

ON THE ROAD TO RECOVERY

CITY OF SEAL BEACH Case count spike is attributed to SB rehab facility

As of June 10, there were 57 confirmed cases of COVID-19 in Seal Beach, a 29-case jump in one day, according to the Orange County Health Care Agency website, which tracks regional numbers.

The spike in cases can be partially explained by the methods in which the active case numbers are reported to the County of Orange and the State of California.

On May 23, the Seal Beach Health and Rehabilitation Center learned that one resident and one staff member tested positive for COVID-19. The 186-bed center on North Gate Road is the City of Seal Beach's only skilled nursing facility.

The Orange County Health Care Agency (OCHCA) responded to assess the situation. OCHCA conducted a "whole house testing" of all residents and staff. As of June 10, the center has reported two deaths associated with COVID-19, and 63 residents and 40 health care workers who tested positive.

On June 10, Seal Beach cases increased from 28 to 57 on the Orange County COVID-19 website, indicating that the case count from the Seal Beach Health and Rehabilitation Center had been added to the city's total.

A graphic of the most updated case count information for the State of California, County of Orange, City of Seal Beach and Seal Beach Skilled Nursing Facility can be found on the City of Seal Beach's website at [www.sealbeachca.gov](http://www.sealbeachca.gov). This graphic will be updated daily Monday-Friday, as information becomes available (the case count stands at 61 in the City of Seal Beach as of June 15).

For information on the city's response to this pandemic, visit the City of Seal Beach website at [www.sealbeachca.gov](http://www.sealbeachca.gov). Also, follow the Seal Beach Police Department on Facebook, Twitter, and Instagram for updated information.

Questions regarding the County's response to the COVID-19 pandemic should be directed to the Orange County Health Care Agency by visiting <https://occovid19.ochealthinfo.com/> or calling (833) 426-6411.

—from the City of Seal Beach

**North Gate Road Alert**

Demolition of the sound wall adjacent to North Gate Road has been postponed. No new dates have been set, but the I-405 Improvement Project team will update the community as soon as the schedule is finalized. The North Gate remains closed.



—photo courtesy of the LADWP

Haynes units and stacks are coming down

Starting this month and continuing through August, the Los Angeles Department of Water and Power will start dismantling Units 5 and 6 of the Haynes Steam Plant adjacent to Leisure World (for a diagram of the units' location, see page 14). The metal frame of the units will be cut into pieces, lifted and carefully lowered to the ground for removal with the use of torches, excavators and a crane. Workers may be visible on unit structures as they are dismantled.

Hazardous materials will also be removed from Units 3 and 4 in preparation for the dismantling of those units in early 2021. Monitoring instruments will measure dust, noise and vibration levels during all work to maintain levels below the required limits.

Only a few trucks will enter and leave the plant during daytime hours. No traffic impacts are expected.

The LADWP will continue to provide periodic updates on the dismantling work to Leisure World residents. For more information, call the Project Information Line at (800) 531-6638.

MASKS STRONGLY RECOMMENDED Let's help protect each other on GRF Trust property



Some areas have relaxed mask requirements but in Leisure World, masks are strongly recommended and required when on GRF Trust property. There have been mask-giveaways (above), two of them sponsored by the Golden Age Foundation, represented by Anna Derby (right) to help every LWer stay safe in this vulnerable community.



Orange County no longer requires people to wear face coverings in public, but "strongly recommends" them to help curb the spread of the coronavirus as more businesses reopen under new state guidelines.

The change to the county's mask order came after weeks of public criticism and the resignation of the county health officer, Dr. Nichole Quick, last week.

Dr. Clayton Chau, Orange County Health Care Agency director, is now serving as health officer. He believes wearing cloth masks helps slow the spread of the virus, but the county wanted to be consistent with state guidelines, which don't mandate face coverings, he said. Nonetheless he strongly recommends that people wear masks.

LW residents, in particular, are a vulnerable community as adults 65 years and older are at higher risk for severe illness from COVID-19. The best way to prevent illness is to avoid being exposed to this virus. That means keeping your distance from others, washing your hands frequently and covering your mouth and nose with a cloth mask when around others, according to the Centers for Disease Control.

Health officials agree that face coverings are an integral tool in the fight against COVID-19—as they can block transmission of the respiratory droplets released by asymptomatic people when breathing or talking.

LW residents should wear masks in public places where they will encounter other people. Because it's possible to have coronavirus without showing symptoms, it is best to wear masks even if you think you are healthy. If you have COVID-19 and are not showing symptoms, a face mask reduces your chance of spreading the infection to others. If you are healthy, a mask may protect you from larger droplets from people around you.

SENIOR PATRIOTS FOR PEACE

Protest brings support; Floyd vigil is today at 5



Senior Patriots for Peace protested police brutality in support of the Black Lives Matter movement in front of the globe June 11. A dozen members braved 90-degree heat, waving signs in an enthusiastic show of solidarity. Cars honked in support as they went by on Seal Beach Boulevard.



Continuing the momentum, the Patriots will lead a silent vigil in Veterans Plaza today, June 18, at 5 p.m. in memory of George Floyd, who died tragically May 25 while being forcibly detained by four Minneapolis policemen. All LW residents are invited to participate. People will gather at 5 p.m. The vigil will begin at 5:10 p.m. with silence maintained for eight minutes and 46 seconds, the length of time a Minneapolis police officer kept his knee on Floyd's neck, according to the criminal complaint against the now ex-officer. After the vigil, people can remain in the Plaza until 6 p.m. to reflect, meditate or have discussions. Face masks will be required and social distancing will be maintained. Those who want to sit down during the gathering should bring their own chairs.

GRF AMENITIES

Facilities are reopening step by step

The GRF Board of Directors has approved the reopening of some of the outdoor facilities, under the required COVID-19 guidelines. The Golf course and the putting green are now open as are Veterans Plaza, by reservation only, for qualifying exercise clubs.

Mission Park, which includes pickleball/multipurpose courts, is scheduled to reopen in two stages, at dates to be determined.

All participants on all venues will be required to wear masks, and in some cases gloves, as well as maintain social distancing.

Recreation has coordinated with custodial contractor ICS to clean all touch surfaces at 20- to 30-minute intervals (depending on the venue). While some restrictions may seem cumbersome, GRF's priority will always be the safety of its members.

Golf Course Protocol Changes You Need to Know

The Golf Course opened on May 26 under strict guidelines. Parts of the protocol have been adjusted after observation during the first weeks of play (areas in bold print reflect those changes).

- All rounds will be booked through the Golf Starter **by email only**. The hours of play will be from 8:15 a.m. to 4:30 p.m.
- **Golfers are no longer limited to playing once a week, providing there is space available. Email requests will always take precedence; however, golfers may call on the day of play to see if any openings are still available. Walk-ups may be permitted at the sole discretion of the starter under the same condition.**
- **A round is nine holes. At the discretion of the Starter, a second round during a tee time may be allowed if the schedule permits.**
- No tournament play will be allowed at this time.
- **In order to simplify requesting a tee time, the Recreation Department has created a special form and web address. Book tee times at <http://www.lwsb.com/reserve/>.**
- **The email address is [events@lwsb.com](mailto:events@lwsb.com) and must be received by 4 p.m. the day prior to play**
- **All tee times for Saturday, Sunday and Monday must be emailed by 4 p.m. on Fridays.**
- Only rounds of one or up to three golfers will be permitted and the names of all golfers must be submitted at the time of booking with Mutual and apartment number.
- Golfers must state three tee times, in order of preference, in case their first choice is not available
- Golfers may not arrive sooner than 10 minutes before their tee times and all tee times will be spread 15 minutes apart.
- Masks and six-foot distancing will always be required.
- No gathering will be permitted before or after rounds have been played.
- No Golfer may touch any other Golfer's equipment including golf balls.
- The Starter Shack will be closed to all gatherings and will only be available for restroom use.
- The Starter can only be addressed through the protective window area.
- The putting green area will also be open with all required restrictions. **The hitting cage remains closed.**
- The Golf Starter will have the final say in all matters.
- The following are additional restrictions on the course:
  - No score cards will be provided.
  - No posting of scores.
  - Ball washers will be removed from the court.
  - Shoe cleaning station will be off limits due to touch surfaces.
  - Flag sticks to remain in the hole and a suitable method to fill the cups so that golf balls are readily accessible.
  - No food or beverage services are allowed.
  - Patio chairs and benches will be removed to prevent gathering of groups and to maintain social distancing.

AMENITIES, page 8

Kill: Mold - Bacteria - Viruses  
Everytime you use your heatpump!

The GERM-KILLING  
UV LED LIGHT for  
MINI-SPLITS

Available for ALL types of heaters and A/C



CALL  
714-821-7070

MASKS

from page 1

The CDC has specified that cloth face coverings should be used, rather than surgical masks and N95s, which must be reserved for health care workers.

Luckily, cloth masks are relatively easy to come by in Leisure

World, thanks to your friends and neighbors, who have made and distributed thousands of face coverings since the COVID-19 crisis took hold in mid-March.

In the latest giveaway on June 12, the Golden Age Foundation handed out 800 masks. The LW

Sewing Brigade, a group of 110 volunteers, has distributed more than 20,000 all over the world. Both groups have given masks to mutual directors for distribution to their residents. So if you do not have a mask, protect yourself today by calling your mutual director.



We're by your side  
so your loved one  
can stay at home.

- Companionship Care
- Personal Care
- Meals & Nutrition
- Shopping and Errands
- Household Duties
- Respite Care
- Hospice Care
- Support Services

Call for a free,  
no-obligation appointment  
**562.448.5200**



HomeInstead.com/275  
HCO#194700062

Each Home Instead Senior Care® franchise office is independently owned and operated. © 2020 Home Instead, Inc.

SENIOR TRANSPORTATION

# Register for Dial-A-Ride Friday in LW

The Seal Beach Senior Shopping Shuttle to the Ralphs, Target, and Sprouts shopping areas was recently suspended, leaving many residents in the Leisure World community searching for alternative transportation.

While the City of Seal Beach continues to seek ways to provide a shopping shuttle service, it is unknown when it will be available.

In the interim, the City of Seal Beach has contracted with California Yellow Cab for an expanded Dial-A-Ride service.

The Dial-A-Ride service is available for all Seal Beach residents aged 60 years and older.

The service offers free rides to any location within the Seal Beach city limits. Rides are available by appointment only Monday-Friday from 7:30 a.m.-2:30 p.m. Call (877) 224-8294 at least 24 hours in advance to make an appointment.

All riders must be registered prior to making a Yellow Cab ride reservation. Representatives from the City of Seal Beach and California Yellow Cab will be available tomorrow, June 19, from 1-2:30 p.m. at Veterans Plaza near the LW Library to help LW residents register for the city's Senior Transportation Services Program. Residents should bring proof of residency and date of birth.

Social distancing guidelines are required. Everyone must wear a mask and keep a six-foot distance from others.

Leisure World Minibuses will be available for people who need a ride to Veterans Plaza on the day of the registration sign-ups. For more information on how to get to Vets Plaza via the Minibuses, contact Grant Winford, 431-6586, ext. 372, or [grantw@lwsb.com](mailto:grantw@lwsb.com).

Other transportation options are available. The Orange County Transit Authority bus service is conveniently available from the Leisure World Main Gate bus station.

The OCTA Route 42/A eastbound makes 13 trips every day from the Main Gate between 7:53 a.m. and 5:47 p.m. to a stop near the Old Ranch (Ralphs/Target) Towne Center shopping areas.

Also, the OCTA Route 42/A westbound makes 12 trips every day from the Main Gate between 8:33 a.m. and 5:53 p.m. to the Vons/Pavilions shopping center on Pacific Coast Highway near Main Street in Old Town Seal Beach.

An OCTA Senior roundtrip fare is only \$1.50.

For more information on Dial-A-Ride service, contact Iris Lee at Seal Beach City Hall at (562) 431-2527, ext. 1322, [ilee@sealbeachca.gov](mailto:ilee@sealbeachca.gov) or [AskCityHall@sealbeachca.gov](mailto:AskCityHall@sealbeachca.gov).

People have also volunteered to assist Leisure World residents with their shopping needs. For more information, contact Assistant Recreation Manager Kathy Thayer at 431-6586, x 398.

—Grant Winford, GRF fleet manager

405 FREEWAY

# Bolsa Bridge to be demolished

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605.

The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

• **Bolsa Chica Road Bridge Demolition**

The Bolsa Chica Road Bridge demolition is scheduled for June 19 and June 20.

Crews shifted traffic to the new side of the Bolsa Chica Road bridge over I-405 in Westminster last week.

For more information, email [405project@octa.net](mailto:405project@octa.net) or call (888) 400-8994. There's a mobile app to help residents and commuters navigate construction on the I-405.

The I-405 Improvement Project app includes quick access to current traffic conditions, closures and detours, along with project updates and links to contact the project team.

The app is available for download on the Apple Store or Google Play.

Construction is occurring along the entire stretch of the I-405 so drivers should watch for detour signs.

BATHROOM ACCESSIBILITY

# Program offers free LW upgrades

The City of Seal Beach Bathroom Accessibility Program has been approved for another cycle of funding. This means that from July 2020-June 2021, the city can spend \$145,000 on grants to Leisure World residents to continue the Bathroom Accessibility Program. For over 14 years, the city has offered the Seal Beach Bathroom Accessibility Program to help residents in Leisure World modify their bathrooms for safer access. For the 2020-2023 funding cycle there have been some exciting changes. Residents who have more than one bathroom are now eligible. Furthermore, in special circumstances, a bench can be added to the fiberglass unit.



LWer Susan Mack with her remodel.

Due to the threats of COVID-19, CivicStone, the administration of the program, will be changing the way it operates. It will not hold a workshop in any clubhouse for Leisure World residents this year. Instead, individual appointments can be made via phone, FaceTime, Zoom or Google Hangouts to ask questions and get individualized advice on how to complete applications. Simply email [monique@civictone.com](mailto:monique@civictone.com) for an appointment. Residents can also call (909) 364-9000, but email is preferred. All information is kept strictly confidential.

Any Leisure World resident who has trouble stepping into the shower for any reason is likely eligible for a free bathroom upgrade.

The Leisure World Bathroom Accessibility Grant converts the tub/shower combination into a shower-only unit for safer access. The fiberglass is refinished to look like new, and a new glass shower door enclosure is installed. Toilets can be replaced with high-boy models and grab bars may be added as needed.

The program is made possible through a grant from HUD, Orange County and the City of Seal Beach. To qualify, applicants must be over 55 years of age and have an annual income as follows: One person, \$66,500; two people, \$76,000; and three people, \$85,500.

"Many residents get confused on the application process," said Monique Miner, program administrator. "We are just a phone call away and can help residents apply for the completely free upgrade"

For more information, email [monique@civictone.com](mailto:monique@civictone.com) or call (909) 364-9000.

# FREE PRESCRIPTION DELIVERY!

## LEISURE WORLD PHARMACY

1661 Golden Rain Road • Seal Beach, CA 90740

Phone: (562) 795-6202 Fax: (562) 596-2625

Monday-Friday: 9am-5pm

## We love being your pharmacy!

As a Good Neighbor Pharmacy, we strive to service all your healthcare needs. We work in collaboration with your healthcare providers to manage your entire medication profile. Transfer all your prescriptions today so we may better manage your disease state and reduce drug interactions. Our goal is to deliver better outcomes to all our patients.

We appreciate your business and the opportunity to show you why a community pharmacy is different. Stop in today and let us take care of you.

Better service.

**25% OFF!**

Any One  
Good Neighbor  
Pharmacy Product



Valid only at LEISURE WORLD PHARMACY • Valid 06/01/20 — 06/30/20  
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

**FREE!**

WITH ANY \$10 PURCHASE  
Good Neighbor Pharmacy  
Laxative, 5mg



Valid only at LEISURE WORLD PHARMACY • Valid 06/01/20 — 06/30/20  
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

Valid only while supplies last. Not valid on prescription co-pays. Not valid with any other special, coupon or reduced price offer. Not valid on purchases reimbursed by Medicaid, Medicare, a Medicare Part D or Medicare Advantage plan, TRICARE, the Federal Employees Health Benefits program or any other state or federal medical or pharmaceutical benefit program or pharmaceutical assistance program, or where prohibited by law. Void if reproduced, altered or expired. Customer must pay any sales tax. Minimum purchase will be calculated prior to tax. Cash value 1/100¢.

MYGNP.com



# Perspectives

## Letters to the Editor

Editor:

On a hot June 10 at 5 p.m., a small group of us gathered at the Leisure World Globe for a hastily organized demonstration to support the causes of Black Lives Matter and the actions for reform of police practices.

We were met with enthusiastic support from many of the commuters on Seal Beach Boulevard with lots of waves, thumbs up, big smiles from some not wearing masks in their cars.

Enthusiasm came from unexpected quarters: a young man and woman on a motorcycle waved support, a bus driver opened his window to wave, men in trucks honked, whole families in cars honked and waved. It was also gratifying to see the same indicators of support from many of our own residents coming in and out of LW. And, out of the blue, four young ladies appeared with bottles of cold water and snacks that they generously shared with us after driving by and seeing us on the sidewalk.

We were humbled and touched on this day and thank all of you who noted our presence and honked and waved for our shared cause.

Jacquie Clarke and Pat Kruger  
LW Senior Patriots for Peace

Editor:

The State of California and County of Orange no longer require the wearing of face masks in public. Only the workers at grocery stores, gas stations, restaurants and some retail stores are required to wear face masks, but not their customers.

This is very good news for all those who find face masks a nuisance and those with COPD, emphysema, bronchitis and/or allergies who feel that masks restrict their air intake. This order however does not stop an establishment from requesting that customers wear masks when entering the business if it so desires.

This reversal comes from the fact that health experts have not been able to prove that face masks protect from virus carriers. All the previous orders to wear masks were based on conjecture or a hunch, which is not scientific.

