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Happy Halloween

Leisure Worlders get into the spirit of the season.

Page 16



Practice safe pedestrian habits while walking in dark... always.

Page 4

GRF

Annual Arts & Crafts Fair opens tomorrow in Clubhouse 2

Start holiday shopping at the 51st annual GRF Arts & Crafts Festival tomorrow, Friday, Nov. 1, and Saturday, Nov. 2, in Clubhouse 2 from 9 a.m.-2 p.m. The Arts & Crafts Festival is for the purpose of encouraging the creative talents of Leisure World GRF members.

While invited to exhibit their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/member.

No manufactured articles may be sold. Each seller must live in Leisure World and be a GRF member to qualify as an exhibitor of sale items at the festival.



Shoppers peruse products made by shareholders at Art and Crafts Fair.

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November 4

Pool, spa, golf course, close for refurbishing

by Cathie Merz
cathiem_news@lwsb.com

The Golden Rain Foundation golf course, pool and spa will be closed for refurbishing beginning Monday, Nov. 4. The golf course is scheduled to reopen Dec. 2. The pool facilities are scheduled to reopen early in the new year. The opening dates are subject to change due to weather and unexpected delays within the project.

People are urged to use caution in the area. The sidewalks fronting the golf course on the north side of Golden Rain Road will be closed during construction along with the sidewalk on the east side of St. Andrews Drive fronting the pool. During the pool renovation, the Clubhouse 1 parking lot will be used as a staging area and only 20 parking spaces will be available.

The golf course tee's will be regraded to improve drainage and the tee box turf will be replaced. The starter's shack is being remodeled and will be open when the golf course reopens.

The 57-year old pool and spa will receive a major overhaul, including replacing the plaster, the coping, drains, waterline tile, lane line tile, step tile, handrails, skimmers and equipment. An ADA approved lift will be added to the spa. The complex will receive a new pool deck.

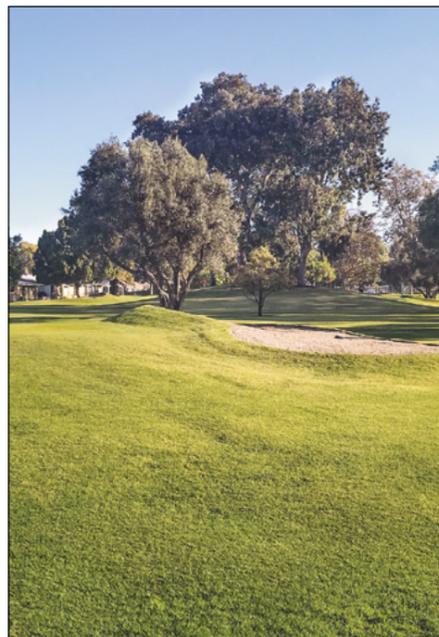
The pool cover cart will be tucked behind a barrier.

Pool restrooms will also be overhauled, receiving new tile and partitions.

The project will begin with the removal of the wall and some of the vegetation surrounding the pool.

"Projects in the community start with shareholders sharing their thoughts about what is and what could be. GRF committees take the thoughts to heart and are inspired to work together within the committee process to develop plans," explains David Rudge, Physical Property manager.

The Golden Rain Foundation Board of Directors approved the project at the August meeting, and now the GRF staff is working together to get the work completed in a timely manner.



The golf course tee boxes will receive new turf and better drainage.



Salvation Army truck arrives today

The Salvation Army Donation Truck will be in the Clubhouse 2 parking lot today, Oct. 31, from 10 a.m.-noon to pick up donations of clothing, small household items, things that can be carried into the truck. It will also take small e-waste items such as note pads, cell phones, but no large pieces of furniture. All items should be clean.

The donation truck is sponsored by the Golden Age Foundation and will return in February, the same day as Golden Age Foundation Shredding Service day.

For more information, contact Anna Derby at (562) 301-5339.



It's time to fall back. Daylight Saving Time ends Sunday, Nov. 3, at 2 a.m. Don't forget to set clocks back one hour on the fore going to bed Saturday night.

Sunrise and sunset will be about one hour earlier than the day before, and there will be more light in the morning.

Hawaii and most of Arizona do not acknowledge daylight saving time so beginning Nov. 3, Arizona will be one hour ahead and Hawaii will be two hours behind California.



Power outage slated in Mutual 1, Nov. 1-2

SCE will be replacing three power poles outside the walls of Leisure World that could affect Mutual 1, Buildings 55-70 on the night of Nov. 1 from 8 p.m. through Nov. 2 at 6 a.m.

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NOCE representatives Dennis Davino and Regina Apuntar toured the facilities in LW that will be used for the new continuing education classes that begin in the new year.

LEARNING CENTER

New education classes offered

Golden Rain Foundation is excited to be partnering with North Orange Continuing Education (NOCE) to bring educational classes to the Leisure World community.

The classes are state funded and completely free. Classes are taught by highly qualified and accredited teachers. Beginning in early 2020, residents will be able to attend classes on the arts, cooking, brain health and more in the comfort of their own community.

In order for these classes to succeed and expand, support of the community is needed. Share the news with friends and neighbors.

Registration information will be announced at a later date and will be held both on-site and online. GRF hopes to gather support and interest going forward with this joint venture.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

LW meeting on LAUSD's new election areas is Nov. 5

The Los Alamitos Unified School District has scheduled a community outreach meeting in Leisure World to solicit comments from residents on draft maps of new school board trustee election areas. The maps, prepared by a professional demographer, will be posted by Nov. 1 on the District website (www.losal.org/Voting).

The meeting will be held Tuesday, Nov. 5, at 2 p.m. in Clubhouse 3, Room 2.

In addition, two formal public hearings will be held at the District Office Board Room on Nov. 12 and Dec. 10 to gather additional public comment on the draft maps. They will be held during the regular Board meetings which begin at 6:30 p.m.

MINIBUS

Orientation sessions slated Nov. 7

The Golden Rain Transportation Department will conduct informational meetings on using the Minibus service from 10-11:30 a.m. and 6-7 p.m. Thursday, Nov. 7, in Clubhouse 3, Room 3.

The sessions are for shareholders who want to learn about Minibus system routes and timetables and other transportation options available in Leisure World.

"Learn the Route," previewing the "B" route, will follow the 10 a.m. session. The ride-along is limited to the first 17 participants and takes one hour.

Bus service orientations are held on the first Thursday of every month. For more information,

The Los Alamitos Unified School District is moving to a trustee-area voting system because the California Voting Rights Act strongly discourages the current at-large system. Dividing the school district into trustee areas helps ensure that minority group voting rights in the community are protected and not abridged or diluted, according to the statute. Most California cities, school districts and public agencies have converted, or are in the process of converting, to area-based voting. Some school districts and public agencies have been sued for not shifting away from at-large voting. In each case, the public agency has lost and been forced to pay steep legal costs with money that, in the case of

schools, would otherwise support students and instruction.

The District Board will consider all public input before voting on a final map of trustee-area boundaries by January 2020. The county and state must also approve the maps before they go into effect for the November 2020 election.

Leisure World residents not able to attend the Nov. 5 meeting can also submit comments by email at trusteeareaelection@losal.org.

More information about the shift to the trustee-area voting system, including frequently asked questions and a time line for implementation, can be found at www.losal.org/Voting.

AMERICAN LEGION

Veteran honored on Nov. 11, CH 2

American Legion Post 327 will celebrate Veterans Day on Monday, Nov. 11, in Clubhouse 2 at 10 a.m. A musical salute will begin at 9:30 a.m.

This year the American Legion organization turns 100 years old. It was founded in 1919 after World War I. Last July, President Trump signed a declaration that opened membership to all United States Veterans who served honorably in any branch of service.

A membership table will be set up in the lobby for all who are interested in joining. The Post is hoping a good turn out to help it celebrate.



Learn about Route "B" during ride-along session.

call Fleet Manager Grant Winford at 431-6586, ext. 372.



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MemorialCare.org/LongBeach

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Fernando and Maria Castro, Mutual 14, received a new shower through the Seal Beach Bathroom Improvement Grant.

CIVICSTONE

Funds available for new shower

Over 1,000 residents of Leisure World Seal Beach have taken advantage of the Seal Beach Bathroom Improvement Grant making it easier to get in and out of the tub/shower, by utilizing federal grant funds – no charge to the resident. Currently, there are funds to do 50 more and the city is requesting applications.

Over the past 11 years, the City of Seal Beach has applied and received federal grant funds through the County of Orange and from the Department of Housing and Urban Development. The grant funds are targeted for assisting seniors in Leisure World, Seal Beach. Specifically, the funds are used to cut the wall of the existing fiberglass tubs to a few inches. The tubs are refinished to look like new, and a new glass shower door enclosure is installed. The process converts the tub/shower combination into a shower only. The improvement eliminates the need for seniors to lift one leg up and over the tub wall, which is especially precarious when standing barefoot on a wet surface. “The Leisure World Bathroom Remodel Program is a rewarding and beneficial program designed to accommodate the resident with a more convenient and safe method to access the bathroom shower,” says Jim Basham, past Seal Beach community development director. In addition, the grant funds can also be used to replace an existing toilet with a high-boy toilet, further assisting seniors.

To qualify, applicants must be over 55 years of age and have gross household income thresholds as follows: One person, \$54,600; and two people, \$62,400. The program runs through June 2017 and funds are available.

In addition to the income requirements, a licensed medical doctor must complete the Doctor’s Analysis Form (included in the application) that rates the physical condition of the applicant with respect to mobility problems, pain with movement, or trouble with balance. This rating allows the Program to help the most needy applicants first until the \$180,000 funds are all spent. The bathroom improvement

process is coordinated by CivicStone, www.civicstone.com;

GRANTS, page 12

SB Director of Finance retiring on Dec. 28

City of Seal Beach Director of Finance Vikki Beatley has formally announced her retirement, effective Dec. 28. Ms. Beatley has worked in local government for more than 20 years, the last seven of which have been with Seal Beach.

“I have been planning for my retirement since 2018 and delayed my initial intended date as I wanted the opportunity to participate in the implementation of Measure BB,” stated Ms. Beatley.

As a member of the City’s executive team, Ms. Beatley played an integral part in several major projects, including the restoration of the Seal Beach pier and the downtown parking program, which was recently awarded the Southwest Parking and Transportation Association’s 2019 Innovative Use of Technology Award.

Ms. Beatley also implemented a multitude of enhancements to the City’s financial procedures and practices that have significantly improved internal controls and financial transparency.

“I want to personally thank Vikki for her dedication to the

City for the past seven years,” stated City Manager Jill Ingram. “She has played an important role in a variety of high profile projects that have or will ultimately benefit the community. On a personal note, we wish Vikki the very best in retirement and all her future endeavors.”

In addition to her official role

as the director of finance and city treasurer, Ms. Beatley was also the City’s liaison to the Seal Beach Chamber of Commerce for several years and her commitment to this effort has meant an even stronger partnership with the business community.

Following her retirement, Ms.

DIRECTOR, page 5

CalFresh applications accepted in LW

Qualified LW residents can get help applying for CalFresh, formerly known as food stamps, in person with Cindy Tostado, GRF member resource and assistance liaison, online or via phone.

People who are over 55 and meet the following monthly income guidelines may qualify: One-person household: \$2,010 per month; two-person household: \$2,708 per month.

Have access to the following required documents to assist in the application process:

- ID
- Green Card or Citizenship Certificate
- Social Security Card
- Proof of Income
- Rent Receipt and Bills

Ways to apply:

- By appointment in LW, call 431-6586, ext. 317
- Online: GetCalFresh.org
- Phone: (800) 281-9799
- Walk In: 1928 S. Grand Ave., Santa Ana, 92703

For more information, call Cindy Tostado, LCSW, GRF member resource and assistance liaison, 431-6586, ext. 317.

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Perspectives

WATCH YOUR STEP

Scammers set to benefit from giving spirit this time of year

by Cathie Merz
cathiem_news@lwsb.com

The holidays are around the corner and charity organizations are working on boosting their coffers while people are in the giving and generous mood.

It is also the dangerous fire season in Southern California, a time when people readily open their hearts and wallets to first responders and to those rebuilding their lives after disasters.

Americans contributed more than \$410 billion to charity in 2017, according to the Giving USA Foundation's annual report on U.S. philanthropy. These donations have supported many organizations and put billions to work for health care, education, environmental protection, the arts and numerous other causes.

Unfortunately, it also the time when charity scammers are especially active, the biggest giving season of the year.

Charity scams come in all shapes and sizes, from gifts on social media and crowd-funding sites, GoFundMe, to massive national cons, like the network of bogus cancer charities the Federal Trade Commission (FTC) said cheated donors in every state out of \$187 million before it was busted in 2015.

Many frauds involve faux fundraising for veterans and disaster relief by mimicking the real thing. The nature of the Internet is such that bad people can set up bogus well-designed websites with deceptive names within minutes. They can grab photos and videos from news sites anywhere and create a very convincing site.

In the police and firefighter charity scams, fraudsters claim to represent organizations that benefit police, firefighters or other public safety personnel and then spend most of the donations on administrative costs or don't use the funds the way they promise. Just because the organization has police or firefighter in the name does not mean it will actually use the money to assist public servants.

Some scammers operate fully outside the law; others are in fact registered nonprofits but devote little of the money they raise to the programs they promote.

With a little research and a few precautions, people can help ensure their donations go to organizations that are genuinely serving others, not helping themselves. The FTC says being vigilant is fairly straightforward, but the consumer will have to do a bit of homework.

How to protect yourself

Here's some tips from Rosario Méndez, an Attorney with the FTC's Division of Consumer and Business Education:

- Research the organization first. Search online for the name of the organization plus the word "complaint" or "scam." Read what others say about the organization. These organizations can also help with your research.

- It's important to ask questions. If you get a call from someone asking for money to help after a disaster, ask them how exactly your money will be used. Do some research before donating to any organization you are not familiar with.

- Crowdfunding sites may not monitor how donations are spent. Research any charity before you give. Online fundraisers should say who gets the donation and how the money gets to the charity. It should also say if the site keeps any part of the donation as a fee. These details should be clear and easy to find without hunting through fine print. If the details are not clear, consider taking your donation money elsewhere.

- Donations to foreign organizations generally are not tax deductible. If tax deductions are important, make sure the group is established in the U.S. Check the IRS's Tax Exempt Organization Search to see if the donation would be tax deductible. Remember that donations to individuals, like crowdfunding sites, are not tax deductible.

The simplest way to keep from getting scammed is to contact the FTC before you send any money or make any commitment. Notify the FTC about the situation by filing a complaint at FTC.gov/Complaint. Give the FTC the name of the charity or fundraiser and explain why you think it is a scam. That kind of input typically expedites a response from the agency.

...

A Medicare Fraud presentation presented by Senior Medicare Patrol (SMP), will be held at 1 p.m. on Tuesday, Nov. 12, at Clubhouse 4. Everyone is welcome.

SMP, a group of highly trained volunteers, will cover ways to recognize and guard against becoming victims of Medicare fraud.

Among the topics to be covered will be the genetic testing scam that is currently circulating. Genetic testing fraud occurs when Medicare is billed for a test or screening that was not medically necessary and/or was not ordered by a Medicare beneficiary's treating physician.

Scammers are offering Medicare beneficiaries "free" screenings or cheek swabs for genetic testing to obtain their Medicare information for identity theft or fraudulent billing purposes. Fraudsters are targeting beneficiaries through telemarketing calls, booths at public events, health fairs and door-to-door visits.

Letters to the Editor

Editor:

The GRF Director's Handbook informs prospective candidates they must represent all of Leisure World.

Board members do not represent the Golden Rain Foundation (GRF), the non-profit association that serves as our management company. Our Board exists to oversee GRF. Their role is to help insure GRF is making good decisions and spending our money wisely.

Sadly, I do not see the evidence of this. GRF is spending too much money on non-essential projects and overlooking more useful ones. This is with the approval of the GRF Board, without which GRF could not proceed. In fact, it sometimes seems as if the Board is pushing these wasteful expenditures and not GRF itself.

Please, no more purchases of \$50K worth of rocks! Stop pushing projects like the restaurant/bar that is likely to cost us money to pursue and not pay us back for years, if ever. Regulate the clubs to prevent abuses, but stop trying to charge them for things that should be free. Support the library instead of reducing their budget.

If Board members are out of touch with the residents, they should hold more town halls to get better feedback on what we really want. Holding them earlier in the process would often be better before going too far down the wrong road.

Joe Monaco
Mutual 3

Editor:

I would just like to praise the efforts of the volunteers who man the Friends of the Leisure World Library Bookstore. They are friendly and helpful to customers.

Also, I appreciate having access to very inexpensive things they put on display, such as greeting cards, little stuffed animals, a myriad of other donated items. Best bargains in town.

Ethel Carter
Mutual 2

Making History

1963 - The Long Beach Press-Telegram reported that a skeleton of an Native American Indian between 500-1,000 years old was unearthed by workers working in Leisure World, Seal Beach.

Nov. 1, 1512 - The ceiling of the Sistine Chapel in Rome was opened to the public for the first time. Michelangelo's epic ceiling frescoes, which took several years to complete, are among his most memorable works.

Nov. 2, 1947 - The Hughes Flying Boat, at the time the largest aircraft ever built, was piloted by designer Howard Hughes on its first and only flight. The massive wooden aircraft was built with laminated birch and spruce, and had a wingspan longer than a football field.

Nov. 5, 1994 - George Foreman, age 45, became boxing's oldest heavyweight champion when he defeated 26-year-old Michael Moorer in the 10th round of an WBA fight in Las Vegas.

SAFETY COLUMN

Safe practices for walking in dark

by Eloy Gomez
safety/emergency coordinator

Walking is an extremely effective physical activity and one of the best forms of exercise for many residents. Walking improves fitness, cardiac health, helps with depression and fatigue, improves mood, creates less stress on joints and reduces pain, improves circulation and gives us a mental boost. With all these benefits why would you want to stop walking simply because of the longer nights

Don't let darkness stop you from walking. With today's technology in night walking gear like light weight head lamps for hands free walking, reflective vests, jackets and LED battery powered wrist and waist bands to LED vests you can bet you will see and be seen in total darkness at safe distances. Review the following safety tips before heading out for a walk in the dark.

- Cross streets at a corner, using traffic signals where available and crosswalks.

- Always look left, right, and left again before crossing a street, and keep watching as you cross. Be aware that drivers have differing levels of eyesight and skill in operating motor vehicles.

- Pedestrians should be especially careful at intersections, where drivers may fail to yield the right-of-way to pedestrians while turning onto another street.

Make sure you are seen:

- Make eye contact with drivers when crossing busy streets.
- Wear bright colors or reflective clothing if you are walking near traffic at night.

- Use a head lamp or carry a flashlight when walking in the dark.

- Always walk on sidewalks.

Walk defensively and be ready for unexpected events. Know what's going on around you and don't allow your vision to be blocked by clothing, hats, or items that you are carrying.

Watch the pedestrian signals, not the traffic signal, and follow the "WALK/DON'T WALK" lights (they're set up to help you cross safely). Use the pedestrian push buttons for crossing the intersection of Golden Rain Rd and St. Andrews Dr.

Watch out for parked vehicles. Parking lots can be as dangerous as streets.

