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SB POLICE DEPARTMENT



Coffee with a Cop goes virtual March 24

Seal Beach City Council Members Sandra Massa-Lavitt and Tom Moore invite the community to meet with them and the Seal Beach Police Department at a virtual Coffee with a Cop event. The event will be held Wednesday, March 24, at 6 p.m.


Often the community's only interaction with the police is during a time of emergency or other crisis. During these events, the community is left with questions about police practices and procedures.

Coffee with a Cop events are designed to provide an opportunity for the community to ask questions, voice concerns and get to know their police department. The relaxed nature of this event is intended to allow the police department to get to know the community, and for community members to get to know the officers who serve Seal Beach. The event is informal, with no speeches, presentations or agendas.

The goal is to strengthen the relationship between the City of Seal Beach, the Seal Beach Police Department and the community.

The event will be held on Facebook Live. Those interested in joining the Seal Beach Police Department for this event can visit the SBPD's Facebook page at <https://www.facebook.com/SealBeachPoliceDepartment>.

For more information about the Seal Beach Police Department or this virtual Coffee with a Cop event, contact Lt. Nick Nicholas at nnicholas@sealbeachca.gov or (562) 799-4100, ext. 1160.



GRF ID RENEWAL

WHO: Residents in Mutuals 2, 3, 4, 5, 10, 16, 17

WHAT: GRF photo identification card renewal

WHERE: Stock Transfer Office, ground floor of the Administration Building

WHEN: Mondays, Tuesdays, Thursdays and Fridays, 9 a.m.-4 p.m.

For more information, see page 3.

GRF SAFETY MESSAGE

Prevent falls by using walkers safely

Over the last two COVID-19 vaccine clinics, GRF staff noticed a large number of caregivers, family members, friends and neighbors pushing four-wheeled walker “rollators” while someone was sitting in the fixed seat.

Surprisingly, when counseled, most people were oblivious of the risks of using such devices incorrectly.

Falls are the leading cause of non-fatal injury in the U.S., and falls among older adults can have especially serious consequences.

Walking aids are very important in helping many older adults maintain their mobility. However, it is important to make sure people use these devices safely.

A rollator is a mobility aid that consists of a metal frame mounted on three or four wheels. A pair of handlebars is positioned on one side. The person pushes it forward while walking. The rollator gives stability and balance.

Walkers are often used by frail and vulnerable older adults, people for whom falls can have serious health consequences. Over the last dozen years, Leisure World stats show that falls involving rollators have continued at a steady rate despite the fact that all new walkers now have a manufacturer sticker warning against using them as wheelchairs. Educational articles have also been periodically printed in the LW Weekly

A walker with four wheels, brakes and an attached chair is commonly known as a rolling walker, or rollator. The chair is attached to the rollator so if the user gets tired, he or she can sit down and take a break. This type of rollator is **not** designed to be used as a wheelchair or to transport someone.

The safety instructions for all rollators clearly indicate that no one should attempt

SAFETY, page 3



Anna Derby

LW residents line up as they wait for their turn at a recent COVID-19 vaccination clinic. During these clinics, a large number of people were seen using their rollators as wheelchairs, which can lead to falls and serious injury. Because there are wheels on all its legs, even leaning heavily on it can be a major safety hazard. Walkers can easily roll out from underneath users as they lean on them, even if they are using the hand brakes.

ROLLATORS VS. WALKERS

- About one-third of the people aged 65 years and older fall once a year, and half of those aged 80 years and older fall every year.
- Walkers can partially support a person's weight while he is walking or standing. Those with poor balance, weakness while standing, or who need firm immobile support to help them walk should not use a rollator. They should use a walker instead.
- The rollator is a walking aid only and should not be used as a transportation device. Don't try to push someone in a rollator because most rollators don't have the strength or carrying capacity for this type of movement. The welding for the rollator may give out if too much weight is placed upon it.

COVID-19

Next LW vaccination clinic is set for Saturday



LWer Pam Grier received her first shot last month at a LW COVID-19 vaccination clinic. More than 4,200 residents over 65 have received first and second doses since the clinics began in January. Studies show that the Pfizer vaccine is 95-percent effective at preventing laboratory-confirmed COVID-19 illness in people without evidence of previous infection, according to the Centers for Disease Control.

The next vaccination clinic sponsored by OptumCare and the GRF, in cooperation with the Orange County Health Care Agency, will be held Saturday, March 20. People who have pre-registered to receive the Pfizer vaccine at Leisure World Seal Beach may get their first dose appointment for this Saturday.

All registered LW residents over 65 who have not yet had a shot will be contacted by email from Calendly if they registered online. All registered residents over 65 who registered by phone will be contacted by phone for their appointment.

If any doses are available after those over 65 have been offered an appointment, registrants under 65 may be contacted. They will be selected at random. Those who are under 65, GRF employees or registered caregivers may be called on standby at any time on clinic day. People are advised to be prepared to come to Clubhouse 6 immediately if called. If calls go unanswered, the next registrant in line will be called, so be alert.

People who cannot keep their appointments, have had a vaccinations elsewhere or will not be available in three weeks for the second dose should email cancelv@lwsb.com so appointments can be offered to the next person in line. Instructions for where to come and what to bring to appointments will be given on the email or phone call. Do not call or email during this time so staff can concentrate on making appointments.

February Security Reports

The following is the remainder of Security reports filed in February. Totals are recorded over a 28-day period. Part 1 was printed in the March 11 issue of LW Weekly.

NOISE COMPLAINTS-14

- Feb. 4, 7:25 p.m., Mutual 2 Resident stated noises coming from the attic. No issue found at the scene.
- Feb. 5, 7:51 a.m., Mutual 3 Contractors at the scene advised to begin work after 8 a.m.
- Feb. 6, 1:50 a.m., RV Lot A generator was found running overnight.
- Feb. 8, 12:45 p.m., Mutual 1 Resident reported a screaming neighbor. No issue was found at the scene.
- Feb. 9, 11:22 p.m., Mutual 4 Resident stated next door neighbor causing loud noises. Neighbor was not at home.
- Feb. 12, 12:20 a.m., Mutual 4 Continuing complaint of loud music. No music heard at scene.
- Feb. 14, 6:15 a.m., Mutual 17 A neighbor was allegedly making noise.
- Feb. 14, 3:04 p.m., Mutual 15 A neighbor was allegedly making noise.
- Feb. 16, 11:45 p.m., Mutual 7 Resident complained of a loud radio. No issue was discovered at the scene.
- Feb. 22, 2:56 a.m., Mutual 4 Resident complained of a loud radio. No radio heard at the scene.
- Feb. 23, 4:38 a.m., Mutual 2 Resident complained of music from another residence. No music heard.
- Feb. 25, 1:40 a.m., Mutual 4 Resident complained of loud

- music for sixth time in 30 days. No music heard.
- Feb. 26, 5:32 p.m., Mutual 3 Resident complained of noises coming from the attic; nothing was heard.
- Feb. 26, 2:35 a.m., Mutual 11 Resident complained of a loud radio. Security asked the other resident to lower the volume and was verbally abused by foul language. The complaining party stated she would advise Mutual president.
- INJURY REPORT-10**
- Feb. 13, 12:25 p.m., Mutual 8 A resident fell and was taken to hospital.
- Feb. 14, noon, Mutual 3 A resident fell out of motorized wheelchair.
- Feb. 19, 11:43 a.m., Mutual 8 A resident lost his balance while getting off his bike.
- Feb. 23, 4:40 p.m., Health Care Center (HCC) A HCC employee tripped and fell in the HCC rear parking lot.
- Feb. 26, 9:32 a.m., Mutual 6 A resident walking to his vehicle collapsed and was taken to LAMC.
- Feb. 26, 7:04 a.m., Mutual 6 A resident walking a dog was pulled to the ground.
- Feb. 27, 12:10 p.m., St. Andrews Gate area A man fell off his scooter while crossing street—no transport.
- Feb. 27, 9:35 a.m., CH 6 A resident fell in parking lot.
- Feb. 27, 12:50 p.m., Mutual 14 A resident became ill while sitting on his porch and was transported to LAMC.

SECURITY, page 13

CAP FOOD Distribution is today

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be today, March 18. Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more. Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub). People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID. People who need help arranging a proxy can call GRF Member Resource Liaison Cindy Tostado at (562) 431-6586, ext. 317.

SCE Payment Alert

Southern California Edison (SCE) is planning a system shutdown March 31-April 5 relating to its outsourced payment processing that will affect LW shareholders who remit SCE payments directly to the GRF Finance Office. To avoid late payments during this period, shareholders should mail payments directly to SCE.



A driver lost control of his car, which crashed into Taco Surf. The Seal Beach Police Department is requesting the public's assistance in identifying this vehicle and driver. If you have any information related to this incident, contact Officer Erin Enos at eenos@sealbeachca.gov or (562) 799-4100, ext. 1605.

SBPD

Hit and run collision damages restaurant

During an overnight rainstorm, a driver traveling on Pacific Coast Highway lost control of the vehicle, causing it to collide with a local restaurant. The driver fled the scene prior to police arrival. On Wednesday, March 10, at about 1:42 a.m., the Seal Beach Police Department responded to a call of a burglary alarm at the Taco Surf restaurant located at 16281 Pacific Coast Highway. When officers arrived, they learned that the business had not been burglarized but discovered significant structural damage to the exterior of the closed and unoccupied business. Evidence at the scene indicated that a vehicle traveling at a high rate of speed collided with the business. A review of the restaurant's video surveillance system showed a vehicle driving northbound on Pacific Coast Highway, hydroplaning across several lanes of traffic, spinning out of control and colliding with the building. After the crash, the driver fled the scene northbound on Pacific Coast Highway. Investigators believe the suspect vehicle is an older model, light gray or silver pick-up truck, with an extended cab and tinted windows. The vehicle sustained major collision damage to the entire right passenger side. The Seal Beach Police Department is requesting the public's assistance in identifying this vehicle and driver. If you have any information related to this incident, contact Officer Erin Enos at eenos@sealbeachca.gov or (562) 799-4100, ext. 1605.

GRF Construction Update

LW POOL
The GRF is awaiting the approval of plans submitted in early February from the City of Seal Beach and Orange County before work can resume at the pool. Once permits are issued, construction will begin. At that time, an updated construction schedule will be completed and publicized in the LW Weekly. MJ Jurado has finished installation of a sewer line for the pool backwash system.



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Our dedicated team is here as you explore senior living options. We are committed to delivering a platinum lifestyle, while also focusing on health, safety, and well-being for residents. Foremost, we believe that community and connection with others are essential during this time. Looking ahead, we've taken steps that will allow residents, and new residents, to receive the COVID-19 vaccine when available. We invite you to join a senior living community that puts safety first and makes every effort to come out stronger on the other side.

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STOCK TRANSFER

For many in LW, it's time to renew IDs

GRF members are required to have GRF photo identification cards for access to amenities, all transfers (membership, removing/adding someone on title, replacing lost certificates, etc.) and to be a candidate for GRF and Mutual board representation.

The Stock Transfer Office issues IDs, which expire every five years, in a rotating schedule. In 2020, Mutuals 2, 10, 16 and 17 were up for ID renewals, but only 915 out of 1,326 residents did so.

In a year of unprecedented

pandemic, which shut down amenities and GRF departments, and isolated people at home, it's understandable that some did not get their IDs renewed.

The Stock Transfer Office is ready to issue new IDs to those in Mutuals 2, 10, 16 and 17 who still need them, and to remind residents in Mutuals 3, 4 and 5 that they need to renew IDs in 2021.

No appointment is needed. People can stop at the Stock Transfer Office on the ground floor of the Administration Building during business hours. The office is open Monday, Tuesday, Thursday and Friday from 9 a.m.-4 p.m. by window-service only. The office is closed to the public.

Residents will need to bring their expired ID cards. Expiration dates are located on the right side of ID cards.

Lost or stolen cards can be replaced by completing a Certificate of Lost ID form in the Stock Transfer Office. There is a \$20 replacement fee, which can be waived if there is a police report that can be verified by the Stock Transfer Office.

SAFETY from page 1

to push the rollator while someone is sitting in the seat, and the various manufacturers warn that using the rollator as a wheelchair or to transport someone "may result in serious injury or death."

The Mayo Clinic offers six safety tips on using a walker.

1. Types of walkers: If stability is a significant concern, a walker without wheels is a good choice. But if you need help walking, a two-wheeled walker allows you to place weight on the walker as you move. If you do not need to lean on the walker for balance, you will walk faster with a four-wheel walker.

2. Selecting a grip: Most walkers come with plastic grips, but you can add foam or soft grip covers. If you have trouble grasping with your fingers from arthritis or other joint pains, a larger grip may relieve stress on joints.

3. Fitting your walker: Adjust it so that it fits your arms comfortably to reduce stress on your shoulders and back. First, place your hands on the grips. Your elbows should bend at a comfortable angle. Second, relax your arms at your sides. The top of your walker should line up with the crease of the inside of your wrist.

4. Taking your first step: If you need to place weight on the walker as you move, start by pushing the walker forward and keep your back upright.

5. Do not lean over the walker: Stay upright as you move. Always step into the walker, rather than walking behind it. Be careful not to push the walker too far in front of you or set the handles too high.

6. Walker accessories: Many people trip with their walker while they are carrying something. You can add trays to carry food and other items, a pouch, or a basket. Some walkers also have seats, so you can take a rest.

People should check with a medical professional and/or physical therapy department for recommendations on the type of walking aid that would be of most benefit and how to safely use it.

In addition to mobility aids, the CDC's Injury Center recommends the following to protect against falls for adults ages 65 and older: Begin a regular exercise program, have doctors review their medications, have their vision checked and make their home surroundings safer.

—Eloy Gomez, GRF safety and emergency coordinator, and Cindy Tostado, GRF member resources

ADRC COMMITTEE

GRF will consider relocating statue March 25

The fate of a donated statue depicting an older couple sharing quiet time on a park bench remains in limbo.

The GRF Architectural Design Review Committee (ADRC) met March 15 to consider relocating the statue, which has sparked an outpouring of negative feedback from LW residents since it was installed last month. A motion to move it to the LW Library failed. The issue will be reconsidered at an ADRC meeting at 1 p.m. on March 25 in Clubhouse 4. Any recommendation to relocate the statue will then go before the full GRF Board at a special meeting on April 5 at 10 a.m. in Clubhouse 4.

The statue is now located at the northeast corner of Golden Rain Road and St. Andrews Drive, near the LW Pool's exterior wall.

After its installation on Feb. 25, hundreds of LW residents complained on social media that the artwork did not represent LW's active community.

Monday's ADRC meeting drew more than a dozen residents, who attended via livestream and in person to protest its prominent



The statue may be moved to a new site.

placement, calling the location at the crossroads of LW unsafe. People also criticized the lack of community input in the process of accepting and locating the statue.

