



Spring Forward on **March 14**



Springing forward isn't all that easy

It's almost time to spring forward. Daylight saving time 2021 begins at 2 a.m. on Sunday, March 14, meaning you'll set your clock to 3 a.m. at that time.

Most people think daylight saving time lasts for half the year. But it actually is in effect about eight months, ending this year on Sunday, Nov. 7.

It's been that way since 2007 when Congress declared that daylight saving time begins in the United States on the second Sunday in March and ends on the first Sunday in November.

The observance is often wrongly called "daylight savings time" with an extra "S," but its name comes from the idea of saving daylight.

Daylight saving time isn't observed the same way—or at all—in some parts of the country.

The Uniform Time Act of 1966 standardized time zones and daylight saving practices around the United States, but it allowed individual states to pass laws exempting themselves. Arizona and Hawaii are the only states that do not observe the time change.

Some state lawmakers are fighting to kill the time change and retain daylight saving time all year round. California voted to make daylight saving time permanent in 2018, and Washington did the same in 2019. But federal law would have to change for these measures to take effect.

Springing forward can be difficult because you lose an hour of sleep.

Many experts have pointed to the time change's adverse health effects. For example, a recent study by the National Institutes of Health found that around 150,000 Americans experienced physical health problems caused by the biannual time changes.

According to health experts, losing that one hour of sleep can affect productivity, concentration, and both physical and mental health. Sleep experts advise getting to bed earlier. You can ease your body into the time change by starting your nighttime routine 15 minutes earlier in the days leading up to the start of daylight saving time.

Wake up at the same time each morning to keep your sleep cycle more regular. Getting up at the same time is far more important than going to bed at the same time, though consistency on bedtime is certainly also important.

Being physically active is good for your health and it can help you sleep better, too.



Thomas Fileto

Firefighters were called to Clubhouse 2 to extinguish a fire that started in a paper shredding truck March 4. The GAF-sponsored shredding event had to be postponed until today at 10 a.m. (see page 3 for information).



Laurie Bullock

No one was injured in fire, which is under investigation

No one was injured in a fire that broke out in a shredding truck on March 4 in the parking lot of Clubhouse 2, but a mountain of soggy shreds of paper had to be reloaded by hand and after fire reignited in the truck, by a GRF forklift operator.

The cause of the fires is under investigation, according to the Orange County Fire Authority.

Golden Age Foundation (GAF) volunteers ended up staying at the site until all papers were properly disposed of.

People who were turned away last week can have their documents shredded today from 10 a.m. -noon at the Clubhouse 2 parking lot. (See story, page 3.)

GAF has had a contract with Mobile Shredding Company for more than five years without incident. The free event is held quarterly.

On March 4, as people were dropping off bags of paper to be shredded, thick smoke began to pour from the truck and witnesses reported an unpleasant odor at about 10:35 a.m.

FIRE, page 3



Anna Derby

COVID-19 vaccination clinics were held March 6 and 7, providing second-dose shots to an estimated 1,650 LW residents, who waited under the red-and-white canopy to be called for their appointments. GRF staff and Golden Age Foundation volunteers helped facilitate the clinic as OptumCare medical personnel administered the shots. See page 2 for more information.



CERT leader Phil Mandeville (back, left), GRF Safety and Emergency Coordinator Eloy Gomez (second from right) and GAF President Anna Derby (in red) pose with other volunteers at the COVID-19 vaccination clinic March 7.

COVID-19 Clinic Update

The full inoculation of 4,200 Leisure World residents was completed March 6-7, when 1,650 residents received their second doses of the Pfizer vaccine to protect them against COVID-19.

It is anticipated the next clinic, to be scheduled later this March as supplies arrive, will accommodate the remaining LW registrants over 65. Once permitted by Orange County, the GRF and OptumCare will begin vaccinating those under 65, GRF employees, ICS contractors and registered caregivers.

Caregivers who are registered with the Stock Transfer Office may now sign up to receive the vaccine at a later date by filling out the form at <https://www.lwsb.com/vaccine-caregivers/>.

Only registered caregivers may take advantage of this free service. People who have not received their first inoculation can expect to receive them later in March if they have re-registered since Feb. 5 and are over 65. Once OptumCare is informed the vaccine has been allocated for LWSB, the GRF will schedule another clinic and advise everyone via LW Live email notifications.

People who have not registered should do so immediately at www.lwsb.com/vaccine. Those who do not have access to the Internet can be registered by anybody who does.

Be advised:

- People must be available to take the second dose three weeks after the first dose. In the event of an unforeseeable interruption of vaccine supply, they are advised to postpone plans that would prevent them from being available for an extra week.

- Couples will be scheduled together by completing the one form with both names.

- People who are unable to complete registration by email and do not have someone to help them should contact Cindy Tostado at (562) 431-6586, ext. 317, or Eloy Gomez at (562) 431-6586, ext. 356, for a copy of the form to register manually or for personal assistance.

Residents are free to get their shots from another Point of Distribution if they don't feel they can wait. Those who are vaccinated elsewhere should alert the GRF by sending an email to cancelv@lwsb.com so they can be removed from the registration list.

Residents are urged to sign up for LW Live as it is the most efficient way to be kept updated on hastily scheduled COVID-19 vaccination clinics, registration procedures, stand-by vaccine availability and other important information.

To sign up online, log onto www.lwsb.com and click the "LW Live" icon to the right. A simple form will pop up. Fill out the form and make sure to hit the "submit" button at the bottom.

—Kathy Thayer, assistant recreation manager

SBPD

Be safe and sober on St. Patrick's Day

If you are celebrating St. Patrick's Day, remember to do so responsibly by having a plan to get home safely.

This St. Patrick's Day (March 17), Seal Beach Police Department will have officers on patrol from 1 p.m.-3 a.m. specifically looking for drivers suspected of driving under the influence of alcohol and/or drugs.

"If drinking is part of your plans, plan on designating a sober driver and find a safe way home," said Chief Philip Gonshak.

On St. Patrick's Day 2019 in California, seven people were killed, and 116 others were injured in crashes caused by driving under the influence.

Not only does driving under the influence put yourself and others on the road at risk, but it also hurts financially; attorneys' fees, fines, court costs, insurance rate hikes and car repairs can reach \$15,000 or more in California.

California's public health guidance advises to limit mix-

SAFE, page 3

COMMUNITY ACTION

Food distribution is today at CH 4

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be Thursday, March 18.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI Statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the box of food may send a proxy to act on their behalf with appropriate ID. People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at (562) 431-6586, ext. 317.



A landscaper plants pansies ahead of spring rains at the armillary sphere near the Amphitheater. Forecasters predicted rain at midweek, clearing to a sunny weekend, when everyone will move clocks forward one hour on Sunday.

CSULB

Free virtual tax preparation offered

IRS-certified students will provide free tax services to low-income families, disabled people, the elderly, students, non-residents and limited English-speaking individuals.

More than 50 English- and Spanish-speaking California State University, Long Beach, accounting students are providing free tax preparation assistance to qualified families. The Internal Revenue Service-certified students will help those who make \$57,000 or less, disabled people, the elderly, students, non-residents and individuals with limited English proficiency.

The free service is part of the Volunteer Income Tax Assistance clinic (VITA), which is an IRS-sponsored program.

Last year, student-volunteers filed state and federal tax returns that combined totaled more than \$1 million in refunds.

Participants must have the following original documents (if applicable):

- Government issued photo ID or driver's license.
- Original Social Security card or documents of individual taxpayer identification number.
- All W-2s and 1099s (if any).
- Other income and expense information.
- Tuition fees and expenses paid form 1098-T.
- Total expenses paid for child's daycare if any.
- Daycare or dependent care provider's address, phone and SSN or EIN.

- Bank account and routing number (voided check) for direct deposit of refund.

- Last year's tax return is helpful, but not required.

To file taxes electronically on a married filing joint tax return, both spouses must be present to sign the required forms.

Service will be provided Monday-Thursday from 10 a.m.-8 p.m. and Friday, 9 a.m.-3 p.m., through March 26.

To make an appointment, visit <https://www.csulbbap.com/vita>. For more information, contact Briana Martin, VITA media coordinator, at Vita.csulb@gmail.com or (562) 726-2331.

RV Lot Project

The main entrance of the GRF RV lot is under construction as of March 8. The project is expected to take about eight weeks to complete. Improvements include the installation of new entry and pedestrian gates and a new driveway.

The chain-link fence will be replaced with concrete blocks and 45-degree corners for access.

New LED street lighting will also be installed. For more information, call (562) 431-6586, ext. 324.

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GOLDEN AGE FOUNDATION

Shredding event starts at 10 today

The Golden Age Foundation (GAF) will host a make-up shredding event today, March 11, from 10 a.m.-noon in the Clubhouse 2 parking lot. The March 4 shredding service was interrupted when a fire broke out in the truck, and then reignited. All documents left at the site on March 4 were ultimately shredded, according to the GAF, which sponsors the free shredding service.

GAF volunteers will be there today to help shareholders and guard papers until they can be shredded.

Social distancing will be strictly enforced, and shareholders must wear face masks when dropping off materials.

Shareholders should drop off their documents and leave to avoid congregating. There will be no chairs at the event, and no line will be allowed to form. Plastic or paper bags are allowed. Cardboard boxes, contaminated bags, printer cartridges, hearing-aid batteries and electronic devices will not be accepted.

For more efficient service, shareholders should remove all staples and paper clips.

The GAF has discontinued offering small battery recycling at

this event. Battery recycling will be offered at another time, to be announced. People may dispose of household batteries outside the Copy and Supply Center in Clubhouse 5. A bucket is located in the alley.

The GAF is an independent, nonprofit, 501(c)3 charitable organization dedicated to serving the residents of Leisure World Seal Beach. Its purpose is to help make the community a better place to live. It was established in 1973 and is not affiliated with the Golden Rain Foundation.

All GAF programs are provided free to Leisure World shareholders. GAF is entirely staffed by volunteers, so all contributions go directly to meeting community needs.

The generous support of shareholders, residents, clubs, organizations and businesses is the main source of income for the organization. GAF programs and projects are made possible by the volunteer efforts of many members.

Contact Anna Derby at (562) 301-5339 for more information.



GRF forklift operator Jaime Morales with other Service Maintenance staffers helped load shredded paper into the truck after a fire forced the truck driver to dump it.

FIRE from page 1

GRF Security and Orange County Fire Authority Engine 48 responded and put out the fire.

When the smoke first appeared, the truck driver dumped the shredded contents onto the ground. Once firefighters departed, volunteers shoveled the paper

back into the truck, planning to resume the service until 1 p.m.

The truck started smoking a second time, bringing firefighters back to the scene. The shredding service was then postponed until today, March 11.

GRF forklift operator Jaime

Morales and Service Maintenance staff Steve Staley reloaded the debris onto the truck. Security and Recreation staff helped with the clean-up, and GAF volunteers remained at the scene until 1 p.m.

—Ruth Osborn

SCE ALERT

Send payments directly to avoid any late charges

Southern California Edison (SCE) is planning a software system outage relating to its outsourced payment processing that will affect LW shareholders who remit their SCE payments directly to the GRF Finance Office. The outage is planned for March 31-April 5. To avoid late payment processing during this period, shareholders should mail their payments directly to SCE.

(This is a software update, not a power outage.)

Golf Course Hours

Turtle Lake Golf Course, which has been operating under Pacific Standard Time since October, will switch to a daylight saving time schedule, effective March 14. The course will be open from 8 a.m.-7 p.m. with the last tee time reservation at 6:20 p.m.

Copies of GRF Policy 70-1429.02-1, Golf Course Rules, are available from the starter. The policy is also available online at lwsb.com.

SAFE

from page 2

ing with people you don't live with as much as possible to help reduce the spread of COVID-19. Although many St. Patrick's Day celebrations will be held virtually this year, it's important to designate a sober driver or stay at home for the night.

If you ever see a suspected drunk driver on the road, call 911.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Reveal Your Youthful Glow!

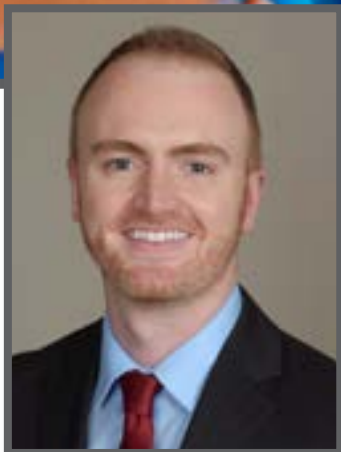
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Perspectives

Recycle Responsibly

by Eloy Gomez
GRF safety and emergency coordinator

Recycling is good for the environment, but not recycling correctly could harm the environment, humans, property and wildlife. For years, the Golden Rain and Golden Age foundations and the Seal Beach Police Department have been doing their part in recycling a variety of waste items. Items include green waste, cardboard, electronics (e-waste), used household batteries, incandescent light tubes and bulbs, and unused prescriptions drugs (by the SBPD). But let's focus on three items that residents have been recycling inappropriately.

