

MEDICARE OPEN ENROLLMENT



It's a good idea to review coverage every year.
See page 3

NEWS FLASH

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SB POLICE ENFORCEMENT



Seal Beach police will start two-week traffic safety campaign.

LW patrols start today with warning citations

by Victor Rocha
Security Services Director

As the GRF continues to enhance the security and safety of Leisure World residents, employees and guests, the Seal Beach Police Department will start patrolling in the community today, Oct. 24. It will mark the start of a two-week effort to educate drivers and pedestrians on rules of the road before writing official tickets.

For the next two weeks, people who are stopped for pedestrian or moving vehicle violations will be given warnings, unless the offense is egregious. In that case, a citation will be issued.

The grace period will end on Nov. 8, when the SBPD will start issuing citations.

SBPD emphasized during the Oct. 2 Town Hall meeting that the department is focused on moving violations of vehicles and pedestrian violations, and *not* on violations regarding golf cart equipment or licensing regulations. It is important to note, however, that golf cart operators may come to the attention of the police if they operate a golf carts in a recklessly unsafe manner.

Many residents have asked about current fines and costs associated with traffic citations. These are under the jurisdiction of the Superior Court of California, Orange County Traffic Court. For current information regarding fines and assessments, visit the Orange County Court website at <http://www.occourts.org/directory/traffic/general-information/fees.html>. Once on the site, click "How are Fines Determined" for a detailed breakdown of how fines are structured.

All citations issued by SBPD will be handled through Orange County Traffic Court. The GRF does not have any authority to review or cancel any citation issued by the police. For more information, call 431-6586, ext. 371.



Radio Club Secretary Rich Erickson and President Walt Mushagian are at the console at the Emergency Operations Center as part of a drill for the Great California ShakeOut last week. For more pictures, see page 16.

Shaking it out in LW

At precisely 10:17 p.m. on Oct. 17, people all over Leisure World dropped to their knees, took cover and held on as part of the annual Great California ShakeOut.

Some mutuals practiced evacuating residents; some set up command centers and radioed in to the LW Emergency Operations Center at the Amphitheater. At least one group sent people door to door to check on their neighbors.

A large presence of CERT-trained volunteers were in evidence throughout LW. CERT, which means Community Emergency Response Team, trains people to assist others when professional responders are not immediately available. LW offers the 20-hour FEMA-approved course twice a year. It covers light search and rescue, fire suppression, medical triage and more.

In Mutual 2, a large group of volunteer Emergency Buddies met for a ShakeOut drill that included a "Drop, Cover and Hold On" presentation on the greenbelt.

Mutual 6 volunteers, decked out in safety vests and carrying red backpacks with emergency supplies, met for a strategy session.

Mutual 11 volunteers set up a command post and dispatched volunteers to buildings to practice using radios and filing injury reports.

Mutual 17 evacuated condos and reviewed disaster strategy.

Leisure World's Emergency Operations Center at the top of the Amphitheater was fully staffed with Radio Club members, who work year round to ensure communication lines are open between Mutuals and emergency personnel. The Drone Club also participated in the drill. Drones could be invaluable in assessing damage after an earthquake.

GRF Emergency and Safety Coordinator Eloy Gomez praised the ShakeOut drills throughout LW, acknowledging that every effort to prepare for a possible disaster will not be in vain.



Mutual 17 GRF Director Nick Massetti and Marty Williams are CERT-trained.

FALL FEST



LA SOUND MACHINE

A Gloria Estefan Tribute

Miami Sound Machine, emergency expo are featured at fest Oct. 26

The 2019 GRF Fall Festival will be held from 10 a.m.-1 p.m. on Oct. 26 in Clubhouse 6.

The LW CERT Club, in conjunction with the Security Department and several service clubs, will showcase emergency preparedness equipment and have the latest disaster readiness information.

People will be able to purchase survival kits and other items.

The L.A. Sound Machine, a Gloria Estefan tribute band, will be rocking outdoors with a Latin flavor.

The band highlights all of the mega-hits from the 80s to today.

A variety of noshes will be offered by Koffel's food truck at modest prices as well as a tri-tip barbecue (\$10) for heartier appetites.

The Theater Club will provide complimentary face painting for the young at heart.

In addition to OC agencies and LW Service clubs, vendors include:

- SOCAL Animal Response Team (SCART)
- The Salvation Army
- OC 211
- LW Radio Club
- SBPD VIP
- Make A Difference CPR, First Aid and AED
- Blue Can Water
- CERT Study Group
- Security
- LW EIC
- More Prepared
- ARES, a radio communications service group in LW

Minibus shuttle service will be available from the parking lot of Clubhouse 4, so plan to park and ride as parking spaces are limited.

For more information, contact events@lwsb.com.

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CATALINA ISLAND COMPANY



Bob Bienias of The-Venders, partner of Tahitian Herbal, delivered the vending machine with CBD products last week.

TAHITIAN HERBAL
CBDs are available in vending machine

Leisure World residents can now purchase hemp-derived products called CBDs from a vending machine in Clubhouse 5 near the Copy and Supply Center.

Tahitian Herbal has partnered with The-Venders to sell its CBD products through vending machines nationwide.

Look for the Tahitian Herbal-branded machine with easy-to-use controls activated by a touch screen to guide customers through the purchasing process.

Tahitian Herbal offers a pure full spectrum hemp-derived CBD, precision blended with rare, exotic tropical oils. The company uses natural plants and exotic, rare oils.

Cannabidiol is a popular natural remedy used for many common ailments. Better known as CBD, it is one of over 100 chemical compounds known as cannabinoids found in the cannabis or marijuana plant, Cannabis sativa.

Tetrahydrocannabinol (THC) is the main psychoactive cannabinoid found in cannabis, and causes the sensation of getting “high” that’s often associated with marijuana. However, unlike THC, CBD is not psychoactive.

This quality makes CBD an appealing option for those who are

CBD, page 10

Missing person
found on patio

A missing person was reported to LW Security on Oct. 22 at 7 a.m. by her caregiver.

LW Security dispatched two patrol units to search for the missing woman and notified the Seal Beach Police Department.

SBPD dispatched a helicopter that flew throughout LW announcing a description of the woman who was found shortly after, tired but okay. She was spotted by a passerby sitting on a patio in Mutual 8, according to Larry Norlander, LW security watch commander.

The owners of the unit did not know she was there.

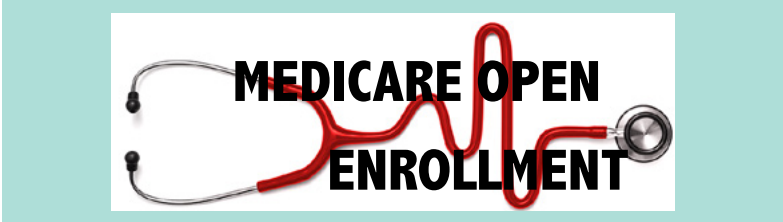
OC VECTOR CONTROL

Mosquitoes found in
OC have rare virus

Mosquitoes found in Anaheim and Westminster have tested positive for a rare virus that can cause brain inflammation, according to the Orange County Mosquito and Vector Control District. This is the first time since 1987 that the St. Louis encephalitis virus has been found in mosquito samples in Orange County, the agency said.

The infected insects were collected from Old Bolsa Chica Road in Westminster and Anaheim on Dale and Orange avenues.

VIRUS, page 7



Medicare Open Enrollment began Oct. 15 and ends on Dec. 7. From now until then, Medicare beneficiaries can compare coverage options like Original Medicare and Medicare Advantage and choose health and drug plans for 2020.

Medicare health and drug plan costs and covered benefits can change from year to year, so people with Medicare should look at their coverage choices and decide on the options that best meet their health needs. They can visit Medicare.gov (<https://www.medicare.gov>), call 1-800-MEDICARE, or contact their State Health Insurance Assistance Program. People who want to keep their current Medicare coverage do *not* need to re-enroll.

Medicare in California 2020

Medicare continues to offer seniors and people with disabilities with flexibility and choices while providing high quality healthcare services, according to the U.S. Department of Health and Human Services.

The Centers for Medicare & Medicaid Services (CMS) has taken several actions to improve the Medicare Advantage and Part D prescription drug programs that have resulted, overall, in an increase in plan choices and lower costs in these popular programs.

Leveraging new authorities in the Bipartisan Budget Act of 2018, CMS has expanded opportunities for people with Medicare to choose Medicare Advantage plans that are providing new supplemental benefits tailored to their specific needs to help them maintain their health or to address their social determinants of health, if they are chronically ill.

CMS is empowering people with Medicare with price and quality information to make informed choices that best meet their healthcare needs; 6.2 million beneficiaries in California are enrolled in Medicare.

In California in 2020:

- The average monthly Medicare Advantage premium changed from \$24.49 in 2019 to \$22.16 in 2020.
- 372 Medicare Advantage plans are available.
- 98 percent of people with Medicare have access to a Medicare Advantage plan.
- \$0 is the lowest monthly premium for a Medicare Advantage plan.
- 83 percent of people with Medicare will have access to a Medicare Advantage plan with a \$0 monthly premium.
- 32 stand-alone Medicare prescription drug plans are available.

All Medicare beneficiaries have access to a Medicare prescription drug plan.

- 96 percent of people with a stand-alone Medicare prescription drug plan have access to a plan with a lower premium than what they paid in 2019.
- 33 percent of people with a stand-alone Medicare prescription drug plan get Extra Help (also called the low-income subsidy, or LIS).
- \$12.80 is the lowest monthly premium for a stand-alone Medicare prescription drug plan.

2020 Medicare Open Enrollment Important Dates

By shopping available plans and comparing costs, beneficiaries may be able to find a Medicare health or drug plan with better coverage or a lower premium in 2020. The new Medicare Plan Finder allows users to compare pricing between Original Medicare, Medicare prescription drug plans, Medicare Advantage plans, and Medicare Supplement Insurance (Medigap) policies.

September

- The “2020 Medicare & You” Handbook was sent to every person with Medicare. The handbook can be accessed online at: <https://www.medicare.gov/forms-help-resources/medicare-you-handbook/download-medicare-you-in-different-formats>.
- Health and drug plans began notifying enrollees about changes to their plans in 2020.

October 2019

- Beneficiaries can shop and compare plans on Medicare.gov.
- Beneficiaries should watch their mail for notices from Medicare with information about changes in 2020.
- Medicare health and drug plan 2020 Star Ratings are now available on Medicare.gov.
- Medicare Open Enrollment ends Dec. 7. Changes must be made by then.

January 2020

- Medicare health and drug plan coverage for 2020 begins Jan. 1, 2020. To view the premiums and costs of 2020 Medicare Advantage and Part D plans, visit: <https://www.cms.gov/Medicare/Prescription-Drug-Coverage/PrescriptionDrugCovGenIn/index.html>.

Medicare Fraud Presentation

A Medicare Fraud presentation will be held at 1 p.m. on Tuesday, Nov. 12, at Clubhouse 4. Everyone is welcome.

The Senior Medicare Patrol (SMP), a group of highly trained volunteers, will cover ways to recognize and guard against becoming victims of Medicare fraud.

Among the topics to be covered will be the genetic testing scam that is currently circulating. Genetic testing fraud occurs when Medicare is billed for a test or screening that was not medically necessary and/or was not ordered by a Medicare beneficiary’s treating physician.

Scammers are offering Medicare beneficiaries “free” screenings or cheek swabs for genetic testing to obtain their Medicare informa-

FRAUD, page 23

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TAKE BACK DRUGS

Dispose of surplus medicines Oct. 26

The Seal Beach Police and the Drug Enforcement Administration (DEA) will host a Drug Take Back Day for surplus pill disposal at Leisure World's Security building at the Main Gate on Saturday, Oct. 26, between 10 a.m. and 2 p.m. (The DEA cannot accept liquids, needles or sharps, only pills or patches.) The service is free and anonymous.

Last April, Americans turned in over 468 tons (over 937,000 pounds) of prescription drugs at more than 5,000 sites operated by the DEA and more than 3,800 of its state and local law enforcement partners. Overall, in its 17 previous Take Back events, DEA and its partners have taken in over 11,816,393 pounds—more than 3,000 tons—of pills.

Directions for Shareholders

- Driving: Stay on the left exit lane on Golden Rain Road, make a left onto the driveway between the Security building and the LW Globe. After dropping off unused medications, make a left turn to re-enter the community.

- Walking: People can take the LW bus, walk or ride bicycles to the Main Gate, walk outside to the OCTA bus waiting area.

For your privacy a Department of Justice officer will be on-site to ensure your medical container with personal information is not touched once deposited in the recycling receptacle which is then incinerated complete with drugs and containers.

AES testing is near completion

Alamitos Energy Center (AES) is in the midst of completing its start-up activities. The first turbine was fired up on Oct. 3 and the second and final turbine on Oct. 11. The early commissioning was needed to bring on the pollution control equipment and will be complete by Oct. 26.

During the initial commissioning there is the possibility of an increase in noise, brief periods of odor and visible air emissions from the new stacks. This is temporary and not part of normal operations.

The commissioning activities were permitted by the South Coast Air Quality Management District (SCAQMD) and allow for emissions without controlled measures for the short start-up period.

Two notices of violation (NOVs) were received at AEC last week by the SCAQMD that related to the shade of the plumes. AES understood these plumes were covered by its air permit. To make sure the issue was completely resolved, AES went to the SCAQMD and received an

AES, page 11

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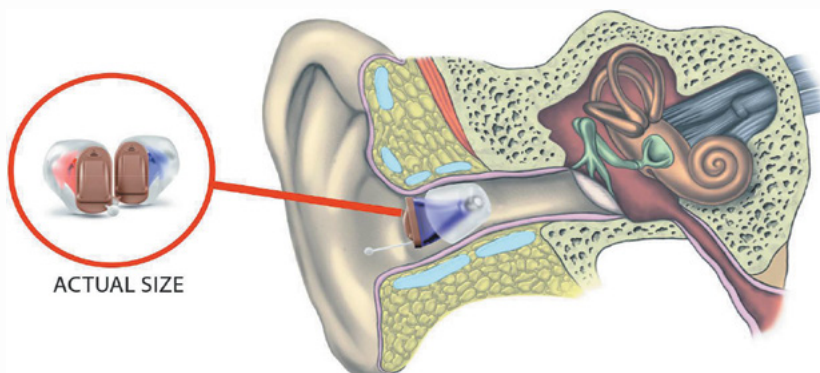
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Perspectives

WATCH YOUR STEP

Pop-up warning can lead to virus

by Cathie Merz
cathiem_news@lwsb.com

Clicking on a pop-up window warning about a computer virus most likely will actually launch a virus when none existed to begin with. In the fake virus scam, victims receive fraudulent pop-up windows claiming that a virus has been detected on the computer and directing the user to click on a link to stop the cyberattack or to update security measures. The scam aims to either charge for bogus software and/or obtain personal information.

The software or “free scan” offered in pop-up alerts often doesn’t work or actually infects the computer with the dangerous programs, such as malware or ransomware.

Malware tricks you into installing software that allows scammers to access your files and track what you are doing, while ransomware demands payment to “unlock” your computer or files.

Once the computer is infected, the scammer commonly gathers personal information to steal an identity or to sell it to other criminals.

These pop-up windows commonly appear after opening an email attachment, downloading files, visiting websites programmed to download malicious software or clicking on a pop-up advertisement.

Scammers often use the names of well-known companies that specialize in computer software to gain trust. The pop-up advertisements aim to mimic genuine warning alerts generated by computer security software.

Although the majority of anti-virus pop-up alerts are fake, there is an off-chance that it is a legitimate virus warning. To determine if it is a genuine warning, check the official virus page of your anti-virus vendor or ask a computer professional.

Warning Signs

- Fake anti-virus spyware programs often generate more “alerts” than the software made by reputable companies.
- You may be bombarded with pop-up alerts, even when you’re not online.
- Scammers commonly use high pressure sales tactics to convince you to buy *now*.
- The alert may request you to pass on the “warning” to “others in your address book” or “everyone you know.”
- Broken or oddly phrased English.
- The message is not addressed to a specified recipient, instead it is addressed to the ‘account holder’ or uses another generic title.
- If your computer has been infected, it may dramatically slow down. Other signs that your computer has been infected include new desktop icons, new wallpaper or your default homepage is redirected to another site.

Protection from Scams

- *Never* click on pop-up alerts. Don’t even click on the cross to delete the pop-up alert as this may result in getting more pop-ups. Instead, hit *control + alt + delete* to view a list of programs currently running and delete the pop-up alert from the list of running programs.
- Use reputable pop-up blocker software to avoid pop-ups on your computer.
- Keep your computer updated with the latest anti-virus and anti-spy ware software. Also use a good firewall.
- *Never* open email attachments unless you can verify the sender and you trust them.
- *Never* click on the links in spam email.
- *Never* rely on the contact details provided in a pop-up message. Instead, find your anti-virus vendor’s contact details through an Internet search.
- Avoid questionable websites. Some sites may automatically download malicious software on to your computer.

...

This latest iCloud scam is pretty straightforward and organized. The criminals send an automated message to a target victim that claims to be from Apple’s support. The synthesized voice informs the victim of an “iCloud breach” telling the person that there is an issue with his/her account or that it has been breached and then offers to put the person through to an “advisor” and also offers a toll-free number to call on for support, making it all look legit.

iCloud has not been hacked, but accounts could be at risk with this new phishing scam. If a site where the victim has an account (e.g. LinkedIn) is hacked and his/her password is made public, then every other service where he/she has an account (e.g., iCloud) is now vulnerable. And that’s the important point.

The call also suggests people dial No. 2 to stop these calls, however, this is absolutely NOT recommended. Taking action indicates that the call successfully reached a real person and could lead to your number being a part of more future scams, or added to a list of confirmed targets in what’s known in the criminal underground as a “sucker’s list.”

...

A new survey by American International Group (AIG) Life & Retirement shows that most Americans age 65 and older are unaware of some of the most common financial scams. One in 10 seniors were not aware of any of 10 common financial scams, the survey found.

SURVEY, page 5

Letters to the Editor

Editor:

A Board of Directors communicating half-truths is something to think about.

In its Sept. 16 newsletter, the Board of Mutual 15 informed residents that a shareholder, in the last three months, has filed two court actions against the Mutual and one against GRF. They didn’t mention me, but I did those things.

What the Board didn’t communicate is that they lost the first case to be heard. It involved the Board violating a governing document (Policy 7504.G). Instead of waiting for an emergency to damage a door, the Board made an appointment to damage it.

The second case involves the fatally flawed election that was held last June. The hearing was scheduled for Oct. 16, but was postponed, at the Board’s request, to Nov. 13.

The third case involves GRF compliance with Civil Code 5105. That case was heard on Oct. 10, a court decision is pending.

All three of these cases were filed in Small Claims court, where legal representation is prohibited. I’m not a lawyer nor have I sought legal advice, I’ve incurred zero lawyer fees. I’m just a resident who feels the Board should play by the rules and not run up legal fees doing otherwise.

If the Board is unwilling to communicate the whole truth it should not give us something to think about.

Bob Crossley
Mutual 15

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

Editor:

Carport driveway asphalt needs to be resealed periodically. After a few resealings, the whole driveway must be dug up and repaved. When cracks become extensive and deep, they erode the foundation, and repaving is required more often. Even worse, the asphalt can become uneven — a bad thing in a senior community, some with balance or walking issues. The problems worsen when maintenance is deferred so the money can be spent elsewhere.

Concrete lasts 30-50 years with little to no maintenance. Asphalt is better for streets where you may have to dig up sections to access pipes/cables underneath. Carport areas typically don’t need sections dug up. Many mutuals have done the analysis and find concrete to be more sensible and economical.

Named streets/driveways are

GRF’s purview. Mutuals own unnamed driveways. Of the 15 Mutuals that own carport driveways, a survey reveals four have concreted all, eight have concreted some, one has done a little concreting, one barely any, and the only one with none is Mutual 16, which is very small.

However, GRF-maintained driveways are virtually all asphalt. GRF spent around \$300K prettifying St. Andrews’ islands (including \$52K for rocks), and recently approved \$15K to replace hedges around the Amphitheater with something prettier. But they don’t spend reserve money on something more functional and economical that would improve the safety on the named carport driveways. WHY??? Please spend our money on functional, beneficial, and substantive areas before you focus on beauty and style.


Sandy Geffner
Mutual 3

Making History

Oct. 27, 1904 - The inaugural run of the New York City’s subway took place. New York’s subway is the only rapid transit system in the world that runs 24 hours-a-day, seven days-a-week. No matter how crowded or dirty, the subway is one New York City institution few New Yorkers or tourists could do without. Every day, some 4.5 million passengers take the subway in New York.


Oct. 29, 1998 - Senator John Hershel Glenn, Jr., was launched into space again, nearly four decades after he became the first American to orbit the Earth. He was a payload specialist aboard the space shuttle Discovery. At 77 years of age, Glenn was the oldest human ever to travel in space. During the nine-day mission, he served as part of a NASA study on health problems associated with aging.

Oct. 30, 1938 - Orson Welles causes a nationwide panic with his broadcast of “War of the Worlds” — a realistic radio dramatization of a Martian invasion of Earth. As many as a million radio listeners believed that a real Martian invasion was underway and panic broke out across the country.



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Serving the Shareholders of

Leisure World Seal Beach



LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser’s work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

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VOL. 43 NO. 20



Government

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, Oct. 24	Management Services Review Ad Hoc Administration 1 p.m.
Friday, Nov. 1	GRF Board Executive Session Administration 1 p.m.
Monday, Nov. 4	Recreation Committee Conference Room B 1 p.m.
Tuesday, Nov. 5	Facilities and Amenities Review Ad Hoc Conference Room B 1 p.m.
Wednesday, Nov. 6	Governing Document Committee Administration 10 a.m.
Wednesday, Nov. 6	Physical Property Committee Administration 1 p.m.
Thursday, Nov. 7	Architecture Design Review Committee Administration 1 p.m.
Friday, Nov. 8	Executive Committee Administration 1 p.m.
Wednesday, Nov. 13	Security, Bus & Traffic Committee Administration 1 p.m.
Thursday, Nov. 14	Communications/ITS Committee Administration 1 p.m.
Friday, Nov. 15	Mutual Administration Committee Administration 10 a.m.
Friday, Nov. 15	Roundtable with Mutuals/GRF Administration 1 p.m.
Monday, Nov. 18	Finance Committee Administration 9 a.m.
Tuesday, Nov. 19	Website Ad Hoc Committee Administration canceled
Wednesday, Nov. 20	Strategic Planning Ad Hoc Committee Administration 10 a.m.
Tuesday, Nov. 26	GRF Board of Directors Clubhouse 4 10 a.m.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Oct. 24	Mutual 1 Administration 9 a.m.
Friday, Oct. 25	Mutual 6 Administration 9:30 a.m.
Monday, Oct. 28	Mutual 8 Administration 9 a.m.
Tuesday, Nov. 5	Mutual 16 Administration 9:30 a.m.
Tuesday, Nov. 5	Mutual 17 Administration 1:30 p.m.
Wednesday, Nov. 6	CFO Council Conference Room B 10 a.m.
Thursday, Nov. 7	Presidents' Council Clubhouse 4 9 a.m.
Friday, Nov. 8	Mutual 3 Administration 9 a.m.
Wednesday, Nov. 13	Mutual 4 Administration 9:15 a.m.
Thursday, Nov. 14	Mutual 12 Administration 9 a.m.
Friday, Nov. 15	Roundtable with Mutuals/GRF Administration 1 p.m.
Monday, Nov. 18	Mutual 9 Administration 9:30 a.m.
Monday, Nov. 18	Mutual 15 Administration 1 p.m.
Tuesday, Nov. 19	Mutual 14 Conference Room B 1 p.m.
Wednesday Nov. 20	Mutual 5 Conference Room B 9 a.m.
Wednesday, Nov. 20	Mutual 7 Administration 1 p.m.
Thursday, Nov. 21	Mutual 2 Administration 9 a.m.
Thursday, Nov. 21	Mutual 11 Clubhouse 3, Room 9 1:30 p.m.
Friday, Nov. 22	Mutual 6 Administration 9:30 a.m.
Monday, Nov. 25	Mutual 8 Conference Room B 9 a.m.
Wednesday, Nov. 27	Mutual 10 Administration canceled

CARPORT CLEANING 2019

The holiday carport cleaning schedule for 2019 is as follows:

Veteran's Day
Friday, Nov. 11
Mutual 5, Carports 60-63, 68-71 be cleaned on Wednesday, Oct. 30.

