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Celebrating Black History Month

GRF ALERT

Pool, game rooms temporarily closed

The GRF Board of Directors closed the Clubhouse 2 pool and game rooms through Feb. 11 due to repeated noncompliance with the state-issued mask mandate that resulted in physical altercations. The GRF Board asks all residents to cooperate with the state mandate and wear a mask inside all GRF Trust facilities. State mandates could expire as early as Feb. 15.

SUPER BOWL SUNDAY

SBPD to increase patrols on Feb. 13

The Seal Beach Police Department is reminding football fans to stick to the “go safely” game plan and designate a sober driver if you plan on drinking at a Super Bowl LVI watch party. On Super Bowl LVI Sunday, Feb. 13, the Seal Beach Police Department will have additional officers on patrol looking for drivers suspected of being under the influence of alcohol and/ or drugs. “If you plan to have a drink or two, choose a sober way to get to and from wherever you are watching the game,” Chief of Police Philip L. Gonshak said. “Have a ride-hailing service or a family member who hasn’t been drinking take you home.” The Seal Beach Police Department reminds the public that alcohol SBPD, page 2

GAF TAX HELP

Sign up now for free tax prep help

The AARP Tax-Aide Program sponsored by the Golden Age Foundation (GAF) began Feb. 7 and continues until Wednesday, April 13. Volunteers will prepare and e-file returns on Monday, Tuesday and Wednesday mornings. Residents must have appointments. No walk-ins will be allowed due to COVID-19 restrictions. Call (562) 596-1987 and leave a name and telephone number on the GAF answering machine. A GAF volunteer will call you back. The Leisure World Library has some tax forms that people can pick up. All forms must be completed before coming to appointments, which will be held on the patio at Clubhouse 3. Masks are required at appointments. For a complete list of what to bring, see the Feb. 3 edition.



Martin Luther King Jr. addresses a crowd from the steps of the Lincoln Memorial where he delivered his famous “I Have a Dream” speech during the Aug. 28, 1963, March on Washington, D.C.

‘You could hear a pin drop’ when MLK began to speak



Barbara Manuel of Mutual 15 knew she was witnessing history in the making as Dr. Martin Luther King Jr. began his “I Have a Dream” speech in 1963.

In honor of Black History Month, this story recounts one woman’s experiences at the March on Washington on Aug. 28, 1963. It was there that charismatic young civil rights leader Martin Luther King Jr. delivered the 16-minute “I Have a Dream” speech that has become one of the most famous orations of the civil rights movement and human history.

by Ruth Osborn
managing editor

Barbara Manuel of Mutual 15 was one of the 250,000 people who gathered in Washington, D.C., for the 1963 March on Washington for Jobs and Freedom. It was the day that Dr. Martin Luther King Jr. delivered his iconic “I Have a Dream” speech. She was one slight woman in the vast crowd, which was assembled around the reflecting pool in front of the Lincoln Memorial and on lawns and under trees, trying to evade the oppressive heat of that Aug. 28 day.

DREAM, page 7

Needle Arts Studio is now open

Calling all quilters and other LW sewing artists—the newly remodeled Needle Arts Studio (formerly the sewing room) is now open. The studio, located in Clubhouse 3, is a light-filled, serene, blue-and-white space to work on fabric arts and crafts. Among the improvements are new energy-efficient windows and doors, bright LED lighting, and white Mission cabinets and counters. Two standard and one extra large ironing boards, plus two new Rowena irons complete the ironing area. The room has extra large cutting tables and new HORN cutting mats designed for rotary cutters. The tough surface helps extend the life of blades and makes trimming fabric an easy feat. New task chairs let residents sit in comfort while operating one of eight new Janome HD3000 sewing machines. There are also two computerized Janome 3160QDC-Ts, which are perfect for quilters.



LWer Linda Ryan sits at one of the new Janome HD3000 machines (she removed her mask for purposes of taking the photo; masks are required to use the amenity).

SEWING, page 2



Ruth Osborn

LW Library Operations Supervisor Vanessa Morris (l-r), GRF Recreation Committee Chairwoman Leah Perotti, Quilting Club Vice President Marcella Campbell and President Susan Rose check out the new facility on opening day Feb. 2. The Quilting Bees Club made the quilts that are on display. The club uses Clubhouse 3 for its meetings and crafting quilts. For more on the club and how to participate, see page 13. *(Masks are currently required inside all GRF facilities; masks were briefly removed to take the photo.)*

SEWING from page 1

The sewing cabinets feature custom inserts for machines. Built-in storage cabinets include hanging racks, and counters also have storage space to help clubs manage supplies. A 65-inch TV screen will

be used to stream video classes. The room also includes surveillance cameras. To use the room, residents will need to present their GRF IDs when signing in with the custodian. Also, a special sew-

ing kit with machine parts will need to be purchased from Recreation prior to using the room. For more information, call (562) 431-6586, ext. 398. *For more information on the Quilting Bees Club, see page 13.*



The Needle Arts Facility has extra large cutting tables and new HORN cutting mats designed for rotary cutters. The tough surface helps extend the life of blades and makes trimming fabric a breeze.



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SBPD

22-year-old arrested for DUI Feb. 6

A man was placed under arrest for felony DUI after he was allegedly involved in a solo-vehicle traffic collision in which two passengers were seriously injured.

On Feb. 6 at about 1:12 a.m., the Seal Beach Police Department received a call of a vehicle that collided into the Taco Surf restaurant, 16281 Pacific Coast Highway.

When officers arrived on scene, they discovered a vehicle had collided with the building. No other vehicles or pedestrians were involved. The vehicle was occupied by three adult men.

Two passengers were transported to local hospitals. One passenger suffered fractures and other non-life-threatening injuries. The other passenger sustained major head trauma and fractures, and remains in critical condition.

The driver was identified as Ted Lorenzo Ramirez, 22, of Norwalk. Ramirez sustained minor injuries and was placed under arrest for on a charge of felony driving under the influence causing injuries. He was later booked at the Orange County Jail.

NWS Security Exercise

LW residents have seen an increase in law enforcement activities in and around the Seal Beach Naval Weapons Station through Feb. 11 as base personnel take part in an annual series of nationwide security exercises.

The exercises, collectively called Citadel Shield-Solid Curtain 2022, will be conducted simultaneously on Navy bases throughout the continental United States. At the Seal Beach Naval Weapons Station, drills and training will be conducted on a wide range of potential security scenarios.

The exercises may cause increased traffic around the weapons station, delays in base access and temporary gate closures. The station's "Giant Voice" mass notification loudspeaker and alarm system may also be used.

State Mask Mandate to Loosen

California Gov. Gavin Newsom said Feb. 7 that he will let a statewide indoor mask mandate expire next week for people who have been vaccinated against COVID-19. Masks will continue to be the rule for schoolchildren and the unvaccinated, who will be required to wear masks indoors after the mandate ends Feb. 15. Local governments can continue their own indoor masking requirements.

GRF Used Vehicle Sale

Leisure World shareholder/members can sell used vehicles in the Administration parking lot from 8 a.m.-4 p.m. on the fourth Saturdays of the month. The next car lot is set for Feb. 26.

Vehicles must have current DMV registrations and GRF decals as well as be insured.

In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner does not need to be present. A single "for sale" sign no larger than 18-by-24 inches can be displayed on the vehicle.

Only LW residents are allowed to display vehicles for sale. The sale is open to residents and the guests they call in. For more information, contact Recreation at (562) 431-6586, ext. 350 or 398.

CAP Food Distribution is Feb. 17

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be Feb. 17. Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more. Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832 for a two-person household; and \$2,311 for a three-person household. To sign up, bring a photo ID and proof of income (Social Security/SSI statement, letter or bank statement or paycheck stub). People who are unable to apply themselves or pick up the food may send a proxy to act on their behalf with appropriate ID.

For more information, contact Roberta Arshat in GRF Member Resources at (562) 431-6586, ext. 317, or robertaa@lwsb.com.

SBPD

from page 1

is not the only substance that impairs. Marijuana, prescription drugs and over-the-counter medications can all affect your ability to drive safely. Do your research and understand the potential side effects of certain drugs.

"When it comes to getting to and from places safely, we're all on the same team," said Chief Gonshak. "The choice is simple: Don't drive impaired."

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.



Lewis Parker of Mutual 10 will be turning 100 on Sept. 3.

Honoring LW Centenarians

This is one in an occasional series of stories profiling some of LW’s most august residents, those who have reached the enviable age of 100 years or more. The series is running in connection with the Golden Age Foundation centenarian event on April 20, which will celebrate these milestones. In most cases, a family member has written the stories.

by Mary Camarillo
special to the LW Weekly

Lewis Parker, a 19-year resident of Mutual 10, is looking forward to celebrating his 100th birthday on Sept. 3. He was born in Morristown, Tennessee, to Hubert Adrian Parker, a teacher and Postal Service railway mail clerk, and Mary Flavia Converse, a teacher. Lew had three younger sisters: Helen, Brooks and Martha. He is the only surviving sibling.

Lewis grew up in the College Park neighborhood of Columbia, South Carolina. He earned his bachelor’s degree in chemistry at the University of South Carolina and a master’s degree in chemical engineering at Ohio State.

During World War II, the U.S. Air Force sent him to New York University to become a meteorologist, and then stationed him in Europe as a weather officer in the Ninth Airforce. Military land, sea and air campaigns were highly dependent on weather forecasts during World War II. Lewis still knows the scientific name of every cloud in the sky.

He married his childhood friend Mary Alma Brice in 1950. Alma’s father also worked for the Postal Service as a railway mail clerk. Besides growing up in the same neighborhood, Lewis and Alma shared a love of family, travel, theater, music and dancing. Stylish dressers, they made a handsome couple on the dance floor.

He and Alma had three children, Mary Lewis, David Hubert and McDonald “Don” Eugene.

Lewis worked as a chemical engineer for Texaco, DuPont and Douglas Boeing in Camden, South Carolina, and Charlotte, North Carolina.

In 1966, Douglas Boeing transferred Lew from Charlotte to Santa Monica. The Parker family made an adventure out of the cross-country trip. Each child chose one place in the United States they wanted to visit.

CENTENARIAN, page 4



POOL PROGRESS

Concrete has been poured for the pool deck and the first coat of stucco has been applied at the aquatic center. The perimeter block wall is under construction, and workers are finishing plumbing and electrical installation in the locker rooms. Work, which is underway even on Saturdays, is proceeding at a brisk pace with the pool opening tentatively set for early spring. It has been closed since November 2019.



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PERSPECTIVES

Letters to the Editor

Editor:
It is truly disappointing that the GRF Board elected to “punish” all LW residents by closing the Clubhouse 2 poolroom and game room for a week for the bad behavior of a few GRF members.

I am not familiar with the situation; however, it seems those responsible for non-compliance and confrontation should be held accountable and “punished” rather than taking yet one more amenity away from all LW residents.

The urgent notice from GRF ended with a further threat to remove more LW amenities.

I wish the GRF Board could explain its thought process on this decision and hold members accountable for their personal actions.

Debbie Casper
Mutual 3

Editor:
GRF Board members and management should be ashamed of themselves.

On Feb. 4, the GRF Board decided to use an isolated incident (Jan. 21) to single out one group of people and punish the entire community. It is unbelievable to me that the Board of Directors sat down and decided this was an acceptable way to handle this issue.

This is not about playing pool or games. It's about rash decisions being made without thought. What in the world is the GRF Board expecting to accomplish? Rewarding the troublemakers and punishing the compliant is not the answer.

Employees of GRF, custodians and Security are allowing noncompliant residents in clubhouses because they say or do nothing when violations occur. Why isn't the board instructing Security or custodians to remind residents to wear masks when they see violations and handle “repeated” non-compliance with the individual repeat offenders? I believe that shows incompetence. Suddenly closing any amenity without warning is not doing anything to enforce the mandate.

The posting is disrespectful to every resident in the community and is condescending.

The residents of this community have paid for these amenities and have a right to use them.

The cavalier attitude of this board is out of touch with this community by making pointless, rash decisions. It has started down a path that is a concern to me.

Steve Edrich
Mutual 6

Editor's Note: The GRF closed the poolroom in Clubhouse 2 on Feb. 5 after multiple reports of residents who were not complying with a GRF and state mask mandate that resulted in physical altercations. The GRF cannot staff every venue to ensure compliance and so closed the pool and game room for a week. masks must

currently be worn inside all GRF Trust property to help prevent the spread of COVID-19. During the closure, the pool and game room will undergo a thorough cleaning. The facility will reopen Feb. 12.

Editor:
I really enjoyed reading about Leisure World's history in the three articles published in the LW Weekly that were so carefully researched by GRF Director William Thompson.

His research uncovered the beginning roots from scratch and showed the devotion of Ross and Alona Cortese's immaculate vision for senior living.

I was privy to another significant part of LW's development because of my relationship with Don Oestreich, a man who was also involved in the early days of Leisure World. He was in the outdoor lighting profession with Shalda Lighting of Burbank and worked closely with Ross Cortese as a consultant for outdoor lighting.

Don and I were engaged at that time in 1964, and he was so excited to work with Ross and found him to be a wonderful man. Ross wanted everything for Leisure World as Mr. Thompson has so thoroughly written about.

And Ross especially wanted everything to be nice! He wanted it to look nice, too, and that included the little outdoor lights along the walkways to be just so. He visualized a theme of unity that began with the amazing globe of the world, which still stands at the entrance.

Ross went a step further and visualized a coordinated look for those seeing LW for the first time. And so, Don Oestreich visualized with him and found the round “globe” outdoor lights for Ross.

You can still see these “golden globes” on each side of the entrance, but mainly on the right side reaching beyond St. Andrews. Those golden globes graced the neatly manicured grounds of LW in the early days, and Ross was very pleased with them.

I wish that Don were here as he would tell you how much he enjoyed working with Mr. Cortese. He greatly respected him and admired his vision for every little detail to make LW what it is today.

Congratulations, LW—60 years and still going strong.

Gail Oestreich Morrison
Mutual 2

Editor:
We have been making crosses since last summer and passing them out to those who find spiritual value in them.

We have had some negative responses, but mostly positive. Today, we wanted to express why the cross and why now.

The cross is more than the near-universal symbol of Christianity.

LETTERS, page 13

Member Column

by Jim Greer
LW contributor

In the frightening 1982 hit film “Poltergeist,” Steven Spielberg tells the story of unseen spirits wreaking havoc in the homes and neighborhoods of modern suburbanites. This award-winning story is based on true incidents of recorded poltergeist activity throughout the world.

The study of the paranormal has identified many types of ghosts, spirits and specters that have been tormenting humans for centuries.

Recently a new type of malevolent spirit has been discovered right here in Leisure World.

Perhaps you have been reading some of the unexplainable incidents reported in LW Weekly's Security Reports? These shocking events attest to the level of evil influence that could only be the work of the newly discovered Oldergeist, a mischievous specter that haunts residents of retirement communities.

For years, I had suspected the presence of beings from beyond within my own apartment. In fact, just recently, items I had carefully placed in plain sight on a counter disappeared. I asked my wife if she knew where they had gone, and her response was, “I didn't touch them; it must have been someone else.”

At first, I thought she enjoyed moving my things just to annoy me. But when several other items were also discovered missing, I had to assume that the “someone else” of which she spoke was in fact a being from the dark realm. This assumption was borne out when I went out to the carport and discovered scratches and dents on the bumper of my car.

I was certain it must be the work of an evil spirit. You see, I have been driving for over 50 years and never had a bump, scrape or dent to other cars, walls or carport posts.

Then I noticed that most vehicles in the carport had similar scrapes, dents and scratches. This was the undeniable proof of the presence of Oldergeists in Leisure World!

The following are just a few of the documented, disturbing Oldergeist incidents reported in the Security Reports of the LW Weekly.

Known to love hiding in cars and golf carts, Oldergeists take control of vehicles and their drivers, causing them to drive wildly along streets and walkways, running into walls, trees and parked cars.

These possessed conveyances and their occupants run through stop signs with some crashing through fences and walls, ending up in the Golden Rain drainage ditch.

