I Weekly



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COMMUNITY STR®NG

COVID-19 UPDATE

Masks are required inside GRF facilities

As of Sept. 10, masks are required for the interior use of all GRF trust property.

This includes the Fitness Center and table tennis area in Clubhouse 6, the woodshop, all clubhouses and all GRF offices.

This public safety action has been deemed necessary based on reports of growing numbers of COVID cases among both the vaccinated and unvaccinated in the community.

Thank you for spreading the word and for your cooperation in helping to keep LWSB safe.

OC PUBLIC WORKS

LW flood channel is being cleared of debris

Orange County Public Works has begun removing vegetation/sediment from Golden Rain County Flood Control Channel. Starting Sept. 7, a crew was working at the GRF Maintenance Yard, with the culvert near Clubhouse 2 as its next stop. Work is expected to be completed by Sept. 24.

The hours of operations are Monday-Friday from 9 a.m.-2:30 p.m.

Heavy equipment is being used to remove material from each intersection along Golden Rain Road, starting at Del Monte Drive and finishing at El Dorado Drive. LW streets will remain open with traffic control. Drivers are urged to drive cautiously in the work zone.



2022 LW CALENDAR

Take Your Best Shot

The LW Weekly will produce a 2022 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is Oct. 1. Potential contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach. Photos of people are not eligible.

Cell phone photos should be emailed in the "actual" or "original" size format. Email entries to *stephenb_news@lwsb.com* with name, address, phone number and a brief description of the photo. For information on technical requirements, call (562) 431-6586, ext. 392.

The calendar will be delivered to every unit free of charge. Additional copies will cost \$1.50.



In Orange County, there are more than 400,000 food-insecure people, including children, seniors living on fixed incomes, veterans, people with disabilities, and those without homes. Most of the hungry are the working poor who are trying their best to provide food for their families, or seniors on fixed incomes who simply cannot make ends meet. Help the hungry by becoming a Food Finder volunteer like Patti Demuth (left) who has a trunk full of bananas to distribute to people in need of sustenance.

FOOD FINDERS

Volunteers needed to help thwart food insecurity

This past year has undoubtedly been one of the most uncertain periods in a generation. Yet, while many businesses have been struggling, one business, Food Finders, has been going nonstop.

In fact, Food Finders, a 32-year-old food recovery and hunger relief nonprofit organization, has been booming ever since COVID hit.

Food Finders serves not just the local area, but four counties across Southern California. Without missing a beat, it has been operating every day, answering the increased demand for food at local pantries, shelters, missions and community centers.

Its headquarters, recently moved to Los Alamitos, is the action-packed hub. With a staff of 15 and a network of volunteers, some from within Leisure World, thousands of pounds of donated food is managed and moved daily from donor to recipient, without ever seeing a warehouse.

You may know Food Finders as one of the participants in the annual Stamp Out Hunger food drive that occurs each May. According to Patti Larson, a Seal Beach resident who's worked at Food Finders for more than 10 years, "Our participation with the Seal Beach Post Office each year during this drive has been a blessing, with close to 75 percent of the donated food that postal workers bring in coming from Leisure World residents."

FOOD, page 2



Food Finder volunteer Carolyn Remley works at the pantry bagging groceries for recipients.

POOL PROGRESS REPORT

Work on the pool continues with some slow-downs attributed to supply bottlenecks.

This week, plumbing work continues, and city and engineer inspections are being scheduled. A rebar delivery was expected, and rebar installation was set for three days this week, with a required hydro test pending.

Crews will finish and back fill the pool and spa plumbing groundwork.

The site is also being excavated so SCE can install power.

In addition, construction workers are

preparing back fill for a slab pour for the pool locker rooms.

The HVAC system for the golf starter shack has been completed, and re-roofing is complete up to the tie-in of the new structure that holds the pool equipment.

Electrical panel removal and temporary reset is being coordinated with Southern California Edison to continue with progress on the pool mechanical room (this must be relocated prior to installation of concrete foundation).

The application of gunite is expected to start once the rebar is installed.

The schedule is subject to change due to COVID-related supply disruptions of all sorts, including pool equipment and materials.

Shipping delays, as experienced with other projects in Leisure World, may alter construction timelines.

The project that started as a simple remodel soon grew into a full-blown re-

The facility will have a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area.

FOOD

from page 1

This year and last, the event was canceled, but the organization was not deterred.

An extra dose of emergency funding ensured Food Finders could purchase pallets of non-

perishable items to help fill in gaps and make sure pantries were stocked with the food that normally resulted from the drive.

Its fresh food rescue program is the meat and

potatoes of what they do.

"What many people don't realize is that we don't just get food donated from restaurants; we are working with the produce mart in downtown L.A., grocers, hospitals, schools, caterers, event venues and distribution centers basically anywhere with food overages.

"Last year, despite the drop in donations at the beginning of the year, we collected and distributed more than 16 million pounds of food," Larson said.

The food gets taken directly to places like Casa Youth Shelter, Cypress Senior Center, Union Rescue Mission, Lighthouse Outreach Center, Boys and Girls Clubs, Long Beach Senior Center—more than 400 different partner nonprofits in all receive food on a regular basis.

But there's much to be done

still, as communities continue figuring out how to negotiate the uncertain future.

Food Finders' services are

The good news is there are many ways

you and others can help.

Below are just a few: Volun-

teer to pick up and deliver food locally.

 Conduct a food drive and donate canned and other non-

perishable pantry items.

Food Finders' mission is

to eliminate hunger and

food waste by improving

nutrition in food-insecure

communities.

- Donate monthly or one time, as a monetary supporter.
- Spread the word to friends and family to share about Food Finders' good work. Chronichunger affects about 1

in 4 Californians, which includes people who are unemployed, low income and living in food deserts, according to Food Finders.

By engaging a huge network of volunteers, Food Finders is able to quickly scale and rescue enough food for 30,000 meals per day.

LWers can help by joining the effort to rescue thousands of pounds of perfectly edible food to redistribute to people who are unsure of where their next meals are coming from.

For more information, call Food Finders in Los Alamitos at (562) 283-1400 or visit www. FoodFinders.org.

OC VECTOR CONTROL

Residents should take precautions to protect against WNV

The Orange County Mosquito and Vector Control District (OC-MVCD) is reporting an increase of mosquitoes that are positive for West Nile virus (WNV) in areas of the county. A residential truck-mounted adult mosquito control treatment is being applied in Fullerton to reduce the risk of WNV infection in people through Sept. 17.

More information about treatments is available at *https://www*. ocvector.org/residential-truckmounted-treatments.

The OCMVCD will continue to track WNV positive mosquito samples throughout the county and may add additional treatment areas and dates throughout the remainder of the year.

Residents in treatment areas will be notified prior to the first treatment in their area with signs posted in their neighborhoods or door hangers left at their doors. Future treatments will be posted on the OCMVCD website and emailed out through the e-alert system.

Residents can sign up for alerts regarding treatment in their area on the OCMVCD website. For more information about subscribing to the alert system, go to https://www.ocvector.org/sign*up-for-treatment-disease-alerts.*

All control products used by OCMVCD are registered by the federal and state Environmental Protection Agency for the purpose of controlling mosquitoes and to safeguard public health.

"As OCMVCD continues

to identify and treat mosquito breeding sources, it is essential that residents do their part in eliminating standing water on their properties.

"Even a capful of water can produce hundreds of mosquitoes," said Heather Hyland, public information officer.

Residents should take the following precautions to help reduce the chances of getting bitten by mosquitoes:

- Dump and drain containers filled with water at least once a
- Clean and scrub bird baths and pet water bowls weekly.
- Dump water from potted plant saucers.
- Do not transport or share plant stems rooted in water.
- Drill a hole or puncture containers to eliminate standing

To prevent mosquito bites, the OCMVCD offers the follow-

- Apply mosquito repellent to exposed skin before going out-
- doors; reapply as recommended. • Wear repellent containing DEET, Picaridin, IR3535 or oil
- of lemon eucalyptus. Close unscreened doors and windows to prevent mosquitoes from entering homes or spaces.
- Repair broken or damaged screens.
- Wear long-sleeved shirts and long pants, and opt for lightercolored clothing.

Mosquito control is a shared responsibility.

Orange County residents are urged to inspect their property for possible mosquito breeding sources and to educate their neighbors to help keep their neighborhoods mosquito-free.

Visit ocvector.org to learn more about what you can do to prevent mosquito breeding in and around your property.

OLLI Registration is Underway

The Osher Lifelong Learning Institute (OLLI) at Cal State Long Beach started registration Sept. 13, with classes beginning Oct. 4. OLLI is celebrating its 25th year of offering educational and social opportunities to its members. The class schedule and registration instructions are available at www.csulb.edu/olli. For the first time since last year, some classes will be held on campus. Other classes are held at several community satellite locations as well as online with Zoom. The annual membership fee is \$40, and classes are only \$15 each for the entire seven-week session. Some of the class topics include Cultural History of China, Foreign Policy Discussion, Movie Matinees, Stay Safe Online and On the Phone, and various computer classes. LWers are welcome to join hundreds of others aged 50 and over already enjoying the benefits of the Osher Lifelong Learning Institute. For more information, visit www.csulb.edu/olli or call (562) 985-8237.

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Naval Weapons Station Construction

As part of its ammunition pier replacement project, a Navy contractor for the Seal Beach Naval Weapons Station started a test pile driving effort last week.

The test pile driving program will run for approximately two weeks during weekday, daylight hours. Up to 20 piles will be driven into an area in the center of Anaheim Bay where the future pier will be located.

In December 2019 Navy contractors began construction on a five-year project to build a replacement ammunition pier in Anaheim Bay and re-route the public boating channel to and from Huntington Harbour.

Despite the ongoing pandemic, the project has stayed largely on schedule.

The new public boat channel opened in January, and a new vehicle causeway was built across the old channel shortly after that. The NWS is currently working on early construction efforts for a large truck turnaround area that will be adjacent to the new pier in the center of the bay.

During the test work, approximately 20 concrete piles will be driven into positions along the future pier footprint in the center of the bay.

Once the test pile driving campaign has finished, test data will be evaluated in the coming months to devise the most efficient methods for pile placement.

The beginning of actual pile placement is currently scheduled for early 2022, although that timeline is still fluid and could be modified by the pile driving test results.

The NWS will provide more information on the project's next steps later this year. In the meantime, for additional information visit the project website at https://www.cnic.nayy.mil/sbammopier.



William Thompson (far left), who represents Mutual 5 on the GRF Board, celebrated the publication of his new book, "Writing for Public Relations and Strategic Communication," at a book signing party on Sept. 7 at the Old Ranch County Club. In attendence were Nick Massetti (I-r) of Mutual 17, Marsha Gerber of Mutual 4, Jackie Dunagan of Mutual 15 and Linda DeRungs of Mutual 5. Thompson wrote the college textbook to equip students with the knowledge, skills and tools they need to write persuasively.

Bathroom Accessibility Program

The City of Seal Beach Bathroom Accessibility Program has nearly \$200,000 in grant funding to spend on improving accessibility and safety for Leisure World residents. For over 15 years, the City of Seal Beach has offered the Seal Beach Bathroom Accessibility Program to help residents modify their bathrooms. LWers with more than one bathroom are eligible. In special circumstances, a bench can be added to the fiberglass unit.

In the wake of COVID-19, the administration of this program has changed. There are no in-person workshops. Instead, individual appointments can be made via phone, FaceTime, Zoom or Google Hangouts to ask questions and get personal-

Dementia Care

ized advice on how to complete an application. Simply email monique@civicstone.com for an appointment. People can also call (909) 364-9000, but email is preferred. All information is kept confidential.

Any LW resident who has trouble stepping into the shower for any reason is likely eligible for a free bathroom upgrade. The Leisure World Bathroom Accessibility Grant converts the tub/shower combination into a shower-only for safer access. The fiberglass is refinished to look like new, and a custom glass shower door enclosure is installed. Toilets can be replaced with high-boy models, and grab bars may be added as needed.

