouraged to come with their Apple Mac laptops. The classes will provide the participants with chances to exchange their experience and ask questions about Mac computers, as well as for learning useful tips.

As of now, no schedule has been set up to continue the program beyond the end of this year. However, KACF wants to know how many people may be interested in learning to use Apple computers.

Contact Ken Chong, (562) 362-8590.

**INVESTMENT  
from page 20**

of the year and going into 2020.

Will it be a window to recovery or recession? Join as members discuss what may be in store for the U.S. and other global economies over the next several quarters and beyond. It should be an interesting discussion and hopefully, informative and worthwhile. As always, curiosity, questions, and suggestions for future topics and presentations are appreciated.

Presentations are hosted by Larry Pino, CTFA, partner and private Wealth Advisor.

## CERT education classes begin Oct. 7

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area. It also provides training in basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations.

Using the training learned in the classroom and during exercises, CERT members will be able to assist others in their neighborhoods or at work following an event when professional responders are not immediately available to help.

CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Students must attend all sessions of the class to be certified. Classes are held on Mondays, Oct. 7, 14, 21, 28, and Nov. 7, from 9 a.m. to noon in Clubhouse 3, Room 1. Location and topics may change. As of today, the schedule is as follows:

- Oct. 7: Disaster Prep 1 and Prevention and Suppression
- Oct. 14: Medical Operations
- Oct. 21: Search and Rescue, CERT Organization
- Oct. 28: Disaster Psychology, Terrorism and CERT,
- Nov 7: Course review, disaster simulation.

To register, call GRF Safety and Emergency Coordinator Eloy Gomez at 431-6586, ext. 356.

## SB Woman’s Club begins 96th year

The Seal Beach Woman’s Club begins its 96th year of community involvement with an exciting list of guest speakers at its monthly meetings and several fundraising activities to raise funds to support local non-profit organizations and outstanding community individuals.

Following a successful sale of plants during the Seal Beach Arts and Crafts Fair, the WCSB plans a November fundraiser at Romance, a nearby shop, a bus trip to Laughlin, Nevada, in March and annual the spring tea in May 2020.

Future speakers scheduled at the monthly third Wednesday-of-the-month meeting include “A Living History Exposed by a Local Blacksmith”, with Kenn Kimberling; “What we need to know about Heart Disease” by Joni Williams, RN; and “Discovering the Importance and Joy in Writing Your Legacy” by Doris Sandrick.

Club membership information may be obtained by calling Judy O’Neill at (562) 706-5721 or by visiting the Club’s website at [womansclubofsealbeach.org](http://womansclubofsealbeach.org).

**HISTORY  
from page 4**

help starving Europeans. Each of Truman’s subsequent White House speeches, including his 1949 inauguration address, was televised. In 1948, Truman was the first presidential candidate to broadcast a paid political ad. Television was still in its infancy and most people listened to the radio for news and entertainment.

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**Advertise here for \$30 per week**  
 10 consecutive weeks, minimum  
**Call 430-0534**



ASSEMBLY  
from page 7

The Hymn Sing begins at 6 p.m. in the lobby of Clubhouse 3. People from various churches throughout LW and beyond attend the sing. People have the opportunity to select hymns that are directed by Dan Ballinger, accompanied by Norma Ballinger on piano and Dean Brown on banjo.

This Sunday the popular Wally and Fran Johnson will sing a duet, and Pastor Sam will close with a devotion, followed by fellowship time.

On Wednesday, Oct. 9, the Bible Study convenes at 10 a.m. in Clubhouse 3, Room 7, with a study from the book of Revelation, led by Pastor Sam.

The monthly Romeo and Juliet luncheon follows at 11:30 a.m. at Denny’s.

Visitors are welcome to all the services and events of the Assembly of God congregation.

—Norma Ballinger

HOLY FAMILY  
from page 6

**Blessing of the Animals**

On Oct. 4, the “Blessing of the Animals” ceremony starts at 10:30 a.m. outside the main door of the church. All are welcome to come with their special friends.

**Exposition of the Blessed Sacrament**

On Sunday, Oct. 6, after the noon Mass, concluding with Holy Hour from 4-5 p.m. Join us as we love and adore Jesus in the Blessed Sacrament.

