Weekly



The GAF will host a shredding event in CH 2 on Feb. 6 for safe disposal of sensitive papers.

Page 14





State health officials are warning that flu activity is widespread and is peaking earlier than usual. It's not too late to get a flu shot to protect yourself.

Page 2

LW LIBRARY



LA Arboretum trip is set for Feb. 20

The Leisure World Library is sponsoring a bus trip to explore the Los Angeles County Arboretum's 127 acres of plants, natural landscapes, wildlife and historic buildings on Thursday, Feb. 20; tickets: \$20.

The LA County Arboretum was opened to the public in 1956 and features more than a dozen gardens and geographical plant collections, including Africa, Australia, Madagascar and the Canary Islands.

To purchase tickets, stop by the Recreation Department in Building 5. For more information about the trip, call the library at (562) 598-2431. For information regarding ticket availability, call (562) 431-3586, ext. 326.

405 Freeway Update

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the L.A. County line.

For the next month, the northbound Valley View Street/Bolsa Chica Road off-ramp is closed. It is scheduled to reopen on Feb. 15. The ramp is being rebuilt. Construction is occurring along the entire stretch of the I-405 so drivers should watch for detour signs.

For more information and interactive maps, visit www.octa.net/images/ freeways/405/405closures.pdfor call 888-

GRF RECREATION COMMITTEE

Clubs can vie for three open flea market spots

The GRF Recreation Committee has approved three open flea market reservations a year, subject to clubhouse availability. Any LW club or organization may apply at the Recreation Office in Building 5 to host a flea market or rummage sale as an organization fundraiser. Winners will be drawn at random on Jan. 31.

Dates will be assigned by the Reservations Office according to the space available, but clubs may express a preference for the month or months they would prefer.

LOTTERY, page 9



These professors will be teaching free classes in Leisure World in the coming months. They are Yelena Hyatt-Somolina (I-r), painting; Bob Marlow, mature driving; Dolly Lin, yoga; Cheryl Tripani, ceramics; Danielle Bloom, technology-based devices; Dennis Davino, director of the LEAP program; and Janice Foust, foods and nutrition.

Capacity crowd reflects LW interest in on-site classes

by Ruth Osborn rutho news@lwsb.com

A capacity crowd filled Clubhouse 4 on Jan. 17 to greet an engaging group of professors who will soon bring a bevy of interesting classes to Leisure World as part of the community's new Learning Center.

Instructors from the North Orange Continuing Education (NOCE) introduced themselves to an estimated 200 residents after a welcome by GRF Recreation Chair Leah Perrotti and GRF Physical Property Chair Kathy Rapp and their committees. These women have been working for two years to bring education opportunities to Leisure World residents in the comfort and convenience of their own community.

The North Orange County Community College District, the oldest in the state, is comprised of Fullerton College and Cypress College—which offer associate degrees and adult education certificates—and the North Orange Continuing Education program. NOCE provides non-credit continuing adult education and community service classes at all three of its campus locations, as well as 109 off-campus locations, one of which is now Leisure World.

The program will be coordinatated through the Leisure World Library, with



More than 200 turn out to meet and greet the teachers coming to LW.

Library Operations Supervisor Vanessa Morris administering the venture.

"We did not expect such an overwhelming response," she told the crowd Friday as dozens more chairs were set up to accommodate the overload.

From the podium, Perrotti said she was excited to kick off the partnership between the GRF and NOCE and assured residents

NOCE, page 23

CALIFORNIA TELEPHONE ACCESS

Smartphone training classes are now full

Special California Phones are free to eligible Californians. Now, it's easier to hear, dial and make calls. The next free phone event is Jan. 24 from 9-11 a.m.

Bring your completed CTAP application with a doctor's signature and get your phone the same day.

CTAP applications can be picked up in the Optum Health Care Center, the Member Resource Liaison Office in Bldg. 5, first floor, or by calling (800) 806-1191 or visit www.CaliforniaPhones.org.

The Jan. 24 and Feb. 28 smartphone training classes are now full.

MLK Holiday Notice

In observance of Martin Luther King Day, all Golden Rain Foundation offices except Security will be closed Monday, Jan. 20.

The Leisure World Maintenance Department will be on call for emergencies only and may be reached at 594-4754.

January 16, 2020 | www.lwsb.com



COMMUNITY CHURCH

Pet care clinic will be Jan. 23, 9-11

A low cost veterinary service is available to Leisure World residents through the Pet Care Pet Clinic at LW Community Church,14000 Church Place, on Jan. 23 from 9-11 a.m. Annual vaccinations, \$25 exams and other services will be available. Prices are lower than those typically found at area veterinary clinics. Both dogs and cats are welcome.

"A healthy pet makes for a happy resident owner here in Leisure World," said Elaine Miller, one of the organizers.

Dogs should be on leashes and cats, in crates, for their safety. For more information, call Elaine at (925) 997-3412.

ALZHEIMER'S FAMILY CENTER

Mind Booster class starts Jan. 31

The Alzheimer's Family Center's (AFC) Mind Booster series is coming to Leisure World on Fridays, Jan. 31, Feb. 7, 14 and 21, from 1-4 p.m. in Clubhouse 3.

AFC's Mind Booster Series offers research-based classes take a proactive approach to understanding the causes and risk factors of memory loss. Pre-registration is required.

Cost is \$25, payable to Alzheimer's Family Center. To register, mail a check to Alzheimer's Family Center, 9451 Indianapolis Ave., Huntington Beach, CA, 92646, or contact Marie Oyegun at *MOyegun@AFSCenter.org*, (714) 593-9630. For more information, call GRF Member Resource & Assistance Liaison Cindy Tostado, LCSW, at 431-6586, ext. 317.

STATE DEPT OF HEALTH

Flu activity is widespread

Orange County and City of Long Beach health officials reported the first cases of fatal flu this week. Two men under age 55, one from Tustin, the other from Long Beach, both with underlying health conditions, have died from complications related to the flu. They were the first local flu-associated deaths this season.

Flu activity in California is now widespread and has reached levels not normally seen until later in the season, state health officials said Friday.

The California Department of Public Health has reported 54 cases of confirmed flu-related deaths statewide so far this season.

The last influenza report issued by the department in mid-November showed elevated activity of flu in every county around the state except for Orange, Riverside, San Bernardino, San Diego and Imperial counties.

The majority of cases that resulted in hospitalizations were in patients older than 65 years old, according to the agency.

It is not too late to get the flu vaccine. Most insurance plans, including Medicare, cover flu vaccinations. In addition, many pharmacies offer no- or low-cost flu shots in Orange County.

Current local information, including vaccination locations, is available at *www.ochealthinfo.com/flu* or by calling the Health Referral Line at 1-800-564-8448.

SB POLICE DEPARTMENT

Bench warrant scam is circulating

The Seal Beach Police Department has received several complaints regarding a bench warrant scam that is circulating the community.

The suspects in this scam call people, identify themselves as law enforcement officers and direct them to pay a bail or fine to prevent arrest.

The reasons for the warrant vary and most recently have been because they did not report for jury duty. They most often "spoof" the caller ID number to show the number or name of a local law enforcement agency. As with the other scams, suspects instruct people to obtain a prepaid credit card and give them the card number from the front of the card and the code from the back of the card.

Facts related to this scam:

- Law enforcement agencies will never demand payment for a warrant over the telephone.
- Payments related to warrants are handled through the court that issued the warrant.
 - You will never be restricted to one form of payment.
- If you provide the numbers for the prepaid credit card then the person can access the funds anywhere in the world.

What you can do to combat this scam:

- Don't call them back, or immediately hang up the phone
- Call the Seal Beach Police Department at (562) 799-4100 to determine if an SBPD employee is actually calling you and to file a report.
 - Contact the court directly to inquire about bail or fine payment.

 —from a SBPD press release

Food Distribution is Feb.19

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be Feb. 19.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more. For more information, call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

LW Library Reopens

The Leisure World Library, closed since Jan. 14 for its annual inventory, will reopen on Friday, Jan. 17.

The library, which is located near the North Gate between club-house 3 and 4, will resume normal business hours of 9:30 a.m.-3:30 p.m. tomorrow.

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Stay tuned to the Leisure World Weekly for event dates. You can also pick up an event flyer in the HCC lobby.

Upcoming events at the HCC:

Tues., Jan. 28: Eat Better, Feel Better Fri., Feb. 7: Women's Health Bingo

Fri., Mar. 20: Wound Care

Wed., Apr. 8: Staying Active – Shoulder

Wed., Apr. 29: Staying Active – Knee

1661 Golden Rain Rd., Seal Beach, CA 90740

For more information, visit **OptumCare.com/bettercare.**





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GRF CLUB POLICY

Changes spark rumors, and here is the reality

by Kathy Thayer assistant recreation manager

In September, the LW Weekly published an article on the changes impacting clubs under the new Policy 70-1203-1, Membership of Clubs, which became effective on Oct. 1. Since that time, much has happened, not the least of which is the circulation of rumors and misinformation that has caused misunderstanding within the community.

A petition was circulated asking to amend the policy regarding the requirements currently imposed on instructors who charge a fee. The policy requires the following compliance:

If a club uses an instructor who receives a fee or other remuneration, it needs to provide:

- A Seal Beach business license (state ordinance)
- Proof of Liability insurance
- A signed waiver of liability, holding GRF harmless

• Certification, where applicable, to teach the proposed class

GRF Executive Director Randy Ankeny has pointed out in various meetings that Laguna Woods was dropped by its insurance carrier last year due to liability claims. Laguna Woods residents are facing a substantial increase in premiums under a new carrier, which passed the cost on to residents. Walnut Creek was also impacted and one of its Mutuals will be paying the price. It is GRF's fiduciary responsibility to protect shareholder/members from this happening here by requiring instructors who make money with free overhead in our clubhouses to share in protecting shareholder/members by providing these safeguards.

The truth is that out of 32 clubs potentially affected by this policy, only four did not comply. Two of those chose to disband and two others are on hiatus while they seek new instructors.

Combining clubs has been another issue raised. While implementing the new policy disallowing duplicate clubs, the Recreation Department has endeavored to preserve as many reservations as possible. Three yoga clubs, for example, had a total of six classes a week. The policy states a club may have up to three reservations a week. With some creative planning, were able to combine the clubs into one and retain five classes keeping their same instructors.

One class we could not accommodate may be offered through a new collaboration with the North Orange Continuing Education program next semester. The class will be free to GRF members and taught by a certified yoga instructor, which would reinstate the Saturday class.

The four Red Hat clubs were incorporated into the Red Hat Society club, but all reservations remain intact. Members can choose to participate in each other's events or stay with their own group. Several smaller

CLUBS, page 23

HAVE YOU EVER MADE A NEW YEAR'S RESOLUTION?

Did you keep it? As a new year begins, people decide to change something about the way they live their lives.

New Year's Resolutions:

1. Eat Better

2. Reconnect with Family and Friends

3. HEAR Better...



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Perspectives

WATCH YOUR STEP

LoJack used to recover LW truck; new privacy act in effect

by Cathie Merz

cathiem_news@lwsb.com

Ron Wooten, Mutual 3, reported that his full-size diesel truck was stolen from Canoe Brook Drive near his home on Jan. 30 or 31. He could not see where it was parked from his unit so he is not sure exactly what day it disappeared.

He called Seal Beach Police to report it stolen and before the report was completed and filed, the truck had been located in the City of Orange. The police located it using LoJack.

According to a 2016 FBI Uniform Crime Report over 7,000 vehicles are stolen in the U.S. each year and 90 percent of the vehicles equipped with LoJack are recovered.

LoJack is integrated with state and local law enforcement agencies that track missing vehicles on computers using a radio frequency given off by the LoJack device.

The police apprehended a female suspect, according to

He said the grill had been painted black and the stereo was removed. The LW decal was removed from the windshield and the license plates and \$100 were

"They had smoked and vaped.

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You could die if you get in it," he said.

Wooten said the people who stole it were professionals and used a reader device to unlock the doors. A stack of credit card blanks were found in the cab by police.

A sweeping new California consumer privacy law went into effect on Jan. 1 that forces significant changes on companies that deal in personal data — and especially those operating in the digital space.

The California Privacy Act is described as "a landmark policy constituting the most stringent data protection regime in the United States." The impetus behind the law's passage came from major privacy scandals that include the Cambridge Analytica incident involving Facebook user

The law establishes a broad definition of "personal information," drawing in categories of data including a consumer's personal identifiers, geolocation, biometric data, Internet browsing history, psychometric data and inferences a company might make about the consumer.

The intentions of the Act are to provide California residents with the right to:

Know what personal data is

being collected about them

- Know whether their personal data is sold or disclosed and to whom
- Say no to the sale of personal
- Access their personal data
- Request a business to delete any personal information about a consumer collected from that
- Not be discriminated against for exercising their privacy rights

The law also prohibits companies from selling data related to children younger than 16 without consent.

The new law requires businesses to:

- Provide "Do Not Sell My Personal Information" links on business website home pages that direct users to a web page enabling them to opt out of the sale of their personal information.
- Designate methods for submitting data access requests, including, at a minimum, a tollfree telephone number.
- Disclose what data is collected, the purpose for which it is used, including whether the information is sold to third parties, the type of information and the types of third parties.
- Make sure consumers can access the information that the business holds about them and

www.sonushearing.com

SCAM, page 5

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.

Debra Fudge, Mutual 1, sends thanks to shareholder Suzanne Ahn for creating Korean language signs used at the Recreation Committee meeting to amend the Recreation Committee Policy 70-1203-1, Section 1.4.

Linda Banez, Mutual 14, thanks the Recreation Department for showing the movie, "The Russians are Coming, the Russians are Coming," on Jan. 5. She marveled at the film's timely message and the wisdom of the person(s) who, by design or chance, chose it for viewing. The story of ordinary, well-intentioned, but bungling people living during politically uncertain times, gave her encouragement - and a lot of hearty laughs.

Setting It Straight

An outdated show schedule for Musical Theater West was inadvertently printed in the Jan. 9 edition of the LW Weekly. For the 2020 show schedule, see this week's Arts section.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome



An Official Golden Rain Foundation Publication

Serving the Shareholders of Leisure World Seal Beach



LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

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Deadlines:

News articles, 4 p.m. Thursday prior to publication week; Classified ads, 2:30 p.m. Monday of publication week

Office hours:

8 a.m. to 5 p.m., Monday-Friday

Phone:

(562) 430-0534 after-hours voice mail, (562) 431-6586

Mailing address:

P.O. Box 2338, Seal Beach, CA 90740

Missing LW Weekly Newspaper:

(562) 472-1284

Delivery address: 13533 Seal Beach Blvd., Amphitheater Building Seal Beach, CA

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Government

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thursday, Jan. 16	Mutual 2					
Thursday, Jan. 16	Administration9 a.m. Mutual 11					
Friday, Jan. 17	Conference Room B1:30 p.m. Roundtable with Mutuals/GRF					
•	Administration 1 p.m.					
Tuesday, Jan. 21	Mutual 15 (rescheduled)					
Tuesday, Jan. 21	Clubhouse 4					
100000, , , , , , , , , , , , , , , , ,	Conference Room B 1 p.m.					
Wednesday, Jan. 22	Mutual 10					
Thursday, Jan. 23	Administration					
marsday, jan. 23	Administration					
Friday, Jan. 24	Mutual 6					
Monday Ian 27	Administration 9:30 a.m. Mutual 8					
Monday, Jan. 27	Administration					
Tuesday, Feb. 4	Mutual 16					
	Administration 9:30 a.m.					
Tuesday, Feb. 4	Mutual 17					
Wednesday, Feb. 5	Administration 1:30 p.m. CFO Council					
rrealization, resis	Conference Room B 10 a.m.					
Thursday, Feb. 6	Presidents' Council					
Mandan Fal 10	Clubhouse 4					
Monday, Feb. 10	Mutual 9 Administration9 a.m.					
Wednesday, Feb. 12	Mutual 4					
	Administration 9:15 a.m.					