Thanksgiving Day
Thursday, Nov. 28
Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13, and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29.

**Christmas Day
Wednesday, Dec. 25**
Mutual 11, Carports 132-133, Mutual 1, Carports 141-146, and Mutual 15, Carports 4-5, will be cleaned Monday, Dec. 30.

**Tentative Policy
Revisions, page 9**

For your information:

Resident names are deleted from the LW Community Guide after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office.

Names are not automatically placed in the phone book. To be included shareholders must submit telephone book information to LW Weekly in writing.

SURVEY
from page 4

Six in 10 respondents were not aware of the so-called pigeon drop scam, where a bad actor purports that a large amount of money has been found and it will be shared with a victim after he or she forks over some money.

Other key findings:

- 57 percent of survey respondents age 65-plus were not aware of online romance scams in which a victim is asked for money or something of value.
- 57 percent were not aware of invoice scams in which a victim is contacted by someone claiming to work on behalf of a company, such as a utility, to collect fees.
- 52 percent were not aware of prepaid credit card or debit card scams in which a victim is asked to make a payment or multiple payments to a utility — or other business — to eliminate a debt.

On the positive side, most seniors are taking steps to safeguard their wealth by, for example, not responding to urgent calls, texts or emails asking for personal information, the survey found.

In addition, 89 percent of respondents age 65-plus said they do not click on links in emails sent by strangers; 65 percent said they review their credit reports; 63 percent said they set up alerts from their financial institution; and 60 percent said they only give out personal financial information by phone if they initiated the call.

The survey was conducted by Morning Consult June 20-23 and has a margin of error of 2 percentage points, according to AIG.

Recap of Golden Rain Foundation Board Activity of September 24, 2019

Approved Consent Agenda

MOVED and duly approved to adopt the Consent Agenda: Committee/Board meeting minutes for the month of September, as presented; minutes of the September 24, 2019 Golden Rain Foundation (GRF) Board of Directors (BOD) as presented; the October GRF Board Report as presented; the financial statements September 2019, for audit; the transfer of \$350,000 of reserve funds, from US Bank, to Morgan Stanley, following the maturity of a \$245,000 CD on November 26, 2019, for the purpose of maximizing insured funds and to invest with Morgan Stanley; the purchase of brokered CDs, from Morgan Stanley, totaling \$350,000 of reserve funds, all with a term not to exceed twenty-four (24) months at the broker's discretion, at the prevailing interest rates, at the time of purchase; and the purchase of brokered CDs, from US Bancorp, totaling \$400,000 of Capital Improvement funds, all with a term not to exceed twenty-four (24) months at the broker's discretion, at the prevailing interest rates, at the time of purchase.

Communications/IT Committee – Amend 20-5050-1, Billboards and 20-5050.01-4, Request to Display on Billboards

MOVED and duly approved to refer 20-5050-1, Billboards and 20-5050.01-4, Request to Display on Billboards to the Communications/It Committee to determine if the term “policy” should be changed to “rule”.

CONCURRED to request the Executive Director, in concert with the Governing Documents Committee, to formulate a request for legal opinion, to be approved by the President and Vice President, to clarify the use of “policy” and “rule”.

Executive Committee – TENTATIVE VOTE: Amend 30-5093-1,
Member Rules of Conduct

MOVED and duly approved to adopt 30-5093-1, Member Rules of Conduct, as amended, which sets forth the members' rules of conduct, fulfilling GRF's duty and fiduciary responsibility to enforce its governing documents and protect GRF Trust Property and assets, GRF staff and GRF-contracted service providers, pending a 28-day notification to the members, and a final decision by the GRF Board of Directors on November 26, 2019.

Executive Committee – TENTATIVE VOTE: Amend 30-5093-2, Member Rules of Conduct, Non-compliance with Rules of Conduct – Fines and Penalties

MOVED and duly approved to adopt 30-5093-2, Member Rules of Conduct, Non-compliance with Rules of Conduct – Fines and Penalties, as presented, which sets forth the fines, penalties and legal action that may result from non-compliance with the Member Rules of Conduct, pending a 28-day notification to the members, and a final decision by the GRF Board of Directors on November 26, 2019. Facilities and Amenities Review (FAR) Ad hoc Committee – FINAL VOTE: Amend 70-1406-1, Limitations on Use.

MOVED and duly approved to refer 70-1406-1, Limitations on Use to the Facilities and Amenities Review (FAR) Committee to

address the concerns of the correspondence received during the 28-day posting to the membership period, adjust formatting and remove the word “policy”.

Facilities and Amenities Review (FAR) Ad hoc Committee – FINAL
VOTE: Adopt 70-1406-2, Limitations on Use, Fees

MOVED and duly approved to remove item 10.c.ii. FINAL VOTE: Adopt 70-1406-2, Limitations of Use, Fees, from the agenda, based on the referral of item 10. c.i. FINAL VOTE: Adopt 70-1406-1, Limitations of Use, to the Facilities and Amenities Ad hoc Committee.

Finance Committee – FINAL VOTE: Amend 40-5061-2, Fees

MOVED and duly approved to amend 40-5061-2, Fees, increasing the amenities fee to twenty-five (25) times the monthly GRF Assessment, updating the cost center numbers and including the cost center names.

Finance Committee – Acceptance of the Reserve Study for Budget Year 2020

MOVED and duly approved to accept the Reserve Study for the 2020 budget year.

Finance Committee – Acceptance of the 2020 Annual Budget Disclosure and Policy Statement

MOVED and duly approved to accept the 2020 Annual Budget Disclosure & Policy Statement, Exhibit A in the agenda packet.

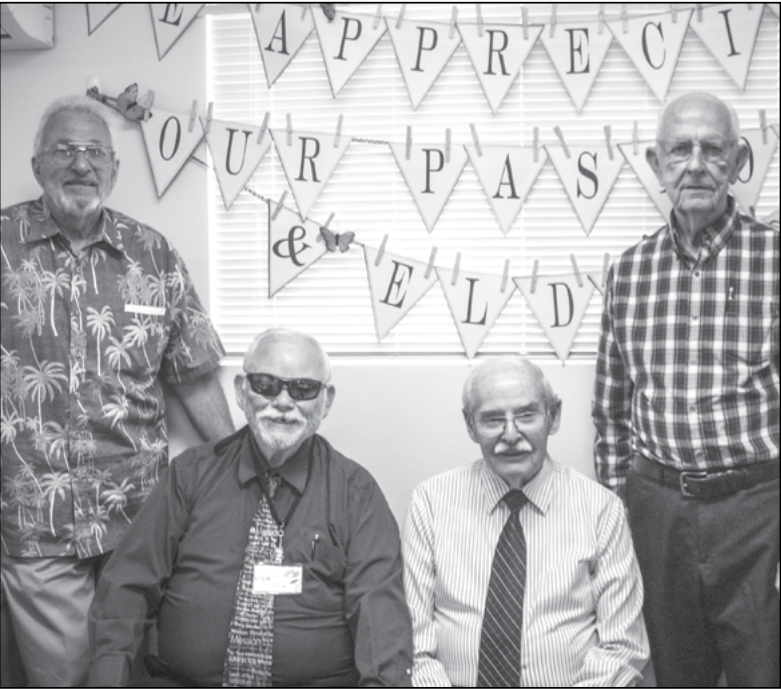
Finance Committee – Amend 40-5115-3, Finance Committee Charter, 40-2155-1, Copy & Supply Center Services, and 40-2115-2, Copy & Supply Center, Fees

MOVED and duly approved to amend 40-5115-3, Finance Committee Charter, including the Copy and Supply Center cost center (544) under the oversight of the Finance Department; amend 40-2115-1, Copy and Supply Center Services, reflecting the oversight of the Finance Department, refining the document's language, and specifying restricted materials; and amend 40-2115-2, Copy and Supply Center, Fees, to reflect the oversight of the Finance Department.

Finance Committee – Amend 40-3324-2, Purchasing Fees
 MOVED and duly approved to amend Policy 3324-31, Purchasing

Fees,, to reflect a change in the terms of the 5% transaction processing fee and applicable tax (from the Purchasing Department, to GRF).

Religion



The following church leaders were recognized on Pastor Appreciation Day: Pastor Bruce Humes (l-r), Elder Larry Massey, Pastor Gene Cherryholmes and Elder Jack Frost.

FIRST CHRISTIAN CHURCH

Church leaders are celebrated

First Christian Church celebrated “Pastor Appreciation Day” earlier this month by happily honoring its beloved pastors and elders. The FCC family is blessed to receive the best Bible teaching and instruction, and to be watched over and cared for by these men who have true “shepherds’ hearts” for the flock of God. The Saturday evening service begins at 5:15 p.m. with the Hospitality Room opening at 4:30 p.m. Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. from the book of Luke. At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting. Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and Scripture, followed by Margaret Humes leading the congregation in several hymns of worship. The Communion hymn will be “Grace Greater Than Our Sin.” The church choir, under the direction of Margaret Humes, will sing “Amazing Grace.” Elder Larry Massey will present the Communion meditation and service. For the offertory, the Praise Team will sing, “Go Ye Therefore and Teach All Nations.” Pat Kogok will sing, “I Just Want To Thank You Lord,” followed by Diane Kindberg who will read Matthew 28:16-20. Pastor Gene Cherryholmes’ message will be “The Challenge,” based on Matthew 28:11-20. Jesus gave a challenge to all believers, a Great Commission, to spread the Word, tell the story and make disciples throughout the world. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both beginning at 9:30 a.m. Hearing enhancements are available at all church functions. Call the church office at (562) 431-8810 for further information. Leave a recorded message and someone will get back to you as quickly as possible.

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Assembly of God

Assembly of God Pastor Sam Pawlak has an unusual sermon title on Sunday, Oct. 27—“Maybe I Don’t Need Them, But What If They Need Me?” The worship service starts at 10:30 a.m. in Clubhouse 3, Room 2. It will be led by Denise Smith with Diana Mushagian giving announcements. Prayer meetings are held before each Sunday service at 10 a.m. and at 5:15 p.m. The Hymn Sing starts at 6 p.m. Sunday in the Lobby of Clubhouse 3. It attracts people from congregations throughout Leisure World and beyond. Hymns selected by those present will be led by Associate Pastor Dan Ballinger. Ruth Olson will lead the beloved choruses people learned in their youth. Carol Darnell and her daughter, Valerie Buterbaugh, will sing a duet. They always present a popular song with new words written by Carol. Pastor Sam will close with a devotion, followed by fellowship time featuring treats provided by those attending. Thanks to Leona San Severino and her team who faithfully work behind the scenes to make this fellowship time a great success. The Wednesday Bible study starts at 10 a.m. in Clubhouse 3, Room 1, as Pastor Sam teaches from the book of Revelation. The room is full but there’s always space for one more. The First Missions Banquet is on Sunday, Nov. 10, at 5 p.m. in Clubhouse 4. Tickets are available for \$5 each. Contact a church member or Pastor Sam.

Buddha Circle

The Buddha Circle will meet from 9:30 -11 a.m. on Saturday, Oct. 26, in Clubhouse 4. Ven. Vui Mung, also known as Joyful Heart, from Desert Zen Center, will present Buddhism in a simple way. He will begin the session with a guided meditation. Donations are welcome and will support Ven. Joyful Heart in his teachings. For more information, call (714) 933-5122. A Mindfulness Meditation session will be held from 2-4 p.m. on Wednesday, Oct. 30, in Clubhouse 3, Room 7.

This Reformation painting by Carmen Leslie and Barbara Simundza adorns Redeemer Lutheran.

Redeemer Lutheran

Redeemer Lutheran Church and St. Theodore’s Episcopal congregations will combine for a special Reformation Sunday service, Oct. 27. October’s Growing-in-Faith focus concludes with Pastor Lisa Rotchford’s sermon “Reformation: Keeping the Faith.” Shirlene Bradrick will greet you at the door, and Maria Swift will usher you into the sanctuary. Scripture readings and prayers will be led by Violet Quist and Juanita Townsend. The church is on St. Andrew’s Drive, next to the golf course/ swimming pool and across from the Administration building with ample parking. Also join the midweek Lutheran/Episcopal combined worship service for prayer, reflection and Communion at 11:30 a.m. every Wednesday. Under the leadership of Pastor Lynda Elmer, the study of Matthew, Mark and Luke will be the focus of the weekly Wednesday Bible class on Oct. 30 from 10:30-11:30 a.m. in the upstairs Conference Room — no steps or ramps (totally accessible). Orange County Care Connections provides respite care for persons diagnosed with memory impairment and their caregivers. This ministry of Redeemer is open to everyone in the Leisure World community. The program runs from 9 a.m.-3 p.m. on Mondays, Tuesdays and Thursdays. Call (562) 596-1209 for more information or visit www.redeemerlutheransealbeach.com.

Baptist Church

Leisure World Baptist Church will meet on Sunday, Oct. 27, in Clubhouse 4. Sunday School is from 8:40-9:10 a.m. and then people meet at the round tables for coffee and sweets until 9:45 when the morning worship service begins. The call to worship is “He has Made Me Glad.” Soloist Sophia Peng will sing “We Shall Behold Him.” The choir, with Darlene Harris leading, will sing “One Day.” Congregational hymns will continue in the the theme of that glorious day, “When We All Get to Heaven,” “Jesus is Coming Again” and “Lo He Comes with Clouds.” Pianist Yvonne Leon will play for the offertory. Pastor Rolland Coburn’s morning message is titled “How to be Saved” from Romans 10:9. The attended prayer room will be open. The Women’s Christian Fellowship and Bible Study meet at 10 a.m., Monday, Oct. 28, in Clubhouse 3, Room 6. For more information, call 430-2920.


—Joan Shramek

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St. Therese Organization of Holy Family Church held a baby shower to benefit Precious Life Center in Los Alamitos on Oct. 17. In attendance were Father Juan Caboboy (l-r), pastor at Holy Family Church; Theresa Murphy, executive director of Precious Life Shelter, and Gretchen Dinger, president of St. Therese. The gifts will benefit needy mothers and babies in recognition of Respect Life Month.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Thirtieth Sunday in Ordinary Time on Oct. 27.

The First Reading is Sirach 35:12-14, 16-18, and the Second Reading is Timothy 4:6-8, 16-18.

Solemnity of All Saints Day

The Solemnity of All Saints Day is a Holy Day of Obligation when Catholics honor all those who have entered heaven. All Saints' Day, also known as the Feast of All Saints, is celebrated every year on Nov. 1. The Mass schedule is as follows: Thursday, Oct. 31, 5 p.m., and Friday, Nov. 1, 8:30 a.m. and 11 a.m.

All Soul's Day

All Souls' Day or the Commemoration of All the Faithful Departed, follows All Saints' Day. Holy Family will offer a Novena of Masses, starting Nov. 2.

All Souls envelopes are in the church pews; include the names of loved ones who have died and drop them off in the Sunday collection baskets or bring them to the rectory. The envelopes will be placed in the Altar table during the Novena.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

Congregation Sholom

Congregation Sholom will have a Friday night service at 7 on Oct. 25 in Clubhouse 3, Room 9, with Rabbi Karen Isenberg. An oneg Shabbat will follow the service.

On Saturday, Oct. 26, the service starts at 9:30 a.m. in Clubhouse 3, Room 9, with Rabbi Isenberg. An hour of Torah study will began at 10:15. The service will continue until about noon and will be followed by a potluck lunch.

A Bat Mitzvah class is in the works. Interested women should email their names and email addresses to Mel Chazen at melvin.chazen@yahoo.com.

An "Ask the Rabbi" column is being set up in "News & Nachas." Email questions for Ask the Rabbi to Mel Chazen.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

—Scott Simensky

VIRUS from page 2

Most people bitten by an infected mosquito show no signs of illness, but those who do get sick suffer from fever, headache, nausea, vomiting and fatigue about five-15 days after the bite. Severe cases, which can involve inflammation of the brain and lead to long-term disability or death, occur more frequently in older adults.

Authorities confirmed nine California cases of neuroinvasive disease caused by the SLE virus between 2009-2018, according to the Centers for Disease Control and Prevention. So far, O.C. officials have not reported any current cases of human infection in the county. Those who may be experiencing symptoms should consult their health care providers.

OC Mosquito and Vector Control District inspectors are searching for additional breeding sources of mosquitoes.

The discovery of SLE-positive mosquitoes came less than two weeks after Los Angeles County authorities reported the first deadly case of West Nile virus this year. Orange and L.A. county officials have warned of finding mosquito samples infected with the virus, the top cause of mosquito-borne disease in the continental U.S.

The insects can transmit SLE and West Nile viruses to humans after feeding on infected birds.

Faith Christian

Thanksgiving is just around the corner, and for most people, it's a time of year that brings great joy. However, the holidays can be tough for those grieving the loss of loved ones. Faith Christian Assembly wants to help.

The church will screen "Surviving the Holidays" on Friday, Nov. 1 at 2 p.m. All are welcome to the free event, which will be hosted by Rupert and Addie Penner. They have both been through the loss of a spouse and are eager to help anyone who has suffered a loss.

Faith Fellowship Time is held at 11 a.m. on Tuesdays in the Garden Room. A midweek Bible study is taught by Pastor Sheri Leming at 11 a.m. on Wednesdays in the Garden Room.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at www.FCAchurch.net.

St. Theodore's

St. Theodore's Episcopal Church meets for a worship service with Communion at 12:15 p.m. Sunday, Oct. 20, in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrew's Drive.

The Rev. Lisa Rotchford will preach on "Faithful Living that Never Ends." The worship is followed by refreshments and fellowship in the conference room. A combined Lutheran/Episcopal Communion service is held at 11:30 a.m. on Wednesdays. All are welcome.

COMMUNITY CHURCH

Laity Sunday will be observed Oct. 27

Community Church will observe "Laity Sunday" on Sunday, Oct. 27. The church will honor those who humbly serve in the multitude of tasks and roles as part of the Laity Sunday worship service. In addition, the sermon will be given by lay Bible teacher, Joy Reed, who is a lifelong student of the Bible. She also leads the weekly Sunday Bible study.

LWCC is holding its annual All Saints' Sunday on Nov. 3, celebrating the lives of those who have passed in the last year. To celebrate the life of a loved one by having his/her name read and a candle lit for them, contact Sue Long in the church office by Oct. 30.

The Sunday evening Bible study, led by Joy, meets at 5 p.m. in the Fireside Room. The topic is "Christ's Death and Resurrection." Everyone is welcome to attend.

On Sunday, Oct. 27, Joy will give a Scripture-based message titled, "What to Wear? A Lesson in Humility." The Scripture Lesson is Luke 18:9-14. Serving as lay liturgist will be Virginia Olejnik.

Worship services are at 9:50 a.m., followed by coffee and refreshments in Edgar Hall.



Joy Reed

Beit HaLev

Beit HaLev services are accessed online on Livestream.com/Galityomtov and Facebook.com/galityomtov. Shabbat Ma'ariv services are at 6 p.m. and Shacharit services are at 10:30 a.m.

In addition to the Sabbath services, Rabbi-Cantor Galit Shirah also conducts a short Weekday Ma'ariv (evening) service every Thursday at 4 p.m. on SimShalom.com, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourners Kaddish.

The "Birthday of the World" is recounted in this week's Torah portion, Genesis 1:1-2-3, "B'reisheet." The reading describes how the universe is created in six days, then blessed the seventh day and rested in.

Hebrew classes are suspended for the high holiday season. Beit HaLev offers a beginning prayerbook Hebrew and conversational Hebrew classes.

For enrollment, contact Rabbi Galit Shirah at (562) 715-0888 or duets@icloud.com.





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Health & Fitness

OPTUMCARE AT THE HCC

Identifying compassion fatigue

By **Carson J. Blomquist**
OptumCare

Another day of caring. Another day of providing for someone else. Another day of setting your needs aside, knowing your loved one needs you more.

Caregiving is physically, emotionally, and mentally demanding. Those demands can wear you down over time. Even though you know you should feel more compassion, it's hard to muster any up. But since you know that's a bad way to think, you ignore it.

This is commonly called compassion fatigue. It's a feeling of being numb or indifferent to the needs of others. This type of fatigue isn't wrong or bad; it just takes some recognition and extra self-care to overcome.

Here are some of the changes to look for:

- **Activities:** eating too much or too little, shopping more or buying large-ticket items, gambling or drinking heavily
- **Mood:** feeling hopeless or powerless, apathy about things you enjoy and toward others in your life, difficulty concentrating
- **Physical:** always tired, difficulty sleeping, giving up on personal hygiene
- **Social:** avoiding friends and family, blaming others, feeling burdened by requests from others, complaints about your attitude

Recognizing you may have compassion fatigue is the first step. It's not your fault. Compassion fatigue is a common feeling amongst caregivers.

Next, be honest with your loved ones and set up some boundaries. Even though they need you, they also need you to take care of you. Find ways to take some of the work off your shoulders. Maybe a neighbor or close friend can help for a few hours a week so you can rest and recharge.

If you are still feeling compassion fatigue, it may be time to find a support group or speak to a professional. Hearing from others' experiences can help you process these feelings. More importantly, being able to freely share your thoughts can make a big difference.

Upcoming events at the HCC

Monday, Oct. 28: Diabetes education, Conference Room 1, 10 a.m.-11 am

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www.mowlb.org or call Caron Adler at 433-0232. For cancellations please call your site manager at (562) 439-5000 before noon to cancel a meal for the next weekday.

Thursday, Oct. 24, Roasted turkey with sage gravy, corn bread stuffing, seasoned mixed vegetables, chocolate chip cookies, chicken salad sandwich with lettuce and tomato, red cabbage coleslaw

Friday, Oct. 25, Oven baked chicken breast with mole sauce, flower tortilla, Spanish rice, Mexicali corn, fresh tangerine, entrée Caesar chicken salad with romaine lettuce, grated cheese, croutons, Caesar dressing and crackers.

Monday, Oct. 28, Smothered pork in a mushroom sauce, barley and mushroom pilaf, green beans and pimentos, Jell-O with pineapple chunks, tuna salad sandwich with spinach and tomato, creamy slaw.

Tuesday, Oct. 29, Meatloaf, garlic and chive mashed potatoes, brussels sprouts, carrot cake, entrée cobb salad with turkey, ham, egg, cheese, bacon tomato with blue cheese dressing and crackers

Wednesday, Oct. 30, Vegetarian lasagna, whole grain dinner roll, California blended vegetables, chocolate pudding, tuna salad sandwich with spinach and tomato, cucumber, three bean salad

Thursday, Oct. 31, Polish sausage, potato wedges, sauerkraut, German chocolate cake, ham and cheese deli sandwich with lettuce, tomato and pickle, creamy slaw



Swana White (l) and Mary Kelly (r)

WA-RITE CLUB

Kelly is the new queen of October

Wa-Rite's Queen of the Month is Mary Kelly. She lost six pounds. The Top Loser of the week is Swana White with a three-pound weight loss. It's important to have a good support group to help through rough times; that's what Wa-Rite is all about. Members love and support one another in the good times and through the hardships.

Food For Thought: Strength training helps to build muscles that burn calories even during sleep.

Wa-rite is a support group of women needing to lose 10 pounds or more. Members meet on Fridays, in Clubhouse 3, Room 1, from 9-10 a.m. All LW residents are welcome to join. For any questions call Carol Chambers at (562) 822-4641 or Bev Bender at (562) 594-9148.

— Margaret Humes

Senior Meals

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide that was recently delivered to all LW units.