The program is made pos-

NOCE Ceramic Arts Class Openings

The NOCE Ceramic Arts class has openings on Tuesdays from 8:30 a.m.-12:20 p.m.

The instructor will cover all the basics, including mold selection, slip casting, glazing, decorating techniques and proper firing procedures.

Residents who are interested in joining the class need to attend the Sept. 21 session. The class meets in the Ceramics Room in Clubhouse 4. Admission to class is first come, first served. Space is limited.

LW Library Hours

The LW Library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. People can bring their own devices or browse shelves for reading material, sit down and relax in air-conditioned comfort.

North Gate Sound Wall Replaced

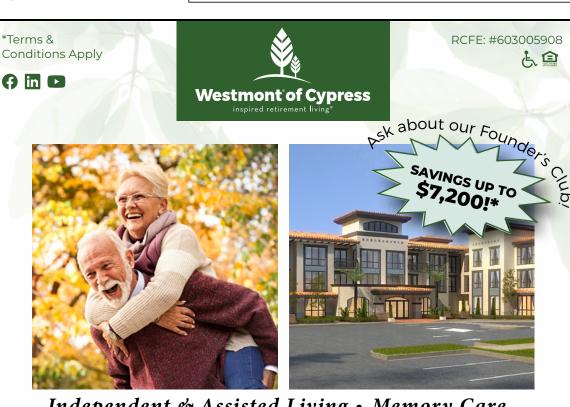
Crews started removing a portion of the sound wall adjacent to North Gate Road this week as part of the I-405 Improvement Project. The work began Sept. 14 and will continue for about three weeks. Equipment may be mobilized as early as 6 a.m., and some work will be conducted from 9 p.m.-6 a.m. Sound blankets have been installed to mitigate the noise.



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Perspectives

Letters to the Editor

Great food, our first time!

My husband, Tom, and I shared the Cousins Maine Lobster Truck's Connecticut lobster roll and grilled cheese with lobster sandwich—along with my contribution of tomato mozzarella salad and Pinot Grigio wine—on our patio.

It's a bit pricey, but *not* for the delicious fresh Maine Lobster that you get from Cousins. The lobster was sweet, tender and very succulent, and (American celebrity chef) Bobby Flay loves its Connecticut lobster roll! You do get what you pay for, and next time I plan on trying their lobster tacos.

We look forward to its return to Leisure World.

> Jeanne Haislett Pontac Mutual 10

Editor:

The Republican Party has every right to have a political booth set up, but I am dismayed and deeply offended to find the Republican Club displaying large signs in the Clubhouse 6 parking lot that reads, "The Democrat Party has taken God out of America" and, "We are proud Americans; we respect our Police, Military, First Responders, our Traditions, our History, our Children, and above all our GOD. Don't let liberals take it away."

It was not offensive until the

final sentence. The insinuation is that Democrats don't also hold these values.

As both a Christian and a Democrat, I find these signs inflammatory, false and misleading. I am not the only one who finds this deeply disturbing. Such offensive language should not be tolerated in Leisure World common areas. Subjecting the residents of Leisure World to this rhetoric in our common areas should be prohibited.

Elizabeth Winslow Mutual 8

Editor:

My comments are in response to the letter (Sept. 9) regarding a sign posted by the Republican Club. I only ask that anyone who finds our sign offensive go to the Internet and put these words in and do a search: Has the Democrat Party rejected Christians? Then read the First Amendment of the Bill of Rights. If you do the research, you will understand my motivation.

> David Harlow Mutual 15

Editor:

I moved here from Oregon, and I was concerned about some of the conduct code complaints in our community. In May 2013, His Holiness, the Dalai Lama, came to the University of Oregon's Matthew Knight Arena in Eugene. It

was open to students and some of the public. He gave a lecture, then he took questions from the audience.

In his "Book of Wisdom," he states, "Good conduct is the way in which life becomes more meaningful, more constructive and more peaceful. For this, much depends on our own behaviour and our mental attitude."

There are several definitions of Dalai Lama. In Monngolian, "Dalai" means "ocean," while in Tibetan "Lama" means "spiritual leader." Another source says the name translates to "ocean of wisdom."

> Mary League Mutual 6

Editor:

I have lived in Leisure World for about four years, taking my dog on daily walks and getting to know a lot of people, which has been good for me. I have had to alter my route several times to avoid verbal assaults because of my dog. I don't use the word "assault" lightly. It is bad when two people who don't have the same mindset come together and neither one will back down, like I do. I guess I will start contacting Security about the person who I think is violating the new GRF Code of Conduct.

> Lisa Benedict Mutual 2

ARE WE THERE YET?

Strategies to help us on the journey

by Jim Greer

LW contributor

As I prepare for a road trip, I reflect on memories of my childhood and those tedious drives across the desert. My parents were native Arizonans. With a college professor father, our vacations took us to the Grand Canyon State at the worst possible time of year. Like so many families in the 1960s, we sat for hours in a crowded, non-air-conditioned car, with every sweaty passenger asking, "Are we there yet?"

Those long drives in sweltering heat were nothing compared to this never-ending COVID pandemic. Just when we thought we had arrived at the end of the journey, the delta variant showed up, further extending our anxious drive through the desert.

So, how do we keep our sanity during this seemingly neverending journey? The Mayo Clinic suggests self-care strategies to help. First, take care of your body: Get enough sleep; exercise; eat healthy; avoid tobacco, alcohol and drugs; limit screen time; and relax to recharge.

Second, take care of your mind: Keep a regular routine; limit news exposure; stay busy; remain positive; rely on spiritual support; and set priorities.

Third, the Mayo Clinic recommends that we connect with others. That may seem counterintuitive considering we are still encouraged to social distance. But we can make virtual connections by email, texts, phone, or FaceTime or similar apps.

In addition to connecting with others, the Mayo Clinic recommends we do something for others. We can email, text or call to check on friends, family members and neighbors.

The Mayo Clinic also recommends supporting a family member or friend, those who must isolate or quarantine at home or in a hospital, and make sure to stay in contact.

This connection is made easier through electronic devices, or the "old school" hand-written notes that brighten everyone's day.

Even after implementing these strategies, we may find ourselves feeling helpless, sad or afraid. We may experience difficulties concentrating or notice changes in appetite, additional body aches and pains, or difficulty sleeping. If so, it may be time to ask for help. Call or use social media to contact a friend or loved one, even if you find it hard to talk about your feelings. Contact a minister or spiritual leader. Call your primary care provider and ask for an appointment. It's so much easier now to get help over the phone or through an online consultation. Anxious feelings will fade as the end of the pandemic approaches. Even when the anxiety has subsided, however, the stress of everyday life won't disappear. Continue self-care strategies to support your mental health and increase your ability to cope with life's ongoing challenges. That way you'll be able to answer your own question: "Am I there yet?"



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Government

Recap of Sept. 2 Presidents' Council Meeting

The regular monthly meeting of the Presidents' Council of Seal Beach Leisure World was convened by President Jackie Dunagan at 9 a.m. on Sept. 2 in Clubhouse 4 and via Zoom videotelephone conference.

The following is a recap of that meeting:

- The regular monthly council meeting minutes of Aug. 5 were approved by the council, as printed.
- Alicia Nelson presented information on the flu clinic.
- Facilities Director Mark Weaver provided an update on

the water report.

- Mutual Administration Director Jodi Hopkins provided an update on Mutual Administration monthly reports and Stock Transfer monthly reports. Member Resources and Assistance Liaison Robanne Arshat also provided an update.
- Human Resources Director LeAnn Dillman spoke on behalf of Executive Director Randy Ankeny. She briefly discussed the importance of privacy regarding health and to refrain from asking GRF employees or anyone their

vaccination status.

- The council concurred to refer the Caregiver Pass Application to the Mutual Administration Committee to review in a joint ad hoc committee with select Mutual presidents and committee members.
- The council concurred to refer the Caregiver Guidelines to the Mutual Administration Committee to review in a joint ad hoc committee with select Mutual presidents and committee members.
- The council concurred to refer the Co-Occupant Application to the Mutual Administration Committee to review in a joint ad hoc committee with select Mutual presidents and committee members.
- The Presidents offered comments during the proceedings of the meeting.

The next meeting of the Presidents' Council is scheduled for Oct. 7 at 9 a.m. in Clubhouse 4 and via Zoom.



Mutual 14 President Lee Melody accepts the trophy for Most Member Participation in the 2021-2022 Mutual Elections. It is the third time that Mutual 14 has received the award. The Mutual had a 73 percent voter turnout at this year's election. The award was given for the first time in 2018.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Mutual 2
virtual9 a.m.
Mutual 11
virtual1:30 p.m.
Mutual 15
virtual1 p.m.
Mutual 14
virtual1 p.m.
Mutual 10
virtual9 a.m.
Mutual 1
virtual9 a.m.
Mutual 6
virtual 10 a.m.
Mutual 8 (open forum, 9:15 a.m.)
virtual

Street Sweeping

WHITE COOK TOP..... \$410.39

BLACK COOK TOP.....\$420.69

WHITE OVEN...... \$1006.05

BLACK OVEN...... \$1006.05

STAINLESS OVEN.....\$1173.12

REFRIGERATOR \$638.31

28 GALLON WATER HEATER 10YR.

38 GALLON WATER HEATER 10YR.

GARBAGE DISPOSAL..... \$199.82

BATHROOM FAN/HEATER....\$130.75

BATHROOM FAN-NO HEAT \$177.58

BATHROOM SINK WHITE-ROUND

BATHROOM SINK-BONE-ROUND

.....

BATHROOM SINK-WHITE-OVAL

MUT-15.....\$87.97

BATHROOM SINK -WHITE

CHINA.....

.....

MUT-15- GERBER...... \$32.67

BATHROOM SINK-ALMOND-OVAL

WHITE TOP FREEZER

BLACK TOP FREEZER

\$602.91

\$664.58

REFRIGERATOR.....

STAINLESS STEEL TOP FREEZER

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Finance Committee

rmance Committee
Clubhouse 4/virtual10 a.m.
Website Ad Hoc Committee
Clubhouse 4/virtual1 p.m.
Management Services/Contract Ad Hoc
Clubhouse 4/virtual 10 a.m.
GRF Board Monthly Meeting
Clubhouse 4/virtual 10 a.m.

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- HPV Human Papilloma (인간 유두종)



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Answers on page 20

Gasoline Alley Idon't think) The boss says hell knock \ But. Hush, off \$150 for the damages! Sidneyi thisisa**new**, lady..



Broom-Hilda By Russell Myers WENT THE © 2021 Tribune Content Agency, LL G All Blobbs Basered YOU'RE TRYING TO TELL ME YOU WERE RUN OVER BY A YES! AND CHICKEN COOP? IT'S SPELLED C-0-4-P-E!

Middletons

By Raph Dunagin & Dana Summers

Edited by Linda and Charles Preston



ACROSS

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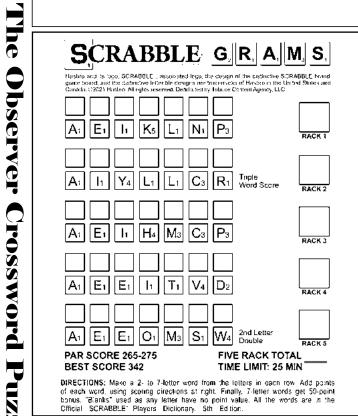
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 - 92 Allegory93 Chills and fever
 - 94 Sign of a saint
 - 95 Simians
 - 96 S-shaped molding 97 Cut and paste
 - 98 Amphibian
 - 99 Like a bug in a rug 100 How the weasel goes
 - 101 "____ my party. . 103 W. of the Urals 104 Porky's pad

Sudoku 1

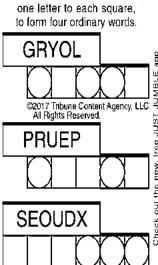
				9			2	
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	8			4				

9 To 5 By Harley Schwadron





THAT SCRAMBLED WORD GAME JUMBLE by David L. Hoyt and Jeff Knurek



Unscramble these four Jumbles,

EYXNOG

THE FARMER VIEWED HIS FIELD OF PUMPKINS.