GRF director Paula Snowden responded by saying that the statue was considered in public meetings over the course of a year, with little resident interest.

GRF Directors Carole Damoci and Carol Levine, ADRC Chair-

woman Irma Heinrichs and GRF President Susan Hopewell said they expect differences of opinion in this community but denounced the deluge of disrespectful social media postings attacking the statue. It was donated as a gift to LW by Leah and John Perrotti, who chose the made-in-America bronze to be "a thought-provoking, beautiful work of art, evoking fond memories of loved ones."



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Perspectives

Letters to the Editor

Editor:
The benefits to living in Leisure World just keep coming. Thanks to Randy Ankeny, executive director, and Kathy Thayer, assistant recreation manager, who both worked with the Orange Country Health Care Agency to help residents receive COVID-19 vaccinations without leaving our community.
Appreciation also goes to the medical staff and volunteers who worked the vaccination center efficiently and graciously, even handling the larger groups necessitated by the weather delay.
*Kay Hudnall
Mutual 7*

Editor:
After speaking with three owners in Mutual 3 and two in Mutual 9, I have found no one who relates to the figures sitting at the St. Andrews intersection.
The sculpture does not seem to represent Southern California, Seal Beach or the swimming pool location.
Some of us think the art would be better placed at the LW Library/Veterans Plaza.
We just felt the need to express an opinion.
Thank you.
*Carl Reggiardo
Mutual 3*

Editor:
The Perrottis lovingly gave us a piece of art that is so special, particularly at this difficult time. Although art is always potentially controversial, when it is given through kindness and love, it has to be cherished, even if it's not to your taste! In fact, it's good to create dialogue especially during our virus isolation. Art causes conversation among people!
Thank you, Mr. and Mrs. Perrotti for bringing this spark of joy and interest to us Leisure Worlders.
*Joyce Basch
Mutual 11*

Editor:
We want to make a special effort to thank all those responsible for the wonderful gift and art installation in LW. It's beautiful and puts a smile on our faces every time we pass by. It's a little Rockwell-esque—well done!
As a pair of the “younger elders” here in LW (as some folks call us), we very much appreciate and are grateful for art of all types.
Like many people in LW, we have traveled to many countries and have seen and appreciated much. Art of all mediums is just that, art! We do not liken ourselves to the butterfly, fairy,

whimsical little dancing girl or the sports statues we see throughout LW, nor do we even think we might slightly resemble our friend (Twiggy) outside of the Stock Transfer Office.
But we enjoy and look at them all, including our artistic globe and armillary sundial, and we appreciate the added beauty we see everywhere, even if some are not to “our taste”—just as we appreciate beautiful gardens and people's interpretations of their homes.
We give a hearty thank you very much for a much-appreciated addition to LW.
*T. Green
Mutual 4*

Editor:
I consider myself vibrant and active like the other people I know here. The statue donated by the Perrottis (March 4) is the opposite.
I've only heard bad comments about it, and it should be removed. Thank you.
*Les Feller
Mutual 15*

Editor:
I realize the statue on the corner of St. Andrews and Golden Rain Road was a gift—and indeed is a generous one.

Also there is nothing wrong with the execution of the sculpture, and the artist has done a good job of depicting an elderly couple in their twilight years. However, this should be moved to Veterans Plaza near the LW Library. It is entirely contrary to the marketing of LW.
Ever since it debuted, LW was marketed toward new retirees who seek an active life, with golf, swimming, pickleball, exercise classes and more. Before the pandemic one could be as active as one chose to be.
The message of two sedentary individuals is not representative of LW and its mission. If we want to sustain LW, it must continue to attract new buyers who want to be vigorous participants engaged

in the community and the beach life of Seal Beach.
Please rethink how inappropriate the sculpture is in its current placement, where all newcomers to LW will see a static and complacent couple who appear to be at the end of life's spectrum.
A golfer would be much more appropriate in that setting or even a walker with a dog would better reflect the LW lifestyle that will attract potential buyers.
*Mitzi Winks
Mutual 5*

Letters to the Editor should include your name, Mutual number and phone number, and be emailed to rutho_news@lwsb.com or typed and delivered to the LW Weekly office in the Amphitheater Building.

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Government

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.

Thurs., March 18	Mini Farms Sub-Committee Mini Farms 1 p.m.
Tues., March 23	GRF Board Monthly Meeting Clubhouse 4 10 a.m.
Wed., March 24	Strategic Planning Ad Hoc Committee Clubhouse 4 1 p.m.
Thurs., March 25	Architectural Design Review Committee Clubhouse 4 1 p.m.
Fri., March 26	Executive Session of the Executive Committee virtual 1 p.m.
Thurs., April 1	COVID-19 Ad Hoc Committee Clubhouse 4 1 p.m.
Fri., April 2	GRF Board Executive Session virtual 1 p.m.
Mon., April 5	Special GRF Board Meeting Clubhouse 4 10 a.m.
Mon., April 5	Recreation Committee Clubhouse 4 1 p.m.
Wed., April 7	Physical Property Committee Clubhouse 4 1 p.m.
Thurs., April 8	Communications/IT Committee Clubhouse 4 1 p.m.
Fri., April 9	Executive Committee Clubhouse 4 1 p.m.
Mon., April 12	Mutual Administration Committee Clubhouse 4 1 p.m.

Carport Cleaning Schedule 2021

Since most of the holidays in 2021 fall on workdays for LWSB's cleaning contractor, all carports will be cleaned this year on the actual holiday, with the exception of Thanksgiving (Nov. 25). The following carports will be cleaned the morning of Nov. 30:

- Mutual 11:** Carports 130-131
- Mutual 15:** Carports 7-8, 10 and 13
- Mutual 16:** Carport 9

The following carports will be cleaned that afternoon:

- Mutual 15:** Carports 3, 6, 11-12



Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., March 18	Mutual 2 virtual 9 a.m.
Thurs., March 18	Mutual 11 virtual 1:30 p.m.
Mon., March 22	Mutual 8 (open forum, 9:15 a.m.) virtual 9:30 a.m.
Wed., March 24	Mutual 10 virtual 9 a.m.
Thurs., March 25	Mutual 1 virtual 9 a.m.
Fri., March 26	Mutual 6 virtual 9:30 a.m.

GRF BOD Meeting Agenda

Tuesday, March 23, 10 a.m.
Clubhouse 4 and via Livestream

To view the live GRF Board meeting, go to www.lwsb.com. The livestreaming uses YouTube live and terminates at the close of the meeting.

- 1) Call to Order/Pledge of Allegiance
- 2) Roll Call
- 3) President's Comments
 - a) Announcements
- 4) Seal Beach City Council Member's Update
- 5) Shareholder/Member Comments
 - a) Written, submitted prior to meeting
 - b) Verbal, via live streaming

Note: Foundation Shareholders/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Each speaker is limited to: four minutes when there are no more than 15 speakers; three minutes for 16-25; and two minutes for more than 26.
- 6) Consent Calendar
 - a) Committee/Board meetings for the month of February
 - i) Minutes of the Feb. 1 Recreation Committee Board Meeting
 - ii) Minutes of the Feb. 3 Physical Property Committee Board Meeting
 - iii) Minutes of the Feb. 12 Executive Committee Board Meeting
 - b) GRF Board of Directors Minutes, Feb. 23
 - c) March GRF Board Report, dated March 23
 - d) Accept Financial Statements, February, for Audit
- 7) Reports
 - a) AB 3182 Ad Hoc Committee
 - b) Bulk Cable Services Ad Hoc Committee
 - c) COVID-19 Ad Hoc Committee
 - d) Strategic Planning Ad Hoc Committee
 - e) Website Ad Hoc Committee
- 8) New Business
 - a) General
 - i) Approve Sublease for United Medical Imaging (UMI)

AGENDA, page 19

CALL FOR CANDIDATES

Mutual and GRF election cycle begins

Since 1962, Leisure World, Seal Beach, has operated on a united community spirit. There is no one more interested in their home, Mutual and community than LWers and their fellow shareholders. Only they can truly understand the value of the LW life and lifestyle and have the motivation to see their Mutual, as well as the entire community, prosper.

Being part of a Mutual or GRF Board places shareholders in the middle of the decision-making process, with their voice and opinions heard as they represent their fellow shareholders for a collective benefit.

Pride in community, patience and motivation to help others are very important qualities for running for a seat on their Mutual or

GRF Board. It is the strength of the vast and varied experience each director has, as well as the collective strength of the Board, that builds community and protects LW's lifestyle and homes. The skills and knowledge a person has compiled through the years will be put to good use; everyone has the ability to do and be the change for the benefit of all.

The duly elected Mutual and GRF Boards set into operation the day-to-day business of each mutual corporation and Trust property and all of its amenities. Directors address the issues of most importance to their electorate—that is, their fellow shareholders. Board directors find solutions to existing problems, large and small. It's not

an easy job; it takes time, effort and a willingness to donate a portion of everyday life to the community.

As a community of more than 9,000 highly qualified shareholders, there is so much expertise to offer. New ideas and perspectives are always needed, which means volunteers are needed. Everyone should consider becoming a candidate for a position on their Mutual or GRF Board of Directors.

The schedule below indicates the Mutuals' and GRF elections schedule. Deadlines to apply for candidacy vary. Anyone interested in or who has questions relating to becoming a candidate for his or her Mutual or GRF Board of Directors should contact the Stock Transfer Office at (562) 431-6586, ext. 346.

2021 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	10	276	139	5	1/29	3/1	4/19	3 rd Wed	5/19	10 a.m.	
	14	328	165	7	1/29	3/1	4/20	3 rd Thu	5/20	10 a.m.	
	7	384	193	5	1/29	3/2	4/21	3 rd Fri	5/21	10 a.m.	
	8	348	175	5	2/3	3/5	4/22	4 th Mon	5/24	10 a.m.	
	4	396	132	4	2/10	3/17	4/26	4 th Wed	5/26	10 a.m.	Staggered terms
	16	60	20	5	2/10	3/17	4/26	4 th Wed	5/26	2 p.m.	Extension & Annual Meeting held at Admin. Conf. Room
	11	312	157	6	2/5	3/8	4/27	4 th Thu	5/27	10 a.m.	
	9	384	193	7	2/5	3/9	4/28	4 th Fri	5/28	10 a.m.	Parents in effect
	Golden Rain Foundation				Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutuals 1, 3, 5, 7, 9, 11, 15, & 17				Wed. 3/3	Fri. 4/2	Fri. 4/30	1 st Tues.	6/1	10 a.m.	New directors will be installed at GRF Annual Meeting on 6/1 at 7:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	2/12	3/16	5/5	1 st Fri	6/4	10 a.m.	
	5	492	164	3	2/23	3/30	5/6	2 nd Tue	6/8	10 a.m.	Staggered Terms
	3	432	217	7	2/19	3/22	5/10	2 nd Wed	6/9	10 a.m.	
	12	452	151	7	2/25	3/29	5/11	2 nd Thu	6/10	10 a.m.	Parents in effect
	2	864	433	9	2/19	3/23	5/12	2 nd Fri	6/11	10 a.m.	
	1	844	282	4	3/1	3/31	5/13	2 nd Mon	6/14	10 a.m.	Staggered Terms
	15	502	252	7	2/26	3/30	5/19	3 rd Fri	6/18	10 a.m.	
	17	126	64	2	3/9	4/8	5/20	4 th Tue	6/22	10 a.m.	Staggered Terms

NOTE:

* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.

** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.

*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

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experience
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- Flu (독감)
- Prevna 13, Pneumovax 23 (패렴)
- Hepatitis A, Hepatitis B (간염)
- M-M-R (홍역, 볼거리, 풍진)
- Meningitis (수막염)
- Tdap (파상풍, 디프테리아, 백일해)
- HPV - Human Papilloma (인간 유두종)



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Puzzles & Comics

Answers on page 19

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers



Sudoku 1

	6	4	8				5	
9				1				
		8		3	6			
8						5	7	
		3		9				
	4	6						8
			6	7		1		
				4				6
7		1		2	8	3		

9 To 5 By Harley Schwadron

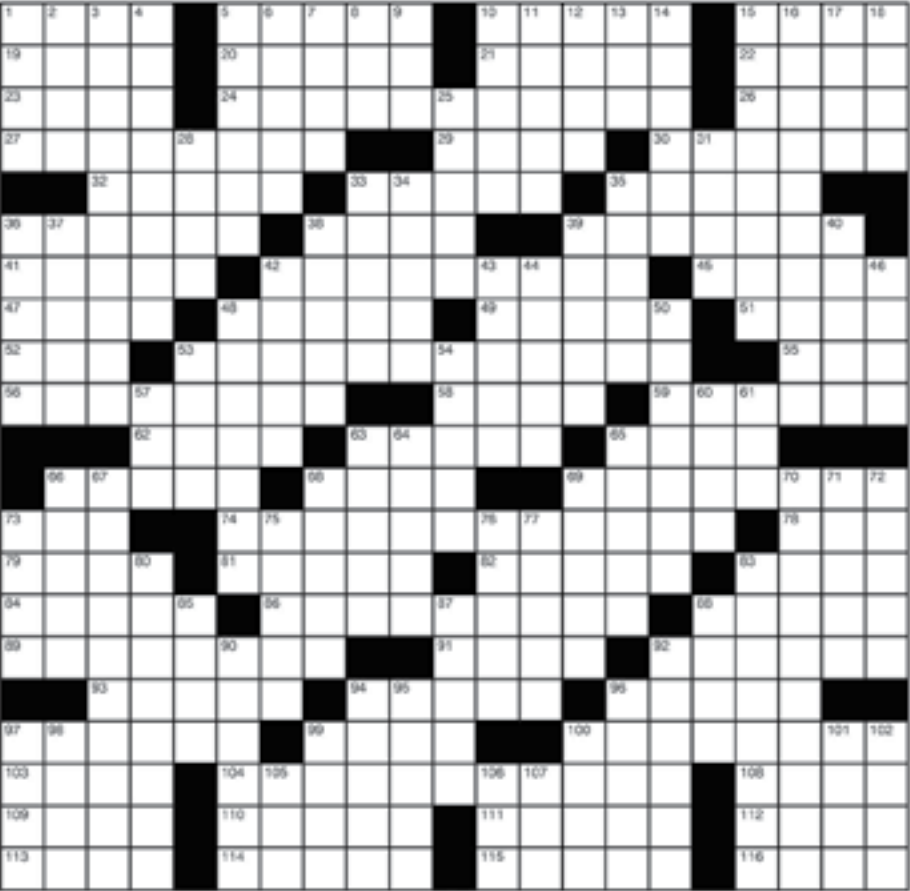


Tourist Stops

Edited by Linda and Charles Preston

ACROSS

- 1 Deal with
5 Michelangelo's slave is one
10 Came into view
15 Rodriguez's stats
19 Once follower
20 "Hiroshima, Mon ____"
21 Fiji's neighbor
22 River in Normandy
23 Vonnegut
24 James River city
26 Mickey and Minnie
27 Alienate
29 East of Turkey
30 Slipped away
32 Papal court
33 Fabric edging
35 Street talk
36 Kissing ____
38 All there
39 Brief
41 Sword handles
42 Divide into shares
45 Made a recording
47 Troubles
48 Doomed mistress
49 Dickens' Dood
51 Variable star
52 Agnus ____
53 Caribbean capital
55 Grog ingredient
56 Caldwell et al.
58 Slaughter
59 Marbles
62 Monthly outlay
63 Small songbird
65 Kind of farm
66 Spook
68 Japanese native
69 Disbursing
73 Exclamation of surprise
74 Carrying away in delight
78 Olympic gold skier
79 Hungarian sheepdog
81 Goa garment
82 Tender areas
83 Sacred bull of Egypt
84 Role for Kate Nelligan
86 Depiction
88 Namesakes of thespian Novello
89 Soft leather
91 Mild expletive
92 "Be it ____ humble": Payne
93 Mountain nymph
94 Heartless
96 One one's toes
97 Weasel family member
99 Junket
100 Ballet step
103 Body beginning
104 Poor losers
108 Endings with Joseph and Paul
109 Concept



