

Fight the Bite



OC MOSQUITO & VECTOR CONTROL DISTRICT

2021 LW Calendar Photo Contest



Take your best shot

The LW Weekly will produce a 2021 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is Sept. 30. Potential contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach. Photos of people are not eligible.

Cell phone photos should be emailed in the "actual size" format. Email entries to [stephenb\\_news@lwsb.com](mailto:stephenb_news@lwsb.com) with name, address, phone number and a brief description of the photo. For information on technical requirements, call 431-6586, ext. 392.

The calendar will be delivered to every unit for free. Additional copies may be purchased for \$1.50.

National Preparedness Month  
Prepping for disaster can't be overlooked

by Eloy Gomez  
GRF safety/emergency coordinator

National Preparedness Month is recognized each September to promote family and community disaster planning now and throughout the year. As the nation continues to respond to COVID-19, there is no better time to be involved this September.

- **Week 1: Make A Plan**  
Talk to your friends and family about how you will communicate before, during, and after a disaster. Make sure to update your plan based on the Centers for Disease Control recommendations due to the coronavirus.
- **Week 2: Build A Kit**  
Gather supplies that will last for several days after a disaster for everyone living in your home.

PREP, page 14

**GOLDEN RAIN FOUNDATION**

**SPECIAL BOARD OF DIRECTORS MEETING**

**Topic:** GRF 2021 Operating Budget  
**Where:** Clubhouse 4/live streamed  
**Date:** Thursday, Sept. 17  
**Time:** Starts at 9 a.m.  
*Masks required; social distancing protocols will be in place.*



—Courtesy of the OCMVCD

Inspectors like the one pictured drive around treating hundreds of miles of creeks and flood channels, like the one on Golden Rain Road. OCMVCD inspectors use EPA regulated products in equipment that pushes the larvicide out with a blower type nozzle. Residents need to be vigilant about dumping standing water. Even a capful of water can produce hundreds of mosquitoes.

WNV-positive mosquito samples detected in LW



Dump standing water to reduce mosquito breeding sources in gardens and patios.

The Orange County Mosquito and Vector Control District has detected mosquito samples infected with West Nile Virus in Leisure World. Two positive samples were taken from the flood channel bisecting the community on Sept. 10.

Samples also tested positive for WNV in 10 other OC cities, with the most in Fullerton, 14 positive samples.

The OCMVCD conducts county-wide mosquito control during the WNV season, which typically begins in early summer and tapers off in the fall, with the highest risk for disease occurring in mid-July through September.

In Leisure World, inspectors check the flood control channel along Golden Rain Road every 10 days or so for elevated mosquito breeding. When mosquito larvae are found, they are treated with larvicide, which prevents breeding for 120 days.

As OCMVCD continues to identify and treat for mosquito breeding sources, it is essential that residents do their part in eliminating standing water on their properties. Even a capful of water can produce hundreds of mosquitoes.

"Residents need to take immediate action to dump and drain standing water in containers on their property. We must reduce mosquito breeding around homes to reduce the presence of adult mosquitoes and

**WNV, page 3**

OPTUMCARE AT THE HCC

2020 Flu Shot Clinic will be different this year

The 2020 Flu Shot Clinic sponsored by OptumCare Health Care Center is more important than ever this year. To help keep everyone safe and socially distanced, OptumCare will have its first-ever drive-through clinic.

The clinic will be held in the Clubhouse 4 parking lot on Thursday, Oct. 1, between 8 a.m.-3 p.m. Face masks or coverings are required.

Here's how it works:

**For cars:**  
Use the north entrance. The clinic will be held behind Clubhouse 4. There will be signs and personnel to guide traffic. See the yellow lines on the map (page 3).

- After you get your shot, exit onto Northwood Road.

**For scooters, bikes, shuttles, golf carts, and walk-up appointments:**  
Tables will be set up in front of Clubhouse 4. Wear a face mask or covering. See the red lines on the map (page 3).

**How do I know if I can get my flu shot here?**

- If your primary care doctor works at an Optum location, you can get your flu shot. There is no copay.

FLU CLINIC, page 3



Unlike COVID-19, the flu is a familiar foe, and a safe and effective vaccine is available every year. The more people who get the shot, the more protected everyone will be, according to health experts.



Reserve Your Spot at LW Facilities

Interested in playing pickleball, bocce ball or shooting a few hoops? Does a Zumba class sound like fun or is ballet more appealing? Veterans Plaza is now open to some exercise and dance classes, and Mission Park offers a few sports after so many months under the COVID-19 stay-at-home guidelines, which are now being gradually lifted.

The bocce and multipurpose courts are available by reservation seven days a week. Requests are accepted at <http://www.lwsb.com/reserve/> Monday-Sunday before 4 p.m. for play the following day. Just click on that sport you want to play (golf is included), fill out the simple form, and you'll be good to go.

Under Phase One restrictions, courts and bocce ball are limited to two players (no doubles) and spectators are not permitted. An attendant is on duty daily from 8 a.m.-7 p.m. to check people in and answer questions.

Unclear on the rules? Request a copy from the Recreation Office.

Veterans Plaza has dance and exercise classes, and qualifying clubs may reserve time for a class, as space permits, by contacting [kathyt@lwsb.com](mailto:kathyt@lwsb.com). Members may request a list of current classes by sending an email to this address also.

—Kathy Thayer,  
assistant recreation manager



The bocce and multipurpose courts are available by reservation seven days a week. Requests are accepted at <http://www.lwsb.com/reserve/> Monday-Sunday before 4 p.m. for play the following day.

GRF projects are underway around the community despite slow-downs attributed to the COVID-19 repercussions. This column will update residents on the progress of various construction projects. The information is provided by GRF Facilities Director Mark Weaver and Physical Property Manager David Rudge.

LW POOL

Progress on the pool project continues despite challenges posed by COVID-19, which are hampering the coordination of plans from the architect and pool engineer.

- Among the construction update highlights:
- The electrical panel has been replaced, skylights openings are being prepared, and final phases of plans are being coordinated.
  - The spa depth has changed to reduce volume and the filtration system, saving space in the equipment room.

The finished facility will include a five-lane pool, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area in a reconfigured space to maximize its potential.

PAVING PROJECT

The 2020 Trust Street Paving project will run September-October. The schedule began Aug. 18. Grind and overlay projects on Oakmont Road are underway; Northwood Road from Del Monte to St. Andrews are completed; and the Clubhouse 2 parking lot is complete. The parking lot at Clubhouses 3 and 4 will be slurry sealed and cracks will be filled through Sept. 22.

Drivers are asked to obey construction zone signs, speed limits and flagmen during construction.

FITNESS CENTER

The flooring has been completely installed at the 10,000-square foot Fitness Center in Clubhouse 6, which has undergone an extensive overhaul and expansion. New audio visual equipment and glass door installations are completed. New fitness equipment is being delivered and installed. The final touches and pick-up list are in process.

LEARNING CENTER/KITCHEN

Work is underway on the new Learning Center demonstration kitchen in Clubhouse 3. Kitchen cabinets have been installed and countertops installation is next week. Rooms 9 and 10 are being refurbished from the floor up to accommodate computer stations, state-of-the-art audio-visual equipment and assistive listening devices, a "smart" board and two 80-inch monitors.

California Telephone Access Program

People who are having difficulty hearing or seeing their smartphones are invited to attend a free workshop on how to make them work better for you.

Training covers making smartphone volume louder and easier to hear; sending text messages, connecting Bluetooth devices, using basic functions and more.

This is a two-part online training. To participate, you need a computer.

iPhone training is from 2:30-3:30 p.m. on Sept. 9 and 10 and Oct 14-15. Android training is from 2:30-3:30 p.m. on Sept. 23-24 and Oct. 28-29. Classes are sponsored by the California Telephone Access Program.

Space is limited. Register now by calling (866) 271-1540.

OC Registrar News

Did you receive a green postcard from the Orange County Registrar's Office?

The office has received inquiries about the green postcards recently sent to about 300,000 voters. The cards are part of its process to ensure clean voter rolls prior to mailing ballots.

If the registrar is confirming a new address for you, make sure to return the postcard; for more information, call (714) 567-7600.

# FREE PRESCRIPTION DELIVERY!

## LEISURE WORLD PHARMACY

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Monday-Friday: 9am-5pm

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MYGNP.com



## Healthy Brain Expo

The Healthy Brain Expo will be held from 9:30 a.m.-12:30 p.m., Thursday, Sept. 24, on the Seal Beach Leisure World local channel. The expo includes free memory screenings, presentations on brain health and memory loss and caregiver resources.

Topics include Super Foods and the Brain, Nasira Burkholder-Cooley, DrPH, RDN; Brain Health, Teryn Clarke, MD; Oral Health and the Brain, Michael Cooley, DDS; and Healthy Brain Aging: It is Not All in Your Head!, Cheryl Alvarez, Psy.D.

For more information, call (714) 593-9630.

## WNV

from page 1

and prevent the transmission of West Nile virus,” stated Heather Hyland, OCMVCD Public Information Officer.

Residents must take charge of their yard to prevent mosquitoes from breeding on their property:

- Tip out any standing water at least once a week
  - Toss out any unused containers
  - Clean and scrub bird baths and pet water bowls weekly
  - Do not transport or share plant clippings rooted in water
  - Drill a hole or puncture containers to eliminate standing water
- To prevent mosquito bites, take action, and follow these tips:

- Apply mosquito repellents to exposed skin before going outdoors; reapply as recommended
- Wear repellent containing DEET®, Picaridin, IR3535, or oil of lemon eucalyptus
- Close all unscreened doors and windows to prevent mosquitoes from entering your home or space; repair broken or damaged screens
- Wear long-sleeved shirts and long pants, and opt for lighter-colored clothing

Residents are encouraged to sign up for District email notifications. For more information, visit [www.ocvector.org](http://www.ocvector.org).

Most often, WNV is spread by the bite of an infected mosquito. Mosquitoes are WNV carriers (“vectors”) that become infected when they feed on infected birds. Infected mosquitoes can then spread WNV to humans and other animals when they bite.

WNV was first detected in the eastern United States in 1999. WNV cases are now reported in all of the continental United States, according to the Centers for Disease Control.

There are no vaccines to prevent it or medications to treat it. Fortunately, most people infected with WNV do not have symptoms. About 1 in 5 people who are infected develop a fever and other symptoms. About 1 in 150 infected people develop a serious, sometimes fatal, illness.

Due to COVID-19, the program to report dead birds has been suspended. Reports can be submitted to [westnile.ca.gov](http://westnile.ca.gov) for risk mapping.



This year’s drive-through flu clinic will be funneled through the lots at clubhouses 3 and 4. There is a separate entrance for scooters, bikes and carts. Signs and personnel will guide traffic.

## FLU CLINIC

from page 1

- If your primary care doctor does not work at an Optum location, these are your options:
  - » If you have Original Medicare and are not a Medicare Advantage patient, you can get your flu shot. There is no copay.
  - » If you are a Medicare Advantage patient and your insurance card **does not** have Monarch Healthcare on it, we are unable to provide the flu shot unless you pay cash.

Contact your Primary Care Physician to find out what locations are available to you.

»Many pharmacies are now offering flu shots. The regular adult dose flu shot is \$40 and the high dose for high risk individuals is \$65.

Check with your doctor’s office to find how the best way for you to get a flu shot.

## What do I need to do before getting my flu shot?

- Bring a consent form filled out upon arrival to the flu clinic.
- Bring a picture ID and insurance card.
- Wear a short sleeved or sleeveless shirt.
- Wear a face mask or face covering.
- Come at the assigned time for your Mutual (see below)

## Where do I get a consent form?

- At the Health Care Center
  - Recreation Office, Building 5
  - On the Leisure World Buses
- Getting a flu vaccine is more important than ever this year to protect yourself and the people around you from flu, and to help reduce the strain on healthcare systems responding to the COVID-19 pandemic, according to the Centers for Disease Control.

## Mutual by Mutual Flu Clinic Schedule

The following are appointment times for all Mutuals:

<b>Mutuals 4 and 11</b>	8-8:45 a.m.
<b>Mutuals 1 and 17</b>	8:45-9:30 a.m.
<b>Mutuals 10 and 14</b>	9:30-10:15 a.m.
<b>Mutuals 2 and 16</b>	10:15-11 a.m.
<b>Mutuals 12 and 15</b>	11-11:45 a.m.
<b>Mutuals 3 and 5</b>	11:45 a.m.-12:30 p.m.
<b>Mutuals 6 and 7</b>	12:30-1:15 p.m.
<b>Mutuals 8 and 9</b>	1:15-2 p.m.

For people who miss appointments, shots will be given from 2-3 p.m.



# THOMAS MOORE

## FOR SEAL BEACH CITY COUNCIL

### District 2

LEISURE WORLD  
COLLEGE PARK WEST  
ROSSMOOR CENTER

I have brought Safety and Security, Fiscal Responsibility and Efficiency to the City Council with my experience in budgeting, finance, computers and technology.

- 2019 Mayor and Current Council Member
- Computer Engineering & Computer Science graduate from CSULB
- Director on Cal State Long Beach Alumni Association
- Director on Orange County Fire Authority
- Former President of Seal Beach Toastmasters
- Successful Entrepreneur / Businessman
- Seal Beach Lions Club Member



Tom with his wife Sharon and son Evan

### Endorsements

- Los Alamitos Mayor Richard Murphy
- Westminster Mayor Tri Ta
- Orange County Chair Supervisor Michelle Steel
- CSULB President Jane Conoley

## Tom has helped make Leisure World Safe, Secure and a lot Moore!

- 1) Kept fees / taxes low
- 2) Traffic Enforcement Now Enforced by Seal Beach Police
- 3) Dedicated Police detective to assist with preventing Fraud
- 4) Extended Shuttle Service to VA & Looking at Restarting Long-Term Shuttle
- 5) City reaching out to Seniors living alone
- 6) Extended Edison Park Community Garden which is available for Leisure World residents
- 7) Supported Bathroom remodel projects
- 8) Started Joint Long Beach/ Seal Beach Homelessness Task Force



“Tom reminds me of why I got into politics initially. I remember seeing someone in Long Beach as a Councilman stick up for what he believed in and really make a difference. Tom reminds me of him. He stands for what he believes in and delivers for residents in his District. He works hard for them to make sure that their money is spent wisely.”

- Richard Murphy  
Mayor of Los Alamitos



It has been a pleasure representing District 2 of Seal Beach for almost 4 years. I am fortunate to have met so many wonderful people in Leisure World. It was the highlight of being Mayor in 2019 for me to participate as part of the celebration honoring 21 Leisure World residents turning over 100 years old. The City gave a corsage and certificate to each centenarian.

- Thomas Moore



# Perspectives

## Letters to the Editor

Editor:

The LW Weekly (Sept.10) stated the new LW pool depth has been adjusted from five feet to four feet deep. It also states the adjustment carries into the volleyball area four feet at one end, three-and-a-half feet at the other end.

With a pool that shallow, there will be no floating without your feet hitting the bottom of the pool and no treading water for exercise.

To me that sounds like a kiddie wading pool. If this is true, that's absurd for active senior adults.

Ron Belben, Mutual 2

Editor:

I was reading the GRF project update on page 2 (Sept. 10) and came across a most curious statement: the first bullet in the update where it discusses the adjusted pool depth says, "The pool depth has been adjusted from five feet deep to four feet deep, an NCAA Rule 1 Short-Course Swimming race course standard..."

First of all, *why* are they referring to a competitive pool standard for collegiate/university pools? Are they planning to hold races for that age group here? Is Leisure World building a competition-worthy pool?

Secondly, they should read the *full* standard that also requires minimum length and width by date built. (By the way, that 4-foot

depth is OK for older pools, but newer ones should be seven feet.)

It is a ludicrous statement. It is written as if an NCAA standard is something to crow about, but really has nothing to do with the type of pool being built here nor its usage. By the way, *if* competitive events are going to be held at Leisure World (doubtful), then the more appropriate governing body is U.S. Masters.

Delrie Hobbs

Mutual 2

Competitive Swimmer

*Editor's Note: The following is from GRF Physical Property Manager David Rudge: The pool will be five feet deep at the main drain.*

Editor:

What does Prop 15 mean for you as residents here in Leisure World? The so-called split commercial/residential tax roll on the November ballot is being advertised as solely a commercial property tax. But could it unravel Proposition 13 property tax protections even for residential properties or for us here in LW? The biggest take away if this proposition passes is that small businesses will lose the 2 percent ceiling of property tax increases. This 2 percent is the maximum amount the state of California can raise property taxes each year for all property owners and could impact residential property.

