I Weekly



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MESSAGE FROM PRESIDENT

Sharing gratitude around the table

by Susan Hopewell *GRF president*

Our Thanksgiving season is quite different this year. Yes, we can still have turkey and all the trimmings. And yes, we will still have football, although for some this is the bad news, not the good news. However, our COVID safety bubble



may prevent our normal holiday celebration with gatherings of family and friends. Some of us may not feel like celebrating at all. We have sacrificed a lot since March 2020, and it may feel, to some, there is not a lot to be grateful for these days. Gratitude is a choice. Being grateful, even in the most challenging times, improves our health and lifts our spirits. Being grateful makes my heart smile.

In my family, before we start Thanksgiving dinner, we go around the table and share why we are grateful. Here are just a few of the reasons I will share with my family via our Zoom family gathering:

- Free musical concerts, educational classes and Broadway plays on Zoom and *YouTube*.
- Being able to help my neighbor by doing her grocery shopping.
- The creative ways we keep connected with socially distanced greenbelt social hours and birthday celebrations.
- The Dodgers winning the World Series.
- My great-niece who works fulltime, has a one-year old baby boy, and still finds time to keep in touch via text and sends me pictures of our newest family member.

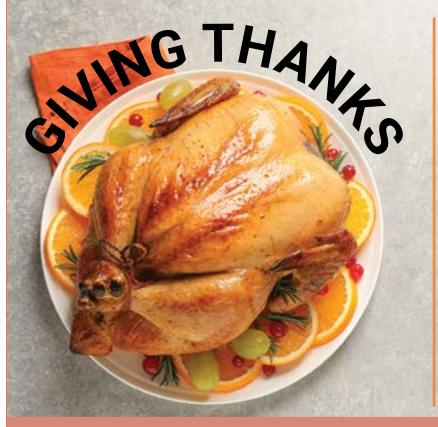
I wish everyone a happy, healthy and safe Thanksgiving. I hope you choose to be grateful. And I hope it makes your heart smile.

LATE BREAKING

Based on rising COVID-19 case counts, the GRF Board decided Tuesday that it is in the best interest of the community to close all outdoor activities, effective Nov. 25. The LW Golf Course, Veterans Plaza, Mission Park and the Amphitheater will be closed through Dec. 21 (see page 3 for more). At that time, the situation will be re-evaluated.

Every LWer is urged to take personal responsibility in the fight against COVID-19. To stop the spread, wear a mask and keep 6 feet apart from non-household members.

Turkey & Trimmings &



2020 has been a year of unbridled sacrifice as COVID-19 has ripped through the country, tearing apart families, traditions and the very foundations of day-to-day life. Yet, amid the grave emergency that has gripped American life, there have been glimmers of hope: compassionate kindness, determination to see it through, and courage to embrace new ways to protect yourself and others. Today, your LW neighbors and friends join you in giving thanks—regardless of the storm outside.

Jojo Weingart, Mutual 12

Here in Leisure World, my husband, Joe, and Hui O Hula had been my life. On March 16—the day before our hula club's 15th anniversary and two months after Joe passed—the GRF declared a total lockdown. Suddenly I was left with nothing to do. I was overwhelmed. I had not been living by myself since college decades ago, and I was mourning Joe with my hula family and working out at the gym daily. Alone during the isolation, I slowly realized how these perilous times were actually giving me a chance to face the challenges of being a recent

THANKS, page 12



Jeanne Haislett of Mutual 10 is grateful for mail carrier Diana DeGrave, who cheerfully delivers the mail, no matter what.



Sue Saraf of Mutual 15 is grateful to Jojo Weingart (above) and Kaye Huff for facilitating a hula club that provides a warm welcome to newcomers and gives free performances throughout Leisure World.

Some photos were taken before mask requirements related to COVID-19



Certified Laugh Leader Bev Bender (center) keeps a daily gratitude list.



Dave LaCascia of Mutual 4 is grateful for his partner, Liz Meripol, and his family.

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November 26, 2020 | www.lwsb.com LW Weekly

Seal Beach Police Holiday Safety Tips

The holidays are here, and the Seal Beach Police Department wants to remind the community of simple tips to ensure the season is happy and healthy. Although things are a bit different this year, do not forget these simple ways to keep you and your loved ones safe.

When shopping at malls or retail centers consider the following:

• Park in well-lit areas. Place purchases in the trunk



Holiday decorations in Seal Beach

of your vehicle, or effectively hide them from sight, once you arrive back at your vehicle, not when you arrive at the next shopping destination. Thieves target victims by looking at the size, type and quantity of bags and items placed in an unattended vehicle. There is no such thing as a quick run into the store during the holidays.

• Double check that your car doors are locked. Although simple, thefts from unlocked vehicles occur frequently, especially during the holidays.

• Consider taking expensive items directly home. Thieves have been known to follow victims to their cars and even to their next shopping destination in order to steal expensive purchases, like computers and high end electronics.

• Pay attention to your surroundings. Don't be distracted when walking to your vehicle. Consider shopping with a friend or asking a store employee to escort you to your car.

When having items shipped to your home:

• Don't leave delivered mail and packages unattended. Have TIPS, page 23

SECURITY DEPARTMENT

Reorganization to start on Jan. 1

To increase efficiency, the GRF Board of Directors has a reorganization of the Security Department on Oct. 5 as part of its 2021 operating budget.

Included in the budget was the new reorganization and deployment of security resources. This includes the elimination of parttime security positions, effective Jan. 1. All Security department positions will be full-time, 40 hours each week.

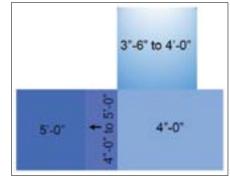
Part-time staff are welcome to apply for the full-time positions through the GRF Human Resources.

All full-time security positions include working nights, weekends, graveyard shifts and holidays.

In addition, all full-time officers will be trained and must be willing to work all aspects of the security operation, which includes patrol, traffic, gate operations, Mutual laundry coin collection duties and dispatch (as outlined in the Security Officer job description).

GRF Construction Update

GRF Facilities Director Mark Weaver has received plans from the pool architect that need more coordination in an effort to avoid costly change orders. Once the plans are ready, GRF will submit them to the City of Seal Beach and Orange County Health Care Agency for approvals. When the agencies



UPDATE, page 23 Depth Chart for the New Pool

PRELIMINARY POOL SCHEDULE										
Action	Start	Complete								
Plan Check	Sunday, Nov. 22, 2020	Wednesday, Jan. 6, 2021								
Permits	Thursday, Jan. 14, 2021	Thursday, Jan. 14, 2021								
Excavate Pool and Spa to Plan	Monday, Jan. 18, 2021	Saturday, Jan. 23, 2021								
Install Plumbing and Equipment	Monday, Jan. 25, 2021	Friday, Feb. 5, 2021								
Install Steel	Monday, Feb. 8, 2021	Friday, Feb. 19, 2021								
Gunite	Monday, Feb. 22, 2021	Tuesday, Feb. 23, 2021								
Damp Cure Gunite daily	Monday, Feb. 22, 2021	Monday, March 1, 2021								
Install Coping and Tile	Monday, March 1, 2021	Monday, March 8, 2021								
Install Deck	Monday, March 8, 2021	Monday, March 15, 2021								
Plaster Pool and Spa	Mon., March 15, 2021	Tuesday, March 16, 2021								
Fill Pool and Spa	Wed., March 17, 2021	Friday, March 19, 2021								
Balance Water Chemistry	Friday, March 19, 2021	Tuesday, March 23, 2021								
County Final	Wed., March 24, 2021	Thurs., March 25, 2021								
Open Pool		Monday, April 5, 2021								

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(Root Canal Specialist)

Periodontist

(Gum Specialist)

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Abutment & Crown ot combine with other offers or prior service. Must mention offer at time of scheduling and present ad at time of service.

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CALIFORNIA MANDATES

New mask rules are now in effect

Faced with a startling spike in coronavirus cases, California health officials issued a new mandate last week requiring residents to wear face coverings whenever they're outside their homes, with few exceptions.

The Centers for Disease Control(CDC) say wearing masks and keeping a 6-foot distance from others can help curb the spread of COVID-19.

The expanded order announced Nov. 16 means Californians must wear masks unless they are alone in a car or only with those in their household; working alone in an office or room; outdoors and staying at least 6 feet away from others not in their household; are obtaining a service involving their nose or face; or are actively eating or drinking, so long as they maintain physical

The new mandate exempts those younger than 2; have a disability or medical/mental health condition that prevents them from wearing a face covering; are hearing impaired, or are communicating with someone who is.

Also exempt are those "for whom wearing a face covering would create a risk to the person related to their work, as determined by local, state or federal regulators or workplace safety guidelines," according to the California Department of Public

The latest face-covering rules replace the state's earlier mask mandate, which had been on the books since June.

That previous order required Californians to wear face coverings in specified settings considered to be high risk, such as when shopping, taking public transit or seeking medical care.

–California Department of Public Health

GRF Closes LW Facilities

The GRF Board of Directors members of the community. voted at the Nov. 24 meeting to close all outdoor amenities due to rising COVID-19 case counts. Amenities will be closed until Dec. 21, when the situation will be re-evalulated.

The following facilities are closed:

- Golf Course
- Veterans Plaza
- Mission Park
- Amphitheater

The reservation link on *lwsb*. com/reserve has been deactivated. Any reservations made for future dates will be automatically cancelled.

In addition, pre-registration for the Fitness Center has been suspended until further notice.

Watch for updates in the LW Weekly and LW Live. Questions may be referred to the Recreation Department at *kathyt@lwsb.com*.

The GRF regrets the necessity of taking these measures; however, it is doing so to protect the health and safety of at-risk

CITY OF SEAL BEACH

Bus hours have been expanded

In response to the public's request for extended operating hours, the City of Seal Beach Senior Transportation Services operating hours were extended starting Nov. 16.

The new hours of operation are Monday-Friday from 7:30 a.m.-5 p.m., instead of closing at 2:30 p.m.

All other Senior Transportation Services program guidelines remain the same.

For more information on the Senior Transportation Services, visit the City's website at https://www.sealbeachca.gov/Departments/Public-Works/Traffic-**Transportation**

For more information about the City's Senior Transportation Services program, contact Iris Lee, (562) 431-2527, ext. 1322, or ilee@sealbeachca.gov.

OC SANITATION DISTRICT

Sewer line project is moving along

The Orange County Sanitation District has installed a 2-mile stretch of sewer pipeline in the City of Seal Beach to improve the regional system. Construction is ongoing on Westminster Boulevard between Seal Beach Boulevard and Bolsa Chica Road. The project will move into the City of Westminster with pre-construction activities anticipated to start after the Thanksgiving holiday.

Upcoming Construction Schedule

Starting Nov. 30, pre-construction activity will begin. That includes restriping traffic lanes at night followed by installing k-rail concrete barriers during the day to accommodate construction within the center median area.

Starting Dec. 3, utility investigation, or potholing, will occur in the intersection of Bolsa Chica Road and Westminster Boulevard

Day work hours are from 7 SEWER, page 23

The COVID-19 Ad Hoc Committee has passed emergency operating procedures to facilitate safely reopening GRF amenities (see chart below) when the situation permits.

Orange County is now in the

most restrictive purple tier because of sharply rising COVID-19 cases. Seal Beach has 347 cases as of Nov. 24, according to the Orange County Health Care Agency, which advises people to stay home if they can, and wear masks and stay apart when outside.

AMENITY	POLICY OR RULE NUMBER	STATUS
AMPHITHEATER	70-1448-3D (PHASE 1)	APPROVED-OPENS 11/6
ART STUDIO	70-1448-3M	POLICY APPROVED
CERAMICS STUDIO	70-1448-3N	POLICY APPROVED
CLUBHOUSE ONE	N/A	CLOSED
CLUBHOUSE 1		
PICNIC	N/A	CLOSED
CLUBHOUSE TWO	N/A	CLOSED
CLUBHOUSE THREE	N/A	CLOSED
		GRF/MUTUAL
CLUBHOUSE FOUR	N/A	MEETINGS
CLUBHOUSE SIX	N/A	CLOSED
FITNESS CENTER	70-1448-1	POLICY APPROVED
FRIENDS OF		50,10,45550,455
LIBRARY	70-1448-3G	POLICY APPROVED
GOLF COURSE	INTERIM EOP	OPEN
HITTING CAGE	N/A	CLOSED
1 4 DID 4 DV 0 TUDIO	70 4440 00	REVISED-SENT TO
LAPIDARY STUDIO	70-1448-30	COMMITTEE
LIBRARY	70-1448-3H	POLICY APPROVED
MISSION PARK	70-1448-3B (PHASE 1)	OPEN
MISSION PARK	70-1448-3C	OPEN
POOL AND SPA	70-1448-3E	POLICY APPROVED
POOLROOMS	70-1448-3J	POLICY APPROVED
SEWING ROOM	70-1448-3L	POLICY APPROVED
VETERANS PLAZA	70-1448-3A (PHASE 1)	OPEN
VETERANS PLAZA	70-1448-3P (PHASE 2)	POLICY APPROVED
WOODSHOPS	70-1448-3K	POLICY APPROVED

* LEASE-DRIVEN AMENITIES AND OPEN TO LEASEHOLDERS ONLY:										
MINIFARM	N/A – C-19 AGENDA ITEM	OPEN*								
RV LOT	N/A - C-19 AGENDA ITEM	OPEN*								

It's Turkey Time!



This bigger-than-life turkey is sitting on a bench in Mutual 9, seemingly unaware that it's turkey time in LW.



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Perspectives

Dispositional Gratitude

by Jim Greer

LW contributor

"Gratitude turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity—it makes sense of our past, brings peace for today, and creates a vision for tomorrow," declares self-help author Melody Beattie.

In 2013, New York Times columnist and author David Brooks found himself in a ditch—a ditch of loneliness of his own making. He realized he had embraced the lies of meritocracy that teach that career success makes you happy. The lie that life is an individual journey, and you can make your own truth.

He discovered at that time that loneliness was rampant. Thirtyfive percent of Americans over 45 were chronically lonely. The largest-growing religious organization and the largest-growing political movement was "unaffiliated." Since 1999, the suicide rate had risen 30 percent. Since 2011, teenage suicide was up 70 percent.

As he considered a solution to his predicament, Brooks recognized that adopting a disposition of gratitude could help resolve his loneliness. In his July 28, 2015, New York Times column, he revealed that "gratitude happens when some kindness exceeds expectations, when it is undeserved."

Those who have adopted dispositional gratitude express and display appreciation for unearned blessings. Capitalist meritocracy glorifies the self-sufficient. In contrast, those with dispositional gratitude are keenly aware of their dependence on others. Their identity is not fashioned by themselves but by their superiors—parents, friends and ancestors. If they relied entirely on themselves, they'd be much worse off.

People with dispositional gratitude know they receive far more than they give and deserve. Their blessings far outweigh the good deeds they perform or the gifts they give. Capitalism sees human beings as "self-interested, utility-maximizing creatures." Conversely, those with grateful dispositions believe that people are motivated more by compassion than self-interest. They believe that intention matters and honor those who attempt to do good, though they sometimes fail. They are always pleased to find that people actually care more than expected.

Gratitude is a form of social glue; it binds people with bonds of affection as they pay forward their debts of gratitude to those who may not have earned them. As Brooks believes, "Society isn't just a contract based on mutual benefit, but an organic connection based on natural sympathy."

Those possessing dispositional gratitude are surprised that life is as pleasant as it is, despite the limits of human reason. Acknowledging insufficiency and celebrating dependence, they regard their efforts as grand, but never themselves. Life may not surpass their dreams, but it exceeds their expectations.

'Gratitude exclaims, very properly, 'How good of God to give me this," wrote C. S. Lewis. God may not have given us the blessings we wanted this year. And yet, if we listen carefully and heed the lessons of our trials, we abandon doubt and pessimism and adopt dispositional gratitude as our guiding principle. We may celebrate Thanksgiving in a small gathering, with little or no family present.

But, with or without the company, we have indeed been



This historic Seal Beach house next to the Red Car Museum on Electric Avenue is ready for Thanksgiving.

Credits& Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW Weekly or Golden Rain Foundation.

Mutual 12 resident Adair Paul writes: "I can't say enough about John Anguinano, his work, his honesty and the person. He put in my golf cart pad and wanted me to be really happy with the work. First, he gave me the addresses of his work in LW. Secondly, he showed me many types of tile and bricks to choose from. We spent an hour looking at the samples and colors. We ordered the tile, and my golf pad is unbelievable. So many people have told me they love the work and want to know who did it. I am so pleased. The tile was a little more than he quoted me. I wrote the check based on the invoice he sent me. I found out later he forgot to add more for the more expensive tile. I wanted to pay the difference, but he wouldn't have it. He was happy that I loved the job. Thank you, John Anguinano of Anguinano Lawn Care, for work and ethics that are above anything I have ever encountered."

Toys for Tots Toy Drive

Due to Covid restriction there will be no Toys for Tots show this year; but people can bring an unwrapped toy (no stuffed animals) by Dec. 10 to Security at the Main Gate, St. Andrews Gate or the Building 5 Decal Office. The Marines will distribute the toys to the children.



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VOL. 44 NO. 42

Government

Special GRF Board of Directors Meeting Agenda

Clubhouse 4/Live Stream Monday, Nov. 30, 10 a.m.

To view the live meeting:

- Go to www.lwsb.com
- Click on the Watch BOD Meeting Live tab.
- The live streaming uses YouTube live and terminates at the close
- 1) Call to Order
- 2) Roll Call
- 3) Pledge of Allegiance
- 4) Announcements
- 5) Shareholder/Member Comments

Note: Foundation Shareholders/Members are permitted to make comments before the business of the Board begins. Requests myst be registered in advance of the meeting, and comments are limited to four minutes.