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3/21/21

- 110 Coop in Russia
111 Lamb of literature et al.
112 Wood sorrels
113 Clayey deposit
114 Gallows sight
115 Networks, anatomically
116 "Quo Vadis" figure

DOWN
1 Salad veggie
2 Creative work
3 Castle's iron gate
4 Puts into the care of
5 Dyeing compound
6 Zed, to Zeus
7 Schoolboy of the diamond
8 Dine
9 Gold, in Granada
10 Texas shrine
11 Charged
12 Portent
13 Porky's Petunia, for one
14 Kindergarten fixtures
15 Bucharest native
16 Nutmeg State city
17 18th century furniture maker

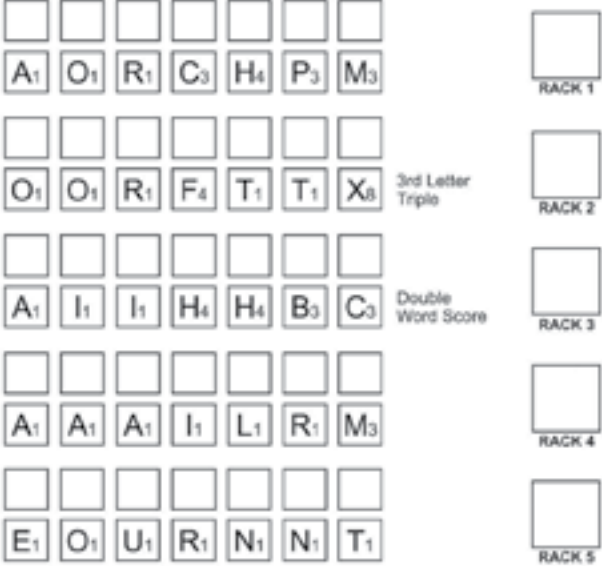
- 18 Progeny
25 Kitchen utensil
28 Isotoner gloves brand
31 Infinite
33 New Guinea's other half
34 Former president of Turkey
35 ____ boom
36 Reproach
37 Commercial carrier
38 Petty arguments
39 English country sides
40 Theatrical offering
42 Stop, in St. Lo
43 Province of Umbria
44 Numbskull
46 Farm females
48 Easter fineries
50 Straightens up
53 Waterfront structure
54 Come alive
57 Malay peninsula isthmus
60 ____ ho: enthusiastic
61 Enlarge
63 Lonesome soul
64 Map add-on
65 Salesman's patter
66 Pro football's winningest coach
67 Music man extraordinaire

- 68 TV's Spelling
69 Violin of great worth
70 Consequence
71 Colors, to Corot
72 Plaster of paris
73 Renowned cartel: abbr.
75 Part of REM
76 Hedge tree
77 Type of flush
80 ____ guidance
83 Intense dislike
85 Gotcha!
87 Enlists again
88 Carrier partner
90 Sun Flower State native
92 1920s actress Landi
94 Sounds an alarm
95 Moon valley
96 Russian range
97 Damage
98 "... on a wing ____ prayer"
99 Baum's terrier
100 Determination
101 Expensive
102 Amoco rival
105 Old ____: veteran
106 Cent starter
107 Corrida cheer

The Observer Crossword Puzzle

SCRABBLE G R A M S

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PAR SCORE 275-285
BEST SCORE 349
FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

LIVDA

PRECT

RUYLES

SPICEB

Print your answer here:



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Guess Who?

I am a singer born in California on March 18, 1979. I met my future bandmates while attending Brentwood School. I have had many hits as a singer/songwriter, and gained even more success as a coach on "The Voice."

Sudoku #2

1	7	6	5					
9			4		8	6		
3						9	5	1
	9		3	2	6	1	8	
	1	3		5			6	4
			7	4	1			9
4			9			3		
6	8	9	1			7		
			6	7	4	8		

Level: Beginner

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

☐ ◡ Ω ✱ ♂ ≡ ~ ★ ✚
Determine the code to reveal the answer!

Solve the code to discover words related to the workplace.
Each number corresponds to a letter.
(Hint: 8 = E)

A. 26 1 1 20 13 8

Clue: Place to work

B. 8 4 12 10 26 24 8 16

Clue: Boss

C. 12 22 24 13 9 8 13 21

Clue: Compensation

D. 10 22 7 26 16

Clue: Work

Boggle®

BrainBusters!

B	U	P	H
W	O	I	S
G	O	K	E
A	G	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

3 letters = 1 point

5 letters = 3 points

6 letters = 4 points

8 letters = 10 points

9+ letters = 15 points

Boggle® Brain

**YOUR BOGGLE®
RATING**

151+ = Champ

101-150 = Expert
61-100 = Pro

31 - 60 = Gamer
21 - 22 = Bookie

21 - 30 = Rookie
11 - 20 = Amateur

0 - 10 = Try again

Cluster Bonus

By David L. Hoyt and Jeff Knurek

O	D	L	G	C
K	E	R	O	N
A	C	L	I	P
D	I	Z	V	P
N	H	S	R	E

6-28-20

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Boggle® BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST SEVEN METALS in the grid of letters.

Puzzles & Comics

Answers on page 19

WORKPLACE WORD SEARCH

L	R	I	N	N	E	M	M	E	X	P	E	R	I	E	N	C	E	E	N
A	B	W	R	M	R	U	W	O	R	K	P	L	A	C	N	S	S	E	R
T	T	K	E	T	A	R	O	B	A	L	L	O	C	E	E	F	T	E	U
I	U	N	B	P	G	N	I	N	N	A	L	P	E	S	O	M	R	B	W
G	P	R	E	S	E	M	O	B	I	C	E	W	D	S	Y	N	O	I	U
I	R	S	V	M	N	H	A	X	O	K	S	E	T	O	S	I	P	X	Y
D	O	H	X	R	E	O	W	M	N	S	T	S	F	P	T	B	E	E	Y
N	D	R	D	U	W	G	I	X	B	O	I	M	W	U	E	C	R	E	Y
P	U	L	O	S	D	T	A	T	G	R	Y	G	I	P	M	S	E	L	T
E	C	V	P	C	F	S	H	N	A	C	O	L	W	I	B	A	T	F	I
E	T	M	G	H	A	D	F	T	A	W	I	D	L	P	W	N	B	V	I
Y	I	N	N	E	A	A	E	L	S	M	T	V	S	L	M	A	X	T	C
O	V	I	I	D	K	G	R	O	R	W	O	P	W	U	N	F	I	N	A
L	P	I	T	U	Y	W	V	V	E	H	E	R	P	M	A	P	D	V	C
P	T	K	E	L	F	O	S	D	K	P	S	I	N	P	C	T	R	A	B
M	Y	W	E	E	E	M	V	Y	R	N	N	K	S	W	A	S	O	C	S
E	P	Y	M	K	H	W	Y	Y	O	F	A	I	X	I	F	X	O	R	Y
F	A	C	I	N	I	T	N	B	W	T	S	V	V	O	N	M	C	D	I
L	G	X	O	C	N	D	A	N	O	S	F	P	C	E	I	G	F	I	U
F	K	X	T	C	P	W	A	C	C	S									O

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ACTIVITY
APPLICATIONS
COLLABORATE
COORDINATE
COWORKERS
DESIGN
DIGITAL
EMPLOYEE
EXPERIENCE
FACILITY
FLEXIBLE
MANAGEMENT
MEETING
MOBILE
MULTIPURPOSE
OFFICE
PLANNING
PRODUCTIVITY
REPORTS
SCHEDULE
STRATEGY
SYSTEM
WORKING
WORKPLACE

Health & Fitness



Watch out for fake facts online, in the mail

By CJ Blomquist
OptumCare

There's been a lot of news about the COVID-19 vaccine these days. But there's also been a lot of fake news about it, too. It's the same as with any health issue. Whether in the mailbox, your inbox or your social media feed, you have probably seen some of the headlines below.

So how do you figure out what is true and what is fake? Here are some helpful tips:

It's too good to be true. "This berry protects against coronavirus, influenza, hepatitis and heart disease!" A single berry that can prevent multiple diseases? Eating healthy can help lower your risks

for many diseases, but if just one food item could protect against all these diseases, don't you think everyone would know?

Outrageous headlines. "You'll be SHOCKED when you see how DANGEROUS this common household cleaner is!!!" Sensational headlines, complete with capitalized words and multiple exclamation points, are desperate to grab your attention. You wouldn't see this from a reputable news organization.

You don't know the source. "StopCancerNaturalFoods.com is the ONLY source for curing cancer the natural way!" Stopping cancer and eating healthy are things many people want. . . but that website name is awfully odd. Fake news

sites often use strange names that prey on our emotions.

It's a secret just for you. "Doctors haven't found this simple cure for arthritis. Click here to discover it for yourself!" Who doesn't want to be in on some big secret? It sounds exciting! But that's exactly how these sites work. Ask yourself why an article on Facebook or in a magazine knows what doctors and scientists don't? It doesn't add up.

If you see an article, post or email that looks questionable, don't click on it. If it's something you're interested in, such as eating healthy to prevent diseases, go to a reputable site to learn more instead (e.g., www.cdc.gov). The information may not be as splashy and fun, but at least you'll know it's accurate.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.25 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, March 18: Turkey chili, cornbread, and green beans with pimientos; apple sauce; tuna-salad sandwich with spinach, tomato and pickle, plus cucumber, red onion and dill salad.

Friday, March 19: Oven-baked breaded fish with tarter sauce, oven-browned potatoes, and peas and carrots; fresh banana; turkey-and-ham cobb salad with egg, tomato, bacon and blue cheese dressing, plus crackers.

Monday, March 22: Roast beef with mushroom gravy, mashed sweet potatoes and creamed spinach; Waldorf salad; tuna-salad sandwich with spinach and tomato, plus homemade potato salad.

Tuesday, March 23: Tuna-noodle casserole, seasoned carrots and Brussels sprouts; chocolate cake; Caesar chicken salad with romaine lettuce, shredded cheese, croutons and Caesar dressing, plus crackers.

Wednesday, March 24: Oven-baked chicken breast with lemon-caper sauce, barley pilaf and green bean almandine; mandarin oranges; ham-and-cheese sandwich with lettuce, tomato and pickle, plus Asian coleslaw.

How to celebrate Doctors Day

If you are a patient of a MemorialCare Long Beach Medical Center doctor, you're invited to celebrate your healthcare provider on Doctors Day, March 30. As doctors continue to fight a global pandemic, the community has the opportunity to say, "thank you."

People can submit video messages to their favorite doctors. Videos no longer than 30 seconds should be filmed horizontally on a point-and-shoot camera or cell phone. For the clearest results, the camera or cell phone should be held as still as possible or placed on a stand.

Finished videos can be emailed to Long Beach Medical Center marketing communications specialist Krystal McEachern at kmceachern@memorialcare.org.

Videos should be received by Friday, March 19 to be included in the compilation that is being created.

Camera-shy patients can also show their support by filling out a form at memorialcare.org/LBDoctorsDay. Their thank-you messages will be sent directly to the doctor.

Contact McEachern at the email address above or at (562) 480-8629 with any questions.

Happy Monday, Get Strong Kick-Start

Prevent age-related muscle loss, also known as sarcopenia, with strength training. Via Zoom, certified personal trainer and Leisure World resident Eunis "WildFire!" Christensen leads simple at-home workouts with dumbbells and stretch tubing/bands every Monday at 4 p.m. This free, interactive half-hour group class is designed to help people stay strong and healthy for years to come.

Email wildfire1@truetomybody.com or call (562) 879-1954 for registration information.

Zumba and Dance Fitness Clubs

There are two low-impact dance clubs you can join, both of which meet at Veterans Park. Zumba Club meets on Mondays at 4 p.m., and the Dance Fitness Club comes together on Thursdays at 8:30 a.m. Both are free during the pandemic.

For more information, contact Jim Blanchard at (714) 487-2446.

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Arts & Leisure

Bring the whimsy of spring to the front door

By **Patty Marsters**
pattym@lwsb.com

Officially, spring starts on Saturday, March 20. If you haven't already, you can now say farewell to winter and welcome the bright colors of the new season. And what better way to announce your fondness for spring than hanging something on your front door? (Or anywhere in your home, really.)

Below are some ideas for a fresh wreath celebrating spring.

Seed Packets: After you've planted your Mini Farm plot, share some gardening cheer by pinning 12 to 14 empty seed packets to a 12-inch foam wreath. Add a few faux flowers and maybe a bright ribbon, and it's ready to hang.

Butterflies: Nature-lovers often equate the migration of *Rhopalocera* with the colorful season, so adding representations of monarchs and painted ladies to décor feels appropriate here. Glue a boxwood garland to a 12-inch foam wreath, then add imitation butterflies, daisies and maybe some baby's breath. Loop a long length of ribbon through the top to hang on any door.

Watering Can: Find an old metal watering can or pick up a colorful plastic one at any garden center. Cut some floral foam to fit



No fairies for your Fairy Garden wreath? You can substitute woodland creatures, garden gnomes, etc.

and secure to the inside bottom of the can. Using wire cutters, trim down the stems of a bouquet of faux flowers and greenery; you'll want the blooms to peek out the top of the watering can, with maybe some greenery dangling down the front. Or you can wrap a burlap strip around the top of the can's opening, securing it in place with glue, then tying a rustic bow. For a fun water effect, string

some crystal beads to fishing line threaded through the holes of the waterspout. Picture-hanging wire looped around the top of the handle provides an easy way to secure your creation to a nail or hook.

