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Preventing Flu Starts With You

2022 LW WALL CALENDAR



Calling All Photographers

The LW Weekly will produce a 2022 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is Oct. 1. Contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach. Photos of people are not eligible.

Cell phone photos should be emailed in the "actual" or "original" size format. Email entries to stephenb_news@lwsb.com with name, address, phone number and a brief description of the photo. For information on technical requirements, call (562) 431-6586, ext. 392.

The calendar will be delivered to every unit free of charge. Additional copies will cost \$1.50.

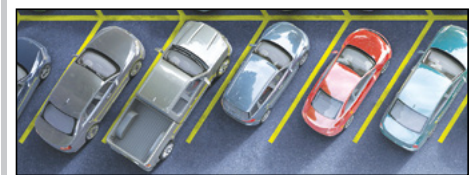
CONSTRUCTION ALERT

Drive cautiously on North Gate Road

Drivers should proceed with caution as lanes are intermittently narrowed to accommodate the demolition of a sound wall there.

On Sept. 14, crews started removing a portion of the sound wall adjacent to North Gate Road as part of the I-405 Improvement Project.

The work will continue for about three weeks. Equipment may be mobilized as early as 6 a.m., and some work will be conducted from 9 p.m.-6 a.m. Sound blankets have been installed to mitigate noise.



GRF PAVING PROJECT

PAGE 3 || The Health Care Center, Administration and Clubhouse 6 parking lots will not be available on Sept. 25-26 due to the slurry seal and restriping. The fourth Saturday used car lot has been canceled. See map on page 3.



Last year's Optum flu shot clinic was drive-through too.

2021 FLU SHOT CLINIC

Get your shot on Oct. 14 in the CH 4 parking lot

2021 Flu Shot Clinic-Oct. 14
Sponsored by OptumCare Health Care Center

The flu shot is more important than ever this year and now is the time to get yours. Optum at the Health Care Center will have its second annual drive-through clinic, and to help keep everyone safe, people are required to wear masks.

The clinic will be held in the Clubhouse 4 parking lot on Thursday, Oct. 14, between 8 a.m.-3 p.m.

Here's How It Works

For cars:
Use the north entrance. The clinic will be held behind Clubhouse 4. There will be signs and personnel to guide traffic. (See the yellow lines on the map, page 2.) After you get your shot, exit onto Northwood Road.

For scooters, bikes, shuttles, golf carts and walk-ups:
Tables will be set up in front of Clubhouse 4. Wear a face mask or covering. (See the red lines on the map, page 2.)

How do I know if I can get my flu shot here?

- If your primary care doctor works at an Optum location, you can get your flu shot. There is no copay.
- If your primary care doctor does not work at an Optum location:
 - » You can get your flu shot if you have Original Medicare and are not a Medicare Advantage patient. There is no copay.
 - » If you are a Medicare Advantage patient and your insurance card does not have Monarch Healthcare on it, you will have to pay \$40 cash. Contact your doctor for information.

- What do I need to do before getting my flu shot?**
- Bring a consent form filled out upon arrival to the flu clinic.
 - Bring a GRF picture ID and insurance card.
 - Wear a short-sleeved or sleeveless shirt.
 - Wear a face mask or covering.
 - Come at the assigned time for your Mutual (see chart below).
- Where do I get a consent form?**
- Health Care Center
 - Recreation Office, Building 5
 - On Leisure World Minibuses

Mutual Vaccination Schedule

The following are appointment times for all Mutuals on Oct 14. To help with traffic control, residents are asked to adhere to the following schedule if possible:

Mutuals 4 and 11	8-8:45 a.m.
Mutuals 1 and 17	8:45-9:30 a.m.
Mutuals 10 and 14	9:30-10:15 a.m.
Mutuals 2 and 16	10:15-11 a.m.
Mutuals 12 and 15	11-11:45 a.m.
Mutuals 3 and 5	11:45 a.m.-12:30 p.m.
Mutuals 6 and 7	12:30-1:15 p.m.
Mutuals 8 and 9	1:15-2 p.m.

For people who must miss their scheduled appointment time, flu shots will be given from 2-3 p.m.

EARTHQUAKE ALERT

Friday's 4.3 temblor is a reminder of importance of being prepared

A magnitude 4.3 earthquake centered near Carson shook much of Los Angeles County and could be felt across the Southern California region, including Leisure World, on Sept. 17 at 7:58 p.m.

Residents in coastal communities like Long Beach, along with people living in South Los Angeles, felt the heaviest undulation of the quake, according to a United States Geological Survey map.

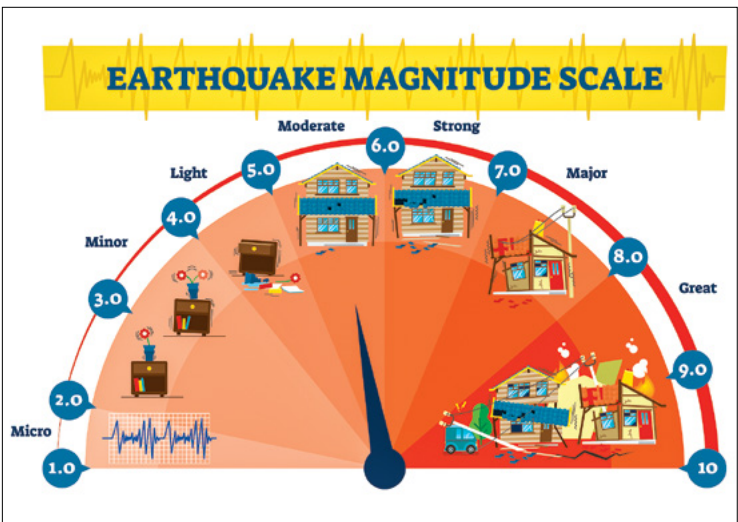
The earthquake, which struck at a depth of about 9 miles, also was felt as far north as Oxnard and south into Carlsbad, the USGS said.

No one was reported injured in this quake, but it is a reminder that they strike without warning and can be disastrous.

Being prepared for such an emergency can reduce fear, anxiety and, potentially, the losses that often accompany them.

The first step in preparedness is to have an emergency plan and supplies. LW residents will be responsible for their own safety

PREP, page 3





Optum at the Health Care Center will have its second annual drive-through clinic, and to help keep everyone safe, people are required to wear masks. The clinic will be held in the Clubhouse 4 parking lot on Thursday, Oct. 14, between 8 a.m.-3 p.m. There will be signs and personnel to guide traffic. Cars

should use the north entrance (see the yellow lines on the map). People on scooters, bikes, shuttles and golf carts, and pedestrians will get their shots at tables in front of Clubhouse 4 (see the red lines on the map). People should exit onto Northwood Road once they receive their shots.

GRF SERVICE ALERT

Next used car lot will be Oct. 23

Leisure World residents can usually sell used vehicles in the Administration parking lot from 8 a.m.-4 p.m. on the fourth Saturday of the month. But this month, the lot is being paved so the sale is canceled. The next date the lot will be open is Oct. 23.

Vehicles must have current DMV registrations and GRF decals and be insured. In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold.

Only LW residents are allowed to sell vehicle, but the lot is open to residents and the guests they call in.

For more information, call (562) 431-6586, ext. 350 or 398.

CALFRESH

LW residents may qualify for monthly food supplements

CalFresh can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is funded by the USDA and administered through the Community Action Partnership in Leisure World.

Requirements to Apply:

- You must have at least one citizen or legal permanent resident with a Social Security

number living in your household (including children).

- You may qualify for CalFresh even if you have a full- or part-time job.

- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.

- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.

- Documents needed to apply: photo ID, Social Security card, proof of income and resident card (if applicable, receipt of rent and receipt of one utility bill).

Upon application, income and many other factors are taken into account to determine eligibility.

For more information or to apply online, call 1-800-281-9799 or go to <https://www.mybenefitscalwin.org/>. Residents who need assistance applying for CalFresh should contact Roberta Arshat in the GRF Member Resource and assistance liaison, at (562) 431-6586, ext. 317, or Robertaa@lwsb.com.

CalFresh is the state's implementation of the federal Supplemental Nutrition Assistance Program, formerly known as food stamps.

CALMET SERVICES

Recycle for efficient waste management

Leisure World has an active recycling program in cooperation with CalMet Services, the community's solid waste management firm, to comply with California's recycling laws.

Use the following information to facilitate efficient waste disposal in LW.

WHITE RECYCLE BINS

White recycle bins are located near trash bins (bagging is not required). Separate trash from materials that can be recycled, which include:

Glass: Clear, brown and green liquor, wine, beer, soft drink and juice bottles, and food jars (no lids).

Metal: Aluminum cans and foil, empty aerosol cans, metal/tin food cans and lids, clothes hangers, and soda and juice cans.

Plastic: Milk jugs, soda, juice, water, detergent and shampoo bottles; any plastic container, rigid plastic, such as toys, and firm plastic such as grocery bags.

Paper: Newspapers, magazines, junk mail, envelopes, white and colored paper, cereal boxes (take out liners), pizza boxes, cardboard egg cartons, juice drink boxes, paper shopping bags, non-metallic wrapping paper, phone books, tissue boxes and cardboard (flattened).

GREEN TRASH BINS

Green trash bins are trash, which must be bagged in plastic. People can dispose of all manner of trash, including bathroom waste and tissues, carbon paper, cat litter bagged and tied, ceramics, glass plates and cups, clothes and shoes, disposable diapers (bagged and tied), disposable razors, drinking glasses, anything grown from the ground, flooring, food waste, mirrors, paper towels, sponges, soiled paper plates and napkins, Styrofoam, toothpaste tubes and pumps, water hoses, waxed paper and window glass bottles.

Anonymously Report Confirmed COVID Cases

The GRF has set up an anonymous phone line for residents to report confirmed cases of COVID-19 in an effort to track the spread of the virus in LW.

If you or a member of your household tests positive, call (562) 296-4161 and state the number of confirmed cases and your Mutual number. No other identifying information should be given.

New coronavirus cases and COVID hospitalizations across the United States have started to show signs of decline.

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Dr. Hertzog, Dr. Moarefi,
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look forward to taking care
of your eyes.





Underground plumbing work is nearly complete.

Pool Progress Report

Work on the pool continues, and critical supply issues remain a concern. Underground inspection and steel installation will continue this week.

The electrical service transfer has been completed, so the panel has been moved into the pool mechanical room, paving the way for a concrete foundation to be poured. Construction workers will pour the slab this week.

The 4-inch gas line to accommodate the pool heater has arrived and is scheduled for installation this week.

Re-roofing is complete up to the tie-in of the new structure that holds the pool equipment.

The application of gunite is expected to start once the rebar is installed.

The schedule is subject to change due to COVID-related supply disruptions of all sorts, including pool equipment and materials. Shipping delays, as experienced with other projects in Leisure World, may alter construction timelines.

The pool has been closed since November 2019, when potentially catastrophic defects were uncovered in the 1960s-era facility.

The project that started as a simple remodel soon morphed into a full-blown reconstruction.

The project coincided with the coronavirus epidemic, which has delayed construction, parts procurement and other facets of the job.

The facility will have a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area.

PREP from page 1

and well-being before, during and after any disaster or emergency.

LW has several groups dedicated to emergency preparedness, including:

Emergency Information Council

The Emergency Information Council meets monthly to educate and inform residents about planning and preparing for any emergency, large or small. Meetings are open to all shareholders. Meetings are publicized in the LW Weekly.

Community Emergency Response Team (CERT)

The Community Emergency Response Team (CERT) program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations.

Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhoods or

workplaces following an event when professional responders are not immediately available.

CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects. Classes are held in six-week sessions and publicized in the LW Weekly.

Organizing a Disaster Supply Grab-and-Go Kit

It may be easier and cheaper than you think to organize household disaster supplies in convenient locations. According to *ready.gov*, a basic emergency supply kit should include the following items:

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight, extra batteries
- First aid kit
- Whistle (to signal for help)
- Dust mask (to help filter

405 Freeway Update

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

Sidewalk Closures on Seal Beach Boulevard

Crews closed the sidewalks at the intersection of Seal Beach Boulevard and Lampson Avenue for permanent traffic signal construction. Activities include the removal of existing sidewalk ramps, installation of new sidewalk ramps, electrical and foundation work.

Permanent traffic signal construction began June 1, and will continue through September.

Daytime work hours are 9 a.m.-3 p.m.

Seal Beach Boulevard and Lampson will be intermittently reduced to two lanes at the intersection for the duration of the work.

NB I-405 Loop Off-Ramp to Bolsa Avenue Closed

Crews closed the northbound I-405 loop off-ramp to Bolsa on June 18 for approximately three months to accommodate the freeway widening. It should reopen this month.

SB I-405 Off-Ramp to Bolsa Chica Road Closed

Crews closed the southbound I-405 off-ramp to Bolsa Chica on Oct. 27, 2020; it will remain closed for about three more months to advance construction on the Bolsa Chica bridge.

SR-22 On-Ramp from Old Ranch Parkway Closed

The Old Ranch Parkway on-ramp to the westbound SR-22 closed April 13 for eight months to accommodate freeway widening. Activities include demolition, excavation, grading, drainage and electrical system installation, concrete pours and asphalt paving. Work hours are from 7 a.m.-4 p.m. Crews may mobilize equipment as early as 6 a.m.

contaminated air)

- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties
- Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps
- Cell phone with chargers



An unidentified Seal Beach Classic Car Show entrant shows off his 1940s-era streamliner.

Seal Beach Classic Car Show

The 33rd Annual Seal Beach Classic Car Show, an official event of the Seal Beach Chamber of Commerce and the City of Seal Beach, will be held Saturday, Oct. 9, from 9 a.m.-3 p.m. on Main Street, Seal Beach. This year's car show will showcase 534 classic cars, hot rods, custom cars, antiques and local public officials. The event is free and open to the public, with ample free parking at the Naval Weapons Station in Seal Beach, which includes pedestrian access and passenger drop off to the event.

Due to COVID-19, the shuttle service will not be available this year. Visitors are encouraged to drop off their passengers at the parking lot at the corner of Electric Avenue and Main Street and follow the turnaround on Electric Avenue back to the Naval Weapons Station's Liberty Gate on Seal Beach Boulevard, between Electric Avenue and Pacific Coast Highway, where parking for the Car Show will be free and available from 8:30 a.m.-5 p.m.

Festivities include live music throughout the day from four bands playing on two stages, featuring Down the Hatch and The Bierman Brothers Band in the morning and Stevie Nicks Illusion Tribute Band and OC Ragdoll Band in the afternoon. Motorheads will once again enjoy a Cacklefest in Nitro Alley in the morning and one in the afternoon.

Everyone is invited to enjoy a pancake breakfast or hotdog lunch, provided by the Seal Beach Lion's Club at the foot of the pier.

For more information about the Seal Beach Classic Car Show, visit www.SealBeachChamber.Org.

Paving Project



The Health Care Center, Administration and Clubhouse 6 parking lots will not be available on Sept. 25 and 26 due to the slurry seal and restriping. All vehicles must be removed from the front parking lot area (not the Amphitheater lot) by the evening of Sept. 24. Clubhouse 6, including the Fitness Center and the table tennis area, will be closed that Saturday and Sunday. The fourth-Saturday used car lot has been canceled.



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Perspectives

Letters to the Editor

Editor:

This is a long overdue letter. Now that I am not driving, I depend on friends and the LW Minibus service to get where I need and want to go.

I have found the LW buses to be convenient, and all the drivers are friendly and helpful.

I am on the B and D bus routes and want to thank the bus drivers and friends so much. I really appreciate all you do for me. The on-call bus is great too.

Thelma Kieffer
Mutual 4

Editor:

The latest statistics show COVID-19 has infected 290,718 and claimed 5,312 lives in Orange County. We have no idea how many of those have occurred within our community.

My husband works full-time, using our patio as his primary "office." Last week, a few people had an extended conversation near our home. Sitting on our patio, my husband chose to put his mask on. We then heard, "You can always spot the Democrat." The comment, apparently intended as a slur, surprised us.

Is wearing a mask a matter of being Republican or Democrat now? Don't each of us want to stay safe to avoid being a statistic? As the saying goes, we've heard worse insults from better people.

