

BECAUSE YOUR HEARING MATTERS.

75

We Offer You a
Day Money-Back
Guarantee

Most Insurances Accepted.

SONUS hearing care professionals

Ask for Cherie

(562) 608-1003

2999 Westminster Ave. Suite 104, Seal Beach

One Step at a Time

SPONSORED BY OPTUMCARE



Free flu shots in LW on Nov. 16 at CH 4

The first clinic the HCC sponsored this fall was a tremendous success, with more than 1,100 GRF members taking advantage of the drive-through event Oct. 1. GRF has arranged for OptumCare to host a second event for those who could not take advantage of the first one, and this one is free to all, even if your insurance does not cover it or you are not a member of OptumCare.

The flu shot is more important than ever this year. To help keep everyone safe and socially distanced, this will be a drive-through flu clinic, similar to the first one.

The clinic will be held in the Clubhouse 4 parking lot on Monday, Nov. 16, between 8 a.m.-2 p.m.

There are some important things to know about this clinic, so read this information carefully.

- Wear a face mask or covering.
- Have a waiver filled out prior to arrival

Here's how it works:

For cars:

Use the north entrance. The clinic will be held behind Clubhouse 4. There will be plenty of signs and personnel to help guide traffic. See the yellow lines on the map (page 7).

- After you get your shot, exit onto Northwood Road.

For scooters, bikes, shuttles, golf carts and walk-ups:

Tables will be set up on the side of Clubhouse 4. Wear a face mask or covering. See the red lines on the map (page 7).

There is no cost for the regular flu shot for residents. High-dose flu shots are not available at this event.

What do I need to do before getting my flu shot?

- Have consent forms filled out upon arrival to the flu clinic.
- Bring picture ID and insurance card.
- Wear a short-sleeve shirt.
- Wear your face mask or covering.
- Come at the assigned time for your Mutual (see below)

Where do I get a consent form?

- At the Health Care Center
- Recreation Office, Building 5
- On the Leisure World Buses

OPTUM, page 3



The board has approved the reopening of the Amphitheater for religious services, commencing Nov. 6, by reservation only. This is the next step in the GRF's plan to slowly and safely reopen GRF facilities. Should COVID-19 cases continue to spike, the plan may need to be scaled back. GRF administration and the board of directors are closely monitoring the situation, with safety being the No. 1 priority, followed closely by a desire to restore the community's recreational component as soon as safely possible.

GRF committee working on safe reopenings for all LW facilities

The COVID-19 Ad Hoc Committee has passed several emergency operating procedures to continue safely reopening the amenities in Leisure World.

At its Oct. 27 meeting, the GRF Board of Directors approved 120-day emergency procedures for 10 additional facilities. The results are posted at lwsb.com and in the chart (see page 2). It provides a snapshot of the reopening plan and will be updated regularly.

Once the GRF Board has approved start dates for the various amenities, the user protocols will be published in the LW Weekly.

The board has approved the reopening of the Amphitheater for religious services, commencing Nov. 6, by reservation only. Religious organizations may contact Recreation at kathytl@lwsb.com.

lwsb.com to book a service, subject to availability.

Veterans Plaza is expected to begin accepting reservations for smaller religious services shortly.

The Recreation Department is in the process of hiring and training extra Fitness Center attendants and preparing to register GRF members who intend to use the newly remodeled facility under the new check-in system.

It will allow people to swipe their ID cards as they enter the Fitness Center.

Once registration begins, members may reserve a time to have ID cards activated by going to www.lwsb.com/reserve and choosing "Fitness Center."

REOPENED, page 2

CORONAVIRUS COVID-19 UPDATE

In a recent test of Orange County residents for a wide range of coronavirus antibodies, University of California, Irvine, researchers found that 11.5 percent of them have antibodies for COVID-19, in contrast to previous estimates of less than 2 percent.



UCI researchers led the project in partnership with the OC Health Care Agency.

Researchers were working on a hunch that the prevalence of COVID-19 had been underestimated in Orange County, since people with few to no symptoms are rarely tested.

Protocols are in place but with spiking case counts, reopenings may not last long.

The results will enable leaders of the sixth-largest county in the U.S. to identify key demographics at higher risk of contracting—and having adverse outcomes from—the virus.

Leisure World residents already know they are at greater risk of adverse outcomes from COVID-19. Recent OC Health Care Agency statistics show that the percentage of COVID-19 cases resulting in fatalities is high and increasing week by week. This is an alarming trend for the LW community, as the largest increase is in people aged 84-plus.

Health experts' predictions that the fall and flu season would compound the situation seem to be coming true.

COVID, page 2

REOPENED
from page 1

Former registrations are no longer valid, and access to the facility will be denied to anyone who has not registered under the new system. It is hoped the Fitness Center can be opened at the end of the month. For more information regarding specific policies, contact kathyt@lwsb.com.
—Kathy Thayer, assistant recreation manager

Amenity Reopening Schedule

AMENITY	POLICY OR RULE NUMBER	STATUS
AMPHITHEATER	70-1448-3D (PHASE 1)	APPROVED-OPENS 11/6
ART STUDIO	70-1448-3M	POLICY APPROVED
CERAMICS STUDIO	70-1448-3N	POLICY APPROVED
CLUBHOUSE ONE	N/A	CLOSED
CLUBHOUSE 1 PICNIC	N/A	CLOSED
CLUBHOUSE TWO	N/A	CLOSED
CLUBHOUSE THREE	N/A	CLOSED
CLUBHOUSE FOUR	N/A	GRF/MUTUAL MEETINGS
CLUBHOUSE SIX	N/A	CLOSED
FITNESS CENTER	70-1448-1	POLICY APPROVED
FRIENDS OF LIBRARY	70-1448-3G	POLICY APPROVED
GOLF COURSE	INTERIM EOP	OPEN
HITTING CAGE	N/A	CLOSED
LAPIDARY STUDIO	70-1448-3O	REVISED-SENT TO COMMITTEE
LIBRARY	70-1448-3H	POLICY APPROVED
MISSION PARK	70-1448-3B (PHASE 1)	OPEN
MISSION PARK	70-1448-3C	OPEN
POOL AND SPA	70-1448-3E	POLICY APPROVED
POOLROOMS	70-1448-3J	POLICY APPROVED
SEWING ROOM	70-1448-3L	POLICY APPROVED
VETERANS PLAZA	70-1448-3A (PHASE 1)	OPEN
VETERANS PLAZA	70-1448-3P (PHASE 2)	POLICY APPROVED
WOODSHOPS	70-1448-3K	POLICY APPROVED

* LEASE-DRIVEN AMENITIES AND OPEN TO LEASEHOLDERS ONLY:

MINIFARM	N/A – C-19 AGENDA ITEM	OPEN*
RV LOT	N/A – C-19 AGENDA ITEM	OPEN*

COVID
from page 1

GRF leaders have worked diligently to keep Leisure World COVID-clear while maintaining staffing levels to ensure residents have the services and resources they need. As OC cases mount, GRF Executive Director Randy Ankeny and the GRF Board are consulting health experts and monitoring case counts. The GRF Ad Hoc Committee has spent hours hammering out a list of protocols for reopening amenities here, and some facilities are currently operating under COVID-19 restrictions, including the golf course, Veterans Plaza for group exercise and the Mission Park multipurpose courts (see schedule at left). Local health leaders have taken note of the low rate of known infection in Leisure World. That is attributed to aggressive and early shut down of amenities, stringent protocols requiring masks and distancing at GRF venues, and the slow reopening of facilities. In addition OptumCare has scheduled a second flu clinic on Nov. 16 so all residents have the opportunity to be protected against flu. GRF employees have been required to wear masks in the community since March and remote meetings are strongly encouraged to safely conduct Mutual and GRF business. If case numbers continue to spike, it is possible that a new round of shut downs may be ordered. As unwelcome as that may be, community safety will remain the top priority.

405 Freeway Improvement

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:
Update: Edinger Avenue Bridge Demolition
Crews will demolish the Edinger Avenue bridge over two nights to accommodate the freeway widening. This work will require full northbound (NB) and southbound (SB) freeway closures.
Northbound I-405 will be closed between Magnolia Street and Edinger, and southbound I-405 will be closed between Beach Boulevard and Edinger.
The closure is set for 11 p.m., Saturday, Nov. 7, to 9 a.m. Sunday, Nov. 8. Additional nighttime demolition will occur for several weeks under freeway lane closures. Some daytime demolition is also anticipated. Dates and times are subject to change due to unforeseen operational factors or inclement weather.
Coming Soon: Harbor Boulevard Falsework Installation
Crews will continue constructing falsework for the widened I-405 bridge over Harbor Boulevard. This work will require full closures of NB and SB Harbor between the I-405 ramps.
Nightly closures are set to continue:
• 10 p.m.-5 a.m., Mondays through Thursdays
• 10 p.m.-7 a.m., Fridays
Southbound I-405 Loop Off-Ramp to Beach Boulevard is PERMANENTLY CLOSED
The SB I-405 loop off-ramp to NB Beach Boulevard is permanently closed. Motorists will use the Beach Boulevard/Center Avenue off-ramp from now on to access NB and SB Beach.
The loop off-ramp was eliminated to accommodate the widening of Beach and of the freeway. The Beach/Center off-ramp and Center are being reconstructed to accommodate the change in traffic volume. Email 405project@octa.net or call (888) 400-8994 for more information.

Thanksgiving Tribute

Thanksgiving is just weeks away. As this unprecedented year winds to a close, it is time to take stock of the blessings and victories, all the things you are grateful for. The LW Weekly is planning a special Thanksgiving issue to highlight the brighter facets of 2020. Readers are invited to share a lesson learned, an act of kindness, an encouragement or anything that they are grateful for. Submissions are subject to editing and will run as space allows. Email submissions to rutho_news@lwsb.com. The deadline is Nov. 18.

VETERANS DAY

GRF offices will be closed Nov. 11

In observance of Veterans Day, all Golden Rain Foundation offices except Security will be closed Wednesday, Nov. 11. The Leisure World Maintenance Department will be on call for emergencies only and may be reached by calling 594-4754.





Upcoming events at the Health Care Center

Stability and Balance

Build your balance and feel stronger on your feet! This class goes over simple exercises you can do at home.

Date: Sat., November 7

Time: 11 a.m.–12 p.m.

Medicare Plan Options

Not sure which Medicare option is right for you? Join us to learn more about the many options available for you.

Date: Mon., November 9

Time: 10–11 a.m.

What's new in Medicare

Whether you're new to Medicare or you've been on it for awhile, it's always good to plan for the next year. Discover the big changes coming in 2021!

Date: Thurs., November 12

Time: 2–3 p.m.

Annual Enrollment Plan Comparison

Can't decide which plan is best for you? Join us to compare each plan's benefits, giving you a better picture of what is available - and right - for you.

Date: Thurs., November 24

Time: 10–11 a.m.

We look forward to seeing you

Sign up for these FREE events on our Eventbrite page: monarchhealthcare.eventbrite.com

Optum® and OptumCare® are trademarks of Optum, Inc.
© 2020 Optum, Inc. All rights reserved.

optumcare.com/bettercare



Drive Through Flu Clinic is Nov. 16 at CH 4



The clinic will be held in the Clubhouse 4 parking lot on Monday, Nov. 16, between 8 a.m.-2 p.m. Cars will enter the north entrance (see the yellow lines) and exit onto Northwood Road. Tables will be set up on the side of Clubhouse 4 for walkers and people arriving on scooters, bikes, shuttles and golf carts. People must wear masks and stay six feet apart if there is a line. Everyone will need to bring a photo identification card and a consent form already filled out. Consent forms can be picked up at the Health Care Center, the Recreation Office in Building 5 and on any Leisure World Minibus. See page 1 for complete information.

CAP Food Distributed

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be Nov. 19.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf. That person needs an appropriate ID.

People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

SBPD Reports

Hit-and-run suspect arrested

A man was arrested after leading officers on a short vehicle pursuit that ended in a Seal Beach neighborhood.

On Thursday, Oct. 29, just after 9 p.m., the Seal Beach Police Department responded to the area of Westminster Avenue and Seal Beach Boulevard regarding a hit and run traffic collision that had just occurred in the neighboring city of Westminster. The victim called the Seal Beach Police Department after the suspect rear-ended her vehicle just outside of Seal Beach city limits.

The suspect refused to remain at the collision and fled the scene in his vehicle at a high rate of SBPD, page 7



OptumCare staff will check in people at the flu clinic Nov. 16.

OPTUM

from page 1

Nov. 16 Flu Clinic| Mutual Appointments| CH 4

• Mutuals 1 and 17	8-8:45 a.m.
• Mutuals 10 and 14	8:45-9:30 a.m.
• Mutuals 2 and 16	9:30-10:15 a.m.
• Mutuals 12 and 15	10:15-11 a.m.
• Mutuals 3 and 5	11-11:45 a.m.
• Mutuals 6 and 7	11:45 a.m.-12:30 p.m.
• Mutuals 8 and 9	12:30-1:15 p.m.
• Mutuals 4 and 11	1:15-2 p.m.



Freedom comes at a cost. It takes the courage, commitment, and sacrifice of the men and women who serve in our military. To the heroes, warriors, protectors, patriots, veterans of all ages and backgrounds; those who defend our liberty and our lives in times of conflict as well as peace. You have served our country with honor and pride, sacrificing so much in order that we may keep those rights we hold dear. From the front lines on foreign soil, to the hometowns that celebrate your return, you have made our nation stronger and our world safer.

On this Veterans Day, Rowntree Gardens senior living community joins our nation to honor those who have willingly paid the price for our freedom. We will never forget your selfless service. We will never forget that you are the reason we live in the land of the free and the home of the brave.

We honor you. We thank you. And we salute you.

GIVE US A CALL TO HEAR ABOUT THE MANY WAYS WE HONOR OUR ROWNTREE GARDENS VETERANS.



Where devotion meets compassion.

RowntreeGardens.org

12151 Dale Street Stanton, CA 90680 • 714.823.8118

RCFE# 300600816 DHS# 060000159 COA# 267 HCO# 304700164

Perspectives

Letters to the Editor

Editor:

As of Oct. 21, someone discarded an 8-foot-long carpet near the Mutual 8 trash dumpster beside carport 101. Garbage should not be left around the community trash bins.

It is the individual resident's responsibility to dispose of garbage appropriately. For example, five months ago, a small TV was left near the same trash bins, and the Mutual 8 president had to use residents' funds to cover the disposal cost. Then the mutual board posted a reminder notice in the laundry facility stating, "Please don't leave garbage around the garbage bins. It costs extra to have this thrown away. ... Please dispose of all items appropriately."

All the residents of Mutual 8 were financially impacted when one resident decided not to abide by garbage disposal standards.

I challenge the person who left the carpet near the Mutual 8 community garbage bin to properly dispose of your trash in the dumpsters off Nassau Drive. Do not waste resident's funds to get rid of your trash.

Keechul (K.C.) Park, Mutual 8

Editor:

I deeply appreciate the City of Seal Beach Senior Transportation Program providing California Yellow Cab service in lieu of the previous Dial-a-Ride program. I use the service to grocery shop at Sprouts, Pavilions, Target and Ralph's.

I call for reservations in advance and am ready with my provided ID, pick-up address and destination.

The taxi driver can locate my unit through his GPS. Drivers spray and clean the seats, and carefully check that riders are wearing masks before boarding. I doff my hat to the City of Seal Beach for providing a good service to senior citizens.

Lisa A. Dickson, Mutual 1

Editor:

Gov. Newsom has signed into law the phasing out of selling gasoline-powered vehicles.

I would like to place a solar panel on my carport and run a charger line into my car space.

Does anyone have experience on this process or comments for our transition to electric vehicles? Thank you so much.

Craig Shanewise, Mutual 1

Forgiveness—Set Yourself Free

by Jim Greer
LW contributor

The confusion and anxiety we have been experiencing in 2020 will take years to fully understand. Once the pandemic subsides, scientists will strive to understand severe acute respiratory syndrome coronavirus, also known as COVID-19. Historians will be deciphering the contentious 2020 election's societal nuances for decades before any of us will fully grasp the truth of what happened.

While the pandemic itself cannot be considered a good experience, the scientific and medical truths yet to be discovered will surely benefit mankind for centuries. The election results will not please everyone, but the increase in voter participation and awareness will positively impact the country for years to come.

"The Road to Character" author David Brooks observed, "Nothing that is worth doing can be achieved in our lifetime; therefore we must be saved by hope. Nothing which is true or beautiful or good makes complete sense in any immediate context of history; therefore, we must be saved by faith. Nothing we do, however virtuous, can be accomplished alone; therefore, we are saved by love. Therefore we must be saved

by the final form of love, which is forgiveness."

At a party in 1993, Oshea Israel, then just 16, got into a fight with Laramion Byrd, 20, and shot and killed him. Racked with grief and carrying anger for her son's killer, Byrd's mother, Mary Johnson, repeatedly visited Israel in Stillwater Prison. Recalling their first visit, Mary admitted to Israel, "I wanted to know if you were in the same mindset of what I remembered from court, where I wanted to go over and hurt you."

Those meetings allowed John-

son to share with Israel her memories of her son. "And he became human to me," Israel recalled. In time the two bonded, and having been forgiven by Johnson, Israel admitted to her that he needed to "just hug you like I would my own mother. You still believe in me. And the fact that you can do it, despite how much pain I caused you—it's amazing."

After discovering the power of forgiveness, Johnson founded "From Death to Life: Two Mothers Coming Together for Healing," a

FORGIVE, page 7

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW Weekly or Golden Rain Foundation.

Mutual 1 resident Debbi Fudge would like to thank the Leisure World Library staff for supplying information on its portable scanner (manufacturer and model) so she could purchase it and continue her scanning processes at home. The library's portable scanner is not available during the COVID-19 lockdown. "Our library staff is so marvelous that one member went further in service to residents and researched the manufacturer's website," said Debbi. He found that the library's scanner is obsolete and determined what new model replaced it, and then emailed the up-to-date information to Debbi. With this up-to-date information, she was able to purchase the new model of scanner and is happily scanning and emailing articles from the Leisure World newspaper about what is going on (or not going on) in Leisure World and sending them to her friends and family.

Setting It Straight

A fire safety article in the Oct. 22 edition incorrectly stated that a 2009 fire in Mutual 8 was caused by smoking. In fact, the fire was caused by faulty wiring in a heating pad that didn't have an automatic shut-off.

AQUATIC ACADEMY COURSE, FALL 2020

COVID-19 EXPOSED: THE LESSONS WE NEED TO LEARN

The Aquarium of the Pacific will host a five-week course on the coronavirus and global pandemic.

Class sessions will cover an overview of the disease and pandemic, the public health response in the U.S. and around the world, and impacts of COVID-19 on the economy, education, environment, museums, zoos, and aquariums. It will also address the intersections of healthcare and social inequities and what our future might look like in 2021 and beyond. This course is free and open to the public. Advance registration is required.

INFORMATION

When: 11/10, 11/11, 11/18, 12/2, 12/9
5:30 P.M.—7:00 P.M. PT

Where: Live webinar with Q&A


Cost: Free. Registration required.


Register: aquariumofpacific.org/aquaticacademy
(562) 590-3100, ext 0

For more information contact Adina Metz at ametz@lbaop.org. Certificate of completion will be provided to course participants upon request.

