

BECAUSE YOUR HEARING MATTERS.

75

We Offer You a

Day Money-Back

Guarantee

Most Insurances Accepted.

SONUS

hearing care professionals

(562) 608-1003

2999 Westminster Ave. Suite 104, Seal Beach

MEDICARE

Medicare Annual Enrollment to Start

stethoscope

SPECIAL DELIVERY

LW Community Guide & Telephone Directory

2021

Official Publication of the Golden Rain Foundation

To opt in next year, fill out form in white pages

The 2021 GRF Community Guide and Telephone Directory has now been delivered to every LW doorstep. People who did not receive a copy can call (562) 431-6586, ext. 388. Residents must opt in to be listed in the white pages. To be included in next year's publication, fill out the form on page 55 of the white pages or come to the News Office between 8 a.m.-5 p.m. for a form.

OPTUM

Get your flu shots today near CH 4

2021 Flu Shot Clinic  
Sponsored by Optum at the Health Care Center

The drive-through clinic will be held in the Clubhouse 4 parking lot today, Oct. 14, between 8 a.m.-3 p.m. Face masks are required. Bring a completed waiver, and GRF ID and insurance cards. For the flu shot schedule by Mutual, see the Setting It Straight on page 4.

SHAKEOUT

Disaster prep will be focus of 3 events

by Eloy Gomez  
GRF safety/emergency coordinator

Fall is ShakeOut time—the time of year when state, county and city officials urge Californians to prepare for natural and manmade disasters.

You have three great opportunities to plan and prepare for disasters this fall. First, everyone is welcome to participate in the great ShakeOut on Oct. 21 at 10:21 a.m. Residents are encouraged to practice home evacuations, plan and check on emergency survival supplies, replenish and update emergency contacts and replace expired items.

The second opportunity is the annual

EXPO, page 3

SB POLICE REPORT

RAIN HELPED DISPERSE OIL

Lightning lit up the night sky over the RV Lot last week. According to the U.S. Coast Guard, these storms in Orange County may have contributed to the dispersal of the oil as it moved south. Erratic weather can make “skimming” ocean water for crude oil more challenging, and the movement of the oil depends entirely on the motion of the waves and the direction of the winds, among other factors. Seal Beach was largely spared and remained open.

Seal Beach was largely spared from spill

Coastal shores from Seal Beach to Huntington were open as of Monday, according to California State Parks officials. Seal Beach has remained open in the wake of an oil spill that closed beaches to the south so crews could remove balls and oily debris.

As of Oct. 11, 5,544 total gallons of crude oil have been recovered after the offshore oil spill was reported Oct. 2, according to Seal Beach police. A 17-mile pipeline leaked under 30,000 gallons of crude oil in the ocean, according to news reports. Original reports overestimated the amount of oil spilled by more than 100,000 gallons.

The decision to reopen Huntington Beach was made after water-quality testing results showed non-detectable amounts of oil-associated toxins in ocean water, according to Huntington Beach police.

Officials are warning the public to not handle any tar balls they may encounter

SPILL, page 4

HOW MUCH COVERAGE DO I NEED

It's worth reviewing your coverage

by Sandra Teel  
Medicare insurance broker

What is Annual Enrollment Period?

Medicare's Annual Enrollment Period (AEP) is the time of year that new Medicare insurance plans are unveiled for the next year, in this case, 2022.

Every year, Medicare insurance companies make changes to the their plans. Usually these changes give

PLANS, page 2

Medicare's Annual Enrollment Period starts tomorrow, Oct. 15, and continues through Dec. 7, with coverage—or plan changes—taking effect on Jan. 1 2022. Thus, it's crucial to prepare by becoming knowledgeable about what you can and can't or should and shouldn't do. To help residents, this issue contains information from subject matter experts on how to better access their particular situations.

Plans may have new benefits

by Carson Bloomquist  
Optum at the HCC

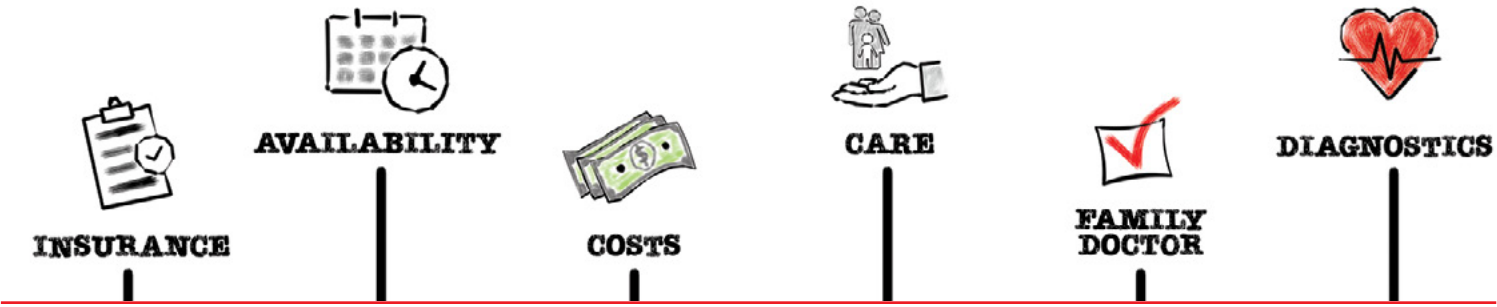
It's that time of the year again: Annual Enrollment Period (AEP).

This is when your inbox and mailbox start overflowing with advertisements for Medicare options. Before you chuck everything out, it's worth taking some time to think about what you need and want from your health coverage.

What Benefits Matter to You?

Health plans have come out with a lot of new benefits in the last few years. Many plans already offer gym memberships and transportation. There are some plans offering tech support, food delivery services and more.

BENEFITS, page 2







SBPD is rolling out a traffic safety program to deter illegal driving behaviors.

### SBPD Traffic Program

The Seal Beach Police Department will roll out a police traffic services program to deter dangerous and illegal driving behaviors that increase the risk of crashes in the community.

A grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, provided funding for the program.

“Impairment, speeding and other dangerous driving behaviors jeopardize the safety of other people on the road,” Seal Beach Police Chief Philip L. Gonshak said. “This funding allows us to provide necessary traffic enforcement measures with the goal of reducing serious injury and fatal crashes on our roads.”

The grant will pay for additional enforcement measures, including:

- DUI checkpoints and patrols specifically focused on suspected impaired drivers.

- Enforcement operations focused on suspected distracted drivers in violation of California’s hands-free cell phone law.

- Bicycle and pedestrian safety enforcement operations focused on driver behaviors that put vulnerable road users at risk.

- Enforcement operations focused on top violations that cause crashes: speeding, failure to yield, stop sign and/or red-light running, and improper turning or lane changes.

- Community education presentations on traffic safety issues

**TRAFFIC, page 23**

### RV Office to Close Oct. 18-22

The RV Office will be closed from Oct. 18-22. For assistance during that period, call (562) 431-6586, ext. 373.

### OC SANITATION DISTRICT

## Nearby sewer construction will impact traffic

The Orange County Sanitation District (OC San) will rehabilitate two parallel sewers on north and southbound Seal Beach and Los Alamitos boulevards, and along Katella Avenue, Oak Street and Lexington Drive in the cities of Seal Beach and Los Alamitos. Construction will continue through the winter 2022.

Work will begin on Lexington Drive with sewer line cleaning and chemical grouting to reinforce the pipe. This activity will be done at night, when sewer flows are low. Manhole rehabilitation work will follow. Work will consist of opening the manholes to insert a new liner to extend the life of the manhole. Most of the activity on Katella Avenue is occurring on eastbound travel lanes. Following this segment of work, construction will continue on Los Alamitos Boulevard.

Phase 2 will start at Oak Street toward Katella Avenue, and proceed east toward Los Alamitos Boulevard. Work will continue south on the southbound lanes of Los Alamitos Boulevard, concluding in Seal Beach.

#### Project Description

- Night work and occasional weekend work.
- Noise and dust.
- Occasional turn restrictions.
- Lane closures.

**SEWER, page 3**

### BENEFITS

from page 1

You may be surprised to see what’s available these days!

What’s your health like? If this pandemic has taught us anything, it’s that our health can change overnight. If you’ve had any changes in your health, like a new diagnosis, it’s worth comparing plans. There are some out there designed just for people with certain conditions, like diabetes or heart disease.

What medications are you on? Most of us are taking generics, which are less expensive. But if you’re taking any brand-name drugs, be sure to compare plans’ formularies. A formulary is a list of copays for medications. And each health plan has a different formulary—confusing, right? It’s worth putting in a little time, though, because you could save a lot of money next year.

You don’t have to go at this alone. Health plans hold meetings throughout this season to share their benefits information. These meetings are a great way to ask questions and get help in understanding what you need. There are also independent licensed agents who can help you compare multiple plans at a time.

AEP starts tomorrow (Oct. 15) and runs until Dec. 7. If you do enroll with a different plan, it won’t be effective until Jan. 1.

So use these eight weeks to your advantage and get next year off to a good start.

#### Upcoming Events at the HCC

Here are upcoming sales events at the Health Care Center. These will be held in Conference Room 1. Face masks are required.

- Friday, Oct. 15: SCAN sales meeting, 10-11 a.m.
- Monday, Oct. 18: Humana Sales Meeting, 10-11 a.m.
- Monday, Oct. 18: Humana Medicare Camp, 2-3 p.m.
- Tuesday, Oct. 19: Aetna Sales Meeting, 6-7 p.m.
- Wednesday, Oct. 20: Alignment Sales Meeting, 1-2 p.m.
- Thursday, Oct. 21: SCAN Sales Camp, 10-11 a.m.
- Thursday, Oct. 21: Anthem Sales Meeting, 6-7 p.m.
- Friday, Oct. 22: Anthem Sales Meeting, 9-10 a.m.

### PLANS

from page 1

people greater benefits. The AEP runs from Oct. 15 through Dec. 7.

By now, people should have received an annual notification of changes from their Medicare insurance companies. This notification is to alert them of what changes are being made to the current insurance plan.

It’s a good idea to sit down and really look at the notification, paying attention to both positive and possible negative changes in the plan.

#### Who Does This Affect?

People who have a Medicare Advantage plan, a Medicare Prescription Drug plan with Medicare Supplemental (Medigap Plan) or a straight Medicare can make changes now, during the AEP.

#### What to Do?

People should compare current Advantage Plans or Prescription Drug plans with the new plans. It may be that a newer plan offers better benefits.

Or maybe they just want to change to a different company. If so, now is the time to make those changes. Keep in mind that the new plan will not take effect until Jan. 1. People who have only Original Medicare without any extra coverage should make the time to see what they are missing.

Those who have had the same Medicare Advantage Plan or Prescription Drug plan for more than a couple of years should consider reviewing all options to avoid missing out on better benefits.

Everyone should do an annual review of his or her current Medicare insurance to see if more benefits may be possible.

For more information, call (657) 204-4224.

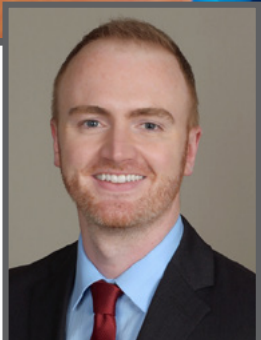
# Reveal Your Youthful Glow!

You love an active lifestyle and it shows. Our cosmetic treatments for fine lines and age spots can help you put your best face forward.

**Schedule your appointment  
562.444.8800**

**10% OFF  
COSMETIC  
SERVICES**  
for Leisure World  
Residents\*

**Welcoming  
New Patients**



**Dr. Lance Chapman**

**MEDICARE  
and most major health plans  
ACCEPTED**

**PACIFIC  
DERMATOLOGY  
SPECIALISTS**

Providing Medical, Surgical & Cosmetic Dermatology  
with Compassion and Care

**Seal Beach Village Shopping Center Office**  
13928 Seal Beach Boulevard

\*Some restrictions apply.

## Get local help with your Medicare questions.

**I’m a licensed sales agent, specializing in Medicare.  
Take advantage of my knowledge and experience to:**

- ✓ Take the confusion out of Medicare
- ✓ Receive one-on-one services
- ✓ Get help reviewing plans
- ✓ Make enrolling in a plan easier

**All at no cost to you!**

I look forward to helping you start exploring your Medicare plan options, so you can enroll in a plan with confidence.



**Sandra Teel**

**Cell: (909) 856-9379**

**Office: (657) 204-4224**

**steelmedagent@gmail.com**

**Lic. #4031244**

By calling the number above, you will be directed to licensed insurance agent.



LOS ALAMITOS ARMY AIRFIELD

# Increased noise attributed to training

A visiting U.S. Army aviation unit will conduct training, including night flight operations, at Los Alamitos Army Airfield (LAAAF) on Joint Forces Training Base from Oct. 17-24.

The training is designed to maintain overall operational readiness and proficiency of the aviators and support personnel and will include periods of increased air traffic.

Residents living near Joint Forces Training Base may hear aircraft arriving and departing outside of normal airfield operating hours and increased aircraft noise during the hours of darkness.

Efforts will be taken to minimize inconvenience to neighbors during the training. For additional information, contact Col. (CA) Richard Lalor at (562) 795-2096 or via email at [richard.w.lalor2.nfg@mail.mil](mailto:richard.w.lalor2.nfg@mail.mil), or Staff Sgt. Crystal Housman at (805) 458-3825 or via email at [crystal.c.housman.mil@mail.mil](mailto:crystal.c.housman.mil@mail.mil).

## Calling All Veterans

LW veterans are invited to a complimentary barbecued chicken lunch in their honor on Veterans Day, Nov. 11, from 2-6 p.m. at the Los Alamitos American Legion, Post 716, 3252 Florista St. (just north of Katella between Los Alamitos Boulevard and the 605 freeway) in Los Alamitos.

Veterans, whether they are an American Legion member or not, will dine for free.

An optional, nominal donation to support veterans programs is requested from guests of the veterans.

The meal will consist of barbecued chicken and side dishes. Soft drinks, liquor, beer and wine will be available for purchase.

People should RSVP by Oct. 28 by calling (714) 306-1485. Veterans should leave their first and last names, branch of the service in which they served, and if they plan to bring a guest.

"We are hoping to thank as many veterans as possible for their service to our country," said LWer and fellow veteran Mike Depew.

## Mutual 2 Earthquake Drill

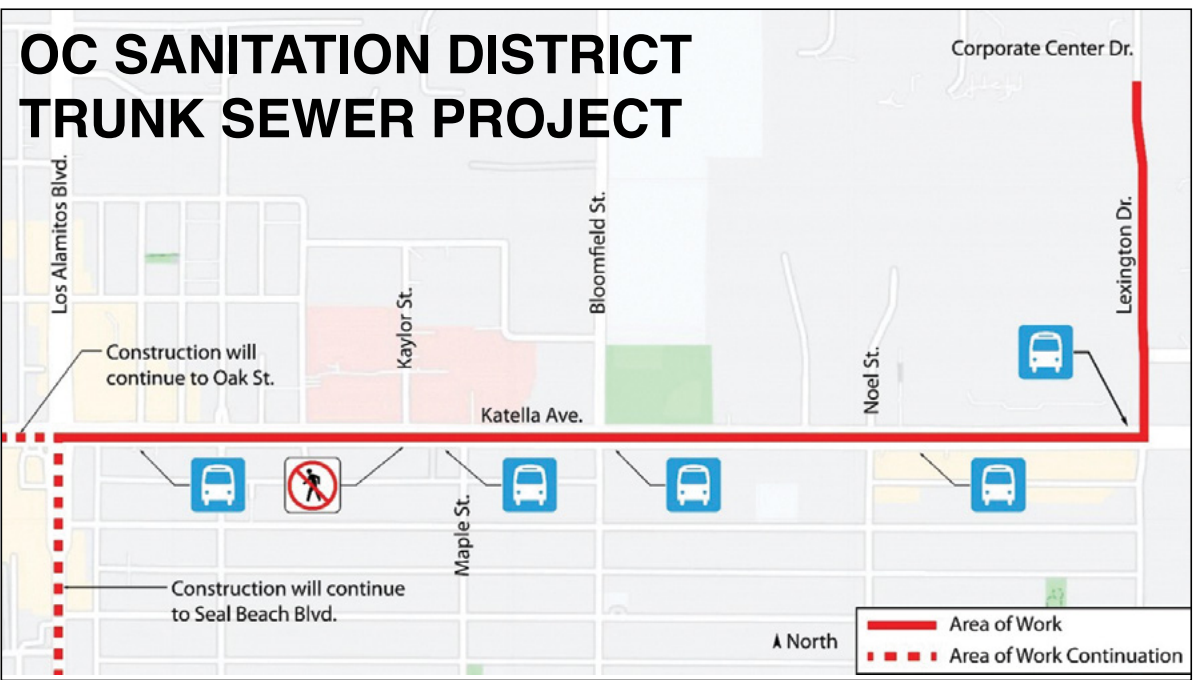
The Emergency Buddy System of Mutual 2 will conduct an earthquake preparedness drill as part of the annual California Shakeout on Oct. 21 at 1 p.m. It will be held on the green belt surrounded by Buildings 59, 28 and 61 in Mutual 2.

The addresses for the buildings are: 1422 Merion Way, and 1461 and 1441 Monterey Road.

Mutual 2 residents are invited to come by and find out about what this group of volunteers does in the case of a catastrophe.

—Fara MacCartney

# OC SANITATION DISTRICT TRUNK SEWER PROJECT



Map of sewer construction

## SEWER from page 2

- Crosswalk closures.
- Street parking restrictions.

### What to Expect

There could be temporary bus stop relocations on Katella Avenue at Lexington Drive, Noel Street, Bloomfield Street, Maple Street and Los Alamitos Boulevard. Visit [octa.net](http://octa.net) for details.

Expect lane closures, occasional turn restrictions and flagmen directing traffic on Lexington Drive and Katella Avenue.

OC San is closely coordinating with the cities and mitigating potential impacts.

Notices will be distributed with specific details as work commences near LW.

For more information, contact the Construction Hotline at (714) 378-2965 or [Construction](mailto:ConstructionHotline@ocsan.gov)

[ConstructionHotline@ocsan.gov](mailto:ConstructionHotline@ocsan.gov). OC San is a public agency that provides wastewater collection, treatment, and recycling services for about

2.6 million people in central and northwest Orange County. It operates almost 400 miles of pipes and two facilities.

## EXPO from page 1

Emergency Preparedness Expo from 10 a.m.-2 p.m., Saturday, Oct. 30, in Clubhouse 2.

Minibus service will be available throughout the event.

Face masks will be required to enter this event.

Several emergency preparedness supply vendors will be there so residents can purchase items for their survival kits and/or "grab n go" bags.

In addition to the vendors, there will be displays by Leisure World service clubs, face painting, live music, barbecue and much more.

The third opportunity will be Nov. 7, when daylight saving time ends and clocks are turned back an hour. It's a good time for people to check their fire extinguishers and smoke alarm batteries.

Nothing is more expensive than a missed opportunity.

Everyone is encouraged to take advantage of these events.



# The right care, right in your neighborhood

You want the best care for your family. And you want it nearby. That's why you want **Optum Care Network–Monarch**.

With Optum Care Network–Monarch, you have access to:

- More than 2,500 doctors and specialists, including providers at the Optum Health Care Center
- 19 hospitals, including Los Alamitos Medical Center and MemorialCare Long Beach
- More than 75 urgent care centers

All of those are right here in Orange County and Long Beach.

**Find out how we can be your partner in health.**

Discover more at [optumcare.com/bettercare](http://optumcare.com/bettercare), or call **1-855-755-1075, TTY 711.**



## There are a lot of Medicare options.

Medicare's Annual Enrollment Period is here. No matter what health plan fits your needs, Optum Care Network–Monarch is by your side.





# Perspectives

## Letters to the Editor

Editor:

I am frustrated with all the squirrels that are destroying our trees and parts of our homes with what appears to be no animal control. My screens are being climbed on, and because many people feed them “because they are so cute,” the squirrels are not afraid of humans anymore. As a matter of fact, the squirrels almost demand food when I walk out of my front door.

I cannot believe that nothing can be done to control the population of squirrels, coyotes and raccoons inside Leisure World. It appears that we the people are just bystanders here, but we are expected to pay to make repairs as needed when these animals destroy our screens and other things. How ridiculous and silly things have become.

We pay a lot in fees to live here peacefully, but the critters are not controlled. I do not want to be afraid to walk our streets after dark or in the early morning without being confronted by large raccoons or coyotes.

Something needs to change.

Gail Peterson  
Mutual 11

Editor:

Shareholders who want to learn the bus routes and schedules should take the Minibus orientations that are held monthly. The enthusiastic fleet manager, Grant Winford, is ready to help and answer inquiries pertaining the bus.

When I was a Mutual director, shareholders in my wheel never hesitated to call or knock on my door when help was needed, sometimes helping them get familiar with the Minibus service.

I strongly recommend taking the orientations for residents who need help getting around the community. Meeting information is printed in the LW Weekly.

The orientations will help you understand the bus schedules, which are designed for easy access. Most drivers are kind and helpful. Minibus service is a great help to the community and safe for shareholders.

Lisa A. Dickson  
Mutual 1

## Kudos & Credits

Mutual 1 resident Debbi Fudge would like to thank Cabaret Club members for the hundreds upon hundreds of dedicated hours that they must surely have spent getting ready for and presenting the Oct. 2 show. “The show, for me, was particularly fabulous,” said Debbi, who also sends thanks to the members of the Doo Wop Club for their dedication in providing evenings of free great musical entertainment for other Leisure World residents. “Your Oct. 9 show was a No.1 hit with me.”

## Photo IDs Available at Stock Transfer

GRF members are required to have GRF photo identification cards for access to amenities, all transfers (membership, removing/adding someone on title, replacing lost certificates, etc.) and to be a candidate for GRF and Mutual board representation.

The Stock Transfer Office issues IDs, which expire every five years, in a rotating schedule. Residents will need to bring their expired ID cards. Expiration dates are located on the right side of ID cards.No appointment is needed. People can stop at the Stock Transfer Office on the ground floor of the Administration Building.