TO HIM, IT WAS Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Aren't they beautiful? This is my best

post this picture.

Ans:

Guess Who?

I am an actress and singer born in California on September 1, 1996. I began my career as a fashion model for department stores and in 2009 I appeared on a Kidz Bop album. I was in a few Disney television shows. On the big screen, I have appeared in two "Spider-Man" films.

Sudoku #2

	1	5			4		3	
		6		2				9
	2		6				8	5
4		8				1	6	
	3	1				2		
6			9		3	5		
						3		
2			5	3		8	7	
			4	7	2			6

Level: Beginner

Puzzles & Comics Answers on page 20

O** BOOK AND STUVWXYZ

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

EN CONTROL OF CONTROL OF

Solve the code to discover words related to water quality.

Each number corresponds to a letter.

(Hint: 12 = E)

Determine the code to reveal the answer!

A. 17 22 1 19 5 26

Clue: Part of the heart

B. 3 17 1 13 19 17 3

Clue: Relating to the heart

C. 9 12 6 6 12 8

Clue: Vein, artery or capillary

D. 6 22 1 12 23 10 22 18

Clue: Quality of being strong



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE YOUR BOGGLE RATING

POINT SCALE

3 letters = 1 point

4 letters = 2 points

5 letters = 3 points

6 letters = 4 points

7 letters = 6 points
8 letters = 10 points
9+ letters = 15 points

151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0-10 = Try again

Boggle BrainBusters Bonus
We put special brain-busting words into the puzzle grid. Can you find them?

Find SIX EUROPEAN COUNTRIES in the grid of letters.

1-10-21

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HEART HEALTH WORD SEARCH

S Τ Ι U S Ι 0 Ι Α Т E R A Ι М U V E N C Ι Y Α Y P M E М Ε М Y Н Τ Ι Ε В T Y C U A A S C Н Н M В U V M L L D Ε G Н C R Ι G S T C E Н Α A D 0 L 0 Ι A S Ι R Ι N 0 Ι D N C U Α T Α N G N A R L G C Ε C Τ G S C S В T P Y Y G R 0 L Y 0 R U F Ι A V F Ι 0 K 0 H C U E T L G E М В 0 R S В В 0 C В Τ L Н Y S M C L V В L P E S T Ι T T C P В 0 U D Α A L Α K 0 Α G Т N E G 0 C L R U L Ι V T Ν L Α Ι N М P R Т E S Τ Ι R 0 L A 0 Н Y Ε N Ι 0 N G A Ν Y S G N Y V E N Т R Ι C L E Y 0 S U S R E T 0 Α E T R G R Ε Ι R A Α T R 0 Α P P F Н C R C Ι R V Y A L U L D N D D Ι E S E U C Ι Y D Y Y Y G Н V Y Α G D M G Ι 0 G R A M C U T C A T Н Ε Т E R A Ν

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

A-FIB

ANGINA ANGIOGRAM **ANGIOPLASTY ANTICOAGULANTS AORTA ARTERIES** ATRIUM **ATTACK CAPILLARIES** CARDIOLOGIST CATHETER **CHAMBER CHEST CONGENITAL** CORONARY **ECHOCARDIOGRAM** HEART **HYPERTENSION ISCHEMIC PACEMAKER VALVES VEINS VENTRICLE**

<u>Religion</u>

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors.

Services

All services, including Bible studies and prayer meetings, are being suspended at this time.

Message

What is truth? Where did it originate? Where is it found? Is truth different for every person? Every generation? Every culture?

If a curious 5-year-old asked what does truth mean, would he be met with a quick explanation? Is it a tangible thing?

Today's society would lead one to believe truth is different for everyone, and it is ok if one person's truth is not the same as another person's truth, which makes truth sound like it is something that is just tossed in the wind.

Fortunately, the word of God gives insight into truth and where to find it. When Christ was being questioned by one

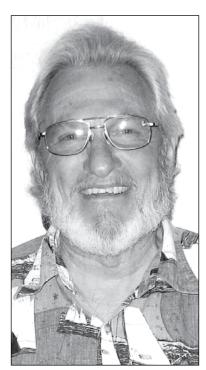
of his doubting disciples, Jesus replied: "I am the way, the truth and the life" (John 14:6). Later, when Jesus stood before Pilate, the governor of Judea, who ultimately condemned Jesus to die, he proclaimed to Pilate, "For this I have been born, and for this I have come into the world, to testify to truth" (John 18:37).

Pilate responded, "What is truth?" Pilate was standing face to face with the son of God, who was telling him the truth, but Pilate refused to be persuaded.

Finally, King David concluded in Psalm 119:160: "The sum of Your word is truth." Truth may not always be easy to accept, but it can be found in God's word and examined with a person's heart and mind that God created to have an ability to reason and know the truth.

Scripture of the Week

"Yet those who hope in the Lord will gain new strength; they will sprout wings like eagles, they will run and not get tired, they will walk and not become weary" (Isaiah 40:31).



Pastor Bruce Humes

Announcements

Those who need to speak to someone at the church or have a need can call (562) 431-8810 and leave a message. Someone at the church will return the call as soon as possible

Beit HaLev

Beit HaLev's High Holy Days continue to be livestreamed on Facebook, YouTube and Zoom. The schedule is as follows:

Yom Kippur Day: Thursday, Sept. 16, at 10:30 a.m.

Ne'ilah: Thursday, Sept. 16, at 5 p.m.

Beit HaLev will have a guest rabbi who will give a presentation on "T'shuvah" on Yom Kippur morning. Rabbi Misha ben David is a colleague of Rabbi Galit-Shirah and was ordained with her. He is also a musician



Rabbi Galit-Shirah

and a counselor specializing in substance abuse.

The schedule for Sukkot and Simchat Torah will be as follows:

Erev Sukkot: Monday, Sept. 20, at 6 p.m.

Sukkot Day: Tuesday, Sept. 21, at 10:30 a.m.

Sh'mini Atzeret/Simchat Torah: Tuesday, Sept. 28, at 10:30 a.m. The Sim Shalom Ma'ariv livestream service with Rabbi Galit-Shirah is every Thursday at 4 p.m. Beit HaLev/Shabbat Shalom LIVE! livestream services are every Friday at 6 p.m. and Saturday at 10:30 a.m.

"Ha'azinu" ("Give ear . . .") is Moshe's final song to the Israelites before he ascends Mt. Nebo and dies. No one knows where his grave is located, with good reason: If people knew where Moshe was buried, they would likely turn his grave into a monument, an icon, and it is better to venerate the man who spoke face-to-face with HaShem and was the very spirit of humility by following the Commandments and learning Torah. His song was the most eloquent poem in the Torah, and as he left to climb the mountain and greet his creator, we began the quest to conquer the Promised Land, the Land Moshe was not allowed to step foot upon.

All services use Beit HaLev's special prayerbooks, "Lev L'Lev," which were adapted and abridged for the online services from the Reform Machzorim, "Mishkan HaNefesh," and the Reform Siddur, "Mishkan HaT'filah." Printed versions of the prayerbooks will be available at the in-person Shabbat services.

Live, in-person Shabbat services will be held once a month (to start) on the first Friday of the month, beginning Oct. 1 at 6 p.m. in Clubhouse 3, Room 4.

Beit HaLev is a Jewish Universalist community. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and does not believe in labels.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com.

Congregation Sholom

Congregation Sholom will have services with Eric Dangott on Friday, Sept. 17, at 6:30 p.m. and Saturday, Sept. 18, at 9:30 a.m. via Zoom.

New members who want to watch the livestream should contact Jeff Sacks to receive a Zoom invitation. Text Jeff at (714) 642-0122, or email him at *ifsacks@* gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

The Zoom link follows; if its not clear, call Jeffwell in advance.

To join the Zoom meeting, go to https://us02web.zoom. us/j/3752519429?pwd=UDRE WTA1N21jaXVUZUhyQmY1

375 251 9429, and the passcode is 8ZYy69.

High Holiday services will be conducted by Rabbi Mike Mymon and Cantor Marla Barugel on Zoom. Morning services for Yom Kippur, which include Yizkor, will be today, Sept. 16, at 9:30 a.m. with an afternoon service at 5:30 p.m. The shofar will be blown at the end of the service.

Zoom-only services for Sukkot will take place on Tuesday, Sept. 21, at 9:30 a.m., led by Rabbi Mymon.

Those who are interested in helping build the sukkah on Carol Levine's patio on Sunday, Sept. 19, should contact Jeff.

The walking group meets every Monday and Wednesday at 6 p.m at Clubhouse 3, Bus Stop A.

Those who need to be added *U01JQT09*. The meeting ID is or removed from the misheber-

ach list, let Darlene Rose know by Wednesday at (562) 347-8088.

Those who want to participate in Congregation Sholom's games, book club or livestream services should call Jeff to receive an invitation.

People who are interested in joining Congregation Sholom should let Howard Brass know at (562) 794-9090.

The LW Weekly office is closed to the public in an effort to slow the spread of COVID-19 in the community. Editors can be reached by phone and email. See page 4 of any edition for editors addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor.

Redeemer Lutheran

Join Redeemer Lutheran for its outdoor Sunday worship service at 9:30 a.m. The main service is held inside the stained-glass sanctuary at 10:30 a.m. at 13564 St. Andrews Drive. Both services lift spirits and are accompanied by organ music and Communion.

In order to care for one another's safety as well as follow healthcare guidance, masks and social distancing are practiced during the services.



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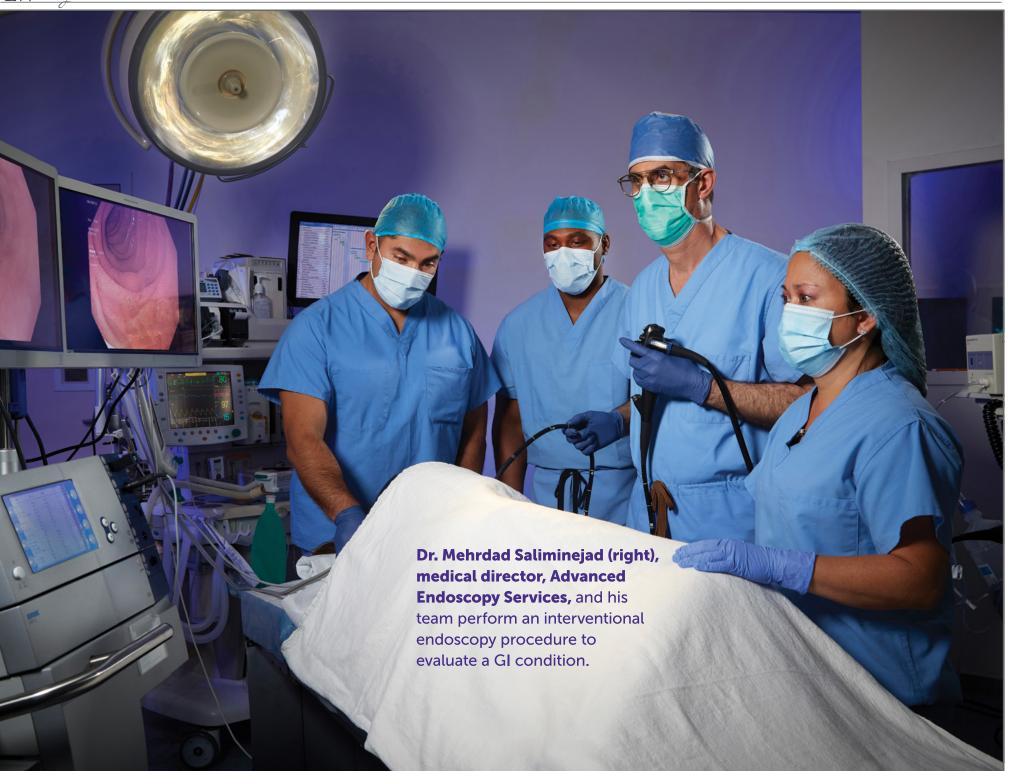


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Faith Christian Assembly

In addition to the life-changing Biblical teaching heard at each service, Faith Christian Assembly also provides many other great resources to help its members.