Umbrella Blooms: Use an old hook-handled umbrella, or buy a cheap one in a bright spring palette online. Untie but do not open it, then wrap a coordinating

ribbon about a third of the way up from the base to form a vase. To the umbrella folds, add newspaper, tissue paper or used grocery bags, then arrange roughly two dozen artificial blooms to fill out the top. (You can do this with real flowers in aqua tubes also, but you'll need to replace them as they wither.) Use the handle to hang it on your door.

Bucket or Wall Basket: To protect the woven or wooden base, it's suggested to line the inside with paper towels or brown craft paper before proceeding. Puncture a couple of holes in the back, then thread through wire to use for hanging. Once that's in place, fill the inside with floral foam, into which you can set silk flowers and greenery. If there's room, consider adding a bird's nest or other sweet touch.

Fairy Garden: Glue moss to a foam wreath (or buy a pre-covered form), then attach a scene of miniature fairies, gnomes and other fantastical items. Attach a string of battery-powered mini twinkle lights for a magical touch.

Whatever you decide to decorate your door with, make it your own. And if you complete any of the projects above, please share a photo with us by emailing pattym@lwsb.com.

Technology Classes by Miryam

Miryam Fernandez's technology classes are held every other Tuesday at 2 p.m. Topics change each session, all of which are closed captioned. For an invitation, email Fernandez at mzzmimm@gmail.com. If you need help setting up a microphone and/or video or have other connectivity issues, call Bonnie Cooper at (562) 822-6358 before class begins.

Registration is required at least six hours prior to allow for technological issues.

March 30: Facebook

April 13: iPhone

April 27: Beginner's Guide to Gmail

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Important Reminders

- It's been reported that fraudsters are using telemarketing calls, emails, text messages, social-media platforms and even door-to-door visits to collect personal information and finances from individuals while promising to provide a vaccination. Please be careful!

- Apple, Microsoft, IRS, Social Security, etc., will *never* contact you by phone, text or email. If there's a problem with your account, they will shut you down until you contact them.

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MYGNP.com



Grab 'n' Go Meals

March 18-24
Clubhouse 6 Parking Lot

- **Thursday:** Domino's Pizza—call ahead for special orders, wings and salads offered, 3:30-7 p.m., cash/cards, (562) 493-2212.
- **Friday:** Katella Deli—deli favorites, appetizers, salads, hot entrées; specials of the day available onsite, 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at www.katellabakery.com.
- **Saturday:** Naples Rib Co.—barbecue, salads, sandwiches; 2-4 p.m., cash/cards, (562) 439-RIBS. Order ahead at www.rib-company.com/LW for faster service.
- **Sunday:** Closed.
- **Monday:** Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 3:30-5:30 p.m., cash/cards. To preorder, go to www.kabobaholicft.com or text (949) 400-4696; mention LWSB when ordering.
- **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.
- **Wednesday:** The Skewer—Middle Eastern and Mediterranean fare, shawarma, falafel, fries, hummus, and salads, 2-4 p.m. View all options at skewerstruck.com/menu.

...

All Grab 'n' Go events take place rain or shine. **Masks and 6-foot social distancing required and strictly enforced.** For more information or to offer feedback, call (562) 431-6586, ext. 398.

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379.

Watch for LW Live! alerts for daily menus. Vendors are subject to change. Sign up for LW Live at <http://www.lwsb.com/lw-live-sign-up/>.

Senior Cuisine Delivered

Experience restaurant-quality meals specially made for Orange County's older adults, delivered safely to your home. Choose from among your favorite participating restaurants and caterers, and receive lunch and dinner for two for four or six days a week. Meals are affordably priced at \$9.95 each, with no additional delivery costs. Customers receive \$15 off when they subscribe for two weeks. Use code 15OFF at checkout. There is a \$7.50 discount for the first week, and a \$7.50 discount for the second week.

Meal providers for the Seal Beach area include Blue Stone Kitchen, Jewish Community Services of OC, Norms and Zest in a Bowl. The provider will contact you to arrange delivery. No meal preparation is needed; just heat and eat. Place your order online at <https://seniorcuisinedelivered.mealsonwheelsoc.org/collections/restaurants/seal-beach>. For help or more information, call (714) 823-3294.



HUMOR

Alloy cat looks for new delight

I was out on a good morning walk when I heard a screeching sound—like nails on a chalkboard. I cringed, and then looked around to find it was a common alloy cat sitting on a neighbor's porch rail. She was carefully cleaning her stainless-steel paws with her raspy tongue. With a body of pure metal, her every move creaked like an old garden gate. Stacked at her feet were the beak, bones and ball bearings of what looked like an old Firebird. For my own safety, I tiptoed backward until it felt safe to run.

—Jim Schneiderman, Mutual 3



The Joyful Line Dance Class is held at Veterans Plaza every Wednesday from 2-3:30 p.m., except for the fourth Wednesday, when it runs 3-4:30 p.m. Under Jojo Weingart's leadership, members take the lead to display their favorite dances. All participants are required to wear face masks and follow the rules of social distancing; they must also wear exercise shoes—no flip-flops or sandals are allowed. All shareholders are welcome to join this free class. For more information, call Anna Derby at (562) 301-5339.

Video Producers Zoom Meetings

The Video Producers Club offers free, weekly Zoom classes, as well as a social opportunity.

Classes are as follows:

• **Monday, 2 p.m.:** Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email sail1942@gmail.com.

• **Wednesday, 10 a.m.:** Beginners' Zoom class for Windows and Android users with Charlie Guggino. For an invite to this class, email joosuna29a@gmail.com.

• **Thursday, 10 a.m.:** Beginners' and Intermediate Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to this class, email 0501042@gmail.com.

• **Thursday, 5:30 p.m.:** The one-hour Zoom Party Social, hosted by Valentinetti, is open to all residents. For an invite, email 0501042@gmail.com.

—Joe Osuna

Balance & Stability Class

A Landmark Balance & Stability class is offered on Saturdays, 11 a.m. Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts at around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on youtube.com.

Join the Zoom meeting by visiting <https://us02web.zoom.us/j/84982522530>; the meeting ID is 849 8252 2530, and the password is practice.

Rosenfeld has certification from the Fitness Aging Institute and an ACE Group exercise certificate. For more information, email arosenfeld1@verizon.net.

LW Community Guide 2021

If there are any changes to your information for the White Pages from 2019, or if you weren't included in 2019 but want to be in the 2021 edition, contact pattym@lwsb.com with your name and address and/or phone number.

Chess Club

The Chess Club publishes weekly puzzles to keep the love of the game alive, since members cannot currently meet to play in person.

This week's puzzle is checkmate in three moves. White moves first. Any answer by black, and the white's third move is checkmate.

The solution to this week's puzzle's first move is Rg8; the white Rook moves from G7 to G8.



Literature Art Contest

The Leisure World Library is sponsoring a Literature Art Contest, for which LWers are asked to re-create a scene or pay tribute to a suggested famous work of fiction.

Any artistic medium—paint, ceramic, sculpture, wood, paper, needlecraft or other handcraft—will be accepted, but artists should be mindful that submitted works will be on display outside for several hours.

Participants will need to choose from among the following classics, all of which have been adapted into movies:

- "The Great Gatsby"
- "The Three Musketeers"
- "Frankenstein"
- "The Old Man and the Sea"
- "Gone with the Wind"
- "The Hobbit"
- "Huckleberry Finn"
- "Call of the Wild"
- "To Kill a Mockingbird"
- "Little Women"
- "Pride and Prejudice"
- "The Wizard of Oz"
- "Treasure Island"



- "Alice in Wonderland"
- "The Lion the Witch and the Wardrobe"

Completed entries, accompanied by a copy of the entry form, should be dropped off at the library April 12-15, between 10 a.m.-2 p.m. Entry forms will be printed in the LW Weekly (see below), as well as available at the library.

Artworks will be displayed at Veterans Plaza on April 16 from 10 a.m.-2 p.m., with winners announced promptly at 2 p.m. First place receives \$200, second place receives \$100, and third place receives \$50 in Visa gift cards.

GRF Library Literature Art Contest Entry Form

Bring entry and this form to LW Library April 12-15, 10 a.m.-2 p.m. Entries will be displayed April 16. No early drop-offs accepted.

Name _____

Mutual and Apartment _____

Email Address _____

Phone number _____

Book _____

GENEALOGY CLUB

Candy Petersen offers new ideas on researching

All are invited to the monthly meeting of the Leisure World Genealogy Club on Wednesday, March 24, at 10 a.m. The presentation is an excellent program for new members and a refresher for others.

Speaker Candy Petersen will present “Getting Started in Genealogy—A Refresher Course,” in which she will go over the basics as well as some new ideas for doing research.

Petersen, a retired paralegal, has been involved in genealogy for more than 30 years. She has not only researched her own family, but also assisted others, including those who were adopted, in their endeavors to find their roots. As a student of genealogy for the past 18 years, she has attended seminars and conferences, read books



Candy Petersen

and periodicals, and participated in online courses to further her education. She has also done presentations to individuals and groups in an effort to help people get started in their genealogy, as well as taught others how to write their own stories or the stories of their ancestors.

She is currently a member of the Daughters of the American Revolution, the New England Historical and Genealogical Society, the Southern California Genealogical Society, Questing Heirs, and the Leisure World Genealogy Club. Prior to moving to Leisure World, Petersen was a member of Temecula Valley Genealogical Society, as well as the now-dissolved Lake Elsinore Genealogical Society, for which she previously served as president, vice president, corresponding secretary, newsletter editor and membership chairperson.

The March meeting will be held on Zoom; for an invite, email lwgenealogy@gmail.com. Questions and comments are allowed at the end of the meeting. Contact Mary Romero at (562) 810-4266 for more details.



Golfers viewed the clouds billowing over Catalina on March 12.

Golf League Results

A bright but cool morning beckoned seven men on March 8 at the Willowick Golf Club in Santa Ana. The course is a challenging, par-71, 6,000 yards, with several exceptionally long par-5s, some elevated greens and deep bunkers, but no water hazards.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20; B flight is higher than 20.

A Flight Winners: First place: Gary Stivers, with a nice 7 under 64, plus fewest putts; second: Bill McKusky, 2 over 74; third: Fujio Norihiro; fourth: John Petersen.

B Flight Winners: First place: Marv Ballard, 2 under 69; second: Gene Vesely, plus fewest putts; third: Lowell Goltra.

On March 12, a cold, sunny and wet morning greeted nine men and one woman at the Meadowlark Golf Course in Huntington Beach. Meadowlark is a par-70, 5,800-yard course, with narrow, tree-lined fairways, lots of water hazards, and strategically placed bunkers. The wet circumstances, slow greens, and on-and-off wind gusts led to tricky playing conditions, with no rounds under par and no birdies.

A Flight Winners: First place: tie between Dave La Cascia, Stivers and Ron Jackson, 2 over 72; second: Norihiro, 3 over 73; third: tie between McKusky and Larry Hillhouse; fourth: Jim Goltra. LaCascia was closest to the pin on the 140-yard, par-3 seventh hole, and Jackson had fewest putts.

B Flight Winners: First place: Lowell Goltra, 2 over 72; second:

Tom Ross, 3 over 73; third: Liz Meripol, plus fewest putts.

Both the Monday and Friday Golf Leagues play at four local courses, all within 15 minutes of Leisure World, starting between 7-7:30 a.m., except holidays. The courses are David L. Baker in Fountain Valley, Meadowlark in Huntington Beach, Riverview in Santa Ana, and Willowick in Garden Grove. In general, masks are required at the pro shops, but optional while waiting to tee off. No masks are required on the putting greens, driving range or the course itself. Golfers are respectful of one other’s personal space, social distancing is observed, and there is no contact with others’ equipment. Golf carts are single person only unless riders are from the same household.

LW Men’s Club membership is not required, and friends, ladies, spouses and family are all welcome to play and/or join. There is a prize pool for each round that players are not obligated to enter. Prizes are awarded for low gross in each flight, birdies, closest to the pin on two par-3s, and lowest number of putts in each flight. Holes-in-One and eagles, although infrequent, are generously rewarded. If interested, contact McKusky (562) 430-8618 or LaCascia (801) 674-5975.

Handicaps can be determined using local course handicap numbers and adjusted for the longer, more difficult courses outside Leisure World. Contact LaCascia for more information.

—Dave LaCascia



Lori Chamberlain

Gayle Kozlowski (third from left) participated in an impromptu hula to “The Hukilau Song.”

HUI O HULA

LW visitor/future resident joins hula practice

Oregonian Gayle Kozlowski and her daughter recently visited fellow Long Beach High School alumna Lori Chamberlain of Mutual 11. While apartment hunting in the neighborhood, the trio stopped to watch Hui O Hula dancers as they practiced. Asked if she had a favorite hula/song, Kozlowski recalled dancing to “The Hukilau Song” in Hawai’i. Hukilau is a way of fishing invented by ancient Hawaiians, and the song is among the most popular at luaus (feasts with entertainment). Kozlowski was invited to join the group after instructor Jojo Weingart demonstrated and explained the

lyrics. The future LW resident had fun.

Hui O Hula dancers get together to dance or just move their bodies whenever the weather permits. They are looking forward to dancing at Donna Copper’s neighborhood in Mutual 15 on Saturday, March 20. Hula lessons are given at Veterans Plaza every Thursday at 1:30 p.m.; everyone is welcome, regardless of skill level. Dancers wear masks, dress in layers, and go barefoot or wear soft shoes. Call (562) 431-2242 or email Jojo@HuiOHula.com for more information.

—Jojo Weingart

Where We Live

Where We Live Club has heard from more than 300 shareholders interested in feng shui workshops. As a result, the club is hoping to broadcast its workshops via SBTv 3. Everyone who signed up for the workshops will receive notifications about the broadcast schedule as well as a list of required materials. There is still time to sign up via email at wherewelive@yahoo.com or snail mail at Where We Live Club, P.O. Box 2213, Seal Beach, CA 90740. The club hopes to offer in-person workshops starting in May.

Master Gardener Zoom Workshops

The GRF Mini Farm’s Master Gardeners are giving monthly workshops on Thursdays at 10 a.m. Zoom links can be found on the mini farm website at www.lwsb.com/mini-farm/ on the morning of each workshop. All are welcome to attend, but current and prospective mini farmers are especially encouraged to join. The dates and topics are:

April 8: Gopher Management

May 13: Terrific Tomatoes

June 10: Insect Pest Management

More workshops will be offered later in the year, potentially in person.

Connecting with the LW Weekly

The LW Weekly office remains closed to the public in an effort to slow the spread of COVID-19. Editors can be reached by phone and email; see page 4 of any edition for contact information. People may drop articles and classified ads into the letter slot on the brown door of the News Building. The editorial deadline is Thursday for the following Thursday’s edition. All classified and display advertising will be accepted by telephone at (562) 430-0534; the deadline is Monday at 2:30 p.m.