Rhonda Goldberg
Mutual 12

Editor:

This is the story of two opposing voter registration booths. One is covered with signs attacking the other party, name calling and fearmongering, going so far as to suggest the other side has no use for God.

Nothing whatsoever about what it plans to do for the American people.

The other booth invites anyone to register to vote and has information about how their party is working on ways to improve people's lives.

It makes no slanderous statements about the other side. I'm proud to be a member of the Democratic Party.

Jacquie Clarke
Mutual 5

Editor:

I read with interest the letters to the editor over the past two weeks regarding the sign at the LW Republican Party red tents near Clubhouse 6.

I was ready to stay out of the discussion until I read David Harlow's letter (Sept. 16). I couldn't care less what the Internet has to say since we know how truthful a lot of stuff on the Internet is.

I might ask if I should also go to the Internet and look up what the Republican Party thinks about people of color, women, Jewish Americans, LGBTQ Americans, Nazis, Proud Boys and any of a dozen others I can think of.

I'm more interested in what my neighbors, the people I live next door to, think.

And that sign tells me what the LW residents who belong to that club think of me. Or does it

just tell me what the people who man that table think?

As long as we keep this kind of stuff up, nothing will change, and it will just drive a bigger wedge between neighbors. I'm asking the LW Republican Party to please remove that sign going forward. I think it would go a long way.

Carole S. Damoci
Mutual 12

Editor:

I am writing in response to David Harlow's letter (Sept. 16) that defended the "validity" of a Republican Club banner displayed in its booth stating, "The Democratic Party has taken God out of America."

One wonders how his members would feel if the Democrat Club hoisted a banner reading: "The Republican Party supports racism, fascism and pseudo Christianity" and to support that, recommended the viewing of the Jan. 6 insurrection at the U.S. Capitol or the Proud Boys March in Charlottesville. Puhleez!

It is time to return truth and decency to civic discourse. Remember, those who paint with a broad brush eventually get smeared.

Suzanne Dunwell
Mutual 6

Editor:

Judging from several letters in the last issue (Sept. 16), there seems to be confusion for some as to the principle of separation of religion (church) and state, which was a concept shared by all of our founding fathers.

This principle in no way implies "godlessness" as to those who support it, but rather a desire to protect the right of others to worship a god of their own choice in a manner of their own choosing.

Also, Democrat is a noun and democratic is an adjective. Hence, one says Republican Party rather than republic party.

Stan Brinton
Mutual 3

Editor:

I find that David Harlow's support (Sept. 16) of the offensive, and, more important, untruthful and divisive signs make me wonder if you, and all Republicans who think like you, would believe Elizabeth Winslow (Sept. 16) and other Christian Democrats who stood in front of you and swore on your Christian Bible that your large signs are blatantly false?

Seems as though you would rather put your trust and faith in channeling the Internet and rejecting the actual words of your neighbors and community.

The language of the large signs is wrong, disruptive and has no place in a democratic and pluralistic society. We are all Americans. Get rid of them.

Jeff Colflesh
Mutual 6

Editor:

I totally agree with the letter written by Elizabeth Winslow (Sept. 16). Good for her for standing up to hate.

It is abhorrent that the Republican (Club) chooses to further

LETTERS, page 19

Member Column

by Nick Massetti

LW contributor

Ever heard the meme "a square peg in a round hole"? It refers to a person in a situation unsuited to their abilities.

Well, that is what some people are saying about the idea to put a round circle in a square intersection.

They say older drivers don't possess the abilities needed to navigate a single lane roundabout at a square intersection. But these traffic calming devices are being installed in many U.S. cities, including right next door in Long Beach.

Actually, more than 3,500 have been installed over the last three decades in the U.S., including 300 in California. The Federal Highway Administration considers roundabouts a "proven safety countermeasure" because they have been proven to reduce fatal collisions by 90 percent, injury collisions by 70 percent and total collisions by 35 percent. Pedestrian fatalities are reduced to zero. But we Americans resist accepting this late 19th-century French invention for a couple of reasons.

First, roundabouts are proven to be safer because they reduce the number of places where one vehicle can strike another by a factor of four, but we Americans prefer the illusion of safety. We prefer to think when the light is green, it is safe to go; when it's red, it's safe to stop.

ROUNABOUT, page 19

Patriot Day Speech

Editor's note: The following Patriot Day speech was delivered at a 9/11 observance sponsored by the American Legion at Veterans Plaza. It was written by Dan Weber, Mutual 1, who was unable to deliver it on that day, and so it is printed here. Weber is the adjutant for Post 327 and a Navy veteran.

by Dan Weber

LW contributor

On Dec. 18, 2001, Congress, through the president, designated Sept. 11 as "Patriot Day" on each anniversary of the attacks.

Thank you for coming on this 20th anniversary of 9/11. We are here to commemorate patriots. Our lives changed forever on that September day.

Nineteen men hijacked four fuel-loaded U.S. commercial airlines bound for West Coast destinations. This terrorist attack on the United States was orchestrated by al Qaeda leader Osama bin Laden. A total of 2,977 people were killed in New York City; Washington, D.C.; and outside Shanksville, Pennsylvania, in the worst terrorist attack in U.S. history.

At the World Trade Center site in Lower Manhattan, 2,753 people were killed when hijacked American Airlines Flight 11 and United Airlines Flight 175 were intentionally crashed into the north and south towers. Of those

PATRIOT, page 19



Donna Gambol

O Gab and Jung Sook Guess of Mutual 1 take advantage of the sun to ripen their jujube berries. The berries can be eaten fresh, or as dried fruit, cooked or candied, and are generally enjoyed with coffee. The fruit can also be made into jujube tea. It takes but one day of good sun to dry and age the berries. In Chinese and Korean medicine, the fruit is believed to alleviate stress and is thought to have anti-fungal, anti-bacterial and anti-inflammatory properties. It is often used to treat colds and influenza. Loaded with vitamins, the fruit also boasts amino acids and antioxidants.

Letters Policy

Letters to the Editor should include your name, Mutual number and phone number, and be emailed to rutho_news@lwsb.com or typed and delivered to the LW Weekly office.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.



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Leisure World Seal Beach



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VOL 45, NO 32



Government

GRF Board of Directors Monthly Meeting Agenda

Tuesday, Sept. 28, 10 a.m.
Clubhouse 4 and via Livestream
To view the live GRF Board meeting, go to www.lwsb.com. The tab will be active at 9:45 a.m. on the day of the meeting. The livestreaming uses YouTube live and terminates at the close of the meeting.

1. Call to Order/Pledge of Allegiance
2. Roll Call
3. President’s Announcements
4. Seal Beach City Council Member’s Update
5. Health Care Center Advisory Board Update
6. Shareholder/Member Comments
Note: Foundation Shareholders/Members are permitted to make comments before the meeting business of the Board begins. The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Each speaker is limited to: four minutes when there are no more than 15 speakers; three minutes for 16-25; and two minutes for more than 26.
7. Consent Calendar
 - a. Committee/Board meetings for the Month of August
 - i. Minutes of the Executive Committee Board Meeting, Aug. 5
 - ii. Minutes of the Finance Committee Board Meeting, Aug. 16
 - iii. Minutes of the Special Recreation Committee Board Meeting, Aug. 17
 - b. GRF Board of Directors Minutes, Aug. 24
 - c. September GRF Board Report, dated Sept. 28.
 - d. Accept Financial Statements, August, for Audit
 - e. Approve Capital Funds Investment Purchase
 - f. Approve Reserve Funds Investment Purchase
8. Ad Hoc Reports
 - a. Governing Document Ad Hoc Committee
 - b. Management Services and Contract Ad Hoc Committee
 - c. Strategic Planning Ad Hoc Committee
 - d. Website Ad Hoc Committee
9. New Business

- a. General
 - i. Primary and Main Sewer Lines R&M Responsibilities
 - ii. Indoor Trust Property Face Masks Required
 - iii. Approval for Software Requirements Document
 - b. Architectural Design and Review Committee
 - i. Holiday Decoration
 - ii. Amend 10-5160-3, ADR Committee Charter
 - c. GRF Administration Committee
 - i. Amend 30-5026-3, GRF Election of Officers
 - d. Communications/IT Committee
 - i. Surveillance Cameras
 - e. Finance Committee
 - i. Approval of the Proposed 2022 Operating Budget
 - f. Mutual Administration Committee
 - i. Amend 50-1670-4, Leisure World Buying and Selling Handout
 - ii. Amend 50-1672-4, Property and Liability Insurance Information Book
 - g. Physical Property Committee
 - i. Handrails, Administration Building, Capital Funding
 - ii. Amend 60-5130-3, Committee Charter
 - h. Recreation Committee
 - i. Sewing Room Renovation
 - ii. **TENTATIVE VOTE:** Amend 70-1429.01-1, Golf Course Rules
 - i. Security, Bus and Traffic Committee
 - i. **TENTATIVE VOTE:** Amend Policies 80-5580-1, Entry Passes
 - j. Website Redesign Ad Hoc Committee
 - i. Wikipedia Page Update
10. Board Member Comments
11. Next Meeting
The next regular GRF Board of Directors meeting is scheduled for Oct. 26 in Clubhouse 4 and via Zoom.
12. Adjournment

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.	
Thurs., Sept. 23	Management Services/Contract Ad Hoc Clubhouse 4/virtual 10 a.m.
Tues., Sept. 28	GRF Board Monthly Meeting Clubhouse 4/virtual 10 a.m.
Thurs., Sept. 30	Management Services/Contract Ad Hoc Clubhouse 4/virtual 10 a.m.
Fri., Oct. 1	GRF Board Executive Session Admin Conference Rm/virtual 1 p.m.
Mon., Oct. 4	Recreation Committee Clubhouse 4/virtual 1 p.m.
Tues., Oct. 5	Management Services/Contract Ad Hoc Clubhouse 4/virtual 10 a.m.
Wed., Oct. 6	Physical Property Committee Clubhouse 4/virtual 1 p.m.
Thurs., Oct. 7	GRF Administration Committee Clubhouse 4/virtual 1 p.m.
Mon., Oct. 11	Mutual Administration Committee Clubhouse 4/virtual 1 p.m.
Tues., Oct. 12	Management Services/Contract Ad Hoc Clubhouse 4/virtual 10 a.m.
Wed., Oct. 13	Safety, Bus & Traffic Committee Clubhouse 4/virtual 1 p.m.
Thurs., Oct. 14	Communications/IT Committee Clubhouse 4/virtual 1 p.m.
Fri., Oct. 15	Management Services/Contract Ad Hoc Clubhouse 4/virtual 10 a.m.
Mon., Oct. 18	Finance Committee Clubhouse 4/virtual 10 a.m.
Tues., Oct. 19	Website Ad Hoc Committee Clubhouse 4/virtual 1 p.m.
Wed., Oct. 20	Strategic Planning Ad Hoc Committee Clubhouse 4/virtual 1 p.m.
Tues., Oct. 26	GRF Board Monthly Meeting Clubhouse 4/virtual 10 a.m.

Contact Your Local, State and National Legislators

Contacting your elected officials remains one of the most important civic responsibilities you can perform outside of voting. Here’s a guide to how to contact those elected to be your voice:

President Joseph R. Biden
Phone: (202) 456-1111
Mail: The White House, Office of the President, 1600 Pennsylvania Ave. NW, Washington, D.C. 20500
Website: www.whitehouse.gov

Vice President Kamala Harris
Phone: (202) 456-1111
Mail: The White House, Office of the Vice President, 1600 Pennsylvania Ave. NW, Washington, D.C. 20500
Website: www.whitehouse.gov

U.S. Senator Dianne Feinstein
Phone: (310) 914-7300 or (202) 224-3841
Mail: 11111 Santa Monica Blvd., Ste. 915, Los Angeles, CA 90025
Website: www.feinstein.senate.gov/

U.S. Senator Alex Padilla
Phone: (202) 224-3553
Mail: 11845 W. Olympic Blvd., Ste. 1250W, Los Angeles, CA 90064
Website: www.padilla.senate.gov

U.S. Representative, 48th District, Michelle Steel
Phone: (714) 960-6483 or (202) 225-2415
Mail: 17011 Beach Blvd., Ste. 570, Huntington Beach, CA 92647
Website: steel.house.gov

Governor Gavin Newsom
Phone: (916) 445-2841

Mail: 1303 10th St., Ste. 1173, Sacramento, CA 95814
Website: www.gov.ca.gov

State Senator, District 34, Thomas J. Umberg
Phone: (714) 558-3785 or (916) 651-4034
Mail: 1000 E. Santa Ana Blvd., Ste. 220B, Santa Ana, CA 92701
Website: sd34.senate.ca.gov

State Assembly Member, District 72, Janet Nguyen
Phone: (714) 843-4966 or (916) 319-2072
Mail: 17011 Beach Blvd., Ste. 1120, Huntington Beach, CA 92647
Website: ad72.asmtc.org

Orange County Supervisor, District 2, Katrina Foley
Phone: (714) 834-3220
Mail: 10 Civic Center Plaza, Santa Ana, CA 92701
Website: bos2.ocgov.com

Seal Beach Mayor Joe Kalmick
Phone: (562) 431-2527, ext. 1501
Email: jkalmick@sealbeachca.gov
Mail: Seal Beach City Hall, 211 Eighth St., Seal Beach, CA 90740
Website: www.sealbeachca.gov/Government/City-Council

Seal Beach City Council Member, District 5, Sandra Massa-Lavitt
Phone: (562) 431-2527, ext. 1505
Email: smassalavitt@sealbeachca.gov
Mail: Seal Beach City Hall, 211 Eighth St., Seal Beach, CA 90740
Website: www.sealbeachca.gov/Government/City-Council

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

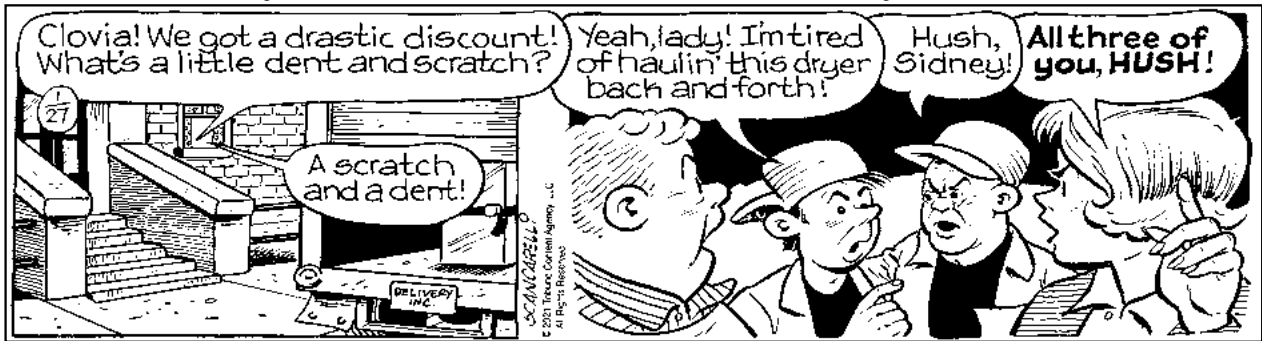
Thurs., Sept. 23	Mutual 1 virtual 9 a.m.
Fri., Sept. 24	Mutual 6 virtual 10 a.m.
Mon., Sept. 27	Mutual 8 (open forum, 9:15 a.m.) virtual 9:30 a.m.
Tues., Oct. 5	Mutual 17 virtual 1:30 p.m.
Thurs., Oct. 7	Presidents’ Council Clubhouse 4/virtual 9 a.m.
Fri., Oct. 8	Mutual 3 virtual 9 a.m.
Mon., Oct. 11	Mutual 9 virtual 9 a.m.
Tues., Oct. 12	Mutual 16 virtual 2 p.m.
Wed., Oct. 13	Mutual 4 (open forum, 9 a.m.) virtual 9:15 a.m.
Thurs., Oct. 14	Mutual 12 virtual 9 a.m.
Mon., Oct. 18	Mutual 15 virtual 1 p.m.
Tues., Oct. 19	Mutual 14 virtual 1 p.m.
Wed., Oct. 20	Mutual 5 virtual 9 a.m.
Wed., Oct. 20	Mutual 7 virtual 1 p.m.
Thurs., Oct. 21	Mutual 2 virtual 9 a.m.
Thurs., Oct. 21	Mutual 11 virtual 1:30 p.m.
Fri., Oct. 22	Mutual 6 virtual 10 a.m.
Mon., Oct. 25	Mutual 8 (open forum, 9:15 a.m.) virtual 9:30 a.m.
Wed., Oct. 27	Mutual 10 virtual 9 a.m.
Thurs., Oct. 28	Mutual 1 virtual 9 a.m.