GOP Club

The Leisure World Republican Club meets at 7 p.m. on the third Wednesday of each month in Clubhouse 3 Room 2. All are welcome.

Changes in California election law and OC Registrar of Voters regulations can be confusing, said LW Republican Club President David Harlow.

In an attempt to clarify election procedures, Harlow talked to OC election officials, GRF staff and representatives of the Election Integrity Project (California).

Election Integrity Project California is a non-partisan, non-profit, volunteer organization that has researched and observed California elections for more than eight years. Its goal is to provide citizen oversight to ensure that the state and its counties are complying with laws that protect the integrity of elections.

Ballots for the March 3 Primary Election will be mailed out Feb. 3. Neighborhood polling places are being eliminated and replaced by area Voting Centers and official Voter Drop Boxes throughout the county. There will be no Voting Center in LW, and according to election officials, no official Voter Drop Boxes are planned to be placed here either.

Voters who have difficulty getting around can vote by mail or give their ballots to someone they trust to deliver it to a Voter Center or the Registrar of Voters office. The ballot envelope must be signed by the voter. All Voter Centers can provide a ballot of any style, for example, a vote-by-mail ballot or a regular ballot.

A drop box will be provided by the Republican Club at its voter registration booth in front of Clubhouse 6. The booth will be open to receive ballots from people of either party or no party affiliation, as follows: on Mondays, Wednesdays and Fridays from 11 a.m.-2 p.m., Feb. 3-21; and every day from Feb. 23-March 3. Voted ballots received will be hand carried daily directly to the OC Voter Registrar's Office.

The Election Integrity Project advises that you should:

- •vote in person if you can, because votes cast by mail risk the possibility of being rejected, if, for example, your signature on the envelope does not look like the one on your voter registration form on file;
- watch the calendar and your mail for your ballot and report it missing if it does not come in a reasonable time (someone else could use it to vote twice);
- safely store the ballot that is mailed to you (to avoid someone double-voting, as above):
- any time from 11 days before election day and election day itself, go to the Voter Center and vote in person;
- if you vote in person, destroy your absentee ballot so that some unscrupulous person does not use it to vote twice;
 - never give your ballot to someone that you do not trust.
- Election Integrity Project California is recommending to *not* mail your ballot because there is a risk that your ballot may not be counted based on past elections.

For more information on how to safely vote in Leisure World, call David Harlow at (562) 335-0779.

Democratic Club

The LW Democratic Club Board has announced its list of six endorsed candidates for election in the upcoming Primary Election to represent the 72nd Assembly District on the Party's Orange County Central Committee.

In addition to its president, Mary Tromp, the list includes Louise Larsen, who has created content and uploaded daily correspondence across a variety of online platforms for the 72nd Assembly Democratic Alliance since 2017; incumbent Mark Anthony Paredes, who has served as a planning commissioner for Garden Grove and on the OC Transportation Authority Citizen Advisory Committee; current member of the Democratic State Central Committee Shayna Lathus; and longtime Democratic activists Michelle "Misha" Houser and Libby Frolichman, a frequent guest of the SBLW Democratic

The Orange County Central Committee is the governing body of the County Democratic Party. It is comprised of local Democrats elected by voters in each Assembly District, as well as partisan-level elected officials and nominees. This committee, under the leadership of County Democratic Party Chair Ada Briceño, conducts the county party's general business, approves its budget, coordinates campaign activity and endorses candidates for local offices. Ada was named one of Orange County's 100 most influential people in 2018 and 2014 by the Orange County Register.

SBLW Democratic Club Vice President Kathy Moran has announced additional "Letter Writing Parties" for Jan. 17, 27 and 28. Anyone able to help in this effort to reach out to fellow Leisure World Democrats and No Preferred Party voters should call Clara Wise at (909) 957-9886 for more information.

Leisure World residents continue to follow the impending reorganization of the way trustees are to be elected to the Los Alamitos Unified School District Board of Trustees. Regardless of the final makeup of the newly formed districts, residents will vote for one or more of the trustees in the November General Election. Residents who live east of St. Andrews Drive will also vote for a member of the Seal Beach City Council in that same election. Call Mary Tromp at (562) 412-0898 for information.

It's not too late to sign up to join Huntington Beach Huddle on chartered buses going to Saturday's Orange County Women's March 2020. For more information, call (909) 957-9886.

Email lwsbdemocraticclub@gmail.com or go to the newly updated website sblwdems.word-press.com to find out more about the Democratic Club.

GRF Board of Directors Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thursday, Jan. 16	Finance Committee (rescheduled)
Friday, Jan. 17	Conference Room B
Triday, Jan. 17	Administration
Tuesday, Jan. 21	Website Ad Hoc Committee
	Administration1 p.m.
Thursday, Jan. 23	Management Services Review Ad Hoc
7.7	Administrationcanceled
Tuesday, Jan. 28	GRF Board of Directors
•	Clubhouse 4 10 a.m.
Monday, Feb. 3	Recreation Committee
	Conference Room B1 p.m.
Wednesday, Feb. 5	Governing Document Committee
	Administration10 a.m.
Wednesday, Feb. 5	Physical Property Committee
	Administration1 p.m.
Thursday, Feb. 6	Architecture Design Review Committee
n.1 n1 =	Administration
Friday, Feb. 7	GRF Board Executive Session
M 1 E 1 10	Administration
Monday, Feb. 10	Mutual Administration Committee
T J E.L 11	Administration
Tuesday, Feb. 11	Facilities and Amenities Review Ad Hoc
Wadnasday Esh 12	Administration
Wednesday, Feb. 12	Security, Bus & Traffic Committee Administration
Thursday, Feb. 13	Communications/ITS Committee
mursuay, reo. 13	Administration
Friday, Feb. 14	Finance Committee
111day, 100.14	Conference Room B
Friday, Feb. 14	Executive Committee
11134, 100.11	Administration

SCAM from page 4

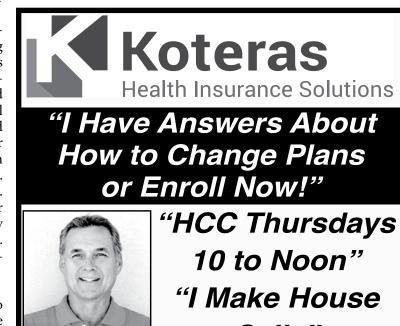
request deletion of personal information. Businesses will have to delete the data after verification.

- Avoid requesting opt-in consent for 12 months after a California resident opts out.
- Businesses may not charge consumers or punish them for making the company give them information or complying with the law.
- Update privacy policies with the newly required information, including a description of California residents' rights.

The California Privacy Act applies to "for-profit businesses" that collect consumers' "personal information."

For Your Information

Residents may speak before the GRF Board at its regular monthly meetings on any subject on the agenda or any other subject, by submitting a form available in the Clubhouse 4 lobby before each meeting.



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<u>Religion</u>



Pianist Hannah Yi

Community Church

Community Church is excited to present another great musical event. Hannah Yi, accompanist at Community Church, on piano, with Francisco Vila on cello, will present "Day of Romantics." The concert will take place on Saturday, Jan. 25, at 2 p.m. in the church sanctuary. Tickets are available online at www.hannahyipiano.com or can be purchased at the door. Cost is \$10 per ticket.

Veterinarian Dr. Fong and the Vet Care Pet Clinic team will return on Thursday, Jan. 23, from

9–11 a.m. to provide low-cost dog and cat health services The clinic will be set up on the patio in front of the church. Dogs must be on leash and cats in carriers.

Pastor Johan Dodge will deliver a scripture based message titled, "Ubuntu" on Sunday, Jan. 19. Ubuntu is the Zulu philosophy of "we are who we are only as we are through others. To be is to be we, not I." The message will focus on the importance of living in community with one another with compassion, humility and respect. Pastor Johan will be teaching from 1 Corinthians 1:1-9. Marylee Thomsen will be serving as lay liturgist on Jan. 19.

The worship service begins at 9:50 a.m. and is followed by coffee and refreshments in Edgar Hall.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The Solemnity of Our Lord Jesus Christ, King of the Universe on the Second Sunday in Ordinary Time on Jan 19.

The actual Christmas season continues until the Feast of the Baptism of Christ. This is when the Christmas season ends.

The First Reading is Isaiah 49:3, 5-6 and the Second Reading is 1 Corinthians 1:1-3.

Celebration of 50th Anniversary

In 1962 plans were formulated for a Catholic Church in Leisure World and later on in the year Leisure World Mission Catholic Church was assigned to St. Hedwig's as a mission. Father William J. Mullane would be named administrator in 1963. The Sunday liturgical celebration originally took place in Clubhouse 2, and later moved to Clubhouse 3 before Ross Cortese donated land for the church to build on. The new church building would be dedicated by Father

The current Rev. Juan Caboboy has been leading Holy Family since 2015 and helped usher in the celebration of its 50th anniversary in December.

Masses and Confessions Schedule

Holy Family Church celebrates Sunday Mass at 8 and 10 a.m., and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days from 4-4:45 p.m. and on the first Fridays at 9:15 a.m.

For your information:

The lost and found is located in the Community Facilities office, upstairs in Clubhouse 5.

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LW Baptist

Leisure World Baptist Church will have its worship service in Clubhouse 4 on Sunday, Jan. 19. Bob Simmons will teach the Sunday school class beginning at 8:40-9:10 a.m. Coffee and treats are offered at the table by the kitchen until worship starts at

Sophia Peng will sing "People Need the Lord." The congregational hymns will be "Heaven Came Down," and "Since I Have been Redeemed."

Pastor Rolland Coburn's message is titled "The Family of Faith" from Romans 12:9-13.

Closing hymn will be "The Family of God."

On Monday, Jan. 20, the men's fellowship group will meet in Clubhouse 3, Room 8, at 10 a.m. The Energizers group will meet on Wednesday, Jan. 22, in Clubhouse 3, Room 1 at 1 p.m.

For more information, call 430-2920.

The Buddha Circle

The Buddha Circle will meet on Saturday, Jan. 18, in Clubhouse 4 from 9:30-11 a.m.

A lesson in Buddhism will be discussed by Vui Mung (Joyful Heart) from the Desert Zen Center. He presents Buddhism in a simple way. The Buddha Circle is an interactive group so those who attend are encouraged to ask questions. The session will begin with a guided meditation.

Find more information about Buddha Circle at www.lwsb.com under the Religion tab. Buddha Circle. There is no membership fee, just a gathering of likeminded people.

Donations are welcomed and will support Vui Mung in his teachings. Call for any questions at (714) 933-5122.



Read the paper online! www.lwsb.com/newspaper

> Security (562) 594-4754



Members of the Faith Fellowship group meet every Tuesday from 11 a.m.-2 p.m.

FAITH CHRISTIAN ASSEMBLY

Fellowship group creates friendships

Having good friends can make a person's life richer, but research now shows that friends may also increase a person's longevity. In a 10-year longevity study of people aged 70 and older, researchers at the Centre for Ageing studies concluded that a network of good friends is more likely to increase longevity in older people even more than close family relationships.

Faith Christian Assembly wants to bring people together and foster new friendships through its faith fellowship group. Every Tuesday from 11 a.m.-2:30 p.m., Faith Fellowship meets for fellowship, games, food, worship and prayer. The meeting takes place in Faith Christian Assembly's Garden Room and is directed by Dave and Sharron Thomas.

The midweek Bible study is taught by Pastor Sheri Leming on Wednesdays 11 a.m. in the Garden Room. The GriefShare will begin on Feb. 7 at 2 p.m.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit www.FCAchurch.net.

The Salvation Army

Noreen Kirchhoff will be the guest speaker at The Salvation Army Home League on Monday, Jan. 20, at 7 p.m. in Clubhouse 4. Noreen taught U.S. History for 30 years at the middle school level. Her topic will be part four on the Columbian Exposition of 1893, held in Chicago, Illinois. It will cover Women of the Fair, or Fair Women. Kirchhoff will speak about the various women who attended the fair, as well as those who wanted to have the most influence at the fair. She will also speak on the impact the Expo might have had on the women's rights movement at the time.

St. Theodore's

The Rev. Reese Riley will celebrate and preach at St. Theodore's Episcopal Church Communion worship service on Sunday, Jan. 19, at 12:15 p.m. in Redeemer Lutheran Church's sanctuary, Fellowship with refreshments follows in the easily accessible first floor Conference Room. The combined Lutheran and Episcopal worship service with prayer, reflection and holy Communion is held every Wednesday at 11:30 a.m. in St. Theodore's Sanctuary Chapel.



Congregation Sholom

Friday night services will take place at 7 p.m. on Jan. 17 in Clubhouse 3, Room 9, with Rabbi Karen Isenberg. An Oneg will follow services

Join Congregation Sholom on Saturday, Jan. 18, at 9:30 a.m. in Clubhouse 3, Room 9, for services with Rabbi Isenberg. An hour of Torah study will begin at 10:15 a.m. The service will be followed by a potluck lunch around noon.

Tryouts for the Purim play will take place on Sunday, Jan. 12, at 11 a.m. For more information, call Alice Lemon at 493-1702.

The book club will be meeting on Jan 21. The story being read is "The Weight of Ink" by Rachel Kadish. For additional details contact Ruth Hermann at 430-3107.

Congregation Sholom will be having a Shabbat dinner of chicken and rice at services on Friday, Jan. 31. Last names beginning A-L should bring a salad, J-S a dessert or appetizer, and T-Z a side dish. RSVP to Susan at susanmichlindesigner@gmail.com by Monday, Jan 27.

To get, or offer a ride to services contact Jeff Sacks at 714-642-0122 or Maria Bogart at 594-4362.

Assembly of God

Pastor Sam Pawlak will continue the series from the Ten Commandments, "Man, This is Living" in Clubhouse 3, Room 2. His message title is, "Vain to Profane." Associate Pastor Dan Ballinger will open the service with a greeting and prayer, followed by worship songs led by Denise Smith. Diana Mushagian will bring news of the church family's activities and lead the time of offering.

