

TOGETHER WE CAN

COVERING OUR COMMUNITY

ANNUAL MEETING

Annual Meeting Notice
New Information, Date

GRF candidates for Mutuals 2, 4, 6, 10, 12 and 16 shall be elected via acclamation.

Page 3

NAVIGATING OUR REOPENING

Step-by-step plan to reopen puts safety first

by Randy Ankeny
GRF executive director

In early 2020, the COVID-19 pandemic prompted shutdowns and shelter-in-place orders across the world. Every one of us has been required to make many life and lifestyle adjustments, as we fight a disease that has claimed the lives of over 5,000 in California, over 119,000 in the United States and over 435,000 worldwide. We must continue our vigil against a disease for which there is no known cure.

As we adjust to life under COVID-19, the term "reopening" is becoming more prevalent in the news, even as COVID-19 cases continue to grow. With more businesses experimenting with reopening, the number of requests to reopen many Trust property amenities has risen.

GRF's position is simple: we are a community of over 9,000 "at risk" Shareholder/Members. Add guests and service personnel and 10,000 to 12,000 individuals may be within our walls on any given day. In a community where a clear majority fall clearly into the "at risk" category, health and safety is paramount.

Adjusting to the "new normal," which includes reopening Trust property amenities, requires individual decisions over the next few weeks and months. Know we are thoroughly researching all reopening possibilities and will continue to communicate any plans to reopen. Know that any plans to reopen are solely grounded in your health, safety and the sustain-

REOPEN, page 3

Holiday Notice

In observance of Independence Day, all Golden Rain Foundation offices except Security will be closed Friday, July 3.

The Leisure World Maintenance Department will be on call for emergencies only and may be reached by calling 594-4754.

The editorial deadline will be at 4 p.m., Wednesday, July 1.

Masks and mandates: What you need to know

Masks mandated for all Californians

Gov. Gavin Newsom on June 18 ordered all Californians to wear face coverings while in public or high-risk settings, including when shopping, taking public transit or seeking medical care, following growing concerns that an increase in coronavirus cases has been caused by residents failing to voluntarily take that precaution.

Newsom's order comes after Orange County rescinded a requirement for residents to wear masks and as other counties across California are debating whether to join other local jurisdictions in mandating face coverings. The Newsom administration did not address how the new requirement will be enforced or if Californians who violate the order will be subject to citations or other penalties.

Until now, state public health officials only recommended that Californians wear face coverings, which, if worn by someone with the virus, have been shown to decrease chances of spreading it to others.

The state mandate exempts children 2 years old and under, and people with a medical, mental health or developmental disability that prevents them from wearing a face covering. Restaurant customers are also exempt when eating and drinking, as are residents exercising outdoors as long as they are able to socially distance from others.

Face coverings also are not required for the hearing impaired, or those communicating with them, or for workers whose health may be put at risk or may need to temporarily remove a mask to perform a task or service.

Masks must be worn by Californians in their workplaces, when serving customers

MANDATE, page 4



Ivy Kung, a Mutual 17 resident for almost 10 years, has been instrumental in the Golden Age Foundation face mask giveaway project by cutting fabric to supply a team of 25-30 sewers. She volunteered in response to the first email she received in early May and uses the GRF sewing room Monday-Friday for two hours a day. She has cut material for almost 3,000 face masks, most of which have been (or will be) distributed to LW shareholders.

GOLDEN AGE & SEWING BRIGADE

LWers make tens of thousands of masks

The Golden Age Foundation and the Leisure World Sewing Brigade have covered Leisure World residents with homemade cloth masks made by a small army of volunteers.

Since the mask mandates were triggered to help curb the spread of COVID-19, several mass giveaways have been held to supply LWers to keep them safe and protect others.

Both groups are now funneling masks to Mutual leaders to distribute to home-

MASK, page 20



Hadi Gagow and Jay Marroquin are demolishing the second floor of Clubhouse 6 to make way for a new Fitness Center.

New Projects Underway

GRF Fitness Center

Fitness is a fountain of youth, truly a great goal for older people to keep them young at heart and healthy in body. To that end, the 10,000-square foot Fitness Center in Clubhouse 6 is undergoing a complete overhaul. When it's finished, residents will have a multifunctional fitness mecca to help maintain a healthy lifestyle.

At the Feb. 25 GRF Board meeting, directors conceptually approved initial design concepts for the expansion and enhancements of the fitness center, ultimately allocating no more than \$213,000 to the project.

FITNESS, page 20

GRF Learning Center

Work is underway on the new Learning Center that will include a demonstration kitchen and tech-equipped classrooms in Clubhouse 3.

Instructors from North Orange Continuing Education (NOCE) will bring a host of education opportunities to Leisure World residents in the comfort and convenience of their own community. The first classes were just getting underway when COVID-19 suspended the program. The Learning Center is under construction right now to be ready when classes resume.

LEARNING, page 2

Musing on Masks

by **Deanna Bennett**
GRF executive coordinator

The problem with pandemic flu viruses is that they emerge unannounced, unlike the seasonal flu we experience often in the winter. Seasonal flu can be deadly, too, but there is usually time to get a vaccine tailor-made and manufactured in sufficient volume to vaccinate key workers and the most vulnerable.

COVID-19 has taken over the world, and our brains and bodies don't really know what to do with the ongoing, daily stress. According to Dr. Susan Whitbourne, professor emerita of Brain Sciences,

University of Massachusetts, Amherst, and adjunct professor in the Department of Gerontology, University of Massachusetts, Amherst, we are, in part, adjusting very well with creative solutions to challenges to our daily lives but we are also just running really scared.

She states that when we experience continuous stress, our "fight or flight" automatic response kicks in, but there is no flight option with the pandemic. This can result in higher blood pressure than normal, it's more difficult to think clearly, and we find ourselves distracted, worried and preoccupied.



ALWer sports a colorful mask under her wide-brimmed hat.

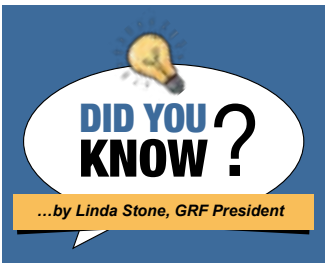
The wearing of face coverings, one of the central components of protecting ourselves and others, is becoming lax. There are probably a variety of reasons for this: differing rules from federal, state and local governments, inconvenience, etc. However, consider the open letter from Arizona physicians, spanning every medical specialty, dated June 14, to the citizens and government leaders of our neighboring state of Arizona, published in the Tucson News Now.

They assert that, "[s]adly, this pandemic has become more about politics and "constitutional rights" than about the value of human life and science." They emphatically state that further devastation will be faced if more citizens do not limit interactions, abide by social distancing guidelines and wear masks to limit the spread of disease. They are also asking for a statewide mandate in Arizona that would require every person over 2 years old to wear a mask in public and that anyone unable to wear a mask due to asthma or other underlying condition stay at home. The letter concludes with the

MUSING, page 4

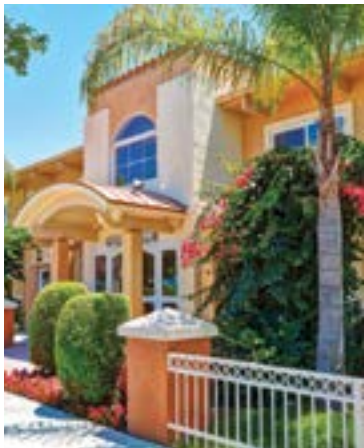
Golden Rain Foundation (GRF)

1. Is a not-for-profit master association that serves as a management company for the 16 Mutual Corporations.
2. Administers the shared Trust and facilities owned by these independent Mutual Corporations.
3. Has a Board of Directors (BOD) and a full-time Executive Director who oversees the departments serving the community.



Golden Rain Foundation Director

1. Is a volunteer in an unpaid position.
2. Serves for a two year term.
3. Has no term limits.
4. Are elected by the shareholders of the Mutual in which they live. One representative per Mutual (except for Mutual One and Two, which have two each because of their size).
5. Once elected, they represent ALL of Leisure World's residents not just the shareholders of the Mutual that elected them.
6. Has NO control (authority) over Mutual Board actions or GRF employees.
7. For the full authority of the Board of Directors, see the Declaration of Trust, Section VII (www.lwsb.com/GRF/documents).



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MANAGED BY The Goodman Group



Jaime Morales of Service Maintenance is using a concrete grinder to prep flooring as part of the complete overhaul of a room in Clubhouse 3 that will soon be the site of a demonstration kitchen. It will be used in cooking classes as part of the new Learning Center that is coming to Leisure World.

LEARNING from page 1

The North Orange County Community College District, the oldest in the state, is comprised of Fullerton College and Cypress College—and the North Orange Continuing Education. NOCE provides non-credit continuing adult education and community service classes at all three of its campus locations, as well as 109 off-campus locations, one of which will now be housed in Clubhouse 3 in fully renovated rooms.

The program is coordinated through the Leisure World Library, under the supervision of Library Operations Supervisor Vanessa Morris. The Learning Center became a reality after hundreds of residents expressed an interest in onsite learning. At its meeting Feb. 5, the GRF Board allocated up to \$315,000 for the improvements to Rooms 9 and 10 of Clubhouse 3, which are now being refurbished from the floor up to accommodate the program.

"The retirement communities of today are vibrant, social spaces filled with events, excursions, and learning opportunities," said Morris. "I want to stay forward-thinking, implementing education and programming options that help you explore unrealized interests and untapped creative pursuits. From 'smart' computer labs, college courses and, demonstration kitchens, new art and ceramics studio classes the possibilities are endless."

The "Smart" classroom being constructed in Clubhouse 3 will serve as a strong infrastructure to support innovation with equipment and education to keep residents connected and engaged.

It will have computer stations for classes and state-of-the-art audio-visual equipment, including assistive listening devices, a "smart" board and two 80-inch monitors, to augment lecture sessions.

The demonstration kitchen will host cooking classes, chef-inspired dining experiences and provide a dining space where residents can cook for themselves and host parties.

The "smart" classroom and demonstration kitchen are tentatively scheduled to be completed by August.

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GRF, Mutual Annual Meeting Notice

by **Randy Ankeny**
GRF Executive Director

Due to the COVID-19 crisis, the GRF elections cycle and Annual meetings were postponed. This action, while necessary on the public health and safety front, has created a time crunch on important governance matters (example, 2021 Budget).

Upon my review of the By-laws and applicable sections of the law, GRF Corporate Counsel was queried on the lawful possibilities of holding the GRF Elections Cycle and the GRF Annual Meeting as well as a 2020/21 GRF Board meeting all on Aug. 4. Full legal opinion will be provided at the July GRF Board Executive session, but to take an important part of the legal opinion for your information regarding this important matter:

“...I have reviewed the proposed language/notice you included below. In short, I have no objections to (1) providing notice of the individuals election by acclamation, and (2) moving the annual meeting date to August 4th. To that end, I have set forth below the relevant law which would support the proposed actions...”

As noted in the above statement “...providing notice of the individuals election by acclamation...” Board candidates from Mutuals 2, 4, 6, 10, 12 and 16 are running uncontested, and as such in accordance with

new provisions of the law, will be elected by acclamation. To meet the posting deadline, the first notice of change of date of the annual GRF meeting will be in next week’s paper, as follows and approved by corporate counsel:

This notice shall serve to confirm that the candidates for Mutuals 2, 4, 6, 10, 12 and 16 shall be elected, via acclamation, in the upcoming 2020 Annual Election.

This year, Civil Code Section 5100(g) was revised to allow for voting by acclamation for associations with 6,000 or more units. Specifically, section 5100(g) provides, in pertinent part:

“Notwithstanding the secret ballot requirement in subdivision (a), when, as of the close of nominations for directors on the board, the number of director nominees is not more than the number of vacancies to be elected, as determined by the inspector or inspectors of the elections, the director nominees shall be considered elected by acclamation if all of the following are true:

- (1) The association includes 6,000 or more units.
- (2) The association provided individual notice of the election and the procedure for nominating candidates at least 30 days before the close of nominations.
- (3) The association permits all candidates to run if nominated...”

Pursuant to the foregoing, GRF has at least 6,000 Memberships and proper notice of the election was provided to the Members at least 30 days prior

to the close of nominations. Further, GRF permitted all qualified candidates to run, consistent with the Civil Code.

Accordingly, for the above-mentioned Mutuals, the election is uncontested, and Accurate Voting shall dispense with the secret balloting requirements for said Mutuals; such individuals shall be considered elected by acclamation.

On August 4, 2020, we welcome to the GRF Board:

- Mutual 2, Paula Snowden and Paul Pratt
- Mutual 4, Marsha Gerber
- Mutual 6, Susan Hopewell
- Mutual 10, Carol A. Stern Levine
- Mutual 12, Carole Damoci
- Mutual 16, Janet Isom

In accordance with applicable sections of Civil Code 5100, election procedures are in process for the election of GRF representatives from Mutuals 8 and 14.

For Mutuals 8 and 14, ballots will be mailed on July 5, 2020, with the close of the balloting at 10 a.m. on Tuesday, Aug. 4, 2020. The counting of the ballots received from Mutuals 8 and 14 by the GRF Inspector of Elections (Accurate Voting) will begin upon the official closing of the balloting.

Due to the unprecedented COVID-19 crisis, notices were supplied on April 9, 2020, in the LW Weekly, announcing the postponement of the elections, as well as the GRF Annual Meeting.

As valuable time has been

lost due to required health and safety measures to combat a disease for which there is no known cure, this article shall serve as official announcement of the GRF Annual Meeting and Special GRF Board meetings for Aug. 4, 2020.

GRF Meeting Schedule for August 4, 2020 at Clubhouse 4

- 10 a.m., Special GRF Board meeting to close the balloting and commence the counting of the ballots.
- 10:30 a.m., GRF Board meeting will be recessed (Accurate Voting will continue to count the ballots from Mutual 8 and 14)
- 10:45 a.m., GRF Annual Meeting
- 1 p.m., GRF Board reconvenes for announcement of election results
- 1:30 p.m., 2020/21 Special GRF Board meeting, single agenda item, election of Board Officers.

IMPORTANT NOTICE

As strict public health and safety measures will be in place to protect our “at risk” membership, there will be limited in-person seating at Clubhouse 4.

Physical distancing and wearing face masks will be required.

All meetings will be live streamed on YouTube, so watch for notices in LW Weekly and LW Live notices for the links to hear and watch the meetings.

REOPEN from page 1

ability of reasonable use restrictions. COVID-19 has impacted every aspect of GRF operations. The decision parameters we are using to resume “new normal” operations include, but are not limited to:

- The status of any existing stay-at-home and public health and safety orders from the city, county, state and federal governments.
- The severity and volume of COVID-19 cases within our locale and surrounding cities.
- The capacity of each activity to accommodate proper social distancing of at least six feet between individuals.
- The level of contact with fellow members, guests and employees (direct physical contact vs. indirect contact).
- The adherence to new cleaning and disinfecting standards.
- The observance of shareholders to the health and safety standards implemented by GRF.