Sharps
Sharps (hypodermic needles, pen needles, intravenous needles, lancets, and other devices that are used to penetrate the skin for the delivery of medications) are being left next to mutual dumpsters and in battery recycling containers. Please do not put sharps of any kind in recycling, where they could endanger workers.

Improper sharps disposal can affect janitors, pest control workers, groundskeepers, waste management workers and household pets, among others.

Roughly 25 to 45 percent of all facilities processing household trash (besides recycling) in California have workers hand-sorting recyclable material out of that trash. A single worker's on-the-job needlestick can mean weeks of taking drugs to prevent the spread of infection, with side effects including nausea, depression and extreme fatigue as well as months waiting for expensive periodic tests to reveal whether he or she contracted life-threatening HIV/AIDs or hepatitis B or C.

A 2008 study suggested that "nationwide each year, 25 percent or roughly 150,000 to 200,000 needlesticks occurred outside the health services industry for a cost of \$38 million."

The Law
State law (H&SC §118286) makes it illegal to dispose of home-generated sharps waste in the trash or recycling containers and requires that all sharps waste be transported to a collection center in a sharps container approved by the local enforcement agency.

To dispose of sharps, old paint or household chemicals and other household hazardous waste, visit the OC Waste Center, 17121 Nichols Lane-Gate #6, Huntington Beach, 92647.

RECYCLE, page 19

Member Column

by Jim Greer
LW contributor

*"I must down to the seas again,
for the call of the running tide
Is a wild call and a clear call
that may not be denied;
And all I ask is a windy day
with the white clouds flying,
And the flung spray and the
blown spume, and the sea-gulls
crying."*

This stanza from John Masfield's "Sea Fever" speaks to my lifelong love affair with the ocean. My boyhood was spent in the water and on the sand of Seal Beach. Aboard boats departing Alamitos Bay, I sailed to Catalina, marveled at the seal life that swam alongside and beneath me in glass-bottom boats. Indeed, no child could have had a better life than mine spent upon the Pacific and along its shores.

As residents of this peaceful, verdant community, our proximity to the ocean calls us as it did Ralph Waldo Emerson to "live in the sunshine, swim the sea, drink the wild air."

The days of March are growing longer and warmer. Flowers and trees are blooming again. And, with the promise of the vaccine's protection, we can once more live openly in the sunshine. Enjoy a walk around your mutual. Dine in the open air at your favorite

restaurant. Take a drive along the coast, roll down the windows and drink the wild air.

For a year now, we have hidden, not just behind masks, but also behind doors.

Fear of the virus and infections has pushed us into unwanted seclusion.

But life is meant to be lived, not feared. The wise Jeffrey R. Holland reminds us, "Don't wait to live. This isn't a rehearsal; this isn't a dry run; this isn't a pre-performance routine. This is it. This is real life. Don't wait. Savor every minute."

In a Psychology Today article titled "The Art of Now: Six Steps to Living in the Moment," Jay Dixit explains, "Life unfolds in the present. But so often, we let the present slip away, allowing time to rush past unobserved

and unseized." He then provides six ways to live in the moment.

• **Unselfconsciousness.** "Focus less on what's going on in your mind and more on what's going on in the room, less on your mental chatter and more on yourself as part of something."

• **Savoring.** "Relish or luxuriate in whatever you're doing at the present moment."

• **Breathe.** "There's no better way to bring yourself into the present moment than to focus on your breathing."

• **Flow.** Let your awareness merge with the action you're performing. Your tasks may be difficult, but the action will feel effortless.

• **Acceptance.** Be open to the way things are in each moment without trying to manipulate or

COLUMN, page 19

Credits & Kudos

Credits & Kudos must include the writer's name and mutual, and will be edited for brevity. Mention of a business or service is not an endorsement or recommendation by the LW Weekly or Golden Rain Foundation.

Eileen C. Davis of Mutual 2 writes: Dr. Chang Yung helped relieve my sciatica pain, and I want my neighbors who are in pain to know.

In October 2019, I spent 11 days receiving medical treatment for severe sciatica pain. I was in the ER at Kaiser Permanente for three days waiting for placement in an acute care facility.

After eight days in the facility, I was released, feeling better but still in pain. After 10 sessions with Dr. Chang, my sciatica pain was gone! Today, I am still pain-free and no longer experience any sciatica problems.

I think Dr. Chang Yung, (714) 401-3355, would be a benefit to anyone suffering with pain.

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Government

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., March 11	Mutual 12 virtual.....9 a.m.
Fri., March 12	Mutual 3 virtual.....9 a.m.
Mon., March 15	Mutual 15 virtual..... 1 p.m.
Tues., March 16	Mutual 14 virtual..... 1 p.m.
Wed., March 17	Mutual 5 virtual.....9 a.m.
Wed., March 17	Mutual 7 virtual..... 1 p.m.
Thurs., March 18	Mutual 2 virtual.....9 a.m.
Thurs., March 18	Mutual 11 virtual..... 1:30 p.m.
Mon., March 22	Mutual 8 (open forum, 9:15 a.m.) virtual..... 9:30 a.m.
Wed., March 24	Mutual 10 virtual.....9 a.m.
Thurs., March 25	Mutual 1 virtual.....9 a.m.
Fri., March 26	Mutual 6 virtual..... 9:30 a.m.
Tues., April 6	Mutual 16 virtual..... 9:30 a.m.
Tues., April 6	Mutual 17 virtual..... 1:30 p.m.

Carport Cleaning Schedule 2021

Since most of the holidays in 2021 fall on workdays for LWSB's cleaning contractor, all carports will be cleaned this year on the actual holiday, with the exception of Thanksgiving (Nov. 25). The following carports will be cleaned the morning of Nov. 30:

- Mutual 11:** Carports 130-131
- Mutual 15:** Carports 7-8, 10 and 13
- Mutual 16:** Carport 9

The following carports will be cleaned that afternoon:
Mutual 15: Carports 3, 6, 11-12

LW Community Guide 2021

The COVID-19 pandemic delayed the production of the LW Community Guide in 2020. If there are any changes to your information for the White Pages from 2019, or if you weren't included in 2019 but want to be in 2021, contact pattym@lwsb.com with your name and address and/or phone number.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.

Thurs., March 11	Communications/IT Committee Clubhouse 4..... 1 p.m.
Fri., March 12	Executive Committee Clubhouse 4..... 1 p.m.
Mon., March 15	Finance Committee Clubhouse 4..... 10 a.m.
Mon., March 15	Architectural Design Review Committee Clubhouse 4..... 2 p.m.
Tues., March 16	Website Ad Hoc Committee Clubhouse 4..... 1 p.m.
Wed., March 17	COVID-19 Ad Hoc Committee Clubhouse 4..... 9:30 a.m.
Tues., March 23	GRF Board Monthly Meeting Clubhouse 4..... 10 a.m.
Thurs., April 1	COVID-19 Ad Hoc Committee Clubhouse 4..... 1 p.m.
Fri., April 2	GRF Board Executive Session virtual 1 p.m.
Mon., April 5	Special GRF Board Meeting Clubhouse 4..... 10 a.m.
Mon., April 5	Recreation Committee Clubhouse 4..... 1 p.m.

CALL FOR CANDIDATES

Mutual and GRF election cycle begins

Since 1962, Leisure World, Seal Beach, has operated on a united community spirit. There is no one more interested in their home, Mutual and community than LWers and their fellow shareholders. Only they can truly understand the value of the LW life and lifestyle and have the motivation to see their Mutual, as well as the entire community, prosper.

Being part of a Mutual or GRF Board places shareholders in the middle of the decision-making process, with their voice and opinions heard as they represent their fellow shareholders for a collective benefit.

Pride in community, patience and motivation to help others are very important qualities for running for a seat on their Mutual or

GRF Board. It is the strength of the vast and varied experience each director has, as well as the collective strength of the Board, that builds community and protects LW's lifestyle and homes. The skills and knowledge a person has compiled through the years will be put to good use; everyone has the ability to do and be the change for the benefit of all.

The duly elected Mutual and GRF Boards set into operation the day-to-day business of each mutual corporation and Trust property and all of its amenities. Directors address the issues of most importance to their electorate—that is, their fellow shareholders. Board directors find solutions to existing problems, large and small. It's not

an easy job; it takes time, effort and a willingness to donate a portion of everyday life to the community.

As a community of more than 9,000 highly qualified shareholders, there is so much expertise to offer. New ideas and perspectives are always needed, which means volunteers are needed. Everyone should consider becoming a candidate for a position on their Mutual or GRF Board of Directors.

The schedule below indicates the Mutuals' and GRF elections schedule. Deadlines to apply for candidacy vary. Anyone interested in or who has questions relating to becoming a candidate for his or her Mutual or GRF Board of Directors should contact the Stock Transfer Office at (562) 431-6586, ext. 346.

Recap of the Presidents' Council, March 4

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach, was convened at 9:05 a.m. by President Jackie Dunagan on March 4 via video-telephone conference. The following is a recap of that meeting:

- The regular monthly council meeting minutes of Feb. 4 were approved, as presented.
- Facilities Director Mark Weaver presented his report on the solar sidewalk lights.
- Executive Director Randy Ankeny provided an update for Mutual Administration monthly reports and Stock Transfer monthly reports. Priscilla Jimenez provided an update for the Mutual and GRF Elections.
- Ankeny briefly spoke on the Super Wire Cable Contract. Super Wire is currently finalizing negotiations, and the community will not experience a disruption.
- Ankeny briefly spoke on improving communications between Stock Transfer and escrow companies.
- Ankeny briefly spoke on the water bill and the upcoming project involving water conservation.
- Ankeny briefly spoke on the pool and the sewer line projects.
- Ankeny stated that the Golden Rain Foundation (GRF) will continue to evaluate the sewer systems

and will bring it to the attention of the Physical Property Committee.

- Ankeny briefly spoke on the COVID-19 vaccine. The goal is to get a vaccine to everyone in the community who wants one. The GRF has a commitment to getting access to the vaccine for staff, including contracted employees and registered caregivers, starting in early April.

- Ankeny briefly spoke on the water meters.

- Ankeny encourages shareholders to look for issues in our infrastructure.

- Ankeny briefly spoke on the shareholders' request to do a 2021 Mutual Merger Evaluation. It was suggested by the executive director to bring this discussion to each of the Mutual boards for a unanimous consensus.

- Ankeny updated the council of a fire in the dumpster due to a lithium battery.

- Ankeny asked the recording secretary to coordinate Zoom controls with those in attendance via phone.

- The Presidents' Council members discussed the possibility of creating a Mutual Communications Committee.

The next meeting of the Presidents' Council is scheduled for April 1 at 9 a.m. via Zoom.

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

Connecting with the LW Weekly

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19. Editors can be reached by phone and email. See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com.

People may drop articles and classified ads into the letter slot at the front of the News Building. The editorial deadline is Thursday for the following Thursday's edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; deadline is Monday at 2:30 p.m.

2021 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	10	276	139	5	1/29	3/1	4/19	3 rd Wed	5/19	10 a.m.	
	14	328	165	7	1/29	3/1	4/20	3 rd Thu	5/20	10 a.m.	
	7	384	193	5	1/29	3/2	4/21	3 rd Fri	5/21	10 a.m.	
	8	348	175	5	2/3	3/5	4/22	4 th Mon	5/24	10 a.m.	
MAY	4	396	132	4	2/10	3/17	4/26	4 th Wed	5/26	10 a.m.	Staggered terms
	16	60	20	5	2/10	3/17	4/26	4 th Wed	5/26	2 p.m.	Election & Annual Meeting held in Admin. Conf. Room
	11	312	157	6	2/5	3/8	4/27	4 th Thu	5/27	10 a.m.	
	9	384	193	7	2/5	3/9	4/28	4 th Fri	5/28	10 a.m.	Parents in effect
JUNE	Golden Rain Foundation				Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutuals 1, 3, 5, 7, 9, 11, 15, & 17				Wed. 3/3	Fri. 4/2	Fri. 4/30	1 st Tues.	6/1	10 a.m.	New directors will be installed at GRF Annual Meeting on 6/8 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	2/12	3/16	5/5	1 st Fri	6/4	10 a.m.	
	5	492	164	3	2/23	3/30	5/6	2 nd Tue	6/8	10 a.m.	Staggered Terms
	3	432	217	7	2/19	3/22	5/10	2 nd Wed	6/9	10 a.m.	
JUNE	12	452	151	7	2/25	3/29	5/11	2 nd Thu	6/10	10 a.m.	Parents in effect
	2	864	433	9	2/19	3/23	5/12	2 nd Fri	6/11	10 a.m.	
	1	844	282	4	3/1	3/31	5/13	2 nd Mon	6/14	10 a.m.	Staggered Terms
	15	502	252	7	2/26	3/30	5/19	3 rd Fri	6/18	10 a.m.	
	17	126	64	2	3/9	4/8	5/20	4 th Tue	6/22	10 a.m.	Staggered Terms

NOTE:
* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.
** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.
*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

I am a singer born in Oklahoma on March 10, 1983. When I was a child I sang with a church choir and also participated in talent shows. I gained fame while participating in a popular American singing competition, which I ultimately won.

p_n

		7		9			2	3
8						7	4	
6		2	3		5			
			2	3			5	9
5	3	4			6		7	2
	2		5	4	7		1	
2			4	5				7
	1	9					6	4
	7			6	3			

Level: Beginner

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to nutrition.
Each number corresponds to a letter.
(Hint: 15 = E)

A. **14 6 18 16 5 15 14 18 21**
Clue: Vitamins and minerals

B. **12 8 8 10**
Clue: Nourishment

C. **26 17 3 8 16 5 15 21**
Clue: Food energy

D. **10 5 15 18**
Clue: The food a person eats

Boggle® BrainBusters!

