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The Muckenthaler Center in Fullerton will host Cow Bop in concert.

Page 12



The sound of artillery fire will echo from the Joint Forces Training Base on Saturday, May 15.

Page 16

LIVESTREAMING IN LW

## Watch GRF meetings live on YouTube

The GRF set up livestreaming in Clubhouse 4. This allows all residents to watch GRF meetings from the comfort of their homes.

Staff controls the livestream from a control booth and monitors audio/video quality during the meetings to ensure quality.

Audio/video quality is determined by multiple variables: Internet connection at individuals' homes, Internet connection at the clubhouse and YouTube's services.

If any of these variables are affected, the quality of the livestream may decrease.

Unplug and re-plug your Frontier or Spectrum modem if the quality of the livestream decreases.

Meeting livestreams are announced on LW Live and at the marquee at the St. Andrews/Golden Rain intersection. Watch GRF Meeting Streams at [www.lwsb.com/livestream](http://www.lwsb.com/livestream).

ROLLIN' THUNDER

## Mark calendars for Air & Water Day

The Rollin' Thunder Golf Cart Club will host a free golf cart maintenance event on Saturday, June 5. The Air & Water Day is staffed by club volunteers who will check battery water levels and tire pressure to make sure tires are filled to factory-recommended levels.

Cart maintenance is important. Maintaining water levels will lengthen battery life and prevent dangerous and unexpected stalling or failure to start. Improper tire pressure can contribute to tip-overs on turns and accelerated tire wear.

The Air & Water Day will be held from 9-10:30 a.m. in the Clubhouse 4 parking lot. Entrance to the inspection site will be via Clubhouse 3 driveway. Signs and traffic cones will be posted and monitored by Security staff.

Face masks *must* be worn at all times; no more than two persons per cart. Drivers must remain in their carts. Refusal to follow these few rules will result in removal from the inspection line-up.

There is never a charge for this valuable service, and all LW cart owners are urged to participate. Club membership is not required.

Club meetings may resume this summer, so non-member golf cart owners

**CARTS, page 2**

THE LIBRARY IS OPEN



LW Library Operations Supervisor Vanessa Morris (right) and her staff invite residents to come browse the stacks, check out DVDs and books or use the copiers and computers. Library hours are Monday-Friday from 9 a.m.-3:30 p.m.

# GRF is reopening, step by cautious step

At the May 6 meeting of the COVID-19 Ad Hoc Committee, two motions were passed unanimously, reflecting the progress being made in the battle against the pandemic.

The committee moved to recommend to the GRF Board that it allow the Recreation Department to continue reopening its facilities under CDC, state and county guidelines.

The decision was made because the GRF Board's final meeting of this fiscal year is in May. Its approval would allow the Recreation Department to prepare for reopening clubhouses under minimal restrictions, predicated on Gov. Gavin Newsom's plan to drop the tier structure and open indoor venues June 15.

The authorities retain the final say, but the decision clears the way to begin renewing existing clubs and, once dates are

confirmed, to book private events as well.

Clubs that have an email address on file received a Club Officers Renewal Form and should return those electronically, by snail mail, or by dropping them off at the Recreation Office as soon as possible.

If your club did not receive it, contact the Recreation Office. If your club does

not intend to continue meeting, notify Recreation in writing of the decision to disband. Once the renewal form is received, the club president will be contacted for an appointment.

Due to reconfiguration of some locations, not all clubs will be able to resume

**REOPEN, page 2**

ATTENTION LW CLUBS

GRF clubs and organizations renew their standing yearly, but last year was an exception. Leisure World is getting back into the swing in 2021 with the hope of being able to return to favorite activities around mid-June. Groups need to connect with Recreation to reserve space for in-person meetings.

SEE PAGE 2 FOR MORE



CALLING ALL GARDENERS—Leisure World is beautifully blooming, and the LW Weekly will feature spring blossoms and other garden delights in an upcoming issue. Send your high-resolution jpgs to [pattym@lwsb.com](mailto:pattym@lwsb.com).

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REOPEN  
from page 1

former schedules. Clubs that were in Rooms A or B in Clubhouse 6 will need to relocate, so it is important to advise Recreation if the club plans to continue. Clubs that formerly met in Clubhouse 4 on weekdays during business hours will be moved to allow continued livestreaming of GRF committee and board meetings to the community.

Newly approved policies have placed some additional restrictions on reservations (see story at right for more information).

Instead, to give everyone a fair chance for a holiday party booking, requests will be entered into a lottery should multiple groups be vying for the same dates.

The second motion was to request that the GRF Board dissolve the COVID-19 Ad Hoc Committee, which has served tirelessly throughout the pandemic.

Due to its efforts, LWSB was a safer place, with lower disease statistics than the county in general.

Committee members were also instrumental in creating the Emergency Operational Procedures under which several amenities have been able to reopen.



Friends of the Library President Cynthia Arance welcomes everyone to the Friends Bookstore adjacent to the LW Library. The Bookstore is open Wednesday, Thursday and Friday from noon-3 p.m. and Saturday from 9:30 a.m.-12:30 p.m.

Theirs was never an easy task, especially when the answer was “no” or “wait,” but they have always operated in good faith under state and Orange County Health Care Agency guidelines, absorbing the disdain for unpopular decisions.

The committee request to

disband is a harbinger of life beginning to return to a semblance of normal, and the Recreation Department thanks them for their endeavors and support.

Watch for reopening updates in the LW Weekly or via LW Live.

For more information, email [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

LW CLUBS

Take steps now to reserve meeting space in LW clubhouses this year

GRF clubs and organizations usually must renew their standings yearly, but last year was an exception.

LW is beginning to return to in-person meetings in hopes of being able to resume all favorite activities around mid-June.

In anticipation of that, the Recreation Department has begun renewing clubs by appointment only. Staff is asking for patience as the goal is to accomplish a year’s worth in a month. More than 200 clubs need to be renewed, and staff seeks to process as many as possible in one month.

Clubs need to do the following to reserve clubhouse space:

- Clubs on the email contact list have been sent a Club Officers Renewal Form to complete and return to the Recreation Office. The club president or authorized signer should do that as soon as possible.

- Clubs that did not receive the form should have a representative email [andrewd@lwsb.com](mailto:andrewd@lwsb.com), call (562) 431-6586, ext. 326, or pick up a form in Building 5.

- Once Recreation receives a completed form, it will contact the club as soon as possible for an appointment.

Several clubs will be affected by the repurposing of space, which will necessitate reducing some reservations to accommodate everyone equitably. Clubs will be limited to meeting no more than once a week for the foreseeable future. Recurring reservations during holiday times (Christmas and Thanksgiving) are no longer permitted. They must be booked each year no more than three months before the holiday and a lottery will be held if there are multiple requests for the same venues and dates.

Clubs that no longer intend to meet are asked to notify Recreation with a written notice of disbandment as soon as possible so it can offer space to others. For more information, contact [kathyt@lwsb.com](mailto:kathyt@lwsb.com).

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CITY OF SEAL BEACH

Budget town hall, workshops will be  
May 13, 25, June 1

The City of Seal Beach will host two City Council Budget Workshops and a Budget Town Hall Meeting to solicit additional input from the community about the city’s proposed annual budget for Fiscal Year 2021-22.

The town will and workshops will give residents an opportunity to provide feedback and ask questions.

The following are the dates and times for the Workshops and Town Hall:

- Council Budget Workshop—General Fund/Operating  
**Thursday, May 13, at 5:30 p.m.**

- Council Budget Workshop—Capital Improvements Program (CIP)  
**Tuesday, May 25, at 5:30 p.m.**

- Budget Town Hall Meeting—General Fund/Operating & CIP  
**Tuesday, June 1, at 5:30 p.m.**

For the May 13 and 25 City Council Budget Workshops, residents may call in to the Zoom meeting via telephone and make live audio comments during the public comment portions of both meetings. Directions to participate can be found on the City Council agenda for each meeting, which will be posted 24 hours prior to the meeting and on the city’s website at [sealbeachca.gov](http://sealbeachca.gov) via the city clerk’s homepage.

For the Budget Town Hall Meeting on June 1, the meeting

**BUDGET, page 4**

CARTS

from page 1

are encouraged to join Rollin’ Thunder. Luncheon meetings are fun, and guest speakers bring timely information. Membership applications will be available at the event.

—Mike Levitt, club director



### Security Reports

The following is a summary of Security reports filed in April. There were 155 paramedic calls for an average of 5.2 per day. That is up four calls from March. There were also nine injuries, four lost residents and six death investigations, among the following categorized reports.

**FIRE**

**April 18, 9:36 a.m., Mutual 2**  
Pan left on stove, smoke only, no fire.

**April 20, 5:54 p.m., Mutual 5**  
Skillet left on stove, burned stove top, no other damage.

**THEFT**

**April 2, 9:14 a.m., Mutual 12**  
Resident stated her shopping cart was stolen. Security found the cart next to her vehicle.

**April 3, 11:28 a.m., Mutual 11**  
Resident stated flowers were removed from her patio. Security found the flowers on the patio.

**April 7, 3:19 p.m., Golf Course**  
Resident's electric scooter could not be found after a round of golf.

**April 14, 4:40 p.m., Mutual 6**  
Resident stated that an orange flag was taken from her go-cart.

**April 14, 3:11 p.m., Mutual 12**  
Guest pass was taken out of a visitor's vehicle.

**April 15, 1:30 p.m., Mutual 7**  
Resident stated his barber tools were stolen on Jan. 1, 2021.

**April 18, 2 p.m., Mutual 3**  
Resident has made ongoing complaints of people entering her house and removing items. No items were taken.

**April 25, 2:58 p.m., Mutual 5**  
Resident has made ongoing complaints of people entering her house and removing items. No items were taken.

**April 26, 11:42 a.m., Mutual 1**  
A Rubbermaid cabinet was pried open.

**VANDALISM**

**April 20, 7:19 p.m., Clubhouse 2**  
Caller stated that someone was cutting down the flag pole. On arrival, Security found no one and no evidence of vandalism.

**DOG/PET COMPLAINTS**

**April 1, 10:08 a.m., Mutual 1**  
Resident stated a dog was barking for over two hours near his residence. No dog or noise was detected.

**April 29, 11:30 a.m., Mutual 1**  
Resident complained of a barking dog. No noise was detected.

**TRAFFIC INCIDENTS**

**April 14, 4:45 p.m., Thunderbird at Golden Rain Road**  
Resident's vehicle struck the rear bumper of a parked vehicle.

**April 15, 2:45 p.m., St. Andrews and Golden Rain Road**

Resident stated that fire department vehicle struck her driver's side mirror and did not stop.

**April 25, 12:58 p.m., Mutual 5**  
A vehicle struck the corner of a carport area.

**NOISE COMPLAINTS**

**April 2, 7 p.m., Mutual 3**  
Resident stated that the next-door neighbor slams screen door all day long. No noise was detected.

**April 2, 5:40 a.m., Mutual 3**  
Ongoing issue with resident complaining of a loud TV next door. No noise was detected.

**April 3, 11:04 p.m., Mutual 10**  
Resident stated that the next-door neighbor constantly makes noise. Seal Beach police were at the scene. No noise was detected.

**SECURITY, page 16**



# WANTED

## 30 GRANDPARENTS that want to hear their grandchildren.



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# Perspectives

## Letters to the Editor

Editor:

I would like to express my gratitude to LW Security Officer Ken Wolfe, who graciously took care of a carport-cabinet-lock issue for me.

It is nice to know that we live in a community where such acts of kindness occur.

Darinka Mlikotic  
Mutual 1

Editor:

As a dues-paying shareholder in Leisure World, I would like to be able to use the facilities I am paying for. As I sat in the Veterans Plaza waiting for my turn to sing at Community Karaoke the other day, I, along with 30-40 other residents, could see how nice, clean, warm and sheltered it was inside Clubhouse 3.

I thought, "Why am I sitting out here in the elements when I have been paying for the use of these comfortable facilities for many years, and I have not been inside them for over a year?"

We as shareholders would like to be able to go inside the clubhouses to use the facilities we are entitled to instead of shivering or sweating outside in the variable weather.

Ellen Brannigan  
Mutual 14

Editor:

Being rather new to LW, I notice that we are wasting so much water at our car washes.

In many communities, it is even against the law to run the water through hoses that don't have attached nozzles. Why do we let our users wash their cars (vans and trucks) with open-flow water hoses?

I suggest removing all the long flex water hoses. Users need to bring buckets if they want free-flowing water.

Hankin Le  
Mutual 7

Editor's Note: The self-serve hand car wash lot located on El Dorado Drive between Clubhouse 2 and the RV lot uses recycled water.

Editor:

Right now, I feel like a kid. I have so many questions and cannot find any correct answers. I hear lots of rumors but no definite answers.

Whoever was in charge of the Golf Course got it completed. Whoever was in charge of the gym got it completed.

Is it possible to get someone in charge of the pool so it can be completed? I just can't imagine what the hold-up is. If anybody has a way to speed things up with

the pool, please do so and use your power. Thanks, and I will continue my prayers.

Hazel Dohl  
Mutual 11

Editor's Note: There was a comprehensive update in the March 25 issue (page 2) of the LW Weekly. Currently, GRF staff is in the final stages of answering city and county's plan check comments. Once details are finalized and submitted, permits will follow. At that time, a construction timeline will be printed to keep residents apprised of project progress.

## Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications and Technical Director.

**Letters to the Editor:** Maximum number of words: 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail, deposited in a white GRF drop box, or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Foundation employee directly or indirectly.

**Member Column:** At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority to first-time or less frequent writers. Some names will be left out to protect privacy.

**Contributor:** Restaurant review, theater review or travel journal submissions welcome subject to terms and conditions in the policy unless otherwise noted.

**Political:** Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

## SBPD Report

A bicyclist and a vehicle collided May 5, resulting in moderate injuries to the bicyclist, according to a Seal Beach police report.

At about 1:38 p.m., the Seal Beach Police Department received a call of a traffic collision involving a vehicle and a bicyclist that occurred near the intersection of Jade Cove Way and Marlin Avenue.

Upon arrival, officers discovered that a vehicle collided with a 13-year-old boy who was riding his bicycle. Orange County Fire Authority personnel responded and transported the child to a local hospital for treatment of moderate injuries.

The driver of the vehicle is cooperating with investigators. No other vehicles or pedestrians

SBPD, page 16



Monarch Healthcare and Aetna honored Leisure World mothers and mother figures with a box of See's candy at the Health Care Center Monday. Mary Birch of Mutual 15 (l) was one of nearly 150 people who received candy and the signature orange bag of Medicare and other health information. Mary is pictured with Optum Senior Ambassador GreCIA Nunez and Medicare specialist Liberato Martinez with MedicareQuickStart.com.

## City of Seal Beach Hate Crime Reporting

Hate crimes have become easier to report in Seal Beach.

The Seal Beach Police Department has recently implemented an online hate crime reporting portal. This online tool allows anyone who believes they are a victim of, or has witnessed, a hate crime to report the incident easily and anonymously online.

Anyone can access the online portal and provide details about the incident. Users are also able to upload evidence such as photographs or videos. Once the incident is submitted, the information will be routed to an on-duty supervisor for investigation.

"We know throughout Orange County hate crimes are under-reported," said Police Chief Philip L. Gonshak. "Hate will not be tolerated in Seal Beach, but if hate crimes are not reported to us, it makes it extremely difficult for us to investigate. Our goal with this online portal is to make it as easy as possible for victims or witnesses to report these crimes."

The online Hate Crime Reporting Portal is located at <https://www.sealbeachca.gov/Departments/Police/Report-a-Hate-Crime>. Remember, if there is a life or death emergency, dial 9-1-1. Victims and witnesses may also report incidents using the Seal Beach Police Department non-emergency line at (562) 594-7232.