Puzzles & Comics

Answers on page 15

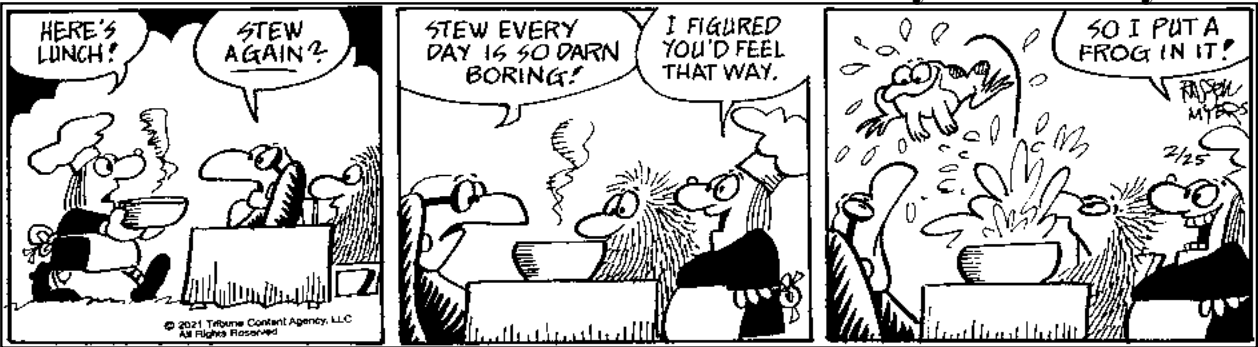
Gasoline Alley

By Jim Scancarelli



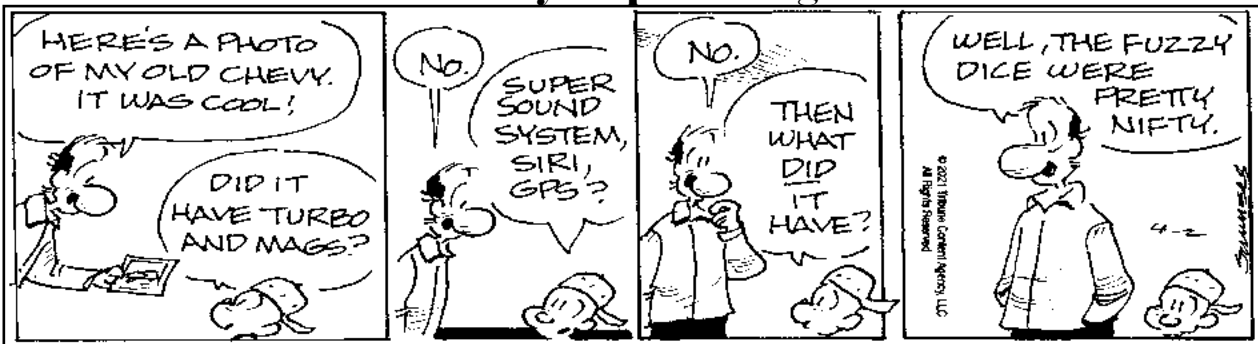
Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

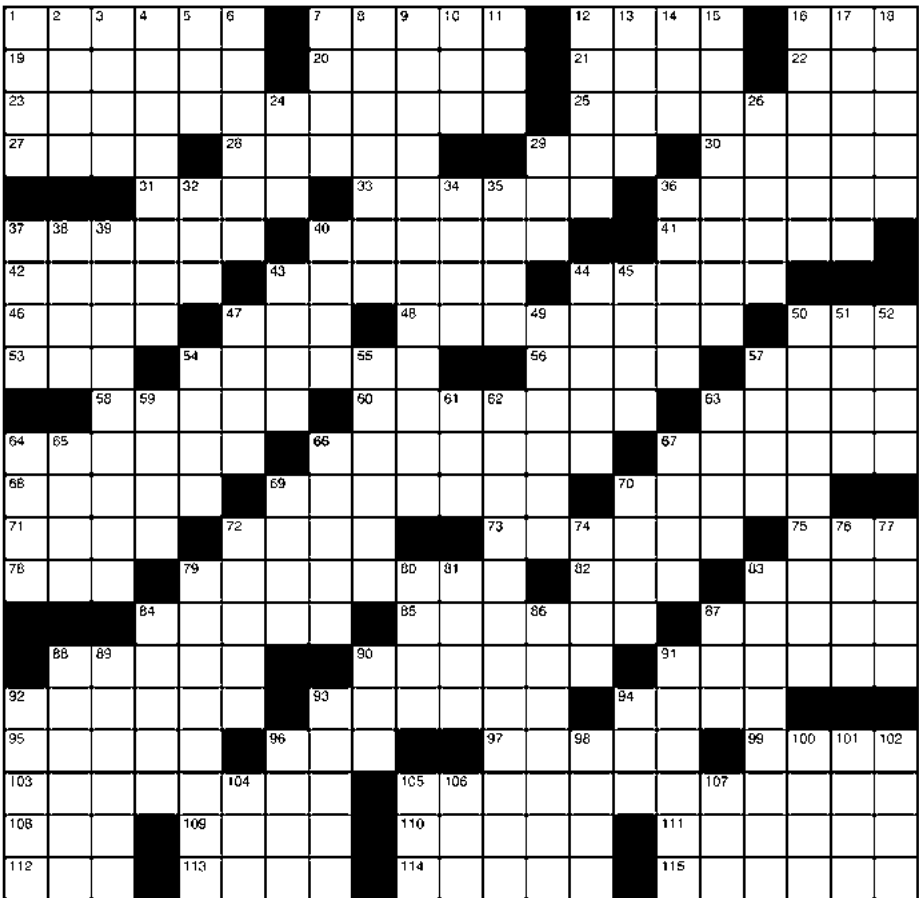


You Deal

Edited by Linda and Charles Preston

ACROSS

- 1 Where the sirocco blows
- 7 Mea
- 12 Salt's salute
- 16 Latin I word
- 19 Unshut
- 20 Big Mac topper
- 21 Unique
- 22 Pool length
- 23 Ante up
- 25 Five in a row, in Vegas
- 27 Wheel support
- 28 Choose
- 29 Gatos or Altos start
- 30 Purloined
- 31 Wessex worker
- 33 Polypropylene, e.g.
- 36 Looked at fixedly
- 37 Mathematical transformation
- 40 Institute in Philly
- 41 Certain runner
- 42 Fits of pique
- 43 Invalidate
- 44 Mattress name
- 46 Foot part
- 47 Stately timber
- 48 In a shrewd way
- 50 Short farewell
- 53 Building build-on
- 54 Trolley sounds
- 56 Invalid
- 57 Jughead
- 58 AWOL from school
- 60 Lime trees
- 63 Dig find
- 64 Bikini, and its kind
- 66 Least robust
- 67 Gummy
- 68 "I ___ Write a Book"
- 69 River at Mount Vernon
- 70 Press agent
- 71 Bus rider of fame
- 72 Dispense charitably
- 73 More forbidding
- 75 Rocky's right?
- 78 ___ and scrape by
- 79 Unit of radiation
- 82 Role for George Burns
- 83 Supernatural force
- 84 Dwarf planet
- 85 Wise saying or sayer
- 87 Treaties
- 88 Behaved like a bee
- 90 By and large
- 91 Cold sufferer's need
- 92 Not thick
- 93 Nun of note
- 94 Wish bringer's prop
- 95 Kind of column
- 96 Deface
- 97 Employer
- 99 Down with, at the Bastille
- 103 Mixed bag, in Vegas
- 105 Five gems, in Vegas
- 108 Brewed beverage
- 109 Ticklish toy



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9/26/21

- 110 Bancroft and Archer
- 111 Muse of astronomy
- 112 Med. country
- 113 Memorandum
- 114 Villain
- 115 Time to feel flush

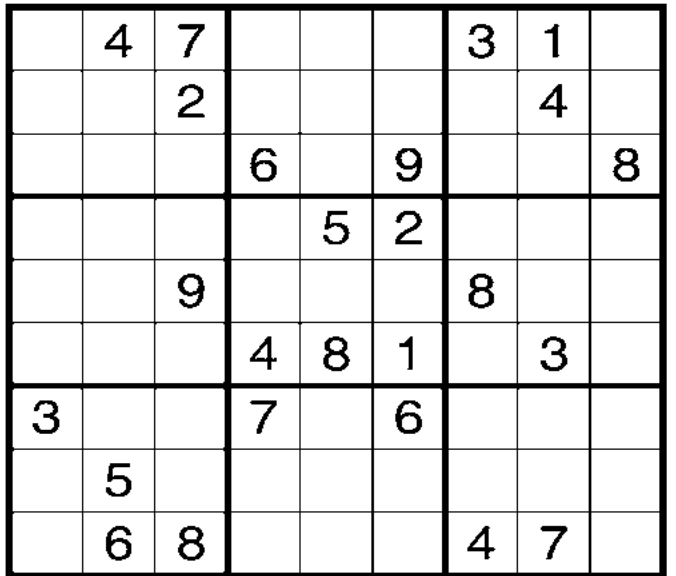
DOWN

- 1 Chesterfield
- 2 Pinnacle
- 3 Cad
- 4 Volcanic rock
- 5 Soak flax
- 6 Stick fast by
- 7 Soft drink
- 8 Horned horse of fable
- 9 Small betting parlor
- 10 Where antes go
- 11 Some
- 12 Firebug's felony
- 13 Porkpies
- 14 Bobby of hockey
- 15 With turbulence
- 16 Likely contender in 2000
- 17 Composer Gustav
- 18 Made a choice
- 24 Santa helper

- 26 Where the Po flows
- 29 Diamond
- 32 USNA grad
- 34 Crosses out
- 35 Sensed
- 36 Fry or potatoes lead-in
- 37 Church section
- 38 Silly one
- 39 A pair and a trio, in Vegas
- 40 "___ Yankees"
- 43 Court surface
- 44 Feat of daring
- 45 Sniggler's prey
- 47 Deer relations
- 49 World org. for ed. and culture
- 50 Twenty-one, in Vegas
- 51 Cooper's sergeant
- 52 Whirlpool
- 54 Word with war or wave
- 55 Body sculptors' targets
- 57 Smart
- 59 Spicy stew
- 61 Game played with counters
- 62 Wild Bill Hickok's last cards
- 63 Lead, usually
- 64 Area measure
- 65 Confiscated
- 66 Counts votes
- 67 Husky's haul
- 69 Remote region

- 70 Cleaving tool
- 72 Funeral lament
- 74 Unslightly
- 76 Against
- 77 Dastardly
- 79 Admirable people: Yiddish
- 80 Laugh loudly
- 81 Lake where Perry met the enemy
- 83 "On the road to ___": Kipling
- 84 Madame of radium fame
- 86 Demanded
- 87 A Darling friend
- 88 Winners' take
- 89 Sun worshiper
- 90 La Mediterranee
- 91 In need
- 92 Moses' Mount
- 93 Sierra Nevada feature
- 94 Skin blemish
- 96 Bus. VIPs
- 98 Happy hue
- 100 League: Ger.
- 101 Minor site?
- 102 Open carriage: var.
- 104 UN org.
- 105 Small amount
- 106 ___ pinch: if needed
- 107 Friar, from Firenze

Sudoku 1

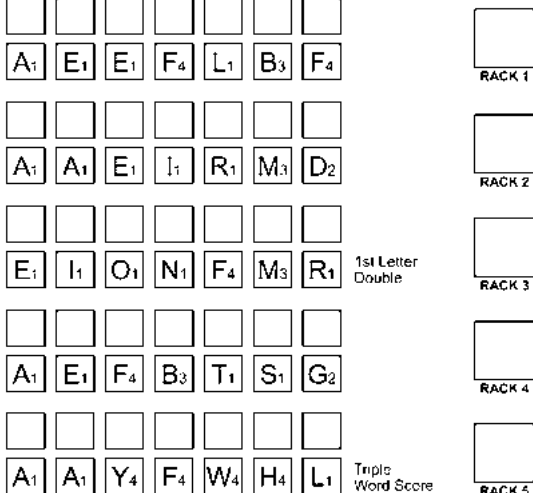


9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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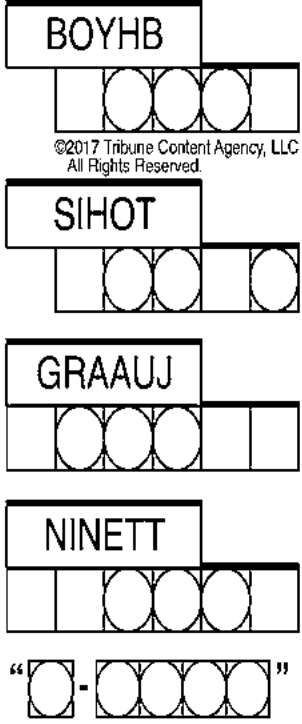


PAR SCORE 265-275
BEST SCORE 361
FIVE RACK TOTAL
TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Banks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players' Dictionary, 5th Edition.

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.



THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



I am a comedic actor born in New York, on September 9, 1966. I broke through in Hollywood working as a comedian. I appeared as a regular cast member on "Saturday Night Live" and became a film star.

7					5			
		5	4	3	6			1
			7			5	8	
							3	5
1		9				6		4
8		4				1		
4			6		3			9
		3	1					6
		7		2	4	3	1	

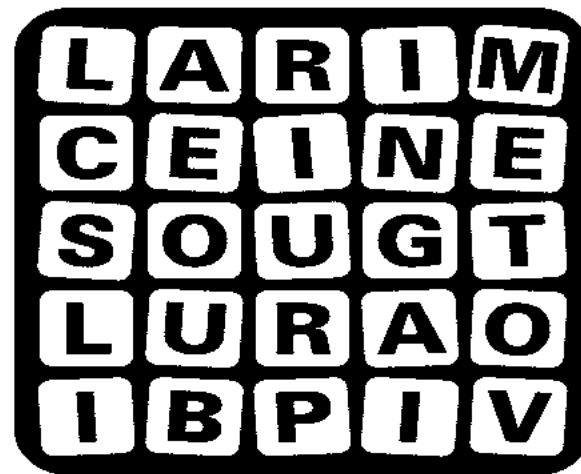


Determine the code to reveal the answer!

D. 12 5 15 3
Clue: The largest organ



By David L. Hoyt and Jeff Knurek



1-17-21

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151+ = Champ
101-150 = Expert
61-100 = Pro
31-60 = Gamer
21-30 = Rookie
11-20 = Amateur
0-10 = Try again

Find SEVEN ZODIAC SIGNS in the grid of letters.