It's open Monday, Tuesday, Thursday and Friday (closed Wednesdays) from 9 a.m.-4 p.m. Masks are required.

Lost or stolen cards can be replaced by completing a Certificate of Lost ID form in the Stock Transfer Office. There is a \$20 replacement fee, which can be waived if there is a police report that can be verified by the Stock Transfer Office.

# Alpine

## Heating & Air Conditioning

Specializing in Serving Leisure World Residents

Free Installation Estimates  
Sales • Repair • Installation  
Lowest Prices In Town • All Work Guaranteed

#1 in Customer Service

# 714-901-0552

Cal. St. Lic. # 719734

## SBPD

### Officers wear pink to mark Breast Cancer awareness month

The Seal Beach Police Department will continue to wear a special pink patch to show support for Breast Cancer Awareness Month. In 2013, the Seal Beach Police Department created the nation's first pink police patch to help show support for breast cancer awareness month. Since then, over 500 law enforcement agencies have joined it in supporting this worthy cause by creating and wearing their own pink patches.

Throughout October, the men and women of the Seal Beach Police Department will display pink patches on their uniforms in support of those who have died, survivors and those who are still fighting.

The patches are available for sale to the public for \$10 each. Proceeds from the sale of patches will be donated to the National Law Enforcement Cancer Support Foundation (<http://lawenforcementcancer.org/>).

For more information about how the Seal Beach Police Department is supporting Breast Cancer Awareness Month or to purchase a patch, contact Senior Community Services Officer Dominic Sarabia at (562) 799-4100, ext. 1114, or [dsarabia@sealbeachca.gov](mailto:dsarabia@sealbeachca.gov).

## SPILL from page 1

on the sand. Oil contains hazardous chemicals.

If skin contact occurs, they are advised to wash the area with soap and water or baby oil and avoid using solvents, gasoline, kerosene, diesel fuel or similar products on the skin.

Officials say these products, when applied to skin, present a greater health hazard than the tar ball itself.

Beachgoers who encounter tar balls were encouraged to email [tarballreports@wildlife.ca.gov](mailto:tarballreports@wildlife.ca.gov).

Currently, there is no water quality threat in Seal Beach as currents continue to pull south along the coast.

The City of Seal Beach, Seal Beach Police Department, Marine Safety Department and Orange County Fire Authority worked closely with Orange County and City of Long Beach partners to monitor off-shore waters.

The City of Seal Beach is supporting the U.S. Coast Guard; the cities of Long Beach, Huntington Beach and Newport Beach; Orange County; and other partner cities and agencies.

The public is encouraged to monitor the Seal Beach Police Department's social media (@[sealbeachpolice](#)) and sign up for Nixle Alerts by texting your Zip code to 888777.

For more information, contact the Seal Beach Marine Safety Department at (562) 430-2613.

—from SBPD and news reports

## An Appreciation

Remembering Barbara French

Barbara French, 97, who died Sept. 9, 2021, was an Orange County Adult School writing teacher, known to many Leisure World residents and students from Los Angeles and San Diego counties.

Barbara's youth was fraught with daily caregiving to her tubercular mother. She was still a child when it became her responsibility to administer care to her mother and to be in charge of many household tasks, such as laundry, cooking and cleaning. She was totally deprived of the carefree life of a teenager. However, she was intelligent and determined to find a better life, and she never stopped trying to achieve her goals.

Like many of you, I knew Barbara first as a writing teacher, but eventually we became friends.

Barbara had a wonderful memory. When she told you about a book that she hoped you would enjoy, her description was so detailed, it was hardly necessary to read that book yourself.

When, due to COVID, we could no longer meet in person, Barbara quickly converted her skills to Zoom classes and kept both of her classes intact.

Since her death, Barbara's Tuesday writing class has been turned over to her longtime student and assistant, Rod Bush. Barbara is missed by her family, aspiring students, and many friends. I expect she has already organized yet another class, but this time, her students are all angels.

—Elva Turner, Mutual 15, author of “Brown Eyed Susan” and “Queen Anne's Lace,” and Patti Palermo, author of “The Adventures of Jack and Baxter,” were two of her many students who were able to publish their works, thanks to Barbara's guidance and support.

## Setting It Straight

Due to an editing error, the Mutual schedule for today's Optum Flu Clinic was incorrect in the Oct. 7 issue of the LW Weekly. The clinic will be held from 8 a.m.-2 p.m. at Clubhouse 4. The correct schedule is reprinted below.

Mutuals 1 and 17	8-8:45 a.m.
Mutuals 10 and 14	8:45 a.m. to 9:30 a.m.
Mutuals 2 and 16	9:30 a.m. to 10:15 a.m.
Mutuals 12 and 15	10:15 a.m. to 11 a.m.
Mutuals 3 and 5	11:00 a.m. to 11:45 a.m.
Mutuals 6 and 7	11:45 a.m. to 12:30 p.m.
Mutuals 8 and 9	12:30 p.m. to 1:15 p.m.
Mutuals 4 and 11	1:15 p.m. to 2 p.m.

The GRF Minibus service will be available from 8:45 a.m. until 4:15 p.m. Flu shots will be given from 2-3 p.m. for people who must miss their scheduled appointment times.



An Official Golden Rain Foundation Publication  
Serving the Shareholders of

## Leisure World Seal Beach



LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

<b>Ruth Osborn</b> , Managing Editor 431-6586, ext. 388 <a href="mailto:rutho_news@lwsb.com">rutho_news@lwsb.com</a> Page One, General News, Perspectives	<b>Deadlines</b> <i>Editorial:</i> 4 p.m. Thursday prior to publication week <i>Classified Advertising:</i> 2:30 p.m. Monday of publication week
<b>Debbie Kim</b> , Customer Service 431-6586, ext. 383 <a href="mailto:debbiek@lwsb.com">debbiek@lwsb.com</a> Classified Advertising, Reception	<b>Office hours</b> 8 a.m. to 5 p.m. Monday-Friday
<b>Katya Lukina</b> , Graphic Designer 431-6586, ext. 266 <a href="mailto:katyal@lwsb.com">katyal@lwsb.com</a> Digital Media	<b>Phone</b> (562) 430-0534 after-hours voice mail
<b>Laurie Bullock</b> , Section Editor 431-6586, ext. 801 <a href="mailto:laurieb@lwsb.com">laurieb@lwsb.com</a> Religion, Community, Obituaries	<b>Missing LW Weekly Newspaper</b> (562) 472-1284
<b>Patty Marsters</b> , Section Editor 431-6586, ext. 387 <a href="mailto:pattym@lwsb.com">pattym@lwsb.com</a> Arts/Leisure, Health/Fitness, Government	<b>Mailing Address</b> P.O. Box 2338 Seal Beach, CA, 90740
<b>Stephen Bannon</b> , Production Editor 431-6586, ext. 392 <a href="mailto:stephenb_news@lwsb.com">stephenb_news@lwsb.com</a> Online/Vision Impaired Editions, IT, Pre-press, Puzzles & Games	<b>Delivery Address</b> 13533 Seal Beach Blvd. Amphitheater Building Seal Beach, CA, 90740
<b>Sylvia King</b> , Advertising Sales 472-1274, <a href="mailto:sylvia@lwsb.com">sylvia@lwsb.com</a>	<b>Distribution</b> Dan Pomeroy Eagle Rock Services

**VOL 45, NO 35**



# Government

## Presidents' Council Recap, Oct. 7

The regular monthly meeting of the Presidents' Council of Seal Beach Leisure World was convened at 9:02 a.m., by President Jackie Dunagan, on Oct. 7 in Clubhouse 4 and via Zoom. The following is a recap of that meeting.

- The regular monthly Council meeting minutes of Sept. 2 were approved by the Council, as printed.
- IT Manager Daniel Fabian presented a demo on the new Leisure World Seal Beach website.
- Facilities Manager Ruben Gonzalez presented representatives from Fenn Pest Control, Bernard and Sonia, who acknowledged the concerns of the Council and will act accordingly. Executive Director Randy Ankeny will publish a notice in the newspaper regarding Fenn Pest Control.
- Purchasing Manager Julie Rodgers presented an update on appliance availability.

- Facilities Director Mark Weaver provided an update on ice makers.
  - Mutual Administration Director Jodi Hopkins provided an update for Mutual Administration monthly reports and Stock Transfer monthly reports.
  - Ankeny discussed the interconnected storm drain responsibilities between GRF and Mutuels 1 through 12 to 14 through 17.
  - Ankeny discussed the passage of Senate Bill 502, which changes the elections requirements for Mutuels.
  - The Council concurred to hold a Presidents' Seminar in January 2022.
  - The Council discussed the Returned Payments Fees.
  - The Presidents offered comments during the proceedings of the meeting.
- The next Council meeting is scheduled for Nov. 4 at 9 a.m. in Clubhouse 4 and via Zoom.

## Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

## Comments at Board/Committee Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).) Time limits per speaker are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers

To address the GRF Board of Directors, submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting.

You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to [grfboardaction@lwsb.com](mailto:grfboardaction@lwsb.com).

## Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., Oct. 14	<b>Mutual 12</b> virtual.....9 a.m.
Mon., Oct. 18	<b>Mutual 15</b> virtual..... 1 p.m.
Tues., Oct. 19	<b>Mutual 14</b> virtual..... 1 p.m.
Wed., Oct. 20	<b>Mutual 5</b> virtual.....9 a.m.
Wed., Oct. 20	<b>Mutual 7</b> virtual..... 1 p.m.
Thurs., Oct. 21	<b>Mutual 2</b> virtual.....9 a.m.
Thurs., Oct. 21	<b>Mutual 11</b> virtual..... 1:30 p.m.
Fri., Oct. 22	<b>Mutual 6</b> virtual..... 10 a.m.
Mon., Oct. 25	<b>Mutual 8 (open forum, 9:15 a.m.)</b> Clubhouse 4/virtual ..... 9:30 a.m.
Wed., Oct. 27	<b>Mutual 10</b> virtual.....9 a.m.
Thurs., Oct. 28	<b>Mutual 1</b> virtual.....9 a.m.

## Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0. Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at [rjexn@yahoo.com](mailto:rjexn@yahoo.com), or call (562) 431-6586, ext. 409, to leave a message.

## News Deadlines

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

## GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Oct. 14	<b>Communications/IT Committee</b> Conference Rm A/virtual ..... 1 p.m.
Mon., Oct. 18	<b>Finance Committee</b> Clubhouse 4/virtual..... 10 a.m.
Tues., Oct. 19	<b>Website Ad Hoc Committee</b> Clubhouse 4/virtual..... 1 p.m.
Wed., Oct. 20	<b>Management Services/Contract Ad Hoc</b> Clubhouse 4/virtual..... 10 a.m.
Tues., Oct. 26	<b>GRF Board Monthly Meeting</b> Clubhouse 4/virtual..... 10 a.m.

## Purchasing Department Price List

PRICES ARE FOR MATERIALS ONLY! ALL TAXES AND PROCESSING FEES INCLUDED.  
(LABOR \$45.00 PER HOUR /PER TECHNICIAN)

REVISED 10/04/2021	
WHITE COOK TOP.....	\$410.39
BLACK COOK TOP.....	\$420.69
STAINLESS OVEN.....	\$1 173.12
WHITE TOP FREEZER	
REFRIGERATOR.....	\$638.31
BLACK TOP FREEZER	
REFRIGERATOR .....	\$638.31
STAINLESS STEEL TOP FREEZER	
REFRIGERATOR.....	\$728.52
28 GALLON WATER HEATER 10YR.	
\$602.91	
38 GALLON WATER HEATER 10YR.	
\$664.58	
GARBAGE DISPOSAL.....	\$202.06
BATHROOM FAN/HEATER....	\$130.75
BATHROOM FAN-NO HEAT	\$177.58
BATHROOM SINK WHITE-ROUND	
.....	\$46.42
BATHROOM SINK- BONE- ROUND	
.....	\$63.12
BATHROOM SINK-WHITE- OVAL	
MUT-15- GERBER.....	\$32.67
BATHROOM SINK-ALMOND- OVAL	
MUT-15.....	\$87.97
BATHROOM SINK -WHITE	
CHINA.....MUT-17 .....	\$51.04
KITCHEN SINK-WHITE .....	\$425.68
KITCHEN FAUCET .....	\$96.22
KITCHEN FAUCET SPRAYER-DELTA	\$104.62
BATHROOM FAUCET- DELTA	\$82.45
BATHROOM WIDESPREAD FAUCET- DELTA .....	\$169.98
(TOILETS INCLUDE TANK, BOWL & TOILET SEAT)	
TOILET- STANDARD -WHITE	\$180.25
TOILET-STANDARD-BONE	\$201.66
TOILET- HI BOY-WHITE.....	\$215.47
TOILET-HI BOY-BONE.....	\$235.05
ROUND TOILET SEAT: WHITE	\$16.21
ROUND TOILET SEAT: BONE	\$16.21
ELONGATED TOILET SEAT: WHITE	\$19.09
ELONGATED TOILET SEAT: BONE	\$19.09
<b>PURCHASING DEPARTMENT</b>	
PHONE NO. 562-431-6586	
ROSENDO-STORE KEEPER-EXT. 306	
PURCHASING ASSISTANT-EXT 308	
JUSTIN-PURCHASING COORDINATOR EXT. 309	
JULIE-PURCHASING MANAGER-EXT. 307	
STORE HOURS MONDAY- FRIDAY	
8:00 AM TO 4:30 PM	

The above pricing is subject to change without notice.  
Please call Purchasing Department for current pricing.  
SERVICE MAINTENANCE CAN BE REACHED AT (562) 431-3548 DURING THE HOURS 8:00 AM TO 4:30 PM,

As seen on PBS TV

- Mobility - Strength  
- Flexibility - Energy

Essentrics®

Aging Backwards

► Still Time To Register! ◀

Call for information: 562-879-1954

11 Week Class - 1:30 p.m.  
Fridays, Sept. 10 through Nov. 11, 2021  
Seal Beach Senior Center





Puzzles & Comics

Answers on page 20

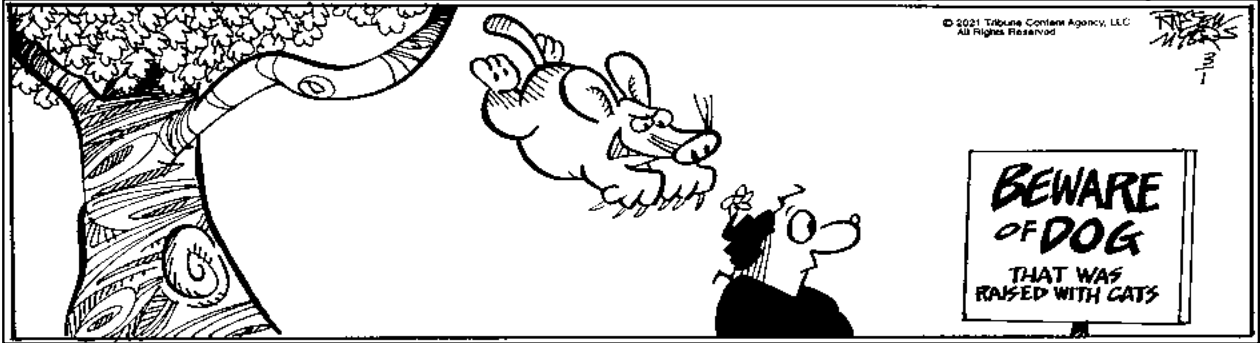
Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Raph Dunagin & Dana Summers

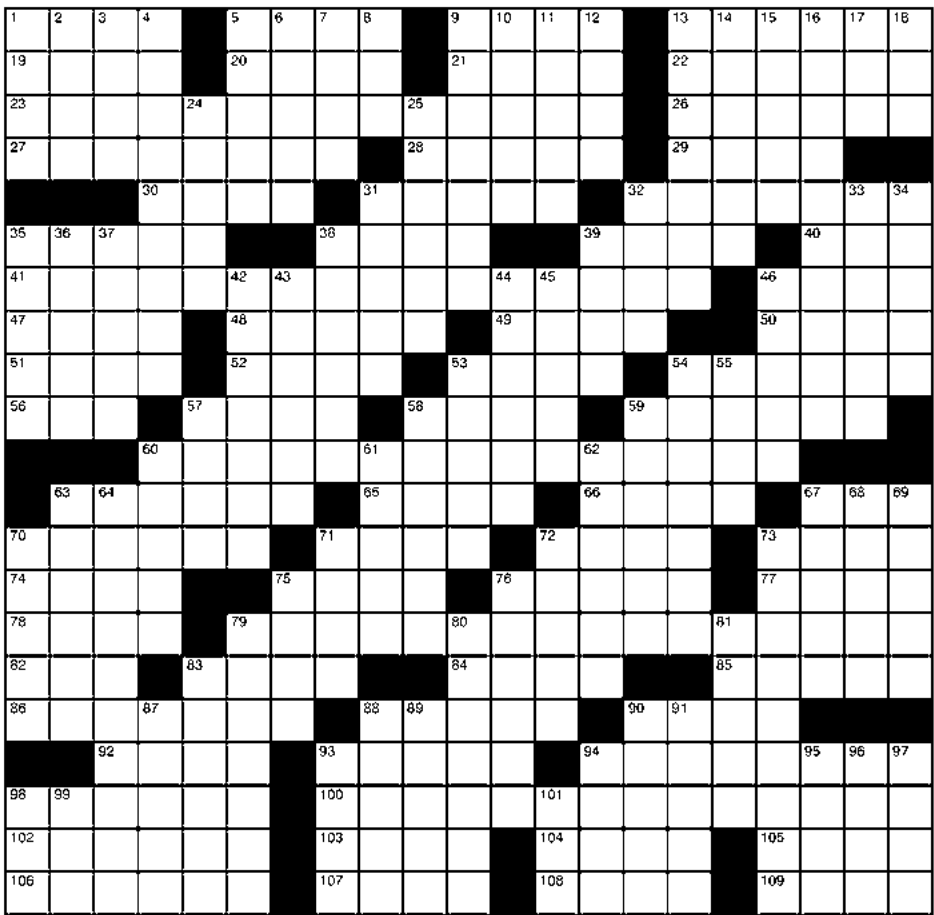


Missing Rain

Edited by Linda and Charles Preston

ACROSS

- 1 MP quarry
- 5 Peter or Paul
- 9 Lloyd Webber hit
- 13 Threw a party
- 19 India's grain crop
- 20 \_\_\_\_\_ breve
- 21 Pointed arch
- 22 One or the other
- 23 Amazon, in a drought?
- 26 Sci-fi figures
- 27 Forever
- 28 Stout servings
- 29 Caron role
- 30 Dines out
- 31 Like juleps
- 32 Napa resident, e.g.
- 35 Spotless
- 38 Kerouac's generation
- 39 Big \_\_\_\_\_ theory
- 40 P. Hearst abductors
- 41 Saul Bellow novel, in a drought?
- 46 Bk. of Revelation
- 47 Chip in
- 48 Maitre's milieu
- 49 Snoods and such
- 50 Hair-raising site
- 51 Appian Way, e.g.
- 52 London district
- 53 Prevaricates
- 54 Your parents' favorites?
- 56 Neither's partner
- 57 Wife of Jupiter
- 58 No Vacancy, perhaps
- 59 Rejects a lover
- 60 ".... do it regardless!"; in a drought?
- 63 Rye buys
- 65 Lady Chaplin
- 66 Charlie of Starkist, e.g.
- 67 Pie mode connection
- 70 Flocks of quail
- 71 Roadies' concerns
- 72 Ancient pharaoh
- 73 Obstruction
- 74 Teen follower
- 75 Ebony or mahogany
- 76 Aquarium fish
- 77 Hun leader: abbr.
- 78 Submarine
- 79 Bob Dylan standard, in a drought?
- 82 IRA earnings
- 83 "Metamorphoses" author
- 84 Certain Sampras serves
- 85 Whitman composition
- 86 Sticks
- 88 He's got the weight of the world
- 90 Habeas corpus, for one
- 92 Joie de vivre
- 93 Slightly ahead
- 94 Oarlock
- 98 Floating down the river
- 100 "No negative vibes!"; in a drought?
- 102 Lackey
- 103 Besides



©2021 Tribune Content Agency, LLC. All rights reserved.

10/17/21

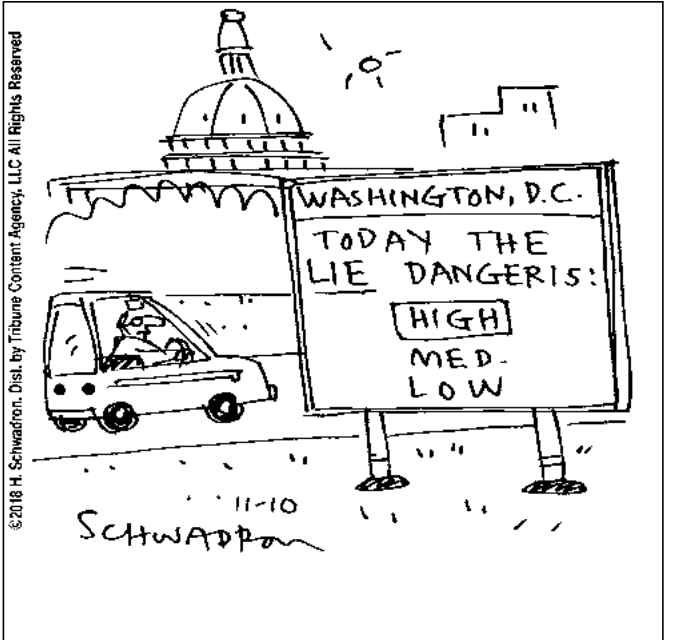
DOWN

- 1 Comedian Johnson
- 2 Witch feature
- 3 Hautboy
- 4 He sees what is said
- 5 Implied
- 6 Blind pieces
- 7 Friend by treaty
- 8 Brit. heroes
- 9 Greek gulf or isthmus
- 10 007, e.g.
- 11 Peevish
- 12 Match parts
- 13 Performing the Hippocratic oath
- 14 Getting the creaks out
- 15 Height enhancer
- 16 "My Fair Lady" song, in a drought?
- 17 Dusk, to Donne
- 18 AMA members
- 24 Silly
- 25 Hashish
- 31 Park where Edison lived
- 32 Furniture movers
- 33 Skips the wedding
- 34 Competitions
- 35 Store or stitch start
- 36 Slow, to Mozart
- 37 PC key
- 38 Blubber
- 39 Vaudeville skits
- 42 Careers, in a nutshell
- 43 Quick breads
- 44 Mystery
- 45 Nancy Drew creator
- 46 Brooke's ex
- 53 Silverdome squad
- 54 Kind of poll
- 55 Green moth
- 57 By \_\_\_\_\_!
- 58 Carefully examined
- 59 Patient, in quarantine
- 60 Nile capital
- 61 2018 Nobelist Paul
- 62 Shorthand experts
- 63 Posthumous fame
- 64 Judy Garland classic, in a drought?
- 67 Where you do "I do"
- 68 Lies about
- 69 Nimble
- 70 Brazilian state
- 71 W. Romania city
- 72 Wise ones
- 73 Do-it-yourself restaurant
- 75 \_\_\_\_\_ and that
- 76 From the beginning, musically
- 79 Vindicator
- 80 Toasted
- 81 Walled city near Madrid
- 83 Miami bowl
- 87 See 97 Down
- 88 Chameleon
- 89 Uptight
- 90 Victim's lament
- 91 Lifelines
- 93 Pindar poems
- 94 97 Down was one
- 95 Springs or Beach
- 96 Do nothing
- 97 Capone nemesis
- 98 Meas., for Emeril
- 99 Shoshonean
- 101 Sgt., e.g.