- 6) Commence Counting Process
- 7) GRF Board Meeting Recess
- 8) GRF Board Meeting Call to Order
- 9) Announcement of Results of Mutual 1 GRF Representative Election Process
- 10)Adjournment

Second Special GRF Board of Directors Meeting Agenda

Clubhouse 4/Live Stream Monday, Nov. 30, immediately following adjournment of 10 a.m. meeting

To view the live meeting:

- Go to www.lwsb.com
- *Click on the Watch BOD Meeting Live tab.*
- The live streaming uses YouTube live and terminates at the close of the meeting
- 1) Call to Order
- 2) Roll Call
- 3) Pledge of Allegiance
- 4) Announcements
- 5) Shareholder/Member Comments

Note: Foundation Shareholders/Members are permitted to make comments before the business of the Board begins. Requests myst be registered in advance of the meeting, and comments are limited to four minutes.

- 6) New Business
 - a. General
 - i. Installation of the Newly Elected GRF Director
 - ii. Ratify Committee Assignments, Ad Hoc Committee Assignments
- 7) Adjournment

Recap of GRF Board Activity, Nov. 24

Committee/Board meeting minutes for the month of October 2020; the minutes of the Oct. 5 Recreation Committee Board meeting; the minutes of the Oct. 19 Finance Committee Board meeting; the minutes of the GRF Board of Directors Minutes, dated Oct. 27; the October GRF Board Report, dated Nov. 24; acceptance of the Financial Statements, October 2020, for Audit; and the Reserve Funds Investment Purchase.

General—Emergency Action—Public Safety/Purple Tier: MOVED and duly approved to close all outdoor activities due to public health and safety concerns, effective Nov. 25, including Veterans Plaza, the Golf Course, Mission Park and the Amphitheater, for a period of three weeks.

28-Day Notifications to the Membership—FINAL VOTE:

Approved Consent Agenda: Amend 70-1412.2-1, Smok-MOVED and duly approved the **ing Prohibition**: MOVED and duly approved to amend 70-1412.02-1, Smoking Prohibition, expanding the smoking prohibition to all GRF amenities and including "vaping" to products prohibited at all GRF amenities, as presented.

> 28-Day Notifications to the Membership—FINAL VOTE: Amend 70-1447-1, Use of Community Facilities, Mini Farm—Rules: MOVED and duly approved to amend 70-1447-1, Use of Community Facilities, Mini Farm—Rules, establishing that Mini Farm plot holders must be GRF Members in good standing; adding a prohibition against alcoholic beverages, animals (excepting Qualified Service Animals), firearms and radios; and establishing rules for the length of leases and plot abandonment. Further, amended are lessee responsibilities of the plots,

RECAP, page 23

Carport Cleaning Schedule 2020

The remainder of the holiday carport cleaning schedule for 2020 is as follows:

Thanksgiving Day, Thursday, Nov. 26

Mutual 11, Carports 130-131; Mutual 15, Carports 3, 6-8, 10-13; and Mutual 16, Carport 9, will be cleaned Monday, Nov. 30.

Christmas Day, Friday, Dec. 25

Mutual 14, Carports 150-157; Mutual 15, Carports 1-2, will be cleaned Thursday, Dec. 31.

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before.

Contact Mutual directors to find out when your carports are scheduled for sweeping.

Correction

In the "Presidents' Council Recap From Nov. 1," printed Nov. 12, the correct time for the next meeting is 9 a.m. on Dec. 3.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Tues., Dec. 1	Mutual 16
	virtual
Tues., Dec. 1	Mutual 17
	virtual1:30 p.m.
Wed., Dec. 9	Mutual 4 (open forum, 9:15 a.m.)
	virtual9:30 a.m.
Thurs., Dec. 10	Mutual 12
	virtual9 a.m.
Fri., Dec. 11	Mutual 3
	virtual9 a.m.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask

Mon., Nov. 30	Special GRF Board Meeting
,	Clubhouse 410 a.m. & after
Mon., Dec. 1	COVID-19 Ad Hoc Committee
Fri., Dec. 4	Clubhouse 4
111., Dec. 4	virtual
Thurs., Dec. 10	Communications/IT Committee
	Clubhouse 41 p.m.
Friday, Dec. 11	GRF Executive Committee
Mon., Dec. 14	Clubhouse 4
	Clubhouse 41 p.m.
Tues., Dec. 15	Website Ad Hoc Committee
	Clubhouse 41 p.m.

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GRF Policy Review

The Golden Rain Foundation Board of Directors has given tentative approval to the following policies, which are reprinted here to provide a 28-day notice prior to final approval at the Nov. 24 GRF Board meeting. Instructions on how to provide feedback follows each policy.

40-3182-1, MEMBER/OWNER (M/O) AND RENTER/LESSEE (R/L) RULES

Per the action of the GRF Board on Nov. 24, 2020, in accordance with Civil Code \$4360, Notice of Approval of Amendment of the Board hereby provides general notice t of 40-3182-1, Member/Owner (M/O) and Renter/Lessee (R/L) Rules to all Shareholders/Members:

1. Purpose

To establish rules for the use of Trust Property by Member/ Owner (M/O) and Renter/Lessee (R/L). This policy only covers Golden Rain Foundation (GRF) requirements. The Mutuals will have their separate requirements addressed in the Mutuals' individual rules and policies.

2. General Information

Member/Owners per the occupancy Agreements for Mutuals 1-12, 14-16 and Mutual 17's CCR(s): All Shareholder/Members are solely responsible for the actions of their R/L's; therefore they are solely responsible for the fines/fees and penalties incurred by their R/L's. Fines/Fees not paid by the R/L's and their guests will be assessed on the M/O account with the (GRF).

3. M/O'S in Mutual 17

3.1 All current Mutual 17 M/O's will remain under their old agreements as long as the current R/L remains in the Residential unit. When they move out, the M/O will then be subject to this rule.

3.2 All M/O's who rent/lease their Residential unit on or after Jan. 1, 2021, must adhere to this new rule.

4. R/L'S in Mutual 17

4.1 All current Mutual 17 R/L's will remain under their old agreements until they move out of their Residential unit. **4.2** All new R/L's in Mutual 17 on or after Jan. 1,2021, must follow the rules laid out in Section 7.

5. Lessor—M/O for ALL mutuals

5.1 Any M/O who rents their unit in Leisure World must give up their use of all amenities during the time their unit is rented. When moving back into the Community, their privileges will be reinstated except for the following:

> **5.1.1** All RV leases and 1.8 acres (Mini farms) leases will be terminated the date the rental agreement takes effect. M/O's can be added to the waiting list(s) the day they move back into the Community, but no spaces will be guaranteed.

6. The M/O'S in All Mutuals **Must Do the Following Before** the Rental Can Be Completed:

6.1 Each M/O must pay a nonrefundable STO Processing Fee. See 40-3182-2.

6.2 ID CARDS: Return all

GRF-issued ID Cards for the unit to the Stock Transfer Office (STO). Failure to return the card(s) will result in a fine. See 40-3182-2, for amount. **6.3** Have vehicle(s) (R/V/ car/truck/golf cart/scooter/ bicycle/motorcycle) decals removed by the Security Department (SD). Security will give the M/O a form with all vehicles listed at their unit, signed off by SD as confirming decals have been removed. If any of the vehicles listed have been transferred, proof of such transfer will be needed. The form is to be given to the STO. All M/O vehicles listed must be removed from the Community. Any vehicles owned by the M/O that are not removed from Trust Property will be towed at the owner's expense.

> 6.3.1 M/O RV Lot lease will expire the day the Residential unit lease commences, and the M/O must remove any RV's from the RV Lot within thirty (30) days of effective day of lease. Failure to remove vehicle will result in towing at owner's expense.

6.4 ENTRY PASSES: All GRF-issued entry passes (4) assigned to this Residential unit must be returned to the STO. Failure to return will result in a fine. See 40-3182-2. **6.5** CAREGIVER PASSESS: All GRF-issued caregiver passes must be returned to the STO. Failure to return will result in a fine. See 40-3182-2.

7. The R/L in All Mutuals Must Do the Following Before the **Rental Can Be Completed:**

7.1 Satisfy all rules, regulations and policies for meeting the age qualifications for residing in the community. **7.2** Pay a five (5) year prorated GRF Trust Property Use Fee (TPUF). See 40-3182-2. All R/L moving into the community must pay the TPUF. The TPUF for 2021 is \$4,127. 7.3 Pay a refundable deposit per GRF ID Card. See 40-3182-2. All R/L living in the unit must have a GRF ID Card. When moving out, the deposit(s) will be returned within sixty (60) days after relinquishing the card(s). 7.4 Pay a refundable deposit per vehicle (R/V/car/truck/

golf cart/scooter/bicycle/ motorcycle) decal affixed by the Security Department (SD). All vehicles on GRF Trust Property must have a decal. Deposit(s) will be returned within sixty (60) days after decals have been removed by the SD and a signed form by the SD has been turned into the STO. See 40-3182-2 for amount.

7.5 The following fees must be paid prior to moving in: See 40-3182-2.

7.5.1 Pet registration (if allowed by Mutual), an annual non-refundable fee per animal is required. See 40-3182-2. This includes emotional support, comfort or service animals. See 50-1023-1 for paperwork requirements.

8. Access to Community By M/O If the M/O requires access to the Community as a member of the Health Care Center (HCC) and wishes to continue as such, or to manage the M/O's affairs with his/ her Residential unit (i.e., maintenance, attending to their R/L, etc.), they will need to do the following:

8.1 Contact the HCC to arrange access to the Community for their appointments. 8.2 Contact the SD to arrange temporary access to the Community for the limited purpose to attend to their Residential unit and/or R/L.

9. Annual Assessment Package

When the annual packet containing next year's assessment amounts, disclosures and current year property tax amounts are mailed to M/O, there will be no entry passes included.

Fines can be appealed by the M/O only, by petitioning the Finance Committee (FC). If FC does not approve removing the fine and it is not paid by the M/O, the fine will be assessed on the M/O's account with GRF. Appealing the FC's decision can be made to the Community Violation Panel. (See 30-5093-3).

11. Renter/Lessee (R/L) in All Mutuals

The R/L will be required to follow the same GRF rules as anyone owning or living in the Community. See *lwsb.com*, for all GRF rules, and the M/O is ultimately responsible for the actions and conduct of their R/L's.

12. Additional Information

12.1 To lease a space in the RV Lot, see 70-1487-1. If the R/L moves out of the Community, this vehicle will need to be removed immediately. Any monies for the months remaining on the R/L's lease will be returned to the R/L within sixty (60) days.

12.2 To lease a space in the 1.8 acres (Mini farms), see 70-1447-1 for leasing a space. If the R/L moves out of the Community, this lease will be terminated immediately. Any monies for the months remaining on the R/L's lease will be returned to the R/L within sixty (60) days.

12.3 No entry passes will be given to the R/L. All guests will need to be called in at the main gate.

All Shareholders wishing

to comment on the proposed changes may submit comments by either:

• Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "40-3182-1, Member/Owner (M/O) and Renter/Lessee (R/L) Rules"

• Mailing comments to: Golden Rain Foundation, P. O. Box 2069, Seal Beal, CA 90740, Attn.: Proposed Document Revisions. Please reference 40-3182-1, Member/Owner (M/O) and Renter/Lessee (R/L) Rules on any correspondence you submit.

All comments will be copied to the board for review and consideration. The board will take final action relative to 40-3182-1, Member/Owner (M/O) and Renter/Lessee (R/L) Rules at its Dec. 23 meeting.

40-3182-2, MEMBER/OWNER (M/O) AND RENTER/LES-SEE (R/L) FINES, FEES AND **DEPOSITS**

Per the action of the GRF Board on Nov. 24, in accordance with Civil Code §4360, Notice of Approval of Amendment of the Board hereby provides general notice t of 40-3182-2, Member/ Owner (M/O) and Renter/Lessee (R/L) Fines, Fees and Deposits to all Shareholders/Members:

The following schedule of fines, fees and deposits is established by the Golden Rain Foundation (GRF) for M/O's and R/L's. Any unpaid fines, fees or charges incurred by an R/L are the ultimate responsibility of the Member/Owner (M/O).

1. M/O Fees

Five Hundred (\$500) dollar Stock Transfer Office (STO) Rental Processing fee.

2. M/O Fines

2.1 Five Hundred (\$500) dollar fine for failure to surrender each GRF ID card.

2.2 One Hundred (\$100) dollar fine for failure to surrender each GRF issued vehicle decal. 2.3 One Hundred (\$100) dollar fine for failure to surrender each GRF Entry pass.

2.4 One Hundred (\$100) dollar fine for failure to surrender each GRF issued caregiver pass.

3. R/L Fees

3.1 GRF Trust Property Use

3.1.1 TPUF is calculated as twenty-five (25) times the monthly GRF assessment and rounded up to the nearest dollar.

3.1.2 The TPUF fee starting in January 2021 is \$4,127 per person. No financing permitted.

3.1.3 Any TPUF refund will be prorated over a five (5) year period based on lease date. If R/L moves out before five (5) years is up, the excess willberefundedwithinsixty (60) days after R/L moves out of the Community. No partial years will be refunded. 3.1.4 If R/L moves to another rented/leased Residential unit within

new Residential unit. 3.1.5 If R/L purchases a Residential unit in LW within thirty (30) days after their lease expires, the TRUF will be transferred to the purchased Residential unit.

thirty (30) days, the TPUF

will be transferred to the

3.2 One Hundred (\$100) dollar annual non-refundable fee per animal registration.

3.2.1 Mutual Board has the final say so on pets being allowed in the Mutual.

4. Deposits

4.1 A refundable deposit of five hundred (\$500) dollars will be charged for each GRF renter ID card.

4.2 A refundable deposit of one hundred (\$100) dollars will be charged for each GRF renter-issued vehicle decal.

4.3 A refundable deposit of one hundred (\$100) dollars will be charged for each GRF renter issued caregiver pass.

All Shareholders wishing to comment on the proposed changes may submit your comments by either:

• Emailing comments to the attention of the GRF Board at deannab@lwsb.com; please include in the subject line "40-3182-2, Member/Owner (M/O) and Renter/Lessee (R/L) Fines, Fees and Deposit"

• Mailing comments to: Golden Rain Foundation, P. O. Box 2069, Seal Beal, CA 90740, Attn.: Proposed Document Revisions. Please reference 40-3182-2, Member/Owner (M/O) and Renter/Lessee (R/L) Fines, Fees and Deposits on any correspondence you submit.

All comments will be copied to the Board for review and consideration. The Board will take final action relative to 40-3182-2, Member/Owner (M/O) and Renter/ Lessee (R/L) Fines, Fees and Deposits at its Dec. 23 meeting.

COMMENTS/QUESTIONS FROM THE MEMBERSHIP Nov. 30, 2020, Special GRF Board of Directors Meeting

Submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Mrs. Deanna
Bennett, Executive Coordinator, no later than 4:30 p.m. on Friday, Nov. 27. You may also drop off
your question/comment at the Stock Transfer Office, Attention Deanna Bennett or email your ques-
tion/comment to grfboardaction@lwsb.com.

Today's Date:	-
Your Name (please print):	Mu # Apt. #
My Subject is:	

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board (Civ. Code §4925(b)). Time limits per speaker are limited to: four minutes when there are no more than 15 speakers; three minutes, 16-25 speakers; and two minutes, more than 26 speakers.

<u>Religion</u>



Chuck and Sheryl Franco

Assembly of God

By Norma Ballinger LW contibutor

Pastors Chuck and Sheryl Franco will speak this Sunday and share their lives in the Amphitheater at 11 a.m. They are possible candidates for the pastorate here in Leisure World.

The Francos are both ordained Assembly of God ministers, having served in churches in Southern California for the past 39 years. After serving as youth pastors and associate pastors, most recently the last 28 years has been as lead pastors in two churches in the area.

The Francos love the body of Christ and enjoy sharing the word of God wherever God calls them. They have shared the Gospel in many places throughout the world. They are the proud parents of two adult sons who have given the Francos four grandchildren with

What does Thanksgiving do to shape your view of God's grace? Remember, all you have received is another undeserved gift from the well of God's mercy (James 1:17).

"What shall I give to the Lord for all his benefits?" Read Psalm 116:12,13. Asking for more benefits gives God great delight. He loves to give good things to his children (Luke 11:13). Let your gratitude to God this Thanksgiving season and beyond be just a window into the storehouse of all he's offered you through Christ.

Beit HaLev

The Beit HaLev Zoom community has blossomed into a small but close-knit group; Rabbi Galit Shirah has instituted a brief "social hour" for members to interact with one another. The group is called "Coffee Chavurah" and it meets on Fridays at 5:30 p.m. as well as after Saturday morning services on Zoom. Services still begin at 6 p.m. on Fridays and Saturdays at 10:30 a.m.

To join the Zoom meeting, go to https://us02web.zoom.us/j/915 2434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09; the meeting ID is: 915 243 4704, and the passcode is RavGalit.

Beit HaLev continues to livestream on Facebook as well. Go to Rabbi Galit Shirah's website at galityomtov.com, Facebook.com/galityomtov or YouTube.com on the "Shabbat Shalom LIVE!" channel. A link to the PDF version of each prayerbook, "Lev L'Lev," is provided at each service.