Puzzles & Comics

Answers on page 15

SKIN CONDITIONS WORD SEARCH

Y	L	I	F	O	Z	O	M	N	E	V	S	L	E	O	Y	V	S	H	W
V	V	Y	S	P	A	N	L	E	O	S	R	Z	I	P	A	F	T	S	V
E	I	B	O	R	I	Z	Z	A	L	I	E	D	R	G	R	N	E	C	V
W	T	Y	D	D	R	Z	A	H	C	A	T	L	P	E	R	Y	R	A	G
B	I	P	G	H	E	Y	Z	M	R	C	N	A	U	Z	S	U	O	L	V
E	L	Z	V	B	T	B	Z	A	O	A	S	O	T	T	B	O	I	H	M
C	I	O	Y	W	C	C	L	L	R	N	I	N	M	N	S	F	D	B	H
Z	G	I	B	V	A	N	H	B	M	T	G	C	A	A	E	U	S	S	R
E	O	U	M	V	B	F	F	G	W	V	Y	E	S	D	O	M	P	T	L
M	Z	N	U	V	L	O	I	T	C	H	L	G	R	I	I	R	G	Y	Z
A	S	I	A	G	R	P	S	P	R	G	M	E	S	A	C	D	V	I	P
S	I	S	D	I	L	O	T	A	N	O	S	T	W	A	N	I	N	A	G
W	D	R	A	M	H	E	S	I	Z	S	R	A	M	O	U	L	W	F	C
I	V	N	Y	S	N	Y	H	W	R	V	V	I	S	P	R	V	M	P	C
B	V	A	C	N	E	S	H	I	F	T	O	H	C	B	N	B	M	E	C
N	A	S	N	R	U	B	N	U	S	T	F	N	V	E	T	S	O	G	F
N	T	W	D	R	Y	N	E	S	S	P	O	W	D	Y	A	N	L	C	G
A	T	H	L	E	O	E	R	H	O	O	T	H	S	Z	I	V	E	S	P
C	M	S	E	B	O	R	R	H	E	I	C	H	C		N	R	S	C	L

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ACNE
ATHLETE'S FOOT
BACTERIA
CANDIDA
CARCINOMA
DRYNESS
ECZEMA
HIVES
ITCHY
MELANOMA
MOLES
PIGMENTATION
POISON IVY
PSORIASIS
PUSTULES
RASHES
ROSACEA
SCALY
SEBORRHEIC
SHINGLES
STERIODS
SUNBURN
VITILIGO
WARTS



Community

SUNSHINE CLUB

Protect yourself against scammers

Micki Nozaki from the Senior Medical Patrol will be the Sunshine Club's next speaker on Friday, Sept. 24, at 10 a.m. via Zoom.

Scammers and fraudulent billers are out in full force. Find out why Medicare benefits are at risk and how people can protect themselves from being a victim.

All residents are welcome to join the Zoom meeting at <https://us02web.zoom.us/j/87427954280?pwd=dExQR2dDbkZSbUNkQlVoclhrajFhUT09>. The meeting ID is 874 2795 4280, and the passcode is 080651.

Those who would like to get the Zoom link by email should text their name, Mutual number, and email address to (562) 301-5339 no later than today, Sept. 23, at 5 p.m. (text only, no phone calls).

Nozaki's presentation will discuss how health care fraud and scams can cause harm to a person's Medicare and Medi-Cal. The group will discuss suspicious billing for health care services and supplies, current COVID-19 scams, telemedicine fraud, hospice fraud, and the many other ways in which criminal fraudsters victimize beneficiaries.

For more information, contact Anna Derby at (562) 301-5339.



Micki Nozaki

SENIOR PEACE CLUB

Peaceful demonstration to honor Afghan War troops

The Senior Peace Club's next peaceful demonstration will be held on Wednesday, Sept. 29, from 4:30-5:30 p.m. in front of the Leisure World Globe. This month's theme is honoring all the servicemen and women from the Afghan War and celebrating the long-awaited end of America's longest war.

With all the complaints and second-guessing about how President Joe Biden ended the 20-year war in Afghanistan, one of the most important aspects of the withdrawal, the fact that our troops are no longer there in harm's way, has been pushed to the background.

The club will focus on welcoming home the troops and letting them know that Americans appreciate the huge sacrifices they made in the service of their country.

Signs will be available at the demonstration, but people are encouraged to make and bring their own appropriate signs. All caring and concerned people are welcome to participate.

Does my dog need a flu shot, too?

Did you know that dogs can also get their own version of the flu? Canine influenza (CI), or dog flu, is a highly contagious viral infection. It was discovered in Florida around 2004 among racing greyhounds, and since then two other strands of CI have been discovered (H3N8 and H3N2). However, there has been no evidence that dogs can spread the flu to their owners.

Just like flu that humans are used to, CI is spread through aerosol transmission such as sneezing, barking or coughing. Dogs in close contact with infected dogs in places such as kennels, groomers, day care facilities and shelters are at increased risk of infection. Canine influenza can be spread indirectly through objects such as kennels, food and water bowls, collars, and leashes. It can live on surfaces for up to 48 hours; infected dogs will show signs of infection within 2-3 days.

Like other mammalian influenza viruses, CI causes an acute respiratory infection in dogs. There is no "season" for CI, and infections can occur any time of the year. The infection often resembles canine infectious tracheobronchitis, also known as "kennel cough."

The majority of infected dogs exhibit the mild form of canine influenza. The most common clinical sign is a cough that persists for 10-21 days despite treatment with antibiotics and cough suppressants. Affected dogs may have a soft, moist cough or a dry cough similar to that induced by kennel cough. Nasal and/or ocular discharge, sneezing, lethargy, and anorexia may also be observed.

DOG, page 9

Happy Birthday to You



Paul Navian (above) of Mutual 12 turned 75 on Sept. 1. His family celebrated his birthday with a banner displaying fun facts about his birth year of 1946, when the U.S. President was Harry Truman. Virginia Castellano sends Dick O'Brien (below) happy 97th birthday wishes from her and the entire O'Brien family.



Celebrating a Birthday, Anniversary or Retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: laurieb@lwsb.com
The deadline is the Thursday before the desired publication date.

CAP Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be Oct. 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub).

People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID.

For more information, contact Roberta Arshat in GRF Member Resources at (562) 431-6586, ext. 317, or robertaa@lwsb.com.

Renew Photo IDs at Stock Transfer

GRF members are required to have GRF photo identification cards for access to amenities, all transfers (membership, removing/adding someone on title, replacing lost certificates, etc.), and to be a candidate for GRF and Mutual board representation.

The Stock Transfer Office issues IDs, which expire every five years, on a rotating schedule.

Residents will need to bring their expired ID cards. Expiration dates are located on the right side of ID cards.

No appointment is needed.

People can stop at the Stock Transfer Office on the ground floor of the Administration Building. It's open Monday, Tuesday, Thursday and Friday (closed Wednesdays) from 9 a.m.-4 p.m. Masks are required.

Lost or stolen cards can be replaced by completing a Certificate of Lost ID form in the Stock Transfer Office.

There is a \$20 replacement fee, which can be waived if there is a police report that can be verified by the Stock Transfer Office.

Become a member of the GAF today

The Golden Age Foundation (GAF) is launching the "Give Where You Live" campaign to raise awareness among residents about the value of contributing to the GAF.

Becoming a member is one of the most important ways to contribute to the GAF, which is a nonprofit, charitable organization that has worked to make a positive impact in the Leisure World community since 1973. One hundred percent of membership contributions are used to support programs and projects that benefit the community.

The GAF provides many popular programs in the community, including the Hospitality Center in Clubhouse 6, the Mobility Aids program, document shredding events, income tax preparation and environmental efforts such as the battery and fluorescent bulbs recycling program. All GAF programs are free to Leisure World shareholders.

To meet current costs and to fund future programs that benefit Leisure World residents, the dues structure was changed as of Aug. 1. The non-voting membership cost is \$10. Renewal notices will be sent annually. Prior lifetime memberships will be honored with no renewal. Membership cards will be available on request.

People who want to donate to the GAF can send a check to P.O. Box 2369, Seal Beach, CA, 90740, drop off checks in the metal box mounted to the wall near the Hospitality Center's kitchen counter in Clubhouse 6.

Make check payable to the Golden Age Foundation. The GAF's tax ID is 23-7273105.

For more information, go to [www. GoldenAgeFdn.org](http://www.GoldenAgeFdn.org).



Filipino Association of Leisure World president Renato Villanueva presented a certificate of appreciation to Davidica Sonza (l-r), Annie Andreatta and Myrrha Villanueva for their unsurpassed and dedicated service to the association during the monthly meeting held on Sept. 12.



Sa Yong Ji (l) and LW Korean Community Church Senior Pastor Jang Young Yong

Korean American Senior Association delivers food to local seniors

Sa Yong Ji of Mutual 14 is the president of the Korean American Senior Association of Orange County.

He has worked tirelessly for Leisure World Korean Community Church (LWKCC) and its senior pastor Jang Young Yong and the LW community. Deacon Sa Yong Ji has accepted the role of the Korean American Senior Association of Orange County president for the third time, having previously served in the position from 2005-2006 and 2009-2010 before.

The Korean American Senior Association of Orange County delivered food and presents to local seniors in time for the traditional Korean Thanksgiving. Normally, the association holds a biannual festival during Korean Thanksgiving, but it had to be cancelled due to the pandemic. LWKCC supported the association's cause for celebrating the Korean Thanksgiving, and Pastor Jang Young Yong gave the commencement prayer.

As seen on PBS TV

- Mobility - Strength
- Flexibility - Energy

**Essentrics®
Aging
Backwards**

► **Still Time To Register!** ◀

Call for information: 562-879-1954

**11 Week Class - 1:30 p.m.
Fridays, Sept. 10 through Nov. 11, 2021
Seal Beach Senior Center**

DOG

from page 8

It's important to make an appointment with your veterinarian if you see signs any respiratory infection to get a diagnosis and treatment plan.

If you often take your dog to the groomers, day care, or a kennel while you travel, it might be a good idea to talk to your veterinarian about getting your dog vaccinated against canine

influenza. The vaccine's necessity for your dog is dependent on your dog's lifestyle, including how much expose it has with other dogs and if it has a risk of developing kennel cough.

An Important Message for Dr. Wayne Freeman's LW Patients

As of Oct. 1, 2021, Dr. L. Wayne Freeman will be moving his office to:

Clarity Eye Group
19671 Beach Blvd., Suite 400
Huntington Beach, CA 92648
714-942-4355

Dr. Freeman will be accepting patients with private insurance including Medicare and all PPOs, as well as Memorial Care, Health Net, VSP and Eye Med. Optum/Monarch patients can be seen on a reduced cash-only basis, as Dr. Freeman is no longer an Optum provider.



L.W. Freeman, MD, Inc.
Ophthalmology

Democratic Club

by Mary Larson
LW contributor

Last week, Leisure World residents joined voters from around the state in a resounding victory for Gov. Gavin Newsom in the Republican-initiated recall election. According to the Sept. 15, 5 p.m. report from the Orange County Registrar of Voters, LW Democrats and their supporters cast 486 more “No on the Recall” votes than votes supporting the recall.

A closer look at the available statistics is even more revealing. There are currently 367 more registered Republicans than registered Democrats in Leisure World (2,999 Republicans and 2,632 Democrats). In addition, there are over 1,000 residents who are registered without declaring a party affiliation.

In comparing these Leisure World registration statistics to the actual voting in the Sept. 14 election, it becomes obvious that LW voters not affiliated with either of the two major political papers voted primarily with the Democrats in opposition to the recall of the governor. The 2,802 LW votes cast in support of Gov. Newsom was actually 230 higher than the number of registered

Democrats in the community. In contrast, the 2,316 Leisure World vote in support of the recall was 683 less than the number of registered Republicans.

The recall could end up costing the state of California more than \$300 million, according to the Secretary of State.

...

LW Democratic Club members came together via Zoom for its regularly scheduled monthly meeting on Sept. 15. This meeting—held only one day after the defeat of the efforts to recall the governor—featured a speaker who warned members about another possible recall effort.

During the meeting, Marlys Davidson, president of the Los Alamitos USD School Board, reported that efforts are underway to try to recall three of the board members. If this recall does materialize, it will be on the November 2022 General Election ballot. All costs involved in conducting this recall would have to be paid for by the school district.

Davidson spoke passionately of her concerns about efforts to

recall local school boards and city council members across the nation. She expressed the view that this was a part of a larger plan to get conservative voters vested in coming to the polls in 2022 with the hope of taking back Congress and establishing stronger footholds in states across the nation.

She also outlined events that lead to the Los Alamitos Board unanimously adopting elective ethnic studies for its high school students as well as social justice standards as guideposts for instruction through 12th grade.

The Democratic Club will report further on these issues in subsequent news releases.

...

LW Democrats and supporters who are interested in more in-depth, up-to-date reporting on the issues can subscribe to the club’s electronic newsletter. There is no charge, although readers are also encouraged to join the club if they are not already members. Email democraticclubsblw@gmail.com or call editor Mary Larson at (562) 296-8521 to subscribe.

The LW Weekly
430-0534

Republican Club

By Brian Harmon
LW contributor

Residents have launched an attempt to recall three members of the Los Alamitos United School District Board of Trustees.

Four of the five voting districts (or areas) within the school district include parts of LW. This fact is troubling. The division in districts reduces the chance that LW residents can have any significant effect on school board elections. The voting district map was created by the members of the current school board with the help of election experts.

Another reason cited for the recall is the district implementation of a controversial course on Ethnic Studies. Other residents are concerned about the power that district employee unions have over the policies of the district. These issues will be discussed by the Republican Club in depth as the campaign proceeds.

Three board members that represent LW are subject to recall. They are Chris Forehan (District 2), Scott Fayette (District 4) and Megan Cutuli (District 5). The other two board members cannot be recalled at this time because their terms are up next year.

It only takes 6,000 valid signatures, so the recall election is very likely to take place.

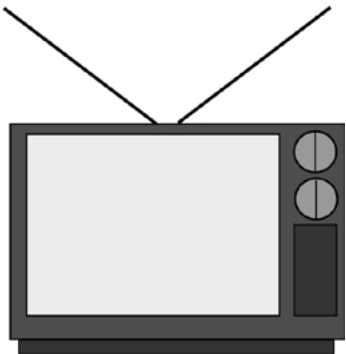
Libertarian Party Club

The Libertarian Party Club is starting at Leisure World. Those who are independent voters and like to vote for the candidate or issues rather than a political party are invited to come and listen to the Libertarian discussions and debates.

Interested LW residents should contact Rodney Schaerer from Mutual 1 by emailing SeeBeyondRodney@Yahoo.com or calling (562) 431-2355. Leave a message, and Rodney will put you on the email list for notifications.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at SBTV3.org.



- Thursday, Sept. 23**
- 4 pm Rollin’ Thunder Parade 2021
 - 4:30 pm LW Special Olympics 2021
 - 4:38 pm LW Sewing Brigade
 - 5 pm Captain Joe Disappears
 - 5:15 pm Maui Swap Meet 2018
 - 5:31 pm LW Shakespeare Sonnets
 - 5:45 pm Alaska/LW Radio Club
 - 6 pm Life and Times in SB: Rich Harbour/Kurt Augsburger
 - 7 pm Vintage Car Cruise
 - 8:30 pm Cerritos Center- Lady Jazz
 - 10 pm Shakespeare in the Park: Cymbeline

- Friday, Sept. 24**
- 4 pm Beginning of Leisure World
 - 4:20 pm Alaska: The Final Frontier
 - 4:30 pm LW Classic Car Parade 2021
 - 5 pm Molokai Trip 2018
 - 5:50 pm Radio Club 2021
 - 6 pm Roy Orbison Tribute 2021
 - 7:30 pm Vintage Car Cruise
 - 8:40 pm LW Sewing Brigade
 - 9 pm Shakespeare in the Park: Othello
 - 10:30 pm Big Bad Voodoo Daddy

- Saturday, Sept. 25**
- 4 pm Maui Swap Meet 2018
 - 4:15 pm Captain Joe Disappears
 - 4:30 pm Rollin’ Thunder Parade 2021
 - 5 pm Molokai Trip 2018
 - 5:45 pm LW Shakespeare Sonnets
 - 6 pm Roy Orbison Tribute 2021
 - 7 pm McGaugh Third Grade Show
 - 8:30 pm LAUSD
 - 11 pm Bob Cole Conservancy

- Sunday, Aug. 26**
- 4 pm Joint Study Session RE: Housing Element 9/20 Replay
 - 5:30 pm McGaugh Pageant of the Arts
 - 7:45 pm Cerritos Center: In the Mood
 - 9 pm Life and Times in SB: Rich Harbour/Kurt Augsburger

- 10:15 pm Cerritos Center: Riders in the Sky
- Monday, Sept. 27**
- 4 pm Molokai Trip 2018
 - 4:45 pm The Street Where I Live
 - 5 pm LW Classic Car Parade 2021
 - 5:30 pm LW Sewing Brigade
 - 6 pm Captain Joe Disappears
 - 6:15 pm Alaska/LW Radio Club
 - 6:30 pm LW Hula/LW Special Olympics
 - 7 pm SB City Council Meeting- LIVE
 - 8:15 pm Terry Otte & Abilene 2021
 - 10 pm Shakespeare in the Park: Taming of the Shrew

- Tuesday, Sept. 28**
- 4 pm Memorial Day 2021
 - 4:40 pm Beginning of Leisure World
 - 5 pm The Street Where I Live/LW Hula 2021
 - 5:30 pm Rollin’ Thunder Parade
 - 6 pm Roy Orbison Tribute 2021
 - 7 pm Vintage Car Cruise
 - 8:15 pm Life and Times in SB: Rich Harbour/Kurt Augsburger
 - 9:30 pm Ford Theater: Big Bad Voodoo Daddy
 - 10 pm Bob Cole Conservancy

- Wednesday, Sept. 29**
- 4 pm Rollin’ Thunder Parade 2021
 - 4:30 pm LW Classic Car Parade 2021
 - 5 pm Molokai Trip 2018
 - 5:45 pm Maui Swap Meet 2018
 - 6 pm The Street Where I Live
 - 6:15 pm Alaska/LW Radio Club
 - 6:30 pm LW Special Olympics
 - 6:40 pm Vintage Car Cruise 2021
 - 7:50 pm LW Shakespeare Sonnets
 - 8 pm Roy Orbison Tribute 2021
 - 9 pm Cerritos Center: In the Mood
 - 11:15 pm Memorial Day 2021

*All programming is subject to change.