Prayer meetings of the day will be at 10 a.m. and 5:15 p.m.

Pastor Dan leads the hymn sing with hymns chosen from the hymn book. Ruth Olson will lead a time of recalling classic hymns in the lobby of Clubhouse 3 at 6 p.m. Pastor Sam will close with a devotion. There will be time for catching up and sharing snacks at the end of worship and praise.

Pastor Sam continues to lead the Bible study from the book of Revelation on Wednesday at 10 a.m. in Clubhouse 3, Room 7.

Redeemer Lutheran

Pastor Lynda Elmer's sermon for Redeemer Lutheran's Sunday worship service on Jan. 19 at 10:30 a.m. Nancy Anderson and Maria Swift are greeters. Scripture readings and prayers will be led by Juanita Townsend and Carol Costello. Fellowship and refreshments will be after the service.

The midweek worship service is every Wednesday for prayer, reflection and communion at 11:30 a.m. The Book of Proverbs continues to be the focus for the weekly Wednesday Bible class. The next meeting is Jan. 22 from 10:30-11:30 a.m. in the accessible first floor conference room inside the main entrance.

Mindfulness Meditation

The Buddha Circle will meet for a Mindfulness Meditation session from 2-4 p.m. on Wednesday, Jan. 15, 22 and 30, in Clubhouse 3, Room 7. The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email rebeccagad71954@gmail.com.

Religion Editorial deadline is **Thursday at 3:00 p.m.**for the following Thursday's publication

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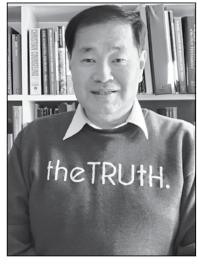
Beit HaLev

Beit HaLev's online synagogue is now on YouTube. Join the live, interactive service on the *YouTube.com* channel, "Shabbat Shalom LIVE!"

Rabbi-Cantor Galit Shirah conducts live, online (livestream) Shabbat services Friday evening at 6 and Saturday mornings at 10:30. Services can be accessed on Facebook.com/galityomtov and on YouTube.com. In addition, Rabbi Galit Shirah conducts weekday Ma'ariv services every Thursday at 4 p.m. for SimShalom.com. There is a "chat" area where people can converse interactively with the rabbi and the global congregation.

"Shemot," the name of this Sabbath's Torah portion, is the first chapter of the Book of Shemot (Names). The first Triennial reading is Exodus 1:1-2-25. The prophecy that told of the enslavement and oppression of the Hebrew tribes in the Book of Genesis has come to pass. In over 400 years of living in Mitzrayim, the Jews have become so numerous that the Pharaoh "who did not know Joseph" fears that his slaves will attempt to overthrow him; Pharaoh's response is to murder all the male Hebrew babies born.

Rabbi-Cantor Galit offers lessons in chanting Torah and Haftarah, Voice lessons and Hebrew lessons. A Modern Hebrew class has just started. Anyone interested in lessons should contact Rabbi-Cantor Galit Shirah at (562) 715-0888 or email her at duets@icloud.com.



Pastor Yongkuk Han

LW Hanin Church

LW Hanin Church wants to invite its members to go deeper into the Bible. LW Hanin Church believes that reading the Bible is not enough, it is just as important to understand it. Open Bible College for Laypersons is an opportunity for people to understand the Bible better. The next class will be Thursday, Jan. 16 from 10 a.m.-12 p.m. in Clubhouse 3, Room 4.

The primary purpose of this course is for people to get a clear picture of what they believe in the Bible, why they believe it, and

how it applies to their lives.

For more information, contact Assistant Pastor Yongkuk Han at (310) 748-2595 or *yongkhan@hotmail.com*.

The Rock Church

The Rock Church, Seal Beach campus, welcomes everyone to weekly service for all ages at Marina Community Center, Marina Drive, Seal Beach.

Sunday services are at 9 and 11:15 am in English. Spanish service is at 1:45 p.m. Listen to Sunday messages for free by going to www. gototherock.com.

For more information call (714)526-8233, Prayer meetings of the day will be at 10 a.m. and 5:15 p.m.

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Health & Fitness



Marina Tesla (I), who is presenting a basket of healthy wholesome food to this week's Top Loser of the week who had a four pound loss, Judy Chambers.

WA-RITE

Chambers is Top Loser

Judy got a wake up call from her doctor when she was told that her blood pressure was dangerously high. The news scared her enough to get serious about changing her lifestyle. Some of the changes that are most important in a diet and easy to do is to eat less salt and make healthier food choices. A diet is a big part of the battle, but getting a regimen to strengthen the body is also vital. She began strength building exercises to supplement her new diet and to reduce stress.

Wa-Rite members know that weight loss makes a huge difference in getting healthy, and we're all in this together.

Marina Tesla gave an informative presentation on the importance of fiber within the daily diet. Fiber helps maintain healthy cholesterol levels, lose weight, improve immunity, reduce risk of heart attack, diebetes and even cancer. The average person should get 35 grams of fiber each day. You can get fiber from fruits, vegetables, beans, nuts, seeds, grains and fiber supplements.

Food for Thought: Diets low in fiber lack bulk, which means you will keep feeling the need to eat more to feel full.

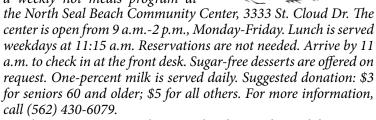
Wa-Rite is a support group of women needing to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1 from 9-10 a.m. Weighing is from 7:45-8:45 a.m. Annual dues are \$10. Members must be LW residents.

For questions and more information, call Carol Chambers, (562) 822-4641, or Bev Bender, 594-9148.

-Margaret Humes

Senior Meals

Seal Beach Community Services, in cooperation with Meals on Wheels Orange County, offers a weekly hot meals program at



The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World.

Thursday, Jan. 16 — Farmers soup, crackers, homemade chicken drumstick, baked sweet potato, mixed vegetables, pineapple chunks

Friday, Jan. 17 — Mexican corn soup, crackers, Mexican beef enchilada casserole, Spanish rice, broccoli spears, fresh melon

Monday, Jan. 20 — Pork chili verde, Spanish rice, Oregon bean medley, flour tortilla, Ambrosia

Tuesday, Jan. 21 — Beef Stroganov, egg noodles, sliced carrots, fresh melon

Wednesday, Jan. 22 — Veggie burger, whole wheat bun, lettuce, onions and tomatoes, garlic aioli spread, baked chips, banana

Thursday, Jan. 23 — Potato and leek soup, crackers, Cobb salad with shredded chicken, eggs, cheese, tomato and red onions, salad mix ranch dressing, apple crisp and orange pineapple juice



The Chair Class invites every shareholder to join the 9:30 class on Tuesday and Friday mornings in Clubhouse 1. This class is free and for all fitness levels.

OPTUMCARE AT THE HCC

New year, new benefits

By Carson Bloomquist LW contributor

Health plans are always coming out with new benefits. These might include clinical care, like dental coverage, or non-clinical things, like gym memberships or transportation.

Whether you have a private plan, a Medicare Advantage plan, or a Medicare supplement, now is the time to review your annual benefits. This way you can make sure you're getting the most from your coverage.

Learning about all those benefits can be a bit overwhelming. Not sure where to start? Here are some tips:

Stop by the Health Care Center. Several health plans have representatives available to answer your questions and help you get the most from your benefits.

- Alignment: Wednesday, 8 a.m.-1 p.m.
- Anthem: Tuesday, 10 a.m.-12 p.m.; Thursday, 9 a.m.-12 p.m.
- Humana: Monday, 9 a.m.-1 p.m.
- SCAN: Monday, through Thursday, 9 a.m.-1 p.m.
- UnitedHealthcare: Tuesday and Thursday, 9 a.m.-12 p.m.

Look for materials in the mail. Health plans send out a lot of mail. Benefit updates are usually sent in September or October. If you stayed with your plan, you should have received something late last year. If you enrolled with a new plan, you should get a welcome packet sometime this month.

Call your plan or visit its site. Your benefits should be listed on the health plan's website. But sometimes a site can be difficult to navigate. Give your health plan a call if you need help. The phone number is on the back of your health plan ID card.

E-mail your

Health & Fitness

stories to

chrisw@lwsb.com

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www. mowlb.org or call Caron Adler at 433-0232. For cancellations call your site manager at (562) 439-5000 before noon to cancel a meal for the next weekday.

Thursday, Jan. 16 — Roasted turkey with sage gravy, cornbread stuffing, green beans with pimentos, Jell-O with pineapple, roast beef and cheese sandwich with lettuce, tomato and pickle, German potato salad

Friday, Jan. 17 — Smothered chicken breast with capers, black eyed peas, California blended vegetables, peach cobbler, entrée Chinese chicken salad with Mandarin oranges, cabbage, carrots, onion, Asian dressing, crackers

Monday, Jan. 20 — MOWLB closed

Tuesday, Jan. 21 — Beef picado, Spanish rice, Mexicali corn, red velvet cake, egg salad sandwich with spinach and tomato, marinated cucumber and onion salad

Wednesday, Jan. 22 — Vegetarian lasagna, whole wheat dinner roll, Tuscan beans, chocolate pudding, turkey and cheese sandwich with lettuce, tomato and pickle, creamy cole slaw

Thursday, Jan. 23 — Sweet and sour chicken, brown and wild rice, seasoned broccoli, fresh banana, ham and cheese sandwich with lettuce, tomato and pickle, marinated confetti salad

Weekly Health, Exercise Classes

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at (562) 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-60-minute walk. For more information, call Tom Pontac, (562) 304-0880.

Movement for Health and Self-Healing Medical Qigong Club

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitoner Dave Heilig instructs. **Tai Chi Chaun**

Tai chi classes increase mobility and balance at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at (562) 596-3936.

LW Yoga Club

Monday - Clubhouse 4, Section C, 5:30-6:30 p.m. (formerly Yoga with Sally)

Tuesday - Clubhouse 4, Section C, 8:30-9:30 a.m. with Travis; 10-11 a.m. with Jenny

Thursday – Clubhouse 3, Room 1, 8:30-9:30 a.m. with Travis; 10-11 a.m. with Jenny. For more information, contact Connie Adkins, (562) 506-5063

HLAA lip reading classes offered

Free Lip Reading classes offered through the Hearing Loss Association of America (HLAA) at the Long Beach/Lakewood Chapter. The next class will be on Jan. 15. For more information, call (562) 438-0597 or visit www.hlaa-lb-lakewood.org.

Arts & Leisure

VALENTINE'S DAY

Get tickets now

for dinner dance

annual Valentine's Day dinner

dance on Friday, Feb. 14, by

popular demand. The romantic

not-for-couples-only evening will

begin at 7 p.m. in Clubhouse 4,

with a dinner catered by Country

thony and Doniele Bernasconi

and dancing. The duo's repertoire

includes Frank Sinatra, Marvin

Gaye, Billy Joel, James Brown

and Michael Bublé among others.

vidually or in tables of eight for

\$220. They are available at the

Recreation Office in Building 5.

For information, email events@

lwsb.com.

Tickets, \$30, are sold indi-

There will be music by An-

Gardens, served at 7:30 p.m.

The GRF will host the fourth



The Velvetones Ballroom Orchestra with Tommy Williams and Tina Schaffer will perform in Clubhouse 4 on Sunday, Jan.19, at 6 p.m. Admission is free, and all are welcome

CLUBHOUSE NEWS

Recreation reports missing supplies

by Kathy Thayer assistant recreation manager

I know it's hard to believe, but we keep getting reports of equipment disappearing from the clubhouses, everything from silverware to pitchers, coffeemakers to microphones have gone missing almost as soon as we replenish our supplies.

I hate to see my assessment go up, especially for "shrinkage." I know it is frustrating to not have equipment available when your club needs it and the temptation to squirrel away what you use can be overwhelming.

But here's the reality: The Recreation Department budget has been cut \$80,000 for 2020, so we either have to take care of the equipment we already have or go without if the funds are not there to replace it.

Fair warning: We will give everyone a chance to check their lockers for items inadvertently stored in them that belong to GRF and return them to the clubhouse custodians and then we will start inspecting them within the next 15 days.

You do not need to be present unless you have not signed a new locker agreement and still have your own lock on your locker.

Sometimes newer club members are just trying to be helpful and don't realize the equipment isn't theirs, so we're not judging—we're just asking for everyone's help in locating our things, and we thank you for your cooperation.

Direct any questions you may have to kathyt@lwsb.com.

LOTTERY

from page 1

Applicant clubs must run the event exclusively with club members. Clubs that did not hold a flea market last year will be given preference in this lottery, but all clubs are welcome to apply.

For more information, contact the Reservations Office by email at *kathyt@lwsb.com*.



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COMMUNITY KARAOKE

Elvis was focus at mic last week

The Community Karaoke Club celebrated Elvis' birthday last week with cake while listening to his most popular hits sung by karaoke performers. Featured songs included "Love Me Tender" by Bob Barnum and again by Albert Comia, "Hawaiian Wedding Song" by Mila Cruz, "Can't Help Falling in Love" by Ren Villaneauva, "How Great Thou Art" by Ruby Johnson, "I Forgot to Remember" by Janice Chapman, "Hound Dog" by Richard Yokomi and again by Leila Claudio, "Wonder of You" by Julie Nulad, "Are You Lonesome Tonight" by Ric Dizon and "Jailhouse Rock" by Martin Rosendaal. Elvis was born in 1935 and died in 1977. Elvis had 18 top hits and 40 top 10 hits.

The evening wasn't entirely devoted to Elvis.

The club audience also enjoyed listening to other selections by Pete Tupas and Barbie May, Rick Hering, Essie Hicks, Byong Choi, David Noble, Susan Kelleghan, Vito Villamor, Mike Breen and Eileen Merritt.

Karaoke practice sessions are from 1-3 p.m. on Tuesdays



Paul Haut

upstairs in Clubhouse 6. Paul Haut comes early and stays late. He keeps a list of tunes that he is anxious to try out and find the perfect rendition.

The Wednesday karaoke parties are in Clubhouse 1 beginning at 5:30 p.m. Everyone is welcome to sing or just relax with hot coffee and enjoy friends' and neighbors' performances.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs. All are welcome to come and sing songs from movies, Broadway hits and other classic tunes. Helen Uno is the song leader, with pianist Eric Nelson. Song sheets are furnished. Reading music is not required. For more information, call Chuck Burnett at 493-0176.

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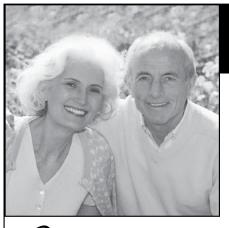
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WE CORDIALLY INVITE YOU TO JOIN OUR DENTAL FAMILY

January 16, 2020 | www.lwsb.com LW Weekly



Vinyl Rock

DANCE CONCERT

Rock band will entertain on Jan. 18 at 7 p.m.