Sudoku 1

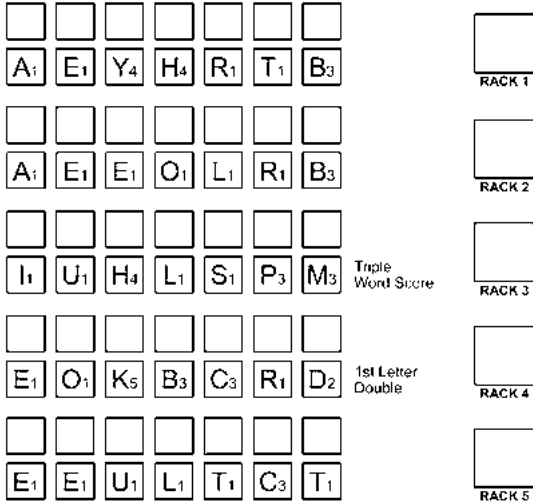
9	3						4	6
8			2	6	5			9
1			5		8			
	8						2	
			9		3			7
						8		
5			1	7	2			4
4	7						1	5

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

Hasbro and its logo, SCRABBLE, associated logo, the design of the distinctive SCRABBLE board game board, and the distinctive letter tile design are trademarks of Hasbro in the United States and Canada. ©2021 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC.

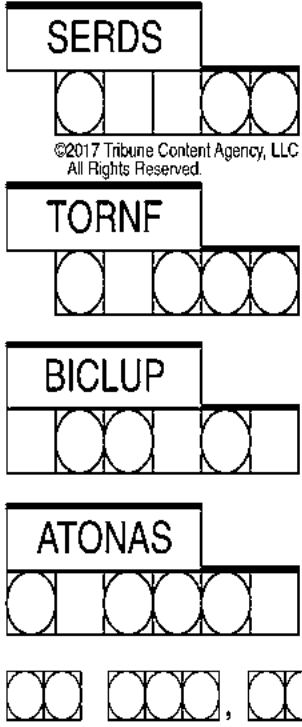


PAR SCORE 265-275  
BEST SCORE 344  
FIVE RACK TOTAL  
TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players' Dictionary, 5th Edition.

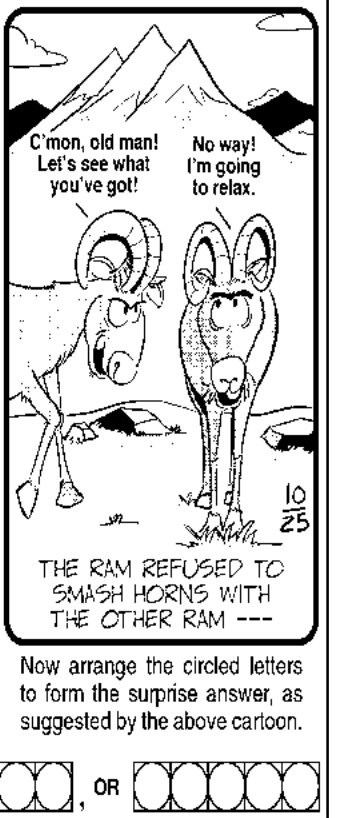
JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.



THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek





I am an actor born in Connecticut on October 22, 1938. I took acting classes in New York City and debuted on Broadway in 1969. I'm known for some of my zany roles, including playing a "doc" in a popular movie franchise about time travel.

				7	6			
	7		1			9		
	9							
						6		1
		5		4	3			
	8						3	7
		2	3				8	
		4			5	3		
					8		6	9

☉ \*\* ☐ ☺ ✂ ~ 🌓 ✂ ✧ ✱ 🌸 ✕ ✨ ✚ 🌊 ✨ ▲ ☾ ✨ ☿ ★ 🏹 ☾ ☾ Ω ☿  
**A B C D E F G H I J K L M N O P Q R S T U V W X Y Z**  
**CRYPTO FUN**  
 ☐ ☾ Ω ✨ ☿ 🌊 ~ ★ ✚  
 Determine the code to reveal the answer!

Solve the code to discover words related to health and wellness.  
Each number corresponds to a letter.  
(Hint: 12 = **S**)

- A. 25 6 20 8 6 13**  
*Clue: Medical professional*
- B. 20 3 10 20 4 17 19**  
*Clue: Well visit*
- C. 8 10 12 8 1 7 24**  
*Clue: Medical examination procedures*
- D. 25 1 5 24 7 6 12 1 12**  
*Clue: Identification of an illness*



By David L. Hoyt and Jeff Knurek



BOGGLE is a trademark of Hasbro, Inc. © 2021 Hasbro, Inc. Distributed by Tribune Content Agency, LLC. All Rights Reserved.

**INSTRUCTIONS:** Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

### BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

## YOUR BOGGLE RATING

- 151+ = Champ  
101-150 = Expert  
61-100 = Pro  
31-60 = Gamer  
21-30 = Rookie  
11-20 = Amateur  
0-10 = Try again

## Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST 10 COUNTRIES in the grid of letters.


# Puzzles & Comics

## Answers on page 20

# WORDS

M	A	I	N	T	E	N	A	N	C	E	W	T	X	B	M	G	P	N	L
E	R	U	S	S	E	R	P	D	O	O	L	B	L	P	G	B	R	T	U
P	N	V	L	E	H	S	N	H	I	B	T	B	D	Y	G	N	O	B	W
I	E	M	P	L	I	T	N	S	O	N	W	T	M	L	N	Y	A	A	W
M	S	L	T	X	B	M	M	O	N	I	T	O	R	O	E	T	C	P	B
D	O	A	Y	E	R	U	P	T	W	S	P	H	O	A	C	I	P	O	N
O	N	T	M	P	N	H	S	S	E	R	E	D	G	O	L	V	O	I	A
C	G	I	D	C	L	A	E	W	L	W	T	I	R	H	T	E	I	N	T
T	A	P	T	U	P	N	B	O	R	A	W	O	W	Y	D	P	N	T	S
O	I	S	E	A	R	D	X	V	W	Y	L	T	H	W	I	I	T	S	I
R	D	O	X	A	A	C	M	H	E	A	P	N	I	A	L	X	M	E	S
H	A	H	E	L	X	R	I	S	Y	H	S	E	H	H	I	Y	E	N	S
E	X	I	T	S	P	R	C	N	E	S	S	O	W	B	S	S	T	A	E
N	O	V	E	P	I	D	T	S	O	R	P	A	N	I	V	A	X	G	C
R	P	M	D	D	U	R	V	N	T	I	T	Y	I	N	M	G	W	A	I
T	I	A	R	A	P	R	A	R	D	R	R	E	M	D	N	B	D	C	S
H	V	C	T	T	B	E	T	T	G	I	E	L	N	E	N	S	C	S	V
P	T	I	G	B	C	L	C	H	O	L	O	S	T	T	S	O	E	G	D
B	N	G	N	P	U	W	W	M	N	D	O	W	E	E	T	A	X	A	A

**Find the words hidden vertically, horizontally, diagonally, and backwards.**

ADMIT  
ADVICE  
APPOINTMENT  
ASSISTANT  
BLOOD PRESSURE  
CHOLESTEROL  
DIAGNOSE  
DIET  
DOCTOR  
EXAMINATION  
HEALTH  
HEARTBEAT  
HOSPITAL  
ILLNESS  
LABORATORY  
MAINTENANCE  
MONITOR  
PHYSICAL  
PRESCRIPTION  
PROACTIVE  
WEIGHT





# Health & Fitness



Patty Marsters

Tom Pontac with the lightweight rollator he uses to race.

## Legacy Runner doesn't give up

by **Patty Marsters**  
pattym@lwsb.com

Tom Pontac started running at age 41. He was never an athlete, but at the time, he was in an unhappy marriage and felt he was always doing everything for everyone else. This would be something he could do for himself. "I thought, if I could run a 5K or 10K, that would be wonderful," he recalls. "It was something I could do that made me feel special."

He ran his first marathon when he was 42. "I didn't have a lot of speed," Pontac says, "but I had endurance."

And then he just kept running.

Now, at age 85, Pontac just completed the annual Long Beach Marathon as a Legacy Runner, one of about a dozen people who have completed all 37.

"I actually finished before Sunday (the day of the race)," he says. "They allow us older runners to run virtually."

Though many of the more than 250 races he's competed in were full marathons, Pontac now does half marathons—which are still impressive at 13.1 miles. "The past few years have been tough," he says, noting a cancer diagnosis (now in remission), Parkinson's disease and an allergic reaction to a sulpha drug about eight months ago that led to Stevens-Johnson Syndrome. "It takes all the energy out of you," he says.

Despite all that, Pontac tells himself—and others—to never give up. "No matter what it is in life, that's the key: Don't give up."

It's good advice that has helped him many times in life, but especially with marathons. Instead of looking at the full distance, Pontac says, people should focus on shorter pieces: get to the next tree, then to the next one, etc. "You have to chop it up into manageable situations. Don't stop."

A few years ago, he started using mobility aids to help keep him upright on the course, as Parkinson's can affect a person's balance. In the Oct. 10 race, he used the ultra-light Let's Fly rollator sent to him by Trust Care. "I can't—or shouldn't—run with a rollator," he says, "but I can walk fast."

Joining him often is his beloved wife of 25 years, Jeanne. The couple has competed in races around the globe. "How many people are lucky enough to run marathons, much less with their wife?" Pontac asks.

Pontac exercises every day for an hour. Every Monday, he joins the Leisure Leggers, a club that's been active for around 21 years and of which he says he's "president for life," for a 1.75-mile trek. In addition, he boxes twice per week as part of a strenuous program specifically for people with Parkinson's.

"I tell people, 'I have Parkinson's, but Parkinson's doesn't have me,'" he says. Though it's a hard diagnosis to get, Pontac says, it's not the end of the world. He had initially worried that people would think he was pitiful and weak. But he actually has found the opposite to be true. "People tell me I'm their hero," he says proudly. And it's not just older folks. "Teens come up to me and tell me I'm terrific and ask me to pose for photos with them. . . . People will accept you."

At his age, Pontac usually comes in first in his division. "Granted, at my age, there's not many in my group," he says with a laugh. He tells seniors who participate in races, especially his fellow Leisure Leggers, to take five minutes after they finish to "drink their beer, water, whatever, then look at the people coming in behind you who are younger, stronger. And remember: You came in ahead of them."

### MEDICARE

## What's the Part B Giveback?

by **Sandra Teel**  
Medicare insurance broker

Some Medicare insurance companies are offering the new buzz words in Medicare: "Part B Giveback Benefit." Here's how it works for 2022 plans:

If you are on Medicare and paying your Part B premium, some Medicare insurance companies are offering to pay part of your Part B premium, usually ranging from \$50-\$125 per month. This money is given directly to Social Security to pay down the Part B premium you owe each month. You will continue to pay the remaining amount owed.

If your Medicare payment is being taken out of your Social Security check each month, you will see a reduced payment for Part B. If you are receiving a quarterly Medicare Part B bill, you will see this giveback benefit reflected in your bill.

People have been bombarded in the past year with celebrity-endorsed Medicare ads offering the Part B giveback; however, not all insurance companies are currently offering the Giveback Benefit, and for those that are, people need to make sure their doctors are contracted with those plans before choosing to change.

Anyone with questions or concerns regarding the Giveback Benefit or who are considering changing Medicare plans should contact a reputable broker first. They can help make sure people are on the Medicare plan that best fits their needs and offers all the benefits that are available in their area.

But beware of emails and phone calls from telemarketing companies that claim to be from Medicare or Social Security. Unless a person has called or emailed Medicare or Social Security first, those agencies will not contact anyone by phone.

Sandra Teel is a Medicare insurance broker. She can be reached at (657) 204-4224 or (909) 856-9379.



## Yoga Outdoors

Every Tuesday from 10:15 a.m.-11:15 a.m., Travis Ott-Conn teaches "Yoga for Mobility" in Veterans Plaza. Relax and enjoy a great change of scenery.

Text or call Connie Adkins at (562) 506-5063 for more information regarding yoga classes in Leisure World.



On Oct. 2, four bicyclists took the day off to enjoy a beautiful day in Catalina. Lana Yalen, Martha Valenzuela, Lucy Czra and Mary Romero enjoyed excursions, shopping and dining. Join the LW Bicyclists for a ride on Sundays, Mondays, Wednesdays and Fridays to locations including Eldorado Golf Course in Long Beach, Huntington Beach, and Shoreline Village in Long Beach. Helmets and safe shoes are required. Call Mary Romero at (562) 810-4266 for details.

## Balance & Stability Class

The Landmark Balance & Stability class is now available on Fridays at 10 a.m. via Zoom. Go to <https://us02web.zoom.us/j/84982522530>; the meeting ID is 84982522530, and the password is practice.

Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on [youtube.com](https://www.youtube.com). Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. For more information, call (562) 397-1519 or email [arosenfeld1@verizon.net](mailto:arosenfeld1@verizon.net).



Adrienne Rosenfeld

## Medical Qigong

Medical Qigong class, led by instructor George Stennman, meets Saturdays at 10 a.m. in the Clubhouse 3 Lobby. The club charges \$3 per class or \$10 per month. For more information, call Kathy Moran at (562) 596-0450.

## Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit [www.mowlb.org](http://www.mowlb.org) to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

**Thursday, Oct. 14:** Oven-roasted turkey with sage gravy, cornbread stuffing and Brussels sprouts; cheesecake; roast beef and cheese sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.

**Friday, Oct. 15:** Chicken enchilada casserole with red sauce, pinto beans and seasoned cauliflower; sugar cookies; Chinese chicken salad, with mandarin oranges, cabbage, carrots, onion and Asian dressing, plus crackers.

**Monday, Oct. 18:** Beef teriyaki, brown rice and Oriental vegetables; applesauce with cinnamon; chicken salad sandwich, with spinach and tomato, plus homemade macaroni salad.

**Tuesday, Oct. 19:** Barbecue chicken leg and thigh, mashed sweet potatoes, and seasoned broccoli; vanilla pudding; taco salad, with shredded chicken, diced tomato, corn, black beans, cheese, cilantro and salsa dressing, plus crackers.

**Wednesday, Oct. 20:** Stuffed bell peppers, garlic-and-chive mashed potatoes, and green beans with pimentos; fresh pear; ham, turkey and cheese sandwich, with lettuce, tomato and pickle, plus Asian coleslaw.



# Religion

## Congregation Sholom

Congregation Sholom will hold services via Zoom on Friday, Oct. 15, with Rabbi Eric Dangott at 6:30 p.m. and Saturday, Oct. 16, at 9:30 a.m.

New members who want to watch the livestream should contact Jeff Sacks by texting (714) 642-0122 or emailing [jfsacks@gmail.com](mailto:jfsacks@gmail.com). The link will have the meeting ID and password embedded. Those who want more details or need to practice can call Jeff ahead of time. The phone number to call for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N2IjaXVUZUhyQmY1U01JQT09>.

The meeting ID is 375 251 9429, and the passcode is 8ZYy69.

The walking group meets every Monday and Wednesday at 6 p.m. at Clubhouse 3, Bus Stop A.

The book club will meet on Wednesday, Oct. 20, at 7 p.m. via Zoom. The group is reading a short story titled "Puttermesser: Her Work History, Her Ancestry, Her Afterlife" from the book "Here I Am." To join, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N2IjaXVUZUhyQmY1U01JQT09>. For more information, contact Ruth Hermann at (562) 430-3107.

Temple Beth David in Westminster will present a Chicago Tribute Experience on Sunday, Oct. 24. There will be a barbecue

at noon, and the concert will begin at 2 p.m. The cost is \$25 for each adult and \$10 for those under 18. People can pay \$5 for a hamburger, veggie burger or hot dog plus chips and a drink (soda or water). Beer will also be available for a slightly higher cost. Go to <https://www.templebethdavid.org/events/chicago-tribute-experience-concert-bbq> to RSVP.

Those who need to be added or removed from the misheberach list should let Darlene Rose know by Wednesday at (562) 347-8088.

Those who want to participate in games, book club or livestream services should call Jeff.

Anyone who wants to join the congregation should call Howard Brass at (562) 794-9090.

## Beit HaLev

Beit HaLev livestream services are on Facebook and Zoom. To watch on Facebook, go to [Facebook.com/beithalev](https://www.facebook.com/beithalev); to join the Zoomagogue community, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704, and the passcode is RavGalit.

Livestream services are every Friday at 6 p.m. and Saturday at 10:30 a.m.

Lech Lcha (Go for yourself),

in Genesis 16:1-17:27, provides a personal look at the anguish that Sarai suffers from her inability to become pregnant by Avram. Sarai offers her husband her Egyptian servant, Hagar, in the hope that Hagar, if she becomes pregnant, will give birth to a baby boy while seated on Sarai's lap. In this way, Hagar will have been Sarai's surrogate and Sarai will then have "a son through her." Hagar does indeed become pregnant by Avram, but Sarai

then becomes an object of scorn by Hagar. The chapter ends with HaShem reiterating the promise of a son to be born to Sarai and Avram and changes their names to Sarah and Avraham as a special blessing.

All Beit HaLev services use special prayerbooks, "Lev L'Lev," which were adapted and abridged for the online services from the Reform Siddur, "Mishkan HaT'filah." Printed versions of

**BEIT HALEV, page 10**



Community Church will host an affordable vet care clinic on Oct. 21. All residents are welcome to come to the clinic.

## Community Church

Community Church will host another Vet Care Pet Clinic on Thursday, Oct. 21, from 9-11 a.m. on the church's front patio. Vet services are offered at a reduced price. People are asked to wear face masks, and dogs must be on leashes and cats in carriers.

Community Church is currently back to in-person worship for those who are "masked, vaxxed and relaxed." Virtual services will still be available for those who are not ready to come back yet.

Each week, Pastor Johan Dodge reminds all who are present that the word Gospel means "good news," and if the word of God being used in a way that isn't good news, then it isn't the true Gospel.

This week, Community Church continues its study of the character of discipleship with a look at a conversation and competition. James and John are seeking fame, power and prestige, and Jesus turns the tables on them. The kingdom Jesus invites people into through discipleship is not run like a kingdom in the world. It is a teaching believers are still learning to live out fully.

Community Church is a place where everything is designed with the first-time participant in mind. Those who have not felt welcome in church or have never participated in church before, are welcome to join.

Find Community Church on Facebook, @CommunityChurchLeisureWorld. Those who do not have a Facebook account can contact the church office for the Zoom link.

For more information on the church, call (562) 431-2503 or email [leisurewccsue@yahoo.com](mailto:leisurewccsue@yahoo.com).

## An Important Message for Dr. Wayne Freeman's LW Patients

As of Oct. 1, 2021, Dr. L. Wayne Freeman will be moving his office to:

**Clarity Eye Group**

**19671 Beach Blvd., Suite 400**

**Huntington Beach, CA 92648**

**714-942-4355**

Dr. Freeman will be accepting patients with private insurance including Medicare and all PPOs, as well as Memorial Care, Health Net, VSP and Eye Med. Optum/Monarch patients can be seen on a reduced cash-only basis, as Dr. Freeman is no longer an Optum provider.



**L.W. Freeman, MD, Inc.**  
**Ophthalmology**

## Medicare Questions?

**"I Have Answers About  
How to Change Plans  
or Enroll Now!"**

**Call for an Appointment or  
I Can Assist Remotely  
"I Make House Calls"**

**I Speak Fluent Medicare**



**Joe Koteris**  
**(562) 547-2913**

Email: [jkoteris55@yahoo.com](mailto:jkoteris55@yahoo.com)



**Koteris**  
Health Insurance Solutions  
Lic. #0H53209



## Assembly of God

Many of the most well-loved passages of scripture come from the Psalms. It seems there is a Psalm to match whatever one is going through. Some psalms are victorious declarations of the goodness, power and authority of God. Some psalms are gentle whispers of encouragement to broken hearts.

Pastor Chuck Franco will lead a six-week journey through "Lessons from the Psalms," beginning Sunday, Oct. 17, at 10:30 a.m. in Clubhouse 3, Room 2. The first sermon will be a two-part study on Psalm 1:1-6, titled "Which Way Will I Go?"

The Bible study group will meet on Wednesday, Oct. 20, at 10 a.m. to continue its study in Colossians. The sixth session will cover Colossians 3:1-17. The study incorporates a short video teaching by Louie Giglio and



Sheryl and Chuck Franco

further teaching by Pastor Chuck with student participation. It is a personally challenging and encouraging in-depth look at Paul's words to the church in Colossae, highlighting the supremacy of Christ and his transformational work in believers.

