Weekly



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SAVE LIVES - WEAR A

OC VECTOR CONTROL



First WNV-positive mosquitoes confirmed

The Orange County Mosquito and Vector Control District (OCMVCD) has confirmed the first mosquito samples to test positive for West Nile virus (WNV) in 2021.

The positive mosquitoes were collected from two different locations in the City of Fullerton at the cross streets of Chapman and Ladera Vista as well as Woodcrest and Richman Avenue.

"West Nile virus positive mosquito samples indicate that the virus is active in Orange County and that there is an increased risk for residents to become infected with WNV through a mosquito bite," said Amber Semrow, director of scientific services.

West Nile virus is spread to people by the bite of an infected mosquito. Mosquitoes become infected when they feed on infected birds. Currently no human cases of West Nile virus have been reported in Orange County.

OCMVCD staff will continue to conduct surveillance, inspections, and control measures for mosquitoes to prevent additional mosquito breeding in the area. OCMVCD will post WNV advisory signs alerting residents of high WNV activity in affected area.

"It is essential for residents to do their part and take charge of their yards," said Lora Young, director of communica-

'The best way to protect yourself is using EPA-registered repellent, wearing long-sleeved clothing, and eliminating potential breeding sources around your property."

To learn more about West Nile virus go to https://www.ocvector.org/westnile-virus.

Mosquito control is a shared responsibility. Orange County residents need to do their part to control mosquito breeding around their properties and prevent bites. Eliminating breeding sources is critical to preventing the spread of West Nile virus.

To prevent mosquito bites, take action and follow these tips:

- Dump and drain containers filled with water at least once a week.
- Clean and scrub bird baths and pet water bowls weekly.
- Dump water from potted plant

For more information on how to reduce the risk of WNV in LW, visit www.ocvector.org.



Work continues at a rapid pace at the pool, with crews digging trenches (left) for the installation of plumbing pipe, which is stacked up and ready to be installed (below) this week as trenching is completed. The facility is also getting new roofs this week.

Plumbing pipe to be installed this week

Progress continues on the renovation of the pool and spa this week. On Aug. 6, pipe for pool and spa plumbing was delivered, and installation was expected to begin yesterday. Trenching for pool plumbing continues; crews have completed digging the pool to grade. Work scheduled for this week includes:

- Cut in skimmers and main drains, which are related to the filtration of the pool.
 - Heating pump installation to begin.
- Roof demolition completed, with the locker rooms and starter shack re-roofing 50 percent complete.

The pool has been closed since November 2019, when potentially catastropic defects were uncovered in the 1960s-era facility. What started as a simple remodel soon morphed into a full-

blown reconstruction in the name of safety.

The project coincided with the coronavirus epidemic, which has delayed construction, parts procurement and other facets of the job.



The facility will boast a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area in a reconfigured space to maximize potential.

WEAR A MASK







Protect yourself from illness and others from transmission

In Orange County, coronavirus case counts and hospitalizations due to CO-VID-19 have been climbing for at least a month, prompting public health officials to implore everyone to resume wearing masks in public settings, avoid crowds and get a vaccine if they haven't already.

As of Aug. 6, the weekly average num-

residents was 15.3, and the percentage of tests coming back positive jumped to 7.9 percent, more than two points higher than the prior week, according to Orange County health officials.

As of Aug. 2, more than 164 million people in the United States had been fully

ber of COVID-19 cases per 100,000 OC vaccinated against COVID-19, but reports of breakthrough illness are occurring, and people who are 65 years and older are the most susceptible.

> According to the Centers for Disease Control, the total number of vaccine breakthrough infections reported through

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The Academy Award-winning 2020 drama "Minari" was shown Aug. 6 in the Amphitheater. The show, co-sponsored by the Korean American Association, drew the largest crowd ever to the venue. Harry Yoon, the film's prestigious editor, introduced "Minari," which was produced by Brad Pitt, and written and directed by Lee Isaac Chung. It is the story South Korean immigrants trying to make a new life in rural Arkansas in the 1980s.

OC REGISTRAR OF VOTERS

Official Ballot Drop Box opens Aug. 16 for recall election

For the upcoming California Gubernatorial Recall Election, all 116 Ballot Drop Boxes located countywide will be operational and opened on Monday, Aug. 16, according to the OC Registrar's Office.

The Ballot Drop Box in Leisure World is located at the Amphitheater bus hub next to the U.S. Post Box near the Admininstration Building on Golden Rain Road.

It is open 24/7 during the voting period, from Aug. 16-Sept. 14.

Ballots will be picked up daily

On Election Day, Tuesday, Sept. 14, two county employees will be assigned at the Ballot Drop Box in the afternoon and evening to assist with traffic flow and lock the ballot mail slots at 8 p.m. or after the last voter.

To view a map or list of all Ballot Drop Box locations in Orange County, visit www.ocvote.com/locate.



Reveal Your Youthful Glow!





Sgt. Brian Gray, emergency services coordinator for the Seal Beach Police Department, will be the guest speaker at the Emergency Information Council meeting on Aug. 12 at 10 a.m. in Conference Room B, Building 5. This meeting is open to all residents who are interested in being proactive in all aspects of emergency and disaster planning. For more information, call (562) 598-4810.

BE KIND IN COVID-19 TIMES

Helping others can ease anger, stress

The COVID-19 pandemic has had a major effect on people's lives. Many are facing challenges that can be stressful, overwhelming and cause strong emotions. Public health actions, such as masking and social distancing, are necessary to reduce the spread of COVID-19, but they can make people feel isolated and lonely, and can increase stress and anger. Learning to cope with stress in a healthy way will help you become more resilient and foster kindness rather than conflict with those around you.

According to health experts, stress can cause the following:

- Feelings of fear, anger, sadness, worry, numbness or frustration
- Changes in appetite, energy, desires and interests
- Difficulty concentrating and making decisions
- Difficulty sleeping or nightmares
- Worsening of chronic health problems
- Worsening of mental health conditions

It is natural to feel stress, anger, anxiety and worry during the COVID-19 pandemic. Below are ways that you can help yourself, others, and your community manage stress

Healthy Ways to Cope with Stress

- Take breaks from watching, reading or listening to news stories, including those on social media. It's good to be informed, but hearing about the pandemic constantly can be upsetting. Consider limiting news to just a couple times a day and disconnecting from phone, tv, and computer screens for a while.
 - Take care of your body.
 - Take deep breaths, stretch, or meditate.
 - Try to eat healthy, well-balanced meals.
 - Exercise regularly.
 - Get plenty of sleep.
 - Avoid excessive alcohol, tobacco and substance use.
- Continue with routine preventive measures (such as vaccinations, cancer screenings, etc.) as recommended by your healthcare provider.
 - Get vaccinated with a COVID-19 vaccine.
 - Connect with others. Talk with people you trust about your

ANGER, page 23



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Pedestrian Safety—Know the Basics

At some point in the day, everyone is a pedestrian, and unfortunately, pedestrian fatalities remain high, according to the National Highway Traffic Safety Administration (NHTSA).

In 2019, the last year statistics are available, a pedestrian was killed every 85 minutes in traffic crashes. The danger is heightened at night when visibility is diminished for drivers.

Leisure World walkers are particularly vulnerable and are cautioned to do everything they can to make themselves seen once the sun sets—wear reflective vests, stay on sidewalks and be especially alert at intersections.

10 Walking Safety Tips

- Be predictable. Follow the rules of the road and obey signs and signals.
- Walk on sidewalks whenever they are available.
- If there is no sidewalk, walk facing traffic and as far from traffic as possible.
- Keep alert at all times; don't be distracted by electronic devices that take your eyes (and ears) off the road.
- Whenever possible, cross streets at crosswalks or intersections, where drivers expect pedestrians. Look for cars in all directions, including those turning left or right.
- If a crosswalk or intersection is not available, locate a well-lit area where you have the best view of traffic. Wait for a gap in traffic that allows enough time to cross safely; continue watching for traffic as you cross.



Neon orange flags are placed at busy LW intersections to make walkers more visible.

- Never assume a driver sees you. Make eye contact with drivers as they approach to make sure you are seen.
- Be visible at all times. Wear bright clothing during the day, and wear reflective materials or use a flashlight at night.
- Watch for cars entering or exiting driveways, or backing up in parking lots.
- Avoid alcohol and drugs when walking; they impair your abilities and your judgment.

In 2019, 6,205 pedestrians died. NHTSA raises awareness of the dangers to pedestrians by providing safety tips, educational material and other resources. Find out how to protect yourself and your loved ones when walking, and learn how you can help prevent pedestrian injuries and deaths at https://www.nhtsa.gov/road-safety/pedestrian-safety.

NOCE REGISTRATION DRAWS CROWD



Taylor Greene

Scores of LW residents turned out to register for in-person North Orange Continuing Education (NOCE) Aug. 3 at Clubhouse 2. LW Library staffer Heather Kabeney (seated left, photo below) helped Linda Klein (standing) and Lynn Zdonek, both of Mutual 8, register for classes. Most of the the classes are now full. Check with the LW Library for class availability. The



fall semester runs from mid-August through December. Classes will be held at the Knowledge and Learning Center in Clubhouse 3 and in various studios and art rooms in Clubhouse 4. The LW Library is open Monday-Saturday from 9:30 a.m.-3:30 p.m., and staff can answer questions about the NOCE program or call (562) 598-2431. The Golden Rain Foundation partnered with NOCE last year to conduct classes in LWSB.



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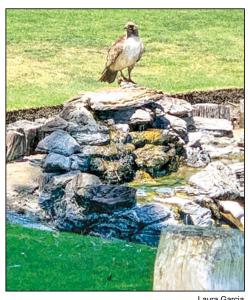
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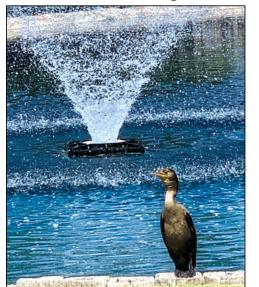
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Perspectives





A cormorant fishes at Turtle Lake.



A hawk perched in a golf course tree. A hawk tries to carry off a golf ball.



MEMBER COLUMN

A hawk surveys the pond.

Diversity of wildlife at Turtle Lake Golf Course is inspiring, uplifting

by Robert Barnum LW contributor

A truly beautiful and magnificent display of diversity in bird species happens for us every late spring at the Turtle Lake com-

munity golf course. We have the tiny hummingbird, flapping its wings 1,500 hundred times a minute. At times, it will hover in flight a mere 4feet from your face and stare in awe at you, its fluorescent green belly shining in the sun.

We have the small yet brave Phoebe that perches on the bridge, glaring at passersby, only taking flight when people are 5 feet away.

The brilliant colors of the Western Bluebird and the Yellow Breasted Flycatcher are like that of a Picasso painting.

The aquatic fishing ability of the cormorant is a fascinating sight to see. Trolling the pond underwater, diving seemingly

this bird have success.

Sadly only once have I viewed an astounding family of woodpeckers. Just recently, an annoyingly loud—especially for a golfer—flock of Brazilian parrots passed by.

They all commingle with the many species that we all see on a daily basis—the loud mimicking mockingbird, the common sparrow (even the hooded variety), swallows, crows, finches, blackbirds, robins and, of course, doves. A pair of doves have occasionally built a nest and produced offspring above tee box No 4.

And for you romantics, a pure white dove has been seen.

Like clockwork every year, large Canadian geese visit. Often, you will find Mallard ducks in and around the pond.

I have witnessed an egret in the pond and another unidentified beautiful webbed-foot species.

Then, flying above all of these

forever. I have actually witnessed is the majestic red-tail hawk. A comedy. pair of these birds of prey have nested and reproduced every year I have been a member of the LW community. Watching their young mature from nest to flight is fascinating.

> This occurs for about eight weeks and is a delight to see around eucalyptus trees above the No. 4 putting green and other areas of the course.

> What a sight it is to see these young birds, who have a 4-foot wingspan, learn to fly. I have recently seen as many as five hawks at one time above our course.

> But the young ones provide an absolute treasure trove of viewing pleasure. The process of learning to fly includes many short jaunts that have them flying barely above golfers' heads.

> Watching them learning to hunt is fascinating. One of their favorite meals is squirrels. Watching a hawk chase them among the branches to no avail is pure

> > Letters to the Editor should

include your name, Mutual num-

ber and phone number, and be

emailed to rutho_news@lwsb.com

or typed and delivered to the LW

terest to the community and may

contain opinions, suggestions,

compliments and complaints

without being scurrilous, libel-

ous, defamatory, repetitive or

otherwise inappropriate.

Letters must be of general in-

Letters Policy

Watching them try to carry off golf balls, also to no avail, is also quite comedic, especially when my ball is being moved 20 feet in the wrong direction.

Fantastic bird viewing opportunities are there every day right on our own golf course.

A majestic bird in flight has the ability to uplift people's spirits.

To view a hawk floating, gliding, drifting on a breeze is mesmerizing. To see one go stealth, with ducked wings, at up to 120 mph, is breathtaking. I have seen a monkey-faced barn owl and a Peregrine falcon near my place. But the best spot for viewing is out there on the community golf course, especially the benches behind the No. 3 tee box.

Setting It Straight

In the GRF Board recap printed in the July 29 issue a Mutual was misattributed and a name was omitted. Rich Carson was misidentified as being president of Mutual 14 and Lee Melody of Mutual 14 was left off the list. It should have read that the GRF board moved to appoint to the newly established Management Services and Contract Ad Hoc Committee, comprised of GRF directors Carole Damoci, chair; plus members Paula Snowden, Marsha Gerber, Paul Pratt and Phil Friedman; Mutual presidents Mike Levitt (Mutual 4), Jeri Dolch (Mutual 8), Rich Carson (Mutual 12), Lee Melody (Mutual 14) and Jackie Dunagan (Mutual 15); and Resident Specialist Kathy Rapp.



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Letter to the Editor

Editor:

I had a dream last night that consisted of the president of the U.S. rewarding all Afghans who assisted in helping our armed forces during our time there. For 20 long tortuous years, they acted as interpreters and fought when they were needed, side by side, thus saving many of our troops.

In my opinion, they and their families deserve immediate citizenship and all the help they need to become proud Americans.

As a proud American myself, it would be my great honor to adopt a family and assist them. I hope and pray that my dream comes true, and they arrive soon.

Mitch Cohen Mutual 15

Weekly office.

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Government

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Aug. 12	Communications/IT Committee
	Conference Rm A/virtual 1 p.m.
Fri., Aug. 13	Architectural Design Review Committee
	Conference Rm A/virtual 1 p.m.
Mon., Aug. 16	Finance Committee
	Conference Rm A/virtual 10 a.m.
Tues., Aug. 17	Special Recreation Committee Meeting
_	Clubhouse 4/virtual10 a.m.
Tues., Aug. 17	Website Ad Hoc Committee
_	Conference Rm A/virtual 1 p.m.
Tues., Aug. 18	Strategic Planning Ad Hoc Committee
· ·	Conference Rm B/virtual 1 p.m.
Tues., Aug. 24	GRF Board Monthly Meeting
	Clubhouse 4/virtual10 a.m.
Mon., Aug. 30	Recreation Committee
. 0	Clubhouse 4/virtual1 p.m.
Wed., Sept. 1	Physical Property Committee
, 1	Clubhouse 4/virtual1 p.m.
Thurs., Sept. 2	GRF Executive Committee
	Conference Rm A/virtual 1 p.m.
	Comercine raining (in case in initial print)

State updates mask guidance

The California Department of Public Health (CDPH) updated its Guidance for Face Coverings, in response to new CDC guidance recommending mask use for public indoor settings to slow the spread of COVID-19 and the delta variant.

Effective July 28, masks are required for all individuals in the following indoor settings, regardless of vaccination status:

- On public transit (i.e., airplanes, ships, ferries, trains, subways, buses, taxis and rideshares) and in transportation hubs (i.e., airport, bus terminal, marina, train station, seaport or other port, subway station, or any other area that provides transportation)
- Indoors in K-12 schools, childcare
- Emergency shelters and cooling centers
 - Healthcare settings
- State and local correctional facilities and detention centers
- Congregate settings such as homeless shelters
- Long-term care settings, as well as adult and senior care facilities

Masks are required for unvaccinated individuals and recommended for fully vaccinated individuals in indoor public settings and businesses (i.e., retail, restaurants, theaters, family entertainment centers, meetings, and state and local government offices serving the public). It is important to wear a mask if you are around someone that is high risk, with unvaccinated children or with people whose vaccination status is unknown especially indoors.

In settings where masks are required only for unvaccinated individuals, businesses, venue operators or hosts may choose to:

- Provide information to all patrons, guests and attendees regarding vaccination requirements and allow vaccinated individuals to self-attest that they are in compliance prior to entry.
- Implement vaccine verification to determine whether

individuals are required to wear a mask.

• Require all patrons to wear masks.

For complete information and FAQs on the state's current mask guidance, go to www.cdph.ca.gov/.

In addition to updated mask guidance, the state issued a new order requiring certain high-risk health care facilities, including hospitals, skilled nursing facilities, high-risk congregate settings and other health care settings, to verify vaccine status of all workers. Additional requirements on respirators/masks and testing for unvaccinated workers also apply in these settings. For more information on the health order and all facilities impacted, visit www.cdph.ca.gov/.

The OC Health Care Agency (HCA) advises all residents to refer to the CDPH's guidance regarding masks and requirements for high-risk health care facilities. HCA strongly encourages everyone to avoid large crowds, where it is easy for the virus to pass from person to person. It also encourages those who have not yet been vaccinated to schedule a vaccination appointment as soon as possible by visiting www.Othena.com or calling the OC COVID-19 Hotline at (714) 834-2000.

