

March 5, 2020

LW Weekly



Daylight Saving Time begins at 2 a.m. on Sunday, March 8. Turn clocks forward one hour before going to bed Saturday night.



MASTER GARDENER CLASS
Warm Season Vegetables
March 12, 1-3 p.m.
Clubhouse 4
See Page 12 for more information.



Y Service Club Potato Bake
Come get a baked potato with all the toppings on March 7.

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CALIFORNIA TELEPHONE ACCESS



Make your smartphone work better for you

People who are having difficulty hearing or seeing their smartphones are invited to attend a free workshop on how to make them work better for you. Training covers making smartphone volume louder and easier to hear, sending text messages, connecting Bluetooth devices, using basic functions and more.

Android training is from 11:30 a.m.-1:30 p.m. on March 27 or April 24 and iPhone training is from 2-4 p.m. on March 27 or April 24. Classes, sponsored by the California Telephone Access Program, are held at the Health Care Center. Space is limited. Register by calling 431-6586, ext. 317.

Get a free phone that makes it easier to hear

Special California Phones are *free* to eligible Californians. Now, it's easier to hear, dial and make calls. The next free phone events are March 27 and April 24 from 9-11 a.m.

Bring your completed CTAP application with a doctor's signature and get your phone the same day.

CTAP applications can be picked up at the Health Care Center, from the Member Resource Liaison Office in Bldg. 5, first floor, by calling (800) 806-1191 or visiting www.CaliforniaPhones.org.

AMERICAN RED CROSS

RSVP for blood drive on April 3 at HCC

Leisure World is saving lives with an American Cross Blood Drive on Friday, April 3, at the Healthcare Center from 9 a.m.-3 p.m.

One donation can save up to three lives. More than 38,000 blood donations are needed every day. Someone needs blood every two seconds.

Call Lisa Love to make reservations at (909) 282 6685.

CORONAVIRUS

FROM THE HCC



Most people don't need to wear face masks

by Carson Blomquist
OptumCare/HCC

A lot of news is going around about using facemasks to protect yourself from coronavirus. Is this the time to start investing in facemasks? The short answer: no.

Highly-specialized respiratory masks, called N95 masks, are being used by healthcare professionals who are treating individuals with coronavirus. But these aren't needed for most people.

In fact, you probably don't need to wear a mask. Although the news has certainly been alarming, it's important that we keep things in perspective. The likelihood of being exposed to coronavirus is slim. Unless you've traveled to Wuhan, China, or you've been around people who have traveled there, you aren't at great risk.

HCC, page 8

PREP, NOT PANIC



OC Health Care Agency can now test for virus

The County of Orange declared a local health emergency last week in the wake of COVID-19, commonly known as novel coronavirus.

As of Monday, Orange County public health officials were able to test for coronavirus in patients exhibiting symptoms of the contagious disease amid fears of a local outbreak.

The Orange County Health Care Agency said tests would be administered to anyone with the flu-like symptoms of COVID-19 who in the last two weeks has been in contact with other virus patients or who has traveled in areas where outbreaks have occurred.

Testing could also be done for patients hospitalized for fever and a lower respiratory illness that's "otherwise unexplained," HCA officials said on Twitter.

TEST, page 6

FROM THE GRF

LW officials working to ensure minimal disruption

With one case of coronavirus, COVID-19, now reported in Orange County (as of March 2), the Golden Rain Foundation is working to mitigate transmission of flu and coronavirus, known as COVID-19.

The GRF will continue to closely monitor the situation in accordance with guidance from local health authorities and ensure that plans are in place to minimize possible GRF business disruption.

News of COVID-19 has prompted concern about risk of transmission.

Although influenza viruses and coronaviruses have similar symptoms, the risk of catching the flu remains far greater in the U.S.

Here's what you need to know about the flu vs. coronaviruses.

FLU VIRUS

- The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and sometimes the lungs.

- Older people, young children and people with certain chronic conditions (asthma, heart disease, diabetes, among others) are at increased risk for serious complications, including pneumonia.

- The best way to prevent flu is by getting a flu vaccine every year.

CORONAVIRUS

- Human coronaviruses are common throughout the world.

- The most recent coronavirus, 2019 Novel Coronavirus, was first identified in Wuhan, China, and is associated with

VIRUS, page 8

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"My experience at the Seal Beach Sonus office is excellent. The front desk is very polite and welcoming. The provider is an expert in her field and knows what she is doing." -Lanya K."



Eloy Gomez (l-r), Doreen Chesebro, Dr. Rosa Fabian, Midge Bash and Duane Owens
EMERGENCY BUDDY SYSTEM

LW residents welcome to fire suppression event

Dr. Rosa Fabian, chair of the Emergency Buddy System of Mutual 2, welcomes LW residents to a fire suppression event at 11 a.m. on the Mutual 2 greenbelt between buildings 21 and 34 on

March 18. Bring a chair and an *expired* fire extinguisher to use (optional) for hands-on training.

GRF Safety and Emergency Coordinator Eloy Gomez will lead the presentation and exer-

cise. Midge Bash, a Community Emergency Response Team instructor, will demonstrate how to use a fire blanket. Contact Dr. Fabian at (562) 240-5212 for further information.

GRF Movie

"Miss Congeniality," rated PG-13, will be shown at 2 p.m. on Sunday, March 8, in Clubhouse 4.

When a terrorist threatens to bomb the Miss United States pageant, the FBI rushes to find a female agent to go undercover as a contestant.

Unfortunately, Gracie is the only female FBI agent who can "look the part" despite her complete lack of refinement and femininity. She prides herself in being "just one of the boys" and is horrified at the idea of becoming a girly girl.

The movie was nominated for two Golden Globes, and racked up seven wins and five nominations in various categories.

Can't make the movie? You can borrow "Miss Congeniality" from the Leisure World Library for free.

Mother's Day Brunch

The GRF Recreation Department will host a special brunch to honor Leisure World mothers on Saturday, May 9, in Clubhouse 4 at 11 a.m. The event will be catered by Country Gardens.

Last year was a huge success and the event is expected to sell out this year.

A classical harpist will perform during a special lunch; mothers and daughters and their families and friends are welcome.

MOTHER, page 3



Honor banners line Golden Rain Road and are a vivid reminder of the patriotic service of many LW residents.

RECREATION DEPARTMENT

Veterans honor banners are for sale

Golden Rain Foundation, in conjunction with the Recreation Department, will offer veterans honor banners for sale again.

Banners will be posted throughout the community on trust streets to honor current or former GRF members in good standing.

The name used will be the full legal name, used on the stock certificate of Golden Rain Foundation or deed, in the case of Mutual 17.

GRF membership will be verified by the Stock Transfer & Recreation Office.

The banner will also include the mutual and military branch under which they served.

The cost is \$150, and orders will be filled on a first-come, first-served basis; supplies are limited.

The banners will be displayed for Memorial Day on May 25.

People who have previously purchased banners can pick it up from Recreation or donate it and have it redisplayed, subject to space availability. All sales are final, and no refunds will be given.

For more information call (562) 431-6586 x324 or email thomasf@lwsb.com.



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Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

President Carole Damoci accepts \$1,000 from FALW

Carole Damoci, president of Golden Age Foundation, graciously accepted a donation of \$1,000 from Filipino Association of Leisure World (FALW) officers.

The Golden Age Foundation is a nonprofit 501 (c) (3) charitable organization dedicated to serving the specialized needs of Leisure World shareholders and residents.

The GAF was established in 1973 by Golden Rain Foundation board members.

Through the generosity of LW residents, the GAF is able to provide various programs and projects free to residents.

The GAF is entirely staffed by resident volunteers and its major income source is contributions from shareholders, either individually or through clubs and organizations.

GRF Weekly Bands

The GRF Recreation Department has booked the following weekly dance line-up for March and April.

The Velvetones will play on March 15 and Vinyl Rock will be here on March 21.

Residents can pick up copies of the March-April Recreation Newsletter highlighting upcoming events at the Recreation office in Building 5, the LW Library or Administration.

The schedule is:

- The Velvetones: Sunday, March 1, 6 p.m., Clubhouse 4
- The Velvetones: Sunday, March 15, 6 p.m., Clubhouse 4
- Vinyl Rock: Saturday, March 21, 7 p.m., Clubhouse 1
- Abilene: Saturday, March 28, 7 p.m., Clubhouse 2
- The Velvetones: Sunday, April 5, 6 p.m., Clubhouse 4
- Vinyl Rock: Saturday, April 11, 7 p.m., Clubhouse 1
- The Velvetones: Sunday, April 19, 6 p.m., Clubhouse 4
- Abilene: Saturday, April 25, 7 p.m., Clubhouse 2

The Band schedule is subject to change—check the LW Weekly to confirm performances.

Cal Fresh Benefits

Qualified LW residents can get help applying for CalFresh, formerly known as food stamps, in person with Cindy Tostado, GRF Member Resource and Assistance Liaison, online or via phone.

People who are over 55 and meet the following monthly income guidelines may qualify: One-person household: \$2,010 per month; two-person household: \$2,708 per month.

For more information or to apply:

- By Appointment in LW: Call Cindy Tostado, LCSW, GRF member resource and assistance liaison, 431-6586, ext. 317.
- Online: GetCalFresh.org
- Phone: (800) 281-9799
- Walk In: 1928 S. Grand Ave., Santa Ana, 92703

MOTHER from page 2

Tickets are \$28 or \$200 for a table of eight. For more information, contact Recreation at events@lwsb.com or 431-6586, ext. 326.



Ed Bolos (l-r), FALW chairman of board, with Eileen Merritt, FALW vice president; Carole Damoci, GAF president; and Ric Dizon, past FALW president.

The FALW was established in August 2009.

Its mission is to build a better relationship in a diverse community.

It is a non-profit charitable organization geared to support the needs of the Leisure World community.

The main objective is to help Golden Age Foundation programs in assisting the needs of the community.

At present, there are 63 paid

and active members of the association.

To be a member, you must be a bona fide resident of Leisure World.

FALW has two fundraising events in a year, a luau-dinner dance in September and a Valentine's Ball in February.

FALW supports and hosts the annual picnic for veterans residing in Leisure World, among other events.

—Anna Derby



Mutual 2 shareholder Gloria Turley receives free tax help, thanks to a GAF program held each year. GAF volunteer Rogell Van Wyk prepared her tax return.

GAF Free Tax Program

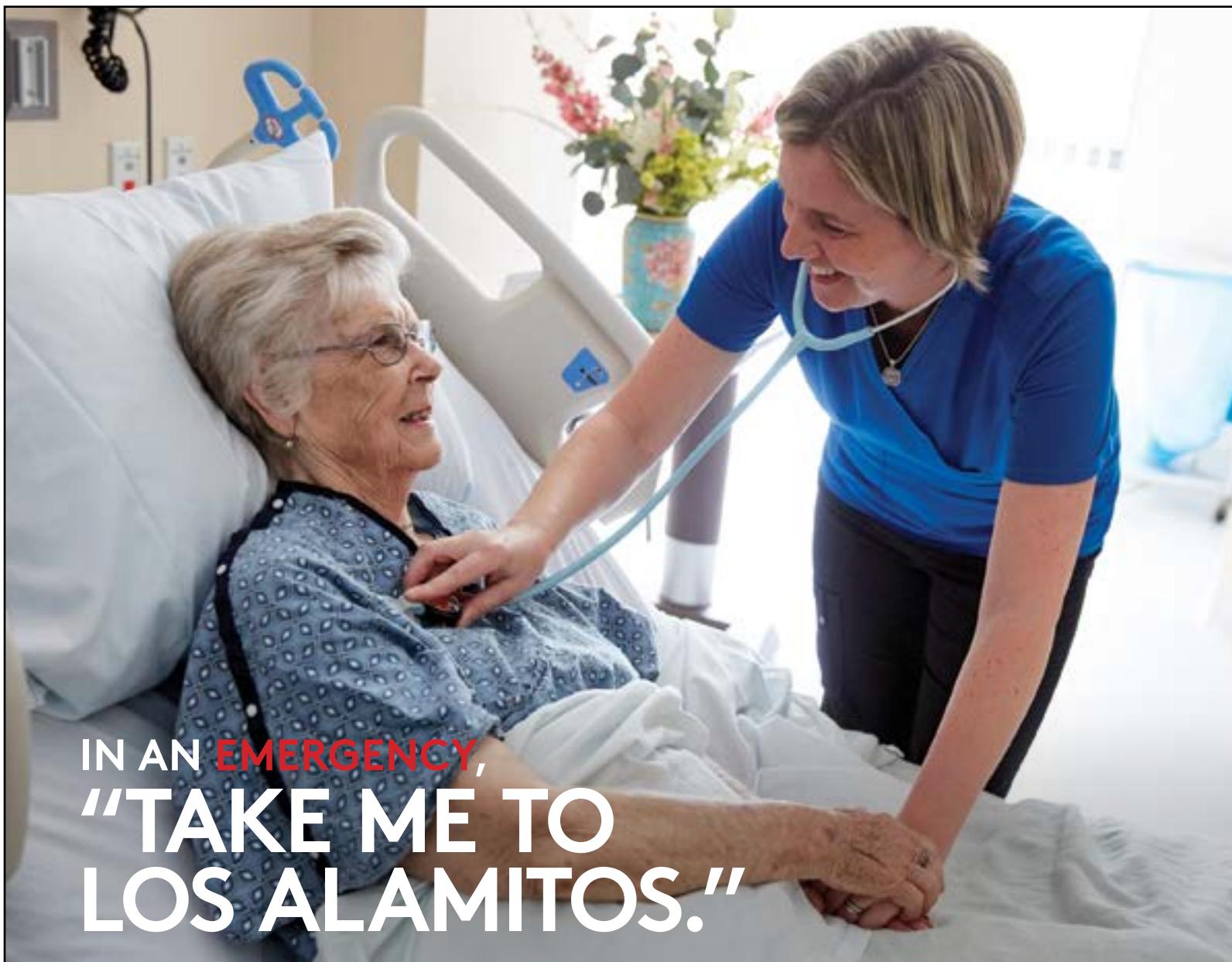
The Golden Age Foundation tax program for the 2019 filing season is underway. Appointments are available for Monday, Tuesday and Wednesday mornings through April 8.

There are four new tax counselors, two new greeters and two new telephone schedulers. Everyone has adapted well to their duties and is doing a good job.

Other than one day when the tax program was having delays, the program is running smoothly.

During the first three weeks of operation, counselors e-filed 192 federal and state tax returns.

—Diana Lambert, GAF tax chairperson



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Perspectives

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement by the LW Weekly or Golden Rain Foundation.

Editor's Note: Nathan and Patti Nemnich of Mutual 7 highly recommend Heroes Barbershop for its low-cost services and the high honor it pays to U.S. military personnel and first responders. Nathan, a Vietnam veteran, said the shop was a "real find" and wants his neighbors to know about it.

Heroes Barbershop, 11310 Los Alamitos Blvd., Los Alamitos, features excellent cuts and shaves, and a family friendly atmosphere. And it's known far and wide for its deep respect for the U.S. military personnel who protect and serve this country in every way.

Heroes offers \$10 cuts for senior citizens and military cuts all day every day for \$14.

Nathan Nemnich praises the senior cuts he has received there and the refreshments and coffee. He especially loves the decor—patriotic signs, military emblems and photos honoring those who serve, whether it be in armed forces or first responders and veterans.

The Heroes Barbershop has a friendly staff, is family-owned by Rob Rodriguez and provides refreshments.

For more information or to make an appointment, call (562) 794-9379.



Vietnam veteran and LW resident Nathan Nemnich

Honoring Mothers

The Leisure World Weekly will pay tribute to the mothers who raised us in the May 7 edition. Send brief stories to rutho_news@lwsb.com.

Scam Watch

Scam prevention experts believe that financial exploitation of older people is a problem that is growing as America ages and that it is significantly underreported.

Financial exploitation occurs when a person misuses or takes the assets of a vulnerable adult for his/her own personal benefit.

Ninety percent of perpetrators are family members or other people the victim knows well, such as caretakers, neighbors or friends, the NCEA estimates. "It's such a hidden crime. Within families, victims don't want to prosecute," says Julie Schoen of the National Center on Elder Abuse.

Safeguard yourself by:

- When a person is still mentally sharp, help him or her make a plan that designates power of attorney and health care directives.

"We tend to want to keep financial matters private, but if we don't have those discussions, that's what blows things apart," Schoen says.

- Stay connected with older loved ones through regular phone calls, visits or emails.

- Develop a relationship with your parent's caregiver. They'll be less likely to financially exploit mother because they know you're paying attention, according to the experts.

- Become a "trusted contact" to monitor bank account and brokerage activity.

- Sign up for a service such as EverSafe to track financial activity and notify an advocate of unusual withdrawals or spending.

- Set up direct deposit for

checks so others don't have to cash them.

- Do not sign any documents that you don't understand.

—from the AARP

Letter to the Editor

Editor:

For those that would be interested in a Trader Joe's Store opening in Seal Beach, here is a way of requesting it: Go to www.traderjoes.com. At bottom of page click on "Contact Us." On the left side, click on "Request a TJ's in My City."

Then fill in the blanks and let them know why you would enjoy having a Trader Joe's in Seal Beach.

Betty Hie
Mutual 12

Letters to the Editor should include your name, Mutual number and phone number, and be emailed to rutho_news@lwsb.com or typed and delivered to the LW Weekly office in the Amphitheater Building.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Shareholders may only have one letter published per month.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome.