OBITUARIES

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**Helen E. Scott
1920-2021**

Helen E. Scott, 101, passed on Aug. 4, 2021 at her home in Mutual 8. She was born in Montreal, Canada, to George and Mary Blampied on Feb. 9, 1920.

She leaves behind her daughter Barbara Miltimore (Dale) of La Plama, California; son Brian (Kathy) of Orange, California; and daughter-in-law Charmaine Scott of Port Orchard, Washington.

Helen was predeceased by her husband, Peter Scott, who passed at their home in LW in 1993, and her son David Scott, of Port Orchard, Washington in 2015.

Helen had five grandchildren, Michael, Chris, Michelle, Jonathan and Stacy; and three step-grandchildren, Matt, Erica and Stacy; along with 14 great-grandchildren.

Helen met Peter in Montreal in 1942 while in the Royal New Zealand Air Force doing advanced training before leaving for World War II in Europe. They were married in 1946 in New Zealand. There, their three children were born, and soon after they moved to Montreal. Then in 1955, the family moved to California, settling in Lakewood, where they spent 28 years. After retiring in 1982, they built a waterfront home on the Puget Sound in Port Orchard, Washington, and lived there until their move to LW in 1991.

Helen had an active life in

LW for the last 28 years, she enjoyed her friends in the British Club, her church, her garden and many other interests. Helen and her late husband, Peter, loved to travel. They saw most of the world over their 46 years together.

A memorial service will be held on Feb. 12, 2022, at 2 p.m. at the First Christian Church in LW, and all of her friends are invited to attend.

...

Harry J. Crozier

Harry J. Crozier passed away on Aug. 21. He was born in Phoenix, Arizona, and earned his bachelor’s and master’s degrees at Arizona State University. He had a long career in the U.S. Air Force, serving as a pilot with 36 missions flown in the European Theater of World War II.

His 33 years in the Air Force also included work as an ROTC pilot instructor in Queens College (New York), a personnel officer in the Korean War, and a transport pilot in the Vietnam War. He flew the last transport plane carrying out Vietnamese refugees at the end of the war, before retiring honorably in 1975 as a lieutenant colonel.

Throughout his life, Harry loved reading at the library; watching/riding trains; and keeping interests in history, avia-



tion and finance. He had a kind, calm and friendly demeanor, with a persistent sense of humor that made him instantly likeable by all who met him.

Harry was a loving and irreplaceable husband and father. He is survived by his wife, Mei; two children; three grandchildren; and two great-grandchildren. He is forever loved and at peace.

Services will be held at Los Angeles National Cemetery on Monday, Sept. 27, at 2 p.m.

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In Memoriam

Jean Foley 64
Jerome Hanning 94
Walter Horrmann 79
Emmanuel Nzeogu 58
Michael Hoffman 61
Valda Lavonne Brandt 93
Lewis Bouldin 56
Harriett Koonce 91
Tha Keo 61
Dolores Dominguez 76

Families assisted by McKenzie Mortuary, (562) 961-9301 —Paid obituary

to place an obituary, email laurieb@lwsb.com or call (562) 430-0534, ext. 801

Arts & Leisure



Eileen Delrosario

The 10-acre Los Ceritos Wetlands includes Zedler Marsh, where volunteers will remove trash.

AQUARIUM OF THE PACIFIC

Habitat restoration event coming Oct. 2

The Aquarium of the Pacific is restarting its monthly habitat restoration event at the Los Cerritos Wetlands. From 10:30 a.m.-12:30 p.m. on the first Saturday of the month, volunteers will collect trash and participate in other activities meant to help restore local wetlands.

The Los Cerritos Wetlands Stewardship Program is working to restore 66 acres of wetlands owned by the Los Cerritos Wetlands Authority. The program's ongoing restorative activities have included removing non-native plants, planting native plants and collecting seeds from rare plants for later use. Restoring local wetlands helps the animals that rely on them for habitat, including

amphibians, reptiles and birds.

The events are led by trained naturalists and local educators, offering an opportunity for people to learn more about the Los Cerritos Wetlands, while getting hands-on involvement with the restoration.

Participants will be greeted on Oct. 2 by Los Cerritos Wetlands staff at the corner of Pacific Coast Highway and 1st Street in Seal Beach. Arriving around 10:15 a.m. is recommended. Everyone is welcome to participate; children under 14 must be accompanied by an adult. Closed-toe shoes are required, and wearing a hat and sunscreen is recommended. Drinking water will be provided, but organizers are asking people

to bring a reusable water bottle, as they want to keep the event free of disposable water bottles.

Volunteers are eligible to win a free ticket to the Aquarium and other prizes. Home to more than 12,000 animals, Aquarium exhibits include "Shark Lagoon," "The June Keyes Penguin Habitat," "Pacific Visions" and "The Coral Reefs: Nature's Underwater Cities." It also offers a variety of educational events, including lectures from guest speakers.

The next habitat restoration events at the Los Cerritos Wetlands are scheduled for Nov. 6 and Dec. 4.

Registration is not required for this free event. For more information, email iwanttohelp@tidalinfluence.com.



The Doo Wop Club is preparing its "American Bandstand"-themed show, to be presented at 6:30 p.m. on Oct. 9 in Clubhouse 2. The performance features Rick Riley (standing, 1 to r), Frank Destra, Ellen Brannigan, Josie DelPino, Jackie Hildebrant, Lu DeSantis, Ken Notorleva, Claudio Gonzalez, Vinny Correnti, Sally Glausser, Erika Greenwood, Susan Kelleghan, Carmen Edwards and Ben Berg, plus Martha Destra (seated, 1 to r), Tosca Lies, Tillie Stiehr and Ric Dizon. (Not pictured: Bev Adams and Irene Chapnick.)

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

Invitation to a Walk

Oh, come with me to take a walk
Along a trail in live oak woods.

Perchance we'll spy a red-tailed hawk
Or charm ground squirrels that stop to gawk.

We'll pause by streams where mallards flock
and red-eared turtles sun on rock.

We'll watch as dragonfly nymphs perform
Like minute dancers in summer stock.

Oh, come with me to take a walk.
Nature's waiting. We'll stroll and talk.

—Ethel I. Carter

Friends of the Library

The Friends of the LW Library bookstore will reopen the week of Oct. 4, in time for holiday shopping.

The hours will be: Mondays from 9:30 a.m.-3:30 p.m., Fridays from 9:30 a.m.-3:30 p.m. and Saturdays from 9:30 a.m.-12:30 p.m.



Mutual 1 residents Debbi Fudge (l) and Dori Campbell attended the Pacific Symphony's 9/11 tribute performance at the open-air Pacific Amphitheatre on the Orange County Fairgrounds. The evening began with the Huntington Beach Concert Band providing entertainment on the Plaza Pacifica. The chief of the Orange County Fire Authority gave a remembrance that included slides of 9/11. The symphony's concert included a choral performance, plus numbers from Tchaikovsky, John Williams, Stephen Paulus, Irving Berlin and Rachmaninoff, featuring internationally acclaimed pianist George Li. Tchaikovsky's "1812 Overture," complete with cannons and fireworks, capped the night.

Restaurant Reviews

LW residents are invited to submit reviews of their favorite eateries for publication in the LW Weekly. Include your name, Mutual and telephone numbers. The reviews are subject to editing and will run as space allows. Email submissions to pattym@lwsb.com.



Jojo Weingart

Lori Chamberlain and Betty Vander Wal of Mutual 11 recently organized a party in their neighborhood for six birthday ladies: Joan Busche, Marlene Gardner, Susan Hogan, Becky Nakasue, Diane Rosado and Regina Singh, ranging in age from 64 to 80. Hui O Hula dancers helped them celebrate with a Hawaiian dance. Phil Mandeville (l) dances with the group after giving a pule/prayer. Chamberlain (next to Mandeville) says she appreciates the opportunity to wish her friends and neighbors aloha, especially during this difficult time. After the entertainment, a spread was put out for all to enjoy. The club wishes mahalo to Chamberlain and Kaye Huff (second from right) for their great organizational skills. Hui O Hula are always happy to volunteer their time. Everyone is welcome, regardless of skill level, to join Hawaiian dance lessons at Veterans Plaza on Tuesday and Thursday at 1 p.m. Call (562) 431-2242 or email Jojo@HuiOHula.com for performance or class information.

Women’s Golf Club

The first round of the president’s two-week tournament was played on Sept. 14. Fifty-six golfers competed for low gross, low net and birdies. Fifteen golfers scored 19 birdies, and one golfer made three birdies.

The flight winners were:
Flight A: Low gross: Devora Kim, 25; low net: Janice Turner, 23; birdies: Sandy Derouin (holes 3 and 8), Linda Herman (hole 6), Devora Kim (holes 2, 6 and 8), Hae Lee (hole 2) and Karen Mendon (hole 6).

Flight B: Low gross: Myung Kim, 29; low net: Helen Yoon, 22; birdies: Sang An (hole 1), Jee Choi (hole 2), Myung Kim (hole 6) and Young Yoon (holes 6 and 8).

Flight C: Low gross: tie between Veronica Chang and Chong Hee Kim, 31; low net: Laura Garcia, 23; birdies: Veronica Chang (hole 9), Laura Garcia (hole 2), Chong Hee Kim (hole 9), Melinda Lee (hole 7) and Sun Lee (hole 5).

Flight D: Low gross: Angela Song, 32; low net: Mary Devlin, 23; birdie: Soo Kim, hole 8.
—Dale Quinn

Pool Tournament

The eight-ball pool tournament held Sept. 15 in Clubhouse 2 drew 24 players. To make the competition more competitive, and so a very skilled player wouldn’t run the table, stronger players draw names for partners and alternate shots. The idea worked well because games were generally very close.

Each of the 12 teams team played five games. After three rounds, three teams had three wins: Gary Monahan and Bob Gronkie, Ruffy Ramos and Sandy Bird, and Connie Terry and Dave Silva. Ramos and Bird lost game four, while the other two teams remained undefeated. However, Ramos and Bird made a comeback, winning the last game with the other two teams lost. So, the three top teams split the prize money evenly.

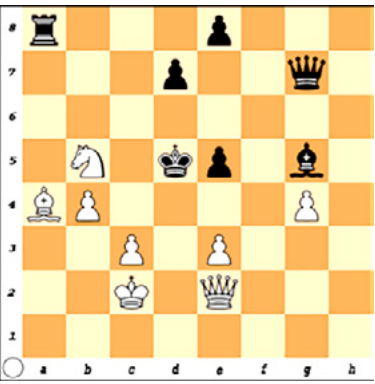
The next open tournament is slated for Oct. 20 at 6:30 p.m. in Clubhouse 2. Teams will play 369, a form of nine-ball, and will alternate play between those two games on the third Wednesday of each month. The entry fee is \$3, all of which goes toward prize money.

Chess Club

This week’s puzzle is checkmate in three moves. White moves first. Any answer by Black, and White’s third move is checkmate.

The solution to this week’s puzzle: The first move is Qc4. The White queen moves from e2 to c4, the Black knight to Kc4, then White pawn to e4. Black rook moves to a4; the next move by White is checkmate.

The Chess Club meets under the umbrella behind Clubhouse 3 from 1-6 p.m. on Fridays, weather permitting.



Bocce Ball

Bocce Ball was approved to become a LW club by the Recreation Committee on Aug. 30. Thanks to all who expressed an interest in forming the club.

The first organizational meeting has been scheduled for Oct. 9 at 10 a.m. in Mission Park. All players should attend and bring their own chairs. The purpose of this meeting is to nominate for and vote on the board of directors (i.e., president, vice president, secretary, treasurer).

The drafted bylaws will also be reviewed, voted upon and approved at the meeting. Players are encouraged to bring their notes and/or a copy of the bylaws, which were sent via email to those who attended the Aug. 7 event. Any bocce player who has not received a copy of the bylaws should contact Kathy Russell at (949) 293-7517.

The preliminary days of play, when tournaments dates are established, will be announced.

Bunco Club

The LW Bunco Club meets on the second and fourth Mondays of the month. Anyone who wants to play is welcome to join the group on Sept. 27 in Clubhouse 3, Room 1, starting at 6 p.m. sharp. There is a halftime social for all. Contact Gail Levitt at (562) 596-1346 with any questions.

The winners from the Sept. 13 meeting are as follows:

- Most Buncos:** Marianne Mathers and Franca Zeske
- Most Wins:** Nicole Kluever
- Most Babies:** Evelyn Jarland
- Most Losses:** Christine Muhlen
- Door Prize:** Dee Vasquez



Tino Tupas

Community Karaoke

Crooner Tino Tupas returned from vacation this week. He’s been coming to Community Karaoke parties for many, many years, and everyone enjoys his smooth, pleasant renditions of old-time ballads, including his choice on Sept. 15, “Traveling Man.”

David Noble suggested a theme song for the group should be “Welcome to My Leisure World world.” Danna Sanders, who is new to the LW stage, did a fine job on Shania Twain’s “I’m Outta Here.” Richard Yokomi stepped up the tempo with the catchy “You Got It.” Shannon Harrishad fun with “Splish Splash,” and Barbie May performed the country tune “Bed of Roses.”

Duets are so much fun, as singers try to harmonize and time it just right. Folks who entertained included Kenny Nortorleva, Susan Kelleghen, Eileen Merritt, Bob Barnum, Martin Rosendaal, Anna Le, Ric Dizon, Vita Villamor, Julie Nulad and Vinny Correnti.

The club thanks Alanna Eaby for her tasty treats. And the ice cream bars were a nice surprise.

Monday afternoon practice sessions in Clubhouse 6 can help for singers trying perfect their songs. It’s a fast-paced, casual atmosphere to try an unfamiliar tune from 1-3 p.m.

Karaoke parties are every Wednesday in Clubhouse 1 beginning at 5:30 p.m. All are welcome to sing or just enjoy the evening with friends and neighbors.
—Margie Thompson

Christine Cohen

Genealogy Club

Christine Cohen will be the featured speaker at the Sept. 29 meeting of the LWSB Genealogy Club.

Cohen is a longtime member of the Whittier Area Genealogical Society (WAGS) and has served in many capacities. In addition to WAGS, she is also a member of the El Redondo Chapter of the Daughters of the American Revolution, the Society of Daughters of Holland Dames and the Association of Professional Genealogists. The native Californian graduated from UCLA with a degree in political science and has worked for Vitol Aviation Company since 1993.

Tune in virtually on Zoom prior to 10 a.m. for this informative and helpful presentation, “Reading the Instructions and Details in the U.S. Census—You May be Missing.”

To access the meeting link, email the LWSB Genealogy Club at lwgenealogy@gmail.com.

For further information, contact Mary Romero at (562) 810-4266.