Also fond of haunting apartments, garden plots and clubhouses, Oldergeists take money

COLUMN, page 23

CENTENARIAN from page 3

Mary picked Yellowstone National Park, David picked The Mint in Denver, Colorado, and Don picked the Mammoth Caves National Park in Kentucky.

The family settled in Fountain Valley. Lew and Alma opened Parker Printing, an offset print shop in the early 1970s. In 1976, they sold the business and moved to Corvallis, Oregon, where they started another print shop. They lived in Corvallis for more than 25 years before moving to Leisure World.

Lew says that his favorite memories are from his time in Corvallis because it was “a small town, but not too small.” He and Alma made lifelong friends. They enjoyed going to hear music at Oregon State University. They started a recycling program and were active in a “Beyond War” group and the Rotary Club.

They traveled the world from the former Yugoslavia to the jungles of Nicaragua and particularly enjoyed Elderhostel Tours (now known as Road Scholar).

While living in Corvallis, Lew and Alma became close friends with Aline Zhang and her two small children, Jing and William. Jing and William have families of their own now and consider Lew and Alma to be their adopted grandparents. William named his daughter, born in January, “Alma,” saying, “If the baby was a boy, his name would have been ‘Lew.’”

Alma died in April 2019. Lewis continues to live independently, saying he's learned to be “a pretty good microwave chef.”

He enjoys keeping up with current events, Zooming daily with several Leisure World groups and Facetimeing weekly with his son David and his grandsons Daan and Sam in The Netherlands.

He loves going out to breakfast at Denny's with his California family, especially when his grandchildren Katy and Steven Parker are able to join him.

Katy describes her grandfather as “intelligent and modest with a playful sense of humor.” Steven says whenever the family is together, his grandfather “always says or does something to make everyone laugh.”

Lew's son David says his father “remains full of curiosity and interest in the world and his family. He's very interested in politics but somehow remains calm and balanced despite all the polarization of our society these days.”

If you ask Lewis how he is doing, he will always say “I'm upright.” Staying upright are excellent words to live by.

Happy 100 years, Lewis!



An Official Golden Rain Foundation Publication
Serving the Shareholders of

Leisure World Seal Beach



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Deadlines
Editorial: 4 p.m., Thursday prior to publication week

Classified Advertising:
12:30 p.m., Monday of publication week

Display Advertising
4:30 p.m., Thursday of publication week

Office hours
8 a.m. to 5 p.m.
Monday-Friday

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P.O. Box 2338
Seal Beach, CA, 90740

Delivery Address
13533 Seal Beach Blvd.
Amphitheater Building
Seal Beach, CA, 90740

Distribution
Dan Pomeroy,
Eagle Rock Services

VOL 46, NO 6

GOVERNMENT

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

| | |
|-----------------|--|
| Thurs., Feb. 10 | Mutual 12 Conf. Rm A/virtual 9 a.m. |
| Fri., Feb. 11 | Mutual 3 Conf. Rm A/virtual 9 a.m. |
| Mon., Feb. 14 | Mutual 9 Conf. Rm A/virtual 9 a.m. |
| Tues., Feb. 15 | Mutual 14 Conf. Rm B/virtual 1 p.m. |
| Wed., Feb. 16 | Mutual 5 Conf. Rm B/virtual 9 a.m. |
| Wed., Feb. 16 | Mutual 7 Conf. Rm A/virtual 1 p.m. |
| Thurs., Feb. 17 | Mutual 2 Conf. Rm B/virtual 9 a.m. |
| Thurs., Feb. 17 | Mutual 11 Conf. Rm B/virtual 1:30 p.m. |
| Tues., Feb. 22 | Mutual 15 Conf. Rm B/virtual 9 a.m. |
| Wed., Feb. 23 | Mutual 10 Conf. Rm A/virtual 9 a.m. |

CITY OF SEAL BEACH

Grant funds available to remodel bathrooms

The City of Seal Beach Bathroom Accessibility Program has grant funding to spend on improving accessibility and safety for Leisure World residents in 2022, so residents who could benefit from this should apply without delay.

Any Leisure World resident who has trouble stepping into the shower for any reason is likely eligible for a free bathroom upgrade. The Leisure World Bathroom Accessibility Grant converts the tub/shower combination into a shower-only for safer access. The fiberglass is refinished to look like new, and a custom glass shower door enclosure is installed. Toilets can be replaced with high-boy models, and grab bars may be added if needed.

LWers with more than one bathroom are eligible. Furthermore, in special circumstances, a bench can be added to the fiberglass unit.

The program is made possible through a grant from HUD, Orange County and the City of Seal Beach.

To qualify, applicants must be over 55 years of age and have an annual income below \$75,300 if you live alone, or the limit is \$86,050 per year for a two-person household. Savings

do not disqualify you.

For over 15 years, the City of Seal Beach has offered the Seal Beach Bathroom Accessibility Program to help residents modify their bathrooms.

Due to the COVID-19 pandemic, the administration of this program has changed slightly. There are no in-person workshops. Instead, individual appointments can be made via phone, FaceTime, Zoom or Google Hangouts to ask questions and get personalized advice on how to complete an application. Simply email monique@civictone.com for an appointment. People can also call (909) 364-9000, but email is preferred.

All information is kept confidential. “Many residents get confused about the application process,” said Monique Miner of CivicStone, which administers the program. “They don’t realize you can have substantial savings and still qualify for the free upgrade. We are just a phone call away and can help people apply for the completely free upgrade. Don’t delay completing your application because funds are limited.”

For more information, email monique@civictone.com or call (909) 364-9000.

Mask Mandate Clarification

The State of California has extended its Dec. 15 mask mandate until Feb. 15, when the COVID-19 situation will be re-evaluated.

Masks are required for the interior use of ALL GRF TRUST PROPERTY until further notice. This includes the Fitness Center, Table Tennis area, Woodshop, the LW Library, Shuffleboard Court, all clubhouses and all GRF offices.

To provide further clarification, the California Department of Health issued this statement:

Masks are required for all individuals in all indoor public settings, regardless of vaccination status from Dec. 15, 2021 through Feb. 15, 2022 (surgical masks or higher-level respirators—N95s, KN95s, KF94s—with good fit are recommended).

Updates will be forthcoming.

| 2022 GRF & Mutual Election and Annual Meeting Schedule | | | | | | | | | | | |
|--|--------------------------------------|--------------|---------|--------------------------------|--|---|--|-----------------------------|------------------------------|------------------------------|---|
| | Mu. | No. of Units | Quorum | No. of Directors Being Elected | Candidate Application Begins* (110-105 days) | Candidate Application Deadline** (80-70 days) | Ballots Mailed (30 days before election) *** | Meeting Day | Meeting Date | Meeting Time | Notes |
| MAY | 10 | 276 | 139 | 5 | 1/27 | 2/28 | 4/14 | 3 rd Tue | 5/17 | 10 a.m. | Cumulative Voting. |
| | 14 | 328 | 165 | 7 | 1/28 | 2/28 | 4/19 | 3 rd Thu | 5/19 | 10 a.m. | Cumulative Voting. |
| | 7 | 384 | 193 | 5 | 1/28 | 3/1 | 4/20 | 3 rd Fri | 5/20 | 10 a.m. | Cumulative Voting. |
| | 8 | 348 | 175 | 5 | 2/2 | 3/4 | 4/21 | 4 th Mon | 5/23 | 10 a.m. | Cumulative Voting. |
| | 4 | 396 | 132 | 3 | 2/9 | 3/16 | 4/25 | 4 th Wed | 5/25 | 10 a.m. | Cumulative Voting. Staggered terms |
| | 16 | 60 | 20 | 5 | 2/9 | 3/16 | 4/25 | 4 th Wed | 5/25 | 2 p.m. | Cumulative Voting. Election & Annual Meeting held in Admin. Conf. Room. |
| | 11 | 312 | 157**** | 6 | 2/10 | 3/14 | 4/26 | 4 th Thu | 5/26 | 10 a.m. | Cumulative Voting. Bylaws on the ballot. |
| JUNE | 9 | 384 | 193 | 7 | 2/4 | 3/8 | 4/27 | 4 th Fri | 5/27 | 10 a.m. | Voting is per parcel to elect one delegate. Parcels in effect. |
| | Golden Rain Foundation | | | | Candidate Application Begins* | Candidate Application Deadline** | Ballots Mailed (30 days before election) *** | Ballot Counting Meeting Day | Ballot Counting Meeting Date | Ballot Counting Meeting Time | Notes |
| | Mutuals 2, 4, 6, 8, 10, 12, 14, & 16 | | | | Wed 3/9 | Fri 4/8 | Thu 5/5 | 1 st Tue | 6/7 | 10 a.m. | No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/14 at 2:00 pm. |
| | Mu. | No. of Units | Quorum | No. of Directors Being Elected | Candidate Application Begins* | Candidate Application Deadline** | Ballots Mailed (30 days before election) *** | Meeting Day | Meeting Date | Meeting Time | Notes |
| JUNE | 6 | 408 | 205 | 7 | 2/11 | 3/15 | 5/4 | 1 st Fri | 6/3 | 10 a.m. | Cumulative Voting. |
| | 3 | 432 | 217**** | 7 | 2/18 | 3/21 | 5/9 | 2 nd Wed | 6/8 | 10 a.m. | Cumulative Voting. Bylaws on the ballot. |
| | 12 | 452 | 151 | 7 | 2/24 | 3/28 | 5/10 | 2 nd Thu | 6/9 | 10 a.m. | Cumulative Voting. Parcels in effect. |
| | 2 | 864 | 433**** | 9 | 2/18 | 3/22 | 5/11 | 2 nd Fri | 6/10 | 10 a.m. | Cumulative Voting. Bylaws on the ballot. |
| | 1 | 844 | 282 | 5 | 2/28 | 3/30 | 5/12 | 2 nd Mon | 6/13 | 10 a.m. | Cumulative Voting. Staggered Terms |
| | 5 | 492 | 164 | 4 | 3/1 | 4/5 | 5/12 | 2 nd Tue | 6/14 | 10 a.m. | No Cumulative Voting. Staggered Terms. |
| | 15 | 502 | 252 | 7 | 2/25 | 3/29 | 5/18 | 3 rd Fri | 6/17 | 10 a.m. | Cumulative Voting. |
| | 17 | 126 | 64 | 3 | 3/15 | 4/14 | 5/26 | 4 th Tue | 6/28 | 10 a.m. | No Cumulative Voting. Staggered Terms. |
| NOTE: * = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday. ** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day. *** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday. **** = The quorum for Bylaws is pursuant to Sections 211 and 152 of the Corporations Code, the proposed Amended and Restated Bylaws must be approved by quorum as stated above. If approved by the shareholders, the Amended and Restated Bylaws will become effective immediately. | | | | | | | | | | | |

CALL FOR CANDIDATES

Mutual and GRF election cycle begins

Since 1962, Leisure World, Seal Beach, has operated on a united community spirit. There is no one more interested in their home, Mutual and community than LWers and their fellow shareholders. Only they can truly understand the value of the LW life and lifestyle and have the motivation to see their Mutual, as well as the entire community, prosper.

Being part of a Mutual or GRF Board places shareholders in the middle of the decision-making process, with their voice and opinions heard as they represent their fellow shareholders for a collective benefit.

Pride in community, patience and motivation to help others are very important qualities for running for a seat on their Mutual

or GRF Board. It is the strength of the vast and varied experience each director has, as well as the collective strength of the Board, that builds community and protects LW’s lifestyle and homes. The skills and knowledge a person has compiled through the years will be put to good use; everyone has the ability to do and be the change for the benefit of all.

The duly elected Mutual and GRF Boards set into operation the day-to-day business of each mutual corporation and Trust property and all of its amenities. Directors address the issues of most importance to their electorate—that is, their fellow shareholders. Board directors find solutions to existing problems, large and small. It’s not an

easy job; it takes time, effort and a willingness to donate a portion of everyday life to the community.

As a community of more than 9,000 highly qualified shareholders, there is so much expertise to offer. New ideas and perspectives are always needed, which means volunteers are needed. Everyone should consider becoming a candidate for a position on their Mutual or GRF Board of Directors.

The schedule indicates the Mutuals’ and GRF elections schedule. Deadlines to apply for candidacy vary. Anyone interested in or who has questions relating to becoming a candidate for his or her Mutual or GRF Board of Directors should contact the Stock Transfer Office at (562) 431-6586, ext. 346.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

| | |
|-----------------|---|
| Thurs., Feb. 10 | Communications/IT Committee Conf. Rm A/virtual 1 p.m. |
| Fri., Feb. 11 | Architectural Design & Review Committee Conf. Rm A/virtual 1 p.m. |
| Mon., Feb. 14 | Mutual Administration Committee Conf. Rm A/virtual 1 p.m. |
| Tues., Feb. 15 | Website Redesign Ad Hoc Conf. Rm A/virtual 1 p.m. |
| Fri., Feb. 18 | Finance Committee Conf. Rm A/virtual 10 a.m. |
| Tues., Feb. 22 | GRF Board Monthly Meeting Clubhouse 4/virtual 10 a.m. |

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at rjexrn@yahoo.com, or call (562) 431-6586, ext. 409, to leave a message.

Your Legislators

Contacting your elected officials remains one of the most important civic responsibilities you can perform outside of voting. Here's a guide to how to reach those elected to be your voice:

President Joseph R. Biden
Phone: (202) 456-1111
Mail: The White House, Office of the President, 1600 Pennsylvania Ave. NW, Washington, D.C. 20500
Website: www.whitehouse.gov

Vice President Kamala Harris
Phone: (202) 456-1111
Mail: The White House, Office of the Vice President, 1600 Pennsylvania Ave. NW, Washington, D.C. 20500
Website: www.whitehouse.gov

U.S. Senator Dianne Feinstein (D-CA.)
Phone: (310) 914-7300 or (202) 224-3841
Mail: 11111 Santa Monica Blvd., Ste. 915, Los Angeles, CA 90025
Website: www.feinstein.senate.gov/

U.S. Senator Alex Padilla (D-CA.)
Phone: (202) 224-3553
Mail: 11845 W. Olympic Blvd., Ste. 1250W, Los Angeles, CA 90064
Website: www.padilla.senate.gov

U.S. Representative Michelle Steel (R-48th)
Phone: (714) 960-6483 or (202) 225-2415
Mail: 17011 Beach Blvd., Ste. 570, Huntington Beach, CA 92647
Website: steel.house.gov

Governor Gavin Newsom
Phone: (916) 445-2841
Mail: 1303 10th St., Ste. 1173, Sacramento, CA 95814
Website: www.gov.ca.gov

State Assembly Member Janet Nguyen (R-72nd)
Phone: (714) 843-4966 or (916) 319-2072
Mail: 17011 Beach Blvd., Ste. 1120, Huntington Beach, CA 92647
Website: ad72.asmtc.org

Orange County Supervisor Katrina Foley (2nd District)
Phone: (714) 834-3220
Mail: 10 Civic Center Plaza, Santa Ana, CA 92701
Website: bos2.ocgov.com

Member Thomas Moore (District 2)
Phone: (562) 431-2527, ext. 1502
Email: tmoore@sealbeachca.gov
Mail: Seal Beach City Hall, 211 Eighth St., Seal Beach, CA 90740
Website: www.sealbeachca.gov/Government/City-Council

Member Sandra Massa-Lavitt (District 5)
Phone: (562) 431-2527, ext. 1505
Email: smassalavitt@sealbeachca.gov
Mail: Seal Beach City Hall, 211 Eighth St., Seal Beach, CA 90740
Website: www.sealbeachca.gov/Government/City-Council

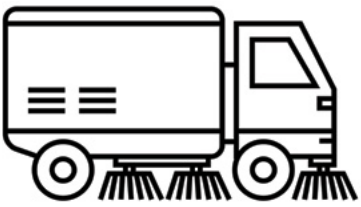
Senior Tax Assistance

The City of Seal Beach offers free assistance for low-income seniors in preparing state and federal income tax returns.

