



LW Weekly Arts editor Patty Marsters has won an OC Press Club Award in the Best Arts/Culture Story or Review category.

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Time For Fun

Sign up for the LW Library's trip to the OC Fair on Aug. 4.

Page 3

WATER CONSERVATION

It's time to stop hosing down patios, walkways

California Gov. Gavin Newsom has signed an executive order encouraging all Californians to reduce water use by 15 percent as 50 of the state's 58 counties, or about 42 percent of the overall population, are now in a drought-related state of emergency.

Newsom stated that the order is voluntary (for now at least) and called for smaller measures such as taking shorter showers and reducing landscape watering.

Orange County is one of eight designated as a severe drought area, while LA and 49 other counties are in extreme drought, according to the U.S. Drought Monitor.

Leisure World Mutuals, their contracted landscapers, as well as landscapers for GRF trust property have been alerted to the need to conserve water.

Seal Beach City staff plans to meet with the GRF to discuss best practices in water conservation. Some Mutuals have already scheduled specific watering times.

LW residents are asked to refrain from:

- Washing down porches, patios and sidewalks.
- Overwatering outdoor landscapes to cause excess runoff.
- Using leaky hoses or hoses that don't have shutoff nozzles.

Newsom has not specified whether mandatory restrictions would be required in the future, but said that Californians are using less water now than they did before the 2013-2016 drought, the last time statewide mandatory restrictions were imposed.

Residential use in California is 16 percent below 2013 levels. Still, on average, Americans use more than 80 gallons of water per day. But there is plenty people can do to conserve. In small everyday ways, individuals can help by:

- Fixing leaks, saving 110 gallons of water each month.
- Installing high-efficiency toilets,

WATER, page 13



Mark Barnett as Roy Orbison

POOL PROGRESS

Work is underway now that permits have been OKed

With City of Seal Beach and Orange County Health Care Agency approvals in place, work on the pool has begun in earnest.

As of July 27, pool excavation was 80 percent complete with the job expected to be completed by the end of the week. Workers have begun plumbing and electrical trenching. Locker rooms have been prepped for slab pouring, and laying the plumbing pipes will soon be underway.

The pool has been closed since November 2019, when potentially catastrophic defects were uncovered in the 1960s-era facility.

POOL, page 2



Crews are now excavating the pool.

ONLY THE LONELY
THE MUSIC OF ROY ORBISON
AMPHITHEATER TONIGHT

Revisiting the Orbison Years

Thursday, July 29

7:30 p.m. at the Amphitheater

Sponsors: MemorialCare Long Beach Medical Center, Independence at Home

Revisiting the Orbison Years pays tribute to Roy Orbison, known for his impassioned singing style, complex song structures and such iconic emotional ballads as "Only the Lonely," "You Got It" and "In Dreams." His music was described by critics as operatic, earning him the nicknames "the Caruso of Rock" and "the Big O."

In Revisiting the Orbison Years, Mark Barnett takes on the persona of Roy Orbison from the moment he walks onstage. With Roy's music and a video show, the tribute recounts Orbison's story from his years at the Sun Record Label to his death in 1988.

Barnett started out on his musical journey at the age of 13 singing in his father's band, The Johnny Barnett Show. In 1991, he struck out on his own with his Roy Orbison tribute show.

Over the years, Barnett and his group, the Black & White Knights, have performed at venues such as the Golden Nugget in Las Vegas, The Coach House in San Juan Capistrano and the Elks Opera House in Prescott Arizona, to name a few. Barnett has an authentic Orbison style and vocal range that captures the singer with such classic hits as "Crying," "Oh, Pretty Woman," "Running Scared" and more. The master musicians who make up The Black & White Knights bring all the ingredients of an actual Roy Orbison concert.

See CONCERT, page 3

LEISURE WORLD
GOLD SHOW!

Free Admission!

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- This Sunday August 1st
10am-5pm
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AMPHITHEATER MOVIE AUG. 6

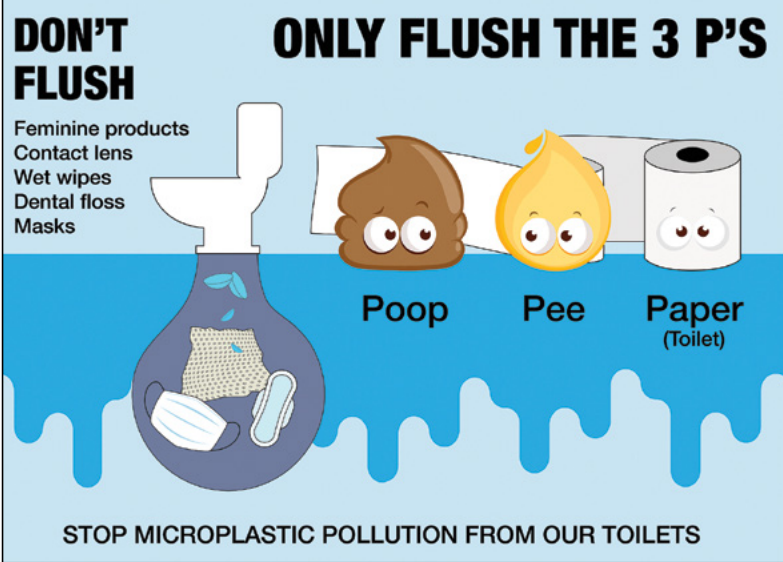
Award-winner 'Minari' to be shown

The GRF will screen the Academy Award-winning 2020 drama "Minari" on Friday, Aug. 6, at 8:30 p.m. in the Amphitheater. The show is co-sponsored by the Korean American Association. A very special personal greeting to LWSB, graciously provided by the film's prestigious editor, Harry Yoon, will precede the film that night.

"Minari" was produced by Brad Pitt, and written and directed by Lee Isaac Chung. It is a semi-autobiographical expression of the latter's family of South Korean immigrants trying to make a new life in rural Arkansas in the 1980s.

Jacob Li moves his young family from California to start over on a 50-acre farm, where he dreams of finding success in raising Korean fruits and vegetables for the 30,000 immigrants

MINARI, page 13



Protect the Pipes

Sewer lines can become blocked due to grease buildup or debris in the pipes. When this occurs, wastewater is stopped by the blockage and backs up to the first available outlet. This may be a toilet fixture or sink.

GRF Service Maintenance has seen an increase in blocked pipes in the community. LW Mutuals are in the process of replacing 60-year-old pipes, but in the meantime, residents can help prevent stoppages by:

- Never flushing diapers, feminine hygiene products, paper towels or cleaning wipes down the toilet. The only things that should be flushed are the three Ps: poo, pee and toilet paper.
- Never pouring fats, oil or grease into your kitchen sink. Grease adheres to the inside of sewer pipes. It can build up and block the pipe, causing an overflow. Fats, lard, oil, butter, food scraps, sauce and dairy products should be disposed of in the trash.

Tips for proper disposal

- Save cooking grease in an old coffee can or cardboard milk container. Once cooled, dispose of it in the trash.
- Throw coffee grounds away in the garbage or add them to your mulch pile.
- Use a screen or drain-grate to cover the drain's opening.

To keep pipes clean, pour one cup of vinegar down the drain and let it sit for 30 minutes; then chase it down with very hot water. Vinegar is a wonder cleaner.

It contains acetic acid, which acts as an excellent organic solvent in removing organic buildup of crud in pipes.

Sink strainers are available through the GRF Purchasing Department at the Copy and Supply Center in Building 5.

SCAM ALERT

How to spot a ‘phishing’ trip

Phishing is not a new phenomenon, but due to the increasing complexity of phishing scams, knowing how to spot a phishing email is becoming more important than ever to protect personal data.

How to Spot a Phishing Email

The first step in spotting a phishing email is knowing what it is. The most accurate definition of a phishing email is an email sent to a recipient with the objective of making the recipient perform a specific task. Attackers make their emails look genuine and include a request to click on a link, open an attachment or provide other sensitive information such as login credentials.

Socially engineered phishing emails are constructed to appear genuine to their targets. The recipient is more trusting of the email and performs the specific task requested in the email.

If the recipient clicks on a link to a malware-infected website, opens an attachment with a malicious payload or divulges their login credentials, an attacker can access his or her information undetected.

7 Ways to Protect Yourself

Phishing emails often evade detection by email filters due to their sophistication. They have the right Sender Policy Frameworks and SMTP controls to pass the filters front-end tests. Because

SCAM, page 23

COVER COVER LW Library

This occasional column will feature the LW Library and all it has to offer LW residents.

by Vanessa Morris library operations supervisor



Vanessa Morris

Agatha Christie was a pioneering mystery writer in the 20th century. According to Guinness World Records, Christie is the world's best-selling fiction writer with estimated sales of over 2 billion. She was contemporary for her time; her depictions of human behaviour and motivations are still relevant today.

The novels are composed of cunning storylines with astute observations and a touch of humor. “And Then There Were None” is Christie's best-selling novel, with 100 million sales to date, making it the world's best-selling mystery ever and one of the best-selling books of all time. “The Mousetrap,” Christie's stage play, written as a birthday present for Queen Mary, is the world's longest-running play.

The most recent film adaptation of “Murder on the Orient Express” was released in 2017, which is 83 years after the book by the same title. Most of Christie's books and short stories have been adapted for television and more than 30 feature films are based on her work. Visit the Leisure World Library and check out its extensive collection of Agatha Christie, the Queen of Mystery.

CAP Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be Thursday, Aug. 19.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household.

To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID.

For more information, contact Roberta Arshat in GRF Member Resources at (562) 431-6586, ext. 317, or robertaa@lwsb.com.

Minibus Orientation Returns Aug. 5

The Golden Rain Transportation Department is happy to announce the return of the monthly bus information meetings on Aug. 5. These meetings are conducted on the first Thursday of every month in Clubhouse 3, Room 3. The session runs from 10-11:30 a.m. Pre-registration is not required.

The GRF Transportation Department will provide information on using the Leisure World Minibus service as well as on the GRF appointment-based Access (wheelchair) bus service.

Information will also be given on other local area bus and transportation services to nearby grocery shopping and medical service destinations.

This month, the talk will include an in-depth presentation on the new City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

These monthly informational sessions are for new or current shareholders who would like to learn more about Minibus service routes and timetables.

For more information, call (562) 431-6586, ext. 372, and ask to speak to Grant Winford, fleet manager.

Smartphone Training Available

Let the expert trainers at California Phones help you make the most of your smartphone. Android and iPhone webinar trainings are offered free from the comfort of your own home. Space is limited.

Learn how to operate basic functions, send text messages, make text larger, connect Bluetooth devices, make smartphones louder and easier to hear, and more.

This is a two-part online training. To participate, you will need a computer, Internet service and a valid email address.

For more information or to sign up, call 1-866-271-1540 or email smartphonetraining@ddtp.org.

POOL from page 1

The project that started as a simple remodel soon morphed into a full-blown reconstruction in the name of safety. The project coincided with the coronavirus epidemic, which has delayed construction, parts procurement and other facets of the job.

The facility will boast a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area in a reconfigured space to maximize potential.

PRELIMINARY POOL SCHEDULE/PENDING MATERIAL AVAILABILITY		
Action	Start	Complete
Form and prep pool, pool plumbing, excavation	Monday, July 26	Monday, Aug. 23
Shotcrete pool and cure time	Monday, Aug. 23	Friday, Sept. 3
Pool coping, pool tile, hand rails, hydraulic handicap lift, plaster	Friday, Sept. 3	Thursday, Sept. 30
Pool plumbing in equipment room, connect final plumbing, pool deck poured.	Friday, Oct. 1	Monday, Nov. 15

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20% off first bill up to \$100
for Leisure World residents when you mention this ad!



OC PRESS CLUB

LW Weekly editor wins writing award

The Orange County Press Club's annual Excellence in Journalism Awards presentation was held virtually on July 22. Among the award winners was LW Weekly editor Patty Marsters, who placed third in the Best Arts/Culture Story or Review category for Specialty Publications with "ICT streams performance of 'Daisy,' starting Oct. 24."

The article appeared in the Oct. 22, 2020, edition of LW Weekly.

According to its website, the OC Press Club exists to support, promote and defend quality journalism in Southern California. Its membership includes Orange County-based publishers, editors, journalists, reporters, broadcasters, public information officers, public relations professionals and journalism students.

The members of the club's board of directors represent about 10 different Orange County outlets.

In this year's contest, there were 154 entries from 97 mem-



Patty Marsters

bers across 50 categories.

Marsters joined LW Weekly as a page designer and editor, managing the Arts & Leisure, Government, and Health & Fitness sections, in October 2020.

She has served on the board of the OC Press Club for 23 years and is currently its treasurer.

Emergency Broadband Benefit Offered

During shutdowns required to fight the COVID-19 epidemic, having an Internet connection was necessary to stay connected with family and friends, fending off loneliness and isolation for many older adults. There were video chats, telehealth visits, YouTube prayer sessions, online classes are examples. Once people become familiar with the Internet, the whole world opens up. A device as simple as an electronic reader like Kindle and Internet access can put an entire library at a person's fingertips.

To help seniors afford Internet service, the Federal Communications Commission launched the Emergency Broadband Benefit program (EBB) in May. It offers up to \$50 a month to offset broadband costs for low income people like those on Medicare or receiving SSI or SNAP.

EBB is making \$3.2 billion available for people with low incomes or whose income declined substantially during the coronavirus pandemic. The program was part of the third stimulus bill and will connect eligible households to jobs, critical healthcare services, virtual classrooms.

About the Emergency Broadband Benefit

The EBB will provide a discount of up to \$50 per month toward broadband service for eligible households and up to \$75 per month for households on qualifying tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The EBB is limited to one monthly service discount and one device discount per household.

Who Is Eligible for the Emergency Broadband Benefit Program?

A household is eligible if a member of the household meets one of the criteria below:

- Has an income that is at or below 135 percent of the Federal Poverty Guidelines or participates in certain assistance programs, such as SNAP, Medicaid or Lifeline. The income limit increases with the number of people living in the same household. Others who have experienced a substantial loss of income since the pandemic started in 2020 may also qualify. Income limits are \$17,388 for one person; \$23,517, two people; and \$29,646, three people.

- Experienced a substantial loss of income due to job loss or furlough since Feb. 29, 2020, and the household had a total income in 2020 at or below \$99,000 for single filers and \$198,000 for joint filers

- Meets the eligibility criteria for a participating provider's existing low-income or COVID-19 program.

How to Apply

Eligible households must both apply for the program and contact a participating provider to select a service plan.

INTERNET, page 13

CONCERT

from page 1

Come celebrate summer on July 29. Admission is free. Residents must have GRF photo ID cards for admission to Amphitheater shows. Non-resident guests must be accompanied by a resident shareholder.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of Amphitheater on St. Andrews Drive along the southbound lanes.

Minibus transportation will be available before and after shows. Koffel's food trucks and Mandie's Candies will provide options for pre-event dining.



The OC Fair is open until Aug. 15

Take a Trip to the OC Fair

The Leisure World Library invites everyone on an excursion to the Orange County Fair, which is open until Aug. 15. The LW bus will depart on the morning of Wednesday, Aug. 4, for residents who register for this trip. Tickets cost \$30.

To purchase tickets, stop by the Recreation Department in Building 5. For more information on the trip, call the LW Library at (562) 598-2431.

For information regarding ticket availability, call (562) 431-6586, ext. 326.

This year, there are over 60 food and drink vendors, over 50 games and rides, and dozens of shopping vendors selling unique

products. There are also competitions with entries on display in woodworking, fine arts, photography, flower displays and more.

Centennial Farm is open so people can visit horses, bees, camels and other livestock.

The theme of the fair is "Time for Fun," and OC concessionaires have been concocting tasty new treats to delight fairgoers who have been waiting for their favorite summer tradition to return—crazy fair food.

With so much to choose from, here are some of the highlights of this year's food offerings: Pepe's Mariscos fresh Mexican seafood; sugar-rimmed lemonade; waffle cones with buffalo chicken and

mac and cheese; banana cream funnel cake; candy apples; 50/50 brownie parfait with bavarian cream and such crazy combos as chicken lumpia; fried chicken funnel cake; and Italian nachos.

OC Fair classics and favorites will return, bringing giant turkey legs, deep-fried sweets, bacon-wrapped corn dogs, great barbecue, cotton candy and ice cream.

The Wine Courtyard, hosted by the Orange County Wine Society, features award-winning wines that are available for purchase by the glass.

The OC Fair has added more shaded tables and seating areas and has increased sanitization procedures to keep everyone safe.

An Important Message for Dr. Wayne Freeman's LW Patients

As of August 1, 2021, Dr. L. Wayne Freeman will be leaving the LW Health Care Center and moving to a new location, which will be

announced shortly. He will be able to see his and Dr. Dolorico's patients.

All patients will be contacted with the future office location. If you have questions, please call the Leisure World office: (562) 795-6227.



L.W. Freeman, MD, Inc.
Ophthalmology

Perspectives

Letters to the Editor

Editor:

I live in an end unit on El Dorado Drive in Mutual 8. I am in direct line to the wall and the DWP power plant.

This unit was remodeled with dual pane sliders. I asked about the noise generated by DWP and was told that the noise level was being improved by the installation of new towers and that it was already better than it had been. I moved in believing it was getting better.

After several large tanks were dismantled, an increase in a high pitch whine and humming started. Friends noticed the increase in noise. I spoke with a DWP supervisor, who said removing the tanks possibly took away a sound barrier. The noise is a constant, 24/7.

I tried foam ear plugs and noise-blocking headsets (with no music) and installed heavy duty plastic blinds in my patio to try to dampen the noise.

I even block the vent in my bathroom, which funnels outside noise.

All the traffic, commercial airplanes, construction work, mower/blower landscapers, loud-talking people, slamming car doors, everything outside my unit wall stops at night, except the noise from the DWP.

How can I get the DWP to try to mitigate its noise pollution?

Your recent article on noise stated, "The annoyance can have major consequences," and I can confirm that.

Victoria Wood
Mutual 8

Editor's note: The Los Angeles Department of Water and Power (LADWP) is dismantling and removing decommissioned power units at the Haynes Generating Station adjacent to Leisure World.