The Torah reading, "Vayetzei," Genesis 30:14-31:16, highlights a turning point in the relationship between Rachel and her sister Leah: Leah symbolically gives fertility (through mandrakes) to Rachel, who is barren, and in return Rachel asks Jacob to sleep with Leah, who longs to be loved by him. Jacob and his father-in-law, Laban, compete with each other with their flocks, with God giving Jacob the advantage of "besting" him at every turn. After years of constant conflict and **BEIT HALEV, page 22**

Congregation Sholom

Rabbi Karen Axelrad will stream services at 6:30 p.m on Friday, Nov. 27, and on Saturday, Nov. 28, at 9:30 a.m. via Zoom.

Any new Congregation Sholom members who want to watch the livestream should contact Jeff Sacks to receive the Zoom invitation. Text to Jeff at (714) 642-0122 email or him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice beforehand can call Jeff ahead of time.

Zoom also provides a phone number to call if you do not have Internet service. The number in California is in San Jose. (Area code 669). To call inside California is toll-free for most, but you may want to check with your phone provider.

The Zoom link is https://us-02web.zoom.us/j/3752519429?pw d=UDREWTA1N21jaXVUZŪhy *QmY1U01JQT09*, the meeting ID is 375 251 9429 and the passcode is 8ZYy69

Those who want to call in to the Zoom meeting need to dial +16699009128, the meeting ID is 375 251 9429.

Congregation Sholom will have a game afternoon on Zoom hosted by Sandy Geffner this Sunday at 4 p.m. The group will play a variation of Outburst. Those who want to play you want to play should email Jeff at jfsacks@ gmail.com ahead of time so he can send a Zoom link. Sandy will give participants the game rules at 4 p.m. Players should have a pencil and 8½ x 11" piece of paper ready.

Electric Shabbat candles that have graciously been obtained for Leisure World residents by Rachel Berkowitz of Chabad are available for \$8. This will enable shareholders to "light" a candle on Friday night and keep it burning until after Havdalah on Saturday night without a risk of fire. Contact Carol Levine to receive a set.

Those who want to participate in the livestreamed services on the Congregation Sholom of Leisure World Group Facebook page should contact Ron Yaffee

SHOLOM, page 11

Editor's note: On Tuesday, Nov. 24, the GRF Board decided to shut down all GRF outdoor venues starting Wednesday, Nov. 25, and will reevaluate Dec. 21. Call your church's office if you are unsure about where/if it is meeting.

Church of Jesus Christ of Latter-Day Saints

By Jim Greer

LW contributor

Twenty-eight years ago, in the April General Conference, President Thomas S. Monson gave an inspirational speech on gratitude. He recalled how in Luke, Chapter 17, Christ entered a Samaritan village and was approached by 10 lepers. They pleaded, "Jesus, Master, have mercy on us'. And when he saw them, he said unto them, 'Go shew yourselves unto the priests.' And it came to pass, that, as they went, they were cleansed." One Samaritan, noticing he was whole, immediately turned and fell at Jesus' feet and thanked him. Seeing that only one returned, Jesus asked, "Were there not ten cleansed? But where are the nine?"

Though disappointed with the nine, Christ acknowledged the former leper's gratitude and declared, "Arise, go thy way: thy faith hath made thee whole." (Luke 17:11–19.)

Elder Monson compared the ancient world's plague of leprosy with modern epidemics of selfishness, greed, cruelty, and crime.

'We can lift ourselves, and others as well, when we refuse to

remain in the realm of negative thought and cultivate within our hearts an attitude of gratitude."

Ingratitude is indeed a grave sin, but President Monson declared that gratitude is among the noblest virtues. To help us develop an attitude of gratitude, President Monson identified six points of gratitude to observe.

The first point is gratitude for mothers. Amidst the crucifixion, Jesus demonstrated gratitude for his mother by designating her care to his trusted disciple when he said, "Woman, behold thy son! Then saith he to the disciple, Behold thy mother!" (John

The second point is gratitude for fathers. Christ expresses his appreciation for his father by doing his will. He did so from the pre-mortal existence, through the creation, during his ministry, and does his father's will today.

Elder Monson's third point of gratitude is for those teachers who shape their pupils' expectations and ambitions, who influence attitudes and embed aspirations for the future. "Let us ever have an attitude of gratitude for our teachers."

LDS, page 22



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Community Church

By Johan Dodge

Reverend

Exhaustion, fatigue and resentment.

If I haven't just described how you feel in the midst of COVID-19, tell me your secret. As I write this, Orange County has moved back to purple, which means a return to some additional restrictions.

How do we find ways to stay positive amidst the reality in which we find ourselves? That question was also asked by the first Christians, who were dealing with Roman occupation and persecution in the early centuries of the Christian movement.

Mark, one of the Gospel writers, records Jesus teaching his followers to "Keep Awake," which is, of course, an untenable request. We cannot stay awake; we cannot stay hyper-vigilant. In many ways, the COVID-19 numbers as

a community, as a county and as a country have been skyrocketing because at some point, we have likely each of us already reached the breaking point. We know what we should do, yet the fatigue of our hyper-vigilance gets the better of us and we make a choice that lets in the virus. So what does it mean to keep awake, if we are actually supposed to also sleep?

This Sunday will be the fourth Sunday of our extended sevenweek Advent. The theme for the year is "Carved by Grace—A Year of Good news."

To hear this teaching as well as some worship music, tune in Sunday morning at 9:50 on Facebook live @communitychurchleisureworld. Those who want join the virtual fellowship need to call the church office or email leisurewccsue@yahoo.com. Those who don't have a computer or Facebook, can call in to the

COMMUNITY, page 22

First Christian

By Bruce Humes

It is the fall season, a time for cooler weather, perhaps some rain, and a time to celebrate several holidays, beginning with Veterans Day. We celebrated Veterans Day several weeks ago, but in reality, we should celebrate our veterans each day. Why? Because of the sacrifices they made, both past and present, that protect and preserve the freedoms that we enjoy today.

Now Thanksgiving Day is approaching. It is a day set aside to give thanks to almighty God for his blessings. At times, it's difficult to get into the Thanksgiving mode, such as this year; in the midst of a pandemic, it's difficult to get excited because of the varying restrictions. However, because it's a day set aside to give thanks to almighty God, we should go to his word to get some encouragement during difficult times.

Psalm 100 is a psalm of thanksgiving, "Make a joyful shout to the Lord, all you lands! Serve the Lord with gladness; come before his presence with singing. Know that the Lord, he is God; It is he who has made us, and not we ourselves; We are his people and the sheep of his pasture."

Three things to be thankful for in this passage is that God is God, he is our creator, and we are his people.

"Enter into his gates with thanksgiving, and into his court

with praise. Be thankful to him, and bless his name. For the Lord is good; his mercy is everlasting, and his truth endures to all generations." We can be thankful that God is good, he is merciful and it's everlasting, and that he is enduring and everlasting truth.

Psalm 95:1-7 says, "Oh come, let us sing to the Lord! Let us shout joyfully to the rock of our salvation. Let us come before his presence with thanksgiving; Let us shout joyfully to him with psalms. For the Lord is the great God, and the great king above all gods, in his hand are the deep places of the earth; The heights of the hills are his also. The sea is his, for he made it; And his hands formed the dry land."

FIRST CHRISTIAN, page 11

LW Baptist

By Rolland Coburn

Pastor

God is our shield. Of Job, it is said, "God has put a hedge around him," (Job 1:10). The Lord told Abraham, "I am your shield and exceeding great reward" (Genesis 15:1). In Deuteronomy 33:29, Moses disclosed his nation's greatest blessing: God is Israel's shield. David prays, "You, O Lord, are a shield about me, my glory and the lifter of my head" (Psalm 3:3).

The promise is not just for people in the past. The Bible says, "This God—his way is perfect; the word of the Lord is proven true; he is a shield for all those who take refuge in him" (Psalm 18:30).

But you say, "God's people have also suffered and died." Yes, yet not before their time. Our Lord in the flesh exemplifies this. You may remember how often his enemies tried to seize him, and failed. Why? His hour had not yet come (John 7:30). And so it is for all God's people. We are overshadowed by his mighty power, as Mary our Lord's mother was told (Luke 1:35). She summed it up, "My spirit rejoices in God my Savior; for the Mighty One has done great things for me, and holy is his name" (Luke 1:47,49).

"But I am far from perfect," you say, "not very saintly for a saint." No, your righteousness cannot be self-righteousness. It must be borrowed, Christ's righteousness. The Chinese character for righteousness illustrates this. It pictures "me under God's lamb." We are clothed, covered, shielded with his righteousness for time and eternity. This is what it means to take refuge in him so that God becomes our shield. Then we can join the Gospel poet in singing, "Overshadowed by His mighty love/Love eternal, changeless, pure/Overshadowed by His mighty love/Rest is mine, serene, secure/ He died to ransom me from sin/He lives to keep me day by day/ I'm overshadowed by His mighty love/Love that brightens all my way."

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11

SHOLOM

from page 7

Rabbi Karen shared this prayer: A Prayer for Our Country After the Election

By Rabbi Naomi Levy

"Our nation has chosen a new leader

To guide us forward in this challenging time.

Help us, God, to unite our great country

In the wake of a contentious election.

Teach us to listen to one another,

To heal our divisions and to restore hope.

The days that lie before us will not be easy, they are ours to shape.

Let them be days of repair,

Days when we will stem the tide of this horrific pandemic,

Days when we will join together To build a new future.

For some of us the results of this election are a cause for great celebration,

For others the results are a deep disappointment. Our charge today must be to rise above conflict, To rise above our differences, And welcome in a new time of understanding,

new time of caring and

empathy, Decency and support.

> Bless us God, with ears to hear, Hearts to love,

And hands to reach across party lines,

So that we can ensure liberty and dignity for all.

Land of opportunity and dreams, We vow to protect our blessed

democracy And to safeguard the freedom that

> May we protect your majestic landscape,

is our birthright.

And may we treasure the freedom that is our birthright.

We pledge our allegiance To every soul in need And every child praying for a better tomor-

Bless America, God, With peace, prosperity, and with justice for all. Amen."

FIRST CHRISTIAN From page 10

The three things to be thankful for in this passage are: (1) He is our rock of our salvation. (2) He is the great God. (3) He is our creator God.

Oh come, let us worship and bow down; Let us kneel before the Lord our maker. For he is our God, and we are the people of his pasture, and the sheep of his hand.

Philippians 4:4-7 says, "Rejoice in the Lord always, again I say, rejoice! Let your gentleness be known to all men. The Lord is at hand. Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

This Thanksgiving, let's give thanks to him who guards our hearts and minds and gives a peace that surpasses understanding and that he is at hand.

If you want to speak to someone at the church or if you have a need, call the church office at (562) 431-8810. Leave a recorded message and someone will return your call as soon as possible.

The LW Weekly 430-0534

Faith Christian Assembly

December is always a great time to reflect on the incarnation of Jesus. Faith Christian Assembly will delve into all that Jesus accomplished when he came to earth and will also consider what a believer's response to his sacrifice should be.

Out of an abundance of caution, Faith Christian Assembly will take your temperature at the door, and you will be asked to wear a mask, especially before and after service, and sit socially distant from others. Those who are ill should stay home.

Due to COVID-19, Faith Christian Assembly is not currently having all of its regular ministries at this time, but will resume as soon as possible. Call the church office for the most updated information. Midweek Bible study is taught by Pastor Sheri Leming on Wednesdays at 11 a.m. via conference call only. Those who would like to join should call the conference line at 10:55 a.m. Dial (425)436-6371-access code: 576671#. GriefShare is on Wednesdays at 2 p.m.

To receive more information about the church, call (562) 598-9010 or visit www.FCAchurch.net.

Redeemer Lutheran and St. Theodore's

By Lisa Rotchford Reverend

One of my favorite Thanksgiving hymns is the anonymously written "We Gather Together to Ask the Lord's Blessing." The hymn reminds us to "Gather together to ask the Lord's blessing... giving praises to his name; he forgets not his own. Beside us to guide us, our God with us joining. Thou, Lord, is at our side; all glory be thine! We pray that God still our defender wilt be... Thy name be ever praised! O Lord, make us free!'

As the pandemic continues to throw us curve balls, we have to be a little more creative on what it means to gather together. Redeemer Lutheran and St. Thedore's Episcopal churches will continue to follow state and local guidelines to keep everyone safe.

At the time of submission for publication, worship services have been reduced to 15 minutes and will be held outside (weather permitting) at 9, 9:30, 10 and 10:30 a.m.

The strong organ will play and can be heard outside as groups of 15 people in chairs will be assembled to worship in front of the church (13564 Saint Andrews Drive, across from the Administration Building). Communion packets will also be distributed between 9-11 a.m., those who would like to remain in their car can collect Communion and prayers through the curbside

May we always serve the Lord as we gather as we can-whether its in our cars, on the curb or inside a church-and seek the Lord's blessing, healing and freedom.



Share the love this holiday season

More than ever, this is the time to share the holiday spirit with those around you.

Whether you have a busy festive season ahead or you'll be enjoying some peace and quiet, make time to:

- Have a (virtual) coffee hour with friends
- Deliver holiday treats to your neighbors
- Unwind and focus on yourself

We're thankful to serve the Leisure World Community. From all of us at the HCC, we wish you and your loved ones a safe and happy holiday season!



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November 26, 2020 | www.lwsb.com



Ethel Carter is grateful for her family and her God who created the Yosemite Valley, the site of many happy family vacations. She is not in this family picture of the famous drive-through tree in Wawona Grove because she wasn't born until December 1942.



Thuy Do is grateful for the chance to help her physician daughter by making masks for her hospital and others around the U.S.



12

Joan Rose's daughter Sharon



Kaye Huff



Sharon Jacobs



Joanna Matos

THANKS from page 1

widow and fending for myself. I learned to reflect and ponder, became an "adult" and tackled independence. It's been a milestone. I am therefore grateful on this Thanksgiving, even while my future is uncertain in this now unfamiliar world.

I'm further thankful because GRF has reopened some activities to encourage our overall health. I am staying active again outdoors. Also, endless gratitude to my mentors, including the ones who give me financial guidance, teach me golf and show me how to enjoy fine wine. Inside this Leisure World bubble, I am thankful to be healthy, safe and blessed with caring friends as well as neighbors. Adrianne Rosenfeld, Mutual 14

2020 has been hard on everyone, but could have been a lot harder and caused people to be deeply depressed, if it wasn't for the people in Leisure world who stepped up and took up the mantle of teachers and entertainers to keep residents busy.

While it is true that all the amenities have been closed, I am thankful for the Leisure World residents who took the initiative and shared their expertise on Zoom classes: Fred Carpenterteaches an iPad class; Miryam Fernandez teaches Spanish and technology; Joe Osuna and Joseph Valentinetti host a Saturday cocktail zoom; and Rabbi Galit Slater gives Zoom services.

I'm sure there are many, many more. Thank you to all for giving the time and energy to prepare interesting and fun Zoom sessions every week to teach us old dogs new tricks and keep our minds active.

Thank you to LW Weekly for posting all these classes in the newspaper, so all the residents can know about and join these classes. **Beverley Bender, Mutual 17**

I have learned there are two things that help me get through the hard times: Laughing with my laughing-yoga mentor Robert Rivest (find him on *YouTube*), and thinking about all the things I have to be grateful for at this time.

I have a notebook by my bed, and every night I write three things that I am grateful for that day. If you do that for 30 days without repeating anything, it will change your life. It is too easy for me to complain, but when I think about all the things I have to be



grateful for, it changes my attitude from sad to glad. I have many friends and family who I love and they love me. I have a home and a warm bed at night. I can take a hot shower in the morning. There are people around the world who don't have a bed or hot water.

I live in a community where people listen to the scientists and wear masks to avoid getting COVID-19. My daughters are responsible and independent women. They even want to visit me once in awhile.

Thanksgiving is my favorite because it is a holiday about being grateful, not about presents. When we had large family dinners, before starting to eat, we would go around the table saying what brought us joy that had no monetary value. While many of us will not be able to spend Thanksgiving with family and friends, we still can share with each other on Zoom or the phone why we are grateful even in these difficult times.

I'm especially grateful that I became a certified laugh leader. I love encouraging people to laugh for no reason.

It's the best stress release. Laughing is a joy that no amount of money can buy. When I forget to practice what I preach, I go to Robert Rivest (see above) and always feel better. I am grateful to all the people in my life, and I know times will get better again. *Ethel Carter, Mutual 2*

I am thankful for my family and thankful for my God who created the beautiful Yosemite Valley where my family vacationed for many a summer. In the photo, circa July 1941, members of my family are posing in front of Yosemite's famous drive-through tree in the Wawona Grove.

Anna Derby, Mutual 5

The first time I celebrated Thanksgiving in this country was almost 40 years ago. I was curious

but reluctant about what it would be like to have a whole big turkey with all the trimmings. I had my doubts, but it was delicious, and I haven't missed a single Thanksgiving turkey dinner with my dear family since.

I'm thankful that GRF Board and Mutual Board members volunteer their precious time to take care of businesses for this community. Every day, I am thankful that I am living my retirement in this wonderful oceanside place that has nice neighbors and friends who have become a second family.

I am thankful that the Golden Age Foundation sponsored a project to make and give away face masks when our community was in need. More than 55 volunteers responded to our desperate calls and made 5,000 face masks.

On a personal note, I'm thankful that my parents instilled in me a humility and a desire to be kind to others, to be considerate, to be optimistic.

I'm thankful to them for showing me resilience, determination, compassion and the tenacity to try until your last bit of energy to see what you can achieve in life. *Thuy Do, Mutual 14*

For everything that has happened in 2020, I still have many moments this year that I am grateful for. My beautiful daughter was able to celebrate her wedding at the beginning of the year. It was a blessing to be able to celebrate with my whole family, which coincided with my first grandson's first birthday.