Assembly of God is grateful for the cooperation exhibited by members and guests by wearing facial coverings when attending

meetings in person. DVDs of the worship services are available to those who want to remain at home. Those who would like to receive a DVD can contact the church office.

To receive more information about the church, or to receive prayer, contact Pastors Chuck and Sheryl Franco at (562) 357-4360 or [pastorchuck@lwassemblyofgod.com](mailto:pastorchuck@lwassemblyofgod.com).

## First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, verse by verse. It is a friendly church that welcomes all visitors.

### Services

All First Christian services, Bible studies and prayer meetings are suspended at this time. The church board will announce resumption of services and prayer meetings soon.

### The Message

The third directive offered in Romans 12:12, "devoted to prayer," examines the context and the manner of prayer that is called for. It is addressed to the brethren in the church of believers (verse 12:1). The entire chapter 12 of Romans is a blueprint for how believers are to act in accord with

one another. It is a long list and immensely important for a variety of reasons. These guidelines are how members of the church need to treat one another, how to be a witness, plus recognize people who openly and secretly choose to not be counted as believers in the Gospel. Among these, some will look for failures in people who profess to be followers of Christ. They are often quick to admonish and judge what they observe among people of faith. Therefore, it seems to confirm to them that if Christians cannot show their love, give honor or refrain from gossiping about other members in the church family, why would they want to be counted among them? It is a valid thought. Personality conflicts arise inside and out of

churches. But believers are called to a higher standard: "devoted to prayer." Plain and simple, pray for one another. Pray for the church to be in unity, in one accord, and pray for the ability to "honor one another above yourself" (Romans 12:10). Notice it did not say to only honor when you approve. Christ displays the example of unconditional love.

### Scripture of the Week

"Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus" (1 Thessalonians 5:16).

### Announcements

Those who want to speak to someone at the church or have a need can call (562) 431-8810 and leave a message.

## Church of Jesus Christ of Latter-day Saints

In his concluding remarks of the October General Conference, President Russell M. Nelson reminded believers to keep their focus on the Lord and away from the voices and pressures of the world.

"The voices and pressures of the world are engaging and numerous. But too many voices are deceptive, seductive, and can pull us off the covenant path. To avoid the inevitable heartbreak that follows, I plead with you today to counter the lure of the world by making time for the Lord in your life—each and every day.

"If you are not also seeking the Lord through daily prayer and

gospel study, you leave yourself vulnerable to philosophies that may be intriguing but are not true. Even Saints who are otherwise faithful can be derailed by the steady beat of Babylon's band.

"Nothing invites the Spirit more than fixing your focus on Jesus Christ. Talk of Christ, rejoice in Christ, feast upon the words of Christ, and press forward with steadfastness in Christ. Make your Sabbath a delight as you worship him, partake of the sacrament and keep his day holy."

Following these remarks, Nelson announced 13 new temples to be built in Kaohsiung, Taiwan; Tacloban, Philippines; Monrovia,

Liberia; Kananga, Democratic Republic of the Congo; Antananarivo, Madagascar; Culiacán, Mexico; Vitória, Brazil; La Paz, Bolivia; Santiago West, Chile; Fort Worth, Texas; Cody, Wyoming; Rexburg North, Idaho; and Heber Valley, Utah.

With these newly announced temples, there will be a total of 265 temples throughout the world, providing even more opportunity for the Lord's children, on both sides of the veil, to reap the blessings of the restored Gospel.

Visit [www.churchofjesuschrist.org](http://www.churchofjesuschrist.org) to read all the inspiring messages from the October 2021 General Conference sessions.

## LW Baptist

LW Baptist will meet for worship at on Sunday, Oct. 17, at 10 a.m. in Clubhouse 4.

This week's service echoes the Gospel theme "Send the light from shore to shore." Jesus once put off a woman's request by telling her the children must be fed first before the dogs. She countered, "Lord, even the dogs under the table eat the children's crumbs." Jesus commended her faith and granted her request. Likewise, in Luke 17:11, Jesus heals 10 lepers, but forgives only the one who was an outsider because of his faith. Explaining, Jesus said, "Where are the other nine? Has no one but this foreigner returned to give praise to God?" And he told the man, "Your faith has saved you."

Jesus gives many pictures of God's mercy. One of them is that many from east and west will be at table with Abraham, Isaac and Jacob in the kingdom of heaven; another is every recovery and restoration believers experience previews their future glorification in God's presence.

Sunday School meets before church at 9:15 a.m. The men's Bible Fellowship meets Mondays at 10 a.m., and the Energizers group meets on Wednesdays at 3 p.m. in Clubhouse 3, Room 1.

For information, call (562) 430-8598.



Rolland Coburn

## Faith Christian Assembly

Faith Christian Assembly is excited to announce the rescheduling of the "Prison Ministry Spotlight" event at its 5:30 p.m. service on Sunday, Oct. 17.

FCA's own Earlene Leming, who is herself a 35-year plus veteran of prison ministry, will introduce the guests. People will hear from Jenny Travis, who is on the board of Aglow Prison Ministry, and two of her friends from Aglow: Suzy, who was wrongly incarcerated for 17 years, and Viola, who oversees two women's homes in Merced County. Join FCA on Sunday to hear the powerful testimonies from these inspiring women.

First-time visitors will receive a free, signed copy of Earlene's new book, "The Higher Call." This book is filled with inspirational and miraculous stories of Earlene's life and her times with Aglow ministering to inmates. It's a book that's hard to put down. All are welcome to attend.

Sunday service times are at 10:30 a.m. and 5:30 p.m. Pre-service prayer is on Saturday at 5 p.m. The midweek Bible study is each Wednesday at 11 a.m. Grief Share meets every Wednesday at 5:30 p.m. in the Garden Room.

To receive a free newsletter and for more information on the church, call (562) 598-9010 or go to [www.FCAchurch.net](http://www.FCAchurch.net).

## Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the 29th Sunday in Ordinary Time on Oct. 17. The first reading is from Isaiah 53:10-11, and the second reading is from Hebrews 4:14-16. The Gospel reading is from Mark 10:35-45 or 10:42-45.

### Masses

To receive a copy of the weekly parish bulletin, sign up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>. Visit the website for more information at [www.holyfamilysb.com](http://www.holyfamilysb.com).

The church is still operating at its regular Mass schedule. Father Nguyen suggests that people wear masks while inside the church. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

## Redeemer Lutheran

"Helping, Lifting and Serving in Christ's Name" is the theme Redeemer Lutheran's service on Sunday, Oct. 17.

The main service is held inside the stained-glass sanctuary at 10:30 a.m. There is also offer an opportunity for a more intimate prayer and worship service outside beginning at 9:30 a.m. Both services are accompanied by organ music and Communion.

In order to continue caring for one another's safety, and following healthcare guidance, masks and social distancing are required.

## BEIT HALEV from page 9

the prayerbooks will be available at the in-person Shabbat services.

Beit HaLev is a Jewish Universalist community. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Everyone who seeks a path to the divine is welcome.

To request a membership form for Beit HaLev, call Rabbi Galit-Shirah at (562) 715-0888 or email [duets@icloud.com](mailto:duets@icloud.com).



"Your local financial partners in wealth management, estate planning and asset preservation."

**Call us today for a  
Complimentary Consultation!**  
**(562) 594-4290 • [www.MJFFG.com](http://www.MJFFG.com)**

Martin James Flores, LPL Financial Planner  
13001 SB Blvd. Suite 240 SB, CA 90740

Martin James Flores is a Registered Representative with securities and advisory services offered through LPL Financial, a Registered Investment Advisor, member FINRA/SIPC. CA Insurance Lic. #0C87640







# The Future of Joint Replacement Surgery is Here

We're here with Mako technology resulting in better outcomes in knee and hip replacements.

The MemorialCare Joint Replacement Center at Long Beach Medical Center offers advanced technology and skilled surgeons using the latest and most effective treatments for patients with chronic joint pain. Mako™ Robotic-Arm Assisted Surgery brings a new level of precision to joint replacement surgery with patient-specific implant alignment and accurate positioning and balance, resulting in better surgical outcomes. This results in patients recovering sooner and going home after 1.44 days, compared to the national average of 2.7 days. Many patients walk the same day of surgery, and before discharge 92% of patients can walk the length of a football field. **Why travel long distances when the future of joint replacement is here?**



Recognized locally and nationally for clinical excellence.

800-MEMORIAL (636-6742)  
memorialcare.org/LBJointReplacement

  
**MemorialCare**™  
Joint Replacement Center



# Arts & Leisure



The Lapidary Room allows for group classes to take place at the same time as individual projects (clockwise from top); an example of a stone cut from a larger piece; Thuy Do shows off the glass she found in her daughter's yard; one of the new CabKing machines; machines and supplies are at the ready for grinding and polishing.

## Chess Club

This week's puzzle is checkmate in three moves. White moves first: Qd7.

The White queen moves from d2 to d7, then Black rook to d7, followed by White knight to c7 and Black rook to c7. The next move by White is checkmate.

The Chess Club meets under the umbrella behind Clubhouse 3 from 1-6 p.m. on Fridays, weather permitting. Beginners are welcome for a free lesson.



## Garden Club

With a great deal of thought and concern for its members, the Garden Club Board of Directors has voted to cancel the club's general meetings until further notice. The board decided meeting indoors did not seem wise under the current conditions; in addition to dealing with COVID 19, it's now the beginning of flu season.

Speakers are on hold until general meetings resume. The board hopes to be able to resume meeting in January.

## Dancing Feet Club

To celebrate Halloween, the Dancing Feet Club will hold a masquerade ball in Clubhouse 2 on Oct. 24 from 6-9:30 p.m. The club's line dancers will present a couple of dances and a special number to entertain the guests. All attendees are requested to don their favorite costumes to spice up the occasion.

Line dance lessons and practice will continue at the same venue on Mondays from 7-9 p.m.

For health reasons, wearing a mask is mandated in clubhouses.

For more information, text Ed Bolos at (551) 998-4223.

## LW Orchestra

The LW Orchestra seeks a trombone player and a French horn player. It encourages anyone who has not played in several years to not let that fact scare them, adding that the group works with a wonderful conductor, Samuel Kim.

Rehearsals are on Tuesday and Wednesday afternoons in the Amphitheater with the stage doors open to simulate outdoor conditions. Those interested should contact Fred Reker at (615) 898-0669 or fredreker326@gmail.com.

## Lapidary Club welcomes all to its updated 'creativity center'

by **Patty Marsters**  
pattym@lwsb.com

The Lapidary Club is excited to show off its remodeled room this month. Among the changes are new polishers, kiln and diamond saw. All of which will be on display during the club's upcoming open house. (Exact dates have yet to be announced.)

What hasn't changed is the welcoming atmosphere. Anyone entering the room in Clubhouse 4 is greeted warmly and shown around, with members encouraging newcomers to sign up for a class and try something. "Everyone's so friendly," says Jan Friedland. "We learn from each other."

Club President Dean Jacobus prefers to call the Lapidary Room a "creativity center," he says. Though the word lapidary refers to the cutting, polishing or engraving of precious stones and gems, the club offers so much more. "We get people started with beading, then they get interested and want to learn more, so they take more classes. They learn to cut and polish rocks and gems, then it's working with glass and silversmithing. We get them hooked."

Jacobus estimates it takes newcomers about three hours of training to know all the machines in the room. Most classes cost around \$10 and include materials. For example, if you sign up for a beading class, you'll get a tray to design jewelry pieces, plus access to all the beads and tools you need.

Once you learn the basics, club members say, you're welcome to

come back for more fun on your own. "After, say, the fused glass class," Jacobus explains, "you walk out with two small bowls. Now you know how to do the basics, so you can come back and make something larger."

The process can become something of an addiction. After caring for her husband for 11 years until his death, Thuy Do decided to take up a new hobby. She took a class in the Lapidary Room, then came back to learn something else. She learned how to cut and polish rocks and gems and how to craft extraordinary items. "Every day, I go to church, then I come here to make something," she says. The display case outside the room features many of her works, including a glass bowl, a freshwater pearl necklace with a floral clasp, and a clock made from stone.

But one piece not in the display case is the blue topaz ring she presented to her daughter Stephanie as a wedding present last year. "Lucky I didn't make a mistake, or it would have been a very small ring," Do says with a giggle. In fact, there was enough left over to make a ring for her other daughter, Jennifer, and herself.

Another regular presence in the Lapidary Room is silversmith Paul Polinski, who teaches wire bending and soldering classes. He also tries to fix jewelry for LW residents. "I get a lot of antique pieces," he says. While his specialty is silver, if someone comes in needing a gold jump ring or something simple, he can often help.

In addition to a wide range of



Paul Polinski works on a piece of silver jewelry.

classes, the club also ventures outside the gates from time to time. There are quarterly field trips to the OC Mineral & Gem Fair at the OC Fairgrounds to stock up on beads, wire, gems, tools and more. But some members will find what they need in unlikely places.

Do pulled a large piece of

multicolored glass from her daughter's yard in San Diego; she's now cutting it into pieces to make jewelry. "I saw this, and I said, 'I can make something with this,'" she says, unwrapping the cloth protecting it.

And with that, she gets back to creating.

## Fused Glass Class

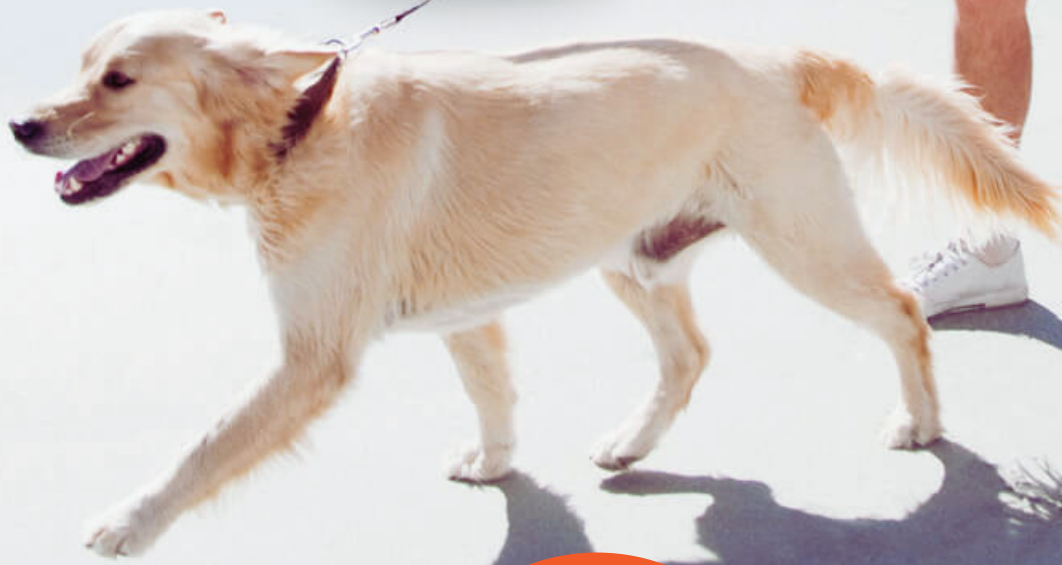
The Lapidary Club is offering a fused glass class on holiday decorations, taught by Yvette Louie. The dates of the class are Oct. 12, Nov. 2, Nov. 23 and Dec. 14. Each class runs from 12:30-3 p.m. The cost is \$15 and includes materials. To sign up, visit the Lapidary Room in Clubhouse 4.





Foot &  
Muscle  
Relief

www.aleafproducts.com



FREE  
GIFT



A.LEAF Products is rated  
Excellent



★ Trustpilot

Get **CBD** relief when and where you need it. Choose from our full line of Broad Spectrum hemp products to help you relax, rejuvenate, revive and recover.

**FREE GIFT!** Call us today to redeem a FREE sample of our best selling Soothing Cream.

**PLUS 10% off** when you purchase our premium and essential selfcare CBD needs online.

**(310)-800-2707**

Email Us:  
hello@aleafproducts.com





Among the winners of the Cypress Art League's Annual Autumn Show is LW resident Joan Boryta. She won Best of Show with "Harmony" (shown), third place in the watercolor division for "Feeding Frenzy" and the Diamond International Award for "Summer Breeze." Alice Sioson of LW took honorable mention for her 3-D piece "Lady Torso" and first place in Division III watercolors for "Sunflowers."

Women's Club Table Top Games

Mark your calendar for Oct. 15 at 1 p.m., when the Women's Club Table Top Games return to Clubhouse 2. Members should bring any number of ladies with them and any game they want. Anyone who does not have the game they want to play or who wants to set up a new table or join a different table should call Jan Krehbiel at (562) 431-8240. Each person pays \$1, which goes toward the charities the Women's Club supports in Leisure World.

The club will furnish coffee and iced tea; snacks will be available. Doors will open at noon for those who want to bring in their own lunch and eat with friends.

"If you have neighbors that are new, this is a nice opportunity to bring them and let them see what fun we have," says Krehbiel.

Because of COVID restrictions, it is mandatory for everyone to wear a mask while in the clubhouse.

Creative Writers Club

The Creative Writers Club meets Oct. 22 at 1:30 p.m. in Clubhouse 3, Room 1. Masks are required, per the GRF.

New members are welcome. Call Fred Wind at (562) 810-6650 for more information.

So we find ourselves in October. The past year or two drift behind us like an ugly oil slick. Friends have suffered; some have passed on. We have come face-to-face with frailty and loneliness. How we ache for the ordinary, the everyday life that gives us the comfort of casual conversation, the joy of coffee with kids, the fine fellowship of friends. And for some of us, we lost the seemingly simple joy of having someone listen to us. How important that is—the sense that somehow we are more than a passing blip on the radar of existence that no one notices. We are meant to relate, to share.

—Fred Wind

Friends of the Library

The Friends of the Library has reopened.

The store, located adjacent to the LW Library, is open the following hours:

Monday and Friday: 9:30 a.m.-3:30 p.m.

Saturday: 9:30 a.m.-12:30 p.m.

WOMEN'S GOLF CLUB

Judy Kim scores hole-in-one

The Women's Golf Club congratulates the winners of the President's Cup Tournament who were presented with their awards at the general meeting on Oct. 5. In first place was Veronica Chang, followed by Chong Hee Kim in second and Janice Turner in third. Tied for fourth place were Myung Kim and Helen Yoon.

Also on that beautiful, sunny fall day, 44 members of the Women's Golf Club played for low gross, low net and circle hole on No. 2. Two golfers hit the golf ball from the tee box directly into the circle surrounding Hole 2. Congratulations to Judy Kim for scoring a hole in one on that hole.

The flight winners were:

Flight A: Low gross: tie between Ann Tran and Devora Kim, 28; low net: Margie Thompson, 26.

Flight B: Low gross: Pam Krug, 28; low net: tie between Stella Yoon and Joann Lim, 22; circle holes: Judy Kim and Mary Grieg.

Flight C: Low gross: Hailee Yang, 34; low net: tie between Anne Walshe, Soo Kim and Kay Hong, 26.

Flight D: Low gross: Sally



Judy Kim

Jacobs, 37; low net: Joyce Bausch, 26.

In honor of Breast Cancer Awareness Month, the women playing with the Women's Golf Club on Oct. 19 and the Guys & Gals Tournament on Oct. 20 are encouraged to wear pink. A donation jar will be available at the golf course for anyone wanting to contribute to the Breast Cancer Angels, a local nonprofit organization.

—Dale Quinn

\*Terms & Conditions Apply

Westmont of Cypress  
inspired retirement living®

RCFE: #603005908

Ask about our Founder's Club!

SAVINGS UP TO \$7,200!\*

Independent & Assisted Living • Memory Care

# Open House!

Westmont of Cypress invites you to join us for an **Exclusive Preview** of our brand new senior living community!

Savor selections of hors d'oeuvres and refreshments and take a tour of our **Model Apartment Homes** and on-site **Resort-Style Amenities**.

Enjoy live entertainment and complimentary valet parking!

**Sunday, October 17th @ 12PM** @Westmont of Cypress

**CALL TODAY TO RSVP BY 10/15!** **(714) 252-7144**

\*Proof of vaccination or negative COVID test within 72 hours of th event required.

**www.westmontofcypress.com** 4889 Katella Avenue Cypress, CA 90720



Mutual 1 residents Sylvia Uselton (l) and Debbi Fudge volunteered on Oct. 2 to help restore the Los Cerritos Wetlands in Seal Beach with the Aquarium of the Pacific after seeing the opportunity in the Sept. 23 LW Weekly. The Los Cerritos Wetlands Stewardship Program staff present reported that the 17 volunteers collected 77 pounds of trash.



Vilma and Gerry Taguloa

Community Karaoke

Gerry Taguloa dedicated the song "She Believes in Me" to his lovely wife, Vilma, at the Oct. 6 karaoke party. Among the other performers were Erika Greenwood with a country and western tune, Eileen Merritt with a fine "I Want to Know What Love is," and Carolyn Mottola with "Candy Man."

It felt as if Elvis was in the building as his hits were sung by David Noble and Ric Dizon. Representing the Bee Gees were Richard Yokomi, Walt Bier and Tony Tupas.

Regular singers Bob Barnum, Anna Le, Pat Kogok, Karen Morris, Vito Villamor, Wayne Urban, Pete Tupas, Don Sunday, Vinny Correnti and Essie Hicks rounded out the evening.

The Monday practice sessions in Clubhouse 6 from 1-3 p.m. are helpful in perfecting favorite song selections. And everyone is welcome to the Wednesday karaoke parties in Clubhouse 1 at 5:30 p.m. Many come to enjoy the hot coffee and sweet treats while applauding the performers.

—Margie Thompson





Guta Bassner (l) of the Fantastics judges whether Hot Sticks' Connie Adkins will pocket the 9 ball.

**POOL LEAGUE**

**4-20 takes top spot in fall play**

In the third week of the LW Pool League, the first-place Fantastics edged out Hot Sticks by a 7-6 score. Rusty Aquino of the Fantastics won four of his seven matches, including both of his singles matches in eight-ball and nine-ball. The tightly contested match lasted long after all the other teams had finished, but their slim margin of victory wasn't enough to keep the Fantastics in the top spot.