Aquarium of the Pacific

100 AQUARIUM WAY • LONG BEACH, CA • 90802 (562) 590-3100 • AQUARIUMOFPACIFIC.ORG

An Official Golden Rain Foundation Publication
Serving the Shareholders of

Leisure World Seal Beach

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

Ruth Osborn, Managing Editor
ext. 388; rutho_news@lwsb.com
Page One, General News, Perspectives,

Katya Lukina, Customer Service
ext. 383; katal@lwsb.com
Communications Coordinator
ext. 266; katal@lwsb.com
Graphic Designer, Digital Media
Classified Advertising

Laurie Bullock, Section Editor
ext. 801; laurieb@lwsb.com
Religion, Community News,
Obituaries

Patty Marsters, Section Editor
ext. 387; pattym@lwsb.com
Arts and Leisure, Health and Fitness
Government

Stephen Bannon, Production Editor
ext. 392; stephenb_news@lwsb.com
Pre-press, Online/Vision Impaired
Editions, IT, Puzzles & Games

Sylvia King, Advertising Sales
ext. 391; sylviak@lwsb.com

Dan Pomeroy, Distributor
Eagle Rock Services

Deadlines:
Editorial: 4 p.m. Thursday
prior to publication week
Classified Advertising:
2:30 p.m. Monday of
publication week

Office hours:
8 a.m. to 5 p.m.
Monday-Friday

Phone:
(562) 430-0534
after-hours voice mail
(562) 431-6586

Missing LW Weekly Newspaper:
(562) 472-1284

Mailing Address:
P.O. Box 2338
Seal Beach, CA, 90740

Delivery Address:
13533 Seal Beach Blvd.
Amphitheater Building
Seal Beach, CA, 90740

VOL. 44 NO. 39

Government

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule (meetings are dependent on orders related to COVID-19; check schedules for latest information). Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.

Thurs., Nov. 5	COVID-19 Ad Hoc Committee Clubhouse 4 1 p.m.
Fri., Nov. 6	GRF Board Executive Session virtual 1 p.m.
Mon., Nov. 9	Mutual Administration Committee Clubhouse 4 1 p.m.
Tues., Nov. 10	Physical Property Committee Clubhouse 4 1 p.m.
Thurs., Nov. 12	Communications/IT Committee Clubhouse 4 1 p.m.
Friday, Nov. 13	GRF Executive Committee Clubhouse 4 1 p.m.
Mon., Nov. 16	Finance Committee Clubhouse 4 10 a.m.
Tues., Nov. 17	Website Ad Hoc Committee virtual 1 p.m.
Thurs., Nov. 19	Security, Bus & Traffic Committee Clubhouse 4 1 p.m.
Tues., Nov. 24	GRF Board Monthly Meeting Clubhouse 4 10 a.m.
Mon., Nov. 30	Special GRF Board Meeting Clubhouse 4 10 a.m.
Wed., Dec. 2	Governing Document Committee Clubhouse 4 10 a.m.
Wed., Dec. 2	Physical Property Committee Clubhouse 4 1 p.m.
Thurs., Dec. 3	COVID-19 Ad Hoc Committee Clubhouse 4 1 p.m.
Fri., Dec. 4	GRF Board Executive Session virtual 1 p.m.

Carport Cleaning Schedule 2020

The remainder of the holiday carport cleaning schedule for 2020 is as follows:

Thanksgiving Day, Thursday, Nov. 26
Mutual 11, Carports 130-131; Mutual 15, Carports 3, 6-8, 10-13; and Mutual 16, Carport 9, will be cleaned Monday, Nov. 30.

Christmas Day, Friday, Dec. 25
Mutual 14, Carports 150-157; Mutual 15, Carports 1-2, will be cleaned Thursday, Dec. 31.

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

LW Walking Trails

The Recreation Department has a Leisure World Walking Trails brochure featuring seven measured trails throughout the community. Stop by the Downtown Café and pick one up. For more information, contact kathyt@lwsb.com.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Mon., Nov. 9	Mutual 9 Clubhouse 4 and virtual 9 a.m.
Tues., Nov. 10	Mutual 4 (open forum, 9:15 a.m.) Clubhouse 4 and virtual 9:30 a.m.
Thurs., Nov. 12	Mutual 12 Clubhouse 4 and virtual 9 a.m.
Fri., Nov. 13	Mutual 3 Clubhouse 4 and virtual 9 a.m.
Mon., Nov. 16	Mutual 15 Clubhouse 4 and virtual 1 p.m.
Tues., Nov. 17	Mutual 10 (rescheduled) Clubhouse 4 and virtual 9 a.m.
Tues., Nov. 17	Mutual 14 Clubhouse 4 1 p.m.
Wed., Nov. 18	Mutual 5 Clubhouse 4 and virtual 9 a.m.
Wed., Nov. 18	Mutual 7 Clubhouse 4 and virtual 1 p.m.
Thurs., Nov. 19	Mutual 2 Clubhouse 4 and virtual 9 a.m.
Thurs., Nov. 19	Mutual 11 virtual 1:30 p.m.
Fri., Nov. 20	Mutual 6 Clubhouse 4 and virtual 9:30 a.m.
Mon., Nov. 23	Mutual 8 (open forum, 9:15 a.m.) Clubhouse 4 and virtual 9:30 a.m.
Tues., Nov. 24	Mutual 1 (rescheduled) virtual 9 a.m.
Tues., Dec. 1	Mutual 16 Clubhouse 4 and virtual 9:30 a.m.
Tues., Dec. 1	Mutual 17 Clubhouse 4 and virtual 1:30 p.m.
Wed., Dec. 9	Mutual 4 Clubhouse 4 and virtual 9 a.m.
Thurs., Dec. 10	Mutual 12 virtual 9 a.m.

GRF Board Executive Session

Friday, Nov. 6, 1 p.m.
Virtual meeting in accordance with applicable codes.
NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935

- A. Call to Order
President Susan Hopewell
 - B. Roll Call
 - C. Legal
 - D. Contracts
 - E. Personnel
 - F. Adjournment
- Agenda is subject to change.

For all your MEDICARE needs!

Turning 65?
New to the area?
Leaving your company plan?
CALL US!



Jonathan Smith, VP
Independent Agent
CA Lic #0I44252



Gabriel Smith
Independent Agent
CA Lic #0M61077

310-945-6248 (Direct)
Call for a FREE/NO obligation review.



760-341-8833 (Office)
smith4seniors@gmail.com



By calling the number above, you will be directed to a licensed insurance agent. Medicare has neither reviewed nor endorsed this information.

GASTROENTEROLOGY CONSULTANTS of Southern California MEDICAL GROUP

Colon Cancer Screening

Most Insurance Accepted

562/882-0834

ALLAN M. EFFRON MD, FACG

**18080 Beach Blvd., Suite 101
Huntington Beach, CA 92646**

Arts & Leisure

DIY ideas to spruce up your Thanksgiving

By **Patty Marsters**
pattym@lwsb.com

This year's Thanksgiving dinner may look a little different, with few to no family and friends around the table, but that doesn't mean we can't add a little festiveness and remind ourselves of all we have to be thankful for. Presented here are some easy craft ideas to help you dress up your home for the occasion. These items can be reused—and some added to—every year.

Table Décor

Thankful Tree: Gather some small tree branches and “plant” them in a jar with decorative pebbles or dried beans, or you can arrange them in a glass vase as though they were flowers. Cut some craft paper into small circles or leaves, then write on each a word of gratitude or the name of someone for whom you are thankful. Punch a hole in the top of each circle and pop them onto the twigs of the branch directly or with string, or glue them on.

Autumn Leaf Votive Holder: Apply a thin layer of Mod Podge to the outside of a clean, dry mason jar or vase. Once it's sticky, layer on real or fabric leaves, brushing each one in place with another thin layer of Mod Podge. (If using dried leaves, you should dampen them slightly before applying to prevent breakage.) Once your decorative design is complete, spray the outside of the jar with a clear lacquer. After it's dry, you



Photo by Patty Marsters

A simple yet thankful tree

can tie some raffia or coordinating ribbon around the neck. All it needs now is a candle, and you're ready to glow.

Pumpkin Vase: Cut off the top quarter of a small pumpkin, then carefully scoop out the seeds and pulp. If you want to decorate the outside of the pumpkin itself, now is the time to paint on a design, or you can spray it with a metallic or glittery color. Once it's dry, fill the cavity with floral foam, then add seasonal flowers, greenery or succulents.

Wall Decorations

Blessing Board: There are a few variations for this one. If you have a large, old frame, you can arrange screw eyes in the interior sides, then string twine back and

forth through the holes. Or you can take an old corkboard and staple sturdy ribbon crisscrossed into rows. Using clothespins, attach small notes on which you've written what make you feel blessed or pictures of those who have blessed your life. This is even something you can leave up year-round. Or, if you add small magnetic strips to the backs of the clothespins, you can transfer your biggest blessings to the fridge.

Giving Thanks Banner: Cut craft paper or felt into leaf shapes. Write some inspirational messages or what you're thankful for on some—or all—of the leaves, then attach with clothespins to twine that you've strung up (maybe over a window or doorway). When you need a lift, you can always turn a leaf and read what it has to say.

Front Door

Fall Wreath: There are multiple variations for this one, as well. You can get a simple wicker wreath from the local craft store, then glue on fake leaves and ribbon, perhaps in a jaunty bow? To personalize it even more, add a painted wooden initial—or multiple letters spelling out a message. A more advanced version starts with a Styrofoam wreath base, which you'll cover with burlap or other fabric. Trace a leaf onto card stock, then cut to use as a stencil. Use the stencil on felt, craft paper or even pages from an old novel. Layer the leaves on the wreath, securing them with straight pins or glue.

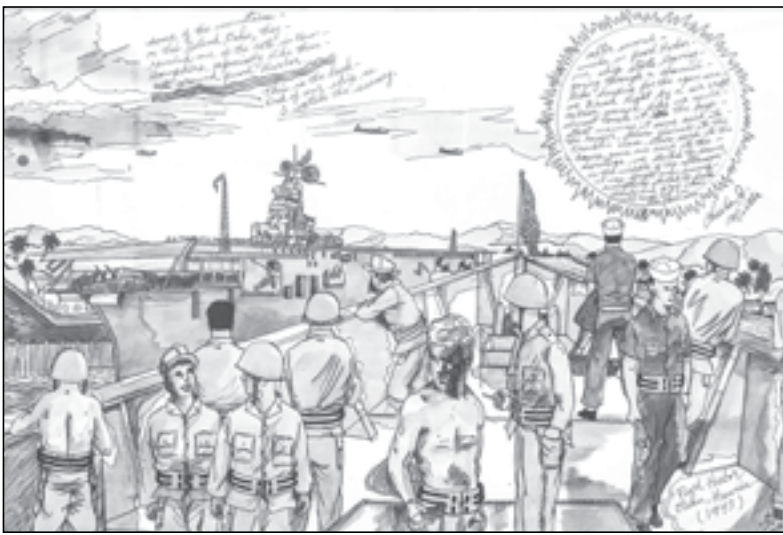


Photo courtesy OC Fair & Event Center

OC FAIR & EVENT CENTER

WWII exhibit opens at OC Fair

The OC Fair & Event Center reopened its Centennial Farm and Heroes Hall museum to the public on Nov. 3. Guests with advance reservations can now visit the farm animals, tour the crops and view World War II-era artwork.

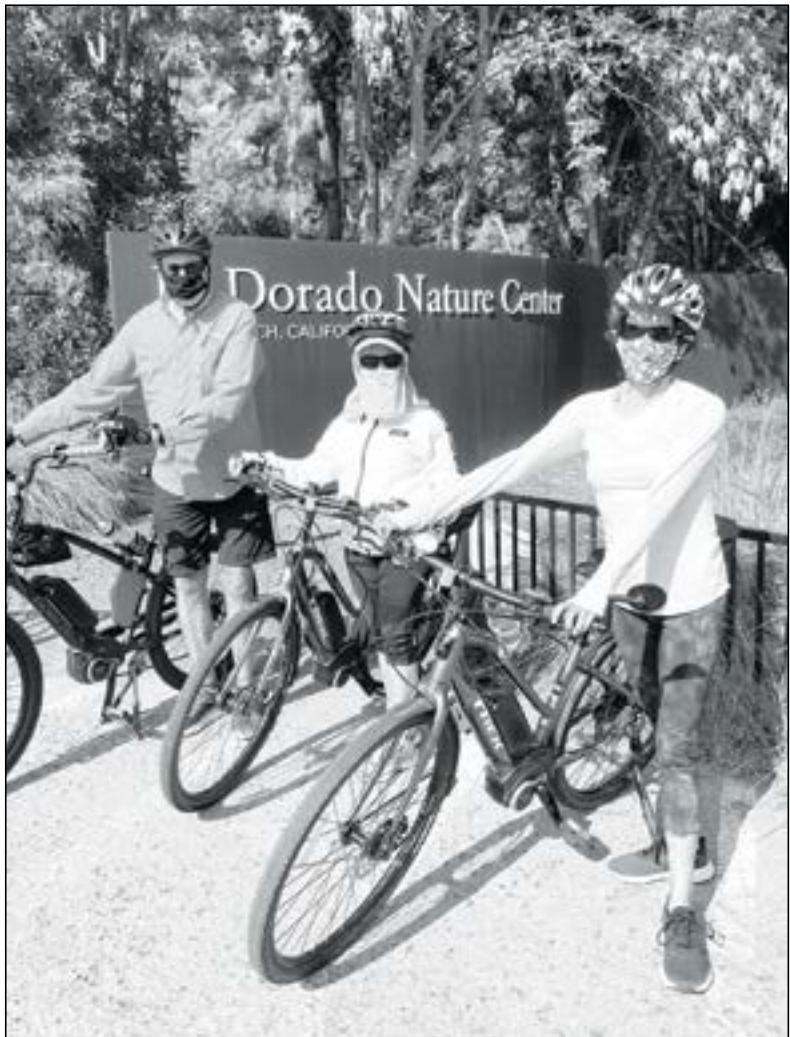
“These venues are really the heart and soul of our fairgrounds year-round, and we have all missed doing what we do best: educating and entertaining,” said Michele Richards, OC Fair & Event Center CEO.

To ensure the attractions are within state and local COVID guidelines, fair staff has installed a Wellness Booth, where guests' temperatures will be taken; mask rules will be enforced; multiple hand-wash/sanitizing stations have been installed; and regu-

lar cleaning will be conducted throughout the day. Visitors are also limited to one-hour stays.

Currently showing at Heroes Hall is “Private Charles J. Miller: WWII Paintings of the South Pacific,” a collection of watercolor paintings and sketches on varying materials, most of them created while Miller served in the U.S. Army. This new exhibit joins “The SAAAB Story” and “A-4M Skyhawk Aircraft.”

Located at 88 Fair Dr., Costa Mesa, Centennial Farm and Heroes Hall are open every Tuesday, Wednesday and Friday, 11 a.m.-3 p.m. To make a reservation, which includes access to both venues, visit ocfair.com/reservations or call (714) 708-1619. No walk-ups are allowed on-site. Admission and parking are free.



Bruce Vircks has had his Electra E-cruiser for two years and says hills and head wind are no problem. Anita Miller loves her Trek Verve + Electric Assist bike, which, she says, pedals like a regular bike. “But the wind is always at my back, and the hills melt away,” Miller says. And Dolores Jaunzemis also loves her Trek Verve bicycle. Sunday Leisure Bikers ride to Long Beach Municipal Golf Course and have breakfast, then continue to El Dorado park for a 2-mile hike at the Nature Center. There are also rides on Mondays, Wednesdays and Fridays. All are invited to join; helmets, safe shoes and masks are a must. Call Mary Romero at (562) 810-4266 for more information.

Technology Classes by Miryam

Miryam Fernandez's technology classes are taught on Tuesdays at 2 p.m. Topics change each week.

• **Tuesday, Nov. 10, 2 p.m.:** Question & Answer Meeting, with several instructors answering questions and providing resources.

For an invitation, email Fernandez at mzzmimm@gmail.com. If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will never contact you by phone, text or email. If there's a problem with your account, they will shut you down until you contact them.

Golf Course Hours Change

As of Nov. 1, the Golf Course began closing at 5 p.m.; a tee time may be reserved as late as 4:30 p.m. These hours will remain in effect until daylight saving time begins on March 14, 2021. To book a tee time, go to www.lwsb.com/reserve the day before you wish to play. The Recreation Department appreciates your cooperation with these changes.

Men's Golf League Results

The Men's Monday Golf League took on the David L. Baker Executive Golf Course, a par-62, 4,000-yard, 18-hole course, on Oct. 26. Seven men were put to the test by the initially cool, very windy day. When the players left Leisure World at 6 a.m., there was no wind and temps were in the upper 50s. When they arrived in Fountain Valley 20 minutes later, there were 30-plus mph gusts and it felt as though it were 40 degrees. Hence, shot precision and club choice were essential. Midway through the round, Orange County's wildfires caused smoke issues, and the gusty winds aggravated the already-dusty conditions. There were a few birdies, but scores were generally over par.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20, and B flight higher than 20.

A Flight Winners: First place: Dave LaCascia, 1 under 61, plus a birdie; second: Fujio Norihiro, 1 over 63, plus tie for fewest putts; third: tie between Gene Veseley (who also tied for fewest putts) and Bill McKusky.

B Flight Winners: First place: tie between Bob Munn and Bill Zurn, 3 under 59; second: Tom Ross. Bob Munn also had a birdie; closest to the pin on the 100-yard, par-3 third hole; and fewest putts.

On Oct. 30, the Men's Friday Golf League played at Riverview Golf Course in Santa Ana. Seven men teed off into a beautiful but

cool morning on the scenic par-70, 5,800-yard course. The sun came out early, and conditions were excellent. Most scores were below or around par, but there was only one birdie.

A Flight Winner: First place Fujio Norihiro, 7 under 63, plus closest to the pin on the 150-yard, par-3 second hole; second: Bill McKusky, 1 under 69, plus fewest putts; third: Sam Choi, 1 over 71; fourth: Gene Veseley, 2 over 72, plus the sole birdie; fifth: Dave LaCascia.

B Flight Winners: First place: Bob Munn, 1 over 71, plus closest to the pin on the 95-yard, par-3 ninth hole; second: Tom Ross, 2 over 72, plus fewest putts.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting around 7-7:30 a.m. Masks are required at the pro shops, but they're optional while waiting to tee off. No masks are required on the putting greens, driving range or on the course itself. The golfers are always respectful of one another's personal space, and social distancing is observed.

LW Men's Club membership is not required, and friends, ladies, spouses and family are all welcome to play and/or join. There is a prize pool for each round that players are not obligated to enter. If interested, contact Bill McKusky (562) 430-8618 or Dave LaCascia (801) 674-5975.

—Dave LaCascia

SBPD from page 3

speed. The victim followed the suspect in her vehicle and called 9-1-1 as they entered Seal Beach.

Officers responded to the area and quickly located the victim and suspect vehicle at the intersection of Island Village Drive and Westminster Avenue. Officers attempted to initiate a traffic stop but the suspect failed to yield, leading officers on a vehicle pursuit.

The suspect drove into a Seal Beach neighborhood with only one entrance and exit.

With nowhere else to run, the suspect was taken into custody without further incident near the area of First Street and Welcome Lane. Neither the victim nor the suspect were injured.

The suspect driver was identified as Eric Wilkinson, 65, of Seal Beach.

He was charged with evading, driving under the influence, hit and run, and driving with a suspended license. Wilkinson also had an outstanding \$100,000 Los Angeles County warrant for his arrest. He was later transported to the Los Angeles County Jail for booking.

This is an ongoing investigation.

Anyone with information regarding this incident is encouraged to contact Detective J. Gibson at (562) 799-4100, ext. 1109, or jgibson@sealbeachca.gov.

Pedestrian accident results in fatality on SB Boulevard

The Seal Beach Police Department is seeking information in an ongoing investigation into a pedestrian fatality on Oct. 29.

A pedestrian who was reportedly walking in the roadway died after being struck by a passing vehicle at about 6:30 p.m..

Seal Beach police responded to Adolfo Lopez Drive and Seal Beach Boulevard. Upon arrival, officers located an unresponsive adult female who had been struck by a car.

Officers immediately began lifesaving efforts and the victim was transported to a local hospital; however, the pedestrian succumbed to her injuries.

The Serious Traffic Accident Response (STAR) Team responded to investigate the collision.