The dismantling of units is being done in phases, and all equipment and debris will be trucked away.

Dismantling work is scheduled to take place Monday-Friday from 7 a.m.-6 p.m. No planned dismantling work is scheduled for weekends and holidays. Monitoring instruments measure noise and vibration levels during all work to maintain levels below the required limits, according to LADWP officials. Residents who have concerns regarding the dismantling work can contact the project team directly on the Haynes Demolition Information Line at 1-800-531-6638.

Editor:

NPR today presented a study on the importance of libraries to communities.

The study concluded that libraries, the people who work in them and the people who visit them are critical in maintaining our democracy. So please visit our excellent LW Library and the Friends of the Library Bookstore and feast on the wonders that

they hold and know that each of us can make a difference in our community life.

Also, if you have extra time, consider volunteering your services. Your energy and talents would be welcome!

Pat Kruger
Friends of the Library volunteer
Mutual 9

Editor:

My thanks to Pastor Bruce Humes for offering a very wholesome and "feel good" movie. "Woodlawn" was a wonderful movie that offered hope and joy to those viewing it.

What a wonderful way to spend a couple of hours a month. If you want your spirits lifted, watch for the LW newspaper's First Christian Church article about the next great movie (usually at the end of the month).

Linda Johnson
Mutual 15

Member Column

by Jim Greer

LW contributor

During Abilene's summer kick-off concert at the Amphitheater, it felt like things were back to normal. Thousands cheered, sang, danced and did the hand jive. For an hour and a half, we broke out of the Groundhog Day cycle and started toward a new life.

In the lockdown period of the pandemic, many worked from home permanently planted in front of a computer screen during work hours. A psychologist from Arizona State University, Michelle Shiota, discovered after six months of lockdown she didn't feel like herself. By the fall of 2020, she felt as though her mind had shrunk. Fortunately, she knew just what could help her break the mind-numbing cycle.

Michelle's shrinking brain rebounded when she got outside for a few minutes each day to search for "awe." This newly adopted routine forced Michelle to look beyond herself and take in new discoveries that were outside her daily routine.

Piercarlo Valdesolo, a researcher at Claremont McKenna College, describes awe as "the feeling that occurs when you encounter something unexpected, unexplainable, vast and extraordinary."

My search for awe was in the discovery of colorful flowers and trees throughout Leisure World on my morning walks. Thousands of shareholders graciously shared

COLUMN, page 23

2021년 썰비취 한인 합창단 단원모집 (Korean American Chorale)



14년의 역사를 지닌 썰비취 한인합창단에서는 2021년.

Seal Beach Chorale has a 14 year history.

제10회 정기연주회를 앞두고 단원을 모집합니다.

Our 10th concert is being planned.

Leisure World 거주 하시는 분으로 노래를 사랑하고.

Anybody who loves and lives in Leisure World may participate.

찬양하길 원하시는 분들은 아래 번호로 연락 주시기 바랍니다.

Please, call the phone number below.

단 장 : 이성남 (973/202-8192)

총 무 : 이종수 (818/919-2038)

연습시간 : 매주 금요일 오전 9시-12시까지

Practice Time: Every Friday 9:00 AM - 12:00 AM

연습장소 : Club House 3 Lobby

Practice Place:

제10회 정기연주회 예고
10th Concert

일시 : 2021년 11월20일(토) 오후2:00시

Date/Time: 2021 year November 20th (Saturday) 2:00 PM

장소 : Leisure World Community Church

Place:

지휘자 : 백경환 목사 반주자 : 조애영집사

Conductor: Pastor, Back Kyung Hwan Pianist : Joe Ae Yong

단장 : 이성남

Leader: Lee Sung Nam

Letters Policy

Letters to the Editor should include your name, Mutual number and phone number, and be emailed to rutho_news@lwsb.com or typed and delivered to the LW Weekly office.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.



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Serving the Shareholders of

Leisure World Seal Beach



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Government

Recap of GRF Board Activity, July 27

Approved Consent Agenda MOVED and approved the consent agenda that included committee/board meeting minutes for the month of May: Recreation Committee, May 3; Physical Property Committee, May 5; Executive Committee, May 14; GRF Board, May 25; Special GRF Board of Directors, June 1, 8, 11 and 29. Also: July GRF Board Report, July 27; acceptance of the Financial Statements, June, for Audit; and the approval of Reserve funds investment purchase.

General
Establish Ad Hoc Committee: **MOVED** to approve and thereby establish the Management Services and Contract Ad Hoc Committee and grant to the Ad Hoc Committee limited authority specifically stated within the GRF governing documents, policies or other authority as granted by the BOD or as stated within such policy.
MOVED to approve the appointment of GRF Directors Carole Damoci as Chair, plus Paula Snowden, Marsha Gerber, Paul Pratt and Phil Friedman; Mutual Presidents Mike Levitt (Mutual 4), Jeri Dolch (Mutual 8), Rich Carson (Mutual 14) and Jackie Dunagan (Mutual 15); and Resident Specialist Kathy Rapp to the Management Services and Contract Ad Hoc Committee.

Communications/IT Committee
Approve Contract Amazon S3 Cloud Backup: **MOVED** to approve a contract with Amazon for the implementation of AWS S3 Glacier backups for \$80 per month to be charged to 6481000-934 (Computer Maintenance & Software). Costs will increase over time as the data storage grows.
Amend 20-5583-3, Advertising Procedures: **MOVED** to amend the unpaid balance terms, as presented in 20-5585-3, Advertising Procedures.

Executive Committee
Amend 50-1640-4, Active Membership Certificate: **MOVED** to amend 50-1640-4, Active Membership Certificate, updating the document language regarding owners who do not qualify for occupancy, as presented.
Approve Use of Trust Amenities by the Emergency Preparations Group: Removed from agenda on July 21.

Finance Committee
Reserve Funds for Investing in Indexed CDs: **MOVED** and approved the amended guidelines provided to the investment advisor that eliminates the time constraint on the term and the requirement for interim payments and sets a return rate of 3.5 percent or greater to increase the likelihood of purchasing an indexed CD, in accordance with Policy 40-5520-1, Reserves.
TENATIVE VOTE: Amend 40-5061-2, Fees: **MOVED** to refer 40-5061-2, Fees, back to the Finance Committee for review.

Physical Property Committee
Capital Funding Request—Clubhouse 2, Bocce Ball Court: **MOVED** to award a contract to MJ Jurado to remove the sod and install concrete at the east end of the Bocce Ball Court at Clubhouse 2 and add two handrails, for a cost not to exceed \$3,250, Capital funding, and authorize the president sign the contract.
Reserve Funding Request—Repair, slurry and restriping of the Parking Lots at the Administration Building, Building 5, and Clubhouses 1 and 6: **MOVED** to refer Reserve Funding Request—Repair, slurry and restriping of the Parking Lots at the Administration Building, Building 5, and Clubhouses 1 and 6, back to the Physical Properties Committee for review.
Conceptual Approval—Electric Vehicle Charging at St. Andrews Gate: **MOVED** to

approve to locate four chargers at the exit parking of St. Andrews Gate, pending approval of the SCE rebate.

Recreation Committee
Rescind 70-1406-04-1, Ladies Pool and Billiard Room: **MOVED** to tentatively rescind 70-1406.01-1, Ladies Pool and Billiard Room, due to its discriminatory nature to any shareholder or authorized individual other than a female, as presented.
Mini Farm Professional Design Services: **FAILED TO MOVE** to a contract for professional design services from the proposals received, Capital funding.
MOVED to direct the Recreation Committee to develop a questionnaire and seek Shareholder/Member feedback on the optimum use of Trust property commonly identified as the 1.8 Acres.
FINAL VOTE: Amend 70-1468-1, Swimming Pool Rules: **MOVE** to refer 70-1468-1, Swimming Pool Rules, back to the Recreation Committee for review.
FINAL VOTE: Amend 70-1487-1, Recreational Vehicle Lot (RVL) Rules and Regulations: **MOVED** to amend 70-1487-1, Recreations Vehicle Lot (RVL) Rules and Regulations, updating “legal residents” to “authorized residents,” establishing that the annual lease fee shall increase at the time of the renewal, and updating policy language, as presented.
FINAL VOTE: Amend 70-1428-3, Clubhouse Artwork Displays: **MOVED** to amend 70-1428-3, Clubhouse Artwork Displays, updating document language and establishing the terms for displaying artwork, including display location, length of display period, artwork content, sales and publicity, as presented.
FINAL VOTE: Amend 70-141-1, Facility Reservations: **MOVED** to amend 70-1411-1, Facilities Reservations, updating document language, reducing the number of weekly reservations from three to one, with additional reservations at the discretion of the Recreation Director, and prohibiting recurring holiday reservations, as presented.

Security, Bus & Traffic Committee
Conceptual Transportation Consultant Approval: **MOVED** to conceptually approve the seeking of proposals from professional transportation consultant to: 1. Complete evaluation of internal Minibus and Access Bus operations; 2. Meet with GRF fleet manager, bus driver staff and SBT members; 3. Meet or survey bus customers/users; 4. Evaluate passenger service usage and needs and provide recommendations for current and future bus operations; and 5. Evaluate costs and provide recommendations to control costs and improve efficiencies of internal bus service operations.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Tues., Aug. 3	Mutual 17 Conference Rm A..... 1:30 p.m.
Thurs., Aug. 5	Presidents' Council Clubhouse 4/virtual9 a.m.
Mon., Aug. 9	Mutual 9 Conference Rm A.....9 a.m.
Tues., Aug. 10	Mutual 1 Annual Meeting Clubhouse 4 10 a.m.
Tues., Aug. 10	Mutual 16 Conference Rm A..... 2 p.m.
Wed., Aug. 11	Mutual 4 (open forum, 9 a.m.) Conference Rm A..... 9:15 a.m.
Thurs., Aug. 12	Mutual 12 Conference Rm A.....9 a.m.
Fri., Aug. 13	Mutual 3 Conference Rm A.....9 a.m.
Mon., Aug. 16	Mutual 15 Conference Rm A..... 1 p.m.
Tues., Aug. 17	Mutual 14 Conference Rm B 1 p.m.
Wed., Aug. 18	Mutual 5 Conference Rm B9 a.m.
Wed., Aug. 18	Mutual 7 Conference Rm A..... 1 p.m.
Thurs., Aug. 19	Mutual 2 Conference Rm A.....9 a.m.
Thurs., Aug. 19	Mutual 11 Conference Rm B 1:30 p.m.
Mon., Aug. 23	Mutual 8 (open forum, 9:15 a.m.) Conference Rm A..... 9:30 a.m.
Wed., Aug. 25	Mutual 10 Conference Rm A.....9 a.m.
Thurs., Aug. 26	Mutual 1 Conference Rm A.....9 a.m.
Fri., Aug. 27	Mutual 6 Conference Rm A..... 10 a.m.

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

Carport Cleaning

Since most of the holidays in 2021 fall on workdays for LWSB’s cleaning contractor, all carports will be cleaned this year on the actual holiday, with the exception of Thanksgiving (Nov. 25). The following carports will be cleaned the morning of Nov. 30:
Mutual 11: Carports 130-131
Mutual 15: Carports 7-8, 10 and 13
Mutual 16: Carport 9
The following carports will be cleaned that afternoon:
Mutual 15: Carports 3, 6, 11-12

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Mon., Aug. 2	Recreation Committee Clubhouse 4/virtual 1 p.m.
Wed., Aug. 4	Physical Property Committee Conference Rm A/virtual 1 p.m.
Thurs., Aug. 5	GRF Executive Committee Conference Rm A/virtual 1 p.m.
Fri., Aug. 6	GRF Board Executive Session Admin Conf Rm/virtual 1 p.m.
Mon., Aug. 9	Mutual Administration Committee onference Rm A/virtual 1 p.m.
Wed., Aug. 11	Security, Bus & Traffic Committee Conference Rm A/virtual 1 p.m.
Thurs., Aug. 12	Communications/IT Committee Conference Rm A/virtual 1 p.m.
Fri., Aug. 13	Architechtrual Design & Review Committee Conference Rm A/virtual 1 p.m.
Mon., Aug. 16	Finance Committee Conference Rm A/virtual 10 a.m.
Tues., Aug. 17	Website Ad Hoc Committee Conference Rm A/virtual 1 p.m.
Tues., Aug. 24	GRF Board Monthly Meeting Clubhouse 4/virtual 10 a.m.

2021 GRF and Mutual Election and Annual Meeting Schedule

	Mu.	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time
MAY	10	4/19	3 rd Wed	5/19	10 a.m.
	14	4/20	3 rd Thu	5/20	10 a.m.
	7	4/21	3 rd Fri	5/21	10 a.m.
	8	4/22	4 th Mon	5/24	10 a.m.
	4	4/26	4 th Wed	5/26	10 a.m.
	16	4/26	4 th Wed	5/26	2 p.m.
	11	4/27	4 th Thu	5/27	10 a.m.
JUNE	9	4/28	4 th Fri	5/28	10 a.m.
	Golden Rain Foundation	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time
	Mutual 3	Fri. 4/30	1 st Tues.	6/1	10 a.m.
	Golden Rain Foundation	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time
JUNE	Mutual 1	Fri. 5/28	5 th Tues.	6/29	9 a.m.
	Mu.	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time
	6	5/5	1 st Fri	6/4	10 a.m.
	5	5/6	2 nd Tue	6/8	10 a.m.
	3	5/10	2 nd Wed	6/9	10 a.m.
	12	5/11	2 nd Thu	6/10	10 a.m.
JUNE	2	5/12	2 nd Fri	6/11	10 a.m.
	15	5/19	3 rd Fri	6/18	10 a.m.
	17	5/20	4 th Tue	6/22	10 a.m.
AUGUST	Mu.	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time
	1	7/9	2 nd Tue	8/10	10 a.m.

NOTE:
*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.

Puzzles & Comics

Answers on page 20

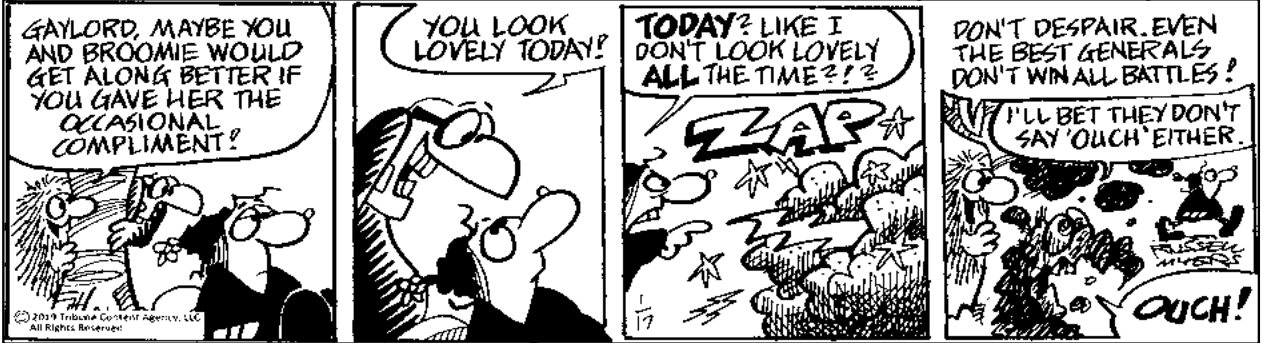
Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

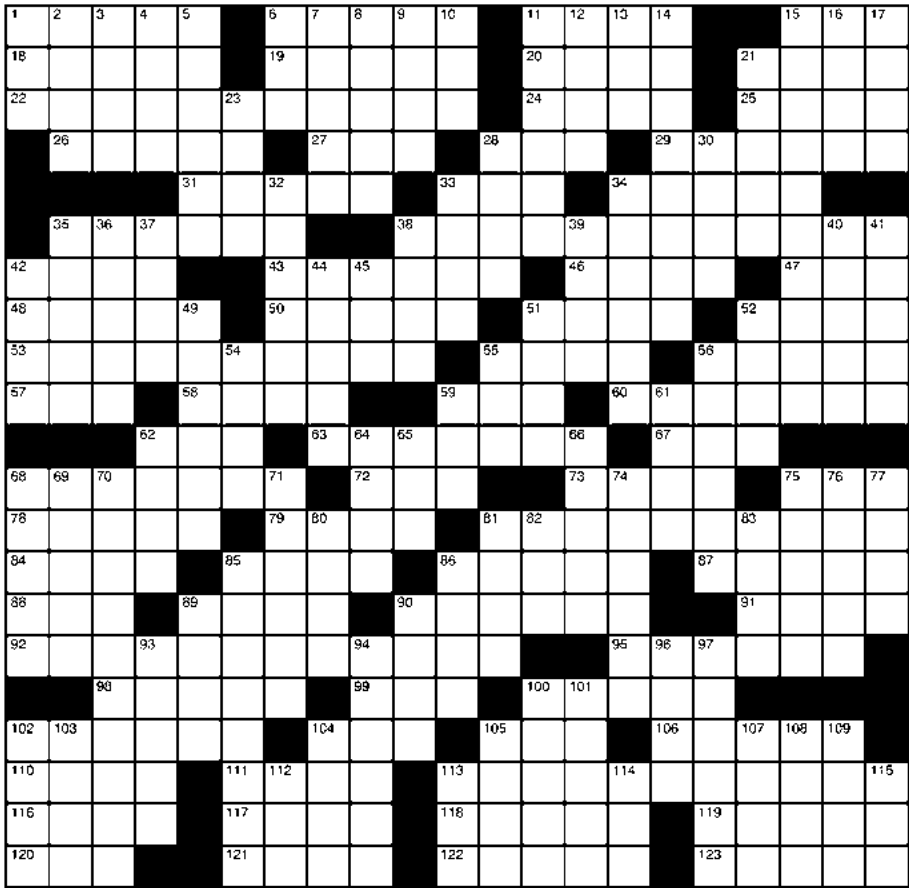


Hop to It

Edited by Linda and Charles Preston

ACROSS

- 1 Like some raccoons
- 6 Robbery
- 11 Rough rock
- 15 Watch chain
- 18 Actress Verdugo
- 19 Kovacs or Pyle
- 20 Jedi instructor
- 21 "The Wind in the Willows" character
- 22 Don Quixote's sidekick
- 24 Laugh loudly
- 25 Length x width
- 26 Domain
- 27 So there!
- 28 Little guy
- 29 Hungarian composer
- 31 Late actress Stevens
- 33 Holm, of "The Hobbit"
- 34 Foundation
- 35 Duty assignment
- 38 German philosopher: 1788-1860
- 42 San ____, NW Italy
- 43 Windy instrument?
- 46 Bring down the house
- 47 Married Mlle.
- 48 Ghana's capital
- 50 See 58 Across
- 51 Trademark design
- 52 WWII gun
- 53 "Rat Pack" member
- 55 Monastery garb
- 56 Whiff
- 57 Assent at sea
- 58 With 50 Across, "My Theodosia" author
- 59 Wine and dine
- 60 Anthony, of "ER"
- 62 Flavor enhancer; abbr.
- 63 Burbank's airport
- 67 Above, to Shelley
- 68 Steve, of "The Blob"
- 72 Salary
- 73 Powerful, in combinations
- 75 Burro
- 78 Reunion attendees, for short
- 79 Spirited style
- 81 Won-Ton utensils
- 84 Chubby Checker has three
- 85 Monopoly destination
- 86 Port-au-Prince's location
- 87 Small herring
- 88 Contains
- 89 Tardy
- 90 Soft color
- 91 Groups
- 92 Medical specialists
- 95 Stand in the way
- 98 Davenport denizen
- 99 __ West
- 100 Authorized by law
- 102 Like a goat's hoof
- 104 Fitting
- 105 John Ritter's dad
- 106 Piano virtuoso Franz
- 110 Use a whetstone
- 111 Madame Bovary



