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Pet Vet Coming March 19 Page 2



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Page 14

MATTER OF BALANCE CLASS
Premature publicity triggers confusion

The Matter of Balance workshop hosted by the OC Office on Aging is a popular falls prevention course that often fills in a single day after it is publicized in the LW Weekly.

On Feb. 11, a LW Live online notification was released in error with the dates of the upcoming Matter of Balance workshops that begin in March. And the calls to reserve a spot in the class began immediately.

In an effort to be fair to all, the workshops were only partially filled with residents who responded after the LW Live came out. The other half of the class spaces have been saved for residents who call today to reserve a spot.

If you called in response to the LW Live message and did not receive a confirmation phone call, then you have not been registered for a workshop in March. Those people need to call again.

It's important to understand that the Matter of Balance workshops are held as frequently as volunteer facilitators are available. Future workshops will be scheduled as volunteers become available and space allows.

As of now, three sessions will be offered:

- Tuesdays starting March 3, with one session from 9:30-11:30 a.m. and a second one from 1-3 p.m.
- Thursdays starting March 5, one session from 9:30-11:30 a.m.

This is a free, eight-week workshop with a limited exercise component. A Matter of Balance is designed for people who have fallen or have a fear of falling. The workshop emphasizes practical strategies to manage falls. It also teaches exercises that increase muscle strength, flexibility and balance.

Classes meet for two hours per week with trained volunteer facilitators in a small group setting. The workshop teaches participants to view falls as controllable, set goals for increasing activity and make changes to reduce fall risks at home. It is sponsored by Orange County Office on Aging.

Classes are held in the Leisure World Health Care Center's main conference room. Registration is required, and there is no waitlist. Call and leave a message for Cindy Tostado, GRF Member Resource and Assistance Liaison, at (562) 431-6586, ext. 317.

Leave your name, phone number, and day and time of workshop you would like.

Once registered, you will receive a confirmation phone call.



Coronavirus has a new name. It is now officially called COVID-19.
Flu is far more threatening than coronavirus

There is no need to panic about the current outbreak of coronavirus disease, now officially named COVID-19, according to the Centers for Disease Control.

While there is a lot of news coverage about the respiratory infection, it's important to keep things in perspective. Here are the latest developments, as of Feb. 12:

- There are only six cases in California, including one in Orange County. The Orange County patient was diagnosed in January and released in good health. There have been no additional cases in Orange County since.
- Infection rates are beginning to fall in Wuhan, China, the epicenter of the outbreak. While there has been a lot of media coverage on the death toll surpassing 1,100 people, this means that less than one percent of infected people have died.

No deaths have been reported in the U.S.

Of far greater concern to Orange County health professionals is the flu, which is a highly contagious respiratory infection that we're all likely to encounter at some point this time of year.

"As frightening as the coronavirus may sound, the bigger threat is the flu, which has killed almost 12,000 people this season," said Dr. Ellen Dayon, a primary care doctor at the Health Care Center. "You are more likely to encounter the flu than coronavirus. If you haven't gotten your flu shot yet, now is the time."

She provided some helpful tips on what you can do to protect yourself from both viruses.

- **Watch for symptoms.** "Fever, coughing, difficulty breathing, these are common."

FLU, page 2

CALIFORNIA HIGHWAY PATROL
Age Well, Drive Smart program coming to CH 2

The California Highway Patrol Age Well, Drive Smart program will be the focus of a presentation at 10 a.m., Wednesday, March 4, in Clubhouse 2. CHP Public Information Officer Marcos Iniguez will give the hour-and-a-half presentation.

Everyone is invited to attend.

You are a good driver, but as you age you may begin to experience functional changes or medical conditions that can affect your ability to drive safely. The good news is that by carefully monitoring changes, such as vision or reflexes, and by working with your doctor, you have the ability to take corrective steps that will improve driving skills and allow you to stay safely on the road.

The percentage of drivers age 65 and older increases annually. With that,

CHP, page 3



by Eloy Gomez
safety/emergency coordinator

COYOTES IN LW



This healthy looking coyote was spotted in LW last year.

Coyote sightings are common and here is what to do about it

Coyote sightings have been on the rise in Leisure World in recent weeks. Residents are also sharing information on social media and on the website *Nextdoor.com*.

Seeing a coyote walking in suburban communities is not as uncommon as most would think. Contrary to popular belief, coyotes do not require open space to survive and have successfully adapted to living in proximity to humans, according to Long Beach Animal Care Services, which contracts with the City of Seal Beach to handle animal control.

Long Beach animal control officers do not respond to calls for service for normal coyote behavior, such as sightings, but these calls are recorded and documented. Officers do respond to calls involving a sick or injured coyote, or if there is a public safety issue; for instance, a coyote is threatening people or lingering in an area frequented by people, such as a yard, park, playground, school, etc.

Coyote activity should be reported online at <http://www.longbeach.gov/acs/wildlife/coyote-report/>. Animal-related emergencies should be reported immediately by calling 570-PETS (7387). If there is an immediate threat to a human, call 911.

To ward off coyotes, don't leave pet food outside.

- Don't leave edible garbage accessible. Use a small amount of ammonia or cayenne pepper in the garbage to discourage scavenging, the Humane Society advises.
- Restrict use of birdseed. Predators are attracted to the birds and rodents

COYOTE, page 2

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A dozen GAF volunteers turned out to help shred LWers' personal papers after an engine malfunction delayed the truck on Feb. 6. Despite the delay, 36 barrels of paper were shredded.

GOLDEN AGE FOUNDATION

Volunteers turn out to make sure papers are safely shredded

Despite a late start due to a broken truck, Leisure World residents got all their sensitive documents shredded on Feb. 6 at Clubhouse 2. A Salvation Army Donation truck and the shredding truck were scheduled to be in LW from 10 a.m.-noon. The Salvation Army truck arrived and hauled away a pile of donations,

with much appreciation for the LW support.

The shredding truck was delayed by engine trouble and did not arrive until 12:30; but LWers were able to leave all their papers, which GAF volunteers hauled to the shredder. According to GAF member Anna Derby, it took 45 minutes of nonstop work to shred

huge piles of papers. "After we took care of pile after pile, there wasn't single gum wrapper left on yard," she said.

The truck stayed until 2 p.m. to accommodate people who returned with their papers.

That day, GAF volunteers and a worker shredded a total of 36

SHRED, page 3

LW Dines Out

Hometown Buffet will serve a Monday night all-you-can-eat buffet on Feb. 24 for \$11 all inclusive, starting at 4:30 in Clubhouse 1. It accepts checks, cash and credit cards

Naples Rib Co. hosts the first Monday of each month.

Menus are printed in the newspaper as well as on LW Live!

The Leisure World Transportation Department provides regular weekday and weekend bus service to the clubhouse as well as on-call service for the special needs access bus. For further information on the bus schedule, call 431-6586 ext. 372 or 379. For information about restaurant services, contact events@lwsb.com or 431-6586, ext. 326.

Hometown Buffet Menu

Clam Chowder	Macaroni and Cheese
...	Steamed Cut Corn
Broccoli salad	Steamed Carrots
Coleslaw salad	Freshly Baked Dinner rolls
...	...
Traditional Pot Roast	Bread Pudding
Rotisserie Baked Chicken	Chocolate Pudding
Creamy Mashed Potatoes and Gravy	Banana Pudding

VET CARE CLINIC

Low-cost vaccinations offered

A vet care clinic offering low-cost dog and cat vaccination and other services will be held on March 19 from 9-11 a.m. at Community Church.

Residents should bring their dogs on leashes and cat should be in crates for their safety.

For more information, contact Elaine Miller at (925) 997-3412.

CAP Food Distribution is Today

Free food will be distributed today from 9-11 a.m. through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. Every third Thursday, qualified LWers receive 40 pounds of food.

For more information, call 431-6586, ext. 317.

COYOTE

from page 1

that use feeders.

- Eliminate outdoor sources of water.
- Clear near ground-level any shrubbery that provides cover for predators or prey.
- Pick fruit as soon as it ripens, and keep rotten fruit off the ground.
- Keep cats and small dogs indoors, allowing them outside only under strict supervision.

Trapping and relocation of coyotes is not a recommended or viable alternative. Wild animals are territorial and similar species will simply take over the area vacated by the relocated or dead animal, according to the Humane Society.

The nighttime howling of wild coyotes is ever-more common across America—they are now found in every state but Hawaii. The best way to protect your pets is to let them outside only when you are with them, especially at night. Stay close to your pet when taking them outdoors and always keep them on a leash, especially from dusk through early morning hours.

FLU

from page 1

mon with a lot of infections," she said. "If you're experiencing any of these, talk to your doctor."

• **Avoid close contact with anyone who is coughing and sneezing.** "Coughing and sneezing can spread germs very quickly," Dr. Dayon said. "If you're near someone when they sneeze, you might breathe in the germs."

• **Wash your hands regularly.** "We touch a lot of things during the day," she said. "If you're in public places, you'll touch door handles, chairs and more. The germs can live on surfaces, so it is smart to wash your hands frequently. Wash your hands for at least 20 seconds."

• **Stay home if you're feeling sick.** "Maybe it's only a cold, but if you're feeling under the weather, stay home," Dr. Dayon said. "it's better for you to rest and recover than risk spreading germs."

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LW POOL UPDATE

GRF Board to mull pool plan March 24

The GRF Physical Property Committee recommended that a total of \$1.5 million be earmarked to renovate the Leisure World pool facility after costly defects were uncovered during demolition late last year.

The project was originally estimated to cost about \$750,000 but the scope of work—and thus the cost—expanded as workers uncovered defective gas, electric and drainage lines. There were also structural deficiencies such as insufficient foundation supports, rotted wood, and lighting and plumbing that are not up to current building codes among other problems.

In August, the GRF Board unanimously approved improvements and upgrades to the pool and golf course area. The golf course part of the project has been completed.

But work was stopped on the pool pending reports from consultants, engineers and contractors detailing the extent of the needed repairs.

The initial cost estimates were funded from reserves, \$555,065, and capital funding, \$194,935.

It has been estimated that an additional \$750,000 in reserve funding will be needed to get the pool facility up to code. The new projected total cost \$1.5 million.

Among other work, the funding will cover upgrades in pool and spa lighting, pool and spa plumbing, and the complete replacement of the electrical system and gas and drainage lines. Portions of block walls at women's locker room exterior and spa equipment will be replaced as will the roof over spa equipment, which lacked support and footings.

The pool and spa equipment, and pool attendants shack will be completely replaced.

The Physical Property Committee will forward its approval to the Finance Committee, which will consider the funding aspects of the project.

Both committee recommendations will be presented at the next GRF Board of Directors' meeting at 10 a.m. on March 24 in Clubhouse 4.



This group of CERT members was recently certified. A new course begins March 2.

CERT

Disaster preparedness classes to begin in March

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area.

The CERT training program is a 20-hour course, delivered over a five-week period. Training sessions cover disaster preparedness, disaster fire suppression, basic disaster medical operations, and light search and rescue.

Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Students must attend all sessions.

All classes meet on Mondays

from 8 a.m.-noon. The schedule is as follows (locations and topics may be changed):

- March 2: Disaster Prep., Unit 1, CERT Organization, Unit 2, Clubhouse 3, Room 1
- March 9: Medical Operations I, Unit 3; Medical Operations II, Unit 4, Clubhouse 4, Section A
- March 16: Disaster Psychol-

ogy, Unit 5; Fire/Utility Safety, Unit 6, Clubhouse 4, Section A

• March 23: Light Search & Rescue, Unit 7; Terrorism/CERT, Unit 8; Clubhouse 4, Section A

• March 30: Course Review/ Disaster Simulation, Unit 9, Clubhouse 4, Section A

To register, call Eloy Gomez at (562) 431-6586, ext. 356.

CHP

from page 1

California Highway Patrol launched the Age Well, Drive Smart program to give senior drivers tools to remain safe and confident on the road. The class includes a self-assessment to help senior drivers identify changes and compensate for them. Topics include current California driving laws, safe driving practices and the effects of aging on a person's ability to drive safely. It includes a self-assessment component to help identify these changes and offer ways to mitigate them.

"Helping seniors continue to drive safely is key to their independence and the safety of the motoring public," said CHP Commissioner Warren Stanley. "The Age Well, Drive Smart program provides additional education to seniors and their families to ensure they are able to drive well into their golden years."

If you would like to receive a CHP certificate of attendance, pre-register at (562) 431-6586, ext. 356.

SHRED

from page 2

barrels of documents, far more than the usual 25-29 barrels. A total of 12 GAF volunteers showed up to help more than 250 shareholders safely dispose of personal papers. The Golden Age Foundation would like to thank all shareholders for patience under unexpected conditions and those volunteers, who stayed to help pile after pile of documents to be shredded.



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Perspectives

SCAM WATCH

IRS imposter scams are common

IRS imposter scams occur when someone contacts you pretending to work for the IRS. The imposter may contact you by phone, email, postal mail, or even a text message. There are two common types of scams:

- Tax collection—You receive a phone call or letter, claiming that you owe taxes. They will demand that you pay the amount immediately, usually with a prepaid debit card or wire transfer. They may even threaten to arrest you if you don't pay.
- Verification—You receive an email or text message that requires you to verify your personal information. The message often includes a hyperlink phrase which reads "click here." Or you may see a button that links you to a fraudulent form or website.

How to Report IRS Imposter Scams

Contact the Treasury Inspector General for Tax Administration (TIGTA) if you believe that an IRS imposter has contacted you. Report IRS imposter scams online or by calling TIGTA at (800) 366-4484. Forward email messages that claim to be from the IRS to phishing@irs.gov.

How to Avoid IRS Imposter Scams

There are things you can do to protect yourself from an IRS imposter scam.

- Do:**
- Beware if someone calls claiming to be from the IRS. The IRS will always contact you by mail before calling you about unpaid taxes.
 - Ask the caller to provide their name, badge number, and callback number. Then call TIGTA at (800) 366-4484 to find out if the caller is an IRS employee with a legitimate reason to contact you. If you confirm that the caller is from the IRS, call them back. Otherwise, report the scam call to TIGTA.
 - Become familiar with what fraudulent IRS email messages look like. Review a sample IRS phishing email.
 - Verify the number of the letter, form, or notice on the IRS website.
 - Be suspicious of threats. The IRS won't threaten to have police arrest you for not paying a bill.
- Don't:**
- Don't give in to demands to pay money immediately. Be especially suspicious of demands to wire money or pay with a prepaid debit card.
 - Don't trust the name or phone number on a caller ID display that shows "IRS." Scammers often change the name that shows on caller ID using a technique called spoofing.
 - Don't click on any links in email or text messages to verify your information.

—from USA.gov

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.

Debbi Fudge of Mutual 1 would like to thank the Hospitality Room Golden Age Foundation volunteers who worked Feb. 6 for all of the extra work serving cake and coffee to the 150 people who came to the Hospitality Room that morning.



Joshua 1:7-9

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MEMBER COLUMN

Heroes in Hiding: The Enduring Legacy of Gil Moore

by Jim Greer
LW contributor

Several times each year, we honor those who have served in uniform. Gallant soldiers, sailors, airmen, marines and coasties are honored as heroes while serving at home and abroad. But, all too often, we fail to recognize the heroes in hiding, whose continuing, faithful service goes unacknowledged. These heroes in hiding serve in churches, synagogues, masjids and temples.

For these humble servants, recognition is unsought in this life, for "the fear of the Lord is the instruction of wisdom; and before honor is humility." For servants of God, humility, not recognition, is the goal.

On Jan. 30 at the Installation Gala of the Leisure World Interfaith Council, one of these gallant, humble servants was honored. Though he was adamant that his service not be acknowledged, the Council insisted on recognizing Pastor Gil Moore for his 16 years of faithful service to our community.

Gil's life of service began as he completed his studies at Concordia Seminary in Clayton, Missouri. With his wife, Lavona, and their first child in tow, the Moores moved to Idaho to serve two small congregations. Next came Seattle, Washington, then Ewa Beach, Hawaii. But it wasn't until the family of six landed in Eagle Rock, California, that they were



Jim Greer (l) with Pastor Gil Moore

able to purchase their first home. While serving a local congregation here in the Los Angeles basin, Gil eventually secured licenses in marriage and family counseling, as well as nursing home administration.

Gil's service among seniors began as he became an administrator in a large Downey nursing home. He recognized that a move to Seal Beach

MOORE, page 12

Letter to the Editor

Editor:

Shareholders, beware of signing petitions that come your way. Petitioners went to Mutual 9 shareholders asking them to sign a petition to rescind three policies.

The petitioner did not show the petition to the shareholder or explain what the petition was truly for. Instead they were given false information to mislead the shareholder in signing the petition.

Because of this Mutual 9 will have to have a special election to rescind three policies that were approved by the board.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers.

Some names will be left out to protect privacy.

With those signatures, the mutual shareholders will now spend approximately \$11,000 to have an election to vote on whether the policies should be rescinded.

When you are asked to sign a petition, read the petition, ask questions and the one key question: what happens after signing. People need to know the end result of signing the petition and

hope they get an honest answer. If you are not comfortable with the pressure from the petitioner to sign, instead politely ask the person to leave. Do your research before signing to be sure this is what you believe is the right thing to do. If you decide to sign the petition, be sure you know all the facts and the truth.