Will this increase to large businesses trickle down to small businesses? Do you want your small businesses to go under or for us to have to pay more to keep these businesses afloat because the state can raise property taxes higher than the 2 percent with this proposition passing?

California has a 7.25 percent sales tax (in some cities even higher). Do you think this will be rolled back because of the passing of Proposition 15? Please read and do your homework for what is best for you as Leisure World residents and the small businesses you support. This could be a slippery slope for all of us in California.

Beth Mayer

Mutual 9

Editor:

Going on seven months we've been reading and hearing about people disrespecting each other, making threats and false reports, graffiti, destruction of personal property and more. Do you know that all of these actions and reactions happened here in Leisure World. All of these examples were over a "flag."

We live in a retirement community and we see in the news destruction of private businesses, disrespect to police officers, and looting and burning without regard to innocent protestors, bystanders, the elderly and children.

In Leisure World we understand that we are in a political campaign and that there will be differences in political opinions. We know better; we are adults, but there is a group of people here acting out like the criminals that are causing all the trouble in Seattle, Portland, NYC, Chicago and Rochester. In the last two weeks, one of our proud disabled residents had a flag flying in front of his unit and the very next morning he found that flag shredded in pieces left at his doorway. He went out and bought another flag but changed his mind about posting it because he did not want further trouble. He gave me that flag, and it now flies proudly on the flagpole at the corner of Del Monte and McKinney Way.

We are better than this, for

God's sake let's remember Luke 6:31: Do to others as you would have them do to you.

David Harlow, Mutual 15

Editor:

The bizarre events now taking place at our postal service are personal to me. As a retired letter carrier, who spent 31 years delivering the mail, it's severely disappointing to see an organization that has served the American public so long and so well needlessly degraded. The Post Office has a 90 percent approval rating with the public. This slowdown in service hurts everyone.

When I started at the post office, you could send a letter from Seal Beach to New York for only 5 cents. In this time of pandemic

LETTERS, page 5

## Credits & Kudos

*Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW News or Golden Rain Foundation.*

Joan Palango of Mutual 14 writes: I needed to borrow a wheelchair to help a friend get to an urgent care center. It was a weekend, of course, which made it a bit more difficult. After several unsuccessful attempts trying different options, I contacted Lee Melody, our Mutual 14 president. He was in the middle of doing something but dropped that and was able to secure a wheelchair for me to borrow. It made a big difference and many thanks to Lee for helping out.

...

Pat Kruger, vice president of the LWSB Senior Patriots for Peace, would like to express her sincere thanks and appreciation to Joe Osuna of the Video Producers Club for taking the time to meet with members and generously share his expertise about methods of publicizing the club and using social media to its advantage. What a great resource Joe and his group are to all of Leisure World.



## Quality Care in the Heart of Los Alamitos

Katella Senior Living Community, a unique and exceptional senior living community located in the heart of Los Alamitos, offers assisted living, Pearls of Life® memory care, respite care and personalized care services that meet resident's continuing care needs. Our breadth of services provide residents with flexible, individualized care and higher levels of care, as needed.

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# Government

## Schedule of Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (*schedule subject to change*).

Thurs., Sept. 17	<b>Mutual 2</b> virtual.....9 a.m.
Thurs., Sept. 17	<b>Mutual 11</b> virtual..... 1:30 p.m.
Mon., Sept. 21	<b>Mutual 15</b> virtual..... 1 p.m.
Wed., Sept. 23	<b>Mutual 10</b> virtual.....9 a.m.
Thurs., Sept. 24	<b>Mutual 1</b> virtual.....9 a.m.
Fri., Sept. 25	<b>Mutual 6</b> virtual..... 9:30 a.m.
Mon., Sept. 28	<b>Mutual 8</b> virtual..... 9:30 p.m.
Tues., Oct. 6	<b>Mutual 16</b> virtual..... 9:30 a.m.
Tues, Oct. 6	<b>Mutual 17</b> virtual ..... 1:30 p.m.
Thurs., Oct. 8	<b>Mutual 12</b> virtual.....9 a.m.
Fri., Oct. 9	<b>Mutual 3</b> virtual.....9 a.m.
Mon., Oct. 12	<b>Mutual 9</b> virtual.....9 a.m.
Wed., Oct. 14	<b>Mutual 4</b> virtual.....9 a.m.
Thurs., Oct. 15	<b>Mutual 2</b> virtual .....9 a.m.
Thurs., Oct. 15	<b>Mutual 11</b> virtual ..... 1:30 p.m.
Mon., Oct. 19	<b>Mutual 15</b> virtual..... 1 p.m.
Tues., Oct. 20	<b>Mutual 14</b> virtual..... 1 p.m.
Wed., Oct. 21	<b>Mutual 5</b> virtual.....9 a.m.
Wed., Oct. 21	<b>Mutual 7</b> virtual..... 1 p.m.
Thurs., Oct. 22	<b>Mutual 1</b> virtual.....9 a.m.
Fri., Oct. 23	<b>Mutual 6</b> virtual..... 9:30 a.m.
Mon., Oct. 26	<b>Mutual 8</b> virtual.....9 a.m.
Wed., Oct. 28	<b>Mutual 10</b> virtual.....9 a.m.

## Air Quality Alert

Unhealthy conditions from the wildfire ash blanketing Southern California persisted this week.

As massive wildfires—including the Bobcat fire near the San Gabriel Valley and the El Dorado fire in the Inland Empire—continue to burn, Orange County residents were advised to continue to limit outdoor activities, according to the South Coast Air Quality Management District.

LW residents can monitor the air quality here by visiting <https://www.purpleair.com/map?opt=1/i/mAQI/a10/cC0#14/33.76515/-118.08707>.

People can go visit this site any time to see the air quality map and air quality index, which lists values from good to hazardous.

As of Monday, most of Leisure World was in the “unhealthy” range.

Breathing this air can make people more vulnerable to COVID-19.

Much of the smoke has come from fires in Northern California and Oregon, experts say, pushed southward by a large high-pressure system off the coast then trapped by the local marine layer. The bulk of the ash that has fallen here is come from the Bobcat fire.

Residents are urged to stay indoors, particularly those with health conditions. When going outside, experts say masks can help with some of the smoke particles.

## GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule (*meetings are dependent on orders related to COVID-19; check schedules for latest information*). *Public health and safety measures will be in place to protect membership and staff with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask will be required:*

Thurs., Sept. 17	<b>Special GRF Board Meeting</b> Clubhouse 4 ..... 9 a.m.
Mon., Sept. 21	<b>Finance Committee</b> Clubhouse 4 ..... 10 a.m.
Wed., Sept. 23	<b>Security, Bus and Traffic Committee</b> Clubhouse 4 ..... 1 p.m.
Thurs., Sept. 24	<b>Architectural/Design Review Committee</b> Clubhouse 4 ..... 1 p.m.
Tues., Sept. 29	<b>GRF Board Meeting</b> Clubhouse 4 ..... 10 a.m.
Thurs., Oct. 1	<b>GRF COVID-19 Ad Hoc Committee</b> virtual ..... 1 p.m.
Thurs., Oct. 1	<b>Physical Property Council</b> virtual ..... 1:30 p.m.
Fri., Oct. 2	<b>GRF Board Executive Session</b> virtual ..... 1 p.m.
Mon., Oct. 5	<b>Recreation Committee</b> Clubhouse 4 ..... 1 p.m.
Wed., Oct. 7	<b>Governing Documents Committee</b> Clubhouse 4 ..... 10 a.m.
Wed., Oct. 7	<b>Physical Property Committee</b> Clubhouse 4 ..... 1 p.m.
Thurs., Oct 8	<b>Communications Committee</b> Clubhouse 4 ..... 1 p.m.
Fri., Oct. 9	<b>Executive Committee</b> Clubhouse 4 ..... 1 p.m.
Mon., Oct 12	<b>Mutual Administration Committee</b> Clubhouse 4 ..... 1 p.m.

## For all your MEDICARE needs!

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## Cap Food Distribution is Today

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be today, Sept. 17.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household.

To sign up, bring a photo ID, and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf with appropriate ID.

People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

## LETTERS from page 4

the mail service has become even more critical to the American public. It's not just Social Security checks and unemployment benefits we rely on for our economic well being. We also depend on delivery of medical supplies and numerous items we used to shop for not too long ago.

According to CNN reports, the mail has been deliberately slowed down by discarding 671 postal sorting machines that can process 36,000 letters an hour.

This leaves postal workers to sort mail at a much slower pace and added cost. Small businesses cannot get their products delivered without delays.

Forty-six states have been notified that mail in ballots might not be counted in time for the 2020 Presidential Election. During this pandemic there are clear and obvious reasons not to stand in long lines of people to exercise our right to vote.

I will vote by mail well before Nov. 3, to make sure my vote is counted.

Dave Silva, Mutual 12



# Religion

## Faith Christian Assembly

Faith Christian Assembly is hosting a health class on Wednesday, Sept. 23, at 11 a.m. The topic is heart disease.

Many people may not be aware that heart disease and its related conditions are the leading cause of death in the United States. Nearly 800,000 people die each year from heart disease and stroke, and at least 200,000 of these deaths are preventable, according to the CDC. This informative class will be taught by Sherre Yurenko, who is a licensed vocational nurse and has a lot of training in this field.



Sherre Yurenko

Out of an abundance of caution, all who attend services/events at Faith Christian Assembly will have their temperature taken at the door and must wear a mask before, during and after service while sitting socially distant from others. Those who are feeling ill are asked to stay home.

Due to COVID-19, Faith Christian Assembly is not having all of its regular ministries at this time, but will resume as soon as possible. Midweek Bible study taught by Pastor Sheri Leming is on Wednesdays at 11 a.m. in the Garden Room. Grief Share will meet on Fridays at 2 p.m. starting Sept. 18.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit [www.FCAchurch.net](http://www.FCAchurch.net).

## Assembly of God

By Norma Ballinger  
LW contributor

To explore the idea of experiencing the riches of our salvation and the joy of being loved constantly and perfectly, look at Ephesians 2:7-8: “in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. It is by grace you have been saved, through faith, and this not from yourselves, it is a gift of God.”

We often make a practice of judging ourselves, based on how we look, behave or feel. When we like what we see in the mirror, we feel a bit more worthy of God’s love. When things are going smoothly, you find it a bit easier to believe we are God’s beloved children. However, when we are discouraged, we tend to look inward so we can correct whatever is wrong.

Instead of trying to “fix” ourselves, we should fix gaze on Jesus. Hebrews 3:1 says, “Therefore, holy brothers, who share in the heavenly kingdom, fix your thoughts on Jesus” Rather than using our energy to judge ourselves, we need to redirect that energy to praise God. He sees us clothed in his righteousness, radiant in his perfect love.

“Those who look to him are radiant; their faces are never covered with shame,” Psalm 34:5.

Remember to go on Facebook on Sunday at 10 a.m. to be blessed with a devotion delivered by Pastor Sam Pawlak. Continue your prayers for him and the family as they mourn and celebrate the life of Pastor Pat Pawlak.

## Community Church

By Johan Dodge  
Reverend

Our assumptions, our quick thoughts and our long held beliefs — even those beliefs passed down to us about how things work, how things simply “are” — can keep us from seeing what is God is doing around and even in us. The divine eye sees the world in a way that we cannot.

We are children of God, and we have God in us, but we are not God on our own and our personal assumptions can keep us from experiencing the power and presence of God. This week, we will look at a passage from Matthew’s Gospel about workers in a vineyard. Their assumptions are crushed, but the world is more grace-filled because these assumptions are not met.

Have you missed the opportunity for greater joy because you were holding on to your assumptions? How did you know?

To hear this teaching as well as some exceptional worship music, tune in to worship Sunday morning at 9:50 on Facebook live @community-churchleisureworld.

If you want to join the virtual fellowship you will need to call the church office or email [leisurewccsue@yahoo.com](mailto:leisurewccsue@yahoo.com). If you don’t have a computer or Facebook, you can call in to the phone system at (562) 431-2503 and listen to the weekly message beginning Sunday evening.

Community Church offers Communion on the first Sunday of the month at 1 p.m. in front of the church. The elements are pre-sealed for safety and the liturgy is part of the morning worship on Facebook. Those who come and receive Communion must wear a mask and maintain distancing. The Communion table is an open table, all who wish to receive Communion may come and participate. You do not need to be a member of the church, all are welcome here.

If you are in need without another way to address that need, you may call the church office to leave a message at (562) 431-2503.

## REDEEMER LUTHERAN & ST. THEODORE’S

## Nothing can separate us from God

By Lisa Rotchford  
Reverend

Redeemer Lutheran and St. Theodore’s Episcopal churches are meeting for worship inside and outside the house of the Lord. Join us on Sunday for “Pick up Your Spirits, with Prayer and Communion.” Those who want to worship outside can attend the drive-up/walk-up communion service out in front of the church on the northeast side of the church from 9:30–10:15 a.m. A traditional 30-minute worship service will start inside the sanctuary at 10:30 a.m.

We are officially six months into this difficult time when we are not called to be together physically but apart. However, as Christians, we are called together by our faith and love of our Lord, savior and redeemer Jesus Christ, nothing can separate us. Nothing separates us from our God, the love of God or God’s hands. Not even a pandemic can limit our relationship with God.

It’s as if Paul were writing to us in Seal Beach instead of Rome when he gave us a direction to live under a time of stress (remember, he was writing from within prison walls, quite limiting like a pandemic). Whether we are allowed to worship together or apart, we are one with the Lord. We can “love each other genuinely; hate what is evil and hold fast to what is good; love one another with mutual affection and honor one another, not lagging in zeal and being ardent in spirit. In all ways, serve the Lord. Rejoice in hope. Hope that we can be together again soon. Let us be patient in any suffering we endure. Above all let us persevere in prayer. Contribute to the needs of the saints by extending hospitality to strangers” (Romans 12:9).

September is the time the national Lutheran church encourages to take on outreach projects that benefit the wider community and God’s kingdom under the moniker “God’s Work, Our Hands.” The annual food donation drive will be each Sunday of September. If you have a non-perishable food item on your shelf that you’d like to share with a hungry neighbor in need, we will be collecting food for the neediest in Orange County. The barrels in front of the church on Sunday mornings will collect your food or cash donations, which will be taken to Lutheran Social Services’ shelves to feed the hungry.

The apostle Paul wrote that though our movements may be limited, we are not imprisoned but free in Christ. This year especially we can contemplate what it means to do God’s work with our hands as our hands are held by God’s as he walks us through this time. Let us go to God’s house and may the work we do be our worship to the one who is with us always.

## CONGREGATION SHOLOM

## High Holidays begin this weekend

The High Holidays begin this weekend. See below for the schedule:  
**Friday, Sept. 18:** Erev Rosh Hashanah, Cantor Marla Barugel and Rabbi Karen Isenberg at 7 p.m.

**Saturday, Sept. 19:** Rosh Hashanah (day 1), Cantor Marla Barugel and Rabbi Karen Isenberg at 9:30 a.m.

**Sunday, Sept. 20:** Rosh Hashanah (day 2), Cantor Marla Barugel and Rabbi Karen Isenberg at 9:30 a.m.

**Friday, Sept. 25:** Karen Isenberg Shabbos Shuvah at 6:30 p.m.

**Saturday, Sept. 26:** Karen Isenberg Shabbos Shuvah at 9:30 a.m.

**Sunday, Sept. 27:** Erev Yom Kippur (Kol Nidre) Cantor Marla Barugel and Rabbi Karen Isenberg at 7 p.m.

**Monday, Sept. 28:** Yom Kippur (Yizkor) Cantor Marla Barugel and Rabbi Karen Isenberg at 9:30 a.m.

To use Zoom with a computer, smartphone or tablet, contact Jeff Sacks so he can email a Zoom invitation to you. The invitation will have a link so you can click to join the meeting. Request the Zoom invitation with a text to Jeff’s cellphone at (714)-642-0122, or you can email [jfsacks@gmail.com](mailto:jfsacks@gmail.com). He will email a link to get into the services. Once received, click the link and follow the prompts. The link will have the meeting id and password embedded. Call Jeff for more details or practice at (714) 642-0122.