**Masses and Confessions Schedule**

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

Aglow International

Aglow International will hold a luncheon at 11:30 a.m., Thursday, Oct. 10, at Mimi’s Cafe, 6670 E Pacific Coast Highway, Long Beach. Men and women are welcome.

Reservations should be made by Monday, Oct. 7. To RSVP, call 631-7291.

VIDEO  
from page 12

and Charlie Guggino sing 1950s songs for the Ed Sullivan show. Ed Sullivan is played by Eric Nelson.

•**Pickleball**

Producer Owen Hughes looks inside one of Leisure World’s most active groups, Pickleball players, in action at the beautiful Mission Park court. Pickleball is one of the fastest growing sports in the country—and it appeals to all ages.

•**Hui O Hula**

Spreading the Aloha spirit, Hui O Hula has been entertaining the community for many years. Guided by its personable instructor Jojo Weingart, class members enjoy performing and learning hula every week. Owen Hughes is the video producer.

WNV  
from page 1

“Weknow when the older population is exposed and people become ill, we are in jeopardy. I’m not saying this to cause alarm and fear; it means we must take the health effects of WNV seriously. Listen to the experts take care of your surroundings help your neighbor empty those flower pots and other standing water. It can only help you and all of us,” Massa-Lavitt continued.

According to Young, a Vector Control inspector is in the area on a daily basis as one of the district’s routine treatment locations is the Leisure World flood channel.

“While residents may still see stagnant water in the flood channel, it is being treated so no mosquito breeding is occurring,” Young said. “Mosquitoes spend most of their lives in standing water and during warm weather they can go through their life cycle in 5-7 days—from egg to adult. Once they become adults, mosquitoes like to rest in shady areas such as around hedges and shrubs.

“Currently our surveillance traps have not found any WNV positive mosquitoes in Leisure World; however, the district will continue trapping in the area until the weather cools down, and we see a decrease in mosquito activity throughout the county,” she said.

The total number of infected samples in Orange County this year is up to 149, according to the Vector Control’s West Nile Virus Activity Chart. Infected samples have been found in Anaheim, Buena Park, Cypress, Fullerton, Huntington Beach, Garden Grove, La Habra, Lake Forest, La Palma, Orange, Placentia, Santa Ana, Stanton, Tustin and Westminster.

Because of the elevated risk, mosquito control trucks have been deployed to spray small amounts of insecticide into the air to kill mosquitoes, the most recent applications were in parts of Anaheim, Buena Park, Cypress and Stanton on Sept. 26

WNV is a mosquito-borne disease that was originally found in Africa. In 1999, it was detected in the eastern United States; since then the virus has spread throughout the United States and is well established in most states, including California.

As of Sept. 20, 98 people in California have contracted WNV. Four of the cases were in L.A. County, according to a report by the California Mosquito-borne Virus Surveillance and Response Program. In 2018, there were 217 reported WNV cases in California, including 11 deaths.

Senior citizens are at a higher risk of getting sick and developing complications from WNV.

Vector Control recommends reducing the threat by taking the following steps:

- Conduct routine property inspections for mosquito-breeding sources. Look for standing water in planters, containers, puddles and remove it or report it. Mosquitoes can complete their life cycle in just one week in a bottle cap full of water.
- Report all standing water sources in the community (gutters, catch basins, conveyance channels, fountains, etc.). The Leisure World Purchasing Department sells a six-pack of Mosquito Dunks, which kills mosquito larvae for 30 days and will not harm people or pets, for \$9.88. Each Dunk will treat up to 100 square feet of surface water regardless of depth and are designed for use in water gardens, flower pots, bird baths and rain gutters.
- Make sure window and door screens are in good repair.
- Wear a mosquito repellent containing DEET, Picaridin, Oil of Lemon Eucalyptus, or IR 3535 when outdoors. Be sure to follow label instructions.

The best way to avoid WNV is to avoid being bitten by mosquitoes. Up to 80 percent of people who become infected will not develop any symptoms. About one in five will develop a fever, headache, body aches, joint pains, vomiting, diarrhea or rash. Most people with this type of West Nile virus disease recover completely, but fatigue and weakness can last for weeks or months.

Less than one percent of people who are infected will develop a serious neurologic illness such as encephalitis or meningitis. Symptoms can include headache, high fever, neck stiffness, disorientation, coma, tremors, seizures or paralysis. Neurologic effects may be permanent.

