



Getting There Together

A GOOD SAMARITAN

“THE SMALLEST GOOD DEED IS BETTER THAN THE GRANDEST INTENTION”

It’s the special people who make Leisure World a special place. And Ricardo Garcia of Mutual 8 is one of them.

On Aug. 27, he was walking around Mutual 8 and spotted \$2,000—that’s right, \$2,000 in cash—on the sidewalk.

He looked around and saw no one, so immediately he headed home to make some calls to find the rightful owner. On the way he spotted Mutual 8 President Jeri Dolch walking her dog. Ricardo told her he found the cash, and Jeri told him that someone had just called the mutual’s hotline to report losing cash.

The resident thought she had slipped the money into her purse but it fell undetected onto the sidewalk.

Ricardo determined that she was the rightful owner and returned her money. Of course, the resident offered him a reward, which he declined.

“Needless to say, she was very happy and appreciative,” said Ricardo. “We are in a very difficult times now. We have COVID-19, civil unrest and a presidential election that brings some stress to people. So, kindness, honesty and caring are what we need in this world, especially in Leisure World.”

“We had smiles that didn’t stop for hours,” said Jeri. “It was so nice to see people getting together for good.”

“Believe me,” added Ricardo, “I felt at peace after I returned the money to the owner.” And peace is something everyone needs more of right now.

HOLIDAY NOTICE

In observance of Labor Day, all Golden Rain Foundation offices except Security will be closed Monday, Sept. 7.

The Leisure World Maintenance Department will be on call for emergencies only and may be reached by calling 594-4754.

WHAT’S INSIDE

Page 2
Exemplary GRF employees are recognized for work above and beyond expectations.

Page 4
In this week’s COVID-19 Chronicles, a resident recounts her experiences relying on home delivery of food.



Grand Opening Sept. 10, 2018

Members of the 2018 GRF Board (left) were all smiles Sept. 10, 2018, to celebrate the opening of Mission Park with its pickleball, basketball and bocce ball courts. The facility at Clubhouse 2 has been closed since March due to COVID-19, but it will reopen almost exactly two years after its grand opening, just ahead of the Labor Day weekend. Hopefully residents can get out and play. New guidelines will govern LW reopenings. Gov. Gavin Newsom has imposed a new reopening process statewide that is more gradual than the original plan. Orange County and 37 other counties are in the highest of four new tiers. The system replaces the state’s current COVID-19 watch list. Many services remain restricted across much of the state.

SOME OPENINGS SET FOR SEPT. 4

Amenities open for Labor Day weekend

by Kathy Thayer
assistant recreation manager

On Aug. 18, the newly formed COVID-19 Ad Hoc Committee reviewed and approved Emergency Operational Procedures that will lead to the opening of some outdoor amenities while under the pandemic restrictions.

The policies governing Veterans Plaza and Mission Park were approved at the Aug. 25 GRF Board meeting.

Subsequently, a special board meeting was scheduled for Aug. 31 to determine the reopening dates for these activities. As a result, Veterans Plaza will be open to dance and exercise clubs who meet the criteria that follows on Sept. 4.

Mission Park Multipurpose Courts are scheduled to open on Sept. 4 and the

bocce ball court will also reopen on Sept. 4 as part of the Phase 2 openings.

In the drafting and subsequent committee review of the proposed emergency action policy, key areas of committee deliberation were focused on:

- Number of Seal Beach COVID-19 cases as reported by the Orange County Health authority to date.
- Number of COVID-19 deaths
- A majority of the over 9,000 community members are clearly in the “at risk” category, due to age or preexisting medical conditions
- Rules must also take into consideration caregivers, shareholders/members, guests
- GRF as an employer has the obligation to establish rules to protect the health and safety of its employees

- Proposed actions *must* represent mutual benefit for a majority of shareholder/members

The golf course has already reopened, and its rules were published previously (see the Aug. 6 edition). While some of the rules may appear restrictive in these policies, they are subject to modification as the pandemic abates.

New rules governing GRF amenities are as follows:

Veterans Plaza – Phase One - Emergency Operational Procedures

Due to government restrictions and recommendations brought about by the pandemic, this policy is enacted to allow for reopening the Veterans Plaza under emergency operational procedures.

- The Recreation Department will make **OPEN, page 6**



NEW VOTING OPTIONS IN LW
OC Registrar ballot drop box comes to LW

At its regularly scheduled meeting on Aug. 25, the GRF Board of Directors approved a measure to allow the Orange County Registrar of Voters to install a permanent Ballot Drop Box for the convenience of voters within the LWSB community.

The Drop Box will be installed today, Sept. 3, near the bus stop at the Amphitheater, next to the U.S. Mailbox. It is accessible via drive-through and walk-up and for those in mobility vehicles. The following answers to frequently asked questions are provided by the OC Registrar’s Office.

What is a Ballot Drop Box?

- A Ballot Drop Box is a secure and locked receptacle where a voter can drop off their vote-by-mail ballot in the same manner they would at a mailbox. Ballots will only be picked up by election officials from the Registrar of Voters.

BALLOT BOX, page 5

GRF Employees of the Month



MARCH
Anna Gamboa
Office Secretary
Mutual Administration

It is with great pleasure to announce GRF's Employees of the Month for March, April, May, June, July and August 2020. As COIVD-19 suspended GRF Board meetings, we will publicly recognize and celebrate the accomplishments of these extraordinary individuals. The GRF appreciates the efforts of its employees to achieve its goals in providing an enhanced quality of life for Leisure World's active adult community of Leisure World Seal Beach. Outstanding employees deserve to be recognized for going above and beyond! Join the GRF in congratulating its extraordinary staff.

March: Anna Gamboa
Office Secretary
Mutual Administration

"Anna has always gone above and beyond to assist our Mutual at all times. She is always greeting you



APRIL
Alex Ramirez
Plumber
Service Maintenance

with a warm smile – her response time is always on target with our questions. Such a pleasure to work with."
"She is the glue that holds Mutual Administration together and goes out of her way to keep informed to help everyone. She is the go-to person for her department and is very organized which helps the entire department run smoothly."

April: Alex Ramirez
Plumber
Service Maintenance

"Alex was hired in November 2017. He always arrives to work with a positive attitude and willingness to learn. He continues to receive outstanding feedback from the community regarding his work ethic and professionalism while on the job. Alex displays a tremendous amount of dedication and loyalty



JUNE
Pedro Sandoval Lozano
Mechanic
Transportation

to the community, and will do anything it takes to accomplish the job."

May: Deanna Bennett
Executive Coordinator,
Administration

"Since working with Deanna more closely the past couple of months, I have witnessed her organizational skills and her ability to successfully multi-task. "Deanna anticipates issues and successfully resolves them before they become a problem. "She has shown creativity in time management ideas for herself as well as the Recording Secretary. "I appreciate her initiative."

June: Pedro Sandoval Lozano
Mechanic
Transportation

"Pedro has proven to be an exemplary employee.



JULY
Ruth Osborn
Managing Editor
News

He is consistently looking at cost saving opportunities without sacrificing service and/or quality. Pedro is willing to take on new projects with excitement and welcomes new challenges."

July: Ruth Osborn
Managing Editor
News

During a time of change and uncertainty, Ruth has demonstrated her ability to take on new opportunities. Ruth has been a valued employee of GRF since 1988 and has shown her ability to be a leader and mentor to the News Department. Her enthusiasm and experience show her strength in fostering talent where the department colleagues feel supported and challenged. Her knowledge, experience and great demeanor continuously



AUGUST
Mike Meza
Building Inspector
Physical Property

help the News department achieve excellence with every LW Weekly production.

August: Mike Meza
Building Inspector
Physical Property

On Aug. 14, Michael was working when he observed an unknown male begin to attempt to climb the fence on Northwood Road near the North Gate. Michael immediately advised Security, and SBPD was called. Mike's quick actions stopped a trespasser from entering the community. It was later discovered that the suspect was a parolee at large and was arrested for the parole violation. He was later booked into the Orange County Jail. Mike's actions and attention to duty made the difference during this incident, and his efforts are appreciated.

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Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.



The California Telephone Access Program is offering free online training to make your smartphones work better for you.

REGISTRATION UNDERWAY

Online classes offered in September

People who are having difficulty hearing or seeing their smartphones are invited to attend a free workshop on how to make them work better for you. Training covers making smartphone volume louder and easier to hear; sending text messages, connecting Bluetooth devices, using basic functions and more.

This is a two-part online training. To participate, you need a computer iPhone training is from 2:30-3:30 p.m. on Sept. 9 and 10 and Oct 14-15. Android training is from 2:30-3:30 p.m. on Sept. 23-24 and Oct. 28-29. Classes are sponsored by the California Telephone Access Program. Space is limited. Register now by calling (661) 259-9444, ext. 151.

TRAFFIC ENFORCEMENT

Police to step up efforts through Labor Day

The Seal Beach, Huntington Beach and Newport Beach Police Departments have seen a rise in illegal street racing, loud exhaust and impaired driving in recent weeks. The increased efforts to address impaired driving are part of a national enforcement campaign, “Driver Sober or Get Pulled Over.”

During this period, which runs until Labor Day, the Seal Beach, Newport Beach and Huntington Beach Police departments will be working in a collaborative effort to combat impaired driving, street racing and speeding. This means you may see officers from different jurisdictions in Seal Beach, working to protect you and your family.

In addition to patrols, the Huntington Beach Police Department will be holding a DUI Checkpoint on Sept. 24 in the City of Huntington Beach. Seal Beach Police will be assisting with this checkpoint.

Driving while impaired is illegal, whether it is alcohol, prescription drugs, over-the-counter medications or marijuana.

Although fewer people are traveling, impaired driving continues to be a problem. During the 4th of July holiday, the CHP made 738 arrests for DUI over a 54-hour period.

Funding for this program is provided in part by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Beat the Heat in CH 1 Cooling Center

A Cooling Center will be open Sept. 3-7 from 10 a.m.-7 p.m. in Clubhouse 1. Water, AC, WiFi and TVs are available.

Leisure World residents can call (562) 431-6586, ext. 379, to request an on-call bus pick-up anytime between 2-7:15 p.m. for a ride to the cooling center or a return ride home. For transportation earlier than 2 p.m., the regularly scheduled Minibus service will be available.

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SBPD

Prevent crime— remove valuables from your vehicles

The Seal Beach Police Department responds to calls of thefts from unlocked vehicles with some frequency. Many of these crimes could be prevented if residents took a few simple steps to keep their vehicles more secure. Here are some suggestions on how to safeguard your valuables:

- Lock your vehicles—roll up your windows and lock the doors. It is sometimes easy to forget to do this, but SBPD sees significantly more thefts from unlocked vehicles than from crimes where a suspect forces entry into locked cars.

- Remove valuables—Anything that has value should be removed from your car. Laptops, GPS systems, packages, etc. should all be removed. Even phone charging cords should be taken or hidden so that criminals are not tempted to get into the car.

- Stash things in the trunk—In the event you are out shopping or away from home and cannot remove your valuables, at least lock them in the trunk. Try to do this before you reach your destination so criminals don't see you doing this.

- Park smart—Park your car in well-lit areas that are busy.

Immediately report thefts to the SBPD to help track where crimes are occurring and response is needed. Call the non-emergency number at (562) 594-7232.

GRF projects are underway around the community despite slowdowns caused by COVID-19. This column will update residents on the progress of various construction projects. The information is provided by GRF Facilities Director Mark Weaver and Physical Property Manager David Rudge.



MUTUAL 9 SEWER LINE FAILURE

A main sewer line failed Mutual 9 last weekend. Crews were dispatched to temporarily bypass the sewer until repairs can be made. Workers began excavating and repairing the pipe, but work stopped when the earth continued to cave in due to ground water. Shoring is now in place and a dewatering contractor will drill to install dewatering equipment to divert water away from the repair location. When the soil dries out enough, excavation and repairs will continue. Use caution around Carports 107 and 109.

LW POOL

Electrical repairs are making progress for the new LW Pool and Spa. The gas meter coordination with the Gas Company is underway to relocate the meter, and work reconstructing the locker rooms is ongoing. Engineering permitting by the City of Seal Beach and the Orange County Health Department is also proceeding. The pandemic has slowed the project amid virus lockdowns and employee reductions stalling the permitting process, which is slowly moving forward.

The finished facility will include a five-lane pool, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area in a reconfigured space to maximize its potential.

MUTUAL 10 WATER LINE REPAIRS UNDERWAY

A main potable water line failed Aug. 20, flooding parts of Carport 122 in Mutual 10. Physical Property and Service Maintenance staff were on scene to provide temporary water to the residents of the affected buildings. Workers dewatered the area, meaning they drained groundwater by pumping. The City of Seal Beach has completed the repair, and the asphalt and concrete repair will follow.

PAVING PROJECT

The 2020 Trust Street Paving project will run through September. The schedule began Aug. 18. Grind and overlay projects will be on Oakmont Road through today, Sept. 3; Northwood Road from Del Monte to St. Andrews, Sept. 3-14; and the Clubhouse 2 parking lot is complete. The parking lot at Clubhouses 3 and 4 will be slurry sealed and cracks will be filled from Sept. 14-22.

BRIEFS, page 12



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Perspectives

COVID-19 Chronicles

Leisure World residents are living in historic times as the COVID-19 pandemic unfolds around the world. Residents are welcome to share their experiences, observations, opinions and insight with their friends and neighbors in this occasional column. The deadline is Thursday for the following week's publication. Email submissions to Ruth Osborn at rutho_news@lwsb.com. Submissions are subject to editing for clarity and brevity.

Home Deliveries in the Time of COVID-19

by Joan Rose
LW contributor

A couple of months ago, when we found out that us oldsters would be locked down in our homes due to the pandemic, I asked my daughter to go grocery shopping for me because I knew I was not supposed to do it. She went a few times and wore a mask, but I was always worried that she would meet someone who would not be wearing a mask and who would perhaps cough in her face and give her the virus.

One day we found out that a few local companies had solved that problem for us by offering their services. They would do our grocery shopping for us and not only that, they would deliver our groceries right to our homes! Amazing!

Using the Internet, I contacted a company I'll call "WeDeliver.com" and set up my account. The first couple of times I ordered, I was unsure of its website and found it difficult to find the groceries I wanted and to even understand their website. I have some knowledge of the Internet, but I am no computer whiz, and I found that while ordering from this company, I would often get lost in the many choices I had to make. I got very confused. So, my daughter and I thought it would be easier if she ordered my groceries for me from her computer at home, and this is what we did. Now I simply e-mail my grocery list to her every week, and she places my order for me. It has worked out great.

Having the groceries delivered to me every week from WeDeliver has been interesting. There is a new shopper every week, and when he/she starts to shop for my groceries, this person texts me so that I can follow the shopper's progress. If there are substitutions to be made, the shopper texts me to let me know of the substitution and to get my approval. In an hour or so, I get a text letting me know that the shopping is done, and that the shopper will arrive at my house shortly.

The shopper, who wears a mask, parks on the street and then rushes to my door with my groceries. The sacks are placed on my porch, and then the shopper runs quickly away. I usually stand just inside my screen door and watch for the shopper, so that I know when my groceries arrive.

A few weeks ago, I was waiting for the delivery when Jose (the shopper) texted me and said he could not get into Leisure World. I had to call the gate to let him in, and I thought it was strange that he did not have a pass, when the other shoppers who had come to my door all had passes.

Presently, Jose (who was not wearing a mask and whose name I changed) placed the bags on my porch and started to run away, but then I saw a large bag of tortilla chips nestled in one of the grocery bags. Now, you have to understand that my teeth are old and not used to crunching on tortilla chips. I called Jose back and told him that I never ordered the tortilla chips. He came back, grabbed the bag of tortilla chips and disappeared.

I brought the grocery sacks into my house using a cart, and started to put away my groceries. It was then that I realized that Jose had left another surprise for me when I saw a carton of Almond Milk in one of the bags. (Who knew that you could milk almonds?) At any rate, I hadn't ordered it, and so I set it aside. Later, I realized that the seal had been broken on the carton and someone had been drinking the contents. Probably Jose. So I threw it out.