I am also grateful because I was able to answer the call for action. My daughter, who is a doctor, told me there was a shortage of protective masks at the end of spring. With the support of the community here in Leisure World, we were able to create thousands of masks and distribute them around the country to

hospitals and military bases.

This year has been a chance to slow down in a hectic world; the extra time has given me the chance to connect more with more friends and family, as well as take time for myself and be able to dedicate more time for prayer.

This year has been interesting for everyone, but my family and friends have kept allowing me to stay upbeat and realize how lucky I really am.

Debbie Fudge and Sylvia Uselton, Mutual 1

Grateful? Oh, yes, we are! Who would have ever thought when each of us moved into Leisure World at different times that either of us would find another same-age woman with so many similarities? We have both lived without electricity, have pulled water in a bucket from a well and chopped kindling. We are grateful that we found each other in Leisure World. So it just seemed natural for us to write together about what we are most grateful for at this time in our lives.

No. 1 for both of us: We are grateful to live in a safe, protected community.

Next, we are both grateful for our health.

Sylvia is particularly grateful that her health permits her to be of service to her neighbors who are not as fortunate. We are both grateful for the health of family members.

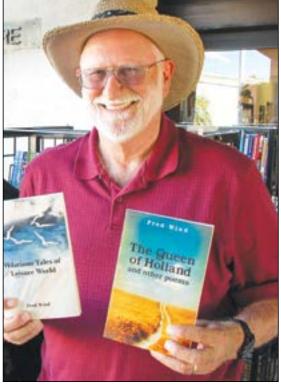
Debbi is very grateful for her life, as on Oct. 29, 2020, a drunk driver lost control of his speeding vehicle, hit the median curb, went airborne and landed like a space ship coming out of the sky right in front of Debbi's car, causing a head-on collision.

"And the Lord our God lifted me up and said, 'Here is your life back.' Praise God from whom all blessings flow. In Jesus' name, Amen."





Adrianne Rosenfeld in Germany



Fred Wind with two of his books.

Margaret Gillon, Mutual 12

My parents taught me to love books. I became a computer programmer because my strong reading skills enabled me to learn intricate computer languages. For six years, I also owned a book publishing company.

Sixteen years ago, I began dating Carole Damoci, and four years later, we married. Carole is a bookworm equal to me. Some of our happiest weekends are spent at home reading together. We rarely read the same books—I'm into nordic Noir mysteries and she's into romances. By the time we were married, we had learned how to be alone together, to sit in a quiet room for hours at a time with our noses in books, reading.

Our reading has changed this year. As well as fiction, we read about COVID-19 outbreaks, vaccination trials, online communities, how to cope with restlessness, and new ways to stay in touch with the friends and family we miss so greatly.

As we read our way through the COVID shutdown, I am thankful that I am married to a bookworm who loves to read as much as I do.

Kaye Huff, Mutual 7

How grateful I am to have my home here in Leisure World during such a challenging season. As I learn a whole new way of life, I realize how many folks here bless my life and encourage me each day, starting with Pastor Bruce Humes and my faithful church family. Having my niece Cookie and her husband, Paul, move to Leisure World has been an inexpressible joy. Even after 16 years, Jojo Weingart and my hula ohana (family) give life so much meaning as we continue to learn and practice and make new friends.

The challenges of these days have shown me what thoughtful special neighbors and other dear ones are nearby with their many acts of kindness.

Sure it's different, but I'm reminded of what's really important and how this community and the people who are put in my path daily help to keep my faith strong. Sharon Jacobs, Mutual 1

After spending a year in the Peace Corps in Jamaica at age 57, I returned home in 2010 with a profound appreciation for my country, health, family and friends. Every day since my return I repeat the following mantra as I exit the shower:

I'm thankful for the air I breathe, the water I drink, the food I eat, the country that I live in and for the love, health and support of my family and friends.

These were all the things I took for granted prior to my year in Jamaica. There I experienced poverty, pollution and food deprivation. I missed my family, friends and country terribly, and I vowed never to take for granted my privileged life in the U.S. We are truly lucky to live in America. This Thanksgiving and every day, I give thanks.

Dave LaCascia, Mutual 4

With the restrictions due to the coronavirus, many activities have been curtailed or eliminated. Fortunately for me, I still have my car, my night vision and my driver's license. But seriously, my family, my health and good friends are what I am most thankful for. Additionally, I have a wonderful partner, Liz Meripol, who is caring, upbeat, has a healthy family, and keeps me sane even though she regularly kicks my butt in Cribbage.

I am most thankful that my family and relatives are all well and thriving even during this lunacy. They work hard at trying to keep it "normal." My two daughters and their husbands are actively working, plus contributing to their employers and circle of friends. My four grandchildren, ages 13, 11, 11 and 8, are energetic, determined, and surviving the learning/outside activity limitations that have been imposed by the state and counties.

I am also thankful that no one close to me or my family has contracted COVID-19. My thoughts go out to anyone who has lost a friend or loved one because of the pandemic.

Joanna Matos, Mutual 2

It might sound trivial to say I'm grateful for my knowledge of technology for the eight months of COVID-19 lockdown, instead of acknowledging my family and friends—they already know that for the past 90 years. Any time and anywhere, my cell phone, tablet and computer have been there for me to communicate by text, messenger, WhatsApp, Facebook, email, camera, photo gallery. I'm connected to friends in Australia, Japan and London, family from Indiana to Oregon, and Leisure World. I have learned Zoom lessons via my computer from Joe Osuna and Miryam

Fernandez. I listen and see live LW Community Church services on Facebook each Sunday. I can be entertained by YouTube. I was interviewed by email for an article in AAA's Westways magazine. Thanks to technology, I saw my great-grandson born in Portland, attended a wedding and sent this message of thanksgiving for my weekly newspaper in Leisure World—ahhhh, the wonderful world of technology.

Jeanne Haislett, Mutual 10

This year I am thankful for so many things, extra time spent with my husband, being able to work from home to help our veterans and, need I forget to say, an abundant supply of toilet paper!

But there is one special person that I am thankful for, one who I admire for her dedication and perseverance during these challenging days.

She is Diana DeGrave, our mail carrier in Mutual 10. She is a seasoned postal worker and qualifies to live in Leisure World. She has been a carrier for 35 years and often works long hours, sometimes as late as 10 p.m., wearing her mask and head lamp while pushing her overloaded cart.

She was happiest when delivering my mail-in ballot. No matter how tired or how late it is, Diana always greets me with a positive attitude, and, I assume, a smile under her mask. Thank you, Diana, for delivering the mail through rain, sleet, snow and the pandemic.

Ioan Rose, Mutual 12

When I think of all we have gone through this year, I was at first hard-pressed to come up with something I was thankful for. This year, we have had to deal with the terrible pandemic, civil unrest, brush fires burning thousands of acres and destroying thousands of homes, and protest marches, all coming at us along with a volatile presidential election. But then I thought, first and foremost, that I should be thankful that I am fairly healthy and I am still walking around. Oh, yes, I am very thankful for that.

But I would have not done well in this pandemic if it had not been for the care and concern of my wonderful daughter, Sharon. She is my lifeline to the world, and we talk every day by text. She worries if I sound sad or depressed, and she tries to cheer me up. We play Words With Friends online and sometimes Scrabble, and she is



Yevette Louie distributing masks made by the Leisure World Mask Brigade to help LWers fight COVID-19.



Leila Claudio is thankful for a weekly class on Facebook livestream for free called the Search for Zealous Art.

always interested in what I am doing. Since I am fairly well sequestered in my house, she orders groceries for me, comes over to see me a few times a month and always wears her N95 mask while around me, so that I will remain safe.

She has a busy life aside from worrying about me. She works for a local police department as a community representative, hosting events to foster relations between police and the public. She raises money for Canine Companions for Independence, a national organization that trains dogs to be caretakers of people with disabilities. Sharon has always been a joy to me, and we are very close. She has always been there for me, including the sad time I lost my dad in 1980, and 20 years later, when we went through the wrenching months of losing my mom.

Five years ago, Sharon was there for me when we lost my oldest daughter, Bonnie, to ovarian cancer. She was a rock, and I know she hid her tears from me. I couldn't have gotten through that difficult time without her help and support.

Her love and caring nature for me and for her family is amazing and wonderful. I am so lucky that Sharon chose me to be her mom and for this, I will always be thankful.

Sue Saraf, Mutual 15

I have lived in LW just one year. The first thing I did was join



Margaret Gillon's pet shmoos love reading as much as she does.

the Hui O Hula Club.

When I walked in, I was greeted with a big "Aloha!" Kaye Huff came over to me and introduced herself, and I was struck by her grace and elegance. She had such beautiful posture, and her hair was beautifully coiffed. Jojo Weingart, our "Kuma" (hula teacher), had a big smile and the enthusiasm of a first-year college

I felt pretty awkward among these pros, but they were both so very patient and generous with their knowledge and the accessories that I needed for the class.

In between classes, they would sometimes stop by just to say hi. Then COVID-19 hit. Out of nowhere, a box of goodies showed up on our door.

We had puzzles and exotic cookies, flowers in a vase. Jojo! There were so many more displays of kindness from both Kaye and Jojo.

For this, I am grateful.

THANKS, page 23



HAPPY ON STAFF HAPPY WE ARE GRATEFUL FOR YOU FROM GRF STAFF

Julie Rodgers LL A Sustin migamote Chuic Monatla

Werding maider Jon Jone
Werdy maider Jon Jone

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IL Anna Boenboose

Cear Line Benedict

Kathi Dullaart

Violor B. R.

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RocioEstrada

Shelby Evans

David Ludge

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Karm Moore

KBS

Mark Darper

Mike Mega

Rm Ju

Sam Mooney ?

June Halle !

Arts & Leisure



Jefferson Mays transforms into all the characters of the classic.

LOCAL THEATER

The show goes on, virtually

When Hal Landon Jr. hung up his Ebenezer Scrooge hat and scarf last December, saying farewell to the character he played for 40 years on the South Coast Repertory stage, it was the end of an era. The theater announced the show would go on in 2020, though with a different actor portaying the famous curmudgeon.

But no one could have predicted a global pandemic that would force theaters across the country to close their doors for eight months—and counting.

Traditions find a way to survive, however, and the Charles Dickens classic "A Christmas Carol" refuses to cower in the face of the Ghost of Christmas Present.

Starting Nov. 28, two local theaters will stream the world premiere live-capture performance of Jefferson Mays' one-man "A Christmas Carol" as part of a joint project between producer Hunter Arnold's TBD Pictures, La Jolla Playhouse and On the Stage. A portion of ticket sales will benefit South Coast Repertory in Costa Mesa and International City Theatre in Long Beach, as well as La Jolla Playhouse, LA's Geffen Playhouse and others across the country that have lost revune during the pandemic.

In the Michael Arden-directed production, Mays plays more than 50 roles, from Ebenezer Scrooge and the Ghost of Christmas Past to Bob Cratchit and Tiny

Tim. "A Christmas Carol' was my first experience of living theater," Mays says. "My mother and father would read it out loud every year. My father would tell the story with clarity and humanity, while my mother, eyes ablaze, would transform into the characters.... Both, in their ways, created magic. And now here we are, aspiring to bring this magic to people across the country during this challenging time."

The online edition conceived by Arden and scenic designer Dane Laffrey is based on the work adapted by Arden, Mays and Mays' wife, Susan Lyons, that premiered at the Geffen Playhouse in 2018.

"In a time when theaters and arts workers across the country are in great need, bringing a story that celebrates the power of creativity, community and our shared humanity is humbling," says Arden, who began his theater career as a 10-year-old, playing Tiny Tim in a community production of "A Christmas Carol."

Virtual tickets for the performance filmed at New York's United Palace cost \$50 (plus fees) and include unlimited viewings through Video on Demand until Jan. 3, 2021.

To benefit South Coast Repertory, visit https://www.scr.org. And to support International City Theatre, go to https://www. InternationalCityTheatre.org.

Where-We-Live Club

Learn about the concept of feng shui in 2021! "Let's Put Our Affairs in Order and Organize!" will concentrate on the art of placement and how it may change lives. New and previous members, as well as all curious shareholders, are welcome to join. Simply email wherewelive@yahoo.com to be placed on a mailing list for future workshops, as well as updates to the club's calendar of activities, Zoom meetings and HomeWorks.

Men's Golf **Leagues Results**

A beautiful, sunny but cool morning greeted seven members of the Men's Monday Golf League on Nov. 16 the at the Willowick Golf Course in Santa Ana, a par-70, 6,000-yard, 18-hole course. Good scores were anticipated but did not occur. There were four birdies, but only one score was under par.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20, and B flight higher than 20.

A Flight Winners: First place: Sam Choi, 2 over 73, plus 2 birdies; second: Gene Vesely, 5 over; third: tie between Fujio Norihiro and Dave LaCascia; fourth: Bill McKusky. LaCascia was closest to the pin on the 140-yard, par-3 12th hole, and McKusky had few-

B Flight Winners: First place: John Meyer, 9 under 62, with two birdies and fewest putts; second: Bob Munn, 4 over 75.

The Men's Friday Golf League played at Meadowlark Golf Course in Huntington Beach on Nov. 20. Nine men and one woman teed off into a beautiful but cool morning on the picturesque, nearly 5,600yard course. The sun was out early, and conditions were excellent at tee time. Because the course was misty and damp and pin placements were challenging, low scores did not happen. It was surprising, though, that there were six birdies. Additionally, Jim Goltra and Larry Hillhouse, both of whom were welcomed back after long absences, fared well.

A Flight Winners: First place: Hillhouse, 1 over 72, plus a birdie; second: tie between LaCascia and Choi, 2 over 73. Choi had a birdie and tied with LaCascia for fewest putts. LaCascia also had two birdies; third: Fujio Norihiro, 5 over 76; fourth: Goltra, plus a birdie; fifth: McKusky, plus closest to the pin on the 140-yard, over-water, par-3 seventh hole; sixth: Vesely.

B Flight Winners: First place: John Petersen, 1 over 72; second: Munn, 3 over 74, plus a birdie and fewest putts; third: Keiko Sekino.

Both the Monday and Friday olf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7 and 7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana, and Willowick in Garden Grove. LW Men's Club membership is not required, and friends, ladies, spouses and family are all welcome to play and/or join. There is a prize pool for each round that players are not obligated to enter. If interested, contact Bill McKusky (562) 430-8618 or Dave LaCascia (801) 674-5975.

The league is looking for golfers (men and women) to join during the reduced playing time at he LW course. Handicaps can be determined using local course handicap numbers and adjusted for the longer, more difficult courses outside Leisure World. Contact LaCascia for more info.

—Dave LaCascia

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

At Thanksgiving

our lives are rich with promises that open to us each day cool breezes and bright sunshine bless our path along the way

richly colored flowers charm our senses too. friends with warm greetings join all we plan to do.

> nature's gift of food, choices never cease, nourish and sustain us always sure to please.

as we gather at Thanksgiving fervently we pray with gratitude overflowing on this very special day.

—Phyllis Poper, Mutual 14

Technology Classes by Miryam

Miryam Fernandez's technology classes are taught on Tuesdays at 2 p.m. Topics change each week. For an invitation, email Fernandez at *mzzmimm@gmail.com*. If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Dec. 8: Shopping Online

Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will never contact you by phone, text or email. If there's a problem with your account, they will shut you down until you contact them.



Hula dancers in three lines, a musical trio and an approving audience are all observing the social-distancing rule.

Hui O Hula

On this Thanksgiving, during the COVID-19 global pandemic, Hui O Hula is grateful to be safe and healthy. Dancers appreciate GRF Executive Director Randy Ankeny and Kathy Thayer from the Recreation Department for their continuous support in advocating health and fitness, as well as keeping a keen eye on clubs' activities at Veterans Plaza. The LW hula club is looking forward to the opening of Clubhouse 6's new cutting-edge fitness center.

Dancers are also thankful to the staff of LW weekly for keeping the community well-informed with current affairs and uplifting stories even in these difficult times.

Hui O Hula had been meeting for practice at Veterans Plaza on Thursday afternoons at 1:30. With the recently announced guidelines, classes are now on hold. Once activities resume, anyone who wants to give the Hawaiian dance a try may learn free of charge. Contact Yo Kishi at (562) 431-5110 to reserve a space, or call Kaye Huff at (562) 431-2242 for more information.

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Tanaka Farms covered 30 acres with lights for its inaugural event Hikari — A Festival of Lights

Capture the holiday spirit, starting this weekend

The holidays look different this year. With COVID-19 disrupting everyone's lives, there are no parties, no potlucks, no gathering with friends in the glow of festive lights. But thanks to spins on traditional events and new offerings, there are plenty of ways to capture the spirit safely.

Hikari-A Festival of Lights: Drive through Tanaka Farms' 30 acres of twinkling lights. Reportedly everything has been given the *hikari* ("shine" in Japanese) treatment, from the sugarcane to the trees and from the tractors to the scarecrows. And on Fridays, Saturdays and Sundays, Santa makes an appearance. The lights turn on Friday, Nov. 27, with the first car entering the fun at 5:30 p.m. Register for a date and time via https://www.tanakafarms. com/hikari. Monday through Thursday, it costs \$49 per car, but the price goes up \$10 Fridays through Sundays. Hikari runs through Dec. 10.