- Avoid alcohol and drugs as they can impair your ability to walk safely.

- When crossing, use all your senses and don't use your cell phone for calls and texting.

- Use caution when crossing driveways and alley entrances. Driv-

SAFETY, page 5



An Official Golden Rain Foundation Publication
Serving the Shareholders of

Leisure World Seal Beach



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VOL. 43 NO. 44

Government

SECURITY CORNER

Medical, parking incidents lead September report

by Victor Rocha
security services director

I wanted to share the monthly recap of incidents that involved the Security Department during the month of September, 2019:



Fires – 3

Two small fires were due to unattended pots catching fire on a stove. The third fire was due to plastic left in an oven as storage, an when the oven was turned on later, the residence filled with smoke.

Burglaries – 0

Thefts – 9

Vandalism – 1

Traffic Incidents – 6

The steady stream of traffic accidents continues towards a pace of over 80-100 traffic accidents in a year. Most accidents involve a driver striking a post, wall or another vehicle in a carport area.

Medical Aid Responses – 131

The nearly five calls for medical aid per day include paramedic and ambulance investigations and lost residents.

Parking Citations – 54

If you have any security questions or concerns, contact me at (562) 431-6586, ext. 371.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Friday, Nov. 1	GRF Board Executive Session Administration 1 p.m.
Monday, Nov. 4	Recreation Committee Conference Room B 1 p.m.
Tuesday, Nov. 5	Facilities and Amenities Review Ad Hoc Conference Room B 1 p.m.
Wednesday, Nov. 6	Governing Document Committee Administration 10 a.m.
Wednesday, Nov. 6	Physical Property Committee Administration 1 p.m.
Thursday, Nov. 7	Architecture Design Review Committee Administration 1 p.m.
Friday, Nov. 8	Executive Committee Administration 1 p.m.
Wednesday, Nov. 13	Security, Bus & Traffic Committee Administration 1 p.m.
Thursday, Nov. 14	Communications/ITS Committee Administration 1 p.m.
Friday, Nov. 15	Mutual Administration Committee Administration 10 a.m.
Friday, Nov. 15	Roundtable with Mutuals/GRF Administration 1 p.m.
Monday, Nov. 18	Finance Committee Administration 9 a.m.
Tuesday, Nov. 19	Website Ad Hoc Committee Administration canceled
Wednesday, Nov. 20	Strategic Planning Ad Hoc Committee Administration 10 a.m.
Tuesday, Nov. 26	GRF Board of Directors Clubhouse 4 10 a.m.
Thursday, Nov. 28	Management Services Review Ad Hoc Administration canceled

CARPOT CLEANING 2019

The holiday carport cleaning schedule for 2019 is as follows:

Thanksgiving Day
Thursday, Nov. 28

Mutual 11, Carports 130-131, Mutual 15, Carports 3, 6-8, 10-13, and Mutual 16, Carport 9, will be cleaned on Friday, Nov. 29.

Christmas Day
Wednesday, Dec. 25

Mutual 11, Carports 132-133, Mutual 12, Carports 141-146, and Mutual 15, Carports 4-5, will be cleaned Monday, Dec. 30.

MUTUAL 10

Town hall meeting planned for Nov. 6

Mutual 10 has scheduled a Town Hall meeting on Wednesday, Nov. 6, from 1:30-2:30 p.m. in Clubhouse 3 Room 2. The meeting is for Mutual 10 shareholders only.

There will be a discussion on new laundry room equipment and procedures, the 2020 budget, and other matters concerning Mutual 10 shareholders.

Light refreshments will be available.

GRF Board Executive Session
1:00 p.m. November 1, 2019
Administration Conference Room

NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935

- A. Call to Order - President Stone
- B. Roll Call
- C. Legal
- D. Contracts
- E. Member Disciplinary Actions
- F. Personnel
- G. Adjournment

"Agenda is Subject to Change"

DIRECTOR from page 4

Beatley plans to continue teaching at the Graduate Center for Public Policy at California State University, Long Beach, and continue to support the finance profession in local government.

For more information, contact Assistant City Manager Patrick Gallegos at (562) 431-2527, ext. 1308.

—from the City of Seal Beach

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Tuesday, Nov. 5	Mutual 16 Administration 9:30 a.m.
Tuesday, Nov. 5	Mutual 17 Administration 1:30 p.m.
Wednesday, Nov. 6	CFO Council Conference Room B 10 a.m.
Thursday, Nov. 7	Presidents' Council Clubhouse 4 9 a.m.
Friday, Nov. 8	Mutual 3 Administration 9 a.m.
Wednesday, Nov. 13	Mutual 4 Administration 9:15 a.m.
Thursday, Nov. 14	Mutual 12 Administration 9 a.m.
Friday, Nov. 15	Roundtable with Mutuals/GRF Administration 1 p.m.
Monday, Nov. 18	Mutual 9 (rescheduled) Conference Room B 9 a.m.
Monday, Nov. 18	Mutual 15 Administration 1 p.m.
Tuesday, Nov. 19	Mutual 14 Conference Room B 1 p.m.
Wednesday, Nov. 20	Mutual 5 Conference Room B 9 a.m.
Wednesday, Nov. 20	Mutual 7 Administration 1 p.m.
Thursday, Nov. 21	Mutual 2 Administration 9 a.m.
Thursday, Nov. 21	Mutual 11 Clubhouse 3, Room 9 1:30 p.m.
Friday, Nov. 22	Mutual 6 Administration 9:30 a.m.
Monday, Nov. 25	Mutual 8 Administration 9 a.m.
Monday, Nov. 25	Mutual 1 (rescheduled) Administration 1 p.m.
Wednesday, Nov. 27	Mutual 10 Administration canceled

SAFETY from page 4

ers may not expect you to be there or see you.

Remember *safety is a shared responsibility*. Motorists need to be vigilant of pedestrians and pedestrians need to be vigilant of motorists. Although motorists have more responsibility under the law when operating a motor vehicle, pedestrians have more at stake.



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MEDICARE MEETING:
Thursday Nov. 7 • 2:00 PM
Hof's Hut
10900 Los Al. Blvd. Los Alamitos



Health & Fitness

OPTUMCARE AT THE HCC

Identifying Social Security fraud

By Carson J. Blomquist
OptumCare

The letter looked authentic: it had the correct name and address. It was on nice paper. The tear-away slip for payment indicated several credit cards were accepted, as well as a personal check. The only thing wrong? The letter claimed to be from Social Security, asking for payment to renew membership.

And then there was that voicemail. "Call from Social Security department is just to inform you there is a legal enforcement action filed against on your Social Security number for criminal activities. When you get this message, kindly call us as soon as possible before we proceed with the legal procedure," in a stilted electronic voice, from a number in Upstate New York.

Another call, this time from an employee at Social Security, telling me there was a computer glitch and my personal information was lost. And an email, asking me to update my cost-of-living statement.

Was I in trouble with Social Security for not paying my membership dues or updating my information? No. These are scams, plain and simple.

The companies behind these scams use a variety of tactics, from friendly to professional to threatening. It could be a letter, a phone call, or an email. So how can you tell when it's a scam?

The biggest tell is that Social Security reached out to you for information. This is highly unusual. If you called Social Security recently, or met with a Social Security representative, you may get a follow-up call or email. But Social Security doesn't call out of the blue, threatening you or demanding information.

The best way to respond to these scams is by ignoring them. Not sure if the letter or email is legitimate? Don't respond. Don't recognize the phone number calling you? Don't answer it. Don't call back. Even if the number comes up as Social Security, ignore it. Many scammers are able to use technology to hide their real phone numbers.

If you are worried about your Social Security, or you think a letter or call is legitimate, contact Social Security at www.SocialSecurity.gov or (800) 772-1213 (TTY: 800-325-0778). You can also report scams by contacting the Social Security Fraud Hotline at (800) 269-0271, www.oig.ssa.gov/report or by contacting the Orange County Sheriff's Department at (714) 647-7000.

Upcoming events at the HCC

Monday, Nov. 4: Find support and encouragement in managing your diabetes with the diabetes support group. 10-11 p.m. Conference room 2.

Monday, Nov. 4: Join us for some laughs at the Senior Comedy Hour, sponsored by Alignment Health Plan. Everyone is welcome to join us from 2-4 in conference Room 1.

Monday, Nov. 11: Discover how medications can lead to falls – and what you can do to prevent them. All residents are welcome. 10-11 . Conference Room 1.

Tuesday, Nov. 12: Learn how to navigate the healthcare system with this presentation by Glen Kim of UnitedHealthcare. Presented in Korean. 2-3 . Conference Room 1.

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- M-M-R (홍역, 볼거리, 풍진)
- Meningitis (수막염)
- Tdap (파상풍, 디프테리아, 백일해)
- HPV – Human Papilloma (인간 유두종)

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Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www.mowlb.org or call Caron Adler at 433-0232. For cancellations please call your site manager at (562) 439-5000 before noon to cancel a meal for the next weekday.

Thursday, Oct. 31 - Polish sausage, potato wedges, sauerkraut, German chocolate cake, ham and cheese deli sandwich with lettuce, tomato and pickle, creamy slaw

Friday, Nov. 1 - Home-made meatloaf with mushroom gravy, garlic and chive mashed potatoes, green peas, ambrosia salad, entrée Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, crackers.

Monday, Nov. 4 - Oven baked barbecued chicken leg and thigh, mashed sweet potatoes, herb seasoned cauliflower, pears with cinnamon, egg salad sandwich with spinach and tomato, creamy cole slaw.

Tuesday, Nov. 5 - Herb roasted pork with honey and garlic sauce, barley pilaf, green beans, fresh banana, entrée Caesar chicken salad with romaine lettuce shredded cheese, croutons, Caesar dressing and crackers

Wednesday, Nov. 6 - Hawaiian chicken with pineapple sauce, brown rice, mixed vegetables, cantaloupe chunks, turkey, ham and cheese sandwich with lettuce, tomato and pickle, homemade potato salad.

Thursday, Nov. 7 - Beef stew with potatoes, celery, onions and carrots, biscuit, Jell-O with pineapple chunks, tuna salad sandwich with lettuce and tomato, orzo pasta salad.

Yoga Classes

Yoga, Meditation, Tai Chi

Classes are from 9:30-11 a.m. on Saturdays upstairs in Clubhouse 6. Paul Pridanonda instructs. For more information, call 430-7143.

Yoga, Monday

Classes are from 5:30-6:30 p.m. in Clubhouse 4, Section C; \$5 per class. For more information, call Pat Castaneda at 225-0273.

Yoga

Classes are at 10 a.m., Tuesdays, in the Clubhouse 4 lobby; at 10 a.m., Thursdays, in Clubhouse 3, Room 1; and at 10 a.m., Saturdays, in Clubhouse 3, Room 2; \$5 per class. For more information, call Connie Adkins at 506-5063.



Kathy Rose is Top Loser of the week for the Wa-Rite Club.

WA-RITE

Rose is Top Loser of the week

This weeks Top Loser was Kathy Rose with a two pound loss. Kathy has been consistent with her practice of thoughtful eating. Limiting herself to two balanced meals a day, fruit for snacks, drinking plenty of water and walking as a form of exercise.

She has lost close to 60 pounds since joining Wa-Rite. Many members tend to yo-yo, going up and down with their weight but with Kathy it's steady and slow. That takes great discipline and focus. Keep it up Kathy.

Food for thought: Halloween candies, are they a trick or treat? Watch out for those creepy calories.

Wa-Rite is a support group of women needing to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weighing is from 7:45-8:45. Annual dues are \$10.

You must be a LW resident to join. For questions call Carol Chambers, (562) 822-4641 or Bev Bender, (562) 594-9148.

E-mail your **HEALTH** stories to chrisw@lwsb.com

Senior Meals



Seal Beach Community Services, in cooperation with Meals on Wheels Orange County, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call (562) 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World. For more information, see page 22 of the 2019 Minibus Guide that was recently delivered to all LW units.

Thursday, Oct. 31 - Halloween special, gruesome pumpkin soup with sugar free crackers, bewitched beefstew pot pie, chilling Caesar salad with olive eyes and cheesy webs, creepy cornbread, zombie brownie with wicked green whip topping

Friday, Nov. 1 — cranberry basil chicken salad with yogurt dressing, served on fresh spinach, whole wheat dinner roll with Promise, cantaloupe

Monday, Nov. 4 — Vegetarian lasagna, spring mix salad with garbanzo and dressing, orange pineapple juice, Italian ice, diet canned apricots

Tuesday, Nov. 5 — Chicken breast with cilantro lime sauce, pinto beans, spinach, orange juice, diet pudding

Wednesday, Nov. 6 — Tomato florentine soup with sugar free crackers mediterranean tuna salad (chopped bell peppers, olives, cucumber, and egg) on spring mix whole wheat bread with Promise, ambrosia

Thursday, Nov. 7 — Veteran's day oven roasted beef with gravy, mashed potatoes, chef's cut vegetables, whole wheat roll with Promise apple pie, sugar free ice cream and diet fruit cocktail

PAID ADVERTISEMENT

FREE Leisure World Gold Show

"Turn Your Broken or Unused Gold Jewelry, Gold Coins and Sterling Silver Into Instant Cash"

One Day Only. This Sunday 10am to 5pm.

The *Leisure World Gold Show* is happening this Sunday in Seal Beach. You can get paid cash instantly for your unused/unwanted gold jewelry (even if damaged), gold coins, silver coins, and dental gold — in fact, *anything* containing gold.

Real Gold?

What if you don't know if an item contains real gold? Don't worry, bring it anyway and gold buyer specialist *Greg Schilling*, owner of *Schilling Gold Exchange* will test and inspect your item to determine amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight.

Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it.

Often times people with gold items are amazed at how much something is worth.

Hold or Sell — It's Up To You

There is never any pressure for you to sell your item.

Mr. Schilling states, "I have a lot of folks who just want to know more about their item, which is fine. Often times there is sentimental value

attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to walk away feeling good about attending this event."

Comments From Previous Gold Show Attendees

"After shopping around, I found *Schilling Gold Exchange* gave me the best price for my gold. I highly recommend *Schilling Gold Exchange* to other Seniors." — J.R.

"I am more than pleased with *Greg Schilling* of *Schilling Gold Exchange*. He was able to give me top dollar for my gold jewelry and coins. After my wife passed, I had some gold coins that I wanted to cash-in. Not only did *Greg* give me a fair price, but I also got more than I was expecting as one of the coins had extra numismatic value that I was unaware of. I now recommend to all my family friends they use *Schilling Gold Exchange* instead of jewelry stores." — G.P.

"Try it. You'll like it. Very friendly and honest." — M.B.



Mr. Schilling (on right), of *Schilling Gold Exchange* and member of the *World Gold Council*, and *American Numismatic Association*, evaluates jewelry for show goers. Mr. Schilling will be at the event and available to provide information about gold jewelry, gold and silver coins, and sterling silverware sets.

Admission Is Free

The event is free and there is never any fee to bring your items for evaluation. Plus, there are no long lines. Wait times if any, are only about 5-10 minutes. There is plenty of free parking.

Location & Time

The event will be held at:
Hampton Inn & Suites
2401 Seal Beach Blvd
Seal Beach, CA

Sunday, November 3rd, 2019
10am-5pm.

Private In-Home Appointments

If you have a large collection, or are home-bound, or have diamonds, call (949) 239-1521 for information on scheduling a private appointment with Mr. Schilling.

Instant Cash

Don't miss this opportunity to turn your unused, broken, or unwanted gold jewelry, gold coins, silver coins, dental gold, and Sterling Silverware sets into cash.

This event is a one-day only — don't miss it!

ADMISSION IS FREE!

You Get Paid For:

- Gold Jewelry
- Gold Chains
- Gold Coins
- Silver Coins
- Dental Gold
- Anything Gold!

Plus..

- Sterling Silverware Sets!
- Diamonds*

* Note: If you have diamonds or a large gold collection that you would like to get evaluated for possible sale, please call (949) 239-1521 for information about a private in-home by appointment.

LEISURE WORLD GOLD SHOW

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Leisure World Gold Show
Sunday November 3rd, 2019 10am-5pm

Hampton Inn & Suites

2401 Seal Beach Blvd, Seal Beach
For hotel directions only call (562) 594-3939

5% SENIOR CITIZEN COUPON

This coupon is good for Senior Citizens age 65 and older, and is good for an extra 5% cash on any sales (except for gold coins and bullion) made to *Schilling Gold Exchange* at the event. Original coupons only. Coupon valid through show dates only. One coupon per person. Present coupon at event.

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Leisure World Gold Show
Sunday, November 3rd 2019
10am-5pm

Leisure World Gold Show | coupon code SB041119

INSTANT CASH!

Have A Large Collection?
Private In-Home Appointments

If you have a large collection, or are home-bound, or have diamonds you would like to get evaluated for possible sale, call (949) 239-1521 for information on scheduling a private in-home appointment with Mr. Schilling.

Schilling Gold Exchange
(949) 239-1521



SCHILLING
GOLD
EXCHANGE

Religion



Mission Team members, Peggy Coles, Pastor Johan Dodge, Joyce Reed, Kelly Frankiewicz

COMMUNITY CHURCH

Donations for Sock Drive needed

Community Church is proud to observe Veteran's Day and honor the veterans who courageously and sacrificially served the United States.

Each year the Missions Team sponsors the "Sock-It-To-Em!" sock drive benefiting veterans, both men and women. On Sunday, Nov. 3, bring donations of men's and women's new white socks and deposit them in the barrel in the Narthex. If unable to purchase socks, cash and check donations are gladly accepted. Money can be deposited in the green pew envelopes and mark the outside "Socks" or drop by the Church office 9:30 a.m. - 12:30 p.m., Monday-Thursday. The cash will be used to buy socks in bulk. A formal blessing of the socks will take place in the Nov. 10 Worship Service. Delivery to the VA Hospital is scheduled by Nov. 15. Community Church hopes to top last year's total of 271 pair of socks.

Community Church will observe "All Saint's Day" on Sunday, Nov. 3. Community Church invites all of Leisure World to participate in this sacred day set aside to remember loved ones who have passed away in the last year. There is still time to celebrate the life of a loved one by having their name read and a candle lit for them. Contact Sue in the church office today, for more information.

The Sunday evening Bible study, led by Joy Reed, meets every Sunday, at 5 p.m. in the Fireside Room. The topic is "Christ's Death and Resurrection." Everyone is welcome to attend.

On Sunday, Nov. 3, All Saint's Day, Pastor Johan Dodge will give a scripture-based message titled; "Alive in Christ" The Scripture Lesson is Luke 20:27-38. Open Communion will be served. Serving as lay liturgist on Nov. 3 will be André DuSomme. Worship services are at 9:50 a.m. followed by coffee and refreshments in Edgar Hall.

Faith Christian Assembly

Pastor Vaughn will begin his new sermon at Faith Christian Assembly series today entitled, "When Thanksgiving Becomes More Than a Holiday." The Word of God provides us with many examples and ways as to how we can give thanks to our God for all He has done for us. Join the Psalmist in asking this question out of Psalm 116:12 (NKJV)12, "What shall I render to the Lord for all His benefits toward me?"

Tuesday is Faith Fellowship Time at 11 a.m. in the Garden Room. Midweek Bible study is taught by Pastor Sheri Leming, Wednesdays at 11a.m. in the Garden Room; Grief Share as scheduled.