The zoom link will also have a phone number to dial in if you do not have internet service. The number they have in California is in San Jose, area code 669. To call inside California is toll free for most, but you may want to check with your phone provider.

The Tashlich boat ride will be on Thursday, Sept. 24, at 4 p.m. contact Susan Michlin at (805) 501-5628 for information or to make a reservation.

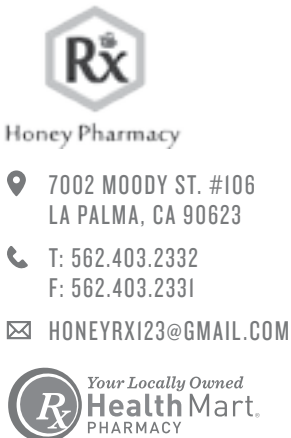
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- M-M-R (홍역, 볼거리, 풍진)
- Meningitis (수막염)
- Tdap (파상풍, 디프테리아, 백일해)
- HPV – Human Papilloma (인간 유두종)



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## "Turn Your Broken or Unused Gold Jewelry, Gold & Silver Coins and Sterling Silver Into Instant Cash"

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The *Leisure World In-Home Gold Show* starts Monday, Sept., 21st exclusively for Leisure World Residents. You can get paid cash instantly for your unused/unwanted gold jewelry (even if damaged), diamonds, gold coins, silver coins, and dental gold — in fact, *anything* containing gold.

### Real Gold?

What if you don't know if an item contains real gold? Don't worry, gold buyer specialist Greg Schilling, owner of *Schilling Gold Exchange* will test and inspect your item to determine the amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight—all in the comfort of your home.

Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it.

Often times people with gold items are amazed at how much something is worth.

### Hold or Sell — It's Up To You

There is never any pressure for you to sell your item.

Mr. Schilling states, "I have a lot of folks who just want to know more about their item, which is fine. Often

times there is sentimental value attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to feel good about all transactions."

### Comments From Previous Shows

*"After shopping around, I found Schilling Gold Exchange gave me the best price for my gold. I highly recommend Schilling Gold Exchange to other Seniors."* — J.R.

*"I am more than pleased with Greg Schilling of Schilling Gold Exchange. He was able to give me top dollar for my gold jewelry and coins. After my wife passed, I had some gold coins that I wanted to cash-in. Not only did Greg give me a fair price, but I also got more than I was expecting as one of the coins had extra numismatic value that I was unaware of. I now recommend to all my family and friends they use Schilling Gold Exchange instead of jewelry stores."* — G.P.

*"Very friendly and honest."*

— M.B.

### The Leisure World In-Home Gold Show Is Safe, Secure, and Convienient. Here's Why...

No need to drive to a location with your items. Mr. Schilling, will bring his portable gold, silver, and diamond test equipment to your home. Mr. Schilling will be following the Covid-19 safety guidelines and equipment is sterilized between appointments. After evaluating your items, if you decide to sell your items Mr. Schilling will pay you cash on the spot.

### Exclusively For Leisure World Residents.

The in-home gold show is exclusively for Leisure World residents and by appointment only. Appointments are limited and times are as follows: Monday September 21st through Saturday, September 26th 2020. Appointments are limited to 3 per day; 10am-11am, 1pm to 2pm, and 3pm to 4pm. To schedule an appointment call (949) 239-1521.

### No Cost. No Obligation.

The in-home appointment and evaluation is free and there is no obligation to sell any of your items.



Mr. Schilling, of *Schilling Gold Exchange* and member of the *World Gold Council*, and *American Numismatic Association*, will be available by appointment only to provide information about gold jewelry, gold and silver coins, sterling silverware sets, and diamonds.

### Instant Cash

Don't miss this opportunity to turn your unused, broken, or unwanted gold jewelry, gold coins, silver coins, dental gold, Sterling Silverware sets, and diamonds into cash.

Prices have skyrocketed recently and your items may be worth more than you imagined. Mr. Schilling has been helping Leisure World residents know what their items are worth and get instant cash since 2013.

If you are interested in getting a free evaluation to know what your items are worth, call (949) 239-1521 to reserve your appointment.

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Note: Please call (949) 239-1521 to reserve your time. Appointments are limited. There is no obligation to sell any items. There is no cost for the appointment. Since 2013, Mr. Schilling has been helping Leisure World residents know what their items are worth and providing instant cash.

Turn Your Gold, Silver, & Diamonds Into **INSTANT CASH!**  
**Free Gold Evaluations in the Safety of Your Home**  
**5 DAYS ONLY. STARTS MON., SEPT. 21ST.**

### LEISURE WORLD IN-HOME GOLD SHOW

For Leisure World Residents ONLY  
September 21st through September 26th, 2020

#### Times Are Limited

Only 3 appointments available per day:

- 10 am - 11 am
- 1 pm - 2 pm
- 3 pm - 4 pm

Call Now To Reserve Your Time

**(949) 239-1521**

### 5% SENIOR CITIZEN COUPON

This coupon is good for Senior Citizens age 65 and older, and is good for an extra 5% cash on any sales (except for gold coins and bullion) made to Schilling Gold Exchange at the time of your appointment. Original coupons only. Coupon valid at in-home appointment only. One coupon per person. Present coupon during appointment.



Leisure World In-Home Gold Show  
Sept., 21st through Sept., 26th, 2020  
BY APPOINTMENT ONLY (949) 239-1521

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### GET INSTANT CASH

Leisure World In-Home Gold Show Is Safe, Secure and Convienient!

No need to drive to a location with your items. Mr. Greg Schilling, of *Schilling Gold Exchange* will bring his portable gold test equipment to your home. Mr. Schilling will be following the Covid-19 safety guidelines and equipment is sterilized between appointments. After evaluating your items, if you decide to sell your items Mr. Schilling will pay you cash on the spot. All in-home valuations, are by appointment only and times are limited. To schedule your appointment call now.

**Schilling Gold Exchange**  
**(949) 239-1521**



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First Christian Church

By Bruce Humes  
Pastor

“But know this, that in the last days perilous times will come: For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than God, having a form of godliness but denying its power. And from such people turn away” (2 Timothy 3: 1-5 NKJV).

The apostle Paul wrote these words to Timothy while in a Roman prison awaiting his execution because of his witness and faith in Jesus Christ. The date of the writing was around 65-67 AD. The “last days” spoken of here is of the church age, just before God extracts his church from the earth, an event identified in Latin as the Rapture.

Paul tells us in 1 Corinthians 15:52 that it will happen “in a moment, in the twinkling of an eye.” But, I get sidetracked. I share that with you as a lead in to what the apostle wrote to Timothy, and to us, concerning what those last days will look like.

“Perilous” in the Greek, meaning “difficult, dangerous, furious and fierce” times will come. Not maybe, or possibly, but will come. He goes on to tell Timothy what those days will look like and why. Men will be lovers of themselves (selfish), lovers of money (greedy), boasters, proud, blasphemers (railing against God), disobedient to parents, ungrateful, unholy (profane against God in conversation and their lives), unloving, slanderers, without self-control, brutal, despisers of good (hostile to those who do good), traitors, lovers of pleasure rather than lovers of God (not mindful of God or the things of God), and having a form of godliness, but denying its power (going through the motions and rituals of religion, concerned about outward appearance and the spiritual and his relationship with God).

Pretty strong words for the apostle Paul concerning what those last days will look like, but as I look at the world today, I see each one of those attributes of mankind being manifested. Yes, they have been prevalent throughout the church age, but the idea is that they become more and more prevalent as we near that moment in time when Christ comes for his church.

Peter in his second epistle wrote this in 2:1-2, “But there were also false prophets among the people, even as there will be false teachers among you, who will secretly bring in destructive heresies, even denying the Lord who bought them, and bring on themselves swift destruction. And many will follow their destructive ways, because of whom the way of truth will be blasphemed.” The apostle Peter is speaking of false teachers and their message in the last days, leading people from the truth of God’s word with their deception.

Jesus himself spoke about this period of time in the gospel of Matthew 24:3-8, “Now as he sat on the Mount of Olives, the disciples came to him privately, saying, “Tell us when will these things be? And what will be the sign of your coming, and the end of the age?” And Jesus answered and said to them: Take heed that no one deceives you. For many will come in my name, saying I am the Christ, and will deceive many. And you will hear of wars and rumors of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet. For nation will rise against nation, and kingdom against kingdom. And there will be famines, pestilences, and earthquakes in various places. All of these are beginning of sorrows.”

As I observe what is now taking place worldwide and within the borders of our own country it appears to me that what the apostles Paul, Peter and Jesus warned us about is unfolding before our eyes. Jesus in Matthew 24:36 said, “But of that day and hour (of his return) no one knows, not even the angels of heaven, but the father only.” And again in 24:42, “Watch therefore, for you do not know the hour your Lord is coming.” We are to be watching, with anticipation for his soon return. Be encouraged and comforted by knowing this truth.

If you want to speak to someone at the church or if you have a need, call the First Christian Church office at (562) 431-8810. Leave a recorded message and someone will return your call.

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Beit HaLev

Beit HaLev is conducting services on Zoom. Anyone interested in joining the Beit HaLev Zoom community for services and Hebrew lessons, contact the rabbi at (562) 715-0888 for access and instructions on how to use Zoom.

Beit HaLev is continuing to livestream on Facebook and YouTube as well. To attend, go to Rabbi Galit Shirah’s website at [galityomtov.com](http://galityomtov.com), [Facebook.com/galityomtov](#) or [YouTube.com](#) (Shabbat Shalom LIVE! channel). Evening services begin at 6 and morning services begin at 10:30. A link to the PDF version of each prayerbook and “Lev L’Lev,” is provided at each service.

The Days of Awe begin next week but the special prayer service that precedes Rosh Hashanah is this Saturday — S’lichot (prayers of supplication). Beit HaLev’s schedule for livestream services for S’lichot, Rosh Hashanah and Yom Kippur is:

- **S’lichot:** Saturday, Sept. 12, 6 p.m.
- **Erev Rosh Hashanah 1:** Friday, Sept. 18, 6 p.m.
- **Rosh Hashanah 1:** Saturday, Sept. 19, 10:30 a.m.
- **Erev Rosh Hashanah 2:** Saturday, Sept. 19, 6 p.m.
- **Rosh Hashanah 2:** Sunday, Sept. 20, 10:30 a.m.
- **Kol Nidrei:** Sunday, Sept. 27, 6 p.m.
- **Yom Kippur:** Monday, Sept. 28, 10:30 a.m.
- **Yizkor:** Monday, Sept. 28, 12:30 p.m.
- **Ne’ilah:** Monday, Sept. 28, 6 p.m.
- **Erev Sukkot:** Friday, Oct. 2, 6 p.m.
- **Sukkot:** Saturday, Oct. 3, 10:30 a.m.

As Shabbat is also Rosh Hashanah, the Torah reading for the First Day is from Genesis 21:1-34; for Sunday, the Second Day, Genesis 22:1-24.

Rabbi Galit Shirah conducts a weekday Ma’ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and hear a spiritual message, go to [SimShalom.com](http://SimShalom.com).

Rabbi Galit Shirah’s classes will resume following the High Holy Day season, around November. For information, contact the Rabbi at (562) 715-0888 or [duets@icloud.com](mailto:duets@icloud.com).

Church of Jesus Christ of Latter Day Saints

By Jim Greer  
LW contributor

As older church members, we may feel that we don’t fit into the traditional definition of “family,” as identified in “The Family: A Proclamation to the World.”

The Proclamation emphasizes eternal principles that establish an ideal for us to strive to reach, not a rigid, cookie-cutter mold of the perfect family. This month’s Ensign magazine provides insights to help us understand those eternal principles. As we apply those principles, we are blessed to more clearly see how we, as older adults, fit into God’s plan.

No matter what our earthly family looks like, each of us is “a beloved spirit son or daughter of heavenly parents” who love us. As members of God’s eternal family, our purpose is to “progress toward perfection and ultimately realize our divine destiny as heirs of eternal life.”

Sister Sharon Eubank, of the Relief Society General Presidency, explains, “The reality is that most church members do not live in perfect family situations. I’m not sure anyone lives in that perfect ideal family. So why keep the emphasis? Because family is our destiny, and we are on this earth to learn the skills of strong family relationships, no matter what our situation is. The Lord sees you. If you trust your life to him, his hand will guide you every step of the way until you are happy and at peace with all the desires of your heart.”

While many of us may no longer have, or may never have had what would be considered a “normal family,” there are vital relationships that are sacred stewardships. Brothers, sisters, aunts, uncles, cousins, in-laws, and others can be significantly influential. Fostering these family connections can provide valuable support and establish eternal relationships.

Just think about how Abraham, as an uncle, changed Lot’s life. Or, how Joseph of Egypt saved his brothers and their families. Sisters Mary and Martha blessed each other and their brother, Lazarus. Ruth sustained her mother-in-law Naomi and received the blessing of Naomi’s counsel. As cousins, Elisabeth and Mary supported another during their pregnancies. And, Zoram, who sustained Nephi, though not related by blood, was adopted with his kin as family members. The breadth of the “eternal family” concept envelops everyone as an integral part of God’s nuclear family.

President Henry B. Eyring confided with a member of the Quorum of the Twelve that “because of choices some in our extended family had made, I doubted that we could be together in the world to come.” In response, that living apostle explained, “You are worrying about the wrong problem. You just live worthy of the celestial kingdom, and the family arrangements will be more wonderful than you can imagine.”

Elder Eyring further declared that this concern for our loved ones carries a promise to each of us who have done all we can to qualify for eternal life. And the heavenly father’s plan of happiness makes it possible for “each of us who has done the best we can to be sealed in a family forever.”

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The 25th Sunday in Ordinary Time on Sunday, Sept. 20.

The First Reading is Isaiah 55:6-9 and the Second Reading is Philippians 1:20C-24, 27A. The Gospel reading will be from Matthew 20:1-16A.

Masses

If you would like to receive a copy of the weekly parish bulletin, you can sign up at [www.ebulletin.jspaluch.com](http://www.ebulletin.jspaluch.com) or [www.jspaluch.com/Subscribe](http://www.jspaluch.com/Subscribe).

The church is now open to the public and has returned to its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m. and Sunday Masses are at 8 a.m., 10 a.m. and noon.

Those who attend must wear a mask or face shield and sit socially distanced, and use hand sanitizer upon entry.

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# Arts & Leisure



Duane and Lynn Vienna  
**GOLDEN AGE FOUNDATION**

## Lynn Vienna honored for many years of service to LW community

Lynn Vienna, a longtime member of the Golden Age Foundation Board known for her steadfast commitment to Leisure World, was recently honored with emeritus status and recognition on GAF's perpetual appreciation plaque. She has served as the GAF corresponding secretary since she joined the board in 2008.

Lynn recently submitted her resignation to "kick back" and enjoy life with husband, Duane. In her resignation letter, she stated that it was an honor and privilege to serve on the Golden Age Foundation Board of Directors and that she would be an ardent supporter in the future.

The GAF Board will miss Lynn as she has been "a rock" of stability for more than 12 years.

Lynn, who resides in Mutual 15, has generously given her time to her neighbors and the community at large.

She and her husband moved to Mutual 15 in 2005 after living in Santa Fe Springs for 35 years. Lynn's first husband passed away in 2007. Lynn wanted to get involved and give back to the community, so in 2008, she was recruited by then president and neighbor, Marge Vienna (no relation). Lynn has served under presidents Marge Vienna, Joan Shramek, Joyce Vlaic, Maureen Habel, Anna Derby and Carole Damoci.

The Golden Age Foundation is nonprofit, charitable organization dedicated to serving Seal Beach Leisure World shareholders. Its purpose is to make the community a better place to live. When there is a well-defined need, the Golden Age Foundation will do its best to find a solution.

—Linda Johnson, GAF Board member

## Line Dance Class

A Line Dance class has resumed on Mondays at 2 p.m. at Veterans Plaza near Clubhouse 3. People should wear masks and follow distance protocols.



The Leisure World Korean American Women's Singalong Club held a drive-by, pick-up luncheon for its members in Mutual 2 on Sept. 2. Everyone practiced social distancing for the safety of all.