The core truth is that we will face continuing challenges as our nation and our community begin the path to recovery, while continuing to face the public health threat of COVID-19.

We will ultimately prevail by working together during this time when collective support not only affects your life, but those around you. Let’s be flexible and adapt to new and evolving conditions. Let’s base our plans on helping our neighbors survive this pandemic. Finally, understand we can only win this fight as a community of friends and neighbors.



Gentle Flow Yoga series

Join Monarch Healthcare and Alignment Healthcare for a virtual Gentle Flow Yoga series via ZOOM. Certified yoga instructor Holly Robinson will guide participants through a series of poses and stretches to help feel more at ease. This class is suitable for all levels and abilities. All you need is a mat and an open mind!

June 29	July 6	July 13	July 20	July 27
2 – 3 p.m.	2 – 3 p.m.	2 – 3 p.m.	2 – 3 p.m.	2 – 3 p.m.

All Leisure World residents are welcome to attend at no cost!

RSVP for Gentle Flow Yoga by emailing Grecia Nuñez, senior ambassador at the Health Care Center, at gnunez@mhealth.com. Please include the day you would like to attend and we will send you your Zoom link.



Holly Robinson

Holly offers a mix of encouragement, enthusiasm, love, compassion, and humor through use of yoga, meditation, mindfulness, and breathing and relaxation techniques.

A special thank you to Holly for teaching this course and to Alignment Healthcare for sponsoring.



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Perspectives

Letters to the Editor

Editor:

Mutual 7 resident Bruce Smith's June 18 letter stating it is only non-science-based conjecture that masks are effective in reducing COVID-19 spread is stunning and absolutely incorrect. Numerous science-based studies, several recently (just Google this subject), convincingly show that mask wearing is effective in significantly reducing COVID-19 spread.

Donald Hodel
Mutual 6

Editor's Note: On June 18, Gov. Gavin Newsom ordered all Californians to wear face coverings while in public or high-risk settings, including when shopping, taking public transit or seeking medical care, after growing concerns that an increase in coronavirus cases has been caused by residents failing to voluntarily take that precaution.

Editor:

Recently I read someone describe face masks as an inconvenience or even a nuisance in addressing the spread of COVID-19. Recent studies which show the effectiveness of wearing masks are summarized in a publication called "The Doctor Will See You Now." These studies were done by the University of Cambridge, Texas A & M, UC San Diego and CA Institute of Technology. They found the following:

- Wearing even a simple homemade cloth face mask lowers the reproduction rate of the virus. Further, if people always wear masks in public the effect is more profound than if they wear them only after symptoms appear.
- Face masks reduce person-to-person spread of the coronavirus, especially as more people wear them.
- Not wearing a face mask dramatically increased transmission of the SARS virus. Since airborne transmission is the dominant route for the spread of both SARS and COVID 19, it stands to reason that not wearing a face mask will increase the transmission of the virus.
- Tiny infected particles can remain in the air for "10s of minutes" and travel "10s of feet."
- Researchers believe that the early use of face masks in NYC

prevented 66,000 infections during a period of less than 45 days.

On a humorous note (if it weren't so serious) there are also studies that suggest the virus can be spread by flushing the toilet. Thankfully this threat can be minimized by putting the lid down *before* flushing whenever possible.

Jana Rogers
Mutual 7

Editor:

As we saw rioters, burners, looters and thugs do criminal acts, my wife and I were wondering how Leisure World would protect the community when both the gates in and out do not seem to have any protective facilities to stop anyone from ransacking our area. We are near the front gate.

It would be a good thing for all of us to have someone answer that in case of any times of social unrest, riots, and anarchy.

Kenneth Glenn & Katy Koons,
Mutual 15

Victor Rocha, GRF security services director, replies: The Security team at LWSB is ready for any type of unusual occurrence, including civil disturbances. During this time of unrest, we have our Civil Disturbance Action Plan ready to implement at a moment's notice. This plan includes all aspects of a civil disturbance, from how to quickly seal entry and exits to the community, to communication of our status to the local police.

Editor:

We have a wonderful community here at LW. Part of what makes it so nice is that the residents are concerned and look after each other.

The new virus has affected all of us and the way we do everything. We are constantly told by health experts that social distancing and the wearing of masks are both very important. Up until a few weeks ago, people seemed to heed these warnings fairly well, if not totally. In the past few weeks, I've noticed that fewer people are wearing masks. Some people have them around their necks but don't cover up as they approach others. However, many more people simply don't wear them at all.

The virus had initially peaked but is now making a comeback. We here are especially at risk due to our age and underlying health issues. From reports I've read, seniors who survive the virus can have a terrible recovery time, lasting months (or maybe longer—the data isn't available yet). You don't just get over it; you can really suffer.

Out of concern for all of us, I urge all LWers to wear a mask whenever you go outside, even for a simple task like the mail or the trash. You never know who you'll meet. It's simple to do and could save a bad illness or even our lives. For those of you who absolutely refuse to wear a mask anytime, at least please stay away from those of us who do.

Les Feller, Mutual 15

MUSING from page 2

acknowledgement that adhering to these guidelines means changing life as we have known it and it is not convenient, it is not fun, nor is it easy.

It is time for us to step outside of ourselves, put our individual desires aside and do what is right for the greater good of our communities.

With no comprehensive treatment or vaccine, prevention through physical distancing and wearing masks is essential. Just because some reopenings have occurred does not mean the risk of infection is gone. Watch for more articles in LW Weekly about the pandemic and how our community can stop its spread. Sign up for LW Live on the main page of our website or fill out the form published each week in LW Weekly to receive links to GRF meetings so that you can stay abreast of matters being discussed and voted upon from the safety and convenience of your home.

MANDATE from page 1

or any member of the public, by all food service workers, when working or walking through hallways and parking facilities and when riding on elevators, according to the order.

People who drive buses, taxis, ride-hailing vehicles or any other service that accepts passengers also must wear masks.

Newsom in mid-March issued the nation's first stay-at-home order, arguing that the restrictions were necessary to slow the spread of the virus.

Public health officers at every level of government have said wearing face coverings, frequent hand washing and social distancing are proven and effective ways to decrease the spread of the COVID-19.

A recent study from Germany found that face masks reduce the daily growth rate of reported infections by around 40 percent. Another study, published June 18 in the Proceedings of the National Academy of Sciences, concluded that "wearing of face masks in public corresponds to the most effective means to prevent inter-human transmission."

Scam Alert

Guard your Medicare Number

Scammers may use the COVID-19 pandemic as an opportunity to steal your identity and commit Medicare fraud. In some cases, they might tell you they'll send a Coronavirus test, masks, or other items in exchange for your Medicare Number or personal information. Don't fall for it; it's a scam.

It's important to always guard your Medicare Number and check your Medicare Summary Notice (MSN) for errors. Only give your Medicare Number to participating Medicare pharmacists, primary and specialty care doctors, or people you trust to work with Medicare on your behalf. Remember, Medicare will never call you to verify your Medicare Number.

Visit [Medicare.gov/fraud](https://www.medicare.gov/fraud) for more information on protecting yourself from fraud and reporting suspected fraud.

—Centers for Medicare & Medicaid Services

CITY OF SEAL BEACH

Bathroom Accessibility program is open

The City of Seal Beach Bathroom Accessibility Program has been approved for another cycle of funding. This means that from July 2020-June 2021, the City can spend \$145,000 on grants to Leisure World residents to continue the Bathroom Accessibility Program.

For over 14 years, the City of Seal Beach has offered the Seal Beach Bathroom Accessibility Program to help residents in Leisure World modify their bathrooms for safer access.


For the 2020-2023 funding cycle there have been some exciting changes. Residents who have more than one bathroom are now eligible. Furthermore, in special circumstances, a bench can be added to the fiberglass unit.

Due to the threats of COVID-19, CivicStone, the administration of the program, will be changing the way it operates. It will not hold a workshop in any clubhouse for Leisure World residents this year. Instead, individual appointments can be made via phone, FaceTime, Zoom or Google Hangouts to ask questions and get individualized advice on how to complete applications. Simply email monique@civictone.com for an appointment. Residents can also call (909) 364-9000, but email is preferred. All information is kept strictly confidential.

Any Leisure World resident who has trouble stepping into the shower for any reason is likely eligible for a free bathroom upgrade.


The Leisure World Bathroom Accessibility Grant converts the tub/shower combination into a shower-only unit for safer access. The fiberglass is refinished to look like new, and a new glass shower door enclosure is installed. Toilets can be replaced with high-boy models and grab bars may be added as needed.

The program is made possible through a grant from HUD, Orange GRANT, page 5



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Serving the Shareholders of

Leisure World Seal Beach



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Government

GRF Board Recap

Approved Consent Agenda

MOVED and duly approved to adopt the Consent Agenda: minutes of the June 9, 2020 Golden Rain Foundation (GRF) Board of Directors (BOD) Special meeting, as presented; accepted the financial statements, through May 31, 2020, for audit; approved Reserve Funds Investment Purchase and approved of Capital Funds Investment Purchase.

General – Approve Opening of Outdoor Facilities, under Required COVID-10 Guidelines

MOVED and duly approved to remove the topic from the agenda.

Finance Committee – Approve Distribution of Excess 2019 Operating Funds

MOVED and duly approved to distribute 2019 Excess Operating Funds of \$446,861 as follows: \$300,000 to the Contingency Operating Fund, in accordance with Rule 40-5540-1, Contingency Operating Funds, and \$146,861 to the Mutual Corporations, on a pro-rata basis, in accordance with Rule 40-5528-1, Refund of Excess Income.

GRF Special Board Agenda

GRF Board of Directors Meeting Agenda

Clubhouse Four

Tuesday, June 30, 2020, 1 p.m.

Via Live Stream

To view the live GRF Board meeting:

- Go to www.lwsb.com
- Click on the Live GRF Board meeting tab.
- The tab will be active at 12:45 p.m. on the day of the meeting
- The live streaming uses YouTube live and terminates at the close of the meeting

1) Call to Order/Pledge of Allegiance

2) Roll Call

3) President’s Comments

a) Announcements

4) Shareholder/Member Comments

a) Written, submitted prior to meeting

b) Verbal, via live streaming

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:

- 4-minute limit per speaker, when there are no more than 15 speakers
- 3-minute limit per speaker, 16 - 25 speakers
- 2-minute limit per speaker, over 26 speakers

5) New Business

a) General

i) Reserve and Capital Funding Requests—Replacement and Purchase of Fitness Center Equipment

ii) Approve Sale of Existing Fitness Center Equipment

iii) Approve Opening of Mission Park, Stage 1 – Pickleball, Under Required COVID-19 Guidelines

9) Board Member Comments

10) Next Meeting/Adjournment

Next regular GRF Board of Directors meeting

Tuesday, July 28, 10 a.m., Clubhouse 4

GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents.

The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule (*meetings are dependent on orders related to COVID-19; check schedules for latest information*):

Tues., June 30	Special GRF Board Meeting CH 4, Livestream 1 p.m.
Wed., July 1	Physical Property Committee Clubhouse 4 1 p.m.
Thurs., July 2	GRF Board Executive Session Virtual..... 1 p.m.
Mon., July 6	Recreation Committee Clubhouse 4 1 p.m.
Wed., July 8	Security, Bus and Traffic Clubhouse 4 1 p.m.

GRANT from page 4

County and the City of Seal Beach. To qualify, applicants must be over 55 years of age and have an annual income as follows: One person, \$71,750; two people, \$82,000; and three people, \$92,920.

For more information, email monique@civicstone.com or call (909) 364-9000.

Revised 2020 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JULY	7	384	193	5	Fri. 2/14	Mon. 3/16	Sun. 6/14	2 nd Tues.	7/14	10 a.m.	
	10	276	139	5	Fri. 2/14	Mon. 3/16	Mon. 6/15	3 rd Wed.	7/15	10 a.m.	
	14	328	165	7	Fri. 2/14	Mon. 3/16	Tues. 6/16	3 rd Thurs.	7/16	10 a.m.	
	9	384	193	7	Fri. 2/14	Mon. 3/16	Wed. 6/24	4 th Fri.	7/24	10 a.m.	Parcels in effect
	8	348	175	5	Fri. 2/14	Mon. 3/16	Sat. 6/27	4 th Mon.	7/27	10 a.m.	
	4	396	132	3	Wed. 2/12	Fri. 3/13	Mon. 6/22	4 th Wed.	7/22	10 a.m.	Staggered terms
	16	60	20	5	Wed. 2/12	Fri. 3/13	Mon. 6/22	4 th Wed.	7/22	2 p.m.	Election & Annual Meeting held in Admin. Conf. Room
AUGUST	11	312	157	6	Fri. 2/14	Mon. 3/16	Tues. 6/23	4 th Thurs.	7/23	10 a.m.	
	Golden Rain Foundation				Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
AUGUST	Mutuals 2, 4, 6, 8, 10, 12, 14 & 16				Wed. 3/4	Fri. 4/3	Sun. 7/5	1 st Tues.	8/4	10 a.m.	New directors will be installed at GRF Annual Meeting on 8/11
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
AUGUST	6	408	136	7	Fri. 2/14	Mon. 3/16	Wed. 7/8	1 st Fri.	8/07	10 a.m.	
	1	844	282	5	Fri. 2/14	Wed. 3/25	Sat. 7/11	2 nd Mon.	8/10	10 a.m.	Staggered Terms
	5	492	164	4	Tue. 2/25	Thur. 3/26	Sun. 7/12	2 nd Tues.	8/11	10 a.m.	Staggered Terms.
	3	432	217	7	Fri. 2/21	Mon. 3/23	Mon. 7/13	2 nd Wed.	8/12	10 a.m.	
	12	452	151	7	Thur. 2/27	Sat. 3/28	Tues. 7/14	2 nd Thurs.	8/13	10 a.m.	Parcels in effect
	2	864	288	9	Fri. 2/21	Tue. 3/24	Wed. 7/15	2 nd Fri.	8/14	10 a.m.	
	15	502	168	7	Fri. 2/28	Tue. 3/31	Wed. 7/22	3 rd Fri.	8/21	10 a.m.	
	17	126	65	3	Tue. 3/10	Thu. 4/9	Sun. 7/26	4 th Tues.	8/25	10 a.m.	Staggered Terms.

NOTE:
* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.
** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.
*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.
Revised 5/1/2020

405 Freeway Project Updates

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

• I-405 Northbound Off-ramp on SB Boulevard to Close

The northbound I-405 off-ramp to Seal Beach Boulevard will close for approximately one

Dial-A-Ride Alert

The Senior Shopping Shuttle to Ralphs, Target and Sprouts has been canceled until further notice. Dial-A-Ride service will be available for shopping trips within the City of Seal Beach.