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LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members, staff or this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

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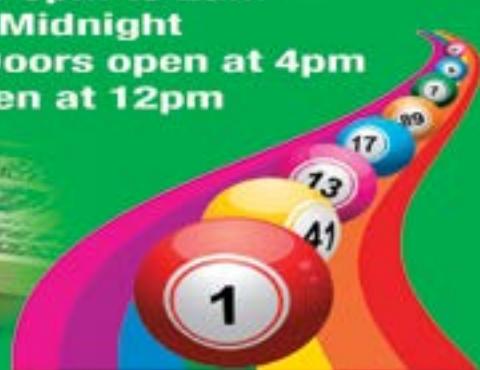
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GRF Executive Session

GRF Board Executive Session

1 p.m., March 6, 2020

Administration Conference Room

NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935

A. Call to Order – Vice President Hopewell

B. Roll Call

C. Approval of Minutes

- a. November 12, 2019
- b. February 25, 2020

D. Legal

E. Member Disciplinary Actions

F. Personnel

G. Adjournment

The agenda is subject to change.

Schedule of Mutual Meetings

Mutual meetings are listed below. Mutual residents are invited to attend the open meetings of their mutual boards as follows:

Thurs., March 5	Presidents' Council Clubhouse 4 9 a.m.
Mon., March 9	Mutual 9 Administration 9 a.m.
Wed., March 11	Mutual 4 Administration 9:15 a.m.
Thurs., March 12	Mutual 12 Administration 9 a.m.
Thurs., March 12	Emergency Information Council Conference Room B 10 a.m.
Fri., March 13	Mutual 3 Administration 9 a.m.
Mon., March 16	Mutual 15 Administration 1 p.m.
Tues., March 17	Mutual 14 Conference Room B 1 p.m.
Wed., March 18	Mutual 5 Conference Room B 9 a.m.
Wed., March 18	Mutual 7 Administration 1 p.m.
Thurs., March 19	Mutual 2 Administration 9 a.m.
Thurs., March 19	Mutual 11 Conference Room B 1:30 p.m.
Mon., March 23	Mutual 8 Administration 9 a.m.
Wed., March 25	Mutual 10 Administration 9 a.m.
Thurs., March 26	Mutual 1 (open forum precedes meeting) Administration 9 a.m.
Fri., March 27	Mutual 6 Administration 9:30 a.m.

GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule of meetings on the Golden Rain Foundation master calendar, maintained by Administration:

Thurs., March 5	Architecture Design Review Committee Administration 1 p.m.
Fri., March 6	GRF Board Executive Session Administration 1 p.m.
Mon., March 9	Mutual Administration Committee Administration 1 p.m.
Tues., March 10	Mini-farm Subcommittee Administration 10 a.m.
Tues., March 10	Facilities/Amenities Review Ad Hoc Administration 1 p.m.
Wed., March 11	Security, Bus, Traffic Committee Administration 1 p.m.
Thurs., March 12	Communications Committee Administration 1 p.m.
Fri., March 13	Executive Committee Administration 1 p.m.
Mon., March 16	Finance Committee Administration 9 a.m.
Tues., March 17	Website Ad Hoc Committee Administration 1 p.m.
Wed., March 18	Strategic Planning Ad Hoc Committee Administration 10 a.m.
Fri., March 20	GRF/Mutual Roundtable Administration 1 p.m.
Tues., March 24	GRF Monthly Meeting Clubhouse 4 10 a.m.

Mutual Election Cycle Begins

The community unity displayed in Leisure World Seal Beach is a direct result of all the unpaid volunteer Mutual and GRF board members duly elected to serve their mutuals and the shareholders over many years. What better way to sustain a community such as Leisure World than by volunteering time toward the governance of the incredible lifestyle shareholders enjoy?

This community was founded on the premise that the Mutual Boards and the elected board directors would set into operation the day-to-day business of each mutual corporation. Directors address the issues of most importance to their electorate, that is, the shareholders. Board directors find solutions to problems, large and small. This is not an easy job. It takes time, effort and a willingness

to unselfishly donate a portion of everyday life to the community.

Leisure World Seal Beach is full of highly qualified shareholders who have so much expertise to offer, such as knowledge of construction, plumbing and accounting. New ideas and perspectives are always needed and that means volunteers are needed. Consider becoming a candidate

for a director's position on your mutual's board of directors.

The schedule below indicates each mutual's annual meeting date and election. Note the deadlines to apply for candidacy.

For more information on becoming a Mutual Board of Directors candidate, contact the Stock Transfer Office at (562) 431-6586, ext. 346.

Parcel Designations Mutuals 9 and 12

Mutual Nine

Parcel	Bldgs.
39	206-210
40	211-214
41	215-218
42	219-223
43	224-226
44	227-232
45	233-237

Mutual Twelve

Parcel	Bldgs.
1	64-69
2	70-73
3	74-78
4	6-11
8	55-63
9	40-47
10	34-39

2020 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	7	384	193	5	Fri. 2/14	Mon. 3/16	Wed. 4/15	May	5/15	10 a.m.	
	10	276	139	5	Fri. 2/14	Mon. 3/16	Mon. 4/20	May	5/20	10 a.m.	
	14	328	165	7	Fri. 2/14	Mon. 3/16	Tues. 4/21	3 rd Thurs.	5/21	10 a.m.	
	9	384	193	7	Fri. 2/14	Mon. 3/16	Wed. 4/22	4 th Fri.	5/22	10 a.m.	Parcels in effect
	8	348	175	5	Fri. 2/14	Mon. 3/16	Sun. 4/26	4 th Tues.	5/26	10 a.m.	Meeting moved from 4 th Mon. to 4 th Tues. due to Memorial Day
	4	396	132	3	Wed. 2/12	Fri. 3/13	Mon. 4/27	4 th Wed.	5/27	10 a.m.	Staggered terms
	16	60	20	5	Wed. 2/12	Fri. 3/13	Mon. 4/27	4 th Wed.	5/27	2 p.m.	Election & Annual Meeting held in Admin. Conf. Room
	11	312	157	6	Fri. 2/14	Mon. 3/16	Tues. 4/28	4 th Thurs.	5/28	10 a.m.	
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JUNE	6	408	136	7	Fri. 2/14	Mon. 3/16	Wed. 5/6	June	6/5	10 a.m.	
	1	844	282	5	Fri. 2/14	Wed. 3/25	Sat. 5/9	2 nd Mon.	6/8	10 a.m.	Staggered Terms
	5	492	164	4	Tue. 2/25	Thu. 3/26	Sun. 5/10	2 nd Tues.	6/9	10 a.m.	Staggered Terms
	3	432	217	7	Fri. 2/21	Mon. 3/23	Mon. 5/11	2 nd Wed.	6/10	10 a.m.	
	12	452	151	7	Thur. 2/27	Sat. 3/28	Tues. 5/12	2 nd Thurs.	6/11	10 a.m.	Parcels in effect
	2	864	288	9	Fri. 2/21	Tue. 3/24	Wed. 5/13	2 nd Fri.	6/12	10 a.m.	
	15	502	168	7	Fri. 2/28	Tue. 3/31	Wed. 5/20	3 rd Fri.	6/19	10 a.m.	
	17	126	65	3	Tue. 3/10	Thu. 4/9	Sun. 5/24	4 th Tues.	6/23	10 a.m.	Staggered Terms

* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.

** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.

*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

GRF Drop Boxes

Located throughout the community are light tan-colored payment boxes provided as a convenient method of dropping off monthly assessment payments as well as utility payments for Edison, Verizon, Frontier and Spectrum without having to use a postage stamp.

GRF has established strict procedures relating to the collection and delivery of payments deposited in these payment boxes. Payments are collected once daily Monday-Friday from all boxes. Sealed payments are delivered to the Finance office where they are sorted and mailed in parcels as batches to their respective payment processing centers. Monthly assessment payments are forwarded to the lockbox payment processing center via UPS and contain a tracking number used to confirm the package was delivered.

Be sure to include your name and address on the outside of all payment envelopes deposited in the light tan-colored payment boxes. Doing so allows staff to add an additional step of tracking and recording your monthly

BOXES, page 6

EVEN-NUMBERED MUTUALS

How to be a GRF Board candidate

The campaign cycle for the GRF Board of Directors (BOD) got underway in February.

During 2020, the Board seats representing the even-numbered Mutuals are up for election.

Candidacy is subject to all applicable state laws and accordance to GRF policy 5025-30. All candidates must be members of GRF for at least a year at the time of nomination and cannot have been convicted of a crime that would either prevent GRF from purchasing fidelity bond coverage or terminate existing coverage.

A Mutual BOD may appoint a nominating committee for the purpose of recommending a candidate for election.

All candidates recommended by a Mutual BOD or nominating committee will be given candidate instructions by the Stock Transfer Office.

Candidates must be current in payment of carrying charges. This does not include non-payment of collection charges, late charges, fines cost levied by a third party or if member has paid under protest.

All members have the right to engage in Internal Dispute Resolution (IDR) and/or Alternative Dispute Resolution (ADR) pursuant to Civil Code 5658. A member may contact the Board in

TEST
from page 1

The health agency warned residents that the testing performed at its laboratory in Santa Ana must be requested by their doctors or other health care providers.

The declaration of both a local emergency and local health emergency assists the County of Orange to better leverage resources to prepare for its staffing needs and greater agency coordination while allowing for future reimbursement for county activities by state and federal governments in the event of an COVID-19 outbreak in Orange County.

"This decision from the County did not come lightly," said Vice Chairman Andrew Do, First District. "This is a measured and prudent response in preparation for the possibility of a COVID-19 outbreak in Orange County. The Board of Supervisors and county staff are working vigilantly to monitor and prepare all the resources at our County's disposal to ensure the safety and well-being for all of Orange County's residents and visitors."

While there has been only one confirmed case in Orange County and that individual has recovered, the OC Health Care Agency continues to engage and monitor the rapidly changing worldwide response to COVID-19.

"With 60 U.S. cases of coronavirus, we are facing a real-life crisis that must be managed. I support an emergency declaration, not because I necessarily believe the public is in more danger, but because the federal

and state governments refuse to give us enough information to discharge our public health responsibilities," said Supervisor Donald P. Wagner.

"Orange County is a major tourist destination with a robust business sector, the sheer number of visitors and residents traveling to and from Orange County is significant. We want to be vigilant in ensuring the County is prepared and has sufficient resources to prevent and combat any possible outbreak of COVID-19."

Should more COVID-19 cases occur in Orange County, the OC Health Care Agency (HCA) would share that information with community members and medical providers, and colleagues at the California Department of Public Health and the Centers for Disease Control and Prevention.

"Our utmost concern is for the health and welfare of all Orange County residents and visitors alike," said Supervisor Doug Chaffee, Fourth District. "The County of Orange will use all of its resources to ensure we are protected from any possible COVID-19 outbreaks."

County of Orange residents are encouraged to visit www.ochealthinfo.com/novelcoronavirus, call the OC Health Care Agency's Health Referral Line from Monday-Friday from 8 a.m. to 5 p.m. at 1 (800) 564-8448, and monitor social media channels to ensure they have the most accurate and up to date information related to COVID-19.

"Orange County residents

need to take the proper precautions to ensure their health and welfare are protected at all times," said Supervisor Lisa Bartlett, Fifth District.

"The best way to receive the most up to date information on how to stay healthy and safe locally is to follow our OC Health Care Agency on Twitter and Facebook."

Coronavirus Facts

- Coronaviruses are a large family of viruses that are known to cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

- A novel coronavirus (COVID-19) was identified in late 2019 in Wuhan, China. This is a new coronavirus that has not been previously identified in humans.

- Symptoms of the coronavirus include fever, cough and shortness of breath. Here are the steps that doctors and public health officials recommend you take.

Before you do anything else, call your healthcare provider.

In very mild cases, your doctor might be able to give you advice on how to treat symptoms at home without needing to see you, which would reduce exposure to others. If medical treatment might be necessary, an urgent care center will benefit from notice of your arrival. They might have a special entrance to minimize exposure to others and a mask for you.

Carport Cleaning Schedule 2020

The following is a partial list of the holiday carport cleanings:

Memorial Day - Monday, May 25

Mutual 10, Carports 117-121, 123-124, will be cleaned May 29.

Labor Day - Monday, Sept. 7

Mutual 1, Carports 1-6, 9-10, and Mutual 17, Building 3, will be cleaned Aug. 31.

Veterans Day - Wednesday, Nov. 11

Mutual 3, Carports 39-42, and Mutual 4, Carports 54-56, will be cleaned Oct. 30.

BOXES

from page 5

assessment payments before they are forwarded to the lockbox processing center. Failure to place your name and address on your payment envelopes will make it difficult for staff to track your payment once it leaves our office.

Note that you must use postage stamps on all mail deposited in the blue US postal boxes. Further, it is always a good practice to place your return address on all US mail in the event the postmaster is unable to deliver your mail.

— The Finance Office

GRF

from page 5

e.g., contain the background, qualifications and platform of the candidate, and shall not contain any disparaging or defamatory content.

The statements will be mailed out with ballots.

Candidate Nomination Forms and GRF Directors Handbooks are available in the Stock Transfer Office in the Administration Building beginning Wednesday, March 4, and must be submitted before the deadline, 4:30 p.m., Friday, April 3.

Members are invited to attend a Question-and-Answer Forum with current GRF Directors on Wednesday, March 25, from 1-2 p.m. or Thursday, March 26, from 2-3 p.m., at the Administration Building, Conference Room A.

Candidates must show a photo ID when turning in the Candidate Nomination Form and Statement. Candidates will receive a receipt when turning in their application materials. Candidates who complete a Candidate Nomination Forms (or who are nominated by a Mutual's nominating committee or Board) will be listed on the Secret Mail-in Ballot. Three packets containing the Secret Mail-in Ballot, postage-paid envelopes, balloting instructions and deadlines will be mailed to each household in the even-numbered Mutuals on Sunday, May 3. Nominations from the floor and write-ins are prohibited. For more information on being a GRF Board candidate, call 431-6586, ext. 346, for Stock Transfer, or ext. 303 for the Board of Directors Office.

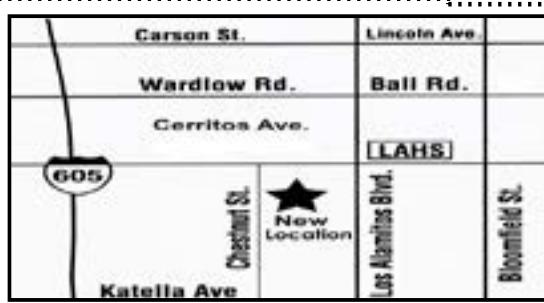


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Health & Fitness



Shirley LeBrecque (l) and Margaret Humes

WA-RITE

Margaret Humes is Top Loser

Margaret Humes has put in a lot of hard work, and it paid off, she was Top Loser with a 5-1/2-pound loss. After going on a cleansing fast to wake up a sluggish metabolism, and ditching the junk food, she worked to start dropping the weight. Having to weigh in every week and be accountable for weight loss and weight gain is hard, especially when you keep going up each week, but according to Margaret if she wasn't going to Wa-Rite she would continue to gain weight. Although a lot came off this week she plans on a slow and steady weight loss plan for the coming season. Summer is right around the corner and it's going to be time for shorts, no more sweats to hide behind.

Shirley LaBrecque did a talk this week on what foods can be mixed and match for breakfast, lunch and dinner to build a balanced and tasty meal.

Food for Thought: If it doesn't challenge you, it doesn't change you.

Wa-Rite is a support group of women needing to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m.

Weighing begins at 7:45, annual dues are \$10. Members must be a LW resident to join. For questions, call Carol Chambers at (562) 822-4641 or Bev Bender at (562) 594-9148.

—Margaret Humes

FOOT PAIN STUDY

Diabetics wanted for study in Costa Mesa

The office of Jeffrey C. Kleis, DPM, is conducting a double-blind study on the effects of low level laser on reducing foot pain in patients with diagnosed diabetic neuropathy. This is an FDA-approved study and follows federal guidelines for Medical Device Clinical Studies. This study is approved by the Institutional Review Board.

Adults with diabetes and foot pain for more than three months are invited to join this clinical study.

The study involves 12 laser light procedures with the Erchonia FX-635 Laser over six weeks at the test site.

For more information, contact Jeffrey Kleis, DPM, Inc., 1503 S. Coast Dr., Suite 317, Costa Mesa, (866) 333-8710 or email drkleis@gmail.com.

Laughing for the Health of It

Bev Bender brings her laughter program to the Health Center on Wednesday, March 11 at 1:30 p.m. Laugh your way to better health.

Laughter is the best medicine with only positive side effects. People will do laughter exercises, making them feel more energetic and healthy. This program is guaranteed to be uplifting. Certified Laugh leader Bev Bender will show people how easy it is to have fun in a not-so-funny world.

It's fun, free and non-fattening.

Bev is a gerontologist in addition to a certified laugh leader. She also has a degree from the University of Stop Acting Your Age. For more information, call her at (562) 594-9148.



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HCC

Keeping your heart healthy

Leading a heart-healthy lifestyle is important, especially if you have other chronic conditions.

"It's pretty common to see someone with both diabetes and heart disease," Maureen said. "This is especially true with women. Women with diabetes have a 40 percent greater risk for heart disease than men with diabetes."

Diabetes can cause a number of other health issues, which is why it is so important to manage it carefully. Unfortunately, when combined with heart disease, there are even more health risks.

"Heart disease damages the arteries and veins in our bodies," Maureen explained. "Over time, this can strain different organs, like our heart, kidneys, eyes, and more. And long-term heart disease can lead to heart attacks and strokes."