Bruce Smith  
Mutual 7

*Editor's note: LW residents are strongly encouraged to wear masks when social distancing is not possible in the community. Many health officials say that face coverings are an integral tool in the fight against COVID-19 — as they can block transmission of the respiratory droplets released by asymptomatic people when breathing or talking.*

Editor:

I am abiding by the safer-at-home orders, observing distancing measures and wearing masks to help prevent of COVID-19. I am amazed at the kindness of enthusiastic shareholders who volunteer to make masks to distribute to the community. My good neighbors and friends religiously observe distancing measures even while socializing and celebrating happy birthdays.

We are all in this together. Our strong determination and courage will guide us until this pandemic crisis is contained.

Lisa A. Dickson  
Mutual 1

Editor:

I am disturbed that the front page (or any page, I looked) of the June 11 LW Weekly did not make mention of the Black Lives Matter movement. Given all the civil unrest, protests, the state of the nation and precious lives being lost, how can this not receive even one sentence?

I am grateful for all who are trying to make positive changes happen. I'm not trying to force anything on anyone but to ignore what's happening to all of us daily, saddens me.

Robin Sinni  
Mutual 3

## Member Column

by Jim Greer  
LW contributor

In the 2014 film, "The Imitation Game," Benedict Cumberbatch portrays Alan Turing, the English cryptanalyst whose code-breaking solutions enabled the Allies to crack Germany's Enigma codes and eventually win World War II. Turing was regarded as a genius by teachers at Cambridge and colleagues at the Government Code and Cypher School (GC&CS). His extraordinary intelligence and devotion to his research were considered anything but "normal."

In a poignant scene, Alan is reassured of the value of his contributions to society by a former co-worker and one-time fiancé, Joan Clark. Now married with children, Joan was living a life that Alan referred to as "normal," a life that he had wanted. She passionately explains to Alan, "Do you know, this morning I was on a train that went through a city that wouldn't exist if it wasn't for you. I bought a ticket from a man who would likely be dead if it wasn't for you. I read up on my work, a whole field of scientific inquiry that only exists because of you. Now, do you wish you could

have been normal? I promise I do not. The world is an infinitely better place precisely because you weren't."

We must admit that the definition of normal changes with the times. For instance, back in 1970, the median income was \$9,870 per year. Today, the median income is \$71,228. I'd be much happier to live on today's "normal" income. In my pocket, I carry an iPhone that weighs 6.84 ounces. While it was expensive, it was much cheaper than the first cell phone, the 1983 Motorola DynaTac that cost \$3,995 and weighed 2-1/2 pounds.

These past several months have prompted many of us to ask, "Is this the new normal?" In many ways, I hope it is. I've been so impressed with the good that is being done in our community. Food deliveries, face mask sewing and donations; increased caring for, and tracking of the homebound with phone calls, food delivery and prayers on their behalf.

This new normal has forced society to cast aside aspects of our lives that may not have been the best for us. For instance, aren't we all safer because people are washing their hands regularly? Isn't it great to have stores and restaurants taking extra precautions to ensure that we are all safe?

Granted, keeping a mask with you in case you can't practice social distancing may be inconvenient. But we put them on as a courtesy because we care about others. And caring about others is the new normal.

One of the least "normal" people of his era, the painter Vincent van Gogh, believed that "normality is a paved road. It's comfortable to walk, but no flowers grow there."

So, if you are unsure about the new normal, get off the paved road and observe the flowers. Enjoy the blooms of kindness, florets of consideration and blossoms of courtesy planted there by your caring neighbors.

## Credits & Kudos

*Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.*

Laura Arnold of Mutual 14 writes: I very much enjoyed the free art class, Relaxation through Art offered by OptumCare June 9. Artist Megan Warren taught the virtual class, which was sponsored by Aetna Health Plan. A big thank you to all involved in making this class happen. There's another one coming up June 23 from 6-7 p.m. All you need is paper and pencil. Don't miss it! You can register with Grecia Nunez at the HCC at [gnunez@mhealth.com](mailto:gnunez@mhealth.com).



An Official Golden Rain Foundation Publication  
Serving the Shareholders of

Leisure World Seal Beach

LW Weekly

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

**Nataly Chigireva,**  
Communication & Technical Director  
ext. 384; [natalyc@lwsb.com](mailto:natalyc@lwsb.com)

**Katya Lukina,**  
Customer Service  
ext. 383; [katyal@lwsb.com](mailto:katyal@lwsb.com),  
Communications Coordinator  
ext. 266; [katyal@lwsb.com](mailto:katyal@lwsb.com)  
Graphic Designer, Digital Media  
Classified Advertising

**Sylvia King,** Advertising Sales  
ext. 391; [sylvia@lwsb.com](mailto:sylvia@lwsb.com)

**Ruth Osborn,** Lead Editor  
ext. 388; [rutho\\_news@lwsb.com](mailto:rutho_news@lwsb.com)  
Page 1, General News, Perspectives,  
Arts&Leisure, Government

**Laurie Bullock,** Editor  
ext. 801; [laurieb@lwsb.com](mailto:laurieb@lwsb.com)  
Religion, Obituaries, Community News

**Stephen Bannon,** Production Editor  
ext. 392; [stephenb\\_news@lwsb.com](mailto:stephenb_news@lwsb.com)  
Pre-press, Online/Vision Impaired  
Editions, IT

**Dan Pomeroy,** Distributor  
Eagle Rock Services

**Deadlines:**  
Editorial: 4 p.m. Thursday  
prior to publication week  
Classified Advertising:  
2:30 p.m. Monday of  
publication week

**Office hours:**  
8 a.m. to 5 p.m.  
Monday-Friday

**Phone:**  
(562) 430-0534  
after-hours voice mail  
(562) 431-6586

**Missing LW Weekly  
Newspaper:**  
(562) 472-1284

**Mailing Address:**  
P.O. Box 2338  
Seal Beach, CA, 90740

**Delivery Address:**  
13533 Seal Beach Blvd.  
Amphitheater Building  
Seal Beach, CA, 90740

VOL. 44 NO. 21

### THE ALVAREZ FIRM A Law Corporation



Debra Halvarson Groh, Esq.



Justin M. Alvarez, Esq.

The Alvarez Firm Congratulates  
Debra Halvarson Groh on her  
Retirement. We are proud to be  
your successors in serving the  
Leisure World community in their  
Estate Planning and Trust  
Administration needs.

3020 OLD RANCH PARKWAY, SUITE 160, SEAL BEACH

(562) 684-2400  
[www.alvarezfirm.com](http://www.alvarezfirm.com)

## Elder Abuse Month

Nearly one in 10 American senior citizens are abused or neglected each year, yet only one in 14 cases of elder abuse is brought to the attention of authorities, according to the U.S. Department of Health & Human Services Administration for Community Living. Elder abuse can mean physical and psychological harm, but it also may manifest through financial exploitation and theft.

To raise awareness of this threat, the International Network for the Prevention of Elder Abuse introduced the first World Elder Abuse Awareness Day 13 years ago and designated June as World Elder Abuse Awareness Month.

During June, government agencies and organizations promote local and national events to alert communities, seniors, caregivers, and others to the signs of elder abuse, and to stress the importance of understanding, recognizing, and reporting this type of abuse when suspected.

The Social Security Administration (SSA) Office of Inspector General (OIG) is committed to increasing awareness of how to identify and prevent Social Security-related fraud. Often, senior citizens in particular are targeted for Social Security-related scams and financial exploitation, because they are more likely to be receiving Social Security benefits. Also, some rely on others to receive and manage their Social Security benefits, which makes them even more vulnerable. When Social Security beneficiaries are the victims of representative payee fraud and misuse, they may not be able to pay for food, housing, or other critical needs.

FRAUD, page 14

# Government

## GRF Board Agenda

GRF Board of Directors Agenda  
Clubhouse 4  
Tuesday, June 23, 10 a.m.  
via live stream

To view the live GRF Board meeting:

- Go to [www.lwsb.com](http://www.lwsb.com)
- Click on the Live GRF Board meeting tab.
- The tab will be active at 9:45am on the day of the meeting
- The live streaming uses YouTube live and terminates at the close of the meeting

- 1) Call to Order/Pledge of Allegiance
- 2) Roll Call
- 3) President’s Comments
  - a) Announcements
- 4) Seal Beach City Council Member’s Update
- 5) Health Care Advisory Board Update
- 6) Shareholder/Member Comments
  - a) Written, submitted prior to meeting
  - b) Verbal, via live streaming

*Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:*

  - 4-minute limit per speaker, when there are no more than 15 speakers
  - 3-minute limit per speaker, 16 - 25 speakers
  - 2-minute limit per speaker, over 26 speakers
- 7) Consent Calendar
  - a) GRF Board of Directors Minutes, June 9, 2020 (Special meeting)
  - b) Accept Month of May 31, 2020 Financial Statements for Audit
  - c) Approve Reserve Funds Investment Purchase
  - d) Approve Capital Funds Investment Purchase
- 8) New Business
  - a) General
    - i) Opening of Outdoor Facilities, Under Required COVID-19 Guidelines
  - b) Finance Committee
    - i) Approve Distribution of Excess 2019 Operating Funds
- 9) Board Member Comments
- 10) Next Meeting/Adjournment

Next regular GRF Board of Directors meeting  
Tuesday, July 28, 10 a.m., Clubhouse 4

## Mutual Meeting Schedule

Mutual residents are invited to attend the open meetings of their mutual boards (*schedule subject to change*).

Thurs., June 18	<b>Mutual 2</b> Zoom conference call .....9 a.m.
Thurs., June 18	<b>Mutual 11</b> Zoom conference call ..... 1:30 p.m.
Mon., June 22	<b>Mutual 8 (open forum, 9 a.m.)</b> Zoom conference call ..... 9:30 a.m.
Wed., June 24	<b>Mutual 10</b> Zoom conference call .....9 a.m.
Thurs., June 25	<b>Mutual 1 (open forum, 9 a.m.)</b> Zoom conference call ..... 9:15 a.m.
Fri., June 26	<b>Mutual 6</b> Zoom conference call ..... 9:30 a.m.
Tues., July 7	<b>Mutual 16</b> Zoom conference call ..... 9:30 a.m.

## Revised 2020 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JULY	7	384	193	5	Fri. 2/14	Mon. 3/16	Sun. 6/14	2 <sup>nd</sup> Tues.	7/14	10 a.m.	
	10	276	139	5	Fri. 2/14	Mon. 3/16	Mon. 6/15	3 <sup>rd</sup> Wed.	7/15	10 a.m.	
	14	328	165	7	Fri. 2/14	Mon. 3/16	Tues. 6/16	3 <sup>rd</sup> Thurs.	7/16	10 a.m.	
	9	384	193	7	Fri. 2/14	Mon. 3/16	Wed. 6/24	4 <sup>th</sup> Fri.	7/24	10 a.m.	Parcels in effect
	8	348	175	5	Fri. 2/14	Mon. 3/16	Sat. 6/27	4 <sup>th</sup> Mon.	7/27	10 a.m.	
	4	396	132	3	Wed. 2/12	Fri. 3/13	Mon. 6/22	4 <sup>th</sup> Wed.	7/22	10 a.m.	Staggered terms
	16	60	20	5	Wed. 2/12	Fri. 3/13	Mon. 6/22	4 <sup>th</sup> Wed.	7/22	2 p.m.	Election & Annual Meeting held in Admin. Conf. Room
AUGUST	11	312	157	6	Fri. 2/14	Mon. 3/16	Tues. 6/23	4 <sup>th</sup> Thurs.	7/23	10 a.m.	
	Golden Rain Foundation				Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
AUGUST	Mutuals 2, 4, 6, 8, 10, 12, 14 & 16				Wed. 3/4	Fri. 4/3	Sun. 7/5	1 <sup>st</sup> Tues.	8/4	10 a.m.	New directors will be installed at GRF Annual Meeting on 8/11
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
AUGUST	6	408	136	7	Fri. 2/14	Mon. 3/16	Wed. 7/8	1 <sup>st</sup> Fri.	8/07	10 a.m.	
	1	844	282	5	Fri. 2/14	Wed. 3/25	Sat. 7/11	2 <sup>nd</sup> Mon.	8/10	10 a.m.	Staggered Terms
	5	492	164	4	Tue. 2/25	Thur. 3/26	Sun. 7/12	2 <sup>nd</sup> Tues.	8/11	10 a.m.	Staggered Terms.
	3	432	217	7	Fri. 2/21	Mon. 3/23	Mon. 7/13	2 <sup>nd</sup> Wed.	8/12	10 a.m.	
	12	452	151	7	Thur. 2/27	Sat. 3/28	Tues. 7/14	2 <sup>nd</sup> Thurs.	8/13	10 a.m.	Parcels in effect
	2	864	288	9	Fri. 2/21	Tue. 3/24	Wed. 7/15	2 <sup>nd</sup> Fri.	8/14	10 a.m.	
	15	502	168	7	Fri. 2/28	Tue. 3/31	Wed. 7/22	3 <sup>rd</sup> Fri.	8/21	10 a.m.	
	17	126	65	3	Tue. 3/10	Thu. 4/9	Sun. 7/26	4 <sup>th</sup> Tues.	8/25	10 a.m.	Staggered Terms.

NOTE:  
\* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.  
\*\* = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.  
\*\*\* = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.  
Revised 5/1/2020

## COMMENTS/QUESTIONS FROM THE MEMBERSHIP

Today’s Date: \_\_\_\_\_

Your Name (please print): \_\_\_\_\_ Mu # \_\_\_\_\_ Apt. # \_\_\_\_\_

My Subject is: \_\_\_\_\_

*The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits per speaker are limited to:*

- 4 – minute limit per speaker, when there are no more than 15 speakers
- 3 – minute limit per speaker, 16 – 25 speakers
- 2 – minute limit per speaker, over 26 speakers

## CAP Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be June 18.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo

CAP, page 14

## GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents.

The Administration Conference Room is upstairs in the Administration Building. The following is a tentative schedule (*meetings are dependent on orders related to COVID-19; check schedules for latest information*):

Tues., June 23	<b>GRF Monthly Meeting</b> Clubhouse 4 ..... 10 a.m.
Wed., July 1	<b>Physical Property Committee</b> Admin Conference Room..... 1 p.m.
Mon., July 6	<b>Recreation</b> Clubhouse 4 ..... 1 p.m.

10 years  
experience  
10 년 약사 경력!



Free prescription delivery, free home visit immunization.

처방전 무료 배달, 무료 방문 예방접종

We promise personalized care and excellence in our service.

친절, 정확, 신속, 그리고 정직한 서비스를 약속 드립니다.

- Shingles (대상포진)
- Flu (독감)
- Prevnar 13, Pneumovax 23 (폐렴)
- Hepatitis A, Hepatitis B (간염)
- M-M-R (홍역, 볼거리, 풍진)
- Meningitis (수막염)
- Tdap (파상풍, 디프테리아, 백일해)
- HPV – Human Papilloma (인간 유두종)



7002 MOODY ST. #106  
LA PALMA, CA 90623

T: 562.403.2332  
F: 562.403.2331

☒ HONEYRX123@GMAIL.COM



This pharmacy is independently owned and operated under a license from Health Mart Systems, Inc.

“Your local financial partners in wealth management, estate planning and asset preservation.”  
**Call us today for a Complimentary Consultation!**  
**(562) 594-4290 • [www.MJFFG.com](http://www.MJFFG.com)**  
Martin James Flores, LPL Financial Planner  
13001 SB Blvd. Suite 240 SB, CA 90740  
Martin James Flores is a Registered Representative with securities and advisory services offered through LPL Financial, a Registered Investment Advisor, member FINRA/SIPC. CA Insurance Lic. #0C87640

# Religion

## CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

### Learning to minister in a holier way

By Jim Greer  
LW contributor

In April of 2018, the Church changed how Latter-day Saints care for one another. The new ministering program replaced the men's home teaching and the women's visiting teaching programs with new expanded responsibility for men, women, and youth to care for their fellow saints.

Elder Neil L. Andersen of the Quorum of the Twelve Apostles explained the importance of the new program when he stated "as disciples of Christ, we strongly reject the notion that our lives are all about ourselves. Rather, we follow the savior."

As it states in the Gospel of Matthew, chapter 20, "Whosoever will be great among you, let him be your minister; And whosoever will be chief among you, let him be your servant: The Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many."

Ministering during the COVID-19 pandemic is a critical test for the saints. Elder Anderson defined a formula for successful ministering. "The ability to bring a holier approach to loving your neighbor, to caring for and ministering to others, will rest upon how strongly you keep the first commandment. There is a unique and supernal gift of ministering that can come from someone who loves God with all his or her heart; who is settled, grounded, steadfast, and immovable in his or her faith in Jesus Christ and the restored gospel; and who keeps the commandments with exactness."

This ministering in the Savior's way is much more than a monthly assignment. "Caring for others, physically and emotionally, requires an unselfish and sensitive heart. It is an important part of the Gospel.

LDS, page 7

## Faith Christian Assembly

Billy Graham is quoted as saying, "A good father is one of the most unsung, unpraised, unnoticed, and yet one of the most valuable assets in our society." Father's Day is on Sunday, June 21 this year, and Faith Christian Assembly wants to make it an exceptional day for each and every father. There will be a message that will honor and inspire each father and they will be given a special gift as well. The service will start at 10:30 a.m. There will be no evening service on June 21.

Out of an abundance of caution, all who attend will have their temperature taken at the door, must wear a mask while sitting socially distant from others. Anyone who is uncomfortable attending the service in person can participate in the conference call during the regular service times. To attend, call (425) 436-6371, access code: 576671#.

Due to COVID-19, Faith Christian Assembly is not currently having its regular ministries, but will resume as soon as possible. To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at [www.FCAchurch.net](http://www.FCAchurch.net).

Email Religion stories  
to [laurieb@lwsb.com](mailto:laurieb@lwsb.com)

## LW Baptist

By Rolland Coburn  
Pastor

Jesus told his followers, "I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there you may be also," (John 14:2-3). Believers look forward to this event, and call it the "blessed hope," as Lelia Morris's gospel song expresses:

"Jesus is coming to earth again,

What if it were today?

Coming in power and love to reign,

What if it were today?

