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EMERGENCY PREP



California ShakeOut
is at 10:15 on Oct. 15

by Eloy Gomez
GRF safety/emergency coordinator

Do not let the COVID-19 pandemic stop you from participating in this year's California ShakeOut. Disasters don't wait and neither should you. Every Leisure World shareholder is encouraged to participate in this year's ShakeOut by practicing the Drop, Cover and Hold-on exercises on Thursday Oct. 15 at 10:15 a.m. This pandemic is preventing large gatherings, but it cannot stop you from practicing at home with your family.

The ShakeOut began in Southern California in 2008 as a drill designed to educate the public about how to protect themselves during a large earthquake, and how to get prepared. Great ShakeOut Earthquake Drills are now held in more than 20 official ShakeOut regions, along with an option for people in any other state or county to also register and be counted in the global total.

Earthquakes

An earthquake is a sudden, rapid shaking of the ground caused by the shifting of rocks deep underneath the earth's surface.

EARTHQUAKE, page 3

AMPHITHEATER 2021

Shortened season may
be possible after all

On Sept. 17, the GRF Board of Directors held a meeting to discuss, amend and ratify the 2021 budgets for all Foundation departments and cost centers. If you listened in, you might have heard the Amphitheater shows were not in the Recreation budget. The Board was very concerned that it may not be able to hold an Amphitheater season, due to COVID-19, and is electing not to fund the shows through the 2021 assessments.

There is, however, some light on the horizon. Following the budget meeting, GRF Executive Director Randy Ankeny met with the Board members who agreed to securing funds not budgeted from another source, providing the shareholder/members would not incur any additional cost, should there be a way of having a performance season next year.

AMPHITHEATER, page 6

2020 DRIVE-THROUGH FLU CLINIC



MORE THAN 1,200
SHOTS DISPENSED

OptumCare at the HCC sponsored a drive-through flu clinic on Oct. 1 with the help of nursing students from California State University, Long Beach, GRF staff and LW volunteers. Cars and carts were guided to canopied stations, and walk-ups were inoculated in front of Clubhouse 4. Health experts say the flu shot is more important than ever this year.

Traffic control, digital check-ins kept lines moving

Resident feedback on social media proclaimed the 2020 drive-through Flu Shot Clinic sponsored by OptumCare on Oct. 1 a success. Posters said it was efficient, with little waiting, well-organized and easy to navigate. The clinic was held in the Clubhouse 4 parking lot. Everyone wore a mask and stayed distant.

Although a final count is pending, more than 1,200 shots were dispensed by OptumCare staff and 14 nurses in training from California State University, Long Beach.

Traffic—carts, cars and scooters—was kept moving by Security and Recreation staff, 14 employees in all, and five LW volunteers. Digital check-in stands were set up and residents pulled into canopied stations to receive their shots without having to exit cars.

The clinic also accommodated people who chose to park and walk up to have their shots, either the regular adult dose or the stronger dose for high-risk people. That line was a little longer, but waits were typically less than 10 minutes.

The flu shot is more important than ever this year. In the past the high dose was recommended for anyone age 65 and older. This year, it is recommended for people with significant

FLU, page 3



LW'er Terry Humpheys gets a shot from Gilbert Rodriguez of OptumCare. Wait times were minimal at the daylong clinic.



David Wolfe

Lucille's Bar-B-Que will be available near the OC Pop-Up Vote Center on Oct. 30 in the Clubhouse 4 parking lot so people can get a meal after casting their ballots.

Vote OC—What You Need to Know

The Golden Rain Foundation, in conjunction with the Orange County Registrar of Voters, has arranged for voters who prefer to vote in person to sponsor a one-day onsite Pop-Up Vote Center on Friday, Oct. 30, at the circle between Clubhouses 3 and 4. The Center will be open between 8 a.m.-5 p.m.

This option offers the following services without having to leave the community:

- Voter registration
- Secure Vote-By-Mail ballot drop-off
- Accessible voting
- In-person voting
- Replacement ballots
- Voter assistance

Lucille's Smokehouse Barbecue will be available at the Clubhouse 4 parking lot from 11 a.m.-2 p.m. for people who would like to purchase a meal. Masks and social distancing are required. The regularly scheduled Friday Grab 'n' Go with Katella Deli will

VOTE, page 6

GRF projects are underway around the community despite slowdowns attributed to the COVID-19 repercussions. This column will update residents on the progress of various construction projects. The information is provided by GRF Facilities Director Mark Weaver and Physical Property Manager David Rudge.



LW POOL

Progress on the pool project continues despite challenges posed by COVID-19. Plans are in the final phase of coordination with the pool engineer and architect.

Work is underway on underground plumbing.

The finished facility will include a five-lane pool, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area in a reconfigured space to maximize its potential. The pool depth will be 5-feet in the deep end.

PAVING PROJECT

The 2020 Trust Street Paving project will run through Octo-

ber. Grind and overlay projects on ongoing around LW. The parking lot at clubhouses 3 and 4 will be slurry sealed with work scheduled for Oct. 8-9; Northwood Road sealing should be finished by today, Oct. 8.

Drivers are asked to obey construction zone signs, speed limits and flagmen during construction.

FITNESS CENTER

New equipment is being installed in dedicated fitness areas, including a flex and stretch zone, a free weight area and two strength circuits, plus a “smart” group fitness room. The smart upgrades include an Echelon Smart Connect Fitness Mirror, the latest in fitness technology that looks just like an average mirror but provides an interactive workout experience through

the device. Exercisers can view their reflections on screen as a virtual trainer guides them step by step to ensure proper form and technique. Choose from world-class instructors offering high-energy cardio, yoga, zumba, strength, pilates, boxing and celebrity workouts.

THE LEARNING CENTER/ KITCHEN

Work is underway on the new demonstration kitchen in Clubhouse 3. Appliances were delivered last week and tile was installed. The demonstration kitchen will host cooking classes, chef-inspired dining experiences and provide a dining space where residents can cook for themselves and host parties.

The Learning Center will be in Rooms 9 and 10 of Clubhouse 3, which are now being refurbished from the floor up to accommodate classrooms that will include computer stations, state-of-the-art audio-visual equipment and assistive listening devices, a “smart” board and two 80-inch monitors, to augment lecture sessions.



The Golden Age Foundation supports the Community Emergency Response Team in LW by purchasing equipment for CERT graduates. Pictured are Phil Mandeville (l-r), GAF President Anna Derby and GRF Safety/Emergency Coordinator Eloy Gomez.

CERT AND THE GAF

GAF buys supplies for LW’s own emergency support team

The Golden Age Foundation supports the Community Emergency Response Team (CERT) in Leisure World with backpacks and other equipment to help it carry out its mission to respond when professional help is not immediately available.

Leisure World’s own CERT team and program is designed to meet the special requirements of the retirement community. Among its sponsors is the Woman’s Club.

The GAF gave CERT 60 backpacks, designed to protect volunteers. Packs contained gloves, goggles, a light stick, helmet and chin strap, a head lamp strapped to the helmet for hands-free illumination and face masks, among other supplies.

The GAF, a nonprofit that uses donations to make Leisure World a better place to live, spent \$3,144.73 for 60 backpacks.

Most recently, the GAF provided equipment to help victims in the event of a disaster, including a non-sparking, four-in-one tool to turn off water, hammers, small pry bars, triangular bandages for slings, self-adherent bandages to save time in triage, waterproof flashlights that can be used in any weather, seatbelt cutters to help extricate people from cars or wheelchairs, tourniquets to stop the bleeding and more.

Each CERT graduate receives a fully loaded backpack and the new provisions will be distributed after volunteers take a class on how to use the equipment. CERT classes will resume once clubhouses reopen.

CERT training includes a 20-hour, FEMA-approved course covering personal disaster preparedness, light search and rescue, fire suppression, team organization, medical operations including triage, disaster psychology and terrorism.

Once training can resume, the class schedule and sign-up information is publicized in the LW Weekly. The training is ideal for all shareholders, mutual building captains and directors, but all are welcome. Seating is limited.

Leisure World residents can also sign up for LWLive, which supplies real time community information from the Golden Rain Foundation. Sign up at www.lwsb.com.

For more information, contact Eloy Gomez, GRF safety and emergency coordinator, at 431- 6586, ext. 356, or eloyg@lwsb.com.

The Golden Age Foundation is nonprofit, charitable organization dedicated to serving Leisure World shareholders. Its purpose is to make the community a better place to live. When there is a well-defined need calling for a solution, the Golden Age Foundation will fill it if possible.

Because Golden Age Foundation has been certified as a nonprofit organization by the Internal Revenue Service, contributions made to it qualify for exemption from income taxes, in most cases.

—Phil Mandeville and Anna Derby

Longitudinal Cross Section of Pool



Keeping Calm in Crazy Times—How To Do It

by Shiori Lange
OptumCare at the HCC

Let’s be honest: 2020 has been a tough year. And it probably isn’t going to get any easier for some time. Trying to be positive and optimistic all the time can be – well, trying. It can be hard to be supportive and kind to others, even with close friends and family.

If you find yourself feeling less than patient with others, here are some tips to help you refocus and be a good friend and listener:

1. **Take a breath.** Feeling annoyed by what someone is saying? Tempted to cut them off – or tell them off? Focus on your breathing while they talk. We’re

all processing a lot of challenging emotions right now. Sometimes we just need to be heard. A few deep breaths can help you stay calm and be the ear your friend needs.

2. **Be supportive.** Ask for more information—avoid saying “I understand.” Instead, ask them to tell you more. Asking for more details can help that person better understand their own feelings.

3. **Be patient.** This is a tough one. Maybe they are going on and on and on. Or they’re getting very emotional. Let them speak. Avoid interrupting or responding with anger. When they do stop talking, respond carefully and as

objectively as you can. Being calm can help de-escalate the situation.

4. **Walk away.** If things are getting heated or too emotional, it’s time to walk away. Be respectful but direct. Let them know you don’t feel like this conversation is going well and you would like to end it. You want to be friends and avoid saying anything hurtful, so you need some time to cool off.

5. **Treat yourself.** That was a tough interaction! You deserve some self-love. Go for a leisurely walk with your dog. Enjoy some gardening. Binge on your favorite sitcom. Give yourself some credit for handling it so well.

These rules don’t just work if you’re the listener. They also work if you’re the one who is talking! If you find yourself getting heated, remember some of these tips to help you refocus. With everything going on these days, a few deep breaths and a little patience can go a long way.

Shiori Lange is a licensed clinical social worker at the Health Care Center.



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Golden Age Shredding Service

The Golden Age Foundation will sponsor a shredding service event in the Clubhouse 2 parking lot from 10 a.m.-2 p.m. on Thursday, Nov. 5. Residents will drop and go, no waiting in line. People must wear masks and social distancing will be strictly enforced. Residents are asked to put documents to shred in plastic or brown bags that can be recycled. Cardboard boxes will not be accepted. No line will be allowed to

SHRED, page 5

FLU from page 1

chronic conditions, like cancer, diabetes and more. If you aren't sure which one is right for you, give your doctor a call. He or she can help you make the best decision. Most insurance covers the flu shot. How do you know if you can get the flu shot at Optum? If your primary care doctor works at any Optum location, call to schedule an appointment. If your primary care doctor does not work at an Optum location, call the office to see if Optum can bill your insurance. Flu shots are available at the HCC by appointment only (562-493-9581) or when seeing a primary care physician. Some pharmacies are also offering flu shots. Check with your doctor's office to learn more.

EARTHQUAKE from page 1

Earthquakes can happen without warning and can result in injuries and damage to property and roads. Earthquakes can cause fires, tsunamis, landslides or avalanches. While they can happen anywhere, areas at higher risk for earthquakes include California. If an earthquake happens, protect yourself right away:

- If you are in a car, pull over and stop. Set your parking brake.
- If you are in bed, turn face down and cover your head and neck with a pillow.
- If you are outdoors, stay outdoors away from buildings.
- Do not get in a doorway.
- Do not run outside.

Stay Safe During an Earthquake: Drop, Cover and Hold On

- **Drop:** Wherever you are, drop down on to your hands and knees. If you're using a wheelchair or walker with a seat, make sure your wheels are locked and remain seated until the shaking stops.
- **Cover:** Cover your head and neck with your arms. If a sturdy table or desk is nearby, crawl underneath it for shelter. If no shelter is nearby, crawl next to an interior wall (away from windows). Crawl only if you can reach better cover without going through an area with more debris. Stay on your knees or bent over to protect vital organs.
- **Hold On:** If you are under a table or desk, hold on with one hand and be ready to move with it if it moves. If seated and unable to drop to the floor, bend forward, cover your head with your arms



and hold on to your neck with both hands.

Prepare Before an Earthquake

The best time to prepare for any disaster is before it happens.

- Practice Drop, Cover, and Hold On with family and co-workers.
- Secure heavy items in your home like bookcases, refrigerators, televisions and objects that hang on walls. Store heavy and breakable objects on low shelves.
- Create a family emergency communications plan that has an

out-of-state contact. Plan where to meet if you get separated.

- Make a supply kit that includes enough food and water for at least three days, a flashlight, a fire extinguisher and a whistle.

Stay Safe After an Earthquake

If an earthquake has just happened, there can be serious hazards such as damage to the building, leaking water lines, or downed power lines.

- Expect aftershocks to follow the main shock of an earthquake.
- Check yourself to see if you

are hurt and help others if you have training. Learn how to be the help until help arrives.

- If you are in a damaged building, go outside and quickly move away from the building. Do not enter damaged buildings.
- When trapped, protect your mouth, nose and eyes from dust. Send a text, bang on a pipe or wall or use a whistle instead of shouting to help rescuers locate you.
- Text messages may be more reliable than phone calls.
- Once you are safe, listen to news reports for information and instructions via battery-operated radio, TV, social media or from cell phone text alerts.
- Be careful during post-disaster cleanup of buildings and around debris. Do not attempt to remove heavy debris by yourself. Wear protective clothing, including a long-sleeved shirt, long pants, work gloves and sturdy, thick-soled shoes during cleanup.
- Register on the American Red Cross Safe and Well website at <https://safeandwell.comunities.org> so people will know you are okay.



Get ready for Annual Enrollment Period (AEP)!

Swing by the Health Care Center (HCC) and pick up our free Medicare AEP readiness kit with helpful information and some fun goodies. Sign up for one of the times through our Eventbrite page at monarchhealthcare.eventbrite.com.

For questions, please contact Grecia Nuñez at (949) 923-3334 or gnuñez@mhealth.com

Free goodie bag for all who attend.

Social distancing and other safety precautions will be maintained.

Monarch HealthCare is part of OptumCare®, a leading health care delivery organization that is reinventing health care to help keep people healthier and feeling their best.

Distribution dates and times:

Monarch HealthCare kits
October 15, 2020
9:00 am–11:00 am

Alignment Health Plan kits
October 22, 2020
9:00 am–11:00 am

Anthem Blue Cross kits
October 29, 2020
9:00 am–11:00 am

Humana kits
November 5, 2020
9:00 am–11:00 am

SCAN Health Plan kits
November 12, 2020
9:00 am–11:00 am

UnitedHealthcare kits
November 19, 2020
9:00 am–11:00 am

Aetna kits
December 3, 2020
9:00 am–11:00 am

Perspectives

COVID-19 Chronicles

Leisure World residents are living in historic times as the COVID-19 pandemic unfolds around the world. Residents are welcome to share their experiences, observations, opinions and insight with their friends and neighbors in this occasional column. The deadline is Thursday for the following week's publication. Email submissions to Ruth Osborn at rutho_news@lwsb.com. Submissions are subject to editing for clarity and brevity.

Purging Day

by Joan Rose
LW contributor

During this pandemic, while we slavishly adhere to the stay-at-home rules, some of us have been so bored that we have actually gone to our closets, looked at the tangled mess within and thought, "I really need to clean this out." What brave thinking!

Having nothing better to do, I, too, thought that purging my closet would give me something to do and give me some needed room in my closets. Then I realized that I could give a lot of my old clothes to charity, and I smiled at my sudden altruistic and generous nature.

So one Saturday morning, after having a good breakfast to give me strength, I grabbed a big plastic bin and a trash can and put them both by the closet door. Then I opened the door to one of my closets and as I stood looking at the contents, I became rather discouraged. What a mess. Where to start?

Some of the clothes that hung in my closet or were stored on the shelves in plastic bags were old and since I had lost weight, they were far too big for me. During my long life, I had lost and gained a great deal of weight and so I fell into the habit of saving the clothes that no longer fit. Some of them I had placed in plastic bags which were labeled accordingly as BIG CLOTHES, BIGGER CLOTHES

and CIRCUS TENTS.

I looked at the bags and knew I had to be ruthless about my purging, so I grabbed the bags and tossed them into the plastic bin. Goodwill would love those. So far so good.

Now I had to really decide on the rest of the clothes that were hanging up. As I went through them one by one, I realized that I wasn't only saving the clothes, I was saving memories. So then I had to ask myself a question. Did I really need to hang onto my cheap, black graduation robe that I wore at my college graduation in 1986? What am I saving it for? Another graduation? It went swiftly into the garbage can.