"We enjoy a lot of bad food," Michelle said. "But those foods can increase our cholesterol levels. High cholesterol clogs your veins and arteries, and that means your body has to work harder to circulate blood."

You can lower your risk for heart disease through diet and exercise.

—Carson Blomquist

Senior Meals

Seal Beach Community Services, in cooperation with Meals on Wheels Orange County, offers a weekly hot meals program at the North Seal Beach Community Center, 3333 St. Cloud Dr. The center is open from 9 a.m.-2 p.m., Monday-Friday. Lunch is served weekdays at 11:15 a.m. Reservations are not needed. Arrive by 11 a.m. to check in at the front desk. Sugar-free desserts are offered on request. One-percent milk is served daily. Suggested donation: \$3 for seniors 60 and older; \$5 for all others. For more information, call (562) 430-6079.

The Rossmoor Senior Shopping Shuttle provides weekday service to Senior Meals from Leisure World.



Thursday, March 5 — Cream of spinach soup with crackers, Vietnamese coconut curry, chicken breast, pineapple, fried rice, broccoli spears, tropical fruit

Friday, March 6 — Baked salmon with herb sauce, rice pilaf, chef cut vegetables, dinner roll with promise, angel food cake with berries

Monday, March 9 — Macaroni and cheese, stewed tomatoes, broccoli spears, fresh fruit

Tuesday, March 10 — French onion soup with crackers, open face hot turkey sandwich, mashed potatoes with gravy, bread, cranberry sauce, mandarin oranges

Wednesday, March 11 — Split pea soup with crackers, Vietnamese caramel chicken breast, brown rice, Asian vegetable blend, ambrosia

Thursday, March 12 — Taco salad with seasoned ground beef, chopped lettuce, cheese, tomatoes, beans, sour cream, tortilla strips, salsa, corn and bean salad orange juice, vanilla ice cream, fresh fruit

Friday, March 13 — Baked tilapia topped with savory tomato sauce, rice pilaf, peas and carrots, dinner roll with promise, orange juice, custard

Monday, March 16 — Grilled hamburger on bun with shredded lettuce, sliced tomato, and red onion, baked chips, mandarin oranges



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Eva Kanagusuku (l-r), Betty Morgan, Kathy Baker and Patti Endly.

CHAIR EXERCISE

Twice weekly class fosters health

Chair Exercise Class devotees come early on Tuesdays and Fridays at 9:30, in Clubhouse 1 to chat and warm up their chairs.

Thelma Kieffer, who is 99, says the class keeps her young. Eva Kanagusuku says she comes for the fun. Club President Betty Morgan has been attending for more than five years now. Kathy Baker says the class energizes her. Patti Endly, a longtime chair exercise class member adds, "the class makes me feel good."

For more information, call 493-7063.

—Cathleen Walters

Health Classes and Clubs

Fitness Fusion Upper/Lower Body Strength and Yoga

Classes are from 11:15 a.m.-12:15 p.m. on Tuesdays and Thursdays in Clubhouse 6, top floor; \$4 per class by the month or \$5 for occasional drop-ins. For more information, call Marion Higgins at (562) 296-8328.

Leisure Leggers

The walking and running club meets at 8 a.m., Mondays, in front of Clubhouse 6 for a 30-60-minute walk. For more information, call Tom Pontac, (562) 304-0880.

Movement for Health and Self-Healing Medical Qigong

Qigong practice sessions are held from 9-10 a.m. on Thursdays in Clubhouse 3, Room 2. QiGong practitioner Dave Heilig instructs.

Tai Chi Chaun

Tai chi classes increase mobility and balance at 9:20 a.m. on Tuesdays in Clubhouse 3, Room 1. Beginners welcome. For more information, call Joann Mullens at (562) 596-3936.

LW Yoga Club

Monday - Clubhouse 4, Section C, 5:30-6:30 p.m. (formerly Yoga with Sally)

Tuesday - Clubhouse 4, Section C, 8:30-9:30 a.m. with Travis; 10-11 a.m. with Jenny

Thursday - Clubhouse 3, Room 1, 8:30-9:30 a.m. with Travis; 10-11 a.m. with Jenny. For more information, contact Connie Adkins, (562) 506-5063

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VIRUS from page 1

mild-to-severe respiratory illness with fever and cough. At this time, the threat of contracting the virus in the U.S. is rated at low.

But this is a rapidly evolving situation. More is being learned about this new virus every day and updates are available on the CDC website at www.cdc.gov/coronavirus/.

Symptoms of Coronavirus

Common human coronaviruses usually cause mild-to-moderate upper-respiratory tract illnesses, like the common cold. Zoonotic coronaviruses, originally from bats (e.g., MERS-CoV, SARS-CoV), can cause more severe symptoms and often progress to pneumonia.

What is the risk of this coronavirus infection spreading in the United States?

Yale New Haven Health is monitoring the progression of the virus to keep patients and staff safe. At this time, the risk of becoming infected with this new coronavirus in the United States is low.

As of Monday, the death toll from coronavirus in the U.S. rose to six as Washington state officials announced four new deaths.

There are at least 30 coronavirus patients in California, many of them from repatriation flights, with the number changing often. No one had died of the disease as of Monday.

In contrast, there have been at least 15 million cases of flu reported in the U.S. since the start of flu season in October 2019.

PREVENT INFECTION

The best way to prevent illness is to avoid being exposed to this virus. CDC recommends preventive actions to help people slow the spread of respiratory diseases. These simple but effective measures include:

- Avoiding close contact with people who are sick;
- Avoiding touching your eyes, nose and mouth;
- Stay home when you are sick;
- Cough or sneeze into a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe;

Follow CDC's recommendations for using a face mask. The CDC does not recommend that people who are well wear a face mask to protect themselves from respiratory diseases, including COVID-19. Face masks should be used by people who show

symptoms of COVID-19 to help prevent the spread of the disease to others. The use of face masks is also crucial for health workers and people who are taking care of people in close settings (at home or in a health care facility);

• Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing;

• If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Always wash hands with soap and water if hands are visibly dirty;

• Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food;

• Avoid nonessential travel. CDC recommends to avoid all nonessential travel to the People's Republic of China (this does not include Hong Kong, Macau, or the island of Taiwan).

For information about hand-washing, see CDC's Handwashing website at <https://www.cdc.gov/handwashing/index.html>.

For information specific to healthcare, see CDC's Hand Hygiene at <https://www.cdc.gov/handhygiene/index.html>.

These are everyday habits that can help prevent the spread of several viruses.

CDC also has specific guidance for travelers.

GET READY

Periodically check your regular prescription drugs to ensure a continuous supply in your home;

Have any nonprescription

HCC

from page 1

If you are concerned about exposure, take these precautions:

• **Wash your hands frequently.** Soap and water are the best defense. If you're on the go, use alcohol-based hand sanitizers with at least a 70 percent alcohol.

• **Keep some space.** Sneezing and coughing can spread germs, up to eight feet away. If others around you are sniffling, a little distance from them can go a long way for you.

• **Stay home.** Feeling a bit under the weather? Give yourself a sick day and stay home. Even if it's just a cold, some rest and relaxation can help. R&R can also help protect you against the flu virus, which you're more likely to be exposed to.

Instead of turning to the news for the latest on coronavirus, you can sign up for email updates from the Centers for Disease Control and Prevention (CDC) at www.cdc.gov/coronavirus/.

E-mail your Health & Fitness stories to
chrisw@lwsb.com

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Travel



Silver Fox Car Club members take an excursion to museum.

SILVER FOX

Car enthusiasts are planning for July 4 car show

The planned San Clemente Cars & Coffee cruise was postponed due to inclement weather and will be rescheduled.

In its place, members of the Silver Fox Car Club took a trip

to Back in the Day antique store, 1040 W. Hoover Ave., in Orange. Most items are for sale, but it is free, and fun, to look. The shop is well stocked and mesmerizing in the number and quality of

items on display. Admission is free to the public.

After the visit, the group adjourned to a nearby brew house for lunch.

Planning is underway for the annual Fourth of July Car Show in Leisure World. Visit the LW Silver Fox Car Club Facebook page for more information on events and photos of past events.

—Karl Lovgren

On the Go



Day Trips

Harrah's Rincon — Seven days a week, free, Amphitheater, 7:30 a.m., (877) 777-2457 ext. 4704

Pechanga Casino — Daily, Amphitheater, 8 a.m., free, \$10 in EZ Play upon arrival, (951) 770-2579

Valley View Casino — Sunday-Monday, Amphitheater, 7 a.m., free

Pala Casino — Tuesday, Thursday, Saturday and Sunday, Amphitheater 8 a.m. (713) 623-4643

Overnight Trips

Dublin and Ireland's Wild Atlantic Way — March 23-April 1, Dublin, Giant's Causeway, Kylemore Abbey, Belfast, Irish Farm Visit, Sheepdog Demonstration and more, Meridian Guided Travel (714) 871-8520

Windy City Getaway — April 26-May 1, Chicago River Cruise, Willis Tower Skydeck, Frank Lloyd Wright's Home & Studio and more, Meridian Guided Travel (714) 871-8520

Coastal New England — May 12-19, Boston, Cape Cod, Martha's Vineyard, Mystic Seaport, Plymouth Plantation and more. Meridian Guided Travel (714) 871-8520

Alaska Cruise — May 16-30, Roundtrip from San Pedro, Golden Princess amenities included until Feb. 29, Joanna Matos, Traveling Tigers Club, (562) 598-1849

Baseball Games and Hall of Fame — July 22-29, six teams, four ball-parks, four games, motor coach sightseeing tour from Newark, NJ, Joanna Matos, Traveling Tigers Club, (562) 598-1849

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Leisure World residents Brenda and Jim Thomason are active members of the Leisure Bicyclists, pictured here at the Seal Beach pier on their tandem bike during a Feb. 23 ride. All cyclists are welcome to join the weekly rides on Sundays, Mondays and Thursdays (to Shoreline Village, Long Beach). Members ride at their own speed – no pressure. Meet behind library at North Gate at 9 a.m. Call Mary Romero at (562) 810-4266 for schedule and information.

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Religion

Holy Family Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The Second Sunday of Lent on Sunday, March 8. The First Reading is Genesis 12:1-4 A and the Second Reading is 2 Timothy 1:8b-10. The Gospel reading will be from Matthew 17:1-9.

Exposition of the Blessed Sacrament, Friday, March 6

Join Holy Family and its congregation love and adore Jesus in the Blessed Sacrament. "Our Lord is Truly present: body and blood, soul and divinity in the Blessed Sacrament," on Friday, March 6, starting at 9 a.m. and concluding with Holy Hour from 4 to 5 p.m.

The Stations of the Cross will be continuing every Friday of Lent after 8:30 a.m. Mass.

The Sacrament of Reconciliation for the First Friday, March 6, will be held after the Stations of the Cross around 9:45 a.m.

Renew and Refresh your Faith in 2020

Holy Family Parish will present Bishop Barron's Series. Everyone is invited. The sessions are held at the Parish rectory.

The second episode will be on Friday, March 13, from 10-11:30 a.m. and is titled "The Teachings of Jesus."

Sacrament of the Sick during Mass, March 14, 8:30 a.m.

The Sacrament of the Sick will be administered during Mass on Saturday, March 14, at 8:30 a.m. It can be received by baptized Catholics who are going to have a major surgery, those who are chronically ill and those who are elderly.

Masses

Holy Family Church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is at 5 p.m., Saturday; daily Mass is at 8:30 a.m., Monday-Saturday.

Confessions are Saturdays and eves of Holy Days: 4-4:45 p.m. First Fridays start at 9:15 a.m.

Community Church

Community Church will launch a new Bible study on March 8, taught by Joy Reed. It is titled "Potpourri" and will meet in the Fireside Room on Sundays at 5 p.m. Participants should bring a Bible and a notebook. All are welcome.

Pastor Johan Dodge will continue the Lenten series titled, "Reading the Bible for Action" on Tuesday. This series is not a Bible study, but rather a step in Christian discipleship. Participants will be challenged to apply the Bible precepts to their daily living. It is about engaging their hearts and not simply their heads in reflecting upon God's word and God's call in their lives. All are welcome to attend. The weekly series meets on Tuesdays at 1 p.m.

On Sunday, March 8, Pastor Johan will deliver a Scripture-based message reflecting on the Second Sunday in Lent, titled "Wind." The Scripture lesson is Matthew 17:1-9. Peggy Coles will serve as the lay liturgist. Worship services are at 9:50 a.m. followed by coffee and refreshments in Edgar Hall.

St. Theodore's

The Rev. Lisa Rotchford will celebrate and preach a sermon titled "Not From Below, But Live Above" at St. Theodore's Episcopal Church Communion worship service on Sunday, March 8, at 12:15 p.m. in the sanctuary of Redeemer Lutheran Church, 13564 St. Andrews Drive. Fellowship with refreshments follows in the easily accessible first floor Conference Room.

The combined Lutheran and Episcopal worship service with prayer, reflection and Holy Communion is held every Wednesday at 11:30 a.m. in St. Theodore's Sanctuary Chapel.



LWKCC members in front of the Independence Gate in Reedley, California.

LEISURE WORLD KOREAN COMMUNITY CHURCH

Remembering Korean-American History

On Feb. 25, 11 members of Leisure World Korean Community Church (LWKCC) went to early morning worship and then left to visit the first Korean immigrant settlement on the U.S. mainland, located in the city of Reedley and Dinuba City in central California. They also visited the Independence Gate

at 196 N Reed Ave. in Reedley, it is a quarter of the size of the original gate located in Seoul that was built in 1897.

Independence Gate was built as a symbol to establish the Cho Sun dynasty as an independent nation and promote the preservation of Korean immigrants' history in California. It also cel-

brates America's diversity and spirit of independence.

LWKCC members held a worship service there, recited the Korean Independence Declaration and sang the Korean National Anthem. On the way back, they walked along the Fresno County Blossom Trail and enjoyed seeing the pear and peach blossoms.

First Christian Church

First Christian Church supports Child Evangelism Fellowship (CEF) an after school Bible program in public schools. Eighty-five percent of Christians say they accepted Jesus as their savior before the age of 15. Programs such as CEF open the door for many children who may not attend regular churches. CEF is the mission that First Christian is supporting during the month of March.

The Saturday evening service begins at 5:15 p.m. with the hospitality room opening at 4:30 p.m.

Sunday morning begins with Elder Jack Frost teaching Bible study at 9 a.m. The group is currently in the Book of Luke. Carol Speake and Sue Kaminski will open and host the hospitality room for fellowship and light refreshments starting at 9:30 a.m.

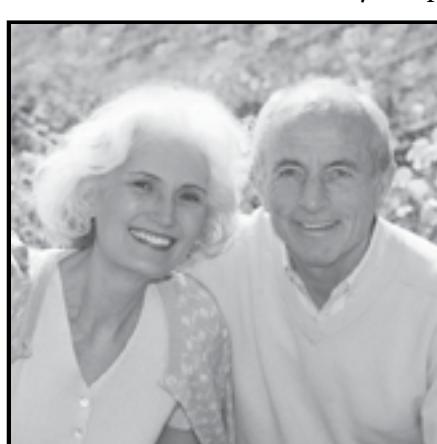
Pastor Bruce Humes begins the worship service at 10:15 a.m. with praise, prayer, and Scripture, followed by Margaret Humes leading the congregation in hymns of worship "I Love To Tell The Story," "How Great Thou Art" and "Bless His Holy Name." The communion hymn will be "Are You Washed In The Blood?"

The church choir, under the direction of Margaret, will sing "Wonderful Grace Of Jesus." Pastor Bruce will present the Communion meditation and service.

For the offertory, Pat Kogok will sing "It Is Well With My Soul." K.W. Jeon will play a selection on his digital horn. Diane Kindberg will read Scripture from the Book of James, which will be followed by Pastor Bruce's in depth teaching.

Service times are Saturday at 5:15 p.m. and Sunday at 10:15 a.m. The hospitality room opens 45 minutes before each service for fellowship and light refreshments. Prayer and verse-by-verse Bible studies during the week are held on Tuesdays and Thursdays with Pastor Bruce, both beginning at 9:30 a.m.

Hearing enhancements are available at all church functions. Call the church office at (562) 431-8810 for more information.



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Faith Christian Assembly

Faith Christian Assembly's website, FCChurch.NET, will keep its members updated about everything that goes on at Faith Christian Assembly. If anyone has a question about the church, they will be able to find the answer on the website. It is packed full of other useful information, such as the church's beliefs, directions to the church, events and photos. The website is updated regularly along with the monthly church newsletter. Click by and check it out. The web address is www.fcaChurch.net

Tuesday is Faith Fellowship Time at 11 a.m. in the Garden Room. Pastor Sheri Leming teaches the midweek Bible study on Wednesdays at 11 a.m. in the Garden Room. GriefShare is on Fridays at 2 p.m.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at www.FCAchurch.net.

Congregation Sholom

Friday night services will take place at 7 p.m. on March 6 in Clubhouse 3, Room 9, with Rabbi Karen Isenberg. An Oneg will follow services.

Join Congregation Sholom on Saturday, March 7, in Clubhouse 3, Room 9, for services with Rabbi Isenberg at 9:30 a.m. An hour of Torah study will begin at 10:15. The service will then continue until about noon and a potluck lunch will follow afterward.

Hamantaschen baking will happen on Thursday, March 5, at Carol Levine's home. Call her for more information at 505-3622

Come and hear the entire story of Purim as Cantor Marla Barugel reads the Megillah on Monday evening, March 9, at 7:10 p.m. in Clubhouse 3, Room 9. Costumes are encouraged but not required. Groggers will be provided. Following the service Congregation Sholom will serve hamantashen.