Tax assistance is offered at: Fire Station No. 48, Community Room, 3131 N. Gate Road, Seal Beach, CA 90740.

Appointments will be taken on Monday mornings only, February through April, on a first-come, first-served basis.

Call (562) 431-2527, ext. 1344, for more information.



Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before.

Contact Mutual directors to find out when your carports are scheduled for sweeping.

News Deadlines

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition.

People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater.

See page 4 of any edition for a list of section editors and their email addresses.

Community Guide White Pages

Resident names and phone numbers are not automatically placed in the LW Community Guide's White Pages. To be included, shareholders may submit their information to the LW Weekly by filling out the form on page 55 in the white pages of the 2021 Community Guide and returning it to the LW Weekly Office or by emailing pattym@lwsb.com.

Those whose information may have changed since the 2021 edition of the white pages may also

submit new information via email. Resident names are deleted from the white pages by request or after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW may be deleted unless a form with the new address is submitted to the LW Weekly.

Residents who think they know a name that should be removed may notify the LW Weekly via email at pattym@lwsb.com.

Senior Lunch Program

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a hot, nutritious meal Monday-Friday at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach.

Besides maintaining the physical health of active older adults, the lunch program also works to enrich the emotional/physiological health of seniors by sponsoring a wide range of speakers, dancers, games, health forums, and other social and educational activities.

Meals, support services and transportation are available

to all adults age 60 plus on a donation basis. The suggested donation for lunch is \$3. Guests under 60 can enjoy lunch for a fee of \$5.

The North Seal Beach Center is open Monday through Friday from 8 a.m.-2 p.m. Lunch is served at approximately 11:15 a.m. Seniors should check in by 11 a.m. at the front desk. Reservations are not needed.

Any donation, no matter how large or small, is always greatly appreciated and accepted, although no individual will be turned away due to inability to donate.

Comments/Questions at Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).)

Time limits per speaker are four minutes for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers.

To address the GRF Board of

Directors, submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting.

You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to grfboard-action@lwsb.com.

Missed a story? Visit: www.lwweekly.com

초대합니다!
리저월드 한인교회

『건강한 교회, 행복한 성도』

주일예배: (주일) 오전 10:30

열린 성경대학: (목) 오전 10:00

장소: CH 3, RM 4 ☎ 310)748-2595



담임 한용국 목사

- 미시간 칼빈 신학교 (M.Div.)
- 서울대 경제학 학사, 석사
- 회문고

Leisure World Han-In Church

Sunday Worship and Fellowship 10:30 a.m.

Open Bible College Thu 10:00 a.m. @CH 3, RM 4

We would like our patients to meet our new associate Dr. Taylor J. Sant

For those who do not have dental insurance, we offer new patients a \$35⁰⁰ exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.



Philip P. Nguyen, D.D.S., ADA, CDA, OCDS Over 20 years experience



Ella J. Chen, D.D.S., ADA, CDA, Over 10 years experience



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562-430-1054

DREAM
from page 1

She does not remember the name of her companion, a Freedom Rider who accompanied her on a chartered bus to stand against the ongoing inequalities faced by African Americans 100 years after slavery had been abolished.

But she will never forget the feel of the day, the power of seeing Dr. King, then 34 years old, and her first experience of racial hatred, which happened on her way home.

"I had never experienced the Jim Crow discrimination of the south until after I took part in the March on Washington," she said.

The blistering heat overshadows all her memories of that day. Barbara, then a 20-year-old clerk for a large insurance company, and her friend boarded a bus in New Jersey and rode for four hours before arriving in Washington, D.C., where thousands of like-minded people of all color, age and ilk streamed toward the Lincoln Memorial.

"One of the things I remember most about the trip was the unity. It was incredible. I had never experienced anything like it. People were sharing drinks, food, pillows. It was happy sharing, accommodating. I was very moved."

Hundreds of buses lined the Washington boulevards surrounding the National Mall, and her driver made sure his passengers knew exactly when and where to meet after the speech. And then the girls were on their own.

"There were so many people," said Barbara. "The numbers were beyond anyone's dreams. There were no television advertisements. People just came."

March organizers had hoped 100,000 people would attend, according to *History.com*. In the end, more than twice that number flooded into the nation's capital, making it the largest demonstration in U.S. history to that date.

"All these Black people in one place, a real brotherhood. There were a lot of white people there, too," said Barbara. "They all had a single purpose—to be heard."

Plenty of celebrities were in the crowd and on stage. Actor and singer Harry Belafonte lined up Queen of Gospel Mahalia Jackson, Odetta and Marian Anderson for the concert on the National Mall at the end of the march, but he also included white folk artists Bob Dylan,

Joan Baez, and Peter, Paul and Mary.

Odetta's monumental voice rang out when she sang "I'm on My Way," and Marian Anderson sang "He's Got the Whole World in His Hands." Twenty-two-year-old Bob Dylan sang "Only a Pawn in Their Game" and "When the Ship Comes In." Peter, Paul and Mary gave a stirring rendition of "Blowin' in the Wind." Joan Baez traveled from Spain to be at the march, singing "All My Trials" for the crowd.

At the core of Barbara's memory is the speech itself.

It was electrifying. When Dr. King started talking, the crowd fell silent.

"You could hear a pin drop," she said. "When he walked out, it felt like a dream because I had heard so much about him, his greatness, and I never dreamed I would actually see him. I knew I was a part of history."

"It was so moving, so touching, so spiritual, like I was getting baptized in the River Jordan."

King had debuted the phrase "I have a dream" in his speeches at least nine months before the March on Washington and used it several times since then, according to *History.com*.

His advisers had discouraged him from repeating the same theme, and he had reportedly drafted a version of the speech that didn't include it. After staying up until 4 a.m. to fine-tune what he hoped would have the same impact as the Gettysburg Address, King went off-script for his most iconic words.

As he spoke that day, Mahalia Jackson shouted at him to "tell them about the dream, Martin."

King pushed the prepared speech to one side of the podium and spoke from the heart, sharing his vision with the world. Most of the second half of the speech, including the "I have a dream" refrain, was delivered extemporaneously.

King used the phrase "I have a dream" eight times, including: "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character. I have a dream today."

He ended with: "Free at last! Free at last! Thank God Almighty, we are free at last!"

Martin Luther King Jr. was

murdered on April 4, 1968, at the age of 38, in Memphis, Tennessee.

In 2002, the Library of Congress added the "I Have a Dream" speech to the United States National Recording Registry.

The purpose of the registry is to maintain and preserve sound recordings and collections of sound recordings that are culturally, historically or aesthetically significant.

Two months before the March on Washington, President John F. Kennedy met with civil rights leaders to express his fear that the event would end in violence.

Kennedy told organizers that the march was "ill-timed," as "we want success in the Congress, not just a big show at the Capitol."

King and the other civil rights leaders insisted it should go forward, with King telling the president, "Frankly, I have never engaged in any direct-action movement which did not seem ill-timed," according to historical accounts.

JFK ended up endorsing the march but ordered his brother and attorney general, Robert F. Kennedy, to ensure security precautions were taken. In addition, civil rights leaders decided to end the march at the Lincoln Memorial instead of the Capitol, so as not to make members of Congress feel as if

MARCH, page 23



Officially called the March on Washington for Jobs and Freedom, the historic gathering took place on Aug. 28, 1963. Some 250,000 people gathered in front of the Lincoln Memorial; among many performers were Joan Baez and Bob Dylan (below).



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| STAINLESS OVEN..... | \$1436.48 | BATHROOM FAUCET- DELTA | \$82.45 |
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| STAINLESS STEEL TOP FREEZER | | TOILET- HI BOY-WHITE..... | \$288.72 |
| REFRIGERATOR..... | \$728.52 | TOILET-HI BOY-BONE..... | \$235.05 |
| 28 GALLON WATER HEATER 10YR. | \$754.78 | ROUND TOILET SEAT: WHITE | \$16.21 |
| 38 GALLON WATER HEATER 10YR. | \$832.43 | ROUND TOILET SEAT: BONE | \$16.21 |
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| BATHROOM SINK WHITE-ROUND | \$46.42 | PURCHASING DEPARTMENT | |
| BATHROOM SINK- BONE- ROUND | \$63.12 | PHONE NO. 562-431-6586 | |
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| MUT-15- GERBER..... | \$39.18 | PURCHASING ASSISTANT-EXT 308 | |
| BATHROOM SINK-ALMOND- OVAL | | JUSTIN-PURCHASING COORDINATOR EXT. 309 | |
| MUT-15..... | \$118.24 | JULIE-PURCHASING MANAGER-EXT. 307 | |
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The above pricing is subject to change without notice.
Please call Purchasing Department for current pricing.

SERVICE MAINTENANCE CAN BE REACHED AT (562) 431-3548 DURING THE HOURS 8:00 AM TO 4:30 PM,



Puzzles & Comics

Answers on page 10

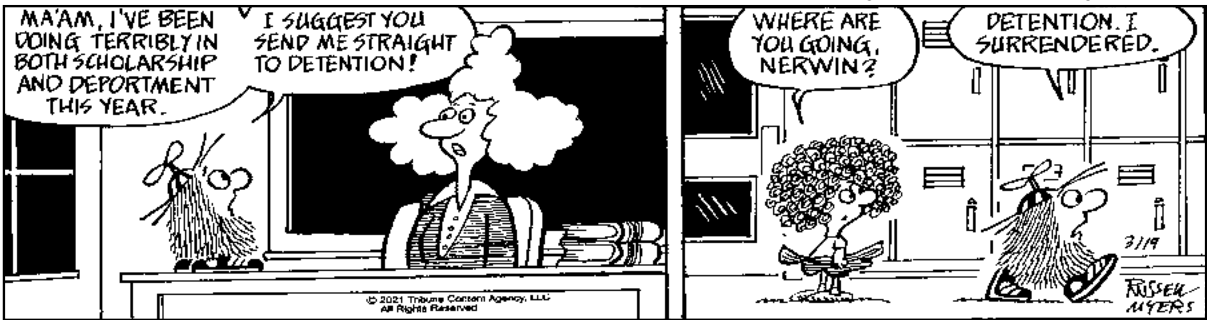
Gasoline Alley

By Jim Scancarelli



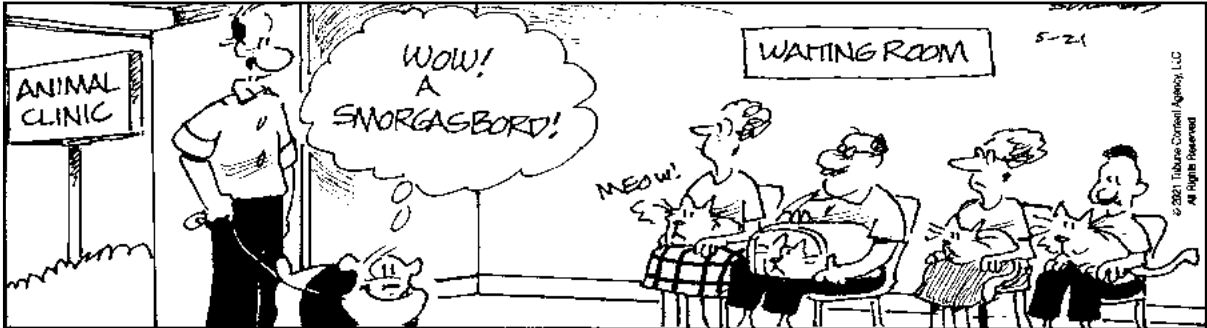
Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"A&E NETWORK"
By PAUL COULTER

ACROSS

- 1 Leader who succeeded Muhammad
- 7 Tried to get home, say
- 11 Boiling state
- 14 Beliefs
- 18 Keys on a piano
- 19 100 cents
- 20 "I, Claudius" role
- 22 Texter's "Then again ..."
- 23 Govern in Austin?
- 25 Set of rules for a jury?
- 27 Sault Marie
- 28 Throttle
- 29 Pretentious
- 30 Anthem
- 31 Group name derived from the Dutch for "farmer"
- 32 blanche
- 33 Like crazy
- 35 Graceful antelopes
- 38 Volume subtitled "100 Good Excuses"?
- 40 Car bar
- 41 Bodies usually bigger than bays
- 43 Mercury Theatre co-founder Welles
- 44 Farm units
- 45 Lawyer's filing
- 46 "The Texan" star Calhoun
- 48 The Eagle, e.g.
- 51 Eric the Red's son
- 52 Comedian Shecky
- 53 Currency exchange abbr.
- 54 Mozart's "Kleine Nachtmusik"
- 55 17.2-million-square-mile area
- 57 metal: dark '80s-'90s music genre
- 59 Snakes' weapons
- 60 Party garb for one going as a pollution inspector?
- 65 Historic period with a lot of risks?
- 68 Bob of "Fuller House"
- 69 Explode
- 71 Full of slime
- 72 Breezed through
- 73 Animation frame
- 74 Family reunion attendee

DOWN

- 81 "so you!"
- 82 "No problem!"
- 83 Name of two presidents
- 84 Privilege
- 85 Broadcaster
- 88 A lot
- 89 State bordering Baja
- 90 Cube-shaped stones for a fireplace shelf?
- 94 Overly optimistic
- 95 "Chicago Med" pro
- 96 Location
- 97 Clamorous
- 98 Color TV pioneer
- 99 H.S. exam for college credit
- 101 Brownish gray
- 102 Cacophony
- 105 Wizard's communications device?
- 107 Braided Greek cheese?
- 110 Biblical plot
- 111 Blood type, briefly
- 112 Lash mark

DOWN

- 113 Shade
- 114 Fit together compactly
- 115 Classified ad abbr.
- 116 Comply with
- 117 Slow-moving mammals

DOWN

- 1 Bounders
- 2 Settled (on)
- 3 Euros replaced them
- 4 Coolers?
- 5 Winds also called ottavinos
- 6 Result of keeping a cap on too long
- 7 Goes after
- 8 Elegance
- 9 401(k) alternative
- 10 Big affairs
- 11 Out of gear
- 12 Entertain at bedtime, as a tot
- 13 "Sixteen Tons" singer whose nickname is his birth state

DOWN

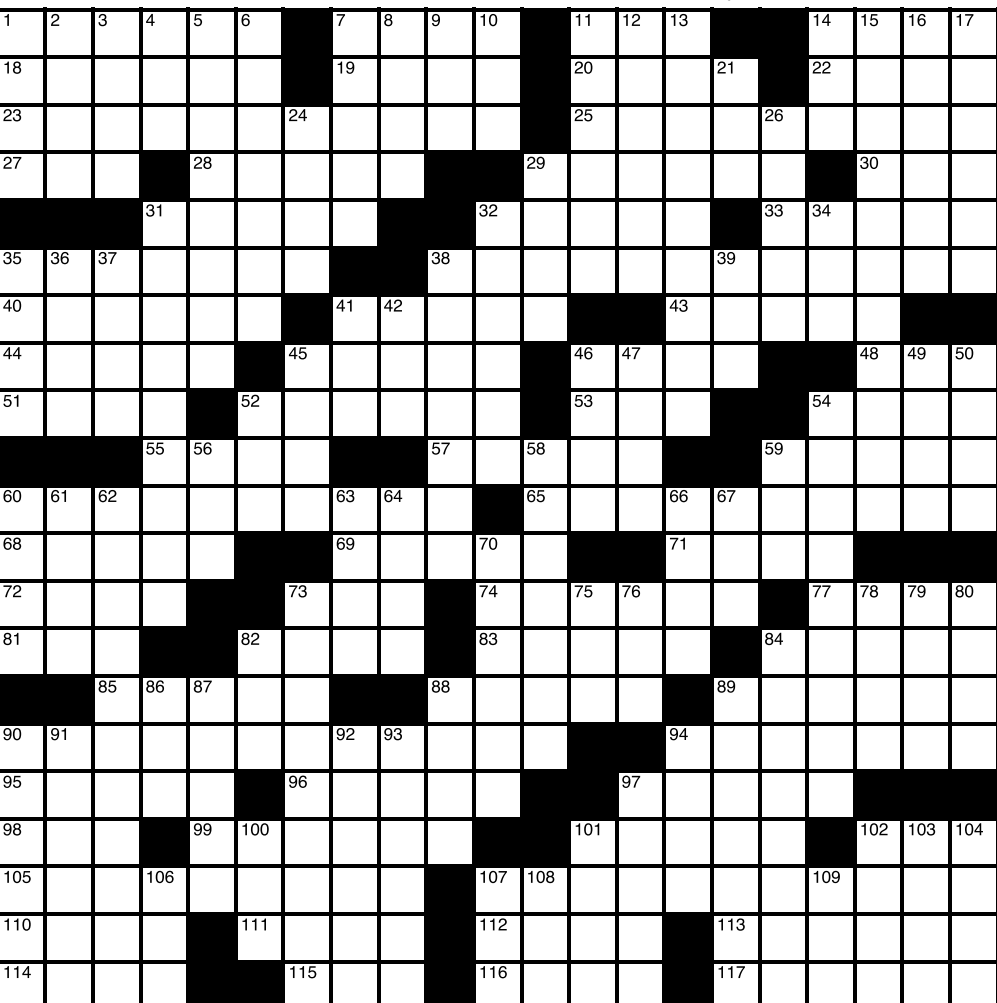
- 14 Games gp.
- 15 Waited, not always patiently
- 16 Roadster in the Henry Ford Museum
- 17 Crow with Grammys
- 21 Brit. lexicon
- 24 High spots
- 26 Metal-threaded fabrics
- 29 Golden Triangle country
- 31 Shameless
- 32 Eye-opening
- 34 Spanish span
- 35 Emphatic type: Abbr.
- 36 They actually prefer fruit and grains to cheese
- 37 "Frasier" actress Gilpin
- 38 Kitchen counter staple
- 39 Cocktail order
- 41 Coll. senior's test
- 42 One-eighty
- 45 Cookout choice