Then I came upon a sweater with big orange pumpkins on it that I wore on every Halloween day when I was working in an office 20 years ago. It was ratty and garish. Out it went.

There were more clothes hanging on the rod that were too big for me or just out of style, and they went into my charity bin. Then I looked at two well-worn bathing suits and two beach cover-ups hanging in my closet. I almost laughed at the thought of me strutting around pools or on the beach in these outdated bathing suits. Because my flabby legs now display purple-and-blue varicose veins and look like road maps, I knew that I hadn't gone to the beach or anywhere near a swimming pool in years. I had no problem throwing those items out.

Next came the things that were on the shelves in the top of the closet and that is where it became more difficult. Somehow I had accumulated quite a few little trinkets that were now probably useless. I had saved some little cardboard and tin boxes with Christmas decorations on them, and of course, one *never* throws those out —except they had been in my closet for years and I had no use for them. Out they went.

Also in the closet were three

of my Mom's Barbie dolls dressed in lovely pastel gowns that my Mom had crocheted. They were wrapped in plastic wrap and I was keeping those, since Mom had passed away 20 years ago.

I took a small plastic bin down from the shelf and found it full of birthday cards that my Mom had sent to me and that I had saved. All things kept by me to pass on to my children. I placed it back on the shelf.

At the bottom of my closet, I had stored six large cardboard boxes with lids that held—what? I began to open one box and then I knew that I didn't even have to look through them. They held memories, simply memories, that I couldn't bear to throw out.

Exhausted, I sat down on my bed and looked at the partially empty closet with many colorful plastic hangers hanging jauntily on the pole. I felt relieved that at least I had removed a lot of the useless articles and old clothes, and my closet looked much neater.

Then the thought occurred to me that I have three other closets to go through and I sighed. If I get bored again, I know they will be waiting for me.

Scam Alert

Leisure World resident Phil Arnold emailed to warn people about a recent spate of "malicious phishing emails" he received. After opening the first one, which was supposedly from Chase Bank, he has learned "*not to click*" on anything in an email that is from *e.something.com*. The *e*. is a tip-off that it is phishing. So far he has received emails from *@e.chase.com*, *@e.experian.com* and *@e.bluehost.com*.

According to the Federal Trade Commission, phishing emails and text messages may look like they're from a trusted company, such as a bank, a credit card company, a social networking site, an online payment website or app, or an online store.

Scammers use fake these email or text messages to trick people into giving them personal information. But there are several things you can do to protect yourself.

How to Protect Yourself From Phishing Attacks

1. Protect your computer by using security software. Set the software to update automatically so it can deal with any new security threats.

2. Protect your mobile phone by setting software to update automatically. These updates could give you critical protection against security threats.

3. Protect your accounts by using multi-factor authentication. Some accounts offer extra security by requiring two or more credentials to log in to your account. This is called multi-factor authentication. The additional credentials you need to log in to your account fall into two categories:

» Something you have — like a

SCAM, page 5

Letter to Editor

Editor,

I respectfully request the Architectural and Review Committee and GRF Board of Directors reconsider the proposal to remove the art and photo display in the hallways of Clubhouse 3.

The paintings, artwork and photo displays showcase the talent and creativity in Leisure World. It is one of the highlights of my walk. These pictures tell stories and enrich our life with beauty and truth.

We need information as to why these paintings and photos will be taken down, and there should be input from the shareholders impacted by this decision. Lastly, the artists and those of us who enjoy their work deserve the same support and consideration as the golfer, swimmer, dancer, gamer and all other hobby enthusiasts. Art empowers the creator with a sense of purpose and enriches the viewer with a sense of wonder and joy.

As William Blake wrote in "Auguries of Innocence," "To see the world in a Grain of Sand/ And a heaven in a Wild Flower/ Hold Infinity in the Palm of your hand/ And Eternity in an hour."

This decision will impact our quality of life in Leisure World. Please give us an opportunity to enjoy it.

Siriporn Higgins
Mutual 8

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW Weekly or Golden Rain Foundation.

• Mutual 1 resident Debbi Fudge would like to thank Mutual 1 resident Jody Dyer for inviting the Hui O Hula Club and its Band to the Mutual 1 green located near Bldg. 31 to perform on Sept. 25 for the socially distanced and masked residents gathered. The Hui O Hula dancers and band put on a great for gathered residents. She also sends kudos to the incredible LW Library staff for its never-ending Curbside PickUp Service (of checked-out books, games, DVDs, videos, etc) which has been available for months now during the Leisure World COVID-19.

LW Weekly

The Leisure World Weekly office is closed to the public. Staff is working on-site and remotely to produce the LW Weekly. Editors can be reached by phone and email. See staff box below. Editorial submissions and classifieds may be emailed or dropped off at the News Office through the mail slot in the door.



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Government

GRF Committee Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule (*meetings are dependent on orders related to COVID-19; check schedules for latest information*). **Public health and safety measures will be in place to protect membership and staff with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required:**

Thurs., Oct. 8	Communications Committee Clubhouse 4..... 1 p.m.
Fri., Oct. 9	Executive Committee Clubhouse 4..... 1 p.m.
Mon., Oct. 12	Mutual Administration Committee Clubhouse 4..... 1 p.m.
Tues., Oct. 13	Website Ad Hoc Committee Administration..... 1 p.m.
Mon., Oct. 19	Finance Committee Clubhouse 4..... 10 a.m.
Thurs., Oct. 22	Security, Bus and Transportation Clubhouse 4..... 1 p.m.
Tues., Oct. 27	GRF Board Monthly Meeting Clubhouse 4..... 10 a.m.

SCAM from page 4

passcode you get via text message or an authentication app.

» Something you are — like a scan of your fingerprint, your retina, or your face.

Multi-factor authentication makes it harder for scammers to log in to your accounts if they do get your username and password.

4. Protect your data by backing it up. Back up your data and make sure those backups aren't connected to your home network. You can copy your computer files to an external hard drive or cloud storage.

Back up the data on your phone, too.

SHRED from page 3

form. There will be no chairs to sit on. GAF volunteers will guard bags until truck arrives to pick them up.

For better shredding service:

- Remove staples and paper clips.
- No electronic devices will be accepted.
- Contaminated bags will be turned away.

The Golden Age Foundation also disposes of household batteries. Bring spent batteries to the shredding event for disposal.

For more information, contact Anna Derby at (562) 301-5339.

Schedule of Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (*schedule subject to change*).

Thurs., Oct. 8	Mutual 12 virtual.....9 a.m.
Fri., Oct. 9	Mutual 3 virtual.....9 a.m.
Mon., Oct. 12	Mutual 9 virtual.....9 a.m.
Wed., Oct. 14	Mutual 4 (open forum, 9:15 a.m.) virtual..... 9:30 a.m.
Thurs., Oct. 15	Mutual 2 virtual9 a.m.
Thurs., Oct. 15	Mutual 11 virtual 1:30 p.m.
Mon., Oct. 19	Mutual 15 virtual..... 1 p.m.
Tues., Oct. 20	Mutual 14 virtual..... 1 p.m.
Wed., Oct. 21	Mutual 5 virtual.....9 a.m.
Wed., Oct. 21	Mutual 7 virtual..... 1 p.m.
Thurs., Oct. 22	Mutual 1 virtual.....9 a.m.
Fri., Oct. 23	Mutual 6 virtual..... 9:30 a.m.
Mon., Oct. 26	Mutual 8 (open forum, 9 a.m.) virtual..... 9:30 a.m.
Wed., Oct. 28	Mutual 10 virtual.....9 a.m.

Presidents' Council Recap-Oct. 1

THE PRESIDENTS' COUNCIL Oct. 1
Via Zoom Video – Telephone Conference

The regular monthly meeting of the Presidents' Council of Seal Beach Leisure World was convened at 9:07 a.m., by President Jackie Dunagan on Oct. 1, 2020, in video-telephone conference.

- The following is a recap:
- The regular monthly Council meeting minutes of Sept. 3 were approved by general consent of the Council, as printed.
 - ELECTIONS: The Presidents' Council elected Officers for the 2019-2020 Council term: President, Ms. Dunagan, Mutual 15; Vice President, Ms. Arlart, Mutual 10; and Secretary, Ms. Rotter, Mutual 7.
 - Mark Weaver provided an update on the on the sewer lines.
 - In the absence of Mutual Administration Director Jodi Hopkins, Portfolio Specialist Ripa Barua gave a recap on the Annual Shareholders Meeting and awarded the trophy of most participants. With a tie of 74 percent, both Mutual 8 and Mutual 17 will receive a trophy.
 - In the absence of Mutual Administration Director Jodi Hopkins, Portfolio Specialist Anna Gamboa stated that in preparation for the coming Annual Report, pictures of directors are needed. Ms. Gamboa said the previous year's picture will be acceptable, but Mutual Administration will need pictures from all directors.
 - Ms. Gamboa told the council that the Mutual Administrations Report is attached to the agenda for review and if the Council had any question to let Mutual Administration know.
 - Executive Director Randy Ankeny announced that North Gate Road will is not expected to open until April 2021, with a partial lane available for emergencies only.
 - Mr. Ankeny reported that the Mutual Board will return to open meetings, while social distancing and for Mutual Board use only, in November.

RECAP, page 6

Recap of GRF Board Activity—Oct. 5

General – 2021 Operating Budget
MOVED and duly approved the proposed 2021 Operating Budget, as presented.

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Sunday, October 18th
4 pm to 6pm

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The GAF is nearly finished distributing to Mutuals the last of nearly 5,000 masks made by 55 volunteers. Last week, directors came to pick up boxes of 100. The 5-month project was coordinated by GAF President Anna Derby (center) in red and Diana Harrison. Picking up masks last week were Mutual 3 President Carol Ginthner (l-r); Mutual 8 President Jeri Dolch, who is next to Anna, Mutual 17 President Cathy Gassman, Mutual 11 representative Phil Mandeville. Each received 100 handmade washable face masks that will be distributed to those who need them. For more information, contact Anna Derby at (562) 301-5339.

AMPHITHEATER from page 1

Subsequent to that decision, the Recreation Office conferred with the current agent about the possibility of booking acts under restrictions imposed by the pandemic. Since all entertainment venues face the same risks, the agent reported that their contracts now provide a clause whereby either party (GRF or the artists) may cancel with no penalty in case conditions caused by the virus deteriorate.

There is now a possibility of scheduling two performances of a given show at a lesser cost if social distancing protocols are still in force, thereby limiting attendance. If approved by the Board, a matinee and an evening performance with the same entertainment would be an option.

In all likelihood, if GRF approves a 2021 Amphitheater season, it will be with fewer shows than normal, due to cost factors, but the entertainment residents look forward to would be worth whatever sacrifices needed to keep the community safe. It's always the first priority.

The Recreation Department will keep the community apprised of any updates or decisions as developments occur at the committee and board levels.

—Assistant Recreation Manager Kathy Thayer

RECAP from page 5

- Mr. Ankeny said Executive Sessions will be set up in the Art Room if needed.
- Mr. Ankeny provided an update on the Safety and Health Inspection.
- President Jackie Dunagan provided an update on the Dual Ownership Form, which included a suggestion by the MAC to eliminate the third paragraph of this document. There were no objections by the council.
- Next Council meeting: Thursday, Nov. 5, at 9 a.m. via Zoom

VOTE from page 1

be held at Clubhouse 6 from 3:30-5:30 p.m.

OC Registrar of Voters, Neal Kelley says, "My team and I are committed to ensuring that voting and elections are conducted in an open and transparent manner with integrity that increases the public's trust and confidence in elections in Orange County. Through pop-up voting, voting opportunities will be available at locations that are familiar to voters."

In addition to the Ballot Drop Box option located at the Amphitheater bus hub (near Administration), residents, employees, contractors and any OC voter who is onsite Oct. 30 can utilize the Vote Center to cast their ballots or benefit from these services; however, the Vote Center will not be open to the general public.

The Ballot Drop Box is now open. Prior to the Nov. 3 Presidential General Election, county employees will pick up ballots every other day through Friday, Oct. 23, with daily pickups starting Saturday, Oct. 24, through Election Day. The ballot pickup schedule may increase to daily pickups earlier depending on the volume of ballots received.

On Election Day, two county employees will be assigned to each Ballot Drop Box in the late afternoon/early evening to assist with traffic flow and lock the ballot mail slots at 8 p.m. or after the last voter.

The GRF Transportation Department will provide regular and on-call bus service throughout the day. For more information, call (562) 431-6586, ext. 372.

Vote-by-mail ballots were sent out starting Oct. 5, and voters can check their registration, re-register and register to vote at ocvote.com.

For more information, call (714) 567-7600 or visit ocvote.com.

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before.

Contact Mutual directors to find out when your mutual carports are scheduled for sweeping.



CSULB Nursing student Steven Castro displays a few of the shots ready to inoculate LWerS against flu Oct. 1

FLU from page 1

Most insurances cover the flu shot. How do you know if you can get the flu shot at Optum? If your primary care doctor works at any Optum location, call to schedule an appointment. If your primary care doctor does not work at an Optum location, call the office to see if Optum can bill your insurance. Flu shots are available at the HCC by appointment only (562-493-9581) or when seeing a Primary Care Physician. Flu shots are available at the HCC by appointment only (562-493-9581) or when seeing a primary care physician.

Some pharmacies are also offering flu shots. Check with your doctor's office to learn more.

OC HEALTH CARE AGENCY

County ensures getting a vaccine is easy

With flu season now upon us, the OC Health Care Agency is already anticipating the potentially devastating effects of a double whammy of influenza and COVID-19 cases hitting in the fall and winter months and urges everyone to get a flu shot.

"Even if you never get a flu shot, it's absolutely vital that you take this important step to make sure we don't overburden our health system," said OC Board of Supervisor Chairwoman Michelle Steel, Second District. "It is essential that we all take the necessary precautions to avoid an outbreak of the flu as we continue to face the COVID-19 pandemic. Orange County wants to make sure every community has easy access to get a flu shot."

Recognizing all of the things that people are worried about such as paying bills and dealing with the stress of social isolation due to COVID-19, the county is launching a flu vaccine campaign designed to encourage people to get their flu shot so they have one less thing to think about.

The tag line is "Don't worry about the flu, too" and drives people to the url: ochealthinfo.com/getyourflushot.

"Orange County is following our public health experts' advice in protecting our community from COVID-19 and this upcoming flu season," said Vice Chairman Andrew Do, First District. "To help provide early vaccines, which may potentially be scarce during this pandemic, the County of Orange will host free drive-thru and mobile flu

vaccine clinics in each of the five supervisorial districts."

According to a Centers for Disease Control study of the 2018-19 flu season, of people 19 and older, 48.7 percent of white people received flu shots, while only 39.4 percent of Black people and 37.1 percent of Hispanics received the vaccine; 44 percent of Asian people were vaccinated. A study conducted in Orange County of the 2015-16 flu season produced very similar breakdowns in people vaccinated.

The flu vaccine will be available as a shot or mist form at the Family Health Clinics by appointment only 8-11:30 a.m. and 1-4 p.m., Mondays to Fridays. Clinics are closed 11:30 a.m.-1 p.m. People who live in the county should call (800) 914-4887 for an appointment. There will also be flu pop-up clinics throughout the community that will be listed on the ochealthinfo.com/getyourflushot website.

The similarities in symptoms between the flu and COVID-19 are many and the website features important resources about the similarities and differences between the two illnesses as well as treatment and prevention.

"Cooler weather is coming, and we know that when people spend more time indoors and have closer contact with each other, germs spread much more quickly," said Dr. Clayton Chau, director of the OC Health Care Agency and County Health Officer.

"It is critical that everyone over 6 months old get a flu shot to decrease the incidence of influenza in the community and to ease the stress on the healthcare system when both viruses are likely to be circulating."

To find out more about the flu vaccine, go to ochealthinfo.com/getyourflushot.

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Religion

LW BAPTIST

The joy of the Lord is our strength

By **Rolland Coburn**
Pastor

Recently a friend gave us a lovely, homemade, decorative candle for our living room. On it is a Bible promise, "The joy of the Lord is your strength," (Nehemiah 8:10).

What an amazing word. It reveals the source of our strength. We cannot afford to lose our joy, or God forbid, give it away. Jesus said no one can take your joy from you, the joy he gives us who believe in him, (John 16:22).

The time of the year in Nehemiah was the end of September, the Jewish New Year. He was telling the people, "Let God's Word move your heart to joy." Why? John the Apostle put it very simply, "I am writing to you, little children, because your sins have been forgiven you for His name's sake," 1 John 2:10.

The word "joy" is in the Bible nearly 200 times, but Nehemiah's word is used only twice, here and in 1 Chronicles 16:27, "Splendor and majesty are before him, strength and joy are in his place." Real joy is found only with the Lord. It is the fruit of the Holy Spirit in your life. That is why we are told "Seek the Lord and his strength continually," (1 Chronicles 27:11).

A church songwriter wrote, "If you want joy, real joy, wonderful joy, let Jesus come into your heart."