By David L. Hoyt and Jeff Knurek

B	U	P	H
W	O	I	S
G	O	K	E
A	G	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

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6 letters = 4 points	31-60 = Gamer
7 letters = 6 points	21-30 = Rookie
8 letters = 10 points	11-20 = Amateur
9+ letters = 15 points	0-10 = Try again

I	S	D	A	C
C	N	P	I	J
H	A	L	Y	E
L	I	N	E	A
Y	A	T	I	K

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6-21-20
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Puzzles & Comics
Answers on page 18

A	L	A	C	L	S	H	R	D	I	S	D	I	O	N	O	V	A	L	F
M	V	S	R	Z	O	S	C	E	R	V	N	M	M	O	E	Z	P	T	M
S	I	C	L	P	T	R	O	V	U	I	Z	R	F	R	V	H	H	U	C
O	F	O	F	I	Y	V	E	A	E	O	L	R	Y	M	F	E	O	E	R
P	V	R	Y	V	P	G	F	T	P	D	G	I	A	D	Y	Z	S	U	T
V	N	B	N	S	N	I	O	E	S	F	O	C	H	S	G	V	P	G	R
M	I	I	Z	O	P	R	D	G	V	E	R	G	O	H	N	M	H	A	O
L	C	C	A	E	P	G	S	S	T	O	L	D	B	I	P	A	A	C	N
D	A	A	G	E	Z	M	G	N	N	I	I	O	M	C	D	G	T	L	U
A	I	C	M	A	U	I	A	U	H	U	V	A	H	C	L	N	E	L	T
U	N	I	F	S	T	L	T	R	M	A	I	S	C	I	H	E	B	O	R
A	L	D	U	N	E	R	A	O	G	H	T	A	F	C	R	S	D	N	I
H	Y	C	S	I	E	L	Z	V	T	O	C	G	G	I	E	I	R	I	T
P	S	T	N	E	E	E	E	N	Y	I	R	I	F	U	O	U	N	T	I
E	F	M	S	U	M	R	O	N	L	L	A	C	S	O	U	M	L	E	O
H	S	T	N	Y	G	R	Z	O	I	P	I	Z	I	B	L	O	R	R	N
L	P	Y	Z	U	I	A	F	I	T	U	Z	A	Y	M	F	A	M	R	A
A	L	N	G	G	C	Z	R	V	B	V	M	V	D	N	A	Y	T	R	A
Z	E	R	F	I	B	E	R	C	A	L	C	I	U	M	U	G	D	E	T
Y	F	P	L	G	C	T	E	T	A	R	D	Y	H	O	B	R	A	C	Z

Find the words hidden vertically, horizontally, diagonally, and backwards.

ASCORBIC ACID
CALCIUM
CARBOHYDRATE
CHOLESTEROL
DAILY VALUE
ENZYME
FIBER
FLAVONOIDS
FOLATE
FOLIC ACID
IRON
LIPIDS
MACRONUTRIENT
MAGNESIUM
MICROGRAM
NIACIN
NUTRITIONAL
PHOSPHATE
PROTEIN
RETINOL
SELENIUM
SODIUM
SUGAR
THIAMIN

Health & Fitness

CDC issues new guidelines for the vaccinated

The Centers for Disease Control and Prevention (CDC) issued new guidelines March 8 for those who have been fully vaccinated. While this group can more safely visit with one another, basic precautions should continue to be practiced in public.

People are considered fully vaccinated two weeks after receiving their second dose of any two-step vaccine, such as those by Pfizer and Moderna; for a single-dose vaccine, such as the one developed by Johnson & Johnson, it's 14 days after that dose.

According to *cdc.gov*, "We're still learning how vaccines will affect the spread of COVID-19. After you've been fully vaccinated against COVID-19, you should keep taking precautions in public places like wearing a mask, staying 6 feet apart from others, and avoiding crowds and poorly ventilated spaces until we know more."

But those who have been fully vaccinated can safely gather indoors with fully vaccinated people without wearing a mask. They can also feel confident gathering indoors with unvaccinated people from one other household (for example, visiting with relatives who live together) without masks. However, this does not apply if any of those people or anyone they live with has an increased risk for severe



Fully vaccinated people can feel safe to gather in small groups.

illness from COVID-19.

If a fully vaccinated person has been around someone who has COVID-19, they do not need to stay away from others or get tested unless they have symptoms of the virus.

"We're still learning how effective the vaccines are against variants of the virus that causes COVID-19," according to the CDC. "Early data show the vaccines may work against some variants but could be less effective against others."

The health protection agency recommends that even those who have been fully vaccinated should continue to protect themselves and others by wearing a mask, staying at least 6 feet apart from others, and avoiding crowds and poorly

ventilated spaces when in public. This also applies when gathering with unvaccinated people from more than one other household, as well as visiting with an unvaccinated person who is at increased risk of severe illness or death from COVID-19 or who lives with a person at increased risk.

Medium- or large-sized gatherings should continue to be avoided, and domestic and international travel should be delayed for the time being.

"We're still learning how long COVID-19 vaccines can protect people," the CDC said. "Until we know more . . . everyone—even people who've had their vaccines—should continue taking basic prevention steps when recommended."

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.25 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, March 11: Chicken chop suey, brown and wild rice, and Oriental vegetables; cheesecake; ham-and-cheese deli sandwich with lettuce, tomato and pickle, plus creamy coleslaw.

Friday, March 12: Beef stew with potatoes, celery, carrots and onions, plus a biscuit; fresh orange; Chinese chicken salad with mandarin oranges, cabbage, carrots, onion and Asian dressing, plus crackers.

Monday, March 15: Oven-baked herbed chicken leg and thigh, macaroni and cheese, and mixed vegetables; peaches; chicken-salad sandwich with spinach and tomato, plus homemade macaroni salad.

Tuesday, March 16: Pork loin with apple-berry sauce, mashed sweet potatoes, and peas and onions; vanilla pudding; entrée Greek chicken salad with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.

Wednesday, March 17: Corned beef, boiled new potatoes and seasoned cabbage; fresh tangerine; turkey-and-cheese sandwich with lettuce, tomato and pickle, plus carrot-and-raisin salad.

Happy Monday, Get Strong Kick-Start

Prevent age-related muscle loss, also known as sarcopenia, with strength training. Via Zoom, certified personal trainer and Leisure World resident Eunis "WildFire!" Christensen leads simple at-home workouts with dumbbells and stretch tubing/bands every Monday at 4 p.m. This free, interactive half-hour group class is designed to help people stay strong and healthy for years to come. Email wildfire1@truetomybody.com or call (562) 879-1954 for registration information.

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Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m. Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on youtube.com.

Join the Zoom meeting by visiting <https://us02web.zoom.us/j/84982522530>; the meeting ID is 849 8252 2530, and the password is practice.

Rosenfeld has certification from the Fitness Aging Institute and an ACE Group exercise certificate. For more information, email arosenfeld1@verizon.net.

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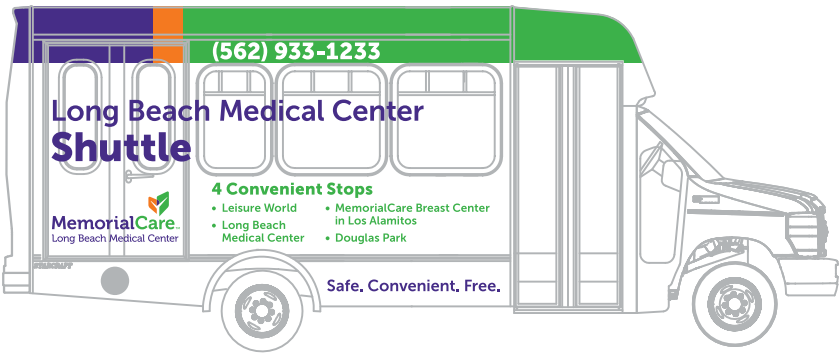


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Religion

Beit HaLev

Due to the suspension of Beit HaLev’s livestream services on Facebook, services will only be held on Zoom and on YouTube. To join on Zoom, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704, and the passcode is RavGalit. To watch on YouTube, go to www.youtube.com and search for “Shabbat Shalom LIVE!”

Beit HaLev’s Coffee Chavurah on Zoom will celebrate the Sabbath evening on Friday, March 12, at 5:30, followed by the evening service at 6. On Saturday, March

13, service begins at 10:30 a.m., followed by the Coffee Chavurah. Beit HaLev’s prayerbooks, “Lev L’Lev,” are shared onscreen on both Zoom and YouTube.

“Vayachel-P’kudei,” a double Torah reading and the final chapters of the Book of Exodus, features two rarely mentioned characters of the Torah: Bezalel and his artistic assistant Ohavia. These artists were picked by HaShem to be the architects of the spiritual center of the Israelites, including the Tabernacle, the Aron Kodesh, the Golden Menorah, all the ritual articles to be used in the Mishkan. The Midrash speaks of Bezalel’s

spiritual connection to HaShem and his ability to interpret God’s desire into physical form.

Rabbi Galit Shirah conducts a weekday Ma’ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and to hear a spiritual message, go to SimShalom.com.

Zoom classes for beginning Hebrew and Pirke Avot will begin soon. For more information, contact the Rabbi at (562) 715-0888 or duets@icloud.com.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Fourth Sunday of Lent on Sunday, March 14.

The First Reading is from 2 Chronicles 36:14-16, 19-23, and the Second Reading is Ephesians 2:4-10. The Gospel reading will be from John 3:14-21.

Saturday Evening Mass Time Change

Saturday evening Mass will go back to starting at 5 on March 20.

Anointing of the Sick Mass

The Sacrament of the Anointing of the Sick will be administered by Father Juan this coming Saturday, March 13, at the 8:30 a.m. Mass. It can be received by those who are going to have major surgery, are chronically ill, or are elderly.

Masses

To receive a copy of the weekly parish bulletin, sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>.

HOLY FAMILY, page 19

Faith Christian Assembly

Faith Christian Assembly is open. In person services are on Sundays at 10:30 a.m. and 5:30 p.m. Coming together to worship God and study his word is vital. Faith Christian Assembly invites everyone to come back to church.

Out of an abundance of caution, all who attend services or events at Faith Christian Assembly will have their temperature taken at the door, be required to wear a mask before and after service, and have to sit socially distant from others. Those who are ill should remain at home. Call the church office for the most updated schedule information.

FCA, page 11

LW Baptist

By Roland Coburn
Pastor

The Bible heralds Christian faith as heart persuasion in believing that Christ alone is the true savior. Jesus’ life and words (Luke 7) show the nature and necessity of faith in him.

A centurion’s dear slave was dying. Hearing about Jesus, the soldier sent Jewish elders for Jesus’ help. They explained how the commander loved their people and how he built their Capernaum synagogue. Jesus accompanied them, but another message came: “Lord, don’t trouble yourself. I’m not worthy you should come, nor myself come to you. Just say the word to restore my servant. For I, a mere man under authority, give orders and it’s done.” Jesus marveled at his faith. He told everyone, “Not even in Israel have I found such faith.” Jesus expects us to trust his word. Returning, the messengers found the slave healed.

Entering Nain’s border, Jesus, the 12 disciples and his crowd met a group that was leaving to bury a mother’s only son. Tradition expected Jesus’ group to join the funeral. Touching the bier, Jesus stops them. Jesus requires we trust his compassion. Feeling her grief, Jesus says gently, “No weeping,” giving hope. Jesus spoke, “Young man, I say to you, arise!” The deceased sat up and began speaking, and Jesus gave him to his mother. The prince of life takes death’s prey and dries every tear. “I am the resurrection and the life; everyone who lives and believes in me will never die. Do you believe this?” A mother’s faith knows God is with us.