To get, or offer a ride to services, contact Jeff Sacks at (714) 642-0122 or Maria Bogart at 594-4362.

Assembly of God

The sermon series "Man, This is Living" will conclude this Sunday at the 10:30 a.m. worship service in Clubhouse 3, Room 2, as Pastor Sam Pawlak brings the message, "Why Not Me? Why Not Now." The focal point will be the last Ten Commandments. Associate Pastor Dan Ballinger, Denise Smith and Diana Mushagian will assist in the worship service.

The mother-daughter duo of Carol Darnell and Valerie Buterbaugh will perform at the hymn sing with a couple of vocal numbers in lobby of Clubhouse 3 at 6 p.m. Carol is gifted in writing new words to older, familiar, secular tunes. Associate Pastor Dan will lead the congregation in their choices of hymns and youth choruses will be directed by Ruth Olson. After Pastor Sam brings a devotion, fellowship time allows time to visit around the tables and share treats provided by those present.

The monthly Romeo and Juliet lunch will be held at Denny's after the Bible study on Wednesday at 10 a.m. in Clubhouse 3, Room 7, which is led by Pastor Sam. The group is currently studying from the Book of Genesis. This is a great time for visiting with friends and sharing praise and prayer needs. This is an open invitation to all.

SBCSL

The Spiritual Living Center, 500 Marina Drive in Seal Beach, is a loving spiritual sanctuary where everyone is welcome and the abundance of life is celebrated through study, inspiration, gratitude and service. Sunday services are held at 9 and 11 a.m., and inspirational music is included.

Ongoing events at the Center include A Course in Miracles discussion group on Mondays from noon-1:30 p.m.; Living and Thriving Through Life After a Loss support group, 10 a.m., the third Saturday of the month; and a Native American Drum Circle Meditation, 6:30 p.m. on the third Wednesdays.

For more information on classes, workshops and other events, visit the Center's website at www.sbcsl.org or call the office at 598-3325.

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Beit HaLev

Beit HaLev, the cyber-synagogue, can now be accessed directly from Rabbi Galit Shirah's website, <http://www.galityomtov.com>. There is an interactive chat that accompanies the livestream video of "Shabbat Shalom LIVE!"'s Sabbath services. To "chat" with the rabbi and the congregation, click the "chat" icon on the lower right corner of the page. "Shabbat Shalom LIVE!" is every Friday evening at 6 p.m. and Saturday at 10:30 a.m. To tune in, just click any of the buttons at the top of the video screen (Facebook or YouTube) to join the services.

In addition to "Shabbat Shalom LIVE!" Rabbi Galit Shirah conducts weekday Ma'ariv (evening) services every Thursday at 4 p.m. for SimShalom.com. There is a "chat" area where viewers can converse interactively with the rabbi and the global congregation.

"Tetzaveh" (You shall further instruct) introduces the rituals for maintaining the Ner Tamid, the Eternal Light using clear olive oil. This Torah portion is usually read the week preceding the Festival of Purim. It is also the only Torah reading in which Moses name is not mentioned, mirroring the Book of Esther, read on Purim, the only Book in the Tanakh in which the name of HaShem is not mentioned.

Rabbi-Cantor Galit teaches leaning (chanting) of Torah and Hafotarah, voice lessons and Hebrew lessons. A Modern Hebrew class has just started. Anyone interested in lessons should contact Rabbi-Cantor Galit Shirah at (562) 715-0888 or email her at duets@icloud.com.

LW Baptist

The Leisure World Baptist Church meets Sunday school on Sunday March 8, in Clubhouse 4, from 8:30-9 a.m.

Join friends at the table by the kitchen for a sweet treat and coffee until the morning worship service begins at 9:45.

All will sing the call to worship "The Steadfast Love of the Lord Never Ceases."

Soloist Connie Lee will sing a church camp favorite "There is Sunshine in my Soul Today."

Congregational hymns will include "Great is Thy Faithfulness," "Living for Jesus" and "O Love that Will Not Let Me Go." Pianist Yvonne Leon will play for the offertory.

Pastor Rolland Coburn's morning message is titled "Taught By God To Love" from Romans 15:1-6. The closing hymn for this weekend is "May the Mind of Christ My Savior."

On Monday March 9, the Women's Fellowship and Bible Study meet at 10 a.m. in Clubhouse 3, Room 6. The Energizers will meet on Wednesday, March 11, in Clubhouse 3, Room 1, at 3 p.m.

For more information call 430-2920

Sign up for Holy Family's Lenten retreat on March 21

The Federation of Filipino Rosary Group is sponsoring a one day retreat at Holy Family Parish on Saturday, March 21, from 9:15 a.m.-4 p.m. The retreat master is Msgr. Mike Heher, pastor at St. Anne's. A light breakfast and lunch will be served.

There is a suggested donation of \$10 requested from the attendees and a table for those interested to sign up. All parishioners and friends to come to this retreat as a part of Holy Family's lenten observance and to help prepare for the celebration of Holy Week.

Religion editorial deadline is 4 p.m. on Thursday,
one week prior to the desired publication date.

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8th Day coming to Los Alamitos on March 9

When it comes to Jewish rock and roll, the Los Alamitos-based band named 8th Day knows how to put on a show.

The local Chabad Rabbi, Shmuel and his brother Bentzy Marcus started performing under the name 8th Day in 2004 and became an international sensation when their music video "Yaalili" went viral with over 6 million views in 2011.

Now, the band is coming to Los Alamitos to celebrate the Jewish holiday of Purim with a concert and community celebration on March 9.

The community dinner and concert is open to the public and sponsored by Chabad of Los Alamitos, a Jewish non-profit organization serving the Los Alamitos area since 1986.

The location for the Purim party and concert is the Joint Forces Training Base in Los Alamitos at the Pub at Fiddler's Green.

The event will pay tribute to the servicemen and women of the U.S. military. The Jewish War Veterans local post commander will offer greetings along with the Jewish chaplin on the base.

Doors will open at 6:30 p.m. with an Israeli style dinner and the base will provide a cash bar.

The holiday of Purim is observed by reading the scroll of Esther and wearing dress up costumes.

For ticket information or to help sponsor a veteran, contact Chabad at (714) 828-1851 or visit them online at www.ChabadLosAl.com

-Dora Gold

Buddha Circle

The Buddha Circle will meet for a Mindfulness Meditation session from 2-4 p.m. on Wednesday, March 11, 18 and 25, in Clubhouse 3, Room 7. The sessions are facilitated. Donations are welcome; admission is free. For more information, call (714) 234-8735 or email rebeccagad71954@gmail.com



Arts & Leisure



LW LIBRARY

Master Gardener classes start March 12

Starting March 12, the Leisure World Library will host Master Gardeners from the University of California Division of Agriculture and Natural Resources who will give talks on specific areas of gardening over the next six months.

Guest lecturers will be in Clubhouse 4 to give their expertise on the following subjects:

- March 12: Warm Season Vegetables, Clubhouse 4, 1-3 p.m.
- April 9: Tomatoes A-Z, Clubhouse 4, 1-3 p.m.
- May 14: Herbs, Clubhouse 4, 1-3 p.m.
- June 11: Raised Bed Gardening, Clubhouse 4, 1-3 p.m.
- July 9: California Natives, Clubhouse 4, 1-3 p.m.
- Aug. 13 - Cool Season Vegetables, Clubhouse 4, 1-3 p.m.

The first session on warm season vegetables will be taught by Stephen Williams, who received horticultural training at Mt. San Antonio College in Walnut, California. He worked at Descanso and Huntington Botanical Gardens as garden staff and plant propagator/nursery manager for eight years where he honed his horticultural skills.

Affiliated with UCCE Master Gardeners since 1996, he is currently active with the Speaker's Bureau in the Orange County Chapter. As a member of the California Association of Nursery and Garden Centers, he served four years as Los Angeles chapter president and state director. Steve is president of the Southern California Agriculture and Nutrition Foundation (SCAN), which serves as the fundraising support for the 48th District Agricultural Association whose mission is to educate elementary and secondary school teachers and their students about agriculture and nutrition.

As professor of horticulture at Mt. SAC, he is currently in his 15th year teaching eight weekly, year-round classes to adults in Home Gardening. Current topics emphasize sustainability, including food production and water conservation.

Steve frequently presents talks on various garden topics to garden clubs and has been a certified presenter of water conservation and gardening lectures for Metropolitan Water District and city water agencies throughout Southern California for 10 years.

For more information on the Master Garden series, contact the LW Library at (562) 598-2431.

GARDEN CLUB

Descanso Garden bus tour is March 20

The Leisure World Garden Club is sponsoring a bus tour to Descanso Gardens on Friday, March 20. Tickets are \$28 per person covering bus and Garden admission.

The bus will leave from Clubhouse 4 at 9 a.m. and return at 3:30 p.m.

Upon arrival people are free to stroll the gardens, ride the Enchanted Railroad, lunch at the Descanso Cafe, visit the Boddy House and/or the Sturt Haaga Gallery, as well as the fabulous gift shop. To purchase tickets, call (562) 598-6121.



What can you learn about senior living at our Lunch and Learn? A whole bunch.

Ask questions. Take a tour. Try the food. Ask more questions. You get the idea. It's casual, it's complimentary and you're invited. Our next Lunch & Learn is Wednesday, March 18th at 11:00am.

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GRF RECREATION

'Les Miserables' trip tickets to go on sale April 1

Cameron Mackintosh's epic musical is coming to the Segerstrom, and the GRF Recreation Department will host a trip on May 13 for the 7:30 p.m. show.

Tickets go on sale April 1 at the Recreation Office in Building 5 for \$67 (the price was incorrect in last week's edition), which includes transportation.

For further information, contact events@lwsb.com.

Based on Victor Hugo's novel, this sweeping epic is one of the most popular musicals in history, a tale of love and revolution.

Its classic score, written by Herbert Kretzmer and Claude-Michel Schonberg, includes the timeless "I Dreamed A Dream," "One Day More" and "Do You Hear the People Sing."

Nominated for three Tony Awards, the latest Broadway production is a more-than-worthy chapter in Les Misérables' long history.

Two years after the Revolution of 1830, France is on the brink of violence once again.

Dismayed that one king has been replaced by another, a group of rebels are plotting to overthrow the monarchy and lay claim to the throne for the common people.

Against this backdrop of simmering rebellion is the story of Jean Valjean, an escaped convict who manages to build a new life for himself and his adopted daughter Cosette.

Yet his newfound happiness cannot last for long because police inspector Javert has been hunting Valjean for two decades and closing in.

As Valjean's past finally catches up with him, all of the characters are swept up in the chaos that breaks out on Paris streets in an epic story of thwarted love, forgiveness and the enduring strength of the human spirit.

Ad Hoc Sing-Along

The LW Ad Hoc Sing-Along Club meets at 4 p.m. on Tuesdays in the lobby of Clubhouse 3 for one hour to sing the old songs.

All are welcome to come and sing songs from movies, Broadway hits and other classic tunes. Helen Uno is the song leader, with pianist Eric Nelson. Song sheets are furnished.

Reading music is not required. For more information, call Chuck Burnett at 493-0176.

LW Coin Club

The Leisure World Coin Club will meet Wednesday, March 11, in Clubhouse 3, Room 2, at 1:30 p.m.

Members will have a show and tell of their collections.

Many have a collection going back 50-70 years, while others in Leisure World have just begun.

All are welcome.



Janet Lessin

The Garden Club's Garden of the Month belongs to Marlon Bunch and is located at 13922 El Dorado, 58-J, in Mutual 2. The garden features a wonderful mix of colorful rocks, pots, plants and other interesting items. You have to see it in person to truly appreciate the work that has gone into this garden.

Community Sing

The Community Sing will meet at 6:30 p.m. on Monday, March 9, in the lobby of Clubhouse 3. People who want to perform in the first half-hour of Opening Acts should come by 6:15 to sign in with emcee Ethel Carter. Bring sheet music for the pianist as needed. All are welcome.

Ethel's half-time guest will be Ellen Brannigan, multi-talented singer and harmonica player.

On Feb. 24, Bob Barnum was the emcee. Opening Acts began with Ethel Carter singing "What a Wonderful World." Then Chuck Zeman performed a "Make Me Laugh medly" (a cappella); Essie Hicks, "Harbor Lights"; Carmen Edwards, "Around the World"; Charlotte Ryan, "I Don't Know Why I Love You Like I Do"; Bruce DuPont, "Bye Bye Blackbird"; and Diane Wasserman, "Singing in the Rain." Pianist Pat Kogok accompanied six of the performers.

Bob led group singing until he introduced half-time guests Janet Ray and her accompanist, Susan Bouley.



Ellen Brannigan

Janet and Susan performed "That's All," "You Make Me Feel So Young," "Secret Love" and "You'll Never Walk Alone."

The audience applauded loudly and cheered after each song, appreciating Janet's professional skills as a high soprano and Susan's wonderful skill on the piano. Together they made a great team of entertainers.

—Ethel Carter

Friendship Club Computer Classes

The Friendship Club offers free computer classes taught by instructors Jeff Sacks, Bob Cohen and Miryam Fernandez.

The club meets on the first, second and fourth Mondays in Clubhouse 3, Room 4; and on the third Monday, in Clubhouse 6, Room B.

The schedule is as follows:

Monday, March 9, Clubhouse 3, Room 4

- 11 a.m.—Usernames & Passwords: Best Ways to Use & Keep Them Secure (Bob Cohen)
- Noon—iPhone Basics Part 3 (Bob Cohen)

Monday, March 16, Clubhouse 6, Room B

- 11 a.m.—Membership Meeting (Sacks)
- Noon—Computer Questions (Sacks)

Monday, March 23, Clubhouse 3, Room 7

- 11 a.m.—Computer Basics: Hardware, Software and More (Bob Cohen)
- Noon—DMV Practice (Sacks)

For expert computer and smartphone information and advice, DMV, to suggest topics and questions, or to join the email list, contact Jeff Sacks (714) 642-0122.

For basic computer information, iPhone/iPad, Social Media, Google Calendar questions, contact Miryam Fernandez at 884-7460.

Low-Cost Pet Clinic

Community Church will host a vet care clinic offering low-cost dog and cat vaccinations and other services on March 19 from 9-11 a.m. Rabies vaccines will cost \$12, physical exams, \$25; micro-chip, \$30. Residents should bring their dogs on leashes and cat should be in crates for their safety.

More than 120 LW pets have been treated at Community Church. For more information, contact Elaine Miller at (925) 997-3412.



Learn how to capture great images on your cell phone.

PHOTO ARTS CLUB

Ben Benjamins will present program

The Photo Arts Club will meet Thursday, March 12, at 1:30 p.m. in Clubhouse 3, Room 9.

Ben Benjamins will present a program on using your cell phone to get the most out of your photographs.

Topics will include transferring your photos from your cell phone to your computer, getting prints made from your cell phone photos, editing your photos on your cell phone and on your computer and using Airdrop to send photos to your family and friends.

The club will also have a vote by the members for the best photos brought to the meeting. The winners will be posted in the hall at Clubhouse 3.

Everyone is welcome.

LW Dance Classes and Clubs

The following is a partial list of dance classes and clubs available in Leisure World:

- **Ballet Fitness:** A one-hour class is held at 1:30 p.m. on Saturdays in Clubhouse 6, second floor; no experience required.

- **Dancing Feet Club:** Ballroom and line dancing are held in Clubhouse 2 on the fourth Sunday of the month from 6:30-9:30 p.m. Doors open at 6. Admission is free. Guests may bring drinks and snacks. The club holds free line dance lessons and practices in Clubhouse 6 on Thursdays from 7-9 p.m., and on the first, third and fifth Sundays from 4:30-6 p.m. For more information, call Ed Bolos at (551) 998-4223.

- **Dance Fitness:** Move to energetic music and dance steps to improve balance and increase strength and stamina. Classes, \$3, are held upstairs in Clubhouse 6 on Mondays at 5:30 p.m., Wednesdays at 5 p.m. and Thursdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.

- **Flowering Step Line Dance:** Free classes are held at 10 a.m. on Mondays in Clubhouse 2 and the third Monday at 9:30 in Clubhouse 3. Young-ah Koh is the instructor. For more information, call 296-8068.

- **Fun Exercise Line Dance Club:** Intermediate line dance meets from 10:30-11:30 a.m. on Wednesdays in Clubhouse 6, Room C; membership, \$10 a year. For information, call Suzanne Ahn, 810-1614.

- **Grapevine Line Dance:** Free line dance classes Thursdays from 2-5 p.m. at Clubhouse 6, upstairs Room C; 2-3 p.m., advanced; 3-4 p.m., newcomer/beginner; 4-5 p.m., intermediate; 10-minute break between classes. For more information, inquire in class or email grapevinelinedance@gmail.com.

- **Hui O Hula:** Beginners meet on Mondays from 10-11:15 a.m., upstairs in Clubhouse 6, followed by an intermediate and advanced class. The Tuesday class starts at 1:15 p.m. upstairs in Clubhouse 6. All levels are welcome. For more information, call 252-9676 or email jojo@huiohula.com.

- **Joyful Line Dance Club:** Beginning and intermediate easy-to-follow line dance classes are from 3-4:30 p.m., Wednesdays, in the lobby of Clubhouse 3. For more information, call Anna Derby, 301-5339.

- **Leisure Time Dancers:** Texas two-step starts at 2 p.m. and country waltz, at 3, in Clubhouse 6 on Mondays Richard Sharrard is the instructor. Singles and couples are welcome; dancers rotate. Cost is \$6 for one hour; \$10 for two hours. For more information, call 434-6334.