Contact the Orange County Mosquito and Vector Control District to report dead birds or for more information at (714) 971-2421 or [www.ocvcd.org](http://www.ocvcd.org).

Classifieds

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**AVON**

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Interior Flooring Solutions  
Hardwood floors, carpet, laminate, vinyl planks.  
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LW Weekly 430-0534

Puzzle Answers

Puzzle page 22

SCRABBLE G R A M S SOLUTION									
T <sub>1</sub>	A <sub>1</sub>	D <sub>2</sub>	P <sub>3</sub>	O <sub>1</sub>	L <sub>1</sub>	E <sub>1</sub>	RACK 1 =	60	
M <sub>3</sub>	I <sub>1</sub>	D <sub>2</sub>	L <sub>1</sub>	A <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	RACK 2 =	61	
S <sub>1</sub>	N <sub>1</sub>	A <sub>1</sub>	R <sub>1</sub>	F <sub>4</sub>	E <sub>1</sub>	D <sub>2</sub>	RACK 3 =	72	
E <sub>1</sub>	A <sub>1</sub>	R <sub>1</sub>	W <sub>4</sub>	O <sub>1</sub>	R <sub>1</sub>	M <sub>3</sub>	RACK 4 =	64	
M <sub>3</sub>	I <sub>1</sub>	S <sub>1</sub>	S <sub>1</sub>	A <sub>1</sub>	I <sub>1</sub>	D <sub>2</sub>	RACK 5 =	60	
PAR SCORE 255-265								TOTAL	317

Crossword Answers

A	P	E	R	S		P	O	S	H		A	M	I	N	D		S	W	A	G				
P	I	L	E	D		E	T	N	A		D	E	F	O	E		P	O	L	A				
P	U	L	L	S		E	T	O	N		E	N	I	A	C		I	M	U	S				
A	S	I	E			L	O	R	D	A	N	D	T	H	E	T	R	A	M	P				
L	I	O	N	E	L		E	E	L								S	I	R	E				
L	I	T	T	L	E	G	I	R	L	B	L	U	E				V	A	L	I	S	E		
						E	G	O	S					A	R	M		E	V	E	N	E	R	
A	S	S	A	M		A	L	A	S		P	S	I				E	T	T	E	N			
S	C	E	N	I	C		A	L	M	A	P	A	T	E	R	S		H	R	E				
H	A	N	D			A	R	M	O	U	R			S	T	A	T	U	E					
E	R	O	T	I	C	A		U	T	I	L	E		A	B	Y	S	M	A	L				
						R	O	M	A	N	S			O	O	L	A	L	A		C	O	G	S
L	I	I				M	O	T	H	E	R	T	I	M	E		T	A	G	O	U	T		
A	S	T	R	O			E	X	E					S	O	I	L		C	A	N	E	S	
G	L	A	I	R	Y		R	P	I								O	A	T	H				
S	E	W	N	T	O		M	O	N	S	I	E	U	R	B	O	V	A	R	Y				
						E	G	A	D	S				E	N	G		S	O	I	R	E	E	
G	E	N	T	L	E	M	A	N	F					I	N	G	E	R		T	A	M	S	
W	A	C	O			L	I	V	I	A				A	S	E	A		P	A	R	O	S	
Y	V	E	S			E	L	E	C	T				T	O	R	T		A	L	A	T	E	
N	E	S	S			D	E	S	K	S				E	N	O	S		M	E	T	E	D	

Sudoku Answers

1	4	3	6	2	8	7	5	9
9	2	8	7	5	4	3	1	6
5	6	7	1	3	9	8	2	4
2	3	5	8	4	1	6	9	7
7	1	9	2	6	3	5	4	8
4	8	6	5	9	7	1	3	2
6	9	1	3	7	2	4	8	5
3	5	2	4	8	6	9	7	1
8	7	4	9	1	5	2	6	3

The Basic Rules of Sudoku:  
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: GAUDY COURT KISSED THEORY  
Answer: The struggling young golfer wanted to quit, but her coach recommended she — STAY THE COURSE



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Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, **562-430-9966, 562-296-5040.**

## "ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and selling of your golf cart. 562-431-6859.

Let's lower your ears - I'll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

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Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 09/05

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Affordable Caregiver. Assist with showers, Dr. Appointments, medications, light house-keeping, etc. Live in Long Beach #ROD0003 Elizabeth 951-867-1275 11/14

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Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006.