Two of those resources are books written by authors from Faith Christian Assembly's Congregation. "When Your Back is Against the Wall," by Pastor Gwyn Vaughn "offers practical, biblical solutions to many problems we all encounter at one time or another along life's journey."

"The Higher Call" was written by Earlene Leming, who is a longtime prison ministry leader and Bible teacher. In her book, people will be encouraged by stories of people "who followed God in difficult circumstances and discovered a doorstep to Heaven." Both books are compelling reads, and those who are interested can pick up a copy by requesting it at one of the services. Make sure to check out other great books and resources available as well.

Sunday service times are at 10:30 a.m. and 5:30 p.m., and the pre-service prayer is Saturday at 5 p.m. The midweek Bible study is each Wednesday at 11 a.m. Grief Share meets every Wednesday at 5:30 p.m. in the Garden Room. Call the church office for the most updated information.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or visit www.FCAchurch.net.



Gywn Vaughn

Community Church

This week, Community Church will continue its series on what it means to "do church." Doing church does not just mean "to go to church" because going to church isn't the safest thing at the moment. Just the expression, "going to church" or the questions "Where do you go to church?" and "Do you go to church?" have always been problematic. Pastor Johan Dodge will speak more about that in the message on Sunday, Sept. 19. For now, know that God is speaking through both the Gospel of Mark and the letter of James about a time when there was arguing and division all around, much like there is

now. Worship is one of the ways Christians overcome their divisions and stop arguing.

Those who have been on edge this week or have experienced anger or division or can't shake a recent argument out of their thoughts should join Community Church for worship online through Zoom or Facebook

Each week, Pastor Johan reminds all who are present that the word Gospel means "Good News," and if the word of God being used in a way that isn't good news, it isn't the true good news.

Community Church is a place where everything is designed with the first-time participant in mind.

Those who have not felt welcome in church or have not participated in church before, are welcome.

As the pandemic continues to evolve, Community Church has returned to virtual worship services. Everyone is welcome to participate on Zoom and Facebook. Find Community Church on Facebook @CommunityChurchLeisureWorld. contact the church office for the Zoom link by calling (562) 431-2503 or emailing leisurewccsue@yahoo.com.

Those who are in need of assistance can leave a message on the phone system and someone will return the call as soon as possible.

Eye Physicians of Long Beach is celebrating 43 years of continuously serving Long Beach by expanding their services to Leisure World.

Our team of doctors—
Dr. Martinez, Dr. Manchandia,
Dr. Hertzog, Dr. Moarefi,
Dr. Ghafouri and Dr. Van—
look forward to taking care
of your eyes.



Assembly of God

The Haunted Shack at Knott's Berry Farm's had rooms of optical illusions that made it seem like gravity was suspended. Visitors could walk through rooms where balls rolled uphill, a person seated in a chair couldn't rise without a struggle, and when standing in what one thought was an upright position, people were actually standing at an almost 45-degree angle to the floor. Everything felt odd and off-balance. One felt confused and disoriented. At the end of the tour, as the ground leveled off and things became more familiar, people felt a sense of relief and comfort that the law of gravity still applied to the outside world. The attraction was removed in 2000.

Twenty-one years later, feelings of confusion and uncertainty are not assuaged by pressing through the exit gate of an amusement park attraction. Feelings of security and rightness with the world are desperately lacking.

How can people face the onslaught of discomforting and discouraging news? By remembering that he is still God. Yesterday, today and forever, he's still God.

Pastor Chuck Franco will preach from Daniel 3:17-18 on Sunday at 10:30 a.m. in Clubhouse 3, Room 2. God is not surprised by world events. He sees his people in distress. He is faithful. He proved himself to be the God of deliverance from the fire then, and he is still the deliverer today.

Assembly of God's Bible study continues to meet on Wednesdays at 10 a.m. in Clubhouse 3, Room 2. Pastor Chuck will launch a study in Colossians. People will be challenged as students take a deeper dive into this book about the supremacy of Christ and reconciliation to God through him. Masks must be worn and distancing observed during church meetings.

Those who have a need, would like prayer or want more information about Assembly of God should call the church office at (562) 357-4360 or email Pastor Chuck at *pastorchuck@lwassemblyofgod*. com. Prayer requests can also be directed to Carolyn van Aalst at (562) 343-8424.

LW Baptist

LW Baptist's call to worship this Sunday, Sept. 19, is at 10 a.m. in Clubhouse 4, following Sunday school at 9:15. The service begins with singing "Leaning on the Everlasting Arms."

The Bible story this week is the Prodigal Son, giving reasons to celebrate the Lord's tender mercy toward repentant sinners, whom he runs to meet and clothes with his robe. Just before Jesus' birth, Zacarias had foretold the Messiah from heaven would visit with God's tender mercy. And Isaiah 700 years earlier prophesied the Redeemer's promise: "I, even I, am the one who wipes out your transgressions for my own sake, and I will not remember your sins." The service will close with "My Sins are Blotted Out I Know."

The men's Bible class meets at 10 a.m. on Monday. The Energizers group meets at 3 p.m. on Wednesday in Clubhouse 3, Room 1. Masks are required to attend.

For more information on the church, call (562) 430-2920.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the 25th Sunday in Ordinary Time on Sept. 25. The first reading is from Wisdom 2:12, 17-20, and the second reading is from James 3:16-4:3. The Gospel reading is from Mark 9:30-37.

Masses

To receive a copy of the weekly parish bulletin, sign up at https://www.jspaluch.com/Subscribe. Visit the website for more information at www.holyfamilysb.com.

The church is still open, operating at its regular Mass schedule. Father Joseph Son Nguyen suggests that people wear masks while inside the church. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

Leisure World Korean Community Church

On Sept. 11, Leisure World Korean Community Church (LWKCC) with Senior Pastor Rev. Jang Young Yong presiding, had an early morning worship service in Seal Beach.

Instead of meeting in a church builing in Leisure World, LWKCC holds early morning worship services at the local beach, starting at 6:10 a.m. The current sermon series is titled "God's Promise."

Christian Fellowship and Fun Club

Christian Fellowship and Fun Club will not meet in September. The club looks forward to meeting on Oct. 26.

Beginners Bible Study

The Women's Bible study for beginners group meets on Thursdays at 10 a.m. in Mutual 7, 168 L. For more information, call (562)

Health & Fitness



Feeling under the weather? Rest up with some movies.

Flu and cold season is here. What does that mean now?

by CJ Blomquist

OptumCare

Cold and flu season is nothing new, but with the added dangers of COVID-19 and its variants, this season is going to be different. Here's what everyone should know:

Do your part. Wearing a mask, social distancing and handwashing are all important ways to slow the spread of viruses, including COVID and influenza. Getting vaccinated is a person's strongest line of defense against the virus

Get vaccinated. Now is the time for anyone who hasn't already done so to get vaccinated against COVID. And everyone should get a flu shot, too. The Centers for Disease Control and Prevention has stated it is safe to get both vaccines at the same time. Anyone unsure if either or both vaccines are right for them should talk to their primary care doctor, who will know their unique health needs and can help them make the best decision.

The regular flu vaccine is a lot stronger this year. It's also life-threatening issues.

not made with eggs, which is good news for those who have an allergy to eggs.

Don't let your guard down. Once people are vaccinated against both COVID and the flu, their bodies will be better protected against the viruses and their variants. But remember: These viruses are like hitchhikers; they will take a ride from anyone they meet. While vaccinated people may be protected, they can still carry the viruses to other people.

Stay home. There's a lot of dust and smoke in the air, but there are a lot of germs, too. For anyone feeling under the weather, the best thing to do is stay home. Spend a day or two resting with some favorite movies and good books, even a nap or two.

Anyone experiencing bad symptoms should contact their primary care doctor. If their symptoms are manageable, they should be able to treat the virus at home. Emergency rooms are filling up quickly, and there are limited supplies and staff. Only go to the emergency room for



Jojo Weingart

Instructor Mel Locket (center) invites all to "belly up to the barre" upstairs at Clubhouse 6 for ballet dancing every Saturday at 1:30 p.m. The barres/railings are used for balance during the workout. Cores will be engaged while dancers practice small range-of-motion movements to gain strength and flexibility. Dress comfortably and bring soft shoes such as ballet slippers or socks. For more information, call (562) 252-9676.

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Dr. Ian Cheng

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LW Bike Club bids farewell to Al and Delilah Cooley (seated in front) after 11 years of part-time residence in Leisure World. Though they will make their other part-time residence in Surprise, Arizona, permanent, they will return for Christmas, as their family lives in La Mirada and Long Beach. Delilah founded the Bike Club, which has grown to 30 members, with Mary Romero and Sandy Connors. The Cooleys will be missed. Contact Mary Romero at (562) 810-4266 for further information regarding bike rides to Huntington Beach, Long Beach and other destinations. All are welcome; helmets and safe shoes are a must.

Balance & Stability Class

The Landmark Balance & Stability class is available on Tuesdays, 10 a.m. via Zoom. Go to https://us02web.zoom.us/j/84982522530; the meeting ID is 849 8252 2530, and the password is practice.

Instructor Adrianne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on *youtube.com*. Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. For more information, call (562) 397-1519 or email arosenfeld1@verizon.net.

Zumba

Dance and exercise to the different rhythms of salsa, merengue, cumbia, bachata, cha cha, hip-hop, Bollywood, jazz and pop. The Zumba Club meets at Veterans Plaza on Wednesdays from 4:30-5:30 p.m. and on Fridays from 8:30-9:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446 or Mary Romero at (562) 431-0082.





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Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www. mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Sept. 16: Baked ziti with turkey, whole-grain roll, and green beans with pimentos; cheesecake; roast beef and cheese sandwich, with spinach, tomato and pickle, plus confetti slaw.

Friday, Sept. 17: Rosemary chicken breast with creamy garlic sauce, mashed sweet potatoes, and Brussels sprouts; fruit cocktail; Chinese chicken salad, with mandarin oranges, cabbage, carrots, onion and Asian dressing, plus crackers.

Monday, Sept. 20: Homemade meatloaf with brown gravy, garlic-and-chive mashed potatoes, and lemon-pepper broccoli; oatmeal cookies; egg salad sandwich, with spinach and tomato, plus homemade carrot-and-raisin salad.

Tuesday, Sept. 21: Barbecue chicken leg and thigh, mashed sweet potatoes, and seasoned cauliflower; pears with cinnamon; taco salad, with shredded chicken, diced tomato, corn, black beans, cheese, cilantro and salsa dressing, plus crackers.

Wednesday, Sept. 22: Oven-baked breaded fish with tarter sauce, oven-browned potatoes, and peas and carrots; chef's special cake; turkey, ham and cheese sandwich, with lettuce, tomato and pickle, plus homemade macaroni salad.

People should get vaccinated even if they've had COVID-19

According to the Centers for Disease Control and Prevention (CDC), even people who have already recovered from COVID-19 should get vaccinated to protect against serious illness. Research has not yet shown how long people are protected from getting the virus again.

However, evidence is emerging that people get better protection by being fully vaccinated compared with having had COVID-19. A study published in Morbidity and Mortality Weekly Report showed that unvaccinated people who already had COVID-19 are more than two times as likely than fully vaccinated people to get the virus again.

The virus and its variants are still a threat to people who are unvaccinated. Some people who get COVID-19 can become severely ill, which could result in hospitalization, and some people have ongoing health problems several weeks or even longer after getting infected. Even people who did not have symptoms when they were infected can have these ongoing health problems.