Service is available at no cost Monday-Friday, from 7:30 a.m.-2:30 p.m. Advance reservations are required by calling (877) 224-8294. To ensure eligibility, contact California Yellow Cab, (714) 427-2555, and ask for Melissa Gomez or Cristina Valle.

Cindy Tostado, GRF member resources and assistance liaison, is available to help people register for service by appointment. To make an appointment, call 431-6586, ext. 317. Residents will need proof of residency and date of birth to register.

For additional information on the Dial-A-Ride program, contact Iris Lee at Seal Beach City Hall at (562) 431-2527, ext. 1322, ilee@sealbeachca.gov or AskCityHall@sealbeachca.gov.

Other transportation options are available. The Orange County Transit Authority bus service is offered from the LW Main Gate bus station. OCTA Route 42/A eastbound makes 13 daily trips from the Main Gate between 7:53 a.m.-5:47 p.m. to a stop near the Old Ranch Shopping Center (Ralphs/Target). Route 42/A westbound makes 12 daily trips from the Main Gate between 8:33 a.m.-5:53 p.m. to the Vons/Pavilions shopping center on Pacific Coast Highway; senior fare: \$1.50.

month starting June 29. The ramp will be reconstructed as part of the freeway widening.

• Bolsa Avenue Bridge closures are set to continue

Crews are installing a temporary waterline in the Bolsa Avenue bridge over I-405. This work requires nightly bridge

closures for approximately three more weeks. Closures are set for 9:30 p.m.-6 a.m.

The 405 Community Outreach Team will provide detailed schedule, closure and detour information in future alerts. [images/freeways/405/405closures.pdf](#) or call (888) 400-8994.

Schedule of Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (*schedule subject to change*).

Thurs., June 25	Mutual 1 Zoom conference call9 a.m.
Fri., June 26	Mutual 6 Zoom conference call 9:30 a.m.
Tues., July 7	Mutual 16 Zoom conference call 9:30 p.m.
Tues., July 7	Mutual 17 Zoom conference call 1:30 p.m.
Wed., July 8	Mutual 4 (open forum, 9:15 a.m.) Zoom conference call 9:30 a.m.
Thurs., July 9	Mutual 12 Zoom conference call9 a.m.
Fri., July 10	Mutual 3 Zoom conference call9 a.m.

Law Offices of: John E. Trommald, APC

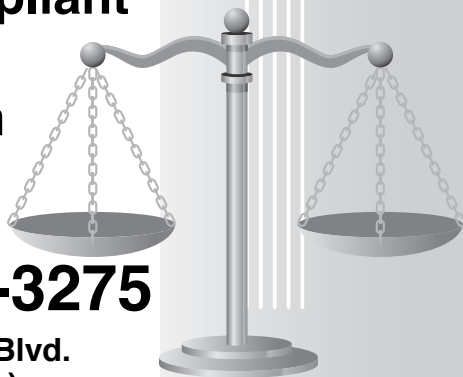
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Religion

Congregation Sholom

Rabbi Rachel Axelrad will stream Friday night services at 6:30 on June 26 on The Congregation Sholom of Leisure World Facebook page. Select the “Rooms” tab, then click on “Jewish Activities” and “Join to Restart.” Rabbi Axelrad will also be on Facebook for Saturday morning services at 9:30 on June 27.

On Sunday, June 27, Congregation Sholom will host an online game night run by Sandy Gefner at 4 p.m. To join, go to Facebook, search for Congregation Sholom, click on rooms, then click on BINGO.

The book club is reading The “Weight of Ink” by Rachel Kadish. It is a long book, so this Shelter in Place will allow readers enough time to finish it. The book club will meet on July 21 at 1:30 p.m. in the book club room on Congregation Sholom’s Facebook page to discuss the book.

Anyone who wants to become a member to participate in the live stream services on the Congregation Sholom of Leisure World Facebook page should call Ron Yaffee at (562) 430-7040.

The LW Weekly
430-0534

ASSEMBLY OF GOD

A call to return to your first love

Michael Bogdan will deliver a message titled, “Returning to Your First Love” for this Sunday’s videotaped service. He counts Pastor Sam Pawlak as his mentor, great friend and resource in the word of God. Michael is currently studying for the ministry at the Southern California Network/Assemblies of God in Irvine and his goal is to become a credentialed pastor. He has been married to Heidi for eight years and started attending Leisure World Assembly of God with her and her parents, Walter and Diana Mushagian.

The DVD’s of each Sunday service are duplicated by Richard Ryals and then delivered on Monday or Tuesday to members of the congregation. During the closures of clubhouses in Leisure World this keeps the people encouraged, informed and helps them to feel connected.

Pastor Sam will bring a devotion via Facebook this Sunday at 10 a.m.

In preparing for Sunday’s message, consider reading the book of Joel in the Old Testament, especially chapter 2. The prophet draws from the calamity of his days up to the time when God’s people will be oppressed, then restored at the coming of Christ.

Joel calls God’s people to repent, turn to God in sincerity: do it with all your heart. Sincerity is often marked by action and emotion, by weeping that destroys pride and by mourning which makes people defenseless. God is gracious and merciful, slow to anger and of great kindness (Romans 2:4).

“Return” means go back to where one was before. Believers should consecrate themselves to God and his word.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

“Can You Hear the Music?”

By Jim Greer
LW contributor

“We sometimes fail to recognize the sublime voice of the Spirit and disregard the profound and beautiful message our loving heavenly father imparts to us.” Elder Dieter F. Uchtdorf of the Council of the Twelve Apostles made this statement in a Devotional address at Brigham Young University, reminding everyone that the Father communicates through the divine music of the Spirit.”

LDS, page 7

Beit HaLev

Beit HaLev is now conducting services on Zoom. The coronavirus has opened up a new method of communication for those who are sheltering in place. Anyone interested in joining the Beit HaLev Zoom community for services and Hebrew lessons, contact the rabbi at (562) 715-0888 for access and instructions on how to use Zoom.

Beit HaLev continues to livestream on Facebook and YouTube as well. To attend, go to [Facebook.com/galityomtov](https://www.facebook.com/galityomtov) or [YouTube.com](https://www.youtube.com) (Shabbat Shalom LIVE! channel). Evening services begin at 6 and morning services begin at 10:30.

A link to the PDF version of each prayerbook is provided at each service.

This week Rabbi Galit Shirah will read from “Korach” (Numbers 16:1-18:32). The reading describes two distinct rebellions to the leaderships of Moses and Aaron. In the first rebellion, their cousin Korach challenges the decision that not all members of the Levite tribe should be considered holy enough to be considered for the priesthood. The second rebellion, led by Dathan and Abiram, challenged Moses’ leadership. Both insurrections are punished by fire and earthquake.

Rabbi Galit Shirah conducts a weekday Ma’ariv service every Thursday for Sim Shalom, the Online Synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To count the Omer, say Kaddish, pray for healing or to hear a spiritual message, go to [SimShalom.com](https://www.SimShalom.com).



Rabbi Galit Shirah

FIRST CHRISTIAN CHURCH

Observing the first and second greatest commandments

By Bruce Humes
Pastor

In Matthew 22:34-40 we see Jesus has been teaching to the multitudes, and the crowd was astonished by his teachings, as verse 33 tells us. “But, when the Pharisees (a Jewish sect, which held a to a strict observance of tradition and written law) heard that he (Jesus) had silenced the Sadducees (another Jewish sect, who denied the resurrection, existence of spirits, and held to the written law only, no tradition) they gathered together. Then one of them, a lawyer, asked Jesus a question to test him (this lawyer was probably a scribe, well versed in the law and was trying to trap Jesus). “Teacher, which is the great commandment in the law?” (more than likely referencing the 10 commandments) But Jesus, said to him, “You shall love the Lord your God with all your heart, with all your soul, and with all your mind. This is the first and great commandment.” Then Jesus goes on to say, “And the second is like it: You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets.”

Jesus didn’t bring up any of the written law or reference any of the prophets. He gives a new greatest commandment and a second one that is like it.

Jesus’ first commandment shows the obligation man has in his relationship with God. We (mankind) shall love the Lord our God with all our heart, soul, and mind (Mark’s account adds “with all your strength”). These three areas of our person show us just how deeply we are to love God. We are to love him with everything that is within us. In Matthew 6:33, Jesus instructed us to “Seek first the kingdom of God and his righteousness,” that’s just another way of Jesus telling us to love him first, with everything we’ve got. It feels like a difficult task, because we as humans have weaknesses, frailties and are imperfect sinners. Yet we (as believers) are obligated to strive to seek the kingdom first if we love God. As I ponder this commandment in my own relationship with the Lord, I recognize just how woefully short I come.

Then Jesus tells us to “love our neighbors as ourselves.” This commandment does not mandate self love, but rather prompts believers to measure our love for others by how we wish to be treated. Matthew 7:12 says, “Therefore, whatever you want men to do to you, do also to them, for this is the Law of the Prophets.” If we could all live by these two commandments, the world would be a much better place to live.

If you wish to speak to someone at the church or if you have a need, call the First Christian Church office at (562) 431-8810. Leave a recorded message and someone will return your call as soon as possible.

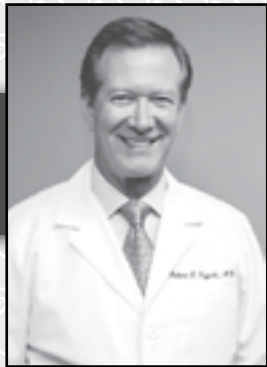
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By **Lisa Rotchford**
Reverend

This week marks the 100th day since the pandemic shutdown began. One hundred days of waiting and watching, following numbers and news conferences. Hoping for good news.

The Bible has more than 100 verses that center on hope. Our ancestors in the Holy Scriptures went through extremely difficult times. Their faith saw them through and our faith can see us through as we continue to wait. The prophet Isaiah reminds us that “those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” (Isaiah 40:30-31)

The word Gospel means “good news.” Martin Luther called Paul’s letter to the Romans “the heart of the Gospel.”

In the fifth chapter of the letter he reminds us that “...we can rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us” (5:3-5). God’s love surrounds us as we hope and rest assured in God’s presence.

It is hard to see hope, “but if we hope for what we do not see, we wait for it with patience” (8:24-25). Perhaps best put succinctly: “Rejoice in hope, be patient in tribulation, be constant in prayer” (12:12).

Paul wrote this letter while facing trial in a Roman prison. He encourages the reader with his undying faith, bound in hope, patience and prayer: “May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.” (15:13)

We can face tomorrow with hope, patience and prayer knowing that the joy, peace and love of God will be with us.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The 13th Sunday in Ordinary Time on Sunday, June 28.

The First Reading is 2 Kings 4:8-11, 14-16A and the Second Reading is Romans 6:3-4, 8-11. The Gospel reading will be from Matthew 10:37-42. The Alleluia comes from 1 Peter 2:9 “You are a chosen race, a royal priesthood, a holy nation; announce the praises of him who called you out of darkness into his wonderful light.

Masses

Holy Family Church celebrates Sunday Mass at 8 a.m., 10 a.m. and noon; the Vigil Mass is 5 p.m. Saturday; daily Mass is 8:30 a.m., Monday–Saturday.

Confessions are Saturdays and eves of Holy Days: 4–4:45 p.m. First Fridays start at 9:15 a.m.

LDS

from page 6

For some, hearing God’s voice seems intuitive. For others, belief comes slowly and is difficult or frustrating. Regardless, the one collective responsibility we all share is to learn how to find God, and to follow his voice, even amid the clamor and noise of the world.

In our efforts to seek the truth and hear God’s voice, the Doctrine and Covenants teaches that we “must study it out in our mind” and then “ask if it be right.” We learn that “the Spirit shall be given unto you by the prayer of faith.” And, “He that receiveth light, and continueth in God, receiveth more light; and that light groweth brighter and brighter until the perfect day.”

Elder Uchtdorf reminds us of the three caveats to remember in seeking the music of the Spirit. First, this light will come in God’s time, not ours. Second, it will come in God’s way—a way we might not expect or even want. Third, it comes as we believe.

To desire to believe means to open your heart to the possibility of spiritual things, to lay aside skepticism and cynicism. Our first glimpses of belief lead to faith, and faith grows stronger day by day until it shines brightly within you.

With that brightness of faith, we can confidently ask our Father for more light and truth. Even if it takes your entire life to find that faith, it will be well worth the effort.

In humility, we must understand that God is not a vending machine. Just because we put a prayer request into the slot, that does not mean an answer will appear immediately. But as we strive to follow the Savior and live his teachings, we receive favor from heaven. The process of learning to hear the voice of the Spirit not only refines us, but it also blesses us and directs our steps.

Our mistakes don’t define our lives, nor do they lessen our worth as a child of God. By exhibiting “godly sorrow” for our sins, we change for the better and become who God designed us to become.

Though we pray imperfectly and make mistakes, God will not find fault with us. He reaches out to us when we are struggling or failing. He reaches out to us, especially when we are struggling and failing.

Can you hear the music of the Spirit? Do you trust God, and have patience in his timeline? Then remember that following Jesus will refine and develop you, bestow direction, divine favor, and blessings. And know that the Savior’s love for you is greater than any of your mistakes.

As disciples of Christ, we strive to align our lives with his teachings. Even when we feel inadequate, weak, or of little worth, we can still hear the voice of the Spirit.

LW Baptist

By **Rolland Coburn**
Pastor

Shared life together is a joy and a necessity. It is what the church, the body of Christ, is all about. “Behold, how good and how pleasant it is for brothers to dwell together in unity” (Psalm 133). Assembled, the congregation experiences the joy of the Holy Spirit. Separate the coals and they cool and die; bring them together again and soon they glow and flame afresh.

From the beginning of the church, “they were continually devoting themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer,” (Acts 2:42).

The very basis of our life is sharing in common the salvation God has provided in His Son. “Indeed our fellowship is with the Father, and with His Son Jesus Christ,” (1 John 1:3).

Christian believers are reminded, “Let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near,” (Hebrews 10:24-25).

The collective assembly brings spiritual empowerment, when Christ’s followers come together in one place. “For where two or three have gathered together in my name, I am there in their midst” (Matthew 18:20).

The book “Life Together” emphasizes our need for each other to function, “The physical presence of other Christians is a source of incomparable joy and strength to the believer, a physical sign of the gracious presence of the triune God. How inexhaustible are the riches that open up for those who by God’s will are privileged to live in the daily fellowship of life with other Christians... Let him who has such a privilege thank God on his knees and declare it is grace, nothing but grace that we are allowed to live in fellowship with Christians.”

Pastor John MacArthur says that Holy Communion is a “wonderful collective expression of adoration and praise to our Lord for his death that ties us together and ministers grace to our hearts.”

SB Cornerstone Church

In response to growing concerns and state mandates regarding COVID-19, Seal Beach Cornerstone Church is providing an online service every Sunday at 10 a.m.

Anyone is invited to join the service online every Sunday at 10 a.m. on YouTube. The service is in Korean, however, one can use translated captions to worship in other languages.

