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GOLDEN RAIN FOUNDATION

Mutual 1 director has  
been elected to board

A special meeting of the GRF Board of Directors was held Monday, Nov. 30, at 10 a.m. in Clubhouse 4, for the purpose of starting the counting process for the election of a GRF Director representing Mutual 1. The result of the ballot count is as follows, with the winner's name bolded:

Mutual 1: **Ruben Collazo**, 199; quorum only: 3; abstain: 0.

Donna J. Gambol, 169; quorum only: 3; abstain: 0.

GRF HOLIDAY EVENTS

Hanukkah, tree lighting  
will be livestreamed

by Kathy Thayer

assistant recreation manager

We may not be sipping cocoa with our neighbors or sitting on Santa's lap with our wish list this year, but that's no reason to let the Grinch spoil our holidays.

In that spirit, the GRF Recreation Department will livestream two holiday events that have become Leisure World traditions.

On Tuesday, Dec. 8, at 4:30 p.m. at Veterans Plaza, Rabbi Shmuel Marcus of the Chabad of Los Alamitos/Cypress and a member of the well-known 8th Day Band will share the story of Hanukkah and its meaning for Jews and gentiles alike. Musical entertainment will help celebrate the Festival of Lights prior to lighting the menorah. It is an opportunity for this community, rich in culture and customs, to learn and share in the joy of this beautiful festival.

The holiday celebrates the Jews defeating Syrian-Greek oppressors who

LIGHTING, page 3



American flags in line at Missouri Warship Memorial in Pearl Harbor, Honolulu, Hawaii. The site is a national historic patriotic landmark.

Pearl Harbor—A date that lives in infamy



Library of Congress

The U.S. Navy took this photo of the USS Arizona on fire, following the Japanese attack on Pearl Harbor, Hawaii, on Dec. 7, 1941.

President Franklin Roosevelt called Dec. 7, 1941, “a date which will live in infamy.”

On that day, Japanese planes attacked the United States Naval Base at Pearl Harbor, Hawaii.

The bombing killed more than 2,300 Americans and decimated the U.S. Pacific Fleet. It destroyed the American battleship USS Arizona and capsized the USS Oklahoma.

The attack sank or beached a total of 12 ships and damaged nine others; 160 aircraft were destroyed and 150 others damaged. The country was taken by surprise, especially the ill-prepared Pearl Harbor base.

When Germany and Italy declared war on the United States days later, America found itself in a global war.

The annual Remembrance Day ceremony commemorating the attack on Pearl Harbor will be closed to the public this year and streamed online as a result of the coronavirus pandemic.

The ceremony will begin at 7:50 a.m. on Dec. 7 at the Pearl Harbor National Memorial's Contemplation Circle in Hawaii. A small number of veterans will be in attendance on-site, according to Hawaii News Now.

A moment of silence will be observed at 7:55 a.m., the time

PEARL, page 20

COVID-19 UPDATES

GRF votes to shut down LW amenities | People aged 85-plus are most vulnerable

by Kathy Thayer  
assistant recreation manager

After opening most outdoor amenities over the last few months, a surge in COVID-19 cases has forced GRF to temporarily shut down GRF facilities. GRF Executive Director Randy Ankeny shared the following statistics that entered into the difficult decision taken by the GRF Board of Directors at the Nov. 24 meeting:

- Number of COVID-19 cases in OC continue to surge.

AMENITIES, page 20



The Orange County COVID-19 numbers are sobering, doubling over the holiday weekend even as GRF venues have been shut down. Security reported more than 2,000 guest cars were admitted on Thanksgiving Day. That is fewer than in previous years, but still too many considering the dire risk to older people.

Leisure World residents have been vigilant in wearing masks and adhering to other protection protocols. The community has fared well, with only a handful of cases reported. But as case numbers surge, it's important to stay the course until a vaccine is available.

COVID, page 3

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Linda Herman

About 25 golfers congregated at the LW Golf Course Nov. 25 to protest the COVID-19-related shut-down of the course until Dec. 21. The GRF Board closed all LW amenities on Nov. 25 because of surging cases of the virus in Seal Beach and beyond. GRF Executive Director Randy Ankeny answered residents’ questions about the board’s decision to close the course. Ankeny quoted COVID-19 case statistics, noted that LW is a high risk community with its vulnerable population and reiterated his goal to keep LW as safe as possible during this pandemic. Golfers maintain that they have been wearing masks and adhering to the distance rules, and noted that other courses are open.

### GRF Construction Updates

GRF projects are underway around the community despite slow-downs attributed to the COVID-19 repercussions. This column will update residents on the progress of various construction projects. The information is provided by GRF Facilities Director Mark Weaver and Physical Property Manager David Rudge.

#### LW POOL

GRF Facilities Director Mark Weaver received plans from the pool architect that need more coordination to preclude costly change orders mid-construction. Once the plans are ready, GRF will submit them to the City of Seal Beach and Orange County Health Care Agency for approvals. When the agencies having jurisdiction approve the plans and issue permits, construction will begin. The date for the pool to be open is April 5.

The work by the gas company started Nov. 18 and the underground

**UPDATE, page 23**

### Toys for Tots Update

Due to COVID-19 restrictions, there will be no Toys for Tots show this year; however barrels have been put out to collect toys for needy area children. Leisure World is consistently in the top two contributors to this program sponsored by the U.S. Marine Force Reserve.

Residents can give unwrapped toys (no stuffed animals) to Security at the Main Gate, St. Andrews Gate or the Building 5 Decal Office. The Marines will distribute the toys to the children.

### Fire Safety During the Holidays

by Eloy Gomez  
safety/emergency  
coordinator



The holidays should be enjoyable, so it’s important to be careful when decorating your homes.

Holiday decorations are responsible for more than \$11 million in home fire damages each year. To ensure your holiday celebrations are fire-safe and injury-free, follow these safety tips.

Flameless candles reduce fire risk.

#### Candles

- Consider using flameless candles and flame-resistant candleholders to reduce fire risk. Flameless candles are highly recommended by the Orange County Fire Authority.

- Keep candles at least 12 inches from flammable materials.

- Keep candles out of the reach of children and pets and on stable surfaces.

- Extinguish candles before leaving a room or going to sleep.

#### Lighting and Decorations

- Check lights for broken or cracked sockets, frayed or bare wires, or loose connections before using.

- Replace burned-out bulbs promptly with the same wattage bulb.

- Do not overload electrical outlets with too many lights or decorations, and make sure all extension cords are marked for proper use.

- Plug outdoor electric lights and decorations into circuits protected by ground fault circuit interrupters (GFCIs).

- Turn off all indoor and outdoor holiday lighting before leaving the house or going to bed.

#### Christmas Trees

- Artificial Christmas trees labeled as fire-resistant are three times safer than real trees.

- If decorating with a fresh tree, ensure it is watered as soon as installed and frequently thereafter.

- Place your tree away from fireplaces, radiators, heater vents, air ducts and other heat sources.

- Make sure the tree is out of the way of day-to-day traffic.

- Ornaments and other holiday decorations should be non-combustible or flame-resistant.

- Remove your tree promptly from your home after the holidays. An ignited tree can be totally consumed by fire in 3-5 seconds and generate over 2,000 degrees of radiant heat.

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COVID  
from page 1

The Orange County Health Care Agency reported 1,666 new coronavirus cases Nov. 28 and 1,058 new cases on Nov. 30, and no additional deaths due to COVID-19.

The disease caused by the virus has killed 1,577 people countywide.

Since the start of the pandemic, the county has recorded 77,819 cases as of Nov. 30.

Hospitalizations because of the virus stand at 597, with 148 of those patients receiving treatment in intensive care units.

These are sobering statistics, especially for the LW population, which is vulnerable to the most serious outcomes of the disease.

According to the Centers for Disease Control, people in their 50s are at higher risk for severe illness than people in their 40s. Similarly, people in their 60s or 70s are at higher risk for severe illness than people in their 50s. The greatest risk for severe illness from COVID-19 is among those aged 85 or older.

Eight out of 10 deaths in the U.S. have been adults 65 years or older.

People 85-plus are 13 times more likely to require hospitalization if they contract the disease.

Severe illness means that a person with COVID-19 may require intensive care and/or a ventilator to help them breathe.

Protect yourself by wearing a mask when interacting in public areas (see page 12 for more information on mask safety).

Other ways to help reduce the



spread of the virus that causes COVID-19 include:

- Limit your in-person interactions with other people as much as possible, particularly when indoors.
- Keep space between yourself and others (stay 6 feet away, which is about two arm lengths).
- Wash your hands often. If soap and water are not readily available, use a hand sanitizer that contains at least 60-percent alcohol.
- Avoid touching your eyes,

nose and mouth with unwashed hands.

- Cover coughs and sneezes with a tissue or the inside of your elbow. Then wash your hands.
- Clean and disinfect surfaces and things you touch often.

How to Protect Yourself:

If you start feeling sick and think you may have COVID-19, get in touch with your healthcare provider within 24 hours.

For more information, visit [CDC.gov](https://www.cdc.gov).

—CDC, OC Health Care Agency

CITY OF SEAL BEACH

Stay connected with phone check-ins

The City of Seal Beach is sponsoring SeniorCityzen, a resource to support and check in with older people who are socially isolated as a result of the COVID-19 stay-at-home orders.

Seal Beach seniors can connect with city staff (volunteers) by scheduling regular check-ins via telephone to chat and/or to receive referrals to community resources during this difficult time. A few of the staff volunteers speak Vietnamese and Mandarin.

Seniors who are interested in participating may email [SeniorCityzen@sealbeachca.gov](mailto:SeniorCityzen@sealbeachca.gov) or call (562) 431-2527, ext. 1600.

Seniors are asked to leave their names and phone numbers, and staff will return their email/call to set up a chat and/or answer any resource-related questions.

SeniorCityzen is geared toward people 60 and above who are facing social isolation and are looking for someone to talk to, along with getting referrals to other senior-centric organizations.

For more information, contact Assistant City Manager Patrick Gallegos at [pgallegos@sealbeachca.gov](mailto:pgallegos@sealbeachca.gov) or (562) 431-2527, ext. 1308.

—from the City of Seal Beach



The LW Christmas tree event will be live streamed on Dec. 10 (no in-person attendance).

LIGHTING  
from page 1

had tried to force them to abandon their religion and adopt Greek culture. Led by Judah Maccabee, the Jews recaptured the holy temple in Jerusalem. Arriving there, they found only enough olive oil to light candles for one night, but the supply lasted for eight nights. Watch the program live at <http://www.lwsb.com/menorahlighting/>.

On Thursday, Dec. 10, at 4:30 p.m., the Christmas Tree at Veterans Plaza will be lit following a special musical presentation by The Entertainers club, which has performed for LW audiences for several years. The group is comprised of talented singers and accomplished instrumentalists from within Leisure World and guest artists.

During the pandemic, with all venues closed, members Eric and Sandy Nelson have continued to offer programs of music from the Great American Songbook from their porch to their socially distanced neighbors. Two other members of the club, Jeanine Greb and Vickie Van Ert, will join the Nelsons for their next show, "Christmas in Quarantine." Watch for a link to the new show on the Leisure World Facebook page later in December. A portion of the show will be aired at the Christmas Tree Lighting Ceremony presented by the GRE. Access the Veterans Plaza show at <http://www.lwsb.com/treelighting/>.

These events can only be viewed online and not attended in person. They will be recorded and uploaded to [www.lwsb.com](http://www.lwsb.com) for those who want to see them at their leisure.

For more information, contact [kathyt@lwsb.com](mailto:kathyt@lwsb.com) or call (562) 431-6586, ext. 398.



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Still comparing options? You have until December 7 for Medicare's Annual Enrollment Period. Here are a few resources to help you decide:

- **Aetna kits at the HCC**  
Dec. 3, 2020, 9:00 am–11:00 am
- You can also learn how you can get the most out of Medicare by speaking to a licensed insurance agent. Call HealthMarkets<sup>1</sup> at (855) 741-5266, 24 hours/day, 7 days a week.



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# Perspectives

## Letters to the Editor

*Editor:*  
Thirty-seven years ago, I looked at apartments in Leisure World and said to my wife, “I will never live in this place.”  
Twenty-seven years ago, I moved into the best place ever, Leisure World, because of all the forward-thinking board members. They made possible pet ownership, apartment expansion, patios and all the clubs that help us feel included. We experience friendship; we talk, walk and have dinner, as well as play golf, swim, dance and exercise.  
So thank you Mutual Board members, GRF Board Members and all the volunteers who make Leisure World a special place: The Friends of the Library, the Y Club, CERT Team, Emergency Information Council, entertainment groups, Rollin’ Thunder, bike group, Drone Club, Beaks, Paws & Claws, Radio Club and many others.  
Thank you, thank you, thank you.

Phillip Mandeville  
Mutual 11

*Editor:*  
Before the pandemic hit, residents could take calendars to the News Office, where I would collect them and distribute them to veterans at the VA hospital in Long Beach. When the pandemic began, the hospital stopped accepting donations, and our LW Weekly had to close its doors to the public, so I stopped collecting calendars.  
The VA hospital has resumed receiving donations, but until the LW Weekly opens its office space, I had no collection point. I have now received permission to hang a shopping bag from my flagpole with a sign: “CALENDARS FOR VETERANS.” I live in Mutual 5, Building 117, Unit E, which is across the alley from Clubhouse 6 and faces Golden Rain Road. (I love flamingos.) Thanks to everyone who brightens the holidays for our hospitalized heroes. My heartfelt thanks to everyone who previously donated their calendars. Happy holidays, and stay healthy.  
Garnet Vyduna  
Mutual 5

## OC HEALTH CARE AGENCY

### Happy Holidays Neighbor! takes aim at senior isolation

With the holiday season rapidly approaching, the Orange County Board of Supervisors is calling on residents to safely connect with their elderly neighbors amid the COVID-19 pandemic. Happy Holidays Neighbor! is a public-awareness micro-campaign targeted at raising awareness of the dangers related to senior isolation and suggesting ways everyday citizens can reach out and make a difference.  
“No one should be alone during the holidays,” said Chairwoman Michelle Steel, Second District supervisor. “The Happy Holidays Neighbor! micro-campaign connects seniors with local neighbors who can provide help and support.”

According to the Centers for Disease Control and Prevention (CDC) website, there are many public health risks linked to social isolation and loneliness.  
With one-fourth of adults aged 65 and older considered to be socially isolated, this makes seniors more susceptible to serious medical conditions, such as dementia and heart disease. The ongoing COVID-19 pandemic threatens to further cut off seniors from regular social engagement as well as limit their ability to access needed food, supplies and medication. During the holiday

period, seniors face additional challenges related to gift buying, mailing packages and decorating their home exteriors.  
“Seniors are among the most at-risk for contracting COVID-19, which is why many have chosen to isolate themselves for the past nine months,” said Vice Chairman Andrew Do, First District Supervisor. “Because of this, seniors have never felt more isolated than they do now. Reaching out to a senior neighbor, in a safe way, can help reduce their loneliness and anxiety. The County’s Office on Aging provides many handouts and other resources to help you get started.”  
“It’s all about taking action,” indicated Supervisor Donald Wagner, Third District. “One call, one errand, or one holiday

connection can be the difference in making this holiday season special to a senior.”  
The Happy Holidays Neighbor! public awareness micro-campaign suggests ways to connect and support seniors this holiday season in a COVID-safe manner that focuses on physical distancing but still maintain a social connection.  
It features a printable postcard that neighbors can fill out and send to local seniors, asking what assistance they need and providing the neighbor’s contact information. Additionally, the micro-campaign provides information about county and local senior resources that are important during the holiday season.  
“Connecting people during

NEIGHBOR, page 23

## Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.  
**Letters to the Editor:** Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered.  
Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.  
The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.  
**Member Column:** At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community.  
Priority goes to first-time or less frequent writers. Some names will be left out to protect privacy.  
**Contributor:** Restaurant review, theater review or travel journal submissions welcome.



## Better Together

Isolation and loneliness is a growing health epidemic and we recognize that, especially during these trying times. Katella Senior Living Community is committed to creating a sense of community, providing opportunities for social connection, and encourages residents to stay engaged so they can thrive. We serve a wide range of lifestyle preferences and offer spacious floor plans with a maintenance-free lifestyle, life enrichment programs, chef-inspired meals, and 24-hour on-site staffing. Safety and security remain our top priority. Together, let’s see how the move to senior living will improve the lives of those we love most.



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\*Monthly rent refers to the monthly rate in effect August 1, 2020 for each unit type. Move-in special available when the residency agreement is signed by December 31, 2020. Move-in special does not apply to second person fee, pet fee, care services or packages, or a la carte service charges.





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# Government

## Recap of Special GRF Board Meeting Activity, Nov. 30

**General—Installation of Newly Elected GRF Director:** DECLARED that Ruben Collazo is officially installed as a member of the GRF Board of Directors, representing Mutual 1.

**General—Ratification of Committee Assignments and**

**Ad hoc Committee Assignments:** APPOINTED GRF Director Ruben Collazo to the Architectural Design & Review, the Communications/IT, and the Physical Property committees, as well as the Website Redesign Ad Hoc Committee.

## Carport Cleaning Schedule 2020

The remainder of the holiday carport cleaning schedule for 2020 is as follows:

**Christmas Day, Friday, Dec. 25**  
Mutual 14, Carports 150-157; Mutual 15, Carports 1-2, will be cleaned Thursday, Dec. 31.

## GRF Board Executive Session Agenda

**Friday, Dec. 4, 1 p.m.**  
**Virtual meeting in accordance with applicable codes.**  
*NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935.*  
*Executive session meetings are held in the strictest confidence. Every Board member has a fiduciary duty to maintain the confidentiality of all topics deliberated and discussed in executive session. Failure to do so could expose GRF and its Board members to liability. In light of the global pandemic, executive meetings will be held telephonically or through web-based applications until further notice. Therefore, all Board members should ensure they participate in a manner that will preserve the privacy and confidentiality of such meetings. Board members should be in a location that is secure with no other persons present or in hearing range of the Board's discussions.*

GRF Meetings	
Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.	
Fri., Dec. 4	<b>GRF Board Executive Session</b> virtual ..... 1 p.m.
Wed., Dec. 9	<b>AB 3182 Ad Hoc Committee</b> Clubhouse 4 ..... 1 p.m.
Fri., Dec. 11	<b>GRF Executive Committee</b> Clubhouse 4 ..... 1 p.m.
Tues., Dec. 15	<b>Website Ad Hoc Committee</b> Clubhouse 4 ..... 1 p.m.
Mon., Dec. 21	<b>Finance Committee</b> Clubhouse 4 ..... 10 a.m.
Wed., Dec. 23	<b>GRF Board Monthly Meeting</b> Clubhouse 4 ..... 10 a.m.
Mon., Jan. 4	<b>Special GRF Board Meeting</b> Clubhouse 4 ..... 10 a.m.
Mon., Jan. 4	<b>Recreation Committee</b> Clubhouse 4 ..... 1 p.m.
Wed., Jan. 6	<b>Physical Property Committee</b> Clubhouse 4 ..... 1 p.m.