Beth Mayer
Mutual 9



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LW Weekly

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

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VOL. 44 NO. 8

Government

GRF Board Agenda

*Agenda
Clubhouse Four
Tuesday, February 25, 2020, 10:00 a.m.*

- 1) Call to Order/Pledge of Allegiance
- 2) Roll Call
- 3) President's Comments
 - a) Announcements
- 4) Service Awards/Staff Commendation
- 5) Seal Beach City Council Member's Update
- 6) Health Care Advisory Board Update
- 7) Shareholder/Member Comments

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:

 - 4 - minute limit per speaker, no more than 15 speakers
 - 3 - minute limit per speaker, 16-25 speakers
 - 2 - minute limit per speaker, over 26 speakers
- 8) Consent Calendar
 - a) Committee/Board meeting for the Month of January
 - i) Minutes of the Recreation Committee Board Meeting of January 6, 2020
 - b) GRF Board of Directors Minutes, January 28, 2020
 - c) February GRF Board Report dated February 25, 2020
 - d) Accept Month of January Financial Statements for Audit
 - e) Approve Reserve Funds Investment Purchase
- 9) Reports
 - a) Facilities and Amenities Review (FAR) Ad hoc Committee
 - b) Management Services Review Ad hoc Committee
 - c) Strategic Planning Ad hoc Committee
 - d) Website Ad hoc Committee
- 10) New Business
 - a) General
 - i) Reserve Funding Request – Roof Replacement Administration Building, Latent Construction Defects
 - ii) Conceptual Design Approval - Fitness Center
 - iii) Pool, Spa, and Locker Room Replacement Design Approval
 - b) Executive Committee
 - i) Employee Benefits Renewal
 - ii) Capital Funding Request – Administration Building, Vacant Office Repurpose
 - iii) Appoint Inspector of Elections for GRF Elections
 - c) Finance Committee
 - i) Approve Reserve Study Proposal
 - d) Physical Property Committee
 - i) Reserve Funding Request –Pool/Golf Course Project
 - ii) Reserve Funding Request – Clubhouse Three, Knowledge & Learning Center, Rooms Nine and Ten
 - iii) Capital Funding Request – 1.8 Area, Electrical
 - iv) Operating Funding Request – Fire Protection Contract
 - v) Reserve Funding Request – Painting Projects (Exteriors: Clubhouse Four and Service Maintenance Buildings, Interior: Library and Friends of the Library Buildings)
 - vi) Capital Funding Request – Main Gate Improvements (Exit Area, Break Room and Kitchen Area)
 - vii) Reserve Funding Request – Clubhouse Four, Replace Flooring, Lapidary Room
 - viii) Reserve Funding Request – Administration Building, Replacement of HVAC Unit One
- 11) Staff Reports
 - i) Director of Finance's Report – Ms. Miller
 - ii) Executive Director's Report – Mr. Ankeny
- 12) Board Member Comments
- 13) Next Meeting/Adjournment

The next regular GRF Board of Directors meeting is, Tuesday, March 24, at 10 a.m., in Clubhouse 4.

Presidents' Council Recap

**THE PRESIDENTS' COUNCIL
February 6, 2020
Clubhouse 4**

The regular monthly meeting of the Presidents' Council of Seal Beach Leisure World was convened at 9 a.m. by President Jackie Dunagan on Feb. 6 in Clubhouse 4, followed by the Pledge of Allegiance.

The following is a recap of the meeting:

- The regular monthly Council meeting minutes of Jan. 2 were approved, by general consent of the Council, as written.
- Heather Hyland, Orange County Mosquito Vector Control District, presented an update on OCMVCD efforts to combat the Aedes species mosquitos and provided educational information pertaining to prevention.
- Mark Weaver presented a Facilities Director report, advising that the Administration roof will be torn off on Sunday, Feb. 16, and recommended using caution when traveling around the Administration Building during that week.
- Jodi Hopkins presented the Save the Date flyer handout for the GRF Mutual Board Training Seminar on March 2 in Clubhouse 4.
- Anna Gambol presented a handout on the light board configuration on the dais in Clubhouse 4 to be used during the upcoming Mutual Annual meetings.
- Randy Ankeny provided a handout that illustrates how sensitive consumer surveillance systems have become, reminding the audience to be aware of their responsibilities, as board members, at all times. He also provided a brief update on the pool/spa project.
- The Council discussed the Superwire packets for shareholder/members; Randy Ankeny received a response from Mr. Lipschultz advising that the New Member Superwire packet is now ready for distribution and would be delivered to Mr. Ankeny shortly.
- The Council discussed Mutual Elections; Ginni Houck distributed individual Mutual Election Timeline packets.

Belinda Meacham reviewed the packets with the Presidents and distributed individual Mutual election policies.

- Jodi Hopkins advised that the Notice of Authorization to Close form will be included on all the Mutual's agendas, for discussion.
- Julie Rodgers presented a sample new cooktop element, which has a temperature limiting function.
- Nataly Chigireva distributed

a handout providing the various deadlines for reports and photos for the Annual Report. Jodi Hopkins provided individual Annual Report informational packets for the Presidents, including their submissions from last year.
The next Presidents' Council meeting is Thursday, March 5, at 9 a.m. in Clubhouse 4.

GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Fri., Feb. 21	Roundtable with Mutuals/GRF Administration 1 p.m.
Tues., Feb. 25	GRF Board of Directors Clubhouse 4 10 a.m.
Wed., Feb. 26	Special Governing Documents Committee Administration 10 a.m.
Tues., Feb. 27	Management Services Review Ad Hoc Administration 1 p.m.
Mon., March 2	Recreation Committee Conference Room B 1 p.m.
Tues., March 3	Mini Farm Subcommittee Conference Room B 10 a.m.
Wed., March 4	Governing Document Committee Administration 10 a.m.
Wed., March 4	Physical Property Committee Conference Room A 1 p.m.
Thurs., March 5	Architecture Design Review Committee Administration 1 p.m.
Fri., March 6	GRF Board Executive Session Administration 1 p.m.
Mon., March 9	Mutual Administration Committee Administration 1 p.m.
Tues., March 10	Facilities/Amenities Review Ad Hoc Admin 1 p.m.
Wed., March 11	Security, Bus, Traffic Committee Administration 1 p.m.
Thurs., March 12	Communications Committee Administration 1 p.m.
Fri., March 13	Executive Committee Administration 1 p.m.
Mon., March 16	Finance Committee Administration 9 a.m.
Tues., March 17	Website Ad Hoc Committee Administration 1 p.m.
Wed., March 18	Strategic Planning Ad Hoc Committee Administration 10 a.m.
Fri., March 20	GRF/Mutual Roundtable Administration 1 p.m.
Tues., March 24	GRF Monthly Meeting Clubhouse 4 10 a.m.
Thurs., March 26	Management Services Review Ad Hoc Administration 1 p.m.

Sign up today for email alerts

The Golden Rain Foundation is signing up residents for a new one-way, real time community notification system. LW Live is designed to keep people informed during emergencies and get the word out about other LW issues. To sign up online, log onto www.lwsb.com and click the "LW Live" icon to the right.



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Mutual Election Cycle Begins; Directors Needed

The community unity displayed in Leisure World Seal Beach is a direct result of all the unpaid volunteer Mutual and GRF board members duly elected to serve their mutuals and the shareholders over many years. What better way to sustain a community such as Leisure World then by volunteering time toward the governance of the incredible lifestyle shareholders enjoy?

This community was founded on the premise that the Mutual Boards and the elected board directors would set into operation the day-to-day business of each mutual corporation. Directors address the issues of most importance to their electorate, that is, the shareholders. Board directors find solutions to problems, large and small. This is not an easy job. It takes time, effort and a willingness

to unselfishly donate a portion of everyday life to the community. Leisure World Seal Beach is full of highly qualified shareholders who have so much expertise to offer, such as knowledge of construction, plumbing and accounting. New ideas and perspectives are always needed and that means volunteers are needed. Consider becoming a candidate

for a director's position on your mutual's board of directors. The schedule below indicates each mutual's annual meeting date and election. Note the deadlines to apply for candidacy. For more information on becoming a Mutual Board of Directors candidate, contact the Stock Transfer Office at (562) 431-6586, ext. 346.

Parcel Designations Mutuals 9 and 12

Mutual Nine		Mutual Twelve	
Parcel	Bldgs.	Parcel	Bldgs.
39	206-210	1	64-69
40	211-214	2	70-73
41	215-218	3	74-78
42	219-223	4	6-11
43	224-226	8	55-63
44	227-232	9	40-47
45	233-237	10	34-39

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:	
Thurs., Feb. 20	Mutual 2 Administration9 a.m.
Thurs., Feb. 20	Mutual 11 Conference Room B..... 1:30 p.m.
Fri., Feb. 21	Roundtable with Mutuals/GRF Administration 1 p.m.
Mon., Feb. 24	Mutual 8 (open forum starts at 9 a.m.) Conference Room A 9:15 a.m.
Wed., Feb. 26	Mutual 10 Administration9 a.m.
Thurs., Feb. 27	Mutual 1 Administration9 a.m.
Fri., Feb. 28	Mutual 6 Administration 9:30 a.m.
Tues., March 3	Mutual 16 Administration 9:30 a.m.
Tues., March 3	Mutual 17 Administration 1:30 p.m.
Mon., March 9	Mutual 9 Administration9 a.m.

2020 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	7	384	193	5	Fri. 2/14	Mon. 3/16	Wed. 4/15	May	5/15	10 a.m.	
	10	276	139	5	Fri. 2/14	Mon. 3/16	Mon. 4/20	May	5/20	10 a.m.	
	14	328	165	7	Fri. 2/14	Mon. 3/16	Tues. 4/21	3 rd Thurs.	5/21	10 a.m.	
	9	384	193	7	Fri. 2/14	Mon. 3/16	Wed. 4/22	4 th Fri.	5/22	10 a.m.	Parcels in effect
	8	348	175	5	Fri. 2/14	Mon. 3/16	Sun. 4/26	4 th Tues.	5/26	10 a.m.	Meeting moved from 4 th Mon. to 4 th Tues. due to Memorial Day
	4	396	132	3	Wed. 2/12	Fri. 3/13	Mon. 4/27	4 th Wed.	5/27	10 a.m.	Staggered terms
	16	60	20	5	Wed. 2/12	Fri. 3/13	Mon. 4/27	4 th Wed.	5/27	2 p.m.	Election & Annual Meeting held Admin. Conf. Room
	11	312	157	6	Fri. 2/14	Mon. 3/16	Tues. 4/28	4 th Thurs.	5/28	10 a.m.	
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JUNE	6	408	136	7	Fri. 2/14	Mon. 3/16	Wed. 5/6	June	6/5	10 a.m.	
	1	844	282	5	Fri. 2/14	Wed. 3/25	Sat. 5/9	2 nd Mon.	6/8	10 a.m.	Staggered Terms
	5	492	164	4	Tue. 2/25	Thur. 3/26	Sun. 5/10	2 nd Tues.	6/9	10 a.m.	Staggered Terms.
	3	432	217	7	Fri. 2/21	Mon. 3/23	Mon. 5/11	2 nd Wed.	6/10	10 a.m.	
	12	452	151	7	Thur. 2/27	Sat. 3/28	Tues. 5/12	2 nd Thurs.	6/11	10 a.m.	Parcels in effect
	2	864	288	9	Fri. 2/21	Tue. 3/24	Wed. 5/13	2 nd Fri.	6/12	10 a.m.	
	15	502	168	7	Fri. 2/28	Tue. 3/31	Wed. 5/20	3 rd Fri.	6/19	10 a.m.	
	17	126	65	3	Tue. 3/10	Thu. 4/9	Sun. 5/24	4 th Tues.	6/23	10 a.m.	Staggered Terms.

NOTE:
* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.
** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.
*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

Decal Service

Expiring resident decals are replaced in the satellite Security Office downstairs in Building 5. Bring a resident ID card, valid driver's license, current car registration and insurance card. Decals are issued 8 a.m.-4 p.m., Monday-Friday, and Saturday, 9 a.m.-1 p.m.

Carport Cleaning Schedule 2020

The following is a partial list of the holiday carport cleaning schedule:
Memorial Day - Monday, May 25
Mutual 10, Carports 117-121, 123-124, will be cleaned on Friday, May 29.

Independence Day - Saturday, July 4
No carports are affected
Labor Day - Monday, Sept. 7
Mutual 1, Carports 1-6, 9-10, and Mutual 17, Building 3, will be cleaned Monday, Aug. 31.

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- Pneumovax 23 (패렴)
- Hepatitis A, Hepatitis B (간염)
- M-M-R (홍역, 볼거리, 풍진)
- Meningitis (수막염)
- Tdap (파상풍, 디프테리아, 백일해)
- HPV - Human Papilloma (인간 유두종)



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EVEN-NUMBERED MUTUALS

How to be a GRF Board candidate

The campaign cycle for the GRF Board of Directors (BOD) begins in February. During 2020, the Board seats representing the even-numbered Mutuals are up for election. Candidacy is subject to all applicable state laws and accordance to GRF policy 5025-30. All candidates must be members of GRF for at least a year at the time of nomination and cannot have been convicted of a crime that would either prevent GRF from purchasing fidelity bond coverage or terminate existing coverage. A Mutual BOD may appoint a nominating committee for the purpose of recommending a candidate for election. All candidates recommended by a Mutual BOD or nominating committee will be given candidate instructions by the Stock Transfer Office.

Candidates must be current in payment of carrying charges. This does not include non-payment of collection charges, late charges, fines cost levied by a third party or if member has paid under protest. All members have the right to engage in Internal Dispute Resolution (IDR) and/or Alternative Dispute Resolution (ADR) pursuant to Civil Code 5658. A member may contact the Board in writing to initiate an IDR/ADR. If an IDR/ADR is not scheduled and completed prior to the nomination deadline the candidates may be disqualified for non-payment of monthly assessments. A candidate may be a member who is an officer or director of a Mutual Corporation, a member of any City Council, Board of Supervisors of the County of Orange, Planning Commission for the City of Seal Beach or County of Orange. In addition a member of any entity or partnership or an officer or director of any other corporation engaged in supplying material series or labor to GRF is strongly discouraged from running for the Board. Such actions may cause a potential conflict of interest, causing unnecessary liability, including but not limited to breaching fiduciary duties. Each candidate may submit

GRF, page 12

Health & Fitness

Impaired Vision and Hearing meeting on Feb. 21 and 25

The support group for the Impaired Vision and Hearing Club will meet tomorrow, Feb. 21, at 10-11:30 a.m. in Clubhouse 3, Room 6.

If you are dealing with failing vision, this is the place for you to learn how to cope and learn some great every day hints and know where to go for help. Join us to learn more.

Mark Padilla will give a talk on the importance of balance training for those with vision issues on Feb. 25 at 1:30 p.m. in Clubhouse 3, Room 1. Mark is a licensed physical therapist assistant at Senior Choice in the Leisure World Health Center. He has worked for Senior Choice since 2008. After he passed his state board exams in 2014, Mark became a physical therapy assistant.



Mark Padilla

Vision is an important component of balance and if this is compromised, the need to heighten the aspects of stability to accommodate for the change are greatly increased.

If you are dealing with failing vision, this is the place for you to learn how to cope and learn some great every day hints and know where to go for help. Join us to learn more.

For more information, call Sharon Kohn at (562) 596-1969. All Leisure World members are welcome to attend. Members must pay dues.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc., is a nonprofit community service organization that delivers a variety of freshly prepared meals to homebound and active Leisure World shareholders. The discounted daily fee is \$8.25 for a hot dinner and lunch consisting of a large salad or sandwich with a small side salad, dessert and carton of low-fat milk. Meals with a "friendly visit" are delivered weekdays between 10:30 a.m.-12:30 p.m. Start a new client application online at www.mowlb.org or call Caron Adler at 433-0232. For cancellations call your site manager at (562) 439-5000 before noon to cancel a meal for the next weekday.

Thursday, Feb. 20 — Roasted pork with honey mustard sauce, macaroni and cheese, mixed vegetables, chocolate cake, tuna salad sandwich with spinach and tomato carrot and raisin salad

Friday, Feb. 21 — Beef teriyaki, brown and wild rice, oriental vegetables, pear with mango, entrée Caesar chicken salad with romaine lettuce, grated cheese, croutons, Caesar dressing and crackers

Monday, Feb. 24 — Oven baked chicken breast with mole sauce, Spanish rice, seasoned broccoli, carrot cake, egg salad sandwich with spinach and tomato, cucumber, creamy coleslaw

Tuesday, Feb. 25 — Beef stroganoff, mushroom and barley rice, green beans and pimentos, Jell-O with pineapple chunks, cobb salad with turkey, ham, egg, cheese, bacon, tomato with blue cheese dressing and crackers

Wednesday, Feb. 26 — Oven baked fish scampi, Israeli couscous, brussel sprouts, apple crumb cake, turkey and cheese sandwich with lettuce, tomato and pickle, homemade potato salad

Thursday, Feb. 27 — Chicken enchilada with Verde sauce, black beans, cauliflower with herbs, peaches with yogurt, roast beef and cheese sandwich with lettuce, tomato and pickle, red cabbage coleslaw

Friday, Feb. 28 — Beef stew with potatoes, onions, celery and carrots, biscuit, vanilla and chocolate swirl pudding, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, salsa dressing



Cheryl Kelly

WA-RITE

Cheryl Kelly is Top Loser

Wa-Rite's Top Loser of the week was Cheryl Kelly with a 3 1/2 pound loss. She said she was more aware of what she was eating and would ask herself, "Am I hungry and will this satisfy me?" This kept her from mindless eating and splurging.

Wa-Rite is a support group of women needing to lose 10 pounds or more.

Members meet on Fridays in Clubhouse 3, Room 1 from 9-10 a.m. Weighing begins at 7:45 a.m. Annual dues are \$10. For more information or questions, call Carol Chambers at (562) 822-4641 or Bev Bender at (562) 594-9148.

Senior Meals



Seal Beach Community Services, in cooperation with Meals on Wheels Orange County, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call (562) 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World.