A preliminary investigation revealed the woman was walking in the northbound lanes of traffic when she was struck by multiple vehicles.

The involved drivers were uninjured, remained at the scene and are cooperating with investigators.

Anyone with information is encouraged to contact Traffic Investigator Officer Cory Montgomery at (562) 799-4100, ext. 1623, or cmontgomery@sealbeachca.gov.

—from the SBPD

NWS Gets Award

Naval Weapons Station Seal Beach has once again been selected as the winner of the Commander, Navy Region Southwest Installation Excellence Award for Small Installations.

"This is the fourth time in five years that we have been honored with this prestigious award," said base Commanding Officer Capt. Jason Sherman. "It's obvious that there is something extremely special about our team here."

The award recognizes bases for superior support to the fleet, cost savings, and innovative improvements to facilities, quality of life, safety and environmental sustainability.

"The results clearly speak to the many great things the personnel aboard Naval Weapons Station Seal Beach have accomplished," said the Commander of Navy Region Southwest, Rear Adm. Bette Bolivar.

In the past year base personnel led efforts to build a new ammunition pier, add solar power and battery backup systems, upgrade fitness facilities, improve the safety and security of base operations, and continue supporting the fleet in a COVID environment.

The weapons station will next represent the Southwest region in the competition for the best small installation throughout the Navy. That contest is scheduled to be decided by January 2021.

In 2012 and 2016 the base and its two detachments in Fallbrook and Norco, California, won honors as the best small installation in the U.S. Navy.

FORGIVE from page 4

Healing," a support group for those who have lost children to violence.

Christian author and theologian Lewis B. Smedes stated, "To forgive is to set a prisoner free and discover that the prisoner was you."

Over the past eight months, we have unknowingly become prisoners of our own ignorance and partisanship. Imprisonment drives men and women to hate, mistrust and seek revenge. We have locked up our feelings, seeing only the negative in our fellow beings. Projecting our emotional pain onto others, we expected to lessen our own suffering.

But relief for our suffering only comes through asking for and granting forgiveness.

Ask forgiveness of those we viewed as enemies and forgive those who unwittingly spread anger and illness. Our faith in one another's goodness can supplant the divisive rhetoric that has shattered our society. Let forgiveness rekindle our faith in one other. Otherwise, nothing true, beautiful or good will come from our collective suffering.

Just as Mary Johnson freed herself from her prison of anger and animosity, we can free ourselves from ours by exhibiting compassion for our neighbors.

We may wish to forget 2020, but we should always remember how to forgive one another.

Podiatry House Calls

Foot care in the comfort of your home
We treat and trim toenails, painful corns and calluses
Medicare accepted and reasonable fees for self pay

Dr. Marc Spitz &
Dr. Scott Whitmore



799-0656

MISSED PAPER?

Call 430-0534 by 10 a.m., Thursday, and one will be delivered to you.



GOODYEAR



COASTLINE AUTO CARE



BRIDGESTONE

LW
RESIDENTS ONLY

Free
Flat
Repair

Expires: Two weeks from publication

Super Works Lube, Oil & Filter

- Drain, Refill with up to 5 qts. of Quality Valvoline Oil (5W30 wt)
- Install New Filter
- Tire Rotation
- Air Pressure Check
- Top off All Fluids
- 12 Point Visual Inspection
- Conventional oil only

Includes \$3 Hazardous Disposal Fee. Special Diesel Oil & Filters extra. With this coupon only. Most cars and light trucks. Foreign cars and other vehicles extra. Valid at Los Alamitos locations only.

\$14.99

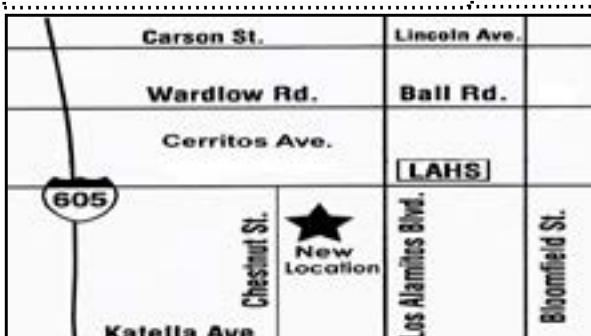
Chevron **Havoline**

Save \$15.00

Expires: Two weeks from publication

LW Residents only.

10%*
Senior
Discount



3400 Cerritos Ave.
Los Alamitos
562-799-1777



Havoline

Mon. - Fri. 7:00 am - 6:00 pm

Sat. 7:00 am - 5:00 pm

CLOSED SUNDAYS

*10% discount excludes tires

#1 In Tires! #1 In Service

Free LW Shuttle

GOODYEAR

BRIDGESTONE
www.coastlineautocare.com



The outdoor shuffleboard area (l) behind Clubhouse 1 in the mid-'60s. Note the fashion! This area eventually became the enclosed court that stands today.

Club continues LW's long history of shuffleboard

By David LaCascia
LW contributor

Shuffleboard—more precisely, deck or floor shuffleboard—is a game in which players use cues to push weighted discs, sending them gliding down a narrow court, with the purpose of having them come to rest within a marked scoring area.

There are no complicated rules, and it's fairly easy to command the game with some practice. It requires more strategy and tactics than physical effort, so having lesser natural ability does not create a hindrance. There's also a reduced amount of equipment; one can play it as singles or doubles. The person or team who, after the completion of 8 or 10 rounds, scores more points wins.

The courts at Clubhouse 1 are made of highly polished concrete. They are waxed periodically by our maintenance department. Before play, each court is sprinkled with silicone wax beads that act like ball bearings. The combination makes it so it doesn't require any great effort to get the pucks down the lanes—and they can travel lightning-quick.

The 1950s proved to be the heyday of shuffleboard. More than 100 companies were manufacturing shuffleboard equipment, and many of those companies sponsored tournaments for either tabletop or court shuffleboard. One such tournament attracted 576 teams from all parts of the country. In July 1983,

one was called "Ain't Never Won a Trophy Tournament."

But the game began to decline in popularity during the 1960s, partly the result of disputes between shuffleboard leagues as well as the age of the players. Shuffleboard had never developed a strong youth program, and other forms of entertainment came onto the scene, particularly television and, later, video and computer games.

Here at Leisure World, though, the tradition continues. One league's team names changed annually to fit a theme: 1983 & 1999: trees—Oaks, Aspens, Pine, Elm, Palm, Bravos, Redwoods

1985: ball clubs—Raiders, Dodgers, Chargers, Rams, Padres

1986: colors—Blues, Greens, Whites, Reds, Golds, Grays

1987-'88: constitutional—Liberty, United, Starts, Stripes, States, Justice

1998: birds—Hawks, Buzzards, Falcons, Condors, Pelicans, Gulls

2000: gems—Diamonds, Topaz, Garnets, Opals, Rubies, Pearls

2002: cars—Nash, Reos, Cords, Olds, Chevy, Auburns

An outdoor shuffleboard area behind Clubhouse 1 was replaced by an enclosed court in 1995. The first games there were played on March 9 of that year. Fun fact: Apparently, the club had enough clout in February 1998 to get the LW mowing schedules adjusted to cut back on disturbances during games.

Current president Carrie

Kistner has led the Shuffleboard Club with the help of capable board members Mary Milhone, Jerry McNulty, Sally Fowler, Ellie West and Dave LaCascia. Each one hopes for a speedy end to this pandemic so everyone can get back to playing shuffleboard and reunite with old friends. Once shuffleboard is resumed, elections will be held to select new board members, as COVID-19 delayed the annual event.

Shuffleboard Terms

Kitchen: the rear-most section of the scoring triangle that gives the player whose puck stops or is knocked into it minus-10 points.

Kitchen shooter: a player who is known to try to knock the opponent's pucks into the Kitchen.

Hammer: the last shot of any frame; the player who this has an advantage, especially in a close game.

Hanger: a puck that hangs over the side of the lane. It is left in play.

Foul/Dead-Line: one of two lines at either end of the court that lies between the scoring and starting zone. Every puck should cross this line before getting a point. In case a puck or disk does not pass this line, it is not considered a qualified shot and hence removed from the court before the next one is shot.

Grab 'n' Go Meals

Nov. 5-11
Clubhouse 6 Parking Lot

• **Thursday:** Domino's Pizza—Call ahead for special orders; wings and salads offered; 3-7 p.m., cash/cards, (562) 493-2212. Mandi's Candies Ice Cream Truck, 4-7 p.m.

• **Friday:** Katella Deli—extensive menu includes deli favorites, appetizers, salads, hot entrées; specials of the day available onsite; 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at www.katellabakery.com.

• **Saturday:** Naples Rib Co.—barbecue, salads, sandwiches; 3:30-5 p.m., cash/cards, (562) 439-RIBS. Order ahead at www.ribcompany.com/LW for faster service.

• **Sunday and Wednesday:** Berg Catering—Freshly prepared meals with a healthy, gourmet touch, 3:30-5:30 p.m., PayPal/checks/cash/cards. Preorder at (562) 663-2038 or www.bergcatering.com (click the special LW menu).

• **Monday:** Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 4-6 p.m., cash/cards. To preorder, go to www.kabobaholicft.com or text (949) 400-4696; mention LWSB.

• **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.

...

All Grab 'n' Go events take place rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. **Everyone should maintain a 6-foot distance, and masks are required.** For information, call (562) 431-6586, ext. 398.

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.

Watch for LW Live! alerts for daily menus. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>. Vendors are subject to change.

Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m.-1 p.m., on Zoom. Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. Join the Zoom meeting by visiting <https://us02web.zoom.us/j/84982522530>; the Meeting ID is 849 8252 2530.

For more information, email arosenfeld1@verizon.net.



Daisy Ramor (center) shows a dance to the song "Hear My Song" by Elvis Presley. Under Jojo Weingart's leadership, members are invited to perform their favorite dances. Classes are held at Veterans Plaza every Wednesday, 2-3:30 p.m. (fourth Wednesdays are 3-4:30 p.m.). All participants are required to wear face masks and follow social-distancing rules. Wear exercise shoes; no flip-flops or sandals are allowed. There are no membership dues, and all shareholders are welcome to join. For more information, call Anna Derby at (562) 301-5339.

LW Poetry

This poetry feature showcase original poems by members of the Creative Writers Club of Leisure World and other GRF members.

If You Say So

A vivid tree at ease
Appears chopped at its trunk
By the edge of leaves looking like a saw.

It shouldn't be.
As the seat shifted a bit to the side,
I come to feel relaxed.

Robert Chung
Mutual 4



Photo by Jojo Weingart

Hui O Hula surprised October birthday girl Shirley Sweeney of Mutual 3 (seated front row, left, in sweater) with a hula program as well as a birthday song in her name. During the performance, Sweeney's friend Lynn Baidack of Mutual 6 handed out birthday cupcakes—chocolate with orange frosting—to the neighbors in attendance. This month, Hui O Hula will practice holiday mele/songs twice a week. Anyone interested in learning or watching "Pô La'i E," the Hawaiian version of "Silent Night," is welcome to join them at Veterans Plaza on Thursdays at 2 p.m. (The Tuesday meetings vary in location.) Dancers should dress comfortably, wear masks and soft shoes (if dancing barefoot is out of the question), and maintain social distance. Call Kaye Huff 431-2242 for class information or to book a free holiday hula show.

Health & Fitness

Get support for the holiday season

By Carson J. Blomquist
OptumCare

The holidays are usually a time of happiness and fun, but this year has been more challenging. Whether you are changing plans to visit loved ones or are facing a quiet season ahead, the holidays aren't going to be the same this year.

"A lot of people are alone during the holiday season, this year in particular," Roneet Cooper, a social worker at Monarch HealthCare. She and fellow social worker Denise Perez will lead a virtual series to help people manage feelings of loneliness and isolation during the holidays. The Holiday Support Group starts on Wednesday, Nov. 11 at 11 a.m. and continues weekly until Dec. 23.

"There are a lot of tough emotions to process this year, so we're bringing people together in a safe space to learn how to stay mentally and physically healthy,"



Cooper (l) and Perez lead the weekly series

Perez said. "During our series, we'll go over a lot of ways you can stay upbeat."

From the holiday blues to meditation, from staying social to self-care, the series offers participants plenty to discover from Cooper and Perez, as well as one another.

"We want this to be engaging and educational," Cooper said. "We'll be sharing lots of information on things you can do, like exercise and meditation, but we also want participants to share their

thoughts with us. There's so much we can learn from each other!"

"Definitely! We're all in these unusual times together," Perez agreed. "While we may not be able to spend time with each other in person, so let's make the most of our virtual time to lift each other up and stay positive."

To sign up for the Holiday Support Group, email Perez at Dperez@mhealth.com or Cooper at Rcooper@mhealth.com by Sunday, Nov. 8.

Hearts and Hands United in Giving

Hearts and Hands United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the LW community. HHUG accepts donations of clean, used towels, plus new, unopened, travel-size shampoo, soap or lotion. New socks are the only clothing donation that HHUG accepts.

To donate, contact Linda Neer at (562) 430-3214 for pick up. Donations can also be left on her patio at Mutual 2, 48-A. To learn more about HHUG, visit www.hhug.org.

Hot Meals Drive Through Program

The Hot Meals Drive Through program is available for residents of Orange County's District 2, which includes Leisure World Seal Beach. Participants must be aged 60 and older, single parents or unemployed individuals or have disabilities.

There are three sites open one day per week at which people may pick up two dinner meals.

Qualified applicants must register in advance at www.ocmeals.com. Anyone requiring assistance in completing any step of the application process should email info@ocmeals.com or call (949) 335-7702.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals Monday through Friday, between 10:30 a.m. and 12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and an 8 ounce carton of 1 percent milk. The cold lunch may be an entrée salad or a sandwich with a small side salad. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Additional Thanksgiving meals are available by calling Adler by Nov. 19.

Thursday, Nov. 5: Hawaiian chicken with pineapple, brown and wild rice, and Oriental vegetables; fresh cantaloupe; ham-and-cheese sandwich, with lettuce, tomato and pickle, plus tri-color pasta salad.

Friday, Nov. 6: Beef stew, with potatoes, celery, onions, carrots and corn, plus a biscuit; fresh orange; entrée Greek chicken salad, with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.

Monday, Nov. 9: Oven-baked herb chicken leg and thigh, au gratin potatoes, and seasoned carrots; peaches; tuna-salad sandwich, with spinach and tomato, plus marinated beet-and-onion salad.

Tuesday, Nov. 10: Pork loin with apple berry sauce, brown rice, and zucchini medley; chef's special cake; entrée Caesar chicken salad, with romaine lettuce and shredded cheese, croutons and Caesar dressing; plus crackers.

Wednesday, Nov. 11: No delivery because of Veteran's Day.

Global Market Kitchen Delivers

Global Market Kitchen delivers groceries and prepared meals every Wednesday, 2-4 p.m., at Clubhouse 4 or to your apartment. Order via <https://global-marketkitchen.com> or by calling (562) 661-9776. Customer service inquiries should be directed to globalmk.usa@gmail.com.

HEALTH TIPS

Eat safely together

Though many of us yearn to go back to life pre-COVID, it's important to continue following current safety guidelines.

Consider gathering with family and friends via Zoom, FaceTime, Google Meets, Skype or other social video network. Coordinate a menu or let everyone make only their favorites, then set a time when everyone can sit together virtually. Share what you're thankful for—like not having to wait as long for someone to pass the turkey!

If you must gather in person, remember to follow the recent, state-issued guidelines. Limit your guests to no more than three households (including the host's), and make sure everyone sits at a proper distance. If you can, move your feast outside; thankfully, the weather in Southern California often cooperates! If you do stay indoors, be sure to open up windows to allow for ventilation.

When planning for an in-person meal, consider having each household bring their own food. Use disposable plates, cups and utensils. If sharing dishes, do as the state suggests and designate one person to serve everyone while wearing a mask and possibly gloves.

Don't forget the basics! The CDC continues to recommend wearing masks, maintaining social distance and practicing good handwashing techniques.

Connecting with the LW Weekly

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19. Editors can be reached by phone and email. See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com. People may drop articles and classified ads into the letter slot at the front of the News Building. The editorial deadline is Thursday for the following Thursday's edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; deadline is Monday at 2:30 p.m.

Karlton Residential Care

"Family Owned"
Loving Alzheimer's, Dementia and
Memory Impaired Care.

- Join us for a video tour of our community.
- Ask about an assessment by our nurse.

Call to discuss our very affordable short-term respite care.

714 - 236-1170



8 miles from LW between Valley View and Knott
3615 W. Ball Road, Anaheim Lic. #306000295

• Visit us at www.karltoncare.com.



Medicare Questions?

**"I Have Answers About
How to Change Plans
or Enroll Now!"**

**Call for an Appointment or
I Can Assist Remotely
"I Make House Calls"**

I Speak Fluent Medicare



Joe Koteris
(562) 547-2913

Email: jkoteris55@yahoo.com



Koteris

Health Insurance Solutions
Lic. #0H53209

**10 years
experience
10 년 약사 경력!**



Free prescription delivery, free home visit immunization.
처방전 무료 배달, 무료 방문 예방접종

We promise personalized care and excellence in our service.
친절, 정확, 신속, 그리고 정직한 서비스를 약속 드립니다.

- Shingles (대상포진)
- Flu (독감)
- Prevnar 13, Pneumovax 23 (패렴)
- Hepatitis A, Hepatitis B (간염)
- M-M-R (홍역, 볼거리, 풍진)
- Meningitis (수막염)
- Tdap (파상풍, 디프테리아, 백일해)
- HPV - Human Papilloma (인간 유두종)



Honey Pharmacy

7002 MOODY ST. #106
LA PALMA, CA 90623

T: 562.403.2332
F: 562.403.2331

✉ HONEYRX123@GMAIL.COM



Your Locally Owned
Health Mart
PHARMACY

This pharmacy is independently owned and operated under a license from Health Mart Systems, Inc.

Community



Lenore Hollis receives help with filling out an application from a vet care clinic volunteer.

Low-Cost Vet Clinic is on Nov. 19

Community Church is hosting a low-cost Vet Care Clinic on Thursday, Nov. 19, from 9-11 a.m. This is a clinic for both cats and dogs. Bring dogs leashed and put cats in crates for their safety. Licensing applications are available for 30 pets. Contact Elaine Miller with questions and concerns at (925) 997-3412.



The GAF shredding service will be from 10 a.m.-noon on Nov. 5.

GAF

Drop-and-go shredding service is today

The Golden Age Foundation will sponsor a shredding service event in the Clubhouse 2 parking from 10 a.m.-noon. on Thursday, Nov. 5. Residents will drop and go. Masks and social distancing is strictly enforced.

Residents are asked to put documents to shred in plastic or brown bags that can be recycled. Cardboard boxes will not be accepted. GAF volunteers will guard bags until a truck arrives to pick them up.

The Golden Age Foundation also disposes of household batteries. Bring spent batteries to the shredding event for disposal.

For more information, contact Anna Derby at (562) 301-5339.

Chess Club

This week's puzzle is white moves first, and for any answer by black, the white's next move is checkmate.

The white bishop moves from F4 to G3. Any answer by black, the white's next move is checkmate.

The Chess Club is unable to play together because of the COVID-19 shutdowns. The chess puzzle will appear in the LW paper weekly.

Solution to this week's puzzle: Bg3

SBTV

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at Sbtv3.org.