Our joy in the Lord is what will sustain us in every circumstance. Deuteronomy 12:7 says, "Rejoice in all your undertakings because the Lord your God has blessed you."

Our joy in the Lord is our stronghold or fortress. That is the meaning of the word strength. So we have nothing to fear, because in



Pastor Rolland Coburn

LW BAPTIST, page 9

Assembly of God

By **Norma Ballinger**
LW contributor

Years ago at a women's retreat I was given a very attractive card that read, "I praise you because I am fearfully and wonderfully made." I found the phrase in Psalm 139:13-16.

God desires to be our closest friend and also our sovereign Lord. He created our brains with a capacity to know him as a friend and also Lord. The creation of the human mind was the pinnacle of his creation, but so few of us use it for its primary purpose, which is to know him. Our minds are too filled daily with politics, the coronavirus, the weather, etc. Perhaps it's time to change that emphasis. Only humans are capable of receiving him and responding to his presence. We are indeed fearfully and wonderfully made.

The Lord is with us and all around us; he always beholds us face to face. None of our thoughts escapes his notice. He wants to continually communicate with us through his spirit, his word and his creation. Because he is infinite he is able to love us as if we were the only ones in the universe—revel in his love.

The members and friends of the congregation look forward each Sunday to being with Pastor Sam Pawlak on Facebook at 10 a.m. and then again when DVD's of a service are delivered each Monday, also by Pastor Sam.

Community Church

By **Johan Dodge**
Reverend

On Sunday morning we will continue in our look at Paul's letter to the Philippians. This letter is Paul's most affectionate letter to one of the communities that he founded. Philippi was the capital of ancient Macedonia in northern Greece. According to Acts 16, it was the first city in Europe in which Paul founded a Christ-community after leaving Asia Minor in the late 40s. The tone of Philippians is affectionate and filled with gratitude. As we move ever so slowly toward Thanksgiving and the hopeful end of 2020 and all that it has put us through, we at Community Church know that it is best for our health to accept the changes put upon us and yet maintain an attitude of gratitude. This Sunday will be the first in a six-part series introducing the "Five-Fold Fruit of Faithful Followers." This will conclude with a day of prayer Nov. 14 and 15 starting and ending at noon.

To participate in worship from the comfort of your home, I invite you to tune into worship Sunday morning at 9:50 on Facebook live at @communitychurchleisureworld. If you want to join us for virtual fellowship you will need to call the church office or email leisurewccsue@yahoo.com. If you don't have a computer or Facebook, you can still call in to our phone system at (562) 431-2503 and listen to the weekly message beginning Sunday evening.

As always, if you are in need without another way to address that need, you may call the church office to leave me a message (562) 431-2503.

Main Gate
594-4754

Beit HaLev

Beit HaLev is conducting services on Zoom. Anyone interested in joining the Beit HaLev Zoom community for services and Hebrew lessons, contact the rabbi at (562) 715-0888 for access and instructions on how to use Zoom.

Beit HaLev is continuing to livestream on Facebook and YouTube as well. To attend, go to Rabbi Galit Shirah's website at galityomtov.com, Facebook. galityomtov.com or YouTube. galityomtov.com (Shabbat Shalom LIVE! channel). Evening services begin at 6 and morning services begin at 10:30. A link to the PDF version of each prayer book and "Lev L'Lev," is provided at each service.

The Autumn Festival of Sukkot ends with a final moment to commune with HaShem and to embrace and celebrate God's ultimate gift to the world: the Torah. Shemini Atzeret, Yizkor (Memorial Service) and Simchat Torah will be observed on Shabbat morning (Saturday). Beit HaLev's schedule for livestream services for Sh'mini Atzeret and Simchat Torah is Saturday, Oct. 10, at 10:30 a.m.

Simchat Torah (Joy of Torah) is highlighted by the reading of the final words of the Torah "V'zot Hab'racha," (And this is the blessing) immediately followed by the first words of the Torah, "B'reisheet" (In beginning).

Just as all the Israelites stood at the foot of Mt. Sinai to accept God's Law, every member of every Jewish congregation on earth is bestowed an Aliyah (the honor of a blessing for the readings). At Beit HaLev we symbolically stand under a Chupah (covering for weddings) to be "wedded" to HaShem and our Torah.

Rabbi Galit Shirah conducts a weekday Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and hear a spiritual message, go to SimShalom.com.

Rabbi Galit Shirah's Zoom classes will resume in November. For information, contact the Rabbi at (562) 715-0888 or duets@icloud.com.



Rabbi Galit Shirah

Congregation Sholom

Rabbi Karen Isenberg will be streaming erev Shemini Atzeret services at 6:30 p.m. on Friday, Oct. 9, via Zoom. Rabbi Isenberg will also be on Zoom for Shemini Atzeret services on Saturday morning at 9:30 on Oct. 10.

Those who want to use Zoom with a computer, smartphone, tablet or is a new Congregation Sholom participant, can contact Jeff Sacks to receive a zoom invitation via email. The invitation will have a link that you can click to join the meeting.

Request the Zoom invitation with a text to Jeff at (714) 642-0122 cellphone, or you can email jfsacks@gmail.com. Click the link and follow the prompts. The link will have the meeting id and password embedded, so it should be simple. Call if you want details or practice, (714) 642-0122.

The zoom link will also have a phone number to dial in if you do not have internet service. The number they have in California is in San Jose (area code 669). To call inside California is toll free

SHOLOM, page 8

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Gary Lemming and Linda Hernandez lead the men’s and women’s ministries at Faith Christian Assembly.

FAITH CHRISTIAN ASSEMBLY

Men’s and women’s ministries will begin again starting Oct. 15

Faith Christian Assembly believes it is important for men and women to have a ministry devoted to them. Both groups will meet this week. The women’s ministry, called “Touch of Love,” will meet on Thursday, Oct. 15, at 1 p.m. in the Garden Room under the direction of Linda Hernandez. The men’s ministry, under the direction of Gary Leming, will also meet during this time as well. Take advantage of these special ministries that are devoted to men and women.

Out of an abundance of caution, for all who attend services/events at Faith Christian Assembly, we will be taking your temperature at the door, and you will be asked to wear a mask especially before and after service, and sit socially distant from others. If you are ill, we ask that you stay home.

Due to COVID-19, Faith Christian Assembly is not having all of its regular ministries at this time, but will resume as soon as possible. The midweek Bible study taught by Pastor Sheri Leming is on Wednesdays at 11 a.m. in the Garden Room. Grief Share will meet on Fridays at 2 p.m. starting Sept. 18.

To receive a free newsletter and for more information on the church, call 562-598-9010 or visit our website at www.FCAchurch.net.

Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe The 28th Sunday in Ordinary Time on Sunday, Oct. 11.

The First Reading is Isaiah 25:6-10A and the Second Reading is Philippians 4:12-14, 19, 20. The Gospel reading will be from Matthew 22:1-14 or 22:1-10.

Masses

If you would like to receive a copy of the weekly parish bulletin, you can sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>.

The church is now open to public entry and can return its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m. and Sunday Masses are at 8 a.m., 10 a.m. and noon.

Those who attend must wear a mask or face shield, sit socially distanced, and use hand sanitizer upon entry into building.

Parish Office

The parish office is now open. The office’s hours are Monday–Friday, 9 a.m. –3 p.m.

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FIRST CHRISTIAN CHURCH

Humbling ourselves as Jesus did

By Bruce Humes
Pastor



Pastor Bruce Humes

“Let nothing be done through selfish ambition or conceit, but in lowliness (humbleness) of mind let each esteem (consider) others better than himself. Let each of you look out not only for his interests, but also for the interests of other” (Philippians 2:3-4 NKJV).

The apostle Paul wrote these words to believers in Philippi, a church he had established on his second missionary journey through Greece. He was writing from a Roman prison in 60-61AD.

He is giving sound instruction concerning treatment of others. Sounds a lot like the second greatest command that Jesus gave us, “you shall love your neighbor as yourself.” But he goes much further by giving us a perfect example and application of these instructions.

He starts out in Philippians 2:5 with “Let this mind be in you which was also in Christ Jesus,” which is the mind set of putting others interests ahead of our own. In verse 6, he says, “who being in the form of God, did not consider it robbery to be equal with God.” This is another way of saying that would be “something to be held onto, to be equal with.”

In verse 7 he says, “but made himself of no reputation, taking the form of a bondservant, (willing servant of others) and coming in the likeness of men.” The phrase “of no reputation” means to “empty,” which bodes the question of “emptied himself” means. Some would say of his deity. That makes no sense, if you are God, the agent of creation, how do you stop being the creator, or God? What Christ did was set aside his attributes of deity, while never ceasing to be God.

Moving on to verse 8, “And being found in appearance as a man, he humbled himself and became obedient to the point of death, even death of the cross.”

Humbled himself and became obedient (submissive) to the end, which was death on the cross, putting our interests ahead of his, suffering the most painful death imaginable for my and your sins, redeeming us from the curse of death, and an eternity separated from God. That’s putting our interests before his own. What an example for us to follow.

As we move to verse 9, we see a change from what Jesus did in the previous verses to what God (the father) will do because of what Jesus has done.

Verse 9 says, “Therefore God also has highly exalted him (Jesus) and given him the name which is above every name.”

Because Christ humbled himself and did not seek a name for himself, the father’s response was to exalt him, and give him a name that is above every name.

And because he became a bondservant, a willing slave that lowered himself to others in his service to them (namely the crucifixion) the father, with complete satisfaction in the redemptive work of Jesus on the cross, says this to us in verses 10 and 11, “that at the

FIRST CHRISTIAN, page 9

Purchasing Department Price List

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REVISED 10/02/2020

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REFRIGERATOR	\$638.31		
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REFRIGERATOR.....	\$729.66	TOILET– STANDARD -WHITE	\$174.32
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38 GALLON WATER HEATER 10YR.	\$569.79	TOILET– HI BOY–WHITE.....	\$208.23
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SHOLOM

From page 7

for most, but you may want to check with your phone provider).

The Zoom link is: <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N2IjaXVUZUhyQmY1U0IjQT09>. The Meeting ID is 375 251 9429, passcode: 8ZYy69.

One tap mobile +16699009128,,3752519429# US (San Jose) Meeting ID: 375 251 9429. Find your local number at: <https://us02web.zoom.us/j/kccFliS7A7>

If it is not clear which option you should choose, call Jeff at (714) 642-0122 well in advance so that he can help you.

Due to the holiday there will be no online games this Sunday.

Electric Shabbat Candles are available for \$8. This will enable you to light on Friday night and keep them burning until after Havdalah on Saturday night without a risk of fire. Contact Carol Levine if you want a set. They have graciously been obtained for us in Leisure World by Rachel Berkowitz of Chabad.

Anyone who wants to be a member so they can participate in the live streamed services on the Congregation Sholom of Leisure World Group Facebook page can call Ron Yaffee at (562) 430-7040.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Redeemer Lutheran and St. Theodore's Episcopal churches are holding two services – one outside and one inside each Sunday. The services adhere to social distancing guidelines and masks are required.

REDEEMER LUTHERAN & ST. THEODORE'S

All are invited to the Lord's table

By Lisa Rotchford
Reverend

The 23rd Psalm is scheduled to be the focus for our worship on Sunday, Oct. 11. It is one we turn to for comfort and solace, especially in troubled times. You are invited to join Redeemer Lutheran and St. Theodore's Episcopal churches (at 13564 St. Andrew's Drive) to help find the peace and solace that this psalm brings.

Our two worship services include organ music, prayers and Communion. We have an outside chapel area for those who want to worship in the morning air under patio umbrellas at 9:30. The traditional service begins in our stained-glass sanctuary at 10:30 a.m. (Both services will follow CDC guidelines — masks and social distancing are required and services will be between 30-40 minutes).

We are grateful to the congregation's task force, who have designed our new worship parameters to keep our community gatherings as safe as possible. Their names are Beverly Anderson, Sylvia Makus, Carl Keene, Jerry Brady, Margo Geesing, Kay Pushman, Dee Sessa, Anne Walshe.

Pastor Lisa Rotchford's sermon is titled "All are Invited to the Lord's Banquet Table." Emeritus pastor Gil Moore will be leading the congregation's prayerful responses at the 10:30 service.

Psalm 23
"The Lord is my shepherd; I shall not be in want.
He makes me lie down in green pastures and leads me beside still waters.
He revives my soul and guides me along right pathways for his Name's sake.
Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me.
You spread a table before me in the presence of those who trouble me; you have anointed my head with oil, and my cup is running over.
Surely your goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever."

Religion Directory

The Religion Directory is to help LWers find out information about their church during the ongoing coronavirus situation. Pastors and church leaders can email laurieb@lwsb.com to submit contact updates service times, or livestream website addresses.

The LW Weekly: 430-0534

FIRST CHRISTIAN
From page 8

name of Jesus every knee should (willingly) bow, of those in heaven, and those on earth, and those under the earth, (all of mankind) and that every tongue should confess that Jesus Christ is Lord, to the glory God the father."

Because of what Jesus did on the cross for each one of us, we should willingly bow before him, many will or have, many haven't and won't, but Scripture tells us clearly that there will be a day when all will be compelled to bow and recognize Jesus for who he was, our savior.

If you want to speak to someone at the church or if you have a need, call the First Christian Church office at (562) 431-8810. Leave a recorded message and someone will return your call as soon as possible.

LW BAPTIST
from page 7

trouble or distress the Lord himself is our refuge.

The day Christ rose from the dead he appeared to the women who were running from the empty tomb feeling a mix of fear and great joy. Our Lord said just one word to them, "Rejoice." It is the word Philippians, the marathon runner, announced when he entered Athens gasping with the news of victory: "Rejoice, we win!"

Yes, my friends, that is your joy in the Lord—victory, we win, because we are overcomers through our faith. The joy of the Lord is your strength!

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CHURCH OF JESUS CHRIST OF THE LATTER DAY SAINTS

How to avoid deception and find truth

By Jim Greer
LW contributor

Elder Lawrence Corbridge, in the October 2020 Ensign magazine, presents us with a valuable lesson in avoiding deception. He reminds us that truth is the "knowledge of things as they are, and as they were, and as they are to come" (Doctrine and Covenants 93:24). Knowledge of the truth helps us avoid deception and discern between truth and error.

The Prophet Joseph Smith stated: "Knowledge is necessary to life and godliness. Knowledge is revelation. Knowledge is the power of God unto salvation."

So, how can we gain knowledge and avoid deception? First, we should seek answers to these primary questions:

1. Is there a God who is our father?
2. Is Jesus Christ, the Son of God, the savior of the world?
3. Was Joseph Smith a prophet?
4. Is The Church of Jesus Christ of Latter-day Saints the kingdom of God on earth?

We could ask the unending, secondary questions. However, we would find that once the primary questions have been answered, the secondary become less significant.

As we seek the truth, we find there are many methods of gaining knowledge. Those methods include the scientific, analytical, academic, and the divine. All four are critical to learning the truth, and all begin with a question.

The divine method is preeminent and incorporates elements of the other methodologies while tapping into heaven's powers. The divine method reveals God's truth, which is made known through the whisperings of the still, small voice. "God shall give unto you knowledge by his Holy Spirit, yea, by the unspeakable gift of the Holy Ghost" (Doctrine and Covenants 121:26).

Paul taught us that we could not know the things of God except through the Spirit of God. "The natural man receiveth not the things of the Spirit of God: for they are foolishness unto him. Neither can he know them, because they are spiritually discerned" (1 Corinthians 2:14).

In other words, living worthy of the influence of the Holy Ghost removes the gulf between us and God's presence. Then, we become spiritually discerning and able to obtain a knowledge of God's truth.

The best of all human conditions is to be endowed with heavenly power. We are endowed with heavenly power when we receive the gift and companionship of the Holy Ghost - the source of knowledge, revelation, strength, clarity, love, joy, peace, hope, confidence, and faith. Affirmative proof of truth finally and surely comes by revelation, the still small voice of the Holy Ghost.

When Peter testified, "Thou art the Christ, the Son of the living God," it was not flesh and blood that revealed it to him, but the Holy Ghost, the process we know as revelation. And, upon the rock of revelation, Christ built and now guides his Church. (Matthew 16:15-18)

We can't know the answer to every question. But, if our knowledge is gained and grounded on the rock of revelation, we will discern the answers to the primary questions. And with that knowledge and testimony, the gates of hell will not prevail against us.




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Arts & Leisure

INTERNATIONAL CITY THEATER

2021 season to open in spirit of cautious optimism at LB venue

In the spirit of cautious optimism that theater will be permitted to resume early next year, International City Theatre has decided to announce a 2021 season.

All performances take place Thursdays through Saturdays at 8 p.m. and Sundays at 2 p.m. Performances are held at the Long Beach Performing Arts Center.

“We’re making this announcement with hope in our hearts that we’ll be able to get back to the business of doing theater in the new year,”

says ICT producing artistic director caryn desai [sic]. “We will, of course, have the strictest safety protocols in place for our patrons, who will be carefully socially distanced, and we’re working closely with the union to ensure the safety of our actors. We are all longing for the wonderful, irreplaceable community experience that is live theater, and we’ve lined up a season that will deliver.”