## TECHNOLOGY CLASSES

### Beginning Zoom is Sept. 29 at 2

Miryam Fernandez's technology classes are taught on Tuesdays at 2 p.m. Topics change each week as follows:

- Tuesday, Sept. 29, at 2 p.m., Zoom for Beginners

- Tuesday, Oct. 13, at 2 p.m., Facebook Basics

For an invitation, email Miryam at [mzzmimm@gmail.com](mailto:mzzmimm@gmail.com).

If you need help setting up your Zoom microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 *before* class begins.

#### Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will *never* contact you by phone, text or email. If there's ever a problem with your account, they will shut you down until you contact them. If you get a call from them, it's a scam.

—Miryam Fernandez

## LWSB Book Club

Twelve members of the LWSB Book Club met via Zoom on Aug. 20 to discuss John Steinbeck's "East of Eden." The story enfolded the lives of two generations of an American family in California's 1930s Salinas Valley. As a study of human nature, members of the Book Club discussed the character portrayals of good vs. evil, along with the observation that individuals, whoever they may be, can exercise power over their own lives if they so choose. The author was credited with having written a powerful story that was enjoyed by all of the readers.

The next Zoom virtual meeting of the LWSB Book Club will be on Thursday, Sept. 17 at 1 p.m. The book chosen for discussion will be "Grayson," by Lynne Cox, an intriguing story about an encounter between a Seal Beach, California, swimmer and a baby whale, separated from his mother.

It is available through local libraries and [Abebooks.com](http://Abebooks.com) for \$ 3.65 with free shipping.

To become a member of the LWSB Book Club and receive a Zoom invitation, send an email message of interest with your name and email address to Thomas Gan, president of LWSB Book Club, at [gltjiook@gmail.com](mailto:gltjiook@gmail.com).

—Gail Morrison

## Global Market Kitchen Delivers

*Free Delivery of Groceries and Meal Kits*

Global Market Kitchen now delivers groceries and prepared meals on Wednesdays at Clubhouse 4 between 2-4 p.m. Order by phone at (562) 661-9776 or online at <https://globalmarketkitchen.com>. The customer service email is [globalmk.usa@gmail.com](mailto:globalmk.usa@gmail.com).

## LW Golf League Scores

### Men's Monday Golf League Results

The Men's Monday Golf League played on Aug. 31 at David L. Baker Golf Course in Fountain Valley. Seven men and two women challenged the par 62, 4000-yard 18-hole executive course. Located adjacent to Mile Square, this course has numerous water hazards and no par 5's. This makes it friendly to all levels of golfers but still presents a challenge.

A cool and humid start to the morning became a lovely day. Not surprisingly, the consistent course condition and the excellent weather yielded six birdies plus all scores were under par.

Masks are required at the Pro Shop, plus while waiting to tee off. The snack bar was open, and there is outdoor seating. No masks are required on the putting greens or driving range nor on the course itself. The golfers are all respectful of each other's personal space and social distancing is observed. Golf carts are single person only unless

you are from the same household.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20; B flight, higher than 20.

#### A Flight Winners:

First Place: Sam Choi, a very nice 7 under 55; second: Bill McKusky, 5 under 57; third: tie between Ron Jackson and Fujio Norihiro, 3 under 59. Sam, Bill, Ron, and Fujio all had a birdie each. Sam and Bill tied for fewest putts.

#### B Flight Winners:

First Place: John Peterson, a spectacular 11 under 51 plus a birdie; second; tie between Bob Munn and John Meyer, 5 under 57; third: Dale Quinn, 3 under 59; fourth, Keiko Sekino 1 under 61. Bob had a birdie and was closest to the pin on the 110-yard par 3 fifteenth hole. John was closest to the pin on the 100-yard par 3 third hole and had fewest putts.

#### Men's Friday Golf League Results

The Men's Friday Golf played at Riverview Golf Course in

Huntington Beach on Sept. 4. Ten men accepted the course challenge on the picturesque par 70, 5800-yard course. The weather was sunny and warmed up nicely. The Santa Ana River runs through the middle of the playing areas, so there is lots of sand but no water in the riverbed yet. A few strategically placed trees and palms require accurate drives. With many elevation changes and gullies, club selection is particularly important. The grounds were in especially good condition so several low scores and five birdies were not unexpected.

Masks are required at the Pro and Coffee Shop, plus while waiting to tee off. No masks are required on the putting greens or driving range nor on the course itself. There are no shoe or golf ball cleaners and the flags cannot be moved. Golf carts are single person only unless you are from the same household. There is outdoor picnic-style seating.

All scores are net (actual score  
**GOLF, page 11**

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Jojo Weingart

Hui O Hula dancers are meeting at LW's Veterans Plaza for Hawaiian dance lessons. Free classes are given every Thursday at 2 p.m. Instructor Jojo Weingart has prepared 'Ike I Ke Kani A'o Nohili' (The Barking Sands of Nohili) for the beginners as well as the old-timers. Nohili is the name of a beach located on the western shore of Kauai. Dancers will learn how to describe the swaying palms and the soft, misty rain in this song. Be sure to wear a mask and stay at least six feet away from other dancers. Those who would rather be in the audience can call Kaye Huff at 431-2242 to arrange a hula performance.

Grab n Go Meals

Sept. 17-23  
Clubhouse 6 Parking Lot



- **Thursday:** Domino's Pizza – Call ahead for special orders; wings and salads offered; 3-7 p.m., cash/cards, (562) 493-2212; Mandi's Candies Ice Cream Truck, 4-7 p.m.
- **Friday:** Katella Deli; extensive menu—deli favorites from appetizers, salads, hot entrees, 3:30-5:30 p.m. Call ahead at (562) 594-8611 or order online [www.katellabakery.com](http://www.katellabakery.com), specials of the day available onsite, cash/cards.
- **Saturday:** Naples Rib Company, barbecue, salads, sandwiches; new hours, 3:30-5 p.m.; order ahead online for faster service, [www.ribcompany.com/LW](http://www.ribcompany.com/LW) or (562) 439-RIBS; cash/cards
- **Sunday:** Berg Catering—Freshly prepared meals with a healthy gourmet touch, 3:30-5:30 p.m., pre-order at (562) 663-2038 or online at [www.bergcatering.com](http://www.bergcatering.com) (LW Menu) or buy onsite, PayPal, checks, cash, cards.
- **Monday:** Kabobaholic Food Truck – Chicken or meat kabobs, Gyros, Falafel, loaded fries, 4-6 p.m., [www.kabobaholicft.com](http://www.kabobaholicft.com) or text (949) 400-4696 for preorders or buy onsite. Mention LWSB, cash/cards.
- **Tuesday:** Taco Tuesday—Mexican favorites plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no pre-orders.
- **Wednesday:** Gourmet Renee—American cuisine, homemade soups and desserts, 4-6 p.m., pre-order by calling (323) 833-1213; cash/cards

...  
All Grab 'n' Go events will take place, rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. **People should keep a six-foot distance and masks are required.** For information, call (562) 431-6586, ext. 398.  
On-call bus service available from 4:30 p.m. when regular service ends. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.  
Watch for LW Live! alerts for daily menus. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>. Vendors are subject to change.

FRIENDS OF THE LIBRARY

Request a bag of books for \$5

The Friends of the Library Bookstore has been closed since mid-March. It has suspended donations as the bookstore is at capacity, and there is no more storage space. Residents are asked to hold onto their donations until the bookstore reopens.  
People can call (714) 350-7682 and request a bag of books. Just give a genre or author, and volunteers will do their best to fill a bag per your request for \$5.

GOLF  
from page 10  
minus handicap).

**A Flight Winners:**  
First Place: Bill McKusky, 5 under 65 plus a birdie and fewest putts; second: Gene Vesely; 2 under 68 plus 3 birdies and closest to the pin on the 100-yard par 3 ninth hole; third: Dave LaCascia, 1 under 69; fourth: Ron Jackson, par 70; fifth: Sam Choi, plus a birdie and closest to the pin on the long, 150-yard par 3 second hole; sixth: Fujio Norihiro.  
**B Flight Winners:**  
First Place: Tom Ross, 1 over 71; second: Bob Munn, 2 over 72 plus a birdie; third: John Meyer; fourth: Marv Ballard. A big welcome back to Marv after being sidelined for many months.  
For more information, Bill McKusky (562) 430-8618 or Dave LaCascia (801) 674-5975

Genealogy Club

The Leisure World Genealogy Club will hold a Zoom conference Sept. 23 at 10 a.m. featuring speaker Lisa Schumacher on the 1890 Census Substitutes. Family history researchers rely heavily on Census records from 1790-1940; however, most of the 1890 census is not available. What happened and what can be done to fill in the 1880-1900 gap? Learn about other resources that can provide information for this time period.  
Lisa Schumacher started working on her family history 30 years ago with an interest in how computers could work with genealogical research.  
She is a professional genealogist and lecturer and was a volunteer, instructor and staff supervisor at the Los Angeles Family History Center.  
Lisa is a member of the Association of Professional Genealogists, Mayflower Society, Daughters of the American Revolution.  
She is currently Librarian of the South Bay Cities Genealogical Society, having held various positions for 20 years, including president and program chairman, organizing society events such as Research Roadshow and Dessert with our Ancestors.  
The society's version of "Who Do You Think You Are?" for the 2012 City of Torrance Centennial Celebration was her most rewarding and memorable accomplishment as a genealogist.  
For information to join this Zoom conference, email the club at [lwgenealogy@gmail.com](mailto:lwgenealogy@gmail.com) or call Mary Romero at (562) 810-4266.  
—Mary Romano



"I'm not the centerfold but I'm on page 8 of the latest issue of AAA Westways magazine," said Joanna Matols of Mutual 2. That's thanks to her 2002 Plymouth Prowler, later the Chrysler Prowler, a retro-styled production car manufactured and marketed from 1997-2002 by DaimlerChrysler. Last April, AAA interviewed her and then, a photographer came to Leisure World and took photos in the Rose Garden beside Clubhouse 4. "It was a fun experience alongside the 45 phone calls from friends who opened their "Westways" magazine to page 8 and saw Joanna behind the wheel. "I keep my 'Kat' smooth running and participate every Wednesday night in the Huntington Beach Surf City Classic cars rally and cruise from Farquhar Park at 12th and Main to the Pier. Life is good," says Matos, who is well known here for her travels far and wide. The September-October issue of Westways magazine also featured a letter by LWer Dwayne B. Smith on the bummer of closed beaches during the COVID-19 pandemic.



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# Community



LW resident Tony Jin accomplished his goal of summiting Mt. Whitney, the highest peak in the lower 48 states, after training for one year.

## The challenges of Mt. Whitney

By Tony Jin  
LW contributor

Mt. Whitney is one of the most popular hiking trails in the United States. Despite its popularity, the trail is extremely tough. Mt. Whitney is the highest peak in the lower 48 states at 14,505 feet. The trail starts at Whitney Portal, 13 miles west of Lone Pine, California. The hike is around 22 miles round-trip with an elevation gain of 6,100 feet.

I decided to split up the hike by backpacking overnight instead of summiting in one day.

I ascended along the trails and passed Lone Pine Lake, Outpost Camp, Mirror Lake and Consultation Lake. I then arrived at the trail camp resting at 12,000 feet at 5:15 p.m. on Aug. 31. The camp is six miles up from Whitney Portal. I camped overnight to acclimate to the elevation and got to enjoy a beautiful night under stars.

I headed for infamous 99 switchbacks the following morning at 7 a.m. It's a steep section to the Trail Crest at 13,600 feet and 8.5 miles above Whitney Portal. The trail is rocky and barren. It's difficult for every hiker.

Unacclimated hikers are prone to acute mountains sickness (AMS), with symptoms such as headache, dizziness, fatigue, nausea and vomiting. It happens when hikers don't take the time to acclimate to the elevation change on the mountain. It was important that my climbing was slow and steady to minimize the chances of AMS.

After a break at the Trail Crest, I ascended along the ridge another 2.5 miles more to reach the summit. The Whitney Hut came into my view, and I reached the top of Mt. Whitney at 12:26 p.m. The hut was built in 1909 for celestial observation purpose by Smithsonian Institute. It's a rewarding sight for many hikers who summit. I signed the trail register, took photos as a precious souvenir and enjoyed the incredible view.

"Going up is option, but coming down is mandatory."  
My training progression over the course of a year to summit Mt. Whitney is as follows:

- Mt. Wilson via Chantry Flat (5,710 feet)
- Cucamonga Peak via Ice House Saddle (8,859 feet)
- Telegraph Peak via Manker Flat & Baldy Notch (8,989 feet)
- Mt. Baden Powell (9,406 feet)
- Mt. Baldy via the Devil's Backbone (10,064 feet)
- Mt. San Jacinto via Marion trail (10,834 feet)
- Grand Canyon Rim to Rim (South Kaibab trail to Bright Angel trail-17 miles)

## Low Cost Vet Clinic is today

LW Community Church is hosting another low cost vet clinic this Thursday from 9–11 a.m. at Community Church, 14000 Church Place. The low cost clinic is to ensure the health and safety of all Leisure World residents' cats and dogs. People must wear masks and stay six feet apart. Contact Elaine Miller for more information at (925) 997-3412.

## SBTV Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule). Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at [SBTV3.org](http://sbtv3.org).

- Thursday, September 17**
- 4 pm Alaska Final Frontier
  - 4:08 pm Archie and Edith Get Rescued
  - 4:18 pm SBACC with Bloopers/Outtakes
  - 4:46 pm Expo 2018
  - 5:30 pm Suede Soul Dancers
  - 6:05 pm Tommy Williams
  - 6:32 pm LW Entertainment
  - 7 pm Back to Bourbon Steet
  - 7:40 pm Betty Price Chimes Soloist
  - 8:30 pm Cerritos Center- Matt Mauser
- 10:30 pm Bob Cole Conservancy

- Friday, September 18**
- 4 pm Queen Kong 2009
  - 4:32 pm Anna Derby 71st Birthday
  - 5:32 pm History of Las Vegas Part 1
  - 6:40 pm History of Las Vegas Part 2
  - 8 pm Seal Beach City Limits: Seal Beach Police Department
  - 9 pm Cerritos Center- Golden Dragon Acrobats
- 10:30 pm Cerritos Center- The Four Tenors

- Saturday, September 19**
- 4 pm Vinyl Rock Valentine Concert
  - 6:15 pm LW Hula Dance Club
  - 6:30 pm Harmonn Islanders
  - 7 pm Beginning of Leisure World
  - 7:15 pm Back to Bourbon Street
  - 8 pm LAUSD
  - 11 pm Cerritos Center- Matt Mauser

- Sunday, September 20**
- 4 pm SB City Council Meeting Replay 9/14
- 5:30 pm Betty Price Chimes Soloist

- 6:30 pm Aquarium of the Pacific
- 7 pm Spirit of Seal Beach
- 7:30 pm History of Seal Beach
- 8 pm Alaska Final Frontier
- 8:08 pm Anna Derby's 71st Bithday
- 9 pm Betty Price Chimes Soloist
- 10 pm Abilene Ampitheater
- 11:35 pm Bob Cole Conservancy
- Monday, September 21**
- 4 pm LW Entertainment
  - 4:30 pm LW Expo
  - 5:15 pm Archie and Edith get rescued
  - 5:30 pm Tommy Williams Sept. 2020
  - 6 pm History of Seal Beach
  - 6:30 pm Spirit of Seal Beach
  - 7 pm SB City Council Meeting- LIVE

- 8:30 pm Suede Soul Dancers
- 9:05 pm Vinyl Rock Valentine Concert
- 11:20 pm Bob Cole Conservancy

- Tuesday, September 22**
- 4 pm Queen Kong-LW
  - 4:32 pm Community Focus
  - 5:30 pm Suede Soul Dancers
  - 6:05 pm Rolling Thunder
  - 7:15 pm Archie and Edith Get Rescued
  - 7:30 pm Alaska Final Frontier
  - 7:40 pm Betty Price Chimes Soloist
  - 8:30 pm Cerritos Center: Matt Mauser

- 10:30 pm Bob Cole Conservancy
- Wednesday, September 23**
- 4 pm SBACC with bloopers/outtakes
  - 4:30 pm Anna Derby's 71st Birthday
  - 5:30 pm History of Las Vegas Part 1
  - 6:30 pm History of Las Vegas Part 2
  - 8 pm Seal Beach City Limits: Seal Beach Police department
  - 9 pm Cerritos Center: Golden Dragon Acrobatics
- 10:30 pm Cerritos Center- The Four Tenors
- 11:30 pm Bob Cole Conservancy

\*All programming is subject to change.