DOWN

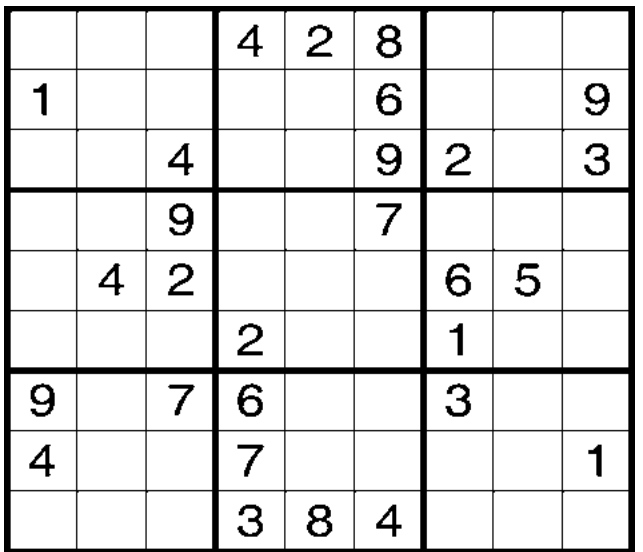
- 46 Babe with a bat
- 47 Dept. of Labor arm
- 49 Tech sch. alumnus
- 50 Big butte
- 52 Base figs.
- 54 Fast bucks
- 56 Barfly
- 58 Represented oneself to be
- 59 Casbah headgear
- 60 Morales of "NYPD Blue"
- 61 Agreement
- 62 Seemingly forever
- 63 Lyft rival
- 64 Paragon of stubbornness
- 66 Denials
- 67 Dairy grazer
- 70 Light fare
- 73 Street edging piece
- 75 Crash site?
- 76 Royal Navy initials
- 78 Pizzeria chain, familiarly
- 79 Motorist's decision point
- 109 Schwarz

DOWN

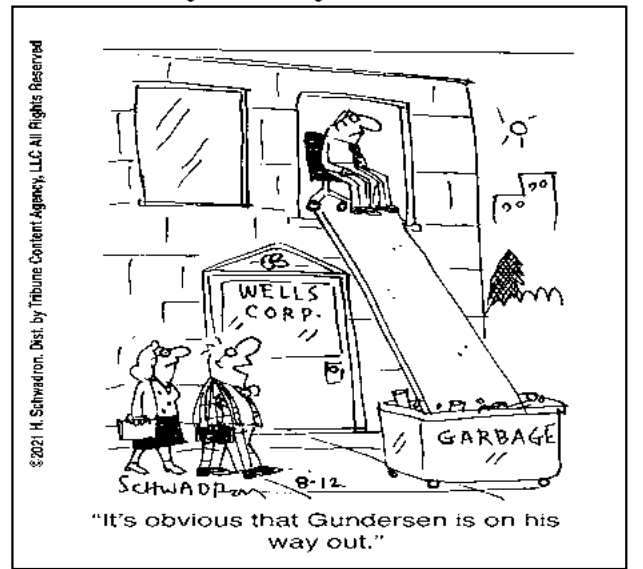
- 80 Donnybrook
- 82 Frites seasoning
- 84 Holiday guests, maybe
- 86 1995 court VIP
- 87 Go over
- 88 Cottontail's tail
- 89 They usually don't have laces
- 90 Mythical males with tails
- 91 Game keeper?
- 92 Homeowner, vis-à-vis the bank
- 93 Cooperstown's lake
- 94 Attack, as of an illness
- 97 Foul
- 100 Saigon soup
- 101 Word game piece
- 102 Bit of progress
- 103 Allergic reaction
- 104 Dundee disagreements
- 106 Tolkien creature
- 107 Wee hour
- 108 Information source, with "the"



Sudoku 1

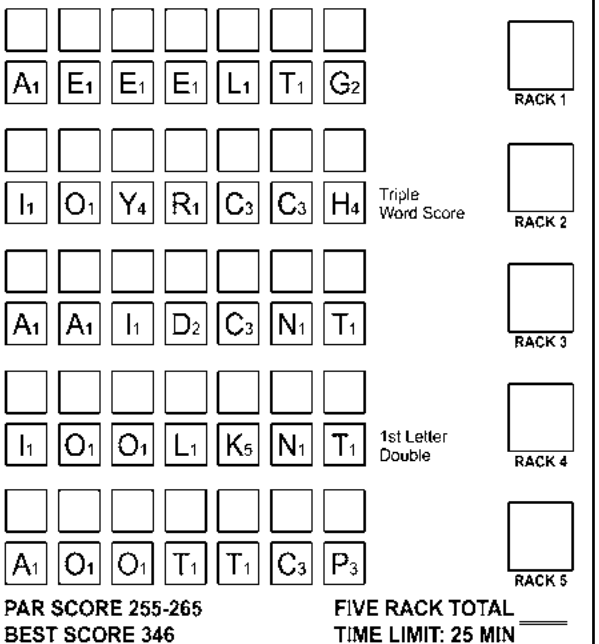


9 To 5 By Harley Schwadron

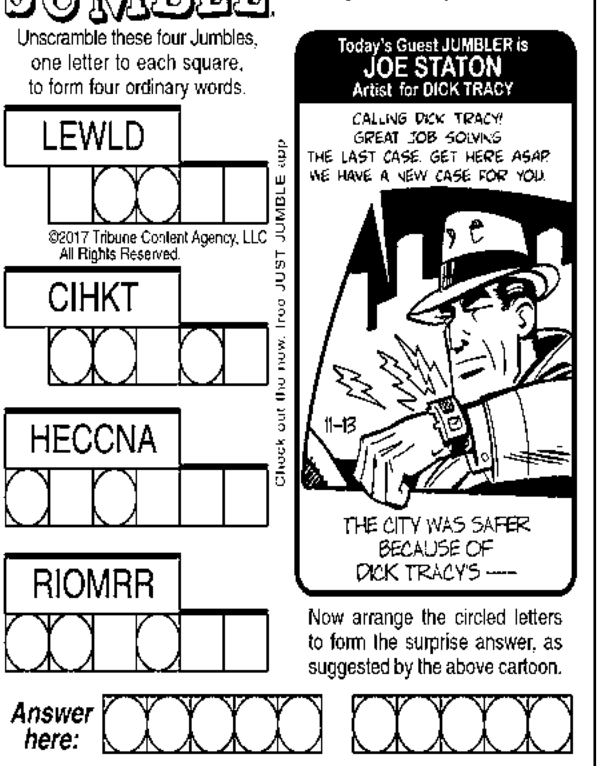


SCRABBLE G R A M S

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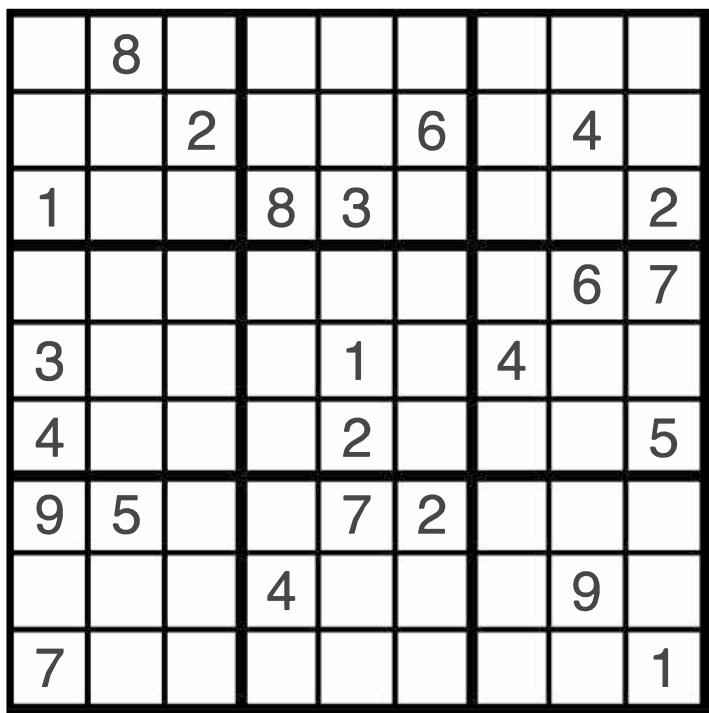
JUMBLE THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek



Guess Who?


I am a singer/songwriter born in England on February 1, 1994. I rose to fame in a popular boy band, and later embarked on a successful solo career. The same year I went solo, I made my acting debut in a Christopher Nolan film.

Sudoku #2



Puzzles & Comics

Answers on page 10



Determine the code to reveal the answer!

Solve the code to discover words related to heart health.
Each number corresponds to a letter.
(Hint: 26 = E)

A. 4 26 6 11 20
Clue: Beats in chest

B. 5 12 13 22 26
Clue: Rhythm of blood flow

C. 10 23 3 8 20 23 11
Clue: Watch and see

D. 10 12 22 2 13 26
Clue: Tissues that contract

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| W | O | I | S |
| G | O | K | E |
| A | G | L | M |

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

| | |
|---|---|
| BOGGLE POINT SCALE 3 letters = 1 point 4 letters = 2 points 5 letters = 3 points 6 letters = 4 points 7 letters = 6 points 8 letters = 10 points 9+ letters = 15 points | YOUR BOGGLE RATING 151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0-10 = Try again |
|---|---|

By David L. Hoyt and Jeff Knurek

| | | | | |
|---|---|---|---|---|
| C | Y | S | E | N |
| S | U | A | T | A |
| B | R | V | M | I |
| N | S | T | E | G |
| I | W | D | S | R |

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find **AT LEAST EIGHT MAJOR LEAGUE BASEBALL TEAMS** in the grid of letters.

6-20-21

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HEART FUNCTION WORD SEARCH

| | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| O | H | B | D | B | S | T | R | R | G | R | P | O | N | B | M | R | E | L | X | E |
| V | R | A | F | S | T | R | G | G | X | C | S | A | U | O | N | U | O | U | R | S |
| S | I | R | P | X | S | I | U | Y | Y | P | F | S | T | B | R | U | M | R | R | L |
| A | G | T | B | X | R | C | S | G | G | S | N | N | R | A | A | H | D | R | R | U |
| O | H | E | I | G | E | U | S | S | Y | S | B | G | I | M | B | V | M | H | H | P |
| Y | T | R | D | V | B | S | T | E | E | A | E | I | E | P | N | R | O | B | B | V |
| V | D | Y | C | R | M | P | A | B | X | E | V | N | T | U | P | O | C | E | E | C |
| E | N | E | I | U | A | I | B | R | R | I | O | S | U | A | X | T | C | I | I | I |
| N | E | X | T | V | C | D | A | I | I | T | L | F | A | P | E | V | D | D | D | Y |
| A | G | T | R | A | N | M | I | B | T | V | A | T | P | C | I | N | I | I | I | V |
| C | Y | X | O | G | O | I | D | I | V | R | O | T | L | F | P | V | R | R | R | B |
| A | X | G | A | P | I | Y | V | I | R | I | A | I | D | N | L | X | T | T | T | E |
| V | O | H | N | M | A | I | R | U | O | A | B | E | S | R | V | B | F | F | F | U |
| A | Y | U | L | S | P | C | M | I | P | X | O | L | H | E | G | B | E | E | E | R |
| U | P | D | G | I | P | A | M | P | I | A | I | L | L | T | A | U | L | L | L | I |
| L | U | X | Y | B | L | C | M | N | R | I | P | C | D | A | H | B | A | O | O | P |
| O | U | N | I | V | V | A | I | E | F | F | I | R | P | P | V | O | P | I | I | S |
| U | V | L | E | P | D | E | H | R | A | A | R | N | Y | P | U | P | R | R | C | L |
| M | X | P | I | L | M | B | Y | E | E | E | R | T | | | | | | | | |

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

- AORTIC
ARTERY
ATRIUM
BEAT
BLOOD
CARDIAC
CHAMBERS
COORDINATED
HEART
LEFT
LUNGS
MITRAL
NUTRIENTS
OXYGEN
PATTERN
PULMONARY
PULSE
RIGHT
TISSUES
TRICUSPID
VALVE
VEIN
VENA CAVA
VENTRICLE



RELIGION

Congregation Sholom

Congregation Sholom will host services via Zoom on Friday, Feb. 11, with Rabbi Eric Dangott at 6:30 p.m. and Saturday, Feb. 12, with Rabbi Mike Mymon at 9:30 a.m.

New members who want to watch the livestream should contact Jeff Sacks by texting (714) 642-0122 or emailing jfsacks@gmail.com. The link will have the meeting ID and password embedded. The phone number for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to <https://us02web.zoom.us/j/3752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09>. The meeting ID is 375 251 9429, and the passcode is 8ZYy69.

Lisa Brass is crocheting double-thick pot holders as a fundraiser for \$18 a pair. Call (562) 794-9090 to order.

Congregation Sholom has silk-screened, reusable Congregation Sholom of Leisure World masks for sale at \$5 each or four masks for \$18, including shipping. All proceeds will go to the general fund. Email Murray Pollack at murrjet@yahoo.com or call (562) 331-3949 to place an order.

The book club is currently reading short stories from the book "Here I Am" and will meet via Zoom on Wednesday, Feb. 16, at 7 p.m.

Those who want to plant a tree in Israel for any occasion can contact Michele Vallens at (562) 230-7464 for more information.

Those who need to be added to the yahrzeit list should call Lisa Brass at (562) 794-9090 by Wednesday, Feb. 16, so she can inform the clergy.

Those who need to be added or removed from the misheber-



Mike Mymon

ach list should call Darlene Rose at (562) 347-8088 by Wednesday, so she can inform the clergy.

Those who want to join the congregation should let Howard Brass know at (562) 794-9090.

To receive Zoom invitations to all Congregation Sholom events, call Jeff Sacks at (714) 642-0122.

St. Theodore's Episcopal

St. Theodore of Canterbury's monthly Episcopal service will be held at 12:15 p.m. on Sunday, Feb. 13. Join St. Theodore's for traditional worship, Communion and fellowship at Redeemer Lutheran Church's sanctuary, 13564 St. Andrews Drive. Organist Laura Dickey will provide inspirational hymns.