If all goes as planned, the season will open on Feb. 19 with “Blues in the Night,” a scorching, blues-infused, Tony and Olivier award-nominated musical revue. Three women share their stories of a lying, cheating snake of a man who did them wrong via 26 hot, torchy numbers made famous by the likes of Bessie Smith, Duke Ellington, Johnny Mercer, Alberta Hunter, Jimmy Cox, Ida Cox and more. Conceived and originally directed by Sheldon Epps, the International City Theatre production will be directed by Wren T. Brown, founding artistic director of LA’s Ebony Rep and director of ICT’s 2019 hit production of Lady Day at Emerson’s Bar & Grill. Performances will take place Feb. 19-March 7, with two previews on Feb. 17 and Feb. 18.

Next up, Marya Mazor will direct “Slow Food,” by Wendy MacLeod, a play originally scheduled for the now-canceled 2020 season. In this uproarious, yet tender, comedy about love and marriage, a vacationing couple celebrates their anniversary at a Greek restaurant in Palm Springs. But will the marriage survive the service? As a wacky waiter insinuates his way into their meal — and their lives — the couple examines their past and their future together. Performances will be April 30-May 16, with two previews on April 28 and April 29.

“The Legend of Georgia McBride,” a heartfelt, feel-good, music-filled comedy by Matthew Lopez, follows in June with Jamie Torcellini at the helm. Casey is young and broke. The landlord is knocking on his door, and he has a baby on the way. Now, the owner of the bar where he works as an Elvis impersonator has replaced his act with a B-level drag show, and Casey’s about to learn a lot about show biz — and himself. Performances take place June 4-20, with two previews on June 2 and June 3.

August brings a hard-hitting drama about family conflict and clashing cultures. “In Closely Related Keys,” by award-winning playwright Wendy Graf, an African-American attorney with a career on the rise is shocked to discover she has an Iraqi half-sister. Julia Dolan’s carefully constructed life begins to crumble when Neyla, a devout Muslim, arrives in the U.S. with plans to audition for Juilliard. But is there more to her story? Originally scheduled for the now-canceled 2020 season, performances have been rescheduled for Aug. 27-Sept. 12. Saundra McClain directs. Two previews will take place on Aug. 25 and Aug. 26.

Wrapping up the season will be “Art,” the Tony and Olivier award-winning comedy by Yasmina Reza. How much would you pay for a painting with nothing on it? Would it be art? Three old friends square off over the merits of a recently purchased, very expensive — and very white — painting. With friendships hanging in the balance, the question becomes: how much is a painting worth? This heady and hilarious look at the bonds of male friendship viewed through the prism of modern art will be directed by desai, who previously helmed an acclaimed production of Reza’s God of Carnage for ICT. Performances take place Oct. 22-Nov. 7, with two previews on Oct. 20 and Oct. 21.

“This has been such a difficult year for everybody,” concludes desai. “We can’t give up hope, and it’s in that spirit that we must move forward as best we can.”

Recognized by Long Beach as the city’s resident professional theater company, International City Theatre is the recipient of over 400 awards, including the Los Angeles Drama Critics Circle’s prestigious Margaret Harford Award for “Sustained Excellence” and the LADCC’s 2016 Polly Warfield Award for an “Excellent Season.”

For more information about ICT’s 2021 Season and to purchase subscriptions or single tickets, call (562) 436-4610 or visit www.internationalcitytheatre.org.



Video Producers Zoom Meetings

The Video Producers Club offers free weekly Zoom classes at 10 a.m. and a Zoom Party Social on Saturday at 5 p.m.

Classes are as follows:

• **Monday**, 10 a.m., intermediate Zoom class for Windows and Android users with Joe Osuna, host. For an invite to his class, email joosuna29a@gmail.com.

• **Monday**, 2 p.m., Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email sail1942@gmail.com.

• **Wednesday**, 10 a.m., beginners Zoom class Windows and Android users with host Joe Osuna. For an invite to his class, email joosuna29a@gmail.com.

• **Thursday**, 10 a.m., beginner’s Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to his class, email 0501042@gmail.com.

• **Friday**, 10 a.m., guest lecturer Bob Cohen hosts Friday Morning Tech Talk on a variety of topics. Email bob@bobology.com for an invite.

• **Saturday**, 5 p.m., Zoom Party Social, hour open to all residents, hosted by Joseph Valentinetti. For an invite to the party, email 0501042@gmail.com.

—Joe Osuna

Technology Classes by Miryam

Miryam Fernandez’s technology classes are taught on Tuesdays at 2 p.m. Topics change each week as follows:

• Tuesday, Oct. 13, at 2 p.m., Facebook Basics

• Tuesday, Oct. 27, at 2 p.m., iPhone iOS 14 Updates

For an invitation, email Miryam at mzzmimm@gmail.com. If you need help setting up a Zoom microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will *never* contact you by phone, text or email. If there’s a problem with your account, they will shut you down until you contact them.

Tech Talk

Join Bob Cohen in a one-hour live Zoom class on a technology talk every Friday at 10 a.m. Topics are different each week and include iPhones and apps, websites, home office technology and Internet marketing. A question-and-answer session is held during each session, and all you need to know in advance is how to join using Zoom. All sessions are free.

Registration information with optional reading material is sent out every Wednesday morning for the Friday Tech Talk. To register for the weekly newsletter, signup at <https://bit.ly/bob-bobologynewsletter> or contact bob@bobology.com.

Grab n Go Meals

Oct. 8-14

Clubhouse 6 Parking Lot

• **Thursday**: Domino’s Pizza – Call ahead for special orders; wings and salads offered; 3-7 p.m., cash/cards, (562) 493-2212; Mandi’s Candies Ice Cream Truck, 4-7 p.m.

• **Friday**: Katella Deli; extensive menu—deli favorites from appetizers, salads, hot entrees, 3:30-5:30 p.m. Call ahead at (562) 594-8611 or order online www.katellabakery.com, specials of the day available onsite, cash/cards.

• **Saturday**: Lucille’s Smokehouse, barbecue, salads, sandwiches; no pre-orders, just show up between 4-6 p.m.

• **Sunday**: **THIS WEEK AND NEXT WEEK**—Viking Dog Truck, gourmet hot dogs, brats and loaded tots; preorders accepted at <https://squareup.com/store/thevikingtruck> or buy onsite; PayPal, checks, cash, and cards.

• **Monday**: Kabobaholic Food Truck – Chicken or meat kabobs, Gyros, Falafel, loaded fries, 4-6 p.m., www.kabobaholicft.com or text (949) 400-4696 for preorders or buy onsite. Mention LWSB, cash/cards.

• **Tuesday**: Taco Tuesday—Mexican favorites plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no pre-orders.

• **Wednesday**: Gourmet Renee—American cuisine, homemade soups and desserts, 4-6 p.m., pre-order by calling (323) 833-1213; cash/cards

...

All Grab ‘n’ Go events will take place, rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. **People should keep a six-foot distance and masks are required.** For information, call (562) 431-6586, ext. 398.

On-call bus service available from 4:30 p.m. when regular service ends. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.

Watch for LW Live! alerts for daily menus. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>. Vendors are subject to change.

Global Market Kitchen Delivers

Free Delivery of Groceries and Meal Kits

Global Market Kitchen now delivers groceries and prepared meals on Wednesdays at Clubhouse 4 between 2-4 p.m. Order by phone at (562) 661-9776 or online at <https://globalmarketkitchen.com>. The customer service email is globalmk.usa@gmail.com.

LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members.

Memories

Memory islands dot my mind,
With glad reminiscences that bind
Me to true friendships of yore
Delightful thoughts of family lore.
Recalling happy times spent
Gifted moments truly lent
To relieve earth’s drab monotony:
This interim rainbow of emotion
eases my life’s daily commotion:
Nestled gently inside this pleasure
I gulp such renewal in vast measure:
Tucking it away in hidden treasure
To draw out and savor at my leisure!

—Louisa de Sa

Golf League Scores

MEN’S MONDAY GOLF LEAGUE RESULTS

The Men’s Monday Golf League played on Sept. 28 at the David L. Baker Executive Golf Course in Fountain Valley. Nine men and one women challenged the par 62, 4000-yard 18-hole course. With lots of water hazards and tree lined fairways, accuracy and club selection were particularly essential.

Simply put, an executive golf course is a shorter and more compact version of a regular length golf course. Most holes on the executive courses will be par 3’s or par 4’s with the occasional par 5. The executive 18-hole golf course typically has a par of 60-65 and plays less than 5,200 total yards. A regular 18-hole golf course typically has a par of 70-72 and plays more than 5,200 total yards. There are no par 5’s on this course.

Masks are required at the Pro Shop, and while waiting to tee off. The snack bar was open and there is also outdoor seating. No masks are required on the putting greens or driving range nor on the course itself. The golfers are all respectful of each other’s personal space and

GOLF, page 12

Long Beach Medical Center's Shuttle is Here

Exclusively for Leisure World Residents



Your Safety is Our Priority

- Shuttle cleaned throughout the day.
- Masks are required.
- Socially distanced seating enforced.
- If you are feeling sick, please stay home and reschedule your appointment.



Stops & Services

- **Leisure World Amphitheater Bus Corral**
- **MemorialCare Breast Center in Los Alamitos**
 - Offers mammography, breast ultrasound and bone density testing
- **Douglas Park Medical Offices** (Near the Long Beach Airport)
 - Over 15 specialties including imaging and ambulatory surgery services
- **Long Beach Medical Center and Surrounding Medical Offices**
 - Comprehensive inpatient and outpatient hospital services including imaging, rehabilitation, surgery and emergency care
 - Outpatient clinics and medical offices representing most medical and surgical specialties

Pick Up Times *(Times are estimated and subject to change)*

Leisure World Amphitheater Bus Corral

13533 Seal Beach Blvd., Seal Beach, CA 90740

8 a.m. | 10 a.m. | 1 p.m. | 3 p.m.

MemorialCare Breast Center in Los Alamitos

11121 Los Alamitos Blvd., Los Alamitos, CA 90720

8:15 a.m. | 10:15 a.m. | 1:15 p.m. | 3:15 p.m.

Douglas Park Medical Offices

3833 Worsham Ave., Long Beach, CA 90808

8:45 a.m. | 10:45 a.m. | 1:45 p.m. | 3:45 p.m.

Long Beach Medical Center

2801 Atlantic Ave., Long Beach, CA 90806

9:15 a.m. | 11:15 a.m. | 2:15 p.m. | 4:15 p.m.


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Jojo Weingart

Hui O Hula welcomes its newest dancers Cherry Hostler (l-r), Susan Saraf, Bridgit Ramirez, Daisy Ramos and Mel Blake. Here they get ready to recite a Hawaiian chant. Mahalo a nui, many thanks, to Anna O'Brian of Mutual 10 for inviting the dancers back for an encore performance by building 250 tomorrow, Friday, Oct. 9, at 5 p.m. All are welcome. Masks are required. Bring chairs and observe social distancing. Call Kaye Huff, 431-2242, for information on the beginner's class or the performance schedule.



Retired LW Weekly Editor Cathie Merz took this shot of Leisure World residents Gail and Mike Levitt in Zion at on the Emerald Pools Trail. In a fun coincidence, they were all vacationing in the same spot at the same time. It really is a small world.

LW Library Curbside Pick Up

Despite the limitations imposed by the fight against COVID-19, LW Library staff is continuing its innovative curbside pick-up program.

- To schedule your pick-up of requested material, call the library at (562) 598-2431, Tuesday-Friday from 10 a.m.-2 p.m. or email LWLibrary@lwsb.com.

When emailing, include your name, library card number, phone number and what kinds of materials you like to read and/or watch.

Staff will do its best to accommodate specific requests when available.

If requested material is not available, they will use their expertise to find similar items. All it takes is a call or an email, and a friendly employee will put together a bag of materials for you to pick up and borrow from the library.

Due to limited staffing, it could take up to 48 hours, excluding weekends, to fill requests.

You will receive a call when your material is ready for curbside pick-up Tuesday-Friday.

If you have yet to visit the library and get your own library card number, call for a temporary card number until the library re-opens.

Residents can still use the library's Wi-Fi, while practicing social distancing, outside of the library each day.

As always, the health and safety of our patrons and staff is our priority.

The LW Library was closed March 16, and on-site programs and events have been canceled until further notice.

The library also implemented the following:

- Due dates for all currently checked-out books were extended and late fees were been suspended until further notice;
- Items may be returned to the outdoor drop boxes at any time;
- The library has also created a new protocol for cleaning books, it always cleaned books and media but has now stepped up cleaning and disinfecting procedures.
- Staff is still available to answer questions via phone or email Tuesday-Friday from 9:30 a.m.-3:30 p.m.

—Library Operations Supervisor
Vanessa Morris

Genealogy Club

All our welcome to join the Leisure World Genealogy Club on Oct. 14 at 10 a.m. Charles Beal will speak via Zoom on "Select Biographies of Military Veterans from the War of 1812 to Spanish American War buried in Orange County."

Charles was born in the City of Orange and grew up in Santa Ana. He served three years in the Army as a military policeman. After discharge, he attended Santa Ana College and was hired by the County of Orange as a deputy sheriff. He next worked for Security Pacific National Bank in its corporate security division.

He later became a land surveyor for the County of Orange and retired in 2014 after 30 years of county service as a senior land surveyor. He holds a bachelor's of arts from California State University, Fullerton, in criminal justice, and has degrees in administration of justice, business administration and surveying and mapping from Santa Ana College.

Charles has been researching local Civil War veterans buried in Orange County for 21 years. In recent years, he has expanded his graves project to include the War of 1812 and Spanish American War. He is just starting on World War I graves.

Email the Genealogy Club at lwgenealogy@gmail.com or call Mary Romero at (562) 810-4266, to access the Zoom conference.

—Mary M. Romero

Friends of Library Bag of Books Program

The Friends of the Library has a Bag of Books program for people who love to read. Call (714) 350-7682 and request a specific genre or author, and volunteers will do their best to fill a bag per your request for \$5.

The Bookstore has been closed since mid-March. It is at capacity so donations are not being accepted until further notice as there is no more storage space. Residents are asked to hold onto their donations until the bookstore reopens.

GOLF from page 10

social distancing is observed. All scores are net (actual score minus handicap). A Flight handicaps range from 0-20, B flight, higher than 20.

A Flight Winners:

First Place: Gene Vesely, 4 under 58 plus a birdie; second: Sam Choi, 1 under 59 plus a birdie and fewest putts; third: tie between Dave LaCascia and Fujio Norihiro, who also had a birdie; fourth: Bill McKusky.

B Flight Winners:

First Place: John Meyer, 3 under 57 plus fewest putts; second: Bob Munn, 1 under 59 plus a birdie and closest to the pin on the 110-yard par 3 third hole; third: Keiko Sekino plus closest to the pin on the 110-yard par 3 fifteenth hole; fourth: Marv Ballard; fifth: Tom Ross.

MEN'S FRIDAY GOLF LEAGUE RESULTS

The Men's Friday Golf played at Riverview Golf Course in Santa Ana on Oct. 3. Eight men teed off and took the course challenge on the picturesque par 70, 5800-yard course. GPS clocked the yardage of one golfer at 7400 yards. The weather was warm at 7 a.m., but by round's end it was in the high 80s. The sun was out early and was becoming uncomfortable by the middle of the back nine. With the fairways bordered by either high berms or the Santa Ana River, and several par 3's over chasms or water hazards, accurate drives were a must. Frequent elevation changes and elevated greens made club selection particularly important. The grounds were in good condition, but there were only two under-par rounds and only 2 birdies.

Masks are required at the pro and coffee Shop, and while waiting to tee off. No masks are required on the putting greens, driving range or the course itself. There are no shoe or golf ball cleaners and the flags cannot be moved. Golf carts are single person only unless golfers are from the same household. There is outdoor picnic-style seating.

All scores are net (actual score minus handicap).

A Flight Winners:

First Place: Sam Choi, 5 under 65 plus a birdie, closest to the pin on the 100-yard par 3 ninth hole and fewest putts; second, Dave LaCascia, 2 over 72; third: Gene Vesely plus a birdie and closest to the pin on the 150-yard par 3 second hole; fourth: Bill McKusky; fifth: Fujio Norihiro.

B Flight Winners:

First Place: Bob Munn, 4 under 66; second: John Petersen; third: John Meyer plus fewest putts.

Friends, ladies, spouses, and family are all welcome to play and/or join. Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana, and Willowick in Garden Grove. LW Men's Club membership is not required. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight; two prizes for closest to the pin on par threes; and a prize for the lowest number of putts in each flight. Holes-in-One, although infrequent, are generously rewarded. If interested, contact, Bill McKusky, (562) 430-8618, or Dave LaCascia, (801) 674-5975.

The Men's Monday/Friday league is looking for golfers (men and women) to join the league during the reduced playing time on the LW course. Handicaps can be determined using local course numbers and adjusted for the longer and more difficult courses outside Leisure World. Contact Dave for more information.