Hearing of these events, John the Baptist in prison sends two followers to ask the Lord, “Are you the expected one, or do we look for another?” Jesus answers, “Tell John what you see and hear: blind receive sight; lame walk; lepers are cleansed; deaf hear; dead are raised, and to the poor, the Gospel is preached. Whoever does not take offense at me is blessed.” Jesus says to trust his promise in life’s trouble. Not understanding everything, faith nonetheless trusts his

BAPTIST, page 11

Redeemer Lutheran & St. Theodore’s

By Lisa Rotchford
Reverend

As we continue to live through these most interesting times, my favorite psalm rises in my mind, heart and soul. The reason these condensed verses from Psalm 63 are held so closely is not because it is the best known psalm, nor is it one we recite often in services. But it is a psalm that I carry in my heart whether I am at “a peak” or “a valley” or somewhere in between.

“O God, you are my God; eagerly I seek you; my soul thirsts for you...my soul is content...my soul clings to you; your right hand holds me fast” (Psalm 63:1-8).

God is with us wherever we are. God holds us, enabling our souls to be filled with peace even though the future may be unsure. As we approach the days when “normal” life begins to poke its head out of the pandemic like a spring flower emerging from a dark slumber in the earth, I encourage you to hold onto God, whatever your circumstances. As nearby amusement parks schedule to reopen yet the roller coaster of pandemic life continues, hold onto God, and God’s peace will hold you fast.

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First Christian Church

By Bruce Humes
Pastor

In Psalm 119:49-50, the psalmist writes, “Remember the word to your servant, upon which you have caused me to hope. This is my comfort in my affliction, for your word has given me life.”

Here the psalmist in an attitude of prayer asks God to not forget the promises he has given him. Why? Because those promises of God caused him to put his hope in the Lord. It’s those promises that comfort him in his time of need, and he recognizes that it’s God’s word and promises that give him life.

It’s not possible that God, who is all knowing, could forget the promises he made through his word to us. But, as we go through times of difficulty, times of need, our human frailties can and will cause us to falter in faith. We are told in 2 Timothy 2:13, “If we are faithless, he remains faithful; he cannot deny himself.” This should cause us to come prayerfully to

the Lord, asking him to help us believe in him and his promises. This is exactly what God wants us to do: come to him in prayer.

I am reminded of Jesus’ words in Matthew 11:28, where he says to us: “Come to me, all you who labor and are heavy laden, and I will give you rest.”

In his own words, Jesus tells us to come to him with all of those worldly concerns that burden our souls and he will give us rest. In fact, that’s what he tells us in verse 29, “Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.” Want to find rest for your burdened soul? Then turn all your earthly burdens, afflictions and concerns of this world over to him, and he will bring you rest.

The writer of Hebrews in 4:8-13 touches on the subject of rest and God’s word that brought the psalmist hope, comfort, and life. Verses 8-11 speak on the subject of rest: “For if Joshua had given them rest, then he would not afterward

have spoken of another day. There remains therefore a rest for the people of God. For he who enters his rest has himself also ceased from his works as God did from his. Let’s therefore be diligent to enter his rest, lest anyone fail according to the same example of disobedience.”

What is it in this world that loads us down with burdens? Is it finances, family issues, our health, politics or a pandemic? Perhaps it is the violence, ungodliness, wickedness and lawlessness we see not only in our own streets of America, but also the world? Is it in science, government or religion? If our hope is sought from any source other than him who gives us rest, comfort and life, we will be found wanting.

Verses 12-13 focus on God’s word. “For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts
FIRST CHRISTIAN, page 19

Assembly of God

By Sheryl Franco
Co-Pastor

We are in the process of moving, and with that comes one of the least desirable jobs for people like us, who have taken more than a few revolutions around the sun: Weeding out, sizing down and getting rid of decades of stuff we have collected and carried with us from residence to residence. It’s time-consuming and sometimes heart-wrenching. We hold that thing in our hands, and the memories of where we acquired it, who gave it to us, or which one of our children made it flood into our minds. We are lost for moments in reverie, and when we “come to” with the memory fresh on our heart, the decision

to keep, donate or sell is made even more difficult.

For several years, I have tried to apply what I call the “Elsa principle” to my life. Remember the Disney animated blockbuster “Frozen” and the Oscar-winning song, “Let It Go”? At a pivotal moment in the film, Elsa stands at the pinnacle of her icy domain, whips her cape dramatically, spreads her arms and belts out, “Let it go!” Those three words are powerful. They can be life changing. In a practical sense, that challenge helps us pare down our possessions to the things that work for us in our present situation. No more “I might need this someday,” and then stumbling over it or constantly moving it out of the way in the storage unit. In

a spiritual and emotional sense, that mandate allows us to let go of emotional baggage that weighs us down, old hurts, grudges and unforgiveness. It allows us let go of self-blame and realize complete, personal, God-given forgiveness. We can let go of the weight of guilt and sadness that we have collected and carried with us from season to season.

What legacy do you want to leave behind? Regarding our present move, our adult children have already told us, “We’re done taking stuff.” The thing that I put so much value on—which, by the way, has collected dust in a box in the garage for years—is not valuable to them at all. What is valuable to them? The memories we
ASSEMBLY, page 19

Church of Jesus Christ of Latter-day Saints

By Jim Greer
LW contributor

In his October 2020 General Conference address titled “Let God Prevail,” President Russell M. Nelson explained the importance of the gathering of Israel. “Everything about it has intrigued me, including the ministries and names of Abraham, Isaac and Jacob,” he said. Especially intriguing to the Prophet is the covenant God made that extends throughout their lineage. Today, we are discovering more about the dispersion of the 12 tribes and the prophecies about their gathering.

Nelson spoke of Hebrew scholars who teach that one of the Hebraic meanings of the word Israel is “let God prevail.” The family name Israel identifies those who are willing to let God prevail in their lives.

This willingness is fully demonstrated in the expression of our agency when we choose to identify ourselves with Israel. As we do, we decide to let God

prevail and allow him to be the most potent influence in our lives.

A crucial turning point in Jacob’s life was when he wrestled with a severe challenge in a place he named Peniel, meaning “the face of God.” It was there that he sought a special blessing from a messenger of God. In his struggle, Jacob proved his insistence that God prevail in his life. In response, Jehovah changed Jacob’s name to Israel and conferred upon him the same blessings pronounced upon the head of Abraham.

In time, Israel’s posterity was no longer willing to let God prevail in their lives and broke its covenants. God then scattered them to Earth’s four corners with a promise to gather them again, stating, “For a small moment have I forsaken thee; but with great mercies will I gather thee.”

With the Hebraic definition of Israel as “let God prevail,” we witness that the gathering of Israel takes on added meaning. We now recognize that the Lord lovingly gathers those who select

him as the preeminent influence in their lives.

The gathering of Israel is happening now. As a prelude to the second coming, it is the most critical work in the world. It should be our saga and an expression of our expanding faith and spiritual courage. As members of the Church of Jesus Christ of Latter-day Saints, we are “latter-day covenant Israel,” and we are charged to assist the Lord with this work.

Nelson continues, “When we speak of gathering Israel on both sides of the veil, we are referring to missionary, temple and family history work. We are referring to building faith and testimony in the hearts of those with whom we live, work and serve.” When we help those on either side of the veil make and keep covenants, we help gather Israel.

“The gospel net to gather scattered Israel is expansive,” declared Nelson. “There is room
LDS, page 19

Congregation Sholom

Rabbi Eric Dangott will stream services on Friday, March 12, at 6:30 p.m. and Saturday, March 13, at 9:30 a.m. via Zoom.

New members who want to watch the livestream should contact Jeff Sacks to receive a Zoom invitation. Text Jeff at (714) 642-0122, or email him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice beforehand can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429, and the passcode is 8ZYy69.

Congregation Sholom has silk-screened, reusable Congregation Sholom of Leisure World masks for sale for \$5 each or four masks for \$18, shipping included. All proceeds will go to the general fund. Email Murray Pollack at murjet@yahoo.com or call (562) 331-3949 to place an order.

Bingo with Susan Michlin will be this Sunday, March 14, at 4 p.m. via Zoom.

Due to COVID-19, Congregation Sholom will not have a Passover Seder. Last year’s virtual Seder is available on YouTube. There will be virtual services on Zoom for the first, seventh and eighth nights.

Anyone who wants to be a member so they can participate in the livestreamed services on Zoom should call Ron Yaffee at (562) 430-7040.

BAPTIST
from page 10

wisdom, love and power. That is the martyr’s faith.

The messengers gone, Jesus publicly commends John’s faith as “my messenger,” adding that there’s none greater than John. “Yet he who is least in the kingdom of God is greater than he.” John’s faith belonged to the Old Testament era of promise. Jesus is the fulfillment of that promise, and he brings in the New Testament. Believers now see all God’s promises fulfilled in his beloved son. Jesus then clinches faith’s necessity. It is unwise to reject not believe, the messenger’s message nor the one he announced, namely Jesus, or else you harm your own soul, rejecting God’s good purpose for you.

LW Baptist meets on Sundays at 9:30 a.m. in the Amphitheater.

FCA
from page 10

Due to COVID-19, Faith Christian Assembly is not having all of its regular ministries at this time. Call the church office for the most updated information on midweek Bible study, which is taught by Pastor Sheri Leming on Wednesdays at 11 a.m. Grief Share’s weekly meetings are Wednesdays at 5:30 p.m.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit the website at www.FCAchurch.net.

2020

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Community

SUNSHINE CLUB

Learn how to avoid Social Security scams

Retired Seal Beach police officer Rick Paap will give a presentation titled “Don’t fall for Social Security Scams” at the Sunshine Club’s next Zoom meeting on Friday, March 12, at 10 a.m.

Paap is a retired 26-year veteran of the Seal Beach Police Department. He currently works with Talon Executive Protection in the fraud department. Talon is based out of Orange County and is owned by Ron Williams, a retired Secret Service agent.

Paap has spoken at a previous Sunshine Club meeting and is looking forward to providing beneficial information that will help protect active seniors from becoming victims of Social Security scams.

To join this meeting, go to <https://us02web.zoom.us/j/84982089743?pwd=UGR3RlZRaUJmWmlSNE9KdTdNMUUh3QT09>. The meeting ID is 849 8208 9743, and the passcode is 508742. All shareholders are welcome to join.

Those who want to receive the Zoom link via email should text their name, Mutual number and email address to (562) 301-5339 no later than Thursday, March 11, at 5 p.m.

The Sunshine Club has LW leaders come to meetings to introduce their organizations to the group. It also invites specialists from outside Leisure World to share their experiences and ideas with club members.

For more information, contact Anna Derby at (562) 301-5339.



Rick Papp

SBTV Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at Sbtv3.org.

Thursday, March 11

- 4 pm MCC Summer Evening Festival
- 5:20 pm Hui O Hula 2021
- 6:20 pm Nova Scotia Road Trip
- 6:30 pm Tommy Williams: Memorial Songs
- 7 pm McGaugh Go West!
- 8 pm A Tribute to Ole’ Blue Eyes
- 9:10 pm Aquarium of the Pacific
- 9:30 pm Ocean Perspectives
- 10 pm Shakespeare in the Park: Cymbeline

Friday, March 12

- 4 pm Tommy Williams: Memorial Songs
- 4:30 pm Oceanscapes #2
- 5 pm McGaugh Third Grade Show
- 5:50 pm Nova Scotia Road Trip
- 6 pm Los Al Jazz Band 2018
- 6:35 pm Sea Inside
- 7 pm Live at the Ford: Celtic Show
- 8:30 pm Bob Cole Conservancy
- 9 pm Shakespeare in the Park: Othello
- 10:30 pm Cerritos Center–Golden Dragon Acrobats

Saturday, March 13

- 4 pm Hui O Hula 2021
- 5 pm MCC Summer Evening Festival
- 6:30 pm St. Patrick’s Day Harmonica
- 7 pm McGaugh First Grade Show
- 8 pm LAUSD
- 11 pm Cerritos Center–Matt Mauser

Sunday, March 14

- 4 pm Special Joint Meeting Followed by SBCC 3/8 Replay
- 6:30 pm St. Patrick’s Day with Rob Roy
- 7 pm Life and Times in SB: The Lawhead Brothers
- 8 pm Life and Times in SB: Paula Thomas
- 9 pm Live at the Ford: Lady Jazz
- 10:30 pm Ford Theater: Big Bad Voodoo Daddy

Monday, March 15

- 4 pm McGaugh First Grade Concert
- 4:45 pm Nova Scotia Road Trip
- 5 pm Tommy Williams: Memorial Songs
- 5:30 pm Hui O Hula 2021
- 6:30 pm Ocean Perspectives
- 7 pm Seal Beach City Council Meeting–LIVE
- 8 pm LW Rollin’ Thunder 2021
- 8:07 pm Nova Scotia Road Trip
- 8:15 pm A Tribute to Ole’ Blue Eyes
- 9:30 pm Oceanscapes #2
- 10 pm Shakespeare in the Park: Taming of the Shrew

Tuesday, March 16

- 4 pm Valentine’s Day Card for You
- 4:30 pm Oceanscapes #2
- 5 pm A Tribute to Ole’ Blue Eyes
- 6:15 pm McGaugh First Grade Show
- 7 pm Life and Times in SB: The Lawhead Brothers
- 8 pm Ocean Perspectives
- 8:30 pm Ford Theater: Big Bad Voodoo Daddy
- 10 pm Cerritos Center–Matt Mauser

SBTV, page 13



Harvested Korean YulMu

MINI FARM

Spring brings forward new crops

Spring is upon us, which means the produce planted in the fall are almost ready to be picked from the ground and enjoyed at the family table.