Cabaret Entertainers presents a dance concert by Vinyl Rock at 7 p.m. on Saturday, Jan. 18, in Clubhouse 1. This is a change from the band's usual second-Saturday dance slot.

Vinyl Rock is an Orange County-based band consisting of nine members who passionately perform classic rock, Motown and pop tunes primarily from the '60s, '70s, and '80s. The band invites the audience to participate in sing-alongs and mingles with people on the dance floor.

The concert is free to GRF members and their guests (over 18). The Recreation Department asks residents and their guests attending the GRF Saturday dances in Clubhouse 1 to:

WHITE COOK TOP

of Clubhouse 1. Parking for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

•Be out of the clubhouse no later than 10 p.m. to give the custodian time to prepare for the following day.

- Refrain from making announcements from the stage.
 - Arrive no earlier than 6 p.m.,

• Not park on the east side reserving tables is not allowed except by the band. Others will be removed.

• Sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of your favorite bands.

Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.

LWSB Book Club

The LWSB Book Club will meet today, Jan. 16, at 10:30 a.m. in Clubhouse 3, Room 7. Members will discuss "Fire and Ice," a Joanna Brady Mystery novel by J.A. Jance.

All are welcome to attend. There are no dues or fees. Books may often be borrowed from the local library or ordered online from Abebooks.com for around \$3.46 for shipping.

Purchasing Department Price List

PRICES ARE FOR MATERIALS ONLY! ALL TAXES AND PROCESSING FEES INCLUDED.

(LABOR \$42.00 PER HOUR/PER TECHNICIAN)

REVISED 01/06/2020

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BLACK COOK TOP	\$430.19
WHITE OVEN	\$944.40
BLACK OVEN	\$944.40
STAINLESS OVEN	\$1004.29
WHITE TOP FREEZER	
REFRIGERATOR	\$662.29
BLACK TOP FREEZER	
REFRIGERATOR	\$662.29
STAINLESS STEEL TOP FREEZER	:
Refrigerator	\$753.64
28 GALLON WATER HEATER 10YF	R. \$516.13
38 GALLON WATER HEATER 10YF	R. \$569.79
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The above pricing is subject to change without notice. Please call Purchasing Department for current pricing.

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•Ballet Fitness: A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.

•Dancing Feet Club: Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•Dance Fitness: Move to energetic music and dance steps to improve balance and increase strength and stamina. Classes, \$3, are held upstairs in Clubhouse 6 on Mondays at 5:30 p.m., Wednesdays at 5 p.m. and Thursdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.

•Flowering Step Line Dance: Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•Fun Exercise Line Dance Club: Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

• Grapevine Line Dance: Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire directly in class or email grapevinelinedance@gmail.com.

•Hui O Hula: Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676.

• Joyful Line Dance Club: Beginning and intermediate easyto-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. For more information, call Anna Derby,

•Leisure Time Dancers: The Leisure Time Dancers will have classes in the cha cha at 2 p.m. and tango at 3, in Clubhouse 6 on Mondays Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•Leisure World Cloggers: Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•Leisure Whirlers Square and Round Dance Club: Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.

•Saturday Morning Dance Club: West Coast swing is taught from 9-10 a.m.; the waltz, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.



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GOOD TIMES TRAVEL SERVING LEISURE WORLD

February 16, Tibbies' Center Stage Aida: The Timeless Love Story. With Included Early Dinner. \$119

February 22, Glendale Centre Theatre Bright Star. With Tam O'Shanter Inn

March 4, Palm Springs Tribute Show Rock & Roll Reunion. \$84

March 8, Sinatra's Palm Springs. A Guided Tour of Frank's Hangouts with

Optional Lunch at Melvyn's. \$79 or \$139 with Optional Lunch

March 17, The Colorful Songs Revue The Luck o' the Irish. With Included Lunch & Wine. \$119

GEORGIA ON MY MIND

March 22-27, 2020: 6-Day Tour Featuring Single-Hotel Stay, Atlanta, Gone with The Wind, Macon, Callaway Gardens, Warm Springs. \$1,799 p.p./dbl. \$2,399 p.p./sgl

JOSHUA TREE & PALM SPRINGS

March 29-30, 2020: 2-Day Tour Featuring Joshua Tree Nat'l Park, Fantasy Springs Resort Casino & Palm Springs, Aerial Tramway. \$329 p.p./dbl. \$389 p.p./sgl

WASHINGTON, D.C. BLOSSOMS

April 2-7, 2020: 6-Day Tour Featuring a Single-Hotel Stay, Cherry Blossoms, Mt. Vernon, Smithsonian Museums, Local Guides. \$1,799 p.p./dbl.

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January 16, 2020 | www.lwsb.com



The LW hula dancers and the LW Weekly staff wish editor Cathie Merz (center) a happy retirement. Cathie has been working at the LW newspaper office since she graduated from college, nearly four decades ago. Dancing "Mele Kalikimaka," sung by Jimmy Buffett, will not be the same without her because Cathie is a "parrot head," a big fan of Buffett. Best regards to both Cathie and her husband, Bob. She will be greatly missed. Upstairs in Clubhouse 6, free hula lessons are offered twice a week on Monday mornings and Tuesday afternoons at 1:15. Beginners are welcome to try the hula by following the leader on Monday at 10. For more information, call 252-9676.

VIDEO PRODUCERS

Learn more about your iPad Tuesday

Join iPad expert Fred Carpenter to learn new tips and tricks about the device and its camera and video capabilities. There will be time to discuss specific problems people may have. Everyone is welcome.

Classes are sponsored by the Video Producers Club on Tuesdays from 2-4 p.m. The location is pending due to the relocation of the Video Producers Club.

For more information, call Carpenter at (310) 755-5925.

Leisure Whirlers

Leisure Whirlers Square Dance and Round Dance Club will host a "Cupid's Heart" party from 6:30-9:30 p.m. on Friday, Feb. 7, in Clubhouse 4.

Pre-rounds are from 6:30-7 p.m. Square and round dances

WHIRLER, page 13



Roberta Fox with a lemur in Madagascar

GARDEN CLUB

Orchids will be topic on Jan. 20 in CH 2

Roberta Fox will be the featured speaker at the Garden Club meeting at 1:30 p.m. on Jan. 20 in Clubhouse 2. She will talk about and demonstrate how to re-pot orchids.

Fox began growing orchids nearly 25 years ago, when she received a Cymbidium plant from a co-worker. She went to the New Otani show that year and was completely captivated. She was so overwhelmed by so many varieties, she did not buy anything. That's the last time that happened.

She joined several societies, and one orchid followed another. As the collection increased in size and variety, the process of learning how to care for the plants led to an interest in their origins and relationships. She has been a co-chairperson for the Fascination of Orchids Show at South Coast Plaza for 20-plus years.

Her current collection is about one-third hybrids. She has a small greenhouse, but nearly 90 percent of the orchids—around 1,800 at last count—live outside in her back yard, about five miles from the coast.

She gravitates toward those orchids that can handle the Southern California temperature range because greenhouse space is very limited, but there is "always room for one more" in the yard.

The WE CARE table will be in the lobby for donations of non-perishable food items, gift cards and cash.

—Nancy Goldstein

HOW TO CHOOSE YOUR EYE DOCTOR

(Keep this you might need this information)

Know about your doctor, what are his credentials, degrees, license and he is involved in on-going education. Is he reputable, can you always return to his office, does he offer hours that will be to your benefit if you need him?

It is critical that you receive a complete eye examination, properly fitted glasses and a safe contact lens fitting. Not every doctor provides proper fit evaluations. You are short-changed by a short examination and no follow-up visits to assure complete satisfaction and continuing health of your eyes. It is very important to have an extensive eye examination yearly. The inside of the eye is the only place inside the human body where you can see and study blood vessels as they function. Health problems can be determined and prevented early in yearly examinations. The advice of qualified staff is needed as to the type of frame that is compatible with your prescription. With many prescriptions some frames are not suitable and will cause discomfort, distortion and an appearance, which accents the vision problem. It is important to have a qualified person assisting you in the selection of frames.

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South Coast Orchid Society

The South Coast Orchid Society, serving orchid hobbyists in Long Beach since 1950, begins a year-long celebration of its 70th anniversary with a program by Brandon Tam, curator of the orchid collections at The Huntington Botanic Gardens, on "Orchids at The Huntington: Past, Present, and Future."

The program will be from 7-9 p.m. on Monday, Jan. 27, at Whaley Park Community Center, 5620 E. Atherton St., Long Beach.

The story of how orchids, once a very expensive hobby, became available in every grocery and hardware store, is a fascinating one, in which orchid clubs in Southern California, and The Huntington as well played major roles. The event is free and open to the public. Many orchids grown by members will be on display.

For more information, contact southcoastorchidsociety@gmail.com.

Musical Theater West 2019-20 Season

Musical Theatre West's 2019-20 season schedule includes the following plays:

- "Ragtime"; Friday, Feb. 7 through Sunday, Feb. 23
- "Mame"; Friday, March 27 through Sunday, April 12
- "Treasure Island"; Friday, July 10, through Sunday, July 26 All the productions are at the Carpenter Performing Arts Center

on the Cal State Long Beach campus.
Individual tickets are available at *musical.org* or call (562) 856-1999.

The Carpenter Performing Arts Center is at 6200 E. Atherton St. MTW's box office is located at the Seventh Street rehearsal hall and offices, 4350 E. Seventh St.

Genealogy Club

The Genealogy Club offers themed workshops on Thursdays from 1:30-2:30 p.m. in the Genealogy Library in Clubhouse 3, Room 10.

Everyone is welcome to attend workshops or visit the library to see what the club has to offer. The library is open Monday-Thursday from 1-4 p.m. except holidays.

The workshop schedule is:

- •Jan. 16—American Indians
- Jan. 23—Massachusetts (The First on a Series on States)
- Jan. 30—Black Sheep and Neer-do-wells

The workshops are free.



The Friendship Club offers free computer classes taught by Jeff Sacks and Miryam Fernandez. The club meets on the first, second and fourth Mondays in Clubhouse 3, Room 4; and on the third Monday, in Clubhouse 6, Room B.

Instructors Jeff Sacks and Miryam Fernandez will be joined by new instructor, Bob Cohen, who has taught adults how to use technology for fun and profit at over a dozen community and adult education venues. He is a master on iPhones, Internet marketing, blogging and apps. Drawing on his career as a technology professional and entrepreneur, his expert classes for all levels will help others become more familiar with using and making money using technology.

The schedule is as follows:

Monday, Jan. 20: No Class

Monday, Jan. 27: Clubhouse 3, Room 4

11 a.m.—iPhone/iPad App Store (Cohen)

Noon—Prepare for the CADMV Test (includes Real ID info) Sacks

Tuesday, Jan. 28, Clubhouse 3, Room 7

1-3 p.m.—Understanding the Cloud (Cohen)

For expert computer and smartphone information and advice, DMV, to suggest topics and questions, or to join the email list, contact Jeff Sacks (714) 642-0122. For basic computer information, iPhone/ iPad, Social Media, Google Calendar questions, contact Miryam Fernandez at 884-7460.

Friends of the LW Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore located across the patio. People are welcome to browse for bargains in books, including children's books, cards, puzzles and more.

The Friends Room is open from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

WHIRLER

from page 12

will be alternated from 7-9, when the potluck starts. Singles and couples are welcome. There will be a singles rotation so everyone can dance. Cost is \$7 per person. For more information, call Lenore Velky at (562) 799-9482.

Square dance classes are held every Monday from 7:30 9:30 p.m. at the Garden Grove Women's Club, 9501 Chapman Ave. in Garden Grove. Come to have fun and/or brush-up on dancing skills. Singles and couples are welcome. There is a singles rotation so everyone can dance. For more information, call Mel Branham at (714) 803-0250. A new class for beginning dancers will be starting the first Monday in March.



Amateur Radio Club's 2020 Board of Directors are Walt Mushagian (standing, I-r) K6DNS, treasurer; Rich Erickson, KU6H, president; Frank Van Dornis, K6FLW, vice president; Mike Johnson, K6MSJ, director of operations; John Rogers, AG6VO, frequency committee chair, and seated are Diana Mushagian (I-r), K6DNT, assistant treasurer, and Evelyn Cone, KI6JBN, hospitality committee chair.

AMATEUR RADIO CLUB

Club celebrates 40 years of service in Leisure World

The Amateur Radio Club is celebrating 40 years of service to Leisure World. Members, who are licensed by the FCC, are dedicated to providing emergency communications to help save lives and property in the event of a disaster or emergency in the community.

The club operates and maintains a well-equipped radio room, a communications van and radio equipment in the Security Office. Members are currently involved in a major project upgrading the antennas above the radio room in conjunction with an ongoing roofing project.

Most members have their own

amateur radio equipment, including hand-held radios, mobile radios on bikes, scooters, golf carts and in their vehicles. Radio drills are held six days a week. Associate members are not required to have FCC licenses but may operate low power "family radios" and assist in other duties.

In addition to emergency communications, the club encourages the hobby of ham radio operations based on Part 97.1 of the FCC regulations, which states that the purpose of amateur radio is "advancing skills in the technical and communications phases of radio art." Experienced club members mentor new radio operators. Radios in the club's communications room are capable of reaching all around the world.

The club welcomes any resident who is a licensed FCC radio operator or who aspires to be a ham radio operator.

The club meets the first Wednesday of the month in Clubhouse 3, Room 9, at 10 a.m. (coffee at 9:30). All are welcome. A radio-related video followed by a speaker on amateur radio topics is on the agenda at most meetings. For more information, call the radio room at (562) 431-6586, ext. 409.



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GOOD NEIGHBOR PHARMAC













January 16, 2020 | www.lwsb.com

Community



GAF members will be on hand to help shareholders with their contributions to the Salvation Army in the Clubhouse 2 parking lot on Feb. 6.

GOLDEN AGE FOUNDATION

Shredding, donation trucks coming

The Golden Age Foundation will sponsor free shredding and donation trucks in the Clubhouse 2 parking lot on Thursday, Feb. 6, from 10 a.m.-noon to help shareholders get rid of unwanted papers and items and get a jump-start on Spring cleaning.

Shareholders are reminded to remove staples and paper clips from papers for shredding. Contaminated bags will be turned away.

The Salvation Army is looking for donations of clothing, small household items, things that can be carried into the truck, and small e-waste items, note pads, cell phones. All items should be clean. Large pieces of furniture will not be accepted.

Golden Age Foundation will also collect small batteries for disposal during the event.

The service lines close at 11:30 a.m.

The next shredding and Salvation Army truck service will be in June, every 4 months. The exact date will be announced in May.

The Golden Age Foundation is a nonprofit 501(c) (3) charitable organization dedicated to serving the special needs of Leisure World shareholders. The Foundation was established in 1973 by members of the Board of Directors of the Golden Rain Foundation.

For information, contact Anna Derby at (562) 301-5339.

