



Donation Truck is Coming

Donate your rummage to the Salvation Army on Oct. 31 in the parking lot of Clubhouse 2. See page 20 for more.



Accessing Services in Leisure World

Learn how to hail a ride, get groceries delivered, and use transportation and library services for the best of LW living at a Town Hall Oct. 11 at 1 p.m. in Clubhouse 4.

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CITY OF SEAL BEACH



Cmdr. Phil Gonshak will take the reins on Dec. 1

City Manager names a new SB police chief

Seal Beach Police Cmdr. Phil Gonshak has been promoted to chief of police effective Sunday, Dec. 1. City Manager Jill Ingram announced Gonshak's promotion on Sept. 30. He is a 19-year veteran, who spent seven years as an officer in his native Tempe, Arizona, before joining Seal Beach's police force in 2007.

He has served as police officer, corporal, sergeant and commander where he has had a variety of assignments in patrol, field training, special investigations, narcotics, and SWAT operator and sniper.

Additionally, he is currently serving as West County SWAT Commander for a regional team which serves the cities of Seal Beach, Cypress, Los Alamitos, Westminster and Fountain Valley.

"Chief of Police Joe Miller has expertly led the Seal Beach Police Department ensuring the community remains one of the safest in Orange County," City Manager Jill Ingram said. "Commander Phil Gonshak's breadth of experience, leadership skills and management abilities combined with his keen knowledge

SBPD, page 3

AMERICAN RED CROSS



Blood drive is Oct. 25

The American Red Cross will have a blood drive from 9 a.m.-3 p.m. on Friday, Oct. 25, at the Health Care Center.

One donation can save up to three lives; every donor makes a difference. Every two seconds, someone in the U.S. needs blood.

To schedule an appointment, call Lisa Love at (909) 282-6685 to make an appointment or visit RedCrossBlood.org and enter the sponsor code "leisure."

REDEEMER RESPITE CARE



Redeemer Respite Care—led by Mary Taylor (r, kneeling), OC Care Connections administrator, and Lori Dion (l, kneeling), Redeemer's on-site supervisor—provides an oasis of safety for clients and a break for the caregivers who love them. The program is available for all LW residents.

It's a place of safety and hope



This client was a florist by trade, and a recycled bunch of flowers led to a peaceful afternoon making bouquets.



That day, everyone got to take home arrangements made from flowers left from a funeral at Redeemer Lutheran.

Editor's note: Some names were omitted or changed to protect privacy.

by Ruth Osborn
rutho_news@lwsb.com

Downstairs in the basement of Redeemer Lutheran Church is a little-known but precious haven for people struggling with Alzheimer's disease and other forms of memory impairment.

Redeemer Respite Care, an Orange County Care Connections Outreach program, is designed for seniors who are frail, require extra care and supervision or are diagnosed with mild to moderate memory impairment. Founded in 1997, the program is affordable and available to everyone in the Leisure World community. It is open from 9:30 a.m.-3:30 p.m. on Mondays, Tuesdays and Thursdays. For more information, call (714) 899-1692.

It's a place of safety for the clients and one of hope for the caregivers who love them.

"It's been amazing," said Patty. "I came here for 15-plus years, one day a week. Her husband, who is now in a care facility, has Alzheimer's. She visits him there but still returns to Redeemer, just to say hi to the people who work here."

"We became friends," she said. "Some have passed away or moved over the years, but the friendships endure. They understand what we go through. I watched my husband for 20 years, and it took a toll on me."

"For all of us who leave our people here, it's a secure place. There are activities, trivia puzzles, arts, crafts, music and stuff to keep them busy."

It's true. The place is bustling. On one wall is a colorful collage of artwork under the banner "Memories."

Captured here are brightly rendered paintings depicting the wispy recollections

RESPITE, page 2

GOLDEN AGE FOUNDATION



'On Broadway' gala tickets are on sale

Join friends and the Leisure World community for an evening "On Broadway" hosted by the Golden Age Foundation. The 46th gala to honor its donors will be held on Oct. 19 in Clubhouse 2. The doors open at 4:30 p.m.

A complimentary photo booth will be staffed by photographers Harry Varnas and Mel Blake.

Country Garden will cater the dinner, and entertainment provided by Ryan Christopher, RCA recording artist. For more information, see the Gala photo on page 20.

ARTS & CRAFTS FEST

Sign up for tables on Oct. 16 in CH 2

The 51st annual GRF Arts & Crafts Festival will be held on Friday, Nov. 1, and Saturday, Nov. 2, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival is for the purpose of encouraging the creative talents of Leisure World GRF members.

LW artisans who want to participate can sign up at Clubhouse 2 on Wednesday, Oct. 16, from 7-9 a.m.

While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/member. No manufactured articles may be sold. Each seller must live in Leisure World and be a GRF member to sell at the festival.

OPTUMCARE FLU CLINIC

Mutuals scheduled for Oct. 18 clinic in CH 6

The annual Health Care Center Flu Shot Clinic will be held on Friday, Oct. 18, from 8 a.m.-3 p.m. in Clubhouse 6. Each mutual is scheduled by time (see schedule, page 18); a make-up clinic on Oct. 29 will be in the Health Care Center, Conference Room 1.

OptumCare is offering two vaccines this year: a regular dose and a stronger dose for residents age 65 and older. The cost for the flu shot is \$40 for the regular dose and \$64 for the stronger dose. The costs are higher than last year for everyone.

There are two ways to pay:
• Your health insurance. Bring

FLU page 18

FALL FESTIVAL

Event features L.A. Sound Machine, festive food, clubs

The 2019 GRF Fall Festival will be held from 10 a.m.-1 p.m. on Oct. 26 in Clubhouse 6. The LW CERT Club, in conjunction with the Security Department and several service clubs, will demonstrate what is new in emergency preparedness. The L.A. Sound Machine, a Gloria Estefan tribute band, will be rocking outdoors with a Latin flavor. The band highlights all of the mega-hits from the 80s to today.

Food will be offered by Koffel's food truck as well as a tri-tip barbecue (\$10) for heartier appetites. The Theater Club will provide complimentary face painting.

In addition to OC agencies and LW Service clubs, vendors include:

- SOCAL Animal Response Team (SCART)



LA Sound Machine

- The Salvation Army
 - OC 211
 - LW Radio Club
 - SBPD VIP
 - Make A Difference CPR, First Aid and AED
 - Blue Can Water
 - CERT Study Group
 - Security
- LW EIC
 - More Prepared
 - ARES, a radio communications service group in L.W.

Shuttle service will be available from the Clubhouse 4 lot, so plan to park and ride. For more information, contact events@lwsb.com.

AES Energy Center Update

The AES Energy Center is undergoing construction. Workers are getting the combined cycle gas turbine ready for commissioning and start-up activities.

Part of the process involves

blowing steam through the new system's piping, which started last week. Steam blows cause an intermittent, temporary hissing noise and large steam plumes, which initially have a yellow or

light orange color. The California Energy Commission regulates steam blows, which are allowed during daytime only. Noise levels are within limits set by the City of Long Beach.

RESPITE
from page 1

of people who are holding on to what they have.

Ray has painted the desert with an endlessly high sky over sandstone mountains. It seems to be a remembered place from another time. Tom's "Tiger Face" is the outline of a big cat, whiskerless and without a mouth, but with big eyes gazing out.

There are several pictures of butterflies, as if the artists are captivated by the idea of lives in flight; and one picture shows two animals, perhaps rabbits, one smaller than the other, nestled together inside a ring of yellow and green. The painting evokes the feel of a mother and child sealed in bubble of love.

The beautiful Memory Wall is a silent witness of once-full lives. Distant and fading recollections are the struggle of dementia but clearly there are ways to tease out the strongest links to life: love, freedom, flight, open skies.

The wall is part of the Alzheimer's Orange County "Memories in the Making" program. Volunteers train through Alzheimer's OC and then go to sites like Redeemer's center, to facili-

tate the program. Polly Cross is Redeemer's volunteer. She guides clients in painting their pictures and encourages them to express their feelings and ideas as they are creating.

Mary Taylor, OC Care Connections administrator, and Lori Dion, Redeemer's on-site supervisor, also help people to reattach, however briefly, to the precious things in their lives. And they are very creative about it too.

For example, after a funeral, Redeemer Lutheran had a five-foot wide floral arrangement of roses, carnations and wild indigo.

"It was absolutely stunning," said Redeemer Lutheran Pastor Lisa Rotchford. "But what do we do with it? I took it downstairs. (A respite care client) was sitting alone, and her face lit up when she saw the flowers."

It turns out she was a florist in her life, so Lori got some vases and scissors, and (the client) made arrangements that everyone got to take home.

"The flowers honored a man at his funeral, and they got a woman out of her shell," said Pastor Rotchford.

Another shell-breaker is Dottie, a service dog that periodically visits the site. One client in particular loves dogs and as soon as he sees Dottie, he gets down on all fours to snuggle. He and his wife, who brings him to the program, are new to the Redeemer center. She heard about it in a support group. Her husband is recovering from a stroke.

"This program has been amazing," she said. "It's one day a week but it gives me a break, some time alone, and I don't have to worry. I know I can leave him and it's OK."

The power of community is evident.

Clients arrive, have a morning snack and coffee, and then begin the first activity of the day. It could be word games, puzzles or a memory exercise. Afterward, they get up for a walk and do chair exercises.

The rest of the day is filled with sing-alongs, lunch, rest and maybe a movie or TV show.

The afternoon quiet time "gives clients a chance to rest since they stay engaged the entire time they are with us," said Mary. "After the rest, depending on the day, they will either do Memories in the Making, a craft or other activity before getting picked up at 3:30 p.m."

"Our caregivers create the activities for each day, and they are sensitive to clients' needs when choosing them."

The center also celebrates birthdays and other special occasions when the families come and have lunch.

The Respite Care Center offers a full day of care and cognitive conditioning for \$55; a scholarship is available.

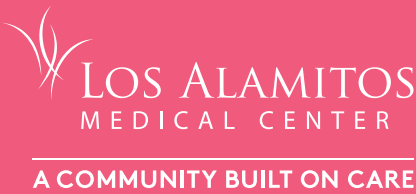
"I love our program because it isn't only about providing activities or care; it's also about treating our clients with dignity and compassion," said Mary. "Oftentimes we get caught up in the diagnosis or disease, but what they truly need is space to feel like individuals who are seen and treated with respect and value, and I believe our program can remind the larger community of this need too."



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October is Breast Cancer Awareness Month.
Receive a free gift when you get your mammogram done in October.



CTAP

Reps will be in LW Friday at 8:30

The California Telephone Access Program offers a range of free, specialized phones that makes it easier for people to hear, dial and call. It also has phones that are designed for those with restricted mobility, speech impairments, or who are blind or deaf.

Applying is easy.

1. Pick up an application form at the Health Care Center, Library, News Office or the Member Resource Office (Administration Building, 2nd floor). Fill out Part 1.

2. Have Part 2 of the application filled out and signed by a medical doctor or other authorized professional.

3. CTAP representatives will be in the LW Health Care Center for the next three months on Oct. 11 from 8:30-11:30 a.m., Nov. 22 from 10 a.m.-noon, and Dec. 27 from 10 a.m.-noon to answer questions about the free special-

CTAP, page 16

SBPD

from page 1

of the community make him well-suited to become the city's next chief of police with the ultimate goal of serving and protecting everyone who lives, works or visits Seal Beach," she added.

Cmdr. Gonshak has a bachelor's degree in business administration, a POST Management Certificate, as well as a master's degree in Public Administration, all from California State University, Long Beach (CSULB). He is also a graduate of the Sherman Block Supervisory Leadership Institute's Class #384, the Los Angeles Police Department's West Point Leadership Program, and the FBI National Academy Class #260.

Cmdr. Gonshak and his family live in Seal Beach. During his spare time, he enjoys spending time with his wife, three daughters and two-year-old grandson as well as teaching public administration courses as an adjunct professor at CSULB.

"Being appointed to serve as Seal Beach's next chief of police is certainly the highlight of my career," Cmdr. Gonshak said. "I'm extremely grateful for the trust and confidence I've been given by City Manager Jill Ingram, the City Council, and my colleagues at the police department. I am looking forward to continuing to serve and protect our community in this new role."

The city will bid farewell to current Police Chief Joe Miller during the city council meeting Dec. 9. Chief Miller is retiring after more than 31 years of exemplary leadership and service with the Seal Beach Police Department.

During his nearly three-year tenure as chief, he gained the confidence and respect of the City Council, City Manager, City staff, police department and community. Under his leadership, the SBPD benefited from improvements that included enhanced community-based policing such as the creation of the COP Team, the Leisure World Investigator, and the establishment of five new police officer positions.

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M. Jones



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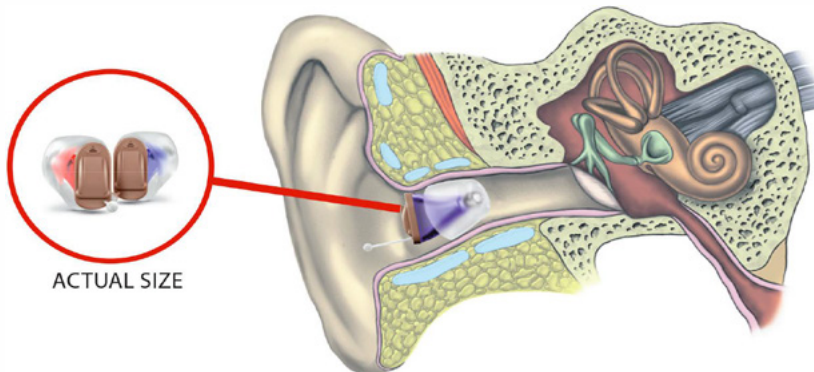
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Perspectives

WATCH YOUR STEP

Feds crack medicare fraud case

by Cathie Merz
cathiem_news@lwsb.com

Federal agents recently cracked a Medicare fraud scheme, “Operation Double Helix,” that enticed seniors to get their cheeks swabbed for unneeded DNA tests.

The hoax preyed on people’s fears of harboring genetic markers for diseases such as cancer. Genetic testing is not generally used to screen for cancer.

The alleged scam flourished at a time when many people are getting DNA tests to trace their family heritage.

This scam puts the patient’s Medicare ID in the hands of imposters who can sell it for illicit purposes and potentially compromise unique details of an individual’s make-up.

This scam could also lead Medicare to deny future coverage for genetic testing when there really is a need, since the patient’s record would show such an analysis was already done. Patients should only have genetic testing if their own doctor orders it, officials say.

“Operation Double Helix” targeted telemarketing companies, doctors and labs.

In the scam a telemarketer or in-person “recruiter” convinced Medicare enrollees to take a genetic test, assuring them that the program would pay the full cost. The patient provided his/her Medicare information. A doctor connected to the imposters approved the test, and collected a kickback from the recruiting company. A lab participating in the scheme ran the test, billed Medicare, and shared payments it collected from the government with the recruiter.

The crackdown was a joint effort by the FBI, U.S. attorneys’ offices, and the Health and Human Services inspector general. More than 30 people were charged around the country. Medicare was billed about \$2 billion in this scheme.

...

Darlene Merrill, Mutual 1, recently received a call from “Medicare” offering her a free knee brace and back brace.

Durable medical equipment (DME) fraud is one of the leading ways criminals commit health care fraud. It is commonly accomplished by filing false insurance claims with Medicare or insurance companies.

Unlawful DME companies solicit beneficiaries through robocalls

SCAM, page 12

Letters to the Editor

Editor:

The restaurant/bar survey neglected to ask if respondents wanted to have just a restaurant without a bar. I suspect that would have been the majority choice. Did they not ask because a restaurant without a bar is not profitable?

While I would be in favor of a casual restaurant with no bar, I absolutely would not like to use clubhouse space for it. In fact, that should have been on the survey – Clubhouse 1, Clubhouse 2, or no clubhouse at all.

If they put it in a clubhouse, would that prevent groups that reserve the clubhouse from having BYOB events or from using their own caterers? Would events held in that clubhouse be prevented from using the kitchen facilities because they would be reserved for the restaurant’s use?

Would GRF (meaning the shareholders, actually) have to put up money for remodeling or other changes to accommodate a restaurant? How much is anticipated, and what is the payback period? There are so many questions to be answered and facts to be clarified that I think there should be a town hall to discuss this before it goes any further. Actually I think this is one of the worst ideas GRF has suggested. Restaurants do not make money for several years, and many are out of business within five years.

Beverly Bender, Mutual 17

Editor:

In June 2008, a significant court case labeled GRF an “Association,” thwarting GRF’s intention to remain a Community Service Organization. GRF operated as a CSO for 45 years prior to the court case, and that designation, coupled with the coordinated business model, benefited the entire LW community. The roles of GRF and the 16 separate Mutuals were clearly defined in relation to the community’s governance.

The impact of the court case has been, and in all probability will continue to be, debated. What should be evident, however, is

the uncertainty, confusion and sometimes chaos in relation to the GRF/Mutuals’ relationship, because that relationship is no longer clearly defined.

The blowback from this court case is reflected in Mutual assessments. In the eight years prior to the court case, my Mutual assessment increased approximately 11 percent. Since the 2008 court decision, my assessment has gone up 66 percent!

Someone please tell me, how exactly did this court decision benefit LW?

Mary Milhorne
Mutual 2

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Setting It Straight

The notice about the 405 on-ramp closure on page 2 of the Oct. 3 edition of the LW Weekly was incorrect. The ramp that is actually closed for about a month is the northbound I-405 on-ramp from southbound Beach Boulevard near the border of Westminster and Huntington Beach.

The location of the 2019 OptumCare Flu Clinic was omitted from the Oct. 3 story. The flu clinic will be held in Clubhouse 6. See page 1 for more information.



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VOL. 43 NO. 41

Government

Presidents' Council

The following is a recap of the Presidents' Council meeting on Oct. 3 in Clubhouse 4.

The regular monthly meeting of the Presidents' Council of Seal Beach Leisure World was convened at 8:58 a.m. by President Jackie Dunagan on Thursday, Oct. 3, 2019, in Clubhouse Four, followed by the Pledge of Allegiance.