Anna Derby of Mutual 5 finds the most enjoyment working in the Mini Farm. She says that putting time into her Mini Farm plot helps her to forget about the anxiety and uncertainty that surrounds the pandemic.

She was granted a half-plot Mini Farm in fall 2016 after waiting over five years, she had no experience gardening or growing her own food but over the years has learned a lot about farming. She says that there’s nothing like eating something you yourself have grown out of the farm you’ve tended to for weeks or months. Over the last few years, Derby has grown lettuce, zucchini, red pepper, cucumber, kale, broccoli, Chinese cabbage, Korean YulMu, radish, spinach and more.

Derby planted YulMu, a popular Korean vegetable, in the late fall of last year, thinking it would be ready to harvest in March. The vegetable grows nicely, even in the colder winter months. This year, Derby’s YulMu grew quickly. It was time for it to be pulled before it grew too big for her plot.

The YulMu she harvested were too too big to make ChongGak Kimchi, also known as “bachelor Kimchi,” so she used it to make ChongGak Kimchi with steamed rice.

While harvesting YulMu, Derby decided to clean up her plot and pour some additional fertilizer to help the rest of the spring and summer vegetables grow. She’s hoping that the seeds she’s planted in preparation for the summer, which includes green onions, radishes, eggplants, tomatoes, cucumbers and corn, will grow abundantly so she and her family can continue to enjoy fresh produce from the Mini Farm.

GAF

Donate to the GAF while shopping at Ralphs and Amazon for no additional cost

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3) charitable organization dedicated to making Leisure World a better place to live.

The GAF must raise funds throughout the year to continue providing services to the community. There are now two simple ways for LWers to donate to the GAF without any additional cost.

Stay-at-home orders have been in place since March 2020 and made cooking at home a way of life, causing some to go grocery shopping more than ever before. Shareholders can now donate to the GAF during their weekly grocery shopping trip without having to spend more money, thanks to the Ralphs Rewards Program.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and doing your regular grocery shopping, you can help GAF receive a portion of those funds.

Those interested can sign up for the Ralphs Rewards program by phone or through the Ralphs website. To sign up online, go to www.ralphs.com. You will need your Ralphs Reward card number or the

GAF, page 13

Celebrating a birthday, anniversary or retirement?

Let LW celebrate with you!
Email stories to laurieb@lwsb.com with photos attached as jpegs

February Security Report

The following is a partial list of Security reports filed in February. The totals are recorded over a 28-day period. Part two will be printed next week.

FIRE

- Feb. 10, 10:43 p.m., Mutual 11
Smoke discovered–air conditioner malfunction.
 - Feb. 26, 5:21 p.m., Mutual 6
No flames, house filled with smoke due to empty pot left on stove.
- Total Fire Reports: 2

THEFT

- Feb. 4, 1:20 p.m., Mutual 2
Window screen found on ground with cigarette butts on grass. Nothing was taken.
 - Feb. 5, 4:05 p.m., Mutual 5
Trustees stated items were removed from their unit without their knowledge.
 - Feb. 12, noon, Amphitheater
2021 visitor pass removed from unlocked vehicle.
 - Feb. 17, 6:25 p.m., Mutual 1
Sweatshirt taken from dryer in laundry room area.
 - Feb. 26, 3:45 p.m., Mutual 2
Resident stated someone opened the mail slot on her door and removed property through the slot.
- Total Theft Reports: 5

VANDALISM

- Feb. 2, 11:04 a.m., Mutual 9
Bicycle received damage.
- Total Vandalism Reports: 1

DOG/PET COMPLAINTS

- Feb. 6, 6:15 p.m., Mutual 12
Resident dog aggressively ran toward another resident’s dog. No injuries or contact.
 - Feb. 7, 1:44 a.m., Mutual 2
Resident advised another resident’s dog is a nuisance.
 - Feb. 15, 11:20 p.m., Mutual 6
Dog ran up to another dog in an aggressive manner. No contact occurred.
 - Feb. 27, 12:57 p.m., Mutual 6
Resident complaint of barking dog. No noise detected.
- Total Dog/Pet Complaint Reports: 4

TRAFFIC

- Feb. 1, 2:30 a.m., Mutual 2
Report of resident driving erratically.
 - Feb. 10, Golf Course Parking Lot
Resident vehicle scratched by unknown person.
 - Feb. 21, 4:45 p.m., Mutual 9
Golf cart struck light pole, no injuries.
 - Feb. 28, 3 p.m., Mutual 8
Driver struck two parked vehicles and fled the scene.
 - Feb. 28, 5:15 p.m., Main Gate
Driver struck plastic sign holder
- Total Traffic Reports: 5

Club zeroes in on recall campaign

By Brian Harmon
LW contributor

The election for the open seat on the Board of Supervisors was held on March 9. It was not yet known who won the seat. Whoever it is, it is time to move forward and do what we can to improve life for all of us in Leisure World and Orange County.

In that spirit, the LW Republican Club members and leadership wish to officially congratulate our new OC Supervisor, whoever it is, wish him or her the best, and join that person in improving OC.

Most of us in LW, Republicans, Democrats and independents alike, are in agreement on many issues. We want to reduce homelessness, stop the rise in crime rates, improve services for the mentally ill, reduce discrimination based on race, religion, or political party, and promote COVID-19 vaccinations for everyone so that we can get the county moving again. We want to open up businesses, school and government offices, as safely as we can.

Both sides should strive for unity. We can disagree and still work together. However, this does not mean that during the off-season, political discussion should cease.

Recalling Gov. Gavin Newsom is the Republican Club's top priority for the next few weeks. If enough signatures are certified and an election is called, Republicans will move forward at full speed.

There are a few main reasons behind the recall Newsom campaign, including Newsom's gas tax increase and continued support of the bullet train project, which is designed to go from Bakersfield to Merced. The projected total cost is \$22.8 billion, with higher estimates coming almost monthly, according to the *Los Angeles Times*.

Many voters were especially angry when Newsom dined at a high-priced restaurant with wealthy donors in violation of his own stay-at-home orders, which at the time closed all indoor seating in restaurants and bars. Neither Newsom nor his guests was seen wearing a mask.

The LW Republican Club will continue to keep its booth open to discuss issues, register voters and get signatures on petitions to recall Newsom. If the petition drive is unsuccessful, the club will shut down the booth and go back to meeting every month on the third Monday of each month at 7 p.m. on Zoom. This month's meeting will be March 17; those on the mailing list will receive a link to the meeting. Anyone who wants to be put on the mailing list should contact club president David Harlow at dharlow50@aol.com. For the fastest service, type "HARLOW" in capital letters in the subject line.

GAF from page 12

phone number associated with the account to sign up.

To register over the phone, call (800) 443-4438. Make sure to say GAF's nonprofit organization (NPO) number, FS 519, during registration.

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Another way LWers can help GAF while they shop is through www.smile.amazon.com. Amazon Smile is a charitable award program funded through Amazon for qualified nonprofit organizations like the GAF. Every time you buy something from Amazon, a small percentage of your purchase will go to the GAF at no additional cost.

When enrolling in Amazon Smile, make sure to choose your charitable organization as the Golden Age Foundation Seal Beach. Below are step-by-step instructions on how to get started with Amazon Smile:

1. Sign in to your existing Amazon account. If you don't have an Amazon account, you can create one for free.
2. Type Golden Age Foundation Inc. as the charity you want to support. Make sure the location is set in Seal Beach, California.
3. Don't forget to start at www.smileamazon.com when you shop

For more information, go to www.GoldenAgeFdn.org or call club president Anna Derby at (562) 301-5339.

SBTV from page 12

Wednesday, March 17

4 pm	LW Rollin' Thunder 2021	6 pm	MCC Summer Evening Festival
4:07 pm	Nova Scotia Road Trip	7 pm	Oceanscapes #2
4:15 pm	A Tribute to Ole' Blue Eyes	8 pm	Shakespeare in the Park: Merry Wives of Windsor
5:30 pm	St. Patrick's Day with Rob Roy	10 pm	Cerritos Center-The Four Tenors

*All programming is subject to change.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line, (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report. Remember to not enage and give space to wild animals, strays and any sick or aggressive-looking animal you come across.

The LW Weekly: 430-0534

Democratic Club

By Mary Larson
LW contributor

Former Congressman Harley Rouda, who represented Orange County's 48th District in the House of Representatives from 2019-2021, is already actively working on being re-elected in 2022. His campaign manager, Alyssa Napuri, will be the featured speaker for the Democratic Club Zoom membership meeting on Wednesday, March 17, starting at noon. Napuri will bring members up to date on Rouda's plans for the rest of the year, plus report on Michelle Steel's first month as a member of Congress.

The presentation by Napuri will be first on the meeting's agenda. Members and supporters will be sent login information before the meeting. Those who do not have access to the Internet are invited to call (562) 412-0898 or (562) 296-8521 for information on how to join the meeting by phone.

Approval of updated club bylaws, as required by the Democratic Party of Orange County for the club's re-chartering in April, will also be on the meeting agenda. These bylaws are posted on the club's website at <https://sblwdems.wordpress.com> for members to review before the meeting. Click on the "about us" section, then on "bylaws." Those who do not have access to the Internet can receive a hard copy of the bylaws in advance by calling



Alyssa Napuri and Harley Rouda

(562) 296-8521.

...

The Democratic Club Board of Directors began developing plans for the reopening of the club's voter registration booth outside Clubhouse 6 as soon as it is safe to do so. In addition to registration material, Democrats and supporters will have access to yard and window signs, information about upcoming elections, club brochures, membership forms and more. Members can refer to the club's March 15 electronic newsletter for ways they can be involved in this effort.

The Democratic Club's Voter Outreach committee members have reported that emails supporting the election of Katrina Foley to the Orange County Board of Supervisors were sent to every Democrat in Leisure World whose address was available. In addition, letters in support of Foley's election were sent to all Leisure World residents who are registered as having no preferred

party. Katrina Foley yard signs were also made available to her supporters.

The club's Membership Committee Chair reports that the club has already received a substantial number of new or renewal memberships since the first of the year. The committee is currently in the process of sending reminder notices to the remaining members who may not be aware that memberships are now calculated on a calendar year basis.

New members and supporters are always welcome. Membership forms are available by calling (562) 431-7275 or by going to <https://sblwdems.wordpress.com/democratic-club-membership-2/>.

Leisure World Democrats and supporters are also invited to subscribe to the club's free electronic newsletter by calling editor Mary Larson at (562) 296-8521 or by emailing democraticclubsblw@gmail.com. Remember to include your full contact information.

Obituaries

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Galia Ann Ell 1937-2021

Galia Ann Ell was born of Russian ancestry in Kobe, Japan, on Sept. 5, 1937, to Olga and Anatoli Bendersky. She lived her early childhood years in Tientsin, China, with her family until the Japanese invasion. Her father, who was the distributor for Warner Bros. films for all of Asia, was wrongfully executed when she was around 9 years old. She and her mother fled to America with the help of her second father, Irving Layton, and they settled in Hollywood.



Ann was a graduate of Hollywood High. For her first job in 1958, she worked as a secretary at the William Esty Ad Agency, where she eventually wrote and produced "TV Technique" commercials for Winston Cigarettes with actors like Bob Cummings and Eve Drake, as well as Howard Adams and Ida Lupino for the show, "Mr. Adams & Eve."

Ann herself acted in various Russian programs and plays in Hollywood. Talent scouts and producers, including Joe Pasternak, courted her to become a movie star. She declined in order to start her family and to raise her children. Ann married her first husband, Les Lowe,

and together they had a son, Tony. She later married Victor Ell and moved to Alhambra, California, where they had their first born, Robert. One year later they moved to Hastings Ranch, at Greenhill Road in Pasadena, where a year later they had their second son, Craig.

Ann was an administrative secretary and teacher of Russian language during the founding years of the Gooden School in Sierra Madre in 1975. She also worked as a typesetter and secretary for the Sierra Madre News as well as for the Pasadena Community Housing Services and Head Start programs, where she mastered her computer skills, designing programs and music books.

She was an avid tennis player throughout her life, a black belt in Karate and an award winning poet. She was a member of the Pasadena Women's Garden Club and Hastings Hens. She worked in ceramics and did sewing and sequin work. Ann most enjoyed being with her three sons, eating crab, playing Bingo and she loved going to the casinos with her friends.