To join, type in “Seal Beach Cornerstone Church” on YouTube. While physically gathering to worship together in the sanctuary is missed, this online worship helps the well-being of all the members. If you would like to contact Seal Beach Cornerstone Church or Pastor Kang, call (714) 402-9874 or (562) 331-6104.

COMMUNITY CHURCH

Embracing the church’s new normal

By **Johan Dodge**
Reverend

Pastors and their congregation want to go back to church. Some are suing to overcome prohibitions and some are trying to convince elected leaders to loosen restrictions. Ed Stetzer wrote an article titled, “If Costco can reopen safely, why not Illinois churches, Gov. Pritzker?” In his article, Stetzer proclaims, “If Costco can make it work, so can the churches.” Maybe they can. However, I want to point out that church is different than shopping at Costco. Stetzer calls on us to use science in our decision making, which is what I want to do. My thoughts are based partly on an excellent blog post by UMass Dartmouth Biology professor Erin Bromage. Bromage teaches courses on immunology and infectious diseases and has a research program in the evolution of the immune system.

My ideas here are also based on my experience as a church attendee and a shopper. Having done both for much of my life, I can safely say that full participation in church and going shopping are different activities. Church activities spread the virus.

First, let me pick some relevant material from Bromage’s article. An important principle developed by Bromage is this simple formula: Successful Infection = Exposure to Virus x Time

Humans spread a virus most efficiently by sneezing and coughing, but we also spread it by speaking and breathing. Sneezing and coughing expels hundreds of millions of viral particles, so it’s easy enough to understand why sick people should stay home. Bromage estimates it takes about five minutes of face-to-face speaking to transmit enough particles to make an infection possible.

Church meeting supporters might say that everyone will be wearing masks and staying six feet apart. However, there is the variable of time in Bromage’s formula. When people are shopping in grocery stores, they are moving around in large open spaces. They go in, do their shopping, and leave. That is not how people do church. They go in, sing, sit and listen to a 30-50 minute sermon, stand around and talk before finally leaving, often in a small room. Sitting around for a couple of hours with a virus in the room isn’t like shopping in Costco.

Bromage describes several instances of how infections spread in restaurants, work places, sports venues, parties, and choir practice.

Singing, to a greater degree than speaking, aerosolizes respiratory droplets. Deep-breathing while singing facilitated those respiratory droplets getting deep into the lungs. Two and half hours of exposure ensured people were exposed to virus over a long enough period of time for infection to take place.

I have been pleasantly surprised at how well evangelicals have followed good practices in moving to online services. Of late, however, many people have suggested that churches have a right to meet and that if people can gather in shops, they should be able to gather in church. However, going to church is not like shopping or even eating out. Consider the following reality, in South Korea, much of the spread was due to a new religious movement where a single infected person spread the virus to many people in church. Cases of COVID-19 have been related to Mother’s Day services in two Californian churches. In one church, at least nine cases are tied to the church service and in the other, two cases are related to church attendance. In April, a Russian language evangelical church near Sacramento was the center of an outbreak. Seventy cases of COVID-19 were traced back to the church. Small group gatherings may have contributed to the spread of the virus.

Churches closed down during the Spanish Flu pandemic until it was safe to meet again. We should be patient and follow their example.

Warren Throckmorton’s blog contorted greatly to this article. To view it in its entirety, visit www.wthrockmorton.com.

Community Church’s weekly worship is now on Facebook and fellowship will soon be on Zoom but it is from our homes that the work of the church is currently taking place. Yes, the building is still closed and we are waiting to celebrate the reopening in a grand fashion, but until then, the church was never closed and if anything, we have only become closer and more active.

If you are in need without another way to address that need, you may call the church office at (562) 431-2503

Faith Christian Assembly

“A capacity and taste for reading gives access to whatever has already been discovered by others” said Abraham Lincoln. With that in mind, Faith Christian Assembly has a library that is filled with books that are sure to inspire and encourage. C. S. Lewis said, “We read to know we are not alone.” We are sadly living in a day when according to statistics, 42 percent of college graduates never read another book after graduating. So, come on over and check out a book. Faith Christian Assembly’s Library is open every Tuesday from 9 a.m. – 1 p.m.

Out of an abundance of precaution as the church meets in person, all of those who attend will have their temperature taken at the door, must wear a mask and sit socially distant from others. Those who are uncomfortable venturing out can participate in Faith Christian Assembly’s conference calls during service times. Call (425) 436-6371, access code 576671#.

Due to COVID-19, Faith Christian Assembly is not currently having its regular ministries at this time, but will resume as soon as possible.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit www.FCAchurch.net.



Arts & Leisure

GAF SHREDDING SERVICE

Drop off sensitive documents on July 9

The Golden Age Foundation (GAF) will sponsor a free shredding service in the Clubhouse 2 parking lot on Thursday, July 9, at from 10 a.m.-noon. Because of COVID-19 restrictions, the following requirements are in place:

- People must be prepared to social distance and wear masks when dropping off materials to be shredded.
- Shareholders will drop their papers and go; there will be no waiting.
- No cardboard boxes can to dropped off; put papers in plastic or brown paper bags.
- There will be no chairs to sit on; no line will be allowed to form.
- GAF volunteers will monitor bags until truck arrives to pick them up.

For better shredding service, shareholders should:

- Remove staples and paper clips.
- Bring only papers to be shredded, no electronic devices will be accepted.

- Contaminated bags will be turned away.

Shareholders can also dispose of used household batteries at this event.

The GAF is an independent nonprofit, 501(c)3 charitable organization dedicated to serving the residents of Leisure World. The GAF was established in 1973 and is not affiliated with the Golden Rain Foundation.

All GAF programs are provided free to Leisure World shareholders. The GAF is entirely staffed by volunteers, so all contributions go directly to meeting community needs. The generous support of shareholders, residents, clubs organizations and businesses is the main source of income.

For more information, contact Anna Derby at (562) 301-5339.

Video Producers Club Zoom

The Video Producers Club is offering free Zoom classes at 10 a.m., Monday-Friday, and a Zoom Party Social on Saturday at 5 p.m. Classes are as follows:

• Monday, 10 a.m., intermediate Zoom class for Windows and Android users with Joe Osuna, host. For an invite to his class, email joosuna29a@gmail.com.

• Monday, 2 p.m., Zoom class for iPad and Mac users with Fred Carpenter, host. For an invite to his class, email sail1942@gmail.com.

• Tuesday, 10 a.m., Zoom on Windows with guest lecturer Miryam Fernandez with Bonnie Cooper. Email mzzmimm@gmail.com for an invitation.

• Wednesday, 10 a.m., beginners Zoom class Windows and Android users with Joe Osuna, host. For an invite to his class, email joosuna29a@gmail.com.

• Thursday, 10 a.m., beginner's Zoom class for Windows and Android users and for beginning Video Producers with Joseph Valentinetti, host. For an invite to his clas, email 0501042@gmail.com.

• Friday, 10 a.m., guest lecturer Bob Cohen in Friday Morning Tech Talk; learn more about technology each week. Email bob@bobology.com for an invite or visit the calendar at www.bobology.com.

• Saturdays, 5 p.m., Zoom Party Social, hour open to all residents, hosted by Joseph Valentinetti. For an invite to the party, email 0501042@gmail.com.

—Joe Osuna

LW RECREATION

Some amenities are now open for business

On May 15, the GRF Board of Directors approved the reopening of some of the outdoor facilities, under the required COVID-19 guidelines. The Golf course and the Putting Green are now open as well as Veterans Plaza by reservation only for qualifying exercise clubs. Mission Park, which includes Pickleball/Multipurpose Courts, is scheduled to reopen in two stages at a date yet to be determined. All participants will be required to wear masks and, in some cases, gloves, as well as maintain social distancing. Recreation has coordinated with custodial contractor ICS to clean all touch surfaces at 20- to 30-minute intervals (depending on the venue).

While some restrictions may seem cumbersome, GRF's priority will always be the safety of its members.

With any activity in LWSB: Do not play if you are exhibiting any symptoms of COVID-19: mild to severe respiratory illness with fever, cough and difficulty breathing or other symptoms identified by the CDC; have been in contact with someone with COVID-19 in the last 14 days; or are a vulnerable individual. A vulnerable individual is an elderly individual and/or an individual with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity and asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

More Golf Course Protocol Changes You Need to Know

The Golf Course opened on May 26 under strict guidelines. Parts of the protocol have been adjusted after observation during the first weeks of play (note the areas in **bold print** which reflect those changes). As always, all participants are required to wear masks as well as maintain social distancing.

• All rounds will be booked through the Golf Starter by **email only**. The hours of play will be from 8:15 a.m. to 4:30 p.m.

• Golfers are **no longer limited to playing once a week**, providing there is space available. Email requests will always take precedence; however, golfers may call on the day of play to see if any openings are still available. Walk-ups may be permitted at the sole discretion of the starter under the same condition.

• A round is nine holes. At the discretion of the Starter, a second round during a tee time may be allowed if the schedule permits.

• No tournament play will be allowed at this time.

• Golfers are required to book the day before their actual tee dates and times by email.

• In order to simplify requesting a tee time, a special form and web address are now available. Go to <http://www.lwsb.com/reserve/> to book your tee times.

• All tee times for Saturday, Sunday and Monday must be emailed by 4 p.m. on Fridays

• Only rounds of one or up to three golfers will be permitted and the names of all golfers must be submitted at the time of booking with Mutual and apartment number.

• Golfers must state three tee times, in order of preference, in case their first choice is not available

• Golfers may not arrive sooner than 10 minutes before their tee times and all tee times will be spread 10 minutes apart.

• Masks and 6-foot distancing will always be required.

• No gathering will be permit-

ted before or after rounds have been played.

• No golfer may touch any other golfer's equipment, including golf balls.

• The Starter Shack will be closed to all gatherings and will only be available for restroom use.

• The Starter can only be addressed through the protective window area.

• The putting green area will also be open with all required restrictions. **The hitting cage remains closed.**

• The Golf Starter will have the final say in all matters.

• The following are additional restrictions on the course: No

GOLF, page 10

Monday, Friday Golf Leagues

The Men's Monday and Friday Golf Leagues have restarted after the COVID-19 quarantine.

Monday golfers met June 8, at the David L. Baker Golf Center in Fountain Valley, 11 men and two women tackled the par 62, 4000-yard executive course. Scores were excellent despite the blazing sun, the heat, and the three-month layoff. The course was in excellent shape and was attacked by the competitors.

All scores are net (actual score minus handicap).

Monday Golf, June 8, David L. Baker Golf Course:

A Flight Winners:

• First place: Fujio Norihiro, 8 under 54; second: Dave LaCascia, 5 under 57; third: tie between Gary Stivers and Bill McKusky, 4 under 58; fourth: Sam Choi, 2 under 60; fewest putts: Jerry Hore; birdies were carded by Fujio, two; and Dave, Gary and Bill one each. Sam was closest to the pin on hole No. 15.

B Flight Winners:

• First place: Liz Meripol, 11 under 51; second place: John Meyer, 2 under 60; third: Bob Mun, one under 61; fewest putts: Liz Meripol; John Meyer was closest to the pin on hole No. 3.

Monday Golf, June 15, Meadowlark Course, Huntington Beach

A Flight Winners:

First place: Dave LaCascia, 3 under 67; second: tie between Sam Choi and Bill McKusky, 2 under 68; third: Gary Stivers; fifth: Fujio Norihiro fewest putts: Fujio. Birdies were carded by Sam Choi (2), Fujio and Dave, who was also closest to the pin on the 140-yard par 3 hole No. 7. Gary was closest on the 150-yard par 3 hole No. 15, which was complicated by both the wind and the elevated tee.

B Flight Winners:

First place: John Meyer, 1 over 71; second: Liz Meripol, 3 over 74; third: Bob Munn; fourth: Bill Zurn; fewest Putts, John Meyer.

Friday Golf, June 12, Riverview Golf Course:

A Flight Winners:

First Place: tie between Bill McKusky and Sam Choi at 6 under 64; second: Ron Jackson, 1 under 69; third: Fujio Norihiro, even par 70; fourth: Dave LaCascia; fifth: Paul Cose; sixth: Gary Stivers; Sam and Paul had birdies; Bill had fewest putts, and closest to the pin on hole No. 14 was Fujio.

B Flight Winners:

• First Place: John Meyer, 2 under 68; second: Lowell Goltra; third: Liz Meripol; fourth: Bob Munn; John also had fewest putts, a birdie, and closest to the pin on hole No. 9.

Friday Golf, June 19

The Men's Friday Golf played at Willowick Golf Course in Santa Ana on June 19. Eight men and one woman challenged the par 72, 5800-yard course. The weather was cool and overcast until the last few holes. Even with the long par 3's and the two longest par 5's that the league plays, scores were not unusually high. The course was in fairly good shape and was a challenge to the competitors. Accordingly, there were no birdies for this round.

All scores are net (actual score minus handicap).

A Flight Winners:

First Place: Paul Cose, even par 72; second: Dave LaCascia, one over 73; third: Gary Stivers, two over 74; fourth: Bill McKusky, 4 over 76; fifth: Sam Choi; sixth: Fujio Norihiro. Gary had fewest putts and Dave was closest to the pin on the par 3, 150-yard 4th hole.

B Flight Winners:

First Place: Bob Munn, a nice 1 under 71; second: John Meyer; third: Liz Meripol; Bob also had fewest putts.

Friends, ladies, spouses and family are all welcome to play and/or join.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana and Willowick in Garden Grove. Club membership is not required.



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The Golden Age Foundation wishes to thank all our volunteers for both their service to the Foundation, as well as their service to our community. Due to the COVID-19 pandemic the annual Golden Age Foundation Luncheon was cancelled.



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Anna Derby
Beth Greeley
Carl Kennedy
Diana Lambert
Gail Levitt
Geneva Potepan
John Hlavac
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Lillian Silva
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Sophia Peng
Sue Warnke
Sybil Tanabe



Note: Every attempt was made to include the names of all volunteers. Please accept our apology if your name was not included. The Golden Age Foundation also extends our sincere thanks to many volunteers who helped with sewing of over 4,000 masks for our fellow shareholders. These photos were taken before COVID-19.

Health & Fitness

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc. (MOWLB), delivers freshly cooked meals daily, Monday thru Friday, between 10:30 a.m.-12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and 8oz. carton of 1 percent milk. The cold lunch may be an entree salad or a sandwich with a small side salad. A diabetic dessert is available for those in need. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Caron before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, June 25: Roasted pork loin with honey mustard sauce, au gratin potatoes, Brussels sprouts, carrot cake, ham and cheese sandwich with lettuce, tomato and pickle, carrot and pineapple salad.

Friday, June 26: Beef teriyaki, brown and wild rice, Oriental vegetables, fresh apple, entree Greek chicken salad, tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

Monday, June 29: Oven baked chicken leg and thigh, macaroni and cheese, California-blended vegetables, vanilla chocolate swirl pudding, chicken salad sandwich with spinach and tomato, marinated beet salad.