Thursday, Feb. 20 — Oatmeal, milk, orange juice, low fat yogurt, bread with Promise, Chinese chicken salad with chicken, shredded carrots, shredded cabbage, mandarin oranges and sesame dressing, dinner roll, tropical fruit mix, cubed beef with stroganoff sauce on pasta noodles, spinach, fruit crisp

Friday, Feb. 21 — Hardboiled eggs, milk, orange juice, bread with Promise and jelly, ham sandwich with hamburger bun, carrot raisin salad, mayonnaise, Ambrosia, baked potato with vegetarian chili, shredded cheese and sour cream, California vegetable blend, apple

Monday, Feb. 24 — Oatmeal, milk, orange-pineapple juice, bread with Promise, chicken fiesta salad, cucumber salad, dinner roll with Promise, fig bar, baked meatloaf with brown gravy, egg noodles, mixed vegetables, fruit crisp

Tuesday, Feb. 25 — Mini bagel with cream cheese, milk, orange juice, low fat yogurt, crab, corn and tomato salad, quinoa salad, dinner roll with Promise, canned apricot, chicken drumstick, baked sweet potato, California vegetable blend, mandarin oranges

Wednesday, Feb. 26 — Hardboiled eggs, milk, orange-pineapple juice, string cheese, bread with Promise and sugar free jelly, Thai chicken salad with dressing, confetti rice salad, sugar free pudding, Mexican beef enchilada casserole, Spanish rice, spinach, fruit cocktail



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Religion

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The Seventh Sunday in Ordinary Time on Sunday, Feb. 23. The First Reading is Leviticus 19:1-2, 17-18 and the Second Reading is 1 Corinthians 3:16-23. The Gospel reading will be from Matthew 5:38-48.

Ash Wednesday, Feb. 26

The 2020 Lenten season begins on Ash Wednesday, Feb. 26, for Latin-rite Catholics with Easter Sunday on April 12. There will be two Masses at Holy Family Church, 8:30 a.m. and 5 p.m. Ashes will be distributed during Mass. Stations of the Cross will start Friday, Feb. 28, after the 8:30 a.m. Mass. During Lent, the devotion is held every Friday after the 8:30 a.m. Mass.

Renew and refresh your faith 2020

Holy Family Parish is happily presenting Bishop Barron's Series. Sessions will be on Fridays in the Parish rectory starting Feb. 28 from 10-11:30 a.m.. The first episode is titled "Amazed and Afraid."

These sessions are open for people who have been away from the church, who have questions about the church, or for those who attend Mass every Sunday and just want to be better informed. People can attend one session or attend all of them. For more information, contact the Parish office at (562) 430-8170, Monday-Friday from 9 a.m. - 3 p.m.

Masses

Holy Family Church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is 5 p.m. Saturday; daily Mass is 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days: 4-4:45 p.m. First Fridays start at 9:15 a.m.

Assembly of God

Pastor Sam Pawlak will begin teaching from the Book of Genesis at Assembly of God's Bible study on Wednesday, Feb. 26, in Clubhouse 3, Room 7, at 10 a.m. Worksheets will be available at no charge. This study is open to anyone who would like to attend.

The Sunday worship service begins at 10:30 a.m. in Clubhouse 3, Room 2, with a musical prelude preceding the worship time. Pastor Sam's message is titled "The Ultimate Insult," taken from the Ten Commandments as part of the "Man, This is Living," series. Dan Ballinger, Denise Smith, Diana Mushagian, Marge McDonald and Norma Ballinger will assist the service.

Prayers meetings each Sunday are at 10 a.m. and 5:15 p.m.

The 6 p.m. hymn sing in the lobby of Clubhouse 3 is a gathering place for people from various churches throughout Leisure World and beyond. Favorite hymns, selected by those present, are led by Associate Pastor Dan Ballinger. Elaine Price will perform a special song and Pastor Sam will close with a devotional. Fellowship time follows to visit with friends and make new ones. Treats are supplied by attendees.

LW Baptist

The Leisure World Baptist Church meets on Sunday, Feb. 23, in Clubhouse 4 for worship.

Sunday school is from 8:30-9:10, then friends gather for coffee and conversation at the table by the kitchen.

At 9:45 all sing the call to worship "Jesus is Lord of All." Em Schoonhoven and Patsy Schaffner bring a special duet, "I Fell on My Knees and Cried Holy." Congregational hymns include, "I Know Whom I Have Believed," "New Name Written Down in Glory" and "I'm So Glad Jesus Lifted Me."

Pianist Yvonne Leon will play the offertory. Pastor Rolland Curn's message is titled "Receive One Another" from the Romans 14:1-12. The closing hymn will be "The Bond Of Love."

After the service, the congregation can receive prayer from other members in the Prayer Room in Section A.

Women's Fellowship and Bible study meets on Monday, Feb. 24, in Clubhouse 3, Room 6, at 10 a.m. This is a class that relies on participation and all are welcome to attend. The Energizers will meet on Wednesday in Clubhouse 3, Room 1 at 3 p.m.

For more information about the church and its activities, call 430-2920.

First Christian

The First Christian Church pastor, elders and congregants take their right and privilege to vote very seriously. Four meetings were held in February to gather together, go over the issues on the ballot and study the candidates' stands and voting records on matters most important to its Judeo-Christian/biblical principles and values.

Saturday evening service begins at 5:15. The hospitality room opens at 4:30 p.m.

Sunday morning begins with Elder Jack Frost leading the Bible study at 9 a.m. The group is studying the Book of Luke. Carol Speake and Sue Kaminski will open the hospitality room at 9:30 a.m.

Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer, and Scripture, followed by Margaret Humes leading the congregation in hymns of worship, "Standing on the Promises," "Faith is the Victory" and "When We All Get to Heaven." The Communion hymn will be "I Will Praise Him."

The church choir, under the direction of Margaret Humes, will sing "How Great Is Our God." Elder Tony Davis will present the Communion meditation and service.

For the offertory, the Praise Team will sing, "The B.I.B.L.E." Anita Ragole will sing "I Walked Today Where Jesus Walked." Sue Kaminski will read Scripture from the Book of James followed by Pastor Bruce's in depth teaching of the reading.

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The hospitality room opens 45 minutes before each service for fellowship and light refreshments. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays and Thursdays with Pastor Bruce, both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at (562) 431-8810 for further information.



Anita Ragole

Christian Women's Fellowship Bible Study

The Christian Women's fellowship and Bible Study Group will meet Monday, Feb. 24, in Clubhouse 3, Room 6, at 10 a.m. All residents are welcome to attend.

The group is studying the book, "Women in the Bible." For information, call Jean Davidson (562) 431-0597 or (562) 594-8100.

Beit HaLev

Beit HaLev, the Cyber-Synagogue, can now be accessed directly from Rabbi Galit Shirah's website, www.galityomtov.com. There is an interactive chat that accompanies the video of "Shabbat Shalom LIVE!'"s" livestream Sabbath services every Friday evening at 6 and Saturday at 10:30 a.m. To tune in, click any of the buttons at the top of the video screen (Facebook or YouTube) and join the lively services, where viewers can chat with other BHL members and Rabbi Galit Shirah.

Rabbi Galit Shirah conducts weekday Ma'ariv (evening) services every Thursday at 4 p.m. for SimShalom.com. There is a "chat" area where people can converse interactively with the rabbi and the global congregation.

Last week, the Israelite people accepted the Divine covenant with God by saying, "We will do and we will learn." This week's Parashah, "Mishpatim" (Rules), the Israelites begin to learn. The rules given in minute detail include the treatment of slaves (no surprise, as they were recently slaves themselves) and several other rules concerning the treatment of fellow humans and animals.

Rabbi-Cantor Galit offers lessons in chanting Torah and Haftarah, voice lessons and Hebrew lessons. A Modern Hebrew class has just started. Anyone interested in lessons should contact Rabbi-Cantor Galit Shirah at (562) 715-0888 or email her at duets@icloud.com.

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Members of Faith Christian Assembly foster community by eating at Denny's together.

FAITH CHRISTIAN ASSEMBLY

FCA offers weekly evening Sunday service starting at 5:30 p.m.

Faith Christian Assembly has a long-standing tradition of a Sunday evening celebration service at 5:30 p.m. Many churches stopped their Sunday evening services, but Faith Christian Assembly believes that having an evening service on Sunday keeps the Lord's Day. It believes that there is no better way to honor God than by beginning and ending Sundays in worship. Martin Lloyd-Jones, the 20th Century Welsh minister, supported practices of evening worship because

he believed there should be a hunger for the preaching of the word of God – a hunger that desires a second time to feast on the Bible. Faith Christian Assembly's one-hour celebration service is a great opportunity for extra prayer and fellowship and to create lingering conversations that bring encouragement to one another, which might be harder to achieve on Sunday mornings. It even leaves enough time to go out for a bite to eat and fellowship

together. There is also a prayer time held before the celebration service at 5 p.m. Faith Fellowship Time is Tuesday at 11 a.m. in the Garden Room. The midweek Bible study is taught by Pastor Sheri Leming, and held on Wednesdays at 11 a.m. in the Garden Room. Grief-Share is Fridays at 2 p.m. To receive a free newsletter and more information on the church, call (562) 598-9010 or visit www.FCAchurch.net.



Pastor Johan Dodge

COMMUNITY CHURCH

Lent season starts Wednesday, Feb. 26

Community Church welcomes the Season of Lent with a unique opportunity, beginning with Ash Wednesday on Feb. 26. To invite the community into this holy season, Pastor Johan Dodge will be outside in front of the church from 9 a.m.–noon offering ash to anyone who wishes to receive it. People are welcome to “drive through” at their convenience and receive the ash. An area will be coned off in front of the church. It's not too late to take part in “Third Thursday” potluck on Feb. 20 in Edgar Hall from 4-6 p.m. Anyone desiring to be a part of an active and engaged community should stop by. Bring a potluck dish to share and personal plates and cutlery. On Sunday, Feb. 23, Pastor Johan Dodge will deliver a scripture-based message titled, “Salt.” The Scripture lesson is from 2 Peter 1:16-21. Mary Granger will serve as lay liturgist on Feb. 23. Worship service starts at 9:50 a.m. and is followed by coffee and refreshments in Edgar Hall.

LW Hanin Church

March 1 marks the third year anniversary of Leisure World Hanin Church. The Leisure World community is invited to join LW Hanin for lunch and a musical performance by Leisure World's very own soprano, Connie Kang. As a church community, LW Hanin has committed 25 percent of its finances to both domestic and overseas mission fields. Its goal is to elevate that number to 50 percent. Open Bible College is LW Hanin's Bible study program focused on understanding, interpreting, and applying God's Word to a believer's everyday life. This is an open-door opportunity to learn more about the Bible and create community. The class is every Thursday at 10 a.m. in Clubhouse 3, Room 4. Contact Pastor Han at (310) 748-2595 for more details.

Christian Fun and Fellowship Club

The Christian Fun and Fellowship Club will meet Tuesday, Feb. 25, in Clubhouse 4, at 6 p.m. Come with your favorite dish to share. Bring your own table service. Coffee and water will be provided. All LW residents are invited. Call (562) 455-6218 for more information.

The Rock Church

The Rock Church, Seal Beach campus, welcomes everyone to weekly service for all ages at Marina Community Center, Marina Drive, Seal Beach. Sunday services are at 9 and 11:15 a.m. in English. Spanish service is at 1:45 p.m. Listen to Sunday messages for free by going to www.gototherock.com. For more information call (714)526-8233.

Mindfulness Meditation

The Buddha Circle will meet for a Mindfulness Meditation session from 2-4 p.m. on Wednesday, Feb. 26, in Clubhouse 3, Room 7. The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email rebecacagad71954@gmail.com.

Buddha Circle

The Buddha Circle will meet from 9:30-11 a.m. on Saturday, Feb. 22, in Clubhouse 4. Ven. Vui Mung, also known as Joyful Heart, from Desert Zen Center will present Buddhism in a simple way—how to suffer less and become happier. It's an interactive group where people are encouraged to ask questions. He will begin the session with a guided meditation. Check the website at LWSB.com under Religion, Buddha Circle, for more information. There is no membership fees, just a gathering of like-minded people. All residents are welcome. For more information, call (714) 933-5122.

Congregation Sholom

Friday night services will be held on Feb. 21 in Clubhouse 3, Room 9, at 7 p.m. with Rabbi Rachel Axelrad. An Oneg will follow services. Join Congregation Sholom on Saturday, Feb. 22, at 9:30 a.m. in Clubhouse 3, Room 9, for services with Rabbi Axelrad. An hour of Torah study will begin at 10:15 a.m. The service will then continue until around noon. There will be a potluck lunch directly after service. Congregation Sholom will be showing the movie, “Fiddler

Miracle of Miracles,” on Sunday, Feb. 23, at 2:30 in Clubhouse 4. The movie is about the making of “Fiddler on the Roof.” Come celebrate Shabbat Across America as it joins with hundreds of synagogues all across the land on Friday, Feb. 28, for services at 5:30 p.m., followed by dinner and dessert. On Saturday, Feb. 29, there will be bagels at 9 a.m., followed by services from 9:30–noon and then a dairy potluck lunch. Havdalah will be held at 6:30 p.m. RSVP by Feb. 24 to Carol Levine at 505-3622, or get more information and the location of the dinner and Havdalah. All other activities will be held in Clubhouse 3, Room 9. To get, or offer a ride to services contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

E-mail your **RELIGION** stories to laurieb@lwsb.com

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Religion Editorial deadline is
Thursday at 4 p.m.
for the following Thursday's
publication.

Arts & Leisure



Everyone is welcome to come see the Lapidary Club display case featuring the work of Father Time clock maker Nelson Melville. He is pictured with club member Haruko Asari.

LWSB Book Club

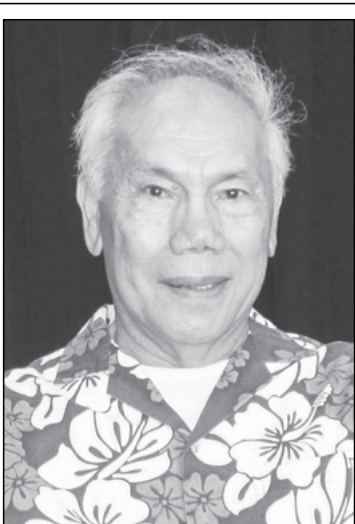
The LWSB Book Club will meet today, Feb. 20, to discuss the non-fiction book, "Hope Dies Last," by Studs Terkel, at 1 p.m. in Clubhouse 3, Room 7.

Published in 2003, the book is Studs Terkel's inspiring oral history of social action in America. An alternative, more personal history of the "American century," "Hope Dies Last" forms a legacy of the indefatigable spirit that Studs has always embodied and an inheritance for those who, by taking a stand, are making concrete the dreams of today.

For Terkel, these interviews represent a change that has taken place in the last few years of uncertainty in America. From a doctor who teaches his young students compassion, to the now-retired brigadier general who flew the Enola Gay over Hiroshima, these interviews say much about the power of the American dream and the force of individuals who hope for a better world. Terkel's subjects express their secret hopes and dreams, combining to tell an inspiring story of optimism and persistence that resonates with the eloquence of conviction.

Louis "Studs" Terkel (May 16, 1912-Oct. 31, 2008) was an American author, historian, actor, and broadcaster. He received the Pulitzer

BOOKS, page 11



Tino Tupas

COMMUNITY KARAOKE

Love took center stage last week

It has been estimated that more than 100 million love songs have been recorded, and the variety is staggering. The Community Karaoke Club has enjoyed many hits sung from its valentine decorated karaoke stage.

Crooner Tino Tupas started off with "Can't Help Falling in Love." Carolyn Mottola did "Can't Stop Loving Her Today," and the line-up included Ruby Johnson, "Love is a Many Splendored Thing"; Ric Dizon, "Love Me With All Your Heart"; Wayne Urban, "Kiss an Angel This Morning"; David Noble, "Lady"; and Essie Hicks, "Way We Were."

KARAOKE, page 11

Community Sing

The Community Sing will meet Monday, Feb. 24, in the Clubhouse 3 Lobby at 6:30 p.m. People who want to participate in the first half-hour of Opening Acts are encouraged to come by 6:15 p.m. to sign in with emcee Bob Barnum.

Bring sheet music for pianist Pat Kogok if needed.

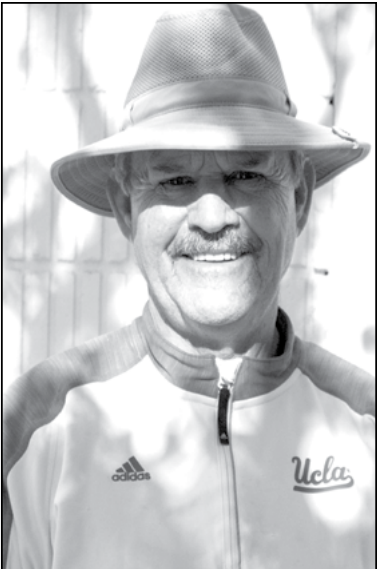
Bob will lead group singing until 7:15 when he will introduce the half-time guests, soprano Janet Ray and accompanist Susan Bouley.

On Feb. 3 Carmen Edwards was the leader. Opening Acts were as follows: Ethel Carter, "Happiness Is"; Chuck Zeman, "A Shanty in Old Shanty Town" (a capella); Byong Choi, "First Time Ever I Saw Your Face"; Bruce DuPont, "That's My Desire"; and Diane Wasserman, "These Boots Are Made For Walking" (karaoke-style).

Pianist Pat Kogok accompanied three of the Opening Acts.

Carmen led group singing until 7:30 when she introduced half-time guest, karaoke artist Ric Dizon.

Ric has an "Elvis Presley-like sound in his singing technique.



Bob Barnum, song leader

Among the songs he sang were: "Endless Love," "Indescribably Blue," "Sentimental Me" and a duet with Chuck Zeman, "Are You Lonesome Tonight?"