My daughter contacted the company, and we got credit for the tortilla chips and the almond milk, so no harm was done, but it was a strange experience. I thought about lodging a complaint against this shopper, but then I thought perhaps this was his first delivery, and he was just learning. Jobs are hard to come by right now, so all I did was to hope fervently that he never shopped for me again.

So far, I've been lucky. Most of the shoppers that I have had are always courteous and speedy— and always wear their masks. It is so nice to have someone shop for me, since I am getting on in years, and it has been getting harder for me to make that trip to the grocery store every week. When the pandemic ends, I think I will continue with this wonderful service.

Another great service we all enjoy here in Leisure World is from the Leisure World Pharmacy. I simply call them to order my prescriptions and anything else I would like and they deliver it to my door within a day or so. I have a check ready for them when they deliver my package and best of all, the delivery is always free of charge.

When you are talking about home deliveries, you can't beat the giant company, Amazon. I think you could order most anything from them and they will deliver it to your door within a couple of days. I have ordered a Kindle, printer ink, a video chat machine

CHRONICLES, page 14

Scam Alert

One type of fraud that continues to affect older adults is identity theft.

Perpetrators use the stolen identity to run up credit card bills, drain bank accounts and damage credit scores.

In addition to financial fraud there has been an increase of using stolen identities to procure medical care and services and prescriptions. The disruption in the lives of victims of identity theft is severe, time-consuming, and can take years to recover from such incidents. Nearly half of the identity theft victims in 2015 were over 50 years old according to the FTC.

If you are a victim of identity theft, here are some helpful tips:

What to do Right Away:

1. Call the companies where you know the fraud occurred.
2. Place a fraud alert with a credit reporting agency and get your credit report from one of the three national credit bureaus.
3. Report identity theft to the FTC.
4. File a report with your local police department

What to do Next:

1. Close new accounts opened in your name.
2. Remove bogus charges from your accounts.
3. Correct your credit report.
4. Consider adding an extended fraud freeze.

Tips to Secure Your Identity:

- Neither Medicare nor Social Security will call to ask for your bank information or SSN.
- There will never be a fee charged to obtain a Social Security or Medicare card.
- Never give out personal information over the phone to

SCAM, page 14

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome.

Letters to the Editor

Editor:

The purpose of this letter is to explain the real financial impact upon California's economy if Prop. 15 passes. It is also known as the Schools and Communities First initiative. How could anyone vote against the kids? Read on.

The official website of Prop. 15 tells us that increased property taxes on industrial and commercial property will bring in 12 billion dollars in new tax revenue per year; 4.8 billion (40 percent) will accrue to the one untouchable in California, education. Let's see what United Teachers Los Angeles (UTLA) proposes to accomplish with its share.

First, they want to eliminate all private and public charter schools. We don't want no competition. Elimination of school police, Medicare for all, 15 additional sick days per year, a disaster stipend for working parents and suspended eviction notices and utility cut offs. But the biggie is pensions. Not pension reform, but pension funding. Heck, I'd settle for higher test scores.

Also, our governor has given strong signals that he wants to increase our income tax, which is already the highest in the nation. Next up, look forward to a California wealth tax as icing on the cake. And, if elected, Joe Biden has already promised a 7 percent increase on top earners.

Remember Econ. 101, taxes are not paid by corporations, but by customers and employees in the form of lower wages. But hey, it's all about the kids.

Terry Thrift
Mutual 7

Editor:

I find my early morning walks, wearing my mask, of course, very refreshing. It's a tremendous help in coping with the pandemic crisis. I just wave at the energetic walkers I see. The lovely colorful blooms around Leisure World lift my spirits and help me enjoy my walk.

I deeply appreciate the landscaping team of the Mutual 1 Board as colorful flowers are now planted in the area. It reminds me of when I was a member of the landscaping team. We did our best to beautify our community.

Lisa A Dickson
Mutual 1

Covid Chronicles

Leisure World residents are living in historic times as the COVID-19 pandemic unfolds around the world. Residents are welcome to share their experiences, observations and opinions with their friends and neighbors in the LW Weekly. Submit stories by emailing rutho_news@lwsb.com.



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VOL. 44 NO. 30

Government

Recap of Aug. 31 GRF Board Activity

General – Re-opening of Trust Property Amenities under Emergency Operational Procedures Veterans’ Plaza, 70-1448-3A
MOVED and duly approved the re-opening of the Veterans’ Plaza on Wednesday, September 4, 2020, under Emergency Operations Policy 70-1448-3A.

General – Re-opening of Trust Property Amenities under Emergency Operational Procedures Mission Park – Multi-Use Courts, 70-1448-3B
MOVED and duly approved the re-opening of Mission Park – Multi-Use Courts, on Wednesday, September 4, 2020, under Emergency Operations Policy 70-1448-3B.

General – Re-opening of Trust Property Amenities under Emergency Operational Procedures Mission Park – Bocce Ball Court and Basketball Court, 70-1448-3C
MOVED and duly approved the re-opening of Mission Park – Bocce Ball Court and Basketball Court, on Wednesday, September 4, 2020, under Emergency Operations Policy 70-1448-3C.

Schedule of Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (*schedule subject to change*).

Wed., Sept. 9	Mutual 4 virtual..... 9:30 a.m.
Thurs., Sept. 10	Mutual 12 virtual.....9 a.m.
Fri., Sept. 11	Mutual 3 virtual.....9 a.m.
Mon., Sept. 14	Mutual 9 virtual9 a.m.
Tues., Sept. 15	Mutual 14 virtual..... 1 p.m.
Wed., Sept. 16	Mutual 5 virtual9 a.m.
Wed., Sept. 16	Mutual 7 virtual..... 1 p.m.
Thurs., Sept. 17	Mutual 2 virtual.....9 a.m.
Thurs., Sept. 17	Mutual 11 virtual..... 1:30 p.m.
Mon., Sept. 21	Mutual 15 virtual..... 1 p.m.
Wed., Sept. 23	Mutual 10 virtual.....9 a.m.
Thurs., Sept. 24	Mutual 1 virtual.....9 a.m.
Fri., Sept. 25	Mutual 6 virtual..... 9:30 a.m.
Mon., Sept. 28	Mutual 8 virtual..... 9:30 p.m.

405 Freeway Alert

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

UPDATE! Northbound (NB) Full Freeway Closures for Bolsa Avenue Bridge Work
Crews will continue constructing the falsework for the Bolsa bridge over NB I-405. This work requires full NB freeway closures between Beach Boulevard and McFadden Avenue. The closures are set for 11 p.m.-5 a.m., Tuesday, Sept. 8, to Friday, Sept. 11.

Southbound I-405 Loop Off-Ramp to Westminster Boulevard Closure is RESCHEDULED
The southbound (SB) I-405 loop off-ramp to Westminster Boulevard was rescheduled to close as of Aug. 26 for approximately one year.

Activities include demolition, excavation, grading, drainage and electrical system installation, concrete pours and asphalt paving

to accommodate the freeway widening.

Southbound I-405 Loop Off-Ramp to Beach Boulevard is PERMANENTLY CLOSED
The SB I-405 loop off-ramp to NB Beach Boulevard is permanently closed. Motorists will use the Beach Boulevard/Center Avenue off-ramp from now on to access NB and SB Beach.

The loop off-ramp was eliminated to accommodate the widening of Beach and of the freeway. The Beach/Center off-ramp and Center are being reconstructed to accommodate the change in traffic volume.

COMING SOON! Northbound I-405 On-Ramp to Warner Avenue to Close for Approximately One Month
Crews will close the NB I-405 on-ramp from Warner to support the freeway widening. The 405 Community Outreach Team will provide detailed closure and detour information in future alerts.

COMING SOON! Northbound I-405 On-Ramp to Magnolia Street to Close for Approximately One Month
Crews will close the NB I-405 on-ramp from Magnolia to support the freeway widening. The

GRF Board
Executive Session
1 p.m.,
Sept. 4, 2020

Virtual Meeting,
in accordance with
applicable codes

NOTE: This meeting is closed to
Shareholders/Members per Civil
Code §4935
A. Call to Order
President Susan Hopewell
B. Roll Call
C. Legal
D. Contracts
E. Personnel
F. Adjournment
Agenda is subject to change.

CalFresh

CalFresh (formerly known as food stamps) can help qualifying Leisure World residents stretch their food budgets. Recipients receive a card that works like a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods. CalFresh is a program funded by the USDA to help improve health and nutrition of families with low incomes.

CalFresh is an entitlement program, which means that all who apply and qualify will receive benefits and will not “take someone else’s place.”

The USDA sets aside funds for the program, and because there is currently under participation in the program millions of dollars in benefits are being left unused.

Upon application, income and many other factors are taken into account to determine eligibility. By calling 2-1-1 Orange County, people can be prescreened for major eligibility criteria, helping them understand if they are

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GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule (*meetings are dependent on orders related to COVID-19; check schedules for latest information*). **Public health and safety measures will be in place to protect membership and staff with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask will be required:**

Thurs., Sept. 3	COVID-19 Ad Hoc Committee Virtual..... 1 p.m.
Fri., Sept. 4	GRF Board Executive Session Virtual..... 1 p.m.
Tues., Sept. 8	Recreation Committee Clubhouse 4 1 p.m.
Wed., Sept. 9	Security, Bus & Transportation Clubhouse 4 1 p.m.
Thurs., Sept. 10	Communications/IT Committee Clubhouse 4 1 p.m.
Friday, Sept. 11	GRF Executive Committee Clubhouse 4 1 p.m.
Mon., Sept. 14	Mutual Administration Committee Clubhouse 4 1 p.m.
Tues., Sept. 15	Website Ad Hoc Committee virtual 1 p.m.
Mon., Sept. 21	Finance Committee Clubhouse 4 10 a.m.
Thurs., Sept. 24	Architectural/Design Review Committee Clubhouse 4 1 p.m.
Tues., Sept. 29	GRF Board Meeting Clubhouse 4 10 a.m.

BALLOT BOX from page 1

Why are Ballot Drop Boxes being installed?
In 2016, California legislation passed SB 450 also known as the Voter’s Choice Act. This allows counties to provide voters more options on how, when and where they cast their ballots during an election. In February 2019, the County Board of Supervisors voted to enact the Voter’s Choice Act in Orange County. Starting in 2020, all OC voters will receive a vote-by-mail ballot. Voters will be able to mail in their ballots (no postage necessary), drop them off at any Vote Center located within the County, or place them inside a secure Ballot Drop Box. These options offer more flexibility, access and convenience when casting their vote.

• What responsibility does the host location have after the Ballot Drop Box is installed?
The Ballot Drop Box installation, upkeep and maintenance will be the sole responsibility of the county. With the controversy this election cycle concerning mail-in voting, GRF believes the convenience, coupled with the security of the Drop Box, will enhance voting choices, especially since voting in clubhouses is not an option. OCRV representatives will pick up ballots every two days and deliver them directly to its facility, expediting the direct receipt of ballots. As an additional voting choice for in-person voters, the GRF will host a one-day Voting Popup Center on Oct. 30 at the circle between Clubhouses 3 and 4. Ballots are scheduled to be mailed on Oct. 1.

For additional information, contact the Recreation Department at kathyt@lwsb.com.

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OPEN from page 1

Veterans Plaza available for exercise and dance clubs, in good standing.

- All reservations must be made through the Recreation Department by email or telephone. Contact kathyt@lwsb.com for eligibility and availability.

- Reservations are limited to 90 minutes, no more than once a week, from 7 a.m.-7 p.m.

- Reservations may be pre-empted by GRF for special events.

- In case of multiple similar clubs requesting a reservation, remaining time slots will be awarded by lottery.

- The Recreation Department determines by its discretion if a particular activity is appropriate for this venue.

- No unscheduled event will be allowed at any time. Participation is solely at participants' own risk.

- Masks and six-foot distancing are required at all times. No physical contact between participants is allowed.

- Group sizes may be required to be reduced to meet social distancing guidelines. Only GRF members may participate; no guests are permitted.

- No sign in sheets are required, but GRF reserves the right to reinstitute them at any time.

- Staff may ask to see participant's GRF ID at any time.

- All classes are self-managed and must provide their own equipment.

- No tables, chairs, or equipment are provided by GRF.

- Clubhouse 3 restrooms will be available through the lobby

and no more than two people are permitted in either restroom at a time.

Mission Park, Phase One-Emergency Operational Procedures Multipurpose Court

The following procedure has been expanded pursuant to regulations recommended by the USA Pickleball Association and incorporates guidelines for at risk senior communities in particular.

- Play at the Multipurpose Court, when opened, must be booked through the Recreation Department by email only.

No unscheduled games will be allowed.

- Requests are accepted at <http://www.lwsb.com/reserve/> Monday-Sunday before 4 p.m. for play the following day.

- Staff may request a player's GRF ID at any time.

- Hours of operation are 8:30 a.m.-7 p.m. daily. They are posted on the court and the website.

- Scheduling will be adjusted by management as needed to satisfy safety requirements and conform to Staff hours.

- GRF may close the facility completely without notice.

- No after game congregation/socializing is permitted in Mission Park, the parking lot or the immediate surrounding area. After their match, players must promptly leave the Mission Park/Clubhouse 2 area.

- To eliminate touch points, benches, score tenders, and all tables and chairs will be removed.

- Face coverings must be worn in all areas until playing begins

on the court. Face coverings also must be worn after play is completed.

- Social distancing as defined by the CDC (maintaining six feet of distance) must be maintained at all times.

- Participants should wash their hands with soap and water (for 20 seconds or longer) or use a hand sanitizer before and after each match.

- A disinfecting/sanitizing bucket will be on site, between Bocce and Multipurpose courts for players to use to clean balls and paddles.

- The Clubhouse 2 restrooms will be made available; however, no more than two players per restroom will be permitted at a time.

- Pickleball games (or other Multipurpose Court games) are limited to one hour of play.

- Playing doubles, which could lead to incidental contact and unwanted proximity, is prohibited.

- Players must provide their own paddles, balls and gloves.

- Players must wear gloves when handling the ball and not touch other players' equipment.

- Should a ball identified with another player wind up on your side of the court, do not touch the ball with your hands.

Use your paddle or feet to advance the ball to the other side of the court.

Mission Park, Phase Two - Emergency Operational Procedures Bocce Ball

- Bocce Ball must be reserved through the Recreation Department.

ment.

Requests are accepted at <http://www.lwsb.com/reserve/> daily before 4 p.m. for play the following day.

- The reservation schedule will be provided to the Clubhouse 2 custodian. Players must check in with Staff to verify their reservation.

- Staff may request GRF ID at any time.

- Hours of play will be between 8:30 a.m.-5 p.m. daily.

Hours may be changed at the discretion of GRF.

- No unscheduled games will be allowed.

- Only two players per one-hour session.

- No spectators are permitted.

- Bocce Ball players must provide gloves and they must always be worn when handling the balls.

- Face coverings must be worn in all areas.

Social distancing, as defined by the CDC of maintaining six feet of distance, must be observed at all times.

- A sanitizing bucket will be provided between bocce and pickleball courts for cleaning equipment.

- Players should wash their hands with soap and water (for 20 seconds or longer) or use a hand sanitizer before and after play.

- To eliminate touch points, benches, score tenders, and all tables and chairs will be removed.

- No gathering will be permitted before or after games.

- The Clubhouse 2 restrooms will be made available. No more

than two players will be permitted at any time.

Dr. Anberry Basketball Hoop

- The clubhouse custodian will provide a basketball for play.

- Only one player at a time.

- Face coverings must be worn in all areas at all times.

- Use of the hoop will be on a first come, first served

- Play will be restricted to one hour unless no one is waiting.

- No loitering is permitted.

- Hours of play will be between 8:30 a.m.-7 p.m. daily.

General Outdoor Use/Barbecue Area

This area will remain closed until further notice. All furniture and equipment have been removed to discourage loitering.