- Meeting Recap:
- The regular monthly Council meeting minutes of September 5, 2019, were approved by general consent of the Council as written.
 - Mike Weedall of Fenn Pest Control outlined the mosquito traps program including price, scheduling, storing, and safety of the mosquito traps. Mr. Weedall will provide the technical name of the pesticide and safety sheets to the Council.
 - Eloy Gomez, Safety/Emergency Coordinator, discussed ways to reduce mosquito breeding and prevent mosquito bites.
 - Julie Rodgers, Purchasing Manager, discussed Mosquito Dunks which are available for purchase at Copy & Supply.
 - The Council had no unfinished business to discuss.
 - Victor Rocha, Security Services Director, summarized operation of the Security department, towing, and parking enforcement.

Also mentioned was that policies and procedures will be reviewed. Upcoming discussions with mutual boards will include decals, knoblocks, selective enforcement, due process, occupancy checks, and emergency preparedness.

The next Council meeting is Thursday, Nov. 7, at 9 a.m. in Clubhouse 4.

MUTUAL 6

Town hall meeting is Oct. 16 in CH 4

- Mutual 6 will host its annual town hall meeting on Wednesday, Oct. 16, at 6 p.m. in Clubhouse 4. The doors open at 5:30 p.m. All Mutual 6 shareholders are encouraged to attend. Items on the agenda include:
- Presentation of 2020 budget and Mutual reserves
 - Fire Inspections, Nov. 4-15, Buildings 53-68
 - Emergency Preparedness and the California Shakeout Oct. 17 at 10:17 a.m.
 - Shareholder questions-and-answers

Many experience significant increase in property taxes for 2020

Many Leisure World residents will see a significant increase in the property tax payment portion of their monthly assessment. Although under Proposition (Prop.) 13, property values can only increase up to 2 percent per year, if you have been receiving the benefit of Prop. 8, a Decline in Value law passed in November 1978, your 2020 tax payments may have an increase of more than 2 percent.

Here is how Prop. 8 works. In the wake of the economic downturn in 2007, many homeowners took advantage of Proposition 8 to reduce their property taxes. Prop. 8 allows for a temporary reduction in the assessed value when real estate values decline.

Prop. 8 amended Prop. 13 to recognize declines in value for property tax purposes. As a result, Revenue & Taxation Code Section 51 requires the Assessor to annually enroll either a property's Proposition 13 base year value factored for inflation, or its market value as of Jan. 1, whichever is less.

Once a Prop. 8 reduced value has been allowed, that property's value must be reviewed each year to determine if any restoration of value is warranted.

Values determined under Prop. 8 only apply to one assessment year; therefore, as the market recovers, property values can increase more than 2 percent per year, until it reaches the assessed value limit determined under Prop. 13. The two-percent-a-year value change limit does not apply to assessments made under Prop. 8. It only applies to the base value set under Prop 13.

Here is an example of how 2020 tax payments may result in a higher than 2 percent increase over last year. Please refer to the table below. For units that have experienced a decrease in base value under Proposition 8, the law allows for the restoration of the base value to the amount that it would have been under Proposition 13 if there had been no Proposition 8 adjustment. This means that if housing prices had fully recovered to pre-recession levels, the unit in our example could

have gone from a base value of \$182,000 to a base value of \$210,130. This is because, if there had not been a Proposition 8 adjustment, and the property value had been adjusted up every year by 2 percent, it would be at a value of \$210,130 for the 2019-2020 tax year.

Some shareholders have seen a full restoration of their unit value because their initial drop in value was small. Many other shareholders have seen a partial restoration of their unit values. Those shareholders whose units have not seen a full restoration of value will see additional increases in the future, as the market continues to improve and home prices continue to rise.

Proposition 8 Adjustments:				
	From	To	Change	
2011	169,000.00	118,000.00	(51,000.00)	Proposition 8, Economic Adjustment
2012	118,000.00	118,000.00	-	
2013	118,000.00	111,000.00	(7,000.00)	Proposition 8, Economic Adjustment
2014	111,000.00	112,200.00	1,200.00	
2015	112,200.00	123,420.00	11,220.00	Restoration of Value
2016	123,420.00	166,000.00	42,580.00	Restoration of Value
2017	166,000.00	182,000.00	16,000.00	Restoration of Value
2018	182,000.00	182,000.00	-	
2019	182,000.00	182,000.00	-	
2020	182,000.00	195,091.00	13,091.00	Restoration of Value

Allowable Increases Under Proposition 13:				
	From	To	Change	
2009	169,000.00	169,000.00	-	0%
2010	169,000.00	172,380.00	3,380.00	2%
2011	172,380.00	175,827.60	3,447.60	2%
2012	175,827.60	179,344.15	3,516.55	2%
2013	179,344.15	182,931.04	3,586.88	2%
2014	182,931.04	186,589.66	3,658.62	2%
2015	186,589.66	190,321.45	3,731.79	2%
2016	190,321.45	194,127.88	3,806.43	2%
2017	194,127.88	198,010.44	3,882.56	2%
2018	198,010.44	201,970.64	3,960.21	2%
2019	201,970.64	206,010.06	4,039.41	2%
2020	206,010.06	210,130.26	4,120.20	2%

Proposition 8 Allows for the Recapture of Base Value				
If home prices had returned to their full, pre-recession values, the unit in our example could legally see the following increase in base value.				
	From	To	Change	
2020	182,000.00	210,130.26	28,130.26	15%

Although some units have seen a full restoration of their values. Other will see their values recaptured in increments, so more supplemental tax bills will be coming for those units.

	From	To	Change	
2021	195,091.00	203,790.00	8,699.00	4%
2022	203,790.00	209,800.00	6,010.00	3%

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, Oct. 10	Communications/IT Committee Administration..... 1 p.m.
Friday, Oct. 11	Executive Committee Administration..... 1 p.m.
Monday, Oct. 14	Finance Committee Conference Room B 9 a.m.
Monday, Oct. 14	Mutual Administration Committee Administration..... 1 p.m.
Tuesday, Oct. 15	Website Ad Hoc Committee Administration..... 1 p.m.
Wednesday, Oct. 16	Strategic Planning Ad Hoc Committee Administration..... 10 a.m.
Tuesday, Oct. 22	GRF Board of Directors Clubhouse 4 10 a.m.
Tuesday, Oct. 24	Management Services Review Ad Hoc Administration..... 1 p.m.

GRF Board Executive Session 11:00 a.m., October 18, 2019 Administration Conference Rm

- NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935; agenda subject to change
- A. Call to Order-President Stone
B. Roll Call
C. Legal
D. Contracts
E. Member Disciplinary Actions
F. Personnel
G. Adjournment

Supplemental tax bills will be sent to shareholders whose property values were lowered after the economy pounded the real estate market in 2007-08 and have been reassessed at higher values for the 2019-20 tax season. The tax bill covers the increase in assessed value for the six months from July 1- Dec. 31, 2019. The county's tax year is July 1, 2019-June 30, 2020, and the supplemental bill will cover the first half of the tax year and the increase in your monthly tax payments will cover the second half of the year.

Additional information regarding Proposition 8 can be found at <http://www.boe.ca.gov/proptaxes/decline-in-value/#FAQs>.
from the GRF Finance Department

Schedule of Mutual Meetings

- Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:
- Thursday, Oct. 10 **Mutual 12**
Administration9 a.m.
- Friday, Oct. 11 **Mutual 3**
Administration9 a.m.
- Monday, Oct. 14 **Mutual 9**
Administration9 a.m.
- Tuesday, Oct. 15 **Mutual 14**
Conference Room B..... 1 p.m.
- Wednesday Oct. 16 **Mutual 5**
Conference Room B.....9 a.m.

MUTUAL, page 26

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Religion

Beit HaLev

Beit HaLev services are accessed online on *Livestream.com/Galityomtov* and *Facebook.com/galityomtov*. Shabbat Ma'ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

In addition to the Sabbath services, Rabbi-Cantor Galit Shirah also conducts a short Weekday Ma'ariv (evening) service every Thursday at 4 p.m. on *SimShalom.com*, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourners Kaddish.

The Torah reading for this Shabbat T'shuvah (The Sabbath of Returning) is "Ha'azinu," and Moses completes his final address to the Israelites in a song. The man who feared that he was incapable of speaking to Pharaoh expresses eloquently the future of the Israelite people, including his vision of their eventual rejection of HaShem and punishment through exile. Moses is then given a view of the land he will not enter before he ascends Mt. Nebo and his death.



The schedule of livestream services (links are above) for Sukkot is:

- Sunday, Oct. 13: Erev Sukkot, 6 p.m.
- Monday, Oct. 14: Sukkot Day 1, 10:30 a.m.
- Tuesday, Oct. 15: Sukkot Day 2, 10:30 a.m.

Hebrew classes are suspended for the high holiday season. Classes will resume on Nov. 6. Call (562) 715-0888 to enroll.

LW Baptist Church

The Leisure World Baptist Church holds a Sunday service on Oct. 13 in Clubhouse 4. Sunday School is from 8:40-9:10 a.m. Friends gather at the round table for coffee until 9:45 when the morning worship service begins.

All sing the call to worship, "He has Made Me Glad," a great hymn of praise written by Leona Von Brethorst. Under the direction of Darlene Harris, the choir will sing "We're Marching to Zion."

Congregational hymns include "How Firm a Foundation," "God Has Spoken" and "Wonderful Words of Life." Pianist Yvonne Leon will play for the offertory.

Pastor Rolland Coburn's morning message from Romans 9: 25-33 is titled "God's Prophetic Word is Absolutely Sure."

The closing hymn will be "The Old Book and the Old Faith."

The Prayer Room is open following the service.

A women's Bible study and fellowship will meet at 10 a.m. on Monday, Oct. 14, in Clubhouse 3, Room 6.

The Energizers will meet at 3 p.m. on Wednesday, Oct. 16, in Clubhouse 3, Room 6.

For more information, call 430-2920.

Mindfulness Meditation

The Buddha Circle will meet for a Mindfulness Meditation session from 2-4 p.m. on Wednesday, Oct. 16, 23 and 30 in Clubhouse 3, Room 7. The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email mindfulcircle@yahoo.com.

CONGREGATION SHOLOM

Sukkot service is followed by Pizza in the Hut

Congregation Sholom will have a Friday night service at 7 on Oct. 11 in Clubhouse 3, Room 9, with Rabbi Rachel Axelrad. An oneg Shabbat will follow the service.

On Saturday, Oct. 12, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, with Rabbi Axelrad. An hour of Torah study will begin at 10:15. The service will continue until about noon and will be followed by a potluck lunch.

Sukkot services will be held on Monday, Oct. 14, in Clubhouse 3 Room 9, from 9:30 a.m.-1 p.m., led by Rabbi Chaim Singer-Frankes.

Join the Congregation in the sukkah on Oct. 16 from 11 a.m.-1 p.m. for "Pizza in the Hut." Enjoy delicious pizza and wave the lulav and etrog in the hut outside Clubhouse 3 next to Veterans Plaza near Room 8.

Services for Shemini Atzeret/Yizkor will be held on Monday, Oct. 21, in Clubhouse 3, Room 9, from 9:30 a.m.-1 p.m. with Rabbi Chaim Singer-Frankes.

Celebrate Simchat Torah with the Congregation on Tuesday, Oct. 22, from 9:30 a.m.-1 p.m. in Clubhouse 3, Room 9, with Rabbi Chaim Singer-Frankes. The service will feature a dedication of two new Torah covers donated by the families of Henrietta Zarovsky, and Rita and Harry Hasten.

A plaque will be placed on the Memorial Board. A light lunch will follow services.

RSVP by Oct. 17 to Gene Yaffee at 430-7040 or grandmagene83@gmail.com.

A Bat Mitzvah class is in the works. Interested women should email their names and email addresses to Mel Chazen at melvin.chazen@yahoo.com.

An "Ask the Rabbi" column is being set up in "News & Nachas." Email questions for Ask the Rabbi to Mel Chazen.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

—Scott Simensky

Community Church

Community Church is served by teams of volunteers it refers to as "Gushers." Their role is to welcome (or gush over) the congregation every Sunday morning. People who enter the church by crossing the alley and accessing through the back gate are greeted by our friendly "Alley-Gater." This special volunteer monitors the gate and keeps the property secure, and most importantly, welcomes all who come to the worship service.

The congregation is also served by the church's Usher and Coffee Fellowship Service Teams. They strive to present a welcoming, kind and accepting community where everyone feels like part of the Community Church family.

Anyone who is interested in further investigating membership at Community Church is invited to attend a "Coffee with the Pastor" session today, Thursday, Oct. 10, at 10 a.m.

The Sunday evening Bible Study, led by Joy Reed, meets at 5 p.m. in the Fireside Room. The topic is "Christ's Death and Resurrection." Everyone is welcome.

On Sunday, Oct. 13, Pastor Johan Dodge will give a scripture-based message. The Scripture Lesson is Luke 17:11-19. Serving as lay liturgist will be Carmen Edwards. Worship services are at 9:50 a.m. followed by coffee and refreshments in Edgar Hall.

—Sue Long



Thelma Kieffer will serve as "Alley-Gater" Sunday mornings in October.

Redeemer Lutheran

October is "Growing in Faith" month at Redeemer Lutheran Church. A new member orientation and informational meeting will be held at the church at 10 a.m. today, Thursday, Oct. 10. Come and find out more about the church congregation and opportunities to serve our Lord and our Redeemer.

"Healing & Faithful Thanks-giving" is the title of Pastor Lisa Rotchford's sermon this coming Sunday, Oct. 13. It is also "Food Ingathering Sunday" where the congregation collects non-perishable food for the Orange County Food Bank.

The altar flowers this week are given by Carl and Jessica Keene in honor of their anniversary, and by Dee Sessa in memory of her husband, Peter, and son Douglas.

The choir will lead the congregation in "Just as I Am." Karen Ford will greet people at the door, and Maria Swift will usher them into the stained-glass sanctuary. Scripture readings and prayers will be led by Violet Quist and Juanita Townsend.

The church is on St. Andrew's Drive, next to the golf course/swimming pool and across from the Administration building with ample parking. People are also welcome to attend the combined Lutheran/Episcopal midweek worship service for prayer, reflection and Communion at 11:30 a.m. every Wednesday.

Under the leadership of Pastor Lynda Elmer, the study of Matthew, Mark and Luke will be the focus of the weekly Wednesday Bible class on Oct. 16 from 10:30-11:30 a.m. in the upstairs Conference Room — no steps or ramps (totally accessible).

Assembly of God

This Sunday, Associate Pastor Dan Ballinger will deliver the sermon, "The Unfinished Church," at the 10:30 a.m. worship service in Clubhouse 3, Room 2. Denise Smith is the worship leader; Diana Mushagian will lead the offering and share church family news, and Carolyn Van Aalst will give the monthly mission report.

A Hymn Sing will be held in the lobby of Clubhouse 3 at 6 p.m., led Pastor Dan. Those present will select the hymns. Denise Smith will bring special music, and Norma Ballinger will conclude the service with the devotion, "Burlap, Satan or?" This informal service is attend by people from Leisure World and beyond who enjoy singing the great hymns and gospel songs of the church and having fellowship with the other believers. The evening concludes with fellowship time around the tables, sharing treats that people bring.

Two prayer services are held each Sunday, at 10 a.m. and 5:15 p.m. People share prayer needs and praise reports and pray for the services to follow.

ASSEMBLY, page 7



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Volunteers Rosa Carrillo (l-r), Fran Hay, Tina Lindt, and Sister Janice Jones are steadfast examples of the great community of love at Holy Family Parish. The many church volunteers go above and beyond to serve and do a great ministry work. The Parish will recognize them all at the end of the month at the annual Volunteers Recognition Dinner.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Twenty-Eighth Sunday in Ordinary Time on Oct. 13.

The First Reading is 2 Kings 5:14-17 and the Second Reading is 2 Timothy 2:8-13.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

Buddha Circle

The Buddha Circle will meet from 9:30 - 11 a.m. on Saturday, Oct. 26, in Clubhouse 4.

Ven. Vui Mung, also known as Joyful Heart, from Desert Zen Center will present Buddhism in a simple way; people are encouraged to ask questions. He will begin the session with a guided meditation.

Check the website at LWSB.com under Religion, Buddha Circle, for more information. There are no membership fees. All residents are welcome. Donations are welcome and will support Ven. Joyful Heart in his teachings. For more information, call (714) 933-5122.

—Florence Diep

St. Theodore's Episcopal

St. Theodore's Episcopal Church will meet for a Communion worship service at 12:15 p.m., Sunday, Oct. 13, in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrew's Drive.

The Rev. Lisa Rotchford will continue an October series on faith, titled "Healing and Thanks-giving!"

All are welcome to join in worship, followed by refreshments and fellowship in the easily accessible conference room. There is also a Lutheran/Episcopal combined Communion service at 11:30 a.m. on Wednesdays.

ASSEMBLY

from page 6

On Wednesday, Oct. 16, a Bible study from the book of Revelation starts at 10 a.m. in Clubhouse 3, Room 7. Pastor Sam Pawlak leads the study.

Vistors are warmly welcomed at all services and gatherings.

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FAITH CHRISTIAN

Assembly to host Dr. Stanley Moodley

Faith Christian Assembly will host Dr. Stanley Moodley at the 10:30 a.m. service on Sunday, Oct. 13. Stanley is the president of Grace International Southern Africa and essentially oversees the work that was started by the original pastors, the Bronkhorsts. He pastors a significant church in South Africa and oversees over 375 churches in Southern Africa. All are welcome.

The church is located just outside the St. Andrews Gate.

Spiritual Living Ctr.

Rev. Joshua Reeves will be the guest speaker this Sunday, Oct. 13, at the 9 and 11 a.m. services at the Seal Beach Center for Spiritual Living, 500 Marina Drive in Seal Beach. He will give a talk on "Seeds of the Heart." Inspirational music will be provided by Cheryl Crandall and Lindsey Hundley.

The Center is a loving spiritual sanctuary where everyone is welcome and the abundance of life is celebrated through study, inspiration, gratitude and service. With open hearts and minds, self-transformation is promoted in the creation of a world that works for everyone. For more information, call (562) 598-3325.

