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COVID-19 UPDATE

Cases surge, facilities closed and vaccine plan is in the works

GRF management is working with the Orange County Health Care Agency to schedule a mass COVID-19 vaccination clinic as soon as possible.

To keep residents safe amid an ongoing surge in COVID-19 cases, all GRF facilities are closed until futher notice.

In areas like Laguna Woods, where active outdoor venues are open, CO-VID-19 cases are on the rise, according to a news report in the Orange County Register on Monday.

Case counts had reached the 200s, according to a management report at a Laguna Woods GRF meeting Jan. 5. The active case count in Laguna Woods was 225, with 12 recorded deaths.

The GRF Board will consider reopening outdoor facilities at a special meeting set for Jan. 22 at 1 p.m. in Clubhouse 4. The meeting will also be livestreamed.

It will be the third time the board has looked at the issue.

The board has convened a COVID-19 Ad Hoc Committee to map out safe reopening strategies when the time is right.

At the last special GRF Board meeting Dec. 30, members expressed empathy for LW golfers and exercisers, but the majority voted to keep facilities closed, citing an abundance of caution in the wake of potentially dire consequences.

Even with a vaccine on the near horizon, it's important to stay vigilant, given the skyrocketing hospitalization numbers and the dwindling ICU beds in Orange County.

Countywide, 6 percent of ICU beds were available as of Monday, according to the Orange County Health Care Agency. Seal Beach has 828 COVID-19 cases. Leisure World makes up one-third of Seal Beach, however specific statistics are not available.

Health officials and the GRF cannot require residents to report on cases they know of in the community because of HIPAA health privacy laws and there is no way to verify information and avoid duplicate reporting.

But residents may anonymously and confidentially self-report if they or anyone in their household have had COVID or are in quarantine by calling (562) 431-6586, ext. 312.

While Leisure World's exact CO-VID-19 count is unknown, it is clear that cases are on the rise everywhere, and people are urged to stay home except for essential needs.

Vaccine Update

GRF has put together a Point of Distribution (POD) team to work in concert with the county and Health Care Center to facilitate offering the vaccine to the LW community.

Preliminary work on this project began in November and while the logistics are still being addressed, meetings with the Orange County Health Care Agency

VACCINE, page 2

IN APPRECIATION



Martin Luther King Jr. during the 1963 March on Washington for Jobs and Freedom, during which he delivered his historic "I Have a Dream" speech, calling for an end to racism. GRF offices will be closed Jan. 18 for Martin **Luther King**

Dr. Martin Luther King—Honoring the Legacy

n 1966, Dr. Martin Luther King Jr. famously said that riots are the "language of the unheard." He also said, "There's no practical or moral answer in the realm of violence," and "there is no violent solution" to social injustices, and "riots are socially destructive and self-defeating."

These words ring true today in the wake of the Jan. 7 tragedy that saw five fatalities after hundreds of Americans stormed the U.S. Capitol.

Monday, Jan. 18, 2021, will mark America's 36th celebration of Martin Luther King Jr. Day. Honoring Dr. King with the sacred status of a federal holiday—of which there are only 10 and none named for a 20th-century person—is a testament to the unifying power of his legacy.



I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident, that all men are created equal.

America's founding ideals to the cause of civil rights. True racial progress, King taught, demanded solidarity, that people treat each other as equals. And for that to power, the bonds of community must be happen, a bond far stronger than either King's most important work applied race or politics is needed. For King, that

bond was America and the Constitution upon which America is grounded:

"We the People of the United States, in Order to form a more perfect Union, establish Justice, ensure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America."

"We the People" unity is needed more than ever in these times of pandemic, and social and political unrest.

King loved America and realized that "civil rights" are rooted in the fair and equal participation of all citizens in the American community. For those rights to have any close-knit and resilient.

KING, page 4

ON-SITE SALES

On-Site Sales brings \$554,841 in revenue to LW despite 2020 challenges



Dawn Januszka (photo right at left), broker for The Januszka Group, Inc., and her husband, Mark.

On-Site Home Sales, under the ownership of The Januszka Group, Inc., led by broker Dawn Januszka, opened one year ago, bringing a friendly team of trained professional agents who work exclusively in Leisure World.

And what a year it's been.

Despite the rigors of implementing a new business and all that entails, a global pandemic struck just 10 weeks into the company's first year.

"It's been challenging," said Dawn. She's dealt with staff shortages, a two-month office shutdown, no more in-person open houses and rapidly changing market conditions. On-Site Home Sales, the only real estate office endorsed by the Golden Rain Foundation and the Mutual Corporations, nimbly adapted to the new normal and its accomplishments are laudable.

•Since January, it sold 176 units, the most sold since 2017, and this in 2020, a year that has flattened many

ON-SITE, page 4



Start 2021 with Smartphone Training

Let the expert trainers at California Phones help you make the most of your SmartPhone. Android and iPhone webinar trainings are offered free from the comfort of your own home. Space is limited. Learn how to:

- Operate the basic functions of your smartphone
- Send text messages
- Make text larger
- Connect Bluetooth devices
- Make your smartphone louder and easier to hear, and more.

This is a two-part online training. To participate, you will need a computer, Internet service and a valid email address.

For more information or to sign up, call 1-866-271-1540 or email smartphonetraining@ddtp.org.

California LifeLine

California LifeLine provides discounted home phone and cell phone services to qualified households. Only one California LifeLine discounted phone is allowed per household (except for teletypewriter users and for Deaf and Disabled Telecommunications Program participants). The California LifeLine discounts can only be for the individual's primary residence.

Each household must choose to get the discount either on a home phone or on a cell phone, but not on both.

Households cannot get the discount from multiple phone companies.

Qualifiers must renew annually to receive their discount.

Free cell phones and service are provided through different carriers upon qualification. Cell phone providers have varying data packages.

How to Qualify:

Residents may qualify for California LifeLine in one of two ways; either program-based or income-based. Documentation of proof of eligibility is required. Submit copies of proof of eligibility with the completed and signed application.

Examples:

Program-based qualification may include:

•Enrollment in Medi-Cal, LIHEAP, SSI, CalFresh, Federal Veterans and Survivors Pension Benefit programs.

•Income-based qualifications for a household size of up to two people is \$28,700 (annual income limit equals gross income before taxes, including Social Security payments, pensions, etc.).

For more information and assistance, contact California LifeLine at (866) 272-0349.

People who do not qualify for the LifeLine Program may qualify for senior discounts with a phone/cable/Internet company. Call your provider directly to inquire about senior discounts and/or eligibility for reduced fees for these services.

For more information or assistance with this program or others, contact GRF Member Resource Liaison Cindy Tostado, LCSW, at 431-6586, ext. 317.

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CALFRESH

Qualifying LWers can receive fresh fruits, vegetables

CalFresh can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is funded by the USDA and administered through the Community Action Partnership in Leisure World to help improve the health and nutrition of people with lower incomes.

Requirements to Apply:

- You must have at least one citizen or legal permanent resident with a Social Security number living in your household (including children).
- You may qualify for CalFresh even if you have a full- or part-time job
- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.
- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.
- Documents needed to apply: photo ID, Social Security card, proof of income, resident card (if applicable, receipt of rent and receipt of one utility bill).

Upon application, income and many other factors are taken into account to determine eligibility. For more information or to apply online, call 1-800-281-9799 or go to https://www.mybenefitscalwin.org/.

Leisure World residents can get help and more information by calling Cindy Tostado, LCSW, GRF member resource and assistance liaison, 431-6586, ext. 317.

—from the California Department of Social Services

CAP Food Service

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be Jan. 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

CAP, page 3

405 Freeway Update

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

LWWeekly

Westminster Boulevard Traffic Shift

Crews will shift traffic to the new Westminster bridge over I-405. The shift will occur in three phases and will require lane reductions.

Eastbound Westminster was reduced to one lane between Springdale Street and Willow Lane, and eastbound traffic was shifted onto the new bridge Jan. 12.

Crews will be constructing the center median on weekdays and Saturdays for approximately two weeks.

Westminster will be then be reduced to one lane in each direction between Springdale Street and Willow Lane from 9:30 p.m., Monday, Jan. 25, to 6 a.m., Tuesday, Jan. 26. Westbound traffic will be shifted onto the new bridge at 6 a.m., Tuesday, Jan. 26.

Crews may mobilize equipment as early as 6 a.m., and some activity may occur at night.

This work may be loud. Dates and times may change due to unforeseen operational factors or inclement weather.

Sign up for project-wide and bridge-specific construction alerts at bit.ly/405-signup.

Fairview Road Traffic Shift

Crews also will soon shift traffic to the new half of the Fairview bridge over I-405 and begin working on the second half of that bridge. The traffic shift is set for early-to-mid-February and will require bridge and ramp closures.

Demolition of the second half of the bridge will occur over two weekends, under full freeway closures and is set for late February.

The 405 Community Outreach Team will provide detailed schedule, closure and detour information in future alerts.

Bolsa Avenue Full Closure for Concrete Work

Crews will begin concrete work for a retaining wall along east-bound Bolsa Avenue. This work may require closures of Bolsa between Goldenwest Street and Chestnut Street.

The 405 Community Outreach Team will provide detailed schedule, closure and detour information in future alerts.

Off-Ramp to Beach Boulevard is PERMANENTLY CLOSED

The southbound I-405 loop off-ramp to northbound Beach Boulevard is permanently closed. Motorists will use the Beach Boulevard/Center Avenue off-ramp from now on to access north- and southbound Beach Boulevard.

The loop off-ramp was eliminated to accommodate the widening of Beach and of the freeway. The Beach/Center off-ramp and Center are being reconstructed to accommodate the change in traffic volume.

Email 405project@octa.net or call (888) 400-8994 for more information. The I-405 Improvement Project mobile app provides quick access to current traffic conditions, closures and detours, along with project updates and links to contact the project team. Download it from the Apple Store or Google Play.

VACCINE

from page 1

have yielded positive information.

Distribution of the vaccine is phased according to risk level with medical personnel and other first responders being the first phase recipients.

The county will progressively move to other tiers as more vaccine becomes available (see page 19 for general vaccine tier information).

The GRF Vaccine Task Force is coordinating, through the county, with Laguna Woods Village to develop plans for the large-scale distribution of vaccinations within the respective communities and will be discussing options at an upcoming meeting.

In the meantime, GRF is developing a questionnaire to determine what percentage of the community would be interested in having a two-step inoculation here.

The larger the participation, both in Leisure World and the population in general, the sooner it is anticipated that indoor activities can resume.

—Kathy Thayer, assistant recreation manager



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How to Request a Service Repair Order

The Service Maintenance Department performs maintenance on GRF trust property and Mutual property at the request of Mutuals or shareholders.

Here is how to request a service repair order (SRO).

For Priority/Emergency Service Requests

- *Provide Service Maintenance staff with the following information:*
- »Mutual »Building
- »Apartment
- »Nature and location of problem
- »Key permission (yes or no)?
- All shareholders are authorized to call for service in the event of an **EMERGENCY**, such as:
 - »Kitchen/bathroom sink stoppages
 - »Shower stoppages
 - »Toilet Stoppages
- »Water leaking onto floor (e.g. under sinks, water heater, refrig-
 - »Toilet bowl or tank slow to fill
 - »Toilet runs all the time
 - »Floods
 - »Fire/smoke/sparks
 - »No hot water
 - »No power (affecting refrigerator)
 - »Smoke alarm/water alarm chirping
 - »Refrigerator failure

NOTE: When calling for emergency service, ensure that a shareholder will be home and/or key permission is granted.

Non-Standard/Non-Emergency Service Request

All non-emergency service requests must be approved by the shareholder's Mutual unless otherwise noted (see box below). Note that Mutual 14 shareholders are authorized to call for priority service through Security after-hours and are authorized to call for nonemergencies only if they are paying for the service.

For all Mutuals, if key permission is not granted, appointments for service can be scheduled based on the department's earliest availability.

Service Maintenance does not service items that are non-standard to the Leisure World community; shareholders must contact an outside contractor in these situations. A list of approved contractors can be found through the Physical Property Department. For more information, call 431-6586, ext. 352.

For more information and to request a service repair order, call Service Maintenance at (562) 431-3548, Monday-Friday from 8 a.m.

Security can be reached during non-business hours at (562) 594-4754, Monday-Friday before 8 a.m. and after 4:30 p.m. and on Saturday and Sunday.

–Aaron Hensley, service maintenance supervisor

MUT	OK TO CALL PRIORITIES	OK TO CALL ALL ORDERS
1	YES	YES
2	YES	NO
3	YES	NO
4	YES	YES
5	YES	YES
6	YES	NO
7	YES	NO
8	YES	NO
9	YES	YES
10	YES	NO
11	YES	NO
12	YES	NO
14	*NO	*NO
15	NO	NO
16	NO	NO
17	YES	YES

CAP

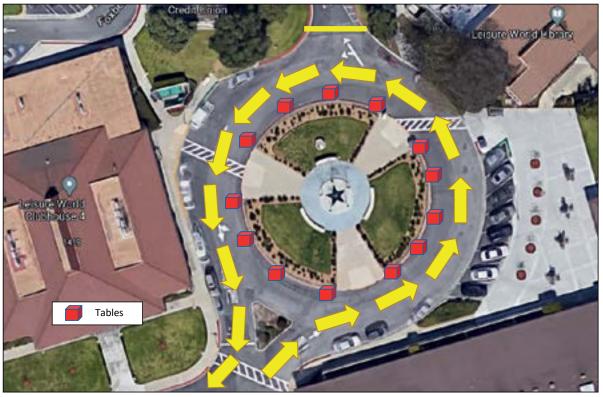
from page 2

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household;

and \$2,311 for a three-person household.

To sign up, bring a photo ID, and proof of income.

For more information, call 431-6586, ext. 317.



Cardboard Creations will be featured in a drive-through display at Veterans Memorial Circle.

CARDBOARD CREATIONS

Be amazed at what people can do with cardboard

the Cool Cardboard Creations by resident artists and creative employees will be held tomorrow, Friday, Jan. 15.

The GRF Recreation Department will display the entries around the Veterans Memorial Circle, located between clubhouses 3 and 4.

Residents are invited to view them by driving around the circle as shown on the map between 10 a.m.-3 p.m.

Members of the Recreation Committee will conduct the judging at the end of the drivethrough event, and Security will

The big unveiling of all of betheretoensuresafety protocols are met and to close off the circle promptly at 3.

> Minibus service will be available for those who prefer not to

> Details and schedules can be obtained by contacting Transportation Department at (562) 431-6585, ext. 372, or 379 for the Access Bus.

All entries must be submitted to the LW Library no later than 3 p.m. today, Jan. 14, and must have an entry form attached (see page 13 for an entry form).

Winners will be contacted and photographed with their submissions and receive their prizes at a date to be announced by GRF.

For more information, contact kathyt@lwsb.com.

OC Health Care Agency Hotline

The Orange County Health Care Agency, which offers current guidance and tracks COVID-19 cases and fatalities, has a COVID-19 Hotline, (714) 834-2000, and email address, ETeam@ochca.com, to answer questions about industry reopening and activity resumption.