For more information, contact kathyt@lwsb.com.

405 from page 5

Expect some traffic delays.

The 405 Community Outreach Team is Still Working

For more project information, email 405project@octa.net or call (888) 400-8994. The 405 Improvement team is brainstorming new ways to keep the community engaged and informed in a time of social distancing.

The I-405 Improvement Project mobile app includes quick access to current traffic conditions, closures and detours, along with project updates and links to contact the project team.

It's available for download on the Apple Store or Google Play.





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Religion

Community Church

By Joy Reed
LW contributor

What different times we live in. We are trying to isolate from others by staying in our units. Sometimes it means not being with our family or church family. We are very social beings; this situation is not to our liking. Restaurants now are only serving take-out meals or outside dining. Church buildings unused, people wearing masks when they rarely venture outside their homes; strange, but now it has become normal, “the new normal.”

God reminded me of this beautiful thought today in the middle of this strange and different time: the virus has not stopped, nor can it stop, the church from being the church. Even in strange and different times, the church continues. The church is not a building but is made up of the “Bride of Christ,” us. The people make up the church, not the building. Everything is in God’s control. Nothing happens to us that God does not know. We are children of the king.

These strange times have only one remedy, praying incessantly to God. Joshua 1:9 puts it clearly, “Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged for the Lord your God will be with you wherever you go.”

Do not wish for how “it used to be.” Today, right now, be courageous. Get up, take a shower, dress, get down your nice china and eat something. Treat yourself well. Why? Because God is in control and you are his child!

You are invited to tune into worship Sunday morning at 9:50 on Facebook live, @communitychurchleisureworld. To join, call the church office or email leisurewccsue@yahoo.com. If you don’t have a computer or Facebook, you can still call in to our phone system at (562) 431-2503 and listen to the weekly message beginning Sunday evening.

I you are in need without another way to address that need, you may call the church office and leave a message (562) 431-2503.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The 23rd Sunday in Ordinary Time on Sunday, Sept. 6.

The First reading is Ezekiel 33:7-9 and the Second reading is Romans 13:8-10. The Gospel reading will be from Matthew 18:15-20.

Masses

The parish bulletin to your email inbox. If you would like to receive a copy of the weekly parish bulletin, you can sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>.

Saturday (Virgil Mass) at 5 p.m. in the back of the church and Sunday Mass will be at 8 a.m. and 10 a.m. in the front of the church. There will be no noon Mass. Those who attend must wear a mask or face shield and remain socially distanced. Attendees should bring their own seats if possible.

“The Paradoxical Commandments”

Mother Teresa hung a copy of this poem by Kent M. Keith on a wall of the orphanage she founded in Calcutta. Holy Family believes its words are much needed in this present time.

“People are often unreasonable,
Logical and self-centered
Forgive them anyway.
If you are kind,
People may accuse you
Of selfish, ulterior motives;
Be Kind anyway
If you are successful,
You will win some false friends and
Some true enemies,
Succeed anyway
If you are honest and frank,
People may cheat you;
Be honest and frank anyway.
What you spend years building, someone could destroy overnight
Build anyway
If you find serenity and happiness,
They may be jealous;
Be happy anyway.
The good you do today, people will often forget tomorrow
Do good anyway.
Give the world the best you have,
And it may never be enough; give the best you’ve got
Anyway.
You see, in the final analysis, it is between you and God:
It was never between you and them anyway.”



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First Christian

By Bruce Humes
Pastor

I was reading through the Psalms this week as I often do when things are troubling me; looking for the Lord to speak to me through his word. He led me right to Psalm 27. A psalm written by David, Israel’s second king, and he begins by saying, “The Lord is my light and my salvation.” When we think of light in the physical sense, we think of that which illuminates the way for us. Making our path safe to travel, even when there are many hills, bends, and pitfalls that could cause us great harm. Just as walking in physical darkness can cause us great harm, so too can walking in spiritual darkness. There is a spiritual darkness with many pitfalls that will cause devastating harm spiritually. We need someone to guide us through the darkness, and David says that it is the Lord who lights our path. The Lord himself tells us in John 8:12, “Then Jesus spoke to them again saying, ‘I am the light of the world. He who follows me shall not walk in darkness, but have the light of life.’” King David recognized this fact some 1,000 years earlier, but the scribes and Pharisees didn’t see it even with Jesus standing right in front of them.

David goes on to say, “whom should I fear? The Lord is the strength of my life; of whom shall I be afraid?” With the Lord as his light, salvation, and strength the answer would be no one. That should be our answer too. If God is our light, salvation, and strength we should not be afraid, and trust in the Lord.

Verse 2 gives us an example, “When the wicked came against me to eat up my flesh, (David sees them as vicious beasts, but yet) my enemies and foes, they stumbled and fell.” Again, we can see this as physical enemies and as spiritual enemies of darkness. Verse 3 continues with, “though an army may encamp against me, my heart shall not fear; though war may rise against me, in this am I confident.” He has confidence and trusts that God will remove his enemies, both physical and spiritual, and make his path straight, smooth and lit up.

He continues in verses 4-5, “One thing I have desired of the Lord, that which I will seek: that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple. For in the time of trouble he shall hide me in his pavilion; in the secret place of his tabernacle he shall hide me; he shall set me high upon a rock.” David wants one thing, to dwell in the house of the Lord. For David, that was the tabernacle, his place to go and meet with the Lord. In times of troubles, David could hide and be protected from his enemies. King David was a warrior and understood that God

FIRST CHRISTIAN, page 8

Beit HaLev

Beit HaLev is now conducting services on Zoom. Anyone interested in joining the Beit HaLev Zoom community for services and Hebrew lessons, contact the rabbi at (562) 715-0888 for access and instructions on how to use Zoom.

Beit HaLev is continuing to livestream on Facebook and YouTube as well. To attend, go to Rabbi Galit Shirah’s website at galityomtov.com, [Facebook.com/galityomtov](https://www.facebook.com/galityomtov) or [YouTube.com](https://www.youtube.com/channel/UC02web.zoom.us/j/9152434704?pwd=THJGTEI0UXI5VXFDTWtuZHF4K3VxUT09) (Shabbat Shalom LIVE! channel). Evening services begin at 6 and morning services begin at 10:30. To join services on Zoom type the link: <https://us-02web.zoom.us/j/9152434704?pwd=THJGTEI0UXI5VXFDTWtuZHF4K3VxUT09>

The Meeting ID is 915 243 4704 and the passcode: RavGalit
A link to the PDF version of each prayerbook is provided at each service.

This Shabbat, the Torah reading is from Deuteronomy 26:1-27:10, “Kee Tavo;” Moses’ address describes the ceremonies for the fruits of the first harvest and tithes. The Israelites are instructed to build an altar and to bring the fruits of their harvest to “the place where your God will choose to establish the Divine Name (the Temple in Jerusalem).”

The Days of Awe are about to begin. The pre-High Holiday ceremony of S’lichot is a week from Saturday. Beit HaLev’s schedule for livestream services for S’lichot and Rosh Hashanah is:

- **S’lichot:** Saturday, Sept. 12, 6 p.m.
- **Erev Rosh Hashanah 1:** Friday, Sept. 18, 6 p.m.
- **Rosh Hashanah 1:** Saturday, Sept. 19, 10:30 a.m.
- **Erev Rosh Hashanah 2:** Saturday, Sept. 19, 6 p.m.
- **Rosh Hashanah 2:** Sunday, Sept. 20, 10:30 a.m.

Rabbi Galit Shirah conducts a weekday Ma’ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and hear a spiritual message, go to SimShalom.com.

Rabbi Galit Shirah’s classes are on hiatus. They will resume as soon as possible. For information, contact the Rabbi at (562) 715-0888 or duets@icloud.com.

Redeemer Lutheran

By Lisa Rotchford
LW contributor

Psalm 122:1 says, “I was glad when they said to me, Let us go to the house of the Lord.”

With the hard work everyone has accomplished by wearing masks and our county moving off the more restrictive state list, our outside worship services will resume on Sept. 6. The service will remain outside the sanctuary for individual and small group worship. Redeemer Lutheran can resume the “Pick up Your Spirits, with Prayer and Communion” program out in the front and northeast side of the church, 13564 Saint Andrew’s Drive, from 9:30–11 a.m. every Sunday in September. The musicians will play our organ with the church windows open so everyone outside the sanctuary can hear favorite hymns. Watch the outside message board for updated details.

September is our annual outreach effort called “God’s Work, Our Hands.” If you have a non-perishable food item on your shelf that you’d like to share with a hungry neighbor in need, we will be collecting food for the neediest in Orange County. The barrels out front of the church on Sunday mornings will collect food (or cash) donations, and will immediately be taken to Lutheran Social Services’ shelves that feed the increasing number of hungry people as this pandemic continues. If you have a pastoral care or questions, call the church at (562) 598-8697.

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Church of Jesus Christ of Latter Day Saints

Jim Greer
LW contributor

In a recent message featured on the church website (www.churchofjesuschrist.org), Becky and Bennett Borden shared inspiring thoughts on loving like Jesus. The Bordens noted that our environment today is much like savior’s time, rife with social and political divisiveness. The issues of his day were deeply rooted in dark history and flawed cultural beliefs.

Christ traveled through Samaria, a place that Jews avoided due to a long-standing feud between cultures. Though Israelites, Samaritans were regarded as “others” by the Jews. So, when Jesus kindly greeted the Samaritan woman at the well, she was amazed to be treated as a daughter of God. His example of talking with her lovingly and truthfully is a pattern for each of us to follow.

The adversary tries to separate us into enemy camps, always ready to do battle. “But the Lord looketh on the heart” (1 Samuel 16:7). We can live Christ’s example when meeting those considered political or cultural enemies, by lovingly greeting them as children of God. Our common heavenly parentage connects us and should be the starting point for all our relationships.

After his resurrection, Christ warned his people in the Americas, “the devil is the father of contention, and he stirreth up the hearts of men to contend with anger, one with another” (3 Nephi 11:29). In response, the succeeding generation created a society where “there were not rich and poor, bond and free, but they were all made free, and partakers of the heavenly gift” (4 Nephi 1:3).

As followers of Jesus, we should actively draw closer to others, instead of distancing ourselves from the despised and shunned. In many instances Jesus challenged cultural norms and ministered to and blessed others. He didn’t wait for the right time to do good, Jesus chose “to do well” immediately (Matthew 12:12).

Throughout Scripture, we discover that when “Jesus put forth his hand” (Matthew 8:3), it was to heal, encourage, and share love and peace with others. Just as he did, we can draw near to those who seem different.

Though criticized for doing so, Jesus associated and dined with those who were shunned by society. He even called a “publican,” a hated representative of the ruling government, to serve with him. When Matthew hosted a feast for Jesus and his disciples, the scribes and Pharisees criticized them for dining with those they considered sinners. To which Jesus replied, “They that are whole need not a physician, but they that are sick” (Luke 5:30–31).

We’ve all heard the saying, “love the sinner; hate the sin.” Why not alter the phrase to say, “love the sinner; invite them to dinner?” We’ve all sinned “and come short of the glory of God” (Romans 3:23). So, why not create opportunities to serve others as Jesus did and share meals where God’s spirit is present? Surround your dining table with conversations of sincere kindness, genuine friendship, and intentional efforts to see and accept one another as Jesus would.

Faith Christian Assembly

By Sheri Leming
Pastor

After a three month sabbatical, Pastor Gwyn and Ginny Vaughn will return to Faith Christian Assembly, Sunday, Sept. 6. Pastor Gwyn Vaughn has been spending his time writing his fifth book about people in our community whose lives have made an impact. It is due to be released just prior to Christmas. Pastor Vaughn will speak on Sept. 6 at the 10:30 a.m. service. We invite you to come and join us. The church will take Holy Communion during service.

Those who cannot attend the Sunday or Wednesday services can call in to the conference call at 10:45 a.m. To participate, dial (425) 436-6371, access code: 576671#.

Out of an abundance of caution, all who attend must have their temperature taken at the door, wear a mask before, during and after service, and sit socially distant from others. The conference calls are at 5:45 p.m. on Sunday and Wednesdays at 11 a.m. for the Bible study.

Due to COVID-19, Faith Christian Assembly is not having its regular ministries at this time, but will resume as soon as possible.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at www.FCAchurch.net.

FIRST CHRISTIAN

From page 7

was his protector, and the temple was where he met with God, where he would set him upon a high rock.

As I read this psalm I was lifted up in my spirit, understanding that my Lord and savior was my light, my protector and strength, and putting my trust in him would put me high upon a rock as David said. Knowing this, what else can I do but make God the “one thing” in my life.

In John 14:1-3, just before his crucifixion, death, burial and resurrection Jesus said, “Let not your heart be troubled; you believe in God, believe also in me. In my father’s house are many mansions; if it were not so, I would tell you. I go to prepare place for you. And if I go and prepare a place for you, I will come again and receive you to myself; that where I am, there you may be also.” What a great promise from Jesus himself, and that is the “one thing” for me, much like David, I long to be in his temple, residing in that mansion he prepared for me, were I can and will sing praises to him.

Assembly of God

By Norma Ballinger
LW contributor

The following is hopefully an encouragement in these troubled times to remember that God is in charge. He is the one who decides the destiny of nations; security is for God to grant. The 40th chapter of Isaiah truly brings this home. As Isaiah is offering comfort to the people of Israel in their time of bondage, God is offering us hope also.

- **God is eternal (verse 8):** “The grass withers and the flower falls, but the word of our God stands forever.”
- **God is sovereign (verse 10):** “See, the sovereign Lord comes with power, and his arm rules for him, and his recompense accompanies him.”
- **God is tender (verse 11):** “He tends his flock like a shepherd, He gathers the lambs in his arms and carries them close to his heart, he gently leads those that have young.”
- **God is full of promise (verses 29-30):** “He gives strength to the weary, and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope (wait) in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

Why does God want us to wait? All too often our eyes are so glued on the destination, we neglect the journey itself. God wants to teach us and to mold us so we are prepared. What should we do while waiting: trust, pursue faith, serve others, be watchful and expectant and be grateful. Take time to be still before God, falling more deeply in love with him.

St. Theodore’s

By Lisa Rotchford
LW contributor

In this time of pandemic, along with wildfires and hurricanes, our prayers for others must include the courageous amongst us: first responders.

“For I, the Lord your God, hold your right hand; it is I who say to you, Fear not, I am the one who helps you” (Isaiah 41:13).

A prayer: “Almighty God, you lend your strength to all those who are there for us in times of crisis, fear, and hurt. For all first responders who we lean on in times of crisis and when we need help and protection. For all those who run toward danger for the sake of others and for those who strengthen them, their families and loved ones during this stressful time in our nation and the world. We give you thanks for the many ways they give of themselves, their skills, knowledge and help in troubling times. Protect them, oh Lord. We offer this scripture and prayer for all who have been working tirelessly and selflessly and who meet each day with courage and heart. Give us strength to do the same.” Amen.

The LW Weekly
430-0534

Congregation Sholom

Rabbi Eric Dangott will stream Friday night services at 6:30 p.m. on Sept. 4 on The Congregation Sholom of Leisure World Facebook page. To join, select the “Rooms” tab, then click on “Jewish Activities” and “Join to Restart.” Rabbi Dangott will be on Facebook for Saturday services at 9:30 a.m. on Sept 5.

On Sunday Sept. 6, Congregation Sholom will host a game night on Zoom. For an invitation to play, send an email to Jeff Sacks ahead of time at jfsacks@gmail.com.

Anyone who wants to participate in the games, book club or live stream services in a room on the Congregation Sholom of Leisure World Group Facebook page can call Susan Michlin at (805) 501-5268 to be added to the rooms.

Electric Shabbat Candles are available for \$8. This will help you to light a candle on Friday night and keep them burning until after Havdalah on Saturday night without a risk of fire. Contact Carol Levine if you want a set. They have graciously been obtained for us in Leisure World by Rachel Berkowitz of Chabad.