FIRST CHRISTIAN CHURCH

Memorial service scheduled for Oct. 19

First Christian Church has had to say good-bye to beloved Pastor Phillip O'Malley, who went home to be with the Lord on Sept. 7. Born in 1936, he served the nation in military service for over 27 years. After retiring as a sergeant major, he served at Calvary Chapel Downey for over 30 years as school administrator. Indefatigable, at age 70 he went back to school earning his PhD in Christian Education. His memorial service is scheduled for Saturday, Oct. 19.

The church's Saturday evening service begins at 5:15 with the Hospitality Room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. in the book of Luke. At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting.

Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation "I Surrender All," "Have Thine Own Way, Lord" and "It Is Well." The Communion hymn will be "I Am Thine, O Lord."

The church choir, under the direction of Margaret Humes, will sing "Shine, Jesus Shine." Elder Jack Frost will present the Communion meditation and service. For the offertory, Carol Speake and Sue Kaminski will sing Pray."

Anita Ragole will sing "His Eye Is On The Sparrow," followed by Jeanette Reker who will read Matthew 27:62-66.

Pastor Gene's message is called "The Sealed Tomb," based on Matthew 27:55-66. Jesus was dead. His body was placed in a sealed tomb. A huge rock was rolled into place. A detachment of Roman guards prevented entrance or exit. The stage was set.

Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cheryholmes, both beginning at 9:30 a.m.

Call the church office at 431-8810 for further information.



Pastor Phil O'Malley

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Sports & Games



Susie Kim was presented with the trophy at the ladies golf Club meeting.

WOMENS GOLF

Kim wins President's Trophy

Congratulations to Susie Kim, winner of the women's September President's Trophy competition. Susie was presented with the award at the general club meeting on Oct. 7. Her gross combined score after two rounds of play was 59. Susie has been active in the Ladies Golf Club for the last seven years and served as our club president last year.

On Tuesday, Oct. 1, forty-three members played for low gross and low net.

At circle hole No. 2 three ladies hit the golf ball from the tee directly into the circle surrounding the hole.

The flight winners were:

Flight A - Low gross; tie between Helen Yoon and Devora Kim, 27. Low net; tie between Susie Kim and Pam Krug, 26.

Circle hole No. 2, Susie Kim.

Flight B - Low gross; Sandy Derouin, 27. Low net - Grace Choi, 26.

Flight C - Low gross; Judy Kim, 31. Low net; Dale Quinn, 23, Circle hole No. 2, Donna Cooper, and Neva Senske.

Flight D - low gross; Sue Elliott, 31. Low net; Mary Lancaster, 22.

—Dale Quinn

BOWLING

More players are needed

Leisure World started the 2019-2020 bowling season on Oct. 1st with seven three person teams. The league is hoping to expand to eight teams but needs a few new bowlers to reach that goal. If you or a friend would like to join the fun please call Dave Silva, (562) 209-3183, or Phyllis Fairchild at (714) 235-8096. Also, you can show up at Westminster Lanes, located at Westminster Boulevard and Edwards in Westminster, at Noon on Tuesday and we will put you on a team as a regular, or you can sub if you want.

Just remember, if you're a little rusty at bowling you get a handicap of 90-percent of 200, so you don't have to be a high average bowler to be competitive. On the first day of the league everyone was establishing their average, based on the first three games. This means the win, loss voutcomes for the first week are unclear.

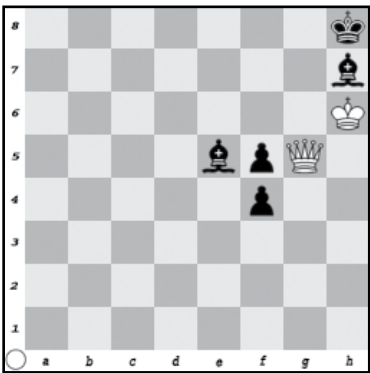
Charlie Guggino of Charlie's Angels finished with a 207 game, while Tom Kaczmarek bowled a 182 and a 180. Janet Schnyders led the ladies with a 185 in the first game. At first glance it looks like the teams are very competitive, because there aren't a lot of high average bowlers on one team.

—David Silva

Chess Club Puzzle

This week's puzzle: white moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.



CHESS, page 9

Senior fitness at CSULB

LifeFit Center at Long Beach State is a little-known gem of a resource, specifically founded to cater to the 50-plus community. Community members, including Leisure World residents, pay \$26 a month. LWer's can come in for a free day and see what it's all about. For more information, call (562) 985-2005 or email LFCBeach@csulb.edu.

Members of the Osher Life-long Learning Institute (OLLI)

CSULB, page 9

Seal Beach pool available during LW pool closing

The Leisure World swimming pool will be closed for renovation from Nov. 4 until at least Jan. 4.

The City of Seal Beach offers daily swimming at Mc-Gaugh Middle School. Open swimming is from 5:30-7 a.m.; 11 a.m.-1 p.m.; and 6:30-8 p.m., Monday-Thursday. The pool is also available Friday-Sunday from 8-11 a.m.

Passes may be purchased in bulk at city hall, 211 Eighth Street, Seal Beach. They cost \$80 for 16 swims or \$136 for 34.

Carpooling would be best, but for those who don't drive, Dial-a-Ride provides round trip transportation for free.

The Dial-A-Ride program is available to drive senior residents to any location within city limits. (Residents can use the Dial-A-Ride program for medical visits outside the city by up to three miles, too).

Dial-A-Ride service is available Monday-Friday from 8 a.m. to 5 p.m. Call (562) 439-3699 at least 24 hours in advance to schedule the date, time, and location. Residents are picked up at their units and taken home after their appointments. Call at 9 a.m., as these reservations are first-come, first-served and fill up fast. Service is not available from 11 a.m.-1 p.m. daily, so plan trips accordingly. Registration is free at City Hall with I.D. verifying Seal beach residency.

For more information, contact the City of Seal Beach Recreation Department at (562) 431-2527, extension 3.

Pickleball Players Club Schedule

Open Play

- Multipurpose Court
- Daily, 9 a.m. to 8 p.m.

Monthly Meeting

- 1st Sunday of the Month
- 5:30 in Clubhouse 2
- Darlene Boyce (310)713-6696
- philsdn.com/pickleball



Kent Davidson



Alma Zamzow

CRIBBAGE CLUB

Baker and Hore tie for first

Myrna Baker and Jerry Hore tied for first place on Oct. 1, with a score of 831 followed by Bob Ide with 828 at second, Mary Greytak and Joe DiDonato tied for third at 823 and Russ Grey was fourth at 820. Gary Jantzen and Alma Zamzow each had six games of 121. There was a full house of 64 players on Oct. 1, 2019.

The 62 player game on Sept. 24 hosted double winners – Alma Zamzow had a perfect score of 847 by winning seven games of 121. Kent Davidson was dealt and played a 28-point hand. Congratulations to both players. Margaret Smith had a score of 841 followed by Jack Hawn at 836 and Fred Reker at 825.

Lyn Doyle celebrated her birthday on Sept. 24 with cake and ice cream. Beth Greely brought in homemade chocolate chip cookies. Wanda Benbem brought Cheese Puffs. Lyn and Margaret Smith served. This event's success is due to all of its contributors.

The Cribbage Club meets on Tuesday at noon in Clubhouse 1. Partners are not required. Everyone finishes by 3:30 p.m. For lessons or to practice, call Patti Smith at (562) 242-4674. There is always room for more players, all are welcome. Players should arrive by noon to be assured of a table.

—Bobbie Straley



David LaCascia

MEN'S FRIDAY GOLF

Meyers and Munn win at Riverview golf course

The Men's Friday Golf League played on Oct. 4 at Riverview Golf Course in Santa Ana. This golf club is a shorter par 72 course, running alongside and across the Santa Ana River bed with lots of elevation changes and bunkers, it is a very challenging and fun course to play.

All scores are net, actual score minus handicap.

Flight A:

In first place with a net five under 67 plus three birdies and low putts is John Meyer; second place, Fujio Norihiro, 71; third place, Gary Stivers, 72; fourth place, Jerry Hore, 76, closest to the pin on the 150-yard par three second hole.

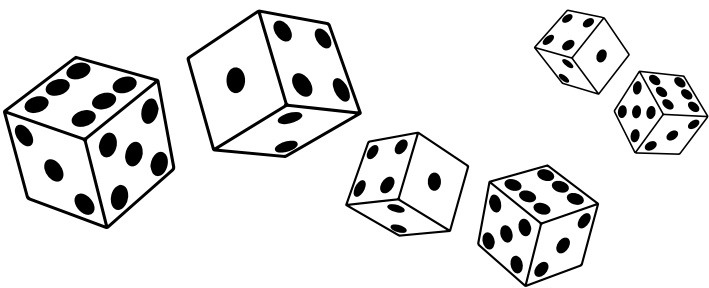
Flight B:

First place, Bob Munn, three under 69; second, Dennis Kotecki, 74 plus low putts; third, Jim Dickerson, 76, closest to the pin on the 100-yard par three ninth hole; fourth, Marv Ballard, 77.

Both the Monday and Friday Golf Clubs play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willock in Garden Grove.

LW Men's Club membership is not required. All welcome. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts. Holes-in-one, although infrequent, are generously rewarded. If interested, contact Gary Stivers, (714) 313-3697.

—Dave LaCascia



Cards and Games Scoreboard

Fun Time Pinochle winners, Sept. 23: Marilyn Allred 12,210, Tony Dodero 11,800, Marge Dodero 11,640, Bert Sellers 10,830. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509

—Bert Sellers

...

Friendly Pinochle Club winners Oct. 3: Antonia Zupancich 13,320, Rutth Bonnema 12,480, Pat Blum 12,060, Maureen Marsh 11,840. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

...

Burning Tree Duplicate Bridge Club Winners: Oct. 5, N/S: Linda Nye-Mike Nielsen; Sibyl Smith-Jeanette Estill; Bob and Pat Adam. E/W: Fred Reker- Marilyn McClintock; Ted Cooper Cookie Pham; Judy Jones-Al Appel; Priscilla Caillouette-Harriet Weiss. Oct. 4: N/S: Al Appel-Joan Tschirki; Joan Wieber-Sue Boswell. E/W: Jeanette Estill-Marilyn McClintock; Paul Chen-Cookie Pham. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Saturday Oct. 19 Club Championship.

—Fred Reker

...

Jolly Time Pinochle Club winners Oct. 5, Jim Kaspar 11,810, Nancy Wheeler 10,870, Irene Perkins 10,640, Tony Dodero 10,230. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

—Bert Sellers

...

Monday Bridge Club winners Oct. 7, first place, Betty Leavitt; second place, Emily Movbassaly; third place, Nancy Meader. Games begin at noon in Clubhouse 1. For more information, call Pauline Fitzsimons, (562) 296-8363.

—Pauline Fitzsimons

...

Y-Yahtzee Rollers Club winners Oct. 4, Most Yahtzees, Donna Wenrick, 5; highest score, Loistrue, 1,460; door prize, Doris Dack. The club meets on the first and third Friday of each month from 12:30 to 4 in Clubhouse 3, Room 6. Play begins at 12:45. All Leisure World residents are welcome to join in the fun. If you have a question or want a Yahtzee lesson prior to joining, call Kathy at (562) 596-7237. The Rollers meet at 12:30 p.m. on the first and third Fridays of the month in Clubhouse 3, Room 6.

—Kathy Rose

POKER

Mittelsteadt wins Oct. 5 game

Roy Mittelsteadt won the final table on Oct. 5. His pair of nines bested second place Drew Sargent to end the game. Third place was Glenda Saunders followed by Dennis Kotecki, Susan Dodson, Nancy Floyd, and Hank Lincourt.

Glenda Saunders had high hand with four aces. Erika Greenwood was second with four kings. Katie Hamilton won the featured hand, holding a four and nine to win.

Tournament winner Mittelsteadt has been a club member for six years, and this is his sixth final table win. A retired bus driver, Roy has enjoyed living in Mutual 5 with wife Pat for eight years.

He is a member of the Ace High Poker Club, and enjoys mini-farming, fishing, hunting, and pool.

For private or group lessons call Barry Brideau at (714) 401-7622. Call President Wendy Wu for more club information at (714) 366-0940.

—Susan Dodson

CSULB from page 8

pay \$16 a month to join LifeFit, which is in partnership with OLLI. OLLI is a senior university housed at CSULB. OLLI and LifeFit work together to support active, healthy older adults, so OLLI members get a LifeFit membership discount.

LifeFit member benefits include:

- Use of fitness equipment: Cardio and resistance training machines and free weights

- Group fitness classes led by certified professionals

- Fitness assessments completed by certified professionals and kinesiology students

- Nutritional workshops led by nutrition graduate students

LifeFit also partners with PT at The Beach, a physical therapy program for people recovering from surgery or injury or who struggle with arthritis, balance disorders, back and neck pain and more. A physician's referral is not needed to start therapy and most major health insurance plans (including Medicare) are accepted. It also offers a Parkinson's exercise class. For more information, call (562) 985-8286.

CHESS FROM PAGE 9

Solution to this week's puzzle: Qe7

The white Queen moves from g5 to e7. Any answer by black, the white's next move is check mate.



Susan Dodson(l), publicity; Jerry Wrenn, vice president; Tim Linehan, president and Nancy Morris(r), secretary/treasurer.

PICKLEBALL

New board members are elected

The Leisure World Pickleball Club held annual elections at their monthly meeting and potluck on Oct. 6. Tim Linehan is the new club president with Jerry Wrenn as vice president. Nancy Morris is secretary/treasurer and Susan Dodson is doing publicity. The entire club is very excited to have great leadership.

The club thanks the outgoing board members Darlene Boyce, Sandra DuBovay, and Judy Phillips for their time and much appreciated service over the last year and is excited to continue to play pickleball with them as club members.

The pickleball courts are open 8 a.m. to 8 p.m. for all Leisure World shareholders. New players are always welcome. Paddles and balls can be borrowed to get you started.

The Club is hosting its next tournament on Sunday, Oct. 27. Signup sheets are in a notebook on the sign-in table next to the courts behind clubhouse 2. More players are needed, particularly at the beginner and advanced levels. Volunteers are also needed for organizing and recording scores on tournament day. To help, contact Tim Linehan at (714) 818-6404.

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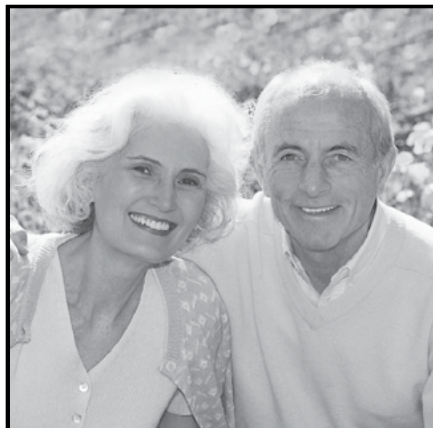
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Nixon, The Moon & The White House – Nixon Library and White House lunch and 50th Anniversary of the moon landing exhibit, Nov. 2, \$119, Good Times Travel, (888) 488-2287

Masters of Their Craft – Rubel Castle, Maloof home and included barbeque lunch in Glendora Village. Nov. 6, \$99, Good Times Travel, (888) 488-2287

Brazilian, Books & The Broad – With included Fogo de Chão lunch. Nov. 13, \$99, Good Times Travel, (888) 488-2287

Harrah's Rincon - Thursday-Monday, no Tuesdays or Wednesdays, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

Pechanga Casino - Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino - Sunday-Tuesday, Amphitheater, 7 a.m., free

Overnight Trips

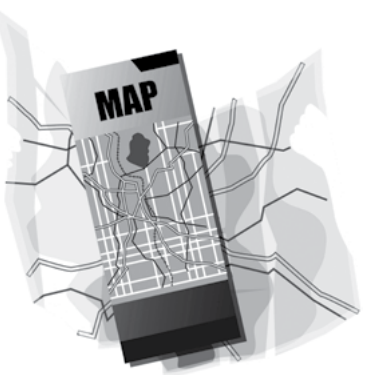
Biltmore, Bluegrass & Bourbon — Seven-day tour featuring Louisville, Lexington, Smoky Mountains National Park, Pigeon Forge, Biltmore Estate, Oct. 21-27, Good Times Travel, (888) 488-2287

A Capital "Christmas" — Six-day tour featuring Washington, D.C., Colonial Williamsburg, Jamestown, Yorktown, Richmond, Mount Vernon. Dec. 4-9, Good Times Travel, (888) 488-2287

San Antonio "Christmas" — Five-day tour featuring a single hotel stay on the River Walk, The Alamo, Austin, LBJ Library & Ranch, Fredericksburg. Dec. 10-14, Good Times Travel, (888) 488-2287

Coastal "Safari" by rail — three-day tour featuring an oceanfront stay in Pismo Beach, Coast Starlight Train, Morro Bay, Cambria, Feb. 5-7, Good Times Travel, (888) 488-2287

Death Valley Splendor three-Day tour featuring a two night stay at The Ranch in Death Valley. March 1-3, Good Times Travel, 888-488-2287



The Getty Museum

SUNSHINE CLUB

Getty Museum bus trip, Nov. 7

Sunshine Club is taking a bus trip on Thursday, Nov. 7, all shareholders are welcome, first come, first serve.

Trip fees, \$50 per person, include round-trip transportation leaving from the Clubhouse 4 lot, lunch, snacks and water. The bus will depart at 9 a.m. Participants to be at the Clubhouse 4 parking lot at 8:30 a.m. to check in before loading onto the bus.

This day trip is subject to sufficient interest to fill the bus. Maximum available passengers is 50.

For questions and reservations call Anna Derby, (562) 301-5339.

—Anna Derby



Joanna Matos, Barbara Matillo, Ellen Brannigan

TRAVELING TIGERS

Cuba, Mexico and the Caribbean

By Ellen Brannigan

LW contributor

In November of 2018, nineteen Traveling Tigers and friends spent 10 days cruising the Bahamas, the Islands of Cozumel Mexico, Grand Caymans and Cuba on Holland America's MS Veendam ship.

The MS Veendam departed from Fort Lauderdale to make its first stop at Half Moon Cay in the Bahamas. Traveling Tigers members were treated to an exotic Island feast that included wild roaming chickens that are native to the island.