Between July 21 and July 27, Orange County experienced an increase in the seven-day average case rate, from 6.5 to 8.6 per 100,000 people, with the average number of daily COVID-19 cases increasing from 210 to 279. The positivity rate also increased from 3.6 percent to 5.2 percent, hospitalizations from 149 to 215 per day, and ICU admissions from 39 to 56 per day. According to the CDPH, from January 1 to July 14, 99 percent of COVID-19 cases in California were among unvaccinated people.

Orange County COVID-19 case counts, and testing figures are updated daily, Monday through Friday, at occovid19.ochealthinfo. com/coronavirus-in-oc.

—Orange County Health Care Agency

Carport Cleaning

Since most of the holidays in 2021 fall on workdays for LWSB's cleaning contractor, all carports will be cleaned this year on the actual holiday, with the exception of Thanksgiving (Nov. 25). The following carports will be cleaned the morning of Nov. 30:

Mutual 11: Carports 130-131 **Mutual 15:** Carports 7-8, 10 and 13

Mutual 16: Carport 9
The following carports will be cleaned that afternoon:

Mutual 15: Carports 3, 6, 11-12



Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

Catch up on LW news at www.lwweekly.com

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., Aug. 12	Mutual 12
	Conference Rm A9 a.m.
Fri., Aug. 13	Mutual 3
	Conference Rm A9 a.m.
Mon., Aug. 16	Mutual 15
	Conference Rm A 1 p.m.
Tues., Aug. 17	Mutual 14
	Conference Rm B 1 p.m.
Wed., Aug. 18	Mutual 5
	Conference Rm B
Wed., Aug. 18	Mutual 7
	Conference Rm A 1 p.m.
Thurs., Aug. 19	Mutual 2
, 8	Conference Rm A9 a.m.
Thurs., Aug. 19	Mutual 11
	Conference Rm B 1:30 p.m.
Mon., Aug. 23	Mutual 8 (open forum, 9:15 a.m.)
	Conference Rm A
Wed., Aug. 25	Mutual 10
, 8	Conference Rm A9 a.m.
Thurs., Aug. 26	Mutual 1
, 8	Conference Rm A9 a.m.
Fri., Aug. 27	Mutual 6
, , ,	Conference Rm A 10 a.m.
Thurs., Sept. 2	Presidents' Council
,	Clubhouse 4/virtual9 a.m.
Tues., Sept. 7	Mutual 16
,	virtual

Submission Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

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Religion



The women's Bible study, led by Linda Hernandez, meets Thursdays at 1 p.m.

FAITH CHRISTIAN ASSEMBLY

Men's and women's Bible study groups are in full swing

The men's and women's ministry fellowship groups meet this week at Faith Christian Assembly. Those who haven't attended FCA are invited to a great and casual way to be introduced to the church and see what FCA believes. Additionally, there is something special about people getting together to focus on strengths and address unique issues as men and women. Having a ministry devoted specifically to each group provides an excellent

opportunity for people to experience that kind of community support.

Join FCA this Thursday, Aug. 19, at 1 p.m. The women's ministry, "Touch of Love," under the direction of Linda Hernandez, will meet in the Garden Room. The men's ministry, under the direction of Gary Leming, will meet at the same time in the main sanctuary. Everyone is invited to take advantage of these wonderful ministries devoted to men

and women.

FCA's Sunday morning worship service is at 10:30, the Sunday evening celebration is at 5:30, and midweek Bible study on Wednesdays, taught by Pastor Sheri Leming, is at 11 a.m. The pre-service prayer is each Sunday at 5 p.m.

To receive a free newsletter by mail or email, or to receive more information on the church, call (562) 598-9010, email *contact@fcachurch.net*, or visit the website at *www.FCAchurch.net*.

Employment Opportunity GRF Security Officers Full-Time

Golden Rain Foundation (GRF) has immediate openings for full-time (40 hours/week) Security Officers to join our team. This is an active position which will include nights, weekends, and holidays and requires walking and standing for the majority of your work shift.

Your responsibilities will include:

- · Entry control into the community
- Incident reporting
- Patrol
- Positive interaction with community members, staff and visitors

Qualified candidates will have:

- · Minimum HS Diploma or equivalent
- Valid BSIS Guard Card (or ability to obtain within 6 months of hire)
- Valid and unrestricted California Drivers' License
- Great attitude and ability to learn
- · Excellent oral and written communication skill
- · Moderate computer skills

If this sounds good, we invite you to apply on-line at www.lwsb.com/careers.

LW Baptist

In Luke 14, Jesus pictures the resurrection and completion of salvation as the great future banquet God prepares to inaugurate his redeemed people's enjoyment of salvation's benefits for all eternity.

"Let us rejoice and be glad and give him glory. For the wedding of the Lamb has come, and his bride has made herself ready, Blessed are those who are invited to the wedding supper of the Lamb," (Revelation 19).

The theme for Sunday, Aug. 15, 10 a.m. service is "Will you accept Christ's invitation to become part of his kingdom through faith in his redeeming work on the cross?"

The men's Bible study group will meet Monday, Aug. 16, at 10 a.m. The prayer and Bible study group meets Wednesdays, at 3p.m. in Clubhouse 3, Room1. Sunday school begins at at 8:45 a.m. in Clubhouse 4.

For more information, call (562) 430-2920.

Congregation Sholom

Congregation Sholom will continue its hybrid services on Friday, Aug. 13, in Clubhouse 3, Room 9, and via on Zoom at 6:30 p.m. and Saturday, Aug. 14, at 9:30 a.m. Congregation Sholom's potluck Kiddush lunches have resumed. Those who come in person on Saturday are asked to bring a dish.

New members who want to **SHOLOM**, page 7

Assembly of God

Proverbs 29:18 says, "Where there is no vision, the people perish." Meandering along with no goal in mind can be fun for a while. But in the end, it is a frustrating, pointless, expense of energy. To exist with no purpose is not what God has intended for his church. Leisure World Assembly of God (LWAG) is a church with God's purpose and intent for the church in mind.

During August, Pastor Chuck Franco will preach a series titled "Defining Our Mission," taken from LWAG's newly formulated mission statement. On Sunday, Aug. 15, his sermon title is "Worship God Whole-heartedly." The church is not a building. The church has always been defined as a community of believers. The goal of LWAG is to not merely exist as a club of people who share common faith, but be a dynamic, active, ministering part of the body of Christ. The Sunday worship services held at 10:30 a.m. in Clubhouse 3, Room 2.

The hymn sing is back, to the delight of those who enjoy singing favorite hymns and childhood church songs, selected and sung by enthusiastic audience members. Pastor Chuck will share a short devotional at the end, and participants are encouraged to fellowship afterward. The hymn sing is always open to all Leisure World residents and friends. Join the fun at 6 on Sunday evenings in the Clubhouse 3 Lobby.

The Bible study is every Wednesday at 10 a.m. in Clubhouse 3, Room 2. The study in 1 Peter, titled "Journey into Hope, When Life Gets Tough," offers encouragement and insight to the participants.

LWAG invites all LW residents and friends to take advantage of any of the opportunities for ministry and study. For more information about the church, prayer or counseling, contact Pastor Chuck Franco via email at *pastorchuck@lwassemblyofgod.com*, or by calling (562) 357-4360, or contact the prayer team leader Carolyn Van Aalst, at (562) 343-8424.

Community Church

Jesus was an affront to the religious leaders of his day. His teachings were so radical that people are still trying to come to terms with them even today. This week, Community Church will look at the John 6:51-58.

Every week Pastor Johan Dodge reminds all who are physically or virtually present that the word "Gospel" means "good news," and if the word of God is used in a way that isn't good news, then it isn't the the Gospel.

Community Church is a place where everything is designed with the first-time participant in mind. Those who have not felt welcome in church or have never participated in church before are invited to join.



Johan Dodge

As Orange County continues to emerge from the pandemic, the church welcomes everyone to participate virtually on Zoom and Facebook, and those who are vaccinated are invited to attend in person.

The sanctuary is open for those who are vaccinated, and services are open virtually for those who either cannot join physically or are still in the midst of their vaccination routine. Full vaccination is two shots after two weeks. The Delta variant is here in Seal Beach. Current guidance is to mask indoors regardless of vaccination status. Those who are vaccinated can attend with a mask.

Those who are in need of assistance can call (562) 431-2503 or email *leisurewccsue@yahoo.com*.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Solemnity of the Assumption of the Blessed Virgin Mary on Aug. 15. The first reading is from 1 Chronicles 15:3-4, 15-16; 16:1-2, and the second reading is from 1 Corinthians 15:54b-57. The Gospel reading is fromLuke 11:27-28.

Assumption of the Blessed Virgin Mary

The celebration of the Assumption of Our Blessed Mother Mary falls on Sunday, Aug. 15. Holy Family will have the normal weekend Mass schedule. Attendance at the Vigil and Sunday Mass will fulfill both the Assumption and Sunday obligation.

Masses

To receive a copy of the weekly parish bulletin, sign up at https://ebulletin.jspaluch.com or https://www.jspaluch.com/Subscribe. Visit the website for more information at www.holyfamilysb.com.

The church is now open to public entry and can return to its regular Mass schedule. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.



Members of LW Hanin Church enjoyed a time of fellowship together in Long Beach.

Leisure World Hanin Church

This week's message will be delivered by Pastor Yongkuk Han on Sunday, Aug. 15, at 10:30 a.m. in Clubhouse 3, Room 4. The title of this week's sermon is "Go and Tell the People How much Jesus has Done for You." All are welcome to attend the service, which will have a traditional hymnal and lunch served after worship.

The Open Bible College is

held each Wednesday at 10 a.m. in Clubhouse 3, Room 8. The primary purpose of this course is for people to get a clear picture of what they believe in the Bible, why they believe it and how that applies to every day life. Whether someone is brand new to LW Hanin Church or has been attending for years, all are welcome to join.

Those who are in pastoral need or have prayer requests can call Pastor Han at (310) 748-2595 or email yongkhan@hotmail.com.

LW Hanin Church looks forward to serving the Leisure World community. Abiding by the most recent Leisure World COVID-19 prevention regulations, everyone attending the meetings is required to wear a mask.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

The Message

Understanding true doctrine is the subject of Peter's second letter in chapter 2, verse 1: "But there were also false prophets among the people, even as there will be false teachers among you, who will secretly bring in destructive heresies, even denying the Lord who bought them, and bring on themselves swift destruction."

Peter challenges believers to grow in knowledge of Jesus Christ and in the word of God in order to recognize false teachers, false doctrine and that which is the truth.

Scripture of the Week

watch the livestream should con-

tact Jeff Sacks to receive a Zoom

invitation. Text Jeff at (714) 642-

0122, or email him at jfsacks@

gmail.com. The link will have

the meeting ID and password

embedded. Those who want

more details or need to practice

can call Jeff ahead of time. The

phone number to call for those

who do not have Internet service

02web.zoom.us/j/3752519429?p

wd=UDREWTA1N21jaXVUZŪ

hyQmY1U01JQT09. The meet-

ing ID is 375 251 9429, and the

passcode is 8ZYy69. If the direc-

tions are not clear, call Jeff (714)

Congregation Sholom's walk-

642-0122 well in advance.

The Zoom link is https://us-

is (669) 900-9128.

SHOLOM

from page 6

"Let me hear your lovingkind-

ness in the morning; For I trust in you; Teach me the way in which I should walk; For to you I lift up my soul. Teach me to do your will, For you are my God; Let your good Spirit lead me on level path" (Psalm 143: 8,10 NASB).

Services

Saturday and Sunday services have the same message delivered by Pastor Bruce Humes. Sunday is a traditional service, with hymnal music provided by Pat Kogok at the piano. Iris Muncie will sing a special solo selection this week. Sunday service is from 9:30-10:45 a.m.

Saturday services are more contemporary, with Gregory Black leading worship to guitar accompaniment. Saturday service time is 9:30-10:45 a.m.

The Friday evening prayer meeting is from 6-7.

ing group meets every Monday

and Wednesday at 6 p.m. in front

Tuesday, Aug. 17, at 1:30 p.m.

The club is reading a book of

contemporary Jewish short sto-

added or removed from the

misheberach list should let the

pate in Congregation Sholom's

games, book club or livestream

services on Zoom should call Jeff

Congregation Sholom should

let Howard Brass know at (562)

Anyone who wants to join

to receive an invitation.

794-9090.

rabbi know by Wednesday.

Anyone who needs to be

Those who want to partici-

ries titled "Here I Am."

The book club will meet on

of Clubhouse 3, bus stop A.

The weekly Thursday Bible study is from 11a.m.-noon. Pastor Humes is teaching a verse-by-verse study of the minor profit book Obadiah that is open to all who are interested.

Hospitality time has resumed before the Saturday and Sunday services from 8:45- 9:15 a.m.

Announcements

The state of California has lifted COVID-19 restrictions with respect to churches. However, Leisure World is a vulnerable community, so First Christian Church asks those experiencing any COVID-19, flu or cold symptoms to stay home.

Anyone who wants to speak to someone at the church or has a need can call (562) 431-8810 and leave a message. The church is located on Northwood Road, behind Carport 125.

Church of Jesus Christ of Latter-Day Saints

Latter-day Saints living in Leisure World are invited to an evening of games, entertainment, and a meal provided by the Atherton ward. Attendees may bring an additional dish, but it is not mandatory. Come and join in the fun of playing games, sharing a meal, and visiting with friends and neighbors on Monday, Aug. 16, at 5 p.m. in Clubhouse 3, Room 1.

Anyone who needs a ride or assistance should call Dale or Suzi Pettitt at (562) 787-5896, Vera Broyles at (925) 787-4878, Philip Martin at (310) 413-4993, or Jim Greer at (801) 319-4613.

Beit HaLev

Beit HaLev's livestream services continues as it prepares for its in-person services for the High Old Days and once-a-month Shabbat services.

The livestream Sim Shalom Ma'ariv service with Rabbi Galit-Shirah is every Thursday at 4 p.m. Shabbat Shalom LIVE! Livestream services are every Friday at 6 p.m. and Saturday at 10:30 a.m.

This week's Torah reading, "Shof'tim," in Deuteronomy 18:6-19:13, addresses the issue of the Levites who are unemployed and how they are to perform their duties through sacrificial offerings although they are unable to serve as attendants at the central sanctuary. Moses also cautions against following false prophets.

Beit HaLev is conducting Erev Rosh Hashanah services on Monday, Sept. 6, at 6 p.m., First Day of Rosh Hashanah services will be on Tuesday, Sept. 7, at 10:30 a.m.; Kol Nidrei services are on Wednesday, Sept. 15, at 6 p.m.; and Yom Kippur Shacharit services will be held on Thursday, Sept. 16, at 10:30 a.m. All services will be held in Clubhouse 3, Room 3.

Every High Holy Day service will also be live-streamed on Zoom, Facebook and YouTube. In addition to the in-person services, the Second Evening Erev Rosh Hashanah will be held on Tuesday, Sept. 7 at 6 p.m.; and Second Day Rosh Hashanah will be on Wednesday, Sept. 8 at 10:30 a.m. The closing service, "Ne'ilah," will be via livestream only on Thursday, Sept. 16 at 5 p.m.

All services will be using Beit HaLev's special prayer-



Rabbi Galit Shirah

books, "Lev L'Lev," which were adapted and abridged for the online services from the Reform Machzorim, "Mishkan HaNefesh," and the Reform Siddur, "Mishkan HaT'filah." Printed copies of the Machzorim will be available at the in-person services.

Live, in-person Shabbat services will be held once a month (to start) on the first Friday of the month, beginning on Friday, Oct. 1, at 6 p.m. The services will be held in Clubhouse 3, Room 4.

Beit HaLev is a Jewish Universalist community. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and does not believe in labels.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email *duets@icloud.com*.

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Eunis Christensen
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Seal Beach Lic: CHR0006 Personal Fitness Training

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NTERFAITH COUNCIL

Carnival canceled, backpack drive still on

Originally scheduled for Aug. 11, the Leisure World Interfaith Council's (LWIC) "Carnival Game Night-Interfaith Style!" has been postponed until COVID-19 restrictions are lifted.

Althought the carnival has been postponed, everyone can still participate in sponsoring a backpack for students in need. The need for backpacks and school supplies has never been greater as local students head back to classrooms after the pandemic.

Working through the Community Action Partnership of Orange County (CAPOC), the LWIC hopes to help as many of the 5,000 students in need as possible this year.

Any donation amount will be appreciated, as every \$20 collected will provide a student with a fully stocked backpack with papers, pens, notebooks and folders.

Those who would like to donate can drop off a donation of any amount in the locked LWIC's prayer request box by the front door of Redeemer Lutheran Church at 13564 St. Andrew's Drive.

Checks can be made out to the LWIC and whatever funds are collected will be added to the grand total that will be sent to the Backpacks for Success Program at CAPOC.