## LW Community Guide 2021

The COVID-19 pandemic caused the delayed production of the LW Community Guide in 2020. If there are any changes to your information for the White Pages from 2019, or if you weren't included in 2019 but want to be in 2021, contact [pattym@lwsb.com](mailto:pattym@lwsb.com) with your name and your address and/or phone number.

## Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before.

Contact Mutual directors to find out when your carports are scheduled for sweeping.

- A. Call to Order  
*President Susan Hopewell*
  - B. Roll Call
  - C. Legal
  - D. Contracts
  - E. Personnel
  - F. Adjournment
- Agenda is subject to change.*

Mutual Meetings	
Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).	
Wed., Dec. 9	<b>Mutual 4 (open forum, 9:15 a.m.)</b> virtual ..... 9:30 a.m.
Thurs., Dec. 10	<b>Mutual 12</b> virtual ..... 9 a.m.
Fri., Dec. 11	<b>Mutual 3</b> virtual ..... 9 a.m.
Mon., Dec. 14	<b>Mutual 9</b> virtual ..... 9 a.m.
Tues., Dec. 15	<b>Mutual 14</b> virtual ..... 1 p.m.



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# Religion

## First Christian Church

By **Bruce Humes**  
Pastor

The Gospel of Luke, Chapter 23, Verses 33-34, reads, “And when they had come to a place called Calvary, there they crucified him, and the criminals, one on the right hand and the other on the left. Then Jesus said, ‘Father, forgive them, for they do not know what they do.’ And they divided his garments and cast lots.”

The Holy Bible speaks a lot about forgiveness and forgiving. The Greek word for “forgive” means “to send away.” Here, we get the idea of “to set free, to let go, to release, to discharge, or to liberate.”

We could easily say to just forget, which means “to lose out of mind, implying neglect or forgetfulness.” But things we forget come back to remembrance sometimes. Forgiving goes beyond just forgetting; we must “send it away,” never to be found again.

Psalms 103:11-12 says, “For as the heavens are high above the earth, so great is his mercy toward those who fear him; As far as the east is from the west, so far has he removed (forgiven) our transgressions from us.”

How far are the heavens above

the earth? How far is the east from the west? Both are immeasurable, and that is how far he has removed (forgiven) our transgressions. This gives us a clear picture of God’s mercy, grace and love for those who fear him, meaning those who believe and have faith in him. He has “sent away” their transgressions, never to be found.

Many Scriptures speak on the subject of forgiveness. Let’s take a look at a few:

Jesus said in Mark 11: 25-26: “And whenever you stand praying, if you have anything against anyone, forgive him, that your father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your father in heaven forgive your trespasses.”

Colossians 3:13 says to “bear with one another, and forgive one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.” Just as Christ forgave those who crucified him, so we too are to forgive those who trespass against us.

Ephesians 4:32 reads, “And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.”

God through Christ forgave us of our sins or transgressions.

1 John 1:9 puts it like this, “If we confess our sins, he is faithful

and just to forgive us our sins and cleanse us from all unrighteousness.”

Just as God forgives us of our sins against him through his son, Jesus Christ, and takes away the hostility that separated us from him, we are to forgive each other, thus taking away the hostility and anger that exists between those with unforgiving hearts.

Earlier, I mentioned that to forgive gave the idea of “to liberate.” When we confess our sins to God, he liberates us from the bondage of sin, bringing victory to us over that which held us in bondage.

The same is true with us. When we forgive those who have transgressed against us, we are liberating both ourselves and them from the hostility that separates us from each other. With God, all things are possible, even the ability to forgive.

We just celebrated Thanksgiving and are headed toward Christmas; what better time to extend forgiveness to those who have transgressed against us, sending the transgressions away, never to return.

To speak to someone at the church or if you have a need, call the church office at (562) 431-8810. Leave a message and someone will return your call.

## LW Baptist

By **Rolland Coburn**  
Pastor

Psalms 50:23 promises God’s blessing on those who thank him for their salvation. We sing, “Thank you Lord for saving my soul/Thank you Lord for making me whole/Thank you Lord for giving to me/Thy great salvation so rich and free.”

We must experience the Lord’s goodness before we can open our mouths to thank and praise him, and we experience his goodness only by faith.

One day, the Lord sent 10 men seeking healing from a dreaded skin disease called leprosy to the priests to testify to Jesus’ credentials as the Messiah-Savior and his healing power. One of them, a non-Israelite and Samaritan, seeing he was cleansed, returned, fell on his face at Jesus’ feet, and with a loud voice was pouring out to Jesus his heartfelt thanks. His thanksgiving to the Lord was accepted as genuine, saving, faith in God’s provision in his son and therefore true worship, and the Lord gives him assurance of salvation, saying, “Rise, go your way; your faith has saved you.”

Jesus also observed, “Were not 10 healed; but the other nine, where are they? Were they not found to return to give glory to God, except this foreigner?”

As one author says, many unsaved “try to be thankful to God for temporal benefits, but their utter failure to appreciate the gift of his son leaves them most unthankful in his sight.”

God gives assurance to his people in Psalms 50:23, one that offers thanksgiving glorifies me, God says, and to him that puts his life in order—that is walking by faith, a forgiven and cleansed life, living as a true worshipper—I will show the salvation of God.

That is the greatest blessing: to know your sins are forgiven for Jesus’ sake and to know you have a home in heaven forever. Yes, thank you, God, for our great salvation in your beloved son our savior, the Lord Jesus Christ.



Rolland Coburn

The LW Weekly: 430-0534

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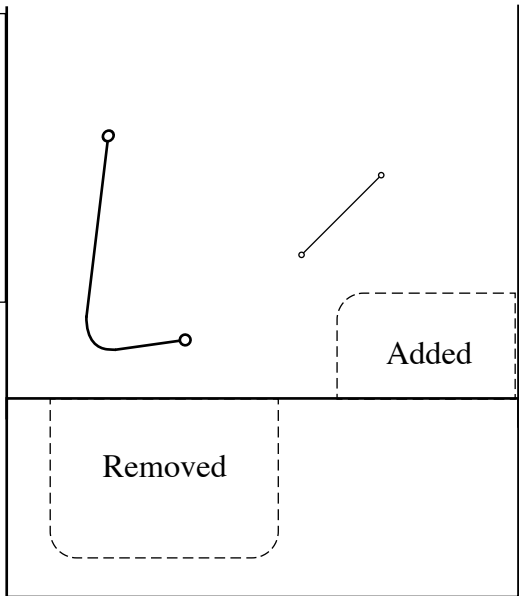
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## Faith Christian Assembly

The Rev. Gwyn Vaughn, pastor of Faith Christian Assembly, has written a new book titled, "People Who Have Made an Impact." Faith Christian Assembly invites Leisure World to a special book signing on Sunday, Dec. 6, at 5:30 p.m.

This book chronicles several people whose lives made an impact on others. These are people who the Rev. Vaughn pastored in his ministry. This book is sure to be an encouragement to those who want to make a godly impact on those around them.

Out of an abundance of caution, Faith Christian Assembly will take your temperature at the door and you will be asked to wear a mask, especially before and after service, and sit socially distant from others. Those who are ill should stay home.

Due to COVID-19, Faith Christian Assembly is not currently having all of its regular ministries, but will resume as soon as possible. Call the church office for updated information on the midweek Bible study, hosted by Pastor Sheri Leming, on Wednesdays at 11 a.m. and Grief Share on Wednesdays at 2 p.m.

To receive a free newsletter and more information on the church, call (562) 598-9010 or visit our website at [www.FCAchurch.net](http://www.FCAchurch.net).



Gwyn Vaughn

## Beit Halev

Rabbi Galit Shirah and Beit HaLev invite all to join the "Coffee Chavurah" social hour before services on Fridays. Services will start at 6 p.m. and on Saturday morning at 10:30, with the "Coffee Chavurah" to follow. For security purposes, call or email Rabbi Galit Shirah to let her know you want to attend.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUX15VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704 and the passcode is RavGalit.

Beit HaLev continues to livestream on Facebook as well. To attend, go to Rabbi Galit Shirah's website at [galityomtov.com](http://galityomtov.com), [Facebook.com/galityomtov](https://www.facebook.com/galityomtov) or [YouTube.com](https://www.youtube.com/channel/UCShabbatShalomLIVE) on the "Shabbat Shalom LIVE!" channel.

A link to the PDF version of the prayerbook, "Lev L'Lev," is provided at each service.

The Torah reading this week is from "Vayishlach" (And [Jacob] sent . . .), Genesis 34:1-35:15. In the Second Triennial Cycle, we



Rabbi Galit Shirah

will study the dramatic account of Jacob's only daughter, Dinah, who ventures into the city of Shechem, where she is abducted and raped by the prince of the city. Nowhere in the Torah does it speak of Dinah's experience; the Torah's account is of Jacob's sons, Simeon and Levy, who, upon learning that Prince Shechem wants to marry Dinah, devise a plan to avenge their sister: they demand that all the males of the city be circumcised, and King Hamor agrees. Then, on the third day, when the men were in the

BEIT HALEV, page 10



# Holiday Season Menu

November 1st through December 31st

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## Church of Jesus Christ of Latter Day Saints

By Jim Greer  
LW contributor

As we begin the annual reading of the Christmas story, we recall that the prophets testified of the coming Messiah, a descendant of King David who would deliver his people. Revelation teaches that the long-anticipated Messiah was the great Jehovah of the Old Testament, who took upon himself a body of flesh and came to earth as Jesus Christ.

This month's "Come Follow Me" study recalls that Jesus showed himself unto the brother of Jared, Mahonri Moriancum. Recorded in Ether, Chapter 3, Christ declares, "Behold, I am he who was prepared from the foundation of the world to redeem my people. In me shall all mankind have life, and that eternally, even they who shall believe on my name."

So faithful was the brother of Jared that "the Lord said unto him: 'Because of thy faith thou hast seen that I shall take upon

me flesh and blood; and never has man come before me with such exceeding faith as thou hast.' The Lord showed himself unto him, and said: 'Because thou knowest these things ye are redeemed from the fall; therefore ye are brought back into my presence; therefore I show myself unto you. Behold, I am Jesus Christ. I am the Father and the Son. They who shall believe on my name shall become my sons and my daughters.'

"All men were created in the beginning after mine own image. Behold, this body, which ye now behold, is the body of my spirit; and even as I appear unto thee to be in the spirit will I appear unto my people in the flesh."

With this knowledge of Christ, we who take upon us Jesus' name feel in the Christmas season that same anticipation that the Israelites must have felt in anticipating the Messiah's coming.

Today, we listen to carols that speak of his birth and feel joy in his promise of peace on earth and goodwill to men. As believers did in the early days of Christianity,

we decorate our homes with colorful wreaths of holly and ivy. With their sharp leaves and red berries, the holly and the ivy remind us of the crown of thorns worn by Jesus Christ on the cross and the drops of blood he shed for us in Gethsemane.

The tradition of giving and displaying decorative wreaths dates back to the Roman Empire and St. Augustine, who spread "good tidings of great joy." To many, the holly represents the baby Jesus, and the ivy represents his mother, Mary. That circle of holly and ivy, which endure through winter, emphasizes the gift of eternal life given to us by our savior.

May the symbolism in our seasonal decorations, the carols we sing, and the gifts we share remind us of he whose birth we celebrate. As we celebrate this sacred holiday, may we be as faithful as Mahonri Moriancum. May we he did, gain a perfect knowledge of God, believe on his name, and be brought back into his presence.

## Redeemer Lutheran and St. Theodore's

By Lisa Rotchford  
Reverend

December is the church's season of Advent: the season of waiting for a special person or occasion to come. The Advent of this year, more than ever, finds us waiting for quarantine to be over

and a vaccine to be delivered.

While we wait, we can embrace the Old Testament's messages on waiting: "The Lord is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the Lord" (Lamentations 3:25-26).

Following the Scriptures and lighting Advent colored candles, we wait quietly in hope; seek peace; express joy and share the love of the season.

HOPE - Those who hope in the Lord will renew their strength. (Isaiah 40:31)

ADVENT, page 10

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Puzzles & Comics

Answers on page 23

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

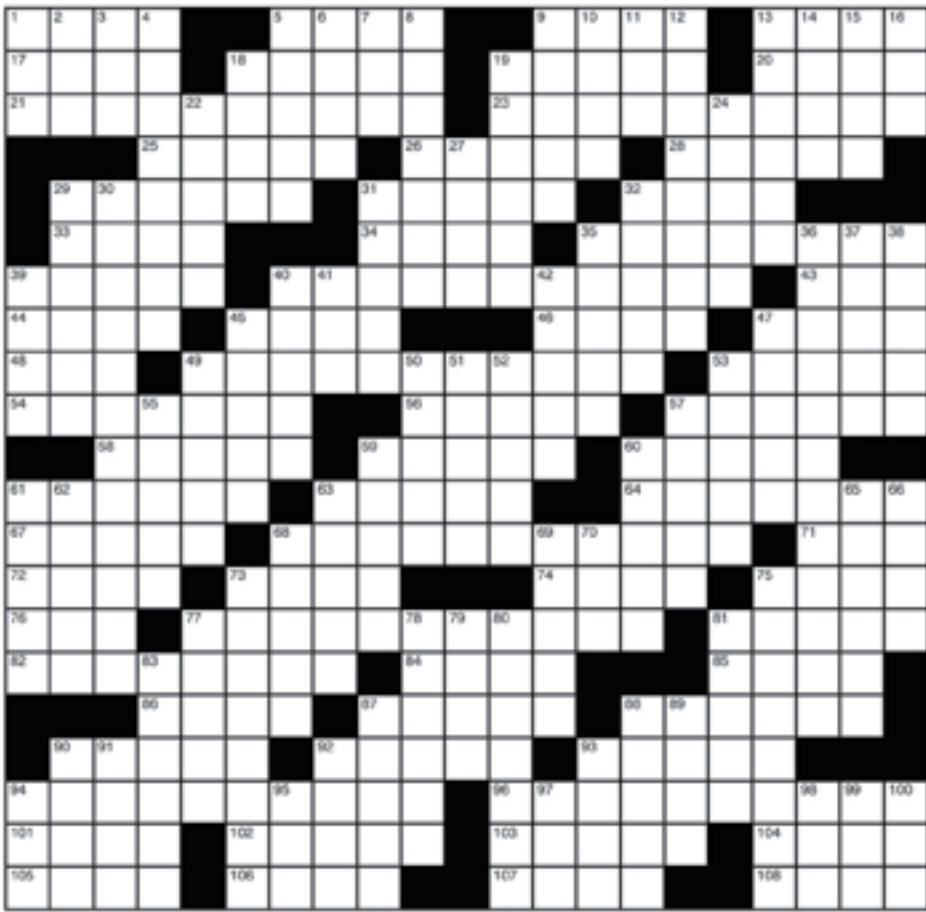


Jumpy

Edited by Linda and Charles Preston

ACROSS

- 1 Level
- 5 First father
- 9 "\_\_\_ iron"
- 13 Shucks!
- 17 Takes \_\_\_ view of: frowns on
- 18 Small antelope
- 19 Philippine island
- 20 Cruising
- 21 In a rage
- 23 Peter Cottontail's pace
- 25 Provide
- 26 Drizzles
- 28 Eucharist plate
- 29 Concurs
- 31 Furnaces
- 32 "Le Roi d'Ys" composer
- 33 Cut short
- 34 Give aid
- 35 With calmness
- 39 Plot
- 40 Plays a sidewalk game
- 43 Forest female
- 44 Energy company
- 45 Lobster's feeler
- 46 Toward the mouth
- 47 Noah's numbers
- 48 Printing measures
- 49 Memorable Tinseltown tattle tale
- 53 Stop
- 54 Place in a new setting
- 56 Irregularly edged
- 57 Art categories
- 58 News items
- 59 Sore
- 60 Tired of it all
- 61 Projects
- 63 Bric-\_\_\_
- 64 Namesakes of Christie
- 67 Sin
- 68 Wheat bin
- 71 Cinnabar, for one
- 72 Arrow poison
- 73 Hold on!
- 74 Link situations
- 75 Dashboard calcs.
- 76 2-nation pen.
- 77 Restaurant busybody
- 81 Edible fungi
- 82 Puts in office, old style
- 84 Silkworm
- 85 Maple genus
- 86 Astronaut Sally
- 87 "Inferno" poet
- 88 Frolics
- 90 Type of fertilizer
- 92 Swine breed
- 93 New Zealand native
- 94 Freight train units
- 96 \_\_\_ jump
- 101 At the summit of
- 102 Choice cut
- 103 French females
- 104 Family history



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11/12/17

DOWN

- 1 Fan sound
- 2 Stir
- 3 Kind of code
- 4 Crowned heads
- 5 Hundred-eyed monster
- 6 Thin coin
- 7 Arabian garment
- 8 Leaf veins
- 9 Great care
- 10 Diamond arbiters, for short
- 11 Atlas feature
- 12 At the ready
- 13 Wright brothers Ohio home
- 14 Arthur of the courts
- 15 Night light
- 16 Space
- 18 Wave, in Dieppe
- 19 Japanese religion
- 22 Clumsy
- 24 Hoffmann compositions
- 27 Novelist Waugh
- 29 Single-seeded fruit
- 30 Lawn jumpers
- 31 Greek letter
- 32 Operetta master
- 35 Rocky debris
- 36 American realist painter: 1882-1967
- 37 Relaxed
- 38 Affirmatives
- 39 "Moonstruck" star
- 40 The nether world
- 41 Dated
- 42 Stowe character
- 45 Annoying ones
- 47 Doctrine
- 49 Oil, in Orleans
- 50 Matisse
- 51 Church instrument
- 52 Veranda
- 53 Chest lining
- 55 Fat
- 57 Tokens of defiance
- 59 Diminish
- 60 Practical joker
- 61 "\_\_\_ Ike"
- 62 Massenet opera
- 63 Seed coverings
- 65 Weapon suppliers
- 66 Conf.
- 68 Clark of Butler role
- 69 Wine pitchers
- 70 Flaky dessert
- 73 Salad and hotel
- 75 Sales slips
- 77 19th cent. French philosopher-historian
- 78 William Randolph
- 79 Yes \_\_\_?
- 80 Sinkers and sliders
- 81 Romantic isle
- 83 Famed Austrian singers
- 87 Painter-engraver Albrecht
- 88 Law matters
- 89 NASA approvals
- 90 "I've \_\_\_ secret"
- 91 Knowledgeable
- 92 Glass artist Chihuly
- 93 MN city
- 94 Porkpie
- 95 Co., in France
- 97 Palm leaf
- 98 Common verb
- 99 Fresh
- 100 Vixen's home

Sudoku 1

			4		3		9		
3				2	7				6
6	1							2	
						2		3	9
			3		4				
2	9		7						
	6							4	3
4				2	5				7
		1		6		5			

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

PAR SCORE 295-305  
BEST SCORE 386  
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

FIVE RACK TOTAL  
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME  
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

TUCOL

YALPP

HBIRDY

CUNEBO

Print answer here: \_\_\_\_\_

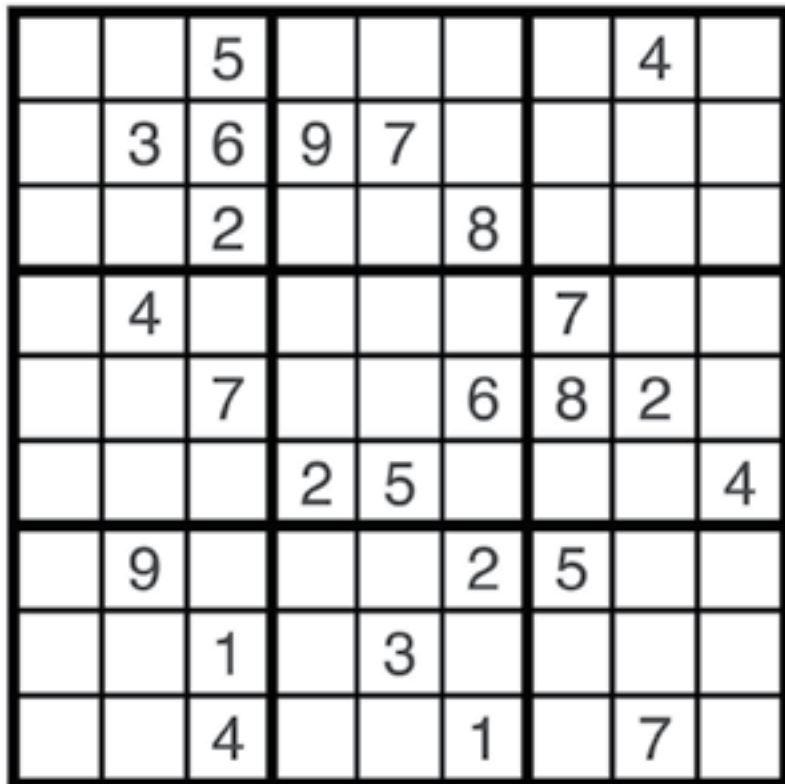
Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



## Guess Who?

I am a professional wrestler and actor born in Massachusetts on April 23, 1977. I worked as a chauffeur while pursuing a career in bodybuilding. Although I'm not really a doctor, a previous nickname suggested I was.