The audience responded with loud clapping and cheering after each song.

After half-time Carmen led more group singing and ended the musical evening by leading "Kumbaya."

Thanks to pianist Pat Kogok.

—Ethel Carter

GRF Movie

"5 Flights Up," rated PG-13, will be shown Wednesday, Feb. 26, in Clubhouse 4 at 2 and 7 p.m.

A husband (Morgan Freeman) and wife (Diane Keaton) spend a hectic weekend pondering the sale of the apartment they've shared for more than 40 years.

Some scenes and language may offend some viewers.

Can't make the movie? Borrow it from the LW Library for free any time.



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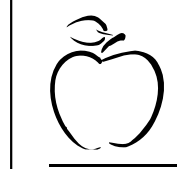
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Jojo Weingart

Last week, Hawaiian musicians Carole White (l-r) and Geri Kuhia, along with Hui O Hula musicians Richard Yokomi (back), Ron Hom and Larry Yamashiro played music for Monday class dancers. Appreciation to the aunties of the Mehana Musical group for the gift of their talents. Here Insook Kim (r) dances to “listen to the sweet singing bamboo” in “Sweet Singing Bamboo.” Happy birthday to her and a big mahalo to her for her endless aloha and continuous support for her hula family. Hui O Hula offers free Hawaiian dance lessons weekly on Monday mornings and Tuesday afternoons. Call Kaye Huff 431-2242 for class information and the performance schedule.



These are not “The Men in Black.” They are the men of Zumba/Dance Fitness inviting all men to come and join them for an hour of fun and fitness. For more information, see the listing under “LW Dance Classes and Clubs” in this section of the newspaper.

OPERA CLUB

‘Manon,’ Part 1, will be shown March 3

Everyone is invited to come and watch Massenet’s “Manon,” Part 1, in Clubhouse 3, Room 1, on Tuesday, March 3, at 1:30 p.m. “Manon” is a story told by a monk, the Abbe Prevost, that sets romantic love against the attraction of money and all the things money can buy. The title role is sung by Renee Fleming in the title role with Marcelo Alvarez as her lover. The conductor is Jesus Lopez-Cobos. Gretchen Dinger, the newest club member and opera fan, will introduce the story.

In Act 1, a pretty young woman, Manon, arrives at a checkpoint, to be escorted by her cousin, Lescaut, on her way to a convent on the order of her parents. She is immediately fascinated to see a wealthy landowner, de Bretigny, spending money lavishly while entertaining three actresses at a hotel. Simultaneously, her looks attract an older man, Guillot, who offers her his coach, but whom she refuses, as she also elicits the attention of a younger man, De Grioux, who falls in love with her at first sight, and with whom she is persuaded to flee to Paris in the prior suitor’s coach.

Act 2 finds Manon and her young lover DeGrioux living in Paris where they are visited by her cousin and his new-found gambling friend, the wealthy landowner de Bretigny. He lures Manon with offers of great wealth and a secure future, confidentially conveying information that her lover, De Grioux is being seized and returned to the home of his father. She is persuaded by her visions of luxurious clothing and jewelry and escapes with de Bretigny. The outcome of her decision will be shown in Acts 3 and 4 next Monday, March 9, at 1:30 p.m.

The opera is sung in French with English subtitles. Room 1 is open at 1 p.m. (but not before). No dues or fees are collected. For further information, contact Beverly Emus, LW Opera club president, at (562) 296-5586 or beverly90740@gmail.com.

—Beverly Emus

Genealogy Club

The Genealogy Club Library is now open five days a week. New hours are Monday-Friday from 1-4 p.m. in Clubhouse 3, Room 10.

The club has a free workshop on Ancestry DNA today from 1:30-2:30. Everyone is welcome to attend.

KARAOKE from page 10

Not everyone chose love songs: Culley Eaby and Vito Villamor got line dancers moving with peppy tunes.

Margie Stewart did a catchy “Dock of the Bay,” and the club welcomed back Donna and Ron Burr as she sang “It Had to Be You.”

Little apple pies and other snacks, hot coffee and tea were set out for everyone as they appreciated the efforts of the club’s 30-plus karaoke singers.

Karaoke practice is held in Clubhouse 6 from 1-3 p.m. on Tuesdays.

Community Karaoke parties are each Wednesday in Clubhouse 1 at 5:30 p.m.

Everyone is welcome.

—Margie Thompson

BOOKS from page 10

Prize for General Non-Fiction in 1985 for “The Good War” and is best remembered for his oral histories of common Americans, and for hosting a long-running radio show in Chicago.

There are no dues or fees. Books may often be borrowed from the local library or ordered online from Abebooks.com for around \$3.46 for shipping.

—Gail Morrison, secretary



Robert Richert, demonstration artist at the Feb. 11 Art League meeting, is presenting his painting to Richard Austin, winner of the raffle prize.

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

•**Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.

•**Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

•**Dance Fitness:** Move to energetic music and dance steps to improve balance and increase strength and stamina. Classes, \$3, are held upstairs in Clubhouse 6 on Mondays at 5:30 p.m., Wednesdays at 5 p.m. and Thursdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.

•**Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

•**Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

•**Grapevine Line Dance:** Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire in class or email grapevinelinedance@gmail.com.

•**Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

•**Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. For more information, call Anna Derby, 301-5339.

•**Leisure Time Dancers:** Texas two-step starts at 2 p.m. and country waltz, at 3, in Clubhouse 6 on Mondays Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

•**Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

•**Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.

•**Saturday Morning Dance Club:** Bolero is taught from 9-10 a.m.; the waltz, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

•**Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

•**Zumba Club:** Come join the party while dancing and exercising to different rhythms such as salsa, merengue, cha-cha, hip-hop, Bollywood and jazz. Classes, \$3, are held upstairs in Clubhouse 6 at 8:30 a.m. on Tuesdays and Fridays, and at 11 a.m. on Saturdays. For more information, contact Mary Romero at 431-0082.



The Leisure Whirlers help with square dance classes that will start on March 2.

WHIRLERS

Year-long class to master square dancing meets on Mondays

This year’s only beginners’ square dance class starts March 2 on Mondays from 7:30-9:30 p.m. at the Garden Grove Women’s Club, 9501 Chapman Ave. in Garden Grove.

Singles and couples are welcome in all classes. There is a singles rotation so everyone can dance.

The class will cover the 110 square dance steps that are used in dances all around the world. The class takes nine months, from March 2 until the first Monday of December.

Students are advised to attend all of the classes since each class builds on previous classes.

Square dancing is great exercise for mind and body. They are always called in English so no matter where you travel you can find a club to dance with.

Experienced dancers are needed to support student dancers.

For more information call Mel Branham at (714) 803-0250.

—Eleanor Thompson



Terry Otte and Abilene

GRF WEEKLY DANCE

All welcome to country rock dancefest Feb. 22

Terry Otte and Abilene will play at the monthly dance Saturday, Feb. 22 at 7 p.m. in Clubhouse 2.

Doors open at 6:30; reserving tables is prohibited.

Abilene is a popular country-rock band going strong for over 15 years.

Terry Otte leads the band and shares singing duties with Tina Schaffer.

Guitarist Rod Anderson, bassist Mike Simpson and drummer Jim Greer round out the group.

Leisure World residents and friends can dance and party to the music of Abilene on the fourth Saturday of the month in Clubhouse 2 starting at 7 p.m.

Come and see why Abilene is Leisure World’s favorite band.

People are asked to sign in, either as a resident or guest, in the proper spot so the GRF can judge the popularity of weekly dance bands.

Video Producers Club

Join iPad expert Fred Carpenter to learn new tips and tricks about the device and its camera and video capabilities.

There will be time to discuss specific problems people have. Everyone is welcome.

Classes are sponsored by the Video Producers Club on Wednesdays from noon-2 p.m. in the Theater Club Room located in the upper deck of the Amphitheater.

To locate the room, ascend the left ramp at the entrance to the Amphitheater. At the top of the ramp, the room is located on the left.

For more information, contact Fred Carpenter at (310) 755-5925 or email sail1942@gmail.com.

Friendship Club

The Friendship Club offers free computer classes taught by instructors Jeff Sacks, Bob Cohen and Miryam Fernandez. The club meets on the first, second and fourth Mondays in Clubhouse 3, Room 4; and on the third Monday, in Clubhouse 6, Room B.

The schedule is as follows:

Monday, Feb. 24, Clubhouse 3, Room 4
11 a.m.—Use Your Voice-Alexa, Siri, Google Assistant (Cohen)
Noon—Prepare for the CA DMV Test w Real ID info (Sacks)

Tuesday, Feb. 25, Clubhouse 3, Room 7
1-3 p.m.—How to Choose Your Next Computer (Sacks)

Monday, March 2, Clubhouse 3, Room 4
11 a.m.—Windows 7 and 10 (Sacks)
Noon—How to Search LW Website (Sacks)

Monday, March 9, Clubhouse 3, Room 4
11 a.m.—Usernames & Passwords: Best Ways to Use & Keep Them Secure (Bob Cohen)
Noon—iPhone Basics Part 3 (Miryam Fernandez)

Monday, March 16, Clubhouse 6, Room B
11a.m.— Membership Meeting (Sacks)
Noon—Computer Questions (Sacks)

Monday, March 23, Clubhouse 3, Room 4
11 a.m.—Computer Basics: Hardware, Software and More (Bob Cohen)
Noon—DMV Practice (Sacks)

For expert computer and smartphone information and advice, DMV, to suggest topics and questions, or to join the email list, contact Jeff Sacks (714) 642-0122.

For basic computer information, iPhone/iPad, Social Media, Google Calendar questions, contact Miryam Fernandez at 884-7460.

MOORE
from page 4

put them closer to work and provide him a future opportunity to retire in Leisure World.

As a 75-year-old empty nester, and soon after moving to Leisure World, Gil and Lavona found their retirement plans thwarted.

The local Synod seized an opportunity to fill a leadership gap with a seasoned minister and called Gil to serve as interim pastor at Redeemer Lutheran Church.

Ever the humble servant, Gil once again assumed the duties and responsibilities of a small church pastor, this time serving among his fellow Leisure World shareholders.

Gil soon became a spiritual fixture in the community and the heart of the Interfaith Council. My introduction to Gil came when I began serving on the Council in September 2013 when he was then in his 10th year as interim pastor.

What impressed me most was his humble and caring demeanor, exemplifying the Good Shepherd in leadership and service to others. As he worked within the Council, he always offered assistance, accepted assignments, filled in for missing members, took minutes, and generously offered the use of Redeemer Lutheran to host events and meetings.

Sixteen years have come and gone, and Gil finally retired in 2019. Through his service, he faithfully blessed all the residents of Leisure World.

To those who know him, Gil is, in fact, “an example of the believers, in word, in conversation in charity, in spirit, in faith, in purity.” God bless you, Pastor Gil Moore!

GRF
from page 6

a statement of 300 words or less in 12-point or larger font, single-sided, to the Stock Transfer Office.

Statements shall be written in compliance with the election rules, e.g., contain the background, qualifications and platform of the candidate, and shall not contain any disparaging or defamatory content.

The statements will be mailed out with ballots.

Candidate Nomination Forms and GRF Directors Handbooks are available in the Stock Transfer Office in the Administration Building beginning Wednesday, March 4, and must be submitted before the deadline, 4:30 p.m., Friday, April 3.

Members are invited to attend a Question-and-Answer Forum with current GRF Directors on Wednesday, March 25, from 1- 2 p.m. or Thursday, March 26, from 2-3 p.m., at the Administration Building, Conference Room A.

Candidates must show a photo ID when turning in the Candidate Nomination Form and Statement. Candidates will receive a receipt when turning in their application materials.

Candidates who complete a Candidate Nomination Forms (or who are nominated by a Mutual’s nominating committee or Board) will be listed on the Secret Mail-in Ballot.

Three packets containing the Secret Mail-in Ballot, postage-paid envelopes, balloting instructions and deadlines will be mailed to each household in the even-numbered Mutuals on Sunday, May 3.

Nominations from the floor and write-ins are prohibited.

For further information on being a candidate for the GRF Board, call 431-6586, ext. 346, for Stock Transfer, or ext. 303 for the Board of Directors Office.

LWWeekly

Need a paper? Call 430-0534

Travel



Judie Jacobus, director of Mutual 2, enjoys lunch overlooking Plaza Vieja in Havana, Cuba, late in 2019.



Leisure Bicyclist Susana Jianto participated in a nine day bike trip around Taiwan from Sep. 28-Oct. 6. There were 16 bikers from the U.S. joining local handicapped bikers. During this trip, the group biked through four islands (Taiwan mainland, Penghu, Xiyu and Qimei). It was a bike experience of a lifetime, riding through gusty winds, heavy rains and extreme heat with high humidity and riding late into the night.

On the Go



Day Trips

Harrah's Rincon — Seven days a week, free, Amphitheater, 7:30 a.m., (877) 777-2457 ext. 4704

Pechanga Casino — Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino — Sunday-Monday, Amphitheater, 7 a.m., free

Pala Casino — Tuesday, Thursday, Saturday and Sunday, Amphitheater 8 a.m. (713) 623-4643

Overnight Trips

Danny Stewart's Bluegrass Cruise — Feb. 24-28, Long Beach, Catalina, Ensenada, day at sea, Long Beach. Danny Stewart's Bluegrass Cruise by Carnival Inspiration. Contact Ellen Brannigan, (310) 890-2368.

Dublin and Ireland's Wild Atlantic Way — March 23-April 1, Dublin, Giant's Causeway, Kylemore Abbey, Belfast, Irish Farm Visit, Sheepdog Demonstration and more, Meridian Guided Travel (714) 871-8520

Windy City Getaway — April 26-May 1, Chicago River Cruise, Willis Tower Skydeck, Frank Lloyd Wright's Home & Studio and more, Meridian Guided Travel (714) 871-8520

Coastal New England — May 12-19, Boston, Cape Cod, Martha's Vineyard, Mystic Seaport, Plymouth Plantation and more. Meridian Guided Travel (714) 871-8520

Alaska Cruise — May 16-30, Roundtrip from San Pedro, Golden Princess amenities included until Feb. 29, Joanna Matos, Traveling Tigers Club, (562) 598-1849

Baseball Games and Hall of Fame — July 22-29, six teams, four ballparks, four games, motor coach sightseeing tour from Newark, NJ, Joanna Matos, Traveling Tigers Club, (562) 598-1849

OCTA is seeking volunteers

The Orange County Transportation Authority is seeking qualified volunteers to serve on two vital public committees that review OCTA programs and monitor funding to help ensure OCTA continues delivering on its commitment to implement an effective, balanced and sustainable transportation system.

Applications for both the Taxpayer Oversight Committee and the Citizens Advisory Committee will be accepted until May 1.

The Taxpayer Oversight Committee is an 11-member committee that monitors OCTA's use of Measure M funds, also known as OC Go. The half-cent sales tax for transportation improvements was first passed by voters in 1990 and renewed in 2006.

Positions on the committee are open for residents of the Second Supervisorial Districts of Orange County. The Second District consists of Costa Mesa, Cypress, Huntington Beach, La Palma, Los Alamitos, Newport Beach, Seal Beach, Stanton and portions of Buena Park and Fountain Valley. It also includes the unincorporated area of Rossmore.

The committee upholds the integrity of Measure M by monitoring the use of the local sales tax funds, ensuring that all revenue collected is spent on voter-approved transportation projects. The Measure M plan improves and preserves Orange County's quality of life, keeping people moving while minimizing impacts to the environment.

Measure M is a balanced plan, expected to generate \$13.4 billion through 2041, with 43 percent of the net funding dedicated to freeway improvements, 32 percent to local street projects and 25 percent to transit.

Applications for a three-year committee term, July 2020 to June 2023, will be accepted through May 1. Applicants must be Orange County residents, at least 18 years old and live in either the Second or Third District that they will represent.

This is an unpaid volunteer position and committee members are asked to commit to a two-year term.

Applications for the volunteer position are available at octa.net/TOC.

—Megan Abba, OCTA representative

Laughlin trip set for April

The Womans Club of Seal Beach annual bus trip to Laughlin, Nevada, is scheduled for April 20-22.

The fund raising event is one of many that the club sponsors during the year, supporting local organizations, student and civic activities.

The fun-filled event includes the charter bus to and from Laughlin, two nights at the Edgewater Hotel and two free meals at the hotel. \$150 single; \$120 per person double occupancy. The bus leaves from the Seal Beach Community Center at 151 Marina Dr., at 8 a.m., April 20, and returns about 5 p.m., April 22. Parking passes are available for those who want to leave their cars at the center.

Registration information is available by calling Marilyn Bittle at (562) 434-7113.

—Marilyn Van Dyke

AMERICAN LEGION

Pala trip is tomorrow

The American Legion, Post 327, will escort a day-trip to Pala Casino on Friday Feb. 21.

The \$6 fee goes to the American Legion Post 327 in Leisure World.

Bingo is played on the bus. It is a straight run to the casino with no stop overs. All are welcome.

The bus leaves at 8:30 a.m. from the Clubhouse 4 parking lot. It returns about 5:30 p.m. Call Phyllis Pierce, 598-3743, or Chee Chee Porr, 430-5949, for reservations.

LW Weekly

Call
430-0534



Keith Kelsay (l-r), Manual Alves and Cindy Gannon aboard the Royal Princess. The cruise ship sailed from Long Beach to Cabo San Lucas, Mazatlan and Puerto Vallarta.

TRAVELING TIGERS

Reserve your spot today

The Traveling Tigers Club is planning three different trips for the first half of 2020.

• **A 14-day Alaska Passage** with Glacier Bay and Victoria Canada cruise on the Golden Princess ship May 16-30, roundtrip from San Pedro (Los Angeles Cruise Terminal). Amenities include unlimited Beverage Package, unlimited WI-FI, and gratuities with a \$100 deposit for those that reserve by Feb. 29. Cabins start at \$1899 plus taxes, fees and port expenses of \$255.