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8/9/20

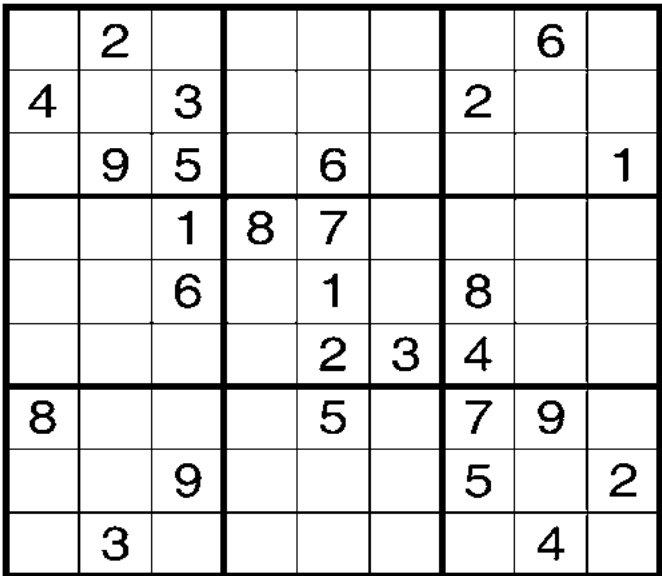
- 113 Main Street merchants
- 116 Always
- 117 Cruise
- 118 Crete's capital
- 119 Proportion
- 120 Tie the knot
- 121 __ St. Vincent Millay
- 122 Where to find Siena
- 123 Philatelist's purchase

DOWN

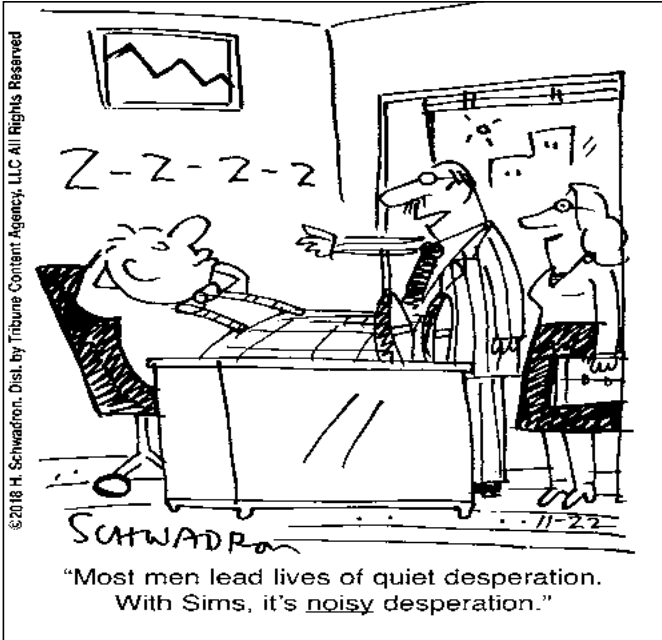
- 1 __ gestae: L.
- 2 Winged: L.
- 3 Soul singer __ King
- 4 Machu Picchu native
- 5 Showy perennial flower
- 6 Drill-sergeant's shout
- 7 Clear the slate
- 8 Private
- 9 Label number
- 10 Afternoon delight?
- 11 Rostand hero
- 12 Crucifix
- 13 Nabokov novel
- 14 Chickpea
- 15 Civil War site
- 16 Spread in a tub
- 17 Hummingbird's honker

- 21 Diva Callas
- 23 Hawks' home, once
- 28 Oz's cowardly Lion actor
- 30 1975 Wimbledon winner
- 32 Highly varnished
- 33 Orthodox image
- 34 Snoopy, for one
- 35 Sitting duck?
- 36 Host a roast, e.g.
- 37 British pol
- 38 Knock it off!
- 39 Freightier front
- 40 Edit a text
- 41 Landlord's collections
- 42 Punjabi prince
- 44 Change for the better, for short
- 45 From __ Z.
- 49 Takes down a peg
- 51 Lariat part
- 52 Ahab's mark
- 54 "Picnic" playwright
- 55 Pigeon English?
- 56 Joggers' wear
- 59 Youngster's query
- 61 Follows closely
- 62 __ the word
- 64 Autumn birthstone
- 65 Prohibit
- 66 Overact
- 68 "___ Man": 1978 song
- 69 Unequivocal
- 70 Cross-examined
- 71 Tidy up
- 74 Author's afterthought: var.
- 75 Farmland measure: pl.
- 76 Ray fish
- 77 Fast fliers
- 80 Didn't come clean
- 81 Singer Mama __
- 82 Gold record
- 83 __ facto
- 85 Hailing from Honshu
- 86 Feel animosity
- 89 Rob, of "Wayne's World"
- 90 H.S. exam
- 93 Suspend a chopper
- 94 Serengeti speedster
- 96 Wan
- 97 "Home Improvement" prop
- 100 Soprano Mitchell
- 101 Dismiss from school
- 102 Enjoy toffee, say
- 103 Mike of the Beach Boys
- 104 Infamous Idi
- 105 "___ Touch of Mink"
- 107 Mini-misunderstanding
- 108 Sixth Greek letter
- 109 Hang tinsel
- 112 Beyond batty
- 113 Biol. or chem.
- 114 Actress Lenz
- 115 Soak (up)

Sudoku 1



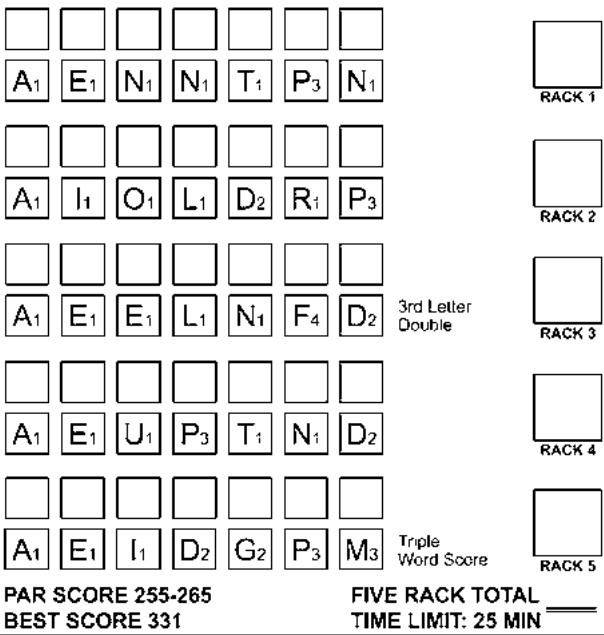
9 To 5 By Harley Schwadron



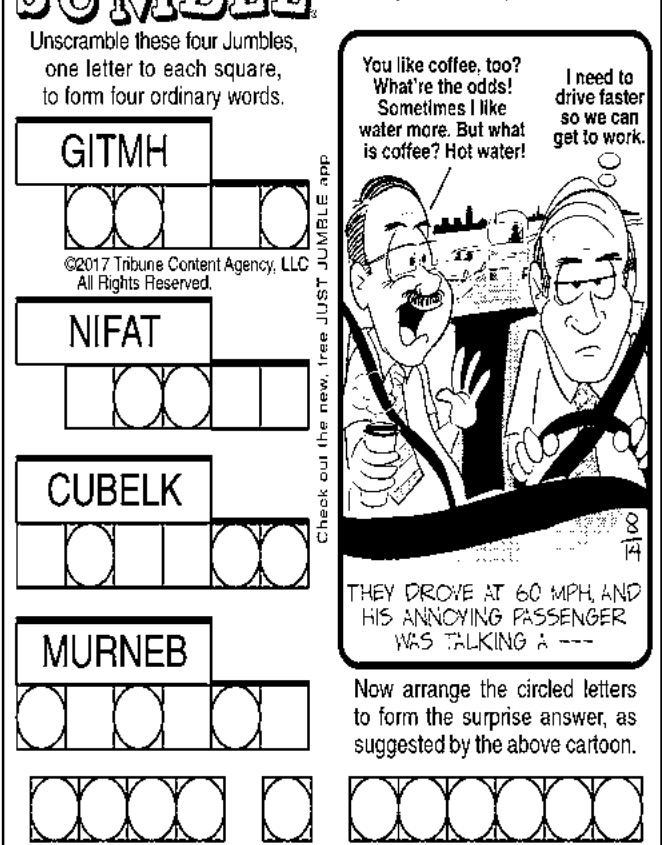
The Observer Crossword Puzzle

SCRABBLE G R A M S

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JUMBLE THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek



I am an athlete born in California on August 3, 1977. I watched the 1981 NFC championship game at age 4 and got hooked on football. As a quarterback, I have won seven Super Bowl Championships and agreed to play for a new team.

Level: Advanced

Puzzles & Comics

Answers on page 20

⊙ * ☐ ⊗ ⚡ ~ ◐ ✂ ✧ ✱ ✨ ✕ ✖ ✛ ✜ ✞ ✟ ✠ ✡ ✢ ✣ ✤ ✥ ✦ ✧ ✨ ✩ ✪ ✫ ✬ ✭ ✮ ✯ ✰ ✱ ✲ ✳ ✴ ✵ ✶ ✷ ✸ ✹ ✺

CRYPTO FUN

☐ ◐ ✂ ✱ ✈ ✛ ~ ✨ +

Determine the code to reveal the answer!

Solve the code to discover words related to eye health and safety.
Each number corresponds to a letter.
(Hint: 15 = I)

A. **26 15 17 15 2 4**

Clue: Ability to see

B. **21 10 18 15 4 24**

Clue: Part of the eye

C. **3 6 24 21 15 18 7**

Clue: Sharpness of image

D. **19 15 17 18 24 4 3 10**

Clue: Length between objects

By David L. Hoyt and Jeff Knurek

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT METALS in the grid of letters.

_____	_____
_____	_____
_____	_____
_____	_____

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F	L	O	A	T	E	R	S	M	G	I	D	O	R	B	A	I	S	H	S
R	F	S	D	T	B	O	C	L	P	O	M	L	L	L	V	D	H	U	V
G	M	D	P	N	H	O	P	L	R	A	S	T	L	U	O	S	C	M	T
T	T	I	E	I	N	E	A	S	C	T	I	H	M	R	P	G	C	C	C
A	U	L	D	T	O	E	U	U	S	A	R	G	R	R	H	N	P	R	R
L	M	N	A	U	H	D	H	S	T	B	B	I	S	Y	T	O	O	E	B
R	S	C	N	N	U	A	A	G	P	E	D	S	M	N	H	I	D	A	D
M	T	B	C	A	T	A	R	A	C	T	R	S	B	G	A	U	L	I	S
S	S	E	I	G	R	E	L	L	A	L	S	U	S	N	L	H	A	D	S
U	R	Y	V	P	P	V	C	C	T	Y	O	T	I	O	M	Y	A	I	P
C	E	H	A	E	L	D	B	N	R	E	E	G	A	P	B	C	R	N	D
T	A	C	P	O	V	N	A	Y	N	E	N	C	O	T	O	I	G	G	O
G	F	T	P	R	I	M	M	D	F	R	B	Y	V	M	G	O	U	L	C
F	U	I	U	L	I	R	E	T	H	I	E	G	B	E	I	A	L	A	T
Y	A	T	A	M	P	V	I	G	C	C	B	V	H	T	O	N	I	S	R
N	E	D	O	Y	C	R	B	S	F	O	G	V	V	R	S	G	P	S	I
M	A	E	M	S	H	L	A	A	P	R	Y	D	D	I	I	I	U	S	F
D	N	I	O	V	F	E	R	F	A	N	C	B	B	S	D	L	P	E	A
Y	E	T	A	P	P	E	U	M	D	A	O	N	P	T	H	M	D	N	D
B	E	T	P	C	P	E	U	M	D	A	O	N	P	T	H	M	D	N	D

Find the words hidden vertically, horizontally, diagonally, and backwards.

ALLERGIES
BLURRY
CARE
CATARACT
CONTACTS
CORNEA
DEBRIS
DILATED
DOCTOR
DOMINANT
FLASHING
FLOATERS
GLASSES
ITCHY
MACULA
OPHTHALMOLOGIST
OPTOMETRIST
PAIN
PUPIL
READING
REDNESS
RETINA
SIGHT
VITREOUS

Community

SUNSHINE CLUB

Learn tips and tricks for better sleep

Dr. Christopher Chung from OptumCare will be the Sunshine Club's speaker on Friday, July 30, at 10 a.m. The title of the speech is "How Sleep Affects memory." Dr. Chung will explore the reasons why sleep gets more difficult as people age and give tips on how to get better sleep and when to seek medical care.

All shareholders are welcome to join this Zoom meeting at <https://us02web.zoom.us/j/84982089743?pwd=UGR3RlZRaUJmWmlSNE9KdTdNMUUh3QT09>. The meeting ID is 849 8208 9743, and the passcode is 508742.

Those who would like to get a Zoom link via email can text their name, Mutual address and email to (562) 301-5339 no later than today, July 29, at 5 p.m. (text only, no phone calls).

Chung is a OptumCare provider in at Leisure World. He feels it is a privilege to have the opportunity to share some medical facts and tips with shareholders. Sleep is about something all people take for granted with from time to time and can deeply affect a person's health. It is vital for a person's overall well-being.

Chung realized he wanted to pursue medicine when he witnessed his own family endure the amazing, yet daunting, medical system. He realized that becoming a medical doctor was his chance to help other families and patients with the most intimate and crucial aspects of their life.

Through his training at Loma Linda University School of Medicine, as well as family medicine residency and geriatric fellowship at Kaiser Permanente Los Angeles Medical Center, he learned to deliver patient-centered, compassionate, cost-effective medical care.



Dr. Christopher Chung

The Sunshine Club will continue to have Zoom meetings until September. The club has changed the original date for meeting in person to Sept. 3 due to the Delta variant. The club will continue to assess the situation before deciding to meet in person in Clubhouse 3, Room 2.

On Friday, Aug. 6, Patty Barnett Mouton will give a speech titled "Re-engaging! The Importance of Social Connection to Brain Health." For more information, call Anna Derby at (562) 301-5339.

HUMANIST ASSOCIATION

First club meeting will be Aug. 1

The first Humanist meeting since reopening will be on Sunday, Aug 1, in Clubhouse 3, Room1, at 10:30 a.m.

The guest speaker will be Bruce Gleason, who will examine the future of nuclear energy and how it relates to the problem of climate change. The public perception of nuclear energy has often been a negative one because of atomic weapons and the Chernobyl disaster 35 years ago. Nuclear energy has changed dramatically over the past 20 years. With the new technology available, nuclear disasters are now virtually impossible. With the effects of climate change rapidly progressing beyond what climate scientists had predicted, nuclear power can play a crucial role in protecting our planet. Unlike coal and oil, nuclear power isn't killing people. It doesn't need vast areas of land and doesn't depend on certain weather climates to work.

Gleason has been an advocate of science promoting humanism and non-belief for the past 16 years. He started the Backyard Skeptics with over 1,100 members and was the director for the Freethought Alliance conferences and the LogiCallA science conferences. He has explored the science of the pending climate crisis and researched the energy requirements needed to deal with it.

The Leisure World Humanist Association will continue to examine philosophy and ethics, but will also address social problems on how to make life better for everyone.



Bruce Gleason

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at Sbtv3.org.