## Sudoku #2



Level: Advanced

## Puzzles & Comics

### Answers on page 23



Solve the code to discover words related to landscaping.  
Each number corresponds to a letter.  
(Hint: **16 = n**)

- A. 22 3 17 16**  
*Clue: Contains grass*
- B. 23 3 12 7 24 16**  
*Clue: Organized plants*
- C. 26 22 3 16 9 19**  
*Clue: Living organisms with roots*
- D. 7 24 19 8 23 16**  
*Clue: Plan or drawing*



By David L. Hoyt and Jeff Knurek



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**INSTRUCTIONS:** Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

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21-30 = Rookie  
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0-10 = Try again

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R	T	M	V	Q	U	A	L	I	T	Y	A	U	U	C	W	C	O	A	G
I	W	G	X	V	F	X	S	N	A	A	S	H	S	B	N	E	N	C	H
O	B	U	S	I	N	E	S	S	O	T	Y	I	S	E	E	A	C	E	V
R	L	V	U	W	F	U	S	T	O	I	S	A	S	M	G	P	A	C	X
I	U	L	O	P	G	I	R	M	E	W	T	S	T	E	W	A	T	W	V
T	E	M	R	V	Y	O	E	P	Q	I	I	P	M	G	G	H	P	F	A
Y	M	C	Q	S	P	R	S	M	S	S	N	E	E	E	E	U	A	T	S
P	Y	H	N	P	Q	H	W	F	N	Y	S	F	N	C	W	L	T	N	O
N	Y	E	U	A	M	G	A	O	T	T	Q	V	I	O	R	E	M	Q	V
O	S	S	S	P	T	C	C	L	I	Y	R	L	L	L	N	P	B	E	I
E	H	A	P	C	A	R	A	S	N	Q	O	Q	I	T	P	P	E	O	R
Q	T	I	O	I	O	Y	O	F	Q	F	F	O	I	O	X	H	A	W	I
L	N	N	Q	T	C	L	P	P	S	A	N	C	G	H	W	T	G	N	P
G	X	U	S	L	M	F	A	T	R	E	S	T	G	C	M	L	N	O	A
X	X	Y	X	U	E	S	N	X	V	X	P	I	Q	B	P	U	R	C	C
L	N	H	X	P	X	T	M	E	I	O	L	U	T	I	O	N	L	C	T
C	Y	H	X	X	A	W	R	L	S	H	N	I	M	P	R	V	E	E	M
R	E	P	E	Q	T	X	A	E	W	E	C	N	E	I	R	E	X	X	E
G	L	M	G	O	V	X	A	E	W	E	C	N	E	I	R	E	P	X	E

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

## WORDS

AGENT  
ATTENTION  
BUSINESS  
CONSISTENCY  
CUSTOMER  
ESCALATION  
ETIQUETTE  
EXPERIENCE  
FOLLOW-UP  
IMPACT  
IMPROVE  
LOYALTY  
MANAGEMENT  
METRICS  
PERCEPTION  
PERFORMANCE  
PRIORITY  
QUALITY  
REPEAT  
RESOLUTION  
SATISFACTION  
SERVICE  
SHOPPING  
SUPPORT



Congregation Sholom

Rabbi Karen Isenberg will stream services via Zoom on Friday, Dec. 4, at 6:30 p.m. and Saturday, Dec. 5, at 9:30 a.m.

Any new Congregation Sholom members who want to watch the livestream should contact Jeff Sacks to receive the Zoom invitation. Text Jeff at (714) 642-0122 or email him at [jfsacks@gmail.com](mailto:jfsacks@gmail.com). The link will have the meeting ID and password embedded. Those who want more details or need to practice beforehand can call Jeff ahead of time.

Zoom also provides a phone number to call if you do not have Internet service. The number in California is in San Jose (area code 669). To call inside California is toll-free for most, but you may want to check with your phone provider.

The Zoom link is <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429 and the passcode is 8ZYy69.

To call in to the Zoom meeting, dial +16699009128, the meeting ID is 375 251 9429. You can find your local number by going to <https://us02web.zoom.us/j/kccFl>.

Join Congregation Sholom on Zoom for a game of Bingo, hosted by Susan Michlin on Sunday, Dec.6, at 4 p.m.

Electric Shabbat candles graciously obtained for Leisure World residents by Rachel Berkowitz of Chabad are available for \$8. This will enable shareholders to “light” a candle on Friday night and keep it burning until after Havdalah on Saturday night without a risk of fire. Contact Carol Levine to receive a set.

Those who want to participate in the livestreamed services on the Congregation Sholom of Leisure World Group Facebook page should call Ron Yaffee at (562) 430-7040.

Assembly of God

By Norma Ballinger  
LW contributor

Pastor Sam Pawlak will deliver a message on righteousness this Sunday. While the Amphitheater is closed, DVDs of the weekly message will be distributed to members throughout Leisure World. This was done for many weeks in the past and very well-received for helping members keep the connection with the body of Christ.

Log on to Facebook each Sunday at 10 a.m. to hear Pastor Sam’s devotion of encouragement.

Pastor Sam’s last Sunday with the Assembly of God will be on Dec. 13; watch for further announcements on how he will share and reminisce with the congregation about his and Pat’s four years of ministry among us.

What is righteousness? The word’s definition is “the quality of being morally right or justifiable.” This means believers are justified, declared righteous, because their sins are cleansed by Jesus, including past, present and future sin.

Once a person has repented, he or she is covered by God’s grace. Righteousness is a gift we receive, not a reward we achieve. Read Romans 5:17 to learn more

“My God shall supply all your needs according to his riches in glory by Christ Jesus” (Philippians 4:19). As Billy Graham stated in a devotion, “Don’t tell me that God can supply man with an abundance of everything material and yet will let him starve spiritually. He will satisfy the hunger and thirst of those who desire his righteousness because he loves the world with an undying affection.”

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- Meningitis (수막염)
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COMMUNITY CHURCH

Hope sees the way for opposing views

By Johan Dodge  
Reverend

There was a joke running around the last two weeks: “bring up politics at Thanksgiving to reduce your Christmas shopping.” First, I hope we all stayed safely distanced over Thanksgiving, as difficult as that might have been. But perhaps more important, that we are able to find peace amid the divergent viewpoints within our families.

This week, we are looking at the beginning of Mark’s gospel as he announced the ministry of John the Baptist. John came from the wilderness, the equivalent of left field, to offer a new way forward. The ministry of Jesus culminated in that new way forward as the Kingdom of God on earth. The world wasn’t ready for the new way of Jesus. As we get closer to Christmas Eve, we are reminded that the world didn’t even have room for Jesus, and yet Jesus came into our midst anyway. God’s love is like that— loving us even when we struggle to love ourselves.

To hear this teaching and worship music, tune in to the service on Sunday morning at 9:50 on Facebooklive, [@communitychurchleisureworld](https://www.facebook.com/communitychurchleisureworld). Those who want to join the virtual fellowship will need to call the church office or email [leisurewccsue@yahoo.com](mailto:leisurewccsue@yahoo.com). Those who don’t have a computer or Facebook, can still call (562) 431-2503 and listen to the weekly message beginning Sunday evening.

Johan Dodge

Community Church intends to hold a Christmas Eve worship at 2 and 4 p.m. The services will be distanced and outdoors with heaters, now accepting reservations to attend.

Community Church offers Communion the first Sunday the month at 1 p.m. in front of the church. The elements are pre-sealed for safety, and the liturgy is part of the morning worship on Facebook. Those who receive Communion must wear a mask and maintain distance. The Communion table is an open table; all who want to receive may come and participate. You do not need to be a member of the church; all are welcome here.

If you are in need without another way to address it, you may call the church office to leave me a message at (562) 431-2503.

BEIT HALEV

From page 7

most severe pain, Simeon and Levy attack the city and kill every man, including the king and his son, and rescue their sister, Dinah.

Rabbi Galit Shirah conducts a weekday Ma’ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and to hear a spiritual message, visit [SimShalom.com](http://SimShalom.com).

Hebrew classes are starting. Conversational or Prayerbook Hebrew classes will begin the first week of December. A class in Pirke Avot (Ethics of the Fathers) will begin then as well. For information, contact the Rabbi at (562) 715-0888 or [duets@icloud.com](mailto:duets@icloud.com).

Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Second Sunday of Advent on Dec. 2.

The First Reading is Isaiah 40:1-5, 9-11, and the Second Reading is 2 Peter 3: 8-14. The Gospel Reading will be from Mark 1:1-8.

First Friday Devotion

Holy Mass is Dec. 4 at 8:30 a.m. The Sacrament of Reconciliation is available after Mass.

Immaculate Conception of the Blessed Virgin Mary

It is a Holy Day of Obligation. Masses will be held on Monday, Dec. 7, at 4 p.m. and Tuesday, Dec. 8, at 8:30 and 11 a.m.

Confessions will be on Monday, Dec. 7, from 3-3:45 p.m.

Our Lady of Guadalupe Feast Day

For the fifth consecutive year, and as a result of a great response from all of the parishioners and visitors, Holy Family Catholic Church will have a special celebration (following health guidelines) honoring the anniversary of the apparition of Our Blessed Mother in Tepeyac Hill, Mexico City, to Saint Juan Diego. Mass will be Saturday, Dec. 12, at 8:30 a.m.

Masses

If you would like to receive a copy of the weekly parish bulletin, you can sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>.

Due to Orange County COVID-19 restrictions, Mass will now be held outside. The schedule remains the same: Saturday (Vigil Mass) at 4 p.m. and Sunday Masses are at 8 a.m., 10 a.m. and noon. The church will be open to visit the Blessed Sacrament and/or for individual prayer. Those who come to the outdoor Masses are advised to dress warmly and bring their own chairs. Masks and social distancing are required.

ADVENT

From page 7

PEACE- God blessed us with peace through his son, “so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world” (John 16:33).

JOY - “But let all who take refuge in you rejoice; let them ever sing for joy. Spread your protection over them, so that those who love your name may exult in you” (Psalm 5:11).

LOVE - “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.” This is the greatest and first commandment” (Matthew 22:36-40).

Each of these traits — hope, peace, joy and love — are associated with the four Sundays of Advent Nov. 29- Dec. 20 and the large Christ candle is lit on the 25th.

May Advent be Holy Spirit-filled and may Christmas find the light of Christ beaming into all of our lives. By the love given to us by God, the prophet Isaiah reminds us, “For a child has been born for us, a son given to us; authority rests upon his shoulders; and he is named Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.”

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## Stops & Services

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- **MemorialCare Breast Center in Los Alamitos**
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- **Douglas Park Medical Offices** (Near the Long Beach Airport)
  - Over 15 specialties including imaging and ambulatory surgery services
- **Long Beach Medical Center and Surrounding Medical Offices**
  - Comprehensive inpatient and outpatient hospital services including imaging, rehabilitation, surgery and emergency care
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## Pick Up Times *(Times are estimated and subject to change)*

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 13533 Seal Beach Blvd., Seal Beach, CA 90740  
 8 a.m. | 10 a.m. | 1 p.m. | 3 p.m.

**MemorialCare Breast Center in Los Alamitos**  
 11121 Los Alamitos Blvd., Los Alamitos, CA 90720  
 8:15 a.m. | 10:15 a.m. | 1:15 p.m. | 3:15 p.m.

**Douglas Park Medical Offices**  
 3833 Worsham Ave., Long Beach, CA 90808  
 8:45 a.m. | 10:45 a.m. | 1:45 p.m. | 3:45 p.m.

**Long Beach Medical Center**  
 2801 Atlantic Ave., Long Beach, CA 90806  
 9:15 a.m. | 11:15 a.m. | 2:15 p.m. | 4:15 p.m.

  
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# Health & Fitness

## Meals on Wheels, Long Beach

*Meals on Wheels of Long Beach Inc. delivers freshly cooked meals Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include a hot dinner, cold lunch, dessert and an 8-ounce carton of 1 percent milk. The cold lunch may be an entrée salad or a sandwich with a small side salad. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.*

**Thursday, Dec. 3:** Beef Stroganoff on egg noodles, green beans with pimentos and seasoned carrots; mandarin oranges; ham-and-cheese sandwich, with lettuce, tomato and pickle, plus tricolor pasta salad.

**Friday, Dec. 4:** Polish sausage with sauteed onions and red bell peppers, whole-grain roll, and baked beans; yogurt with pineapple; Greek chicken salad, with tomato, olives, feta cheese, cucumber and vinaigrette dressing, plus crackers.

**Monday, Dec. 7:** Shredded chicken soft tacos with corn tortillas, Spanish rice, and pinto beans; cheesecake; egg salad sandwich, with spinach and tomato, plus marinated beet-and-onion salad.

**Tuesday, Dec. 8:** Oven-baked breaded fish with tarter sauce, barley pilaf, and zucchini medley; tropical mixed fruit; Chinese chicken salad, with mandarin oranges, cabbage, carrots, onion and Asian dressing, plus crackers.

**Wednesday, Dec. 9:** Beef picado, brown and wild rice, and Mexicali corn; pineapple with mango; roast beef-and-cheese sandwich, with lettuce, tomato and pickle, plus homemade macaroni salad.

## Hot Meals Drive Through Program

The Hot Meals Drive Through program is available for residents of Orange County's District 2, which includes Leisure World Seal Beach. Participants must be aged 60 and older, single parents or unemployed individuals or have disabilities. There are three sites open one day per week at which people may pick up two dinner meals. Qualified applicants must register in advance at [www.ocmeals.com](http://www.ocmeals.com). Anyone requiring assistance in completing any step of the application process should email [info@ocmeals.com](mailto:info@ocmeals.com) or call (949) 335-7702.

## Drive-Through COVID Testing

The Orange County Health Care Agency offers free COVID-19 tests at two super sites: the Orange County Fairgrounds and the Anaheim Convention Center. The PCR tests are free, but appointments are required via <https://360clinic.fulgentgenetics.com/>. People will need to wear a mask and bring ID and confirmation of the appointment (printed out or via smartphone). Attendees may arrive up to 15 minutes prior or after, but after this window, they must reschedule. At the appointment, expect to complete a brief medical assessment prior; the test itself involves self-swabbing the inside of the nose. Results are emailed up to three days later.

For more details, visit <https://occovid19.ochealthinfo.com/supersite>.



Wearing masks can control the spread of infection, even among those who feel well.

## CDC says community use of cloth masks helps control the spread of COVID-19

The novel coronavirus discovered in 2019 (COVID-19) is primarily transmitted by respiratory droplets generated when people cough, sneeze, sing, talk or breathe. This is why the CDC recommends community use of non-valved, multilayer cloth masks to reduce the emission of virus-laden droplets. It's especially relevant for asymptomatic or presymptomatic infected wearers who feel well and may be unaware of their ability to infect others. These people account for more than 50 percent of transmissions, it is estimated. Face coverings also help reduce inhalation of infected droplets by the wearer. The community benefits from everyone using masks consistently and correctly.

Multilayer cloth masks block not only the release of exhaled respiratory particles into the environment, but also the microorganisms these particles carry. Cloth masks effectively block most large droplets, as well as the exhalation of fine droplets and particles (also often referred to as aerosols), which increase in number with the volume of speech. Such masks can both block up between 50-70 percent of these fine droplets and particles and limit the forward spread of those that are not captured. An 80 per-

cent blockage has been achieved in human experiments that have measured blocking of all respiratory droplets, with cloth masks in some studies. These masks are performing on par with surgical masks as barriers.

Some studies also demonstrate that cloth masks reduce wearers' exposure to infectious droplets. Multiple layers of cloth with higher thread counts have demonstrated superior performance compared to single layers of cloth with lower thread counts. Some materials, such as silk, have also been found to help repel moist droplets and reduce fabric wetting, thus maintaining breathability and comfort.

As COVID-19 is still a new virus, the data regarding the effectiveness of community masking are limited to observational and epidemiological studies. But a recent investigation into a high-exposure event in which two symptomatically ill hair stylists interacted for an average of 15 minutes with each of 139 clients during an eight-day period found that none of the 67 clients who subsequently consented to an interview and testing developed an infection. The stylists and all clients wore masks in the salon as required by local ordinances and company policy.

And a study of an outbreak aboard the aircraft carrier USS Theodore Roosevelt, an environment notable for congregate living quarters and close working environments, found that the use of face coverings onboard was associated with a 70 percent reduced risk.

Seven studies have confirmed the benefit of universal masking in community-level analyses: in a unified hospital system; a German city; a U.S. state; a panel of 15 U.S. states and Washington, D.C.; as well as both Canada and the U.S. nationally. Each analysis demonstrated that, following directives from organizational and political leadership for universal masking, new infections fell significantly. Two of these studies and an additional analysis of data from 200 countries that included the U.S. also demonstrated reductions in mortality.

Adopting universal masking policies can help avert future lockdowns, especially if combined with other non-pharmaceutical interventions such as social distancing, hand hygiene and adequate ventilation.

—Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases



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The holiday season can be a headache even during non-pandemic times.

MENTAL HEALTH

Online resources to help with holiday stress

For some, the holiday season is, as the song goes, the most wonderful time of the year. But for others, it's a season of anxiety and depression. And that may be particularly true this year.

These free online classes aim to help get you through to 2021.

If you're feeling overwhelmed about the holidays and maybe life itself, podcast host and mindset coach Lynn Owens teaches you strategies to combat the family drama, broken relationships, stress of gift-giving, angst, loneliness and distress filling your mind and body. The Saturday, Dec. 5 session titled "Mistletoe Misery: Overcoming Holiday Anxiety" starts at 11:30 a.m. Sign up via <https://www.eventbrite.com/e/mistletoe-misery-overcoming-holiday-anxiety-tickets-129339653385>.

Two licensed mental health and addiction treatment clinicians will lead "Healthy Holidays: Tips for a Stress-Free Holiday Season" on Monday, Dec. 7 from 3:30-5 p.m. Knowing how emotionally taxing the holidays can be for people, whether or not you are in recovery, New York City-based alcohol- and drug-rehabilitation center Mountain-side Chelsea offers a workshop on maintaining holiday traditions, managing finances, time management, practicing self-care, safeguarding sobriety and preventing relapse, and supporting family members in recovery. Register at <https://www.eventbrite.com/e/healthy-holidays-tips-for-a-stress-free-holiday-season-tickets-127922671153>. Note that this program will use Microsoft Teams; the organizers recommend downloading the app to a desktop, tablet or phone for the best results.

The interactive webinar "Ho Ho Ho-w to Increase Happiness and Reduce Holiday Stress" offers to help you "find joy amid a pandemic, separation from loved ones and unprecedented uncertainty." Join licensed mental health counselor Jill Hamilton Buss at 10 a.m. on Dec. 17 to explore how you can reorganize, reduce stress, recharge and reset so you can more meaningfully celebrate the season. Go to <https://www.eventbrite.com/e/ho-ho-ho-w-to-increase-happiness-and-reduce-holiday-stress-webinar-tickets-130043109441> to obtain the Zoom link.

WHO recommends physical activity at every age

The COVID-19 pandemic means that many of us are staying at home—and sitting down—more than we usually do. But at a time like this, it's very important for people of all ages and abilities to be as active as possible.

Just doing light-intensity physical movement, such as walking or stretching, will help ease your muscles and improve blood circulation and muscle activity.

Regular physical activity benefits both the body and mind. It can reduce high blood pressure; help manage weight; and reduce the risk of heart disease, stroke, type 2 diabetes and various cancers—all conditions that can increase susceptibility to COVID-19. It also improves bone and muscle strength and increases balance, flexibility and fitness. For seniors, activities that improve balance help to prevent falls and injuries.

Regular physical activity can help give our days a routine, and it's good for our mental health, reducing the risk of depression, cognitive decline and delay the onset of dementia, as well as improving overall feelings

WHO recommends all adults older than 18 should do at least 150 minutes of moderate-intensity physical activity or at least 75 minutes of vigorous-intensity physical activity throughout the week. For developing and maintaining musculoskeletal health, muscle-strengthening activities involving major muscle groups should be done on two or more days per week. Adults with poor mobility should do physical activity to enhance balance and prevent falls on three or more days per week.

—World Health Organization





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Hearts and Hands United in Giving

Hearts and Hands United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the LW community. HHUG accepts donations of clean, used towels, plus new, unopened, travel-size shampoo, soap or lotion. New socks are the only clothing donation that HHUG accepts.

To donate, contact Linda Neer at (562) 430-3214 for pick up. Donations can also be left on her patio at Mutual 2, 48-A. To learn more about HHUG, visit [www.hhug.org](http://www.hhug.org).

Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m.-1 p.m., on Zoom. Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390, right after the Queen Kong interview and is available on [youtube.com](https://www.youtube.com).

Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. Join the Zoom meeting by visiting <https://us02web.zoom.us/j/84982522530>; the Meeting ID is 849 8252 2530.

For more information, email [arosenfeld1@verizon.net](mailto:arosenfeld1@verizon.net).

LW Walking Trails

Regular brisk walking can help people maintain a healthy weight; prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes; strengthen bones and muscles; and improve mood, balance and coordination.

The Recreation Department has a Leisure World Walking Trails brochure featuring seven measured trails throughout the community. Stop by the Downtown Café and pick one up.

For more information, contact [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

Leisure Bikers

Sunday Leisure Bikers ride to Long Beach Municipal Golf Course and have breakfast, then continue to El Dorado park for a 2-mile hike at the Nature Center. There are also rides on Mondays, Wednesdays and Fridays.

All are invited to join; helmets, safe shoes and masks are a must. Call Mary Romero at (562) 810-4266 for more information.



Connecting with the LW Weekly

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19. Editors can be reached by phone and email. See page 4 of any edition for editors' addresses or send emails to [rutho\\_news@lwsb.com](mailto:rutho_news@lwsb.com).

People may drop articles and classified ads into the letter slot at the front of the News Building.

The editorial deadline is Thursday for the following Thursday's edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; deadline is Monday at 2:30 p.m.

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# Arts & Leisure



courtesy David Benoit

David Benoit brings the classic tunes from “A Charlie Brown Christmas!” and other favorites to Rick’s Café—and your home.

## Enjoy the holidays from home, thanks to these virtual programs

By Kathy Thayer

assistant recreation manager

Just because we are all hunkering down doesn’t mean we can’t get into the holiday spirit. Now, more than ever, home is where the heart is and that is where we’ll be enjoying the holidays—just differently than pre-COVID. In that vein, we are offering some options for shows and concerts you can livestream or watch at your leisure online.

**’Tis the Season:** This free virtual concert from the Pacific Chorale airs tonight, Dec. 3, at 5 p.m. In addition to seasonal classics sung by the 200-member chorale, there will be a performance featuring the angelic voices of the Pacific Chorale Academy and a visit from the Man in Red. Register at <https://www.pacificchorale.org/tis-the-season/>.

**2020 American Holiday Festival:** The U.S. Army Band, a.k.a. “Pershing’s Own,” presents a free Friday-night series via <https://www.usarmyband.com/event-calendar.html>. Through Dec. 18, patriots can tune in at 4 p.m. to support the talent in our armed services.

**“All Is Well”:** You won’t want to miss Hudson County Community College’s 10th annual Light the Lights production, a virtual Christmas concert filmed at the beautiful Palladium, The Center for the Performing Arts, in Carmel, Indiana, and available at 11:30 a.m. on Dec. 5. Infused with fun, favorite holiday melodies, a dramatic, inspirational reading, and joy, this production is sure to fill you with the Christmas spirit. Sign up at <https://www.eventbrite.com/e/all-is-well-hcccs10th-anniversary-light-the-lights-virtual-production-tickets-124028517635>.

**“Student Talent Show”:**

Dialogue Society—a student-run organization at UCLA that promotes physical, mental and social wellness—offers this free performance featuring music, live art tutorials and more. Through Zoom, the club presents various interactive workshops focusing on the theme of health and wellness for seniors; the students welcome suggestions, as they are looking for more opportunities to connect with the Leisure World community. You can RSVP at <https://www.eventbrite.com/e/dialogue-society-got-talent-tickets-127954943681>, then join them at 1 p.m. on Dec. 5 at <https://ucla.zoom.us/j/97351662401?pwd=NmlPZWpTeUVBaktYbTlMWO5UDZQQT09>. The meeting ID is 973 5166 2401, and the passcode is 773619.

**“Miracle”:** The Long Beach Playhouse presents a livestreamed comedy and musical fundraiser to benefit Held2Gether, Women Shelter of Long Beach, and the playhouse on Dec. 5 at 7 p.m. For \$5, you’ll get comedy from award-winning improv troupe Held2Gether, musical performances by Long Beach Playhouse, and the opportunity to win raffle prizes. Plus, you’ll learn more about each of the spotlighted Long Beach community staples. For more information, go to <https://lbplayhouse.org/show/miracle/>. Be sure to check out other productions, including a free one in Spanish, while at the LB Playhouse website.

**“David Benoit’s Tribute to ‘A Charlie Brown Christmas!’”:** Streaming from Rick’s Café live with host Rick Braun, David Benoit and special guest James Tormé and his trio play classic holiday hits and favorite Vince Guaraldi tunes from Benoit’s new album from Steinway Records,

“It’s a David Benoit Christmas!” View the performance, sponsored by the Carpenter Center, for free on YouTube at <https://www.carpenterarts.org/event/david-benoit> starting Dec. 5 at 6:30 p.m.

**Exploring Holiday Traditions Around the World:** Learn about holiday traditions around the world while interacting with fellow Zoom participants at 4 p.m. on Dec. 10. For this event, presented by Sara Wright of the Center for Health and Wellbeing, you’re encouraged to have your favorite cookies and a cup of cocoa at the ready. Register at <https://www.eventbrite.com/e/exploring-holiday-traditions-around-the-world-webinar-tickets-129369027243>.

**“Home For the Holidays—A Christmas Cabaret Concert”:** For this performance from Toronto Cabaret Productions, a Zoom link will be sent out the day prior after you register via <https://www.eventbrite.com/e/home-for-the-holidays-a-christmas-cabaret-concert-tickets-129153185655>. The virtual live event is scheduled for Dec. 12, 4-6 p.m.

**Inspiration 2020:** Los Alamitos High School’s Jazz 1, Jazz 2 and Jazz 3 bands, as well as its String and Chamber orchestras, present this free concert, available Dec. 15 at 7 p.m. Get a link to the show by signing up at <https://lahsjazzorchestra.anywhere.seat.com>. Donations to the school’s jazz and orchestra programs are kindly accepted.

**“A Christmas Carol”:** Catch Trinity Repertory Company’s annual production of the Charles Dickens-penned Christmas classic starting at 9 a.m. on Dec. 17. Some segments were filmed in-person under strict safety guidelines, while others were

recorded by actors in their homes, which required shipping cameras, props and costumes to locations throughout the theater’s home state of Rhode Island and even here in California. Register for this free access at <https://www.trinityrep.com/show/a-christmas-carol-2020/>. You can watch the performance as much as you like until 9 p.m. on Jan. 10, 2021.

**“Virtual Christmas Carol Concert”:** The EAGA, a.k.a. the Emmanu’-EL Apostolic Gospel Academy, the De Montfort University Gospel Choir, is excited to present a virtual Christmas Concert. For this exhilarating evening, the choir welcomes you to contact them at [eaga@el-eaga.com](mailto:eaga@el-eaga.com) with suggestions of carols you want them to cover. Register at <https://www.eventbrite.com/e/virtual-christmas-carol-concert-tickets-127662591247>, then sing along on Dec. 17 at 11:30 a.m.

**Beyond Symphonic Jazz Radio Series:** Tune in to KJAZZ-FM 88.1 on Sundays at 9 p.m. for this weekly radio show hosted by Symphonic Jazz Orchestra Music Director Mitch Glickman. The third season includes interviews with Hubert Laws, David Sanchez, Gary Burton and more. You can listen on demand at <https://kkjz.org/programming/archivedPrograms/>.

**Handel’s Messiah:** Watch this holiday classic sung by the Sydney Philharmonia Choirs any time you want, thanks to this video of a live performance at the Sydney Opera House. Go to <https://www.youtube.com/watch?v=bR0cEOTpYSk>.

Do you know of any upcoming Zoom events that you think your neighbors would enjoy this season? We welcome suggestions! Contact [kathytl@lwsb.com](mailto:kathytl@lwsb.com).

### Holiday Lights!

LW Weekly is seeking photos and addresses for its guide to LW’s holiday displays. People are encouraged to send an address and brief description of their notable displays to [pattym@lwsb.com](mailto:pattym@lwsb.com). High-resolution jpgs are also being accepted for possible inclusion in the annual holiday lights feature scheduled for Dec. 24.

### Video Producers Club Gala

The Video Producers Club celebrates the season today, Dec. 3, with its Holiday in Zoomtails Gala at 5:30 p.m. It’s a party, so dress up and maybe decorate a little. If you can use backgrounds on your system, download something festive. (To find a freebie, type “public domain winter photos” into your browser’s search bar.)

Have ready photos from holiday seasons past, as well as your life in Leisure World and from before you moved here. And feel free to share holiday stories, jokes and memories.

Joseph Valentinetti will ask a few questions in the round table about your LW experience before and after COVID, what you’re looking forward to, the value of the club’s type of video conferencing, and more!

For more details, see the post on the Superwire.



### Video Producers Zoom Meetings

The Video Producers Club offers free, weekly Zoom classes, as well as a Zoom Party Social on Thursdays.

Classes are as follows:

- **Monday, 2 p.m.:** Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email [sail1942@gmail.com](mailto:sail1942@gmail.com).

- **Wednesday, 10 a.m.:** Beginners’ Zoom class for Windows and Android users with Charlie Guggino. For an invite to this class, email [joosuna29a@gmail.com](mailto:joosuna29a@gmail.com).

- **Thursday, 10 a.m.:** Beginners’ and Intermediate Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to his class, email [0501042@gmail.com](mailto:0501042@gmail.com).

- **Thursday, 5:30 p.m.:** The one-hour Zoom Party Social, hosted by Valentinetti, is open to all residents. For an invite, email [0501042@gmail.com](mailto:0501042@gmail.com).

- **Saturday, 5 p.m.:** Guest lecturer Bob Cohen hosts Friday Morning Tech Talk on a variety of topics. Email [bob@bobology.com](mailto:bob@bobology.com) for an invite.

—Joe Osuna





Patty Marsters

Dyed Epsom salt applied to a glass jar creates a simple luminary that’s pretty day or night.

HOLIDAY DIY

Eight crafty ideas for a brightly lit Hannukah

By Patty Marsters  
pattym@lwsb.com

The Festival of Light officially begins at sundown on Dec. 10, so to gear up for those eight cozy days and nights, we present some DIY Hannukah décor ideas.

**Menorahs:** The centerpiece of every Hanukkah is, of course, the menorah. The nine-armed candelabrum recognizes the eight nights the candles burned during the rededication of the Second Temple, though the oil should have only lasted one. This gave Judah Maccabee and the other Jews participating in the ritual time to find more. The ninth candle, the shamash or helper, is used to light the others and is traditionally offset. There are several easy methods for making your own menorah.

In honor of the miracle of the oil, you can make a menorah using small jars or votive holders and household olive oil. Pour an equal amount of water into eight vessels, topping each with an eighth to half an ounce of olive oil. Carefully drop a floating wick into each one. You can use a birthday candle in a miniature bottle for the shamash.

To incorporate gift-giving, wrap a trinket or candy (e.g., a dreidel, chocolate coins, etc.) in eight small boxes. Wrap each one in festive paper, then, using double-sided tape, attach a tealight candle to the top. Use a slightly larger, empty box for the helper candle.

**Luminaries:** Recycle aluminum cans into a glowing adornment. Pour water into an empty

can, then place it in the freezer. Meanwhile, draw a Star of David or other traditional design onto a piece of paper that’s about the same width as the can. Once the water is frozen, tape the design to the can, and using a hammer and nails, punch the design into the can. After you empty the can and let it dry, you can spray paint it. Once it’s as you want it, you can place a candle inside the can and watch your pattern take shape on the walls.

A simpler option is to poke holes into thick craft paper that will fit around a Mason jar or tall vase. Use Modge Podge or a spray adhesive to attach the pattern to the glass.

For a subtler reminder of the seasonal light, you can make a winter-inspired candle holder using Epsom salt, food coloring and a glass jar. In a small bowl, mix a good amount of the salt with a few drops of blue food coloring. Remove some of the salt, placing it on a clean sheet of paper or paper towel. Mix another couple of drops of the food coloring with what remains in the bowl to get a deeper shade of blue, then transfer the leftovers to the same sheet of paper or paper towel. For an extra layer of color, add some undyed salt to what you already have. You can arrange the salts in an ombre pattern or mix them randomly. Spray adhesive onto the outside of the jar, or spread a layer of Modge Podge or white glue. Roll the jar in the salt, covering as much of the glass as possible. You can add salt by hand to any empty spots.

To set the design, spray with a clear sealant.

**Garland:** Paint popsicle sticks silver and/or blue, then glue into triangles. Arrange triangles into Stars of David, then glue into place. Thread thin white ribbon or string through the stars, then hang as décor. It can be as long or as short as you like. You can supplement this simple garland with clothespins also painted blue and/or silver that can be used to hold the Hannukah cards you receive or pictures of loved ones past and present.

**Hanukkah tree:** Repurpose your thankful tree from last month, or find yourself some small branches. You can leave them natural or spray them with silver or gold paint. “Plant” the branches in a jar or other small vessel filled with decorative glass pebbles or rocks. Hang small dreidels (available at most dollar stores) and chocolate gelt as decoration. (This is a small, tabletop version of a more expansive Hanukkah bush.)

**Bonus craft:** If you’re mailing Hannukah presents, consider decorating the outside of a large envelope to represent a menorah, then placing smaller envelopes with warm wishes or tiny gifts inside. Or, for slightly larger gifts, use a poster tube for the outer container. Craft paper and glue are easy to cut and paste into a menorah, or if you are using a box, you could fashion the sides to resemble a dreidel.

As with any holiday, it’s equally important to remember why we celebrate as it is to have fun with it.

Family Radio Service Users

Calling all Family Radio Service Users in Leisure World: The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate.

The call-in time is 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then call in stating your first name, last name initial and mutual number. Remember to press the side but-



ton to speak, then release when finished.

For more instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at [rjexn@yahoo.com](mailto:rjexn@yahoo.com), or call (562) 431-6586, ext. 409, to leave a message.

Where-We-Live Club

Learn about the concept of feng shui in 2021! “Let’s Put Our Affairs in Order and Organize!” will concentrate on the art of placement and how it may change lives. New and previous members, as well as all curious shareholders, are welcome to join. Simply email [wherewelive@yahoo.com](mailto:wherewelive@yahoo.com) to be placed on a mailing list for future workshops, as well as updates to the club’s calendar of activities, Zoom meetings and HomeWorks.