As the virus is still new, scientists are unsure how long protection lasts for those who are vaccinated. But they do know that COVID-19has caused very serious illness and death for a lot of people.

Even those who are asymptomatic can risk passing the

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virus. Someone may not know they have been exposed and can spread the virus to others. This is why getting a COVID-19 vaccine is a safer choice.

People who have a condition or are taking medications that weaken their immune system may not be fully protected, even if they are fully vaccinated. They should continue to take all precautions recommended for unvaccinated people, including wearing a wellfitted mask, until advised otherwise by their healthcare provider.

Anyone who was treated for COVID-19 with monoclonal antibodies or convalescent plasma should wait 90 days before getting a COVID-19 vaccine. If they are unsure what they received, they should first talk to the healthcare professional who treated them. And, of course, anyone who has questions about getting a COVID-19 vaccine should consult their primary-care physician.

Experts are still learning more about how long vaccines protect against COVID-19 in real-world conditions. The CDC is constantly reviewing evidence and updating guidance.

a.k.a WildFire!



Community

Learn the difference between the GAF and GRF

Although the Golden Age Foundation (GAF) and the Golden Rain Foundation (GRF) are often confused, they are not the same. The GRF is the non-profit corporation that manages the shared property of Leisure World. This corporation has employees: an executive director, Randy Ankeny; and a board of directors that sit on the numerous committees, such as Recreation, Physical Property, Finance, Communication and Security, among others. Every resident of Leisure World is a member of the GRF, which is why LWers are sometimes called shareholders. The GRF is funded by residents' monthly dues.

The GAF is a charitable organization with small board of directors entirely made up of volunteers. GAF's mission is to make LW a better place to live. The GAF's funding is completely dependent on charitable contributions. When the GAF gets a large bequest, which happens



occasionally, it pours every cent back into the community. For example, during the next visit to the gym, make sure to take a look at the plaque on the wall next to the elevator. A bequest from Jack Schiffiler via the GAF provided gym equipment a few years ago.

Because the GAF doesn't have employees, it works hand in hand with the GRF, who pays the gym's employees. The GAF also benefits greatly from smaller donations that come from the community. Programs like the Hospitality Center, the free tax preparation program, paper shredding events, battery and fluorescent light bulb recycling and the Mobility Aids program are all GAF sponsored.

The GAF is always looking for donations, large or small. One of the biggest sources of income is the yearly GAF gala in October. However, due to the pandemic, the GAF hasn't had any major fundraising events like the gala in more than a year.

Nothing happens in the GAF without the dedication and work of volunteers. New volunteers are always wecome.

The GAF invites LWers to consider becoming a member or board member to help it continue to help the LW community.

For more information, go to www.GoldenAgeFdn.org, or call Anna Derby at (562) 301-5339.



Keith Kelsay and Cindy Gannon of Mutual 4 celebrated their birthdays—Keith turning 87 and Cindy ageless—with delicious Mexican food at Taco Surf in downtown Seal Beach. The birthday group enjoyed a beautiful day and counted freighters floating around the Pacific Ocean.

SUNSHINE CLUB

Learn the basics of prostate cancer

Dr. Charles Metzger is a retired urologist who practiced medicine for 41 years. Metzger will present an easy to understand review of prostate cancer and the amazing advances that are being made in treatment regimens. Metzger will leave time for questions and answers at the end of the presentation.

Metzger's Sunshine Club presentation will be held on Friday, Sept. 17, at 10 a.m. via Zoom. The title of his speech is "Prostate Cancer Basics."

All residents are welcome to join the meeting. To join on Zoom, go to https://us02web. zoom.us/j/87427954280?pwd=d ExQR2dDblZSbUNkQlVoclhraj

ExQR2dDblZSbUNkQlVoclhraj FhUT09. The meeting ID is 874 2795 4280, and the passcode is

Dr. Charles Metzger

Those who would like to get the Zoom link by email should text their name, Mutual number and email address to (562) 301-5339 no later than today, Sept. 16, at 5 p.m. (text only, no phone calls).

Metzger is a part of the Orange County Prostate Cancer Support Group of Fullerton, California. He was trained at Emory University and USC-LAC Medical Center.

For more information, contact Anna Derby at (562) 301-5339.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at *sbtv3.org/*schedule. Have Roku? Go to *http://roku.streamsource.tv/add/sbtv.* The playback schedule is available at *SBTV3.org.*

Thursday, Sept. 16

4 pm
4 pm
4:30 pm
4:38 pm
5 pm
5:15 pm
5:31 pm
5:45 pm
6 pm
Life and Times in SB:
Rich Harbour/Kurt Augsburger
7 pm
8:30 pm
Cerritos Center-

Shakespeare in the Park:

Cymbeline Friday, Sept. 17

Lady Jazz

Friday, Sept. 17
4 pm Beginning of Leisure World
4:20 pm Alaska: The Final Frontier
4:30 pm LW Classic Car Parade 2021
5 pm Molokai Trip 2018
5:50 pm Radio Club 2021
6 pm Roy Orbison Tribute 2021
7:30 pm Vintage Car Cruise

8:40 pm LW Sewing Brigade SBTV, page 14



Patricia Fong, former deputy district attorney, visited LWer Grace Kim on Sept. 10 for lunch at Hof's Hut. The two are longtime friends from Davis, California.



Republican Club

by Brian Harmon

LW contributor

Although the outcome of the recall election was not known at press time, the GOP Club is pushing forward, with its next meeting featuring Mari Barke, president of the Orange County School Board.

Barke has long been an ardent supporter of school choice, the idea that parents should be able to choose what school their children attend when possible. This issue affects LWers because their grandchildren may be forced to attend a public school that they believe is inappropriate for students' needs for any number of reasons. Although most schools in Orange County are excellent by state standards, not all are. Even those schools considered good may not be the right fit for the child or may be teaching values inconsistent with those of the parent.

For example, the state educational frameworks endorse, but do not require, the teaching of critical race theory (CRT). Some

parents might not agree with teaching CRT in the classroom, and being able to choose a school that aligns with the parent's values is easier when they have the option to opt out of public school teaching.

The public school system, even in relatively conservative Orange County, is primarily governed by unions.

Barke will go over why subsidizing private education might be good for taxpayers, and the reasons why the other side opposes it. September 16, 2021 | www.lwsb.com | www.lwweekly.com

OBITUARIES

Margaret Humes 1954-2021

Margaret Humes was born Feb. 8, 1954, in Jakarta, Indonesia, to Willy and Constance Wessels. At the age of 1, her family moved to the Netherlands until 1959, at which time the opportunity arose to move to America. In November 1959, Willy and Connie loaded up their seven children and moved to America, eventually settling in LaPuente, California. Margaret, now 5 years old, was confident that when she arrived in America, it would be all cowboys and indians, but she was introduced to New York City.

Margaret was very active and popular throughout her school years and up to the time of her passing remained very close to many of her classmates. Not long after her graduation, Margaret married and started a family. The family would grow to include four children; Levi, Blair, Christopher and Ricky. The marriage ended in divorce, and Margaret became a single mother.

It was during that marriage that Margaret entered into a personal relationship with Jesus Christ. Now with a family, she was no longer comfortable living in the world and the lusts of it, and she hungered for something more real. She found peace, joy and comfort in Jesus Christ and accepted Jesus into to her life as her savior. She put complete trust in him for the rest of her life, a life which has reaped an abundance of fruit for Christ and continues to do so even after her passing.

In August 1980, Margaret met Bruce, and they fell in love. They were married on May 23, 1981. This marriage would increase the number of children in the family to six, since Bruce had two of his own children, Torrie and Eric.

Work would take the family to Southern Nevada. They resided for the next 22 years in Logandale, Nevada. There, Margaret remained busy being a mother and wife, but she found work doing something she truly loved: teaching preschool. She worked with preschool children for 12 years. She truly loved the work and looked forward each year to a new group of children. wife stands to a uniferstand to south the form of the stands of the stands

After retirement, and with the children pretty much grown and out of the house, Margaret and Bruce decided to move to Southern California. This decision was readily accepted by Margaret, for she really never acclimated to the summer heat. For her, it was an answer to prayer. At the time of the move she stated, "22 years here is enough." She was very happy and excited to be moving back to Southern California to be near her mother and other family and friends.

So, in August 2008, after God literally opened the door, they moved to Seal Beach and settled in the retirement community of Leisure World. Margaret quickly settled in and got involved with many of LW's service clubs. She

had a servant's heart and took great joy in caring for and serving others. She also loved to dance and was part of several dance groups. She and Bruce found a solid Bible-teaching church and began a new phase in their life together.

Margaret is survived by her husband, Bruce; her mother, Connie Wessels; her four children, Levi Gregory, and his wife Lisa; Blair Gregory; Chris Gregory and his wife, Sherilyn; Eric Humes and his wife, Elizabeth; her six siblings, Barbara Robinson, Rick Wessels, Annette Domaracki and her husband, Joe; Phillip Wessels and his wife, Debbie; Marja Stoll; Dave Wessels and his wife, Laura; 11 grandchildren and three greatgrandchildren.

Margaret was preceded in death by her father, Willy, her son Ricky; her daughter Torrie; and her beloved sister-in-law Judy Wessels (Rick), who passed the same day from cancer. Think of that, they both are rejoicing in heaven.

Margaret was full of love, and that love overflowed in abundance to the family and her friends. She will be missed by all who knew her.

A memorial service is planned for Saturday, Oct.16, at 2 p.m. in Clunhouse 4.

Franklin Degrave 1954-2021

Franklin Degrave was born on Nov. 5, 1954 in Indonesia and passed away on Aug. 25 at the age of 66.

Franklin married his wife, Dianna

Degrave, on June 4, 1994.

Franklin delivered mail to the Leisure World residents in Mutuals 2 and 3 for 23 years. His wife still delivers mail to Mutuals 10 and 11.

Franklin retired four years ago, but was still fondly remembered by those he delivered the mail to each day. He was known for his overflowing love for both his customers and the Lord and had a contagious enthusiasm for life. He had a wide, engaging and infectious smile that everyone loved.

Franklin passed away after a second stroke, the first being six years prior. He is survived by his wife.

Franklin's memorial will be officiated by Pastor Randy Craft of Saddleback Church. The memorial service will be held on Oct. 10 at 2 p.m. at 1901 Newport Blvd., Costa Mesa, CA 92627. The burial will be held on Nov. 6 at Good Shepherd Cemetery at 8301 Talbert Ave., Huntington Beach, CA 92646.

Yacob Basner

Yakob Basner (93), a Holocaust survivor and dedicated teacher seeking to preserve the Yiddish language, passed away peacefully on Sept. 8 with his beloved family at his side.

Although he mastered English, Russian, Latvian, Hebrew and German, Yiddish was closest to his heart. It was his mission to connect new generations of Jews to their past by teaching Yiddish language and literature at the Workmen's Circle; University of Judaism; California Institute for Jewish Culture and Languages; as well as many other community centers and teaching facilities around the world.

He was the recipient of numerous accolades, including the Award of Merit from Long Beach City College and the Judge Murray I. Gurfein Memorial Award from the Hebrew Immigrant Aid Society (HIAS). He served as an advisory board member at Museum of Tolerance, where he worked as a volunteer sharing his experiences as a Holocaust survivor. He was also an active member of the Claims Conference Advisory Board of Jewish Family & Children's Service of Long Beach and West Orange County.

Born in Riga, Latvia, he attended a Hebrew elementary school and, following the Soviet Union's occupation of Latvia in 1940, a Yiddish high school. The last celebration at the Basner family home was his bar mitzvah in December 1940. By June 1941, Germany had attacked the Soviet Union, and Riga fell under Nazi occupation within days. Yakob and his family were forced into a ghetto where his mother, sister and 7-year-old twin brother and sister, were all murdered, along with 40 other members of his extended family. Having survived two years in the Riga Ghetto, Yakob spent the remainder of World War II being transported between five different concentration camps, including Kaiserwald, Stutthoff, Buchenwald, Leitmeritz and Theresienstadt.