- **Leisure World Cloggers:** Advanced and intermediate students meet at 8:30 a.m. and beginners at 10:30 a.m., Wednesdays, on the Amphitheater stage. For more information, call 598-9974.

- **Leisure Whirlers Square and Round Dance Club:** Themed dances and a potluck are held on the first Friday of the month at 6:30 p.m. in Clubhouse 4. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at 799-9482.

- **Saturday Morning Dance Club:** Cha cha is taught from 9-10 a.m.; the Argentine tango, from 10-11 a.m., Saturdays, in Clubhouse 1; Candi Davis; instructor; dancers rotate. Sessions are \$5.

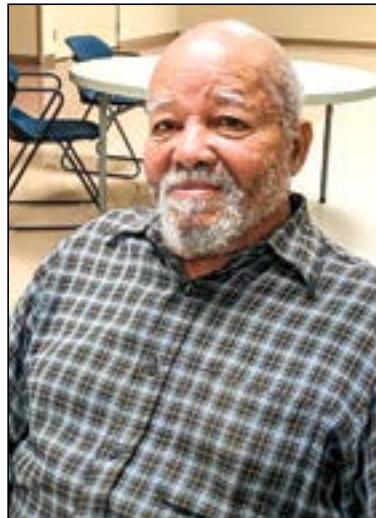
- **Suede Sole Dancers:** The group meets at 6 p.m. on Sundays upstairs in Clubhouse 6. Pat Erickson is the instructor.

- **Zumba Club:** Come join the party while dancing and exercising to different rhythms such as salsa, merengue, cha-cha, hip-hop, Bollywood and jazz. Classes, \$3, are held upstairs in Clubhouse 6 at 8:30 a.m. on Tuesdays and Fridays, and at 11 a.m. on Saturdays. For more information, contact Mary Romero at 431-0082.



Jojo Weingart

The Hui O Hula was invited to LW's Christian Fellowship and Fun Group to entertain at its February gathering. It was especially nice to do "He's Got The Whole World In His Hands" in hula with the audience. Larry Yamashiro led in singing while the dancers demonstrated "wind and rain" and other dance-and-hand moves. The audience particularly enjoyed doing the "fish" in the Hawaiian hula language. It is always a pleasure to spend time enjoying camaraderie. A big mahalo/thanks to Clifford and Betty Vanderwal (front row, 3rd and 4th from r) for their kindness.



Victor Age

COMMUNITY KARAOKE

Victor Age is the club encourager on Wednesdays

A faithful karaoke member who claims he can't sing still comes every week to enjoy the music provided by the Community Karaoke Club. It's fun to see Victor Age encourage others to line dance to some of the captivating melodies.

People who like music are invited to spend an evening in Clubhouse 1 beginning at 5:30 p.m. on Wednesdays. The 30-plus karaoke singers feature popular numbers that engage the audience.

Performers say that singing makes them feel better and makes them happy. That is why they come to practice sessions on Tuesdays in Clubhouse 6 from 1-3 p.m. And that's why they sing for an attentive audience on Wednesdays in Clubhouse 1. Everyone is welcome to sing or just enjoy the entertainment.

Many thanks to Tony Tupas, Richard Yokomi and their helpers for substituting as karaoke hosts during the Wednesday night and Tuesday afternoon karaoke sessions.

LAPIDARY CLUB

Meeting canceled

The Lapidary Club lunch and planning meeting scheduled for March 10 at 11 a.m. in Clubhouse 3, Room 8, has been canceled.

iPad Class Canceled

The free Video Producers Club iPad class held Wednesday from noon-2 p.m. on March 11 is canceled. Classes resume March 18. For more information, email Fred Carpenter at sail1942@gmail.com or call him at (310) 755-5925.

ACTIVE from page 1

not all. Residents can create treasures in the Lapidary, Ceramics, and Art Rooms of Clubhouse 4; practice sewing, learn their roots in Genealogy, or edit videos in Clubhouse 3's specialty rooms.

Both Clubhouses 1 and 2 house woodshops that accommodate about 500 users monthly. Poolrooms are also available in these locations, plus an open play cardroom in Clubhouse 2 and Shuffleboard at Clubhouse 1. There are more than 260 clubs of every interest offering opportunities for volunteering, performing arts, hobbies, music or just plain fun with friends in five clubhouses.

For more outdoor activity, try pickleball, bocce or shoot a few hoops down at Mission Park, or just chill out at the beautiful Serenity Garden, all at Clubhouse 2, adjacent to the free carwash.

But, that's just the beginning of what there is to do at LWSB. If you check out the "Spotlight" magazine (coming soon), the Recreation Newsletter, or LW Weekly, you'll discover weekly summer concerts with professional performers in the 2,500-seat Amphitheater, free to residents and their guests, first run movies on balmy Friday summer nights in the outdoor theater. The GRF hosts special events with no entrance fees throughout the year. You can kick up your heels at Cinco De Mayo with the mariachis or cruise the July 4 car show, craft show and barbecue, for example. If a trip to the opera, a Broadway show, museum or sporting event is more your style, GRF offers those opportunities throughout the year at reasonable prices with transportation.

Need to use a computer, check out a new movie or pick up a good read? The LW Library is the choice of nearly 5,000 users a month and sponsors live events with authors as well as Game Days and seasonal craft contests. Now in conjunction with North Orange Continuing Education, ask about free classes in various areas of interest, coming to Leisure World.

What does all of this cost? It comes down to less than \$20 per apartment a month. Shareholder/Members tell us it's more than worth it:

- "Congrats to you and your crew on a job well done for the Valentines dance. The food was very good and the entertainer was fabulous."—Bob Berry, Mutual 4

- "Great job yesterday team!!! My wife and I had a great time at both the BBQ/Car/Art show and the Bruce Springsteen tribute. Wonderful day in our community!"—Carl and Liz Kennedy, Mutual 14

- "Thank you for organizing the outing for LW residents to enjoy the opera at the Dorothy Chandler Theater. The experience was first class."—Ira Kaget, Mutual 15

- "My daughter and I really enjoyed the Mother's Day brunch. It was so good to meet new people, hear beautiful music and enjoy delicious food!"—Linda Elner

- "I've enjoyed several trips with GRF. "Don Quixote at the La Mirada Theater was spectacular."—Ruth Long, Mutual 2

- "As a person with a disability, I'm grateful for all of the amenities accessible to me: The swimming pool, always clean and sparkling with great attendants; Impaired Vision and Hearing Club; the Golden Age Foundation, where I am an active member; and mahjong. The clubhouse has the most attentive and helpful custodians."—Sharon Kohn, Mutual 9

- "I love the opportunity Theater Club members have to show off their talents while entertaining their neighbors. It keeps us young, being able to socialize while doing what we love best: Entertaining."—Taylor White, Mutual 1

- "The Recreation Department has made it possible for Cabaret Entertainers to bring LW so many talented performers and enjoyable events to our friends and neighbors."—Tommy Williams, Mutual 2

Years ago, a study was done that found LWSB residents lived an average of eight years longer than peers in the average population. Researchers attributed it to the active lifestyle and social opportunities this quiet beach community offers its residents. The Journal of Gerontology, which studied Leisure World for 11 years, came to this conclusion:

"Participation in leisure-time activities is an important health promoter in aging populations. The association of less physically demanding activities as well as traditional physical activities involving moderate exertion with reduced mortality suggests that the protective effect of engagement in activities is a robust one".

Now, with more amenity choices than ever, it's easy to see what sets LWSB apart from other senior communities. The GRF Recreation Department is proud to be a part of it. For more information, contact the Recreation Office by email at kathyt@lwsb.com.



Leisure Whirlers to host a Leprechaun Ball this Friday.

SQUARE DANCE

Beginners dance classes started Monday

Leisure Whirlers Square Dance and Round Dance Club will hold a "Leprechaun Ball" dance party from 6:30-9:30 p.m. on Friday, March 6, in Clubhouse 4. Pre-rounds are from 6:30-7 p.m. Square and round dances are alternated from 7-9 p.m., when the potluck and socializing start. Singles and couples are welcome. Cost is \$7 per person. For more information, call Lenore Velky at (562) 799-9482.

This year's only beginners' square dance class started March 2 and will be held on Mondays through December from 7:30-9:30 p.m. at the Garden Grove Women's Club, 9501 Chapman Ave. in Garden Grove.

Singles and couples are welcome in all classes. There is a singles rotation so everyone can dance.

The class will cover the 110 square dance steps that are used in dances all around the world. Students are advised to attend all of the classes since each class builds on previous classes.

Experienced dancers are needed to support student dancers.

For more information call Mel Branham at (714) 803-0250.

—Eleanor Thompson

Opera Club

Everyone is invited to come and watch the conclusion of Massenet's "Manon" in Clubhouse 3, Room 2, on Monday, March 9, at 1:30 p.m. "Manon" is a story told by a monk, the Abbe Prevost, that sets romantic love against the attraction of money and all the things money can buy. The title role is sung by Renee Fleming with Marcelo Alvarez as her lover. The conductor is Jesus Lopez-Cobos. Club member and opera fan Gretchen Dinger will introduce the story.

Act 3 shows De Grieux in the seminary, praying to forget about Manon who has left him, when Manon arrives seeking forgiveness. They reunite in their love for each other. Thereafter, Manon encourages De Grieux to gamble in order to obtain great wealth, which he proceeds to do and succeeds until he is accused of cheating and gets arrested by the police, only to be bailed out by his father.

The conclusion of the story depicts Manon, convicted of immorality and sentenced to deportation to the American colonies. Her lover, De Grieux appears accompanied by Manon's cousin who bribes the guard into releasing her, but Manon is now in the final stages of consumption and dies in De Grieux's arms with the words "this is the story of Manon Lescaut."

The opera is sung in French with English subtitles. Room 2 is open at 1 p.m. No dues or fees are collected. For further information, contact Beverly Emus, LW Opera Club president, at (562) 296-5585 or beverly90740@gmail.com.

Joshua 1:7

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LWSB BOOK CLUB

'East of Eden' to be discussed

The LWSB Book Club will meet at 1 p.m., Thursday, March 19, in Clubhouse 3, Room 7, to discuss "East of Eden," by John Steinbeck. The book will be read in two sessions, on March 19 (up to page 300) and April 16 (pages 300 to the end of the book).

The club met on Feb. 20 to discuss the non-fiction book, "Hope Dies Last," by Studs Terkel, published in 2003. Terkel presented many interviews with a vast variety of people who shared their life stories of success. Members mentioned that Studs interviewed many people in unions and commented that the interviews were that of older, settled people. All in all, members enjoyed reading the book that gave their version of hope, a word that holds different meanings to all.

On March 19, members will discuss the first part of "East of Eden," a novel that is explicitly biblical in its scope, centering on the patriarchal figure of Adam Trask and his uneasy relationship with his twin sons and their scandalous mother.

This epic family saga chronicles the turbulent ambitions and desires of the Trasks and their neighbors in California's fertile Salinas Valley. The story has one fundamental theme—the need for a personal choice between good and evil. Much of the historical background and some of the colorful events in the narrative are based on John Steinbeck's own memories and the recollections of his forebears in the region. But the vital protagonists—the dominating Adam, the favored Aron, the tormented Cal—and the fascinating cast of supporting characters, including maidens and whores, Chinese servants and scions of pioneer stock, are the fruit of Steinbeck's own imaginative genius and his love for the land of his birth.

Steinbeck was born in 1902 in Salinas in the midst of a fertile valley that would provide the setting for some of his most notable creations. Although Steinbeck's early work attracted little attention, "Tortilla Flat," a depiction of the lovable rogues who frequented the steamier side of the California fishing town of Monterey, brought him acclaim in 1935.

His birthplace in Salinas provided the background for the most notable of Steinbeck's later novels, the powerful "East of Eden" (1952), with its resonant theme of ambiguous moral values amid a primal family conflict. In "The Winter of Our Discontent" (1961), the aging author addressed the crisis of personal morality at mid-century, and in the transcendent "Travels with Charley" (1962), Steinbeck journeyed back to the scenes of his past triumphs, accompanied by the patiently loyal poodle, in a moving—and successful—attempt to weigh his accomplishments within the context of his life as a whole. John Steinbeck was awarded the Nobel Prize in literature in 1962 and died in 1968.

All are welcome to attend the book discussions. There are no dues or fees.

—Gail Morrison, secretary

LW ART LEAGUE

Steve Wang to demonstrate March 10

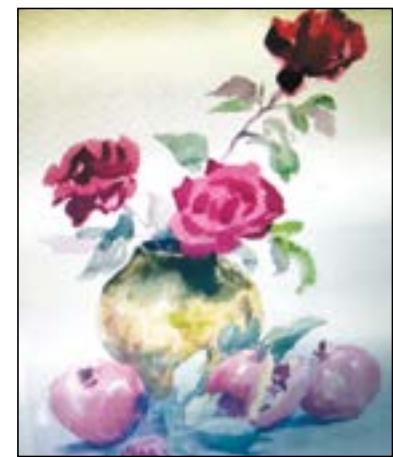
The Leisure World Art League is honored to host a demonstration by Steve Wang, one of California's top oil painters and college art teachers. The meeting starts at 7 a.m. on March 10 in Clubhouse 4. People are encouraged to arrive early to get a good seat as the demos draw large turnouts.

Wang is an accomplished painter, who was born in China and grew up in Taiwan. He began to paint at the age of 5 under the guidance of his father, who was an accomplished artist. He has been drawing and painting all his life, and worked as an architect and illustrator for over 30 years.

By combining his rich life experiences and his passion for art, Steve has created a distinct visual style, as well as several unique new techniques with different media. Steve travels extensively and enjoys working with a diverse and everchanging range of subjects. He is a multi-talented artist who paints figures, landscapes and still life.

Steve recently retired from teaching art at Irvine Valley College. He currently teaches art from his home in Irvine.

He has lived in Southern



Oil by Steve Wang

California with his wife, who paints with watercolors, and his two children, who work with computers, since 1977.

He likens painting and visual arts to like music. His art has tunes, notes (color value), rhythm, composition, high keys and low keys. He uses lines, masses, color and values in the same way that a composer uses notes, chords and harmonies. His demo painting will be raffled off at the end of the meeting.

Art League members should bring their paintings for the art show by 6:30. The title for the popular vote is "Portraits."

—Jay Young

Genealogy Club

The Genealogy Club offers free workshops every Thursday from 1:30-2:30 p.m. in Clubhouse 3, Room 10. These are open for anyone who is interested in attending. Come and learn about the club and see all the resources that the Genealogy Library has to offer.

The Genealogy Library is open Monday-Friday from 1-4 p.m. and Sunday from 10 a.m.-1 p.m.

The following workshops are scheduled for March:

- March 5 – Gabbing About Genealogy – Bring in questions or new sources you have found to share
- March 12 – The State of New York – Bring in information about your ancestors from New York and research
- March 19 – Searching for Revolutionary War Ancestors – Bring in the names of your ancestors born between 1730-1760 who were in this country in 1776.
- March 26 – Ancestry DNA

—Janet Lessin

Technology/Computer Club

The Technology/Computer Club will meet at 1:30 p.m. on March 10 in Clubhouse 3, Room 2.

The topic will be "Staying Safe and Secure." In today's online world, safety, security and privacy need to be taken seriously. This presentation will demonstrate how using the right programs and apps can help keep people safe and reduce their privacy exposure.

The emphasis will be on using free programs and apps whenever possible to accomplish this goal.

Join presenter Bob Gostischa as he simplifies, clarifies and demystifies devices (gadgets or technology) so you have a safe, secure and enjoyable Internet experience. Some of the topics to be covered include VPNs, safe links, bluetooth, ransomware, phishing campaigns, passwords and how to avoid being hacked, essentials for secure computing and tips for safeguarding smartphones.

—Larry Malukas

Los Al High School presents jazz concert

Los Alamitos High School's Jazz Program will present its spring concert on Saturday, March 14, at 7 p.m. at the school's Performing Arts Center, 3591 W. Cerritos Ave., Los Alamitos. "Spotlight: The Next Generation of Jazz" features student groups and professional performers playing tunes by legends such as Dizzy Gillespie, John Clayton and Count Basie.

This year's guest artists are Dan Kaneyuki on saxophone, Mike Rocha on trumpet and Natalie Mendoza on vocals. Dan Kaneyuki has performed with some of the greats, including Stevie Wonder, Poncho Sanchez, the Brian Setzer Orchestra and Big Bad Voodoo Daddy. Mike Rocha's credits include performing with Christina Aguilera, Gordon Goodwin's Big Phat Band and Bob Dylan. Rising star Natalie Mendoza performs regularly at Disneyland.

Tickets are available for purchase at losaljazz.seatyourselv.biz for \$20, \$30 or \$40. For an additional \$25, guests can enjoy a pre-show catered dinner, intermission dessert reception, and a meet and greet with the artists after the show. For more information about the Los Alamitos High School's jazz program, visit losalmusic.com.

Community



Chuck & Diane Burnett (l) attended the Sunshine Club meeting to get information from Dr. Matthew Johnson's strength and balance presentation along with Ann and Bill Frambach (r).

SUNSHINE CLUB

Speakers for March include acupuncturist, retired SB police officer and COAOC

On March 6 at 10 a.m. in Clubhouse 3, Room 2, Sunshine Club President Anna Derby will talk about the club's projects including the one to donate a second bus bench for the community from funds raised from a few bus trips and a club outing.