Tallit are available, call Ruth Hermann at (562) 430-3107. Selichot services will take place on Saturday night on Sept. 12 at 7 p.m. If you would like a prayer book, contact Carol Levine at 505-3622.

Below is the schedule for the upcoming High Holidays season:
Friday, Sept. 18: Erev Rosh Hashanah, Cantor Marla Barugel and Rabbi Karen Isenberg at 7 p.m.

Saturday, Sept. 19: Rosh Hashanah (day 1), Cantor Marla Barugel and Rabbi Karen Isenberg at 9:30 a.m.

Sunday, Sept. 20: Rosh Hashanah (day 2), Cantor Marla Barugel and Rabbi Karen Isenberg at 9:30 a.m.

Friday, Sept. 25: Karen Isenberg Shabbos Shuvah at 6:30 p.m.

Saturday, Sept. 26: Karen Isenberg Shabbos Shuvah at 9:30 a.m.

Sunday, Sept. 27: Erev Yom Kippur (Kol Nidre) Cantor Marla Barugel and Rabbi Karen Isenberg at 7 p.m.

Monday, Sept. 28: Yom Kippur (Yizkor) Cantor Marla Barugel and Rabbi Karen Isenberg at 9:30 a.m.

All High Holiday services will be on Zoom hosted by Jeff Sacks. Contact him for an invitation. Zoom can be accessed by telephone (cellular or landline) if you don’t have a computer.

Anyone who wants to be a member to participate in the live streamed services on the Congregation Sholom of Leisure World Group Facebook page, can call Ron Yaffee at (562) 430-7040.

LW Baptist

By Rolland Coburn
Pastor

In Christ you have a brand new identity, a permanent one that lasts forever and can never change. “You are a chosen race, a royal priesthood, a holy nation, God’s treasured people,” 1 Peter 2:9.

Asked who you are and you will probably answer with your name. You may also identify with your work, hobby or residence. Peter reminds us not to forget the most fundamental thing about us who trust Christ for salvation: “I am a Christian.”

In Christ you are not just forgiven, but given a new understanding of your relationship to every other Christian. That affects your thinking about yourself and what you are doing.

You are part of a body, a family, God’s people. Grace equips you to live the Christian life, but not on your own, as Pastor Paul Tripp explains.

Believers come from various places and backgrounds. But going to church is not like attending a concert, where you listen and leave without connecting with people. God’s Spirit intimately connects you to everyone in the church assembly, whether you know them or not. The Bible speaks of you as a body-part that benefits from and depends upon the others.

Are you living a private Christian life, or embracing your connection with every other brother and sister in Christ?

Especially when suffering hardships, we can become isolated within ourselves, forgetting who Christ called us to be by grace.

God’s grace has chosen us to belong no longer to Adam’s fallen race, but to Christ’s redeemed race. It is not about skin color, but a changed heart that is alive to God. The creator has chosen to place his eternal love on you forever. You can truly say, God loves me.

You have access to God. For thousands of years people could not enter the place of God’s glory. Now Christ has opened the way. We come to the father through Jesus the Son. We live in his presence and at any moment may tell him our heart-issues. All we are and have for the glory of our king.

We are a holy nation, devoted to God, separated together for him. Our language, location, ethnicity, economic level makes no difference. If you and I are in Christ, we are one. Are we living this way?

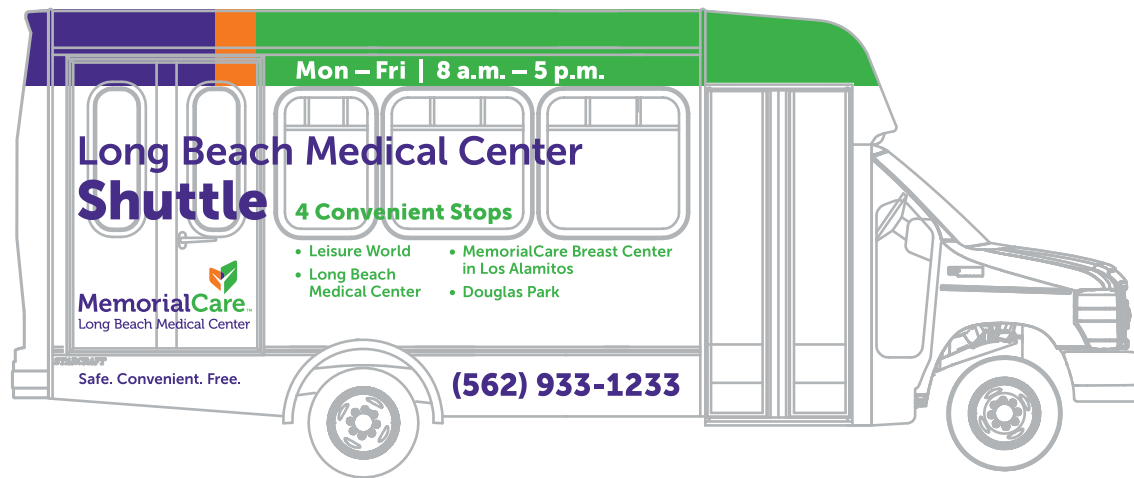
You and I as Christians are God’s treasured people. God has reached and wrapped his arms of grace around, taking us for his own, saying, You are mine. Maybe you have limited health, live in troubled times in this fallen world, with few affirming friends or accomplishments, even suffering, but you are his.

In unexpected trials, do you say, “I’m so glad I belong to God’s forever family.” We are his. He is our God.

Your forever-identity gives you a mission: “to proclaim the excellencies of him who called you out of darkness into his marvelous light.” Tell of his excellent love, wisdom and strength in your life.

Remember that there has come a change for us all in Christ. “Once we were not a people; now we are. Once we had not received mercy; now we have,” 1 Peter 2:10. Mercy has changed everything for us. Tell others and celebrate your Lord.

Long Beach Medical Center Shuttle Coming to You



MemorialCare Long Beach Medical Center is bringing a new complimentary shuttle service to Leisure World residents beginning Thursday, Sept. 17.

4 Convenient Stops

- Leisure World Amphitheater Bus Corral
- Long Beach Medical Center and Surrounding Medical Offices
- MemorialCare Breast Center in Los Alamitos
- Douglas Park Medical Offices Near the Long Beach Airport

Monday – Friday | 8 a.m. – 5 p.m.



Your Safety is Our Priority

- Shuttle cleaned throughout the day on all high touch surfaces.
- Riders and driver are required to wear a mask.
- Socially distanced seating enforced.
- If you are feeling sick, please stay home and reschedule your appointment.


MemorialCareTM
Long Beach Medical Center

(562) 933-1233

Community



Happy Birthday to Harriett Roswurm, who turned 92 years young on Aug. 22, 2020. Harriett and her husband, Don, have lived in Mutual 14 for over 30 years.

Celebrating a birthday, anniversary or your retirement? Let the rest of LW join the celebration by putting it in the LW Weekly! Email laurieb@lwsb.com with photos attached as jpg files.



Mutual 1 resident Taylor White celebrated her 76th birthday on July 21. Some of the birthday celebrant's friends and neighbors gathered to serenade Taylor and to gift her with a balloon bouquet and a Lynda Walker Original card. Pictured are Mary Meinz (l-r), Marylee Thomsen, Taylor White, Joann Mullines, Chery Keller and Debbi Fudge.

Sunshine Club

Victor Rocha, director of GRF Security, is the speaker for the Sunshine Club's meeting on Friday. The topic for this week is how to prevent theft and the importance of reporting anything that seems out of the ordinary.



Victor Rocha

Rocha has over 30 years of law enforcement, security and safety experience. He worked as a police officer and detective with the Los Angeles Police Department. He has provided security assessments for businesses, schools and HOAs throughout the United States.

Rocha is a member of the Association of Threat Assessment Professionals and graduated with a Bachelor's Degree in Criminal Justice from California State University, Fullerton.

Rocha will open the discus-

sion for a question-and-answer period to address security questions or concerns.

After five months of not being able to meet in person, the Sunshine Club began to have Zoom presentations on Friday from 10 a.m.-noon. Those interested in joining the group can text with their email account to (562) 301-5339 to receive a Zoom link.

The link to join this week's meeting is <https://us02web.zoom.us/j/88355201570> and the meeting ID: 883 5520 1570.

Upcoming speakers for September are Patrick Gallegos, assistant manager of City of Seal Beach and Iris Lee, deputy public works director/city engineer, on Sept. 11; Kellie Morris, director of the Council on Aging - Southern California's Senior Protection Program and Financial Abuse Specialist Team (FAST) on Sept. 18; and GRF Executive Director Randy Ankeny on Sept. 25

The topic of each guest speak-

er's presentation will be announced in the newspaper with the link information to join.

The Sunshine Club is designed to help all people get along in the community and get the best out of living in Leisure World by learning how to use available information.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members.

For more information, contact Anna Derby at (562) 301-5339.

HCC
24-Hour Nurse
795-6216



Members of the Paws, Claws and Beaks club take a water break during a pre-COVID-19 Halloween-themed event.

PAWS, CLAWS AND BEAKS

How to keep your pets hydrated

1. Conserve Energy

Since the weather is unpredictable and it can be a scorching temperature at any given time frame, be considerate to your pets when choosing to partake in high-energy outdoor activities. Try to choose to take a family walk at a cooler point in the early morning or a sunset stroll when the temperatures have decreased.

It might be a great opportunity to get some rest and relaxation indoors with your furry friend during the hottest points of the day. When choosing your outdoor plans always take into consideration your pet's age, health, and a regular exercise regime.

2. Provide Resources

The use of comfortable bedding, cooling vests, and properly running fans can go a long way when providing comfort after a day outside in the heat. Finding a comfortable shady spot away from the heat is another great option. The use of a covered patio or umbrella is a way for a pet to escape the direct sunlight and can detour dehydration.

3. Go for a swim

Take an opportunity to take a dip in the pool. Going swimming with your pet is a nice way for you to both cool off from the heat and is a fun bonding activity. Also, having a small kid's pool is a great way for your pets to cool off while hanging outside with the family.

4. Keep the Water Bowl Full

It seems like an easy one to remember, but how often do we forget to drink water? It's important to always provide accessible, cold water for your pet.

The use of a collapsible bowl, filtered water bottle, and a misting portable fan are wonderful options to keep your pet cool. These items are easy to keep in a backpack and store so you have at your disposal at any time.

Most veterinarians recommend one oz of water per pound of body weight for how much water a pet should be drinking per day. Dehydration, heat stroke, and heat exhaustion are just a few conditions that can occur when a pet does not stay hydrated. Always consult with your veterinarian when choosing an exercise regime and seek care if needed.

By conserving your pet's energy, providing positive resources, choosing safe light-activities and keeping that water bowl full you are providing a healthy and fun way for your pet to stay fully hydrated during this summer season.

Democratic Club

By Mary Larson
LW Contributor

With so much going on politically at the national level, it might seem anticlimactic to address what is happening in our local area. Not so! Democratic Club members and their supporters recognize how important it is to work for the election or reelection of down-ballot candidates such as Harley Rouda, Diedre Nguyen, Paurvi Trivedi and Carole Damoci.

Club members also appreciate the importance of a recent decision by the Golden Rain Foundation Board of Directors that will greatly expand voting opportunities for Leisure World residents in the Nov. 3 General Election.

Republican Club members react to GOP convention

By Brian Harmon
LW contributor

John Harper was president of the LW Republican club for eight years. He attended his first National political convention, sort of, in 1960, 60 years ago.

“That was the California democratic convention in Los Angeles where John F Kennedy was nominated for president,” he said.

“We were not able to get inside, so we just drove around the parking lot,” he explained.

He said he enjoyed all of last week’s GOP convention. “I like that they showcased so many people with such widely varying backgrounds,” he said. “Regular people.

Republican Club volunteer Jovanka Radavojevic was inspired by the story told by Ann Dorn, widow of retired police captain David Dorn, 77, who was killed while responding to an alarm at a pawn shop during the protests in St. Louis.

St. Louis Police Chief John Hayden told reporters at the time, “Throughout the night, we made 25 arrests for various charges. And then there were 55 businesses and counting that were burglarized and had property damage,” according to CNN.

GOP club at-large board member and active volunteer Mike Supple said he liked all of the convention.

“Everything was excellent, especially the third night. Everything was so touching,” he said.

The third night of the convention focused on heroes, including the military, police and fire fighters.

David Harlow, GOP club president, agreed. “The convention was so overwhelmingly positive and upbeat, especially on night three, I really appreciated that,” he said.

“Police officers, as a group, have been under attack for the sins of a few,” he said. “These are the brave men and women who protect us, who risk their lives so

that we can sleep well at night, knowing that they are out there. They don’t deserve to be treated that way.”

“We need to do what is necessary to stop unnecessary police shootings and severely punish officers who murder innocent people, but defunding the police is not the solution,” he added.

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GOP club treasurer Elsa Gildner announced that the club booth will be open from 11 a.m.–2 p.m. Monday, Wednesday and Friday of this week, near Clubhouse 6, where the food trucks are located later in the day. Face masks will continue to be given away courtesy of OC Board of Supervisors Chairwoman and Congressional candidate Michelle Steel, along with Michelle Steel for Congress signs, door hangers and flyers. Various items will be available for purchase including political campaign lapel pins, buttons, scarves, flags and other items, according to Elsa.



Pictured pre-COVID-19, are Ellen Brannigan, Joann Matos and Elaine Miller cleaning up the beach. September is California Coastal Cleanup month. This year it is suggested that residents clean up the area around them. Grab a large plastic bag, wear a mask, don gloves and start cleaning up your yard, carport area, neighborhood or mutual. Residents can come to the Save Our Beach event on Saturday, Sept. 19, from 9 a.m.– noon on First St. in Seal Beach. Parking passes are provided. For more information on how to get involved, call (310) 890-2368.

DEMOCRATIC from page 10

In response to a request from the County Registrar of Voters, the GRF Board has voted overwhelmingly to support the placement of a ballot drop off box within Leisure World (see page one for more). The box will be placed by the Amphitheater, making it accessible to all residents whether by car, LW bus, golf cart or scooter. For those who are house bound, club members and other volunteers from the community will stand ready to pick up and deliver their neighbor’s ballots to the drop off box.

Leisure World voters are also fortunate that they won’t have to worry about their vote-by-mail ballots being counted. The Registrar’s office is using the same system that worked well in the Primary Election. Vote-by-mail ballots will be sent to all registered votes beginning on Oct. 5. They can be returned immediately by

mail or at the drop off box. It is also anticipated that a popup voting trailer will be opened between Clubhouses 3 and 4 on Oct. 30 for those who want to vote in person.

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Window signs supporting the following candidates are now available by calling (562) 596-0450 or (562) 296-8521:

- Joe Biden/ Kamala Harris, candidates for president and vice-president;
- 48th District Congressman Harley Rouda, candidate for reelection to the House of Representatives;
- Garden Grove Councilwoman Diedre Nguyen, candidate for CA Assembly District 72;
- Paurvi Trivedi, candidate for Los Alamitos Unified School District Board Area 2.

....

The Democratic Club will not open a voter registration booth outside Clubhouse 6 because of the risk of spreading the CO-

VID-19 virus. In its place, a team of volunteers stand ready to assist LW residents who want to register for the first time, change address or re-register to a different party. Call (562) 596-0450, (562) 412-0898 or (562) 296-8521 or email lwsbdemocraticclub@gmail.com

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Those who want to get involved in the club’s efforts between now and Nov. 3 can subscribe to its electronic newsletter at no cost by emailing mlarson.telfords@gmail.com or by calling (562) 296-8521 with their contact information.

Club members interested in being considered for nomination to the 2021-2022 board of directors should email lwsbdemocraticclub@gmail.com. A member of the nominating committee will contact you with a list and description of all open positions.

Main Gate
594-4754

SBTV Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at [SBTV3.org](http://sbtv3.org).