## BUDGET from page 2

will be held via Zoom Webinar and instructions to participate can be found on the Town Hall Special Meeting Agenda, which will be posted 24 hours prior to the meeting and on the city's website [sealbeachca.gov](https://www.sealbeachca.gov) via the city clerk's homepage. Residents will be able to post questions during the webinar, and all questions will be answered if possible. Questions may also be submitted in advance by emailing them to [budget@sealbeachca.gov](mailto:budget@sealbeachca.gov). All questions submitted in advance will be answered during the Town Hall Meeting.

Additionally, and in an ongoing effort to encourage community participation and expand community input, the city is introducing a Community Engagement Survey to gather feedback from residents on their budgetary spending priorities. These priorities will be considered during the development of the proposed fiscal year 2021-22 budget.

Community members will be able to communicate what activities, services and capital improvement projects are most important to them, and how the city is doing overall in providing services and programs to the community. The survey can be found at <https://www.surveymonkey.com/r/SealBeach2021CommSurvey>. It may also be found atop the city's website.

In conjunction with the survey, the city has updated its budget website at <https://www.sealbeachca.gov/Departments/Finance/Budget> and created a new email, [budget@sealbeachca.gov](mailto:budget@sealbeachca.gov), people can use to email questions and comments related to the budget.

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**VOL 45, NO 15**



# Government

## GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule. Public health and safety measures will be in place to protect membership and staff, with limited in-person seating at Clubhouse 4. Physical distancing and wearing a face mask are required.

Thurs., May 13	<b>Communications/IT Committee</b> Clubhouse 4..... 1 p.m.
Fri., May 14	<b>Executive Committee</b> Clubhouse 4..... 1 p.m.
Mon., May 17	<b>Finance Committee</b> Clubhouse 4..... 10 a.m.
Tues., May 18	<b>Website Ad Hoc Committee</b> Clubhouse 4..... 1 p.m.
Tues., May 25	<b>GRF Board Monthly Meeting</b> Clubhouse 4..... 10 a.m.

## Notice to all Mutual 3 Shareholders

There are two elections and two ballots. GRF Board of Directors representative ballots were mailed on April 30, and Mutual 3 election ballots were mailed on May 10. A quorum requirement must be met to have a valid election. Mutual 3 shareholders should watch their mailboxes and remember to cast both ballots.

## Carport Cleaning Schedule 2021

Since most of the holidays in 2021 fall on workdays for LWSB's cleaning contractor, all carports will be cleaned this year on the actual holiday, with the exception of Thanksgiving (Nov. 25). The following carports will be cleaned the morning of Nov. 30:

- Mutual 11: Carports 130 -131
- Mutual 15: Carports 7-8, 10 and 13
- Mutual 16: Carport 9

The following carports will be cleaned that afternoon:

- Mutual 15: Carports 3, 6, 11-12

## Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., May 13	<b>Mutual 12</b> virtual.....9 a.m.
Fri., May 14	<b>Mutual 3</b> virtual.....9 a.m.
Mon., May 17	<b>Mutual 15</b> virtual..... 1 p.m.
Wed., May 19	<b>Mutual 5</b> virtual.....9 a.m.
Wed., May 19	<b>Mutual 10 Annual Meeting</b> Clubhouse 4/virtual ..... 10 a.m.
Thurs., May 20	<b>Mutual 2</b> virtual.....9 a.m.
Thurs., May 20	<b>Mutual 14 Annual Meeting</b> Clubhouse 4/virtual ..... 10 a.m.
Fri., May 21	<b>Mutual 7 Annual Meeting</b> Clubhouse 4/virtual ..... 10 a.m.
Mon., May 24	<b>Mutual 8 Annual Meeting</b> Clubhouse 4/virtual ..... 10 a.m.
Wed., May 26	<b>Mutual 4 Annual Meeting</b> Clubhouse 4/virtual ..... 10 a.m.
Wed., May 26	<b>Mutual 16 Annual Meeting</b> Admin Conf Rm A/virtual..... 2 p.m.
Thurs., May 27	<b>Mutual 1</b> virtual.....9 a.m.
Thurs., May 27	<b>Mutual 11 Annual Meeting</b> Clubhouse 4/virtual ..... 10 a.m.
Fri., May 28	<b>Mutual 6</b> virtual..... 9:30 a.m.

## Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

## Presidents' Council Recap, May 6

The regular monthly meeting of the Presidents' Council was convened at 9:03 a.m. by President Jackie Dunagan on May 6 via video-telephone conference. The following is a recap of that meeting.

- The regular monthly meeting minutes of April 1 were approved by the Council, as printed.
- Security Services Director Victor Rocha discussed the Mutuals' Security Guidebook and the new access system for the front gate.
- Facilities Director Mark Weaver provided a verbal report on the electrical charging stations.
- Executive Director Randy Ankeny provided an update for Mutual Administration and Stock Transfer monthly reports. Recording Secretary Priscilla Jimenez provided an update for the Mutual and GRF Elections.
- Ankeny briefly spoke on the GRF Scope of Services. The recording secretary will provide each Mutual its individual management agreement.
- Ankeny briefly spoke on the hate-crime letter, drought conditions for California and the Stock Transfer staffing changes.
- Presidents' Council members briefly spoke on when to schedule the Mutual Board trainings.

- The presidents offered comments during the proceedings of the meeting.

The next meeting of the Presidents' Council is scheduled for June 3 at 9 a.m. via Zoom.

## 2021 GRF and Mutual Election and Annual Meeting Schedule

	Mu.	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time
MAY	10	4/19	3 <sup>rd</sup> Wed	5/19	10 a.m.
	14	4/20	3 <sup>rd</sup> Thu	5/20	10 a.m.
	7	4/21	3 <sup>rd</sup> Fri	5/21	10 a.m.
	8	4/22	4 <sup>th</sup> Mon	5/24	10 a.m.
	4	4/26	4 <sup>th</sup> Wed	5/26	10 a.m.
	16	4/26	4 <sup>th</sup> Wed	5/26	2 p.m.
	11	4/27	4 <sup>th</sup> Thu	5/27	10 a.m.
JUNE	9	4/28	4 <sup>th</sup> Fri	5/28	10 a.m.
	Golden Rain Foundation	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time
	Mutuals 1, 3, 5, 7, 9, 11, 15, & 17	Fri. 4/30	1 <sup>st</sup> Tues.	6/1	10 a.m.
	Mu.	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time
JUNE	6	5/5	1 <sup>st</sup> Fri	6/4	10 a.m.
	5	5/6	2 <sup>nd</sup> Tue	6/8	10 a.m.
	3	5/10	2 <sup>nd</sup> Wed	6/9	10 a.m.
	12	5/11	2 <sup>nd</sup> Thu	6/10	10 a.m.
	2	5/12	2 <sup>nd</sup> Fri	6/11	10 a.m.
	1	5/13	2 <sup>nd</sup> Mon.	6/14	10 a.m.
	15	5/19	3 <sup>rd</sup> Fri	6/18	10 a.m.
	17	5/20	4 <sup>th</sup> Tue	6/22	10 a.m.

NOTE:  
\*\*\* = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

**SCIATICA - BACK PAIN**  
**ACUPUNCTURE Pain Management**  
(Senior H.M.O. and Most Insurance Accepted)

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Over 25 years Experienced  
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Board Certified Internal Medicine  
**Garden Grove Medical Group**  
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Garden Grove, CA 92844  
LW Weekly 2021.03.11 Credits & Kudos  
"Dr. Chang Jung helped relieve my sciatica pain, and I want my neighbors who are in pain to know." Eileen C. Davis of Mutual 2

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Corner of Lampson/Basswood—  
Across from Old Ranch  
Country Club Golf Course  
**562-430-2015**



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**“I Have Answers About How to Change Plans or Enroll Now!”**  
**Call for an Appointment or I Can Assist Remotely**  
**“I Make House Calls”**

**I Speak Fluent Medicare**



**Joe Koterak**  
**(562) 547-2913**  
Email: jkoterak55@yahoo.com



**Koterak**  
Health Insurance Solutions  
Lic. #0H53209



**Answers on page 8**

**By Jim Scancarelli**



**By Russell Myers**

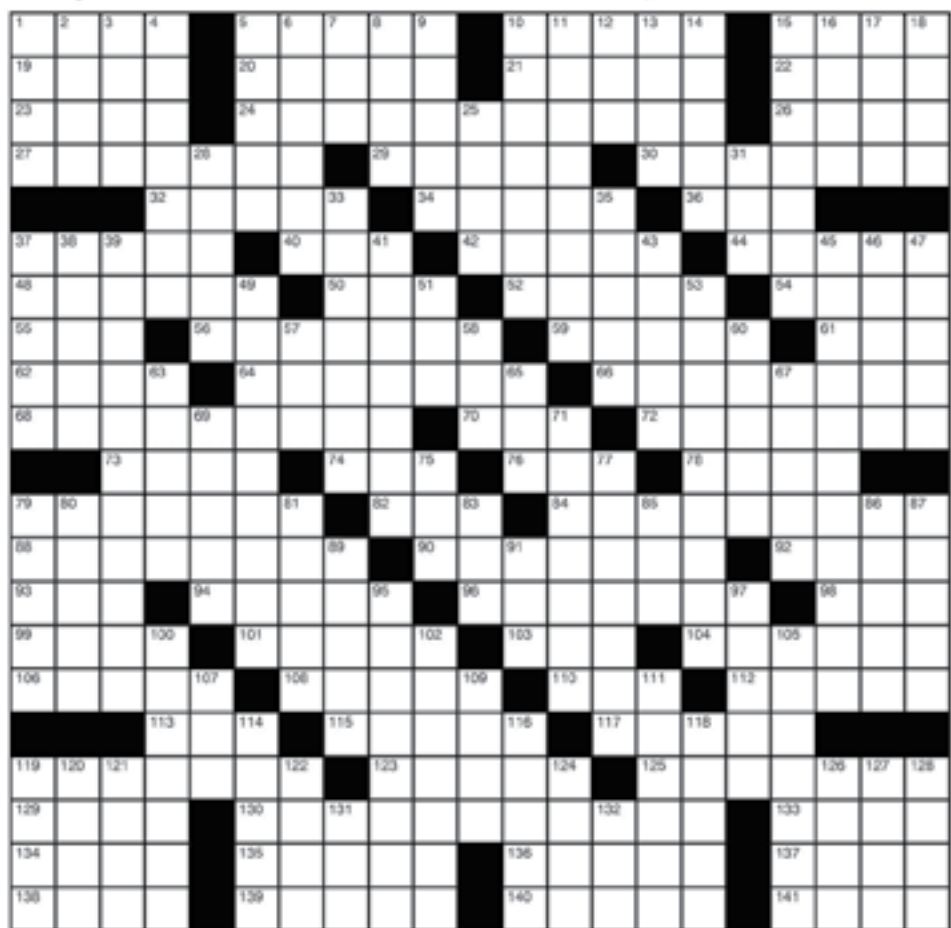


**By Raph Dunagin & Dana Summers**



Edited by Linda and Charles Preston

1 Portico  
 5 Nautical direction  
 10 Flower essence  
 15 Bloke  
 19 Coal carriers  
 20 Key \_\_\_\_  
 21 Authenticate  
 22 Diva's forte  
 23 Spring bloom  
 24 Supreme being, to the Sioux  
 26 Cotton's castoff  
 27 Paving material  
 29 Book holder  
 30 Mars  
 32 Rupert in "Buffy the  
     Vampire Slayer"  
 34 Homes for porkers  
 36 Witty remark: Fr.  
 37 Nonbeliever  
 40 Pick on  
 42 Religious groups  
 44 Sire  
 48 In the wrong  
 50 Large container  
 52 Scam  
 54 Afternoon, in Australia  
 55 Part of EAP  
 56 Wardrobe  
 59 Maples  
 61 Long period of time  
 62 Poet Khayyam  
 64 On the payroll  
 66 Memento  
 68 Soaks  
 70 Society bud  
 72 Stroll  
 73 MD's "immediately!"  
 74 Beaver project  
 76 Poet's even  
 78 Walked upon  
 79 Tangible  
 82 Canine comment  
 84 Landing fields  
 88 Ethyl alcohol derivative  
 90 Bristly appendages  
 92 Corrupt  
 93 Biblical lion  
 94 Oslo toast  
 96 Plead  
 98 Noun suffix  
 99 Fog  
 01 Go inside  
 03 Nero's 102  
 04 Filled with cargo  
 06 Greek island  
 08 Cut  
 10 Shade tree  
 12 Iron  
 13 Cravat  
 15 Happen again  
 17 Roof adjuncts  
 19 Reference book  
 23 Covered with frost  
 25 Sea nymphs  
 29 Knight's wear  
 30 Buffalo roaming ground  
 33 Mrs. Nick Charles  
 34 The price to play



5/17/20

- 1 Thin wedge
- 2 African antelope
- 3 Of a type of poem
- 4 African spear
- 5 Adjective for marine plants
- 6 Cocktail shakers?
- 7 Before, to a bard
- 8 Ottoman military commanders
- 9 Butterflies' brothers
- 10 Puts to use
- 11 Racetrack parlay
- 12 Craggy hill
- 13 Enthusiastic
- 14 North African shrub
- 15 One of 125 Across
- 16 \_\_\_\_ the Red

17 Baseball number	80 Courtyards
18 Makes lace	81 Short jackets
25 Court units	83 Before game or race
28 Scottish negative	85 Actress Charlotte
31 Pocket watch accessory	86 Years
33 Enjoyed the taste	87 Lumber carriers
35 Adhere	89 Gourmand
37 Melons or gourds	91 Business abbr.
38 Kitchen emanation	95 Influence
39 Period of church division	97 Barfly
41 Speak against	100 Did sums
43 Daggers	102 Spoken from memory
45 Rocky Mountains	105 "— and Old Lace"
46 Call forth	107 Transgression
47 Copier solution	109 Cut of meat
49 Eric or Huron	111 Mode
51 Before angle or corn	114 American symbol
53 Monarch's personal stamp	116 Kindled again
57 Wrestling surface	118 Suit parts
58 Finish	119 Nanking nurse
60 Gush	120 Rural byway
63 Full of wheel tracks	121 Small amount
65 Command to Dobbin	122 French vineyards
67 Night sound	124 Copenhagen citizen
69 Train tracks	126 Tiny bit
71 Small animal, to Burns	127 Druggist's measure
75 A Farrow	128 Transaction
77 Organic compound	131 USNA grad.
79 Gridiron groups	132 Dockside org.

			4			3		
1				9				6
	4	2	8					
6		5				2		
2	8						4	9
		9				8		1
					5		6	
9				3				5
		8				1		

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“Not enough for a book, but it would make a great internet meme.”

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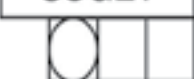


FIVE RACK TOTAL  
TIME LIMIT: 25 MIN

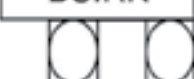
**DIRECTIONS:** Make a 2- to 7-letter word from the letters in each row. Add points for each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

## THAT SCRAMBLED WORD GAME

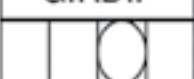
SUGET



BSIRK



GIRDIF



KARBON



Answer here: 

--	--	--	--	--	--	--	--	--



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.




I am an actor born in Toronto, Canada, on May 5, 1970. I gained fame on an arresting television series and a popular Tina Fey-driven series, and later I appeared in many films both in-person and as a voice actor. My deep voice lent itself well to a Lego movie hero.

