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Home for the Holidays

SB SENIOR TRANSPORTATION City has expanded operating hours

In response to the public’s request for extended operating hours, the City of Seal Beach Senior Transportation Services operating hours were extended starting Nov. 16.

The new hours of operation are Monday-Friday from 7:30 a.m.-5 p.m., instead of closing at 2:30 p.m.

All other Senior Transportation Services program guidelines remain the same.

For more information on the Senior Transportation Services, visit the City’s website at <https://www.sealbeachca.gov/Departments/Public-Works/Traffic-Transportation>.

For more information about the City’s Senior Transportation Services program, contact Iris Lee, (562) 431-2527, ext. 1322, or ilee@sealbeachca.gov.

LA TIMES’ BEST OF OC LWSB Wins Recognition

The Los Angeles Times named Leisure World Seal Beach as “Best Senior Leisure” community in its Best of Times OC 2020 Senior Living special section Nov. 15. This is the third year that LW has received the recognition.

The article, which ran with a photo of Leisure World’s entrance, stated: “Leisure World Seal Beach is a gated community of more than 8,000 active members with a small-town feel. Spread over 542 park-like acres, LWSB offers co-ops and condos for those 55 and over. The community has a 9-hole golf course, swimming and spa facilities, fitness rooms, free bus service and 24-hour security. With many community activities to keep people socially, mentally and physically active, Leisure World is an oasis for active seniors.”

GRF Financial Report

The GRF 2021 Budget Report and Policy Statement are inserted in this week’s edition of the LW Weekly.

WHAT’S INSIDE

Page 3 || Seal Beach Chamber Provides Thanksgiving Dinners

The Seal Beach Chamber of Commerce, partnering with the Seal Beach Lions, Boeing and Pavilions, will deliver Thanksgiving dinners for 150 LW families in need on Monday, Nov. 23, between 11 a.m.-1 p.m. at the Clubhouse 6 parking lot.

Page 13 || Enter Cool Cardboard Contest for Chance to Win \$1,000

Calling all LWers to enter the Cool Cardboard Creation Contest for a chance to win a \$1,000 prize, just in time for the holidays. The cardboard creations will be on display Dec. 18 near Veterans Plaza. Clubs and groups are welcome to participate.

STAYING FIT IN LW



Ruth Osborn

The Hui O Hula, led by Jojo Weingart (kneeling), tried out the cutting-edge group fitness room at the all-new Fitness Center. Once the facility can safely reopen, exercisers will be able to take full advantage of all the new features. LW residents are welcome to register now so they are ready when the time comes.

Register now to attend new Fitness Center when it reopens

The completely overhauled Fitness Center in Clubhouse 6 will be open to residents as soon as safely possible. It has a faster sign-in process, all-new fitness equipment, a “smart” group exercise room and more.

Everyone will need to register under the new, card-swipe system to use the facility. To expedite this process, GRF members can go to the Recreation Department to pick up a release form or print one at home.

The office is open between 8:30 a.m.-4 p.m. weekdays. People can pick up forms in Building 5 or digital forms can be found at www.lwsb.com/reserve. To obtain the “Release of Future Claims Hazardous Activity” form, click the link under the exercising man icon.

To book an appointment to complete the registration, click on exercising man and a calendar will pop up. Select a day and time; appointments are available Monday-Friday from 8 a.m.-4 p.m.

Members should bring GRF ID cards and completed forms to appointments, which will be held on the first floor of Clubhouse 6.

Photos will be taken and a barcode will be added to ID cards.

Once registration is complete, members will be ready to work out when the center opens. Watch the LW Weekly and LW Live for updates on the opening date and how to reserve workout times.

New Features:

- The free weights section has been

doubled.

- Two attendants trained in the proper use of all equipment will staff the center.
- An enhanced group exercise studio has a separate sound system and screens.
- A yoga/stretching area and circuit training area allows users to work out every major muscle group through strength training, cardio and stretching.
- The new exercise bikes and ellipticals have USB outlets letting exercisers listen to their own music or audiobooks while they work out.

During a recent tour for Mutual leadership, Recreation Manager Thomas Fileto demonstrated the elliptical machine and explained the special features of the new equipment.

GETTING READY FOR THE HOLIDAYS



COVID-19 ALERT

• **Orange County Moves to Most Restrictive Tier**

Orange County has moved back to the most restrictive purple tier, Gov. Gavin Newsom announced Nov. 16. Newsom said the state is hitting an “emergency brake” on economic activity in light of what he calls an unprecedented spike in COVID-19 cases statewide. (See page 4 for more information.)

Gather safely to reduce the risk of spreading COVID-19

The COVID-19 pandemic has been stressful and isolating for many people, according to the Centers for Disease Control. Gatherings during the upcoming holidays can be an opportunity to reconnect with family and friends. This holiday season, consider how your holiday plans can be modified to reduce the spread of COVID-19 to keep your friends, families and communities healthy and safe.

Unfortunately, the COVID-19 epidemic is worsening, and small household gatherings are an important contributor to the rise in COVID-19 cases. The CDC offers the following considerations to slow the spread of COVID-19 during small gatherings. These considerations are meant to supplement—not replace—any state, local, territorial or tribal health and safety laws, rules and regulations with which all gatherings must comply.

Considerations for Small Gatherings of Family and Friends

Celebrating virtually or with members of your own household (who are consistently taking measures to reduce the spread of COVID-19) poses the lowest risk for spread. Your household



Haynes Unit 6 stack is ready for takedown

LWDWP

Stacks are coming down at power plant

Unit 6 at the Haynes Power Plant adjacent to Leisure World has been dismantled, leaving only its stack, which will be cut into pieces moving from top to bottom, starting in January.

Each piece of the stack will be lifted by a crane and carefully lowered to the ground for removal. The Unit 5 metal framing will also be dismantled and removed in the same manner, in preparation for its stack to be removed in early January.

This work will involve the use of torches, excavators and a crane. Workers may be visible on the Unit 6 stack and on the Unit 5 metal frame structure during the dismantling activities.

In December, another project milestone will be achieved with the completion of the new temporary maintenance building at the northern end of the plant.

The abatement and removal of hazardous materials from Units 3 and 4 will be completed this month in preparation for their dismantling in the first half of 2021.

Monitoring instruments will measure dust, noise and vibration levels during all work to maintain levels below the required limits. Only a few trucks will enter and leave the plant during daytime hours. No traffic impacts are expected.

The LADWP and its contractors continue to use strict safety precautions to protect workers and the community, including compliance with CDC guidelines for COVID-19.

LADWP will continue to provide periodic updates on the dismantling work to Leisure World residents.

For more information, call the Project Information Line at (800) 531-6638.

—Los Angeles Department of Water and Power

FOOD DRIVE

Paralyzed vets to benefit from effort

The GRF Recreation Department is coordinating a month-long food drive in November to benefit the Paralyzed Veterans of America, California Chapter, based in Long Beach.

The group's mission is to make lives better for paralyzed veterans and their families across Southern California. It has a long and historic legacy dating back to World War II. Its work includes spinal cord research, advocacy, and sports and recreation for local heroes.

Residents are asked to bring canned goods and other nonperishable food items to the Recreation Department in Building 5, the LW Library, Security Main Gate or the St. Andrews Gate. Community donations will help make a difficult year and holiday season brighter for these wounded warriors and their families.



GRF projects are underway around the community despite slowdowns attributed to the COVID-19 repercussions. This column will update residents on the progress of various construction projects. The information is provided by GRF Facilities Director Mark Weaver and Physical Property Manager David Rudge.

LW POOL

GRF Facilities Director Mark Weaver expects plans from the pool architect this week. Once they arrive, the GRF will submit them to the City of Seal Beach and Orange County Health Care Agency for approvals. When the

agencies having jurisdiction approve the plans and issue permits, construction will begin. The date for the pool to be open is April 5, 2021.

Weaver and Physical Property Manager David Rudge met with a SoCalGas representative Nov. 5 to locate the new meter at the pool.

The work will be contracted by the gas company to begin within the next couple of weeks, depending on the weather.

The new meter will be upgraded from 1.5M BTU to 3.0M BTU to accommodate the 2.3M BTUs in the plan.

The pool area was marked by Underground Service Alert (USA) for excavation Nov. 6.

The COVID-19 crisis has heavily impacted response times by major utilities.

The good news is that the electrical contractor has worked through the process, and a permit

from GRF was issued.

The contractor has submitted plans to the City of Seal Beach for the Mini Farm and the relocation of the golf course pump located in the pool equipment room as well.

The City of Seal Beach sends the plans to a third party for review, then sends them back to the city.

LEARNING CENTER KITCHEN

Work at the Learning Center Kitchen is currently at 95-percent complete.

The project currently has all fixtures, tiles and foundation work.

The last appliance needed to be installed is the induction cooktop, due any time now.

This project is set to be completed by the end of November. The Learning Center Kitchen is designed to host cooking classes and provide a dining space.

PRELIMINARY POOL CONSTRUCTION SCHEDULE		
Action	Start	Complete
Plan Check	Sunday, Nov. 22, 2020	Wednesday, Jan. 6, 2021
Permits	Thursday, Jan. 14, 2021	Thursday, Jan. 14, 2021
Excavate Pool and Spa to Plan	Monday, Jan. 18, 2021	Saturday, Jan. 23, 2021
Install Plumbing and Equipment	Monday, Jan. 25, 2021	Friday, Feb. 5, 2021
Install Steel	Monday, Feb. 8, 2021	Friday, Feb. 19, 2021
Guniting	Monday, Feb. 22, 2021	Tuesday, Feb. 23, 2021
Damp Cure Guniting daily	Monday, Feb. 22, 2021	Monday, March 1, 2021
Install Coping and Tile	Monday, March 1, 2021	Monday, March 8, 2021
Install Deck	Monday, March 8, 2021	Monday, March 15, 2021
Plaster Pool and Spa	Mon., March 15, 2021	Tuesday, March 16, 2021
Fill Pool and Spa	Wed., March 17, 2021	Friday, March 19, 2021
Balance Water Chemistry	Friday, March 19, 2021	Tuesday, March 23, 2021
County Final	Wed., March 24, 2021	Thurs., March 25, 2021
Open Pool		Monday, April 5, 2021

THANKSGIVING HOLIDAY GRF offices closed

In observance of Thanksgiving, all Golden Rain Foundation offices except Security will be closed Thursday, Nov. 26.

The Leisure World Maintenance Dept. will be on call for emergencies only and may be reached at 594-4754.

The Minibus schedule will be the same as the current weekend schedule.

The Access Wheelchair bus will be available by appointment only from 8 a.m.-2 p.m.

Appointments for Thanksgiving HOLIDAY, page 3

Food Distribution is today

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution is today, Nov. 19.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf with appropriate ID. People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at 431-6586, ext. 317.

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Thanksgiving Dinners in LW

Leisure World's usual Grab 'n' Go option will not be available on Thanksgiving Day, but that doesn't mean you can't celebrate with a traditional holiday dinner with all of the trimmings and none of the work.

Berg Catering

Berg Catering, a popular Grab 'n' Go caterer, is offering an extensive holiday menu that you can have delivered with a minimum of four days' notice through Dec. 30. It can even provide a service staff for those who really want to do nothing but enjoy the festive occasion. Berg has a flyer with its extensive menu upon request at the weekly Grab 'n' Go or email kathyt@lwsb.com. Look for Berg's ad in LW Weekly and ask about a 15 percent discount for Leisure World residents.

Global Market Kitchen

Global Market Kitchen delivers groceries in Leisure World. It is offering fully cooked turkey dinners, \$17.95, for pick up at Clubhouse 4 at 2 p.m. on Wednesday, Nov. 18 and 25. The menu features turkey breast, mushroom stuffing, mashed potatoes, gravy, cranberry relish and rustic bread. Orders must be received by Monday midnight at the website, www.globalmarketkitchen.com, or by calling (562) 661-9776.

Katella Deli

Katella Deli has a Thanksgiving special for \$19.99 available at its regular Grab 'n' Go on Nov. 27, the day after Thanksgiving at Clubhouse 6. The Deluxe Thanksgiving Special includes 8 ounces of roasted turkey, house-made safe dressing, mashed potatoes, turkey gravy, vegetables, candied yams, cranberry relish, dinner roll and a slice of pumpkin pie with whipped cream.

Naples Rib Company

Naples Rib Company will have boxed meals for larger groups, both traditional turkey dinners and its famous barbeque and/or sandwich boxes, if turkey is not a favorite. Advance notice is required. Check out Naples' special holiday menus at <https://www.ribcompany.com/boxed-meals>. Other special options might be in the works for LWSB, so don't hesitate to ask by calling (562) 439-7427.

—Kathy Thayer, assistant recreation manager



THANKSGIVING

150 dinners to be given away, thanks to generous donors

The Seal Beach Chamber of Commerce, partnering with the Seal Beach Lions, Boeing and Pavilions, will deliver Thanksgiving dinners for families in need on Monday, Nov. 23, between 11 a.m.-1 p.m. at the Clubhouse 6 parking lot. The meals are for residents of limited means. Meals include fully cooked, frozen dinners for four or more to thaw and reheat. There will be a 10- to 12-pound turkey, with sides and condiments and a pumpkin pie. The first 150 GRF members to call will have dinners reserved. To reserve a dinner, call (562) 799-0179, specify Leisure World, and provide your name and phone number. For more information, contact kathyt@lwsb.com or call (562) 431-6586, ext. 398.

CDC

Flu and COVID-19 can look the same

Influenza (the flu) and COVID-19, the illness caused by the novel coronavirus discovered in 2019, are both contagious respiratory illnesses, meaning they affect people's lungs and breathing, and can be spread to others. Although the symptoms of COVID-19 and the flu can look similar, the two illnesses are caused by different viruses.

Lisa Maragakis, M.D., M.P.H., senior director of infection prevention at Johns Hopkins, explains how the flu and COVID-19 are similar and how they are different.

Similarities: COVID-19 and the Flu

• Symptoms:

Both illnesses can cause fever, cough, body aches, and sometimes vomiting and diarrhea (especially in children).

SYMPTOMS, page 6

IS IT THE FLU OR COVID-19?		
SYMPTOM	FLU	COVID-19
FEVER	✓	✓
FATIGUE	✓	✓
COUGH	✓	✓
SORE THROAT	✓	✓
HEADACHES	✓	✓
RUNNY NOSE	✓	✓
SHORTNESS OF BREATH	✓	✓
BODY ACHES	✓	✓
DIARRHEA AND/OR VOMITING	✓	✓
ONSET	1-4 days after infection	About 5 days after infection but can range from 2-14 days
LOSS OF TASTE AND/OR SMELL		✓
RED, SWOLLEN EYES*		✓
SKIN RASHES*		✓
*EMERGING SYMPTOMS BASED ON RECENT DATA		

HOLIDAY from page 2

ing Day Access bus service can be made beginning Monday, Nov. 23. Call (562) 431-6586, ext. 379. This service is only available for passengers who have mobility challenges.

The regular Minibus service will be available from 8 a.m.- 6:15

p.m. but will be operating only as an "on call" service on Thanksgiving Day. This is not a reservation service.

Passengers who need a ride must call (562) 431-6586, ext. 379, and a bus will be dispatched to the specific location.



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Reminder

Annual enrollment period ends December 7.

Stop by the Health Care Center and pick up our free Medicare AEP readiness kit.

UnitedHealthcare kits

Nov. 19, 2020, 9:00 am–11:00 am

Aetna kits

Dec. 3, 2020, 9:00 am–11:00 am



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Perspectives

Letters to Editor

Editor:

On Nov. 8 at 4 p.m., we found dog waste 3 feet from our front patio. Based on the size, it appears to be from a large dog. To the owner of this dog, please know that our GRF rules say, “While traversing the common area of the GRF Trust property, the pet owner must have in evidence and in plain view, at all times, a plastic bag and/or a poop scoop device for the purpose of immediately removing any material that may be purged from the animal while walking.” Failure to follow this rule, and “the owner will be asked to remove the pet from Trust property immediately.”

Here are a few more reasons why you must pick up after your pet:

- Dog feces can take up to a year to break down. Anyone, including the mail carrier, gardener or maintenance crew, could step on it and spread the contamination around. The bacteria and parasites will end up in the ocean.
- Picking up after your dog is not only common courtesy, but also your duty as a pet owner.

We live in a community. Next time you walk your dog, please do the right thing.

Siriporn Higgins
Mutual 8

Editor:

The Nov. 5 edition had a letter from Craig Shanewise asking about installing solar panels to charge his electric car.

I have a Chevy Volt and can’t charge it. I am certain there are more electric or hybrid cars that would use on-site charging stations in Leisure World, Seal Beach.

I propose electric car owners who are interested in on-site charging stations petition the GRF to install them. For more information, contact me at pwj32872@gmail.com.