—Dave LaCascia

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Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays from 11 a.m.-1 p.m. on Zoom. Instructor Adrienne Rosenfeld teaches the free 40-minute class that focuses on balance, shifting weight and cognizant activities. The class broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390, right after the Queen Kong interview and is available on [youtube.com](https://www.youtube.com). Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. Email her at arosenfeld1@verizon.net, and she will send you the link to join to group. Or people can join the Zoom meeting by visiting <https://us02web.zoom.us/j/84982522530>; the Meeting ID is 849 8252 2530.

Family Radio Service Users

Calling all Family Radio Service Users in Leisure World—the Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then call in stating your first name, last name initial and mutual number. Remember to press the side button to speak and release when finished. For more instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson, rjexn@yahoo.com, or call (562) 431-6586, ext. 409, to leave a message.

LW Walking Trails

Regular brisk walking can help people maintain a healthy weight, prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes; strengthen bones and muscles; and improve mood, and balance and coordination. The Recreation Department has a Leisure World Walking Trails brochure featuring seven measured trails throughout the community. Stop by the Downtown Café and pick one up. For more information, contact kathyt@lwsb.com.

Book Reviews Welcome

In these times of COVID-19, people have a lot of time to read. LW residents are invited to submit reviews of their favorite books for publication in the LW Weekly. Include your name and mutual and telephone numbers. The reviews are subject to editing and will run as space allows. Email them to rutho_news@lwsb.com. For more information, call (562) 472-1277.



Leisure Bicyclist members pedaled to the Queen Mary on Labor Day. The group rides on Sundays, Mondays, Wednesdays and Fridays. They meet at the North Gate (the gate to river is unlocked). Excursion destinations include Shoreline Village, Long Beach, Bolsa Chica and El Dorado Park, among others. All are invited to join; however, helmet, safe shoes and masks are a must. Call Mary Romero, (562) 810-4266, for further information.

Ballet Fitness Club

The LW Ballet Fitness Club is suspending its class held at 2 p.m. on Tuesdays at Veterans Plaza, starting Tuesday, Oct. 13. Ballet instructor Milton Lockett would rather have his dancers using proper ballet barres. LW Ballet Fitness Club looks forward to resuming Happy Hour at the Barre when Clubhouse 6 reopens.

Connecting with the LW Weekly

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19. Staff is working on-site and remotely to produce the LW Weekly. Editors can be reached by phone and email. See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor. People may drop articles and classified ads into the letter slot at the front of the News Building. The editorial deadline is Thursday for the following Thursday's edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; deadline is Monday at 2:30 p.m.



RE-ELECT
THOMAS
MOORE

FOR SEAL BEACH CITY COUNCIL
District 2

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COLLEGE PARK WEST
ROSSMOOR CENTER

I have brought Safety and Security, Fiscal Responsibility and Efficiency to the City Council with my experience in budgeting, finance, computers and technology.

- 2019 Mayor and Current Council Member
- Computer Engineering & Computer Science graduate from CSULB
- Director on Cal State Long Beach Alumni Association



Tom with his wife Sharon and son Evan

Endorsements

- Los Alamitos Mayor Richard Murphy
- Westminster Mayor Tri Ta
- Orange County Chair Supervisor Michelle Steel
- CSULB President Jane Conoley
- Cypress Mayor Rob Johnson
- Stanton Mayor David Shawver

Tom has helped make Leisure World Safe and Secure!

- Traffic Enforcement Now Enforced by Seal Beach Police
- Dedicated Police Detective for Fraud Prevention
- Started Homelessness Task Force with Long Beach



"Tom reminds me of why I got into politics initially. I remember seeing someone in Long Beach as a Councilman stick up for what he believed in and really make a difference. Tom reminds me of him. He stands for what he believes in and delivers for residents in his District. He works hard for them to make sure that their money is spent wisely."

- Richard Murphy
Mayor of Los Alamitos



It has been a pleasure representing District 2 of Seal Beach for almost 4 years. I am fortunate to have met so many wonderful people in Leisure World. It was the highlight of being Mayor in 2019 for me to participate as part of the celebration honoring 21 Leisure World residents turning over 100 years old. The City gave a corsage and certificate to each centenarian.

- Thomas Moore

Community



Grace Buster (center) and neighbors celebrated her 100th birthday outside.

LW BIRTHDAYS

Grace Buster celebrated her centennial year Oct. 2

Grace Buster from Mutual 10 celebrated her 100th birthday on Oct. 2.

After going to brunch with two of her daughters, Grace came home to a group of

masked friends and neighbors waiting outside to celebrate her birthday socially distanced style.

Grace's friends brought cards, homemade cake, and other small gifts to show their love and ap-

preciation of their friend.

Her family also had a large pink banner hanging outside her home where everyone could see and wish her a happy birthday as they walked by.



John Shields and his wife, Debbie



Photos by Laurie O'Toole

John Shields celebrates 75th birthday with a beach day

John Shields from Mutual 5 celebrated his 75th birthday with his wife, Debbie, and family and friends at the river jetty in Seal Beach on Oct. 3.

Nick's breakfast burritos were brought by the O'Tooles, along with a birthday cake to enjoy on the beach.

Laurie O'Toole made sure to take pictures to preserve the memories from the special day.

John's friends Jim and Jayne Beam came to the small celebration as a surprise to surf with John.

The waves that day were great, and the surfers all shouted "happy birthday" to John while he was out in the water. One time, as he surfed by, one young man yelled out, "You're 75?"

It was a very fun and special day, as John grew up at the beach and has been surfing there for about 60 years.

Celebrate your birthday, anniversary, or retirement with us!
Email laurieb@lwsb.com
with photos attached as jpegs

SUNSHINE CLUB

Bob Dabic is this week's speaker



Bob Dabic

Bob M. Dabic, a business and life coach, will be the speaker for the Sunshine Club's next Zoom meeting on Friday, Oct. 9, at noon. He will speak about different ways to handle confrontation respectfully.

Dabic will go over in detail how to understand, inquire about and confront another person's point of view or behavior. He hopes this speech will help Leisure World residents learn how to help others feel better, use non-offensive or judgemental wording that comes across as neutral and the best way to express themselves in a respectful manner.

All Leisure World residents are welcome to join the Zoom meeting. Those who would like to get a Zoom link by email should text their email address to (562) 301-5339 no later than Thursday at 5 p.m.

The link to join the meeting is <https://us02web.zoom.us/j/82119904568?pwd=dkVmOVowRU1uQXRNb2QveFdFSHp4Zz09>, and the meeting ID is 821 1990 4568.

Dabic is a "master chair" (business/life coach) of Vistage Chief Executive and Key Executive Groups in the Greater Orange County, California, area; a "best practice chair" responsible for chairs and members in the Los Angeles area; and a lead trainer of new and existing chairs.

Vistage is the world's leading organization of Private Peer Advisory Boards for CEOs, Executives and Business Owners, which is "dedicated to improving the effectiveness and enhancing lives" of its members and those they influence.

Dabic has been honored with the following awards for his Vistage chair performance: "Chair Excellence," "Master Chair" and "STAR" awards for numerous years; the "Robert Nourse Chair of the Year Award" for 2006; the highest chairing performance achievement, the "Don Cope Memorial Award," in 2010; and for going above and beyond as a Vistage chair, the coveted "Hyndman Award" for 2016.

In addition, Dabic is CEO (Coaching Excellence Officer) of Dabi Coaching, a multi-purpose coaching/training/consulting company. He coaches clients and oversees workshops on various topics such as vision/mission/values creation, strategic planning, career development planning, leadership and more. Since 1999, he has worked with more than 100 different companies/organizations and well over 1,000 senior executives in those entities.

Prior to being a life and business coach, Dabic was a successful owner, president and CEO of several airport and aerospace equipment design and manufacturing companies over a 30-year period. Dabic was also director of marketing for an alarm manufacturer. He worked in a sales role with Xerox Corporation right after graduating from California State University at Long Beach with a B.S. degree in Business Administration/Marketing.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members. The club always welcomes new people.

The topic of each guest speaker's presentation will be announced in the LW Weekly with link information to join.

For more information, contact Anna Derby at (562) 301-5339.

Chess Club

In this week's puzzle, white moves first, and for any answer by black, the white's next move is checkmate.

The white Queen moves from G1 to H2. Any answer by black, the white's next move is check mate.

Unfortunately, the members of the chess club are unable to play together on Fridays because of the COVID-19 shutdowns.

The chess puzzle will appear in the LW paper weekly to keep



the love of the game alive.
Solution to this week's puzzle:
Qh2

The LW Weekly: 430-0534



When wearing your mask, make sure it covers your nose and mouth and fits securely with no gaping holes.

The dos and don'ts of wearing, cleaning and disposing of your mask

Many of us have become accustomed to wearing a mask every day to keep ourselves and our loved ones safe from the coronavirus. We all have our own dedicated "mask spot" in our homes. It might be by a door or in a bag so we don't forget to grab it before we leave the house. We meet friends outside and at a distance or over Zoom to keep us safe.

Even though the initial months of the pandemic are over, it's important to remember how to wear, clean and dispose of our masks.

Wearing a face mask: By now, you've tried a few different types of masks to see which one works best for you. There are masks that have closed loops on each side to put over your ears, ones with ribbons or string on the top and bottom that tie around the base and middle of your head and gaiters that you pull up over your nose and ears. Whichever mask you wear, it's important that it fits over your nose and chin without any gaps. If you have a mask that goes around our ears, make sure it doesn't lift up at the corners where the fabric ends and the ties begin. The coronavirus is an airborne virus so our masks must cover our nose and mouths to be effective.

Reusable vs. Disposable: In the early weeks of the pandemic, the public needed to wear reusable cotton masks so that essential workers

MASKS, page 23



Mutual Six Mask Giveaway would like to thank Sunshine Club, Health Care Center, Golden Age Foundation and Sewing Brigade for their generous contributions.

GOLDEN AGE FOUNDATION

Ralphs Reward Program and Amazon Smiles now can be completed over the phone or online

Since March 16, the LW community has been asked to stay home and practice social distancing due to the COVID-19 virus. It made cooking from home an essential way of life, and now each household has a larger need for grocery shopping. While many shareholders spend a lot of money

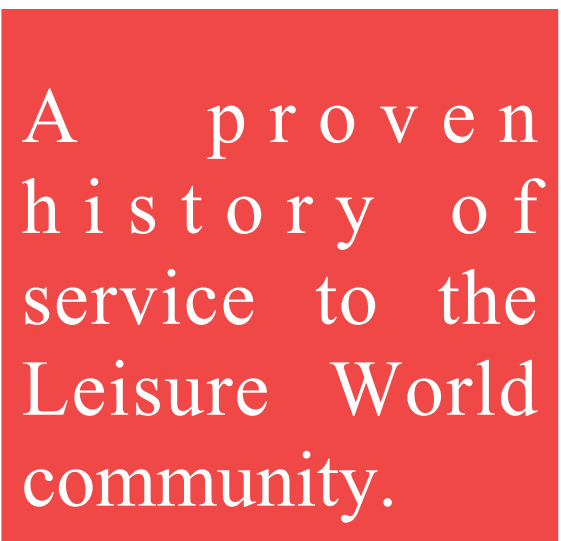
on groceries, there's a way to help others and donate to GAF while shopping.

One of the ways that people can help GAF is through the Ralphs Community Rewards Program. Sign up on www.ralphs.com. People will need their Ralphs Rewards Card number to register

or the phone number associated with the account.

Those who don't have access to the Internet can sign up by phone. The Ralphs Rewards registration number is (800) 443-4438. Be sure to let them know the GAF non-profit organization (NPO)

GAF, page 16



Endorsements:

- Orange County Professional Firefighters IAFF Local 3631
- Seal Beach Leisure World Democratic Club
- Sandra Massa-Lavitt, Seal Beach City Council Member District 5, Seal Beach Mayor 2016 & 2017
- Phillip Mandeville, "What I like most is her No's are No & her Yes's are yes. You can count on her!", Orange County Senior Citizens Advisory Council elected member, past President Mutual 11, Leisure World Community Emergency Response Team (CERT) instructor,
- ... see my web site for a complete list of endorsements



Military Service: U. S. Women's Army Core (WAC) , 8 years

Community Service: Library volunteer; Mutual Twelve Board Member; President of the Leisure World Historical Society; Golden Rain Board member & President; Golden Age Foundation (a 501c3 assisting LW Residents) Board Member & President

District 2: Mutual 1 east of St Andrews, Mutuals 10, 11, 12, 14, 15, 16, 17, College Park West, and Rossmoor Center

Visit <https://www.CaroleDamoci.org/> or email me at Carole@CaroleDamoci.org Campaign signs available.

Political advertisement paid for by Carole Damoci Seal Beach City Council

Republican Club

By **Brian Harmon**
LW contributor

SB City Councilman Thomas Moore will be at the Republican Club booth to talk to voters during the half-off sale of all remaining merchandise on Monday, Oct. 19, in the parking lot by Clubhouse 6, where the food trucks are.

The booth will continue to be manned every Monday, Wednesday, and Friday from 11 a.m. - 2 p.m. until Oct. 20. It will then be open every day until election day. Free face masks are still available, courtesy of Michelle Steel, candidate for Congress.

Republicans from all over Seal Beach will continue to meet at the base of the pier every Saturday at noon to show support for police officers and opposition to defunding law enforcement. All are invited to join.

Michelle Steel met with LW Republicans and spoke to an enthusiastic crowd at the club booth on Sept. 28. Steel is the chairwoman of the OC Board of Supervisors and a candidate for Congress in the district representing Leisure World.

“I’m a public servant, mother, and proven tax-fighter who has spent my career creating jobs,” she said, “holding a failed government system accountable, and ensuring it always works for the people it serves.”

She discussed how she came to America as a young adult with her mother and two younger sisters from South Korea.

“Like so many,” she said, “my family came to America searching for opportunities with the hope for a better future.”

She said that after watching her single working mother struggle to fight an unwarranted tax bill from the California State Board of Equalization, she realized that government was failing the people that needed it most.

“I knew I needed to serve my community,” she said, “so I decided to run for public office. I successfully ran for the California State Board of Equalization, the very agency that showed me how broken our political system is, and I worked to make much needed, common-sense reforms. In Congress, I will fight to protect Medicare and Social Security, lower taxes and allow Americans to keep more of their hard-earned money, especially during these uncertain times.

“I have been blessed to live my American Dream and that is why I am running for Congress. Together, we can ensure future generations have hope for a better future and opportunities to prosper.”



Thomas Moore

Democratic Club

By **Mary Larson**
LW contributor

By now, all Leisure World registered voters should have received a copy of Orange County’s Sample Ballot and Voter Information Guide. Many of us have also received our actual vote-by-mail ballots.

Orange is the only county in California to print its own ballots. With 1.7 million registered voters in the county, it can be an overwhelming job to be sure all addresses are up to date, etc. Minor mistakes are apt to happen. Be sure to sign your ballot the same way it is listed on your ballot envelope or it might not be counted.

Anyone having questions about their registration status or who has not received a vote-by-mail ballot by Oct. 14 should contact the Registrar of Voters at (714) 567-7600 or online at ocvote.com. Remember that the deadline for registering by mail or online is Oct. 19.

Once you have voted, you can track your ballot by entering your date of birth and the last four digits of your driver’s license number or CA ID online at <https://ocvote.com/vlt/>. Email the Democratic Club through its website at <https://sblwdems.wordpress.com/> with any questions regarding the election.

Democratic Club members will gather for the third time via Zoom on Wednesday, Oct. 21. The agenda for the meeting will include a review of legislation adopted by the 2020 session of the California legislature. Of special



The Democratic Club wants to remind LW voters that the deadline to register to vote by mail is Oct. 19

interest to Leisure Worlders will be AB 3182 which the governor signed on Sept. 28. This legislation will void any Leisure World rules that ban the rental of our units. It will also prohibit the implementation of any new such rules. GRF would, however, be able to cap the number of rentals at 25 percent of the total housing units.

The legislation will also allow GRF to prohibit transient or short-term rentals of 30 days or less. It is not clear at this point whether or not rentals will be limited to 25 percent of each mutual or Leisure World as a whole.

Window signs supporting the following candidates are available by calling (562) 596-0450 or (562) 296-8521:

- Joe Biden/Kamala Harris, candidates for president and vice-president
- 48th District Congressman Harley Rouda, candidate for

reelection to the House of Representatives

- Garden Grove Councilwoman Diedre Nguyen, candidate for CA Assembly District 72;
- Paurvi Trivedi, candidate for Los Alamitos Unified School District Board Area 2.

Biden/Harris yard signs for your garden are also available.

The SBLW Democratic Club welcomes new members and friends. Membership forms are available at: <https://sblwdems.wordpress.com/>.

If you are a registered Democrat or a supporter and want to know more about the club’s efforts between now and Nov. 3, you can subscribe to our electronic newsletter at no cost by emailing Mary Larson at mlarson.telfords@gmail.com or by calling (562) 296-8521 with your contact information.