Friday, Oct. 25 - Black bean soup with sf crackers, zucchini, corn and egg casserole, tomato and onion salad, biscuit with promise, tropical fruit mix

Monday, Oct. 28 - Moroccan lentil vegetable soup with sugar free crackers, veggie egg salad, couscous with parmesan and peas salad, whole wheat dinner roll with promise, tropical fruit mix

Tuesday, Oct. 29 - Cream of carrot soup with sugar free crackers turkey wrap on flour tortilla (sliced turkey, peppers, tomatoes, chopped romaine and ranch dressing), fig newton

Wednesday, Oct. 30 - Breaded fish tacos, with shredded cabbage, salsa and Pico de Gallo, on soft flour tortillas, cilantro lime rice, canned pineapple chunks

Thursday, Oct. 31 - Halloween special, gruesome pumpkin soup with sugar free crackers, bewitched beef stew pot pie, chilling Caesar salad with olive eyes and cheesy webs, creepy cornbread, zombie brownie with wicked green whip topping



Blood drive at HCC, 9 a.m.

The American Red Cross will have a blood drive from 9 a.m.-3 p.m. on tomorrow, Oct. 25, at the Health Care Center.

One donation can save up to three lives; every donor makes a difference. Every two seconds, someone in the U.S. needs blood.

To schedule an appointment, call Lisa Love at (909) 282-6685 to make an appointment or visit RedCrossBlood.org and enter the sponsor code "leisure."

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Amendment of 30-5093-1, Member Rules of Conduct

Per the action of the GRF Board on October 22, 2019, in accordance with Civil Code §4360, Notice of Tentative Approval of Adoption of 30-5093-1, Member Rules of Conduct, the Board hereby provides general notice to all Shareholders/Members of proposed amendment.

30-5093-1, Member Rules of Conduct

1. PURPOSE

The purpose of the Member Rules of Conduct is to protect Golden Rain Foundation (GRF), GRF Trust Property, GRF staff, GRF contracted service providers and GRF members. GRF has a duty and a fiduciary responsibility to enforce its governing documents and protect GRF Trust Property and assets, GRF staff and GRF-contracted service providers.

These Rules of Conduct shall apply to GRF members and their visitors (guests and caregivers).

2. RULES OF CONDUCT

2.1 Shall apply to all property held in trust by GRF (Trust Property) including, but not limited to, clubhouses, restrooms, recreational facilities (streets, pool, golf course, multi-use courts, and library etc.).

2.2. Members are responsible and may be cited for the actions of their guests (visitors and caregivers).

2.3. Interactions with others must be respectful and non-abusive behavior, both verbally and physically.

- 2.3.1. Behaviors such as the following is prohibited:
- 2.3.1.1. Verbal or physical violence, implied or actual (threats).
 - 2.3.1.2. Personal insults and yelling.
 - 2.3.1.3. Discriminatory actions including race, religion, gender expression, age, national origin, disability, marital status, sexual orientation, military status.
 - 2.3.1.4. Unwanted or offensive touching, filming, photography and recording.
 - 2.3.1.5. Unwanted sexually suggestive language.
 - 2.3.1.6. Projecting an object or substance at another person with intent to harm or intimidate.
 - 2.3.1.7. Disruptive behavior, personal attacks or harassment during GRF meetings.
 - 2.3.1.8. Creating a hostile work environment for GRF staff and GRF contracted service providers.
 - 2.3.1.9. Bodily odor or level of cleanliness that would be considered offensive and a health and safety hazard to others.
 - 2.3.1.10. Willful damage to Trust Property.
 - 2.3.1.11. Non-compliance with GRF Governing Documents.
 - 2.3.1.12. Any behavior interfering with the quiet use and enjoyment of GRF Trust Property or a Member's separate interest.

3. NON-COMPLIANCE

- 3.1 Each violation may result in a penalty for each violation. See 30-5093-2 for schedule of fines and penalties.
- 3.2 Repeat offenders may be subject to legal action.
- 3.3 Offenses that are governed by City, State or Federal laws will be referred to the appropriate authorities.

4. NOTIFICATION OF VIOLATION AND RIGHT TO HEARING

See Procedure 30-5093-3 for Notification of Violation and Right to Hearing procedures.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

- Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "30-5093-1", or
 - Mailing comments to:
Golden Rain Foundation
P. O. Box 2069
Seal Beach, CA 90740
Attn: Proposed Policy Revisions, or
 - Dropping off written comments to the receptionist located on the second floor of the Administration Building.
Please reference 30-5093-1, Member Rules of Conduct on any correspondence you submit.
- All comments will be copied to the Board for review and consideration. The Board will take final action relative to 30-5093-1 at its November 26, 2019 meeting.

LADIES OF INTRIGUE

Mystery writers conference is Nov. 10

The Orange County Sisters in Crime presents the sixth annual Ladies of Intrigue, a conference featuring bestselling mystery writers, on Sunday, Nov. 10, from 8 a.m.-3 p.m. at the Mesa Verde Country Club, 3000 Clubhouse Road, Costa Mesa, 92626.

Best-selling authors Laurie R. King and J.A. Jance, interviewed by Maddie Margarita, will be the headliners. The moderators will be Jill Amadio, Barbara DeMarco-Barrett and Ellen Byron. The panelists include Greta Boris, Steph Cha, Mary Anna Evans, Lydia Fitzpatrick, Rachel Howzell Hall, Kaira Rouda, Laurie Stevens, Wendall Thomas and Betty Webb.

Readers, writers, and mystery lovers alike will enjoy this day-long conference featuring female authors from the mystery-crime genre.

Lunch is included with vegetarian and gluten-free options available. For more information and to purchase tickets go to www.ocsistersincrime.org or Eventbrite at <https://www.eventbrite.ca/e/61647126214>.

HHUG collecting items for homeless

Hearts and Hand United in Giving (HHUG), a local non-profit, donates clean used towels and washcloths, new disposable razors, toothbrushes, travel size shampoos, lotions, bath soaps and toothpaste to the Long Beach Multi-Service Center that provides a variety of services to homeless men, women and families in the community.

HHUG makes two deliveries every month.

If you have any of these items to donate, call Susan Hopewell at 430-6044 or Linda Neer at 430-3214 for pick up or leave on the porch, Mutual 6, 1320 Mayfield Road, 62-A or Mutual 2, 1503 Merion Way, 48-A.

Amendment of 30-5093-2, Member Rules of Conduct, Non-compliance with Rules of Conduct – Fines and Penalties

Per the action of the GRF Board on October 22, 2019, in accordance with Civil Code §4360, Notice of Tentative Approval of Adoption of 30-5093-2, Member Rules of Conduct, Non-compliance with Rules of Conduct – Fine and Penalties, the Board hereby provides general notice to all Shareholders/Members of proposed amendment.

30-5093-2, Member Rules of Conduct, Non-compliance with Rules of Conduct – Fines and Penalties.

1. PURPOSE

The purpose of implementing a policy of non-compliance with Member Rules of Conduct is to:

- 1.1 Encourage voluntary compliance;
- 1.2 Penalize members who do not comply with the Rules of Conduct;
- 1.3 Protect GRF Trust Property and assets, GRF Staff, GRF-contracted service providers and GRF members and their visitors (guests and caregivers).

2. NON-COMPLIANCE FINES AND PENALTIES

2.1 Fine Schedule

- 2.1.1 First Offense \$100.00
- 2.1.2 Second Offense \$200.00
- 2.1.3 Third Offense \$500.00 and GRF member's suspension of GRF Trust Property amenities for 60 days.
- 2.1.4 Fines and Penalties for further offenses will be subject to the GRF Board of Directors' discretion and dependent upon the severity of the infraction.

2.2 Legal Action

- 2.2.1 For infractions that rise to a criminal nature as stated in City, State or Federal laws the appropriate authorities will be notified.
- 2.2.2 GRF will seek legal action when necessary to protect GRF Trust Property assets, GRF staff and GRF-contracted service providers.
- 2.2.3 The prevailing party may be entitled to recover reasonable legal costs.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

- Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "30-5093-2", or
 - Mailing comments to:
Golden Rain Foundation
P. O. Box 2069
Seal Beach, CA 90740
Attn: Proposed Policy Revisions, or
 - Dropping off written comments to the receptionist located on the second floor of the Administration Building.
Please reference 30-5093-2, Member Rules of Conduct, Non-compliance with Rules of Conduct – Fines and Penalties, on any correspondence you submit.
- All comments will be copied to the Board for review and consideration. The Board will take final action relative to 30-5093-2 at its November 26, 2019 meeting.

St. Gregory's Holiday Faire is Oct. 26, 9-3

St. Gregory's Episcopal Church, 6201 E. Willow Street, Long Beach, is having a Holiday Faire from 9 a.m.-3 p.m. on Saturday, Oct. 26. Local and Orange County-based artisans will have handmade arts and crafts in the parish hall and courtyard.

For sale will be holiday decor, Christmas ornaments, jewelry, paper crafts, candles and more.

The Long Beach Amateur Orchid Society and Hattie's Attic, with china, glassware and more, will be featured.

The Holiday Cafe will serve homemade treats. The Men's Fellowship will barbecue hotdogs, burgers and chicken. The Country Kitchen will feature homemade jams and baked goods.

For more information, visit www.eventbrite.com.

The event is sponsored by the Episcopal Church Women. For information, call (562) 420-1311.

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Arts & Leisure



Terry Otte and Abilene

HALLOWEEN DANCE

Costumes are optional, dancing is not on Oct. 31 in CH 4

Terry Otte and Abilene will host its annual Halloween dance on Thursday, Oct. 31, in Clubhouse 4 at 7 p.m. instead of Clubhouse 2 on the fourth Saturday, its usual time. Costumes are optional, but don't be late as it's sure to be a packed house.

Abilene is fronted by Terry Otte, whose talent covers everything from Elvis to Willie Nelson and beyond. Sharing center stage on lead vocals is the dynamic Tina Schaffer singing

the songs of country legend Patsy Cline to Linda Ronstadt and Shania Twain. Rounding out the band is guitarist Rod Anderson, bassist Mike Simpson and Jim Greer on drums. Check out Abilene and see why they are Seal Beach Leisure World's number one country rock band going strong for over 15 years.

Abilene is co-sponsored by GRF as one of the community's most popular weekend bands. It usually performs every fourth

Saturday in Clubhouse 2.

Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of your favorite bands.

LB AUXILIARY

Bus to LA Phil leaves from LW

The LA Philharmonic's 2019-2020 concert season begins Nov. 8. Join the Long Beach Auxiliary of the LA Phil on its chartered bus to Friday matinee concerts at the Walt Disney Concert Hall.

For \$25 round trip (eight-concert season cost, \$160), people can board the bus at the Leisure World Amphitheater at 8:45 a.m., departing at 9 a.m. for a stop at the Los Altos Target parking lot on Bellflower Boulevard at 9:15 a.m.

Concert tickets (senior rates available) can be purchased from the Philharmonic ticket office by calling (323) 850-2000 or emailing information@LAPhil.org.

The schedule is as follows:

- Nov. 8: Dudamel, Yuja Wang
- Dec. 13: Tchaikovsky and Copland— Michael Tilson Thomas
- Jan. 10: Mehta Conducts Wagner and More
- Jan. 31: All-Strauss
- Feb. 28: Ives 4 and Dvorak 9
- March 20: Piatigorsky International Cello Festival
- April 24: The Planets
- May 22: Dudamel Conducts Norman and Prokofiev

Contact Laurie Gilmore, (949) 584-6267 for bus information.

COMMUNITY SING

Ethel Carter will lead sing-along

by **Ethel Carter**
LW contributor

Leisure World residents are invited to attend the Community Sing next Monday, Oct. 28, at 6:30 p.m. in the lobby of Clubhouse 3. People who want to perform in Opening Acts are encouraged to come at 6 to sign in with the evening's emcee, Ethel Carter. Bring music, if needed, for the new pianist, Rhonda Fischer.

After opening acts, Ethel will lead group singing until 7:15 when she will introduce her half-time guest, Pat Kogok.

On Oct. 7, Bob Barnum was the leader. Opening Acts began with Ethel Carter singing "Let Us All Sing." She was followed by Richard Yokomi singing "Me and Bobby McGee" (accompanying himself on his electric guitar); Leila Claudio, "Bye, Bye, Love" (accompanying herself on classic guitar); Carmen Edwards, "Oh, What a Beautiful Morning"; Byong Choi, "Love Me Tender"; Bruce DuPont, "I Left My Heart in San Francisco"; and Essie Hicks, "Beautiful Dreamer." Pianist Pat Kogok accompanied five of the soloists.

After opening acts, Bob led the audience singing until he introduced his half-time guest, Willy Mirales, who proved to be quite a pro in his singing and electric guitar playing. Among the numbers he performed were "Somebody Done Somebody Wrong Song," "I'll Be Loving You Eternally" and a reprise of "Bye, Bye, Love," sung as a duet with himself and Leila Claudio, among other selections.

The audience's cheering grew so loud that it was almost like being in a rock concert. People also responded with hand clapping (in rhythm), foot stomping and begs for encores.

After Willy's performance, Bob asked everyone to pass in their books, then everybody stood and sang "Kumbaya" to end the musical evening.

Many thanks to pianist Pat Kogok, Ric Dizon, for helping with the electronic set-up for the half-time guest, and Bruce DuPont who helped with the books.

Video Producers Club

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Get answers to video related questions and step-by-step demonstrations; no appointments needed. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, creating and editing videos, Janice Laine. For more information, stop by the club room in Clubhouse 3, Room 12, from Monday-Friday from 10 a.m.-noon.

Friends of the Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore located adjacent to the library. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more.

A boutique that sells gently used collectibles and gifts is open now for pre-holiday browsing, and donations are welcome (no clothing, shoes or large electronics can be accepted). Volunteers will pick up larger donations if needed.

The Friends group is in need of volunteers. To learn more, go to the bookstore; applications are available during operating hours from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes.

Helen Onu is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required. For more information, call Chuck Burnett at 493-0176.

Fiction/Non Fiction Group

The Leisure World Creative Writer's Club Fiction/Non Fiction group will meet Friday, Oct. 25, at 1:30 p.m. in Clubhouse 3, Room 1. Leisure World residents and guests are invited.

—Dorothy Ferrington

CBD
from page 2

looking for relief from pain and other symptoms without the mind-altering effects of marijuana or certain pharmaceutical drugs.

CBD oil is made by extracting CBD from the cannabis plant, then diluting it with a carrier oil like coconut or hemp seed oil.

It's gaining momentum in the health and wellness world, with some scientific studies confirming it may ease symptoms of ailments like chronic pain and anxiety.

LW Dines Out

Hometown Buffet will serve all-you-can-eat dinner for \$11 in Clubhouse 1 for the Monday Night Restaurant on Oct. 28. The dining room is open until 7, so residents can come in for dinner any time between 4:30-6 p.m. Reservations are not required.

People can use regular Minibus service to get to the clubhouse until 6:30 p.m. and there is on-call service for the special needs access bus. For more information on the bus schedule, call 431-6586, ext. 372.

The Golden Rain Foundation provides various dining options in Clubhouse 1 on three Mondays each month and a Sunday brunch twice a month.

Naples Rib Company serves on the first Monday, Finbars Italian on the third Monday, and Hometown Buffet serves dinner on the fourth Monday and Sunday brunch on the second and fourth Sundays.

For more information about food service in Leisure World, contact the recreation coordinator at events@lwsb.com.

GRF Minibus service is available on its normal schedule for pickup and drop off in front of the clubhouse.

MENU	
<i>Soup</i>	<i>Sides</i>
Corn Chowder	Dinner rolls
<i>Salads</i>	Mashed potatoes and gravy
Broccoli Salad A Gogo	Steamed carrots and corn
White Bean Salad	Traditional macaroni and cheese
<i>Entrees</i>	<i>Desserts</i>
Lemon Herbed Chicken	Glazed Strawberries ala HTB
Carved Roast Beef	Banana Pudding
	Chocolate Pudding
	Traditional Carrot Cake



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Vinyl Rock, along with GRF, will host a special dance on at 6 p.m. on Saturday, Oct. 26, in Clubhouse 4. The Orange County-based band consists of nine members who perform classic rock, Motown and pop tunes primarily from the '60s, '70s, and '80s. The band keeps the audience engaged, inviting them to participate in sing-alongs and by mingling with them on the dance floor. The band is sponsored by Cabaret Entertainers. Vinyl Rock performs and is free concerts on the second Saturday of the month at Clubhouse 1 at 7 p.m. Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required, as are Halloween costumes. GRF members and their guests (over 18) are welcome.

AES
from page 3

approval, a variance, that exempts AES from the opacity rules during the short start-up period. During this short period, AES will be monitoring the plumes at all times and reporting to the SCAQMD every hour that the plumes reach a certain level of darkness.

During the early start-up process there are two main phases, the "first fire" and the "steam blow."

During the first fire, a plume of whitish smoke from the new stack appears as residual material, dust, dirt and oily residue left over from the manufacturing and construction, in the boiler burns off. During that first start up, there may be an odor, similar to when a new oven is first turned on.

After the first few minutes of start up, plumes from the stacks appear to be a shade of yellow in color. This largely consists of oxides of nitrogen that are caused by the combustion of natural gas. The plumes are temporary while AES brings on the pollution control systems. The air emissions during this period will not exceed acceptable levels of risk or air quality standards.

In addition, during the steam

blow phase, steam plumes from a different part of the plant may be seen.

These don't come from stacks. These are puffs of water-based steam, different from the startup plumes. These blows are very loud, and may occur intermittently throughout the early start-up process.

Steam blows may occur 24 hours per day in a close-loop cycle.

Open air steam blows create large steam plumes and loud hissing sound. These blows will occur intermittently between 7 a.m.-7 p.m., Monday-Friday and 9 a.m.-6 p.m. Saturday.

For more information, visit www.renewaesalamitos.com. For questions and concerns email talk@renewaesalamitos.com or call (888) 363-2226. Concerns can also be reported to (800)-288-7664.

—AES

For your information:

Leisure World Lost & Found is located in the Security Satellite Office, downstairs in Building 5 behind the LW Health Care Center. Take found items there, and go there to look for lost ones.

SOUTH COAST

Orchid Society to host auction on Oct. 28 at LB park

The South Coast Orchid Society, serving orchid hobbyists in Long Beach and surrounding communities since 1950, will hold its annual orchid auction at 6:30 p.m., Monday, Oct. 28, at Whaley Park Community Center, 5620 E. Atherton St., in Long Beach. The event is free and open to the public.

About 200 plants will be auctioned, with selections for beginners and experienced growers alike.

Many can be grown outdoors in Southern California, and we can teach you how to do it.

Doors open for plant viewing at 6 p.m.

For more information, contact southcoastorchidsociety@gmail.com.

— John McCoy



Whirlers Gordon Flewell, Helen Spencer and Joan Wise

LEISURE WHIRLERS

Veterans party will be held Nov. 1

The Whirlers square and round dance club will hold a party from 6:30-9:30 p.m. on Friday, Nov. 1, in Clubhouse 4. The theme will be "Veterans." Pre-rounds are from 6:30-7 p.m. Square and round dances will be alternated from 7-9 p.m., when a potluck and socializing start. Singles and couples are welcome. There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information, call Lenore Velky at (562) 799-9482.

Square dance classes are held every Monday from 7:30-9:30 p.m. Come to have fun, brush-up on dancing skills and support the student dancers. Singles and couples are welcome. There is a singles rotation so everyone can dance. Classes are held at the Garden Grove Women's Club, 9501 Chapman Ave., in Garden Grove. For more information, call Mel Branham at (714) 803-0250.

—Eleanor Thompson

LAPIDARY CLUB

Glass fusion class is Nov. 4 at 9:30

The Lapidary and Jewelry Club is offering an Introduction to Glass Fusion class from 9:30 a.m.-noon on Monday, Nov. 4, in the Lapidary Room of Clubhouse 4. The class covers basic glass fusion technique; students with prior experience can expand their skills in glass cutting and shaping to create more intricate designs.

Materials are provided and include enough glass to make two 3-inch or 4-inch squares and decorative glass pieces for designs. A materials fee of \$10 is payable at the class. Fused pieces may be picked up the following day. Sign up in the Lapidary Room; limit six students per class.



Fused glass artwork

Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

The workshops are open to everyone and are free. The Genealogy Library is open from 1-4 p.m. on Tuesdays, Wednesdays and Thursdays. Workshops include:

- Oct. 24: Find-A-Grave
- Oct. 31: Halloween Party; people are welcome to bring snacks and drinks to share and come get acquainted.

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Associate directors Margaret Humes (l-r), Nancy Maggio and Janet Ray.

GOOD NEWS SINGERS

Kick off holiday seasons with ‘He is Born’ concert, meal

by Nancy Maggio
LW contributor

The Good News Singers will welcome in holiday season with a concert of inspirational music titled “He Is Born” on Saturday, Nov. 2, in Clubhouse 4 at noon. A free meal will be offered after

the concert. The Messengers Quartet and the popular Spiritones will be among the featured acts. Also offering their voices in song will be Tom Morris and Kip Watkins. The choir will be singing favorites such as “C Is for The

Christ Child,” “Festival of Lights” and “O Holy Night,” just to name a few. The Good News Singers will serve a free lunch right after the concert. So bring appetites to cap off a musical afternoon to welcome in the Christmas season.

Theater Club

The Theater Club will meet at 10 a.m., Friday, Oct. 25, in the Loft, located at the top of the Amphitheater. People can access the Loft via two ramps that are located in the small plaza in between the Health Center and the Administration Building. The Theater Club is open to all. The only “talent” you need is a love of theater and a willingness to be a member of an ensemble group of entertainers.

—Taylor White

LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club’s Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9.

American Exploration

We sent the American ‘Spirit’ to Mars
‘Opportunity’ followed after.
As bagpipes skirled tears of joy
mingled with tears of laughter.

Seven months gestation
as these creations roamed.
Then joy and tears erupted again
as ‘Spirit’ phoned home.

Sputnik, Vanguard, Explorer,
Pioneer, Mercury, Ranger,
Mariner, Gemini, Apollo,
5,000 launches so far.

Walking on the moon
mapping Venus, Jupiter and Mars.
Like the explorers of old
man still reaches for the stars.