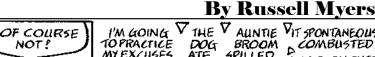
Tell our advertisers you saw them in the LW

Puzzles & Comics

Answers on page 23

Gasoline Alley By Jim Scancarelli Maybe they're on the way! Hello! Is this the If its not, I'm being It's only 2 p.m.! I'll call and check! Appliance Dept held prisoner by a Stove that sings "Home On The Range" continuously

Broom-Hilda









Middletons

By Raph Dunagin & Dana Summers



ACROSS

1 Gullet

4 Actor Tamiroff

_ more than she could chew: overextended

Some short forms.

for short 19 French friend

20 Flat top desert sight

_ march (on)

22 Puff up 23 Early jazz pianist-composer

_ Linda, CA

27 Hodgepodges 28 Café au.

29 1938 Horse of the Year

31 Nothing, in Nancy 32 Dear, to Marcello

33 Kennedy and Rockefeller

34 Artist John Singer 36 I, in Berlin

38 Benevolent lodge member 39 Finds fault

43 Beaver Cleaver's mom

44 New York or New Orleans

47 Ancient: prefix

48 Seminole rival 51 Some horses

52 Calyx parts 53 Sun Valley state

54 Leech, for one

55 Immediately!

56 Private eye Peter

57 Kenyan herdsman

58 Spiral shell dweller 63 62 Down vehicle

65 Job-seekers' tips 69 Silly

70 Wave amplifier

72 Buck heroine 73 Pie filling: pl.

76 Took a deep divot

78 A Bryant

79 Scarlet sage 80 Layered dessert

81 Nocturnal state82 Sci-fi character

83 Menacing

84 Qatar's capital 86 British noble

87 Movie VIP

88 Oahu, for one; abbr.

89 No ___!: certainly not

93 Mayan's peninsula 96 Excessive criticism: inf.

98 Algerian port 99 Pirates' Hall of Famer

103 Dr. ___ of "Buck Rogers" 104 Pitcher Luis ___ 105 1942 Preakness winner

106 Dodgers'/Pirates' player 1930s-40s

109 Small-scaled lizard

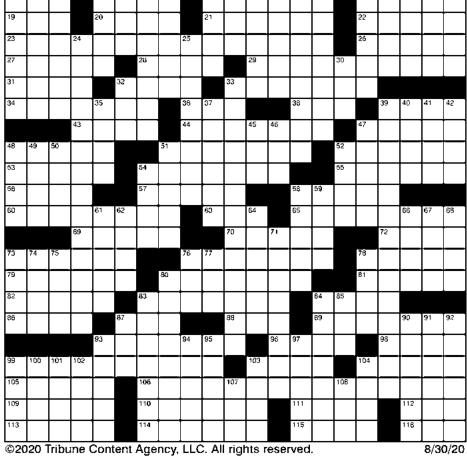
110 Ferenc Molnar 1909 play

111 Half: prefix

112 Supplier to GM: e.g.

Half-baked

Edited by Linda and Charles Preston



113 Labors

114 Taper off

115 Due___ (a certain date)

116 Johnny =

DOWN

1 Big leagues2 Earhart

More artful 4 Irving and Carter

5 Flooey or plop start

6 Cut off

Of the cheekbone

8 Filene's famed floor: abbr.

9 Lance of law 10 Laconic

11 Of a hardy grain12 Parade vehicles

13 Engine part 14 Bottomless pit

15 Faction

16 Irish king Brian

17 Physics Nobelist 1944 18 See 55 Across

24 R.L. Stevenson's pirate

25 Military linkings

30 Nettle

32 News letters?

33 Brian Freemantle's spy hero

35 Basic monetary unit

Cap'n Crunch, for one 39 Early Indians Hall-of-Famer

40 English actor Bates 41 Moolah

42 Comme ci, comme ca 45 LM, of architecture

46 On in years

47 Danger

48 Fishing apparatuses 49 Together, to tenors

50 Blue Nile source

51 Bag a bluebottle, say

52 Petty quarrel 54 Fetty quarter
54 Corner at Augusta National
58 Ghostly coverup
59 North in Nuremberg
61 ___ a million: rarity
62 Space org.
64 Brazilian port
66 M. cappat tell

66 "I cannot tell ___!" 67 Take out

68 Piece of cake 71 Adept

73 See 18 Down

74 Whitish

75 Bend, at the barre

76 Baseball's Ripken 77 Charlemagne's domain:

78 Wan

80 Persecution delusions83 Two-wheeler

84 Disney characters: var. sp.85 Beech-family tree

87 Two: prefix 90 Rhetorician

91 SC river

92 Bury 93 High schl. mememtos

94 Wrenches, e.g. 95 Little Rocker

97 ___ band: conduct
99 Days of yore
100 Chase of films
101 Nem ending
102 Combat vehicle

103 Burlap fiber

104 Breadwinner's grateful acronym

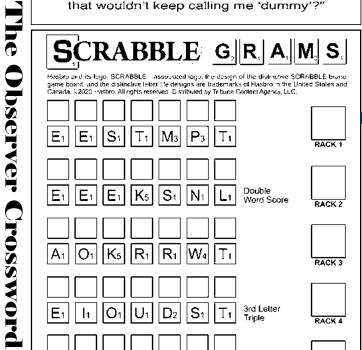
107 Lts. of debt 108 I love, to Livy Sudoku 1

2			1		5			
		8	7		4	9		
				9			2	
8	3						7	2
6	5 6						4	
	6			8				
		9	6		7	4		
3			6 5		9			7

9 To 5 By Harley Schwadron



"I'm returning this smartphone. Do you have one that wouldn't keep calling me 'dummy'?'



 D_2 S₁ Τı

 $|N_1|$

|A1||E1||E1||T1| PAR SCORE 255-265 **BEST SCORE 318**

 B_3 RACK 5 **FIVE RACK TOTAL** TIME LIMIT: 25 MIN

What are these

called? My kids are

devouring them.

THAT SCRAMBLED WORD GAME

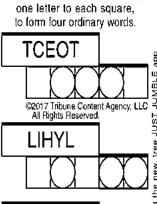
by David L. Hoyt and Jeff Knurek

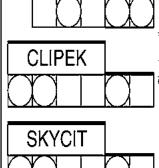
I'm thinking

"Lollipop." If you don't chew them.

RACK 3

DUMBLE Unscramble these four Jumbles,





they'll last longer

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

IN 1908, GEORGE SMITH. CLAIMING HE INVENTED THE MODERN-STYLE LOLLIPOP SOLD THEM ---

Guess Who?

I am a model born in England on August 12, 1992. As a fashion model, I have been the face of Burberry, Chanel and Stella McCartney. I also am an actress, appearing in several films and now an Amazon TV series.

Sudoku #2

	8			3		2	5	
9				2				
	6	3		8				
			3		7	8		
5						4		
				1		5	7	
					2	3		
		2					1	
	7			9	8			

Level: Advanced

Puzzles & Comics Answers on page 23

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

(Hint: 16 = e)

Solve the code to discover words related to restaurants. Each number corresponds to a letter.

8 17 13 3 10

Clue: Patron

16 11 8

Clue: List of dishes

10 16 18 **22** 16 7

Clue: Cooking instructions

D. 16 17 16 10 19 25

Clue: Booking



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE YOUR BOGGLE

8 letters = 10 points

9+ letters = 15 points

151+ = Champ 101-150 = Expert 61-100 = Pro 3 letters = 1 point 4 letters = 2 points 5 letters = 3 points 31 - 60 = Gamer 21 - 30 = Rookie 11 - 20 = Amateur 6 letters = 4 points 7 letters = 6 points

0 - 10 = Try again

Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them? Find AT LEAST EIGHT COLORS in

the grid of letters.

BOGGLE is a trademark of Hasbro, Inc. 2019 Hasbro, Inc. Distributed by Tribune Content Agency, LLC. All Rights Reserved.

S Υ Ι 0 М Ε Ι S В X Ι E S Ι U Ι S Α Ν Α Α C Α В Α Α Α K F G C V T G U 0 V Н C T R N A N F C Ρ E A D Ε Ι Ε D S F S E F N G T D 0 S S D Ι E Ε S Ι U R S M Ι G R 0 U Y Н N D V Α S C T C T Ι Ι Z F V E L D M D Ι C U R U Ι 0 0 S U T U N U 0 В N Y T N Н N 0 0 L Ι F C R C В 0 V G P R P A A Α Α N Y E V Z S Z T T В Ε Z Ε E E G Т Y 0 D М R X Y Ι S Ι V P Ι E R E X V P Ε Z 0 L L A G Ε Ι 0 Z G V B S R C P P L G T C 0 N Α Н Н S Α Ε G Ι Ι P G Z Ε S R T D N N L N D N S Z D G M N S E М Y N Α V X N Y Α U T R P E Ι Ι G P Ι R P Н D Н В Α N L Α V Т F G M 0 X P 0 R R X T 0 0 N N Α G R P R 0 0 D U T Т Ε U V Ε Т Α E N В

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

AFFILIATION

ASSISTANCE AUDIT **BOARD BUDGET** COMMITTEE DEDUCTION DONATE **DONOR EXPENSES** FOUNDATION **FUNDRAISING** GIVE **GRANT INVESTOR** INVOLVEMENT **LEADERSHIP** MESSAGE NONPROFIT ORGANIZATION **PHILANTHROPY PLATFORM SOCIAL** TRANSPARENCY **VOLUNTEER**

Health & Fitness



Leisure Leggers Jeanne and Tom Pontac show off their medals from the Aloha 5K race.

A taste of Hawaii in Long Beach

Two of the original Leisure Leggers walking club members—president Tom Pontac and his wife, Jeanne, of Mutual 10—participated in the Aloha 5K race on July 31 at Shoreline Aquatic Park in Long Beach. Not only did they each receive a collectible finisher medal, but they both placed first in their age group, as well, earning them an additional winner's medal.

The flat course was perfect for walkers, following a scenic route along the harbor, beaches and bay. Afterward, the Pontacs enjoyed a post-race luau that included live music, dancers and drummers. Throughout the day, they wore masks when around any group of runners for extra safety.

Tom was recently diagnosed with a sciatic condition and is receiving physical therapy. It was questionable he would be able to participate in the event, but he purchased a special rollator. The racing version of a walker from

Alpine Home Medical allowed him to complete the 3.1 miles and finish as the leader of his age group.

Anyone interested in joining the Leisure Leggers is welcome to join the group on Monday mornings. Members meet at 8 a.m. in front of Clubhouse 6 for a walk around Leisure World, followed by coffee and social time. The Leisure Leggers have existed for 21 years, and members have competed in marathons and half marathons, as well as 10K and 5K events. Questions can be directed to Tom Pontac at (562) 430-5777.

Leisure Bikers

Join the Leisure Bikers on Sundays, Mondays, Wednesdays and Fridays at 9 a.m. at the North Gate. Helmets, safe shoes and masks are a must. Call Mary Romero at (562) 810-4266 for more details.

Wa-Rite members share tips to keep weight off

Erna Durango is a Master of Goal Weight. She has kept excess weight off for a year and was one of the few members who did well even under stress. Durango followed the Paleo diet, which cuts out sugar, gluten and dairy. But it allows for fruits, vegetables and lean meats, and she said she snacked on nuts to help with cravings. According to Durango, it's been hard, but she's learning and sticking with it.

Wa-Rite members received helpful tips on a recent Share Day. In lieu of a program, members talked about what has worked for them. Though the lockdown gave everyone an excuse to eat, they are ready to own their shortcomings and take charge of what was out of control.

Among the helpful tips were:

- Keep moving. Exercise at the gym, get a walking DVD, or, for those not ready to go out, work out at home.
- Eat healthy. Be more consistent, plan meals and practice portion control. If eating out, order lean meat, veggies and a salad.
- Know your limitations. If craving something, eat a small portion of it; anyone who has trouble stopping, though, should just stay away from it. Find something you love to replace that craving—there's a lot of delicious food out there.
 - Take a deep breath and be

Zumba

Come join the party, dancing and exercising to the different rhythms of salsa, merengue, cumbia, bachata, cha cha, hiphop, Bollywood, jazz and pop. The Zumba Club meets upstairs in Clubhouse 6 on Wednesdays at 4:30 p.m. and at Veterans Plaza on Fridays at 8:30 a.m. For more information, contact Mary Romero at (562) 431-0082 or Jim Blanchard at (714) 487-2446.

grateful for each day. Don't sweat the small stuff and ask for help when needed. Members were reminded that it's important to forgive themselves—after all, no one is perfect.

Everyone is unique, so what works for one may not work for someone else.

The Top Loser for July 30 prefered to remain anonymous. She lost 2.5 pounds by eating more fish and chicken—and, of course, drinking more water.

The week's Food for Thought: Success is dependent on effort.

Wa-Rite is a support group for women wanting to lose 10 pounds or more. Members meet on Fridays in Clubhouse 3, Room 1, from 9-10 a.m. Weigh-ins are from 7:45-8:45. Members must be a LW resident; dues are \$5. Anyone interested should bring a GRF ID. Questions



Erna Durango

should be directed to Carol Chambers at (562) 822-4641 or Margaret Humes at (562) 296-5834.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www. mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Aug. 5: Baked ziti with turkey, whole-grain roll, and green beans with pimentos; cheesecake; roast beef and cheese sandwich, with spinach, tomato and pickle, plus confetti slaw.

Friday, Aug. 6: Rosemary chicken breast with creamy garlic sauce, au gratin potatoes, and Brussels sprouts; fruit cocktail; spinach salad, with chicken, mandarin oranges, dried cranberries, feta cheese and vinaigrette dressing; plus crackers.

Monday, Aug. 9: Homemade meatloaf with brown gravy, mac and cheese, and green beans with pimentos; oatmeal cookies; egg salad sandwich, with spinach and tomato, plus homemade potato salad.

Tuesday, Aug. 10: Curry chicken, brown and wild rice, and zucchini with tomatoes; pears with cinnamon; turkey and ham Cobb salad, with egg, tomato, bacon and blue cheese dressing, plus crackers.

Wednesday, Aug. 11: Pork loin with adobo sauce, ovenbrowned potatoes, and peas and onions; fresh banana; turkey and cheese sandwich, with lettuce, tomato and pickle, plus tricolor pasta salad.





Jojo Weingart

The Ballet Fitness class, led by the knowledgable and entertaining Mel Locket (in red), thanks GRF and the Recreation and Maintenance departments for the installation of a new ballet barre. Now everyone has a place at the barres. This one-hour class strengthens muscles and bones, and because ballet uses the full range of muscles, it's also helpful for cognitive functions such as coordination and concentration. All are welcome every Saturday at 1:30 p.m. upstairs in Clubhouse 6. Wear comfortable clothing and soft shoes or socks—no gym shoes. Anyone with questions can call (562) 252-9676.

Long Beach Medical Center's Shuttle is Here – Just for You!

Your Safety is Our Priority

- Shuttle cleaned throughout the day.
- Masks are required.
- Socially distanced seating enforced.
- If you're feeling sick, please stay home and reschedule your appointment.



Stops & Services

- Leisure World Amphitheater Bus Corral
- MemorialCare Breast Center in Los Alamitos
 - Offers mammography, breast ultrasound and bone density testing
- Douglas Park Medical Offices (Near the Long Beach Airport)
 - More than 15 specialties, including imaging and ambulatory surgery services
- Long Beach Medical Center and Surrounding Medical Offices
 - Comprehensive inpatient and outpatient hospital services, including imaging, rehabilitation, surgery and emergency care
 - Outpatient clinics and medical offices representing most medical and surgical specialties

Shuttle Hours: Monday — Friday | 8 a.m. — 5 p.m.

Pick-Up Times (Times are estimated and subject to change)

Leisure World Amphitheater Bus Corral

13533 Seal Beach Blvd., Seal Beach, CA 90740 8 a.m. | 10 a.m. | 1 p.m. | 3 p.m.

MemorialCare Breast Center in Los Alamitos

11121 Los Alamitos Blvd., Los Alamitos, CA 90720 8:15 a.m. | 10:15 a.m. | 1:15 p.m. | 3:15 p.m.

Douglas Park Medical Offices

3833 Worsham Ave., Long Beach, CA 90808 8:45 a.m. | 10:45 a.m. | 1:45 p.m. | 3:45 p.m.

Long Beach Medical Center

2801 Atlantic Ave., Long Beach, CA 90806 9:15 a.m. | 11:15 a.m. | 2:15 p.m. | 4:15 p.m.

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memorialcare.org/LBShuttle

Enhanced LW Weekly E-Edition Has More

How to Use the E-Edition

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The LW Weekly launched a new, enriched online edition of the community newspaper in May. Readers can find it at lwweekly.com or simply click the link at the familiar PDF version of the paper at *lwsb.com*.

The new E-Edition offers interactive content, search capabilities and other fun features to check out.

This tutorial is to help readers get the most out of the the new resource.

Users can access the lwweekly.com edition through a browser on any device that has an Internet connection. Connect with your laptop, tablet, e-reader, smartphone or desktop. All major web browsers support the E-Edition, including Explorer, Firefox, Chrome and more.

To access the edition, type www.lwweekly.com in your browser bar. These tips will help you navigate the site:

READ THE ARTICLE

First stop is the LW Weekly landing page (below), which contains an overview of the current edition and a digital replica of that edition to the right.

Clicking on any area of the page image displayed on the left side will load that content into the right side. From there, readers can easily read the story and navigate through the entire issue.



E-EDITION

FIND A SPECIFIC SECTION

You can jump to a specific section by clicking the Index viewing mode (hamburger icon found on the vertical navigation bar to the right).

Clicking that icon will bring up an index of that week's paper. Clicking on a section name will take you to that section, where you will find a list of stories contained

CHANGING THE PAGE

Pressing the arrows on the right and left sides of the page image will change pages.

You may also click on the next section arrows to jump to the next or previous section.



ZOOM MY VIEW

Tap the Browse mode found on the vertical navigation bar at right. A single click/tap on the page image will zoom it in or out.

In Index viewing mode, double click/tap will zoom in the area. For users on mobile devices, you may use hand gestures such as pinching in or unpinching to zoom in or out.

-PAGES ICON

From the Pages Mode, you will see small images, called thumbnails, of all pages in the edition you are viewing. This is an easy way to quickly scan through the entire publication. Click on any page image to open it for viewing.

DOWNLOAD A PAGE OR EDITION

To download, go to Pages mode. You will have the options to download selection, download section or download the complete

- SEARCH PAST EDITIONS

The Editions icon takes you to thumbnails of past editions; click an edition to view it.

NEED HELP?

The help icon offers answers to frequently asked questions about the website and how to browse content.

If you get stuck, click the LW Weekly logo at the top of any page to return to the landing page.

SHARE A STORY

To email a portion of the page, you should be in the "Browse" mode. To share a story, click on the share icon that will appear on the upper right. The dropdown menu will give several ways to share the article (Facebook, email or Twitter, for example).