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Our dedicated team is here as you explore senior living options. We are committed to delivering a platinum lifestyle, while also focusing on health, safety, and well-being for residents. Foremost, we believe that community and connection with others are essential during this time. Looking ahead, we've taken steps that will allow residents, and new residents, to receive the COVID-19 vaccine when available. We invite you to join a senior living community that puts safety first and makes every effort to come out stronger on the other side.



\$20 community fee, \$20 first month's rent, and lock-in your monthly rent at the current rate for your first two years of residency.*

Call Anna at 562-596-2773 to ask how to lock-in your monthly rent for two years!



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*Monthly rent refers to the monthly rate in effect January 1, 2021, for each unit type. Move-in special available when the residency agreement is signed by March 31, 2021. Move-in special does not apply to second person fee, pet fee, care services or packages, or a la carte service charges



Perspectives

Letters to the Editor

Editor:

This is being written to praise two longtime workers in LWSB.

First, I am very grateful for Ruben Gonzalez, Service Maintenance facilities manager.

He is very helpful and has been working in LWSB for many years. He has helped many, many shareholders with their needs and difficulties. My hope is that he stays in LWSB forever. Thanks again, Mr. Gonzalez.

Next is Mark Weaver, director of Physical Property. He also has worked here many years helping the shareholders with their needs and difficulties. Again, my hope is that he stays in LWSB forever.

Thank you very much, Mr. Weaver.

Carol Franz, Ph.D

Editor:

In response to the Republican Club article (Dec. 17), I think as long as our politics are defined by either/or choices, no progress can be made to understand the opinions of others and find answers to problems that affect us all.

I do not classify myself as Republican or Democrat, rather as an Independent. There are good suggestions from both political parties, but neither one has all the answers when dealing with crucial issues facing our country.

I disagree that for conservatives, the biggest question is determining a balance between freedom and order.

Instead, it seems to be to tip the scales of justice in favor of unrestrained freedom to do as one chooses, and to suppress basic human rights in the name of order. Republicans have stood in the way of most programs to assist the less fortunate: Medicare, MediCal and Social Security, and agencies that protect consumers from banking malfeasance, support endangered species, clean air and drinking water, and the list goes on.

To me, the Republican party has been opposed to discussing real and provable facts. It seems easier for it to construct a bumper sticker, placard or phrase to condemn others and arouse shallow thinkers.

Jeff Colflesh Mutual 6

Editor

Mutual 2

Walking is my main daily exercise. I usually wear ear buds and listen to music, podcasts, news or Ted talks. I am proud to be efficient with my time.

I was recently talking with a friend about retirement and how to spend time productively. He mentioned Bishop Richard Barron's podcast, "Distraction and Useless Things."

Bishop Barron says that we are all distracted by social media, texts and alerts. We'd rather plug in digitally for light and trivial things than wrestle with the most difficult questions, such as the meaning of life, God and more.

Barron says that our souls like to go slow and savor things. So I decided to walk with no distractions.

I felt the warmth of sun, saw

the blue sky smudged with white soft cotton balls. I noticed trees of different shapes, with dancing leaves and flowers, a symphony in nature.

Bright orange rose bushes enticed me to stop, smell and touch. Birds flew over tall trees, making loud sounds: kak-kwak. It sounded like "hello" to me. So I answered with smile.

After I wasted 30 minutes, I was thirsty and sweaty. As I drank ice water, I hummed, "This is My Father's World."

Chung Hur Mutual 3

Letters Policy

Letters to the Editor should include your name, Mutual number and phone number, and be emailed to *rutho_news@lwsb.com* or typed and delivered to the LW Weekly office.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

ON-SITE from page 1

businesses.

• On-Site Sales brought \$554,841 in revenues to GRF. Those revenues offset shareholder assessments. Even more spectacular, On-Site Home Sales revenues exceeded the 2020 budget by \$58,116.

"On behalf of the GRF Board, we want to thank On-Site Sales for a fantastic year," said GRF Executive Director Randy Ankeny. "Dawn did a phenomenal job under very unique conditions. I know it has not been easy, but she has exceeded all expectations."

Today, Dawn knows a lot more about virtual house tours, working remotely, Zoom meetings, acrylic barriers and desktop dividers.

She and her agents continue to offer virtual home tours and Zoom meetings, but safety protocols are in place, so serious buyers can get a first-hand look at available property.

And the outlook is bright, Dawn said. This year had a robust kick-off. On the first business day of 2021, On-Site Sales recorded seven transactions, and a lot more have come in the ensuing weeks.

"You don't usually see that in January, maybe in August, but not January," said Dawn. And there's not a lot of inventory in Leisure World. As of Jan. 8, only 69 units—out of 6,808—were available.

It just goes to show that when the world feels topsy-turvy, people look for that little oasis of safety—and Leisure World meets that need for many.

"Sales spike during unrest because people know it's safe here," said Dawn. "We see an influx during those times. People want to live in a place where you know your neighbors, packages are left undisturbed on patios, and Security is always on patrol.

"And I love making that kind of a place possible for people."

KING from page 1

In the spirit of the King's legacy, read on for some of the man's greatest and most inspirational teachings, an enduring antidote to our times.

- "I criticize America because I love her," King said in a speech about the Vietnam War, "and because I want to see her to stand as the moral example of the world."
- "Every man must decide whether he will walk in the light of creative altruism or in the darkness of destructive selfishness."
- "Science investigates; religion interprets. Science gives man knowledge, which is power; religion gives man wisdom, which is control. Science deals mainly with facts; religion deals mainly with values. The two are not rivals."
- "The function of education is to teach one to think intensively and to think critically. Intelligence plus character—that is the goal of true education."
- "All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence."
- "An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity."
- "Rarely do we find men who willingly engage in hard, solid thinking. There is an almost universal quest for easy answers and half-baked solutions. Nothing pains some people more than having to think."
- "Every man lives in two realms: the internal and the external. The internal is that realm of spiritual ends expressed in art, literature, morals and religion.



Dr. Martin Luther King Jr.

The external is that complex of devices, techniques, mechanisms and instrumentalities by means of which we live."

- "Shallow understanding from people of good will is more frustrating than absolute misunderstanding from people of ill will."
- "There comes a time when people get tired of being pushed out of the glittering sunlight of life's July and left standing amid the piercing chill of an alpine November."
- "The past is prophetic in that it asserts loudly that wars are poor chisels for carving out peaceful tomorrows."
- "The limitation of riots, moral questions aside, is that they cannot win, and their participants know it.
- "Hence, rioting is not revolutionary but reactionary because it invites defeat. It involves an emotional catharsis, but it must be followed by a sense of futility."

LW Weekly



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untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

Leisure World Seal Beach

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Editorial: 4 p.m. Thursday prior to publication week Classified Advertising: 2:30 p.m. Monday of publication week

Office hours

8 a.m. to 5 p.m. Monday-Friday

Phone

(562) 430-0534 after-hours voice mail

Missing LW Weekly Newspaper (562) 472-1284

Mailing Address P.O. Box 2338 Seal Beach, CA, 90740

Delivery Address

13533 Seal Beach Blvd. Amphitheater Building Seal Beach, CA, 90740

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VOL. 45 NO. 2



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Government

GRF Special BOD Meeting Agenda

Friday, Jan. 22, 1 p.m. Clubhouse 4 and via Livestream

To view the live GRF Board meeting: Go to www.lwsb.com and click on the "Live GRF Board" meeting tab. The livestreaming uses YouTube live and terminates at the close of the meeting.

- 1) Call to Order/Pledge of Allegiance
- 2) Roll Call
- 3) President's Comments
 - a) Announcements
- 4) Shareholder/Member Comments
 - a) Written, submitted prior to meeting
 - b) Verbal, via live streaming

Note: Foundation Shareholders/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits, per speaker, are limited to: four minutes when there are no more than 15 speakers; three minutes, 16-25 speakers; and two minutes, more than 26 speakers.

- 5) New Business
 - a) General
 - i) Reopening—Amphitheater (for religious purposes)
 - ii) Reopening—Bocce Ball Court
 - iii) Reopening—Golf Course
 - iv) Reopening—Multi-Use Court
 - v) Reopening—Veterans Plaza
- 6) Board Member Comments
- 7) Adjournment

The next regular GRF Board of Directors meeting is scheduled for Jan. 26 at 10 a.m. in Clubhouse 4.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.

Thurs., Jan. 14	Communications/IT Committee
	Clubhouse 4 1 p.m.
Fri., Jan. 15	Finance Committee
	Clubhouse 410 a.m.
Tues., Jan. 19	AB 3182 Ad Hoc Committee
	Clubhouse 410 a.m.
Tues., Jan. 19	Website Ad Hoc Committee
	Clubhouse 4 1 p.m.
Fri., Jan. 22	GRF Board Special Session
	Clubhouse 41 p.m.
Tues., Jan. 26	GRF Board Monthly Meeting
	Clubhouse 410 a.m.
Fri., Jan. 29	GRF Board Special Session
	Clubhouse 4 1 p.m.
Mon., Feb. 1	Recreation Committee
	Clubhouse 41 p.m.

Medicare Questions?

Have Answers About How to Change Plans or Enroll Now!"

Call for an Appointment or I Can Assist Remotely "I Make House Calls"

Speak Fluent Medicare



Joe Koteras (562) 547-2913

Email: jkoteras55@yahoo.com



COMMENTS/QUESTIONS FROM THE MEMBERSHIP Jan. 22 Special GRF Board of Directors Meeting

Submit your request to the GRF Board Office, P.O. Box 1 2069, Seal Beach, CA 90740, 1 Mrs. Deanna Bennett, Executive Coordinator, no later than 12 p.m. on Tuesday, Jan. 19. You may also drop off your question/ comment at the Stock Transfer Office, Attention Deanna Bennett or email your question/ comment to grfboardaction@ lwsb.com. Comments received after the deadline will not be read during the meeting.

Today's Date:	_ '
Your Name (please print):	
Mutual # Apt# My Subject is:	_
ſ	I
l	_

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address. the board. (Civ. Code §4925(b).) Time limits per speaker are limited to: four minutes for 15 or fewer speakers; three minutes for 16-25 speakers; and two minutes for more than 26 speakers.

Recap of the Presidents' Council, Jan. 7

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 9:011 a.m. by President Jackie Dunagan on Jan. 7 via video-telephone conference. The following is a recap of that meeting:

- The regular monthly Council meeting minutes of Nov. 5, 2020, were approved by general consent of the Council, as printed.
- Michael Perry and Jill Chavez with DLD Insurance presented their Leisure World of Seal Beach—Commercial Insurance Structure as of January 2021

graph. The insurance representatives discussed the coverages for the Golden Rain Foundation and Mutuals combined, solely the Mutuals, and solely the Golden Rain Foundation. They mentioned the policy had pandemic exclusions, i.e., formidable diseases. Congress right now is reviewing a pandemic risk type insurance for the near future. According to Perry, the cost is \$2.5 million combined for the year.

• Executive Director Randy Ankeny spoke briefly on behalf of Security Services Director Victor RECAP, page 6

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., Jan. 14	Mutual 12
Tues., Jan. 19	virtual9 a.m. Mutual 15
,,	virtual9 a.m.
Tues., Jan. 19	Mutual 14
Wed., Jan. 20	virtual 1 p.m. Mutual 5
Wed., Jan. 20	virtual9 a.m.
Wed., Jan. 20	Mutual 7
H	virtual
Thurs., Jan. 21	Mutual 2 virtual9 a.m.
Thurs., Jan. 21	Mutual 11
1114101, juii. 21	virtual1:30 p.m.
Fri., Jan. 22	Mutual 6
	virtual9:30 a.m.

Purchasing Department Price

PRICES ARE FOR MATERIALS ONLY! ALL TAXES AND PROCESSING FEES INCLUDED.

(LABOR \$45.00 PER HOUR / PER TECHNICIAN)

REVISED 01/04/2021

KITCHEN FAUCET- DELTA......\$96.22

KITCHEN FAUCET SPRAYER-DELTA \$104.62

BATHROOM WIDESPREAD FAUCET-

DELTA\$153.05

TOILET-STANDARD-BONE \$198.40

(TOILETS INCLUDE TANK, BOWL & TOILET SEAT)

ROUND TOILET SEAT: WHITE \$12.95

ROUND TOILET SEAT: BONE \$12.95

ELONGATED TOILET SEAT: WHITE \$15.78

ELONGATED TOILET SEAT: BONE \$15.78

PURCHASING DEPARTMENT

PHONE NO. 562-431-6586

ROSENDO-STORE KEEPER-EXT. 306

PURCHASING ASSISTANT-EXT 308

PURCHASING COORDINATOR EXT. 309

JULIE-PURCHASING MANAGER-EXT. 307

STORE HOURS MONDAY-FRIDAY 8:00 AM TO 4:30 PM

WHITE COOK TOP......\$388.23 KITCHEN SINK-WHITE\$363.85 BLACK COOK TOP.....\$348.90 KITCHEN SINK-ALMOND..... \$459.13 WHITE OVEN...... \$923.12 BLACK OVEN...... \$923.12 STAINLESS OVEN......\$1007.27 WHITE TOP FREEZER BATHROOM FAUCET-DELTA \$82.45 REFRIGERATOR...... \$638.31 BLACK TOP FREEZER REFRIGERATOR \$638.31 STAINLESS STEEL TOP FREEZER TOILET-STANDARD-WHITE\$175.52 REFRIGERATOR..... \$728.52 28 GALLON WATER HEATER 10YR. \$548.10 TOILET- HI BOY-WHITE...... \$208.23 38 GALLON WATER HEATER 10YR. \$569.80 TOILET-HI BOY-BONE........\$231.75 GARBAGE DISPOSAL.....\$168.27 BATHROOM FAN/HEATER....\$130.75

BATHROOM FAN-NO HEAT \$177.58

BATHROOM SINK WHITE-ROUND\$46.42 BATHROOM SINK-BONE-ROUND\$63.12

BATHROOM SINK-WHITE-OVAL MUT-15- GERBER.....\$32.67 BATHROOM SINK-ALMOND-OVAL MUT-15..... \$87.97

BATHROOM SINK -WHITE CHINA

The above pricing is subject to change without notice.

Please call Purchasing Department for current pricing. SERVICE MAINTENANCE CAN BE REACHED AT (562) 431-3548 DURING THE HOURS 8:00 AM TO 4:30 PM, Janurary 14, 2021 | www.lwsb.com

Health & Fitness



Eat well and save money

By CJ Blomquist *OptumCare*

It seems the healthier the food, the higher the cost. But that isn't the case. There are many ways

you can enjoy nutritious meals

without breaking the bank. A savvy shopper can get plenty of affordable foods. One of the main areas to focus is on fruits and vegetables. As you gear up for a new year, consider making some of these healthy and inexpensive options part of your new you.