		7	2	8				1
		3						
4						8		
		6	4					
			8				7	
9	4				3	6		
		1	5					2
7	2		9	4	1			8

## Puzzles & Comics

### Answers on page 8

  
**CRYPTO FUN**  
 Determine the code to reveal the answer!

---

Solve the code to discover words related to arthritis.  
Each number corresponds to a letter.  
(Hint: 19 = I)


**A.**     **26   9   2   4   9   19   2   19   1**  
*Clue: Joint stiffness*

**B.**     **22   26   19   17**  
*Clue: Discomfort*

**C.**     **23   12   19   17   2   1**  
*Clue: Where bones meet*

**D.**     **11   12   2   19   12   17**  
*Clue: Movement*


---



By David L. Hoyt and Jeff Knurek

**INSTRUCTIONS:** Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

<b>BOGGLE POINT SCALE</b> 3 letters = 1 point 4 letters = 2 points 5 letters = 3 points 6 letters = 4 points 7 letters = 6 points 8 letters = 10 points 9+ letters = 15 points	<b>YOUR BOGGLE RATING</b> 151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0-10 = Try again
---	---



**Boggle BrainBusters Bonus**  
We put special brain-busting words into the puzzle grid. Can you find them?  
Find A, B, C, D, E AND F IN RADIO LINGO in the grid of letters.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

8-25-19  
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N	J	V	R	H	E	U	M	A	T	O	I	D	Y	D	T	L	R	U	S
O	M	I	I	C	O	R	T	I	C	O	S	T	E	R	O	I	D	S	I
I	R	Y	E	H	B	B	F	B	H	S	B	U	R	S	A	A	V	M	N
T	E	V	I	T	A	R	E	N	E	G	E	D	B	J	R	Q	I	O	I
A	C	F	U	A	F	B	O	I	V	N	B	C	D	J	Y	L	S	T	T
M	M	O	X	O	E	M	D	X	D	N	I	R	N	U	C	R	I	I	O
M	G	L	V	M	T	O	N	L	U	S	D	P	U	J	F	C	S	O	R
A	I	S	L	D	B	N	C	I	T	V	H	P	S	L	F	J	U	N	D
L	S	G	L	I	V	S	A	C	R	O	I	L	I	A	C	M	U	R	J
F	I	G	T	C	A	R	E	I	L	A	G	E	J	Q	O	Y	P	J	N
N	C	N	J	R	U	E	T	U	M	M	I	O	T	U	A	Y	A	O	C
I	A	D	J	I	E	T	O	R	P	E	V	I	T	C	A	E	R	C	H
S	J	F	J	C	P	R	O	C	E	S	I	C	R	E	X	E	X	E	C
S	U	O	I	I	S	S	I	S	U	T	N	E	C	O	R	H	T	R	A
O	S	T	N	I	O	J	A	Q	E	A	T	H	E	R	A	P	Y	I	M
U	R	A	N	G	E	O	F	M	O	T	I	O	N	U	G	P	M	C	S
U	T	T	R	E	Y	O	S	I	T	I	R	H	T	R	A	D	P	D	S
S	M	N	O	I	T	C	E	J	N	I	M	B	B	I	V	I	X	U	B
F	A	C	E	T	A	M	I	N	O	P	H	C	B	F	S	Y	N	O	F
I	S	E	V	R	E	N	Y	E	B	L	B	C	B	J	S	X			

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

ACETAMINOPHEN  
ANTIBODIES  
AQUATHERAPY  
ARTHRITIS  
ARTHROCENTESIS  
AUTOIMMUNE  
BURSA  
CARTILAGE  
CHONDROITIN  
CORTICOSTEROIDS  
C-REACTIVE PROTEIN  
DEGENERATIVE  
EXERCISE  
GOUT  
INFLAMMATION  
INJECTION  
JOINTS  
MOBILITY  
MOTION  
NERVES  
RANGE OF MOTION  
RHEUMATOID  
SACROILIAC  
SPINE



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With  
Private  
Personal Training

Here in Leisure World

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*a.k.a. WildFire!*



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Seal Beach Lic: CHR0006  
Personal Fitness Training

*Limited Availability*

## 405 Improvement Project Updates

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

**NB 405 On-Ramp to Close**

Crews will close the northbound I-405 on-ramp from Westminster Boulevard for approximately seven weeks to accommodate the freeway widening.

Activities include removal of the existing ramp, excavation, placement and compaction of base material, rebar and concrete work, paving, drainage installation, electrical work, and striping.

The NB I-405 on-ramp from Westminster was expected to close May 11.

**NB I-405 Loop Off-Ramp to Bolsa Avenue Closed**

Crews are closing the NBI-405 loop off-ramp to Bolsa intermittently for approximately one week on weeknights and Saturdays to work on a retaining wall.

NB I-405 intermittent ramp

closures are ongoing 8 p.m.-6 a.m. as needed.

**Partial Lane Closures on SB Boulevard**

Crews anticipate continuing traffic signal and pedestrian ramp construction work at the intersection of Seal Beach Boulevard and Lampson Avenue.

This work will require lane reductions on Seal Beach Boulevard between Old Ranch Parkway and St. Cloud Drive. Additional closures at the Seal Beach Boulevard and Lampson intersections are anticipated.

Work was expected to start on May 10 and continue for approximately five weeks on weekdays and weeknights.

- Daytime work hours are 7:30 a.m.-4:30 p.m.
- Nighttime work hours are 10 p.m.-5 a.m.

**SR-22 On-Ramp from Old Ranch Parkway Closed**

The Old Ranch Parkway on-ramp to the westbound SR-22 closed April 13 for eight months to accommodate freeway widening.

Activities include demolition, excavation, grading, drainage and electrical system installa-

tion, concrete pours, and asphalt paving.

Work hours are from 7 a.m.-4 p.m. Crews may mobilize equipment as early as 6 a.m. Nighttime work hours are 9 p.m.-6 a.m.

**NB I-405 and SR-73 Off-Ramps Closed**

Crews closed the northbound I-405 and SR-73 off-ramps to Fairview on April 5 for approximately 100 days to accommodate the freeway widening.

**Bolsa Chica Road Sidewalk Closure**

Crews closed the sidewalk at the intersection of Old Bolsa Chica Road and Bolsa Chica Road for sidewalk, curb, pedestrian ramp and traffic signal construction on April 6. The job is expected to last approximately two months.

Activities include k-rail placement, demolition and restriping on Old Bolsa Chica Road.

**SB I-405 Off-Ramp to Bolsa Chica Road Closed**

Crews closed the southbound I-405 off-ramp to Bolsa Chica on Oct. 27 for approximately one year to advance construction on the Bolsa Chica bridge.

**Almond Avenue Update**

Demolition and reconstruc-

tion of the sound walls along Almond Avenue in College Park East are anticipated to start soon. Crews will install a temporary sound barrier prior to demolition.

**Bolsa Chica Road**

Continuation of pile driving for the Bolsa Chica bridge over I-405 along the center median and southbound I-405 at Bolsa Chica bridge.

The work is ongoing from 7 a.m.-4 p.m. on weekdays for approximately two months.

Crews may mobilize equipment as early as 6 a.m., and some activities may occur from 9 p.m.-5 a.m. as needed.

**Westminster Boulevard**

Crews began working on the foundation of the retaining wall adjacent to Cascade Park along the southbound (SB) I-405 on-ramp from Westminster Boulevard. The foundation consists of approximately 80 cast-in-drilled-hole (CIDH) piles.

Work is ongoing from 7 a.m.-4 p.m. on weekdays for approximately one month.

Crews may mobilize equipment as early as 6 a.m., and some activity may occur at night.

### SCRABBLE GRAMS SOLUTION

S1	W4	A1	Y4	F4	U1	L1	RACK 1 =	74
A1	R1	D2	U1	O1	U1	S1	RACK 2 =	58
C3	U1	T1	L1	A1	S1	S1	RACK 3 =	59
T1	R1	E1	A1	C3	L1	Y4	RACK 4 =	74
M3	A1	T1	C3	H4	U1	P3	RACK 5 =	66

PAR SCORE 270-280 TOTAL 331

## Crossword Answers

S	T	O	A	A	B	E	A	M	A	T	T	A	R	G	E	N	T
H	O	D	S	L	A	R	G	O	P	R	O	V	E	A	R	I	A
I	R	I	S	G	R	E	A	T	S	P	I	R	I	T	L	I	N
M	A	C	A	D	A	M	S	H	E	L	F	D	E	F	A	C	E
G	I	L	E	S	S	T	I	E	S	M	O	T					
P	A	G	A	N	N	A	G	S	E	C	T	S	B	E	G	E	T
E	R	R	I	N	G	V	A	T	S	T	I	N	G	A	R	V	O
P	O	E	A	R	M	O	I	R	E	A	C	E	R	S	E	O	N
O	M	A	R	E	A	R	N	I	N	G	K	E	E	P	S	A	K
S	A	T	U	R	A	T	E	S	D	E	B	S	A	U	N	T	E
S	T	A	T	D	A	M	E	E	N	T	R	O	D				
T	A	C	T	I	L	E	Y	I	P	A	I	R	S	T	R	I	P
E	T	H	Y	L	A	T	E	A	R	I	S	T	A	E	E	V	I
A	R	I	S	K	O	A	L	E	N	T	R	E	A	T	I	N	E
M	I	S	T	E	N	T	E	R	C	I	I	L	O	A	D	E	D
S	A	M	O	S	S	E	V	E	R	E	L	M	P	R	E	S	S
T	I	E	R	E	C	U	R	E	A	V	E	S					
A	L	M	A	N	A	C	R	I	M	E	D	N	E	R	E	I	D
M	A	I	L	G	R	E	A	T	P	L	A	I	N	S	N	O	R
A	N	T	E	L	U	N	G	E	I	N	L	E	T	I	T	A	L
H	E	E	D	E	S	S	E	D	T	E	A	R	S	C	A	M	E

## Sudoku 1 Answers

8	9	6	4	5	7	3	1	2
1	5	7	3	9	2	4	8	6
3	4	2	8	1	6	5	9	7
6	1	5	9	8	4	2	7	3
2	8	3	5	7	1	6	4	9
4	7	9	6	2	3	8	5	1
7	3	1	2	4	5	9	6	8
9	6	4	1	3	8	7	2	5
5	2	8	7	6	9	1	3	4

The Basic Rules of Sudoku:  
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

## Jumble Answers

GUEST BRISK FRIGID BROKEN  
The fascinating documentary about frogs was — "RIBBITING"

## Puzzle Answers

Puzzle page 6-7



## Sudoku 2 Answers

5	6	7	2	8	9	4	3	1
2	8	3	1	6	4	5	9	7
4	1	9	3	5	7	8	2	6
1	7	6	4	9	5	2	8	3
3	5	2	8	1	6	9	7	4
9	4	8	7	2	3	6	1	5
8	3	4	6	7	2	1	5	9
6	9	1	5	3	8	7	4	2
7	2	5	9	4	1	3	6	8

Guess Who?  
Answer: Will Arnett

## Crypto Fun Answers

A. arthritis B. pain C. joints D. motion

## Boggle BrainBusters Answers

ALPHA BRAVO CHARLIE DELTA ECHO FOXTROT

## Word-Find Answers

N	J	V	R	H	E	U	M	A	T	O	I	D	Y	D	T	L	R	U	S
O	M	I	C	O	R	T	I	C	O	S	T	E	R	O	I	D	S	I	
I	R	Y	E	H	B	B	F	B	H	S	B	U	R	S	A	A	V	M	N
T	E	V	I	T	A	R	E	N	E	G	E	D	B	J	R	Q	I	O	I
A	C	F	U	A	F	B	O	I	V	N	B	C	D	J	Y	L	S	T	T
M	M	O	X	O	E	M	D	X	D	N	I	R	N	U	C	R	I	I	I
M	G	L	V	M	T	O	N	L	U	S	B	P	U	J	F	C	S	O	O
A	I	S	L	D	B	N	C	I	T	V	H	P	S	L	F	J	U	N	R
L	S	G	L	I	V	S	A	C	R	O	I	L	I	A	C	M	U	R	D
F	I	G	T	C	A	R	T	I	L	A	G	E	J	Q	Q	Y	P	J	N
N	C	N	J	R	U	E	N	U	M	M	I	O	T	U	A	Y	A	O	O
I	A	D	N	I	E	T	O	R	P	E	V	I	T	C	A	E	R	C	H
S	J	F	J	C	P	R	O	C	E	S	I	C	R	E	X	E	X	E	C
S	U	O	I	I	S	S	I	S	E	T	N	E	C	O	R	H	T	R	A
O	S	T	N	I	O	J	A	Q	U	A	T	H	E	R	A	P	Y	I	M
U	R	A	N	G	E	O	F	M	O	T	T	O	N	U	G	P	M	C	S
U	T	T	R	E	Y	O	S	I	T	I	R	H	T	R	A	D	P	D	S
S	M	N	O	I	T	C	E	J	N	I	M	O	B	I	L	I	T	Y	B
F	A	C	E	T	A	M	I	N	O	P	H	E	N	F	V	Y	X	U	F
I	S	E	V	R	E	N	Y	E	B	L	B	C	B	J	S	X	N	O	Y



# Religion

## LW Baptist

Leisure World Baptist Church welcomes LWers to come to its worship service on Sunday, May 16, at 9:30 a.m. in the Amphitheater. The theme for this week's service is "Why are Jesus' miracles written down?"

Luke's record of Jesus' life in 8:40-9:17 is an invitation for reflection. How did Jesus restore life, and how will he again? How does he bring people to faith? Why are there so many misbeliefs about Christ? Why is it necessary to believe in Christ?

At the grand piano, Yvonne Leon will lead the church with a number of melodies, including "We Shall See His Lovely Face Some Bright Holden Morning." Composer, author and publisher Norman J. Clayton was a life-long church organist from age 12, starting in South Brooklyn Gospel Church. He wrote many songs, always with a Biblical



Rolland Coburn

theme, for radio broadcasts and special meetings. He said he usually wrote the music before the words. A great thrill in life, he said, was hearing a 10-year-old deaf girl sing one of his songs at a camp for disabled children.

Call (562) 430-2920 for more church information.

## FAITH CHRISTIAN ASSEMBLY

### Mens and women's ministries begin Thursday, May 20

Faith Christian Assembly believes it is important for men and women to have a ministry specifically devoted to each group.

Under the direction of Linda Hernandez, the women's ministry, Touch of Love, will meet on Thursday, May 20, at 1 p.m. in the Garden Room. The Men's Ministry, under the direction of Gary Leming, will also meet during that time. Faith Christian Assembly encourages LWers to take advantage of these special ministries devoted to men and women.

Out of an abundance of caution, all who attend services or events at Faith Christian Assembly will have their temperatures taken at the door, be required to wear a mask before and after service, and sit socially distant



Gary Leming and Linda Hernandez

from others. Those who are ill should remain at home.

Midweek Bible study taught by Pastor Sheri Leming is on Wednesdays at 11 a.m., and GriefShare's weekly meetings are

Wednesdays at 5:30 p.m.

To receive more information on the church, call (562) 598-9010, visit the website at [www.FCAchurch.net](http://www.FCAchurch.net) or email [contact@fcachurch.net](mailto:contact@fcachurch.net).

## Congregation Sholom

Rabbi Karen Isenberg will livestream services on Friday, May 14, at 6:30 p.m. and Saturday, May 15, at 9:30 a.m.

The festival of Shavuot, which commemorates the giving of The Law, will be held on Monday, May 17, and Tuesday, May 18. Cantor Marla Barugel will lead both services at 9:30 a.m. via Zoom. Yizkor will be recited at the May 18 service.

New members who want to watch the livestream should contact Jeff Sacks to receive a Zoom invitation. Text Jeff at (714) 642-0122, or email him at [jfsacks@gmail.com](mailto:jfsacks@gmail.com). The link will have the meeting ID and password embedded. Those who want more details or need to practice can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N2IjaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429, and the passcode is 8ZYy69.