Share article

















CHANGE FONT SIZE

When an article is loaded for viewing in the right side of the screen, several control icons will appear above it. Click on the Increase/Decrease Font icons to adjust the font size.

Users on mobile devices may use hand gestures such as pinching in or unpinching to adjust font size.

LISTEN TO AN ARTICLE

To listen to an article while in Index viewing mode, click on the article you want to listen to.

On the right side, click the Listen to Article icon from the top control area, then a play button will be available for you to click to start the audio.

Listen to article



















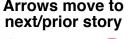
TRANSLATE AN ARTICLE

To translate an article, while in Index viewing mode, click on an article you want to translate. On the right side, click on the "Translate to" dropdown menu and select the desired language.

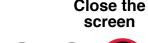


PRINT A STORY

The printer icon will allow you to print the story if you have a printer connected to your device.





























TRANSITION BETWEEN PDF AND E-EDITION

The PDF version of the LW Weekly will still be available at lwsb.com for readers who prefer that format.

There is a link from lwsb.com to lwweekly.com for an easy transition to the E-Edition. Readers can click PDF Edition at the top of the lwweekly.com landing page to return to lwsb.com.

For more information, call (562) 430-0534, or email any LW Weekly editor for help. Editors' email addresses and phone numbers are located on page 4 of any edition of the LW Weekly.

Learn to Use Your Smartphone

Let the expert trainers at California Phones help you make the most of your smartphone. Android and iPhone webinar trainings are offered free from the comfort of your own home. Space is limited.

Learn how to operate basic functions, send text messages, make text larger, connect Bluetooth devices, make smartphones louder and easier to hear, and more.

This is a two-part online training. To participate, you will need a computer, Internet service and a valid email address.

For more information or to sign up, call 1-866-271-1540 or email *smartphonetraining@ddtp.org*.

LW Used Car Lot

Leisure World shareholder/members can sell used vehicles in the Administration parking lot from 8 a.m.-4 p.m. on the fourth Saturdays of the month.

Vehicles must have current DMV registrations and GRF decals as well as be insured.

In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner does not need to be present. A single "for sale" sign no larger than 18-by-24 inches can be displayed on the vehicle.

Only LW residents are allowed to display vehicles for sale. The sale is open to residents and the guests they call in. For more information, contact Recreation at 431-6586, ext. 350 or 398.

MASK from page 1

Aug. 2 was 7,525, with people 65 and older accounting for 74 percent of that number

Some of those infected may have mild or no symptoms and unknowingly pass the virus on to loved ones, officials report. And some fully vaccinated people are vulnerable to more serious illness.

Vaccine breakthrough cases were expected because no vaccine is 100 percent effective at preventing illness, according to the CDC. There will be a small percentage of fully vaccinated people who get sick and are hospitalized, or die, from COVID-19. LW's population is particularly vulnerable to this virus and its variants, all the more reason to mask up and stay distant.

The delta variant is more contagious than other strains. It is dominating OC's new cases and is the primary reason officials strongly recommend wearing masks outside and avoiding crowds.

In LW, mask use is not mandated but the GRF is strongly recommending compliance. LW clubs can set requirements for all members, vaccinated or not. Club officials are not allowed to require proof of vaccination, but they can require masking and social distancing during meetings.

The GRF is requiring staff to wear masks except when people are at their desks. And some offices remain closed to the public although business is being conducted. For example, the LW Weekly office is closed but people can place classified ads and submit news stories online or by slipping them through the staff door slot.

Some companies are requiring employees to show proof they've been vaccinated or get a COVID-19 test every week. Most GRF employees and about half the LW population have been fully vaccinated.

Dr. Anthony Fauci, the White House's chief medical adviser, recently warned that the United States could be in trouble unless more Americans get vaccinated, as a large pool of unvaccinated people give the virus more opportunity to spread and mutate into new variants.

Even so, a key issue is that current vaccines block severe disease but do not prevent infection, according to the Mayo Clinic. That's because the virus is capable of replicating in the nose, even among vaccinated people, who can then transmit the disease through tiny, aerosolized droplets.

U.S. health officials have said that it will likely require a new generation of vaccines that also block transmission to fully defeat COVID-19. Until then, LW residents and everyone else will remain vulnerable to the rise of new coronavirus variants and should stay vigilant by masking up and avoiding crowds.

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LW Library Hours

The LW Library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. People can bring their own devices or browse shelves for reading material, sit down and relax in air-conditioned comfort.

Four computers are available for use with no appointments required.

The Orange County Register, Long Beach Press Telegram, Los Angeles Times, Wall Street Journal, New York Times, USA Today and more are now available. People are welcome to take a seat and read for as long as they want.

The library continues to offer fax, copy and printing services along with nearly 40,000 different items to checkout at the library.

For more information, call (562) 598-2431 or email *LWLibrary@lwsb.com*. People can also contact the library online at *https://www.lwsb.com/lwcommunity/library/*.

Sign Up for LW Live

Leisure World residents are invited to sign up for the GRF's one-way, real time community notification system.

LW Live is designed to keep people informed during emergencies and get the word out about safety, recreation and governance issues.

All you need is an email address. To sign up online, log onto *www.lwsb.com* and click the "LW Live" icon to the right.

For more information, call (562) 431-6586, ext. 388.

JFTE

Solar energy project to begin soon

The California Army National Guard is completing an Environmental Assessment (EA) at Joint Forces Training Base (JFTB) addressing potential effects associated with the installation and operation of a solar panel-based renewable energy generation facility (REGF) on the installation.

The proposed project—construction projected to begin in December—is part of the U.S. Army's implementation of its Energy, Security and Sustainment (ES2) Strategy. A key component of that strategy is to provide secure sources of energy at strategically located installations across the country.

JFTB is the only major military installation in the Los Angeles basin capable of supporting large-scale emergency-response operations.

Accordingly, the installation was selected due to the critical importance of providing a secure energy source in support of the Guard's mission to conduct long-term operations during federally or state-declared emergencies.

Once the REGF and microgrid are in operation, should the regional power grid go down for an extended period of time due to storm damage, a natural disaster or terrorist incident, the microgrid will operate independently and provide power to JFTB to support civilian and military emergency-response operations.

The project will also enhance power reliability of the local grid during normal operations. The EA is required under the provisions of the National Environmental Policy Act of 1969 and evaluates a number of issues related to possible adverse environmental effects to humans and the environment.

Analysis includes land use; airspace; visual and aesthetic resources; air quality; noise; geology, topography, and soils; water resources; biological resources; cultural resources; socioeconomics; environmental justice; human health and safety; utilities and infrastructure; traffic and transportation; and hazardous and toxic substances. Special attention was focused on potential glint/glare impact from solar panels to aircraft operations at Los Alamitos Army Airfield and to occupants of residences located east, south and west of the base.

Upon completion of the EA, the document will be available at multiple locations for public view and comment. JFTB and Guard leadership will keep the public informed as to the release date and viewing locations. For additional information, contact Col. (CA) Richard Lalor at (562) 795-2096 or via email at *richard.w.lalor2. nfg@mail.mil*, or Staff Sgt. Crystal Housman at (805) 458-3825 or via email at *crystal.c.housman.mil@mail.mil*.



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4889 Katella Avenue Cypress, CA 90720 **SUNSHINE CLUB**

Dr. Roger Moon, talks about chronic low back pain

Dr. Roger S. Moon, M.D., is a board certified anesthesiologist, who specializes in interventional pain management.

He will be discussing the most common causes of low back pain in the elderly at the Sunshine Club's next meeting on Friday, Aug. 13, at 10 a.m. He will also describe pertinent topics regarding low back pain treatment.

All residents are welcome to join this Zoom meeting at https://us02web.zoom.us/j/849 82089743?pwd=UGR3RlZRaUJ mWmlSNE9KdTdNMUh3QT09. The meeting ID is 849 8208 9743, and the passcode is 508742.

Those who would like to get a Zoom link by email should text their name, Mutual number, along with their email address to (562) 301-5339 no later than today, Aug. 12, at 5 p.m.

Moon graduated from Tufts

University School of Medicine in Boston, Massachusetts. He completed his residency at Stony Brook University in New York in anesthesiology. He then completed his fellowship training in pain management at Cedars-Sinai Medical Center in Los Angeles, California.

Moon has a broad experience in the management of acute and chronic low back pain. He specializes in image guided techniques (ultrasound and fluoroscopy), including selective nerve root blocks, interlaminar epidural steroid injections, facet joint injections, medial branch blocks, radiofrequency ablation, sacroiliac joint injections and kyphoplasty/vertebroplasty. He also performs neuromodulation and intrathecal pump implants for post-laminectomy syndrome.

Moon is a member of the



Dr. Roger Moon

American Academy of Pain Medicine as well as the Spine Interventional Society.

For more information, contact Anna Derby at (562) 301-

Paws, Claws and Beaks Picnic



The Paws, Claws and Beaks club will host its picnic today, Aug. 12, at noon in the Clubhouse 1 picnic area. The theme for this month's picnic is Hawaiian. People are asked to bring a dish for eight people that reminds them of the islands. Any Leisure World pet owner may attend; pets are welcome on a leash. Call (714) 423-8279 or email jackiehildebrant@gmail. com for more information.

Nikkei Club

The Nikkei Club will host its annual picnic on Friday, Aug. 20, at 11 a.m. in the Clubhouse 1 picnic area. Lunch will begin at noon.

Everyone attending has the choice of bringing a side dish or dessert to compliment the main dish of Hawaiian BBQ with a choice of chicken, pork or



beef from the Back Home in Lahaina restaurant. People are asked to bring side dishes or pay \$10 for lunch per person.

Members should expect a call from other members of the club. Those who are not members can call Michie Kimura at (714) 317-1102; Sybil Tanabe at (714) 496-5012; or Sherie Vanek at (562) 296-8074 to RSVP. Attendees should let them know if they plan to bring a dish or pay \$10 per person for the lunch.

There will be drawings for prizes and fund raisers at the picnic. There is plenty of parking behind the LW Golf Course across the street from Clubhouse 1. Club members are asked not to park in spots designated for Mutual 17.

The Nikkei Club welcomes new members. Dues are \$10 for the year 2022. All residents are welcome to attend. For more information, contact Kimura at (714) 317-1102.

Italian American Club

The Italian American Club met for the first time in 16 months on July 21. The next meeting is Wednesday, Aug. 18, at 2 p.m. in Clubhouse 3, Room 2, and will feature a potluck lunch. Residents are asked to bring enough to feed 6-8 people and their own dishes and cutlery.

Those who have questions or comments should call (562) 355-2918.

Where We Live Club

The Where We Live Club is a diverse group of shareholders interested in making the LW community a better place for all residents. The Club believes in open and honest discussions, straight talk and fresh ideas. All are invited to join the conversation.

The original meeting planned for Aug. 16 has been canceled. The group will try to keep in touch via email, including online discussions, informal outdoor meetings and more.

Stay up to date on future meetings by joining the mailing list by sending a message to wherewelivelwsb@gmail.com.

The LW Weekly: (562) 430-0534

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/ schedule. Have Roku? Go to http://roku. streamsource.tv/add/sbtv. The playback schedule is available at SBTV3.org.

Thursday, Aug. 12

Rollin' Thunder Parade 2021 4:30 pm LW Special Olympics 2021 4:38 pm LW Sewing Brigade LW Memorial Day 2021 5:31 pm LW Shakespeare Sonnets 5:45 pm The Street Where I Live Life and Times in SB: Rich Harbour/Kurt Augsburger Vintage Car Cruise 7 pm 8:30 pm Cerritos Center-Lady Jazz Shakespeare in the Park:

Friday, Aug. 13 Beginning of Leisure World 4 pm 4:18 pm The Street Where I live 4:30 pm LW Classic Car Parade 2021 Memorial Day 2021 5 pm 5:50 pm Terry Otte & Abilene 2021 7:30 pm Vintage Car Crusie 8:40 pm LW Sewing Brigade Shakespeare in the Park:

Cymbeline

Saturday, Aug. 14

Othello 10:30 pm Big Bad Voodoo Daddy

LW Memorial Day 2021 4:30 pm Rollin' Thunder Parade 2021 LW Art/Cardboard Contest/ Sewing Brigade 5:30 pm The Street Where I Live 5:42 pm LW Shakespeare Sonnets LW July 4 Karaoke McGaugh Third Grade Show LAUSD 8 pm **Bob Cole Conservancy** 11 pm

Sunday, Aug. 15

Seal Beach City Council Replay 8/9 McGaugh Pageant of the Arts 7:15 pm Live at the Ford: Lady Jazz 8:45 pm The Street Where I Live

Life and Times in SB:

Rich Harbour/Kurt Augsburger

SBTV, page 15

Cart Club is finalizing plans for the fall.

ROLLIN' THUNDER

BBQ luncheon will be on Aug. 24 It may be mid-summer right now, but the Rollin'Thunder Golf

The club's next summer BBQ luncheon will be held on Tuesday, Aug. 24, at the Clubhouse 1 picnic area. Cutting back on beef? The club will be "grilling chicken on the barbee." Members are asked to bring generous side dishes to serve at least a dozen guests. There will be beverages and drawings. Tickets are required so the club will know how much food to order. Call Pat Davis, (562) 431-6859, or Gail Levitt, (562) 596-1346, to purchase tickets for \$2 each.

With routine golf cart maintenance being so important, the club will hold its quarterly Air & Water Maintenance Day on Saturday, Sept. 11, at Clubhouse 4 from 8:30-10 a.m. People are asked to notice the change in both date and time, due to Labor Day weekend and a conflicting activity at the Veterans Memorial where the American Legion will conduct a special ceremony remembering Sept. 11. Masks will be required, and special Security precautions will be taken due to traffic from the now-open North Gate.

The last barbecue of the summer season wll be held Sept. 28. Hot dogs will be the main entree. The club will once again ask people to bring side dishes. The club will provide beverages and hold a drawing. Tickets are always required in advance (No purchasing at the day of the barbecue).

The first general meeting of the year will be Tuesday, Oct. 26, in Clubhouse 2 at noon. The potluck luncheon will feature a presentation by the Leisure World Security Department and will include an explanation of the new decal program. It will be a great opportunity to renew old friendships and meet new golf cart owners.

For more information, contact club president Tom Davis at (562)

SMOOZE CLUB

Lunch and shopping trip Aug. 29

The Schmooze Club is having a "Lunch and Shop" trip on Sunday, Aug. 29. The group will eat lunch at Nosh, the new and only Kosher restaurant in Orange County, just to enjoy being together once again. After lunch the group will shop next door at the OC Kosher Market for the High Holidays. Both men and women are invited to this event.

The group will gather in the HCC parking lot at noon and drive individual cars to the location in Tustin, with the return at approximately 3-3:30 p.m. Those who are willing to drive and/or are interested in coming should call Darlene Rose at (562) 347-8088. People are asked to include their full name, phone number and email address. RSVP deadline is Sunday, Aug. 22, so the club can submit the Nosh reservation and finalize the carpools.

This event will give people an opportunity to see old friends and meet some new ones. Those who are new to Leisure World or have never been to OC Kosher or Nosh are invited to come and explore. The extensive selection of Jewish groceries, frozen products, meat market specialties, and deli takeout from various Jewish cuisines will surprise and amaze all who attend. Masks are encouraged unless eating.

The Smooze Club's first regular meeting will be on Tuesday, Sept. 14, at 10 a.m. in Clubhouse 3, Room. 9. All interested Leisure Worlders are invited. As always, "There are no dues to schmooze."

Chinese Friendship Club

The Chinese Friendship Club meets every Thursday at 1p.m. in Clubhouse 3, Room 1. During the meetings, the group plays games, and members get to know one another better. There will be no refreshments served.

Everyone is welcome to join. The club does not charge membership fees. Call club president Stella Huang at (562) 588-3014 for more information

Low-Cost Vaccination Clinic

The next low-cost dog and cat vaccination clinic will be held Thursday, Aug. 26, from 9-11 a.m. at LW Community Church near the St. Andrew's gate. Dogs and cats must be on leashes or in crates for the safety of all involved.

For more information, contact Elaine Miller at (925) 997-3412 or the Vet Care Clinic at 1-800-988-8387.

Drop off old batteries behind Building 5 for recycling

The Golden Age Foundation's (GAF) Battery collection buckets are now the behind Building 5 in the alley. Consumer batteries, including hearing aid batteries, are acceptable for recycling.

LWers are asked to drop off small batteries behind Building 5 in the orange buckets, which are picked up by an outside contractor. LWers can drop off batteries at any time that is convenient for them. No printer cartridges will be accepted.

The GAF is an independent nonprofit, 501(c) (3) charitable organization dedicated to serving the residents of Seal Beach Leisure World. Its purpose is to make the community a better place to live. The GAF was established in 1973 and is not affiliated with the Golden Rain Foundation.

All GAF programs are provided free to Leisure World shareholders. The GAF is entirely staffed by volunteers, so all contributions go directly to meeting community needs. The generous support of shareholders, residents, clubs organizations and businesses is the main source of income. GAF's programs and projects are made possible by the volunteer efforts of so many.

For more information, go to www.GoldenAgefdn.org or call Anna Derby at (562) 301-5339.

Democratic Club

by Mary Larson

LW contributor

Unless the situation relating to the COVID-19 pandemic deteriorates further, SBLW Democratic Club members will meet face-to-face for the first time in more than a year on Wednesday, Aug. 18 in Clubhouse 2 (located at 13681 El Dorado Drive) begining at noon. Members who have an email address or phone number registered with the club will be notified if a last-minute decision is made to meet by Zoom instead.

The Aug. 18 membership meeting—whether held via Zoom or face-to-face—will feature a two-person panel covering two different issues of concern to voters:

- Alyssa Napuri, campaign manager for Harley Rouda, will cover what to expect in the June 2022 Primary Election. The emphasis will be on plans to recapture the 48th Congressional District for the Democrats.
- Nathen Searles, president of the Seal Beach Democratic Club, will bring the club up to date news on the Sept. 14 Recall Election.