Avoid pre-prepared foods. Pre-sliced fruits and vegetables can be far more expensive. For example, a recent trip to the grocery store showed a bag of pre-sliced apples for \$4.29, while a bag of uncut apples was just \$1.69. That's almost a third the price!

Look for cheaper alternatives. Though some farmers markets may not be running now, they often offer lower costs and

Facilities Director Mark

Weaver provided an update for the

Fire Safety and Health Sanitation

inspections. It is currently at a halt

and will resume when able. Per

Weaver, if any president would like

to move forward with a Fire Safety

& Health Sanitation inspection,

Jodi Hopkins provided an update

for Mutual Administration with

Mutual Admin Director

they will accommodate.

monthly reports.

RECAP

from page 5

Rocha's access system.

more seasonal options. If you do visit a farmers market—such as the Seal Beach Farmers Market and the nearby Long Beach Southeast Farmers Market—be sure to wear a face mask, maintain at least 6 feet of distance from your fellow shoppers and bring hand sanitizer.

So why the push on eating well? Your body is what you put into it: If you eat well and get exercise, you're keeping all your organs as healthy as possible. If you eat a lot of highly processed foods, you are depriving your organs of the nutrients they need. In the long run, that can cause significant health issues.

This is especially true if you have a chronic condition. A balanced diet can help you manage your health. If you have a chronic condition, like diabetes or heart disease, your diet makes a big difference in how well you control them.

 Terri Johnson with Stock Transfer presented a schedule for GRF and Mutual Elections.

 Ankeny briefly spoke on LW's state Assembly representatives.

 Ankeny provided an update on getting COVID testing and vaccinations in the community. He has been working with the county since October 2020 to prove to them we have the facility and space to have these services inside the community. We are working our way up the tier system. The timeline that the county has set for the release of the vaccine is between February and March. This is a logistical issue,

Online Cooking Classes

SUR LA TABLE

Take your healthy-eating resolutions to the next level by learning to make gourmet-quality, good-for-you meals. Cookware purveyor Sur la Table offers a number of online cooking classes, with some tailored to more mindful eating habits.

Each class lasts 1.5-2 hours and is conducted live via Zoom, with an expert chef leading you through recipes. You can download the prep packet, which includes a list of ingredients and the tools needed, beforehand, so you're ready to cook along—and you can ask questions and get feedback in real time. The classes are geared toward beginners, but experienced home chefs can expect to learn something, too.

Among this month's seasonal options are: "Winter Vegetarian Favorites," which features stuffed acorn squash and shaved Brussels sprouts with pecans and cheese; "Greek Night," with a menu of lemon chicken souvlaki, tzatziki sauce and Greek village salad; and "Roast Chicken Dinner," for which you'll make a classic herb-roasted chicken, sautéed Brussels sprouts and roasted fingerling potatoes.

Most courses cost \$29 per household. For more information and to register, go to https://www. surlatable.com/cooking-classes-1/.

and we will do anything possible to get this to happen. When it does, the health care center will be involved. GRF will formulate a survey that states how many people want to be vaccinated for a better understanding of the amount of people they need to service.

- Ankeny provided an update on COVID-19 cases inside the
- Ankeny provided an update on the report from the Ad Hoc Cable Committee.
- Ankeny provided some insight on the incident that occurred inside the community with a shareholder and an employee/personnel.

The next Presidents' Council meeting is scheduled for Feb. 4 at 9 a.m. via Zoom video-telephone conference.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Jan. 14: Beef Stroganoff, seasoned egg noodles, zucchini medley and seasoned carrots; Mandarin oranges; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus cucumber, red onion and dill salad.

Friday, Jan. 15: Oven-baked breaded fish with tarter sauce, barley pilaf and mixed vegetables; cantaloupe; chicken Caesar salad, with lettuce, cheese, croutons and Caesar dressing, plus crackers.

Monday, Jan. 18: Closed for Martin Luther King Jr. Day.

Tuesday, Jan. 19: Spaghetti and meatballs with marinara sauce, whole-grain roll and seasoned broccoli; cheesecake; egg salad sandwich, with spinach and tomato, plus marinated beetand-onion salad.

Wednesday, Jan. 20: Beef picado, Spanish rice and black beans; chef's special cake; ham-and-cheese sandwich, with lettuce, tomato and pickle, plus carrot-and-raisin salad.



Upcoming events at the HCC

By CJ Blomquist

OptumCare

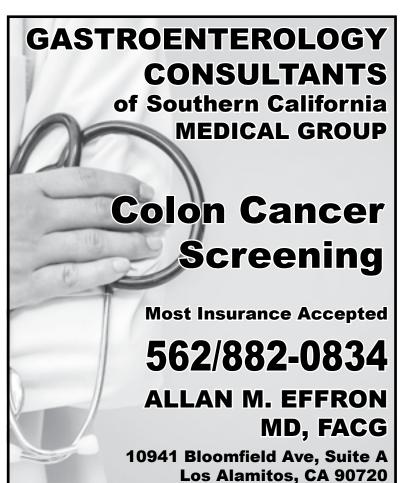
Here are some ways to get your year off to a fun start:

Laughter yoga. We could all use a good laugh these days. Why not turn that laughter into some exercise? By combining laughter and yoga breathing, you can get more oxygen in your body, giving you more energy. All you need is a chair—no yoga mat required. One participant will get a raffle prize. This free Zoom class on Jan. 26 at 2 p.m. is sponsored by Monarch and SCAN's Independence at Home. No RSVP required. The Zoom meeting ID is 993 4902 4692, and the passcode is Monarch.

COVID safety kit. The pandemic isn't going away any time soon, so take some extra precau-

Aetna. The Health Care Center will be handing out free COVID safety kits to all residents outside Conference Room 1 on Jan. 18 from 9a.m.-11a.m. And to sweeten the deal, they're also including a dessert with each kit. To RSVP, email Grecia at gnunez@mhealth. com or call (949) 923-3334. Leave your name, phone number and the event name: "COVID safety kit." RSVP no later than Jan. 15. Masks are required at pickup.

HCC tours. Get a look at the new HCC. Open to all residents, each tour has limited spots available. They will begin outside the front entrance of the HCC at 1 and 3 p.m. on Jan. 20, Feb. 3 and Feb. 17. RSVP by calling Grecia at the number above and leaving your name, phone number, desired time slot and the event name ("HCC tions with the help of Monarch and tour"). Masks are required.





Puzzles & Comics

Answers on page 10



Broom-Hilda YOUR 16" HUBBY WAS ATTILA THE HUN, RIGHT! WHEN YOU SPLIT UP, HOW DID YOU YUP.

By Russell Myers HE GOT ASIA, I GOT EUROPE! EVENLY. DIVIDE THE FURLL ASSETS ?

Middletons

By Raph Dunagin & Dana Summers

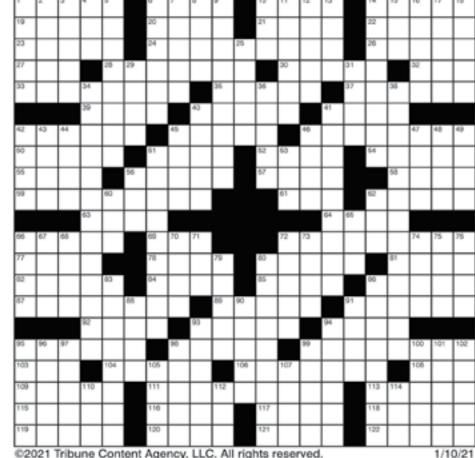


ACROSS

- 1 Watchband 6 Drum tattoo
- 10 Ten
- 14 Realtors' maps
- 19 Translucent linen 20 Bacchanalian cry
- Baking unit 21 22 Fiber used in textiles
- 23 Metal worker's tool 24 Audio fans
- Make an effort
- 27 Narrow inlet 28 Birds of the kite family
- 30 Approaches
- 32 Tennis court item 33 Put up with
- 35 Les. _ Unis
- 37 Parts of an actor's script
- 39 Prefer 40 Goads
- 41 Solar disk
- 42 Becky Sharp's lordly
- friend 45 Rate of speed
- 46 Most grim
- 50 Succinct
- 51 Ill-humor
- 52 In the same
- 54 Near East inn
- 55 Et ____; and others, L. 56 Act like a peacock
- 57 That girl: Fr.
- 58 Nothing: Fr. 59 Nab again
- 62 "From the Terrace" author
- 63 Inverness loch
- 64 Biblical weed
- 66 To the rear: naut. 69 Edge of a garment
- 72 my bonny to me"
- 77 Wool
- 78 German housewife 80 Equatorial constellation
- 81 Rouse to anger 82 Mountain home of the Incas
- 84 Product of Menominee
- range 85 Play based on Maugham
- story 86 Home of La Scala
- Ticket profiteers 89 Walks through water
- 91 Having rhythm
- 92 Welfare allotment 93 Genus of cats
- 94 Metatarsal, for one
- 95 Ibsen play 98 Sculptor of "Le Penseur" 99 VA battle site
- 103 A sales wkr.
- 104 Prank 106 Broadway musical
- 108 George's brother
- 109 City in Brazil
- 111 Chimney corner
- 113 Devoured 115 Actress Bette

Far-off Places

Edited by Linda and Charles Preston



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- 116 Summers: Fr. 117 Central part
- 118 Oxlike antelope 119 Put in a secret place
- 120 Sent back: abbr.
- 121 Oklahoma city
- 122 Cloth for suits

DOWN

- 1 Begin
- 2 Baritone role in "I Pagliacci"
- 3 Competitor
- 4 Husband of Fatima 5 Woman's cape
- 6 Give an account of
- Sheeplike
- 8 "Who never wins can
- rarely. 9 Outstanding athletes 10 Comedian Knotts
- 11 Happenings
- 12 Roman goddess of agriculture
- 13 Handle of a Roman vase
- 14 Certain laundry workers
- 15 Slack 16 Revise
- 17 One of 38 Down 18 Paving stones: var.

- 25 Prevent, bar
- __ Placid
- 31 Have status 34 Home of the blessed: myth.
- Sun-dried brick
- 38 Islands off Scotland
- 40 Lake Erie island
- 41 Army command 42 Asterisk
- 43 Comb. form in
- communications 44 Greenland settler
- 45 Row of seats
- 46 Merchandising event
- 47 Assam silkworm 48 Argentine novelist Juan Jose
- 49 A Turner of song
- 51 Scrubland hazard
- _ Faithful, Yellowstone geyser 56 Liquid measures: abbr.
- 60 Fondle
- 62 Computer domain, abbr. 65 ___ Arbor, MI
- 66 Alackaday!
- 67 Judges' bench "He was a good man, ____
- just": Luke 23:50 Transgress
- Tse-tung 72 Scottish hillsides

- 73 New York reformer, 1849— 1914
- 74 Wing: Fr.
- 75 Family group
- 76 Ohio college town
- 79 Not married 80 Law
- 83 Payment on delivery
- 86 Sea cows 88 Lohengrin's bride 90 She followed the white
- rabbit
- 91 Fruit of the evergreen "Lest we ___!": Kipling
- 94 Yelped 95 They return for
- commencement 96 Historic city of
- Afghanistan 97 City of Czech Silesia
- 98 Interest on a French bond 99 New Zealand native
- 100 Hindu guitar
- 101 Malayan palm 102 Three-time Kentucky
- Derby winner 105 Boat landing
- 107 ___ companion 110 Greek letters
- 112 Hallucinative drug
- 114 Pub drink

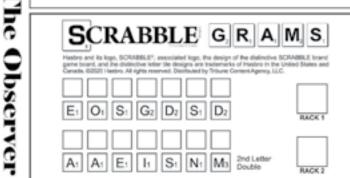
Sudoku 1

	2	7		5				
5								6
	9		1				5	
	4	9		8		6		5
			2		1			
8		1		4		2	3	
	3				5		4	
9								1
				2		3	9	

9 To 5 By Harley Schwadron



"Remember, the self-driving feature automatically steers you to the bank when your payment is due."



A1 | E1 | O1 | L1 | G2 | W4

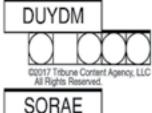
A₁ A₁ D₂ K₅ R₁ W₄ W₄ Double Word Score

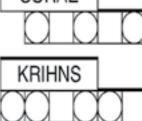
PAR SCORE 260-270 FIVE RACK TOTAL BEST SCORE 291 TIME LIMIT: 25 MIN DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus, "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE! Players Dictionary, 5th Edition.

IUMBI

Crossword

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.





PRUBAL

You're right! You'll be making a pretty penny. 9 MALE MODELS WITH UCCESSFUL CAREERS ARE Now arrange the circled letters

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek

My 2.5 million Photogram followers must think

I need more money.

BACK 3

RACK 4

to form the surprise answer, as suggested by the above cartoon.



Janurary 14, 2021 | www.lwsb.com

Guess Who?

I am an actor born in California on March 7, 1956. I began to dabble in acting at a young age in local theater productions. I appeared on "Seinfeld" and "King of Queens" before I rose to fame as the dad on "Malcolm in the Middle."

Sudoku #2

7				5			
					1	5	2
9							
		8	6			9	4
		2					6
	9	5			8		
	4		7			6	
	8		4	2			
				8	2		

Level: Advanced

Puzzles & Comics Answers on page 10

A B C D E F G H İ J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to libraries. Each number corresponds to a letter. (Hint: 22 = E)

23 20

Clue: Complete list of items

18

Clue: Make orderly

24 22 23

Clue: Wall storage units

13 22 D.

Clue: Not loud



By David L. Hoyt and Jeff Knurek



6 letters = 4 points 7 letters = 6 points 8 letters = 10 points 9+ letters = 15 points

4 letters = 2 points 5 letters = 3 points

grid of letters.

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper, You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

YOUR BOGGLE

151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0-10 = Try again

LW Weekly

Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them? Find AT LEAST SIX COLORS ENDING WITH A VOWEL in the

BOGGLE is a trademark of Hastiro, Inc. © 2020 Hastiro, Inc. Distributed by Tribune Content Agency, LLC. All Rights Reserved.

С 0 K Ε S S K 0 R X 0 Н G Н т R Ρ Н Υ Н S 0 Т Т J W Ι Υ Х S Υ R Ι C Н 0 R Н Α Ε 0 т Ι C Υ Ρ Ε F Ρ Υ Ρ W Α Α N R S G Ε Ρ C Т Т F т L U N Α Н 0 ۷ χ Н Ε т Ι т J С S С т K Ε U G R W R χ U D F C Ε K S 0 c J D Ι N Н D L 0 М R N Ι Α Ε S S R J Н 0 L D Α 0 ۷ Α В N A N L Α Ι G т F Н Ι S N Т Ε 0 С ۷ L L Υ A L F C R G С R 0 М L N Α Ι Α Ρ Т 0 W A L Ρ М Ε G Т G C J Ε В R χ R Ι c D A D Α Ι В N Ρ K Υ Ι Ε U L Α N W 0 W 0 Υ C С S G ۷ Α U М В Ε R т W Ρ т Н Н N т U Н K U D Ι Т G N P S C U ٧ 0 U М C D 0

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ANNOTATION ANTHOLOGY APPENDIX ATLAS BARCODE BIBLIOGRAPHY BIOGRAPHY BROWSE CALL NUMBER CARREL CHECKOUT CIRCULATE CITATION COPYRIGHT DATABASE DOWNLOAD F0LI0 HOLDINGS INDEX JOURNAL L0AN PERIODICALS RETURN VOLUME

Www.lwsb.com | January 14, 2021

Long Beach Medical Center's Shuttle is Here

Exclusively for Leisure World Residents



Your Safety is Our Priority

- Shuttle cleaned throughout the day.
- Masks are required.
- Socially distanced seating enforced.
- If you are feeling sick, please stay home and reschedule your appointment.