In order to care for one another's safety while following guidelines, everyone is asked to wear a mask and social distance.

Join St. Theodore in the prayer of the day: "O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed."

For more information about the church, call (562) 430-8619.

LW Baptist

The message of the cross guides this week's service at LW Baptist Church on Sunday, Feb. 13, in Clubhouse 3 at 10 a.m.

In Luke 23, the cross teaches sorrow for sin, not for Jesus. It says people were without strength, not Jesus. The cross is God paying humanity's sin penalty through Jesus. The cross makes people's worship acceptable to God through Jesus. Jesus died, his body buried, like humanity's, to be raised.

The Christian women's Bible fellowship group meets on Monday, Feb. 14, at 10 a.m. The Energizer's group will focus on "The judge of all the Earth who does right" during its meeting on Wednesday, Feb. 16, at 3 p.m.

For more information, call (562) 430-8598.

| S | | | | | | | SCRABBLE G R A M S | | SOLUTION | |
|-------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------------------|--|------------|--|
| L ₁ | E ₁ | G ₂ | A ₁ | T ₁ | E ₁ | E ₁ | RACK 1 = | | <u>58</u> | |
| C ₃ | H ₄ | I ₁ | C ₃ | O ₁ | R ₁ | Y ₄ | RACK 2 = | | <u>101</u> | |
| A ₁ | N ₁ | T ₁ | A ₁ | C ₃ | I ₁ | D ₂ | RACK 3 = | | <u>60</u> | |
| K ₅ | I ₁ | L ₁ | O ₁ | T ₁ | O ₁ | N ₁ | RACK 4 = | | <u>66</u> | |
| T ₁ | O ₁ | P ₃ | C ₃ | O ₁ | A ₁ | T ₁ | RACK 5 = | | <u>61</u> | |
| PAR SCORE 255-265 | | | | | | | TOTAL | | <u>346</u> | |

Crossword Answers

| | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | A | L | I | P | H | | S | L | I | D | | I | R | E | | I | S | M | S | | | | |
| A | L | I | C | I | A | | E | U | R | O | | N | E | R | O | | O | T | O | H | | | |
| D | I | R | E | C | T | T | E | X | A | S | | P | A | N | E | L | C | O | D | E | | | |
| S | T | E | | C | H | O | K | E | | | | L | A | D | I | D | A | | O | E | R | | |
| | | | B | O | E | R | S | | | | | C | A | R | T | E | | M | A | D | L | Y | |
| I | M | P | A | L | A | S | | | | B | O | O | K | O | F | D | E | N | I | A | L | | |
| T | I | E | R | O | D | | G | U | L | F | S | | | | O | R | S | O | N | | | | |
| A | C | R | E | S | | | B | R | I | E | F | | | R | O | R | Y | | | L | E | M | |
| L | E | I | F | | | G | R | E | E | N | E | | U | S | D | | | | E | I | N | E | |
| | | | A | S | I | A | | | D | E | A | T | H | | | | F | A | N | G | S | | |
| E | P | A | C | O | S | T | U | M | E | | C | H | A | N | C | E | S | E | R | A | | | |
| S | A | G | E | T | | | B | U | R | S | T | | | O | O | Z | Y | | | | | | |
| A | C | E | D | | | | C | E | L | | N | E | P | H | E | W | | M | U | F | F | | |
| I | T | S | | | | S | U | R | E | | | A | D | A | M | S | | H | O | N | O | R | |
| | | | A | I | R | E | R | | | | S | C | A | D | S | | | S | O | N | O | R | A |
| M | A | N | T | E | L | B | L | O | C | K | S | | | | | B | L | U | E | S | K | Y | |
| E | R | D | O | C | | S | I | T | U | S | | | | N | O | I | S | Y | | | | | |
| R | C | A | | A | P | T | E | S | T | | | T | A | U | P | E | | | D | I | N | | |
| M | A | G | E | P | H | O | N | E | | | T | W | I | S | T | O | F | F | E | T | A | | |
| E | D | E | N | | | O | N | E | G | | | W | E | L | T | | N | U | A | N | C | E | |
| N | E | S | T | | | E | E | O | | | | O | B | E | Y | | S | L | O | T | H | S | |

Sudoku 1 Answers

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 9 | 3 | 4 | 2 | 8 | 5 | 1 | 6 |
| 1 | 2 | 8 | 5 | 3 | 6 | 7 | 4 | 9 |
| 6 | 5 | 4 | 1 | 7 | 9 | 2 | 8 | 3 |
| 5 | 1 | 9 | 8 | 6 | 7 | 4 | 3 | 2 |
| 8 | 4 | 2 | 9 | 1 | 3 | 6 | 5 | 7 |
| 3 | 7 | 6 | 2 | 4 | 5 | 1 | 9 | 8 |
| 9 | 8 | 7 | 6 | 5 | 1 | 3 | 2 | 4 |
| 4 | 3 | 5 | 7 | 9 | 2 | 8 | 6 | 1 |
| 2 | 6 | 1 | 3 | 8 | 4 | 9 | 7 | 5 |

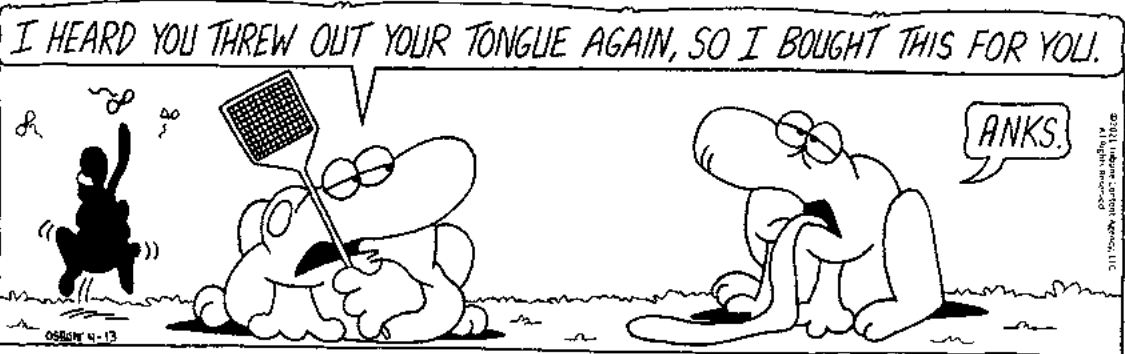
The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

DWELL THICK CHANCE MIRROR
The city was safer because of Dick Tracy's —
CRIME WATCH

Puzzle Answers

Puzzle pages 8-9



Sudoku 2 Answers

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 8 | 4 | 2 | 5 | 1 | 9 | 7 | 3 |
| 5 | 3 | 2 | 7 | 9 | 6 | 1 | 4 | 8 |
| 1 | 7 | 9 | 8 | 3 | 4 | 6 | 5 | 2 |
| 8 | 9 | 1 | 5 | 4 | 3 | 2 | 6 | 7 |
| 3 | 2 | 5 | 6 | 1 | 7 | 4 | 8 | 9 |
| 4 | 6 | 7 | 9 | 2 | 8 | 3 | 1 | 5 |
| 9 | 5 | 6 | 1 | 7 | 2 | 8 | 3 | 4 |
| 2 | 1 | 3 | 4 | 8 | 5 | 7 | 9 | 6 |
| 7 | 4 | 8 | 3 | 6 | 9 | 5 | 2 | 1 |

Guess Who?
Harry Styles

Crypto Fun Answers

A. heart B. pulse C. monitor D. muscle

Boggle BrainBusters Answers

REDS CUBS RAYS METS TWINS BRAVES GIANTS TIGERS

Word-Find Answers

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| O | H | B | D | B | S | T | R | G | R | P | O | N | B | M | R | E | L | X | E |
| V | R | A | F | S | T | R | G | X | C | S | A | U | O | N | U | O | U | R | S |
| S | I | R | P | X | S | I | U | Y | P | F | S | T | B | R | H | M | U | R | L |
| A | G | T | B | X | R | C | S | G | S | N | N | R | A | A | O | D | N | H | U |
| O | H | E | I | G | E | U | S | S | M | B | G | I | L | M | S | M | H | B | P |
| Y | T | R | D | V | B | S | T | E | U | F | I | E | L | B | Y | H | H | G | V |
| V | D | Y | C | R | M | P | A | B | I | E | L | N | N | P | L | R | B | E | C |
| E | L | E | I | U | A | I | E | X | Y | V | S | T | P | U | C | O | N | I | I |
| N | N | H | T | V | H | D | B | R | P | O | H | S | M | X | A | T | O | D | Y |
| A | E | T | R | A | C | M | A | R | S | L | F | U | O | E | R | C | M | D | V |
| C | G | X | O | G | N | N | I | I | Y | A | T | A | V | I | D | V | D | I | B |
| A | Y | G | A | P | O | I | B | T | I | O | T | P | C | P | I | N | X | R | B |
| V | X | I | N | M | I | Y | D | V | R | R | I | L | F | L | A | V | R | T | E |
| A | O | H | L | S | A | I | V | R | I | A | E | D | N | V | C | X | B | F | U |
| U | Y | U | G | I | P | A | R | U | O | B | L | S | R | G | E | P | B | E | R |
| L | P | D | Y | B | L | C | M | I | A | O | L | H | E | A | V | E | U | L | I |
| O | U | X | I | V | V | A | M | P | X | I | C | L | T | U | B | R | L | O | P |
| U | V | N | E | P | V | E | I | N | I | P | R | D | T | H | I | M | A | I | S |
| M | X | L | G | L | D | B | Y | R | F | I | N | P | A | V | V | Y | O | I | C |
| T | H | P | I | S | M | I | H | E | A | R | T | Y | P | P | U | B | P | R | L |



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Father Joseph Son Nguyen (center), Pastor of Holy Family Church, celebrated a traditional Vietnamese Mass to celebrate the Lunar New Year on Jan. 31, the Lunar New Year's Eve. The Vietnamese community and other parishioners in attendance enjoyed a beautiful reception afterward.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Sixth Sunday in Ordinary Time on Feb. 13.

Masses

To receive a copy of the

weekly parish bulletin, sign up at <https://bulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>. For more information, visit www.holyfamilylsb.com.

Father Joseph Son Nguyen suggests that people wear masks

while inside the church. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

Assembly of God

Service/Gathering Times: Assembly of God meets Sunday at 10:30 a.m. in Clubhouse 3, Room 2. Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing is canceled until further notice.

Sermon for this week: Printed instruction manuals are a thing of the past. New technology comes in boxes with little or no printed materials, assuming the user is tech savvy, and the intuitive programming needs no explanation.

The one instruction manual that remains relevant is the Bible. It comes in whatever form is most useful to one's

learning style, written, audio or digital. Pastor Chuck Franco will present the next installment in the How-To series, "How to Live Your Best Life," based on Romans 14, on Sunday, Feb. 13.

Bible Study: "Living Victoriously in a Difficult World" continues to address dilemmas faced by modern Christians. The parallels between the current society and the Biblical society Peter was writing to are surprisingly similar. The video teaching is pertinent, and the student participation is inspiring and helpful. All LW residents and friends are welcome to attend.

Contact: More information about LW Assembly of God can be found at www.lwassemblyofgod.com.

Those who want prayer, personal contact from a pastor or a DVD of the sermon can contact Pastors Chuck and Sheryl Franco at (562) 357-4360 or pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck's sermons can be accessed on Facebook (Chuck Franco) and the Faith-life app under the group "Leisure World Assembly of God," where people can also give online.

Beit HaLev

Beit HaLev will not conduct in-person services until further notice due to the spread of the Omicron variant of the coronavirus.

Beit HaLev livestream services are on [Facebook.com/galityomtov](https://www.facebook.com/galityomtov), [YouTube.com](https://www.youtube.com/channel/UC9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09) (Beit HaLev LIVE! Channel) and Zoom. To join the Zoomagogue community, go to <https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The meeting ID is 915 243 4704, and the passcode is RavGalit.

Livestream services on Fridays are at 5:30 p.m. and Saturdays at 10 a.m. The "Coffee Chavurah" social period has been suspended until further notice.

This Shabbat morning Beit HaLev will read from "Tetzaveh" ("You shall further instruct") in Exodus 29:19-30:10 in the Third Triennial Cycle. It details instructions for the ritual sacrifices, the altar for incense, the Holy of Holies, which will house the Ark of the Covenant and how it will be constructed. HaShem then tells Moses, Aaron and his sons that he will dwell within the Holy of Holies as well as within the hearts of the Israelite people.

All Beit HaLev services use special prayer books, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah." Printed versions of the prayer books will be available for sale when in-person services resume.

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joyous,

BEIT HALEV, page 17

Faith Christian Assembly

On the third Thursday of each month, the men's and women's ministries of Faith Christian Assembly (FCA) come together in fellowship and fun to build community and faith amidst each group.

For the men's group, led by Gary Leming and Ruben DeLaRosa, the monthly gathering means building community among like-minded individuals gathering to learn, support and grow as "iron sharpens iron" (Proverbs 27:17). The meeting offers a great time for fellowship and to share, as well as hear a Bible-based message from Leming or one of their members. On Thursday, Feb. 17, men's ministry member Daryl Chamberlain will share a word.

It can be inspirational to see men coming together to help and be accountable to one another. Doing so builds strength and character. The men also look forward to activities such as the annual golf tournament.

Those who are interested in joining or visiting can join the group on Feb. 17 at 1 p.m. in FCA's main sanctuary, or call the church office at (562) 598-9010 for more information.

Those who are interested in joining the women's ministry, Touch of Love, can come to the meeting on Feb. 17 at 1 p.m. in the Garden Room.

FCA, page 17

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

Services

Saturday and Sunday services have the same message given by Pastor Bruce Humes. Currently, he is guiding the congregation through the New Testament book written by the apostle Paul to the church of the Thessalonians.

Sunday services, from 9:30-10:45 a.m., are traditional, with hymnal music featuring Pat Kogok at the piano. The First Christian Choir, led by Janet Ray, will sing an uplifting hymn titled "It's Just Like His Great Love."

Saturday services, from 9:30-10:45 a.m., are more contemporary, with Gregory Black

leading in worship with guitar accompaniment.

Friday evening prayer meetings are from 6-7, and weekly Bible study, led by Jack Frost, meets on Wednesdays from 9:30-10:30 a.m.

The Message

1 Thessalonians 4:7-8 says "God did not call us (believers) to uncleanness, but to holiness. Therefore he who rejects this (the call to holiness) does not reject man, but God, who has given us also his Holy Spirit."

The Holy Spirit is given as a free gift to all who come to faith and believe in the Lord Jesus Christ for salvation.

Acts 2:38 says, "Then Peter said to them, 'Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.'" And in 1 Corinthians

12:13, it says, "For by one Spirit we were baptized into one body—whether Jew or Greeks, whether slave or free—and all have been made to drink into one Spirit." Instantaneously, upon receiving salvation, all new believers become full members of the body of Christ, the church.

Scripture of the Week

"Shout joyfully to the Lord, all the earth. Serve the Lord with gladness; come before him with joyful singing. Know that the Lord Himself is God; it is he who has made us, and not we ourselves; we are his people" (Psalm 100:1-3).

Announcements

Out of an abundance of caution, First Christian Church asks anyone who feels ill in any capacity to not attend service. Those who want to speak to someone at the church or have a need can call (562) 431-8810.

Community Church

Community Church hopes to return to in-person worship for Ash Wednesday on March 2.

Community Church will be virtual on Zoom and on Facebook this month. The message this week will look at 1 Corinthians 15:12-20 and Luke 6:17-26 and will focus on first fruits and what we need in order to grow fruit.

Livestream worship can be viewed on Facebook at [@communitychurchleisureworld](https://www.facebook.com/communitychurchleisureworld). Those who want to join via Zoom, can call the church office or email leisurewccsue@yahoo.com. Those who would like a DVD or CD of the service can call the church office to receive one.

Community Church will continue to offer online worship for

COMMUNITY CHURCH, page 17

Redeemer Lutheran

"Blessed are You..." is the theme for Redeemer Lutheran Church's Sunday worship service on Feb. 13. LWers are invited to join the community and share the word and Communion at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive (across from the Administration building, where ample parking is provided).