LW voters will be able to deposit their Sept. 14 Recall Election ballots at a secure drop box located at 13531 St. Andrews Drive, in front of the Amphitheater. The drop box will be available 24 hours a day beginning Monday, Aug. 16. Voters who need assistance delivering their ballot to the drop box can email democratic clubs blw@gmail. com or call (562) 296-8521.

LW Democrats and supporters who are interested in receiving in-depth and up to date reporting on the issues being discussed at the Aug. 18 meeting as well as other issues of concern can subscribe to the club's electronic newsletter. There is no charge for the newsletter, although readers are also encouraged to join the club if they are not already members. Email <code>democraticclubsblw@gmail.com</code> or call the editor Mary Larson at (562) 296-8521 to subscribe.

Input from LW Democrats and their supporters is always valued, be it by LWers becoming a member of the club, serving on the club's board or a committee, attending membership meetings or just by being a loyal supporter of Democratic values.

Those who want more information about what it means to be a SBLW Democratic Club member can call (562) 431-7275 for more information. Membership forms are available at https://sblwdems.wordpress.com/democratic-club-membership-2/.

More detailed information is also available every Tuesday from 10:30 a.m.-12:30 p.m. at the Democratic Club booth located just outside Clubhouse 6. In addition to receiving information about the club, visitors to the booth can obtain voter registration assistance, membership applications, newsletters, brochures and other resource material

SBTV

from page 14

10 pm Vintage Car Cruise 202111:15 pm Bob Cole Conservancy

Monday, Aug. 16

4 pm LW July 4 Karaoke
5 pm LW Memorial Day 2021
5:30 pm LW Clasic Car Parade 2021
6 pm LW Sewing Brigade
6:22 pm LW Special Olympics 2021
6:30 pm LW Hula 2021/Sea Inside
7 pm SB Planning Commitee
Meeting- LIVE
8:15 pm Terry Otte & Abilene 2021
10 pm Shakespeare in the Park:

Tuesday, Aug. 17

4 pm Memorial Day 2021 4:40 pm Beginning of Leisure World 5 pm The Street Where I Live/ LW Hula 2021

Taming of the Shrew

5:30 pm Memorial Day in Eisenhower Park 2021

6:30 pm Rollin' Thunder Parade 20217 pm Vintage Car Cruise8:15 pm Life and Times in SB:

burger

8:30 pm Ford Theater:
Big Bad Voodoo Daddy
10 pm Bob Cole Conservancy

Rich Harbour/Kurt Augs-

Wednesday, Aug. 18

4 pm Rollin' Thunder Parade 2021
4:30 pm LW Classic Car Parade 2021
5 pm Memoria Day 2021
5:40 pm LW Sewing Brigade
6:01 pm Memorial Day at Eisenhower Park 2021
6:40 pm Vintage Car Cruise
7:50 pm LW Shakespeare Sonnets
8 pm Terry Otte & Abilene 2021
10 pm Cerritos Center-

*All programming is subject to change.

The Four Tenors

OBITUARIES

deadline is 4 p.m., Monday, prior to publication.

KACMA



Dr. Samuel Kim. will present "Winterreise" (winter journey) by Frank Peter Schubert (1797-1828) at the next Korean American Classical Music Association meeting in Clubhouse 2 from 9:30-11:30 a.m. All are welcome to attend.

American Legion

The next district meeting will be held on Saturday, Aug. 14, at 9 a.m. at the Cypress Unit. American Legion is asking for as many members as possible to go as the Draping of the Charter will be held to memorialize Carol Martinez, who was the chairperson of the children and youth committee for the district. She died suddenly, and due to COVID-19 restrictions, the memorial could not be held sooner. After the district meeting, a memorial for Russ Hamby, who also passed away during the COVID-19 season, will be held at Unit 555 in Midway City. His wife, Kay, is the second vice president of the district. The group will carpool from Clubhouse 1 parking lot. Those who are interested in going should call (562) 594-0209.

On Thursday, Aug. 19, the Unit at 555 will serve a lasagna dinner at 5:30 p.m. The group will again carpool from the Clubhouse 1 parking lot at 5:15, call (562) 594-0209 to RSVP.

On Saturday, Aug. 21, a Girl's State event will be held at Unit 555 to honor the Girl's State attendees. Each unit must send a participant and bring something for the refreshment table. To offer to contribute to the refreshment table and to carpool to Unit 555, call (562) 673-1725.

The American Legion is still in need of poppy makers and volunteers for Bingo. To volunteer, call (562) 673-1725.

Membership dues are now payable by sending a check to Lorna Miller-Kaplan.

Republican Club

by Brian Harmon

LW contributor

Dr. Jovanka Radivojevic is the featured speaker for the next Republican Club meeting on Wednesday, Aug. 18, at 7 p.m. in Clubhouse 3, Room 2.

Born in Communist Yugoslavia, Radivojevic arrived via Italy to the United States in 1959, where she attended UC Berkeley and received her medical training at the University of Utah.

She will give a presentation about the life that she remembers in Communist Yugoslavia. "I can remember it very vividly," she said.

Radivojevic said that in Yugoslavia, there was no personal freedom and life was difficult.

"We went from being occupied by the German Nazis to being occupied by Russian Communists in about one day," she said.

"Life there was terrible for anyone who was not a member of the Communist Party, which was never more than 10 percent of the population," she said. "You could not hold a supervisorial or professional job and were always afraid that you would be arrested for something you did or said."

Radivojevic said that people were even afraid to talk about the long lines they had to wait in to buy food.

"Even in your apartment, you were afraid that someone would be listening," she said.

Radivojevic said that only party members could own a house or apartment.

"The government had all the power," she said, "and they used it to brutally suppress any deviance from completely submissive behavior."

Radivojevic expressed concerned that America is moving in that direction with the dramatic increases in the power of government and the bureaucracy.

Republicans should be encouraged that the latest polling data shows the coming recall election tightening up dramatically with the race currently in a dead heat. according to *Yahoo. com*, KMJ Radio in Fresno, and the political website The Hill.

The Emerson College-Nexstar poll found that 46 percent of voters were in favor of the recall vote against Newsom, while 48 percent said they were opposed. The remaining six percent were undecided.

The two-percent difference is well within the margin of error.

The poll noted that the percentage of undecided voters had fallen by three percent, while those in favor of the recall had risen by three percent since the last previous poll, in mid-July, by the same group.

The majority of Republicans and independents were in favor of recalling Newsom with 80 percent and 54 percent, respectively, saying they would vote to remove him. The majority of Hispanics supported the recall.

The reasons given for support of the recall included Newsom's handling of the COVID-19 crisis, the rise in crime and homelessness, concerns about what is being taught in public schools, and the roughly \$10 billon spent so far on the high-speed train scheduled to go from Bakersfield to Merced, for which no track has yet been laid.

According to Forbes, Newsom has raised over \$34 million, whereas funding for the recall effort plus all of the candidates opposing him adds up to less than \$17 million

The following is the list of Security reports filed in July. The totals are recorded over a 31-day period.

July Security Report

THEFT: 7

• July 4, 10:10 p.m., Mutual 1 Resident stated an American flag was removed from her garden.

• July 4, 9:15 a.m., RV Lot Two bicvcles were removed from the RV Lot.

• July 19, 8:35 a.m., Mutual 12 Potted plants were removed from a unit.

• July 19, 9:35 a.m., Mutual 1 A vendor's portable generator was removed from the area.

• July 19, 2:25 p.m., Mutual 4 A grocery cart was removed from a carport.

• *July 21, 2:20 p.m., Mutual 1* A grocery cart was removed from a carport.

• July 30, 3:06 p.m., Mutual 17 A potted tree was removed from a parking garage's doorway entrance.

VANDALISM: 2

• July 8, 9:21 a.m., Mutual 9 A resident reported an unknown person broke the trellis in her garden.

• July 30, 1:53 p.m., Mutual 10 A resident's American flag on a car was found damaged.

PET COMPLAINTS: 2

• July 15, 12:30 p.m., Mutual 16 Ongoing issue with resident's unleashed dog.

• *July 21, 4:15 p.m., Mutual 1* A resident's dog was walking without a leash; resident was advised and complied with leash regulations.

TRAFFIC INCIDENTS: 2

• July 17, 2:10 a.m. Del Monte Drive/Golden Rain Rd.

A vehicle struck a stop sign. • July 28, 12:30 p.m., Main Gate Entrance

A vehicle went into reverse and struck another vehicle; no injuries reported.

NOISE COMPLAINTS: 28

• July 3, 8:10 p.m., Mutual 12 A resident complained of Amphitheater concert noise and claimed it was elder abuse; stated he would call SBPD.

• July 3, 7:10 a.m., Mutual 1 A resident complained of noise outside the unit. Neighbor was advised of noise levels.

• July 4, 2:39 a.m., Mutual 1 A resident complained of noise outside unit. Neighbor was advised of noise levels.

• July 5, 10:40 p.m., Mutual 4 A resident complained about the sound of water running through pipes in the wall.

•July 6, 11:35 p.m., Mutual 1 Ongoing resident complaint of noises outside her unit. No noises were detected at the unit.

• July 7, 1:57 p.m., Mutual 11 A resident complained of noise coming from her cable box. She was advised to contact the cable company.

• July 7, 1:23 a.m., Mutual 7 Ongoing resident complaint of noises outside his unit. No noise was detected at the unit.

• July 8, 6 p.m., Mutual 7

A resident reported possible construction noise. No noise was detected at the scene.

• July 9, 7:20 p.m., Mutual 1 A resident reported a neighbor playing loud music. Neighbor turned off music.

• July 9, 11:50 p.m., Mutual 3 Ongoing noise complaint about neighbor. Security advised resident to cease making noise.

• July 9, 3:16 a.m., Mutual 4 A resident complained of noise outside the unit. No noise

was detected at the scene. • July 10, 12:35 a.m., Mutual 3 Ongoing noise complaint

about neighbor. Security advised resident to cease making noise. • July 10, 4:15 p.m., Mutual 5 A resident complained of noise outside the unit. No noise

was detected at the scene. • July 13, 9:43 p.m., Mutual 14 Resident reported hearing noises inside her residence. No noise detected at the unit.

• July 15, 2:29 a.m., Mutual 7 Ongoing resident complaint of noises outside his unit. No noise was detected at the scene.

• July 15, 9:07 a.m., Mutual 1 Ongoing resident complaint of noises outside his unit. No noise was detected at the scene.

• July 16, 10:07 p.m., Mutual 5 Ongoing resident complaint of noises outside his unit. No noise was detected at the scene.

• *July 16*, *midnight*, *Mutual 5* Resident was asked to turn down the TV's volume.

• July 18, 9:25 a.m., Mutual 4 Ongoing resident complaint of noises outside his unit. No noise was detected at the scene.

• July 18, 7 a.m., Mutual 5 Ongoing resident complaint of noises in neighboring unit. No noise was detected at the scene.

• July 20, 6:51 a.m., Mutual 5 Ongoing resident complaint of noises in neighboring unit. No noise was detected at the unit.

• July 22, 8 a.m., Mutual 1 Resident reported noises outside his unit. No noise was detected at the scene.

• July 23, 1:06 a.m., Mutual 17 A resident reported noises outside her unit. No noise was detected at the scene.

• July 24, 8:15 a.m., Mutual 8 A resident complained of construction noise. The Mutual approved construction to continue.

• July 25, 8:12 p.m., Mutual 17 Ongoing resident complaint of noises outside her unit. No noise was detected at the scene.

• *July 29, 8:28 p.m., Mutual 8* A resident reported noise coming from a parked truck.

• July 31, 10:40 p.m., Mutual 3 A resident heard noises near laundry room. No noise was de-

tected at the scene. • July 31, 10:26 p.m., Mutual 6 A resident heard noises in the parking area. No noise was detected at the scene.

INJURY: 14

• July 2, 10:51 p.m., Mutual 15 A resident lost control of her walker and fell to the ground. She was taken to LAMC.

• July 2, 8:01 a.m., Mutual 3 A resident fell off a bike; no serious injury reported.

• July 3, 8:35 p.m., Amphitheater A resident fell on stairs; did not require hospital transport.

• July 3, 5:05 p.m., Mutual 7 A resident fell off stepstool

and was transported to the hospital.

• July 5, 3:17 p.m., Nassau Drive at 1.8 Acres

A resident stated she struck her head on a low-lying tree branch 15 days earlier on June 19.

• July 5, 8:30 p.m., El Dorado *Drive/Oakmont Road.*

A non-resident stated she walked into wooden boards loaded on a truck five days earlier

• July 12, 10:50 a.m., Mutual 4 A resident fell on grass. Hospital transport was not needed. • July 13, 7:12 a.m., Gym

A resident reported a cut hand. No medical attention was required.

• July 19, 11:40 a.m., Mutual 4 A resident became ill while riding a bike and was transported to the hospital.

• *July 21, 1:19 p.m., Mutual 3* A resident lost footing; lift and

• July 23, 11:41 a.m., Mutual 8 A resident fell in the car wash area and was taken to the hospital.

• July 24, 7:55 p.m., Mutual 6 A resident lost her footing and was transported to the hospital.

• July 24, 11:20 a.m., Mutual 2 A resident fell; did not require hospital transportation.

• July 29, 6:35 p.m., Amphitheater A resident fell while walking down steps and was transported to the hospital.

• *July 31*, 5:35 p.m., Mutual 5 A resident fell while walking with walker; did not require hospital transportation.

LOST RESIDENTS: 10 • July 2, 1:50 p.m., Mutual 5 A resident was found near carport and returned home safely. • July 9, 10:42 p.m., Mutual 12 A resident became lost while walking and was escorted home. • *July 10*, 9:39 p.m., Mutual 3 A resident became lost while walking and was escorted home. • July 15, 7:10 p.m., Mutual 4 A lost resident was found and returned home safely.

• July 16, 2:53 p.m., Mutual 4 A lost resident was found and returned home safely.

• July 18, 8:53 a.m., Gym A lost resident was returned

home safely. • July 20, 10:50 a.m., Mutual 8 A lost resident was returned

• July 22, 5:15 a.m., 1:25 p.m., 4:15 p.m., Mutual 4

A resident became lost on three occasions in one day and returned home safely.

• July 25, 7:58 a.m., Mutual 11 A lost resident's son retrieved resident at the Security Office.

• July 29, 1:41 p.m., Mutual 11 A lost resident was found in another Mutual's carport and was returned home.

OTHER INCIDENTS: 24

• July 1, 11:13 a.m., Mutual 10 Security assisted a welfare check with SBPD.

• July 1, 3:25 a.m., Mutual 11 A resident reported unauthorized people in his unit but he was safe because they left the scene.

•July 4, 5:46 a.m., Mutual 17 A resident reported three people sitting in her residence; no one was found at the unit.

• July 7, 3 p.m., Mutual 12 A resident reported neighbor feeding food to crows. Neighbor was advised on wildlife regula-

• July 8, 5:26 a.m., Mutual 9 Ongoing issue regarding neighbor's secondhand smoke.

• July 9, 5:21 p.m., Mutual 11

A resident was advised to stop construction noise and complied. • July 12, 6:10 a.m., Mutual 2 Ongoing complaint from resident of people inside her unit; no one found in the unit.

• July 14, 6:10 a.m., Main Gate An unknown person parked and fell asleep in a car outside of the Main Gate. SBPD was called and arrested suspect.

• July 18, 12:53 p.m., Mutual 2 Unit secured per Mutual president after an occupancy agreement issue.

• July 19, 10:20 a.m., Golf Course A resident verbally abused GRF staff at the golf course.

• July 19, 4:43 p.m., Mutual 4 A resident and caregiver were involved in a dispute over parking.

• July 20, 10:12 a.m., Mutual 15 A possible trespasser was found before entering. SBPD advised person regarding trespassing.

• July 20, 8:47 a.m., Mutual 2 A resident reported a stranger was walking around Mutual 2. No person was found.

• July 20, 1:25 a.m., Mutual 3 A resident complained of people in her unit. No one was found inside.

• July 24, 10:42 a.m., Golf Course Two residents were involved in a verbal altercation over golf.

• July 24, 10:48 p.m., Mutal 7 A resident was found in 1.8 Acres after closing and advised of closing hours.

• July 25, 8:12 p.m., Mutual 3 A resident reported a suspicious person; no one was found. • July 27, 5:49 p.m., Mutual 4

A resident reported spousal abuse. SBPD was called and arrested her husband.

• July 28, 8:42 a.m., Mutual 10 Residents were disputing parking regulations. All parties were advised of parking rules by

• *July 29*, 5:45 p.m., *Mutual 1* Residents were involved in a verbal altercation; all parties left the scene before Security's arrival.

• July 29, 7:30 a.m., Mutual 11 A resident verbally abused another resident while walking. • July 30, 3:15 a.m., Main Gate

A woman was causing a disturbance at the scene. SBPD was called, and the woman was removed by paramedics.

• July 31, 3:03 a.m., Mutual 1 A resident complained about a parked vehicle that prevented him from safely exiting his carport.

• July 31, 2:38 p.m., Mutual 11 An unknown woman yelled at residents who passed her. The woman was gone upon Security's arrival.

TOTALS:

Paramedic calls: 125 Theft: 7 Vandalism: 2 Traffic Incidents: 2 Death Investigations: 8 Lost Residents: 10 Injury: 14 Noise Complaints: 28 Dog/Pet Complaints: 2 Grand Total:199

OBITUARIES

Ruth Ann Arnold 1928-2021

Ruth Ann Arnold, 93, of Seal Beach, passed into eternal life on Monday, July 26. She was



born March 9, 1928, in Los Angeles to Carl and Adelaide Schrodt.