Stops & Services

- Leisure World Amphitheater Bus Corral
- MemorialCare Breast Center in Los Alamitos
 - Offers mammography, breast ultrasound and bone density testing
- **Douglas Park Medical Offices** (Near the Long Beach Airport)
 - Over 15 specialties including imaging and ambulatory surgery services
- Long Beach Medical Center and Surrounding Medical Offices
 - Comprehensive inpatient and outpatient hospital services including imaging, rehabilitation, surgery and emergency care
 - Outpatient clinics and medical offices representing most medical and surgical specialties

Shuttle Hours: Monday - Friday | 8 a.m. - 5 p.m.

Pick Up Times (Times are estimated and subject to change)

Leisure World Amphitheater Bus Corral

13533 Seal Beach Blvd., Seal Beach, CA 90740 8 a.m. | 10 a.m. | 1 p.m. | 3 p.m.

MemorialCare Breast Center in Los Alamitos

11121 Los Alamitos Blvd., Los Alamitos, CA 90720 8:15 a.m. | 10:15 a.m. | 1:15 p.m. | 3:15 p.m.

Douglas Park Medical Offices

3833 Worsham Ave., Long Beach, CA 90808 8:45 a.m. | 10:45 a.m. | 1:45 p.m. | 3:45 p.m.

Long Beach Medical Center

2801 Atlantic Ave., Long Beach, CA 90806 9:15 a.m. | 11:15 a.m. | 2:15 p.m. | 4:15 p.m.



(562) 933-1233 memorialcare.org/LBShuttle

Religion

Congregation Sholom

Rabbi Karen Isenberg will stream services on Friday, Jan. 15, at 6:30 p.m via Zoom and Saturday on Jan. 16, at at 9:30 a.m.

New Congregation Sholom members who want to watch the livestream should contact Jeff Sacks to receive the Zoom invitation. Text Jeff at (714) 642-0122, or email him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice beforehand can call Jeff ahead

To join the Zoom meeting, go to https://us02web.zoom.us/j/375 2519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09. The meeting ID is 375 251 9429, and the passcode is 8ZYy69. For audio only, call 1-669-900-9128; the meeting ID is 375 251 9429.

Congregation Sholom will have a Bingo night hosted by Susan Michlin on Saturday, Jan. 17, at 4 p.m.

Tu Bishvat, the New Year for Trees, is Jan. 28. It is tradition to plant a tree on this holiday and eat fruit such as dates, grapes and figs. If you want to plant a tree in Israel, contact Michele Vallens.

Those who want to participate in the livestreamed services on Zoom should call Ron Yaffee at (562) 430-7040.

Faith Christian Assembly

Faith Christian Assembly believes it is important for men and women to have ministries devoted to them.

The women's ministry, Touch of Love, will meet under the direction of Linda Hernandez on Thursday, Jan. 21, at 1 p.m. in the Garden Room. The men's ministry will meet under the direction of Gary

FCA, page 16

LW Baptist

By Rolland Coburn

Luke's Gospel begins with the births and upbringings of John the Baptizer and Jesus. John announced Jesus as Israel's rescuer, the Messiah. Luke places John's proclaimation in first century Israel around 26 A.D. He names well-known political leaders like Caesar, Pilate, Herod, and the Jewish high priests Annas and Caiaphas, along with six population centers such as the Jordan River valley (3:1-2).

Luke cites Old Testament prophecy foretelling the Messiah's coming, transforming Israel's land and people's hearts. When God's word came upon him, John went preaching in the river country. Isaiah the prophet wrote that there would be a voice (John's) that will call out in the wilderness. It calls people to prepare their hearts for the Lord's coming and be ready to see and receive God's salvation; otherwise their hearts would reject and miss this great salvation (Luke 3:3-6).

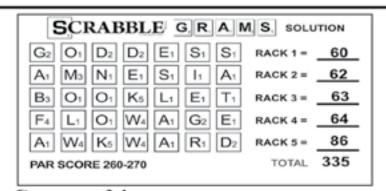
John called sinners to repent for sinning against God. Repentant hearts move us to help those in need, be honest in business, take advantage of no one, and be content with what we have. This is the good fruit of having a new heart (7-14).

John focused on the coming savior, and saw himself in need of the Messiah's work. John made no claim of exemption due to his priestly descent, his call as God's prophet, nor his exemplary life. These qualities have no ability to attain salvation. Our strength, John says, is in Christ alone, the mighty one, whose sandal strap John says he is unworthy to even to touch.

The Messiah, who takes away the sin of the world (John 3:29), would save sinners by the Holy Spirit's inward work and would judge his people. The harvest is the Messiah's, the final judge, to gather the wheat into his barn and to burn the chaff with fire unquenchable (Luke 3:15-17).

As John's words spread, not everyone accepted the message (18-20). His enemies tried to eliminate his influence. However his gospel was not silenced. Herod the ruler, convicted by John for taking his own brother's wife Herodias, and for all the evil things Herod had done, added this to them all: he imprisioned John. Yet 25 years later, John's followers in far-away Ephesus learn of John's witness to Jesus the Messiah and become followers of themselves.

A hymn summarizes John's mission and ours in a few lines: "Tell them of Jesus the Mighty to save/Though they are slighting Him, still He is waiting/waiting the penitent child to receive/ Speak to them earnestly, speak to them gently/He will forgive if they only believe."



Crossword Answers LIKE PRODS ATEN STEYNE TEMPO STERNES O R I O N R A I N S W A D E S C A D E N T

INGLENOOK

Sudoku I Answers

З 1 7 5 9 8 4 6 3 6 7 4 2 1 8 9 5 з 4 9 8 1 6 2 9 з 5 З 5 1 8 2 9 4 6 1 6 9 8 5 4 2 7 3 6 5 9 1 8 4 9 8 2 4 З 5 1 6 6

There is only one valid solution to each Sudotar puzze. The is only one valid solution to each Sudotar puzze. There is only one valid solution to each Sudotar puzze.

When you start a game of Sudotar, some blocks will be pre-dilled for you. You cannot change these numbers you want a game of Sudotar, some blocks will be pre-dilled for you. You cannot change these numbers in the same column of a valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved II S1 boxes contain numbers and the other Sudoku rules have been followed.

recent is the start a game of Sudoku, some blocks win se pro-then you start a game of Sudoku, some blocks win se pro-ried the course of the game.

Such column must contain all of the numbers I through 9 and no two numbers in the same column of a Sudoku column must contain all of the numbers I through 9 and no two numbers in the same column of a Sudoku column.

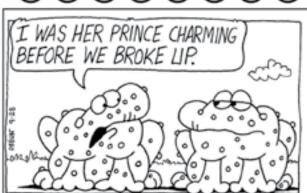
y must contain all of the numbers I through 9 and no two numbers in the same row of a Sudoku prizzie can toe the same. • Each block must contain all of the numbers I through 9 and no two numbers in the same block of a

Jumble Answers

MUDDY AROSE SHRINK BURLAP Male models with successful careers are -PAID HANDSOMELY

Puzzle Answers

Puzzle page 6-7





7	2				5		3	9
8	6	4	9	3	7	1	5	2
9	5	3	1	2	6	4	8	7
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6	9	5	7	1	4	8	2	3
2	4	9	5	7	1	3	6	8
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Guess Who? Bryan Cranston

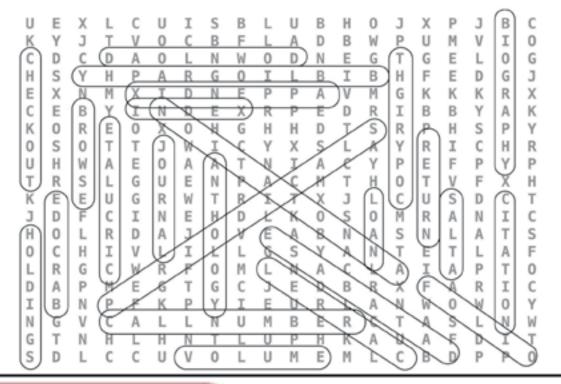
Crypto Fun Answers

A. catalog B. organize C. shelves D. quiet

Boggle BrainBusters Answers

BLUE BEIGE WHITE MAUVE INDIGO ORANGE

Word-Find Answers



Redeemer Lutheran & St. Theodore's

By Lisa Rotchford

Reverend

As children, we might have been encouraged to memorize and recite Bible verses. As adults (but still children of God), we may or may not remember them, but it's never too late to hang on to the word of God. As we get older, the deeper meanings of Bible verses take hold in our lives.

In honor of the new year, try to memorize Scripture each week. At the end of 2021, we will see how our faith is aided by simple, yet powerful sayings that will see us through anything.

I recommend memorizing Lamentations 3:22-23 for the first two weeks of 2021:

"The steadfast love of the Lord never ceases; the Lord's mercies never come to an end;

they are new every morning; great is your faithfulness."

These verses remind us we are loved by God every day, his mercies and compassion never cease, and as each day awakens anew, God's faith in us is sure. May our faith in God be seen by the love we share with one another, the mercy and compassion we exhibit to one another, and the knowledge that we are faithfully loved by the

Though our congregations are unable to hold services (inside or outside) at this time, know you are never alone. Don't hesitate to call the church if you need someone to talk to or pray with. Call (562) 598-8697 and or visit www.redeemerlutheransealbeach.com.

one who created, holds and strengthens us for each day.

Assembly of God

By Sheryl Franco

Co-pastor

Nothing about New Year's Eve or New Year's Day was "normal." But we had become familiar with the "abnormal" in 2020, so we just rolled with it.

We awoke on Jan. 1, with optimistic expectation that this year would be better than the last. There is somehow an implied promise of better things ahead when we have just come through an especially difficult season, and the year in front of us seems full of hope and possibility. And then we wake up day after day, and the confidence in future good things begins to dim as we continue to deal with the struggles from last year.

God's promises are more than implied. His promises and intentions don't appear on an inspirational Facebook post or temporary billboard. His promises are true, steadfast, reliable, and personal. They are contained in his word, the Bible, for us to discover and apply daily

What promise do you need to hear from God today? Do you need peace? Isaiah 32:17 says, "And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever." Do you need rest? Look at Psalm 4:8: "In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety." Do you need peace that the world around you can't supply? See John 14:27: "Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid." If what is written here doesn't speak to you, a quick Google search can reveal lists of encouraging Scriptures to bring peace to your mind and soul. Search "The promises of God in Scripture" or "Scriptures on peace."

Keep relying on his promises and quote them to yourself. When you pray, remind him of his promises. Build that faith muscle by

ASSEMBLY OF GOD, page 16

Beit HaLev

Beit HaLev's Coffee Chavurah on Zoom will celebrate the Sabbath evening on Friday, Jan. 8, at 5:30, followed by the evening service at 6. The morning service on Saturday, Jan. 9, begins at 10:30, followed by the Coffee Chavurah.

To join on Zoom, go to https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09. The meeting ID is 915 243 4704, and the passcode is RavGalit.

Beit HaLev continues to livestream on Facebook as well. To attend, go to Rabbi Galit Shirah's website at *Facebook.com/galityomtov*.

Beit HaLev's prayerbooks, "Lev L'Lev," are shared onscreen on both Zoom and Facebook.

"Vaera" (I [HaShem] appeared) begins with God explaining that the patriarchs, Abraham, Isaac and Jacob, knew HaShem as "El Shaddai." According to "The Torah: A Woman's Commentary," El Shaddai is a complex title loosely meaning "God of the Mountain." The root of the word also is shared by the root of the word for "breast," expressing a more nurturing aspect of the Omnipotent. In this week's Torah reading, Moses and Aaron begin their plea for Pharaoh to allow the Israelite slaves to go free, and each time Pharaoh rejects them, and a series of plagues befall Egypt, each one more devastating than the next.

Rabbi Galit Shirah conducts a Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and to hear a spiritual message, go to SimShalom.com.

Zoom classes for Beginning Hebrew and Pirke Avot will begin soon. For information, contact the Rabbi at (562) 715-0888 or *duets@icloud.com*.

First Christian Church

By Bruce Humes *Pastor*

The apostle Paul in his second epistle to Timothy wrote in chapter 4, verses 17-18: "But the Lord stood with me and strengthened me, so that the message might be preached fully through me, and that the Gentiles might hear. Also, I was delivered out of the mouth of the lion. And the Lord will deliver me from every evil work and preserve me for his heavenly kingdom. To him be glory forever and ever."

This epistle was written in Rome, where the apostle Paul was imprisoned for preaching the Gospel. He was fully aware that his execution could come at any time. The word "strengthened" used in the Scripture means "empowered," so even while awaiting his execution, Paul was empowered to preach the message of good news to the Gentiles. This is what God called Paul to do: "But the Lord said to him,

(Ananias) Go, for he (Paul) is a chosen vessel of mine to bear my name before the Gentiles, kings, and the children of Israel. For I will show him how many things he must suffer for my name's sake" (Acts 9:15-16).

Paul was a new creation in Christ after his conversion, and he suffered much throughout his ministry for the cause. He was eventually martyred for his ministry.

The same strength that empowered Paul through all his suffering and delivered him from the mouth of the lion (meaning mortal dangers) and all other evil works is the same strength that believers have today. In Philippians 4:13, the apostle Paul wrote, "I can do all things through Christ who strengthens me."

The Greek "through" behind the statement "I can do all things" is "to have strength" in all that the Lord wills me to do. And it is Christ who gives strength to do those things. Christ is the one who will strengthen believers today through suffering, testing and the mouth of the lion, just as he did with Paul while he sat in that Roman prison awaiting execution.

11

The apostle Peter writing to believers of the dispersion in Pontus, Galatia, Cappadocia, Asia and Bithynia, wrote in 1 Peter 5:10, "But may the God of all grace, who called us to his eternal glory by Christ Jesus, after you suffered a while, perfect, establish, strengthen, and settle you."

We can read this as if he were talking to us today, trusting that after we suffer for a while, we will be perfected, established in our faith and strengthened to the point we are capable of doing all that Christ wills us to do for him. We can say what both Paul and Peter said: "To him be the glory and dominion forever and ever."

If you want to speak to someone at the church or if you have a need, call the church office at (562) 431-8810.

Church of Jesus Christ of Latter-day Saints

By Jim Greer

LW contributor

"For I was in prison, and ye came unto me. Verily I say unto you, inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me" (Matthew 25).