The club has three guest speakers lined up for the month of March. Acupuncturist Jeannette Painovich will be the speaker on March 13, retired Seal Beach Police Officer Rick Paap will be the speaker on March 20, and Kelley Morris, Director of COAOC Senior Protection Program and Financial Abuse Specialist Team (FAST) will be the speaker on 27.

The topic of each guest speaker's presentation will be announced in LW Weekly each week with details of the meeting in each article.

The Sunshine Club is designed to help different people

to get along in the community, encourage neighbors to have better communication and to get the best out of Leisure World by learning how to use available information. The classes use LW Weekly as a textbook to go over LW news, general columns, etc.

This year marks the ninth year of the club's existence since it began in January 2012. The mission of reading the news and getting informed has never changed.

The Sunshine Club has had a great number of LW community leaders and club representatives visit to introduce their organizations. A wide variety of guests from "outside the wall" also are invited to share their experiences and ideas with club members. The club is proud to help newcomers become familiar with the community they live in and hope it will make their retirement living in LW more enjoyable.

The Sunshine Club hosts classes to help with everyday living in Leisure World on Fridays. It is an English speaking class and all shareholders are welcome to attend, no membership required. For more information, call Anna Derby at (562) 301-5339.

The club asks shareholders to bring their own coffee mugs to participate in the "Save The Earth" program the club began nine years ago. Arrive a few minutes early to enjoy refreshment before the meeting begins at 10 a.m.

Sunshine Club meets every Friday with a guest speaker except on the first Friday of each month.

The meeting takes place at 10 a.m. in Clubhouse 3, Room 2, except on the first Friday, in Room 9. After the speaker's presentation, the club has a one hour meeting with whoever would like to stay to share or ask questions to get an answer from other shareholders.

The Sunshine Club hosts classes to help with everyday living in Leisure World on Fridays. It is an English speaking class and all shareholders are welcome to attend, no membership required. For more information, call Anna Derby at (562) 301-5339.

SMOOZE CLUB

"A Diddler With A Noose" to be shown during joint Purim celebration

A fun joint Purim program will be held on Tuesday, March 10, from 10 a.m.-2 p.m. for all of those who are interested. The location for the event will be in Clubhouse 4, Rooms A and B (this month only). The event is being cosponsored by the Schmooze Club, Congregation Sholom and its Sisterhood.

The groups will gather for "schmoozing" (socializing) and coffee/tea at 10 a.m.

At 10:15 a.m., Rabbi Shmuel Marcus will lead the reading of the Megillah, the story of Queen Esther and how the Jewish people were saved from annihilation by the evil Haman. Masks and costumes symbolize the hidden and unexpected turn of events. Groggers (noisemakers) will be provided to stamp out Haman's name.

The Purim spiel (play) "A Diddler with a Noose," based on "Fiddler on the Roof" and directed by Alice Lemon will be presented afterward.

The traditional Seudah (Purim meal) will follow. Hamentaschen, traditional Purim pastries, will be served for dessert. There is no cost to attend, but donations are gratefully accepted.

The Schmooze Club, Congregation Sholom and its Sisterhood wish the Jewish Community "Good Purim! Be Happy!"

The groups hope that everyone can attend the celebration, but participants are welcome to attend as much as their schedule permits.

Call Darlene Rose, (562) 347-8088, to RSVP for the Seudah by March 5 and to submit names for the Main Gate entry.

Come for a Potato Bake lunch March 7

Starting at noon this Saturday in Clubhouse 2, the Y Service Club members will be dishing up a baked potato luncheon.

For \$12, anyone can enjoy a large baked potato with all the fixings, a small salad, a beverage and dessert.

The event is an important fundraiser for the club, with proceeds going to support local YMCA youth events and Leisure World projects.

The club's Second Vice-President, Bill Denton, will deliver tickets to residents' doors.

To order tickets, call Bill at (562) 209-0816. Tickets are also available at the door on March 7.

SENIOR PATRIOTS FOR PEACE

Break free from plastic usage

Katie Allen, executive director of Algalita, will speak on how to improve one's life and the life of the planet. This free presentation sponsored by the Senior Patriots for Peace will be on Tuesday, March 10 in Clubhouse 3, Room 9, at 2:30 p.m.

Katie will explain how this previously wonder product, plastic, ended up poisoning the planet and its inhabitants.

Plastics are made from natural materials like cellulose, coal, natural gas, salt and crude oil through a polymerization process but the ultraviolet sun rays can break-down the chains of hydrocarbon molecules into very small pieces, which can't be digested causing poisoning. Even the plastics that are not broken down in the ocean become a tangled mass also polluting the oceans forming floating islands of plastic debris found in the Pacific Ocean.

Katie will reveal how people can deal with this situation and what Algalita is doing to help. People can take charge of their lives when they have the information. After the presentation, Katie will answer any questions from the audience.

For further information, call Jacquie Clarke at (562) 494-6304



Katie Allen



Kathy Boufford (l-r), Lorna Kaplan, Julia Carpenter and Ellen Brannigan

AMERICAN LEGION

Fashion show almost sold out

Julia Carpenter, a Senior at Los Alamitos High School and a Girl's State Delegate in 2019, will provide entertainment for the Fashion Show on Saturday, March 28. Julia is an accomplished violinist and a member of the Southern California School Band and Orchestra Association. She has been in the LAHS String Orchestra for three years. As concertmaster, she has performed at Segerstrom Hall and the Walt Disney Concert Hall.

There will be over \$3,000 worth in gifts and prizes. Some of the prizes are from the Carpenter Center, Madeira's Steak House, Macaroni Grill, Temecula Olive Oil Co.

FASHION SHOW, page 23



Catch Rollin' Thunder on SBTv

Video Producer, Owen Hughes (r) interviews President, Tom Davis about the Rollin' Thunder golf cart club and its history. The video segment airs this month on SBTv Channel 3 (Spectrum) or Channel 37 (Frontier). Local listings are found at sbtv3.org or the LW Weekly.

REPUBLICAN CLUB**Endorsements from the GOP party shared many beliefs**

The LW Republican Club emphasized its endorsements for the OC Republican Central Committee before the March 3 election. Voter turnout for these positions are historically low and the club believes that the committee could have a chance of affecting the outcome in the races. The Central Committee runs the OC Republican Party.

All of the endorsed candidates are pro-life, pro second amendment and against intrusive government interference in our lives.

The candidates also believe that:

- Increasing taxes is not the way to improve the economy
- Allowing illegal immigration is a bad idea
- Releasing criminals is not the way to reduce the crime rate
- Parents should be allowed to choose the public school they want to send their children to, including charter schools
- Individuals who choose to work as independent contractors should be allowed to do so
- Reducing the strength of our military is not the road to world peace

Peter Amunson is a young man who is very active in Republican politics. He has previously run for Seal Beach City Council. He is a sales manager for Minuteman Freight. He was recently married.

Amy Phan West previously ran for Westminster City Council. She was a refugee from Vietnam as a young child. Her family escaped on a small fishing boat and were picked up by a freighter that was passing by. More recently, she and her husband started a successful automobile rental company. They have two young boys.

Jeffrey Barke is a medical doctor who served on the board of directors of the Los Alamitos School District.

Kermit Marsh, an incumbent, was previously on the school board in his area. He is a lifelong pro-life activist.

The club meets on the third Wednesday of each month at 7 p.m. in Clubhouse 3, Room 2. All are invited.

**DEMOCRATIC CLUB****The post-primary Caucus on April 19 is up next for the democratic voting calendar**

The Primary Election may be over, but California Democrats are not done voting.

On Sunday, April 19, all registered Democrats will have the opportunity to vote in post-primary caucuses for delegates to the Democratic National Convention taking place in Milwaukee, Wisconsin on July 13-16.

Specifically, Leisure World Democrats who choose to do so will be voting for their choices among candidates vying for five convention delegate positions allotted to LW's 48th Congressional District. This allocation was made using a formula giving equal weight to total population and to the average vote for the Democratic candidates in the 2012 and 2016 presidential elections. The location for the 48th Congressional District Caucus will be decided no later than March 30. Voting will be by ballot, with space for each eligible voter to vote for all of the five delegate candidate positions allocated to our District.

According to Party rules, all district-level delegate candidates running for election in these

caucuses are pledged to a specific presidential candidate. After the caucuses are over and the votes are counted, the actual number of delegates awarded to each presidential candidate will depend on the share of the Democratic vote received by that candidate within the 48th CD in the March 3 Primary.

It is also not too late for any Democrat who wants to run as a candidate to be elected as a district-level delegate. The deadline for filing is March 20. Candidates may obtain the statement of candidacy and pledge of support forms and filing instructions from the California Democratic Party Headquarters, in person, by mail, or from <https://cadem.org/our-party/national-convention>.

There are three other ways that delegates will be chosen to represent California at the Democratic National Convention. The delegation will include 54 Unpledged Party leaders and elected officials, 54 pledged Party leaders and elected officials and 90 At-large members.

For more information about the Convention and other related



matters, LW Democrats and their supporters are invited to attend the club's March 23 Voter Awareness Session. Due to space limitations, reservations are required by email at lwsbdemocraticclub@gmail.com or phone at (562) 296-8521.

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Readers can email lwsbdemocraticclub@gmail.com or go to the newly updated website sblwdems.wordpress.com to learn more about the Democratic Club. A calendar of both club and related events is included on the website.

All LW Democrats and their supporters are invited to participate in all of the club's activities, including the monthly "Lunch Bunch" that meets at 11 a.m. on the fourth Wednesday of every month at Denny's on Westminster.

YIDDISH CLUB**Celebration of Purim starts today**

The Yiddish Club of Leisure World will meet today in Clubhouse 3, Room 2, at 7 p.m. The topic will be "the celebration of Purim."

Purim comes as a ray of light and salvation not only to the Jewish people, but to all persecuted minorities/the timely deliverance from the Persian enemies and their vindication are celebrated as a time of feasting and gladness, and sending portions one to another and gifts to the poor. It is also vital that in times of stress, the sense of humor should not be lost. The origin of the Purim is told in the scroll of Esther, read twice during the holiday. After Yiddish words and Proverbs are introduced will the resident, Yakob Basner, read stories, poems and jokes connected with Purim. Refreshments will be served after the program.

AMERICAN LATINO CLUB**Next meeting will be on March 6**

The American Latino Club will have its monthly meeting on Friday, March 6, at 11 a.m. in Clubhouse 4. The cost is \$10 per person and the lunch will include a green salad, lemonade, vegetarian or turkey lasagna, dessert and coffee or tea.

For reservations, call Carmen Edwards at (562) 431-4257.

Learn Minibus ins-outs today

The Golden Rain Transportation Department will conduct informational meetings on using the Minibus service from 10-11:30 a.m. and 6-7 p.m. today, March 5, in Clubhouse 3, Room 3.

The sessions are for shareholders who want to learn about Minibus system routes and timetables. Information on the Golden Rain Access Bus service, the Trader Joe's/Denny's shuttle and updated information on the Seal Beach Senior Service to Old Town and the Rossmoor shopping areas will be provided.

- MINIBUS, page 23

NIKKEI CLUB**Meeting to be held in Clubhouse 4**

There will be a change in venue for the second meeting of the Nikkei Club on March 14, starting at 11 a.m. The meeting will be held in Clubhouse 4, Room AB. It has been reserved to accommodate a group of ballroom dancers who will perform after lunch. The dance group is called "Dance Now" and consists of four couples, including club members Richard and Shigemi Yokomi.

The meeting will start with a potluck lunch at 11 a.m. For those who cannot bring a dish, the Nikkei club asks them to bring a donation of \$7 to go toward the purchase of Teriyaki chicken.

The club requests that people bring more main dishes. So far the main dishes that have been mentioned are spare ribs and a Japanese curry dish. The club prefers to have more main or side dishes, rather than sweet desserts.

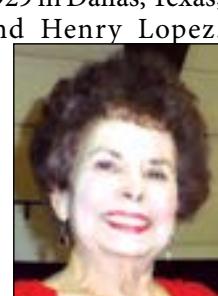
The LW Weekly
430-0534

Everyone in LW is welcome. Call the telephone committee to RSVP.

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Dora Martinez
1929-2020

Dora Martinez passed away on Feb. 15. She was born on March 24, 1929 in Dallas, Texas, to Dora and Henry Lopez. She moved to Southern California in her thirties. She worked for a law firm for many years as a legal secretary. She later worked for Hughes Aircraft. She belonged to several clubs in Leisure World. She loved to dance and was very personable.



She leaves her brother, Rudolph Lopez, cousins and many nieces and nephews and dear friends behind.

Her memorial service was at Green Hills Chapel on Wednesday, March 4, at 11:30 a.m. in Rancho Palos Verdes.

She will be greatly missed by all who knew her.

...

Elsie B. Terborg

Elsie B. (Griepsma) Terborg passed away peacefully in her sleep on Feb. 23, 2020, she was over 91. She was married to Christian J. Terborg. They had four children. Elsie's final resting place will be the Riverside National Cemetery for Veterans with her husband.



Elsie loved to travel and volunteer for various events at Leisure World. She has been a resident of Leisure World since August 1998.

Peek will direct and officiate the service in Riverside. Charles will be buried in the Riverside National Cemetery.

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In Memoriam

Adora Schaller 60
Eloise Arsenaul 98
Henry Guerrier 80
Lessie Moss 90
John Updegraff 68
LaWanda Vance 97
Charles Mitchell 75
Arthur Contessotto 81
Jerry Lettera 81
Joshua Urutia 43
Petra Osorio 95
Constance Bann 71
John Davis 92

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OBITUARIES

**deadline is
4 p.m., Monday,
prior to publication.**

**E-mail Obituary Notices to
laurieb@lwsb.com
with photos attached as jpg files.**

Sports & Games

MENS GOLF

Barnum, Lee, Jackson and Song win flights on Feb. 26

The Men's Golf Club second tournament of the month was held on Feb. 26. Thirty-five golfers gathered and competed on the 1,000-yard, par 54, local course in three flights over 18 holes.

It was a sunny and beautiful morning with no wind. The morning warmed up nicely as did the golfers who had some impressive scores. There were no holes-in-one and there only were four circle hole winners – a low number.

Flight A has golfers with handicaps of 0-6; flight B, 7-12; flight C, 13-18. All scores are net.

A — First place, tie between Bob Barnum and Jae Lee, six under 48; second, Alan Sewell, five under 49; third, tie between Jim Johns and Bill Lyons, one under 53; fourth, Tom Owens, even par 54.

B — First place, Ron Jackson, five under 49; second, tie between Ryan Hong and Young Jeun, two under 52; third, Kap Song, one under 53; fourth, Hyon Shin, one under 53; fifth, Joon Yoon, 55.

C — First place, David Song, five under 49; second, Mike Carlson, four under 50, even par 54; third, James Farr, par 54; fourth, tie between Ben Benjamins and Steve Moody, 56.

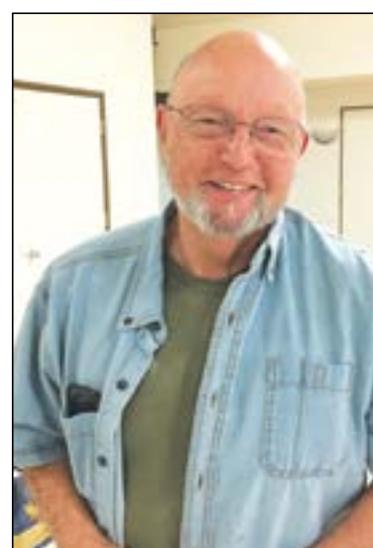
Closest to the pin on hole No. 8 was Ron Steele and Jim Johns on hole No. 17.

There will be two club tournaments each month, one on the usual second Wednesday and another on the fourth Wednesday of the month. The next Men's tournament will be March 11.

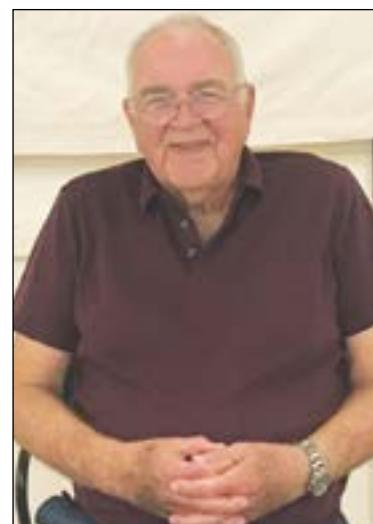
To join the Men's Golf League, contact Mary Jones or Dave LaCascia at the Golf Starter Shop. New Men's Golf League members must join the Men's Club and play three 18-hole rounds on the local course in order to get a valid handicap. Two rounds must be played with a current club member and one round with the qualifying committee chairman Ryan Hong. Scorecards are then left with the starter. This qualifies the individual to play in the Men's and Guys & Gals tournaments played each month throughout the year.

The next Men's Golf Club general meeting will be held on March 11 in Clubhouse 3, Room 9, at 9 a.m.

—David LaCascia



Gary Jantzen



Bob Berry

CRIBBAGE CLUB

Berry, Jantzen earn third stars

Cribbage Club had 57 members in attendance on Feb. 25. Lucy Starkey shared cake and ice cream in celebration of her birthday. Margaret Smith helped serve.

Bob Berry and Gary Jantzen won all of their games to each earn their third star.

In second place was Russ Gray with 836. Ethel Freitas and Norm Martin tied for third place with a score of 828.

Gene Smith came in fourth with 826. Eileen Dohl had six perfect games of 121. Dolores Cook and Julie Milburn won consolation prizes by losing all seven games.

The Cribbage Club meets every Tuesday in Clubhouse 1 at noon.

Partners are not required. Seven games are played, usually ending by 3:30 p.m.