Y SERVICE CLUB

Triviamania returns on Feb. 15

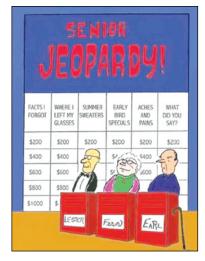
The Y Service Club (YSC) is sponsoring the first Triviamania game of 2020 on Saturday, Feb. 15, from 1-4 p.m. in Clubhouse 2.

Triviamania is a fun and exciting Jeopardy type quiz game designed for seniors. The YSC planning committee has come up with a whole new set of challenging questions on a variety of topics. Singles, couples and groups are all welcome to join and compete for cash prizes. The winning table will take home three times its buy in; second place two times its by in; and third place receives the registration fee back. Proceeds are shared among all table members.

Buying tickets is now easier than ever. YSC members are experts in going to Leisure World homes to provide assistance, so they will make ticket purchases as convenient as possible by delivering them to homes. Tickets are \$10 each, payable by cash or check.

To arrange for purchase and home delivery, call Bill Denton at (562) 209-0816. Tickets can also be purchased at the door on Saturday, Feb. 15.

An increasing body of research shows that mental challenges, particularly when combined with socialization and



entertainment, are crucial ingredients for healthy aging. All are invited to enjoy an afternoon of laughs and brain exercises while meeting new friends. Proceeds from the event will help support YSC programs associated with the YMCA and Leisure World community projects.

The YSC provides assistance to Leisure World shareholders for taking out trash, hanging pictures, moving small pieces of furniture and other non-professional household tasks. To access services, look in the LW Weekly in the classified ad section under "Leisure World Helping Leisure World" for the numbers to call.



Victor Rocha

SUNSHINE CLUB

Victor Rocha is speaker Friday

Victor Rocha, GRF security service director, will be the guest speaker at the Sunshine Club tomorrow, Friday, Jan. 17, at 10 a.m. in Clubhouse 3, Room 2.

The Sunshine Club has frequent guest speakers from outside Leisure World who speak on various topics that enhance living in LW. The club does not endorse the speakers or their businesses. It solely provides information. Any interaction with the business outside of the meeting is "on-your-own."

The Sunshine Club is designed to help people get along in the community, for neighbors to have better communications and to get the best out of living in Leisure World by learning how to use available information.

The club encourages shareholders to arrive 10-15 minutes early to get a seat and enjoy refreshments before the meeting.

The club promotes saving the earth by asking participants to bring a mug whenever possible.

The Sunshine Club meets on Fridays in Clubhouse 3, Room 2, except the first Friday in Room 9, from 10 a.m.-noon. All shareholders are welcome to attend; no membership required. Refreshments are served.

For more information, call Anna Derby at (562) 301-5339.

Where We Live Club looks at ways to improve personal space

The Where We Live Club meeting on Monday, Jan. 20, at 6:30 p.m. in Clubhouse 3, Room 3 will emphasize the need to take an overall look at the community environment and also to improve "where we live," literally.

Club founder Anne Seifert will answer "What is a community master plan?" She will provide history and lay the groundwork for the future February club meeting, which will more thoroughly address specifics. Large scale plans can be made for the community, and sub-plans to target specific projects.

In addition, Vice President Leslie Parker, an architect and environmental designer, will explain how to create a personal master plan for one's home — to create a supportive and pleasing living space. Many shareholders are in the midst of remodeling projects, or want to remodel, and others are looking for ways to eliminate possessions crowding their homes. Let's start with getting rid of "stuff!" Hear what



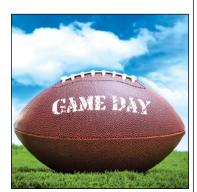
Leslie has to say about how to lighten personal space.

The new club secretary, Dorothy Kemeny, will be introduced. President Gregory Moore will return soon from his trip abroad. The club will present a potential agenda for the new year to highlight community planning and workshops on specific issues that affect living space.

All are invited to attend. Bring a beverage and a snack to share. To contact the club, email to wherewelive@yahoo.com.

Watch the Big Game with friends

The GRF Recreation Department will host the Big Game Sunday, Feb. 2, in Clubhouse 4 on the big screens, starting at 3:30 p.m. This year, there will be multiple monitors to enhance the viewing experience. Plan to join friends and enjoy complimentary snacks. For more information, call the Recreation Department at (562) 431-6586, ext 324.



LW WOMAN'S CLUB

Luncheon/card party is tomorrow

The Woman's Club luncheon and card party will be held on Jan. 17 in Clubhouse 2 at 11:45 a.m. Lunch will be served at noon for \$12. Contact Judy Belladella, 598-1784, with any questions or concerns.

The next regular meeting of the Woman's Club is on Feb. 4 with the entertainer of Tony Odell Rogers in Clubhouse 2 at 1:30 p.m. Membership for the last half of the year is \$12.50, entitling women to attend the meetings, end of year luncheon, plus card parties and the ice cream social.

Come and join the fun. Contact Penny Wright about membership and dues at 799-9486.



California Retired Teachers, Division 56, enjoyed a wonderful singing performance by Rachael Lorenzetti (center) at its Dec. 6 luncheon. The next luncheon is Feb. 7 at noon in Clubhouse 2. The featured speaker will be author Ron MacDonald.

Www.lwsb.com | January 16, 2020



Several clubs sponsor Community Bingo with leaders to include Jean Sudbeck (I-r, front), Juanita Townsend, Lou Pass, Pat Fellers, Rose Sprague, and in back are Ren Villanueva (I-r), Lee Esslinger, Eileen Merritt, Ric Dixon, Ed Bolos, Rich Carson and Labrenda Carson

COMMUNITY BINGO

Weekly club sponsorships support LW endeavors

Community Bingo continues every Sunday with different clubs sponsoring each week. The first week of the month the American Legion Auxiliary will sponsor the

Register for LBCC senior classes, tours

The Spring Semester for the Senior Studies Program, Lifetime Learning Center at Long Beach City College starts Monday, Jan. 27. Registration is Tuesday and Wednesday, Jan. 21-22, from 10 a.m.-2 p.m. in Room QQ-122. All classes are held at the Pacific Coast Campus in the Lifetime Learning Center Bldg. QQ next to Parking Lot 10. The Lifetime Learning Center offers programs for older adults who want to expand their horizons and connect with others. It is a fun pressurefree atmosphere where there are no test or compulsory attendance.

Classes offered this semester are Tai Chi, That's Entertainment Behind the Scenes, Drawing & Watercolor Workshop, World Affairs & Current Events, Writing Your Memoirs and Horticulture.

Tours this semester include Take a Slice of Orange County, Relics and Rarities, Carlsbad Flower Fields, Maloof Foundation for Arts and Crafts, Comfort Food and Orient Express.

For more information, call Theresa Brunella at (562) 938-3047 or visit the website www. lbcc.edu/lifetime-learning-center.

Golden Age

The Golden Age Foundation will have its next board meeting on Wednesday, Jan. 22, at 1 p.m., in Conference Room B, located in Building 5 behind Recreation Department Office and GRF Security Decal Office.

All members of the Golden Age Foundation and all shareholders are welcome to observe monthly board meetings.

This is a great opportunity to catch up on the latest news and get a preview of coming Golden Age Foundation attractions.

The LW Weekly 430-0534 nsorships suppo event. On the second and fourth weeks, the American Legion will host, and on the third week, the

Filipino Association of Leisure

World will take the lead. The fifth

week will be rotated and possibly

used for Super Bingo. For all these clubs, bingo proceeds are used to benefit charitable needs in the community.

Every week, bingo is held in Clubhouse 2. Doors open at 1 p.m.; the first call is at 1:30. Buy in is \$3. Light refreshments will be served. All are welcome to come and support local charities.

KACMA

Rachmaninoff is featured composer

The Korean American Classical Music Association will meet Jan. 16 at 9:30 a.m. in Clubhouse 4. The day's highlights of the class will include Sergei Rachmaninoff's "All-Night Vigil," second and fifth movement, "Rhapsody" on a Theme of Paganini, second and third sections, and "Fritz" Kreisler, "Old Viennese Dance Melodies."

Ken Chong conducts the appreciation of classical music.

Yun Han Choi will present a 15 minute video of ambient music, "Angkor Wat."

Robert Chung follows with golden oldies and favorite songs selected by the members. The class is conducted in Korean.

The club encourages fellowship through appreciation of classical music and by attending concerts.

For further information, con-



Sergi Rachmaninoff

tact President Angel Joh, (562) 598-0313; Vice President Kyungok Huh, hanandkay@gmail; or Program Chair Robert Chung (562) 387-7377, robertschung@hotmail.com.

Concerned Shareholders

The Concerned Shareholders will meet at 1 p.m. on Thursday, Jan. 23, in Clubhouse 3, Room 2, to elect its board of directors. The meeting will include a discussion on the new Bill SB-323, the elections for Mutual and GRF boards of directors and GRF club policy. Dues of \$3 are payable this month.



New Year, New Primary Care?

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Monday-Friday 8:30am-5:00pm Under 5 miles from Leisure World: 5122 Katella Ave. Suite 210, Los Alamitos, CA 90720.



Obituaries

Kiklowicz, Cecelia 1924-2020

Cecelia Kiklowicz, 96, died Jan. 1, 2020, at her home in Seal Beach, California, after a brief illness. She was born to Mar-

cel and Helen Wagner in Bradford, New York, where she lived for 78 years. She was a parishioner at St. Stanislaus Church there, and a



member of its Rosary Society.

She was predeceased by her husband, Peter Kiklowicz, and her brothers, Chester and Edward Wagner.

A long-time member and past president of the Business and Professional Women's Club, she started her career at Corning Glass Works, ultimately retiring from Taylor Wineries in Hammondsport, New York. Moving to California (Leisure World) in 2001 to be with family, she became an active member of the Red Hat Society, the Filipino Club and the Polish Club, among others. Cecelia loved to travel around California and going out to dinner with friends and family.

She was a parishioner at Holy Family Church in Seal Beach.

She is survived by her sons, M. Victor (Linda) of Oceanside,

California; Peter (Rachelle) of Lakewood, California; sister, Natalie Wagner of Washington, North Carolina; grandsons, Douglas and Christopher, several cousins and numerous nieces and nephews.

Services for Cecelia will be held at the Holy Family Church on Jan. 29 at 11 a.m. with a luncheon to follow.

McIlhaney, Barbara 1930-2019

Barbara McIlhaney, Mutual 1, passed away at age 89 on Aug. 2, 2019, in Seal Beach, California,

after a short illness.

Barbara

Barbara was born in Albuquerque, New Mexico, on May 28, 1930. During her life she ran her own business, taught



piano lessons, entertained audiences with her piano music, and accompanied singers and musicians. She also worked for the U.S. Census Bureau and was a real estate agent. She studied music pedagogy at the University of New Mexico.

Barbara was a talented pianist and was a master at playing by ear. She could play most anything from the 1920s through the 1960s. In the 1950s and 1960s she and her former husband had their own dance band. She had many friends and fans through her involvement in music at Leisure World in Seal Beach. She played in several big band and sing-along groups, accompanied singers at events, and entertained guests at private parties.

Barbara was an avid reader and considered her books her friends. She had an extensive collection of biographies and rare books about New Mexico. She also loved to travel, especially by train.

Barbara was preceded in death by her parents and is survived by her five siblings. She raised three children and had three grandchildren and two greatgrandchildren.

Donations can be made to the Precious Life Shelter in Los Alamitos at https://www.preciouslifeshelter.org/donatetoday.

Griep, Darrel 1925-2019

A "Celebration of Life"

funeral Mass will be held for Darrel Griep, Mutual 10, at Holy Family Church on Jan. 18 at 10 a.m. A reception at his home will follow Mass.



Darrel died Dec. 4, 2019.

Savoni, Pauline Grace July 20, 1929 – Jan. 3, 2020

Pauline Grace Mastrogiacomo Savoni was born July 20, 1929, in Saranac Lake, New York, to Domenico and

Annette Mastrogiacomo.
Pauline died peacefully in her beloved Leisure World Seal Beach home, Mutual 14, after a long



illness with the support of Haven Hospice Team and her 24-hour caregivers (Amity In-Home Care) on Jan. 3, 2020.

Pauline married the first love of her life, Joseph L. Savoni ("Pep"), in 1949 and lived in Endicott and Endwell, New York, for many years, raising a family of three boys. She was a great Italian-American cook and was easily the most popular mother in the neighborhood for her homemade tomato sauce, meatballs, and pizza.

Pauline was a skillful artist who specialized in oil painting and began a career in the mid-1960s as a draftsman producing technical drawings and engineering change orders for IBM contractors and General Electric. After retiring from GE in 1991, Pauline traveled often to Southern California where all of her sons and grandchildren lived.

In 1998, Pauline and Pep relocated to Leisure World, Seal Beach, and enjoyed their tight-knit family, until 2005 when Pep passed.

Pauline loved to dance and after Pep's death she met the second love of her life, George Dominique of Long Beach, at a dance in late 2006. They enjoyed many years together, dancing and traveling extensively, making the

most of their golden years.

Pauline is survived by her sons, Joseph D. (Karen) Savoni, Gregory L. (Analyn) Savoni and Charles F. (Virginia) Savoni; three grandchildren, Jessica Savoni, Julia Savoni and Samantha Savoni; her life companion of her golden years, George Dominique; her sister, Leandra Theodore; and by her sister-in-law, Louise Cardell.

Pauline was predeceased by her loving grandson "Joey," Joseph Robert Savoni.

Pauline's funeral services will be held Saturday, Jan. 18, at All Souls Mortuary, 4400 Cherry Ave., Long Beach, CA, 90807. Public visitation at All Souls Mortuary will begin at 11 a.m.; casket closes and eulogies begin at 11:30 a.m., followed by a funeral mass at 1 p.m. at the All Souls Chapel.

A reception and refreshments will follow at 3:30 p.m. at Leisure World Seal Beach Clubhouse 3, Room 3, for friends and family.

In lieu of flowers, "tribute" donations can be made online to the Leukemia & Lymphoma Society, https://donate.lls.org/lls/donate, "In Memory Of" Pauline Savoni.

—paid obituary

In Memoriam

Mark Benson 58 Joyce Carter 97 Annette Glonek 82 Olivia Hernandez 64 Timothy Weis 71 Petrina Camadore 52 Roger Bennett 90 David Arambula 58 James King 86 Sarkis Shirvanian 80 Luis Rangel 40 Marie Thomas 87 Chiara Hoddan III 80 Raymond Lilies 93 Carole Pacheco 67 *Families assisted by* McKenzie Mortuary,

—paid obituary

'Travel Cat' ends up back in So Cal

Ida Bruce, Mutual 7, and her cat Pepper traveled from Vista, California to LAX, where they boarded a plane. After Pepper's stomach settled, he fell asleep, and 16 hours later landed in Melbourne, Australia. He was quarantined for 10 days, then unhappily put onto another plane to the Sunshine Coast of Australia, where they would stay with Ida's daughter who had three dogs.