Victor Robinson was 13 years old when he was remanded to a juvenile detention center. Victor felt responsible for providing for his brothers and sisters any way he could. "We didn't have food," Victor said. "My older brother and I would go steal at a grocery store, and we would get caught."

At 18, he entered an adult prison, where his negativity only increased. After learning of his older brother's murder, Victor was driven to more violence, further lowering his self-worth. Speaking of himself, he admitted, "There was nothing there—just an empty vessel full of hate."

Finding the good still inside him, Victor assisted a collapsing female officer patrolling the prison. By doing so, fellow gang members ostracized him for breaking their code. But Victor was determined to turn his life

Victor was contacted by Ashley Park, a local Latter-day Saint who knew Danilo Caraan; Victor's murdered older brother. Ashley's letter was the first communication received since being incarcerated as a teen. "I couldn't believe there was somebody who actually cared enough about me to see how I was doing," Victor said.

Knowing the gospel would bless Victor, Ashley encouraged him to attend Sunday meetings at the prison's LDS branch. "Once I had this enlightenment from the Lord, I began to see everything differently," recalled Victor, "It's changed me in a way that I could never go back to the person that I was"

Victor absorbed the teachings, feeling a spiritual change while reading the Book of Mormon and teaching Sunday school lessons.

With a testimony of the Gospel's truthfulness, he witnessed changes in himself that allowed

him to imagine a better future. Those changes helped shorten his incarceration and led to his marriage to Ashley.

Victor will be baptized once parole expires. He's anxious to make covenants with the Lord, then be baptized in the temple on behalf of his brother. "I continue to thank God for the second chance that I was given and for Ashley's example to me," Victor said.

Doug Humble, former president of the Soledad, California, Correctional Branch, has "witnessed mighty changes of heart as they start to understand that Godloves them." In branch meetings, "every single testimony is about the Atonement and Jesus Christ," Humble said. The Savior and the Church's connection gives greater light, life and hope for their future.

The Atonement applies to everyone, even adults in custody. When members like Ashley reach out and understand the worth of souls, it's incredible to see them find hope, faith and repentance.

Community Church

By Johan Dodge

Reverend

Palm Sunday this year will be on March 28. It is when we will celebrate Jesus' entry into Jerusalem not in a chariot pulled by war horses with a legion of soldiers at his side, but rather on a donkey, the prophetic sign that God was and is doing something new. In many ways, we are still in the Epiphany, which was on Jan. 6 this year. We are still learning what it means to live by God's way instead of our own way.

This week, we are given an example of how different God's way is from ours as Jesus choses his first disciples—not from the graduates of the rabbinical school, but rather from the rabbinical school dropouts who have already gone back to work with their fathers. Jesus calls these fishermen with the simple words "Come and see."

to share. Come and see what God is doing in our midst. But for now, the invitation to come and see is still virtual in Leisure World as Community Church and the rest of the communityl, is doing its best to not contribute to the spread of the virus.

Join Community Church on Sundays for worship at 9:50 a.m. by tuning in to the Facebook live service @communitychurchleisureworld.

Those who want to join the virtual fellowship need to call the church office or email leisurewcc-sue@yahoo.com.

Those who don't have a computer or Facebook can call (562) 431-2503 and listen to the weekly message beginning Sunday evening.

As always, if you are in need without another way to address it, call the church office to leave a direct message at (562) 431-2503.

Holy Family

Holy Family Catholic Church, 13900 Church Place next to the St. Andrews Gate, will observe the Second Sunday of Ordinary Time on Sunday, Jan. 17.

The First Reading is from 1 Samuel 3:3b-10, 19 and the Second Reading is 1 Corinthians 6:13c-15a, 17-20. The Gospel reading will be from John 1:35-42.

Masses

To receive a copy of the weekly parish bulletin, sign up at https://ebulletin.jspaluch.com or https://www.jspaluch.com/Subscribe.

The church is now open to public entry and can return to its regular Mass schedule. Saturday (Vigil Mass) is at 4 p.m. and Sunday Masses are at 8 a.m., 10 a.m. and noon.

Those who attend must a wear a mask or face shield and sit socially distanced, and use hand sanitizer upon entry into building.

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Arts & Leisure



Check out ebooks at OC Public Libraries

By Patty Marsters pattym@lwsb.com

The Orange County Public Libraries has an extensive catalog of ebooks available for readers with smartphones and tablets.

Anyone with an OC Public Libraries card can check out audio and ebooks through the online app Libby by OverDrive. (To get a card, go to https://catalog. ocpl.org/client/en_US/default/ search/registration/\$N/TEST/ true.) Through this app on your cellphone or tablet, you can find audiobooks and ebooks, check them out, download them, and access them. You can keep track of your reading history, and all your loans and holds are consolidated in a single place, with positions and notes synced across all your devices. Libby can also send books to Kindle for people who like to read on that device. (Older devices that are not compatible with Libby should be able to run the OverDrive app.)

Libby is available for download from either the Apple App Store for iPhones or Google Play for androids; for laptops, go to *libbyapp.com*. Any title on a reader's virtual bookshelf is available at any time, even when the device is not connected to Wi-Fi.

Books are automatically returned to the library unless an additional hold is requested or the reader finishes early and submits a return

If you need help getting set up, there are a number of help-ful videos posted at https://ocpl. org/elibrary/virtual-programs/how-videos.

Virtual Book Groups

The Seal Beach Library's Thursday Adult Book Club meets the fourth Thursday of every month at 10 a.m. Contact Amy Johnson at *amy.johnson@occr.ocgov.com* for more information and the link to access online meetings.

LW Library Curbside Pick-up

Though the building is closed to residents because of COVID-19 precautions, LW Library staff continues its curbside pick-up program.

You may request materials from the library collection via email at *LWLibrary@lwsb.com* or by calling (562) 598-2431, Tuesday-Friday, 10 a.m.-2 p.m. Emails

should include your name, library card number, phone number, and what kinds of materials you like to read and/or watch.

You will receive a call when your material is ready for curbside pick-up. Upon notification, you can come to the library from 10 a.m.-3 p.m., Monday-Friday, and retrieve the materials either by coming to the main entrance door or by parking in a curbside spot and calling the library to let staff know you have arrived. Remain in your vehicle, and a staff member will place a paper bag filled with your items in your trunk for you.

Patrons can return materials to the library book drop at any time. If you need a LW library card, you can call the library for help.

Bag of Books Program

The Friends of the Library offers a Bag of Books Program. Call (714) 350-7682 and request a specific genre or author, and volunteers will do their best to fill a bag, for which you pay just \$5.

The bookstore itself remains closed until further notice. Donations are not currently being accepted, so residents are asked to hold onto them until it is safe to reopen.

Book Reviews

LW residents are invited to submit reviews of their favorite books for publication in the LW Weekly. Include your name and mutual and telephone numbers. The reviews are subject to editing and will run as space allows. Email submissions to pattym@lwsb.com.

Where-We-Live Club

Learn about the concept of feng shui! "Let's Put Our Affairs in Order and Organize!" will concentrate on the art of placement and how it may change lives. New and previous members, as well as all curious shareholders, are welcome to join. Email wherewelive@yahoo.com to be placed on a mailing list for future workshops, as well as updates to the club's calendar of activities, Zoom meetings and HomeWorks.

Grab 'n' Go Meals

Jan. 14-20 Clubhouse 6 Parking Lot

- Thursday: Domino's Pizza—call ahead for special orders, wings and salads offered, 3:30-7 p.m., cash/cards, (562) 493-2212.
- **Friday:** Katella Deli—deli favorites, appetizers, salads, hot entrées; specials of the day available onsite, 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at *www. katellabakery.com*.
- **Saturday:** Naples Rib Co.—barbecue, salads, sandwiches; 2-4 p.m., cash/cards, (562) 439-RIBS. Order ahead at *www. ribcompany.com/LW* for faster service.
- **Sunday:** The Skewer—Middle Eastern and Mediterranean fare, shawarma, falafel, fries, hummus, and salads, 2-4 p.m. View all options at *https://skewerstruck.com/menu*.
- **Monday:** Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 4-6 p.m., cash/cards. To preorder, go to *www.kabobaholicft.com* or text (949) 400-4696; mention LWSB when ordering.
- Tuesday: Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.
- **Wednesday:** Gourmet Renee—American cuisine, homemade soups and desserts, 2:30-4:30 p.m., cash/cards. Preorder by calling (323) 833-1213.

All Grab 'n' Go events take place rain or shine. **Masks and 6-foot social distancing required and strictly enforced.** For more information or to offer feedback, call (562) 431-6586, ext. 398.

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379.

Watch for LW Live! alerts for daily menus. Vendors are subject to change. Sign up for LW Live at http://www.lwsb.com/lw-live-sign-up/.

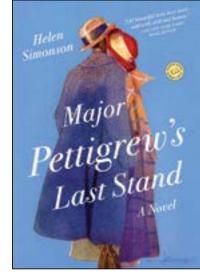
Escape with these characters

Looking for an escape? Open one of these tomes, all of which are available as ebooks, and lose yourself in their worlds.

"The Hundred-Year-Old Man Who Climbed Out of the Window and Disappeared." Jonas Jonasson's two-book series starts on the 100th birthday of Allan Karlsson. Instead of going to the party he didn't want, Allan climbs out the window of his bedroom in a nursing home and begins a strange journey involving a stolen identity, a large amount of cash, unsavory criminals and an elephant named Sonya—as well as his own amazinghistory. The Sunday Times described it as "a mordantly funny and loopily freewheeling debut novel about aging disgracefully."

"The Unlikely Pilgrimage of **Harold Fry.**" After getting a letter in the mail from a woman he hadn't heard from in two decades, recently retired Harold Fry decides to travel 600 miles to deliver his reply in person. Along the way, he experiences profound insight into the thoughts and feelings buried deep within his heart. In her review for The New York Times, Janet Maslin writes, "It is [a book] about all the wonderful everyday things Harold discovers through the mere process of putting one foot in front of the other." Rachel Joyce continues the story in the parallel novel "The Love Song of Miss Queenie Hennessy."

"Lillian Boxfish Takesa Walk." On the last evening of 1984, the titular 85-year-old strolls to a party along the streets of Manhattan, reminiscing about life as an ad woman, wife, mother, divorcée and more. According to The New York Times' review of Kathleen Rooney's novel, "Lillian's wide-ranging meditations are reason enough to read



this charming novel, but it's also like taking a street-level tour through six decades of New York."

"Major Pettigrew's Last Stand." Helen Simonson weaves a tale of friendship between the retired Major Ernest Pettigrew and Mrs. Jasmina Ali, the Pakistani shopkeeper in the small English village of Edgecombe St. Mary, with threads of social hierarchy, spousal loss, culture, tradition and romance. Library Journal calls it "irresistibly delightful."

"A Man Called Ove." In Fredrik Backman's debut novel, Ove is the stereotypical curmudgeon next door: strict, principled, quick tempered, downright cranky. But that begins to change after the new neighbors accidentally flatten his mailbox with their moving truck. "In turns moving and funny. . . I wager that you'll soon fall in love with Ove and be deeply moved by his situation, and after spending time with him, may perhaps gaze at the world around you with a little more empathy than when you turned the first page," says author Eric Larson.

LWSB Book Club

The Book Club will meet virtually via Zoom at 1 p.m. on Thursday, Jan. 21, to discuss Kathryn Stockett's novel "The Help."

OVER TO MILLION COPIES SOLD

Both a novel and a movie, the story centers on the maids and white people in 1960s Mississippi. Southern society girl Skeeter (played in the film by Emma Stone) returns from college with dreams of being a writer. She turns her small town on its ear by choosing to inter-

view the black women who have spent their lives taking care of prominent white families. Only Aibileen (Viola Davis), the housekeeper of Skeeter's best friend, will talk at first. But as the pair continue the collaboration, more women decide to

come forward, including Minnie (Octavia Spenser), and as it turns out, they have quite a lot to say.

Those interested

in attending may contact club president Thomas Gan at gltjiook@gmail. com for the link. There are no dues or fees. Books may often be borrowed from the local library or ordered online from Abebooks.com

for around \$3.46, with free shipping. "The Help" is also available as an ebook through the Orange County Public Libraries.

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While out on a foggy morning walk, Jim Schneiderman of Mutual 3 came upon an unusual animal in Mutual 2. He writes, "World travelers will recognize this photo as the 'Shiela Monster.' Normally only found in the Australian outback, this one is likely an escaped pet or had outgrown the owner's bathtub. The male of the species is called a Bruce. Larger and noisier than Shiela, Bruce is usually seen drinking beer and bragging about Aussie football. If you come across Bruce or Shiela on your walkabout, not to worry, mate; just throw another shrimp on the barbie."

Tech Talk

Join Bob Cohen in a free, one-hour live Zoom class on technology every Monday at 10 a.m. Topics are different each week and include iPhones, apps, computers, websites and Internet marketing. A question-and-answer period is held during each session, and all you need to know in advance is how to join using Zoom.

Registration information is sent out in the Bobology newsletter every Wednesday morning for the upcoming Tech Talk. To register for the newsletter, sign up at https://bit.ly/bobologynewsletter or contact bob@bobology.com.

Family Radio Service Users

Calling all Family Radio Service Users in Leisure World: The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate.

The call-in time is 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then call in stating your first name, last name initial and mutual number. Remember to press the side button to speak, then release when finished.

For more instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at *rjerxn@yahoo.com*, or call (562) 431-6586, ext. 409, to leave a message.

Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m.-1 p.m., on Zoom. Instructor Adrianne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on *youtube.com*.

Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. Join the Zoom meeting by visiting https://us02web.zoom.us/j/84982522530; the Meeting ID is 849 8252 2530.

For more information, email arosenfeld1@verizon.net.



Leisure Bikers

Sunday Leisure Bikers ride to Long Beach Municipal Golf Course and have breakfast, then continue to El Dorado park for a 2-mile hike at the Nature Center. There are also rides on Mondays, Wednesdays and Fridays.

All are invited to join; helmets, safe shoes and masks are a must. Call Mary Romero at (562) 810-4266 for more information.

Hot Meals Drive Through Program

The Hot Meals Drive Through program is available for residents of Orange County's District 2, which includes Leisure World Seal Beach. Participants must be aged 60 and older, single parents or unemployed individuals or have disabilities. There are three sites open one day per week at which people may pick up two dinner meals. Qualified applicants must register in advance at www.ocmeals.com.

Hearts and Hands United in Giving

Hearts and Hands United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless. HHUG accepts donations of clean, used towels, plus new, unopened, travel-size shampoo, soap or lotion. New socks are the only clothing donation that HHUG accepts. To donate, contact Linda Neer at (562) 430-3214 for pick up. Donations can also be left on her patio at Mutual 2, 48-A. To learn more about HHUG, visit www.hhug.org.