It was a rainy day on March 10, so there was no bicycle riding. But the Leisure Bicyclists got together anyway for delicious modern Vietnamese and Asian fusion cuisine at the Brodard Chateau in Garden Grove. Join the group on Sundays, Mondays, Wednesdays and Fridays at 9 a.m. at the North Gate. Helmets, masks and safe shoes are a must. Call Mary Romero for further information at (562) 810-4266.

Community

SUNSHINE CLUB

How mental illness can affect your physical health as well

Dr. John Timberlake will talk about how depression and anxiety are related to common health conditions in seniors at the Sunshine Club’s next Zoom meeting on Friday, March 19, at 10 a.m.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/84982089743?pwd=UGR3RlZRaUJmWmlsNE9KdTdNMUhh3QT09>. The meeting ID is 849 8208 9743, and the passcode is 508742.

Those who want to get the Zoom link by email should text their name, Mutual number and email address to (562) 301-5339 no later than today, March 18, at 5 p.m.

Depression can be triggered by common medical conditions that older people often experience such as diabetes, chronic pain, Parkinson’s disease, arthritis, cancer, heart attack or stroke. About one in four people with a chronic medical condition develop depression that needs treatment at some point.

Timberlake is a licensed clinical psychologist and provides private therapy services in Los Alamitos. He is well-versed in treating adults and seniors with a variety of clinical diagnoses and has effectively treated persons experiencing difficulties with major life changes. Timberlake is a Medicare provider, and his area of expertise is adults ages 55 plus.

The Sunshine Club brings LW leaders to meetings to introduce their organizations to the group. It also invites specialists from outside Leisure World to share their experiences and ideas with club members.

For more information, contact Anna Derby at (562) 301-5339.



John Timberlake

WATCH YOUR STEP

Trust your gut if things feel fishy

Jana Rogers of Mutual 7 said that a good friend from her past had reached out to her via email and asked for a favor. Rogers said she loves and trusts this friend and agreed to help.

“The friend said she was having problems with her bank and needed me to buy two, \$100 gift cards from Amazon” said Rogers. She told the friend that she would buy the cards at Ralphs and deliver them to her house. The friend responded that she would prefer that Rogers purchased them online and forward them to her. Rogers felt uncomfortable since she had never sent a gift card virtually before. However, her friend insisted that this was the only way that she could send the cards.

Rogers tried to call her, but the phone number was disconnected. When she asked her friend to call her, the friend said she would later.

Rogers suddenly realized her friend had misspelled her own name. Her friend is from another country and the email used a common American spelling. Rogers deleted the link and stopped corresponding with the email address.

Rogers did all of the right things in this situation. She did not allow herself to be hurried into buying the gift cards or pressured into sending them in a way she did not feel comfortable doing. She tried double checking with her friend through calling the number, and once she noticed the misspelling of her friend’s name, she stopped corresponding and deleted the email thread.

Scammers can pose as friends, family and even popular businesses in emails and your caller ID. The scammer wants you to trust them and not feel wary about their requests. Below are a few things to keep in mind if you come across an email like the one Rogers received:

Pay attention: If you receive an email from a friend or family member asking for money or gift cards, double check the spelling of their name in the email address or any outrageous spelling mistakes within the email. If their name is misspelled, like it was for Rogers, stop corresponding immediately and block the emailer.

Double check: If things feel off to you but don’t know for sure if it’s a scam, try calling the person or company directly from your phone or their business listing. Make sure it’s really your friend asking you for help; most of the time, that will not be the case.

Don’t be pressured: Scammers want you to feel rushed so you don’t have time to notice the scam. If someone asks you to do something you’re uncomfortable with, like sending money over the Internet instead of delivering it personally, listen to your gut. Try not to immediately spring to action, no matter how dire the situation seems.



The rain from March 11 and the cold weather after produced a rare sight in Southern California. Diane and Dennis Jensen of Mutual 7 noticed the “snow” below the rain gutters and made a snowman (pictured left) before the afternoon sun melted it away. It’s another example of how quarantine has made LWers more creative with their time.



SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at Sbtv3.org.

Thursday, March 18

- 4 pm MCC Summer Evening Festival
- 5:20 pm Hui O Hula 2021
- 6:20 pm Nova Scotia Road Trip
- 6:30 pm Tommy Williams: Memorial Songs
- 7 pm McGaugh Go West!
- 8 pm A Tribute to Ole’ Blue Eyes
- 9:10 pm Aquarium of the Pacific
- 9:30 pm Ocean Perspectives
- 10 pm Shakespeare in the Park: Cymbeline

Friday, March 19

- 4 pm Tommy Williams: Memorial Songs
- 4:30 pm Oceanscapes #2
- 5 pm McGaugh Third Grade Show
- 5:50 pm Nova Scotia Road Trip
- 6 pm Los Al Jazz Band 2018
- 6:35 pm Sea Inside
- 7 pm Live at the Ford: Celtic Show
- 8:30 pm Bob Cole Conservancy
- 9 pm Shakespeare in the Park: Othello
- 10:30 pm Cerritos Center–Golden Dragon Acrobats

Saturday, March 20

- 4 pm Hui O Hula 2021
- 5 pm MCC Summer Evening Festival
- 6:30 pm St. Patrick’s Day Harmonica
- 7 pm McGaugh First Grade Show
- 8 pm LAUSD
- 11 pm Cerritos Center–Matt Mauser

Sunday, March 21

- 4 pm SBCC 3/15 Replay, Town Hall Pandemic Recovery 3/11
- 6:30 pm St. Patrick’s Day with Rob Roy
- 7 pm Life and Times in SB: The Lawhead Brothers
- 8 pm Life and Times in SB: Paula Thomas



- 9 pm Live at the Ford: Lady Jazz
- 10:30 pm Ford Theater: Big Bad Voodoo Daddy

Monday, March 22

- 4 pm McGaugh First Grade Concert
- 4:45 pm Nova Scotia Road Trip
- 5 pm Tommy Williams: Memorial Songs
- 5:30 pm Hui O Hula 2021
- 6:30 pm Ocean Perspectives
- 7 pm Seal Beach City Council Meeting–LIVE
- 8 pm LW Rollin’ Thunder 2021
- 8:07 pm Nova Scotia Road Trip
- 8:15 pm A Tribute to Ole’ Blue Eyes
- 9:30 pm Oceanscapes #2
- 10 pm Shakespeare in the Park: Taming of the Shrew

Tuesday, March 23

- 4 pm Valentine’s Day Card for You
- 4:30 pm Oceanscapes #2
- 5 pm A Tribute to Ole’ Blue Eyes
- 6:15 pm McGaugh First Grade Show
- 7 pm Life and Times in SB: the Lawhead Brothers
- 8 pm Ocean Perspectives
- 8:30 pm Ford Theater: Big Bad Voodoo Daddy
- 10 pm Cerritos Center–Matt Mauser

Wednesday, March 24

- 4 pm LW Rollin’ Thunder
- 4:07 pm Nova Scotia Road Trip
- 4:15 pm A Tribute to Ole’ Blue Eyes
- 5:30 pm St. Patrick’s Day with Rob Roy
- 6 pm MCC Summer Evening Festival
- 7 pm Oceanscapes #2
- 8 pm Shakespeare in the Park: Merry Wives of Windsor
- 10 pm Cerritos Center–The Four Tenors

*All programming is subject to change.

SECURITY from page 2

- Feb. 1, 2:30 a.m., Mutual 2 A resident tripped and fell–no transport.

MISCELLANEOUS INCIDENTS: 45

- Feb. 1, 4 p.m., Mutual 9 Possible harassment: A resident stated they were being harassed by a Mutual director.
- Feb. 1, 1:12 p.m., Clubhouse 1 A trespasser was found and removed.
- Feb. 4, 9:15 a.m., Mutual 15 Vehicle gas leak: There was a large gas leak from a delivery truck.
- Feb. 6, 11:22 a.m., Amphitheater A toy gun was found and removed.
- Feb. 7, 6:29 a.m., Mutual 2 A resident called Security confused and disoriented. The person was found at home with no issues.
- Feb. 7, 1:26 p.m., Mutual 10 Family dispute: SBPD called to the unit. After no further issue, PD left the scene.
- Feb. 9, 12:46 a.m., Mutual 2 Possible harassment: A resident complained someone altered her front door and changed the answering machine message on her phone.
- Feb. 10, 2:47 p.m., Mutual 2 Lost resident was returned home safely.
- Feb. 10, 3:51 p.m., Mutual 3 Possible harassment: A resident reported being harassed by three kids. No issue was discovered.
- Feb. 10, 5:04 a.m., Mutual 3 Suspicious person: A resident reported an unidentified male in front of her unit. No one was observed.
- Feb. 12, 6:43 a.m., Mutual 3 Possible harassment related to past calls for service regarding

people outside of the resident’s unit–no one found outside.

- Feb. 14, 1:35 p.m., Mutual 4 A lost resident was confused and attempted to walk into another unit, but was taken home without further incident.
- Feb. 15, 8:07 a.m., Front Gate Two abandoned bikes were removed at Security’s request by SBPD.
- Feb. 15, 8:07 p.m., Mutual 3 Possible occupancy agreement violation: Unit was checked, and no one home.
- Feb. 16, 2:15 p.m., Mutual 11 Possible harassment: A resident was harassing another resident over a private party car sale.
- Feb. 18, 10:41 a.m., Mutual 14 A lost resident was found near the pool area and taken home without incident.
- Feb. 19, 10:40 a.m. Mutual 1 Resident assistance: Resident parked too close to a pole and believed she could not back up her car safely. Security directed her safely out of the parking space.
- Feb. 19, 1:15 a.m., Mutual 1 A resident has made numerous complaints that Security rings her doorbell and runs away.
- Feb. 19, 7:30 a.m., Mutual 12 Possible Trespasser: Non-resident could not articulate his name or destination. The person left without incident.
- Feb. 21, 2:33 p.m., Mutual 1 Resident became ill while riding a bike and was transported to LAMC.
- Feb. 21, 3:50 p.m., Mutual 2 A resident complained that neighbors are sabotaging her phone.
- Feb. 21, 12:50 p.m., Mutual 11 Ongoing complaints about neighbors.
- Feb. 21, 9:46 a.m., Mutual 15 Report of suspicious person in

SECURITY, page 14

Democratic Club

By Mary Larson
LW contributor

Leisure World Democrats and supporters can be justifiably proud of the role they played in Katrina Foley’s accomplishment as the first woman Democrat ever elected to the Orange County Board of Supervisors. This is especially significant in District 2, where the seat has reportedly been held by a Republican for 127 years.

It was a landside victory for the Democratic Club endorsed candidate, who won decisively in every Leisure World precinct. As of 5 p.m. on March 10, the Registrar of Voters reported 1,556 LW votes for Foley and 1,024 votes for John Moorlach, the Republican-endorsed candidate.

The victory also marks another historic milestone for Democrats in Orange County. Once famously known as the place where “all good Republicans go to die,” Orange County is rapidly shifting from a conservative stronghold into a highly diverse Democratic metropolis.

Speaking with her supporters after the election, Foley emphasized her commitment to work

closely with local government leaders throughout District 2. She is very aware of their issues and highly qualified to deal with them, having served two terms as the first elected mayor of Costa Mesa.

The District 2 seat on the Board of Supervisors also overlaps with many of the Democratic Party’s top priorities, including in the 72nd Assembly and 48th Congressional districts. The 2022 midterm elections—during which Foley plans to run for re-election—are expected to once again draw national and statewide attention to OC.

Former Congressman Harley Rouda, who represented the 48th District for the last two years, is already actively working on regaining his seat in 2022. His campaign manager, Alyssa Napuri, was the featured speaker for the March LW Democratic Club meeting. She brought members up to date on Rouda’s plans for the rest of the year, plus a report on Michelle Steel’s first month as a member of Congress.

As has been the case for the last year, the club will continue to hold its membership meetings by Zoom on the third Wednesday of

every month at noon. Members and registered supporters are sent login information before the meeting. Those who do not have access to the Internet are invited to call (562) 412-0898 for information on how to join by phone.

During its April 21 meeting, the club will discuss the issues surrounding the efforts to recall Gov. Gavin Newsom. All LW Democrats and any supporters interested in attending who are not already on the club’s contact list should email lwsbdemocraticclub@gmail.com with their name, mailing address and phone number to join.

Club members are reminded that their dues are now calculated on a calendar-year basis. For those who have not yet renewed for 2021, forms are available at <https://sblwdems.wordpress.com/democratic-club-membership-2/> or by calling (562) 431-7275. New members are always welcome.

Leisure World Democrats and supporters are also invited to subscribe to the club’s free electronic newsletter by emailing democraticclubsblw@gmail.com or by calling (562) 296-8521. Remember to include your full contact information.

Republican Club

The Republican Club’s second vice president, Brian Harmon of Mutual 12, was the speaker at the club’s Zoom meeting on March 17. Harmon’s topic was titled “The Constitution: Then and Now.”

Harmon holds a bachelor’s and a master’s degree in economics with a focus in economic history from California State University, Long Beach. He was an economics professor at the community college level for 25 years, most recently at Cypress College, where he taught honors economics. He also taught high school social studies for 10 years.

According to Harmon, the story of the U.S. Constitution starts with the Articles of Confederation, which was the ruling document that preceded the Constitution.

“By 1787, the legislators of the nation were convinced that the government was not strong enough to do the job of keeping the country together, so they met together in Philadelphia to modify it. This gathering came to be called the Constitutional Convention, which debated and wrote the new Constitution, which was

ratified by the 13 states on June 7, 1788,” said Harmon.

“The three major areas of debate were the power of the Federal government vs. that of the states (called Federalism); the conflict between the large population-states and the smaller ones; and the separation of powers between the legislative, executive and judicial branches of government and slavery,” Harmon continued.

According to Harmon, the issue that nearly torpedoed the convention was the small state versus large state problem. This question was resolved by having the House of Representatives based on population, and the other house having two senators from each state. That way, neither group of states could impose their preferences on the other. Compromise would be required, which is often best for both in the long run.

“Amazingly, that system works that way today,” Harmon said. “Some bills that former President Donald Trump wanted did not become law, and undoubtedly, some of President Joe Biden’s ideas will not either. And perhaps more

importantly, many bills have passed as compromises between the Republicans and Democrats in the Senate and House.”

According to Harmon, the separation of powers was less controversial then than now. Over the years, conflicts between the President and the Congress have been decided by the Supreme Court.

...

The Republican Club congratulates Katrina Foley as the new OC Supervisor for District 2. Voters should also know that Foley was not responsible for the negative flyers about John Moorlach that were mailed out.