Paul Polinski
Mutual 10

Pandemic Humor

by Jim Greer
LW contributor

It doesn’t look like this pandemic is ending any time soon. So, to keep our sanity, we’ll have to find humor in this relentless reality show.

When asked about his take on the pandemic, Jerry Seinfeld said, “It’s like the whole planet getting detention. When you get out of detention, you’re really going to see things a little differently.”

Just think, someday, the term “2020” will be code for everything that’s out of control. You’ll walk in the door, and your spouse will ask, “How was your day?” And you’ll reply, “A total 2020.” Your spouse will understandably respond, “Say no more.”

Even going shopping, we need to keep a sense of humor. It used to be that when we left the house, we just grabbed our wallet and the car keys. Now we take our wallet, car keys, face mask, hand sanitizer, gloves and a 6-foot cattle prod.

The other day, when I finished my shopping, I noticed a big X on the floor by the register for me

to stand on. I’ve seen too many Road Runner cartoons to fall for that one.

This Thanksgiving, many of us may experience an entirely new format due to COVID-19. Just remember: There’s always something to be thankful for on Thanksgiving.

Even if it’s just not being a turkey. On the other hand, many of us may not mind that the family can’t get together.

Andy Borowitz suggests, “For those of you who cannot be with family this Thanksgiving, please resist the urge to brag.”

Whether or not the family can get together, let’s not forget we have a lot to look forward to.

I noticed early this month on Facebook, my nephew posted a picture of the Christmas tree he had already put up in his living room. He just couldn’t wait for the good feelings of the holidays. Of course, if you’re a Hallmark Channel addict, you’ve been watching Christmas movies since the pandemic started.

I look forward each holiday season to reading or watching the classic “A Christmas Carol”

by Charles Dickens. The story of a bitter man’s transformation into a caring benefactor to the Cratchit family always lifts my spirits.

You may not realize that Dickens’ book is responsible for introducing the greeting “Merry Christmas” to the English-speaking world.

Dickens himself presented Christmas Eve readings of the tale in New England in 1867. Upon hearing the story, one Bostonian businessman, Mr. Fairbanks, was so touched that he closed his own factory on Christmas Day and gave every employee a turkey.

The allegory of Ebenezer Scrooge changed New England’s observance of Christmas from a day of drunken revelry into a day of joy and charitable giving. Once introduced to America, Christmas Past, Present and Future spirits inspired good cheer resulting in Christmas Day being declared a national holiday effective June 26, 1870. Despite current challenges, there are still celebrations to be enjoyed, and kindness and good deeds to be shared. Let’s keep our good humor as we express gratitude for our blessings.

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

Letters to the Editor: Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community.

Priority goes to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant review, theater review or travel journal submissions welcome.

FROM THE GOVERNOR

OC is one of 28 counties moving back to purple tier

As of Monday, Orange County was one of 28 counties being moved back to the most restrictive tier of California’s matrix governing business operations. Out of the state’s 58 counties, 41 are now in the restrictive purple tier, which limits capacity at retail establishments, closes fitness centers and mandates outdoor-only service at restaurants.

Orange County had been in the slightly less-restrictive “red” tier of the four-level matrix, but rising daily COVID-19 case numbers changed that.

County officials reported 380 new cases of COVID-19 and no additional deaths Monday, bringing totals to 65,605 cases with 1,526 fatalities. Seal Beach has 333 cases as of Monday, according to the Orange County Health Care Agency.

Gov. Gavin Newsom also announced changes in the way counties will be classified in the matrix. Counties that have spiking virus metrics can now move backward in the state’s four-tier reopening matrix after one week, not the previous two-week requirement.

Counties can also now move back multiple tiers if needed, and counties that move backward must require industry restrictions immediately, not in three days.

Newsom said daily COVID-19 case rates have doubled over the past 10 days, the highest increase the state has seen since June. The state has 11 “surge facilities” that can be activated to prevent hospitals from being overwhelmed in particularly hard-hit areas, the governor said.

California has taken additional steps to prepare the state for an increase in COVID-19 cases. The state has developed more

testing capacity to allow cases to be quickly identified, recently opening a new laboratory in Valencia that is already processing thousands of tests a day. The state is averaging 164,345 tests over the last seven days.

The state has been working in partnership with hospitals, clinics

and physicians on the COVID-19 response. To support California’s health care-delivery system, the state has an additional 1,872 beds available at care sites outside of the system that can be made available quickly if needed.

For more information, visit covid19.ca.gov.



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Government

GRF Board of Directors Meeting Agenda

Clubhouse 4
Tuesday, Nov. 24, 10 a.m.
Via Live Stream

- To view the live GRF Board meeting:
- Go to www.lwsb.com
 - Click on the Live GRF Board meeting tab.
 - The live streaming uses YouTube live and terminates at the close of the meeting
- 1) Call to Order/Pledge of Allegiance
 - 2) Roll Call
 - 3) President's Comments
 - a) Announcements
 - 4) Seal Beach City Council Member's Update
 - 5) Health Care Advisory Board Update
 - 6) Shareholder/Member Comments
 - a) Written, submitted prior to meeting
 - b) Verbal, via live streaming

Note: Foundation Shareholder/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to:

 - 4-minute limit per speaker, when there are no more than 15 speakers
 - 3-minute limit per speaker, 16 - 25 speakers
 - 2-minute limit per speaker, over 26 speakers
 - 7) Consent Calendar
 - a) Committee/board meetings for the month of October
 - i) Minutes of the Recreation Committee Board Meeting of Oct. 5
 - ii) Minutes of the Finance Committee Board Meeting of Oct. 19
 - b) GRF Board of Directors Minutes, Oct. 27
 - c) October GRF Board Report, Nov. 24
 - d) Accept Financial Statements, October 2020, for audit
 - e) Reserve Funds Investment Purchase
 - 8) Reports
 - a) AB 3182 Ad Hoc Committee
 - b) Bulk Cable Services Ad Hoc Committee
 - c) COVID-19 Ad Hoc Committee
 - d) Strategic Planning Ad Hoc Committee
 - e) Website Ad Hoc Committee
 - 9) New Business
 - a) General
 - i) Emergency Action—Public Safety/Purple Tier
 - b) 28-Day Notifications to the Membership
 - i) FINAL VOTE: Amend 70-1412.2-1, Smoking Prohibition
 - ii) FINAL VOTE: Amend 70-1447-1, Use of Community Facilities, Mini Farm—Rules

MEETING, page 22

Carport Cleaning Schedule 2020

The remainder of the holiday carport cleaning schedule for 2020 is as follows:

- Thanksgiving Day, Thursday, Nov. 26**
Mutual 11, Carports 130-131; Mutual 15, Carports 3, 6-8, 10-13; and Mutual 16, Carport 9, will be cleaned Monday, Nov. 30.
- Christmas Day, Friday, Dec. 25**
Mutual 14, Carports 150-157; Mutual 15, Carports 1-2, will be cleaned Thursday, Dec. 31.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., Nov. 19	Mutual 2 virtual.....9 a.m.
Thurs., Nov. 19	Mutual 11 virtual..... 1:30 p.m.
Fri., Nov. 20	Mutual 6 virtual..... 9:30 a.m.
Mon., Nov. 23	Mutual 8 (open forum, 9 a.m.) virtual..... 9:30 a.m.
Tues., Nov. 24	Mutual 1 (rescheduled) virtual.....9 a.m.
Tues., Dec. 1	Mutual 16 virtual..... 9:30 a.m.
Tues., Dec. 1	Mutual 17 virtual..... 1:30 p.m.

COMMENTS/QUESTIONS FROM THE MEMBERSHIP Nov. 24, 2020, GRF Board of Directors Meeting

Submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Mrs. Deanna Bennett, Executive Coordinator, no later than 4:30 p.m. on Friday, Oct. 23. You may also drop off your question/comment at the Stock Transfer Office, Attention Deanna Bennett or email your question/comment to grfboardaction@lwsb.com.

Today's Date: _____

Your Name (please print): _____ Mu # _____ Apt. # _____

My Subject is: _____

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board (Civ. Code §4925(b)). Time limits per speaker are limited to: four minutes when there are no more than 15 speakers; three minutes, 16-25 speakers; and two minutes, more than 26 speakers.

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By calling the number above, you will be directed to a licensed insurance agent. Medicare has neither reviewed nor endorsed this information.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.

Thurs., Nov. 19	AB 3182 Ad Hoc Committee Clubhouse 4 1 p.m.
Tues., Nov. 24	GRF Board Monthly Meeting Clubhouse 4 10 a.m.
Mon., Nov. 30	Special GRF Board Meeting Clubhouse 4 10 a.m.
Wed., Dec. 2	Physical Property Committee Clubhouse 4 1 p.m.
Thurs., Dec. 3	COVID-19 Ad Hoc Committee Clubhouse 4 1 p.m.
Fri., Dec. 4	GRF Board Executive Session virtual 1 p.m.

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Security Department Incident Report

The following is a partial list of Security calls for the month of October. For more information, call 594-4794.

TYPE OF INCIDENT	NUMBER OF INCIDENTS
Paramedic Calls	132
Theft <i>Most thefts were crimes of opportunity, for example items taken from unlocked vehicles, bicycles and storage units.</i>	10
Vandalism	4
Hit and Runs	1
Traffic Accidents	2
Death Investigations	14
Lost Residents	6
Injuries	7
Noise Complaints	2
Fires	2
Miscellaneous Incidents <i>This includes neighbor and/or domestic disputes, dog violations, etc.</i>	50

405 Freeway Project Update

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the

Los Angeles County line. Construction updates are as follows: **Nightly Consecutive Ramp Closures Scheduled for Six Months**

Crews are scheduled to close the following ramps each night for six months to support bridge

Get Medicare Help

The Health Insurance Counseling and Advocacy Program (HICAP) offers free, unbiased Medicare counseling. Medicare is often complex and confusing. HICAP offers one-on-one counseling to help Medicare beneficiaries and their families, friends and caregivers, understand their Medicare benefits and best health-care options.

HICAP is part of the national network of State Health Insurance Assistance Programs (SHIP) and is the most dependable source of unbiased and accurate Medicare-related information. The Council on Aging's HICAP counselors are trained, state-registered staff and volunteers. For more information, call (800) 434-0222 or (714) 560-0424 and ask for HICAP.

construction activities at Magnolia Street and Brookhurst Street:

- Southbound I-405 loop on-ramp from Magnolia Street
»Detour: southbound Magnolia to eastbound Talbert Avenue to southbound I-405 on-ramp
- Southbound I-405 on-ramp from Warner Avenue
»Detour: eastbound Warner to southbound Brookhurst Street to eastbound Talbert Avenue to southbound I-405 on-ramp
- Southbound I-405 loop on-ramp from Brookhurst Street
»Detour: southbound Brookhurst Street to eastbound Talbert Avenue to southbound I-405 on-ramp

405, page 10

SYMPTOMS from page 3

Both can result in pneumonia, and both can be mild or severe, or even fatal in rare cases.

How It Spreads

Both the flu and COVID-19 spread in similar ways. Droplets or smaller virus particles from a sick person can transmit the virus to other people nearby. The smallest particles may linger in the air, and another person can inhale them and become infected.

Or, people can touch a surface with viruses on it, and then transfer the germs to themselves by touching their face.

People infected with the coronavirus or the flu may not realize they are sick for several days, and during that time, they can unknowingly spread the disease to others before they even feel sick.

Treatment

Neither the flu nor COVID-19 is treatable with antibiotics, which only work on bacterial infections.

Both are treated by addressing symptoms, such as reducing fever.

Severe cases may require hospitalization, and very ill patients may need a ventilator, a machine that helps them breathe.

Antiviral medications may shorten the duration of both illnesses.

Prevention

Both can be prevented by wearing a mask, frequent and thorough hand washing, coughing into the crook of your elbow, staying home when sick, and limiting contact with people who are infected.

Physical distancing limits the spread of COVID-19 in communities.

HOLIDAYS from page 1

is anyone who currently lives and shares common spaces in your housing unit. This can include family members, as well as people who are unrelated to you. People who do not currently live in your housing unit, such as grandchildren visiting for holidays, should be considered part of different households. In-person gatherings that bring together family members or friends from different households pose varying levels of risk.

Factors that contribute to the risk of getting and spreading COVID-19 at small in-person gatherings. In combination, these factors will create various amounts of risk:

Community Levels of COVID-19—High or increasing levels of COVID-19 cases in the gathering location, as well as in the areas where attendees are coming from, increase the risk of infection and spread among attendees.

Family and friends should consider the number of COVID-19 cases in their community and in the community where they plan to celebrate when deciding whether to host or attend a gathering. Information on the number of cases in an area can often be found on the local health department website. Cases in Orange County and surrounding areas are on the rise. The information changes daily. To check local numbers, check the Orange County Health Care Agency website at <https://occcovid19.ochhealthinfo.com>.

Exposure During Travel—Airports, bus stations, train stations, public transport, gas stations and rest stops are places travelers can be exposed to the virus in the air and on surfaces.

Location of the Gathering—Indoor gatherings, especially those with poor ventilation (for example, small enclosed spaces with no outside air), pose more risk than outdoor gatherings.

Duration of the Gathering—Gatherings that last longer pose more risk than shorter gatherings. Being within 6 feet of someone who has COVID-19 for a cumulative total of 15 minutes or more greatly increases the risk of becoming sick and requires a 14-day quarantine.

Number and Crowding of People at the Gathering—Gatherings with more people pose more risk than gatherings with fewer people. The CDC does not have a limit or recommend a specific number of people for gatherings. The size of a holiday gathering should be determined based on the ability of people from different households to stay 6 feet (2 arm lengths) apart, wear masks, wash hands, and follow state, local, territorial or tribal health and safety laws, rules and regulations.

Behaviors of People Prior to the Gathering—Individuals who did not consistently adhere to social distancing (staying at least 6 feet apart), mask wearing, hand washing and other prevention behaviors pose more risk than those who consistently practiced these safety measures.

Behaviors of People During the Gathering—Gatherings with more safety measures in place, such as mask wearing, social distancing and hand washing, pose less risk than gatherings where fewer or no preventive measures are being implemented. Use of alcohol or drugs may alter judgment and make it more difficult to practice COVID-19 safety measures.

Do not host or participate in any in-person gatherings if you or anyone in your household:

- Has been diagnosed with COVID-19 and has not met the criteria for when it is safe to be around others
- Has symptoms of COVID-19
- Is waiting for COVID-19 viral test results
- May have been exposed to someone with COVID-19 in the last 14 days
- Is at increased risk of severe illness from COVID-19

People at Increased Risk for Severe Illness

If you are an older adult or person with certain medical conditions who is at increased risk of severe illness from COVID-19, or live or work with someone at increased risk of severe illness, you should avoid in-person gatherings with people who do not live in your household.

If you are hosting a holiday dinner:

- Limit the number of attendees as much as possible to allow people from different households to remain at least 6 feet apart at all times. Guests should avoid direct contact, including handshakes and hugs, with others not from their household.
 - Host outdoor rather than indoor gatherings as much as possible. Even outdoors, require guests to wear masks when not eating or drinking. Make sure masks cover both the mouth and nose. It is also important to stay at least 6 feet away from people who are not in your household at all times.
 - Increase ventilation by opening windows and doors to the extent that is safe and feasible based on the weather, or by placing central air and heating on continuous circulation.
 - Encourage guests to avoid singing or shouting, especially indoors.
 - Encourage people to wash their hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use hand sanitizer that contains at least 60-percent alcohol.
 - Provide guests information about any COVID-19 safety guidelines and steps that will be in place at the gathering.
 - Provide and/or encourage people to bring supplies to help everyone to stay healthy. These include extra masks (do not share or swap with others), hand sanitizer and tissues. Stock bathrooms with enough hand soap and single-use towels.
 - Limit contact with commonly touched surfaces or shared items such as serving utensils.
 - Clean and disinfect commonly touched surfaces and any shared items between uses when feasible. Use EPA-approved disinfectant.
- The more of these prevention measures that you put in place, the safer your gathering will be.

Employment Opportunity



RV Lot & Mini Farms Attendant

GRF currently has 2 immediate part time openings in our RV Lot/Mini Farms Community Garden. Under the direction of the Library Supervisor and Recreation Director, the RV Lot & Mini Farms Attendant will provide comprehensive inspections of Trust Property at the 5.5-acre RV lot and 1.8-acre lot under individual GRF member lease terms as well as Trust Property leased for Club use. This is an active position that also includes indoor and outdoor working environments.