Technology Classes by Miryam

Miryam Fernandez's technology classes are taught every other Tuesday at 2 p.m. Topics change each session, which will be closed captioned. For an invitation, email Fernandez at mzzmimm@gmail.com. If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Jan. 19: FacebookFeb. 2: Beginning iPhone

Important Reminder: Apple, Microsoft, IRS, Social Security, etc., will *never* contact you by phone, text or email. If there's a problem with your account, they will shut you down until you contact them.



Video Producers Zoom Meetings

The Video Producers Club offers free, weekly Zoom classes, as well as a social opportunity.

Classes are as follows:

- Monday, 10 a.m.: Bob Cohen hosts Tech Talk, focusing on a variety of topics. Email bob@bobology.com for a Zoom invitation. Subscribe to his free newsletter, which features links to videos, articles and free live meetings, at http://bit.ly/bobologynewsletter.
- Monday, 2 p.m.: Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email sail 1942@gmail.com.
- Wednesday, 10 a.m.: Beginners' Zoom class for Windows and Android users with Charlie Guggino. For an invite to this class, email joosuna29a@gmail.com.
- Thursday, 10 a.m.: Beginners' and Intermediate Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to his class, email 0501042@gmail.com.
- Thursday, 5:30 p.m.: The one-hour Zoom Party Social, hosted by Valentinetti, is open to all residents. For an invite, email 0501042@gmail.com.

.. —Ioe Osuna **NOCE**

Spring semester begins Jan. 19

North Orange Continuing Education (NOCE) and the Golden Rain Foundation announced exclusive-to-Leisure World online courses, which begin with the spring semester on Jan. 19. The classes include:

- "Senior Topics—Mobile Devices" (CRN 60725), which meets Fridays at 10 a.m. with Danielle Bloom (dbloom@noce.edu).
- "Staying Mentally Sharp" (CRN 60726), also with Bloom, meets Fridays at noon.
- "Painting" (CRN 60765) with Yelena Hyatt (ahyattsolomina@noce.edu) meets Tuesdays at 1 p.m.
- "Ceramics" (CRN 60570 and 60572), which meets Tuesdays at 3 p.m. with Cheryl Trapani (ctrapani@noce.edu).

If you have been previously enrolled in online classes in Leisure World and would like to continue, contact your instructor.

To enroll in classes for the first time, you will need to set up

an account with NOCE. Go to https://nocccd.az1.qualtrics.com/jfe/form/SV_8kWbEWg1rr2ylDL to obtain your Banner ID. Once you have your ID, you may register for classes at https://sso.nocccd.edu/login. You will need the CRN to add each class.

For step-by-step instructions on how to register, visit https://noce.edu/admission-registration/starting/new-students/.

Alternately, you may contact instructors via email; with your Banner ID, they can add you to the roster manually.

If you are still having trouble registering for a Banner ID or courses and would like assistance, call (714) 808-4679 or email starhelp@noce.edu.

For additional free classes offered by NOCE, visit https://noce.edu/wp-content/uploads/2020/12/202035-Spring-Virual-Schedule-v5b_Final_compressed.pdf. The Emeritus Program starts on page 56.

LIFETIME LEARNING CENTER

New classes start this week

Starting Jan. 19, these new classes will be offered via Zoom through Long Beach City College's Lifetime Learning Center:

- "Amazing Americans," presented by Dr. Ginny Baxter, explores the way America is great because of her people, not necessarily her leaders. Learn about individuals who have made an impact on the success of the United States.
- "A Journey Through Jazz."
 Dr. Robyn Frey-Monell leads you through the discovery of the roots of ragtime, Dixieland, big

band, blues, be-bop, swing and jazz-rock fusion.

• "State of the Union," presented by Craig Hendricks, looks at 30 days into the new administration.

Also offered are "Tai Chi for Better Balance" with David Hennage and "Strength Training" with Jessi McMaster.

Classes are available to all ages and range from \$20-\$60. Register online at www.lbcc.edu/lifetime-learning-center. For more information, contact Theresa Brunella at (562) 930-3047.

Cool Cardboard Creations Contest

Today, Jan. 14, is the last chance for LWers to enter the Cool Cardboard Creations Contest. Individual entries, as well as collaborative efforts made by GRF clubs or departments, should be brought with an entry form (below; also available at http://www.lwsb.com/wp-content/uploads/2020/12/Cardboard-Contest-Entry-Form.pdf) to the LW Library between 9 a.m.-3 p.m.

The maximum size allowable for tabletop displays is 24 inches wide, 24 inches deep and 36 inches high. For floor displays, it's 36 inches wide, 36 inches deep and 72 inches high. And for hanging displays, it's 36 inches by 36 inches.

Projects will be judged based on originality and the use of card-



board. The first-place winner will receive \$1,000, second place gets \$500, and third place \$250. Special category winners will be awarded prizes valued between \$50-\$100.

Creations will be featured in a drive-through display on Friday, Jan. 15, between 10 a.m.-3 p.m., around the Veterans Memorial Circle near Clubhouses 3 and 4.

For more information, contact Kathy Thayer at *kathyt@lwsb.com*, or call (562) 431-6586, ext. 398.

GRF Cool Cardboard Creations Contest Entry Form

Bring entry and this form to LW Library today, Jan. 14, 9 a.m.-3 p.m. Entries will be displayed Jan. 15. No early drop-offs accepted.

Name
Mutual and Apartment
Email Address
Phone number
Description

Community

SUNSHINE CLUB

Get updated on the new visitor access system and more from security services

GRF Security Services Director Victor Rocha will be the speaker for the Sunshine Club's next meeting on Friday, Jan. 15, at 10 a.m. via Zoom. Rocha will update everyone on the new visitor access system that will be operative soon, along with a traffic citation review from SBPD.

After his presentation, Rocha will open the meeting for discussion and answer questions about security, the new visitor access system, or other related concerns.

To join the Zoom meeting, go to https://us02web.zoom.us/j/821 19904568?pwd=dkVmOVowRU 1uQXRNb2QveFdFSHp4Zz09; the meeting ID is 821 1990 4568

All shareholders are welcome to join this Zoom meeting.



Victor Rocha

Those who would like to receive the Zoom link by email need to text their name, Mutual number, and email address to (562) 301-5339 no later than Thursday, Jan. 14, at 5 p.m.

Rocha has over 30 years of law enforcement, security and safety experience. He worked as a police officer and detective with the Los Angeles Police Department. In addition, he has provided security assessments for businesses, schools, and HOA's throughout the United States.

Victor is a member of the Association of Threat Assessment Professionals and graduated with a Bachelor of Art Degree in Criminal Justice from California State University, Fullerton.

The Sunshine Club often has LW leaders come to meetings to introduce their organizations to the group. It also invites a wide variety of specialists from outside to share their experiences and ideas with club members.

For more information, contact Anna Derby at (562) 301-5339.

Donate to the GAF while you shop at no additional cost

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3) charitable organization dedicated to making Leisure World a better place to live.

The GAF must fund raise throughout the year to continue providing services to the community. There are now two simple ways for LWers to donate to the GAF without any additional cost.

Stay-at-home orders have been in place since March 2020 and has made cooking at home a way of life, causing some to go grocery shopping more than ever before. Shareholders can now donate to the GAF during their weekly grocery shopping trip without having to spend more money, thanks to the Ralphs Rewards Program.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and doing your regular grocery shopping, you can help GAF receive a portion of those funds.

Those interested can sign up for the Ralphs Rewards program by phone or through the Ralphs website. To sign up online, go to www.ralphs.com. You will need your Ralphs Reward card number or the phone number associated with the account to sign up.

To register over the phone, call (800) 443-4438. Make sure to say GAF's non-profit organization (NPO) number, FS 519, during registration.

Another way LWers can help GAF while they shop is through www.smile.amazon.com. Amazon Smile is a unique, charitable award program funded through Amazon for qualified non-profit organizations like the GAF. Every time you buy something from Amazon, a small percentage of your purchase will go to the GAF at no additional cost.

When enrolling in Amazon Smile, make sure to choose your charitable organization as the Golden Age Foundation Seal Beach. Below are step-by-step instructions on how to get started with Amazon Smile:

1. Sign in to your existing Amazon account. If you don't have an Amazon account, you can create mone for free.

GAF, page 16

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/ schedule. Have Roku? Go to http://roku. streamsource.tv/add/sbtv. The playback schedule is available at SBTV3.org.

Thursday, Jan. 14

4 pm	A COVID Christmas
4:17 pm	Christmas in Quarantine-
	TI D

5:01 pm Spider and Snakey Save Christmas

5:08 pm Cabaret Music Around

the World LW Tree Lighting Ceremony

6:30 pm Dixieland Jazz Band 7:35 pm Special Delivery

Terry Otte's 75th Birthday 8:15 pm Cabaret Variety Show 9/2020

9 pm Ocean Perspectives Shakespeare in the Park:

Cymbeline

Friday, Jan. 15 LW Menorah Lighting Presentation

4:13 pm COVID Christmas 4:30 pm Special Delivery

5:15 pm Golf Cart Christmas Caravan 2020 5:30 pm SB Lions Club Veterans Day

Car Caravan 5:39 pm Fortunado Revilla

Christmas Music 5:50 pm LW Yoga

6 pm LW Tree Lighting Ceremony 6:30 pm Los Al Jazz Band 2018

Seal Beach Christmas Parade 7 pm 8 pm Dove Sonza's 75th Birthday Shakespeare in the Park:

Othello 10:30 pm Cerritos Center-Golden Dragon Acrobats

Saturday, Jan. 16

Seal Beach Christmas Parade 5 pm

Special Delivery

5:30 pm LW Menorah Lighting 5:43 pm COVID Christmas

Christmas in Quarantine: The Pops

6:45 pm Spider and Snakey Save Christmas

6:53 pm LW Yoga

LW Tree Lighting Ceremony

7:30 pm Ocean Perspectives LAUSD

Cerritos Center-

Matt Mauser

Sunday, Jan. 17

Seal Beach City Council 4 pm Meeting 1/11 Replay

LW 50th Anniversary 2012 5 pm 5:45 pm Fortunado Revilla

Christmas Music Dixieland Jazz Band 6 pm

Spider and Snakey 7 pm Save Christmas 7:07 pm Dove Sonza's 75th Birthday

Life and Times in SB: 8 pm

Paula Thomas 9 pm Cabaret Music Around

the World 10:20 pm LW Yoga 10:30 pm LW Menorah Lighting 10:45 pm Los Al Jazz band

11:30 pm Bob Cole Conservancy

Monday, Jan. 18 4 pm Spidey and Snakey

Save Christmas 4:07 pm LW Menorah Lighting 4:30 pm Dove Sonza's 75th Birthday

5:30 pm LW Tree Lighting Ceremony Dixieland Jazz Band 6 pm Seal Beach Christmas

Car Caravan Golf Cart Christmas Caravan 8 pm 8:15 pm LW Menorah Lighting 8:30 pm LW Special Delivery

Terry Otte's 75th Birthday 9:30 pm Bob Cole Conservancy Shakespeare in the Park: Taming of the Shrew

Tuesday, Jan. 19

Golf Cart Christmas Parade



4:15 pm Christmas Quarantine Show:

the Pops 5 pm Tree Lighting Ceremony

5:30 pm Special Delivery/LW Yoga Fortunado Revilla 6 pm

Christmas Music 6:15 pm LW 50th Anniversary 2012

7 pm SB Planning Committee Meeting LIVE

Ocean Perspectives 8 pm 8:30 pm Seal Beach Christmas Parade

9:30 pm Bob Cole Conservancy 10 pm Cerritos Center-

Matt Mauser Wednesday, Jan. 20

4 pm Spider and Snakey Save Christmas 4:07 pm LW Yoga

4:15 pm Christmas Quarantine Show: the Pops

Dove Sonza's 75th Birthday 5 pm 6 pm Christmas Story Song

By Revilla/Williams 6:24 pm Spidey and Snakey

Save Christmas 6:32 pm Fortunado Revilla

Christmas Music 6:45 pm Golf Cart Parade

Terry Otte's 75th Birthday 7 pm Shakespeare in the Park: 8 pm

Merry Wives of Windsor 10 pm Cerritos Center-

The Four Tenors

*All programming is subject to change.



Chess Club

The Chess Club publishes weekly puzzles to keep the love of the game alive since members can no longer meet to play in

This week's puzzle is checkmate in three moves.

White moves first. Any answer by black, the white's third move is checkmate.

Solution to this week's puzzle is first move: NE5

The white Knight moves from C6 to E5.



Neighborly Reminder

Yvonne Vostry of Mutual 9 snapped this picture of the bottom half of an electric recliner that was left beside the carport dumpsters. The dumpsters are not the correct place to dispose furniture or other large items. If shareholders have a piece of furniture or something similiar that is broken and cannot be sold or donated, they must dispose of it themselves or bring the item to the dumpers behind the Mini Farm plots, which does allow for that type of disposal. This will ensure that the area around the carports remains clean and hazard free and is a great way to look out for your fellow neighbors.

Celebrating a birthday, anniversary or retirement?

Let LW celebrate with you! Email stories to laurieb@lwsb.com with photos attached as jpegs

Democratic Club

By Mary Larson

LW contributor

The Democratic Club Board unanimously voted to endorse Costa Mesa Mayor Katrina Foley for election to the Orange County Board of Supervisors during its Jan. 6 meeting. This election in District 2 to replace outgoing board member Michelle Steel will take place on March 9. Vote-bymail will begin on Feb. 8, with



Mayor Katrina Foley

vote centers opening on Feb. 27. For more information about this election, email lwsbdemocraticclub@gmail.com.

The Board of Supervisors impacts all of Orange County, including Leisure World. It manages a \$7 billion budget including, among other things, oversight of the county's COVID-19 response. Foley is well qualified to provide leadership in administering this budget. She has established lasting relationships at the city, county, state and federal level, and will bring these attributes to bear at the county level.

As a longtime local official, Foley knows that ensuring family and neighborhoods' safety is of the utmost importance. She believes that the only way to achieve this is by providing our local law enforcement **DEMOCRATIC**, page 16

Republican Club

By Brian Harmon LW contributor

At the next regular Republican Club meeting, members will share thoughts and feelings on what happened that day.

The meeting will be held this coming Wednesday, Jan. 20, at 7 p.m. on Zoom.

One of the few things that psychologists appear to be in agreement about is that the first step in the mourning process is denial. The second step, of course, is anger.

The response of the leaders of The LW Republican club to the disaster that occurred last week in the United States Capitol fit the profile.

How can we explain how Republicans, supporters of law and order, the constitution, and the rule of law, could storm and occupy the Capitol building,

arguably the center of America's democratic republic?

The mayor of Washington D.C. is correct in saying that all the facts are not yet in. However, what we know so far makes those who are Republicans very sad. We want the residents of LW to know that we do not support what was done by that mob in, and to, our nation's Capitol.

Fortunately, there is a great deal of photographic evidence to allow the FBI and other law enforcement agencies to identify many of those who were responsible. The Republican Club supports these efforts and hope that the culprits will be punished to the full extent of the law. Nothing excuses the type of behavior that the U.S. saw on Jan. 6.