Losing her mother at a very young age, she was raised in Los Angeles by her father and siblings, surrounded by loving aunts and uncles. She and Addison married in 1946 and were blessed with four children, losing a son in 1994. She was always involved in the lives of her children, serving as PTA president in Los Angeles during the years her children were in grade school. She loved traveling, often taking vacations that included her children and grandchildren.

Ruth and Addison moved into Leisure World in 1996, and she loved it. She was active in the ceramics and bingo clubs and supported Addison in his terms as Mutual president and GRF president.

She was preceded in death by her son Richard Joseph; beloved husband, Addison Arnold; as well as many family members and dear friends.

She is survived by her children, Angela, Patrice and Mark, as well as grandchildren, nieces, nephews and cousins.

A Mass of Christian Burial is being planned and will be announced soon.

In Memoriam

Robyn Hazen 56 Viktor Kerschbaumer 62 Joanne Infante 64 Leon Sanders 87 Mary Slan 71 Mark Hoose 63 Kwong Kwok 66 Thomas Heslin 77 Tag Olmstead 72 Lois Woodburn 85 Braulio Tovari 69 Leon Sanders 87 Families assisted by McKenzie Mortuary, 961-9301 —Paid obituary

• The Obituaries deadline is Monday at 4 p.m., prior to the desiredThursday publication. Email obituary notices to *laurieb@lwsb.com* with photos

attached as jpg files. • The first 250 words, plus one picture, is free to place; each additional word is 25 cents.

• For more information, call the LW Weekly office at (562) 430-0534 or email laurieb@ lwsb.com.

Arts & Leisure



The author and her son after jumping out of a plane.

TRAVEL

Taking flight over Santa Barbara

by Leila Claudio

LW contributor

When my son, Alexander, told me he had gone skydiving, my imagination immediately took flight. I pictured my self taking that leap to conquer my fear of heights. In this time of our lives, I believe we still have to grow, to experience new thoughts and dreams, and put ideas into action. And when Alexander said he'd give me this adventure as a belated birthday present, I quickly jumped at the chance before either of us could change our minds.

Skydive Santa Barbara is located in Lompoc, about 30 minutes north of Santa Barbara. The company schedules appointments in 15-minute incrementals. To prepare, we each had to sign papers releasing the company of responsibility and watch an informational video.

We were then weighed, which is done for two reasons:

1. Parachutes have a maximum capacity, so your weight, as well as your instructor's, determines your parachute size.

2. To calculate the total weight of the people on the plane. If the plane is overloaded, it could crash.

Next came our suits. We were given the option to not wear one, but I wanted the whole experience. We suited up, and then our partners put us in harnesses.

Before boarding the plane, we were told that two taps on the shoulder meant we should put our arms at 90-degree angles from our bodies. One tap would remind us our legs needed to be up as we approached our landing so we'd be prepared to make

a running stop.

On the plane was the pilot, Alexander, me and two instructors. As we went up and up, I looked below to see buildings become smaller and smaller. I took big breaths to combat my fear and told myself, "Don't think about it."

As we climbed to 18,000 feet, my instructor buckled himself right behind me. We scooted to the opening. Then he told me to jump. There was a long, inner scream as I jumped. No one had told me that in the 90 interminably long seconds of that vertical plunge, the sound of the wind rushing past would hurt my ears so much—it felt like my eardrums were fracturing. Though we were provided with goggles to protect our eyes, my ears needed protection as well. I felt sick, as though I would throw up, but I had to control that urge because I knew my diving partner would bear the brunt of my vomit.

The instuctor finally opened the parachute, and we floated along the air currents, so light and airy. The valley below slowly came toward us as we did S-curves to prolong the landing. Finally, he tapped my shoulder as we approached our landing. I raised my legs, but I was unable to make a running stop. Instead, I landed on my butt, which was fine because the ground was soft and I was wearing the suit.

After, Alexander and I camped at El Capitan State Beach, viewed the Santa Barbara Botanic Garden and gazed at the city from atop the hilltop of Franceschi Park.

Was I glad I experienced this adventure? Yes, yes and YES!

Entertainment Reviews

LW residents are invited to submit reviews of books, movies, plays, concerts, etc. for publication in the LW Weekly. Include all pertinent information, such as author names, location information, movie ratings, etc. Send them with your name and Mutual and telephone numbers to <code>pattym@lwsb.com</code>. All reviews are subject to editing for content and clarity and will run as space allows.

Yahtzee Club

The highest-scoring winners at the July 30 Yahtzee Club meeting were Marilyn Moody, Donna Wenrick, Kathe Repasi, Judy Nesteby, Liz Maripol and Susie Ralston. There was a four-way tie for most Yahtzees: Doris Dack, Barbara Robarge, Kathy Rose and Pat Wilson split the prize, each having made six Yahtzees.

The Yahtzee Club meets every Friday from 12:30-4 p.m. in Clubhouse 3, Room 6. The cost to play is \$2 per meeting, which goes toward seven prizes at the end of the game. Club dues are \$3.

Members should bring their own beverages in a spill-proof container that is clearly labeled. No one is required to bring a snack to share, but should anyone choose to do so, items must be store-bought and in individually sealed packaging.

For anyone who has no idea what Yahtzee is, Kathy Rose will teach the basics of the game. You can text her at (714) 309-6873.



Pat Paternoster

Community Karaoke

At Aug, 4's karaoke party, Pat Paternoster sang the popular oldie but goodie "Only the Lonely," which everyone liked. Ren Villaneauva had fun with the Willie Nelson number "Help me Make it Through the Night." Shannon Harrison won applause for her Elvia song, as did Michele Nygard for "Love Portion No. 9" and Carolyn Mottola for "The Last Waltz."

David Noble led a round of "Happy Birthday" in honor of Donna Cooper, who occasionally sings for the group.

Though the crowd was slightly smaller than usual, pizza was served by helpful club members.

Everyone is welcome to karaoke on Wednesday nights beginning at 5:30 in Clubhouse 1. Practice sessions are available on Mondays from 1-3 p.m. on the Amphitheater stage.

—Margie Thompson

Line Dance Class

Barbara Magie's line dance class on Wednesdays from 1-3 p.m. has been moved to the Clubhouse 3 Lobby.



Velvetones Ballroom Dance Orchestra

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing swing and jazz music for dreaming and dancing. Whether it be a well-known big-band standard, contemporary-jazz showcase selection, vocal ballad or a hard-charging brass feature, the Velvetones provide musical entertainment that's wonderful to dance to.

The group perform the first and third Sundays of every month at 6 p.m. in Clubhouse 4.

Pickleball Club

Wayne Gould, founding member of the LW Pickleball Club, invites beginners to a starter class on Aug. 25 at 10 a.m. on the pickleball courts behind Clubhouse 2. Topics will include player safety, serving and returning the ball, and rules of the game.

The class will conclude with an actual game, and people may continue to play after class.

Pickleball paddles and balls will be available for those without their own equipment. Participants must wear non-marking, closedtoe, nonslip athletic shoes; sunglasses; and athletic clothing.

To reserve space in the class or for more information, contact Gould at (562) 794-9546.

The semi-annual pickleball tournament will be held Aug. 29. Sign-ups for all levels of players can be found in the book on the table at the courts. For further information, contact Jerry Wrenn at (714) 538-1063.

Lapidary Club

Ever wanted to make a crystal sun catcher that can be hung in the garden, on a tree, or by a window to brighten up any space? Pat Spencer will teach LWers how to make these optical equivalents of wind chimes on Aug. 23 from 9:15-11:30 a.m.

Sign up in the Lapidary Room in Clubhouse 4 for this fun class that costs just \$5.

There's only room for 10 participants; however, if a lot of people are interested, it may be offered again in the near future.



Last month, the Travelings Tigers honored Thelma Kieffer on her 101st birthday.

Traveling Tigers prep picnic

The Traveling Tigers will host its annual picnic on Wednesday, Aug. 18, at noon in the picnic area next to Clubhouse 1. In addition to games and fun, there will be catered sandwiches, salads, sodas, tea and bottled water. The per-person cost for the picnic, which is open to members and their paid guests, is \$10.

Members should contact Joan Schwichtenberg at (562) 708-8122 to confirm and pay, if they haven't already done so.



Surrounded by friends and neighbors, Thelma Kieffer (seated) enjoyed a hula performance in honor of her 101st birthday.

Hula performers share aloha spirit with Thelma Kieffer

Hui O Hula recently helped Thelma Kieffer celebrate her 101st birthday. A Mutual 4 resident for 16 years, Kieffer moved from Michigan during her early 20s; she has one son, and she used to love travelling with her husband. When asked for the secrets to her longevity, she responded that she has good genes, eats well and stays active. Kieffer has a joy for life and says living in Leisure World definitely has been good to her.

The performers are looking forward to

entertaining Lyndell Philips for her 99th twice a week. Basic hula for beginners is birthday on Aug. 20. Philips has been lived in Mutual 12 for more than three decades and worked as a switchboard operator for the Health Care Center for more than 20 years. Dancers who want to share their aloha by performing are welcome to join in.

Besides performing inside and out the LW gates, having fun dancing together is the main goal for the hula club. Hui O Hula offers traditional Hawaiian dance lessons

taught at Veterans Plaza on Thursdays at 1:30 p.m., followed by a regular class session at 2 p.m. On Tuesdays, lessons are offered upstairs in Clubhouse 6 from 1-2:30 p.m. Anyone who prefers to dance by following along or simply enjoys listening to live island music is welcome from 3-5 p.m. All classes are free.

For more class or performance information, contact Kaye Huff at (562) 431-2242.



Chris Pine and Gal Gadot star in "Wonder Woman."

Amphitheater 2021 Schedule

Amphitheater 2021 Show and Movie Nights take place in the 2,500-seat Leisure World Amphitheater. Residents are invited to celebrate summer under the stars at these free events. The concerts start at 7:30 p.m., and the movies begin at 8:30 p.m. (Schedules and start times for both are subject to change.)

Residents must have GRF ID cards for admission; non-resident guests must be accompanied by a resident shareholder. Smoking is prohibited at the Amphitheater.

Minibus transportation is available before and after events; call (562) 431-6586, ext. 379.

Movies

• Aug. 13: "Wonder Woman." When a pilot crashes and tells of conflict in the outside world, Diana, an Amazonian warrior in training, leaves home to fight a war, discovering her full powers and true destiny. PG-13 2h 21min | Action, Adventure, Fantasy. Sponsors: Memorial Care Long Beach Medical Center, Home *Instead Senior Care Service*

Aug. 27: "Nomadland."

After losing everything in the Great Recession, a woman in her sixties embarks on a journey through the American West, living as a van-dwelling modern-day nomad. R | 1h 47min | Drama. Sponsors: Cannon Legal Firm, Optum Care *Network–Monarch/SCAN*

• Sept. 3: "Coming to America 2." African monarch Akeem learns he has a long-lost son in the United States and must return to America to meet and build a relationship with this unexpected heir. *PG-13* | 1h 50min | Comedy. Sponsors: Sandra Teel, Medicare Insurance Broker; Optum Care *Network–Monarch/SCAN*

• TBD: "Knives Out." A detective investigates the death of a patriarch of an eccentric, combative family. PG-13 | 2h 10min | Comedy, Crime, Drama.

Concerts

 Aug. 19: Ronstadt Revival, a premier tribute to Linda Ronstadt. Sponsors: MemorialCare Long Beach Medical Center, Optum Care Network–Monarch/ United Healthcare

Club news? Send information about upcoming meetings, game winners, etc. to pattym@lwsb.com by 4 p.m. Thursday.

LW Chorale & Entertainment Club

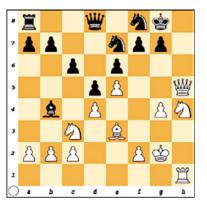
The LW Chorale & Entertainment Club meets every Monday at 9 a.m. in Clubhouse 3, Room 2. The group is currently rehearsing for its first show of 2021, "We Wish You Love," to be held Sept. 25 at 1 p.m. in Clubhouse 4. Anyone interested in participating is welcome to join them on Aug. 16. Call Ray Geierman at (562) 357-4320 for more information.

—Dorothy Ferrington

Chess Club

The solution to this week's puzzle: The White queen moves from h5 to h8. The Black king moves to h8, then White knight to g6 and Black king to g8. The next move by White is checkmate.

Chess partners are available when the LW Chess Club meets on Fridays from 1-6 p.m. in Clubhouse 3, Room 7. Beginners are welcome for a free lesson.



LW Pinochle Club

The LW Pinochle Club meets Mondays and Thursdays at noon in Clubhouse 4. Additional games are played in Clubhouse 1. The following are recent winners.

July 29: First place: Tony Dodero, 11,990; second: Grace Finnegan, 11,920; third: Marilyn Allred, 11,750; fourth: Pat Blum, 11,440.

July 31: First place: Peggy Kasper, 12,180; second: Irene Perkins, 10,780; third: Jim Kasper, 10,570; fourth: Amy Kasuyama, 10,050.

Aug. 2: First place: Marilyn Allred, 12,470; second: Gene Smith, 11,910; third: Marge Dodero, 10,720; fourth: Delores Cook, 10,600.

—Marjorie Dodero



The next Leisure World Pool Club (LWPC) tournament will be on Monday, Aug. 16, starting at 6 p.m. in Clubhouse 2. There is a \$3 entry fee for the tournament, which will be a 3-6-9 form of classic 9-Ball, with partners taking alternating shots.

For those unfamiliar with 369, teams receive one point for making the three, two points for making the six and three points for pocketing the nine ball. This means a team can make anywhere from zero to six points in a game. Players must always shoot the lowest numbered ball on the table.

All money collected will be used as prizes for the three teams with the most points after each team plays six games. In case of a tie for first place, there will be a one-game playoff.

The number of players will be limited to 12 teams of two players. If there are 30 players, there will be 10 teams of three players.

Players should arrive by 5:45 p.m. to give enough time to form teams. Reservations will be taken on a first-come basis. LWPC members should have already received an email notice if they have an address on file. To RSVP for your place in the tournament, call or text club secretary Eunis "Wildfire" Christensen at (562) 879-1954.

Membership in the LWPC is \$10; interested parties can join at the tournament; dues paid now will last until Oct. 31, 2022.

—Dave Silva



Joyful Line Dance class meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6 to learn fun moves to a mix of popular songs, both old and new, as taught by leaders Albert Comia, Anna Derby (pictured), Chung Lewis, Connie Peck, Daisy Ramos and George Pinada. All shareholders are welcome, but the club requests dancers sign in with their names, plus their Mutual and unit numbers. For more information, contact Anna Derby at (562) 301-5339.



Vinyl Rock returns to LW this weekend. The band performed in tribute to the late Tommy Williams (fourth from right) in July.

Enjoy two GRF bands this weekend

Golden Rain Foundation sponsors live music performances, a fun social event that gives residents the opportunity to get in some gentle exercise, meet new people or spend time with old friends, and experience new music or enjoy the classics.

On Saturday, Aug. 14, Cabaret Entertainers Presents Vinyl Rock in Clubhouse 1 at 7 p.m. Vinyl Rock is a nine-member Orange County-based band that passionately perform classic rock, Motown and pop tunes primarily from the '60s, '70s and '80s. The band keeps the audience engaged, inviting them to participate in sing-alongs and by mingling with them on the dance floor.

On Sunday, Aug. 15, the Velvetones take the Clubhouse 4 stage at 6 p.m. The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing swing and jazz standards—music for dreaming and dancing.

Be sure to sign in, either as a resident or guest, on-site, as this is the only way GRF can judge the popularity of the bands. The concerts are free, but tips are acceptable and appreciated.

Let the Good Times Roll

The Doo Wop Club will present "Let the Good Times Roll" on Sept. 18 (postponed from August). The "American Bandstand"themed show will begin at 6:30 p.m., with doors opening one hour prior so audience members can grab tables. The group is very excited to return to the Clubhouse 2 stage and hopes everyone will sing and dance along with Frank and Martha Destra, Lu DeSantis, Jackie Hidebrant, Carmen Edwards, Ben Berg, Tosca Lies, Vinnie Correnti, Sally Glausser, Ken Notorleva, Ellen Brannigan, Rick Riley, Susan Kelleghan, Bev Adams, Irine Chapnick, Ric Dizon, Maxine Chavez, Erika Greenwood, Jose Del Pino and Karen Hensel.

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

You Left With Your Love/How Shall I Remember You?

How shall I remember you?

How shall I fill my dreams with your essence?

Your touch

Your sweet breath

Your quiet melody when your lips are parted, just a bit.

. . . A very little bit.

How can you leave me without love? Your exciting embers.

The trust we exchanged.

The walks were ours

Your voice, the beats of my heart However long, however long

-M.G. Cohen, Mutual 15

Men's Golf League Results

On July 30, 12 men and one woman of the LW Golf League tackled the beautiful, well-maintained Meadowlark Golf Course in Huntington Beach. The 5,600 yard, par-70, 18-hole course has numerous elevation changes, diabolically placed sand traps and abundant water hazards. Additionally, there is a large practice area including three putting and chipping greens, plus a substantial driving range. It has been a pleasure to play all year.

At tee time, the day was warm and humid with no wind. The sun came out later, but the temperatures remained lower than expected. The typical late-morning wind did show up, making it difficult to choose the proper club for any approach shot on the last few holes. Despite the great course conditions, the golfers generated only four at- or under-par rounds and just two birdies.

All scores are net. A Flight handicap is 0-20; B Flight, over 20.

A Flight Winners: First place: Bill McKusky, 1 under 69, plus a birdie; second: Dave LaCascia, even par 70 and fewest putts; third: Tim Looney, 3 over 73; fourth: league director Gary Stivers; fifth: Clay Fischer, plus a birdie; sixth: Sam Choi. Stivers was closest to the pin on the 150-yard, par-3

B Flight Winners: First place: Ron Sommer, an excellent 6 under 64; second: tie between Gene Vesely and Lowell Goltra, 1 over 71; third: Tom Ross, 3 over 73, plus

fewest putts; fourth: Bob Munn; fifth: tie between Liz Meripol and Chris Lankford. Munn was closest on the 140-yard, par-3 seventh hole.