Pepper was not a "happy

camper" there, so they flew



Ida Bruce and Pepper, the "Travel Cat"

back to the U.S. and some 18,000 miles later happily set up residence in Seal Beach Leisure World.

Paws, Claws and Beaks has a new meeting schedule. The club meets on the third Wednesday of the month in Clubhouse

3, Room 9, at 4 p.m.

Yarn sought for disabled veterans items

Unused yarn is being collected by LW resident Lynette Gin, Mutual 12, who hand crochets hats and scarves for disabled veterans at the Long Beach VA Medical Center.

To donate yarn for this project, contact Lynette by email at *lyn-nechoy@earthlink.net* or by text message at (818)219-7572.



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Sports & Games



The crowd is large and taking a break between games during the recent Bocce Ball competition. Most attendees bring snacks and beverages to share. Winter play began on Jan. 11 and will last for seven weeks. Visitors are always welcome.

BOCCE BALL

Winter season began Jan. 11

After a seven-week hiatus LW Bocce Ball is rolling again. The fifth winter season began on Jan. 11 with some significant changes.

Due to strong demand, each league will now have 14, two person teams. There are now 112 players playing in their respective leagues for the next seven weeks. Teams from each league who have won the most games, including playoffs, will play for the championship on Saturday, Feb. 29. Stay tuned for weekly updates in the LW Weekly. —Terry Thrift

MEN'S MONDAY GOLF

McKusky and Stivers win first place

The Men's Monday Golf League played its first game of the year on Jan. 6 at the Riverdale Golf Club in Santa Ana. Nine men challenged this interesting 5,700-yard, par 70 course that meanders through, along and across the Santa Ana River. Many elevation changes and challenging greens make fairway position and second shots very demanding. The weather was clear and sunny and became a great day to be outside.

All scores are net (actual score minus handicap).

A Flight

First place, tie between Bill McKusky and Gary Stivers, par 70; second, Sam Choi, 71; third, Fujio Norihiro, 73; fourth, John Meyer, GOLF, page 19

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Wood leads **Pindilicious**

Gary Wood, a big guy who throws a power ball, led Pindilicious to a sweep over Mutual Busters, scoring 212 in his last game and 574 for the high series of the day that kept Pindilicious in first place. Elcisne also recorded a sweep over Very Striking. Ed Cisneros finished with a 191. Elcisne had the team high game score of 694. Teammates Sharon Van Otterloo had a 160 and Helen Sponsler, 157.

Phyl's Guy split with Charlie's Angels by winning the last big game and the second game by five pins. Phyllis Fairchild finished with a 169 and picked up a four way split as she caromed the six pin off nine and into the seven.

PICKLEBALL

Potter remains active in LW

One of the strongest female players on the court is also one of the friendliest. Meet Michelle Potter. She loves the game and advises new players to "keep your eye on the ball." She has an excellent serve, getting the ball way back to the opponent's service line.

Michelle, a Mutual 9 resident, has been active in and out of Leisure World for over 25 years. She was a pool attendant and caregiver for many years. Her background in sports is extensive, playing volleyball in high school, softball and water volleyball in Lakewood and pickleball at the Seal Beach courts on Lampson before pickleball became available in LW. She has been playing table tennis in Clubhouse 6 since the area first opened.

Michelle is the founder of Let the Good Times Roll, casually



Michelle Potter

known as the Doo Wop Club. She also brought water volleyball to the LW pool in 2012. She just started singing with the Good News Singers and is very active with other Christian ministries as well.

—Susan Dodson

LW LADIES GOLF

Jane Song wins first tournament game of year

The Ladies Golf Tournament the week: for the year began Jan. 7. Members played for low gross, low net, and circle hole No. 2 on a beautiful winter day. Only one golfer hit the golf ball from the tee directly into the circle surrounding the hole.

The flight winners were for

Flight A - Low gross, Jane Song, 29; low net, Bert Thompson, 26.

Flight B - Low gross, a tie between Mary Ann Moore and Young Yoon, 33; low net, Yvonne Yim, 28.

Flight C - Low gross, Sun Lee, 31; low net; Sun Chung, 23; circle hole No. 2, Judy Ro.

Flight D - Low gross, Betty Regalado, 36; low net, Gloria Whitney, 24. To join, contact Margie Thompson, at (562) 493-0484.

—Dale Quinn





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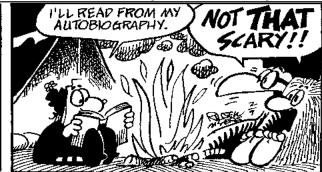
Answers on page 22



Broom-Hilda







Middletons

By Raph Dunagin & Dana Summers



ACROSS

- Door fastening
- 5 NBA's Unseld 8 Scafood order
- 13 Olpe
- 18 Swan genus 19 Nashville campus
- 20 Verandah, in Hawaii
- 21 First duke of Normandy 22 Stack
- 23 Court fig.
- 24 Dejected, old style
- 25 Mythical hunter
- 26 Overlapping Gaynor/
- Beatty films 30 Thread prefix
- 31 Cover
- 32 Campaigned 33 Like the fabled Piper
- 35 Stout
- 36 Kimono adjuncts
- 38 Choler 42 Overlapping Garland/
- Holliday films
 47 Payed to play
- 48 Cafe au ..
- 49 "I'd hate to break up .
- 50 Commonly, to Cato
- 51 Secondhand
- 52 Stow cargo 53 Eartha of song
- 54 Best 55 Barbie's guy
- 56 ___ slump; fall off 57 Hercules' captive
- 58 Team number
- 59 Overlapping Presley/
- Duvall films
- 65 Bulldogs66 Wield a baton67 Brass "silencer"
- 68 Conger
- 70 Small piano 73 Disguise
- 74 Pituitary hormone, initials
- 75 River of S. Bulgaria
- 76 Erstwhile Ulyanov 77 The law
- 78 Cooking direction
- 79 Thorny twig80 Overlapping Brando/ Henreid films
- 84 Corn sticks 85 Pianist Von Alpenheim
- 87 Snout
- 88 Cinque follower
- 89 South Seas staple 90 ____ bell, sound familiar 93 Overlapping Hepburn/ Davis films
- 102 Valerie Harper siteom
- 103 Of a hereditary rank
- 104 Waugh or Wilder
- 105 Fateful day for Caesar
- 106 Discussion group 107 Put on cloud nine

- 108 Hide's partner 109 "___ but the brave. . ."

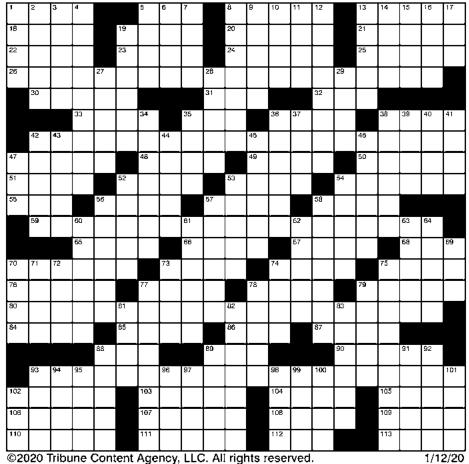
Double Play

Edited by Linda and Charles Preston

The

Observer

Crossword Puzzle



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- 110 T-bone 111 Descartes and Coty
- 112 Part of HRH
- 113 Off yonder

DOWN

- 1 School dances
- 2 UFO passenger
- 3 Clear up 4 Seized first

- __ malice toward none"
- 6 Balt. country
- Kind of terrier
- 8 Piano's ancestor
- 9 Disabled
- 10 Presently
- 11 Chagall 12 Shankar, for one
- 13 Crinkle the brow
- 14 Bee proboscis part
- 16 Coin receiver
- 17 ____-Tiki 19 More fleshy
- 27 Water nymph 28 Distribute

- 29 Anti-Tweed cartoonist
- 34 Widens
- 37 Symbol of redness

- 44 Egyptian statesman
- 45 Pinned down

- 53 Rochester camera

- 63 Macabre
- 71 Gourd fruit

- 35 Rose lover
- 38 Borneo sultanate
- 40 Falls behind
- 43 Pool member
- 46 Manifest
- 52 Boundary

- 64 Passover feast
- 69 Choreographer Lubovitch

- 36 Pearl source
- 39 Take it easy
- 41 Islet 42 Photographer Adams

- Sea bird
- 54 Actor Colin56 Treasure State capital57 Actually existing
- 58 Atomic particle 60 Doge's domain, once
- 61 Pass 62 2104, to Cato

- 70 Insulting blow

- 72 Privy to73 Cleaning tools
 - 74 "... sharp as _ sword" 75 Tierra del Fuego's land

81 Stead

- 77 Geometric figure 78 "Crime and Punishment"
- heroine 79 Fundamental
- 82 Pasta "Alas, poor ___!"
- 88 Approach stealthily 89 Home or blue 91 "The ____ love my Shepherd is": 23rd Psalm
- 92 Colosseum for one 93 "___ I Did for Love," 1975 song
- 94 Tops 95 Brainstorm
- 96 Bulrush "___ Get It for You Wholesale"
- 98 Unthinking
- 99 Swiss artist 100 Go off course 101 Flanders stream 102 Finger game: abbr.

Sudoku

		9		5		1	7	
	6		4		8		3	
			2		7			
						8	5	4
5								9
1	တ	2						
					9			
	1		3		2		8	
	8	4		6		9		

9 To 5 By Harley Schwadron



employees work for <u>free</u> – and you want a raise, Sims? SCRABBLE GRAMS

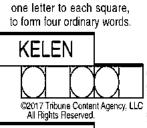
|T₁

|A1||U1||Y4||N1||N1||C3||N1 FIVE RACK TOTAL PAR SCORE 265-275

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no port value. All the words are in the Official SCRABBLE: Players Dictionary, 5th Edition JUMBI

Unscramble these four Jumbles,

BEST SCORE 325



TEHTE MICTOM

PORRUA

THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

TIME LIMIT: 25 MIN



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

POOL LÉAGUE

The Hustlers win Pool League

Boon Buntra, Barry Chittem and Gary Poling of The Hustlers have officially won the Leisure World '19 Fall Pool League. The Hustlers had a season record of 88 wins and 61 losses. Dave Silva, Dave Makinder and Sandy Bird of The Favorites scored eight and four against the Hot Mess Express to finish in second place, only five games behind the Hustlers. Even if the Favorites had won all 12 games they would have still finished one game back.

The Three Amigos cooled off the Hot Shots 7-5 and finished in third place, only two games behind the Hustlers.

Next week the Pool League will finish the season with a sweepstakes match with each team playing every other team in eight-ball and nine-ball.

—David Silva

LWweekly 430-0534

GOLF From page 17

74; fifth, Larry Hillhouse. One birdie was carded by Bill, Sam and Fujio. Larry had two. Sam was closest to the pin on the 150-yard par three second hole. Sam and Fujio tied with fewest putts, 25.

B Flight

First place, Lowell Goltra, one over 71 and fewest putts, 30; second, Marv Ballard, 75; third, Bob Munn, 79.

Friends, ladies, spouses, and family are all welcome to play and/or join. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts in each flight.

For more information, contact Bill McKusky, (562) 430-8618 or Gary Stivers, (714) 313-3697.

—David LaCascia

Chess Club Puzzle

The Persians were the first to introduce the concept of checkmate, warning your opponent when you are attacking his king. Players would shout "Shāh!", Persian for "king", when threatening their opponent's king. The idea was to prevent games from ending too early because of major oversights or lack of attention from an opponent.

This week's puzzle: This week's puzzle white moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available



in Leisure World when the LW Chess Club meets from 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.

CHESS, page 22

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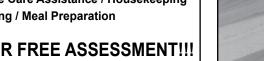
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January 16, 2020 | www.lwsb.com LW Weekly

Bill Clawson won the Jan. 11

Bill Clawson

wins Jan. 11

tournament

Bill Clawson won the final

table on Jan. 11 with a pair of

aces, beating Glenda Saunders

who had one queen and one three

poker club since its inception and has won the final table 12 times.

His hobbies are poker and pool. He is a retired Long Beach City

worker and has lived in LW for

to seventh place were Ken Reddy,

Val Jorgenson, Jack Pfeiffer,

Nancy Floyd and Carole Damoci.

The final table was dealt by Susan

Rose. The high hands today were Cleo Looney and Nancy Floyd.

The promotional hand was 10

and five, won by Lem Hall and

on Jan. 18. Arrive at Clubhouse

6 by 11:45 a.m., there is no late seating. Lessons are given by

Barry Brideau, (714) 401-7622.

For more information, contact

Guta Basner at (619) 850-6052.

SHUFFLEBOARD

Hot Shots

beat Sliders

Shuffleboard continued into

week 13 on Jan. 10 at the Club-

house 1 courts. The Hot Shots beat

the Sliders 11–7. The Hot Shots

all game winners were Patty Pe-

terson, Milly Larsen, Sal LaScala,

John Mount and Howard Bolten.

The Sliders all game winner was

masters vs. Hot Shots on Jan. 18.

It will be a battle between the top

two teams. Current standings are

Hot Shots in first place, Puck-

masters in second and Sliders

potluck dinner in Clubhouse 3,

Room 2, at 5 p.m. The club will

play left-center-right. The St.

Patrick's day potluck dinner is

March 14 at 5 p.m. in Clubhouse

Feb. 8 is the Valentine's Day

The next game will be Puck-

Sally Fowler.

third place.

3, Room 2.

—Judy Jasmin

The next tournament will be

Final table players from third

Bill has been a member of the

final Poker table

POKER

in her hand.

15 years.

Bill Clawson.

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Puzzle Answers

Puzzle page 18

SCRABBLE GRAM	S socu	TION
T ₁ I ₁ T ₁ A ₁ N ₁ I ₁ C ₃	RACK 1 =	<u>59</u>
I ₁ M ₃ A ₁ G ₂ I ₁ S ₁ T ₁	RACK 2 =	66
C ₃ A ₁ R ₁ T ₁ F ₄ U ₁ L ₁	RACK 3 =	62
E ₁ Y ₄ E ₁ W ₄ E ₁ A ₁ R ₁	RACK 4 =	76
$ U_1 \ N_1 \ C_3 \ A_1 \ N_1 \ N_1 \ Y_4 $	RACK 5 =	62
PAR SCORE 265-275	TOTAL	325

Crossword Answers

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Sudoku Answers

4	2	9	6	5	3	1	7	8
7	6	1	4	9	8	5	3	2
8	3	5	2	1	7	4	9	6
6	7	3	9	2	1	8	5	4
5	4	8	7	3	6	2	1	9
1	9	2	5	8	4	7	6	3
2	5	6	8	7	9	3	4	1
9	1	7	3	4	2	6	8	5
3	8	4	1	6	5	9	2	7

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all \$1 boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a

ist contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku

Tach row must contain an of the numbers 1 through 9 and no two numbers in the same row of a Suppuzzle can be the same.
 Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

KNEEL TEETH COMMIT Androids don't need to die to Answer: MEET THEIR MAKER

UPROAR

MEN'S FRIDAY GOLF

Meripol and Norihiro conquer David L. Baker golf course

The Men's Friday Golf League played on Jan. 10 at the par 62, 3,800-yard David L. Baker Executive Golf Course in Fountain Valley. Seven men, one woman and two guests (Fred Edworthy and Gary Monahan) braved the chilly and damp start of the round and teed off at 7 a.m. By 10 a.m. the sun came out and took the edge off the cold. With plenty of water and small greens this golf club challenges everyone. This week's scores were very low due to the great condition of the course. The next Friday round will be at Meadowlark in Huntington Beach on Jan. 17.