Duties and responsibilities to include:

- Administrative
- Answering phones
- Providing members with excellent customer service
- Reporting new and terminated leases to the Finance Department, daily operational/maintenance issues, daily activity report and completes monthly inspection reports.
- Schedule any maintenance or pest control orders for the RV lot and assigned 1.8-acre plot
- Verifies that policies, use conditions, and restrictions of the lot are being followed
- Inspections of the RV lot and 1.8 Acre amenities to ensure all areas are well maintained and in good working order while maintaining the overall appearance and cleanliness of these locations
- Maintains the inventory of membership and recreational vehicles, ensures all RV's have current registration, coordinates new leases, manages 1.8 acre stall & farm plot assignment, annual billings, late notices, and policy/lease agreement violation notices and processes all payments using point of sales system.
- Maintenance duties include sweeping, watering, removing trash and debris to ensure the lots overall appearance is always maintained.
- Ensures the USA Flag is properly maintained and replaced at the charging station as needed.
- All other duties assigned

If this sounds good, we invite you to apply on-line at www.lwsb.com/careers.

Religion

Redeemer Lutheran & St. Theodore's

By Lisa Rotchford
Reverend

St. Paul writes in his first letter to the people in Thessalonica (who lived through their own extended plague in history): "Rejoice always, pray without ceasing, give thanks in all circumstances" (1 Thessalonians 5:16-18).

It's hard to feel like rejoicing when we pick up the paper or turn on the news and are met with alarming pandemic numbers and other scary news stories. Yet we live at a point in history where science is making remarkably quick strides to bring an end to this precarious time. Looking throughout history, plagues and pandemics were not measured in months or even a few years, but often decades! If we truly have a number of scientists working on vaccines and antibodies that can more quickly get this pandemic under control, there is hope. And hope leads to rejoicing.

As people with a relationship with God, praying without ceasing is a given. Our prayers over the last year may have had more asking (and perhaps pleading) compared to some years past, but we are called to pray at all times in our lives. Pray when things are looking good as well as not-so-good. There is a comfort to having a frequent, comfortable prayer relationship with the divine.

As Thanksgiving approaches, we are reminded to give thanks to God in all circumstances. Grateful to have our cupboards, refrigerators and plates stocked every day of the year. This year's Thanksgiving gathering and feast may look and feel a little different, but the feeling of being grateful can be the same.

Rejoice in your circumstances, pray for your needs and those of your neighbors, and remember to give thanks at all times—especially this year. St. Paul reaches across the centuries and miles and joins us by encouraging our rejoicing, our praying and our Thanksgiving season.

In an abundance of caution, we are closely monitoring the national, state and local guidelines to keep our congregation safe. As we are allowed to remain open, Redeemer Lutheran and St. Theodore's Episcopal worship services are at 8:45 a.m. and 9:30 a.m. outside, weather permitting, and 10:30 inside the sanctuary. Services must adhere to the CDC guidelines: masks, social distancing and under 40 minutes in length. Organist Sharon Heck plays hymns throughout the worship gathering time. Bread and wine Communion is hygienically sealed and distributed for all to take home and share with prayers. Join us at 135654 Saint Andrews Drive (across from the administration building parking lot), and call the church at (562) 598-8697 for updated information.

Assembly of God

By Norma Ballinger
LW contributor

Assembly of God will gather at the amphitheater for service at 11 a.m. on Sunday. Attendees are asked not arrive before 10:45 and may enter from either side (east or west), near the restrooms. The staff will sanitize the first three rows, which are marked off for social distancing. Wearing a mask during the service is required.

Dense Smith will lead songs of thanksgiving and praise and Dan Ballinger will sing "Thanks Be To God." Pastor Sam Pawlak will deliver a sermon of gratitude to God for his many blessings.

What will your holiday be like? First Thessalonians 5:18 tells us, "Give thanks in 'all' circumstances." You may be alone this holiday, or have only a few loved ones surrounding you. Be thankful for your life in Christ, and share that with others in a phone call or email. Reach out to those who may be truly suffering with physical pain or loss. "This is the day the Lord has made; let us rejoice and be glad in it," Psalm 118:24 says. "Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns" (Philippians 4:6-7 from The Message.).

First Christian Church

By Bruce Humes
Pastor

Faith is defined in the Oxford Dictionary like this: "1) Complete trust or confidence. 2) Firm belief, without logical proof. 3) A system of religious belief (the Christian faith)."

The Holy Bible, the source of the Christian faith or belief system, has much to say about faith. For instance, in Hebrews 11:1, the writer gives us a biblical description of faith and what it does for us: "Now faith is the substance of things hoped for, the evidence of things not seen." The verse can be paraphrased like this, "My conviction is the realization of things expected, and my confidence of/in things not seen."

This faith is confidence in the trustworthiness of God to do what he says and promises.

In John's gospel, Jesus tells us in Chapter 14, Verses 1-2, "Let not your heart be troubled; you believe in God, believe also in me. In my father's house are many mansions; (dwelling places) if it were not so, I would have told you. I go to prepare a place for you."

Jesus continues in verse 3, "And if I go and prepare a place for you, I will come again and receive you to myself; that where I am, there you may be also." In these three verses Jesus delivers three great promises that Christians believe by faith.

In Hebrews 13:5 it is written, "Let your conduct be without covetousness; (some clear instruction for Christians) be content with such things as you have. For he himself has said, 'I will never leave or forsake you.'" Let's not be mistaken, Christians go through and will go through difficult and trying times, but by faith we believe these two great promises from God that "he will not leave or forsake us." That is why "we may boldly say: 'the Lord is my helper; I will not fear. What can man do to me?'" (Hebrews 13:6).

Another promise from God can be seen in Peter 2:6, which says, "Therefore it is also contained in scripture, 'Behold, I lay in Zion a chief cornerstone, elect, precious, and he who believes on him (faith) will be by no means put to shame.'" Shame here means disgraced or dishonored.

What another great promise from God.

In the book of John, Chapter 11, the death of Lazarus is recorded. Martha, Lazarus' sister, had summoned Jesus to come and heal him before he died. We pick up the conversation between them in verses 21-27: "Now Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you.' Jesus said to her, 'Your brother will rise again (a promise).'"

"Martha said to him, 'I know that he will rise again in the resurrection at the last day (a bold statement of faith).' Jesus said to her, 'I am the resurrection and the life. He who believes in me, though he may die, he shall live (another great promise from God). And whoever lives and believes in me shall never die. Do you believe this?'"

"Yes, Lord I believe that you are the Christ, the Son of God, who is come into the world."

Martha expressed her deep faith in Christ. And Jesus kept his promise and raised Lazarus from the dead.

The apostle Paul in his letter to the Ephesians wrote in 2:8-9, "For by grace (God's unmerited favor) you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone one should boast."

So it's through our faith, which is the deep conviction in the one who saved us by his grace and has given use the free gift of salvation through the death, burial and resurrection of his son, Jesus Christ, that brings those who believe victory over death. This is the faith of all born again believers in the Christian faith.

No matter how difficult and troublesome the world gets around believers, they can always rejoice knowing that he will never leave or forsake them. Let's take great comfort in God promises.

If you want to speak to someone at the church or have a need, call the First Christian Church office at (562) 431-8810. Leave a recorded message and someone will return your call.

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430-0534

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COMMUNITY CHURCH

How hope shapes our generosity in simple ways

By Johan Dodge
Reverend

As I write this, the country is still deeply divided. Almost everything around us, including the talking heads, are telling us of our inescapable division, and that the other viewpoint, whatever that other viewpoint may be, is wrong.

Meanwhile, the church is currently in the season of Advent. Community Church is participating in the season of extended Advent, which runs seven weeks instead of the traditional four weeks. Advent is the start of the Christian year, so while we may still be stuck in 2020 for a few more weeks, in the church we can already begin to look past this year for the record books.

As we look to the future together, as we begin to dream, Advent reminds us that there was very little room for the baby Jesus to be born in a world under Roman occupation, and yet God's divine hope found a way in a manger, a feeding trough for



Sandy Walker and the "Tree of Gratefulness"

animals, in a small town away from the trappings of power and corruption.

Our online worship community is continuing to grow on Facebook, so whether you are joining us for the first time, or are a recent participant in our worship, I will share what I share every Sunday morning: "You are welcome here. Here is a place where all are welcome."

Our theme for this year is: "Carved by Love: A year of Good News." This third Sunday of Advent is focused on Matthew 25:31-46.

To hear this teaching as well as worship music, tune in on

Sunday morning at 9:50 on Facebook live. @community-churchleisure-world. To join virtual fellowship, you will need to call the church office or email leisurewccsue@yahoo.com.

Those who don't have a computer or Facebook can call in to the phone system at (562) 431-2503 and listen to the weekly message beginning Sunday evening

Communion is served the first Sunday of the month at 1 p.m. in front of the church. The elements are pre-sealed for safety, and the liturgy is part of the morning worship on Facebook. Those who come must wear a mask and maintain distancing. The Communion table is an open table; all who want to receive Communion may participate. You do not need to be a member of the church.

A day of prayer was observed to prepare for the Thanksgiving
COMMUNITY, page 23

LW Baptist

By Rolland Coburn
Pastor



Rolland Coburn

The Bible makes a promise of new life in Christ: "Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come," (2 Corinthians 5:17).

"Things are different now, something happened to me/When I gave my heart to Jesus/ Things are different now/ I was changed it must be, when I gave my life to him/ Things I loved before have passed away/ Things I love far more have come to stay/ Things are different now; something happened that day, when I gave my heart to him."

A volunteer at our church and regular attendee named Myrtle came to Christ late in life, and she eagerly helped in the church office every week. One day our two-and-a-half year old daughter saw Myrtle working in the church and asked me, "Daddy, does Myrtle live at the church?" Myrtle laughed hearing the incident and later told me, "I get a thrill from head to toe every time we sing, "When the Lord saved me, something wonderful happened/Old things passed away/ Darkness turned to day, when the Lord saved me."

Another family friend had a heart for personal evangelism. He loved to quote the promise, but he always quoted it incorrectly, and that bothered me, though respectfully I said nothing. He would say, "Old things will pass away; behold all things will become new." But the promise does not refer to future spiritual growth. Myrtle was right. When we come to Christ there is a decisive break with the past, and our lives have begun anew in Christ.

As a pianist and composer put it, "Once there was sadness, no ray of gladness/ Dark was the way and so drear/ Then I met Jesus, wonderful Jesus/ He brought me sunlight and cheer/ There's a melody divine deep within this heart of mine, since Christ has taught me harmony/ There's music in my soul, since he has gained control/ He gives us perfect peace and victory, constantly/ Though trials may overtake me, he never will forsake me/ I'll trust him with this life of mine/ For nothing can destroy this harmony of joy, my melody of love divine."

LW BAPTIST, page 23

Church of Jesus Christ of Latter-Day Saints

By Jim Greer
LW Contributor

"Our faith teaches that we are all children of our Father in Heaven, and we worship him and his son, Jesus Christ, who is our savior," declared Elder Quentin L. Cook in the October General Conference. "Our desire is that our hearts and minds will be knit in righteousness and unity and that we will be one with them."

Elder Cook further explained that righteousness is a comprehensive term that includes living God's commandments. Personal righteousness does not depend on our experiencing every blessing in our lives. And despite those missing blessings, the heavenly father promises that the faithful righteous "may dwell with God in a state of never-ending happiness."

Unity is also a broad term that

exemplifies the first and second great commandments to love God and our fellow men. As we live in love for God and each other, we become a Zion people with hearts and minds "knit together in unity."

Ours is a time of strong divisions. But despite the society in which we live, millions who have accepted the gospel are determined to dwell in righteousness and unity. As followers of the savior, we have covenanted to do better and overcome the challenge of our day, that we may be a force that lifts and blesses society.

Elder Cook challenges us to "commit ourselves as members of the Lord's Church to live righteously and be united as never before." He reminds us that President Russell M. Nelson has asked that we "demonstrate greater civility, racial and ethnic harmony, and mutual respect."

By loving each other and God, we accept everyone as brothers and sisters and become a Zion people.

Our all-inclusive doctrine makes the Church an oasis of unity and celebration of diversity. Fostering an atmosphere of inclusion and respect for diversity engenders even greater unity. Embedded in the savior's ministry is the message that all races and colors are children of God, making us all brothers and sisters.

In the Intercessory Prayer, Christ acknowledged that the father had sent him and that he had finished the work he was sent to perform. The savior also prayed for those who believe in him: "That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us."

The early church was composed
LDS, page 23

Congregation Sholom

Rabbi Eric Dangott will livestream services via Zoom on Friday, Nov. 20, at 6:30 p.m. and Saturday, Nov. 21, services at 9:30 a.m.

Any new Congregation Sholom members who want to watch the livestream should contact Jeff Sacks to receive the Zoom invitation. Text to Jeff at (714) 642-0122 email or him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice beforehand can call Jeff ahead of time.

Zoom also provides a phone number to call if you do not have Internet service. The number in California is in San Jose. (Area code 669). To call inside California is toll-free for most, but you may want to check with your phone provider.

The Zoom link is <https://us-02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhy>

QmY1U01JQT09, the meeting ID is 375 251 9429 and the passcode is 8ZYy69

Those who want to call in to the Zoom meeting need to dial +16699009128, the meeting ID is 375 251 9429.

Congregation Sholom will host a Zoom Bingo game on Nov. 22 at 4 p.m.

Electric Shabbat Candles that have graciously been obtained for Leisure World residents by Rachel Berkowitz of Chabad are available for \$8. This will enable shareholders to "light" a candle on Friday night and keep it burning until after Havdalah on Saturday night without a risk of fire. Contact Carol Levine to receive a set.

Those who want to participate in the livestreamed services on the Congregation Sholom of Leisure World Group Facebook page should contact Ron Yaffee at (562) 430-7040.

Beit Halev

The Beit HaLev Zoom community has blossomed into a small but close-knit group; Rabbi Galit Shirah has instituted a brief "social hour" for members to interact with one another. The group is called "Coffee Chavurah" and it meets on Fridays at 5:30 p.m. as well as after Saturday morning services on Zoom. Services still begin at 6 p.m. on Fridays and Saturdays at 10:30 a.m.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>; the meeting ID is 915 243 4704, and the passcode is RavGalit.

Beit HaLev continues to livestream on Facebook as well. To attend, go to Rabbi Galit



Rabbi Galit Shirah

Shirah's website at galityomtov.com, [Facebook.com/galityomtov](https://www.facebook.com/galityomtov) or [YouTube.com](https://www.youtube.com) on the "Shabbat Shalom LIVE!" channel. A link to the PDF version of each prayerbook, "Lev L'Lev," is provided at each service.

"Toledot" (Generations), Genesis 26:23-27:27, begins with Abraham's son and heir, Isaac. He builds well after well, and each

time his toil is stolen from him. Yet he persists until finally he build one he calls "Shiba" (seven or oath), which is given to him in an oath and is the site of the modern city of Beersheba in Israel. Esau marries a Canaanite woman, disappointing both parents. Jacob and Esau build upon their sibling rivalry when, with Rebecca's assistance, Jacob deceives his father into bestowing a blessing Isaac meant for Esau, who threatens to kill his brother; Rebecca and Isaac regretfully send Jacob away to her brother Laban where he falls in love with Laban's younger daughter, Rachel.

Rabbi Galit Shirah conducts a weekday Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom
BEIT HALEV, page 23

Holy Family Catholic Church

Holy Family Catholic Church will observe the Solemnity of Our Lord Jesus Christ, King of the Universe, on Sunday, Nov. 22.

Due to updated COVID-19 restrictions, Masses will now be held outside the church. Dress warmly and, if possible, bring your own
HOLY FAMILY, page 23

FAITH CHRISTIAN ASSEMBLY

Thanksgiving service is on Nov. 25

Thanksgiving is a time to stop, reflect and give thanks to the Lord for the many blessings he has given us. Psalm 107:1 tells us to "give thanks to the Lord, for he is good; his love endures forever."

Faith Christian Assembly will have its special one-hour Thanksgiving Eve service on Wednesday, Nov. 25, at 11 a.m. in the main sanctuary. It is a blessing to be able to "Exalt His Name together."

Out of an abundance of caution, Faith Christian Assembly will take your temperature at the door, and you will be asked to wear a mask,
FCA, page 23

Health & Fitness



Brighten and lighten your holiday table with new flavors and healthy side-dish options.

Create new holiday favorites with Chef Pablo

By CJ Blomquist
OptumCare

With the holidays just around the corner, it's the perfect time to break out the recipe books. If you're looking for something new to add to your table this year, join Chef Pablo on Dec. 3 for a special virtual cooking class.

"Chef Pablo has been here in Leisure World a few times, and he has always been popular," said Grecia Nunez, the senior ambassador at the Health Care Center. "His class on simple and inexpensive salads was so crowded residents were standing on the side! He has an amazing ability to make recipes fun and

easy for cooks of all types."

Because of the pandemic, the class will be held on Zoom, but that may make it better, Nunez pointed out. "This gives you a chance to follow along with all the tools at your fingertips," she said. "And you don't have to worry about being in a crowded classroom!"

Many LW residents won't be traveling for the holidays, but that doesn't mean a special occasion meal has to be boring. "This is a great time to experiment with new flavors and ideas," Nunez said. "You can discover new holiday favorites to share with your loved ones next year. . . . Or make some special meals for

your neighbors and friends. We may not be able to enjoy a feast together, but we can still share some of our favorite dishes in healthy ways."