• **A four-day, three-night motor coach tour** from Leisure World to Paso Robles, June 9-12. The traveling Tigers will be visiting three award winning wineries, going on a Hearst Castle tour, visiting Clydesdale horse ranch, making stops in the towns of Harmony, Morro Bay, Lake Cachuma, Solvang, Cambria and Santa Barbara. The trip consists of three night accommodations, three breakfasts and two lunches. Reserve your spot for \$999 per person.

• **An eight day Baseball Tour and More**, motorcoach tour beginning in Newark, New Jersey on July 22-29. Traveling Tigers will witness this year's Hall of Fame induction ceremony and the Parade of Legends. Sightseeing tours are included in New York City, historic Philadelphia, Boston and a guided tour of Yale University. Daily breakfast is included. Tour is \$1,845 for doubles and \$2,395 for singles, airfare not included.

The Traveling Tigers and friends invite anyone who has a desire to cruise Alaska, see East Coast major league baseball games, visit historic cities and experience Southern California's unique wonders. Contact Joanna at (562) 598-1849 for details and flyers. Participants do not have to be members of the Traveling Tigers to be a part of the group.

—Joanna Matos

E-mail your TRAVEL stories to
chrisw@lwsb.com

Community

SUNSHINE CLUB

Maintaining Balance and Strength

As people age, simple wellness factors that were once taken for granted can pose new challenges to overall health.

Besides obvious safety risks, degeneration of one's balance, coordination and strength can limit a full and active lifestyle.

While it's impossible to completely control the aging process, it's possible to condition the body to resist premature degeneration through healthy habits and simple balance, coordination, and strength building activities. Dr. Matthew Johnson will guide LWers through a regimen of fun, easy and productive activities to keep their bodies in shape.

Alongside proactive health habits, holistic wellness therapies can be a great tool to help people meet their active lifestyle goals. This meeting will help LWers learn about the benefits of incorporating physical therapy, acupuncture, chiropractic care and trigger point therapy into their routine.

Dr. Johnson will discuss the balance, coordination and strength building nature of these therapies, as well as the incredible results many of his patients have enjoyed since beginning their wellness journey with OC Wellness Physicians.

Join the Sunshine Club for Dr. Johnson's seminar on Friday, Feb. 21, from 10-11 a.m. in Clubhouse 3, Room 2.

The Sunshine Club is designed to help all people get along in the community and for neighbors to have better communications while getting the best out of living in Leisure World by learning how to use available information. The club uses LW Weekly as a textbook to go over LW news, general columns, etc.

The club has a great number of LW community leaders and club representatives visited to introduce their organizations. A wide variety of specialists from "outside the wall" also were invited to share their experiences and ideas with club members.

The Sunshine club meets on Fridays in Clubhouse 3, Room 2, except the first Friday in Room 9, from 10 a.m.-noon. All shareholders are welcome to attend; no membership required. For more information, call Anna Derby at (562) 301-5339.



Dr. Matthew Johnson

Rollin' Thunder

Rollin' Thunder Golf-Cart Club's 2020 calendar is quickly filling with exciting community activities.

The club's general meeting, with two informative guest speakers, will be held Feb. 25, beginning with a potluck luncheon at noon. All members and guests are urged to contribute a generous side dish that can feed at least 12 people. Procedures and requirements to renew or obtain new GRF cart decals, including specifics on required insurance, will be thoroughly covered by Victor Rocha, security services director, and Larry Norlander, security manager. The club's annual flea market will also be discussed.

Increasingly popular is the club's Air and Water Day, to be held Saturday, March 7, at the PitStop maintenance venue. Golf carts and scooters will be serviced at no charge by club volunteers from 9-10:30 a.m. During the December event, nearly 70 carts had their tire pressure and battery water levels checked and corrected. This was approximately one-fourth of all Leisure World-registered golf carts. The service has a continuing, significantly positive impact on golf cart longevity and safety.

April's community-wide club activity is the annual Easter parade, scheduled for Saturday, April 11. Colorfully decorated golf carts will follow a mile-long route along Leisure World's thoroughfares and residential streets, from 1-2 p.m. The parade will begin and end at Clubhouse 6, with refreshments and beverages at its conclusion. Contributions of baked goods will be accepted at Clubhouse 6 at 12:30 p.m. when the carts form up for the parade.

Information on these and other Rollin' Thunder Club activities can be obtained by contacting Club president Tom Davis at (702) 204-5222.

—Mike Levitt

Orange County Car Show on Feb. 22

The Silver Fox Car Club will host a cruise to the Orange County Cars and Coffee Auto Show at the San Clemente Outlet Mall on Saturday, Feb. 22.

The club, as well as anyone else who wishes to join, will be leaving from the Clubhouse 3 parking lot promptly at 8:45 a.m.

The free event starts at 9 a.m. and ends when the mall opens at around 11. There are usually around 900 cars on display.

More information on this, or other club events can be found on the Facebook page: LW Silver Fox Car Club.



Rich Carson, Commander Post 327, (l-r) Juan Bello, manager of Fantastic Cafe, and Lee Esslinger, pancake breakfast chairman

AMERICAN LEGION

Pancake breakfast on Feb. 22

The American Legion pancake breakfast is on Feb. 22 from 8-10:30 a.m. Volunteers will eat before the public at 7 a.m. If interested in volunteering, call Rich Carson at (714) 719-6872. The Navy Sea Cadets will be volunteering their services at the event once again. These young men and women help by clearing and setting tables and pouring coffee.

There will be a bin to turn in worn and tattered flags and the Auxiliary will also be selling new flags to anyone who needs them. The Auxiliary will also be selling jewelry, scarves and socks.

The Post wants to give Juan Bello and Fantastic Cafe a special thanks and "Hoorah" for donating all of the food and coffee for the breakfast twice a year. The donation makes it possible for the Auxiliary to serve many more of our veteran brothers and sisters in need. LWers can show their appreciation by visiting Fantastic Cafe on Westminster Avenue and Bolsa Chica Road and having a meal.



Fine Arts Affiliates' members and Leisure World Shareholders Elizabeth Kennedy (l) and Debbi Fudge.

LWer's visit the Sam Maloof Museum

On Feb. 5, the California State University College of Music Fine Arts Affiliates sponsored an excursion to the Sam Maloof Museum and Foundation for Arts and Crafts located in Rancho Cucamonga, California. Among those who participated were Fine Arts Affiliates' members and Leisure World shareholders Elizabeth Kennedy and Debbi Fudge.

Sam Maloof was a world-renowned furniture maker. Some of his furniture is displayed in the Smithsonian American Art Museum in Washington, D.C. He created rocking chairs for four presidents—John F. Kennedy, Jimmy Carter, Ronald Reagan and Bill Clinton.

The museum is the many-roomed home that he and his wife, Alfreda, built one room at a time over their lifetimes, often utilizing found materials such as wood picked up at construction sites and packing crates. This home is on the National Register of Historic Places and the museum is a Smithsonian Affiliate.

GAF

Board Meeting Feb. 26 at 1 p.m.

The Golden Age Foundation will have a board meeting on Wednesday, Feb. 26, at 1 p.m., in Conference Room B.

Conference Room B is located in Building 5 behind the Recreation Department Office and GRF Security Decal Office. All shareholders are welcome to observe the monthly board meeting. This is a great opportunity to catch up on the latest news and get a preview of upcoming Golden Age Foundation attractions.

E-mail **COMMUNITY** stories to ***laurieb@lwsb.com***

FILIPINO ASSOCIATION



Eileen Merritt, (back row, l-r) Ren Villanueva, Ed Bolos and Ric Dizon present a plaque to longtime LW Weekly editor Cathie Merz (holding plaque). Merz was honored at the Feb. 8 Valentine's party for the Filipino Association of Leisure World. She was recognized for her many years of service and helping the club get started more than a decade ago.

CONCERNED SHAREHOLDERS

Meeting to discuss new bylaws, CERT



Eloy Gomez

review and discuss the CERT training Program that will be conducted in March.

This program is neighbors helping neighbors in an emergency, such as fire or earthquake.

The new revised Bylaws will be debated to see if they are taking away shareholders' rights. The Common Interest Development Act (CID) gives shareholders a bundle of rights through the Davis-Stirling Common Interest Development Act. With the new bylaws, members of the club are worried about losing some of their rights.

There will be questions and answers on all subjects, including those not already on the agenda.

The purpose of the Concerned Shareholders organization is for community service to Leisure World, Seal Beach, on a non-profit basis with the objective of maintaining and, where possible, improving the quality of life in Leisure World. This club is non-sectarian and non-partisan. The dues for Concerned Shareholders is \$3 per year.

The next meeting will be on Feb. 27 in Clubhouse 4, at 1 p.m.

Eloy Gomez, safety and emergency coordinator, will



Uwe (Cookie) Schroeder's family threw a surprise party for his 80th birthday.

LEISURE WORLD BIRTHDAYS

Friends and family celebrate Uwe's 80th year

A surprise 80th birthday party was held on Feb. 9 for Uwe (Cookie) Schroeder from Mutual 14.

Family and friends from Germany, Arizona, San Diego, Foothill Ranch, Valencia, Rancho Mission Viejo and La Habra

Heights attended. Uwe came from Germany at the age of 18 in 1958. He worked for O. H. Kruse Grain and Milling in El Monte and Ontario for over 40 years. He married Judy Clausen, who grew up in Long Beach, at the San Gabriel Mission in 1964. They lived in

West Covina for 40 years. They had three sons. His oldest son, John, lives in Germany with his wife Doris and grandsons Jayden and Justin. Scott lives in Valencia, and Eric lives in Aliso Viejo. The Schroeders have lived in Leisure World for 12 years.



LaBrenda Carson, fashion show chairperson (l), with Alain Helling, manager of Soft Surroundings in Rossmoor.

AMERICAN LEGION AUXILIARY

RSVP for fashion show luncheon

Soft Surroundings in the shops at Rossmoor will provide the fashions for the annual fashion show luncheon to be held on Saturday, March 28. Store manager Alain Helling will narrate the event.

Tickets for the event are selling fast. You may purchase tickets by calling Eloise Knoll at (562) 533-0773. Price is \$25 per person or \$200 for a table of eight.

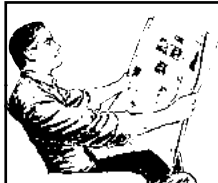
There will be many new surprises this year. The Navy Seabees will serve lunch and pour coffee. There will be gift baskets to be raffled off. Tickets will be six for \$5 and you can choose where you want your tickets to be raffled.

The doors will open at 11 a.m. and the Seabees will start serving lunch at noon. The American Legion looks forward to coming together to share a meal and make new friends.

PAWS CLAWS AND BEAKS

Flea market table signups Feb. 23

The first LW Flea Market this year will be sponsored and conducted by Paws, Claws and Beaks. It will be held on Saturday, April 4. Table fee is \$10 and table signups will be held on Sunday, Feb. 23, in Clubhouse 2 at 11:30 a.m. For more information, call Bonnie Kaplan at (714) 930-5314.



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LW Weekly

The next LW Car Sale is Feb. 22

Every fourth Saturday, shareholders/members have the opportunity to sell any used motorized vehicle in the Administration Parking Lot from 8 a.m. to 4 p.m.

Vehicles must have current DMV registrations and GRF decals as well as be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes, and scooters may be sold.

The owner or representative does not need to be present but is allowed to display a single "for sale" sign no larger than 18 x 24 inches on the vehicle and to include a phone number.

The sale is open to Leisure World residents only and the guests they call in. The public will not be able to sell at the events. For more information, contact Recreation at 431-6586, ext. 398.

Y SERVICE CLUB

Potato Bake tickets on sale now

The Y Service Club is sponsoring a potato bake on Saturday, March 7, starting at noon in Clubhouse 2. The menu features a large baked potato with a variety of toppings and a small salad. Tickets are \$12 each. Proceeds from the event help the Y Service Club support children's programs at local YMCAs and Leisure World projects.



People can get a ticket from any Y Service Club member. Everyone is welcome to attend a club meeting to learn more about the club's activities on behalf of the community. Tickets are also available at the door on March 7. All are welcome to join friends and neighbors for lunch and a good cause.

PEO

Card Party on Feb. 26 in CH2

The PEO monthly card party will take place on Wednesday, Feb. 26, in Clubhouse 2. The doors open at 11:30 a.m. with a catered lunch served at noon. The cost of the monthly event is \$12.

The party is sponsored by the Leisure World chapter of PEO (Philanthropic Education Organization). The organization raises funds for women's scholarships to four year colleges, graduate programs, and its own Cottey College. The Leisure World chapter has been in existence for 53 years.

The card party is open to all Leisure World members, men and women. Games include cards and board games of choice.

For new reservations or to change or cancel a standing reservation, call (562) 446-0082.



Debbi Fudge

Three parties for Debbi Fudge

On Feb. 6, 150 people came through the Clubhouse 6 Hospitality Room, both regulars and invitees, helping shareholder Debbi Fudge begin her celebration of turning three-quarters of a century old. The 150 guests had a choice of five birthday cakes, a slice from an 18-inch birthday brownie, a bite of one of the three pudding ring cakes, a Dutch apple pie or from a nine-pack of frosted cinnamon rolls. Debbi received gifts and cards with birthday greetings in many languages.

The next celebration was on Feb. 11. Shareholder Lynda Walker and Debbi had dinner at Captain Jack's Restaurant in Sunset Beach. The prime

rib and the steak dinners were excellent, and the evening's dining experience closed with waiters singing "Happy Birthday" to Debbi.

The third and final birthday celebration was held on Feb. 12. Debbi and seven of her Leisure World gal-pals carpooled to the East Buffet in Hawaiian Gardens for lunch. Each of eight friends enjoyed both the food and especially the camaraderie.

What grand celebrations for turning three-fourths of a century old.

Debbie says she is so thankful and grateful to God for being a Leisure World shareholder and for having made so many Leisure World friends in the short time she has lived here.

Republican Club makes endorsements for 2020 election

One of the most important votes that Republicans can cast is for the Orange County Republican Central Committee. This committee runs the republican party in the county. Each voter can vote for up to six candidates. The Republican Club has announced its preliminary ballot recommendations for the upcoming election:

- Central Committee candidates: Peter Amunson; Amy Phan West; Orange County Supervisor Andrew Do (pronounced Dough); former Westminster City Council Member and lifelong pro-life activist Kermit Marsh; and former member of the Los Alamitos School District Board of Trustees and medical doctor Jeffrey Barke.
- President: Donald Trump
- U.S. Representative, 48th District: Michelle Steel
- Assembly 72nd District:

- Janet Nguyen
- Judge of the Superior Court Office No. 4: Tony Ferrentino
- Proposition 13: No
- Measure A, County of Orange: Yes

The hot topics at the Republican booth manned Monday, Wednesday and Fridays in front of Clubhouse 6, have been the chaos at the Iowa Caucus, the impeachment vote in the Senate, points made by President Trump in the State of the Union speech, and the state of California.

In Iowa, as of presstime, Mayor Buttigieg was the winner with Bernie Sanders coming in as a close second. But the chaotic voting count made the biggest news.

On Feb. 10, a complaint was filed with security advising that the Republican Club Voter Registration Booth was operating improperly as it collected ballots

for the Primary Election. The complaint was found to be false and security has been informed that the club is operating under Assembly Bill 1921, which was signed by the Governor on Sept. 29, 2016.

The LW Republican party meets every third Wednesday in Clubhouse 3, Room 2 at 7 p.m. Residents can still register to vote or cast their ballots at the Republican booth in front of Clubhouse 6.

Friday is “Red Hat Day” and hats are on sale with USA or MAGA hats for \$5 and \$10 for Trump 2020 hats.

Anyone who has questions about the club or wants to volunteer can call club president David Harlow at 335-0779. Anyone needing to have help registering or casting their ballots can call (714) 771-0273. The closest official in person voting center is the fire station on North Gate Road, where anyone can register or cast their ballots.



John Hlavac (l), Mobility Aids Chair and volunteer Sung Hong.

GAF

Repair-athon happening Feb. 21

The Mobility Aids Program of the Golden Age Foundation is pleased to announce its first ever Repair-a-thon on Friday, Feb. 21, from 9 a.m. – 4 p.m. Work will be done on a first-come, first served basis with preference given to fixing GAF owned assets over privately-held assets.

Repairs are normally handled by bringing a mobility aid that needs service into the storeroom and leaving it there so that the repairman can work on it. GAF will loan out another unit while the work is being done and then call once the work is done to return the repaired unit. There is no charge to do the repair unless it is for a personally owned unit, and then only for the cost of the parts that have to be special ordered. Repairs to GAF-owned assets are always completely free, even if the unit has to be replaced.

Besides reducing the service backlog, the Repair-a-thon will introduce Sung Hong to the community. Sung, who is talented with a wrench, has been working in the background for the last few months learning the ins and outs of maintenance.

The Golden Age Foundation would like to acknowledge the LW Table Tennis Club for loaning one of its bays so that there is enough room to work.

KACMA

Shostakovich reviewed on Feb. 20

All are invited to the KACMA meeting at 9:30-11:30 a.m. on Thursday, Feb. 20. in Clubhouse 4. The highlight of the program is Dmitri Shostakovich, “Piano Quintet, Op. 57,” “I. Prelude, III,” “Scherzo, V,” “Finale Dmitri Shostakovich, Suite for Variety Orchestra and VII” and “Waltz II.”

Ken Chong conducts the appreciation of classical music and Robert Chung presents a golden oldie and favorite songs selected by the members. The class is conducted in Korean.