Tuesday, June 30: Stuffed bell pepper, garlic and chive mashed potatoes, seasoned broccoli, fresh pear, entree Cobb salad with turkey, ham, egg, cheese, bacon tomato with blue cheese dressing and crackers.

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OPTUM CARE

Managing seasonal allergies

Now that those gray skies are clearing up, we can expect higher amounts of pollen and other irritants in the air. These may just be a nuisance or they might have a serious impact on your health. Here are some ways you can stay healthy:

Every day- Check the weather report each day. Pay attention to the pollen counts. If pollen counts are high, try to avoid outdoor activities.

On the go- Keep allergy medications on hand. If you have an inhaler, bring it with you. Your face mask or covering can also help protect you, so keep it on.

At home- Keep doors and windows closed on windy days. If you have air filters, use them when you're home. Change your clothes if you have been outside - pollen can stick to your clothes until they are washed. If you have pets that go outside, pollen can stick to their fur. Brush or wash your pets regularly to remove pollen and dust.

Managing symptoms

There are some easy-to-use medications you can buy at the nearby pharmacy:

- Antihistamines: these help treat sneezing, runny nose, and itchy eyes. Common types include Allegra, Claritin, and Zyrtec.
- Decongestants: these help treat stuffy nose. But they can increase your blood pressure and heart rate, so check with your doctor first.

If your allergies are still pretty bad, or if you develop a cough or fever, you may want to call your primary care doctor. He or she can help you consider other treatments.

-Carson Blomquist

GRF

Recieve help from Assistance Liasion group

The Member Resource and Assistance Liaison is dedicated to improving the quality of life for residents. The Member Resource Liaison is available for crisis intervention, link-ages to community resources, and support. To receive the confidential and free service, contact this department if you are:

- Grieving the loss of a loved one
- Caring for an ill or aging relative
- Coping with a life changing diagnosis
- Making long-term care arrangements
- Feeling overwhelmed and stressed
- In need of assistance in your home
- Interested in a volunteer opportunity
- Homebound and in need of a friendly visitor

Contact Cynthia Tostado, LCSW Member Resource and Assistance Liaison, at (562) 431-6586, ext. 317 by appointment only.

LIONS CLUB

Free reading glasses available

The Lions Club of Seal Beach has been distributing free reading glasses in Leisure World for the past several weeks. Over 200 pairs of glasses have been handed out to 50 plus residents so far.

There are still readers available with various strengths and an eye chart available in the Leisure World Health Care Center.

The Lions Club also has a collections box in the Health Care Center for any old/used prescription glasses that are no longer needed. The Lions Club recycles these and they are given to folks in need at our Vision Screenings in Southern California and Mexico.

Deliveries are still available by emailing Frank Brown, cbcdm-town@yahoo.com or Steve Hollen, commodoresteve@gmail.com.

Finding new ways to stay healthy during quarantine?
Email your **Health stories** to laurieb@lwsb.com

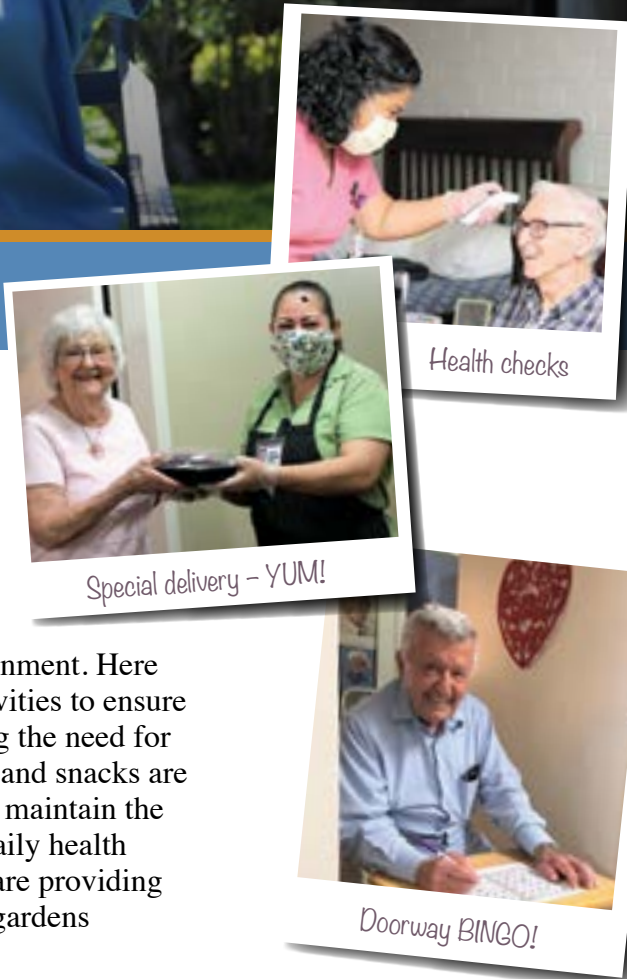


STAY ACTIVE. STAY SAFE. STAY ENGAGED.

How we do things may look a little different these days, but our ultimate goal of ensuring our Community Members are thriving at every season of life hasn't changed. If you've been considering a move to a senior community, Rowntree Gardens would be honored to help in your journey.

While this season of COVID-19 has brought some changes to senior living communities, we have embraced a new way of doing things to continue to provide a safe and enriching environment. Here at Rowntree Gardens, we have worked together to modify activities to ensure social distancing guidelines are maintained while also honoring the need for community interaction. A wide variety of chef-prepared meals and snacks are personally delivered to each apartment throughout the day. To maintain the safety of our community, our dedicated nurses are providing daily health checks to all Community Members and staff. And, finally, we are providing socially distanced outdoor activities, so that the beauty of our gardens can renew and rejuvenate spirits.

LET'S HAVE A CONVERSATION ABOUT HOW ROWNTREE GARDENS CAN BE THERE FOR YOU DURING THIS SEASON OF LIFE. WE ARE HERE AND READY WHEN YOU ARE.



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LW BIRTHDAY

Helga Weber turns 95 years old



Helga Weber from Mutual 5 was honored with a small gathering of family and friends in front of her home on June 18 to celebrate her 95th birthday. Her favorite Black Forest Cake, ice cream and coffee were served by her daughter and son. Helga has lived in Leisure World for 29 years, immigrated from Germany at the age of 23 and made Long Beach her home. She can regularly be seen walking with her caretaker son, Paul Weber. Always ready to socialize and comment on the beauty of the day, she is a joy to all who know her.

Celebrate Your Birthday with Us!
Email laurieb@lwsb.com
with photos attached as jpg files.

LW ANNIVERSARY

Donleys celebrate 73 years together

Charles and Polly Donley from Mutual 14 will celebrate their 73rd wedding anniversary, on June 28.

Charles is a WWII veteran. Together he and Polly have three children, Linda Allen, and Robert and Dennis Donley, and many grandchildren and great grandchildren. Their family says that they are a wonderful example of how love, laughter and friendship can lead to a lifetime of happiness.

They are celebrating their anniversary with friends and family at Las Brisas restaurant in Laguna overlooking the rose garden (roses are Polly's favorite) so they can enjoy the ocean breeze.



Charles and Polly Donley

Celebrating an Anniversary?
Email laurieb@lwsb.com
with photos attached as jpg files.

AA Friends

AA Friends meetings are continuing in Leisure World during the shut down of its clubhouse meetings. Those who would like to receive the online Zoom meeting codes, call (562) 500-5105 or (213) 248-0539.

E-mail **COMMUNITY** stories
to laurieb@lwsb.com

FALW

July 4 picnic now at Veterans Plaza

The Filipino Association of Leisure World's picnic for the veterans in Leisure World has been relocated to the Veterans Plaza between Clubhouse 3 and the Library on July 4 at 11 a.m. This event is an enjoyable affair for all LW veterans and their guests for a day of camaraderie and fun.

FALW has been sponsoring this annual event for the last nine years to honor the veterans who unselfishly sacrificed their personal safety or lives to preserve the freedom that we enjoy.

The Koffel Food Truck will prepare the food for the veterans. The menu provided by Koffel will be special for the veterans.

Those who would like to attend the event, should call FALW representatives and register for a gift and a face mask representing your military service branch. The face masks are donations of Bernie and Martha Goossens, both members of FALW. To reserve your spot, call Ren Villanueva at (562) 493-1406 or (323) 854-6209; Ric Dizon at (714) 225-3597; or Eileen Merritt at (562) 486-1252.

Vet Care Clinic



Leisure World Community Church, 14000 Church Street, is hosting its Vet Care Clinic on Thursday, July 16, from 9–11 a.m. The clinic is first come, first serve, and is a low-cost dog and cat vaccination clinic. Other services such as nail trim, glands, blood work, heart guard, flea and tick medicine will be available. Residents must wear a mask, gloves and stay six feet apart from each other. For more information, contact Elaine Miller at (925) 997-3412

SENIOR PATRIOTS FOR PEACE

Humanists join SPFP for vigil

On Thursday, June 18, the LW Humanists joined the Senior Patriots for Peace and others concerned about racism and police violence in the United States in a vigil to support the Black Lives Matter movement. The group shared 8 minutes and 46 seconds of silence to commemorate the death of George Floyd and many others at the hands of police brutality (see photo on page 10).

The vigil was held on the day before Juneteenth, when the Emancipation Proclamation ended slavery. Martin Luther King Jr. said, "Change does not roll in on the wheels of inevitability, but come through continuous struggle."

The Senior Patriots for Peace has stood for a fairer and less violent country and since its inception, and the American Humanist Association has advocated for racial equality and inclusion.

Over the past few weeks, millions of protestors have taken to the streets to demand change in the criminal justice system. The need for change is based on facts that haven't often been openly discussed; such as America has 4.5 percent of the world's population and incarcerates 25 percent of all the world's prisoners. America spends \$100 billion on policing and \$70 billion a year on incarceration. Even as crime is going down, incarceration goes up.

In 2019, police killed 1,096 Americans, while police in Norway killed one person and in Iceland and Denmark the figure was zero. America has longer prison sentences and harsher treatment of prison-

VIGIL, page 14

SBTV Listing

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at SBTV3.org.

Thursday, June 25

- 4 pm K9 Corner
- 5 pm Life and Times: Lawhead Brothers
- 6:30 pm The History of Seal Beach
- 7 pm The Spirit of Seal Beach
- 7:30 pm World's Fair Newsreel
- 7:45 pm Wally Schirra
- 8 pm On Q—8bit Jazz Heroes
- 9 pm Cerritos Center: Matt Mauser

Friday, June 26

- 4 pm Beginning of Leisure World
- 4:15 pm World's Fair Newsreel 1964
- 4:30 pm Lyon Air Museum
- 4:45 pm Wally Schirra
- 5 pm Beginning of Leisure World
- 5:15 pm ShelteratHomeEntertainment
- 6 pm LW Mystery at the Theater
- 6:40 pm Abilene Ampitheater
- 8 pm Life and Times: Lawhead Brothers
- 9 pm Cerritos Center: Golden Dragon Acrobats
- 10:37 pm Cerritos Center: The Four Tenors

Saturday, June 27

- 4 pm Wally Schirra
- 4:15 pm Lyon Air Museum
- 4:30 pm K9 Corner
- 5 pm McGaugh Patriotic Show
- 5:45 pm McGaugh 1st Grade Show
- 6:30 pm ShelteratHomeEntertainment
- 6:45 pm Lyon Air Museum
- 7 pm LAUSD
- 8:30 pm Cerritos Center: Riders in the Sky
- 10:15 pm Abilene Ampitheater
- 11:35 pm Bob Cole Conservancy

Sunday, June 28

- 4 pm SB City Council Meeting replay 6-22
- 5:35 pm Aquarium of the Pacific
- 6 pm Vintage Vehicles
- 7 pm Spirit of Seal Beach
- 7:30 pm History of Seal Beach
- 8 pm Wally Schirra/Newsreel 1964
- 8:30 pm Cerritos Center: In the Mood
- 10:15 pm Abilene Ampitheater
- 11:35 pm Bob Cole Conservancy

Monday, June 29

- 4 pm Harmonizing Humanity
- 4:30 pm Aquarium of the Pacific
- 5 pm Vintage Vehicles
- 6 pm McGaugh's 3rd Grade Show
- 7 pm Cerritos Center: Matt Mauser
- 9 pm Beginning of LW
- 9:15 pm World's Fair Newsreel 1964
- 9:30 pm LW Special Olympics
- 9:45 pm Cerritos Center: In the Mood

Tuesday, June 30

- 4 pm Harmonizing Humanity
- 4:30 pm Beginning of Leisure World
- 4:45 pm World's Fair Newsreel 1964
- 5 pm ShelteratHomeEntertainment
- 5:15 pm McGaugh - Go West!
- 7 pm Abilene Ampitheater
- 8:30 pm Cerritos Center: Matt Mauser
- 10:30 pm Bob Cole Conservancy
- Wednesday, July 1
- 4 pm LW's Special Olympics
- 4:15 pm Beginning of Leisure World
- 4:30 pm World's Fair Newsreel
- 4:45 pm McGaugh's 1st Grade Show
- 5 pm National Parks/Drone Club
- 5:30 pm Aquarium of the Pacific
- 6 pm History of Seal Beach
- 6:30 pm Spirit of Seal Beach
- 7 pm Seal Beach City Limits: Richard Hastings
- 8 pm Cerritos Center: Golden Dragon Acrobatics
- 9:37 pm Cerritos Center: The Four Tenors
- 11 pm Bob Cole Conservancy

*All programming is subject to change.

Democratic Club

By Mary Larson
LW contributor

The SBLW Democratic Club issued the following statement relating to the Black Lives Matter movement (*edited for brevity*):

“The killing of George Floyd, Breonna Taylor and too many others to be named has focused a painful spotlight on the racial injustices that still exist in our country. As Democrats who live in Leisure World, we pledge to listen, learn and work together with activists, community leaders, and our elected officials at all levels in the effort to create a more just community. We do this with the full knowledge that we, as a community of seniors, have a unique role to play within our rather sheltered enclave as well as in the broader community beyond our walls.

“We, individually and as an organization, are committed to working to bring about the elimination of all forms of dignity-destroying racism in Leisure World and beyond.

“We confess that we have much to learn. We won’t reach complete enlightenment in one day and suddenly say and do everything just right. It will require the recognition that we are imperfect; that we need to be constant listeners, willing to learn and to remain teachable.

“We also confess that we have known about the unequal treatment that has existed within our own community and beyond, and other than talking about it amongst ourselves, we have done little about it.

“We pledge to stand in solidarity with those who have been most directly impacted and fellow Americans everywhere who are calling for justice.

“We invite all those who are interested to listen and learn and, for those who are physically able to do so, to play a part – no matter how big or small - in creating a more just and equal community. We also seek discussion and input from anyone who can help us more clearly see our way forward.”