**A WOMANS TOUCH**  
 • Personal assistant needs  
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**Customized Care for Your Pets**  
 Walks \* Visits \* Overnight Stays  
 References Available  
 Call or text Barbara 541-952-9007  
 Book now for the holidays!

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 Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

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**LW Weekly**  
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For over 3 years I have been giving all types of rides to Leisure World residents. Rides to the airports, doctors, cruise ports, shopping and errands I also enjoy helping my neighbors with chores and maintenance around their homes. Russ 714-655-1544. 10/24

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**ANY KIND OF CAR**  
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## ESTATE/MOVING/PATIO/CARPORT SALES

Patio Sale- 10/3/19. 13881 Thunderbird Dr, 64C. 830-387-9337

**ESTATE SALE:** Mutual 2-48H, 1503 Merion Way, October 3rd and 4th, Thursday and Friday from 9am to 2pm. Full House of everything, Sofa, Love Seat, Cabinets, Futon, Queen Bed, Dressers, Linens, Women's clothes, kitchen items and much more. Please come by and say Hi! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016.

BIG Carport Sale by mutual 15 neighbors. Thursday Oct. 3 and Friday, Oct. 4th. Near Del Monte and Mc Kinney Way. Many Treasures and Miscellaneous items.

Big Patio Sale in Mutual 7. Oct. 10th. Starts at 9 AM. Bring your change – lots of good stuff. 10/10

Patio Sale by owner, Oct. 10 & 11th (thurs. & Fri.) 9 a.m. to 2 p.m. Mutual 7 – 13300 N Fairfield Lane #175 J, Seal Beach. Old cameras, new car radio, new fish finder, emergency radios, small TV's, computers, barely used HP copier, 4" Metal toolbox – filled with tools, medical supplies from oxygen equipment to wheelchairs, bed pads, bath chairs, ladies clothing: two piece and three piece outfits. All types of office items, three desks, new dog fence, sofa with lounge chair, leather loveseat with sofa bed, glass coffee tables, complete kitchenware, five oak bookshelves, five piece dresser sold together or separate, lamps, clocks, tables. House and car cleaning aids, free items with purchase! Everything Negotiable! Questions call 360-623-5752, send email address if you would like pictures. 10/10

**Estate Sale – 1260 Oakmont Rd., Mutual 6 - 53F.** Thursday, Oct. 3 and Friday, Oct. 4 from 8:30–2:00. Sofa with amatching swivel/rockers, brass trunks, bar stools. Black lacquer cabinets and panels, dining set/hutch/server. Beautiful roll top desk, bookshelf units, sofa bed, king bedroom set. Costume jewelry, sewing machines, yarn, stereos, decor items. Resin patio set, lots of tools. **Estate Sales by Docia Drake**, 714-514-8232. PO Box 427, Seal Beach Bus. License ESD0001.

## L.W. APARTMENTS FOR SALE

LEISURE LIVING: Mr Hank & Associates.

Lowest Priced: Two bedroom, two bathroom Corner. Secluded enclosed patio. M 2-44G asking \$229,000 Reduced. All offers.

Fully expanded one bedroom unit on gorgeous Greenbelt. Walk-in closet, walk-in shower. M16 on St. John #51B Asking \$165,000 Must see this one. Call Mr. Hank for more info: 562-743-8473

Brand new remodel! Mutual 14. Expanded two bedroom, 1.5 bathroom unit. "Feng Shui" design, all of the extras including a large patio. M14. 49 E. Reduced to only \$435,000. Call Carl for more info 661-810-9410

Over 150 units for sale. We have M.L.S Access Leisure Living Resales, next to Wells Fargo Bank. 562-493-6601 Lic #636260. 10/03

## FUNERAL & MEMORIAL SERVICES

For sale: One cemetery plot. Westminster Memorial Park in Garden of Remembrance, section 671. \$5,000. Call 714-222-6741 from 9a.m. – 4 p.m. 10/10

Looking for a stress free way to get your house organized? Place a classified ad for miscellaneous items to get rid of clutter fast!