"Annie" loved her time living at Leisure World Seal Beach, and she especially loved all her friends and neighbors, including the four legged ones. She will miss her time in Mutual 6.

Ann is survived by her three children, Tony Lowe, Robert Ell and Craig Ell; her first husband, Lesley Lowe; and cousins Deanna

Boulton and family, Boris Mishel and family, Tyrone Estrada and family and Eric Ell and family. She is also survived by her kitty, Kelly.

Galia Ann Ell passed away due to COVID-19 related causes on Feb. 14, Valentine's Day.

Ann wished to have her ashes spread at a private ceremony at the Pioneer Cemetery in Sierra Madre, California.

—Paid obituary

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In Memoriam
Nim Kim 70
Maria Salcedo 68
Javier Miranda Rios 56
Elizabeth Osborne 96
Pete Hernandez 70
Roy Tippins 65
Marilyn Townsend 81
Sunepa Masoe 69
Jose Arceo 67
John Revill 96
Byron Pinckert 70
Michael Bruce 94
Epifanio Saldana 85
Carlos Castro 69
Julie Oakley 56
Maria Quintanilla 65
Marzenna Przenioslo 60
Kenneth Sandoval 75
Families assisted by
McKenzie Mortuary,
961-9301
—Paid obituary

Obituary Notices
laurieb@lwsb.com

Arts & Leisure



Celebrate St. Patrick's Day in style while learning more about Ireland and its history.

The luck of the Irish explored in these online events

All dressed in green with nowhere to go this St. Patrick's Day? Listed here are some events you can attend without leaving home. (Green beer optional.)

"St. Patrick: The Man and the Myth": Why do we celebrate St. Patrick? Was there really an Irishman who drove snakes off the island? At 1:30 p.m., historian Jennifer Paxton separates fact from fiction and shares the tale of a man who survived slavery, capture by pirates and church politics as he brought Christianity to Ireland. This online presentation is available with closed captioning and interpreting; visit mcpl.libnet.info/event/4875852 by Friday, March 12 to fill out a request form. Register for the lecture, sponsored by the Montgomery County Public Libraries, via www.eventbrite.com/e/st-patrick-the-man-and-the-myth-virtual-tickets-140881100163.

"History Loves A Parade: 260 Years of the St. Patrick's Day Parade": The New York Irish Center offers this Orlagh Cassidy-narrated retrospective of the

city's annual event, exploring key milestones of the parade in North America from Colonial times to the present. In addition to archival and new photography, expect music from Phil Coulter, Gregory Harrington and the Young Wolfe Tones, as well as interviews with historians such as Patrick Fitzgerald (Mellon Centre for Migration Studies, Northern Ireland), Maurice Fitzpatrick, Terry Golway, Harold Holzer (Abraham Lincoln Scholar, Hunter College), Christine Kinealy (founding director, Ireland's Great Hunger Institute), Maureen Murphy (Hofstra University), Robert Schmuhl (Notre Dame University) and Bonnie Weir (Yale University). The program starts at 1 p.m.; register at www.eventbrite.com/e/history-loves-a-parade-260-years-of-the-st-patricks-day-parade-tickets-144216733131.

Irish Best-seller Carmel Harrington: Ireland's Brent Libraries hosts an interactive conversation with best-selling author Carmel Harrington at 4 p.m. Harrington will read a passage from her 2020

novel, "My Pear-Shaped Life," which is described as a "heart-warming, uplifting story about missteps, second chances and self-belief." After the reading will be a question-and-answer session followed by an invitation for Zoom audience members to share their St. Patrick's Day experiences, whether in Ireland or overseas. Visit www.eventbrite.co.uk/e/celebrate-st-patricks-day-with-irish-bestseller-carmel-harrington-tickets-140052411533 to learn more about Harrington and to register.

Visual Guided Tour of Ireland: Calgary's renowned "Travel Lady," Lesley Keyter of thetravel-lady.blog, presents this tour of the Emerald Isle at 9:30 a.m., as part of a series offered by the Kerby Centre for the 55+. Participants are encouraged to wear festive green attire before travelling via Zoom to one of Keyter's favorite places. Book a virtual ticket at www.eventbrite.co.uk/e/visual-guided-tour-of-ireland-with-the-travel-lady-tickets-141558077019.

Golf League Results

A bright but cool morning welcomed eight men on March 1 at the Riverview Golf Club in Santa Ana. As has been the usual of late, after a few holes, the weather warmed up, jackets were discarded, and it was an enjoyable day. The course is a challenging par-70, 5,800 yards, with the Santa Ana River running down the middle and some elevated greens.

Both the Monday and Friday Leagues continue to see a large group of players participating, and the courses the group plays are always quite full, with everyone wearing masks around the clubhouse and snack bar, plus observing social-distancing rules and not touching one another's equipment.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20; B flight is higher than 20.

A Flight Winners: First place: Gary Stivers, with a sensational 8 under 62, plus fewest putts and a birdie; second: Fujio Norihiro, 2 under 68; third: Dave LaCascia, 3 over 73; fourth: Jim Goltra; fifth:

tie between Sam Choi and Larry Hillhouse; sixth, Bill McKusky.

B Flight Winners: First place: tie between Liz Meripol and Lowell Goltra, 1 over 71; second: Tom Ross, 2 over 72; third: Gene Vesely, 4 over 74, plus fewest putts and a birdie. Meripol was closest to the pin on the 100-yard, par-3 ninth hole, and Ross was closest on the 140-yard, par-3 second hole.

On March 5, a lovely, sunny morning greeted 11 men—including new player Mike Looney—at the David L. Baker Golf Course in Fountain Valley. Baker is a par-62, 4,000-yard executive course, with lots of water hazards and strategically placed bunkers. With the blue tees at their most rearward position, the course plays at its most difficult. But the golfers found a way to shoot some great scores, plus they registered five birdies.

A Flight Winners: First place: tie between Norihiro and Stivers, 7 under 55; second: LaCascia, 1 over 63; third: tie between Hillhouse and Ron Jackson, 3 over

65; fourth: McKusky; fifth: Choi; sixth: Jim Goltra.

Also of note:

- Stivers was closest to the pin on the 110-yard, par-3 15th hole and carded 2 birdies.

- Jim Goltra was closest to the pin on the 110-yard, par-3 third hole and had a birdie.

- Norihiro had fewest putts and a birdie.

B Flight Winners: First place: Lowell Goltra, 6 under 56, plus fewest putts; second: Vesely, 5 under 57, plus a birdie; third: Marv Ballard, 3 over 65.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana, and Willowick in Garden Grove. In general, masks are required at the pro shops, but optional while waiting to tee off. No masks are required on the put-

GOLF SCORES, page 18

Grab 'n' Go Meals

March 11-17
Clubhouse 6 Parking Lot

- **Thursday:** Domino's Pizza—call ahead for special orders, wings and salads offered, 3:30-7 p.m., cash/cards, (562) 493-2212.

- **Friday:** Katella Deli—deli favorites, appetizers, salads, hot entrées; specials of the day available onsite, 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at www.katellabakery.com.

- **Saturday:** Lucille's Smokehouse Bar-B-Que—barbecue, salads, sandwiches, noon-2 p.m., no preorders, cash/cards.

- **Sunday:** Italian Burgers and Grill Food Truck—Burgers, sausage, chicken, steak and loaded fries, all with an Italian accent, 3:30-5:30 p.m., PayPal/checks/cash/cards. See the full menu at www.bestfoodtrucks.com/restaurants/pizzini/trucks/italian-burger-grill/menu. Preorders accepted via email to info@italianburger-grill.com or text to (424) 299-6291; make sure to specify you are ordering for Leisure World.

- **Monday:** Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 3:30-5:30 p.m., cash/cards. To preorder, go to www.kabobaholicft.com or text (949) 400-4696; mention LWSB when ordering.

- **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.

- **Wednesday:** Gourmet Renee—American cuisine, homemade soups and desserts, 3:30-5:30 p.m., cash/cards. Preorder by calling (323) 833-1213.

...

All Grab 'n' Go events take place rain or shine. **Masks and 6-foot social distancing required and strictly enforced.** For more information or to offer feedback, call (562) 431-6586, ext. 398.

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379.

Watch for LW Live! alerts for daily menus. Vendors are subject to change. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>.

BOOK REVIEW

A wholly new way to read the Bible

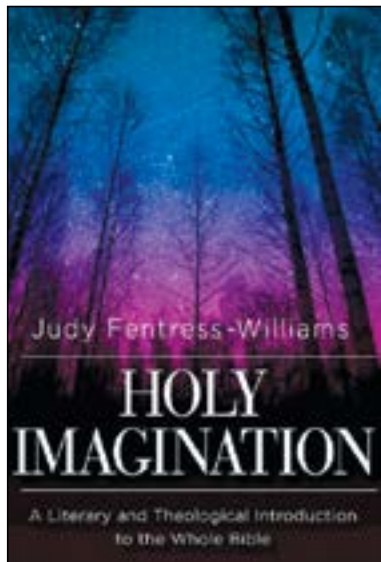
"Holy Imagination: A Literary and Theological Introduction to the Whole Bible" by Judy Fentress-Williams
Nonfiction, March 2021

By Fred Fenton
LW contributor

Have you often felt not only inspired but also perplexed while reading the Bible? Help is here: Judy Fentress-Williams, professor of Old Testament at Virginia Theological Seminary in Alexandria, Virginia, has written the fascinating book "Holy Imagination: A Literary and Theological Introduction to the Whole Bible" (Abingdon Press).

In just 383 pages, the author introduces each book of the Bible, identifies its genre, and shows how the reader can imaginatively enter into dialogue with writers two millennia or more removed from us today.

Relying on generally accepted conclusions of modern biblical studies, Fentress-Williams helps us to go below the surface of the biblical narratives and discover their deeper meaning. Biblical writing, she claims, "invites,



rather demands, the imagination." Readers are encouraged to use their imagination to read ancient texts in a fresh, new way.

"Holy Imagination" is a readable, engaging introduction (or re-introduction) to the Bible and its enduring message.

All LW residents are invited to submit book reviews for publication in the LW Weekly. Email them to pattym@lwsb.com with your name, mutual and telephone numbers. Reviews are subject to editing and will run as space allows.

Zumba and Dance Fitness Clubs

Get off the couch! There are two low-impact dance clubs you can join, both of which meet at Veterans Park. Zumba Club meets on Mondays at 4 p.m., and the Dance Fitness Club comes together on Thursdays at 8:30 a.m. Both are free during the pandemic.

For more information, contact Jim Blanchard at (714) 487-2446.



Jojo Weingart

Flash back to a decade ago, when the Hui O Hula celebrated its sixth anniversary on St. Patrick's Day. That day, Josephine O'Rourke (left) and some of her hula sisters also celebrated their March birthdays. This year, O'Rourke can't believe her buddies in this photo are no longer here. A resident of Mutual 2 for more than 30 years, O'Rourke is also an avid member of the LW Guitar and Leisure Leggers clubs. She walks five times a week and practices hula to keep fit. The matriarch of 30-plus family members, she says she has stopped counting because her great-grands seem to arrive nonstop. This month, as Hui O Hula revels in its 16th anniversary, it also rejoices in O'Rourke's 93rd birthday. Weekly Hawaiian dance lessons are offered free of charge on Thursdays at 1:30 p.m.; everyone is welcome to join them at Veterans Plaza. Call (562) 431-2242 or email Jojo@JojoJoe.com for class or performance information.

Chess Club

The Chess Club publishes weekly puzzles to keep the love of the game alive, since members cannot currently meet to play in person.

This week's puzzle is checkmate in three moves. White moves first. Any answer by black, and the white's third move is checkmate.

The solution to this week's puzzle's first move is Rh8; the white Rook moves from H5 to H8.



Where-We-Live Club

The theme "Let's Put Our Affairs in Order and Organize!" concentrates on the art of placement and how feng shui may change lives. New and previous members, as well as any curious shareholders, should email wherewelive@yahoo.com to be placed on a mailing list for future workshops and updates to the club's calendar.

Literature Art Contest

The Leisure World Library is sponsoring a Literature Art Contest, for which LWers are asked to re-create a scene or pay tribute to a suggested famous work of fiction.

Any artistic medium—paint, ceramic, sculpture, wood, paper, needlecraft or other handcraft—will be accepted, but artists should be mindful that submitted works will be on display outside for several hours.

Participants will need to choose from among the following classics, all of which have been adapted into movies:

- "The Great Gatsby"
- "The Three Musketeers"
- "Frankenstein"
- "The Old Man and the Sea"
- "Gone with the Wind"
- "The Hobbit"
- "Huckleberry Finn"
- "Call of the Wild"
- "To Kill a Mockingbird"



- "Little Women"
- "Pride and Prejudice"
- "The Wizard of Oz"
- "Treasure Island"
- "Alice in Wonderland"
- "The Lion the Witch and the Wardrobe"

Completed entries, accompanied by a copy of the entry form, should be dropped off at the library April 12-15, between 10 a.m.-2 p.m. Entry forms will be printed in the LW Weekly (see below), as well as available at the library.