Grab ‘n’ Go Meals

Dec. 3-9  
Clubhouse 6 Parking Lot

- **Thursday:** Domino’s Pizza—call ahead for special orders, wings and salads offered, 3-7 p.m., cash/cards, (562) 493-2212.
- **Friday:** Katella Deli—Special holiday menu for preorder pickup only, 3:30-5:30 p.m., cash/cards. Call (562) 594-8611, then choose option 2, or order online at [www.katellabakery.com](http://www.katellabakery.com).
- **Saturday:** Naples Rib Co.—barbecue, salads, sandwiches; noon-4 p.m., cash/cards, (562) 439-RIBS. Order ahead at [www.ribcompany.com/LW](http://www.ribcompany.com/LW) for faster service.
- **Sunday:** Berg Catering—freshly prepared meals with a healthy, gourmet touch, 3:30-5:30 p.m., PayPal/checks/cash/cards. Preorder at (562) 663-2038 or [www.bergcatering.com](http://www.bergcatering.com) (click the special LW menu). Lucille’s Smokehouse Bar-B-Que—barbecue, salads, sandwiches, 4-6 p.m., no preorders.
- **Monday:** Messi Burgers—burgers, sausage, chicken, wings, fries and more, 4-6 p.m., cash/cards. For a full menu, go to <https://messiburgers.com>. Preorder online or via text at (714) 793-7369; be sure to indicate you are ordering for LW.
- **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.
- **Wednesday:** Italian Burgers and Grill Food Truck—Burgers, sausage, chicken, steak and loaded fries, all with an Italian accent, 3:30-5 p.m., PayPal/checks/cash/cards. See the full menu at <https://www.bestfoodtrucks.com/restaurants/pizzini/trucks/italian-burger-grill/menu>. Preorders accepted via email to [info@italianburgergrill.com](mailto:info@italianburgergrill.com) or text to (424) 299-6291; make sure you say you are ordering for Leisure World.

...  
*All Grab ‘n’ Go events take place rain or shine. If it rains or is too hot, people line up inside Clubhouse 6. **Everyone should maintain a 6-foot distance, and masks are required.** For information, call (562) 431-6586, ext. 398.*

*On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379. For more information or to make a suggestion, call (562) 431-6586, ext. 379.*

**Watch for LW Live! alerts for daily menus. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>. Vendors are subject to change.**

Global Market Kitchen Delivers

Free Delivery of Groceries and Meal Kits

Global Market Kitchen delivers groceries and prepared meals every Wednesday, 2-4 p.m., to Clubhouse 4 or your apartment.

Order via <https://globalmarketkitchen.com> or by calling (562) 661-9776. Customer service inquiries should be directed to [globalmk.usa@gmail.com](mailto:globalmk.usa@gmail.com).

Cool Cardboard Creations Contest

Reuse and repurpose cardboard boxes and scraps for a chance to win fabulous prizes in the Cool Cardboard Creations Contest. Submissions must be 95 percent cardboard. Acceptable materials include cardboard of all types, fasteners, glue, tape, as well as any nontoxic paint and recyclable decorations. The maximum size allowable for tabletop displays is 24 inches wide, 24 inches deep and 36 inches high. For floor displays, it’s 36 inches wide, 36 inches deep and 72 inches high. And for hanging displays, it’s 36 inches by 36 inches.

Excess cardboard can be dropped off in the designated area on the east side of Clubhouse 6. Anyone needing more building materials is welcome to take from this area.

Individual entries, as well as collaborative efforts made by GRF clubs or departments, should be brought to the LW Library by Jan. 14, 2021, between 9 a.m.-3 p.m. Projects will be judged based on originality and the use of cardboard. The first-



place winner will receive \$1,000, second place gets \$500, and third place \$250. Special category winners will be awarded prizes valued between \$50-\$100.

Creations will be featured in a drive-through display on Jan. 15, 2021, near Clubhouses 3 and 4 and Veterans Plaza.

For more information, contact Kathy Thayer at [kathyt@lwsb.com](mailto:kathyt@lwsb.com), or call (562) 431-6586, ext. 398.

Book Reviews

LW residents are invited to submit reviews of their favorite books for publication in the LW Weekly. Include your name and mutual and telephone numbers.

The reviews are subject to editing and will run as space allows. Email submissions to [pattym@lwsb.com](mailto:pattym@lwsb.com).





Photos courtesy Victori Solutions

The Festival of Arts hopes to return to the bustle of its pre-COVID days next year. This fundraiser will help it accomplish that goal.

FESTIVAL OF ARTS

Legendary arts program hosts online gala

By Patty Marsters  
pattym@lwsb.com

The arts have been hurting this year. Since March, art galleries, community theaters, musical venues and more have been closed to the public, unable to share their creativity or support themselves. Some have pivoted to provide online entertainment and education, but it is still a struggle.

But difficult times call for innovation. Sponsored by Stephen R. Davy Violins, the Ritz-Carlton Laguna Niguel, Partners Bank of California and Yamaha, the Festival of Arts in Laguna Beach’s gala is moving online. “With cancellation of the summer’s show and events, we have been brainstorming on how to support our organization in a fun and entertaining way,” says Pageant of the Arts Director Diane Challis Davy. “So we thought, like many other arts groups, why not have an event online instead of our annual celebrity party? By reimagining our traditional end-of-season celebrity-gala fundraiser, we hope to celebrate and support an art organization we dearly love.”

On Dec. 5 at 6:30 p.m., Dave Foley and Tony Guerrero host “Simply ARTrageous: Live the Legacy,” which, according to the Festival website, “[celebrates] the past, present and future of the Festival of Arts and Pageant of the Masters—and [helps] ensure that future will be possible!”

“As our festival fans may recall,

Tony Guerrero performed at the Pageant and Festival many times in previous years,” says Davy. “Dave Foley is also a fan of the Festival and an enthusiastic supporter of the arts. It’s natural that they’re the perfect hosts for an upbeat online event. And besides, they already are old friends!”

Actor, standup comedian, director, producer and writer Foley is perhaps best-known as a co-founder of the improv/sketch-comedy group The Kids in the Hall and star of the TV show “NewsRadio.”

Guerrero is a contemporary jazz flugelhornist, trumpeter, composer and producer who has toured the world as a headliner with his own music and worked with such artists as Paul McCartney and Arturo Sandoval.

The Pageant often injects humor into its programs’ storylines, and virtual attendees can expect a similar tone. “We don’t want to take ourselves too seriously,” says Davy. “Writing a little whimsy into the script is a no-brainer, not to mention there will no doubt be some ad-libbing going on. I don’t want to give away too much, but we expect it to be a surprisingly entertaining evening.”

Virtual attendees can also expect musical performances by the Salty Suites, Melissa Manchester, Laura Dickinson, Starr Parodi and Jeff Eden Fair, as well as celebrity appearances from Bryan Cranston, Kate Flannery, Joe Mantegna, and Jane Lynch.

The event is free to view, but



Jazzman Tony Guerrero

anyone donating \$100 or more will be entered into a drawing to win such prizes as a weekend getaway at the Ritz-Carlton Laguna Niguel (valued at \$2,500) or two center-stage tickets to the 2021 Pageant of the Masters Celebrity Benefit Night (valued at \$490). According to the website, a \$100 donation could possibly provide admission to the annual Festival of Arts for 10 adults with special needs, while a gift of \$2,500 could fund a one-year scholarship for a local art student.

Supporters can also join the Pageant Legacy Society, which comes with seat naming-rights in the Irvine Bowl Amphitheater. “In addition to the engraved nameplate affixed to one of the Bowl’s famous red seats, each name will be published on the Festival’s website and printed in the annual Souvenir Program,” explains Davy.

Black tie is optional, as this is a virtual event. But you do need to RSVP; just go to <https://www.foapom.com/event/virtual-gala/>.

LW Library Curbside Pick Up

Despite the limitations imposed by the fight against COVID-19, LW Library staff continues its innovative curbside pick-up program. To schedule your pick-up, call the library at (562) 598-2431, Tuesday through Friday, 10 a.m.-2 p.m., or email [LWLibrary@lwsb.com](mailto:LWLibrary@lwsb.com). Include your name, library card number, phone number, and what kinds of materials you like to read and/or watch.

Staff members will do their best to accommodate specific requests. If the requested material is not available, they will use their expertise to

find similar items. Due to limited staffing, it could take up to 48 hours, excluding weekends, to fill requests. You will receive a call when your material is ready for curbside pick-up. Items may be returned to the outdoor drop boxes at any time.

If you have yet to visit and get your own library card number, call for a temporary one until the library reopens.

Staff is available to answer questions via phone or email Tuesday through Friday, 9:30 a.m.-3:30 p.m.

—Library Operations Supervisor  
Vanessa Morris

Friends of Library Bag of Books

The Friends of the Library has a Bag of Books program for people who love to read. Call (714) 350-7682 to request a specific genre or author, and volunteers will do their best to fill a bag for \$5.

Donations are not currently being accepted, as there is no more storage space in which to house them.

The bookstore remains closed until further notice. Residents are asked to hold onto their donations until the bookstore reopens.

Video Producers Club Programming

These programs air in December on SBTv 3 community Seal Beach television. SBTv3 can be seen on Spectrum Cable Channel 3 and Frontier Cable Channel 37, as well as on the internet at [www.sbtv3.org](http://www.sbtv3.org) (click on the logo on the website to see it in high definition). This programming is contributed by certified Video Producers community volunteers who are not employees of SBTv 3.

**A COVID Day:** The Theater Club presents its first movie since the COVID-19 era began. The play was dedicated to the memory of Ruth Long and features scenes from the daily life of LW residents. Actors are Joseph and Shirlene Chavez, Charla Gae, Sally Glausser, Claudio Gonzales, Sharon Harrison, Judie Jacobus, Jimmy Koffle, Tosca Lies, Eric and Sandy Nelson, Adrienne Rosenfeld, Jon and Chris Russel, Rabbi Galit Levy-Slater, Taylor White, and Chuck Zeman. Camera operators are Tosca Lies and Janice Laine; Janice Laine is also the video producer.

**Christmas Story:** Holiday songs sung by Fortunato Revilla and Tommy Williams in past performances. Joe Osuna is the video producer.

**Christmas Story:** In this short play from 2016, a grandma goes on a journey to fulfill the wishes of her grandchild. Actors are Bob Barnum, Carol Ann Guggino, Richard Houck, Janice Laine, Carolyn Mottola and Joe Osuna. Camera operators are Joe and Oralia Osuna; the video producer is Joe Osuna.

**Clowns in Leisure World:** A short video of Scott Bryant’s Clowns Halloween 2020 display. Interviewed are Carol Gregurek and Scott Bryant. Joe Osuna is the video producer.

**Dixieland Jazz Band:** The Dixieland Jazz Band’s last performance in Leisure World in December 2019. The camera operator is Jeff Plum, and the video editor is Joe Osuna.

**FALW Karaoke Christmas:** The Filipino Association of Leisure World sang Christmas songs a few years ago. Among the singers are Magdalina Belis, Byong Choi, Mila Cruz, Ric Dizon, Essie Hick and her

great-grandchild Tessa Lee, Kaye Huff, Barbara May, Julie Nulod, Gerry and Vilma Tagulao, Tino Tupas, and Renato and Myrrha Villanueva. Ric Dizon and Renato were the music DJs. Joe Osuna is the camera operator and video producer.

**Fortunato Revilla Christmas Music:** Soloist Fortunato Revilla plays his ukulele in this entertaining performance from several years ago. The camera operators are Joe and Oralia Osuna and Joe Osuna was also the video producer.

**Gingerbread House Contest:** Wild Willie and Irene Cistaro interview residents and participants of the Library-sponsored gingerbread contest, held December 2018. Include are Bev Bender, Debra DeGrazia, Taylor Greene, Brenda Hemry, Ruth Little, David Locy, Venesa Morris, Mara Williams, and Eric and Marian Soderholm and their grandkids. The camera operators were Joe and Oralia Osuna, and Joe Osuna was also the video producer.

**Rob Roy Christmas Music:** Rob Roy and his harmonica entertain with Christmas music. Supporting actors in this video shot a few years ago were Howard Bleakley, Diana Lambert, Ruby Lee, Irene Perkins, Patricia Whitaker and Mary Wood. The camera operators were Joe and Oralia Osuna, and the video producer was Joe Osuna.

**Susan Michlin Doll House:** Susan Michlin gives a tour on her well-furnished doll house. The video was shot November 2019 by Joe Osuna, who is also the video producer.

**Tommy Williams Feliz Navidad:** Tommy Williams and Marcia Ford sing “Feliz Navidad.” Background music is provided by the Velvetones Band, under the direction of Jeff Plum. The camera operators are Jeff Plum and Joe Osuna, and Joe Osuna is also the video producer.

**Christmas with the Wonderelles:** The Wonderells performed at Clubhouse 4 in December 2017. The two sets were videoed by Joe and Oralia Osuna, and Joe Osuna is also the video producer.

—Joe Osuna

Technology Classes by Miryam

Miryam Fernandez’s technology classes are taught on Tuesdays at 2 p.m. Topics change each week. For an invitation, email Fernandez at [mzzmimm@gmail.com](mailto:mzzmimm@gmail.com). If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Dec. 8: Shopping Online

Important Reminder

Apple, Microsoft, IRS, Social Security, etc., will never contact you by phone, text or email. If there’s a problem with your account, they will shut you down until you contact them.

Tech Talk

Join Bob Cohen in a free, one-hour live Zoom class on technology every Friday at 10 a.m. Topics are different each week and include iPhones and apps, websites, home-office technology, and Internet marketing. A question-and-answer session is held during each class, and all you need to know in advance is how to join using Zoom. Registration information with optional reading material is sent out every Wednesday morning for the Friday Tech Talk. To register for the weekly newsletter, sign up at <https://bit.ly/bobologynewsletter> or contact [bob@bobology.com](mailto:bob@bobology.com).



# Community

## SUNSHINE CLUB

### Learn about the Orange County Fire Authority

The Sunshine Club will host the Orange County Fire Authority (OCFA) over Zoom on Friday, Dec. 4, at 10 a.m. OCFA representatives will talk about how to practice fire safety over the holiday season.

To join the Zoom meeting follow the link: <https://us02web.zoom.us/j/82119904568?pwd=dkVmOVowRU1uQXRNb2QveFdFSHp4Zz09>; the meeting ID is 821 1990 4568.

Those who would like to get a Zoom link by email should text their name, Mutual and email address to (562) 301-5339 no later than Thursday, Dec. 3, at 5 p.m.

All shareholders are welcome to join this Zoom meeting.

OCFA is a regional fire service that provides emergency response, training and community education to 23 cities and unincorporated areas throughout Orange County. OCFA serves over 1.9 million residents and has 77 fire stations. It serves cities as far south as San Clemente and as



far north as Los Alamitos. OCFA has proudly served the residents of Seal Beach since 1982.

The OCFA community outreach and education department raises public awareness through teaching the following campaigns:

- Disaster Preparedness
- Fire Safety
- Drowning Prevention
- Ready, Set, Go!

In addition, OCFA's community outreach and education

team offers an array of free services to residents within its jurisdiction that are readily available by contacting one of our six community education specialists:

- Fire Station Tours (virtual and prerecorded options)
- School Visits
- Community Events Attendance
- Safety Presentations (virtual or prerecorded options)
- Fire Extinguisher Training

- Smoke Alarm Events

Around the holiday season, OCFA focuses its educational messages on the importance of observing holiday cooking and fire safety. The Sunshine Club's Zoom meeting will give LWer's in-depth information about how to make their holiday celebrations as safe as possible. There will be an opportunity for question and answers after OCFA's initial presentation.

**SUNSHINE, page 19**



Rev. Johan Dodge (r) and Taylor White of Community Church participated in the annual Golf Cart Club Holiday Parade in 2019. This picture was taken pre-coronavirus. This year, masks must be worn and only members of the same household can be in the cart.

## ROLLIN' THUNDER

### Air & Water Day is on Dec. 5

By Mike Levitt  
LW contributor

Activities may have slowed for many Leisure World clubs, but Rollin' Thunder Golf Cart Club is gearing up for one of its busiest months of the year. And all LWers are welcome to participate.

The club will hold its quarterly Air & Water Day on Saturday, Dec. 5, from 9-10:30 a.m. in the Clubhouse 4 parking lot. Club volunteers will check golf cart tire pressure and battery water levels for all LW cart owners. At the September event, more than 100 carts were checked and serviced.

There is never a charge for this valuable service, and all LW cart owners are urged to participate. Club membership is not required.

Entrance to the inspection site will be on the alley roadway that connects Northwood Road and North Gate Road on the east side of Clubhouse 3. Signs and traffic cones will be posted and monitored by Security staff.

During the event, a few, vitally important safety rules **MUST** be followed: masks must be worn at all times; no more than two persons per cart; drivers must remain in their carts until batteries are checked. Drivers who leave their carts to talk with friends or refuse to wear masks may be asked to leave the cart lineup and lose the opportunity for the inspection.

Due to the outdoor nature of this event, heavy rainfall will cause the A&W Day to be postponed to Tuesday, Dec. 8.

The annual Golf Cart Club Holiday Parade, sponsored by the Rollin' Thunder Club with the assistance of the Golden Rain Foundation, is set to take place on Saturday, Dec. 12. The route, beginning and ending at Clubhouse 6, will cover most of LW's main thoroughfares and larger residential streets. Parade formation will be at 4 p.m. to add

**GOLF CART, page 19**

### LWer finds a simple tweak for bathroom remodel

David Camp was one of the many recipients of the City of Seal Beach's Bathroom Accessibility remodel program. He says he loved the work that was done in his bathroom, but he found that the molded seat was still too low for some people with certain disabilities. He figured out a simple and easy-to-assemble solution by using a shower chair to raise the seat's height.

Those who want to try Camp's tweak will need one roll of electrical tape, waterproof tape (Gorilla brand is recommended), scissors and a shower chair. The materials can be purchased at Walmart or any hardware store, and the shower chair can be purchased from a medical supply that carries the "Drive" brand (recommended) or any shower chair that has removable rear legs to have short rear stubs.

Once you have all of the supplies, follow these simple steps:

1. Remove rear legs from shower chair
2. Remove the rubber feet from rear legs
3. Tape the rubber feet to the seat stubs where rear legs were once attached. (the feet will loosely fit on the seat stubs).
4. Wrap electrical tape around the seat stubs until the feet can slip over them with a fairly tight fit. Use the waterproof tape to tape the feet in place. Position them on the seat stubs so they sit flat
5. Holding the seat, rest the feet on a flat surface and twist them until they sit flat before taping into place.

Once completed, the shower chair should raise the original



David Camp

David Camp was a recipient of the City of Seal Beach's Bathroom Accessibility Program, but he found the molded shower chair to be a too low for some people. He was able to make this simple and easy adjustment to the bench using a shower chair from a supply store.

seat height around 6-inches and its back will grant better access to the two grab bars installed. Be sure to periodically check the chair and tape's stability before getting into the shower; change the tape when it weakens.

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For over 14 years, the city has offered the Seal Beach Bathroom Accessibility Program to help residents in Leisure World modify

their bathrooms for safer access.

Due to the threats of COVID-19, CivicStone, the administrator of the program, has changed the way it operates. It will not hold a workshop in any clubhouse for Leisure World residents until further notice.

Individual appointments can be made via phone, FaceTime, Zoom or Google Hangouts to ask

**ACCESSIBILITY, page 19**

## Chess Club Puzzle

The Chess Club is unable to play together because of the COVID-19 shutdowns.

This week's puzzle: White moves first, and for any answer by black, the white's next move is checkmate.

*Solution to this week's puzzle: B4. The white Bishop moves from A5 to B4. Any answer by black, the white's next move is check mate.*







SBTV

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule). Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at [sbtv3.org](http://sbtv3.org).