The LW Weekly: 430-0534

Main Gate: 594-4754

GAF from page 15

number with Ralph’s is FS 519.

This is a great opportunity for residents to help GAF as it works to enrich the lives of other Leisure World residents. Just by signing up and doing their normal grocery shopping at Ralph’s, LWers can help GAF obtain a portion of these funds at no additional cost.

Amazon Smile is a unique, charitable award program for qualified non-profit organizations like the GAF.

If you enroll in [Smile.Amazon.com](https://smile.amazon.com) and indicate your charitable organization as the Golden Age Foundation Seal Beach, every time you shop on Amazon, they will donate a percentage of your purchase to GAF without any additional cost to you.

To sign up for Amazon Smile, follow these three simple instructions:

1. Sign in with your existing Amazon account information. If you don’t have an Amazon account, you can create one. It’s easy and free!
2. Type in Golden Age Foundation, Inc. as the charity you’d like to support. Make sure the location is Seal Beach, CA.

Once you’re finished, don’t forget to type www.smile.amazon.com when you shop on Amazon in the future.

For more information, call Anna Derby at (562) 301-5339.

The **COMMUNITY** deadline is 4 p.m.,
Thursday, prior to the desired publication.
Email any **Community** news to
laurieb@lwsb.com

Obituaries

Terttu Liisa Varho
March 1932 - Sept. 2020

Terttu (Liisa) Varho passed away on Sept. 4 at the age of 88. She was born in Finland, the youngest of 10 children. She lived in Finland and became a physical therapist before marrying her husband, Antti (Andy) in 1959. Together they moved to California where they raised two children, Matt and Liisa. Terttu worked as a physical therapist for 35 years before retiring from Kaiser in 1996. Terttu and Antti loved to travel. They visited Finland many times, traveled to Sweden and many national parks in the United States.



Terttu moved to Leisure World in 2001 three years after the death of her beloved Antti. She enjoyed partaking in the trips that Leisure World offered to the casino and apple orchards. She was very active. Terttu took oil and china painting classes through the Cypress Senior Center, learned to play clarinet, and brushed up on her

Spanish through audio tapes and language programs. She made valuable friendships throughout her time at Leisure World, and hosted movie nights with the ladies.

Terttu is survived by her son (Matt), daughter-in-law (Margaret), daughter (Liisa), son-in-law (Guy), and three grandchildren (Erik, Liam, and Alina). Terttu will be greatly missed, but knowing that she and Antti are together again after 22 years will help in the family’s healing process.

- ****
- Velma Herron 85
 - Patrick Hunn 53
 - Kathleen Spencer 63
 - Kenichi Nakagawa 81
 - Jean-Francois Chapier 88
 - Tony Burrell 60
 - Blanca Dominguez 97
 - Robert Kent 89
 - Winifred Smith 91
 - Carolyn Husemoller-LaBelle 72
 - Cezar Salazar 82
 - Kimberly Hutchinson 67
- Families assisted by
McKenzie Mortuary,
961-9301
—paid obituary
- ****

Space is available for obituaries of residents and former residents. • An “In Memoriam” column is available free of charge. Limited to name, mutual number and

date of death.
• An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.
• Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate, \$12 for the first 12 words and 25 cents for each additional word.
• Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.
• Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
• A “Card of Thanks” section is available in the classified section of LW Weekly at the member classified advertising rate, \$8 for the first 12 words and 25¢ per word thereafter, for persons wanting to express their thanks for help during bereavement, sickness, etc.

SBTV Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at Sbtv3.org.

Thursday, October 8

4 pm LW Radio Club
4:08 pm Albuquerque Hot Air Balloon Show
4:15 pm LW 50th Anniversary 2010
5:01 pm Anna Derby 71st Birthday
6 pm Ocean Perspectives
7 pm Back to Bourbon Steet
7:40 pm Betty Price Chimes Soloist
8:30 pm Cerritos Center- Matt Mauser
10:30 pm Bob Cole Conservancy

Friday, October 9

4 pm Dr. N Alzhiemers Family Center
4:24 pm Albuquerque Hot Air Balloon Show
4:31 pm Judge Carolyn John and Richard
5:30 pm Free Kosher Food
5:44 pm Aliens Among Us
6 pm Jazz Holiday with Hank Barto
7:15 pm Hot Air Balloon/Radio Show
7:30 pm History of Seal Beach
8 pm Spirit of Seal Beach
8:30 pm Harmonn Islanders
9 pm Cerritos Center- Golden Dragon Acrobats
10:30 pm Cerritos Center- The Four Tenors

Saturday, October 10

4 pm Healthy Brain Aging
4:40 pm Free Kosher Food
5 pm Judge Carolyn John and Richard
6 pm Harmonn Islanders

6:30 pm Beginning of LW
6:45 pm Back to Bourbon Street
7:30 pm The Bug Guy
8 pm LAUSD
11 pm Cerritos Center- Matt Mauser

Sunday, October 11

4 pm Seal Beach City Council Meeting- Replay 9/28
6:30 pm Aquarium of the Pacific
7 pm Spirit of Seal Beach
7:30 pm History of Seal Beach
8 pm LW Radio Club
8:08 pm Anna Derby's 71st Bithday
9 pm Abilene Ampitheater
10 pm LW 50th Anniversary 2012
10:46 pm Aliens Among Us
11 pm Bob Cole Conservancy

Monday, October 12

4 pm Mystery at the Theater
4:31 pm Head Master
4:41 pm Sea Inside
5 pm LW 50th Anniversary 2012
5:46 pm Free Kosher Food
6 pm History of Seal Beach
6:30 pm Spirit of Seal Beach
7 pm SB City Council Meeting- LIVE
8:30 pm Suede Soul Dancers
9:05 pm Vinyl Rock Valentine Concert
11:20 pm Bob Cole Conservancy

Tuesday, October 13

4 pm Dr. N Alzhiemers Family Center
4:30 pm Community Focus
5:30 pm Suede Soul Dancers
6:05 pm Albuquerque Hot Air Balloons
6:15 pm LW 50th Anniversary 2012
7 pm Alaska Final Frontier
7:15 pm Back to Bourbon Street

8 pm The Bug Guy
8:30 pm Cerritos Center- Matt Mauser
10:30 pm Bob Cole Conservancy

Wednesday, October 14

4 pm Healthy Brain Aging
4:45 pm LW 50th Anniversary 2012
5:30 pm History of Las Vegas Part 1
6:45 pm History of Las Vegas Part 2
8 pm Seal Beach City Limits: Richard Hastings
9 pm Cerritos Center- Golden Dragon Acrobatics
10:30 pm Cerritos Center- The Four Tenors
11:30 pm Bob Cole Conservancy

**All programming is subject to change.*

FYI:

When there is doubt about LW policy or rules and regulations, residents should refer to their Occupancy Agreements, or direct questions to their mutual directors or GRF representatives.



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Tell Them You Saw Them In the
LWWeekly

HUMANIST CLUB

The Humanist perspective on COVID-19

By David Silva
LW contributor

How are Humanists handling the COVID-19 virus? Dr. Anthony Fouci, expert on communicable diseases, is a Humanist and a frequent spokesperson on how to deal with the difficult problems the virus presents. Dr. Fouci gives us information based on science, not on speculation, rumor or the latest conspiracy theory. Humanists wear masks because it not only protects us from an airborne virus, but it also protects others as well. We practice social distancing for the same reason. Even though we believe in personal freedom, we don't see wearing a mask as a political statement. We believe our behavior affects the health of others and it would be unethical to needlessly put them at risk. Society cannot wish the virus away, and pretending it doesn't exist or is some sort of hoax will only result in more illness and deaths. According to Scientific American magazine, it's estimated that cases and deaths are underreported by as much as 30 percent. The most effective way to reduce cases is to follow the advice of experts who know the science. Perhaps we can learn strategies that have worked from other countries. There are more deaths in America because of the virus than in any other country. While deaths in America number more than 200,000, according to Time magazine, there are only seven deaths in Taiwan and 22 in New Zealand. Maybe they are doing something right. Humanists trust science and accurate information.

Long Beach Medical Center Shuttle available for Leisure World Residents

MemorialCare Long Beach Medical Center provides a complimentary shuttle service exclusively for Leisure World residents. The shuttle allows Leisure World residents easier access to the specialists and expert care available at Long Beach Medical Center, the MemorialCare Breast Centers in Los Alamitos and Long Beach and the Douglas Park Medical Offices (Near Long Beach Airport) offering imaging, primary and specialty care. The shuttle operates Monday through Friday, 8 a.m.-5 p.m. Learn more at memorialcare.org/LBShuttle or call (562) 933-1233.





Welcome Dr. Chun



Sophia Chun, MD
Internal Medicine, Physical Medicine and Rehabilitation



Christopher Chung, MD
Family Medicine, Geriatric Medicine



Ellen Dayon, MD
Internal Medicine



Rudolf Haider, MD
Family Medicine



Lisa Markman, MD
Endocrinology



Nancy Smith, MD, JD
Family Medicine



Sullyvan Tang, MD
Internal Medicine



Sarah Yi, FNP-C
Family Medicine

Working together to keep you healthy

Please join us in welcoming **Sophia Chun, MD**, to the Health Care Center. She is a board certified doctor specializing in internal medicine and physical medicine & rehabilitation. She feels privileged to help patients regain and maintain their overall health.

Dr. Chun will work together with our health care team to provide you with personalized and compassionate care. The services offered at the newly renovated Health Care Center include:

- Same-day appointments
- 24 hour nurse triage line
- Speciality care services including ophthalmology, physical therapy, podiatry and endocrinology
- Services available in Spanish, Russian, German, Korean

- Chiropractic and massage services, available to all residents
- Association with leading hospitals, including:
 - Los Alamitos Medical Center
 - MemorialCare Long Beach Medical Center



Call **1-562-493-9581** today to schedule an appointment.

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Puzzles & Comics

Answers on page 23

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

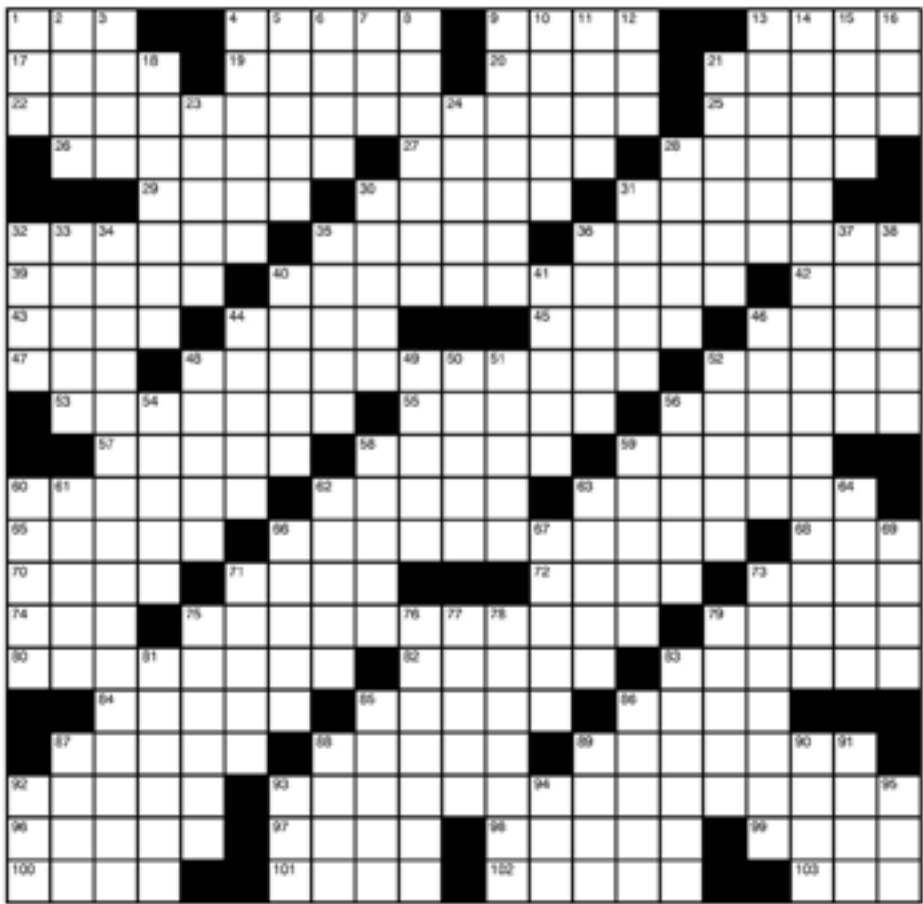


Put All One's...

Edited by Linda and Charles Preston

ACROSS

- 1 Shoot the bull
- 4 Suburban sights
- 9 Rizzuto
- 13 "... in Kalamazoo"
- 17 Writer Wiesel
- 19 Flamboyant Flynn
- 20 Stockings
- 21 Make points
- 22 Overstatements?
- 25 "... dollar, ..." clock scholar"
- 26 Doodlebug parent
- 27 Doctrine
- 28 Dispatch boat
- 29 NC college
- 30 Choreographer Alvin
- 31 Skedaddle
- 32 "... Groovy": Simon and Garfunkel song
- 35 Sleep disorder
- 36 109-carat diamond
- 39 Fish with hook and line
- 40 He had a "Ragtime Band"?
- 42 E. Netherlands town
- 43 Swenson, of "Benson"
- 44 Bergman role
- 45 Melville's Billy
- 46 Weary worker's cry, in brief
- 47 Fleur-de-...
- 48 Adroitness
- 52 Memorable Italian tenor
- 53 Gourmet Brillat-...
- 55 ... Selassie
- 56 Everything in readiness
- 57 Makes ropes shipshape
- 58 Cordage fiber
- 59 Honeyed
- 60 Range rovers
- 62 "Olympia" painter
- 63 Laundry cycle
- 65 Bowling lane
- 66 Annoyances?
- 68 Slithery one
- 70 Rogers, et al.
- 71 Uncovered
- 72 Like a bump on ...
- 73 Austen's Ms. Woodhouse
- 74 Tenn. player
- 75 Town on Revere's route?
- 79 Prepare to propose, perhaps
- 80 Play part
- 82 Big name in brewers
- 83 San Joaquin valley city
- 84 TV's Couric
- 85 "As You Like It" girl
- 86 Reunion attendee, briefly
- 87 Synthetic used in plastics
- 88 Marian's beloved
- 89 Ideal worlds
- 92 Final authority
- 93 Easter hunt leftovers?
- 96 "... for the Misbegotten"
- 97 Concluded
- 98 Actor Davis
- 99 Location



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10/11/20

- 100 Major musical work
- 101 "Lulu" composer
- 102 Addictive drugs, for short
- 103 Explorer Johnson

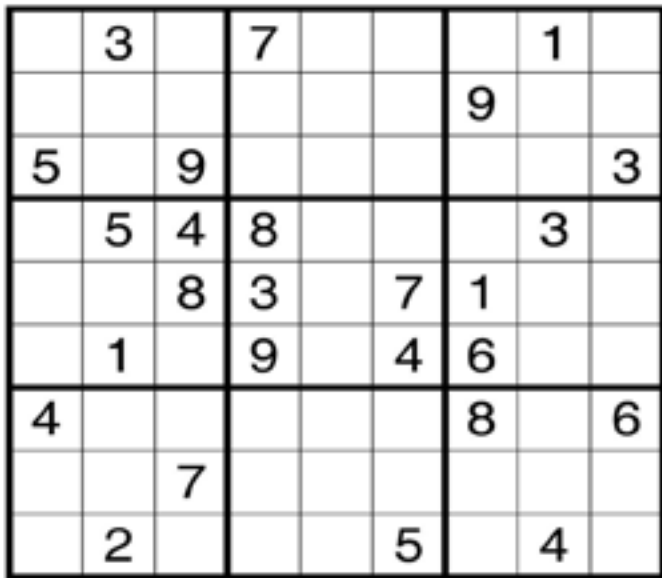
DOWN

- 1 "My goodness!"
- 2 Bit of seaweed
- 3 Zodiac division
- 4 Multitude
- 5 Fluorescent lamp gas
- 6 Small songbird
- 7 And not: conj.
- 8 Booking ahead
- 9 Part of P.T. Barnum
- 10 "Tommyrot!"
- 11 "... It Romantic?"
- 12 Bandleader Brown
- 13 Lights, camera, ...!
- 14 Carries things too far?
- 15 Cartoonist Peter
- 16 Summer beast?
- 18 Miss Havisham's ward
- 21 ... faire: Fr.

- 23 TV's "Kate & ..."
- 24 Short wire?
- 28 Yearned: inf.
- 30 Copycats
- 31 Newly grassed
- 32 Be unsuccessful
- 33 Phillies' Del
- 34 Song from "Sugar Babies"?
- 35 Straighten
- 36 Notre Dame's Rockne
- 37 Odette's opposite number
- 38 Equip again
- 40 Sponsorship
- 41 "... of Divorcement"
- 44 Actress Oberon
- 46 Like a Floridian's floor
- 48 ... dozen: exercise routine
- 49 Unspecified object
- 50 Lets up
- 51 Gaucho's cow-catcher
- 52 Dingles' cousins
- 54 Says yea or nay
- 56 Filling with wonder
- 58 Venerated wise ones
- 59 Soup utensil
- 60 Shape by cutting
- 61 Knock for ...