Sponsored by Alignment Health Plan, a Medicare Advantage plan, Chef Pablo's class is scheduled for 1 p.m. is <http://www.zoom.us/join>. The meeting ID is 939 5565 4103, and the passcode is monarch. It is recommended that you sign in a few minutes early.

For more information, contact Nunez at gnunez@mhealth.com. Find more upcoming events at www.optumcare.com/landing/leisure-world-health-care-center/event-calendar.html.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and an 8 ounce carton of 1 percent milk. The cold lunch may be an entrée salad or a sandwich with a small side salad. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Nov. 19: Spaghetti marinara with meatballs, whole-grain roll, and seasoned broccoli; watermelon; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.

Friday, Nov. 20: Beef Stroganoff with seasoned egg noodles, zucchini medley, and seasoned cauliflower; yogurt with fruit; taco salad, with shredded chicken, diced tomato, corn, black beans, cheese, cilantro and salsa dressing, plus crackers.

Monday, Nov. 23: Oven-roasted pork loin with honey mustard sauce, barley pilaf, and Brussels sprouts; vanilla pudding; tuna-salad sandwich, with spinach, tomato and pickle, plus marinated confetti salad.

Tuesday, Nov. 24: Stuffed bell pepper, garlic-and-chive mashed potatoes, and green beans with pimentos; yogurt with berries; entrée Greek chicken salad, with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.

Wednesday, Nov. 25: Roast turkey with sage gravy, cornbread stuffing, garlic-and-chive mashed potatoes, and peas and carrots; pumpkin pie; roast beef-and-cheese sandwich, with lettuce, tomato and pickle, plus homemade macaroni salad.

Hot Meals Drive Through Program

The Hot Meals Drive Through program is available for residents of Orange County's District 2, which includes Leisure World Seal Beach. Participants must be aged 60 and older, single parents or unemployed individuals or have disabilities.

There are three sites open one day per week at which people may pick up two dinner meals.

Qualified applicants must register in advance at www.ocmeals.com. Anyone requiring assistance in completing any step of the application process should email info@ocmeals.com or call (949) 335-7702.



Spreading kindness in your family and community can help manage depression and stress.

Have your neighbor's back in the pandemic

Though Leisure World Seal Beach has remained largely COVID-free, there's a good chance many residents know someone who was affected by the virus. Social distancing measures have prevented people from helping sick friends and family, but experts say people need to be more supportive during the pandemic.

"If you know someone who has become ill with COVID-19, do not to judge or blame them," said Dr. Trey Dobson, chief medical officer at Southwestern Vermont Medical Center. "COVID-19 is truly something that can happen to most anyone, even those following all reasonably preventative measures."

According to Dobson, a

supportive culture encourages, motivates and inspires others to follow health recommendations, which benefits the community as a whole. "A supportive culture is one that follows the principal 'I have your back, and you have mine,'" he explains. "Communities that can maintain a supportive culture will have low numbers of COVID-19 cases and few outbreaks while working to establish widespread vaccination."

Showing support can also help to relieve stress. Whether or not a person has been ill, there's often other factors that have increased stress during the pandemic, whether it's financial, job-related or from being a caretaker for other family members. A high level of

stress can lead to depression, anxiety, a lowered immune system and an increase in cognitive errors. The Minnesota Department of Health found that being supportive of others not only helps that person, but it also increases the supporter's sense of purpose and value, improving his or her own well-being.

"There is extensive evidence that giving to someone else makes people feel good," said Dr. David Fryburg, a physician and co-founder of Envision Kindness. "That feeling, colloquially labeled the 'helper's high,' feels good because it activates reward systems in the brain. Caring about others is a potent stress reliever likely through creating positive connection."

LOS ALAMITOS MEDICAL CENTER

Brand-new Step Down Unit opens

Los Alamitos Medical Center (LAMC) recently opened a state-of-the-art Step Down Unit (SDU), just in time for the flu season.

The new unit is for patients who are no longer required to be in an intensive care or critical care unit but are not yet well enough to be in general care.

Among the modern technology introduced in the SDU is the use of on-the-wall computer units, which help staff to provide a higher level of care. Instead of wheeling in computer carts, all the information a caregiver needs is in the room, with electronic

health records updated in real time, and vitals such as heart rate and blood pressure can be checked and monitored in the unit or from the unit station. It's space-saving and safer.

The new SDU has 18 beds and single rooms to help with patient flow.

"I'm proud to be able to add this level of service for the patients in our community," said Kent Clayton, chief executive officer of Los Alamitos Medical Center. "We've created spacious rooms with advanced technology that will allow our staff to provide great care to our patients."



Los Alamitos Medical Center CEO Kent Clayton cuts the ribbon with CFO Jeff Robey and CNO Judy Chabot to open the new Step Down Unit. Joining in the event are SDU Director Jon Blomberg (second from left) and staff.

Food Handling in the Time of COVID-19

Currently, there is no evidence to suggest that handling food or eating is associated with directly spreading COVID-19.

But it is possible that a person can get COVID-19 by touching a surface or object, including food, food packaging or utensils that have the virus on it and then touching their own mouth, nose or possibly their eyes. However, this is not thought to be the main way that the virus is spread, according to the Centers for Disease Control. Remember, it is always important to follow food safety practices to reduce the risk of illness from common foodborne germs.

- Encourage guests to bring food and drinks for themselves and for members of their own household only; avoid potluck-style gatherings.
- Wear a mask while preparing food for or serving food to others who don't live in your household.
- Everyone should have a plan for where to store his or her mask while eating and drinking. Keep it in a dry, breathable bag (like a paper or mesh fabric bag) to keep it clean between uses.
- Limit people going in and out

of the areas where food is being prepared or handled, such as in the kitchen or around the grill, if possible.

- Have one person who is wearing a mask serve all the food so that multiple people are not handling the serving utensils.
- Use single-use options or identify one person to serve sharable items, like salad dressings, food containers, plates and utensils, and condiments.
- Make sure everyone washes their hands with soap and water for 20 seconds before and after preparing, serving and eating food and after taking trash out. Use hand sanitizer that contains at least 60-percent alcohol if soap and water are not available.

- Designate a space for guests to wash hands after handling or eating food.
- Limit crowding in areas where food is served by having one person dispense food individually to plates, always keeping a minimum of a 6-foot distance from the person whom they are serving. Avoid crowded buffet and drink stations. Change and launder linen items (e.g., seating covers, tablecloths, cloth napkins) immediately following the event.
- Offer no-touch trash cans for guests to easily throw away food items.
- Wash dishes in the dishwasher or with hot soapy water immediately following the gathering.

CALIFORNIA TELEPHONE ACCESS

Free cell phone training available

People who are having difficulty hearing or seeing on their smart phones are invited to attend a free workshop sponsored by the California Telephone Access Program on how to make them work better. Training covers volume control, sending text messages, connecting Bluetooth devices, using basic functions and more.

This is a two-part online training. A computer is needed to participate. To schedule smart phone training, call (866) 271-1540 or email smartphonetraining@ddtp.org.

405 from page 6

The nightly closures were scheduled to begin this week, and continue for approximately six months. Closure hours are 10 p.m.-5 a.m., weeknights, and 10 p.m.-7 a.m., weekends.

The duration of this work may change depending on site conditions.

Be advised that this work may be loud. Dates and times are subject to change due to unforeseen operational factors or inclement weather.

Southbound I-405 Loop Off-Ramp to Beach Boulevard is PERMANENTLY CLOSED

The southbound I-405 loop off-ramp to northbound Beach Boulevard is permanently closed. Motorists will use the Beach Boulevard/Center Avenue off-ramp from now on to access north- and southbound Beach Boulevard.

The loop off-ramp was eliminated to accommodate the widening of Beach and of the freeway. The Beach/Center off-ramp and Center are being reconstructed to accommodate the change in traffic volume.

Orange County Sanitation District

Crews are replacing sewer lines on Westminster Boulevard between Seal Beach Boulevard and Bolsa Chica Road. Expect some traffic delays.

The 405 Community Outreach Team is Still Working
Email 405project@octa.net or call (888) 400-8994 for more information. The I-405 Improvement Project mobile app provides quick access to current traffic conditions, closures and detours, along with project updates and links to contact the project team. It's available for download via the Apple Store or Google Play.

SCRABBLE G R A M S SOLUTION

A ₁	L ₁	M ₃	A ₁	N ₁	A ₁	C ₃	RACK 1 =	61
D ₂	E ₁	F ₄	I ₁	A ₁	N ₁	T ₁	RACK 2 =	69
M ₃	I ₁	G ₂	R ₁	A ₁	T ₁	E ₁	RACK 3 =	60
N ₁	O ₁	M ₃	I ₁	N ₁	A ₁	L ₁	RACK 4 =	59
A ₁	R ₁	M ₃	H ₄	O ₁	L ₁	E ₁	RACK 5 =	74
PAR SCORE 260-270							TOTAL	323

Crossword Answers

GIFT	PASTE	ALI	CHOW
ADIOS	ANTON	MIN	SHULA
GOGREATGUNS	EEK	TUNER	
ASSENT	RBI	BTU	BARTON
STAY	OOH	MARC	
AMADEUS	ALWAYS	ON	THEGO
DIVA	KEVIN	SPOT	NOB
ANOMIE	ROM	TIRE	MAME
GOINGCONCERN	TERRACES		
ERR	LHASA	INC	ENTRE
BOOK	DIVER	ACNE	
PASEO	ONE	ISSUE	SAM
LINESMAN	FROM	THEGET	GO
AMEN	OMAR	MEA	DENIAL
TEE	WITH	SNARE	DEPT
HEREWEGO	AGAIN	GRASSES	
TORO	PAW	POOR	
PATHOS	TSP	FOR	SEANCE
AVOID	TOO	GOGOD	DANCERS
PERCY	ADD	NURSE	ARIAS
ARTS	BOY	PREEN	ELMO

11/22/2020

Sudoku 1 Answers

7	9	6	1	2	4	5	8	3
4	8	1	9	3	5	6	2	7
2	3	5	6	7	8	9	1	4
9	2	3	5	8	1	7	4	6
5	4	8	7	6	3	1	9	2
1	6	7	2	4	9	8	3	5
6	1	9	4	5	2	3	7	8
8	7	2	3	1	6	4	5	9
3	5	4	8	9	7	2	6	1

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 51 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

: RIGOR GRAPH OUTWIT UPDATE
The nursery that sold bamboo was experiencing — RAPID GROWTH

Puzzle Answers

Puzzle page 18-19

STILL HAVEN'T FIGURED OUT WHAT'S CAUSING ALL YOUR HEADACHES?

NOPE

I'VE BEEN LOOKING ALL OVER FOR YOU!!

BINGO

Sudoku 2 Answers

9	7	1	4	5	2	6	8	3
8	3	4	6	9	7	5	1	2
2	6	5	1	3	8	4	9	7
6	5	3	9	2	4	8	7	1
4	2	8	3	7	1	9	6	5
7	1	9	8	6	5	3	2	4
3	8	7	5	1	9	2	4	6
5	4	2	7	8	6	1	3	9
1	9	6	2	4	3	7	5	8

Guess Who?
Kirk Hammett

Crypto Fun Answers
A. sugar B. insulin C. testing D. health

Boggle BrainBusters Answers
TIGER WHALE HYENA OTTER DINGO ZEBRA

Word-Find Answers

Word-Find grid with answers circled:

- BALLOON
- SECIPT
- WHALE
- HYENA
- OTTER
- DINGO
- ZEBRA
- TIGER

Long Beach Medical Center's Shuttle is Here

Exclusively for Leisure World Residents



Your Safety is Our Priority

- Shuttle cleaned throughout the day.
- Masks are required.
- Socially distanced seating enforced.
- If you are feeling sick, please stay home and reschedule your appointment.



Stops & Services

- **Leisure World Amphitheater Bus Corral**
- **MemorialCare Breast Center in Los Alamitos**
 - Offers mammography, breast ultrasound and bone density testing
- **Douglas Park Medical Offices** (Near the Long Beach Airport)
 - Over 15 specialties including imaging and ambulatory surgery services
- **Long Beach Medical Center and Surrounding Medical Offices**
 - Comprehensive inpatient and outpatient hospital services including imaging, rehabilitation, surgery and emergency care
 - Outpatient clinics and medical offices representing most medical and surgical specialties

Pick Up Times *(Times are estimated and subject to change)*

Leisure World Amphitheater Bus Corral
 13533 Seal Beach Blvd., Seal Beach, CA 90740
 8 a.m. | 10 a.m. | 1 p.m. | 3 p.m.

MemorialCare Breast Center in Los Alamitos
 11121 Los Alamitos Blvd., Los Alamitos, CA 90720
 8:15 a.m. | 10:15 a.m. | 1:15 p.m. | 3:15 p.m.

Douglas Park Medical Offices
 3833 Worsham Ave., Long Beach, CA 90808
 8:45 a.m. | 10:45 a.m. | 1:45 p.m. | 3:45 p.m.

Long Beach Medical Center
 2801 Atlantic Ave., Long Beach, CA 90806
 9:15 a.m. | 11:15 a.m. | 2:15 p.m. | 4:15 p.m.


MemorialCareTM
 Long Beach Medical Center

(562) 933-1233
memorialcare.org/LBShuttle

Arts & Leisure



Courtesy Antaeus Theatre Company

Marcelo Tubert records his part for “Plucker” amid recording equipment he set up at home.

ANTAEUS THEATRE COMPANY

‘The Zip Code Plays’ showcases LA’s character

Travel throughout Los Angeles’ diverse neighborhoods without leaving Seal Beach, thanks to the Antaeus Theatre Company’s “The Zip Code Plays.”

Each of the six audio plays, available at <https://www.antaeus.org>, was written by a member of the Antaeus Playwrights Lab in a different genre and focuses on its own ZIP code. The actors were provided with recording equipment to use at home, so they could obey social distancing restrictions while performing.

Directed by Carolyn Rattey, Deb Hiett’s “All Information Herein Is Classified” looks at Westwood, 90024, resident Eleanor Pender McAdams, an 80-year-old who just participated in her first street protest and is now the subject of an FBI investigation. Dawn Didawick, Bo Foxworth and Catia Ojeda perform this “official” compilation of recordings and interviews.

The ruins of an abandoned World War II Nazi compound in Pacific Palisades, 90272, are

the inspiration for Alex Goldberg’s “Annexing the Palisades.” In 1939, craftsman Joseph Kurtz takes a job there that turns out to be more complicated than he expected. Ann Noble directs Nike Doukas, Harry Groener and Adrian LaTourelle.

In “Clara and Sierra and the Talking Bear,” an encounter with a comet affects a pair of statues in downtown LA, 90012, as well as a denizen of the La Brea Tar Pits. The supernatural serio-comedy written by Angela Davis is directed by Steven Robman and stars Tony Amendola, Luis Kelly-Duarte and Abby Marks.

In “Plucker,” Mina is on trial before the Flora and Fauna Committee, defending herself against the Harvesters after eating a piece of overhanging fruit in her Santa Monica, 90403, neighborhood. Nayna Agrawal’s satire pitting the haves against the have-nots is directed by Jonathan Muñoz-Proulx and stars Veralyn Jones, Kavi Ramachandran Ladnier and Marcelo Tubert.

Khari Wyatt’s “Speakeasy” is set in South Central Los Angeles, 90011, circa 1956, and focuses on Leon Ivy; his wife, Bird; and Bird’s new business partner, Daddy August. Leon has big plans for his future, but so do Bird and August. Bernadette Speakes directs Bernard K. Addison, Lloyd Roberson II and Marlow Wyatt.

“Salvage” stars Gigi Bermingham and Jon Chaffin as a nearly blind former music teacher and the volunteer who has arrived at an auto junkyard in Sun Valley, 91352, to help her locate a part so she can take one last drive. As he attempts to help Martha in her quest to take one last drive, coincidence, empathy and music make for a very special afternoon. Julia Fletcher directs this play by Steve Serpas.

The Zip Code Play series is generously sponsored in part by the Michael J. Connell Foundation, which supports cultural, educational, environmental and medical endeavors throughout LA.

Technology Classes by Miryam

Miryam Fernandez’s technology classes are taught on Tuesdays at 2 p.m. Topics change each week. For an invitation, email Fernandez at mzzmimm@gmail.com. If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

NOTE: There is no class on Nov. 24. Happy Thanksgiving!
Dec. 8: Shopping Online Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will *never* contact you by phone, text or email. If there’s a problem with your account, they will shut you down until you contact them.

Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m.-1 p.m., on Zoom. Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390, right after the Queen Kong interview and is available on [youtube.com](https://www.youtube.com).

Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. Join the Zoom meeting by visiting <https://us02web.zoom.us/j/84982522530>; the Meeting ID is 849 8252 2530.

For more information, email arosenfeld1@verizon.net.