The next port was Georgetown, capital of the Grand Caymans, although it was a national holiday, many club members enjoyed the sights and sunbathed on the pristine beaches. Some took a catamaran sail out to swim and play with the stingrays on the sandbars.

Next port on the itinerary was Cienfuegos, Cuba. Many visited the cigar production factory followed by a stop in the Art's village. An old Cuba band serenaded the crowds near an Opera House museum. A street fair was outside of a magnificent Cathedral. There were many vendors with original instruments, jewelry and native crafts.

Our itinerary gave people one day in Havana to look at, touch and ride in the many well preserved classic American cars around the city plaza. Here the group observed the people, churches, clothes, food, parks, colorful art deco buildings fronting the main boulevards in old Havana and the culture of emerging Cuba. That evening we saw extravagant costumed dancers, entertainers and breathtaking acrobats performing in their famous night clubs at the famous Tropicana and the National Hotel.

The last port on this fabulous voyage was Cozumel, Mexico. It is a wonderful and eclectic shopping center for silver, gifts and native crafts. Several members went zip lining.

There were many great activities on the MS Veendam. the entertaining shows at night dancing, piano bars, good food, the gym, environmental talks and many more offerings. Members of the club particularly liked the tropical music and learning to dance salsa.

The entire club celebrated Nancy Ingram as she turned 91 and had a marriage anniversary. The celebration took place over dinner in Cuba. Club members were priviledged to visit Cuba after Americans have spent nearly 50 years of not being permitted to travel to the country.



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Health & Fitness



Weekly Health, Exercise Classes

Ageless Grace

An eight-week chair-based exercise program addressing 21 specific aging factors is held at 4:30 p.m. on Mondays upstairs in Clubhouse 6. The exercises are practiced in a chair. Drop in anytime for \$5 per session or pay \$30 for all eight sessions. For more information, call Pam Turner, (760) 560-8161.

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 15- to 60-minute walk. For more information, call Tom Pontac, (562) 304-0880.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Pilates

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.

Yoga, Meditation, Tai Chi

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

Yoga, Monday

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Yoga

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

Friday, Oct. 11: "Sunday" brunch vibes: Cheese omelet tater tots with ketchup, apple chicken sausage, garden green salad with dressing, whole wheat bread with Promise, fresh melon

Monday, Oct. 14: Linguini with creamy alfredo sauce and sliced mushrooms, Italian vegetables, Caesar salad, garlic breadstick.

Tuesday, Oct. 15: Pulled barbeque pork sandwich, coleslaw salad, cantaloupe.

Wednesday, Oct. 16: Chicken strips, pineapple curry, brown rice, Tomato and Zucchini salad, peach crisp.

Thursday Oct. 17: Tortilla soup with sugar free crackers, Mexican chicken made with spring mix, rice, black beans, shredded chicken, tomatoes, corn and cilantro, and lime dressing; a side of banana.

Friday, Oct. 18: Savory tomato, tilapia, wild rice, peas and carrots, Ambrosia.

OPTUMCARE AT THE HCC

Dr. Mary Sherman to retire after 24 years

By Carson J. Blomquist, MBA
OptumCare

After 24 years at the Health Care Center, Dr. Mary Sherman has decided to hang up her white coat. Her last day will be on Oct. 11. She has been the primary care doctor for thousands of Leisure World residents during her time here.

I sat down with Dr. Sherman to learn a little more about her and her experiences in Leisure World.

What was the first thing that brought you to medicine?

Growing up, my uncle had all these medical books. I loved reading through them. At an early age I was fascinated with how we can heal people. It's been a lifelong passion.

You've been at the HCC for 24 years. What kept you here?

My patients. I've been a part of my patients' lives, from their most challenging days to their best days. Getting to see them and be there for them - it's been more meaningful than I could have ever imagined.

What are some of the biggest changes you've seen in your time here?

Healthcare changes constantly. New plans, new procedures, new

screenings, new ways to do things. All these changes require us to be ready to adapt quickly to ensure patient safety. It keeps one on their toes.

Where do you see healthcare going over the next few years?

Patients expect and deserve more personalized care. I think medicine is going to be more specific to the individual.

Why retire now?

Dr. Sherman: It's time. I love what I do, but it's time to pass the torch on to the next generation of doctors.

What's next for you?

I think I am going to take it easy. Then... I don't know. Travel, spend time with my family, relax. I have a new granddaughter on the way, so I look forward to spending a lot of time with her.

Although Dr. Sherman is going to retire from practice, she will continue to run her breast cancer support group on the first



Dr. Mary Sherman

Thursday of each month.

All other providers are available for your healthcare needs. Drs. Chung, Dayon, Haider, Smith, and Tang, as well as nurse practitioner Sarah Yi, are available for new patients.

From all of us at the Health Care Center, and from her many patients in the community, we thank Dr. Sherman for her tireless dedication. We wish her the best in her retirement.

For your information:

All mail left at the LW Post Office by the Amphitheater or any LW postal box prior to the last pick-up of the day will be processed the same evening at the main Long Beach Post Office.

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Arts & Leisure

COMMUNITY SING

Nancy Maggio will lead sing-along

The residents of Leisure World are invited to come to the Community Sing on Monday, Oct. 21, at 6:30 in the Clubhouse 3 Lobby. People who want to participate in the first half hour of Opening Acts should come at 6 p.m. to sign in with emcee Nancy Maggio, bringing piano music for the pianist as needed.

After Opening Acts, Nancy will lead group singing until 7:15 when she will introduce her half-time guest, Janet Ray.

On Sept. 30 Carmen Edwards was the leader. Opening Acts began with Ethel Carter singing “What a Wonderful World.” Then Audrey McKenzie, “Beyond the Reef”; Byong Choi, “Autumn Leaves”; Richard Yokomi, “City of New Orleans” (accompanying himself on his electric guitar); Chuck Zeman, “Deep Purple” (a capella); Bruce DuPont, “Bye, Bye, Blackbird”; Bob Barnum, “Catch the Wind” (a capella) and Essie Hicks singing “I Have a Dream” (a capella). Pianist Pat Kogok accompanied four of the performers.

After Opening Acts, Carmen led the audience in group singing until 7:15 when she introduced her half-time guests, the Hui O Hula dancers. These ladies, dressed in colorful Hawaiian dresses and leis, brought Hawaiian percussion instruments made of gourds, feathers, and bamboo sticks. They sang five numbers: “Pua Iliahi,” “Aloha Kauai/Viola,” “I’ll Remember You” (dedicated to two members of the Hui a Hula Club who have recently passed away), “Lei Hooheno” and “What a Wonderful World,” with audience participation, showing



Nancy Maggio

the hand and arm movements for the words. This last song was accompanied by Pat Kogok on the piano.

The audience was entranced by the lovely dancing and impressed with the skills of the dancers, moving back and forth, changing line formations and playing the percussion instruments in sync.

The dancers were rewarded by the audience with loud applause and cheers.

One of the dancers took a group picture of everyone—including the audience and dancers.

Carmen then asked the audience to pass in their books and stand for the singing of “Kumbaya,” which wrapped up the musical evening.

Many thanks to pianist Pat Kogok and Bob Barnum for helping with the moving of items on and around the stage before the dancers performed.

—Ethel Carter

COMMUNITY KARAOKE

Singers line up to perform for LW neighbors, friends

With a smile on her face, Audrey McKenzie put a lot of expression into her chosen song “This is My Life” during the Wednesday night Community Karaoke party. The audience was treated to a variety of songs, like show tunes from Bob Dodson and Sally Glausser, a rockin’ gospel tune from Pat Kogok, and a prayerful “Ave Maria” from Ruby Johnson.

Many performers got people swaying with the music and tapping their feet including David Noble, “I Saw the Light”; Ric Dizon, “Are You Lonesome Tonight”; Essie Hicks, “Under the Boardwalk”; and Karen Morris, “Monster Mash.” Folks like to pair up and try duets as did Tony Tupas and Janice Chapman, Tillie Stiehr and Diane Wasserman plus Bob Barnum and Susan Kelleghan.

Host Walt Bier encouraged everyone to dust off their Halloween costumes for the karaoke night contest with prizes on Oct. 30. Everyone is sure to have fun singing some scary songs. All are welcome on Wednesdays in Clubhouse 1 at 5:30 p.m. People can practice their songs on Tuesdays in Clubhouse 6 from 1-3 p.m.

—Marge Thompson



Audrey McKenzie

OF CINEMATIC NOTE

LWer has film screening of his latest work

LWer Stephen Howard, Mutual 1, recently hosted a Hollywood screening for his new film, “Every Night and Every Day,” which he wrote, produced and appeared in. The “love triangle and love story” was a below-budget film with limited resources, which caused Howard to wear a number of hats.

He has been acting for over 30 years.

The film is personal but not strictly autobiographical. It deals with the effects of grief, particularly after the loss of a child.

The story is about “serious issues presented with the intention of exposing real life issues that real people can explore along with our characters,” he said.

“My highest hope is that this story will stimulate conversation. If our audience comes away with conflicting loyalties and opposing points of view, then we have done our job admirably.”

It is Howard’s hope to enter his work in a filmmaker forum like the Sundance Film Festival.

GRF Movie

“Overboard 2018,” rated PG, will be shown at 2 p.m. on Sunday, Oct. 13, in Clubhouse 4.

Kate is a single, working-class mother of three who’s hired to clean a yacht that belongs to Leonardo, a selfish, spoiled and wealthy playboy. After unjustly firing Kate, Leonardo falls off the boat and wakes up with no memory. For revenge, Kate shows up at the hospital and convinces the confused amnesiac that they’re married. As Leonardo tries to get used to manual labor and his new family, Kate wonders how long she can keep up the pretense.

Friends of the Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore located adjacent to the library. People are welcome

FRIENDS, page 14

Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

• **A Time to Dance Club by Joseph:** Ballroom dance group lessons are held on the second and fourth Thursdays in Clubhouse 3, Room 2. Tango is taught from 6:30-7:30 p.m.; fox trot, 7:30-8:30 p.m.; \$5 per session. Singles and couples are welcome. For information, call (559) 403-8974.

• **Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.

• **Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

• **Dance Fitness:** Move to energetic music and dance steps while using muscles, improving balance and increasing strength and stamina. Classes, \$3, are held upstairs in Clubhouse 6 on Mondays at 5:30 p.m., Wednesdays at 5 p.m. and Thursdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.

• **Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

• **Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

• **Grapevine Line Dance:** Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire directly in class or email grapevinelinedance@gmail.com.

• **Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

• **Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

• **Leisure Time Dancers:** West Coast Swing will be taught at 2 p.m. and nightclub two-step at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

• **Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

• **Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.

• **Saturday Morning Dance Club:** Cha cha is taught from 9-10 a.m.; Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

• **Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

• **Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

• **Zumba Club:** Come join the party while dancing and exercising to different rhythms such as salsa, merengue, cha-cha, hip-hop, Bollywood and jazz. Classes, \$3, are held upstairs in Clubhouse 6 at 8:30 a.m. on Tuesdays and Fridays, and at 11 a.m. on Saturdays. For more information, contact Mary Romero at 431-0082

LW Dines Out

Finbars Italian Kitchen will serve on Oct. 21. Reservations are not required.

Hometown Buffet will serve an all-you-can-eat buffet Oct. 28 for \$11, all inclusive, starting at 4:30 p.m. It now accepts checks, cash and credit cards.

Hometown Buffet will host a Sunday Brunch buffet and omelet bar, \$11 for everything, from 10 a.m.-3 p.m. in Clubhouse 1 on Oct. 13. The buffet is all you can eat on site (no takeout).

Menus are published in the LW Weekly and on LW Live!

People can use regular Minibus service to get to the clubhouse until 6:30 p.m. and there is on-call service for the special needs Access bus. For more information on the bus schedule, call 431-6586, ext. 372.

For more information about the food services in Leisure World, contact the Recreation Coordinator at events@lwsb.com.

SCAM from page 4

and allegedly pay doctors to write prescriptions for “free” medical equipment, like a back or knee brace, which are then billed to and paid by Medicare, without any patient interaction or with only a brief telephone conversation with a patient that they had never met or seen.

It’s illegal for a medical supplier to make unsolicited telephone calls to people with Medicare. The exceptions are if written consent was given to have the supplier call about an item the supplier already provided, or if the supplier delivered equipment in the previous 15 months. Also, a supplier may call you to confirm delivery and billing information for a new item if the doctor contacted the supplier on the patient’s behalf.

Suppliers cannot get around the phone call ban by hiring an independent marketing firm. Medicare will not pay claims from suppliers who make unsolicited, illegal telephone calls to Medicare beneficiaries.

Centers for Medicare and Medicaid Services (CMS) is working closely with the Department of Justice, Health and Human Services-Office of Inspector General and the Federal Bureau of Investigations to end these fraud schemes.

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Mahalo to Community Singer Carmen Edwards (front, 3rd from l) for inviting the hula dancers to be her half-time guests. Hui dancer Pat Fellas (next to Carmen) danced Koula (a valley and stream on Kauai Island) with her hula sisters (in back). Mahalo specially to Pat Kogok (second row, r) for playing “What A Wonderful World” on the piano for all to sing and dance to. Hui O Hula is gearing up for the holiday season. Its first

performance is for the LW Video Producers at the Christmas party on Oct. 24. It is not too late to learn to dance to “Mele Kalikimaka,” which means Merry Christmas in Hawaiian. Free hula lessons are offered twice a week, upstairs in Clubhouse 6. Beginners are invited to come Mondays from 10-11 a.m. Call 431-2242 for class information and performance schedule or see the class schedule in the Dance Clubs list on page 12.

—Jojo Weingart, photo

Take-Out Food in LW

The GRF Recreation Department sponsors two options a week for takeout dinners that people can order inside Leisure World. Taco Tuesday, hosted by Koffel’s Food Service, offers a wide variety of diner-style selections at reasonable prices. The truck is in the Clubhouse 6 parking lot at 5 p.m. every Tuesday. People can take their food to go, or eat inside or on the patio of Clubhouse 6. Pizza Thursday starts at 4 p.m. in the parking lot of Clubhouse 6. Dominos Pizza is there until 8 p.m. Special orders can be called in to 493-2212 between 10 a.m.-1 p.m. for pickup at the truck in Leisure World.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes. Helen Onu is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required. For more information, call Chuck Burnett at 493-0176.

Video Producers Club

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, creating and editing videos, Janice Laine. For more information, stop by the club room in Clubhouse 3, Room 12, from Monday-Friday from 10 a.m.-noon.

FRIENDS from page 12

to browse for bargains in books, including children’s books, cards, puzzles and more. A holiday boutique is open now. The Friends group is in need of volunteers. To learn more, go to the bookstore; applications are available during operating hours from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

Friendship Club Computer Classes

The Friendship Club offers free computer classes taught by Jeff Sacks and Miryam Fernandez. The club meets on the first, second and fourth Mondays in Clubhouse 3, Room 4; and on the third Monday, in Clubhouse 6, Room B. The schedule is as follows: **Monday, Oct. 14, Clubhouse 3, Room 4** 11 a.m.—Computer/iPhone/iPad Questions (Fernandez) Noon—Google Photos-New update (Fernandez) **Monday, Oct. 21, Clubhouse 6, Room B** 11 a.m.—Calif DMV Test Prep (includes information about REAL ID) (Fernandez) Noon—Meet “Siri” (Fernandez) **Monday, Oct. 28, Clubhouse 3, Room 4** 11 a.m.—iPhone Tips & Tricks (Fernandez) Noon—Browsing the Internet (Fernandez) Classes are free. **Monday, Nov. 4, Clubhouse 3, Room 4** 11 a.m.—Android Phones and Tablets (Sacks) Noon—Privacy & Security on the Internet (Fernandez) **Monday, Nov. 11—No Class, Veterans Day Holiday** For expert computer and smartphone information and advice, DMV, to suggest topics and questions, or to join the email list, contact Jeff Sacks (714) 642-0122. For basic computer information, iPhone/iPad, Social Media, Google Calendar questions, contact Miryam Fernandez at 884-7460.

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Oct 30

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Nov 05

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Nov 13

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Nov 28

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This photo by Regine Schumacher is a good example of pattern design, today’s Photo Arts Club topic.

Photo Arts Club

Everyone is welcome to the October meeting of the Photo Arts Club at 1:30 p.m. today, Oct. 10, in Clubhouse 3, Room 9. Ben Benjamins will lead a discussion on the composition of a pattern design using photos submitted by the members. The photographers will describe their thought process in “making” the picture. Members will vote for their favorites prior to the discussion.

—Esther Cummings

GENEALOGY CLUB

Workshop is on death records

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10. The workshops are open to everyone and are free. The Genealogy Library is open from 1-4 p.m. on Tuesdays, Wednesdays and Thursdays.

- Workshops include:
- Oct. 10: Death Records
 - Oct. 17: Witches & Witch Trials
 - Oct. 24: Find-A-Grave
 - Oct. 31: Halloween Party;
- people are welcome to bring snacks and drinks to share and come get acquainted.