Thursday, Dec. 3

- 4 pm A COVID Day
- 4:19 pm Christmas Story Song  
By Revilla/Williams
- 4:45 pm FALW Karaoke Christmas
- 5:30 pm Gingerbread House Contest
- 6:02 pm Tommy Williams Feliz Navidad
- 6:09 pm Christmas 2018
- 6:30 pm Dixieland Jazz Band
- 7:35 pm Flamingo Party
- 8:15 pm Cabaret Variety Show 9/2020
- 9:30 pm Rob Roy Christmas Harmonica
- 10 pm Shakespeare in the Park:  
Merry Wives of Windsor

Friday, Dec. 4

- 4 pm Flea Market 11/2019
- 4:11 pm Christmas 2018
- 4:30 pm Flamingo Party
- 5:15 pm Susan Michlin Doll House
- 5:30 pm SB Lions Club Veterans Day  
Car Caravan
- 5:39 pm Fortunato Revilla  
Christmas Music
- 5:50 pm Clowns in LW
- 6 pm Rob Roy Christmas Harmonica
- 6:30 pm Los Al Jazz Band 2018
- 7:05 pm Christmas Story Song  
By Revilla/Williams
- 7:30 pm Life and Times in SB:  
Paula Thomas
- 8:30 pm Shakespeare in the Park:  
Merry Wives of Windsor
- 10:30 pm Cerritos Center:  
Golden Dragon Acrobats

Saturday, Dec. 5

- 4 pm Wonderelles Sets 1 and 2
- 5:40 pm A COVID Day
- 6 pm Gingerbread House Contest
- 6:32 pm FALW Karaoke Christmas
- 7:20 pm Christmas Story by Joe Osuna
- 7:30 pm Rob Roy Christmas Harmonica
- 8 pm LAUSD
- 11 pm Cerritos Center–  
Matt Mauser

Sunday, Dec. 6

- 4 pm McGaugh Pageant of the  
Arts 2019
- 5:30 pm SB Lions Club Veterans Day  
Car Caravan
- 5:38 pm Fortunato Revilla  
Christmas Music
- 5:48 pm Flea Market 11/2019
- 6 pm Dixieland Jazz Band
- 7 pm Life and Times in SB:  
Paula Thomas
- 8 pm Cabaret Variety Show 9/20
- 9:15 pm Flamingo Party
- 10 pm LW 50th Anniversary 2012
- 10:30 pm Susan Michlin Doll House
- 10:45 pm Los Al Jazz Band
- 11:30 pm Bob Cole Conservancy

Monday, Dec. 7

- 4 pm A COVID Day
- 4:18 pm Fortunato Revilla  
Christmas Music
- 4:30 pm Christmas Story Song  
By Revilla/Williams
- 5 pm Clowns in LW/Hospitality  
Room 2018
- 5:30 pm Rob Roy Christmas Harmonica
- 6 pm Dixieland Jazz Band
- 7 pm SB City Council Meeting– LIVE

SBTV, page 19

SCAM

Holiday scams to watch out for

By Laurie Bullock  
[laurieb@lwsb.com](mailto:laurieb@lwsb.com)

While holiday celebrations will look very different in 2020 as people seek out a balance between celebrating and staying safe, one tradition isn't going anywhere: online scams.

Only a few scams are specific to the holidays, but the most popular ones are normal fraud schemes looking to take advantage of the busy buying season. Since most of the country will likely shop online to help reduce the possibility of contracting COVID-19, scammers will try to trick bargain hunters with fake social media posts, fake websites, or impersonating major brands in your email inbox.

Here are a few possible scams to look out for, according to [www.AARP.com](http://www.AARP.com):

**Charity scams:** One-third of all charitable giving is done in December, fundraising software company Network for Good reports. Which means more sham charities exploiting people's goodwill via fake websites and pushy telemarketers.

**Delivery scams:** As holiday packages crisscross the country, scammers send out phishing emails disguised as UPS, FedEx or U.S. Postal Service notifications of incoming or missed deliveries. Links lead to phony sign-in pages asking for personal information or to sites infested with malware.

**Travel scams:** Despite the pandemic, nearly 2 in 5 Americans plan to travel during the holidays in 2020 a survey by mobile-booking app maker Hopper found (the CDC recommends avoiding unnecessary/non emergency air travel to reduce the current surge of coronavirus cases). Spoof booking sites and email offers proliferate, with travel deals that look too good to be true and probably are.

Although it might seem daunting to shop online while knowing scammers are out there, here are some simple things you can look out for that will show you if sites are real or a scam:

- Huge discounts on hot gift items (like expensive electronics selling for only \$50, prices way below the Black Friday or Cyber Monday sales), especially when touted on social media posts or unfamiliar websites.
- Spelling errors or shoddy grammar on a shopping website or in an email.
- A shopping or travel site does not list a phone number or street address for the business and offers only an email address or a fill-in contact form.
- A site does not have a privacy policy.
- An unsolicited email asks you to click on a link or download an app to access a deal or arrange a delivery.

The best way to make sure that you aren't being scammed while you online shop is to make sure you double check the brand's spelling on it's website, and avoid deals that are way too good to be true.



More ways to give where you live

By Anna Derby  
LW contributor

"A gift to the Golden Age Foundation is a gift back to your community—leaving a lasting legacy."

The Golden Age Foundation is a nonprofit 501 (c) (3) charitable organization dedicated to serving the special needs of shareholders and residents. The foundation was established in 1973 by members of the Board of Directors of the Golden Rain Foundation.

Its purpose is to make the community a better place to live. Through the generosity of individuals in Leisure World, GAF is able to provide various programs and projects.

This year, many nonprofit organizations have been shaken by the effects of COVID-19. The need for help and services from nonprofits this year has not diminished, but increased.

Most nonprofit organizations raise funds through events; however due to the pandemic limiting the ability to hold large gatherings, nonprofit organizations have been hit hard and are coming up with new ways to raise funds.

Over the next few weeks, the Golden Age Foundation will publish different ways that shareholders can support GAF programs. A few ways LWers have donated to GAF in the past include considering the Golden Age Foundation when planning a will or estate or choosing to donate to GAF as part of charitable givings.

Some things to consider when deciding on GAF donations are:

- Previous legacy contributions from generous shareholders have funded many projects that benefit the entire community, including major improvements to the exercise center and a mobility-impaired bus.
- The Golden Age Foundation is a nonprofit, charitable organization - (tax ID # 23-7273105).
- If you are interested in a legacy contribution, consult with your estate planning professional.

For information on the Golden Age Foundation's services to the community, visit the website at [www.goldenagefdn.org](http://www.goldenagefdn.org) or call (562) 431-9589 and leave your name, phone number and email address.

Obituaries

\*\*\*  
Lenee Dalton  
1970-2020

It is with great sadness that we share this news with you: Lenee Dalton passed away on Nov. 2. She had just celebrated her 50th birthday. She was not feeling well and was admitted to the hospital on Saturday night. She was fighting an infection (not COVID). They were treating the infection aggressively, but it was too much for her to handle.



Lenee was the kindest soul and had the biggest heart ever! She was a part of the Castlehead family for over 13 years. She worked in the Lakewood office and as a floater for many years before she became the branch manager at the Seal Beach office, where she conducted escrows for Leisure World. Lenee would do anything for anyone. She loved to bake and cook. She loved to craft, especially embroider shirts, bags and gifts. She loved holidays. She loved Disney

everything, and most of all, she loved her family!

Keep her husband, Brian, her sons, her mother and two brothers in your thoughts and prayers as they deal with this devastating loss.

-From Dawn Januszka with On-site Home Sales

\*\*\*  
Paul Tolen  
Jan 1956 – Oct. 2020

Paul Tolen of Mutual 3 passed away on Oct. 30 in Seal Beach, California.



Paul was born to Paul and Irma Tolen in Long Beach, California on Jan. 19, 1956. He married his wife, Kris Tolen, in 1976, and together, they had two daughters. He was a painter and then a painting contractor in his early career. He later owned a local retail store for security cameras and other security products.

He was interested in many things throughout his life. His hobbies included being an avid fisherman, cooking, being a fast-pitch softball coach for girls' youth teams, and growing pine-

apples in ceramic pots.

Paul and Kris moved to Leisure World in 2016. During that time, Paul enjoyed hosting potluck barbecues to entertain friends new and old. He loved the way the potlucks brought people together to connect and form strong friendships.

He is survived by his wife, Kris; their two daughters, Anna, and former son-in-law, Paul, and Lauree, and son-in-law, Jono. His five grandchildren, Destiny, Olivia, Holly, Beau and Gunnar; and great-grandchildren Macy, Mila, Esther and Rownin. He is also survived by his sister, Susanne and her husband, Bob; sister-in-law, Mary; his brothers-in-law, Leif, Erik, along with Karl and his wife, Betty; and his nieces and nephews: Jane, Jim, Stephanie, Allison, Lizette and Samantha.

He was preceded in death by his parents, Paul and Irma, and brothers, Claus and Ralph.

A memorial service for Paul will be held Thursday, Dec. 3, at noon at Calvary Chapel Pacific Coast, 6400 Westminster Blvd, Westminster, CA, 92683.

Obituary Notices  
430-0534

\*\*\*\*  
In Memoriam:  
Henry Pachejo 47  
Mary Jurgenson 62  
John Clay 90  
Willie Jones Jr 84  
Christoher Stevens 74  
Lilia Garcia-Gaona 75  
Arlyne Boe 87  
Dorothy Hightower 82  
Alice Welch 90  
Patricia Askamit 77  
Janice Deenean 77  
Kylie Oney 26  
Families assisted by  
McKenzie Mortuary,  
961-9301  
—Paid obituary

Space is available for obituaries of residents and former residents.

• An "In Memoriam" column is available free of charge. Limited to name, mutual number and date of death.

• An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word. Notices written by the news staff will be free and no more than 250 words.

• Obituaries may be sent to [laurieb@lwsb.com](mailto:laurieb@lwsb.com) with photos sent as jpegs.



# Orange County will cast votes for new OC Board of Supervisors seat early next year

By Mary Larson  
LW contributor

This has been one of the most difficult years in recent U.S. history. An editorial in the Los Angeles Times said that “the pandemic revealed that an employment-based healthcare system can crumble when it’s most needed; that warehousing our elderly is not just unkind, but deadly; that our social safety nets have been dangerously frayed by the complacency of a long economic expansion; and that policies that perpetuate racial and economic disparity are still deeply embedded in our society.”

Nevertheless, there are reasons to be thankful as the year winds down. The 2020 General Election is finally over, at least as far as Orange County goes. As of Nov. 25, there were only 17 ballots left to be counted. Every contest has been decided, even the one in which the challenger won by a single vote. One and one-half million people (87.3 percent of the county’s registered voters) cast their ballots at vote centers, by mail, or by use of drop boxes. This turnout was 25 percent higher than in the 2016 presidential election. Both President-elect Joe Biden and Vice President-elect Kamala Harris will finally start

receiving the president’s daily intelligence brief, marking another step toward a transition of power. All elements of the Democratic Party at the national level appear to be working with one another.

However, as much as we might want to take a vacation from the political scene, elections are not over for Leisure World residents. Orange County residents will be voting again in late February or early March to replace Republican Michelle Steel as the District 2 representative on the Orange County Board of Supervisors.

Republicans have had a monopoly on county government for over 30 years, but with a 44,644-vote advantage over Republicans in District 2, Democrats have the numbers to change that. As they prepare for this upcoming election, Democratic Club members and an expanded list of supporters mobilized during the last few months will focus on lessons learned during the recently completed General Election.

For background information on the importance of the Orange County Board of Supervisors, Democratic Club members are encouraged to review a 2017 presentation to club members by Attorney Brandon Love. The article attempts to shine some light on a particular blind spot



of collective political conscience. It can be downloaded from the Democratic Club’s website at <https://sblwdems.wordpress.com/analysis-of-orange-county-government/>.

....

If you are a Democrat or a supporter and want to know more about the club, subscribe to the free electronic newsletter by emailing the editor, Mary Larson, at [mlarson.telfords@gmail.com](mailto:mlarson.telfords@gmail.com) or by calling (562) 296-8521 with your full contact information.

Democrats are urged to join the club or renew their membership. An application form can be found online at <https://sblwdems.wordpress.com/democratic-club-membership-2/>. Memberships received during November or December will not need to be renewed until Jan. 1, 2022.

## REPUBLICAN CLUB

### Military use during times of unrest

By Brian Harmon  
LW contributor

President Trump’s plan to use federal agents and even the military to deal with riots this past year was reminiscent of an event in the Eisenhower administration in 1957, over 60 years ago.

While Republican President Dwight Eisenhower was not faced with protests and riots in several cities at one time, he did deal with a problem in a high school in Little Rock, Arkansas.

The school was being racially integrated in response to a Supreme Court decision handed down three years earlier.

About 60 years before that, in 1896, the court had ruled in Plessy v. Ferguson that “separate but equal” public facilities such as railroad cars, schools, restaurants, and even toilets and drinking fountains were permissible.

In Brown v. Board of Education (1954), the court ruled unanimously that segregating the schools was unconstitutional.

Newly appointed Chief Justice Earl Warren, formerly the Republican Governor of California, ruled that school segregation violated the equal protection clause in the 14th Amendment. The clause says that “No state shall... deny to any person within its jurisdiction the equal protection of the laws.”

In response to the court order, the Little Rock Board of Education ordered the gradual integration of the schools, starting at the high school level. Gov. Orval Faubus ordered the National Guard to prevent the nine Black students who had registered at the school, called the “Little Rock Nine,” to attend.

Federal Judge Ronald Davies ordered the governor to back down.

On Sept. 21, President Eisenhower sent in 1,200 members of the U.S. Army’s 101st Airborne Division from Fort Campbell, Kentucky, to enforce the judge’s order by escorting the students into the school on Sept. 25, 1957.

For those unfamiliar with military history, the 101st Airborne is the most decorated military unit in the history of the United States. The movie “Band of Brothers” was based on their exploits in World War II.

Although the Little Rock Nine were repeatedly victimized by white students at the school, they set the stage for the integration of schools throughout the country.

## ACCESSIBILITY

From page 17

questions and get individualized advice on how to complete applications. Email [monique@civicstone.com](mailto:monique@civicstone.com) for an appointment. Residents can also call (909) 364-9000, but email is preferred. All information is kept strictly confidential.

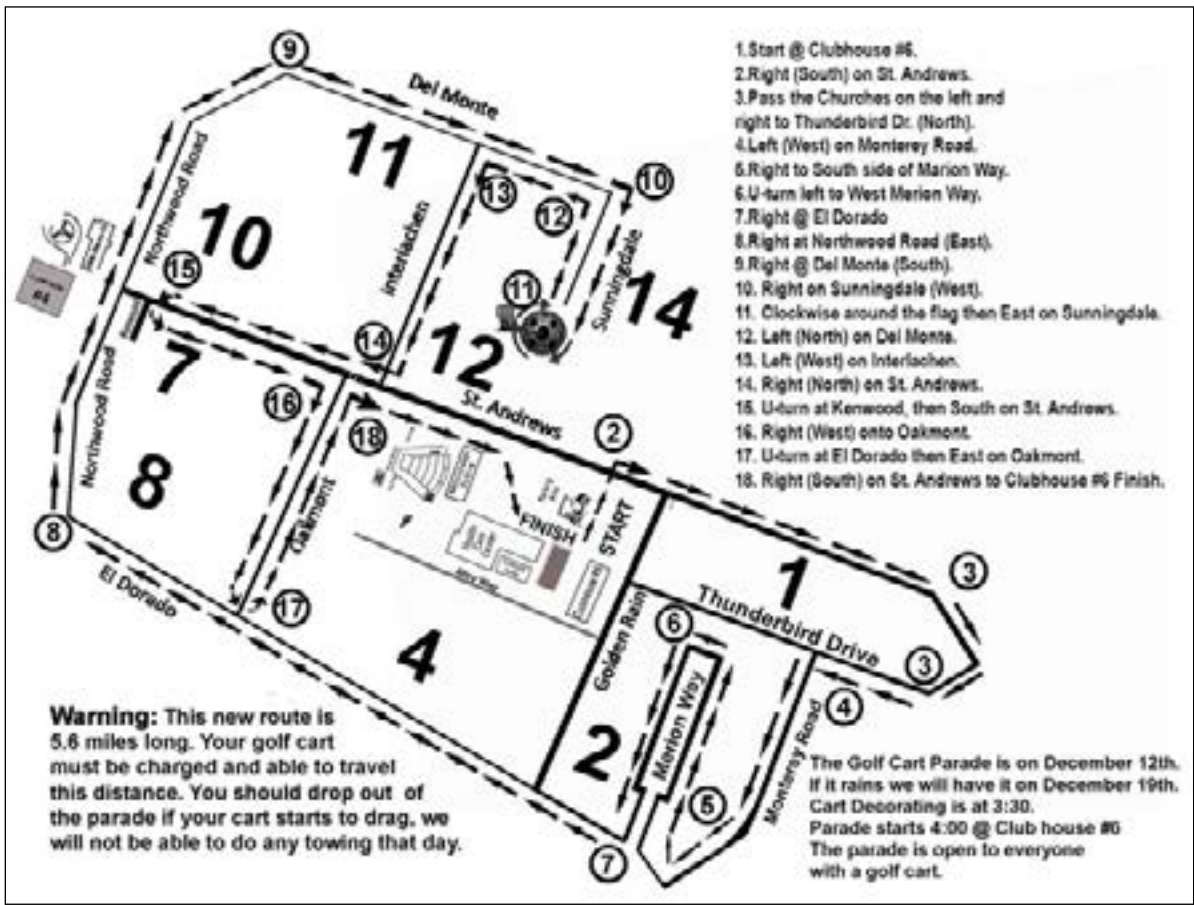
Any Leisure World resident who has trouble stepping into the shower for any reason is probably eligible for a free bathroom upgrade.

The Leisure World Bathroom Accessibility Grant converts the tub/shower combination into a shower-only unit for safer access.

The program is made possible through a grant from HUD, Orange County and the City of Seal Beach. To qualify, applicants must be over 55 years of age and have an annual income as follows: One person, \$71,750; two people, \$82,000; and three people, \$92,920.

“Many residents get confused on the application process,” said Monique Miner, program administrator. “Others don’t realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help residents apply for the completely free upgrade. But don’t delay completing your application because funds are limited.”

For more information, email [monique@civicstone.com](mailto:monique@civicstone.com) or call (909) 364-9000.



Map of the Golf Cart Club’s Holiday Parade course.

## GOLF CART

From page 17

special last-minute seasonal decorations; carts will roll at 4:30 p.m. In case of severe rain, sleet or hail, the parade will be postponed

until Friday, Dec. 18. If it drizzles, however, the parade is still a go. As a reminder: those participating in the parade should make sure cart batteries are fully charged, and gasoline carts should have full

gas tanks; the parade’s slow speed and frequent starts and stops can quickly drain a golf cart’s power.

For more information, contact club president Tom Davies at (562) 431-6859.

Email  
COMMUNITY  
NEWS to  
[laurieb@lwsb.com](mailto:laurieb@lwsb.com)  
with photos  
attached as  
jpg files.