Guys & Gals Tournament

The Sept. 15 Leisure World Guys & Gals Tournament was played at the Turtle Lake Golf Course. Three flights of a one-man-and-one-woman team participated for best net scores, four circle holes (within a 5-foot circle), and two closest-to-the-pin challenges.

A total of 31 teams participated through the early morning and into the afternoon. The greens and fairways are in very good condition, but the tee boxes remain in poor shape, with very low or little growth, more than a few bare spots, some wetness and numerous unrepaired divots. This causes higher scores, as tee shots are erratic because of little grass and a lot of dirt showing on the tee boxes.

The weather was comfortable and lamentably windless. The sun decided to make an appearance in the early afternoon, and so the heat rose slightly as the day wore on. With the cooler weather and fair overall course conditions, 26 of the 31 rounds were net at or below par. There were five circle hole winners.

A Flight encompasses golfers with handicaps of 0-10; B Flight, 11-13; and C Flight, 14-18. All scores below are net (gross score minus handicap).

A Flight Winners: First place: Paul Alloway and Ann Tran, a very good 8 under 45; second: tie between Gene Archambault and Stella Yoon and Dong Kim and Devora

GOLF, page 16

Club news? Send it to pattym@lwsb.com

Grab ’n’ Go Meals

All Grab ’n’ Go events take place rain or shine in the Clubhouse 6 Parking Lot. Masks are highly recommended. Vendors are subject to change; watch for LW Live! alerts. (To sign up for LW Live, go to www.lwsb.com/lw-live-sign-up.) For more information or to offer feedback, call (562) 431-6586, ext. 398. On-call bus service is available weekdays from 4:30 p.m., when regular service ends; weekends are on-call at any time. Call (562) 431-6586, ext. 379. The schedule below is for Sept. 9-15.

- Thursday:** Domino’s Pizza—call ahead for special orders, wings and salads offered, 3:30-7 p.m., cash/cards, (562) 493-2212.
- Tuesday:** Taco Tuesday—Mexican favorites, plus hot dogs, burgers and fries, 5-7 p.m., cash/cards, no preorders.

Health & Fitness



All that hard bicycle riding warrants a happy hour celebration at the Crab Pot in Long Beach, where 21 LWers gathered for relaxation and socialization. Join the LW Bicyclists on Sundays, Mondays, Wednesdays and Fridays at the North Gate at 9 a.m. for trips to Long Beach, Huntington Beach, Eldorado Golf Course and other destinations. Helmets and safe shoes are a must. Call Mary Romero at (562) 810-4266 for further details.



Should you get a flu shot?

By Carson Blomquist
OptumCare

This has been a tough and unpredictable year, but if there is one constant, it is flu season. And that season is just around the corner. With the pandemic not quite over and surges in COVID cases because of new variants, getting a flu shot is particularly important this year.

There are a lot of questions about the flu shot. Here are some healthcare professionals hear the most.

"I'm healthy. I don't need a flu shot." Being healthy is all the more reason to get a flu shot. If you get the virus, you may not have many symptoms, but that doesn't mean you can't spread it to others. The flu shot doesn't just protect you; it also protects your loved ones.

"I never leave home. Why should I bother with the flu shot?" These days, we can get almost everything delivered to us: groceries, takeout, medications and more. We wear masks in public and keep our distance from others. And we're being extra cautious by spending time with loved ones through virtual calls. Even with all these precautions, it doesn't take much for the flu virus to spread. Consider the flu shot an extra dose of protection.

"I saw something on Facebook about vaccines being unsafe." Facebook is a fun way to connect with other people. It can also be a spreader of incorrect information. If you're not sure if the flu shot is right for you, ask your doctor. They know your medical history and can help

you make the right choice for your needs.

"I have a lot of health conditions. Is the flu shot safe for me?" The flu can make other conditions, such as diabetes and heart disease, much worse. Protecting yourself against the flu means managing your current conditions. It also means talking to your doctor. That may not be the answer you want to hear, but your doctor really does know best. They can listen to your concerns and help you come up with ways to stay safe.

"Is it safe to get the flu shot during the pandemic?" COVID and influenza—what a scary time! You can do your part to be safe—and keep others safe—by getting your flu shot. It's especially important this year since these are both respiratory viruses. The flu vaccine doesn't protect against COVID, but it's a way to keep yourself protected from another dangerous virus.

"Can I get my COVID vaccine and flu vaccine at the same time?" The CDC has stated it is safe to get both vaccines at the same time (www.cdc.gov/flu). Not sure if either or both vaccines are right for you? Talk to your primary care doctor. They know your unique health needs and can help you make the best decision.

"Is there a high-dose flu vaccine this year?" The regular flu vaccine is a lot stronger this year. It's also not made with eggs, which is good news if you have an allergy to eggs.

See story on page 1 for more information on the Flu Shot Clinic.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Sept. 23: Chicken chop suey, brown and wild rice, and Oriental vegetables; cantaloupe; ham-and-cheese deli sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.

Friday, Sept. 24: Beef stew with potatoes, celery, carrots and onions, plus a biscuit; fresh

orange; entrée Greek chicken salad, with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.

Monday, Sept. 27: Oven-baked herbed chicken breast with cream gravy, barley pilaf, and mixed vegetables; peaches; chicken salad sandwich, with spinach and tomato, plus marinated beet-and-onion salad.

Tuesday, Sept. 28: Pork loin with apple-berry sauce, seasoned potato wedges, and peas and onions; chocolate pudding; Chinese chicken salad, with mandarin oranges, cabbage, carrots, onion and Asian dressing, plus crackers.

Wednesday, Sept. 29: Salisbury steak with mushroom gravy, garlic-and-chive mashed potatoes, and seasoned broccoli; baked apple with granola; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus carrot-and-raisin salad.

Ballet Fitness

Instructor Mel Locket invites all to "belly up to the barre" upstairs at Clubhouse 6 for ballet dancing every Saturday at 1:30 p.m. Cores will be engaged while dancers practice small range-of-motion movements to gain strength and flexibility. Dress comfortably and bring soft shoes such as ballet slippers or socks. For more information, call (562) 252-9676.

Medical Qigong

Medical Qigong class, led by instructor George Stennman, meets Saturdays at 10 a.m. in the Clubhouse 3 Lobby. The club charges \$3 per class or \$10 per month. For more information, call Kathy Moran at (562) 596-0450.

Yoga Outdoors

Every Tuesday from 10:15 a.m.-11:15 a.m., Travis Ott-Conn teaches Yoga for Mobility in Veterans Plaza. Text or call Connie Adkins at (562) 506-5063 for more information.



Join the party, dancing and exercising to the different rhythms of salsa, merengue, cumbia, bachata, cha cha, hip-hop, Bollywood, jazz and pop. The Zumba Club meets at Veterans

Plaza on Wednesdays from 4:30-5:30 p.m. and on Fridays from 8:30-9:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446 or Mary Romero at (562) 431-0082.

Religion



Members of LW Hanin Church enjoyed a time of fellowship together at the Jujube Farm in San Bernardino.

LW Hanin Church

Members of LW Hanin Church believe that the triune God, revealed in Scripture, is alone worthy of worship. Members also believe that God has created people in his image, thereby making communication and relationship with him possible and natural.

As reformed Christians who emphasize the lordship of Christ over all of life, LW Hanin Church appreciates that worship is not

limited to a couple of hours on Sunday. The Bible also speaks more narrowly of what we might call the official, public worship of the gathered community.

LW Hanin Church meets in Clubhouse 3, Room 4, at 10:30 a.m. each Sunday. All are welcome to attend the service, which will have a traditional hymnal and lunch served after worship. The Open Bible College is held each Thursday at 10 a.m. in Clubhouse

3, Room 4. Whether someone is new to LW Hanin Church or has been attending for years, all are welcome to join.

Those who are in pastoral need or have prayer requests can call Pastor Han at (310) 748-2595 or email yongkhan@hotmail.com. Abiding by the most recent LW COVID-19 prevention regulations, everyone attending the meetings is required to wear a mask.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors.

Message

After Jesus' resurrection, he met his disciples in Galilee and said, "All authority has been given to me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father, the Son and the Holy Spirit, teaching them that I commanded you and I am always with you to the end of the

age" (Matthew 28:20). This message has become known as the "Great Commission."

In John 14:16, the Holy Spirit is described as a helper, comforter and intercessor. Galatians 5:22 says that the fruit—or result—of fellowship with the Holy Spirit is joy, peace, patience, kindness, faithfulness, gentleness and self-control.

The gift of the Holy Spirit is an invaluable asset to believers. Based on the Great Commission, believers are asked to share the gift of the Holy Spirit through belief in

Jesus Christ with the entire world.

Scripture of the Week

"I have become a marvel to many, for you are my strong refuge. My mouth is filled with your praise and with your glory all day long" (Psalm 70:7-8).

Services

All First Christian services, Bible studies and prayer meetings are suspended at this time.

Announcements

Those who want to speak to someone at the church or have a need can call (562) 431-8810 and leave a message.

Assembly of God

Anything from a promotion or an expected baby to something more simple, such as a sale at the market, is news that people can't wait to share. How much more urgency should believers feel about sharing that Christ is the answer for a weary world?

In Acts 1:8, just before Jesus ascends to heaven, he promises, "You will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere in

Jerusalem, throughout Judea, in Samaria, and to the ends of the Earth." God gives his followers power to carry the message of salvation to the world.

Pastor Chuck Franco will preach a message titled "The Power of God" on Sunday, Sept. 26, in Clubhouse 3, Room 2, at 10:30 a.m. The Wednesday Bible study group meets at 10 a.m. in Clubhouse 3, Room 2.

Leisure World Assembly of God continues to meet in person,

and asks everyone to wear a mask and practice social distancing. Those who want to stay home can receive a DVD of the service to view during the week.

Those who are interested in receiving a DVD or would like more information can contact Pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing lwagpastorc@lwassemblyofgod.com. Prayer team leader Carolyn van Aalst is available at (562) 343-8424.

Congregation Sholom

Congregation Sholom will conduct services on Friday, Sept. 24, at 6:30 p.m. and Saturday, Sept. 25, at 9:30 with Rabbi Dangott via Zoom. Services for Simchat Torah/Shemini Atzeret, which include Yiskor, will be held on Wednesday, Sept. 29, at 9:30 a.m. and led by Rabbi Mike Mymon via Zoom.

New members who want to watch the livestream should contact Jeff Sacks to receive a Zoom invitation. Text Jeff at (714) 642-

0122, or email him at jfsacks@gmail.com. The link will have the meeting ID and password embedded. Those who want more details or need to practice can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429, and the passcode is 8ZYy69.

The walking group meets every Monday and Wednesday at 6 p.m. Clubhouse 3, Bus Stop A.

Those who need to be added or removed from the misheberach list should let Darlene Rose know by Wednesday at (562) 347-8088.

Those who want to participate in games, book club or livestream services should call Jeff.

Those who want to join the congregation should let Howard Brass know at (562) 794-9090.

Beit HaLev

Beit HaLev's High Holy Days continue to be livestreamed on Facebook and Zoom. Sh'mini Atzeret/Simchat Torah will be held on Tuesday, Sept. 28, at 10:30 a.m.

The Sim Shalom Ma'ariv livestream service with Rabbi Galit-Shirah is every Thursday at 4 p.m. The Beit HaLev/Shabbat Shalom LIVE! livestream services are every Friday at 6 p.m. and Saturday at 10:30 a.m.

Saturday, Sept. 25, is "Chol HaMo'ed Sukkot Shabbat" (Shabbat for the Intermediary [5th] Day of Sukkot). The reading from the Torah is from Exodus 33:12-34:26. Moshe asks, "Oh, let me behold your face!" and the Creator tells him that he/she will place him in the cleft of a rock and pass before him so that he may see only his back because no human may see the divine's face and live.

All services use the special prayerbooks, "Lev L'Lev," which were adapted and abridged for Beit HaLev's online services from the Reform Machzorim, "Mishkan HaNefesh," and the Reform Siddur, "Mishkan HaT'filah." Printed versions of the prayerbooks will be available at the in-person Shabbat services.

Live, in-person Shabbat services will be held once a month on the first Friday of the month, beginning Oct. 1 at 6 p.m. in Clubhouse 3, Room 4.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com.

Faith Christian Assembly

In Matthew 6:31-33, Jesus tells believers what they should do when fear and doubt begin to overwhelm them: "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly father already knows all your needs. Seek the kingdom of God above all else, and live righteously, and he will give you everything you need." Start seeking the kingdom of God by reading the Bible daily and entering fellowship with other seekers.

Faith Christian Assembly is a Bible-based church that is full of praying, caring and friendly people who are seeking the kingdom of God. The Sunday services are 10:30 a.m. and 5:30 p.m. The midweek Bible study meets Wednesdays at 11 a.m. The Grief Share meets every Wednesday at 5:30 p.m. in the Garden Room.

To receive a free newsletter or more information on the church, call (562) 598-9010 or visit www.FCAchurch.net.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the 26th Sunday in Ordinary Time on Sept. 25. The first reading is from Numbers 11:25-29, and the second reading is from James 5:1-6. The Gospel reading is from Mark 9:38-43, 45, 47-48.

Masses

To receive a copy of the weekly parish bulletin, sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>. Visit the website for more information at www.holyfamilysb.com.

Father Joseph Son Nguyen suggests that people wear masks while inside the church. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

LW Baptist

LW Baptist will meet on Sunday, Sept. 26, at 10 a.m. in Clubhouse 4, following Sunday school at 9:15.

Luke chapter 16 records Jesus' story of the shrewd manager. The Bible says to whom much is given, much is required. Believers are to be good stewards of the manifold grace of God. God holds people eternally accountable for using their trusts, including money, and their eternal soul. Believers should ask what have they done with God's word and the people he placed in their life as Andrae Crouch expressed it, "All that I am and ever hope to be, I owe it all to you." Believers are to use all they have to serve God and further his kingdom.

The women's study meets Mondays at 10 a.m. in Clubhouse 3, Room 6. The Wednesday Energizers group meets at 3 p.m. in Clubhouse 3, Room 1. For more information, call (562) 430-2920.

Redeemer Lutheran

"Reviving Your Soul" is the focus of the Psalm this week for Redeemer Lutheran: "The law of the Lord is perfect, it revives the soul!" (Psalm 19:7-14).

Redeemer Lutheran's outdoor service on Sundays begin at 9:30 a.m. on the southern side of the building. The main service is held inside the stained-glass sanctuary at 10:30 a.m. Both services are accompanied by organ music and Communion. Masks and social distancing is practiced at both services.



On Sept. 11, LW Korean Community Church (LWKCC) had an early morning worship in Seal Beach. Following the social distancing guidelines within Leisure World, there have been no inside worship services for the last few weeks. Instead, early morning worship services were held in Seal Beach at 6:10, with series of sermons titled "God's Promise." In this photo, LWKCC alumni are praying for the country on the 20th anniversary of the 9/11 terrorist attacks.

Community Church

Community Church will conclude its series on what it means to “do church” this Sunday, Sept. 26.

Last week, the church looked at what most people think about church worship, including preconceived notions, people's expectations and the expectations of Jesus. This week, the message will conclude by looking at acts

of worship.

Community Church is a place where everything is designed with the first-time participant in mind. Those who have not felt welcome in church or have never participated in church before are welcome to attend.

As the pandemic continues to evolve, the church has returned

to virtual worship on Zoom and Facebook. The facebook page is @ *CommunityChurchLeisure World*. Contact the church office by calling (562) 431-2503 or emailing *leisurewccsue@yahoo.com* to receive the Zoom link.

Those in need of assistance
can call the church office at (562)
431-2503.

Church of Jesus Christ of Latter-day Saints

Latter-day Saints know the story of the persecution inflicted on the early members of the church. The beloved hymn, “Come, Come, Ye Saints” that speaks to the struggles.

While reflecting on the words to the hymn, Rev. Amos C. Brown, pastor of the Third Baptist Church of San Francisco, stated, “The Church of Jesus Christ of Latter-day Saints went through struggle. Your congregation did not rest in the ruins of oppression. It struggled to soar above the persecution that was inflicted by persons who didn’t like you because you were different. But the prophets kept saying, ‘Come, come, ye Saints, no toil nor labor fear.’”