Thursday, July 29

- 4 pm Rollin' Thunder Parade 2021
- 4:30 pm LW Special Olympics 2021
- 4:38 pm LW Sewing Brigade
- 5 pm LW Memorial Day 2021
- 5:31 pm LW Shakespeare Sonnets
- 5:45 pm The Street Where I Live
- 6 pm Life and Times in SB: Rich Harbour/Kurt Augsburger
- 7 pm Vintage Car Cruise
- 8:30 pm Cerritos Center- Lady Jazz
- 10 pm Shakespeare in the Park: Cymbeline

Friday, July 30

- 4 pm Beginning of Leisure World
- 4:18 pm The Street Where I live
- 4:30 pm LW Classic Car Parade 2021
- 5 pm Memorial Day 2021
- 5:50 pm Terry Otte & Abilene 2021
- 7:30 pm Vintage Car Cruise
- 8:40 pm LW Sewing Brigade
- 9 pm Shakespeare in the Park: Othello
- 10:30 pm Big Bad Voodoo Daddy

Saturday, July 30

- 4 pm LW Memorial Day 2021
- 4:30 pm Rollin' Thunder Parade 2021
- 5 pm LW Art/Cardboard Contest/ Sewing Brigade
- 5:30 pm The Street Where I Live
- 5:42 pm LW Shakespeare Sonnets
- 6 pm LW July 4 Karaoke
- 7 pm McGaugh Third Grade Show
- 8 pm LAUSD
- 11 pm Bob Cole Conservancy

Sunday, Aug. 1

- 4 pm Seal Beach City Council Replay 7/26
- 6 pm McGaugh Pageant of the Arts
- 7:15 pm Live at the Ford: Lady Jazz
- 8:45 pm The Street Where I Live
- 9 pm Life and Times in SB: Rich Harbour/Kurt Augsburger
- 10 pm Vintage Car Cruise 2021
- 11:15 pm Bob Cole Conservancy

Monday, Aug. 2

- 4 pm LW July 4 Karaoke
- 5 pm LW Memorial Day 2021
- 5:30 pm LW Sewing Brigade
- 6 pm Rough Seas Ahead
- 6:22 pm LW Special Olympics 2021
- 6:30 pm LW Hula 2021/Sea Inside
- 7 pm SB Planning Committee Meeting- LIVE
- 8:15 pm Terry Otte & Abilene 2021
- 10 pm Shakespeare in the Park: Taming of the Shrew

Tuesday, Aug. 3

- 4 pm Memorial Day 2021
- 4:40 pm Beginning of Leisure World
- 5 pm The Street Where I Live/LW Hula 2021
- 5:30 pm Memorial Day in Eisenhower Park 2021
- 6:30 pm Rollin' Thunder Parade 2021
- 7 pm Vintage Car Cruise
- 8:15 pm Life and Times in SB: Rich Harbour/Kurt Augsburger
- 8:30 pm Ford Theater: Big Bad Voodoo Daddy
- 10 pm Cerritos Center- Matt Mauser

Wednesday, June 23

- 4 pm Rollin' Thunder Parade 2021

SBTV, page 12



Club president Maria Rodriguez (l), vice president Alicia Ortuza, treasurer Carmen Edwards and secretary Amy Walker.

AMERICAN LATINO CLUB

Next meeting will be on Aug. 12

The American Latino Club will meet on Thursday, Aug. 12, at 11:30 a.m. in Clubhouse 3, Room 2. There will be lunch available for \$6 per person, which will include two chicken or beef Argentinian empanadas, a green salad, cake, lemonade, and coffee.

New members can register now for \$5. Send registration dues to Carmen Edwards in Mutual 4 at 1240 Oakmont Road 52 K, or by calling (562) 431-4257.

RSVP for lunch by Thursday, Aug. 5.



New members, Laura and Richard Freedman, were quite pleased with the easy camaraderie of Friendly Couples.

FRIENDLY COUPLES

Club adds 18 new members

Enthusiasm for making new friends was more than evident on July 14, when the Friendly Couples Club welcomed 18 new members. There was lively conversation, new connections made and a rollicking game of "High Stakes" bingo in Clubhouse 3, Room 2. Members also approved officers for the coming year during the meeting.

The Friendly Couples Club is a social group that meets on the second Wednesday of every month for food, fellowship and a brief game. The simple activities provide a calm atmosphere in which to converse and connect with friends.

The next meeting is on Wednesday, Aug. 11, at 4 p.m. at the Clubhouse 1 picnic area. For more information, contact Jeanette Williams at (818) 358-9185 or jnw7491@gmail.com.

American Legion Auxiliary

Bingo will be hosted by the American Legion Auxiliary this Sunday Aug. 1. Bingo is hosted by the Auxiliary every Sunday with the American Legion Post, the Filipino Association joining. It is held in Clubhouse 2, with doors opening at 1 p.m. Pay out is based on the number of attendees. Refreshments will be available for purchase.

The District installation of officers will be held on Sunday, Aug. 1 at 11 a.m. at the Cypress Post. Guests are welcome but must have a reservation. Call Geri McNulty at (562) 673-1725. Everyone is welcome to come.

Poppy making is held in Clubhouse 1 at 10 a.m. every Wednesday.

PAID ADVERTISEMENT

FREE Leisure World Gold Show

"Turn Your Broken or Unused Gold Jewelry, Gold & Silver Coins and Sterling Silver Into Instant Cash"

One Day Only. This is Sunday 10am to 5pm.

The *Leisure World Gold Show* is happening this Sunday in Seal Beach. You can get paid cash instantly for your unused/unwanted gold jewelry (even if damaged), gold coins, silver coins, and dental gold — in fact, *anything* containing gold.

Real Gold?

What if you don't know if an item contains real gold? Don't worry, bring it anyway and gold buyer specialist *Greg Schilling*, owner of *Schilling Gold Exchange* will test and inspect your item to determine amount of gold content, purity of gold (10K, 14K, 18K, 24K), and weight.

Mr. Schilling will provide you information about your item and discuss purchasing it for cash should you wish to sell it.

Often times people with gold items are amazed at how much something is worth.

Hold or Sell — It's Up To You

There is never any pressure for you to sell your item.

Mr. Schilling states, "I have a lot of folks who just want to know more about their item, which is fine. Often times there is sentimental value

attached, in which case I always recommend to my customers they hold on to it. I build my business through repeat customers, and I know that if I treat my customers right, they will refer their family and friends. I want everyone to walk away feeling good about attending this event."

Comments From Previous Gold Show Attendees

"After shopping around, I found Schilling Gold Exchange gave me the best price for my gold. I highly recommend Schilling Gold Exchange to other Seniors." — J.R.

"I am more than pleased with Greg Schilling of Schilling Gold Exchange. He was able to give me top dollar for my gold jewelry and coins. After my wife passed, I had some gold coins that I wanted to cash-in. Not only did Greg give me a fair price, but I also got more than I was expecting as one of the coins had extra numismatic value that I was unaware of. I now recommend to all my family friends they use Schilling Gold Exchange instead of jewelry stores." — G.P.

"Try it. You'll like it. Very friendly and honest." — M.B.



Mr. Schilling (on right), of *Schilling Gold Exchange* and member of the *World Gold Council*, and *American Numismatic Association*, evaluates jewelry for showgoers. Mr. Schilling will be at the event and available to provide information about gold jewelry, gold and silver coins, sterling silverware sets, and diamonds.

Admission Is Free

The event is free and there is never any fee to bring your items for evaluation. Plus, there are no long lines. Wait times if any, are only about 5-10 minutes. There is plenty of free parking.

Location & Time

The event will be held at:
Hampton Inn & Suites
2401 Seal Beach Blvd
Seal Beach, CA

Sunday, August 1, 2021
10am-5pm.

Private In-Home Appointments

If you have a large collection, or are home-bound, or have diamonds, call (949) 239-1521 for information on scheduling a private appointment with Mr. Schilling.

Instant Cash

Don't miss this opportunity to turn your unused, broken, or unwanted gold jewelry, gold coins, silver coins, dental gold, Sterling Silverware sets, and diamonds into cash.

This event is one-day only — don't miss it!

ADMISSION IS FREE!

You Get Paid For:

- Gold Jewelry
- Gold Chains
- Gold Coins
- Silver Coins
- Dental Gold
- Anything Gold!

Plus..

- Sterling Silverware Sets!
- Diamonds

Note: If you have a large gold collection that you would like to get evaluated for possible sale, please call (949) 239-1521 for information about a private in-home by appointment.

LEISURE WORLD GOLD SHOW

1 DAY ONLY. THIS Sunday, August, 1st, 2021

Turn Your Gold, Silver, & Diamonds Into INSTANT CASH!

FREE ADMISSION!

Leisure World Gold Show
Sunday August 1st, 2021 10am-5pm

Hampton Inn & Suites
2401 Seal Beach Blvd, Seal Beach
For hotel directions only call (562) 594-3939

5% SENIOR CITIZEN COUPON

This coupon is good for Senior Citizens age 65 and older, and is good for an extra 5% cash on any sales (except for gold coins and bullion) made to Schilling Gold Exchange at the event. Original coupons only. Coupon valid through show dates only. One coupon per person. Present coupon at event.



Leisure World Gold Show
Sunday August 1st, 2021
10am-5pm

Leisure World Gold Show | coupon code SB202001

INSTANT CASH!

Have A Large Collection?
Private In-Home Appointments

If you have a large collection, or are home-bound call (949) 239-1521 for information on scheduling a private in-home appointment with Mr. Schilling.

Schilling Gold Exchange
(949) 239-1521





Thelma Kieffer (center) celebrated the graduations of her grandchildren Sara (r) and Shannon Carlson.

Relatively Speaking

Thelma Kieffer celebrated her granddaughter Sara Kieffer Carlson's recent graduation from UCLA. Sara received a bachelor's degree and is continuing her education at California State University at Northridge for her master's. Sara's husband, Shannon, graduated from Long Beach City College with his associate's degree and will continue at California State University at Long Beach for his bachelor's.

Republican Club

Katherine Gerdis of the Election Integrity Project, California (EIPca), presented an opportunity for individuals to help protect and guarantee a fair election process.

"Volunteers are needed to serve as observers at voting centers," she said, "and everyone is qualified to do it."

Being an election observer requires 1.5-2 hours of training to learn the current laws and regulations about how the voting should be conducted, she said.

Gerdis said that volunteers can serve as many or as few hours as they choose, as well as pick the time of day and location. If enough volunteers are recruited from Leisure World, it could be possible for the classes to be held somewhere in LW.

The Election Integrity Project is a nonpartisan nonprofit 502(c)3. Those who are interested in volunteering can go to www.eip-ca.com to sign up.

Republican Club vice president Brian Harmon talked briefly at the meeting about how the pro-capitalist environment in Britain facilitated the first industrial revolution, which revolutionized the way the U.S currently lives. He talked about how the system of English common law provided for the protection of private property and the legal enforcement of contracts, which were two vital institutions required for a free economy and economic progress.

"Starting around 1725, the industrial revolution meant using machines instead of hand labor and the replacement of human power with wind, water and, eventually steam power; starting in the textile industry, first with wool and then cotton," he said.

"Living standards for the average person prior to the industrial revolution were very low, with over 90 percent of the population living at a subsistence level," he said, "meaning that the average person had one set of clothes and one pair of shoes and few lived beyond the age of 40. Famines frequently decimated the population, as did diseases.

"The previous 1,200 years saw little if any improvement in the human condition," he said. "The industrial revolution made the difference."

Harmon concluded with "Capitalism has undergone many changes for the better since that time, but it is still a system worth defending."

Harmon holds a master's degree in economics specializing in economic history from Long Beach State and has taught college economics for 25 years. His master's project was a comparison of the early development of British and American textile technology.

...

The club booth, email and phone contact number have seen an
REPUBLICAN CLUB, page 12

OBITUARIES

Carleda May Hutton

Carleda May Hutton passed away on June 28. There will be a celebration of life service on Saturday, July 31, at 11 a.m. in Grace Church, 3601 Linden Ave., Long Beach.

Those who are unable to attend in person, can watch the livestream service by going to <https://vimeo.com/576015507/4b0ea9f59a>.

...

In Memoriam

Debra Elfeghall 64
Joan Kaley 71
Karl Weishaupl 78
Doris Hanson 97
Jon Mayfield 67
Maria Townsend 73
William Adair 73
Families assisted by
McKenzie Mortuary,
961-9301
—Paid obituary



The Woman's Club will have a booth at the SB Arts and Crafts Fair

Woman's Club of Seal Beach

The Woman's Club of Seal Beach is very happy to announce its return to the Seal Beach annual Arts and Crafts Fair on Sept. 11-12 in Eisenhower Park at the entrance to the Seal Beach Pier. The booth will provide great pur-

chases for succulents, stag horn ferns, plumerias, and a variety of indoor and outdoor plants.

This will be the club's 24th year participating in the fair. The Woman's Club is a social club that works throughout the year

to raise money to support over 20 community organizations in Seal Beach.

New members are always welcome. Those who are interested in joining the club should contact Judy O'Neill at (562) 598-0718.

Democratic Club

By Mary Larson
LW contributor

The Democratic Club's will meet at noon in Clubhouse 2 on Wednesday, Aug. 18. Members are looking forward to the prospect of gathering face-to-face for the first time in far too many months.

High on the Democratic Club's list of priorities for discussion will be how to counter the vast amount of misinformation being fed to potential California voters in anticipation of the Sept. 14 Special Election.

Using baseless claims of voting fraud and improper registration in past elections, a California based organization is reportedly planning to recruit an "army" of 30,000 volunteers to police the polls. The Los Angeles Times editorial staff calls this prospect "extremely concerning."

Fortunately, most Leisure World residents vote by mail. Thanks to the foresight of GRE, LWers will again have an official ballot drop-off box inside the gates.

Gov. Gavin Newsom will most likely hold on to his seat. It is not

a secret that a majority of voters lean Democratic in California. However, as the Times editorial staff warns, a Newsom win "could result in more claims of massive fraud, refusal to recognize the results of the election and the beginning of an all-out assault on the elections process" in California.

Club members at the Aug. 18 meeting will also have an opportunity to discuss the ramifications of another possible recall election. It would be an attempt to oust every one of the Los Alamitos Unified School Board trustees, be they Democrat or Republican.

The School Board's "crime," according to some, was to unanimously support an elective ethnic studies curriculum for older students. If this second recall election does happen, Leisure World voters have the potential of being a very influential force in the outcome.

In preparation for this possible second recall election, all Leisure World Democrats and supporters are urged to purchase and read the book that will be used as the primary text in the Los Alamitos School District, "A Different Mirror" by Ronald Takaki, which is

available on Amazon and other online sites to purchase.

For some people, reading this book has been an eye-opener. As one reviewer writes, "The 'mirror' that Takaki holds up to the U.S. reflects a multicultural history of oppression and exploitation, but also struggle, solidarity and community." After reading the book, which was written for young people, some club members chose to read Takaki's original book on this subject matter.

In addition to addressing issues related to the Sept. 14 election during the August meeting, the Democratic Club is initiating a project to reach LW voters directly. The project will include providing accurate, up-to-date information about the attempted recall. Club members interested in participating in this effort can call (562) 412-0898 or email lwsbdemocraticclub@gmail.com. Make sure to include full contact information, including address, email and phone number.

LW Democrats and supporters can subscribe to the club's electronic newsletter by calling (562) 296-8521 or emailing democratic-clubsblw@gmail.com



Over 140 shareholders attended the Mutual 14 picnic put together by Neighbor 2 Neighbor. Michele Nygard (l), Connie Moore, Bunny Harpham, Julie Faucett, Sung Kim, Donna Melody, Rita Porterfield, Lisa Hsueh, Dottie Palaski, Peg Jensen, Betty Burrows and Muriel Luther all helped serve a delicious meal for Mutual 14 shareholders to enjoy.



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REPUBLICAN CLUB
from page 10
overwhelming response with inquiries about club membership and other issues.

People who want to be added to the club membership roster or receive more information can send an email to धारlow50@aol.com or call (714) 928-1950.

Members will be sent by email an agenda and minutes for each meeting and other information deemed necessary and/or appropriate by the president.

People are encouraged to share their opinions on public issues or ideas about what the Republican Club club should be doing. To do so, call or text (714) 928-1950. Those who do not want their name, ideas or opinions to be made public should so indicate.

SBTV
from page 8

4:30 pm	LW Classic Car Parade
5 pm	Memoria Day 2021
5:40 pm	LW Sewing Brigade
6:01 pm	Memorial Day at Eisenhower Park 2021
6:40 pm	Vintage Car Cruise
7:50 pm	LW Shakespeare Sonnets
8 pm	Terry Otte & Abilene 2021
10 pm	Cerritos Center- The Four Tenors

*All programming is subject to change.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



The Y Service Club helps LWers complete small household tasks free of charge.

Y SERVICE CLUB

Club is ready to return and help the residents of Leisure World

The Y Service Club is back. Since the lockdown there's been a lot of changes around Leisure World, including new members who are not aware of all of the services the Y Service Club provides. LWers who are not yet familiar with the Y Service Club are encouraged to check out the services it provides below.

The Y Service Club is composed of LW residents who care about people and volunteer their time to help serve the LW community. It is chartered by the International Association of the YMCA and part of a worldwide fellowship of persons loyal to the Judeo-Christian faith, striving through active service to encourage and support people of all backgrounds for the betterment of the community and society.

The Y Service Club has been in Leisure World since 1971 and has helped thousands of residents. It is made up entirely of volunteers but accepts donations. All money collected helps low-income families in the "Kids to Camp" program, as well as children of single parents in after-school programs, plus many other philanthropist services.

The Y Service Club does not provide professional jobs such as anything electrical, washing windows, shampooing carpets, ect. However, volunteers are ready to help with chores a resident may not be able to do such as the change light bulbs, clean air filters or get things in or out of carports. Volunteers can also help flip a mattress, open a jar, hang a small picture or even haul some items to the dumpster. It also picks up clothes and small household items in good condition to donate to the Long Beach Rescue Mission.

People in need of service can check the "Leisure World Helping Leisure World" classified ad listings for the most current phone number. The phone numbers change every month, so make sure to get the most recent issue to call the correct number.

The Y Service Club is a great bunch of people who enjoy working together. Those who would like to join the Y Service Club can call membership director Margaret Humes at (562) 296-5834 for more information.

LW BIRTHDAYS



Mark Gilbert

Mark Gilbert celebrates 101st birthday

Mark Gilbert of Mutual 2 celebrated his 101st birthday on July 13 with friends and family. He enjoys singing and dancing, and was a ballroom dance teacher.



Sunshine Club members with Victoria Toth (center, green shirt).

Victoria Toth turns 100, celebrates with the Sunshine Club

Victoria Toth's 100th birthday was celebrated at the Sunshine Club's annual picnic. It has been 18 months since the club members got together and everyone was in a celebratory mood. Over 50 members attended the picnic, and each one was thrilled to celebrate one of the club's longtime members Victoria's milestone 100th birthday was observed at a picnic that was very well attended. The food and laughter was grand.

Victoria had been a resident of Leisure World since 2016 and recently moved to a private board and care facility at Cervato Cottages in Long Beach. She continues to keep in touch with club members.