To receive a free newsletter learn more about the church, call (562) 598-9010 or www.FCAchurch.net.



Pastor Gwyn & Ginny Vaughn.

Life Changers

Life Changers are people who can bring the power, favor and light of heaven into circumstances encountered here on earth. The group meets on the first and third Fridays from 1:30-3 p.m., with the next meetings scheduled for Oct. 4 and 18. Men and women are welcome. For more information, call Joan Eisenhart at 343-8066.

Congregation Shalom

Friday night services will take place at 7 p.m. on Nov. 1 in Clubhouse 3, Room 9, with Rabbi Karen Isenberg. An Oneg Shabbat will follow services.

Join us on Saturday morning Nov. 2, at 9:30 a.m. in Clubhouse 3, Room 9, for services with Rabbi Eric Dangott. An hour of Torah study will began at 10:15. The service will then continue until about noon and will be followed by a potluck lunch.

The congregation is trying to set up a Bat Mitzvah class for those women who are interested in becoming Bat Mitzvah. If you are one of those women, email your name and email address to Mel Chazen. melvin.chazen@yahoo.com.

Also, we are going to set up an "Ask the Rabbi" column in News & Nachas. If you have a question for Ask the Rabbi, send an email to Mel Chazen.

To get or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at (562) 594-4362.

LW Baptist

The Leisure World Baptist Church gathers together on Sunday, Nov. 3 in Clubhouse 4. On the first Sunday of the month, LW Baptist shares in remembrance by joining in the Lord's Supper. Sunday school begins at 8:40 - 9:10; a time of friendship and coffee at the round table until 9:45 when the morning service begins.

The community will sing the Doxology and Scripture read from Psalm 71 as printed in the bulletin.

Under the direction of Darlene Harris, the choir presents "Guide me O Thou Great Jehovah."

Congregational hymns include "Come Thou Fount of Every Blessing", "I Will Sing of My Redeemer" and "When I Survey the Wondrous Cross."

Pianist Yvonne Leon plays for the offertory.

Pastor Coburn's message is from Romans 10:5-13 titled "How to Be Saved."

Closing hymn is "Just As I Am."

Monday, Nov. 4, Men's Fellowship meets in Clubhouse 3, Room 8, at 10 a.m.

Wednesday, Nov. 6, Energizers meet at 3 p.m. in Clubhouse 3, Room 1, at 3:30. Call 430-2920 for more information.

REDEEMER LUTHERAN

Redeemer to celebrate All Saints Sunday

Redeemer Lutheran Church will celebrate All Saints Sunday on Nov. 3. Pastor Lisa Rotchford will be preaching and celebrating Communion in honor of all who have lived and died and live eternally as followers of the Lord.

Scripture readings and prayers will be led by Jerry Brady and Alma Zamzow.

The church is on St. Andrews Drive, next to the golf course/swimming pool and across from the Administration Building with ample parking.

Under the leadership of Pastor Lynda Elmer, the study of Matthew, Mark and Luke and Jesus's lessons for life will be the focus of the weekly Wednesday Bible class on Nov. 6 from 10:30 - 11:30 a.m. in the upstairs Conference Room - no steps or ramps (totally accessible).

Also join the midweek Lutheran/Episcopal combined worship Service for prayer, reflection, and Communion at 11:30 a.m. every Wednesday.

Orange County Care Connections provides respite care for persons diagnosed with memory impairment and their caregivers. This ministry of Redeemer is open to everyone in the Leisure World community. The program runs from 9:30 a.m.-3:00 p.m. on Mondays, Tuesdays, and Thursdays. Call (562) 596-1209 for more information on the program.

Visit Redeemer Lutheran's website at: www.redeemerlutheran-sealbeach.com for more information on happenings at the church.

Korean Community Church

KCC is currently having a 99 day contest to read the whole 66 chapters of the Bible. Once a week on Wednesday's at 7 p.m., the senior Pastor guides the Bible reading contest in the communion room.

On Sunday, Oct. 27, the church choir participated in a concert to aid the blind, hosted by the Oriental Mission Church. Korean Community Church donates charities to Korea every years, in order to aid about 20-30 low-income patients who cannot receive eye surgeries.

KCC has worship every Sunday at noon in the main sanctuary. Early morning worships are every Tuesday through Saturday at 6 a.m in the main sanctuary.

St. Theodore

St. Theodore's Episcopal Church meets for a Worship Service with Holy Communion at 12:15 p.m. Sunday, Nov. 3, in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrews Dr.

The Rev. Valerie Hart will celebrate and preach on "Saints!" The Worship Service is followed by refreshments and fellowship in the Conference Room.

A combined Lutheran and Episcopal Worship Service with prayer, reflection and Holy Communion is held at 11:30 a.m. on Wednesdays. All are welcome.

Aglow International

Aglow International will hold a luncheon at 11:30 a.m., Thursday, Nov. 14, at Mimi's Café, 6670 E. Pacific Coast Highway, Long Beach. Men and women are welcome. Reservations should be made by Nov. 11 by calling (562) 631-7291.

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Editorial deadline is Thursday at 4:00 p.m. for the following Thursday's publication

First Christian Church

First Christian Church bid a fond farewell to their beloved Pastor Phil O'Malley at his memorial service last month. Over 200 family members, friends, co-workers, and several of his former students (some bringing children of their own) came to honor and remember the



Janice Chapman will sing "Sanctuary" with Pat Kogok

life of this godly man, loving husband, devoted father, and shepherd to many flocks that the Lord entrusted into his care. As his favorite hymn, "I'll Fly Away" was sung, all joined in love and gratitude for his tender and loving care of us all and the joy of knowing Heaven is rejoicing in welcoming him Home.

Saturday evening service begins at 5:15 p.m. with the Hospitality Room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. The church is currently reading from the book of Luke. At 9:30 a.m. the Hospitality Room opens for fellowship and light refreshments with Carol Speake and Sue Kaminski hosting.

Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer and scripture, followed by Margaret Humes leading the congregation in these hymns of worship: "Trust And Obey," "Faith Is The Victory," and "I Know Whom I Have Believed." The communion hymn will be "Wonderful Grace of Jesus."

The church choir, under the direction of Margaret Humes, will sing "God of Our Fathers." Tony Davis will present the communion meditation and service today. For the offertory, the Praise Team will sing, "Put on the Garment of Praise."

Pat Kogok and Janice Chapman will sing, "Sanctuary" followed by Jeanne Braun who will read scripture from the Gospel of Luke 5:14-18.

Pastor Gene's message for today will be "Always Giving Thanks" based on Luke 5:12-19. What's God's will for your life? It's to be a thankful person, not a griper, a grumbler or a complainer.

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The Hospitality Room opens 45 minutes before each service for fellowship and light refreshments. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays with Pastor Humes and on Thursdays with Pastor Cherryholmes both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at (562) 431-8810 for more information.

Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Thirty-First Sunday in Ordinary Time on Nov. 3.

The Sunday's readings are as follows:

First Reading: Wisdom 11:22-12:2

Responsorial Psalm: Psalm 145:1-2, 8-9, 10-11, 13-14

Second Reading: 2 Thessalonians 1:11-2:2

Alleluia: John 3:16

Gospel: Luke 19:1-10

Exposition of the Blessed Sacrament

Next Wednesday, Nov. 6th, concluding with Holy Hour from 4 to 5 p.m. Join as we love and adore Jesus in the Blessed Sacrament.

Solemnity of All Saints Day

It is a Holy Day of Obligation. On this day Catholics honor all those who have entered heaven. All Saints' Day, also known as the Feast of All Saints, is celebrated every year on Nov. 1. The Masses schedule is as follows: Thursday, Oct. 31, 5 p.m. and Friday, Nov. 1, 8:30 a.m. and 11 a.m.

All Souls' Day is Saturday, Nov. 2

All Souls' Day or the Commemoration of All the Faithful Departed, follows All Saints' Day. Holy Family will be offering a Novena of Masses, starting Nov. 2. All Souls envelopes are in the church pews for your convenience. Include the names of loved ones who have died and drop them off in the Sunday collection baskets or bring them to the rectory. The envelopes will be placed in the Altar table during the Novena.

Masses

Masses Holy Family Church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is 5 p.m. Saturday; daily Mass is 8:30 am, Monday-Saturday.

Confessions are Saturdays and eves of Holy Days: 4-4:45 p.m. and First Fridays: 9:15 a.m.



A few of the 100 volunteers that were recognized at appreciation dinner on Oct. 23

HOLY FAMILY

Volunteers recognized at appreciation dinner

A group of almost 100 volunteers were recognized by Pastor Fr. Juan Caboboy at Holy Family Church on Oct. 23. The volunteers were honored for their enthusiasm and dedication to the many ministries in the church community.

Rock Church

The Rock Church, Seal Beach campus welcomes everyone to weekly service for all ages at Marina Community Center, Marina Drive, Seal Beach.

Sunday services are at 9 and 11:15 a.m. in English. Spanish service is at 1:45 p.m. Listen to Sunday message for free by going to www.gototherock.com, select Seal Beach campus, click the podcast.

For more information, call (714) 526-8233.

Beit Halev

Beginner Hebrew Class and Beginner Modern Hebrew Class will resume on Wednesday, Nov. 6, 2019. Call Rabbi Galit Shirah to enroll: (562) 715-0888 or duets@icloud.com.

Beit HaLev conducts livestream (online) services for Shabbat every Friday evening at 6:00pm and every Saturday morning at 10:30 a.m. on Livestream.com/Galityomtov and Facebook.com/galityomtov.

In addition to the Sabbath services, Rabbi-Cantor Galit Shirah also conducts a short Weekday Ma'ariv (evening) service every Thursday at 4 p.m. on SimShalom.com, that includes a Torah reading, a D'var Torah, a prayer for healing and the Mourners Kaddish

The Torah reading this Shabbat is "Noach," the one man whose family is the only surviving humanity that survives the flood. HaShem selects Noach, his sons and their wives as the only righteous people to repopulate the earth. Later in the Parashah, however, we learn that Noach had his weaknesses.



메디케어보험 세미나 Medicare Meeting (in Korean)

Leisure World Healthcare Center
1661 Golden Rain Rd (Conference Rm 1)
Tuesday Nov 12th (10am)
Tuesday Dec 3rd (10am)

Denny's Seal Beach
2940 Westminster Bl
Friday Nov 1st (2pm)
Friday Nov 15th (2pm)

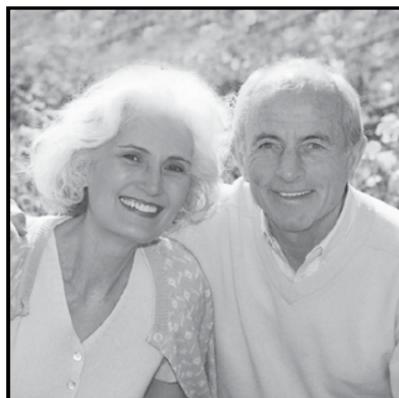
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Arts & Leisure



Abilene will perform a Halloween dance/concert on Thursday, Oct. 31, at 7 p.m. The concert will take place in Clubhouse 4 this year. All LW residents and guests are welcome. The clubhouse is set up with tables, so BYOB and snacks.

Ever popular Abilene will play Halloween night, CH 4

Abilene will be hosting its annual Halloween Dance on Thursday, Oct. 31, in Clubhouse 4 at 7 p.m. instead of in Clubhouse 2 on the fourth Saturday. Costumes are optional, but don't be late as it's sure to be a packed house.

Abilene is fronted by Terry Otte, whose talent covers everything from Elvis to Willie Nelson and beyond. Sharing center stage

on lead vocals is the dynamic Tina Schaffer singing the songs of country legend Patsy Cline to Linda Ronstadt and Shania Twain. Rounding out the band is guitarist Rod Anderson, bassist Mike Simpson and Jim Greer on drums. Check out Abilene and see why it is Seal Beach Leisure World's number one country rock band going strong for over

15 years.

Abilene is co-sponsored by GRF as one of the most popular weekend bands and performs every fourth Saturday in Clubhouse 2.

Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of your favorite bands.

Velvetones take stage on Sunday at 6 p.m. in CH 4

For the next three months, GRF is co-sponsoring three of the most popular bands for its weekend dances. The Velvetones, featuring vocalists Marsha Ford and Dennis Bryan, will perform on Sunday, Nov. 3, in Clubhouse 4 at 6 p.m. It was a full house at the last performance.

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing Big Band Swing and jazz standards – music for dreaming and dancing.

The Velvetones was founded in 2011 by Leisure World resident Carl Hatheway. Carl has long-ranging experience with big bands, both in playing trumpet (and trombone) and leading jazz bands. His 40-Something Big Band in the West Covina area played for many community events, wedding receptions, corporate parties and even a Hollywood movie premier.

The Big Band Sound, a uniquely American combination of reeds, brass, and rhythm, defined the nation's popular music for more than three decades and still pervades the public consciousness.

The Velvetones vividly brings this classic music to life for a new generation of audiences, authentically recreating the style, musicality and essence of Swing Era band music. The Velvetones also mixes in contemporary pop hits.

The musical director of the Velvetones is Jeff Plum. Featured vocalists are Tommy Williams, Tina Schaffer, Lori Banta, Dennis Bryan and Marcia Ford. Some of the very best musicians from all over Southern California can be heard playing with the Velvetones.

Whether it be a well-known big band standard, contemporary jazz showcase, sentimental vocal ballad, or a hard-swinging brass



Marcia Ford

feature, the Velvetones provides a unique and complete package of musical entertainment.

The Velvetones play at LW Clubhouse 4 on the first and third Sundays at 6 p.m. The concerts are free, but tips are acceptable and appreciated.

Make reservations for Naples now

The Monday Night Restaurant will be hosted by Naples Rib Company on Nov. 4. Reservations will be required for Naples. Make reservations by phone at (562) 439-7427 or via Naples's website at <http://www.ribcompany.com/leisure-world-menu.asp>. Reservations must be received before noon on the Monday. Those who book through the website will receive a special treat.

Hometown Buffet hosts a Sunday lunch served buffet style with an omelet bar, in Clubhouse 1, from 11 a.m.-3 p.m. The next brunch is Nov. 10. The cost is \$11, all-inclusive. The buffet is all-you-can-eat on site (no takeout).

Finbars serves on a first come, first serve basis, eliminating the need for reservations, however, patrons are encouraged to stagger their eating times between 4:30-6 p.m. to avoid long lines, but dining in until 7 is fine. Finbars Italian Kitchen is scheduled Nov. 18.

Hometown Buffet will be serving a Monday Night all-you-can-eat buffet on Nov. 25 for \$11 all inclusive, starting at 4:30 p.m. They accept checks, cash and credit cards. Menus will be published prior to the dates they are in LW.

Don't feel like driving or walking? The GRF bus service is available on its normal schedule for pickup and drop off in front of the clubhouse.

For information about any of the food services in Leisure World, contact the Recreation Coordinator at events@lwsb.com.

Naples Rib Company Menu

Naples Rib Company, 5800 E. 2nd St., Long Beach, will bring dinner service to Clubhouse 1 on Nov. 4. Dinners include a mini loaf of cornbread with honey butter, extra barbecue sauce, cole slaw and barbecued beans (tax included). Reservations are required by phone at 439-7427 or online at www.ribcompany.com/leisure-world-menu.asp. Those who book through the website will receive a special treat. Reservations must be made by Monday at noon.

Nov. 4

DINNER SELECTIONS

Prime Rib (8 oz)	\$20
5 Rib Bones	\$16
Tri Tip (6 oz)	\$16
1/2 Chicken	\$15
Pasta Primavera	\$13
1/4 Chicken	\$10
Louisiana Hot Sausage (2 each)	\$10

COMBO MEALS

Ribs and 1/4 Chicken	\$18
Ribs and Tri Tip	\$20
(5 Bones and 6 oz Tri Tip)	
1/4 Chicken and Tri Tip (6 oz)	\$18

EXTRAS

Add one Louisiana hot sausage, \$2

Add bottled water or a can of Coke, Diet Coke, Sprite, \$1.50

GRF SUNDAY MOVIE

'Man Who Knew Too Much' is matinee

"The Man Who Knew Too Much" is the GRF Sunday matinee movie on Nov. 3, in Clubhouse 4 at 2 p.m.

An ordinary British couple vacationing in Switzerland suddenly find themselves embroiled in a case of international intrigue when their daughter is kidnapped by spies plotting a political assassination. This fleet and gripping early thriller from the Master of Suspense, Alfred Hitchcock, was the first film the director made after signing to the Gaumont-British Picture Corporation. Besides affirming Hitchcock's genius, it gave the brilliant Peter Lorre his first English-speaking role, as a slithery villain. With its tension and gallows humor, it's pure Hitchcock, and it set the tone for such films as "The 39 Steps" and "The Lady Vanishes."

Some scenes and language may offend some viewers.

Can't make the movie? Borrow it from the LW Library for free any time.



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LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•**Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.

•**Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•**Dance Fitness:** Move to energetic music and dance steps to improve balance and increase strength and stamina. Classes, \$3, are held upstairs in Clubhouse 6 on Mondays at 5:30 p.m., Wednesdays at 5 p.m. and Thursdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.

•**Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•**Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•**Grapevine Line Dance:** Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire directly in class or email grapevinelinedance@gmail.com.

•**Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•**Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3; \$2 per 90-minute class; Justin Manalad is the instructor. For more information, call Anna Derby, 301-5339.

•**Leisure Time Dancers:** West Coast Swing will be taught at 2 p.m. and nightclub two-step at 3 p.m., Monday, in Clubhouse 6. Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•**Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•**Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.

•**Saturday Morning Dance Club:** West Coast Swing is taught from 9-10 a.m.; Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis, instructor; dancers rotate. Sessions are \$5.

•**Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•**Velvetones Jazz Club Dance:** The big band plays dance music at 6 p.m. on the first and third Sundays of the month in Clubhouse 4.

•**Zumba Club:** Come join the party while dancing and exercising to different rhythms such as salsa, merengue, cha-cha, hip-hop, Bollywood and jazz. Classes, \$3, are held upstairs in Clubhouse 6 at 8:30 a.m. on Tuesdays and Fridays, and at 11 a.m. on Saturdays. For more information, contact Mary Romero at 431-0082

COMMUNITY SING

Betty Ballen leads sing-along Monday

The Community Sing will meet at 6:30 p.m. on Monday, Nov. 4, in the lobby of Clubhouse 3. People who want to participate in the first half hour of Opening Acts should come at 6 to sign in with the leader, Betty Ballen. Bring music for the pianist, as needed.

Betty's half-time guest will be singer and banjo player, Sam Calderon.

There will be no Community Sing on Monday, Nov. 11, in observance of the Veterans Day holiday.

—Ethel Carter



The Spiritones gathered to rehearse its featured song.

Good News Singer bring holiday cheer Nov. 2 at noon

The Good News Singers are ready to fill the air with holiday cheer and beautiful songs on Saturday, Nov. 2, at noon in Clubhouse 4. The music will ring and hearts will soar.

The Messengers quartet will

sing "Star of Bethlehem"; the Spiritones will sing an old classic "Caroling, Caroling"; Tom Morris will share his rendition of "There's a Song in the Air"; and Kip Watkins will be featured in "Through It All." The solo features will also

include a duet by Pat Kogok and Anita Ragole singing "Come On, Ring Those Bells."