Thursday, September 3

- 4 pm Alaska Final Frontier
- 4:08 pm Archie and Edith Get Rescued
- 4:18 pm SBACC with Bloopers/Outtakes
- 4:46 pm Expo 2018
- 5:30 pm Suede Soul Dancers
- 6:05 pm Tommy Williams
- 6:32 pm LW Entertainment
- 7 pm Back to Bourbon Steet
- 7:40 pm Betty Price Chimes Soloist
- 8:30 pm Cerritos Center- Matt Mauser
- 10:30 pm Bob Cole Conservancy

Friday, September 4

- 4 pm Queen Kong 2009
- 4:32 pm Anna Derby 71st Birthday
- 5:32 pm History of Las Vegas Part 1
- 6:40 pm History of Las Vegas Part 2
- 8 pm Seal Beach City Limits: Seal Beach Police Department
- 9 pm Cerritos Center- Golden Dragon Acrobats
- 10:30 pm Cerritos Center- The Four Tenors

Saturday, September 5

- 4 pm Vinyl Rock Valentine Concert
 - 6:15 pm LW Hula Dance Club
 - 6:30 pm Harmonn Islanders
 - 7 pm Beginning of Leisure World
 - 7:15 pm Back to Bourbon Street
 - 8 pm LAUSD
 - 12 am Cerritos Center- Matt Mauser
- ### Sunday, September 6
- 4 pm McGaugh Pageant of the Arts 2019
 - 5:30 pm Betty Price Chimes Solist
 - 6:30 pm Aquarium of the Pacific
 - 7 pm Spirit of Seal Beach
 - 7:30 pm History of Seal Beach
 - 8 pm Alaska Final Frontier
 - 8:08 pm Anna Derby’s 71st Bithday
 - 9 pm Betty Price Chimes Soloist
 - 10 pm Abilene Ampitheater
 - 11:35 pm Bob Cole Conservancy
- ### Monday, September 7
- 4 pm LW Entertainment
 - 4:30 pm LW Expo
 - 5:15 pm Archie and Edith get rescued
 - 5:30 pm Tommy Williams Sept. 2020
 - 6 pm History of Seal Beach
 - 6:30 pm Spirit of Seal Beach
 - 7 pm Life and Times Virginia Haley 100

- 8 pm History of Seal Beach
 - 8:30 pm Spirit of Seal Beach
 - 9 pm Suede Soul Dancers
 - 9:35 pm Vinyl Rock Valentine Concert
 - 11:45 pm Alaska Final Frontier
- ### Tuesday, September 8
- 4 pm Queen Kong-LW
 - 4:32 pm Community Focus
 - 5:30 pm Suede Soul Dancers
 - 6:05 pm Rolling Thunder
 - 7:15 pm Archie and Edith Get Rescued
 - 7:30 pm Alaska Final Frontier
 - 7:40 pm Betty Price Chimes Solist
 - 8:30 pm Cerritos Center: Matt Mauser
 - 10:30 pm Bob Cole Conservancy
- ### Wednesday, September 2
- 4 pm SBACC with bloopers/outtakes
 - 4:30 pm Anna Derby’s 71st Birthday
 - 5:30 pm History of Las Vegas Part 1
 - 6:30 pm History of Las Vegas Part 2
 - 8 pm Seal Beach City Limits: Seal Beach Police department
 - 9 pm Cerritos Center: Golden Dragon Acrobatics
 - 10:30 pm Cerritos Center- The Four Tenors
 - 11:30 pm Bob Cole Conservancy
- *All programming is subject to change.

OC GREAT PLATES

Order Kosher Meals on Wheels Now

Pirchei Kosher is serving through Orange County’s Great Plates program Kosher meal delivery for those who qualify. This is a meal delivery service providing three meals a day for the duration of the program. To enroll, call Pirchei at (949) 215-9995.

Other programs may be available for those who may not be able to qualify for this program. Contact us for more information or visit www.yppsshul.com/kosher.

Those who are over 65 may qualify for the Kosher meal service. This is a limited time program and to enroll you must contact us as soon as possible. Those who are 60-64 and have exposure to COVID-19, may qualify under other categories.

This program is funded in part through a grant from the California Office of Emergency Services, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging.

Low Cost Vet Clinic

LW Community Church is hosting another low cost vet clinic on Sept. 17 from 9–11 a.m. at Community Church, 14000 Church Place. The low cost clinic wants to ensure the health and safety of all Leisure World residents’ cats and dogs. People must wear masks and stay six feet apart. Contact Elaine Miller for more information at (925) 997-3412.

Obituaries

Chuks Agu 77
Lucy Kirk 93
Steven Jacobs 75
Glenn Peterson 69
Linda Barisoff 77
Anaalisa Rodriguez 48
Sharon Cotrell 77
Sepanta Rad 28
Mark Nightingale 53
Maxine Chavez 69
Vinh Slu 62
Betty McNutt 95
James Moore 85
John Kemmler 62
Calvon Roat 84
Florence Summers 86
David Wettach 50
Richard Bowers 73
Jerome Akins 66
Families assisted by
McKenzie Mortuary,
961-9301
—paid obituary

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Space is available for obituaries of residents and former residents.

- An “In Memoriam” column

is available free of charge. Limited to name, mutual number and date of death.

• An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

• Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.

• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.

Arts & Leisure



Duffy boat rentals are available in Long Beach to cruise the canals of Naples Island. There are several rental companies available, including London Boat Rentals at the Marina Pacifica Shopping Center, 6272 Pacific Coast Hwy, (949) 438-3607.

OUT AND ABOUT

Eight friends cruise the canals of Naples Island

by Dave LaCascia
LW contributor

Eight good friends and golfing/gameplaying buddies decided to get away from it all for an hour or two and took a Duffy Boat ride in Alamitos Bay. The weather was sunny with a nice breeze and around 82 degrees.

At 5 p.m. on a beautiful Thursday afternoon, a boat was rented from London Boat Rentals (LBR) and the group left from the dock at Alamitos Bay Landing to venture out into the great watery beyond. After getting instructions from a high school-bound boat attendant they soon discovered that the great beyond was going to be restricted to the waterways around and through Naples, and

the Belmont Park/Shores area. He mentioned going out to sea was out of the question as well as forbidden and *please be back on time!*

Unfazed by these limitations, the nautical crew ventured out and stuck the nose of the boat into the wind. Getting up to a top speed of almost 10 knots, the eight had snacks, drinks and dinner while cruising on the bay, all the time piloted by the intrepid Captain Marv Jones and his first mate Marilyn Hewitt. Conversation ranged from Leisure World activities, to golf, families and current events.

Dozens of paddleboarders, kayakers, swimmers, other Duffy boaters were spotted on the water, which was also shared by larger

motor and sailing boats. Mother's Beach was quite crowded, and several other smaller beaches were remarkably busy. The homes along the water are spectacular to see and the area around the Alamitos Bay Yacht Club is particularly fun to look at with its string of consecutively numbers sailing vessels. Along the various marinas were several huge craft—larger than some homes. The variety of humorous names on the boat sterns gave them plenty to laugh about.

All too soon the cruise came to an end with everyone feeling refreshed and charged up. Coming back to Leisure World was a bit of a let-down, but everyone was pleased to know that they would be doing it again soon.



Jojo Weingart

Hui O Hula dancers gather on the green for a safe performance to spread their aloha.

HUI O HULA

Share aloha with your neighbors via LW's Hui O Hula group

by Kaye Huff
LW contributor

With the good news that Orange County has been removed from among the hardest hit areas by COVID-19, Hui O Hula dancers and musicians prepared for an upcoming performance last week.

"Mahalo a nui" or many thanks to Mutual 15 hosts Donna Cooper and Susan Saraf, a "malihini" (newcomer) to both LW and the Hui O Hula, for the invitation. LW residents who want to share aloha with their neighbors and can to provide a spacious area for social distancing may call event coordi-

nator Kaye Huff at (562) 431-2242 or email Jojo@HuiOHula.com to book a free hula show.

A happy belated birthday as well as a big kudo to LW Weekly Managing Editor Ruth Osborn for a richly deserved promotion. Hui O Hula is grateful for the years of service from her and her team.

AMERICAN LEGION AUXILIARY

Lifelong supporter ends up in LW

It was in May 1957 that the American Legion Auxiliary of Chula Vista presented 11-year-old Docia Drake with a certification of appreciation for making a Poppy Drive poster. A photo of her holding the poster was printed in the local newspaper.

Dorcia now lives in Leisure World, and she shared the certificate with her neighbor and friend, American Legion Auxiliary member Juanita Townsend.

The American Legion and the American Legion Auxiliary were delighted to hear Dorcia's story and appreciate her youthful and ongoing support of the Poppy Drive.

National Poppy Day is May 22. The red poppy is a nationally recognized symbol of sacrifice worn by Americans since World War I to honor those who served and died for our country in all wars. It reminds Americans of the sacrifices made by veterans while protecting their freedoms.

The Legion Auxiliary makes poppies all year for the spring Poppy Drive when people wear the handmade flower pins to honor those who have worn the nation's uniform.

All contributions to the Poppy Drive benefit veterans.

—Juanita Townsend



Dorcia Drake, at 11 years old, now lives in LW.

LWSB Book Club

Twelve members of the LWSB Book Club met via Zoom on Aug. 20 to discuss John Steinbeck's "East of Eden." The story enfolded the lives of two generations of an American family in California's 1930s Salinas Valley. As a study of human nature, members of the Book Club discussed the character portrayals of good vs. evil, along with the observation that individuals, whoever they may be, can exercise power over their own lives if they so choose. The author was credited with having written a powerful story that was enjoyed by all of the readers.

The next Zoom virtual meeting of the LWSB Book Club will be on Thursday, Sept. 17, at 1 p.m. The book chosen for discussion will be "Grayson," by Lynne Cox, an intriguing story about an encounter between a Seal Beach, California, swimmer and a baby whale, separated from his mother.

It is available through local libraries and Abebooks.com for \$3.65 with free shipping.

To become a member of the LWSB Book Club and receive a Zoom invitation, send an email message of interest with your name and email address to Thomas Gan, president of LWSB Book Club, at gljtjook@gmail.com.

—Gail Morrison

Friday Tech Talk

Join Bob Cohen in a one-hour Zoom class on a technology topic every Friday at 10 a.m. Registration information is sent on Wednesday mornings for the following Friday Tech Talk by Bob Cohen. To be added to his email list contact bob@bobology.com.

- Friday, Sept. 4—Learning the Calendar App and Settings for iPhone Users
- Friday, Sept. 11—What are Keywords on Google?
- Friday, Sept. 18—Web Browser Basics, Safari, Chrome and Microsoft Edge
- Friday, Sept. 25—How To Organize Photos in iPhone Photos App

BRIEFS

from page 3

Drivers are asked to obey construction zone signs, speed limits and flagmen during construction.

FITNESS CENTER

The flooring has been completely installed at the 10,000-square foot Fitness Center in Clubhouse 6, which is undergoing a complete overhaul and expansion. New audio visual equipment and glass doors have been installed. New fitness equipment is coming soon.

THE LEARNING CENTER KITCHEN

Work is underway on the new Learning Center demonstration kitchen in Clubhouse 3. Cabinet installation is scheduled for this week.

The project is tentatively scheduled for completion at the end of September.

The GRF Board approved improvements to Rooms 9 and 10 of Clubhouse 3, which are now being refurbished from the floor up to accommodate "smart" classrooms that will include computer stations, state-of-the-art audio-visual equipment and assistive listening devices, a "smart" board and two 80-inch monitors, to augment lecture sessions.

The demonstration kitchen will host cooking classes, chef-inspired dining experiences and provide a dining space where residents can cook for themselves and host parties.

Genealogy Club

The Genealogy Club is still active via emails and Zoom meetings. If you are a member who has not been receiving regular communications from the club, contact the club email account at LWgenealogy@gmail.com.

The club is continuing to pay genealogy subscriptions, and members' trees are all safe and waiting for them to come back to the library to resume research once the clubhouse reopens.

In addition to maintaining subscriptions, the club has purchased a Zoom account to allow scheduled speakers give their presentations via Zoom instead of in person.

People who missed the first speaker can catch the next two, currently scheduled in September and October. Watch for the monthly newsletter plus additional emails for details and Zoom meeting log-in information.

The club appreciates those who have paid their dues in spite of not being able to access the library. The costs to maintain the club continue and have even increased, due to the purchase of the Zoom account. New members are welcome to join and take part in the current distance learning activities.

— Janet Lessin

South Coast Plaza Reopens

The South Coast Plaza in Costa Mesa reopened Aug. 31 along with many Southern California indoor malls after the state relaxed some of its COVID-19 business restrictions.

South Coast Plaza's shopping mall has more than 100 shops and 20 restaurants. Mall hours will be 11 a.m.-7 p.m. daily except Sunday, when it will be open noon-7 p.m.

Last week, the state announced revamped business limitations allowing businesses such as indoor malls to reopen in much of California, depending on local coronavirus trends and municipal mandates. Malls in Orange, Riverside and San Bernardino counties can reopen, but not in Los Angeles County.



Leisure Bicyclists rode to Seal Beach Pier and on to Bolsa Chica Friday, all wearing masks for safety. On Sundays, Mondays, Wednesdays and Fridays, bikers meet at the North Gate (gate to river is unlocked). Destinations include Shoreline Village, Long Beach, Bolsa Chica and El Dorado Park. On Sunday, the group rode to Long Beach Municipal Golf Course for breakfast and El Dorado Nature Center—followed by a ride around the park. All are invited to join regardless of the type of bike; however, helmet, safe shoes and masks are a must. Call Mary Romero, (562) 810-4266, for more information.

Community Karaoke

A small gathering of karaoke singers sat in the shade of a LW greenbelt area to enjoy a lovely evening and be entertained for a few hours. Wearing masks and social distancing, people enjoyed the music. Host Walt Bier attached a disposable microphone sanitary windscreen and cleaned them before each performer began. Carolyn Motola took precautions to place chairs at a 10-foot distance from the singer and keep everything sanitized. The club appreciates everyone who invested time and energy in helping to set up and return equipment to their owners. Tommy Williams kindly loaned his sound equipment. The success of this outdoor event was due to the combined effort of many.

A popular karaoke singer said, "It made my week just thinking about getting together with friends and singing again." People tapped their toes to country western tunes, swayed with the love songs and line danced to "Achy Breaky Heart." Music helps people forget their troubles and brings joy to the heart.

—Margie Thompson

Technology Classes

Miryam Fernandez's technology classes usually taught on Tuesdays at 10 a.m. have moved to 2 p.m., effective Tuesday, Aug. 18. The next class will be Tuesday, Sept. 15, at 2 p.m., iPhone Accessibility.

For an invitation, email Miryam at mzzmimm@gmail.com.

If you need help setting up your Zoom microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will *never* contact you by phone, text or email. If there's ever a problem with your account, they will shut you down until you contact them. If you get a call from them, it's a scam.

—Miryam Fernandez

Video Producers Club

The Video Producers Club offers free weekly Zoom classes at 10 a.m. and a Zoom Party Social on Saturday at 5 p.m.

Classes are as follows:

• **Monday, 10 a.m.**, intermediate Zoom class for Windows and Android users with Joe Osuna, host. For an invite to his class, email joosuna29a@gmail.com.

• **Monday, 2 p.m.**, Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email sail1942@gmail.com.

• **Wednesday, 10 a.m.**, beginners Zoom class Windows and Android users with host Joe Osuna. For an invite to his class, email joosuna29a@gmail.com.

• **Thursday, 10 a.m.**, beginner's Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to his class, email 0501042@gmail.com.

• **Friday, 10 a.m.**, guest lecturer Bob Cohen hosts Friday Morning Tech Talk on a variety of topics. Email bob@bobology.com for an invite.

• **Saturday, 5 p.m.**, Zoom Party Social, hour open to all residents, hosted by Joseph Valentinetti. For an invite to the party, email 0501042@gmail.com.