The club encourages good fellowship through interpretation and appreciation of classical music and by attending concerts.

For further information contact club President Angel Joh at (562) 598-0313, Vice President Kyungok Huh at hanandkay@gmail or the program chair, Robert Chung, at (562) 387-7377.

Friends of the Library

The Friends of the Leisure World Library raises funds to support the library through the sale of donations at the Friends Bookstore located across the patio.

The Friends group is in need of volunteers. To learn more or pick up an application, go to the bookstore during operating hours from 9:30 a.m.-3:30 p.m., Monday-Friday, and 9:30 a.m.-12:30 p.m. on Saturday.

SENIOR PATRIOTS

The Importance of voting demonstration on Feb. 26

All are invited to participate in a peace demonstration sponsored by the Senior Patriots for Peace that will be held on the public sidewalk along Seal Beach Boulevard in front of the Main Entrance of Leisure World on

Wednesday, Feb. 26, from 4–5:30 p.m. The theme for the demonstration is “The Importance of Voting.” Eric Holder, Jr., former U.S. Attorney General said, “The vote is the most powerful tool we have as citizens.” Mariam Wright

Edelman said, “Democracy is not a spectator sport.”

Living in a democracy brings with it certain rights and obligations, and voting ranks at the very top. The new, and expanded primary presidential elections information brochure was mailed to every eligible Orange County voter as was an official Vote-by-Mail ballot. The informational brochure lists websites and phone numbers to answer any questions a voter might have.

Regardless of party preferences, voting is among the most important actions you can exercise in determining the course of our country in the near future. George Jean Nathan said, “Bad officials are elected by good citizens who do not vote.”

Join the Senior Patriots for Peace in its demonstration on Wednesday, Feb. 26, for any block of time between 4-5:30 p.m. as they take a stand for the importance of voting.

Signs will be provided or participants may bring their own.

For more information, call Lucille Martin (562) 430-1047 or Dorothy Kemeny (562) 242-4751.

Obituaries

Space is available for obituaries of residents and former residents.

- An “In Memoriam” column is available free of charge. Limited to name, mutual number and date of death.
- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the

managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

- A “Card of Thanks” section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

In Memoriam

- Lori Koriath 44
- Rose Georgas 83
- Brian Farrell 73
- Julian Taylor 29
- Thomas Hope Jr. 56
- Robert Balis 56
- Borhonda Hymes 46
- Jennifer Fischer 43
- Clara Kuhn 88
- Corinne Lockett 61
- Barry Leibrich 72
- Walter Ledbetter 71
- Tomm McElroy 61
- Guy Barton 65
- Families assisted by McKenzie Mortuary, 961-9301

—paid obituary

E-mail Obituary Notices to laurieb@lwsb.com with photos attached as jpg files.

The LW Weekly 430-0534

PLEASE
DON'T LITTER

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Sports & Games



Barry Chittum (l-r), Bob Magie and Bobby Pham won the level 4.0 LW pickleball tournament match.

LW PICKLEBALL

Twenty-six players compete at Feb. 8 tournament game

The LW Pickleball Club held its latest tournament on Feb. 8. President Tim Linehan directed the tournament with Sandra deDubovay recording scores. Twenty-six players competed at four levels.

Results are as follows:

Level 2.5, first-third place — Steve Edrich, Steve Morton, Mary Newton

Level 3.0, first-third place — Glenn Evenson, Susan Dodson, and Irene Rosendaal

Level 3.5, first-third place — Sue Visbal, Young Chin, Nancy Morris

Level 4.0, first-third place — Barry Chittum, Bob Magie, Bobby Phan

Following the tournament, a barbecue lunch was organized by Nancy Morris along with Chef Wade Carmen.

The courts are open at 8 a.m. daily and newcomers are welcome. The club has a monthly meeting and potluck on the first Sunday of each month in Clubhouse 2 at 5 p.m. For more information about the club, contact Tim Linehan at (714) 818-6404.



Sue Visbal (l) and Nancy Morris

SHUFFLEBOARD

Hot Shots beat Puckmasters

Shuffleboard League continued into week 17 on Feb. 7 at the Clubhouse 1 courts.

This week the Hot Shots defeated the Puck Masters 11-7. Hot Shots all games winners were Howard Bolten, Carrie Kistner, John Mount and Patty Peterson.

Hot Shots are still first in the standings, Puckmasters are in second and Sliders third.

The next general meeting is scheduled April 1 with social time at 9:30 a.m. and the club meeting at 10 a.m. Come and have free coffee and munchies. This and future meetings will continue to be held on the courts.

The time is now for new board member elections. This year the club needs to elect a new president, secretary and vice president. Also needed is a social coordinator, responsible for planning the dinners, BYOB nights and other events for Shuffleboard members. The nominating committee has been selected and will be contacting members to ask for volunteers for the open positions. Elections will be held at the April meeting and installation of the new officers will be in May. The new officers will begin their roles in June.

If no one steps up for the role of president, the club will have to disband after being in existence for 57 years.

The Saint Patrick's Day potluck dinner has been canceled. At the current time there will be no BYOB in February or March.

The Ham Shoot is scheduled for April 3. Be at the courts by 8:30 a.m. to get a starting position.

—Dave LaCascia

CRIBBAGE

Fifty-nine players attend Feb. 12

Cribbage Club held its semi-annual meeting on Feb. 12 and treated the members to a pizza luncheon. Fifty-nine players were in attendance. In first place was Julie Milburn, with a score of 841. In second place was Joyce Basch with 836. Peggy McKendrick scored 829 for third place. In fourth place was Howard Richcreek with 828. Min Chen had six perfect games of 121.

The objective of the game is to be the first player to score a target number of points, typically 121. Points are scored for showing certain jacks, playing the last card, for card combinations adding up to 15 or 31 and for pairs, triples, quadruples, runs and flushes.

The club meets every Tuesday in Clubhouse 1 at noon. Partners are not required. Seven games are played, members usually finish by 3:30. If you would like to learn to play or just need a brush up, call Patti Smith at (562) 242-4674 and she will arrange for lessons one hour before the games begin. Come and join the fun.

—Liz Meripol

LADIES GOLF

Krug, Jacobs and Kim win

Forty-nine members of the ladies Golf Club played for low gross, low net and birdies on Feb. 10.

The golfers set a new birdie record. Thirteen players shot a total of 17 birdies in the nine hole tournament play.

Flight winners:

A Flight — Low gross, Pam Krug, 29; low net, Jane Song, 24. Birdies/hole: Ann Tran and GeeGee Kwak, eight. Pam Krug; one and two. Young Yoon; two and six. Devora Kim, one. Joann Lim, seven.

B Flight — Low gross, Sally Jacobs, 31; low net, tie between Yvonne Yim and Sun Lee, 26. Birdie/holes: Sally Jacobs and Sang An, eight. Yvonne Yim, seven.

C Flight — Low gross, Alison Kim, 31; low net, Sue Elliott, 21. Birdies/hole: Alison Kim, two and seven; Anne Walshe, two; Neva Senske, eight; Theresa Lim, seven and eight.

D Flight — Low gross, Angela Song, 37; low net, Evelyn Scherber, 21. No birdies.

—Dale Quinn

Chess Club Puzzle

This week's puzzle: white moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.

CHESS, page 22

MENS GOLF

Walker, Alloway, Jeun and Song win

The Men's Golf Club tournament was held on Feb. 12. Thirty-six golfers gathered and competed on the 1,000-yard par 54 local course in three flights over 18 holes. It was a sunny and beautiful morning with no wind. This made it a lovely day to play golf with fellow golfers. The round was very competitive and surprisingly there were few scores under par. There were no holes-in-one and there only were five circle hole winners.

A Flight has golfers with handicaps of 0-6. B flight 7-12, C flight 13-18. All scores are net.

A Flight — First place, Steve Walker, one under 53; second, Bob Barnum, even par 54; third, tie between Jon Kolthoff and Dong Kim, 56.

B Flight — First place, tie between Paul Alloway and Young Jeun, one over 55; second, tie between Dale Williamson and Byron Schweitzer, 57; third, tie between Young Lee and Jae Lee, 57.

C Flight — First place, David Song, one under 53; second, James Choi, even par 54; tie for third between James Farr, Lee Broadbent and James Farr, 57; fourth, Byong Choi, 58.

Closest to the pin on hole No. 8 was Paul Alloway and Bob Barnum on hole No. 17.

There will be two Men's Club tournaments each month, one on the second Wednesday and another on the fourth Wednesday. The next Men's tournament will be Feb. 26.

To join the Men's Golf League contact Marv Jones or Dave LaCascia by visiting the Golf Starter Shop. New Men's Golf League members must join the Men's Club by playing three 18-hole rounds on the local course in order to get a valid handicap. Two rounds must be played with a current club member and one round with the Qualifying Committee Chairman Ryan Hong if available. Scorecards are then left with the starter. This qualifies the individual to play in the Men's and Guys and Gals tournaments played each month throughout the year.

—David LaCascia



Dave LaCascia receiving his Circle hole winnings from starter Sue Elliot.

Cards and Games Scoreboard

LW Pinochle Club winners

Feb. 15 — Keith Clausen, 9,650; Bev Adams, 9,620; Diana Lambert, 9,420; Julia Troise, 9,410.

Feb. 13 — Marilyn Allred, 11,990; Antonia Zupancich, 11,920; Bobbie Olsen, 11,120; Tami Reupert, 10,120.

Feb. 17 — Joan Taylor, 10,890; Maria Xenos, 10,870; Keith Clausen, 10,080; Margaret Smith, 10,040.

The club meets from noon-4 p.m. Mondays in Clubhouse 1. For more information, call Joan Taylor at (562) 240-5416.

—Bert Sellers

...

Monday Bridge Club

Feb. 10 — First place, Dick Triggs; second place, Maxine LeFleur; third place, Brent Johansson and Carl Kuller.

Feb. 17 — First place, Donna Cooper; second place, Bobbi Johansen; third place, Marion Standish.

Games begin at noon in Clubhouse 1. For more information, call Marion Standish at (562) 493-1236.

—Marion Standish

...

Bruning Tree Duplicate Bridge Club

Feb. 7 — N/S: Sibyl Smith-Diane Schmitz; Judy Carter-Johnson — Mark Singer; Larry Topper-Lynn Danielson; Al Apple-Joan Tschirki; Sharon Beran-Sylvia Kaprelyan; Lynne Finley-Kay Hyland; Cookie Pham-Paul Chen. E/W: Lavonne McQuilkin-Carol Murakoshi; Sue Fardette-Fred Reker; Linda Stein-Norma Krueger; Jeanette Estill-Marilyn McClintock; Judy Percer-Sally Fenton; Ellen Kice Russ Gray.

Feb. 8 — N/S: Howard Smith-Judy Armstrong; Kar-Yee Nelson — Chie Wickham; Stan Johnson-Louise Seifert. E/W: Judy Jones-Al Appel; Ellen Kice-Sue Fardette; Marilyn McClintock-Mark Singer; Miriam Kelley-Judy Mathias.

Feb. 15 — N/S: Sibyl Smith-Jeanette Estill; Lynn Danielson-John Tholen; Marty Lipman-George Alemshah. E/W: Marilyn McClintock-Sue Fardette; Joyce Basch-Dorothy Favre; Joyce Henderson-Howard Smith; Don Valens-Barbara Wallace; Kar-Yee Nelson — Sue Boswell.

Feb. 14 — N/S: Al Apple-Joan Tschirki; Pat and Bob Adam; Joyce Basch-Nancy Lichter; Janet Gibbons-Dorothy Favre; Ernie Ross-Roy Tomooka. E/W: Ted Cooper-Marlene McIlroy; Sue Fardette-Marilyn McClintock; Jeanette Estill-Eileen Kotecki; Lavonne McQuilkin-Carol Murakoshi; Ellen Kice Russ Gray.

The club meets Fridays and Saturdays in Clubhouse 1 at 12:15 p.m. For information on how to join the fun and play, call or text Fred Reker at 615-898-0669. The Club Championship is tomorrow, Feb. 21.

—Fred Reker

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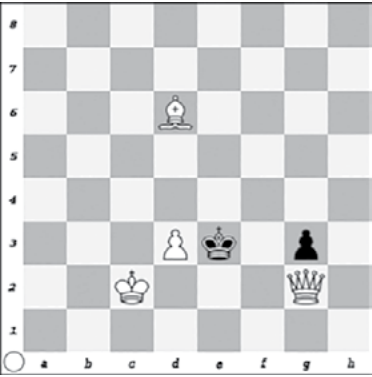
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The Annual Los Alamitos Race on the Base is celebrating its 39th year and is all set to take place on Friday and Saturday, Feb. 21-22. The race is held throughout the Joint Forces Training Base in Los Alamitos and features helicopters and military vehicles with music throughout the course. The event also features a commemorative technical race shirt for all participants and volunteers and finisher medals. Visit raceonthebase.com or call (562) 430-1073 for more event details.

CHESS
From page 17
Solution to this week's puzzle:
Be7

The white Bishop moves from d6 to e7.
Chess partners are available in Leisure World when the LW Chess Club meets at 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7.



Puzzle Answers

Puzzle page 18

SCRABBLE GRAMS										SOLUTION	
M3	O1	D2	E1	R1	N1	E1	RACK 1 =			60	
B3	E1	W4	O1	R1	R1	Y4	RACK 2 =			80	
L1	A1	R1	G2	I1	S1	H4	RACK 3 =			61	
B3	A1	D2	N1	E1	S1	S1	RACK 4 =			60	
D2	R1	O1	U1	G2	H4	T1	RACK 5 =			64	
PAR SCORE 255-265										TOTAL	325

Crossword Answers

T	O	D	D	A	R	A	B	T	E	M	P	R	O	D	E					
A	A	R	E	R	O	B	E	S	S	H	E	A	R	A	M	E	N			
P	R	O	V	E	R	B	I	A	L	C	O	N	D	E	S	C	E	N	D	
A	S	P	I	R	A	T	E	O	D	O	R	S	M	O	I	N	E	S		
S	A	I	S	S	W	A	N	I	A	N										
C	E	C	I	L	S	U	E	D	E	A	S	P	E	C	T	S				
E	B	O	N	P	R	O	G	R	E	S	S	I	V	E	O	R	T			
L	O	N	G	H	O	L	A	A	C	E	S	S	N	E	E					
T	A	T	E	M	E	R	G	E	N	C	I	N	C	I	N	A	T			
S	T	E	E	P	L	E	D	R	O	O	K	D	E	L	E	T	E			
S	N	A	P	S	T	A	L	O	S	A	R	I	U	M						
M	A	T	E	R	S	R	I	I	S	S	T	A	N	D	P	A	T			
A	P	A	R	T	D	A	N	C	E	S	T	E	P	L	I	R				
C	A	N	O	E	Q	U	I	P	O	S	E	C	A	M	E					
O	C	T	P	R	O	T	E	S	T	A	N	T	S	O	T	E	S			
N	E	S	T	L	E	S	L	A	R	R	E	O	N	E	R	S				
R	U	R	P	E	L	E	E	P	I	T	T									
O	O	L	O	N	G	P	A	V	A	N	A	U	D	I	E	N	C	E		
P	R	O	V	E	N	A	N	C	E		C	O	N	F	E	S	S	I	O	N
E	L	S	E	E	V	I	A	N	H	O	O	F	S	S	P	A	N			
N	E	E	R	S	A	N	S	P	A	S	T	A	S	T	A					

3/11/2018

Sudoku Answers

7	1	2	3	6	8	9	4	5
9	4	8	5	1	2	6	7	3
5	6	3	7	4	9	8	2	1
3	8	5	6	7	1	4	9	2
6	7	4	2	9	3	1	5	8
2	9	1	4	8	5	7	3	6
8	5	9	1	2	7	3	6	4
1	3	6	9	5	4	2	8	7
4	2	7	8	3	6	5	1	9

The Basic Rules of Sudoku:

- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
- When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: MINCE BLEND SCREWY DRESSY

Answer: He crashed his German luxury car into a tree and found out that a — MERCEDES “BENDS”



Doug Wolfe

POKER
Wolfe wins tournament

Doug Wolfe beat Tony Canfora at the final table on the Feb. 8 poker tournament. Doug has been a club member for two years and this was his first final table win. His hobbies include pickleball, golf and poker. He has lived in LW for over five years.
The third to sixth place finalists were: Fiona Wolfe, Barry Brideau, Drew Sargent and Glenda Saunders. Susan Rose was dealer.
High hand was won by Ken Reddy and second highest hand holder was Guta Basner. The promotional hand was two and five, won by Roy Mittelsteadt.
The next Poker Club game is on Feb. 22 in Clubhouse 6, players should arrive by 11:45 am. For questions call Guta Basner at (619) 850-6052. Free lessons are taught by Barry Brideau, (714) 401-7622.
—Judy Jasmin

BOCCE
Bocce Ball continues to grow In LW

Bocce Ball has become more competitive in season five. Scores are getting higher each week within each division. Saturday, Sunday, Tuesday and Thursday has added new teams and players to their rosters. Each league, beginning last January, now has 14 teams with a total of 112 players on the court every week.
New LW Bocce Ball players: Saturday League; David and Debi Day, Howard and Lisa Brass, Joanne Lester and Kathy Rapp
Sunday League; Marilyn Jonas and Suzanne Gravois, Barry Brideau and Susan Dodson
Tuesday League; Irene Rozendaal and Mo Ashley, Bill and Cindy Zurn
After four weeks of the seven-week LW Bocce winter tournament, the following teams are undefeated:
Mike and Kathleen Pitts of the Saturday league; Melli and Sal Herrera of the Sunday league; Chandra and Harshad Patel of the Tuesday league; Mary Greig and Dale Williamson of the Thursday league.