Join Susan Michlin on Sunday, May 16, for Bingo at 4 p.m. via Zoom.

Congregation Sholom has silk-screened, reusable Congregation Sholom of Leisure World masks for sale for \$5 each or four masks for \$18, shipping included.

Email Murray Pollack at [murrjet@yahoo.com](mailto:murrjet@yahoo.com) or call (562) 331-3949. All proceeds will go to the general fund.

If you know of someone who needs to be added or removed from the misheberach list, let the rabbi know by Wednesday.

Those who want to participate in the games, book club or other Congregation Sholom services that are livestreamed should contact Jeff to receive an invitation.

Anyone who wants to participate in Congregation Sholom's services on Zoom should call Howard Brass at (562) 764-9090.

stryker

Take the next step

Attend a free virtual joint pain seminar



Andrew Wassef, MD | Thursday, May 13, 2021, 6:00 pm

Christopher Woodson, MD | Tuesday, May 18, 2021, 5:30 pm

Perry Secor, MD | Thursday, May 27, 2021, 12:00 pm

Justin Millard, MD | Thursday, June 3, 2021, 12:00 pm

Raymond Klug, MD | Thursday, June 24, 2021, 12:00 pm

Register by calling 1-844-510-7718

Is joint pain keeping you from activities you love? Then take the first step towards recovery. Attend one of the following educational events with **Andrew Wassef, MD, Christopher Woodson, MD, Perry Secor, MD, Justin Millard, MD or Raymond Klug, MD.**

They will answer your questions and discuss:

- new technologies in hip and knee replacement
- SmartRobotics™
- the latest joint replacement treatment options

To learn more or register, call 1-844-510-7718.

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MKOSYM-PM-12\_21443



## First Christian Church

First Christian Church of Leisure World teaches from God’s word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

### Message

Baptism is the topic for this week. In Peter 3:20, the apostle Peter refers back to the time of Noah and the flood. Peter stated that only eight souls were saved through the water; meaning the flood, or the wrath of God that was poured out on people whose intent and thoughts were evil. The event symbolizes baptism, which Peter mentions in verse 3:21 when he writes, “There is also an anti-type which now saves us—baptism.”

### Scripture of the Week

In Job 9:2, Job asks the age-old question: “But how can a man be in the right before God?” The answer would come centuries later when Jesus responded to the similar question from the disciple Thomas: “I am the way” (John 14:6).

### Services

Saturday and Sunday services have the same message. Sunday is a traditional service, with hymnal music provided by Pat Kogok at the piano. This week, Iris Munchie will sing for the congregation. Sunday service times are from 9:30-10:45 a.m. (note that this is a different service time than before the

pandemic).

Saturday services are more contemporary, with Gregory Black leading worship with guitar accompaniment. Saturday service time is 9:30-10:45 a.m. (also a new time).

The Friday evening prayer meeting is from 6-7.

### Announcements

Anyone experiencing any coronavirus, flu or common cold symptoms should stay home. Those who have been in contact with anyone testing positive for the virus within the last 14 days are also asked to stay home.

For more information, call (562) 431-8810. The church location is on Northwood Road behind Carport 125.

## Community Church

This Sunday is known as Ascension Sunday. Those who have not heard of Ascension Sunday before shouldn’t worry, as Community Church is a place where everything is designed with the first-time participant in mind. Those who have not felt welcome in church in the past or have never participated in church before are welcome.

Community Church continues its soft opening with a goal of being open for those who are vaccinated on Pentecost on Sunday, May 23. Community Church

expects to be open for everyone beginning in July, in line with national guidance.

This week, Pastor Johan Dodge will lead worship and preach from John 17:6-19. The sermon will look at Jesus’ instruction to move from worship to action.

The missions team is preparing food donations for WeCare and the Long Beach Rescue Mission. Community Church is also sponsoring a discounted vet clinic that is open to all residents.

Those who missed last week’s

message can find it on Facebook.

Community Church is open for limited in-person worship following CDC guidelines for those who have been vaccinated. Worship and fellowship via Zoom and Facebook are also available.

Those who don’t have a computer or Facebook can call (562) 431-2503 to listen to the message beginning Sunday evening.

Call the church office at (562) 431-2503 or email [leisurewcc-sue@yahoo.com](mailto:leisurewcc-sue@yahoo.com) for more information.

## Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Solemnity of Ascension of the Lord on May 16. The first reading is from Acts 1, and the second reading is from 1 John 4:11-16. The Gospel reading is from John 17:11b-19.

### Marian Devotion During the Month of May

May is the month of Mary. During this month, Holy Family Catholic Church celebrates new

life, motherhood and, of course, Our Blessed Mother. Devotion to the Mother of God can take many forms, but at its root it is recognizing that the mother of Jesus is also our mother, and that she desires to lead us to her beloved son.

### Masses

To receive a copy of the weekly parish bulletin, sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>. Visit the website for more infor-

mation at [www.holyfamilysb.com](http://www.holyfamilysb.com).

The church is now open to public entry and can return to its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

Those who attend must wear a mask or face shield, sit socially distanced, and use hand sanitizer upon entry into the building.

## Church of Jesus Christ of Latter-day Saints

President Russell M. Nelson announced plans to preserve the “pioneer craftsmanship, artwork and character” of the Manti Utah Temple and to construct a second temple in the area in Ephraim, Utah. The Ephraim temple is the 70th temple announced by Nelson in the last three and a half years. Nelson announced an astounding 20 new temples during April general conference, including a second Orange County temple in Yorba Linda.

“Our inborn yearnings for family connections are fulfilled when we are linked to our ancestors through sacred ordinances of the temple,” Nelson said.

Bishop Brimley has asked members to submit family file name cards so that the youth can schedule times to perform baptisms for the dead. Submit family file name cards to Bishop Brimley or Sister Metcalfe so that they may schedule times for youth to perform those temple ordinances.

## Redeemer Lutheran

Celebrate Jesus’ ascension at Redeemer Lutheran Church (13564 Saint Andrews Drive) this Sunday, May 16. The outdoor service in the chapel courtyard begins at 9:30 a.m. and will feature Communion.

The service inside the sanctuary begins at 10:30 a.m. and will feature a piano duet by Pastor Lynda and Cedric Elmer. Jerry Brady will be lead worship with Sharon Heck on the organ. Pastor Lisa Rotchford will preach.

## Beit HaLev

This week, Beit HaLev celebrates Shabbat and the Festival of Shavuot (weeks), which is the culmination of the seven weeks between the Festival of Passover and the Revelation at Mt. Sinai, where the newly freed Israelite slaves receive the Decalogue (the 10 Statements).

Beit HaLev conducts its regular livestream Shabbat services on Friday, May 14, at 6 p.m. and Saturday, May 15, at 10:30 a.m. via Zoom, Facebook and YouTube. To join the Zoom meeting, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>; the meeting ID is 915 243 4704, and the passcode is RavGalit.

To worship on Facebook, go to <https://www.facebook.com/galityomtov>. To watch services on YouTube, go to <https://www.youtube.com> and search for “Shabbat Shalom LIVE!”

Beit HaLev’s Coffee Chavurah will celebrate the Sabbath Evening, on Friday, May 14, at 5:30, followed by the evening service. On Saturday, May 15, the Coffee Chavurah follows the morning service.

The Shavuot Ma’ariv service will be on Sunday, May 16, at 6 p.m., and the First Day Shavuot service, which includes Yizkor, is on Monday, May 17, at 10:30 a.m.

All of Beit HaLev’s prayerbooks, “Lev L’Lev,” are shared onscreen on Zoom, Facebook and YouTube.

The Torah reading on Saturday is “B’midbar” (in the wilderness), the first chapter of Numbers; the Triennial reading is from Numbers 2:1-3:13. It is a description of the configuration of the Israelite camp and each tribe’s physical relationship to the Tabernacle.

On the first day of Shavuot, the Torah reading is from Exodus 19:1-20:23, the account of the Israelites’ arrival and encampment at Mt. Sinai. In the tradition of the three major festivals, Beit HaLev will conduct a Yizkor (Memorial) service toward the end of the service.

Rabbi Galit Shirah conducts a weekday Ma’ariv service every Thursday for Sim Shalom, the online synagogue. Sim Shalom presents livestream services Monday-Thursday, with a different rabbi each day. To say Kaddish, pray for healing or to hear a spiritual message, go to [SimShalom.com](http://SimShalom.com).

## St. Theodore’s Episcopal

St. Theodore’s Episcopal Church will have a Holy Communion service on Sunday, May 16, at 12:15 p.m. in Redeemer Lutheran’s sanctuary at 13564 St. Andrews Drive. The Rev. Valerie Hart will preach and preside.

## Religion Directory

*Editors note: The religion directory will provide the latest information about church services during the ongoing coronavirus situation. Pastors and religious leaders can email [laurieb@lwsb.com](mailto:laurieb@lwsb.com) to submit contact updates or service livestream website addresses.*

### Assembly of God

Sunday service, 11 a.m.  
LW Amphitheater

### LW Baptist Church

Sunday service, 9:30 a.m.  
Amphitheater  
(562) 430-2920

### Beit HaLev

Friday, 6 p.m.,  
Saturday, 10:30 a.m.  
Coffee Chavurah, Friday, 5:30 p.m.; Saturday, after service  
Ma’ariv service, Monday-Thursday  
Livestream on Zoom, YouTube, Facebook and [simshalom.com](http://simshalom.com)

### LW Community Church

Sunday worship, 9:50 a.m.  
Call-in Sunday message, after 5:30 p.m.  
Livestream available on Facebook  
14000 Church Place,  
(562) 431-2503

### Congregation Sholom

Friday service, 7 p.m.  
Saturday service, 9:30 a.m.  
Livestream and Zoom

### Faith Christian Assembly

Sunday service, 10:30 a.m., 5 p.m.  
Midweek Bible Study, Wednesday, 11 a.m.  
Griefshare, Wednesdays, 5:30 p.m.  
13820 Seal Beach Blvd.,  
(562) 598-9010

### First Christian Church

Friday Prayer Meeting, 6 p.m.  
Saturday Service, 9:30 a.m.  
Sunday Service, 9:30 a.m.  
Chapel on Northwood Road,  
(562) 431-8810

### Holy Family Catholic Church

Mass, Mon.-Sat., 8:30 a.m.  
Saturday, 5 p.m.  
Sunday, 8 a.m., 10 a.m., noon  
13900 Church Place,  
(562) 430-8170

### Redeemer Lutheran

Outside service, Sunday, 9:30 a.m.  
Sanctuary service, Sunday, 10:30 a.m.  
13564 St. Andrews Drive,  
(562) 430-8619

### St. Theodore’s Episcopal

Sunday service, 12:15 p.m.  
13564 St. Andrews Drive



Rabbi Galit Shirah



# Health & Fitness

## Mediterranean diet may reduce risk of Alzheimer's

by **Patty Marsters**  
pattym@lwsb.com

Researchers say a Mediterranean-style diet can reduce the risk of Alzheimer's disease.

According to "Mediterranean Diet, Alzheimer's Disease Biomarkers and Brain Atrophy in Old Age," published May 5, participants who closely adhered to a diet high in unsaturated fats, fish, fruits and vegetables and low in dairy and red meat performed better on cognitive tests and showed less brain-volume shrinkage and protein biomarkers associated with memory loss and dementia.

A Mediterranean-style diet typically includes plenty of fruits, vegetables, bread and other grains, potatoes, beans, nuts and seeds. Olive oil is used as a primary fat source, and dairy products, eggs, fish and poultry are to be kept to low to



Research recommends eating more fish and using olive oil.

moderate amounts.

This study isn't the first to suggest a healthier diet is linked to brain health, but it does corroborate the findings of a study published last year that claimed a 45-50 percent reduction in the risk of having impaired cognitive function for those who followed the diet.

Perhaps the two most important ingredients, according to researchers, are fish and olive oil.

In a study by the Division of Epidemiology and Clinical Applications at the National Eye Institute in Bethesda, Maryland, it was noted that eating fish twice a week slowed cognitive decline.

And the Alzheimer's Center at Temple University has discovered that the compounds in the fat of extra-virgin olive oil can flush out proteins that delay the communication channels between brain cells.

## Meals on Wheels, Long Beach

*Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.25 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Caron Adler at (562) 439-5000, ext. 2, or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change.*

**Thursday, May 13:** Roasted turkey with sage gravy, cornbread stuffing, and Brussels sprouts; fresh banana; roast beef-and-cheese sandwich, with lettuce, tomato and pickle, plus homemade macaroni salad.

**Friday, May 14:** Curry chicken, brown and wild rice, and zucchini with tomatoes; fresh orange; spinach salad, with chicken, mandarin oranges, dried cranberries, feta cheese and vinaigrette dressing, plus crackers.

**Monday, May 17:** Beef teriyaki, brown rice and Oriental vegetables; applesauce with cinnamon; chicken salad sandwich, with spinach and tomato, plus homemade macaroni salad.

**Tuesday, May 18:** Oven-baked chicken leg and thigh, mashed sweet potatoes, and seasoned cauliflower; cheesecake; entrée Greek chicken salad, with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.

**Wednesday, May 19:** Stuffed bell peppers, garlic-and-chive mashed potatoes, and peas with onions and pimientos; fresh pear; ham-and-cheese sandwich, with lettuce, tomato and pickle, plus tricolor pasta salad.

### SB SENIOR CENTER

## Medicare 101

Learn about Social Security timeframes, how to enroll in Medicare and the qualifications to receive Medicare at this free class from the City of Seal Beach. On Monday, May 17, from 1-2 p.m., instructor Cesar Arteaga will discuss what Parts A, B, C and D consist of, as well as what they do and do not cover. He will also explain the options that Medicare beneficiaries have to get coverage, plus such plans as Medicare Advantage, Medicare Supplement and for prescription drugs. Additional information is also available for those receiving financial assistance or those who have Medicare and Medi-Cal.

Register at [www.sealbeachca.gov](http://www.sealbeachca.gov), or call the City of Seal Beach Recreation and Community Services at (562) 431-2527, ext. 1344.

## Zumba and Dance Fitness Clubs

There are two low-impact dance clubs you can join, both of which meet at Veterans Park.

Zumba Club meets on Mondays at 5 p.m., and the Dance Fitness Club gathers on Thursdays at 8:30 a.m.

For more information, contact Jim Blanchard at (714) 487-2446.

## Happy Monday, Get Strong

Prevent age-related muscle loss, also known as sarcopenia, with strength training. Via Zoom, certified personal trainer and Leisure World resident Eunis "WildFire!" Christensen leads simple at-home workouts with dumbbells and stretch tubing/bands every Monday at 4 p.m. This free, interactive half-hour group class is designed to help people stay strong and healthy for years to come.

Email [wildfire1@truetomybody.com](mailto:wildfire1@truetomybody.com) or call (562) 879-1954 for registration information.

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# Arts & Leisure



Courtesy Muckenthaler Cultural Center

Cow Bop swings over to the Muckenthaler stage to kick off this year's JazzFest.

## The Muck's JazzFest returns after a lost year

by **Patty Marsters**  
pattym@lwsb.com

Fullerton's Muckenthaler Cultural Center resumes its annual celebration of jazz music after having to cancel last year's concert series because of the pandemic. The Muck Annual JazzFest: Spring 2021 will be held on Thursdays, starting today, May 13, in the center's outdoor amphitheater at 1201 W. Malvern Ave.

"Our stage will be graced by world-class performers, people who feed their soul by playing for a crowd," said Muck CEO Farrell Hirsch. "And they've been unable to do that for a year or more."

The six-concert series kicks off with Cow Bop, featuring Bruce Forman. The band's sound is described as a "Californian take on jazz." Notably, in 2004, they released "Swingin' Out West," a musical chronicle of their travels along the storied Route 66.