—Joe Osuna

LW Sewing Brigade

The Leisure World Sewing Brigade has been on a hiatus but is ready to start up again. Cloth masks continue to be an important component in the fight against COVID-19. The brigade has an ample supply of elastic and a limited amount of recently donated fabric, and needs funding to continue its effort.

To date, the group has made and given away 25,401 masks. Of those, 4,000 were given to Leisure World residents and 500 to the local Meals on Wheels.

The rest were given to hospitals, doctors, nurses, first responders, frontline workers and women's shelters. If you are interested in helping the effort by sewing, cutting fabric or elastic, being a runner or making a donation, call Yvette Louie at (562) 841-2166 (shown above at Brigade headquarters) or email Dean Jacobus at Dean.Jacobus@gmail.com.



Brenda Hemry was an original member of the Sewing Brigade.

Grab n Go Meals

Sept. 3-Sept. 9
Clubhouse 6 Parking Lot



• **Thursday:** Domino's Pizza – Call ahead for special orders; wings and salads offered; 3-7 p.m., cash/cards, (562) 493-2212; Mandi's Candies Ice Cream Truck, 4-7 p.m.

• **Friday:** Katella Deli; extensive menu—deli favorites from appetizers, salads, hot entrees, 3:30-5:30 p.m. Call ahead at (562) 594-8611 or order online www.katellabakery.com, specials of the day available onsite, cash/cards.

• **Saturday:** Naples Rib Company, barbecue, salads, sandwiches; new hours, 3:30-5 p.m.; order ahead online for faster service, www.ribcompany.com/LW or (562) 439-RIBS; cash/cards

• **Sunday:** Berg Catering—Freshly prepared meals with a healthy gourmet touch, 3:30-5:30 p.m., pre-order at (562) 663-2038 or online at www.bergcatering.com (LW Menu) or buy onsite, PayPal, checks, cash, cards.

• **Monday:** LABOR DAY Salt 'n' Pepper Food Truck— 3:30-6 p.m. See menu and pre-order online at <https://saltnpeppertuck.square.site> or by texting (949) 324-2711; make sure you say you are ordering for Leisure World; onsite orders also accepted; cards and cash welcome.

• **Tuesday:** Taco Tuesday—Mexican favorites plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no pre-orders.

• **Wednesday:** Gourmet Renee—American cuisine, homemade soups and desserts, 4-6 p.m., pre-order by calling (323) 833-1213; cash/cards

...

All Grab 'n' Go events will take place, rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. **People should keep a six-foot distance and masks are required.** For information, call (562) 431-6586, ext. 398.

On-call bus service available from 4:30 p.m. when regular service ends. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.

Watch for LW Live! alerts for daily menus. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>. Vendors are subject to change.

Global Market Kitchen Delivers

Free Delivery of Groceries and Meal Kits

Global Market Kitchen now delivers groceries and prepared meals on Wednesdays at Clubhouse 4 between 2-4 p.m. Order by phone at (562) 661-9776 or online at <https://globalmarketkitchen.com>. The customer service email is globalmk.usa@gmail.com.

Family Radio Service Drills

Calling all Family Radio Service Users in Leisure World—the Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. Call-in time is from 9:30-9:45 a.m. on Channel 13/0. If you would like additional instruction on use of the FRS radio, contact Leisure World Radio Club President Rich Erickson, rjrxn@yahoo.com, or call (562) 431-6586, ext. 409.

CHRONICLES
from page 4

Echo), clothing, writing pads, copy paper, a vacuum cleaner, books, a baby toy for my new great-grandchild, a dish drainer, a beautiful frame, a magnifying glass and many other things. I order clothes either through Amazon or through clothing catalogs, and I have not actually gone shopping outside my house for anything in months. Do you realize that soon we will not ever have to leave the house for anything? No wonder retail stores have been going bankrupt and malls are empty.

Always willing to broaden my horizons, I am now learning how to navigate my video chat machine. The reason I bought it was that Leisure World doctors have been asking if I could video chat with them instead of going into their offices. During the pandemic, this makes sense, but this way of meeting with doctors may be a permanent fixture in our lives. Simple check-ups with a doctor may all soon be done by phone or video phone.

Since I bought my machine, I have chatted with my daughter and my granddaughter via video

phone, and I have to say it is wonderful. On the video phone, you obviously don't need to wear a mask to talk to other people. While I was talking to my daughter and she was laughing and joking with me, the thought occurred to me that it is amazing how much you miss facial expressions when you are talking to someone who is wearing a mask.

Since I had zero knowledge about this new-fangled machine, I ordered a book through Amazon called "Alexa for Dummies." The entity called Alexa dominates and is the brains behind video chat machines and many other Amazon products, and you can't make a move without her.

You say you have never met Alexa? Let me tell you, she is a genie but she does not live in a bottle. She is an A.I. (Artificial Intelligence), resides in the Echo machine and other Amazon products, and she is at your beck and call. She talks soothingly to you, performs tasks, answers questions and does just about everything but give you a massage and a pedicure. I think she is going to be riding the wave of the future.

SCAM
from page 4

someone you do not know.
• Sensitive personal and financial documents should be kept secure at all times.

• Review all medical bills to spot any services that you didn't receive.

For more information, visit <https://www.identitytheft.gov>.

The prevalence of scams attacking consumers continues to threaten the financial well-being and peace of mind of older adults.

Numerous federal agencies and the U.S. Senate Special Committee on Aging continue to address these scams and try to provide guidance to help older adults combat these attempts.

While the Aging Committee continues to hold hearings on the scams affecting older adults, everyone must remain vigilant to help protect seniors.

If you or someone you know is the victim of a scam or fraud attempt, call the Aging Committee's Fraud Hotline at 1-855-303-9470.

—from the U.S. Senate Special Committee on Aging 2018 Fraud Book IRS; the Federal Trade Commission, the Federal Communications Commission and the FBI.

FRESH
from page 5

eligible to receive CalFresh and to feel more prepared before beginning the application process.

CalFresh benefits can be used almost anywhere food is sold, such as supermarkets, convenience stores, pharmacies, stores like Target and Costco, some ethnic markets and some farmer's markets.

LW residents can get help applying for CalFresh in person with Cindy Tostado, GRF Member Resource and Assistance Liaison, online or via phone.

People who are over 55 and a resident or citizen might qualify for CalFresh if you meet the gross monthly income limit: (gross monthly income must be less than the amounts listed): One-person household, \$2082, gross monthly income; two-person household, \$2,818, gross monthly income.

During the COVID-19 Pandemic CalFresh provided an increase in benefits from March-August.

The amount received depends on income, expenses and family size.

Maximum benefit allotments range from \$194 for a single person to \$1,169 for a household of eight.

Have access to the following documents in order to apply:

- ID
- Green Card or Citizenship Certificate
- Social Security Card
- Proof of Income
- Rent Receipt and Bills

Ways to Apply:

- By appointment with Cindy Tostado, 431-6586 X317
- Online: GetCalFresh.org
- Phone: (800) 281-9799

For more information, call Cindy Tostado, LCSW, GRF Member Resource and Assistance Liaison, 431-6586, ext. 317.

—Cindy Tostado

SCRABBLE G R A M S SOLUTION												
T ₁	E ₁	M ₃	P ₃	U ₁	R ₁	A ₁	RACK 1 = 61					
A ₁	S ₁	Q ₁₀	U ₁	I ₁	N ₁	T ₁	RACK 2 = 86					
T ₁	E ₁	N ₁	T ₁	A ₁	G ₂	E ₁	RACK 3 = 58					
T ₁	E ₁	N ₁	F ₄	O ₁	L ₁	D ₂	RACK 4 = 61					
U ₁	N ₁	C ₃	L ₁	O ₁	A ₁	K ₅	RACK 5 = 76					
PAR SCORE 265-275												TOTAL 342

Crossword Answers

CREPE	SLED	SERACS
ELEVES	REAPER	PRORATE
ROBERTS	SERVICE	ORDERED
ASI	SETTEE	OMAR
TERP	REIN	FROSTS
OTLOS	ARENA	RISKS
SHUTTLE	IDEST	ITEA
TARS	ANISE	LEARNER
SHASTA	GIANT	BRINDLE
HAL	SLAM	GOLDA
ALEC	HATER	PAULA
DIXIT	MERIT	WALL
ETAGERE	SHRED	STAGED
SENATOR	CERES	JOAN
DROP	LASED	RAPPORT
ABE	NEPAL	ADREM
SERT	DULLED	APED
TAPIR	LOOM	BIASES
EMOTERS	UPTON	SINCLAIR
REPLETE	STREET	TOSSES
SEED	YARD	ETTES

Sudoku 1 Answers

8	7	2	9	4	6	3	1	5
1	6	5	3	2	8	9	4	7
4	3	9	7	5	1	6	8	2
7	5	4	6	8	3	2	9	1
2	8	3	1	9	5	7	6	4
9	1	6	2	7	4	8	5	3
5	9	1	8	3	2	4	7	6
3	4	8	5	6	7	1	2	9
6	2	7	4	1	9	5	3	8

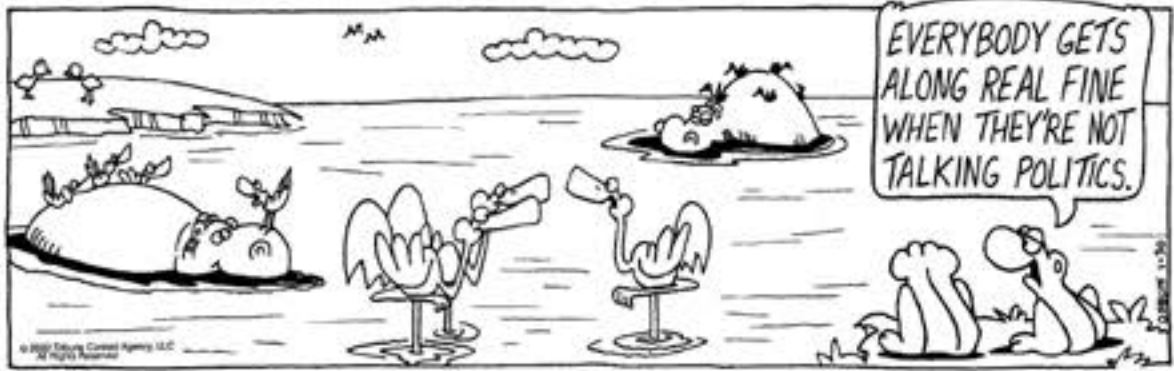
The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

OMEGA PHOTO INNING SPRUCE
The designers of the single-person blimps were experiencing — ONE-UPMANSHIP

Puzzle Answers

Puzzle page 18-19



Sudoku 2 Answers

5	7	8	6	4	3	1	9	2
6	2	3	9	7	1	4	5	8
1	9	4	8	2	5	7	3	6
7	1	5	3	8	9	2	6	4
8	4	6	2	5	7	9	1	3
9	3	2	4	1	6	5	8	7
2	8	9	5	6	4	3	7	1
3	6	7	1	9	2	8	4	5
4	5	1	7	3	8	6	2	9

Guess Who?
Shaun White

Crypto Fun Answers

A. compose B. draft C. edit D. ideas

Boggle BrainBusters Answers

PIN BALL LANE SCORE SPLIT SPARE STRIKE ALLEY

Word-Find Answers

N	C	H	A	R	A	C	T	E	R	L	R	S	P	I	H	C	B	M	I
C	I	O	O	S	A	C	S	R	K	A	T	H	B	M	C	N	H	G	T
U	B	A	N	T	A	G	O	N	I	S	T	D	Y	H	F	E	G	Y	O
E	R	H	N	E	O	D	D	E	N	O	U	E	M	E	N	T	O	A	
A	S	N	K	O	R	A	E	Y	E	P	I	L	O	G	U	E	K	L	C
G	A	R	A	V	I	T	A	N	D	A	U	S	S	E	S	N	Y	E	G
I	N	U	R	O	I	T	O	Y	O	T	V	L	G	G	R	G	P	S	K
D	T	K	O	I	H	N	C	N	S	E	V	I	D	E	N	C	E	B	
A	I	F	Y	C	A	R	T	I	P	E	R	H	E	A	M	M	C	L	
V	H	H	R	E	N	T	Y	R	P	I	A	E	A	O	E	P	L	K	S
F	E	H	A	T	U	E	Y	G	O	B	C	L	P	D	O	B	H	G	T
V	R	C	M	B	S	V	E	C	I	D	E	I	R	T	P	K	V	A	I
B	O	G	M	A	C	I	B	P	L	U	N	I	G	S	S	K	C	A	
L	D	E	U	C	R	T	V	I	V	I	C	B	O	N	R	N	O	R	
T	A	N	S	K	I	A	E	A	M	T	I	L	T	S	N	E	I	K	T
K	Y	R	L	S	P	R	R	U	U	A	E	H	P	T	Y	R	V	F	H
V	A	E	D	T	T	R	R	N	P	M	G	N	E	N	O	K	N	C	E
N	U	L	V	O	F	A	A	K	H	Y	T	E	L	P	O	N	T	A	M
P	Y	H	Y	R	V	N	O	K	A	M	H	T	R	N	C	O	G	E	
R	G	N	R	Y	L	H	V	V	U	C	A	I	M	Y	A	C	M	B	C

Health & Fitness

Daily walking provides numerous benefits

Walking can offer health benefits to people of all ages and fitness levels. It's free and easy to fit into your daily routine. All you need to start is a sturdy pair of walking shoes.

1. Burn Calories

Walking can help you burn calories and burning calories can help you maintain or lose weight.

Your actual calorie burn will depend on several factors, including walking speed, distance covered, terrain (you'll burn more calories walking uphill than on a flat surface) and your weight. You can determine your actual calorie burned through a calorie calculator.

2. Strengthen the Heart

Walking at least 30 minutes a day, five days a week can reduce your risk for coronary heart disease by about 19 percent. Your risk may reduce even more when you increase the duration or distance you walk per day.

3. Help Lower Blood Sugar

A small study found that taking a 15-minute walk three times a day (after breakfast, lunch, and dinner) improved blood sugar levels more than taking a 45-minute walk at another point during the day. More research is needed to confirm these findings, though. Consider making a post-meal walk a regular part of your routine.

4. Eases Joint Pain

Walking can help protect the joints, including your knees and hips. It helps lubricate and strengthen the muscles that support the joints.

5. Boost Your Energy

Going for a walk when you're tired may be a more effective energy boost than grabbing a cup of coffee. Walking increases oxygen flow through the body. It can also increase levels of cortisol, epinephrine, and norepinephrine. Those are the hormones that help elevate energy levels.

6. Improve Your Mood

Walking can help your mental health. Studies show it can help reduce anxiety, depression, and negative moods. It can also boost self-esteem and reduce symptoms of social withdrawal.

To experience these benefits, aim for 30 minutes of brisk walking or other moderate intensity exercise three days a week. You can also break it up into three 10-minute walks.

7. Extend Your Life

Walking at a faster pace could extend your life. Researchers found that walking at an average pace compared to a slow pace resulted in a 20 percent reduced risk of overall death. But walking at a brisk or fast pace (at least four miles per hour) reduced the risk by 24 percent. The study looked

at the association of walking at a faster pace with factors like overall causes of death, cardiovascular disease, and death from cancer.

8. Tone your legs

Walking can strengthen the muscles in your legs. To build up more strength, walk in a hilly area or on a treadmill with an incline or find routes with stairs. Trade off walking with other cross-training activities like cycling or jogging. You can also perform resistance exercises like squats, lunges, and leg curls to further tone and strengthen your leg muscles.

9. Creative thinking

Walking may help clear your head and help you think creatively. A study that included four experiments compared people trying to think of new ideas while they were walking or sitting. Researchers found participants did better while walking, particularly while walking outdoors. The researchers concluded that walking opens up a free flow of ideas and is a simple way to increase creativity and get physical activity at the same time.