Adopted by the SBL Democratic Club Board of Directors on June 14, 2020.

Republican Club

By Brian Harmon
LW contributor

Slavery was made illegal and the Constitution was amended to require equal rights for all people during and immediately after the Civil War. One hundred years later, reality still did not match what the Constitution required. Throughout the country, African-Americans did not have equal rights. Many states passed local laws requiring segregation of races and discrimination against African-Americans.

A little over one year after the *Brown v. Board of Education* decision passed in 1954, Rosa Parks refused to give up her seat on a public bus on Dec. 5, 1955, resulting in the Montgomery, Alabama, bus boycott, organized by Dr. Martin Luther King Jr. This led to the Supreme Court requiring integration on all public buses in 1956. The boycotts marked the beginning of the Civil Rights Movement and eventually led to passage of the Civil Rights Act of 1964, which prohibited all racial discrimination.

Most conservatives felt that when Dr. King endorsed non-

violent civil disobedience against laws that he knew were unjust, it could lead to anarchy, the universal disregard for the necessity to follow the law. We conservatives failed to realize that, in the case of systematic racial discrimination, civil disobedience was the only way to effect change in an unjust system.

While conservatives no longer hold that belief, they at one time did not believe that the Constitution allows the federal government to tell people who they may or may not sell to. One (presumably hypothetical) example that was often cited by conservatives was Mrs. Murphy’s Boarding House. Who should decide who Mrs. Murphy may or may not rent to, the Federal government or Mrs. Murphy? Basically, it was a property rights argument, that property rights are human rights.

There is now a popular movement that desires to weaken the

ability of the police to arrest lawbreakers and confiscate illegal weapons, as well as weaken the power of the courts to put lawbreakers in jail. California has already pursued this policy to a great extent, and we are now seeing an increase in crime as a result.

This year conservatives must decide whether the murder of a black man by a police officer will cause us to reverse course in our fight against crime. The crime rate has fallen dramatically in the past 30 years, primarily in large cities with large black populations. This phenomenon has many causes, but two major causes were a change in police operations and in the sentencing of criminals. Conservatives must find the middle-ground between seeking justice and equality for those who have experienced racism or racial discrimination, without throwing away policies that keep the crime rate down.

SCRABBLE GRAMS SOLUTION

E	N	D	M	O	S	T	RACK 1 =	60
H	A	L	L	W	A	Y	RACK 2 =	66
I	M	P	O	U	N	D	RACK 3 =	62
E	A	R	W	O	R	M	RACK 4 =	86
L	A	Y	E	T	T	E	RACK 5 =	64

PAR SCORE 265-275 TOTAL 338

Crossword Answers

Crossword puzzle grid with answers filled in.

Sudoku 1 Answers

9x9 Sudoku grid with numbers filled in.

- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
- When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

YOUTH TULIP GHOPPY STRAND
When the owls made their plans, they were — IN CAHOOTS

Puzzle Answers

Puzzle page 18-19



Sudoku 2 Answers

9x9 Sudoku grid with numbers filled in.

Guess Who? Answer: Tom Holland

Crypto Fun Answers
A. sandy B. sunlight C. seagull D. swimsuit

Boggle BrainBusters Answers
ARE BAT BAWA WALE DEEP SEAL WALLE CANOE MOUSE HIGGEL

Word-Find Answers

Word-Find puzzle grid with words circled.

GOLDEN AGE FOUNDATION

Ralph's Reward Program can now be completed over the phone

In order to provide services, the Golden Age Foundation needs to raise funds. There are two easy ways to donate funds to GAF without any cost to donors.

Since March 16, the LW community has been asked to stay home and practice social distancing due to the COVID-19 virus. It made cooking from home an essential way of life and now there's a bigger need for grocery shopping than before for each household. While many shareholders spend a lot of money on groceries, there's a way to donate to GAF while grocery shopping.

One of the ways that people can help GAF is through the Ralph's Community Rewards Program. Sign up on www.ralphs.com. People will need their Ralph's Rewards Card number to register or the phone number associated with the account.

Those who don't have access to the Internet can sign up by phone registration. Ralph's Rewards registration number is (800) 443-4438. Be sure to let them know the GAF non-profit organization (NPO) number with Ralph's is FS 519.

This is a great opportunity for residents to help GAF as it works to enrich the lives of other Leisure World residents. Ralphs has announced that it is committed to giving \$2 million to NPOs over the next 12 months through its Community Contributions program. Just by signing up and doing their normal grocery shopping at Ralph's, LWers can help GAF obtain a portion of these funds at no additional cost.

The Smile.Amazon.com program is another unique, charitable award program for qualified non-profit organizations like the GAF.

By enrolling in Smile.Amazon.com and indicating the charitable organization as the Golden Age Foundation Seal Beach, every time someone shops on Amazon, the company will donate a percentage of the purchase to GAF without any additional cost. Here's how to sign up for the Smile.Amazon.com program:

1. Go to smile.amazon.com
2. Sign in with your existing Amazon account information. If you don't have an Amazon account, you can create one at www.amazon.com. It's easy and free!
3. Type in Golden Age Foundation, Inc. as the charity you'd like to support.
4. Make sure the location is Seal Beach, CA.
5. Click save, and then you're done!
6. Make sure to type in www.smileamazon.com each time you want to order something from Amazon when you shop.

For more information, call Anna Derby at (562) 301-5339.

Obituaries

Patrick Halloran March 1935 – May 2020

Patrick Halloran of Mutual 7 was born on March 30, 1935, and passed away peacefully at home on May 24, 2020.



He is survived by his loving wife of 59 years, Betty Halloran, four children, John (Rusty), Shawn, James, and Kathleen, six grandchildren and 10 great-grandchildren. He is also survived by his sister, Joyce and many nieces and nephews.

Patrick was an Army veteran, a dedicated athlete, competing in the legendary Iron Man competition twice and countless triathlons and decathlons, and was an inspiring businessman.

After a car accident that left him paralyzed from the chest down in 1989, Patrick immersed himself in investments and online business. For a few years, Patrick wrote a joke column for the CPVA as a way to bring laughter to other disabled veterans. Patrick will be interred on August 24, 2020, with military honors, surrounded by his family.

In Memoriam

Toni Corathers 73
Rafael Reyas 67
Gary Lough 70
Marie Erickson 65
Dolores Shannon 88
Karol Quinn 74
Brian Eyerly 66
Helen Coots 79
Kristen Brooks 61
Derrick Allen 65
Abilino Guillermo 73
Judith Quigley 72
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• An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

• Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for

each additional word.

• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

• A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

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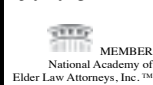
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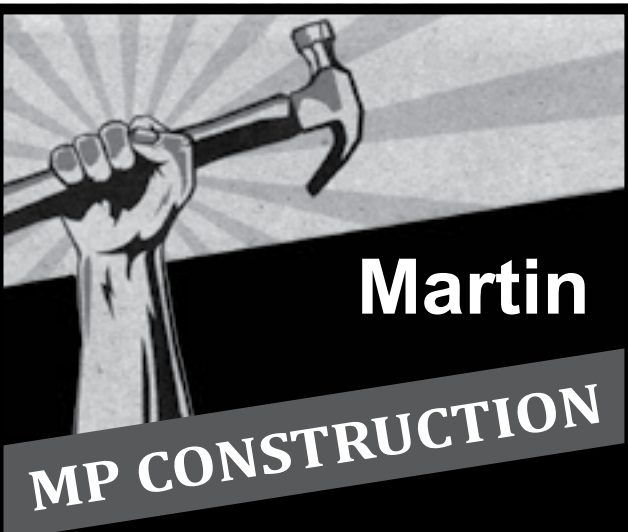
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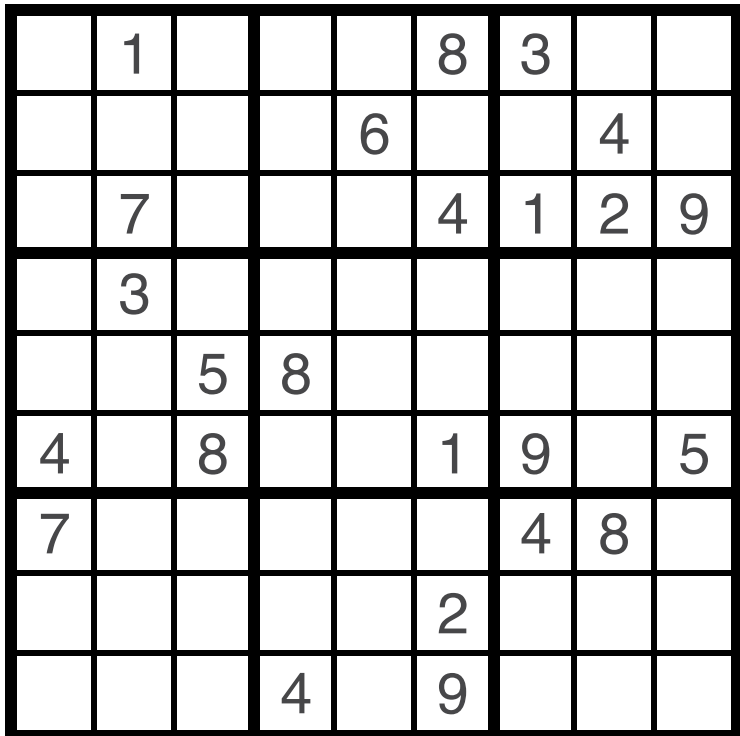
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Guess Who?

I am an actor born in England on June 1, 1996. I attended the BRIT School for performing arts and technology. Early in my career I was on stage as Billy Elliot. However, my acting web has now grown to include a popular superhero and many other notable roles.

Sudoku #2



Level: Advanced

Puzzles & Comics

Answers on page 14

⊙ * ☐ ⊗ ✕ ~ ● ♫ ◇ ✱ ⚡ + ≡ ❄️ ▲ ☾ ✨ ♂ ☆ ≧ ♏ Ω Ⓢ

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

☐ ☾ Ω ✱ ♂ ≡ ~ ★ +

Determine the code to reveal the answer!

Solve the code to discover words related to beach fun.
Each number corresponds to a letter.

(Hint: 16 = s)

A. 16 19 13 18 25

Clue: Covered in grit

B. 16 5 13 17 8 6 24 11

Clue: Solar illumination

C. 16 10 19 6 5 17 17

Clue: Coastal bird

D. 16 2 8 14 16 5 8 11

Clue: Water wear

By David L. Hoyt and Jeff Knurek

B	D	P	W	D
D	A	E	T	W
T	E	S	H	R
R	U	L	A	C
P	O	M	E	S

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- (3 letters = 1 point)
- (4 letters = 2 points)
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61-100 = Pro

31-60 = Gamer

21-30 = Rookie

11-20 = Amateur

0-10 = Try again

Boggle BrainBusters Bonus

We put some of our puzzling words into the puzzle grid. Can you find them?

Find AT LEAST 10 MAMMALS in the grid of letters

SURFER SLANG WORD SEARCH

H	U	M	P	B	A	C	K	A	L	O	G	W	I	K	D	Y	R	D	K
O	R	W	C	Y	P	P	R	I	B	L	T	U	M	Y	P	G	M	P	A
C	H	K	C	E	D	A	C	G	D	A	O	C	I	P	E	F	I	W	T
K	C	C	N	L	Y	W	T	U	M	R	C	S	I	A	T	S	O	O	B
Y	H	B	L	G	P	P	A	L	T	Y	A	K	A	I	W	G	F	B	B
F	A	C	B	E	H	O	A	A	L	B	I	O	S	E	P	N	C	C	O
L	N	B	M	R	A	A	U	D	S	F	A	C	B	I	R	I	M	C	O
O	E	S	C	G	F	N	W	W	D	T	W	H	F	E	D	D	U	C	R
A	L	P	Y	H	A	L	M	U	G	L	E	O	C	C	I	E	T	E	G
T	I	R	P	T	M	C	V	D	C	M	R	V	W	B	O	G	G	C	M
E	E	S	P	L	A	K	D	B	I	G	Y	C	P	I	K	L	O	A	O
R	B	C	P	M	M	G	P	A	T	B	I	E	S	S	A	W	U	O	D
O	U	P	H	I	E	V	C	C	O	A	R	T	S	A	T	A	V	F	B
D	T	T	C	N	U	R	S	K	N	R	I	Y	S	E	P	A	W	U	D
T	D	W	S	W	M	M	S	H	W	E	L	P	P	R	K	N	R	U	H
E	W	N	I	S	S	R	L	A	O	L	S	R	N	I	H	F	E	P	T
G	F	D	U	M	T	K	U	N	L	I	B	G	V	A	V	K	P	N	T
Y	L	I	A	D	O	G	V	D	B	O	U	S	G	L	G	G	C	U	O
R	O	P	E	B	A	W	C	L	N	I	B	A	I	G	L	O	M	S	K
T	O	P	A	V	A	W	C	L	N	O	B	A	I	G	L	V		M	H

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

AERIAL
A-FRAME
AIR
BACKHAND
BACKSIDE
BAIL
BARREL
BLOWN OUT
BOOGIE BOARD
BOOST
CHANNEL
CHOPPY
CLEAN
CUTBACK
DECK
DING
DUDE
EPIC
FLOATER
GLASSY
HUMPBACK
PADDLE
TUBE
WAVE

Holiday Carport Cleaning Reminder

No carports will be cleaned on Saturday, July 4. On Labor Day, Sept. 7, the holiday cleaning for Mutual 1, Carports 1-6, 9-10, and Mutual 17, Building 3, will be Monday, Aug. 31.

MASK
from page 1
bound residents who weren't able to stand in line for them.

GAF Mask Project
The GAF thanks the Golden Rain Foundation Board for opening the sewing room to people who are helping the Cover LW mask effort, including Ivy Kung, who has contributed to the production of almost 3,000 masks. A Mutual 1 shareholder, who wanted to remain anonymous, donated over 2,000 face masks to Golden Age Foundation to be used community wide for people who need them.

The GAF board has had two giveaways to distribute 1,450 masks that were either anonymously donated or made by GAF volunteers.

The Golden Age Foundation and Diana Harrison, who co-chaired the effort with Anna Derby, thanks its 50 volunteers: sewers, fabric and elastic cutters, runners who ferried supplies back and forth, and baggers who put masks in plastic bags and inserted notes on how to wash the masks.

"These three months have been very strange times," said Derby. "but we are here to support the community and protect it from the COVID-19 virus. We could not do this without volunteers contributing precious time. It shows how our community can rise to the occasion when necessary."

The Golden Age Foundation is nonprofit, charitable organization dedicated to serving the special needs of Seal Beach Leisure World shareholders.

LW Sewing Brigade
The Sewing Brigade has made more than 24,000 masks and distributed them in Leisure World and throughout the world since COVID-19 shut down the community in mid-March.

Led by Dean Jacobus and Yvette Louie, the group's count as of June 21 was 24,001 masks; volunteers were expected to turn in another 75-plus on June 22.