- Thursday, Nov. 5**
- 4 pm 2010 North SB Community Center
 - 4:15 pm LW 50th Anniversary 2010
 - 5:01 pm Mariachi San Jose Real
 - 6 pm Ocean Perspectives
 - 7 pm Los Al Jazz Band 2018 V3
 - 7:35 pm Flamingo Party
 - 8:15 pm The Cowboy Silent Movie
 - 8:23 pm Road Trip Rocky Mountains
 - 8:30 pm Terry Otte/Abilene Halloween Scarefest
 - 10 pm Aquarium-Decent into Depths
 - 10:14 pm Aquarium Wonderful World of Penguins
 - 10:30 pm Cerritos Center-Matt Mauser

- Friday, Nov. 6**
- 4 pm Road Trip Rocky Mountain
 - 4:08 pm Albuquerque Hot Air Balloon Show
 - 4:31 pm Flamingo Party
 - 5:15 pm 2010 North SB Community Center
 - 5:30 pm Mariachi San Jose Real
 - 6:30 pm Los Al Jazz Band 2018
 - 7:05 pm LW Pickelball/Rocky Mountains
 - 7:20 pm The Cowboy Silent Movie
 - 7:30 pm Life and Times in SB-Paula Thomas
 - 8:30 pm Harmonn Islanders
 - 9 pm Cerritos Center-Golden Dragon Acrobats
 - 10:30 pm Cerritos Center-The Four Tenors

- Saturday, Nov. 7**
- 4 pm Healthy Brain Aging
 - 4:40 pm Free Kosher Food
 - 5 pm Judge Carolyn John and Richard
 - 6 pm Terry Otte/Abilene Halloween Scarefest
 - 7:30 pm Cowboy Silent Movie/Rocky Mountains
 - 7:45 pm North SB Community Center
 - 8 pm LAUSD
 - 11 pm Cerritos Center-Matt Mauser

- Sunday, Nov. 8**
- 4 pm Seal Beach City Council Meeting Replay 10/26
 - 5:30 pm Bob Cole Conservancy
 - 6:30 pm Aquarium-Decent to Depths
 - 6:45 pm Wonderful World of Penguins
 - 7 pm Life and Times in SB: Paula Thomas
 - 8 pm Rocky Mountains
 - 8:08 pm Anna Derby's 71st Birthday
 - 9 pm Abilene Band
 - 10 pm LW 50th Anniversary 2012
 - 10:30 pm Cabaret-Music Around the World
 - 11 pm Bob Cole Conservancy

- Monday, Nov. 9**
- 4 pm Cabaret-Music Around the World
 - 5:30 pm Mariachi San Jose Real
 - 6:30 pm Aquarium-Decent into Depths
 - 7 pm SB City Council Meeting-LIVE
 - 8:30 pm Los Al Jazz Band 2018 V3
 - 9:15 pm Tina and Tommy
 - 10 pm Cypress Senior Chorus 2018

- Tuesday, Nov. 10**
- 4 pm Tina and Tommy
 - 4:45 pm Flamingo Party
 - 5:30 pm Suede Soul Dancers
 - 6:05 pm Rocky Mountains

SUNSHINE CLUB

Heather Hyland is this week's speaker

Heather Hyland will present "Mosquitoes in Orange County: What You Need to Know" at the Sunshine Club's Zoom meeting on Friday, Nov. 6, at 10 a.m.

Hyland will discuss the affects that the new and invasive Aedes mosquito will have on Orange County and what the district is doing to combat this new resident mosquito. She will also provide certain tips and tricks to prevent mosquitoes from biting and laying eggs around shareholder properties.

All shareholders are welcome to join this Zoom meeting. Those who would like to get a Zoom link by email can text their email address to (562) 301-5339 by no later than Thursday at 5 p.m.

The link to join the Zoom meeting is <https://us02web.zoom.us/j/82119904568?pwd=dkVmOVowRU1uQXRNb2QveFdFSHp4Zz09> and the meeting ID is 821 1990 4568.

Hyland is the public information officer for the Orange County Mosquito and Vector Control District, with over 15 years of experience working for several cities and agencies in Southern California. She also has 10 years of experience in public health outreach programs. Hyland's passion for educating the public about the science behind vector control and public health has allowed her to develop nationally recognized public health education programs. Hyland believes that outreach and education play a key role in ensuring a sustainable relationship with the community she serves.

The Sunshine Club will host Zoom meetings with two other speakers during the month of November. Maryann Shadow, a realtor from On Site Home Sales will be the speaker on Nov. 13 and Beatrice Nunez, community education and outreach coordinator, and

SUNSHINE CLUB, page 14



Heather Hyland

OC Vote Center



Residents of LW took advantage of the opportunity to vote early on Oct. 30, thanks to the Orange County Registrar of Voters' pop-up poll center. Polling booths were spaced out to help voters remain socially distanced, and volunteers cleaned and disinfected each booth after use. Lucille's BBQ was also available to pick up after voting.



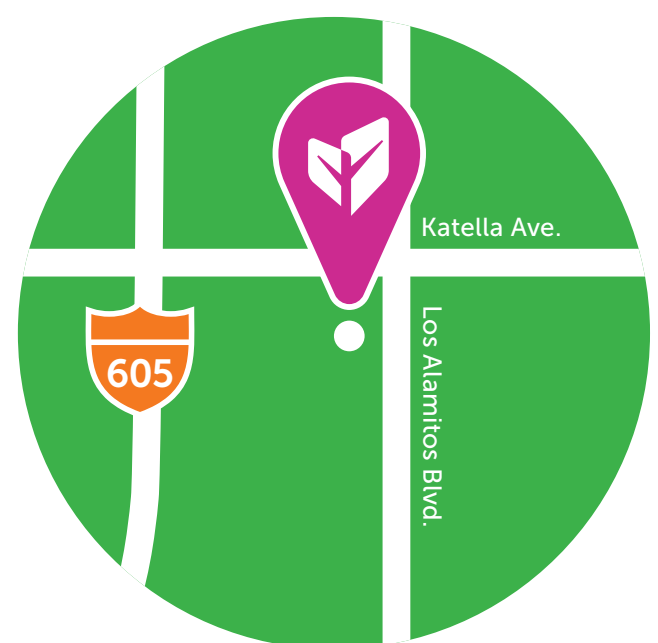
Safe and Convenient Breast Care Close to Home

Convenient Location with the Latest Imaging Technology

- Most advanced 3D mammogram technology
- Sub-specialized breast radiologists solely focused on reviewing breast images
- Latest bone density machine for diagnosing osteoporosis
- Spa-like environment, including plush robes
- Accepts Medicare and most insurances

Extra Measures for Your Safety

- Pre-screen patients for COVID-19 symptoms prior to visits
- Staff screened daily, wear masks
- We deep clean after each patient visit
- We limit number of patients in office/waiting area



Call **(562) 933-7880** to schedule your appointment.
[memorialcare.org/LBBreast](https://www.memorialcare.org/LBBreast)


MemorialCare[™]
Long Beach Medical Center

LW BIRTHDAYS

Rita Newman is celebrating 95 years of life

Rita Newman, has lived in Leisure World for more than a third of her life. After Rita's husband lost a 30 year battle with Parkinsons disease, it was here that she began a new life for herself alone.

Outgoing and energetic, Rita made friends easily. She learned new games: mahjong, pan, canasta. Occasionally she would board a bus with a friend and enjoy an afternoon of slot poker. She enjoyed local theater and musical productions with like-minded ladies. She worked at the local polling place during elections. She helped out at countless community swap meets. She attended religious services within the community and ul-



Rita Newman

timately became one of its leaders. She knitted caps and blankets for hospital newborns and still assists Leisure World residents who need wheelchairs, walkers and canes. And every day her phone rings as friends new and old check in and chat. When the conversation ends, Rita will continue reading

the latest book someone has loaned her, watch the news or "Shark Tank" on TV, and take a little walk around the block.

Not long ago, Rita generously offered a ride whenever her friends or neighbors needed one. Nowadays, the favor is being returned. Her children Arlene (and spouse Fred), Robert (and spouse Vicky), and Susan are grateful to all the helpful and caring friends, neighbors and staff that continue to make this a safe and stimulating place for their independent and wonderful mother.

Happy Birthday, Rita Newman, and may you enjoy each healthy and happy year ahead.



REPUBLICAN CLUB

What we will still have after Nov. 3

By Brian Harmon
LW contributor

As this article is being written, no election results have yet been tallied. All we know for sure is that, whatever the outcome, life will go on.

We will still be living in the greatest country on Earth.

We will still have our homes, our families and our friends.

We will still have the holidays to celebrate.

We will still be able to worship any way we choose, or not to do so if we wish.

We will still be able to say anything we want, as long as we do not slander other people or incite other people to commit crimes.

We will soon have a vaccine available that will protect us from the dreaded COVID-19 virus.

We will soon be able to travel to anywhere in the world, as long as we are physically and financially able.

We will still have three branches of government, just as the founders intended. Even if the House, the Senate and the Presidency are controlled by one party, the Supreme Court will provide a balance, so that one party will not be allowed to do absolutely anything and everything they want.

We will still have the electoral college, so that people in the large states will not be able to take away the rights of people who live in smaller states.

We in California will still have the right to recall any lawmakers or leaders in the executive branch who do not honor their oath of office or if they conduct themselves in a way that displeases a majority of the voters. We will still be able to put initiatives on the ballot to change the law if we choose to.

In two years, we will have another election. If the voters do not like what the party in power is doing, they can get a new House of Representatives and 34 new Senators.

That is what the founders intended, and that is what America is all about.



Lenore Velky on the back of her son's motorcycle.

Lenore Velky turns 91 Nov. 11

Lenore Velky will be 91 years old on Nov. 11.

She is a bit of an adventurer and has traveled all over the world to places such as Mexico, Puru, China and Italy as well as all of the states in the U.S. and square danced in many of them.

Lenore has been a square dancer for years and part of the Whirlers for nearly as long as she has lived in Leisure World.

Pictured is from when she rode home from Crestline on the back of her son's motorcycle. The trip is around 100 miles long.



Joann Bambridge (r) and her caretaker, Francis Villanueva.

Happy serenades for Joann's 89th

On Sept. 28, socially distanced and masked friends gathered outside to celebrate Joann Bambridge's 89th birthday. Joann was serenaded, and she received balloons along with a Linda Walker Original card. Those friends who serenaded Joann were Jody Dyer, Yoon Lee, Joann Mullins, Taylor White and Debby Fudge. Joann had a big 89th birthday smile for her serenaders as her caretaker Francis Villanueva tied the balloons to Joann's walker.

Celebrate your birthday, anniversary or retirement with us!
Email your photos to laurieb@lwsb.com

RECREATION DEPARTMENT

Honoring veterans out of our abundance

By Kathy Thayer
Assistant Recreation Manager

We all had to sacrifice this year when COVID-19 came to town, and among the things we have had to give up are our treasured celebrations in the clubhouses. One of those events is the American Legion annual honoring of Veterans Day.

Leisure World Seal Beach has always been generous to those who have laid their lives on the line for the freedoms we enjoy. This year, the Recreation Department is coordinating a Food Drive for the entire month of November to benefit the Paralyzed Veterans of America California Chapter, based in Long Beach.

The mission of the Paralyzed Veterans of America California Chapter is to make lives better for paralyzed veterans and their families across Southern California. It has a long and historic legacy dating back to before the existence of the national organization that is known today, all the way to World War II. Their work includes spinal cord research, advocacy, and sports and recreation for these local heroes.

Residents are asked to drop off canned goods and other non-perishable food items to the Recreation Department in Building 5, the Library, or St. Andrews Gate. Our community donations will help make a difficult year and holiday season brighter for these wounded warriors and their families.

For Your Information:

When there is doubt about LW policy or rules and regulations, residents should refer to their Occupancy Agreement, or direct questions to their mutual directors or GRF representatives.

Community Strong

If anyone is still making masks, there is fabric and supplies available. Contact Sharon Kohn at (562) 596-1996.

The LW Weekly 430-0534



brand new day

HEALTHCARE YOU CAN FEEL GOOD ABOUT

It's Time to Maximize Your Medicare Benefits...From Home with Brand New Day

Brand New Day is making changes to help you better adapt to our new normal. **With our Medicare 101 Webinar**, you can learn more about your Medicare benefits, live chat with an insurance specialist in your area and make an informed decision about your healthcare, without ever having to leave the comfort of your home.


Sign up for one of our virtual information sessions and explore all your affordable, easy-to-use benefit plan options online. Get a \$10 Amazon.com Gift Card for attending.*

We have many dates and times available for you to attend. Contact us today to register and receive a no-cost benefit review, with no obligation to enroll.

CALL 1-855-951-4918, TTY 711 or visit [BNDHMO.COM/WEBINARS](https://www.bndhmo.com/webinars)

*While supplies last. One offer per person. No obligation to enroll. Restrictions apply. See amazon.com/gc-legal. Brand New Day is a HMO with a Medicare Contract. Enrollment in Brand New Day depends on contract renewal. This information is available in other formats, such as large print, and audio. For accommodations of persons with special needs at meetings, call 1-866-255-4795, TTY: 711. Fresno, Imperial, Kern, Kings, Los Angeles, Madera, Orange, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Clara, and Tulare counties.

H0838_2281.201027_C





Simbang Gabi starts on Dec. 16.

FALW

Reserve your spot for the celebration

The Filipino Association of Leisure World is preparing for the annual celebration of Simbang Gabi in preparation for the birth of Jesus Christ. The holiday is from Dec. 16-24. Usually the Christmas season in the Philippines ends in the celebration of the Feast of the Epiphany on Jan. 6.

Father Juan Caboboy, pastor of Holy Family Church and spiritual advisor for FALW, will celebrate the mass inside the church on Wednesday, Dec. 16 at 5 p.m. Mass is limited to 100. Those who want to attend the Holy Mass must call and make a reservation. It will be first call, first seated, no exemptions.

For reservations, call Dove Sonza at (562) 477-5541, Aida Jose at (201) 566-3184 or Ren Villnueva at (562) 493-1406.



Joanna Matos of Mutual 2 (l), Elizabeth Kennedy of Mutual 17 and Roberta Armstrong walked in the 'Women's Rights' weekend march on Oct. 17 in downtown Seal Beach. The trio carried "Grannies for Democracy" signs that they had made for the march. Approximately 200 young women voters, Black, Latino, white and Asian, met at Main and Electric streets, then wound through the residential streets for a mile to Eisenhower Park for their peaceful rally.

Email **COMMUNITY** stories to **laurieb@lwsb.com** with photos attached as jpegs

Alpine

Heating & Air Conditioning

Specializing in Serving Leisure World Residents

Free Installation Estimates
Sales • Repair • Installation
Lowest Prices In Town • All Work Guaranteed

#1 in Customer Service

714-901-0552

Cal. St. Lic. # 719734

SUNSHINE CLUB

from page 10

counselor for the Council on Aging—Southern California Health Insurance Counseling and Advocacy Program (HI-CAP), will be the speaker on Nov. 20. The topic of each guest speaker's presentation will be announced in the LW Weekly with a link and information to join the Zoom meeting.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members. The club always welcomes new people.

The topic of each guest speaker's presentation will be announced in the LW Weekly with link information to join.

For more information, contact Anna Derby at (562) 301-5339.

SBTV

From page 10

6:15 pm	LW 50th Anniversary 2012
7 pm	Alaska Final Frontier/ Radio Club
7:15 pm	Los Al Jazz Band 2018
7:50 pm	Abilene Band Nov. 2018
8:30 pm	Life and Times in SB: Paula Thomas
9:30 pm	Cerritos Center- Matt Mauser
11:30 pm	Bob Cole Conservancy

Wednesday, Nov. 11

4 pm	Tina and Tommy Oct. 2019
4:45 pm	LW 50th Anniversary 2012
5:30 pm	History of Las Vegas Part 1
6:45 pm	History of Las Vegas Part 2
8 pm	Life and Times in SB: Paula Thomas
9 pm	Cerritos Center: Golden Dragon Acrobatics
10:30 pm	Cerritos Center- The Four Tenors
11:30 pm	Bob Cole Conservancy

**All programming is subject to change.*

Support Our Advertisers...
Tell Them You Saw Them In the

LWWeekly

20% off first bill up to \$100
for Leisure World residents when
you mention this ad!

HUMANIST CLUB

A perspective on conspiracy theories

By Dave Silva
LW contributor

What is the humanist view of conspiracy theories? It's not always easy to determine what the truth is when we don't know all the facts. Research from the University of Chicago reveals that 50 percent of Americans believe in one or more conspiracy theories. Some people believe there might be some truth to a conspiracy theory, while others totally believe in every aspect of the theory.

Humorist Will Rogers used to say, "All I know is what I read in the papers." If Will were alive today, he might say, "All I know is what I read on the internet and hear on TV news." Most conspiracy theories are spread on the internet and by word of mouth.

Conspiracies do not have to be from a long time ago. Michigan Gov. Gretchen Whitmer was recently the target of a conspiracy to kidnapher. There were vast conspiracies in which southern politicians denied Black people the right to vote and horrific conspiracies about the events of 9/11. In real conspiracies, there's usually evidence of people getting together to do bad things. Many people feel skeptical of mainstream news. The conspiracies people believe without proof aren't trivial, and the believers might feel special because they believe they possess a truth that others are ignorant about. Consequently, they are often eager to share their special knowledge with friends and relatives.

One conspiracy theory that has spread almost as rapidly as the coronavirus is that, according to Forbes magazine, 22 percent of Americans believe the number of virus deaths is exaggerated. Even more bizarre is that 7 percent are sure that Bill Gates is responsible for starting the virus in an attempt to establish "a new world order." One of the most persistent theories is that the government is studying aliens at a place called Area 51. Some theories, such as the moon landing only happened on a soundstage have largely disappeared over time. According to the Pew Foundation, 48 percent of Americans without any college education believe the virus epidemic was planned by powerful people. This compares with 38 percent who have some college, 24 percent who have a college degree and 15 percent with a postgraduate degree. Also, young people are more likely to believe these conspiracies than people over age 60. This data might lead one to believe being older and better educated makes people less inclined to believe rumors that aren't supported by evidence.

Most humanists hold the view that the truth of any belief must be supported by logic and evidence, including their own most closely held beliefs. They usually believe news from reliable sources if they sound credible and are always willing to change their minds on the basis of new evidence.

On Sept. 24, during their lunch outside at Shenandoah at the Arbor Restaurant in Los Alamitos, Mutual 1 resident and Super-Ager Pauline Fitzsimmons, 94 (l), provided fellow Mutual 1 resident Debbi Fudge, 75, with some tips on how to become a Super-Ager. The two briefly took off their masks to eat and snap a quick picture.

Home Instead
SENIOR CARE®
To us, it's personal.

PERSONAL CARE | MEMORY CARE
HOSPICE SUPPORT | MEALS & NUTRITION

562.448.5200
HomeInstead.com/275

Each Home Instead Senior Care Franchise is independently owned and operated. © 2020 Home Instead, Inc.
HCO#194700062

Obituaries

Katherine Harrison July 1919- June 2020

A Memorial Service was held for Katherine Stearns Harrison on June 25 at the Eagle Point National Cemetery, Eagle Point, Oregon. Burial followed in the same grave with Paul. They had been married for over 54 years. Katherine passed away in Stanton, California in the wee hours of June 17, surrounded by family and friends.



Katherine was born Katherine Stearns McDonald on July 14, 1919, in Pinal County, Arizona. She was the first child for the McDonalds. They lived in the once-busy mining town of Ray, Arizona, which was abandoned to the large copper mine (now ASARCO) back in the 1960s. Kay always loved the dessert where she had grown up.

Katherine met and married Paul E. Harrison in 1944, during WWII. "The War" and the Great Depression were the two great epochs that created the "Greatest Generation." Clearly, so it was with Kay and Paul.

Soon after the war, Kay and Paul got busy making up for lost time. They had three sons, Paul (Mac), Hugh (Bill), and Bruce. They raised their kids in Sacramento, Riverside, Tustin and Fullerton, California-truly the American Dream. Life was good!

Katherine was preceded in death by her husband, Paul E. Harrison; first son, Paul McDonald Harrison; and sister, Helen Robbs of Montecito, California.

Katherine is survived by Bill and Patricia Harrison, Sandy Harrison, Bruce and Pam Harrison, five grandchildren (Suzanne, Anastasia, Bruce, Drake and Audrey) and four great grandchildren (Shealyn, Ann Margaret, Felix and Max).