—Janet Lessing

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SBTV-Channel 3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule . Have Roku? Go to http://roku.stream-source.tv/add/sbtv . Playback schedule available at Sbtv3.org .	Meeting, replay 10-7
Thursday, Oct. 10	6 pm McGaugh Go West!
4 pm Early Television Theater	7:42 pm McGaugh Pageant of the Arts
5 pm Head Master	9 pm Studio Cafe
5:20 pm Korean Night 2019 - LW	10 pm Cerritos Center- Big Bad Voodoo Daddy
6 pm Latino American Club Mariachi Real	Monday, Oct. 14
7 pm Studio Cafe	4 pm Pickleball/Hui O Hula
8 pm McGaugh Pageant of the Arts	4:30 pm Harmonizing Humanity
9 pm Cerritos Center- Drumline Spectacular	5 pm Early Television Theater
10:30 pm Sea Inside	6 pm Studio Cafe
11 pm Bob Cole Conservancy	7 pm Seal Beach City Council, LIVE
Friday, Oct. 11	8:30 pm Sea Inside
4 pm Harmonizing Humanity	9 pm Cerritos Center- Barrage 8 String Concert
4:30 pm Early Television Theater	10:30 pm Vintage Vehicles
5:30 pm Latino American Club Mariachi Real	11 pm Bob Cole Conservancy
6:30 pm McGaugh Go West!	Tuesday, Oct. 15
8 pm Studio Cafe	4 pm Early Television Theater
9 pm Cerritos Center—Barrage 8 Strings Concert	5 pm Latino American Club Mariachi Real
10:45 pm Aquarium of the Pacific	6 pm Korean Night 2019
11 pm Vintage Vehicles	7 pm McGaugh 1st Grade Weather Show 2019
Saturday, Oct. 12	8 pm McGaugh 3rd Grade Sing of America
4 pm Pickleball/Hui O Hula	9 pm Studio Cafe
4:15 pm Head Master	10 pm Seal Beach City Limits with Charles Tentindo
4:30 pm Early Television Theater	10:30 pm Live at the Ford
5:30 pm Sea Inside	Wednesday, Oct. 16
6 pm Korean Night 2019 - LW	4 pm Head Master/Pickleball/Hui O Hula
7 pm Studio Cafe	4:30 pm Harmonizing Humanity
8 pm LAUSD	5 pm Ocean Perspectives
10 pm Bob Cole Conservancy	6 pm On Q - 8bit Jazz Heroes
11 pm SB City Limits: Charles Tentindo	8 pm Studio Cafe
Sunday, Oct. 13	9 pm Cerritos Center - Bronx Wanders
4 pm SB Planning Commission	11 pm Bob Cole Conservancy

*All programming is subject to change.

OPERA CLUB

‘Orpheus and Eurydice,’ Part 2, will be shown Oct. 14 at 1:30 p.m.

Everyone is invited to come and watch “Orpheus and Eurydice.” Part 2. in Clubhouse 3, Room 2, on Monday, Oct. 14, at 1:30 p.m. The opera is based on an ancient Greek myth depicting every man and woman who are called on to endure the universal emotions of love and loss which are heightened here by Gluck’s ingenious music. Club member Frieda Davis will summarize the story for those who missed Part 1.

Act 3 opens with a stressed Orpheus urging Eurydice to follow him out quickly, but Eurydice, who is unaware of Orpheus’ mandate to not look at her until they are out, questions his behavior and faints. When Orpheus turns to help her, he discovers that by looking at her he violated his mandate and sees her dying forever before is very eyes. Orpheus is about to kill himself when the god of love, Cupid, appears and declares that Orpheus’ fidelity is restoring Eurydice to life. In the temple of Cupid, the lovers sing while shepherds and shepherdesses dance to celebrate the power of love.

The opera is sung in Italian with English subtitles. Room 2 is open at 1 p.m. No dues or fees are collected. For further information contact Beverly Emus, LW Club president at (562) 296-5586 or beverly90740@gmail.com.

—Beverly Emus

GRF Weekly Dance

The Golden Rain Foundation sponsors a weekly dance from 7-10 p.m. in Clubhouse 1. The Vinyl Rock Band, a nine-member Orange County-based band that performs classic rock, Motown and pop tunes primarily from the ‘60s, ‘70s, and ‘80s, will play on Oct. 12 in Clubhouse 1.

DANCE, page 18

CTAP from page 3

ized equipment. They will have equipment on display. People who have fully completed application forms signed by their doctors may be able to receive equipment that day.

CTAP will be able to process the first 10-12 people on a first-come, first-served basis. It will not phone exchanges for existing customers at these events.

For more information or application forms, call 1-800-806-1191 or visit www.CaliforniaPhones.org (web chat available).

A local full-time service center is located at 681 South Parker St., Suite 210, in Orange; cross streets are Town and Country and South Parker

—Cindy Tostado

LCSW, GRF Member Resource & Assistance Liaison

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Vinyl Rock will play Oct. 12.

DANCE
from page 16

The band keeps the audience engaged, inviting them to participate in sing-alongs and mingling with them on the dance floor. They'll have everyone smiling, singing, swinging and swaying to the songs they grew up listening to and easily recognize. Vinyl Rock is sponsored by Cabaret Entertainers and is free to GRF members and their guests (over 18).
The band will be performing on the second Saturday of the

month at Clubhouse 1 at 7 p.m. Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required.
The Recreation Department asks residents and their guests cooperate in adhering to a few, simple rules:

- Do not park on the east side of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.
- People must be out of the clubhouse no later than 10 p.m.

to allow adequate time for the custodian to tear down/rearrange the set-up for the next occupants.

- No announcements are permitted from the stage, except by the bands
- Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given
- Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of bands.

Security Corner

by **Victor Rocha**
security services director

Dogs are an important and welcomed family addition to many residents in Leisure World. However, it is important that those residents with animal family members review their Mutual's policy regarding all pets (this may be found on the Leisure World Seal Beach website, www.lwsb.com.)

In regards to Security, the largest number of complaints received in the Security Office in regards to dogs are:

- Owners not picking up dog waste.
- Barking dogs causing a noise issue at any time of the day or night when a resident is not home.
- Dogs on a leash that is longer than six feet.
- Dogs running free with no leash.

Please be respectful of your neighbors and pick up after your dog and dispose of the waste immediately, monitor the noise level your dog and keep the dog on a leash at all times.

As a reminder, we ask all residents to advise their family and friends that visitors are not allowed to bring non-resident pets into Leisure World.

If you have any questions, please contact the Security Department at 431-6586, ext. 371.

Pathways Grief Group

One of the best ways to deal with grief is to be surrounded by a supportive community.

The Journeys support program provides a safe place to process feelings of loss with others.

The free eight-week support group is sponsored by Pathways and open to all. The series of meetings will be held Tuesdays, Oct. 15-Dec. 3, from 10-11:30 a.m.

Each week a new topic will be introduced. Group members will learn valuable tools to help them move forward in their grief journey.

For more information about this program or any other supportive services, contact Cindy Tostado, Member Resource and Assistance Liaison, at 431-6586, ext. 317.]

Call to RSVP and receive details before attending.

FLU
from page 1

your insurance card. Your insurance company will send you an explanation of benefits (EOB) in next month as proof of payment. This is not a bill. *Note: The clinic cannot accept Kaiser Permanente.*

- The clinic also accepts cash payments. Payment must be collected before receiving the shot; cash only.

Flu Clinic is Oct. 18 in Clubhouse 6, by Mutuals

Mutual	Appointment Time
Mutuals 8 and 9	8 a.m.-8:45 a.m.
Mutuals 4 and 11	8:45 a.m.-9:30 a.m.
Mutuals 1 and 17	9:30 a.m.-10:15 a.m.
Mutuals 10 and 14	10:15 a.m.-11 a.m.
Mutuals 2 and 16	11:00 a.m.-11:45 a.m.
Mutuals 12 and 15	11:45 a.m.-12:30 p.m.
Mutuals 3 and 5	12:30 p.m.-1:15 p.m.
Mutuals 6 and 7	1:15 p.m.-2 p.m.
Missed appointments	2 p.m.-3 p.m.

An additional flu clinic will be held Tuesday, Oct. 29, from 4-6:30 p.m. at the Health Care Center Conference Room 1.

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Reserve your seating for either 11:00 am or 1:00 pm
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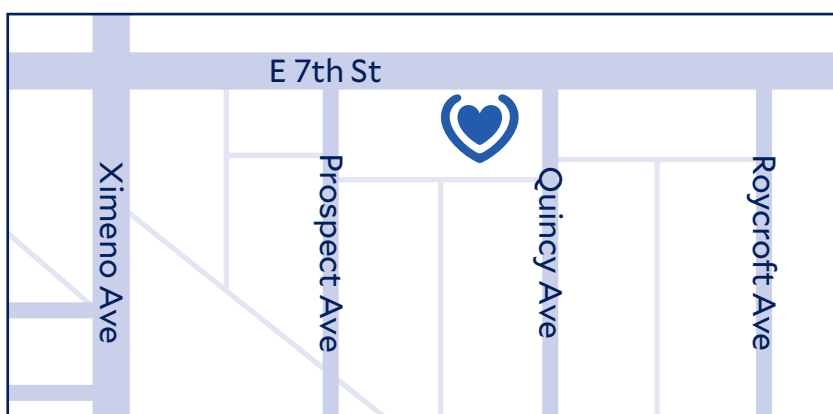
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Come to a meet & greet with Dr. Lee at the CareMore Long Beach Care Center:

Friday, October 18th 10AM
Thursday November 7th 10AM

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Community



Los Angeles Christian Singers

Christian singers return to LW Saturday

The Korean-American Classic Music Academy will host the Los Angeles Christian Singers in concert on Saturday, Oct. 12, at 2 p.m. in Clubhouse 2. This is the fourth time the group will perform in Leisure World. Previous performances brought rave reviews.

The choir will sing a special song, “Yearning for My Home Beyond the Golden Gate Bridge,” written by the late Luke Kim, husband of Grace Kim. Dr. Kim wrote the words and music while an intern in San Francisco. “I was homesick and melancholic. I was expressing my feelings through the music,” he wrote. Other songs include “Over the Rainbow” and several numbers written by Puccini.

The singers studied music in Korea, Europe and the United States. They are opera singers, professors, radio commentators and choir directors.

There is no admission, but a free will donation will be collected to support the group’s community projects.

This year the singers have designated its funds to a mission that supports a children’s choir and music education in Kenya.



Come to the GAF “On Broadway” gala in costume like Phantom Carl Kennedy, “South Pacific” Island girl Anna Derby, “Oklahoma” Cowboy Ren Villanueva and “Grease’s” Donna O’Keefe. The Gala will be held Oct. 19 in Clubhouse 2 and will feature a silent auction with gift baskets and getaways for people to bid on, so bring checkbooks. To purchase gala tickets, contact Gail Levitt, 596-1346 between 9 a.m.-5 p.m. For more information, call Anna Derby, 301-5339.

Sunday Bingo

Bingo games, sponsored by different Leisure World clubs, are played at 1:30 p.m. on Sundays in Clubhouse 2; doors open at 1. All LWers are welcome. Complimentary refreshments are served.

The Oct. 13 games will be hosted by the Gadabouts. The New York Club hosts the first Sunday of the month; St. Therese of Holy Family Parish, third Sunday; and the American Legion, the fourth and fifth Sundays.

PEO Luncheon/Card Party

The next PEO luncheon and card party will be held Oct. 30, one week later than usual, in Clubhouse 2 at 11:45 a.m. Lunch is served at noon. All Leisure World residents are invited to join the fun, men and women combined or separate are invited to play any game they want.

The PEO will not host games and lunch in November or December, due to the Thanksgiving and Christmas holidays.

The lunch is \$12, which pays for entree, salad, roll, beverage and dessert, tax and tip included.

To start a new table or make changes, call Jan Krehbiel before Oct. 27 at 431-8240. PEO is national organization that sponsors scholarships for women.

GOLDEN AGE FOUNDATION

Salvation Army truck in LW Oct. 31

The Golden Age Foundation is sponsoring The Salvation Army Donation Truck on Oct. 31 from 10 a.m.-noon in the Clubhouse 2 parking lot.

People are welcome to donate clothing and small household items, things that can be carried into the truck. It will also take small e-waste items, such as note pads and cell phones.

It will not accept large pieces of furniture.

The donation truck will return in February, the same day as Golden Age Foundation Shredding Service day. For more information, contact Anna Derby at (562) 301-5339.

Mutual 7 Patio Sale

Leisure World residents are invited to Mutual 7’s annual patio sale today, Oct. 10, from 9 a.m.-1 p.m. There will be lots of items for sale; bring small change and bills (no large bills).

Maps to participating households will be on signs in orange buckets on Northwoods Road, St. Andrews Drive and Oakmont Road.



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LW REPUBLICAN CLUB

Assemblyman Diep will speak Oct. 16

The LW Republican Club is honored to announce that Assemblyman Tyler Diep has been confirmed as speaker for the Oct. 16, meeting at 7 p.m. in Clubhouse 3, Room 2. Diep was elected to the California State Assembly in November 2018. He represents the 72nd District, which includes the Orange County cities of Fountain Valley, Los Alamitos, Seal Beach, Westminster, portions of Garden Grove, Huntington Beach, and Santa Ana, and the unincorporated areas of Midway City and Rossmore.

For the 2019-20 legislative session, Assemblyman Diep serves as vice chair for the Housing and Community Development Committee and the Committee on Arts, Entertainment, Sports, Tourism and Internet Media. He also serves as a member of the Appropriations, Public Safety, Transportation, Labor and Employment, and the Joint Legislative Audit Committee. He is also the Republican Alternate to the Rules Committee.

Diep has proven to be a taxpayer advocate. In 2017 and 2019, the Orange County Taxpayers Association recognized him with the coveted "Rose Award" for his opposition to new and higher taxes. Diep's priorities include common sense infrastructure spending, promoting job growth and creation, continuing a strong commitment to public safety and protecting access to health care.

Assemblyman Diep has long been committed to public service as he was first elected as director to the Midway City Sanitary District in 2006. He was then elected to the Westminster City Council in 2008 and in 2014. He was unanimously selected as vice mayor in 2010 and 2018. Professionally, he served as a senior advisor and small business outreach specialist with the California State Board of Equalization and the California Department of Tax and Fee Administration. In addition, he is also a proud small business owner in Huntington Beach.

All are welcome to attend the meeting as members start to gear up for the 2020 campaign. The club will also have voter registration forms and a petition to recall Gov. Newsom available to fill out.

—David Harlow,
club president



Patricia Bateman, Mutual 9, received The Los Angeles County Sheriff Department's Chief's Award. This highly prestigious award was presented to her for performing beyond her normal duties. Patricia has been with the department for over 27 years, earning the admiration and respect of her peers. She celebrated her great accomplishment with Capt. David Sprengel (l), Chief Christopher Blasnek (c), co-workers and Arnold Bateman, her husband of 36 years. Everyone had a fantastic time on this memorable occasion.

Y SERVICE CLUB

Col. Lalor of Joint Forces Training Base to speak Oct. 16 in CH 3 at 8:30 a.m.

Col. (CA) Richard W. Lalor, public affairs officer, Joint Forces Training Base, will speak at the Y Service Club meeting on Wednesday, Oct. 16, at 8:30 a.m. in Clubhouse 3, Room 2.

Col. Lalor serves as the public affairs officer for both the Joint Forces Training Base Los Alamitos and Los Alamitos Army Airfield.

He has received numerous military awards and decorations.

A continental breakfast will be served at 7:30 a.m., hosted by Sylvia Makus and Ida Van Wyk.

President Dianne Hart will conduct a short business meeting at 8 a.m., followed by Col. Lalor's presentation at 8:30 a.m.

All Leisure World residents are welcome to attend the meeting



Col. Richard W. Lalor to learn more about the Y Service Club's role in the Leisure World community.

MUTUAL 2

ShakeOut training session is Oct. 17

The Emergency Buddy System (EBS) of Mutual 2 will hold a special training session for the Great California ShakeOut at 10 a.m. on Oct. 17. All Mutual 2 residents are requested to attend and bring their chairs to the greenbelt park located between buildings 21 and 34.

There will be a demonstration of the Drop, Cover and Hold On instructions for people using canes, wheelchairs, walkers and able persons. Each attendee will receive a free emergency metal whistle.

The hour-long training will cover critical topics such as fire, floods, shootings, airplane crashes and earthquakes applicable to apartments and buildings in Mutual 2.

EBS volunteers will serve sandwiches and bottled water at the conclusion of the training.

EBS and CERT volunteers are reminded to wear their badges, emergency vests, bring their FRS radios, whistles, clipboards, pencils and chairs.

Contact Dr. Rosa Fabian, (562) 240-5212; Joanna Matos, (562) 598-1849; Teresa Turner (714) 768-3414; or Fara Quirin (714) 625-5141, for more information.

RV Club

The Leisure World RV Club is having its first meeting of the fall on Oct. 15 in Clubhouse 4. Festivities begin at 5 p.m. with an Italian-themed potluck dinner.

The meeting starts at 6 p.m. Plates, bowls, flatware and water will be provided.

Bring serving utensils for dishes.

An update will be given on the balloon festival and the Lake Havasu fireworks show. These events sell out early, and reservations should be made soon.

Suggestions for activities and camp outs are always welcome.