**Joanie Korman**  
LW Resident,  
Real Estate Specialist  
BRE#01937786  
(714)  
**308-8034**

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**Mutual 8 184K**  
2 Bedroom 2 Bathroom & Bonus Room  
Fabulous Kitchen  
Greenbelt  
Move in Ready  
Bring your Suitcase!  
**\$412,000**

**Coming Soon**  
**Mutual 6** 2 Bedroom 1 Bath  
Expanded, New Floors and Paint  
**Mutual 5** 2 Bedroom 1 Bath  
Fully Expanded, Great Location on Greenbelt, Trees  
**Mutual 5** 2 Bedroom 2 Baths,  
Fully Expanded,  
Light and Bright on Greenbelt  
**Call 714-308-8034 for preview**

Berkshire Hathaway Home Services, LLC



**JOYCE REED**  
Resident Broker  
Notary Available  
**596-8656**



**Mutual 9, 232K \$165,000**  
Cute 1-bed partial expansion,  
heat pump, close to carport.  
Move right in.



**Mutual 15, 1-D \$265,000**  
2-bedroom, 1-3/4 baths,  
expanded with small patio.  
Close to Main Gate, laundry  
and carport.



**Mutual 1, 54H \$192,500**  
Beautiful expanded,  
1-bedroom, washer/dryer,  
fresh paint, central heat/AC,  
dishwasher, built-in microwave,  
skylight in bath, dual-pane windows, wood shutters.

**Unbelievable Real Estate**  
DRE#00460268



**DONNA JEAN**

**McIntyre**  
Broker®/Realtor®

**714-350-9449**

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**Mutual 1 – 37L Annandale**  
2Bd/1Ba Expanded Corner Unit  
So-East Exposure on Greenbelt  
Super Bright, Laminate Floors  
Skylights, CLEAN. Carport space is  
close to unit, walk to shopping center!  
**Great Price Value \$214,900**



**Mutual 1 Very Private**  
RARE Extended 1Bd/1Ba, sits  
privately on greenbelt.  
South Facing, extra-large  
closet w/Carport and Laundry  
Steps away from unit!!  
**Perfect starter unit in LW**



**Mutual 14 with Curb Appeal**  
2Bd/1Ba Extended unit, NEW  
carpet, new paint, shutters,  
White kitchen, washer/dryer  
walk-in closet, skylights, tile patio  
w/stacked stone and storage closet.  
**This special unit will be a Keeper!**

#### FEATURED UNIT



**Mutual 4 – 47h Knollwood**  
Gorgeous 2 Bedroom/2 Bathroom  
Remodel sits on wide V-greenbelt,  
Chef kitchen, skylight, pantry,  
Washer/Dryer, laminate floors,  
Dual Pane Windows, Walk-in Closets,  
and Stainless Appliances.  
**Stunning! Tons of Details \$398,000**



An Independent Brokerage!



DRE#01335069

#### Our Buyers LOVE US!

M12	2Bd/1Ba	\$180,000	Just Closed
M12	2Bd/2Ba	\$343,950	Just Closed
M11	2Bd/1Ba	\$426,000	Just Closed
M16	1Bd/1Ba	\$140,000	Just Closed
M14	2Bd/1Ba	\$254,900	Just Closed



**Mutual 12 – 42a Interlachen**  
Nicely Upgraded Corner 2Bd/2Ba  
"WOW" Kitchen, Dual Pane Bay  
Windows, Built-ins, Central Heat/  
Air, W/Dryer, Granite, extras!  
**This GEM has it all! \$325,000**



**Mutual 14 – 20e Sunningdale**  
2Bd/1Ba South Facing, Extended,  
Central Heat/Air, Dual Pane Bay  
Windows, Skylights, Granite,  
Fresh Paint, Murphy Built-in.  
**Best Golf Course View \$315,000**



**Mutual 11 – 265G Interlachen**  
Expanded Corner faces greenbelt,  
Granite Counters, New Paint,  
Central Heat/Air, Dual sinks in Bath,  
Step in shower, Skylight, Solar.  
**Location ~ Location! \$259,000**



**Robin Gray**

**(562) 209-5605**  
rwgraysales@verizon.net  
DRE 01027333

Your Leisure World Sales Team



California Properties



**Barbara Diette-Dobias**

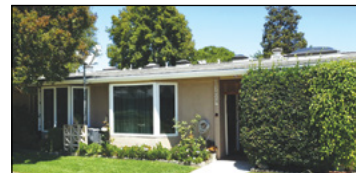
**(562) 754-5628**  
barbaradobias@gmail.com  
DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



**Mutual 11-268-K \$369,900 REDUCED** ... **FABULOUS** One-of-a-Kind drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, smooth cathedral ceilings, crown molding, beautiful floors, recessed lighting, skylights, central heat/air, spa tub in master bedroom, side by side w/d and so much more ....