Latter-day Saint leaders, including President Russell M. Nelson, are working closely with the National Association for the Advancement of Colored People (NAACP) to promote civility and collaboration on educational and humanitarian projects. Members of the church are invited to serve alongside friends of other faiths to act for the benefit of all who suffer from and are subject to bigotry, hatred, violence and repression. As Latter-day Saints actively carry the love of God in their hearts and show that love through service, it builds unity in the community, as well as a more caring and loving society.

For more on the interview with Brown, read the September issue of the *Liahona*, or read it online at Liahona.ChurchofJesusChrist.org.

Los Altos Methodist Church Craft Fair

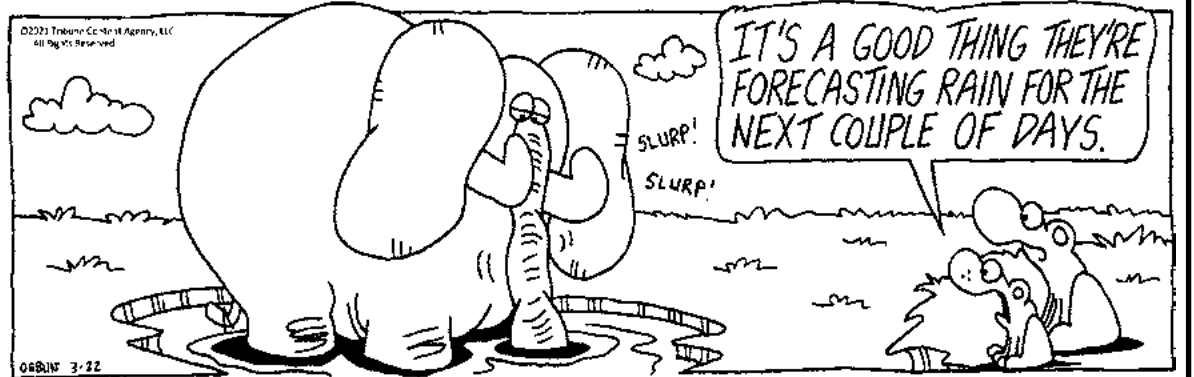
The Los Altos United Methodist Church will host a craft fair on Saturday, Oct. 2, from 10 a.m.-3 p.m. at 5950 E. Willow St., Long Beach. The event is sponsored by the United Methodist Women and will benefit the church mission programs.

People will be able to browse the wares of a variety of vendors and pick up unique gifts for themselves, friends and family. Live music will be provided. Food and beverages will be available.

For more information, call (714) 585-8217 or email LAUMCW-craftfaire@gmail.com.

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

7	9	1	2	8	5	4	6	3
2	8	5	4	3	6	9	7	1
3	4	6	7	1	9	5	8	2
6	7	2	9	4	1	8	3	5
1	3	9	8	5	7	6	2	4
8	5	4	3	6	2	1	9	7
4	1	8	6	7	3	2	5	9
5	2	3	1	9	8	7	4	6
9	6	7	5	2	4	3	1	8

Guess Who?
Adam Sandler

Crypto Fun Answers

A. pimple B. redness C. irritation D. skin

Boggle BrainBusters Answers

LEO VIRGO LIBRA ARIES TAURUS GEMINI SCORPIO

Word-Find Answers

[illegible]

SCRABBLE G|R|A|M|S SOLUTION

E ₁	F ₄	F ₄	A ₁	B ₃	L ₁	E ₁	RACK 1 =	<u>65</u>
M ₃	A ₁	D ₂	E ₁	I ₁	R ₁	A ₁	RACK 2 =	<u>60</u>
F ₄	E ₁	R ₁	M ₃	I ₁	O ₁	N ₁	RACK 3 =	<u>66</u>
G ₂	A ₁	B ₃	F ₄	E ₁	S ₁	T ₁	RACK 4 =	<u>63</u>
H ₄	A ₁	L ₁	F ₄	W ₄	A ₁	Y ₄	RACK 5 =	<u>107</u>
PAR SCORE 265-275							TOTAL	<u>361</u>

Crossword Answers

S	A	H	A	R	A		C	U	L	P	A		A	H	O	Y		A	M	O		
O	P	E	N	E	D		O	N	I	O	N		R	A	R	E		L	A	P		
F	E	E	D	T	H	E	K	I	T	T	Y		S	T	R	A	I	G	H	T		
A	X	L	E		E	L	E	C	T			L	O	S			S	T	O	L	E	
		S	E	R	F		O	L	E	F	I	N			S	T	A	R	E	D		
A	F	F	I	N	E		D	R	E	X	E	L				M	I	L	E	R		
P	O	U	T	S		C	A	N	C	E	L		S	E	A	L	Y					
S	O	L	E		E	L	M		A	S	T	U	T	E	L	Y		B	Y	E		
E	L	L		C	L	A	N	G	S			N	U	L	L		C	L	O	D		
		H	O	O	K	Y		L	I	N	D	E	N	S			S	H	A	R	D	
A	T	O	L	L	S		P	U	N	I	E	S	T		S	T	I	C	K	Y		
C	O	U	L	D		P	O	T	O	M	A	C		F	L	A	C	K				
R	O	S	A		D	O	L	E			D	O	U	R	E		M	A	N	A		
E	K	E		M	I	L	L	I	R	E	M		G	O	D							
			C	E	R	E	S		O	R	A	C	L	E		P	A	C	T	S		
	S	T	U	N	G			M	A	I	N	L	Y		H	A	N	K	I	E		
S	P	A	R	S	E		T	E	R	E	S	A		W	A	N	D					
I	O	N	I	C		M	A	R			H	I	R	E	R		A	B	A	S		
N	I	N	E		H	I	G	H		D	I	A	M	O	N	D		F	L	U	S	H
A	L	E		E	L	M	O			A	N	N	E	S			U	R	A	N	I	A
I	S	R		N	O	T	E			B	A	D	D	Y			P	A	Y	D	A	Y

Sudoku 1 Answers

6	4	7	5	2	8	3	1	9
8	9	2	1	7	3	6	4	5
1	3	5	6	4	9	7	2	8
4	8	3	9	5	2	1	6	7
2	1	9	3	6	7	8	5	4
5	7	6	4	8	1	9	3	2
3	2	4	7	9	6	5	8	1
7	5	1	8	3	4	2	9	6
9	6	8	2	1	5	4	7	3

The Basic Rules of Sudoku:

- There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
- When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

: HOBBY HOIST JAGUAR INTENT
The boxing match hadn't started yet, but it
was — "A-BOUT" TO BEGIN



Daisy Ramon dances the "Tennessee Waltz" with the Joyful Line Dance class, which meets every Wednesday at Veterans Plaza at 10 a.m. Classes are currently limited to first come, first served for 32 members and held outdoors because of the increase in COVID cases in the community. Masks and exercise shoes are mandatory. For more information, send a text to (562) 301-5339.

Creative Writers Club

The September meeting of the Creative Writers Club has been cancelled because of Covid concerns. Members are encouraged to keep writing. Let creativity flow—but you must open the faucet!
—Fred Wind

GOLF from page 12

Kim, a nice 7 under 47; third: tie between Bob Turner and Janice Turner and Steven Walker and Yvonne Yim, a fine 6 under 48; fourth: tie between Bill Lyons and Karen Mendon and Jae H. Lee and Sun Lee, a well-played 5 under 49.

B Flight Winners: First place: Steve Ro and Elizabeth Butterfield, a terrific 7 under 47; second: Jae Kim and Myung Kim, a marvelous 6 under 48; third: Bill McKusky and Joyce Basch, a very good 5 under 49; fourth: Hyon Shin and Sang An, a great 4 under 50.

C Flight Winners: First place: Youn Lee and Melinda Lee, a remarkable 8 under 46; second: Pat Paternoster and Alison Kim, a terrific 7 under 47; third: Paul Shellenberger and Sally Park, a great 5 under 49; fourth: tie between James Farr and Neva Senske, Rolando Ramirez and Laura Garcia, Dennis Jensen and Marilyn Hewitt, and Joe DiDonato and Sandra deDubovay, a super 3 under 51.

Closest to the pin on the par-3 eighth hole were Steve Walker and Joann Lim, while on the par-3 17th hole, it was Jae H. Lee and Karen Mendon.

The next Guys & Gals Tournament will be Sept. 29. If you are scheduled to play (check clubhouse bulletin board) and cannot, contact Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as you know.
—Dave LaCascia



It's almost time for ghosts and goblins to appear on doors and patios, as well as living rooms, throughout Leisure World. Send photos of your spooktacular scenes to pattym@lwsb.com by Oct. 21 for possible inclusion in the Oct. 28 issue.

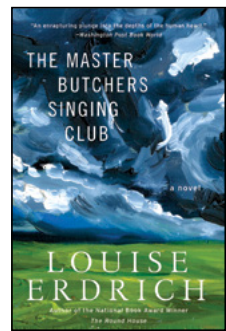
Book Club

The LWSB Book Club held its Sept. 16 meeting via Zoom, with seven members discussing "The Little Guide to Your Well-Read Life," by Steve Leveen, and "The Master Butchers Singing Club," by Louise Erdrich.

The next meeting will be Oct. 21. All vaccinated members are invited to Clubhouse 3, Room 7 from 1-3 p.m. If the circumstances with regard to COVID demand it, the meeting will be held via Zoom instead.

The October nonfiction selec-

tion is "Einstein and the Rabbi: Searching for the Soul," by Naomi Levy. The November fiction book



will be a novel of each member's own choosing. The December nonfiction book is "The Wright Brothers," by David McCullough.

Anyone with questions, comments, concerns or suggestions regarding the club should contact Thomas Gan, club president, at gltjiiook@gmail.com or (562) 248-8711 (leave a message).
—Pamela Emmons

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LETTERS
from page 4

further hate and division by putting up a sign in the Clubhouse 6 parking lot that suggests that if you are a Democrat, you have no values and don't believe in God. There are so many things wrong with that sentence, the first being the implication that if you don't believe what it believes, you are liberal and godless.

This is America; people are allowed to have different viewpoints. When did it become a patriotic banner to goosestep and all fall in line behind a single thought (didn't we fight a war to end that kind of thinking)?

A sign like that is offensive and needs to be taken down, as it is a violation of our code of conduct, and by having it in a public common area, it implies that those are the views of GRF because they let it stand.

Free speech is always allowed, but you can't yell "fire" in a crowded theater nor should you be able to spew unfounded lies and hate under the pretense of being a political sign

Republicans, rather than trying to attract people to your party through hate speech, how about having some policies that people like and post them on your signs? Shame on anyone promoting that kind of behavior.

Adrianne Rosenfeld
Mutual 14

Editor:

I am writing to express my support for the wise lady that resides in Mutual 8 (Sept. 16). Her comments pertaining to the offensiveness of the LW Republican Club signage "The Democrat Party has taken God out of America" was spot-on.

When I saw the signage hanging from this club's tent, I wondered why any club in Leisure World would be allowed to make such a bigoted statement. I looked up the meaning of the word "bigotry," and according a definition from Oxford Languages, it is defined as "obstinate or unreasonable attachment to a belief, opinion or faction; in particular prejudice against a person or people on the basis of their membership of a particular group."

I believe the posting of this signage is not a matter of freedom of speech but a hateful, bigoted statement that is intended to depict others in a very negative way. The posting of words is really no different from a person sending a letter speaking derogatorily against people of different faiths, sexual preference or race. I would say that no organization or person should have the right to use Trust Property to expound statements that propagate hate and untruths.

Shame on all of us and the GRF if this is the type of statement we are willing to tolerate. In the last year, this community stood up against racism and let it be known it was not acceptable. Slogans and or statements made by any narrow-minded person should have no place in our community.

Keith Goodner
Mutual 17

Editor:

Margaret Humes, my loving wife for 40 years, passed into her loving Savior's arms on Aug. 25. This, as most of you know, is

devastating to those who have suffered the loss. I was deeply grieved by Margaret's passing and physically and emotionally a wreck.

I believe and take great comfort in the fact that because of her faith in Jesus Christ, she is now in the presence of her Savior.

My family was a source of constant support and encouragement. I don't know what I would have done without them, and the LW community has been an incredible blessing to me.

Margaret was very active in many LW clubs, volunteer groups and her church fellowship. It's through these groups that she made many friends.

I, through Margaret's passing, have reaped the benefits of those friendships.

The love, compassion, kindness and generosity that has been shown me has been nothing less than overwhelming.

I thank each one of you throughout the community for the cards and words of encouragement, the provisions, and, yes, your prayers.

To my neighbors, what can I say—words oftentimes fall short of the depth of gratitude I feel for those around me; thank you just doesn't seem adequate.

It seemed whatever my need was, it was met. To my church family, your prayers and support have helped sustain me through a very difficult time of spiritual testing. Please accept my heartfelt gratitude for all you have done. It is deeply appreciated. May God bless each of you.

Pastor Bruce Humes
Mutual 15

Editor:

I read the article from someone who shared her feelings about Sept. 11, 2001 (LW Weekly, Sept. 9). For 61 years, I have written a Christmas letter and sent the letter as well as a photo collage to my friends and relatives.

Last year, I gathered all the past letters and collages together into a book of our 60-year marriage and gave each of our five children a copy.

I would like to share part of the letter from 2001.

"2001 has been a wonderful year and a time of sorrow. We mourned with our nation on Sept. 11. I turned the TV on when I woke up and saw the plane crash into the second tower. One of our sons and his wife were on vacation in the New York area.

"I was compelled to call all my children. I had to hear their voices, to know that my world was still intact. I really had not realized how many planes flew over our head until the air above us became silent. It was a strange and frightening time.

"My niece Kristi graduated from Cornell. Thank God she didn't take one of the first jobs offered or she might have been in the World Trade Center on Sept. 11."

We have a lot more free time since COVID-19 entered our lives.

If anyone would like to start a two-page letter and two-page collage of their family life to share with their children, I would be glad to show you what I did and

offer any help if needed. I am in the phone directory.

Marjorie Dodero
Mutual 9

Editor:

In the Letters to the Editor section in the LW Weekly newspaper of Sept. 16, David Harlow is asking our gentle readers to enter "Has the Democratic Party rejected Christians?" on the web and read the search response.

My goodness! One could replace Democratic with Republican and also get negative viewpoints.

What comes next? Each party sitting on opposite sides of the central aisle at their place of worship?

Having one building for each party at the religious location?

Have GRF remove all participants of one party or the other from Leisure World?

Perhaps David should go to the written view of his religion, the Bible, and follow Jesus' teaching about the turning of the other cheek/forgiveness.

Can not we all just get along?
W. H. Smith
Mutual 15

ROUNABOUT
from page 4

No more thought required, leaving U.S. drivers to focus on what's really important, like texting on their phones.

Second, roundabouts are magic because they create constant traffic flow to get us there quickly rather than abbreviating journeys with mandated traffic stops. We Americans only care about getting there quicker than the next guy. Roundabouts involve drivers entering the circle to yield to those already in it, but that requires drivers to start thinking about sharing the road and not just their own needs.

Third, roundabouts reduce the number of times cars have to accelerate from a dead stop, but that would threaten American culture, which includes street racing from stoplights and wasting natural resources.

Fourth, roundabouts offer places to install public art or parks where people can gather, but that would go against one of the reasons Americans like their cars so much. They provide separation from the people around us. We don't like being forced to associate with other people.

Fifth, roundabouts might just prove to be too much for older Boomers who would likely prefer euthanasia to giving up their driver's licenses. But if people cannot manage to merge at low speed into a counterclockwise circle before finding the correct exit, should those people be holding licenses that enable them to operate heavy machinery in the first place?

Well, this is America. Boomers gave their lives in Vietnam defending the right of other old people to drive well past a safe age. When fundamental rights are in question, we push back.

So if you encounter a roundabout in your travels or hear about one perhaps coming to your neighborhood, go with the flow and enjoy being the round peg in a square hole.

GRF Services

• The Copy and Supply Center in Building 5 next to the Security Decal Office, offers copy, notary and passport photo services to residents for a nominal fee.