Her parents were immigrants from Poland and settled in Newark, New Jersey, during the early 1900s. In 1920, they moved to a small farm in Flemington, New Jersey, where Victoria was born. Victoria had eight siblings and married Andrew Toth Jr., a Pearl Harbor survivor, in 1946. She raised two children, Paul and Pat, and was a stay at home Mom.

Victoria loves gardening, birds, volunteering and baseball.

MINARI
from page 1

who come to the U.S. every year from his homeland. Struggling with a skeptical wife, cultural adjustments, the constant threat of financial ruin and a young son with a heart condition, he must now adjust to his mother-in-law arriving from Korea to live with them in their tiny trailer. Among the vignettes of tears and humor, the metaphor of minari, a tough Asian vegetable that survives under difficult circumstances almost anywhere, permeates the film through the actions of the wise but iconoclastic grandma, Soonja, portrayed by veteran Korean actress Youn Yuh-jung.

Among its many accolades, “Minari” earned six nominations at the 93rd Academy Awards: Best Picture, Best Director, Best Original Score, Best Original Screenplay, Best Actor (Steven Yeun) and Best Supporting Actress (Youn), with Youn winning for her performance, making her the first Korean to win an Academy Award for acting. It also won the Golden Globe Award for Best Foreign Language Film, was nominated for the Screen Actors Guild Award for Outstanding Performance by a Cast in a Motion Picture, and earned six nominations at the 74th British Academy Film Awards, including Best Film Not in the English Language.

This film transcends cultural lines and will touch all those who see it regardless of their ethnic background. Don’t miss this special open-air screening of one of the best movies of 2020.

Related Information for LW Koreans

2020년 Oscar 조연상 수상작인 "MINARI" 가 8월6일 금요일 오후 8시 30분에 야외 극장인 Amphitheater 에서 상영 예정입니다.

입장 시간은 오후 7시 30분 부터이며 여러 업체에서 생활에 필요한 정보를 제공할 예정입니다.

본 영화에 관하여 좀더 자세한 내용은 매월 초 KAA 에서 발행하는 News letter에 게재 될 것입니다

아울러 그간 한인회원으로 가입하지 못하신 분들은 이번 기회에 회원으로 가입해 주시기를 부탁드립니다. 지금 회원으로 가입은 원치 않으신다 해도 2021년 말에 발간될 Seal Beach LW 한인 전화번호부에 등재 되도록 주소 및 성명 등 등록해 주시기를 부탁드립니다. wjcho827@gmail.com

English Translation

The 2020 Oscar-winning movie “Minari” will be held Friday, Aug. 6, at 8:30 p.m. at the Amphitheater. Admission is from 7:30 p.m., and various companies will provide information necessary for living. More details about this film will be published in the newsletter issued by KAA at the beginning of each month. If you have not registered as a member in the past, please take this opportunity to join the Korean American Association. Even if you do not want to join as a member now, you will be listed in the Seal Beach LW Korean Phonebook, which will be published at the end of 2021. Please register your address and name by emailing President Wook J. Cho at wjcho827@gmail.com.

INTERNET
from page 3

There are three ways for eligible households to apply:

- Contact a participating broadband provider directly to learn about their application process.

- Go to GetEmergencyBroadband.org to apply online and to find participating providers near you. After you apply, you will have to contact a participating provider to select an eligible plan.

- Call (833) 511-0311 for a mail-in application or print a copy, and return it along with copies of documents showing proof of eligibility to:

Emergency Broadband Support Center
P.O. Box 7081
London, KY 40742

After you received a notice that you have qualified for the program, households must contact a participating provider to select an EBB eligible service plan.

By June 27, a month and a half into the program, more than 3 million households had enrolled, according to the Federal Communications Commission (FCC).

About 14.5 million Americans—and 22 percent of those 65 and older—don’t have access to a high-speed internet connection, the FCC estimates.

Other estimates place that at 42 million people. The program will continue until the money runs out.

—from the *Federal Communications Commission, U.S. Department of Health and Human Services*

WATER
from page 1

saving 19 gallons per person each day.

- Recycling indoor water to use outdoors.
- Keeping showers under five minutes, saving 12.5 gallons per shower when using a water-efficient showerhead.
- Turning off water when brushing teeth or shaving, saving 10 gallons per person per day.
- Washing dishes by hand and using a minimal quantity of detergent, saving 50 to 150 gallons every month.

Most Californians use more water outdoors than indoors. In some areas, 50 percent or more of daily water use is for lawns and outdoor landscaping. Paying attention to landscapes and sprinklers can save water on a larger scale. People and Mutuals can help in a variety of ways:

- Plant drought-resistant landscape as was just done in Mutual 2’s green belt area. The low maintenance common area features cacti, succulents and California native, drought-tolerant, flowering plants. In this area alone, LW will save about 83,000-plus gallons of water every year, according to Mutual 2 officials.

- One of the primary causes of water loss is evaporation. Instead of watering during the day when the weather is at its peak, water in the morning or evening to allow foliage to fully absorb the water.

- Another way to retain moisture is using mulch around the base of trees. The mulch helps regulate temperature while releasing nutrients into the soil.

- Adjusting sprinkler heads and fixing leaks can save 12-15 gallons every time they turn on, and a leak as small as the tip of a ballpoint pen can waste about 6,300 gallons of water per month. If you see water waste in your Mutual, alert a director.

- Using a broom to clean outdoor areas can save 8-18 gallons every minute.

In the previous drought, mandatory restrictions at the state level were first imposed in April 2015, when Gov. Jerry Brown signed an executive order mandating a 25-percent reduction in water use, and the restrictions were enforced by fines.

Several locations in California are already under mandatory water restrictions imposed by cities and local water districts. In the San Francisco Bay Area, the city of Healdsburg banned the use of sprinklers and drip irrigation systems for all residential, commercial and industrial customers, and the city of Sonoma announced a limit on watering lawns to only two days a week.

Visit SaveOurWater.com for more tips, tools and incentives—including rebates.

You can also view photos of past California State Fair water-wise garden exhibits for ideas on how to create your own low-water use landscape.



Your Health Care Center, your way

The Health Care center (HCC) has been part of the Leisure World community for more than 30 years. We’re proud to continually provide care that’s focused on your overall wellness. Our recently renovated facility offers you primary care, specialty and rehabilitation services, health education, community activities, and more.

- | | | |
|------------|--------------|-------------------|
| • Diabetes | • Ultrasound | • Heart care |
| • Podiatry | • Optometry | • Chiropractic |
| • Lab | • Wound care | • Pain management |

Monarch HealthCare is now Optum. If you’re an HMO member with us, you’re with Optum Care Network–Monarch.

To schedule an appointment, please call **1-562-493-9581, TTY 711**, Mon.–Fri., 8 a.m.–5 p.m.

To check for activities, tour in-person or by video, visit optumcare.com/bettercare.

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Arts & Leisure



Mark Barnett (center) and his band pay tribute to the “Pretty Woman” singer today, July 29

LW hosts Revisiting the Roy Orbison Years today

Amphitheater 2021 Show and Movie Nights are held in the 2,500-seat Leisure World Amphitheater. Residents are invited to celebrate summer under the stars at these free events. The concerts start at 7:30 p.m., and the movies begin at 8:30 p.m. (Schedules and start times for both are subject to change.)

Residents must have GRF ID cards for admission; non-resident guests must be accompanied by a resident shareholder. Smoking is prohibited at the Amphitheater.

Minibus transportation is available before and after events; call (562) 431-6586, ext. 379.

Concerts

• **July 29: Revisiting the Orbison Years**, a stunning tribute to the music of Roy Orbison. Sponsors: MemorialCare Long Beach Medical Center, Independence at Home

• **Aug. 19: Ronstadt Revival**, a premier tribute to Linda Ronstadt. Sponsors: MemorialCare Long Beach Medical Center, Optum Care Network–Monarch/United Healthcare

• **Sept. 2: Petty Breakers**, the nation’s No. 1 touring tribute to Tom Petty and the Heartbreakers. Sponsors: Optum Care Network–Monarch/United Healthcare, Zeen—GoZeen.com

Movies

• **Aug. 6: “Minari.”** A Korean American family moves to an Arkansas farm in search of its

own American dream. Amidst the challenges of this new life in the strange and rugged Ozarks, they discover the undeniable resilience of family and what really makes a home. PG-13 | 1h 55min | Drama. Sponsor: Korean American Association

• Aug. 13: “Wonder Woman.”

When a pilot crashes and tells of conflict in the outside world, Diana, an Amazonian warrior in training, leaves home to fight a war, discovering her full powers and true destiny. PG-13 | 2h 21min | Action, Adventure, Fantasy. Sponsors: MemorialCare Long Beach Medical Center, Home Instead Senior Care Service

• Aug. 27: “Nomadland.”

After losing everything in the Great Recession, a woman in her sixties embarks on a journey through the American West, living as a van-dwelling modern-day nomad. R | 1h 47min | Drama. Sponsors: Cannon Legal Firm, Optum Care Network–Monarch/SCAN

• Sept. 3: “Coming to America 2.”

African monarch Akeem learns he has a long-lost son in the United States and must return to America to meet and build a relationship with this unexpected heir. PG-13 | 1h 50min | Comedy. Sponsors: Sandra Teel, Medicare Insurance Broker; Optum Care Network–Monarch/SCAN

• TBD: “Knives Out.”

A detective investigates the death

of a patriarch of an eccentric, combative family. PG-13 | 2h 10min | Comedy, Crime, Drama.

Amphitheater Rules

To ensure an enjoyable season, show-goers are asked to adhere to the following rules:

- There is no video- or audio-taping of performers.
- Do not save seats. Amphitheater seating is first-come, first-served.
- Do not sing along with performers unless asked to do so by the performer onstage.
- Residents must have LW IDs to enter Amphitheater. Non-resident guests must be accompanied by a resident.
- No one is allowed to sit or stand in the aisles.
- No smoking is permitted in the Amphitheater area.
- Flags on scooters should be lowered, so everyone can see the stage (see LW Security for assistance).
- Leave walkers in the aisle.
- Handicap seating is at street level, at the handrails in the middle of the Amphitheater.
- No pets are allowed.
- The audience is not permitted to enter the Amphitheater earlier than 1.5 hours before the program begins, as requested by performers, who will be doing sound checks.
- Dancing is allowed only on the two side-wing patios flanking the Amphitheater stage.
- No flash photography.
- Do not climb over seats.

Opera Club to show Mozart’s ‘Marriage of Figaro’ Aug. 2-3

Everyone is invited to watch one of Mozart’s most popular operas, “The Marriage of Figaro,” Aug. 2-3 at 1:30 p.m. in Clubhouse 3, Room 2. Club member and Mozart fan Gary Hart will share his knowledge of this intriguing and amusing opera that continues to fascinate music-lovers.

The opera opens with a spritely overture that captures the tenor of the ensuing events. On Aug. 2, the opera introduces Figaro, the barber and jokester to Count Almaviva. He is discussing plans for his upcoming marriage to Susannah, yet he’s very aware of his employer’s tendency to exercise his *droit du seigneur* (the right to deflower the brides of his servants before their marriage).

The hijinks by a wily Figaro and his cohorts to counteract the Count, as well as his avoidance of the amorous advances of fellow servant Marcellina, along with a series of mistaken identities, steer the Count to pay more attention to his wife, the Countess of Almaviva.

When the club members reunite the following day, they



Wolfgang Amadeus Mozart

will find the real identities of the players who have confounded the Count (and even Figaro himself). The opera ends on an ecstatic note that only Mozart is capable of having written. “The Marriage of Figaro” is sung in German with English subtitles.

No dues or fees are collected. For more information, contact LW Opera Club president Beverly Emus at (562) 296-5586 or beverly90740@gmail.com.

Poker Tournament Club

When the Poker Tournament Club played on July 17, Glenn Evenson beat Susan Dodson with a king-high flush at the final table. Evenson, who also won for high hand, has been a club member for three years, but this is his first overall win. The retired computer consultant also enjoys chess, pickleball and travel.

Finishing third through fifth were Barry Brideau, Debbie Barner and Roy Middlestadt. Middlestadt won second high hand, and the promotional hand was won by Donna Hernandez.

The next tournament is Aug. 7. Doors open at 11:30 a.m., and players must be seated by noon. Call Judy Jasmin at (562) 626-8179 for more information.



John Hlavac

Sylvia Volen and her guest, Frank, on the dance floor.

Dancers & Mixers whoop it up

The Dancers & Mixers Dance Club invites everyone to whoop it up from 7-9 p.m. on Aug. 3 in Clubhouse 4. Live music for this western-themed dance will be provided by Linda Herman. Partners are not required, as there will be a mixer and line dancing. Attendees should bring their boots and hat, plus their own refreshments.

Beginning Line Dancing

Instructor Barbara Magie is pleased to announce that her beginners’ line dancing class will now be held every Wednesday in Clubhouse 3, Room 6. Lessons are free. For more information, call (562) 596-4690.

Astronomy Club

The Leisure World Astronomy Club will not meet in August or September. The next meeting will be Oct. 6 at 7 p.m. in Clubhouse 3, Room 3. For more information, contact club president John Rogers at (562) 431-7240.



Jojo Weingart

Betty Verhoorh, "90 and Fabulous," enjoys "Here's a toast to you and me" from "Tiny Bubbles," as performed by her adoring family and friends.

Hui O Hula celebrate LWer on her 90th birthday

LW's Hawaiian dance club, Hui O Hula, helped Betty Verhoorh, of Mutual 12, celebrate her 90th birthday in style by performing for her and her adoring fans and family, many of whom traveled from Holland. The group also taught attendees some moves.

Hui O Hula offers LW residents traditional hula lessons. There are regular classes in the mirrored exercise room upstairs in Clubhouse 6 every Tuesday afternoon. Those who have been loving "Walk in, Hula Out" may continue to sway along (without studying) to live Hawaiian music from 3-5 p.m.

For those who want to learn and review new and old hula, class starts at 1 p.m.

A beginning class, given by Yo Kishi, has been so well-received that it will continue on Thursday from 1:30-2 p.m. at Veterans Plaza. Regular hula dancing begins there, between the LW Library and Clubhouse 3, after basic steps have been taught.

All are welcome on both Tuesday and Thursday, regardless of skill level, without charge.

Hui O Hula dancers enjoy volunteering to share their aloha with others. For more information, call (562) 431-2242.

Time for 'American Bandstand'

The "Let the Good Times Roll" Doo Wop Club returns to the Clubhouse 2 stage on Aug. 21 at 6:30 p.m. with an "American Bandstand" show. Doors open at 5:30 p.m., and guests should bring their own beverages and snacks to this free performance.

This Leisure World version of the classic Dick Clark TV show is sure to be fun. According to club president Frank Destra, everyone will want to get up and dance to upbeat tunes from the '50s and '60s!

Audience members may remember coming home from school and rushing to finish homework so they could tune in for dance hits such as "At the Hop" and "Let's Twist Again." These favorites and more will be performed by Ben Berg, Bev

Adams, Carmen Edwards, Ellen Brannigan, Erika Greenwood, Irene Chapnick, Ken Notorleve, Lu DeSantis, Maxine Chavez, Rick Riley, Sally Glausser, Susan Kellegan, Tosca Lies, Vinny Correnti, and Martha and Frank Destra. Jackie Hildebrant will emcee the show, which features backup dancers Josie DelPino and Karen Hensel, among others.

Backstage, things will be kept running smoothly by Alanna Eaby, Cherei Alattar, Claudio Gonzalez and Tillie Stiehr. But the club is also looking for new members/volunteers to help with technical support, including sound system, cables, microphone, and speaker set up and tear down. Anyone interested can contact Martha Destra at (562) 225-0037.

Community Karaoke

"Leavin' on a Jet Plane" got the Wednesday-night karaoke folks swaying with the music and voice of Tony Tupas. Other lively, hopping tunes—such as "Down on the Corner" by Karen Morris, "How Sweet It Is" by Richard Yokomi, "Soul Man" by Paul Renaldi and "Mack the Knife" by Vinney Correnti—were mixed beautiful ballads and love songs. In all, there were 30 talented karaoke performers delighting to the variety of music while enjoying ice cream drumsticks on a warm evening.

Aug. 4 is pizza night for Community Karaoke. Anyone who'd like to practice a song or two should come to the Amphitheater stage on Mondays from 1-3 p.m. to join the small, casual group perfecting their selections. And everyone is welcome to the karaoke parties every Wednesday in Clubhouse 1 beginning at 5:30 p.m.

—Margie Thompson

Ladies Golf Club

On July 20, 51 members of the Ladies Golf Club competed for low gross, low net and fewest putts. Three golfers each scored 11 putts, which is the lowest number of putts made throughout this tournament.

The flight winners were:

Flight A: Low gross: tie between Mary Ann Moore, Grace Choi and Hae Lee, 28; low net: tie between Linda Herman and Susie Kim, 25; fewest putts: Sandy Derouin, 11.

Flight B: Low gross: Pam Krug, 31; low net: Jee Choi, 24; fewest putts: tie between Krug and Jee Choi, 11.

Flight C: Low gross: Anne Walshe, 32; low net: tie between Liz Meripol, Patti Smith, Elizabeth Butterfield, Alison Kim and Sally Jacobs, 26; fewest putts: tie between Walshe and Meripol, 14.

Flight D: Low gross: Betty Regalado, 37; low net: Dorothy Favre, 25; fewest putts: Sandra deDubovay, 13.

—Dale Quinn



The lapidary classes are enjoying using the new CabKing machine. "It's going great," reports Dean Jacobus. "We have run almost 20 folks through the class, and they love it."

Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

Poetry 2021

Invite poetry to your neighborhood,
Be in touch with words,
Invite them in for coffee, tea, or something stronger.

Let the music of words inspire.
Open the curtains of your lives and let
The light of joy fall on the floor of your apartment.
(Let them fall, not fail)

Dance warm word-dances.
Let your heart express appreciation.

Let kind words build bridges.
Let poetry build your community.
Foster unity.

Don't just survive . . . THRIVE!
Embrace life.
When tears come, as they will inevitably,
Drink from the well of love where life-water is stored,
Refilled by friends and soul-mates and loved ones.

—Fred Wind



Yahtzee champs Lois True (top, l-r), Karen Riner, Liz Meripol, Kathe Repasi (bottom, l-r), Susie Ralston and Kathy Rose.