Christmas Train: Take a train ride through Irvine Regional Park, passing by Santa's Village on the way to the North Pole, where Santa and Mrs. Claus will greet passengers from a safe

distance. The annual event starts Friday, Nov. 27, and tickets are available through *https://www*. irvineparkrailroad.com/events/ *christmas-train/* for \$17-\$20 per person. (Activities within Santa's Village carry an additional cost.) Space sells out fast for this event, which ends Dec. 23.

Night of Lights OC: Pivoting from Winter Fest OC, the OC Fair & Event Center offers Night of Lights OC, starting Dec. 10. The 1-mile drive-through spectacular features more than 1 million lights and animation set to music that can be accessed via smart phone or car radio. Spectators can preorder food (from tamales to sweet treats) and drink online before 10 a.m. when they buy tickets at https://nightoflightsoc. com. Sessions start at 5 p.m., running through 9:30 p.m. Earlybird pricing starts ay \$39.99 for vehicles with five guests or less, but costs will increase once those tickets run out. The magic ends Jan. 10 (though it will also be closed on Dec. 24).

Taste of Merry Farm: Knott's Berry Farm has also been pivoting this year, focusing on its dining and shopping choices. The Taste of Merry Farm event, which started Nov. 20, includes such holiday treats as Ode to Santa eggnog with candy cane cookies, Blitzen's Christmas Tree bundt cake, Comet's Cinnamon Bun with a maple glaze and candied pecans, and Scrooge's Spicy Wings. Amid the picturesque settings, ticket holders can get some holiday shopping done at stores and craft booths, including the park's famous glassblower and chainsaw carver. Tickets for the daily, ninehour event are available via https:// www.knotts.com/play/events/ *taste-of-merry-farm* for \$40.

Holidays at the Harbor: Dana Point Harbor Partners continues its tradition of themed light displays throughout the harbor area. Travel through the light tunnel to get to the Merry Kiss Me arch, then visit Candy Cane Lane. On the first and second weekends in December, the harbor also offers a view of the 46th Annual Parade of Lights, for which boats are decorated like a "Fiesta Holiday." The #happyharbordays continue through Jan. 3. A map of attractions is available at https:// danapointharbor.com/holidaysat-the-harbor/.



Family Radio Service Users

Calling all Family Radio Service Users in Leisure World: The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate.

The call-in time is 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then call in stating your first name, last name initial and mutual number. Remember to press the side button to speak, then release when finished.

For more instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjerxn@yahoo. com, or call (562) 431-6586, ext. 409, to leave a message.

Video Producers Zoom Meetings

The Video Producers Club joosuna29a@gmail.com. offers free, weekly Zoom classes, as well as a Zoom Party Social on Saturdays.

Classes are as follows:

- Monday, 10 a.m.: Intermediate Zoom class for Windows and Android users with host Joe Osuna. For an invite to his class, email joosuna29a@gmail.com.
- Monday, 2 p.m.: Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email sail1942@gmail.com.
- Wednesday, 10 a.m.: Beginners' Zoom class for Windows and Android users with Osuna. For an invite to this class, email

- Thursday, 10 a.m.: Beginners' Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to his class, email 0501042@gmail.com.
- Friday, 10 a.m.: Guest lecturer Bob Cohen hosts Friday Morning Tech Talk on a variety of topics. Email bob@bobology. com for an invite.
- Saturday, 5 p.m.: The onehour Zoom Party Social, hosted by Joseph Valentinetti, is open to all residents. For an invite, email 0501042@gmail.com.

—Joe Osuna

Tech Talk

Join Bob Cohen in a free, one-hour live Zoom class on technology every Friday at 10 a.m. Topics are different each week and include iPhones and apps, websites, home-office technology, and Internet marketing. A question-and-answer session is held during each class, and all you need to know in advance is how to join using Zoom. Registration information with optional reading material is sent out every Wednesday morning for the Friday Tech Talk. To register for the weekly newsletter, sign up at https://bit.ly/bobologynewsletter or contact bob@bobology.com.

Grab 'n' Go Meals

Nov. 25-Dec. 2 **Clubhouse 6 Parking Lot**

- Thursday: No service today—Happy Thanksgiving!
- Friday: Katella Deli—Special holiday menu for preorder pickup only, 3:30-5:30 p.m., cash/cards. Call (562) 594-8611, then choose option 2, or order online at www.katellabakery.com.
- Saturday and Wednesday: Berg Catering—freshly prepared meals with a healthy, gourmet touch, 3:30-5:30 p.m., PayPal/ checks/cash/cards. Preorder at (562) 663-2038 or www.bergcatering.com (click the special LW menu).
- Sunday: Lucille's Smokehouse Bar-B-Que—barbecue, salads, sandwiches, 4-6 p.m., no preorders.
- Monday: Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 4-6 p.m., cash/cards. To preorder, go to www.kabobaholicft.com or text (949) 400-4696; mention LWSB.
- Tuesday: Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.

All Grab 'n' Go events take place rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. Everyone should maintain a 6-foot distance, and masks are required. For information, call (562) 431-6586, ext. 398.

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.

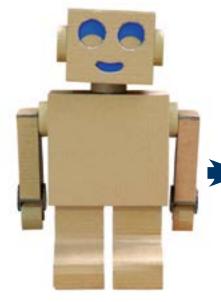
Watch for LW Live! alerts for daily menus. Sign up for LW Live at http://www.lwsb.com/lw-live-sign-up/. Vendors are subject to change.

Cool Cardboard Creations Contest

Reuse and repurpose cardboard boxes and scraps for a chance to win fabulous prizes in the Cool Cardboard Creations Contest. Submissions must be 95 percent cardboard. Acceptable materials include cardboard of all types, fasteners, glue, tape, as well as any nontoxic paint and recyclable decorations. The maximum size allowable for tabletop displays is 24 inches wide, 24 inches deep and 36 inches high. For floor displays, it's 36 inches wide, 36 inches deep and 72 inches high. And for hanging displays, it's 36 inches by 36 inches.

Excess cardboard can be dropped off in the designated area on the east side of Clubhouse 6. Anyone needing more building materials is welcome to take from this area.

Individual entries, as well as collaborative efforts made by GRF clubs or departments, should be brought to the LW Library by Dec. 16 between 9 a.m. - 3 p.m. Projects will be judged based on originality and the use of cardboard. The first-place winner will receive



\$1,000, second place gets \$500, and third place \$250. Special category winners will be awarded prizes valued between \$50-\$100.

Creations will be featured in a drive-through display on Dec. 18 near Clubhouses 3 and 4 and Veterans Plaza. For more information, contact Kathy Thayer at *kathyt@lwsb.com*, or call (562) 431-6586, ext. 398.



The Leisure Bicyclists get healthy exercise and fresh air every Sunday, Monday, Wednesday and Friday. The group meets at 9 a.m. at the North Gate, then rides to Long Beach Shoreline Village, Bolsa Chica, Huntington Beach and, on Sunday, Long Beach Municipal Golf Course for breakfast. Everyone rides at their own safe speed and wears a helmet, safe shoes and a mask. Call Mary Romero at (562) 810-4266 for further information.

Communit



Homebound LWers received a hand-delivered Thanksgivingthemed basket of treats from Pathways employees Samantha Tiscareno (I) and Kaitlyn Wood on Nov. 16. Each basket had

FALW

Celebration rescheduled to take place outside at 4 p.m. on Dec. 16

a note wishing residents a happy holiday season.

Simbang Gabi is a Filipino traditional nine-day series devotion of holy masses practiced by the Filipino Roman Catholics to pave the way in anticipation for the coming of Christmas honoring the Blessed Virgin Mary and the birth of her son, Jesus Christ.

The nine-day holiday is from Dec. 16-24. After each mass, devotees are greeted with a variety of snacks sold outside the church. Most common is the puto (rice cakes), puto bumbong, hot chocolate, salabat (ginger tea). Usually the Christmas season in the Philippines ends in the celebration of the Feast of the Epiphany on Jan. 6.

Fr. Juan Caboboy, pastor of Holy Family Church of Leisure World and spiritual adviser for FALW, will celebrate the Mass in front of the church on Wednesday, Dec. 16, at 4 p.m. Due to coronavirus limitations, Mass is limited to 100 people. Attendees are reminded to bring a chair and to dress properly for the cold climate.

Those who want to attend the Holy Mass must call and make a reservation. It will be first call, first seated, no exemptions. Even members of FALW must call if they want to attend the Holy Mass.

Reception will be served after the mass on a to-go basis. It will be first call, first seated, no exemptions. For reservations, call Dove Sonza at (562) 477-5541, Aida Jose at (201) 566-3184 or Ren Villnueva at (562) 493-1406.

RECREATION DEPARTMENT

Honoring veterans out of our abundance By Kathy Thayer

Assistant Recreation Manager

We all had to sacrifice this year when COVID-19 came to town, and among the things we have had to give up are our treasured celebrations in the clubhouses. One of those events is the American Legion annual honoring of Veterans Day.

This year, the Recreation Department is coordinating a food drive in November to benefit the Paralyzed Veterans of America California Chapter, based in Long Beach.

The mission of the Paralyzed Veterans of America, California Chapter, is to make lives better for paralyzed veterans and their families across Southern California. It has a long and historic legacy dating back to before World War II. Its work includes spinal cord research, advocacy, and sports and recreation for these local heroes.

Residents are asked to drop off canned goods and other nonperishable food items to the Recreation Department in Building 5, the LW Library, or St. Andrews Gate. Community donations will help make a difficult year and holiday season brighter for these wounded warriors and their families.

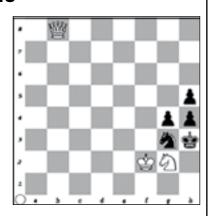
Chess Club Puzzle

The Chess Club is unable to play together because of the COVID-19 shutdowns.

This week's puzzle is checkmate in three moves. White moves first. Any answer by black, the white's 3rd move is checkmate.

Solution to this week's puzzle is first move Qg3.

The white Queen moves from b8 to g3.



SBTV

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. The playback schedule is available at SBTV3.org.

Thanksgiving: Thursday, Nov. 26

North SB Community Center 4:15 pm LW 50th Anniversary 2012 5:01 pm Mariachi San Jose Real Ocean Perspectives 6 pm Los Al Jazz Band 2018 7:35 pm Flamingo Party 8:15 pm The Cowboy Silent Movie 8:23 pm Road Trip Rocky Mountains 8:30 pm Terry Otte/Abilene Halloween Scarefest Aquarium-Decent into the Depths 10:14 pm Aquarium Wonderful World of Penguins

Friday, Nov. 27

10:30 pm Cerritos Center-

Matt Mauser

4:08 pm Albuquerque Hot Air

Balloon Show 4:31 pm Flamingo Party 5:15 pm 2010 North SB Community Center 5:30 pm Mariachi San Jose Real 6:30 pm Los Al Jazz Band 2018 7:05 pm LW Pickelball/Rocky Mountains 7:20 pm The Cowboy Silent Movie 7:30 pm Life and Times in SB-Paula Thomas

Road Trip Rocky Mountain

8:30 pm Harmonn Islanders Cerritos Center-Golden Dragon Acrobats

10:30 pm Cerritos Center-The Four Tenors

Saturday, Nov. 28 Healthy Brain Aging

4 pm

4:40 pm Free Kosher Food Judge Carolyn John and Richard Terry Otte/Abilene 6 pm Halloween Scarefest 7:30 pm Cowboy Silent Movie/ Rocky Mountains 7:45 pm North SB Community Center LAUSD Cerritos Center-11 pm

Matt Mauser

Sunday, Nov. 29 4 pm McGaugh Pageant of the Arts 5:30 pm Bob Cole Conservancy 6:30 pm Aquarium-Decent to Depths 6:45 pm Wonderful World of Penguins Life and Times in SB-7 pm Paula Thomas 8 pm Road Trip: Rocky Mountains 8:08 pm Anna Derby's 71st Birthday

9 pm Abilene Band LW 50th Anniversary 2012

10:30 pm Cabaret Music Around the World

Monday, Nov. 30

Cabaret-Music around 4 pm the World 5:30 pm Mariachi San Jose Real 6:30 pm Aquarium-Decent into the Depths 6:45 pm Aquarium-Wonderful World of Penguins

LIVE at the Ford-Jazz Pilgrimage

8:30 pm Los Al Jazz Band 2018 V3 9:15 pm Tina and Tommy 10 pm Cypress Senior Chorus 2018

Tuesday, Dec. 1

Tina and Tommy 4:45 pm Flamingo Party 5:30 pm Suede Soul Dancers 6:05 pm Rocky Mountain Road Trip 6:15 pm LW 50th Anniversary 2012 SB Lions Veteran's Day Caravan 7 pm 7:15 pm Los Al Jazz Band 2018 7:50 pm Abilene Band Nov. 2018 8:30 pm Life and Times in SB-

Paula Thomas

9:30 pm Cerritos Center-

Matt Mauser SBTV, page 22



A recent Zoom meeting of the Sunshine Club.

SUNSHINE CLUB

Building relationships through Zoom

The Sunshine Club will not have its regular Friday Zoom meeting on Nov. 27 so that club members are free celebrate Thanksgiving Day with family. The club will meet again on Dec. 4, with Elizabeth Denny, the community relations/education specialist for the Orange County Fire Authority presenting the topic on fire safety.

The club has hosted weekly Zoom meetings since July to stay connected with the members they used to see in person. The meeting usually have 25-35 people join weekly.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members.

The topic of each guest speaker's presentation is announced in the LW Weekly with link information to join.

The Sunshine Club's main goal is to bring club members together and help them develop strong relationships within their community.

The club was founded in January 2012, with "Building Bridges for a Brighter Leisure World" as its mission statement. The club began with three officers, and increased the number of officers representing the club as it expanded activities and events.

Besides weekly meetings on Fridays, members of the club would go on fun excursions to the Los Angeles farmers market, the L.A. County Museum of Arts, the Lancaster, California Poppy fields, San Diego Old Town and the Getty Museum.

In previous years, the Sunshine Club's annual summer picnic and holiday party would draw big crowds. The club also hosted a classical music concert and the band of the California Battalion to members.

The club looks forward to the day when it is safe for them to go on excursions again.

There are no memberships dues to pay to join the club, and everyone is welcome.

Find out how to give where you live

By Anna Derby

LW contributor

Many nonprofit organizations have been shaken to their core by the effects of COVID-19. The need for services from nonprofits this year has not diminished, but increased.

Since this pandemic, Golden Age Foundation sponsored Meals On Wheels, Orange County and Meals On Wheels, Long Beach over eight months of period, to make sure those who need food delivered to their homes.

Hundreds of shareholders over the years have received benefits from GAF sponsorship. Now, shareholders and their families can help GAF by signing up on Smile.Amazon.com to donate their rewards to the Golden Age Foundation.

A small percentage of every purchase shareholders make through Amazon is rebated to the Golden Age Foundation at no additional cost.

Follow these few easy steps:

- Sign in with your existing Amazon account information. If you don't have an Amazon account, you can create one for free.
- Type in Golden Age Foundation, Inc. as the charity you'd like to support. Make sure the location is Seal Beach, CA
- Don't to forget to start at www.smile.amazon when you shop. Encourage your family, friends and neighbors to support the work the GAF does in Leisure World by using Amazon Smile.

For information on the foundation's services to the Leisure World community, visit the website at www.goldenagefdn.org or by calling (562) 431-9589.

E-mail **COMMUNITY** stories to laurieb@lwsb.com

18 November 26, 2020 | www.lwsb.com

GAF

Finding the right mobility aid during the pandemic

By John Hlava

GAF Mobility Aids Program Chair

One would think that getting a needed mobility aid during the pandemic would be next to impossible due to the fact that Clubhouse 6, where the storeroom is located, is closed.

Luckily, nothing could be further from the truth; in a lot of ways, it's even easier. Just call the Golden Age Foundation's voice-mail line at (562) 431-9589 and leave your information. A volunteer will call you back to figure out what will best serve your needs and help you get the equipment you desire. Using this telephone system reduces personal contact as much as possible to help keep the community healthy.

The Mobility Aids Program offers five different pieces of equipment including three kinds of walkers and two kinds of chairs.

Everyone is familiar with the tennis ball style walker. It's really handy inside of an apartment because of its rock-solid stability and easy portability. For more adventurous people wanting to get outside, the four-wheeled walker with a fold-down seat and brakes is very handy. Although a lot of people call this a walker, it's actually called a "rollator." Because a rollator is bulkier, it is best used outside.

The last kind of walker that the GAF offers is the knee walker. It is better for injury recovery of the foot and ankle. They are ideal for keeping all weight off a lower leg because all of the weight is on the knee.



Resident Dena Anderson found she enjoys walking more after having her rollator adjusted for her height.

There are two different kinds of chairs available for residents to borrow such as the wheelchair and its brother, the transport chair. Wheelchairs feature big back wheels that allow occupants to move themselves around. Transport chairs have small back wheels, which means that the person using the chair must have a spouse, caregiver or friend to

provide the propulsion. Because of the smaller wheels, the transport chair is generally lighter.

The Golden Age Foundation is a nonprofit organization dedicated to serving the special needs of Leisure World shareholders. We are happy to provide these mobility aids free of charge to residents. It all starts with a phone call to (562) 431-9589.

DEMOCRATIC CLUB

After win, Democrats continue to look forward to future elections

By Mary Larson

LW contributor

The November election broke records for both voter turnout and campaign spending and delivered a convincing victory for Joe Biden and Kamala Harris. The LW Democratic Club continues to celebrate this victory. However, Republican Michelle Steel's recent narrow win over Democrat Harley Rouda in the 48th Congressional District means there is still so much work to be done.

Elections are not over yet for Leisure World Democrats. As one campaign ends, others are just beginning. The first actual election is scheduled to take place early in 2021.