On May 20, the LA Jazz Quartet, featuring acclaimed guitarist

Larry Koonse, takes the stage. The group specializes in instrumental standards, including Latin jazz, mainstream, swing, ballads and blues.

The legendary Barbara Morrison appears on May 27. The founder of the Barbara Morrison Performing Arts Center and the California Jazz & Blues Museum, both located in Leimert Park, has been featured on more than 20 recordings and performed with such luminaries of the jazz and blues worlds as Dizzy Gillespie, Ray Charles, Etta James and Terence Blanchard.

The following week, Grammy-winning pianist Bill Cunliffe reimagines Oliver Nelson's beloved, 1961 album "Blues and the Abstract Truth, Take 2" with the help of Kye Palmer, Brian Scanlon, Jeff Ellwood, Mark Ferber and Francisco Torres.

On June 10, the seven-piece jazz group Holophonor bring their original works to the Muck. Band members Josh Johnson, Mike Cot-

tone, Miro Sprague, Dave Robaire, Jonathan Pinson, Eric Miller and Diego Urbano all studied at the Thelonious Monk Institute of Jazz Performance at UCLA under the tutelage of Herbie Hancock and Wayne Shorter, among others.

The series concludes with a performance by the Donny Most Orchestra on June 17. Most, probably best known as Ralph Malph on the TV show "Happy Days," fuses swing music with '50s-era jazz.

"There's an audience that hungers for the joy of live music," Hirsch said. "We expect the collision of these two forces to be a joyous release of energy."

Tickets must be purchased in advance via the box office or [themuck.org](http://themuck.org) and are \$35 per performance or \$150 for the series. (Tickets purchased for the 2020 festival were automatically rolled over to the 2021 series.) Seating is limited, and all guests will be required to wear masks and employ social distancing.

## Grab 'n' Go Meals

May 13-19  
Clubhouse 6 Parking Lot

- **Thursday:** Domino's Pizza—call ahead for special orders, wings and salads offered, 3:30-7 p.m., cash/cards, (562) 493-2212.
- **Friday:** Katella Deli—deli favorites, appetizers, salads, hot entrées; specials of the day available onsite, 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at [www.katellabakery.com](http://www.katellabakery.com).
- **Saturday:** Naples Rib Co.—barbecue, salads, sandwiches; 3-5 p.m., cash/cards, (562) 439-RIBS. Order ahead at [www.ribcompany.com/LW](http://www.ribcompany.com/LW) for faster service.
- **Sunday:** Lucille's Smokehouse Bar-B-Que—barbecue, salads, sandwiches, 3-5 p.m., no preorders, cash/cards.
- **Monday:** Kabobaholic Food Truck—chicken or meat kabobs, gyros, falafel, loaded fries, 3:30-5:30 p.m., cash/cards. To preorder, go to [www.kabobaholicft.com](http://www.kabobaholicft.com) or text (949) 400-4696; mention LWSB when ordering.
- **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.
- **Wednesday:** Closed.

...

All Grab 'n' Go events take place rain or shine. **Masks and 6-foot social distancing required.** For more information or to offer feedback, call (562) 431-6586, ext. 398.

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379.

**Watch for LW Live alerts for daily menus. Vendors are subject to change. Sign up for LW Live at [www.lwsb.com/lw-live-sign-up/](http://www.lwsb.com/lw-live-sign-up/).**

## Write Your Life Story

You are unique; no one has lived a life like yours. Writing the story of your life can be a life-affirming gift you give to not only yourself, but also those you love. Join like-minded people to learn the skills and techniques that will enable you to put your life into words under the tutelage of instructor/LW resident Antonia Zupancich.

Huntington Beach Adult School offers the Write Your Life Story class via Zoom from 10 a.m.-noon every Wednesday, from May 19 through July 14. To register, go to [hbas.edu](http://hbas.edu). The class can be found in the Community Classes section. The fee is \$99. If you have difficulty registering, Anne Moore will be happy to assist you at (714) 842-4227.

For more information on the Write Your Story class, contact Zupancich at (760) 427-2713.

## Master Gardener Zoom Workshops

The GRF Mini Farm's Master Gardeners give monthly workshops on Thursdays at 10 a.m. Zoom links can be found on the mini farm website at [www.lwsb.com/mini-farm/](http://www.lwsb.com/mini-farm/) on the morning of each workshop. All are welcome to attend, but current and prospective mini farmers are especially encouraged to join.

The next dates and topics are:

**May 13:** Terrific Tomatoes

**June 10:** Insect Pest Management

More workshops will be offered later in the year.

## Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished. For more information



or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at [rjerryx@yahoo.com](mailto:rjerryx@yahoo.com), or call (562) 431-6586, ext. 409, to leave a message.

## Submissions for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

## LW Community Guide 2021

The COVID-19 pandemic delayed the production of the LW Community Guide in 2020. If there are any changes to your information for the White Pages from 2019, or if you weren't included in 2019 but want to be in 2021, contact [pattym@lwsb.com](mailto:pattym@lwsb.com) with your name and address and/or phone number.



Patty Marsters

Members of the Joyful Line Dance class learn fun moves to a mix of popular songs, both old and new. All shareholders are welcome to join them at Veterans Plaza every Wednesday at 2 p.m., except for the fourth Wednesday, when it starts at 3 p.m. Participants are required to wear face masks, follow the rules of social distancing, and wear exercise shoes—no flip-flops or sandals. For more information, contact Anna Derby at (562) 301-5339.





Jojo Weingart

A member of the audience (woman in front with dancer Susan Saraf) at the Seal Beach Sunrise Senior Living Facility event requested “The Hukilau Song.”

HUI O HULA

Hawaiian dance club performs outside LW gates

Hui O Hula dancers and musicians had a wonderful time entertaining at the Seal Beach Sunrise Senior Living Facility. During the audience-participation portion, one woman requested “The Hukilau Song” because she remembered dancing it at a luau/party in Honolulu many, many moons ago. “Hukilau” means fishing with a big net, an old Hawaiian way to catch fish. In this song, the catch of the day is the ama’ama/mullet fish—perfect kaukau/food for the big luau/party. This popular song and dance certainly brought back good memories for many onetime tourists.

On May 20, Hui O Hula band and dancers will be at the Long Beach Salvation Army drive-through health fair. The Senior Spring Fling will take place from 1-3 p.m. at 3000 Long Beach Blvd. Attendees are asked to dress in beach-themed clothing and line up on Spring Street. RSVP by calling (562) 247-3539.

Hui O Hula extends a big mahalo/thanks to Mutual 1 Director George Tous and resident Bruce Keough for their kindness. Hula dancers and musicians were welcomed to practice by Building 19 on May 4. Plus, renowned Hawaiian musician Geri Kuhia was there to help entertain—truly an honor!

All are welcome to join hula dance classes at Veterans Plaza every Thursday at 1:30 p.m. or on the green on Tuesday and Saturday afternoons. For class information or performance schedule, contact Kaye Huff at (562) 431-2242.

—Jojo Weingart

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members. Poems can be submitted to patty@lwsb.com.

Bernice Van Dyke  
Written March 26, 1998

You left this world quietly today;  
No rituals or fanfare to send you on your way.

Most friends and family had moved on long ago;  
But a few remain, and they know:

You led a simple and quiet life—  
a devoted mother, a loving and loyal wife.

You never sought your own spotlight;  
Family was most important in your sight.

They don’t give awards for the role you played;  
So with these words, this tribute it paid:

While you were here, you lovingly did your part.  
I salute you with all my heart.

—Marilyn Van Dyke, Mutual 1

Ladies’ Golf Club

There were 51 golfers participating in the May 4 tournament. Congratulations to the two golfers who each hit a hole in one: Yvonne Yim (hole 2) and Chong Hee Kim (hole 7).

The members competed for low gross, low net, and circle hole on No. 8. Congratulations to Sandra deDubovay for hitting the ball from the tee directly into the circle surrounding the hole.

The week’s flight winners were:

Flight A: Low gross: Devora Kim, 26; low net: GeeGee Kwak, 21.  
Flight B: Low gross: Sandy Derouin, 30; low net: Judy Kim, 23.  
Flight C: Low gross: Sally Park, 28; low net: a three-way tie between Sue Yokomi, Sue Elliott and Chong Hee Kim, 25.  
Flight D: Low gross: Liz Meripol, 30; low net: deDubovay, 22.

—Dale Quinn

NOCE Summer Session

North Orange Continuing Education (NOCE) Summer Session Classes begin June 7. The online courses include “Painting,” “Ceramics,” “Senior Topics: Handheld Electronics” and “Staying Mentally Sharp.”

If you were previously enrolled in online classes in Leisure World and would like to continue the course, contact your instructor. If you are interested in attending courses for the first time or would like more information, email the LW Library at [lwlibrary@lwsb.com](mailto:lwlibrary@lwsb.com).

Video Producers Zoom Meetings

The Video Producers Club offers free, weekly Zoom classes, as well as a social opportunity.

Classes are as follows:

- **Monday, 2 p.m.:** Zoom class for iPad and Mac users hosted by Fred Carpenter. For an invite to his class, email [sail1942@gmail.com](mailto:sail1942@gmail.com).
- **Wednesday, 10 a.m.:** Beginners’ Zoom class for Windows and Android users with Charlie Guggino. For an invite to this class, email [joosuna29a@gmail.com](mailto:joosuna29a@gmail.com).
- **Thursday, 10 a.m.:** Beginners’ and Intermediate Zoom class for Windows and Android users and for beginning Video Producers with host Joseph Valentinetti. For an invite to this class, email [0501042@gmail.com](mailto:0501042@gmail.com).
- **Thursday, 5:30 p.m.:** The one-hour Zoom Party Social, hosted by Valentinetti, is open to all residents. For an invite, email [0501042@gmail.com](mailto:0501042@gmail.com).

—Joe Osuna



Leisure Bikers

Join the Leisure Bikers on Sundays, Mondays, Wednesdays and Fridays at 9 a.m. at the North Gate. Sunday’s ride often includes breakfast and a 2-mile nature hike.

Helmets, safe shoes and masks are a must. Call Mary Romero at (562) 810-4266 for more details.

Chess Club

The Chess Club publishes weekly puzzles to keep the love of the game alive until its members meet to play in person again.

This week’s puzzle is checkmate in three moves. White moves first. Any answer by Black, and White’s third move is checkmate.

The solution to this week’s puzzle’s first move is: Qg6. The White Queen moves from e4 to g6. Then Black to Pg6, White to Bg6 and Black to Ke7.



Balance & Stability Class

This Landmark Balance & Stability class is available on Tuesdays, 10 a.m. via Zoom. Go to <https://us02web.zoom.us/j/84982522530>; the meeting ID is 849 8252 2530, and the password is practice.

A certified instructor teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on [youtube.com](https://www.youtube.com).

The instructor is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. For more information, call (562) 397-1519.

Men’s Golf League Results

On May 3, nine men of the Men’s League teed off at Willowick Golf Course in Santa Ana. A cool morning greeted golfers at the oldest 18-hole public golf course in Orange County, but once the sun came out, it warmed up nicely.

Even with the length and challenge of this par-71, 6,000-plus-yard course, the scores had seven players scoring below par, plus there were four birdies. The tees and greens were in great condition, though some work is still needed on the fairways.

“The Wick” is very flat, with a few elevated greens and yawning sand traps, but no water hazards. The back nine is more demanding than the front, with two par 5s that are more than 520 yards long. The par 3s are longer than normal and demand accurate tee shots, or trouble awaits left and right.

All scores are net (actual score minus handicap). A Flight handicaps range from 0-20; B flight is higher than 20.

**A Flight Winners:** First place: Glenn Barry, 4 under 67, plus a birdie; second: tie between Fujio Norihiro and Bill McKusky, 1 under 70; third: Gary Stivers, 3 over 74; fifth: Dave LaCascia, plus a birdie and closest to the pin on the 140-yard, par-3 fourth hole. McKusky also had a birdie and fewest putts.

**B Flight Winners:** First place: Bill Zurn, 5 under 66, plus closest to the pin on the 130-yard, par-3 12th hole; second: Bob Munn, even par 71, plus fewest putts; third: Gene Vesely; fourth: Marv Ballard.

Later that week, the Meadowlark Golf Club in Huntington Beach welcomed 10 men and one woman, plus guests Ron and Sum-

mer and Bob Meripol. Situated just miles from the Pacific Ocean, Meadowlark is a picturesque golf club that has the occasional windy and overcast day—including May 7, when it never warmed up.

Meadowlark is a par-70, 5,800-yard course, with numerous water hazards and strategically placed sand traps, designed to catch errant drives or approach shots. The fairways were in great shape, but the recently aerated greens and were still not 100 percent recovered. The players accepted these challenges, and with the marginal conditions, only six of the 13 rounds were under par, plus there were only two birdies.

**A Flight Winners:** First place: tie between Stivers, Tim Looney and Norihiro, 3 under 67; second: McKusky, even par 70; third: Jim Goltra, 1 over 71; fourth: Dave LaCascia, 2 over 72; and fifth: Ron Jackson, 4 over 74. Norihiro and McKusky tied for fewest putts. LaCascia was closest to the pin on the 140-yard, par-3 seventh hole, and Norihiro was closest on the 130-yard, par-3 15th hole. Looney had the only two birdies of the round, plus he carded a “greenie” on the challenging 130-yard, par-3 fourth hole.

**B Flight Winners:** First place: Lowell Goltra, 1 under 69, plus fewest putts; second: Tom Ross, 4 over 74; third: Liz Meripol; fourth: Munn.

LW Men’s Club membership is not required, and friends, ladies, spouses and family are all welcome to play and/or join. There is a prize pool for each round that players are not obligated to enter.

—Dave LaCascia



# Community



May is National Bike Month, which was established in 1956 to encourage people to try bicycling as a way to get healthy.

## Stay safe, know the rules of the road when biking

by Laurie Bullock  
laurieb@lwsb.com

Thousands of people in California, including many in Leisure World, ride their bikes every day. Whether it's for eco-friendly transportation, working out or a leisurely activity, bicycling is a great way to get outside and create a healthy habit.

According to the League of American Bicyclists, California ranks No. 4 for bike-friendly states. Despite living in one of the top five bicyclist-safe states in America, over 100 people die and over 10,000 people are injured in bicycle-related accidents. In order

to keep bicyclists safe, it's important for bicyclists, pedestrians and drivers to know the rules of the road and who has the right of way.

According to the California DMV, bicyclists and motorists have the same right of way (meaning that bicyclists are not considered as pedestrians and do not have the right of way on the road that pedestrians do). When a bike lane is not available on the street, people who ride bikes must stay as close to the right side of the road or lane as possible except when passing, preparing to make

a left turn, avoiding hazards or when making a right turn. Bicyclists must also always ride with traffic, not against it.

Drivers have a responsibility to not drive distractedly and give space to bicyclists as they would a car. However, bicyclists can wear bright clothing; put reflectors or blinking lights on the front, back and side of the bike; and wear a helmet to increase visibility and safety.

Drivers and bicyclists have an equal responsibility to yield

**BIKES, page 15**

## GAF Hearing aid batteries can be recycled

Hearing aid batteries can be recycled at the Golden Age Foundation's (GAF) battery collection bucket, located in the alley behind Clubhouse 5.

Before the pandemic, the LW Weekly office and the Hospitality Room in Clubhouse 6 had buckets for shareholders to drop off used batteries at their convenience. The program was put on hold to follow COVID-19 restrictions. GAF started collecting batteries at its shredding service to help shareholders safely dispose of old batteries.



The GAF board decided to have a separate battery collection program from the shredding service to avoid the risk of accidentally mixing batteries with documents to be shredded, which could cause damage to the shredding truck.