The team 4-20 beat Ace in the Hole 11-2 and moved into first place by two games. Gary Monahan won all seven of his games, and teammate Bob Barnum won six. A very good player, Barnum rarely misses an easy shot or fails to play position for the next shot.

Pot Luck beat Go for Broke 10-3 and now sits in third place, only three games out of first. Paul Snellenberger won five games, including both of his singles.

The Favorites won 9-3 over Break'em and Make'em. Dave Silva of the Favorites won six games, dropping only an eight-ball doubles match.

The next non-league event will be a 369 doubles tournament in Clubhouse 2 on Oct. 20 at 6:15 p.m. Anyone wanting to play should reserve a spot by contacting Eunis "Wildfire" Christensen at [cashfit8@icloud.com](mailto:cashfit8@icloud.com) or (562) 879-1954. It's \$3 for club members and \$5 for non-club residents.

—Dave Silva



Patty Marsters

On Saturday, Oct. 16, the Theater Club will present its new show, "Early American History—Hysterical, not Historical," at 7 p.m. in Clubhouse 2. It's a comedic version of what really happened in the nation's history. There will be laughing and shaking of heads as people watch George and Martha Washington (played by Jon and Chris Russell) try to convince Betsy Ross (Maureen Ashley) to make a new flag for the country. Then there's the drunk captain of the Mayflower, the cook who can't cook, the Indian maidens who teach the pilgrim ladies how to cook and so much more. The show is free, but donations are appreciated. Doors open at 6 p.m.; audience members will need to bring their own beverages and snacks.



**Yahtzee Club**

The Yahtzee Club has resumed meeting at 12:30 p.m. every Friday in Clubhouse 3, Room 6. No new members will be accepted in October. Existing members need to call or text Kathy Rose at (714) 309-6873 by Wednesday of the week they plan to attend.

**Seeking Your Frightful Scenes**



Ghosts, goblins and other frightful sites are beginning to appear throughout Leisure World, including in the LW Library (above). Send photos of your spooktacular scenes to [pattym@lwsb.com](mailto:pattym@lwsb.com) by Oct. 21 for possible inclusion in the Oct. 28 issue.



**Local sales agent with local Medicare Advantage plans.**

I'm Sherry Vandervoort, a licensed sales agent in Leisure World Seal Beach. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs. **Take advantage of my knowledge and experience to:**

- Take the confusion out of Medicare
- Receive one-on-one service
- Get help comparing plans
- Make enrolling in a plan easier

I look forward to helping you explore your Medicare options so you can enroll in a plan with confidence.

**It's time to take advantage.**



**Sherry Vandervoort**  
 Licensed Sales Agent  
**562-795-6250, ext. 6250, TTY 711**  
**Cell: 949-702-9488**  
[sherryv.uhclwsb@gmail.com](mailto:sherryv.uhclwsb@gmail.com)  
[www.MyUHCagent.com/sherry.vandervoort](http://www.MyUHCagent.com/sherry.vandervoort)

Located in The Health Care Center, 1661 Golden Rain Rd.

**United Healthcare**

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2021 United HealthCare Services, Inc. All rights reserved. Y0066\_22SPRJ55189\_C





Jojo Weingart

Hui O Hula's 40-plus dancers and musicians thank Bernie Goossens (front center) for the gift of handmade, reversible masks in a Hawaiian motif, which are the perfect complement for the group's performances. Bernie and his wife, Martha, moved to Mutual 2 from Downey four years ago; they took

care of morning coffee and tea in Clubhouse 6's Hospitality Room until COVID hit. The club extends a big mahalo/thanks to him and his aloha spirit. Interested residents are invited to join in free hula lessons on Tuesdays and Thursdays at 1 p.m. in Veterans Plaza. Call (562) 431-2242 for more information.



Anna Derby

One of the Joyful Line Dance class teachers, Chung Cha Lewis, shows members how to do the Tennessee waltz. LWers are welcome to join the fun every Wednesday from 10 a.m.-noon at Veterans Plaza. Classes are limited to 32 people, first come, first served. Face masks and exercise shoes are mandatory. For more information, send a text to (562) 301-5339.

Leisure Time Dancers

As Leisure World continues reopening activities, Richard Sharrard brings back Leisure Time Dancers, with the next class scheduled for Oct. 18 from 2-4 p.m. upstairs in Clubhouse 6. This is the same day and time slot as the club had before. For the month of October, masks are required.

This meeting will be something of a re-introduction, allowing members to get reacquainted. Foxtrot lessons will be from 2-3 p.m., followed by an hour of intermediate big band swing.

All are welcome, regardless of experience. One hour is \$7, or two for \$11. For more information, contact Sharrard at (562) 434-6334.

LW Golf League Results for Oct. 1 at Riverview Golf Course

Thirteen men and one woman of the Leisure World Golf League participated in the Oct. 1 tournament at the par-70, 5,800-yard Riverview Golf Course in Santa Ana. At the 7 a.m. tee time, it was partly cloudy with cool temps that quickly elevated to produce a very warm, humid morning. The greens, tees and fairways are well-maintained,

but the course stayed wet until late in the round. The golfers were unable to completely prevail over these conditions, so scoring was slightly higher than usual; only five players were at or under par, but there were five birdies recorded.

All scores below are net (gross minus handicap). The A Flight handicap is 0-20, and B Flight is over 20.

**A Flight Winners:** First place: Clay Fischer, even par 70; second: Fujio Norihiro, 1 over 71; third: tie between Gary Stivers and Dave LaCascia, 2 over 72; fourth: tie between Sam Choi, Larry Hillhouse and Bill McKusky. LaCascia and McKusky had birdies, and Norihiro scored fewest putts. LaCascia was closest to the pin on the 150-yard, par-3 second hole, and McKusky was closest on the 100-yard, par-3 ninth hole.

**B Flight Winners:** First place: Chris Lankford, an extremely well-played 10 under 60; second: Gene Vesely, a terrific 8 under 62; third:

Bob Meripol, a really nice 6 under 64; fourth: tie between Tom Ross, Liz Meripol and Lowell Goltra. Birdies were carded by Lankford, Vesely and Munn, and Ross had fewest putts.

Friends, ladies, spouses and family are all welcome to play and/or join. The league plays at four local courses, all within 15 minutes of Leisure World. The courses are always quite full, so advance reservations with the league have become the norm, with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net, birdies, closest to the pin on two par-3s, and the lowest number of putts in each flight. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at (714) 313-3697 or LaCascia at (801) 674-5975.

—Dave LaCascia

Medicare Benefits and Annual Enrollment Meetings —

**BIG CHANGES COMING FOR 2022**

At our Medicare Benefits and Annual Enrollment meetings, we will **review our health plan partners' 2022 plan benefits, discuss 2022 changes, and look at your available options.**

**Space is limited.**

**RSVP: 833-442-2772**

TTY 711 M-F, 9a-5p

Carla Ibarra  
License #0142804  
cibarra.onlinehealth.news

Gabrielle Ruelas  
License #0H89454  
ruelas.gab@gmail.com

Free slice of pie at no obligation to enroll. For accommodations of persons with special needs at sales meetings, please call 833-442-2772, TTY 711. By calling the number above you will be directed to a licensed insurance agent.

<b>Hof's Hut</b> 12489 Seal Beach Blvd Seal Beach, CA 90740	
<b>Oct 6</b> 10am	<b>Nov 2</b> 10am
<b>Oct 14</b> 10am	<b>Nov 11</b> 10am
<b>Oct 21</b> 10am	<b>Nov 16</b> 10am
<b>Oct 28</b> 10am	

Receive a **FREE** slice of pie just for attending!

Family and friends invited!



The Velvetones perform two Sundays each month.

Dreamin' and Dancin' returns

Dreamin' and Dancin', with Leisure World's own Velvetones, will resume Oct. 17 at 6 p.m. At this time, the Golden Rain Foundation requires all attendees to wear masks and to sign in as they arrive. This is important not only for health reasons, but also to let the Recreation Department know how well-attended these events invariably are.

The Velvetones Ballroom Dance Orchestra performs swing and jazz music the first and third Sunday of each month in Clubhouse 4. All are invited to join the fun.

—Dan Wilderman



# Community

## SUNSHINE CLUB

### Randy Ankeny will present on pending 2022 projects and budget

GRF Executive Director Randy Ankeny will be the guest speaker at the Sunshine Club's Zoom meeting on Friday, Oct. 15, at 10 a.m. Ankeny will speak about the 2022 budget and other GRF projects. He will also answer questions from the audience.

Although COVID-19 has temporarily taken away some amenities, the GRF Board has used this time to renew and refresh things around Leisure World and Ankeny is excited about what everyone will see once LW can again open its doors fully.

All shareholders are welcome to join the Zoom meeting at <https://us02web.zoom.us/j/87427954280?pwd=dExQR2dDbIZSbUNkQlVoclhrjFhUT09>. The meeting ID is 874 2795 4280, and the passcode is 080651.

Those who would like to get the Zoom link by email should text their name, Mutual number and email address to (562) 301-5339 no later than today, Oct. 14, at 5 p.m. (text only, no phone calls).

Ankeny has been in his post since June 2013. Through his experience and education, Ankeny had developed a keen sense of customer service and a commitment to enhancing lifestyles to protect and increase property values of the communities under his care. Ankeny also has substantive executive experience in managing service and property operations.

For more information, contact Anna Derby at (562) 301-5339.



Randy Ankeny

## SENIOR PEACE CLUB

### Zoom meetings will be discontinued

The Board of Directors of the Senior Peace Club has voted to suspend further Zoom monthly meetings. When it's safe to have in-person meetings in the clubhouses again, the monthly general membership meetings will resume in compliance with all LW safety guidelines. The Board hopes to resume meetings in January.

The club will continue holding demonstrations in front of the globe on the last Wednesday of each month. The club's newsletter, produced by Janice Laine, will also continue to be sent out to the membership via email.

The September demonstration focused on welcoming home the troops from the Afghan war, which was the country's longest war ever. The organization Veterans Against War also participated in the demonstration, and the event was well attended and successful.

## Nikkei Club

The Nikkei Club will meet on Saturday, Oct. 16, in Clubhouse 3, Room 2, at 11 a.m. Carla Ibarra, who is a licensed independent agent and Medicare option specialist, will be the guest speaker. She will cover the plans and answer questions about which plan will be the most beneficial.



There will be a free lunch at the meeting. People are asked to RSVP as soon as possible by calling Sherri Vanek at (714) 916-6313 or Michie Kimura at (714) 317-1102. Dessert will be donated by the club members. This is open to all residents of LW. Masks must be worn in the room.

## American Legion Post 327

The American Legion Post 327 will hold an in-person meeting on Monday, Oct. 18. Commander Richard Carson will call the meeting to order at 1 p.m. in Clubhouse 3, Room 3. All veterans are welcome to attend. For more information, contact Cmdr. Carson at (714) 719-6873.

## American Latino Club

The American Latino Club will meet today, Oct. 14, in Clubhouse 3, Room 2, at 11:30 a.m. The club will celebrate Vice President Alicia Ortuzar's birthday with a cake. Members are asked to wear masks.

-Amy Walker, secretary

## Three cheers for another year!

Three LWers celebrated their birthdays with close friends and family.

### Danny and Helen Evangelista enjoy a nine-day adventure

Danny and Helen Evangelista of Mutual 1, Orly and Mercy Sanchez of Mutual 10, and Ruben and Nora Garcia of Mutual 2 all set out on a nine-day adventure through Yellowstone National Park, Grand Teton National Park and Antelope Canyon from Sept. 23-Oct. 1 to celebrate Danny's and Helen's birthdays.

Beginning at 4 a.m., the group drove to Salt Lake City, Utah. The next day, they travelled to the west gate of Yellowstone National Park, passing by idyllic scenery in Idaho and Montana. The group spent the night at the Westwood Hotel and enjoyed barbecuing by the property.

After touring the west side of the park, they drove to Jackson Hole, Wyoming, before checking in at Togwate Cabins, close to the Grand Teton National Park.

On the way back, the group drove to Page, Arizona, to take in the sights of Horseshoe Bend and the upper Antelope Canyon area. The entire group was in awe of the amazing effects the sunlight had inside the canyon.

The group returned home on Oct. 1, filled with unforgettable memories of their adventures.



Danny and Helen Evangelista, Orly and Mercy Sanchez, and Ruben and Nora Garcia in Yellowstone National Park.



The group takes in the sights of Antelope Canyon.



Francis Villanueva (l) and Debbi Fudge (r) helped Joann Bambridge (center) celebrate her 90th birthday.

### Joann Bambridge turns 90 years old

Joann Bambridge of Mutual 1 reached her 90th birthday on Sept. 28. Joann celebrated her milestone birthday with dinner at the California Fish Grill, with Romy and Francis Villanueva. Joann also celebrated with Francis and Debbi Fudge with a "2 O'clock Delight" individually wrapped muffin get-together.

### Celebrating a Birthday?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to:

**laurieb@lwsb.com**

The deadline is the Thursday before the desired publication date.

## Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line, (562) 570-7387, or go online at [www.longbeach.gov/acs/wildlife/coyote-report](http://www.longbeach.gov/acs/wildlife/coyote-report).

Remember to not engage and give space to wild animals, strays and any sick or aggressive looking animal you come across.

## For Your Information:

When there is doubt about LW policy or rules and regulations, residents should refer to their Occupancy Agreement or direct questions to their mutual directors or GRF representatives





Members of the KACMA club meet on Thursdays in Clubhouse 2.

Korean American Classical Music Association

The Korean American Classical Music Association (KACMA) will reopen today, Oct. 14, from 9:30-11:30 a.m. in Clubhouse 2. Program director Samuel Kim will present the following programs this month: Winterreise (Winter Journey) on Oct. 14, Opera Orfeo by Ed Eurydice on Oct. 21, and Symphony No. 35 by “Haffner” Wolfgang Amadeus Mozart on Oct. 28. Club members are asked to wear face masks and bring their own coffee cups to the meetings.

Democratic Club

by Mary Larson  
LW contributor

Leisure World Democratic Club will meet on Wednesday, Oct. 20, at noon via Zoom. Login information can be found on page 9 of the club’s Oct. 6 newsletter. Anyone who needs help retrieving the login information can email [democraticclubsblw@gmail.com](mailto:democraticclubsblw@gmail.com) or call (562) 296-8521. Katrina Foley will be the guest speaker at the meeting. She was elected to the Orange County Board of Supervisors in 2021 to fill the balance of a term vacated early and will be on the ballot again in June 2022. Five other Democrats recently announced they are running for election in 2022. Assemblyman Marc Levine (D-San Rafael) will challenge incumbent California Insurance Commissioner Ricardo Lara. Seal Beach resident Rick Foster will challenge incumbent Claude Parrish for County Assessor. David Dobson is running to represent the Fourth District on the California Board of Equalization. Malia Cohen and Yvonne Yu have entered the race to succeed

Betty Yee, who is termed out as California’s Comptroller at the end of 2022. These five new candidates have joined Pete Harden, who had previously announced he was running for Orange County District Attorney against incumbent Todd Spitzer. All of these Democratic candidates will be invited to speak at the club’s membership meetings in the coming months. Foster was recently appointed by Foley to the Development Process Review Board. He will represent the Second District by helping shape and make policies that affect unincorporated lands in Orange County. He is currently the founder and manager of a company that works to provide homes for seniors, disabled veterans and battered women transitioning from shelters to housing. He also founded You Are Safe Here, an international city designation for LGBTQ+ visitors and refugees. ... Club members will also receive a list of nominees for the club’s 2022-2023 Board at the Oct. 20 meeting. The nominees are:

Rachael Lehmberg for hospitality committee chair, Carolyn Smith for nominating committee chair, Martha Warner for special events committee chair, and Debbie Wrathall for program committee chair. The position of secretary remains unfilled for the time being. Nominations from the floor will be received at the meeting or can be submitted by emailing [democraticclubSBLW@gmail.com](mailto:democraticclubSBLW@gmail.com) up to Oct. 31. Any nomination must include the consent of the person being nominated. President Mary Tromp, Vice-President Kathy Moran, Treasurer Marylee Thomsen, Membership Committee Chair Loni Gardette, Publicity Committee Chair Mary Larson and Assistant Treasurer Kathy Moran will be serving the second year of their two-year terms on the club’s board. LW Democrats and supporters who are interested in more in-depth, up-to-date reporting on the issues can subscribe to the club’s free electronic newsletter. To subscribe, email [democraticclubsblw@gmail.com](mailto:democraticclubsblw@gmail.com), or call editor Mary Larson at (562) 296-8521.

Leave a lasting legacy in LW

People can include the Golden Age Foundation (GAF) when planning their will or estate. Previous legacy contributions from generous shareholders have funded many projects that benefit people in need, including a mobility-impaired bus, Meals On Wheels and numerous bus shelters that provide comfort for shareholders. Consult with an estate planning professional if you are interested in a legacy contribution to the GAF. The GAF is a nonprofit, charitable organization (tax ID 23-7273105). For information visit [www.goldenagefdn.org](http://www.goldenagefdn.org) or call (562) 431-9589 and leave your name, phone number and email address.



Mutual 8 Community Picnic

Mutual 8 will hold its community picnic on Saturday, Oct. 23, from 1-4 p.m. at the Clubhouse 1 picnic tables. Hot dogs, hamburgers, veggie burgers, bottled water, condiments and paper goods will be provided. People are asked to bring a side dish that serves 6-8 people and wear a mask while waiting in the food line. People must RSVP with their preferred main dish by Sunday, Oct. 17. Transportation to and from Clubhouse 1 is available. For more information, call Camille Thompson at (760) 291-0852.

Italian American Club

The Italian American Club will meet on Wednesday, Oct. 20, at 2 p.m. in Clubhouse 3, Room 2. Masks are required to attend the meeting. Those who have questions or comments can call the club president at (562) 355-2918.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



Michael Oh and Anna Derby

Enjoying a leisurely walk

Over the past 18 months, Michael Oh and Anna Derby discovered a nice path filled with trees, all kinds of different colors of flowers, birds, playful squirrels, hawks and marvelous sunsets. “We didn’t know how beautiful our surroundings were until a friend took a photo while we were on a daily walk,” Derby said. “This photo looks like a forest path, far away from Leisure World.” The pair said that having company helps them walk longer and makes the routine pleasant. They see the same walkers each day and they smile at one another, which makes it even more fun. Variety is the key for the success, they believe, so creating a routine that allows both flexibility and the opportunity for increased distance helps them stay motivated.



Michelle Steel

Republican Club

Congressman Michelle Steel will be the Republican Club’s guest speaker on Friday, Oct. 22, at 1 p.m. in Clubhouse 4. She will discuss constituent services available at her office as well as other issues. The regular Republican Club meeting will be at 7 p.m. on Monday, Oct. 18, in Clubhouse 3, Room 2. Masks are mandatory for both meetings.



Volunteers are now offering LW residents a free “God Bless America” cross to anyone who would like one. Donations are accepted and go toward purchasing materials. To receive a cross, call Debbie Harlow at (513) 490 6250.





# SEPTEMBER SECURITY REPORT

The following is summary of the security report for September. The report has been edited for brevity and clarity.

**FIRE: 2**  
•Sept. 5, 9:12 p.m., *Mutual 12*  
New batteries were required for a fire alarm.  
•Sept. 5, 12:45 p.m., *Mutual 2*  
Smoke was detected due to burnt toast, no fire reported.

**THEFT: 9**  
•Sept. 4, 12:41 p.m., *Mutual 9*  
A resident stated she was missing silverware and filed a report.  
•Sept. 14, 3:06 p.m., *RV Lot*  
GRF-owned Ring device with camera was removed.  
•Sept. 14, 6:20 p.m., *Mutual 2*  
A resident reported a wheel cover missing from her vehicle. She also reported her vehicle license tag was removed one month ago. A replacement tag was ordered.  
•Sept. 15, 2:30 p.m., *Mutual 5*  
A resident reported checking account statements and other items were missing.  
•Sept. 20, 8:34 a.m., *Mutual 1*  
A resident stated an unknown person removed her property.  
•Sept. 20, 10:35 a.m., *Mutual 11*  
A resident reported personal papers were removed from his residence.  
•Sept. 22, 9:21 p.m., *Mutual 15*  
A resident reported clothing and a rug was removed from the laundry room dryer.  
•Sept. 29, 10:11 a.m., *Mutual 5*  
A resident stated a visitor pass was removed from an unlocked vehicle.  
•Sept. 29, 11:17 a.m., *Mutual 1*  
A resident stated an unknown person removed her shopping cart from her carport.

**VANDALISM: 4**  
•Sept. 1, *Unknown, Mutual 3*  
A resident reported deliberate vandalism of her vehicle's tire.  
•Sept. 2, 6:05 p.m., *Mutual 2*  
A resident reported a damaged golf tire.  
•Sept. 7, 4:35 p.m., *Administration Parking Lot*  
An unknown suspect used black marker to vandalize a GRF vehicle and 24-hour nurses vehicle.  
•Sept. 23, 3:53 p.m., *Mutual 11*  
An unknown suspect painted a swastika on a resident's walkway. SBPD was advised of the incident.

**PET COMPLAINTS: 3**  
•Sept. 1, 4:20 p.m., *Mutual 11*  
A resident's dog bit another resident on the hand while the victim was petting it. Transport to the hospital was not required.  
•Sept. 8, 7:47 a.m., *Mutual 2*  
A dog was barking inside a unit. The resident was advised of pet regulations.  
•Sept. 12, 5:58 p.m., *Pickleball Court*  
A unleashed dog was on the court. Owner was advised of pet regulations.