— Healthline.com

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Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc. (MOWLB), delivers freshly cooked meals daily, Monday thru Friday, between 10:30 a.m. – 12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and 8oz. carton of one percent milk. The cold lunch may be an entree salad or a sandwich with a small side salad. A diabetic dessert is available for those in need. Contact Caron Adler at (562) 439-5000, ext. 2 or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Caron before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Sept. 3: Roast turkey with sage gravy, herb and cornbread stuffing, Brussels sprouts, fresh banana, roast beef and cheese sandwich with lettuce, tomato, and pickle, home-made macaroni salad.

Friday, Sept. 4: Curry chicken, brown and wild rice, zucchini medley, fresh orange, entree chicken taco salad, tomato, corn black beans, cheese, cilantro, salsa dressing and crackers.

Monday, Sept. 7: Closed to observe Labor Day

Tuesday, Sept. 8: Oven baked herb chicken leg and thigh, au gratin potatoes, seasoned carrots, vanilla and chocolate pudding, egg salad sandwich with spinach and tomato, marinated beet salad.

Wednesday, Sept. 9: Stuffed bell pepper, garlic and chive mashed potatoes, green beans with pimientos, fresh pear, turkey and cheese sandwich with lettuce, tomato and pickle, creamy cucumber salad.

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Puzzles & Comics

Answers on page 14

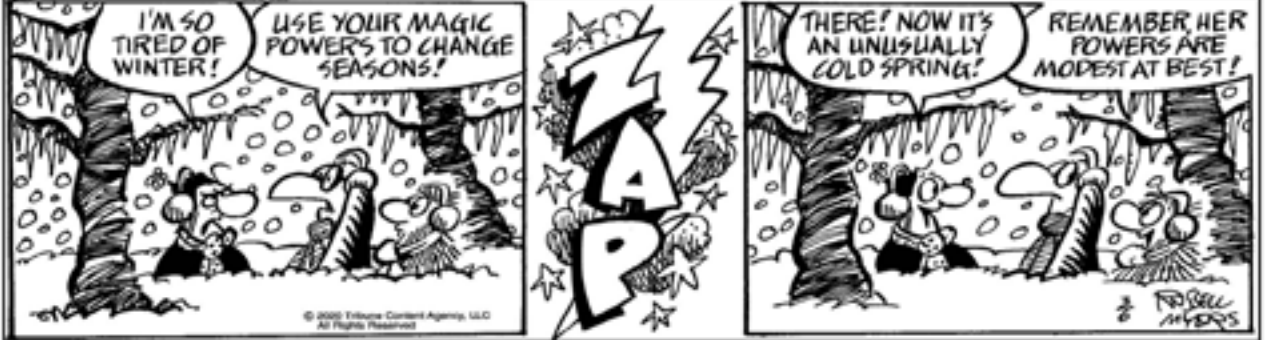
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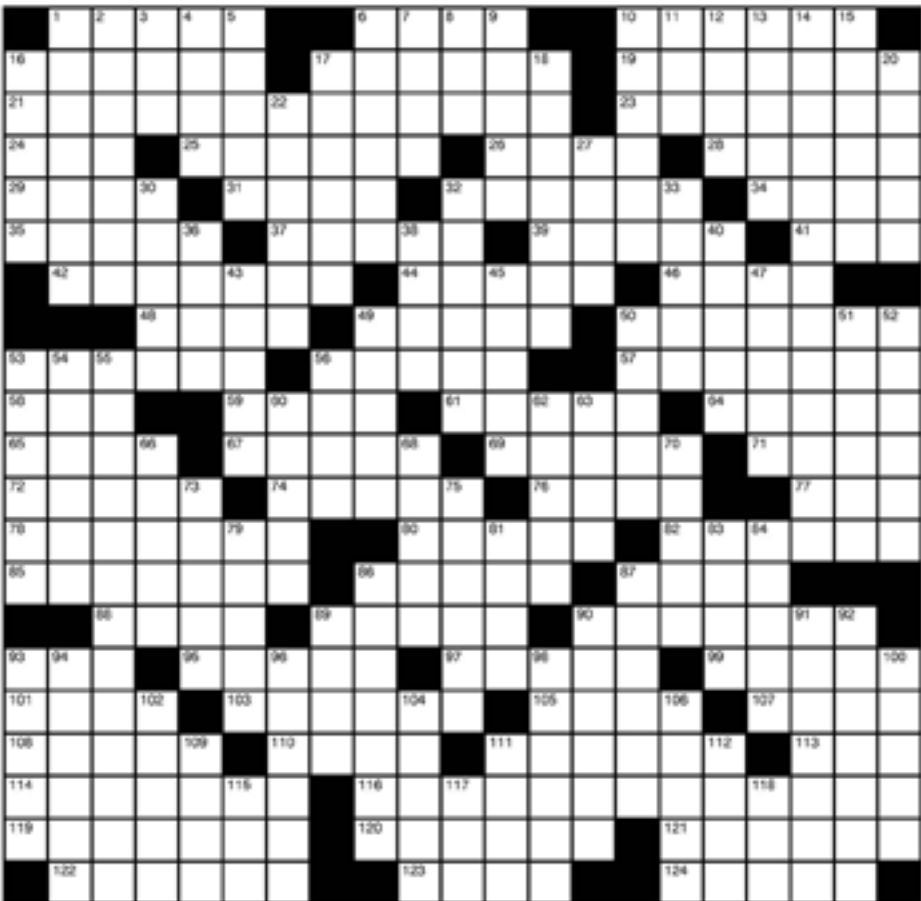


Authors

Edited by Linda and Charles Preston

ACROSS

- 1 ____ suzette
- 6 Huskies' burden
- 10 Glacier pinnacles
- 16 Ecole people
- 17 Harvester
- 19 Assess proportionately
- 21 "The Shooting of Dan McGrew" author
- 23 Marked by regularity
- 24 "... not ____ do"
- 25 Parlor piece
- 26 Khayyam
- 28 Caught congers
- 29 U. of Maryland athlete
- 31 Equine control
- 32 Robert and David
- 34 "Doctor Zhivago" heroine
- 35 HRE ruler and namesakes
- 37 Combat milieu
- 39 Hazards
- 41 Conscription org.
- 42 Commuter carrier
- 44 That is
- 46 Virginia willow
- 48 Salts
- 49 Aromatic herb
- 50 Student, hopefully
- 53 Daisy type
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- 57 Animal color
- 58 Prince of Broadway
- 59 Twelve or tricks
- 61 ____ Meir
- 64 Exclude
- 65 Guinness
- 67 Misanthrope
- 69 Actress Prentiss
- 71 Extra, in theater jargon
- 72 Ipse ____
- 74 Deserve
- 76 Barrier
- 77 So. African country
- 78 Shelves unit
- 80 Destroy
- 82 Produced
- 85 Hill worker
- 86 Goddess of agriculture
- 87 Writer Didion
- 88 Mailbox
- 89 Used light beams
- 90 Accord
- 93 "Honest ____"
- 95 Home of Annapurna
- 97 To the point
- 99 Turn ____ car
- 101 Spanish artist Josep Lluís
- 103 Blunted
- 105 Mimicked
- 107 One of the Fitzgeralds
- 108 Rhino relative
- 110 Appear
- 111 Strong opinions
- 113 New Haven student
- 114 Hams
- 116 "The Jungle" author
- 119 Filled
- 120 Mason's aide



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9/6/20

- 121 Flips
- 122 Rated at Wimbledon
- 123 Suburbanite's concern
- 124 Feminine suffixes

DOWN

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- 2 Regeneration
- 3 First lady
- 4 Office dept.
- 5 Fragrant compound
- 6 Unruffled
- 7 Bathe
- 8 Over: Prefix
- 9 Room appointments
- 10 Fencing and curling
- 11 Goof
- 12 Pestored
- 13 Staggering
- 14 "Fog" poet
- 15 Uses the tiller
- 16 Poetry muse
- 17 Call it a day
- 18 Sorrow
- 20 Norse narratives
- 22 Bargains
- 27 "____ was in the Beginning. . ."
- 30 Has the sulks
- 32 Losing color
- 33 T-bar rider
- 36 "Right away", to an RN
- 38 Singer Simone
- 40 Unimaginative
- 43 Junk
- 45 Bar
- 47 Coastal coasters
- 49 To love, in Brest
- 50 D. Arnaz co-star
- 51 Pass
- 52 Peruse again
- 53 Sunglasses: colloq.
- 54 Rock salt
- 55 "An Essay on Man" author
- 56 Fence appurtenance
- 60 Debussy work
- 62 Famed penologist
- 63 Two
- 66 Burns' prop
- 68 Increases
- 70 Famed columnist
- 73 Yellowstone Range
- 75 Sewing item
- 79 "____ and tied"
- 81 Comic actor ____ Foxx
- 83 Coarse island cloth
- 84 Battery terminal
- 86 Emotionless
- 87 Son of Mary Queen of Scots
- 89 "Le Roi d'Ys" composer
- 90 Meal
- 91 Free
- 92 Tabulates
- 93 Late bloomer
- 94 Former NYC mayor and family
- 96 Throbbled
- 98 Bestowed abundantly
- 100 Bucolic events
- 102 Library reference
- 104 Vacuous
- 106 Al ____: to the tooth
- 109 Symbol of slowness
- 111 Certain South African
- 112 Paisley native
- 115 Hway
- 117 Refrain syllable
- 118 D-day craft

Sudoku 1

8	7		9					5
			3	2	8			
4			7			6	8	
				8				1
		3				7		
9								
	9	1			2			6
			5	6	7			
6					9		3	8

9 To 5 By Harley Schwadron



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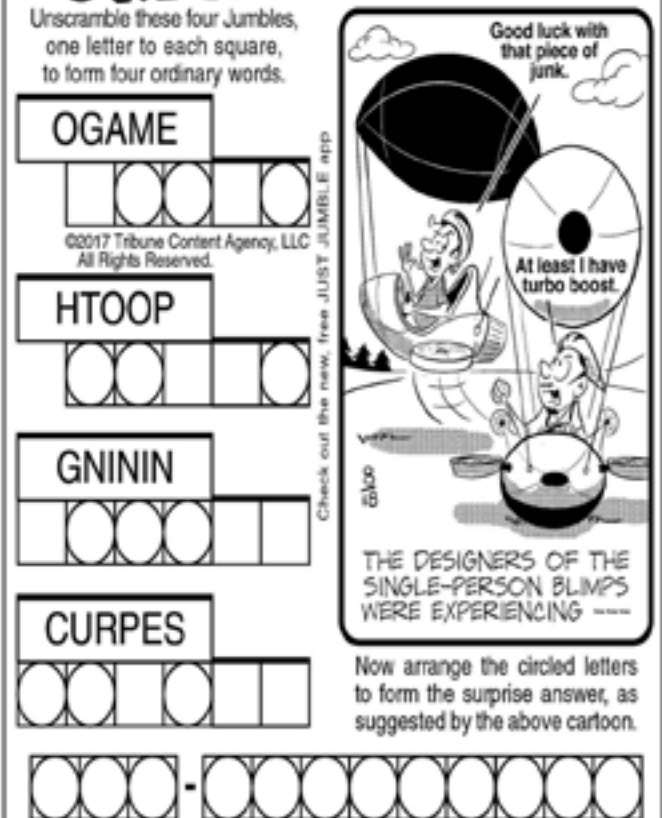
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PAR SCORE 265-275
BEST SCORE 342

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

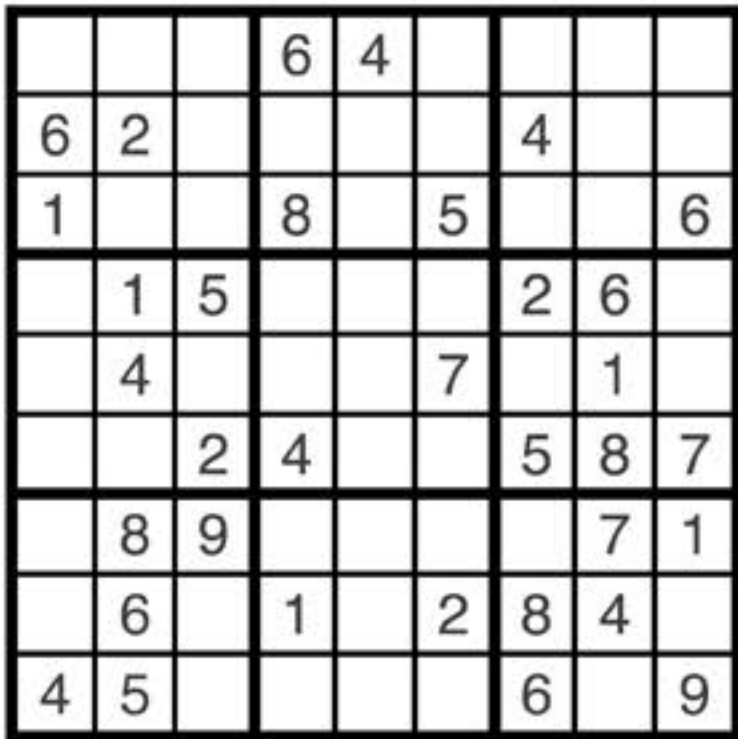
JUMBLE THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek



Guess Who?

I am an athlete born in California on September 3, 1986. Many may not know I had two open heart surgeries before the age of one. But that didn't stop me from going on to be one of the most successful professional snowboarders of all time. I have earned more X-Game gold medals than any other competitor.

Sudoku #2



Level: Beginner

Puzzles & Comics

Answers on page 14

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to writers.
Each number corresponds to a letter.
(Hint: 8 = D)

A. **2 11 20 23 11 9 26**
Clue: To write or create

B. **8 12 22 16 5**
Clue: Rough copy

C. **26 8 15 5**
Clue: Correct or modify

D. **15 8 26 22 9**
Clue: Thoughts about a course of action

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W	O	I	S
G	O	K	E
A	G	L	M

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7 letters = 6 points	21-30 = Rookie
8 letters = 10 points	11-20 = Amateur
9+ letters = 15 points	0-10 = Try again

N	S	P	A	E
P	I	T	R	L
L	R	O	A	L
L	C	I	N	E
A	B	S	K	Y

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WRITER'S CORNER WORD SEARCH

N	C	H	A	R	A	C	T	E	R	L	R	S	P	I	H	C	C	B	M	I
C	I	O	O	S	A	C	S	O	R	A	T	H	B	M	C	F	N	H	G	T
U	B	A	N	T	R	G	D	D	O	S	O	Y	E	H	E	E	E	G	Y	O
E	R	H	N	E	R	D	A	E	E	I	I	N	O	D	U	U	N	T	O	A
A	S	A	K	O	I	N	N	A	D	U	U	Y	S	O	L	S	E	L	C	G
G	A	R	A	V	I	N	T	O	O	V	V	N	G	I	S	R	C	E	K	B
I	N	U	R	A	M	I	R	C	D	I	R	N	H	A	V	E	M	L	S	T
D	T	K	O	C	U	E	I	E	F	C	A	M	P	O	C	A	P	H	I	A
A	I	F	Y	B	S	B	V	B	O	I	C	M	B	I	K	O	V	N	R	T
V	H	H	A	F	R	P	E	V	T	U	I	U	K	U	S	C	N	I	H	E
F	E	C	M	C	O	I	R	I	L	C	I	T	S	F	N	R	V	F	C	A
V	R	G	U	A	C	E	A	B	D	H	I	F	R	E	Y	C	N	I	A	R
B	O	E	S	T	D	C	V	V	C	C	C	E	C	O	O	N	I	V	T	H
L	A	N	L	S	V	L	R	R	M	H	E	T	R	I	H	A	T	O	M	E
T	K	A	V	Y	G	F	A	O	U	A	F	M	C	R	I	C	M	G	B	C

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ANTAGONIST
ANTIHERO
ARCHETYPE
BACKSTORY
CHARACTER
CLICHE
CONFLICT
DENOUEMENT
DIALOGUE
EPILOGUE
EVIDENCE
FICTION
FIRST PERSON
GENRE
HOOK
IMAGERY
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THEME
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**MISCELLANEOUS
FOR SALE**

For sale - large tricycle.
562-296-5635. 09/03


Beautiful oak desk. \$150 OBO.
562-431-3128. 09/03

PRIVATE SALE - Sept. 3, 4
Beautiful ladies clothing size 12,
cut crystal, Ethan Ellen sofa with
matching loveseat, custom buit
television cabinet, area rug, dining
table with 8 chairs, baby rocker,
rocking chair. Call Glinda Davis
(714) 943-1818 for appointment.