LW Walking Trails

Regular brisk walking can help people maintain a healthy weight; prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes; strengthen bones and muscles; and improve mood, balance and coordination. The Recreation Department has a Leisure World Walking Trails brochure featuring seven measured trails throughout the community. Stop by the Downtown Café and pick one up. For more information, contact kathyt@lwsb.com.

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

Happiness

Where are you? The happiness!

Not in my heart, not in my thoughts nor in my soul

Those are like a grimy cave
If it is a tunnel
It will soon end
I ran, run and running
Yet no sight of ending

Small dot of beam shows up

My brain sees brightness
My heart jumps with hope

I feel air gushing around
Fruitless trees dancing, shinny green leaves
Promising pear soon

That soon to come sweetness salivating my heart with happiness
I ask, why are you so easily slipping out of me?

I won’t let you go anymore
I’ll tie you up with my delicate thread of emotion.
You’ll be a prisoner of my being
Forever.

—Chung Hur, Mutual 17

Men’s Golf Leagues Results

It was not a dark and stormy night when the Men’s Monday Golf League tournament played on Nov. 9 at the Riverview Golf Course in Santa Ana, a par-70, 5,800-yard, 18-hole course. With daylight saving time over, it was actually sunny, but the temperatures were in the upper 40s at the 7 a.m. tee time for the seven men. Good scores were expected.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20, and B flight higher than 20.

A Flight Winners: First place: Fujio Norihiro, 3 under 67; second: Dave LaCascia, 2 under 68, plus two birdies and fewest putts; third: Sam Choi, 1 under 69, plus a birdie and closest to the pin on the 100-yard, par-3 ninth hole; fourth: Bill McKusky, plus a birdie.

B Flight Winners: First place: Bob Munn, 3 under 67, plus closest the pin on the 140-yard, par-3 second hole; second: Bill Zurn, even par 70, plus fewest putts.

The Men’s Friday Golf League played at David L. Baker Golf Course in Fountain Valley on Friday the 13th. No black cats were seen, nor were there any unforeseen incidents. Nine men and one woman teed off into a beautiful but cool morning on the scenic, water-hazard-dominated, nearly 4,000-yard Executive Golf course. The sun was out early, and conditions were excellent. With all tees well forward, the course was primed for low scores, and the players delivered. There were 12 birdies and an eagle, and only two golfers were over par.

A Flight Winners: First place: tie between Sam Choi and Ron Jackson, 12 under 50; second: Fujio Norihiro, 10 under 52; third: Gene Vesely, 4 under 58; fourth: Dave LaCascia, 2 under

60; fifth: Bill McKusky.

B Flight Winners: First place: Bob Munn, 11 under 51; second: John Meyer, 6 under 56; third: Marv Ballard, 5 under 57; fourth: Dale Quinn.

Sam Choi had four birdies, an eagle and was closest to the pin on the 110-yard, par-3 15th hole. Fujio had three birdies and fewest putts. Dave, John, Gene, Ron and Bill each had a birdie. Bob Munn was closest to the pin on the 95-yard, par-3 third hole. Dale and John tied for fewest putts.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7 and 7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana, and Willowick in Garden Grove. LW Men’s Club membership is not required, and friends, ladies, spouses and family are all welcome to play and/or join. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight, birdies, closest to the pin on two par-3s, and lowest number of putts in each flight. Holes-in-One and eagles, although infrequent, are generously rewarded. If interested, contact Bill McKusky (562) 430-8618 or Dave LaCascia (801) 674-5975.

The league is looking for golfers (men and women) to join during the reduced playing time we currently endure. Handicaps can be determined using our local course handicap numbers and adjusted for the longer, more difficult courses outside Leisure World. Contact LaCascia for more info.

—Dave LaCascia



Jojo Weingart

Those who enjoy dancing believe it is a cure for unhappiness. Hui O Hula was established at LW in 2005 to promote Hawaiian dance. During this pandemic, the dancers meet outdoors, where they appreciate exchanging happy vibes. The club extends mahalo a nui (many thanks) to Yo Kishi (right) for her steadfast loyalty. She welcomes all beginners with her warm aloha (love) and gladly shows them the basics; few can mirror the dances

like her. Admiration also goes to entertainment coordinator Kaye “KK” Huff (left), who helped to found Hui O Hula. Singlehandedly, KK has booked and organized all the club’s shows—more than 100 per year for many years! Instructor Jojo Weingart says she is most thankful for the support of these women. For class information and a performance schedule, email Jojo@huihula.com or kkmhuff@gmail.com. Everyone is welcome to join.

Family Radio Service Users

Calling all Family Radio Service Users in Leisure World: The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate.

The call-in time is 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then call in stating your first name, last name initial and mutual number.



Remember to press the side button to speak, then release when finished.

For more instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjexn@yahoo.com, or call (562) 431-6586, ext. 409, to leave a message.

Friends of Library Bag of Books

The Friends of the Library has a Bag of Books program for people who love to read. Call (714) 350-7682 and request a specific genre or author, and volunteers will do their best to fill a bag for \$5. The bookstore is still closed, and there is no more storage space. Residents are asked to hold onto their donations until the bookstore reopens.

Cool Cardboard Creations Contest



Reuse and repurpose cardboard boxes and scraps for a chance to win fabulous prizes in the Cool Cardboard Creations Contest. Submissions must be 95 percent cardboard. Acceptable materials include cardboard of all types, fasteners, glue, tape, as well as any nontoxic paint and recyclable decorations. The maximum size allowable for tabletop displays is 24 inches wide, 24 inches deep and 36 inches high. For floor displays, it’s 36 inches wide, 36 inches deep and 72 inches high. And for hanging displays, it’s 36 inches by 36 inches.

Excess cardboard can be dropped off in the designated area on the east side of Clubhouse 6. Anyone needing more building materials is welcome to take from this area.

Individual entries, as well as collaborative efforts made by GRF

clubs or departments, should be brought to the LW Library by Dec. 16 between 9 a.m.-3 p.m. Projects will be judged based on originality and the use of cardboard. The first-place winner will receive \$1,000, second place gets \$500, and third place \$250. Special category winners will be awarded prizes valued between \$50-\$100.

Creations will be featured in a drive-through display on Dec. 18 near Clubhouses 3 and 4 and Veterans Plaza. For more information, contact Kathy Thayer at kathyt@lwsb.com, or call (562) 431-6586, ext. 398.

Hearts and Hands United in Giving

Hearts and Hands United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the LW community. HHUG accepts donations of clean, used towels, plus new, unopened, travel-size shampoo, soap or lotion. New socks are the only clothing donation that HHUG accepts.

To donate, contact Linda Neer at (562) 430-3214 for pick up. Donations can also be left on her patio at Mutual 2, 48-A. To learn more about HHUG, visit www.hhug.org.

Golf Course Seasonal Hours Change

The LW Golf Course now closes at 5 p.m.; a tee time may be reserved as late as 4:30 p.m. These hours will remain in effect until daylight saving time begins on March 14, 2021. To book a tee time, go to www.lwsb.com/reserve the day before you want to play. The Recreation Department appreciates your cooperation with these changes.

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Courtesy of Netflix

“Klaus” is an alternate origin story for Santa Claus. The animated film screens today at 7 p.m.

HOLIDAY MOVIE NIGHTS

Get cozy by the Hilton pool to watch holiday flicks

The Hilton Long Beach continues its popular outdoor movie nights this holiday season. Film buffs can relax poolside Tuesdays and Thursdays while watching such modern classics as “How the Grinch Stole Christmas” and “Elf.”

On Thursday, Nov. 19, the hotel will screen “Klaus,” an animated comedy by “Despicable Me” co-creator Sergio Pablos. Set in the fictional town of Smeerensburg during the 19th century, struggling postman Jesper Johansson meets Klaus, a reclusive carpenter whose home is filled with hand-made toys. Through unlikely alliance between the two and a schoolteacher, a tradition begins of the local children sending let-

ters to Klaus and receiving gifts in exchange. The alternate origin story of Santa Claus features the voices of Jason Schwartzman, J.K. Simmons and Rashida Jones.

“Mrs. Doubtfire” commands the screen on Tuesday, Nov. 24. Though not often thought of as a holiday film, its message of love prevailing resonates this season. The late Robin Williams stars as a man who goes to unorthodox lengths to spend time with his children while he and his wife are separated. Known for such family-friendly fare as “Home Alone” and the first two “Harry Potter” films, Chris Columbus directed this 1993 feature.

The film series also offers “How the Grinch Stole Christ-

mas,” “Home Alone,” “Jingle All the Way” and “Elf.” The patio opens for moviegoers at 6 p.m., and the movies roll at 7 p.m.

Seating at the screenings is limited to ensure proper social distancing, so secure your \$10 seat at <https://www.eventbrite.com/e/holiday-movie-nights-the-hilton-long-beach-tickets-124598624841>.

Apple cider and hot chocolate, as well as the hotel’s regular restaurant menu, are also available for purchase. And special to the outdoor screenings are Smore’s Kits, which can be purchased with tickets.

To help protect guests and staff, masks are required for all attendees while outside their designated seating area.

Tech Talk

Join Bob Cohen in a one-hour live Zoom class on technology every Friday at 10 a.m. Topics are different each week and include iPhones and apps, websites, home-office technology, and Internet marketing. A question-and-answer session is held during each class, and all you need to know in advance is how to join using Zoom. All sessions are free.

Registration information with optional reading material is sent out every Wednesday morning for the Friday Tech Talk. To register for the weekly newsletter, sign up at <https://bit.ly/bobologynewsletter> or contact bob@bobology.com.

Book Reviews

LW residents are invited to submit reviews of their favorite books for publication in the LW Weekly. Include your name and mutual and telephone numbers.

The reviews are subject to editing and will run as space allows. Email submissions to pattym@lwsb.com.



Albert Comia (in a face shield) demonstrated the Electric Slide as a warm-up for a recent Joyful Line Dance Class. Under Jojo Weingart’s leadership, members of the class take the lead on their favorite dances. The Nov. 25 class begins at 3 p.m. in Veterans Plaza. (Every Wednesday except the fourth one of the month begins at 2 p.m.) All participants are required to wear exercise shoes (no flip-flops or sandals) and face masks and follow social distancing rules. All shareholders are welcome to join the free classes. For more information, call Anna Derby at (562) 301-5339.

Grab ‘n’ Go Meals

Nov. 19-25
Clubhouse 6 Parking Lot

- **Thursday:** Domino’s Pizza—call ahead for special orders, wings and salads offered, 3-7 p.m., cash/cards, (562) 493-2212. Mandi’s Candies Ice Cream Truck, 4-7 p.m.
- **Friday:** Katella Deli—extensive menu includes deli favorites, appetizers, salads, hot entrées; specials of the day available onsite, 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at www.katellabakery.com.
- **Saturday:** Naples Rib Co.—barbecue, salads, sandwiches; 3:30-5 p.m., cash/cards, (562) 439-RIBS. Order ahead at www.ribcompany.com/LW for faster service.
- **Sunday:** Berg Catering—freshly prepared meals with a healthy, gourmet touch, 3:30-5:30 p.m., PayPal/checks/cash/cards. Preorder at (562) 663-2038 or www.bergcatering.com (click the special LW menu).
- **Monday:** Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 4-6 p.m., cash/cards. To preorder, go to www.kabobaholict.com or text (949) 400-4696; mention LWSB.
- **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.
- **Wednesday:** Gourmet Renee—American cuisine, home-made soups and desserts, 4-6 p.m., cash/cards. Preorder by calling (323) 833-1213.

...
*All Grab ‘n’ Go events take place rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. **Everyone should maintain a 6-foot distance, and masks are required.** For information, call (562) 431-6586, ext. 398.*
On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.
Watch for LW Live! alerts for daily menus. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>. Vendors are subject to change.

Global Market Kitchen Delivers

Free Delivery of Groceries and Meal Kits
Global Market Kitchen delivers groceries and prepared meals every Wednesday, 2-4 p.m., to Clubhouse 4 or your apartment. Order via <https://globalmarketkitchen.com> or by calling (562) 661-9776.
Customer service inquiries should be directed to globalmk.usa@gmail.com.

Where-We-Live Club

Learn about the concept of feng shui in 2021! “Let’s Put Our Affairs in Order and Organize!” will concentrate on the art of placement and how it may change their lives. New and previous members, as well as all curious shareholders, are welcome to join. Simply email wherewelive@yahoo.com to be placed on a mailing list for future workshops, as well as updates to the club’s calendar of activities, Zoom meetings and HomeWorks.

Leisure Bikers

Sunday Leisure Bikers ride to Long Beach Municipal Golf Course and have breakfast, then continue to El Dorado park for a 2-mile hike at the Nature Center. There are also rides on Mondays, Wednesdays and Fridays.
All are invited to join; helmets, safe shoes and masks are a must. Call Mary Romero at (562) 810-4266 for more information.

Zumba and Dance Fitness Clubs

Get off the couch! There are two low-impact dance clubs you can join, both of which meet at Veterans Park. Zumba Club meets on Mondays at 4 p.m., and the Dance Fitness Club comes together on Thursdays at 8:30 a.m. Both are free during the pandemic.
For more information, contact Jim Blanchard at (714) 487-2446.

Connecting with the LW Weekly

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19. Editors can be reached by phone and email. See page 4 of any edition for editors’ addresses or send emails to rutho_news@lwsb.com.
People may drop articles and classified ads into the letter slot at the front of the News Building.
The editorial deadline is Thursday for the following Thursday’s edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; deadline is Monday at 2:30 p.m.

Community

SUNSHINE CLUB

Learn what's new in Medicare from Beatriz Nunez on Friday

Beatriz Nunez will be the Sunshine Club's speaker at its Zoom meeting on Friday, Nov. 20, at 10 a.m. Her presentation is titled: "Medicare: What's New in 2021?"

The link to join the Zoom meeting is <https://us02web.zoom.us/j/82119904568?pwd=dkVmOVowRU1uQXRNb2QveFdFSHp4Zz09>. The meeting ID is 821 1990 4568.

Those who would like to receive the Zoom link via email should text their name, mutual number and email address to (562) 301-5339 no later than Nov. 19 at 5 p.m.



Beatriz Nunez

Nunez's presentation, provided by the Health Insurance Counseling and Advocacy Program (HICAP), will help attendees learn about the upcoming changes to Medicare and how it will affect them. It's important for those enrolled in Medicare to know the all of the options to ensure their healthcare coverage is best suited for them. HICAP does not sell or endorse insurance products.

Nunez is a community education and outreach coordinator and counselor for the Council on Aging—Southern California HICAP. She has been assisting and advocating for Medicare beneficiaries and their families and caregivers for over nine years. Nunez focuses on low-income assistance programs for Medicare beneficiaries and outreach activities to the Latino Community.

There will be a question-and-answers period after the presentation.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members.

The topic of each guest speaker's presentation is announced in the LW Weekly with link information to join.

For more information, contact Anna Derby at (562) 301-5339.



Golden Age Foundation board members and volunteers saw 250 shareholders and helped fill over 40 barrels of documents to shred at its latest shredding event

GAF

Drive-through shredding event sees large turnout

By Anna Derby & Linda Johnson
LW contributors

The Golden Age Foundation's drive-through shredding event on Nov. 5 was a huge success. The community's willingness to wear face masks and maintain physical distancing was the main contributor to the event's success.

Since this was the second drive-through shredding event the GAF has put on, most shareholders knew the drill to wait

in their car until they arrived where GAF board members and volunteers waited to pick up their plastic or paper bags from their cars without contact.

The seemingly never-ending line kept moving from 10 a.m.-noon, and everyone was able to drop off their documents to be shredded.

The gracious mobile shredding truck driver, Raul Gamez, came in an half hour early to help shareholders load bags to shred.

Close to 250 shareholders showed up to the event, and the certificate of destruction the company issued said 40 barrels were filled. The group usually fills an average of 25 to 28 barrels, making it seem as if shareholders have been doing some deep cleaning as COVID-19 restrictions stay in place.

GAF also collected a little over two buckets of batteries instead of its average one bucket per event.

SHREDDING, page 17

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Protect yourself against scam callers who pretend to be family

By Laurie Bullock
laurieb@lwsb.com

Bree Adams from Mutual 7 said that she had received a call from a young man who asked her, “Don’t you recognize my voice?” She was suspicious, but asked if the caller was her grandson.

Adams said the man claimed to be her grandson and went on to say that he was in trouble. “He said that he was not doing well and asked me not to tell anyone because he didn’t want his father to get upset,” Adams said. The caller told her that while he was driving home under the influence of alcohol, he ran over someone and broke his nose on the steering wheel. He told Adams that he was calling from the local jail, which is why she didn’t recognize the number, and needed bail money.

Adams suspected something was fishy about the call and hung up. She dialed back and the number the scammer was calling from was actually registered to a spa, not a jail. Adams did the right thing in not reacting quickly and checking to see if the smaller details of the story such as the jail’s phone number were legitimate.