The concert includes a free meal, special gifts for all, and an opportunity to offer prayer for those in need.

DANCERS & MIXERS

Harvest time dance is Nov. 5

The Dancers & Mixers Dance Club will host its next dance on Tuesday, Nov. 5, in Clubhouse 4 from 7-9 p.m. The theme for the evening will be harvest time and Thanksgiving. Everyone is welcome to come and kick up their heels to live music performed by Linda Herman.

Partners aren't necessary as there is always a mixer and some line dancing, but the club welcomes everyone who enjoys dancing and socializing.

Kellie Sala from Ageless Assurance will be on hand to provide snacks, but feel free to bring your own favorite goodies and drinks.

The club will nominate officer for the new year and talk about revising the bylaws, which are hopelessly out of date.

For more information, call 431-1257.

—John Hlavac

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

History of LW karaoke presented

There was lots of activity at the Wednesday night karaoke party. Chicken bake rolls and chips were enjoyed by all while being entertained by friends and neighbors. Yummy pies were sliced and served by Natalia Calderon, a new member in the audience.

Donna and Ron Burr had a cake decorated for the group saying, "Keep singing, see ya' soon." Ron gave a little history of karaoke in LW. The events began about 1994 in Leisure World by some popular residents who liked to sing and noticed how it was taking off in establishments around the area. Linn Atkinson, Anita Ragole, Pat Kogok, Donna Burr and Paul Salay started karaoke and it became a lively party with an audience enjoying the singing performers. Paul Salay kept it alive and well for many years and passed the torch to Walt Bier and Margie Thompson in 2014.

Two new performers delighted the audience with their stage ability to sell their song. Belen Smith did a fine "Smooth Operator" and Susan Sinner sang a peppy "Can't Buy Me Love." About 30 folks took the stage singing pop, country and other variety of music.

Karaoke practice sessions are held in Clubhouse 6 on Tuesdays from 1-3 p.m. Karaoke parties are held on Wednesday night in Clubhouse 1 beginning at 5:30 p.m.

LEISURE WHIRLERS

'Veterans' dance party is tomorrow

The next Whirlers dance party is tomorrow, Friday Nov. 1, in Clubhouse 4 from 6:30-9:30 p.m. The theme will be "Veterans." There will be music, dancing and a finger-food potluck.

Pre-rounds Round Dancing is from 6:30-7 p.m. Square dances and round dances will be alternated from 7-9 p.m. The potluck and socializing starts at 9 p.m. Singles and couples are welcome. There will be a singles rotation so everyone can dance. The cost is \$7 per person. For more information call Lenore Velky at (562) 799-9482.

Square dance classes are held every Monday from 7:30-9:30 p.m. Come to have fun, brush-up on your dancing skills and support the student dancers. Singles and couples are welcome. There is a singles rotation so everyone can dance. Classes are held at the Garden Grove Women's Club, 9501 Chapman Ave. in Garden Grove. For more information call Mel Branham at (714) 803-0250.

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LW COIN CLUB

Election, show-and tell held on Nov. 13

The Leisure World Coin Club will meet Nov. 13 at 1:30 p.m., in Clubhouse 3, Room 2. An election for next year's officers will be held and "Show-and-Tell" will be the theme for the meeting. President Mike Supple is stepping aside and the club awaits a scramble for the presidency.

Show-and-Tell gives each member the opportunity to show the membership what special kinds of money members collect, coin or paper or precious metal such as current Silver Eagles. Collections and favorites range from "perfect" coins purchased from the mint to well circulated but "rare" coins found in circulation.

Members learned another valuable tip last meeting when member Edward Hickman taught them how to date Roman coins. As coin collectors, they have been in coin shops where these "early" coins were offered for sale. The best way to date them is to understand Roman numerals, and the next best is to know when the featured Roman emperor reigned. These coins back to before the birth of Christ, so ancient history is certainly involved. When an emperor governed only one year, dating the coin is easy. For the others, ancient history becomes our new study. Edward's talk was certainly a well appreciated eye opener for the members.

LW GENEALOGY

Theme Thursday classes announced

The Leisure World Genealogy Club offers free "Theme Thursday" Workshops from 1:30-2:30 in Clubhouse 3, Room 10. The workshops are open to all.

- Thursday, Nov. 7 – DNA
- Thursday, Nov. 14 – How to gather information at family gatherings
- Thursday, Nov. 21 – We will be building trees on Ancestry for all volunteers who would like to get started. Participants will need to be a member of the club to access the tree on the club account. Bring in name, date and place of birth; parents names, dates and places of births and deaths; and grandparents names and as much that is known about their births and deaths.
- Thursday, November 28th – No Workshop – Happy Thanksgiving.



Seal Beach/Los Alamitos Radio Amateur Civil Emergency Service (R.A.C.E.S.) members Don Kovell (l-r), Dick Crowe Mutual 12, Midge Bash Mutual 14, Sargent Brian Grey, emergency coordinator Seal Beach Police Department, Sunny Stanford, and Mark Stanford, chief radio operator participated in a Neighbor-4-Neighbor event in College Park West on Oct. 19. RACES operations include two main areas: observing and reporting on local conditions during an emergency and emergency message handling on Amateur Radio Service frequencies.

LW Opera Club will view 'L'Enfant et les Sortileges' on Nov. 5, 1:30

Everyone is invited to the Opera Club's meeting Tuesday, Nov. 5, at 1:30 p.m. in Clubhouse 3, Room 1 to watch Ravel's short comic opera "L'Enfant et les Sortileges," the Child and the Magic Spells. Based on a poem by the legendary French writer Colette, Ravel and she collaborated to create this opera over many years. They were interrupted by Ravel's service throughout World War I as an ambulance driver as well as his resulting ill health. The first performance was presented in 1925 in Monaco and after that in Paris. Opera Club President Beverly Emus will introduce this opera.

This version is from the Glyndeburne Festival in 1989, with music by the London Philharmonic Orchestra, conducted by Simon Rattle and featuring singers Cynthia Buchan and Michael Walker. Stage design and settings are by Maurice Sendak, acclaimed artist of children's books.

The story concerns an angry boy who does not want to do his lessons. When his mother punishes him with isolation in his room and dry toast and tea with no sugar for his lunch, his anger turns to vandalism to his room and cruelty to objects and animals who, also under spells, complain and torment him. Outside in the garden the animals who he has tortured show him a world of love from which he is excluded. There is a vivid and entertaining ending of a profoundly serious nature.

At the second meeting of the month, Monday, Nov. 11, at 1:30 at Clubhouse 3, Room 2, the club will welcome La Opera Speaker Ed Lieb, who will offer a talk about "The Magic Flute," followed by a potluck refreshment buffet celebrating the Club's fifth anniversary and the coming holidays. Everyone attending is invited to bring a refreshment to share, along with a serving piece. Paper plates, plastic utensils, napkins and glasses along with beverages will be supplied. No meetings are scheduled in December. The club will start the New Year with a showing of the much-requested "Porgy & Bess."

GRANTS from page 3

company hired by the City of Seal Beach to review all applications and manage the construction improvements with the approved contractors. Once approved for the program and scheduled for work, the improvements usually take less than a week to complete.

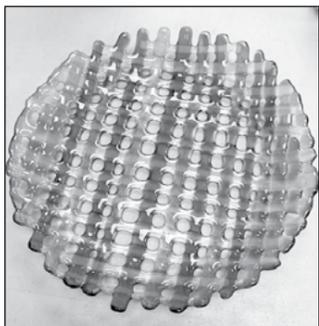
The 2019-2020 program began July 1, and applications are still being accepted.

To receive more information, answer questions, and start the application process, contact CivicStone at 909-364-9000 or Download the application online at CivicStone's website under the Services tab - Seal Beach <https://www.civicstone.com/services> or also on the City of Seal Beach's website under News & Highlights: <http://www.sealbeachca.gov/City-Services/Senior-Services>.

—Civicstone

Lapidary offering glass fusion class

The LWSB Lapidary Club is offering an introduction of glass class on Monday, Nov. 4, from 9 a.m. - noon in the Lapidary Room, Clubhouse 4. The class teach how to fuse glass for large decorative pieces. The cost is \$ 10 per person which includes material. Class instructor Yvette Louie. Sign up soon in the Lapidary Room, Clubhouse 4.



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—Jojo Weingart photo

Mel Lockett and the LW ballerinas welcome all who want to improve their balance and strength by working out at the barre every Saturday afternoon, upstairs in Clubhouse 6, beginning at 1:30 for an hour or so. Ballet is the foundation of most dance; LW's Ballet Fitness is ideal for those who like classical music and want to learn the basics steps. For those who had ballet in their youth, this class would be an excellent opportunity to review the graceful movements or sharpen skills. Mel's routines are simple, precise and elegant. Having fun dancing and exercising together is the purpose. For more information, call Jojo Weingart at 252-9676.

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Ann Hurley won the Art League drawing on Oct. 8. She is holding a watercolor painting by demonstration artist Eileen McCullough, who is showing the painting she worked on during the meeting.



Art League blue ribbon winners on Oct. 8 are Allyn Constant (front row, l-r), three-dimensional media, and Ann Hurley, intermediate advanced; in the back are Ray Grier (l-r), best of show; Barbara Simundza, masters; and Alice Sioson, popular vote.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes.

Helen Onu is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required.

For more information, call Chuck Burnett at 493-0176.

GRF

Clubs needed to decorate trees

The Recreation Department is seeking clubs to participate in the fifth annual Christmas tree decorating contest. Clubs may apply by emailing the Recreation Office at kathyt@lwsb.com. The Recreation Department expects the clubs chosen to outdo the spectacular results in 2018. Clubs that are creative and would like to help LW get in the holiday spirit, step up, adopt a tree.

The theme for this year is "An Old-Fashioned Christmas". The trees' decorations should reflect the holidays of years gone by. There are five Clubhouses and six opportunities to participate, with two trees in Clubhouse 6. If more than six clubs apply to decorate a tree, the winners will be chosen by random.

Judging will be by a committee and the winning club will be celebrated in LW Weekly and on the website. Stop by Building 5



to apply, or email Kathy Thayer at the above address, and help Deck the Halls.



—David Wolfe, photo

The Miami Sound Machine had the audience dancing including this girl who danced with a band member.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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—Harry Varnas, photo

It is great fun to dance together at parties. More than 200 people showed up in Clubhouse 2 to celebrate LWer Julie Nulod's 80th birthday with food and entertainment galore. Besides Brazilian Samba dancing, Filipino cultural dancing and a Polynesian extravaganza group who performed dances from the entire South Pacific, Hui O Hula, the LW Hawaiian dance club, was delighted to be invited to wish Julie many happy returns with a few hula. Julie (center in pink) dances Pearly Shells, her favorite island tune, with her family and friends. For free hula lessons, come upstairs in Clubhouse 6 every Monday morning at 10 or Tuesday afternoon at 1:15. All, including men, are welcome. Traditional hula should be danced without shoes, so bring a pair of soft booties or socks as the floor can get cold during the winter months. Besides Hawaiian classics, traditional and popular Christmas songs will also be shown during the holiday season.

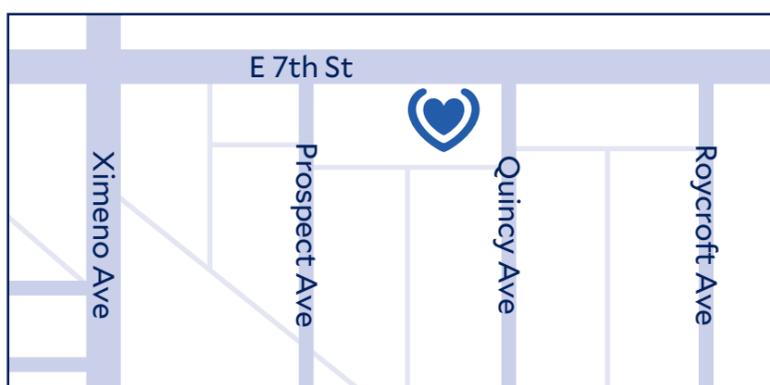
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CareMore Long Beach
Care Center:**

**Friday, October 18th 10AM
Thursday November 7th 10AM**

CareMore
HEALTH



Community



—Nataly Chigireva, photos

The Halloween spirit was prevalent during a walk through Leisure World.



American Legion flea market is Nov. 8, CH 2

The American Legion Auxiliary will sponsor a Flea Market in Clubhouse 2 from 9 a.m.-2 p.m. on Saturday, Nov. 9. There will be almost 60 tables filled with treasures.

On Friday, Nov. 8, small donations may be dropped off at the door by the stage between 5-8 p.m. Do not leave them unattended. Books or upholstered furniture will not be accepted. Small working appliances, Holiday decor, Knick-knacks and small furniture such as end tables and coffee tables will be greatly appreciated.

The Auxiliary will also have a table to collect old U.S. flags to be disposed of properly. There will also be new flags available for purchase.

Coffee and donuts will be sold in the morning and hot dogs, chili and all the trimmings will be available for purchase at lunch time.



Donna Cooper (l) and Labrenda Carson, as Miss Liberty, collected items that were sold at the last American Legion flea market. Items can be brought to Clubhouse 2 on Friday, Nov. 8 from 5-8 p.m.

SUNSHINE CLUB

Mutual 5 president links leadership to LW tomorrow

Linda DeRungs, Mutual 5 president, will be the guest speaker at the Sunshine Club, tomorrow, Nov. 1, at 10 a.m. in Clubhouse 3, Room 9. Her topic will be "Linking Leadership to Leisure World."

Linda oversees 492 units and 32 acres of streets and landscaping for Mutual 5.

For 33 years, Linda was director of choral music at New Albany High School in the Louisville, Kentucky, metropolitan area. While there, she served as fine arts department chair, and directed choirs that performed with the Louisville Orchestra, Louisville Ballet, Kentucky Opera and The Dallas Brass.

She was the musical director for over 70 of her school's theater department musicals. Linda's school is nationally known as a hotbed of theater, and its efforts have been featured in a long piece in The New York Times, and an internationally screened documentary, "Guys 'n' Divas: Battle of the High School Musicals."

The club has frequent guest speakers from outside Leisure World who speak on various topics that enhance living in LW. The club does not endorse the speakers or their businesses. It solely provides information. Any interaction with the busi-



Linda DeRungs

ness outside of the meeting is on-your-own.

The club appreciates shareholders bringing their own coffee mugs to participate in the "Save The Earth" program the club began about five years ago. Arrive 5-10 minutes early to enjoy refreshments before the meeting begins.

The club meets on Fridays in Clubhouse 3, Room 2, from 10 a.m.-noon (except on the first Friday in Room 9).

All shareholders are welcome to attend; membership is not required.

For more information, call Anna Derby at (562) 301-5339.



Last year's GAF tax preparers Sue Warnki (l-r), Kathe Repasi, Phyllis Mackey, tax service chair, and Marilyn Schatz are looking for additional help for the upcoming tax season.

GAF

Volunteers needed for to help with upcoming Income Tax Program

Volunteers are needed for the upcoming AARP Tax-Aide service sponsored by the Golden Age Foundation. The program provides free tax preparation and e-filing of Federal and State Income Tax returns in Leisure World.

Volunteers are needed as tax preparers, greeters and appointment schedulers. Prior tax knowledge is not required.

Appointment schedulers will work from home and should be computer literate. All training will be provided in January.

The tax office will be open beginning in February on Monday, Tuesday and Wednesday mornings. Volunteers will choose when they want to work.

To volunteer or learn more about the program, call Diana Lambert at (562)860-2844.



LW DEMOCRATIC CLUB

Candidate Diedre Thu-Ha Nguyen is guest on Nov. 20

by **Susan Thiedt**
LW contributor

The Nov. 20 meeting of the SBLW Democratic Club will include a potluck luncheon, followed by a presentation by Diedre Thu-Ha Nguyen, who was recently named by 72nd Assembly District Democrats as its endorsed candidate to challenge Republican Tyler Diep in the Primary Election on March 3.

Nguyen is not just another politician. She is a Garden Grove City Council member, entrepreneur, community volunteer, scientist, wife and mother of three active sons.

"I'm running [for office] because too many hard-working people find it harder and harder to achieve or maintain the upward mobility and middle class prosperity California has offered for so long. Healthcare costs, college tuition, a lack of retirement savings, care for the elderly are all putting pressures on our families," she said. Her values reflect the values of those in the community, and she will bring those values to state government, especially the idea that if you work hard and do what's right you should get ahead.

That will be her primary focus.

Nguyen was first elected to serve on the Garden Grove City Council in 2016. She was resoundingly re-elected in 2018 by a larger margin of victory. She has worked closely to build coalitions with the Garden Grove Unified School District, non-profits, labor and first-responders to corroboratively promote education, improve public safety, and enhance business growth and career opportunities in the city of Garden Grove.

Nguyen has demonstrated her skills as an entrepreneur. In addition to her active service on the council, she was appointed as director-at-large for League of California Cities Asian Pacific Islander Caucus. Also, she is the chief executive officer (CEO) of Central Broadcasting Network serving the Vietnamese community in Southern California.

A lifelong community activist and voice for diverse communities, Nguyen has served as a board member for the Lunar New Year TET Parade/Festival, board member for the South



Diedre Thu-Ha Nguyen

Vietnamese Marines Charity Association, a vice chair for the 2013 Hurricane Haiyan, Philippines, Fund Raising, and has held a multitude of Vietnamese community appointments which promote community unity, diversity, collaboration, and engagement.

Nguyen received her Bachelor of Science (BS) degree in biological sciences from the University

DEMOS, page 26

LW REPUBLICAN CLUB

All invited to first SB Prayer Breakfast on Saturday, 9 a.m.

by **Brian Harmon**
LW contributor

The LW Republican Club will host Orange County Supervisor Michelle Steele on Wednesday, Nov. 20, at 7 p.m. in Clubhouse 3, Room 2.

Supervisor Steele is best known for successfully leading the charge against making Orange County a "sanctuary county." That would have meant that the county would not cooperate with Federal ICE officials and would refuse to report when illegal alien criminals are released from jail.

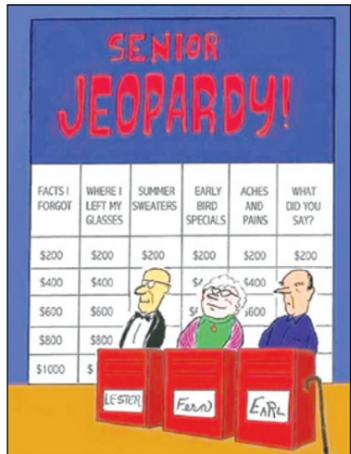
In describing herself she has said, "I'm a public servant, mother, and proven tax-fighter who wants to make a difference and help those in need." As a young adult she arrived the U.S. with her mother and two younger sisters from South Korea. She said, "my family came to America searching for opportunities with the hope for a better future."

She said that she first became interested in public service at an early age when she watched her single working mother struggle to fight an unwarranted tax bill from



Supervisor Michelle Steele

GOP, page 26



Y SERVICE CLUB

Get Triviamania tickets at CH 6

Triviamania, a general knowledge quiz game sponsored by the Y Service Club, will be held on Friday, Nov. 15, in Clubhouse 4 starting at 2 p.m. Note the start change of 2 p.m., with the game ending between 4:30 and 5 p.m. Tables of eight people compete in eight rounds of trivia, collaborating as a group to come up with the right answers. Come by yourself or with friends and neighbors. Seating is done on a first come, first served basis. Beverages and snacks will be available for purchase.