**Mutual 7-168-E \$339,500 REDUCED** ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.



**Mutual 11-278-J \$208,000 NEW LISTING** ... Two bedroom, 1 bath basic unit on a pretty courtyard setting! Newer dual pane windows, heat-pump, granite counters in the kitchen and bath, solar tubes, covered patio with storage, and close street parking.



**Mutual 9-218-F \$395,000 PRICE TO SELL** ... Completely One-of-a-Kind Remodel! This elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



**Mutual 2-53-D \$204,000 NEW LISTING** ... Adorable cottage with a wonderful ocean breeze - 2 bedrooms, 1 bath with pretty laminate wood-look floors, New bathroom tile floor, New paint through-out, tiled patio with built-in storage, and an enclosed front patio giving you extra space without the added cost and a gorgeous view of the oversized courtyard and a fabulous tree!



**LET OUR Community Experience & Community Knowledge Make Your Move a Pleasant Event**

Together WE Have Over 30 Years of LW Experience

**CALL ROBIN & BARBARA**

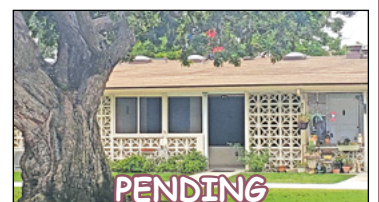
"Double the Effort. Double the Results"



**Mutual 15-23-R \$349,990 RESORT FEEL** ... Totally remodeled upstairs unit overlooking a pretty green and tree-lined courtyard! Open concept living with everything new! Beautiful floors and countERS, dual pane windows/sliders, stainless steel appliances, designer paint, central heat/air, washer/dryer, smooth ceilings, recessed lighting, and a balcony to enjoy the fabulous weather!



**Mutual 12-57-A \$349,000** 2 master bedrooms - 1.5 bath CORNER on a 'rare' 4-plex building with a wonderful ocean breeze and a huge tree right in front! Tile floors through-out, Corian counters, smooth ceilings, skylights, bay windows, central heat/air, and fresh paint!



**Mutual 1-19-C \$145,000**  
Basic one bedroom with view



**Mutual 7-153-A \$258,500**  
2 bedroom 1 Bath basic



**Mutual 17-47-A \$372,000**  
2 bed 2 bath Corner Condo

**PENDING**

**Mutual 6-143-E**  
**Mutual 3-23-H**

**Mutual 3-20-B Under Contract**

Check out our website [sealbeachleisureworld.com](http://sealbeachleisureworld.com) for more listings and how to purchase in Leisure World Seal Beach





**Kathy Gupton**  
Associate Broker  
DRE # 00744676



**Gloria Hadley**  
Realtor®  
DRE # 01057681

# Kathy & Gloria Gupton & Hadley

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### NEW LISTINGS

**Mutual 17, 88A \$469,000**

Fabulous 2-bedroom, 1-3/4-bath condo. Newly remodeled and upgraded. This elegant home features a spacious living room with sliding glass doors to private balcony that overlooks park-like greenbelt. Kitchen features stainless steel double door refrigerator, microwave, free-standing stove, custom cabinets with soft close doors, pantry, granite counters and back splash and designer lights. Formal dining room has mirrored storage closet. Master bedroom has double closets with mirrored sliding doors, plantation shutters and sliding doors to balcony. Remodeled master bathroom has tiled floors, custom cabinets with granite counters, and bathtub with shower and tiled walls. Second bedroom has sliding glass doors to balcony and mirrored wardrobe closet. Three-quarter bath has tiled shower and floors, custom cabinets with granite counters. Hallway nook has room for shelving or cabinet. Also featured are laminate floors, crown molding, cool gray walls, smooth ceilings and sprinkler system, and free laundry. Parking is definitely a decorator's delight and a must see!