Coming to claim His chosen Bride,

All the redeemed and purified,  
Over this whole earth scattered wide,

What if it were today?

Glory, glory! Joy to my heart 'twill bring;

Glory, When we shall crown Him King.

Glory, glory! Haste to prepare the way;

Glory, glory! Jesus will come someday.

Satan's dominion will then be

BAPTIST, page 7

## St. Theodore's

St. Theodore's Episcopal wants to share two prayers to pray to God the Father during this time.

"Keep us, God our Father, under the shadow of your mercy.

Sustain and support the anxious,

be with those who care for the sick,

and lift up all who are brought low;

that we may find comfort knowing that

nothing can separate us from your love in Christ Jesus our Lord."

The other prayer comes from the Book of Common Prayers.

"This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus."

## Beit HaLev

Beit HaLev offers interactive livestream services for Shabbat and Jewish holidays. To attend, go to [Facebook.com/galityomtov](https://www.facebook.com/galityomtov) or [YouTube.com](https://www.youtube.com/channel/UC...) (Shabbat Shalom LIVE! channel). Evening services begin at 6 and morning services begin at 10.

This week is about studying another double Torah reading: "B'har-B'chukotai" — "on the mountain of" and "My commandments," respectively. In "B'har," Adonai addresses Moses on the mountain of Mt. Sinai regarding the laws concerning care of the land (Israel): the Israelites were to observe a Sabbath for the land they were assigned every seven years and to observe a Jubilee Year every 50th year.

In "B'chukotai," Adonai addresses the Israelites telling them to faithfully observe the commandments, bestowing blessings on their obedience in the form of rain for the crops, bountiful harvests and promising fertility to the people; God also threatens punishment for disobedience including exile from the Land of Israel.

Rabbi Galit Shirah conducts a weekday Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To count the Omer, say Kaddish, pray for healing or to hear a spiritual message, go to [SimShalom.com](https://www.SimShalom.com).

Rabbi Galit Shirah also teaches online Hebrew (Prayerbook and Conversational) and Cantillation (Torah chanting) for anyone who wants to learn something new. Contact the Rabbi at (562) 715-0888 or [duets@icloud.com](mailto:duets@icloud.com).

## Congregation Sholom

Rabbi Karen Isenberg will stream Friday night services at 6:30 on June 19 on The Congregation Sholom of Leisure World Facebook page. To join, select the "Rooms" tab, then click on "Jewish Activities" and "Join to Restart." Rabbi Eric Dangott will be on Facebook for the Saturday morning services starting at 9:30 on June 20.

Congregation Sholom's bingo night was so successful, it has decided to host one every Sunday, except Father's Day on June 21, at 4 p.m. Those who have already played can use the same email for a card. Those who haven't participated yet can contact Susan Michlin (805) 501-5268 to get a card. Once it is set up, participants should go to Facebook, search for Congregation Sholom, click on rooms, then click on the bingo tab.

The book club is reading "The Weight of Ink," by Rachel Kadish. It is a long book, so it will help make the time sheltering in place go faster. A room will be added to the Congregation Sholom Facebook page for the book club. Those who want to become members so they can participate in the live-streamed services can call Ron Yaffee at (562) 430-7040.

## Assembly of God

Father's Day celebrates the contribution fathers and father figures make in children's lives. This special day was founded by Sonora Dodd and first celebrated on the third Sunday of June in 1910. It became a permanent holiday under Richard Nixon's presidency in 1972. "Imperfections are not an excuse to plateau as a parent, we keep learning" is a great phrase to consider. Even when children are grown and possibly fathers themselves, everyone can benefit from Paul's words of wisdom in I Corinthians 16:13, "Be on your guard, stand firm in the faith, be men of courage, be strong. Do everything in love." Enjoy and cherish every moment with children, and grandchildren.

The videotaped message this Sunday—which will be delivered to each church member's home—will feature Associate Pastor Dan Ballinger preaching from Luke 15 about the Prodigal Son. This parable clearly illustrates the heart of God's love for us. When the son turned back to his father after his wasteful living, the father ran to meet him. Which is so like our Father in heaven, who welcomes us with open arms.

Pastor Sam Pawlak will have a brief devotion on Facebook at 10 a.m. on Sunday.

LW Residents Only

Free Flat Repair

\$25 Discount on Air Conditioning Service

Expires: Two weeks from publication

### Oil Change Filter & Tire Rotation

\$14.99

Save \$15.

Includes \$3 Hazardous Disposal Fee, Special Diesel Oil & Filters extra. With this coupon only. Most cars and light trucks. Foreign cars and other vehicles extra. Valid at Los Alamitos locations only. LW Residents only.

Expires: Two weeks from publication

Over 25 Years Serving the Community

3400 Cerritos Ave. Los Alamitos

562-799-1777

[www.coastlineautocare.com](http://www.coastlineautocare.com)

10%\* Senior Discount

Mon. - Fri. 7:00 am - 6:00 pm  
Sat. 7:00 am - 5:00 pm  
Closed Sundays  
\*10% discount excludes tires

## Koteras

Health Insurance Solutions

**"I Have Answers About How to Change Plans or Turning 65... Enroll Now!"**

**Now Offering All Major Medicare Insurance Providers**

**I Speak Fluent Medicare**

**Joe Koteras**  
**(562) 547-2913**

Lic. #0H53209

## Holy Family Catholic Church

by **Juan Caboboy**  
*Reverend*

Everyone will need to observe the guidelines on social distancing while attending Mass in person. Bishop Kevin Vann extends a dispensation from the obligation to attend Mass on Sundays and Holy Days of Obligation until such time as it is deemed safe to have large gatherings at Mass.

There will be a limited number of parishioners allowed in the church at each Mass and the maximum number of attendees is 100. The schedule is the same for weekday and weekend masses ([www.holyfamiliesb.com](http://www.holyfamiliesb.com)). For the safety of everyone who comes to church we need to observe the following:

- Follow strict guidelines for social distancing and sanitization.
- Those with underlying health conditions are encouraged to consider not returning to Mass yet.
- Anyone showing symptoms of illness, or anyone who has a household member who is sick or showing symptoms of illness, should not come to church.
- The church will be sanitized/cleaned after each service. Holy water fonts will remain empty.
- All local safety orders specifically relating to proper face coverings or masks will be followed.
- Parishioners will be instructed to not engage in any physical touch, such as greeting one another. The sign of peace at mass will be suspended.
- Ushers will lead you to your seats when you come in at the front door. I encourage one household to sit together in the front pews.
- During Holy Communion, you need to remove your face mask and observe the six-foot distance to the person in front of you in the line. The usher will give you a sign when to come to the center aisle to join the line for Holy Communion.
- The ushers will have the offertory baskets at the door as you exit after mass and you can pick up a copy of the parish bulletin at the door. We will be using side doors near the altar for exists at the end of the mass.

When the church is vacated, people who are interested can help the ushers in wiping or sanitizing the pews.

## Redeemer Lutheran

Every Sunday is a day to honor our Father in Heaven. Redeemer Lutheran will host its “Pick up Your Spirits, with Prayer and Communion” Sunday out in front of the church (13564 Saint Andrew’s Drive) from 10 a.m.–noon on June 21. In celebration of the heavenly father and Father’s Day, Redeemer Lutheran will also have delicious doughnuts as a sweet treat for all who made someone a father — all of us!

## BAPTIST

from page 6

O'er  
O that it were today!  
Sorrow and sighing shall be no more  
O that it were today!  
Then shall the dead in Christ arise,  
Caught up to meet Him in the skies;  
When shall these glories meet our eyes?  
What if it were today?  
Faithful and true would He find us here  
If He should come today?  
Watching in gladness and not in fear,  
If He should come today?  
Signs of His coming multiply,  
Morning light breaks in eastern sky;  
Watch, for the time is drawing nigh  
What if it were today?”

Luke 21:28 says, “But when these things begin to take place, straighten up and lift up your heads, because your redemption is drawing near.”

## LDS

from page 6

This caring is done in and out of the church by good people, believers, and nonbelievers. There are many wonderful, kind people all over the world, and we can learn from them.”

If each of us is indeed a “converted” member of The Church of Jesus Christ, we practice an even higher form of ministering. As disciples of Christ, we minister in a way that keeps a friend’s faith from faltering, reminding in a compassionate way that reading the scriptures can bring miracles.

Ministering spiritually requires opening our hearts, and through faith, encouraging a friend’s positive growth through consistent discipleship. While not being self-righteous, we can be spiritually courageous as we strengthen the faith of others and minister in a holier way.

As we follow the savior, most of our ministering will be from one person to another. Like “a one-time blast from a fire hose,” a single ministering attempt won’t fix a spiritual problem. It takes time, multiple conversations, and experiences to rebuild faith. You have to minister repeatedly and consistently to help someone turn back to God and rely on the savior and his atonement.

President Russell M. Nelson spoke powerfully in that same general conference, urging us “to stretch beyond your current spiritual ability to receive personal revelation.” He recommends that we invite the spirit to dwell in us, and schedule time and space to unplug so that we do not miss opportunities to hear “the still, small voice of the spirit.”

Elder Andersen concludes his address with a promise that “as you love God with all your heart, pray to be an instrument in his hands.” As you minister to individuals, you will build your capacity to receive revelation. We must trust in the influence of the Holy Ghost. The Lord will put his children in your path, that you will become their ministering angels, blessing their lives eternally. This is ministering in a holier way.

If you are in need of a ministering brother or sister, call (562) 344-5083 or email [ldsgreer@gmail.com](mailto:ldsgreer@gmail.com).

The LW Weekly  
430-0534

## Community Church

By **Johan Dodge**  
*Reverend*

For most of my childhood, I worshipped at a First United Methodist Church of Long Beach. In this church we had a diverse community of people, many of whom were adopted from Nigeria by a family. This couple had served as missionaries in Nigeria and had brought children over to be educated here so that they might return to Nigeria and improve the state of the country there. In addition to these lovely people we had a community of Hmong people in the church.

Since becoming a parent myself, I strive to give my children the opportunity to embrace the diversity of God’s “very good creation” and developed three words as our family values: “Listening, Learning and Loving.”

In the midst of the unrest that is all around us, I humbly suggest these values for your consideration. Listening is a spiritual practice that is difficult, but can also bring immense peace to our hearts. When we are able to truly listen, we are able to appreciate where someone else is coming from, especially when their experience is so different from our own. All of us, as diverse as we are, have been created in the image of God. When we listen and learn without fear, we become one with God and resemble God’s love in the world. If you are feeling like there should be more love in the world right now, maybe it’s time to do some more listening. Listening, learning and loving is a process that repeats itself throughout our entire lives.

The work of the church is currently taking place in our homes. Even though the building is closed, the church has only become closer and more active. If you are in need without another way to address that need, you may call the church office to leave me a message at (562) 431-2503.

Worship is on Sunday morning at 9:50 on Facebook live, @communitychurchleisureworld. Those who don’t have a computer or Facebook can call in to the phone system at (562) 431-2503 and listen to the weekly message beginning Sunday evening.

## First Christian Church

By **Bruce Humes**  
*Pastor*

In Romans 3:19, the apostle Paul writes, “Now we know that whatever the law says, it says to those who are under the law, that every mouth may be stopped, and all the world may become guilty before God.” Those under the law were the Israelites, it was given to them on Mount Sinai by God through Moses after they departed Egypt. The instructions from God, known as the Pentateuch or the Torah, which contains the Ten Commandments, was given as a code of moral conduct and ceremonial laws for the Jews to live by. God, in his sovereignty, gave the written law to the Israelites, and that same written law was in the heart (soul) and the conscience of man (Romans 2:15) leaving neither Jew or gentile with an excuse.

Not only did God write it down for us, but he wrote in our hearts and minds, revealing to us just how unrighteous and sinful we are. But, Paul continues in verses 22-23 telling us that, “even the righteousness of God, through faith in Jesus Christ, to all and on all who believe. For there is no difference; for all have sinned and fall short of the glory of God.”

So how do we get right with God? Verse 24 tells us, “being justified (seen as righteous, or as if we had never sinned) freely by His grace through the redemption that is in Christ Jesus.”

In John 6:29, Jesus made this statement in answer to a question asked by the disciples, “This is the work of God, that you believe in him (Jesus) whom He (God) sent.” Thus a clear answer to the age old question of eternal redemption.

In a time of great uncertainty, chaos, civil unrest, lawlessness, and ungodliness we must remember that none of us are without sin. We are all guilty according to God, and no redemption or justification will come from a political party or government system, any military or police force. Redemption and justification comes to those who believe in Christ Jesus.

## Podiatry House Calls

Foot care in the comfort of your home  
We treat and trim toenails, painful corns and calluses  
Medicare accepted and reasonable fees for self pay

**Dr. Marc Spitz & Dr. Scott Whitmore**



**799-0656**

## Come in and see Mike and Mike!

### Where Service means something.

## Seal Beach Chevron

4000 Lampson Ave.  
Corner of Lampson/Basswood—  
Across from Old Ranch  
Country Club Golf Course

**562-430-2015**

**\$10 OFF ANY SERVICE**



# Arts & Leisure

## Readers Write Book Reviews

Books can be great insulation from the far-reaching impacts from COVID-19 mandates. Have you just finished reading a great novel?

The LW Weekly is calling all bookworms to write interesting and engaging reviews for fellow readers.

Send your reviews to [rutho\\_news@lwsb.com](mailto:rutho_news@lwsb.com), and we will run them as space allows.

Reviews will be edited for brevity and clarity. Books can be ordered from the LW Library as part of its curbside pickup program or digitally through the OC County Library System. See lower right for how to get a bag of books, genre specific, for \$5 through the Friends of the Library.



## OC Library Free Audio/Ebooks

All branches of the Orange County Library System are closed due to the coronavirus emergency. But the library's website offers a treasury of resources online.

### Free Audio and Ebooks

Free audio and ebooks are available as the community bunkers down to prevent the spread of COVID-19.

Overdrive and Libby apps are now available to everyone who has an Orange County library card. (To get a card, log on to <https://www.ocls.info/using-library/get-or-replace-your-card>)

Find audiobooks and e-books, check them out, download them, and access them through the easy-to-use Libby app from OverDrive. People can borrow thousands of ebooks and audiobooks instantly for free, using their cell phones.

Just get the app for your phone or tablet; download it from either the Apple App Store for iPhones or Google Play for androids.

With the app you can keep track of your reading history, all your loans and holds are consolidated in a single place and positions and notes are synced across all your devices.

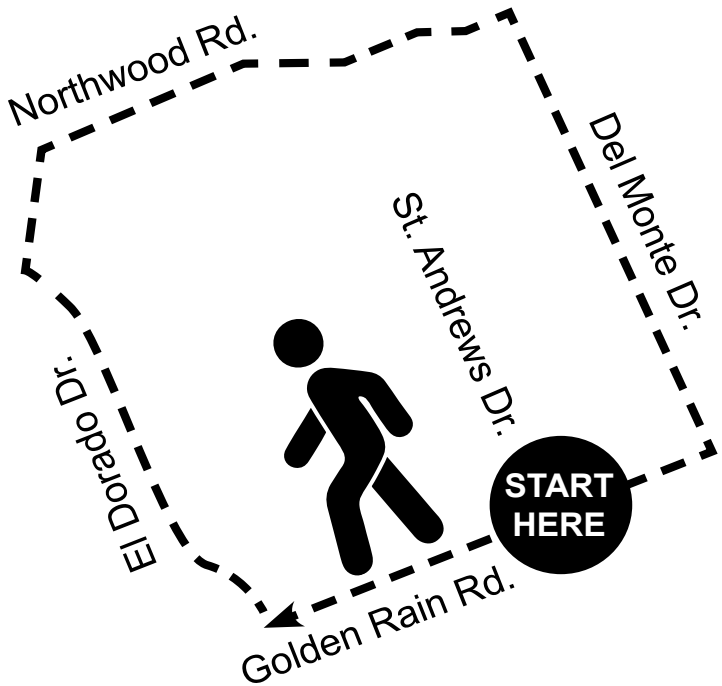
Libby can send books to Kindle for people who like to read on that device.

## LW Library Curbside Pickup

LW residents can now order materials for curbside pick-up. To request materials, call the library at (562) 598-2431, Tuesday-Friday, from 10 a.m.-to 2 p.m., or email [LWLibrary@lwsb.com](mailto:LWLibrary@lwsb.com); include your name, library card number, phone number and what kinds of materials you like to read and/or watch.

Library staff will accommodate specific requests or select similar items. The library is closed but staff is available to answer questions via phone or email Tuesday-Friday from 9:30 a.m.-3:30 p.m.

## Walking Trail A 2.5 miles or 5,000 steps



Regular brisk walking can help people maintain a healthy weight, prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes; strengthen bones and muscles; and improve mood, and balance and coordination. The Recreation Department has a Leisure World Walking Trails brochure featuring seven measured trails throughout the community. Stop by the Downtown Café and pick one up. For more information, contact [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

## LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members. The Creative Writers meet on the fourth Friday at 1:30 p.m. in Clubhouse 3, Room 1, for poetry, fiction and non-fiction; business meeting follows.

### Heavenly Lights

It's night and all around the misty clouds hang low,  
brushed ruddy from the city's glow.  
But standing beside my Leisure World home  
the night sky blooms with stars,  
Orian's belt and Venus, ages old, brilliant still.  
And were that not enough  
a new light shines in the Western sky,  
The International Space Station glows.