## SUNSHINE CLUB

### Kellie Morris will speak on finances and fraud at the next club meeting

Kellie Morris will present a speech titled "Getting Your Finances In Order" to the Sunshine Club over Zoom on Friday, Sept. 18, at 10 a.m.

The presentation is focused on understanding the benefits of financial wellness and how having one's financial assets in order can protect them from fraud. The group will discuss what should be done to protect one's assets and the risk of not securing those assets. Morris' speech will also include a discussion on elder financial abuse.

Getting finances in order is good for anyone who has financial assets and would like to learn how to plan ahead and protect those assets from financial fraud.

Morris is the current director of the Council on Aging, Southern California's senior protection program, and the Financial Abuse Specialist Team (FAST). She provides education and outreach and limited public consultations regarding elder abuse and co-chairs monthly FAST meetings.

Additionally, Kelli serves as a Social Security Disability Appeals Attorney and represents individuals throughout California and neighboring states.

Kelli has a BA in biological sciences with an emphasis on genetics and a minor in psychology from USC, and a Juris Doctorate and Masters of Small Business Law from Concord Law School.

Those who would like to get the Zoom link by email can text their email addresses to (562) 301-5339.

The Sunshine Club is designed to help all people get along in the community and get the best out of living in Leisure World by learning how to use available information.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members. The club always welcomes new people.

For more information, contact Anna Derby at (562) 301-5339.



Kellie Morris

## SENIOR PATRIOTS FOR PEACE

### Ballot Propositions explained

Leisure World residents are invited to the next Senior Patriots for Peace Zoom meeting on Tuesday, Sept. 22, at 2 p.m. Christi Mathews from the League of Women Voters will explain all the propositions on the Nov. 3 ballot from a completely non-partisan viewpoint and will discuss the pros and cons of each issue, which will take about an hour. The discussion will then be opened up for questions from the audience.

Senior Patriots for Peace have compiled a list of helpful websites for various voting issues. Voters can sign up on line by going to <https://orangecounty.ballottrax.net/voter/> or by calling (714) 567-7600. This will track a voter's ballot as to when mailed, received and counted. [CourageCalifornia.org](http://CourageCalifornia.org) has voter information on the candidates and the propositions.

For those who haven't used Zoom before, here are some basic instructions:

Begin by searching for [www.Zoom.com](http://www.Zoom.com) on the computer. At the top of the next page, click "Join a Meeting" and enter. On the following page, enter the Zoom ID number 818 9984 1005 and click "Join." When prompted, enter the password 002223 and click join again. For those using the telephone, dial (669) 900-6833. When asked, enter ID number 81899841005. Then when asked, enter the password 002223. This option will be audio only.

## Republican Club

By Brian Harmon  
LW contributor

LWers joined other law enforcement supporters gathered at the base of the Seal Beach pier on Sept. 6. The rallies are held every Saturday at noon at the pier and everyone who supports the police is invited to participate.

Many carried signs saying "Support Our Police," American flags and signs supporting Republican candidates, especially Board of Supervisors Chairwoman and Congressional candidate Michelle Steel.

LW resident Donald Horning carried a sign that said, "We increased our sales tax to hire more Seal Beach Police."

REPUBLICAN CLUB, page 13



## DEMOCRATIC CLUB

## Rouda answers Mayor Hardy's questions

By Mary Larson  
LW contributor



Congressman Harley Rouda

The Democratic Club has heard from Congressman Harley Rouda's campaign team over Zoom last week to hear more about what he has done for Seal Beach in the 48th Congressional District. He has been involved in helping over 20,983 businesses in the district access Paycheck Protection Program (PPP) loans – saving 206,323 jobs. He has also consistently called out evidence of racism wherever it has occurred and has continued to condemn hate speech.

Some democratic Club members Congressman Rouda's recent talk with Jill Hardy, the mayor pro tem of Huntington Beach interesting. During the interview, Rouda spoke about many bipartisan topics that were important to him.

Rouda stressed the importance of being able to work across the aisle in order to actually move legislation into law. He told Mayor Hardy that one of the bills he is most proud of is one addressing the opioid crisis that he worked on with White House Chief of Staff Mark Meadows.

In addressing the current COVID-19 crisis, he spoke of working with the Democratic Party to pass four major bills into law. He also said he was proud of the fact that he helped bring considerable funds to the county to address tracing, tracking and testing.

He also spoke about co-sponsoring a bipartisan bill that would repeal the new law putting a cap on state and local tax deductions in our tax returns. He said he also has legislation to address the federal deficit.

During the session with the mayor, Rouda made it clear that he did not want to defund the police. He said the Heroes Act, already passed in the House, would provide a substantial amount of money to Orange County for law enforcement and first responders. He stressed that what we've got to recognize is that we have real issues in our country around systemic racism and it's not just in law enforcement.

....

Window signs supporting the following candidates are available by calling (562) 596-0450 or (562) 296-8521:

- Joe Biden/Kamala Harris, candidates for president and vice-president
- 48th District Congressman Harley Rouda, candidate for reelection to the House of Representatives;
- Garden Grove Councilwoman Diedre Nguyen, candidate for CA Assembly District 72;
- Paurvi Trivedi, candidate for Los Alamitos Unified School District Board Area 2.

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Readers are reminded that the Democratic Club will not staff a voter registration booth outside Clubhouse 6 for the foreseeable future because of the risk of spreading the COVID-19 virus. Residents are encouraged to register online at [OCvote.com](https://ocvote.com). Volunteers stand ready to assist anyone having problems registering for the first time, changing their address or registering to a different party. Call (562) 412-0898, (562) 596-0450, or (562) 296-8521 or email [lwsbdemocraticclub@gmail.com](mailto:lwsbdemocraticclub@gmail.com).

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If you are a registered Democrat or a supporter and want to know more about the club's efforts between now and Nov. 3, you can subscribe to our electronic newsletter at no cost by emailing me at [mlarson.telfords@gmail.com](mailto:mlarson.telfords@gmail.com) or by calling (562) 296-8521 with your contact information.

## Obituaries

....

Mary Bennett 86  
Randy McDonald 68  
William Henning 90  
Toni Lobosco 77  
Donald Murphy 58  
Robert Johnson 75  
Rachel Crawford 97  
Jacqueline Zbur 58  
Aaron Harris 35  
Domitila Mercado Aceves 52  
Robert Malicki 84  
Andrew Osman 59  
Eliut Miranda 59  
Families assisted by  
McKenzie Mortuary,  
961-9301  
—paid obituary

Email  
Obituary  
Notices  
to  
**laurieb**  
**@lwsb.com**  
with photos  
attached as  
jpg files.



The officers of KACMA Club held a Zoom meeting on Sept. 12. The officers hope club members stay safe during the COVID-19 period. It may still take several more months before the group can meet face to face at club meetings, so until then, the group is following safety and health rules, eating and sleeping well, and exercising.



Seven members of the Philippines tour group met on Sept. 2 in the Clubhouse 6 parking lot to receive a DVD and USB from Edward Hickman of his photos and movie he made of the trip from the February Philippines tour. Pictured is Elizabeth Kennedy (l) holding a souvenir Philippine flag with President Ed Hickman, wearing his Philippines islands tee shirt, Joanna Matos with Traveling Tigers tour sign, Nancy Floyd, Debra Fudge wearing a Philippine dress, John Guidi sporting his tee shirt from the island Boracay and Johanna Brilman.

## REPUBLICAN CLUB

From page 12

He said he was a member of the committee that suggested that Seal Beach raise the sales tax so that they could hire more police officers.

Seal Beach proposition BB was passed by voters in 2018. Signs throughout the city at that time said that the money would be used for public safety such as police or fire protection.

City Councilman Thomas Moore tried to get the City Council to take the money not needed for public safety and put it in the reserve account, for when it may be needed at some later time. He was unsuccessful in getting his motion passed by the City Council.

Moore said, "I certainly support what these people are doing here. I think the police throughout the country, and especially in Seal Beach, are doing a great job, with a very few exceptions. Those officers who break the law should be fired and or sent to prison, but that is no excuse for defunding the police."

LW Republican Club president David Harlow said, "Any-

thing we can do to support our police officers is terrific. They put their lives on the line to keep us safe."

Bibi Mesmer, who spearheaded the event said, "It is so great to see all these wonderful people come out to support our police officers. They certainly deserve it."

Cars driving by honked in support. When a police car would come by, the crowd responded with loud "hoorays," as well as a lot of hooting and hollering.

Seal Beach resident Pete Amunson, who does social media publicity for the weekly rallies, voiced his support. "I think an overwhelming majority of Seal Beach residents, as well as other Americans, support the police. The job that they do for us is truly phenomenal," he said.

....

The Republican Club booth will continue to be open every Monday, Wednesday, and Friday from 11 a.m.–2 p.m. Flags, political campaign buttons, patriotic scarves, U.S. flag lapel pins, hats and other collectible items are available to purchase every Monday.

The booth is located in the

parking lot in front of Clubhouse 6, to the left of the GRF administration building.

Window signs and free face masks provided by OC Board of Supervisors Chairwoman and Congressional candidate Michelle Steel, and signs supporting Thomas Moore for City Council are available in 11x17 inches size as well as 2x4 inches.

A beautiful, large framed picture of the jailhouse in Bodie, California, is the first prize in the LW Republican Club's first raffle on record. Raffle tickets sell for \$3 each or 5 for \$10.

Bodie is one of the few remaining "Ghost Towns" in California. The picture was donated to the club by club member Jim Yoshioka. He said the jailhouse represents "Law and Order," a major theme in the Republican party's platform this year.

Jim is also donating proceeds from his autobiography to the club. The book is titled "I am the Clay, He is the Potter, Autobiography of Jim Masao, First Born in the Japanese Internment Camp."

**The LW Weekly**  
**430-0534**

## For Your Information:

When there is doubt about LW policy or rules and regulations, residents should refer to their Occupancy Agreement, or direct questions to their mutual directors or GRF Representatives





The Joyful Line Dance Club practice at Veterans Plaza.

Joyful Line Dance Club

The GRF Board approved the reopening of the Veterans Plaza and Mission Park on Sept. 4 under Emergency Operational Procedures in keeping with government-mandated pandemic restrictions.

On Sept. 9, the Joyful Line Dance Club had its first class since June, when the plaza was briefly opened before a second wave of COVID-19 closed the venue.

Last week's class was a pleasant reunion of members. Teacher Jojo Weingart led the class, and

everyone who showed up with face coverings and maintained social distancing. People had a wonderful time dancing to the music and feeling fresh air at the outdoor facility.

The Joyful Line Dance Club

class will open its weekly dance classes at Veterans Plaza. The class meets Wednesdays from 2-3:30 p.m. (except the fourth Wednesday, 3-4:30 p.m.)

For more information, call Anna Derby at (562) 301-5339.

Tech Talk by Bob Cohen

Join Bob Cohen in a one-hour Zoom class on a technology topic Friday at 10 a.m. On Sept. 18, the topic is Web Browser Basics, Safari, Chrome, Microsoft Edge; Sept. 25, How To Organize Photos in the iPhone Photos App. Registration information is sent out Wednesday for the following Friday. Contact [bob@bobology.com](mailto:bob@bobology.com) to be added to the list.

**PREP from page 1**

Don't forget to consider the unique needs each person or pet may have in case you have to evacuate quickly.

Update your kits and supplies based on recommendations by the Centers for Disease Control.

- **Week 3: Prepare for Disasters**  
Limit the impacts that disasters have on you and your family. Know the risk of disasters in your area and check your insurance coverage.
- **Week 4: Talk to Your Family**  
Talk to your family about preparing for emergencies and what to do in case you are separated. Reassure them by providing information about how they can get involved.

The Leisure World Community Emergency Response Team (CERT) and the Emergency Information Council have been working and planning since January for this year's emergency preparedness fair. Unfortunately, it has been cancelled due to the ongoing COVID-19 pandemic.

For the past several years, the fair was held in Clubhouse 6. The fair featured an array of survival products and services from area vendors, service clubs and county agencies.

This year's fair is canceled by people are urged to prepare and build their own personal 3-7 day earthquake survival kit.

Below please find a couple of vendors you can view and order emergency preparedness products online or by phone.

- **Ready America**  
Website: [readyamerica.com](http://readyamerica.com),  
Email: [cynthia@readyamerica.com](mailto:cynthia@readyamerica.com)  
Ph: 760/644-5856
- **More Prepared**  
Website: [moreprepared.com](http://moreprepared.com)  
Ph: 888/733-7245

Note: GRF does not endorse any of these vendors or their product.

For more information, contact Eloy Gomez, GRF safety and emergency coordinator, at (562) 431-6586, ext. 356.

**SCRABBLE G.R.A.M.S. SOLUTION**

T <sub>1</sub>	E <sub>1</sub>	X <sub>8</sub>	T <sub>1</sub>	I <sub>1</sub>	L <sub>1</sub>	E <sub>1</sub>	RACK 1 =	64
G <sub>2</sub>	R <sub>1</sub>	U <sub>1</sub>	N <sub>1</sub>	I <sub>1</sub>	O <sub>1</sub>	N <sub>1</sub>	RACK 2 =	58
V <sub>4</sub>	E <sub>1</sub>	R <sub>1</sub>	M <sub>3</sub>	U <sub>1</sub>	T <sub>1</sub>	H <sub>4</sub>	RACK 3 =	69
L <sub>1</sub>	O <sub>1</sub>	W <sub>4</sub>	B <sub>3</sub>	O <sub>1</sub>	R <sub>1</sub>	N <sub>1</sub>	RACK 4 =	62
V <sub>4</sub>	E <sub>1</sub>	N <sub>1</sub>	I <sub>1</sub>	S <sub>1</sub>	O <sub>1</sub>	N <sub>1</sub>	RACK 5 =	80
PAR SCORE 265-275							TOTAL	333

**Crossword Answers**

LAUD	AHAB	BABA	ABEL
ALTE	INONE	RNAS	AMARA
LEAVING	GLASVEGAS	PATTI	
ACHINGLY	TEARS	SILTED	
ATEE	RISKY	STEEL	
BITTER	COATI	BLACKEYE	
OTHER	MOULIN	ROUGE	OER
MOE	SOAVE	AONE	OFNO
BOSS	THESHINING	BUTTS	
SKELETON	ALES	PATHE	
VIXEN	CLIVE	CARRE	
SEDER	ALAE	SATIABLE	
ANNES	PIPEDREAMS	NUIT	
RAYS	SEAR	DRAYS	LMN
ARE	THEMILKYWAY	LOGIA	
GLADIOLA	OLEIN	CADETS	
RAMEE	OCEAN	POKY	
PAINED	FAKIR	COLESLAW	
ASTIR	WERENOT	DRESSING	
RICES	ITER	NILEU	EMIT
DAHL	ZEDS	ENIDS	YENS

9/20/2020

**Sudoku 1 Answers**

1	3	5	6	7	4	2	9	8
9	7	8	2	1	3	6	4	5
2	4	6	8	5	9	7	1	3
3	6	4	1	2	8	5	7	9
5	9	2	7	3	6	4	8	1
7	8	1	9	4	5	3	6	2
4	2	9	3	8	7	1	5	6
6	1	7	5	9	2	8	3	4
8	5	3	4	6	1	9	2	7

**Jumble Answers**

KHAKI    ROUND    PEBBLE    BRUNCH

When the all-star pitcher was presented with a new contract, he — BALKED

**Puzzle Answers** Puzzle page 18-19

**Sudoku 2 Answers**

8	3	6	5	4	7	2	9	1
2	4	7	8	9	1	6	5	3
5	9	1	3	6	2	4	8	7
1	8	2	7	5	9	3	6	4
7	6	3	4	2	8	9	1	5
9	5	4	6	1	3	7	2	8
6	1	5	2	3	4	8	7	9
4	2	8	9	7	5	1	3	6
3	7	9	1	8	6	5	4	2

**Guess Who?**  
Nick Jonas

**Crypto Fun Answers**  
A. cluck B. seeds C. coop D. eggs

**Boggle BrainBusters Answers**  
EMU OWL DUCK CROW LOON ROOK HAWK LARK CRANE ROBIN

**Word-Find Answers**



# Health & Fitness

## OPTUM

### How Wildfires Affect Your Breathing

By Carson Blomquist  
LW contributor

The massive fires across the west have devastated communities and upended lives. While we aren't close to any of the current fires, the signs are everywhere: the bright orange skies, the ash raining down. It can be a frightening time.