Seven club members garner big Yahtzee wins

The winners at the July 16 Yahtzee Club meeting were Liz Meripol, Marilyn Moody, Susie Ralston, Kathe Repasi, Karen Riner, Kathy Rose and Lois True.

The Yahtzee Club meets every Friday from 12:30-4 p.m. in Clubhouse 3, Room 6. The cost to play is \$5 per meeting. The money goes toward prizes at the end of the game.

Everyone is invited to join this friendly club. Those who have no idea what Yahtzee is are wel-

come to come during the meeting time and learn the basics of the game. The dues are \$3 for 2021.

Each member should bring a beverage in a spill-proof, clearly labeled container. No one is required to bring a snack to share, but should anyone choose to do so, items must be store-bought and in individually sealed packaging.

Anyone with questions or who wants a free lesson should call or text Kathy Rose at (714) 309-6873.



Patty Marsters

The members of the Cabaret Entertainers club, minus club president Phil Mandeville, take a break from rehearsing their new show.

Cabaret club brings ‘Cabaret Favorites’ to CH 2

On Aug. 7, the Cabaret Entertainers return to perform “Cabaret Favorites,” which will include selections from past shows. Familiar songsters Bette Fritz, Charla Gae, Tosca Lies, Vickie Van Ert, Andre DuSomme and Charlie Guggino will be joined by new members Connie Farrand and Maxine Chavez. Linn Atkinson, a past Cabaret member, will appear as a special guest. Renowned MC and Cabaret president Phil Mandeville also returns with his melodious introductions. Gae also

shares her talents as pianist and musical director, and DuSomme accompanies on the guitar.

The Clubhouse 2 doors open at 6 p.m., and the show begins at 7. Audience members should bring their own drinks and snacks. Each table will have a centerpiece that doubles as a tip container for anyone wanted to contribute toward expenses for future Cabaret shows. The group appreciates LW’s continued support.

—Charlie Guggino



Joan Boryta (l) and Alice Sioson

LWers win at art competition

LW resident Joan Boryta won the top award at the 45th Annual Spring Art Show, held on April 24 at the City of Cypress Community Center. Her watercolor painting “Spring Dance” was judged “Best of Show” from among 248 entries.

Alice Sioson, also a LW resident, won a “special award” and third place for her watercolor paintings.

The Cypress Art League’s juried competition had an amazing turnout, but because of the pandemic, entries were not displayed for public viewing and there were no awards ceremony.

Artwork entries can be viewed



Boryta’s winning painting, “Spring Dance”

online at the Cypress Art League website: www.cypressartleague.com/galleries/cal-spring-2021-show/.

—Larry Sioson

Pool Tournament

The first pool tournament in more than a year was a big success. With six beautiful, blue Brunswick tables and a completely renovated poolroom in Clubhouse 2, more people than ever before were able to compete. There were 26 people playing five rounds of eight ball, and with pizza, cookies, snacks and drinks, there was a real party atmosphere.

After drawing for partners, there were 10 teams of two players and two teams of three. If a player made a ball, his or her partner would shoot the next shot; each person had play position for his or her partner, which makes for a true team effort.

The three teams with the best record at the end of five games received cash prizes. After the first four rounds, Rufino Ramos and Ray Fredrickson were the only undefeated team. In game five, Ramos made the eight ball on a long shot, with the eight ball near the corner pocket; that clinched first place for Ramos and his partner Fredrickson.

Though Ken Reddy, Paul Snellenberger and Barry Brideau lost their first game, they came back to win their last four. Gary Monahan and Roy Mittlestead won their last three games after splitting their first two and tied for second place.

The next tournament will be on Aug. 16, starting at 6 p.m. Players should arrive a little early to put their names in before teams are drawn.

—Dave Silva

Grab ‘n’ Go Meals

All Grab ‘n’ Go events take place rain or shine in the Clubhouse 6 Parking Lot. For more information or to offer feedback, call (562) 431-6586, ext. 398.

• **Thursday:** Domino’s Pizza—call ahead for special orders, wings and salads offered, 3:30-7 p.m., cash/cards, (562) 493-2212.

• **Friday:** Katella Deli—deli favorites, appetizers, salads, hot entrées; specials of the day available onsite, 3:30-5:30 p.m., cash/cards. Call ahead at (562) 594-8611, or order online at www.katellabakery.com.

• **Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.

...

On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379.

Watch for LW Live alerts for daily menus. Vendors are subject to change. Sign up for LW Live at www.lwsb.com/lw-live-sign-up/.

LW Pinochle Club

The LW Pinochle Club meets Mondays and Thursdays at noon in Clubhouse 4. The following are recent winners.

July 10: First place: Nancy Wheeler, 11,060; second: Jim Dix, 10,770; third: Diana Lambert, 10,630; fourth: Julia Troise, 10,240.

July 12: First place: Sylvia Clinton, 10,900; second: Amy Kasuyama, 10,670; third: Gene Smith, 10,610; fourth: Joan Taylor, 9,970.

July 15: First place: Bobbie Olson, 11,750; second: Marilyn Allred, 11,630; third: Alma Zamzow, 11,030; fourth: Cahrlotte Westcott, 10,140.

July 17: First place: Jim Kaspar, 10,800; second: Tony Dodero, 10,120; third: Gayle Golden, 10,070; fourth: Antonia Zupacich, 10,000.

—Marjorie Dodero

Chess Club

This week’s puzzle is checkmate in three moves. White moves first: Re4. The White rook moves from e1 to e4, then Black to Ne5 and White rook to e5. Black king moves to d6, and White’s next move is checkmate.

Chess partners are available when the LW Chess Club meets on Fridays from 1-6 p.m. in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.



Monday Bridge Club

The Monday Bridge Club meets on Mondays from noon-4 p.m. in Clubhouse 1. The winners from the July 19 meeting are:

First place: Evelyn Scherber

Second place: Carol Olsen

Third place: Sue Yokomi

—Marion Standish



Joyful Line Dance class meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6 to learn fun moves to a mix of popular songs, both old and new, as taught by leaders Albert Comia, Anna Derby, Chung Lewis, Connie Peck, Daisy Ramos and George Pinada. All shareholders are welcome, but the club requests dancers sign in with their names, plus their Mutual and unit numbers. For more information, contact Anna Derby at (562) 301-5339.



The band will pay tribute to Tommy Williams (fourth from right) this weekend.

Vinyl Rock returns to LW on Saturday

GRF welcomes back Vinyl Rock to the weekend dance lineup on Saturday, July 31, in Clubhouse 1 at 7 p.m. The performance is dedicated to the memory of band member Tommy Williams.

Vinyl Rock is a nine-piece Orange County-based band that passionately performs classic rock, Motown and pop tunes primarily from the '60s, '70s and '80s. The band likes to engage the audience by inviting everyone to participate in sing-alongs and mingling on the dance floor. Everyone will be smiling, singing, swinging and swaying to songs they

grew up listening to and easily recognize. Vinyl Rock is sponsored by Cabaret Entertainers and is free to GRF members and their guests aged 18 and older please. Leisure suits, Fu Manchu 'staches, mullets and big hair are welcome, but not required. All concerts are free, but tips are accepted and greatly appreciated. Everyone is welcome, but guests must be accompanied by the LW resident who invited them. Contact Kathy Thayer at kathyt@lwsb.com with any questions.

Sensational scores at Guys & Gals Tournament

The July 21 Leisure World Guys & Gals Tournament was played at the LW Turtle Lake Golf Course. Three flights of one-man-and-one-woman teams participated for best net scores, four circle holes (within a 5-foot circle) and two closest-to-the-pin challenges. Six of the rounds were well in excess of net 10 below par, with one round at net 18 under par.

A total of 38 teams of golfers participated through the early morning and into the afternoon. The greens and fairways are in very good condition, but the tee boxes remain in poor shape with very low or little growth, more than a few bare spots, and numerous unrepaired divots.

At the opening 7:30 a.m. tee time, the weather was sunny, warm and windless; this continued into the early afternoon. With the reasonable weather but only fair overall course conditions, 33 of the 38 rounds were net at or below par. There were no holes-in-one this tournament.

All scores below are net

(gross score minus handicap). A Flight encompasses golfers with handicaps of 0-10; B Flight is 11-13; and C Flight is 14-18.

A Flight Winners: First place: Terry Thrift and May Ann Moore, a terrific 7 under 47; second: Paul Alloway and Ann Tran, a very nice 6 under 48; third: tie between John Kolthoff and Ann Walshe, Young Lee and Hae Lee, Gene Archambault and Stella Yoon, and Bob Turner and Janice Turner, a fine 5 under 49.

B Flight Winners: First place: Hyun Lee and Hi Lee, a fantastic 12 under 40; second: tie between Jae H. Lee and Sun Lee and Steve Ro and Veronica Chang, a superb 10 under 44; third: tie between Alan Sewell and Patti Smith and Won Song and Jane Song, a marvelous 9 under 45; fourth: Joon Sup Yoon and Young Yoon, a wonderful 5 under 49.

C Flight Winners: First place: Bill Zurn and Sally Park, an incredible 18 under 36 (a birdie on every hole); second:

Hyon Shin and Sang An, an spectacular 14 under 40; third: Bruce Bowles and Patty Littrell, a sensational 13 under 41; fourth: Ken Notorleva and Alison Kim, a very good 8 under 46; fifth: tie between Sang Kim and Soo Kim and Bill McKusky and Joyce Basch, a first-class 6 under 48.

Closest to the pin on the par-3 eighth hole were Larry Schulman and Gee Gee Kwak. On the par-3 17th hole, Paul Alloway was closest for the men, and Hae Lee for the ladies. There were also five circle hole winners.

The group extends a special thanks to the Starters, as they are a huge help in keeping the various tournaments on time and running smoothly.

The next Guys & Gals Tournament will be on Aug. 18. If you are scheduled to play (check the Clubhouse bulletin board) but cannot, contact Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as you know.

—Dave LaCascia



Learn a new dance every month from slow to quick, swing to Latin. Candis Davis LW Dance Lessons meets Saturdays at Clubhouse 6. This month, the class focuses on American tango (9-10 a.m.) and waltz (10-11 a.m.). Each session costs \$7. All levels are welcome; no partner is needed. Contact Annette O'Connell at (714) 887-3749 for more information.

Men's Golf League Results

On July 16, the Willowick Golf Club in Santa Ana accommodated 13 men of the Leisure World Men's Golf League. Willowick is a par-71, 6,000-yard course that is fairly flat, has small greens and is bordered with cleverly placed sand traps, but no water hazards. The greens were in great condition again this week, but the fairways are clumpy and have numerous wet, muddy spots. A couple of mole hills caught golf balls and significantly shortened drives. With the great playing conditions and little wind, the golfers attacked the course but generated only five at-or-under-par rounds, and there were four birdies.

All scores below are net. A Flight handicap: 0-20; B Flight: over 20.

A Flight Winners: First place: Jim Goltra, 3 under 68, second: Bill McKusky, 2 under 69; third: tie between Gary Stivers, Sam Choi and Tim Looney, 1 under 70. McKusky had two birdies, and Tim Looney had 1. Stivers and Choi tied for fewest putts.

B Flight Winners: First place: Mike Looney, 1 under 70; second: Lowell Goltra, 2 over 73; third: Gene Vesely; fourth: Bob Munn. Goltra had fewest putts, and Munn and Vesely each had one birdie.

Ten Men's League golfers competed on July 19 at the par-70, 5,800-yard Riverview Golf Course in Santa Ana. It was a warm, humid, sunny morning, with temperatures in the mid-70s at 7 a.m., but later in the morning, temperatures jumped to the upper 80s with humidity to match.

Riverview has numerous elevation changes and small greens. The back nine is more than 500 yards longer than the front and plays as much as seven

strokes harder since many holes are alongside or cross the Santa Ana Riverbed. There are plenty of water hazards, and sand traps are sneaky in their placement. The greens and fairways continue to be in excellent condition, making it a pleasure to compete on this course. With the great playing conditions and no wind, the golfers delivered eight rounds at or under par and nine birdies.

A Flight Winners: First place: Choi, a marvelous 10 under 60, plus fewest putts; second: tie between Dave LaCascia, Stivers, McKusky and Clay Fischer, 1 under 69. McKusky was closest to the pin on the 100-yard, par-3 ninth hole. Choi had three birdies, LaCascia and Fischer each had two, Stivers and McKusky had one apiece.

B Flight Winners: First place: Bill Zurn; an excellent 6 under 64; second: Vesely, a nice 2 under 68; third: Munn, even par 70; fourth: Mike Looney, 2 over 72. Zurn was closest to the pin on the 140-yard, par-3 second hole, and Munn had fewest putts.

Friends, ladies, spouses and family are all welcome to play and/or join. The league plays at four local courses, all within 15 minutes of Leisure World. The courses the group play are always quite full, so advance reservations with the league have become the norm, with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net, birdies, closest to the pin on two par-3s, and the lowest number of putts in each flight. Holes-in-one and eagles, although infrequent, are generously rewarded. If interested, contact Gary Stivers at (714) 313-3697 or LaCascia at (801) 674-5975.

—Dave LaCascia



Dave LaCascia (l) and Candy Meyers

Cribbage Club

Dave LaCascia and Candy Meyers each won seven out of seven games this week at Cribbage Club. A star is added to the badge of each player when that happens; LaCascia earned his fourth star, while Meyers earned her first.

Sandra deDubovay and Adair Paul tied for second place, each with a score of 845. Linda Smith took third place with 843, and Barbara Wilke ended in fourth place with 838. Marilyn Chelsvig won six out of seven games, while Dolores Cook lost all seven games.

In celebration of her birthday, Irvine Bernstien treated the group of 57 players to cake and ice cream; Margaret Smith helped to serve.

—Marilyn Chelsvig

Club news? Send it to pattym@lwsb.com.

Health & Fitness



Leona San Severino (l) with Reta Lombardi

WA-RITE

Good humor has zero calories

It's said laughter is good for the soul, and the ladies of Wa-Rite were treated with some good humor from Reta Lombardi, who gave a program titled "It's Complicated—Such is My Life." Lombardi talked of the difficulties of being left-handed in a right-handed world, comparing it to being a salmon swimming upstream. Most everything is made for right-handed people, from spiral notebooks to buffet lines.

She also shared some observations of things that happen as people age. New things appear such as wings on upper arms, spider veins, wrinkles and a mustache. But things also disappear such as eyesight, hearing, teeth, hair on the head and inches from height. Lombardi's conclusion: People's bodies may be changing, but it's important to love and accept oneself as is and not wait for perfection because "it ain't gonna happen!" There are no perfect people, she said, so everyone should just be the

best they can be.

Other food for thought, courtesy of the club: "You are what you eat! And if you are what you eat, why would you want to be a Twinkie or a Ding Dong?"

Leona San Severino was the week's Top Loser, with a three-pound loss. When asked what she did differently, she said she cooked only portion-size meals to keep from overeating. She also avoids sugar and white flour and doesn't keep junk food in the house.

Members also offered this tip: Instead of ice cream, freeze a container of yogurt for half an hour before eating.

Wa-Rite is a support group of women wanting to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins begin at 7:45 and close promptly at 8:45. Members must be LW residents. Dues are \$5. Anyone with questions should contact Margaret Humes at (562) 296-5834.

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 7:30 a.m. this summer season for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year. For more information, call club president Tom Pontac at (562) 304-0880.

Zumba

Come join the party, dancing and exercising to the different rhythms of salsa, merengue, cumbia, bachata, cha cha, hip-hop, Bollywood, jazz and pop. The Zumba Club meets upstairs in Clubhouse 6 on Wednesdays at 4:30 p.m. and at Veterans Plaza on Fridays at 8:30 a.m. For more information, contact Mary Romero at (562) 431-0082 or or Jim Blanchard at (714) 487-2446.



Yoga Outdoors

Every Tuesday from 10:15 a.m.-11:15 a.m., Travis Ott-Conn teaches "Yoga for Mobility" in Veterans Plaza. Relax and enjoy a great change of scenery.

Text or call Connie Adkins at (562) 506-5063 for more information regarding yoga classes in Leisure World.

Dance Fitness

Move to fun, energetic music, including oldies, current music and different rhythms, while working muscles, improving balance, and increasing strength and stamina. Classes are held at Veterans Plaza on Mondays at 4:30 p.m. and upstairs in Clubhouse 6 on Tuesdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.



As people age, the many years of use, misuse and abuse of their bodies begins to take a toll. Yoga for Healthy Aging is designed to encourage people to use yoga positions and regulate their breath to move toward better health. Whether LWers are new to yoga or have been practicing for years, everyone is welcome and will likely be able to participate. The class is taught by Sally Burns every Wednesday from 9-10 a.m. in Clubhouse 6. The cost is \$35 for five classes or \$8 for individual class.

Medical Qi Gong Club

The Medical Qi Gong Club meets every Saturday at 10 a.m. in the Clubhouse 3 Lobby. George Stemmann uses movement to promote wellness, longevity and self-healing. He offers instruction on how to maintain health, reduce pain and relieve stress through prescribed movements.

Qigong Club

Qigong Club/Tai Chi Cha/Stick-ercise meets every Tuesday from 9:20-11 a.m. in Clubhouse 3, Room 1. Everyone is welcome. For more information, contact club president Joann Mullens at (562) 596-3936 or Lillian Silva at liliansilva027@gmail.com.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, July 29: Roasted turkey with sage gravy, cornbread stuffing, and Brussels sprouts; chocolate cake; roast beef and cheese sandwich, with lettuce, tomato and pickle, plus confetti slaw.

Friday, July 30: Polish sausage with sautéed onions and red bell peppers, baked beans, and mixed vegetables; fresh banana; chicken Caesar salad, with lettuce, cheese, croutons and Caesar dressing, plus crackers.

Monday, Aug. 2: Oven-baked chicken mole (leg and thigh), pinto beans and seasoned broccoli; fresh orange; tuna salad sandwich, with spinach and tomato, plus marinated beet-and-onion salad.