Tickets at \$10 per person will be on sale outside Clubhouse 6 from 9-11 a.m. on Nov. 4, 6, 8, 11 and 13. Some tickets may be available at the door on Nov. 15. The winning team takes home three times the buy in; second place receives two times its buy in; third place team will have its registration fee refunded. Proceeds are shared among all table members.

Enjoy an afternoon of mental stimulation, laughter, and playing with friends. Proceeds help support local YMCA programs and Leisure World projects. For information, call Bill Denton (562)209-0816.



Do you have questions about Medicare or are you turning 65 soon?
Attend a Free Medicare Workshop

Dates:
SATURDAY, OCTOBER 26 | 9 - 11 AM
Continental breakfast will be served

FRIDAY, NOVEMBER 8 | 10 - 12 PM
Continental breakfast will be served

TUESDAY, NOVEMBER 19 | 2 - 4 PM
Refreshments will be served

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Which Medicare options are right for you? Get personalized help and support for making important decisions about:

- Original Medicare
- New benefits
- Medicare Advantage Plans
- How to lower out of pocket costs
- Prescription drug plans

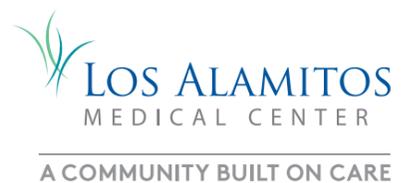
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Bring a friend!

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Lillian Kennedy and other GAF volunteers have been signing up shareholders for the Ralph's Reward program on Tuesdays from 9-11 a.m. in the Hospitality Center for the past year. Nov. 26 will be their last day to help with sign ups, but shareholders are still urged to join the program that benefits all LWers.

GAF RALPH'S CARD

Sign-up assistance ending Nov. 26

Assistance offered by the Golden Age Foundation to signing up for the Ralph's Reward program on Tuesdays in the Hospitality Center will end on Nov. 26, even though the GAF did not reach its goal of 500 participants for the year. Volunteers will be available from 9-11 a.m. until that date.

The Ralph's Reward program is a way to donate to the GAF with out any cost to the participant. Every time the person shops at Ralph's using their rewards card, a percentage of the bill is donated to the GAF.

People are still encouraged to sign up on www.ralphs.com. Participants will need a Ralph's Reward Card number to register or the phone number associated with the account to sign up.

The GAF is a non profit 501(c)(3) charitable organization dedicated to making the Leisure World Seal Beach community a better and happier place in which to live.

ITALIAN-AMERICAN CLUB

Last potluck of year is Nov. 6

The Italian American Club meets the first Wednesday of each month at noon in Clubhouse 4. All residents of Leisure World are invited to join.

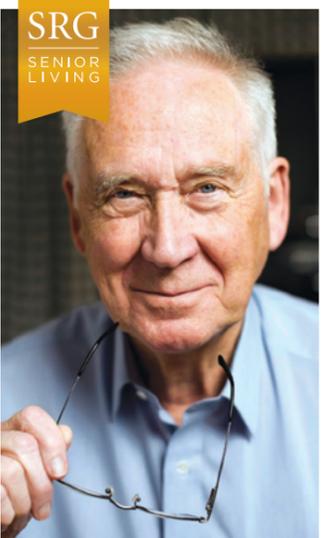
A little bit of Halloween showed up in decorations and trick or treat bags at the October

meeting. Bev Bender was a delight and got the members moving, which was needed that after chili and corn bread for lunch.

The November meeting will be Wednesday, Nov. 6, at noon in Clubhouse 4.

This meeting will be the last potluck of 2019. Most have signed up to bring something specific. Those who need a reminder, call Sunny Beech, 355-2918.

The LW Weekly
430-0534



What can you learn about senior living at our Lunch & Learn?

A whole bunch.

Ask questions. Take a tour. Try the food. Ask more questions. You get the idea. It's casual, it's complimentary, and you're invited.

Our next **Lunch & Learn** is **Wednesday, November 13th at 11:00am.** Please call 562.246.6939 to RSVP.

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GAF's On Broadway gala honored its supporters



FALW members were among the honored donors at the Golden Age Foundation's 46th annual gala on Oct. 19 in Clubhouse 2. GAF directors (below left) Anna Derby (l-r), Sister Mary Ruler (Linda Johnson) and Gail Levitt, social co-chair, were kept busy keeping things running smooth during the event. Crooner Ryan Christopher (below right) had members of the audience on their feet at the end of his performance.



Rabbi Marcus returns to Schmooze Club

After a break in observance of the Jewish High Holidays, the Schmooze Club will resume its meetings on Tuesday, Nov. 12, at 10 a.m. in Clubhouse 3, Room 9. Refreshments and "schmoozing" (socializing) will be followed at 10:30 a.m. by a special program with Rabbi Shmuel Marcus on "The Healing Power of Jewish Music."

In addition to serving his congregation in the Chabad of Los Alamitos/Cypress and the Hebrew High School he founded, Rabbi Marcus is a musician, composer and performer of Jewish music. Along with his brother Benzi, he performs around the world in the popular group "8th Day."

Rabbi Marcus comes from a very musical family where he learned a wide repertoire of Yiddish music. Today he blesses Jewish communities everywhere with both these beloved melodies and the beautiful, energizing and inspiring contemporary Jewish songs he has composed.

Rabbi Marcus is also a dynamic speaker, teacher and friend of the Schmooze Club. All Leisure Worlders and their guests are invited to attend and benefit from the rabbi's insights into the healing power of Jewish Music.

As always, there are "no dues to schmooze"; donations are gratefully accepted. Call Darlene Rose, (562) 347-8088, with names of guests for Main Gate entry.

Author is guest at Humanists Nov. 3

Bill Zuersher will talk about his book, "Seeing Through Christianity, A Critique of Beliefs and Evidence," at the Leisure World Humanists' meeting on Sunday, Nov. 3, at 10:30 a.m. in Clubhouse 3, Room 1.

Zuersher is an activist for the separation of church and state. He studied economics and government at Yale and then worked for two decades in the energy industry before dedicating himself to teaching and writing.

His interest in religion derives from a concern about the role of faith-based beliefs in American politics. Rather than engage in public policy debate about multiple disparate issues, he decided to focus on the root cause of all



Bill Zuersher

of them, namely religion – and Christianity in particular.

The author will be signing and selling his book.



NIKKEI CLUB

Watch classic Samurai movie

After taking a break in October, the Nikkei Club will meet Saturday, Nov. 16, at 12:30 p.m. in Clubhouse 3, Room 1.

A Japanese Samurai movie, "The Last Ronin," will be shown starting at 1 p.m. Everyone is invited to attend this movie with English subtitles. This movie has been around a long time and is considered to be one of the great Samurai classics.

For those who are attending the movie, it would be appreciated if you bring snacks, appetizers or a dessert to share. Water and tea will be provided.

Be sure to verify your attendance with a member of the telephone committee: Marge Kido, (562) 544-4463; Kazuko Monobe, (562) 280-4916; or Sherie Vanek, (562) 296-8074.

The Nikkei club is open to all residents of Leisure World. Annual dues are \$10 for the year, January-December. A membership form must be filled out and be on file. Sybil Tanabe will be passing out new membership forms and will collect dues for 2020.

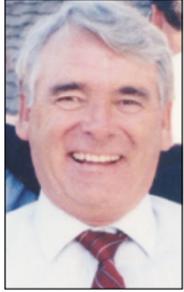
Main Gate
594-4754

Obituaries

Thomas, Keith Clay 1940-2020

Keith Clay Thomas, 79 years old, Mutual 15, passed away peacefully at his home on Wednesday, Oct. 16, 2019, surrounded by his loving family.

Keith Thomas was born Oct. 3, 1940, in Holyhead N. Wales Great Britain, but left Holyhead with his family in 1950 for Australia where they lived for three years. The family moved to Canada for one year before moving to Long Beach, California, on Feb. 6, 1954, when Keith was 13.



He stayed in Southern California until his passing and was very proud of his Welsh Heritage. He graduated from Long Beach Poly High School in 1959, was a Diving Champion for Long Beach City College in 1960-61 and worked in Construction and Air Conditioning for 55 years.

He moved to Leisure World Nov. 16, 2013, with his wife Sharon and loved living here for the past six years.

Keith had a full and rewarding family life and was a fantastic mentor and provider to all of his children. He enjoyed many activities including camping, fishing, swimming, golf, playing pool and attending Dodger games, his daily crossword puzzles and Sudoku. Since moving to Leisure World he loved attending shows at the Amphitheater, playing poker and especially the time he spent playing cribbage with the Leisure World Cribbage Club. His most recent joy was spending quality time with his two grandchildren Jimmy and Ruby. He was a kind, loving person who enjoyed life to the fullest.

Keith is preceded in death by his father Evan Lloyd Thomas, his mother Una M. Thomas and his sister Ann Carole Zaleski.

Keith is survived by his wife Sharon; son, Jeff; daughters Kristy, Wendy and Christina along with her husband Jim; and his two loving grandchildren Jimmy and Ruby whom he loved

very much.
Keith will be loved and missed by all who knew him.
—paid obituary

Kambe, Victor Masaru 1919-2019

Victor Masaru Kambe, 100 years old, passed away peacefully in his home on Oct. 21, 2019. Born in Seattle, Washington, on April 21, 1919, he was given the name Victor to commemorate the Allied victory in WWI and the release of US Victory Liberty Loans. He graduated from the University of Washington in 1941.



In 1942, he was interned at Minidoka Internment camp and later settled in Cleveland, Ohio, for a few years before returning to the west coast.

Victor was an award winning distributor of Kirby Vacuum cleaners for many decades. He resided in Rolling Hills Estates and later moved to Leisure World in 2011 with his beloved wife Sue (deceased).

Victor was on the cover of the 2014 GRF Navigator magazine and was mentioned several times in the LW Weekly. He was also a two-term president of the LW Nikkei Club.

Devoted to exercise and a healthy diet, Victor reached his final goal of seeing out his centennial birthday.

He will be remembered for his kindness, quiet strength and optimism. He is survived by his children Edward (Beverly) Kambe, Torye (Simon) Holland, Erin Junko (Hubert) Chow and Kevin Hutchins; and grandchildren, Allison Kambe, Michael Kambe, Daisy Holland, Sarah Holland, Owen Holland, Ruby Holland, Britney Chow (Mark Lewkowitz), Tiffany Chow, Garrett Chow and Jay Hutchins.

He was recently blessed with his first great-grandson, Dean Lewkowitz.

A private family service is planned.

- ***
In Memoriam
Mark Manoff 81
Bernardo Solano 78
Bruce Dahl 66
Serafin Ruiz Guillen 77
Sheryl Gates 51
Maxine Douglas 94
Kathleen Gibb 70
Mary Archer 81
Kenneth Knebel 83
Emma Ainsworth 70
James Warren 73
Felix Osorio 91
Nicholas Newberry 24
Harold Strickland 55
Gricelda Robles 56
Families assisted by
McKenzie Mortuary,
961-9301

—paid obituary

OBITUARIES
deadline is
4 p.m., Monday,
prior to publication.

YIDDISH CLUB

Jewish history will be subject

The Yiddish Club of Leisure World will meet at 7 p.m. on Nov. 7, in Clubhouse 3, Room 2, The topic will be the life and creation of the famous Jewish historian Shimon Dubnov.

After new words and proverbs in Yiddish are introduced, President Yakob Basner will lecture on the topic and recite articles about Dubnov, some written by him..

Refreshments will be served after the program.



Eileen Kotecki was the grand prize winner at the Woman's Club fundraiser in September.

LW WOMAN'S CLUB

Members will gather Nov. 12, CH 2

The Woman's Club monthly meeting will be held at 1:30 p.m. on Tuesday, Nov. 12, in Clubhouse 2. The group is open to all. Membership is \$25 per year and entitles members to a monthly tea meeting with a dessert, entertainment and a sandwich luncheon in June. Also included is admission to the club's monthly card parties.

The group sponsors a fundraiser luncheon every September to raise funds that are given to nursing scholarships at Golden Gate College and several Leisure World and community philanthropic organizations.

At the November meeting, the funds will be donated to Casa Youth Center. Entertainment at the November meeting will Jon Claud Pinto who will entertain with the songs of Frank Sinatra, Dean Martin, Neil Diamond and more.



Dr. Fong (l) exams Marge Archibald's cat at the previous low cost pet clinic at LW Community Church. The next clinic is scheduled for Nov. 14. The exam, \$25, is a wonderful way to keep pets healthy and happy, and includes a free toy for dogs and cats. For information, call Elaine Miller, (925) 997-3412.



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Sports & Games



Mary Greytak won six stars on Oct. 22.

CRIBBAGE

Greytak beats 48 players

Congratulations to Mary Greytak for winning six games of 121 and getting a perfect score of 847. She now has six stars on her badge. Alice Buckle was next at 845 followed by Janet Wade at 838 and Joyce Basch at 837. Darlene Meyers and Fred Reker each had six games of 121. There were 49 players on Oct. 22.

Lucille Starkey lead the celebration for another Happy Cribbage Day. Lucille treated us to delicious chocolate cake and vanilla ice cream. Lucille and Margaret Smith served.

The Cribbage Club meets on Tuesday at Noon in Clubhouse 1. Cribbage Club is open to all residents. If you don't know how to play Cribbage or just need a brush up, call Patti Smith, (562) 242-4674. Patti will arrange for lessons for one hour before the games begin. Partners are not required. All players finish by 3:30 p.m. Come and join us and you will have fun. Players should arrive by noon to be assured of a table.

—Bobbie Straley

POOL LEAGUE

The Favorites are in the lead

The Favorites defeated the Hot Mess Express 10-2. The match that was much closer than the score indicated. This put The Favorites two games ahead of both The Hustlers, who had a bye and The Three Amigos, who split their match with the Hot Whots, 6 and 6. Sandy Bird, Dave Mackinder and Dave Silva of The Favorites each won five of their six games.

Steve Edrich won both of his singles matches and three of his four doubles matches to lead The Amigos. Jerry Wrenn of The Hot Shots scored 4 points, winning singles in eight ball and nine ball.

The Ballers edged The Spoilers 7-6 with Russell Black of The Ballers going 5 and 1, losing only one doubles match in eight ball. Kenny Harpham of The Spoilers helped keep his team in the match by winning 4.

We have completed the first half of the Pool League season and every team has now played 72 games. In a twelve-game match every week a team can make up a big deficit fast, or also drop from the top with one bad week.

—David LaCascia

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Weekly Health, Exercise Classes

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Feeling Good Exercise

Move to the music from 9:30-10:30 a.m., Mondays, in Clubhouse 1, with Sarah Grusmark and Thursdays with Katie Sellards; \$3 per class; all fitness levels welcome.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at 296-8328.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Qigong, Tai Chi Club

Qigong and tai chi classes to increase mobility and balance are at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at 596-3936.

Yoga, Beginning

Beginning yoga classes are held from 10-11 a.m. on Wednesdays in Clubhouse 3, Room 6, and on Fridays in Clubhouse 3, Room 7. Bring mats; \$5 per class. For more information, call Patti Endly, 430-7291.



BOWLING

Closest bowling game this season

For a bowler to establish a handicap they need to bowl a three game match. If they are unable to complete the three a games a one or two game match will suffice.

Team Three won 2 1/2 games from Army's Gals as Gus Krauss had a 170 last game and Fred Garcia a 204. Arnold Bakker, the Army in Army's Gals had a 193 and 174. Charlie's Angels took all four from Very Striking as all three players on Very Striking were below average.

Mutual Busters took three from Strikingly Different, despite Tom Kaczmarek rolling a 233, 181 and 211 for a 625 series. Pindiculous had the high team series with a big 1,901 as they swept Splits Happen. Gary Wood of Pindiculous had a 180, 200 and 176.

—David Silva

MEN'S MONDAY GOLF

Stivers wins with fewest putts

The Men's Monday Golf League played on Oct. 14 at the Riverview Golf Course in Santa Ana. The Riverview links parallels and crosses the Santa Ana River several times making this a scenic and fun course to play. Lots of elevation changes add to the challenge. Seven men tackled the par 70 course.

There were four birdies this week, one each by Gary Stivers, Jerry Hore, Ron Jackson and Bob Munn. Fewest putts for A flight was Gary with 27. B flight fewest putts was Bob with 30. There were no holes-in-one or any closest to the par three pins this week.

All scores are net (actual score minus handicap).

Winners:

A Flight: first place, Gary Stivers, with a spectacular 9 under 61; second, Jerry Hore, 70; third, Fujio Norihjro, 73; fourth: Ron Jackson, 74; fifth: Sam Choi, 75.

B Flight: first place, Bob Munn, two under 68; second place, Marv Ballard, 72.

Friends, ladies, spouses, and family are all welcome to play.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting at 7 a.m., except on holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes and a prize for the lowest number of putts in each flight. Holes-in-one, although infrequent, are generously rewarded. If interested, contact, Gary Stivers, (714) 313-3697.

The Men's Monday and Friday league is inquiring if golfers (men and women) would like to join the league during the local course shutdown. Handicaps will be determined using our local handicap numbers and adjusted for the longer and more difficult courses outside Leisure World. Contact Gary for more information.

LADIES GOLF

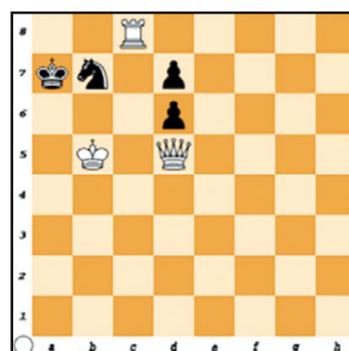
Forty-six members played golf

Nine players hit 11 golf shots from the fairway directly into the hole. On Oct. 22, 46 members played for low gross, low net and chips -in-hole.

The flight winners were:

Flight A - Low gross; Devora Kim, 25. Low Net; Yvonne Kim, 23. Chip-ins; Devora Kim, 8. Yvonne Kim, 1 and three. Helen Yoon, 2. Flight B - low gross; tie between Jane Song and Janice Turner, 31. Low net; tie among Grace Choi, Judy Ro, Mary Ann Moore and Marilyn Hewitt, 26. Chip ins; Sally Park, 2 and 9. Flight C - low gross; tie among Judy Kim, Hailee Yang, and Sun Chung, 34. Low net; Chong Hee Kim, 27. Chip-ins; Dale Quinn and Sun Chung, 2. Sun Lee, 4. Neva Senske, 5. Flight D - Low Gross; Dorothy Favre, 34. Low Net; Melinda Lee, 24. Chip-ins; Dorothy Favre, 7.

—David LaCascia



Chess Club puzzle

Between the Library and the bookstore there are two chess tables open to all residents every day of the week. During Library hours chess pieces are available to use. There is also a list of names and phone numbers of residents looking for chess partners to play with.

The name and number list is especially useful for those looking for a partner to play with or those unable to come to the Chess tables during the Friday club meetings.

This weeks puzzle:

White moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 2-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.