After Paul's death in 1998, Katherine moved into Leisure World in Seal Beach, California (Mutual 1, Apt 2K). She loved Leisure World! She lived independently on her own, right up to age 100, but had a fall in January. She was in perfect health for being 100! Kay loved looking out at the golf course from her front window. Kay loved her neighbors and fellow card players. A shout-out to you wonderful neighbors! Let that Japanese maple in front of 2K (approved by the mutual) remind you of Kay!

Kay was a lifelong giver, making frequent contributions to many fine organizations including the Salvation Army,

USO, Wounded Warriors, Paralyzed Veterans, Foreign Legion, SmileTrain, the March of Dimes, Boy's Town and Navigators, whose motto is "To Know Christ and to Make Him Known."

Kay enjoyed robust health for 100 years. She was a devoted wife, mother, and homemaker. She taught us to say our prayers. She taught us our table manners, and that's an understatement! She loved all of her family, and we all loved her. What a life!

-paid obituary

....

Georgia Doyle Nov. 1930- Sept. 2020

Georgia Doyle was granted her angel wings on Sept. 27, at the age of 89 surrounded by her family. Her loving husband of 38 years, Richard, preceded her in death. Georgia is survived by her three daughters, Kim (Roger), Dori (Curtis) and Jill (Scott); grandchildren Adam, Lacy, Jared, Shane and Chelsea, and great-grandchildren Payten and Landry. She is also survived by her stepson, Neal (Bridget), and stepdaughter, Norm (Steve) and their families.



Richard took this city girl from Long Beach to country living in Santa Maria. His job then took him and Georgia to Bakersfield, finally retiring in Leisure World, Seal Beach in 1999. Her life in Leisure World was full, from attending the First Christian Church, delivering Meals on Wheels and the local LW Weekly paper to volunteering as a greeter at the Health Center for many years. Georgia loved family gatherings, crafting, playing cards and traveling. Her car was on auto-pilot to the nearby shopping malls. Her love of music and dance took her to all the summer music concerts. she had a special love for animals from her cow, Baby, to her beloved cat, Charlie.

Georgia was loved by all who knew her and will be missed. Now she is lovingly and peacefully in God's hands.

Her celebration of life will be held at First Christian Church in Leisure World, 2450 N. Gate Road, on Saturday, Nov. 14, at 12:30 p.m.

....

- Maria Kramer 78
 - Robbin Bickston 60
 - James Cox 60
 - August Bussi 79
 - Lance Cranston 61
 - Douglas Ludden 76
 - Robert Weatherman 68
 - Robert O'Brien 79
 - Jean McKinzie 90
- Families assisted by
McKenzie Mortuary,
961-9301
—paid obituary

Medicare Annual Enrollment ZOOM Meetings

**BIG CHANGES
COMING
in 2021!**

**Free Meal
VOUCHER**

FREE MEAL Voucher for meal given to all attendees.

VIRTUAL ZOOM MEETINGS

At our Medicare Annual Enrollment meeting, we will be discussing and updating you on all of the changes for 2021.

Don't worry, virtual support is available to all attendees.

Space Limited—Do not miss your window! RSVP: 877-242-6760



Carla Ibarra
CELL: 714-334-4719
TTY 711 M-F, 9a-5p
License #0142804
Check out my short video at:
cibarra.onlinehealth.news



Events are for educational purposes only, no plan specific benefit information will be shared. For accommodations for persons with special needs at meetings call 877-242-6760 TTY 711, hours 8-5 M-F. Free gift with no obligation.

**October
21st/11am
28th/11am**

**November
5th/11am
12th/11am
18th/11am
23rd/11am**

**Space Limited—Do not miss your window!
RSVP: 877-242-6760**



Make the one choice that takes care of everything.

Choose MemorialCare.

Life is full of surprises. That's why we're here. Choose MemorialCare this open enrollment for leading healthcare when and where you need it. With access to virtual or in-person care from nationally renowned experts at more than 200 locations from the South Bay to San Clemente. After all, you can't predict life's surprises. But you can prepare for them.

Learn why MemorialCare is right for you.

877-MYMEMCARE (696-3622)
choosememorialcare.org



Religion



Community Church's missions team: Peggy Coles (l), Pastor Johan Dodge, Joyce Reed and Kelly Frankiewicz. This picture was taken before COVID-19 regulations. This year's sock drive started on Nov. 2. Donations can be dropped off at the church Monday-Thursday from 9:30 a.m.-1:30 p.m.

COMMUNITY CHURCH

The “Sock it to ‘Em” sock drive starts this week

By Johan Dodge
Reverend

Community Church is changing things up. This Sunday is the first Sunday of the Christian year. The Christian calendar doesn't follow the Roman calendar that we use to tell time. The Christian calendar begins with Advent, a season of preparation for the birth of Jesus at Christmas. In recent decades, there has been a movement to begin Advent earlier — a

seven week Advent, and because starting the year early means the current year ends sooner, it seemed like a good idea. The theme for this year is “Carved by Love: A year of Good News.” The first week of Advent is about gratitude. Gratitude can be difficult in the midst of COVID-19, but it is a discipline that is also life transforming.

To hear this teaching as well as some worship music, tune in Sunday morning at 9:50 on Face-

booklive, @communitychurchleisureworld. To join the virtual fellowship, call the church office or email leisurewccsue@yahoo.com. If you don't have a computer or Facebook, you can call (562) 431-2503 and listen to the weekly message on Sunday evening.

Communion is served the first Sunday of month at 1 p.m. in front of the church. The elements are pre-sealed for safety, and the liturgy is part of the morning

COMMUNITY, page 17

LW Baptist

By Rolland Coburn
Pastor



Rolland Coburn

The Bible holds great promises for us. God, Scripture says, is our daily burden-bearer. “Blessed be the Lord, who day by day bears our burden, even the God who is our salvation. Selah” (Psalm 68:19).

“Rolled away, rolled away, rolled away/ Every burden of my heart rolled away/ Every sin had to go/ Neath the crimson flow, hallelujah.”

This gracious word may remind you of our king's invitation in Psalm 55:22, “Cast your burden upon the Lord and he will sustain you. He will never allow the righteous to be shaken.”

The Lord reviews the history of his intervention for his people. Referring to the Exodus from Egypt, he recalls, “I removed the burden from their shoulders” (Psalm 81:6). He is referring to their oppressive, hard manual labor, building storage cities for Pharaoh. He reminds them that he set their hands free from their basket-loads of heavy mud bricks.

He tells them they were able to weather the inhospitable wilderness for 40 years before reaching the Promised Land because “you saw how the Lord your God carried you, just as a man carries his son, in all the way which you have walked until you came to this place” (Deuteronomy 1:31).

“Every day the Lord himself is near me/ With a special mercy for each hour/ All my care he fain would bear and cheer me/ He whose name is counselor and power/ The protection of his child and treasure/ Is a charge that on himself he laid/ As thy days, thy strength shall be in measure/ This the pledge to me he made.”

Not content to limit his rescues to the past, the Lord vows, “Even to your old age I will be the same. And even to your graying years I will bear you! I have done it, and I will carry you. And I will bear you and I will deliver you” (Isaiah 46:4).

The Gospel songwriter put it this way; “Help me then in every tribulation/ So to trust Thy promises, O Lord/ That I lose not faith's

LW BAPTIST, page 22

ENVISION A BETTER TOMORROW 2020 MOVE-IN SPECIAL

\$20 community fee, \$20 first month's rent, and lock-in your monthly rent at the current rate for your first two years of residency.*



Focus on the future and set your sights on Katella Senior Living Community. See how the move to senior living will make tomorrow better.

Call Anna 562-596-2773 to ask how to lock-in your monthly rent for two years!



KATELLA
Senior Living Community

*Monthly rent refers to the monthly rate in effect August 1, 2020 for each unit type. Move-in special available when the residency agreement is signed by December 31, 2020. Move-in special does not apply to second person fee, pet fee, care services or packages, or a la carte service charges.

ASSEMBLY OF GOD

Services at the Amphitheater start Nov. 8

By Norma Ballinger
LW contributor

Assembly of God will meet on Sunday, Nov. 8, at 11 a.m. in the Amphitheater. Do not arrive before 10:45, as maintenance will need to sanitize the area. Be sure to wear a mask and follow any guidelines given by GRE.

Denise Smith will lead worship and associate pastor Dan Ballinger will provide special music. Pastor Sam Pawlak will bring a message of encouragement and thankfulness.

Romeo and Juliets will meet on Nov. 10 at 11 a.m. for fellowship. God is wonderfully generous by nature; to give is his delight. Psalm 84:11 says, “The Lord bestows favor and honor.” These two things always go together, honor is favor in its Sunday best.

Kill: Mold - Bacteria - Viruses
Everytime you use your heatpump!

The GERM-KILLING
UV LED LIGHT for
MINI-SPLITS

Available for ALL types of heaters and A/C



CALL
714-821-7070

Church of Jesus Christ of Latter Day Saints

Jim Greer
LW contributor

During the Saturday afternoon session of the October General Conference, Elder Dieter F. Uchtdorf reassured members who have been impacted by COVID-19, “We plead with Heavenly Father to comfort and console you. We pray mightily that God will open the windows of heaven and fill your lives with God’s eternal blessings.”

Elder Uchtdorf testified that the virus “did not catch Heavenly Father by surprise.” He assures us that our heavenly father has prepared the church and its members for this time. We can and will move forward and become better followers of the savior.

Uchtdorf affirmed that we are like seeds, with the ability to reach our potential as we rise from beneath the earth and sprout. Though we may feel buried under our trials, the heavenly father’s love and the Gospel’s blessings will bring an unimaginable future.

Church history and the scriptures teach that the righteous are not given a free pass from the “valleys of shadow.”

The savior, who spent so much of his life ministering to the sick, the lonely, the doubting and the despairing, is no less concerned about us today.

As followers of Christ, we expect difficult times. And during those times, we learn principles that strengthen our character and draw us closer to God. We know that the heavenly father sees our suffering and will not abandon us.

Elder Uchtdorf testified that “God will watch over and shepherd you during these times of uncertainty and fear. He knows you. He hears your pleas. He is faithful and dependable. He will fulfill his promises.”

For each of us and the church collectively, God has something unimaginable in mind for us: “a marvelous work and a wonder.”

Walking that road to safety requires that we return to the fundamentals, the essential Gospel principles. We strengthen our private religious behavior, such as prayer and scripture study and keeping the commandments, and we make decisions based on these best practices. We focus on the things we can do and muster our faith. And we must always listen for the spirit of the Lord and follow the prophet to lead

us to safety.

This is the Church of Jesus Christ. He is at the helm. You can see his hand in these recent advancements:

- The sacrament reemphasized as the center of our Sabbath worship.
- The new home centered Come, Follow Me study program that strengthens individuals and families.
- The higher and holier way of ministering to one another.
- Technology that permits the sharing of the gospel and expansion of the Lord’s work. Even the General Conference would not be possible without the tools of technology.

Elder Uchtdorf concluded, “I bear my witness that this is God’s work, and he will continue to do many unimaginable things among his children. God holds us in the palm of his caring and compassionate hands. I invite and bless you to cheerfully do all things that lie in your power, and then may you stand still, with the utmost assurance, to see the salvation of God and for his arm to be revealed. And I promise that the Lord will cause unimaginable things to come from your righteous labors.”

Beit HaLev

Beit HaLev and Rabbi Galit Shirah invite all to attend Zoom services every Shabbat evening and morning. Anyone interested in joining the Beit HaLev Zoom community for services and Hebrew classes should contact the rabbi at (562) 715-0888 for access and instructions on how to use Zoom.

Beit HaLev continues to livestream on Facebook as well. To attend, go to Rabbi Galit Shirah’s website at galityomtov.com or [Facebook.com/galityomtov](https://www.facebook.com/galityomtov). Evening services begin at 6, and morning services begin at 10:30. A link to the PDF version of each prayerbook, “Lev L’Lev,” is provided at each service.



Rabbi Galit Shirah

BEIT HALEV, page 22

Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the 32nd Sunday on Nov. 8.

The First Reading is from Wisdom 6:12-16, and the Second Reading is 1 Thessalonians 4:13-18. The Gospel reading will be from Matthew 25:1-13.

Holy Family, page 22

COMMUNITY

From page 16

worship on Facebook. Those who come must wear a mask and maintain distancing. The Communion table is an open table; all who wish to receive Communion may come and participate. You do not need to be a member of the church.

Community Church’s Missions Team is sponsoring the annual “Sock it to ‘Em” sock drive for veterans. Donations of new white men’s or women’s socks or cash/check donations toward the purchase of socks are accepted. The church office is open to receive donations Monday-Thursday from 9:30 a.m.-1:30 p.m. Those who prefer to have someone pick up donations should contact the church office at (562) 431-2503. The socks will be delivered to the VA Hospital in Long Beach.

If you are in need without another way to address it, call the church office at (562) 431-2503.

News copy deadline is **4 p.m., Thursday,** one week prior to the desired publication date.

FREE PRESCRIPTION DELIVERY!

LEISURE WORLD PHARMACY

1661 Golden Rain Road • Seal Beach, CA 90740

Phone: (562) 795-6202 Fax: (562) 596-2625

Monday-Friday: 9am-5:30pm



Get to know your neighbor

Located in and Committed to the Leisure World Community

- We Accept ALL Major Health Plans including Caremark and SCAN
- Mail Order is NOT Always Required by Insurance
- Let Our Friendly Staff Help You With Your Options
- We offer Durable Medical Equipment including Walkers, Lift Chairs, Wound Care Supplies and Stockings
- Fast & Friendly Prescription Service
- Contact Us for More Information

25% OFF!

Any One
Good Neighbor
Pharmacy Product



FREE!

WITH ANY \$10 PURCHASE
Pink Bismuth
Anti-diarrheal



Valid only while supplies last. Not valid on prescription co-pays. Not valid with any other special, coupon or reduced price offer. Not valid on purchases reimbursed by Medicaid, Medicare, a Medicare Part D or Medicare Advantage plan, TRICARE, the Federal Employees Health Benefits program or any other state or federal medical or pharmaceutical benefit program or pharmaceutical assistance program, or where prohibited by law. Void if reproduced, altered or expired. Customer must pay any sales tax. Minimum purchase will be calculated prior to tax. Cash value 1/100¢.

Valid only at LEISURE WORLD PHARMACY • Valid 11/01/20 — 11/30/20
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

Valid only at LEISURE WORLD PHARMACY • Valid 11/01/20 — 11/30/20
Limit one item per customer. Non-prescription items only. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

Puzzles & Comics

Answers on page 23

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

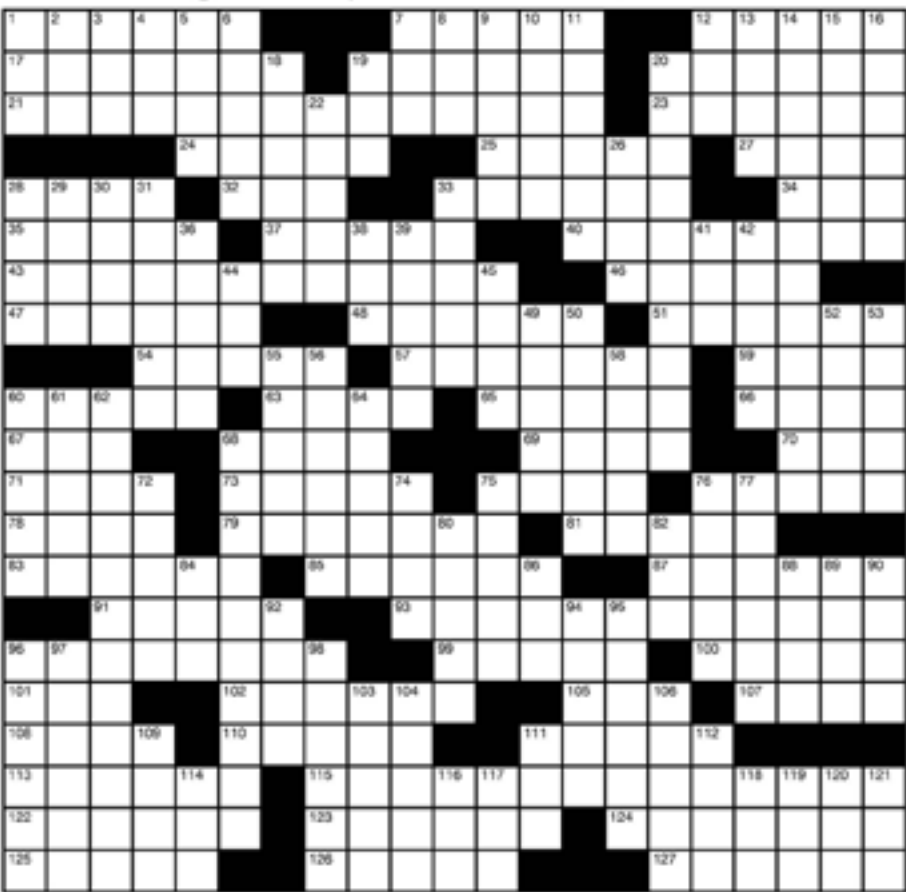


ACROSS

- 1 Take turns
- 7 Ferber favorite
- 12 ___ Doody
- 17 Best time for beachcombers
- 19 Period of youth
- 20 Blubber
- 21 Perch on the rocks?
- 23 Lounge devotee
- 24 Crab's expression
- 25 Port city near Sapporo
- 27 Other
- 28 Disaccustom
- 32 German article
- 33 County Kerry port
- 34 Electric slitherer
- 35 ___ a sudden
- 37 "You can ___ horse. . ."
- 40 Wrecks
- 43 Visually challenged fish?
- 46 Bundle
- 47 Whoever
- 48 Fashions
- 51 Boardwalk feature, often
- 54 Take for a sucker
- 57 Large sea bass
- 59 List ender
- 60 Giggle
- 63 Feminine finish
- 65 Take the floor
- 66 Eat at eight
- 67 Gold, in Granada
- 68 Naive one
- 69 Colleen equivalent
- 70 1,200, to Cato
- 71 Is green around the gills
- 73 Fragrance
- 75 "Ta-Ra-Ra-Boom-___!"
- 76 White as a ___
- 78 Inner-Hebrides island
- 79 Fish with curt comments?
- 81 List of candidates
- 83 Broncobusters, e.g.
- 85 ___ Zone: hot spot
- 87 Least
- 91 Take up
- 93 The fish that got away?
- 96 Rode a tandem
- 99 Waffle topper
- 100 After Diciembre
- 101 Query
- 102 "___ like of a hidden brook": Coleridge
- 105 Rat race retreat
- 107 Little biting fly
- 108 Dundee denials
- 110 Robin of baseball
- 111 Tailor's measure
- 113 "Always a . . . , never ___"
- 115 Ray on the endangered list?
- 122 One without
- 123 Ocean-warming current
- 124 Hankered
- 125 Director Woody
- 126 Change, as the clock
- 127 Sidewinders, say

Something's Fishy

Edited by Linda and Charles Preston



©2020 Tribune Content Agency, LLC. All rights reserved.