- 62 Combine companies
- 63 Missile housings
- 64 Sanaa is its capital
- 66 Ambiguous
- 67 Mountains of South Poland
- 69 "Le Roi d'Ys" composer
- 71 Go first
- 73 Hatfields, to McCoys
- 75 Skin balm, e.g.
- 76 Titanic Waterloo
- 77 Really?
- 78 Happening
- 79 Gene on drums
- 81 51 Down, synonym: pl.
- 83 Azores island
- 85 One on the way up
- 86 Top floor?
- 87 A way off and on
- 88 Wander
- 89 Former Soviet inits.
- 90 Exchange premium
- 91 Cpl.'s superiors
- 92 ... Paulo
- 93 ... sister: certain journalist
- 94 Juliette Low org.
- 95 Cousteau's milieu

Sudoku 1

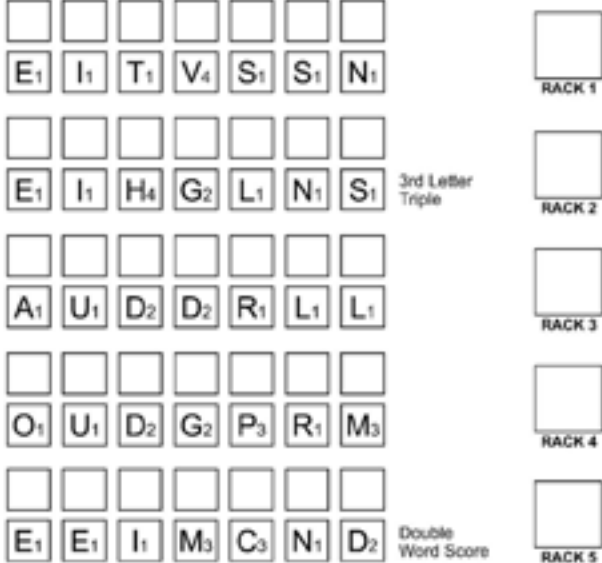


9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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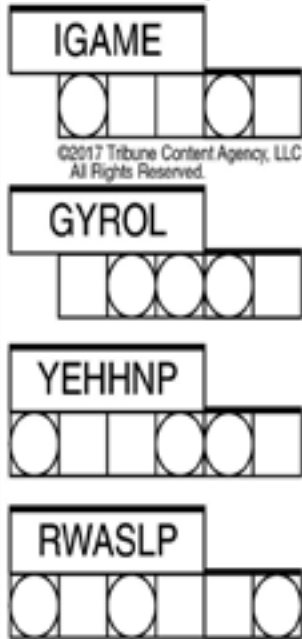


PAR SCORE 260-270
BEST SCORE 321
FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

- ALIENS
A QUIET PLACE
CARRIE
DRACULA
EVIL DEAD
GERALD'S GAME
GET OUT
GODZILLA
HALLOWEEN
HUSH
MISERY
NOSFERATU
PSYCHO
ROSEMARY'S BABY
SAW
SHAUN OF THE DEAD
THE CONJURING
THE DEAD ZONE
THE FLY
THE SHINING
THE WICKER MAN

Health & Fitness

HCC

Red Cross Blood Drive Oct. 16

Grecia Nunez

Senior ambassador, Health Care Center

Pandemic or not, there is still a need for blood donations. These donations serve patients in critical need, such as those in surgery or in need of a transfusion. Each quarter, the HCC hosts the American Red Cross blood drive. The next drive is coming up on Friday, Oct. 16, from 9 a.m. - 3 p.m.

• **Appointment required.** It used to be easy to walk in and donate blood, but now we need to take a few extra precautions to keep you, our neighbors, and the Red Cross employees safe. This year, we are asking that everyone make an appointment to donate. This lets us limit the number of people in the room at a time. It also means no one will be kept waiting. You'll be in, out, and on your way quickly! The reservation line is at the end of this article.

• **Standard precautions apply.** You know the drill: a face mask or covering is required. This is for everyone's safety, including yours. To help make it easier, we're also leaving the doors to Conference Room 1 open. This way you don't need to go through the entire clinic. You can walk right in for your appointment.

There are some new safety protocols with COVID-19 as well:

• **Antibody testing.** The Red Cross will now test each donor's blood to see if it has antibodies to the virus. As a reminder, not everyone with COVID-19 has symptoms. That makes antibody testing an important new feature of the blood drive. If your donation is negative for antibodies, it can be used for patients in need. The Red Cross will send you the test results through their online portal. There is no cost to you for the testing.

You can schedule your Red Cross donation appointment by calling Lisa Love at the Red Cross at (909) 282-6685 or by scheduling through the website and fill out the paperwork at RedCrossBlood.org/RapidPass. Entire sponsor code "leisure."

LIONS CLUB

Free reading glasses available

The Lions Club of Seal Beach has been distributing free reading glasses in Leisure World for the past several weeks. Over 200 pairs of glasses have been handed out to 50 plus residents so far.

There are still readers available with various strengths and an eye chart available in the Leisure World Health Care Center.

The Lions Club also has a collections box in the Health Care Center for any old/used prescription glasses that are no longer needed. The Lions Club recycles these and they are given to folks in need at the Vision Screenings in Southern California and Mexico.

Deliveries are still available by emailing Frank Brown, cbdmotown@yahoo.com or Steve Hollen, commodoresteve@gmail.com.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach, Inc. (MOWLB), delivers freshly cooked meals daily, Monday - Friday, between 10:30 a.m.-12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and 8oz. carton of one percent milk. The cold lunch may be an entree salad or a sandwich with a small side salad. A diabetic dessert is available for those in need. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Caron before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Oct. 8: Spaghetti marinara with meatballs, whole grain roll, seasoned broccoli, watermelon, turkey and cheese sandwich with lettuce, tomato and pickle, creamy coleslaw.

Friday, Oct. 9: Chicken enchilada with red sauce, pinto beans, cauliflower, sugar cookies, entrée Caesar chicken salad with romaine lettuce, shredded cheese, croutons, Caesar dressing, crackers.

Monday, Oct. 12: Oven roasted pork loin with honey mustard sauce, barley pilaf, peas and onions, vanilla pudding, tuna salad sandwich with spinach, tomato and pickle, marinated confetti salad..

Tuesday, Oct. 13: Turkey a la king, biscuit green beans with pimentos, yogurt with berries, entrée turkey and ham Cobb salad with egg, tomato, bacon, blue cheese dressing, crackers.

Wednesday, Oct. 14: Beef lasagna, whole grain roll, broccoli and cauliflower, chocolate cake, ham, turkey and cheese sandwich with lettuce, tomato and pickle, beet and onion salad.

Hearts and Hands United in Giving

Hearts and Hands United in Giving (HHUG) is a small, local non-profit dedicated to helping the homeless in the LW community.

HHUG accepts donations of clean used towels, new, unopened travel size shampoo, soap or lotion. New socks are the only clothing donation that HHUG accepts.

Those who want to donate can contact Linda Neer at (562) 430-3214 for pick up. Donations can also be left on her patio at Mutual 2-48A. To learn more about HHUG, visit www.hhug.org.

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BlueSea Senior Care Begins Podcast Series “Coping to Care”

BlueSea Senior Care owner Jillian Kennedy launched a podcast for seniors and their families. “The podcast spans a variety of important topics: home safety, brain health, grief management, mental health, Alzheimer’s disease care, art and music therapy, optimism, and humor,” said Kennedy. “We hope everyone finds the podcasts informative and entertaining. We are interested in hearing from those in our community who have other topics they would like to see featured.”

Those who want to receive the podcast or have a topic in mind, email BlueSea at jillian@blueseacare.com or call BlueSea at (888) 814-0119. You can also listen to the podcasts posted at <https://www.blueseacare.com/podcasts>.

BlueSea Care also provides free painting classes for seniors. The program is called “Painting With Mom,” but dads are welcome too. The City of Seal Beach provides Fire Station #48 as a venue for the class, which has gone online until further notice. Those

interested in the weekly Saturday class from 10 a.m.-noon can register at <https://www.blueseacare.com/virtual-senior-art-classes/>.

The City of Seal Beach recently presented BlueSea Care Services with a proclamation for their “art-based intervention program that is rooted in the arts and focused on the social reintegration of seniors in the community.” The City also commended the senior care provider for not only their core services, but also their “commitment to supporting the community with holistic wellness.”

During COVID-19, BlueSea Care has taken the following precautions to ensure the safety of their senior clients and their caregivers:

Protective Equipment. We know that masks, gloves and other protective equipment assist with the care that each caregiver needs. Supplies are given for our staff and for those who are still performing in the field.

Hygienic Interactions. Hand washing, sanitization and other measures are a part of the train-

ing of each caregiver. BlueSea continues to follow these protocols. When going into someone’s home, staff members double their efforts to make sure your home remains sanitized and safe.

Monitoring. Caregivers are asked to perform self-monitoring in the case of symptoms. All caregivers who start to experience any lowered amounts of immunity are asked to stay home. We understand that we are working with a vulnerable population and take extra care for caregivers to care for themselves as well.

Family Check-Ins. Anyone receiving assistance from BlueSea Care at this time from our caregivers is also receiving extra support with check-ins. From sanitization to extra tasks, we are making sure that social distancing procedures do not lead to mental health risks. All caregivers are asked to ensure that everyone receives extra assistance and support during this time.

“BlueSea Care has taken the extra time and measures to safeguard each individual, while

practicing social distancing, and supporting their emotional and mental well-being, which are tied to physical health,” said Kennedy.

“The frontline that we see today is one based around wellness, caring and connecting together to make our lives better for each other. We thank our licensed caregivers for all they do to help us carry out our mission to serve seniors safely at home.”

– BlueSea Care

The COMMUNITY

deadline is 4 p.m.,

Thursday,

prior to the

desired publication.

Email any

Community news to

laurieb@lwsb.com

with photos attached as jpg files.

MASKS

From page 15

could use disposable, medical-grade masks. A cotton mask can be reused over and over as long as it is washed at the end of the day. Simply hand wash your mask in the sink or toss it in the laundry with your clothes and hang to dry. Disposable masks must not be worn multiple times as they lose effectiveness over time. Now that it is easier to buy disposable masks, it is important to make sure that you are disposing of them correctly.

A recent July Guardian article stated that disposable masks and gloves are piling up in the ocean and threatening marine life. If you are using disposable masks or gloves, make sure that you toss them in the trash to protect wildlife. Before you throw it away, snip the ear loops and cut the mask in half so wildlife or marine life won’t get caught in it.

Face Shields: Face Shields are a great way to add additional protection, especially when traveling, but should not be worn without a mask.

This is one of a two-part series. Tips on how to wear your mask comfortably will be in the Oct. 15 issue.

SCRABBLE G R A M S SOLUTION												
I ₁	N ₁	V ₄	E ₁	S ₁	T ₁	S ₁	RACK 1 = 60					
E ₁	N ₁	G ₂	L ₁	I ₁	S ₁	H ₄	RACK 2 = 65					
D ₂	U ₁	L ₁	L ₁	A ₁	R ₁	D ₂	RACK 3 = 59					
G ₂	U ₁	M ₃	D ₂	R ₁	O ₁	P ₃	RACK 4 = 63					
E ₁	N ₁	D ₂	E ₁	M ₃	I ₁	C ₃	RACK 5 = 74					
PAR SCORE 260-270							TOTAL 321					

Crossword Answers

GAS	LAWNS	PHIL	AGAL
ELIE	ERROL	HOSE	SCORE
EGGS	AGGERATIONS	ATENO	
ANTLION	TENET	AVISO	
ELON	AILEY	SCOOT	
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CATTLE	MANET	SPINDRY	
ALLEY	VEGG	SATIONS	EEL
ROY	BARE	ALOG	EMMA
VOL	LEGG	SINGTON	KNEEL
EPILOGUE	COORS	FRESNO	
KATIE	CELIA	ALUM	
RESIN	ROBIN	UTOPIAS	
SAYSO	SOME	EGGSTRA	EGGS
AMOON	OVER	OSSIE	SITE
OPUS	BERG	NARCS	OSA

Sudoku 1 Answers

8	3	6	7	4	9	5	1	2
1	4	2	5	3	6	9	7	8
5	7	9	2	1	8	4	6	3
9	5	4	8	6	1	2	3	7
2	6	8	3	5	7	1	9	4
7	1	3	9	2	4	6	8	5
4	9	5	1	7	3	8	2	6
6	8	7	4	9	2	3	5	1
3	2	1	6	8	5	7	4	9

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

IMAGE GLORY HYPHEN SPRAWL
The bowlers who started placing bets were —
HIGH ROLLERS

Puzzle Answers

Puzzle page 18-19

LYLE AND I
ARE DIFFERENT...



BUT HE'S MY
BEST FRIEND.



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Sudoku 2 Answers

9	1	4	2	8	7	5	3	6
5	6	8	3	1	9	4	7	2
2	7	3	5	4	6	9	1	8
3	5	1	9	6	4	8	2	7
6	2	9	8	7	5	1	4	3
8	4	7	1	3	2	6	5	9
4	3	6	7	5	8	2	9	1
1	9	5	6	2	3	7	8	4
7	8	2	4	9	1	3	6	5

Guess Who?
Zac Efron

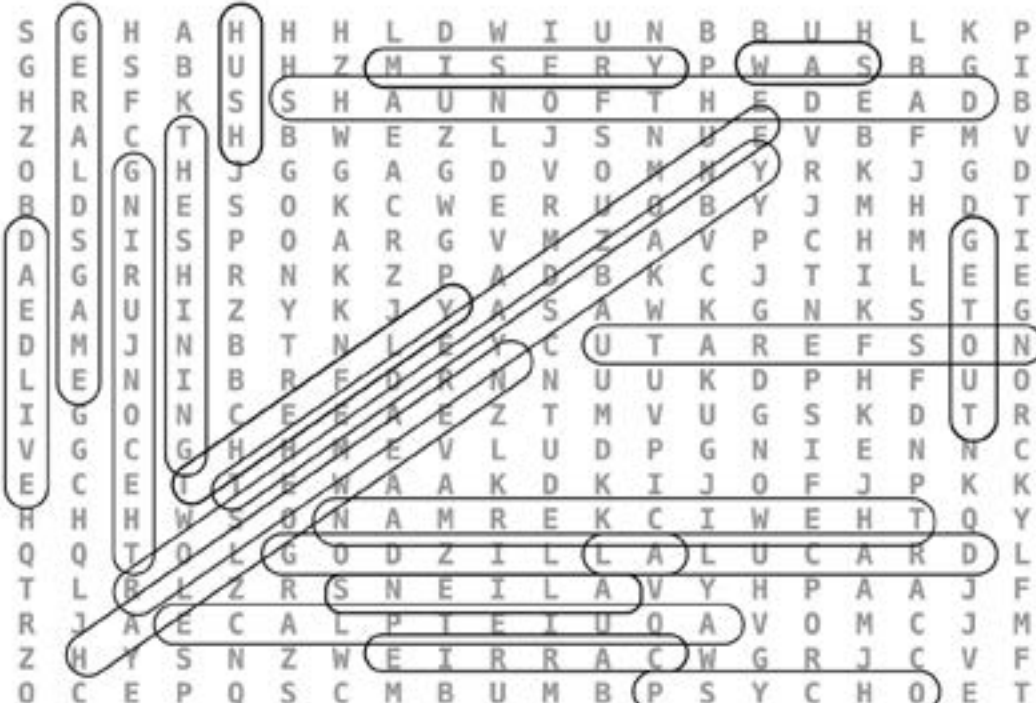
Crypto Fun Answers

A. haunted B. basement C. chainsaw D. chase

Boggle BrainBusters Answers

IOWA OHIO IDAHO TEXAS KANSAS ALASKA HAWAII FLORIDA

Word-Find Answers



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 #BCS0002. Bonded/insured.
 12/10/20

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 fordable rates with optimum service,
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 cation management, dementia,
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 (714) 719-4951.
 11/19

House Cleaning/Eco-Friendly prod-
 ucts. I’ve been working in Leisure
 World since 2004 and can provide
 references. Lori 949-275-8165. Seal
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10/08

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 cierge”. Home organization, running
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11/26

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 36 years. Mel, cell: 562-480-9341.
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 10/29

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MOVE-IN, MOVE-OUT
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 HOUSECLEANING
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 Over 30 years Experience!
 Seal Beach Business
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 12/10

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 or monthly. Excellent referrals in
 Leisure World. 562-397-4659 Seal
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 Windows 10% off first cleaning
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 gra0006.
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 REPAIRS. Call: 714-292-9124.
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Need Help?
 See Classifieds

LW Weekly
 (562) 430-0534

Want to place a classified ad?
 The deadline is **Monday 2:00 p.m.**
 for Thursday’s publication

MISCELLANEOUS FOR SALE

Private Estate Sale - Furniture, area
 rugs, one antique rug. 47" round
 dining table + 4 chairs/50" wide chest
 with 3 large drawers, perfect for a
 big screen on top. 40"x50"x22".
 Classic dining room chairs, coffee
 table, picture and mirrors, benches.
 Call for appointment 562-743-8473.
10/08

Twin bed for sale, complete with box
 spring mattress, frame, headboard.
 \$25. Like new. 562-430-1927.
 10/08

Sectional for sale. 108" x 83".
 Beige. Right arm 83", left 108". Has
 barely been sat on. Newly cleaned
 by professionals. Paid originally
 \$3,500. Selling for \$800. Contact
 Dee McConell 714-366-7684.
 10/15

LAZY BOY. Three seat reclining
 sofa Charcoal Gray. Like New \$200
 (562) 296-8434.
 10/08

PRIVATE SALE - Oct. 8-13. Desk,
 printer, dining table, dressers, electric
 king bed.
 Call Glinda Davis (714) 943-1818
 for appointment.
 10/08

FREE ITEMS

Free - double bed, frame, box spring
 & mattress. Mutual 14. Must move
 the bed soon. Call Ellie to make
 arrangements (310) 890-2368.