Thirteen league golfers competed on Aug. 2 at the par-62, 4,000-yard David L. Baker Executive Golf Course in Fountain Valley. It was hot, sunny and humid, with temps approaching 80 at the 7 a.m. tee time. It warmed up even more by round's end. Baker has only short par-4s and -3s, with small greens and plenty of water hazards.

The greens, tee boxes and fairways were in excellent shape, with the tees set about half way, shortening the course even more. The golfers were primed to make good score, delivering 11 rounds at or under par, plus six birdies. Several of the scores were more than 10 under par, net.

A Flight Winners: First place: Stivers, an astonishing 13 under 49, plus fewest putts and a birdie; second: McKuskv, a terrific 7 under 55, plus a birdie; third: Jim Goltra, a super 6 under 56; fourth: Choi, 2 under 60, and a birdie; fifth: Larry Hillhouse, 1 under 61, plus a birdie; sixth: Fischer, 1 over 63; seventh: LaCascia. Stivers was closest to

Friends of the Library

the pin on the 100-yard, par-3

B Flight Winners: First place: Bill Zurn, an incredible 13 under 49, plus fewest putts; second: Sommer, a very good 7 under 55, plus a birdie; third: Chris Lankford, a nice 4 under 58; fourth: tie between Vesely and Munn, 3 under 59, plus Vesely had a birdie; fifth: Lowell Goltra, 2 under 60. Vesely was closest to the 110-yard, par-315th hole.

Friends, ladies, spouses and family are all welcome to play and/ or join. The league plays at four local courses, all within 15 minutes of Leisure World. The courses the group play are always quite full, so advance reservations with the league have become the norm, with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net, birdies, closest to the pin on two par-3s, and the lowest number of putts in each flight. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at (714) 313-3697 or LaCascia at (801) 674-5975.

—Dave LaCascia

Women's Golf Club

On Aug. 3, 51 members of the LW Women's Golf Club competed for low gross and low net. Congratulations to Melinda Lee for her circle-hole win with a hole-in-one on No. 8.

The Flight winners were:

Flight A: Low gross: tie between Linda Herman, Susie Kim and Zoe Pickell, 30; low net: Jane Song, 26.

Flight B: Low gross: tie between Sang An, Joann Lim and Judy Kim, 30; low net: Theresa Lim, 24.

Flight C: Low gross: Sun Lee, 33; low net: Elizabeth Butterfield, 25.

Flight D: Low gross: Soo Kim, 35; low net: Donna Cooper, 22.

—Anne Walshe

LW Women's Club Table Top Games

Cribbage Club

On Aug. 3, 64 cribbage players enjoyed cake and ice cream served by Joyce Basch and Margaret Smith in celebration of Sylvia Clinton's birthday. Richard and Debbie McCarty added brownies and chips.

Winners for the week: First place: Gene Smith, 845; second: Norman Martin, 841; third: Sandy Bird, 837; fourth: Connie Deady, 830. Sandra deDubovay won six of seven games, while Marilyn Chelsvig lost all seven games.

Cribbage Club meets each Tuesday in Clubhouse 1. Play begins at 12:30 p.m. Dues for the year are \$3, and play each week is \$1.

-Marilyn Chelsvig

house 2 at 1 p.m. Lunch will not their games for an afternoon of

be served, but participants are welcome to come early with their own food to eat with friends; the doors will open at noon. Coffee, iced tea and an assortment of sweet treats will be available.

Since the WC is not hosting its annual fundraiser this year, it was decided to charge \$1 per participant of the card party. The money collected will go to two community charities: Impaired Vision & Hearing of LW and LW Historical Society.

All Women's Club members are invited. All women who attended last month's games are expected to return. Any game may

LW Women's Club Table Top be played. Attendees are encour-Games will be Aug. 20 in Clubaged to bring their friends and fun. LWers who are new and want to check out what is going on are welcome to join a table or learn a new game. Anyone who wants to cancel a table or to set up a new table, or anyone with questions or suggestions, should call Jan Krehbiel at (562) 431-8240.

There will also be a sign-up sheet for attending the Women's Club's first meeting on Oct. 5; this meeting will be for members only. Reservations are necessary, as there will be a light luncheon served. Those who have not paid the \$25 membership dues should see membership chair Penny Wright in the lobby.

Monday, Thursday and Friday, 9:30 a.m.-3:30 p.m.

The Friends of the LW Library Bookstore has revised its open hours. The new times are:

Saturday, 9:30 a.m.-12:30 p.m.

Monday Bridge Club

The Monday Bridge Club meets in Clubhouse 1 on Mondays starting at 11:30 a.m.

The winners from the Aug. 2 meeting are:

First place: J.J. Jongs

Second place: Evelyn Scherber **Third place:** Olive Bishop

The club is looking for more players. Anyone interested in playing party bridge should call Marion Standish at (562) 493-1236.

Duplicate Bridge

LW Duplicate Bridge Club plays in Clubhouse 1 on Mondays, Fridays and Saturdays. Participants are urged to arrive by noon, as play starts at 12:30 p.m. To reserve a spot, contact Sharon Beran at (562) 308-7838 or hbsharonb@gmail.com.

Restaurant Reviews

LW residents are invited to submit reviews of their favorite eateries for publication in the LW Weekly. Include your name, Mutual and telephone numbers. The reviews are subject to editing and will run as space allows. Email submissions to pattym@lwsb.com.

405 Improvement Project

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605.The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows: I-405 Lane Reductions for Goldenwest Street Bridge

Crews will continue excavating and installing piles for the center median of the Goldenwest Street bridge over the I-405. This requires northbound and southbound I-405 lane reductions between Bolsa Avenue and Goldenwest. The lane reductions will continue, 5 a.m. to 12 p.m., for approximately five weeks.

Sidewalk Closures on Seal Beach Boulevard

Crews closed the sidewalks at the intersection of Seal Beach Boulevard and Lampson Avenue for permanent traffic signal construction.

Activities include the removal of existing sidewalk ramps, installation of new sidewalk ramps, electrical and foundation work. Permanent traffic signal construction began June 1 and will continue for approximately two more months on weekdays. Daytime work hours are 9 a.m. to 3 p.m.

Seal Beach Boulevard and Lampson will be intermittently reduced to two lanes at the intersection for the duration of the work.

Nighttime temporary traffic

signal removal and permanent pole installation are anticipated in early-July.

This work may be loud. The schedule is subject to change due to inclement weather or unforeseen operational issues.

Bolsa Chica Road

Traffic Signal Work

Crews will begin support activities in anticipation of sound wall construction in early August. This work includes relocating the temporary concrete barriers and fencing along northbound Bolsa Chica.

NB I-405 Loop Off-Ramp to **Bolsa Avenue Closed**

Crews closed the northbound I-405 loop off-ramp to Bolsa on June 18 for approximately three months to accommodate the freeway widening. It should reopen in mid-September.

SB I-405 Off-Ramp to Bolsa Chica Road Closed

Crews closed the southbound I-405 off-ramp to Bolsa Chica on Oct. 27, for approximately four more months to advance construction on the Bolsa Chica bridge.

SR-22 On-Ramp from Old **Ranch Parkway Closed**

The Old Ranch Parkway onramp to the westbound SR-22 closed April 13 for eight months to accommodate freeway widen-

Activities include demolition, excavation, grading, drainage and electrical system installation, concrete pours and asphalt paving.

Work hours are from 7 a.m.-4

p.m. Crews may mobilize equipment as early as 6 a.m. Nighttime work hours are 9 p.m.-6 a.m.

Almond Avenue Update

Crews are set to work on the foundation of a wall along Almond Avenue between Dahlia Circle and Jasmin Circle, adjacent to the northbound I-405. The foundation consists of approximately 250 cast-in-drilled-hole (CIDH) piles. This activity includes augering large holes, and installing forms and steel cages and pouring concrete into the holes to form the piles.

Following these activities, crews will begin placing rebar, constructing forms and pouring concrete to construct the wall.

Work began July 26 and hours are from 7 a.m.-4 p.m. on weekdays and Saturdays, as needed for approximately two months.

Nighttime activities may also occur between 9 p.m.-6 a.m.

Crews may mobilize equipment as early as 6 a.m., and some activity may occur at night. This work may be loud.

Westminster Boulevard

Crews will excavate and remove concrete from the center median of the Westminster Boulevard bridge.

The work is ongoing from 9 p.m.-6 a.m., for approximately one week.

Sign up for project-wide and bridge-specific construction alerts at bit.ly/405-signup.

The I-405 Improvement Project mobile app provides quick access to current traffic conditions, closures and detours, along

with project updates and links to contact the project team. Download it from the Apple Store or Google Play.

Email 405project@octa.net or call (888) 400-8994 for more information.

Bathroom Accessibility Program

The City of Seal Beach Bathroom Accessibility Program has been approved for another cycle of funding. This means that starting July 1, the city can spend nearly \$200,000 on grants to Leisure World residents for the Bathroom Accessibility Program.

For over 15 years, the City of Seal Beach has offered the Seal Beach Bathroom Accessibility Program to help residents modify their bathrooms. As of 2020, LWers with more than one bathroom are eligible. Furthermore, in special circumstances, a bench can be added to the fiberglass unit.

In the wake of COVID-19, the administration of this program has changed slightly. There will be no in-person workshops this year. Instead, individual appointments can be made via phone, FaceTime, Zoom or Google Hangouts to ask questions and get individualized advice on how to complete an application. Simply email monique@ civicstone.com for an appointment. People can also call (909) 364-9000, but email is preferred. All information is kept strictly confidential.

Any Leisure World resident who has trouble stepping into the shower for any reason is likely eligible for a free bathroom upgrade. The Leisure World Bathroom Accessibility Grant converts the tub/ shower combination into a shower-only for safer access. The fiberglass is refinished to look like new, and a custom glass shower door enclosure is installed. Toilets can be replaced with high-boy models, and grab bars may be added as needed.

The program is made possible through a grant from HUD, Orange County and the City of Seal Beach. To qualify, applicants must be over 55 years of age and have an annual income below \$75,300 if you live alone, or the limit is \$86,050 per year for a two-person household. Savings do not disqualify you.

"Many residents get confused about the application process," said Monique Miner of CivicStone, which administers the program. CivicStone was hired by the City of Seal Beach 15 years ago to facilitate the bathroom grant program. "Residents don't realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help residents apply for the completely free upgrade. But don't delay completing your application, because funds are limited."

For more information, email monique@civicstone.com or call (909) 364-9000.

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CAP Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be Thursday, Aug. 19.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household.

To sign up, bring a photo ID and proof of income (Social Security/ SSI statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID.

For more information, contact Robann Arshat in GRF Member Resources at (562) 431-6586, ext. 317, or *robertaa@lwsb.com*.

ANGER from page 2

concerns and how you are feeling.

• Connect with your community, or faith-based groups. While social distancing measures are in place, try connecting online, through social media, or by phone or mail.

Helping Others Cope

Taking care of yourself can better equip you to take care of others and react more kindly to people who are chronically anxious, angry or frustrated.

During times of social distancing, it is especially important to stay connected with your friends and family.

Helping others cope with stress through phone calls or video chats can help you and your loved ones feel less lonely or isolated.

CalFresh Benefits

CalFresh can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries.

Recipients receive a card similar to a debit card with money loaded every month to shop for fruit, vegetables, protein and other nourishing foods.

CalFresh is funded by the USDA and administered through the Community Action Partnership in Leisure World to help improve the health and nutrition of people with lower incomes.

Requirements to Apply:

- You must have at least one citizen or legal permanent resident with a Social Security number living in your household (including children).
- You may qualify for CalFresh even if you have a full- or part-time job.
- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.
- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.
- Documents needed to apply: photo ID, Social Security card,

proof of income and resident card (if applicable, receipt of rent and receipt of one utility bill).

Upon application, income and many other factors are taken into account to determine eligibility. stores and many farmers markets to buy food. For more informa-

tion or to apply online, call 1-800-281-9799 or go to https://www.mybenefitscalwin.org/.

Residents who need assistance applying for CalFresh should contact Robann Arshat in Member Resources at (562) 431-6586, ext. 317, or *Robertaa@lwsb.com*.

Renew Photo IDs at Stock Transfer

GRF residents are required to have GRF photo identification cards for access to amenities, all transfers (membership, removing/ adding someone on title, replacing lost certificates, etc.) and to be a candidate for GRF and Mutual board representation. The Stock Transfer Office issues IDs , which expire every five years, in a rotating schedule.

Residents will need to bring their expired ID cards. Expiration dates are located on the right side of ID cards.

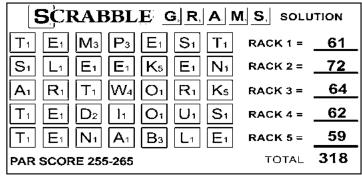
No appointment is needed. People can stop at the Stock Transfer Office on the ground floor of the Administration Building. It's open Monday, Tuesday, Thursday and Friday from 9 a.m.-4 p.m. by window-service only. The office is closed to the public.

Lost or stolen cards can be replaced by completing a Certificate of Lost ID form in the Stock Transfer Office.

There is a \$20 replacement fee, which can be waived if there is a police report that can be verified by the Stock Transfer Office.

Decal Office Open

The GRF Security Decal Office in Building 5 is open Monday-Saturday from 8:30 a.m.-4 p.m. Bring proof of insurance, DMV registration, a driver's license and GRF ID card. No appointment is required. Decals are issued on a first-come, first-served basis.



Crossword Answers

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Sudoku 1 Answers

2	9	3	1	6	5	7	8	4
5	1	8	7	2	4	9	3	6
4	7	6	8	9	3	1	2	5
8	3	1	9	4	6	5	7	2
9	4	7	2	5	8	6	1	3
6	5	2	З	7	1	8	4	9
7	6	5	4	8	2	3	9	1
1	2	9	6	3	7	4	5	8
3	8	4	5	1	9	2	6	7

The Basic Rules of Sudoku:

There is only one valid solu

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
 When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-

bers in the course of the game.

• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudden purely can be the came.

Sudoku puzzle can be the same.

• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku

puzzie can be the same. • Each block must contain all of the numbers I through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

OCTET HILLY PICKLE STICKY In 1908, George Smith, claiming he invented the modern-style lollipop, sold them — LICKETY-SPLIT



Sudoku 2 Answers

7	8	4	9	3	1	2	5	6
9	5	1	4	2	6	7	3	8
2	6	3	7	8	5	1	9	4
4	2	9	3	5	7	8	6	1
5	1	7	8	6	9	4	2	3
6	3	8	2	1	4	5	7	9
1	9	6	5	4	2	3	8	7
8	4	2	6	7	3	9	1	5
3	7	5	1	9	8	6	4	2

Guess Who?

Cara Delevingne

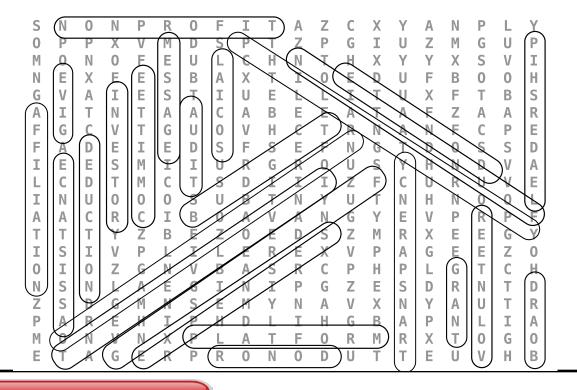
Crypto Fun Answers

A. customer B. menu C. recipe D. reservation

Boggle BrainBusters Answers

RED TAN GRAY TEAL PINK GREEN WHITE CREAM

Word-Find Answers



Classifieds

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN000. 12/30

GARDENING & LANDSCAPING

FRANK'S GARDENING **SERVICE**

Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutuals. Honest and reliable. State Contractor's License #779462. Call 562-863-7739. 562-743-3832 or 714-527-1172 10/07

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OGAN CONSTRUCTION, INC. (562) 596-7757. 03/31/22

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License #JRH0001. 07/07/2022

562-596-0559 LW DECOR INC - LIC 723262

Install doors, new windows, recessed lights, fans, light fixtures. Cabinet refacing & refinishing, paint exterior window frames, ceilings made smooth, closets redone, misc. repairs. Kitchen/bathroom remodeling.

> 40+ yrs in LW. LW DECOR INC **562-596-0559.** 08/19

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We refinish your TUB/SHOWER to look brand new. Convert to a WALK-IN SHOW-ER and/or raise seat. Nu Kote 562-833-3911 License #699080 Serving LW since 1999. 11/11

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Affordable - Professional. Licensed and Insured. Interior - exterior drywall repair, texturing, pressure washing, cabinets. Senior discounts. Cory Gee Painting 714-308-9931. License #1049257. 09/16

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LW Decor Inc. 562-596-0559 08/19

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562-596-0559 LW DECOR INC.

40+ yrs in LW. Vinyl plank, laminate, tile indoor and outdoor patio carpet. License 723262.

562-596-0559. 08/19

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All Year Carpet Cleaning since 1988. Call Tito (562) 658 - 9841. State Contractors Lic. #578194. 10/07

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SKYLIGHTS

CLEAN, REPAIR, REPLACE. Licensed and insured. Dan (562) 841-3787. Seal Beach License #BRA0002.09/02

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562-596-0559 LEISURE WORLD **DECORATORS**

Shutters, blinds, roll-up shades, custom drapes. **562-596-0559**. 08/12

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small nonprofessional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9 am-5 pm.

(562) 822-6655, (562) 430-9966.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" **GOLF CART CLUB**

Offers FREE advice on buying and selling of your golf cart. Also batteries. 562-431-6859.