Tuesday, Aug. 3: Stuffed bell peppers, garlic-and-chive mashed potatoes, and peas with onions and pimentos; cantaloupe; chicken Caesar salad, with lettuce, cheese, croutons and Caesar dressing, plus crackers.

Wednesday, Aug. 4: Beef picado, Spanish rice and black beans; pineapple with mango; turkey, ham and cheese sandwich, with lettuce, tomato and pickle, plus homemade macaroni salad.



Out of their bike gear, LW Bicyclists enjoy a Friday-night social at Pat Gunter's place. Join the group Sundays, Mondays, Wednesdays and Fridays for a healthy bike ride; they meet at the North Gate at 9 a.m. Call Mary Romero at (562) 810-4266 for more details.

Religion

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

The Message

In 69 A.D., the apostle Peter is in a Roman prison awaiting execution because of his faith in Jesus Christ. He is compelled, even as he faces death, to stir up followers in their faith, just as Jesus did. Christ was the perfect example of love, not only to Peter, but to us also, and he "demonstrated his own love toward us in while we were still sinners, he, Christ, died for us." (Romans 5:8).

Peter also writes in 2 Peter 1:13-14 that "Yes, I think it is right, as long as I am in this tent, to stir you up by reminding you, knowing that shortly I must put off my tent, just as our Lord Jesus Christ showed me."

Scripture of the Week

"For you, O God, formed my inward parts: You wove me in my mother's womb. I will give thanks to you, for I am fearfully and wonderfully made; wonderful are

your works, and my soul knows it very well" (Psalm 139:13-14, NASB).

Services

Saturday and Sunday services have the same message delivered by Pastor Bruce Humes. Sunday is a traditional service, with hymnal music provided by Pat Kogok at the piano. Pat will also sing an inspirational song during the service. Sunday service is from 9:30-10:45 a.m.

Saturday services are more contemporary, with Gregory Black leading worship to guitar accompaniment. Saturday service time is 9:30-10:45 a.m.

The Friday evening prayer meeting is from 6-7.

The weekly Thursday Bible study resumes today, July 29, from 11 a.m.-noon. Pastor Humes will begin a verse-by-verse study of the minor prophet book Obadiah. This study is open to all.

Announcements

The state of California has recently lifted COVID-19 restrictions with respect to churches. However, Leisure World is a



Pat Kogok

vulnerable community, so First Christian Church asks those experiencing any Covid-19, flu or cold symptoms to stay home.

Anyone who wants to speak to someone at the church or has a need should call (562) 431-8810 and leave a message. The church location is on Northwood Road behind Carport 125.

Congregation Sholom

Congregation Sholom will continue hybrid services in Clubhouse 3, Room 9, as well as on Zoom with Rabbi Mike Mymon on Friday, July 30, at 6:30 p.m., and Saturday, July 31, 9:30 a.m. The potluck kiddush lunches have resumed, and those who come in person on Saturday are asked to bring a dish.

New members who want to watch the livestream should contact Jeff Sacks to receive a Zoom invitation. Text Jeff at (714) 642-0122, or email him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

The Zoom link is <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429, and the passcode is 8ZYy69. If the directions are not clear, call Jeff (714) 642-0122 well in advance.

Congregation Sholom's walking group meets every Monday and Wednesday at 6 p.m. in front of Clubhouse 3, bus stop A.

Anyone who needs to be added or removed from the misheberach list should let the rabbi know by Wednesday.

Those who want to participate in Congregation Sholom's games, book club or livestream services on Zoom should call Jeff to receive an invitation.

Anyone who wants to join Congregation Sholom should let Howard Brass know at (562) 794-9090.

Community Church

This week, Community Church will center on John 6:24-35. This passage is between parables and basically a behind-the-scenes look at how people responded to Jesus. People are less likely to have a Galilean fisherman draw large crowds around Leisure World, but how they respond to the teachings of Jesus almost 2,000 years later is still telling of the power of Jesus' teachings.

The church will review the Scripture from last week, in which Jesus fed the 5,000. The church will celebrate holy Communion, what many call the Eucharist, with an open table. All who are present are welcome to receive the elements of bread and juice.

Community Church is a place where everything is designed with the first-time participant in mind. Those who have not felt welcome in church or have never participated in church before are welcome to join.

As Orange County continues to emerge from the pandemic, the church welcomes everyone to participate virtually on Zoom and Facebook and those who are vaccinated are invited to attend in person.

The sanctuary is open for those who are vaccinated, and services are open virtually for those who either cannot join physically or are still in the midst of their vaccination routine. Full vaccination is two shots after two weeks.

The Delta variant is here in Seal Beach. Current guidance is to mask indoors regardless of vaccination status. Those who are vaccinated you are welcome to attend with a mask.

Those who missed last week's message can find it on Facebook.

Those who are in need of assistance can call (562) 431-2503 or email leisurewccsue@yahoo.com.

Assembly of God

Since fishermen set out to sea, they have looked to the heavens to guide their boats. From simple observation, using the structure of their own hands and rudimentary instruments held up to the stars, to the most complicated satellite-assisted programs employed today, those who traverse the seas have relied upon the consistent pattern of the constellations to navigate their vessels. How does that principle apply to people seeking direction today?

Michael Bogdan will share his sermon "Burn the Ships" on Sunday, Aug. 1, at 10:30 a.m. in Clubhouse 3, Room 2. All are welcome to attend the service with traditional worship music and friendly people.

The Wednesday morning Bible study in 1 Peter continues with "Journey into Hope: When Life Gets Tough" at 10 a.m. The hymn sing is every Sunday evening at 6 in the Clubhouse 3 Lobby; this community-wide gathering incorporates the singing of best-loved hymns chosen by the audience, choruses from years past, solo presentations and a brief, uplifting devotional message.

As society begins to emerge from the isolation of the pandemic, people are encouraged to establish a new habit of attending church on a regular basis or re-establish their former pattern of faithfully attending. God designed people for community and relationships. LWers are invited to get onboard the ship with LWAG and see where

ASSEMBLY, page 20

LW INTERFAITH COUNCIL

Drop off donations at prayer box

Leisure World's Interfaith Council (LWIC) is sponsoring a backpack drive for students in need. The need for school supplies has never been greater, as local students head back to classrooms after the pandemic.

Working through the Community Action Partnership of Orange County (CAPOC), the LWIC hopes to supply as many of the 5,000 students who need extra help as possible. Any donation amount will be appreciated, and every \$20 collected will provide a student with a fully stocked backpack including papers, pens, notebooks and folders.

Those who would like to donate can drop off any amount to one of the Interfaith churches or in the LWIC's locked prayer request box near the front door of Redeemer Lutheran Church, 13564 St. Andrews Drive. Checks can be made out to the LWIC, which will combine all collected donations into a grand total that will later be sent to the Backpacks for Success Program at CAPOC.

LW Baptist

Pastor Rolland Coburn will open worship in prayer on Sunday, Aug. 1, at 9:45 a.m., following Sunday school at 8:30 a.m. Darlene Harris will play piano, and Yvonne Leon will lead the congregation and choir in singing. The choir's theme this week is "Why do I Sing about Jesus?"

Coburn's message, from Luke 13:1-17, is titled, "God's Thoughts are Higher." The discussion focuses on how believers need God's word in the Bible to interpret life events. The lyrics of one of the gospel songs that will be played this week are "May the mind of Christ, my savior, live in me from day to day."

On Monday, Aug. 2, the men meet for Bible study and fellowship at 10 a.m. Call (562) 430-2920 for details. The prayer fellowship and chapter study group will meet on Wednesday, Aug. 3, at 3 p.m. in Clubhouse 3, Room 1. The group is currently reading the book of Nehemiah.

LW Korean Community Church

LW Korean Community Church (LWKCC) will have Pastor Jung Woon Suh as a special guest speaker Sunday, Aug. 8, at the 11:50 a.m. service. Pastor Jung Woon Suh is a minister, missionary, theologian and an author. He graduated from Presbyterian Theological Seminary, Calvin Theological Seminary (Grand Rapids, Michigan) and San Francisco Theological Seminary. He did missionary work in Indonesia and taught at Presbyterian Theological Seminary as a professor. He was also the president at Presbyterian Theological Seminary in Seoul, Korea, and Presbyterian Theological Seminary in America. He is currently the honorary president at Presbyterian Theological Seminary. He is the author of "The Church and Mission," "The Kingdom of God and Mission," "We Leave Behind our Life's Story" and "The Simple Mission."

LWKCC is Community Church's nest church, and its goal is to "fulfill God's will on Earth." Sunday worship is every week at 11:50 a.m. in the sanctuary. Early morning services are Tuesday-Saturday beginning at 6. In addition to Communion, breakfast is served after the 6 a.m. service on Saturdays. LWKCC is located by the south gate, and parking is available in front of the building as well as the back.

Contact the church at revyong@hanmail.net or (714) 323-0897 for more information.

Redeemer Lutheran

The message will be delivered by council member Jerry Brady on Sunday, Aug. 1. The title of this week's message is "White, Rye or Whole Wheat?" based on the sixth chapter of John.

Join Redeemer Lutheran for worship and fellowship at 13564 St. Andrews Drive. The main service with Communion and choir is held inside at 10:30 a.m. Maria Swift and Dee Sessa are greeters, and Pastor Lynda Elmer and Carol Costello will lead in Scripture reading and prayer. Organist Sharon Heck and the choir will offer inspirational music and hymns.

Following the most recent Leisure World guidelines, everyone attending the 10:30 a.m. is required to wear a mask.

Need a spiritual lift in the middle of the week?

The midweek Bible study, led by Elmer, is held each Wednesday at 10:30 a.m. A prayer-filled service with reflection and Communion is held at 11:30 a.m. in the chapel in the sanctuary.

Those who are in pastoral need can call the church office at (562) 598-8697.



Pastor Jung Woon Suh

Beit HaLev

Livestream services are back. The Sim Shalom Ma'ariv service will be today, July 29, at 4 p.m., and the Shabbat Shalom LIVE! services will resume on Friday, July 30, at 6 p.m. and Saturday, July 31, at 10:30 a.m.

"Eikev," Deuteronomy 9:4-10:11, reminds the Israelites that the land they are about to enter is not given to them because of their righteousness; conversely, the land is being given because the Canaanites' wickedness. Far from being a "virtuous" people, the stiff-necked people must prove their reverence, obedience, love and worship to HaShem—it is also to fulfill the promise given to their ancestors,

Membership forms have been sent to those on the email list. Beit HaLev's future is changing. For the first time in four years, Beit Halev will have live, in-person High Holy Day services beginning Sept. 6 at 6 p.m. in Clubhouse 3, Room 4. The first and second days of Rosh Hashanah will be held Sept. 7-8 at 10:30 a.m. Yom Kippur services begin with Kol Nidrei on Sept. 15 at 6 p.m.; the Shacharit (morning) service will be Sept. 16 at 10:30 a.m., followed by Yizkor; and the closing service, Ne'ilah, will be at 5 p.m.

Live, in-person Shabbat services will be held once a month (to start) on the first Friday of the month, beginning Oct. 1 at 6 p.m. All services will be livestreamed on Zoom, Facebook and YouTube.

Beit HaLev is a Jewish Universalist community. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit Halev welcomes everyone who seeks a path to the Divine and does not believe in labels.

To learn more about Beit HaLev or request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com.



Rabbi Galit-Shirah

Faith Christian

Faith Christian Assembly is excited to announce a prison ministry spotlight event at the Sunday, Aug. 1, service at 5:30 p.m. FCA's own Earlene Leming, who is a 35-year-plus veteran of prison ministry, will introduce the guest speakers. The congregation will hear from Jenny Travis, who is on the board of Aglow Prison Ministry. Jenny is bringing along two women associated with Aglow: Suzy, who was wrongly incarcerated for 17 years, and Viola, who oversees two women's homes in Merced County. All three women have powerful testimonies to share. All are welcome to attend the service.

Sunday morning service is at 10:30 a.m., and the midweek Bible study is on Wednesdays at 11 a.m. is taught by Pastor Sheri Leming. Call the church office for the most updated schedule information.

To receive a free newsletter and for more information on the church, call (562) 598-9010, visit the website at www.FCAchurch.net, or email contact@fcachurch.net.

Holy Family

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the 18th Sunday in Ordinary Time on Aug. 1. The first reading is from Exodus 16:2-4, 12-15, and the second reading is from Ephesians 4:17, 20-24. The Gospel reading is from John 6:24-35.

Sacrament of the Anointing of the Sick

The Sacrament of the Anointing of the Sick is not just for the end of life. It is also for the healing of body and soul that is administered to the faithful who are experiencing an illness, wound or the vulnerability of age. The Sacrament of the Anointing of the Sick is offered during Mass on the second Saturday of each month. The next one will be on Aug. 14 at 8:30 a.m. Those who are unable to come can contact the parish office to schedule an appointment.

Masses

To receive a copy of the weekly parish bulletin, sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>. Visit the website for more information at www.holyfamilysb.com.

The church is open to public entry and has returned to its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

ASSEMBLY FROM PAGE 19

their faith journey takes them.

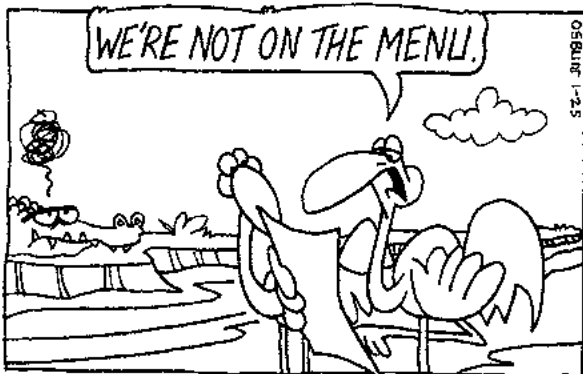
More information about Leisure World Assembly of God can be obtained by contacting Pastors Chuck and Sheryl Franco at (562) 357-4360 or lwagpastorc@gmail.com. Prayer requests can be sent to Pastor Chuck at the above contacts or prayer team leader Carolyn Van Aalst at (562) 343-8424. Leisure World Assembly of God looks forward to serving the Leisure World community.

SCRABBLE G R A M S SOLUTION

P ₃	E ₁	N ₁	N ₁	A ₁	N ₁	T ₁	RACK 1 =	59
D ₂	I ₁	P ₃	O ₁	L ₁	A ₁	R ₁	RACK 2 =	60
E ₁	N ₁	D ₂	L ₁	E ₁	A ₁	F ₄	RACK 3 =	63
U ₁	N ₁	A ₁	D ₂	E ₁	P ₃	T ₁	RACK 4 =	60
M ₃	E ₁	D ₂	I ₁	G ₂	A ₁	P ₃	RACK 5 =	89
PAR SCORE 255-265								TOTAL 331

Puzzle Answers

Puzzle page 06-07



Sudoku 2 Answers

1	4	5	7	2	3	6	9	8
3	7	9	1	8	6	2	5	4
8	2	6	5	9	4	1	7	3
4	9	3	6	7	2	8	1	5
6	8	7	4	1	5	9	3	2
5	1	2	8	3	9	7	4	6
7	6	1	3	5	8	4	2	9
2	3	8	9	4	7	5	6	1
9	5	4	2	6	1	3	8	7

Guess Who?
Tom Brady

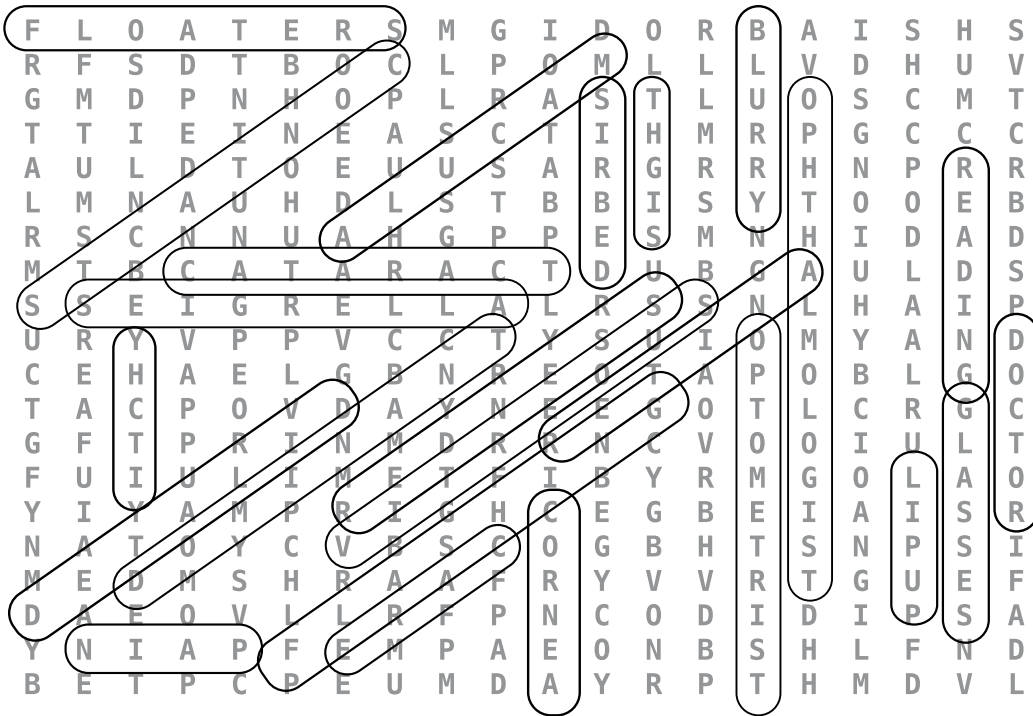
Crypto Fun Answers

A. vision B. retina C. clarity D. distance

Boggle BrainBusters Answers

TIN GOLD ZINC IRON LEAD SILVER NICKEL PLATINUM

Word-Find Answers



Crossword Answers

R	A	B	I	D	H	E	I	S	T	C	R	A	G	F	O	B
E	L	E	N	A	E	R	N	I	E	Y	O	D	A	M	O	L
S	A	N	C	H	O	P	A	N	Z	A	R	O	A	R	A	R
R	E	A	L	M	S	E	E	L	A	D	B	A	R	T	O	K
			I	N	G	E	R	I	A	N	B	A	S	I	S	
D	E	T	A	I	L	S	C	H	O	P	E	N	H	A	U	E
R	E	M	O			O	R	A	T	O	R	R	A	Z	E	M
A	C	C	R	A		S	E	T	O	N		L	O	G	O	S
J	O	E	Y	B	I	S	H	O	P		C	O	W	L	S	C
A	Y	E		A	N	Y	A			W	O		E	D	W	A
			M	S	G			B	O	B	H	O	P	E	O	E
M	C	Q	U	E	E	N		P	A	Y		M	E	G	A	S
A	L	U	M	S		E	L	A	N		C	H	O	P	S	T
C	E	E	S		J	A	I	L		H	A	I	T	I	S	P
H	A	S		L	A	T	E		P	A	S	T	E	L	S	E
O	R	T	H	O	P	E	D	I	S	T	S		O	P	P	O
		I	O	W	A	N		M	A	E		L	E	G	A	L
C	L	O	V	E	N		A	P	T		T	E	X		L	I
H	O	N	E		E	M	M	A		S	H	O	P	K	E	E
E	V	E	R		S	A	I	L		C	A	N	E	A		R
W	E	D			E	D	N	A		I	T	A	L		S	T

Sudoku 1 Answers

1	2	8	5	3	7	9	6	4
4	6	3	9	8	1	2	5	7
7	9	5	2	6	4	3	8	1
3	4	1	8	7	5	6	2	9
2	5	6	4	1	9	8	7	3
9	8	7	6	2	3	4	1	5
8	1	4	3	5	2	7	9	6
6	7	9	1	4	8	5	3	2
5	3	2	7	9	6	1	4	8

- The Basic Rules of Sudoku:
- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 - When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 - Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 - Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 - Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

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SCAM
from page 1

they are often individually crafted, they can even evade detection from advanced email filters. However, phishing emails often have common characteristics; they are frequently constructed to trigger emotions such as curiosity, sympathy, fear and greed. Watch out for the following:

• *Emails Demanding Urgent Action*

Emails threatening a negative consequence or a loss of opportunity unless urgent action is taken are often phishing emails. Attackers often use this approach to rush recipients into action before they have had the opportunity to study the email for potential flaws or inconsistencies.