CHESS, page 21

E-mail your **SPORTS** and **GAMES** stories to chrisw@lwsb.com

Cards and Games Scoreboard

Fun Time Pinochle winners, Oct. 21: Marilyn Allred, 14,340, Jerry Hore, 14,060, Gene Smith, 11,050, Ruth Bonnema, 13,680. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

•••

Friendly Pinochle Club winners Oct. 24: Ruth Bonnema, 12,840; Bev Adams, 12,540; Jim Dix, 12,280; Charlotte Westcott, 11,860. The club meets Thursdays from noon-4 p.m. in Clubhouse 1. For more information, call (310) 968-9509.

—Bert Sellers

•••

Burning Tree Duplicate Bridge Club winners, Oct. 19: Club Championship: N/S: Betty Jackson-Ellen Kice; Mark Singer-Larry Slutsky; Priscilla Caillouette-Harriet Weiss; Alan and Barbara Olschwang; Ted and Joan Wieber. E/W: Judy Jones-Al Appel; Chie Wickham - Kar-Yee Nelson; Sue Fardette-Marilyn McClintock, Bud Parish-Dorothy Favre, Paul and Monica Honey.

Oct. 18: N/S: Jeanette Estill-Marilyn McClintock, Sibyl Smith-Diane Schmitz, Larry Slutsky-Pamela Cole, Kar-Yee Nelson - Sue Boswell, Cooie Dampman-Howard Smith, Jane and Jerry Reid. E/W: Bill Dilks-Emma Trepinski, Norma Krueger-Nadine Nakai, Al Appel-Judy Jones, Ylia Ross-Kay Hyland, Nancy Lichter-Julie Mills.

Oct. 12, N/S: Bud Parrish-Dorothy Favre, Sibyl Smith-Jeanette Estill, Joyce Basch-Harriet Weiss, Miriam Kelley-Judy Mathias. E/W: Paul and Monica Honey, Mark Singer-Marilyn McClintock, Linda Nye-Mike Nielsen, Judy Jones-Al Appel.

Oct. 11: N/S: Sibyl Smith-Judy Lorber, Al Appel-Joan Tschirki, Jack Dampman-George Koehm, Russ Gray-Ellen Kice, Bob and Pat Adam. E/W: Rosemary Ford-Sue Boswell, Paul Chen-Cookie Pham, Lavonne McQuilkin-Carol Murakoshi, Jeanette Estill-Eileen Kotecki. The club meets Fridays and Saturdays in Clubhouse 1 at 12:15. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The next special event is Friday Nov. 15, Annual Meeting at 11:45 a.m.

—Fred Reker

•••

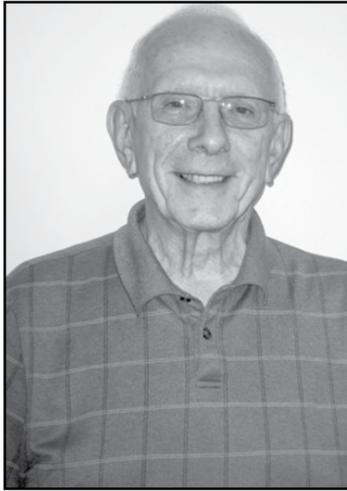
Jolly Time Pinochle Club winners, Oct. 19: Winners: Richard Van Wasshova, 13,050, Keith Clausen, 10,730, Charlotte Westcott, 10,720, Bert Sellers, 10,650. Games are played from noon-4 p.m. on Saturdays in Clubhouse 1. For more information, call Peg Kaspar at 799-0433.

—Bert Sellers

•••

Monday Bridge Club Club winners Oct. 14: first place, Betty Leavitt; second place, Evelyn Ingram; third place, Marion Standish. winners Oct. 21, first place, Emily Moubassaly; second place, Donna Cooper; third place, Marion Standish. Games begin at noon in Clubhouse 1. For more information, call Pauline Fitzsimons, (562) 296-8363.

—Pauline Fitzsimons



Winner Dennis Kotecki

POKER

Kotecki wins

By Susan Dodson
LW Contributor

Dennis Kotecki won his first final table in October. His ace and king hole cards resulted in a pair of kings, beating second place Linda Stone's pair of 10's. Third place was Jon Jones, followed by Susan Dodson, Valerie Jorgenson and Hank Lincourt.

Dolores Cook won high hand with quad deuces. Nancy Park was second with aces full of 10's.

Dennis has been a club member for 4 1/2 years, and lives in Mutual 8 with his wife Eileen. He retired from a career as a health care chief information officer.

The club will host again an all LW poker tournament on Dec. 14, 9:30 a.m. Clubhouse 4. Tickets are \$15 for both club members, family members and LW shareholders, and include a continental breakfast and final table prizes. Tickets are available at all tournaments until Dec. 7, to a maximum of 90 players, on a first-come, first-served basis. Last June's tournament turned away potential players, so purchase your tickets early, if possible. No additional players will be allowed to purchase a seat on Dec. 14. Contact Cleo Looney at (562) 342-9400 for more information.

Barry Brideau gives private individual or group lessons. Call him at (714) 401-7622. Call President Wendy Wu for other club information at (714) 366-0940.



Does practice make you perfect? Maybe not, but Bocce ball player Bob Berry thinks it will make him better. Bob practices twice a week by himself or with others for 20-30 minutes. The results, Bob and his partner are undefeated after three weeks of Sunday League play. Come out and watch Bob roll next Sunday afternoon. And yes, Bob is a big Angels fan.

GUYS & GALS TOURNAMENT

Twenty-six teams in tournament

The first October Guys and Gals golf tournament was played on Oct. 18 at the local course. The sun was out for the whole tournament and it was a great morning to play golf.

Twenty -six teams of one man and one woman contended over 18 holes in three Flights. 'A' flight has teams with combined handicaps of 0-8. 'B' flight 9-13, and 'C' flight 14-18. All scores are net: (actual score minus handicap).

There were two holes-in-one this tournament. One each by Alan Sewell and Bert Thompson.

There were only two circle hole winners - an usually low number. Scores were also surprisingly low this week with the winners being net minus 11, minus 7 and minus 10 under par; which translates to gross scores (factoring in handicaps) of minus 6, plus 1 and plus 5 over par. Excellent scores for amateur golfers.

Flight winners:

A flight: First place, Dong Kim - Devora Kim, 47; second: tie between Young Lee - Hae Lee, and Bill Lyons - Pam Krug, 48; fourth place, Alan Sewell - Patti Smith, 49; fifth place: Paul Alloway - Ann Tran, 51.

B flight: First place, Gary Stivers - Mary Ann Moore, 44; second place, Hyong Shin - Sang An, 46; third place, Jae H. Lee - Sun Lee, 49; fourth place, tie between Steve Moody - Sandy Derouin and Dale Williamson - Mary Greg, 50. The remainder of the B flight teams were at or under net par.

C flight: First place, Marv Jones - Marilyn Hewitt, 43; second place, Dickerson - Laura Garcia, 58; third place, Sang Kim - Soo Kim, 46; fourth place, James Choi - Grace Choi, 47. The rest of the C flight was under or just above net par.

Closest to the pin on hole No. 8 was Alan Sewell at 0-feet and 0-inches and Laura Garcia, 4-feet and 7-inches. On hole No. 17 was Gary Stivers, 7-feet and 3-inches, and Marilyn Hewitt, 9-feet and 11-inches.

Guys and Gals Tournament is held on the third Wednesday of each month, and on the fifth Wednesday of months that contain five Wednesdays. You must be a member of the Men's or Ladies Golf Club to play in this tournament and have a handicap.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting at 7 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. LW Men's Club membership is not required. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts in each flight. Holes-in-one, although infrequent, are generously rewarded. If interested, contact, Gary Stivers, (714) 313-3697.

The Men's Monday and Friday league is inquiring if golfers (men and women) would like to join the league during the local course shutdown. Handicaps will be determined using our local handicap numbers and adjusted for the longer and more difficult courses outside Leisure World. Contact Gary for more info.

—David LaCascia

CHESS

FROM PAGE 20

Solution to this week's puzzle: : Rc7

The white Rook moves from c8 to c7. Any answer by black, the white's next move is check mate.

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Phil Arnold

PICKLEBALL

Number one rule: don't overplay

by Susan Dodson
LW contributor

Phil Arnold is an 82 years young pickleball player. He played table tennis as a youth and was an active tennis player since his mid 30s. He states that getting used to the pickleball paddle was his main adjustment to this new game. He has played with the club since its inception in 2016.

The number one posted rule at the courts is "Don't overplay your current physical condition." Phil wisely understands this, and can play two-four games a session, but rests in between games to not overtake himself. He plays two-four times every week and at 82 he is still a contender, has a tricky spin serve, and plays well at the net.

Phil Arnold has lived in Mutual 14 with his wife Laura, for 11 years. He serves as web master for both his mutual and the pickleball club. The URL is www.philsden.com/pickleball.

The pickleball courts are open 8 a.m.-8 p.m. for all LW shareholders. New players are always welcome. Paddles and balls can be borrowed to get you started.

For more information about the club contact club President Tim Linehan at (714) 818-6404.

OPTUMCARE AT THE HCC

Recognizing depression

By Carson J. Blomquist
OptumCare

It's another beautiful day. Perfect temperature. Sunny, clear skies. And yet you can't enjoy it. Maybe you feel apathetic. Or you are sad and you can't explain why.

It may be depression. Depression is a mood disorder that shows up in different ways. It's not always a feeling of sadness or hopelessness.

For some people it's apathy: unable to care or no longer interested in things that used to matter. Other people feel "slow," like they aren't able to talk or move at a regular pace. And others irritable, guilty or helpless.

We all feel these emotions, but when they last for two weeks or more, then it can be a sign of depression.

That's when it is time to talk to your primary care doctor. She or he can help you explore ways to address it, like therapy, medication and goals.

Therapy. Talking to someone can help you understand your feelings. A therapist gives you a safe place to talk through whatever may have caused your depression. She or he can also give you tips on how to manage it.

Medication. Your brain uses chemicals to create emotions. Depression can change how your brain uses those chemicals. Medications can help your brain with those chemicals. It can take some time to get the right medication and dosage, so be patient if you decide to try medication.

Goals. Another thing that can help is setting, practical goals. If you've been feeling really down or stuck, keep the goals simple: fold some laundry, wash dishes, clean around the house. If you're feeling more ambitious, set a lunch date with a close friend. These may not seem like much, but it's surprising how achieving a simple task can make a difference.

Remember: things aren't going to change immediately. And you may feel stuck at times. That's normal. It's about finding what works for you and keeping at it.

Talking to aging relatives
It's not always easy to have tough conversations with your older relatives. Legal conversations, like the one in the upcoming Alzheimer's Orange County workshop, can be very stressful. Same with conversations about health plans, like advance directives.

SHUFFLEBOARD

Puckmasters move into first place

By David LaCascia
LW contributor

Shuffleboard season week four began on Oct. 18 at the Clubhouse 1 Courts. The Hot Shots defeated the sliders 13-5. All game winners for the Hot Shots is Howard Bolten, Milly Larsen, Lorna Pierson, Gus Krauss, Kay Mount, and Jean Cochran. Sliders all game winner is Usha Agarwal.

For Shuffleboard season week five at Clubhouse 1 shuffleboard courts we witnessed the Puckmasters beat The Hot Shots 11-7, finally breaking the first-place tie and giving the lead away. Puckmasters all game winners were Red Ryals and Carol Johnson. The Hot Shots all game winner was Carrie Kistner

Current standings after five weeks, the Puck Masters are in first place, Hot Shots second place and Sliders are in third. The next game will be Sliders versus Puckmasters on Nov. 1.

The first tournament of the year will be the Turkey Shoot scheduled Nov. 22. This is always a fun competition and many participants are expected. A sign-up sheet will be available at the courts or at the Nov. 6, monthly meeting scheduled for 10 a.m. with social time starting at 9:30 a.m.

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LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The club's Poetry Workshop meets on the second Wednesday of the month at 1:30 p.m. in Clubhouse 3, Room 9. The Fiction/Nonfiction Group meets on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, followed by a business meeting at 3 p.m.

Peace For Mankind

Before mankind walked tall
or used a rock as tool,
they shared life like other beasts
instinctive, savage or cruel.

But man was meant for greater things,
with special gifts were blessed ;
compassion, love and honor,
traits only man possessed.

Alone in all creation
with power to become like yeast,
with intelligence divine.
Only man dreamed of peace.

Exploring all the nations
through time, space and years,
walking tall with noble purpose
man conquered many fears.

The challenge to every country
is the goal to make war cease
In all the known universe
only man can work for peace

—Phyllis Popper

Animal control

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control services, call the 24-hour animal services line, (562) 570-7387 or online at www.longbeach.gov/acs/wildlife/coyote-report.

The office is open Tuesday-Friday.

SBTV-3

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streaming-source.tv/add/sbtv>. Playback schedule available at Sbtv3.org.

Thursday, Oct. 31

- 4 pm Early Television Theater
- 5 pm Head Master
- 5:20 pm Korean Night 2019 - LW
- 6 pm Latino American Club Mariachi Real
- 7 pm Studio Cafe
- 8 pm McGaugh Pageant of the Arts
- 9 pm Cerritos Center-Drumline Spectacular
- 10:30 pm Sea Inside
- 11 pm Bob Cole Conservancy

Friday, Nov. 1

- 4 pm Harmonizing Humanity
- 4:30 pm Early Television Theater
- 5:30 pm Latino American Club Mariachi Real
- 6:30 pm McGaugh Go West!
- 8 pm Studio Cafe
- 9 pm Cerritos Center—Bronx Wanderers
- 10:45 pm Aquarium of the Pacific
- 11 pm Vintage Vehicles

Saturday, Nov. 2

- 4 pm Pickleball/Hui O Hula
- 4:15 pm Head Master
- 4:30 pm Early Television Theater
- 5:30 pm Sea Inside
- 6 pm Korean Night 2019 - LW
- 7 pm Studio Cafe
- 8 pm LAUSD
- 10 pm Bob Cole Conservancy
- 11 pm SB City Limits: Charles Tentindo

Sunday, Nov. 3

- 4 pm SB City Council Meeting, replay 10-28
- 5 pm McGaugh 1st Grade 2019
- 6 pm McGaugh Go West!
- 7:42 pm McGaugh Pageant of the Arts
- 9 pm Studio Cafe
- 10 pm Cerritos Center-Big Bad Voodoo Daddy

Monday, Nov. 4

- 4 pm Pickleball/Hui O Hula
- 4:30 pm Harmonizing Humanity
- 5 pm Early Television Theater
- 6 pm Studio Cafe
- 7 pm SBPlanningComm.Mtg,LIVE
- 8:30 pm Sea Inside
- 9 pm Cerritos Center-Barrage 8 String Concert
- 10:30 pm Vintage Vehicles
- 11 pm Bob Cole Conservancy

Tuesday, Nov. 5

- 4 pm Early Television Theater
- 5 pm Latino American Club Mariachi Real
- 6 pm Korean Night 2019
- 7 pm McGaugh 1st Grade Weather Show 2019
- 8 pm McGaugh 3rd Grade Sing of America
- 9 pm Studio Cafe
- 10 pm Seal Beach City Limits with Charles Tentindo
- 10:30 pm Live at the Ford

Wednesday, Nov. 6

- 4 pm Head Master/Pickleball/Hui O Hula
- 4:30 pm Harmonizing Humanity
- 5 pm Ocean Perspectives
- 6 pm On Q - 8bit Jazz Heroes
- 7 pm Ocean Perspectives
- 8 pm Studio Cafe
- 9 pm Cerritos Center - Bronx Wanders
- 11 pm Bob Cole Conservancy

*All programming is subject to change.

ROLLIN' THUNDER

Air and Water Day is Saturday, 9 a.m.

The Rollin' Thunder Golf Cart Club will host the Air and Water Day, Saturday, Dec. 7, at the Pitstop, near the Mini Farms, from 9-10:30 a.m.

While there is never any charge for this service, donations are welcome to cover club expenses. New cart tires and wheels will be available at this popular safety-first event.

Fire extinguishers checked in LW

Fire Master will be in Leisure World to inspect fire extinguishers for no charge on Friday, Nov. 15 fro 10 a.m.-1 p.m in the Amphitheater parking lot.

Fire extinguishers can be recharged for a reasonable price.

There will demonstrations on how to put out a small fire with a fire extinguisher and residents will put out a fire using the fire extinguisher.

Submit changes for telephone listings

Resident names are deleted from the LW Community Guide after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW will be deleted unless a form with the new address is submitted to LW Weekly.

Residents who think they know a name that should be removed may notify LW Weekly.

Names are not automatically placed in the phone book. To be included shareholders must submit telephone book information to LW Weekly in writing.

GOP

from page 17

the California State Board of Equalization.

"As an immigrant who owned a small business," she said, "my mother lacked the resources she needed to appeal the state agency and reluctantly acquiesced to the board's demands."

As a result she said she knew she needed to help those who couldn't help themselves and be a strong voice for the voiceless. "I knew I needed to serve my community," she said, "so I decided to run for public office".

Steel was elected to the California State Board of Equalization in 2006 when Republican incumbent Claude Parrish ran unsuccessfully for state Treasurer. In this position she was the country's highest ranking Korean American officeholder and California's highest ranking Republican woman. Steel promised to protect taxpayers from the overbearing government that her family encountered. A signatory of the Taxpayer Protection Pledge, she promised to oppose all new taxes and tax increases, and when adjudicating tax appeals, presume a taxpayer is innocent until proven guilty

In 2011, she was elected Vice Chair of the Board of Equalization. In 2014, she ran successfully to become a member of the Orange County Board of Supervisors. She served as Vice Chair of the board in 2016 and was unanimously elected to serve as the Chairwoman for 2017.

In 2018, Steel won 63 percent of the vote, eliminating the need for a runoff round. In 2019 she was appointed by President Trump to the Presidential Advisory Committee on Asian Americans and Pacific Islanders.

On May 2, Steel announced that in she will challenge Harley Rouda to represent California's 48th congressional district, which includes Leisure World

...

Republican Club members will be joining Seal Beach Mayor Tom Moore at the first annual Seal Beach Prayer Breakfast this Saturday, Nov. 2, at 9 a.m. at the Old Ranch Country Club, 3901 Lampson Ave., just a few blocks from Leisure World. The keynote speaker is Daniel Lynem a former mid-level leader of the Black Panthers who was accused of killing a police officer. The audience will be surprised to learn how he funded the Panthers' breakfast programs for kids in L.A. to purchase weapons. His life dramatically changed one day while he was serving a seven-year prison term. He now helps drug addicts, former prison inmates and alcoholics at sober living homes.

Don Shoemaker, Pastor Emeritus at Grace Community Church of Seal Beach and Police Chaplain Bob Shoemaker will be leading the group in prayer for community and our nation.

DEMOS

from page 17

of California, Irvine, and master of sciences (MS) degree in clinical genetics from California State University, Dominguez Hills. She holds two clinical laboratory professional licenses in California, working as a clinical genetic molecular biologist and clinical cytogeneticist.

Council Member Nguyen is a second degree Hapkido Blackbelt. She and her husband are raising three children in public schools. Her hobbies include promoting youth leadership skills and mentoring various youth organizations, supporting her sons' Taekwondo competition team, and enjoying motorcycling with her husband.