## SUNSHINE CLUB

From page 17

To continue to learn more about how to safely celebrate this season, visit [ocfa.org](http://ocfa.org).

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members.

The topic of each guest speaker’s presentation is announced in the LW Weekly with link information to join.

For more information, contact Anna Derby at (562) 301-5339.

## SBTV

From page 18

8 pm Bob Cole Conservancy  
8:30 pm Live at the Ford: Lady Jazz  
10 pm Shakespeare in the Park:  
Othello

9:30 pm Cerritos Center:  
Matt Mauser  
11:30 pm Bob Cole Conservancy

### Wednesday, Dec. 9

4 pm Wonderelles Sets 1 and 2  
5:40 pm Hospitality Room Christmas  
By Revilla/Williams  
6 pm Christmas Story Song  
6:24 pm Tommy Williams:  
Feliz Navidad  
6:32 pm Fortunato Revilla  
Christmas Music  
6:46 pm Susan Michlin Doll House  
7 pm Rob Roy Christmas Harmonica  
7:30 pm Life and Times in SB:  
Paula Thomas  
8 pm Shakespeare in the Park:  
Merry Wives of Windsor  
10:30 pm Cerritos Center:  
The Four Tenors  
11:30 pm Bob Cole Conservancy  
\*All programming is subject to change.

News copy deadline is 4 p.m., Thursday,  
one week prior to the desired publication date.



PEARL  
from page 1

when the Japanese attack on the American naval base began in 1941.

The entire event will be live-streamed on Pearl Harbor National Memorial's Facebook page and at [www.pearlharborevents.com](http://www.pearlharborevents.com) in partnership with Defense Media Activity.

"America's obligation to honor its veterans has been a sacrosanct pillar of our society, and we encourage everyone to join us virtually for this important ceremony," said Scott Burch, acting superintendent of Pearl Harbor National Memorial.

THE ATTACK

On Nov. 26, 1941, the Japanese Imperial Navy ordered an armada that included 414 planes aboard six aircraft carriers to set to sea, according to [nationalWWIImuseum.org](http://nationalWWIImuseum.org). Following a plan devised by Adm. Yamamoto Isoroku, who had earlier studied at Harvard and served as Japan's naval attaché in Washington, D.C., the flotilla aimed to destroy the U.S. Pacific Fleet base at Pearl Harbor.

To catch the Americans by surprise, the ships maintained radio silence throughout their 3,500-mile trek from Hitokappu Bay to a predetermined launch sector 230 miles north of the Hawaiian island of Oahu.

At 6 a.m. on Sunday, Dec. 7, a first wave of Japanese planes lifted off from the carriers, followed by a second wave an hour later. Led by Capt. Mitsuo Fuchida, the pilots spotted land and assumed their attack positions around 7:30 a.m. Twenty-three minutes later,

Fuchida broke radio silence to shout, "Tora! Tora! Tora!" (Tiger! Tiger! Tiger!)—the coded message informing the Japanese fleet that they had caught the Americans by surprise.

The unsuspecting American ships were moored in pairs along Pearl Harbor's "Battleship Row." For nearly two hours, Japanese firepower rained down upon American ships and servicemen.

While the attack inflicted significant destruction, the fact that Japan failed to destroy American repair shops and fuel-oil tanks mitigated the damage.

Even more significantly, no American aircraft carriers were at Pearl Harbor that day. The Japanese, however, immediately followed its Pearl Harbor assault with attacks against U.S. and British bases in the Philippines, Guam, Midway Island, Wake Island, Malaya and Hong Kong. Within days, the Japanese dominated the Pacific.

In Washington, a decrypted message had alerted officials that an attack was imminent moments before Fuchida's planes took to the skies.

But a communications delay prevented a warning from reaching Pearl Harbor in time. The Americans missed another opportunity when an officer discounted a report from an Oahu-based radar operator that a large number of planes were headed their way.

According to history, Roosevelt learned of the attack as he was finishing lunch at the White House.

He spent the remainder of the afternoon receiving updates and writing the address he intended to deliver to Congress the following day asking for a declaration of war against Japan. As he drafted and redrafted the speech, Roosevelt focused on rallying the nation behind a war many had hoped to avoid.

AMENITY	POLICY OR RULE NUMBER	STATUS
AMPHITHEATER	70-1448-3D (PHASE 1)	CLOSED
ART STUDIO	70-1448-3M	POLICY APPROVED
CERAMICS STUDIO	70-1448-3N	POLICY APPROVED
CLUBHOUSE ONE	N/A	CLOSED
CLUBHOUSE 1 PICNIC	N/A	CLOSED
CLUBHOUSE TWO	N/A	CLOSED
CLUBHOUSE THREE	N/A	CLOSED
CLUBHOUSE FOUR	N/A	GRF/MUTUAL MEETINGS
CLUBHOUSE SIX	N/A	CLOSED
FITNESS CENTER	70-1448-1	POLICY APPROVED
FRIENDS OF LIBRARY	70-1448-3G	POLICY APPROVED
GOLF COURSE	INTERIM EOP	CLOSED
HITTING CAGE	N/A	CLOSED
LAPIDARY STUDIO	70-1448-3O	REVISED-SENT TO COMMITTEE
LIBRARY	70-1448-3H	POLICY APPROVED
MISSION PARK	70-1448-3B (PHASE 1)	CLOSED
MISSION PARK	70-1448-3C	CLOSED
POOL AND SPA	70-1448-3E	POLICY APPROVED
POOLROOMS	70-1448-3J	POLICY APPROVED
SEWING ROOM	70-1448-3L	POLICY APPROVED
VETERANS PLAZA	70-1448-3A (PHASE 1)	CLOSED
VETERANS PLAZA	70-1448-3P (PHASE 2)	POLICY APPROVED
WOODSHOPS	70-1448-3K	POLICY APPROVED

* LEASE-DRIVEN AMENITIES AND OPEN TO LEASEHOLDERS ONLY:		
MINIFARM	N/A - C-19 AGENDA ITEM	OPEN*
RV LOT	N/A - C-19 AGENDA ITEM	OPEN*

AMENITIES  
from page 1

- Number of COVID-19 cases in nearby LA County have reached historic highs
- Number of reported cases in Seal Beach have escalated in the last week alone by 17, a 5 percent increase)
- Based on the above, there is now a 1 in 72 chance of being infected (363 reported cases as of Monday)

If you are infected with COVID-19 in Seal Beach, there is a 1 in 9 chance of death, according to the OC Health Care Agency.

Public health and safety guidelines must be followed. People who are infected with COVID-19 must comply with public orders, including quarantine requirements.

The GRF Board will revisit the closures after Dec. 21 to determine if it is safe to reopen amenities and under what phase of the Emergency Operational Procedures as set forth by the COVID-19 Ad Hoc Committee. During this hiatus, the RV Lot will conduct business by appointment by contacting Tommy Fileto at 431-6586, ext. 324. Fitness Center preregistration has also been suspended until further notice. Amenity status updates will be published in the LW Weekly as well as via LW Live. For more information, contact [kathytl@lwsb.com](mailto:kathytl@lwsb.com).

Senior Transportation Services

In response to the public's request for extended operating hours, the City of Seal Beach Senior Transportation Services operating hours were extended starting Nov. 16.

The new hours of operation are Monday-Friday from 7:30 a.m.-5 p.m., instead of closing at 2:30 p.m.

All other Senior Transportation Services program guidelines remain the same.

For more information on the Senior Transportation Services, visit the City's website at <https://www.sealbeachca.gov/Departments/Public-Works/Traffic-Transportation>

For more information about the City's Senior Transportation Services program, contact Iris Lee, (562) 431-2527, ext. 1322, or [ilee@sealbeachca.gov](mailto:ilee@sealbeachca.gov).

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**All home improvements  
Quality work**  
Beautifying Leisure World for over 20 years  
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First Time Clients. Simple Estates.  
**Living Trust & Pour-Over Will  
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**Service Includes:**  
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7960 W. McFadden Ave. • Westminster, CA 92683



## City of Seal Beach Senior Services

The City of Seal Beach offers a host of senior services, including Meals on Wheels, discounts on utility bills, parking and pet licenses and senior tax assistance.

### Seal Beach/

#### OC Meals on Wheels

During the COVID-19 pandemic, the Seal Beach Meals on Wheels program has become the lifeline to many seniors by being the sole source of free meal delivery in Seal Beach.

The City of Seal Beach Meals on Wheels is offered in partnership with OC Meals on Wheels.

Both homebound meals and congregate meals are available.

The homebound program is for seniors who are unable to pick up meals and need assistance with meal delivery, and the congregate lunch program is now available for seniors who are able or prefer to pick up meals (five frozen meals).

If seniors are interested in participating in either program, they must register first by calling the City's Recreation Department at (562) 431-2527, ext. 1344.

For homebound individuals 60-plus years of age who are unable to shop and/or prepare meals for themselves, the City of Seal Beach delivers three meals

directly to their home: breakfast items, a cold lunch, and a frozen dinner.

These meals, which provide 100 percent of the U.S Nutritional Recommended Dietary Allowance, are available five days per week at no cost to the community.

"This program is a testament to the incredible commitment of our staff team which provide the highest level of essential and vital services to our community in need during a major crisis," said Seal Beach City Manager Jill Ingram. For more information about this program, contact the city's Recreation Department at (562) 431-2527, ext. 1344.

### Discounts for Seniors on Utility Bills, Parking and Pet Licenses

There are discounts available for seniors on utility bills, parking and pet licenses.

Pet licenses have a 50 percent discount.

Most utility bills have a 15 percent discount, and there is a discount for parking.

When you pay or sign up for these services make sure to reach out to the city to see what discounts are available.

• Parking Contact: Call (562) 431-2527, ext. 1310, or email at [parkingpermits@sealbeachca.gov](mailto:parkingpermits@sealbeachca.gov); newparkingpermitsandrenewals

can be processed online through the following link: <https://www.citationprocessingcenter.com/citizens/sealbeach/permits>.

• Pet License Contact: Call (562) 570-7387; pet licenses are processed through Long Beach Animal Care Services at [www.longbeach.gov/acs/pet-laws-and-licensing/licensing/](http://www.longbeach.gov/acs/pet-laws-and-licensing/licensing/)

Utility Bills Contact: Call (562) 431-2527, ext. 1309, or email at [payments@sesalbeachca.gov](mailto:payments@sesalbeachca.gov).

### Senior Tax Assistance

Seal Beach offers free assistance for low-income seniors in preparing state and federal income tax returns. Tax assistance is offered at Fire Station 48, Community Room, 3131 North Gate Road, Seal Beach, 90740

At tax time, appointments are taken on a first-come, first-served basis.

They are scheduled for Monday mornings ONLY from February-April.

For more information, call (562) 431-2527, ext. 1344.

## UPDATE

from page 1

ground is complete. Over the next couple of weeks, the meter assembly will be installed.

The electrical contractor has a GRF permit and has submitted plans to the City of Seal Beach for Mini Farms work and to relocate the golf course pump that is now in the pool equipment room. The City of Seal Beach has sent the plans to a third party for review and comments. They are due back to the city soon.

The pool wall on the golf course side is under construction and will have an opening to view the golf course.

### LEARNING CENTER KITCHEN

Work at the Learning Center Kitchen will be complete when the cooktop is received and installed.

## NEIGHBOR

from page 4

the holidays can make all the difference," said Supervisor Doug Chaffee, Fourth District. "Seniors who are homebound or physical distancing during COVID-19 may look forward to a cheerful greeting or holiday helping hand."

"The physical health of our seniors is critical, but we can't overlook the importance of mental health," stated Supervisor Lisa Bartlett, Fifth District. "The holidays are a time to come together to show how much we care for the health and well-being of our seniors."

For more information on how residents can support neighbors in their community, visit the County's Office on Aging website at [officeonaging.ocgov.com](http://officeonaging.ocgov.com).

LW Weekly  
430-0534

### SCRABBLE GRAMS SOLUTION

[S][O][A][P][B][O]	X:	RACK 1 =	104
[A][I][R][F][L][O]	W:	RACK 2 =	63
[D][I][S][P][O][S]	E:	RACK 3 =	60
[C][O][P][Y][C][A]	T:	RACK 4 =	82
[J][U][K][E][B][O]	X:	RACK 5 =	77
PAR SCORE 295-305			TOTAL 386

## Crossword Answers

RAZE	ADAM	PUPP	DANG
ADIM	ORIBI	SAVAR	ASEA
HOPPING	GMAD	HIPPETY	HOP
ENDUE	HAINS	PATEN	
AGREES	KILNS	LALO	
CROP	ARET	SFRNEI	Y
CHART	HOPSCOTCHES	DOE	
ILSS	PALP	ORAD	TWOS
ENS	HEODA	HOPPER	CEASE
REHOUSE	CE	ROSE	GENRES
OBITS	ANGRY	JADFD	
IMPELS	ABRAC	ACATHAS	
LAPSE	GRAIN	HOPPER	ORE
INEE	WAIL	LIES	HPMS
KOR	TABLE	HOPPER	CEPES
ENSTALLS	ERIA	ACER	
TRIDE	DANTE	CAPER	S
GUANO	DUROC	VAORI	
HOPPER	CARS	HOPSKIP	PAND
ATOP	FILET	ELLES	TREE
TANS	SEER	SASS	SEWN

## Sudoku 1 Answers

8	2	4	6	3	1	9	7	5
3	5	9	2	7	8	4	1	6
6	1	7	5	4	9	3	2	8
1	4	6	8	5	2	7	3	9
7	8	5	3	9	4	2	6	1
2	9	3	7	1	6	8	5	4
5	6	2	9	8	7	1	4	3
4	3	8	1	2	5	6	9	7
9	7	1	4	6	3	5	8	2

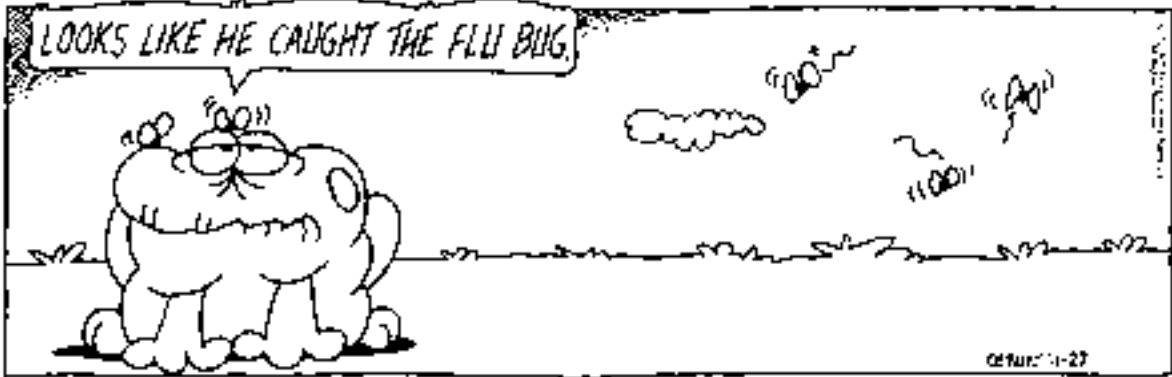
The Basic Rules of Sudoku:  
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

## Jumble Answers

CLOUT APPLY HYBRID BOUNCE  
There were no eggs in the henhouse because they had been — POACHED

# Puzzle Answers

Puzzle page 8-9



## Sudoku 2 Answers

9	8	5	6	2	3	1	4	7
1	3	6	9	7	4	2	8	5
4	7	2	5	1	8	9	6	3
2	4	3	1	8	9	7	5	6
5	1	7	3	4	6	8	2	9
8	6	9	2	5	7	3	1	4
7	9	8	4	6	2	5	3	1
6	2	1	7	3	5	4	9	8
3	5	4	8	9	1	6	7	2

Guess Who?  
Answer: John Cena

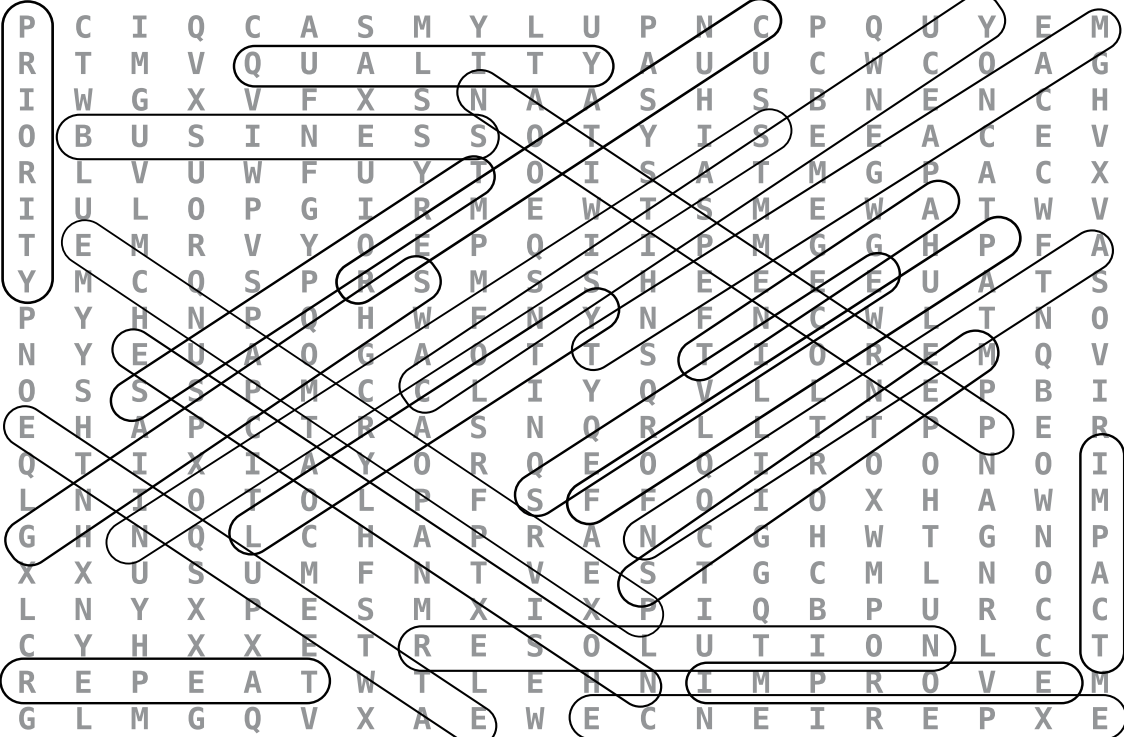
## Crypto Fun Answers

A. lawn B. garden C. plants D. design

## Boggle BrainBusters Answers

SODIUM BONE YELLOW CARBON DIOXIDE COPPER SULFATE

## Word-Find Answers





# Classifieds

## GENERAL

### AVON

Lenora Browning, LW Resident.  
Phone 562-493-5457. Seal Beach  
Business License #BRN000. 12/31/20

### JAFRA

By Helen

LW Resident. (562) 419-3557

www.jafra.com/hwells

Cosmetics, fragrances.