Leisure World voters will be among those asked to vote to replace Michelle Steel as the District 2 representative on the Orange County Board of Supervisors sometime between late February and mid-March.

Electing a second Democrat to the five-member Orange County Board is possible with an aggressive get-out-the-vote effort. According to a recent Registrar of Voters report, there are 119,065 registered Democrats in the district, with only 74,421 registered Republicans. The outcome of this election may well depend upon how many of the 71,206 persons in District 2 who are registered as Declined to State decide to vote for the Democratic Club's endorsed candidate. It will be important for all 2,578 Leisure World Democrats to vote and to talk whenever possible about why they are doing so to their neighbors.

Congressman Rouda plans to run for Congress again in 2022. His campaign has already begun. There are currently 25,413 more Republicans than Democrats in our 48th Congressional District. The 110,000 persons in the district who are not registered with any party will be key to this election. Rouda believes the Democratic Party will need to deliver a more assertive and moderate message if it wants to claim districts like the 48th.

As we look to the 2022 elections, the extent that the country can be unified under the leadership of President Biden will be extremely important. Hopefully, the party can continue to energize

its base without alienating a bigger share of the electorate.

What will this mean for Orange County, which now has 652,743 registered Democrats to 611,997 Republicans? Can we increase this margin? Will the Democratic Party be able to win the support of the over 400,000 persons in the county who are currently registered as Declined to State? What role will we, as a club chartered by the Democratic Party, have in the future? There will be much to talk about in the coming months.

If you are a Democrat or a supporter and want to know more about the club, subscribe to the free electronic newsletter by emailing the editor, Mary Larson, at *mlarson.telfords@gmail.com* or by calling (562) 296-8521 with your full contact information.

Democrats interested in joining the cub or renewing their membership can find an application on the club's website at https://sblwdems.wordpress.com/. Memberships received during November or December will not need to be renewed until Jan. 1, 2022.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

THANKFUL

REPUBLICAN CLUB

Club finds things to be thankful for

By Brian Harmon

LW contributor

Even though this has been a tough year, LW residents have a lot to be thankful for this Thanksgiving. We live in the greatest and freest country in the world. We live in relative safety because of our security officers, the Seal Beach police officers and the watchfulness of our neighbors. Most of us will also agree that we have the nicest neighbors anywhere.

Leisure World has been almost completely free of the virus that is plaguing this nation and the world. We also have every reason to believe that a COVID-19 vaccine will be available soon.

LW Republicans have a great deal to be thankful for also. Our candidate did lose the presidential race, but even the election had a few bright spots for us. Three of our local heroes, Michelle Steel, Janet Nguyen and Thomas Moore, won their races.

OCBoard of Supervisors Chairwoman Steel won a hard-fought contest to become the Congresswoman-elect. Nationally, nine Congressional districts flipped from blue to red, with a net gain of six for the Republicans, according to the OC Register.

Steel was one of the 35 Republican women elected to Congress this year, a record number, according to a report on NPR.

California State Sen. Janet Nguyen became Assemblywoman elect by defeating cancer scientist and Garden Grove City Councilwoman Diedre Nguyen.

Nguyen has also served on the OC Board of Supervisors.

According to the OC Register, the senator said, "I'm extremely humbled and honored that the voters of the 72nd Assembly District have trusted me to be their voice in Sacramento... Now that the campaign is behind us, I am ready to get to work immediately

GOP, page 22

Obituaries

Russell Edwin Rosell 1921-2020

On Tuesday, April 2, Russell Edwin Rosell, husband, father and grandfather, passed away in Seal Beach, California, at the age of 98 years.



Russell was born on Oct. 4,1921, in Detroit, Michigan. Russell married Inez Weidenman on June 8, 1948. In 1958, he and Inez, along with their three children, Rosalind, Rita and Jeff, moved from Michigan to Southern California and lived in Garden Grove for 55 years. Sadly, Inez passed in December 2001. In time, Russell sold their Garden Grove home and moved to Leisure World Seal Beach where he lived for 17 years until his passing.

Russell was a Mason Temple member for 77 years. He was a World War II veteran who served in the Army Air Force. Russell certainly experienced many world events and changes in the years of his long life.

During his years in Leisure World, his favorite hangout was In-N-Out Burger in Seal Beach. He was a weekly familiar face to many of the employees there.

Russell is survived by his son, Jeffrey Rosell, and his wife Debbie, and daughters Rita Rosell Johnson (her late husband Royal Johnson) and Rosalind Rosell Rawlings and her husband, Jack Rawlings. Russell also took great pride in his grandchildren, Matthew and Michelle Rosell. May he rest in peace.

The following tribute to Russell was written by his grand-daughter, Michelle Rosell, just after her grandfather's passing.

"The original In-N-Out kid! At the age of 98, my grandpa passed away last night after a very long and eventful life. Russell Rosell was a World War II vet, worked until he was 93, and ate at In-N-Out so often that he had his own embroidered apron.

Given what's going on now, it's hard to see past tomorrow, but my grandpa was a part of the generation that should give us all hope. He was born at the end of the Spanish flu pandemic; survived the Great Depression; fought in WWII; and saw the invention of colored TV, the Internet and cell phones. We will get through this tough time just as they did. May we all be so lucky to witness the amount of change for future generations that this one man saw in his lifetime."

- Paid obituary

In Memoriam:

Henry Pachejo 47
Mary Jurgenson 62
John Clay 90
Willie Jones Jr. 84
Christoher Stevens 74
Lilia Garcia-Gaona 75
Arlyne Boe 87
Dorothy Hightower 82
Alice Welch 90
Patricia Askamit 77
Janice Deenean 77
Kylie Oney 26
Families assisted by
McKenzie Mortuary,
961-9301

—Paid obituary

Health & Fitness



Take time for yourself with a daily walk. Your mind and body will benefit from it.

Make each day count with a routine

By CJ Blomquist *OptumCare*

When days run into each other and time feels like one long stretch, it may be time to come up with a healthy routine. This is particularly true as we enter the holiday season during a strange and lonely year.

What goes into a routine? Routines are all about structure and accomplishment. It's not just getting up or going to bed at the same time every day although those are important. Routines help you check off mental boxes of the things you should do. It may not seem exciting to do your laundry every Wednesday, for example, but getting it done can help you feel as if you've achieved something.

Make time for health. This doesn't mean physical health, though that's an important part, too. Set some time each day to focus on your mental health. Meditate for 30 minutes after lunch. Go for a walk every morning. Practice simple stretches or yoga before going to bed. These exercises not only help your physical health, but they also help your mind rest.

Why develop a routine **now?** Many of us won't be seeing family or friends over the holidays. Whether that's the norm for you or entirely new, it means the next month or so is going to be a bit less cheerful. A routine may not make up for lost time with family, but it can give you a sense of purpose each day.

Your routine doesn't have to be solo. Bring others into your routine—safely! Make a point to call a neighbor each day, just to check in. And for you introverts out there (like this writer), a daily call doesn't need to be long. A few min-

utes can make a big difference in your neighbor's day-and yours, too! If daily is too much, set up a virtual coffee date with your neighbors once a week to catch up.

Is this going to take long? Yes. Routines can be tricky to establish. It is pretty common to mess up. That's just part of the process. Rather than feeling defeated because you didn't get your morning walk in, make a point of going tomorrow. Routines can take weeks to become habit, so be diligent in keeping at them. But remember to be kind to yourself if you mess up here and there.

Let's be honest: It hasn't been an easy year. And the upcoming year is probably going to be just as challenging. This is why coming up with simple routines can make a difference; rather than letting the day control you, you are controlling the day.

Many LW residents won't be traveling or entertaining visitors this

Cooking Class with Chef Pablo

holiday season, but that doesn't mean a special occasion meal has to be boring. Join Chef Pablo at 1 p.m. on Dec. 3 for a special virtual cooking class, sponsored by Alignment Health Plan, a Medicare Advantage plan. Go to http://www.zoom.us/join; the meeting ID is 939 5565 4103, and the passcode is monarch. It is recommended that you sign in a few minutes early.

Zumba and Dance Fitness Clubs

Get off the couch! There are two low-impact dance clubs you can join, both of which meet at Veterans Park. Zumba Club meets on Mondays at 4 p.m., and the Dance Fitness Club comes together on Thursdays at 8:30 a.m. Both are free during the pandemic.

For more information, contact Jim Blanchard at (714) 487-2446.

Connecting with the LW Weekly

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19. Editors can be reached by phone and email. See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com.

People may drop articles and classified ads into the letter slot at the front of the News Building.

The editorial deadline is Thursday for the following Thursday's edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; deadline is Monday at 2:30 p.m.

Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m.-1 p.m., on Zoom. Instructor Adrianne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on youtube.com.

Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. Join the Zoom meeting by visiting https://us02web.zoom. us/j/84982522530; the Meeting ID is 849 8252 2530.

For more information, email arosenfeld1@verizon.net.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and an 8 ounce carton of 1 percent milk. The cold lunch may be an entrée salad or a sandwich with a small side salad. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday-Friday, Nov. 26-27: No delivery because of

Monday, Nov. 30: Beef teriyaki, brown and wild rice, and Oriental vegetables; tropical fruit cup; chicken-salad sandwich, with spinach and tomato, plus homemade potato salad.

Tuesday, Dec. 1: Chicken breast with mushroom sauce, mashed sweet potatoes and seasoned broccoli; vanilla pudding; entrée turkey-and-ham cobb salad, with egg, tomato, bacon and blue cheese dressing, plus crackers.

Wednesday, Dec. 2: Stuffed bell pepper, garlic-and-chive mashed potatoes, and mixed vegetables; apple sauce; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.

Hot Meals Drive Through Program

The Hot Meals Drive Through program is available for residents of Orange County's District 2, which includes Leisure World Seal Beach. Participants must be aged 60 and older, single parents or unemployed individuals or have disabilities. There are three sites open one day per week at which people may pick up two dinner meals. Qualified applicants must register in advance at www.ocmeals.com. Anyone requiring assistance in completing any step of the application process should email *info@ocmeals.com* or call (949) 335-7702.

Develop a grateful mindset

No matter how different this Thanksgiving is, mental health experts say maintaining a positive attitude improves not only mood, but also a person's overall health. A 2016 study from the Harvard School of Public Health assessed more than 70,000 women at an average age of about 70 and found that those who were more optimistic had a lower risk of death.

One way to increase overall positivity is to develop an attitude of gratitude. And what better time to start cultivating such a mindset than Thanksgiving!

Here are some ways to count your blessings:

Start a gratitude journal: Turn a small notebook into a convenient way to remind yourself of all the good things in life. Each day, write down one thing that you're grateful for. It could be as big as having a home or as small as a wave from a passing neighbor. On a day that you might be struggling, pull out the journal and read previous entries.

Send notes of appreciation: Write thank-you notes to friends, family, neighbors, etc. Maybe your neighbor helped you move a heavy bag, or maybe there's a LW member who assisted you with a smile. The recipient may never realize those small gestures are worthy of praise. And reminding yourself of that moment is sure to lead to a smile.

Say "thank you" for ordinary tasks: It could be to the neighbor who helped you move a heavy bag, or maybe the receptionist at your dentist's office or the cashier at the grocery store. You're recognizing that someone simply doing their job makes your life better.



Focus on the good in life.

Create a collage: Put together photos of people you appreciate. If you don't have photos, maybe use items that make you think of them. Whenever you encounter the collage or grouping, you'll be reminded of all the wonderful people in your life and why you are thankful for them.

Give compliments: Find something nice to say to everyone you encounter, whether over the phone or in person. Once you start, it will become a habit, and soon, you'll notice your spirit lifts when you lift up others.

Pray or send positive vibes: If you are religious, pray for your friends and loved ones. If you aren't, meditate on those close to you. Whichever way you choose to focus on the people for whom you are grateful, that positive energy is sure to give you a boost, too.

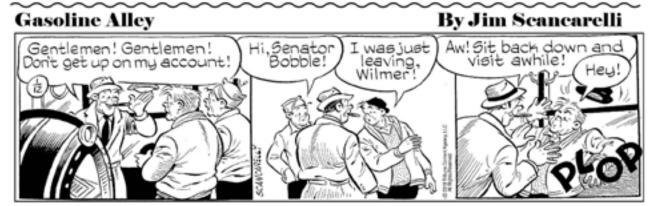
Don't forget to grant yourself grace and gratitude. At the end of the day, think about three things you did well. Whether you helped someone else or completed a household talk, be grateful for all the good you can do.

Puzzles & Comics

THE GRAND

CANYON, NERWIN!

Answers on page 22



Broom-Hilda

THAT DOWN THERE,

AUNTIE BROOM 2

WOW! WHAT'S



By Russell Myers IT'S VIRTUAL, AMAZINGLY ENOUGH , IT'S REAL! ISN'T IT?

MYSEL

1

Observer

Crossword

Middletons

1 Portico

21 Authenticate 22 Diva's forte 23 Spring bloom

26 Cotton's castoff

27 Paving material 29 Book holder

32 Rupert in "Buffy the Vampire Slayer' 34 Homes for porkers 36 Witty remark: Fr. 37 Nonbeliever 40 Pick on 42 Religious groups

54 Afternoon, in Australia

61 Long period of time 62 Poet Khavyam 64 On the payroll

73 MD's "immediately!"

74 Beaver project

76 Poet's even

79 Tangible

78 Walked upon

92 Corrupt 93 Biblical lion

98 Noun suffix

94 Oslo toast

101 Go inside

103 Nero's 102

110 Shade tree

106 Greek island

115 Happen again

117 Roof adjuncts

125 Sea nymphs

129 Knight's wear

119 Reference book

123 Covered with frost

133 Mrs. Nick Charles

134 The price to play

130 Buffalo roaming ground

104 Filled with cargo

96 Plead

99 Fog

108 Cut

112 Iron 113 Cravat

82 Canine comment 84 Landing fields

90 Bristly appendages

88 Ethyl alcohol derivative

30 Mars

44 Sire 48 In the wrong 50 Large container

52 Scam

55 Part of EAP

56 Wardrobe 59 Maples

66 Memento

68 Soaks 70 Society bud 72 Stroll

5 Nautical direction 10 Flower essence 15 Bloke 19 Coal carriers 20 Key ..

By Raph Dunagin & Dana Summers





Oh, Great! ACROSS

Edited by Linda and Charles Preston

24 Supreme being, to the Sioux

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IUMBI

Answer

here:

Unscramble these four Jumbles,

136 Cove 137 Print style: Abbr.

138 Pay attention to 139 Chariot in ancient Britain

140 Signs of sorrow

141 Arrived

135 Thrust

DOWN

1 Thin wedge 2 African antelope

3 Of a type of poem 4 African spear

5 Adjective for marine plants 6 Cocktail shakers?

7 Before, to a bard

8 Ottoman military commanders

9 Butterflies' brothers

10 Puts to use

11 Racetrack parlay

12 Craggy hill

13 Enthusiastic

14 North African shrub 15 One of 125 Across

_ the Red

17 Baseball number

18 Makes lace

25 Court units

28 Scottish negative

31 Pocket watch accessory 33 Enjoyed the taste

35 Adhere 37 Melons or gourds

38 Kitchen emanation 39 Period of church division

Speak against

43 Daggers 45 Rocky Mountains 46 Call forth

47 Copier solution 49 Erie or Huron

51 Before angle or corn

53 Monarch's personal stamp

Wrestling surface

58 Finish

60 Gush

63 Full of wheel tracks 65 Command to Dobbin

67 Night sound

69 Train tracks

71 Small animal, to Burns

75 A Farrow

77 Organic compound 79 Gridiron groups

80 Courtyards

81 Short jackets

83 Before game or race Actress Charlotte

86 Yearns

87 Lumber carriers

89 Gourmand 91 Business abbr.

95 Influence

97 Barfly

100 Did sums

102 Spoken from memory 105 "___ and Old Lace"

107 Transgression

109 Cut of meat 111 Mode

114 American symbol

116 Kindled again

118 Suit parts

119 Nanking nurse

120 Rural byway

121 Small amount 122 French vineyards

124 Copenhagen citizen

126 Tiny bit 127 Druggist's measure

128 Transaction 131 USNA grad.

132 Dockside org.

Sudoku 1

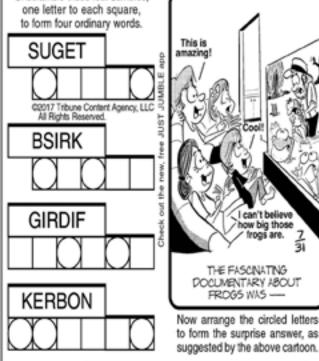
			4			3		
1				9				6
	4	2 5	8					
6 2		5				2		
2	8						4	9
		9				8		1
					5		6	
9				3				5
		8				1		

9 To 5 By Harley Schwadron



SCRABBLE G.R.A.M.S. W₄ S₁ F₄ 2nd Lette RACK 2 A₁ | U₁ | P₃ | M₃ | T₁ | H₄ | C₃ PAR SCORE 270-280 FIVE RACK TOTAL BEST SCORE 331 TIME LIMIT: 25 MIN ORECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE* Players. Dictionary, 5th Edition.





21

ABCDEFGHIJKLMNOPQRSTUVWXYZ

Determine the code to reveal the answer!

Solve the code to discover words related to arthritis. Each number corresponds to a letter.

(Hint: 19 = I)

26

Clue: Joint stiffness

26 22 19 17 В.

Clue: Discomfort

12 19 23

Clue: Where bones meet

12 19 D.