—Phyllis Poper

## Meals At-A-Glance

### Grab 'n' Go Schedule Clubhouse 6 Parking Lot

- **Monday:** Kabobaholic Food Truck – Chicken or meat kabobs, Gyros, Falafel, loaded fries, [www.kabobaholicft.com](http://www.kabobaholicft.com) or text (949) 400-4696 for preorders or buy onsite. Mention LWSB.
- **Tuesday:** Taco Tuesday—Mexican favorites plus hot dogs, burgers and fries, 5-7 p.m., no pre-orders
- **Wednesday:** Gourmet Renee—American cuisine, homemade soups and desserts, 4-7 p.m., pre-order by calling (323) 833-1213
- **Thursday:** Domino's Pizza – Call ahead for special orders; wings and salads offered; 3:30-7 p.m., (562) 493-2212; **Mandi's Candies Ice Cream Truck** is there from 4-7 p.m.
- **Friday:** NEW DAY, Katella Deli, extensive menu from appetizers to salads to hot entrees, 4-6 p.m. Call ahead at (562) 594-8611 or order online [www.katellabakery.com](http://www.katellabakery.com) for specials of the day, available onsite.
- **Saturday:** Naples Rib Co., barbecue, salads, sandwiches - order ahead online for faster service; [www.Ribcompany.com/LW](http://www.Ribcompany.com/LW); (562) 439-RIBS, **NEW HOURS:** 3:30-5 p.m.
- **Sunday:** NEW! Berg Catering – Freshly prepared meals with a healthy gourmet touch; pre-order only at (562) 663-2038 or online at [bergcatering.com](http://bergcatering.com) (LW Menu) 3:30-5:30 p.m.

...

All Grab 'n' Go events will take place, rain or shine. If it rains or too hot, people will line up in Clubhouse 6. People are asked to keep a six-foot distance and wear a mask. For information, call (562) 431-6586, ext. 398.

On-call bus service available from 4:30 p.m. when regular service ends. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.

## AMENITIES from page 2

### Veterans Plaza

The Recreation Department has begun reserving Veterans Plaza for certain dance and exercise clubs, in good standing, where physical contact is not involved. Clubs may book the space, now sporting shade cover, for 1-½ hour sessions, once a week. Group sizes may have to be reduced to meet the social distancing guidelines.

• All classes will be booked through the Reservations Office in the Recreation Department by emailing [Kathyt@lwsb.com](mailto:Kathyt@lwsb.com).

- No unscheduled event will be allowed at any time.
- Masks and six-foot distancing will always be required.
- All classes are self-managed and must provide their own equipment.
- No tables or chairs can be provided.

### Mission Park

**Pickleball – Reopening date to be determined**

- The pickleball court will be open, and play must be booked through the Recreation Department by email only. No unscheduled

games will be allowed. Email [kathyt@lwsb.com](mailto:kathyt@lwsb.com) Monday-Friday before 4 p.m.

- Pickleball games are limited to one hour of play per group (four players per court).
- Pickleball players must provide their own paddles, and gloves must be worn when handling the ball.

- Masks and six-foot distancing will always be required.

- No gathering will be permitted before or after games.

**Bocce Ball– Reopening date to be determined**

- Bocce ball will be open, and play must be booked through the Recreation Department by email. No unscheduled games will be allowed.

- Bocce ball players must provide gloves and they must always be worn when handling the balls.

- Masks and six-foot distancing will always be required.

- No gathering will be permitted before or after games.

- Only four players per one-hour session; no spectators are permitted

- Chairs and benches will be removed from the park

### RV Lot

- RV Lot office be open for service Monday-Friday from 8:30 a.m.-noon.

- Masks are required in the office, and only one lessee is permitted at a time.

The Golden Rain Foundation is working to open facilities as soon as possible and still meet all local and state guidelines.

For more information, email [events@lwsb.com](mailto:events@lwsb.com).

—Kathy Thayer,  
assistant recreation manager



## CBD Products Pure Natural Organic Hemp Zero THC, Lab Tested Purity

- New Lower Prices
- Bundled Discounts
- Drops - Capsules - Lotions - Dog CBD
- Free Delivery & Shipping

**Barbara Lamb RN 562-296-8409**  
**[www.cbdcare.com](http://www.cbdcare.com) LW Resident**



ST. GEORGE

## THE ORAL HEALTH INSTITUTE

FAMILY & COSMETIC DENTISTRY • CREDIT DENTISTRY

**Maged Zaky Nessim, D.D.S., Inc**

- \* Pick-up and Return Patients to LW
- \* All Insurances Accepted: HMO, PPO, Medi-Cal, etc.
- \* Credit & Financing Terms Available
- \* State-of-the-Art Dental Office
- \* Caring Staff and Doctors
- \* Medi-Cal/HMO Welcome
- \* Family & Cosmetic Dentistry

*Celebrating 40+ Years in Pavillion Center*

**(562) 594-4885**

1058 Bolsa Avenue, Seal Beach CA 90740



# We're Here.

Asthma, Back Pain, Bleeding, Broken Bone, Bruising, Chest Pain, Confusion, Dizziness, Extreme Abdominal Pain, Fainting, Fatigue, Fever, Joint Pain, Labor and Delivery, Loss of Balance, Mammogram, Muscle Weakness, Nausea, Prenatal Care, Seizures, Severe Headache, Shortness of Breath, Unexpected Lump, Asthma, Back Pain, Bleeding, Broken Bone, Bruising, Chest Pain, Confusion, Dizziness, Extreme Abdominal Pain, Fainting, Fatigue, Fever, Joint Pain, Labor and Delivery, Loss of Balance, Mammogram, Muscle Weakness, Nausea, Prenatal Care, Seizures, Severe Headache, Shortness of Breath, Unexpected Lump, Asthma, Back Pain, Bleeding, Broken Bone, Bruising, Chest Pain, Confusion, Dizziness, Extreme Abdominal Pain, Fainting, Fatigue, Fever, Joint Pain, Labor and Delivery, Loss of Balance, Mammogram, Muscle Weakness, Nausea, Prenatal Care, Seizures, Severe Headache, Shortness of Breath, Unexpected Lump, Asthma, Back Pain, Bleeding, Broken Bone, Bruising, Chest Pain, Confusion, Dizziness.

**We're here. Just like we've always been. For care that's close to home. Especially now, after homes changed overnight into restaurants. Offices. Schools. We're here. With wellness. With every protection and precaution. Because your health won't wait. No matter the symptom or emergency, seek care when you need it—virtually or in-person. Because we've always been, we always are, here.**

Learn more.  
**(877) MYMEMCARE (696-3622)**  
**memorialcare.org/WereHere**





Eva Kanagusuku took this picture of an Egret last week in front of her unit at 1181 Oakmont Road. The tall, stately white wader of quiet waters was nearly wiped out in the United States in the late 1800s, when its plumes were sought for use in fashion. The Egret made a comeback after early conservationists put a stop to the slaughter and protected its colonies; as a result, this bird became the symbol of the National Audubon Society.



### Friday Golf

by Dave LaCascia  
LW contributor

After a nearly three-month hiatus due to COVID-19 restrictions, the Men's Friday Golf League restarted the season on June 5 at the Meadowlark Golf Course in Huntington Beach.

Narrow fairways and sloping greens make this a fun and challenging course. Ten men, one woman and one guest tackled the par 70 course. Because most everyone is mentally and physically out of competition shape, the round was played just for fun and socialization. The course is in exceptionally good shape, and it was a pleasure to play with folks that had not seen each other for a while. Fortunately, all are in good health and surviving the quarantine.

At the start of the round it was cool and still drizzling after a downpour 20 minutes before tee time. That stopped after a few holes, and it warmed up a little, but none of the golfers ever saw the sun.

Golf carts were available at the course for single occupants only or people from the same household.

### Zoom for MAC Users

A Zoom class for MAC Users will be held at 10 a.m. on Tuesday, June 23. The beginning class that will focus on the MAC user. If you have any connectivity issues, call Bonnie Z. Cooper at (562) 822-6358 before class starts. Instructor: Miryam Fernandez and Bob Cohen

A Microsoft Word Basics class will be held at 10 a.m. on Tuesday, June 30. This class will focus on basic Word skills that apply to Zoom and other video conferencing applications. If you have any connectivity issues, call Bonnie Z. Cooper at (562) 822-6358 before class starts. Instructor: Miryam Fernandez and Virginia Olejnik

To request a Zoom invitation, email [Miryam at mzzmimm@gmail.com](mailto:Miryam@mzzmimm@gmail.com) and write Tuesday Classes in the subject line.

—Miryam Fernandez



Yong Pyon of Mutual 1 took this beautiful shot of the sunrise on June 11 at 6:11 a.m. from the greenbelt in Mutual 1.

### VIDEO PRODUCERS

### Zoom classes offered all week

The Video Producers Club is offering free Zoom classes at 10 a.m., Monday-Friday, and a Zoom Party Social on Saturday at 5 p.m.

Classes are as follows:

- Monday, 10 a.m., intermediate Zoom class for Windows and Android users with Joe Osuna, host. For an invite to his class, email [joosuna29a@gmail.com](mailto:joosuna29a@gmail.com).
- Monday, 2 p.m., Zoom class for iPad and Mac users with Fred Carpenter, host. For an invite to his class, email [sail1942@gmail.com](mailto:sail1942@gmail.com).
- Wednesday, 10 a.m., beginners Zoom class Windows and Android users with Joe Osuna, host. For an invite to his class, email [joosuna29a@gmail.com](mailto:joosuna29a@gmail.com).
- Thursday, 10 a.m., beginners Zoom class for Windows and Android users and for beginning Video Producers with Joseph Valentinetti, host. For an invite to his class, email [0501041@gmail.com](mailto:0501041@gmail.com).
- Friday, 10 a.m., guest lecturer Bob Cohen in Friday Morning Tech Talk; learn more about technology each week. Email [bob@bobology.com](mailto:bob@bobology.com) for an invite or visit the calendar at [www.bobology.com](http://www.bobology.com).
- Saturdays, 5 p.m., Zoom Party Social, hour open to all residents, hosted by Joseph Valentinetti. For an invite to the party, email [0501041@gmail.com](mailto:0501041@gmail.com).

—Joe Osuna

### MUTUAL 15

### Residents can call to receive free mask

The LW Sewing Brigade is giving masks to LW mutuals to distribute to residents who still need one.

Mutual 15 has received 150 masks to give away to its shareholders.

If you live in Mutual 15 and need a free cotton face mask, call (562) 804-5585, ext. 5, to request a packet; two masks per unit, first come, first served.

### COVID-19—THE LATEST

### Where Can I Get Tested?

The outbreak of COVID-19 respiratory disease caused by a novel (new) coronavirus was first detected in China late last year. Updated information from the CDC and other authorities, in addition to the latest guidance and reminders of how residents can protect themselves, will be provided in this column.

#### What Is It?

The World Health Organization describes the novel coronavirus as a member of “a large family of viruses” that cause everything from the common cold to Severe Acute Respiratory Syndrome (SARS). COVID-19 is the disease caused by the coronavirus. For most people, the coronavirus causes mild or moderate symptoms, such as fever and cough that clear up in two to three weeks.

For some, especially older adults and people with existing health problems, it can cause more severe illness, including pneumonia and death. The vast majority of people recover. State and local officials have put social distancing policies in place to slow the spread of the virus. Seal Beach has 28 reported cases as of presstime, according to the Orange County Health Care Agency.

#### COVID-19 Testing at Home

If you're interested in taking a free COVID-19 test in your home in Leisure World by licensed, trained lab personnel, contact Reddy Urgent Care in Huntington Beach by email at [Reddyurgentcare@gmail.com](mailto:Reddyurgentcare@gmail.com), attention: Helen and Minerva, who will send you information. Required is a copy of your I.D. card and insurance information, and they will schedule an appointment at your home.

Insurance will be billed if it covers the test; if not, there is no charge.

Usha Rani K. Reddy, M.D., is a board-certified emergency room physician working with Long Beach Emergency Medical Group. His group provides physician services at St. Mary Medical Center in Long Beach and Little Company of Mary Medical Center in San Pedro.

He also owns and runs three urgent care centers that provide medical services comparable to an emergency room visit. Currently COVID-19 testing and blood draws for the anti-body test are being done at all the centers; for general information, visit [reddyuc.com](http://reddyuc.com).

Reddy Urgent Care Centers are located at 123 Atlantic Ave., Long Beach, 90802, (562) 726-1383; 4237 Atlantic Ave., Long Beach, 90807, (562) 336-1656; 7772 Warner Ave., Suite 103, Huntington Beach, 92647; (714) 916-0241.

Thank you to LWER Donna Sprow for providing this information.

#### CVS on PCH has COVID-19

CVS, 921 Pacific Coast Highway, Seal Beach, now offers limited testing for the COVID-19 virus. Go online and schedule an appointment time. At the drive through, you will be given a self test to take and then return it to a kiosk outside the store.

People must follow online instructions, register, schedule a time for the drive through and then follow instructions for the self test.

Limited appointments are available to patients who qualify. Patients being tested are required to stay in their vehicles and surfaces are sanitized after each visit. To learn more, visit <https://www.cvs.com/minuteclinic/covid-19-testing>.

### Orange County, Seal Beach Reopenings

On June 11, county officials announced a new list of businesses that can resume as California enters Stage 3 of the state's reopening plan, including bars and breweries, gyms, movie theaters and family entertainment centers, hotels, museums and campgrounds.

Neighborhood swimming pools, including the McGaugh School Pool, also reopened June 12, with social distancing and other precautions in place. The Seal Beach Community Pool, located at 1698



Sign up now for the GRF's one-way, real time community notification system. LW Live is designed to keep people informed during emergencies and get the word out about on-site restaurant services, and other useful information. Don't be left in the dark; fill out the form and deliver it to the News Office through the slot in the door, mail it to LW Weekly, PO Box 2338, Seal Beach, CA, 90740, or sign up at lwsb.com.

Name (first and last)

Mutual Number:

Email Address:

Food Resources during COVID-19

The Leisure World Recreation Department has compiled the following information on senior grocery hours, grab 'n' go meals delivered daily onsite and local restaurants that deliver or have curbside pickup. This information is updated weekly to help people stay home as much as possible during the COVID-19 crisis.

Grocery Store Hours for Seniors

- Gelson's Market is open from 7-8 a.m. for seniors 65 and older. One caregiver per shopper is permitted, proof of age required.
- Ralph's is open from 6-7 a.m. for seniors. Traffic is restricted to 50 people at a time so occasionally there are lines. People can order online for store pickup
- Sprouts does not have senior hours but delivers through Instacart or you can order ahead, and store staff will hand pick your order pick up.
- Trader Joes is open from 8-9 a.m. for people aged 60 and older. The store limits the number of shoppers inside to 50. Lines move quickly and the wait is usually only a few minutes. It is well stocked but limits eggs, milk and paper products; ask if shelves are not stocked.
- Costco is open from 9-10 a.m., Monday-Friday, for members ages 60 and older, and people with disabilities effective May 4. Guests will not be admitted. Costco delivers through Instacart with store hours from 10 a.m.-6:30 p.m.
- Target is open on Wednesdays from 8-9 a.m. for seniors only. The store has reduced hours and closes by 9 p.m. daily to deeply clean stores.
- Smart & Final stores are open 30 minutes early, from 7:30-8 a.m. to accommodate seniors 65 and older, those with disabilities and pregnant women. ID may be requested.
- Stater Bros. Market is open from 7-8 a.m. for people 65-plus.

Other Local Food Options

The Farmer's Market is open at 9 a.m. on Tuesdays at Seal Beach Village parking lot.

The Primrose Restaurant in the same shopping center offers a pop-up mini market daily in the parking lot from 10 a.m.-2 p.m. It offers dairy products, eggs, fresh produce, paper goods and a few sundry items.

Grab n' go Onsite Food Options

There is onsite food service available daily at the Clubhouse 6 parking lot at a Grab n' Go event. In case of long lines or warm weather, lines will form inside Clubhouse 6. Vehicles should be parked; golf carts will not be permitted in line. Mobility aids are allowed.

- **Kabobaholic Food Truck** 4-6 p.m., Mondays; Mediterranean cuisine, including chicken or meat kabobs, gyros, falafel, loaded fries, pre-order at [www.kabobaholicft.com](http://www.kabobaholicft.com) or text (949) 400-4696 or buy onsite, mention LWSB.
- **Koffel's Taco Tuesday Truck**, 5-7 p.m., Tuesday and Friday; check menus via LW Live alerts (no pre-orders).
- **Gourmet Renee's** American cuisine, 4-6 p.m., Wednesdays. Pre-order and save time by calling or texting (323) 833-1213.
- **Domino's Pizza**, 3:30-7 p.m., Thursdays. Call ahead, (562) 493-2212, to have special orders delivered to the parking lot.
- **Mandi's Candies Ice Cream truck** has now joined the Thursday lineup, just in time for the warm weather.
- **Katella Deli**, 4-6 p.m., Friday, preorder at (562) 594-8611 or order online [www.katellabakery.com](http://www.katellabakery.com) or buy weekly specials onsite.
- **Naples Rib Company** barbecue, sandwiches and salads, 4-6 p.m., second and fourth Saturdays in June; online pre-orders only at [ribcompany.com/LW](http://ribcompany.com/LW).
- **Lucille's Smokehouse**, 4-6 p.m., first and third Saturdays in June (no pre-ordering)
- **NEW! Berg Catering** – 3:30-5:30 p.m., Sunday, freshly prepared meals with a healthy gourmet touch; pre-order only (562) 663-2038 or online at [bergcatering.com](http://bergcatering.com) (LW Menu)

Downtown Cafe

The Downtown Café in Building 5 has vending machines that are restocked daily with food and drinks for take-out. Due to social distancing rules, the tables and chairs have been removed to discour-



Jojo Weingart

The Joyful Line Dancers met last Wednesday. Teacher Takako Mitchell demonstrated a couple dances. The class is held from 2-3:30 p.m. on the first, second and third Wednesdays and from 3-4:30 p.m. on the fourth Wednesday. All are welcome.



The Aquarium invites people to explore the beauty and diversity of coral reefs and their animal residents in a new exhibition—Coral Reefs: Nature's Underwater Cities.

AQUARIUM OF THE PACIFIC

New coral reef exhibition is ready for guests

After careful planning and discussions with the City of Long Beach, the Aquarium of the Pacific reopened to the public on June 14, with special safety measures in place.

The Aquarium has been offering a variety of programs for people at home through its Online Academy during its closure due to COVID-19 and plans to continue to do so.

It will also debut a new exhibition on coral reefs.