In its heyday, the brigade had more than 115 volunteers making masks in one job or another.

"There is still a small super group of five dedicated sewers who will continue to make masks as long as they can," said Jacobus.

The last big batch was shipped out June 19 a hospital in Arizona, a Navajo nation hospital, Children's hospital in Denver, several women's shelters and the Long Beach Rescue Mission.

This week the brigade also finished distributing 1,500 masks to Mutual Board directors for residents who could not attend the giveaways, said Jacobus. All together, the brigade has give away 5,000 masks inside Leisure World, in free giveaways, to mutuals, GRF staff including Security, Maintenance, The News Office and to the Health Care Center.

"It has been a wonderful project," said Jacobus, who thanked everyone for their support. "It just shows what a wonderful loving community we live in. Leisure World strong!"

FITNESS
from page 1

Health and fitness experts were consulted on how to make prime use of available space on the second floor of Clubhouse 6, which resulted in a complete reconfiguration.

Contractors are working on the new design, which relocates the dedicated space for a group exercise/dance room and includes a free weights station with mats, and more strength training and weight machines to improve balance and endurance, and cardio machines to burn calories.

The Fitness Room design is geared to accommodate a broad range of diverse requirements, encompassing the five major areas of a total fitness plan:

- Upper Body—arms, shoulders and upper back. Some of the most common exercises for the upper body are biceps curls, triceps curls, bench presses, overhead presses, lateral raises and upright rows.
- Lower Body—legs and glutes. Some of the most common exercises for the lower body are lunges, squats, step-ups, mountain climbers and squat-thrusts.
- Core—upper and lower abdominal muscles and back muscles. Some of the most common core exercises are sit-ups, push-ups (men's or women's), leg raises and planks.
- Cardio—exercises that increase the heart rate.
- Flexibility - to stretch and stay limber.

People who exercise tend to have improved immune and digestive functioning, better blood pressure and bone density, and a lower risk of Alzheimer's disease, diabetes, obesity, heart disease, osteoporosis, and certain cancers.

And LWers know this, hence the increasing (pre-COVID-19) attendance at the gym. According to GRF Recreation numbers, residents visited the gym more than 8,000 times a month, on average. In addition to the newly configured space, there will be fresh paint and special rubberized flooring designed to reduce slip-and-fall accidents.

In February, the GRF Board approved the Fitness Center expansion and design, and on June 4, it approved about \$200,000 for the project, which is now fully underway. Demolition is complete on the second floor; exercise machines have been moved to the first floor, where the Hospitality Center and Table Tennis area were.

An opening date for the Fitness Center has not been determined given the complication of the COVID-19 crisis.

Classifieds

GENERAL

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By Helen
LW Resident. (562) 419-3557
www.jafra.com/hwells
Cosmetics, fragrances,
Hand sanitizers available.
Business License #WEL0015. 06/25

AVON
Lenora Browning, LW Resident.
Phone 562-493-5457. Seal Beach
Business License #BRN000. 12/31/20

GARDENING

FRANK'S GARDENING SERVICE
Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

HANDYMAN SERVICES

Additions & Remodeling, Kitchen & Bath Remodeling, Windows, Tile & Stonework. State Contractor's License #393071.
OGAN CONSTRUCTION, INC.
(562) 596-7757. 03/31/22

562-596-0559
LW DECOR INC.
Remodeling/Renovations
New triple pane windows, laminate flooring, carpet patio tile/carpet. Painting ceilings made smooth, ceiling lights. Exterior windows, refaced kitchen cabinets, refaced granite quartz countertops.
Lic. #723262. 07/02
LW DECOR INC.
562-596-0559

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License #JRH0001. 07/02



MP CONSTRUCTION
General Contractor
Specializing in remodeling, Additions, Reconstruction, Window replacement and more!
Call for a free estimate.
562-746-5400.
License #954725. 04/22/21

BATHROOM REMODELING

We make your **SHOWER/TUB** brand new and/or convert it to a **WALK IN SHOWER** serving L.W. since 1999.
Nu Kote 562-833-3911
License #699080. 06/25

PAINTING

Painting - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call Jerry (714) 826-8636. CA State License #675336. 08/06

562-596-0559
LW DECOR INC.
Only premium paints, Ceilings made smooth. New handles-hindges Cown moulding installed.
License #723262.
LW DECOR INC
40 years in LW.
562-596-0559. 07/02



Read the paper online!
www.lwsb.com/newspaper

FLOOR COVERINGS

562-596-0559
LW Decor Inc.
Laminate, Vinyl, Plank, Patio tile and Patio carpet.
License #723262.
40 years in Leisure World.
562-596-0559. 07/02

310-261-0571
Interior Flooring Solutions
Hardwood floors, carpet, laminate, vinyl planks.
25 years experience.
Contractor License 1043763. 12/24

CARPET & UPHOLSTERY CLEANING & REPAIR

All Year Carpet Cleaning
We just cleaned your neighbor's house in Leisure World...
Would you like yours cleaned too?
Call Tito (562) 658 - 9841.
Since 1988.
State Contractors Lic. #578194. 07/30

SKYLIGHT SERVICES

SKYLIGHTS
CLEAN, REPAIR, REPLACE.
Licensed and insured.
Dan (562) 841-3787.
Seal Beach License #BRA0002. 07/02

WINDOW COVERINGS

LW DECOR INC.
Blinds, shutters, shades, 40 years serving Leisure World.
Contractor's License #723262.
LW DECOR INC.
562-596-0559. 07/02

WINDOW WASHING

WANT CLEAN WINDOWS?
I Clean Inside & Outside Or...
Clean Outside Only and Save \$\$\$.
(562) 600-0014. LW Resident,
Rich Livitsky. Seal Beach
Business License #LIV0004. 06/25

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9 am-5 pm, **(562) 596-9906.**

"ROLLIN THUNDER" GOLF CART CLUB
Offers FREE advice on buying and selling of your golf cart.
562-431-6859.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Maria Giegerich 562-596-9983. Free of charge.

HOME CARE PERSONAL ASSISTANT

Maria's experieced caregivers, run errands, Dr's appointments, cleaning, cooking, part-time, full-time, live-in. (562) 230-4648. Seal Beach Business License #CAM0006. 12/31/20

CHRISTIAN HOME CARE
Referral Agency. Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/ full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/insured. 12/10/20

EXPERIENCED CAREGIVER
Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please **Call Pampet: 562-371-4895.** Seal Beach License PAN0003 09/24

BEAUTY SERVICES

Tammy Nguyen Phenix Salon
- Service in private suite. One customer, one hairstylist. Sanitized & professional. Haircut for men & women, shampoo, set, color, highlights, perm, nails & toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Blvd, #116. **(714) 425-4198.** 09/03

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 07/16

Get the beautiful hair at home. Countless happy clients with good referrals. Gabriel (562) 708-3170 License #B50551. 08/06

HOUSE CLEANING

MOVE-IN, MOVE-OUT
WINDOWS,
HOUSECLEANING
CALL PHIL AT
562-881-2093
Over 30 years Experience!
Seal Beach Business
License #AB0001. 07/02

GRACIAN'S HOUSECLEANING & WINDOWS.
Windows 10% off first cleaning
General housecleaning
Excellent referrals in LW
(562) 307-3861.
20 years experience.
Seal Beach Business License
gra0006. 06/25

Patricia House Cleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659 Seal Beach License LUC0001. 07/16

Maria House Cleaning
We'll make your house look as nice as possible! 15 years of experience. We can work with your schedule. Bi-weekly or monthly. Deep cleaning.
Call or text 714-496-2885.
Bus. Lic #HER0008. 07/16

COMPUTERS

FRUSTRATED (562)755-6199
Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 08/20

AUTOS WANTED

ANY KIND OF CAR
Cars, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 07/30

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cart, Sales, parts and services. 714-292-9124. 05/13/2021

2018 Pride 3-wheel mobility scooter w/walker holder. Easily disassembles. Used 3 times. \$800. (562) 296-8698. 06/25

TRANSPORTATION

Inexpensive shuttle, airports, markets, doctors, etc. 562-881-2093. SB License #ABL0001. 07/02

Need a lift? Pam Miller.
LW Resident. 310-227-1258. 06/25

Need Help?
See Classifieds

Classifieds

Rides by Russ,
With the personal touch.
For over 4 years I have been giving all types of rides to Leisure World residents. Rides to the airports, doctors, cruise ports, shopping and errands I also enjoy helping my neighbors with chores and maintenance around their homes.
Russ 714-655-1544. 07/16

AUTOS/BOATS/RV'S TRAILERS FOR SALE
ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. State Contractor's License #779462. 07/09

2002 Ford F150 Pickup Truck. Excellent Condition. 104,800 miles. Original Owner. \$5,500.
(562) 431-3160. 06/25

MOVING, HAULING & STORAGE SERVICES
J&D HAUL AWAY AND CLEAN-UP SERVICE
No job too small, fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787 07/02

A FRIEND AND A TRUCK
Your moving service, any size job. Call 310-387-2618. Business License RO263644. 06/25

AUTO REPAIR SERVICES
Semi-retired mechanic doing small jobs - oil change, alternators, water pumps, starters & maintenance, air conditioning work done. Will not recommend work that is not needed. CA BAR #0262439. After 9:00 a.m. Local. (562) 306-2686. 07/02

LW REAL ESTATE FOR LEASE
Condo for Lease, Mutual 17, 2 Bedroom/2 Bath, 1160 SF. Top Floor w/ AC, Full Kitchen. Deck/Balcony, Storage & Parking. \$2100/month, Call 562-714-4790. 07/02

MISCELLANEOUS FOR SALE
Picket gate, excellent condition. 33 1/4" wide by 36" high. \$110. (562) 799-6079. 06/25

For sale well used adult trike. \$160. Call Tammy (714) 272-7448. 06/25

Drive Medical: Sliding shower transfer bench (new), Shower transfer bench (non-sliding, new), Shower chair, Toilet safety frame (new), Toilet safety frame, 3 Shower handles (suction-cup). (323) 839-5855 Make Offer. Local - College Park East, Seal Beach. 06/25

Coin collection w/album. 10:00 am - 3:00 pm. Make offer. (562) 594-3975. 06/25

Walk upright with **UPWALKER LIGHT**. \$425. Barely used. Original price \$619. (562) 386-6098. 06/25

Classified deadline is 2:00 p.m., Monday, for Thursday's publication

MISCELLANEOUS WANTED
Moving. In need of furniture - Full-size bed mattress and box spring if clean, tall dresser, corner desk or small to a medium desk, bookshelf or storage cubbies, sofa or small sectional, end tables, chair with recliner, kitchen chairs, women's bike or trike, outdoor furniture, and plant pots or plants. Also looking for a treadmill fold-up style. Please call (208) 269-6241 or email me for a quick reply. sandra.hall@yahoo.com

CARPORTS WANTED
I would like to rent a carport in Mutual 15. (714) 552-6631. 07/02

FREE ITEMS
I have been given a large amount of sewing supplies that I am giving to anyone that is interested in having the various items. Included is a large selection of: Lace trimmings, box full of bias tapes, buttons, embroidery projects, greeting card stamps, quilting projects with thread and material. Also is Christmas ribbons, and other sewing projects. Please call and ask question 562-431-8240. Jan Krehbiel Mutual 9.

Used free lift chair. Works great. (562) 430-1927.

Freerid Victory scooter. Good condition. Needs batteries. Call (562) 799-9313 to see in Mutual 4.

LW Weekly
(562) 430-0534



Erika Shapiro
BRE # 01448494

Resales Specialist
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Traveling Notary
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2 BDR/2 Bath Mut 15
West Facing Upstairs Corner, Fully expanded with Lots of upgrades. New Kitchen, Laminate flooring, Central A/C Heat And more.
Mutual 15 - 29J \$329,000



New Listing:
2 BDR, 1 Bath,
Partially Expanded, Greenbelt View, Newer kitchen, granite counter top. Smooth ceilings, double pane windows, 3 skylights, shower over a real Bath tub, fresh paint, and more.....
Mutual 7 - 159i \$259,000



Drive-up Corner, Side Expansion
Fresh Paint, new hi-end laminate flooring, 2 A/C Heat Pumps
Mutual 5 - 106F \$255,000

Reduced Move-In Ready
2 BDR/1 1/2 bath
Fully expanded corner drive up, washer/ dryer, dishwasher & more
Mutual 2, 19F \$309,000

Country Cottage
Fully expanded 2 BDR, 1 Bath, lovely greenbelt. Double pane windows, plantation shutters, Central A/C Heat, and much more
Mutual 4 -46K \$259,000



Greenbelt Location
Fully expanded 2 BDR, 1 Bath, South facing, bay windows, double pane, 3 skylights, walk-in closet and shower, smooth ceilings with can lights
Mutual 8 - 183C \$279,000

Condo for Lease 2 BDR/2 Ba
First floor, laminate flooring Fully equipped kitchen & more
Mutual 17 \$2,200 mo

Coming Soon:
2 BDR/1 Bath Basic
New Paint, new flooring A/C heat pump

Service Is My Priority!
Call me for a free market evaluation
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The Januszka Group, Inc.

Leisure World

ON-SITE

HOME SALES



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See All Our Listings, Prices and Photos at Our New Website:

www.LeisureWorldHomeSales.com



IT'S SUMMER! LET'S TALK PATIOS!!




June 20th marked the beginning of summer. It's time to get outside even if it is only on your own patio. Leisure World Seal Beach was originally marketed as "Patio Homes". Through the years buyer priorities have changed. Ten years ago everyone wanted a full expansion with all the square footage in the unit. The only way to do this was to expand in the patio area and Patios Disappeared!

Now today's buyers more often than not, want a patio. You can actually have a full expansion and a patio now. There are 8 Mutuals that (with Mutual Board approval) allow additional patios. They are Mutual 2, 4, 5, 7, 9, 11, 14 and 15, The On-Site Home Sales Office has many patio homes to choose from. Here are 3 beautiful examples...



WE ARE SO HAPPY TO WELCOME SALLY ANGELL TO OUR ON-SITE HOME SALES TEAM!!



















Dawn Januszka
Broker
DRE #02110501

June Stokoe
Escrow Officer

Verna Chumley
Realtor®

John Webster
Realtor®

Sally Angell
Realtor®

Terri Walters
Realtor®

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Kathy Gupton
Associate Broker
DRE # 00744676

Specializing in the LW Community

We are **SISTERS**

**Kathy Gupton
&**



Gloria Hadley
Realtor®
DRE # 01057681

562 618-9940

Gloria Hadley

562 884-3594

Buying or selling...

Whatever your circumstances, whatever your needs, we can help.