On May 9, 1945, Yakob was liberated from Theresienstadt, where he had been suffering from epidemic typhus. After receiving medical treatment, he returned to his home in Riga in hopes of finding his father, whom Yakob believed had been successfully liberated from the Stutthoff concentration camp in the months before his own liberation. Tragically, he learned that his father was killed just one day before Stutthoff had been freed. At age 17, young Yakob was totally alone in the world.

Determined to persevere and build a new life for himself, Yakob found work in the leather cutting trade and began taking linguistic classes in the evening. Several years, later he married his wife, Dora, whom he knew from early childhood, and they quickly started their own family, beginning with the births of two daughters.

The Basners reached California in 1980 and found a new home in Long Beach. Both Yakob and Dora got jobs at Surfas Furriers shop in Long Beach.

Yakob is predeceased by Dora and survived by his two daughters, Guta Basner and Elizabeth Karpukh and husband, Ilya; three grandchildren, Leon Fleyshman and wife Ellen, Lia Grippo and husband, James and Dan Fleyshman and his wife Casey; and four great-grandsons, Sasha and Sam Fleyshman and Rafael and Ariel Grippo.

A graveside service was held on Friday, Sept. 10, at noon at Harbor Lawn-Mt. Olive Memorial Park & Mortuary. In lieu of flowers, the family requests that donations in his memory be made to Survivor Mitzvah Project or Yiddish Farm Education Center in New Hampton, New York.

Harry J. Crozier 1923-2021

Crozier, age 95, passed away on Aug. 21. He was born in Phoenix, Arizona, and earned his bachelor's and master's degrees at ASU. He had a long career in the U.S. Air Force, serving as a pilot with 36 missions

Harry J.



flown in the European Theater of World War II.

His 33 years in the Air Force also included work as an ROTC pilot instructor in Queens College (NY), a personnel officer in the Korean war and a transport pilot in the Vietnam war. He flew the last transport plane carrying out Vietnamese refugees at the end of the war, before retiring honorably in 1975 as a lieutenant colonel.

Throughout his life, Harry loved reading at the library; watching/riding trains; and keeping interests in history, aviation and finance. He had a kind, calm and friendly demeanor with a persistent sense of humor that made him instantly likeable by all who met him.

Harry was a loving and irreplaceable husband and father. He is survived by his wife, Mei; two children; three grandchildren; and two greatgrandchildren. He is forever loved and at peace.

Services will be held at Los Angeles National Cemetery on Monday, Sept. 27, at 2 p.m.

In Memoriam Tony Mediros 60

Sara Guentz 85 Michael Jones 58 Bobby Isbell Ir. 66 Dionigi Scalas 82 Howard Stephenson 83 Ana Fisette 67 Frederick Hewston 73 Lloyd Williams 79 Kelli Allridge 61 Carol Little 93 Mario Llagas 74 Peter Zawadzki 61 Annette Spencer Johnson 63 Dorothy Helde 94 *Families assisted by* McKenzie Mortuary, (562) 961-9301 —*Paid obituary*

SBTV

from page 13

9 pm Shakespeare in the Park: Othello 10:30 pm Big Bad Voodoo Daddy

LW Weekly

Saturday, Sept. 18

4 pm

4:30 pm Rollin' Thunder Parade 2021
5 pm Molokai Trip 2018
5:45 pm LW Shakespeare Sonnets
6 pm Roy Orbision Tribute 2021
7 pm McGaugh Third Grade Show
8 pm LAUSD
11 pm Bob Cole Conservancy

4:15 pm Captain Joe Disappears

Maui Swap Meet 2018

Sunday, Aug. 19

4 pm

6 pm McGaugh Pageant of the Arts
7:45 pm Cerritos Center:
In the Mood
9 pm Life and Times in SB:
Rich Harbour/Kurt Augsburger

SB Planning Committee

Meeting REPLAY 9/7

10:15 pm Cerritos Center: Riders in the Sky

Monday, Sept. 20

4 pm Molokai Trip 2018
4:45 pm The Street Where I Live
5 pm SBCC & SBPC Joint Study
Session-LIVE
7 pm Vintage Car Cruise 2021
8:15 pm Terry Otte & Abilene 2021
10 pm Shakespeare in the Park:

Tuesday, Sept. 21

4 pm Memorial Day 2021
4:40 pm Beginning of Leisure World
5 pm The Street Where I Live/LW
Hula 2021
5:30 pm Rollin' Thunder Parade

Taming of the Shrew

5:30 pm Rollin' Thunder Parade 6 pm Roy Orbison Tribute 2021 7 pm Vintage Car Cruise 8:15 pm Life and Times in SB:

Rich Harbour/Kurt Augsburger 8:30 pm Ford Theater: Big Bad Voodoo Daddy

10 pm Bob Cole Conservancy

Wednesday, Sept. 22

4 pm Rollin' Thunder Parade 2021 4:30 pm LW Classic Car Parade 2021 5 pm Molokai Trip 2018 5:45 pm Maui Swap Meet 2018 6 pm The Street Where I Live 6:15 pm Alaska/LW Radio Club 6:30 pm LW Special Olympics 6:40 pm Vintage Car Cruise 2021 7:50 pm LW Shakespeare Sonnets 8 pm Roy Orbison Tribute 2021 Cerritos Center: In the Mood

11:15 pm Memorial Day 2021*All programming is subject to change.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach.

To report coyote activities or other animal control issues, call the 24-hour animal services line at (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report.

Remember to not engage and give space to wild animals, strays and any sick or aggressive looking animal you come across.

OBITUARIES

deadline is 4 p.m., Monday, prior to publication.

Arts & Leisure



Jojo Weing

Sue Osier (I) was shocked but thrilled to see hula dancers in front of her Mutual 15 home to celebrate her birthday. Her neighbor Barbara Manuel arranged the surprise. The audience shed happy tears to the "Hawaiian Wedding Song" and "The Rainbow Connection," which was composed by dancer Libby Bond's (second from right) dear friend Paul Williams. Sue and her husband, Gene, circumnavigated the globe on their sailing vessel before coming to Leisure World about six years ago. During that deep-water cruise, Sue fell in love with the Polynesian culture. The couple still have the boat. Hui O Hula is always happy to celebrate any occasion with music and dance; contact Kaye Huff at (562) 431-2242 for details. All are welcome to join the club's dance classes at Veterans Plaza on Tuesdays and Thursdays at 1 p.m.



Courtesy Aquarium of the Pacific

Chumash women perform at a previous Moompetam.

AQUARIUM OF THE PACIFIC

Fest celebrates Native culture

In celebration of local Native American cultures, the Aquarium of the Pacific in Long Beach hosts the 17th annual Moompetam Festival, featuring crafts demonstrations, storytelling, music and dance. Among the maritime cultures being showcased Sept. 18-19 are the Tongva, Chumash, Acjachemen, Costanoan, Luiseno and Kumeyaay.

The word "Moompetam" means "People of the Ocean" and is derived from the word for saltwater in the Tongva language. For the indigenous people of coastal California, the ocean is a sacred entity.

Advance reservations are required; tickets can be purchased at *aquariumofpacific.org/events/info/moompetam/*. Masks are required.

For more information, call (562) 590-3100 or visit the website.

Men's Golf League Results

The morning of Sept. 3 was very cool, damp and overcast, as 16 men and one woman of the LW Golf League braved the conditions at Riverview Golf Course in Santa Ana. They were rewarded with brilliant sun and heat by mid-round.

Riverview is a 5,800-yard, par-70, 18-hole course that has significant elevation changes, challenging water hazards and diabolical sand trap positioning. It's well-maintained and has several large practice areas including a large putting/chipping green and driving range.

With the initial damp conditions and little wind, the golfers pummeled the receptive greens and generated 11 at- or under-par rounds and five birdies.

All scores below are net (gross minus handicap). A Flight handicap is 0-20; B Flight, over 20.

A Flight Winners: First place: Clay Fischer, a super 5 under 65; second: Larry Hillhouse, a very nice 4 under 66; third: Jim Goltra, even par 70; fourth: Ron Jackson, 2 over 72; fifth: Bill McKusky, 3 over 73; sixth: tie between Gray Stivers, Sam Choi, Fujio Norihiro and Dave LaCascia. McKusky, Stivers and Choi tied for fewest putts. Fischer, Hillhouse and McKusky had one birdie each; Hillhouse was also closest to the pin on the

100-yard, par-3 ninth hole.

B Flight Winners: First place: tie between Chris Lankford and Bob Meripol, a sensational 8 under 62; second: tie between Gene Vesely and Bill Zurn, a well-played 6 under 64; third: Liz Meripol, an excellent 5 under 65; fourth: tie between Lowell Goltra, Tom Ross and Bob Munn, who were all under par. Lankford had two birdies and was closest to the pin on the 150-yard, par-3 second hole. Bob Meripol had fewest putts.

Friends, ladies, spouses and family are all welcome to play and/or join. The league plays at four local courses, all within 15 minutes of Leisure World. The courses are always quite full, so advance reservations with the league have become the norm, with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net, birdies, closest to the pin on two par-3s, and the lowest number of putts in each flight. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at (714) 313-3697 or LaCascia at (801) 674-5975.

—Dave LaCascia



Karen Morris

Community Karaoke

The Sept. 8 karaoke party featured 22 enthusiastic singers. Karen Morris had the audience singing and rocking along to the zippy song "Ace in the Hole."

Everyone enjoyed a variety of donated fresh baked snacks while encouraging those members who wanted to entertain the crowd. All are welcome to join in; there's plenty of room to spread out or socialize with friends over a cup of coffee.

Community Karaoke meets every Wednesday in Clubhouse 1 at 5:30 p.m. Those who'd like to practice a new tune or just try out karaoke singing for the first time are welcome to the Monday sessions upstairs in Clubhouse 6 from 1-3 p.m.

—Margie Thompson

Visit www.lwweekly.com



Patty Marsters

Join Connie Peck (pictured) and the Joyful Line Dance class on Wednesdays from 10 a.m.-noon at Veterans Plaza. Because of the increase of COVID cases in the community, the class is being held outdoors with a limited capacity of 32 people. Spots are first come, first served, so text (562) 301-5339 to make a reservation. Masks and exercise shoes are mandatory.

Entertainment Reviews

Seen any good movies lately? Read a great book? Attended a fantastic local theater production? LW residents are invited to submit reviews for publication in the LW Weekly. Include all pertinent information, such as author names, location information, movie ratings, etc.

Send reviews with your name, Mutual and telephone numbers to *pattym@lwsb.com*. All reviews are subject to editing for content and clarity and will run as space allows.



The "American Bandstand"-themed doo-wop show produced by Let the Good Times Roll has been moved from Sept. 18 to Oct. 9. In the meantime, club members, including president Frank Destra (I) and greeter/hostess Tillie Stiehr, continue to rehearse. More details will be released soon.

Family Radio Service Users

 $The \, Radio \, Club \, provides \, an \, opportunity \, for \, a \, Family \, Radio \, Service$ (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0. For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at *rjerxn@yahoo.com*, or call (562) 431-6586, ext. 409, to leave a message.

Men's Golf Club Tournament

On Sept. 8, two groups of three flights of variously skilled golfers vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot circle rewarded) and two closest-to-the-pin challenges at the Leisure World Men's Golf Club Tournament. The Turtle Lake Golf Course is a 1,658-yard, 18-hole, par-54 course that has great fairways and greens. The tee boxes have yet to recover from their dormant state, and several tee boxes have deteriorated significantly. There is just enough grass there to not be considered bald, which is not conducive to good play.

A total of 53 golfers played 18 holes through the early morning and into the afternoon. The weather was sunny, humid and warm at the 7:30 a.m. tee time, but within an hour, the marine layer returned, and the remainder of the tournament was played in overcast weather. There was little wind.