“On behalf of all of us at the Aquarium, we are very pleased to be able to welcome our members and visitors back. We have missed them and look forward to our community being able to enjoy the tranquility of our exhibits and to learn about our ocean planet. We are pleased to reopen with a new exhibition, Coral Reefs: Nature's Underwater Cities,” said Dr. Jerry Schubel, Aquarium of the Pacific president and CEO.

The Aquarium invites people to explore the beauty and diversity of coral reefs and their animal residents in a new exhibition. Coral Reefs: Nature's Underwater Cities features new animals,

programs, and exhibits where visitors can learn more about the importance of coral reefs and how to protect them.

Guests can journey through the newly redesigned Tropical Pacific Gallery and experience a stunning virtual dive in the Honda Pacific Visions Theater. A green sea turtle, flashlight fish that glow and clownfish are among the more than one dozen new animal species that are highlighted. Also featured are various coral reef environments with these and other species, from pufferfish to cuttlefish and the new seabird—Sula the red-footed booby. Sula is one of only two red-footed boobies known to be living at a zoo or aquarium.

The Aquarium is limiting the number of visitors, requiring advance timed reservations for everyone, and managing traffic flow to ensure appropriate social distancing; requiring face coverings for everyone age two and older and temperature checks for everyone, including staff; providing numerous hand-sanitizing stations for visitors and staff; will be constantly sanitizing all

touched surface; and much more.

Clear partitions have also been installed in key areas where staff interact with guests, such as the main entrance, member services and retail areas. The Aquarium has also temporarily paused shows and presentations and closed several exhibits to ensure social distancing.

More details are available on the Aquarium's website at [http://www.aquariumofpacific.org/visit/aquarium\\_safety](http://www.aquariumofpacific.org/visit/aquarium_safety). According to current health guidance from the City of Long Beach, all people residing within the city who are age 65 or older and all people of any age who have underlying health conditions are strongly urged to remain in their residences.

The Aquarium has installed social distancing signs throughout the facility, set up for one-way foot traffic in the main galleries, and is stationing staff to monitor and enforce social distancing. Exit with re-entry will not be allowed during this initial phase of reopening.

Anyone who wants to visit must make an online reservation. Members and those holding tickets or who want to redeem a coupon must still make a free reservation time. The Aquarium will be open 9 a.m.-6 p.m., Monday through Thursday, and will extend its hours Friday through Saturday to 9 p.m.

Aquarium of the Pacific, 100 Aquarium Way, Long Beach, has a general admission of \$34.95, adult (12+); \$29.95, senior (65+); \$24.95, child, and free to children under age three and Aquarium members

For more information, call (562) 590-3100 or visit [aquariumofpacific.org](http://aquariumofpacific.org).



Some of the animals that will be highlighted include numerous species of coral and colorful reef fishes such as this parrotfish.

# Community

COMMUNITY STRONG

## GAF handed out 800 masks in its second LW mask give away

In response to seeing a need for masks throughout the community, the Golden Age Foundation (GAF) hosted its second mask giveaway on June 12 in Veteran's Plaza. The event drew out many people, causing the line to snake around the Clubhouse 3 building at one point, with everyone standing six feet apart. The group ended up giving away 800 masks to the community. Another 650 masks were distributed during its first giveaway on May 15.

Shareholders who attended the event were asked to cover their mouths with a scarf or handkerchief if they didn't already have a mask. Each shareholder received one mask.

Inside the plastic bag that contained the mask were instructions to wash the mask before using. It said that shareholders can put a filter in the mask such as a coffee filter, paper towel, or napkin for added protection.

It is important to wash the mask (without the filter) daily. Those who don't have a washing machine can put it in a ziplock baggie, fill it with hot water and soap and shake by hand. Let the mask soak in a bag for five minutes. Rinse with hot water and hang to dry.

GAF wants to thank the 50-plus volunteers who made this event possible. The sewers, fabric and elastic cutters, and runners for coming together to make a total 4,000 handmade washable face masks for fellow neighbors over the past few months. And thanks to co-coordinators Diana Harrison of Mutual 5 and Anna Derby from the Golden Age Foundation who have overseen this project since April 30.

The group would also like to thank a Mutual 1 shareholder, who would like to remain anonymous, for contributing close to 2,000 face masks made by her friends. The group of volunteers was from Phat To Temple (Gotta Temple) in Long Beach who sewed all those masks to give away. Her donation will be shared with Mutual boards so all directors can deliver them to home bound shareholders who can't stand in line.

Thanks to the Golden Age Foundation board who participated in distribution on May 15 and June 12 to hand out over 1,500 face masks.

For more information, contact Anna Derby at (562) 301-5339.

The Golden Age Foundation is nonprofit, charitable organization dedicated to serving the



Anna Derby (l) of GAF handed out masks during the June 12 giveaway.



Lillian Kennedy (r) helped direct shareholders in line and make sure everyone was adhering to social distancing.



Lillian Kennedy (l-r), Eloy Gomez, Anna Derby, John Morris and Beth Greely worked to make the giveaway a success.



Security attended the event to make sure everyone stayed 6-feet apart as the line wrapped around Clubhouse 3.

special needs of Seal Beach Leisure World shareholders. Its purpose is to make the community a better and happier place in which to live. Because the Golden Age Foundation has been certified as a

nonprofit organization by the Internal Revenue Service, contributions made to it qualify for exemption from income taxes, in most cases.

LW ANNIVERSARY

## Celebrating 65 years together

Gene and Margaret Smith were married on June 17, 1955 in Redondo Beach, Ca. Gene was working for the North American Aviation at the time. In 1958 they had twin daughters, Barbara and Beverly and in 1960 they had a third daughter, Susan. In 1969 they all moved to Dexter, Maine, where Gene was born and grew up. Margaret was born in Bristol, England and immigrated to Main in 1949. The twin daughters and their husbands live in Huntington beach and their youngest daughter and husband and only granddaughter live in Arizona. The Smith's moved to Leisure World in 2004 after retirement. They are very active in Leisure World at the Baptist Church, cribbage club, pinocle club, Friends of the Library, and tax program. They have planned a trip to celebrate their 65th anniversary to Lake Arrowhead with their daughters, Barb and Bev.



Celebrating an Anniversary?  
Email [laurieb@lwsb.com](mailto:laurieb@lwsb.com)  
with photos attached as jpg files.

## Democratic Club

By Mary Larson  
LW Contributor

Since Democratic Club cannot meet in person to discuss issues, the group would like to highlight some issues that are of interest to the Democratic party both in Orange County and the rest of the United States.

The Democratic Party of Orange County passed a broad, comprehensive reform resolution that requires endorsed candidates to commit to introducing legislation for racial justice and equity. Orange County's chief health officer resigned after facing push back from Orange County Board of Supervisor Chair Michelle Steel and others for her order to require face coverings for the public. The newly appointed chief health officer has reversed the mandated mask order, suggesting that masks are only recommended, but not mandatory.

The Republican National Committee has sought a preliminary injunction to block Gov. Newsom's order calling for every registered voter in the state to receive a mail-in ballot for the November election. Democrats are mounting a new effort to push back against a well-funded campaign at both the state and national level that seeks to undermine public confidence in mail-in voting.

Also, at the federal level, two members of the House (one Republican and one Democrat) have introduced the Ending Qualified Immunity Act, which they say would restore the original intent of the 1871 Civil Rights Act. More recently, Democrats in the House introduced a new Justice in Policing Act, the text of which can be found at [https://judiciary.house.gov/uploadedfiles/justice\\_in\\_policing\\_act\\_of\\_2020.pdf](https://judiciary.house.gov/uploadedfiles/justice_in_policing_act_of_2020.pdf)

When it comes to policing, Minority Leader Kevin McCarthy identified three possible points of common ground with Democrats: raising the level of officer training by linking training standards to federal money, requiring more transparency about misconduct al-

DEMOCRATIC, page 13

HCC 24-Hour Nurse  
795-6216

## Voting in the general election

There has been a lot of discussion surrounding mail-in ballots as the Nov. 3 Presidential Election draws near. Historically, most voters have gone to the polls to vote, but some choose to vote by mail. Voting by mail is designed for people who might be out of town on voting day or have an illness that prevents them from voting in person. In these cases, a family member or a person who lived in your household could deliver your ballot to the post office or hand carry it to a local poll.

On September 29, 2016, just before the last Presidential election, the California legislature and the Governor approved a new law (Assembly Bill 1921) that would allow anyone to take anyone's ballot and turn it over to the Registrar of Voters office to be counted. Most mailed their ballot via the U.S. Post Office.

Many people have been concerned about the possibility of fraudulent mail-in votes. It is for these reasons, President Trump has encouraged voters to vote in person. However, voting in person is not always possible. Leisure World is a good example since residents are not physically capable of going to a voting center to vote.

The Republican Club has developed a process that will provide a 100 percent guarantee that your ballot will be received and delivered the same day to the Orange County Voter Registrar's Office. Below is how the Republican Club will process ballots received for the November 3, 2020 General Election.

1. Leading up to the election, those who come to the Republic Club booth will be advised that it cannot assist in the completion of their ballot. The club will have recommendations to assist voters, which will be made available shortly after the Sample Ballot has been mailed to voters from the Orange County Voter Registrar.
2. Voters who are unable to vote in person have the option to mail their ballots through the US Postal Service. The club does not recommend mailing these documents based on past problems with this government agency.
3. The Republican Club will offer any voter the opportunity to bring their completed ballot, which should be placed in the envelope provided by the Registrar of Voters Office, sealed and signed by the voter. This envelope will be placed in a secured drop box, only to be opened by the president of the Republican Club or his designated representative.
4. Each day at 2 p.m. all ballots will be removed from this secured container and each ballot will be logged by the voter's name for the purpose ensuring each ballot is accounted for.
5. A designated driver will be given the ballots for transportation to the OC Voter Registrar Office in Santa Ana.
6. Upon arrival at the Registrar Office, the driver will then sign all envelopes as required before either handing the ballots over to an employee of the Registrar Office or placing them in an outside drop off box.

During the latest Primary Election, the LW Republican Club received and delivered 434 ballots to the Orange County Registrar of Voters office on a daily basis. The goal is to reach 100 percent of Republican registered voters turning out to vote for this November's election.

Any questions regarding this process should be directed to the club president at (562) 335-0779.

The Republican Club booth will be in the parking lot outside Building 6, the gym and table tennis room, every Monday in August, so long as COVID-19 restrictions allow.

### LW HUMANISTS

## YouTube.com provides a wealth of information while in isolation

Even though the COVID-19 pandemic has temporarily interrupted the Humanist Club's meetings, it is still possible to access Humanist philosophy on YouTube. Anyone who missed the meeting titled "The Transcendental Argument for God," with writer Bill Zuersher, can catch the talk on *YouTube.com* by putting the title of the talk in the search bar.

There are a number of prominent writers and philosophers expressing the Humanist viewpoint on YouTube, such as Steven Pinker, Sam Harris, Daniel Dennett and Christopher Hitchens. Humanists can also hear from humanist scientists like Laurence Krause, Richard Dawkins and Sean Carroll, who promote an evidence-based view of the world.

The **COMMUNITY** stories deadline is the Thursday prior to the desired publication date at 4 p.m.,  
Monday, prior to the Thursday publication.  
Email stories to **laurieb@lwsb.com**  
with photos attached as jpg files.

## SBTV Listing

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule). Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at **SBTV3.org**.

### Thursday, June 18

- 4 pm K9 Corner
- 5 pm Life and Times: Lawhead Brothers
- 6:30 pm The History of Seal Beach
- 7 pm The Spirit of Seal Beach
- 7:30 pm World's Fair Newsreel
- 7:45 pm Wally Schirra
- 8 pm On Q—8bit Jazz Heroes
- 9 pm Cerritos Center-Matt Mauser

### Friday, June 19

- 4 pm Beginning of Leisure World
- 4:15 pm World's Fair Newsreel 1964
- 4:30 pm Lyon Air Museum
- 4:45 pm Wally Schirra
- 5 pm Beginning of Leisure World
- 5:15 pm ShelteratHomeEntertainment
- 6 pm LW Mystery at the Theater
- 6:40 pm Abilene Ampitheater
- 8 pm Life and Times- Lawhead Brothers
- 9 pm Cerritos Center-Golden Dragon Acrobats
- 10:37 pm Cerritos Center-The Four Tenors

### Saturday, June 20

- 4 pm Wally Schirra
- 4:15 pm Lyon Air Museum
- 4:30 pm K9 Corner
- 5 pm McGaugh Patriotic Show
- 5:45 pm McGaugh 1st Grade Weather Show
- 6:30 pm ShelteratHomeEntertainment
- 6:45 pm Lyon Air Museum
- 7 pm LAUSD

### Sunday, June 21

- 4 pm SB City Council Meeting replay 6-8
- 6 pm Aquarium of the Pacific
- 7 pm Spirit of Seal Beach
- 7:30 pm History of Seal Beach
- 8 pm Wally Shirra/Newsreel 1964
- 8:30 pm Riders in the Sky-Cerritos Center
- 10:15 pm Abilene Ampitheater
- 11:35 pm Bob Cole Conservancy

### Monday, June 22

- 4 pm Harmonizing Humanity
- 4:30 pm Aquarium of the Pacific
- 5 pm Vintage Vehicles
- 6 pm McGaugh's 3rd Grade Show
- 7 pm SB City Committe Meeting LIVE
- 8:30 pm Beginning of LW
- 8:45 pm World's Fair Newsreel 1964
- 9 pm LW Special Olympics
- 9:15 pm Aquarium of the Pacific
- 9:30 pm Cerritos Center-In the Mood

### Tuesday, June 23

- 4 pm Harmonizing Humanity
- 4:30 pm Beginning of Leisure World
- 4:45 pm World's Fair Newsreel 1964
- 5 pm ShelteratHomeEntertainment
- 5:15 pm McGaugh - Go West!
- 7 pm Abilene Amphitheater
- 8:30 pm Cerritos Center-Matt Mauser
- 10:30 pm Bob Cole Conservancy

### Wednesday, June 17

- 4 pm LW's Special Olmpics
- 4:15 pm Beginning of Leisure World
- 4:30 pm World's Fair Newsreel
- 4:45 pm McGaugh's 1st Grade Show
- 5 pm National Parks/Drone Club
- 5:30 pm Aquarium of the Pacific
- 6 pm History of Seal Beach
- 6:30 pm Spirit of Seal Beach
- 7 pm Seal Beach City Limits-Richard Hastings
- 8 pm Cerritos Center-Golden Dragon Acrobatics
- 9:37 pm Cerritos Center-The Four Tenors
- 11 pm Bob Cole Conservancy

\*All programming is subject to change.

The LW Weekly 430-0534



The 2019 FALW Veteran's picnic brought out large numbers to honor the sacrifice of those who served.

### FALW

## July 4 Picnic canceled; looking for safe alternatives to celebrate

The Filipino Association of Leisure World regrets to announce the cancellation of the scheduled picnic to honor all veterans living in Leisure World due to COVID-19 restrictions.

FALW is currently looking for a safe alternative for the event. The group believes that the veterans in Leisure World deserve recognition for the sacrifices they made to preserve everyone's freedom. If the group finds a safe alternative to the picnic, they will announce it in the LW Weekly. For more information, call Ren Villanueva at (323) 854-6209.

## DEMOCRATIC from page 12

-legations so police officers can't escape past problems by moving to another city, and making it easier to remove bad officers.

Leisure World's representative in Congress, Harley Rouda, has been working tirelessly on all of the above issues. He has condemned rhetoric and actions of hate in our community from his first day in office and has recently written about Orange County's history of white supremacy and anti-Semitism that cannot and should not be swept under the rug.

For more information about any or all of these issues, LW Democrats and their supporters are invited to subscribe to the club's newsletter by emailing [lwsbdemocraticclub@gmail.com](mailto:lwsbdemocraticclub@gmail.com) or calling the editor at (562) 296-8521.

# Obituaries

...

### In Memoriam

- Robert Calhoun 78
- Gerald Smith 74
- Donna Jones 64
- John Wallace 30
- Alberta Durlin 86
- Lawrence Reed 90
- Atina laufiso 69
- Len Uanno 47
- Euthell Hayes 75
- Michael Jay 67
- William Bonney 70
- Ollie Grant 76
- Daniel Rodriguez 63
- Curtis Parnell 77
- Calvin Brown 65
- John Miller 55
- Evelyn Ellison 85
- Nevell Ivan Whatley 61
- Jeannie Salvato 73
- Henry Dawkins 79
- Families assisted by McKenzie Mortuary, 961-9301

—paid obituary

...

Space is available for obituaries of residents and former residents.

- An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.
- An obituary with or without photo is available free of charge

for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

- Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.

- Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

- A "Card of Thanks" section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

Obituary Notices: [laurieb@lwsb.com](mailto:laurieb@lwsb.com)



# Health & Fitness

## Meals on Wheels, Long Beach

*Meals on Wheels of Long Beach, Inc. (MOWLB), delivers freshly cooked meals daily, Monday-Friday, between 10:30 a.m. – 12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and 8oz. carton of one percent milk. The cold lunch may be an entree salad or a sandwich with a small side salad. A diabetic dessert is available for those in need. Contact Caron Adler at (562) 439-5000, ext. 2 or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application. To cancel a meal for the following day, contact Caron before 9 a.m. the prior business day. Menu is subject to change without notice.*

**Thursday, June 18:** Chicken enchilada with red sauce, black beans, zucchini and tomatoes, peaches, ham, turkey and cheese sandwich with lettuce, tomato and pickle, marinated confetti salad.

**Friday, June 19:** Homemade meatloaf with mushroom gravy, garlic and chive mashed potatoes, peas and carrots, watermelon, entree chef's salad with turkey, ham, egg, tomato, bacon and blue cheese dressing and crackers.

**Monday, June 22:** Turkey A-La-King, whole grain dinner roll, green beans with pimentos, yogurt with mango and strawberries, tuna salad sandwich with spinach and tomato, homemade potato salad.

**Tuesday, June 23:** Beef lasagna, whole grain dinner roll, broccoli and cauliflower, fresh banana, entree Caesar chicken salad with romaine lettuce shredded cheese, croutons, Caesar dressing, crackers.