Artworks will be displayed at Veterans Plaza on April 16 from 10 a.m.-2 p.m., with winners announced promptly at 2 p.m. First place receives \$200, second place receives \$100, and third place receives \$50 in Visa gift cards.

GRF Library Literature Art Contest Entry Form

Bring entry and this form to LW Library April 12-15, 10 a.m.-2 p.m. Entries will be displayed April 16. No early drop-offs accepted.

Name _____

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Technology Classes by Miryam

Miryam Fernandez’s technology classes are held every other Tuesday at 2 p.m. Topics change each session, all of which are closed captioned. For an invitation, email Fernandez at mzzmimm@gmail.com. If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Registration is required at least six hours prior to allow for technological issues.

- March 16: Basic Privacy and Security on the Internet
- March 30: Facebook
- April 13: iPhone
- April 27: Beginner’s Guide to Gmail

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Important Reminders

- It’s been reported that fraudsters are using telemarketing calls, emails, text messages, social-media platforms and even door-to-door visits to collect personal information and finances from individuals while promising to provide a vaccination. Please be careful!
- Apple, Microsoft, IRS, Social Security, etc., will never contact you by phone, text or email. If there’s a problem with your account, they will shut you down until you contact them.

GOLF SCORES
from page 14

ting greens, driving range or the course itself. Golf carts are single person only unless riders are from the same household.

LW Men’s Club membership is not required, and friends, ladies, spouses and family are all welcome to play and/or join. There is a prize

pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight, birdies, closest to the pin on two par-3s, and lowest number of putts in each flight. Holes-in-One and eagles, although infrequent, are generously rewarded. If interested, contact McKusky (562) 430-8618 or LaCascia (801) 674-5975.

—Dave LaCascia



Video Producers
Zoom Meetings

The Video Producers Club offers free, weekly Zoom classes, as well as a social opportunity.

Classes are as follows:

- Monday, 2 p.m.: Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email sail1942@gmail.com.
- Wednesday, 10 a.m.: Beginners’ Zoom class for Windows and Android users with Charlie Guggino. For an invite to this class, email joosuna29a@gmail.com.
- Thursday, 10 a.m.: Beginners’ and Intermediate Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to this class, email 0501042@gmail.com.
- Thursday, 5:30 p.m.: The one-hour Zoom Party Social, hosted by Valentinetti, is open to all residents. For an invite, email 0501042@gmail.com.

—Joe Osuna

Master Gardener Zoom Workshops

Starting today, March 11, the GRF Mini Farm is happy to announce, Master Gardeners will be giving workshops on Zoom. The monthly workshops will take place Thursdays at 10 a.m. The dates and topics are:

- March 11: Tending My Soil
- April 8: Gopher Management
- May 13: Terrific Tomatoes
- June 10: Insect Pest Management

Zoom links can be found on the mini farm website at www.lwsb.com/mini-farm/ on the morning of each workshop. All are welcome to attend, but current and prospective mini farmers are encouraged to join if able. More workshops will be offered later in the year, hopefully in person.

Family Radio Service Users

Calling all Family Radio Service Users in Leisure World: The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate.

The call-in time is 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then call in stating your first name, last name initial and mutual number. Remember to press the side button to speak, then release when finished.

For more instruction on the



use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjexrn@yahoo.com, or call (562) 431-6586, ext. 409, to leave a message.

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S ₁	E ₁	A ₁	F ₄	O ₁	A ₁	M ₃	RACK 1 =		62			
H ₄	Y ₄	D ₂	R ₁	A ₁	T ₁	E ₁	RACK 2 =		72			
R ₁	A ₁	T ₁	A ₁	T ₁	A ₁	T ₁	RACK 3 =		57			
P ₃	A ₁	G ₂	E ₁	A ₁	N ₁	T ₁	RACK 4 =		60			
A ₁	B ₃	B ₃	O ₁	T ₁	C ₃	Y ₄	RACK 5 =		82			
PAR SCORE 260-270							TOTAL		333			

Crossword Answers

AGA	BABBLE	SHAH	ATTAR
ROT	AGORAS	HALO	REATA
TAKES	ON APPROVAL	OAKEN	
EDITS	INS	ACE	LOUSE
RENE	ANC	ARK	PENN
FOG	YDS	HIGH	PRESSURED
OVA	TET	EAR	IRES
ORAL	CATER	BRAM	APED
STOLE	APAR	RUT	PIPE
GAIN	PAKISTAN	TAME	PRICERS
ERE	TAKETH	THEATRAIN	SEA
STABILE	ARAT	OINTMENT	
ELEE	TOLL	EBON	TAN
ALINE	PALE	PORT	SAFES
SOT	LIPO	ERSE	PIG
SOT	OFF	SWEET	POTATOES
TAB	TER	TEDS	OSS
APR	OHARA	SST	AGE
WAI	ELMER	TAKES	ITON
THE	LIMIT	EMIR	TORERO
ETA	SEERS	DIPS	OPERAS
DEN			

Sudoku 1 Answers

3	1	4	7	2	5	9	6	8
7	9	8	1	4	6	2	5	3
6	2	5	3	9	8	7	1	4
4	8	7	6	5	9	1	3	2
5	6	1	2	7	3	8	4	9
2	3	9	4	8	1	5	7	6
8	7	2	5	3	4	6	9	1
1	5	3	9	6	2	4	8	7
9	4	6	8	1	7	3	2	5

- The Basic Rules of Sudoku:
- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 - When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 - Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 - Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 - Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

: COVET TEMPT SHIFTY INFORM
The new discount retailer’s customers had great deals — IN STORE FOR THEM

Puzzle Answers

Puzzle page 6-7



Sudoku 2 Answers

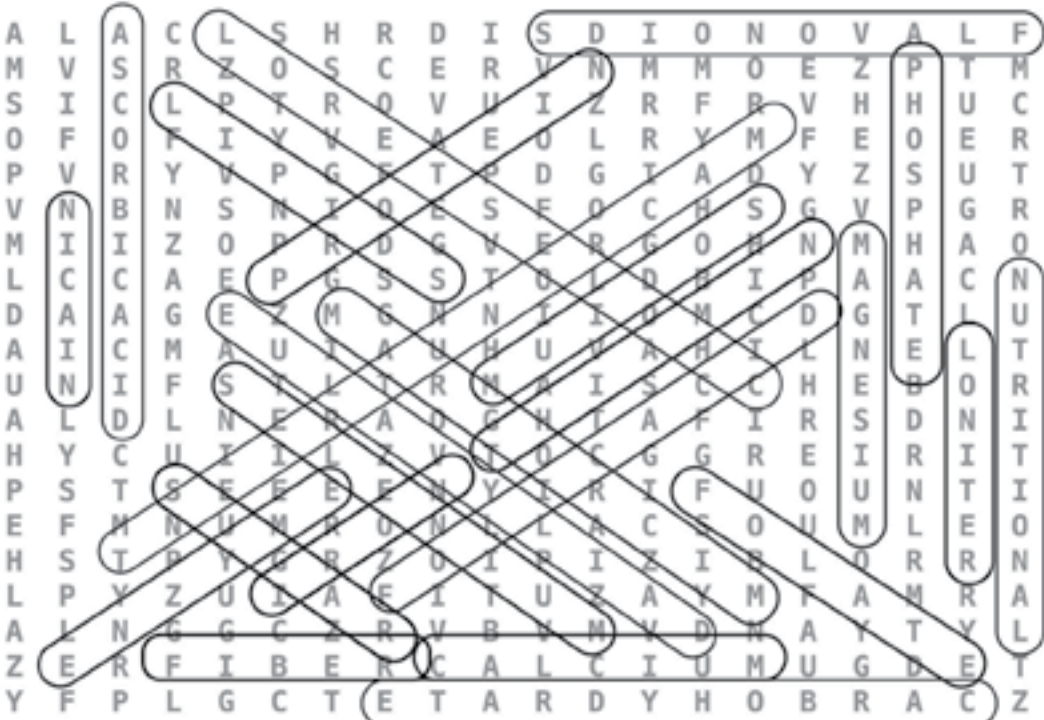
1	5	7	8	9	4	6	2	3
8	9	3	6	2	1	7	4	5
6	4	2	3	7	5	9	8	1
7	6	1	2	3	8	4	5	9
5	3	4	9	1	6	8	7	2
9	2	8	5	4	7	3	1	6
2	8	6	4	5	9	1	3	7
3	1	9	7	8	2	5	6	4
4	7	5	1	6	3	2	9	8

Guess Who?
Carrie Underwood

Crypto Fun Answers
A. nutrients B. food C. calories D. diet

Boggle BrainBusters Answers
JAPAN HAITI SPAIN CHINA ITALY CHILE KENYA INDIA

Word-Find Answers



Fresh fruit, vegetables and other staples are free to qualified LW shareholders

CalFresh can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is funded by the USDA and administered through the Community Action Partnership in Leisure World to help improve the health and nutrition of people with lower incomes.

Requirements to Apply:

- You must have at least one citizen or legal permanent resident with a Social Security number living in your household (including children).
- You may qualify for CalFresh even if you have a full- or part-time job.
- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.
- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.
- Documents needed to apply: photo ID, Social Security card, proof of income and resident card (if applicable, receipt of rent and receipt of one utility bill).

Upon application, income and many other factors are taken into account to determine eligibility. For more information or to apply online, call 1-800-281-9799 or go to <https://www.mybenefitscalwin.org/>.

Leisure World residents can get help and more information by calling Cindy Tostado, LCSW, GRF member resource and assistance liaison, (562) 431-6586, ext. 317.

—from the Dept. of Social Services

Rain in Forecast

A new round of rain arrived in Southern California Tuesday, the heaviest amount of rainfall expected yesterday and today.

The storm system swept in from Northern California and hit the Southland by late Tuesday.

“A cold and unstable air mass will continue today with showers and snow levels down to 2,500-3,500 feet,” according to the National Weather Service. “Accumulating snowfall will likely affect travel through the Interstate 5 Corridor and on Highway 14.”

There is also a potential for thunderstorms across the area, possibly producing brief locally heavy rainfall.

Los Angeles and Orange counties can expect a high of 61 and a low of 49 at night as rain moves through. The rain was expected to last all day Wednesday, with up to half an inch possible today.

LW residents are advised to make sure to close their skylights. Most commuters here know the perils of precipitation, which can turn everyday gridlock into a slippery game of bumper cars. People should be extra cautious in the first 10 minutes, when oils make the roads extra slick.

Slow down and avoid slamming on the brakes (which could make you hydroplane) or hitting the accelerator extra hard.

To avoid accidents, look 20 to 30 seconds ahead, and don’t look at your phone.

Check your vehicle’s tires to make sure they’re in good condition and inflated properly. Driving with moderate tread or bald tires can be a major factor in skidding.

If you do hydroplane (that’s when when your tires lose all contact with the road and your car begins sliding on water alone), do not hit the brakes, which could cause you to accelerate as you lose traction with the ground.

RECYCLE from page 4

Used and Unused Household Batteries

Alkaline or lithium batteries may be recycled at Golden Age Foundation battery recycling events or at the GRF battery recycling container located on the west side of Building 5 (off the alleyway). When recycling 9-volt batteries, put them in individual plastic bags to keep them separated from other batteries or place tape over both the terminals. In rare cases, these batteries can cause fires if not handled carefully.

Paper Shredding

When preparing your documents for a paper shredding recycling events, go over all your documents to ensure metal pieces are not included. Items such as metal paper clips, binders with metal rings, letter openers, spoons, razor blades and small batteries could get caught in the shredding gears and catch on fire.

Recycling household waste the right way keeps everyone safe.

For comments or more information about this article, contact me at (562) 431-6586, ext. 356.

COLUMN from page 4

change the experience.

• **Engagement.** Notice new things. There’s adventure in noticing—“and the more you notice, the more you see. And the more excitement you feel.”

In closing, Dixit explains, “mindfulness isn’t a goal, because goals are about the future, but you do have to set the intention of paying attention to what’s happening at the present moment.” Live in this moment!

CDC

COVID vaccine side effects seem to be short-lived

Fewer than 7,000 people reported having side effects from COVID-19 vaccines after the first 13.7 million doses were administered in the United States, according to the Centers for Disease Control and Prevention (CDC).

About 79 percent of those events were reported in women, according to the data published by the CDC.

Most of the symptoms reported were headache, fatigue and dizziness.

In general, the differences seen in adverse events among men and women are at least partly because women comprise a greater proportion of the total number of people vaccinated compared to men. Also, women comprise a greater proportion of people included in safety monitoring of the vaccine, according to CDC researchers.