Clue: Movement



		7	2	8				1
		3						
4						8		
		6	4					
			8				7	
9	4				3	6		
		1	5					2
7	2		9	4	1			8

Guess Who?

I am an actor born in Toronto, Canada, on May 5, 1970. I gained fame on an

arresting television series and a popular

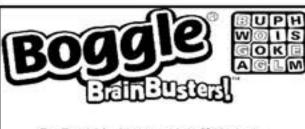
Tina Fey-driven series, and later

I appeared in many films both in-person and as a voice actor. My deep

voice lent itself well to a Lego movie hero.

Level: Advanced

Puzzles & Comics Answers on page 22



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find an many words as you can by tinking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter his once within a single word. Play with a friend and compare

YOUR BOGGLE

BOGGLE POINT SCALE 3 letters = 1 point 4 letters = 2 points 5 letters = 3 points 6 letters = 4 points 7 letters = 6 points 8 letters = 10 points

(9+ letters = 15 points)

151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0 - 10 = Try again

Boggle BrainBusters Bonus We put special brain-busting words into the

puzzle grid. Can you find them? Find A, B, C, D, E AND F IN RADIO LINGO in the grid of letters.

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THRITIS WORD SEARCH

U S Ι Ι S 1 I U В 0 Ι J т т М М 0 X 0 Ε М D χ D N Ι R U C R Ι Ι Ι S S G L ٧ т 0 N L U D P J C 0 М М U 0 I S C Ι т S J L D В N ٧ Н U N R Α S S C Ι G L Ι ٧ A R 0 Ι L Α C М U R D L Ι G Т C Α R т Ι A G J Q 0 Υ J N E т N C N J R U N U М М Ι 0 U Α Υ A 0 0 E Ι A D N Ι т 0 R Р Ε ۷ Ι т С А Ε R C н S C C S C E E J J Ρ R 0 Е Ι R х E X C S S S S U 0 Ι Ι Ι Е т N C 0 Н т R Α 0 S т N Ι 0 J A Q U Α т Н Е R P Υ Ι М Α F C U R A N G Ε 0 М 0 т Ι 0 U G P М S U т т R Е Υ 0 S Ι т Ι R т R D P D S Н Α S М N 0 Ι т C Е J Ι Ι Ι т Υ В 0 F c Ε т Ι N Р E ٧ Υ X U Α 0 Н Α Ι S E ٧ R Е Υ E C J X 0 Υ

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ACETAMINOPHEN ANTIBODIES AQUATHERAPY ARTHRITIS ARTHROCENTESIS AUTOIMMUNE BURSA CARTILAGE CHONDROITIN CORTICOSTEROIDS C-REACTIVE PROTEIN DEGENERATIVE EXERCISE GOUT INFLAMMATION INJECTION JOINTS MOBILITY MOTION NERVES RANGE OF MOTION RHEUMATOID SACROILIAC SPINE

LW Weekly

SBTV

From page 17

11:30 pm Bob Cole Conservancy

Wednesday, Dec. 2

Tina and Tommy Oct. 2019 4 pm 4:45 pm LW 50th Anniversary 2012 5:30 pm History of Las Vegas Part 1 6:45 pm History of Las Vegas Part 2 Life and Times in SB-8 pm

Paula Thomas Cerritos Center-9 pm Golden Dragon Acrobatics

10:30 pm Cerritos Center-The Four Tenors

*All programming is subject to change.

Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the First Sunday of Advent on Sunday, Nov. 29.

Due to updated COVID-19 restrictions, Masses will now be held outside the church. Dress warmly and, if possible, bring your own chair.

Masses

The Mass schedule is now Saturday (Vigil Mass) at 5 p.m. and Sunday Masses are at 8 a.m., 10 a.m. and noon. Starting Saturday, Nov. 28, the Vigil Mass at 5 p.m. will be changed to 4 p.m.

LDS

From page 7

Fourth, have gratitude for our friends. Jesus speaks the word "friend" with reverence. "Ye are my friends, if ye do whatsoever I command you." (John 15:14.) Real friends are like the savior: patient, kind, long-suffering, they put up with our quirks, and forgive our mistakes.

The fifth is gratitude for our country. "Greater love hath no man than this, that a man lay down his life for his friends" (John 15:13). Those who made the supreme sacrifice deserve our gratitude, which should not be confined solely to Memorial Day and Veterans Day.

Sixth and most significant is gratitude for our Lord and Savior, Jesus Christ. Be thankful for the one whose gospel answers life's greatest questions: Where did we come from? Why are we here? Where does my spirit go when I die? He teaches us how to pray, live, die and, most importantly, how to live eternally.

He is our master and our savior. The Son of God, the author of our salvation who beckons, "Follow me" (Matt. 4:19). "Let us follow him. Let us emulate his example. Let us obey his word. By so doing, we give to him the divine gift of gratitude."

BEIT HALEV

From page 7

abuse, Jacob readies his family and flocks to leave and return to an uneasy confrontation with his brother, Esau.

Rabbi Galit Shirah conducts a weekday Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and to hear a spiritual message, go to SimShalom.com.

Hebrew classes are starting. Conversational or Prayerbook Hebrew classes will begin the first week of December. A class in Pirke Avot (Ethics of the Fathers) will begin then as well. For information, contact the Rabbi at (562) 715-0888 or duets@icloud.com.

GOP

From page 18

on behalf of the residents of our district."

The LW GOP club is making Sen. John Moorlach's bill to temporarily repeal AB5 a top priority. This will involve publicizing the issue and initiating a letter writing campaign.

Club President David Harlow said "AB5 takes away the rights of independent contractors by requiring most of them to be hired as regular employees or laid off."

Moorlach said, "With an uncertain economic future, this is not the time to separate people from their livelihoods, especially when it can be performed at home."

'By amending the California Labor Code to temporarily repeal the provisions of AB 5, we can help keep people at work, and further the Governor's goal of protecting the health and wellbeing of Californians," he explained.

It will also allow the legislature time to think through serious reforms to independent contractor law that provide up-to-date labor protections as included in SB 806 (Grove, 2020) of which Moorlach is a co-author.

Moorlach has announced his intention to run for the OC Supervisors seat being vacated by Steel.

COMMUNITY

From page 10

phone system at (562) 431-2503 and listen to the weekly message beginning Sunday evening.

Community Church offers Communion at 1 p.m. outside in front of the church on the first Sunday of the month. The elements are pre-sealed for safety and the liturgy is part of the morning worship on Facebook. Those who pick up Communion must wear a mask and maintain distancing. All who wish to receive Communion may participate. You do not need to be a member of the church.

If you are in need without another way to address it, call the church office at (562) 431-2503.

SCRABBLE G R A M S SOLUTION R1 D2 U O1 U1 S1 U1 T1 A1 S1 S1 Li Aı C3 L1 66 331 TOTAL **PAR SCORE 270-280**

Crossword Answers

T	N	Ε	G		R	A	T	Т	A		M	Α	E	В	A		A	0	T	S
Α	1	R	Α		Ε	٧	0	R	P		0	G	R	Α	L		S	D	0	н
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			S	Ε	٧	A	Ε		R	U	C	E	R		Ε	1	T			
S	D	1	E	R	Ε	N		D	E	М	1	R		C	A	N	Α	М	L	A
A	R	0	N		S	N	1	Α	L	Р	T	A	Ε	R	G		L	1	Α	И
L	A	Т	1		T	E	L	N	1		E	G	N	U	L		Ε	T	N	A
E	М	A	C		_	$\overline{}$	_	Ε	-		_	$\overline{}$	_	S	_		D	E	E	Н

Sudoku I Answers

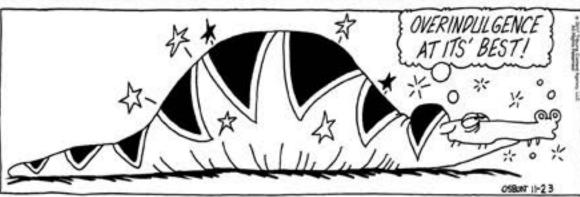
	Control Control		Aller Aller Aller	2.71.1				
8	9	6	4	5	7	3	1	2
1	5	7	3	9	2	4	8	6
3	4	2	8	1	6	5	9	7
6	1	5	9	8	4	2	7	3
2	8	3	5	7	1	6	4	9
4	7	9	6	2	3	8	5	1
7	3	1	2	4	5	9	6	8
9	6	4	1	3	8	7	2	5
5	2	8	7	6	9	1	3	4

- The Basic Rules of Sudoka: There is only one and
- Earsie Hairs or remonar-ere is only one valid solution to each Sudolin puzzle. The only way the puzzle can be considered solved cetly in when all SI butes contain numbers and the other Sudolin rules have been followed, hen you start a game of Sudolin, some blocks will be pre-diffed for you. You cannot change these num-
- do all of the numbers I through 9 and no two numbers in the same column of a tain all of the numbers I through 9 and no two numbers in the same row of a Sudoka
- Each block must contain all of the numbers I through 9 and so two numbers in the same block of a

Jumble Answers

GUEST BRISK FRIGID BROKEN The fascinating documentary about frogs was — "RIBBITING"

Puzzle Answers Puzzle page 20-21



Sudoku 2 Answers

5	6	7	2	8	9	4	3	1	
2	8	3	1	6	4	5	9	7	
4	1	9	3	5	7	8	2	6	
			4						
3	5	2	8	1	6	9	7	4	
9	4	8	7	2	3	6	1	5	
8	3	4	6	7	2	1	5	9	
			5						
7	2	5	9	4	1	3	6	8	

Guess Who? Answer: Will Arnett

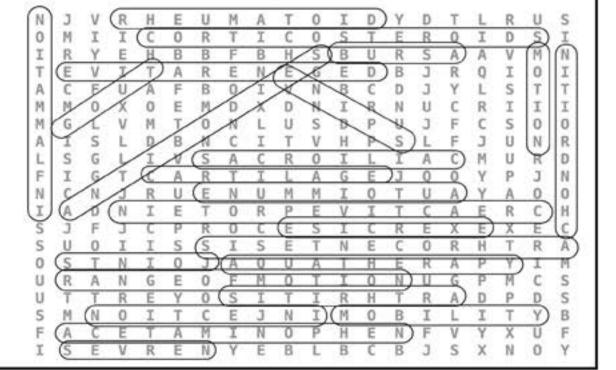
Crypto Fun Answers

A. arthritis B. pain C. joints D. motion

Boggle BrainBusters Answers

ALPHA BRAVO CHARLIE DELTA ECHO FOXTROT

Word-Find Answers



RECAP from page 5

lessee guests, establishing plot maintenance expectations, and establishing conditions for vacating a plot. Additionally, establishing lease non-compliance actions and informing plot holders that the Recreation Department has the right to review and adjust operating rules and to enter any plot at any time is included, as presented.

AB 3182 Ad Hoc Committee-Adopt 40-3182-2, Member/Owner (M/O) and Renter/ Lessee (R/L) Fines, Fees and **Deposits:** MOVED and duly approved to adopt 40-3182-2, Member/Owner (MO) and Renter/Lessee (R/L) Fines Fees and Deposits, pending a 28-day notification to the members (see page 6) and a final decision by the GRF Board of Directors on

AB 3182 Ad Hoc Committee-Adopt 50-3182-1, Member/Owner (M/O) and Renter/ Lessee (R/L)—Rules: MOVED and duly approved to adopt 50-3182-1, Member/Owner (MO) and Renter/Lessee (R/L) Rules, pending a 28-day notification to the members (see page 6) and a final decision by the GRF Board of Directors on Dec. 23.

Architectural Design & Review Committee—Approve Community Landscaping **Contract:** MOVED and duly approved to award a contract to J&J Landscaping for the Community Facilities Landscape Maintenance, at a cost of \$370,800 for a three-year term, Operations funding and authorize the President to sign the contract.

Architectural Design & Review Committee—Approve Golf Course Contract: MOVED and duly approved to award a contract to J&J Landscaping for the Golf Course Landscape Maintenance at a total cost of \$502,200 for a three-year term, Operations funding and authorize the President to sign the contract.

Consent Agenda—Update **GRF** Committee Charters: MOVED and duly amended the Communications/IT Committee Charter, the Mutual Administration Committee Charter, the Physical Property Committee Charter and the Recreation Committee Charter.

Consent Agenda—COVID-19 Ad Hoc Committee: MOVED and duly approved to remove emergency action policy 70-1448-3R for Trust property identified as the Mission Park, Phase One, and emergency action policy 70-1448-3S, Phase Two, for Trust

property identified as the Golf Course from the agenda, to be included on the December GRF Board of Directors agenda.

Finance Committee—Consent Agenda Leases: MOVED and duly approved the following leases: Friends of the Library Club, the Genealogy Club, the Golden Age Foundation, the Historical Society Club, the Radio Club, the Thunder Club, the Theater Club, the Video Producers Club, Mutual Eight and the LW Trailer Club.

Finance Committee—Conceptual Approval—Exclusive **Use of Trust Property, Building** 5: MOVED and duly approved to conceptually approve the modification of 248 square feet within the first floor of Building 5 for leasing to generate revenue to offset expenses. Such conceptual approval is solely given in order to allocate committee and staff resources to fully develop all costs, income projections and policies that will require amendment to allow to lease this limited portion of Trust property for commercial use. The Finance Committee shall, at completion of the review, provide a detailed report to the Board for review and consideration.

Finance Committee-**Approve Master Insurance Pol**icy: MOVED and duly approved the master insurance policy proposal dated Nov. 1, as submitted, in the amount of \$2,516,806 for the policy period of Dec. 1-Nov. 30, 202,1 and authorize the President to sign the required renewal documents pursuant to the related proposal as prepared and submitted by DLD Insurance

Physical Property Committee—Reserve Funding Request—RV Lot Entrance, Replacement of Pavement and Concrete: MOVED and duly failed to approve to award a contract to MJ Jurado to replace the entry drive to the RV Lot with concrete, adding \$2,000 contingency, for a total cost not to exceed \$23,600, Reserve funding, and moved to refer to the Physical Property Committee for review.

Security, Bus & Traffic Committee—Capital Funding Request—Purchase of Stalker Message Board and Trailer: MOVED and duly failed to approve the purchase of a Stalker MC360, in the amount of \$21,945.04, Capital Funding and failed to approve the donation of the Stalker MC360 to the City of Seal Beach Police Department.

Qualifying for CalFresh

CalFresh can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods. CalFresh is funded by the USDA and administered through the Community Action Partnership in Leisure World to help improve health and nutrition of people with lower incomes.

You may qualify for CalFresh, even if you have a full- or part-time job. Gross monthly income must be less than the amounts listed: One-person household, \$2,128, gross monthly income; two-person household, \$2,874, gross monthly income. Seniors, those on SSI, or those with disability can apply and may be eligible for CalFresh

Documents needed include photo ID, social security card, proof of income, resident card (if applicable, receipt of rent, and receipt of one utility bill). Upon application, income and many other factors are taken into account to determine eligibility. For more information, call Daisy Diaz at (714) 897-6670, ext. 3606.

UPDATE from page 2

having jurisdiction approve the plans and issue permits, construction will begin. The date for the pool to be open is April 15.

SoCal Gas started work on underground utilities Nov. 18, and work is complete. Over the next couple of weeks, the meter assembly will be installed for pool equipment.

The COVID-19 crisis has heavily impacted response times by major utilities.

The electrical contractor has a GRF permit and submitted plans to the City of Seal Beach for Mini Farms electrical work and relocating the golf course pump, which is now in the pool equipment room. The City of Seal Beach has sent the plans to a third party for review and comments. They are due back to the city soon.

LEARNING CENTER

KITCHEN

Work at the Learning Center Kitchen will be complete once the cooktop is installed.

TIPS from page 2

someone available to receive your shipment. Have the purchase delivered to a neighbor, friend or relative who can be at home to accept the delivery.

• If possible, have the item shipped to the brick-and-mortar store associated with the purchase, e.g. Target, Best Buy, Apple, etc., for you to pick up.

 After opening your packages, try to disguise or hide boxes that would reveal that an expensive item is inside your home.

If you are traveling:

Ask a neighbor to watch your home and occasionally park in your driveway. Use timers for lights, and install lighting and motion detectors outside your home. Have mail and newspaper deliveries stopped so that it does not pile up and alert others that you are gone.

While celebrating:

 Don't drink and drive. If you plan to imbibe, arrange for transportation prior to drinking. Use a rideshare service, take a cab, or use public transportation to ensure our streets are safe. Celebrate responsibly.

COVID-19 prevention:

For this holiday season, do your best to help stop the spread of infection. Remember to wash your hands often and limit contact with those not in your immediate family or household.

For more helpful tips, visit https://www.cdc.gov/ coronavirus/2019-ncov/dailylife-coping/holidays.html.

—from a SBPD release

SEWER from page 3

a.m.-7 p.m., Monday-Friday; night work is between 9 p.m.-6 a.m., Monday-Friday.

During non-construction work hours, two lanes of travel in each direction will be open. Expect periodic traffic delays and reduced travel lanes during non-peak traffic hours For more frequent updates, sign up to receive e-mail notifications and/or text alerts, sign up at www.ocsd. com/Westminster. The Construction Hotline is available at (714) 378-2965. For project details, visit www.OCSD.com/westminster.

THANKS from page 13

Leila Claudio, Mutual 1

Writing about giving thanks in this time of COVID-19 is a challenge, to say the least. It is so easy to overthink on negativity, to dwell on what we don't have as opposed to appreciating what we DO have.

I wanted to get back to basics. What is essential to me and what am I grateful for? I am thankful to God for giving me my life and health, that although I am older, I'm still able to utilize the gifts He's given me—the use of my arms, legs for moving, heart for loving and a brain that's still thinking.