**Wednesday, June 24:** Curry chicken, mushroom barley and brown rice pilaf, cauliflower, fresh cantaloupe, roast beef and cheese sandwich with lettuce, tomato and pickle, homemade macaroni salad.

## HEALTHY LIVING

## Continue to choose healthy meals as you age

Making healthy food choices is a smart thing to do—no matter how old you are. Your body changes throughout your 60s, 70s, 80s, and beyond. Food provides nutrients you need as you age. Use these tips to choose foods and beverages for better health at each stage of life.

### Drink Plenty of Liquids

With age, you may lose some of your sense of thirst. Drink water often. Low-fat or fat-free milk or 100 percent juice also helps you stay hydrated. Limit beverages that have lots of added sugars or salt.

### Make Eating a Social Event

Meals are more enjoyable when you eat with others. Invite a friend to join you or take part in a potluck at least twice a week. A senior center or place of worship may offer meals that are shared with others. There are many ways to make mealtimes pleasing.

### Plan Healthy Meals

Find trusted nutrition information from ChooseMyPlate.gov and the National Institute on Aging. Get advice on what to eat, how much to eat, and which foods to choose, all based on the Dietary Guidelines for Americans. Find sensible, flexible ways to choose and prepare tasty meals so you

can eat foods you need.

### Know How Much to Eat

Learn to recognize how much to eat so you can control portion size. When eating out, pack part of your meal to eat later. One restaurant dish might be enough for two meals or more.

### Vary Your Vegetables

Include a variety of different colored, flavored, and textured vegetables. Most vegetables are a low-calorie source of nutrients. Vegetables are also a good source of fiber.

### Eat for Your Teeth and Gums

Many people find that their teeth and gums change as they age. People with dental problems sometimes find it hard to chew fruits, vegetables, or meats. Don't miss out on needed nutrients! Eating softer foods can help. Try cooked or canned foods like unsweetened fruit, low-sodium soups, or canned tuna.

### Use Herbs and Spices

Foods may seem to lose their flavor as you age. If favorite dishes start to taste different, it may not be the cook! Maybe your sense of smell, sense of taste, or both have changed. Medicines may also change how foods taste. Add flavor to your meals with herbs

and spices.

### Keep Food Safe

Don't take a chance with your health. A food-related illness can be life threatening for an older person. Throw out food that might not be safe. Avoid certain foods that are always risky for an older person, such as unpasteurized dairy foods. Other foods can be harmful to you when they are raw or undercooked, such as eggs, sprouts, fish, shellfish, meat, or poultry.

### Read the Nutrition Facts Label

Make the right choices when buying food. Pay attention to important nutrients to know as well as calories, fats, sodium, and the rest of the Nutrition Facts label. Ask your doctor if there are ingredients and nutrients you might need to limit or to increase.

### Ask Your Doctor About Vitamins or Supplements

Food is the best way to get nutrients you need. Should you take vitamins or other pills or powders with herbs and minerals? These are called dietary supplements. Your doctor will know if you need them. More may not be better. Some can interfere with your medicines or affect your medical conditions.

-From NIA.gov

Finding new ways to stay healthy during quarantine?

Email your **Health** stories to [laurieb@lwsb.com](mailto:laurieb@lwsb.com)

# Professional Services

**HunterDouglas** *Gallery*  
BLINDS, SHADES & SHUTTERS  
By Aegean  
**FREE In-Home Consultation**  
**(562) 430-2969**  
3782 Cerritos Ave, Los Alamitos

**Closets & More by John Mercurio**  
Serving Leisure World  
Exclusively Since 1983  
**Specializing in:**  
• Wardrobe Closets  
• Organizers & Door Replacements  
• Office Furniture & Bookcases  
• Pull-out Drawers in Kitchen & Pantry  
• Add Additional Cabinets in Kitchen & Bath  
**Call (562) 598-4552 or (949) 378-0616**  
**or go online at [customsbyJohn.com](http://customsbyJohn.com)**

**G.L. Gunderson**  
CARPETS & INTERIORS  
• CARPET  
• LAMINATE  
• ENGINEERED HARDWOOD  
• VINYL WOOD PLANK (waterproof)  
• NO WAX VINYL FLOORS  
• WOOD BLINDS (verticles)  
GGunderson1@verizon.net  
**(562) 434-3775** Lic. #629553

**RYDEN CONSTRUCTION**  
Est. 2001  
QUALITY SERVICE  
Specializing in  
Window & Door  
Replacements.  
**Free In-Home Consultations**  
714-373-0011  
[RYDENWINDOWS.COM](http://RYDENWINDOWS.COM)

**HEATWAVE**  
Air Conditioning & Heating  
**562-355-2402**  
[www.HEATWAVEAC.com](http://www.HEATWAVEAC.com)  
**Protect Yourself Against VIRUSES & BACTERIA**  
**With Our Heating & Cooling UV LIGHT AIR PURIFIER**  
**\$599 for Central**  
**\$499 For Mini Splits**  
**\$200 OFF ANY NEW Mini Split Or Central AC System**  
**LET US KEEP YOU COOL DURING THE NEXT HEATWAVE!**  
**Ameristar** **FUJITSU** **MITSUBISHI ELECTRIC**  
LIC. # 1060001

**GREENWOOD**  
HEATING & AIR INC.  
[www.GreenwoodHeatandAir.com](http://www.GreenwoodHeatandAir.com)  
**Sales – Service – Repair**  
“Your Leisure World Specialists”  
**\$150<sup>00</sup> off**  
New Heat Pump or Air Conditioner  
All makes and models of Heat Pumps  
**714-821-7070**  
Lic. # 945655

# Professional Services

Room Additions / All Improvements



OUR 27th YEAR

Family Owned & Operated  
LW References Available  
**714-282-0559**

St. Lic. # 1060993



**(714) 379-3500**  
Experience Our Experience  
Remodeling Leisure World For Over 30 Years  
Carlos Ayala  
www.LosAlBuilders.com

**Income Tax**  
• Financial Planning and Bill Paying  
• Trust Administration



**(562) 594-9729**  
Leisure World Shopping Center  
13924 Seal Beach Boulevard, Suite C  
\*\*Same location since 1979\*\*



**Chef & Owner  
Sydney Berman**

Dinner Delivery Services  
Call or Email us for Monthly Menu Details  
**No Touch Delivery Available**  
100% Natural 100% Made With Love  
100% Preservative Free  
**(562) 716-4798**  
Find Us on: Facebook, Instagram and Yelp  
www.sydsyumystuff.com Sydsyumystuff@yahoo.com

**SENIOR RESOURCE ADVISORS**



Lifetime Income Solutions  
Financial and Insurance Services  
Retirement Planning  
**Valerie Schwait**  
Founder/Owner  
**310-717-4855**  
senior-resource-advisors.com  
Leisure World Resident





**Alpha Master Builders Inc.**  
BUILDING RELATIONSHIPS THROUGH QUALITY AND INTEGRITY

For all of your  
home remodeling needs.  
**(562) 208-5526**  
thedreamkitchen4u@gmail.com  
#B921621

In-home care for a  
better quality of life.



**Right  
at  
Home**  
In Home Care & Assistance  
562.653.4480 | www.rahwestoc.com

Serving Leisure World since 1989



Residential Custom Design Installation  
**Free Installation • Free Estimates**  
Vertical Blinds, Cell Shades  
2" Blinds & Shutters  
**562 493-4228**  
Lic. #1057064

**Katherine A. Brennan**  
Insurance Agency  
Condos • Home • Auto • Business • Golf Carts  
**(562) 594-8787**  
**(562) 706-5879**  
sealbeachinsurance@gmail.com  
2999 Westminster Ave. #225 - Seal  
Beach Village Shopping Center  
Use North Lobby Entrance elevator  
License # 0C69869



Proudly  
Serving LW  
for 22 years



**D B Handyman**  
Available for Outside Projects  
Patio Enhancements • Haul-Away  
Plumbing Upgrades • Carpentry  
Painting • Senior Living Modifications  
**21 Years Serving LW**  
**562-841-3787**  
SB Lic # BRA0002



**CANNON LEGAL FIRM**  
Dana M. Cannon, Esq.  
**(562) 543-4529**  
FREE CONSULTATION - WILL COME TO YOU  
ESTATE PLANNING & ADMINISTRATION  
Living Trusts • Probates • Trust Administration  
Litigation • Pet Trusts • Conservatorships  
www.CANNONLEGALFIRM.COM  
DANA@CANNONLEGALFIRM.COM



**FREE PICK-UP  
AND DELIVERY**  
SAFE TAX PREP WITHOUT  
HAVING TO LEAVE YOUR HOME  
Trust Your Taxes To An Enrolled  
Agent, Who is a Fellow LW Resident  
With Over 30 Years Of Experience!  
**Call 562 - 474 - 0744**  
E-mail: info@mlptaxes.com

**PHIL CLEANS**  
WINDOWS • WALLS • FLOORS  
MOVE-IN • MOVE-OUT  
7 DAYS A WEEK • 1-2 MAN TEAM  
OVER 40 YEARS EXPERIENCE  
**(562) 881-2093**  
SB LIC. #ABL0001

**GOT BUDS**  
Premium Indoor  
\$200 | 0Z  
\$100 | 1/2 0Z  
Greenhouse  
\$80 | 0Z  
**(714) 737-4965**



Advertise here  
for \$30 per week  
10 consecutive weeks, minimum  
**Call 430-0534**

Advertise here  
for \$60 per week  
10 consecutive weeks, minimum  
**Call 430-0534**



**Bruno H. Alvarez**  
Lic. #1020244

**SPECIAL INSTALLATION  
WASHER & DRYER  
\$5,975**

• Electrical  
• Plumbing  
• Skylights  
• Kitchens  
• Washer/Dryer

• Room Additions  
• Storage Closets  
• Remodeling  
• Counter Tops  
• Bathrooms

**562.755.7472**

**Alpine**  
Heating & Air Conditioning  
Specializing in Serving Leisure World Residents

We service  
& install

MITSUBISHI  
HEAT PUMPS

Free Installation Estimates  
Sales • Repair • Installation  
Lowest Prices In Town  
All Work Guaranteed  
**714-901-0552**  
Cal. St. Lic. # 719734

# Professional Services

Room additions  
Remodeling  
Skylights  
Kitchens  
Bathrooms  
Countertops  
Storage closets  
Washer/Dryer  
FREE ESTIMATES  
LW REFERENCES

**John M. Bergkvist**  
GENERAL BUILDING CONTRACTOR  
State Lic. #638079  
**562 - 433-3052**



**LIVING TRUSTS  
ESTATE PLANNING  
PROBATE  
CONSERVATORSHIPS**

House Calls - Free Consultation  
**(562) 280-0999**

**James E. Foden, Attorney at Law**

**WINDOW · DOOR · SKYLIGHT**



**LW Resident providing  
personal service at  
the lowest price.  
SWENMAN CO.**

We Accept Credit Cards

**562- 430-2265**

St. Lic. 413207 · Seal Beach Swe001

**562-596-0559**

**LW Decor, Inc.**

Renovations Contractor  
St. Lic. 723262

Kitchen/Bathroom Remodeling  
New Shower / Tub-tiled  
Granite / Quartz Counter Tops  
Dishwasher / Microwave  
Cabinet Refacing  
Painting / Make Ceilings Smooth

Laminate  
Patio Tile / Patio Carpet  
Vinyl Plank  
Shutters / Blinds

Built a Second Bathroom

**Sound Proof Walls  
Triple-pane Windows**

Washer / Dryer

**LEISURE WORLD DECORATORS**

40+ Years in LW

**562-596-0559**



**Chris Kim (김인철)**

Berkshire Hathaway HomeServices  
Realtor® DRE #00996404

**www.LWChris.com  
(424) 247-4542**

*Chris can find the best one for you!*  
원하시는 최상의 집과 구입자를 찾아드립니다!  
Woodbury Univ. BS, Cal. Theo. Seminary M.Div.  
인천교대부국 상도중학교 경기고등학교 졸업

**WATCH & JEWELRY REPAIR**



**CLOCK  
REPAIRS**

**Watch  
Batteries  
\$15<sup>00</sup>**  
Most watches

FREE Pick-up & Delivery

SAVE this coupon

Fanny & Luis (LW residents)

*Old Coupons  
Are Cancelled*

**562-799-9934**

**Are you Frustrated  
With Your Computer?**

PC, MAC, Cell Phone, Tablet, TV or Stereo

I will come to you.  
Call Me... Let me help you.

**Tina Schaffer**

**(562) 755-6199**

Serving residents for 14 years



**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**GRECO  
CONSTRUCTION**

GRF Approved Contractor  
Excellent LW Referrals

**714-330-3523**

LIC # 992336

greco design dev@gmail.com

**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**



Style and service for every budget.®

**Blinds  
Shutters  
Shades  
Draperies  
Home  
automation**



Budget Blinds of Huntington Beach  
North and Seal Beach/Buena Park

**Cindy Brunner**

Owner, Design Consultant

Cell: 714-658-1813

HB Office: 714-840-8540

SB/BP Office: 714-486-1440

Fax: 714-242-1866

Email: cbrunner@budgetblinds.com

Website: budgetblinds.com/

huntingtonbeachnorthandsealbeach

**FREE in-home/office  
consultation**

An independently owned and operated franchise.

Debra Halvarson Groh and The Alvarez Firm

**Attorneys At Law**

*Complimentary Initial Phone Consultation*



• LIVING TRUSTS & WILLS  
• PROBATE, TRUST ADMINISTRATION  
• LONG-TERM CARE & MEDICAL PLANNING  
• CONSERVATORSHIPS  
• CONTESTED WILLS AND TRUSTS



3020 OLD RANCH PARKWAY, SUITE 160, SEAL BEACH



**(562) 684-2400**

**L&S** core construction inc.  
**Remodeling**

• Kitchen & Bath  
• Room Additions  
• Washer/Dryer Enclosures  
• Flooring  
• Painting  
• Patio

English

**714-900-0307**

Korean  
한국어

**FREE Estimates**

LNScoreconstruction@gmail.com ~ Lic. 1026807



mp.construction2@aol.com

**562-746-5400**

Lic.# 954725

**Advertise here  
for \$60 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**LIVING TRUSTS**

**\$499<sup>00</sup>**

SINGLE

**\$699<sup>00</sup>**

MARRIED

First Time Clients. Simple Estates.

**Living Trust & Pour-Over Will  
Home Transferred to Trust  
Power of Attorney Documents**

**OTHER SERVICES**

+ Probate Administration  
+ Trust Modification  
+ Small Estate Affidavits  
+ Legal Name Changes

**Service Includes:**

• Two visits w/Attorney

• FLAT RATES

• AFFORDABLE FEES

Web site: www.amstrustlaw.com



**10 Minutes from  
Leisure World**

**[714] 899-9671**

Initial consultation free to establish a trust.

**Law Offices of Allan M. Soto, Inc.**

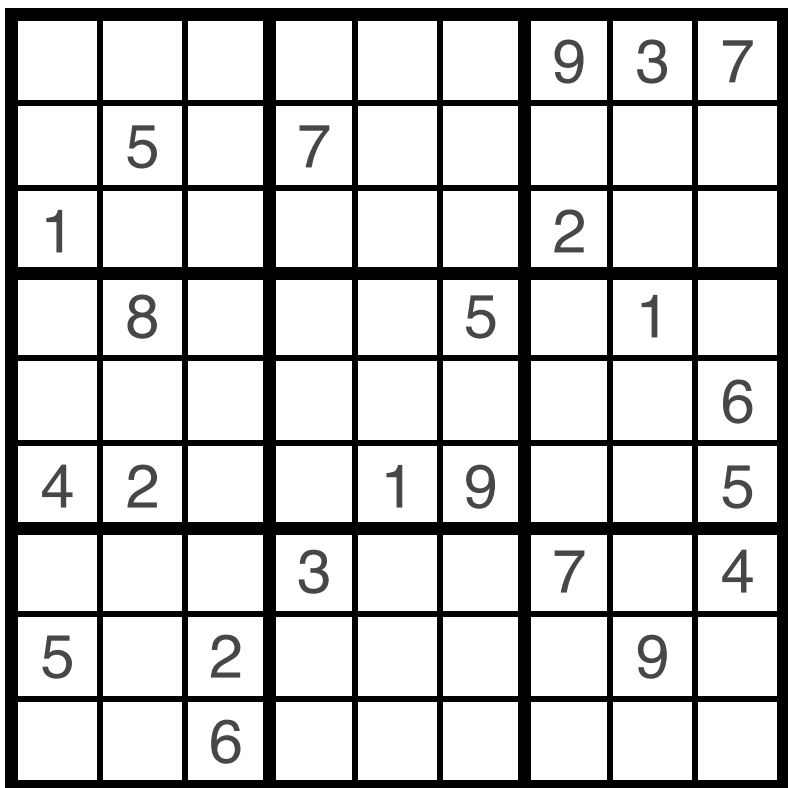
7960 W. McFadden Ave. • Westminster, CA 92683



# Guess Who?

I am a singer born in Tennessee on November 26, 1939. As a child, I picked cotton and later worked as a nurse's aid. Although I wanted to be a nurse, I had musical talent that helped earn me the nickname "The Queen of Rock and Roll."

## Sudoku #2



Level: Intermediate

## Puzzles & Comics

### Answers on page 14



Solve the code to discover words related to fireworks.  
Each number corresponds to a letter.  
(Hint: 12 = L)

**A. 10 4 9 21 25 18 9 20 2**

*Clue: Pyrotechnics*

**B.      12    4    11**

*Clue: Ignited*

**C.      26    4    2    16    12    22    13**

*Clue: Showcase*

**D.      2   16   22   9   20   12   21**

*Clue: Shine bright with flashes of light*



By David L. Hoyt and Jeff Knurek



Finally, the 1970s have seen a growing awareness of the need for better quality of work conditions in order to improve worker productivity. Figure 5.2 summarizes some of the factors associated with the progress of quality of work conditions. The article also discusses the role of the state in the development of quality of work conditions.