People who would like to learn to play or just need a brush up can call Patti Smith at (562) 242-4674, and she will arrange for lessons one hour before the games begin. All are welcome.

—Liz Meripol

Chess Club Puzzle

This week's puzzle: White moves first and for any answer by black, the white's next move is checkmate.

Chess partners are available in Leisure World when the LW Chess Club meets from 1-6:30 p.m. on Fridays in Clubhouse 3, Room 7.

Beginners are welcome for a free lesson.

CHESS, page 18

Bocce Ball Tourney



Milli Herrera (l) and Mary Greig, potential opponents in Bocce playoffs, take a break and scout out the competition.



Kathy Conley shows poise, balance and great form as she readies for a roll in Sunday Division play.

Winter tournament play-off yields division winners with perfect scores

LW Bocce players completed their 2020 winter tournament on Feb. 29. The seven-week round robin tourney ended with four division winners playing for the overall championship. The results were not available as of presstime this week but will be reported in next week's edition.

Chandra and Harshad Patel were the Tuesday division winners with a perfect 7-0 record.

Sal LaScala and Usha Agarwal went 6-1 to win the Saturday division. The Sunday and Thursday divisions were decided by tie breakers between teams that finished regular season play with one loss each. Sal and Melli Herrera played Estee Edwards and Marsha Stamper for the top spot in the Sunday division, while Mary Greig and Dale Williamson took on Kathryn Ewell and Scott Bryan for the Thursday championship.

A total of 128 LW residents participated in the winter tournament, the fifth since GRF provided a formal bocce court in October 2018. The court is located in Mission Park behind Clubhouse 2 and is open for casual play from 8 a.m.-8 p.m. every day that tournament games are not being played. The next tournament will begin on Saturday, March 14, with formal play on Saturday and Tuesday mornings and Sunday and Thursday afternoons.

—Terry Thrift

MENS FRIDAY GOLF

Choi and Munn defeat Riverview

The Mens Friday Golf League played on Feb. 21 at the par 70-5,800-yard Riverview Golf Course in Santa Ana.

Nine men teed off at 7 a.m. on a very bright morning. The sun stayed out and it became a lovely day to play golf. The very scenic Riverview course was attacked and scores very generally low even with some tricky pin placements. The next Friday round will be at David L. Baker on March 6. Come join the league and meet new golfers. Friends, ladies, spouses and family are all welcome to play and/or join.

All scores are Net, Gross score minus handicap.

A flight — First place, Sam Choi, with a five under 65; second, Dave LaCascia, four under 66; third, Bill McKusky, 67; fourth, John Meyer, 72; fifth, Fujio Norihiro, 73; sixth, Paul Cose, 74; seventh, Ron Jackson, 76.

Birdies: Sam Choi, Fujio Norihiro, Bill McKusky and Paul Cose; fewest putts, Sam Choi; closest to the par three-150 yard No. 2 – Paul Cose; on the par three-100 yard No. 9 – Ron Jackson.

B flight — First place, Bob Munn, 71 and fewest putts; second, Dennis Kotecki, 72.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World, starting between 7-7:30 a.m., except holidays.

There is a prize pool for each round that players are not obligated to enter. LW Men's Club membership is not required. If interested, contact Bill McKusky (562) 430-8618 or Dave LaCascia at (801) 674-5975.

—Dave LaCascia

PICKLEBALL

Club has potluck on first Sundays

A smart strategy of pickleball is to choose the shot which allows you more time to get in position for the return. In a drop shot the player aims for a soft stroke made with a flat or slightly open paddle angle which just clears the net, falling into the opponent's "kitchen."

To accomplish this, hit the ball as it veers downward, just before the second bounce. Bend your knees, lift your paddle and scoop the ball rather than hitting the ball. Try to aim for an arch that barely makes it over the net.

It's a satisfying return both sides can admire.

The Pickleball Club meets on the first Sunday of the month for a potluck at 5 p.m. in Clubhouse 2.

For more information about the club, contact Tim Linehan at (714) 818-6404.

SCRABBLE

Edgar wins Feb. 26 game

The Leisure World Scrabble Club members set a record with 19bingos. There were 56 scores of 300 and higher. Diane Seeger led with 10 scores above 300. Larry Edgar had the highest score, 482, and tied Suthy Chhoeuy for the most bingos, four.

Seeger had a high score of 381 and two bingos. Marilyn Moody had eight scores above 300, a top score of 358 and one bingo. Edgar and Chhoeuy each had seven high-scoring games. Chhoeuy's best was a 403. Also, she had a 334 in a three-way game (equivalent to a 451 in a two-way game).

Wanda Bemben had three scores above 300 and a high of 313. Flo Nesland had four scores

of at least 300, topped by a 395.

Maria Giegerich posted three scores above 300, with a high of 377. Pam Smithson topped 300 four times, with a high score of 332 and two bingos. Sylvia Makus had four scores above 300, with a high of 353 and one bingo. Ruth Depuy had three scores above 300, topped by a 353, along with two bingos. Sandy Derouin scored a 338 and Zoe Pickell posted a 345.

The club meets in Clubhouse 3, Room 5, on Wednesdays. Games begin at 1, 2 and 3 p.m. Anyone who would like to join the club may call Edgar at (310) 927-3785. New members are welcome.

A HISTORY OF LW BOWLING

LW league celebrates 20 years

by Dave Silva
LW contributor

When I came to Leisure World 20 years ago we were bowling Tuesdays and Thursdays at the Rossmoor Center. Both leagues had 20 or more teams with four bowlers on each team. It soon became common knowledge that the Rossmoor Center would undergo a transformation and the bowling center would be torn down.

After Rossmoor we moved to Valley View Bowl, north of Lamson on Valley View Street.

The league had around 14 teams at Valley View and people were pretty happy except for one thing—they kept raising the rates each year.

When I became president of the league, I checked with Westminster Bowl to see if they could give us a better deal. They did, and the league voted to move to Westminster.

The Thursday League could only bowl in the morning and that didn't sit well with Leisure Worlders.

After one season, the Thursday League was down to only six teams and folded after the second season.

But the league has endured and is still going strong. Teams are vying for the top spot. Recently, Mutual Busters took three from first place Pindilicious as Mareen Habel finished with a 158. Elcise swept Very Striking as Sharon Van Otterloo bowled a 154 and 158. Very Striking did have its mo-

ment as Jackie McReynolds had a 179 and Connie Terry finished with a 189.

Charlie's Angels took three from Phyl's Guys. Phyl's Guys won the first game as Fred Garcia had the high game of the day with a 247.

LADIES GOLF

Devora Kim wins Flight A Feb. 25

Forty-four members of the Ladies Golf Club played for low gross, low net, and chip-ins on Feb. 25.

Seven golfers hit eight balls from the fairway directly into the hole.

Flight Winners

Flight A-Low gross, Devora Kim, 28; low net, tie between Grace Choi, Ann Tran and Jane Song, 26; chip-in, Hae Lee, hole No. 1.

Flight B-Low gross, tie between Judy Kim and Sandy Derouin, 28; low net, Marilyn Hewitt, 26; chip-ins/hole, Hailee Yang, nine; Sun Lee, two; Yvonne Yim, eight.

Flight C-Low gross, Sun Chung, 30; low net, Anne Walshe, 23; chip-ins/hole, Sun Chung, five and eight; Theresa Lim, two; Dorothy Favre, nine.

Flight D-Low gross, Patti Smith, 36; low net, tie between Ock Im and Bertha Berrigan, 25; Chip-ins, None.

—Dale Quinn

SHUFFLEBOARD

Sliders defeat Hot Shots

The Shuffleboard League continued into Week 19 on Feb. 21 at the Clubhouse 1 courts.

The Sliders beat the Hot Shots 10-8. Sliders all game winners were Kathleen Morrison, Bill Hamilton and Larry Shulman. Hot Shots all game winner was Harshad Patel.

Hot Shots are still first in the standings. Puck Masters are in second and Sliders are in third.

The next general meeting is scheduled for Wednesday, April 1, with social time at 9:30 a.m. and member meeting beginning at 10 a.m. Free coffee and snacks will be provided. This and future meetings will continue to be held on the courts.

The time is now for new board member elections. This year the Shuffleboard Club needs to elect a new president, secretary and vice president. Also needed is a social coordinator responsible for planning the dinners, BYOB nights, and other events for Shuffleboard members. A nominating committee has been selected, and will be contacting members to ask for volunteers to fill the open positions. Elections will be held at the April meeting, and installation of the new officers will be in May. The new officers will begin their roles in June. If no one steps up for the president's position, the club may have to disband after being in existence for 57 years.

The Ham Shoot is scheduled for April 3. Be at the courts by 8:30 a.m. to get a starting position.

There will be no BYOB in March.

—Dave LaCascia

E-mail your Sports & Games stories to chrisw@lwsb.com



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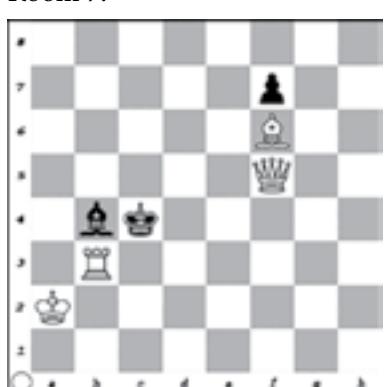
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Puzzles & Comics

Answers on page 23

Gasoline Alley



By Jim Scancarelli

Broom-Hilda



By Russell Myers

Middletons



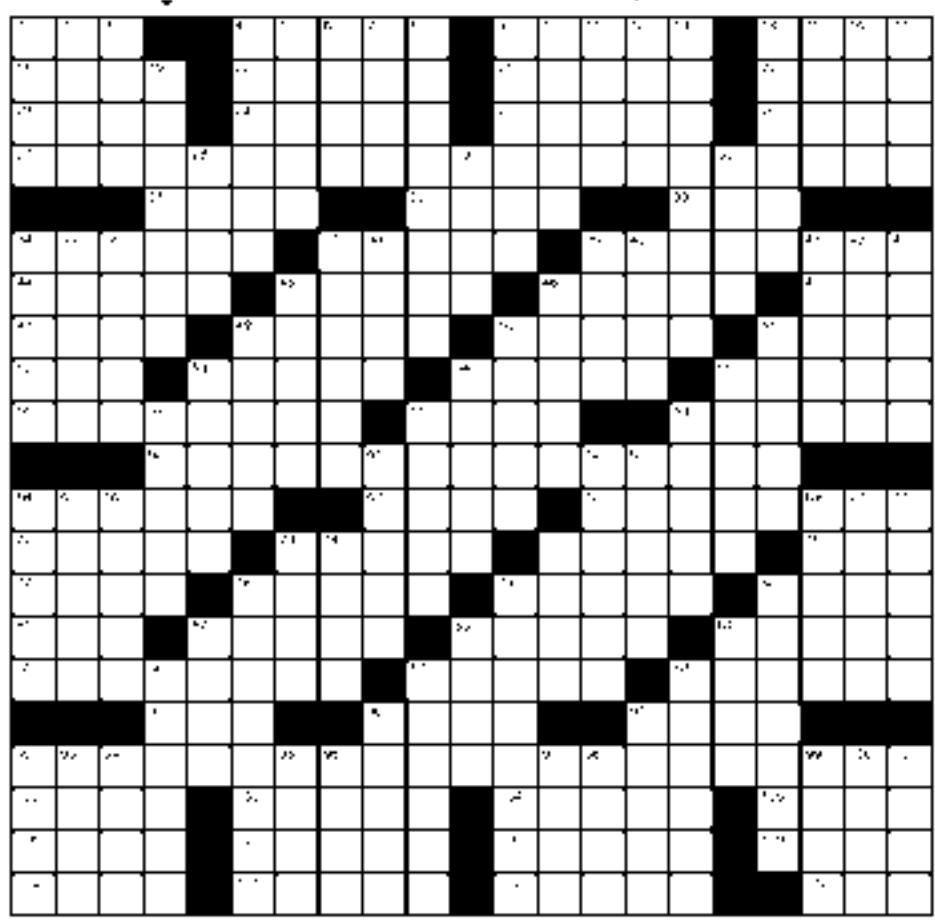
By Raph Dunagin & Dana Summers

ACROSS

- Once River in history
- Map volume
- Lyric poem
- Satirization
- Lightless pools
- Most insightful
- Singer/songwriter
- Pasternak heroine
- Gothic's forte
- Race, etc.
- Fair partitions
- General Bradley
- Irvine Stone title
- Supernatural
- Low, heavy call
- College yell
- Regal and spec'trile
- Anatole France novel
- Transcendent wave
- Rock type
- Musical sign
- Ullage, plump
- Intrate
- Ondrej's
- Plague
- Huffed leather
- Duff part
- Compass point
- Actor Flynn
- Seine tributary
- Log behind
- Certain class member
- Indonesian island
- Meets modestly
- Norman Mailer title
- Military carts
- Turn down
- Trustworthy
- Wise, laconic
- ed. nations
- Works of art, etc.
- Handed out the cards
- Loyal states
- Opposite state, abn
- Move sideways
- Progress level
- Goliaths
- Self-taught
- Auctions
- TV sitcom, "The Ranch"
- Address Hope
- Palaeo geography
- Bar Lebys
- Fragment shade tree
- Poetic meadow
- Mystic seaport
- Pentrating flavor
- Just in Kap' article
- Bereftness
- Mountain nymph
- Lucidity
- African fly
- Long, thin spurs
- Direct, insipid
- Majestic
- Slow, leisure

Literary

Edited by Linda and Charles Preston



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The Observer Crossword Puzzle

- | | | |
|--------------------------------|----------------------------|---------------------------|
| 100. Wise one | 29. Trickster | 66. Brooke's last |
| 111. Computer | 30. Coal ts | 69. Trade name |
| 112. Orchestra section | 31. Fall-suspending flower | 70. C. H. Sheld |
| 113. Address for site | 32. Twisted fabric | 71. Lucy at literary |
| DOWN | 33. West Point student | 72. Fiber covering |
| 1. Highland Scot | 37. Chair of state | 73. Baltic Sea tributary |
| 2. Asian army | 38. Ice pellets | 75. Pharmacogenomics |
| 3. Frako, for one | 39. Architect's first plan | 78. Apocryphal child |
| 4. Very nearly | 40. Carpet tape | 79. Magisterium |
| 5. Adolescent years | 41. Tropical tree | 80. Shop's entrance |
| 6. Earl's daughter, e.g. | 42. Plant insect | 82. Headline dragger |
| 7. May gland | 43. Train loads | 83. Star of Ezra |
| 8. Compromiser example | 45. Vassalage | 84. Bob of thread |
| 9. Lurks | 46. Provocative | 86. He'd like to be free |
| 10. Surface-meaning government | 49. Operatic roles | 87. Investigative goods |
| 11. French letter | 50. Cold dish, usually | 88. Los Angeles team |
| 12. Arrow poison | 51. Oboe | 90. UK native American |
| 13. Bottish verbality | 54. Coastal lands | 91. Attenuated |
| 14. Frabke | 55. Medieval weapons | 92. Religious ceremony |
| 15. English poet | 55. Characteristic | 93. Fine berries |
| 16. Long, thin spurs | 57. Branch of Moses | 94. Jagged rock |
| 17. Direct, insipid | 58. Sordid forte | 95. Assaneck south |
| 18. Majestic | 59. Southern beauty | 96. Sparks and Bally |
| 19. Varished | 61. Marsh lands | 97. Apposition |
| 20. Slow, leisure | 62. Awa tsu (anxiety) | 98. Italian, e.g. acidity |
| | 63. Immediately available | 99. Wing-shaped |
| | 64. French court | 100. Hawkeye State |
| | 65. Foreign | 101. Hawaiian goose |

Sudoku

3	7		1
5	9		3
5	4	8	
8	3	7	1
1	9	4	6
4			8 6
2	7		
	5		4

9 To 5 By Harley Schwadron



"Empty wallet? No problem. I take Paypal!"

SCRABBLE GRAMS

Scrabble words found in the crossword puzzle

A-I-Y-S-L-S-G

A-O-Y-R-N-R-C

A-I-U-Z-C-J-Z

A-E-D-T-V-C-R

A-A-E-I-D-L-V

PAR SCORE 275-285

BEST SCORE 350

EXCEPTIONS: None

TIME LIMIT: 25 MIN

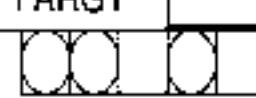
FIVE RACK TOTAL

TIME LIMIT: 25 MIN

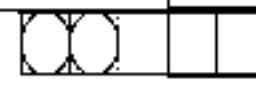
JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words

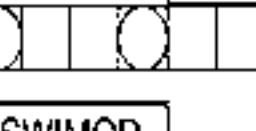
FARGT



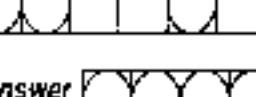
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THAT SCRABBLE WORD GAME
by David L. Hoyt and Jeff Knott



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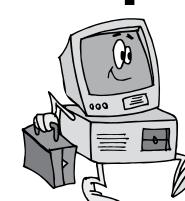
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Pancake Breakfast a huge success

American Legion Post 327 thanks everyone who came to its Pancake Breakfast on Feb. 22. They served over 500 meals that morning. The American Legion would also like to thank Fantastic Cafe for donating all the food and Cathy Weissman and the Navy Cadets who helped by busing the tables, pouring coffee and orange juice and cleaning up. The funds will be used to help veterans in the community with their needs. There will be another pancake breakfast in August.