Dee Sessa and Teresa Smith are this week's greeters. Sharon Heck will play the organ and accompany the trio of Beverly Anderson, Pastor Lynda Elmer and Kay Pushman. As it is SOUPerBowl Sunday, Redeemer Lutheran also invites people to bring cans of soup to be taken to Lutheran Social Services and distributed to those most in need in the community.

Those who have any questions about the service or the work of the church can the office at (562) 598-8697.

Christian Women's Fellowship & Bible Study

Christian Women's Fellowship and Bible Group will meet on Feb. 14 and 28 in Clubhouse 3, Room 6, at 10 a.m. The group is currently studying Chapter 7 in the book "Loving God with All Your Heart." All are welcome to attend.

For more information, call Jean Davidson at (562) 431-0591 or Margie Robertson at (562) 594-6505.

Church of Jesus Christ of Latter-day Saints

Meetings for the Ather-ton Ward are held at 6500 E. Atherton St., Long Beach. The Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday school on the first and third Sundays, Relief Society and Elders Quorum meetings on

the second and fourth Sundays. Primary Classes (for children) are held every Sunday during the second hour. Masks are still required for all meetings.

Members who are unable to attend Sacrament service in person may request a link from the bishop, Jonathan Brimley,

at (562) 716-8309 to watch services online from home.

The course of study in Sunday school this year is the Old Testament. Feb. 14-20 will go over Genesis chapters 18-23.

The Newport Beach Temple is currently closed and scheduled to reopen on March 7.



The Quilting Bees Club has been using the sewing facility in Clubhouse 3 since the 1990s, when Coastline Community College taught emeritus classes in LW. Members are looking forward to taking advantage of the bright new Needle Arts Studio that opened there last week.

QUILTING BEES

LW artisans keep the art of quilting alive

Beginning in the early 1990s, Coastline College held sewing and quilting classes in Leisure World. The classes were taught in the Clubhouse 3 lobby and sewing room. During those years, a bond was formed between Leisure World residents and other non-resident class members through their love of quilting.

When Coastline dropped its senior classes in 2010, the Quilting Bees Club formed and continued to meet at Clubhouse 3.

To keep the wonderful art alive for future generations, members share their knowledge and love of quilting. The club has been expanded to include many avid knitters and other

needle artists.

Members have all skill levels, from beginners to professionals who share patterns and new techniques. Show & Tell, held at the end of the weekday meetings, is a sight to behold as members display their latest creations.

Club activities include making charity quilts for local organizations such as Precious Life Shelter, the Orangewood Group Home (in addition to quilts, one member makes over 100 pillow cases a year so the kids don't have to keep their belongings in plastic bags) and Memorial Hospital. In addition to tiny quilts for the neonatal intensive care unit at Memorial, members

make pillows for mastectomy patients undergoing chemotherapy.

Several members also provide quilts to the Quilts of Valor program.

The club meets on Wednesdays at 9 a.m. in Clubhouse 3. Following the business meeting, members gather for several hours in the lobby and sewing room to work on projects.

All are welcome.



Lisa Quient holds her quilts.

405 Ramp Closure

The southbound I-405 on-ramp from Seal Beach Boulevard was closed Feb. 2 at 10 p.m. for approximately one month to accommodate the freeway widening.

Decal Service

The GRF Security Decal Office is open Mondays, Tuesdays, Thursdays and Fridays from 8 a.m.-4 p.m. and Saturdays from noon-4 p.m.

The office is closed Wednesdays and Sundays, and on weekdays from noon-12:30 p.m. for lunch.

The office is located in Building 5 near the Copy Center.

Appointments are not required.

To receive a vehicle decal, residents must present the following documents: Proof of vehicle insurance, DMV vehicle registration (vehicle must be registered to the LWSB resident); DMV driver's license; and a GRF ID card.

Decals are valid for up to two years after the date of issuance. If a resident's driver's license expires before the end of the two-year period, a decal will expire in the same month the resident's drivers license expires. Expired insurance, registration and/or driver's licenses are not valid documents, and no decal will be issued.



The new Needle Arts Studio contains eight heavy-duty sewing machines.

LETTERS

from page 4

This simple design carries the message of love, finality, fulfilled promises and more to people around the world.

We believe that over 2,000 years ago, a man/God was crucified on the cross and died for our sins as a gift to all men and women who have faith in Him. The cross is empty because Jesus Christ lives, and we would like to share eternity with Him, God Almighty and the Holy Spirit in Heaven.

Having a cross in your garden is not what is important, but what is in your heart. Our purpose for being here is not for any other reason than to prepare ourselves for eternity in our next world with God. Why the cross? For the love of God.

David Harlow, Mutual 15
Debbie Salling, Mutual 9

Letters Policy

Letters should be typed, maximum 250 words, and delivered to LW Weekly by email (preferred), regular mail or in person. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

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HEALTH & FITNESS



Doing the research ahead of time could make all the difference.

Are you part of the great resignation?

by **Sandra Teel**
Medicare insurance broker

Have you heard the new buzz words “the great resignation”? According to Forbes Magazine, the number of people who left their jobs in 2021 hit 4.5 million people. Fewer people these days are waiting past age 65 to retire. If you are one of those who decided to retire early and trade in the fatigue for family time, you have a limited time to sign up for Medicare without penalty. You may want to start thinking about doing so a few months before that retirement party comes.

Here are six keys things to do:

1. Ask the employer or benefits administrator how its retiree coverage works with Medicare. You’ll want to know if your (or your family’s) current benefits will change, if it offers retirement coverage or other supplemental coverage that works with Medicare, and if any drug coverage it offers is creditable.

2. Check when your current coverage ends, and sign up for Medicare about a month or two earlier. Signing up before your current coverage ends can help you avoid a gap in benefits.

3. Ask the employer to fill out the employment form at www.cms.gov/Medicare/CMS-Forms/CMS-Forms/CMS-Forms-Items/

CMS009718. You’ll need this extra form to qualify for a Special Enrollment Period to sign up without penalty.

4. Find Medicare plans in your area, if you don’t have retiree coverage or if the employer doesn’t offer creditable drug coverage. If you join a Medicare Advantage Plan or Medicare drug plan, coverage starts the first day of the next month.

5. Be aware that Cobra Coverage is considered “continuation coverage,” not “creditable coverage,” by Medicare. If you are of Medicare age and have chosen Cobra Coverage, you have eight months to either sign up for Medicare Part B or obtain creditable employer coverage in order to avoid a penalty. Before you elect COBRA, talk with your State Health Insurance Assistance Program. (Find more information at www.shiphelp.org.)

6. To avoid a tax penalty, you and your employer should stop contributing to your Health Savings Account six months before you retire or apply for benefits from Social Security.

Now you can relax and enjoy your retirement.

Sandra Teel is a Medicare insurance broker. She can be reached at (657) 204-4224, (909) 856-9379 or steelmedagent@gmail.com. For more information, visit www.steelmedicareins.com.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Feb. 10: Spaghetti and meatballs with marinara sauce, whole-grain roll and seasoned broccoli; maple baked pears; ham, turkey and cheese sandwich, with lettuce, tomato and pickle, plus marinated beet salad.

Friday, Feb. 11: Chicken enchilada casserole with red sauce, pinto beans and seasoned cauliflower; sugar cookies; Caesar chicken salad, with romaine lettuce, shredded cheese, croutons and Caesar dressing, plus crackers.

Monday, Feb. 14: Beef teriyaki, brown rice and Oriental vegetables; applesauce with cinnamon; chicken salad sandwich, with spinach and tomato, plus homemade macaroni salad.

Tuesday, Feb. 15: Turkey à la king, biscuit and green beans with pimientos; yogurt with berries; taco salad, with shredded chicken, diced tomato, corn, black beans, cheese, cilantro and salsa dressing, plus crackers.

Wednesday, Feb. 16: Polish sausage with sautéed onions and red bell peppers, baked beans, and broccoli and cauliflower; baked apple with granola; ham-and-cheese sandwich, with lettuce, tomato and pickle, plus carrot and raisin salad.



LW Bikers recently celebrated Luba Lotakov’s birthday at Bolsa Chica State Beach under a beautiful, though cloudy, sky. The LW Bike Club meets Sundays (with breakfast), Mondays, Wednesdays and Fridays at 9 a.m. at the North Gate. Call Mary Romero at (562) 810-4266 for more information.

February Events at HCC

Celebrate love this month with these activities at the Health Care Center:

Valentine’s giveaway. On Feb. 14, between 10-11:30 a.m., stop by the side doors outside Conference Room 1 at the HCC for a free Valentine’s Day gift from United Healthcare. LWers can pick one up for their sweetheart or to treat themselves.

Valentine’s trivia. Everyone is welcome to prove what they know about Valentine’s Day during this virtual trivia event on Feb. 14. Friends and neighbors will connect via Zoom from 1-2 p.m. and have fun while learning about the holiday dedicated to love. Aetna leads this free event. The Zoom meeting ID is 869 7421 4907, and the passcode is 369528.

Boost your immunity. During this cold and flu season, people can discover natural ways to take care of their immune system with acupuncture doctor Stefanie Bennett on Feb. 22 from 10-11 a.m. This free event is in person, so seating is limited. Face masks are required. RSVP by contacting Grecia Nunez at RSVPOptumHCC@optum.com.

Music and movement. Anyone looking to add a bit of fun to their day should check out Alignment’s music and movement class on Feb. 23. This free event from 10-11 a.m. will teach people easy-to-follow steps to upbeat music. This is also an in-person event with limited spots; masks are required. RSVP by contacting Nunez at RSVPOptumHCC@optum.com.

Need medical advice?
Call the 24-Hour Nurse at (562) 795-6216

COMMUNITY

SUNSHINE CLUB

Nileshkumar Patel will speak on pain

Dr. Nileshkumar Patel, M.D., will be at the Sunshine Club's next Zoom meeting on Friday, Feb. 11, at 10 a.m. Patel is board certified in pain management and anesthesiology. Patel completed his medical training in the United Kingdom, followed by a residency in Anesthesiology and a fellowship in pain medicine at the Cleveland Clinic Foundation, where he also served as attending staff.

All residents are welcome to join the Zoom meeting by going to <https://us02web.zoom.us/j/87427954280?pwd=dExQR2dDbkZSbUNkQlVoclhrajFhUT09>. The meeting ID is 874 2795 4280, and the passcode is 080651.

Those who would like to receive the Zoom link by email should text their name, Mutual number and email address to (562) 301-5339 no later than today, Feb. 7, at 5 p.m. (text only, no phone calls).

Patel also has an executive MBA from the Kellogg program at Northwestern University in Chicago. He has 25 years of clinical experience in academic and private practice.

As a national and international lecturer, Patel has served extensively as a teacher and mentor. His teaching experience includes cadaveric and academic instruction in multiple countries, as well as serving on peer review panels for several pain journals.

Patel has published 40 original research studies. His current interests are radiofrequency neurotomy, spinal stimulation, interspinous spacers, deep brain stimulation and minimally invasive options that address unmet needs.

He is most passionate about advocacy efforts that result in early access and removal of barriers faced by interventional pain, so that each one of the 20 million United States citizens afflicted with chronic, high-impact pain could have an evaluation by a qualified pain specialist who can provide an accurate diagnosis and personalized treatment that best meets the patient's needs.

Patel currently serves as the vice president of medical affairs



Nileshkumar Patel

for Boston Scientific's neuromodulation division.

For more information, text Anna Derby at (562) 301-5339.

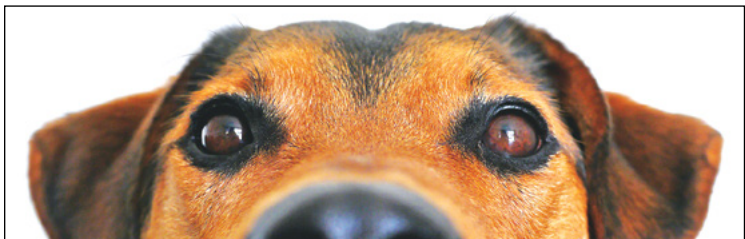


Nikkei Club

The Nikkei Club will meet on Saturday, Feb. 19, in Clubhouse 3, Room 2 at 11 a.m. Guest Les Feller will give a presentation on the parallel connection between Japanese and Jewish culture in history. Members are asked to bring a dish to contribute to the potluck. Those who are not able bring a dish will be asked to pay \$7 toward El Pollo Loco chicken dishes. People are asked to wear masks when they arrive.

The club is still accepting new members. Dues are \$10 a

NIKKEI, page 16



PAWS, CLAWS AND BEAKS CLUB

February meeting canceled

Out of an abundance of caution, the Paws, Claws and Beaks Club has canceled its Feb. 16 meeting. It looks forward to meeting on March 16 at 4 p.m. in Clubhouse 3, Room 9.

For more information, contact Bonnie Kaplan at (714) 930-5314 or craft.kaplan029@gmail.com.

American Legion Auxiliary

The American Legion Board Meeting will be held on Feb. 11 at 1 p.m. in Clubhouse 3. All chairmen and officers are required to attend. The district meeting is scheduled for Feb. 12 at 9 a.m. in Cypress. Each unit in the district is required to send a representative. All members are invited to join. Those who want to carpool must meet at Jean Sudbeck's parking lot before 8:15 a.m.

The Auxiliary is responsible for scheduling bingo volunteers on the first, second and fourth Sundays. To volunteer, call Sudbeck

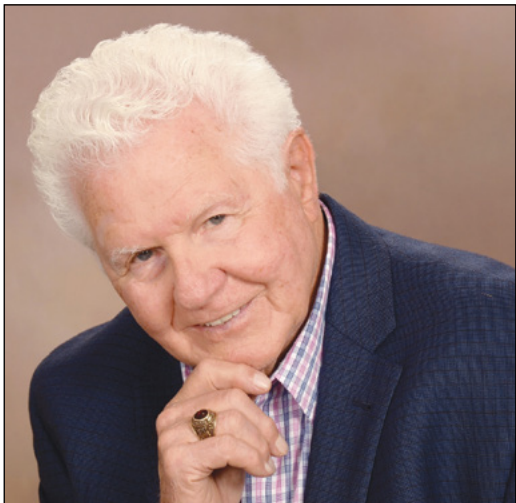
AMERICAN LEGION, page 16

FREE ONE-HOUR SEMINAR

Are you thinking about selling or exchanging your LW unit now or in the NEAR future?

Come find answers to the most common questions about how to start the process that leads to a profitable unit sale.

“HOW TO SELL YOUR LW UNIT IN TODAY’S MARKET”



PRESENTED BY IRV HART

A LW specialist and resident for over a decade (DRE#01861851)

LOCATION: Gasper-Monteer Realty Group,
1900 St. Andrews Drive, Ste. B, Seal Beach, CA 90740

DATE: Thursday, February 17, 2022 **TIME:** 1 p.m. to 2 p.m.

For reservations (seating is limited), contact Irv Hart
Phone: 562-296-5619 • Cell: 562-338-5032 • Email: hartirvin@yahoo.com

Inquire about a commission discount.

If you are unable to attend seminar, please call me for a special one-on one presentation in the comfort of your home and wearing face mask if requested.

LW News Deadline

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19 in the community. Staff is working on-site and remotely to produce the LW Weekly. Editors can be reached by phone and email.

See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor.



Korean American Classical Music Association Program Director Dr. Samuel Kim will present the opera “Aida” on Feb. 10. Contact Grace Kim at (562) 431-3039 for more information.

GAF

Centennials to be recognized

The Golden Age Foundation (GAF) is calling upon all LW residents who have reached the age of 100 or will achieve that fantastic milestone in 2022 to sign up for a special day to honor them.

The GAF, along with GRE, wants to recognize LW’s long-lived residents who have been witness to world events since 1922.

Help is needed in identifying and contacting LW centenarians in time for the April 20 celebration. On that day, friendly GAF volunteers will visit them with a warm smile and a special gift.