BOGGLE  
BOUTIQUE

( 3 bottles = 1 point )

$$\begin{aligned} \therefore \frac{4 \text{ hours}}{2 \text{ persons}} &= 2 \text{ persons} \\ \therefore 6 \text{ hours} &= 3 \text{ persons} \end{aligned}$$

4 letters – 4 points

( $\sigma_{\text{interior}} = 5 \text{ points}$ )  
( $\sigma_{\text{exterior}} = 10 \text{ points}$ )

(9. la nara = 16 ponia.)

D. 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837. 838. 839. 840. 8

ਬੰਗਲਾ ਚਾਲੀ  
ਲੰਗਰ ਚਾਲੀ

## YOUR BOGGLE BATTLE

151+

101-150 = Expert  
51-100 = Pro

31 - 60 = Gamer

21 - 30 = Hookie  
11 - 20 = Arrafuu

0 - 10 = Try again

.....

### Hostels Bonus

### Boggle BrainBusters Bonus

We put some of these puzzling words into the puzzle for you. Can you find them?

Find AT LEAST EIGHT FOUR-LETTER WEATHER RELATED WORDS in the grid of letters.

# LOCAL NEWS WORD SEARCH

L	C	L	G	I	E	O	C	L	T	A	B	L	O	I	D	N	B	O	K
U	O <td>P</td> <td>I</td> <td>N</td> <td>I</td> <td>O</td> <td>N</td> <td>Y</td> <td>T</td> <td>I</td> <td>N</td> <td>U</td> <td>M</td> <td>M</td> <td>O</td> <td>C</td> <td>S</td> <td>Y</td> <td>A</td>	P	I	N	I	O	N	Y	T	I	N	U	M	M	O	C	S	Y	A
C	H	C	I	R	C	O	L	A	T	I	O	N	O	O	I	L	N	E	D
C	H	H	T	S	O	U	T	S	T	I	M	U	L	O	C	K	R	I	L
L	U	W	D	P	T	B	D	O	I	N	A	G	R	M	R	T	S	K	S
I	P	T	E	O	Y	S	I	M	B	W	K	P	K	N	B	K	C	L	G
P	W	M	C	T	N	U	E	T	M	E	O	C	O	H	R	N	E	L	D
A	B	Y	N	L	U	U	E	H	U	A	N	I	S	I	G	G	S	E	R
R	H	M	E	I	B	I	S	C	I	I	T	U	I	B	I	I	G	P	D
T	M	G	I	G	E	Y	E	N	S	D	A	I	D	L	D	Y	I	A	R
H	D	C	D	H	B	B	E	E	Y	I	E	A	I	E	R	O	L	R	W
U	C	I	U	T	E	W	W	O	O	C	K	O	E	S	B	N	I	D	R
E	K	R	A	O	L	I	D	N	I	H	A	R	L	T	I	E	P	T	C
S	Y	B	T	P	S	O	N	W	I	U	C	O	R	B	N	L	S	C	O
H	L	T	A	P	Y	H	H	L	T	A	A	B	E	L	M	E	B	S	L
P	E	P	H	R	R	I	R	O	L	A	A	L	U	T	L	G	I	L	U
R	H	C	P	O	N	C	O	M	U	U	L	P	C	A	P	I	U	B	M
R	O	E	N	I	T	T	U	C	B	G	E	B	B	E	D	H	T	B	N
B	O	O	C	R	N	E	I	G	H	B	O	R	H	O	O	D	G	O	P

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

## WORDS

AUDIENCE  
BEAT  
BROADSHEET  
BULLETIN  
BYLINE  
CIRCULATION  
CLIP ART  
COLUMN  
COLUMNIST  
COMMUNITY  
CUTLINE  
DECK  
DISTRIBUTION  
EDITION  
EDITOR  
HEADLINE  
LOCAL  
NEIGHBORHOOD  
NEWSPAPER  
OBITUARIES  
OPINION  
POLICE BLOTTER  
SPOTLIGHT  
TABLOID

# Classifieds

GENERAL

AVON

Lenora Browning, LW Resident.  
Phone 562-493-5457. Seal Beach  
Business License #BRN000. 12/31/20

GARDENING

FRANK’S GARDENING  
SERVICE

Complete maintenance and  
landscape. Serving Leisure World  
since 1978. Planting, clean-  
ups, fertilization. New lawns,  
etc. Offering my services to all  
Mutual’s. Honest and reliable. State  
Contractor’s License #779462. Call  
562-863-7739, 562-743-3832 or  
714-527-1172.

HANDYMAN  
SERVICES

Additions & Remodeling, Kitchen  
& Bath Remodeling, Windows, Tile  
& Stonework. State Contractor's  
License #393071.  
OGAN CONSTRUCTION, INC.  
(562) 596-7757. 03/31/22

562-596-0559  
LW DECOR INC.

Remodeling/Renovations  
New triple pane windows,  
laminare flooring, carpet patio  
tile/carpet. Painting ceilings  
made smooth, ceiling lights.  
Exterior windows,  
refaced kitchen cabinets,  
refaced granite quartz  
countertops.  
Lic. #723262. 07/02  
LW DECOR INC.  
562-596-0559

JR HOME REPAIRS. Quality work.  
Perfectionist, honest & reliable.  
Call JR 562-519-2764. SB Business  
License #JRH0001. 07/02



**MP CONSTRUCTION**  
General Contractor  
Specializing in remodeling,  
Additions, Reconstruction,  
Window replacement and more!  
Call for a free estimate.  
**562-746-5400.**  
License #954725. 04/22/21

BATHROOM  
REMODELING

We make your **SHOWER/TUB**  
brand new and/or convert it to a  
**WALK IN SHOWER**  
serving L.W. since 1999.  
Nu Kote 562-833-3911  
License #699080. 06/25

PAINTING

Painting - Free estimates. 1 room  
or entire house & refinish kitchen  
cabinets. Call Jerry (714) 826-8636.  
CA State License #675336. 08/06

562-596-0559  
LW DECOR INC.

Only premium paints,  
Ceilings made smooth.  
New handles-hindges  
Cown moulding installed.  
License #723262.  
LW DECOR INC  
40 years in LW.  
562-596-0559. 07/02



Accepts  
Credit Cards  
For classified ads.  
Call  
(562) 430-0534

FLOOR COVERINGS

562-596-0559  
LW Decor Inc.  
Laminate, Vinyl, Plank, Patio tile  
and Patio carpet.  
License #723262.  
40 years in Leisure World.  
562-596-0559. 07/02

310-261-0571  
Interior Flooring Solutions  
Hardwood floors, carpet,  
laminate, vinyl planks.  
25 years experience.  
Contractor License 1043763. 12/24

CARPET &  
UPHOLSTERY  
CLEANING & REPAIR

All Year Carpet Cleaning  
We just cleaned your neighbor’s  
house in Leisure World...  
Would you like yours cleaned too?  
Call Tito (562) 658 - 9841.  
Since 1988.  
State Contractors Lic. #578194. 07/30

SKYLIGHT SERVICES

SKYLIGHTS  
CLEAN, REPAIR, REPLACE.  
Licensed and insured.  
Dan (562) 841-3787.  
Seal Beach License #BRA0002. 07/02

WINDOW COVERINGS

LW DECOR INC.  
Blinds, shutters, shades, 40  
years serving Leisure World.  
Contractor’s License #723262.  
LW DECOR INC.  
562-596-0559. 07/02

WINDOW WASHING

WANT CLEAN WINDOWS?  
Clean Outside Only and Save \$\$\$.  
(562) 600-0014. LW Resident,  
Rich Livitsky. Seal Beach  
Business License #LIV0004. 06/25

LEISURE WORLD  
HELPING LEISURE  
WORLD

Y’s Service Club of the YMCA  
will assist residents with small non-  
professional jobs. We change light  
bulbs, clean air conditioner filters,  
hang a small picture or mirror,  
remove or place items on a high  
shelf, air bicycle tires, etc. Donations  
gladly accepted. Call weekdays  
between 9 am-5 pm, (562) 596-9906.

"ROLLIN THUNDER"  
GOLF CART CLUB  
Offers FREE advice on buying and  
selling of your golf cart.  
562-431-6859.

Does your walker need new tennis  
balls? Delivery and installation  
provided. Please give your name  
and phone number. Maria Giegerich  
562-596-9983. Free of charge.

HOME CARE  
PERSONAL ASSISTANT

Maria's experieced caregivers, run  
errands, Dr's appointments, cleaning,  
cooking, part-time, full-time, live-in.  
(562) 230-4648. Seal Beach Business  
License #CAM0006. 12/31/20

CHRISTIAN HOME CARE  
Referral Agency. Experienced,  
knowledgeable caregivers, honest,  
assertive, fluent English. Hourly/  
full-time, doctor’s appointments,  
errands. Bernadine 562-310-0280.  
Seal Beach Business License  
#BCS0002. Bonded/insured. 12/10/20

EXPERIENCED CAREGIVER  
Over 20 years in Leisure World  
with Excellent References. Hourly  
or Live-in. Please Call Pampet:  
562-371-4895. Seal Beach License  
PAN0003 09/24

BEAUTY SERVICES

Tammy Nguyen Phenix Salon  
- Service in private suite. One  
customer, one hairstylist. Sanitized  
& professional. Haircut for men  
& women, shampoo, set, color,  
highlights, perm, nails & toenails.  
In-house service available. Tammy  
Nguyen. 13944 Seal Beach Blvd,  
#116. (714) 425-4198. 06/11

In home hair care, serving the men  
and women of Leisure World for  
36 years. Mel, cell: 562-480-9341.  
License #KC75538. 07/16

Get the beautiful hair at home.  
Countless happy clients with good  
referrals. Gabriel (562)708-3170  
License #B50551. 08/06

HOUSE CLEANING

MOVE-IN, MOVE-OUT  
WINDOWS,  
HOUSECLEANING  
CALL PHIL AT  
562-881-2093  
Over 30 years Experience!  
Seal Beach Business  
License #AB0001. 07/02

GRACIAN'S  
HOUSECLEANING &  
WINDOWS.

Windows 10% off first cleaning  
General housecleaning  
Excellent referrals in LW  
(562) 307-3861.  
20 years experience.  
Seal Beach Business License  
gra0006. 06/25

Patricia House Cleaning, weekly  
or monthly. Excellent referrals in  
Leisure World. 562-397-4659 Seal  
Beach License LUC0001. 07/16

Maria House Cleaning  
We'll make your house look as  
nice as possible! 15 years of  
experience, We can work with your  
schedule. Bi-weekly or monthly.  
Deep cleaning.  
Call or text 714-496-2885.  
Bus. Lic #HER0008. 07/16

COMPUTERS

FRUSTRATED  
(562)755-6199  
Everything for your computer  
(PC or Mac), cell phone, TV,  
stereo, any electronic device.  
Tina Schaffer. Seal Beach Bus.  
License #CIP0001 08/20

AUTOS WANTED

ANY KIND OF CAR  
Cars, motorcycle, truck - running or  
not. We are local - call anytime! We  
pay cash and remove promptly! We  
do DMV and Release of liability for  
you! Bonded/Licensed, since 1985!  
Call us so we can come out and give  
you a quote. 562-684-0901. 07/30

ELECTRIC CARTS/  
SCOOTERS/MOBILE  
CHAIRS FOR SALE

Golf Cart, Sales, parts and services.  
714-292-9124. 05/13/2021

TRANSPORTATION

Inexpensive shuttle, airports,  
markets, doctors, etc. 562-881-2093.  
SB License #ABL0001. 07/02

Need a lift? Pam Miller.  
LW Resident. 310-227-1258. 06/25

Rides by Russ,  
With the personal touch.  
For over 4 years I have been giving  
all types of rides to Leisure World  
residents. Rides to the airports,  
doctors, cruise ports, shopping  
and errands I also enjoy helping  
my neighbors with chores and  
maintenance around their homes.  
Russ 714-655-1544. 06/18

AUTOS/BOATS/RV'S  
TRAILERS FOR SALE

ELECTRIC CAR PADS  
Installed at your residence. Call Frank  
562-743-3832. State Contractor’s  
License #779462. 07/09

MOVING, HAULING &  
STORAGE SERVICES

J&D HAUL AWAY AND  
CLEAN-UP SERVICE  
No job too small, fast, reliable, great  
prices. Seal Beach Business License  
BRA0002. Dan: 562-841-3787 07/02

A FRIEND AND A TRUCK  
Your moving service, any size  
job. Call 310-387-2618. Business  
License RO263644. 06/25

AUTO REPAIR  
SERVICES

Semi-retired mechanic doing small  
jobs - oil change, alternators, water  
pumps, starters & maintenance, air  
conditioning work done. Will not  
recommend work that is not needed.  
CA BAR #0262439. After 9: 00 a.m.  
Local. (562) 306-2686. 07/02

LW REAL ESTATE  
FOR LEASE

Condo for Lease - Mutual 17, 2  
bedroom/2 bath. Top floor with AC.  
1,160 SF. Full kitchen. Parking,  
Sliding doors to Balcony/Deck.  
Available Now. \$2,200/month. Call  
(562) 714-4790. 06/18

MISCELLANEOUS  
FOR SALE

Moving - Oval dining room table  
(pecan), extends from 50" to 75"  
& 6 chairs w/new seats, \$899.  
New Queen oak futon, extra thick  
mattress, \$775. Solid cherry queen  
bed, dresser & a chest, and more.  
goodnesswins@yahoo.com  
(336) 425-7313. 06/18

Picket gate, excellent condition.  
33 1/4" wide by 36" high. \$110.  
(562) 799-6079. 06/18

CARPORTS WANTED

Looking for carport in Mutual 14.  
Don't need storage.  
Call (562) 794-9790. 06/18



Read the paper online!  
www.lwsb.com/newspaper

Need Help?  
See Classifieds

Want to place a classified ad?  
The deadline is **Monday 2:00 p.m.**  
for Thursday’s publication



**Erika  
Shapiro**  
BRE # 01448494

Resales Specialist  
Mut. 17 Resident  
**Traveling Notary**  
**562-208-5223**

**2 BDR/2 Bath Mut 15**  
West Facing Upstairs Corner, Fully  
expanded with Lots of upgrades. New  
Kitchen, Laminate flooring, Central A/C  
Heat And more.  
**Mutual 15 – 29J \$329,000**



**New Listing:**  
**2 BDR, 1 Bath,**  
Partially Expanded, Greenbelt View, Newer kitchen,  
granite counter top. Smooth ceilings, double pane windows,  
3 skylights, shower over a real Bath tub, fresh paint, and more.....  
**Mutual 7 – 159i \$259,000**



**Drive-up Corner, Side Expansion**  
Fresh Paint, new hi-end laminate  
flooring, 2 A/C Heat Pumps  
**Mutual 5 - 106F \$255,000**

**Reduced Move-In Ready**  
**2 BDR/1 1/2 bath**  
Fully expanded corner  
drive up, washer/ dryer, dishwasher & more  
**Mutual 2, 19F \$309,000**

**Country Cottage**  
Fully expanded 2 BDR, 1 Bath, lovely greenbelt.  
Double pane windows, plantation shutters,  
Central A/C Heat, and much more  
**Mutual 4 - 46K \$259,000**



**Greenbelt Location**  
Fully expanded 2 BDR, 1 Bath, South facing, bay windows,  
double pane, 3 skylights, walk-in closet and shower,  
smooth ceilings with can lights  
**Mutual 8 - 183C \$279.000**

**Condo for Lease 2 BDR/2 Ba**  
First floor, laminate flooring  
Fully equipped kitchen & more  
**Mutual 17 \$2,200 mo**

**Coming Soon:**  
**2 BDR/1 Bath Basic**  
New Paint, new flooring A/C heat pump

**Service Is My Priority!**  
**Call me for a free market evaluation**  
**Leisure Living Resales**



# Classifieds

**LW<sup>Weekly</sup>**

Want to  
Place a classified ad  
or Renew your  
current one?  
Call  
(562) 430-0534  
or send  
an e-mail to  
katyal@lwsb.com

No LW Weekly  
By 9 a.m.?  
Call (562) 430-0534  
Before 10 a.m.,  
on Thursday,  
State Your Mutual &  
Apt. Number

Classified  
deadline is  
2:00 p.m.,  
Monday,  
for Thursday's  
publication

**NO ONE KNOWS LEISURE WORLD LIKE WE DO!**  
**Mr. Hank & Associates are LW Residents**

Lic. #636260 **Leisure Living Resales, Inc.**  
13918 Seal Beach Blvd., Seal Beach, CA 90740  
**(562) 493-6601** Next to Wells Fargo  
**leisurelivingresales.com**

\*\*\*OVER 20 YEARS OF DEDICATED SERVICE IN LEISURE WORLD\*\*\*  
Before you buy, let us show you our **FAIR MARKET VALUE** Listings

**We Welcome**



**Gina Rojas**

**To Our Team**



**M-5 98L**  
Beautiful Corner, Many Features  
Two Bedrooms, Two Baths, AC,  
Designer Kitchen and Bathroom,  
Beautiful Greenbelt,  
Asking \$489,000  
Appointment Only.  
Call Hank at 562-743-8473



**Erika — M17**  
(562) 598-7616



**Yong Pyon — M1**  
(310) 658-0379



**Young Ro — M7**  
(714) 504-2541



**Carl Kennedy**  
M14 (661) 810-9410



**Mr. Hank**  
(562) 743-8473

**Mutual 1 Unit 7D 13631 Annandale**



Enjoy the morning sun on the patio of this charming one bedroom unit. Walk-in bedroom closet is a BIG bonus! Other features include: heat/cooling pump; laminate flooring; skylights in kitchen, bath and on patio; ceiling fan; dual pane windows and slider from bedroom; built-in microwave and smooth ceilings. Short walk to golf course, pool, fitness and health centers and amphitheater.

**Offered by Estee at \$159,000**

**Mutual 15-7L 13300 Del Monte**



Enjoy the ocean breeze from this light and bright 2 BR 2 BATH upper level CORNER unit! Southeastern exposure, central heat/air, upgraded kitchen & baths, dual pane windows, crown molding, open air balcony, 3 ceiling fans and a great location near entry gate and just steps from carport and guest parking.