Only 18 of the 53 rounds were net under par, vs. 19 for the last tournament, plus there were only two circle hole winners vs. seven

last tournament. Pat Paternoster had a hole-in-one on the 105yard, par-3 first hole.

A Flight encompasses golfers with handicaps of 0-7; B Flight, 8-11; and C Flight, 12-18. All scores below are net (gross score minus handicap).

A Flight Winners: First place: Steve Walker, a fine 4 under 50; second: tie between June Um and Bob Barnum, a nice 3 under 51; third: tie between John Kolthoff, Bruce Bowles and Jae Kim, 2 under 52; fourth: Steve Ro, 1 under 53; fifth: tie between Jae H. Lee, Ron Steele, Bob Turner, Trai Nguyen and Ron Jackson, 1 over 55.

B Flight Winners: First place: tie between Paul Alloway, Joon Sup Yoon and Ryan Hong, 1 under 53; second: Hyon Shin, even par 54; third: tie between Won Song and Ken Notorleva, 1 over 55; fourth: tie between Roland Phillips and Paul Cose, 2 over 56.

CFlight Winners: First place: tie between Paul Shellenberger and Jong Lee, a well-played 4 under 50; second: Rolando Ramirez, an excellent 3 under 51; third: Sang H. Kim, 1 under

53; fourth: tie between Bill Zurn, Steven Kangand Manny Miranda, even par 54; fifth: Dennis Jensen, 1 over 55.

Closest to the pin on the 80-yard, par-3 eighth hole was Jae Kim, and at the par-3 17th hole, it was tournament director Alan Sewell.

Note to All Golfers: Please repair ball marks on the greens, and if divot repair bottles are on the tees, use them to fill divots. The LW greens are starting to look like Swiss cheese with all the unrepaired and poorly repaired ball marks. There are so many divots that sections are becoming unusable. Each golfer is responsible for his or her ball marks on the greens.

The next Men's Golf Club Tournament will be on Sept. 22. The next Guys & Gals Tournament will be on Sept. 29. Golfers are asked to arrive 15 minutes prior to their scheduled tee time and ready to play. Anyone who had planned to play but cannot should contact Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as possible.

—Dave LaCascia

SCRABBLE G R A M S SOLUTION RACK 1 = 63 RACK 2 = 86 C₃ H₄ ||E1||A1| 66 RACK 3 = 61 RACK 4 = |W4||E1||S1||O1| 66 RACK 5 = 342 **PAR SCORE 265-275** TOTAL

Crossword Answers

В	E	Ε	T			В	Π	L	L		В	Е	Α	N			В	L	O	C
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Sudoku I Answers

6	1	8	7	9	5	3	2	4
7	2	5	4	1	3	8	9	6
4	9	3	6	8	2	7	1	5
8	7	4	2	6	1	9	5	3
3	6	1	8	5	9	4	7	2
2	5	9	თ	7	4	1	6	8
1	4	2	9	3	6	5	8	7
9	3	7	5	2	8	6	4	1
5	8	6	1	4	7	2	3	9

- The Resie Rules of Sudelin passe rules of sulosu: ere is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved eetly is when all 81 boxes contain numbers and the other Sudoku rules have been followed. I nen you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these num-icals a same, Ed.
- teer) is start a game of Sudoku, some blocks will be presented in the course of the game.

 The course of the game.

 The course of the game column of a substantial of the numbers I through 9 and no two numbers in the same column of a substantial of the numbers I through 9. Sudoku puzzle can be the sa

 • Each row puzzle t contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku
- puzzle can be the same. Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a idoku puzzle can be the s

Jumble Answers

UPPER EXODUS OXYGEN The farmer viewed his field of pumpkins. To him, it was — "GOURD-GEOUS"

Puzzle Answers

Puzzle pages 6-7





Sudoku 2 Answers

9	1	5	7	8	4	6	3	2
8	4	6	3	2	5	7	1	9
3	2	7	6	9	1	4	8	5
4	9	8	2	5	7	1	6	3
5	3	1	8	4	6	2	9	7
6	7	2	9	1	3	5	4	8
7	5	9	1	6	8	3	2	4
2	6	4	5	3	9	8	7	1
1	8	3	4	7	2	9	5	6

Guess Who?

Answer: Zendaya

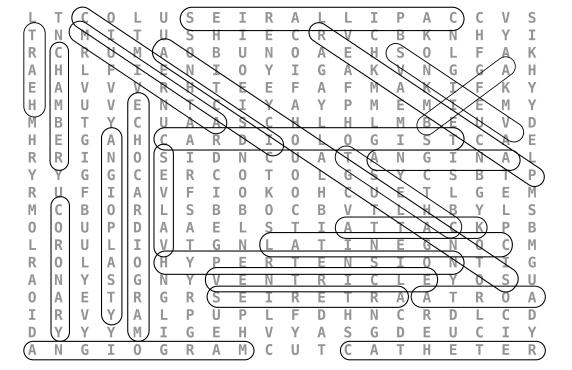
Crypto Fun Answers

A. atrium B. cardiac C. vessel D. strength

Boggle BrainBusters Answers

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Word-Find Answers



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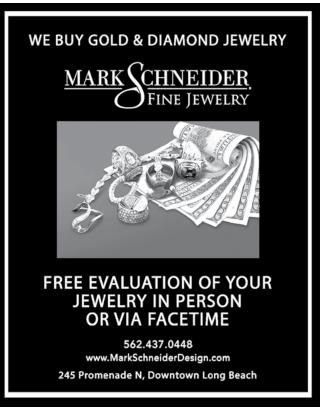
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Women's Golf Club

On Sept. 7, 52 members of the Women's Golf Club competed for low gross and low net. Members were also asked to hit the golf ball from the tee box directly into the circle surrounding hole 6. However, none of the golfers were able to make the shot. This is the first time no woman golfer has hit into a circle hole during competitive play since January 2019.

The winners were:

Flight A: Low gross: Ann Tran, 28; low net: Margie Thompson, 25.

Flight B: Low gross: Young Yoon, 31; low net: tie between Marilyn Hewitt and Jee Choi, 24.

Flight C: Low gross: Sue Yokomi, 32; low net: Anne Walshe, 23.

Flight D: Low gross: Angela Song, 32; low net: Patty Latrell, 19 —Dale Quinn

Book Club

The LW Book Club will meet via Zoom today, Sept. 16, at 1 p.m. Members will discuss "The Little Guide to Your Well-Read Life," by Steve Leveen, and "The Master Butchers Singing Club," by Louise Erdrich. To join the meeting, go to https://us02web.zoom.us/j/818 32254026?pwd=OHlXT3ZhNWl zWklidnlDbzdWTnZtUT09. The meeting ID is 818 3225 4026, and the passcode is 057008.

Any questions, complaints, criticisms or suggestions concerning the club should be directed to Thomas Gan, club president, at gltjiook@gmail.com or (562) 248-8711 (leave a message).

—Pamela Emmons

Upcoming Travel Opportunities

Mystery Topic: On Sept. 21 at 10:45 a.m., travel tips will be discussed with a guest speaker. The cost is \$15 (includes box lunch); mail checks to Janet Karter, 7831 Denise Circle, La Palma, CA 90623. This is also the location to meet for the talk.

Holiday Party: The location is being determined, but fun will be had on Dec. 7 starting at noon.

Fresno: Visit the Forestiere Underground Gardens, a casino and Bravo Land (in nearby Kettleman City); go wine tasting; and stay at Hotel Piccadilly from April 29-May 1, 2022.

For more information, contact Karter by phone at (562) 924-1938 or (562) 715-0520 or via email at dancnma@yahoo.com.

Pool Club

The Leisure World Pool Club will start weekly league play on Monday, Sept. 20, at 6 pm.. in the Clubhouse 2's newly renovated Pool Room. Attendees are asked to arrive at 5:30 p.m. on the first night, as teams will need to be formed. The fall season will continue into January 2022.

Three-person teams will be placed into A, B and C skill levels for competitive play. Games will include 8-ball and 9-ball doubles and singles matches. Each team will play the other teams two or three times, depending on the number of teams. Masks will be required.

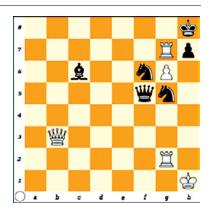
The league fee for the season is \$20, with \$5 going toward drinks and snacks and the rest toward prize money. All players must be members of the Pool Club, the annual dues for which is \$10 and good through Oct. 31, 2022.

Team rosters are filling up fast, so if anyone who wants to play in the fall season as a regular or as a substitute should contact Eunis "Wildfire!" Christensen by phone or text at (562) 879-1954 or via email at cashfit8@icloud.com.

Chess Club

The solution to the puzzle: The first move is Qg8. The White queen moves from b3 to g8, the Black knight to g8, then White rook to h7. Black knight moves to h7; the next move by White is checkmate.

The Chess Club meets under the umbrella behind Clubhouse 3 from 1-6 p.m. on Fridays.



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New Listings

Expanded Unit 3 Skylights Chef's Kitchen **Front Porch**

M12 64H \$399,000

Fully Expanded Under Contractner, Needs some TLC M5 94L \$300,000

Super Cute 2 Bedrooms A Den, Front Porch Corner, Drive up Parking

M12 55L \$330,000

Coming Soon

Gorgeous 2 Bedrooms Fully Expanded Corner New Kitchen & Bath Greenbelt M12

2 Bedroom Ex**in: Escu** Master M2 61D \$299,000

MISCELLANEOUS WANTED

VINTAGE STORE. Looking to buy Vintage-Clothing/Jewelry, Rock-N-Roll Memorabilia, Guitars, Furniture, Hanging-Lamps, Rugs, etc. 562-243-7229. 10/07

MISCELLANEOUS FOR SALE

Yard-Sale. Thursday/September-16th (9:00am-1:00pm). Mutual-5/ Apartment-95i, 1460 Homewood Road. Miscellaneous-items, some furniture and housewares. Approved by Mutual/Wayne Gould.

Reed 4-Panels Expandable Fencing (dimensions/2x6 each panel) \$20/ each. 2-Red Leather Recliners (Like -New) \$80/each. 714-469-7519

Lift-Chair/brown-fabric \$900. Call 562-341-0167.

LEISURE WORLD **APTS/FOR RENT**

Unit available for lease \$2,200/ month (MINIMUM Yearly Rental) at 13240 Fairfield Lane, Mutual-7/ Apartment-172G, Fully-Extended 2-Bedrooms, 1-Bath, Corner-Unit facing Greenbelt. Close to Parking/ Carport. Inform Relatives/Friends. Delia 310-339-9808. 09/23

FREE ITEMS

3-piece Dark Wood Dresser Set and Recliner. Call 619-838-2380.



McIntyre Broker/Realtor®

14-350-9449

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NEW LISTING! Mutual 5 – 117b Golden Rain

2B/1Ba just upgraded thru-out, Faces South w/greenbelt, private, All NEW Wood Firs., Paint, Appliances Skylights, Dual Pane Windows + more!

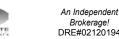
Super Nice at \$284,900

New Listings Coming Soon!

2B/1Ba - Mutual 5 Corner Unit 2B/1Ba - Mutual 14 Corner Unit 2B/1Ba - Mutual 14 South Facing

Suzanne Ahn Realtor® DRE#01107037 **KOREAN & ENGLISH** 562-810-1614







LWWeekly

Kennederstein der State der St



Erika Shapiro

Resales Specialist Mut. 17 Resident

562**-208-5223**

Condo, 2nd Floor 2 BDR, 2 Bath, Greenbelt View, South-East facing, central A/C heat, fridge, Double oven, microwave,



dishwasher. Move-in ready, fresh paint and carpet. Financing available

Mutual 17-16B

\$410,000

1 bedroom, fully Expanded, Laminate flooring, A/C heat pump 3 skylights, dishwasher, and more.