I appreciate my son and my sisters, who are there for me throughout life's twists and turns. And I feel blessed with the many things we are able to do here: my choir Zoom class; exercise classes, hobbies like reading and walking in the many parks surrounding us; the art and myriad other classes we can partake of through Zoom and Facebook; and the ability to give back giving by calling friends to make sure they're OK. How fortunate to have these abilities. How wonderful that there are skills I can still learn and behaviors I can still improve upon. Fred Wind, Mutual 12

Thoughts of Thanks—A Poem

Saturday morning. Wilma's phone rings. Well, not actually rings—it's a kind of growl combined with the sound of gargling/choking/swallowing a handful of morning pills. Insistent. Demanding.

"Hi, Mom, did you mean garden beans or canned green beans?" Linda, our daughter-in-law, is shopping at Ralphs. Every week Wilma texts her a list of groceries. Linda shops and delivers.

Musical growl and gargle. "Hi, Mom, is this the rice you wanted?" Modern technology—Linda posts a picture.

"Yes, please!"

Growl-gargle. I silently curse the day Wilma discovered ring tone settings. "I'm on the way. Meet you in the parking lot."

Mask. Fitbit. Hat. Shoes. Glasses. Hearing aids. Granny cart. We get our weekly groceries. We are so thankful for Linda. She helps us out cheerfully. Never complains. Gives freely of her time and effort. Back to the apartment. Put away the groceries.

Growl-gargle. "Do you know your car warranty has expired?" Aaarrgh!

<u>Classifieds</u>

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN000. 12/31/20

JAFRA

By Helen

LW Resident. (562) 419-3557 www.jafra.com/hwells Cosmetics, fragrances. Shop for holiday now. Business License #WEL0015. 12/17

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Delivered to your door. LW daughter Sandy Vander Woudefikse.

CBD Joint Relief Body Cream

By Restoor Skin Essentials. Gina, LW Resident.562-281-7103. Business License #MCQ0015. 12/31

P.T. Summer Job 2021, LW Live In ok, no job too small, good cook & company, Refs, 4th Gr T.A. St Hedwig's, Miami Res, Son in Fullerton.

onunezhialeah@gmail.com Óscar Núñez, CPA, FL RE Broker 305-924-6733. 12/31

Mother and daughter team selling scentsy home and personal fragrance products. Wickless candles, diffusers, essential scentsy oils, laundry care, cleaning care, fragrance for car, pets, kids and so much more! Make great gifts for Christmas, housewarming, birthdays or any occasion. Licensed collections such as Disney, NHL, NFL, Star Wars and more! Check out our website: miaandmommy@ miaandmommyscents.us or call 562-712-9632 or email miaandmommy@ miaandmommyscents.org

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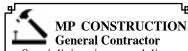
Complete maintenance and landscape. Serving Leisure World since 1978. Planting, cleanups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

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LW Weekly Read the paper online! www.lwsb.com/newspaper

Classifieds

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Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9 am-5 pm, (562) 596-9906.

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Call or text Lisa (949) 432-1877. 11/26

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MISCELLANEOUS FOR SALE

Gem Quality UNCUTRAW TOUR-MALINE collection, all colors, for sale. Call for an appointment to see. 562-598-6121, feel free to leave a message for a return call. Mutual 15 resident. 11/26

Christmas boutique, Mutual 15, 1860 McKinney Way, 21A. You need it? We have it! Candles and more candles! Gifts for family and friends. Lights, ornaments, pictures & frames. Small Christmas trees, King size headboard, black with silver trim, rice cooker, Lane cabinets, yarn, Tiffany style light fixture and much much more. Masks and virus protocol required. 562-843-6963. 11/26

Two large sofas, one mirror & four chairs. 707-606-9577. 11/26

Like new portable Whirlpool dishwasher, full size. \$300 OBO. 562-760-0181. 11/26

Christmas gifts sale - Friday & Saturday, 9 am - 3 pm. Call for appointment. My phone number was wrong in last week's paper. Correct phone number is (562) 446-0303. Mask required. Doll collection from 3' to 5" (like new), new bedding, new clothes. Great for gifts. Things that are not sold on Friday will be 1/2 price on Saturday. 11/26

Extra large medical bed, air mattress, Quicky wheelchair, hoyer lift, cough machine. By single piece or all. 562-341-8470. 11/26

CARPORTS WANTED

Wanted carport for rent to park a Sea-Doo. 425-647-1220. grossrick@msn.com. 12/03

Would like to rent a carport in Mutual 1. Carport space 7, 11 or 13. 562-296-5339. 12/03

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Coffee table 50" x 30" x 19". Table for plants 28" x 28" x 17". Tom Mutual 2-67G. 714-585-0464.

California King mattress. Three months old. 562-400-1553.

Dial Direct, Save Time 562-430-0534



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ginamrojas@gmail.com

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Coming Soon!

Corner unit, five skylights, laminate flooring, light and bright

2020 Escrows

15-5Q \$259,900 7-148H \$444,000 3-033E \$182,000 7-154H \$223,500

Leisure Living Resales

Classified deadline is 2:00 p.m., Monday, for Thursday's publication

CLASSIFIED

ADVERTISING is just what the name indicates - ads positioned in classifications appropriate to their content.

Therefore, no ad may contain advertising more appropriately positioned in another classification unless it is a part of an appropriately placed ad and extremely closely related to that classification.

Example: an ad advertising drapery sales and installation under the Window Covering Sales & Installation classification may also promote drapery *cleaning*. However, the same ad may not advertise cabinet refinishing, a bicycle for sale, etc. Ads for a variety of household services may appear in the Handyman and/or House Clean-

ing classifications.



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Mutual 12 - 70B St. Andrews 2B/1Ba Greenbelt Unit \$239,900



Mutual 2 – 4a Thunderbird Corner Unit Upgraded \$264,900

Suzanne Ahn DRE#0110737 Realtor® Korean Language 562-810-1614



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Erika Shapiro BRE # 01448494

Resales Specialist Mut. 17 Resident

Traveling Notary 562-208-5223

Happy Thanksgiving!

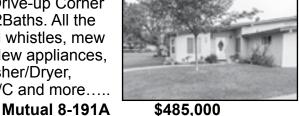


Drive-up corner, 2 BDR/1 Bath **Enclosed** patio Needs a little TLC Mutual 3- 12L - \$225,000



Coming Soon

Luxury Drive-up Corner 2BDR/2Baths. All the bells and whistles, mew kitchen, New appliances, Washer/Dryer, Central A/C and more...



Mutual 17 Condo for lease 3td floor, central A/C Heat & more \$2,100 month

Basic Corner IN ESCROWS Plantation shutters

Mutual 5 \$240,000

1 BDR, 1 Bath Solde i prilg, Dayful een belt location, Mutual 1 - 29H \$175,000

Country Cottage Fully expanded 2 BDR, 1 Bath, lovely green SCROWe win Ns, ESCROWeters,

Central A/C Heat, and much more Mutual 4 -46K \$249,000

Condo for Sale Mutual 17-42E

Service Is My Priority! Call me for a free market evaluation

Leisure Living Resales

Berkshire Hathaway Home Services



Joanie Korman (714) 308-8034 LW Resident, Real Estate Specialist

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New Listing

1 Bedroom 1 Bath Charming Home on each Lined Green Dit, Close Unading and Laundry M2 34H \$175,000

2 Bedroom 1 Bath Light & Bright, 3 Sounts, All New 1556, Oversized Moor Living Space M3 25J \$235,000

Stunning Remodel Two Bedrooms, 2 Full

Bathrooms, Gorgeous Kitchen, Oversized Peninsula. M15 34L \$368,000

Beautiful Home Two Bedrooms, Two act Bathrooms, Conspanded Jack Greenbelt W 226L \$370,000 2 Bedrooms 1 Batta Fully Expanding Sun Pride Werning Sun 04C \$235,000

2 Bedrooms 1 Barra Centrally Loontracy Expander Collen Island MUNIAK \$265,000





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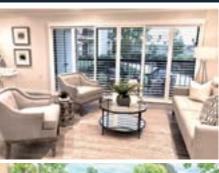
 $\underline{SerenaGoss@FirstTeam.com} \mid www.Altamira-Properties.com$

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Mutual 17 Regency Terrace The only mutual where you can **OWN & FINANCE**

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PENDING \$659,000 Listing Agent



1100 Brookline M9 444A ser**SOLD** \$449,000

FIRSTTEAM CHRISTIE'S



The Januszka Group, Inc. Leisure World



Happy Thanksgiving! (562) 598-1388

To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At: www.LeisureWorldHomeSales.com

It's almost Thanksgiving and here at the On-Site Home Sales office, we are thankful for all of our wonderful clients! This year has come with many challenges and trials, but we have been determined to make 2020 a great year for business. We thank all of our clients who have listed with our office, and all the clients who have used our agents to purchase their new Leisure World homes. We welcome you to come by our office to speak with one of our expert Realtors anytime. Thank you for your continued support and we can't wait to see what the rest of the year brings! Happy Thanksgiving from the On-Site Home Sales Office! Here is a glimpse of some of our fabulous listings!





























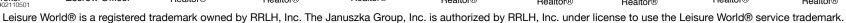
















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Happy Thanksgiving





This 2 Bedroom 2 Bath home feature's a washer dryer and additional living space with an enclosed side patio room and front screened patio room. Living Room has laminate floors, heat pump, and over-looks both patio's with sliding glass doors front and side. Kitchen has natural wood cabinets, newer counters, built-in appliances including stove, oven, refrigerator, dishwasher, microwave, and skylight. Master bedroom has laminate floors, mirrored wardrobe closet doors, added storage above closet, and sliding glass door to patio. Second bedroom has laminate floors and mirrored wardrobe closet door. Bathroom has walk-in jacuzzi tub, washer/dryer, vinyl flooring and skylight. Enjoy convenient drive-up parking.



Drive up to this 2 Bedroom, 1 Bath Cottage that features a very private large wrap around patio that offers additional indoor/outdoor living space. Living Room has laminate flooring and beautiful leaded glass entry door and overlooks inviting patio. Kitchen has white cabinets with built-in Leisure World stove, oven, & refrigerator, skylight and vinyl flooring. Both Bedrooms have laminate flooring and overlook lovely patio with walk-in storage closet and an additional storage cabinet. This is a charming home and is in walking distance to Library, Friends of Book's bookstore and clubhouses 3 and 4 that feature many activities.



Warm and cozy 1 Bedroom 1 Bath home is located on a beautiful greenbelt. The lovely home has been newly painted and is ready to move in. Living Room has laminate wood floors, plantation shutters, and leaded glass entry door. The kitchen has extra-large skylight, ceiling fan and built-in Leisure World stove, oven, and refrigerator. Bathroom has extra-large skylight, and newly installed vinyl flooring. Bedroom has laminate flooring and Plantation Shutters. Private Patio has walk in storage cabinet and overlooks beautiful greenbelt with lovely trees. This property is close to downtown Leisure World, golf, swimming pool, gym and shopping center.



Charming describes this 2 Bedroom 1 Bath home. This adorable cottage features a living room with carpeting, window AC, and Leaded Glass Entry Door with Side Light Panel. The Kitchen has a ceiling fan, built-in Leisure World stove, oven and refrigerator. Bathroom has Sola Tube and cut down shower. Both Bedrooms have carpeting and overlook a wrap-around patio that has a large skylight on side patio, and walk-in storage cabinet. Spacious wrap-around patio has new indoor-outdoor carpeting added and is perfect for entertaining. This property has been newly painted and is in move in condition. A must see!



Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



This is a 1 bedroom 1 bath cottage, patio with outdoor carpet and storage, open floor plan, kitchen has skylight, dark wood cabinets, built-in appliances including cooktop, oven and refrigerator. Bathroom has skylight, walk-in shower and stackable washer/dryer in closet. Bedroom has sliding door leading to the patio. Other features are vertical blinds, carpet in bedroom and living room, vinyl in kitchen and bath, window A/C in living room. This is a clean unit and has an abundance of natural light.

Pending

Properties are selling... Call The **SISTERS** if interested in listing or buying

Mutual 8-198F \$259,000 Mutual 2-22J \$218,000 Mutual 1-27F \$249,900 Mutual 12-76I

GIVE US A CALL

\$218,000



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Robin Gray **562-209-5605**



Barbara Diette-Dobias Kathy Gupton 562-754-5628 562-618-9940





Gloria Hadley Edwina DiMario Vickie Van Ert Mary Chittick 562-884-3594



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Joanie Korman

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Two-Bedrooms

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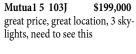


Claudette "CC" Cooley 310-484-9600





Leah Perrotti 310-889-6583



Mutual 1 25L \$215,000 Fixer, great for remodel, good location, great price

Mutual 11 285H \$226,500 newly painted, move-in condition, step in

Mutual 11 285 H \$229,000 Newly painted, solar tubes, step in shower, wrap around patio

Mutual 9 211B \$225,000 2 new heat pumps, skylights, bright, lam. flooring

Mutual 15 1B \$250,000 2 baths, scraped ceilings, move in condition, lam. floors

Mutual 2 19L \$325,000 full expan., 1 1/2 baths, cent.air, smooth ceilings, greenbelt

Mutual 2 13F \$339,000 btfl. partial expan.,cust. kit.,washer/ dryer, cent. air

Mutual 2 46F great location, faces south, 3 heat pumps, washer/dryer, dual pane

Mutual 15 34L \$368,000 2 baths, remod. kit., granite, enclosed patio, greenbelt kit.

\$450,000 Mutual 1 25G 2 baths, washer/dryer, 4 sky-

Mutual 1 44G \$477,700 This has it all. You must come and see. cherry kit.cabinets, granite

lights, cent. air, new kit. cab.

counters. 1 3/4 baths, washer/ dryer, cent. air and heat. dual pane, crown molding, smooth ceilings walk to golf course and town center,.

Mutual 1 35J \$179,000 btfl. greenbelt, new paint, 2 extra large skylights, lam. flooring, nice

Mutual 2, 511 \$179,000 washer/dryer, walk-in shower, outdoor carpet, nice

Mutual 2 22D \$189,500 expanded, den, 2 skylights, heat pump, lam. flooring



Linda Patton



Bill Berman 714-606-5258



Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



Estee Edwards 562-208-2540





Philip Bak 213-550-9991



Irv Hart 562-296-5619



Fay Wescott 562 242-6162



Tim Kearns 714-293-3950



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Robin Gray

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rwgraysales@verizon.net DRE 01027333

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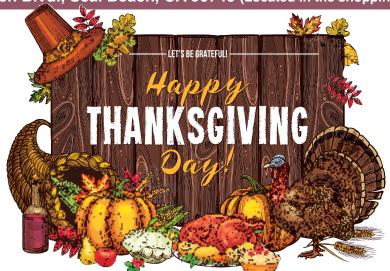
(562) 754-5628 barbaradobias@gmail.com

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.) DRE 00887640

Barbara Diette-Dobias



\$165,000



Mutual 3-32-I



\$275,000







Darling one bedroom drive-up in Downtown Leisure World! Pretty floors, updated kitchen, nice windows, great patio that catches the ocean breeze with plenty of guest parking! Be sure to check this one out. Call Robin to see!!



CAROL GASPER REALTOR





12501 Seal Beach Blvd. #100 Seal Beach, CA 90740

Lic# 01276484 **562.716.1547**gcarol1966@gmail.com
http://www.sealbeach-retirementcommunity.inf

For 2020, I have a total of <u>73</u> Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



SOLD IN ONE DAY!



13962 El Dorado Dr., #60G | M2 | \$460,000 Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steal Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!

13501 El Dorado#199i, Seal Beach | M8 | \$449,000

Beautiful fully remodeled 2 Bedroom, 2 Bath with Greenbelt Views. Gorgeous Finishes and Upgrades to Include, Central A/C, 2 Full Baths, Sliding Glass Doors, Patio, Quartz Countertops, Washer/Dryer, Gourmet Kitchen and So Much More!

13044 Del Monte Dr #44G | M15 | \$549,000 CUSTOM REMODELED ATRIUM with 2 Patios! Has Every Bell and Whistle Desired. Gourmet Kitchen that has been Opened Up to the Living Room. 2 Bedroom with 2 Full Baths!



1420 Northwood #241K | M10 | \$234,900 Basic 2 Bedroom, 1 Bath with WASHER/DRYER, A/C Heat Pump, Skylights, Dishwasher, Light Kitchen.

1700 Tam O'Shanter #2J | M14 | \$445,000 Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.

1800 Sunningdale Rd., #18H | M14 | \$279,500 2 Bedroom, 1 Bath with Private Entrance. Located on a Nice Greenbelt with Drive-Up Parking. High Side Expansion, Large Patio Storage Closet, Laminate Flooring, 3 Skylights, Central A/C. Great Location!



"Carol, thank you for providing us with a wonderful job with text, call, and email throughout the process. We appreciate you as our agent. We would highly recommend you."

13501 El Dorado Dr. #199E | M 8 | \$203,500 LOWEST PRICED 2 Bedroom, 1 Bath in Leisure World. Private Location with Wrap Around Patio, Dual Pane Windows and A/C Heat Pump. GREAT DEAL!

1671 Interlachen Rd., #285i | M 11 | \$385,000 One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

-Sam & Kathy Choi

On November 23rd, 2020 a total of 51 units show as active listings on the CRMLS (this is where Realtors list property for sale).

12 -1 bedroom/1 bath from \$150,000 to \$219,000

24 - 2 bedrooms/1 bath from \$203,500 to \$400,000

15- 2 bedrooms/2 baths from \$250,000 to \$549,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