To participate, people need to call no later than Feb. 11 so plans can be finalized. Contact GAF President Anna Derby at (562) 301-5339 or Lita Fernando at (562) 296-5885 for more information and to sign up.



Hands and Hearts United in Giving

Hands and Hearts United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the community. It accepts donations of clean used towels and new, unopened travel-size shampoo, soap, lotion and disposable razors. The only clothing accepted is new socks and new underwear for men and women.

To donate, contact Susan Hopewell at (562) 430-6044 or Linda Neer at (562) 430-3214 for pick up. People may also leave donations on the patio in Mutual 6-62A or Mutual 2-48A. Donations are delivered to the Long Beach Multi-Service Center, which provides a variety of services to homeless individuals and families.

Republican Club

by Brian Harmon
LW contributor

District Attorney Todd Spitzer has recently announced that he is running for re-election this year. He has the complete support of the LW Republican Club.

Spitzer chaired the campaign for Proposition 9, “Marsy’s Law,” the nation’s most comprehensive Victim’s Bill of Rights.

He also served as state co-chair for Proposition 83, the nation’s toughest sex offender punishment and control law, as well as Proposition 69, which requires the collection of DNA samples from criminal offenders.

Spitzer joint-authored “Megan’s Law,” the landmark legislation requiring the release of public information related to sex offenders. As a former prosecutor and assistant district attorney he handled complex criminal matters while managing other prosecutors.

As third district supervisor, he secured Orange County’s

first year-round, supportive housing shelter for the homeless, established an ethics commission, gained passage of pension reform measures, and strengthened public safety oversight by expanding the Office of Independent Review.

...

Most people know that Abraham Lincoln was president during the Civil War and that he freed the slaves. So, the LW Republican Club asks that residents remember on Feb. 12 to fly the flag on the birthday of the first Republican president.

The Republican Club booth will be up every Monday from 11 a.m.-2 p.m. outside Clubhouse 6. It will be decorated for Valentine’s Day, and club members will hand out goodies while supplies last.

Monthly meetings are held on the third Wednesday of the month at 7 p.m. in Clubhouse 3, Room 2.

Those who would like to receive more information or to be put on the email list can call (714) 771-0273.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at SBTV3.org.

Thursday, Feb. 10

- 4 pm LW Emergency Preparedness Expo 2021
- 4:45 pm LW Bike Club
- 5 pm FALW Valentine Dinner & Dance 2020
- 5:55 pm Latino Club’s Christmas Luncheon 2021
- 6:15 pm LW Veterans Memorial 2021
- 6:45 pm Rich Harbour Paddleout
- 6:50 pm Broadway in the Park
- 8 pm Live at the Ford—Four Italian Tenors
- 9:30 pm Studio Cafe Nov. 2021
- 10 pm Shakespeare in the Park: Cymbeline

Friday, Feb. 11

- 4 pm LW Winter Concert
- 5 pm Bike Club
- 5:15 pm Vinyl Rock—Toys for Tots
- 6:40 pm Spiritones 2021
- 7 pm McGaugh Fourth Grade Show
- 8 pm On Q
- 9 pm Shakespeare in the Park: Othello
- 10:30 pm Cerritos Center—Big Bad Voodoo Daddy

Saturday, Feb. 12

- 4 pm Vinyl Rock—Toys for Tots
- 5:45 pm Spiritones 2021
- 6 pm LW Veterans Memorial 2021
- 6:30 pm LW Latino Club’s Christmas Luncheon 2021
- 6:50 pm FALW Valentine Dinner & Dance 2020
- 7:35 pm Bob Cole Conservancy
- 8 pm LAUSD

Sunday, Feb. 13

- 4 pm SB City Council Meeting Feb. 7 Replay
- 5:45 pm Spiritones 2021
- 6 pm Broadway in the Park
- 7:15 pm Filipino Luau 2021
- 8 pm On Q
- 9 pm Studio Cafe
- 9:30 pm Cerritos Center—Big Bad Voodoo Daddy
- 11 pm Bob Cole Conservancy

Monday, Feb. 14

- 4 pm LW Bike Club
- 4:08 pm LW Yoga 2022

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NIKKEI

from page 15

year. Anyone can join.

For more information, call Michie Kimura at (714) 317-1102.

AMERICAN LEGION

from page 15

at (562) 594-0209.

At the Feb. 21 general meeting, the opening prayer and draping of the charter to honor all deceased members will be held in the Veterans Plaza by the flag poles. The draping of the charter is a ceremony in which all members are honored and remembered after they are deceased. All LWers are welcome to attend and may submit a name for remembrance. Call Sudbeck at (562) 594-0209 for more information. The event starts at 1:30 p.m. and lasts about 15 minutes. The general meeting then resumes in Room 1.



The Mobility Aids Program from the GAF will help LWers figure out if a front wheel walker or rollator is right for them.

GAF

Front wheel walker or rollator?

Front wheel walkers and rollators provide support while walking to people who have difficulty balancing, are at risk of falling or fatigue easily.

Upon the advice of a physician, either device can really help a person be more independent in the home and community.

When Should You Use a Front Wheel Walker?

Generally, front wheel walkers are best for people who need stable support and walk at a slower pace. For those who are mobile enough to not need a wheelchair but have difficulty walking from the bedroom to the bathroom, a walker may be the right choice. The front wheel walker is often advised by physicians for people recovering from hip or knee surgery.

When Should You Use a Rollator?

A rollator is best for users who can walk but need a little help with balance and stability. Rollators allow people to walk at a quicker pace and help with a normal gait. The user must be able to steer the rollator and operate the hand brakes. Most rollators have a seat, which allows people to take a rest as needed.

In Need of a Walker or Rollator?

The Mobility Aids Program loans out walkers, rollators, wheelchairs and transport chairs to those in need. This program is sponsored by the Golden Age Foundation and its office, located in Clubhouse 6, is open Monday-Friday from 9-11 a.m.

For more information, call (562) 431-9589.

Democratic Club

by Mary Larson
LW contributor

The reconfiguration of voting districts continues to result in changes for Leisure World. These changes mean that Democrat Tom Umberg will no longer be LW’s representative in the California Senate, even if he wins re-election. Leisure World residents will vote in a newly drawn District 36, which encompasses all of coastal Orange County. Democrat Kim Carr and Republican Janet Nguyen will both run for this seat in the June 5 Primary. Carr is a member of the Huntington Beach City Council, and Nguyen is LW’s current representative in the CA Assembly.

The SBLW Democratic Club will host Carr as the featured speaker at its Feb. 16 membership meeting. All LW Democrats and supporters are welcome to join. This meeting will again be held via Zoom at noon. People can receive the login information for the meeting in the club’s Feb. 15 newsletter, by emailing lwsb-democraticclub@gmail.com or by calling (562) 412-0898. Be sure to include complete contact information.

LW voters will continue to be in CA Assembly District 72, which has also been reconfigured. There will be no incumbent for this district on the Primary ballot. Currently, only Democrat Judie Mancuso and Republican Diane Dixon have declared their candidacy for this position.

Primary interest by potential voters centers on the new Congressional District 47. Katie Porter is the Democrat running for this seat. As a current member of Congress, she will run as an incumbent although many Orange County residents, including those in LW, will have her on the ballot for the first time.

Three Republicans have already announced they intend to run against Porter. These potential candidates are Brian Burley from Huntington Beach, Amy Phan West from Westminster, and Scott Baugh who is the former chair of the Orange County GOP.

Porter has expressed an interest in getting to know LW voters. She will be the featured speaker at an upcoming meeting.

Seven delegates representing the club will join other California Democrats in voting in a Feb. 12 pre-endorsing conference.

For more information about candidates in other races and other issues, LW Democrats and supporters can subscribe to the club’s free electronic newsletter by emailing democraticclubsblw@gmail.com or calling editor Mary Larson at (562) 296-8521. Include your full name, address and phone number, as well as party affiliation.

The club’s Hospitality and Information Booth, located outside Clubhouse 6, will be open March 1 from 10:30 a.m.-12:30 p.m. Visitors will find copies of the club’s current newsletter, voter registration forms and a warm welcome at the booth.

January Security Recap

The following is the security report from January. It has been edited for clarity.

FIRE: 1

•Jan. 14, 1:38 p.m., Mutual 1
Fire started in unit, possibly from cigarette. The unit was damaged, and the resident went to a hotel.

THEFT: 12

•Jan. 2, 9:50 a.m., Mutual 6
An unknown person removed a ladder from a carport.
•Jan. 3, 2 p.m., Mutual 11
An unknown person removed a tree and ceramic pot from the front windows of a unit.
•Jan. 3, 4 p.m., Mutual 5
A locked bicycle was taken from a bicycle rack.
•Jan. 3, noon, Mutual 1
A resident removed a bench from a common area. The resident was found and returned the bench.
•Jan. 10, 3:05 a.m., Mutual 14
A resident reported an unknown person removed property from her front porch.
•Jan. 11, 4:59 p.m., Mutual 1
A resident stated an unknown person removed her plant.
•Jan. 16, 9:55 a.m., Mutual 11
Ongoing resident complaint of unknown people removing clothing from unit.
•Jan. 24, 4:21 p.m., Mutual 9
A resident stated an unknown person removed property from his unit while he was in the hospital.
•Jan. 25, 9:55 a.m. Mutual 12
A resident stated an unknown person opened her mail and removed a 2022 guest pass.
•Jan. 25, 9:45 a.m., Contractor's Alley
A vendor's golf cart was reported missing. SBPD completed the report.
•Jan. 29, 8:03 a.m., Mutual 15
Resident claimed GRF and a third party vendor was responsible for theft of his property. The resident later found all property inside his unit.

•Jan. 30, 4:50 p.m., Mutual 12
A locked electric bicycle was removed from a carport.

VANDALISM: 1

•Jan. 24, 12:30 p.m., Mutual 5
A resident reported a substance on his vehicle that was possibly caused by neighbor.

PET COMPLAINTS: 2

•Jan. 13, 4:10 p.m., Mutual 4
A resident's dog bit another resident. No transport to the hospital was necessary, and the dog owner was advised of pet registration.
•Jan. 20, 11:06 a.m., Mutual 2
Ongoing complaints regarding a barking dog.

TRAFFIC INCIDENTS: 4

•Jan. 7, 9:15 a.m., 13902 Thunderbird
An unknown driver side-swiped a parked vehicle.
•Jan. 14, 12:20 p.m., El Dorado and Knollwood
A moving vehicle struck a parked vehicle. Both parties exchanged information.

•Jan. 20, 8:18 a.m., 1331 Oakmont Road
An unknown vehicle struck a resident's parked vehicle, causing damage to the passenger side.
•Jan. 28, 9:30 a.m., Service Maintenance Yard
A moving truck backed into a parked vehicle.

NOISE COMPLAINTS: 11

•Jan. 1, 10:15 and 10:58 p.m., Mutual 3
A resident complained about noise coming from a 90th birthday celebration.
•Jan. 5, 3:38 a.m., Mutual 6
A resident complained of noise at a neighboring unit. No noise was detected at the scene.
•Jan. 8, 6:02 a.m., Mutual 2
A resident complained of noise at a neighboring unit. No noise was detected.
•Jan. 12, 12:13 p.m., Mutual 17
A resident complained about a neighbor's TV volume. Neighbor turned down the volume.
•Jan. 14, 4:06 p.m., Mutual 1
Ongoing resident issues with noise.
•Jan. 16, 10:05 a.m., Mutual 1
Ongoing resident issues with noise. No noise was detected.
•Jan. 18, 7:43 p.m., Mutual 17
A resident complained about a neighbor causing noise. Neighbor was advised of complaint and complied with request
•Jan. 18, 9:40 p.m., Golf Course
A resident complained of noise coming from the golf course office area. No noise was detected.
•Jan. 24, 8:30 p.m., Mutual 1
Ongoing resident issues regarding noise. No noise was detected.
•Jan. 25, 4:15 a.m., Mutual 2
A resident stated she heard a loud noise in her unit. No noise was detected in the unit.
•Jan. 26, 3:30 p.m., Mutual 5
A resident stated there were noises coming from the porch area. No noise was detected.

INJURY: 6

•Jan. 1, 11:04 a.m., Mutual 11
A resident tripped over a dog leash. No transport required.
•Jan. 13, 1:08 p.m., HCC Parking Lot
A resident fell while using a walker. Hospital transport was not required.
•Jan. 14, 10:43 a.m., Mutual 1
A resident fell while walking and was transported to the hospital.
•Jan. 18, 2:55 p.m., Mutual 4
A resident tripped over a grassy edge and was taken to the hospital.
•Jan. 25, 11:22 a.m., Pharmacy
A resident fell while walking but did not require transportation to hospital.
•Jan. 30, 5:40 p.m., Mutual 5
A resident became out-of-breath while walking and was transported to the hospital.

LOST RESIDENTS: 2

•Jan. 2, 12:13 p.m., Mutual 6
A resident was reported missing. The resident was at a neighbor's house and returned home safely.

•Jan. 11, 4:29 p.m., Mutual 7
A bus driver reported a lost resident. Security escorted the resident home safely.

OTHER INCIDENTS

•Jan. 1, 3:12 p.m., Mutual 9
A resident reported a golf cart was blocking the sidewalk. The golf cart was moved.
•Jan. 4, 11:38 a.m., Mutual 15
A resident reported issues with a male walking past her residence.
•Jan. 5, 9 a.m., Mutual 11
Ongoing complaint of resident stating people were in her unit. No one was found in the unit.
•Jan. 5, 1:45 p.m., Mutual 9
A resident stated an unknown person parked in his carport while on vacation and the car leaked oil.
•Jan. 6, 1:21 p.m., Mutual 11
A window was broken on the front patio of a unit. There was no evidence of entry.
•Jan. 6, 11:51 a.m., Mutual 6
A resident was using carport to saw wood and other construction work. The resident ceased activity when advised of rules.
•Jan. 7, 4:05 p.m., 1.8 Acres
Ongoing dispute over dumpster activity.
•Jan. 9, 6:34 a.m., Mutual 14
A resident reported a suspicious person in the area. No one was found.
•Jan. 12, 5:21 p.m., 1.8 Acres
Ongoing dispute over dumpster activity.
•Jan. 14, 6:48 p.m., Mutual 4
Ongoing resident dispute. Security kept the peace.
•Jan. 15, 10:17 a.m., Mutual 8
A resident observed damage to his vehicle and believes vendors are responsible.
•Jan. 17, 12:51 a.m., Mutual 15
A possible occupancy agreement violation was reported. People at the unit had right to enter, but no right to stay overnight. They were escorted out of the community.
•Jan. 19, 12:31 p.m., Golf Course
A resident involved a GRF employee in a verbal altercation
•Jan. 21, 1:39 p.m., Golf Course
A resident has ongoing issues with GRF employees.
•Jan. 21, 5:17 p.m., Mutual 1
A resident was involved in a physical altercation over the use of masks
•Jan. 24, 11:42 p.m., Mutual 3
A resident reported illegal extension cord use.
•Jan. 27, 1:28 p.m., Mutual 11
A resident filed a complaint regarding the current postal service to the unit.
•Jan. 29, 1:50 p.m., Clubhouse 2
Unauthorized gathering at Clubhouse 2. The party was asked to leave and complied with request.
•Jan. 31, 11 a.m., Mutual 5
Two unauthorized people entered the community. SBPD was called to the scene. One person was arrested for an unrelated issue, and the other was escorted out of the community.

TOTALS:

Paramedic calls: 159 (Average 5.1 per day)

Theft: 12
Vandalism: 1
Traffic Incidents: 4
Death Investigations: 14
Lost Residents: 2
Injury: 6
Noise Complaints: 11
Fire Reports: 1
Pet Complaints: 2
Grand Totals: 212

How to turn on closed captions

Loud televisions make up the majority of noise complaints in Leisure World each month. As people age and their hearing begins to change or diminish, watching TV and movies can become more difficult without turning the volume to its loudest setting, which then disturbs neighbors. For deaf individuals or people who are hard of hearing, satellite television, streaming services and more offer closed captions and subtitles to make watching television easier.