How to Participate in the NSG

To participate in the National Senior Games, you must be 50 years old and qualify the year before through a NSGA sanctioned State Qualifying Game. You may qualify through the state you live in, or any state which allows out-of-state competitors; however, you should contact these States directly for qualifying information. A complete list of sanctioned State Organizations with contact information and web link (if provided) is available on the State Games page at www.nsga.com.
Qualifying standards differ depending on the sport/event and you should read more information about qualifying in the 2021 National Senior Games Official Sports Rules posted under the link, 2021 NSGA Official Sport Rules. Typically, the qualifying standards do not differ drastically from year-to-year.
In most sports, the top four finishers in each age group qualify for Nationals, as well as those who meet the Minimum Performance Standards (in applicable sports). The exceptions are Tennis (only the top three finishers for each age group qualify), Golf (you must meet the Minimum Performance Standards or finish first) 5K/10K Road Race and and Triathlon (all finishers qualify). For team sports (basketball, softball, volleyball) the top three teams in each age group qualify. Open sports (Cornhole, Beach Volleyball, eight vs. eight Soccer) do not require qualification. Qualifying for the 2021 National Senior Games will begin this month.
No matter what place an athlete finishes, they may also qualify in the sports which have Minimum Performance Standards (MPS), by meeting or exceeding the MPS for the age-division they are competing in at the State Level. (Ex. An athlete is 54 in 2020 and competes in the 50-54 age division at their State Games, but will move up to the 55-59 age division at Nationals. They must meet the MPS for the 50-54 age division to qualify for Nationals.)
The National Games, a 19-sport, biennial competition for men and women 50 and over, is the largest multi-sport championships in the world for seniors. For more information go to www.nsga.com.
—National Senior Games Association

MENS FRIDAY GOLF
LaCascia and Goltra conquer David L. Baker

The Men's Friday Golf League played on Feb. 7 at the par 62-3, 800-yard David L. Baker Golf Course in Fountain Valley. Eight men, and one woman teed off at 7:15 a.m. on an unusually cold morning. The sun was out but had little effect until nearly 10 a.m. and even then it was barely 60 degrees. David L. Baker is the shortest course the league plays and is classified as an executive course with no par fives and more par threes than par fours. This round, which had difficult pin placements and cold weather, led to higher scores than expected.
A flight — First place, Dave LaCascia, with two under 60; tie for second between John Meyer and Sam Choi, at one under 61; Third, Fujio Norihiro, 64; fourth, Jim Goltra, 67. Goltra had the only birdie and Sam had fewest putts.
B flight — First place, Lowell Goltra, four under 58; second, Bob Munn, 59 plus low putts; third, Dennis Kotecki, two under 60; fourth, Liz Meripol, with par 62.
Closest to the pin on the par three-100 yard third hole was Bob Munn and on the par three-132 yard hole No. 12 was Fujio.
The Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. Friends, ladies, spouses and family are all welcome to play and attend games.
The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview and Willowick in Santa Ana. LW Men's Club membership is not required.
Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts in each flight. Holes-in-one, are generously rewarded.
If interested, contact Bill McKusky at (562) 430-8618 or Gary Stivers, (714) 313-3697.
—Dave LaCascia

Weekly Health, Exercise Classes

Chair Exercise

Classes for people at all fitness levels are from 9:30-10:30 a.m. on Tuesdays and Fridays in Clubhouse 1. For more information, call 493-7063.

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at (562) 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-60-minute walk. For more information, call Tom Pontac, (562) 304-0880.

Movement for Health and Self-Healing Medical Qigong

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Tai Chi Chaun

Tai chi classes increase mobility and balance at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at (562) 596-3936.

LW Yoga Club

Monday - Clubhouse 4, Section C, 5:30-6:30 p.m. (formerly Yoga with Sally)

Tuesday - Clubhouse 4, Section C, 8:30-9:30 a.m. with Travis; 10-11 a.m. with Jenny

Thursday - Clubhouse 3, Room 1, 8:30-9:30 a.m. with Travis; 10-11 a.m. with Jenny. For more information, contact Connie Adkins, (562) 506-5063

Understanding Alzheimer's

Hear what research has shown in the areas of diet and nutrition, exercise, cognitive activity and social engagement on March 24 at 2-3:30 p.m. at the Los Alamitos-Rossmoor Library. Learn how to make lifestyle choices that may help keep your brain and body healthy as you age.

All programs are free and open to the public. To register or find out more information, call (800) 272-3900 or email kjschuppe@alz.org.

LWWeekly
Call
430-0534

E-mail your Health & Fitness stories to chrisw@lwsb.com

Classifieds

GENERAL AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN000. 06/17/20

JAFRA COSMETICS

by Helen
LW Resident 562-421-5811
www.jafra.com/hwells
Business License #WEL0015
Valentines Day gifts available! 4/23

Vera Rathje
"Piano Lessons for the young..."
Juilliard Grad.
619-871-3617. 3/04

SHAKLEE delivered to your door. LW daughter Sandy (Vandewoude) Fikse. 562-618-8731 3/5

PERSONAL ANNOUNCEMENTS

Reunion Party Coming Up! Hello! If there is anyone in L.W. that graduated from David Stan Jordan High School in Seal Beach, Ca, class of 1962-63 please call me. Earlene Hayes Sutherland 562-505-4645. 02/20

GARDENING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

HANDYMAN SERVICES

562-596-0559
LW DECOR INC.
Remodeling/Renovations
New triple pane windows, laminate flooring, carpet patio tile/carpet. Painting ceilings made smooth, ceiling lights. Exterior windows, refaced kitchen cabinets, refaced granite quartz countertops.. Lic. #723262. 2/13
LW DECOR INC.
562-596-0559



MP CONSTRUCTION General Contractor

Specializing in remodeling, Additions, Reconstruction, Window replacement and more! Call for a free estimate.
562-746-5400.
License #954725. 2/13

JC Handyman Services
Professional and reliable. specializing in remodeling, plumbing and electrical. . Work warranty. Lic. #BU21900024. 310-951-1403. 2/2020

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764 3/05

TONY DO MAINTENANCE
Windows-house cleaning. Reasonable price. Excellent work. (714) 534-1824. 4/23

FURNITURE RESTORATION

Bersi & Sons Furniture Finishers
- In Home Furniture -
Repair - Refinishing - Restoration
Specializing in antiques.
50 years experience.
209-294-6507 2/27

**Need Help?
See Classifieds**

BATHROOM REMODELING

We make your **SHOWER/TUB** brand new and/or convert it to a **WALK IN SHOWER** serving L.W. since 1999. Nu Kote 562-833-3911 liscense #699080. 02/20

PAINTING

Bel-Rich Painting - Free estimates, Apartments, room by room, small jobs, colored walls. Contractor's License #705131. 714-220-9702. 2/28

562-596-0559
LW DECOR INC.
Only premium paints, Ceilings made smooth. New handles-hindges
Cown moulding installed.
License #723262.
LW DECOR INC
40 years in LW.
562-596-0559. 2/13

Painting - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call Jerry (714) 826-8636. CA State License #675336. 2/13

562-596-0559

FLOOR COVERINGS

562-596-0559
LW DECOR INC.
Laminate, vinyl plank, patio tile and patio carpet.
License #723262.
40 years in Leisure World. 2/13
562-596-0559

310-261-0571
Interior Flooring Solutions
Hardwood floors, carpet, laminate, vinyl planks.
25 years experience.
Contractor License 1043763. 2/13

CARPET & UPHOLSTERY CLEANING & REPAIR

All Year Carpet Cleaning
We just cleaned your neighbor's house in Leisre World...
Would you like yours cleaned too?
Call Tito 562 658 9841. 05/07
Since 1988.
State Contractors Lic. #578194.

SKYLIGHT SERVICES

SKYLIGHTS
CLEAN, REPAIR, REPLACE.
Licensed and insured.
Dan (562) 841-3787.
Seal Beach License #BRA0002. 04/09

WINDOW COVERINGS

LW DECOR INC.
Blinds, shutters, shades, 40 years serving Leisure World. Contractor's License #723262.
LW DECOR INC.
562-596-0559. 2/13

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call week days between 9 am-5 pm, **562-296-5040, 562-598-1384**

**Dial Direct,
Save Time
(562) 430-0534**

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and selling of your golf cart. 562-431-6859.

Let's lower your ears - I'll make you look your best! Call 562-565-3683

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

BEAUTY SERVICES

Yvonne with 25 years experience, will do shampoo/sets, perms, hair cuts and tints at Phenix Salon. (714) 855-8465. Seal Beach Business License MOR0008. 1/15

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 3/18

Hair and Nail Salon

Hair Stylist, 25 years experience. Shampoo and roller set, cut, perm, color, manicure/pedicure. Warm and friendly service. Available for in-house appointments for special occasion, \$100+. Tammy Nguyen, 714-425-4198. Phenix Salon. 05/07

PERMANENT HAIR REMOVAL, FACIALS

Electrologist w/25+ yrs Experience
Marlyn Palmquist, CPE.
www.2behairfree.com
310-291-7431.
The Sanctuary Salon,
12800 Seal Beach Blvd., D
Seal Beach Business License
SBA0003.

PERMANENT MAKEUP for Eyebrows, eyeline, lip line. 30 years experience, 15 years in LW with references. Loann: (310) 938-8808. Cosmetology license #KK5976. 2/13

HOME CARE PERSONAL ASSISTANT

Just Like Your Daughter Personal Assistant/ Girl Friday

Available for:
errands, scheduling and transportation for medical appointments, patient advocate, shopping, domestic organization, paperwork, bill pay
All with compassion and care.

**Just Like Your Daughter
Call Janice, 714-313-4450**
SB Lic. #JUS0006/Bonded 1/15

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part time, full time, live-in (562) 230-4648. Seal Beach Business Lic #CAM0006.

EXPERIENCED CAREGIVER
Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895.** Seal Beach License PAN0003 3/19

Caring, Mature, Christian woman. Offering help wiht house keeping, yard/plant watering, cooking, etc. Great references, live minutes away, \$15/hr, experienced. (805) 703-8641 2/13

I am an experienced caregiver available to assist with daily care, doctor's appointments, and errands. Available 24/7. 949-899-7770 04/02

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state. Gloria 949-371-7425. 05/07

CHRISTIAN HOME CARE
Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured. 6/10/20

HOUSE CLEANING

MOVE-IN, MOVE-OUT
WINDOWS,
HOUSECLEANING
CALL PHIL AT
562-881-2093
Over 30 years Experience!
Seal Beach Business
License #AB0001 4/23

MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days - call anytime! Complete cleaning. Seal Beach Business License #M0001a. Call 562-505-1613.

GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning
General housecleaning
Excellent referrals in LW
(562) 307-3861.
20 years experience.
Seal Beach Business License
gra0006. 04/02

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach Business license RAZ0002. Gloria 949-371-7425 05/07

Patricia House Cleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659 Seal Beach License LUC0001. 3/20

Maria House Cleaning
We'll make your house look as nice as possible! 15 years of experience, We can work with your scehdule. Bi-weekly or monthly. Deep cleaning.
Call or text 714-496-2885.
Bus. Lic #HER0008

I have been a housekeeper for 10 years. I do weekly and monthly cleaning. Call 949-899-7770 04/02

COMPUTERS

FRUSTRATED (562)755-6199
Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 2/27

John's Computer Services 562-733-9193
Virus removal, Repair, Training, Software, Wireless, Internet Security. LW Resident
SB License FUH0001. 03/31

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cart, Sales, parts and services 714-292-9124 05/07

ANY KIND OF CAR

Boat, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 05/07

**No Paper By 9 a.m.?
Call (562) 472-1284
Before 10 a.m.
and state your Mutual
& Apt. number**

Classifieds

Electric scooter for sale. Purchased refurbished and rarely used, comes equipped with a walker holder. Asking for \$800 and includes a walker. Purchase receipt from 2019 available. Please call Ms. Miller at 714-264-6362 and leave a message or email me at aeiouvd@mac.com.

"Franklin Corporation" oversized blue fabric upholstered ELECTRIC POWERED LIFT RECLINER. Excellent condition. \$400 (originally \$1,200). Call 763-227-4303 and ask for Sharon. 2/20

Quantum 600 Electric wheel chair - \$8,000 OBO. Used for 1 month. (310) 770-7945. 02/29

TRANSPORTATION

A PERSONAL DRIVER IS WITHIN YOUR REACH
Conscientious, Dependable, Professional. Providing locals trustworthy affordable transportation. perfect for patients, professionals, and anyone who needs regular or sporadic transportation.
CALL 562-537-1298. James. 2/13

Rides by Russ, with the personal touch
For over 4 years I have been giving all types of rides to Leisure World residents. Rides to the airports, doctors, cruise ports, shopping and errands I also enjoy helping my neighbors with chores and maintenance around their homes.
Russ 714-655-1544. 02/27

Need a lift? Pam Miller. LW Resident. 310-227-1258. 2/27

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. 4/23

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 2/12/20

2011 HONDA CRV - WHITE. Very clean in & out, runs excellent 153K mi. LW resident. \$9,477. 808-220-7522.
Email harveymail101@gmail.com. 02/20

MOVING, HAULING & STORAGE SERVICES

J&D HAUL AWAY AND CLEAN-UP SERVICE
No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787 4/9

A FRIEND AND A TRUCK
Your moving service, any size job. Call 310-387-2618. Business License RO263644. 3/25

PET SERVICES

Nail cutting, Bathing, in home for cats and small dogs. Call or message 562-544-9555 SBlicense#Jen0006 2/6

Want to place a Classified or renew your existing one?
Turn it in by **2:00 p.m. Monday**, for Thursday's publication

MISCELLANEOUS FOR SALE

I am a happy, handsome male cat looking for a forever home. Healthy, neutered, and ready to meet you - Vincent. Call Troy at 714-615-7785.

Vintage schwinn bicycle with hemet, basket, and locks. Close to original wiht new wheel and tire. This is a Hollywood style bike. \$100.00 Call Dale 562-386-6156 LW Resident 2/13

Schwinn Bike, ladies beach cruiser, 7 speed, blue, good condition. \$65.00. 562-598-0121 2/20

ESTATE/PATIO/CARPORT SALES

ESTATE SALE, MUTUAL 4, 85-G, 13760 Alderwood, Feb 20th and 21st, Thursday and Friday from 9 am to 2 pm. Nice Queen Bedroom Set, Double Bed, Dressers, sofa bed, kitchen items, womens clothes and much more! Please come by and say Hi! Kristi Martin, P.O. Box 1351, Seal Beach, 714-655-5473, Seal Beach Business License MAR0016. 09/20

Patio Sale. Big vanity of nice treasures. Mutual 15, Apt 19D, Thursday 20, Friday 21. 02/20

For sale at 13330 Del Monte, Apt. 10D. All stuff inside. Also for sale 2 bed/2 bath. Call 598-0715. 02/20

Carport Sale Feb 27 and 28th, 1861 St. John Rd #38-C, Mutual 15, Carport #10, Space 26. Furniture, accessories, Misc, ect. 02/20

ROOM FOR RENT

Private room for female only in house next to CSULB. Available now for March and April only. \$400 per month plus utilities. mahff4@aol.com 02/20

FUNERAL/MEMORIAL SERVICES

Companion Lawn Crypt (double) for sale at Forest Lawn, Cypress. Space 1 AB Lot 5916. Located in the Garden of Protection section. Situated adjacent to the Ascension Mausoleum. Forest Lawn has valued this Companion Crypt at \$12,000. Our asking price is \$9,500 plus Forest awn's \$250 transfer fee. If interested, please call Juliet at 714-767-1439 or 562-296-8802. 2/7

4 GRAVES FOR SALE @FOREST LAWN, Whittier, Ca. Graves 1, 2, 3 and 4, Lot 1121, Garden of Affection. Asking price: \$12,000 OBO. If interested please text Nancy @626-484-5575. 02/20

If you have not received your copy of LW Weekly by 9 a.m., Call (562) 472-1284 before 10 a.m. to have one delivered. Check around thoroughly before calling

Healthy Living Beating gingivitis

Studies show that people with adequate vitamin D intake are the least likely to have bleeding gums.

Sardines and more

• **Sardines with bones** (pictured here), salmon, mackerel and cod liver oil are excellent sources of vitamin D

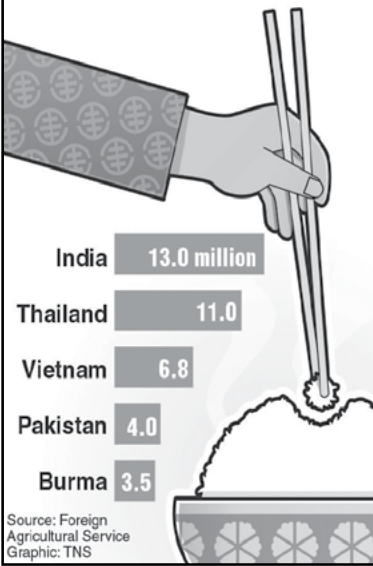
• **Vitamin-fortified** dairy products, sunlight are also good sources

Source: American Journal of Clinical Nutrition, TNS Photo Service

BizFact

Rice

Top rice exporters, 2018 season, in estimated metric tons



Whether Buying or Selling, call



Hanna Rubinstein

Realtor® • Mutual 11 Resident

562 900-4243
for the best service.



Mutual 15, 21M \$285,000

Second floor, 2-beds, 2-bath new laminate floors, tree top views in great location.



Mutual 15, 44A \$279,000

Atrium in private location with nice greenbelt view. Laminate floors and fresh paint.