11/8/20

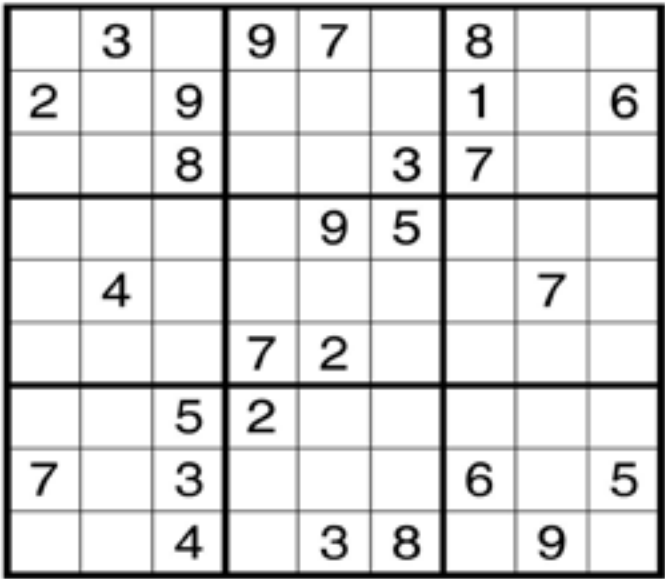
DOWN

- 1 Field judge, for short
- 2 Yum-Yum's sash
- 3 One of Turner's TV channels
- 4 Olympic VIP
- 5 Spanish uncles
- 6 Draw out
- 7 Piglet's parent
- 8 ___ scale of . . .
- 9 Ulan ___
- 10 "___ Kick Out of You"
- 11 Richard's successor
- 12 ___ polloi
- 13 Leak out slowly
- 14 Great fun at the pool?
- 15 Big Band name
- 16 Yelps from the Alps
- 18 Star in the Nantes sky
- 19 Dolphins' gp.
- 20 Sad swindlers?
- 22 Had
- 26 Female sandpipers
- 28 Doo-wop sound
- 29 Dash: Fr.
- 30 Bedfellow

- 31 A ___ situation: sure thing
- 33 Inventory-___
- 36 Property divider
- 38 Prone
- 39 Sad song
- 41 Painter Gerard ___ Borch
- 42 Sped
- 44 Affirmative
- 45 "Country" Slaughter
- 49 Two beats per measure
- 50 Asparagus units
- 52 Hornpipe, for one
- 53 Vote in
- 55 Hear about, say
- 56 Small naval craft
- 58 Prop for Picasso
- 60 "Here's to you!", e.g.
- 61 Actress Eleniak
- 62 Great Scott!
- 64 Conductor's concern
- 68 Band member?
- 72 Rundown
- 74 Spring mos.
- 75 With subtlety or sarcasm
- 76 McQueen or Martin
- 77 Conforming
- 80 Irregularly notched

- 82 Where the Limpopo flows: abbr.
- 84 Legendary bird
- 86 "___ Rosenkavalier"
- 88 Not odd
- 89 Marsh bird
- 90 Jog along
- 92 " . . . a ___ 'clock scholar"
- 94 Sarandon of film
- 95 Hoity-toity
- 96 Fruit for a split
- 97 Author Allende of Chile
- 98 Fire quencher
- 103 Colored linen tape
- 104 Musial, et al.
- 106 Whence the phoenix rose
- 109 Stroke or swipe start
- 111 Press one's suit?
- 112 ___ Shan: Asian mountains
- 114 Cub's pack
- 116 Make flies for fishing
- 117 Common ender
- 118 Gun lobby
- 119 Squid's squirt
- 120 Bee follower?
- 121 Mag moguls

Sudoku 1



9 To 5 By Harley Schwadron



SCRABBLE G R A M S

Unscramble these four Scrabbles, one letter to each square, to form four ordinary words.

BEATA

LORTL

PHSSLA

TETAST

PAR SCORE 265-275
BEST SCORE 333

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

BEATA

LORTL

PHSSLA

TETAST

Check out the new, free JUST JUMBLE app

Round round get around, I get around, yeah -

Traffic will really flow now

I can't believe you hired the Beach Boys!

WHEN THEY BUILT THE NEW ROUNDABOUT, THEY PULLED OUT

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

I am an actress born in California on November 6, 1946. I was a high school cheerleader before getting my acting break as a teenager. I also played a flying nun. I've starred in many top films, including one with Tom Hanks.

					9			
				2			8	1
		8						
7		1		8	3			2
	4				1			
				5		9		
1	8						6	
3						2		7
	9		3				4	

Level: Intermediate

Puzzles & Comics

Answers on page 23

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to aviation.
Each number corresponds to a letter.
(Hint: 22 = T)

- A.** **19 18 15 10 16 22**
Clue: Soaring through the air

- B.** **23 15 20 10**
Clue: Part of an aircraft

- C.** **7 18 22 15 22 13 26 25**
Clue: Height of an object

- D.** **7 5 9 25 20 22**
Clue: Climb upwards

Boggle®

BrainBusters!™

B	U	P	H
W	O	I	S
G	O	K	E
A	G	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Gamer
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT FIVE-LETTER COUNTRIES in the grid of letters.

2-16-20
BOGGLE is a trademark of Hasbro, Inc. © 2020 Hasbro, Inc. Distributed by Tribune Content Agency, LLC. All Rights Reserved.

AVIATION WORD SEARCH

O	L	K	O	O	E	R	N	I	J	L	S	R	U	N	H	A	R	F	H
F	L	L	D	D	A	E	F	Y	A	O	T	F	E	J	T	F	V	L	M
V	V	C	L	J	L	T	U	C	E	R	P	C	L	D	M	T	D	A	J
E	M	N	L	F	E	E	C	U	R	T	B	V	V	A	E	G	G	P	N
G	N	S	A	K	U	M	H	P	O	N	G	B	N	E	N	J	E	S	J
A	P	V	V	O	N	I	A	F	N	O	Y	O	M	O	N	D	P	Y	F
L	C	J	I	G	E	T	R	H	A	C	E	N	G	I	N	E	I	D	H
E	K	L	R	U	F	A	T	F	U	D	J	U	A	H	Y	N	K	N	B
S	V	I	A	M	V	N	E	N	T	N	M	S	F	B	O	S	I	K	G
U	N	A	F	L	A	V	R	K	I	O	C	Y	E	I	T	A	J	S	T
F	K	R	G	E	P	L	N	I	C	R	A	U	T	R	N	S	V	R	J
T	O	F	F	C	I	P	E	U	S	G	M	A	E	G	P	E	N	O	M
M	R	O	L	N	L	R	R	R	V	V	I	S	L	E	K	D	Y	V	K
A	S	I	I	A	O	H	B	S	A	E	S	E	E	U	T	S	F	H	P
S	V	L	G	R	T	J	M	C	O	R	R	D	T	I	F	C	H	H	B
U	J	U	H	A	J	E	A	G	S	M	A	R	L	H	G	T	U	S	O
B	K	R	T	E	U	G	C	G	T	P	Y	K	C	J	J	O	B	K	N
U	T	F	B	C	N	Y	F	L	E	B	C	T	R	E	C	U	I	D	H
C	L	E	V	E	L	Y	B	D	L	B	Y	J	I	R	P	B	E	U	M

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

AERONAUTICS
AIRFOIL
ALTIMETER
ANGLE
ARRIVAL
AVIATION
CAMBER
CHARTER
CLEARANCE
DEPARTURE
DESCENT
DISTRESS
ENGINE
FLAPS
FLIGHT
FUSELAGE
GROUND CONTROL
JOYSTICK
LANDING
LEVEL
LIFT
MANEUVER
PILOT
SPEED

Professional Services

Room Additions / All Improvements

J.C. KRESS
CONSTRUCTION

OUR 27th YEAR

Family Owned & Operated
LW References Available

714-282-0559

Los Al Builders

(714) 379-3500

Experience Our Experience
Remodeling Leisure World For Over 30 Years

Carlos Ayala
www.LosAlBuilders.com

St. Lic. # 1060993

Income Tax

- Financial Planning and Bill Paying
- Trust Administration

Lenning & Co., Inc.
Certified Public Accountants

(562) 594-9729

Leisure World Shopping Center
13924 Seal Beach Boulevard, Suite C
Same location since 1979

MARK GAMBOA
CONSTRUCTION LLC

714-797-4129

General & Electrical Contractor

Remodeling
Kitchen, Bath, Lighting, Electrical

markgamboa23@gmail.com
CA Lic #826496

Confused about Medicare?

Call TODAY for your no-cost benefit review!

Sandra Teel
(657) 204-4224

Email: steelmedagent@gmail.com

By calling the number above, you will be directed to licensed insurance agent.

aga Medicare Options
Lic. #4031244

Alpha Master Builders Inc.
BUILDING RELATIONSHIPS THROUGH QUALITY AND INTEGRITY

For all of your home remodeling needs.

(562) 208-5526

thedreamkitchen4u@gmail.com
#B921621

In-home care for a better quality of life.

Right at Home
In Home Care & Assistance

562.653.4480 | www.rahwestoc.com

Serving Leisure World since 1989

COAST FACTORY BLINDS

Residential Custom Design Installation

Free Installation • Free Estimates
Vertical Blinds, Cell Shades
2" Blinds & Shutters

562 493-4228

Lic. #1057064

Katherine A. Brennan
Insurance Agency

Condos • Home • Auto • Business • Golf Carts

(562) 594-8787
(562) 706-5879

sealbeachinsurance@gmail.com
2999 Westminster Ave. #225 - Seal
Beach Village Shopping Center
Use North Lobby Entrance elevator
License # 0C69869

D B Handyman
Available for Outside Projects

Patio Enhancements • Haul-Away
Plumbing Upgrades • Carpentry
Painting • Senior Living Modifications

21 Years Serving LW
562-841-3787

SB Lic # BRA0002

CANNON LEGAL FIRM

Dana M. Cannon, Esq.
(562) 543-4529

FREE CONSULTATION - WILL COME TO YOU

ESTATE PLANNING & ADMINISTRATION
Living Trusts • Probates • Trust Administration
Litigation • Pet Trusts • Conservatorships

WWW.CANNONLEGALFIRM.COM
DANA@CANNONLEGALFIRM.COM
3020 OLD RANCH PARKWAY, SUITE 300 SEAL BEACH, CA

Advertise here for \$30 per week
10 consecutive weeks, minimum

Call 430-0534

Advertise here for \$30 per week
10 consecutive weeks, minimum

Call 430-0534

BA CONSTRUCTION

Bruno H. Alvarez
Lic. #1020244

- Electrical
- Plumbing
- Skylights
- Kitchens
- Room Additions
- Remodeling
- Counter Tops
- Bathrooms
- Washer/Dryer
- Storage Closets

562.755.7472

Safety First Service

Grasp, LLC
Technology Services

Grasp Technology

(714) 263-6240
David Wooten
Grasptv.services@gmail.com

Technology Services
Computer, TV, and Devices
Troubleshooting and Setup

Advertise here for \$30 per week
10 consecutive weeks, minimum

Call 430-0534

Are you turning 65 soon? Confused about Medicare?

I am a licensed insurance agent and a Leisure World resident.

I specialize in Medicare products and can assist you whenever you are ready at no cost to you!

Contact me today for your free consultation.

Linh Diep
(714) 721-1548
License #0M45656
linhdiephb@gmail.com

By calling the number above, you will be directed to a licensed insurance agent.

Alpine
Heating & Air Conditioning

Specializing in Serving Leisure World Residents

We service & install **MITSUBISHI HEAT PUMPS**

Free Installation Estimates
Sales • Repair • Installation

Lowest Prices In Town
All Work Guaranteed

714-901-0552

Cal. St. Lic. # 719734

Advertise here for \$30 per week
10 consecutive weeks, minimum

Call 430-0534

Professional Services

Room additions
Remodeling
Skylights
Kitchens
Bathrooms
Countertops
Storage closets
Washer/Dryer
FREE ESTIMATES
LW REFERENCES

John M. Bergkvist
GENERAL BUILDING CONTRACTOR
State Lic. #638079
562 - 433-3052


**LIVING TRUSTS
ESTATE PLANNING
PROBATE
CONSERVATORSHIPS**
House Calls - Free Consultation
(562) 280-0999
James E. Foden, Attorney at Law

WINDOW · DOOR · SKYLIGHT
LW Resident providing personal service at the lowest price.
SWENMAN CO.
We Accept Credit Cards
562- 430-2265
St. Lic. 413207 · Seal Beach Swe001

**Advertise here
for \$30 per week**
10 consecutive weeks, minimum
Call 430-0534

 **Special Offer**
20% OFF ANY UNIT*
You are invited to the Premiere Self-Storage Facility for the area. Safety and Security are our top priority.
13090 Old Bolsa Chica Road, Westminster
714-373-0062 *New Rentals Only

 **KK**
Konrad Construction
•Kitchens •General Contractor
•Bathrooms •Counter Tops
•Room Additions •Home Remodel
•Flooring •Patio Enclosures
Lic.945818 **Call for FREE Estimates**
kkonstruktion@gmail.com **562-715-3821**


Chris Kim (김인철)
Berkshire Hathaway HomeServices
Realtor® DRE #00980404
www.LWChris.com
(424) 247-4542
Chris can find the best one for you!
원하시는 최상의 집과 구입자를 찾아드립니다!
Woodbury Univ. BS, Cal. Theo. Seminary M.Div.
인천교대부국 상도중학교 경기고등학교 졸업

**Advertise here
for \$30 per week**
10 consecutive weeks, minimum
Call 430-0534

**Are you Frustrated
With Your Computer?**
PC, MAC, Cell Phone, Tablet, TV or Stereo
I will come to you.
Call Me... Let me help you.
Tina Schaffer
(562) 755-6199
Serving residents for 14 years 

 You Need It, We Can Do It!
Church Stage Design
Lighting
Electrical Repair
Patios & Decks
Fan Installations
TV Entertainment
Drywall Repair
Doors & Windows
Picture Hanging
Minor Plumbing
And MORE...
(888) 320-5558
www.KleinsHandyman.com Licensed and Insured

**GRECO
CONSTRUCTION**
**ROOM ADDITIONS, PATIOS
KITCHEN & BATH REMODELS**
Excellent LW Referrals
714-330-3523
ST. LIC # 992336 grecodesigndev@gmail.com

WATCH & JEWELRY REPAIR
 **ROLEX**
INDEPENDENT SERVICE
CLOCK REPAIRS
Watch Batteries \$15⁰⁰
Most watches
Old Coupons Are Cancelled
FREE Pick-up & Delivery
SAVE this coupon
Fanny & Luis (LW residents) **562-799-9934**

**Advertise here
for \$30 per week**
10 consecutive weeks, minimum
Call 430-0534

**Advertise here
for \$30 per week**
10 consecutive weeks, minimum
Call 430-0534

L&S core construction inc.
Remodeling
• Kitchen & Bath • Flooring
• Room Additions • Painting
• Washer/Dryer Enclosures • Patio
English **714-900-0307** Korean 한국어
FREE Estimates
LNScoreconstruction@gmail.com ~ Lic. 1026807


Martin
MP CONSTRUCTION
mp.construction2@aol.com
562-746-5400
Lic.# 954725


CA. LIC.#1053255
**All home improvements
Quality work**
*Beautifying Leisure World
for over 20 years*
**Marco Garcia
General Contractor**
562-726-2476

LIVING TRUSTS
\$499⁰⁰ SINGLE \$699⁰⁰ MARRIED
First Time Clients. Simple Estates.
**Living Trust & Pour-Over Will
Home Transferred to Trust
Power of Attorney Documents**
OTHER SERVICES
+ Probate Administration
+ Trust Modification
+ Small Estate Affidavits
+ Legal Name Changes
Service Includes:
• Two visits w/Attorney
• FLAT RATES
• AFFORDABLE FEES
Web site: www.amstrustlaw.com

10 Minutes from Leisure World
[714]899-9671
Initial consultation free to establish a trust.
Law Offices of Allan M. Soto, Inc.
7960 W. McFadden Ave. • Westminster, CA 92683

First Christian Church

By Bruce Humes
Pastor

"Now as they spoke to the people, the priests, the captain of the temple, and the Sadducees came upon them, being greatly disturbed that they taught the people and preached in Jesus the resurrection from the dead. And they laid hands on them, and put them in custody until the next day, for it was already evening" (Acts 4:1-3 NKJV).

The apostles Peter and John are arrested for healing a lame man and preaching about Jesus and his resurrection from the dead to people. This was upsetting to all those in authority, and they jailed them over night. The next day, they brought them before the rulers, elders, scribes, Annas the high priest, Caiaphas and others for questioning. "By what power or by what name have you done this?"

"Then Peter, filled with the Holy Spirit, said to them, 'rulers of the people and elders of Israel: If this day we are judged for a good deed done to a helpless man, by what means he was made well, let it be known to you all, and to all the people of Israel, that by the name of Jesus Christ of Nazareth, whom you crucified, by whom God raised from the dead, by him this man stands here before you whole'" (Acts 4:8-10 NKJV).

Peter makes it clear that it wasn't him who healed the lame man, but through the name of Jesus of Nazareth.

Peter continues to explain this Jesus to them in Acts 4:11: "This is the stone which was rejected by you builders, which has become the chief cornerstone." Peter is quoting from Isaiah 28, the prophet of old, who prophesied some 700 years earlier about a chief cornerstone who would be rejected. As high priests, rulers and scribes of the Jews, this quote should have made their hair stand up, but it didn't; they continued in their denial and rejection.

The apostle Paul writes in Ephesians 2:19-21, concerning this chief cornerstone, "Now therefore, you are no longer strangers and foreigners, but fellow citizens with the saints and members of the



Bruce Humes

BEIT HALEV from page 17

The Torah reading this week is from Genesis 19:1-20:18, called "Vayera," "[he] appeared." This section of the Triennial Cycle is the account of the two messengers that visit Lot and his family in S'dom to warn them that they must flee the city before the impending destruction of S'dom and Gemarrah. Lot's wife disobeys the command to "not look back" and is turned into a pillar of salt. Lot and his two daughters believe that they must be the sole survivors on earth and the daughters devise a plan to get their father drunk and seduce him and become pregnant so that there will be future generations. Those future generations become the Moabite and Ammonite tribes.

Rabbi Galit Shirah conducts a weekday Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom has livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and hear a spiritual message, go to SimShalom.com.

Rabbi Galit Shirah's Zoom classes will resume this month after Election Day. Prayerbook and Modern Hebrew classes are currently available, and a Talmud class is being planned. For information, contact the Rabbi at (562) 715-0888 or duets@icloud.com.

Faith Christian Assembly

Did you know that statistics tell us that 92 percent of Americans own a Bible, but not nearly that many actually read or even study it? In November, Faith Christian Assembly will take a deeper look and study what the word of God has to say. Bible study meets every Wednesday at 11 a.m. These studies help attendees in so many ways. Take advantage of what Faith Christian Assembly offers by coming to Bible study. The midweek Bible study is taught by Pastor Sheri Leming in the Garden Room.

Out of an abundance of caution, Faith Christian Assembly will take your temperature at the door, and you will be asked to wear a mask, especially before and after service, and sit socially distant from others. If you are ill, we ask that you stay home.

Grief Share meets on Wednesdays at 2 p.m.

To receive a free newsletter and more information on the church, call (562) 598-9010 or visit our website at www.FCAchurch.net.

HOLY FAMILY

From page 17

Exposition of the Blessed Sacrament

Join Holy Family congregation as it loves and adores Jesus in the Blessed Sacrament on Friday, Nov. 6, concluding with Holy Hour from 4-5 p.m.

First Friday Devotion

"I promise you, in the excessive mercy of my heart that my all powerful love will grant to all those who receive Holy Communion on the First Friday for nine consecutive months, they shall not die in my disgrace nor without receiving the sacraments; my divine Heart shall be their safe refuge in that last moment." Our Lord to St. Margaret Mary.

The Sacrament of Reconciliation is available First Friday at 9:15 a.m.

Masses

If you would like to receive a copy of the weekly parish bulletin, you can sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>.

The church is now open to public entry and can return to its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon.

Those who attend must wear a mask or face shield, sit socially distanced and use hand sanitizer upon entry into the building.

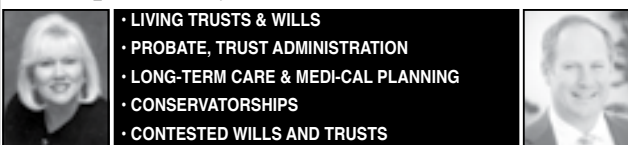
Parish Office

The parish office is now open. Office hours are Monday-Friday, 9 a.m.-3 p.m.