**Mutual 12, 72H \$369,000**

Lovely expanded 2-bedroom, 2-bath home with many upgrades, great greenbelt view, leaded glass entry door with sidelights. Spacious living room with custom media center, dining area with skylight and ceiling fan. Kitchen has custom wood cabinets with pantry and extra storage, granite counter, Built-in appliances, including range, microwave, refrigerator, dishwasher, large skylight and ceiling fan. Master bedroom is expanded with walk-in closet and ceiling fan. Bathroom has custom wood cabinets with granite counter, linen closet, stackable washer/dryer and skylight. Second bedroom has large unique built-in along one wall providing more storage and French doors. Second bathroom with wood cabinets, granite counter and another shower. This home also features, Central heat and A/C, dual pane windows, laminate flooring throughout except carpet in second bedroom, plantation shutters throughout. This is an exceptional home and has so much to offer so you must come and take a look for yourself.



**Mutual 4, 89D \$197,000**

Nicely expanded 1 bedroom 1 bath on lovely greenbelt, leaded glass entry door, spacious living room leading to open kitchen with plenty of room for dining area, kitchen with white cabinets, newer counter, skylight, built-in appliances including microwave and dishwasher. Bathroom has newer counter, skylight, stackable washer/dryer and linen closet. Bedroom expansion with walk-in closet, ceiling fan and carpet. This home also features, Central Heat and Air Conditioning, dual pane windows, plantation shutters, laminate flooring in kitchen and living area, very soothing paint colors, abundant natural light. If you are looking for a home that is move in ready then come and take a look as this unit as it has everything you could want!



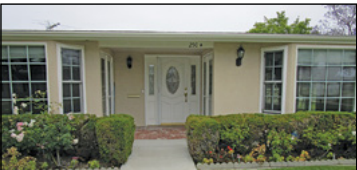
**Mutual 1, 2F \$369,000**

Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room with closet for extra storage, heat pump. Kitchen has built-in appliances, quartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, quartz counter. Expanded master bedroom with walk-in closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings, dual pane windows. This unit is move-in ready and a must see.



**Mutual 10, 250A \$449,000**

Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Kitchen has large island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!



**Mutual 5, 96G \$318,000**

Lovely 2 bedroom 1 bath corner unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



**Mutual 4, 78B \$159,900**

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure. Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



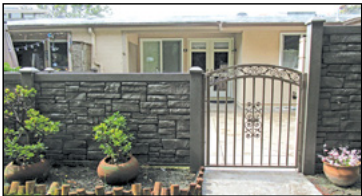
**Mutual 6, 128G \$289,000**

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



**Mutual 15, 40B \$289,000**

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight for abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with glass doors. Master bedroom and second bedroom have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.



**Mutual 15, 25F \$476,000**

Fabulous 2 bedroom, 1-3/4 bath, remodeled atrium floor plan, featuring an open kitchen with custom cabinets with pull-out shelves, lazy-susans, granite counters, stainless steel appliances including dishwasher, microwave and beverage cooler. Also a water purification and filter system. Dining room is adjacent to sizable living room. Master bedroom has mirrored wardrobe doors. Private full bath has granite counters and bathtub enclosure. Second bedroom may be used as a den or office, has mirrored wardrobe doors, ceiling fan and built-in shelves. Second bathroom has granite counters, walk-in shower and stacked washer/dryer. Atrium has an electrically operated skylight. Additional features are double-pane windows with shear covered blinds, central heat/air, hardwood floors. Private large enclosed brick patio partially covered with extra storage cabinets and jacuzzi.



### PENDING

Mutual 11, 265L	
Mutual 15, 28G	\$389,000
Mutual 1, 42J	\$148,000
Mutual 1, 44B	\$179,900
Mutual 10, 247H	\$159,000
Mutual 4, 48K	\$225,000
Mutual 9, 237G	\$315,000
Mutual 5 124L	\$265,000

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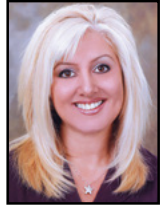
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## THIRD QUARTER MARKET UPDATE SOLD UNITS

July 2019 thru September 2019

### BASIC UNITS

1 Bedroom: \$115,000 to \$184,500  
2 Bedroom – Inside: \$155,000 to \$262,000  
2 Bedroom – Corners: \$170,000 to \$220,000  
Exception: - \$375,000 (on golf course)

### EXPANDED UNITS

1 Bedroom: \$120,000 to \$180,000  
2 Bedroom – Inside: \$197,900 to \$300,000  
Exception: Units with 1+ baths: \$273,000 to \$449,000  
2 Bedroom – Corners: \$199,000 to \$340,000  
2 Bedroom Units with 1+ baths: \$343,950 to \$530,000

### MUTUAL 15

2 Bedroom Apartment Style - \$260,000 to \$295,000  
Atriums: \$279,000  
Atriums with 1+ baths: \$450,000 to \$485,000  
One bedroom: \$200,000

### MUTUAL 17 – CONDOS

No condos closed during this quarter

Prices are determined by location, condition and amenities...