"I look forward to talking with you as the campaign progresses and hope to hear your ideas and aspirations for bringing positive change," states Nguyen.

...

For more information about the SBLW Democratic Club, readers are invited to email lwsbdemocraticclub@gmail.com or go to the club's website <http://sblwdems.wordpress.com>. There is also an up-to-date calendar of both club and related events on the website.

Puzzle Answers

Puzzle page 26

SCRABBLE GRAMS										SOLUTION	
P ₃	U ₁	L ₁	S ₁	A ₁	T ₁	E ₁	RACK 1 =			59	
V ₄	A ₁	N ₁	D ₂	Y ₄	K ₅	E ₁	RACK 2 =			104	
S ₁	A ₁	U ₁	T ₁	E ₁	E ₁	D ₂	RACK 3 =			58	
M ₃	A ₁	D ₂	D ₂	I ₁	S ₁	H ₄	RACK 4 =			67	
M ₃	A ₁	N ₁	H ₄	O ₁	O ₁	D ₂	RACK 5 =			63	
PAR SCORE 260-270										TOTAL	351

Crossword Answers

MODULE	ADA	HST	BESTS
ELOPER	ATOR	OID	OSHEA
NECTAR	OF THE	GODS	GEARY
SOSO	ATL	TREE	ELKIN
WHERE	EVERY	BODY	ESO
ETHNIC	REA	ARISEN	
NAA	PHIS	MCA	RED
APROPOS	APODS	MILTONS	
SAVIO	GWU	MIT	IOTAS
ESCROWS	MEA	CAN	SGT
AMY	KNOWS	YOUR	NAME
LEW	EDD	IAN	TIMPANI
INAPT	ELM	END	RARAE
ELLISON	STAI	D	EPIGRAM
NOLL	TOT	AND	INEZ
BLOOPS	ANN	RENDER	
ITA	TEQUILA	SUNRISE	
DONAT	NLER	DEC	BIAS
EAGLE	MAKEMINE	ADDOUBLE	
ADEER	OMA	ENID	ELLIOT
LYRES	DIS	YAK	LEASES

Sudoku Answers

7	4	1	6	9	2	3	5	8
6	9	5	4	3	8	2	1	7
8	3	2	7	5	1	4	6	9
1	8	3	5	7	6	9	4	2
2	7	6	1	4	9	8	3	5
9	5	4	2	8	3	1	7	6
4	1	8	9	6	7	5	2	3
3	2	7	8	1	5	6	9	4
5	6	9	3	2	4	7	8	1

The Basic Rules of Sudoku:
 • There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 • When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 • Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 • Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 • Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: PUTTY DOUSE COGNAC NIMBLE
 Answer: When the couple tried out their new furniture while watching TV, they watched a — SITCOM

Classifieds

LOST AND FOUND

Lost: Balinese cat, looks like siamese with long hair. Silver-gray face, legs and tail, long, creamy white fur on body, fluffy tail. Answers to BaeLei (Bailey) Call: 248-789-0836 or Terry Neugent. Last seen Friday at Mutual 2 between buildings 53 and 54. 10/31

GENERAL

Travel Partner Wanted: Recently retired commercial pilot seeks travel partner. Call 562-572-0830 11/21

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN0001. 12/26

JAFRA COSMETICS by Helen

LW Resident 562-421-5811
www.jafra.com/hwells
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Anti-aging products, makeup, gifts.

FREE ITEMS

FREE: Dog, male Pom-A-Poo. 10 years, so sweet, all shots. Needs a good, loving home. 513-490-6250.

GARDENING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

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Specializing in remodeling, Additions, Reconstruction, Window replacement and more! Call for a free estimate.
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Professional and reliable. specializing in remodeling, plumbing and electrical. . Work warranty. Lic. #BU21900024. 310-951-1403. 10/10

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Sound proof walls. Triple pane windows. Ceiling made smooth. Recessed lights, tile, laminate installation, crown molding, window frames painted whited.
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Big or small, I do it all. Car detailing to all home improvements. Call 562-387-5187 10/24

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We make your **SHOWER/TUB** brand new and or convert it to a **WALK IN SHOWER** serving L.W. since 1999. Nu Kote 562-833-3911 license #699080. 10/31

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Interior paint and specialty finishes, cabinets, murals and more.
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Premium paints, primer all wood. 40 years in LW.
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562-596-0559. 11/27

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Painting - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call Jerry (714) 826-8636. CA State License #675336. 12/19
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Interior Flooring Solutions
Hardwood floors, carpet, laminate, vinyl planks.
25 years experience.
Contractor License 1043763. 12/05

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LW DECOR INC.
Tile, laminate, vinyl plank, patio carpet. 40 years in Leisure World.
Contractor License 723262. 11/27
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CARPET CLEANING SPECIALS!!!!!! DEALS!!!!
Carpet cleaning \$45 per room minimum 2 rooms.
Upholstery/Tile & Grout, and steam cleaning extraction.
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CLEAN, REPAIR, REPLACE.
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New screens, re-screening, screen doors, retractable screens, new and repair. Call today. (562) 493-8720. Since 1988. State Contractors Lic. #578194.

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10% OFF FIRST CLEANING
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LW resident, Rich Livitsky.
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LW DECOR INC.
Blinds, shutters, shades, 40 years serving Leisure World.
Contractor's License #723262.
LW DECOR INC.
562-596-0559. 11/27

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, **562-431-3182, 562-357-4243.**

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and selling of your golf cart. 562-431-6859.

Let's lower your ears - I'll make you look your best! Call 562-565-3683.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

BEAUTY SERVICES

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 10/31

Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 12/26

Hair stylist, 35 years experience at ABC Extension Salon. Rollerset, perm, color, and more. In-home appointments available. Call Mavis 714-757-0187. License #KK203303. 10/31

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 10/31

PERMANENT HAIR REMOVAL, FACIALS

Electrologist w/25+ yrs Experience
Marlyn Palmquist, CPE.
www.2behairfree.com
310-291-7431.
The Sanctuary Salon,
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Seal Beach Business License
SBA0003.

PERMANENT MAKEUP for Eyebrows, eyeliner, lip line. 27 years experience, 10 years in LW with references. Loann: (310) 938-8808. Cosmetology license #KK5976. 12/26

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Just Like Your Daughter
Personal Assistant/
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Available for:
errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay
All with compassion and care.
Just Like Your Daughter
Call Janice, 714-313-4450
SB Lic. #JUS0006/Bonded 10/31

Affordable Caregiver. Assist with showers, Dr. Appointments, medications, light house-keeping, etc. Live in Long Beach #ROD0003 Elizabeth 951-867-1275 11/14

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Affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 12/19/19

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006.

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 11/14

Personal Assistant: Provide Transportation medical appts/store. Pet Sitting and Dog walking as well Vicki Stephenson: 714-770-7357. 11/07

EXPERIENCED CAREGIVER
Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895.** Seal Beach License PAN0003 12/26

Experienced Personal Assistant Available. I can help with:
• Grocery shopping
• Home organization
• Walking Dogs
• Watering Plants
• House Sitting
• Holiday Cards
• And more!
I would love to help you out with day to day errands. I'm a local resident in seal beach. Call Ashley 949-216-0457 11/21

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Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured.

HOUSE CLEANING

MOVE-IN, MOVE-OUT
WINDOWS,
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CALL PHIL AT
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Over 30 years Experience!
Seal Beach Business
License #AB0001. 10/31

MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days - call anytime! Complete cleaning. Seal Beach Business License #M0001a
Call 562-505-1613 11/28

GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning
General housecleaning
Excellent referrals in LW
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Seal Beach Business License
gra0006. 1/30/19

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\$30.00 Computer Tune-Up
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Computer Running Slow! Call John LW Resident. SB License FUH0001. 12/26

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Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 12/05/19

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Golf Cart \$800 or make an offer. 714-287-6065 10/31

TRANSPORTATION

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. 10/31

Rides by Russ, with the personal touch

For over 4 years I have been giving all types of rides to Leisure World residents. Rides to the airports, doctors, cruise ports, shopping and errands I also enjoy helping my neighbors with chores and maintenance around their homes. Russ 714-655-1544. 11/21

A PERSONAL DRIVER IS WITHIN YOUR REACH
Conscientious, Dependable, Professional. Providing locals trustworthy affordable transportation. perfect for patients, professionals, and anyone who needs regular or sporadic transportation.
CALL 562-537-1298. James. 10/24

Need a lift? Pam Miller. LW Resident. 310-227-1258. 10/10

AUTOS/BOATS/RV'S TRAILERS WANTED

ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 1/08/20

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J&D HAULAWAY AND CLEAN-UP SERVICE
No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787 11/14

A FRIEND AND A TRUCK
Your moving service, any size job. Call 310-387-2618. Business License RO263644. 12/26

ESTATE/MOVING/PATIO/CARPORT SALES

Estate Sale Coming Soon
Thursday, November 7, 2019
9 a.m. to 2 p.m.
1460 Pelham Road #106E 10/31

October Sale- Holiday dresses, separates, all sizes at give-away prices! Purses, fashion jewelry, shoes, knick-knacks, piano music and misc. items. Bargains Galore! 1540 Northwood rd. 270 A. Thursday, Friday, Saturday, Sunday. Dutchy: 562-430-1927 10/31

Estate Sale: 13100 Shawnee Lane 28J. November 1st and 2nd; Friday 9-2 and Saturday 8-12 p.m. Everything must go! Furniture, dishes, paintings, TV, bed, etc... there is something for everyone!

Hummel Plate, Patio couch and chair, heater, kitchen stuff, Tiffany, hurricane lamps. Mutual 2, unit 21E Thursday ONLY

ESTATE SALE, MUTUAL 3, 35B, 13641 Alderwood, Oct 31 and Nov 1st, Thursday and Friday from 9am to 2pm. Beautiful furniture, Sofa and matching Love Seat, Dining Table w/2 leafs and 8 chairs, Credenza, 47 In Flat TV, TV Stand, Buffet, SPIT FILE SCOUT SCOOTER and Wheel Chair Scooter, Corner desk, Full size Mattress, Water dispenser, Stainless Ware, Linens, book shelves and books, kitchen items and much more.. Please come by and say Hi! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016.



Estate Sale
1502 Golden Rain Road
Apt. 46K Mutual 2
Oct. 31, Nov 1, 9:00 am to 2 pm
Parking is available on Thunderbird or Cedar Crest.
Sofa bed, beautiful maple dining table seats 4-8, recliners, curio cabinet, bookcase, roll top desk, dressers, full beds, vintage Christmas decorations, fashion jewelry Glinda Davis 714 943-1818 Seal Beach license GDD0001 13101 Nassau Dr, Seal Beach, CA 90740. See pictures at https://www.flickr.com/photos/120349245@N07/albums

Classifieds

CARPORTS/CARPORT LOCKERS WANTED

Looking for carport 32 in M2. Call from 9-4p.m. 562-594-3975

WANT TO BUY

Wanted: DVD player. Please call and leave a message for Connie: 562-430-3840 10/31

Wanted: Innogen 4 oxygen machine Call 818-321-1590 11/7

L.W. APARTMENTS FOR SALE

LEISURE LIVING: Mr Hank & Associates 25 YEARS IN L.W.

Best buy: corner 2 bed/ 2 bath M@ 44G, Very secluded unit, only \$229,000

Free large 2020 calendars. Pick one up at L.L.R next to Wells Fargo Bank

Over 125 units for sale

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Companion Lawn Crypt For Sale at Forest Lawn, Cypress. 3AB, Block 2900 located in the Garden of Protection Section. Situated adjacent to the Ascension Mausoleum. Forest Lawn has valued this Companion Crypt at \$12,500.00 Our asking price is \$9,500.00 plus Forest Lawn's \$250.00 transfer fee. If interested, please call Susan Schafer at (714) 457-5923.

HELP WANTED

Santa Fe Importers Italian Deli
Positions available for counter help, cashiers, and prep cooks. Full and part time positions available. Flexible hours. Looking for friendly, upbeat, service-oriented people who have a love of good food. \$12-\$13/hr. Sick pay. Benefits for full time positions. Applications available at 12430-B Seal Beach Blvd., Seal Beach 90740 in the Ranch Town Center next to Starbucks. 11/28

LOOKING FOR PART-TIME CAREGIVER: Need help Friday afternoons into evening. Other days/shifts also possible. Assist an overall healthy 89-year old female with meals and safely getting around home. Spanish speaker a bonus but not required (She is bilingual). Hours perfect for a retired person or student. Pay DOE. Ask for Christy or Chris at (714) 330-5802 or send us a text!

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 11/14

MISCELLANEOUS FOR SALE

Ipad, mini with case. Barely used. Model A1432 \$150. 562-431-6346
Recliner: Like new, black faux leather. asking for \$125 OBO. Call 513-490-6250

Light weight transport wheelchair, \$45, walker with brake \$25, both like new. Call 562-596-3856 or 370-8477. 10/31



JOYCE REED
Resident Broker
Notary Available
596-8656



Mutual 15, 1-D \$265,000
2-bedroom, 1-3/4 baths, expanded with small patio. Close to Main Gate, laundry and carport.



Mutual 9, 232K \$165,000
Cute 1-bed partial expansion, heat pump, close to carport. Move right in.

Unbelievable Real Estate
DRE#00460268



2 Bedroom, 1 Bath
Skylights, DW, 3 Zone AC, Fresh Paint, Large Storage Room
1261 Knollwood Rd 45J - Mutual 4 - **\$239,000**



2 Bedroom 2 Bath, Greenbelt Views
Skylights, Upgrades, Charm - 1320 Kenwood 158B Mutual 7 - **\$299,500**



Full Expansion
1660 Northwood Rd 276L 2 Bedroom 1 Bath
Fully Expanded, Drive Up, Greenbelt, AC, Dual Pane Windows
Endless Possibilities
Mutual 11 - **\$269,000**



2 bedroom, 2 Bath, Seeing is Believing
Fully remodeled, Great Views, Tranquil Setting
1901 McKinney Way 16Q Mutual 15 - **\$319,000**



FIRSTTEAM REAL ESTATE
JOHN WEBSTER 818-398-4124
johnwebster@firstteam.com
Realtor® Certified Re-Marketing Specialist



2 Bedroom 2 Bath
Light and bright, Dual Pane Windows and Heat Pump steps to parking and laundry
1811 St John Road 41E Mutual 15 - **\$269,000**



2 Bed, 2 Bath
Drive Up Corner, Greenbelt View, Expanded Living and Master, Beautiful Hardwood throughout, Laundry, Central AC, Dual Pane Windows, Patio Entrance, Remodeled and Updated tastefully
1860 St. John Road 32A - Mutual 15 - **\$389,000**



Magic Triangle in Mutual 11
Remodeled Kitchen and Bath, Laundry, Skylights, Central AC Dual Pane Windows, Laminate Floors, Spectacular
13100 Shawnee Lane 280J Mutual 11 - **\$318,000**



Jim Duncan
Broker/Manager



Susie Allen



Barbara Diette-Dobias



Robin Gray



Kathy Gupton



Gloria Hadley



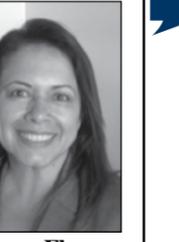
Edwina DiMario



Vickie Van Ert



Mary Chittick



Diana Flores



Suzanne Ahn

(562) 594-0515

1900 St. Andrews Dr., Suite C
Seal Beach, CA 90740

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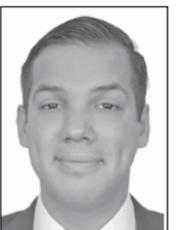
13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley



Linda Patton



Adrian Villarreal

Two-Bedrooms

Mutual 12 62E \$185,000 Skylights, cut-down shower, newer heat pump, great price
Mutual 2 10H \$200,000 New windows, 2 large skylights, white bamboo wood floors
Mutual 11 278J \$208,000 Granite counters, dual pane windows, lam, floors
Mutual 10 238F \$240,000 Basic corner, wrap around patio, newer paint, carpet
Mutual 15 41H \$249,000 Faces south, 2 baths, corner, partial expan.
Mutual 7 153E \$254,900 1-1/2 baths, south facing, lam. floors, clean
Mutual 6 64B \$260,000 Partial expan., cent. air, new laminate floors
Mutual 6 137A \$263,000 Corner, cent. air, washer/dryer, move-in-ready
Mutual 7 168E \$320,000 Full expan., 1 1/2 baths, washer/dryer, cent. air, location
Mutual 11 268 K \$369,900 Complete remodel, washer/dryer, dual pane

Mutual 9 218F \$385,000 One of a kind, 2 bathrooms, washer/dryer, private location
Mutual 8 184K \$412,000 Washer/dryer, 4 skylights, green belt, very nice
Mutual 9 226L \$437,000 Fabulous greenbelt, washer/dryer, move-in condition
Mutual 15 25F \$476,000 1-3/4 baths, washer/dryer, cent. air, btfl. remodel.

One-Bedrooms

Mutual 4 78B \$155,000 Enclosed patio, drive up, skylights, lam. flooring
Mutual 1 47D \$187,000 Dream location, dual pane windows, a must see



Fay Wescott



Philip Bak



Leah Perrotti



Jay Cho



Estee Edwards



Conrad Rodriguez



Irv Hart



Joanie Korman



Tim Kearns



Jong Kim



Paul Kim



Chris Kim



Erika Shapiro

Resales Specialist • Mutual 17 Resident
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COUNTRY COTTAGE
 2 BDR, 2 bath, greenbelt.
 Move-in ready, white kitchen,
 washer & dryer, close parking.
Mutual 10, 246L \$419,000



ELEGANT EXPANSION
 on a pretty greenbelt. 2 BDR/1
 Bath, new kitchen, formal dining,
 four skylights, south facing,
 washer & dryer
Mutual 10 - 253E \$325,000



BEAUTIFUL GREENBELT
 2 BDR, 1-1/2 bath,
 Gourmet cook's kitchen,
 3 bay windows, washer/dryer,
 new flooring, move-in ready.
Mutual 12, 45D \$399,000

REDUCED MOVE-IN READY
 2 BDR/1 1/2 bath, fully expanded
 corner drive up, washer/ dryer,
 dishwasher & more
Mutual 2, 19F \$339,000

I SOLD 26 in 2018
I SOLD 34 in 2017
I SOLD 47 in 2016
I SOLD 36 in 2015
I SOLD 35 in 2014
I SOLD 60 in 2013
I SOLD 42 in 2012
I can sell your's too!