**Offered by Estee at \$349,500**



**Estee Edwards**  
Senior Real Estate Specialist  
**562.208.2540**  
estee.edwards@mac.com  
DRE # 01870445



The Januszka Group, Inc.  
Leisure World  
**ON-SITE**  
HOME SALES

**(562) 598-1388**

See All Our Listings, Prices and  
Photos at Our New Website:

**www.LeisureWorldHomeSales.com**

## Two New One Bedroom Units For Sale

Both Great Locations



**M 11- 268C**  
**\$169,000**



**M 6-138D**  
**\$159,000**

**We Have 14 In Pending And 27 Active Units Listed On The MLS. Homes On The Outside Are Selling Quickly And Our Office Is Where They Are Coming To Buy A New Home.**



**Dawn Januszka**  
Broker  
DRE #02110501



**June Stokoe**  
Escrow Officer



**Verna Chumley**  
Realtor®



Realtor®



**John Webster**  
Realtor®



**Terri Walters**  
Realtor®



Realtor®



**Elana Altman**  
Realtor®



**Maryann Shaddow**  
Realtor®



Leisure World® is a registered trademark owned by RRLH, Inc. The Januszka Group, Inc. is authorized by RRLH, Inc. under license to use the Leisure World® service trademark.



**Kathy Gupton**  
Associate Broker  
DRE # 00744676



**Gloria Hadley**  
Realtor®  
DRE # 01057681

# Specializing in the LW Community

We are **SISTERS**

**Kathy Gupton  
&**

**Gloria Hadley**

562 618-9940

562 884-3594

## Buying or selling...

*Whatever your circumstances, whatever your needs, we can help.*



**Mutual 11-277A**  
**\$282,000**

Nicely expanded 2 bedroom 1 bath home on greenbelt with convenient drive-up, patio out front, tiled entry into unit. Once inside there is a large entry leading to a spacious living area and separate dining room with chandelier. Kitchen has white cabinets, newer counter, built-in electric appliances including cooktop, wall oven, microwave, dishwasher, refrigerator, ceiling fan and plenty of room for table and chairs. Master bedroom is expanded with mirrored closet doors and also has extra storage closet, second bedroom also spacious with built-in shelving. Bathroom with large skylight that opens and cut-down shower. Other features include, newer carpet in living room and bedrooms, laminate in kitchen, bathroom, entry and dining area, white blinds throughout unit and central heat and air conditioning. This home is move-in ready, has lots of natural light, so come take look!



**Mutual 2-19L**  
**\$339,000**

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



**Mutual 4-85G**  
**\$459,000**

This lovely fully expanded 2 bedroom, 2 full bath home has so many great features, stacked stone trim with side drive-up, stone patio with outside storage, leaded glass entry door with sidelite, patio off second bedroom with glass entry door, both patios with decorative metal enclosures. Built in white appliances including range with microwave, dishwasher, side by side refrigerator and pantry. Expanded master bedroom with built-in shelves and granite insert that may be used as media center or desk. First bath has tiled full shower, stone counter, linen closet, skylight and washer/dryer. Second bedroom with walk-in closet, attached patio, second bath with tiled full shower and stone counter. Other features include dual pane windows, bay windows in living room and bedrooms, tile flooring in kitchen and bathrooms, new carpet in living area and bedrooms, recessed lighting with smooth ceilings and crown molding throughout, plenty of extra storage, central heat and air conditioning. If you are looking for a home that is move in ready and has everything you could possibly need then this is a must see!



**Mutual 4-51J**  
**\$229,000**

Charming Beach Cottage featuring 2 Bedrooms 2 Bathrooms, Private Patio in a Lush Garden Setting. This Lovely Home is Light, Bright, Cheerful and Ready to Move In. The Spacious Living Room Over-Looks Front Patio That Has a Walk-In Storage Closet and Over-Looks Lots of Greenery. Kitchen has Built-In LW Appliances and a Skylight that Opens. Master Bathroom Has Cut-Down Shower and Skylight That Opens. This Home Also Features Blinds in Both Bedroom, Flooring That is Luxury Vinyl Planks Throughout, and an Added Side Patio Room That May Serve as a Dining Room, Den, Office or Craft Room, etc. In Addition to Beautiful Green Belt This Home Offers Drive-Up Parking. A Must See!



**Mutual 12-9D**  
**\$339,000**

Charming remodeled 2 Bedroom 1 Bath Cottage. Kitchen features custom white cabinets with granite counters, built-in stainless-steel freestanding range, refrigerator, dishwasher, microwave, skylight and ceiling fan. Bathroom has white cabinets with granite counter, added linen closet, washer/dryer and walk-in shower. Master bedroom has mirrored sliding glass wardrobe doors, ceiling fan, and French sliding glass doors to patio. Formal dining room has large skylight. Entry area has wood floors and entry closet. Second bedroom has large skylight and mirrored sliding glass wardrobe doors. Central heat and air conditioning, double pane windows, private patio with walk-in storage and overlooks open green belt.



**Mutual 15-32K**  
**\$239,000**

Eloquent traditional home featuring 2-bedroom, 1-3/4-bathroom, spacious living room and formal dining room with ceiling fan. Living room has custom draperies framing triple-pane windows and over-looks an open balcony and beautiful tree-lined greenbelt. Kitchen has white cabinets, built-in electric appliances and double-pane windows. Master bedroom suite has double-pane windows, mirrored cupboard and 2 wardrobe closets. Master bathroom has bathtub with shower and skylight. Second bedroom has lots of closet and cupboard space and double-pane windows. Second bathroom has stall shower and skylight. This lovely home has carpeting throughout, leaded glass entry door and is close to drive-up parking and carport. This charming home is definitely a must see.



**Mutual 1-47D**  
**\$175,000**

Beautifully updated 1 Bedroom 1 Bath home. This charming cottage has a white kitchen with built-in appliances including stove, oven, refrigerator, black pearl granite counter tops and large skylight. Bathroom also has a large skylight and black pearl counter tops. This lovely home also features newer paint, laminate floors, double pane windows with sliding glass doors.

**GIVE US  
A CALL**



**BERKSHIRE HATHAWAY**  
HomeServices  
California Properties

**We can show ALL property in the LW community**

*Call and let us present our extensive marketing program.*

*Members of M.L.S.*

**Visit Our Website: [www.thesealbeachsisters.com](http://www.thesealbeachsisters.com)**

**13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)**

# Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605

rwgraysales@verizon.net

DRE 01027333

Your Leisure World Sales Team

Wishes you a Happy



Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com

DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

## THIS IS A MUST SEE - CALL US TODAY!

**Mutual 10-257-G \$318,000**

Charming two bedroom 1 bath Spacious living room and dining room, built in china cabinet, granite counters, dishwasher, microwave, skylights, central heat/air, drive-up parking and close carport and laundry.



**Mutual 6-136-C \$339,000**

Fully expanded two bedroom - one bath, south facing courtyard. Remodeled kitchen and bathroom, fresh paint, skylights, dishwasher, pantry, newer appliances, microwave, Forced Air/ Heating plus WASHER AND DRYER. Laminate flooring with tile in kitchen.



**Sold in 1 Day**

**Mutual 15-9-D \$529,000**

This GORGEOUS ATRIUM has it all with 1600 sq. ft. of living space, a pretty setting on a green, plus close parking,



**Mutual 1-40-B \$159,000**

Fully Expanded 1-bedroom on a beautiful, HUGE greenbelt setting. Living room and bedroom are expanded with laminate floors. Kitchen has a ceiling fan, and skylight. Bathroom has a skylight, cut-down shower and vinyl floors.



**Mutual 7-157-D \$229,000**

Adorable Beach Cottage - 2 bedrooms, 1 bath, raised wall with double paned windows, plantation shutters, pretty wood-look floors, upgraded kitchen, heat-pump, ceiling fan, skylights, cut-down shower and a large patio to sit and relax and enjoy this gorgeous CENTRAL PARK LOCATION!!



**Mutual 8-203-I \$249,900**

Darling two bedroom "U-Shaped" expansion with Central Heat/Air, Stackable Washer/Dryer, large master bedroom with a walk-in closet, dining room, skylights, dual paned windows and a nice size tile patio with a gate and storage sitting on a green - plus close carport and street parking!! Be sure to check this out - it's a good one!!

Check out our website [sealbeachleisureworld.com](http://sealbeachleisureworld.com) for more listings and how to purchase in Leisure World Seal Beach



**Jim Duncan**  
714-356-6717  
Broker/Manager



**Susie Allen**  
562-338-3833



**Robin Gray**  
562-209-5605



**Barbara Diette-Dobias**  
562-754-5628



**Kathy Guppton**  
562-338-3833



**Gloria Hadley**  
562-884-3594



**Edwina DiMario**  
562-706-7999



**Vickie Van Ert**  
310-220-1407



**Mary Chittick**  
562-882-2804



**Rosie Wang Davis**  
626-623-9929

**(562) 594-0515**

1900 St. Andrews Dr., Suite C  
Seal Beach, CA 90740  
BRE 00338699



## Two-Bedrooms

**(562) 431-2149**

13926 Seal Beach Blvd.  
Seal Beach, CA 90740



**Joanie Korman**  
714-308-8034



**Conrad Rodriguez**  
562-746-1960



**Leah Perrotti**  
310-889-6583

**Mutual 8 195C \$195,000**  
remod. potential, enclosed patio, central air and heat

**Mutual 7 175H \$220,000**  
btl. area, new lam. floors, 3 skylights, private

**Mutual 1 25L \$225,000**  
corner, greenbelt, double pane, lam. floors, nice unit

**Mutual 3 28L \$229,000**  
corner unit, enclosed patio, plantation shutters, side parking, tub

**Mutual 4 51J \$229,000**  
added patio room, bright, btl. greenery, move in ready

**Mutual 2 45F \$239,000**  
high side expan., faces south, screened in patio

**Mutual 15 32K \$239,000**  
1-3/4 baths, open balcony, skylights, double/triple pane windows

**Mutual 8 203I \$249,900**  
washer/dryer, cent. air, dual pane, move-in-ready

**Mutual 6 64C \$250,000**  
full expan., faces so./east, skylights, gorgeous lam. floors

**Mutual 7 155G \$254,000**  
expanded, granite counters, skylights, heat pump

**Mutual 6 64K \$255,000**  
full expan., 2 large skylights, 2 heat pumps, dual pane

**Mutual 15 21M \$255,000**  
2 baths, enclosed porch, greenbelt, trees, drive-up, nice

**Mutual 9 208L \$259,000**  
Fantastic greenbelt, turnkey, expanded, dual pane, fresh paint

**Mutual 1 16A \$259,500**  
btl. greenbelt, new paint, new lam. flooring, lovely patio

**Mutual 5 114K \$265,000**  
full expan. newly painted, extra large skylight

**Mutual 15 44A \$279,999**  
atrium, fresh paint, wood lam. floors, new carpeting

**Mutual 11 277A \$282,000**  
drive-up, large skylight bath, cent. air, natural light

**Mutual 6 65A \$315,000**  
bright corner, washer/dryer, new lam. floors, fresh paint

**Mutual 10 - 257G \$318,000**  
corner, full expan., cent. air, great condition, drive up

**Mutual 12 9D \$339,000**  
washer/dryer, cent. air, double pane, trees, nice

**Mutual 6 136C \$339,000**  
full expansion, remod. kit. and bath, large skylight, washer and dryer, forced air, scraped ceiling

**Mutual 15 7L \$349,500**  
2 bath, cent. air, large open patio, dual pane, upgraded

**Mutual 2 19L \$349,900**  
full expan., 1 1/2 baths, cent. air, smooth ceilings, greenbelt

**Mutual 15 34L \$373,000**  
2 baths, remod. kit., granite, enclosed patio, greenbelt kit.

**Mutual 9 226L \$385,000**  
Remod. corner, 2 full baths, washer/dryer, private

**Mutual 7 161L \$389,000**  
Gorgeous remod. corner, washer/dryer, cent. air, drive up parking

**Mutual 4 85G \$459,000**  
full expan., granite, large skylight, washer/dryer, 2 bath, super

**Mutual 1 7D \$159,000**  
walk in closet, smooth ceiling, lam. flooring, dual pane, nice

**Mutual 1 40B \$159,000**  
fully expanded, lam. floors, light and bright, fresh paint

**Mutual 1 47D \$175,000**  
black pearl counters, new paint, large skylight, lam. floors

**Mutual 3 11C \$179,000**  
full expan., bright, cent. air, lam floors, nice

**Mutual 6 57D \$185,000**  
Full expan., bay windows, granite counters, high end flooring

## One-Bedrooms



**Claudette "CC" Cooley**  
310-484-9600



**Linda Patton**  
562-522-3364



**Adrian Villarreal**



**Hanna Rubinstein**  
562-900-4243



**Jay Cho**  
714-944-4998



**Estee Edwards**  
562-208-2540



**Philip Bak**  
213-550-9991



**Irv Hart**  
562-296-5619



**Fay Wescott**  
562 242-6162



**Tim Kearns**  
714-293-3950



**Diana Flores**  
949-212-8748



**Chris Kim**  
424-247-4542



**Gail Alonzo**  
562-673-6703



**CAROL GASPER**  
REALTOR  
Lic# 01276484  
**562.716.1547**  
carol@carolgknutson.com  
www.sealbeach.retirementcommunity.info



**FIRST TEAM<sup>®</sup>**  
REAL ESTATE

12501 Seal Beach Blvd. #100  
Seal Beach, CA 90740

For 2020, I have a total of 39 Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



**13962 El Dorado Dr., #60G | M2 | \$470,000**  
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



**1502 Golden Rain Rd #46K | M2 | \$239,500**  
2 Bedroom, 1 Bath Fully Expanded, Double Pane Windows, Central A/C and Heat, Plantation Shutters, Washer/Dryer, Walk-In Closet, Bay Window.



**13131 Shawnee Ln, #268E | M11 | \$349,000**  
Bright, South Facing, Fully Expanded 2 Bedroom, 1 1/2 Bath, Central A/C, Washer/Dryer Hook Ups, Scraped Ceilings, Dual Pane Windows, Laminate Flooring, Dishwasher, Granite Countertops.



**1120 Northwood Rd #186L | M8 | \$269,000**  
Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet.



New Escrow!

**1562 Golden Rain Rd., #44G, M2, \$225,000**  
Centrally Located, Basic 2 Bedroom, 2 Bath. Walk to All Amenities. Lrg. Private Patio Surrounded by Greenery, 2 Skylights, Expanded Bedroom to Include Desk Nook. New Golden Oak Flooring.



**13481 Fairfield Lane, #59H | M6 | \$255,000**  
2 Bd/1 Bth, New Appliances, Luxury Vinyl Flooring, LED Lighting Throughout, Quartz Countertops in Kitchen and Bath, Tiled Backsplash, New Sinks, Faucets and Fixtures. PARADISE AWAITS YOU!



New Escrow!

**13170 Seaview Lane, #248F, M10 \$425,000**  
Fully Expanded Corner Location. 2 Bedroom, 1 1/2 Bath with Views of Greenbelt and Trees. Dual Pane Windows, Central A/C, Stainless Steel Appliances, Wine Refrigerator, Microwave, 3 Skylights, Walk-In Closet, Washer/Dryer Hookups.



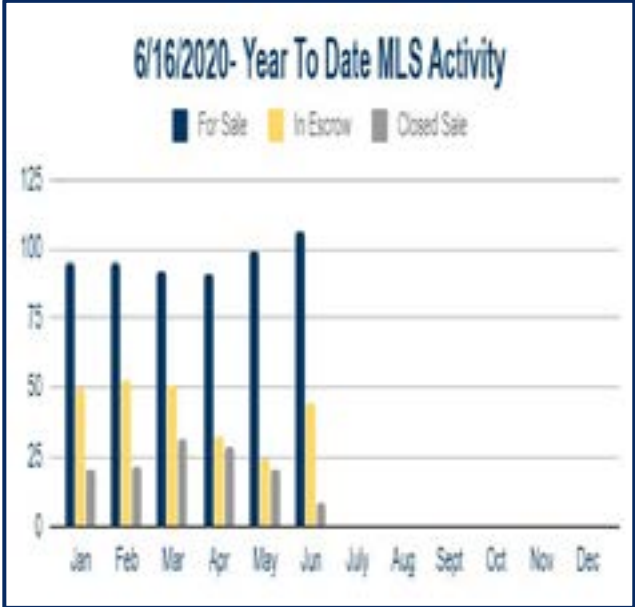
**1382 El Dorado, #10B | M3 | \$210,000**  
CLEAN 2 Bdrm, 1 Bth Quaint Greenbelt Location. Freshly Painted Throughout, Oversized Skylights in Living Room and Bathroom, New Light Laminate Flooring Throughout, Close to Laundry and Parking.



**1351 Oakmont Rd #148H | M7 | \$449,000**  
MAGNIFICENT VIEWS from every room of this 2 Bedroom, 2 Bath completely remodeled unit. Central A/C Heat, Stainless Steel Appliances, Washer/Dryer, Island Kitchen, Dual Pane Windows, Luxury Vinyl Flooring, 3 Large Skylights, Custom Tile and so much more!



**1590 Homewood Rd #116J | M5 | \$249,900**  
BEAUTIFUL Remodeled 2 Bedroom, 1 Bath Located Close to All Amenities. Dual Pane Windows, Custom Cabinets in Kitchen and Patio, Washer/Dryer, Fireplace, Stone Flooring on Patio, Skylights. MOVE RIGHT IN!



On June 16th, 2020 a total of 106 units show as active listings on the CRMLS (this is where Realtors list property for sale).

9 - 1 bedroom/1 bath  
from \$149,500 to \$175,000

53 - 2 bedrooms/1 bath  
from \$169,000 to \$389,000

40- 2 bedrooms/2 baths  
from \$219,000 to \$499,900

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties! I have access to all inventory! I am here to help!