—Phyllis Poper

MUSICAL THEATER WEST

‘Something Rotten’ opens the season

Musical Theatre West (MTW) returns to the Carpenter Performing Arts Center with a line-up of West Coast regional premieres, Tony Award-winning classics and a new family favorite. The season opens with the West Coast regional theater premiere of “Something Rotten!,” which runs through Nov. 3; “Ragtime,” Feb. 7-23; “Mame,” March 27-April 12; and the West Coast regional premiere of “Treasure Island,” July 10-26. This holiday season, MTW will deliver a bonus production, the Southern California premiere of Irving Berlin’s “Holiday Inn,” December 6-15. Season subscriptions and single ticket sales are available now at www.musical.org, by calling 856-1999 or at MTW’s Ticket Office, 4350 East 7th St. in Long Beach. The line-up is as follows:

• “Something Rotten”
Welcome to the Renaissance. From the co-director of “The Book of Mormon” and the producer of “Avenue Q” comes something original, something fresh, “Something Rotten!” Brothers Nick and Nigel Bottom are desperate to write a hit play but are stuck. When a local soothsayer foretells that the future of theater involves singing, dancing and acting at the same time, Nick and Nigel set out to write the world’s very first musical.
• “Ragtime”
Based on the novel by E.L. Doctorow, this musical tapestry depicts an African-American family, a Jewish immigrant family, and a wealthy white suburban family in turn-of-the-century America, who collide in pursuit of the American Dream. Nominated for 13 Tony Awards, including “Best Musical” and winning for “Best Original Score” and “Best

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Community Karaoke

Recorded in 1969, Pat Paternoster sang a Kenny Rogers hit, “Ruby, Don’t Take Your Love to Town” at the Wednesday night Community Karaoke party. The audience listened to many popular emotional love songs, including performances by Essie Hicks, “Cryin’ Time”; Pete Tupas, “Cheating Heart”; and Tony Taboro, “Treat Me Nice.” Other performers were Ed Valenski, Wayne Urban, Byong Choi and Pat Kogok. “Bad Moon Arising” sung by Richard Yokomi, reminded people of the big October moon over Clubhouse 1. Amy Walker added pep to “Volare” with her dancing style. Ren Villaneauva had fun with “Tennessee Whiskey,” Tilly Stiehr, Diane Wasserman and Martin Rosendaal joined in with “Proud Mary.” Thirty-two karaoke singers entertained during the evening. Next week dust off your Halloween costume for the Oct. 30 karaoke party. Prizes will be awarded for best costumes. There will be pumpkin pie for



Pat Paternoster

everybody. New songs have been added to the songbook; people can practice them on Tuesday in Clubhouse 6 from 1-3 p.m. Karaoke parties are held in Clubhouse 1 each Wednesday starting at 5:30. Everyone is welcome.
—Margie Thompson

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:
• **Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.
• **Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.
• **Dance Fitness:** Move to energetic music and dance steps to improve balance and increase strength and stamina. Classes, \$3, are held upstairs in Clubhouse 6 on Mondays at 5:30 p.m., Wednesdays at 5 p.m. and Thursdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.
• **Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.
• **Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.
• **Grapevine Line Dance:** Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire directly in class or email grapevinelinedance@gmail.com.
• **Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.
• **Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.
• **Leisure Time Dancers:** West Coast Swing will be taught at 2 p.m. and nightclub two-step at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.
• **Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.
• **Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and cwwouples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.
• **Saturday Morning Dance Club:** West Coast Swing is taught from 9-10 a.m.; Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.
• **Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.
• **Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.
• **Zumba Club:** Come join the party while dancing and exercising to different rhythms such as salsa, merengue, cha-cha, hip-hop, Bollywood and jazz. Classes, \$3, are held upstairs in Clubhouse 6 at 8:30 a.m. on Tuesdays and Fridays, and at 11 a.m. on Saturdays. For more information, contact Mary Romero at 431-0082

메디케어보험 세미나

Medicare Meeting (in Korean)

Leisure World Healthcare Center
1661 Golden Rain Rd (Conference Rm 1)
Tuesday Nov 12th (10am)
Tuesday Dec 3rd (10am)

Denny’s Seal Beach
2940 Westminster Bl
Friday Nov 1st (2pm)
Friday Nov 15th (2pm)

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Dixieland Jazz Band

LAST TWO CONCERTS

Come see the lively jazz band on Nov. 6 and Dec. 4

Due to a conflict of meeting space in Clubhouse 4 in October, the Leisure World Dixieland Jazz Club concert was canceled and moved to Wednesday, Nov. 6. President Walter “Dutch” Vankerckhoven announced with regret that the Dixieland Jazz Band will disband after its Dec. 4 concert.

All Dixieland Jazz enthusiasts are invited to the acclaimed group’s last two concerts.

The Nov. 6 concert will be held in Clubhouse 4 at 6:30

p.m. This is a free event for all Leisure World residents and their family and friends. The concert commences with an hour of Dixieland Jazz music before a short intermission. Decaf coffee and other refreshments will be available.

Those attending can make a party of it and bring their own refreshments and beverages.

The concert is usually finished around 8 p.m.

Donna O’Keefe will be heading the traditional Parasol

Parade. She says that anyone who has ever had an urge to join the parade but has been hesitant should do so at this concert. They may pick up one of her personally decorated parasols and join in the fun.

The LW Dixieland Jazz Band was founded in 2003 by Luis Schillaci and Don Hodges.

The band has been entertaining LW residents for over 16 years.

Be sure not to miss the Nov. 6 event and give the players a roaring appreciation for the years they have been bringing this fun upbeat music to Leisure World.



Jojo Weingart

Hui O Hula kicks off the holiday season with its first performance at the Video Producers’ Christmas party today. It is an honor and pleasure to entertain the wonderful group of volunteers. Thanks to VPC, there is a video history of Leisure World. A big mahalo goes to Kyoko Ogita (center) who has been a steadfast dancer for Hui O Hula for many years. Here she dances “Have Yourself A Merry Little Christmas.” She and her hula family are looking forward to another Merry Christmas together in this fun and friendly community. Those who want like to dance their favorite Christmas songs/carols should join “Walk in, Hula out” upstairs in Clubhouse 6 every Monday from 10-11 a.m. Classes are always free. On Monday, Oct. 28, class will be held at the Hospitality Center downstairs in Clubhouse 6 from 10-11. Everyone is invited to dance and sing. Thanks to GAF, free coffee and snacks will be provided for all.

PHOTO ARTS CLUB

Contest winners are named; club will meet Nov. 14

by Esther Cummings
LW contributor

The winners of the Photo Arts competition of “pattern” photographs are Linda Joplin, “Shingles,” first; Marsha Sample, “Scarf,” second, and Esther Cummings, “Bench,” third.

Many of the pattern photos made by club photographers are on display in the hall of Clubhouse 3 near Room 9.

The club will meet at 1:30 p.m. on Nov. 14 in Clubhouse 3, Room 9.

Roger Bennett will lead the group with a creative collage on a printer and matting practice.

Attendees are invited to bring photos on any subject for the monthly competition.

Everyone is welcome.
—Esther Cummings



Photo Arts Club winners are Linda Joplin, Marsha Sample and Esther Cummings

Video Producers Club

The Video Producers Club offers free training weekdays from 10 a.m.-noon in Clubhouse 3, Room 12-A. Drop in Mondays to learn more about creating and editing videos with Joe Osuna; Tuesdays, how to transfer VHS tapes to DVD or other media, Richard Houck; Wednesdays, general information about the club and its services, Irene Cistaro; Thursdays, using smartphones and tablets to take videos, Joseph Valentinetti; and Fridays, creating and editing videos, Janice Laine. The club room is open Monday-Friday from 10 a.m.-noon.

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Book of a Musical,” “Ragtime” is a powerful portrait of life during the turn-of-the-century, exploring America’s contradictions of freedom and prejudice, wealth and poverty, hope and despair.

• “Mame”
“Life is a banquet, and most poor suckers are starving to death!” That’s the motto of Mame Dennis, one of musical theater’s greatest heroines, in this brassy, tuneful, hilarious and touching adaptation of Patrick Dennis’s bestseller, “Auntie Mame.”

• *Treasure Island*
Get ready for the swashbuckling musical based on Robert Louis Stevenson’s favorite childhood adventure story. Excitement runs high with pirates, treasure maps, mutiny on the high seas and pieces of eight. The story follows Jim Hawkins, an ordinary youth who is drawn into a dangerous race for buried treasure against the treacherous Long John Silver.
• “Holiday Inn”
Based on the classic film, this

joyous musical features thrilling dance numbers, comedy and a parade of hit Irving Berlin songs, including “Blue Skies,” “Easter Parade,” “Heat Wave” and “White Christmas.” It tells the story of Jim, who leaves show business behind to settle down on his farmhouse in Connecticut. He quickly discovers life isn’t the same, so Jim and Linda, a spirited schoolteacher, turn the farmhouse into a fabulous inn that celebrates each holiday, from Thanksgiving to the Fourth of July.

Friendship Club

The Friendship Club offers free computer classes taught by Jeff Sacks and Miryam Fernandez. The club meets on the first, second and fourth Mondays in Clubhouse 3, Room 4; and on the third Monday, in Clubhouse 6, Room B. The schedule is as follows:

- Monday, Oct. 21, Clubhouse 6, Room B**
11 a.m.—Calif DMV Test Prep (includes information about REAL ID) (Fernandez)
Noon—Meet “Siri” (Fernandez)
- Monday, Oct. 28, Clubhouse 3, Room 4**
11 a.m.—iPhone Tips & Tricks (Fernandez)ww
Noon—Browsing the Internet (Fernandez)
Classes are free.
- Monday, Nov. 4, Clubhouse 3, Room 4**
11 a.m.—Android Phones and Tablets (Sacks)
Noon—Privacy & Security on the Internet (Fernandez)
- Monday, Nov. 11—No Class, Veterans Day Holiday**
- Monday, Nov. 18, Clubhouse 6, Room B**
11 a.m.—Windows 7, 10 (Sacks)
Noon: Prepare for CA DMV Test
(Includes info about REAL ID), Sacks
- Monday, Nov. 25, No class, Thanksgiving**
For expert computer and smartphone information and advice, DMV, to suggest topics and questions, or to join the email list, contact Jeff Sacks (714) 642-0122.
For basic computer information, iPhone/iPad, Social Media, Google Calendar questions, contact Miryam Fernandez at 884-7460.

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CLUB MEETING SCHEDULE

ARTS & CRAFTS

Art League, 2nd Tues. (except Aug., Dec.), 7 p.m., CH 4, 431-4124
Art Classes, Mon., Wed., Thur., Fri., 9 a.m.-noon; Fri., 1-4 p.m., CH 4, Art Room, 594-6064
Ceramics, Wed., 10 a.m.-2 p.m., CH 4, Ceramics Rm, 423-9805
Clay Crafters, Mon., 1-4 p.m., Fri.; 1-4 p.m.; CH 4, Ceramic Rm., (949) 636-6798
Creative Writers, Poetry Workshop, 2nd Wed., 1:30 p.m., CH 3, Rm. 9; Fiction-Nonfiction Workshop, 1:30 p.m., 4th Fri., CH 3, Rm. 1; gen'l meeting follows at 3 p.m., CH 3, Rm. 1
Knit & Crochet, Tues., 9 a.m., CH 4 Ceramics Room, 598-1079
Korean Literary Club, 2nd, 4th Mon., 9:30 a.m., CH 3, Rm. 7, (714) 705-3199
Lapidary & Jewelry Making, Mon.-Fri., 9 a.m.-3 p.m.; Thurs., 5-7 p.m., Sat., 9 a.m.-1 p.m., CH 4 Lapidary Facility
Make 'Em Laugh, Thurs., 10:30 a.m., CH 3, Rm. 6, 296-8647
Oil Painting, Tues., Fri., 9 a.m.-noon, CH 4
Photographic Arts, 2nd Thurs., 1:30 p.m., gen'l mtg and workshop, CH 3, Rm. 9, 430-7978
Producers Club, acting class, Wed., 1:30 p.m., Video Producers Room, 598-0880
Quilting Bees, Wed., 9 a.m., CH 3, Lobby, 493-3645, 743-9827
Theater Club, regular mtg., 4th Fri., 10 a.m., Amphitheater Little Theater; 596-6358
The Writers Group, 1st, 3rd Thur., 1-3 p.m., CH 3, Rm 6, 596-5033
Woodcarving, Tues., 1-3 p.m. CH2, 799-0966

BRIDGE

Bridge, ACBL Duplicate, Mon. and Thurs., 12:15 p.m., CH 3 Lobby
Bridge, ACBL Duplicate, Burning Tree, Fri. and Sat., 12:15 p.m., CH 1, (615) 898 0669
Bridge, Midday, Mon., 12:30 p.m., CH 1, 342-9807
Bridge, Combined, Tues., 6 p.m., CH 1, 342-9807
Bridge, Mon., Mon., noon, CH 1
Panhellenic, **Bridge**, 1st Fri., 12:30 p.m., CH 3
Bridge, Lunch/Party, 2nd Fri., 11:45 a.m., CH 2

CARDS & GAMES

Best Time Bunco, 2nd, 4th Mon., 6 p.m., CH 3, Rm. 1, 596-1346
Bingo, St. Therese Org, 3rd Sun., 1 p.m., doors open; 1:30, early bird; CH 2, 594-0209
Bunco Social Club, 2nd, 4th Sat., 1:30-4 p.m., CH 3, lobby (714) 356-0443
Cards, Little Flower Guild, 1st Thurs., 12:15 p.m., CH 2, 799-0117
Chess, Fri., 1-6:30 p.m., CH 3, Rm. 7, 493-3478
Cribbage, Tues., noon, CH 1
Euchrites, Wed., 5-8 p.m., CH 3, 431-2682
Farklers Club, 2nd Mon., 5-10 p.m., CH 3, Rm. 4
Gadabouts Bingo, 2nd Sun., 1:30 p.m., CH 2, 598-3743
Good Time Bunco, 2nd, 4th Mon., 6 p.m., CH 3, Room 1, 596-1346
Jolly Time Cards, 2nd Fri., 11 a.m.-4 p.m., CH2, 240-5416
Knights of the Round Table Poker, 7-9 a.m., Mon.-Sat., CH 2 card room, 598-6720
LW Tournament Poker Club, 1st, 2nd, 3rd Sat., 11:45 a.m., CH 6, Hospitality Room, 592-8911
Mexican Train Dominoes, Mon., 5:30 p.m., CH 3, Rm. 9, 493-9411
New York Club Bingo, 1st Sun., 1:30 p.m., CH 2
PEO Lunch and Games, 4th Wed., 11:45 a.m., CH 2, 431-8240
Pinochle, Friendly, Thurs., 12:30 p.m., CH 1, 430-5828
Pinochle, Mon., 12:30 p.m., CH 1, 431-1045
Pinochle, Sat., 11 a.m., CH 1, lobby, 240-5416
Scrabble, Wed., 1-4 p.m., CH 3, Rm. 5, 598-1384
Sheepshead Club, 1st, 3rd, 5th Fri., 6-10 p.m., CH 3, Rm 6, 341-0249
Social Club, 4th Fri., 11:30 a.m., CH 2, 240-5416
Variety Poker, Tues., 1:30 p.m., CH 6, (714) 458-5751
Y-Rollers Yahtzee, 1st, 3rd Fri., 12:30 p.m., CH 3, Rm 6; 596-7237

DANCE

A Time to Dance ballroom group lessons, 2nd and 4th Thurs., 6:30-7:30 p.m., 7:30-8:30 p.m.; CH3, Rm. 2, (559) 403-8974, 285-6881
Ballet Fitness, Sat., 1:30 p.m., CH 6
Dancers & Mixers, (ballroom dancing), 1st Tues., 7-9:30 p.m., CH 4, 431-1257
Dancing Feet Ballroom and Line Dance Club, 4th Sun., 6-9:30 p.m., CH 2; line dance lessons, Thurs., 7-9 p.m.; Sun., 4-6 p.m., both CH 6; (551) 998-4223
Flowering Step Line Dance, Mon. and the 3rd Tues., 10 a.m., CH 2, 296-8068
Grapevine Line Dance, Thurs., 2-5 p.m., CH 6, Rm. C

See schedule on the LW website at
www.lwsb.com

Hui O Hula, Mon., 10-11:15 a.m., upstairs, CH 6; Tues., 1:15 p.m., upstairs, CH 6, 252-9676, *kumu@huiohula.com*
Joyful Line Dance Club, Wed., 3-4:30 p.m., CH 3, lobby; 301-5339
Leisure Time Dance, Mon., 2-4, CH 6, 301-6119
Leisure World Cloggers, Wed., 8:30-11:30 a.m., Amphitheater, 598-9974
Line Dance, Beg. Adv., Thurs, 10 a.m., CH 3, Rm 6; Sat., 1 p.m., CH 3, Rm 9, 799-1061
Line Dance, Beg. Adv, Sat., 1-3 p.m., CH 3, Rm 9, (714) 531-1698
Saturday Morning Dance, 9, Sat., CH 1, 493-2445
Suede Sole Dancers, Sun., 6:30 p.m., CH 6, 301-5339
Velvetones Jazz Club, 1st, 3rd Sun., 6 p.m., CH 4, 296-8199
Whirlers Square Dance, 1st Fri., 6:30-9 p.m., CH 4, 799-9482
Zumba Dance Class, Sun., 2:30 p.m., CH 6, upstairs; Mon., 5:30 p.m., CH 3; Tues., 8:30 a.m., CH 6; Wed., 5 p.m., CH 6; Thurs., 8:30 a.m., CH 3, lobby; Fri., 8:30 a.m., CH 6; Sat., 11 a.m., CH 6

EDUCATION

Computer Friends Club, 3rd Thurs., 4:30 p.m., CH 3, Rm. 2, (714) 267-7871
Computer Group of Friendship Club, Classes: 1st, 2nd, 4th and 5th Mondays in CH 3, Rm. 4, 11 a.m.-1 p.m.; 3rd Monday, CH 6, Room B, 11 a.m.-1 pm.; (714) 642-0122, 431-8050
English Conversation Club, Thurs. 7 p.m. CH 3, Rm. 9, (714) 487-4046
Investment Forum, 2nd Tues., 2 p.m., CH 3, Rm. 6, 794-9014
Korean American Computer Forum, 1st and 3rd Tuesdays, 9:30-11:30 a.m., CH 3, Rm. 2; 2nd Tues., 1-3 p.m., CH 3, Rm. 1, (951) 639-7129
Korean-English ESL Club, Wed., 9:30 a.m., CH 3, Rm. 4, except for 3rd Wed., in Rm. 9
LW Historical Society, 2-4 p.m., Thurs. CH 1
LW Computer Club, 2nd Tues., meeting, 1:30 p.m.; 1st Wed., classes, 9:30 a.m., 1 p.m., CH 3, Rm. 2, 544-2210

HOBBIES & SPORTS

Astronomy, 1st Wed., 7 p.m., CH 3, Rm. 3, 431-7240
Coin Club, 2nd Wed., 1:30 p.m., CH 3, Rm. 2
Garden Club, 3rd Mon., 1:30 p.m., CH 2, 430-2400
Drone Service Club, 3rd Mon., 9 a.m.-noon, CH 3, Rm. 9,
Genealogy Club, general meeting, 4th Wed., 10 a.m., CH 3, Room 1, 810-4266.
Genealogy Library, CH 3, Rm 10, open 1-4 p.m., Tues., Wed., Thurs., 810-4266
Golf, Men's, 2nd Tues. (Jan., March, June, Sept., Nov.), 9 a.m., CH 3, Room 1
Golf, Women's, meeting, 1st Mon., 3 p.m., CH 3, Rm. 1; play, 7:30 a.m., Tues., 537-0318
Happy Bikers, Tues., Thurs., Sat., Main Gate, 7 a.m., 296-5398
Ladies "Q" Pool Club, Mon., 10 a.m.; tournament, 2nd Wed., 10 a.m., CH 1 Ladies Pool Room, 795-9151
Mini Farmers, 4th Thurs. every second month (3rd Thurs. in Nov), 9 a.m., CH 3, Rm. 2
Pickleball Players Club, 1st Sun., 5 p.m., CH 2, meeting; games, Sun., 9 a.m.-8 p.m.; Thur., 5-8 p.m., multipurpose courts; lessons, Sun., 11 a.m. (310) 713-6696
Pool & Billiard, Men's, 3rd Monday (Dark June-Aug. and Dec.), 6:30 p.m., CH2, 209-3183.
Leisure Leggers, meet at CH 6, Mondays, 8 a.m. for a walk or jog around Leisure World.
LWSB Book Club, 3rd Thurs., 1-3 p.m., CH 3, Rm. 7, 296-8334
LW Tennis Club, Sun., Tues., Thurs., 8 a.m., Rossmoor Park, 296-5833
LW Wine Lovers, 1st Wed., 6:30 p.m., CH 3, Rm. 9, (707) 486-6672
Shuffleboard, Meetings, 1st Wed., 10 a.m. (coffee, doughnuts at 9:30); practice sessions, Mondays, at 10 a.m. at the shuffleboard courts, CH 1; lessons, call (949) 300-0285
Silver Fox Classic Car Club, 2nd Tues., 6 p.m., CH 3, Rm. 3, 343-4305
Stamp & Collectibles, 1st Wed., 1:30 p.m., CH 3, Rm 9, 598-9297
Table Tennis, daily, 7:30 a.m.-10 p.m., CH 6
Traveling Tigers, 3rd Wed., noon, CH 3, Rm. 9, 598-9297
Video Producers, 4th Thurs., 9-10 a.m., CH 3, Rm. 12-A, open Mon.-Fri., 10 a.m.-noon, 431-6586, ext. 287

MUSIC

Ad Hoc Singalong, Tues., 4 p.m., CH 3, lobby, 431-4221
Barbershop Singing Club, Tues., 7-9 p.m., CH 3, Rm. 9 or lobby, 431-4221, *waframbach@aol.com*

Community Sing, Mon., 6:30 p.m., CH 3, lobby, 493-3054
Dixieland Jazz Club, Aug., Oct., Dec., Feb., April, June; 6:30 p.m., CH 4
Good News Singers, Tues., Thurs., 9-10 a.m., CH 3 lobby (Tues.), Rm. 9 (Thurs.), 243-0047
Guitar Club, Fri., 1:30-4:30 p.m., CH 6, 489-6133
Karaoke, Wed., 5:30 p.m., CH 1; practice session, Tues., 1-3 p.m., CH 6; 493-0484
Korean American Chorale, Fri., 9:30-11:30 a.m., CH 4 (1st Fri, CH 3, Rm 9) 431-3036
Korean-American Classical Music Academy, 2nd, 3rd, 4th Thurs., 9:30-11:30 a.m., CH 4, (213) 716-8662
Korean-American Guitar Club, Thur., 9:30 a.m.-noon, CH 6, Room B, 342-9946
LW Chorale, Mon., Wed., 9-11 a.m., CH 3, Rm. 1 or 2, 243-0047
LW Opera Club, 1st Tues., CH 3, Rm 1; 2nd Mon., CH 3, Rm 2; 1:30-4:30, 296-5586
LW Community Orchestra, Mon., Wed., 12:30-2:30 p.m., Amphi. stage, (615) 898-0669
Musical Strings, Fri., 1-4 p.m., CH 3, Rm. 9, 481-7663

NATIONALITY/CULTURE

American-Latino Club, 1st Fri., noon, CH 4
Britannia Club of LW, 2nd Thur., 2:30 p.m., CH 3, Rm. 1, 596-6754
Chinese-American Friendship Club, 1st Thurs., potluck; 2nd Wed., 3rd and 4th Thurs., 1-8 p.m., CH 3, Rm. 1, (626) 235-6264, (702) 994-4888
Filipino Association of LW, 2nd Sun., 2-8 p.m., CH 3, Rm. 1, 493-1406
Italian-American, 1st Wed., noon, CH 4, 355-2918
Korean American Association, 2nd Thur., March, June, September, December, 5-10 p.m., CH 2
LW Women's Sing-Along Club, Wed. (except 4th Wed.), 2-3:30 p.m., CH 4, Section C, 431-1791
JPN-Nikkei Club, 2nd Sat., Jan., March, Sept., Nov.; 3rd Sat., May, July, 9:30 a.m.-3, CH 4, Sec. A and B, 795-9137
Vietnamese American Club, last Fri., noon, , CH 3, Rm. 1 or 2, (714) 322-8086

OCCUPATION

Calif. Retired Teachers Ass'n, even months, 1st Fri., noon, CH 2, 431-3083
National Active & Retired Federal Employees (NARFE), 2nd Mon., 1 p.m. Veterans Community Ctr., 101 E. 28th St., Long Beach, 427-9957

POLITICAL

LW Republican Club, 3rd Wed., 7 p.m., CH 3, Rm. 2, 335-0779
Seal Beach Leisure World Democratic Club, 3rd Wed., noon, CH 4, 760-6660

RELIGION/PHILOSOPHY

Beit HaLev, House of the Heart, Fri., 6 p.m., Sat., 10:30 a.m., livestream.com/Galityomtov/Facebook.com/galityomtov, 715-0888, 493-2680
Buddha Circle, 4th Saturday, 9:30-11 a.m., CH 4
Chinese Bible Study Fellowship, Tuesdays, 1:30-3:30, CH 3, Room 5
Christian Fellowship and Fun Club, 4th Tues., 6 p.m., CH 4, 455-6218
Christian Woman's Fellowship & Bible Study, 10-11 a.m., 2nd Mon., 10-11 a.m., 431-0597, 594-8100
Community Church Women's Ministry, Sarah Circle, 4th Tues., 10:30 a.m., Community Church
Congregation Sholom, Services: Fri., 7-9 p.m., CH3 Rm- 9; Sat, 9:30-11:30 a.m., service, kiddush, Torah study, CH 3, Rm 9; 505-3622
Course in Miracles Group, Fri., 4-5 p.m., CH 3, Rm. 8
Dongbu Pyungkang Church, Sun., 10 a.m., CH 6, (949) 514-4346
Korean Catholic Fellowship, 1st Wed., 5 p.m., CH 3, Rm 6; 3rd Saturday, 5 p.m., CH 3, Room 4, 296-8047
LDS Family Home Evening, 3rd Mon., 6 p.m., CH 3, Rm 6, 703-9342
LW Humanists, 1st Sun., 10:30 a.m., CH 3, Room 1, 209-3183
LW Korean Church, Sun., 10:15 a.m., praise; 10:30 a.m., worship; Bible study, Wed., 5:30 p.m., CH 3, Rm. 7, (213) 550-9991
Salvation Army Home League, Monday (except 5th week), Sept.-July, 7 p.m., CH 4, 209-2399
Sa-rang Church, Sun., 11 a.m., CH 3 Lobby; Wed., 6:30 p.m., CH 3, Rm. 1, 431-3036
Seal Beach Cornerstone Church, Sun., 9:45 a.m., CH 2, 331-6104
St. Therese Organization, 3rd Thurs., 1 p.m.; CH 2