HELP WANTED

Dog-Walker needed for hire. Small, Friendly-Dog needs to be walked morning-and-afternoon (Daily). Call Jeff 714-391-9163.

Desperate Gardening Help Needed! Mostly Succulents, will PAY WELL. 1422 Merion Way, Mutual-2/Apt-59L. 760-996-6289

HOME CARE PERSONAL ASSISTANT

I am an experienced caregiver available to assist with daily care, doctor's appointments and errands. Available 24/7, 949-899-7770. Seal Beach Business License HEL0006.

CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/ Insured. 12/30

MOST AFFORDABLE RATES with optimum service, 23-years LW experience, reliable, honest caregivers. Licensed, 24-hours, part-time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 12/16

EXPERIENCED CAREGIVER Over 20 years in Leisure World with Excellent References. Hourly or Live-in. Please Call Pampet: **562-371-4895.** Seal Beach License PAN0003 09/09

Elderly care. Live-in, live-out. My name is Blake and I'd love to be 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state.

Gloria 949-371-7425. 09/30

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part-time, full-time, live-in. (562) 230-4648. Seal Beach Business License #CAM0006. 12/09

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Tammy Nguyen Phenix Salon - Service in private suite. One customer, one hairstylist. Sanitized & professional. Haircut for men & women, shampoo, set, color, highlights, perm, nails & toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Blvd, #116. (714) 425-4198. 8/26

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 09/09

HOUSE CLEANING

Experienced housekeeper. I do weekly and monthly cleaning. Call 949-899-7770. Seal Beach Business License HEL0006. 10/07

> MOVE-IN, MOVE-OUT WINDOWS. HOUSECLEANING CALL PHIL AT 562-881-2093 Over 30 years Experience! Seal Beach Business License #AB0001. 08/19

GRACIAN'S HOUSECLEANING & WINDOWS. 10% OFF first cleaning **WINDOWS**

General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License gra0006.08/26

Patricia House Cleaning, weekly or monthly. Excellent referrals in Leisure World. 562-397-4659 Seal Beach License LUC0001. 10/07

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach License RAZ0002. Call Gloria 949-371-7425. 09/30

Maria House Cleaning We'll make your house look as nice as possible! 15 years of experience, We can work with your schedule. Bi-weekly or monthly. Deep cleaning. Call or text 714-496-2885. Bus. Lic #HER0008. 09/30

House-Cleaning/Eco-Friendly products. Available to help with gardening, windows, declutter, errands, etc. Working in Leisure World since 2004 and can provide references. Lori Sage 949-275-8165. Seal Beach License SAG0003. 08/19

COMPUTERS

FRUSTRATED (562)755-6199

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. Seal Beach Bus. License #CIP0001 08/26

John's Computer Services 562-733-9193 Virus removal, Repair, Training, Software, Wireless, Internet Security. LW Resident SB License FUH0001. 09/30

your concierge for computer repairs! I drive to you and fix your computer on-location. I specialize in both MAC and PC systems and can also help with/other technology related issues. 10+ years of experience! Rate is \$75/hour but for all LW Residents; I am offering a \$25 discount for the first hour. License COM0018.Call(949)228-1425 09/30

AUTOS WANTED

ANY KIND OF CAR

Cars, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly!We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 08/26

ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars BUY SELL TRADE and REPAIRS. Call 714-292-9124. 12/30

TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258. 08/12

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. Contractor's License #779462. 10/07

2004 Chevrolet Malibu MAX LS, v6, auto, air, moonroof. Hatchback 73,800-miles \$5000 and 2000 Volkswagen Passat GLS Station Wagon, 1.8 liter, 4-cylinder, turbo, auto, air, leather. 86,000-miles \$3,250. 562-852-5478. 08/19

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A FRIEND AND A TRUCK

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MISCELLANEOUS WANTED

VINTAGE STORE. Looking to buy Costume/Turquoise/Sterling/14K Jewelry. Mid-Century, Taxidermy and Unusual Wall-Art. Call Leslie 562-243-7229. 08/12

MISCELLANEOUS FOR SALE

Moving-Sale (ENTIRE contents in house). August 12th-13th Thursday/ Friday (9am-3pm). 1681 Interlachen Road, Mutual-11/Unit-282L.

Yard-Sale. August-13th/Friday (8:00am-2:00pm). 1543 Monterey Road, Mutual-2/Unit-24E. Unless MARKED, everything \$1.00 or less!

Electric Bike for Sale. 21" E-Lux Malibu Step-Through. Asking \$1,800. Call 909-618-8992.

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Brand New Electric-Stove. Whirlpool, stainless-steel. Convection-Standing Stove/Oven, self-cleaning. NEVER installed. Leave message 310-504-4242.

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Whynter portable dual-hose AIR-CONDITIONER. 14,000 BTUs. \$125. Men's Large Silver Genesis 7-speed Bike. \$75. 310-880-1876.

ESTATE SALE - Thursday and Friday, August 12/13, 8:30 am to 2:00 pm. 1640 Glenview Rd. Mutual 12 - 76G. Gorgeous house! Sofa, loveseat, white/ wicker cubby storage, leather recliner, area rugs, lamps, twin beds, bookcase, accent tables and chairs, day bed, kitchen island. Lots of beach decor, unbelievable accessories and lots of contemporary art. Bistro set, patio table/ chairs. Estate Sales by Docia Drake, 714-514-8232, PO Box 327, Seal Beach. Business License ESD0001.

No Paper By 9 A.M.? (562) 430-0534

Before 10 A.M. State Mutual and Apt. Number

Berkshire Hathaway Home Services



Joanie Korman (714) 308-8034 LW Resident, Real Estate Specialist BRE#01937786

'Where Life Just Got Easier"

New Listings

2 Bedroom Expanded Unit Bright & Light Schights Chef's Kitchen **Front Porch** M12 64H \$425,000

1 Bedroom Expanded Central Gil/Heat Daminate Floors **Skylights** M1 67B \$180,000

New Listings Coming Soon

2 Bedroom Corner Sun Room Front Porch **Drive Up Parking M12**

2 Bedroom **Expanded Master Drive up Parking M2**

Inventory is low - this is a Great Time to sell. Call me for a Free Market Evaluation



(562) 533-3190 ginamrojas@gmail.com Leisure World Specialist 21 Years LW Experience

DRE#02111452 "I Have Your Best Interest at Heart "

Corner Unit

Two Bedroom



Beautiful Large Greenbelt \$289,000

2021 Escrows 8-193H \$230,000 3-12L \$205,000

14-24A \$325,000 12-62K \$240,000 2-35 D \$210,000 8-180H \$172,000 8-191A \$485,000 6-138B \$175,500

Leisure Living Resales



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Yong Pyon — M1





Gina Rojas 562-533-3190



Carl Kennedv M14 (661) 810-9410

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Mr. Hank (562) 743-8473

Whether Buying or Selling, call



Hanna Rubinstein Realtor® • Mutual 11 Resident 562 900-4243

for the best service.



Mutual 10, 241C



Mutual 15, 13L

2020-2021 Escrows Representing Sellers

TOP TOOLS	
Mut. 3, 11C	SOLD
Mut. 10, 247I	SOLD
Mut. 8, 198I	SOLD
Mut. 5, 103J	SOLD
Mut. 15, 21M	SOLD
Mut. 14	SOLD
_	 _

Representing Buyers

Mut. 6	SOLD
Mut. 10, 244J	SOLD
Mut. 15, 21M	SOLD
Mut. 15, 7R	SOLD
Mut. 5, 70K	SOLD
Mut. 11, 265L	SOLD
THANK YOU FOR YOUR LOY	ALTY AND TRUST

Berkshire Hathaway Home Services



Shapiro

Resales Specialist Mut. 17 Resident BRE # 01448494

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LW DREAMHOUSE

Fully expand to ourse Corner "The View" and all to be and whistles to go with it Mutual 14-14A \$625,000

Fully expanded 1 BDR, 1 Bath, South facing, on a New kit is a bath, cabinets, canite counters,

laminate flooring Mutual 9-225E

2 BDR, 2 Bath Mutual 15 downstairs, fully 10 led With a six 5 cm a lovely Mutual 15-21H \$398,000

Basic 1 BDR/1 Bath, South facing, wide courtyard. Ininate flooring in 150.s Cut down were, walk to Gym, Golf & Pool

Mutual 5 - 125B \$178,000

Fully Expanded, Beautiful, 2 BDR, 2 full bar 3 1 all the bell as Custles, formal din 11, 52,7 windows,washer &

Dryer and more! Mutual 10-256C \$455,000



Fully expanded Corner, 2 77 2 Full Baths Greenbe via Greenbe patio, All the * & whistles

Musual 10-245A \$570,000

Condo, 2nd Floor 2 BDR, 2 Bath, Greenbelt View, South-East facing, central A/C heat, fridge,

Double oven, microwave, dishwasher. Move-in ready, fresh paint and carpet. Financing available

Mutual 17-16B \$425,000



Pending in Escrow

M14 -24A \$325,000 M12-06H 225,000 M1 - 32B \$175,000 M 2-22D 185,000

Service Is My Priority! Call me for a free market evaluation

Leisure Living Resales



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562 618-9940

562 884-3594



Gracious two bedroom two bathroom home with spacious living room featuring plantation shutters, added lighting, overlooking charming balcony and lovely neighborhood Greenbelt. Kitchen is beautifully remodeled with upgraded cabinets, quartz countertops, built in stainless steel appliances including range, dishwasher, double door refrigerator with lower freezer, and glass front cupboards. Charming dining area. Master bedroom is a corner room with windows on two sides, and mirrored closet doors. Master bathroom has washer dryer, quartz counter tops, window, and stall shower. Second bedroom has mirrored wardrobe doors and lots of storage. Second bathroom has quartz countertops and stall shower. This lovely unit features throughout crown molding, laminate flooring, central heating and air, double pane windows, and added lighting. This beautiful home it is light and bright has many upgrades, and overlooks a beautiful patio and a lovely Greenbelt. Enjoy the ocean breezes. A must see.





New Listing

Lovely Leisure World corner two bedroom one bathroom expanded home. This upgraded home features spacious flexible living area with dual pane windows overland open green area. This charming the aborteatures formal dining round with built in appliances that include ball in stove, oven, refrigerator, dishwasher, and skylight that opens the large master bedroom hat a least vane windows and Vertical Bl Master bathroom has lowboy toilet, skylight, and cut down shower. Second bedroom has double pane windows and Vertical Blinds. This lovely home features double pane windows, vertical blinds, and tile flooring throughout. Drive up location. A must see. Enjoy the ocean breezes.



SOLD

Mutual 5-93F Mutual 8-202C

Mutual 8-202J

Mutual 3-21A

Mutual 10-240B

Mutual 11-2671

Mutual 12-70D

Mutual 14-15I

Mutual 2-13F

Mutual 2-51J Mutual 1-35J

Mutual 11-285H

Mutual 2-19L

Mutual 2-24D

Mutual 1-30D Mutual 1-37F

Mutual 12-41G

Mutual 2-46D

Mutual 10-248D

Mutual 11-277A

Mutual 2-40L

Mutual 8-203G

Mutual 2-22J

Mutual 1-52A

Mutual 2-63A

Pending

Mutual 2-17C

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Visit Our Website: www.thesealbeachsisters.com 13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)

BERKSHIRE HATHAWAY HomeServices California Properties



Jim Duncan 714-356-6717



Mike Varipapa 562 235-7413

Mutual 9 224G

flooring, skylight, nice



562-209-5605



Robin Gray Barbara Diette-Dobias Kathy Gupton Gloria Hadley Edwina DiMario 562-754-5628 562-618-9940





562-884-3594



562-706-7999



Vickie Van Ert Mary Chittick 310-220-1407



562-822-2804



Rosie Wang Davis 626-623-9929



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BRE 00338699

HAVE BUYERS

\$329,800



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Two-Bedrooms

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NEED LISTINGS

13926 Seal Beach Blvd. BERKSHIRE HATHAWAY Seal Beach, CA 90740



Claudette "CC" Cooley 310-484-9600



714-308-8034



Conrad Rodriquez



Leah Perrotti



Mutual 14 18D \$337,000 expanded, washer/dryer, wood flooring, dusl pane, upgraded kitchen

expanded corner, dual pane, tile



\$399,000

drive-up, corner, new paint, tile floors, huge skylights, cent. air, smooth ceilings

Mutual 12 64H \$425,000 expanded, chef's kitchen, granite counters, 3 skylights, jetted tub

Mutual 15 32J \$449,000 washer/dryer, lam. flooring, crown

\$505,000 Mutual 15 48C atrium, private courtyard, washer/ dryer, custom cabinets, 4 skylights, a must see

Mutual 10 251F \$525,000 Rare find, corner, btfl. remod., 2br and office or 3rd br., 2 bath, AC heat pump, washer/dryer, drive-up, charming green



Linda Patton 562-522-3364



Bill Berman



Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



Estee Edwards 562-208-2540





Philip Bak 213-550-9991



Irv Hart 562-296-5619



Fay Wescott 562 242-6162



Tim Kearns 714-293-3950



Linda Marmion 562 619-2261



424-247-4542



562-673-6703



Robin Gray rwgraysales@verizon.net

(562) 209-5605

DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)







Two Bedrooms, One Bath on a pretty courtyard! Upgraded with raised outside walls and oversized dual pane windows that will give you wall space for furniture and a home feel. Pretty laminate floors, quartz counters in the kitchen and bath, stainless steel appliances, 2 heat-pumps, smooth ceilings with canned lighting, skylights, and a wonderful L-shaped patio to enjoy! Close parking and just STEPS TO CENTRAL PARK - enjoy walks, relaxing under the trees and taking in the beautiful surroundings.





New Listina

Mutual 14–18–D

\$337,000 Darling partially expanded two bedroom, one bath on a pretty courtyard with a terrific ocean breeze and the golf course just around the corner! Oversized living room and master bedroom, upgraded kitchen, skylights, central heat/air, washer/ dryer and nice size side patio to enjoy!





Mutual 2-9-G

New Listing

lighting, skylights and central heat/air. CALL TO SEE!

\$399,000

Mutual 12-41-G

Mutual 4-80-L

Mutual 8-204-I

Mutual 7-171-I

Mutual 10-253-K







2021 Closed Sales

Mutual 3-22-D Mutual 3-11-H Mutual 1-42-C Mutual 5-119-E Mutual 5-119-D

Mutual 14-48-E Mutual 6-58-A Mutual 6-135-J Mutual 7-158-G

Mutual 1-57-L Mutual 11-265-J

Mutual 11-266-F Mutual 7-158-*G* Mutual 1-8-C Mutual 9-221-J

Pending Mutual 7-161-E Mutual 1-67-B



See more at www.sealbeachleisureworld.com



Gasper Monteer

- Realty Group

CAROL GASPER REALTOR Lic# 01276484 562.716.1547 gcarol1966@gmail.com



NICK MONTEER Broker Lic# 01927606

213.880.8220

nicholasmonteer@gmail.com

http://www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740



For 2021, I have a total of 72 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



13560 Cedar Crest #109B | M5 | \$499,000

No finish untouched in this remarkable unit as everything you would want done has been done! Interior 2bed/2bath unit sits upon a beautiful greenbelt with all the bells and whistles.



13630 Alderwood Lane #77F | M4 | \$355,000

Fully Expanded Corner Location. 2 Bedrooms, 1 Bath with Added Side Patio. A/C Heat Pump, Ceiling Fans, Remodeled Kitchen with Lots of Storage, Washer/Dryer, 2 Skylights.



1640 Glenview Rd., #76G | M12 | \$479,500

Beautiful Beach Cottage! Corner 2 Bedroom, 1 1/2 Bath. Central A/C, Plantation Shutters, Vinyl Plank Flooring, Dual Pane Windows, Central A/C, Washer/Dryer, Smoothed Ceilings, Granite Countertops.



1202 Golden Rain Rd., #72H | M-2 | \$249,000 Basic 2 Bedroom, 1 Bath drive up location. Large wrap

around patio. 2 Large Skylights. Very private location.



1410 Oakmont Road #140D | M-6 | \$279,000

2 Bedroom, 1 Bath unit ready to be made your own! Overlooking a greenbelt in the lovely Mutual 6 with large patio and huge outdoor closet!



13342 Del Monte Dr. #5C | M15 | \$289,000

Charming downstairs corner unit is a blank canvas ready for your interpretation, AC heatpump and upgraded flooring throughout. Large bedrooms, great indoor/outdoor patio area for seasonal outdoor entertainment, and 2 bathrooms!

On August 10th, 2021 a total of 19 units show

as active listings on the CRMLS

(this is where Realtors list property for sale).

TESTIMONIAL from our dear client Jane! Such a pleasure helping you and your family...

I just wanted to send you a quick THANK YOU for your help selling my parents home in Leisure World. It was a sensitive and very sad time for me, having lost both my parents so recently, but your compassion and understanding made the process as painless as possible. Most importantly, I appreciated the excellent and timely communication, your knowledge and expertise in the market, and your extensive list of contacts to help me handle all the details of selling a home. I always felt valued as a client, and you were always so easy and NICE to work with! I know I made the perfect decision is choosing a realtor at this emotional time and will happily recommend you to my parents' friends in Leisure World. All my best, Jane Clancy



0 -1 bedroom/1 bath

10 - 2 bedrooms/1 bath from \$234,900 to \$399,000

9- 2 bedrooms/2 baths

from \$359,000 to \$525,000

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!



ATTENTION LEISURE WORLD RESIDENTS! We have some needs...

- -1 bedroom unit that is close to parking or is a drive up location. \$225,000 or less
- -2 bedroom/2 bathroom unit with a window in the second bedroom up to \$525,000
- -1 bedroom unit nearly any condition around \$185,000
- -1 bedroom unit under \$200,000
- -2 bedroom/ 1 bathroom unit under \$300,000