But the effects of the fires can also be physical. Ash and smoke can affect your breathing. And if you have a chronic condition, like asthma or COPD, smoke and ash could make your conditions worse.

So what can you do to stay healthy?

1. **Stay informed.** Check the weather report each day. The air quality reports will tell you how safe it is outside.
2. **Stay safe.** If you need to go outside, protect yourself. If you have an inhaler, bring it with you. Limit your time outside as much as you can.
3. **Stay indoors.** Keep doors and windows closed. If you have air filters, use them when you're home. It's okay to use an air conditioner, but keep the fresh-air intake closed. If you don't have an air conditioner and it's a hot day, stay hydrated and run fans to help cool you down. If there is a cooling center available, head over there – just be sure to bring your face mask!

If you have difficulty breathing, you may want to call your primary care doctor. He or she can suggest treatments or other ways to stay safe.

## LIONS CLUB

### Free reading glasses available

The Lions Club of Seal Beach has been distributing free reading glasses in Leisure World. Over 200 pairs of glasses have been handed out to 50 plus residents so far. Readers available with various strengths and an eye chart available in the Leisure World Health Care Center.

The Lions Club also has a collections box in the Health Care Center for any old/used prescription glasses that are no longer needed. The Lions Club recycles these and they are given to folks in need at the Vision Screenings in Southern California and Mexico.

Deliveries are available by emailing Frank Brown, [cbedmotown@yahoo.com](mailto:cbedmotown@yahoo.com) or Steve Hollen, [commodoresteve@gmail.com](mailto:commodoresteve@gmail.com).

## OC GREAT PLATES

### Order Kosher Meals on Wheels

Pirchei Kosher is serving through Orange County's Great Plates program kosher meal delivery for those who qualify. This is a meal delivery service providing three meals a day for the duration of the program. To enroll, call Pirchei at (949) 215-9995.

Other programs may be available for those who may not be able to qualify for this program. Contact us for more information or visit [www.yppshul.com/kosher](http://www.yppshul.com/kosher).

Those who are over 65 may qualify for the kosher meal service. This is a limited time program and to enroll you must contact us as soon as possible. Those who are 60-64 and have exposure to COVID-19 may qualify under other categories.

This program is funded in part through a grant from the California Office of Emergency Services, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging.

Main Gate  
594-4754

### Meals on Wheels, Long Beach

*Meals on Wheels of Long Beach, Inc. (MOWLB), delivers freshly cooked meals daily, Monday – Friday, between 10:30 a.m.–12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and 8oz. carton of one percent milk. The cold lunch may be an entree salad or a sandwich with a small side salad. A diabetic dessert is available for those in need. Contact Caron Adler at (562) 439-5000, ext. 2 or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application. To cancel a meal for the following day, you must contact Caron before 9 a.m. the prior business day. Menu is subject to change without notice.*

**Thursday, Sept. 17:** Baked ziti with turkey, whole grain roll, seasoned cauliflower, cheesecake, roast beef and cheese sandwich with lettuce, tomato and pickle, Asian coleslaw.

**Friday, Sept. 18:** Rosemary chicken breast with creamy garlic sauce, wild rice, seasoned carrots, fruit cocktail cup, entree Greek chicken salad, tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

**Monday, Sept. 21:** Homemade meatloaf with mushroom gravy, garlic and chive mashed potatoes, Brussels sprouts, oatmeal cookies, tuna salad sandwich with spinach and tomato, homemade macaroni salad.

**Tuesday, Sept. 22:** BBQ chicken leg and thigh, oven browned potatoes, mixed vegetables, fresh pear, veggie pasta salad with cucumbers, cherry tomatoes, black olives, red onions, dressing and crackers.

**Wednesday, Sept. 23:** Oven roasted pork loin with honey and garlic sauce, barley pilaf, peas and onions, cake, turkey and cheese sandwich with lettuce, tomato and pickle, marinated confetti salad.

### Hearts and Hands United in Giving

Hearts and Hands United in Giving (HHUG) is a small, local non-profit dedicated to helping the homeless in the community.

HHUG accepts donations of clean used towels, new, unopened travel size shampoo, soap or lotion. New socks are the only clothing donation that HHUG accepts.

Those who wish to donate can contact Linda Neer at (562) 430-3214 for pick up. Donations can also be left on her patio at Mutual 2-48A. To learn more about HHUG, visit [www.hhug.org](http://www.hhug.org).

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Puzzles & Comics

Answers on page 14

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

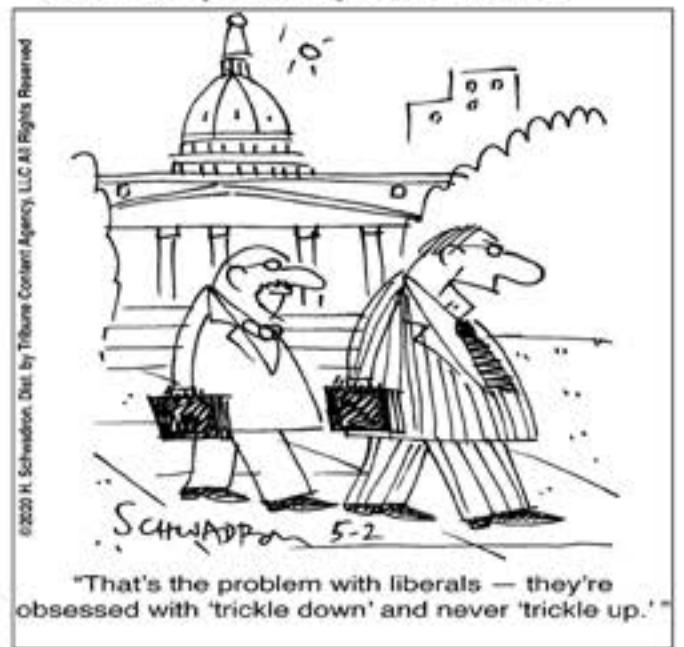
By Raph Dunagin & Dana Summers



Sudoku 1

			6				9	
		8		1			4	
2		6		5	9			
3							5	
	9		7	3	6		8	
		1						2
			3	8				6
	1			9		8		
5					1			

9 To 5 By Harley Schwadron

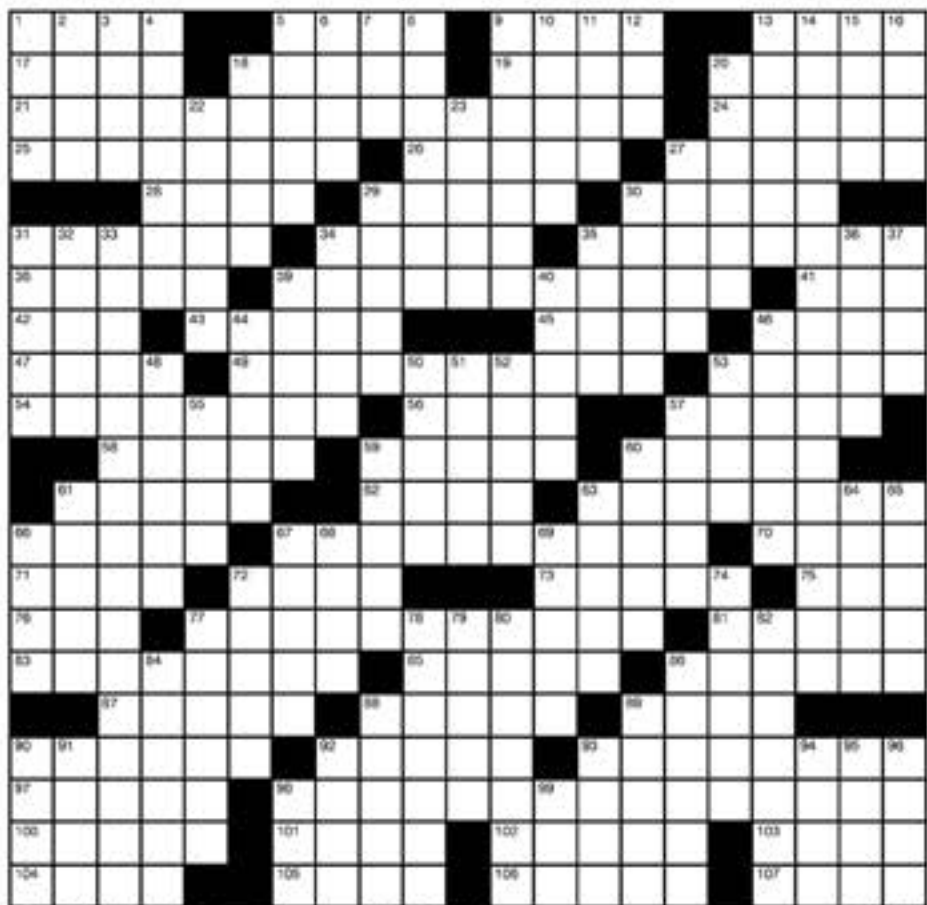


Selected Films

Edited by Linda and Charles Preston

ACROSS

- 1 Extol
- 5 Role for Peck
- 9 Rich rum cake
- 13 First shepherd
- 17 "Der \_\_\_\_": Adenauer
- 18 Hole \_\_\_\_: golfer's dream
- 19 Clues for modern sleuths
- 20 Soprano Lucine
- 21 Croupier's film?
- 24 Actress LuPone
- 25 In a heart-rending way
- 26 Niobe's flood
- 27 Filled with fine sediment
- 28 To \_\_\_\_ exactly
- 29 Hazardous
- 30 Pittsburgh product
- 31 Kind of pill
- 34 Raccoon's cousin
- 35 Bad reputation
- 38 Different
- 39 Cosmetician's film?
- 41 "\_\_\_\_ the ramparts ..."
- 42 Howard's "Three Stooges" role
- 43 Italian white wine
- 46 Ne plus ultra
- 46 \_\_\_\_ consequence
- 47 Springsteen, with "The \_\_\_\_"
- 49 Shoe painter's film?
- 53 Ashtray contents
- 54 Kind of key
- 56 Malt and hops drink: pl.
- 57 Newsreel pioneer Charles
- 58 Virago
- 59 Actor \_\_\_\_ Owen
- 60 Author le \_\_\_\_: Smiley's creator
- 61 Passover meal
- 62 Wings: L.
- 63 Capable of being satisfied
- 66 Queen \_\_\_\_ lace
- 67 Plumber's film?
- 70 Night, in Nancy
- 71 Sunbeams
- 72 Scorch
- 73 Low, sideless carts
- 75 Alphanumeric sequence
- 76 Exist: pl.
- 77 Dairy farmer's film?
- 81 Unrecorded sayings of Jesus
- 83 Iris's cousin
- 85 Olive oil, e.g.
- 86 West Point students
- 87 Ouida's real name
- 88 Fishy milieu
- 89 Like a small, cramped room
- 90 Anguished
- 92 Muslim or Hindu mendicant
- 93 Type of salad
- 97 Up and about
- 98 Fashion model's film?
- 100 Prepares, as potatoes
- 101 Hur's highway



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9/20/20

- 102 Egyptian tech. college
- 103 Let out
- 104 Arlene or Roald
- 105 British 26th ltr.: pl.
- 106 Bagnold, and kin
- 107 Cravings

DOWN

- 1 "\_\_\_\_ Land": Hollywood
- 2 Guinness or Baldwin
- 3 Mormon state
- 4 Turn aside
- 5 Viewpoint
- 6 \_\_\_\_ mackerel!
- 7 Santa \_\_\_\_: Southern CA wind
- 8 Like an animal in the wild
- 9 Enter illegally
- 10 In high dudgeon
- 11 Sheepish comments?
- 12 Balaam's rebuker
- 13 Grandson of Esau
- 14 Fitness guru's film?
- 15 Art Deco designer
- 16 Placed
- 18 Swedish actress Stevens
- 20 Per person

- 22 Entombs
- 23 "\_\_\_\_ la giubba": Leoncavallo
- 27 Produce: inf.
- 29 Rakes
- 30 Tossed over one's shoulder
- 31 Broadway duds
- 32 "\_\_\_\_ a trip on a train ..."
- 33 Dermatologist's film?
- 34 Cluster of witches
- 35 Blessing
- 36 Fiddler matchmaker
- 37 Grecian love god
- 39 Minorca seaport
- 40 Employee's request
- 44 "Wind in the Willows" animal
- 46 Overtook in a race
- 48 Playground equipment: pl.
- 50 Handel's hometown
- 51 Homeric work
- 52 When pigs fly
- 53 Adriatic seaport
- 55 Previous plural?
- 57 Fall guy
- 59 Isle of song
- 60 Dove's rival
- 61 Unfriendly greeting
- 63 Popular wrap

- 64 All one can stand, with "the"
- 65 Old lab burners
- 66 First of a Kipling trio
- 67 "The Old Wives' Tale": dramatist
- 68 "\_\_\_\_ Camera"
- 69 Newsman Newman
- 72 Did a blacksmith's job: var.
- 74 Quenches, as thirst
- 77 Stopwatches
- 78 Gym compartments
- 79 Fashion's Anne or Calvin
- 80 From the \_\_\_\_: a long time
- 82 See 51 Down
- 84 Webster or Boone
- 86 Mint-related herb genus
- 88 Rowed at Henley
- 89 Lingered over a book
- 90 Buddy, briefly
- 91 One of seven
- 92 Outdoor celebration
- 93 Half of CMII
- 94 Green fruit
- 95 Have \_\_\_\_ with
- 96 Lbs., tons, etc.
- 98 Ross/Jackson film, "The \_\_\_\_"
- 99 Brit can?

The Observer Crossword Puzzle

SCRABBLE GRAMS

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Scrabble game board layout with racks 1-5 and word score calculation area.

JUMBLE THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

Jumble game instructions and a cartoon illustration of a man and a woman playing the game.



Guess Who?

I am a singer born in Texas on September 16, 1992. I was discovered by a manager and began performing on Broadway as a child. Together with my brothers, I am part of a successful pop group.

Sudoku #2

		7		9		6		
5						4	8	
		2	7	5				
	6			2	8			
					3	7		
				3	4			9
4	2				5			
	7	9	1			5		

Level: Intermediate

CRYPTO FUN

Determine the code to reveal the answer!

- Solve the code to discover words related to chickens. Each number corresponds to a letter. (Hint: 5 = E)
- A. 17 7 2 17 13  
Clue: Bird noise
- B. 19 5 5 9 19  
Clue: Small parts of a plant or flower
- C. 17 10 10 4  
Clue: Shelter for poultry
- D. 5 1 1 19  
Clue: Breakfast food

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek

O	O	U	C	T
L	D	N	E	K
H	A	B	I	Y
R	O	W	E	M
C	K	O	L	U

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST 10 BIRDS in the grid of letters.

Puzzles & Comics

Answers on page 14

CHICKEN BREED WORD SEARCH

C	H	A	N	T	E	C	L	E	R	L	H	H	C	C	W	S	O	V	I
K	O	W	O	K	C	H	B	E	C	D	L	Q	N	L	H	V	J	V	L
Q	G	R	G	N	I	K	R	O	D	N	R	O	H	G	E	L	N	F	Q
S	D	O	N	J	T	E	V	E	O	K	H	W	J	D	L	S	T	R	L
O	Y	W	I	I	Y	N	A	I	S	U	L	A	D	N	A	J	O	E	F
F	U	H	H	K	S	B	I	T	N	A	I	G	Y	E	S	R	E	J	T
M	M	V	Q	R	L	H	M	Y	Q	T	A	Q	F	G	D	M	W	G	P
M	T	L	N	K	E	D	E	L	A	W	A	R	E	O	V	H	O	F	Y
W	S	Q	W	R	S	D	B	N	G	P	I	Q	M	V	U	V	A	M	L
V	F	A	V	E	R	O	L	L	E	S	A	I	W	B	J	Y	L	A	T
B	E	M	W	F	H	L	I	E	E	B	N	N	L	I	O	R	K	R	T
S	B	B	F	L	K	J	P	C	V	I	O	I	A	U	Q	E	H	A	J
V	A	Y	A	L	A	B	U	C	Q	E	H	H	M	L	N	Y	O	N	V
B	I	W	E	N	C	I	F	U	G	S	N	I	R	V	A	I	L	S	F
J	F	E	A	W	T	T	E	C	Y	R	E	R	E	H	Q	T	L	O	A
M	S	V	S	B	R	A	H	M	A	C	U	L	A	G	J	D	A	Y	N
A	A	N	A	C	U	A	R	E	M	A	D	B	L	B	P	A	N	C	C
J	Q	W	L	C	A	M	P	I	N	E	D	D	M	U	J	U	D	I	O
C	O	C	H	I	N	N	S	A	R	W	U	K	D	A	I	A	I	J	N
V	K	G	Q	B	T	M	V	A	D	M	F	R	C	C	H	V	H	W	A

Find the words hidden vertically, horizontally, diagonally, and backwards.