FIRST CHRISTIAN, page 23

Professional Services

Debra Halvarson Groh and The Alvarez Firm
Attorneys At Law
Complimentary Initial Phone Consultation



3030 OLD RANCH PARKWAY, SUITE 160, SEAL BEACH

(562) 684-2400

Closets & More by John Mercurio
Serving Leisure World
Exclusively Since 1983

Specializing in:

- Wardrobe Closets
- Organizers & Door Replacements
- Office Furniture & Bookcases
- Pull-out Drawers in Kitchen & Pantry
- Add Additional Cabinets in Kitchen & Bath

Call (562) 598-4552 or (949) 378-0616
or go online at customsbyJohn.com



G.L. Gunderson
CARPETS & INTERIORS

- CARPET
- LAMINATE
- ENGINEERED HARDWOOD
- VINYL WOOD PLANK (waterproof)
- NO WAX VINYL FLOORS
- WOOD BLINDS (verticles)

GGunderson1@verizon.net

(562)434-3775

Lic. #629553

Gordon Gunderson

RYDEN CONSTRUCTION
Est. 2001
QUALITY SERVICE

Lic# 981264

Specializing in
Window & Door
Replacements.

Free In-Home Consultations
714-373-0011

RYDENWINDOWS.COM

Nostalgic Books
Are Here!

Excellent Birthday Present!

Books for Ma, Pa and Friends...

"VINTAGE BEAUTY"
1940, Hollywood Classic Recipes

"RISQUE BEAUTY"
History Most Notorious Courtesans

"VINTAGE WEDDING"
Romance Recipes from 1920-1950

"ROSIE'S RIVETING"
Food Recipes, 1940 WWII Classic

"Making VINTAGE CANDY"
Recipes from WWII time

"ART DECO HAIR"
Hairstyles from 1920 - 1930

STREAMLINE PRESS
Retro & Nostalgic Book Publisher

Call
562.341.6128
Excellent pricing & immediate delivery!

LW Resident

GREENWOOD
HEATING & AIR INC.
www.GreenwoodHeatingAndAir.com

Sales — Service — Repair

"Your Leisure World Specialists"

\$150⁰⁰ off
New Heat Pump or Air Conditioner

THE POSSIBILITIES ARE INFINITE

All makes and models of Heat Pumps

714-821-7070
Lic. # 945655

Congregation Sholom

Rabbi Karen Isenberg will livestream services at 6:30 p.m. on Friday, Nov. 6, via Zoom. Rabbi Isenberg will also be on Zoom for Saturday morning services at 9:30 on Nov. 7.

Request the Zoom invitation with a text to Jeff Sacks at (714) 642-0122, or you can email jfsacks@gmail.com.

The Zoom link is <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429, and the passcode is 8ZYy69

If you have questions about how to join Zoom, call Jeff at (714) 642-0122 well in advance.

Those who do not have internet service can call the One tap mobile number, +16699009128,3752519429# US (San Jose), meeting ID: 375 251 9429. To call inside California is toll-free for most, but you may want to check with your phone provider.

Find your local number at <https://us02web.zoom.us/j/kccFliS7A7>.

Sunday, Nov. 8, is Bingo night at 4 p.m. led by Susan Michlin in the Facebook rooms on the Congregation Sholom page.

On Thursday, Nov. 12, Congregation Sholom will have a Zoom challah bake. Cost for supplies is \$15. RSVP to Susan Michlin to receive a kit by Nov. 6. You can pick up your kits on Nov. 11. Check with Jeff Sacks for a Zoom invitation.

Electric Shabbat Candles are available for \$8. This will enable you to light on Friday night and keep them burning until after Havdalah on Saturday night without a risk of fire. Contact Carol Levine if you want a set. They have graciously been obtained for us in Leisure World by Rachel Berkowitz of Chabad.

Those who want to participate in the livestreamed services on the Congregation Sholom of Leisure World Group Facebook page should contact Ron Yaffee at (562) 430-7040.

The LW Weekly: 430-0534

LW BAPTIST

From page 16

sweet consolation/Offered me within Thy Holy Word/Help me Lord, when toils and trouble meeting/Ever to take as from a father's hand/One by one the days the moments fleeting/ Till I reach the promised land."

Celebrating our burden-bearer reaches climax with the Hebrew word "selah." Selah essentially means "hip, hip, hooray!" It celebrates today what God has done and will do every day of our lives when we accept by faith his saving work for us in Christ and respond with praise to him and heartfelt thanksgiving for his great salvation.

FIRST CHRISTIAN

From page 22

household of God, having been built on the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone, in whom the whole building, being fitted together, grows into a holy temple to the Lord."

Peter explains a little more about this chief cornerstone: "Nor is their salvation in any other, for there is no other name under heaven given among men by which we must be saved."

John 11:25 says, "Jesus says to Martha, 'I am the resurrection and the life. He who believes in me, though he may die, he shall live.'"

In Ephesians 2:3-6, the apostle Paul wrote, "For this is good and acceptable in the sight of God our savior, who desires all men to be saved and come to the knowledge of the truth. For there is one God and one mediator between God and men, the man Christ Jesus, who gave himself as ransom for all, to be testified in due time."

We, the church, the "called out ones" would do well to remember just who the "chief cornerstone" is in the foundation of our faith and in whom we put our trust.

If you want to speak to someone at the church or if you have a need, call the church office at (562) 431-8810. Leave a recorded message and someone will return your call as soon as possible.

Religion Directory

The Religion Directory is to help LWers find out information about their church during the ongoing coronavirus situation. Pastors and church leaders can email laurieb@lwsb.com to submit contact updates or service livestream website addresses.

OBITUARIES deadline is 4 p.m., Monday, prior to publication.

Email Obituary Notices to laurieb@lwsb.com

with photos attached as jpg files.

Call (562) 472-1276 for more information

SCRABBLE G R A M S							SOLUTION	
D ₂	U ₁	S ₁	T ₁	M ₃	A ₁	N ₁	RACK 1 =	<u>60</u>
F ₄	A ₁	T ₁	T ₁	I ₁	S ₁	H ₄	RACK 2 =	<u>63</u>
V ₄	A ₁	C ₃	U ₁	I ₁	T ₁	Y ₄	RACK 3 =	<u>80</u>
S ₁	P ₃	I ₁	N ₁	A ₁	C ₃	H ₄	RACK 4 =	<u>67</u>
S ₁	L ₁	A ₁	C ₃	K ₅	E ₁	N ₁	RACK 5 =	<u>63</u>
PAR SCORE 265-275							TOTAL	333

Crossword Answers

ROTATE	SOBIB	HOWDY
EBBTIDE	NONAGE	BOOHOO
FISHOUT	OFWATER	LIZARD
SCOWL	OTARU	ELSE
WEAN	EIN	TRALEE
ALLOP	LEADA	DESTROYS
WALLEY	EDPIKE	SHEAF
ANYONE	TRENDS	ARCADE
SCALP	GROUPE	ETAL
TEHEE	ETTE	SPEAK
ORO	BABE	LASS
AILS	AROMA	DERE
SKYE	SNAPPER	SLATE
TAMERS	TORRID	FEWEST
ADOPT	SOLESURVIVOR	
BICYCLED	SYRUP	ENERO
ASK	ANOISE	SPA
NAES	YOUNT	WAIST
ABRIDE	SKATEON	THINICE
NEEDER	ELNINO	YEARNED
ALLEN	RESET	SNAKES

Sudoku 1 Answers

6	3	1	9	7	2	8	5	4
2	7	9	8	5	4	1	3	6
4	5	8	6	1	3	7	2	9
8	1	7	4	9	5	3	6	2
5	4	2	3	8	6	9	7	1
3	9	6	7	2	1	5	4	8
9	8	5	2	6	7	4	1	3
7	2	3	1	4	9	6	8	5
1	6	4	5	3	8	2	9	7

The Basic Rules of Sudoku:

- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
- When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

ABATE TROLL SPLASH ATTEST
When they built the new roundabout, they pulled out — ALL THE STOPS

Puzzle Answers

Puzzle page 18-19



Sudoku 2 Answers

5	1	6	8	3	9	7	2	4
4	3	9	5	2	7	6	8	1
2	7	8	1	4	6	5	3	9
7	6	1	9	8	3	4	5	2
9	4	5	2	6	1	8	7	3
8	2	3	7	5	4	9	1	6
1	8	7	4	9	2	3	6	5
3	5	4	6	1	8	2	9	7
6	9	2	3	7	5	1	4	8

Guess Who?
Sally Field

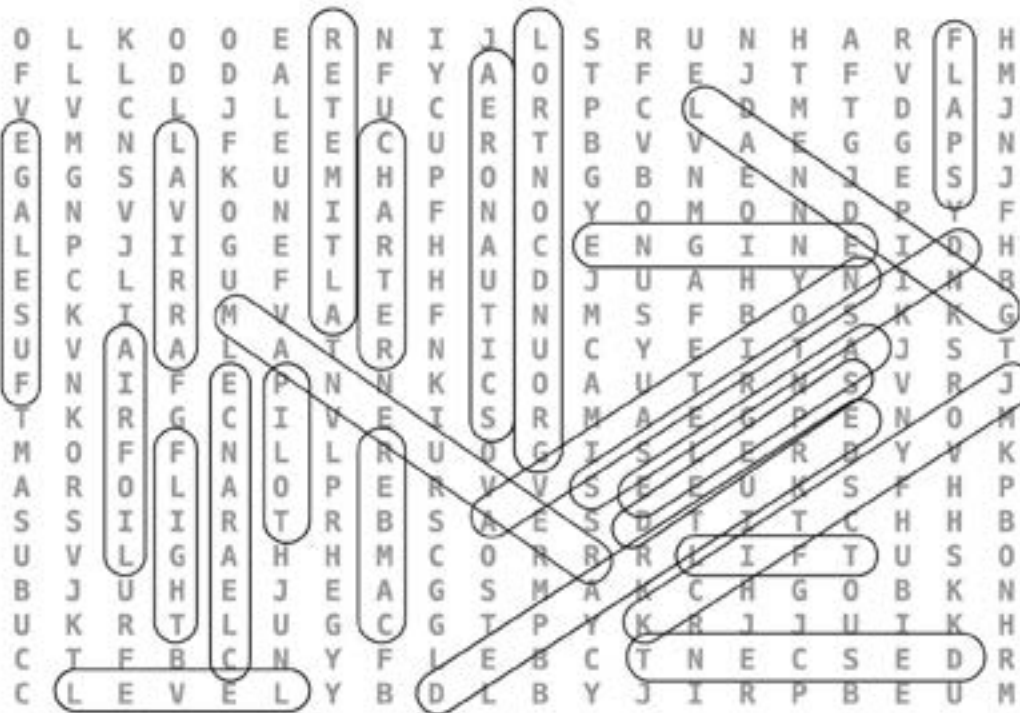
Crypto Fun Answers

A. flight B. wing C. altitude D. ascent

Boggle BrainBusters Answers

NEPAL CHINA CHILE INDIA HAITI ITALY JAPAN SPAIN

Word-Find Answers



Classifieds

GENERAL

AVON

Lenora Browning, LW Resident.
Phone 562-493-5457. Seal Beach
Business License #BRN000. 12/31/20

JAFRA

By Helen

LW Resident. (562) 419-3557
www.jafra.com/hwells
Cosmetics, fragrances.
Shop for holiday now.
Business License #WEL0015. 12/17

SHAKLEE

Delivered to your door.

LW daughter

Sandy Vander Woudefikse.

(562) 618-8731. 12/10

CBD Joint Relief Body Cream

By Restoor Skin Essentials.

Gina, LW Resident. 562-281-7103.
Business License #MCQ0015. 12/31

Anxious, sleepless?

Pure organic full spectrum CBD.

Pam Miller

(310) 227-1258. 11/05

Cat needs a home.

Earnie is a 14 yr. old flame point
Siamese cat. His beloved owner
passed away and he needs a new
friend to love. Earnie loves people,
but not other pets, he needs to be
a single pet. Please contact Lisa at
visualsinn@sbcglobal.net for photos
& more information.

GARDENING

FRANK'S GARDENING SERVICE

Complete maintenance and
landscape. Serving Leisure World
since 1978. Planting, clean-
ups, fertilization. New lawns,
etc. Offering my services to all
Mutual's. Honest and reliable. State
Contractor's License #779462. Call
562-863-7739, 562-743-3832 or
714-527-1172.

HANDYMAN SERVICES

Additions & Remodeling, Kitchen
& Bath Remodeling, Windows, Tile
& Stonework. State Contractor's
License #393071.

OGAN CONSTRUCTION, INC.

(562) 596-7757. 03/31/22

JR HOME REPAIRS. Quality work.
Perfectionist, honest & reliable.
Call JR 562-519-2764. SB Business
License #JRH0001. 07/08/2021



MP CONSTRUCTION General Contractor

Specializing in remodeling,
Additions, Reconstruction,
Window replacement and more!

Call for a free estimate.

562-746-5400.

License #954725. 04/22/21

BATHTUB & SHOWER REFINISHING

We refinish your TUB/SHOWER
to look brand new.

Convert to a WALK-IN

SHOWER and/or raise seat.

Nu Kote 562-833-3911

License #699080

Serving LW since 1999. 12/10

PAINTING

Painting - Free estimates. 1 room
or entire house & refinish kitchen
cabinets. Call Jerry (714) 826-8636.
CA State License #675336. 10/29

Affordable - Professional,
Licensed and Insured.

Interior - exterior drywall repair,
texturing, pressure washing,
cabinets. Senior discounts.

Cory Gee Painting 714-308-9931.

License #1049257. 01/07/21

FLOOR COVERINGS

310-261-0571

Interior Flooring Solutions

Hardwood floors, carpet,

laminate, vinyl planks.

25 years experience.

Contractor License 1043763. 12/24

CARPET & UPHOLSTERY CLEANING & REPAIR

All Year Carpet Cleaning since 1988.

Call Tito (562) 658 - 9841.

State Contractors Lic. #578194. 01/21

SKYLIGHT SERVICES

SKYLIGHTS

CLEAN, REPAIR, REPLACE.

Licensed and insured.

Dan (562) 841-3787.

Seal Beach License #BRA0002. 12/17

WINDOW WASHING

WANT CLEAN WINDOWS?

I Clean Inside & Outside Or...

Clean Outside Only and Save \$\$\$.

(562) 600-0014. LW Resident,

Rich Livitsky. Seal Beach

Business License #LIV0004. 11/05

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA
will assist residents with small non-
professional jobs. We change light
bulbs, clean air conditioner filters,
hang a small picture or mirror,
remove or place items on a high
shelf, air bicycle tires, etc. Donations
gladly accepted. Call weekdays
between 9 am-5 pm, (562) 596-9906.

"ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and
selling of your golf cart.

562-431-6859.

HOME CARE PERSONAL ASSISTANT

Maria's experienced caregivers, run
errands, Dr's appointments, cleaning,
cooking, part-time, full-time, live-in.
(562) 230-4648. Seal Beach Business
License #CAM0006. 12/31/20

I am an experienced caregiver
available to assist with daily care,
doctor's appointments, and errands.
Available 24/7. 949-899-7770. 12/31

CHRISTIAN HOME CARE

Referral Agency. Experienced,
knowledgeable caregivers, honest,
assertive, fluent English. Hourly/
full-time, doctor's appointments,
errands. Bernadine 562-310-0280.
Seal Beach Business License
#BCS0002. Bonded/insured. 12/10/20

MOST AFFORDABLE RATE af-
fordable rates with optimum service,
23 years experience LW, reliable,
honest caregivers. Licensed, 24 hour,
part time, doctors, appointments,
references, fluent English. Ann 714-
624-1911, Heidi 562-277-3650. Seal
Beach License #HYC0001. 12/31/20

EXPERIENCED CAREGIVER

Over 20 years in Leisure World
with Excellent References. Hourly
or Live-in. Please Call Pampet:
562-371-4895. Seal Beach License
PAN0003 12/31

No Paper By 9 A.M.?
(562) 430-0534
Before 10 A.M.
State Your Mutual
& Apt. Number

Do you need help getting things
done? Call "your personal con-
cierge." Home organization, running
errands, house/pet sitting, personal
shopper, post office services and
more! Reasonable rates.
Call or text Lisa (949) 432-1877. 11/26

Experienced caregiver, CNA, medi-
cation management, dementia,
diabetic care, doctor appointments,
errands, companionship, cooking &
cleaning. Overnight care available.
(714) 719-4951. 11/19

Elderly care. Live-in, live-out.
30 years of experience. Cooking,
cleaning, medications, companions,
doctors. Experience with dementia.
Lensed by the state.
Gloria 949-371-7425. 01/14/21

BEAUTY SERVICES

Tammy Nguyen Phenix Salon
- Service in private suite. One
customer, one hairstylist. Sanitized
& professional. Haircut for men &
women, shampoo, set, color,
highlights, perm, nails & toenails.
In-house service available. Tammy
Nguyen. 13944 Seal Beach Blvd,
#116. (714) 425-4198. 11/26

In home hair care, serving the men
and women of Leisure World for
36 years. Mel, cell: 562-480-9341.
License #KC75538. 12/03

Stylish haircut at home. Countless
clients w/referrals.
Gabriel 562-708-3170. License
#B50551. 12/24

HOUSE CLEANING

MOVE-IN, MOVE-OUT
WINDOWS,

HOUSECLEANING

CALL PHIL AT

562-881-2093

Over 30 years Experience!

Seal Beach Business

License #AB0001. 12/10

Experienced housekeeper. I do
weekly and monthly cleaning.
Call 949-899-7770. 12/31

Patricia House Cleaning, weekly
or monthly. Excellent referrals in
Leisure World. 562-397-4659 Seal
Beach License LUC0001. 12/31

GRACIAN'S HOUSECLEANING & WINDOWS.

Windows 10% off first cleaning

General housecleaning

Excellent referrals in LW

(562) 307-3861.

20 years experience.

Seal Beach Business License

gra0006. 12/17

MAGALY'S CLEANING SERVICE

We make your home sparkle! 7 days-
call anytime! Complete cleaning.
Seal Beach Business License
#M0001A. Call 562-505-1613. 11/05

General housekeeping, 30 years of
experience. Bi-weekly or monthly.
Seal Beach License RAZ0002. Call
Gloria 949-371-7425. 01/14/21

Maria House Cleaning
We'll make your house look as
nice as possible! 15 years of
experience, We can work with your
schedule. Bi-weekly or monthly.
Deep cleaning.
Call or text 714-496-2885.
Bus. Lic #HER0008. 10/29

Dial Direct,
Save Time!
562-430-0534

COMPUTERS

FRUSTRATED (562) 755-6199

Everything for your computer
(PC or Mac), cell phone, TV,
stereo, any electronic device.
Tina Schaffer. Seal Beach Bus.
License #CIP0001 11/12

John's Computer Services

562-733-9193

Virus removal, Repair, Training,

Software, Wireless, Internet

Security. LW Resident

SB License FUH0001. 01/21/21

AUTOS WANTED

ANY KIND OF CAR

Cars, motorcycle, truck - running or
not. We are local - call anytime! We
pay cash and remove promptly! We
do DMV and Release of liability for
you! Bonded/Licensed, since 1985!
Call us so we can come out and give
you a quote. 562-684-0901. 01/14/21

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars BUY SELL TRADE and
REPAIRS. Call: 714-292-9124. 05/13/21

TRANSPORTATION

Need a lift? Pam Miller.

LW Resident. 310-227-1258. 11/19

Rides by Russ

For over 5 years I have been
giving all types of rides to
Leisure World residents.

Airports, doctors, shopping and
errands. 714-655-1544. 11/09

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS

Installed at your residence. Call Frank
562-743-3832. State Contractor's
License #779462.