SELF IMPROVEMENT

AA Friends, Wed., 3:30 p.m., CH 3, 500-5105, (213) 248-0539
AA Friends 2, Mon., 6-7 p.m., CH 3, Rm. 7, (213) 248-0539

AA Participation Meeting, 8:30 a.m., Sat., CH 3, 209-0816, 972-7567
Ageless Grace, Mon., 4:30-5:30 p.m., CH 6, Room C, (760) 560-8161
Chair Exercise, Tues., Fri., 9:30 a.m., CH 1, 493-7063
Early Risers, cardio workout, Tues., Thurs., 6 a.m., CH 6, upstairs, (310) 489-2390
Feeling Good Exercise, Mon., Thurs., 9:30 a.m., CH 1, 598-9149
Impaired Vision & Hearing, 4th Tues., 1:30 p.m., CH 3, Rm. 1, 431-4026
Joy Walking & Jogging Club, Sat., 7-9 a.m. (DST-summer); 7:30-9:30 a.m. (DST-winter), Amphitheater stage.
LW Wellness Club, 1st, 3rd Tues., 2 p.m., CH 3, Rm. 4, 889-9101
Pilates Club, chair class, Thurs, 5:30-6:30 p.m., CH 6, Rm. A; mat class, Thurs., 5:30-6:30 p.m., CH 6, Rm. C, 430-6044
Qi Gong & Tai Chi Chih, Tues., 9:15-11 a.m., CH 3, Rm. 1, 596-3936
Redeemer Respite Care, Mon., Tues., Thurs., 9:30 a.m.-3:30 p.m., Redeemer Church, 596-1209
Relax & Alert Meditation, Sat., 9:30 a.m., CH 6
Fitness Fusion—Upper/Lower Body Strength and Yoga, Tues., Thur., 11:15-12:15, CH 6, 296-8328
Wa-Rite, Fri., 7:45-8:45 a.m. weigh-in, new members arrive at 8:15 a.m., 9 a.m., meeting starts, CH 3, Rm. 1, 760-1293
Yoga, beg., Wed., Fri., 10-11 a.m., CH 3 (Rm 6 on Wed.; Rm. 7 on Fri.), 430-7291
Yoga, Tues., 10-11 a.m., CH 4 lobby; Thur., 10-11 a.m., CH 3, Rm. 1; Saturday, 10-11 a.m., CH 3, Rm. 2 or 9, 506-5063
Yoga Meditation and Tai Chi, Sat., 9:30 a.m., CH 6, 493-6719
Yoga on Mondays, Mon., 5:30-6:30 p.m., CH 4, 225-0273

SERVICE ORIENTED

Amateur Radio Emergency Service Club, 1st Wed., 10 a.m., CH 3, Rm. 9, (440) 289-2023
American Legion Auxiliary, genl. meeting, 3rd Mon., 1:30 p.m., CH 4, Section A; board meeting, 2nd Fri., 1-3 p.m., CH 3, Rm 4, 594-0209
American Legion Post 327, 3rd Mon., board meeting, noon; general meeting, 1:30 p.m.; CH 4, Sec. B; 594-0209
Community Emergency Response Training (CERT), 1st Fri., 1 p.m., CH 5, Rm. B
Children A Priority (CAP), 1st Thurs., catered lunch at noon, CH 4; reservations: 493-1294
Concerned Shareholders of LW, 4th Thur., 1 p.m., CH 3, Rm. 2, concernedshareholdersSB@gmail.com
Knights of Columbus, 3rd Wed., 7:30 p.m., St. Isadora Church, Los Alamitos, 708-5500
Military Officers Assoc. of America, 3rd Thursday, 6 p.m., Navy Golf Course, Cypress, 430-6512
PEO, Chapter RT, 2nd & 4th, Mon. (dark June, July, Aug., Dec.), 10:30 a.m., CH 3, Rm. 9
Salvation Army, Mon., 7 p.m., CH 4, 296-8539
Senior Patriots for Peace, 2nd Tues., 2:30 p.m., CH 3, Rm. 2, program; 3rd Wed., 3 p.m., CH 3, Rm. 3, open board meeting; 296-8554
We the People Club, Wethepeople.Lw@gmail.com
Where We Live, 3rd Thurs. CH 3, Rm. 2, 6:30 p.m., wherewelcome@yahoo.com
The Woman's Club, general mtg., 1st Tues., 1:30 p.m., CH 2; card party, 3rd Fri., 11:30 a.m., CH 2; board mtg., 3rd Wed., 10:30 a.m., CH 3, Rm. 7
Y Service Club, 3rd Wed., CH 3, Rm 2, 7:30 a.m.

SOCIAL

Friendly Couples, 2nd Wed., 5:30 p.m., CH 3, Room 2, 430-2891
LW Sunshine Club, Fri., 10-noon, CH 3, Rm. 2 (except 1st Fri.), 301-5339
LW RV Club, 3rd Tues., 6 p.m., CH 4, 340-9074, lwrvclub90740@gmail.com (dark June-August)
Noon Spoons, 4th Wed., 11:30 a.m., specified restaurants, 213-3923
Paws, Claws & Beaks: A Pet Lover's Club, 2nd Wed., 3 p.m., CH3, Rm. 3, 598-1736
PEO Chapter RT Card Club, 4th Wed., 11:30 a.m., CH 2, 431-8240
Phil-Am Social Club LW, last Fri., 2-8 p.m., CH 3, Rm. 2, 431-6508
Rainbow Sisters, 1st Tues., 6-8 p.m., CH 3, Rm. 2, (530) 902-5117
Rollin' Thunder Golf Cart Club, 4th Tues., noon, CH 2, 431-6859
Schmooze Club, 2nd Tues., 10 a.m., CH 3, Rm. 9, 598-2022
Yiddish Club, 1st Thurs., 7 p.m., CH 3, Rm. 2, 431-3774

Changes must be made in writing at The News Office or via email to rutho_news@lwsb.com. For more information, call 472-1277. LW Weekly office hours are weekdays from 8 a.m.-5 p.m.

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A large contingent of Mutual 2 volunteers gathered on the greenbelt to review emergency evacuation plans and practice the drop, cover and hold on technique on Oct. 17 for the annual Great California ShakeOut. Whistles were distributed to help people signal distress in an emergency.

The Great California ShakeOut™



Beverly Adams practiced evacuating Mutual 17.



Mutual 11 set up a command center. Volunteers practiced checking on neighbors and using radios to facilitate communication in the event of disaster.



Ole Thompson of Mutual 6 does double duty as a Radio Club volunteer.



The Radio and Drone clubs will be instrumental in connecting Mutual leaders to emergency personnel in the aftermath of an earthquake. Radio Club volunteers staff the Emergency Operations Center at the Amphitheater, and Drone Club members will deploy the aerial cameras to assess damage and injury.



Mutual 6 residents are ready for anything in their safety vests and emergency backpacks that are filled with batteries, flashlights and other emergency supplies. As part of its drill, Mutual 6 responders reported to the Command Post for assignments and supplies. Volunteers checked the community for resident safety, building damage assessment and reminded residents to practice the duck-and-cover technique.



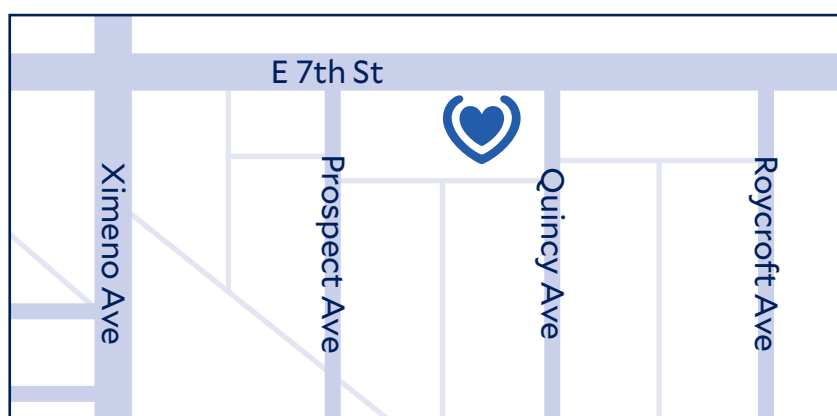
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Friday, October 18th 10AM
Thursday November 7th 10AM

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Community

SUNSHINE CLUB

Chef will demonstrate basic skills

Chef Pablo will be the guest at the Sunshine Club on Friday, Oct. 25, from 10 a.m.-noon in Clubhouse 3, Room 2.

He will provide a cooking demonstration to teach basic culinary skills (chopping, dicing, mixing, etc.) and basic nutrition principles. Included will be information on meal replacement and healthy desserts and snacks.

The demonstration will include:

- Scripts and step-by-step instructions for each recipe
- Grocery and supply lists
- Fun ideas to enhance the meal
- Handouts and resources

After seeing this cooking demonstration, the Sunshine Club hopes attendees will be inspired to cook healthy meals at home.

Chef Pablo has been a chef for the past few decades in all sectors of the food industry. He has been an executive chef for nine years for Compass Group at the Nestle Corp.

His passion for the past 10 years has been healthy cuisine.

The club has frequent guest speakers from outside Leisure World who speak on various topics that enhance living in LW. The club does not endorse the speakers or their businesses. It solely provides information.



Chef Pablo
Any interaction with the business outside of the meeting is on-your-own.

The club appreciates shareholders bringing their own coffee mugs to participate in the “Save The Earth” program the club began about five years ago. Arrive 5-10 minutes early to enjoy refreshments before the meeting begins.

The club meets on Fridays in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first Friday in Room 9).

All shareholders are welcome to attend; membership is not required.

For more information, call Anna Derby at (562) 301-5339.



GRF

Sign-ups sought to decorate trees

The Recreation Department is seeking clubs to participate in the fifth annual Christmas tree decorating contest. Clubs may apply by emailing the Recreation Office at kathyt@lwsb.com. The Recreation Department expects the clubs chosen to outdo the spectacular results in 2018. Clubs that are creative and would like to help LW get in the holiday spirit, step up, adopt a tree and get creative.

The theme for this year is “An Old-Fashioned Christmas”. The trees’ decorations should reflect the holidays of years gone by. There are five Clubhouses and six opportunities to participate, with two trees in Clubhouse 6. If more than six clubs apply to decorate a tree, the winners will be chosen by random.

Judging will be by a committee and the winning club will be celebrated in LW Weekly and on the website. Stop by Building 5 to apply, or email Kathy Thayer at the above address, and help Deck the Halls.

SENIOR PATRIOTS

Demonstration set for Oct. 30

All are invited to participate in a peace demonstration sponsored by the Senior Patriots for Peace on the last Wednesday of the month, Oct. 30, from 4-5:30 p.m. on the Seal Beach Boulevard sidewalk in front of the LW Globe at the main entrance. The theme will be how we can work for a sustainable environment. Since war is destructive of the environment this is a peace issue. In addition, any environment that is unsustainable is not peaceful. Signs are available or you can bring your own.

The annual meeting of the Senior Patriots was a huge success with the speakers being very informative and the discussion after very lively.

The ballots were counted and Jane Brittingham, Jacquie Clarke, Nancy Goldstein, Dorothy Kemeny, Ordie Kim, Don Koepke, Pat Kruger and Mary Larson were elected to the board.

The board met Oct. 23 to elect the executive officers and members-at-large.

Any questions can be addressed to Dorothy Kemeny at (562) 242-4751.

GOLDEN AGE FOUNDATION

Salvation Army truck in LW Oct. 31

The Golden Age Foundation is sponsoring The Salvation Army Donation Truck on Oct. 31 from 10 a.m.-noon in the Clubhouse 2 parking lot, so get a jump start on fall cleaning.

The Salvation Army is looking for donations of clothing, small household items, things that can be carried into the truck. It will also take small e-waste items such as note pads, cell phones, but no large pieces of furniture. All items



DOING THE MOST GOOD

should be clean.

The donation truck will return in February, the same day as Golden Age Foundation Shredding Service day.

For more information, contact Anna Derby at (562) 301-5339.

GRF

Used vehicle sale is Saturday, CH 6

Each fourth Saturday Shareholders/Members have the opportunity to sell used motorized vehicles in the Administration Parking Lot from 8 a.m.-4 p.m. The next sale is Saturday, Oct. 26.

Vehicles must have current DMV registrations and GRF decals as well as be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner or representative does not need to be present but is allowed to display a single “for sale” sign no larger than 18 inches by 24 inches on the vehicle, to include a phone number.

The sale is open to Leisure World residents only and the guests they call in. The public will not be able to sell at the events.

For more information, contact Recreation at 431-6586 ext., 398.

ROLLIN' THUNDER

Purchase tickets to Nov. 26 feast

The Rollin' Thunder Golf Cart Club will host a fully catered Thanksgiving feast, on Tuesday, Nov. 26, at noon in Clubhouse 2. Tickets, \$2 each, can be obtained by calling club President Tom Davis at (562) 431-6859. You must have a ticket to attend.

The club's next Air and Water Day will be Saturday, Dec. 7, at the Pitstop (near the Mini Farms), 9-10:30 a.m. While there is never any charge for this service, donations are welcome to cover club expenses. New cart tires and wheels will be available at this popular safety-first event.

On Dec. 12, the club will host its annual Holiday Parade. More information regarding this popular and colorful parade will appear in a November issue of the LW Weekly.

—Mike Levitt, publicity chair



Support the Golden Age Foundation, by shopping from home at smile.amazon.com.

Holiday shoppers support GAF

The holidays are fast approaching, and this is a great opportunity to help the Golden Age Foundation enrich the lives of Leisure World residents just by shopping.

The GAF is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach community a better and happier place in which to live.

In order to provide services, GAF needs to raise funds. There are two easy ways to donate funds to GAF without any cost to the donors.

If you enroll in [Smile.Amazon.com](https://smile.amazon.com) and indicate your charitable organization as the Golden Age Foundation Seal Beach, every time you shop on Amazon, the on-line shopping giant will donate a percentage of the purchase to GAF without any additional cost to the purchaser.



The Ralph's Reward program is another way to donate to the Golden Age Foundation. Sign up on www.ralphs.com and every time you shop at Ralph's using your rewards card, a percentage of the bill will be donated to the GAF.

Participants will need a Ralph's Reward Card number to register or the phone number associated with the account.

To help Ralph's members who would like to register and support GAF but need assistance, GAF volunteers are in the Clubhouse 6 Hospitality Center on Tuesdays, from 9-11 a.m.



All LWers are invited to browse and buy at the Arts and Crafts Festival in Clubhouse 2 on Nov. 1-2.

ARTS & CRAFTS FESTIVAL

Crafty LWers sell wares Nov. 1-2

The 51st annual GRF Arts & Crafts Festival will be held on Friday, Nov. 1, and Saturday, Nov. 2, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival is for the purpose of encouraging the creative talents of Leisure World GRF members.

While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/member. No manufactured articles may be sold. Each seller must live in Leisure World and be a GRF member to sell at the festival.



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The Suzi and Dennis Smith family gathered to work at Mutual 4’s annual Country Western Night on Oct. 16 in Clubhouse 2. They joined Mutual board members and partners in preparing and serving a meal to 200 Mutual members.



The Filipino Association of Leisure World (FALW) honored members celebrating their birthday in October, Rosemarie Da Rasa (l-r), Ann Andreatta, Julie Nulod, Claudio Gonzales, Aida Jose, Magdalena Ramirez and Bernie Goosens.

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Free lunch with no obligation to enroll. These events are for educational purposes only, no plan benefit information will be shared. By calling the number above, you will be directed to a licensed insurance agent. For accommodation of persons with special needs at meetings, please call 1-888-242-1074, TTY 711 M-F 8:30am-5pm.



Photos taken at the GAF gala “On Broadway” by Harry Varnas will be available today and tomorrow, Oct. 24-25, in the Hospitality Center from 9-11 a.m.

GAF Gala honored donors

The Golden Age Foundation held its 46th annual banquet “On Broadway” to honor donors on Oct. 19 with 232 attending in Clubhouse 2. The event was sponsored by DLD Insurance Brokers, Inc. catering and food, and Jimmy Koffel’s Food Service, beverages, donations and entertainment.

Attendees came “dressed to impress” in costumes depicting characters from movies and in their finery.

Donors from the past year were recognized. Entertainment was by a 23-year-old crooner Ryan Christopher who had the guests on their feet by the end of his performance.

The evening ended with a silent auction that featured 33 baskets that raised \$2,405 for GAF. The raffle brought in \$915,

GALA, page 30



Lillian Silva (l-r), Teresa Subia, chair, and Ruby Johnson organized the Silent Auction that featured 33 baskets.

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Elaine Miller has coordinated a low-cost pet vaccination clinic at LW Community Church on Nov. 14.

LW COMMUNITY CHURCH

Get low-cost pet vaccines on Nov. 14

A low-cost dog and cat vaccination clinic will be held on Nov. 14 from 9-11 a.m. at LW Community Church, 14000 Church St.

All shots and services will be provided at a reduced cost. Other services such as, nail trim, glands, blood work, etc. will also be available.

A new pet toy will be provided by Vet Care Clinic.

Pets provide mental and physical benefits to their owners who love them.

Those who need transportation



NIKKEI CLUB

Watch classic Samurai movie

After taking a break in October, the Nikkei Club will meet Saturday, Nov. 16, at 12:30 p.m. in Clubhouse 3, Room 1.

A Japanese Samurai movie, “The Last Ronin,” will be shown starting at 1 p.m. Everyone is invited to attend this movie with English subtitles. This movie has been around a long time and is considered to be one of the great Samurai classics.

For those who are attending the movie, it would be appreciated if you bring snacks, appetizers or a dessert to share. Water and tea will be provided.

Be sure to verify your attendance with a member of the telephone committee: Marge Kido, (562) 544-4463; Kazuko Monobe, (562)280-4916; or Sherie Vanek, (562) 296-8074.

The Nikkei club is open to all residents of Leisure World. Annual dues are \$10 for the year, January-December. A membership form must be filled out and be on file. Sybil Tanabe will be passing out new membership forms and will collect dues for 2020.

Concerned Shareholders tackle subjects

Concerned Shareholders will meet on Thursday, Oct. 24, at 1 p.m.. in Clubhouse 3, Room 2.

Items for discussion:

- Seal Beach Police in Leisure World.
- The flu shot given in Leisure World.
- With a restaurant in Clubhouse 1, what will happen to the clubs that meet in Clubhouse 1?
- What is happening to the Mini-Farms?
- What is happening to the clubs with lockers?

For your information:

Resident names are deleted from the LW Community Guide after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Residents who think they know a name that should be removed may notify LW Weekly.

SCAQMD Guest conducts air quality workshop

Dr. Vasileios Papapostolou, program supervisor at the South Coast Air Quality Management District, will host a short workshop in Leisure World on Tuesday, Oct. 29, in Clubhouse 3, Room 9, at 10 a.m. The workshop will focus on the air quality measurements that have been ongoing in the community over the past 24 months.

The project is part of the Leisure World – SCAQMD partnership under the EPA STAR Grant Project.

In addition to the 29 residents who have hosted the air quality monitors at their units, anyone interested in learning how the project is progressing is invited to attend.

The meeting will offer an opportunity for the sensor hosts to describe their experiences using the low-cost sensor technology and suggest improvements, changes, concerns and challenges.



Papapostolou

Dr. Papapostolou will share the SCAQMD’s comprehensive interpretation of the data to date and also how similar programs are playing out in the other California communities enrolled in the project.

Attendees will be treated to a short movie that includes the visualization of several periods of varying air quality.

Real-time air quality data from LW sensors can be seen at anytime at www.purpleair.com/map.

For more information, contact Nick Massetti at (408) 406-6315.

— Nick Massetti

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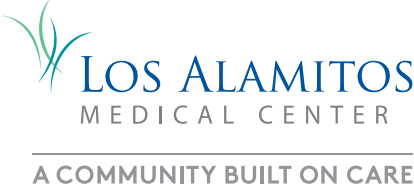
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Sen. Umberg visited with LW Democratic Club

Sen. Tom Umberg was the guest speaker at the Oct. 16 Democratic Club meeting.

He represents the 34th Senate District, which includes the cities of Anaheim, Costa Mesa, Fountain Valley, Huntington Beach, Garden Grove, Long Beach, Los Alamitos, Midway City, Orange, Santa Ana, Seal Beach, and Westminster.

The Senator informed the group that the state of California now enjoys a surplus of funds, enabling the government to move forward with important legislation and projects. He then outlined some priorities that lie ahead.

- Mental health – 30 percent of those in Orange County jails need mental health treatment.

- Climate change – Studying the effects of climate change on coastal erosion is vital. A bill has been passed to initiate a study of this problem. California State University, Long Beach, will shoulder responsibility for this endeavor.

- Homeless housing – Umberg, himself, is responsible for the success of Senate Bill 450, which passed and was signed into law by Governor Gavin Newsom. Simply, it streamlines the process for converting motels into supportive and transitional housing for the homeless. Most



Sen. Tom Umberg was welcomed to the LW Democratic Club meeting on Oct. 16.

important, it provides exemption from California Environmental Quality Act (CEQA) to expedite making rooms more livable

for families, such as adding kitchenettes, for example. It will facilitate creating housing at existing sites where families who are experiencing homelessness are already seeking shelter.

“Our communities need this transitional housing to come as soon as possible. Too many families are staying in these motels because they cannot pass a credit check to lease an apartment, and as a result, they end up paying more to reside in a motel,” said Umberg. “This will make extraordinary opportunities for our state’s cities, and for California families affected most by the homelessness epidemic. We must continue to support our local communities as they desperately work to implement life-changing efforts for those in need.”

- Health care – California will continue to seek ways to make health care affordable for its citizens.

- Environmental care – The current leadership is committed to creating high standards for clean air and water, as it has done for the past 50 years.

Sen. Umberg also reminded everyone that citizens will vote by mail in 2020. Voters will be able to mail the ballot, deposit it in one of many conveniently located drop boxes (TBD), or go to a voting center (also TBD). There will not be polling places, as in the past. Everyone will be able to vote as early as 11 days before the election.

Finally, the senator encouraged everyone to answer the 2020 census and to be sure to get family, friends, and acquaintances to do so, as well. He explained that the state loses \$1,800 in federal funding for every person who is not counted in the census.

...

The Nov. 20 meeting will include a potluck luncheon, followed by a presentation by Diedre Thu-Ha Nguyen, who is the Democratic endorsed candidate for the 72nd assembly district.

DEMOS, page 30

GOP CLUB

Diep, Cruz were guests Oct. 16

Assemblyman Tyler Diep spoke to the LW Republican Club Oct. 16. He represents the 72nd District, which includes Leisure World. He was followed up by Erin Cruz, who is a leader in the drive to recall Gov. Gavin Newsom.

Diep argued forcefully against putting illegal aliens on Medical, arguing that the program is not able to provide services to many deserving Americans.

“Almost all hospitals in this area have pulled out of the Medical program because Medical reimbursement rates are not sufficient for most hospitals to operate,” he said.

Diep noted that he voted in favor of increasing Medical reimbursement rates, but the measure was defeated.