Based on information available to us at time of publication. Reflects ALL closed sales.

*If you would like to know the value of your unit, please call  
for a free Comparable Market Analysis.*

# 562 598-1388

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***FOR 2019 - I have a total of 74 Leisure World pending and closed sales.  
I Have Buyers For Yours Too! - Call Me Today For A Free Market Evaluation!***

1682 Monterey #11H - M2 - \$229,000

2 bedroom, 1 bath, enclosed patio with 2 skylights, dual pane windows and custom front door. Beautiful greenbelt location! 3 A/C heat pumps.

1601 Glenview Rd. #64A - M12 - \$372,000

PRICE REDUCTION!!!  
2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$194,500

Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

1603 Merion Way #42J - M2 - \$127,000

SOLD, IN ESCROW!  
Basic 1 bedroom, 1 bath with AC unit in living room and bedroom. Storage on the patio.

13741 Thunderbird Drive #49D -M1- \$177,500

SOLD, IN ESCROW!  
Clean 1 bedroom, 1 bath with dual pane windows, heat pump, large storage shed on patio, dishwasher, white kitchen cabinets, large skylight in kitchen and bathroom. WASHER/DRYER.

1330 Oakmont Road #144L - M6 - \$250,000

Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

1261 Knollwood #45C - M-4 - \$210,000

TAKING BACK UP OFFERS!  
SOLD, IN ESCROW!  
.2 bedroom, 1 bath on a quiet greenbelt location with mature trees.. In need of some TLC. Close to parking and laundry.

13630 Alderwood Lane #77L - M4 - \$219,000

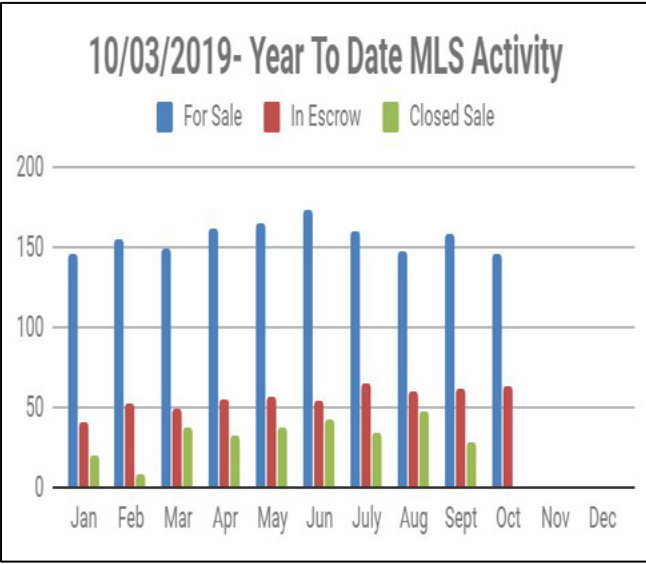
Original corner unit in with 2 bedroom, 1 bath. Storage on patio. Needs TLC.

13560 St Andrews Dr., #3B - M14- \$449,000

NEW LISTING!!!  
Fully expanded 2 bdrm, 1 1/2 bth. Remodeled, new Stainless Steel appliances, central A/C and heat, dual pane windows, plantation shutters, wshr/dryer, 4 skylights located on 1st tee of golf course

1781 Sunningdale Rd., #48L - M14 - \$404,900

Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.



I Have Access To The Total Inventory

On October 1st, 2019 a total of 145 units show as active listings on the CRMLS (this is where Realtors list property for sale).

26 - 1 bedrooms, 1 bath from \$125,000 to \$199,000

58 - 2 bedrooms, 1 bath from \$163,000 to \$430,000

61 - 2 bedrooms, 2 baths from \$229,000 to \$509,000

Please give me a call for detailed information on any of these properties!







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