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Answers on page 26

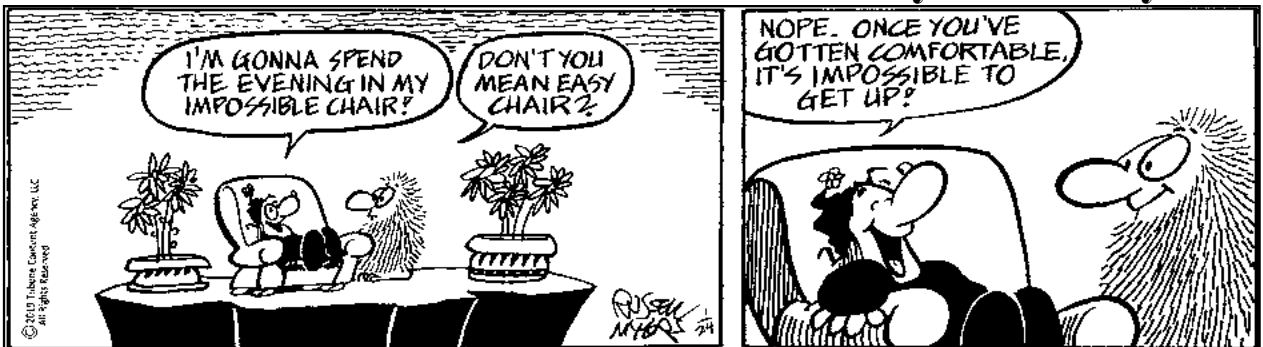
Gasoline Alley

By Jim Scancarelli



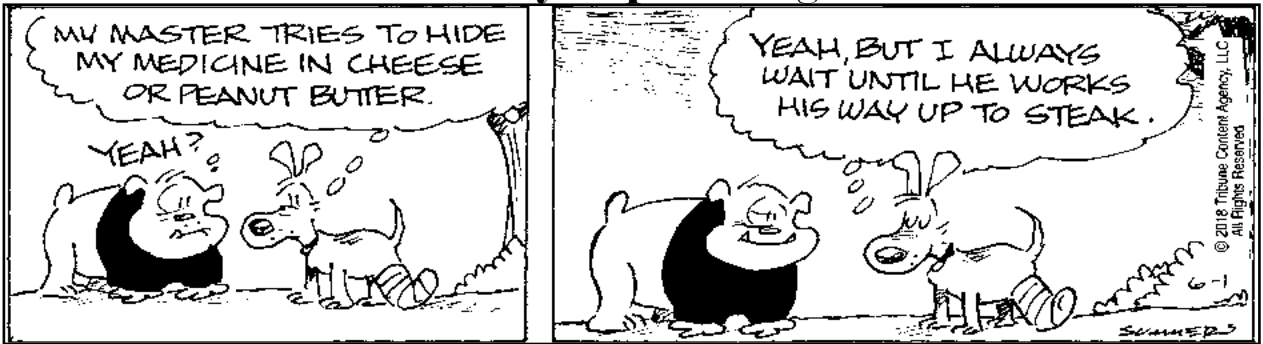
Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

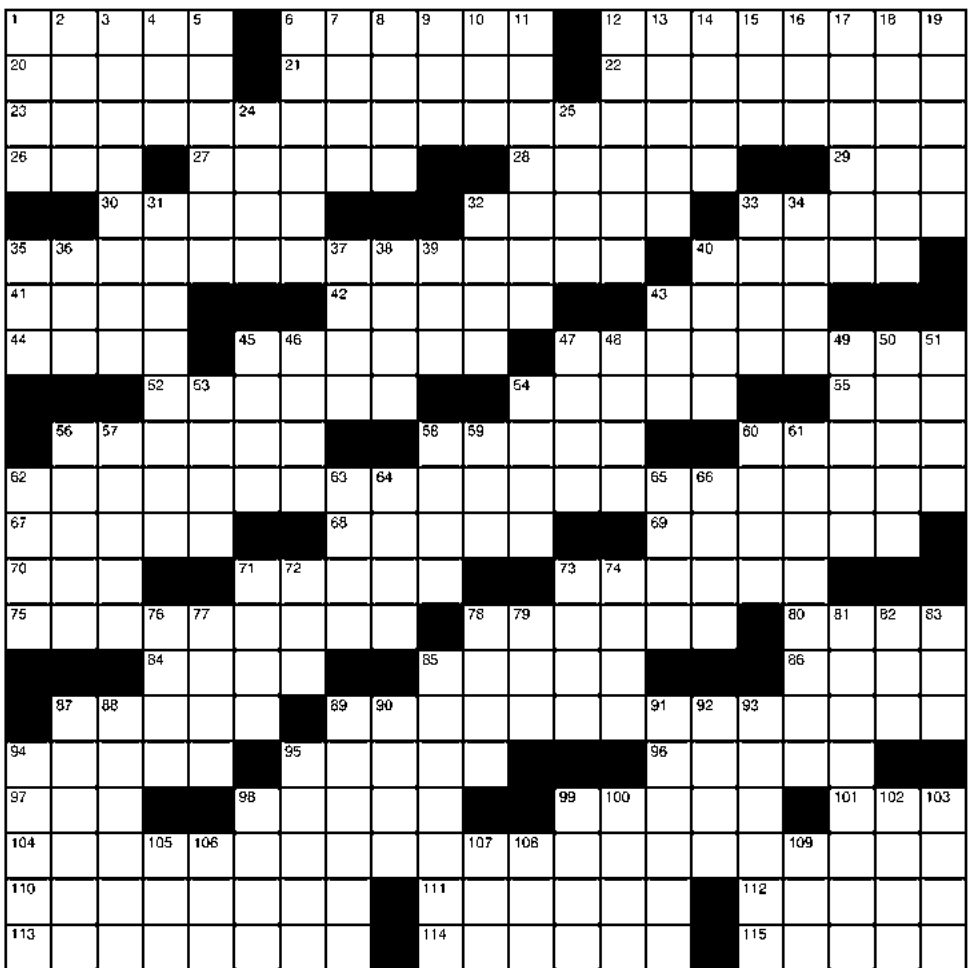


Movie Lines

Edited by Linda and Charles Preston

CROSS

- 1 Lap up
- 6 Chopping into pieces
- 2 Tests of a will
- 10 Less common
- 11 Maine national park
- 12 Attendance check
- 13 Line from "Star Wars"
- 14 Singer Garfunkel
- 15 Castle buffers
- 16 "Death of a Salesman" protagonist
- 17 Fleur-de-
- 18 Turn on
- 19 City east of Lagos
- 20 Splash through water, e.g.
- 21 Line from "Grand Hotel"
- 22 Midwest hub
- 23 French bench
- 24 "Over the Rainbow" composer
- 25 Calla lily is one
- 26 Music halls
- 27 Misrepresented
- 28 Line from "The Terminator"
- 29 Medullary sheath
- 30 Schemes
- 31 Alder tree
- 32 Black Sea city
- 33 Bailey or Buck
- 34 Rocky debris
- 35 Line from "The Wizard of Oz"
- 36 Ethiopian city
- 37 Fonda's first Oscar movie
- 38 Past
- 39 Before, to Burns
- 40 "Hair" dos
- 41 Tar or gob
- 42 Line from "Sudden Impact"
- 43 Mislead
- 44 Muslim holyman
- 45 Villainous visage
- 46 Athenian legislator
- 47 Site of Hannibal's defeat
- 48 Texas breakfast choice
- 49 Line from "Jerry Maguire"
- 50 Iroquoian Indians
- 51 ___ nine
- 52 Stop, to 73 Across
- 53 Young 'un
- 54 Promote
- 55 Mature
- 56 Altar declaration
- 57 Line from "Apollo 13"
- 58 Appraise
- 59 Come out
- 60 "Good Times" Esther
- 61 Became ill again
- 62 Fixed food allowance
- 63 Beau



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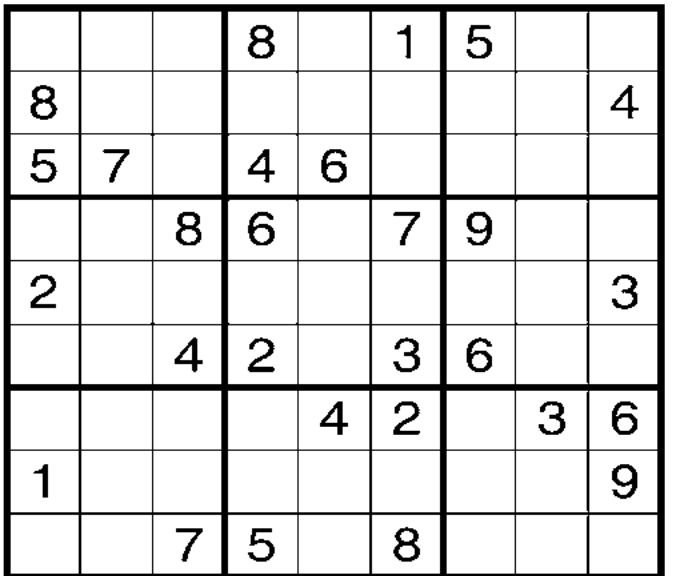
10/13/19

DOWN

- 1 Mex. miss
- 2 Lionized Bert?
- 3 Solvent compound
- 4 Sports figure
- 5 Punctual
- 6 From the beginning, to Bach
- 7 Popular rapper
- 8 Crow cries
- 9 Despot Amin
- 10 Nada
- 11 Santa Maria, for one
- 12 Early delivery
- 13 Martin's partner
- 14 TV actor Ken
- 15 Short sandwich order
- 16 Teutonic "alas"
- 17 Lord's retail partner
- 18 Thompson's pigtailed pixie
- 19 Kind of fund
- 20 Beat badly
- 21 Former European capital
- 22 Being filmed
- 23 Lost hemoglobin
- 24 "Leaving Las Vegas" actress
- 25 Innocent one
- 26 Lagos native

- 36 Roll of dough
- 37 Indonesian island
- 38 Leprechaun land
- 39 Schooner's contents
- 40 Peepers
- 41 Model Carol
- 42 Mrs. HST
- 43 Joie de vivre
- 44 Mozart's "___ Pastore"
- 45 Moon (around)
- 46 Hank "The Hammer"
- 47 ___ fraiche, in France
- 48 ___-jerk: unthinking
- 49 French/Belgian river
- 50 Expectant father's walk
- 51 Scarlett of Tara
- 52 All-star Jeter
- 53 Extra
- 54 One of a carousing trio
- 55 Utah lily
- 56 Spicy sausages
- 57 The ingroup
- 58 Gumbo ingredient
- 59 Devious maneuver
- 60 Footnote abbr.
- 61 Actor MacLachlan
- 62 "The ___ have it"
- 63 VIP at Yalta
- 64 ___-eyed
- 74 Uncle's wife
- 75 Novelist Wiesel
- 76 Queens favorites
- 77 Stewart role in "Harve"
- 78 Popular street name
- 79 Iberian scarf
- 80 Frenchman's soul
- 81 The merry month
- 82 Guitarist J.D.
- 83 Routine
- 84 Ceremony
- 85 Backed off
- 86 Firefighter
- 87 Come to pass
- 88 Word with when, who who
- 89 Lords' lands
- 90 Anesthetic of old
- 91 Adventure story
- 92 Anaconda kin
- 93 Soprano Grist
- 94 "Orhella" homewreck
- 95 Have a hero here
- 96 Portent
- 97 Hearst abductors: abb
- 98 Ram, to a Brit
- 99 Dr.'s grp.
- 100 Dog doc
- 101 Ginza greeting gesture

Sudoku



9 To 5 By Harley Schwadron



SCRABBLE G R A M S

PAR SCORE 265-275
BEST SCORE 337
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

RACK 1
A1 E1 U1 N1 N1 T1 M3

RACK 2
A1 E1 O1 M3 L1 D2 R1

RACK 3
A1 Y4 T1 H4 N1 D2 R1
2nd Letter Triple

RACK 4
A1 E1 I1 S1 D2 F4 H4

RACK 5
A1 I1 Y4 D2 T1 K5 D2
Double Word Score

JUMBLE THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

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COPOH
WLYLID
ROAMLN

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Can I borrow those for a second?
You better cut out the attitude, young lady.
Do I look like I'm done using them? Find your own pair.

SHE WANTED TO BORROW THE SCISSORS, BUT HER SISTER WAS BEING —

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print your answer here: _____



On Sept. 28, 11 LW Democratic Club members joined 1,000 other Democrats at the DPOC's 25th Annual Harry S. Truman Awards Dinner.

DEMOCRATIC CLUB

Sen. Tom Umberg to speak at Oct. 16 meeting

Sen. Tom Umberg will address the SBLW Democratic Club's membership meeting at noon on Wednesday, Oct. 16, in Clubhouse 4. He will cover the accomplishments of the recently ended 2019 session of the California State Legislature.

Visitors are welcome to attend. Members and their supporters should arrive by 11:30 with "brown bag" lunches to participate in informal round table discussions with board members and others in attendance. Persons interested in being table hosts should contact Clara Wise at (909) 957-9886. Table host training is available.

On Sept. 23, Mary Larson, the club's immediate past president, joined President Mary Tromp at the monthly meeting of the Democratic Orange County

Central Committee. In response to a question from Larson, the County Registrar of Voters clarified the procedure for "No Preferred Party" voters to participate in the March 2020 Democratic Presidential Primary Election.

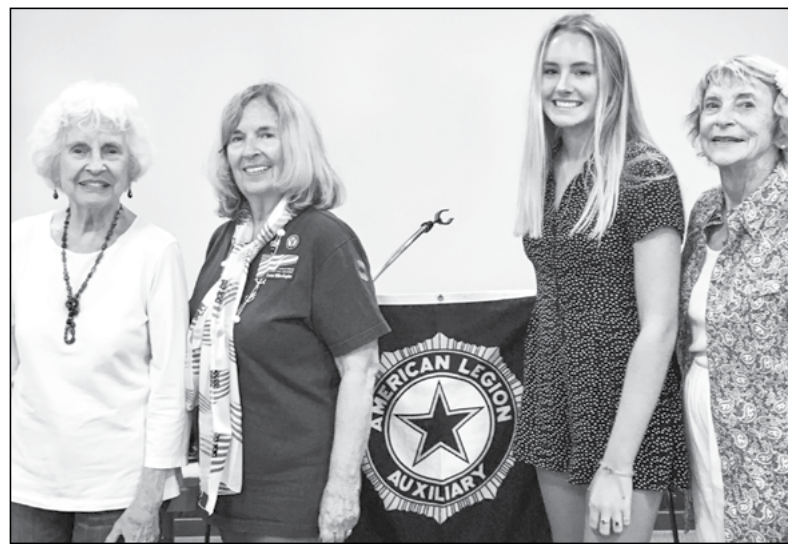
During the meeting, the Central Committee, which is the governing body for the Democratic Party in Orange County (DPOC), also adopted new positions on several key issues.

The first resolution called for an end to the criminalization of those experiencing homelessness when there is a lack of alternative for shelter and to settle Housing is a Human Right Orange County v. County of Orange. They also approved a measure requiring the Democratic Party of Orange County to choose socially responsible union Fair Hotels when

organizing hotel events.

Most of the meeting was spent debating and finally passing a resolution calling for the reform of the U.S. Immigration and Customs Enforcement agency (ICE). ICE was created in 2003 through a merger of the investigation and interior enforcement elements of the former U.S. Customs Service and Immigration and Naturalization Service. ICE now has more than 20,000 law enforcement and support personnel in more than 400 offices in the U.S. and around the world with an annual budget of approximately \$6 billion.

For more information about The Democratic Party of Orange County, the majority party representing more than half a million registered Democratic voters in California's third-largest county, **DEMOCRAT, page 26**



Cathy Boufford (l-r), Lorna Miller-Kaplan, president; Julia Carpenter, Girls State representative, and Ellen Brannigan, Girls State chair

AMERICAN LEGION AUXILIARY

Girls State rep presents program

Julia Carpenter, co-president of the Los Alamitos Senior Class, presented a program on the leadership development program of the California Girls State for 2019. Julia was elected by her peers as the mayor of her community for the week. She is also an excellent violinist and has attended the annual fashion show.

The American Legion Auxiliary is collecting donations of small toiletry items, socks, new underwear and small purses to send to **AUXILIARY, page 26**

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The Korean-American Computer Forum (KACF) is conducting Apple Mac forums on the second Tuesday of the month through December; classes are conducted in Korean.

Sunshine Club

Leisure World Community Emergency Response Team (CERT) instructor Phil Mandeville will be the Sunshine Club's guest speaker tomorrow, Oct. 11, at 10 a.m. in Clubhouse 3, Room 2. Mandeville will cover how to help yourself, your neighbor, and your Mutual during an emergency. He'll discuss disaster preparedness, joining clubs that help in a disaster and answer questions regarding disaster preparedness.

The club has frequent guest speakers from outside Leisure World who speak on various topics to enhance living in LW. The club does not endorse the speakers or their businesses. It solely provides information. Any interaction with the business outside of the meeting is on-your-own. The club appreciates shareholders bringing their own coffee mugs to participate in the "Save The Earth" program the club be-

gan about five years ago. Arrive 5-10 minutes early to enjoy refreshments before the meeting begins. The club meets Fridays in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first Friday in Room 9). All shareholders are welcome to attend; membership is not required. For more information, call Anna Derby at (562) 301-5339.



Phil Mandeville

Obituaries

Timberlake, Barbara Gail 1937 - 2019

Barbara Gail Timberlake, age 82, of Mutual 3 died on Sept. 29, 2019. She was preceded in death by her first husband, Gabriel Gayou, who died in 1989; second husband, George Timberlake, who died in 2012; parents, George and Alberta (Lee) Wigers; and grandson Rich Timberlake.



Mrs. Timberlake was of the Episcopal Faith and enjoyed playing golf and working at the Leisure World Golf Course. She is survived by her daughter, Jennifer Griva and husband Darwin; son, Gary Gayou; grandson, Shane Gayou; stepson, Scott Timberlake and wife Celeste, Bob Timberlake and wife Karen; grandchildren, Jessica Timberlake, Olivia and Kyle Timberlake, and many beloved cousins. A celebration of life service will be held at a later date.

- In Memoriam
Evelyn Hill 62
Elleanor Johnson 87
Douglas Stenhouse 87
Barbara Anderson 87
Bernard Stein 80
Robert Kelleher 73
Christian Olsen 55
Nnaemeka Osakwe 55
Salvatore Anzalone 91
Anthony Rizzolo 72
Diana Ma 94
Martyne Bonza 45
Families assisted by
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—paid obituary

Space is available for obituaries of residents and former residents. • An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death. • An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff are free and no more than 250 words.

Puzzle Answers

Puzzle page 22

SCRABBLE G R A M S SOLUTION									
U ₁	N ₁	M ₃	E ₁	A ₁	N ₁	T ₁	RACK 1 =		
E ₁	A ₁	R ₁	L ₁	D ₂	O ₁	M ₃	RACK 2 =		
H ₄	Y ₄	D ₂	R ₁	A ₁	N ₁	T ₁	RACK 3 =		
D ₂	E ₁	A ₁	F ₄	I ₁	S ₁	H ₄	RACK 4 =		
K ₅	A ₁	T ₁	Y ₄	D ₂	I ₁	D ₂	RACK 5 =		
PAR SCORE 265-275							TOTAL		
							337		

Crossword Answers

SLURP	DICING	PROBATES
RARER	ACADIA	ROLLCALL
THEFORCE	WILLBE	WITHYOU
ARTMOATS	LOMAN	LIS
HOPUP	BENIN	SLOSH
IWANTTO	BEALONE	OHARE
BANC	ARLEN	ARUM
ODEA	BELIED	ILLBE
MYELIN	PLOTS	ARN
ODESSA	PEARL	SCREE
THERES	NOPLAC	ELIKE
HARAR	KLUTE	BYGONE
ERE	AFROS	SAILOR
MAKEMY	DAY	DELUDE
LEER	SOLON	ZAMA
GRITS	SHOWME	THEMONEY
ERIES	CLOUD	AVAST
TOT	BOOST	RIPEN
HOUSTON	WEHAVE	APROBLEM
EVALUATE	EMERGE	ROLLE
RELAPSED	RATION	SWAIN

Sudoku Answers

4	2	9	8	3	1	5	6	7
8	6	1	7	2	5	3	9	4
5	7	3	4	6	9	2	1	8
3	1	8	6	5	7	9	4	2
2	5	6	9	8	4	1	7	3
7	9	4	2	1	3	6	8	5
9	8	5	1	4	2	7	3	6
1	4	2	3	7	6	8	5	9
6	3	7	5	9	8	4	2	1

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: PANSY POOCH WILDLY NORMAL
Answer: She wanted to borrow the scissors, but her sister was being — SNIPPY

MUTUAL from page 5

- Wednesday, Oct. 16
Thursday, Oct. 17
Thursday, Oct. 17
Monday, Oct. 21
Wednesday, Oct. 23
Thursday, Oct. 24
Friday, Oct. 25
Monday, Oct. 28

- Mutual 7
Administration 1 p.m.
Mutual 2
Administration 9 a.m.
Mutual 11
Clubhouse 3, Room 9 1:30 p.m.
Mutual 15
Administration 1 p.m.
Mutual 10
Administration 9 a.m.
Mutual 1
Administration 9 a.m.
Mutual 6
Administration 9:30 a.m.
Mutual 8
Administration 9 a.m.