He also discussed how difficult it is for a Republican to be elected in California. “There are only 19 Republicans in the Assembly out of a total of 80,” he said.

“So if each Democrat in the Assembly contributes the maximum to my opponent,” he said, “that will amount hundreds of thousands of dollars in one day. It might take me a month to raise that much money.”

For the 2019-20 legislative session, Assemblyman Diep serves as Vice Chair for the Housing and Community Development Committee and the Committee on Arts, Entertainment, Sports, Tourism and Internet Media. He also serves as a member of the Appropriations, Public Safety, Transportation, Labor and Employment, and the Joint Legislative Audit Committee. He is also the Republican alternate to the Rules Committee.

In 2017, the Orange County Taxpayers Association recognized him with the coveted “Rose Award” for his opposition to new and higher taxes. Diep’s priorities include common sense infrastructure spending, promoting job growth and creation, continuing a strong commitment to public safety, and protecting access to health care.

Assemblyman Diep was first elected Director to the Midway City Sanitary District in 2006. He was then elected to the Westminster City Council in 2008 and 2014. He was unanimously selected as Vice Mayor in 2010 and 2018. Professionally, he served as a senior adviser and small business outreach specialist with the California State Board of Equalization and the California Department of Tax and Fee Administration. In addition, he is also a proud small business owner in Huntington Beach.

Diep graduated from the California State University, San Diego, in public administration and currently resides in Westminster.

Erin Cruz spoke to an enthusiastic audience about why and how Gov. Newsom should be recalled. Petitions were available for everyone to sign,

Cruz criticized the governor’s position on gas prices, education, infrastructure spending, illegal aliens and veterans.

“The governor says he doesn’t know why the price of gas in California is so high” Ms. Cruz said.

“At the same time he supported increasing the gas tax and requiring even more additives that increase the price even more,” she said.

She argued that the bill he signed preventing schools from suspending students is exactly the wrong solution. “When a few students’ behavior prevents others from learning they should be suspended,” she said. “How can we expect education to improve when we take steps to allow a few troublemakers to disrupt the educational process,” she said.

She argued that ignoring the state’s infrastructure will be more costly in the long run and will eventually result in people dying.

Cruz said that we sometimes treat illegal aliens and criminals better than our veterans.

In conclusion, she stress that the recall petition must be used and it must be filled out correctly.

“The paper must be 8 1/2 by 14 and the type must be the correct size,” she said. “And remember, stay between the lines.”



Assemblyman Tyler Diep



The Filipino Association of Leisure World (FALW) inducted two recycled officers, Ren Villanueva (l), president, and Aida Jose, secretary, to preside during the years 2019-21.

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Y0114_19_109293_I_M

Obituaries

Space is available for obituaries of residents and former residents.

- An “In Memoriam” column is available free of charge. Limited to name, mutual number and date of death.
- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
- A “Card of Thanks” section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

...

In Memoriam

Edward Wuebben Jr 29
Anita Hutchins 70
Jimmy Kerr 74
Dorrington Merriman 77
Anthony Costanzo 67
Amelda Goens 87
Daniel Vigil Jr 50
Yaeko Kaliher 101
Michael Todd 60
Maxine Douglas 94
Families assisted by
McKenzie Mortuary,
961-9301

—paid obituary

Obituary Notices
472-1276

Bonnema, Alvin R 1936-2019

Alvin R. Bonnema, Mutual 11, 83, died Oct. 6, 2019.

Alvin was born March 17, 1936, to Dick and Louise Bonnema in Willmar, Minnesota. He grew up in Prinsburg, Minnesota. He was the fifth child of seven, Lavon, Evelyn, Marvis and Douglass were older, Ken and Nyla, younger. Lavon, Marvis, Douglass and Nyla predeceased him.

Alvin married Ruth DeGroot (daughter of Bill and Joyce DeGroot) on Dec. 30, 1958, in Buena Park. This union was blessed with five sons, Wayne (deceased 2010), Russell, Joel (Raquel), Steven and Dan; two grandsons, Luke and Derek; and many cousins, nieces and nephews.

Alvin was in the Navy for two years, 1955-1957. He saw many places, China, Philippines and Hawaii. After being discharged, he could not find work in Minnesota, so he went to California and worked for his sister and her husband in the Tupperware business. After 20 years, he and his brother Ken decided to make cabinets in 1979. They had a warehouse in Chino, California with their sons for many years.

Alvin retired in the early 2000s.

Alvin and Ruth moved to Leisure World in 2002. They had good years meeting lots of people and playing games. In mid-September, Alvin was admitted to the hospital and diagnosed with lymphoma. He died three weeks later. “Praise the Lord.”

A memorial service will be held at Riverside National Cemetery, 22495 Van Buren Blvd., on Friday, Nov. 1, at 10:45 a.m. A celebration of life will follow at 12:30 p.m. at Anaheim Christian Reform Church, 530 N. Date, Anaheim.



Chapin, Gayle 1949-2019

With great sadness and a deep sense of loss, we inform you of the passing of our friend and loved one, Gayle Chapin.

Gayle died Tuesday, Oct. 8, 2019, at Memorial Hospital in Long Beach after a brief battle with cancer.

Born on Oct. 24, 1949, in New York, Gayle was an only child who quickly learned to develop friendships that were like family. Over the years she created a widespread network of those she loved and who loved her and knew her as an extraordinarily loyal, thoughtful and irreplaceable friend.

She had a gift for having fun and for bringing people together as well as a serious side that saw her graduate Phi Beta Kappa from Lehman College and receive her master’s degree in child development from the University of Connecticut.

In her 30s, after relocating to California, she adopted her beloved daughter, Sara, from Mexico. Sara, her husband, Alex, and their two children, Jonathan, 13, and Rosemarie, 11, were the loves of her life.

In 1998 Gayle established her popular business, Chapin and Daughter Organizing Services. She also served on the Mutual 14 board of directors.

She is also survived by her long-time partner, Dean Campbell; “sister,” Jean Fromm; and aunt, Sallie Pearlman.

Memorial services will be held at 11 a.m. Thursday, Oct. 24, at Temple Israel, 269 Loma Ave., Long Beach. A meal of condolence will follow.

Donations in Gayle’s memory may be made to either Temple Israel at www.tilb.org or to Water Underground at waterundergroundproject.org.



KACMA Learn about music by Strauss today

The Korean American Classical Music Association will study pieces by Richard Strauss including “Sprach Zarathustra,” movements I, II, VIII, IX and Eine Alpensinfonie, today, Oct. 24, at 9:30 a.m. in Clubhouse 4.

Ken Chong is the commentator for the classical music segment. Robert Chung follows with favorite songs selected by the members.

All are invited to KACMA. The program is presented in Korean. The club encourages good fellowship through the appreciation of classical music and by attending concerts.

For further information, contact President Angel Joh, (562) 598-0313, Vice President Kyung-



Richard Strauss
Ok Huh at hanandkay@gmail.com, or Program Chair Robert Chung, (562) 387-7377 or at robertschung@hotmail.com.

Italian-American Club meets Nov. 6

The Italian-American Club meets the first Wednesday of each month at noon in Clubhouse 4. All residents are invited to join.

The October meeting was a fun. The venue was changed to Clubhouse 2, and everyone found it. A little bit of Halloween also showed up in decorations and trick or treat bags. Bev Bender was a delight and got members moving after chili and corn bread for lunch.

The November meeting will be on Wednesday, Nov. 6, at noon in Clubhouse 4. It will be the last potluck of 2019. Almost everyone signed up to bring something specific. For a reminder, call Sunny Beech, (562) 355-2918.



LWer Stephen Howard’s film “Every Night & Every Day,” has been submitted to several first tier international film festivals, including Sundance, Tribeca, Santa Barbara, Atlanta, Seattle, Florida and San Francisco. Good showings at these festivals make films eligible for an Oscar. Howard (l) stars in the film with Lisa Roumain (r) that he also wrote and produced.

FRAUD
from page 2
tion for identity theft or fraudulent billing purposes. Fraudsters are targeting beneficiaries through telemarketing calls, booths at public events, health fairs and door-to-door visits.

Beneficiaries who agree to genetic testing or verify personal or Medicare information may receive a cheek swab, an in-person screening or a testing kit in the mail, even if it is not ordered by a physician or medically necessary. If Medicare denies the claim, the beneficiary could be responsible for the entire cost of the test, which could be thousands of dollars.

Everyone is welcome to attend the presentation and learn more about protecting themselves from scammers.

Report Medicare fraud to the SMP at (855) 613-7080 and come to the meeting to learn more.

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The American Latino Club celebrated Halloween and Alicia Ortuzar’s birthday at its Oct. 4 meeting in Clubhouse 4.

AMERICAN-LATINO

Make reservations for Thanksgiving luncheon by tomorrow

The American Latino Club will meet on Nov. 1 at 11 a.m. in Clubhouse 4 for a Thanksgiving lunch.

The club will provide turkey and ham. Members are asked to bring side dishes for six people. Non-members pay \$10.

Reservations are needed by tomorrow, Oct. 25. Call Carmen Edwards at (562) 431-4257 or Alicia Ortuzar (562) 588-3090.

Travel

On the Go

Day Trips

Nixon, The Moon & The White House – Nixon Library and White House lunch and 50th Anniversary of the moon landing exhibit, Nov. 2, \$119, Good Times Travel, (888) 488-2287

Masters of Their Craft – Rubel Castle, Maloof home and included barbeque lunch in Glendora Village. Nov. 6, \$99, Good Times Travel, (888) 488-2287

Brazilian, Books & The Broad – With included Fogo de Chão lunch. Nov. 13, \$99, Good Times Travel, (888) 488-2287

Harrah’s Rincon – Thursday-Monday, no Tuesdays or Wednesdays, free, Amphitheater, 7:15-7:30 a.m., (877) 777-2457

Pechanga Casino – Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino – Sunday-Tuesday, Amphitheater, 7 a.m., free

Pala Casino – Tuesday, Thursday, Saturday, Sunday/ 8 a.m., Ampitheater. (713) 623-4643



Overnight Trips

A Capital “Christmas”— Six-day tour featuring Washington, D.C., Colonial Williamsburg, Jamestown, Yorktown, Richmond, Mount Vernon. Dec. 4-9, Good Times Travel, (888) 488-2287

San Antonio “Christmas” — Five-day tour featuring a single hotel stay on the River Walk, The Alamo, Austin, LBJ Library & Ranch, Fredericksburg. Dec. 10-14, Good Times Travel, (888) 488-2287

Coastal “Safari” by rail — three-day tour featuring an oceanfront stay in Pismo Beach, Coast Starlight Train, Morro Bay, Cambria, Feb. 5-7, Good Times Travel, (888) 488-2287

Death Valley Splendor — three-Day tour featuring a two night stay at The Ranch in Death Valley. March 1-3, Good Times Travel, 888-488-2287

Annual historical cemetery tour

The Historical Society of Long Beach holds its twenty-fourth Annual Historical Cemetery Tour on Oct. 26, from 9 a.m.-2:40 p.m. Allow three hours to see all the presentations and exhibition.

The tour and performances occur in two cemeteries - Long Beach Municipal and Sunnyside Cemetery. The Long Beach Municipal Cemetery is located at 1151 E. Willow Street and Sunnyside Cemetery at 1095 East Willow Street. Tickets can be purchased online in advance for \$20 for adults, \$8 for ages 5-18, and \$1 for children 4 and under at hslb.org. Tickets are also available at the event from 8:30 a.m.-2 p.m. At the door ticket prices for adults 18 and up will be \$25, \$8 for ages 5-18 and \$1 for children 4 and under. We accept cash and credit cards at the event.

The Cemetery Tour is the signature event of the Historical Society of Long Beach, a non-profit organization. Those who would like to volunteer or learn more should visit hslb.org or call the HSLB at (562) 424-2220.



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Spare change left at airports

In 2017, more than \$869,000 was left by passengers at TSA checkpoints.

While TSA makes an effort to reunite passengers with items left at the checkpoint. Unclaimed money is deposited into a special account to be tracked and subsequently disbursed. Ultimately, TSA uses the money to maintain and improve security operations.

Travel Tip: To keep from leaving your money behind at the checkpoint, place it in a zip top plastic bag, pouch or favorite fanny-pack and store in your carry-on bag for X-rays screening.

If you ever leave something behind at the checkpoint, visit the TSA lost and found information page at TSA.gov.

TSA Tips: Traveling with medication

Traveling with medication can be confusing and traveling through a federal checkpoint can be intimidating when the rules are not clear. Traveling with personal medication is legal and here are a few tips that can help you travel with your necessary items with confidence.

- It is not necessary to present your medication to, or notify an officer about any medication you are traveling with unless it is in liquid form (See next bullet).
- Medication in liquid form is allowed in carry-on bags in excess of 3.4 ounces in reasonable quantities for the flight. It is not necessary to place medically required liquids in a zip-top bag. However, you must tell the officer that you have medically necessary liquids at the start of the screening checkpoint process. Medically required liquids will be subject to additional screening that could include being asked to open the container.
- Bring your medication in pill or solid form in unlimited amounts as long as it is screened.
- You can travel with your medication in both carry-on and checked baggage. It's highly recommended you place these items in your carry-on in the event that you need immediate access.
- TSA does not require passengers to have medications in prescription bottles, but states have individual laws regarding the labeling of prescription medication with which passengers need to comply.
- Medication is usually screened by X-ray; however, if a passenger does not want a medication X-rayed, he or she may ask for a visual inspection instead. This request must be made before any items are sent through the X-ray tunnel.
- Nitroglycerin tablets and spray (used to treat episodes of angina in people who have coronary artery disease) are permitted and have never been prohibited.

Visiting the Museum of Tolerance

By Chung Hur
LW contributor

When I saw the article in the LW weekly about a trip to the Museum of Tolerance, I signed up right away.

When the day came, I was excited just like an elementary school student going to a picnic. The bus took 1-1/2 hours to reach the Museum of Tolerance in downtown Los Angeles. It is a small four-story building covered with brown marble. There was no entrance fee.

The exhibits are in chronologic history of the United States of America. Early 1900s has only three different races; African American slaves, white owners, and Native Americans, all living totally different lives. The next exhibit was about 1940s segregation in schools, churches, and restaurants. After the Rosa Park and Martin Luther King exhibit were pictures from the 1990s. These pictures were filled with happy faces, showing togetherness everywhere, depicting how far America has come.

Towards the end of the exhibit were two doors, one for people who think they are not prejudice, the other door was for the ones who think they are prejudice. Most people in the group stood in front of the non-prejudice door. I stood on the side of the prejudice door. I honestly believe I am somehow prejudice and I experienced enough of it in my life to recognize that.

What an awful tragedy the human race has not only created, but also endured. This museum educated me not only to the tragic history of the human race, but also my own prejudice.

E-mail your TRAVEL stories to
chrisw@lwsb.com



Weekly Health, Exercise Classes

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 15- to 60-minute walk. For more information, call Tom Pontac, (562) 304-0880.

Movement for Health and Self-Healing Medical Qigong Club
Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Pilates

Chair classes are from 5:30-6:30 p.m. on Thursdays upstairs in Clubhouse 6; \$5 per class. Instruction includes seated and standing exercises. Mat classes are Thursdays from 5:30-6:30 p.m. in Clubhouse 6, Room C. Bring a mat. All other equipment will be provided. For more information, call Susan Hopewell, 430-6044, or Linda Neer, 430-3214.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.

Yoga, Meditation, Tai Chi

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

Yoga, Monday

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Yoga

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.

Sports & Games



Photo by Thomas R. Cordova.

Tom Pontac, 83 of Leusiure World Seal Beach, ran in the Long Beach Marathon with two aides by his side as he battles Parkinson’s Disease. He is also a cancer survivor and has run in more than 300 marathons in his life. He is one of 15 surviving “legacy” runners who did the original LB Marathon race in 1982.

Despite Parkinson’s Tom Pontac keeps running the LB Marathon

Tom Pontac was one of 15 legacy runners participating in the 35th Jet Blue Long Beach Marathon. He describes not only what it’s like to have run in all 35 annual events, but what it’s like to do it as an 83-year-old dealing with Parkinson’s Disease.

“At this point, it’s really just about keeping my balance,” he said. “I tend to lean to the left and forward now. I probably had a few mini-strokes on my left side as well. I keep reminding myself: You have to move with intent. With Parkinson’s, things that used to be normal—running, walking downstairs, standing up straight—you can still do, but you have to think about it because it’s not a natural reflex. The part of your brain that stores muscle memory isn’t operating the way it should, so you have to take the dopamine.”

He paused to reflect on what he was trying to explain, then added: “Having said all that, screw it.”

Indeed. Pontac has run in every Long Beach Marathon and then some, including the race’s incarnations before that 1982 launch, even if the last few appearances have been scaled back to the 13-mile, half-marathon variety.

Still, there is nothing leisurely about how the Seal Beach Leisure World resident has pushed himself to this point. Having run in some 300 marathons, Pontac decided in 2015, just seven weeks after undergoing 44 weeks of radiation treatments for cancer, he would focus on half marathons instead.

Then came the Parkinson’s diagnosis. Devastated, he said he curled up in bed for a week, deeply depressed. “I was thinking: What the hell else is next, a meteor strike? I finally figured out, that curling up isn’t going to work. Let’s go run.”

Even if it means he needs to bring along a couple of trek poles to stay steady, even if it means recruiting some loyal friends to run alongside him for support.

Pontac isn’t one to go the expected route. Consider that, at age 60, he left behind a career in commercial furniture sales and challenged himself go to Cal State Long Beach and get a bachelor’s degree in psychology, plus a certificate in gerontology so he could help create programs helping older athletes. One of those challenging him is his wife, Dr. Jeanne Pontac, a psychologist who works with U.S. war veterans.

The CSULB degree led to Pontac starting the Leisure Leggers running club 20 years ago where the average member is in their 70s.

Pontac’s marathon career started in his 40s. it has taken him from L.A. to New York, Paris and London and grown to include ultra-marathons—he’s competed in a dozen such events on Catalina’s rugged terrain—he said at one time he was doing an event every other week for a year in his 50s, often finishing in three-and-a-half hours. He’s thankful to get through a half-marathon now in about two hours, and appreciative of the crowd support along the way that helps fuel his energy.

As part of the Long Beach Marathon’s legacy group, Pontac has pride in “being the living link to the very first race. We appreciate the

PONTAC, page 27

LADIES POOL

Monthly Funday

The Ladies’ “Q” Pool Club has begun their monthly Funday Tournaments after a summer hiatus. In attendance were Milly Larsen, Kathy Engelhardt, Sally Mansis, Susan Shaver and Susan Nelson. The first place winner of the game was Sally Mansis, with Milly Larsen coming in second place.

The Ladies’ “Q” Pool Club meets every Monday, at 10 a.m. in Clubhouse 1, for their regular pool playing sessions. Yearly dues are \$5. The pot luck luncheon was in August and a Holyday luncheon will be in December.

—Kathy Engelhardt

CRIBBAGE

Wade beats 53 players, Oct. 15

Oct. 15 was a record day for game play. Janet Wade came in first with a score of 845. Sandra deDubovay and Connie Deady tied for second at 841. Robert Berry was third at 840. Jerry Hore was fourth at 837. Gary Jantzen, Alma Zamzow, Marie McGuire and Lyn Doyle each won six games of 121. Unfortunately, Pat Blum, Bobbie Straley and Irvine Bernstein had no wins. There were 54 players on Oct. 15.

The group celebrated Myrna Baker’s birthday. Myrna shared cake and chocolate swirl ice cream. Myrna and Margaret Smith served.

The Cribbage Club meets at noon on Tuesday’s in Clubhouse 1. All residents are invited to join. Partners are not required. Everyone usually finishes by 3:30 p.m. If you would like to learn to play Cribbage or just need to brush up, call Patti Smith at (562) 242-4674 and she will arrange for lessons. Players should arrive by noon to be assured of a table.

—Bobbie Straley

POOL LEAGUE

League enters second half of season

The Three Amigos hold a two-game lead over The Hustlers and The Favorites by beating the Ballers seven games to five. Steve Edrich won four of his five games for the Three Amigos.

The Hot Shots tied the Hot Mess Express six games apiece. The Hot Mess Express came from four games behind by winning the last doubles game and their last three singles matches. The Hustlers beat the Spoilers eight to four as Boon Buntra won all five of his matches. Jerry Wrenn of the Spoilers won four games, including his eight ball and nine ball singles.

On Oct. 21 all seven teams will have played every other team once and will have reached the half-way mark in the season.

—David Silva

Cards and Games Scoreboard

Fun Time Pinochle winners, Oct. 14: Marilyn Allred, 16,200; Tony Dodero, 12,820; Bobbie Olsen, 12,190; Rogell Van Wyke, 11,520. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509

—Bert Sellers

...

Friendly Pinochle Club winners Oct. 17: Antonia Zupancich, 13,580; Alma Zamzow, 13,090; Marilyn Allred 12,940; Bobbie Olsen, 12,650. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

...

Y-Yahtzee Rollers Club winners, Oct. 18: Doris Dack for most Yahtzees, 5, Donna Wenrick for highest score, 1718, and Peg Szumita won the door prize. The club meets on the first and third Friday of each month from 12:30 to 4 p.m. in Clubhouse 3, Room 6. Play begins at 12:45. Players may enter the room at 12:30 p.m. All Leisure World residents are welcome to join in the fun. For questions or Yahtzee lessons prior to joining, call Kathy at (562) 596-7237.

—Kathy Rose

LADIES GOLF

Golf during LW course closure

Since Leisure World Golf course will be closed from Nov. 4, until early December, Pam Krug has made arrangements for two ladies group golf dates during November at Bixby Golf Course, 6180 Bixby Drive, Long Beach.

Pam has reserved tee times between 7:15 and 8 a.m. on Nov. 5, and Nov. 19. If you would like to play, call Pam Krug at (714) 612-7534, no later than Thursday prior to each date. If you are calling for a group be sure to provide all names in your group. Although not guaranteed, Pam will do her best to accommodate the desired tee times.

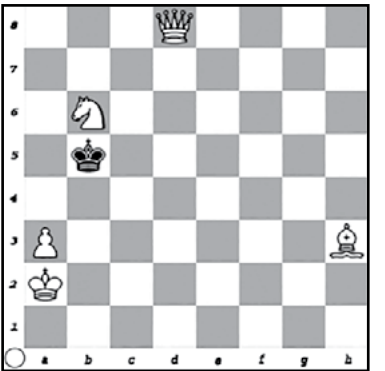
—Dale Quinn

Chess Club Puzzle

White moves first and for any answer by black, the white’s next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.

CHESS, page 27



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BOWLING

Closest bowling game this season

The Mutual Busters lost the first two games to Splits Happens but came back to take game three by 69 pins and take total pins. Leona Shulman had a 204 game for the Mutual Busters and Bill Leshner opened with a 178 for Splits Happen.

Tom Kaczmarek had a 198 and 192 to roll a 560 series. In the strangest match of the day, Arny's Gals won 3-1/2 games from Very Striking. Game one ended in a tie as Very Striking needed a strike in frame 10 to win by one pin and got nine. In the second and third games Arny's Gals won both games by one pin to take total pins by two. Final score: 1704-1702. That is the closest bowling match the LW Bowlers have had.

—David Silva

PICKLEBALL

Courts are wide open for play

In the 1960s pickleball was invented to supply entertainment for a family gathering in the state of Washington. Originally played with ping pong paddles, a Wiffle Ball and an old Badminton net, the game has now gone international.

The Pickelball Club in LW started out playing in Clubhouse 1 in 2016, then moved to the Mission Park area behind Clubhouse 2 in 2018. There are now four courts there, each court spans 44 feet long and 20 feet wide, the same size as a doubles Badminton court. Seven feet from the net on both sides of the court is marked with lines to create an area called the non-volley zone, also known as the kitchen. Players cannot volley within that zone but may step in the area to return a shot that has bounced in that area.

Evening players are reminded to close and store the sign-up book before leaving the area. The pages are getting damp and ruined during the night. The club is hosting its next tournament on Sunday, Oct. 27. For late registration or to help with organization, contact Tim Linehan at (714) 818-6404. The pickleball courts are open 8 a.m. to 8 p.m. for all LW shareholders. New players are always welcome.