Residents can now drop off small batteries, including those for hearing aids, in the alley behind Building 5. Golden Rain Foundation employees will take them to the maintenance yard to be properly recycled. Printer cartridges will not be accepted.

The GAF sponsors several programs to enhance the quality of life for shareholders. Its environmental program also collects fluorescent light bulbs to promote proper disposal and recycling. Do not throw consumer batteries into the trash.

GAF is an independent nonprofit, 501(c)3 charitable organization dedicated to serving the residents of Seal Beach Leisure World. Its purpose is to make Leisure World a better place. GAF was established in 1973 and is not affiliated with the Golden Rain Foundation.

All GAF programs are free to Leisure World shareholders. GAF is

**GAF, page 15**

## SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule). Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at [SBTV3.org](http://SBTV3.org).

Thursday, May 13	
4 pm	2015 SSD Kick-off
5 pm	Easter Quarantine Concert
5:34 pm	Mother's Day 2021
6 pm	Solidarity Rally 2021
7 pm	Life and Times in SB: Virginia Haley
8 pm	The Street Where I Live
8:13 pm	Beginning of Leisure World
8:30 pm	Cerritos Center- Lady Jazz
10 pm	Shakespeare in the Park: Cymbeline
Friday, May 14	
4 pm	Beginning of Leisure World
4:18 pm	The Street Where I live
4:30 pm	LW Molokai Trip
5:12 pm	Maui Swap Meet 2018
5:30 pm	Easter Quarantine Concert
5:35 pm	Sea Inside
6 pm	Mother's Day 2021
6:30 pm	Ocean Perspectives
7 pm	Cerritos Center- Golden Acrobats
8:37 pm	Sea Inside
9 pm	Shakespeare in the Park: Othello
10:30 pm	Big Bad Voodoo Daddy

**SBTV, page 15**

## SUNSHINE CLUB

### Learn about the power of transformation

Learn what transformation is and why more humans do not change who they are to get better results for their lives at the next Sunshine Club meeting on Friday, May 14, at 10 a.m.

Business and life coach Bob Dabic will give a presentation about how LWers can practice a simple but powerful concept to motivate themselves to transform and have more success than they could on their own.

All shareholders are welcome to join this Zoom meeting at <https://us02web.zoom.us/j/84982089743?pwd=UGR3RlZRaUJmWmISNE9KdTdNMUUh3QT09>; the meeting ID is 849 8208 9743, and the passcode is 508742.



Bob Dabic

Those who would like to get the Zoom link by email should text their name, Mutual number and email address to (562) 301-5339 no later than today, May 13, at 5 p.m. (text only, no phone calls or messages).

Dabic is a master chair (business/life coach) of Vistage Chief Executive and Key Executive Groups in the greater Orange County area. He is also a best practice chair, responsible for chairs and members in the Los Angeles area and a lead trainer of new and existing chairs. Dabic has been honored with the following for his Vistage chair performance: the Chair Excellence, Master Chair and STAR Awards for numerous years; the Robert Nourse Chair of the Year Award in 2006; the highest chairing performance achievement, the Don Cope Memorial Award in 2010; and for going above and beyond as a Vistage chair, the Hyndman Award in 2016.

Founded in 1957, Vistage is the world's leading organization of Private Peer Advisory Boards for CEOs, executives and business owners, dedicated to improving the effectiveness and enhancing lives of its members and those they influence.

In addition, Dabic is CEO (Coaching Excellence Officer) of DabiCoaching, a multi-purpose coaching, training and consulting company. In this role, Dabic coaches clients and conducts numerous workshops with topics such as vision, mission and values creation; strategic planning; goal setting; communication; delegation; finance; and career development planning. Since 1999, he has worked with over 100 different organizations and over 1,000 senior executives.

Prior to Vistage and his coaching company, Dabic was a successful owner, president and CEO of several airport and aerospace equipment design and manufacturing companies over a 30-year period. Dabic was also the director of marketing for an alarm manufacturer and worked in a sales role with the Xerox Corporation right after graduating from California State University at Long Beach with a Bachelor's of Science degree in Business Administration/Marketing.

The Sunshine Club brings LW leaders to meetings to introduce their organizations to the group. It also invites specialists from outside Leisure World to share their experiences and ideas with club members.

For more information, contact Anna Derby at (562) 301-5339.

## GAF Donate to the GAF while getting your groceries at no additional cost

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3) charitable organization dedicated to making Leisure World a better place to live.

The GAF must fund raise throughout the year to continue providing services to the community. There are now two simple ways for LWers to donate to the GAF without any additional cost.

Shareholders can donate to the GAF during their weekly grocery shopping trip without having to spend more money, thanks to the Ralphs Rewards Program.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and through regular grocery shopping, people can help GAF receive a portion of those funds.

Those interested can sign up for the Ralphs Rewards program by phone or through the Ralphs website. To sign up online, go to [www.ralphs.com](http://www.ralphs.com). A Ralphs Reward card number or the phone number associated with the account is required.

To register over the phone, call (800) 443-4438. Make sure to say

**RALPHS, page 15**



WATCH YOUR STEP

How to avoid phishing scams

Recently residents have reported phishing scams related to their Amazon accounts. Amazon takes fraud, scam, phishing and spoofing attempts seriously. If you receive correspondence you think may not be from Amazon, report it immediately.

Suspicious Emails or Webpages

- To report a phishing or spoofed email or webpage:
1. Open a new email and attach the email you suspect is fake.
  2. For suspicious webpages, copy and paste the link into the email body.
  3. If you can't send the email as an attachment, forward it.
  4. Send the email to *stop-spoofing@amazon.com*

*Note: Sending the suspicious email as an attachment is the best way for Amazon.com to track it.*

Amazon can't respond personally when you report a suspicious correspondence to *stop-spoofing@amazon.com*, but you may receive an automatic confirmation. If you have security concerns about your account, contact the company.

Suspicious Phone Calls or Text Messages

Report any suspicious phone calls or text messages to the Federal Trade Commission (FTC).

To report a phone call or text message, visit *ftc.gov/complaint* and follow the onscreen assistant.

BIKES

from page 14

to pedestrians. Bicyclists should be on the road, but if on a sidewalk, the pedestrian on foot will always have the right of way, including at crosswalks.

To celebrate National Bike Month this year, Orange County is hosting a Tour de OC challenge that anyone can participate in. The registration proceeds go to Royal Family Kids-Newport Mesa, a camp that helps children of abuse. People can register at *www.tourdeoc.org* for a 62-, 25- or 3.1-mile ride.

SBTV

from page 14

Saturday, May 15

- 4 pm Mother's Day 2021
- 4:30 pm Solidarity Rally 2021
- 5:30 pm The Street Where I Live
- 5:42 pm Beginning of Leisure World
- 6 pm McGaugh First Grade Show
- 7 pm McGaugh Third Grade Show
- 8 pm LAUSD
- 11 pm Bob Cole Conservancy

Sunday, May 16

- 4 pm Seal Beach Budget Workshop Meeting Replay 5/13
- 6 pm Life and Times in SB: Virginia Haley
- 7 pm Live at the Ford: Lady Jazz
- 8:30 pm McGaugh Pageant of the Arts
- 10 pm Cerritos Center- Matt Mauser

Monday, May 17

- 4 pm LW Molokai Trip
- 4:42 pm Maui Swap Meet 2018
- 5 pm Solidarity Rally
- 6 pm Mother's Day 2021
- 6:30 pm Sea Inside
- 7 pm Seal Beach City Council Meeting-Live
- 8 pm Oceanscapes #2
- 8:30 pm Life and Times in SB:

- 9:30 pm Lawhead Brothers
- 10 pm Bob Cole Conservancy
- Shakespeare in the Park: Taming of the Shrew

Tuesday, May 11

- 4 pm Mother's Day 2021
- 4:30 pm Easter Quarantine Concert
- 5:05 pm 2015 SSD Kick-off
- 5:40 pm Thoughts About You
- 6 pm The Street Where I Live
- 6:13 pm Beginning of Leisure World
- 7 pm Life and Times in SB: Virginia Haley

- 8 pm Ocean Perspectives
- 8:30 pm Ford Theater: Big Bad Voodoo Daddy
- 10 pm Cerritos Center- Matt Mauser

Wednesday, May 19

- 4 pm 2015 SSD Kick-off
- 4:55 pm Easter Quarantine Concert
- 5:30 pm Solidarity Rally
- 6:30 pm McGaugh Fourth Grade Show
- 7:30 pm Sea Inside
- 8 pm Shakespeare in the Park: Merry Wives of Windsor
- 10 pm Cerritos Center- The Four Tenors

*\*All programming is subject to change.*

OBITUARIES

Space is available for obituaries of residents and former residents.

- An obituary with or without photo is available free of charge for the first 250 words. Additional words will be charged at the rate of 25 cents per word.
- Obituaries may be published as news articles when the person has been a member of the GRF Board of Directors, or when, in the opinion of the managing editor, the passing of a person is newsworthy to a sufficiently large number of GRF members.
- Send obituaries and photos in the form of jpegs to *laurieb@lwsb.com*, or call (562) 430-0534 for more information.

- ...  
**In Memoriam**
- Kathleen Washington 58
  - Virginia Hibbler 75
  - Deborah Oliver 58
  - Robert Nelson 72
  - Milton Womack 74
  - Richard Mason Sr. 70
  - Steven Buckley 57
  - Patricia Howard 83
  - Ruth Ruhs 79
  - Roger Brown 74
  - Quoc Pham 52
  - Edward Dixon 44
  - Barbara Cole 76
- Families assisted by McKenzie Mortuary, 961-9301  
—Paid obituary

DEMOCRATIC CLUB

OC Democratic Chairwoman will speak at next meeting

The Leisure World Democratic Club will meet on Wednesday, May 19, at noon via Zoom. The featured speaker is Orange County Democratic Party Chairwoman Ada Briceño. She will update members on issues relating to the upcoming recall election and will report on the recent Democratic State Party Convention.

All LW Democrats and supporters are welcome to attend the meeting. Login information via computer or phone is included in the club's current electronic newsletter. Those who are not subscribed to the newsletter should call club president Mary Tromp at (562) 412-0898 with their contact information and party affiliation to receive the login information.

...  
The first immigrant to lead the Democratic Party of Orange County, Briceño immigrated to the United States at the age of 6 when her family fled a brutal civil war in Nicaragua. She has dedicated her career to uplifting marginalized voices.

In addition to her political and union work, Briceño has led many civil rights, immigrants' rights,

women's rights and environmental efforts. She serves as a member of the Southern California Air Quality District Environmental Justice Committee to raise the voices of those impacted by air quality and other climate and environmental justice issues. She is the former chair of Clergy and Laity United for Economic Justice (CLUE), an organization that brings faith leaders together for economic justice advocacy. She also serves on the Orange County Women's March Steering Committee and on the Board of Planned Parenthood of San Bernardino and Orange Counties. Among her many accolades, Briceño was named one of Orange County's 100 Most Influential persons by the Orange County Register in 2020, 2019, 2018 and 2014.

...  
The LW Democratic Club officially reopened its voter registration booth in the parking lot outside Clubhouse 6 on April 27. The booth will be open every Tuesday from 10:30 a.m.-12:30 p.m. In addition to voter registration information, visitors to the booth will find copies of the club's most recent newsletter as



Ada Briceño

well as other materials relating to upcoming elections.

To subscribe to the club's electronic newsletter, contact Mary Larson at (562) 296-8521 or email *democraticclubsblw@gmail.com*. Remember to include your full contact information. This newsletter is available only to club members and supporters, although back issues are published on the club's website.

Plans are currently underway to make the Democratic Club's Facebook page more user-friendly, as well as up-to-date with information of interest to voters.

For Club membership information or to check renewal status, call (562) 431-7275.

Relatively Speaking



Miki Oh (l), Jung Suk Oh, Kathy Oh and Maya Oh surprised their father and grandfather, Michael Oh (center) from Mutual 1 by coming to spend the weekend with him. His daughters live in Seattle; Vancouver, Washington; and

Portland and his granddaughter lives in San Francisco, respectively. Michael's oldest daughter, Miki, decided to visit, and the rest of the sisters agreed it would be a good idea to see their dad at the same time. He enjoyed

having all of his daughters with him, especially his granddaughter, Maya, who came with her dad, Kenneth. The group walked through Seal Beach's Main Street and the pier for sightseeing. The group only took their masks off for a quick picture.

GAF

from page 14

entirely staffed by volunteers, so all contributions go directly to meeting community needs. Support from shareholders, residents, clubs, organizations and businesses is GAF's main source of income.

Donations are welcome. For more information, go to *www.GoldenAgefdn.org*.

HCC  
24-Hour  
Nurse  
795-6216

RALPHS

from page 14

GAF's non-profit organization (NPO) number, FS 519, during registration.

...  
Another way LWers can help GAF while they shop is through *www.smile.amazon.com*. Amazon Smile is a charitable award program funded through Amazon for qualified nonprofit organizations like the GAF. A small percentage of every purchase will go to the GAF at no additional cost.

When enrolling in Amazon Smile, make sure to choose your charitable organization as the Golden Age Foundation Seal Beach. Below are step-by-step instructions on how to get started with Amazon Smile:

1. Sign in to an existing Amazon account. Those who don't have an Amazon account can create one for free.
  2. Type Golden Age Foundation Inc. as the charity to support. Make sure the location is set in Seal Beach, California.
  3. Go to *www.smileamazon.com* for every purchase to donate.
- For more information, go to *www.GoldenAgeFdn.Org* or call Anna Derby at (562) 301-5339.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



GRF Amenity Status Chart

Below is the status of various trust property amenities as of April 28. Items with an asterisk denote a projected reopening date, which is subject to change. The COVID-19 Ad Hoc Committee, which has made recommendations to the GRF Board, has disbanded.

LW’s reopening plan is according to Centers for Disease Control and Orange County Health Care Agency guidelines under the Emergency Operational Procedures. More information can be found under Governing Documents at Emergency Operational Procedures—Leisure World Seal Beach ([lwsb.com](http://lwsb.com)). No other amenities are open at this time. Requests for reopening and reevaluating emergency procedures are being considered. A full reopening of clubhouses, subject to the Governor’s plan, is eyed for mid-June.

NO ADVANCE RESERVATIONS CAN BE CONSIDERED AT THIS TIME.

AMENITY	POLICY OR RULE NUMBER	STATUS
AMPHITHEATER	70-1448-3D (PHASE 1)	OPEN-RELIGIOUS SERVICES
ART STUDIO	70-1448-3M	OPEN
CERAMICS STUDIO	70-1448-3N	OPEN
CLUBHOUSE ONE	N/A	CLOSED
CLUBHOUSE 1 PICNIC	N/A	OPEN FOR RESERVATIONS
CLUBHOUSE TWO	N/A	CLOSED
CLUBHOUSE THREE	N/A	CLOSED
CLUBHOUSE FOUR	N/A	GRF MEETINGS
CLUBHOUSE SIX	N/A	TABLE TENNIS ONLY
FITNESS CENTER	70-1448-3F	OPEN
FRIENDS OF LIBRARY	70-1448-3G	OPENS IN MAY
GOLF COURSE	INTERIM EOP	OPEN
HITTING CAGE	N/A	RELOCATING SOON
LAPIDARY STUDIO	70-1448-3O	OPEN
LIBRARY	70-1448-3H	OPEN
MISSION PARK	70-1448-3C (PHASE 2)	OPEN
POOL AND SPA	70-1448-3E	POLICY APPROVED
POOLROOMS	70-1448-3J	CLOSED
SEWING ROOM	70-1448-3L	CLOSED
VETERANS PLAZA	70-1448-3P (PHASE 2)	OPEN PHASE 2
		OPEN SUBJECT TO AVAILABILITY OF SUPERVISORS
WOODSHOPS	70-1448-3K	
LEASE-DRIVEN AMENITIES AND OPEN TO LEASEHOLDERS ONLY:		
MINIFARM	MORATORIUM ON NEW PLOTS	OPEN TO LESSEES
RV LOT	70-1487-1	OPEN TO LESSEES

405 from page 8

Intermittent nighttime closures of the southbound I-405 on-ramp from Westminster may be required.