• *Emails with Bad Grammar and Spelling Mistakes*

Another way to spot phishing is bad grammar and spelling mistakes. Most legitimate companies apply spell-checking tools to outgoing emails by default to ensure their emails are grammatically correct.

• *Emails with an Unfamiliar Greeting or Salutation*

Emails that start "Dear" or contain phrases not normally used in informal conversation should arouse suspicion.

• *Inconsistencies in Email Addresses, Links & Domain Names*

Another way to spot phishing is finding inconsistencies in email addresses, links and domain names. Does the email originate from an organization you've corresponded with often? If so, check the sender's address against previous emails from the

same organization. Look to see if a link is legitimate by hovering the mouse pointer over the link to see what pops up.

If an email allegedly originates from (say) Google, but the domain name reads something else, the email is likely a phishing attack.

• *Suspicious Attachments*
Emails with attachments should always be looked at care-

fully—especially if they have an unfamiliar extension or one commonly associated with malware (.zip, .exe, .scr, etc.).

• *Too Good to Be True Emails*
Too good to be true emails are those which incentivize the recipient to click on a link or open an attachment by claiming there will be a reward of some kind. If the sender of the email is unfamiliar, it's likely a phishing email.

COLUMN
from page 4

their favorite flowering trees and shrubs, for me to discover. I captured images of my favorites on my iPhone and shared them with friends on Facebook and Instagram.

These moments of awe open eyes and hearts to the wonders of the world around us and help push aside the feelings of entrapment that COVID forced on us. Just as Michelle Shiota and I discovered, the world that had been just outside our door opened up to us as we sought awe.

Valdesolo explains that awe makes you realize there's something significant beyond yourself, and when you see it, concerns fade into the background, and you become more interested in the collective, our shared society. We become more generous, more helpful and more cooperative.

Thinking less of ourselves and focusing outward is the antidote to isolation. Other studies reveal that awe reduces stress, helping to calm you down. Michelle states, "Our fight-flight sympathetic nervous system activation dials back a little bit. People feel an impulse to stop moving and really just take in the information about what's happening before acting next."

The best advice is to take a moment each day to seek awe. Lisa Feldman Barrett, a psychologist at Northeastern University, explains, "Over time, it becomes easier to feel this mood-boosting emotion. It may sound hokey in the abstract, but I can guarantee you that if you practice it, then that practice is essentially helping to rewire your brain to be able to make those emotions much more easily."

Why not fill every day with awe? Take awe walks or drives around our neighborhood or along the beach. Look for unexpected, extraordinary and inspiring everyday things. As you notice them, your whole body will relax, and your heart and soul will shake off the residue of the lockdown.

Classifieds

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN000. 12/30

Kash/Age-5 and Lulu/Age-8 are a mom/daughter BONDED pair. Both were dumped and rescued from Moreno Valley Park. They might be shy at first but are real CUDDLE BUGS once they trust you. They desperately need a forever home! They will be delivered neutered. Call Cambria 949-742-5168. Debbie from LW paper has pictures!

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4-White Leather Chairs, in Excellent Condition, asking \$120. Call 949-735-6811 AFTER 5:00pm.

Neighbors Sale 7-29/Thursday (9:00am-12:00pm) Mutual-5 Green near buildings 90,91,94 off Cedar Crest Lane.

Brand New Bright Yellow Tricycle, Never Used, \$200. Please call me 562-493-1702.

Moving Sale July-29th/Thursday 9:00am-3:00pm. 13860 St. Andrews Drive, Mutual-1/Apartment-59J. Furniture, Dishes & Miscellaneous Items.

Patio Sale July-29th/Thursday. 13141 Shawnee Lane, Mutual-11/ Unit-267J. Table-lamp, nice decorated items, miscellaneous items, free moving boxes.

Faux-Leather Couch \$125, Over-Sized Recliner \$99. Please leave a message at 714-203-5072.

La-Z-Boy award winning Duo® Reclining-Sofa with dual-controllers and USB-ports on outside arms; patented ComfortCore® upholstery; 6-months old, \$1550. Call (310) 251-9817. If texting, use "SOFA" & leave a message.

Estate Sale Monday/Tuesday August 2-3 (9:00am-12:00pm). Private Sale. Full White Cottage Style Bedroom-Set, La-Z-boy Grey Tone Recliners and Love-seat, Television, Desk, Ladies-Jewelry, Dishes, Pots/Pans, Linens, Household-Items, Ladies Clothing and Shoes. Call for appointment 714-943-1818. Glinda Davis Seal Beach License GDD0001.

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M12 64H \$425,000

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Skylights
M1 67B \$180,000

New Listing
Coming Soon

2 Bedroom Corner
Sun Room
Front Porch
Drive Up Parking
M 12

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Corner Unit

Two Bedrooms



M16-52L

Beautiful Large
Greenbelt
\$289,000

2021 Escrows

8-193H	\$230,000	3-12L	\$205,000
14-24A	\$325,000	12-62K	\$240,000
2-35D	\$210,000	8-180H	\$172,000
8-191A	\$485,000	6-138B	\$175,500

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Mutual 10, 241C



Mutual 15, 13L

2020-2021 Escrows

Representing Sellers

Mut. 3, 11C	SOLD
Mut. 10, 247I	SOLD
Mut. 8, 198I	SOLD
Mut. 5, 103J	SOLD
Mut. 15, 21M	SOLD
Mut. 14	SOLD

Representing Buyers

Mut. 6	SOLD
Mut. 10, 244J	SOLD
Mut. 15, 21M	SOLD
Mut. 15, 7R	SOLD
Mut. 5, 70K	SOLD
Mut. 11, 265L	SOLD

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Erika Shapiro
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LW DREAMHOUSE
Fully expanded, 100% new kitchen, granite counters, laminate flooring, South facing, on a greenbelt, 2 BDR, 2 Bath, cabinets, granite counters, laminate flooring
Mutual 9-225E \$215,000

Basic 1 BDR/1 Bath, South facing, wide courtyard, laminate flooring, U.S. Cut-down master, walk to Gym, Golf & Pool
Mutual 5 - 125B \$178,000

2 BDR, 2 Bath Mutual 15 downstairs, fully finished With a side patio on a lovely greenbelt
Mutual 15-21H \$398,000

Fully Expanded, Beautiful, 2 BDR, 2 full bath with all the bells & whistles, formal dining room, windows, washer & Dryer and more!
Mutual 10-256C \$455,000



Fully expanded Corner, 2 BDR/ 2 Full Baths Greenbelt view, full patio, All the bells & whistles
Mutual 10-245A \$570,000



Condo, 2nd Floor 2 BDR, 2 Bath, Greenbelt View, South-East facing, central A/C heat, fridge, Double oven, microwave, dishwasher. Move-in ready, fresh paint and carpet. Financing available
Mutual 17-16B \$425,000

Pending in Escrow

M14 -24A	\$325,000	M12-06H	225,000
M1 - 32B	\$175,000	M 2-22D	185,000

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Here are some of the listings that we are working to bring on the market:

Mutual 1 - 1 bedroom 1 bath	Mutual 3 - 2 bedroom 1 bath	Mutual 10 - 2 bedroom 1 bath
Mutual 2 - 2 bedroom 1 bath	Mutual 5 - 2 bedroom 1 bath	Mutual 11 - 2 bedroom 1 bath
Mutual 2 - 2 bedroom 1 bath	Mutual 7 - 2 bedroom 1 bath	Mutual 14 - 2 bedroom 1 bath












Dawn Januszka Broker DRE #02110501
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DRE # 00744676

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Gloria Hadley
Realtor®
DRE # 01057681

562 **618-9940**

562 **884-3594**



Mutual 2-17C



\$259,900

Charming 2 bed, 1 bath cottage. This lovely home is light and bright. Living room is spacious and has a heat pump. Kitchen features a skylight that can be opened and built-in Leisure World appliances including refrigerator, stove and oven. Master bedroom has an additional heat pump. The bathroom also has a skylight that can be opened and a cut down shower. Second bedroom may be used as an office or den. Also featured is a large wrap-around patio with a private entrance, storage and overlooks dramatic California landscaping. There are double paned windows throughout and 2 large skylights on the patio. Nice central location between LW Shopping Center and downtown Leisure World and is very close to drive-up parking.



Mutual 2-63A

\$269,000

Charming 2 bedroom 1 bath corner expanded beach cottage. Side expansion may serve as a formal dining room, den, office or bonus room. This unit is light and bright and has the following features. Living room has double pane sliding glass doors to patio, kitchen has built in Leisure World refrigerator, stove, oven, and skylight. Master bedroom has tile floors and double pane sliding glass doors to patio. Bathroom has skylight and high boy toilet. Second Bedroom is carpeted and has double pane windows. Private patio has walk-in storage. This lovely unit faces south and enjoys the sunset and ocean breezes.

Buying or selling...

Whatever your circumstances, whatever your needs, we can help.

GIVE US A CALL

**Mutual 5-93F
Mutual 8-202C
Mutual 8-202J
Mutual 3-21A
Mutual 10-240B
Mutual 11-267I**

**Mutual 12-70D
Mutual 14-15I
Mutual 2-13F
Mutual 2-51J
Mutual 1-35J
Mutual 11-285H**

Sold

**Mutual 2-19L
Mutual 2-24D
Mutual 1-30D
Mutual 1-37F
Mutual 12-41G
Mutual 2-46D**

**Mutual 10-248D
Mutual 11-277A
Mutual 2-40L
Mutual 8-203G
Mutual 2-22J
Mutual 1-27F**



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Bill Berman
714-606-5258



Gail Alonzo
562-673-6703

Two-Bedrooms

Mutual 12 64H \$425,000
expanded, chef's kitchen, granite
counters, 3 skylights, jetted tub

Mutual 10 251F \$525,000
3 bedroom corner with 2 skylights,
stackable washer/dryer, quartz
counters, recessed lighting

Mutual 15 48C \$539,000
atrium, private courtyard, washer/
dryer, custom cabinets, 4 skylights, a
must see



Jay Cho
714-944-4998



Estee Edwards
562-208-2540



Philip Bak
213-550-9991



Irv Hart
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Inventory is Low
BUYERS are Waiting
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DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

BRING ME YOUR LISTING, I CAN SELL YOURS TOO!



Mutual 8-204-I
\$247,000

Two Bedrooms, One Bath on a pretty little green with trees!
Nice condition with carpet, a heat pump, skylights, upgraded windows with
raised outer walls that allow better space for furniture placing. Heat-pump,
a large L-Shaped patio and views of green, close parking and laundry!



Pending

Coming Soon!

**Three Lovely
Expanded 2 Bedrooms
Mutual 9, Mutual 2, & Mutual 14!**



**Taking Back-Up
Offers**

Mutual 7-158-K

\$320,000

Two Bedrooms, One Bath on a pretty courtyard! Upgraded with raised outside
walls and oversized dual pane windows that will give you wall space for furni-
ture and a home feel. Pretty laminate floors, quartz counters in the kitchen
and bath, stainless steel appliances, 2 heat-pumps, smooth ceilings with
canned lighting, skylights, and a wonderful L-shaped patio to enjoy! Close
parking and just STEPS TO CENTRAL PARK - enjoy walks, relaxing under the
trees and taking in the beautiful surroundings.



Mutual 3-22-D
Mutual 3-11-H
Mutual 1-42-C
Mutual 5-119-E
Mutual 5-119-D

Mutual 1-57-L
Mutual 14-48-E
Mutual 6-58-A
Mutual 6-135-J

Mutual 7-158-G
Mutual 11-265-J
Mutual 11-266-F
Mutual 7-158-G

Mutual 1-8-C
Mutual 9-221-J
Mutual 12-41-G
Mutual 10-253-K
Mutual 4-80-L

Taking Back-up Offers
Mutual 7-158-K

Pending Sales
Mutual 8-204-I
Mutual 7-171-I



See more at www.sealbeachleisureworld.com



CAROL GASPER

REALTOR Lic# 01276484

562.716.1547

gcarol1966@gmail.com

<http://www.sealbeach-retirementcommunity.info>



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— REALTY GROUP —

1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

**For 2021, I have a total of 66 Leisure World pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!**



13560 Cedar Crest #109B | M5 | \$499,000

No finish untouched in this remarkable unit as everything you would want done has been done! Interior 2bed/2bath unit sits upon a beautiful greenbelt with all the bells and whistles.



13630 Alderwood Lane #77F | M4 | \$355,000

Fully Expanded Corner Location. 2 Bedrooms, 1 Bath with Added Side Patio. A/C Heat Pump, Ceiling Fans, Remodeled Kitchen with Lots of Storage, Washer/Dryer, 2 Skylights.



1640 Glenview Rd., #76G | M12 | \$479,500

Beautiful Beach Cottage! Corner 2 Bedroom, 1 1/2 Bath. Central A/C, Plantation Shutters, Vinyl Plank Flooring, Dual Pane Windows, Central A/C, Washer/Dryer, Smoothed Ceilings, Granite Countertops.



1202 Golden Rain Rd., #72H | M-2 | \$249,000

Basic 2 Bedroom, 1 Bath drive up location. Large wrap around patio. 2 Large Skylights. Very private location.



1603 Monterey Road #22B | M2 | \$195,000

Drive-Up Location! 1 Bedroom, 1 Bath. Granite Countertops, Light Laminate Floors, Custom Shower, Dual Pane Window and Slider. South Facing!



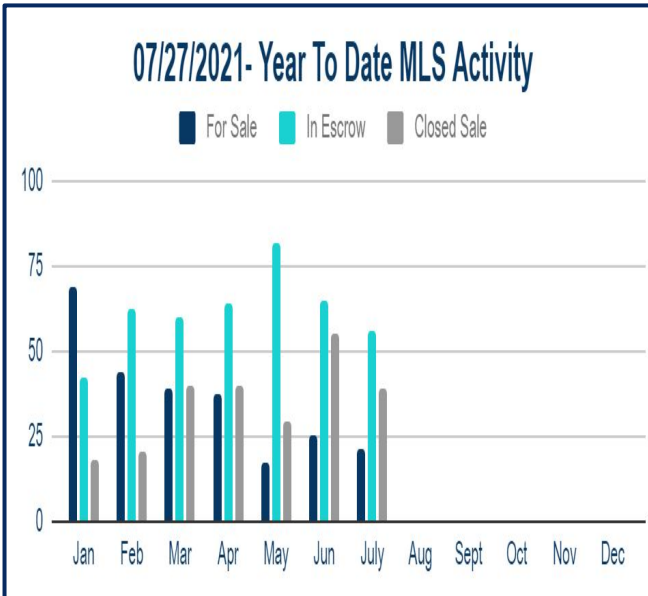
13342 Del Monte Dr. #5C | M15 | \$289,000

Charming downstairs corner unit is a blank canvas ready for your interpretation, AC heatpump and upgraded flooring throughout. Large bedrooms, great indoor/outdoor patio area for seasonal outdoor entertainment, and 2 bathrooms!



1421 Golden Rain Rd. #87H | M4 | \$269,000

2 Bedrooms, 1 Bath with High Side Expansion. Upgraded Kitchen with Quartz Countertops, Custom Backsplash, Stainless Steel Appliances. Cut Down Shower and Skylight. Large Storage Unit on Patio.



On July 27th, 2021 a total of 21 units show as active listings on the CRMLS (this is where Realtors list property for sale).

**1 - 1 bedroom/1 bath
at \$185,000**

**12 - 2 bedrooms/1 bath
from \$240,000 to \$425,000**

**8- 2 bedrooms/2 baths
from \$289,550 to \$539,000**

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

**Nick Monteer, Broker | DRE Lic# 01927606
213.880.8220 | nicholasmonteer@gmail.com**



Our Team is growing! Welcome Nick Monteer

"As Broker for the Gasper Monteer Realty Group, it is my job to make sure our agents are ethical and doing best by you. I am so excited to take my knowledge of assisting local real estate companies and applying my expertise to this amazing new family. Our team is dedicated to exceptional service and bringing a high level of professionalism to Leisure World. We look forward to serving you and I cannot wait to see you out and about in our wonderful community."