LADIES GOLF

Garcia hits least number of putts

Forty-four members played for low gross, low net, and fewest putts. Congratulations to Laura Garcia who hit the least number of putts out of the four different flights. Laura's eight putts averaged slightly less than one putt per-hole on the nine hole course.

Flight winners:

Flight A - low gross; tie between Helen Yoon and Yvonne Yim, 29.

Low net; Pam Krug, 26. Fewest Putts; tie between GeeGee Kwak and Mary Park, 11.

Flight B - low gross; Janice Turner, 27. Low net; three way tie between Grace Choi, Marilyn Hewitt and Jane Song, 25. Fewest Putts; tie between Janice Turner and Grace Choi, 12.

Flight C - low gross; tie between Donna Cooper and Dale Quinn, 29. Low net; Alison Kim, 22. Fewest putts; Laura Garcia, 8.

Flight D - low gross; Patti Smith, 33. Low net; Ock Im, 23. Fewest putts; Melinda Lee, 13.

If you would like to play during the LW golf course closure call Pam Krug, (714) 612-7534.

PONTAC, from page 25

respect we get from the organizers. This really makes us old geezers feel pretty special. It ain't over til it's over."

Someone once asked the patriarch of the Flying Wallendas family why they continued to do tightrope walking when, time after time, some would fall off and die. He said "When I'm up on the wire, I'm alive. The rest of the time, I'm just waiting." That's how it still is when you cross the finish line of a race. You are alive in a full way that you can't experience any other way. The only limitations you have is what you put into your mind.

"I heard a story once about Clint Eastwood—he just turned 88 and was still directing movies. He was asked how he kept such a young attitude. He said "I wake up every morning and say to myself, 'Don't let the old man in.' That's what I do. I get up every morning, start stretching, and don't let the old man in. Maybe you can't lift as much weight or swim as far. But there is very little you can't do. You just might not be as fast as you used to be."

As proof to himself, he started going to a boxing club, Rock Steady Boxing, twice a week to help combat Parkinson's, which he says has not gotten to the stage where he feels tremors. He's also is on the rowing machine three times a week.

"Actually, I'm in better shape now than when I was first diagnosed," he said.

And yes, you may have noticed, Pontac is a bit of talker. He's also a published poet and continues to write verse as a therapeutic way to keep sharp.

— Tom Hoffarth

CHESS
FROM PAGE 25
Solution to this week's puzzle: Na4
The white Knight moves from b6 to a4. Any answer by black, the white's next move is check mate.

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Paws, Claws and Beaks, October Pet of the Month is Smokey, a 7-year old Pekinese, adopted by Lucy Starkey about six weeks ago. Smokey won the funniest costume award at the club's Halloween picnic and costume contest. Paws, Claws and Beaks meet on the second Wednesday of each month in Clubhouse 3, Room 3 at 3 p.m. Pet Lovers are welcome. Call Bonnie Kaplan, (714) 930-5314, or Jackie Hildebrandt, (714) 423-8279, for information about the club.

Puzzle Answers

Puzzle page 28

SCRABBLE G R A M S SOLUTION									
S ₁	H ₄	A ₁	D ₂	D ₂	U ₁	P ₃	RACK 1 =	64	
U ₁	N ₁	H ₄	A ₁	N ₁	D ₂	Y ₄	RACK 2 =	64	
T ₁	A ₁	X ₈	L ₁	E ₁	S ₁	S ₁	RACK 3 =	64	
M ₃	E ₁	D ₂	U ₁	L ₁	L ₁	A ₁	RACK 4 =	70	
E ₁	X ₈	U ₁	D ₂	A ₁	T ₁	E ₁	RACK 5 =	81	
PAR SCORE 275-285								TOTAL	343

Crossword Answers

FDA	IMAGE	STOW	ORBIT
LEND	NAMED	OATH	LORNA
OPTO	FROMDUSKT	ILLDAWN	
PROGRESS	IRAE	LEASHES	
PANDORA	GEE	ARES	MAI
EVIAN	LARS	SDI	STRIVE
DENY	MAMA	CHIP	RENES
ANI	APPROVE	KID	
SNAFUS	THEEVENING	STAR	
CASTSUP	EPEE	EDO	KOLA
ROHE	SEED	DREW	YOLK
AMER	ANN	BEER	MANATEE
MIDNIGHT	COWBOY	BATHER	
ORE	ROWABLE	LEM	
CAROM	IRIS	LACE	OTIS
ARENAS	EKE	HERO	ARENT
RIN	LOSS	NOR	MAGNATE
FANATIC	CLAW	IMPAIRER	
ANIGHTT	TOREMEMBER	NONE	
RENEE	EVEN	LAIN	GOTO
ESSEN	TAWS	LASTS	MSS

Sudoku Answers

4	2	1	6	3	5	9	8	7
8	5	7	2	4	9	1	3	6
6	3	9	7	1	8	2	4	5
9	4	6	5	8	7	3	1	2
2	7	3	4	9	1	5	6	8
5	1	8	3	2	6	4	7	9
7	9	5	1	6	3	8	2	4
1	6	2	8	5	4	7	9	3
3	8	4	9	7	2	6	5	1

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: KNACK GUARD CACTUS MINGLE
Answer: The tennis player couldn't find his equipment in the closet and was — MAKING A RACKET



A few friends from Mutual 10 celebrated Halloween at McKenna's Tea House on Main Street in Seal Beach.

RECAP from page 5

Finance Committee – Exclusive Use of Trust Property, Annual Lease Agreements

MOVED and duly approved to approve the following lease agreements, for the term of January 1, 2020 to December 31, 2020, for the exclusive use of Trust Property: Friends of the Library – Library Complex, 1250 sq. ft, Golden Age Foundation – CH6, 790 sq. ft., Radio Club - Upper Amphitheater, 164 sq. ft., and RV Club - RV Lot, 200 sq. ft.

Mutual Administration Committee – Rescind 50-1801-1, Use of Community Facilities

MOVED and duly approved to rescind 50-1801-1, Use of Community Facilities, as the rules are contained within Mutual policy 7541.

Mutual Administration Committee – Amend 50-5165-3, Mutual Administration Committee Charter

MOVED and duly approved to 50-5165-3, Mutual Administration Committee Charter, removing the Copy and Supply Center, cost center 544, to the oversight of the Finance Department.

Mutual Administration Committee – FINAL VOTE: Adopt 50-1201-2, GRF Identification Cards, Fees

MOVED and duly approved to adopt 50-1201-2, GRF Identification Cards, Fees, as presented.

Physical Property Committee – Reserve Funding Request – Clubhouse Six, Heat Pump Replacement, Unit 2

MOVED and duly approved to award to Greenwood Heating and Air, to replace the heat pump in Clubhouse Six, unit #2, for a cost not to exceed \$8,800, Reserve funding and authorize the President to sign the contract.

Physical Property Committee – Capital Funding Request – Clubhouse Four, Phase IV

MOVED and duly approved to approve the estimate from Service Maintenance for the improvements and betterments, called out in Exhibit A, for Clubhouse Four Phase IV, in the Ceramics, Art, and Lapidary rooms, at a cost not to exceed \$32,000, Capital funding, and authorize the Executive Director to issue the work order and purchase materials.

Physical Property Committee – Reserve Funding Request – Clubhouse Six, Ambulance Room

MOVED and duly approved additional Reserve funds, in an amount not to exceed \$1,419, for the Ambulance Room project at Clubhouse Six (approved at the August GRF Board Meeting) and authorize the President to sign the contract.

Physical Property Committee – Capital Funding Request – EV Charging Stations

MOVED and failed to approved a five year warranty/maintenance plan, along with the 5 year pre-paid Commercial Cloud Plan, including installation with Charge Point, for a total cost not to exceed \$15,478, and authorize the President sign the contracts.

Physical Property Committee – Reserve Funding Request – 1.8 Acres, Gate Replacement

MOVED and duly approved a contract with MJ Jurado, for a cost not to exceed \$18,000, Reserve funding, for the replacement of two gates at the 1.8 acres area, and authorize the President sign the contract.

Recreation Committee – Reserve Funding Request – Upper Amphitheater Blind Replacement

MOVED and duly approved to approve the

replacement of the Amphitheater blinds in all the upper offices at the top of the Amphitheater, in an amount not to exceed \$6,923, Reserve funding, and to authorize the President to sign the contract.

Recreation Committee – Adopt 70-2504-1, Library Rules and Adopt 70-2501-3, Library Procedures

MOVED and duly approved to refer 70-2504-1, Library Usage and 70-2504-3, Library Procedures, which sets forth guidelines and procedures for the Library usage, to the Recreation Committee for review.

Recreation Committee – TENTATIVE VOTE: Adopt 70-2504-2, Library Fees

MOVED and duly approved to remove item 10.g.iii., Tentative Vote: Adopt 70-2504-2, Library Fees, from the agenda.

Strategic Planning Ad hoc Committee – Amend 30-5167-3, Strategic Planning Ad hoc Committee Charter

MOVED and duly approved to amend 30-5167-3, Strategic Planning Ad hoc Committee Charter, updating document language, adding goals, and updating the duties of the Committee.

DEMOS

from page 22

At the Oct. 16 meeting of the Leisure World Democratic Club, members began a new endeavor called, “Ten Minutes for Action.” Individuals wrote post cards to their state and federal government representatives regarding an important issue in our country. The first one dealt with how the current administration is putting refugees’ lives at risk. Each month’s communication will address a new topic.

In preparation for the Monday, Oct. 28, Voter Awareness Series gathering addressing common sense gun legislation, club members are encouraged to read Thom Hartmann’s new book titled “The Hidden History of Guns and the Second Amendment.” It is available in paperback or Kindle from Amazon. Consider joining the group, even if you have not read the book. An interesting discussion will ensue.

For more information about the SBLW Democratic Club, readers are invited to email lwsbdemocraticclub@gmail.com or go to the club’s website <http://sblwdems.wordpress.com>. There is also an up-to-date calendar of both club and related events on the website.

GALA

from page 20

in which nine \$50 prizes were awarded. Prints of photos taken in the complimentary photo booth during the gala will be available in the Clubhouse 6 Hospitality Center on Thursday, Oct. 25, and Friday, Oct. 26, from 9-11 a.m.

The photos were taken by Harry Varnas, a member of the Filipino Association of LW with assistance from Mel Blake.

Questions regarding the photos from Gala, call Anna Derby at (562) 301-5339.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

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Cindy Beatteay 714-356-1539. Interior paint and specialty finishes, cabinets, murals and more.
Lic. #1033927. ^{12/17}

562-596-0559
LW DECOR INC.
Premium paints, primer all wood. 40 years in LW. Contr. license #723262.
LW DECOR INC.
562-596-0559. ^{10/24}

Bel-Rich Painting - Free estimates, Apartments, room by room, small jobs. Contractor's License #705131. 714-220-9702. ^{12/05}

Painting - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call Jerry (714) 826-8636. CA State License #675336. ^{12/19}
562-596-0559

FLOOR COVERINGS

310-261-0571
Interior Flooring Solutions
Hardwood floors, carpet, laminate, vinyl planks.
25 years experience.
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LW DECOR INC.
Tile, laminate, vinyl plank, patio carpet. 40 years in Leisure World. Contractor License 723262. ^{09/26}
562-596-0559

CARPET & UPHOLSTERY CLEANING & REPAIR

CARPET CLEANING SPECIALS!!!!!! DEALS!!!!
Carpet cleaning \$40 per room minimum 2 rooms.
Upholstery/Tile & Grout, and steam cleaning extraction.
Tito 562-658-9841. ^{1/8/20}

SCREEN SALES, SERVICE & INSTALLATION

SKYLIGHTS
CLEAN, REPAIR, REPLACE.
Licensed and insured.
Dan (562) 841-3787.
Seal Beach License #BRA0002. ^{11/14}

PROFESSIONAL MOBILE SCREEN SERVICE

New screens, re-screening, screen doors, retractable screens, new and repair. Call today. **(562) 493-8720.** Since 1988. State Contractors Lic. #578194.

WINDOW WASHING

WANT CLEAN WINDOWS?
10% OFF FIRST CLEANING
(562) 600-0014
LW resident, Rich Livitsky.
Seal Beach Business License #LIV0004. ^{10/03}

WINDOW COVERINGS

LW DECOR INC.
Blinds, shutters, shades, 40 years serving Leisure World. Contractor's License #723262.
LW DECOR INC.
562-596-0559. ^{10/24}

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, **562-430-9966, 562-296-5040.**

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and selling of your golf cart. 562-431-6859.

LW Weekly 430-0534

Let's lower your ears - I'll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

BEAUTY SERVICES

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. ^{10/31}

Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. ^{12/26}

Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. ^{10/10}

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714)855-8465. Seal Beach Business License MOR0008. ^{10/10}

PERMANENT HAIR REMOVAL, FACIALS

Electrologist w/25+ yrs Experience
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The Sanctuary Salon,
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Seal Beach Business License SBA0003.

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Personal Assistant/
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Available for:
errands, scheduling and transportation for medical appointments,
patient advocate, shopping, domestic organization, paperwork, bill pay
All with compassion and care.
Just Like Your Daughter
Call Janice, 714-313-4450
SB Lic. #JUS0006/Bonded ^{10/10}

Affordable Caregiver. Assist with showers, Dr. Appointments, medications, light house-keeping, etc. Live in Long Beach #ROD0003 Elizabeth 951-867-1275 ^{11/14}

MOST AFFORDABLE RATE

Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. ^{12/19/19}

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006.

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. ^{11/14}

EXPERIENCED CAREGIVER
Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895.** Seal Beach License PAN0003 ^{12/26}

Personal Assistant: Provide Transportation medical appts/store. Pet Sitting and Dog walking as well Vicki Stephenson: 714-770-7357.

I am experienced caregiver available to assist with daily care, doctor's appointments, and errands. Available 24/7. 949-899-7770 ^{10/24}

Experienced Personal Assistant Available. I can help with:

- Grocery shopping
- Home organization
- Walking Dogs
- Watering Plants
- House Sitting
- Holiday Cards
- And more!

I would love to help you out with day to day errands. I'm a local resident in seal beach. Call Ashley 949-216-0457 ^{11/21}

CHRISTIAN HOME CARE

Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured.

HOUSE CLEANING

MOVE-IN, MOVE-OUT
WINDOWS,
HOUSECLEANING
CALL PHIL AT
562-881-2093
Over 30 years Experience!
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MAGALY'S CLEANING SERVICE

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GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning
General housecleaning
Excellent referrals in LW (562) 307-3861.
20 years experience.
Seal Beach Business License gra0006. ^{10/10}

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Gloria 949-371-7425 ^{11/14}

Patricia House Cleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659 Seal Beach License LUC0001. ^{12/19}

COMPUTERS

FRUSTRATED
(562)755-6199
Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 ^{12/05/19}

\$30.00 Computer Tune-Up
714-367-6362

Computer Running Slow! Call John LW Resident. SB License FUH0001. ^{12/26}

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cart \$800 or make an offer. 714-287-6065 ^{10/31}

PET SERVICES

Nail cutting, Bathing, in home for cats and small dogs. Call or message 562-544-9555 SB license #Jen0006 ^{10/10}
Seeking good home: sweet, gentle male cat, nine months. neutered, shots.
Call or text Troy: 714-615-7785 ^{10/24}

TRANSPORTATION

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. ^{10/31}

Need a lift? Pam Miller. LW Resident. 310-227-1258. ^{10/10}

A PERSONAL DRIVER IS WITHIN YOUR REACH
Conscientious, Dependable, Professional. Providing locals trustworthy affordable transportation. perfect for patients, professionals, and anyone who needs regular or sporadic transportation.
CALL 562-537-1298. James. ^{10/24}

Rides by Russ, with the personal touch

For over 4 years I have been giving all types of rides to Leisure World residents. Rides to the airports, doctors, cruise ports, shopping and errands I also enjoy helping my neighbors with chores and maintenance around their homes. Russ 714-655-1544. ^{11/21}

Personal driver. LW resident. Goes to airports, hospitals, doctors offices, stores. Drives by Gary. 714-658-9457. ^{10/24}

AUTOS/BOATS/RV'S TRAILERS WANTED

Wanted by L.W. Resident: Pickup or SUV for my hardworking high school granddaughter. Call Tony: 707-744-4097

ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. ^{1/08/20}

MOVING, HAULING & STORAGE SERVICES

J&D HAUL AWAY AND CLEAN-UP SERVICE
No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787 ^{11/14}

A FRIEND AND A TRUCK
Your moving service, any size job. Call 310-387-2618. Business License RO263644. ^{12/26}

ESTATE/MOVING/PATIO/CARPORT SALES

Estate Sale: 1871 Golden Rain, **Mutual 14-26G.** Thursday, October 24th and Friday, October 25th from 8:00-2:00. Sofa bed, set of wicker chairs, mirrored sofa table, large glass coffee table, folding screen. Glass/metal dining set, glass tea cart, unique white shelf unit. Wicker day bed, queen bed, white wicker dresser and trunk, small desk. Lots of beautiful decorator items, art and mirrors. Costume jewelry, ladies clothing (size M). Patio storage trunk, small patio tables. **Estate Sales by Docia Drake,** 714-514-8232. PO Box 427, Seal Beach Bus. License ESD0001.

Tools, golf bag, three wheel cart, beach chairs, misc. items. Saturday only. Mutual 1 Apt. 32C

Mutual 11 Shawnee Lane 266C Thursday and Friday October 24-25 9AM-2PM
Downsizing Patio Sale: Antiques, two seater sofa, bar stools, small tables, lamps, brand name clothes and much more.

Security
(562) 594-4754

MORE CLASSIFIED LISTINGS ON THE NEXT PAGE!

Classifieds

HELP WANTED

HELP WANTED

Santa Fe Importers Italian Deli
Positions available for counter help, cashiers, and prep cooks. Full and part time positions available. Flexible hours. Looking for friendly, upbeat, service-oriented people who have a love of good food. \$12-\$13/hr. Sick pay. Benefits for full time positions. Applications available at 12430-B Seal Beach Blvd., Seal Beach 90740 in the Ranch Town Center next to Starbucks.

AUTOS/BOATS/RV'S TRAILERS FOR SALE

2002 Thunderbird, 14,000 miles. Like new. Teal with a white top, \$19,200. Call 562-438-9620. 10/31

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 11/14

MISCELLANEOUS FOR SALE

Recliner-Black. Only used one month. \$150 OBO. 513-490-6250.

Golden technologies Maxi-comfort POWER LIFT RECLINER. "The Relaxer" coffee bean, Brisa (synthetic leather), Large. Used four months. \$1,900. Call 707-478-4602. 10/24

CARPORTS/CARPORT LOCKERS WANTED

Looking for carport in M2. Call from 9-4p.m. 562-594-3975

L.W. APARTMENTS FOR SALE

LEISURE LIVING: Mr Hank & Associates 25 YEARS IN L.W. "Best little sure house" in Leisure World. 2 bed, 2 bath and enclosed patio. Lowest price \$229,00 M2 #44G Corner

M16 on St. John #51B. Call Mr. Hank 562-743-8473 **SOLD**

Brand new remodel! M14, 49 E. Reduced to only \$435,000. Call Carl for more info 661-810-9410

New Listing: M4 #79B. One Bed. Basic, Hank. **SOLD**

Over 150 units for sale. We have M.L.S Access Leisure Living Resales, next to Wells Fargo Bank. 562-493-6601 Lic #636260. 10/17

LW^{Weekly}

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Place an ad
or **Renew** your
current ad?

Call
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an e-mail to
laurieb@lwsb.com



2 Bedroom, 1 Bath
Skylights, DW, 3 Zone AC, Fresh Paint, Large Storage Room
1261 Knollwood Rd 45J -
Mutual 4 - **\$239,000**



2 Bedroom 2 Bath, Greenbelt Views
Skylights, Upgrades, Charm -
1320 Kenwood 158B
Mutual 7 - **\$299,500**



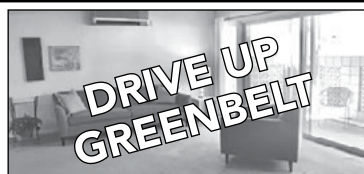
Full Expansion
1660 Northwood Rd 276L
2 Bedroom 1 Bath
Fully Expanded, Drive Up, Greenbelt, AC, Dual Pane Windows
Endless Possibilities
Mutual 11 - **\$269,000**



2 bedroom, 2 Bath, Seeing is Believing
Fully remodeled, Great Views, Tranquil Setting
1901 McKinney Way 16Q
Mutual 15 - **\$319,000**



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johnwebster@firstteam.com CalBRE# 01976550
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2 Bedroom 2 Bath
Light and bright, Dual Pane Windows and Heat Pump steps to parking and laundry
1811 St John Road 41E
Mutual 15 - **\$269,000**



2 Bed, 2 Bath
Drive Up Corner, Greenbelt View, Expanded Living and Master, Beautiful Hardwood throughout, Laundry, Central AC, Dual Pane Windows, Patio Entrance, Remodeled and Updated tastefully
1860 St. John Road 32A -
Mutual 15 - **\$389,000**



Magic Triangle in Mutual 11
Remodeled Kitchen and Bath, Laundry, Skylights, Central AC Dual Pane Windows, Laminate Floors, Spectacular
13100 Shawnee Lane 280J
Mutual 11 - **\$318,000**



Erika Shapiro

Resales Specialist • Mutual 17 Resident

Traveling Notary

562-208-5223



COUNTRY COTTAGE
2 BDR, 2 bath, greenbelt. Move-in ready, white kitchen, washer & dryer, close parking.
Mutual 10, 246L **\$419,000**



BEAUTIFUL GREENBELT
2 BDR, 1-1/2 bath, Gourmet cook's kitchen, 3 bay windows, washer/dryer, new flooring, move-in ready.
Mutual 12, 45D **\$418,000**

REDUCED MOVE-IN READY
2 BDR/1 1/2 bath, fully expanded corner drive up, washer/ dryer, dishwasher & more
Mutual 2, 19F **\$339,000**

I SOLD 26 in 2018
I SOLD 34 in 2017
I SOLD 47 in 2016
I SOLD 36 in 2015
I SOLD 35 in 2014
I SOLD 60 in 2013
I SOLD 42 in 2012
I can sell your's too!



ELEGANT EXPANSION
on a pretty greenbelt. 2 BDR/1 Bath, new kitchen, formal dining, four skylights, south facing, washer & Dryer
Mutual 10 - 253E **\$325,000**

2 BDR/1 Bath, Basic unit, facing South, private entrance. Cut down the road to the courtyard.
Mutual 6, 144E **\$182,900**

BASIC 1 BDR
on a nice greenbelt. Full shower, skylights, fresh paint.
Mutual 3, 7C **\$135,000**

2019 ESCROWS

Mut. 6, 56L	\$340,000
Mut. 11, 276i	\$145,000
Mut. 4, 52B	\$165,000
Mut. 9, 219F	\$175,000
Mut. 11, 282B	\$225,000
Mut. 17, 93S	\$369,000
Mut. 11, 284D	\$187,000
Mut. 9, 225F	\$195,000
Mut. 3, 29I	\$145,000
Mut. 9, 231E	\$175,000
Mut. 15, 1G	\$265,000
Mut. 2, 57C	\$145,000
Mut. 9, 210H	\$189,000
Mut. 5, 103K	\$225,000
Mut. 11 267H	\$179,000
Mut. 8, 183E	\$220,000
Mut. 17, 93A	\$369,000
Mut. 11, 284D	\$189,000

Service Is My Priority! Call me for a FREE Market Evaluation



JOYCE REED
Resident Broker
Notary Available
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Mutual 15, 1-D \$265,000
2-bedroom, 1-3/4 baths, expanded with small patio. Close to Main Gate, laundry and carport.



Mutual 9, 232K \$165,000
Cute 1-bed partial expansion, heat pump, close to carport. Move right in.