Adams’ experience isn’t unusual. Unfortunately, there are scammers out there who will try to take advantage of a grandparent’s love of their family to steal money or personal information from them. Some warning signs that the family emergency call you are receiving might be from a scammer are:

- The person claiming to be your grandchild asks you to send money immediately and provides details on how to do so such as sending prepaid cards to a particular Western Union office.
- The call comes late at night or early in the morning. While some legitimate emergencies do happen late at night, most scammers will try to call you at a time when you’re less likely to think critically.

Below are some basic do’s and don’ts from AARP if you receive a call that might be a family emergency scam:

Do set the privacy settings on your social media accounts so that only people you know can access your posts and photos. Scammers search social networks for family information they can use to fool you.

Don’t drop your guard because the number on your caller ID looks familiar. Scammers can use technological tricks to make it appear that they’re calling from a trusted number, the Federal Communications Commission warns.

Do ask questions someone else is unlikely to be able to answer, such as the name and species of your grandchild’s first pet.

Don’t volunteer information. Scammers fish for facts they can use to make the impersonation believable. If the caller says, “It’s me, Grandpa!” don’t say your grandchild’s name. Wait for the caller say it.

Do say you’ll call right back, then call your grandchild’s usual phone number. With luck, he or she will answer, and you’ll know that the supposed emergency call is a scam.

Don’t let a caller rush you into making a decision.

Do contact other family members or friends and see whether they can verify the story. Scammers plead with you to keep the emergency a secret precisely so you won’t try to confirm it.

Don’t send cash, wire money, or provide numbers from gift or cash-reload cards to a person claiming to be a grandchild. Scammers prefer those payment methods because they’re difficult to trace.

Do call the relevant law enforcement agency if you speak to someone who claims to be a police officer to verify the person’s identity and any information they’ve given you.

Don’t panic, no matter how dire the grandchild’s predicament sounds. Scam artists want to get you upset to distract you from spotting the ruse.

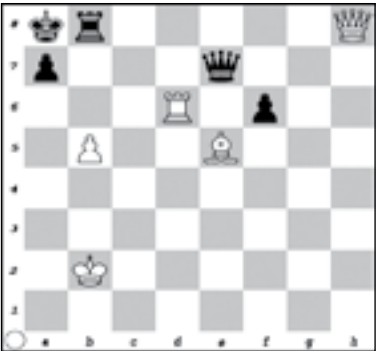
Do trust your instincts. If something doesn’t feel right, it probably isn’t.

Chess Club

The Chess Club is unable to play together because of the COVID-19 shutdowns.

In this week’s puzzle, white moves first. Any answer by black, the white’s third move is checkmate.

Solution to this week’s puzzle: Qb8. The white Queen moves from h8 to b8.



REPUBLICAN CLUB

How Leisure World voted

By Brian Harmon
LW contributor

The Republican Club salutes the 92 percent of registered voters in LW who took the time to vote in the recent election. Of the 6,892 registered voters in LW, 6,364 voted.

Congresswoman-elect Michelle Steel and City Councilman Thomas Moore thanked the LW Republican Club at its Zoom meeting on Nov. 11. Steel joins Washington state’s Marilyn Strickland as the first Korean-American women ever elected to Congress.

Steel called into the Zoom meeting from her car on the way to meeting with the Seal Beach Republican Women Federated, after which she was headed to the airport to attend congressional freshman orientation in Washington, D.C.

Although she was not able to attend the meeting, Assemblywoman-elect Janet Nguyen was praised for the great job she did on her victorious campaign and for her past service to the Republican party, Orange County and the state as a whole.

As a state senator, Nguyen was named Legislator of the Year by the American Legion, the Association of the United States Army and the Vietnam Veterans of America.

She also received top ratings from the Howard Jarvis Taxpayer Association and the California Taxpayers Association.

Club President David Harlow calculated the election results by adding the totals from the five precincts in LW using the “results by precinct” option from the OC Registrar of Voters office’s website. Here’s a look at how LW voted in the 2020 Election:

<u>President</u>
Donald Trump: 3,231
Joseph R. Biden: 3,029
<u>Congress 48th Dist.</u>
Steel: 3,374
Rouda: 2,760
<u>72nd State Assembly</u>
Janet Nguyen: 3,303
Diedre Nguyen: 2,708
<u>Seal Beach City Council</u>
Thomas Moore: 1390
Carole Damoci: 861

GOP, page 23

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

DEMOCRATIC CLUB

Still more work to be done after the OC 2020 election results

By Mary Larson
LW contributor

A recent Washington Post column titled “Readouts of Biden’s calls with foreign leaders signal a return to pre-Trump normalcy” says it all. Leisure World Democrats, along with a majority of the American electorate, are exhausted and want a return to normalcy, as well as an end to the COVID-19 pandemic.

As a club and as individuals, Democrats are celebrating the Joe Biden/Kamala Harris victory and look forward with great anticipation to the Jan. 20 inauguration. However, Michelle Steel’s recent win over Democrat Harley Rouda in the 48th Congressional District means working on elections is not over yet for the Leisure World Democrats. As one campaign ends, others are just beginning.

Rouda has already declared his intention to challenge Steel again in 2022. That campaign should begin almost immediately. In addition, Leisure World voters will be among those being asked to select a replacement for Steel as their representative on the Orange County Board of Supervisors. That important election will take place early in 2021, sometime between late February to mid-March.

Steel was re-elected as second district supervisor in 2018, which leaves two years in her term. State Sen. John Moorlach, who just lost his reelection bid to

Democrat Dave Min has already expressed interest in running for the position to replace Steel. Moorlach, who’s a well-known name in Orange County politics and a former county supervisor, is facing his first stint in more than two decades without holding public office.

Many more people are expected to throw their hats into the ring to finish out the remaining two years of Steel’s term. There is speculation that Democrat Costa Mesa Mayor Katrina Foley, who became the city’s first elected mayor in 2018 and who was re-elected to that position in November, will also run to re-place Steel.

Both the December and January Democratic Club membership meetings will be focused on the Board of Supervisors’ election. We anticipate that Brandon Love, the club’s favorite authority on Orange County politics, will speak about the importance of the election during the Dec. 16 meeting. Democrats running for the position will be scheduled to make presentations in January.

During the business portion of the December meeting, club members will vote to officially elect the club’s 2021-2022 Board. The list of the nominees is posted on the club’s website at <https://sblwdems.wordpress.com/>.

If you are a Democrat or a supporter and want to know more **DEMOCRATIC, page 23**

SENIOR PATRIOTS FOR PEACE

Bridging the gap between red and blue

All Leisure World residents are invited to the next Zoom meeting of the Senior Patriots for Peace on Tuesday, Nov. 24, from 2-3 p.m.

In the wake of a very divisive election, this meeting will explore ways to find common ground with neighbors, friends and even family members whose opposing political views hinder friendly relationships.

The group will watch helpful TED Talk videos about ways to have constructive conversations with people from opposing views and finding common ground. A group discussion will follow.

How to attend meeting by computer or smart phone:

Computer: Go to [Zoom.com](https://zoom.us) and then click “Join a Meeting” at the top of the page, enter the Zoom ID number 819 2756 9672 to join.

Phone (audio only): Call (669) 900-6833, and when asked, enter 81927569672. There is no password to enter the meeting.

For more information, call Don Koepke at (562) 330-3397



Pearl Anderson of Mutual 9 celebrated her 98th birthday on Aug. 18 by going out to ride horses.

Obituaries

SHREDDING from page 15

Shareholders who missed the opportunity to discard old and used batteries can go to the alley behind Building 5 to drop off their batteries in a bucket labeled "Old Batteries" at any time.

The GAF would like to thank its eight volunteers, Carl Kennedy, Linda Johnson, Ren Villanueva, Geneva Potepan, Rosemarie Da Roza, John Hlavac, Supara Ratanasududi and event coordinator Anna Derby, for their help in making the event run smoothly. It would also like to thank Paul Pridanonda, who jumped in to help when he saw a huge pile of shredding bags that needed to be carried.

The GAF is grateful to the Leisure World community for its continued support of GAF events. All donations support GAF programs and events, including Mobility Aids.

During the pandemic, Mobility Aids program director John Hlavac and phone volunteers have been able to supply the community with needed wheelchairs and walkers. For information regarding a mobility aid, call (562) 431-9589 and leave a message.

The next shredding event will be held sometime in March 2021.

Mary Joyce Mackey Aug. 1931-Nov. 2020

Mary Joyce (Pressley) Mackey passed peacefully on Nov. 6 in Laguna Niguel, California, surrounded by family.

She is survived by brother Alton Pressley; children Sandra Lander (Hans), David Huff (June), Terri Nader (George); six grandchildren; 11 great grandchildren; and one great-great grandchild.

Born in 1931 in Talladega, Alabama, Mary was the oldest of Lucille and Ural Pressley's 10 children. Raised in the Baptist church, she grew up cooking, milking cows and tending to her siblings.

Married in 1956 to her true love, they moved the next year to California, where she spent the rest of her life.

During her life, Mary worked as a switchboard operator, in clothing sales and factories, as a receptionist and traffic guard, as well as an emergency dispatcher at Leisure World, where she lived for almost 25 years. She retired at 82.

She enjoyed cooking for family, singing in the choir, dancing to country music and doing hair for friends and family, and she took comfort from reading the Bible.

Traveling became a passion later in life. Her adventures included going to Hawaii and several cruises, the last being to the Mediterranean at age 80.

Mary was preceded in death by husbands William, Brice and Richard as well as a great-grandson, Cody.

Her joyful spirit and big hugs were loved by all who knew her and will be dearly missed.

Mary's life was honored at a grave-side service on Tuesday,

Nov. 18, at 2 p.m., at the El Toro Memorial Park in Lake Forest, California. Expressions of sympathy may be made in Mary's memory to LBDA.org, which is the Lewy Body Dementia Association.

Majorie Meeker Kimbrell Oct. 1927-Aug. 2020

Marjorie Meeker Kimbrell was born on Oct. 11, 1927, to George Coleman Meeker and Marjorie Wyckoff Meeker in Los Angeles, California, after coming to California in a Model T Ford from Salem, Oregon. She was the youngest of three children, with brother John and sister Mary preceeding her.

After studying literature and philosophy and receiving a bachelor's degree from USC, she married Robert Kimbrell in 1949. They moved to Downey in 1951, where they raised four children. The family went on many camping vacations and played games and sports together. They attended the Downey United Methodist Church.

She enjoyed being a mother (Mom), grandmother (Grammarj), great-grandmother (G.G., a.k.a. Great Grammarj), and aunt (Aunt Marjie).

She was an avid tennis player and bridge player. She loved the beach, wearing scarves, flying kites, gardening, making greeting cards, stamping and quilting. Her favorite things to do involved being in her children's school activities, a Girl Scout leader, trainer of leaders, substitute teacher, tutor, ballroom dancer, and being a member of the Dancin' Grandmas. She loved Dixieland Jazz and the Long Beach Municipal Band.

She lived in Leisure World since 2002. She was a member

of the Britannia Club, where she took pictures of members during their club meetings. She also gave inspirational talks at the meetings.

Her favorite foods were chocolate, Olallieberry pie, and waffles with strawberries and maple syrup. She often said that Peanut M&M's were her secret to good health and a long life.

Marjorie passed away peacefully on Aug. 12, surrounded by family. She is survived by sons Bob (Rosalie) and Steve (Ann); daughters Jill and Sue (Rick); grandchildren Sarah (Jeff), Peter (Jennifer), Scott, and Wes; great-grandchildren Riley, Emily, Evan, Aubry, and Reymond, and many nieces and nephews.

She had a big smile as well as a big heart and was a forever teacher.

Willie Miller 80
Jolan Leflinger 91
Janet Kennedy 81
Gelecia Hipolito Jr 75
Rollin Sturgeon 104
Rigoberto Sandoval 67
Connie West 96
Meldoy Goldsmith 57
Willie Jones Jr 84
Allan Powell 82
Rodolfo Parcerro 64
Johnson Adenuga 90
Families assisted by
McKenzie Mortuary,
961-9301
—paid obituary

Space is available for obituaries of residents and former residents.

An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

Notices from mortuaries and non-GRF members will be printed exactly as submitted and charged at the non-member classified advertising rate: \$12 for the first 12 words and 25 cents for each additional word.

Bordered, decorative obituaries and eulogies are available in any size at the prevailing display advertising rate.

Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members

Obituaries may be sent to laurieb@lwsb.com with photos sent as jpegs

The LW Weekly: 430-0534



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Puzzles & Comics

Answers on page 10

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

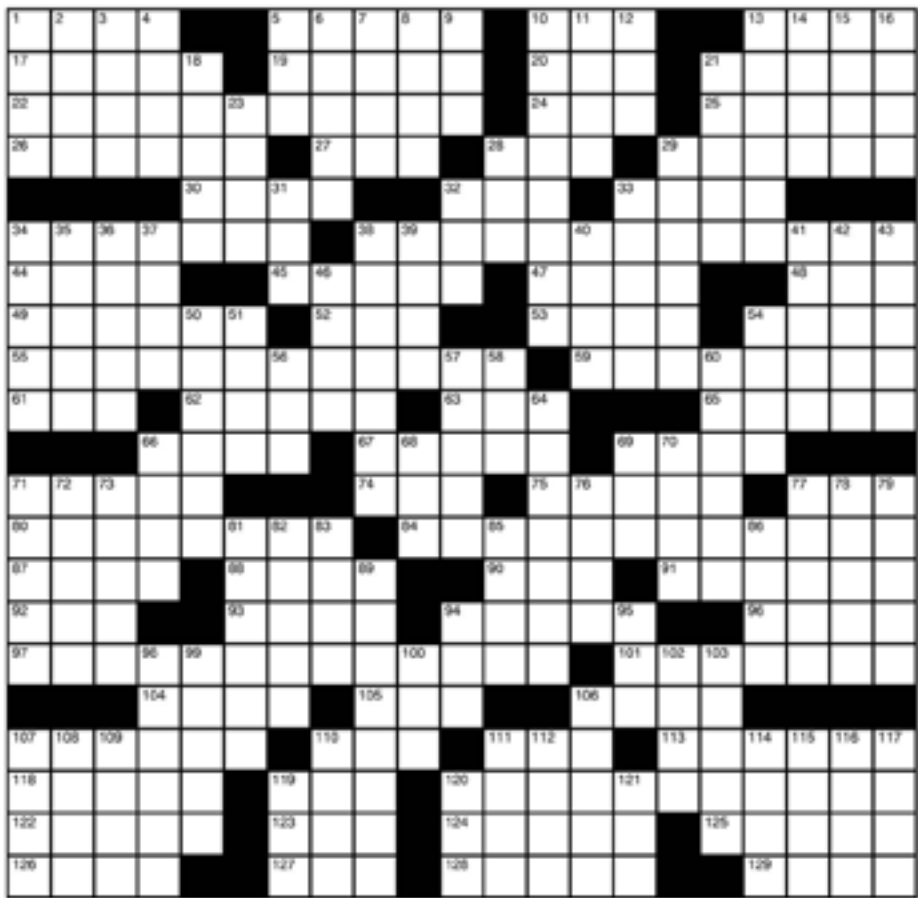


Let's Go!