DEMOCRAT from page 23

visit www.ocdemocrats.org or call (714) 634-DEMS. On Sept. 28, SBLW Democratic Club members Kathy Moran, Peter Rosenwald, Jacquie Clarke and Mary Larson joined members from other 48th Congressional District Democratic clubs at a gathering sponsored by Congressman Harley Rouda. All attendees were delegates to the Oct. 5 Candidate Pre-endorsing Conference, and most of them will be voting members at the California Democratic Convention on Nov. 15-17 in Long Beach. Rouda, who is seeking re-election in 2020, shared some of what he had accomplished since taking office in January. He has introduced over 400 bills and resolutions, many that are of interest to Leisure World residents, including the Middle Class Health Benefits Tax Repeal Act of 2019, Palliative Care and Hospice Education and Training Act, and Disability Integration Act of 2019, among others. The bill titled Blue Water Navy Vietnam Veterans Act of 2019 became public law on June 25. Many others have passed the House and are awaiting consideration

in the Senate. For a full listing of Rouda's accomplishments, go to <https://www.congress.gov/member/harley-rouda> Also on Sept. 28, 11 SBLW Democratic Club members joined 1,000 other Orange County Democrats at the DPOC's 25th Annual Harry S. Truman Awards Dinner. Speakers at the event were Rusty Hicks, chair of the California Democratic Party; Congressman Ted Lieu (CA-33); and Assemblywoman Lorena Gonzalez (AD-80). The Party's signature Truman Awards went to Orange County's four freshman congressional representatives: Gil Cisneros (CA-39), Mike Levin (CA-49), Katie Porter (CA-45), and Harley Rouda (CA-48).

In preparation for the Oct. 28 Voter Awareness Series meeting dealing with addressing gun legislation, club members are encouraged to read Thom Hartmann's new book titled "The Hidden History of Guns and the Second Amendment." Correction: Thu-Ha Nguyen's name was misspelled as it appeared in last week's paper. As noted, she is the only Democratic candidate who has currently

Grief Group

A Journeys support program provides a safe place to process feelings of loss with others. The free eight-week support group is sponsored by Pathways and open to all. The series of meetings will be held Tuesdays, Oct. 15-Dec. 3, from 10-11:30 a.m. Each week a new topic will be introduced. Group members will learn tools to help them move forward in their grief journey. To RSVP and receive details about attending the group, contact Cindy Tostado, GRF Member Resource and Assistance Liaison, at 431-6586, ext. 317.

filed to run in the 72nd Assembly District against Republican incumbent Tyler Diep. Born in Saigon five months after the city fell, Thu-Ha has been a resident of Garden Grove since 1995 and was first elected to the city council there in 2016. She ran for reelection against Duy Nguyen in 2018, winning with 71.6 percent of the votes.

For more information about the SBLW Democratic Club, email lwsbdemocraticclub@gmail.com, or visit <http://sblwdems.wordpress.com>. There is also an up-to-date calendar of both club and related events on the website.

—Mary Larson

AUXILIARY from page 23

the women on active duty in the military. Bring donations to Jean Sudbeck, (562) 594-0209, no later than Oct. 11. Members are invited to the board meeting on Oct. 11 at 1 p.m. in Clubhouse 3, Room 4, and the District meeting Oct. 12 in Cypress. A carpool will leave the parking lot by Jean's unit at 8:15 a.m. Call Jean to reserve a seat.

Classifieds

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ESTATE/MOVING/ PATIO/CARPORT SALES

For Sale: Collectibles, zebra couches, antique highly carved bed, kitchenware, costume jewelry, vintage clothes. 13541 Wentworth Lane, Mutual 5, 108K. Thursday, Oct 10 and 11th. 760-953-4219 10/10

FOR SALE everything you don't need or don't think you need. 13330 Del Monte 10D Call 562-598-0715

Yard sale, Mutual 11. 13141 Del Monte dr. #284J. Oct. 10 (Thursday only) 9 a.m. – 2 p.m. Nice Misc. items. 714-325-5710 10/10

ESTATE SALE

1441 Homewood Road, Apt 96E Mutual 5 October 10 & 11th, 9:00 a.m. – 2:00 p.m. Couch & chair, motorized recliner, coffee table set, china cabinet, bookshelves, dining room table w/6 chairs, complete bedroom set w/queen bed, table and floor lamps, small entertainment unit, decorative wall plates, glassware & men's clothing.

Patio Sale, Oct. 10th. Beautiful vintage crystal punch bowl with glass ladle. \$110. Vintage fine china, crystal, silver piece for fine dining, decorative chine plates, etc. "Borgana" Fur coat, \$50. Mutual 7, 170G 13220 Southport Ln

ESTATE SALE, MUTUAL 1, 15A, 13701 Annandale Dr., October 10th and 11th, Thursday and Friday from 9am to 2pm. Nice furniture, twin adjustable bed w/nice mattress, 2 nice wing back chairs, sofa bed, sofa, Tv, kitchen items and much more., Please come by and say Hi! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016.

FASHION JEWELRY SALE: many roaring 20's necklaces, bracelets, rings, ear, purses at give-away prices. 1540 Northwood road. Apt 270A. Thurs. and Sat. **Only**. 562-430-1927 10/10

MORE CLASSIFIED LISTINGS ON THE NEXT PAGE!

Classifieds

Big Patio Sale in Mutual 7. Oct. 10th. Starts at 9 AM. Bring your change – lots of good stuff. 10/10

Patio Sale by owner, Oct. 10 & 11th (thurs. & Fri.) 9 a.m. to 2 p.m. Mutual 7 – 13300 N Fairfield Lane #175 J, Seal Beach. Old cameras, new car radio, new fish finder, emergency radios, small TV's, computers, barely used HP copier, 4" Metal toolbox – filled with tools, medical supplies from oxygen equipment to wheelchairs, bed pads, bath chairs, ladies clothing: two piece and three piece outfits. All types of office items, three desks, new dog fence, sofa with lounge chair, leather loveseat with sofa bed, glass coffee tables, complete kitchenware, five oak bookshelves, five piece dresser sold together or separate, lamps, clocks, tables. House and car cleaning aids, free items with purchase! Everything Negotiable! Questions call 360-623-5752, send email address if you would like pictures. 10/10

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Furniture for sale: hidebed/couch, large chest, dining table adn four chairs. Call Hank 562-743-8473 10/10

Two electric recliners, sofa/love seat dark tan. \$250 both. 562-296-8434

Large oak hutch \$200, oval dining room table, 6 chairs \$250. Oak roll-top desk \$150. Very firm double bed \$75. Tan electric recliner, like new \$350. 214-778-7534 leave message.

Kimbel electric organ \$100. Lime green bedroom furniture \$200, convertible sofa, \$50. Call 949-677-4272 09/26

Christmas lights, indoor and outdoor, adult pullups and diapers with tabs, all sizes, large and small bed pads. Shower chair, four drawer small plastic container, 562-843-6963 10/10

L.W. APARTMENTS FOR SALE

LEISURE LIVING: Mr Hank & Associates. "Best little sure house" in Leisure World. 2 bed, 2 bath and enclosed patio. Lowest price \$229,00 M2 #44G Corner

Fully expanded one bedroom unit on gorgeous Greenbelt. Walk-in closet, walk-in shower. M16 on St. John #51B Asking \$165,000 Call Mr. Hank 562-743-8473

Brand new remodel! M14, 49 E. Reduced to only \$435,000. Call Carl for more info 661-810-9410

We welcome our new agent Maria Hunt, L.W. Resident. Habla Español. 951-906-6198

Over 150 units for sale. We have M.L.S Access Leisure Living Resales, next to Wells Fargo Bank. 562-493-6601 Lic #636260. 10/10

FUNERAL & MEMORIAL SERVICES

For sale: One cemetery plot. Westminster Memorial Park in Garden of Remembrance, section 671. \$5,000. Call 714-222-6741 from 9 a.m. – 4 p.m. 10/10

Two lots, Rosehill cemetery. Call 951-704-6494 10/10



Erika Shapiro

BRE # 01448494

Resales Specialist
Mut. 17 Resident
Traveling Notary
562-208-5223

COUNTRY COTTAGE
2 BDR, 2 bath, greenbelt.
Move-in ready, white kitchen,
washer & dryer, close parking.
Mutual 10, 246L \$435,000

BEAUTIFUL GREENBELT
2 BDR, 1 1/2 bath,
Gourmet cook's kitchen,
3 bay windows, washer/dryer.
...and more.
Mutual 12, 45D \$418,000

REDUCED MOVE-IN READY
2 BDR/1 1/2 bath, fully expanded
corner drive up, washer/ dryer,
dishwasher & more
Mutual 2, 19F \$339,000

REDUCED
Fully Expanded corner on a
lovely greenbelt, Central A/C heat,
skylights, built-in dishwasher &
microwave, double pane windows,
fresh paint.
Mutual 9, 208L \$265,000

PRICE REDUCED
Fully expanded, drive-up
Corner, beautiful built-ins,
Plantation shutters, A/C Heat
Pump. Built-in Microwave and
dishwasher.
Mutual 10, 256G \$265,000

NEW LISTING
2 BDR/1 Bath, Basic unit, facing
South, private entrance. Cut
down snowed, lovely courtyard.
Mutual 6, 144E \$182,900

BASIC 1 BDR
on a nice greenbelt, fully down
shower, skylights, fresh paint.
Mutual 3, 7C \$135,000

PRICE REDUCED
Beautifully expanded and up-
dated corner with drive-up con-
venience, large kitchen,
Wood flooring, washer/dryer
and more
Mutual 6, 56L \$340,000

PRICE REDUCTION
Partially Expanded 1 BDR/1 Bath
Drive up convenience,
Mutual 11, 276i \$145,000

BEST BUY
2 BDR, 1 Bath, Drive up,
Facing West. Very Private
Mutual 4, 52B \$165,000

2019 ESCROWS		
Mut. 9, 219F		\$175,000
Mut. 11, 282B		\$225,000
Mut. 17, 93S		\$369,000
Mut. 11, 284D		\$187,000
Mut. 9, 225F		\$195,000
Mut. 3, 29I		\$145,000
Mut. 9, 231E		\$175,000
Mut. 15, 1G		\$265,000
Mut. 2, 57C		\$145,000
Mut. 9, 210H		\$189,000
Mut. 5, 103K		\$225,000
Mut. 11 267H		\$179,000
Mut. 8, 183E		\$220,000
Mut. 17, 93A		\$369,000
Mut. 11, 284D		\$189,000

I SOLD 26 in 2018
I SOLD 34 in 2017
I SOLD 47 in 2016
I SOLD 36 in 2015
I SOLD 35 in 2014
I SOLD 60 in 2013
I SOLD 42 in 2012
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market evaluation

Leisure Living Resales



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Resident Broker
Notary Available

596-8656



Mutual 9, 232K \$165,000
Cute 1-bed partial expansion,
heat pump, close to carport.
Move right in.



Mutual 15, 1-D \$265,000
2-bedroom, 1-3/4 baths,
expanded with small patio.
Close to Main Gate, laundry
and carport.



Mutual 1, 54H \$192,500
Beautiful expanded,
1-bedroom, washer/dryer,
fresh paint, central heat/AC,
dishwasher, built-in micro-
wave, skylight in bath, dual-
pane windows, wood shutters.

Unbelievable Real Estate
DRE#00460268



2 Bedroom 2 Bath,
Greenbelt Views
Skylights, Upgrades, Charm -
1320 Kenwood 158B
Mutual 7 - \$299,500



Full Expansion
1660 Northwood Rd 276L
2 Bedroom 1 Bath
Fully Expanded, Drive Up, Green-
belt, AC, Dual Pane Windows
Endless Possibilities
Mutual 11 - \$269,000



2 Bedroom, 1 Bath
Skylights, DW, 3 Zone AC, Fresh
Paint, Large Storage Room
1261 Knollwood Rd 45J -
Mutual 4 - \$239,000



2 bedroom, 2 Bath,
Seeing is Believing
Fully remodeled, Great Views,
Tranquil Setting
1901 McKinney Way 16Q
Mutual 15 - \$319,000



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johnwebster@firstteam.com CalBRE# 01976550
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2 Bed, 2 Bath
Drive Up Corner, Greenbelt
View, Expanded Living and
Master, Beautiful Hardwood
throughout, Laundry, Central
AC, Dual Pane Windows, Patio
Entrance, Remodeled and
Updated tastefully
1860 St. John Road 32A -
Mutual 15 - \$389,000



2 Bedroom 2 Bath
Light and bright, Dual Pane
Windows and Heat Pump
Drive-up greenbelt view,
steps to parking and laundry
1811 St John Road 41E
Mutual 15 - \$269,000



Magic Triangle in Mutual 11
Remodeled Kitchen and Bath,
Laundry, Skylights,
Central AC Dual Pane Windows,
Laminate Floors, Spectacular
13100 Shawnee Lane 280J
Mutual 11 - \$318,000

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Mutual 4 – 47h Knollwood
Gorgeous 2 Bedroom/2 Bathroom
Remodel sits on wide V-greenbelt,
Chef kitchen, skylight, W/D, laminate
floors, Dual Pane Windows.
Stunning! Tons of Details \$398,000



Mutual 1 Very Private
RARE Extended 1Bd/1Ba, sits
privately on greenbelt.
South Facing, extra-large
closet w/Carport and Laundry
Steps away from unit!!
Perfect starter unit in LW



Mutual 14 with Curb Appeal
2Bd/1Ba Extended unit, NEW
carpet, new paint, shutters,
White kitchen, washer/dryer
walk-in closet, skylights, tile patio
w/stacked stone and storage closet.
This special unit will be a Keeper!

FEATURED UNIT



Mutual 1 – 37L Annandale
2Bd/1Ba Expanded Corner Unit
So-East Exposure on Greenbelt
Super Bright, Laminate Floors
Skylights, CLEAN. Carport space is
close to unit, walk to shopping center!
Great Price Value \$214,900



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M12	2Bd/1Ba	\$180,000	Just Closed
M12	2Bd/2Ba	\$343,950	Just Closed
M11	2Bd/1Ba	\$426,000	Just Closed
M16	1Bd/1Ba	\$140,000	Just Closed
M14	2Bd/1Ba	\$254,900	Just Closed



Mutual 12 – 42a Interlachen
Nicely Upgraded Corner 2Bd/2Ba
"WOW" Kitchen, Dual Pane Bay
Windows, Built-ins, Central Heat/
Air, W/Dryer, Granite, extras!
This GEM has it all! \$325,000



Mutual 2 Nicely Upgraded
New Laminate Floors and Cabinets
NEW Paint/Hardware, Nice Porch!



Mutual 14 – 20e Sunningdale



Mutual 11 – 265G Interlachen



Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605

rwgraysales@verizon.net
DRE 01027333

Your Leisure World Sales Team



California Properties



Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com
DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 11-268-K \$369,900 REDUCED ... FABULOUS One-of-a-Kind drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, smooth cathedral ceilings, crown molding, beautiful floors, recessed lighting, skylights, central heat/air, spa tub in master bedroom, side by side w/d and so much more



Mutual 7-168-E \$339,500 REDUCED ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.



Mutual 11-278-J \$208,000 NEW LISTING ... Two bedroom, 1 bath basic unit on a pretty courtyard setting! Newer dual pane windows, heat-pump, granite counters in the kitchen and bath, solar tubes, covered patio with storage, and close street parking.



Mutual 9-218-F \$385,000 PRICE TO SELL ... Completely One-of-a-Kind Remodel! This elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



Mutual 15-9-D \$529,000 GORGEOUS CORNER ATRIUM! This is the one you have been waiting for - there is no other one like it! Tile floors, gourmet kitchen with granite counters and stainless steel appliances, two master suites, a formal living room, a separate family room with dining, office and a real laundry room! Drive - up and new paint - ready for you to move in!



Mutual 12-62-E \$185,000 TAKE A LOOK AT ME NOW!! Basic two bedroom one bath. With New paint, cut down shower, skylights, cleaned carpets, newer heat-pump, East facing on a courtyard with close parking! Come and make your touches and call it your home! Great price, Call to see!



Mutual 15-23-R \$349,990 RESORT FEEL ... Totally remodeled upstairs unit overlooking a pretty green and tree-lined courtyard! Open concept living with everything new!



Mutual 12-57-A \$349,000 2 master bedrooms - 1.5 bath



Mutual 8-184-E Basic 2 bd - 1 ba on a NE facing greenbelt setting. Remodeled kitchen with dishwasher and built-in microwave. Remodeled bathroom. Laminate Floors, skylights and forced Air Heating & Air.



Mutual 7-153-A \$258,500 2 bedroom 1 Bath basic



Mutual 2-53-D \$204,000 NEW LISTING ... Adorable cottage with a wonderful ocean breeze - 2 bedrooms, 1 bath with pretty laminate wood-look floors, New bathroom tile floor, New paint through-out, tiled patio with built-in storage, and an enclosed front patio giving you extra space without the added cost and a gorgeous view of the oversized courtyard and a fabulous tree!