**TRAFFIC INCIDENTS: 7**  
•Sept. 1, 1:55 p.m., *Mutual 4*  
Vehicles collided in the parking lot area. No injuries were reported.  
•Sept. 2, 12:42 p.m., *Administration Parking Lot*  
A vehicle struck the entry

ramp pole and left the scene.  
•Sept. 8, 2:15 p.m., *Cedar Crest Lane*  
A moving vehicle struck a parked vehicle.  
•Sept. 10, 10 a.m., *Main Gate*  
The top of a moving truck struck the flood light under the canopy at the Main Gate.  
•Sept. 18, 3:54 p.m., *Golden Rain Road/St. Andrews Drive*  
A wreck involving two moving vehicles caused minor damage.  
•Sept. 21, 11 a.m., *Golden Rain Road/St. Andrews Drive*  
A moving vehicle struck another moving vehicle, causing minor damage to mirror.  
•Sept. 29, 3:30 p.m., *Golden Rain Road/St. Andrews Drive*  
A driver struck another moving vehicle, then struck a person in a mobility scooter. SB police and paramedics assisted at the scene.

**NOISE COMPLAINTS: 11**  
•Sept. 1, 9:15 p.m., *Mutual 1*  
Ongoing complaint of noises coming from neighboring units.  
•Sept. 4, 8:51 p.m., *Mutual 4*  
A resident reported hearing a loud noise outside of residence. No noise detected at the scene.  
•Sept. 12, 7:40 p.m., *Mutual 7*  
Excessive volume was coming from a neighbor's unit with no answer at the door. Mutual president will advise resident at a later time.  
•Sept. 15, 2:33 a.m., *Mutual 14*  
A resident was yelling on the golf course and escorted home without further incident.  
•Sept. 15, 2:52 a.m., *Mutual 15*  
A resident complained of noise coming from the freeway construction area,  
•Sept. 15, 11:24 a.m., *Mutual 2*  
Resident reported hearing people and animals in her attic area. No noise was detected at the scene.  
•Sept. 16, 4 p.m., *Mutual 1*  
Ongoing complaint from resident of noise; no noise was detected.  
•Sept. 22, 1:45 p.m., *Mutual 4*  
Ongoing noise complaint regarding neighbor disturbing the peace.  
•Sept. 25, 8:20 p.m., *Mutual 11*  
Loud music and talking was reported in neighboring unit. The resident was advised and reduced the volume.  
•Sept. 27, 1 p.m., *Mutual 4*  
Ongoing noise complaint regarding neighbor disturbing the peace.  
•Sept. 29, 12:01 p.m., *Mutual 2*  
Ongoing complaint of noises coming from the attic. No noise was detected at the scene.

**INJURIES: 7**  
•Sept. 1, 3:38 p.m., *Mutual 5*  
A resident was found on the ground near the dumpsters and transported to the hospital.  
•Sept. 5, 8:11 a.m., *Mutual 12*  
A resident stated he tripped and was taken to the hospital.  
•Sept. 8, 6:20 p.m., *Mutual 6*  
A resident fell while getting out of a lawn chair and was transported to the hospital.  
•Sept. 11, 12:20 p.m., *Mutual 3*  
A resident tripped over a curb but did not require transportation to the hospital.  
•Sept. 18, 10:50 a.m., *Woodshop*  
A resident cut his finger while operating woodshop machinery.

•Sept. 20, 4:38 p.m., *Mutual 14*  
A resident fell while dragging an item near his carport and was taken to the hospital.  
•Sept. 21, 7:08 p.m., *Mutual 2*  
A resident felt weak and almost fell. Did not need transportation to hospital.

**LOST RESIDENT: 6**  
•Sept. 5, 12:20 a.m., *Mutual 5*  
A resident was delivered safely home. Security found a water leak in the home and called maintenance.  
•Sept. 5, 2:33 p.m., *Mutual 3*  
A lost resident was picked up and escorted home.  
•Sept. 6, 11:30 a.m., *Mutual 7*  
A resident was found by another resident and escorted home.  
•Sept. 10, 7:58 p.m., *Mutual 3*  
A lost resident was escorted home.  
•Sept. 14, 8:40 p.m., *Mutual 3*  
Ongoing issue with resident wandering from her unit.  
•Sept. 27, 9:07 p.m., *Mutual 10*  
A resident was found and returned home safely.

**OTHER INCIDENTS**  
•Sept. 1, 4:30 p.m., *Front Gate*  
A person without legal authority attempted to enter the community. Entry was denied, and the person left the scene.  
•Sept. 2, 8:55 p.m., *Mutual 6*  
A resident observed a person with a flashlight across the street from her unit. No one was found.  
•Sept. 3, 9:30 a.m., *Mutual 1*  
A resident reported her front door was ajar when she returned home. No items were reported missing.  
•Sept. 5, 5:55 p.m., *1.8 Acres*  
Ongoing resident dispute  
•Sept. 5, 8:50 p.m., *Mutual 10*  
Ongoing resident issue of people entering her home. Trespassers were not located.  
•Sept. 5, 4:11 p.m., *Mutual 3*  
Residents were involved in a verbal altercation. SBPD was called to the scene to keep the peace.  
•Sept. 7, 11:50 p.m., *Mutual 2*  
Ongoing resident dispute regarding a variety of issues.  
•Sept. 8, 1 p.m., *1.8 Acres*  
Ongoing resident dispute involving use of 1.8 Acres.  
•Sept. 9, 12:39 p.m., *Mutual 1*  
Ongoing resident dispute regarding a variety of issues.  
•Sept. 10, 1:25 p.m., *Mutual 5*  
Neighbors were involved in verbal altercation. No crime was reported; Security kept the peace.  
•Sept. 11, 6:06 p.m., *Mutual 15*  
A fallen tree was reported. A landscaper was contracted to remove tree.  
•Sept. 12, 2:39 p.m., *Mutual 2*  
A resident reported unknown people in her residence. No one was found in the unit.  
•Sept. 13, 12:55 p.m., *Mutual 5*  
A resident reported observing a man walking in the night, then disappeared on Sept. 10.  
•Sept. 13, 12:18 p.m., *Golf Course*  
A resident who was not playing golf wandered onto the course. The resident was advised and left.  
•Sept. 14, 5:46 p.m., *Mutual 11*  
Ongoing resident issue with resident verbally abusing others. SBPD arrived at the scene and transported the resident.  
•Sept. 15, 2:59 a.m., *Mutual 4*

Resident smelled gas inside his unit. Gas was not detected at the scene.  
•Sept. 16, 3:20 p.m., *Mutual 2*  
Resident found an obscenity etched in the dust on her vehicle.  
•Sept. 16, 7:09 p.m., *Mutual 11*  
Ongoing neighbor issue regarding trash.  
•Sept. 17, 1:16 p.m., *Mutual 2*  
Resident found an obscenity etched in the dust on her vehicle.  
•Sept. 17, 12:52 p.m., *Mutual 1*  
A vendor was sleeping in a vehicle in the carport area. The vendor was advised of policies, complied and left the scene.  
•Sept. 18, 4:14 p.m., *Mutual 15*  
Residents were involved in a verbal altercation regarding the washing machines.  
•Sept. 18, 12:32 p.m., *Mutual 7*  
A resident claimed someone was parking in his carport space. No vehicle was found.  
•Sept. 19, 8:27 p.m., *Mutual 1*  
A resident observed an unknown person near her unit. The person left the scene.  
•Sept. 23, 6:21 p.m., *Mutual 2*  
Ongoing neighbor dispute. Both parties were advised and kept the peace.  
•Sept. 24, 3:44 p.m., *Mutual 4*  
An ongoing resident dispute; one resident stated she would contact SBPD.  
•Sept. 24, 1:39 p.m., *Mutual 2*  
A resident claims her neighbor pours acid on her plants. Mutual ordered a soil test.  
•Sept. 24, 10:30 a.m., *Mutual 10*  
Ongoing resident complaint regarding the services received from GRF employees.  
•Sept. 24, 1:24 p.m., *Mutual 2*  
A resident stated work in a neighboring unit caused damage to her personal effects.  
•Sept. 25, 7:20 p.m., *Mutual 5*  
Security conducted a wellness check. Resident was found to be okay.  
•Sept. 28, 10:45 p.m., *Mutual 11*  
SBPD arrived at scene during a family dispute. Police spoke to all parties and kept the peace.  
•Sept. 29, 11:39 a.m., *Mutual 9*  
A resident reported another resident used obscene language toward him.  
•Sept. 30, 1:10 p.m., *Mutual 12*  
A resident stated another resident involved her in a verbal altercation over her dog.  
•Sept. 30, 10:54 a.m., *Mutual 1*  
A person was reported sleeping in a vehicle inside a carport. No one was found.

**TOTALS:**  
Paramedic calls: 147 (average 4.9 calls per day).  
Theft: 9  
Vandalism: 4  
Traffic Incidents: 7  
Death Investigations: 15  
Lost Residents: 6  
Injuries: 7  
Noise Complaints: 11  
Fire Reports: 2  
Pet Complaints: 3  
Grand Total: 211

HCC  
24-Hour  
Nurse  
795-6216

## SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at [sbtv3.org/schedule](http://sbtv3.org/schedule). Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at [SBTV3.org](http://SBTV3.org).

Thursday, Oct. 14	
4 pm	Rollin' Thunder Parade 2021
4:30 pm	LW Special Olympics 2021
4:38 pm	LW Sewing Brigade
5 pm	Captain Joe Disappears
5:15 pm	Maui Swap Meet 2018
5:31 pm	LW Shakespeare Sonnets
5:45 pm	Alaska/LW Radio Club
6 pm	Life and Times in SB: Rich Harbour/Kurt Augsburger
7 pm	Vintage Car Cruise
8:30 pm	Cerritos Center- Lady Jazz
10 pm	Shakespeare in the Park: Cymbeline

Friday, Oct. 15	
4 pm	Beginning of Leisure World
4:20 pm	Alaska: The Final Frontier
4:30 pm	Game Room Clubhouse 2
4:52 pm	Albuquerque Hot Air Balloons
5 pm	Halloween Pumpkin Carving Contest
5:50 pm	Scary Stories with Bill & Ethel
6 pm	Roy Orbison Tribute 2021
7:30 pm	Vintage Car Cruise
8:40 pm	LW Sewing Brigade
9 pm	Shakespeare in the Park: Othello
10:30 pm	Big Bad Voodoo Daddy

Saturday, Oct. 16	
4 pm	Head Master
4:15 pm	Captain Joe Disappears
4:30 pm	Rollin' Thunder Parade 2021
5 pm	Halloween Pumpkin Carving Contest
5:50 pm	St. Augustine Road Trip
6 pm	Roy Orbison Tribute 2021
7:30 pm	McGaugh Third Grade Show
8:30 pm	LAUSD
11 pm	Bob Cole Conservancy

Sunday, Oct. 17	
4 pm	SB Planning Committee Meeting 10/11 REPLAY
5:30 pm	McGaugh Pageant of the Arts
6:45 pm	The Street Where I Live
7 pm	Life and Times in SB: Rich Harbour/Kurt Augsburger
8:15 pm	St. Augustine Road Trip
8:23 pm	Albuquerque Hot Air Balloons
8:30 pm	Ocean Perspectives: Watershed Wonders
9:30 pm	Mystery at the Theater
10 pm	Live at the Ford: Vaud and the Villians

Monday, Oct. 18	
4 pm	Ghost Dance Naomi Nixon
4:03 pm	Head Master
4:45 pm	The Street Where I Live
5 pm	Halloween Pumpkin Carving Contest
5:50 pm	Scary Stories with Bill & Ethel
6 pm	Captain Joe Disappears
6:15 pm	Alaska/LW Radio Club
6:30 pm	St. Augustine Road Trip
6:39 pm	Albuquerque Hot Air Balloons
6:45 pm	Alaska/LW Radio Club
7 pm	SB City Council Meeting- LIVE
8:15 pm	Terry Otte & Abilene 2021
10 pm	Shakespeare in the Park: Taming of the Shrew

Tuesday, Oct. 19	
4 pm	Head Master
4:10 pm	Mystery at the Theater
4:40 pm	Beginning of Leisure World
5 pm	The Street Where I Live/ LW Hula 2021
5:30 pm	Roy Orbison Tribute 2021
7:30 pm	Vintage Car Cruise
8:15 pm	Life and Times in SB: Rich Harbour/Kurt Augsburger
9:30 pm	Ford Theater:
SBTV, page 20	



# OBITUARIES

## Frances Leona Johnson 1928-2021

Frances Leona Johnson was born Oct. 31, 1928, at 7:30 a.m. in Hatton, North Dakota to Vigo and Ragnild Onstad.



Frances married her husband of 71 years, Wallace Johnson, not long after World War II on Dec. 3, 1949, in the Mission Church of Balaton, Minnesota. She lived with and loved him up to the time of her peaceful passing, in her home on Sept. 18.

Frances was strong and ambitious. As a teenager, she harvested potatoes in the blistering heat of Minnesota and North Dakota summers. As a young woman, she beat polio. Frances had two sons, and after they finished school, she worked several jobs outside the home and ran her own successful rental cleaning business.

Frances was a Bible Study Fellowship discussion group leader and teacher for many years and had a tough time retiring because the women really loved her. Frances also reviewed and critiqued papers for a prison Bible study group for many years.

One of Frances' favorite things to do, besides traveling to new and interesting places, was singing. Frances and Wally sang hundreds of times over the last 25 years for the Leisure World Baptist and Pentecostal churches, as well as The Salvation Army.

Frances and Wally, along with friends and relatives, went on many cruises to the Caribbean, Alaska, the Mediterranean and through the Panama Canal and took many trips to countries such as Norway, Sweden, Russia, Germany and Israel. They also drove their camper up to the Alcan Highway to Alaska and to most National Parks.

Frances loved to cook big Christmas and Thanksgiving dinners for her family and friends. Holidays and birthdays were

special occasions, and she always went out of her way to make everyone who attended feel special. Frances also loved to read, her Bible mostly, but a good mystery was always on the list.

Frances embodied the verses out of 1 Corinthians 13:4-8, "Love is patient, love is kind, it does not envy, it does not boast, it is not proud, it does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no records of wrongs. Love does not delight in evil, but rejoices with truth. It bears all things, believes all things, hopes all things, endures all things."

Frances leaves behind her husband, Wally; her two sons, Kim and Tab; their wives, Pam and Sarah; four grandchildren; six great-grandchildren; and countless friends, who all know she is with her savior and Lord, Jesus, who was born, lived a sinless life, died for her and their sins, and was raised again, which gives them the sure and present hope that they will see her again.

## Catherine Cecelia Berres Tautges 1939-2021

Catherine Cecelia Berres Tautges died peacefully in Los Alamitos on Sept. 11. She was 81 years old. Catherine is survived by her spouse, David; their six children; and many grandchildren and great-grandchildren.

She was born in Milwaukee and lived and served as a music minister in various churches in Wisconsin and Illinois. Catherine was also active in the VFW Auxiliary Post 327 in Seal Beach. She will be missed by her family and her numerous friends and colleagues.

Catherine's funeral Mass was on Oct. 13 at St. Hedwig Catholic Church in Los Alamitos.

In Memoriam  
Betty Lusher 92

## SBTV from page 19

Vaud and the Villians  
10 pm Bob Cole Conservancy

### Wednesday, Oct. 20

4 pm Ghost Dance Naomi Nixon  
4:03 pm Halloween Pumpkin Carving Contest  
5 pm Mystery at the Theater  
5:32 pm Game Room Clubhouse 2  
5:45 pm Aliens Among Us  
6 pm The Street Where I Live  
6:15 pm Alaska/LW Radio Club  
6:30 pm Scary Stories with Bill & Ethel  
6:40 pm Vintage Car Cruise 2021  
7:50 pm St. Augustine Road Trip  
8 pm Roy Orbison Tribute 2021  
9:30 pm Live at the Ford:  
Vaud and the Villians  
11:30 pm Bob Cole Conservancy

\*All programming is subject to change.

HCC  
24-Hour  
Nurse  
(562) 795-6216

## SCRABBLE G R A M S SOLUTION

B <sub>3</sub>	R <sub>1</sub>	E <sub>1</sub>	A <sub>1</sub>	T <sub>1</sub>	H <sub>4</sub>	Y <sub>4</sub>	RACK 1 =	65
E <sub>1</sub>	A <sub>1</sub>	R <sub>1</sub>	L <sub>1</sub>	O <sub>1</sub>	B <sub>3</sub>	E <sub>1</sub>	RACK 2 =	59
L <sub>1</sub>	U <sub>1</sub>	M <sub>3</sub>	P <sub>3</sub>	I <sub>1</sub>	S <sub>1</sub>	H <sub>4</sub>	RACK 3 =	92
B <sub>3</sub>	E <sub>1</sub>	D <sub>2</sub>	R <sub>1</sub>	O <sub>1</sub>	C <sub>3</sub>	K <sub>5</sub>	RACK 4 =	69
L <sub>1</sub>	E <sub>1</sub>	T <sub>1</sub>	T <sub>1</sub>	U <sub>1</sub>	C <sub>3</sub>	E <sub>1</sub>	RACK 5 =	59
PAR SCORE 265-275								TOTAL 344

Hasbro and its logo, SCRABBLE®, associated logo, the design of the distinctive SCRABBLE brand game board, and the distinctive letter design are trademarks of Hasbro in the United States and other countries.

## Crossword Answers

A	W	O	L	T	S	A	R	C	A	T	S	H	O	S	T	E	D
R	A	B	I	A	L	L	A	O	G	E	E	E	I	T	H	E	R
T	R	O	P	I	C	A	L	F	O	R	E	S	A	L	I	E	N
E	T	E	R	N	I	T	Y	P	I	N	T	S	L	I	L	I	
	E	A	T	S	M	I	N	T	Y	V	I	N	T	N	E	R	
C	L	E	A	N		B	E	A	T	B	A	N	G		S	L	A
H	E	N	D	E	R	S	O	N	T	H	E	K	I	N	G	A	P
A	N	T	E		E	C	O	L	E		N	E	T	S		N	A
I	T	E	R		S	O	H	O		L	I	E	S		O	L	D
N	O	R		J	U	N	O		S	I	G	N		S	P	U	R
	C	O	M	E	O	R	C	O	M	E	S	H	I	N	E		
L	O	A	V	E	S	O	O	N	A		T	U	N	A		A	L
B	E	V	I	E	S		A	M	P	S		S	E	T	I		C
A	G	E	R		T	R	E	E		D	A	N	I	O		A	T
H	E	R	O		A	H	A	R	D	S	A	G	O	N	N	A	F
I	N	T		O	V	I	D		A	C	E	S			V	E	R
A	D	H	E	R	E	S		A	T	L	A	S			W	R	I
	E	L	A	N		O	N	E	U	P		T	H	O	L	E	P
T	U	B	I	N	G		D	O	N	T	O	N	M	Y	P	A	R
S	T	O	O	G	E		E	L	S	E		C	A	M	E		I
P	E	W	T	E	R		S	E	E	D		O	N	E	S		A

## Sudoku 1 Answers

9	3	5	7	8	1	2	4	6
8	4	1	2	6	5	7	3	9
7	2	6	3	9	4	1	5	8
1	6	7	5	2	8	4	9	3
3	8	9	6	4	7	5	2	1
2	5	4	9	1	3	6	8	7
6	1	3	4	5	9	8	7	2
5	9	8	1	7	2	3	6	4
4	7	2	8	3	6	9	1	5

The Basic Rules of Sudoku:  
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.  
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.  
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.  
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.  
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

## Jumble Answers

DRESS FRONT PUBLIC SONATA  
The ram refused to smash horns with the other ram — NO IFS, ANDS, OR BUTTS

# Puzzle Answers

Puzzle pages 6-7



## Sudoku 2 Answers

5	2	1	9	7	6	8	4	3
6	7	8	1	3	4	9	2	5
4	9	3	8	5	2	1	7	6
3	4	9	2	8	7	6	5	1
7	1	5	6	4	3	2	9	8
2	8	6	5	1	9	4	3	7
9	5	2	3	6	1	7	8	4
8	6	4	7	9	5	3	1	2
1	3	7	4	2	8	5	6	9

Guess Who?  
Christopher Lloyd

## Crypto Fun Answers

A. doctor B. checkup C. testing D. diagnosis

## Boggle BrainBusters Answers

IRAQ CUBA PERU HAITI NEPAL CHILE CHINA BRAZIL POLAND ICELAND

## Word-Find Answers

M	A	I	N	T	E	N	A	N	C	E	W	T	X	B	M	G	P	N	L
E	R	U	S	S	E	R	P	D	O	O	L	B	L	P	G	B	R	T	U
P	N	V	L	E	H	S	N	H	I	B	T	B	D	Y	G	N	O	B	W
I	E	M	P	L	I	T	N	S	O	S	W	L	M	L	Y	Y	A	A	W
M	S	L	T	X	B	N	M	O	N	I	T	O	R	O	E	T	C	P	B
D	O	A	Y	L	R	M	P	T	W	S	Y	H	M	A	C	V	T	P	T
O	N	T	M	E	R	U	S	S	E	R	P	D	O	O	L	B	I	O	N
C	G	I	D	P	N	H	E	W	L	W	E	I	G	H	T	B	V	I	A
T	A	P	T	C	L	A	B	O	R	A	T	O	R	Y	L	Y	E	N	T
O	I	S	E	U	P	N	X	V	W	Y	W	O	W	W	D	I	P	T	S
R	D	O	W	A	R	D	M	H	E	A	L	T	H	D	I	O	I	M	I
H	A	H	X	L	A	C	I	S	Y	H	P	N	H	A	L	I	X	E	S
E	X	Y	E	S	X	R	X	L	N	S	S	E	I	H	S	B	Y	N	S
N	O	I	T	P	I	R	C	S	E	R	P	O	W	B	V	Y	S	T	A
R	P	V	E	D	U	D	T	N	O	I	T	A	N	I	M	A	X	E	E
T	I	M	D	A	P	R	V	R	T	R	R	Y	I	N	N	G	W	G	C
H	E	A	R	T	B	E	A	T	D	I	E	T	M	D	N	B	D	A	I
P	V	C	T	L	C	L	T	U	G	I	L	L	N	E	S	S	C	S	V
B	T	I	G	B	U	W	C	H	O	L	E	S	T	E	R	O	L	G	D
Y	N	G	N	P	P	S	W	M	N	D	O	W	E	T	T	A	E	X	A



# Professional Services

Room additions  
Remodeling  
Skylights  
Kitchens  
Bathrooms  
Countertops  
Storage closets  
Washer/Dryer  
FREE ESTIMATES  
LW REFERENCES

**John M. Bergkvist**

GENERAL BUILDING CONTRACTOR

State Lic. #638079

**562 - 433-3052**



**LIVING TRUSTS  
ESTATE PLANNING  
PROBATE  
CONSERVATORSHIPS**

House Calls - Free Consultation  
**(562) 280-0999**

**James E. Foden, Attorney at Law**

**WINDOW · DOOR · SKYLIGHT**



**LW Resident providing  
personal service at  
the lowest price.**

**SWENMAN CO.**

**562-544-4262**

St. Lic. 413207 · Seal Beach Swe001

**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**Care Giving**

-Cooking -Cleaning  
-Laundry -Grocery Shopping

**Deidre Johnson**  
(562) 335-8661

*Let me take care of your personal, home and medical needs.  
Over 5 years of experience.  
Resume and references available upon request.*  
**djohnsonlola@gmail.com**



•Kitchens General Contractor  
•Bathrooms •Counter Tops  
•Room Additions •Home Remodel  
•Flooring •Patio Enclosures

Lic.945818

**Call for FREE Estimates**

**kkonstruktion@gmail.com**

**562-715-3821**



**Chris Kim (김인철)**

Berkshire Hathaway HomeServices  
Realtor® DRE #00996404

**www.LWChris.com**  
**(424) 247-4542**

*Chris can find the best one for you!*  
원하시는 최상의 집과 구입자를 찾아드립니다!  
Woodbury Univ. BS, Cal. Theo. Seminary M.Div.  
인천교대부국 상도중학교 경기고등학교 졸업

**GRECO  
CONSTRUCTION**

**ROOM ADDITIONS, PATIOS  
KITCHEN & BATH REMODELS**

Excellent LW Referrals

**714-330-3523**

ST. LIC # 992336

**grecoconstructiondev@gmail.com**

**Are you Frustrated  
With Your Computer?**

PC, MAC, Cell Phone, Tablet, TV or Stereo

I will come to you.  
Call Me... Let me help you.