Edited by Linda and Charles Preston

ACROSS

- 1 Present
- 5 Adhesive
- 10 Foreman foe
- 13 Eats
- 17 Farewell José
- 19 Author Chekhov
- 20 Time abbr.
- 21 Dolphins' coach Don (1970s-'90s)
- 22 Work at optimum speed
- 24 Mouse-sighting cry
- 25 Piano worker
- 26 Express acceptance
- 27 Sosa stat
- 28 Air conditioning measure: abbr.
- 29 American Red Cross founder
- 30 Stick around
- 32 Sound of awe
- 33 Cleo's amour
- 34 Best picture of '85
- 38 Nonstop
- 44 Opera principal
- 45 Costner or Kline
- 47 Commercial fit-in
- 48 San Francisco Hill
- 49 Personal/social disorganization
- 52 CD
- 53 Grow weary
- 54 Role for Roz
- 55 Successful business
- 59 Lanais
- 61 Misjudge, e.g.
- 62 ____ apso
- 63 Business abbr.
- 65 ____ nous: Fr.
- 66 Record charges against
- 67 Frogman for one
- 69 Skin problem
- 71 Promenade, in Pamplona
- 74 Sum of all parts
- 75 Progeny
- 77 Writer Shepard
- 80 Tennis official
- 84 Square One, on
- 87 Yes to that!
- 88 Actor ____ Epps
- 90 ____ culpa
- 91 Disavowal
- 92 Summer shirt
- 93 Accompanied by
- 94 Entrap
- 96 Corp. subdivision
- 97 Starting-over words
- 101 Dune growths
- 104 Economic optimist, in Madrid?
- 105 Pussy foot
- 106 "____ Richard's Almanac"
- 107 Arouser of pity
- 110 Recipe abbr.
- 111 Backing
- 113 Meeting of spirits?
- 118 Snub
- 119 In addition
- 120 Disco entertainers
- 122 Sir Henry ____ a.k.a. Hotspur
- 123 Annex



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11/22/20

- 124 Margaret Houlihan, for one
- 125 Songs from Carreras
- 126 Crafts complement
- 127 ____ Wonder: Robin
- 128 Adorn oneself
- 129 Ticklish toy for tots

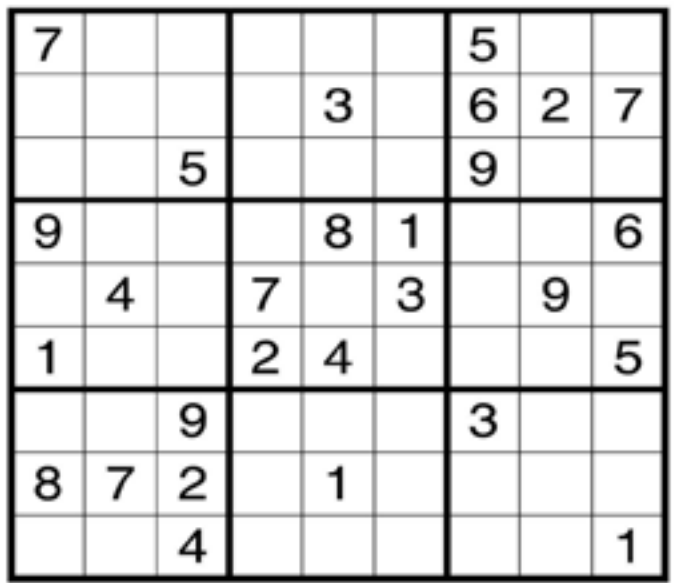
DOWN

- 1 Head over heels
- 2 Solemn vows
- 3 Newton's fruits?
- 4 Ripped
- 5 Butter unit
- 6 Seeing red
- 7 Check end
- 8 Author Morrison
- 9 Naval off.
- 10 Purple birthstone
- 11 In ____ of
- 12 Pen's partner
- 13 Place of worship
- 14 Follow the hounds
- 15 Low-cholesterol spread
- 16 Caution
- 18 Smarts
- 21 Turn on the ignition, e.g.
- 23 An Aleutian island
- 28 Showy wrap
- 29 Verbal give and take

- 31 ____ me no questions . . .
- 32 Hold the deed on
- 33 Van Dyke's TV wife
- 34 "No news is good news", for one
- 35 Secondary field of study
- 36 To have, in Le Havre
- 37 "____ the torpedoes. . .": Farragut
- 38 Green fruit
- 39 Daiquiri ingredient
- 40 Barbecue feature
- 41 Pass a law
- 42 Pyle played by Nabors
- 43 Way overweight
- 46 Sea birds
- 50 Icy houses
- 51 Parrot
- 54 Filly feature
- 56 Barrel wood
- 57 Ubangi or Uele
- 58 Vane direction
- 60 Go back on one's word
- 64 War of 1853
- 66 Has- ____: old-fashioned
- 68 Foot soldiers: abbr.
- 69 Blond shade
- 70 Prompted
- 71 "The Bell Jar" author
- 72 Evangelist McPherson
- 73 Contemptuous countenance
- 76 Galaxy component

- 77 Hog's havens
- 78 Slack-jawed
- 79 Loses feathers, e.g.
- 81 Landscaper's machines
- 82 Pablo's pal
- 83 Mil. alliance formed in 1949
- 85 Potent beginning
- 86 Pigskin receivers
- 89 Gershwin's was Blue
- 94 Went out with
- 95 Self-image
- 98 Sense of right and wrong
- 99 Harrelson of "Cheers"
- 100 Cumberland, for one
- 102 Sub ____: secretly
- 103 Combat zone, sometimes
- 106 Not poetry
- 107 Haydn's nickname
- 108 Attest
- 109 Civil wrong
- 110 Well- ____: flush
- 111 Vivaldi's "The ____ Seasons"
- 112 Fairy tale monster
- 114 Small spread
- 115 Diamond or Simon
- 116 Stuff
- 117 Gas sign of old
- 119 Bar bill
- 120 Econ. indicator
- 121 Broncos' home: abbr.

Sudoku 1

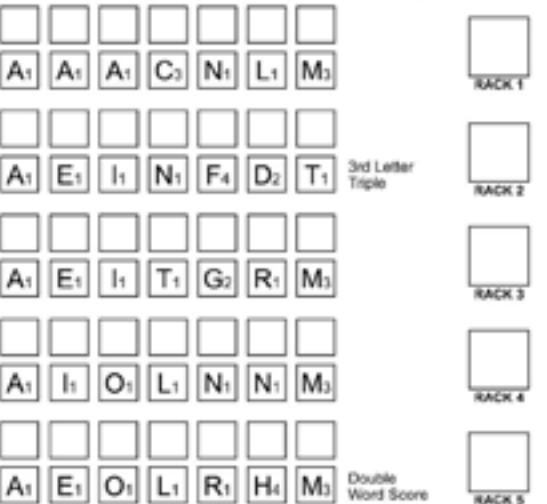


9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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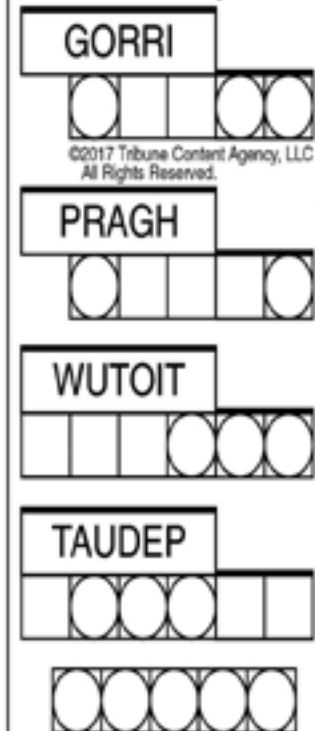
PAR SCORE 260-270
BEST SCORE 323
FIVE RACK TOTAL
TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

JUMBLE

THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.



Guess Who?

I am a musician born in California on November 18, 1962. I have been the lead guitarist for a heavy metal band for several decades, and I was ranked #11 on Rolling Stone's All-Time Best Guitarists list.

Sudoku #2

9		1		5				
	3	4	6	9				
		5			8	4		
6	5			2		8	7	
4		8		7		9		5
7	1	9	8					
3	8	7					4	6
						1	3	9
			2					8

Level: Beginner

Puzzles & Comics
Answers on page 10

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to diabetes.
Each number corresponds to a letter.
(Hint: 3 = I)

A.

15 14 7 13 1

Clue: Sweet stuff

B.

3 20 15 14 22 3 20

Clue: Hormone that regulates glucose

C.

26 6 15 26 3 20 7

Clue: Checking something

D.

19 6 13 22 26 19

Clue: Concerns wellness

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek

3 letters = 1 point	YOUR BOGGLE RATING
4 letters = 2 points	
5 letters = 3 points	
6 letters = 4 points	
7 letters = 6 points	
8 letters = 10 points	
9+ letters = 15 points	

151+ = Champ
101-150 = Expert
61-100 = Pro
31- 60 = Gamer
21- 30 = Rookie
11- 20 = Amateur
0- 10 = Try again

U	F	R	B	Y
R	A	D	E	Z
N	E	L	I	T
E	A	G	N	T
Y	H	W	O	G

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST SIX FIVE-LETTER MAMMALS in the grid of letters.

POPCORN WORD SEARCH

F	T	T	M	R	B	A	L	L	O	K	W	O	I	Y	F	L	P	M	P
B	S	V	E	I	S	F	C	E	S	P	D	V	Y	C	U	S	I	D	R
N	A	K	L	N	C	K	Y	N	Y	X	S	E	C	I	P	S	U	O	G
T	P	G	T	M	D	R	E	R	G	E	I	R	C	K	R	B	A	M	I
X	F	K	T	W	L	P	O	R	E	U	E	O	Y	T	I	C	B	R	S
V	P	G	E	G	O	U	E	W	N	T	U	P	F	A	L	L	V	E	T
K	E	P	K	P	U	X	O	I	A	E	T	Y	E	M	A	C	F	Y	E
L	U	Y	C	T	P	E	R	F	P	V	L	U	O	F	O	W	N	R	A
V	E	O	Y	L	L	T	R	G	D	C	E	S	B	N	I	A	T	I	M
P	R	M	O	O	Y	A	O	K	D	X	E	V	C	Y	P	K	A	A	T
N	O	D	A	C	V	C	S	E	G	G	X	E	V	E	R	K	S	F	P
B	E	T	F	R	X	G	C	I	A	N	S	I	V	I	P	M	E	E	R
C	E	W	V	S	A	X	D	R	X	S	L	R	N	V	G	K	V	A	E
O	E	M	L	P	A	C	O	N	I	X	M	X	X	O	R	X	X	B	V
B	I	L	B	K	O	T	A	O	U	K	M	G	U	M	F	Y	E	U	O
R	M	I	P	F	S	P	N	S	G	G	N	N	I	N	T	F	W	I	U
S	G	K	R	B	C	P	P	M	M	O	Y	F	F	U	L	F	N	C	I
K	N	X	G	L	L	F	B	E	P	O	B	C	V	O	F	F	X	E	E
I	C	L	I	A	N	W	X	L	R	D	R	X	K	Y	I	W	P	W	L
S	T	R	I	N	G	S	S	X	M	S	N	A	C	K	S	W	E	G	V

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

- BAG
- BALL
- BUTTERY
- CARAMEL
- COB
- CONCESSION
- EXPLODE
- FAIR
- FLUFFY
- KERNELS
- KETTLE
- MICROWAVE
- MOVIE
- OIL
- PAN
- POPCORN
- POPPER
- POT
- SALT
- SNACKS
- SPICES
- STEAM
- STORAGE
- STRINGS

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Photos by Patty Marsters

OptumCare Flu Shot Clinic

With help from California State University, Long Beach, nursing students, OptumCare administered free flu shots to Leisure World residents who may have missed their first opportunity on Oct. 1. Above: Nancy O'Neil of Mutual 6 gets a flu shot from CSULB student Dayana Phon at a drive-up station. Below: Students Craig Wigboldy and Nikki Le and volunteer Dottie Dickerson of Mutual 2 man a walk-up station.



MEETING from page 5

- c) AB 3182 Ad Hoc Committee
 - i) Adopt 40-3182-2, Member/Owner and Renter/Lessee Fines, Fees and Deposits
 - ii) Adopt 50-3182-1, Member/Owner and Renter/Lessee Fines, Fees and Deposits
- d) Architectural Design & Review Committee
 - i) Approve Community Landscaping Contract
 - ii) Approve Golf Course Contract
- e) Consent Calendar: Update GRF Committee Charters
 - i) Communications/IT Committee Charter
 - ii) Mutual Administration Committee Charter
 - iii) Physical Property Committee Charter
 - iv) Recreation Committee Charter
- f) Consent Calendar: COVID-19 Ad Hoc Committee
 - i) Adopt and Implement 70-1448-3R, Emergency Operational Rule—Mission Park, Phase One
 - ii) Adopt 70-1448-3S, Emergency Operational Rule—Golf Course, Phase Two
- g) Finance Committee
 - i) Consent Calendar: Leases
 - a. Friends of the Library Club
 - b. Genealogy Club
 - c. Golden Age Foundation
 - d. Historical Society Club
 - e. Radio Club
 - f. Rolling Thunder Club
 - g. Theater Club
 - h. Video Producers Club
 - i. Mutual Eight
 - j. LW Trailer Club
 - ii) Conceptual Approval—Exclusive Use of Trust Property, Building 5
 - iii) Approve Master Insurance Policy
- h) Physical Property Committee
 - i) Reserve Funding Request—RV Lot Entrance, Replacement of Pavement and Concrete
 - ii) Conceptual Approval—Exclusive Use of Trust Property
- i) Security, Bus & Traffic Committee
 - i) Capital Funding Request—Purchase of Stalker Message Board and Trailer
- 10) Board Member Comments
- 11) Next Meeting/Adjournment

Next regular meeting: Wednesday, Dec. 23, 10 a.m., Clubhouse 4.

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SBTV

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Thursday, Nov. 19

- 4 pm North SB Community Center
- 4:15 pm LW 50th Anniversary 2010
- 5:01 pm Mariachi San Jose Real
- 6 pm Ocean Perspectives
- 7 pm Los Al Jazz Band 2018
- 7:35 pm Flamingo Party
- 8:15 pm The Cowboy Silent Movie
- 8:23 pm Road Trip Rocky Mountains
- 8:30 pm Terry Otte/Abilene Halloween Scarefest
- 10 pm Aquarium-Decent into the Depths
- 10:14 pm Aquarium Wonderful World of Penguins
- 10:30 pm Cerritos Center- Matt Mauser

Friday, Nov. 20

- 4 pm Road trip Rocky Mountain
- 4:08 pm Albuquerque Hot Air Balloon Show
- 4:31 pm Flamingo Party
- 5:15 pm 2010 North SB Community Center
- 5:30 pm Mariachi San Jose Real
- 6:30 pm Los Al Jazz Band 2018
- 7:05 pm LW Pickelball/Rocky Mountains
- 7:20 pm The Cowboy Silent Movie
- 7:30 pm Life and Times in SB- Paula Thomas
- 8:30 pm Harmonn Islanders
- 9 pm Cerritos Center- Golden Dragon Acrobats
- 10:30 pm Cerritos Center- The Four Tenors

Saturday, Nov. 21

- 4 pm Healthy Brain Aging
- 4:40 pm Free Kosher Food
- 5 pm Judge Carolyn John and Richard
- 6 pm Terry Otte/Abilene Halloween Scarefest
- 7:30 pm Cowboy Silent Movie/ Rocky Mountains
- 7:45 pm North SB Community Center
- 8 pm LAUSD
- 11 pm Cerritos Center- Matt Mauser

Sunday, Nov. 22

- 4 pm Seal Beach City Council Meeting Replay 11/15
- 5:30 pm Bob Cole Conservancy
- 6:30 pm Aquarium-Decent to Depths
- 6:45 pm Wonderful World of Penguins
- 7 pm Life and Times in SB- Paula Thomas
- 8 pm Road Trip: Rocky Mountains
- 8:08 pm Anna Derby's 71st Birthday
- 9 pm Abilene Band
- 10 pm LW 50th Anniversary 2012
- 10:30 pm Cabaret-Music round the world
- 11 pm Bob Cole Conservancy

Monday, Nov. 23

- 4 pm Cabaret-Music around the world
- 5:30 pm Mariachi San Jose Real
- 6:30 pm Aquarium-Decent into the Depths
- 6:45 pm Aquarium- Wonderful World of Penguins
- 7 pm LIVE at the Ford-Jazz Pilgrimage
- 8:30 pm Los Al Jazz Band 2018 V3
- 9:15 pm Tina and Tommy
- 10 pm Cypress Senior Chorus 2018

Tuesday, Nov. 24

- 4 pm Tina and Tommy
- 4:45 pm Flamingo Party
- 5:30 pm Suede Soul Dancers
- 6:05 pm Rocky Mountains
- 6:15 pm LW 50th Anniversary 2012
- 7 pm Alaska Final Frontier/Radio Club
- 7:15 pm Los Al Jazz Band 2018
- 7:50 pm Abilene Band Nov. 2018
- 8:30 pm Life and Times in SB: Paula Thomas

- 9:30 pm Cerritos Center- Matt Mauser

- 11:30 pm Bob Cole Conservancy

Wednesday, Nov. 25

- 4 pm Tina and Tommy Oct. 2019
- 4:45 pm LW 50th Anniversary 2012
- 5:30 pm History of Las Vegas Part 1
- 6:45 pm History of Las Vegas Part 2
- 8 pm Life and Times in SB- Paula Thomas
- 9 pm Cerritos Center- Golden Dragon Acrobatics
- 10:30 pm Cerritos Center- The Four Tenors
- 11:30 pm Bob Cole Conservancy

*All programming is subject to change.

BEIT HALEV

From page 8

presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and hear a spiritual message, go to SimShalom.com.

Rabbi Galit Shirah's classes on Zoom will continue with Prayer-book and Modern Hebrew classes soon; a Talmud class is also being planned. Contact the Rabbi at (562) 715-0888 or duets@icloud.com.

FCA

From page 8

especially before and after service, and sit socially distant from others. Those who are ill should stay home

Midweek Bible Study is taught by Pastor Sheri Leming o Wednesdays at 11 a.m. in the Garden Room, and Grief Share is on Wednesdays at 2 p.m.

To receive more information about the church, call (562) 598-9010 or visit www.FCAchurch.net.