Shop for holiday now.

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### SHAKLEE

Delivered to your door.

LW daughter

Sandy Vander Woudefikse.

(562) 618-8731. 12/10

### CBD Joint Relief Body Cream

By Restoor Skin Essentials.

Gina, LW Resident. 562-281-7103.

Business License #MCQ0015. 12/31

P.T. Summer Job 2021, LW Live  
In ok, no job too small, good cook  
& company, Refs, 4th Gr T.A.  
St Hedwig's, Miami Res, Son in  
Fullerton.

onunezhialeah@gmail.com

Óscar Núñez, CPA, FL RE Broker

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etc. Offering my services to all  
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Window replacement and more!

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We refinish your TUB/SHOWER  
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Convert to a WALK-IN

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Painting - Free estimates. 1 room  
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Affordable - Professional,  
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Interior Flooring Solutions

Hardwood floors, carpet,

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25 years experience.

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All Year Carpet Cleaning since 1988.

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### SKYLIGHTS

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Seal Beach License #BRA0002. 12/17

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I Clean Inside & Outside Or...

Clean Outside Only and Save \$\$\$.

(562) 600-0014. LW Resident,

Rich Livitsky. Seal Beach

Business License #LIV0004. 12/03

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Y's Service Club of the YMCA  
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non-professional jobs. We change  
light bulbs, clean air conditioner  
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shelf, air bicycle tires, etc. Donations  
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### "ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and  
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## HOME CARE PERSONAL ASSISTANT

Maria's experienced caregivers, run  
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cooking, part-time, full-time, live-in.  
(562) 230-4648. Seal Beach Business  
License #CAM0006. 12/31/20

I am an experienced caregiver  
available to assist with daily care,  
doctor's appointments, and errands.  
Available 24/7. 949-899-7770. 12/31

### CHRISTIAN HOME CARE

Referral Agency. Experienced,  
knowledgeable caregivers, honest,  
assertive, fluent English. Hourly/full-  
time, doctor's appointments, errands.  
Bernadine 562-310-0280. Seal  
Beach Business License #BCS0002.  
Bonded/insured. 12/10/20

MOST AFFORDABLE RATE af-  
fordable rates with optimum service,  
23 years experience LW, reliable,  
honest caregivers. Licensed, 24 hour,  
part time, doctors, appointments,  
references, fluent English. Ann 714-  
624-1911, Heidi 562-277-3650. Seal  
Beach License #HYC0001. 12/31/20

### EXPERIENCED CAREGIVER

Over 20 years in Leisure World  
with Excellent References. Hourly  
or Live-in. Please Call Pampet:  
**562-371-4895.** Seal Beach License  
PAN0003 12/31

Elderly care. Live-in, live-out.  
30 years of experience. Cooking,  
cleaning, medications, companions,  
doctors. Experience with dementia.  
Lensed by the state.  
Gloria 949-371-7425. 01/14/21

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For hire light housework, \$18/hr.  
Mostly weekends, Mutual 5.  
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**Tammy Nguyen Phenix Salon**  
- Service in private suite. One  
customer, one hairstylist. Sanitized  
& professional. Haircut for men  
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highlights, perm, nails & toenails.  
In-house service available. Tammy  
Nguyen. 13944 Seal Beach Blvd,  
#116. (714) 425-4198. 12/03

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36 years. Mel, cell: 562-480-9341.  
License #KC75538. 12/03

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Gabriel 562-708-3170. License  
#B50551. 12/24

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WINDOWS,

HOUSECLEANING

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Over 30 years Experience!

Seal Beach Business

License #AB0001. 12/10

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weekly and monthly cleaning.  
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Patricia House Cleaning, weekly  
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Leisure World. 562-397-4659 Seal  
Beach License LUC0001. 12/31

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Seal Beach Business License

gra0006. 12/17

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products. I've been working in  
Leisure World since 2004 and can  
provide references.

Lori 949-275-8165. Seal Beach  
Business License SAG0003. 12/03

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We make your home sparkle! 7 days-  
call anytime! Complete cleaning.  
Seal Beach Business License  
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experience. Bi-weekly or monthly.  
Seal Beach License RAZ0002. Call  
Gloria 949-371-7425. 01/14/21

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We'll make your house look as  
nice as possible! 15 years of  
experience, We can work with your  
schedule. Bi-weekly or monthly.  
Deep cleaning.  
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Appointment necessary. 13301 N.  
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183H.** Matching sofa, club chairs,  
and ottoman, drop-leaf kitchen  
table, gorgeous queen platform  
bed with upholstered headboard/  
frame. Dresser and nightstand,  
lamps, area rugs. Costume jewelry,  
ladies clothing (L/XL). TV,  
Keurig, vacuum, patio furniture,  
hand truck, 6' folding table. Masks  
required. Call for appointment  
714-514-8232. 11/03

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Small \$5, large \$8. Contact Denise  
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Yong Pyon — M1  
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Mr. Hank  
 (562) 743-8473

**Berkshire Hathaway  
 Home Services**



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**(714) 308-8034**  
 LW Resident, Real Estate Specialist  
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**1 Bedroom 1 Bath**  
 Charming Home on quiet  
 Lined Greenbelt, Close  
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**Under Contract**  
**M2 34H \$175,000**

**2 Bedroom 1 Bath**  
 Light & Bright, 3 St. Units,  
 All New Interiors, Oversized  
 Living Space  
**In Escrow**  
**M3 25J \$235,000**

**Stunning Remodel**  
 Two Bedrooms, 2 Full  
 Bathrooms, Gorgeous Kitchen,  
 Oversized Peninsula.  
**M15 34L \$368,000**

**Beautiful Home**  
 Two Bedrooms, Two Full  
 Bathrooms, Expanded  
 Large Greenbelt  
**Under Contract**  
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**2 Bedrooms 1 Bath**  
 Fully Expanded and  
 Bright Morning Sun  
**Under Contract**  
**M5 64C \$235,000**

**2 Bedrooms 1 Bath**  
 Centrally Located on  
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**Under Contract**  
**M1 14K \$265,000**



**Erika  
 Shapiro**  
 BRE # 01448494

Resales Specialist  
 Mut. 17 Resident  
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Drive-up corner, 2 BDR/ 1  
 Bath  
 Enclosed patio  
 Needs a little TLC  
**Mutual 3- 12L - \$225,000**



**Coming Soon**

Luxury Drive-up Corner  
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**Mutual 17 Condo for lease**  
**3rd floor, central A/C Heat & more**  
**\$2,100 month**

<b>Basic Corner</b> 5 skylight, new <b>IN ESCROW</b> Plantation shutters <b>Mutual 5 \$240,000</b>	<b>Country Cottage</b> Fully expanded 2 BDR, 1 Bath, lovely greenbelt, new windows, plantation shutters, Central A/C Heat, and much more <b>Mutual 4 -46K \$249,000</b>
<b>1 BDR, 1 Bath</b> Laminate flooring, beautiful green belt location, <b>Sold in 1 Day</b> <b>Mutual 1 - 29H \$175,000</b>	<b>Condo for Sale</b> Third floor, 2 BDR/2 Ba <b>IN ESCROW</b> <b>Mutual 17-42E \$375,000</b>

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**Very Thankful**

 <b>M6-130G \$385,000</b>	 <b>M9-225G \$229,000</b>	 <b>M7-71J \$239,000</b>	 <b>M4-46F \$295,000</b>	 <b>M7-175C \$225,000</b>
 <b>M-14 2B \$400,000</b>	 <b>M6-138F \$330,000</b>	 <b>M8-186C \$229,000</b>	 <b>M9-235A \$289,000</b>	 <b>M8-185 K \$219,000</b>
 <b>M3-17J \$169,000</b>	 <b>M3-13I \$159,900</b>	 <b>M4-43B \$150,000</b>	 <b>M2-43I \$159,000</b>	 <b>M8-190I \$165,000</b>

 Dawn Januszka Broker DRE #02110501	 Ginni Houck Escrow Officer	 Verna Chumley Realtor®	 Marsha Gerber Realtor®	 John Webster Realtor®	 Sally Angell Realtor®	 Suzanne Fekjar Realtor®	 Terri Walters Realtor®	 Elana Torres Realtor®	 Maryann Shallow Realtor®
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**Kathy Gupton**  
Associate Broker  
DRE # 00744676

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**Gloria Hadley**  
Realtor®  
DRE # 01057681

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## Buying or selling... *Whatever your circumstances, whatever your needs, we can help.*



**Mutual 8-202J**  
**\$249,000**

This 2 Bedroom 2 Bath home feature's a washer dryer and additional living space with an enclosed side patio room and front screened patio room. Living Room has laminate floors, heat pump, and over-looks both patio's with sliding glass doors front and side. Kitchen has natural wood cabinets, newer counters, built-in appliances including stove, oven, refrigerator, dishwasher, microwave, and skylight. Master bedroom has laminate floors, mirrored wardrobe closet doors, added storage above closet, and sliding glass door to patio. Second bedroom has laminate floors and mirrored wardrobe closet door. Bathroom has walk-in jacuzzi tub, washer/dryer, vinyl flooring and skylight. Enjoy convenient drive-up parking.



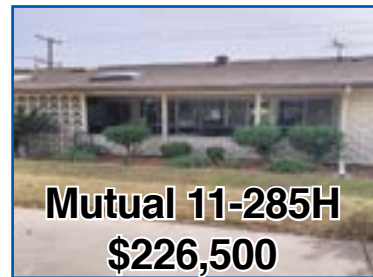
**Mutual 10-240B**  
**\$219,000**

Drive up to this 2 Bedroom, 1 Bath Cottage that features a very private large wrap around patio that offers additional indoor/outdoor living space. Living Room has laminate flooring and beautiful leaded glass entry door and overlooks inviting patio. Kitchen has white cabinets with built-in Leisure World stove, oven, & refrigerator, skylight and vinyl flooring. Both Bedrooms have laminate flooring and overlook lovely patio with walk-in storage closet and an additional storage cabinet. This is a charming home and is in walking distance to Library, Friends of Book's bookstore and clubhouses 3 and 4 that feature many activities.



**Mutual 1-35J**  
**\$179,900**

Warm and cozy 1 Bedroom 1 Bath home is located on a beautiful greenbelt. The lovely home has been newly painted and is ready to move in. Living Room has laminate wood floors, plantation shutters, and leaded glass entry door. The kitchen has extra-large skylight, ceiling fan and built-in Leisure World stove, oven, and refrigerator. Bathroom has extra-large skylight, and newly installed vinyl flooring. Bedroom has laminate flooring and Plantation Shutters. Private Patio has walk in storage cabinet and overlooks beautiful greenbelt with lovely trees. This property is close to downtown Leisure World, golf, swimming pool, gym and shopping center.



**Mutual 11-285H**  
**\$226,500**

Charming describes this 2 Bedroom 1 Bath home. This adorable cottage features a living room with carpeting, window AC, and Leaded Glass Entry Door with Side Light Panel. The Kitchen has a ceiling fan, built-in Leisure World stove, oven and refrigerator. Bathroom has Sola Tube and cut down shower. Both Bedrooms have carpeting and overlook a wrap-around patio that has a large skylight on side patio, and walk-in storage cabinet. Spacious wrap-around patio has new indoor-outdoor carpeting added and is perfect for entertaining. This property has been newly painted and is in move in condition. A must see!



**Mutual 2-19L**  
**\$325,000**

Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, built-in electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



**Mutual 2-13F**  
**\$339,000**

Lovely partially expanded 2 bedroom, 1 bath corner unit with nice greenbelt view from patio, also patio storage, beautiful wood leaded glass entry door with sidelights. Living space is quite spacious with separate dining area. Kitchen has custom wood cabinetry with built-in electric appliances including refrigerator, wall oven, glass cooktop, microwave and complimentary backsplash, pantry with easy pullout drawers and over-sized skylight. Master bedroom has ceiling fan, 2nd bedroom has large skylight and washer/dryer in closet. Bathroom with skylight, custom wood cabinets, newer counter and walk-in shower. Other features of this home are blinds throughout, brick pavers, dual pane windows, and central heat and air. This home is definitely move in ready, so come take a look as has so much to offer and a great location.



**Mutual 2-51J**  
**\$179,000**

This is a 1 bedroom 1 bath cottage, patio with outdoor carpet and storage, open floor plan, kitchen has skylight, dark wood cabinets, built-in appliances including cooktop, oven and refrigerator. Bathroom has skylight, walk-in shower and stackable washer/dryer in closet. Bedroom has sliding door leading to the patio. Other features are vertical blinds, carpet in bedroom and living room, vinyl in kitchen and bath, window A/C in living room. This is a clean unit and has an abundance of natural light.

### Pending

Properties are selling...  
Call The **SISTERS**  
if interested in  
listing or buying

**Mutual 8-198F**  
**\$259,000**

**Mutual 2-22J**  
**\$218,000**

**Mutual 1-27F**  
**\$249,900**

**Mutual 12-76I**  
**\$218,000**

**GIVE US  
A CALL**



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## We can show ALL property in the LW community

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**Robin Gray**  
**(562) 209-5605**  
*rwgraysales@verizon.net*  
**DRE 01027333**

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

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 implemented ALL Covid-19  
 Guidelines to keep everyone  
 as safe as possible! Call me for details!



**\$165,000**

# Deck the Halls!

**Only 21 More Shopping Days Until Christmas**



Darling one bedroom drive-up in Downtown Leisure World! Pretty floors, updated kitchen, nice windows, great patio that catches the ocean breeze with plenty of guest parking! Be sure to check this one out. Call Robin to see!!

See more at [www.sealbeachleisureworld.com](http://www.sealbeachleisureworld.com)



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 Broker/Manager



**Mike Varipapa**  
 562 235-7413



**Robin Gray**  
 562-209-5605



**Barbara Diette-Dobias**  
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 310-484-9600



**Conrad Rodriguez**  
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**Leah Perrotti**  
 310-889-6583



**Hanna Rubinstein**  
 562-900-4243



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 714-944-4998



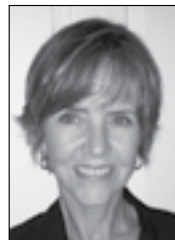
**Estee Edwards**  
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**Philip Bak**  
 213-550-9991



**Irv Hart**  
 562-296-5619



**Fay Wescott**  
 562 242-6162



**Tim Kearns**  
 714-293-3950



**Diana Flores**  
 949-212-8748



**Chris Kim**  
 424-247-4542



**Gail Alonzo**  
 562-673-6703

## Two-Bedrooms

**Mutual 5 103J** \$199,000  
 great price, great location, 3 sky-  
 lights, need to see this

**Mutual 1 25L** \$215,000  
 Fixer, great for remodel, good loca-  
 tion, great price

**Mutual 10 240B** \$219,000  
 large wrap around patio, lam. floors,  
 white kitchen

**Mutual 11 285H** \$226,500  
 newly painted, move-in condition,  
 step in shower

**Mutual 11 285 H** \$229,000  
 Newly painted, solar tubes, step in  
 shower, wrap around patio

**Mutual 9 211B** \$225,000  
 2 new heat pumps, skylights, bright,  
 lam. flooring

**Mutual 8 202J** \$249,000 washer/  
 dryer, enclosed side patio, , lam.  
 floors, skylight

**Mutual 15 1B** \$250,000  
 2 baths, scraped ceilings, move in  
 condition, lam. floors

**Mutual 2 19L** \$325,000  
 full expan., 1 1/2 baths, cent.air,  
 smooth ceilings, greenbelt

**Mutual 2 13F** \$339,000  
 btfl. partial expan., cust. kit., washer/  
 dryer, cent. air

**Mutual 15 34L** \$368,000  
 2 baths, remodel. kit., granite, en-  
 closed patio, greenbelt kit.

**Mutual 1 25G** \$450,000  
 2 baths, washer/dryer, 4 sky-  
 lights, cent. air, new kit. cab.

**Mutual 1 46G** \$477,700  
 This has it all. You must come and  
 see. cherry kit.cabinets, granite  
 counters. 1 3/4 baths, washer/  
 dryer, cent. air and heat. dual  
 pane, crown molding, smooth  
 ceilings walk to golf course and  
 town center.

**Mutual 1 35J** \$179,000  
 btfl. greenbelt, new paint, 2 extra  
 large skylights, lam. flooring, nice

**Mutual 2 51J** \$179,000  
 washer/dryer, walk-in shower,  
 outdoor carpet, nice

**Mutual 2 22D** \$179,900  
 expanded, den, 2 skylights, heat  
 pump, lam. flooring



**Linda Patton**  
 562-522-3364



**Bill Berman**  
 714-606-5258





**CAROL GASPER**  
REALTOR  
Lic# 01276484  
**562.716.1547**  
gcarol1966@gmail.com  
<http://www.sealbeach-retirementcommunity.info>



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Seal Beach, CA 90740

For 2020, I have a total of 73 Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



**SOLD IN ONE DAY!**



**13962 El Dorado Dr., #60G | M2 | \$460,000**  
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!

**13501 El Dorado #199i, Seal Beach | M8 | \$449,000**  
Beautiful fully remodeled 2 Bedroom, 2 Bath with Greenbelt Views. Gorgeous Finishes and Upgrades to Include, Central A/C, 2 Full Baths, Sliding Glass Doors, Patio, Quartz Countertops, Washer/Dryer, Gourmet Kitchen and So Much More!

**13044 Del Monte Dr #44G | M15 | \$549,000**  
CUSTOM REMODELED ATRIUM with 2 Patios! Has Every Bell and Whistle Desired. Gourmet Kitchen that has been Opened Up to the Living Room. 2 Bedroom with 2 Full Baths!



**1420 Northwood #241K | M10 | \$234,900**  
Basic 2 Bedroom, 1 Bath with WASHER/DRYER, A/C Heat Pump, Skylights, Dishwasher, Light Kitchen.

**1700 Tam O'Shanter #2J | M14 | \$445,000**  
Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.

**1800 Sunningdale Rd., #18H | M14 | \$279,500**  
2 Bedroom, 1 Bath with Private Entrance. Located on a Nice Greenbelt with Drive-Up Parking. High Side Expansion, Large Patio Storage Closet, Laminate Flooring, 3 Skylights, Central A/C. Great Location!



**13501 El Dorado Dr. #199E | M 8 | \$203,500**  
LOWEST PRICED 2 Bedroom, 1 Bath in Leisure World. Private Location with Wrap Around Patio, Dual Pane Windows and A/C Heat Pump. GREAT DEAL!

**1671 Interlachen Rd., #285i | M 11 | \$385,000**  
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

“Carol, thank you for providing us with a wonderful job with text, call, and email throughout the process. We appreciate you as our agent. We would highly recommend you.”  
  
-Sam & Kathy Choi

On December 1st, 2020 a total of 60 units show as active listings on the CRMLS (this is where Realtors list property for sale).

15 - 1 bedroom/1 bath  
from \$140,000 to \$219,000

29 - 2 bedrooms/1 bath  
from \$203,500 to \$400,000

16- 2 bedrooms/2 baths  
from \$250,000 to \$549,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory!  
I am here to help!