**Tina Schaffer**

**(562) 755-6199**

*Serving residents for 14 years*



**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**

**Local help with your  
Medicare questions.**



**Sherry Vandervoort**

Licensed Sales Agent

**562-795-6250, TTY 711**

**Cell: 949-702-9488**

Located in The Health Care Center, 1661 Golden Rain Rd.

Y0066\_SPRJ55188\_C

**United  
Healthcare**

**WATCH & JEWELRY REPAIR**

**ROLEX**

INDEPENDENT  
SERVICE

**CLOCK  
REPAIRS**

**Watch  
Batteries  
\$15<sup>00</sup>**

Most watches

**FREE Pick-up & Delivery**

**SAVE this coupon**

**Fanny & Luis (LW residents)**

**Old Coupons  
Are Cancelled**

**562-799-9934**

**Advertise here  
for \$30 per week**

10 consecutive weeks, minimum

**Call 430-0534**



CA. LIC.#1053255

**All home improvements  
Quality work**

**Beautifying Leisure World  
for over 20 years**

**Marco Garcia  
General Contractor  
562-726-2476**

**LIVING TRUSTS**

**\$499<sup>00</sup>** SINGLE

**\$699<sup>00</sup>** MARRIED

First Time Clients. Simple Estates.

**Living Trust & Pour-Over Will  
Home Transferred to Trust  
Power of Attorney Documents**

**OTHER SERVICES**

+ Probate Administration  
+ Trust Modification  
+ Small Estate Affidavits  
+ Legal Name Changes

**Service Includes:**

• Two visits w/Attorney

• FLAT RATES

• AFFORDABLE FEES

Web site: **www.amstrustlaw.com**

**10 Minutes from  
Leisure World**

**[714] 899-9671**

**Initial consultation free to establish a trust.**

**Law Offices of Allan M. Soto, Inc.**

7960 W. McFadden Ave. • Westminster, CA 92683



**Martin**

**MP CONSTRUCTION**

**mp.construction2@aol.com**

**562-746-5400**

Lic.# 954725



# Professional Services



**Room Additions / All Improvements**

**J.G. KRESS**  
CONSTRUCTION  
Lic. 525989

**OUR 27th YEAR**

**Family Owned & Operated**  
LW References Available

**714-282-0559**



**Los Al BUILDERS**

**(714) 379-3500**  
Experience Our Experience  
Remodeling Leisure World For Over 30 Years  
Carlos Ayala  
www.LosAlBuilders.com

St. Lic. # 1060993

**Income Tax**

- Financial Planning and Bill Paying
- Trust Administration



**(562) 594-9729**  
Leisure World Shopping Center  
13924 Seal Beach Boulevard, Suite C  
\*\*Same location since 1979\*\*



**Budget Blinds of Huntington Beach and Seal Beach**

Blinds  
Shutters  
Shades  
Draperies  
Home-Automation

Sandy & Lenny Ng  
Owners, Design Consultants  
Email: [sandy.ng@budgetblinds.com](mailto:sandy.ng@budgetblinds.com)  
<http://www.budgetblinds.com/sealbeach>  
An independently owned and operated franchise.



**BUDGET BLINDS** Call now for your free in-home consultation!

**Call (714) 840-8540**



**Sandra Teel**  
Cell: (657) 204-4224  
[steelmedagent@gmail.com](mailto:steelmedagent@gmail.com)  
Lic. #4031244

**Get local help with Medicare questions.**

Take advantage of my knowledge and experience. I make Medicare simpler and the process easier and offer personalized services for your needs and budget.

**All at no cost to you!**

By calling the number, you will be directed to a licensed insurance agent.

**Advertise here for \$30 per week**  
10 consecutive weeks, minimum

**Call 430-0534**

**Advertise here for \$30 per week**  
10 consecutive weeks, minimum

**Call 430-0534**

Serving Leisure World since 1989



Residential Custom Design Installation

**Free Installation • Free Estimates**  
Vertical Blinds, Cell Shades  
2" Blinds & Shutters  
**562 493-4228**

Lic. #1057064

**Katherine A. Brennan**  
Insurance Agency

Condos • Home • Auto • Business • Golf Carts

**(562) 594-8787**  
**(562) 706-5879**

Proudly Serving LW for 22 years

[sealbeachinsurance@gmail.com](mailto:sealbeachinsurance@gmail.com)  
2999 Westminster Ave. #225 - Seal Beach Village Shopping Center  
Use North Lobby Entrance elevator  
License # 0C69869





**D B Handyman**  
**Available for Outside Projects**

Patio Enhancements • Haul-Away  
Plumbing Upgrades • Carpentry  
Painting • Senior Living Modifications

**21 Years Serving LW**  
**562-841-3787**  
SB Lic # BRA0002

**40 Years in LW**

**LW Decor Inc.**  
**(562) 596-0559**

**NEW WINDOWS - Sound Suppression**  
**Triple Pane - Installed in One Day**  
**Noisy Neighbors - Install Sound Suppression Walls and Windows**  
**New Doors & Sliding Doors Installed**  
Contractor's Lic. #723262

**Advertise here for \$30 per week**  
10 consecutive weeks, minimum

**Call 430-0534**

**Advertise here for \$30 per week**  
10 consecutive weeks, minimum

**Call 430-0534**

**GOT BUDS**

Premium Indoor  
\$160 | 0Z  
\$80 | 1/2 0Z  
Greenhouse  
\$100 | 0Z

**(714) 737-4965**

**Free Delivery**

**Tired? Low Immune System?**

(714) 788-7369

Holistic Acupuncture for a better life  
(1st consultation is free)

Lic.1026807

ENG / 한국어



**L & S CONSTRUCTION**

- Kitchens Cabinets
- Flooring
- Electric (Recessed light)
- Patio Enclosures
- Bathroom upgrade
- Washer / Dryer
- Room additions
- Counter Top

• Free Estimates / Excellent References  
• Quality Craftsmanship / Innovative Design

**714-900-0307**  
**949-246-7960 (CELL)**  
[LNScoreconstruction@gmail.com](mailto:LNScoreconstruction@gmail.com)



**Are you turning 65 soon? Confused about Medicare?**

**I am a licensed insurance agent and a Leisure World resident.**

I specialize in Medicare products and can assist you whenever you are ready at no cost to you!

Contact me today for your free consultation.



**Linh Diep**  
**(714) 721-1548**  
License #0M45656  
[linhdiephb@gmail.com](mailto:linhdiephb@gmail.com)

By calling the number above, you will be directed to a licensed insurance agent.



**Alpine**  
Heating & Air Conditioning

**Specializing in Serving Leisure World Residents**

**We service & install**  **MITSUBISHI HEAT PUMPS**

**Free Installation Estimates**  
**Sales • Repair • Installation**

**Lowest Prices In Town**  
**All Work Guaranteed**

**714-901-0552**

Cal. St. Lic. # 719734



### Minibus Orientation

A Minibus informational meeting is held on the first Thursday of every month in Clubhouse 3, Room 3, to help LW residents use LW's transportation service.

Reservations are not required.

The GRF Transportation Department provides information on the Minibus service and the GRF appointment-based Access bus service for people with mobility challenges.

Information on other local area bus and transportation services to nearby grocery shopping and medical service destinations is also presented.

Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

Monthly informational sessions are for new or current shareholders who would like to learn about the Minibus service routes and timetables.

The LW Minibus service is a community transportation service for everyone. Residents, Leisure World employees, visitors, family members of residents and caregivers can all ride the minibuses.

Anyone who has a valid pass to enter the community can ride on the LW buses.

The only rule is each person must be 18 years of age or older or accompanied by someone who is 18 years of age or older.

### CAP Food Distribution

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4.

The next food distribution will be Oct. 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household.

To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub). People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID.

For more information, contact Roberta Arshat in GRF Member Resources at (562) 431-6586, ext. 317, or [robertaa@lwsb.com](mailto:robertaa@lwsb.com).

### SMARTPHONES

## Learn how to use your devices

Let the expert trainers at CaliforniaPhones help you make the most of your smartphone. Android and iPhone webinar trainings are offered free from the comfort of your own home. Space is limited.

Learn how to operate basic functions, send text messages, make text larger, connect Bluetooth devices, make smartphones louder and easier to hear, and more.

This is a two-part online training. To participate, you will need a computer, Internet service and a valid email address.

For more information or to sign up, call 1-866-271-1540 or email [smartphonetraining@ddtp.org](mailto:smartphonetraining@ddtp.org).

### TRAFFIC from page 2

such as distracted driving, DUI, speeding, and bicycle and pedestrian safety.

- Collaborative enforcement efforts with neighboring agencies.
- Officer training and/or recertification: Standard Field Sobriety Test (SFST), Advanced Roadside Impaired Driving Enforcement (ARIDE) and Drug Recognition Expert (DRE).

The grant program will run through September 2022.

**LW Weekly**  
**430-0534**

# Classifieds

### GENERAL

**AVON**  
Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License #BRN000. 12/30

May the sacred heart of Jesus be adored and glorified, loved, honored, praised and preserved now and forever. Sacred heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us. Please pray for Katie. Say this prayer nine times for nine days and your petition will be granted. Must promise publication.

### 562-596-0559

**LW DECOR INC - LIC 723262**  
Install doors, new windows, recessed lights, fans, light fixtures. Cabinet refacing & refinishing, paint exterior window frames, ceilings made smooth, closets redone, misc. repairs. Kitchen/bathroom remodeling. 40+ yrs in LW.  
**LW DECOR INC**  
**562-596-0559**. 11/11

### BATHTUB & SHOWER REFINISHING

We refinish your TUB/SHOWER to look brand new. Convert to a WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911 License #699080 Serving LW since 1999. 11/11

### PAINTING

Painting - Free estimates. 1 room or entire house & refinish kitchen cabinets. Call Jerry (714) 826-8636. CA State License #675336. 12/30

### Affordable - Professional, Licensed and Insured.

Interior - exterior drywall repair, texturing, pressure washing, cabinets. Senior discounts. Cory Gee Painting 714-308-9931. License #1049257. 12/09

### Dial Direct, Save Time

**(562) 430-0534**

### GARDENING & LANDSCAPING

**FRANK'S GARDENING SERVICE**  
Complete maintenance and landscape. Serving Leisure World since 1978. Planting, clean-ups, fertilization. New lawns, etc. Offering my services to all Mutuals. Honest and reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 12/30

### HANDYMAN SERVICES

Additions and Remodeling, Kitchen and Bath Remodeling, Windows, Tile and Stonework. State Contractor's License #393071.  
**OGAN CONSTRUCTION, INC.**  
(562) 596-7757. 03/31/22

### JR HOME REPAIRS.

Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License #JRH0001. 07/07/2022

# Professional Services

Debra Halvarson Groh and The Alvarez Firm  
**Attorneys At Law**  
*Complimentary Initial Phone Consultation*



- LIVING TRUSTS & WILLS
- PROBATE, TRUST ADMINISTRATION
- LONG-TERM CARE & MEDI-CAL PLANNING
- CONSERVATORSHIPS
- CONTESTED WILLS AND TRUSTS



**3030 OLD RANCH PARKWAY, SUITE 160, SEAL BEACH**  
**(562) 684-2400**

MEMBER  
National Academy of Elder Law Attorneys, Inc.™

### Closets & More by John Mercurio

Serving Leisure World Exclusively Since 1983

**Specializing in:**

- Wardrobe Closets
- Organizers & Door Replacements
- Office Furniture & Bookcases
- Pull-out Drawers in Kitchen & Pantry
- Add Additional Cabinets in Kitchen & Bath

**Call (562) 598-4552 or (949) 378-0616**  
or go online at [customsbyJohn.com](http://customsbyJohn.com)



## Advertise here for \$30 per week

10 consecutive weeks, minimum

## Call 430-0534



**RYDEN CONSTRUCTION**  
Est. 2001  
QUALITY SERVICE

Lic# 981264

Specializing in  
**Window & Door Replacements.**

**Free In-Home Consultations**  
**714-373-0011**

[RYDENWINDOWS.COM](http://RYDENWINDOWS.COM)



**CANNON LEGAL FIRM**  
FREE CONSULTATION WILL COME TO YOU



**Dana M. Cannon, Esq.**  
**(562) 543-4529**


**ESTATE PLANNING & ADMINISTRATION**  
Living Trusts • Probates • Trust Administration  
Litigation • Pet Trusts • Conservatorships

[WWW.CANNONLEGALFIRM.COM](http://WWW.CANNONLEGALFIRM.COM)  
[DANA@CANNONLEGALFIRM.COM](mailto:DANA@CANNONLEGALFIRM.COM)  
3020 OLD RANCH PARKWAY, SUITE 300 SEAL BEACH, CA



**GREENWOOD HEATING & AIR INC.**  
[www.GreenwoodHeatandAir.com](http://www.GreenwoodHeatandAir.com)

**Sales — Service — Repair**  
**"Your Leisure World Specialists"**



**MITSUBISHI ELECTRIC**  
Cooling and Heating Solutions



**\$150.00 off**  
**New Heat Pump**

All models of Heat Pumps  
**714-821-7070**  
Lic. # 945655



# Classifieds

**562-596-0559**  
**LEISURE WORLD DECORATORS**  
Lic 723262. 40+ yrs in LW. Interiors, cabinets, exterior window frames, kitchen, bath, doors, trim, primered only premium paints. Ceilings made smooth, crown moulding & base-boards installed.  
LW Decor Inc.  
562-596-0559 11/11

**LADY PAINTER**  
Cindy Beateay 714-356-1539. Interior paint, specialty-finishes, cabinets, murals and MORE! License #1033927. 12/08

**FLOOR COVERINGS**  
**562-596-0559**  
**LW DECOR INC.**  
40+ yrs in LW. Vinyl plank, laminate, tile indoor and outdoor patio carpet. License 723262.  
**562-596-0559.** 11/11

**CARPET/UPHOLSTERY CLEANING AND TILE & GROUT**  
All Year Carpet Cleaning since 1988. Tile & Grout. Tito 562-658-9841. State Contractors Lic. #578194. 12/30

**SKYLIGHT SERVICES**  
**SKYLIGHTS**  
CLEAN, REPAIR, REPLACE.  
Licensed and insured.  
Dan (562) 841-3787.  
Seal Beach License #BRA0002. 11/25

**WINDOW COVERINGS**  
**562-596-0559**  
**LEISURE WORLD DECORATORS**  
Shutters, blinds, roll-up shades, custom drapes.  
**562-596-0559.** 11/11

**LEISURE WORLD HELPING LEISURE WORLD**  
Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9 am-5 pm.  
**(562) 296-5040, (562) 296-8782.**

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Free of charge.  
Diane Hart 714-955-2885.

**"ROLLIN THUNDER" GOLF CART CLUB**  
Offers FREE advice on buying and selling of your golf cart. Also batteries. 562-431-6859.

**SEEKING POSITION**  
Assistant/Companion. Trustworthy, reliable, loving. Good driver for appointments, errands, or adventures. Dog-walking/sitting. \$25/hour. References available. 20+ years experience. Lisa/562-400-6215.

**HOME CARE PERSONAL ASSISTANT**  
I am an experienced caregiver available to assist with daily care, doctor's appointments and errands. Available 24/7, 949-899-7770. SB Business License HEL0006. 12/30

**CHRISTIAN HOME CARE**  
Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License #BCS0002. Bonded/Insured. 12/30

**MOST AFFORDABLE RATES**  
with optimum service, 23-years LW experience, reliable, honest caregivers. Licensed, 24-hours, part-time, doctors, appointments, references, fluent English. Ann 714-624-1911, Heidi 562-277-3650. Seal Beach License #HYC0001. 12/16

**EXPERIENCED CAREGIVER**  
**Over 25+ years in Leisure World** with Excellent References! Hourly or Live-in. Please **Call Pampet: 562-371-4895.** Seal Beach License PAN0003 12/02

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state SB RAZ0002. Gloria 949-371-7425. 12/23

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, cooking, part-time, full-time, live-in. (562) 230-4648. Seal Beach Business License #CAM0006. 12/09

Leisure World Caregiver experience. Has car and can provide references. Maria 562-257-7631. Seal Beach Business License LOP0007. 10/14

**BEAUTY SERVICES**  
**Tammy Nguyen Phenix Salon** - Service in private suite. One customer, one hairstylist. Sanitized & professional. Haircut for men & women, shampoo, set, color, highlights, perm, nails & toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Blvd, #116. **(714) 425-4198.** 11/18

In home hair care, serving the men and women of Leisure World for 36 years. Mel, cell: 562-480-9341. License #KC75538. 10/14

**HOUSE CLEANING**  
Experienced housekeeper. I do weekly and monthly cleaning. Call 949-899-7770. Seal Beach Business License HEL0006. 12/30

**MOVE-IN, MOVE-OUT WINDOWS, HOUSECLEANING CALL PHIL AT 562-881-2093**  
Over 30 years Experience! Seal Beach Business License #AB0001. 11/11

**GRACIAN'S HOUSECLEANING & WINDOWS.**  
**10% OFF first cleaning WINDOWS**  
General housecleaning  
Excellent referrals in LW (562) 307-3861.  
20 years experience.  
Seal Beach Business License GRA0006. 11/18

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach License RAZ0002. Call Gloria 949-371-7425. 12/23

Maria House Cleaning  
We'll make your house look as nice as possible! 15 years of experience, We can work with your schedule. Bi-weekly or monthly. Deep cleaning.  
Call or text 714-496-2885. Bus. Lic #HER0008. 12/23

**MAGALY'S CLEANING SERVICE**  
We make your home sparkle! 7-days call anytime! Complete cleaning. Seal Beach Business License #M0001A. Call 562-505-1613. 12/09

**COMPUTERS**  
**FRUSTRATED (562)755-6199**  
Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. SB Business License #CIP0001 11/18

John's Computer Services  
562-733-9193  
Virus removal, Repair, Training, Software, Wireless, Internet Security. LW Resident  
SB License FUH0001. 12/23

**AUTOS WANTED**  
**ANY KIND OF CAR**  
Cars, motorcycle, truck - running or not. We are local - call anytime! We pay cash and remove promptly! We do DMV and Release of liability for you! Bonded/Licensed, since 1985! Call us so we can come out and give you a quote. 562-684-0901. 11/18

**ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE**  
Golf Cars BUY SELL TRADE and REPAIRS. Call 714-292-9124. 12/30

3-Wheel Scooter, Like New, Asking/\$575. Batteries-in-excellent condition. To hear about extras/bells-&-whistles/562-430-5976. Could-possibly-deliver-to-you.

**TRANSPORTATION**  
Need a lift? Pam Miller.  
LW Residents ONLY.  
310-227-1258. 11/11

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. 12/23  
Rides by Russ 714-655-1544. 11/04

**AUTOS/BOATS/RV'S TRAILERS FOR SALE**  
**ELECTRIC CAR PADS**  
Installed at your residence. Call Frank 562-743-3832. Contractor's License #779462. 12/30

2004 Lexus ES330. 111,480-miles; excellent inside & out, \$6,800. Text or call 562-716-8478 for information.

**MOVING, HAULING & STORAGE SERVICES**  
**J&D HAUL AWAY AND CLEAN-UP SERVICE**  
No job too small! Fast, reliable, great prices. Seal Beach Business License BRA0002. Dan: 562-841-3787. 11/25

**A FRIEND AND A TRUCK**  
Your moving service, any size job. Business License RO263644. Call 310-387-2618 12/02

**Dial Direct, Save Time**  
**(562) 430-0534**

**Need Classified Help?**  
**debbiek@lwsb.com**

**MISCELLANEOUS FOR SALE**  
Estate Sale-Anna Derby c/o GAF. Thursday, October 21st from 8:30 a.m. to 1:00p.m. White night stand, unique lamps, small contemporary paintings, foot rest stool. Lots of real Gold and costume jewelry, and so much more! At Mutual-5, Apartment-102H Green area. Anna Derby (562) 301-5339. LW News has copy of Mutual-5 approval paperwork.