Portable air conditioning. Almost
new. Delonghi, Model PINTUINO.
949-735-6811. Call after 5 p.m. 09/10

Two-wheel recumbent bicycle.
Excellent condition. \$300 OBO.
623-299-6544. 09/17

For Sale - cheap bookcases, new sofa,
long mirrors, China cabinet, lamps,
etc. (562) 493-0677. 09/03



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Erika Shapiro
BRE # 01448494

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Mut. 17 Resident
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New Listing

2 Bedrooms / 2 Full Baths
Expanded corner, small patio, great kitchen, washer/dryer, and much more...

Mutual 11 - 263G
\$499,000



Country Cottage
Fully expanded 2 BDR, 1 Bath, lovely greenbelt. Double pane windows, plantation shutters, Central A/C Heat, and much more

Mutual 4 - 46K **\$249,000**



2 BDR/2 Bath Mut 15
West Facing Upstairs Corner, Fully expanded with Lots of upgrades. New Kitchen, Laminate flooring, Central A/C Heat And more.

Mutual 15 - 29J **\$329,000**





2 BDR, 1 Bath,
Partially Expanded, Greenbelt View, Newer kitchen, granite counter top. Smooth ceilings, double pane windows, 3 skylights, shower over a real Bath tub, fresh paint, and more.....

Mutual 7 - 159I **\$239,000**

Reduced Move-In Ready
2 BDR/1 1/2 bath
Fully expanded corner unit, washer/dryer, dishwasher & more

Mutual 2, 19F **\$309,000**

Sold in 1 Day

1 BDR, 1 Bath
Laminate flooring, skylights, A/C heat pump

Mutual 1 - 63B
\$167,500

Sold in 1 Day

Condo for Sale
Third floor, Greenbelt, 2 BDR/2 Ba

Mutual 17-42E **\$375,000**

IN ESCROW

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Leisure Living Resales



Gina Rojas
(562) 533-3190
ginamrojas@gmail.com
Leisure World Specialist
♥ DRE#02111452 ♥
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Coming Soon



M7-154H
\$223,500

Drive up unit
Private entrance
New windows
Laminate flooring
A/C heat pump
Skylights

15-5Q Sold \$259,900
7-148H Sold \$444,000
3-33E In Escrow \$182,000

Leisure Living Resales



Joanie Korman
(714) 308-8034
LW Resident, Real Estate Specialist
BRE#01937786
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High End Remodel
Two Bedrooms, 2 Full Bathrooms
Gorgeous Kitchen, Oversized Peninsula
A Stunning Home
M15 34L \$368,000

Beautiful Remodel
Two Bedrooms, Two Full Bathrooms
Fully Expanded, Large Greenbelt
M9 226L \$385,000

2 Bedrooms 1 Bath
Fully Expanded Light and Bright, Morning Sun
M6 64C \$235,000

2 Bedrooms 1 Bath
Centrally Located, Fully Expanded
Kitchen Island
M5 114K \$265,000

Coming Soon

2 Bedroom 1 Bath
400 Ft Patio, Greenbelt
M3
Location Location Location
Fully Expanded 2 Bedroom 1 Bath
Newer Kitchen, Tons of Closet Space
M11
Adorable 1 Bedroom on a Greenbelt
M2
Berkshire Hathaway Home Services



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Find your new home before the holidays!



It seems like every year the Holidays sneak up on us, flying from Labor Day straight through New Year's Day! This year find your dream home before the holidays hit and enjoy the holiday festivities within your beautiful new beach home! There is nothing quite like a California Christmas, sipping on hot chocolate and decking the halls as the palm trees sway in the ocean breeze... right outside your front door. The market is still hot and we add new listings every week. Come into the On-Site Home Sales office and let one of our expert Realtors help you find your dream home today!

Here are some examples of great options on the market right now, but we have plenty more!




















Dawn Januszka
Broker
DRE #02110501

Ginni Houck
Escrow Officer

Verna Chumley
Realtor®

Marsha Gerber
Realtor®

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Kathy Gupton
Associate Broker
DRE # 00744676

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Gloria Hadley
Realtor®
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Buying or selling... *Whatever your circumstances, whatever your needs, we can help.*



Mutual 9-22I
\$257,000

This lovely 2 bedroom 1 bath unit has a really nice greenbelt view, wrap around pebble tech patio, leaded glass entry door with patio skylight. Open floor plan, living room with smooth ceilings and crown molding. Kitchen has white cabinets, built-in electric appliances including refrigerator, cooktop and wall oven and ceiling light fixture. Bathroom with stone counter, large walk-in shower with sliding door and nice light fixture. Both bedrooms have smooth ceilings with crown molding. Other features include laminate flooring, drapes in every room, dual pane windows, heat pump and laundry is just steps from unit. This unit has an abundance of natural light, newer paint throughout. It is a must see to appreciate the upgrades!



Mutual 2-19L
\$349,900

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching back-splash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



Mutual 12-9D
\$299,000

Charming remodeled 2 Bedroom 1 Bath Cottage. Kitchen features custom white cabinets with granite counters, built-in stainless-steel freestanding range, refrigerator, dishwasher, microwave, skylight and ceiling fan. Bathroom has white cabinets with granite counter, added linen closet, washer/dryer and walk-in shower. Master bedroom has mirrored sliding glass wardrobe doors, ceiling fan, and French sliding glass doors to patio. Formal dining room has large skylight. Entry area has wood floors and entry closet. Second bedroom has large skylight and mirrored sliding glass wardrobe doors. Central heat and air conditioning, double pane windows, private patio with walk-in storage and over-looks open green belt.



Mutual 2-13F
\$339,000

Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



Mutual 1-27F
\$249,900

Charming Corner 2 Bedroom, 1 Bathroom Expanded Cottage. Featuring an inviting screened in wrap-around private patio perfect for entertaining or relaxing and enjoying the ocean breezes. This special corner home features spacious living room, kitchen with built-in stove, oven, refrigerator and skylight. Expanded Master Bedroom has walk-in closet. Bathroom has bathtub with shower and skylight. Second Bedroom overlooks screened in patio. This home also features laminate flooring throughout, window blinds, and is light bright and airy. Don't miss this lovely home that has so much potential.

Properties are selling...
Call The **SISTERS**
if interested in
listing or buying



Mutual 6-127L
\$339,500

Beautifully expanded 2 bedroom, 1 bath home. Spacious living room has bay windows, window seat, and adjoining dining area. The kitchen has white cupboards, built-in stove, oven, dishwasher, refrigerator, Corian counters, breakfast bar with added storage and large skylight that opens. Master bedroom has walk-in closet, bay windows and ceiling fan. Second Bedroom, mirrored wardrobe closet doors and ceiling fan. Bathroom has cultured marble counters, cut down shower, large skylight that opens and tile floors. The living room and bedrooms have newly installed carpeting. This lovely home also features, central heat and air, smooth ceilings and is in move-in condition. Drive up side parking



Mutual 3-29A
\$389,900

Beautifully Expanded Corner 2 Bedroom 1 1/2 Baths with spacious corner living room and bay windows. The Kitchen has custom wood cabinets with corian counters, built-in custom appliances breakfast bar with storage, large skylight and ceiling fan. Expanded master bedroom has bay window, walk-in closet, and ceiling fan. Second bedroom has ceiling fan and 1/2 bathroom with tile floor. Master bathroom has custom cabinets, added linen closet, washer/dryer, cut down shower, skylights, and tile floor. This lovely home features double pane windows, blinds, central heat and air conditioning, smooth ceilings, carpeting, and tile entry with beautiful leaded glass door. This charming home is move-in condition and a must see.



Mutual 4-85G
\$459,000

This lovely fully expanded 2 bedroom, 2 full bath home has so many great features, stacked stone trim with side drive-up, stone patio with outside storage, leaded glass entry door with sidelite, patio off second bedroom with glass entry door, both patios with attractive metal awnings. First bath has tiled full shower, stone counter, linen closet, skylight and washer/dryer. Second bedroom with walk-in closet, attached patio. Other features include dual pane windows, bay windows in living room, new carpet in living area and bedrooms, plenty of extra storage, central heat and air conditioning. If you are looking for a home that is move in ready and has everything you could possibly need then this is a must see!



Mutual 1-51G
\$292,000

Beautiful Corner 2 Bedroom 1 Bath fully expanded home over looks lovely expansive green belt. This lovely home has large spacious living room with bay window and dining area. Kitchen has built-in appliances and skylight. Bathroom features washer/dryer and an Expanded Bedroom has walk-in closet and bay window. This home has many upgrades and is centrally located. Walk to Downtown Leisure World, swimming pool, gym, golf course, health care center and shopping center. Enjoy the view and ocean breezes.



Mutual 1-47D
\$175,000

Beautifully updated 1 Bedroom 1 Bath home. This charming cottage has a white kitchen with built-in appliances including stove, oven, refrigerator, black pearl granite counter tops and large skylight. Bathroom also has a large skylight and black pearl counter tops. This lovely home also features newer paint, laminate floors, double pane windows with sliding glass doors.

**GIVE US
A CALL**



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Robin Gray & Barbara Diette-Dobias



Robin Gray
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rwgraysales@verizon.net
DRE 01027333



Your Leisure World Sales Team
Together WE Have
Over 30 Years of LW Experience

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Barbara Diette-Dobias
(562) 754-5628
barbaradobias@gmail.com
DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

Mutual 1-44-D



One Bedroom - One Bath - on a S/E facing greenbelt setting with a tiled patio to enjoy the ocean breeze. Freshly painted throughout with a warm grey tone designer color and white kitchen and bathroom cabinets and new counters and sinks. New flooring throughout gives this home the open concept everyone loves. There are newer windows with shutters and a newer front door in the living room plus a newer slider in the bedroom. Washer/Dryer and a heat pump make this home absolutely move-in ready to enjoy all that Leisure World has to offer.



NEW LISTING

Sold in One Day!



Mutual 12-78-D
\$229,000

Pretty courtyard view of small green from patio. Charming basic w/2 bed, 1 bath, heat-pump, washer/dryer



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Experience & Knowledge
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a Pleasant Event

Mutual 10-257-D



\$265,000

Remodeled Kitchen



Convenient Drive-up! Adorable basic 2 bed, 1 bath, remodeled kitchen and bath - both with quartz counters, beautiful laminate floors, dual pane windows, tile patio with a finished side wall and stack-stone patio wall. So much to enjoy!

Sold in One Day!



Mutual 6-56-C

LOCATION - LOCATION on a FOREVER GREEN!! Darling beach cottage - 2 bed, 1 bath, expanded master bed w/a bay window and wall-in closet, central heat/air, washer dryer, dual pane windows, patio to enjoy the view and breeze ...

Mutual 3-33-E



\$182,000

ADORABLE BEACH COTTAGE on a Beautiful Green with Shade Trees! You will absolutely love the view and this home with green laminate floors, white kitchen, bath and patio skylight, heat-pump, dual pane windows/slider, glass inlaid front door and a STACKABLE-WASHER DRYER!! walking distance to Clubhouse #2, drive-up, and lots of guest parking! Ready to look - CALL US TO SEE!!

See more at www.sealbeachleisureworld.com



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California Properties

Two-Bedrooms

Mutual 1 30L \$198,000
move-in condition, great location, new paint, new flooring

Mutual 8 195C \$214,000
remod. potential, enclosed patio, central air and heat

Mutual 3 28L \$219,000
corner unit, enclosed patio, plantation shutters, side parking, tub

Mutual 7 175H \$220,000
btl. area, new lam. floors, 3 skylights, private

Mutual 1 25L \$225,000
Fixer, great for remodel, good location, great price

Mutual 6 64C \$235,000
full expan., faces so./east, skylights, gorgeous lam. floors

Mutual 7 155G \$244,000
expanded, granite counters, skylights, heat pump

Mutual 3 20D \$247,000
turn key, move in ready, a must see

Mutual 6 64K \$255,000
full expan., 2 large skylights, 2 heat pumps, btl. greenbelt

Mutual 9 222I \$257,000
great unit, many amenities, you need to see this

Mutual 10 257D \$265,000
adorable cottage, remod. kit., remod. bath, dual pane, smooth ceiling

Mutual 5 114K \$265,000
full expan. newly painted, extra large skylight

Mutual 5 70C \$269,000
cent.air, 3 skylights, lam. floors, partial expan.

Mutual 12 9D \$299,900
washer/dryer, cent. air, double pane, trees, nice

Mutual 2 13F \$339,000
btl. partial expan., cust. kit., washer/dryer, cent. air

Mutual 6 127L \$339,500
btl. corner, bay windows, smooth ceiling, cent. air, nice

Mutual 2 19L \$349,900
full expan., 1 1/2 baths, cent.air, smooth ceilings, greenbelt

Mutual 15 34L \$368,000
2 baths, remod. kit., granite, enclosed patio, greenbelt kit.

Mutual 9 226L \$385,000
Remod. corner, 2 full baths, washer/dryer, private

Mutual 11 262I \$439,000
2 baths, cent. air, washer/dryer, really nice

One-Bedrooms

Mutual 4 78K \$165,000
patio, 2 skylights, shows well

Mutual 1 47D \$175,000
black pearl counters, new paint, large skylight, lam. floors



Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Bill Bermans
714 606-5258



Jay Cho
714-944-4998



Estee Edwards
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REAL ESTATE

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Seal Beach, CA 90740

For 2020, I have a total of 62 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr., #60G | M2 | \$465,000
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



1562 Golden Rain Rd., #44G, M2, \$225,000
Centrally Located, Basic 2 Bedroom, 2 Bath. Walk to All Amenities. Lrg. Private Patio Surrounded by Greenery, 2 Skylights, Expanded Bedroom to Include Desk Nook. New Golden Oak Flooring.



13922 El Dorado Dr., #58D | M2 | \$243,000
Drive Up Location. 2 Bedroom, 1 Bath Unit. Partially Enclosed Patio with Extra Storage, Large Skylight on Patio, Kitchen and Bathroom. Wood Flooring, Expanded Master Bedroom, WASHER/DRYER.



1120 Northwood Rd #186L | M8 | \$269,000
Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet.



1382 El Dorado Dr #10A | M3 | \$289,900
Fully Expanded 2 Master Bdrms, 1 Bth. Additional room added and could be used as a Third Bdrm or Office. Brand New Vinyl Flooring Throughout, Freshly Painted, New Baseboards. Greenbelt Location.



13840 Canoe Brook #6L | M3 | \$210,000
Corner Location! 2 Bedroom, 2 Bath, New Carpet in Bedroom, Laminate and Ceramic Tile Flooring. Close to Laundry and Parking.



1520 Northwood #244J | M10 | \$224,500
Drive Up Location. 2 Bedroom, 1 Bath. Both Bedrooms have been expanded. Extra Large Walk-In/Storage Closet. Vinyl Flooring, 4 Skylights.



1671 Interlachen Rd., #285i | M 11 | \$385,000
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

"Carol is the absolute best! She knows Leisure World, the market, and how to help sellers get their units sold. From the very beginning Carol impressed us with her preparation, attention to detail, superb customer service, and follow-up. Anyone wanting the best should call Carol. Thank you Carol for helping us and doing such a great job from beginning to end."

-Rod & Brian

On September 1st, 2020 a total of 70 units show as active listings on the CRMLS (this is where Realtors list property for sale).

6-1 bedroom/1 bath
from \$159,000 to \$194,900

38 - 2 bedrooms/1 bath
from \$189,000 to \$379,000

26- 2 bedrooms/2 baths
from \$225,000 to \$549,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory!
I am here to help!

9/1/2020- Year To Date MLS Activity