Mutual 1 – 35B \$220,000

2021 Sales M14-24A \$315,000 \$325,000 M3-32J M5-99K \$169,000 M12-39G \$260,000 M10-245A M8-184H \$269,000 \$570,000 M1-32B M15-21H \$408.000 \$175,000 M14-14A M5-125b \$178,000 \$625,000 M4-89C M9-225E \$215,000 \$182,000 M2-63A \$269,000 M5-97I \$450,000 M10-256C M11-273J \$439,000 \$195,000 \$485,000 M12-6H \$225,000 M8-191A M3-12L \$205,000 M11-282B \$281,000 \$230,000 M2-22b \$185,000 M8-193H Service Is My Priority! Call me for a free market evaluation

Coming Soon 1 Bedroom Fixer

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Verna Chumley

















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September 16, 2021 | www.lwsb.com | www.lwweekly.com



22

Kathy Gupton
Associate Broker
DRE # 00744676

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Gloria Hadley Realtor® DRE # 01057681



Gracious two bedroom two bathroom home with spacious living room featuring plantation shutters, added lighting, overlooking charming balcony and lovely neighborhood Greenbelt. Kitchen is beautifully remodeled with upgraded cabinets, quartz countertops, built in stainless steel appliances including range, dishwasher, double door refrigerator with lower freezer, and glass front cupboards. Charming dining area. Master bedroom is a corner room with windows on two sides, and mirrored closet doors. Master bathroom has washer dryer, quartz counter tops, window, and stall shower. Second bedroom has mirrored wardrobe doors and lots of storage. Second bathroom has quartz countertops and stall shower. This lovely unit features throughout crown molding, laminate flooring, central heating and air, double pane windows, and added lighting. This beautiful home it is light and

bright has many upgrades, and overlooks a beautiful patio and a lovely Greenbelt. Enjoy the ocean breezes. A must see.



Fabulously unique two bedroom 1-1/2 bathroom fully expanded corner home. This incredible home has amazing features throughout including state-of-the art kitchen with Bosch Benchmark French door refrigerator, convection oven, steam oven and induction cook top, a Fisher Paykel two drawer dishwasher, custom cabinets, drawers and pantry, with quartz countertops and large island. Inviting living room features 65-inch Sony 4G TV and custom cabinets. Spacious dining room has Sony 42-inch 4G TV with a custom cabinet. Both bedrooms have remote controlled ceiling fans. The second bedroom has queen size wall bed/desk and cabinet combination. Master bathroom has double sink vanity with pull out shelves, porcelain tile floors in and out of the walk-in glass shower. Half bath also has porcelain floors, custom storage cabinet, and vanity with pull out shelf. Laundry room has large size

side by side Electrolux washer and dryer, storage cabinets, and skylight. Features throughout include double pane windows, light filtering shades and valences, laminate floors (porcelain floors in bathrooms and laundry), central heat & air, and Velux skylights with remote control and water sensing closure in living room and kitchen. This elegant home was remodeled four years ago and has an all-new electrical panel, wiring, plumbing, an electric car charger on side of house, sprinklers in the flower beds, overlooks a pretty greenbelt and has many additional special features. Enjoy all this plus lovely ocean breezes.



Light and bright corner two bedroom 1 bath cottage. Living room is expanded, is very spacious with lots of windows and is light and bright. Kitchen has leisure world appliances including a built-in stove, oven, refrigerator and also has a skylight. The bathroom has a skylight, a newer light bar, and a highboy toilet. Master bedroom has mirrored wardrobe doors. Second bedroom has windows on two sides and the wardrobe closet is partially double poled. This lovely home features laminate floors in the living room and tile floors in the kitchen and bathroom. All rooms have beautiful custom paint throughout with wider baseboards. This property is professionally staged, shows beautifully and is ready to move in. Enjoy a beautiful Greenbelt, a great location, and the ocean breezes of Seal Beach. This property is centrally located and walking distance to shopping and downtown Leisure World.



Charming third floor two bedroom one and three-quarter bath condo enjoys a fabulous location. This terrific condo faces west allowing for the lovely Seal Beach Ocean breezes, a beautiful park-like greenbelt view, and spectacular sunsets. The many features of this unit include a spacious living room with a ceiling fan, sliding glass doors to the patio, a formal dining room with a mirrored wall, and large storage closet. The kitchen has built in double ovens, stove top, microwave, refrigerator, dishwasher, tile countertops, breakfast bar, and lots of storage. The master bedroom has a ceiling fan, his and hers closets, and sliding glass doors to the balcony. Master bath has cultured marble countertops and bathtub with shower. Second bedroom has a ceiling fan, mirrored wardrobe closet doors, and sliding glass doors to balcony. The second bathroom has cultured marble countertops and stall shower. This property has central heat and air and crown molding. This lovely condo is a must see located in a beautiful greenbelt location with beautiful views including a peek-a-boo view of the golf course.



This One Bedroom One Bathroom home is in a pretty green belt setting. The Living Room has double Pane Windows and Laminate Floors. The kitchen has a skylight and has built in leisure world appliances including a stove, oven, and refrigerator. The kitchen also features newer kitchen counters and tile floors. The master bedroom has sliding glass doors to the patio and laminate floors. Bathroom has skylights that open and a highboy toilet. The patio is screened has a walk in storage closet and overlooks a pretty Greenbelt.

SOLD

Mutual 5-93F

Mutual 8-202C

Mutual 8-202J

Mutual 3-21A

Mutual 10-240B

Mutual 11-267I

Mutual 12-70D

Mutual 14-15I

Mutual 2-13F

Mutual 2-51J

Mutual 1-35J

Mutual 11-285H

Mutual 2-19L

Mutual 2-24D Mutual 1-30D

Mutual 1-37F

Mutual 12-41G

Mutual 2-46D

Mutual 10-248D

Mutual 11-277A

Mutual 2-40L

Mutual 8-203G

Mutual 2-22J

Mutual 1-52A

Mutual 2-63A

Pending

Mutual 2-17C

Mutual 9-224G



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13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



Mutual 2-9-G

New Listing

\$399,000

\$295,000

New Listing ... Move-in Ready Two Bedroom, One Bath Fully Expanded CORNER! Drive-up with lots of guest parking and easy access to your new home. Fresh paint, new carpet in both bedrooms and spacious living room, tile floors in the entry, dining room, kitchen, and bath, dual pane windows, smooth ceilings, canned lighting, skylights and central heat/air. CALL TO SEE!





Mutual 14–18–D

Darling partially expanded two bedroom, one bath on a pretty courtyard with a terrific ocean breeze and the golf course just around the corner! Oversized living room and master bedroom, upgraded kitchen, skylights, central heat/air, washer/ dryer and nice size side patio to enjoy!





Mutual 7-158-K

Two Bedrooms, One Bath on a pretty courtyard! Upgraded with raised outside walls and oversized dual pane windows that will give you wall space for furniture and a home feel. Pretty laminate floors, quartz counters in the kitchen and bath, stainless steel appliances, 2 heat-pumps, smooth ceilings with canned lighting, skylights, and a wonderful L-shaped patio to enjoy! Close parking and just STEPS TO CENTRAL PARK - enjoy walks, relaxing under the trees and taking in the beautiful surroundings.







Mutual 3-22-D Mutual 3-11-H Mutual 1-42-C Mutual 5-119-E Mutual 5-119-D Mutual 1-57-L Mutual 14-48-E Mutual 6-58-A Mutual 6-135-J Mutual 7-158-G

Mutual 11-266-F Mutual 7-158-G Mutual 1-8-C Mutual 9-221-J See more at www.sealbeachleisureworld.com

Mutual 11-265-J

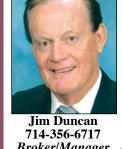








\$599,999



Broker/Manager



562 235-7413 562-209-5605

Mutual 9 211L

Mutual 2 30A

Mutual 12 64 H

bath, nice



\$275,000

\$305,000

\$399,000



562-754-5628 562-618-9940



562-884-3594



562-706-7999

Mutual 2 6L

Mutual 9 215B

Mutual 12-41-G

Mutual 4-80-L

Mutual 8-204-I

Mutual 7-171-I

Mutual 10-253-K



Pending

Mutual 7-161-E

Mutual 1-67-B

310-220-1407



626-623-9929



(562) 594-0515

1900 St. Andrews Dr., Suite C Seal Beach, CA 90740 BRE 00338699

corner, nice greenbelt, skylights,

expanded corner, southwest fac-

chef's kitchen, expanded, heat

pump, 3 skylights, granite, nice

ing, central air, skylight in kit. and

paring close, needs work



BERKSHIRE HATHAWAY **HomeServices** California Properties

<u>Two-Bedrooms</u>

washer/dryer, lam. flooring, crown

molding, cent. air, greenbelt

corner, expanded, southeastern

exposure, immaculate, shows like

Rare find, corner, btfl. remod., 2br

and office or 3rd br., 2 bath, AC heat pump, washer/dryer, drive-up,

Mutual 15 32J

Mutual 1 37L

Mutual 10 251F

a model

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13926 Seal Beach Blvd. Seal Beach, CA 90740

fabulous, unique, must see, has every-

<u>One-Bedroom</u>

greenbelt, double pane, lam. floors,

newer kit counters, skylights



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Linda Patton

562-522-3364



Conrad Rodriquez 562-746-1960



Leah Perrotti 310-889-6583



Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



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213-550-9991



Irv Hart 562-296-5619



\$399,900

\$339,950

\$525,000

Fay Wescott 562 242-6162



Tim Kearns 714-293-3950



Linda Marmion 562 619-2261



\$211,000

424-247-4542





Gail Alonzo 562-673-6703



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nicholasmonteer@gmail.com

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For 2021, I have a total of 96 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



13560 Cedar Crest #109B | M5 | \$499,000

No finish untouched in this remarkable unit as everything you would want done has been done! Interior 2bed/2bath unit sits upon a beautiful greenbelt with all the bells and whistles.



13630 Alderwood Lane #77F | M4 | \$355,000

Fully Expanded Corner Location. 2 Bedrooms, 1 Bath with Added Side Patio. A/C Heat Pump, Ceiling Fans, Remodeled Kitchen with Lots of Storage, Washer/Dryer, 2 Skylights.



13321 Fairfield Lane #182B | M8 | \$215,000

Beautiful greenbelt location! 1 Bedroom, 1 Bath with 2 Solar Tubes, Large Patio Storage, AC Heat Pump and Jacuzzi tub/shower



1202 Golden Rain Rd., #72H | M2 | \$249,000

Basic 2 Bedroom, 1 Bath drive up location. Large wrap around patio. 2 Large Skylights. Very private location.



1410 Oakmont Road #140D | M6 | \$279,000

2 Bedroom, 1 Bath unit ready to be made your own! Overlooking a greenbelt in the lovely Mutual 6 with large patio and huge outdoor closet!



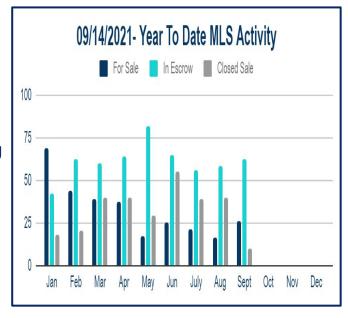
1280 Weeburn Road #31B | M3 | \$254,000

2 Bedroom, 1 Bath with Large Wrap Around patio. Expanded Master bedroom which can be used as an office or craft/painting studio. New paint and flooring throughout.

Lovely testimonial from our dear clients, Jon & Suzanne Sibal...

"Thank you for all your help in making the process smooth and painless. It was a pleasure working with you. My Wife and I are grateful. We appreciate you."

-Jon & Suzanne Sibal



On September 14th, 2021 a total of 26 units show as active listings on the CRMLS (this is where Realtors list property for sale).

> 5 - 1 bedroom/1 bath from \$175,000-\$220,000

9 - 2 bedrooms/1 bath from \$265,000 to \$399,000

12-2 hedrooms/2 haths from \$345,000 to \$599,999

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!



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