Republican Club leaders and members support working with political leaders who belong to the other party, including Foley.

The Republican Club meets via Zoom on the third Wednesday of the month. To attend, email club president David Harlow at dharlow50@aol.com to be placed on the email list. A link will be sent out before each meeting. Anyone who is unable to attend can email Harlow to receive the agenda and minutes.

SECURITY
from page 13

area. Person was observed exiting community with no further issues discovered.

- Feb. 23, 1:15 p.m., Mutual 11 Residents involved in dispute over laundry room hours.
- Feb. 24, 8:44 a.m., Mutual 15 Pellet gun recovered and given to SBPD.
- Feb. 24, 10:37 a.m., Mutual 5 Visitor removed vehicle that was blocking traffic.
- Feb. 26, 4 p.m., Golf Course Resident verbally abused GRF

employee by yelling and using obscene language when advised of golf course rules.

- Feb. 27, 11 a.m., Mutual 11 Security observed unsafe driving. Spoke to driver and escorted him to resident’s unit.
- Feb. 27, 12:32 p.m., Mutual 3 Gasoline odor: No gas odor was detected, but observed motorcycle parked on the patio.
- Feb. 28, 5:55 p.m., Golf Course Resident refused to follow golf course policies; ongoing dispute

with resident regarding usage of the golf course.

Security Reports Totals:

Paramedic calls: 153
Theft: 5
Vandalism: 1
Traffic Accidents: 5
Death Investigations: 8
Lost Residents: 3
Injury: 10
Noise Complaints: 14
Fire: 2
Dog/Pet Complaints: 4
Total February Reports: 205

Obituaries

Harriett Middlebrooks Roswurm 1928–2021

Harriett Roswurm left this life on Feb. 2 to join her father, mother and brother in heaven.

She was the daughter of Charles J. Middlebrooks and Emma Louise Harrison and was born Aug. 22, 1928, in Macon, Georgia, where she lived until completing her first year at Wesleyan College. In 1947, she and her widowed mother moved to California to join her brother Jack, who had settled there at the end of World War II.



Almost immediately, she met Don Roswurm, a friend of her brother, and enrolled at Pepperdine College, where she earned a bachelor’s degree. Upon graduation, she worked at the Long Beach Naval Ship Yard for three years. Throughout this period, she enjoyed a four-year courtship with Don that culminated in marriage in 1951, a happy marriage lasting the 69 years until her death. They moved into a new home a year after their marriage and soon began their family. Donna was born in 1953 and Linda in 1956. Harriett became seriously involved in motherhood activities such as reading to them, walking them to school, going to school functions, making clothes for them, sponsoring youth activities at church, and seeing them grow into beautiful young people. Harriett also made opportunity for adult activities such as square dancing, potluck groups, church parties, spending time with friends in the mountains, in addition to being involved in church leadership and being the vice president of the church board. Church activities were a priority for her with her family.

As the girls moved into adulthood, Harriett enjoyed expanded travel and life activities, such as taking up golf to be able to enjoy getaways at wonderful golf resorts, sometimes finishing golf in the rain; trips throughout the U.S.; traveling to Mexico, Israel and Europe; experiences getting into and out of 1978 Russia; Heli-Hiking in the Canadian Rockies; and embarking on a five-day backpacking trip one August, only to be snowed out at 8,000 feet on the second night when snow collapsed the small tent in her face.

After 38 years in their Long Beach home, they moved to Leisure World in 1989. Simultaneously, they purchased a golf course condo in Palm Desert, used as a part-time get-away for 15 years. Harriett enjoyed the quiet solitude there as well as the opportunity to share it for sleepovers with friends. Throughout her time on Earth, Harriett enjoyed a happy life. She leaves behind husband Don; daughters, Donna (husband Steve) and Linda; and many friends at LW and Grace Community Church in Seal Beach.

Byong Choi 1932–2021

After a three-week battle in the ICU, Byong Choi, 83, died of a bone marrow infection on Feb. 24.



He was well-known to the Leisure World community as an active member of several clubs and organizations including the Filipino Association, the Holy Family Church choir, the Men’s Golf Club, Line Dance Club and Karaoke Club. He was an avid golfer, singer, writer and an all-around big personality.

Born in Busan, Korea, he worked in the Ministry of Finance in Seoul before moving to Ohio with his family. After completing his second degree at Central State University, he relocated to Indianapolis. There, he started a successful restaurant and became a fixture at local golf tournaments, Holy Spirit Church and the Warren Township Lion’s Club, where he was elected president. In 1996, he and his wife moved to Scottsdale, Arizona, where they owned a Baskin-Robbins and were active members of the Korean community. After retiring, they moved to Southern California and discovered the wonderful Leisure World Community.

He leaves behind his wife, Yong; four daughters: June, Jeiwon, Sue and Claudia; and three grandchildren: Maddy, Isabelle and Henry. There will be a funeral mass on March 19 at 10 a.m., at Holy Family Church. A reception will be held afterward to share stories and memories of him. In lieu of flowers, donations can be made to the Korean American Scholarship Foundation in his name. His memorial page can be viewed at www.coherentbody.com/Byongchoi.

Tommy Williams Memorial Service

The funeral service for Tommy Williams will be held on Monday, March 29, at 2 p.m. at Forest Lawn Cypress, 4471 Lincoln Ave., Cypress, CA, 90630.

The service will be held outside behind Heritage Mausoleum at Patriots Chapel. The number of attendees is unlimited if everyone is wearing a mask. Up to 50 chairs will be provided, but you may bring your own. There will not be a reception following the service, but a celebration of life will be held later in the year once the Leisure World club-houses are open.

In Memoriam
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Florida Ward 97
Darrin Mason 55
Ana Rodriguez 66
Thomas Duncan 76
Halina Chiocki 75
Families assisted by
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Religion

Community Church

By Johan Dodge
Reverend

We all have a story to tell. We have life that has been lived with tales of joy and tales of caution. It can be easy to get caught up in the moment and think that this past year is more of our life than it is. For those who are waiting to be vaccinated, it can be painful to reflect back on how life was before the pandemic. Everywhere I look there are stories of the one-year anniversary and stories of what we were doing during the last days before the lockdown. I remember last April, several people sharing that if they knew that was the last time they were going to go to a restaurant, they would have ordered the dessert.

What's your story? Are you a dessert person or just the main course? Have you lived through greater tragedy than having to stay home on the couch ordering food delivery? Have you shared your story with friends and family? This week, we will be looking at John 12:20-33. I invite you to join Community Church for live worship online.

Call the church office or email leisurewccsue@yahoo.com to receive the Zoom link. Those who don't have a computer or Facebook can call (562) 431-2503 to listen to the weekly message beginning Sunday evening.

Easter is April 4, and we hope to open indoors in a hybrid format for those who can show they have been vaccinated.

Lenten resources are available in the church office with daily Scripture and weekly prayers. Contact the church office to have one sent to you, or come to the church office to pick up a copy.

The missions team is sponsoring a fundraiser at Polly's Pies on March 24 from 8 a.m.-7 p.m. Everyone is invited to help the people served through the missions team.

Polly's Pies will donate 20 percent of every order to the missions team. Flyers are required to be presented at check-out. Pick up a flyer from the church office, Monday-Thursday, from 9:30 a.m.-12:30 p.m. Polly's Pies follows the current level of on-site dining safety protocol and take out will be an option if preferred.

If you are in need without another way to address it, call the church office to leave me a direct message at (562) 431-2503.

Beit HaLev

By now, Facebook should have lifted my suspension, so Beit HaLev's Facebook Sabbath services should resume this week.

Beit HaLev's "Zoomagogue" welcomes all who want to join, as long as one of its members knows who you are. To join Beit HaLev on Zoom, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704, and the passcode is RavGalit. To watch on Facebook, go to <https://facebook.com/galityomtov>. To view on YouTube, go to <https://www.youtube.com> and search for "Shabbat Shalom LIVE!"

Beit HaLev's Coffee Chavurah on Zoom will celebrate the Sabbath evening on Friday, March 19, at 5:30, followed by the evening service at 6. On Saturday, March 20, the morning service begins at 10:30, followed by the Coffee Chavurah.

Beit HaLev's prayerbooks, "Lev L'Lev," are shared onscreen on Zoom, Facebook and YouTube.

Leviticus 3:1-4:26, "Vayikra," details the three different kinds of sacrifices the Israelites are required to make: the burnt offering, the meal offering and the well-being offering. It lists the kinds of animals and birds to be offered and includes offerings to be made by priest and leaders as well as the regular men, women and children.

Shabbat Hagadol, the Sabbath preceding Passover, is on Saturday, March 27, and the Shacharit (morning) service is at 10:30. The first Seder is in the evening. The Passover Morning service will be on Sunday, March 28, at 10:30.

Rabbi Galit Shirah conducts a weekday Ma'ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing and to hear a spiritual message, go to SimShalom.com.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Fifth Sunday of Lent on, March 21.

The First Reading is from Jeremiah 31:31-34, and the Second Reading is Hebrews 5:7-9. The Gospel reading will be from John 12:20-33.

Saturday Evening Mass Time Change

Saturday evening Mass will go back to 5 p.m. on March 20.

Celebrating St. Joseph (Feast Day, March 19)

Pope Francis announced Dec. 8, 2020-Dec. 8, 2021, as the Year of St. Joseph. On the same day, the Apostolic Penitentiary announced a special Plenary Indulgence for the Year of St. Joseph. What a beautiful opportunity to allow St. Joseph to bring us closer to Jesus.

The plenary indulgence will be granted under the usual conditions (sacramental confession, Eucharistic Communion, detachment from sin and prayer for the Pope's intentions) to those who participate in

HOLY FAMILY, page 16

First Christian Church

By Bruce Humes
Pastor

In two weeks, Christians around the world will celebrate resurrection morning. It is the morning that God raised his son from the dead. This is something that Jesus spoke of often, such as in Matthew 16:21: "From that time, Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and be raised the third day."

In Matthew 16:13-16, Peter responds to Jesus's question "Who do you say I am?" with "You are the Christ, the son of the living God." With this profession of faith, Jesus now begins to speak of his death and resurrection.

In Matthew 17:22-23, Jesus says, "The son of man is about to be betrayed into the hands of men, and they will kill him, and the third day he will be raised

up." Jesus predicts his death and resurrection for the third time as recorded in Matthew 20:17-20, "Now Jesus, going up to Jerusalem, took the 12 disciples aside on the road and said to them, 'Behold, we are going up to Jerusalem, and the son of man will be betrayed to the chief priests and to the scribes; and they will condemn him to death, and deliver him to the Gentiles to mock and to scourge and to crucify. And the third day he will rise again.'"

In all his predictions, Jesus speaks of his death and resurrection. Without his resurrection, he is just another dead prophet. With his resurrection, he becomes the fulfillment of what the Old Testament prophets wrote concerning a Messiah that was to come.

The apostle Paul writes in 1 Corinthians 15:1-4, "Moreover, brethren, I declare to you the Gospel which I preached to you, which also you received and in which you stand, by which also

you are saved, if you hold fast that which I preached to you—unless you believed in vain. For I delivered to you first of all, that which I also received: that Christ died for our sins according to the Scriptures, and that he was buried, and that he rose again the third day according to the Scriptures."

Jesus is the Gospel, the good news, and that good news is that he died for all of us and rose from the grave, conquering death. If by faith we believe and receive these two things, we will be saved. The apostle Paul tells us that in Romans 10:9 that "if you confess with your mouth the Lord Jesus and believe in your heart that God raised him from the dead, you will be saved."

I look forward to the next few weeks as we celebrate the resurrection of our wonderful God, Lord and savior, Jesus Christ.

If you want to speak to someone or have a need, call the church office at (562) 431-8810.

Church of Jesus Christ of Latter-day Saints

By Jim Greer
LW contributor

President Dallin H. Oaks, addressing Temple Square missionaries, discouraged church members from referring to theirs as the "only true church." He said that doing so offends those of other churches and philosophies. Such an attitude implies arrogance and projects a notion that we hold a monopoly on truth or are better than others.

Oaks explained that the doctrine of the restored gospel is "comprehensive, universal, merciful and true." It has revealed that all of God's children "will be resurrected and go to a kingdom of glory more wonderful than any mortals can comprehend."

This knowledge of God's great love is central within his plan of happiness, which prescribes a life focused on the atonement and resurrection of Christ. This gospel that relies on ancient and modern

Scripture affirms the necessity of priesthood authority, which graciously returned to the Earth in the early days of the restoration.

Perhaps the supreme revelation of the restored gospel of Jesus Christ is knowledge of "the nature of God and our relationship to him," explained Oaks. Through Joseph Smith's first vision, we learned that heavenly father and Jesus Christ are separate, distinct beings. United in one purpose, but individual personages. "The father has a body of flesh and bones as tangible as man's; the son also."

Jesus Christ, our older spiritual brother, is the only begotten son of the father in the flesh. We declare that through his atoning sacrifice, all of God's children can return to their presence. "This is the central message of the prophets of all ages," Oaks affirmed.

As spirit children of the father, we are endowed with the power of revelation and inspiration.

These fundamental spiritual gifts were given to guide our personal lives and direct the course of the church. The process of receiving revelation was recorded in Doctrine and Covenants, chapter 9: "Behold, I say unto you, that you must study it out in your mind; then you must ask me if it be right, and if it is right I will cause that your bosom shall burn within you; therefore, you shall feel that it is right" (D&C 9:8).

To ensure that we always have the spirit with us, "we must always be worthy by regularly and appropriately partaking of the sacrament," Oaks said.

The appropriate method of administering the sacrament has been revealed so that we may renew covenants. "When we renew our baptism covenants in this way, the Lord renews the cleansing effect of our baptism," Oaks said. "In this way we are made clean and can always have his spirit to be with us."

LW Baptist

By Rolland Coburn
Pastor

One day Jesus accepted a religious leader's dinner invitation. When someone entertained, villagers felt free to come and watch quietly from the room's edges. Among them was a woman of bad reputation. Standing behind, at Jesus' feet, tears welled in her eyes, then—horrors—some fell on him, so quickly dropping her hair, she brushed them off, which increased their flow; apologetically kissing his feet she anointed them with perfume she'd brought him.

The host thought, "If this man is a prophet, he'd know the person touching him is a sinner." Jesus then said, "Simon, I have something to say to you." Jesus spoke of a moneylender forgiving two debtors, one owning about a year's income, the other

two month's wages. Jesus asked, "Which of them will love him more?" Simon answered warily, "I suppose the one he forgave more." Jesus replied, "You've judged correctly."

Turning toward the woman, Jesus asked, "You see this woman? I am your guest. You gave me no water for my feet, no embrace in greeting, no oil to freshen my hair. But she refreshed with tears and with her hair dried, kissed and perfumed my feet. So I can tell you forgiven are her many sins. Her love shows it. But little forgiven is one who has little love."