MINIBUS

From page 16

"Learn the Route," a special ride-along session, immediately follows the 10 a.m. meeting.

Shareholders are invited to ride a Minibus to become better acquainted with the various routes. Information on short-cuts, transfers between routes and how to navigate the time tables will be presented from a "seat-on-the-bus" perspective.

This month the transportation staff will preview the "D" route. The ride-along is limited to the first 17 participants and takes one hour.

Bus service orientations are held on the first Thursday of every month. For more information, call Fleet Manager Grant Winford at 431-6586, ext. 372.

FASHION SHOW

from page 15

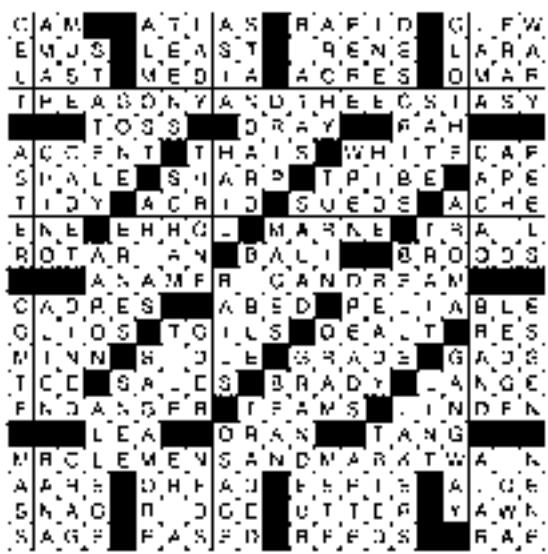
and California Pizza Kitchen. The drawing tickets will be six for \$5 Soft Surroundings will provide fashions for the models and Urban Plates will cater the luncheon. Tickets are selling fast. To purchase, call Eloise Knoll at (562) 533-0773.

Puzzle Answers

Puzzle page 19

SCRABBLE GRAMS SOLUTION														
G	A	S	S	I	L	Y	RACK 1 =	61						
C	A	R	R	Y	O	N	RACK 2 =	62						
J	A	C	U	Z	Z	I	RACK 3 =	84						
O	V	E	R	A	C	T	RACK 4 =	74						
A	V	A	I	I	F	D	RACK 5 =	69						
PAR SCORE 275-285														
TOTAL 350														

Crossword Answers



Sudoku Answers

8	3	6	7	4	9	5	1	2
1	4	2	5	3	6	9	7	8
5	7	9	2	1	8	4	6	3
9	5	4	8	6	1	2	3	7
2	6	8	3	5	7	1	9	4
7	1	3	9	2	4	6	8	5
4	9	5	1	7	3	8	2	6
6	8	7	4	9	2	3	5	1
3	2	1	6	8	5	7	4	9

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

Jumbles: GRAFT ANKLE FEWEST WISDOM
Answer: The appeal of being a fashion model was WEARING OFF

Classifieds

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Fikse. 562-618-8731 3/5

May the sacred heart of Jesus be adored and glorified, loved honored, praised and preserved now and forever. Sacred heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us: Please help Rosie. Say this prayer nine times of day for nine days and your petition will be granted. Must promise publication.

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LW Weekly

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A WOMANS TOUCH

- Personal assistant needs

Classifieds

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Drives by Gary. 714-658-9457. 03/05

Rides by Russ, with the personal touch.

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Need a lift? Pam Miller. LW Resident. 310-227-1258. 03/26

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Classified deadline is
2:00 p.m.
Monday,
for Thursday's publication

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For sale: Solid Wood Dresser, 9 drawer, 68 1/2"(W) x 19 1/4"(D) x 32 1/2"(H) \$50. Oak bookcase, 5 shelf, 24" (W) x 9 1/2" (D) x 72" (H), \$20. Call Wayne 714-722-4822 LW Resident. 02/27

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Electric recliner. Great condition. (562) 537-6386. \$300. 03/12

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ESTATE/PATIO/ CARPORT SALES

Patio Sale: 1180 Oakmont Rd. #51K; March 5 Thursday only, 9 am-12 pm. Furniture, antiques, and more. 03/05

MOVING SALE - M 2-21E. March 5, 6. Lady's clothing (L+XL), shoes (size 8). From \$5.00 to \$10.00. Plus household stuff. 03/05

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Desire to rent carport Mutual 2, with storage preferred. Michael (949) 833-1410. 03/26

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"New" one bed one ba M2 #21E Granite Counters, Wood Floors. Reduced \$5,000. Call Jennifer Kim 310-925-0777. Over 90 units for sale from \$135,000 to \$535,000. Two bed 1.5 Ba corner M2-19F Best Buy. ERIKA. Leisure World Living Resales Next to "WELLS FARGO" 562-493-6601. 03/05

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Turn it in

by **2:00 p.m.**

Monday,

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Expanded 2-bedroom, 1-3/4 baths, with small patio.



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Mutual 9 - 207K - \$225,000

Basic two-bedroom unit with washer/dryer; Walk-in shower; newer windows.

Mutual 5 - 108K - \$235,000

Two-bedroom basic floor plan! Central location - Very big patio; Great location close to "downtown"

Mutual 9 - 222L - \$339,000

Fabulous expanded corner unit! Two bedrooms, 1.5 baths; washer/dryer New paint and new carpeting

Mutual 15 - 29R - \$254,950

Two bedrooms, two baths; Upstairs expanded unit! Approximately 1300 sq. ft. of living

Mutual 5 - 106E - \$209,900

Very clean two-bedroom unit; Nice central location; Heat Pump; Greenbelt views!

Mutual 8 - 178E - \$299,000

Fabulous two-bedroom expanded unit! On lovely greenbelt - Immaculate condition Washer/dryer; remodeled kitchen and bath

LEISURE WORLD HOME SALES



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 Basic 1-bedroom,
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REDUCED MOVE-IN READY

2 BDR/1 1/2 bath,
 fully expanded corner
 drive up, washer/dryer,
 dishwasher & more
Mutual 2, 19F \$319,000



COUNTRY COTTAGE
 2 BDR, 2 bath, greenbelt.
 Move-in ready, white kitchen,
 washer & dryer, close parking.
Mutual 10, 246L \$395,000

Coming Soon
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Mutual 9 - 209E

Atrium, Remodeled 2 BDR/1 Bath,
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 appliances, windows, shutters
 and more.....
Mutual 15 - 18D 365,000



I SOLD 20 in 2019	I SOLD 36 in 2015
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 (562) 230-1789

COUNTRY COTTAGE
 2 BDR, 2 bath, greenbelt. Move-in ready, white kitchen,
 washer & dryer, close parking.
Mutual 10, 246L \$395,000



REDUCED MOVE-IN READY
 2 BDR/1 1/2 bath, fully expanded corner
 drive up, washer/dryer, dishwasher, more
Mutual 2, 19F \$319,000

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PENDING

Mutual 2, 48H \$210,000
This lovely home faces greenbelt, has wrap around patio with newer outdoor carpet and skylight which is a really nice feature.



PENDING

Mutual 7, 176E \$210,000
This 2 bedroom 1 bath cottage has drive-up, wrap around patio, with storage, living room open, kitchen with white cabinets, built-in appliances.



PENDING

Mutual 4, 78B \$148,000
Charming 1-bedroom, 1-bath cottage with drive up, enclosed patio which adds approximately 200 sq ft of living space.



Mutual 15, 32K \$239,000

Eloquent traditional home featuring 2-bedroom, 1-3/4-bathroom, spacious living room and formal dining room with ceiling fan. Living room has custom draperies framing triple-pane windows and over-looks an open balcony and beautiful tree-lined greenbelt. Kitchen has white cabinets, built-in electric appliances and double-pane windows. Master bedroom suite has double-pane windows, mirrored cupboard and 2 wardrobe closets. Master bathroom has bathtub with shower and skylight. Second bedroom has lots of closet and cupboard space and double-pane windows. Second bathroom has stall shower and skylight. This lovely home has carpeting throughout, leaded glass entry door and is close to drive-up parking and carport. This charming home is definitely a must see.



M8-189J \$175,000

Great Location. Basic 2 Bedroom 1 Bath- room with enclosed side patio. Perfect for remodel or updating. Kitchen had built-in original appliances and Skylight that opens. Bathroom has extra large skylight that opens. Use your imagine and make the home your own. Priced to sell! Front open patio. Lovely Area.



M3-21K \$218,000

Charming 2 Bedroom 1 Bath Cottage. Kitchen has ceiling fan, built-in stove, oven and refrigerator. Master Bedroom has mirrored wardrobe doors and double pane sliding doors to private patio. Living and bedrooms are carpeted and flooring in kitchen, bathroom and hallway is vinyl. Heat pump/AC and is ready to move in.



PENDING

Mutual 4, 50A \$249,900
This a fully expanded 2 bedroom 1 bath home with dual pane windows, bay windows in living room, master bedroom and den/dining room and Central heat and air conditioning.



PENDING

Mutual 14, 23D \$255,000
Nicely expanded 2 bedroom 1 bath corner unit with patio storage. Spacious living room with bay window, dining area off kitchen. Built-in kitchen appliances. This home has abundant natural light, laminate floors and central heat and AC.

January 2020 Sales

Mutual 5, 229D

Mutual 14, 23F

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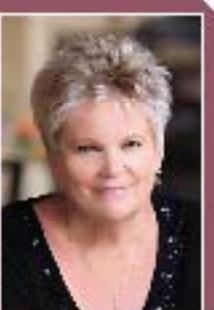
rwgraysales@verizon.net
DRE 01027333

Your Leisure World Sales Team

BERKSHIRE
HATHAWAY
HomeServices
California Properties

Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com
DRE 00887640

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 1-38-D \$174,900
 1-bedroom, 1-bath south facing, fully expanded unit on an amazing greenbelt setting. Close to Medical Center, Amphitheater, pool, golf course and churches. L-shaped living room with huge closet. There is an A/C Heat Pump to keep you cool in the summer and warm in the winter, plus skylights that make this home light and bright.

**NEW LISTING****Mutual 1D-257-G \$327,000**

Charming two bedroom 1 bath fully expanded Corner with all the right touches!
 Spacious living room and dining room with a built in china cabinet, granite counters, built-in dishwasher and microwave, skylights, central heat/air, smooth ceilings, new carpet and paint. Conveniently located with drive-up parking, close parking and laundry. This is a must see - call us today!



Mutual 8-203-I \$249,900
 Darling two bedroom "U-Shaped" expansion with Central Heat/Air, Stackable Washer/Dryer, large master bedroom with a walk-in closet, dining room, skylights, dual paned windows and a nice size tile patio with a gate and storage sitting on a green - plus close carport and street parking!! Be sure to check this out - it's a good one!!



Mutual B-196-H \$219,000
NEW LISTING - Catch the morning sun! Lovely setting, wide courtyard greenbelt, 2 bed, 1 bath, high side expansion. New paint and new beautiful waterproof vinyl plank floors, central heat/air and a patio to enjoy!

**Mutual 1-40-B \$167,000**

Fully Expanded 1-bedroom on a beautiful, HUGE greenbelt setting. Both the living room and bedroom are expanded with laminate floors. Kitchen has a ceiling fan, a skylight and newer Formica counters. Bathroom cabinets are white with a skylight and a cut-down shower and vinyl floors. Freshly painted - Close to carport parking

PENDING**Mutual 4-73-K**
St. Irene Walk- Naples

Together WE Have
Over 30 Years of LW Experience

LET OUR
Community
Experience &
Knowledge
Make Your Move
a Pleasant Event

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562-746-1960Leah Perrotti
310-889-6583Hanna Rubinstein
562-900-4243

Mutual 8 189J \$175,000
 enclosed patio, skylights that open, good location, great price

Mutual 2 10H \$199,995
 New windows, 2 large skylights, white bamboo wood floors

Mutual 8 203J \$215,000
 Greenbelt, cent. air, solar tubes, smooth ceilings, nice

Mutual 3 21K \$218,000
 double pane windows, heat pump, skylights that open, cozy

Mutual 8 196H \$219,000
 wide courtyard, side expansion, cent. air, fresh paint

Mutual 10 238F \$230,000
 Basic corner, wrap around patio, newer paint, carpet

Mutual 1 13L \$229,500
 Spectacular green, french doors, lam. floors, very nice

Mutual 15 32K \$239,000
 1-3/4 baths, open balcony, skylights, double/triple pane windows

Mutual 8 203I \$249,900
 Partial expand., washer/dryer, cent. air, nice

Mutual 7 153E \$254,900
 1-1/2 baths, south facing, lam. floors, clean

Mutual 9 208L \$259,000
 Fantastic greenbelt, turnkey, expanded, dual pane, fresh paint

Mutual 2 44K \$259,000
 Full expand., skylights, double pane, wood flooring

Mutual 1 16A \$259,500
 btl. greenbelt, new paint, new lam. flooring, lovely patio

Mutual 9 226L \$399,000
 Remod. corner, 2 full baths, washer/dryer, private

Mutual 10 257G \$327,000
 corner, full expand., cent. air, great condition, drive up

Mutual 15 44A \$279,999
 Atrium, fresh paint, wood lam. flooring, heat pump

Mutual 15 21M \$285,000
 2 baths, enclosed porch, greenbelt, trees, drive-up, nice

Mutual 1 70F \$319,000
 Corner, washer/dryer, central & heat, turn key

Mutual 9 226L \$399,000
 Remod. corner, 2 full baths, washer/dryer, private

Mutual 10 257G \$327,000
 corner, full expand., cent. air, great condition, drive up

One-Bedrooms

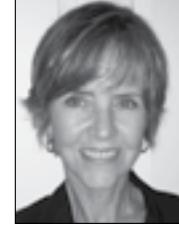
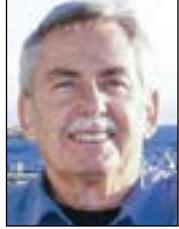
Mutual 1 40B \$167,000
 Expanded, huge greenbelt, lam. floors, skylights

Mutual 16 54E \$167,000
 Full expand., hard wood floors, double insulation, great view

Mutual 1 38D \$174,900
 expanded, south facing, great greenbelt

Mutual 3 11D \$179,000
 south facing, gourmet kitchen, dual heat pumps

Claudette "CC" Cooley
310-484-9600

Linda Patton
562-522-3364Adrian Villarreal
424-247-4542Jay Cho
714-944-4998Estee Edwards
562-208-2540Philip Bak
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714-293-3950Diana Flores
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FIRST TEAM®
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12501 Seal Beach Blvd. #100
Seal Beach, CA 90740

For 2020, I have a total of 11 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!

PRICE REDUCTION!

**1603 Monterey Road #22L | M2 | \$465,000**

New construction: 2 bedroom, 1 1/4 bath. Gourmet kitchen with stainless steel appliances. Wall mounted fireplace, washer/dryer, dual pane windows. Great location.

1601 Glenview Rd #64A | M12 | \$348,500

2 bedroom, 1 1/2 bath fully expanded unit on peaceful greenbelt. 4 skylights, walk-in closet, central A/C. Laminate flooring, granite counters, dishwasher, self-cleaning oven, soundproof wall between unit and laundry room, LAUNDRY IS FREE in this mutual..

1260 Oakmont Rd #53E | M6 | \$165,000

Fully Expanded 1 Bedroom, 1 Bath Surrounded by Greenbelts, Laminate Flooring, A/C Heat Pump, Sliding Glass Door, Two Skylights, Close to Laundry.

**1120 Northwood Rd #186L | M8 | \$269,000**

Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet. Drive-up location.

13741 Thunderbird Dr., #49L | M1 | \$205,000

Corner 2 bedroom, 1 bath overlooking beautiful greenbelt. Patio with storage unit. 2 Skylights, Dishwasher, New Oven, Ceiling Fan, A/C Heat Pump, Mirrored Closet Doors, Cut Down Shower. Close To Parking and Laundry.

1562 Golden Rain Rd #44G | M2 | \$225,000

RARE 2 BEDROOM, 2 BATHROOM, basic unit at a GREAT PRICE! New laminate wood flooring, large private patio. Wonderful downtown location. Walk to swimming, golf, exercise room, health care center and other amenities.

**13840 Canoe Brook #6L | M3 | \$210,000**

BRIGHT 2 bedroom, 1 bath corner unit. New Laminate Flooring and Carpet, Close to Laundry and Steps to Parking Spot.

1622 Merion Way #38G | M2 | \$469,000

Completely remodeled 2 bedroom, 1 1/2 bath corner unit. Designer kitchen w/ stainless steel appliances, large island, central A/C and heat, washer/dryer, marble tiled bathroom, walk-in closet, expanded master bathroom. HAS EVERYTHING!

1290 Northwood Rd #161A | M7 | \$310,000

Corner Fully Expanded 2 Bedroom, 1 1/2 Baths. Remodeled Master Bathroom With Glass Enclosure, Tile and Corian Countertops. Laminate Flooring, A/C Heat Pump. 2 Skylights, Double Pane Windows. Steps to Parking.

**1502 Golden Rain Rd #46K | M2 | \$254,900**

2 Bedroom, 1 Bath Fully Expanded. Double Pane Windows, Central A/C and Heat, Plantation Shutters, Washer/Dryer, Walk-In Closet, Bay Window.

I have access to the total inventory!

On March 2nd, 2020 a total of 89 units show as active listings on the CRMLS (this is where Realtors list property for sale).

9 - 1 bedroom/1 bath
from \$135,000 to \$179,000

49 - 2 bedrooms/1 bath
from \$169,000 to \$417,999

31 - 2 bedrooms/2 baths from
\$225,000 to \$535,000

Please give me a call for detailed information on any of these properties!