Studies conducted before COVID-19 vaccines were in use suggest that females have higher antibody responses than males to certain vaccines, including influenza vaccines.

The findings were reported in the CDC’s Morbidity and Mortality Weekly Report and were monitored by a system that records submitted side effects of the Pfizer/BioNTech and Moderna vaccines.

For everyone, the most common side effects were headache (22.4 percent), fatigue (16.5 percent) and dizziness (16.5 percent), according to the CDC.

Muscle pain, chills, fever, swelling at the injection site, joint pain and nausea were also recorded after vaccinations.

There were 62 reports of anaphylaxis, or a severe allergic reaction, according to the CDC. Of those, 56 were after receiving the Pfizer vaccine.

The CDC said the relatively low number of reported adverse effects is good news.

“These initial findings should provide reassurance to health care providers and to vaccine recipients and promote confidence in the safety of COVID-19 vaccines,” the agency said in its report.

The findings represent the first month of the vaccination process.

Vaccinations have since been rolling out more steadily, with 10.8 million doses given in California as of March 9 and 3.4 million, or 8.6 percent of the population, fully vaccinated.

In the U.S., 92 million doses have been given, with 31 million fully vaccinated, which amounts to 9.5 percent of the population, according to ourworldindata.org.

The CDC has encouraged people to call their doctor or health care provider if their vaccine side effects do not go away after a few days.

“Side effects can affect your ability to do daily activities, but they should go away in a few days,” the CDC said.

You can report COVID-19 vaccination side effects at vaers.hhs.gov.

FIRST CHRISTIAN

from page 11

and intents of the heart. And there is no creature hidden from his sight, but all things are naked and open to the eyes of him to whom we must give account.” I believe this is what the psalmist had on his heart as he was going through his affections. He was asking God to bring him the rest that the word of God speaks about and Jesus himself promised us.

Those who want to speak to someone at the church or have a need can call the First Christian Church office at (562) 431-8810.

ASSEMBLY

from page 11

we make, the moral standards and principles we have taught them, and, most important, the spiritual heritage and personal relationship with God that we live out as an example and pass along to them. These are the things they will carry in them, not with them. These are the things that will equip them for a future filled with unforeseen challenges and questions.

Our second week in the Look at Legacy series will focus on the legacy of transformation. Our legacy isn’t merely biological offspring or wealth. Our legacy is carried by those whose lives we have touched for eternity and how they impact the world. We invite you to be with Assembly of God in the Amphitheater at 11 a.m. on Sunday morning to look at the legacy of transformation.

HOLY FAMILY

from page 10

The church is now open to public entry and can return to its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon.

Those who attend must wear a mask or face shield, sit socially distanced, and use hand sanitizer upon entry into the building.

LDS

from page 11

for each person who will fully embrace the gospel of Jesus Christ. Each convert becomes one of God’s covenant children, whether by birth or by adoption. Each becomes a full heir to all that God has promised the faithful children of Israel!”

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LW^{Weekly}

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- Service in private suite. One customer, one hairstylist. Sanitized & professional. Haircut for men & women, shampoo, set, color, highlights, perm, nails & toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Blvd, #116. **(714) 425-4198**. 05/20

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MISCELLANEOUS FOR SALE

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PENDING
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\$295,000



Mutual 11-267I
\$167,000

Leisure living is at it's best in this beautifully maintained and cared for home. The living room has laminate flooring, vertical blinds, heat pump and A/C. Kitchen features natural wood cabinets, ceiling fan, skylight, mirrored back splash and built-in appliances including stove, oven and refrigerator. Master bedroom, living room and patio all have walk-in storage and overlook a beautifully dramatic greenbelt. This is a great location, has close parking and laundry. Walk to downtown Leisure World, golf, swimming pool, community center, gym, health care center, post office, Amphitheater and Leisure World shopping center. This special home is ready to move in, faces South and enjoys beautiful sunsets and ocean breezes. Carport 12, Space 34.

This Beautifully expanded 2 Bedroom 2 Bath home features a spacious living room with Double Pane French Doors and Laminate Flooring. The kitchen has white cupboards, built-in stove, oven, dishwasher, refrigerator, added pantry, laminate flooring and skylight. Master bedroom has walk-in closet, sliding glass doors to patio and ceiling fan. Master ¾ bathroom has tile floor, cut down shower and skylight. Second bedroom is carpeted and has double pane sliding glass doors to patio. This lovely home also features central heat and air and a private tiled patio that has walk-in storage and overlooks charming green belt. This special home is in a great location, in move-in condition and has charming curb appeal. It is a must see.

Great Location and Greenbelts surround this lovely 1 Bedroom, 1 Bath home. The living room is carpeted with Berber carpeting and has a fireplace for heating and cooling. Kitchen features laminate flooring and built-in appliances. The bedroom also has Berber carpeting. Enjoy your private patio in this lovely location.

Pending
**GIVE US
A CALL**



Mutual 12-41G
\$210,000



Mutual 10-248D
\$208,000



Mutual 14-15I
\$449,000

This 2 Bedroom, 2 Bath Cottage features leaded glass entry door that leads into a spacious living room with heat pump and vinyl wood-like floors. Kitchen has white cabinets, skylight and built-in electric appliances including stove, oven and refrigerator. Master bedroom is carpeted with sliding glass doors with vertical blinds that lead to the patio. Bathroom has cut down shower, high boy toilet and skylight. Second bedroom is carpeted. Large, private, wrap around patio has skylight and 2 storage cabinets. Enjoy this terrific Mutual 12 location!

Fabulous location enhances this 2 Bedroom, 1 Bath home with a charming view. This cozy home offers much potential. The carpeted living room has a window A/C unit, both bedrooms have walk-in closets, bathroom has a tub/shower. The kitchen has white cabinets, built-in electric appliances, ceiling fan and vinyl floors. Private wrap around patio has walk-in storage cabinet and overlooks a beautiful greenbelt. Great Location makes this a Must See!

Elegantly Expanded 2 Bedroom, 2 Bath home with many lovely upgrades including a large spacious corner living room with a Bay window and plantation shutters. Beautiful leaded glass entry door leads the way into the Formal dining room. The fully remodeled kitchen has custom cabinets, granite counters, built-in electric appliances including free standing range, dishwasher, microwave and refrigerator. Master bedroom has walk-in closet, Bay window and skylight. Master bath has tile floors, washer/dryer, granite counters, added linen closet and bathtub with tiles walls. Second bedroom has extra storage, walk-in closet and ¾ bath. This special home features Central A/C, thermo Bay windows with Plantation shutters, crown molding, wood floors, ceiling fans and brick entry porch. This is a Must See!

Buying or selling...

Whatever your circumstances, whatever your needs, we can help.

Pending



Mutual 11-277A



Mutual 2-46D



Mutual 8-202J



Mutual 10-240B



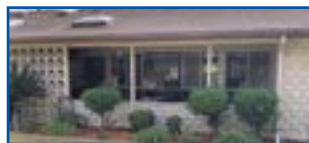
Mutual 1-35J



Mutual 2-40L



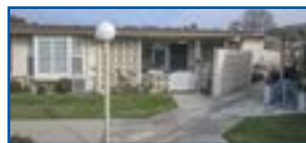
Mutual 8-203G



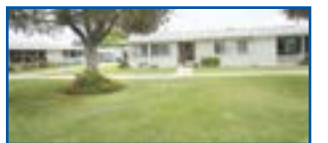
Mutual 11-285H



Mutual 1-37F



Mutual 1-52A



Mutual 2-19L

Sold

Mutual 1-27F

Mutual 2-13F

Mutual 2-51J

Mutual 2-24D



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Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Bill Berman
714-606-5258



Gail Alonzo
562-673-6703

Two-Bedrooms

Mutual 4 48D \$208,000
newer windows, skylights, drive up parking

Mutual 12 41G \$210,000
wood floors, white cabinets, skylights, great location

Mutual 1 2 63D \$259,000
south facing, full expansion, double pane, 2 large skylights, lam. floors

Mutual 6 130C \$265,000
full expansion, drive up, double pane bay window, wall a/c

Mutual 1 5 93A \$270,000
cent. air, 2 patios, dual pane, skylights that open

Mutual 1 5 13L \$285,000
2 bath, very clean, double pane, enclosed patio, lam. floors

Mutual 1 1 63F \$338,000
corner, expanded, remodeled, cent.air, skylights, smooth ceiling, much more

Mutual 1 1 272A \$350,000
expanded corner, drive up, 5 skylights that open, heat pump

Mutual 1 1 14 15I \$449,000
2 bath corner, washer/dryer, granite, fully remod. kit., must see

One-Bedrooms

Mutual 1 1 267I \$167,000
lam. floors, berber carpeting, lovely greenbelt, private patio

Mutual 5 119H \$168,000
newly painted, lam flooring, move in ready, very nice

Mutual 1 42C \$178,000
south facing, lam floors., skylights, very nice



Jay Cho
714-944-4998



Estee Edwards
562-208-2540



Philip Bak
213-550-9991



Irv Hart
562-296-5619



Fay Wescott
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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



LET MY Community Experience & Knowledge Make Your Move a Pleasant Event



BERKSHIRE HATHAWAY HomeServices



Mutual 5-119-D

Pending

Darling one bedroom drive-up in Downtown Leisure World! Pretty floors, updated kitchen, nice windows, great patio that catches the ocean breeze with plenty of guest parking! Be sure to check this one out. Call Robin to see!

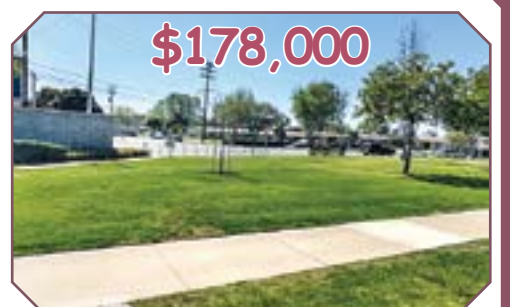


\$183,000



Mutual 1-42-C

NEW LISTING
Conveniently located by the St Andrews Gate!! South facing One Bed, One bath on a green!! Newer heat-pump, wood look floors, covered patio to enjoy your surroundings!



\$178,000



Mutual 6-58-A

SOLD!

\$345,000



Mutual 3-22-D

Pending

\$158,000



Mutual 5-119-E

Pending

\$179,000

LISTINGS WANTED!

My Listings are Selling. I can SELL Yours too!!
And... Please know, I have implemented ALL Covid-19 Guidelines to keep everyone as safe as possible! Call me for details!

See more at www.sealbeachleisureworld.com



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<http://www.sealbeach-retirementcommunity.info>



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For 2021, I have a total of 21 Leisure World pending and closed sales. I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr. #60G | M2 | \$455,000
Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



13140 Seaview Lane #246A | M10 | \$489,000
BRAND NEW BUILD! 2 Bedroom, 2 Bath, Corner Location with Greenbelt Views. Custom Stone on Patio with Privacy Smoked Glass. Wood Laminate Flooring, Quartz Countertops, Custom Glass Shower Stalls, Dual Pane Windows, Stainless Steel Appliances, Gourmet Kitchen.



13700 Alderwood Lane #80K | M4 | \$359,000
Beautiful, Fully Expanded 2 Bedroom, 1 1/2 Bath. Central A/C, Washer/Dryer, Stainless Steel Appliances, Quartz Countertops, Custom Walk-In Shower, 4 Skylights!



1861 St., John Rd., #38C, | M15 | \$429,000
Corner Atrium Unit with Large Fenced Front Patio with Storage Units. Great drive-up location, 2 Bedroom, 1 Bath, Dual Pane Windows, Stainless Steel Micro & Refrigerator, Mirrored Closet Doors, Cut Down Shower.



1700 Tam O'Shanter #2J | M14 | \$445,000
Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.



1740 Interlachen Rd., #39A | M12 | \$320,000
Corner 2 Bedroom, 1 Bath. Great Drive-Up Location. High side Expansion, Double Door Entry, A/C Heat Pump, New Laminate Floors, Freshly Painted and WASHER/DRYER.



1440 Skokie Road, #89C | M4 | \$180,000
Charming 1 bedroom, 1 bath overlooking a huge greenbelt. A/C Heat Pump, Dual Pane Windows, 2 Skylights, Cut Down Shower.



1671 Interlachen Rd., #285i | M11 | \$385,000
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

"Thank you again for everything. You will be the first and only agent we call if we decide I need to get out of the snow in Winter."

-Guy & Diana Munday

On March 9th, 2021 a total of 38 units show as active listings on the CRMLS (this is where Realtors list property for sale).

6 - 1 bedroom/1 bath
from \$168,800 to \$255,000

21 - 2 bedrooms/1 bath
from \$208,000 to \$399,500

11- 2 bedrooms/2 baths
from \$285,000 to \$445,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory!
I am here to help!