To the woman, Jesus said, "Your sins have been forgiven." The dinner guests began saying, "Who is this who even forgives sins?" But Jesus said to her, "Your faith has saved you; go in peace."

Soon afterward, Jesus went on through cities and villages, proclaiming and bringing the good

news of God's kingdom. The 12 were with him, and also some women who had been healed of evil spirits and infirmities: Mary, called Magdalene, from whom seven demons had gone out; Joanna, the wife of Chuza; Herod's household manager, Susanna; and many others.

Simon was religious, thinking he could earn salvation. But Jesus showed him that by God's grace he, like the woman, could know Jesus' pardon. She and the other women received salvation's gift through faith in Christ, resulting in their grateful, loving service. Jesus offers the same to us, to know he has changed our hearts, opened our eyes and taught us to love. Jesus makes us know that we are his and have been transformed. We can truly say, we love because he first loved us.

LW Baptist meets Sundays at 9:30 a.m. in the Amphitheater.

HOLY FAMILY

from page 15

the Year of St Joseph in any of the following ways:

- Meditate for at least 30 minutes on the Lord's Prayer or take part in a spiritual retreat with meditation on St. Joseph.
- Perform a spiritual or corporal act of mercy following St. Joseph's example.
- For families or engaged couples who recite the Holy Rosary together.
- Entrust your daily work to St. Joseph or ask St. Joseph's intercession for the unemployed to find dignifying work.
- Recite the Litany of St. Joseph or any other prayer to St. Joseph for the persecuted Church and relief of all Christians suffering from persecution.

Sacrament of Reconciliation during Lent (Confessions)

Thursday, March 25, at 9:15 a.m.

Friday, March 26, at 9:15 a.m.

Saturday, March 27, at 4 p.m.

Monday, March 29, at 9:15 a.m.

Wednesday, March 31, at 4 p.m.

Masses

To receive a copy of the weekly parish bulletin, sign up at <https://bulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>.

Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon.

Those who attend must wear a mask or face shield, sit socially distanced, and use hand sanitizer upon entry into the building.

Redeemer Lutheran & St. Theodore's

By Lisa Rotchford

Reverend

Though hope rises with increasing vaccination numbers and decreasing coronavirus cases, life has not returned to "normal" and silence can still fill our days as we wait for this pandemic to be over.

Psalm 62:1-8 reminds us to find peace with God in the silence: "For God alone my soul in silence waits; from God comes my salvation. God alone is my rock and my salvation, my stronghold, so that I shall not be greatly shaken. For God alone my soul in silence waits; truly, my hope is in God. God alone is my rock and my salvation, my stronghold, so that I shall not be shaken. In God is my safety and my honour, my strong rock and my refuge. Put your trust in God always, O people, pour out your hearts before the one who is your refuge."

Find hope with the strength that God offers us as a place that is a stronghold and a refuge. Know you are never alone and God will strengthen us as we face our daily tasks and our hope-filled future.

Congregation Sholom

Rabbi Karen Isenberg will stream services on Friday, March 19, at 6:30 p.m. and Saturday, March 20, at 9:30 a.m. via Zoom.

New members who want to watch the livestream should contact Jeff Sacks to receive a Zoom invitation. Text Jeff at (714) 642-0122, or email him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice beforehand can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429,

and the passcode is 8ZYy69.

Congregation Sholom will play a special Passover game of Scattergories on Sunday, March 21, at 4 p.m., hosted by Sandy Geffner over Zoom. Jeff will set up the Zoom session. Those who want to play need to email jfsacks@gmail.com ahead of time so he can send a Zoom invitation. It will be helpful to have a pencil and piece of paper ready.

Congregation Sholom has silk-screened, reusable Congregation Sholom of Leisure World masks for sale for \$5 each or four masks for \$18, shipping included. All proceeds will go to the general fund. Email Murray Pollack at murrjet@yahoo.com or call (562) 331-3949 to place an order.

Passover is coming with the

first seder of March 27.

Due to COVID-19, Congregation Sholom will not have a Passover Seder. Last year's virtual Seder is available on YouTube.

Blueberry Hill is offering several menus for \$199 for five people for those who don't want to cook for seder.

The chocolate matza program with Susan Michlin will be on Tuesday, March 30, during an Intermediary day of Pesah.

If you know of someone who needs to be added or removed from the misheberakh list, let the rabbi know by Wednesday.

Anyone who wants to participate in Congregation Sholom's games, book club or livestreamed services on Zoom should call Ron Yaffee at (562) 430-7040.



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LW Weekly

Faith Christian Assembly

Are you feeling isolated or fearful? We want to encourage people who are walking through these emotions. Faith Christian Assembly is open and here for those struggling during this trying year.

Scripture gives guidance in Hebrews 10:25: "And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near."

Join Faith Christian Assembly for Sunday services at 10:30 a.m. and 5:30 p.m., as well as the Wednesday Bible study at 11 a.m.

Out of an abundance of caution, all who attend services or events at Faith Christian Assembly will have their temperature taken at the door, be required to wear a mask before and after service, and have to sit socially distant from others. Those who are ill should remain at home.

Due to COVID-19, Faith Christian Assembly is not having all of its regular ministries at this time. Grief Share's weekly meetings are Wednesdays at 5:30 p.m.

To receive a free newsletter and for more information on the church, call (562) 598-9010, visit the website at www.FCAchurch.net or email contact@fcachurch.net.

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Vets should also get Medicare

By Sandra Teel
Steel Medicare Insurance

Why should a veteran take Part B Medicare? According to www.va.gov, the VA recommends that, if possible, veterans should take Medicare benefits even if they have Veterans Health Care. The combination of VA Health Care and a Medicare Advantage Plan provides the most options. For example:

- Not all veterans can use the VA Health system. You must apply for benefits; they are not automatically assigned. If you're not sure you're eligible, apply and find out.

- Under most circumstances, emergency care at a non-VA hospital would not be covered by the VA, leaving the veteran responsible for the bill. Having a Medicare Advantage plan would cover any care outside the VA system.

- Some Medicare Advantage plans have a "give back" of up to \$90 per month of the Part B premium. Humana, Cigna and Aetna offer this program, but veterans should check with their individual insurance companies for more information, as plans



vary by state and county.

- Most Medicare Advantage plans offer benefits the VA doesn't, such as a robust dental plan, podiatry and chiropractic services, and even over-the-counter drug benefits.

- Most Advantage plans have a \$0 premium, which means you can get the additional coverage and benefits at no extra cost.

But what about someone who has Tricare for Life? Tricare for Life has no network and very little, if any, out-of-pocket costs. It is usually not recommended a veteran with Tricare for Life join an Advantage Plan because then he or she would be subject to staying within a plan's network of doctors.

Sandra Teel is a licensed independent broker. She can be contacted by calling (657) 204-4224 or emailing steelmedagent@gmail.com.

AGENDA from page 5

- b) AB 3182 Ad Hoc Committee
 - i) TENTATIVE VOTE: Amend 70-1400-1, Use of GRF (Trust) Facilities
- c) COVID-19 Ad Hoc Committee
 - i) 70-1448-3F, Fitness Center Phase One—Reopening Request
 - ii) 70-1448-3H, Library Phase One—Reopening Request
 - iii) 70-1448-3K, Clubhouses 1 and 2 Woodshops—Reopening Request
 - iv) 70-1448-3M, Art Room—Reopening Request
 - v) 70-1448-3N, Ceramics Room, Phase One—Reopening Request
 - vi) 70-1448-3O, Lapidary Room, Phase One—Reopening Request
 - vii) 70-1448-3P, Veterans Plaza, Phase Two—Expanded Request
 - viii) 70-1448-3R, Mission Park, Phase Two—Expanded Use Request
- d) Executive Committee
 - i) Amend 30-5020-1, Organization of the Board
 - ii) Amend 30-1001-5, Glossary of Terms
- e) Finance Committee
 - i) Accept 2020 Audited Financial Statements and Excess Income Distribution
 - ii) Approve Reserve Funds for Investing in Indexed CDs
 - iii) TENTATIVE VOTE: Amend 40-5064-2, Fees
 - iv) Amend 40-5522-3, Safe Deposit Box
 - v) Amend 40-5528-1, Refund of Excess Income
- f) Physical Property Committee
 - i) Reserve Funding Request—El Dorado, Spandrel Replacement
- g) Recreation Committee
 - i) TENTATIVE VOTE: RV Lot Space Annual Lease Fee Increase
- 9) Board Member Comments
- 10) Next Meeting/Adjournment

The next regular GRF Board of Directors meeting is scheduled for April 27 at 10 a.m. in Clubhouse 4.

COMMENTS/QUESTIONS FROM MEMBERSHIP
March 23 Monthly GRF Board of Directors Meeting
Submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Mrs. Deanna Bennett, Executive Coordinator, no later than 4:30 p.m. on Friday, March 19. You may also drop off your question/comment at the Stock Transfer Office, Attention Deanna Bennett or email your question/comment to grfboardaction@lwsb.com. **Comments received after the deadline will not be read during the meeting.**

Today's Date: _____
Your Name (please print): _____

Mutual # _____ Apt# _____
My Subject is: _____

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits per speaker are limited to: four minutes for 15 or fewer speakers; three minutes for 16-25 speakers; and two minutes for more than 26 speakers.

SCRABBLE G R A M S							SOLUTION	
C ₃	A ₁	M ₃	P ₃	H ₄	O ₁	R ₁	RACK 1 =	<u>66</u>
F ₄	O ₁	X ₈	T ₁	R ₁	O ₁	T ₁	RACK 2 =	<u>83</u>
H ₄	I ₁	B ₃	A ₁	C ₃	H ₄	I ₁	RACK 3 =	<u>84</u>
M ₃	A ₁	L ₁	A ₁	R ₁	I ₁	A ₁	RACK 4 =	<u>59</u>
N ₁	E ₁	U ₁	T ₁	R ₁	O ₁	N ₁	RACK 5 =	<u>57</u>
PAR SCORE 275-285							TOTAL	349

Crossword Answers

COPE	TORSO	AROSE	RBIS
UPON	AMOUR	SAMOA	ORNE
KURT	NEWPORT	NEWS	MICE
ESTRANGE	IRAN	EVADED	
CURIA	PICOT	SLANG	
COUSIN	SANE	DOSSIER	
HILTS	APPORTION	TAPED	
ILLS	BRAUN	EDWIN	NOVA
DEI	PORTAUPRINCE	RUM	
ERSKINES	ENOS	AGATES	
RENT	PIPIIT	STUD	
SCARE	AINU	SPENDING	
OHO	TRANSPORTING	MOE	
PULI	SAREE	SORES	APIS
ELENI	PORTRAYAL	IVORS	
CAPE	SKIN	EGAD	EVERSO
OREAD	CRUEL	ALERT	
MARTEN	TRIP	GLISSADE	
ANTI	SPOILSPORTS	INES	
IDEA	ARTEL	ELIAS	OCAS
MARL	NOOSE	RETIA	NERO

Sudoku 1 Answers

2	6	4	8	9	7	3	5	1
9	3	5	2	1	4	6	8	7
7	1	8	5	3	6	2	4	9
8	9	2	4	6	1	5	7	3
1	5	7	3	8	9	4	6	2
3	4	6	7	2	5	9	1	8
4	2	3	6	7	8	1	9	5
5	8	1	9	4	3	7	2	6
6	7	9	1	5	2	8	3	4

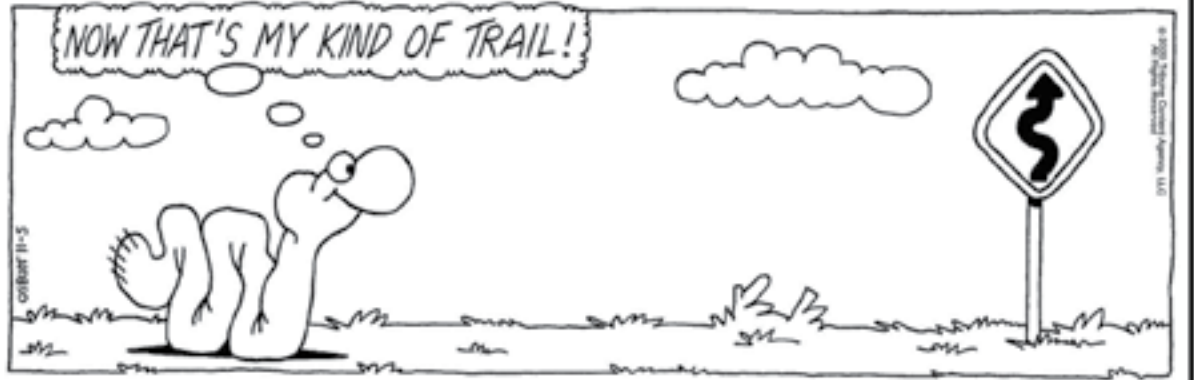
The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

: VALID CREPT SURELY BICEPS
One way to avoid heart surgery is to exercise and eat well. Then you can — BYPASS IT

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

1	7	6	5	9	3	4	2	8
9	2	5	4	1	8	6	7	3
3	4	8	2	6	7	9	5	1
5	9	4	3	2	6	1	8	7
7	1	3	8	5	9	2	6	4
8	6	2	7	4	1	5	3	9
4	5	7	9	8	2	3	1	6
6	8	9	1	3	5	7	4	2
2	3	1	6	7	4	8	9	5