Classifieds

GENERAL

AVON  
Lenora Browning, LW Resident.  
Phone 562-493-5457. Seal Beach  
Business License #BRN000. 12/11/20

JAFRA

By Helen  
LW Resident. (562) 419-3557  
www.jafra.com/hwells  
Cosmetics, fragrances,  
Hand sanitizers available.  
Business License #WEL0015. 09/17

UCLA Research Study

Do you have grandkids and  
are 60 or older?  
Earn up to \$20 by participating  
in a UCLA Research Study about  
your health. 323-252-5409. 09/17

PERSONALS

Gentleman seeks health "Buddy" to  
plan, and encourage each other in  
the areas of health, food, exercise  
and medical. Plan, execute and  
congratulate. 09/24  
retiredinsb@yahoo.com

GARDENING

FRANK'S GARDENING  
SERVICE

Complete maintenance and  
landscape. Serving Leisure World  
since 1978. Planting, clean-  
ups, fertilization. New lawns,  
etc. Offering my services to all  
Mutual's. Honest and reliable. State  
Contractor's License #779462. Call  
562-863-7739, 562-743-3832 or  
714-527-1172.

HANDYMAN  
SERVICES

Additions & Remodeling, Kitchen  
& Bath Remodeling, Windows, Tile  
& Stonework. State Contractor's  
License #393071.  
OGAN CONSTRUCTION, INC.  
(562) 596-7757. 03/12/22

WORDS

AMERAUCANA  
ANCONA  
ANDALUSIAN  
ASEEL  
BARNEVELDER  
BRAHMA  
CAMPINE  
CATALANA  
CHANTECLER  
COCHIN  
CORNISH  
CUBALAYA  
DELAWARE  
DOMINIQUE  
DORKING  
FAVEROLLES  
FAYOUMI  
HAMBURG  
HOLLAND  
JAVA  
JERSEY GIANT  
LAKENVELDER  
LEGHORN  
MARANS



# Classifieds

**HANDYMAN SERVICES**

**562-596-0559**  
LW DECOR INC.  
Remodeling/Renovations  
New triple pane windows,  
laminate flooring, carpet patio  
tile/carpet. Painting ceilings  
made smooth, ceiling lights.  
Exterior windows,  
refaced kitchen cabinets,  
refaced granite quartz countertops.  
Lic. #723262. LW DECOR INC.  
**562-596-0559.** 09/24

JRHOMERPAIRS. Quality work.  
Perfectionist, honest & reliable.  
Call JR 562-519-2764. SB Business  
License #JRH0001. 07/08/2021

 **MP CONSTRUCTION**  
**General Contractor**  
Specializing in remodeling,  
Additions, Reconstruction,  
Window replacement and more!  
Call for a free estimate.  
**562-746-5400.**  
License #954725. 04/22/21

**BATHTUB & SHOWER REFINISHING**

We refinish your TUB/SHOWER  
to look brand new.  
Convert to a **WALK-IN  
SHOWER** and/or raise seat.  
Nu Kote 562-833-3911  
License #699080  
Serving LW since 1999. 12/10

**PAINTING**  
Painting - Free estimates. 1 room  
or entire house & refinish kitchen  
cabinets. Call Jerry (714) 826-8636.  
CA State License #675336. 10/29

**562-596-0559**  
LW DECOR INC.  
Only premium paints,  
Ceilings made smooth.  
New handles-hindges  
Cown moulding installed.  
License #723262.  
LW DECOR INC  
40 years in LW.  
**562-596-0559.** 09/24

**FLOOR COVERINGS**

562-596-0559  
LW Decor Inc.  
Laminate, Vinyl, Plank, Patio tile  
and Patio carpet.  
License #723262.  
40 years in Leisure World.  
562-596-0559. 09/24

310-261-0571  
Interior Flooring Solutions  
Hardwood floors, carpet,  
laminate, vinyl planks.  
25 years experience.  
Contractor License 1043763. 12/24

**CARPET & UPHOLSTERY CLEANING & REPAIR**

All Year Carpet Cleaning since 1988.  
Call Tito (562) 658 - 9841.  
State Contractors Lic. #578194.10/29

**SKYLIGHT SERVICES**

**SKYLIGHTS**  
CLEAN, REPAIR, REPLACE.  
Licensed and insured.  
Dan (562) 841-3787.  
Seal Beach License #BRA0002. 09/24

**WINDOW COVERINGS**

LW DECOR INC.  
Blinds, shutters, shades, 40  
years serving Leisure World.  
Contractor's License #723262.  
LW DECOR INC.  
**562-596-0559.** 09/24

**LW Weekly**  
**(562) 430-0534**

**WINDOW WASHING**

WANT CLEAN WINDOWS?  
I Clean Inside & Outside Or...  
Clean Outside Only and Save \$\$\$.  
(562) 600-0014. LW Resident,  
Rich Livitsky. Seal Beach  
Business License #LIV0004. 09/24

**LEISURE WORLD HELPING LEISURE WORLD**

Y's Service Club of the YMCA  
will assist residents with small non-  
professional jobs. We change light  
bulbs, clean air conditioner filters,  
hang a small picture or mirror,  
remove or place items on a high  
shelf, air bicycle tires, etc. Donations  
gladly accepted. Call weekdays  
between 9 am-5 pm, **(562) 596-9906.**

**"ROLLIN THUNDER"  
GOLF CART CLUB**  
Offers FREE advice on buying and  
selling of your golf cart.  
562-431-6859.

Does your walker need new tennis  
balls? Delivery and installation  
provided. Please give your name  
and phone number. Maria Giegerich  
562-596-9983. Free of charge.

**HOME CARE PERSONAL ASSISTANT**

Maria's experienced caregivers, run  
errands, Dr's appointments, cleaning,  
cooking, part-time, full-time, live-in.  
(562) 230-4648. Seal Beach Business  
License #CAM0006. 12/31/20

I am an experienced caregiver  
available to assist with daily care,  
doctor's appointments, and errands.  
Available 24/7. 949-899-7770. 10/01

**EXPERIENCED CAREGIVER**  
**Over 20 years in Leisure World**  
with Excellent References. Hourly  
or Live-in. Please **Call Pampet:**  
**562-371-4895.** Seal Beach License  
PAN0003 09/24

**CHRISTIAN HOME CARE**  
Referral Agency. Experienced,  
knowledgeable caregivers, honest,  
assertive, fluent English. Hourly/  
full-time, doctor's appointments,  
errands. Bernadine 562-310-0280.  
Seal Beach Business License  
#BCS0002. Bonded/insured. 12/10/20

Elderly care. Live-in, live-out.  
30 years of experience. Cooking,  
cleaning, medications, companions,  
doctors. Experience with dementia.  
Licensed by the state.  
Gloria 949-371-7425. 09/17

**MOST AFFORDABLE RATE** af-  
fordable rates with optimum service,  
23 years experience LW, reliable,  
honest caregivers. Licensed, 24 hour,  
part time, doctors, appointments,  
references, fluent English. Ann 714-  
624-1911, Heidi 562-277-3650. Seal  
Beach License #HYC0001. 12/31/20

Do you need help  
getting things done?  
Call "your personal concierge".  
Home organization, running  
errands, House/pet sitting,  
personal shopper, Post office  
services and more! Reasonable rates.  
Call or text Lisa 949-432-1877. 09/17

Experienced caregiver, CNA, medi-  
cation management, dementia,  
diabetic care, doctor appointments,  
errands, companionship, cooking &  
cleaning. Overnight care available.  
(310) 367-4664. 11/19

  
Read the paper online!  
www.lwsb.com/newspaper

**HOME CARE PERSONAL ASSISTANT WANTED**

CAREGIVER/HOUSEKEEPER  
URGENTLY NEEDED - This is a  
live-out position work, from Tues-  
day to Friday. \$750 weekly. Child-  
care and Lighthousekeeping. Must  
be able to interact with children,  
speak English, and non-smoker.  
**MUST HAVE REFERENCES  
AND BE RESPONSIBLE.**  
If interested, you can reach Janet at  
shoexport44@gmail.com. 09/24

Looking for a Russian-speaking  
woman for a companionship for my  
mother, for 3-4 hrs/day.  
818-486-2992. 09/17

**BEAUTY SERVICES**

**Tammy Nguyen Phenix Salon**  
- Service in private suite. One  
customer, one hairstylist. Sanitized  
& professional. Haircut for men  
& women, shampoo, set, color,  
highlights, perm, nails & toenails.  
In-house service available. Tammy  
Nguyen. 13944 Seal Beach Blvd,  
#116. **(714) 425-4198.** 11/26

In home hair care, serving the men  
and women of Leisure World for  
36 years. Mel, cell: 562-480-9341.  
License #KC75538. 09/24

**HOUSE CLEANING**

Patricia House Cleaning, weekly  
or monthly. Excellent referrals in  
Leisure World. 562-397-4659 Seal  
Beach License LUC0001. 10/08

General housekeeping, 30 years of  
experience. Bi-weekly or monthly.  
Seal Beach License RAZ0002. Call  
Gloria 949-371-7425. 09/17

**GRACIAN'S  
HOUSECLEANING &  
WINDOWS.**

Windows 10% off first cleaning  
General housecleaning  
Excellent referrals in LW  
(562) 307-3861.  
20 years experience.  
Seal Beach Business License  
gra0006. 09/23

**MAGALY'S CLEANING SERVICE**  
We make your home sparkle! 7 days-  
call anytime! Complete cleaning.  
Seal Beach Business License  
#M0001A. Call 562-505-1613. 11/05

Maria House Cleaning  
We'll make your house look as  
nice as possible! 15 years of  
experience, We can work with your  
schedule. Bi-weekly or monthly.  
Deep cleaning.  
Call or text 714-496-2885.  
Bus. Lic #HER0008. 10/29

**COMPUTERS**

**FRUSTRATED  
(562) 755-6199**  
Everything for your computer  
(PC or Mac), cell phone, TV,  
stereo, any electronic device.  
Tina Schaffer. Seal Beach Bus.  
License #CIP0001 11/12

John's Computer Services  
562-733-9193  
Virus removal, Repair, Training,  
Software, Wireless, Internet  
Security. LW Resident  
SB License FUH0001. 10/29

**AUTOS WANTED**  
**ANY KIND OF CAR**  
Cars, motorcycle, truck - running or  
not. We are local - call anytime! We  
pay cash and remove promptly! We  
do DMV and Release of liability for  
you! Bonded/Licensed, since 1985!  
Call us so we can come out and give  
you a quote. 562-684-0901. 10/22

**ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE**

Golf Cars BUY SELL TRADE and  
REPAIRS. Call: 714-292-9124. 05/13/21

Scooter Pride Victoria LX.  
562-296-5051. 09/17

**TRANSPORTATION**

Need a lift? Pam Miller.  
LW Resident. 310-227-1258. 09/17

Rides by Russ,  
With the personal touch.  
For over 5 years I have been giving  
all types of rides to Leisure World  
residents. Rides to the airports,  
doctors, cruise ports, shopping  
and errands.  
I also make & sell face shields for \$6.  
Russ 714-655-1544. 09/17

**AUTOS/BOATS/RV'S TRAILERS FOR SALE**

**ELECTRIC CAR PADS**  
Installed at your residence. Call Frank  
562-743-3832. State Contractor's  
License #779462.

**MOVING, HAULING &  
STORAGE SERVICES**

**J&D HAUL AWAY AND  
CLEAN-UP SERVICE**  
No job too small, fast, reliable, great  
prices. Seal Beach Business License  
BRA0002. Dan: 562-841-3787 09/24

**A FRIEND AND A TRUCK**  
Your moving service, any size  
job. Call 310-387-2618. Business  
License RO263644. 09/17

**MISCELLANEOUS  
FOR SALE**

**Private Sale - Sept. 14-20.** Sofa,  
coffee tables, desk, dining table,  
dressers, artwork, wardrobe dresser,  
men's XL clothing, patio set. Call  
Glinda Davis 714-943-1818 for  
appointment. 09/17

Sale by appointment. Miscellaneous  
items. Thursday & Friday, Sept. 17th  
& 18th. 562-431-5916. 09/17

2 Lane cedar chests \$75, table lamps  
all sizes, blanket holder, shoe rack.  
Coffee maker, laundry cart & basket,  
small wooden towel holders, large  
and medium plastic storage cabinets.  
Adult diapers, pads, lotion, body  
wash. Come see more goodies. Call  
Laurie 562-843-6963. 09/17

Miscellaneous Sale - Mutual 2-54H.  
9-19-2020 to 9-26-2020, by  
appointment only. Call 562-296-  
8530. Glassware, beach canopy, shop  
vac, nice punchbowl & cups, small  
sand blaster for jewelry & much  
more. 09/17

Surfing & recreational kayak by Hunt  
Johnson desins, 30 lbs, made of  
Kevlar. \$1,100 OBO. 623-299-6544.  
09/24

**Guitar - \$250.** Very good Martin  
Backpacker travel guitar. Padded  
bag. New leather Martin guitar strap.  
Extra set of new Martin guitar strings.  
New Martin guitar picks.  
562-597-6182. 09/17

**Banjo - \$250.** New-never used-very  
nice Epiphone open back 5 string.  
Padded bag. Extra set of new strings.  
Finger picks. Beginner's Instruction  
Book with CD. 562-597-6182. 09/17

Casio piano CDP-220R.  
562-296-5051. 09/17

Featherlite wheelchair for re-sale.  
13.5 lbs. The wheels pop-off. 19 lbs  
with the wheels. Easy to put in and  
out of a car. Only 3 months old, was  
\$650 new, asking \$350.  
(714) 536-0075. 09/17

**MISCELLANEOUS WANTED**

Wanted women's bicycle and a  
pickup truck, low mileage.  
Mutual 12. 562-244-8024. 09/17

**FREE ITEMS**

Free CDs. Music. 562-431-5916.

Free double bed, brand new, with  
mattress. You pickup.  
562-493-1924. 09/17

**NON-LW REAL ESTATE FOR RENT**

Looking for a female 65 & older that  
is looking for a private room to rent.  
Low income. 6 bedroom house. In  
Westminster, off Bolsa Chica &  
Westminster Blvd. All utilities &  
cable included. Ready for move-in.  
The room starts at \$900/month.  
(562) 296-5410. Yvonne. 10/01

Classified  
deadline is  
**2:00 p.m.**  
**Monday,**  
for Thursday's  
publication

  
**Gina Rojas**  
**(562) 533-3190**  
ginamrojas@gmail.com  
*Leisure World Specialist*  
**21 Years LW Experience**  
♥ DRE#02111452 ♥  
**"I Have Your Best  
Interest at Heart" ♥**

**Coming Soon**

  
**M7-154H**  
**\$223,500**

**Drive up unit**  
**Private entrance**  
**New windows**  
**Laminate flooring**  
**A/C heat pump**  
**Skylights**

**2020 Escrows**  
**7-148H \$444,000**  
**3-033E \$182,000**  
**5-005Q \$259,900**  
**Leisure Living Resales**





**Verna Chumley**  
www.LeisureWorldHomeSales.com  
**562-598-1388**  
**562-221-3113**  
DRE: 00753726



**Mutual 5 - 108K - \$217,900**

Two-bedroom basic unit with expanded patio!  
Great "downtown" location!  
Very easy access - close to carport!



**Mutual 10-238F-\$225,000**

Two-bedroom corner unit! Great St. Andrews location! Great as is or ready to remodel  
Faces the breeze - Easy access!