Copy service costs 13 cents per color page; 8 cents, black-and-white; passport photos, \$10 for two photos; and notary, \$15 per signature (by appointment only).

The center also has small flags, emergency kits, batteries, flashlights and other items from the Purchasing Department for sale. Batteries and light bulbs can be recycled at the center.

For more information, call Copy & Supply at (562) 431-6586, ext. 345.

• The GRF Security Decal Office is open for service Monday-Saturday from 8:30 a.m.-4 p.m. in Building 5 near the Copy Center. Appointments are not required.

Decal issuance is on a first-come, first-served process. Wait times are longest during the office's busiest times, when it first opens, at lunch time and just before closing.

To receive a vehicle decal, residents must present the following documents: Proof of vehicle insurance, DMV vehicle registration (vehicle must be registered to the LWSB resident); DMV driver's license; and a GRF ID card.

Decals are valid for up to two years. If a resident's driver's license expires before the end of the two-year period, a decal will expire in the same month the resident's drivers license expires.

PATRIOT
from page 4

who perished during the initial attacks and the subsequent collapses of the towers, 343 were New York City firefighters, another 23 were New York City police officers and 37 others were officers at the Port Authority. The victims ranged in age from two to 85 years. At the Pentagon in Washington, 184 people were killed when hijacked American Airlines Flight 77 crashed into the building.

Near Shanksville, Pennsylvania, 40 passengers and crew members aboard United Airlines Flight 93 died when the plane crashed into a field. It is believed that the hijackers crashed the plane in that location, rather than their unknown target, after the passengers and crew attempted to retake control of the flight deck.

As of September 2015, 1,640 of 2,753 WTC victims' remains have been positively identified.

Timeline:

Sept. 11, 2001

• 8:46 a.m. ET: American Airlines Flight 11 (traveling from Boston to Los Angeles) strikes the north tower of the World Trade Center in New York City.

• 9:03 a.m. ET: United Airlines Flight 175 (traveling from Boston to Los Angeles) strikes the south tower of the World Trade Center in New York City.

• 9:37 a.m. ET: American Airlines Flight 77 (traveling from Dulles, Virginia, to Los Angeles) strikes the Pentagon Building in Washington. 9:59 a.m. ET: South tower collapses in about 10 seconds.

• 10:03 a.m. ET: United Airlines Flight 93 crashes in a field near Shanksville, Pennsylvania.

• 10:28 a.m. ET: North tower of WTC collapses. The time between the first attack and the collapse of both World Trade Center towers is 102 minutes.

Costs of the Attack

From an economic standpoint, the costs of this single day 20 years ago are staggering and worth remembering and reiterating to those who might forget:

• \$500,000: Estimated amount to plan and execute the attacks.

• \$123 billion: Estimated economic loss during the first two-four weeks after the World Trade Center towers collapsed in New York City, as well as decline in airline travel over the next few years.

• \$60 billion: Estimated cost of the WTC site damage, including damage to surrounding buildings and infrastructure.

• \$40 billion: Value of the emergency anti-terrorism package approved by the U.S. Congress on Sept. 14, 2001.

• \$15 billion: Aid package passed by Congress to bail out the airlines.

• \$9.3 billion: Insurance claims arising from the 9/11 attacks.

Cleanup at Ground Zero

• May 30, 2002: Cleanup at Ground Zero officially ends. It took 3.1 million hours of labor to clean up 1.8 million tons of debris. The cleanup cost was \$750 million.

Human Impact

Even more significant than this economic loss is the human cost. In addition to those who lost their lives on this day 20 years ago are the lives of those called to service, the lives of their families, those called into combat and who subsequently lost their lives in Iraq, Afghanistan and other related places to regain the initiative in this 21st century fight against those who wish our country harm.

Since that fateful event, we have lost 7,000 servicemen and women in combat; 52,000 were wounded; and 970,000 servicemen and women have registered with the VA as disabled. All told some 7 million men and women have fought for this country and, as a direct result of the events we remember today, many of them multiple times. Never in our history have so few fought on behalf of so many when so much is at stake. Today, less than 1 percent of this nation defends 99 percent of its population.

So this morning, in this special place, we remember the sacrifice, the service, the families, our nation and its leaders. We pray that no more monuments need be erected to the fallen, no more terrible days be endured and that no one forgets the day that changed our lives forever.

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M5-99K	\$169,000	M12-39G	\$260,000
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M15-21H	\$408,000	M1-32B	\$175,000
M5-125b	\$178,000	M14-14A	\$625,000
M9-225E	\$215,000	M4-89C	\$182,000
M2-63A	\$269,000	M5-97I	\$450,000
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Specializing in the LW Community

Yes we are **SISTERS**
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Gloria Hadley
Realtor®
DRE # 01057681



M15-32J

\$399,900

bright has many upgrades, and overlooks a beautiful patio and a lovely Greenbelt. Enjoy the ocean breezes. A must see.

Gracious two bedroom two bathroom home with spacious living room featuring plantation shutters, added lighting, overlooking charming balcony and lovely neighborhood Greenbelt. Kitchen is beautifully remodeled with upgraded cabinets, quartz countertops, built in stainless steel appliances including range, dishwasher, double door refrigerator with lower freezer, and glass front cupboards. Charming dining area. Master bedroom is a corner room with windows on two sides, and mirrored closet doors. Master bathroom has washer dryer, quartz counter tops, window, and stall shower. Second bedroom has mirrored wardrobe doors and lots of storage. Second bathroom has quartz countertops and stall shower. This lovely unit features throughout crown molding, laminate flooring, central heating and air, double pane windows, and added lighting. This beautiful home it is light and



M2-6L

\$599,999

side by side Electrolux washer and dryer, storage cabinets, and skylight. Features throughout include double pane windows, light filtering shades and valences, laminate floors (porcelain floors in bathrooms and laundry), central heat & air, and Velux skylights with remote control and water sensing closure in living room and kitchen. This elegant home was remodeled four years ago and has an all-new electrical panel, wiring, plumbing, an electric car charger on side of house, sprinklers in the flower beds, overlooks a pretty greenbelt and has many additional special features. Enjoy all this plus lovely ocean breezes.

Fabulously unique two bedroom 1-1/2 bathroom fully expanded corner home. This incredible home has amazing features throughout including state-of-the art kitchen with Bosch Benchmark French door refrigerator, convection oven, steam oven and induction cook top, a Fisher Paykel two drawer dishwasher, custom cabinets, drawers and pantry, with quartz countertops and large island. Inviting living room features 65-inch Sony 4G TV and custom cabinets. Spacious dining room has Sony 42-inch 4G TV with a custom cabinet. Both bedrooms have remote controlled ceiling fans. The second bedroom has queen size wall bed/desk and cabinet combination. Master bathroom has double sink vanity with pull out shelves, porcelain tile floors in and out of the walk-in glass shower. Half bath also has porcelain floors, custom storage cabinet, and vanity with pull out shelf. Laundry room has large size



M1-37L

\$339,500

Light and bright corner two bedroom 1 bath cottage. Living room is expanded, is very spacious with lots of windows and is light and bright. Kitchen has leisure world appliances including a built-in stove, oven, refrigerator and also has a skylight. The bathroom has a skylight, a newer light bar, and a highboy toilet. Master bedroom has mirrored wardrobe doors. Second bedroom has windows on two sides and the wardrobe closet is partially double poled. This lovely home features laminate floors in the living room and tile floors in the kitchen and bathroom. All rooms have beautiful custom paint throughout with wider baseboards. This property is professionally staged, shows beautifully and is ready to move in. Enjoy a beautiful Greenbelt, a great location, and the ocean breezes of Seal Beach. This property is centrally located and walking distance to shopping and downtown Leisure World.



M17-81C

\$399,900

Charming third floor two bedroom one and three-quarter bath condo enjoys a fabulous location. This terrific condo faces west allowing for the lovely Seal Beach Ocean breezes, a beautiful park-like greenbelt view, and spectacular sunsets. The many features of this unit include a spacious living room with a ceiling fan, sliding glass doors to the patio, a formal dining room with a mirrored wall, and large storage closet. The kitchen has built in double ovens, stove top, microwave, refrigerator, dishwasher, tile countertops, breakfast bar, and lots of storage. The master bedroom has a ceiling fan, his and hers closets, and sliding glass doors to the balcony. Master bath has cultured marble countertops and bathtub with shower. Second bedroom has a ceiling fan, mirrored wardrobe closet doors, and sliding glass doors to balcony. The second bathroom has cultured marble countertops and stall shower. This property has central heat and air and crown molding. This lovely condo is a must see located in a beautiful greenbelt location with beautiful views including a peek-a-boo view of the golf course.



M9-215B

\$211,000

This One Bedroom One Bathroom home is in a pretty green belt setting. The Living Room has double Pane Windows and Laminate Floors. The kitchen has a skylight and has built in leisure world appliances including a stove, oven, and refrigerator. The kitchen also features newer kitchen counters and tile floors. The master bedroom has sliding glass doors to the patio and laminate floors. Bathroom has skylights that open and a highboy toilet. The patio is screened has a walk in storage closet and overlooks a pretty Greenbelt.

SOLD

- Mutual 5-93F
- Mutual 8-202C
- Mutual 8-202J
- Mutual 3-21A
- Mutual 10-240B
- Mutual 11-267I
- Mutual 12-70D
- Mutual 14-15I
- Mutual 2-13F
- Mutual 2-51J
- Mutual 1-35J
- Mutual 11-285H
- Mutual 2-19L
- Mutual 2-24D
- Mutual 1-30D
- Mutual 1-37F
- Mutual 12-41G
- Mutual 2-46D
- Mutual 10-248D
- Mutual 11-277A
- Mutual 2-40L
- Mutual 8-203G
- Mutual 2-22J
- Mutual 1-52A
- Mutual 2-63A

Pending

- Mutual 2-17C
- Mutual 9-224G



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Joanie Korman
714-308-8034



Conrad Rodriguez
562-746-1960



Leah Perrotti
310-889-6583



Hanna Rubinstein
562-900-4243

Mutual 15 32J \$399,900
washer/dryer, lam. flooring, crown
molding, cent. air, greenbelt

Mutual 1 37L \$339,950
corner, expanded, southeastern
exposure, immaculate, shows like
a model

Mutual 12 36A \$479,000 full
expansion, corner, newer kitchen,
washer-dyer, granite counters, 3
skylights

Mutual 10 251F \$525,000
Rare find, corner, btfl. remod., 2br
and office or 3rd br., 2 bath, AC
heat pump, washer/dryer, drive-up,
charming green space

Mutual 2 6L \$599,999
fabulous, unique, must see, has
everything

One-Bedroom

Mutual 9 215B \$211,000
greenbelt, double pane, lam. floors,
newer kit counters, skylights

Mutual 4 38B \$225,000
expanded, super location, dual
pane, skylights, walk-in-closet



Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Bill Berman
714-606-5258



Gail Alonzo
562-673-6703

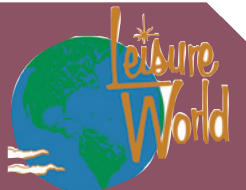


Robin Gray
(562) 209-5605
rwgraysales@verizon.net
DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)

Coming Soon!

Mutual 12
Basic Two Bed



BERKSHIRE HATHAWAY
HomeServices



New Listing



\$449,000



Mutual 9-213-J

WELCOME TO YOUR NEW HOME! Expanded with two bedrooms, 1.5 baths, an open concept feel with many upgrades from a large living and dining area to a master suite with separate shower and bathtub. Granite counters, smooth ceilings, laminate floors, five skylights with 3 being CUSTOM - just wait until you see them!! Central heat/air, washer/dryer, dual pane floor to ceiling windows and double door entry... PLUS, as an added bonus... a wonderful patio to sit, relax, and enjoy the green views and neighborhood.



Mutual 7-158-K
Pending
\$295,000



Mutual 14-18-D
In-Escrow
\$337,000



Mutual 2-9-G
In-Escrow
\$399,000



2021 Closed Sales

Mutual 3-22-D
Mutual 3-11-H
Mutual 1-42-C
Mutual 5-119-E
Mutual 5-119-D

Mutual 1-57-L
Mutual 14-48-E
Mutual 6-58-A
Mutual 6-135-J
Mutual 7-158-G

Mutual 11-265-J
Mutual 11-266-F
Mutual 7-158-G
Mutual 1-8-C
Mutual 9-221-J

Mutual 12-41-G
Mutual 10-253-K
Mutual 4-80-L
Mutual 8-204-I
Mutual 7-171-I

Pending
Mutual 7-161-E
Mutual 1-67-B



See more at www.sealbeachleisureworld.com



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REALTY GROUP



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<http://www.sealbeach-retirementcommunity.info>
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2021, I have a total of 102 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



13560 Cedar Crest #109B | M5 | \$499,000
No finish untouched in this remarkable unit as everything you would want done has been done! Interior 2bed/2bath unit sits upon a beautiful greenbelt with all the bells and whistles.



13630 Alderwood Lane #77F | M4 | \$355,000
Fully Expanded Corner Location. 2 Bedrooms, 1 Bath with Added Side Patio. A/C Heat Pump, Ceiling Fans, Remodeled Kitchen with Lots of Storage, Washer/Dryer, 2 Skylights.



13321 Fairfield Lane #182B | M8 | \$215,000
Beautiful greenbelt location! 1 Bedroom, 1 Bath with 2 Solar Tubes, Large Patio Storage, AC Heat Pump and Jacuzzi tub/shower



1202 Golden Rain Rd., #72H | M2 | \$249,000
Basic 2 Bedroom, 1 Bath drive up location. Large wrap around patio. 2 Large Skylights. Very private location.



1682 Monterey Road #11J | M2 | \$274,900
Greenbelt location! 2 bedroom, 1 Bath. A/C Unit, Dual Pane Windows, Close to Parking.

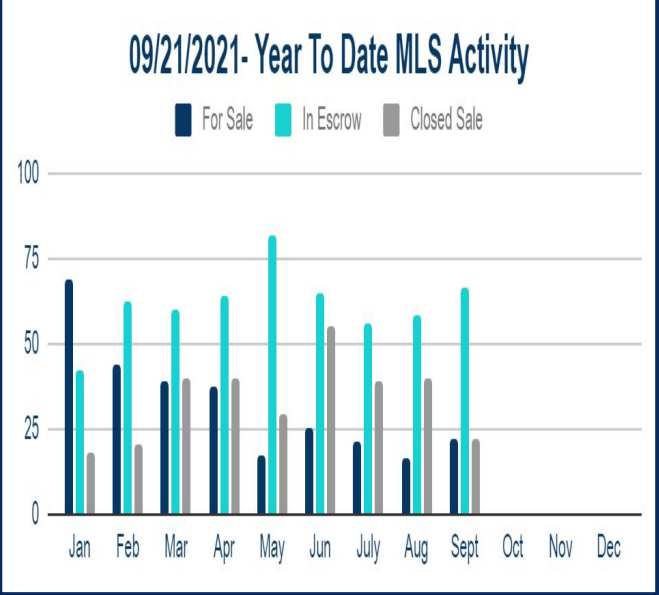


1280 Weeburn Road #31B | M3 | \$254,000
2 Bedroom, 1 Bath with Large Wrap Around patio. Expanded Master bedroom which can be used as an office or craft/painting studio. New paint and flooring throughout.

COMING SOON!!!

Looking to earn some holiday cash?
Pa's Pumpkin Patch is hiring for the month of October!

COME TAKE PART IN A 50-YEAR, LONG BEACH FAMILY TRADITION.
For further information contact
Jeremy at **805-298-1418**



On September 21st, 2021 a total of 22 units show as active listings on the CRMLS (this is where Realtors list property for sale).

2 - 1 bedroom/1 bath
from \$175,000-\$211,000

6 - 2 bedrooms/1 bath
from \$279,000 to \$479,000

14- 2 bedrooms/2 baths
from \$345,000 to \$599,999

I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!

ATTENTION LEISURE WORLD RESIDENTS!

Want to stay up to date on all things real estate in Leisure World?
Check out our Facebook Page by going to Facebook and search Gasper Monteer Realty Group. "Like" our page and stay in touch to be in the know!