2000 Lincoln 'Cortier' 4 dr. 77,000
miles, in excellent condition. \$6,000.
Call 562-594-6631. 11/05

MOVING, HAULING & STORAGE SERVICES

J&D HAUL AWAY AND CLEAN-UP SERVICE

No job too small, fast, reliable, great
prices. Seal Beach Business License
BRA0002. Dan: 562-841-3787 12/17

A FRIEND AND A TRUCK

Your moving service, any size
job. Call 310-387-2618. Business
License RO263644. 12/17

MISCELLANEOUS FOR SALE

Furniture Sale by Docia Drake. Laz-
Boy loveseat, contemporary dining
table/6 chairs, handpainted armoire,
daybed with drawers, twin adjustable
bed, mirrored nightstand. Call for
appointment 714-514-8232. 11/05

Private estate sale - Mutual 10.
Furniture: bedroom set, couch/
loveseat, coffee/end tables, dining
room table/chairs, China hutch,
electric fireplace, desk, lamps. Also
kitchen items, set of China, Christmas
collectibles. Call for an appointment.
Mary Lou 562-496-3652. 11/12

Extra large medical bed, air mattress,
quicky wheelchair, hooyer lift, cough
machine. 562-341-8470. 11/05

For sale - adjustable hospital bed.
Call 949-413-6759. 11/05

Need Help?
See Classifieds

Antique Singer for Sale. Sewing
machine that is! Come see this
historic beauty, the last treadle model
before going electric. Beautiful wood
cabinet and all attachments plus
owner's manual. Call Terry, Mutual
7, at 714-394-5885 for appointment
to see. 11/05

MISCELLANEOUS WANTED

Wanted Big Shot Sizzix machine.
Call Betty: 562-296-5401. 11/05

FREE ITEMS

Black leather club chair/recliner.
Good condition. 714-697-2563. 11/05

CEMETERY PLOTS FOR SALE

4 cemetery plots together. Rose Hills
Whittier. Garden of Affection.
\$11,000 OBO. 626-484-5575. Text
me. 11/12

Classified
deadline is
2:00 p.m.,
Monday,
for
Thursday's
publication



DONNA JEAN

McIntyre
Broker/Realtor®
DRE#01335069

714-350-9449

YOU Invest in your Retirement ...
and WE Invest in YOU ♥

www.TeamDonnaJean.com



Mutual 12 - 70B St. Andrews
2B/1Ba on wide greenbelt, NEW
paint, white cabinets, skylights,
NEW laminate floors, heat pump,
NEW range top, won't last!
Location - Location - Location
A FABULOUS UNIT \$239,900



Mutual 2 - 4a Thunderbird
2B/1Ba Extended Corner Lot,
NEW floors, paint, blinds,
built-in curio, white cabinets,
3 closets, super NICE!!
PRIVATE CORNER \$264,900



Suzanne Ahn
DRE#0110737
Realtor®
Korean Language
562-810-1614



An Independent Brokerage!
DRE#02120194

NO ONE KNOWS LEISURE WORLD LIKE WE DO!
Mr. Hank & Associates • LW Residents
Leisure Living Resales, Inc.
 13918 Seal Beach Blvd., Seal Beach, CA 90740
(562) 493-6601
leisurelivingresales.com
 OVER 20 YEARS OF DEDICATED SERVICE IN LEISURE WORLD
 Before you buy, let us show you **FAIR MARKET VALUE** Listings

WE ARE THE "OFF SITE"
LW SALES OFFICE.
NEXT TO
"WELLS FARGO BANK".
OVER 22 YEARS OF
COMPASSIONATE SALES
AND SERVICE.
OUR LISTINGS FEES ARE
NEGOTIABLE, WE
NEGOTIATE FOR YOU.
AS LOW AS 4%!!!
SAVE THOUSANDS!

Beautiful, move in ready 2 bedroom unit in Mutual 7. Lower \$220s.
Sold
Call Carl or Gina

pending 2 Bed, 1 Bath, M7-159I \$239,000

One bedroom unit, drive-up, tiled patio, AC, heat pump, laminate floor, walk-in shower
M7 - 160B, Owner Moving in November
All Offers "Must Sell!!!"
Call Hank: (562)743-8473

BUYERS ONLY! LAUNDRY CORNER
2 Bed Basic, FAH/Dishwasher
Laminate, Plantation Shutters
Asking \$240,000 M5 - 123L Call Hank

Erika — M17
(562)-208-5223

Gina Rojas
562-533-3190

Carl Kennedy M14
(661) 810-9410

Yong Pyon — M1
(310) 658-0379

Young Ro — M7
(714) 504-2541

Mr. Hank
(562) 743-8473

Berkshire Hathaway Home Services

Joanie Korman
(714) 308-8034
 LW Resident, Real Estate Specialist
 BRE#01937786
"Where Life Just Got Easier"

New Listing

1 Bedroom 1 Bath
 Charming Home on a Tree Lined Greenbelt, Close parking and Laundry
M2 34H \$175,000

2 Bedroom 1 Bath
 Light & Bright, 3 Stairways, All New Floors, Oversized Living Space
M3 25J \$235,000

Stunning Remodel
 Two Bedrooms, 2 Full Bathrooms, Gorgeous Kitchen, Oversized Peninsula.
M15 34L \$368,000

Beautiful Home
 Two Bedrooms, Two Full Bathrooms, Fully Expanded Corner, Large Greenbelt
M9 226L \$385,000

2 Bedrooms 1 Bath
 Fully Expanded, Bright and Sunny Morning Sun
M6 64C \$235,000

2 Bedrooms 1 Bath
 Centrally Located, Fully Expanded Kitchen Island
M5 114K \$265,000

Erika Shapiro
 Resales Specialist
 Mut. 17 Resident
Traveling Notary
562-208-5223
 BRE # 01448494

Mutual 17 Condo for lease
3rd Floor, central A/C Heat & more
\$2,100 month

Country Cottage
 Fully expanded 2 BDR, 1 Bath, lovely greenbelt. Double pane windows, plantation shutters, Central A/C Heat, and much more
Mutual 4 -46K \$249,000

2 BDR/ 1 1/2 Bath
 Greenbelt and Drive-up convenience. New windows, plantation shutters, new flooring, new appliances, washer/dryer, central A/C heat and more..
Mutual 11 - 284F \$379,000

2 Bedrooms / 2 Full Baths
 Expanded corner, small patio, great kitchen, washer/dryer, and much more...
Mutual 11 - 263G \$499,000

2 BDR, 1 Bath,
 Partially Expanded, Greenbelt View, Newer kitchen, granite counter top, 3 skylights, shower over a real Bath tub, fresh paint, and more.....
Mutual 7 - 159I \$239,000

1 Bedroom Basic
 A/C Heat Pump, Laminate floor, setting, Cut-down shower, 3 skylights, and move-in ready
Mutual 4 -86C \$175,000

1 BDR, 1 Bath
 Laminated flooring, beautiful green belt location,
Mutual 1 - 29H \$175,000

Condo for Sale
 Third floor, Greenbelt, 2 BDR/2 Ba
Mutual 17-42E \$375,000

Service Is My Priority!
Call me for a free market evaluation
Leisure Living Resales

The Januszka Group, Inc.
Leisure World
ON-SITE
HOME SALES
(562) 598-1388
To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At: www.LeisureWorldHomeSales.com

Born after World War II, between 1946 and 1964, Baby Boomers represent our largest-and most talked-about-generation. Owning a home was a large part of the traditional American Dream embraced by Baby Boomers. According to a study by the National Association of Realtors, nearly 80 percent of Baby Boomers own their own homes and one out of four owns more than one property. Here at the On-Site Sales Office, our expert Realtors help individuals aged 55 and over find and purchase their dream home everyday! Our office is open 7 days a week and we always have agents ready and willing to help you find or list your current Leisure World Home. Come by our office and let us be the key to your new home! Here are just of a few of our many listings available:

Mutual 3 22A SOLD IN 3 DAYS!

Mutual 14 2B \$400,000 BEST LOCATION IN LEISURE WORLD

Mutual 6 130G

Mutual 4 43B \$150,000

Mutual 8 190I \$165,000

Mutual 3 26G SOLD IN 2 DAYS!!

Mutual 3 5D \$165,000

Mutual 2 43I \$159,000

Dawn Januszka
 Broker
 DRE #02110501

Ginni Houck
 Escrow Officer

Verna Chumley
 Realtor®

Marsha Gerber
 Realtor®

John Webster
 Realtor®

Sally Angell
 Realtor®

Suzanne Fekjar
 Realtor®

Terri Walters
 Realtor®

Elana Torres
 Realtor®

Maryann Shaddow
 Realtor®

Leisure World® is a registered trademark owned by RRLH, Inc. The Januszka Group, Inc. is authorized by RRLH, Inc. under license to use the Leisure World® service trademark.



Kathy Gupton
Associate Broker
DRE # 00744676

Specializing in the LW Community

We are **SISTERS**



Gloria Hadley
Realtor®
DRE # 01057681

562 618-9940 562 884-3594

Buying or selling... *Whatever your circumstances, whatever your needs, we can help.*



Mutual 11-285H
\$229,000

Charming describes this 2 Bedroom 1 Bath home. This adorable cottage features a living room with carpeting, window AC, and Leaded Glass Entry Door with Side Light Panel. The Kitchen has a ceiling fan, built-in Leisure World stove, oven and refrigerator. Bathroom has Sola Tube and cut down shower. Both Bedrooms have carpeting and overlook a wrap-around patio that has a large skylight on side patio, and walk-in storage cabinet. Spacious wrap-around patio has new indoor-outdoor carpeting added and is perfect for entertaining. This property has been newly painted and is in move in condition. A must see!



Mutual 9-222I
\$249,900

This lovely 2 bedroom 1 bath unit has a really nice greenbelt view, wrap around pebble tech patio, leaded glass entry door with patio skylight. Open floor plan, living room with smooth ceilings and crown molding. Kitchen has white cabinets, built-in electric appliances including refrigerator, cooktop and wall oven and ceiling light fixture. Bathroom with stone counter, large walk-in shower with sliding door and nice light fixture. Both bedrooms have smooth ceilings with crown molding. Other features include laminate flooring, drapes in every room, dual pane windows, heat pump and laundry is just steps from unit. This unit has an abundance of natural light, newer paint throughout. It is a must see to appreciate the upgrades!



Mutual 2-19L
\$325,000

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



Mutual 2-13F
\$339,000

Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



Mutual 2-51J
\$179,000

This is a 1 bedroom 1 bath cottage, patio with outdoor carpet and storage, open floor plan, kitchen has skylight, dark wood cabinets, built-in appliances including cooktop, oven and refrigerator. Bathroom has skylight, walk-in shower and stackable washer/dryer in closet. Bedroom has sliding door leading to the patio. Other features are vertical blinds, carpet in bedroom and living room, vinyl in kitchen and bath, window A/C in living room. This is a clean unit and has an abundance of natural light.



Mutual 6-127L
\$299,000



Mutual 8-198F
\$259,000



Mutual 2-51J
\$179,000



Mutual 6-127K
\$249,000



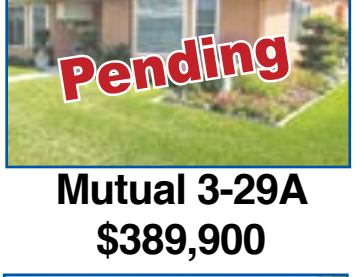
Mutual 2-22J
\$218,000



Mutual 12-9D
\$299,000



Mutual 1-27F
\$249,900



Mutual 3-29A
\$389,900



Mutual 12-76I
\$218,000



Mutual 10-239F
\$369,000



Mutual 14-16I
\$334,000



BERKSHIRE HATHAWAY
HomeServices
California Properties

We can show ALL property in the LW community

Call and let us present our extensive marketing program.

Members of M.L.S.

Visit Our Website: www.thesealbeachsisters.com
13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)

Robin Gray & Barbara Diette-Dobias



Robin Gray
(562) 209-5605
rwgraysales@verizon.net
DRE 01027333



Your Leisure World Sales Team
Together WE Have
Over 30 Years of LW Experience
CALL ROBIN & BARBARA
"Double the Effort, Double the Results"



Barbara Diette-Dobias
(562) 754-5628
barbaradobias@gmail.com
DRE 00887640



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

Mutual 1-7-K

\$187,500

New Listing

Pending

Fabulous Location

Charming fully expanded one bedroom - one bathroom on an amazing greenbelt filled with trees and an ocean breeze! This move-in ready home is filled with an abundance of natural light, features beautiful wood-look laminate floors, cut down shower, heat-pump, solar tubes, large storage closet, and the convenience of close parking and laundry room. The extra living space is perfect for an office, hobby area, or a place to sit - relax and enjoy the view of gorgeous trees and beautiful sunsets.

Mutual 10-257-D

\$265,000

Remodeled Kitchen

Pending

Convenient Drive-up! Adorable basic 2 bed, 1 bath, remodeled kitchen and bath - both with quartz counters, beautiful laminate floors, dual pane windows, tile patio with a finished side wall and stack-stone patio wall. So much to enjoy!

Mutual 3-23-H

\$165,000

Darling one bed on a courtyard setting! Newer designer paint and beautiful laminate flooring, white kitchen counter, cut-down shower, skylights in the kitchen and bath, and a patio to enjoy, that is fenced, gated and has a large storage closet!

Taking Back-Ups

PRICE REDUCED ON THIS MOVE IN READY ONE BEDROOM!

Mutual 3-32-I

\$275,000

Sitting on a pretty green is this East facing, fully expanded two bed - one bath with all of the right amenities! An open floor-plan with plenty of room for a designated dining room area, large living room, central heat/air, skylights, plantation shutters, washer/dryer and added carport storage!

New Listing

Pending

LISTINGS WANTED!
We are Selling Our Listings.
We can Sell Yours too!!

See more at www.sealbeachleisureworld.com



Jim Duncan
714-356-6717
Broker/Manager



Mike Varipapa
562 235-7413



Robin Gray
562-209-5605



Barbara Diette-Dobias
562-754-5628



Kathy Gupton
562-618-9940



Gloria Hadley
562-884-3594



Edwina DiMario
562-706-7999



Vickie Van Ert
310-220-1407



Mary Chittick
562-822-2804



Rosie Wang Davis
626-623-9929



Joanie Korman
714-308-8034

(562) 594-0515
1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740
BRE 00338699



BERKSHIRE HATHAWAY
HomeServices
California Properties

(562) 431-2149
13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600

Two-Bedrooms

One-Bedrooms



Conrad Rodriguez
562-746-1960



Leah Perrotti
310-889-6583

Mutual 1 25L \$222,500
Fixer, great for remodel, good location, great price

Mutual 11 285 H \$229,000
Newly painted, solar tubes, step in shower, wrap around patio

Mutual 9 211B \$229,900
2 new heat pumps, skylights, bright, lam. flooring

Mutual 7 155G \$244,000
1 1/2 baths, move-in-condition, new paint, lam. floors

Mutual 9 222I \$249,900
great unit, many amenities, you need to see this

Mutual 1 27F \$249,900
screened in patio, expanded master, bright

Mutual 15 1B \$250,000
2 baths, scraped ceilings, move in condition, lam. floors

Mutual 10 257D \$265,000
faces southwest, expansive view, remodel kit. and bath, very nice

Mutual 5 114K \$265,000
full expan. newly painted, extra large skylight

Mutual 12 8F \$279,000
faces south, lam. flooring, heat pump, expanded living room

Mutual 12 39F \$309,000
washer/dryer, cent. air, lam. floors, move-in- condition

Mutual 2 19L \$325,000
full expan., 1 1/2 baths, cent. air, smooth ceilings, greenbelt

Mutual 3 25A \$334,000
washer/dryer, 2 heat pumps, dual pane, skylights, nice

Mutual 2 13F \$339,000
btl. partial expan., cust. kit., washer/dryer, cent. air

Mutual 2 46F \$349,000
great location, faces south, 3 heat pumps, washer/dryer, dual pane

Mutual 15 34L \$368,000
2 baths, remodel kit., granite, enclosed patio, greenbelt kit.

Mutual 9 226L \$370,000
Remod. corner, 2 full baths, washer/dryer, private

Mutual 2 32L \$389,900
2 baths, cent. air., washer/dryer, skylights, granite, 3 bay windows

Mutual 1 25G \$450,000
2 baths, washer/dryer, 4 skylights, cent. air, new kit. cab.

Mutual 3 23H \$171,500
btl. unit, lam. floors, new paint, skylights, move-in ready

Mutual 2 34H \$175,000
great greenbelt, newer windows, lam. flooring, btl. kit. cabinets

Mutual 2 51J \$179,000
washer/dryer, walk-in shower, outdoor carpet, nice

Mutual 2 22D \$189,500
expanded, den, 2 skylights, heat pump, lam. flooring



Linda Patton
562-522-3364



Bill Berman
714-606-5258



Hanna Rubinstein
562-900-4243



Jay Cho
714-944-4998



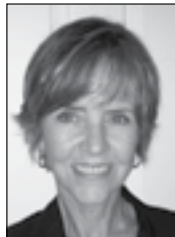
Estee Edwards
562-208-2540



Philip Bak
213-550-9991



Irv Hart
562-296-5619



Fay Wescott
562 242-6162



Tim Kearns
714-293-3950



Diana Flores
949-212-8748



Chris Kim
424-247-4542



Gail Alonzo
562-673-6703



CAROL GASPER
REALTOR
Lic# 01276484
562.716.1547
gcarol1966@gmail.com
<http://www.sealbeach-retirementcommunity.info>



FIRST TEAM®
REAL ESTATE

12501 Seal Beach Blvd. #100
Seal Beach, CA 90740

For 2020, I have a total of 72 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr., #60G | M2 | \$460,000
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



13501 El Dorado#199i, Seal Beach | M8 | \$449,000
Beautiful fully remodeled 2 Bedroom, 2 Bath with Greenbelt Views. Gorgeous Finishes and Upgrades to Include, Central A/C, 2 Full Baths, Sliding Glass Doors, Patio, Quartz Countertops, Washer/Dryer, Gourmet Kitchen and So Much More!



13044 Del Monte Dr #44G | M15 | \$549,000
CUSTOM REMODELED ATRIUM with 2 Patios! Has Every Bell and Whistle Desired. Gourmet Kitchen that has been Opened Up to the Living Room. 2 Bedroom with 2 Full Baths!



1420 Northwood #241K | M10 | \$234,900
Basic 2 Bedroom, 1 Bath with WASHER/DRYER, A/C Heat Pump, Skylights, Dishwasher, Light Kitchen.



1125 Northwood Rd #235J | M9 | \$234,900
2 bedroom, 1 bath with brand new AC/Heat pump, laminate flooring, washer/dryer, wrap around patio.



13660 El Dorado #34F | M3 | \$219,000
Clean corner unit. 2 bdrm, 1 bth. Newer AC/Heat Pump, 2 Skylights, Ceiling fan, Stainless steel appliances, raised cooktop, full size refrigerator w/ bottom freezer and dual pane windows.



13501 El Dorado Dr. #199E | M 8 | \$203,500
LOWEST PRICED 2 Bedroom, 2 Bath in Leisure World. Private Location with Wrap Around Patio, Dual Pane Windows and A/C Heat Pump. GREAT DEAL!



1671 Interlachen Rd., #285i | M 11 | \$385,000
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.



1700 Tam O'Shanter #2J | M14 | \$445,000
Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.

On November 3rd, 2020 a total of 56 units show as active listings on the CRMLS (this is where Realtors list property for sale).

14-1 bedroom/1 bath
from \$150,000 to \$190,000

26 - 2 bedrooms/1 bath
from \$205,000 to \$400,000

16- 2 bedrooms/2 baths
from \$250,000 to \$479,900

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory!
I am here to help!

"My purchase of a property in Leisure World with Carol was a great experience from the initial contact to the final closing. Carol was patient, accommodating and helpful to my sensitive situation. She was readily available on very short notice and very beneficial in obtaining the best price for my extremely needed quick purchase. I would most definitely recommend Carol as it was my pleasure doing business with her."

Debbie Martinez

11/03/2020- Year To Date MLS Activity