Additional construction activities including rebar, form and concrete activities are underway, and backfill, with block wall installation scheduled to start in July and August.

The 405 Community Outreach Team will provide detailed schedule information in future alerts.

Sign up for project-wide and bridge-specific construction alerts at [bit.ly/405-signup](http://bit.ly/405-signup).

Email [405project@octa.net](mailto:405project@octa.net) or call (888) 400-8994 for more information.

The I-405 Improvement Project mobile app provides quick access to current traffic conditions, closures and detours, along with project updates and links to contact the project team.

Download it from the Apple Store or Google Play.

I-405 Improvement Project automated call and text alerts have started coming to subscribers from the I-405 Project Helpline number at (888) 400-8994.

This will allow people to leave messages if they have questions or concerns about the project.

—from the OCTA



—Richard Lalor

An artillery salute commemorating a change of command will be conducted at the Los Alamitos Joint Forces Training Base.

JFTB Change of Command

The sound of artillery fire will echo across communities surrounding Joint Forces Training Base (JFTB) on Saturday, May 15, commemorating the change of command of the California Army National Guard’s 100th Troop Command.

The traditional artillery salute by three M119A3 howitzers of the Cal Guard’s Bravo Battery, 1st Battalion, 143rd Field Artillery Regiment, will highlight the formal ceremony at which Col. Zac Delwiche will relinquish command to Col. David M. Church.

The ceremony will get underway at 10 a.m. Test firing of the artillery will be held Saturday between 8-9 a.m. in conjunction with ceremony rehearsals.

For additional information, contact Col. (CA) Richard Lalor at (562) 795-2096 or via email at [richard.w.lalor2.nfg@mail.mil](mailto:richard.w.lalor2.nfg@mail.mil), or Staff Sgt. Crystal Housman at (805) 458-3825 or via email at [crystal.c.housman.mil@mail.mil](mailto:crystal.c.housman.mil@mail.mil).

SECURITY from page 3

**April 3, 11:24 p.m., Mutual 3** Ongoing issue with resident complaining of a loud TV next door. No noise was detected.

**April 4, 11 a.m., Mutual 2** Resident complained of construction noise. Security advised neighbor of noise level policies.  
**April 6, 1:45 a.m., Mutual 2** Resident complained of banging noises from a neighbor’s unit. No noise was detected.

**April 10, 2:46 p.m., Mutual 2** Resident complained of construction noise. No noise was detected.

**April 14, 8:37 p.m., Mutual 6** Resident complained of a loud guitar. The volume was lowered.

**April 16, 9:25 p.m., Mutual 1** Ongoing complaints of noise issues.

**April 16, 12:49 p.m., Mutual 1** Complaint of loud noise. No noise was detected.

**April 17, 7:10 a.m., Mutual 1** Complaint of loud music. No noise was detected.

**April 18, 1:50 p.m., Mutual 9** Loud noise complaint. No noise was detected.

**April 19, 4:16 p.m., Mutual 9** Resident was reminded of the allowed times for construction.

**April 21, 10:40 a.m., Mutual 4** Ongoing neighbor dispute regarding noise and unauthorized visits.

**April 22, 6:52 p.m., Mutual 10** Resident stated she heard a loud banging sound. No noise was detected.

**April 22, 11:20 a.m., Mutual 6** Resident complained that her neighbor yells at all hours of the day. No noise was detected, and neighbor denies making noise.

**April 22, 7:20 p.m., Mutual 10** Ongoing noise complaint. No noise was detected.

**April 24, 5:10 p.m., Mutual 15** Music detected from another Mutual, but there was no noise

violation.

**April 24, 12:37 a.m., Mutual 10** Ongoing complaint about noise, with the resident stating that there is someone hiding behind the refrigerator sawing wood. No person or noise was detected.

**April 24, 11:21 p.m., Mutual 2** Ongoing complaint of banging noises from neighbor’s residence. No noise was detected.

**April 26, 2:24 a.m., Mutual 7** Ongoing complaint regarding noise from neighbor’s residence. No noise was detected.

**April 27, 10:27 p.m., Mutual 5** Resident stated she heard noises outside her residence. No noise was detected

**April 30, 4:06 and 7:30 p.m., Mutual 1** Ongoing complaint regarding noise from neighbor’s residence. No noise was detected

**April 30, 2:09 p.m., Mutual 5** Resident stated that neighbors are flushing their toilet too many times.

**April 30, 2:10 p.m., Mutual 10** Resident heard noises outside her residence. No noise was detected

**April 30, 9:12 p.m., Mutual 10** Resident reported suspicious youths near her residence. No one was found.

OTHER INCIDENTS

**April 1, 12:45 p.m., Mutual 10** Injury: A resident found a non-resident on the ground. The person was transported to Los Alamitos Medical Center.

**April 2, 3:30 p.m., Mutual 5** Resident dispute: A resident told a new LW member that she had no lawful business in the unit. Seal Beach police were notified. The new resident had ownership of the unit.

**April 3, 10:42 p.m., Mutual 8** Resident complaint: Resident believes people are spying on her. No evidence was found.

**April 4, 7:30 a.m., Mutual 4** Resident dispute: A driver and a bicyclist engaged in a verbal altercation regarding rules of the road.

**April 6, 11:47 a.m., Mutual 6** Resident dispute with contractor: Resident stated contractor was not protecting her vehicle while contactor was working in carport.

**April 7, 1:37 p.m., front gate** Trespassing: A non-resident attempted to enter the community and was escorted off the property without incident.

**April 8, 10:20 a.m., Golf Course**

Injury: A resident fell while retrieving a golf ball and was transported to Los Alamitos Medical Center.

**April 10, 12:05 p.m., Car Wash** Verbal altercation: A resident was involved in a verbal altercation with another resident at the car wash.

**April 10, 9:15 a.m., Mutual 11** Resident complaint: Ongoing complaint regarding issues with her neighbors.

**April 11, 11:25 a.m., Mutual 6** Resident tripped while walking; no transport required.

**April 12, 2:27 p.m., Mutual 17** Injury: A resident fell while using walker and was transported to Los Alamitos Medical Center

**April 14, 9:42 a.m., Mutual 9** Injury: A resident fell off her scooter.

**April 14, 4:30 p.m., Mutual 15** Injury: Lift and assist only.

**April 16, 12:49 p.m., Mutual 1** Complaint: Resident stated someone entered her vehicle and cleaned the inside.

**April 16, 1:20 p.m., Mutual 2** Broken window: Resident observed a broken window at a neighbor’s apartment. The neighbor was contacted.

**April 18, 9:15 p.m., Mutual 16** Harassment: Mutual director

reported verbal harassment by neighbor.

**April 18, 4:40 a.m., Mutual 3** Complaint: Visiting grandson was sleeping in resident’s van. The visitor was advised of policy; visitor complied.

**April 18, 11:15 a.m., Mutual 1** Injury: Resident fell and was taken to hospital.

**April 20, 5:05 p.m., Mutual 15** Illegal dumping: Furniture left at trash dumpster.

**April 20, 7:19 p.m., Mutual 11** Complaint: Resident reported neighbor’s barbecue was too close to neighbor’s unit. The barbecue was not in operation; neighbor advised about safe cooking.

**April 20, 7:58 p.m., Mutual 15** Animal Control: Resident reported that a bird was in the elevator shaft.

**April 20, 9:50 p.m., Health Care Center**

Complaint: Anonymous caller stated that someone was sleeping on the bench in front of the Health Care Center. A full perimeter search found no one.

**April 22, 6:45 p.m., Mutual 7** Resident with weapon: Three residents reported another resident with gun in hand who wanted to shoot a coyote. SBPD called; no suspect was found.

**April 23, 2:49 p.m., Mutual 8** Injury: Resident fell while exiting his vehicle and was transported to Los Alamitos Medical Center.

**April 23, 12:28 p.m., Mutual 2** Lost resident: Resident reported another resident was lost and out of breath. That resident was taken to Los Alamitos Medical Center.

**April 25, 12:55 p.m., Mutual 2** Complaint: Resident painting vehicle in carport and was advised of policy against this by Mutual president.

**April 25, 7:25 p.m., Mutual 11** Complaint: Resident with prior

history of verbal abuse used obscene language toward a GRF employee.

**April 27, 10:30 a.m., Mutual 3** Injury: Resident tripped on rain gutter; no transport

**April 27, 2:55 p.m., RV Lot** Damage report: Resident reported that solar panels are cracked.

**April 27, 8:37 p.m., Mutual 10** Resident dispute: Residents in dispute regarding driving.

**April 29, 12:09 p.m., Golf Course** Complaint: Golfers who were not wearing masks were advised of protocols.

**April 30, 9:12 p.m., Mutual 10** Suspicious persons: Resident reported suspicious youths near her residence; no one found upon arrival.

**April 30, 5 p.m., Mutual 11** Neighbor dispute: Dispute over the feeding of wildlife; Animal Control advised.

LW Live Email Blast

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SBPD from page 4

were involved, and the driver of the vehicle was uninjured.

This is an ongoing investigation. Anyone with information is asked to contact Traffic Investigator Officer Nick LaCarra at (562) 799-4100, ext. 1615, or [nlacarra@sealbeachca.gov](mailto:nlacarra@sealbeachca.gov).



# From the Centers for Disease Control

More than 70 percent of Americans aged 65 years and older are fully vaccinated, according to CDC data published last week. The country has reported an average of 2.1 million vaccinations per day over the past week, down from a peak of 3.4 million in mid-April. Daily U.S. case counts continue to fall, with the seven-day average down 11 percent from a week ago.

At the same time, the rate of new infections fell further. About 46,600 new cases are being reported each day in the U.S., based on a seven-day average, the lowest level since the fall, according to the Johns Hopkins University Coronavirus Resource Center.

## Who's Vaccinated

About 45 percent of Americans have received at least one vaccine dose, and nearly one-

third are fully vaccinated, CDC data shows.

Among seniors, one of the most vulnerable groups and to whom vaccine eligibility opened earliest, those figures are much higher: 83 percent are at least partially vaccinated, and more than 70 percent are fully vaccinated.

Last week, President Joe Biden set a goal of getting 70 percent of U.S. adults to receive at least one dose of a COVID vaccine by July 4. As of May 5, about 57 percent of adults have done so.

## U.S. Shots Administered

With 1.8 million vaccinations reported Wednesday, the latest seven-day average of daily shots administered is 2.1 million per day, according to CDC data.

The rate of reported daily vaccinations has been on the decline for weeks, down 37 percent from

the high point a few weeks ago.

**U.S. COVID Cases**  
The U.S. is reporting an average of 46,600 daily new infections over the past seven days, according to Hopkins Research Center, down 11 percent from a week ago. Daily case counts have fallen by at least 5 percent over the past week in more than half of the states.

The CDC said Wednesday that its projections show U.S. cases will likely surge again due to the highly contagious B.1.1.7 variant, peaking in May, and then falling sharply in July.

High rates of vaccination coverage and compliance with pandemic safety measures "are essential to control COVID-19 and prevent surges in hospitalizations and deaths in the coming months," federal health officials wrote in the report.

# LB HERITAGE

## USMC Aviation to conduct training

U.S. Marine Corps aviation units are using the Los Alamitos Army Airfield (LAAAF) through Sunday, May 16, for training exercises on the MV-22B Osprey tiltrotor aircraft and CH-53 Sea Stallion helicopters. LWers and residents of other communities located near Joint Forces Training Base will likely hear these aircraft arriving and departing the airfield.

The majority of flight operations will take place during published tower hours. However, some flights may occur outside regular hours.

These operations are part of a large composite training unit exercise of the 11th Marine Expeditionary Unit (MEU) based at Camp Pendleton. The exercise replicates deployment operations of an MEU and is designed to enhance the integration and collective capabilities of the 11th MEU, while providing the opportunity to conduct realistic ship-to-shore training.

Efforts will be taken to minimize inconvenience to base neighbors.

For additional information, contact Col. (CA) Richard Lalor at (562) 795-2096 or via email at [richard.w.lalor2.nfg@mail.mil](mailto:richard.w.lalor2.nfg@mail.mil), or Staff Sgt. Crystal Housman at (805) 458-3825 or via email at [crystal.c.housman.mil@mail.mil](mailto:crystal.c.housman.mil@mail.mil).



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Elderly care. Live-in, live-out.  
30 years of experience. Cooking,  
cleaning, medications, companions,  
doctors. Experience with dementia.  
Licensed by the state.  
Gloria 949-371-7425. 07/08

**BEAUTY SERVICES**

**Tammy Nguyen Phenix Salon**  
- Service in private suite. One  
customer, one hairstylist. Sanitized  
& professional. Haircut for men  
& women, shampoo, set, color,  
highlights, perm, nails & toenails.  
In-house service available. Tammy  
Nguyen. 13944 Seal Beach Blvd,  
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In home hair care, serving the men  
and women of Leisure World for  
36 years. Mel, cell: 562-480-9341.  
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or Renew your  
current ad?  
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**HOUSE CLEANING**

Experienced housekeeper. I do  
weekly and monthly cleaning.  
Call 949-899-7770. 07/15

**MOVE-IN, MOVE-OUT  
WINDOWS,  
HOUSECLEANING  
CALL PHIL AT  
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Over 30 years Experience!  
Seal Beach Business  
License #AB0001. 05/27

**GRACIAN'S  
HOUSECLEANING &  
WINDOWS.**

Windows 10% off first cleaning  
General housecleaning  
Excellent referrals in LW  
(562) 307-3861.  
20 years experience.  
Seal Beach Business License  
gra0006. 06/03

**MAGALY'S CLEANING SERVICE**  
We make your home sparkle!  
7 days-call anytime! Complete  
cleaning. Seal Beach Business  
License #M0001A. Call 562-505-  
1613. 07/15

Patricia House Cleaning, weekly  
or monthly. Excellent referrals in  
Leisure World. 562-397-4659 Seal  
Beach License LUC0001. 07/08

General housekeeping, 30 years of  
experience. Bi-weekly or monthly.  
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Maria House Cleaning  
We'll make your house look as  
nice as possible! 15 years of  
experience, We can work with your  
schedule. Bi-weekly or monthly.  
Deep cleaning.  
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Everything for your computer  
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License #CIP0001 05/20/21

John's Computer Services  
562-733-9193  
Virus removal, Repair, Training,  
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**AUTOS WANTED**

**ANY KIND OF CAR**

Cars, motorcycle, truck - running or  
not. We are local - call anytime! We  
pay cash and remove promptly! We  
do DMV and Release of liability for  
you! Bonded/Licensed, since 1985!  
Call us so we can come out and give  
you a quote. 562-684-0901. 06/03

**AUTOS FOR SALE**

2005 Dodge Caravan. Excellent  
mechanical with very few dents.  
Make offer 650-250-9911. 05/13

**ELECTRIC CARTS/  
SCOOTERS/MOBILE  
CHAIRS FOR SALE**

4-wheel electric scooter (inside or  
outside use), 2-speeds (high/low),  
candy red apple, black interior,  
2-new batteries, excellent condition  
\$900 (original \$3,200).  
562-431-7535 05/13.