**JAZZY** battery-charged-power wheelchair in excellent condition, 1-year old. High backseat, depth-adjustable, 21.87 turning-radius, up to 15 miles per charge, 4-MPH/speed, 300lb/weight-capacity. Active-trac suspension ensures smooth ride on uneven surfaces, mid-wheel drive offers tight turning radius around doorways-and-corners. \$2900 (paid \$4,300) 714-308-5788

**COMING SOON!** Patio/Neighbor Carport Sale. October-21st, October 22nd, Mutual-15. McKinney Way.

La-Z-Boy Duo Reclining-Sofa; with/ electric controls & USB ports @ both arms, excellent condition. \$1,250 buyer must pick-up, 310-717-3619.

3-Wheel Bicycle, Schwinn "Meridan", with/rear metal-basket. Good condition \$230. Leave message 562-430-3742.

Splendide/Energy-Star Washer/Dryer (all-in-one-combination). Under countertop installation, almost brand-new, \$500 negotiable. 714-322-8086

**FURNITURE-SALE** Sunday/ October-17th (1:00pm-4:00pm) 1660 Tam O'Shanter Mutual-14/ Apartment-5F. Beautiful Dining Set & Hutch, Entertainment Unit, Traditional Bedroom-set, 2 living-room chairs. ALL-LIKE-NEW! For more details call: 562-895-4721.

No LW Weekly Paper by 9:00 a.m.?  
Call LW Weekly  
**(562) 430-0534**  
Before 10 a.m.  
State Mutual and Apartment Number

**LWWeekly**  
accepts  
**Credit Cards**  
for  
Classified ads.  
Call  
**(562) 430-0534**

**LEISURE WORLD APTS/FOR RENT**  
Unit available for lease \$2,200/month (MINIMUM Yearly Rental) at 13240 Fairfield Lane. Mutual-7/ Apartment-172G, Fully-Extended 2-Bedrooms, 1-Bath, Corner-Unit facing Greenbelt. Close to Parking/ Carport. Inform Relatives/Friends. Delia 310-339-9808. 10/28

**LWWeekly**  
Read the paper online!  
[www.lwsb.com/newspaper](http://www.lwsb.com/newspaper)

**LWWeekly**  
Want to  
Place an ad  
or Renew your  
current ad?  
Call  
**(562) 430-0534**  
or send  
an e-mail to  
**debbiek@lwsb.com**



**Gina Rojas**  
**(562) 533-3190**  
*ginamrojas@gmail.com*  
*Leisure World Specialist*  
**21 Years LW Experience**  
♥DRE#02111452♥  
**"I Have Your Best Interest at Heart"♥**



**2021 Escrows**

2-22D	\$185,000	8-191A	\$485,000
8-202C	\$284,000	3-12L	\$205,000
8-193H	\$230,000	12-62K	\$240,000
14-24A	\$325,000	8-180H	\$172,000
2-35D	\$210,000	6-138B	\$175,500

**Leisure Living Resales**





**DONNA JEAN**  
McIntyre  
Broker/Realtor®  
DRE#01335069  
**714-350-9449**  
YOU Invest in your Retirement . . .  
and WE Invest in YOU ♥  
[www.TeamDonnaJean.com](http://www.TeamDonnaJean.com)



**JUST LISTED**  
**Mutual 5 – 103L Medinac**  
2B/1Ba w/Office - 3rd Room;  
Corner Unit on Greenbelt, W/D  
Black Appliances; Xtra Storage  
Remodeled Floorplan \$449,000



**IN ESCROW**  
**Mutual 5 – 117b Golden Rain**  
Super Nice at \$284,900

**New Listings Coming Soon!**  
2B/2Ba - Mutual 11 Remodeled  
1B/1Ba - Mutual 5 Turnkey  
2B/1Ba - Mutual 14 Corner Unit  
2B/1Ba - Mutual 14 South Facing

**Suzanne Ahn**  
Realtor®  
DRE#01107037  
**KOREAN & ENGLISH**  
**562-810-1614**



An Independent  
Brokerage!  
DRE#02120194



**JOYCE REED**  
Resident Broker  
Notary Available  
**596-8656**  
—...—  
**New Listings in Mutual 15**  
—...—



**3-N • \$345,000**  
Upstairs 2 BDR, 1.75 BA,  
bright and beautiful view,  
patio, washer/dryer  
—...—




**10-D • \$359,000**  
Downstairs, east-facing, quiet,  
secluded 2 BD, 1.75 BA,  
newer flooring (kitchen, living  
room, hall) and heat pump  
—...—




**10-C • \$379,000**  
2 BDR, 1.75 BA corner unit,  
freshly painted, carpeting,  
large patio for outdoor  
enjoyment  
—...—  
**Unbelievable Real Estate**  
DRE#00460268


**Leisure Living Resales, Inc.**  
13918 Seal Beach Blvd., Seal Beach, CA 90740  
**(562) 493-6601**  
[leisurelivingresales.com](http://leisurelivingresales.com)  
**No One Knows Leisure World Like We Do!**




**Erika — M17**  
(562)-208-5223




**Yong Pyon — M1**  
(310) 658-0379



**Valory Escrows**




**Gina Rojas**  
562-533-3190



**Carl Kennedy M14**  
(661) 810-9410

**Notary Service**  
**Next to**  
**“Wells Fargo Bank”**  
**The Happy Office!**  
**We Sold Thousands**  
**We Negotiate for**  
**“YOU”**  
**Compassion**  
**is our Motto**



**Mr. Hank**  
(562) 743-8473  
Lic. #636260



**Erika Shapiro**  
Resales Specialist  
Mut. 17 Resident  
BRE # 01448494  
**562-208-5223**

Full Expansion Golf  
Course location, 2 BDR, 1  
½ bath, central A/C, stone  
counters, New hardwood  
flooring, washer & Dryer and  
more, move-in ready  
**Mutual 14 – 3 B**



**\$485,000**

Condo, 2nd Floor 2 BDR, 2  
Bath, Greenbelt View, South-  
East facing, central A/C heat,  
fridge, Double oven, micro-  
wave, dishwasher. Move-in  
ready, fresh paint and carpet.  
Financing available  
**Mutual 17-16B**



**\$410,000**

Condo, 3rd Floor Corner,  
2 BDR, 2 Bath, fully equipped  
South/West facing.  
Can Be Financed  
**Mutual 17-118C**



**\$425,000**

1 bedroom, fully Expanded Laminate  
flooring, A/C heat pump, skylights,  
dishwasher, & more.  
**Mutual 1 – 35B**



**\$220,000**

**Coming Soon: 2 Fully Expanded corners**  
**1 BDR, Mutual 1**  
**Leisure Living Resales**



The Januszka Group, Inc.

**ON-SITE**

HOME SALES

**(562) 598-1388**



**To See Pictures of Our Current Listings and Many Other Fine  
Homes For Sale, Visit The Januszka Group Online At:**  
**[www.OnSiteHomeSales.com](http://www.OnSiteHomeSales.com)**




**The weather may be cooling off, but our sales certainly aren't! The On-Site Home Sales office has been the preferred sales office for listing and buying Leisure World homes since Leisure World was founded in 1960. Our sales office knows all the ins and outs of this amazing community and can guarantee your escrow begins and ends with our office! With our incredible On-Site Escrow team, our office runs smoothly and efficiently. Come by our office anytime to speak with one of our expert Realtors! We are open 7 days a week!**



**Mutual 8 184I \$469,000**



**Mutual 12 62G \$439,000**



**Mutual 8 183J \$290,000**



**Mutual 10 255J \$246,000**



**Dawn Januszka**  
Broker  
DRE #02110501



**Ginni Houck**  
Escrow Officer



**Verna Chumley**  
Realtor®



**John Webster**  
Realtor®



**Tony Accetta**  
Realtor®



**Sally Angell**  
Realtor®



**Suzanne Fekjar**  
Realtor®



**Terri Walters**  
Realtor®



**Elana Torres**  
Realtor®



**Maryann Shaddow**  
Realtor®





**Kathy Gupton**  
Associate Broker  
DRE # 00744676

# Specializing in the LW Community

Yes we are **SISTERS**  
**562 618-9940      562 884-3594**



**Gloria Hadley**  
Realtor®  
DRE # 01057681

**Stop by the office on Tuesday 10/19 between the hours of  
9:30 am to 1:00 pm for a *FREE* 2022 Norman Rockwell calendar.**



**M5-123K**

**\$179,900**

Great central location for this 1 Bedroom 1 Bath unit that needs TLC and is priced to sell. This home has lot of features skylights in the Kitchen and Bathroom. The kitchen including Stove, Oven, DW and refrigerator. The Counter top has been replaced and the kitchen painted white. This property has a heat pump, mirrored wardrobe closet doors in the Bedroom and a storage cabinet on patio. Walk to amphitheater, post office and downtown LW gym, golf and swimming pool.

**Pending**



**M11-263A**

**\$399,000**

Elegant two bedroom one bath expanded corner unit. The living room and dining room are very spacious with French double pane windows. The kitchen has new range and microwave that have never been used. The kitchen also features Swiss Coffee cabinets and lovely breakfast bar with granite counters and it has an extra-large skylight. The master bedroom has mirrored wardrobe closet doors. The Bathroom has added custom vanity with double sinks, skylight and bath tub with shower. Second bedroom has mirrored wardrobe doors. This Beautiful home has ceramic tile flooring and beautiful French double pane windows throughout.

It has been newly painted, has upgraded molding, is very light and bright, and enjoys the ocean breezes and an open view. The private front patio has tile flooring and a walk-in storage cabinet. This lovely home faces the south-west and is conveniently located with drive-up parking.



**M15-32J**

**\$369,000**

Gracious two bedroom two bathroom home with spacious living room featuring plantation shutters, added lighting, overlooking charming balcony and lovely neighborhood Greenbelt. Kitchen is beautifully remodeled with upgraded cabinets, quartz countertops, built in stainless steel appliances including range, dishwasher, double door refrigerator, glass front cupboards. Charming dining room. Master bedroom is a corner room with windows on two sides, and mirrored closet doors. Master bathroom has washer dryer, quartz counter tops, window, and stall shower. Second bedroom has mirrored wardrobe doors and lots of storage. Second bathroom has quartz counter tops and stall shower. This lovely unit features throughout crown molding, laminate flooring, central heating and air, double pane windows, and added lighting. This beautiful home it is light and bright has many upgrades, and overlooks a beautiful patio and a lovely Greenbelt. Enjoy the ocean breezes. A must see.

**Pending**

**New Listing**



**M9-217B**

**\$208,000**

Much desired Washer/Dryer has been added to this one bedroom one bathroom Leisure World cottage. This home features many upgrades including double pane windows and sliding door from bedroom to patio, built in Leisure World appliances in kitchen with added microwave white kitchen cabinets and newer counters. Added features also include laminate flooring with wider baseboards, crown molding, double pane living room windows and sliding glass door in the bedroom. The bathroom has cut down shower, laminate flooring, newer counters and light bar. Both the living room and bedroom have heat pump/air conditioning units. This home is nicely painted throughout and is ready to move in. Private patio has indoor-outdoor carpeting. Don't miss out on this special home and the Leisure World ocean breezes.



**M2-6L**

**589,999**

Fabulously unique two bedroom 1-1/2 bathroom fully expanded corner home. This incredible home has amazing features throughout including state-of-the-art kitchen with built in French door refrigerator, convection oven, steam oven, and induction cook top, a Fisher Paykel two drawer dishwasher, custom cabinets, drawers and pantry, with quartz countertops.

**Pending**

## SOLD

- Mutual 5-93F
- Mutual 8-202C
- Mutual 8-202J
- Mutual 3-21A
- Mutual 10-240B
- Mutual 11-267I
- Mutual 12-70D
- Mutual 14-15I
- Mutual 2-13F
- Mutual 2-51J
- Mutual 1-35J
- Mutual 11-285H
- Mutual 2-19L
- Mutual 2-24D
- Mutual 1-30D
- Mutual 1-37F
- Mutual 12-41G
- Mutual 2-46D
- Mutual 10-248D
- Mutual 11-277A
- Mutual 2-40L
- Mutual 8-203G
- Mutual 2-22J
- Mutual 1-52A
- Mutual 2-63A

## Pending

- Mutual 2-17C
- Mutual 9-224G
- Mutual 9 -215B



**BERKSHIRE HATHAWAY**  
HomeServices  
California Properties

**We can show ALL property in the LW community**

*Call and let us present our extensive marketing program.*  
*Members of M.L.S.*

**Visit Our Website: [www.thesealbeachsisters.com](http://www.thesealbeachsisters.com)**  
**13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)**





**Robin Gray**  
(562) 209-5605  
rwgraysales@verizon.net  
DRE 01027333

## 2021 Closed Sales

Mutual 3-22-D	Mutual 14-18-D3	Mutual 7-158-G
Mutual 3-11-H	Mutual 6-58-A	Mutual 1-8-C
Mutual 1-42-C	Mutual 6-135-J	Mutual 9-221-J
Mutual 5-119-E	Mutual 7-158-G	Mutual 12-41-G
Mutual 5-119-D	Mutual 7-161-E	Mutual 10-253-K
Mutual 1-57-L	Mutual 1-67-B	Mutual 4-80-L
Mutual 14-48-E	Mutual 11-265-J	Mutual 8-204-I
Mutual 7-158-K	Mutual 11-266-F	Mutual 7-171-I

## Pending

Mutual 7-170-A Mutual 2-9-G

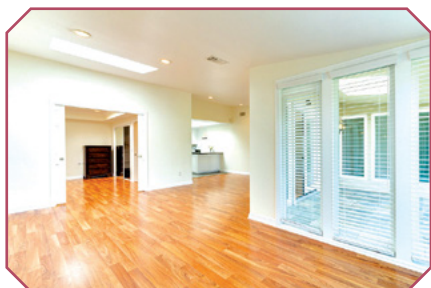
### Coming Soon!

**Mutual 2**  
**Two Bed, Two Bath**  
**on a Green**



BERKSHIRE HATHAWAY  
HomeServices

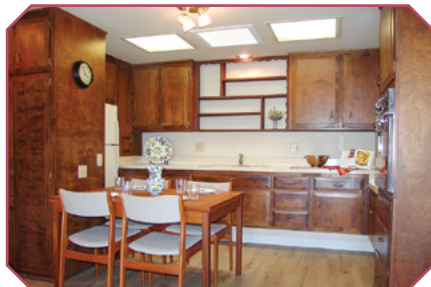
13926 Seal Beach Blvd., Seal Beach, CA 90740 (Located in the shopping center, behind Carl's Jr.)



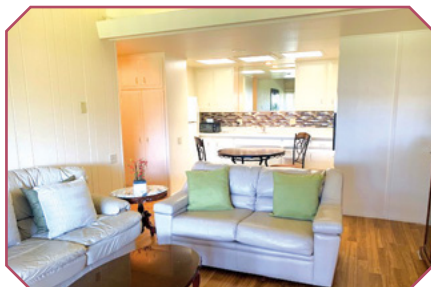
**Welcome to your  
New Home!**  
**Mutual 9-213-J**  
**\$434,900**

Expanded with two bedrooms, 1.5 baths, an open concept feel with many upgrades from a large living and dining area to a master suite with separate shower and bathtub. Granite counters, smooth ceilings, laminate floors, five skylights with 3 being CUSTOM - just wait until you see them!! Central heat/air, washer/dryer, dual pane floor to ceiling windows and double door entry... PLUS, as an added bonus... a wonderful patio to sit, relax, and enjoy the green views and neighborhood.

**New Listing**  
**Mutual 12-67-K**  
**\$295,000**



Lovely location with a pretty front lawn and beautiful trees - plus convenient drive-up parking! Basic 2 bedroom, 1 bath with new gorgeous plank floors, wood finished kitchen cabinetry, large "L" shaped patio with 2 storage cabinets, openable skylights in the kitchen and bath, heat-pump. This is such good feel unit - you will want to make it your new home!



**New Listing**  
**Mutual 10-249-C**  
**\$320,000**

Charming 2 bedroom, 1 bath basic on a beautiful wide tree-lined courtyard- plus a view of green area! Laminate floors, newer kitchen counter-top with a very pretty granite/glass backsplash, openable skylights in the kitchen and bath, two a/c heat-pumps, lovely "L" shaped patio with storage. Call me today - this is a MUST SEE UNIT!!

**See more at [www.sealbeachleisureworld.com](http://www.sealbeachleisureworld.com)**



**Jim Duncan**  
714-356-6717  
Broker/Manager



**Mike Varipapa**  
562 235-7413



**Robin Gray**  
562-209-5605



**Barbara Diette-Dobias**  
562-754-5628



**Kathy Guppton**  
562-618-9940



**Gloria Hadley**  
562-884-3594



**Edwina DiMario**  
562-706-7999



**Vickie Van Ert**  
310-220-1407



**Mary Chittick**  
562-822-2804



**Rosie Wang Davis**  
626-623-9929

**(562) 594-0515**  
**1900 St. Andrews Dr. , Suite C**  
**Seal Beach, CA 90740**  
**BRE 00338699**

BERKSHIRE HATHAWAY  
HomeServices  
California Properties

## Two-Bedrooms

**Mutual 5 109H** \$275,000  
great greenbelt, close to downtown,  
heat pump, skylight. lam floors

**Mutual 12 67K** \$295,000  
large greenbelt, new plank flooring,  
new carpet, skylights, drive-up

**Mutual 1 30G** \$299,900  
expanded end unit, skylights that  
open, good for remodel

**Mutual 10 249C** \$320,000  
great location, 2 heat pumps, granite,  
lam floors, skylights that open

**Mutual 15 32J** \$369,000  
washer/dryer, lam. flooring, crown  
molding, cent. air, greenbelt

**Mutual 11 272 L** \$395,000  
corner, partial expansion, skylight,  
laminate floors

**Mutual 11 263A** \$399,000  
expanded, double pane, granite. extra  
large skylight, double sinks, new  
paint, faces southwest

**Mutual 17 108B** \$415,000  
cent. air, new paint and carpet, large  
balcony, subterranean parking

**Mutual 9 213J** \$434,900  
very nice, expanded, washer/dryer, 5  
skylights, smooth ceiling, dual pane

**Mutual 12 36A** \$479,000  
fully expanded, btfl. greenbelt, granite,  
washer/dryer, white tile flooring, large  
skylight

**Mutual 10 251F** \$525,000  
Rare find, corner, btfl. remodel, 2br and  
office or 3rd br., 2 bath, AC heat pump,  
washer/dryer, drive-up, charming green  
space

## One-Bedrooms

**Mutual 5 123K** \$179,900  
needs TLC, skylights, heat pump,  
close to amphitheater



**Claudette "CC" Cooley**  
310-484-9600



**Linda Patton**  
562-522-3364



**Bill Berman**  
714-606-5258



**Joanie Korman**  
714-308-8034



**Conrad Rodriguez**  
562-746-1960



**Leah Perrotti**  
310-889-6583



**Hanna Rubinstein**  
562-900-4243



**Jay Cho**  
714-944-4998



**Estee Edwards**  
562-208-2540



**Philip Bak**  
213-550-9991



**Irv Hart**  
562-296-5619



**Fay Wescott**  
562 242-6162



**Tim Kearns**  
714-293-3950



**Linda Marmion**  
562 619-2261



**Chris Kim**  
424-247-4542



**Gail Alonzo**  
562-673-6703





**GASPER MONTEER**  
REALTY GROUP

**CAROL GASPER**  
REALTOR Lic# 01276484  
**562.716.1547**  
gcarol1966@gmail.com



**NICK MONTEER**  
Broker Lic# 01927606  
**213.880.8220**  
nicholasmonteer@gmail.com

<http://www.sealbeach-retirementcommunity.info>  
**1900 St. Andrews Dr. Suite B Seal Beach, CA 90740**



For 2021, I have a total of 103 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



**13560 Cedar Crest #109B | M5 | \$499,000**  
No finish untouched in this remarkable unit as everything you would want done has been done! Interior 2bed/2bath unit sits upon a beautiful greenbelt with all the bells and whistles.



**13630 Alderwood Lane #77F | M4 | \$355,000**  
Fully Expanded Corner Location. 2 Bedrooms, 1 Bath with Added Side Patio. A/C Heat Pump, Ceiling Fans, Remodeled Kitchen with Lots of Storage, Washer/Dryer, 2 Skylights.



**13321 Fairfield Lane #182B | M8 | \$215,000**  
Beautiful greenbelt location! 1 Bedroom, 1 Bath with 2 Solar Tubes, Large Patio Storage, AC Heat Pump and Jacuzzi tub/shower



**1681 Interlachen Rd., #282L | M11 | \$320,000**  
Corner 2 Bedroom, 1 Bath with laminate flooring, new carpet in bedrooms, A/C Heat Pump, fresh paint, upgraded hardware, and skylight in the bathroom.



**1682 Monterey Road #11J | M2 | \$274,900**  
Greenbelt location! 2 bedroom, 1 Bath. A/C Unit, Dual Pane Windows, Close to Parking.



**1280 Weeburn Road #31B | M3 | \$254,000**  
2 Bedroom, 1 Bath with Large Wrap Around patio. Expanded Master bedroom which can be used as an office or craft/painting studio. New paint and flooring throughout.



On October 12th, 2021 a total of 35 units show as active listings on the CRMLS (this is where Realtors list property for sale).

**4 - 1 bedroom/1 bath**  
from \$179,900-\$289,000

**13 - 2 bedrooms/1 bath**  
from \$275,000 to \$479,000

**18- 2 bedrooms/2 baths**  
from \$345,000 to \$525,000

*I offer Virtual Tours and can you send you a Virtual Tour of any of these properties, I have access to all inventory! I am here to help!*

CELEBRATE OUR

**GRAND OPENING**

**GASPER MONTEER**  
REALTY GROUP

**NOVEMBER 4TH, 2021**  
**FROM 1 TO 4 PM OPEN HOUSE**  
**1900 ST ANDREWS DR. SUITE B**  
**SEAL BEACH, CA 90740**

Come join us for a celebration of our new office with the people who made this all possible...YOU!