First place, Fujio Norihiro, a sensational eight under par 54; second, Dave LaCascia, 5 under 57; third, Sam Choi, 58 plus two birdies; fourth, Gary Stivers, 59. Dave and Sam tied for fewest

B flight

First place, Liz Meripol, with an outstanding 11 under par 51, plus fewest putts, 35; second, tie between Lowell Goltra and Bill Zurn, 59; third, Bob Munn, 64.

Closest to the pin on the par three 100-yard third hole was

Both the Monday and Friday Golf Clubs play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview and Willowick in Santa Ana. LW Men's Club membership is not required.

Ladies, friends, spouses and family are welcome. There is a prize pool for each round that players are not obligated to enter.

Prizes are awarded for low gross in each flight, two prizes for closest to the pin on par threes and a prize for the lowest number of putts. Holes-in-one, although infrequent, are generously rewarded. If interested, contact, Bill McKusky (562) 430-8618 or Gary Stivers, (714) 313-3697.

—David LaCascia

Cards and Games Scoreboard

LW Pinochle Club winners

Jan. 9 — Bert Sellers, 11,680; Joan Taylor, 11,060; Antonia Zupuneich, 11,030; Charlotte Westcott, 10,760.

Jan. 11 — Tony Dodero, 11,380; Gayle Colden, 11,140; Irene, 11,030; Bev Adams, 10,240.

The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at 240-5416.

-Bert Sellers

Monday Bridge Club

Jan. 13 — First place, Ben Watada; second place, Dale Quinn; third place, Marion Standish.

Games begin at noon in Clubhouse 1. For more information, call Marion Standish at (562) 493-1236.

—Marion Standish

LW Bunco Club

Jan. 11 — Most buncos, Karen Riner; most wins, Kathy Russell, Betty Morgan, Ron Holbrook; most babies, Rose Marie Sprague; most losses, Wilma Rojo and Dolores Ruiz; door prize winner, Rita Fueyo.

The Club meets the second and fourth Mondays of the month in Clubhouse 3, Room 1. Play begins at 6 p.m. All Leisure World residents and their guest are invited.

This is a dice game that can be learned to play in minutes. For more information, call Gail Levitt at (562) 596-1346.

—Mike Levitt

Leisure World Duplicate Bridge Club

Jan. 11 — N/S: Sue Fardette-Ellen Kice; Joyce Basch-Harriet Weiss; Howard Smith-Judy Armstrong; Alan and Barbara Olschwang. E/W: Linda Nye-Priscilla Caillouette; Larry Slutsky-Fred Reker; Sylvia Kaprelyan – Joanna Jones-Reed; Chie Wickham-Mike Nielsen.

Jan. 10 — N/S: Larry Topper- Lynn Danielson; Joan Tschirki-Al Appel; Sibyl Smith-Diane Schmitz; Linda Stein-Fred Fred Reker; Ernie Ross-Roy Tomooka; Linda Nye-Mike Nielsen; Judy Carter-Johnson – Cooie Dampman. E/W: Sue Fardette-Marilyn McClintock; Ellen Kice-Russ Gray; Kay Hyland-Ylia Ross; Jeanette Estill-Eileen Kotecki; Marcia Lane-Frances Gross.

The club meets Fridays and Saturdays in Clubhouse 1 at 12:15. For information on how to join the fun and play, call or text Fred Reker at (615) 898-0669. The Club Championship is Jan. 25.

-Fred Reker

CHESS

From page 19

Solution to this week's puzzle: Qe1

The white Queen moves from e1 to c1. Any answer by black, the white's next move is check mate.

The LW Chess Club meets from 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome.



NOCE from page 1

cooking courses.

that no clubs would be supplanted by NOCE classes and that a test kitchen in Clubhouse 3 is in the works to accommodate future

Class dates will be announced as soon as scheduling details are finalized but the inaugural list includes courses in mature driving, foods and nutrition, Senior Topics: Technology-based Devices, painting, ceramics, yoga and Staying Mentally Sharp.

And the sky's the limit, said NOCE's Dennis Davino, director of the Lifeskills Education Advancement Program (LEAP)— Salsa dancing, drama, music arts, creative novel writing, brain health, creative arts-the list of possibilities is endless.

He then introduced the teachers, each of whom gave an overview of the class and his or her background.

Danielle Bloom who will teach Staying Mentally Sharp is new to NOCE and said the collaboration between LW and NOCE is "going to be wonderful." She will cover techniques to build memory, solve problems and make decisions.

Dolly Linn's yoga class will help LWers stay flexible with breathing and gentle stretching.

Yelena Hyatt-Somolina will conduct a "no-pressure, flexible" art class that will focus on helping students find their unique style: "No one is judging. I'm there to help you."

There is no limit to the number of classes that can be taught here," Davino said. "The world is our oyster."

22 students to be viable, but 25-27 would be ideal, said Perrotti, urging residents to sign up for the free classes once registration opens. People can be of any age, so, for example, residents who need

members, friends or caregivers to take a class with them.

Start dates will be announced soon; two-hour classes will run for a 12-week term. Classes will

For more information, call the LW Library at 598-2431, ext. 433.

Singing lessons \$20 per hour. Call Carl at 310-740-2409 1/15/2020

GENERAL

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SBA0003

No Paper By 9 A.M.? (562) 472-1284 Before 10 A.M. State Mutual & Apt. Number

Want to place a classified ad? The deadline is Monday 2:00 p.m. for Thursday's publication

Classes need a minimum of help could ask younger family

be held in clubhouses 3 and 4.

CLUBS

from page 3

bridge clubs came under one umbrella but also retained their reservations, with the exception of a group of four that decided to disband. Our pinochle clubs also joined together, again with no loss of reservations.

Rumors regarding church clubs continue to surface. The policy did change the status of churches that have their own facilities. Although they can no longer retain their GRF club status, they can reserve a clubhouse as an outside organization at a reasonable rate.

Another issue causing contention was Sunday bingo in Clubhouse 2, which had been hosted by four different clubs. In researching California law with respect to bingo, a new policy was adopted to ensure GRF compliance. Two of the former bingo clubs were unable to prove a legal status. Another club was an offshoot of an onsite church that no longer qualifies as a club. The new policy states that to conduct a bingo club, an organization must be a 501(c) 3 or otherwise legal nonprofit that agrees that all net profits collected will be donated to charitable organizations within LWSB to directly benefit shareholder/ members. Three organizations have now been approved and the bingo games will continue, uninterrupted.

It is true that some clubs have been disbanded. These have been small groups of four to eight that previously had private rooms with storage with excessive reservations while other shareholder/members were denied space or the ability to start a new club. They are still able to meet and enjoy their activities, whether at the card room in Clubhouse 2, the Hospitality area of Clubhouse 6, or the new card section in Clubhouse 1. Clubhouse lobbies, when not booked, are open to all residents, as well.

There is more work to be done and more clubs to be vetted and, in some cases, combined. We will seek to do this as fairly and painlessly as possible. Our goal is to preserve as many leisure activities as possible for as many Leisure Worlders as possible with as little disruption as possible. We hope GRF members will work with us to make this happen and that residents would check with the source before embracing rumors and gossip that only serve to hurt our community.

DON'T LITTER



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Perfect for L.W Living! Dark wood T.V. stand with small electric fireplace, 42 & 1/2" W x 30- & 1/2" H x 15 " deep. \$500.562-594-7549.

Purple Schwin tricycle, good condition, \$100. 562-596-7431.

Beautiful black/silver SUN 3 wheel tricycle with black canopy. Front and back baskets, rear view mirrors, improved seat, bell, odometer, new tire pump, strong lock, almost new, used about 10 times. OaudL \$875. Selling for: \$550. Contact: Sandra Hann at 562-386-6098 1/15

For Sale: Imogen 3 portable oxygen with 30+ Kannulas, carrying case and two batteries, \$500. Call 562-240-5273 1/23

Security (562) 594-4754

Red scooter "Phantom" 3 wheels -indoor/outdoor with battery. \$350 good. Electric bed single raises/lowers \$90. End table-file \$15. Call 562-596-4888. 1/15

FREE

Bakers rack, has five glass shelves, finished in antique gold, about 3' wide, 7' high (approximate). cna be disassembled for moving. Call 562-296-5618 1/15

ESTATE / PATIO CARPORT / SALES

Estate Sale 13281 Del Monte Apt. 34 I, Mutual 12 Jan. 16, 17; 9:00 am to 2 pm Bakers rack, twin electric hospital bed, desk, small appliance, floral arrangements, artwork, knickknacks, lamps, HP jet printer, King bed, pots & pans, dishes Glinda Davis 714 943-1818 Seal Beach license GDD0001 13101 Nassau Dr, Seal Beach, CA 90740. See pictures at https://www.flickr. com/photos/120349245@N07/ _albums

L.W. APARTMENTS FOR SALE

For Sale: Gorgeous 2 Bedroom, 2 bath. Has everything you want. One of the best in all of Leisure World. Completely stripped down and remodled. Mutual 11 265D. Call: 562-760-5668. 1/15



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CLASSIFIED ADVERTISING

is just what the name indicates - ads positioned in classifications appropriate to their content. Therefore, no ad may contain advertising more appropriately positioned in another classification unless it is a part of an appropriately placed ad and extremely closely related to that classification.

Example: an ad advertising drapery sales and installation under the Window Covering Sales & Installation classification may also promote drapery *cleaning*. However, the same ad may not advertise cabinet refinishing, a bicycle for sale, etc.

Ads for a variety of household services may appear in the Handyman and/or House Cleaning classifications.



Whether Buying or Selling, call

Hanna Rubinstein

Realtor® • Mutual 11 Resident

562 900-4243

for the best service.



Mutual 15, 44A \$279,000 Atrium in private location with nice greenbelt view. Laminate floors and fresh paint.



Mutual 12, 64C \$259,900 2-beds, 1-1/2 baths, partially extended on a nice greenbelt. Great location close to parking and laundry —new laminate floors and freshly painted. Move-in condition with nice patio and storage cabinets.



Mutual 14, 52i \$230,000 2-beds, 1-bath on gorgeous green. Move-in condition. SOLD OVER ASKING PRICE

2019 Escrows

In Escrow

Mut. 14 - Sold in 1 Week
Mut. 8 198I - Sold in 1 Day
Mut. 3, 15F - Representing Buyer
Mut. 15, 25F -Representing Buyer

Representing Sellers

Mut. 4, 85B	SOLD
Mut. 7, 171D	SOLD
Mut. 5, 112K	SOLD
Mut. 2, 31I	SOLD
Mut. 2, 46I	SOLD
Mut. 1, 31H	SOLD
Mut. 6, 131I	SOLD
Mut. 5, 115E	SOLD

Representing Buyers

Mut. 4, 40G	CLOSED
Mut. 10, 241C	CLOSED
Mut. 11, 276B	CLOSED
Mut. 7, 151B	CLOSED
Mut. 7, 151D	CLOSED
Mut. 1, 2F	CLOSED
Mut. 10, 242K	CLOSED
Mut. 11, 250K	CLOSED
Mut. 3, 18K	CLOSED
Mut. 6, 59G	CLOSED

Coming Soon

Mutual 15 - second floor, 2-beds, 2-bath new laminate floors, tree top views in great location

Berkshire Hathaway Home Services
DRE# 01308588



JOYCE REED Resident Broker Notary Available

596-8656

Mutual 15, 1-D \$245,000



Expanded 2-bedroom, 1-3/4 baths, with small patio.



Close to Main Gate, laundry and carport.

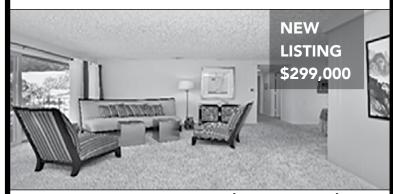


Mut. 9, 232A — CLOSED **Mut. 7, 152-A — CLOSED Mut. 15, 16-R — CLOSED** Mut. 6, 67-J - CLOSED

Unbelievable Real Estate DRE#00460268

F1RSTTEAM®

(818) 398-4124 The World On Sale...



Corner, Drive-Up, Two Bedroom, Two Bath

Central AC, Treetop Views, Tranquil Setting Dual-pane windows. Shows like a model. 1811 St. John Road 41P - Mutual 15



Turn Key, Two Bedroom, One Bath

Three Zone AC, Tranquil Setting 1261 Knollwood Rd 45J - Mutual 4

2 Bedroom, 1.5 Bath, **Expanded Corner Atrium** COMING SOON



Erika Shapiro

Resales Specialist • Mutual 17 Resident

Traveling Notary 562-208-5223



BEAUTIFUL GREENBELT

2 BDR, 1-1/2 bath, Gourmet cook's kitchen, 3 bay windows, washer/dryer, new flooring, move-in ready. Mutual 12, 45D \$399,000



GREAT BUY

Basic 1-bedroom, on nice green, fresh paint. Mutual 3, 7C \$140,000



REDUCED MOVE-IN READY

2 BDR/1 1/2 bath, fully expanded corner drive up, washer/ dryer, dishwasher & more Mutual 2, 19F \$329,000



COUNTRY COTTAGE

2 BDR, 2 bath, greenbelt. Move-in ready, white kitchen, washer & dryer, close parking. Mutual 10, 246L \$419,000

I SOLD 20 in 2019 I SOLD 26 in 2018 I SOLD 34 in 2017 I SOLD 36 in 2015 I SOLD 35 in 2014 I SOLD 60 in 2013

I SOLD 47 in 2016 I SOLD 42 in 2012 I can sell your's too!

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 We are always ACCESSIBLE and AVAILABLE

Mutual 14 - 20e Sunningdale

2Bd/1Ba Expanded Unit, South

-acing on Golf Course. Beautiful.

NEW carpet, NEW paint, 5 Skylights,

Mirror Closet, Granite in Bathroom,

Plantation Shutters, Central Heat/Air.

A GEM OF A UNIT at \$350,000

We are honest in SHOWING ALL LISTINGS

We are incredibly HANDS ON and always.... ON TOP OF EVERYTHING!