Call the News  
**430-0534**

**TRANSPORTATION**

Need a lift? Pam Miller.  
LW Resident. 310-227-1258. 05/20

Rides by Russ with a personal touch.  
Airports, doctors, shopping and  
errands. 714-655-1544. 05/20

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Transportation For Airport  
Travelers, Medical Patients.  
Vaccinated/Covid Safe.  
Call James: 562-537-1298 5/13

**MISCELLANEOUS  
WANTED**

**LESLIE'S VINTAGE STORE**  
Looking to buy vintage items! Fur-  
niture, lamps, art, jewelry, vintage  
clothing, etc. Leslie 562-243-7229  
06/03

**MISCELLANEOUS  
FOR SALE**

3-Wheel Trike, red with/basket and  
cover \$225 . Walker with/seat (like-  
new) \$150. 562-430-6130. 05/13

Lady 26-inch Schwinn Yellow Cruiser  
Bike with/cover and gears \$75 OBO  
562-212-4946. 05/13

Duo-Series Colby Model, La-Z-  
Boy Sofa with 2-Recliners 41"H  
x 83"W x 39.5"D; 5-months old,  
\$2K OBO; DUAL side-mounted  
controls recline & raise leg rests;  
Built-in USB ports for phones or  
tablet; Patented ComfortCore seat  
cushions 310-251-9817 05/13

Yard Sale (misc items). 1240  
Knollwood Road, Mutual-4, Unit-  
38K. May 20th (9am-2pm). Wear  
MASK! 05/13

**FREE ITEMS**

Free Coffee Table - antique, square  
(41 in x 41 in). Call 714-317-1102.

Want to place a  
Classified ad or  
renew your  
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Turn it in  
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for Thursday's  
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**Gina Rojas**  
 (562) 533-3190  
 ginamrojas@gmail.com  
 Leisure World Specialist  
 21 Years LW Experience  
 DRE#02111452  
*"I Have Your Best Interest at Heart"*

**Sold in One Day!**

**2-22D**  
**One Bedroom,**  
**Drive-up,**  
**Move in Ready**  
**2021 Escrows**  
 8-191A \$485,000  
 3-12L \$205,000  
 12-62K \$240,000  
**2020 Escrows**  
 8-193H \$230,000  
 1-17C \$159,900  
 15-5Q \$259,900  
 7-148H \$444,000  
 3-033E \$182,000  
 7-154H \$223,500  
**Leisure Living Resales**



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 YOU Invest in your Retirement...  
 and WE Invest in YOU  
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**SOLD**  
 Mutual 12 - 74C Glen View  
 Gorgeous \$354,000




**SOLD IN 1 DAY**  
 Mutual 9 - 211B Basic Unit  
 Sold \$15K over Asking Price




**SOLD**  
 Mutual 11 - 279I Greenbelt  
 Sold Full Price \$265K



**Suzanne Ahn**  
 Realtor®  
 DRE#01107037  
 KOREAN & ENGLISH  
**562-810-1614**  
 An Independent Brokerage!  
 DRE#02120194



**JOYCE REED**  
 Resident Broker  
 Notary Available  
**596-8656**



**Mutual 8, 201-C**  
**SOLD**  
 1 BDR, 1 BA  
 ---  
**ALL SOLD OUT!**  
**Need Listings!**  
 ---  
**Mutual 12, 55-F — SOLD**  
**Mutual 5, 105-D — SOLD**  
**Mutual 8, 201-H — SOLD**  
 ---  
**Unbelievable Real Estate**  
 DRE#00460268



**Erika Shapiro**  
 Resales Specialist  
 Mut. 17 Resident  
 BRE # 01448494  
**562-208-5223**

**LW DREAMHOUSE**  
 Fully expanded 3rd Floor Corner  
 "The View" and all the bells and whistles to go with it  
**Mutual 14-14A \$625,000**

**New Listing**  
 1 BDR on a big greenbelt.  
 Cut-down shower, Skylights  
**Mutual 1 - 32B \$175,000**

**New Listing**  
 2 BDR, 1 Bath  
 Fabulous Drive-up Corner  
 Partially expanded, walk-in closet,  
 Central A/C Heat, Washer & Dryer  
 Laminate Flooring and more  
**Mutual 14-24A \$325,000**

**Coming Soon**  
 Fully Expanded, Beautiful  
 2 BDR, 2 full baths, with  
 all the bells and whistles  
 formal dining, Bay windows,  
 washer & Dryer and more!  
**Mutual 10-256C \$455,000**

**Coming Soon**  
 Fabulous 1 BDR, 1 1/4 bath,  
 Bay windows, Plantation Shutters,  
 Central A/C Heat, Granite  
 Counters, Laminate Flooring,  
 downtown Location  
**Mutual 12 - 6H \$225,000**

**Under Contract**  
 Partially Expanded 1 BDR, 1 1/2 Bath, Drive-up  
 convenience, full kitchen, A/C Heat Pump  
**Mutual 2 - 22D \$187,000**

**Service Is My Priority!**  
**Call me for a free market evaluation**  
**Leisure Living Resales**



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**Inventory has never been this low all year long! Now is the perfect time to list your current Leisure World unit for sale, we have buyers, buyers, BUYERS all looking to purchase! If you are interested in buying or selling inside Leisure World, come by our office any time to speak with one of our expert Realtors, we are open 7 days a week!**
























**Dawn Januszka**  
 Broker  
 DRE #02110501

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**Kathy Gupton**  
Associate Broker  
DRE # 00744676

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**Gloria Hadley**  
Realtor®  
DRE # 01057681

**562 618-9940      562 884-3594**



**Mutual 8-202J \$239,500**

This 2 Bedroom 1 Bath home features a washer dryer and additional living space with an enclosed side patio room and front screened patio room. Living Room has laminate floors, heat pump, and looks both patio's with sliding glass doors. Kitchen has white wood cabinets, newer counters, built-in microwave, oven, refrigerator, dishwasher, and skylight. Master bedroom has laminate floors, mirrored wardrobe closet doors, added storage above closet, and sliding glass door to patio. Second bedroom has laminate floors and mirrored wardrobe closet door. Bathroom has walk-in jacuzzi tub, washer/dryer, vinyl flooring and skylight. Enjoy convenient drive-up parking.

**Pending**



**Mutual 3-21A \$239,900**

This is a 2 Bedroom, 1 Bath Side-Expanded Corner Unit features a stained glass entry door, spacious storage closet and ceiling fan. This side expansion could be used as a dining area, office, den or bonus room. Living room is carpeted and has sliding glass doors to the patio. Kitchen has white cabinets and built-in Leisure World appliances. Master bedroom has mirrored wardrobe doors, carpet and has sliding glass doors to the patio. Bathroom has tile flooring, cut-down shower and skylight. Second Bedroom is carpeted with mirrored wardrobe doors. This unit is light, bright, faces southeast and enjoys wonderful breezes



**Mutual 11-267I  
\$167,000**

Great Location and Greenbelts surround this lovely 1 Bedroom, 1 Bath home. The living room is carpeted with Berber carpeting and has a fireplace. Kitchen has laminate boards, built-in stove, oven, dishwasher, refrigerator, and Leisure World appliances. The master bedroom also has Berber carpeting. Enjoy your private patio in this lovely location.



**Mutual 10-240B**

**Pending**



**Mutual 12-70D  
\$295,000**

This Beautifully expanded 2 Bedroom 2 Bath home features a spacious living room with Double Pane French Doors and Laminate Flooring. The kitchen has white cupboards, laminate boards, built-in stove, oven, dishwasher, refrigerator, added pantry, laminate flooring, and a large skylight. Master bedroom has walk-in closet, double pane sliding glass doors to patio with skylight, double pane sliding glass doors to patio, and ceiling fan. Master bathroom has tile floor, cut-down shower and skylight. Second bedroom is carpeted and has double pane sliding glass doors to patio. This lovely home also features central heat and air and a private tiled patio that has walk-in storage and overlooks charming green belt. This special home is in a great location, in move-in condition and has charming curb appeal. It is a must see.

**Pending**



**Mutual 14-15I  
\$449,000**

Elegantly Expanded 2 Bedroom, 2 Bath home with many lovely upgrades including a large spacious corner living room with a Bay window and plantation shutters. Beautiful leaded glass entry door leads the way into the Formal dining room. The fully remodeled kitchen has custom cabinets, granite counters, front facing sink, large skylight, with upgraded stainless-steel appliances including free standing range, dishwasher, microwave and refrigerator. Master bedroom has walk-in closet, double pane sliding glass doors to patio, and skylight. Master bathroom has tile floor, cut-down shower, white counters, and skylight. Second bedroom has walk-in closet, double pane sliding glass doors to patio, and skylight. This special home features Central A/C, thermo Bay windows with Plantation shutters, crown molding, wood floors, ceiling fans and brick entry porch. This is a Must See!

**Pending**

## Buying or selling...

*Whatever your circumstances, whatever your needs, we can help.*

### GIVE US A CALL

**Mutual 2-13F  
Mutual 2-51J  
Mutual 1-35J  
Mutual 11-285H**

**Mutual 2-19L  
Mutual 2-24D  
Mutual 1-30D  
Mutual 1-37F**

**Sold**

**Mutual 12-41G  
Mutual 2-46D  
Mutual 10-248D  
Mutual 11-277A**  
**Mutual 2-40L  
Mutual 8-203G  
Mutual 2-22J  
Mutual 1-27F**



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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)**





**Robin Gray**  
**(562) 209-5605**  
 rwgraysales@verizon.net  
 DRE 01027333

**LISTINGS WANTED!**

My Listings are Selling. I can SELL Yours too!!  
 And... Please know, I have implemented  
 ALL Covid-19 Guidelines to keep  
 everyone as safe as possible!  
 Call me for details!



13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



**Mutual 3-11-H**  
**\$174,900**

Drive up to this one bedroom with plenty of street parking for your guests! New **Pending** late floors, dual pane windows, heat-pump, skylights and patio storage!  
 This is a lovely unit - make it your own!!



**Mutual 14-48-E**

**\$315,000**

**Pending**

LOCATION - LOCATION - LOCATION!!!

The beach cottage you have been waiting for in one of the most sought after Mutual!! Two bedrooms, one bath high side expansion with convenient drive-up parking, an open view of the green and the surrounding neighborhood. An open concept floor plan, cut-down shower, heat/pump, skylights, and a wonderful patio with storage. This unit has such an awesome feel you will definitely want for your new home!!



**Mutual 1-42-C**

**\$174,000**

**Pending**

WALK TO CHURCH AND SHOPPING!

Great location near the St Andrews Gate! South facing One Bedroom, one Bath on an open green! Beautiful wood-look laminate floors, cut down shower, skylights, newer heat/pump and a covered patio - perfect for relaxing and soaking up the view! Street parking and laundry close by.



**Mutual 11-265-J**

**\$334,500**

Located on a fabulous green with views from every window is the fully expanded 2 Bedroom - One Bath with a covered porch to sit and relax and soak up the views and catch the breeze! The bedrooms are oversized with the **Pending** walk-in closet. The kitchen is open concept and the living room and formal dining are quite large. Also included is a walk-in soaking tub, washer/dryer, central heat/air, added storage in the carport area, skylights and large windows that bring in an abundance of natural light! Call me to see!!



**Mutual 1-57-L**

NEW LISTING

**\$220,000**

Fabulous View ... Two Bed, One Bath Cut-Off Corner with **Pending** late and tile floors, 3 skylights, dual pane windows/sliders with Plantation Shutters, screened in patio with tile floors!! Close laundry and carport parking.

See more at [www.sealbeachleisureworld.com](http://www.sealbeachleisureworld.com)



**Jim Duncan**  
 714-356-6717  
 Broker/Manager



**Mike Varipapa**  
 562 235-7413



**Robin Gray**  
 562-209-5605



**Barbara Diette-Dobias**  
 562-754-5628



**Kathy Gupton**  
 562-618-9940



**Gloria Hadley**  
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**Vickie Van Ert**  
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**Chris Kim**  
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 Seal Beach, CA 90740  
 BRE 00338699



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 Seal Beach, CA 90740

**BERKSHIRE HATHAWAY**  
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**HAVE BUYERS  
 NEED LISTINGS**

**Two-Bedrooms**

**Mutual 15 13L \$269,999**  
 2 bath, very clean, double pane,  
 enclosed patio, lam. floors

**Mutual 9 224G \$309,000**  
 corner, lots of windows, very bright,  
 3 skylights, drive up, tile floors



**Claudette "CC" Cooley**  
 310-484-9600



**Linda Patton**  
 562-522-3364



**Bill Berman**  
 714-606-5258





CAROL GASPER

REALTOR  
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562.716.1547

gcarol1966@gmail.com

<http://www.sealbeach-retirementcommunity.info>



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REAL ESTATE

12501 Seal Beach Blvd. #100  
Seal Beach, CA 90740

For 2021, I have a total of 42 Leisure World pending and closed sales.  
I have buyers for yours too! Call me today for a free market evaluation!



**13721 Alderwood Ln #28K | M3 | \$174,000**  
Bright 1 Bedroom, 1 Bath with Enclosed Patio. Brand New Indoor/Outdoor Carpet On the Patio, Brand New A/C Heat Pump, Three Skylights, Freshly Painted Throughout.



**13720 St Andrews Dr. #46G | M1 | \$464,900**  
Recently Remodeled 2 Bedroom, 2 Bath. Dual Pane Windows, Central A/C and Heat, Washer/Dryer, Stainless Steel Kitchen Appliances, Walk-In Closets. Close to Parking



**13860 Canoe Brook Dr. #5E | M3 | \$179,500**  
Drive-Up 1 Bedroom, 1 Bath. Freshly Painted, Skylight, Ceiling Fan, Tile Floors, Expanded Bedroom to Include Extra Den/Office with Large Storage Unit.



**13721 Alderwood Lane #28D | M3 | \$180,000**  
CLEAN 1 Bedroom, 1 Bath. Dual Pane Windows, Laminate Flooring, A/C Heat Pump, Custom Front Door. Great Drive-Up Location!



**1900 McKinney Way #22E | M15 | \$180,000**  
Unique 1 Bedroom, 1 Bath Upper Unit. Large Unit with Enclosed Patio, Plantation Shutters, Mirrored Closet Doors.



**1740 Interlachen Rd., #39A | M12 | \$320,000**  
Corner 2 Bedroom, 1 Bath. Great Drive-Up Location. High side Expansion, Double Door Entry, A/C Heat Pump, New Laminate Floors, Freshly Painted and WASHER/DRYER.



**1671 Interlachen Rd., #285i | M11 | \$370,000**  
One Of a Kind, Completely Remodeled 2 Bedroom, 1 1/2 Bath. New Vinyl Flooring, Quartz Countertops, Central A/C Heat, Washer/Dryer, Dual Pane Windows, Smooth Ceilings, Cam Lights. Parking Spot Close by. SOUND PROOF WALLS.



**1700 Tam O'Shanter Rd #2J | M14 | \$430,000**  
Beautiful Private Location! 2 Bedroom, 2 Full Baths. Full Size Washer/Dryer, Hardwood Floors, Central A/C Heat, Wainscoting, Dual Pane Windows, Cam Lighting, SOUND PROOFED WALLS.

On May 11th, 2021 a total of 25 units show as active listings on the CRMLS  
(this is where Realtors list property for sale).

5 - 1 bedroom/1 bath  
from \$172,000 to \$185,000

9 - 2 bedrooms/1 bath  
from \$220,000 to 294,500

11- 2 bedrooms/2 baths  
from \$269,900 to \$499,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

Inventory is at a record low so if you are thinking of selling, now is the perfect time. Please give me a call today for a free market evaluation!



"My place had been on the market nearly six months with another company. Nothing was happening. I canceled the listing and listed the property with Carol. She priced the property correctly, staged the place (beautifully, I might add). She even tidied up the patio, etc. as I had moved out of state. We had an offer in no time. She was very energetic and worked hard to find a buyer for my property. She saw to it that escrow ran smoothly and she was on top of the paperwork at all times. I highly recommend Carol."

-Ella M. Stern