Mutual 11-277A
\$282,000

Nicely expanded 2 bedroom 1 bath home on greenbelt with convenient drive-up, patio out front, tiled entry into unit. Once inside there is a large entry leading to a spacious living area and separate dining room with chandelier. Kitchen has white cabinets, newer counter, built-in electric appliances including cooktop, wall oven, microwave, dishwasher, refrigerator, ceiling fan and plenty of room for table and chairs. Master bedroom is expanded with mirrored closet doors and also has extra storage closet, second bedroom also spacious with built-in shelving. Bathroom with large skylight that opens and cut-down shower. Other features include, newer carpet in living room and bedrooms, laminate in kitchen, bathroom, entry and dining area, white blinds throughout unit and central heat and air conditioning. This home is move-in ready, has lots of natural light, so come take look!



Mutual 2-19L
\$339,000

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



Mutual 4-85G
\$459,000

This lovely fully expanded 2 bedroom, 2 full bath home has so many great features, stacked stone trim with side drive-up, stone patio with outside storage, leaded glass entry door with sidelite, patio off second bedroom with glass entry door, both patios with decorative metal enclosures. Expanded master bedroom with built-in shelves and granite insert that may be used as media center or desk. First bath has tiled full shower, stone counter, linen closet, skylight and washer/dryer. Second bedroom with walk-in closet, attached patio. Other features include dual pane windows, bay windows in living room and bedrooms, tile flooring in kitchen and bathrooms, new carpet in living area and bedrooms, recessed lighting with smooth ceilings and crown molding throughout, plenty of extra storage, central heat and air conditioning. If you are looking for a home that is move in ready and has everything you could possibly need then this is a must see!



New Listing!

Mutual 9-228E
\$299,000

Elegantly upgraded and expanded 2 Bedroom, 1 ¾ Bathroom, Formal Dining Room home located on a beautiful greenbelt. This lovely home has a spacious Living Room, Formal Dining & Master Bedroom each with charming French Doors. The Kitchen has built-in appliances including a Refrigerator, Glass Top Stove, Oven, Dishwasher, Microwave, Corian Counters, Breakfast Bar also with Corian Counters & extra storage space. Kitchen also offers an extra-large skylight that opens, ceiling fan and tile flooring. The Master Bathroom has walk-in custom shower, Corian counters, large skylight. The second bedroom has large skylight, ceiling fan, full bathroom, & large walk-in laundry room offering additional closet and storage space with tile flooring in laundry room and full bath. Additional features are smooth ceilings, Heat Pump/AC and laminate flooring in Living Room, Bedrooms and Formal Dining Room. The Living Room leads to private front tile porch. This lovely home is ready to move in and is a must see.



Mutual 4-51J
\$229,000

Charming Beach Cottage featuring 2 Bedrooms 1 Bathroom, Private Patio in a Lush Garden Setting. This Lovely Home is Light, Bright, Cheerful and Ready to Move In. The Spacious Living Room Over-Looks Front Patio That Has a Walk-In Storage Closet and Over-Looks Lots of Greenery. Kitchen has Built-In LW Appliances and a Skylight that Opens. Master Bathroom Has Cut-Down Shower and Skylight That Opens. This Home Also Features Blinds in Both Bedroom, Flooring That is Luxury Vinyl Planks Throughout, and an Added Side Patio Room That May Serve as a Dining Room, Den, Office or Craft Room, etc. In Addition to Beautiful Green Belt This Home Offers Drive-Up Parking. A Must See!



Mutual 12-9D
\$339,000

Charming remodeled 2 Bedroom 1 Bath Cottage. Kitchen features custom white cabinets with granite counters, built-in stainless-steel freestanding range, refrigerator, dishwasher, microwave, skylight and ceiling fan. Bathroom has white cabinets with granite counter, added linen closet, washer/dryer and walk-in shower. Master bedroom has mirrored sliding glass wardrobe doors, ceiling fan, and French sliding glass doors to patio. Formal dining room has large skylight. Entry area has wood floors and entry closet. Second bedroom has large skylight and mirrored sliding glass wardrobe doors. Central heat and air conditioning, double pane windows, private patio with walk-in storage and overlooks open green belt.



Mutual 15-32K
\$239,000

Eloquent traditional home featuring 2-bedroom, 1-¾-bathroom, spacious living room and formal dining room with ceiling fan. Living room has custom draperies framing triple-pane windows and over-looks an open balcony and beautiful tree-lined greenbelt. Kitchen has white cabinets, built-in electric appliances and double-pane windows. Master bedroom suite has double-pane windows, mirrored cupboard and 2 wardrobe closets. Master bathroom has bathtub with shower and skylight. Second bedroom has lots of closet and cupboard space and double-pane windows. Second bathroom has stall shower and skylight. This lovely home has carpeting throughout, leaded glass entry door and is close to drive-up parking and carport. This charming home is definitely a must see.



Mutual 1-47D
\$175,000

Beautifully updated 1 Bedroom 1 Bath home. This charming cottage has a white kitchen with built-in appliances including stove, oven, refrigerator, black pearl granite counter tops and large skylight. Bathroom also has a large skylight and black pearl counter tops. This lovely home also features newer paint, laminate floors, double pane windows with sliding glass doors.

**GIVE US
A CALL**



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California Properties

We can show ALL property in the LW community

Call and let us present our extensive marketing program.

Members of M.L.S.

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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)

Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605

rwgraysales@verizon.net

DRE 01027333

Your Leisure World Sales Team



Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com

DRE 00887640

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



New Listing

Mutual 8-204-J

Two bedrooms, one bath with so much to offer and just the right upgrades! Dual pane windows and raised walls, laminate floors, tiled patio with storage, skylights, central heat/air, washer/dryer and a Jacuzzi walk-in tub!! Beautiful shade trees to enjoy and close parking makes this the perfect place to call home!



\$219,000



SALE PENDING

Mutual 10-257-G \$318,000

Charming two bedroom 1 bath
Spacious living room and dining room,
built in china cabinet, granite
counters, dishwasher, microwave,
skylights, central heat/air, drive-up
parking and close carport
and laundry.



SALE PENDING

Mutual 8-203-I \$249,900

Darling two bedroom "U-Shaped"
expansion with Central Heat/Air,
Stackable Washer/Dryer, large
master bedroom with a walk-in closet,
dining room, skylights, dual
paned windows and a nice size tile
patio with a gate and storage sitting
on a green - plus close carport and
street parking!! Be sure to check
this out - it's a good one!!

See more at www.sealbeachleisureworld.com



Mutual 1-40-B \$159,000

Fully Expanded 1-bedroom on a beautiful,
HUGE greenbelt setting. Living room and
bedroom are expanded with laminate
floors. Kitchen has a ceiling fan, and
skylight. Bathroom has a skylight, cut-
down shower and vinyl floors.



Mutual 6-136-C \$339,000

Fully expanded two bedroom - one bath,
south facing courtyard. Remodeled
kitchen and bathroom, fresh paint,
skylights, dishwasher, pantry, newer
appliances, microwave, Forced Air/
Heating plus WASHER AND DRYER.
Laminate flooring with tile in kitchen.



Sold in 1 Day

**Mutual 15-9-D
\$529,000**

This GORGEOUS ATRIUM has
it all with 1600 sq. ft. of living
space, a pretty setting on a
green, plus close parking,

Check out our website sealbeachleisureworld.com for more listings and how to purchase in Leisure World Seal Beach



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Seal Beach, CA 90740

Two-Bedrooms



Joanie Korman
714-308-8034



Conrad Rodriguez
562-746-1960



Leah Perrotti
310-889-6583

Mutual 8 195C \$195,000
remod. potential, enclosed patio,
central air and heat

Mutual 1 8A \$198,500
corner, greenbelt, skylights, double
pane, tiled patio

Mutual 7 175H \$220,000
btl. area, new lam. floors, 3 sky-
lights, private

Mutual 1 25L \$225,000
corner, greenbelt, double pane, lam.
floors, nice unit

Mutual 3 28L \$229,000
corner unit, enclosed patio, planta-
tion shutters, side
parking, tub

Mutual 4 51J \$229,000
added patio room, bright, btl.
greenery, move in ready

Mutual 2 45F \$239,000
high side expan., faces south,
screened in patio

Mutual 15 32K \$239,000
1-3/4 baths, open balcony, skylights,
double/triple pane windows

Mutual 6 64C \$250,000
full expan., faces so./east,
skylights, gorgeous lam. floors

Mutual 7 155G \$254,000
expanded, granite counters, sky-
lights, heat pump

Mutual 15 21M \$259,000
2 baths, enclosed porch, greenbelt,
trees, drive-up, nice

Mutual 9 208L \$259,000
Fantastic greenbelt, turnkey, ex-
panded, dual pane, fresh paint

Mutual 1 16A \$259,500
btl. greenbelt, new paint, new lam.
flooring, lovely patio

Mutual 5 114K \$265,000
full expan. newly painted, extra
large skylight

Mutual 15 44A \$279,999
atrium, fresh paint, wood lam,
floors, new carpeting

Mutual 11 277A \$282,000
drive-up, large skylight bath, cent.
air, natural light

Mutual 9 228E \$299,000
1 3/4 baths, large skylights, washer/
dryer, lush greenbelt, nice

Mutual 6 65A \$315,000
bright corner, washer/dryer, new
lam. floors, fresh paint

Mutual 12 9D \$339,000
washer/dryer, cent. air, double pane,
trees, nice

Mutual 6 136C \$339,000
full expansion, remod. kit. and bath,
large skylight, washer and dryer,
forced air, scraped ceiling

Mutual 15 7L \$349,500
2 bath, cent. air, large open patio,
dual pane, upgraded

Mutual 2 19L \$349,900
full expan., 1 1/2 baths, cent. air,
smooth ceilings, greenbelt

Mutual 15 34L \$373,000
2 baths, remod. kit., granite, enclosed
patio, greenbelt kit.

Mutual 9 226L \$385,000
Remod. corner, 2 full baths, washer/
dryer, private

Mutual 7 161L \$389,000
Gorgeous remod. corner, washer/
dryer, cent. air, drive up parking

Mutual 11 262I \$449,000
2 baths, cent. air, washer/dryer,
smooth ceiling, large greenbelt

Mutual 4 85G \$459,000
full expan., granite, large skylight,
washer/dryer, 2 bath, super

One-Bedrooms

Mutual 1 40B \$159,000
fully expanded, lam. floors, light
and bright, fresh paint

Mutual 1 47D \$175,000
black pearl counters, new paint.
large skylight, lam. floors

Mutual 6 57D \$185,000
Full expan., bay windows,
granite counters, high end flooring



Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Adrian Villarreal



Hanna Rubinstein
562-900-4243



Jay Cho
714-944-4998



Estee Edwards
562-208-2540



Philip Bak
213-550-9991



Irv Hart
562-296-5619



Fay Wescott
562 242-6162



Tim Kearns
714-293-3950



Diana Flores
949-212-8748



Chris Kim
424-247-4542



Gail Alonzo
562-673-6703



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Seal Beach, CA 90740

For 2020, I have a total of 45 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr., #60G | M2 | \$470,000
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



1502 Golden Rain Rd #46K | M2 | \$239,500
2 Bedroom, 1 Bath Fully Expanded, Double Pane Windows, Central A/C and Heat, Plantation Shutters, Washer/Dryer, Walk-In Closet, Bay Window.



13131 Shawnee Ln, #268E | M11 | \$349,000
Bright, South Facing, Fully Expanded 2 Bedroom, 1 1/2 Bath, Central A/C, Washer/Dryer Hook Ups, Scraped Ceilings, Dual Pane Windows, Laminate Flooring, Dishwasher, Granite Countertops.



1120 Northwood Rd #186L | M8 | \$269,000
Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet.



1562 Golden Rain Rd., #44G, M2, \$225,000
Centrally Located, Basic 2 Bedroom, 2 Bath. Walk to All Amenities. Lrg. Private Patio Surrounded by Greenery, 2 Skylights, Expanded Bedroom to Include Desk Nook. New Golden Oak Flooring.



13481 Fairfield Lane, #59H | M6 | \$255,000
2 Bd/1 Bth, New Appliances, Luxury Vinyl Flooring, LED Lighting Throughout, Quartz Countertops in Kitchen and Bath, Tiled Backsplash, New Sinks, Faucets and Fixtures. PARADISE AWAITS YOU!



13170 Seaview Lane, #248F, M10 \$425,000
Fully Expanded Corner Location. 2 Bedroom, 1 1/2 Bath with Views of Greenbelt and Trees. Dual Pane Windows, Central A/C, Stainless Steel Appliances, Wine Refrigerator, Microwave, 3 Skylights, Walk-In Closet, Washer/Dryer Hookups.



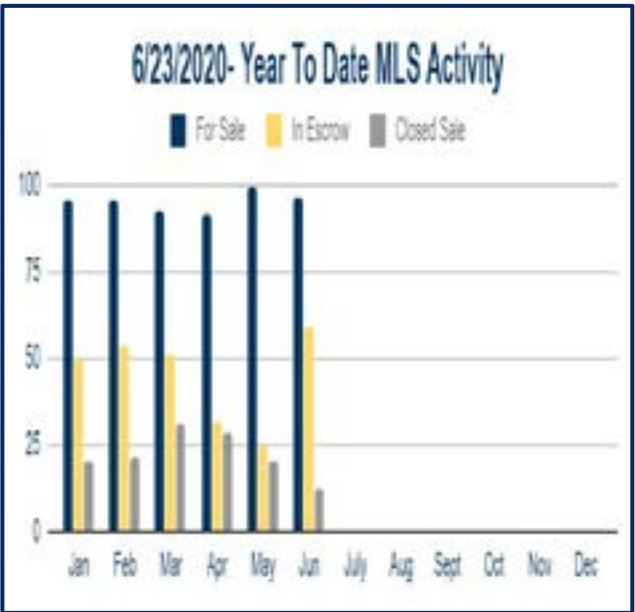
1382 El Dorado, #10B | M3 | \$210,000
CLEAN 2 Bdrm, 1 Bth Quaint Greenbelt Location. Freshly Painted Throughout, Oversized Skylights in Living Room and Bathroom, New Light Laminate Flooring Throughout, Close to Laundry and Parking.



1351 Oakmont Rd #148H | M7 | \$449,000
MAGNIFICENT VIEWS from every room of this 2 Bedroom, 2 Bath completely remodeled unit. Central A/C Heat, Stainless Steel Appliances, Washer/Dryer, Island Kitchen, Dual Pane Windows, Luxury Vinyl Flooring, 3 Large Skylights, Custom Tile and so much more!



1651 Interlachen Rd., #281A, M11 \$425,000
Corner Unit with Lovely Location. 3 Bay Windows, Dual Pane, Laminate Flooring, Central A/C Heat, Open Floor Plan, 2 Full Bathrooms, Close to Parking and Laundry.



On June 23rd, 2020 a total of 106 units show as active listings on the CRMLS (this is where Realtors list property for sale).

- 11 - 1 bedroom/1 bath from \$149,500 to \$199,999
- 49 - 2 bedrooms/1 bath from \$169,000 to \$389,000
- 36- 2 bedrooms/2 baths from \$219,000 to \$499,900

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