**Coming Soon!**  
**GOLF COURSE FACING PROPERTY**  
**On-Site Home Sales**



**Joanie Korman**  
**(714) 308-8034**  
LW Resident, Real Estate Specialist  
BRE#01937786  
*"Where Life Just Got Easier"*

**High End Remodel**  
Two Bedrooms, 2 Full Bathrooms, Gorgeous Kitchen, Oversized Peninsula. A Stunning Home  
**M15 34L \$368,000**

**Beautiful Remodel**  
Two Bedrooms, Two Full Bathrooms, Fully Expanded, Large Greenbelt  
**M9 226L \$385,000**

**2 Bedrooms 1 Bath**  
Fully Expanded Light and Bright, Morning Sun  
**M6 64C \$235,000**

**2 Bedrooms 1 Bath**  
Centrally Located, Fully Expanded Kitchen Island  
**M5 114K \$265,000**

**Coming Soon**  
2 Bedroom 1 Bath  
400 Ft Patio, Greenbelt  
M3,  
-----  
Location Location Location  
Fully Expanded 2 Bedroom 1 Bath  
Newer Kitchen, Tons of Closet Space,  
M11  
Adorable 1 Bedroom on a Greenbelt,  
M2  
Berkshire Hathaway Home Services



**Erika Shapiro**  
BRE # 01448494  
Resales Specialist  
Mut. 17 Resident  
**Traveling Notary**  
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**New Listing**  
**2 BDR/ 1 1/2 Bath**  
Greenbelt and Drive-up convenience. New windows, plantation shutters, new flooring, new appliances, washer/dryer, central A/C heat and more..  
**Mutual 11 - 284F \$379,000**



**Country Cottage**  
Fully expanded 2 BDR, 1 Bath, lovely greenbelt. Double pane windows, plantation shutters, Central A/C Heat, and much more  
**Mutual 4 -46K \$249,000**



**2 BDR, 1 Bath,**  
Partially Expanded, Greenbelt View, Newer kitchen, granite counter top. Smooth ceilings, double pane windows, 3 skylights, shower over a real Bath tub, fresh paint, and more.....  
**Mutual 7 - 159I \$239,000**



**2 Bedrooms / 2 Full Baths**  
Expanded corner, small patio, great kitchen, washer/dryer, and much more...  
**Mutual 11 - 263G \$499,000**



**Reduced Move-In Ready**  
2 BDR/1 1/2 bath  
Fully expanded corner, new kitchen, washer/dryer, dishwasher & more  
**Mutual 2, 19F \$309,000**

**IN ESCROW**

**1 BDR , 1 Bath**  
Laminate flooring, skylights, A/C heat pump  
**Mutual 1 - 63B \$167,500**

**Sold in 1 Day**

**1 BDR, 1 Bath**  
Laminate flooring, beautiful green belt location,  
**Mutual 1 - 29H \$175,000**

**Sold in 1 Day**

**Condo for Sale**  
Third floor, Greenbelt, 2 BDR/2 Ba  
**Mutual 17-42E \$375,000**

**IN ESCROW**

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**4 Featured Properties:**



**M2-62A \$475,000**  
2 Bedrooms, 2 Baths  
Central AC, Laundry,  
Drive-up Location



**M2-9L \$469,000**  
2 Bedrooms, 2 Baths  
Central AC, Laundry  
Drive up Location



**M5 -114B \$375,000**  
2 Bedrooms  
1.5 Baths  
Central AC, Laundry



**M12-43C \$325,000**  
2 Bedrooms 2 Baths  
Central AC,  
Laundry



**Dawn Januszka**  
Broker  
DRE #02110501



**Ginni Houck**  
Escrow Officer



**Verna Chumley**  
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**Buying or selling...** *Whatever your circumstances, whatever your needs, we can help.*



**Mutual 9-222I**  
**\$249,900**

This lovely 2 bedroom 1 bath unit has a really nice greenbelt view, wrap around pebble tech patio, leaded glass entry door with patio skylight. Open floor plan, living room with smooth ceilings and crown molding. Kitchen has white cabinets, built-in electric appliances including refrigerator, cooktop and wall oven and ceiling light fixture. Bathroom with stone counter, large walk-in shower with sliding door and nice light fixture. Both bedrooms have smooth ceilings with crown molding. Other features include laminate flooring, drapes in every room, dual pane windows, heat pump and laundry is just steps from unit. This unit has an abundance of natural light, newer paint throughout. It is a must see to appreciate the upgrades!



**Mutual 2-19L**  
**\$349,900**

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



**Mutual 12-9D**  
**\$299,000**

Charming remodeled 2 Bedroom 1 Bath Cottage. Kitchen features custom white cabinets with granite counters, built-in stainless-steel freestanding range, refrigerator, dishwasher, microwave, skylight and ceiling fan. Bathroom has white cabinets with granite counter, added linen closet, washer/dryer and walk-in shower. Master bedroom has mirrored sliding glass wardrobe doors, ceiling fan, and French sliding glass doors to patio. Formal dining room has large skylight. Entry area has wood floors and entry closet. Second bedroom has large skylight and mirrored sliding glass wardrobe doors. Central heat and air conditioning, double pane windows, private patio with walk-in storage and overlooks open green belt.

**Pending**



**Mutual 2-13F**  
**\$339,000**

Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



**Mutual 1-27F**  
**\$249,900**

Charming Corner 2 Bedroom, 1 Bathroom Expanded Cottage. Featuring an inviting screened in wrap-around private patio perfect for entertaining or relaxing and enjoying the ocean breezes. This special corner home features spacious living room, kitchen with built-in stove, oven, refrigerator and skylight. Expanded Master Bedroom has walk-in closet. Bathroom has bathtub with shower and skylight. Second Bedroom overlooks screened in patio. This home also features laminate flooring throughout, window blinds, and is light bright and airy. Don't miss this lovely home that has so much potential.

Properties are selling...  
Call The **SISTERS**  
if interested in  
listing or buying



**Mutual 6-127L**  
**\$319,000**

Beautifully expanded 2 bedroom, 1 bath home. Spacious living room has bay windows, window seat, and adjoining dining area. The kitchen has white cupboards, built-in stove, oven, dishwasher, refrigerator, Corian counters, breakfast bar with added storage and large skylight that opens. Master bedroom has walk-in closet, bay windows and ceiling fan. Second Bedroom, mirrored wardrobe closet doors and ceiling fan. Bathroom has cultured marble counters, cut down shower, large skylight that opens and tile floors. The living room and bedrooms have newly installed carpeting. This lovely home also features, central heat and air, smooth ceilings and is in move-in condition. Drive up side parking



**Mutual 3-29A**  
**\$389,900**

Beautifully Expanded Corner 2 Bedroom 1 1/2 Baths with spacious corner living room and bay windows. The Kitchen has custom wood cabinets with corian counters, built-in custom appliances breakfast bar with storage, large skylight and ceiling fan. Expanded master bedroom has bay window, walk-in closet, and ceiling fan. Second bedroom has ceiling fan and 1/2 bathroom with tile floor. Master bathroom has custom cabinets, added linen closet, washer/dryer, cut down shower, skylights, and tile floor. This lovely home features double pane windows, blinds, central heat and air conditioning, smooth ceilings, carpeting, and tile entry with beautiful leaded glass door. This charming home is move-in condition and a must see.



**Mutual 4-85G**  
**\$459,000**

This lovely fully expanded 2 bedroom, 2 full bath home has so many great features, stacked stone trim with side drive-up, stone patio with outside storage, leaded glass entry door with sidelite, patio off second bedroom with glass entry door, both patios with private metal awnings. First bath has tiled full shower, stone counter, linen closet, skylight and washer/dryer. Second bedroom with walk-in closet, attached patio. Other features include dual pane windows, bay windows in living room, new carpet in living area and bedrooms, plenty of extra storage, central heat and air conditioning. If you are looking for a home that is move in ready and has everything you could possibly need then this is a must see!

**Pending**



**Mutual 1-51G**  
**\$292,000**

Beautiful Corner 2 Bedroom 1 Bath fully expanded home over looks lovely expansive green belt. This lovely home has large spacious living room with bay window and dining area. Kitchen has built-in appliances and large skylight. Bathroom features walk-in closet and washer/dryer. Expanded Bedroom has walk-in closet and bay window. This home has many upgrades and is centrally located. Walk to Downtown Leisure World, swimming pool, gym, golf course, health care center and shopping center. Enjoy the view and ocean breezes.



**Mutual 1-47D**  
**\$175,000**

Beautifully updated 1 Bedroom 1 Bath home. This charming cottage has a white kitchen with built-in appliances including stove, oven, refrigerator, black granite counter tops and large skylight. Bathroom also has a large skylight and black pearl counter tops. This lovely home also features newer paint, laminate floors, double pane windows with sliding glass doors.

**Pending**

**GIVE US  
A CALL**



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**Bill Berman**  
714-606-5258



**Conrad Rodriguez**  
562-746-1960



**Leah Perrotti**  
310-889-6583

**Mutual 3 28L** \$199,900  
corner unit, enclosed patio, plantation shutters, side parking, tub

**Mutual 7 175H** \$220,000  
btl. area, new lam. floors, 3 skylights, private

**Mutual 1 25L** \$225,000  
Fixer, great for remodel, good location, great price

**Mutual 3 20D** \$227,000  
turn key, move in ready, a must see

**Mutual 6 64C** \$235,000  
full expan., faces so./east, skylights, gorgeous lam. floors

**Mutual 9 222I** \$249,000  
great unit, many amenities, you need to see this

**Mutual 1 27F** \$249,900  
screened in patio, expanded master, bright

**Mutual 15 1B** \$250,000  
2 baths, move-in condition, scraped ceilings, lam. floors

**Mutual 6 64K** \$255,000  
full expan., 2 large skylights, 2 heat pumps, btl. greenbelt

**Mutual 5 70C** \$262,500  
cent. air, 3 skylights, lam. floors, partial expan.

**Mutual 10 257D** \$265,000  
adorable cottage, remod. kit., remod. bath, dual pane, smooth ceiling

**Mutual 5 114K** \$265,000  
full expan. newly painted, extra large skylight

**Mutual 12 9D** \$299,900  
washer/dryer, cent. air, double pane, trees, nice

**Mutual 6 127L** \$319,000  
btl. corner, bay windows, smooth ceiling, cent. air, nice

**Mutual 2 13F** \$339,000  
btl. partial expan., cust. kit., washer/dryer, cent. air

**Mutual 2 19L** \$349,900  
full expan., 1 1/2 baths, cent. air, smooth ceilings, greenbelt

**Mutual 15 34L** \$368,000  
2 baths, remod. kit., granite, enclosed patio, greenbelt kit.

**Mutual 9 226L** \$385,000  
Remod. corner, 2 full baths, washer/dryer, private

**Mutual 3 29A** \$389,900  
1 1/2 baths, cust. cab., cent. air, washer/dryer

### One-Bedrooms

**Mutual 4 78K** \$159,000  
patio, 2 skylights, shows well

**Mutual 10 247I** \$169,000  
move-in condition, good location, newer lam. floors

**Mutual 1 47D** \$169,000  
btl. unit, large skylight, dual pane windows, lam. floors



**Hanna Rubinstein**  
562-900-4243



**Jay Cho**  
714-944-4998



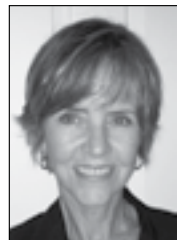
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Your Leisure World Sales Team

**Robin Gray**

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rwgraysales@verizon.net

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**Barbara Diette-Dobias**

**(562) 754-5628**

barbaradobias@gmail.com

DRE 00887640



### Mutual 10-257-D



**\$265,000**



Convenient Drive-up! Adorable basic 2 bed, 1 bath, remodeled kitchen and bath - both with quartz counters, beautiful laminate floors, dual pane windows, tile patio with a finished side wall and stack-stone patio wall. So much to enjoy!

### Mutual 1-44-D



**Taking Back Ups \$182,000**

One Bedroom - One Bath - on a S/E facing greenbelt setting with a tiled patio to enjoy the ocean breeze. Freshly painted throughout with a warm grey tone designer color and white kitchen and bathroom cabinets and new counters and sinks. New flooring throughout gives this home the open concept everyone loves. There are newer windows with shutters and a newer front door in the living room plus a newer slider in the bedroom. Washer/Dryer and a heat pump make this home absolutely move-in ready to enjoy all that Leisure World has to offer.

### LISTINGS WANTED!

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Our Listings. We can  
SELL Yours too!!  
And ... Please know,  
we have implemented  
ALL COVID-19  
Guidelines to keep everyone  
safe as possible -  
call us for details!

### Sold in One Day!



**Mutual 12-78-D**  
**\$229,000**

Pretty courtyard view of small green from patio. Charming basic w/2 bed, 1 bath, heat-pump, washer/dryer



**LET OUR Community Experience & Knowledge Make Your Move a Pleasant Event**

### Sold in One Day!



**Mutual 6-56-C**

LOCATION - LOCATION on a FOREVER GREEN!! Darling beach cottage - 2 bed, 1 bath, expanded master bed w/a bay window and wall-in closet, central heat/air, washer dryer, dual pane windows, patio to enjoy the view and breeze ...

### Mutual 3-33-E

**\$182,000**

ADORABLE BEACH COTTAGE on a Beautiful Green with Shade Trees! You will absolutely love the view and this home with green laminate floors, white kitchen, bath and patio skylight, heat-pump, dual pane windows/slider, glass inlaid front door and a STACKABLE-WASHER DRYER!! walking distance to Clubhouse #2, drive-up, and lots of guest parking! Ready to look - CALL US TO SEE!!

See more at [www.sealbeachleisureworld.com](http://www.sealbeachleisureworld.com)





**CAROL GASPER**  
REALTOR  
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**562.716.1547**  
gcarol1966@gmail.com  
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For 2020, I have a total of 64 Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



**13962 El Dorado Dr., #60G | M2 | \$460,000**  
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled. Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



**1562 Golden Rain Rd., #44G, M2, \$225,000**  
Centrally Located, Basic 2 Bedroom, 2 Bath. Walk to All Amenities. Lrg. Private Patio Surrounded by Greenery, 2 Skylights, Expanded Bedroom to Include Desk Nook. New Golden Oak Flooring.



**13922 El Dorado Dr., #58D | M2 | \$239,000**  
Drive Up Location. 2 Bedroom, 1 Bath Unit. Partially Enclosed Patio with Extra Storage, Large Skylight on Patio, Kitchen and Bathroom. Wood Flooring, Expanded Master Bedroom, WASHER/DRYER.



**1120 Northwood Rd #186L | M8 | \$264,000**  
Corner unit, 2 bedroom, 1 bath. Expanded master and living area. Oversized skylights in kitchen and bathroom. A/C heat pump, refrigerator with bottom freezer. Plantation shutters, laminate flooring and carpet.



**1125 Northwood Rd #235J | M9 | \$234,900**  
2 bedroom, 1 bath with brand new AC/Heat pump, laminate flooring, washer/dryer, wrap around patio.



**13660 El Dorado #34F | M3 | \$219,000**  
Clean corner unit. 2 bdrm, 1 bth. Newer AC/Heat Pump, 2 Skylights, Ceiling fan, Stainless steel appliances, raised cooktop, full size refrigerator w/ bottom freezer and dual pane windows.



**1520 Northwood #244J | M10 | \$224,500**  
Drive Up Location. 2 Bedroom, 1 Bath. Both Bedrooms have been expanded. Extra Large Walk-In/Storage Closet. Vinyl Flooring, 4 Skylights.



**1671 Interlachen Rd., #285i | M 11 | \$385,000**  
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.



**1700 Tam O'Shanter #2J | M14 | \$445,000**  
Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.

On September 15th, 2020 a total of 62 units show as active listings on the CRMLS (this is where Realtors list property for sale).

6-1 bedroom/1 bath  
from \$159,000 to \$190,000

34 - 2 bedrooms/1 bath  
from \$199,900 to \$359,900

22- 2 bedrooms/2 baths  
from \$225,000 to 499,900

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

"Carol is the absolute best! She knows Leisure World, the market, and how to help sellers get their units sold. From the very beginning Carol impressed us with her preparation, attention to detail, superb customer service, and follow-up. Anyone wanting the best should call Carol. Thank you Carol for helping us and doing such a great job from beginning to end."

-Rod & Brian