LW BAPTIST

From page 8

Another hymn writer traces the promise in Jesus' days on Earth: "One sat alone beside the highway begging/His eyes were blind; the light he could not see/He clutched his rags and shivered in the shadows/Then Jesus came and bade his darkness flee/When Jesus comes, the tempter's power is broken/When Jesus comes, the tears are wiped away/He takes the gloom and fills the life with glory/And all is changed, when Jesus comes to stay."

LW Baptist Church meets in the Amphitheater Sunday mornings from 9:30-10:30.

HOLY FAMILY

From page 8

chair.

The Mass schedule is now Saturday (Vigil Mass) at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Starting Saturday, Nov. 28, the Vigil Mass at 5 p.m. will be changed to 4 p.m.

COMMUNITY

From page 8

and Advent seasons with gratitude to God. His presence and goodness to us are displayed even in the pandemic. During the Day of Prayer, personal prayers of gratitude were attached to the tree.

The Missions Team will continue to collect new white socks for Veterans for the "Sock it to Em" sock drive through the end of November. Drop off socks or a cash donation toward the purchase of socks at the office Monday-Friday from 9:30 a.m.-12:30 p.m.

If you are in need without another way to address it, call the church office at (562) 431-2503.

LDS

From page 8

of Gentiles and Jews who had a Judaic culture. Paul identified aspects of Judaic and Gentile cultures that conflicted with the true gospel of Jesus Christ. He admonished each to leave behind those cultural roadblocks that were not consistent with the gospel of Christ. Paul challenged Jews and the Gentiles to keep the commandments and love one another, emphasizing that righteousness would lead to salvation.

As the early saints did, we should abandon aspects of cultures that conflict with the gospel of Christ. To follow President Nelson's admonition to gather scattered Israel, we must admit that we are as different today as the Jews and Gentiles were in Paul's time. And like the early Saints, we must be united in love and live righteously in our faith in Jesus Christ.

DEMOCRATIC

From page 16

about the club, subscribe to the free electronic newsletter by emailing the editor, Mary Larson, at mlarson.telfords@gmail.com or by calling (562) 296-8521 with your full contact information.

Democrats interested in joining the club or renewing their membership can find an application on the club's website. Memberships received during November or December will not need to be renewed until Jan. 1, 2022.

GOP

From page 16

PROPOSITION RESULTS

Issue #	State	Club	LW
14	N/A	NO	NO
15	NO	NO	NO
16	NO	NO	NO
17	YES	NO	NO
18	NO	NO	NO
19	N/A	NO	YES
20	NO	YES	NO
21	NO	NO	NO
22	YES	YES	YES
23	NO	NO	NO
24	YES	NO	NO
25	NO	NO	NO

Classifieds

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN000. 12/31/20

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(562) 618-8731. 12/10

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By Restoor Skin Essentials.
Gina, LW Resident. 562-281-7103.
Business License #MCQ0015. 12/31

Travel Partner Wanted: Recently retired commercial pilot seeks travel partner. Call 562-572-0830. 12/03

P.T. Summer Job 2021, LW Live In ok, no job too small, good cook & company, Refs, 4th Gr T.A. St Hedwig's, Miami Res, Son in Fullerton.
onunezhialeah@gmail.com
Oscar Nunez, CPA, FL RE Broker
305-924-6733. 12/31

GARDENING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutual's. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172.

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(562) 596-7757. 03/31/22

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Seal Beach License #BRA0002. 12/17

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Business License #LIV0004. 12/03

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562-431-6859.

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Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part-time, full-time, live-in. (562) 230-4648. Seal Beach Business License #CAM0006. 12/31/20

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Want to place a classified ad?
The deadline is
Monday, 2:00 p.m.
for Thursday's publication

Classifieds

MOST AFFORDABLE RATE affordable rates with optimum service, 23 years experience LW, reliable, honest caregivers. Licensed, 24 hour, part time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 12/31/20

EXPERIENCED CAREGIVER Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please Call **Pampet: 562-371-4895**. Seal Beach License PAN0003 12/31

Do you need help getting things done? Call "your personal concierge." Home organization, running errands, house/pet sitting, personal shopper, post office services and more! Reasonable rates. Call or text Lisa (949) 432-1877. 11/26

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Licensed Barber in your home. Sheer/clipper cuts, ears, nose, eyebrows, trim. \$15. 562-565-3683. 11/26

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MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093 Over 30 years Experience! Seal Beach Business License #AB0001. 12/10

Experienced housekeeper. I do weekly and monthly cleaning. Call 949-899-7770. 12/31

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Windows 10% off first cleaning General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License gra0006. 12/17

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Golf Cars BUY SELL TRADE and REPAIRS. Call: 714-292-9124. 05/13/21

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TRANSPORTATION
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Rides by Russ For over 5 years I have been giving all types of rides to Leisure World residents. Airports, doctors, shopping and errands. 714-655-1544. 11/19

AUTOS/BOATS/RV'S TRAILERS FOR SALE
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LW Weekly
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MISCELLANEOUS FOR SALE
Extra large medical bed, air mattress, quicky wheelchair, hoyer lift, cough machine. By single piece or all. 562-341-8470. 11/19

Samsung curved 55" 4K HD smart LED TV. \$100. 714-585-0464. 11/19

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Gem Quality UNCUT RAW TOURMALINE collection, all colors, for sale. Call for an appointment to see. 562-598-6121, feel free to leave a message for a return call. Mutual 15 resident. 11/26

New in box air mattress, twin, extra long with controls. 562-431-8200. 11/19

Christmas boutique, Mutual 15, 1860 McKinney Way, 21A. You need it? We have it! Candles and more candles! Gifts for family and friends. Lights, ornaments, pictures & frames. Small Christmas trees, King size headboard, black with silver trim, rice cooker, Lane cabinets, yarn, Tiffany style light fixture and much much more. Masks and virus protocol required. 562-843-6963. 11/26

Private sale. No calls before 9 a.m. November 20, Friday, 9 a.m. - 4 p.m. Go Christmas shopping at my apartment, stay safe! Christmas new dolls, 3' corolle dolls, new clothes, new bedding, most still in plastic. Sales by appointment only. Mask required. 562-466-0303. 11/19

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Classified
deadline is
2:00 p.m.,
Monday,
for
Thursday's
publication



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Mutual 12 - 70B St. Andrews
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Mutual 2 - 4a Thunderbird
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MUTUAL 7 – 175C
\$225,000
Two-bedroom unit
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MUTUAL 1 – 32C
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ONE BEDROOM UNIT ON
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MUTUAL 7 – 171J
\$239,000
Beautiful location
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MUTUAL 3 – 19C
\$219,000
GREAT VALUE ON THIS
Two-bedroom unit
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M2 34H \$175,000

2 Bedroom 1 Bath
Light & Bright, 3 Sky-
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M3 25J \$235,000

Stunning Remodel
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Bathrooms, Gorgeous Kitchen,
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Two Bedrooms, Two Full
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M9 226L \$370,000

2 Bedrooms 1 Bath
Fully Expanded on a
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M3 64C \$235,000

2 Bedrooms 1 Bath
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Central A/C Heat,
and much more
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Mutual 5 \$240,000



2 Bedrooms / 2 Full Baths
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dryer, and much more...
Mutual 11 - 263G \$499,000

2 BDR, 1 Bath,
Partially Expanded, Greenbelt
View, New kitchen, granite
countertop, 3 skylights, shower
over a real Bath tub, fresh paint,
and more.....
Mutual 7 - 159I \$239,000

Reduced Move-In Ready
2 BDR/1 1/2 bath
Fully expanded on a
beautiful greenbelt, washer,
dishwasher & more
Mutual 2, 19F \$309,000

1 Bedroom Basic
A/C Heat Pump,
Laminated flooring, great
setting, Cut-down shower, 3 sky-
lights, and move-in ready
Mutual 4 -86C \$175,000

1 BDR, 1 Bath
Laminated flooring, beautiful
green belt location,
Mutual 1 - 29H \$175,000

Condo for Sale
Third floor, Greenbelt,
2 BDR/2 Ba
Mutual 17-42E \$375,000

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M9 235A \$289,000



M3 17J \$169,900



M5 72E \$174,900



M8 185K \$219,000



M6 130G \$385,000



GOLF COURSE VIEW

M14 2B \$400,000



M8 186G \$229,000



M3 13I \$165,000



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DRE #02110501



Ginni Houck
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Verna Chumley
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Kathy Gupton
Associate Broker
DRE # 00744676

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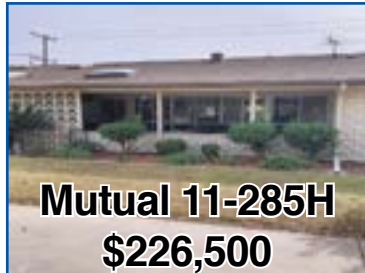
562 618-9940 562 884-3594

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Mutual 1-35J
\$179,900

Warm and cozy 1 Bedroom 1 Bath home is located on a beautiful greenbelt. The lovely home has been newly painted and is ready to move in. Living Room has laminate wood floors, plantation shutters, and leaded glass entry door. The kitchen has extra-large skylight, ceiling fan and built-in Leisure World stove, oven, and refrigerator. Bathroom has extra-large skylight, and newly installed vinyl flooring. Bedroom has laminate flooring and Plantation Shutters. Private Patio has walk in storage cabinet and overlooks beautiful greenbelt with lovely trees. This property is close to downtown Leisure World, golf, swimming pool, gym and shopping center.



Mutual 11-285H
\$226,500

Charming describes this 2 Bedroom 1 Bath home. This adorable cottage features a living room with carpeting, window AC, and Leaded Glass Entry Door with Side Light Panel. The Kitchen has a ceiling fan, built-in Leisure World stove, oven and refrigerator. Bathroom has Sola Tube and cut down shower. Both Bedrooms have carpeting and overlook a wrap-around patio that has a large skylight on side patio, and walk-in storage cabinet. Spacious wrap-around patio has new indoor-outdoor carpeting added and is perfect for entertaining. This property has been newly painted and is in move in condition. A must see!



Mutual 2-19L
\$325,000

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



Mutual 2-13F
\$339,000

Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



Mutual 2-51J
\$179,000

This is a 1 bedroom 1 bath cottage, patio with outdoor carpet and storage, open floor plan, kitchen has skylight, dark wood cabinets, built-in appliances including cooktop, oven and refrigerator. Bathroom has skylight, walk-in shower and stackable washer/dryer in closet. Bedroom has sliding door leading to the patio. Other features are vertical blinds, carpet in bedroom and living room, vinyl in kitchen and bath, window A/C in living room. This is a clean unit and has an abundance of natural light.



Mutual 6-127L
\$299,000



Mutual 8-198F
\$259,000



Mutual 2-51J
\$179,000



Mutual 6-127K
\$249,000



Mutual 2-22J
\$218,000



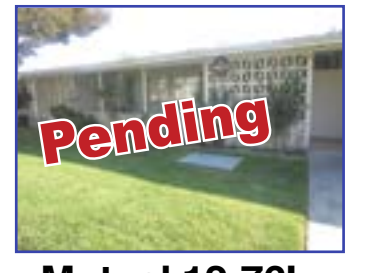
Mutual 12-9D
\$299,000



Mutual 1-27F
\$249,900



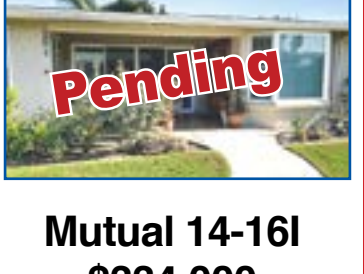
Mutual 3-29A
\$389,900



Mutual 12-76I
\$218,000



Mutual 10-239F
\$369,000



Mutual 14-16I
\$334,000



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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



Jim Duncan
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Broker/Manager



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562-209-5605



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BRE 00338699



BERKSHIRE HATHAWAY
HomeServices
California Properties

(562) 431-2149
13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Bill Berman
714-606-5258



Gail Alonzo
562-673-6703

Two-Bedrooms

One-Bedrooms

Mutual 1 25L \$222,500
Fixer, great for remodel, good location, great price

Mutual 11 285 H \$229,000
Newly painted, solar tubes, step in shower, wrap around patio

Mutual 9 211B \$229,900
2 new heat pumps, skylights, bright, lam. flooring

Mutual 15 1B \$250,000
2 baths, scraped ceilings, move in condition, lam. floors

Mutual 2 19L \$325,000
full expan., 1 1/2 baths, cent.air, smooth ceilings, greenbelt

Mutual 2 13F \$339,000
btl. partial expan., cust. kit., washer/dryer, cent. air

Mutual 2 46F \$349,000
great location, faces south, 3 heat pumps, washer/dryer, dual pane

Mutual 15 34L \$368,000
2 baths, remod. kit., granite, enclosed patio, greenbelt kit.

Mutual 1 25G \$450,000
2 baths, washer/dryer, 4 skylights, cent. air, new kit. cab.

Mutual 2 34H \$175,000
great greenbelt, newer windows, lam. flooring, btl. kit. cabinets

Mutual 2 51J \$179,000
washer/dryer, walk-in shower, outdoor carpet, nice

Mutual 2 22D \$189,500
expanded, den, 2 skylights, heat pump, lam. flooring



Jay Cho
714-944-4998



Estee Edwards
562-208-2540



Philip Bak
213-550-9991



Irv Hart
562-296-5619



Fay Wescott
562 242-6162



Tim Kearns
714-293-3950



Diana Flores
949-212-8748



Chris Kim
424-247-4542

Robin Gray & Barbara Diette-Dobias

Robin Gray

(562) 209-5605

rwgraysales@verizon.net

DRE 01027333



Your Leisure World Sales Team

Together WE Have

Over 30 Years of LW Experience

CALL ROBIN & BARBARA

"Double the Effort, Double the Results"



Barbara Diette-Dobias

(562) 754-5628

barbaradobias@gmail.com

DRE 00887640

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

Mutual 1-7-K



\$187,500

Mutual 3-23-H



\$165,000

Mutual 10-257-D



\$265,000

Mutual 3-32-I



\$275,000

LISTINGS WANTED!

We are Selling Our Listings. We can SELL Yours too!! And ...

Please know, we have implemented

ALL COVID-19 Guidelines to

keep everyone safe as possible -

call us for details!



Robin Gray



Barbara Diette-Dobias

See more at www.sealbeachleisureworld.com



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FIRST TEAM[®]
REAL ESTATE

12501 Seal Beach Blvd. #100
Seal Beach, CA 90740

For 2020, I have a total of 73 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr., #60G | M2 | \$460,000

Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!

13501 El Dorado#199i, Seal Beach | M8 | \$449,000

Beautiful fully remodeled 2 Bedroom, 2 Bath with Greenbelt Views. Gorgeous Finishes and Upgrades to Include, Central A/C, 2 Full Baths, Sliding Glass Doors, Patio, Quartz Countertops, Washer/Dryer, Gourmet Kitchen and So Much More!

13044 Del Monte Dr #44G | M15 | \$549,000

CUSTOM REMODELED ATRIUM with 2 Patios! Has Every Bell and Whistle Desired. Gourmet Kitchen that has been Opened Up to the Living Room. 2 Bedroom with 2 Full Baths!



1420 Northwood #241K | M10 | \$234,900

Basic 2 Bedroom, 1 Bath with WASHER/DRYER, A/C Heat Pump, Skylights, Dishwasher, Light Kitchen.

1125 Northwood Rd #235J | M9 | \$234,900

2 bedroom, 1 bath with brand new AC/Heat pump, laminate flooring, washer/dryer, wrap around patio.

1800 Sunningdale Rd., #18H | M14 | \$279,500

2 Bedroom, 1 Bath with Private Entrance. Located on a Nice Greenbelt with Drive-Up Parking. High Side Expansion, Large Patio Storage Closet, Laminate Flooring, 3 Skylights, Central A/C. Great Location!



13501 El Dorado Dr. #199E | M 8 | \$203,500

LOWEST PRICED 2 Bedroom, 1 Bath in Leisure World. Private Location with Wrap Around Patio, Dual Pane Windows and A/C Heat Pump. GREAT DEAL!

1671 Interlachen Rd., #285i | M 11 | \$385,000

One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

1700 Tam O'Shanter #2J | M14 | \$445,000

Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.

On November 17th, 2020 a total of 50 units show as active listings on the CRMLS (this is where Realtors list property for sale).

12-1 bedroom/1 bath
from \$150,000 to \$219,000

21 - 2 bedrooms/1 bath
from \$203,500 to \$400,000

17- 2 bedrooms/2 baths
from \$250,000 to \$549,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

"Carol is the absolute best! She knows Leisure World, the market, and how to help sellers get their units sold. From the very beginning Carol impressed us with her preparation, attention to detail, superb customer service, and follow-up. Anyone wanting the best should call Carol. Thank you Carol for helping us and doing such a great job from beginning to end."

Rod and Brian

11/17/2020- Year To Date MLS Activity