2 BDR/1 Bath, Basic unit, facing
 South, private entrance, Cut
 down Shower, lovely courtyard.
Mutual 6, 144E \$182,900

BASIC 1 BDR
 on a nice greenbelt, walk in
 shower, skylights, fresh paint.
Mutual 3, 7C \$135,000

2019 ESCROWS

Mut. 6, 56L	\$340,000
Mut. 11, 276i	\$145,000
Mut. 4, 52B	\$165,000
Mut. 9, 219F	\$175,000
Mut. 11, 282B	\$225,000
Mut. 17, 93S	\$369,000
Mut. 11, 284D	\$187,000
Mut. 9, 225F	\$195,000
Mut. 3, 29I	\$145,000
Mut. 9, 231E	\$175,000
Mut. 15, 1G	\$265,000
Mut. 2, 57C	\$145,000
Mut. 9, 210H	\$189,000
Mut. 5, 103K	\$225,000
Mut. 11 267H	\$179,000
Mut. 8, 183E	\$220,000
Mut. 17, 93A	\$369,000
Mut. 11, 284D	\$189,000

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SHOWING ALL LISTINGS
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NEW LISTING
Mutual 14 Del Monte 28e
 2Bd/1Ba Extended unit, NEW
 carpet, NEW Paint & Blinds,
 White Kitchen, Washer/Dryer,
 walk-in closet, Skylights, tile patio
 w/Stacked Stone and storage closet.
WONDERFUL UNIT \$274,000



Mutual 4 - 47h Knollwood
 Gorgeous 2 Bedroom/2 Bathroom
 Remodel sits on wide V-greenbelt,
 Chef kitchen, skylight, W/D, laminate
 floors, dual pane windows.
Stunning! Tons of Details \$398,000



COMING SOON
Mutual 1 Very Private
 RARE Extended 1Bd/1Ba, sits
 privately on greenbelt.
 South Facing, extra-large
 closet w/Carport and Laundry
 Steps away from unit!!
Perfect starter unit in LW



FEATURED UNIT
Mutual 1 - 37L Annandale
 2Bd/1Ba Expanded Corner Unit
 So-East Exposure on Greenbelt
 Super Bright, Laminate Floors
 Skylights, CLEAN. Carport space is
 close to unit, walk to shopping center!
Great Price Value \$214,900



Our Buyers LOVE US!
 M12 2Bd/1Ba \$180,000 Closed Escrow
 M12 2Bd/2Ba \$343,950 Closed Escrow
 M11 2Bd/1Ba \$426,000 Closed Escrow
 M16 1Bd/1Ba \$140,000 Closed Escrow
 M14 2Bd/1Ba \$254,900 Closed Escrow

Our Buyers LOVE US!
 M12 2Bd/1Ba \$180,000 Closed Escrow
 M12 2Bd/2Ba \$343,950 Closed Escrow
 M11 2Bd/1Ba \$426,000 Closed Escrow
 M16 1Bd/1Ba \$140,000 Closed Escrow
 M14 2Bd/1Ba \$254,900 Closed Escrow



PENDING
Mutual 12 - 42a Interlachen
 Nicely Upgraded Corner 2Bd/2Ba
 "WOW" Kitchen, Dual Pane Bay
 Windows, Built-ins, Central Heat/
 Air,W/Dryer, Granite, extras!
This GEM has it all! \$325,000



COMING SOON
Mutual 2 Nicely Upgraded
 New Laminate Floors, Skylights,
 NEW Paint/Cabinets, Hardware,
 Light/Bright, Nice Porch!



PENDING
Mutual 14 - 20e Sunningdale



PENDING
Mutual 11 - 265G Interlachen

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Robin Gray & Barbara Diette-Dobias

Robin Gray
(562) 209-5605
 rwgraysales@verizon.net
 DRE 01027333

Your Leisure World Sales Team

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Barbara Diette-Dobias
(562) 754-5628
 barbaradobias@gmail.com
 DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 9-218-F \$385,000
PRICE TO SELL ... Completely
 One-of-a-Kind Remodel! This el-
 egant drive-up home has it all ...
 Privacy, 2 beds, 2 baths, bay
 windows with seats and planta-
 tion shutters, gourmet kitchen
 with stainless steel appliances,
 tile floors, smooth ceilings,
 crown molding, recessed light-
 ing, fresh paint, central heat/
 air, w/dryer, large walk-in show-
 er in the master bath - plus a
 bathtub in the guest bath!



Mutual 7-168-E \$320,000
GREAT PRICE ... Steps to Cen-
 tral Park ... Remodeled and ex-
 panded 2 bed - 1.5 bath on a
 green! Pretty wood and marble
 floors, newer kitchen with gran-
 ite counters, NEW central heat/
 air, w/d, skylights that open,
 smooth ceilings, crown molding,
 recessed lighting, bay windows,
 and a French door that leads to
 the brick patio.



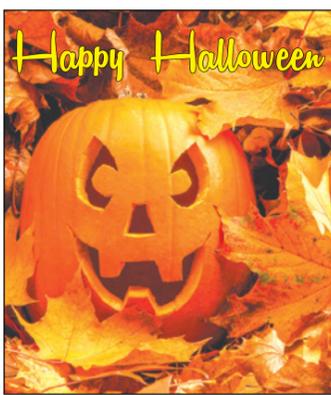
Mutual 11-278-J \$208,000
NEW LISTING ... Two bed-
 room, 1 bath basic unit on a
 pretty courtyard setting! New-
 er dual pane windows, heat-
 pump, granite counters in the
 kitchen and bath, solar tubes,
 covered patio with storage, and
 close street parking.



Mutual 12-62-E \$185,000
TAKE A LOOK AT ME NOW!!
 Basic two bedroom one bath.
 With New paint, cut down
 shower, skylights, cleaned car-
 pets, newer heat-pump, East
 facing on a courtyard with
 close parking! Come and make
 your touches and call it your
 home! Great price, Call to see!

Together WE Have Over 30
 Years of LW Experience
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Mutual 8-184-E
 Basic 2 bd - 1 ba on a NE facing
 greenbelt setting. Remodeled
 kitchen with dishwasher and
 built-n microwave. Remodeled
 bathroom. Laminate Floors,
 skylights and forced Air
 Heating & Air.



PRICE REDUCTION
Mutual 11-268-K \$369,900
FABULOUS ONE-OF-A-KIND
 drive-up! Looking for it all ... Re-
 modeled 2 bed, 1.5 bath with
 the kitchen moved to the front
 and a window over the sink!
 Granite counters, smooth cat-
 hedral ceiling, crown molding,
 beautiful floors, recessed light-
 ing, skylights, central heat/air,
 spa tub in master bedroom, side
 by side w/d and so much more ...



TAKING BACK-UPS
Mutual 2-53-D \$204,000
NEW LISTING ... Adorable
 cottage with a wonderful
 ocean breeze - 2 bedrooms,
 1 bath with pretty laminate
 wood-look floors, New bath-
 room tile floor, New paint
 through-out, tiled patio with
 built-in storage, and an en-
 closed front patio giving you
 extra space without the add-
 ed cost and a gorgeous view of
 the oversized courtyard and a
 fabulous tree!



LISTED & SOLD IN ONE DAY
Mutual 10-249-I \$310,000
 2 Bedroom, 1 - 1/2-Bath



PENDING
Mutual 7-153-A \$258,500
 2 bedroom 1 Bath basic



PENDING
Mutual 15-23-R \$349,990
 Open concept living upstairs

PENDING
Mutual 10-249-I
Mutual 2-53-D
Mutual 15-23-R
Mutual 7-153-A
Mutual 6-143-E
Mutual 3-20-B
 3727 Canehill, Long Beach
 455 Galleon Way, Seal Beach

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Kathy Gupton
Associate Broker
DRE # 00744676

562 618-9940

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Gloria Hadley
Realtor®
DRE # 01057681

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Mutual 15, 25F \$476,000

Fabulous 2 bedroom, 1-¾ bath, remodeled atrium floor plan, featuring an open kitchen with custom cabinets with pull-out shelves, lazy-susans, granite counters, stainless steel appliances including dishwasher, microwave and beverage cooler. Also a water purification and filter system. Dining room is adjacent to sizable living room. Master bedroom has mirrored wardrobe doors. Private full bath has granite counters and bathtub enclosure. Second bedroom may be used as a den or office, has mirrored wardrobe doors, ceiling fan and built-in shelves. Second bathroom has granite counters, walk-in shower and stacked washer/dryer. Atrium has an electrically operated skylight. Additional features are double-pane windows with shear covered blinds, central heat/air, hardwood floors. Private large enclosed brick patio partially covered with extra storage cabinets and jacuzzi.



Mutual 4, 78B \$155,000

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space that may be used for office, dining or den, also has large storage room. Living room open, kitchen bright with skylight, Built-in appliances, wood cabinets. Bedroom has glass sliding doors that lead to patio enclosure, Bathroom with skylight, white cabinets, vinyl flooring. Other features are carpet in living room and bedroom, laminate flooring in kitchen and enclosed patio, white blinds, wall air conditioner. This is a light bright unit.



PENDING

Mutual 15, 40B \$279,000

Atrium home with highly desired floor plan, 2 bedroom, 1 bathroom. Private patio with storage.

NEW LISTING



Mutual 15, 32K \$249,000

Eloquent traditional home featuring 2-bedroom, 1-¾-bathroom, spacious living room and formal dining room with ceiling fan. Living room has custom draperies framing triple-pane windows and over-looks an open balcony and beautiful tree-lined greenbelt. Kitchen has white cabinets, built-in electric appliances and double-pane windows. Master bedroom suite has double-pane windows, mirrored cupboard and 2 wardrobe closets. Master bathroom has bathtub with shower and skylight. Second bedroom has lots of closet and cupboard space and double-pane windows. Second bathroom has stall shower and skylight. This lovely home has carpeting throughout, leaded glass entry door and is close to drive-up parking and carport. This charming home is definitely a must see.



PENDING

Mutual 10, 250A \$449,000

2-bedroom, 1-¾ -bath corner, fully expanded



PENDING

Mutual 1, 2F \$369,000

Expanded 2-bedroom 2-bath on greenbelt



PENDING

Mutual 6, 128G \$289,000

Expanded 2-bedroom corner



PENDING

Mutual 17, 88A \$469,000

2-bedroom, 1-3/4-bath condo.



PENDING

Mutual 12, 72H \$369,000

Expanded 2-bedroom, 2-bath



PENDING

Mutual 4, 89D \$197,000

Expanded 1 bedroom 1 bath on greenbelt.



PENDING

Mutual 5, 96G \$318,000

2 bedroom 1 bath corner facing greenbelt.



PENDING

Mutual 11, 265L		Mutual 10, 247H	\$159,000
Mutual 15, 28G	\$389,000	Mutual 4, 48K	\$225,000
Mutual 1, 42J	\$148,000	Mutual 9, 237G	\$315,000
Mutual 1, 44B	\$179,900	Mutual 5 124L	\$265,000

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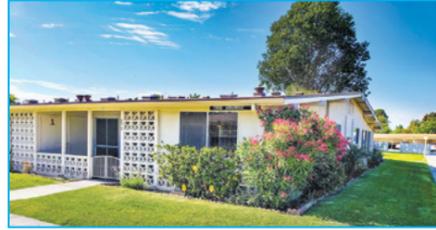
Maryann Shaddow
Realtor®



MUTUAL 10 - 256G
\$249,900
Fully expanded corner unit
in lovely spot



MUTUAL 14 - 32F
\$248,900
Very nice clean basic floor plan
with large patio



MUTUAL 1 - 40G
\$249,000
Partially expanded two-bedroom corner;
Dining added



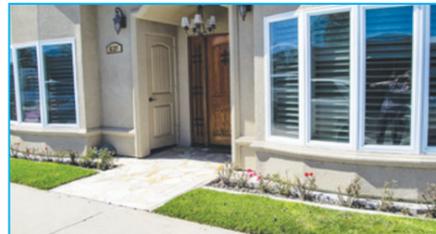
MUTUAL 15 - 22E
\$199,000
Spacious upstairs "Treehouse" with large dining area
end enclosed patio, Must see!!



MUTUAL 2 - 62F
\$299,000
Fully expanded two-bedroom corner unit;
Easy access



MUTUAL 2 - 43H
\$130,000
Great price on this one-bedroom unit;
Close to "downtown"



MUTUAL 12 - 62F
\$459,000
Expanded corner; 2 bedrooms, 2 baths;
Bay windows; remodeled kitchen; Central air



MUTUAL 2 - 15F
\$499,000
Modern Expansion Two full bathrooms: Built in
fireplace and 65" TV, Best in LW!



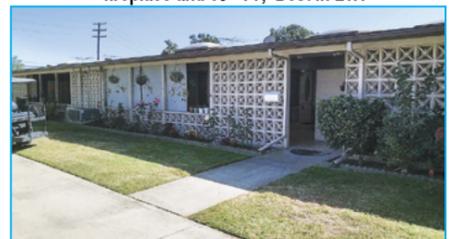
MUTUAL 9 - 222A
\$475,000
Lovely Modern expansion; Has everything - Two full
baths, Two master suites; Oversized kitchen



MUTUAL 4 - 73F
\$425,000
This two-bedroom remodeled unit has everything!
Two baths; W/D; G/B; Easy access; Check it out!



MUTUAL 3 - 4E
\$189,000
Great price on this Two bedroom unit;
Enclosed patio



MUTUAL 11 - 278I
\$219,000
Two-bedroom unit in great location



MUTUAL 3 - 23G
\$485,000
Remodel, Two Bed-
rooms; Two Baths;
W/D; Bay Windows,
Corner; central location



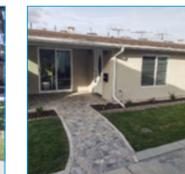
MUTUAL 7 - 176E
\$210,000
Lowest priced two
bedroom with
washer and dryer



MUTUAL 2 - 36L
\$249,000
Expanded two-bed-
room unit;
Easy access



MUTUAL 15 - 23C
\$275,000
Expd. two-bedroom,
two-bath corner unit;
1300 sq. ft.; Lots of
room & Easy access



MUTUAL 2 - 30F
\$499,000
Modern expansion; Has
everything;
Two baths, W/D



MUTUAL 2 - 29D
\$499,000
Very different floor
plan; Two baths;
W/D, patios



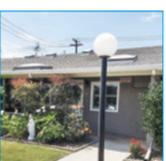
MUTUAL 15 - 29R
\$269,000
Basic upstairs unit with
enclosed patio,
dishwasher



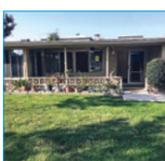
MUTUAL 3 - 26L
\$499,000
Fabulous MODERN
expansion; Has every-
thing! Two baths;
W/D: A Must See!



MUTUAL 1 - 11D
\$175,000
One-bedroom unit;
Close to
large greenbelt



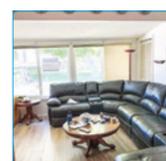
MUTUAL 10 - 257K
\$279,000
2 Bdrm 1 Bath w/
W/D
& Many Upgrades



MUTUAL 12 - 64C
\$270,000
Two bedrooms; 1 1/2
bath; 2 times expan-
sion; greenbelt.
Freshly painted;
laminat flooring



MUTUAL 8 - 196H
\$242,500
Partially expanded
two-bedroom unit;
Pretty spot



MUTUAL 8 - 199I
\$259,000
Two-bedroom unit
on a lovely green;
Expanded



MUTUAL 8 - 180K
\$150,000
Great price on this
one-bedroom unit



MUTUAL 15 - 44A
\$299,000
Best price on an
Atrium corner;
Approx.
1100 sq. ft.!



MUTUAL 7 - 145G
\$259,000
Fully expanded
corner unit;
Easy access



MUTUAL 5 - 97D
\$339,000
Fully expanded
two-bedroom unit;
washer/dryer



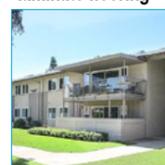
MUTUAL 12 - 35B
\$244,900
Expanded two-
bedroom unit; 1.5
baths; Easy access



MUTUAL 1 - 32K
\$179,000
Fully expanded one-
bedroom unit;
South facing



MUTUAL 2 - 9L
\$498,000
Full modern expd.
with everything; 2
bath; washer/dryer;
central air; corner



MUTUAL 15 - 37Q
\$259,000
Two bedrooms,
Two baths, Upstairs
unit;
On lovely green;
Move-in condition



MUTUAL 15 - 46M
\$249,000
Great Reduction!
Two bedrooms,
Two baths, Upstairs
Unit; Faces breeze



MUTUAL 2 - 10I
\$277,000
Partially expd. two
bedroom,
remodeled kitchen,
Travertine floor



MUTUAL 1 - 5G
\$259,000
Partial expansion
of two-bedroom
corner; on great
greenbelt



MUTUAL 3 - 31A
\$319,000
Partial expansion;
small patio;
Very nice spot
Nice central
location



MUTUAL 8 - 178F
\$484,900
Designer's Dream;
Modern
Two-bedroom
corner remodel!



MUTUAL 15 - 23K
\$263,500
Upstairs two-bed-
room, two-bath unit;
Plantation shutters;
very clean unit



MUTUAL 9 - 222L
\$339,000
Fully expanded
corner, new
paint and carpet



MUTUAL 3 - 25A
\$369,000
Corner hi-side exp.
2 heat pumps,
washer/dryer

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 Seal Beach, CA 90740

For 2019, I have a total of **80** Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



1603 Monterey Road #22L | M2 | \$479,000
 New construction: 2 bedroom, 1 ¼ bath. Gourmet kitchen with stainless steel appliances. Wall mounted fireplace, washer/dryer, dual pane windrows. Great location.



1601 Glenview Rd #64A | M12 | \$372,000
 2 bedroom, 2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven and many other upgrades.



1280 Weeburn Rd #31G | M3 | \$239,800
 Beautiful 2 bedroom, 1 bath corner unit. Dual pane windows, laminate flooring, new carpet, 2 A/C heat pumps, stone countertops and backsplash. Microwave, upgraded cabinetry, 2 skylights.



1563 Monterey Road #23G | M2 | \$249,000
 Partially expanded corner unit. Surrounded by green, open space. 2 bedroom, 1 bath, has A/C heat pump, dishwasher, ceiling fan & 2 skylights. Laminate and vinyl flooring. Large finished storage unit.



1800 Sunningdale #18G | M14 | \$418,000
 Remodeled corner 2 bedroom, 2 bath unit. Great drive-up location close to golf course. Bay windows, crown molding, shutters, central A/C, washer/dryer, Skylights, kitchen pantry will pull out shelves.



1330 Oakmont #144L | M6 | \$242,000
 Corner 2 bedroom, 1 bath, partially expanded unit. Dual pane windows, A/C heat pump, dishwasher, microwave, water filtration system, skylights.



13822 Fresh Meadow #14K | M3 | \$114,700
 Perfect 1 bedroom unit to remodel and make into your own charming bungalow. Overlooks nice greenbelt with parking and laundry nearby.



13630 Alderwood Lane #77L | M4 | \$210,000
 Original corner unit in with 2 bedroom, 1 bath. Storage on patio. Make this unit your own..



13560 St. Andrews Dr #3B | M14 | \$449,000
 Fully expanded 2 bdrm, 1 1/2 bth. Remodeled, new Stainless Steel appliances, central A/C and heat, dual pane windows, plantation shutters, wshr/dryer, 4 skylights located on 1st tee of golf course



1781 Sunningdale Rd #48L | M14 | \$388,000
 Fully expanded corner unit with side patio. 2 bedroom, 2 bath, central A/C, remodeled kitchen, smooth ceilings, bay windows, washer/dryer, walk-in closet. Close to parking.



I have access to the total inventory!

On **October 29th, 2019** a total of **122 units** show as active listings on the CRMLS (this is where Realtors list property for sale).

- 18** - 1 bedroom/1 bath from \$129,000 to \$199,000
- 48** - 2 bedrooms/1 bath from \$185,000 to \$369,000
- 56** - 2 bedrooms/2 baths from \$229,000 to \$499,000

Please give me a call for detailed information on any of these properties!





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