Guess Who?
Adam Levine

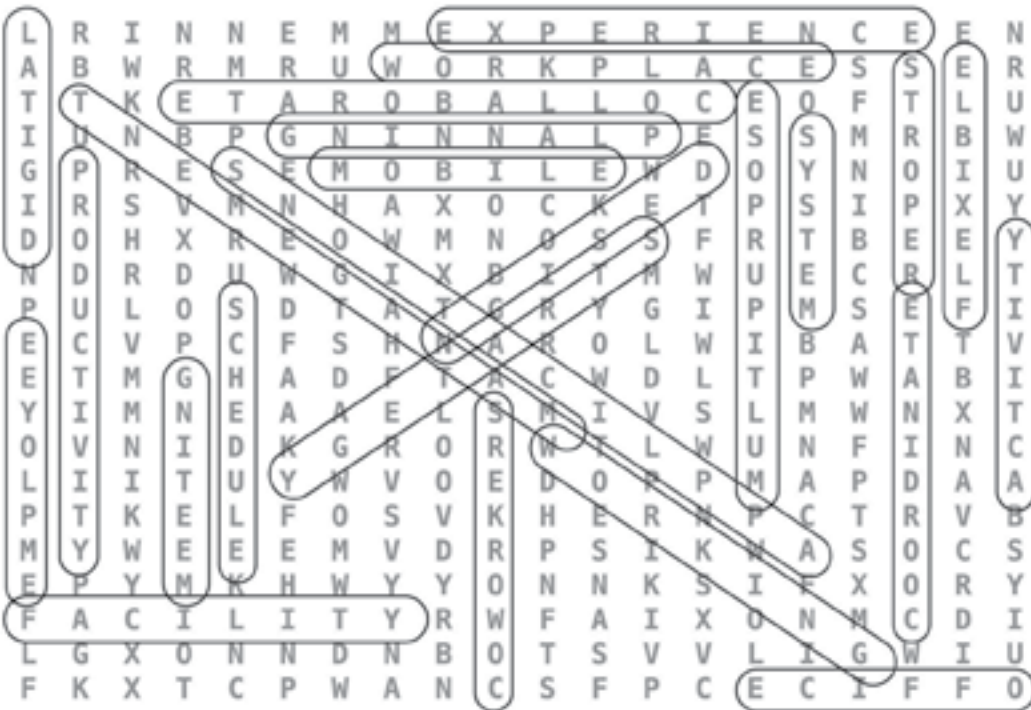
Crypto Fun Answers

A. office B. employer C. paycheck D. labor

Boggle Brain Busters Answers

IRON ZINC LEAD GOLD COPPER NICKEL SILVER

Word-Find Answers



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FEATURED PROPERTY



Mutual 12 – 74C Glen View
2B/1Ba South-Facing Remodel, Full Expansion, Open Floor Plan, Cherry Laminate Flooring, Skylights, Custom Kitchen w/ High-End Stainless Steel Appl., Quartz, Double Oven, Microwave, W/D, Custom Shower, Walk-In Closet, Custom Window Coverings & Dual Pane Windows, Elegant Glass-Wood Front Entrance, Stacked Stone Exterior & more!
GORGEOUS MUST SEE \$358,000

Suzanne Ahn, Realtor®
DRE#01107037
KOREAN & ENGLISH
562-810-1614



An Independent Brokerage!
DRE#02120194



Gina Rojas
(562) 533-3190
ginamrojas@gmail.com
Leisure World Specialist
21 Years LW Experience

♥ DRE#02111452 ♥
“I Have Your Best Interest at Heart” ♥

IN ESCROW
8-191A



2020 Escrows

8-190H	\$230,000
1-17C	\$159,900
15-5Q	\$259,900
7-148H	\$444,000
3-033E	\$182,000
7-154H	\$223,500

Leisure Living Resales

Berkshire Hathaway Home Services



Joanie Korman
(714) 308-8034
LW Resident, Real Estate Specialist
BRE#01937786
“Where Life Just Got Easier”

New Listing

2 Bedroom 1 Bath
South East facing Corner
FIVE Skylights
A Charming Front Porch
M11 272A \$350,000

2 Bedroom 1 Bath
Fully Expanded
Corner Greenbelt
Gorgeous Home
M11 280A

2 Bedroom, 1 Bath,
3 Skylights
Drive up Parking,
M4 48D \$208,000



2 Bedrooms 1 Bath
Fully Expanded
High End & more.
M5 114K \$265,000

2 Bedroom 2 Bath
One of a Kind
Fully Expanded Corner with Close
M8 183L \$360,000



Erika Shapiro
Resales Specialist
Mut. 17 Resident
BRE # 01448494
562-208-5223

Coming Soon



Basic 1 BDR, laminate flooring, skylights, A/C, patio storage and more.
Move-in ready
Mutual 4 – 76I \$174,000

Coming Soon

3 BDR, 1 Bath Corner, Fully expanded, Drive-up convenience. Large Skylights, central A/C heat, Washer/dryer and more.
Mutual 12 \$269,000



Luxury Remodel Greenbelt view, expanded, small patio. 2 BDR, 2 full Baths, Washer/Dryer beautiful kitchen with island, & more
Mutual 5 – 97I 459,000



IN ESCROW

New Listing - Great Buy
Move-in ready, private location
Must see to appreciate.
Mutual 11-273J \$199,000



IN ESCROW

Service Is My Priority!
Call me for a free market evaluation
Leisure Living Resales



The Januszka Group, Inc.

ON-SITE
HOME SALES

(562) 598-1388

To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At:
www.OnsiteHomeSales.com



Happy St. Patrick's Day and Top of the Mornin' to ya! Here at the On-Site Home Sales office, we are working hard to help buyers find their “Pot of Gold” inside Leisure World. There's nothing we love more than helping clients find and purchase their dream home in this magical community! Come by our office anytime to speak with one of our expert Realtors, we are open 7 days a week! We're sure to make your transaction LUCKY!























Dawn Januszka
Broker
DRE #02110501

Ginni Houck
Escrow Officer

Verna Chumley
Realtor®

Marsha Gerber
Realtor®

John Webster
Realtor®

Sally Angell
Realtor®

Suzanne Fekjar
Realtor®

Terri Walters
Realtor®

Elana Torres
Realtor®

Maryann Shaddow
Realtor®



Kathy Gupton
Associate Broker
DRE # 00744676

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Gloria Hadley
Realtor®
DRE # 01057681

562 618-9940 562 884-3594



Mutual 1-30D
\$179,000

Leisure living is at it's best in this beautifully maintained and cared for home. The living room has laminate flooring, vertical blinds, heat pump and A/C. Kitchen features natural wood cabinets, ceiling fan, skylight, mirrored back splash and built-in appliances including stove, oven and refrigerator. Master bedroom, living room and patio all have walk-in storage and overlook a beautifully dramatic greenbelt. This is a great location, has close parking and laundry. Walk to downtown Leisure World, golf, swimming pool, community center, gym, health care center, post office, Amphitheater and Leisure World shopping center. This special home is ready to move in, faces South and enjoys beautiful sunsets and ocean breezes. Carport 12, Space 34.

Pending



Mutual 12-70D
\$295,000

This Beautifully expanded 2 Bedroom 2 Bath home features a spacious living room with Double Pane French Doors and Laminate Flooring. The kitchen has white cupboards, built-in stove, oven, dishwasher, refrigerator, added pantry, laminate floor and skylight. Master bedroom has walk-in closet, skylight and sliding glass doors to patio and ceiling fan. Master ¾ bathroom has tile floor, cut down shower and skylight. Second bedroom is carpeted and has double pane sliding glass doors to patio. This lovely home also features central heat and air and a private tiled patio that has walk-in storage and overlooks charming green belt. This special home is in a great location, in move-in condition and has charming curb appeal. It is a must see.

Pending



Mutual 8-202J
\$239,500

This 2 Bedroom 1 Bath home feature's a washer dryer and additional living space with an enclosed side patio room and front screened patio room. Living Room has laminate floors, heat pump, and over-looks both patio's with sliding glass doors front and side. Kitchen has natural wood cabinets, newer counters, built-in appliances including stove, oven, refrigerator, dishwasher, microwave, and skylight. Master bedroom has laminate floors, mirrored wardrobe closet doors, added storage above closet, and sliding glass door to patio. Second bedroom has laminate floors and mirrored wardrobe closet door. Bathroom has walk-in jacuzzi tub, washer/dryer, vinyl flooring and skylight. Enjoy convenient drive-up parking.



Mutual 11-267I
\$167,000

Great Location and Greenbelts surround this lovely 1 Bedroom, 1 Bath home. The living room is carpeted with Berber carpeting and has a fireplace for heating and cooling. The kitchen has laminate flooring and built-in Leisure World appliances. The bedroom also has Berber carpeting. Enjoy your private patio in this lovely location.

Pending



Mutual 10-248D
\$208,000

Fabulous location enhances this 2 Bedroom, 1 Bath home with a charming view. This cozy home offers much potential. The carpeted living room has a window A/C unit, both bedrooms have walk-in closets, bathroom has a tub/shower. The kitchen has white cabinets, built-in electric appliances, ceiling fan and vinyl floors. Private wrap around patio has walk-in storage cabinet and overlooks a beautiful greenbelt. Great Location makes this a Must See!

Pending



Mutual 14-15I
\$449,000

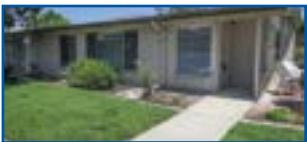
Elegantly Expanded 2 Bedroom, 2 Bath home with many lovely upgrades including a large spacious corner living room with a Bay window and plantation shutters. Beautiful leaded glass entry door leads the way into the Formal dining room. The fully remodeled kitchen has custom cabinets, granite counters, front facing sink, large skylight, with upgraded stainless-steel appliances including free standing range, dishwasher, microwave and refrigerator. Master bedroom has walk-in closet, Bay window and skylight. Master bath has tile floors, washer/dryer, granite counters, added linen closet and bathtub with tiles walls. Second bedroom has extra storage, walk-in closet and ¾ bath. This special home features Central A/C, thermo Bay windows with Plantation shutters, crown molding, wood floors, ceiling fans and brick entry porch. This is a Must See!

GIVE US A CALL

Buying or selling...

Whatever your circumstances, whatever your needs, we can help.

Pending



Mutual 11-277A



Mutual 2-46D



Mutual 12-41G



Mutual 10-240B



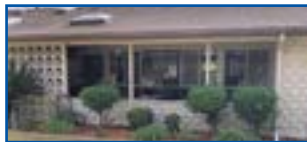
Mutual 1-35J



Mutual 2-40L



Mutual 8-203G



Mutual 11-285H



Mutual 1-37F



Mutual 1-52A



Mutual 2-19L

Sold

Mutual 1-27F

Mutual 2-13F

Mutual 2-51J

Mutual 2-24D



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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



Robin Gray
(562) 209-5605
rwgraysales@verizon.net
DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

LISTINGS WANTED!

My Listings are Selling. I can SELL Yours too!!
 And... Please know, I have implemented
 ALL Covid-19 Guidelines to keep
 everyone as safe as possible!
 Call me for details!



Mutual 5-119-D

Pending



\$183,000

Darling one bedroom drive-up in Downtown Leisure World! Pretty floors, updated kitchen, nice windows, great patio that catches the ocean breeze with plenty of guest parking! Be sure to check this one out. Call Robin to see!!



Mutual 1-42-C



\$178,000

NEW LISTING

Conveniently located by the St Andrews Gate!! South facing One Bed, One bath on a green!! Newer heat-pump, wood look floors, covered patio to enjoy your surroundings!



Mutual 6-58-A

SOLD!

\$345,000



Mutual 3-22-D

SOLD!

\$158,000



Mutual 5-119-E

SOLD!

\$179,000

Coming Soon!



Two AWESOME - 2 Bedroom Units
Mutual 11-265-J and Mutual 14-48-E



See more at www.sealbeachleisureworld.com



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 714-356-6717
 Broker/Manager



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 BRE 00338699



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 HomeServices
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Claudette "CC" Cooley
 310-484-9600



Linda Patton
 562-522-3364



Bill Berman
 714-606-5258



Gail Alonzo
 562-673-6703

Two-Bedrooms

One-Bedrooms

Mutual 4 48D \$208,000
 newer windows, skylights, drive up parking

Mutual 1 2 63D \$259,000
 south facing, full expansion, double pane, 2 large skylights, lam. floors

Mutual 15 13L \$285,000
 2 bath, very clean, double pane, enclosed patio, lam. floors

Mutual 1 1 63F \$338,000
 corner, expanded, remodeled, cent.air, skylights, smooth ceiling, much more

Mutual 11 272A \$350,000
 expanded corner, drive up, 5 skylights that open, heat pump

Mutual 7 156K \$425,000
 beautiful patio, remote control 5 bay windows, washer/dryer, cent. air, must see

Mutual 5 119H \$168,800
 newly painted, lam flooring, move in ready, very nice

Mutual 142C \$178,000
 south facing, lam floors., skylights, very nice



Jay Cho
 714-944-4998



Estee Edwards
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Philip Bak
 213-550-9991



Irv Hart
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Fay Wescott
 562 242-6162



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FIRST TEAM®
REAL ESTATE

12501 Seal Beach Blvd. #100
Seal Beach, CA 90740

For 2021, I have a total of 25 Leisure World pending and closed sales.
I have buyers for yours too! Call me today for a free market evaluation!



13962 El Dorado Dr. #60G | M2 | \$455,000

Fully Expanded 2 Bed/ 2 Full Baths. Completely Remodeled, Vinyl Flooring, Quartz Countertops, Stainless Steel Appliances, Full Size Oven, Central A/C and Heat, Washer/Dryer, Dual Pane Windows, Plantation Shutters. LIGHT & BRIGHT!



13140 Seaview Lane #246A | M10 | \$489,000

BRAND NEW BUILD! 2 Bedroom, 2 Bath, Corner Location with Greenbelt Views. Custom Stone on Patio with Privacy Smoked Glass. Wood Laminate Flooring, Quartz Countertops, Custom Glass Shower Stalls, Dual Pane Windows, Stainless Steel Appliances, Gourmet Kitchen.



13700 Alderwood Lane #80K | M4 | \$359,000

Beautiful, Fully Expanded 2 Bedroom, 1 1/2 Bath. Central A/C, Washer/Dryer, Stainless Steel Appliances, Quartz Countertops, Custom Walk-In Shower, 4 Skylights!



1861 St., John Rd., #38C, | M15 | \$429,000

Corner Atrium Unit with Large Fenced Front Patio with Storage Units. Great drive-up location, 2 Bedroom, 1 Bath, Dual Pane Windows, Stainless Steel Micro & Refrigerator, Mirrored Closet Doors, Cut Down Shower.



1700 Tam O'Shanter #2J | M14 | \$445,000

Fully Remodeled. 2 Bedroom, 2 Full Bath. Wood Flooring, Central AC/Heat, Full Size Washer/Dryer. Stainless Steel Appliances. Granite Countertops. Custom Cherry Wood Cabinets.



1740 Interlachen Rd., #39A | M12 | \$320,000

Corner 2 Bedroom, 1 Bath. Great Drive-Up Location. High side Expansion, Double Door Entry, A/C Heat Pump, New Laminate Floors, Freshly Painted and WASHER/DRYER.



1440 Skokie Road, #89C | M4 | \$180,000

Charming 1 bedroom, 1 bath overlooking a huge greenbelt. A/C Heat Pump, Dual Pane Windows, 2 Skylights, Cut Down Shower.



1671 Interlachen Rd., #285i | M11 | \$385,000

One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by.

"Thank you again for everything. You will be the first and only agent we call if we decide I need to get out of the snow in Winter."

-Guy & Diana Munday

On March 16th, 2021 a total of 40 units show as active listings on the CRMLS (this is where Realtors list property for sale).

10 -1 bedroom/1 bath
from \$168,800 to \$255,000

20 - 2 bedrooms/1 bath
from \$208,000 to \$399,500

10- 2 bedrooms/2 baths
from \$285,000 to \$445,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory!
I am here to help!

03/16/2021- Year To Date MLS Activity