PENDING
Mutual 6-143-E
Mutual 3-23-H
Mutual 3-20-B Under Contract

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Claudette "CC" Cooley



Linda Patton



Adrian Villarreal

Two-Bedrooms

Mutual 64B \$260,000 **partial expan.**, cent. air, new laminate floors
Mutual 8 184 K \$412,000 **washer/dryer**, 4 skylights, green belt, very nice
Mutual 3 20B \$163,000 **Basic**, newer cook top, stove and oven, dishwasher
Mutual 2 10H \$200,000 **New windows**, 2 large skylights, white bamboo wood floors
Mutual 11 278J \$208,000 **Granite counters**, dual pane windows, lam. floors
Mutual 10 238F \$240,000 **Basic corner**, wrap around patio, newer paint, carpet
Mutual 3 35B \$248,900 **Full expan.**, washer/dryer, m faces south, lam. floors
Mutual 7 153E \$254,900 **1-1/2 baths**, south facing, lam. floors, clean
Mutual 4 48K \$255,000 **private patio**, granite, must see unit, charming
Mutual 2 60B \$259,000 **Full expan.**, central air, plantation shutters, greenbelt
Mutual 6 137A \$279,000 **Corner**, cent. air, washer/dryer, move-in-ready
Mutual 15 40B \$279,000 **Atrium**, cent. air, dual pane, lam. floors make offer
Mutual 5 96G \$318,900 **Expanded corner**, washer/dryer, lam. flooring, greenbelt
Mutual 5 110J \$315,000 **Btfl. remodel**, skylights, a must see
Mutual 6 128G \$289,000 **Washer/dryer**, dual pane, bay window, Corian counters
Mutual 7 168E \$339,500 **Full expan.**, 1 1/2 baths, washer/dryer, cent. air, location
Mutual 1 2F \$349,000 **Hardwood floors**, new heat pump, faces south

Mutual 11 268 K \$369,900 **Complete remodel**, washer/dryer, dual pane
Mutual 9 218F \$395,000 **One of a kind**, 2 bathrooms, washer/dryer, private location
Mutual 9 226L \$437,000 **Fabulous greenbelt**, washer/dryer, move i condition
Mutual 10 250A \$449,000 **1-3/4 baths**, washer/dryer, fabulous kit., cent. air, special
Mutual 15 25F \$476,000 **1-3/4 baths**, washer/dryer, cent. air btfl. remodel.
Mutual 2 60G \$495,000 **Full expansion**, 2 baths, washer/dryer, dual pane window

One-Bedrooms

Mutual 1 15E \$139,500 **skylights in kitchen and bath**, step in shower
Mutual 9 212H \$150,000 **Lam. floors**, dual pane windows, flared skylight kitchen
Mutual 9 212K \$154,700 **Great price**, move in condition, large patio, skylight
Mutual 4 78B \$159,900 **Enclosed patio**, drive up, skylights, lam. flooring
Mutual 1 23D \$169,000 **Very nice**, expanded, wood flooring, skylights
Mutual 9 226D \$175,000 **One of a kind**, must see, highly upgraded
Mutual 1 56H \$182,500 **Partial expan.**, dual pane, move-in-ready
Mutual 1 47D \$187,000 **Dream location**, dual pane windows, a must see
Mutual 4 89D \$197,000 **Expanded**, washer/dryer, cent air., greenbelt



Leah Perrotti



Jay Cho



Estee Edwards



Conrad Rodriguez



Irv Hart



Joanie Korman



Tim Kearns



Jong Kim



Paul Kim



Chris Kim



Kathy Gupton
Associate Broker
DRE # 00744676

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NEW LISTINGS

Mutual 17, 88A \$469,000

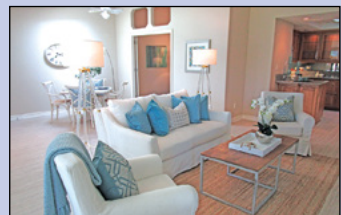
Fabulous 2-bedroom, 1-3/4-bath condo. Newly remodeled and upgraded.

This elegant home features a spacious living room with sliding glass doors to private balcony that overlooks park-like greenbelt. Kitchen features stainless steel double door refrigerator, microwave, free-standing stove, custom cabinets with soft close doors, pantry, granite counters and back splash and designer lights. Formal dining room has mirrored storage closet. Master bedroom has double closets with mirrored sliding doors, plantation shutters and sliding doors to balcony. Remodeled master bathroom has tiled floors, custom cabinets with granite counters, and bathtub with shower and tiled walls. Second bedroom has sliding glass doors to balcony and mirrored wardrobe closet. Three-quarter bath has tiled shower and floors, custom cabinets with granite counters. Hallway nook has room for shelving or cabinet. Also featured are laminate floors, crown molding, cool gray walls, smooth ceilings and sprinkler system, and free laundry. Parking is under building. This lovely home is definitely a decorator's delight and a must see!



Mutual 12, 72H \$369,000

Lovely expanded 2-bedroom, 2-bath home with many upgrades, great greenbelt view, leaded glass entry door with sidelights. Spacious living room with custom media center, dining area with skylight and ceiling fan. Kitchen has custom wood cabinets with pantry and extra storage, granite counter, Built-in appliances, including range, microwave, refrigerator, dishwasher, large skylight and ceiling fan. Master bedroom is expanded with walk-in closet and ceiling fan. Bathroom has custom wood cabinets with granite counter, linen closet, stackable washer/dryer and skylight. Second bedroom has large unique built-in along one wall providing more storage and French doors. Second bathroom with wood cabinets, granite counter and another shower. This home also features, Central heat and A/C, dual pane windows, laminate flooring throughout except carpet in second bedroom, plantation shutters throughout. This is an exceptional home and has so much to offer so you must come and take a look for yourself.



Mutual 4, 89D \$197,000

Nicely expanded 1 bedroom 1 bath on lovely greenbelt, leaded glass entry door, spacious living room leading to open kitchen with plenty of room for dining area, kitchen with white cabinets, newer counter, skylight, built-in appliances including microwave and dishwasher. Bathroom has newer counter, skylight, stackable washer/dryer and linen closet. Bedroom expansion with walk-in closet, ceiling fan and carpet. This home



also features, Central Heat and Air Conditioning, dual pane windows, plantation shutters, laminate flooring in kitchen and living area, very soothing paint colors, abundant natural light. If you are looking for a home that is move in ready then come and take a look as this unit as it has everything you could want!

Mutual 1, 2F \$369,000

Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room with closet for extra storage, heat pump. Kitchen has built-in appliances, quartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, quartz counter. Expanded master bedroom with walk-in closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings, dual pane windows. This unit is move-in ready and a must see.



Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Kitchen has large island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!



Mutual 10, 250A \$449,000

Lovely 2 bedroom 1 bath corner unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



Mutual 5, 96G \$318,000

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



Mutual 4, 78B \$159,900

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.

Mutual 6, 128G \$289,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight for abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with glass doors. Master bedroom and second bedroom have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.



Mutual 15, 40B \$289,000

Fabulous 2 bedroom, 1-3/4 bath, remodeled atrium floor plan, featuring an open kitchen with custom cabinets with pull-out shelves, lazy-susans, granite counters, stainless steel appliances including dishwasher, microwave and beverage cooler. Also a water purification and filter system. Dining room is adjacent to sizable living room. Master bedroom has mirrored wardrobe doors. Private full bath has granite counters and bathtub enclosure. Second bedroom may be used as a den or office, has mirrored wardrobe doors, ceiling fan and built-in shelves. Second bathroom has granite counters, walk-in shower and stacked washer/dryer. Atrium has an electrically operated skylight. Additional features are double-pane windows with shear covered blinds, central heat/air, hardwood floors. Private large enclosed brick patio partially covered with extra storage cabinets and jacuzzi.



Mutual 15, 25F \$476,000

Pending



PENDING

Mutual 11, 265L	
Mutual 15, 28G	\$389,000
Mutual 1, 42J	\$148,000
Mutual 1, 44B	\$179,900
Mutual 10, 247H	\$159,000
Mutual 4, 48K	\$225,000
Mutual 9, 237G	\$315,000
Mutual 5 124L	\$265,000

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Verna Chumley
Realtor®



Elana Altman
Realtor®



MUTUAL 15 – 37Q
\$259,000
Two bedrooms, Two baths,
Upstairs unit;
On lovely green; Move-in condition



MUTUAL 15 – 46M
\$249,000
Great Reduction!
Two bedrooms,
Two baths, Upstairs Unit; Faces breeze



MUTUAL 2 – 10I
\$277,000
Partially expd. two bedroom,
remodeled kitchen,
Travertine floor



MUTUAL 1 – 5G
\$259,000
Partial expansion of
two-bedroom
corner; on great greenbelt



MUTUAL 3 – 31A
\$319,000
Partial expansion; small patio;
Very nice spot



MUTUAL 2 – 46I
\$185,000
Newer windows, washer/dryer
newer counters
Nice central location



MUTUAL 8 – 178F
\$499,000
Designer's Dream; Modern
Two-bedroom corner remodel!



MUTUAL 15 – 23K
\$263,500
Upstairs two-bedroom, two-bath unit; Plantation
shutters; very clean unit



MUTUAL 9 – 222L
\$339,000
Fully expanded corner, new
paint and carpet



MUTUAL 3 – 25A
\$369,000
Corner hi-side exp. 2 heat pumps,
washer/dryer



MUTUAL 1 – 40G
\$259,000
Partially expanded two-bedroom
corner; Dining added



MUTUAL 1 – 34A
\$198,000
Expanded two-bedroom corner;
G/B; Great price!



MUTUAL 4 – 48L
\$289,000
Fully expanded corner, light
and bright, large patio



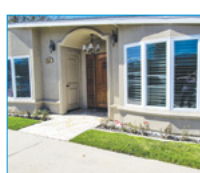
MUTUAL 15 – 22E
\$199,000
Spacious upstairs "Treehouse"
with large dining area and
enclosed patio, Must see!!



MUTUAL 2 – 62F
\$299,000
Fully expanded two-bedroom corner unit;
Easy access



MUTUAL 2 – 43H
\$130,000
Great price on this
one-bedroom unit;
Close to "downtown"



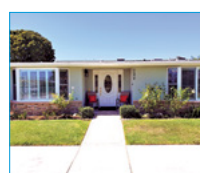
MUTUAL 12 – 62F
\$459,000
Expanded corner; 2
bedrooms, 2 baths;
Bay windows; remod-
eled kitchen;
Central air



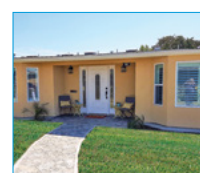
MUTUAL 2 – 15F
\$499,000
Modern Expansion
Two full bathrooms:
Built in fireplace and
65" TV, Best in LW!



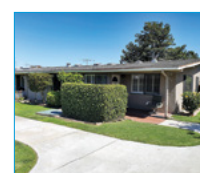
MUTUAL 9 – 222A
\$475,000
Lovely Modern
expansion; Has every-
thing – Two full baths,
Two master suites;
Oversized kitchen



MUTUAL 4 – 73F
\$425,000
This two-bedroom
remodeled unit has
everything! Two
baths; W/D; G/B; Easy
access; Check it out!



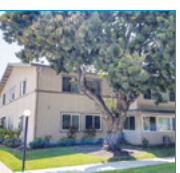
MUTUAL 3 – 23G
\$485,000
Remodel, Two Bed-
rooms; Two Baths;
W/D; Bay
Windows, Corner



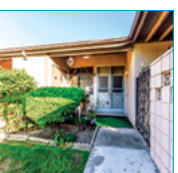
MUTUAL 6 – 59G
\$265,000
Fully expanded two-
bedroom corner; big
skylights;
central location



MUTUAL 7 – 176E
\$210,000
Lowest priced two
bedroom with
washer and dryer



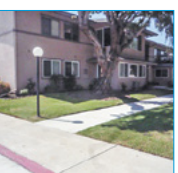
MUTUAL 15 – 23L
\$279,000
Two bedrooms,
two baths; W/D;
Upstairs unit
Pretty spot



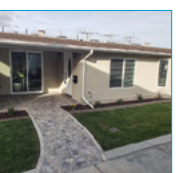
MUTUAL 15 – 25B
\$361,000
Rare find – Atrium
floor plan;
very clean; W/D



MUTUAL 2 – 36L
\$258,000
Expanded two-
bedroom unit;
Easy access



MUTUAL 15 – 23C
\$275,000
Expd. two-bedroom,
two-bath corner
unit; 1300 sq. ft.;
Lots of room &
Easy access



MUTUAL 2 – 30F
\$499,000
Modern expansion;
Has everything;
Two baths, W/D



MUTUAL 2 – 29D
\$499,000
Very different floor
plan; Two baths;
W/D, patios



MUTUAL 15 – 29R
\$269,000
Basic upstairs unit
with
enclosed patio,
dishwasher



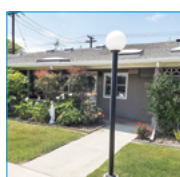
MUTUAL 3 – 26L
\$499,000
Fabulous MODERN
expansion; Has
everything! Two
baths; W/DRYER
A Must See!



MUTUAL 3 – 16I
\$179,000
Partially expanded
two-bedroom unit



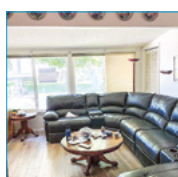
MUTUAL 1 – 11D
\$175,000
One-bedroom unit;
Close to
large greenbelt



MUTUAL 10 – 257K
\$279,000
2 Bdrm 1 Bath w/
W/D
& Many Upgrades



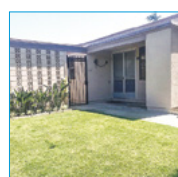
MUTUAL 8 – 196H
\$242,500
Partially expanded
two-bedroom unit;
Pretty spot



MUTUAL 8 – 199I
\$259,000
Two-bedroom unit
on a lovely green;
Expanded



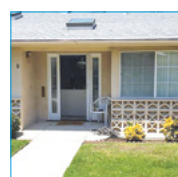
MUTUAL 8 – 180K
\$150,000
Great price on this
one-bedroom unit



MUTUAL 15 – 44A
\$299,000
Best price on an
Atrium corner;
Approx.
1100 sq. ft.!



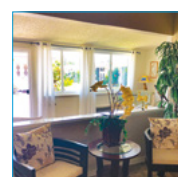
MUTUAL 7 – 145G
\$259,000
Fully expanded
corner unit;
Easy access



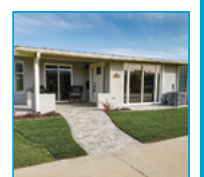
MUTUAL 5 – 97D
\$339,000
Fully expanded two-
bedroom unit;
washer/dryer



MUTUAL 12 – 35B
\$244,900
Expanded two-
bedroom unit; 1.5
baths; Easy access



MUTUAL 1 – 32K
\$179,000
Fully expanded one-
bedroom unit;
South facing



MUTUAL 2 – 9L
\$498,000
Full modern expd.
with everything; 2
bath; washer/dryer;
central air; corner

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I Have Buyers For Yours Too! - Call Me Today For A Free Market Evaluation!***

1682 Monterey #11H - M2 - \$219,000



PRICE REDUCTION!!!

2 bedroom, 1 bath, enclosed patio with 2 skylights, dual pane windows and custom front door. Beautiful greenbelt location! 3 A/C heat pumps.

1601 Glenview Rd. #64A - M12 - \$372,000



PRICE REDUCTION!!!

2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$194,500



Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

1603 Merion Way #42J - M2 - \$127,000



SOLD, IN ESCROW!

Basic 1 bedroom, 1 bath with AC unit in living room and bedroom. Storage on the patio.

13741 Thunderbird Drive #49D -M1- \$177,500



SOLD, IN ESCROW!

Clean 1 bedroom, 1 bath with dual pane windows, heat pump, large storage shed on patio, dishwasher, white kitchen cabinets, large skylight in kitchen and bathroom. WASHER/DRYER.

1330 Oakmont Road #144L - M6 - \$245,000



PRICE REDUCTION!!!

Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

1261 Knollwood #45C - M-4 - \$210,000



TAKING BACK UP OFFERS!
SOLD, IN ESCROW!

.2 bedroom, 1 bath on a quiet greenbelt location with mature trees.. In need of some TLC. Close to parking and laundry.

13630 Alderwood Lane #77L - M4 - \$219,000



Original corner unit in with 2 bedroom, 1 bath. Storage on patio. Needs TLC.

13560 St Andrews Dr., #3B - M14- \$449,000



NEW LISTING!!!

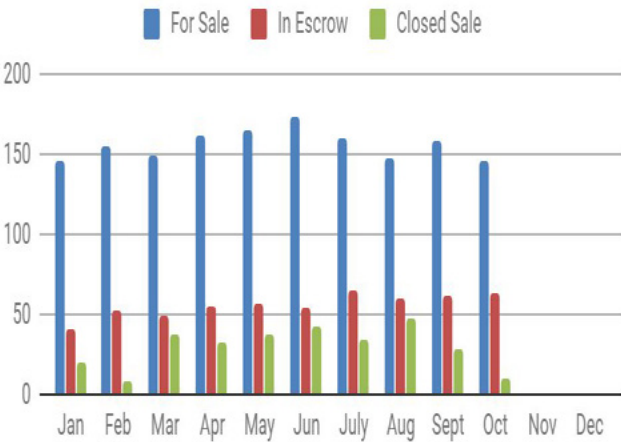
Fully expanded 2 bdrm, 1 1/2 bth. Remodeled, new Stainless Steel appliances, central A/C and heat, dual pane windows, plantation shutters, wshr/dryer, 4 skylights located on 1st tee of golf course

1781 Sunningdale Rd., #48L - M14 - \$404,900



Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.

10/10/2019- Year To Date MLS Activity



I Have Access To The Total Inventory

On October 8th, 2019 a total of 145 units show as active listings on the CRMLS (this is where Realtors list property for sale).

25 - 1 bedrooms, 1 bath from \$125,000 to \$199,000

57 - 2 bedrooms, 1 bath from \$169,900 to \$430,000

63 - 2 bedrooms, 2 baths from \$229,000 to \$509,000

Please give me a call for detailed information on any of these properties!



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