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Mutual 4 - 47h Knollwood
Gorgeous 2 Bedroom/2 Bathroom Remodel sits on wide V-greenbelt, Chef kitchen, skylight, W/D, laminate floors, dual pane windows.
Stunning! Tons of Details \$398,000



Mutual 1 Very Private
RARE Extended 1Bd/1Ba, sits privately on greenbelt. South Facing, extra-large closet w/Carport and Laundry Steps away from unit!!
Perfect starter unit in LW



Mutual 14 with Curb Appeal
2Bd/1Ba Extended unit, NEW carpet, new paint, shutters, White kitchen, washer/dryer walk-in closet, skylights, tile patio w/stacked stone and storage closet. This special unit will be a Keeper!

FEATURED UNIT



Mutual 1 - 37L Annandale
2Bd/1Ba Expanded Corner Unit So-East Exposure on Greenbelt Super Bright, Laminate Floors Skylights, CLEAN. Carport space is close to unit, walk to shopping center!
Great Price Value \$214,900



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Our Buyers LOVE US!

M12	2Bd/1Ba	\$180,000	Just Closed
M12	2Bd/2Ba	\$343,950	Just Closed
M11	2Bd/1Ba	\$426,000	Just Closed
M16	1Bd/1Ba	\$140,000	Just Closed
M14	2Bd/1Ba	\$254,900	Just Closed



Mutual 12 - 42a Interlachen
Nicely Upgraded Corner 2Bd/2Ba "WOW" Kitchen, Dual Pane Bay Windows, Built-ins, Central Heat/Air, W/Dryer, Granite, extras!
This GEM has it all! \$325,000



Mutual 2 Nicely Upgraded
New Laminate Floors, Skylights, NEW Paint/Cabinets, Hardware, Light/Bright, Nice Porch!



Mutual 14 - 20e Sunningdale



Mutual 11 - 265G Interlachen



Jim Duncan
Broker/Manager



Susie Allen



Barbara Diette-Dobias



Robin Gray



Kathy Gupton



Gloria Hadley



Edwina DiMario



Vickie Van Ert



Mary Chittick



Diana Flores



Suzanne Ahn



Fay Wescott



Philip Bak



Leah Perrotti



Jay Cho



Estee Edwards



Conrad Rodriguez



Irv Hart



Joanie Korman



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Jong Kim



Paul Kim



Chris Kim

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Seal Beach, CA 90740



Claudette "CC" Cooley



Linda Patton



Adrian Villarreal

Two-Bedrooms

Mutual 12 62E	\$185,000	Skylights , cut-down shower, newer heat pump, great price	Mutual 8 184K	\$412,000	Washer/dryer , 4 skylights, green belt, very nice
Mutual 2 10H	\$200,000	New windows , 2 large skylights, white bamboo wood floors	Mutual 9 226L	\$437,000	Fabulous greenbelt , washer/dryer, move in condition
Mutual 11 278J	\$208,000	Granite counters , dual pane windows, lam, floors	Mutual 15 25F	\$476,000	1-3/4 baths , washer/dryer, cent. air bttl. remod.
Mutual 10 238F	\$240,000	Basic corner , wrap around patio, newer paint, carpet	Mutual 2 60G	\$495,000	Full expansion , 2 baths, washer/dryer, dual pane window
Mutual 15 41H	\$249,000	Faces south , 2 baths, corner, partial expan.			
Mutual 7 153E	\$254,900	1-1/2 baths , south facing, lam. floors, clean			
Mutual 6 64B	\$260,000	Partial expan. , cent. air, new laminate floors			
Mutual 6 137A	\$263,000	Corner , cent. air, washer/dryer, move-in-ready			
Mutual 15 40B	\$274,900	Atrium , cent. air, dual pane, lam. floors make offer	Mutual 9 212H	\$150,000	Lam. floors , dual pane windows, flared skylight kitchen
Mutual 7 168E	\$339,500	Full expan. , 1 1/2 baths, washer/dryer, cent. air, location	Mutual 9 212K	\$154,700	Great price , move in condition, large patio, skylight
Mutual 11 268 K	\$369,900	Complete remodel , washer/dryer, dual pane	Mutual 4 78B	\$155,000	Enclosed patio , drive up, skylights, lam. flooring
Mutual 9 218F	\$385,000	One of a kind , 2 bathrooms, washer/dryer, private location	Mutual 1 47D	\$187,000	Dream location , dual pane windows, a must see

One-Bedrooms

Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605

rwgraysales@verizon.net

DRE 01027333

Your Leisure World Sales Team



**BERKSHIRE
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HomeServices

California Properties



Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com

DRE 00887640

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 9-218-F \$385,000
PRICE TO SELL ... Completely One-of-a-Kind Remodel! This elegant drive-up home has it all ... Privacy, 2 beds, 2 baths, bay windows with seats and plantation shutters, gourmet kitchen with stainless steel appliances, tile floors, smooth ceilings, crown molding, recessed lighting, fresh paint, central heat/air, w/dryer, large walk-in shower in the master bath - plus a bathtub in the guest bath!



Mutual 12-62-E \$185,000
TAKE A LOOK AT ME NOW!! Basic two bedroom one bath. With New paint, cut down shower, skylights, cleaned carpets, newer heat-pump, East facing on a courtyard with close parking! Come and make your touches and call it your home! Great price, Call to see!



Mutual 7-168-E \$320,000
GREAT PRICE ... Steps to Central Park ... Remodeled and expanded 2 bed - 1.5 bath on a green! Pretty wood and marble floors, newer kitchen with granite counters, NEW central heat/air, w/d, skylights that open, smooth ceilings, crown molding, recessed lighting, bay windows, and a French door that leads to the brick patio.



Mutual 11-278-J \$208,000
NEW LISTING ... Two bedroom, 1 bath basic unit on a pretty courtyard setting! Newer dual pane windows, heat-pump, granite counters in the kitchen and bath, solar tubes, covered patio with storage, and close street parking.



PRICE REDUCTION
Mutual 11-268-K \$369,900
FABULOUS ONE-OF-A-KIND drive-up! Looking for it all ... Remodeled 2 bed, 1.5 bath with the kitchen moved to the front and a window over the sink! Granite counters, smooth cathedral ceiling, crown molding, beautiful floors, recessed lighting, skylights, central heat/air, spa tub in master bedroom, side by side w/d and so much more



Mutual 8-184-E
Basic 2 bd - 1 ba on a NE facing greenbelt setting. Remodeled kitchen with dishwasher and built-in microwave. Remodeled bathroom. Laminate Floors, skylights and forced Air Heating & Air.



TAKING BACK-UPS

Mutual 2-53-D \$204,000
NEW LISTING ... Adorable cottage with a wonderful ocean breeze - 2 bedrooms, 1 bath with pretty laminate wood-look floors, New bathroom tile floor, New paint through-out, tiled patio with built-in storage, and an enclosed front patio giving you extra space without the added cost and a gorgeous view of the oversized courtyard and a fabulous tree!



**LISTED & SOLD
IN ONE DAY**

Mutual 10-249-I \$310,000
NEW LISTING ... Two Bedroom, 1 - 1/2-Bath home on beautiful Greenbelt setting. Central Air, Washer/Dryer



PENDING

Mutual 7-153-A \$258,500
2 bedroom 1 Bath basic



PENDING

Mutual 15-23-R \$349,990
Open concept living upstairs

PENDING

Mutual 10-249-I
Mutual 2-53-D
Mutual 15-23-R
Mutual 7-153-A
Mutual 6-143-E
Mutual 3-20-B
3727 Canehill, Long Beach
455 Galleon Way, Seal Beach

Check out our website sealbeachleisureworld.com for more listings and how to purchase in Leisure World Seal Beach



Kathy Gupton
Associate Broker
DRE # 00744676

Kathy & Gloria

Gupton & Hadley

We are **SISTERS**



Gloria Hadley
Realtor®
DRE # 01057681

562 **618-9940**

**Specializing in the
LW Community**

562 **884-3594**

Mutual 10, 250A \$449,000

Elegant 2-bedroom, 1-3/4-bath corner, fully expanded on a lovely greenbelt all around. Spacious living room has front bay window with window seat and three sets of French doors. Formal dining room has built-in wall unit. Kitchen has large island and storage, built-in appliances, including dishwasher and microwave, custom cabinets have granite counters. Master bedroom has walk-in closet, bay window with large oval tub and added cabinet space and washer/dryer. Second bedroom has French doors to side greenbelt, second 3/4-bath and walk-in closet. This unit has hardwood floors, central heat/air and is light, bright and beautiful. A must see!



Mutual 5, 96G \$318,000

Lovely 2 bedroom 1 bath corner unit facing gorgeous greenbelt, brick paved patio so you can enjoy the view. Spacious living room with separate dining room has chandelier. Kitchen features white cabinets, newer counter, built-in appliances with newer refrigerator with freezer bottom. Bathroom has newer counter and stackable washer/dryer. Master bedroom expanded, second bedroom has built in shelving covering one of the walls which adds extra storage. This home also features laminate flooring, white blinds, dual pane windows which bring in abundant natural light.



Mutual 6, 128G \$289,000

Lovely fully expanded 2-bedroom corner unit with drive-up parking. Beautiful leaded glass entry door, dual pane windows with custom plantation shutters and central heat/AC. Kitchen has skylight, pantry, Corian counter tops, white built-in appliances including microwave and dishwasher. Spacious bathroom with skylight, tub, separate enclosed shower, and stackable washer/dryer. Living room has bay window, master bedroom with bay window and walk-in closet.



Mutual 17, 88A \$469,000

Fabulous 2-bedroom, 1-3/4-bath condo. Newly remodeled and upgraded. This elegant home features a spacious living room with sliding glass doors to private balcony that over-looks park-like greenbelt. Kitchen features stainless steel double door refrigerator, microwave, freestanding stove, custom cabinets with soft close doors, pantry, granite counters and back splash and designer lights. Formal dining room has mirrored storage closet. Master bedroom has double closets with mirrored sliding doors, plantation shutters and sliding doors to balcony. Remodeled master bathroom has tiled floors, custom cabinets with granite counters, and bathtub with shower and tiled walls. Second bedroom has sliding glass doors to balcony and mirrored wardrobe closet. Three-quarter bath has tiled shower and floors, custom cabinets with granite counters. Hallway nook has room for shelving or cabinet. Also featured are laminate floors, crown molding, cool gray walls, smooth ceilings and sprinkler system, and free laundry. This lovely home is definitely a decorator's delight and a must see!

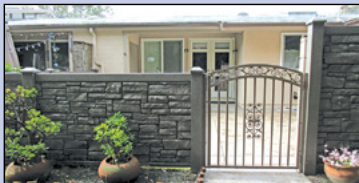


EVERYTHING IS SELLING!

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Mutual 15, 40B \$279,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage and French entry doors. Living room is spacious has dining area with ceiling fan and room for large dining table. Atrium is enclosed with large skylight for abundant natural light. Kitchen features white cabinets, newer counter, glass backsplash, newer built-in appliances including range, microwave, refrigerator and dishwasher. Bathroom has two vanities, skylight and walk-in shower with glass doors. Master bedroom and second bedroom have ample storage. This home also features, central heat and air conditioning, dual-pane windows, laminate flooring in living room and bedrooms, vinyl in kitchen and bathroom.



Mutual 4, 78B \$155,000

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



Mutual 12, 72H \$369,000

Lovely expanded 2-bedroom, 2-bath home with many upgrades, great greenbelt view, leaded glass entry door with sidelights. Spacious living room with custom media center, dining area with skylight and ceiling fan. Kitchen has custom wood cabinets with pantry and extra storage, granite counter, Built-in appliances, including range, microwave, refrigerator, dishwasher, large skylight and ceiling fan. Master bedroom is expanded with walk-in closet and ceiling fan. Bathroom has custom wood cabinets with granite counter, linen closet, stackable washer/dryer and skylight. Second bedroom has large unique built-in along one wall providing more storage and French doors. Second bathroom with wood cabinets, granite counter and another shower. This home also features, Central heat and A/C, dual pane windows, laminate flooring throughout except carpet in second bedroom, plantation shutters throughout.



Mutual 15, 25F \$476,000

Fabulous 2 bedroom, 1-3/4 bath, remodeled atrium floor plan, featuring an open kitchen with custom cabinets with pull-out shelves, lazy-susans, granite counters, stainless steel appliances including dishwasher, microwave and beverage cooler. Also a water purification and filter system. Dining room is adjacent to sizable living room. Master bedroom has mirrored wardrobe doors. Private full bath has granite counters and bathtub enclosure. Second bedroom may be used as a den or office, has mirrored wardrobe doors, ceiling fan and built-in shelves. Second bathroom has granite counters, walk-in shower and stacked washer/dryer. Atrium has an electrically operated skylight. Additional features are double-pane windows with shear covered blinds, central heat/air, hardwood floors. Private large enclosed brick patio partially covered with extra storage cabinets and jacuzzi.



Mutual 4, 89D \$197,000

Nicely expanded 1 bedroom 1 bath on lovely greenbelt, leaded glass entry door, spacious living room leading to open kitchen with plenty of room for dining area, kitchen with white cabinets, newer counter, skylight, built-in appliances including microwave and dishwasher. Bathroom has newer counter, skylight, stackable washer/dryer and linen closet. Bedroom expansion with walk-in closet, ceiling fan and carpet. This home also features, Central Heat and Air Conditioning, dual pane windows, plantation shutters, laminate flooring in kitchen and living area, very soothing paint colors, abundant natural light. If you are looking for a home that is move in ready then come and take a look as this unit as it has everything you could want!



Mutual 1, 2F \$369,000

Nicely expanded 2-bedroom 2-bath home on lovely greenbelt; patio with brick pavers, wood French entry doors. Spacious extra room that may be used as dining room or den with French doors, bay window with seat. Living room with closet for extra storage, heat pump. Kitchen has built-in appliances, quartz counter, white cabinets with large skylight. First bathroom has double sinks, skylight, quartz counter. Expanded master bedroom with walk-in closet, bay window with seat. Second bedroom has bathroom with full-size shower. Home also features laminate flooring, tile flooring in bathrooms, smooth ceilings, dual pane windows. This unit is move-in ready and a must see!



PENDING

Mutual 11, 265L		Mutual 10, 247H	\$159,000
Mutual 15, 28G	\$389,000	Mutual 4, 48K	\$225,000
Mutual 1, 42J	\$148,000	Mutual 9, 237G	\$315,000
Mutual 1, 44B	\$179,900	Mutual 5 124L	\$265,000

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MUTUAL 3 - 4E
\$189,000

Great price on this Two bedroom unit;
Enclosed patio



MUTUAL 11 - 278I
\$219,000

Two-bedroom unit in great location



MUTUAL 3 - 23G
\$485,000

Remodel, Two Bedrooms; Two Baths; W/D; Bay
Windows, Corner; central location



MUTUAL 7 - 176E
\$210,000

Lowest priced two bedroom with
washer and dryer



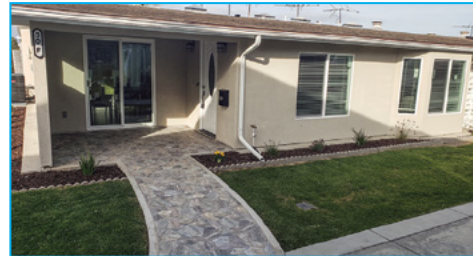
MUTUAL 2 - 36L
\$249,000

Expanded two-bedroom unit;
Easy access



MUTUAL 15 - 23C
\$275,000

Expd. two-bedroom, two-bath corner unit; 1300 sq.
ft.; Lots of room & Easy access



MUTUAL 2 - 30F
\$499,000

Modern expansion; Has everything;
Two baths, W/D



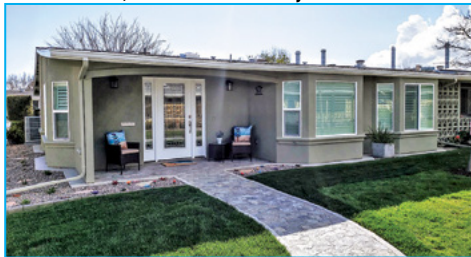
MUTUAL 2 - 29D
\$499,000

Very different floor plan; Two baths;
W/D, patios



MUTUAL 15 - 29R
\$269,000

Basic upstairs unit with enclosed patio,
dishwasher



MUTUAL 3 - 26L
\$499,000

Fabulous MODERN expansion; Has everything! Two
baths; WASHER/DRYER A Must See!



MUTUAL 1 - 11D
\$175,000

One-bedroom unit; Close to
large greenbelt



MUTUAL 10 - 257K
\$279,000

2 Bdrm 1 Bath w/ W/D
& Many Upgrades



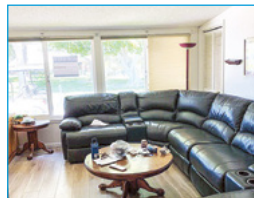
MUTUAL 12 - 64C
\$270,000

Two bedrooms; 1 1/2 bath;
2 times expansion; nice
location on greenbelt. Freshly
painted; laminate flooring



MUTUAL 8 - 196H
\$242,500

Partially expanded two-
bedroom unit; Pretty spot



MUTUAL 8 - 199I
\$259,000

Two-bedroom unit on a lovely
green; Expanded



MUTUAL 8 - 180K
\$150,000

Great price on this one-
bedroom unit



MUTUAL 15 - 44A
\$299,000

Best price on an Atrium
corner; Approx.
1100 sq. ft.!



MUTUAL 7 - 145G
\$259,000

Fully expanded corner unit;
Easy access



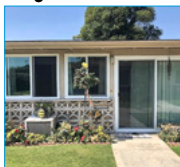
MUTUAL 5 - 97D
\$339,000

Fully expanded two-
bedroom unit;
washer/dryer



MUTUAL 12 - 35B
\$244,900

Expanded two-
bedroom unit;
1.5 baths; Easy
access



MUTUAL 1 - 32K
\$179,000

Fully expanded one-
bedroom unit;
South facing



MUTUAL 2 - 9L
\$498,000

Full modern expd.
with everything;
2 bath; washer/
dryer; central air;
corner



MUTUAL 15 - 37Q
\$259,000

Two bedrooms, Two
baths, Upstairs unit;
On lovely green;
Move-in condition



MUTUAL 15 - 46M
\$249,000

Great Reduction!
Two bedrooms,
Two baths, Upstairs
Unit; Faces breeze



MUTUAL 2 - 10I
\$277,000

Partially expd. two
bedroom,
remodeled kitchen,
Travertine floor



MUTUAL 1 - 5G
\$259,000

Partial expansion of
two-bedroom
corner; on great
greenbelt



MUTUAL 3 - 31A
\$319,000

Partial expansion;
small patio;
Very nice spot
Nice central
location



MUTUAL 8 - 178F
\$484,900

Designer's Dream;
Modern
Two-bedroom
corner remodel!



MUTUAL 15 - 23K
\$263,500

Upstairs two-
bedroom, two-bath
unit; Plantation
shutters; very clean
unit



MUTUAL 9 - 222L
\$339,000

Fully expanded
corner, new
paint and carpet



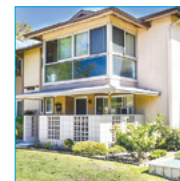
MUTUAL 3 - 25A
\$369,000

Corner hi-side exp.
2 heat pumps,
washer/dryer



MUTUAL 1 - 40G
\$249,000

Partially expanded
two-bedroom
corner; Dining
added



MUTUAL 15 - 22E
\$199,000

Spacious upstairs
"Treehouse" with
large dining area end
enclosed patio, Must
see!!



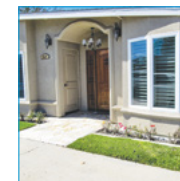
MUTUAL 2 - 62F
\$299,000

Fully expanded
two-bedroom
corner unit; Easy
access



MUTUAL 2 - 43H
\$130,000

Great price on
this one-bedroom
unit; Close to
"downtown"



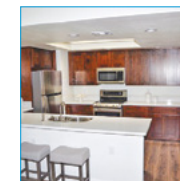
MUTUAL 12 - 62F
\$459,000

Expanded corner; 2
bedrooms, 2 baths;
Bay windows;
remodeled kitchen;
Central air



MUTUAL 2 - 15F
\$499,000

Modern Expansion
Two full bathrooms;
Built in fireplace and
65" TV, Best in LW!



MUTUAL 9 - 222A
\$475,000

Lovely Modern
expansion; Has
everything - Two full
baths, Two master
suites; Oversized
kitchen



MUTUAL 4 - 73F
\$425,000

This two-bedroom
remodeled unit
has everything!
Two baths; W/D;
G/B; Easy access;
Check it out!

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1603 Monterey Road #22L - M2- \$479,000



New construction: 2 bedroom, 1 ¼ bath. Gourmet kitchen with stainless steel appliances. Wall mounted fireplace, washer/dryer, dual pane windrows. Great location.

1601 Glenview Rd. #64A - M12 - \$372,000



2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.

13681 St. Andrews #25D - M1 - \$194,500



Expanded 1 bed/ 1 bath. Dual pane windows, smoothed ceilings, custom kitchen, stainless steel appliances, 2 A/C heat pumps, designer bathroom with walk-in shower, granite countertops.

1563 Monterey Road #23G - M2 - \$257,900



Partially expanded corner unit. Surrounded by green open space. 2/1 bth has A/C heat pump, dishwasher, ceiling fan, & 2 skylights. Laminate and vinyl flooring. Large finished storage unit.

1800 Sunningdale Road#18G - M14- \$418,000



Remodeled corner 2 bedroom, 2 bath unit. Great drive-up location close to golf course. Bay windows, crown molding, shutters, central A/C, washer/dryer, skylights, kitchen pantry will pull out shelves.

1330 Oakmont Road #144L - M6 - \$245,000



Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.

13822 Fresh Meadow #14K -M3 - \$114,700



Perfect 1 bedroom unit to remodel and make into your own charming bungalow. Overlooks nice greenbelt with parking and laundry nearby.

13630 Alderwood Lane #77L - M4 - \$210,000



Original corner unit in with 2 bedroom, 1 bath. Storage on patio. Needs TLC.

13560 St Andrews Dr., #3B - M14- \$449,000

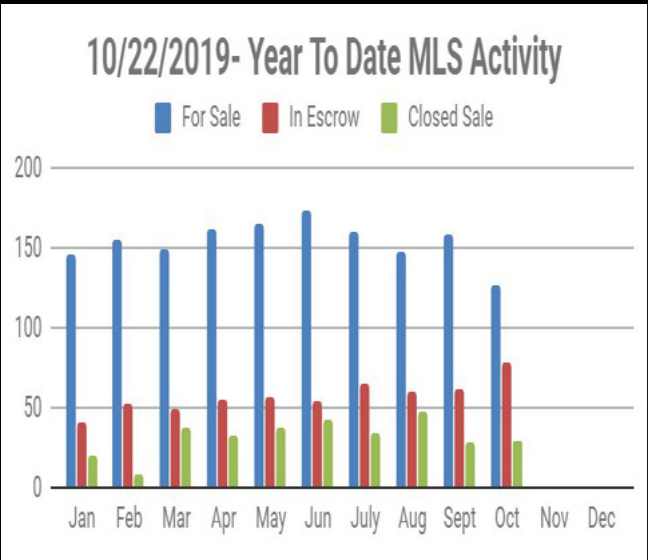


Fully expanded 2 bdrm, 1 1/2 bth. Remodeled, new Stainless Steel appliances, central A/C and heat, dual pane windows, plantation shutters, wshr/dryer, 4 skylights located on 1st tee of golf course

1781 Sunningdale Rd., #48L - M14 - \$388,000



Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smoothed ceilings, bay windows, WASHER/DRYER, walk-in closet. Close to parking.



I Have Access To The Total Inventory

On October 22nd, 2019 a total of 126 units show as active listings on the CRMLS (this is where Realtors list property for sale).

20 - 1 bedrooms, 1 bath from \$114,700 to \$199,000

47 - 2 bedrooms, 1 bath from \$185,000 to \$430,000

59 - 2 bedrooms, 2 baths from \$229,000 to \$499,000

Please give me a call for detailed information on any of these properties!





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