Everyone agrees that this past year was the worst, with the most dreadful pandemic of the past



100 years. The other bad news for Republicans during 2020 was having the party's candidate for president lose.

Locally, however, the news was much better for OC and LW GOP, page 16

Obituaries

John Jacob Vanderhorst 1932-2020

John began his life on earth in Venice, California, on May 11, 1932. Mary Louise Ryckebosch and John Jacob Van-



derhorst were his parents. His paternal ancestry came from the Netherlands, and his maternal ancestry came from Belgium.

When young "Johnny" was 6 years old, the family moved to a cute two-bedroom home on Jasmine Avenue in Culver City. In 1941, the family purchased a double lot on Braddock Drive and built a home and small store, Cottage Grocery. John's dad ran the butcher shop, and his mother ran the grocery part of the business. John attended St. Augustine Elementary School and then Loyola High School, in Los Angeles. After graduating high school in 1950, he began his studies in business administration at Loyola University in Westchester.

John's dad, John Jacob, died in August 1952. John took over the butcher shop while continuing his education at Loyola University, graduating in June 1955.

It was June 13, 1953, when John married his high school sweetheart, Kathryn Kirchen. The newlyweds settled in their home on Jasmine Avenue in Culver City, just a block from John's childhood home. Their family started with the birth of a daughter in July 1954. The family grew to have 10 wonderful children: Stephanie (Dean), Matthew (Judy), Joseph (Kristi), Paul, Kathryn "Katie" (Kees), Walter, twins Mark and Philip (Esther), Ann (John), and Mary Susan. John was very proud of his children. They have grown to be successful, caring adults. The family now includes 11 grandchildren-Charles, James (Hannah), Brian, Nicholas, Rebecca, Jonathan, Jacob, Stanley, Evelyn, Jackson and Miranda-and one great-grandson, Austin.

After his college graduation, John left the Cottage Grocery butcher shop and began his banking career at Security First National Bank. He started as a teller and worked his way up to vice president, managing loans to the oil and gas industry. But John's real love was farming, and he moved the family to a 10-acre farm in Fallbrook in 1974, while he continued to work in banking in Los Angeles.

When Security Pacific National Bank was merged with Bank of America, John was offered and accepted an early retirement and devoted himself to developing a new farm on 10 acres of raw land in Temecula. This became his hobby farm. He had a barn built to live in while he worked the land. He planted orchards of limes and avocados and experimented with fruit trees. The farm became known to family and friends as the "Darn Barn," and it provided years of enjoyment and memories. A perfect place to gather for games of horseshoes, barbecues, bird watching and star-gazing.

John continued to enjoy his farming life until a tumble down the barn stairs at the age of 84 forced a retirement. He sold the Darn Barn Farm in 2016 and began living full-time in Leisure World, Seal Beach. He shared this new retirement life with his longtime friend and companion Cathy Wells.

John enjoyed the simple pleasures in life. He never missed an opportunity to pitch a horseshoe or play a competitive game of dominoes. Bird watching was a true love that had him traveling across the southwestern United States. In his quiet time, he would often dig into a good non-fiction book; he loved history. The cursive writing he learned as a child remained elegant and beautiful, and was always written with one of his collection of prized fountain pens. Classical music brought him pure enjoyment, both at

home and at the Long Beach Symphony and Opera.

John completed his life on earth peacefully on Dec. 29, 2020 after a brief illness. He was 88 years old. He leaves behind his children, grandchildren, great grandson and his sister, Mary Louise Hinshaw.

-paid obituary

Nelson Gene Melville 1937-2020

Nelson Gene Melville succumbed to COVID-19 on Dec. 10, 2020, at 83 years old. Nelson was born in Salt Lake City,



Utah, to Wanda and Nelson Melville, on Feb. 16, 1937. He had one sister, Dorothy Hartshorn, who was 16 years older. His family moved to Los Angeles when he was a teenager and he graduated from John Marshall High School and enlisted and served in the United States Army. He was stationed in Albuquerque, New Mexico. He learned culinary skills after his service and went to work as a chef in Clifton's Cafeteria in downtown Los Angeles and Lakewood, California.

Nelson never married.After the death of his father, he purchased a home in Leisure World, Seal Beach, at the age of 55 and lived in Mutual 11, apartment 264-J, for 28 years.

Nelson was active in the Garden Club and grew awesome tomatoes. Traveling was another pastime, in his early years, he would often go to Laughlin, Nevada, for a weekend of gambling with his friend, Pat.

He spent his most rewarding hours in the Lapidary Room, creating and repairing jewelry, pressing glass pieces and designing amazing clocks.

If you knew Gene (as his family called him) then you know he was a collector of Coke bottles, Campbell Kid soup ornaments,

rocks and other odds and ends.

He spent many hours on his front porch with neighbors and friends, and listening to the police and fire scanners. He watched nature shows, the History Channel and UCLA football.

But last year, with the closing of the Lapidary Room for remodeling and the coronavirus, his front porch time became even more important.

Survived by nephews David and Terry Hartshorn, two greatnieces, a great-nephew, and 11 great-great-neices and -nephews, Nelson will be missed by family, especially Terry and his wife, Sharon, who loved hearing his family stories over lunch, his neighbors in Mutual 11 and Lapidary Room partners.

Antonio Mendoza Tabora 1939-2020

Antonio Mendoza Tabora, a.k.a. Tony, passed away with his family by his side on Dec. 8, 2020. He was born on Jan. 5, 1939, in Ma-



nila, Philippines, and immigrated to Los Angeles at the age of 10. He joined the Army at the age of 16 and proudly served for eight years in Okinawa and Germany. He worked as an electronic engineer for companies like Northrop and Hughes Aircraft and is survived by his wife of more than 56 years, Felisa; their five daughters; and three grandsons.

He moved to Leisure World in 2006 and was a proud member of the Filipino Association of Leisure World and the Filipino American Association. He was an usher at Holy Family Church, and was often seen on karaoke nights performing his favorite Elvis songs or on the dance floor during parties. He loved going to the summer concerts at the Amphitheater and visiting the food trucks, especially on Taco

Tuesday. He will be remembered for his love of telling jokes, his Elvis impersonations and his performance as a hula girl.

The family welcomes any fun memories with Tony; please send them to his daughter, Angela, at anothertabora@gmail.

In Memoriam: William Jackson 50

Luis Rangel 69 Sadie Smith 84 Sally Koehen 66 Linda Meader 73 Maty Dulay Andes 70 Sheila Caron 66 Gerardo Rangel 39 Clay Pinto 59 Imogene Resh 102 **Beverly Anderson 82** John Vanderhorst 88 Alberto Ku Montejo 90 Armando Padilla 50 Margarito Valles 91 Candida Xavier 91 Cynthia Sandoval Doss 63 Paulino Padin 92 Eugenio Ruiz 67 Johnny Foster 75 Lee Porter 68 Jose Lemus 73 Charles Barnett 88 Elizabeth Wallace 102 Thomas David 60 Ramiro Zapata Jimenez 60 Families assisted by McKenzie Mortuary, 961-9301 —Paid obituary

Email Obituary Notices to <u>laurieb</u> @lwsb.com with photos attached as jpg files.

LW Weekly

DEMOCRATIC from page 15

and emergency response agencies the necessary resources and modern equipment to do their jobs.

Foley is also committed to protecting the OC coastline from irreparable damage. If elected as a member of the Board of Supervisors, she will do so, while also supporting economic growth through investing more in clean, green and renewable energy, such as wind and solar.

Leisure World Democrats are reminded that their next club membership meeting, originally scheduled for Jan. 20, has been rescheduled for Wednesday, Jan. 27, at noon. The meeting will be held via Zoom and will feature a presentation by Foley. For more information about the meeting, email *lwsbdemocraticclub@gmail.com*.

Democrats are also reminded to vote in the California Democratic Party-run election for the state party leadership body known as the California State Central Committee. This election, usually held via Assembly-based caucus meetings, will be exclusively by mail ballot. All Democrats who registered with the party for a mail-in ballot by Jan. 11 are eligible to vote in this election. Potential voters are invited to email lwsbdemocraticclub@gmail.com for more information about candidates running in this election.

If you are a Democrat or a supporter of its principles and want to know more about the club, subscribe to the free electronic newsletter. Email the editor, Mary Larson, at mlarson.telfords@gmail.com or call (562) 296-8521. Remember to include your full contact information.

The Leisure World Democratic Club welcomes new members and friends. LW voters who are registered as Democrats are eligible for full voting membership. Those registered as No Preferred Party voters may join as "associate" members. All club memberships are now calculated on a calendar basis. Members must join or renew their membership before the end of January if possible. Both new and renewal 2021 membership forms are available by calling (562) 431-7275 or online at https://sblwdems.wordpress.com/democraticclub-membership-2/.

ASSEMBLY OF GOD from page 11

watching as God fulfills his promises day in and day out. God wants you to know his promises and claim his promises. Make a promise to yourself to dig into those promises this year.

GAF from page 14

- 2. Type Golden Age Foundation Inc. as the charity you want to support. Make sure the location is set in Seal Beach, California.
- 3. Don't forget to start at www. *smileamazon.com* when you

For more information, go to www.GoldenAgeFdn.Org or call club president Anna Derby at (562) 301-5339.

FCA from page 10

Leming at the same time.

Out of an abundance of caution, all who attend services or events at Faith Christian Assembly will have their temperature taken at the door, be required to wear a mask before and after service, and have to sit socially distant from others. Those who are ill should remain at home.

Due to COVID-19, Faith Christian Assembly is not currently having all of its regular ministries at this time, but will resume as soon as possible. Call the church office for the most updated information on midweek Bible study, which is taught by Pastor Sheri Leming on Wednesdays at 11 a.m., and the weekly Grief Share meeting.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at www.FCAchurch.net.

GOP from page 15

Repbulicans. The Republican Club's candidate for Congress, Orange County Supervisor Michelle Steel, was elected and will be serving alongside Young Kim as two of the first three Korean-American women elected to Congress, all of whom were elected in the 2020 elections.

State Sen. Janet Nguyen will be returning to Sacramento as its new Assemblywoman, replacing Republican Tyler Diep. He had upset his fellow party members by being the only Republican in the Assembly to support AB5, which required most independent contractors to be hired as regular employees or laid off.

One of the most celebrated political development for Republicans in Leisusure World was the re-election of Seal Beach City Councilman Thomas Moore.

During the year 2020, the LW GOP booth's efforts were an overwhelming success, raising over \$8,000, registering over 250 voters, adding over 100 new members (to 230) and gathering approximately 150 signatures for the recall of Gov.Gavin Newsom.

The Republican Club's current project is helping to elect State Sen. John Moorlach to the OC Board of Supervisors. He has served as the OC Treasurer and County Supervisor, as well as State Senator, so he will be able to "hit the ground running."

Moorlach has worked effectively with Democrats in the state senate to deal with the exploding cost of government employee pension plans, as well as the dual problems of homelessness and mental illness.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report covote activities or other animal control issues, call the 24-hour animal services line, (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report. Remember to not enagage and give space to wild animals, strays and any sick or agressive looking animal you come across.

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When there is doubt about LW policy or rules and regulations, residents should refer to their Occupancy Agreement, or direct questions to their mutual directors or GRF representatives.

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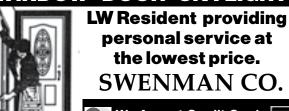
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Federal agencies warn of emerging fraud scams

The Federal Bureau of Investigation (FBI), Department of Health and Human Services Office of Inspector General (HHS-OIG) and Centers for Medicare & Medicaid Services (CMS) are warning the public about several emerging fraud schemes related to COVID-19 vaccines.

The FBI, HHS-OIG, and CMS have received complaints about scammers using the public's interest in COVID-19 vaccines to obtain personally identifiable information and money through various schemes. Government officials continue to work diligently with law enforcement partners and the private sector to identify cyber threats and fraud in all

COVID-19 Vaccine Distribution

rates due to the transmission of COVID-19.

providing emergency medical services

nursing supervision and supportive care

The county is actively vaccinating the following:

Given the limited initial supply of COVID-19 vaccines, distribu-

tion will be limited at first and increase over time, according to the

Orange County Health Care Agency. Determinations will be based

on reaching critical populations to reduce morbidity and mortality

•Acute care, psychiatric and correctional facility hospitals

settings for older or medically vulnerable individuals and residents

The tiers start with Phase 1A for critical and healthcare workers.

•Skilled nursing facilities, assisted living facilities, and similar

• Paramedics, Emergency Medical Technicians (EMTs) and others

•Intermediate care facilities for persons who need non-continuous

the following potential indicators of fraudulent activity:

- Advertisements or offers for early access to a vaccine upon payment of a deposit or fee.
- Requests asking you to pay out of pocket to obtain the vaccine or to put your name on a COVID-19 vaccine waiting list.
- Offers to undergo additional medical testing or procedures when obtaining a vaccine.
- Marketers offering to sell and/or ship doses of a vaccine, domestically or internationally, in exchange for payment of a deposit or fee.
- Unsolicited emails, telephone calls, or personal contact from someone claiming to be

The public should be aware of from a medical office, insurance company or COVID-19 vaccine center requesting personal and/or medical information to determine recipients' eligibility to participate in clinical vaccine trials or obtain the vaccine.

- Claims of FDA approval for a vaccine that cannot be verified
- Advertisements for vaccines through social media platforms, email, telephone calls, online, or from unsolicited/unknown
- Individuals contacting you in person, by phone or by email to tell you the government or government officials require you to receive a COVID-19 vaccine.

Tips to Avoid COVID-19 **Vaccine-related Fraud:**

- Consult your state's health department website for up-todate information about authorized vaccine distribution channels and only obtaining a vaccine through such channels. Watch the LW Weekly for routine updates on vaccine distribution.
- Check the FDA's website (fda.gov) for current information about vaccine emergency use authorizations.
- Consult your primary care physician before undergoing any vaccination.
- Don't share your personal or health information with anyone other than known and trusted medical professionals.
- Check your medical bills and insurance explanation of benefits (EOBs) for any suspicious claims and promptly reporting any errors to your health insurance provider.
- Follow guidance and recommendations from the U.S. Centers for Disease Control and Prevention and other trusted medical professionals.

General Online/Cyber Fraud **Prevention Techniques:**

- Verify the spelling of web addresses, websites and email addresses that look trustworthy but may be imitations of legitimate websites.
- Ensure operating systems and applications are updated to the most current versions.
- Update anti-malware and anti-virus software and conduct regular network scans.
- Do not communicate with or open emails, attachments or links from unknown individuals.
- Never provide personal information of any sort via email. Be aware that many emails requesting your personal information may appear to be legitimate.
- Use strong two-factor authentication if possible, using biometrics or authentication apps.

If you believe you have been the victim of a COVID-19 fraud, report it to the FBI (ic3.gov, tips. fbi.gov, or 1-800-CALL-FBI) or HHS OIG (tips.hhs.gov or 1-800-HHS-TIPS).