CARPORTS FOR RENT

Carport space & storage for rent.
 Mutual 2, building 35, space 65. John
 (562) 296-8530. \$65/month.
 10/16

CEMETERY PLOTS FOR SALE

2 for 1 Sale
 Cemetery Lots, side by side, West-
 minster Memorial Park. In the Garden
 of Remembrance.
 1st lot is \$9,210.50
 2nd lot is \$9,085.00
 Transfer fee \$400.00
 Sale: \$9,210.50 - for both lots.
 Call/text 323-854-0007.
 10/15

4 cemetery plots together. Rose Hills
 Whittier. Garden of Affection.
 \$11,000 OBO. 626-484-5575. Text
 me.
 10/08

NON-LW REAL ESTATE FOR RENT

Looking for a female 65 & older that
 is looking for a private room to rent.
 Low income. 6 bedroom house. In
 Westminster, off Bolsa Chica &
 Westminster Blvd. All utilities &
 cable included. Ready for move-in.
 The room starts at \$900/month.
 (562) 296-5410. Yvonne.
 10/01

No LW Weekly
 Paper by 9 A.M.?
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 Before 10 A.M.
 State Mutual
 & Apt. Number

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pending 2 Bed, 1 Bath, M7-159I \$239,000
 One bedroom unit, drive-up, tiled patio, AC, heat pump, laminate floor, walk-in shower
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New Listing
1 Bedroom 1 Bath
 Adorable Home on a Tree Lined Greenbelt, Close parking and Laundry
M2 34H \$175,000
2 Bedroom 1 Bath
 Light & Bright, Oversized Outdoor Living Space
M3 25J \$235,000
Stunning Remodel
 Two Bedrooms, 2 Full Bathrooms, Gorgeous Kitchen, Oversized Peninsula.
M15 34L \$368,000
Beautiful Home
 Two Bedrooms, Two Full Bathrooms, Fully Expanded Corner, Large Greenbelt
M9 226L \$385,000
2 Bedrooms 1 Bath
 Fully Expanded Light and Bright, Morning Sun
M6 64C \$235,000
2 Bedrooms 1 Bath
 Centrally Located, Fully Expanded Kitchen Island
M5 114K \$265,000
 Berkshire Hathaway Home Services

Erika Shapiro
 BRE # 01448494
 Resales Specialist
 Mut. 17 Resident
Traveling Notary
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Coming Soon
1 Bedroom Basic
 A/C Heat Pump, Laminate Flooring, Courtyard setting
 Cut-down shower, 3 skylights, and move-in ready
Mutual 4 -86C \$175,000
IN ESCROW

Country Cottage
 Fully expanded 2 BDR, 1 Bath, lovely greenbelt. Double pane windows, plantation shutters, Central A/C Heat, and much more
Mutual 4 -46K \$249,000

2 BDR/ 1 1/2 Bath
 Greenbelt and Drive-up convenience. New windows, plantation shutters, new flooring, new appliances, washer/dryer, central A/C heat and more..
Mutual 11 - 284F \$379,000
Sold in 1 Day

2 Bedrooms / 2 Full Baths
 Expanded corner, small patio, great kitchen, washer/dryer, and much more...
Mutual 11 - 263G \$499,000
IN ESCROW

2 BDR, 1 Bath,
 Partially Expanded, Greenbelt View, Newer kitchen, granite counter top, 3 skylights, shower over a real Bath tub, fresh paint, and more....
Mutual 7 - 159I \$239,000
IN ESCROW

Reduced Move-In Ready
 2 BDR/1 1/2 bath
 Fully expanded corner, walk-in shower, dishwasher & more
Mutual 2, 19F \$309,000
IN ESCROW

1 BDR, 1 Bath
 Laminate flooring, beautiful green belt location,
Mutual 1 - 29H \$175,000
Sold in 1 Day

Condo for Sale
 Third floor, great view, 2 BDR/2 Ba
Mutual 17-42E \$375,000
IN ESCROW

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THIRD QUARTER MARKET UPDATE – SOLD UNITS
July 2020 thru September 2020

BASIC UNITS
 1 Bedroom: \$140,000 to \$200,000
 2 Bedroom – Inside: \$176,000 to \$250,000
 2 Bedroom – Corners: \$188,000 to \$280,000
 Exception – Fixer cut-off corner: \$165,000
 Exception – All remodeled: \$359,000

EXPANDED UNITS
 1 Bedroom: \$150,000 to \$185,000
 2 Bedroom – Inside: \$190,000 to \$320,000
 Exception: Units with 1+ baths: \$265,000 to \$444,000
 2 Bedroom – Corners: \$225,000 to \$337,500
 2 Bedroom Units with 1+ baths: \$289,000 to \$499,000

MUTUAL 15
 2 Bedroom Apartment Style - \$200,000 to \$279,000
 Atriums: \$400,000 to \$539,000
 Exception - Atrium close to freeway: \$269,000

MUTUAL 17 – CONDOS
 No condos closed during this quarter

If you would like to know the value of your unit, please Call for a Comparable Market Analysis.
Based on information available to us at time of publication. Reflects ALL closed sales.
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Mutual 9-222I
\$249,900

This lovely 2 bedroom 1 bath unit has a really nice greenbelt view, wrap around pebble tech patio, leaded glass entry door with patio skylight. Open floor plan, living room with smooth ceilings and crown molding. Kitchen has white cabinets, built-in electric appliances including refrigerator, cooktop and wall oven and ceiling light fixture. Bathroom with stone counter, large walk-in shower with sliding door and nice light fixture. Both bedrooms have smooth ceilings with crown molding. Other features include laminate flooring, drapes in every room, dual pane windows, heat pump and laundry is just steps from unit. This unit has an abundance of natural light, newer paint throughout. It is a must see to appreciate the upgrades!



Mutual 2-19L
\$349,900

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



Mutual 8-198F
\$259,000

Partially expanded corner 2 bedroom 1 bath unit, patio with newer outdoor carpet, and storage. Leaded glass entry door, living space has been expanded and there is separate area for dining with chandelier. Kitchen has newly painted white cabinets, built in appliances including cooktop, wall oven, refrigerator and dishwasher, wood breakfast bar, ceiling fan and large skylight. Bathroom with large skylight and walk-in shower. Master bedroom has sliding glass door leading to patio. Other features to this home are dual pane windows, newer carpet in living areas, vinyl in kitchen and bathroom, newly painted throughout, and Central Heating and Air Conditioning. This unit is clean, bright and move in ready!



Mutual 2-13F
\$339,000

Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



Mutual 6-127K
\$249,000

Nicely expanded 2 bedroom 1 bath, still with small patio, living room has been expanded to accommodate separate dining area with large skylight, kitchen has white cabinets with built in appliances and skylight. Bathroom has skylight, walk-in shower and extra cabinets for storage. Master bedroom also expanded. Other features include laminate flooring, ceiling fans in kitchen and dining and vertical blinds. There is an abundance of natural light, and entire unit has been freshly painted.



Mutual 6-127L
\$299,000

Beautifully expanded 2 bedroom, 1 bath home. Spacious living room has bay windows, window seat, and adjoining dining area. The kitchen has white cupboards, built-in stove, oven, dishwasher, refrigerator, Corian counters, breakfast bar with added storage and large skylight that opens. Master bedroom has walk-in closet, bay windows and ceiling fan. Second Bedroom, mirrored wardrobe closet doors and ceiling fan. Bathroom has cultured marble counters, cut down shower, large skylight that opens and tile floors. The living room and bedrooms have newly installed carpeting. This lovely home also features, central heat and air, smooth ceilings and is in move-in condition. Drive up side parking



Mutual 12-76I
\$218,000

This is a 2 bedroom 1 bath cottage that has tiled wrap around patio with storage outside, Open floor plan with laminate flooring in living room and into the kitchen. Kitchen with wood cabinets, built-in appliances including cook top, oven and refrigerator, skylight and ceiling fan. Bathroom has tiled floor, walk-in shower and skylight. Master bedroom has sliding door to patio and both bedrooms are carpeted. This unit also has Heat pump for cooling in summer and heat in winter and vertical blinds.



Mutual 2-22J
\$218,000

Elegant best describes this fully updated 1 Bedroom 1 Bath home. The Living Room is Light, Bright and has French Double Pane Doors with side lights that lead to a charming front patio and over-looks a lovely green belt. The kitchen has a free standing stove, built-in-microwave, and refrigerator with double doors and lower freezer. Kitchen cupboards are custom with Quartz counters, tile back splashes, and added pantry that has pull-out shelves. Master bedroom has ceiling fan and double pane sliding glass door to patio. This special home has laminate floors throughout, skylight in kitchen and bedroom, heat pump in living room and master bedroom, and a beautifully finished storage room on private patio that over-looks lovely green belt.



Mutual 1-27F
\$249,900

Charming Corner 2 Bedroom, 1 Bathroom Expanded Cottage. Featuring an inviting screened in wrap-around private patio perfect for entertaining or relaxing and enjoying the ocean breezes. This special corner home features spacious living room, kitchen with built-in stove, oven, refrigerator and skylight. Expanded Master Bedroom has walk-in closet. Bathroom has bathtub with shower and skylight. Second Bedroom over-looks screened in patio. This home also features laminate flooring throughout, window blinds, and is light bright and airy. Don't miss this lovely home that has so much potential.

Properties are selling...
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if interested in
listing or buying

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A CALL**



Mutual 12-9D
\$299,000



Mutual 3-29A
\$389,900



Mutual 10-239F
\$369,000



Mutual 14-16I
\$334,000



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Seal Beach, CA 90740



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310-484-9600



Conrad Rodriguez
562-746-1960

Mutual 12 76I \$218,000
lam. flooring, skylight, heat pump,
verticles

Mutual 1 25L \$222,500
Fixer, great for remodel, good loca-
tion, great price

Mutual 9 211B \$229,900
2 new heat pumps, skylights, bright,
lam. flooring

Mutual 6 64C \$235,000
full expan., faces so./east,
skylights, gorgeous lam. floors

Mutual 7 155G \$244,000 1
1/2 baths, 2 skylights, lam. floors,
granite, new paint

Mutual 9 222I \$249,900
great unit, many amenities, you need
to see this

Mutual 1 27F \$249,900
screened in patio, expanded master,
bright

Mutual 15 1B \$250,000
2 baths, move-in condition, scraped
ceilings, lam. floors

Mutual 8 198F \$259,900
new paint, new carpet, dual pane,
large skylight, cent. air

Mutual 10 257D \$260,000
adorable cottage, remodel kit., remodel
bath, dual pane, smooth ceiling

Mutual 5 70C \$262,500
cent. air, 3 skylights, lam. floors,
partial expan.

Mutual 5 114K \$265,000
full expan. newly painted, extra
large skylight

Mutual 12 8F \$289,000
faces south, lam. flooring, heat
pump, expanded living room

Mutual 6 127L \$299,000
btfl. corner, bay windows, smooth
ceiling, cent. air, nice

Mutual 2 19L \$325,000
full expan., 1 1/2 baths, cent. air,
smooth ceilings, greenbelt

Mutual 14 16I \$334,000
crown molding, cent. air, dual pane,
washer/dryer, stone counter

Mutual 2 13F \$339,000
btfl. partial expan., cust. kit., washer/
dryer, cent. air

Mutual 15 34L \$368,000
2 baths, remodel kit., granite, enclosed
patio, greenbelt kit.

Mutual 3 29A \$369,000
1 1/2 baths, cust. cab., cent. air,
washer/dryer

Mutual 10 239F \$369,000
corner, washer/dryer, dual pane,
cent. air, granite, nice

Mutual 9 226L \$385,000
Remod. corner, 2 full baths, washer/
dryer, private

One-Bedrooms

Mutual 1 7K \$187,500
amazing greenbelt, fully
expanded, lam. floors, solar
tubes, heat pump



Linda Patton
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Bill Berman
714-606-5258



Hanna Rubinstein
562-900-4243



Jay Cho
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Estee Edwards
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Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com

DRE 00887640



Mutual 1-7-K

\$187,500

New Listing

Fabulous Location

Charming fully expanded one bedroom - one bathroom on an amazing greenbelt filled with trees and an ocean breeze! This move-in ready home is filled with an abundance of natural light, features beautiful wood-look laminate floors, cut down shower, heat-pump, solar tubes, large storage closet, and the convenience of close parking and laundry room. The extra living space is perfect for an office, hobby area, or a place to sit - relax and enjoy the view of gorgeous trees and beautiful sunsets.



Mutual 10-257-D

\$265,000

Remodeled Kitchen



Convenient Drive-up! Adorable basic 2 bed, 1 bath, remodeled kitchen and bath - both with quartz counters, beautiful laminate floors, dual pane windows, tile patio with a finished side wall and stack-stone patio wall. So much to enjoy!



Mutual 3-32-I

\$275,000

Sitting on a pretty green is this East facing, fully expanded two bed - one bath with all of the right amenities! An open floor-plan with plenty of room for a designated dining room area, large living room, central heat/air, skylights, plantation shutters, washer/dryer and added carport storage!



Pending

Mutual 1-44-D

\$182,000

One Bedroom - One Bath



Mutual 3-23-H

\$171,500

New Listing

Darling one bed on a courtyard setting! Newer designer paint and beautiful laminate flooring, white kitchen counter, cut-down shower, skylights in the kitchen and bath, and a patio to enjoy, that is fenced, gated and has a large storage closet!

See more at www.sealbeachleisureworld.com



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gcarol1966@gmail.com
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13962 El Dorado Dr., #60G | M2 | \$460,000
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



1562 Golden Rain Rd., #44G, M2, \$225,000
Centrally Located, Basic 2 Bedroom, 2 Bath. Walk to All Amenities. Lrg. Private Patio Surrounded by Greenery, 2 Skylights, Expanded Bedroom to Include Desk Nook. New Golden Oak Flooring.



13922 El Dorado Dr., #58D | M2 | \$239,000
Drive Up Location. 2 Bedroom, 1 Bath Unit. Partially Enclosed Patio with Extra Storage, Large Skylight on Patio, Kitchen and Bathroom. Wood Flooring, Expanded Master Bedroom, WASHER/DRYER.



1420 Northwood #241K | M10 | \$234,900
Basic 2 Bedroom, 1 Bath with WASHER/DRYER, A/C Heat Pump, Skylights, Dishwasher, Light Kitchen.



1125 Northwood Rd #235J | M9 | \$234,900
2 bedroom, 1 bath with brand new AC/Heat pump, laminate flooring, washer/dryer, wrap around patio.



13660 El Dorado #34F | M3 | \$219,000
Clean corner unit. 2 bdrm, 1 bth. Newer AC/Heat Pump, 2 Skylights, Ceiling fan, Stainless steel appliances, raised cooktop, full size refrigerator w/ bottom freezer and dual pane windows.



1520 Northwood #244J | M10 | \$224,500
Drive Up Location. 2 Bedroom, 1 Bath. Both Bedrooms have been expanded. Extra Large Walk-In/Storage Closet. Vinyl Flooring, 4 Skylights.



1671 Interlachen Rd., #285i | M 11 | \$385,000
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.



1700 Tam O'Shanter #2J | M14 | \$445,000
Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.

On October 6th, 2020 a total of 59 units show as active listings on the CRMLS (this is where Realtors list property for sale).

12-1 bedroom/1 bath
from \$165,000 to \$218,000

30 - 2 bedrooms/1 bath
from \$205,000 to \$354,900

17- 2 bedrooms/2 baths
from \$244,000 to 499,900

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

“My purchase of a property in Leisure World with Carol was a great experience from the initial contact to the final closing. Carol was patient, accommodating and helpful to my sensitive situation. She was readily available on very short notice and very beneficial in obtaining the best price for my extremely needed quick purchase. I would most definitely recommend Carol as it was my pleasure doing business with her.”

Debbie Martinez

10/6/2020- Year To Date MLS Activity