Mutual 12, 64C \$259,900



Mutual 14, 52I \$230,000

COMING SOON
M-3, 1 bed/1 bath
Beautifully Expanded
Move-in Condition

Berkshire Hathaway Home Services
DRE# 01308588



KEITH KOSS
REALTOR®
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MUTUAL 5
1460 PELHAM RD #106-B
2 BEDS | 1 BATH | 950 SQ FT
\$269,888



REDUCED \$19K

Best expanded 2 bedroom on the market. Central LW location. Lots of premium upgrades. New flooring, plantation shutters, skylights, elegant master suite. Must See!
Mutual 5 requires only \$25,000 in assets.



kw COASTAL PROPERTIES
KELLERWILLIAMS. REALTY



JOYCE REED

Resident Broker
Notary Available

596-8656

Mutual 15, 1-D
\$245,000



Expanded 2-bedroom, 1-3/4 baths, with small patio.



Close to Main Gate, laundry and carport.



Mut. 9, 232A — CLOSED
Mut. 7, 152-A — CLOSED
Mut. 15, 16-R — CLOSED
Mut. 6, 67-J — CLOSED

Unbelievable Real Estate
DRE#00460268



Verna Chumley
562-598-1388
562-221-3113

DRE: 00753726

NEW LISTINGS

Mutual 9 - 223G - \$289,000

Partially expanded two-bedroom corner unit; washer/dryer; private spot; faces a green

Mutual 5 - 108K - \$239,000

Two-bedroom basic floor plan! Central location - Very big patio; Great location close to "downtown"

Mutual 9 - 222L - \$339,000

Fabulous expanded corner unit! Two bedrooms, 1.5 baths; washer/dryer New paint and new carpeting

Mutual 15 - 29R - \$254,950

Two bedrooms, two baths; Upstairs expanded unit! Approximately 1300 sq. ft. of living

Mutual 15 - 37Q - \$235,000

Least expensive in community with 2 B/Rs, 2 Baths - Greenbelt; Great views; Open balcony

Mutual 5 - 106E - \$209,900

Very clean two-bedroom unit; Nice central location; Heat Pump; Greenbelt views!

Mutual 12 - 62F - \$450,000

Fully expanded two-bedroom corner unit! Very modern - has everything - great location; Two full baths; washer/dryer; central air

Mutual 8 - 178E - \$299,000

Fabulous two-bedroom expanded unit! On lovely greenbelt - Immaculate condition Washer/dryer; remodeled kitchen and bath

LEISURE WORLD HOME SALES

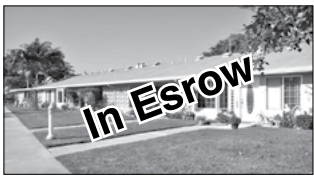


Erika Shapiro

Resales Specialist • Mutual 17 Resident

Traveling Notary

562-208-5223



GREAT BUY

Basic 1-bedroom,
on nice green, fresh paint.
Mutual 3, 7C \$140,000

REDUCED MOVE-IN READY

2 BDR/1 1/2 bath,
fully expanded corner
drive up, washer/ dryer,
dishwasher & more
Mutual 2, 19F \$319,000



COUNTRY COTTAGE

2 BDR, 2 bath, greenbelt.
Move-in ready, white kitchen,
washer & dryer, close parking.
Mutual 10, 246L \$395,000

NEW LISTING

Upgraded 2 BDR/1 Bath
Drive-up convenience
New kitchen, new appliances
A/C Heat Pump and more
Mutual 10 – 257D \$282,000

Atrium, Remodeled 2 BDR/1 Bath,
drive-up, Solid Oak flooring, Oak
cabinetry, granite counters, New
appliances, windows, shutters
and more.....

Mutual 15 – 18D 365,000



I SOLD 20 in 2019	I SOLD 36 in 2015
I SOLD 26 in 2018	I SOLD 35 in 2014
I SOLD 34 in 2017	I SOLD 60 in 2013
I SOLD 47 in 2016	I SOLD 42 in 2012

I can sell your's too!

Service Is My Priority! Call me for a FREE Market Evaluation



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YOU Invest in your Retirement . . .
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I will help you with EVERY step
in **SELLING** or **BUYING** a unit!

- We are very.....
FRIENDLY and **PATIENT**
- We are always
ACCESSIBLE and **AVAILABLE**
- We are honest in
SHOWING ALL LISTINGS
- We are incredibly
HANDS ON and always.....
ON TOP OF EVERYTHING!

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Mutual 2 – 59e Merion Way
2B/1B, SW facing L-Shape unit,
Very Bright, NEW Laminate Floors,
Skylights, White Cabinets NEWLY
Painted, NEW Hardware, Enclosed
Porch, Carport Space is steps away
from your unit! Clean & Beautiful!
MOVE IN READY at \$205,000



OUR BUYERS LOVE US!

M6	2B/1Ba	\$240,000	Sold
M6	2B/2Ba	\$299,500	SOLD
M4	2B/2Ba	\$397,000	Sold
M12	2B/1Ba	\$180,000	SOLD
M12	2B/2Ba	\$343,950	Sold
M11	2B/1Ba	\$426,000	SOLD
M16	1B/1Ba	\$140,000	Sold
M14	2B/1Ba	\$254,900	SOLD
M14	2B/1Ba	\$219,000	Sold
M14	2B/1Ba	\$180,000	SOLD
M4	2B/1Ba	\$224,000	Sold



Mutual 6 – 60K Fairfield
2Bd/1Ba, Extended unit w/3 Bdrm.
layout, NEW paint, Laminate floor,
washer/dryer, tons of Character,
pocket door, immaculate, bright.
Lowest HOA Dues! \$255,900.

COMING SOON



Mutual 2 Corner Unit
2Bed/1Bath Expanded End Unit in
private location. Keep Watching.

TEAM DONNA JEAN



Suzanne Ahn
DRE#0110737
Realtor®

suzanne@teamdonnaJean.com
562-810-1614
Korean Language Spoken

An Independent Brokerage!
DRE#01335069



Mutual 14 – 20e Sunningdale
2Bd/1Ba Expanded Unit, South
Facing on Golf Course. Beautiful,
NEW carpet, NEW paint, 5 Skylights,
Mirror Closet, Granite in Bathroom,
Plantation Shutters, Central Heat/Air.
A GEM OF A UNIT at \$337,600



SELLERS LOVE WHEN WE SELL!

M14	2B/1Ba	\$269,000	Upgraded
M12	2B/1Ba	\$333,000	Corner
M12	2B/2Ba	\$397,000	Remodel
M11	2B/1Ba	\$250,000	Corner
M2	2B/1Ba	\$195,000	Basic Unit
M14	2B/2Ba	\$355,000	Upgraded
M12	2B/1Ba	\$325,000	Corner
M10	1B/2Ba	\$140,000	Upgrades
M14	2B/1Ba	\$211,500	Expanded
M4	2B/2Ba	\$397,000	Remodel
M14	2B/1Ba	\$180,000	Basic Unit
M8	2B/1Ba	\$279,000	Remodel
M14	2B/2Ba	\$498,000	Remodel
M14	2B/1Ba	\$219,000	Basic Unit



The Januszka Group, Inc.

Leisure World
ON-SITE
HOME SALES

Our Listings:

Mutual 1 - 40G
Mutual 1 - 38J
Mutual 2 - 9L
Mutual 2 - 62A
Mutual 2 - 36L
Mutual 3 - 2J
Mutual 3 - 23G

Mutual 5 - 108K
Mutual 5 - 106F
Mutual 5 - 106E
Mutual 5 - 71K
Mutual 7 - 158K
Mutual 8 - 178E
Mutual 8 - 180K

Mutual 8 - 199I
Mutual 8 - 178F
Mutual 8 - 179B
Mutual 8 - 195A
Mutual 9 - 222L
Mutual 9 - 206L
Mutual 9 - 232D

Mutual 9 - 220A
Mutual 9 - 223G
Mutual 11-278I
Mutual 11-277A
Mutual 12-62F
Mutual 15-29R
Mutual 15-37Q

Mutual 15-23K

See photos and details of all our listings on our new website.

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DRE #02110501



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PENDING

Mutual 2, 48H \$210,000

This lovely home faces greenbelt, has wrap around patio with newer outdoor carpet and skylight which is a really nice feature.



PENDING

Mutual 7, 176E \$210,000

This 2 bedroom 1 bath cottage has drive-up, wrap around patio, with storage, living room open, kitchen with white cabinets, built-in appliances.



PENDING

Mutual 4, 78B \$148,000

Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately 200 sq ft of living space.



Mutual 15, 32K \$239,000

Eloquent traditional home featuring 2-bedroom, 1-3/4-bathroom, spacious living room and formal dining room with ceiling fan. Living room has custom draperies framing triple-pane windows and over-looks an open balcony and beautiful tree-lined greenbelt. Kitchen has white cabinets, built-in electric appliances and double-pane windows. Master bedroom suite has double-pane windows, mirrored cupboard and 2 wardrobe closets. Master bathroom has bathtub with shower and skylight. Second bedroom has lots of closet and cupboard space and double-pane windows. Second bathroom has stall shower and skylight. This lovely home has carpeting throughout, leaded glass entry door and is close to drive-up parking and carport. This charming home is definitely a must see.



M3-21K

\$218,000

Charming 2 Bedroom 1 Bath Cottage. This is a lovely home that is warm, cozy and ready to move in. Living Room has double pane windows that overlook an inviting wrap-around patio and that is perfect for entertaining. Kitchen has built-in stove, oven and refrigerator. Kitchen also has a ceiling fan and skylight that opens. Master Bedroom has mirrored wardrobe doors and double pane sliding doors to private patio. Bathroom has cut-down shower and skylight that opens. Second Bedroom has mirrored sliding wardrobe doors and double pane windows that overlook patio. Living and bedrooms are carpeted and flooring in kitchen, bathroom and hallway is vinyl. This home also features a heat pump/AC and is ready to move in.



PENDING

Mutual 4, 50A \$249,900

This a fully expanded 2 bedroom 1 bath home with dual pane windows, bay windows in living room, master bedroom and den/dining room and Central heat and air conditioning.



PENDING

Mutual 14, 23D \$255,000

Nicely expanded 2 bedroom 1 bath corner unit with patio storage. Spacious living room with bay window, dining area off kitchen. Built-in kitchen appliances. This home has abundant natural light, laminate floors and central heat and AC.

January 2020 Sales

Mutual 5, 229D

Mutual 14, 23F

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Two-Bedrooms

Mutual 2 10H \$199,995
New windows, 2 large skylights, white bamboo wood floors

Mutual 8 203J \$227,000
Greenbelt, cent. air, solar tubes, smooth ceilings, nice

Mutual 7 161E \$229,000
Expanded, greenbelt, double pane windows, skylights

Mutual 10 238F \$230,000
Basic corner, wrap around patio, newer paint, carpet

Mutual 1 13L \$229,500
Spectacular green, french doors, lam. floors, very nice

Mutual 15 32K \$239,000
1-3/4 baths, open balcony, skylights, double/triple pane windows

Mutual 8 203I \$249,900
Partial expan., washer/dryer, cent. air, nice

Mutual 7 153E \$254,900
1-1/2 baths, south facing, lam. floors, clean

Mutual 9 208L \$259,000
Fantastic greenbelt, turnkey, expanded, dual pane, fresh paint

Mutual 2 44K \$269,000
Full expan., skylights, double pane, wood flooring

Mutual 15 44A \$279,999
Atrium, fresh paint, wood lam. flooring, heat pump

Mutual 15 21M \$285,000
2 baths, enclosed porch, greenbelt, trees, drive-up, nice

Mutual 7 164E \$304,900 Central park, washer/dryer, full expan., skylights

Mutual 1 70F \$325,000 Corner, washer/dryer, central & heat, turn key

Mutual 9 226L \$399,000 Remod. corner, 2 full baths, washer/dryer, private

One-Bedrooms

Mutual 16 54E \$169,000 Full expan., hard wood floors, double insulation, great view

Mutual 1 40B \$173,000 Expanded, huge greenbelt, lam. floors, skylights



Joanie Korman
714-308-8034



Conrad Rodriguez
562-746-1960



Leah Perrotti
310-889-6583



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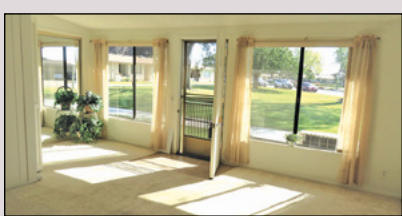
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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 1-38-D \$174,900

1- bedroom, 1-bath south facing, fully expanded unit on an amazing greenbelt setting. Close to Medical Center, Amphitheater, pool, golf course and churches. L-shaped living room with huge closet. There is an A/C Heat Pump to keep you cool in the summer and warm in the winter, plus skylights that make this home light and bright.



NEW LISTING

Mutual 10-257-G \$327,000

Charming two bedroom 1 bath fully expanded Corner with all the right touches! Spacious living room and dining room with a built in china cabinet, granite counters, built-in dishwasher and microwave, skylights, central heat/air, smooth ceilings, new carpet and paint. Conveniently located with drive-up parking, close parking and laundry. **This is a must see - call us today!**



Mutual 8-203-I \$249,900

Darling two bedroom "U-Shaped" expansion with Central Heat/Air, Stackable Washer/Dryer, large master bedroom with a walk-in closet, dining room, skylights, dual paned windows and a nice size tile patio with a gate and storage sitting on a green - plus close carport and street parking!! Be sure to check this out - it's a good one!!



You're Gonna Love It Here



Mutual 1-40-B \$167,000

Fully Expanded 1-bedroom on a beautiful, HUGE greenbelt setting. Both the living room and bedroom are expanded with laminate floors. Kitchen has a ceiling fan, a skylight and newer Formica counters. Bathroom cabinets are white with a skylight and a cut-down shower and vinyl floors. Freshly painted - Close to carport parking

PENDING

Mutual 4-73-K
St. Irmo Walk- Naples

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For 2020, I have a total of 8 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!



1603 Monterey Road #22L | M2 | \$479,000
New construction: 2 bedroom, 1 ¼ bath. Gourmet kitchen with stainless steel appliances. Wall mounted fireplace, washer/dryer, dual pane windows. Great location.



1601 Glenview Rd #64A | M12 | \$348,500
2 bedroom, 1 1/2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven, soundproof wall between unit and laundry room, LAUNDRY IS FREE in this mutual..



1563 Monterey Rd #23G | M2 | \$265,000
2 Bedroom, 1 bath partially expanded corner unit. Great greenbelt views, larger master bedroom with walk-in closet, designated dining area, ceiling fan, A/C heat pump, dishwasher, skylights and finished storage on the patio.



1120 Northwood Rd #186L | M8 | \$269,000
Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet. Drive-up location.



13741 Thunderbird Dr., #49L | M1 | \$205,000
Corner 2 bedroom, 1 bath overlooking beautiful greenbelt. Patio with storage unit. 2 Skylights, Dishwasher, New Oven, Ceiling Fan, A/C Heat Pump, Mirrored Closet Doors, Cut Down Shower. Close To Parking and Laundry.



1562 Golden Rain Rd #44G | M2 | \$225,000
RARE 2 BEDROOM, 2 BATHROOM, basic unit at a GREAT PRICE! New laminate wood flooring, large private patio. Wonderful downtown location. Walk to swimming, golf, exercise room, health care center and other amenities.



13840 Canoe Brook #6L | M3 | \$210,000
BRIGHT 2 bedroom, 1 bath corner unit. New Laminate Flooring and Carpet, Close to Laundry and Steps to Parking Spot.



1622 Merion Way #38G | M2 | \$469,000
Completely remodeled 2 bedroom, 1 ½ bath corner unit. Designer kitchen w/ stainless steel appliances, large island, central A/C and heat, washer/dryer, marble tiled bathroom, walk-in closet, expanded master bathroom.

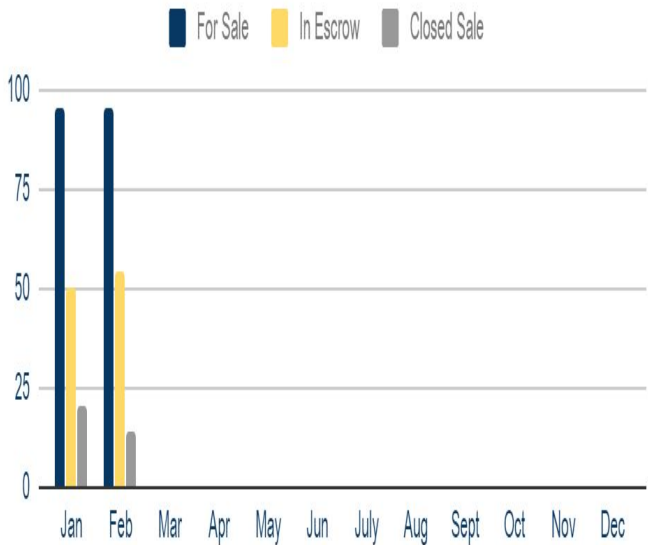


1290 Northwood Rd #161A | M7 | \$310,000
Corner Fully Expanded 2 Bedroom, 1 ½ Baths. Remodeled Master Bathroom With Glass Enclosure, Tile and Corian Countertops. Laminate Flooring, A/C Heat Pump. 2 Skylights, Double Pane Windows. Steps to Parking.



1502 Golden Rain Rd #46K | M2 | \$254,900
2 Bedroom, 1 Bath Fully Expanded. Double Pane Windows, Central A/C and Heat, Plantation Shutters, Washer/Dryer, Walk-In Closet, Bay Window.

2/18/2020- Year To Date MLS Activity



I have access to the total inventory!

On February 18th, 2020 a total of 95 units show as active listings on the CRMLS (this is where Realtors list property for sale).

9 - 1 bedroom/1 bath
from \$150,000 to \$215,000

54 - 2 bedrooms/1 bath
from \$175,000 to \$417,999

33- 2 bedrooms/2 baths from
\$225,000 to \$540,000

Please give me a call for detailed information on any of these properties!





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