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562-596-0559 LW DECOR INC - LIC 723262

Install doors, new windows, recessed lights, fans, light fixtures. Cabinet refacing & refinishing, paint exterior window frames, ceilings made smooth, closets redone, misc. repairs. Kitchen/bathroom remodeling. 40+

> LW DECOR INC **562-596-0559.** 02/25/21



Flowers abound at the Mini Farm.

Mini Farm Forum Scheduled

Effective Jan. 1, the Golden Rain Foundation assumed management of the Mini Farm at 1.8 acres. Prior to this time, operations were overseen by the Mini Farmers Club, which still exists for those choosing to join, although it is no longer a requirement to be assigned a garden plot.

With so many changes, some confusion and many questions have arisen, so the GRF Recreation Committee has scheduled an informational forum at 1 p.m. on Thursday, Jan. 21. Shareholder/ members may participate via Zoom if they want to speak, or they may choose to watch the meeting online, which will be livestreamed at www.lwsb.com/livestream.

The Recreation Department is requesting questions be submitted via email no later than Jan. 20 to minifarm@lwsb.com. Those who want to participate via Zoom should send their requests to the same email address by the same date, as space will be limited.

After the meeting, the recorded version will be uploaded to *lwsb*. com for interested parties to view at their leisure.

In the interim, many questions can be answered by viewing the Mini Farm website. The new policy, as well as the new lease, can be accessed at http://www.lwsb.com/mini-farm/.

The Recreation Department looks forward to helping mini farmers navigate the new rules and relieving any concerns.

For more information, email minifarm@lwsb.com.

-Kathy Thayer, assistant recreation manager

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•Home health care and in-home supportive services

Community health workers, including promotoras

in these settings

Dialysis centers

•Dental and other oral health clinics

•Pharmacy staff not working in settings at higher tiers

Phase 1A Includes:

•People at risk for exposure to SARS-CoV-2 through their work in any role in direct health care or long-term care settings and includes people at direct risk of exposure in their non-clinical roles, such as, but not limited to, environmental services, patient transport

In addition, for Orange County, law enforcement who work in high positive COVID rate areas such as Anaheim and Santa Ana as well as correctional facilities and homeless shelters experiencing outbreaks can get vaccinated at this time.

Where Can I Go to Get my Vaccine?

If you fall into Phase 1A, contact your employer or long-term care facility for vaccination instructions.

•All who seek to be vaccinated *must* provide documentation indicating they are in the active categories listed above. Those who do not bring adequate documentation will be asked to reschedule at a later date when they can provide the necessary information.

Documentation includes a photo ID *and* any of the following:

- Professional license
- Employee badge with name
- Signed letter from employer on facility letterhead
- Payment stub with printed name

Phase 1-B is the next tier.

That tier includes people 75 and older, food and agriculture workers, education and childcare, and emergency services. OC mass vaccination sites will be available to these individuals. Small Points of Distribution (PODS) and/or mobile vaccination teams will also be deployed to reach individuals in their communities to increase ease of access.

The HCA will work with task force partners who serve older adults to reach out to these individuals. There will also be targeted communications to older adult communities.

The project start date is February.

HCA with its community partners seeks to make vaccine access fair and equitable, especially during the initial months of distribution when the amount of vaccine is very limited.

It is following the CDC and CDPH Playbook for vaccine distribution prioritization.

Both the CDC Advisory Committee on Immunization Practices (ACIP) and CDPH have specified which groups are high priority for vaccination.

For more information on vaccinations, visit https://coronavirus. egovoc.com/covid-19-vaccination-distribution.

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Elegant Expanded 2 Bedroom, 1 Bath Corner home. This lovely home has several upgrades including a spacious Living Room with double pane sliding glass doors overlooking a private front patio and pretty green area. Extended side patio room is carpeted and has tiled front entry and may also be used as a formal dining room, den, office or bonus room. Kitchen has white cabinets, granite counters, breakfast bar with extra storage, tile floors, ceiling fan and built-in appliances including dishwasher, and microwave. Master bedroom is carpeted with sliding glass door to the patio. Second bedroom is also carpeted. Bathroom has tile flooring, granite counter tops, washer/dryer and added linen closet. Also featured are heat pumps in the living room and second bedroom, plantation shutters throughout, convenient Drive-Up parking and is close to carport. This is a lovely Must See home!



\$279,000

2 Bedroom, 1 Bath Cottage with a spacious Living Room and tile entry that overlooks a private patio and lovely greenbelt. Kitchen has a skylight, ceiling fan and built-in appliances including the refrigerator, stove, oven and microwave. Master bedroom is carpeted and also overlooks the patio and beautiful greenbelt. Bathroom has tile flooring, cutdown shower and skylight. Second bedroom has carpeting. Patio has walk-in storage and entry gate. Convenient location with just a walk to downtown Leisure World, golf, gym, healthcare facility, amphitheater and shopping center.



Delightful Corner 2 Bedroom, 1 Bath home with side expansion. This lovely home is light and bright and features a spacious living room with vertical blinds, kitchen with new custom cabinets, skylight, built-in stove, oven, refrigerator, dishwasher and microwave. Side expansion may be used as dining room, den, office, etc. Bathroom has newer countertops and cutdown shower. This comfortable home has a heat pump/AC and laminate floors throughout and is in Move-In condition. Private patio has walk-in storage cabinets. Walk to shopping center and downtown Leisure World. Carport 9, Space 6.



Warm and Cozy Fully Expanded 2 Bedroom, 1 Bath 1,150 square ft. home. The spacious living room is carpeted and has vertical blinds, heat pump with A/C, ceiling fan, leaded glass entry door, tile entry and storage cabinet. Master bedroom has walk-in closet, carpeting, heat pump with A/C, ceiling fan and vertical blinds. Second bedroom is carpeted, has vertical blinds and radiant heating. Kitchen has built-in Leisure World appliances, dishwasher, breakfast bar with extra storage, pantry and skylights that open. Bathroom has cut-down shower, washer/dryer, skylight that opens, upgraded countertops and tile flooring. This lovely home has double pane windows throughout and enjoys Drive-Up parking. Walk to downtown Leisure World, gym, swimming pool, golf and shopping center.



Leisure living is at it's best in this beautifully maintained and cared for home. The living room has laminate flooring, vertical blinds, heat pump and A/C. Kitchen features natural wood cabinets, ceiling fan, skylight, mirrored back splash and built-in appliances including stove, oven and refrigerator. Bathroom has a cut-down shower, light bar and skylight. Master bedroom, living room and patio all have walk-in storage and overlook a beautifully dramatic greenbelt. This is a great location, has close parking and laundry. Walk to downtown Leisure World, golf, swimming pool, community center, gym, health care center, post office, Amphitheater and Leisure World shopping center. This special home is ready to move in, faces South and enjoys beautiful sunsets and ocean breezes. Carport 12, Space 34.



This 2 Bedroom 1 Bath home feature's a washer dryer and additional living space with an enclosed side patio room and front screened patio room. Living Room has laminate floors, heat pump, and over-looks both patio's with sliding glass doors front and side. Kitchen has natural wood cabinets, newer counters, built-in appliances including stove, oven, refrigerator, dishwasher, microwave, and skylight. Master bedroom has laminate floors, mirrored wardrobe closet doors, added storage above closet, and sliding glass door to patio. Second bedroom has laminate floors and mirrored wardrobe closet door. Bathroom has walk-in jacuzzi tub, washer/dryer, vinyl flooring and skylight. Enjoy convenient drive-up parking.



Drive up to this 2 Bedroom, 1 Bath Cottage that features a very private large wrap around patio that offers additional indoor/outdoor living space. Living Room has laminate flooring and beautiful leaded glass entry door and overlooks inviting patio. Kitchen has white cabinets with built-in Leisure World stove, oven, & refrigerator, skylight and vinyl flooring. Both Bedrooms have laminate flooring and overlook lovely patio with walk-in storage closet and an additional storage cabinet. This is a charming home and is in walking distance to Library, Friends of Book's bookstore and clubhouses 3 and 4 that feature many activities.



Warm and cozy 1 Bedroom 1 Bath home is located on a beautiful greenbelt. The lovely home has been newly painted and is ready to move in. Living Room has laminate wood floors, plantation shutters, and leaded glass entry door. The kitchen has extra-large skylight, ceiling fan and built-in Leisure World stove, oven, and refrigerator. Bathroom has extra-large skylight, and newly installed vinyl flooring. Bedroom has laminate flooring and Plantation Shutters. Private Patio has walk in storage cabinet and overlooks beautiful greenbelt with lovely trees. This property is close to downtown Leisure World, golf, swimming pool, gym and shopping center.



Charming describes this 2 Bedroom 1 Bath home. This adorable cottage features a living room with carpeting, window AC, and Leaded Glass Entry Door with Side Light Panel. The Kitchen has a ceiling fan, built-in Leisure World stove, oven and refrigerator. Bathroom has Sola Tube and cut down shower. Both Bedrooms have carpeting and overlook a wrap-around patio that has a large skylight on side patio, and walk-in storage cabinet. Spacious wrap-around patio has new indoor-outdoor carpeting added and is perfect for entertaining. This property has been newly painted and is in move in condition. A must see!



Fully expanded 2 bedroom, 2 bath corner home on lovely greenbelt with leaded glass entry door and patio storage. Living room is quite spacious with designated dining area with ceiling fan. Kitchen has white cabinets, counter has matching backsplash, pantry, skylight, builtin electric appliances including wall oven, stove top, microwave, dishwasher and refrigerator. Master bedroom expanded with walk-in closet and extra storage, bathroom has skylight, stone counter and bathtub with shower. The second bedroom has custom shelving and is also quite spacious, second bath is a half bath. Other features include Central Heat and Air Conditioning, dual pane windows, vertical blinds throughout, smooth ceilings, laminate floors in kitchen and baths, carpet in living area and bedrooms. This unit has a great greenbelt view and is in a desirable location.



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Darling one bedroom drive-up in Downtown Leisure World! Pretty floors, updated kitchen, nice windows, great patio that catches the ocean breeze with plenty of guest parking! Be sure to check this one out. Call Robin to see!!

See more at www.sealbeachleisureworld.com



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Joanie Korman

Conrad Rodriquez

562-746-1960

Mutual 9 228K \$219,000 wrap around patio, skylights, dual 714-308-8034 pane, heat pump, nice

> Mutual 10 240B \$219,000 large wrap around patio, lam. floors, white kitchen

Mutual 11 285H \$219,900 new paint, solar, cut down shower, skylights, nice

Mutual 1 52A \$225,000 corner, btfl., greenbelt, private patio, skit. skylight

Mutual 5 93A \$299,000 cent. air, 2 patios, dual pane, skylights that open

Mutual 8 202J \$249,000 washer/dryer, enclosed side patio, lam. floors, skylight

Mutual 15 1B 2 baths, scraped ceilings, move in condition, lam. floors

Two-Bedrooms

Mutual 5 114K \$265,000 full expan., oversize skylight, expanded master, new paint

Mutual 1 37F \$273,500 corner, side expansion, new counter tops, lam, floors, new custom cabs.

Mutual 8 203G \$279,000 corner, double pane, granite counters, washer/dryer

Mutual 8 203 G \$279,000 corner, double pane, granite counters, washer/dryer

Mutual 15 13L \$285,000 2 bath, very clean, double pane, enclosed patio, lam. floors

Mutual 2 40L \$298,000 expanded, heat pump, skylights that open, washer/dryer, double pane

Mutual 5 126A \$315,000 expanded corner, vaulted ceilings, lots of natural light

Mutual 2 19L full expan., 1 1/2 baths, cent.air, smooth ceilings, greenbelt

Mutual 1 63F \$358,000 corner, expanded, remodeled, cent. air, skylights, smooth ceiling, much

Mutual 1 46G \$477,700 This has it all. You must come and see. cherry kit. cabinets, granite counters. 2 baths, washer/dryer, cent. air and heat. dual pane, crown molding, smooth ceilings walk to golf course and town center,.

Mutual 1 35J btfl. greenbelt, new paint, 2 extra large skylights, lam. flooring, nice

One-Bedrooms

Mutual 1 30D \$179,000 btfl., natural wood cabinets, great green belt, Hurry on this one

Mutual 2 22D 179,900 expanded, 2 skylights, cut down shower, great condition

Mutual 5 119D located downtown, upgraded windows, kit, and bath skylights, very nice





Linda Patton 562-522-3364



Bill Berman 714-606-5258



Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



562-208-2540



Philip Bak 213-550-9991



Irv Hart 562-296-5619



Fay Wescott 562 242-6162



Tim Kearns 714-293-3950



Diana Flores 949-212-8748



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12501 Seal Beach Blvd. #100 Seal Beach, CA 90740

For 2021, I have a total of <u>1</u> Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr. #60G | M2 | \$455,000 Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steal Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



1080 Brookline Road #213A | M9 | \$499,000 Gorgeous Fully Expanded Corner Unit with Large Side Patio overlooking Beautiful Greenbelt. 2 Bedrooms, 1 1/4 Baths, 3 Heat Pump Systems, Washer/Dryer, Granite Countertops, Engineered Wood Flooring, Dual Pane Windows, Plantation Shutters and Much More!



13044 Del Monte Dr #44G | M15 | \$549,000 CUSTOM REMODELED ATRIUM with 2 Patios! Has Every Bell and Whistle Desired. Gourmet Kitchen that has been Opened Up to the Living Room. 2 Bedroom with 2 Full Baths!



1861 St., John Rd., #38C, | M15 | \$429,000 Corner Atrium Unit with Large Fenced Front Patio with Storage Units. Great drive-up location, 2 Bedroom, 1 Bath, Dual Pane Windows, Stainless Steel Micro & Refrigerator, Mirrored Closet Doors, Cut Down Shower.



1700 Tam O'Shanter #2J | M14 | \$445,000 Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.



1800 Sunningdale Rd., #18H | M14 | \$279,500 2 Bedroom, 1 Bath with Private Entrance. Located on a Nice Greenbelt with Drive-Up Parking. High Side Expansion, Large Patio Storage Closet, Laminate Flooring, 3 Skylights, Central A/C. Great Location!



13381 El Dorado Dr. #202B | M8 | \$245,000 Nice Private Location. Charming 2 Bedroom, 1 Bath with High Side Expansion. Washer/Dryer Combo, Heat Pump, Fireplace, 2 Skylights, Cut Down Shower and Close to Parking.



1671 Interlachen Rd., #285i | M 11 | \$385,000 One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

"My purchase of a property in
Leisure World with Carol was a
great experience from the initial
contact to the final closing.
Carol was patient, accommodating
and helpful to my sensitive situation.
She was readily available on very
short notice and very beneficial in
obtaining the best price for my
extremely needed quick purchase.
I would most definitely recommend
Carol as it was my pleasure doing
business with her."
-Debbie Martinez

On January 12th, 2020 a total of 61 units show as active listings on the CRMLS (this is where Realtors list property for sale).

13 -1 bedroom/1 bath from \$150,000 to \$214,000

37 - 2 bedrooms/1 bath from \$199,000 to \$429,500

21- 2 bedrooms/2 baths from \$240,000 to \$485,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