NEW LISTINGS

Mutual 12 - 62F - \$450,000 Fully expanded two-bedroom corner unit! Very modern - has everything - great location; Two full baths; washer/dryer; central air

Mutual 8- 178E - \$305,000 Fabulous two-bedroom expanded unit! On lovely greenbelt - Immaculate condition Washer/dryer; remodeled kitchen and bath

Mutual 5 - 108K - \$249,000 Two-bedroom basic floor plan! Central location -Very big patio; Great location close to "downtown"

Mutual 9 - 222L - \$339,000 Fabulous expanded corner unit! Two bedrooms, 1.5 baths; washer/dryer New paint and new carpeting

Mutual 15 - 29R - \$254,950 Two bedrooms, two baths; Upstairs expanded unit! Approximately 1300 sq. ft. of living

Mutual 15 - 37Q - \$235,000 Least expensive in community with 2 B/Rs, 2 Baths - Greenbelt; Great views; Open balcony

Mutual 9 - 232D - \$159,000 Charming one-bedroom unit; Easy access - Park in front; Greenbelt across street; Very private spot

Mutual 5 - 106E - \$209,900 Very clean two-bedroom unit; Nice central location; Heat Pump; Greenbelt views!



www.RetirementLivingSealBeach.com



Mutual 2 - 59e Merion Way outh West Facing L-Shape un Very Bright, NEW Laminate Floors, Skylights, White Cabinets NEWLY Painted, NEW Hardware, Enclosed Porch, Carport Space is steps away from your unit! Clean & Beautiful! MOVE IN READY at \$203,000



OUR BUYERS LOVE US!

M6 2B/1Ba \$260,000 In Escrow

SOLD

Sold

SOLD

SOLD

Sold

SOLD

Sold

M6 2B/2Ba \$299,500 SOLD

M4 2B/2Ba \$397,000 Sold

M16 1B/1Ba \$140,000 Sold

M12 2B/1Ba \$180,000

M12 2B/2Ba \$343,950

M11 2B/1Ba \$426,000

M14 2B/1Ba \$254,900

M14 2B/1Ba \$219,000

M14 2B/1Ba \$180,000

M4 2B/1Ba \$224,000

COMING SOON



Mutual 6 Expanded Unit

Beautiful unit with wood floors, New Painted, molding, pocket doors, lovely kitchen; backsplash, well maintained with tons of character. Lowest HOA Dues! Available soon.



Mutual 2 Corner Unit

2Bed/1Bath Expanded end unit in private location. Nice upgrades will make this a great purchase for the lucky buyer. Keep watching!



Suzanne Ahn DRE#0110737 Realtor® s.ahn@yahoo.com 562-810-1614



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DRE#02016003 Realtor®



SELLERS LOVE WHEN WE SELL!

M14 2B/1Ba \$269,000 Upgraded M12 2B/1Ba \$333,000 Corner M12 2B/2Ba \$397,000 Remodel M11 2B/1Ba \$250,000 Corner M2 2B/1Ba \$195,000 Basic Unit \$355,000 M14 2B/2Ba Upgraded M12 2B/1Ba \$325,000 Corner M10 1B/2Ba \$140,000 Upgrades M14 2B/1Ba \$211,500 Expanded M4 2B/2Ba \$397,000 Remodel M14 2B/1Ba \$180,000 Basic Unit M8 2B/1Ba \$279,000 Remodel M14 2B/2Ba \$498,000 Remodel

Basic Unit

M14 2B/1Ba \$219,000

Andrea Bair

andrea@teamdonnajean.com 714-624-1981



Kathy & Gloria Gupton & Hadley

Kathy Gupton Associate Broker

We are SISTERS



Gloria Hadley Realtor® DRE # 01057681

562 618-9940 Specializing in the LW Community

562 884-3594



Mutual 4, 50A \$249,900

This a fully expanded 2 bedroom 1 bath home with drive-up an leaded glass entry door. This home is ready for a perfect inside remodel or update with spacious living room, extra room that may be used for den or dining room. Kitchen has white cabinets and bar, built-in appliances including cooktop, oven, refrigerator, ventless washer/dryer, skylight and ceiling fan. Expanded Master bedroom with plenty of room for office or sitting area. Bathroom has skylight and walk-in shower. Other features included are dual pane windows, bay windows in living room, master bedroom and den/dining room, white blinds, flooring consists of carpet in living room, laminate in bedrooms and den, vinyl in kitchen, Central heat and air conditioning.





Mutual 15, 32K \$239,000

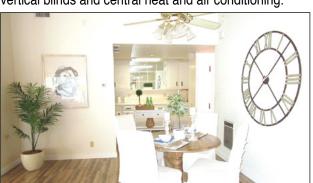
Eloquent traditional home featuring 2-bedroom, 1-3/4-bathroom, spacious living room and formal dining room with ceiling fan. Living room has custom draperies framing triple-pane windows and over-looks an open balcony and beautiful tree-lined greenbelt. Kitchen has white cabinets, built-in electric appliances and double-pane windows. Master bedroom suite has double-pane windows, mirrored cupboard and 2 wardrobe closets. Master bathroom has bathtub with shower and skylight. Second bedroom has lots of closet and cupboard space and double-pane windows. Second bathroom has stall shower and skylight. This lovely home has carpeting throughout, leaded glass entry door and is close to drive-up parking and carport. This charming home is definitely a must see.





Mutual 14, 23D \$255,000

Nicely expanded 2 bedroom 1 bath corner unit, which has patio with storage and leaded glass entry door. Spacious living room with bay window and seat, dining area off kitchen with ceiling fan. Kitchen with built-in appliances including microwave, white cabinets, pantry and skylight. Bathroom has double sinks,walk-in shower with seat and skylight. Master bedroom expanded with area for sitting and walk-in closet. Second bedroom has built-in that may be used as desk or media center, also has sliding door leading to another small patio. This home has abundant natural light, laminate floors throughout, vertical blinds and central heat and air conditioning.



PENDING PENDING Mutual 5, 229D Mutual 14, 23F

EVERYTHING IS SELLING!

We can sell your's too!

Call Kathy 562-618-9940



Mutual 4, 78B \$148,000

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately another 200 sq ft of living space.



Mutual 2, 48H \$210,000

This lovely home faces greenbelt, has wrap around patio with newer outdoor carpet and skylight which is a really nice feature.



Mutual 9, 234l \$158,000

Charming 1 bedroom 1 bath cottage that faces greenbelt with drive-up parking. Patio with storage, wood entry door and retractable screen.



Mutual 7, 176E \$210,000

This 2 bedroom 1 bath cottage has driveup, wrap around patio, with storage, living room open, kitchen with white cabinets, built-in appliances.



Mutual 15, 25F \$476,000

Fabulous 2-bedroom, 1-3/4 bath remodeled atrium floor plan with brick patio and washer/dryer.

We can show ALL property in the LW community



Call and let us present our extensive marketing program.

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Conrad Rodriquez Joanie Korman Kathy Gupton Gloria Hadley Edwina DiMario 562-884-3594



562-706-7999



Vickie Van Ert 310-220-1407



Mary Chittick 562-882-2804



Rosie Wang Davis 626-623-9929



Robin Gray

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Two-Bedrooms

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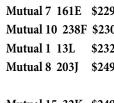
Seal Beach, CA 90740 BRE 00338699



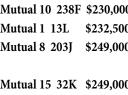
Claudette "CC" Cooley 310-484-9600

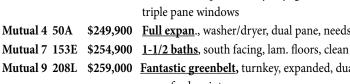


Barbara Diette-Dobias



562-754-5628





Mutual 12 64C Mutual 8 203I Mutual 2 44K

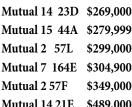
Mutual 7 161E \$229,000 Expanded, greenbelt, double pane windows, skylights Mutual 10 238F \$230,000 Basic corner, wrap around patio, newer paint, carpet \$232,500 Spectacular green, french doors, lam. floors, very nice Mutual 8 203J \$249,000 Greenbelt, cent. air, solar tubes, smooth ceilings,

Mutual 2 10H \$200,000 New windows, 2 large skylights, white bamboo wood floors

Mutual 15 32K \$249,000 1-3/4 baths, open balcony, skylights, double/ triple pane windows **\$249,900** Full expan., washer/dryer, dual pane, needs TLC

Mutual 9 208L \$259,000 Fantastic greenbelt, turnkey, expanded, dual pane, fresh paint

\$259,900	<u>1-1/2 baths</u> , fresh paint, skylights, new lam. flooring
\$259,900	Partial expan., washer/dryer, cent. air, nice
\$269,000	<u>Full expan.</u> , skylights, double pane, wood flooring

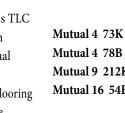


Mutual 14 23D \$269,000 Corner, full expan., cent. air, lam. floors Mutual 15 44A \$279,999 Atrium, fresh paint, wood lam. flooring, heat pump Mutual 2 57L \$299,000 Gorgeous trees, washer/dryer, cent. air, very clean Mutual 7 164E \$304,900 Central park, washer/dryer, full expan., skylights \$349,000 Corner, washer/dryer, 3 heat pumps, skylights Mutual 14 21E \$489,000 Golf course view, 1 1/2 bath, cent/ air, dual pane



Linda Patton 562-522-3364

One-Bedrooms



Mutual 4 78B \$148,000 Mutual 9 212K \$152,000

\$146,500 Enclosed patio, large skylight, move in condition Enclosed patio, drive up, skylights, lam. flooring <u>3 air cond.</u> units, skylights, natural light, quiet Mutual 16 54E \$169,000 Full expan., hard wood floors, double insulation, great view \$173,000 Expanded, huge greenbelt, lam. floors, skylights

Adrian Villarreal



Leah Perrotti

Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



Estee Edwards 562-208-2540



Fay Wescott



Irv Hart



Mutual 1 40B

Philip Bak 213-550-9991



Tim Kearns 714-293-3950



Jong Kim 714-393-7792



424-247-4542



562-673-6703



Robin Gray & Barbara Diette-Dobias Your Leisure World Sales Team

Robin Gray 562) 209-5605 rwgraysales@verizon.net **DRE 01027333**

HATHAWAY California Properties



Barbara Diette-Dobias barbaradobias@gmail.com

DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 8-203-I \$249,900

Darling two bedroom "U-Shaped" expansion with Central Heat/Air, Stackable Washer/Dryer, large master bedroom with a walk-in closet, dining room, skylights, dual paned windows and a nice size patio sitting on a green - plus close carport and street parking!! Be sure to check this out - it's a good one!!



Mutual 8-184-E \$229,500

Basic 2-Bedroom with wrap around patio looking at a greenbelt setting is freshly painted throughout, has laminate floors, a remodeled kitchen with a dishwasher, built-in microwave and oven, and a skylight. Remodeled bathroom, forced air heating and air.



Mutual 4-73-K \$146,500

Basic 1 bedroom with an enclosed patio and a skylight to make this home light and bright. Kitchen is painted with newer counter tops, ceiling fan and a skylight. PLUS! a walk-in tub with a shower to relax. Call Edwina to see — 562-706-7999



Mutual 2-57-L \$265,000

NEW LISTING ... Beautiful location and a Basic Corner too with extras! Two bedrooms and one bath, remodeled kitchen, skylights, central heat/ air, raised walls and dual paned windows, laminate wood floors, new paint, and new bedroom carpet and vinyl floor in bathroom. This is a must see - drive-up green with BEAUTIFUL Trees!



Mutual 1-40-B \$173,000

Fully Expanded 1-bedroom on a beautiful, HUGE greenbelt setting. Both the living room and bedroom are expanded with laminate floors. Kitchen has a ceiling fan, a skylight and newer Formica counters. Bathroom cabinets are white with a skylight and a cut-down shower and vinyl floors. Freshly painted -Close to carport parking



Mutual 11-278-J \$199,000

Two bedroom, 1 bath basic unit on a pretty courtyard setting! Newer dual pane windows, heat-pump, granite counters in the kitchen and bath, solar tubes, covered patio with storage, and close street parking.



CAROL GASPER
REALTOR
Lic# 01276484



carol@carolgknutson.com sealbeach.retirementcommunity.info



F1RSTTEAM® REAL ESTATE

12501 Seal Beach Blvd. #100 Seal Beach, CA 90740

For 2020, I have a total of 1 Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



1603 Monterey Road #22L | M2 | \$479,000

New construction: 2 bedroom, 1 ¼ bath. Gourmet kitchen with stainless steel appliances. Wall mounted fireplace, washer/dryer, dual pane windrows. Great location.



1601 Glenview Rd #64A | M12 | \$359,900

2 bedroom, 1 1/2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven, soundproof wall between unit and laundry room, LAUNDRY IS FREE in this mutual..



1280 Weeburn Rd #31G | M3 | \$239,800

Beautiful 2 bedroom, 1 bath corner unit. Dual pane windows, laminate flooring, new carpet, 2 A/C heat pumps, stone countertops and backsplash.

Microwave, upgraded cabinetry, 2 skylights.



1120 Northwood Rd #186L | M8 | \$269,000

Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet. Drive-up location.



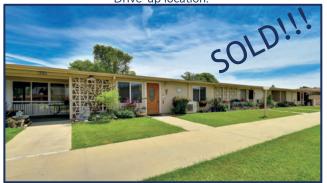
13741 Thunderbird Dr., #49L | M1 | \$210,000

Corner 2 bedroom, 1 bath overlooking beautiful greenbelt.
Patio with storage unit. 2 Skylights, Dishwasher, New Oven,
Ceiling Fan, A/C Heat Pump, Mirrored Closet Doors, Cut
Down Shower. Close To Parking and Laundry.



1562 Golden Rain Rd #44G | M2 | \$229,000

Lowest priced 2 bedroom, 2 bath unit in Leisure World. New flooring, skylights, close to all amenities.



13681 St Andrews Dr #25D | M1 | \$194,500

Fully expanded and remodeled 1 bedroom. 1 bath unit. Gourmet kitchen, 2 A/C heat pumps. Granite countertops, wood floors, stainless steel appliances.



1781 Sunningdale Rd #48L | M14 | \$388,000

Fully expanded corner unit with side patio. 2 bedroom, 1 ½ bath, central A/C, remodeled kitchen, smooth ceilings, bay windows, washer/dryer, walk-in closet. Close to main gate.



1622 Merion Way #38G | M2 | \$469,000

Completely remodeled 2 bedroom, 1 ½ bath corner unit.

Designer kitchen w/ stainless steel appliances, large island, central A/C and heat, washer/dryer, marble tiled bathroom, walk-in closet, expanded master bathroom.

HAS EVERYTHING!





13741 Annandale Dr., #18J, M1 \$145,000

Basic 1 Bedroom, 1 Bath with New Flooring and Paint throughout. A/C Heat Pump, Dishwasher, 2 Skylights, Storage on Patio.

I have access to the total inventory!

On January 13th, 2020 a total of 105 units show as active listings on the CRMLS (this is where Realtors list property for sale).

15 - 1 bedroom/1 bath from \$129,000 to \$199,000

50 - 2 bedrooms/1 bath from \$189,000 to \$350,000

43- 2 bedrooms/2 baths from \$229,000 to \$549,900

Please give me a call for detailed information on any of these properties!