XFINITY: First, turn on the program you want to watch, then press the Down arrow or OK button on the remote. Next, press the Left arrow to move to the "Closed Captioning CC" option and press OK with the remote. Choose to turn captions On, then you can customize the font size, color and formatting of your subtitles in the "Closed Captioning Options" menu.

Spectrum: Press the Menu button on the remote control, then scroll to "Settings & Support" and press OK/Select. Next, click on the Accessibility tab. Choose between Closed Captioning or Descriptive Video Service to turn captions on.

DirecTV: Press the Info button on the remote control, then press the Right Arrow button to get to Closed Captioning (CC). Select CC, and captions will turn on. You can personalize caption options with the following steps: Press the Menu button, click on the Settings option, then press the Right Arrow button to get to the Accessibility option and press Select. Navigate using the Up and Down arrow buttons to make the changes you need.

BEIT HALEV from page 12
meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid.

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The LW Weekly
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OBITUARIES

In Memorium
Mario Navarro 76
Kimerly Pratte 64
Mary Ann Scolamieri 91
Carol Floyd 86
Bernard Coleman 92
Sharon Crafton 82
Eltezer Barnes 84
Joyce Grassi 79
Maria Cepeda 92
Yvonne Raymond 91
Families assisted by McKenzie Mortuary, (562) 961-9301
—Paid obituary

SBTV from page 16

4:15 pm LW Emergency Preparedness Expo 2021
5 pm Bob Cole Conservancy
5:30 pm On Q
6:30 pm Studio Cafe
7 pm FALW Valentine Dinner & Dance 2020
8 pm On Q
8:30 pm LW Orchestra's Winter Concert 2021
9:30 pm LW Latino Club's Christmas Luncheon 2021
10 pm LW Bike Club
10:10 pm Shakespeare in the Park: Taming of the Shrew
Tuesday, Feb. 15
4 pm LW Emergency Preparedness Expo 2021
4:45 pm LW Christmas 2021
5:15 pm FALW Valentine Dinner & Dance 2020
6 pm SB City Council Meeting-LIVE
7 pm McGaugh Pagent of the Arts
8:15 pm Canadian Rockies/LW Yoga
8:30 pm Cerritos Center-Lady Jazz
10 pm Shakespeare in the Park: Merry Wives of Windsor
Wednesday, Feb. 16
4 pm LW Veterans Day Memorial
4:29 pm Spiritones 2021
4:45 pm Bike Club
5 pm FALW Valentine Dinner & Dance 2020
5:55 pm LW Latino Club Christmas
6 pm Cerritos Center-North River Chicago Dance
7:45 pm LW Orchestra's Winter Concert 2021
8:15 pm Vinyl Rock-Toys for Tots
10:30 pm Cerritos Center-Drumline
*All programming is subject to change.

FCA from page 12

Sunday services are at 10:30 a.m. and 5:30 p.m. The Sunday pre-service prayer starts at 5 p.m. Wednesday morning Bible study taught by Pastor Sheri Leming is at 11 a.m.

To receive a free newsletter or more information on the church, call (562)598-9010, email contact@fcachurch.net or visit www.FCAchurch.net.

COMMUNITY CHURCH from page 12

those who cannot attend in person.

Those who are in need without another way to address that need may call the church office and leave a message at (562) 431-2503.

ARTS & LEISURE



Edward Hickman in Saxon Garden, the oldest public park in Warsaw, Poland, opened in 1727.

TRAVELING TIGERS

LWer shares a festive winter trip

Traveling Tigers President Edward Hickman will share a presentation on his December 2021 trip to Poland at the club's meeting on Feb. 16 at noon in Clubhouse 3, Room 9.

It had been two years since his last trip, and the constantly changing restrictions made travel challenging. But Poland was a beautiful place, he says, with excellent food and a lot to explore. With the snow and the holiday decorations, the cities of Warsaw and Krakow looked very festive. Hickman attended a Chopin concert, visited the Warsaw Rising Museum and walked down 850 wooden steps into a salt mine. On his flight home, he recalls, there were only about 25 people on the plane, giving passengers room to spread out and even take up their own row to sleep.

The Traveling Tigers invites others to speak about their trips. Presentations usually last about 30 minutes, and a large-screen TV setup is available for showing photos or videos. The club can provide help to the speaker—whether a resident of LW or not—including transferring photos and videos to a flash drive and setting up the presentation. Anyone interested can contact Vice President Susan Shaver at (562) 795-9151.

Members who have not reclaimed their payment for last year's canceled summer picnic should contact Treasurer Joan Schwichtenberg at (562) 446-0731.

This month's meeting will not include a potluck. All current GRF guidelines will be followed, including the mask requirement.

Pinochle

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with the regular game beginning at 12:30 p.m. The club provides cards, score cards, pens, tablets and other equipment. It costs \$2 per person to play, and the top four scorers of each day win cash prizes.

The following are the winning scores from recent games.

Jan. 15: First place: Donna Gorman, 11,580; second: Chung He Scharschmidt, 11,000; third: Curt Rodgers, 9,350; fourth: Marge Dodero, 9,150.

Jan. 17: First place: Donna Gorman, 11,650; second: Marilyn Allred, 11,270; third: Gene Smith, 10,970; fourth: Ron Jackson, 10,810.

Jan. 20: First place: Keith Clausen, 12,770; second: Donna Gorman, 12,740; third: Marilyn Allred, 12,390; fourth: Peggy Kasper, 11,640.

Jan. 22: First place: Joan Taylor, 11,920; second: Irene Perkins, 10,570; third: Jim Kasper, 10,530; fourth: Chung He Scharschmidt, 10,520.

Jan. 24: First place: Joan Taylor, 13,970; second: Delores Cook, 12,230; third: Lynne Scrum, 12,030; fourth: Peggy Kasper, 11,910.

Jan. 27: First place: Silvia Clinton, 11,860; second: Gene Smith, 11,810; third: Ruth Bonnema, 11,800; fourth: Nancy Wheeler, 11,650.

Jan. 29: First place: Jim Kasper, 12,010; second: Jim Dix, 11,250; third: Nancy Wheeler, 10,390; fourth: Marge Dodero, 10,380.

Jan. 31: First place: Marilyn Allred, 13,940; second: Chung He Scharschmidt, 12,870; third: Marge Dodero, 11,130; fourth: Joan Taylor, 10,720.

Lessons to learn to play or to brush up on the game are available on Thursdays at 11:30 a.m. in Clubhouse 1. Call Joan Taylor at (562) 240-5416 for more information.

—Marge Dodero



Jojo Weingart

Leona Hasegawa (l) of Mutual 6 and Insook Kim of Mutual 2 both have birthdays in February. At 98, Hasegawa is the oldest Hui O Hula dancer, but she and her "little hula sister" Kim are described as young at heart. LWers are invited to discover their secret to the joy of life at hula lessons. This month, romantic hula are being taught at Veterans Plaza on Tuesdays and Thursdays at 1 p.m. For more information, call (562) 431-2242.

Monday Bridge

The winners from the Jan. 31 meeting of the Monday Bridge Club are:

First place: Dotty Kemper

Second place: Lorna Binger

Third place: Ev Scherber

The group meets every Monday at 1 p.m. in Clubhouse 1. For more information, contact Marion Standish at (562) 493-1236.



Kayte Deioma Creative

Nick Tubbs and Katy Tang star as lonely strangers living in the same building.

OUTSIDE THE GATES

ICT opens season with tribute to late songwriter Sondheim

Long Beach's International City Theatre opens its 2022 season with a tribute to the late songwriter Stephen Sondheim, "Marry Me a Little," on Friday, Feb. 11. Conceived and developed by Craig Lucas and Norman René, the musical, which premiered in 1980, weaves 17 of Sondheim's lesser-known works into the tale of two lonely strangers who live just one floor apart in a New York building.

This production, helmed by director Kari Hayter and music director/pianist Diane King Vann, stars Katy Tang and Nick Tubbs as two people who separately fantasize about finding love with each other. In addition to the title tune, the song list includes "All Things Bright and Beautiful," "A Moment With You" and "The Girls of Summer."

Sondheim, who died at age 91 on Nov. 26, was a well-respected titan of American theater who got his start writing the lyrics for "West Side Story." Among the more famous musicals he wrote for are "Sweeney Todd: The Demon Barber of Fleet Street," "Sunday in the Park with George" and "Into the Woods."

"Marry Me a Little" runs Thursdays, Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through Feb. 27. Tickets are available via www.InternationalCityTheatre.org or (562) 436-4610 and range from \$49-\$55. Proof of vaccination is required for admission, and masks that cover both mouth and nose must be worn at all times inside the Long Beach Performing Arts Center.



Last month, 43 new pickleballers took classes from members of the LW Pickleball Players Club. "Overall, a record number of 811 people played pickleball during the month of January," said club President Linda Evenson. "This was up from an average of 400-500 in previous months."



Shery Wells (l) and Glenn Evenson

C-level player takes the win in LW Pool Club tournament

On Jan. 29, the Leisure World Pool Club held a tournament for B- and C-level players in Clubhouse 2. In late 2021, the club held a tournament that included A-level players, but this one was meant to allow the average player to be more competitive.

There were 16 players in the double-elimination eight-ball contest, allowing every contestant to play at least two games. Glenn Everson and Shery Wells won their first three games to meet each other in the winners' bracket.

Paul Snellenberger won over Dave Mackinder to be the last player in the losers' bracket. Snellenberger lost to Everson,

which put Everson in the finals against Wells.

Since Wells hadn't lost a game, Everson had to win two games in a row to take first place. He won the first game when Wells accidentally made the eight ball with one of her solid balls left on the table. But in the last game, which came down to the eight ball for both players, Everson missed and scratched the cue ball, leaving Wells with ball in hand and an easy shot to the corner pocket.

Both Everson and Wells were C-level players, but, they said, competing in the league improved their games.

—Dave Silva

Chess Club

This week's puzzle is checkmate in three moves. White moves first; any answer by Black, and White's third move is checkmate.

The solution to this week's puzzle: The first move is knight to g7.

The White knight moves from f5 to g7, then Black bishop to g7, followed by White rook to e6 and Black pawn to e6. The next move by White is checkmate.

The Chess Club meets every Friday from 1:30-6 p.m. in Clubhouse 3, Room 7.



Pat Kogok

Community Karaoke

February is the month for love songs, and Pat Kogok kicked off karaoke night on Feb. 2 with "Someone Like You" from the musical "Jekyll & Hyde." Erika Greenwood sang Patsy Cline's 1963 hit "Sweet Dreams of You," while Eileen Merritt covered "Always on My Mind," Karen Morris did "All My Loving," Pat Paternoster performed "Save the Last Dance for Me," and Vilma Lina sang "Let It Be Me."

Some romantic songs are sad like Gerry Tagaloa's "Love on the Rocks," Eric Voge's "He'll Have to Go," Tino Tupas' "Day in the Life of a Fool" and Vito Villamor's "Man Without Love."

Anna Le and Kenny Nostraleva performed the carefree "Don't Worry Baby," then Duane Owens changed the tempo with the peppy "Music Music Music."

Everyone is encouraged to wear red when Community Karaoke celebrates Valentine's Day with refreshments on Feb. 16.

Practice sessions are open to all every Monday from 1-3 p.m. upstairs in Clubhouse 6. The Wednesday karaoke parties start at 5:30 p.m. in Clubhouse 1 and are an occasion to socialize with friends and neighbors who enjoy singing.

—Margie Thompson



Caryn Lynn Stel leads the group in the "Watermelon Crawl."

'Crawl' toward fun with Joyful Line

Among the fun-loving leaders of the Joyful Line Dance club is Caryn Lynn Stel, who has lived in LW since November 2012. She especially enjoys teaching the group the "Watermelon Crawl."

Stel moved to LW from West Covina, where she had been taking care of her mother. After her mom passed away, she decided to move closer to her daughter and her family, so she could be a more active participant in the lives of her three grandchildren, who are now 16, 13 and 10.

For the past five years, she has golfed weekly at the Turtle Lake Golf Course with women she met at LW. Stel continued working full-time until she

retired in April, and that is when she decided to check out a Joyful Line Dance class. She used to go line dancing at a country bar, and the class gave her the same great exercise.

Stel also recently joined the Bocce Ball and Clogging clubs. She says she loves life in LW, as there is so much to do.

The Joyful Line Dance class is every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. Classes are currently limited to 30 people on a first-come, first-served basis. Exercise shoes are recommended, but masks are mandatory.

For more information, text Anna Derby at (562) 301-5339.

Women's Golf Club

On Feb. 1, 48 members of the Women's Golf Club competed for low gross and low net. Mary Ann Moore was the only golfer to hit the ball from the tee box directly into the circle surrounding Hole No. 8.

Flight A: Low gross: Linda Herman, 28; low net: Susie Kim, 25.

Flight B: Low gross: tie between Mary Ann Moore and Sally Park, 28; low net: tie between Zoe Pickell and Joann Lim, 23.

Flight C: Low gross: Sue Yokomi, 39; low net: tie between Helen Yoon and Jee Choi, 24.

Flight D: Low gross: Patti Smith, 35; low net: Joyce Basch, 24.

That afternoon, club President Liz Meripol conducted the monthly general meeting. Afterward, social chairwoman Elizabeth Butterfield led members in candy hearts bingo, with prizes awarded to the winners. Barbara Thompson also won a prize for guessing the exact number of candies in a jar.

The next general meeting will be on March 1 at 3:30 p.m. in Clubhouse 3, Room 1. All members are encouraged to attend.

—Dale Quinn

Book Club

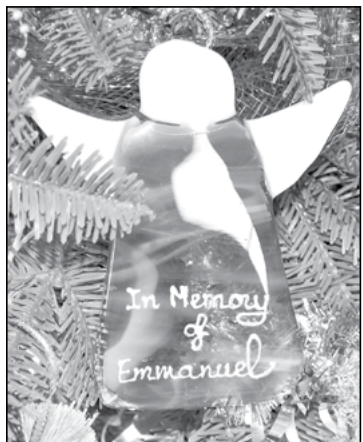
The LWSB Book Club will meet via Zoom on Feb. 17 from 1-3 p.m. The link will be sent to members a few days prior to then.

The books to be discussed are fiction novel "Snow Falling on Cedars," by David Guterson, and the nonfiction book "I Am Malala: The Girl Who Stood Up for Education and Was Shot in the Face," by Malala Yousafzai.

For March, the club will read Dela Owens' fiction book "Where the Crawdads Sing."

Anyone with questions regarding the club should contact President Thomas Gan at gltjiok@gmail.com or (562) 248-8711 (leave a message).

—Pamela Emmons



The Lapidary Club invites anyone who requested an angel for their loved ones lost be placed on its award-winning Christmas tree to come pick it up in the Clubhouse 4 Lapidary Room any Monday or Tuesday morning.

Genealogy Club Member Finds Treasure

A member of the Genealogy Club rescued a collection of old photographs from the recycling area near her residence. The oldest photo was of a man named Eli Cook (pictured), who born in 1795, but there were also more modern images, many of them with names written on the back.

During the club's workshop on Jan. 27, the members spread out the photos and wrote down names, then went

to the computers to search for the people.

The group was able to build a tree connecting three families together. "If you have Cooks, Coopers and Meyers in your family," says Janet Lessin, "we may have a tree built for you."

Anyone who has old family photos they want to get rid of is asked to donate them to the Genealogy Library by contacting the club at lwgenealogy@gmail.com.



Cribbage

The winners at the Cribbage Club's Feb. 1 meeting included: First place: Howard Bleakley, with 843 of a possible score of 847; second: Dave LaCascia, 834; third: Sam Ray, 832; fourth: Sandra deDubovay, 827. Linda Smith won six out of seven games, while Jim Kaspar lost all seven games.

The Cribbage Club meets every Tuesday in Clubhouse 1. Doors open at 12:15 p.m., and play begins at 12:30. Dues for 2022 are \$5. Face coverings are required at all times.

Anyone interested in learning or brushing up on the game can leave a message for Terry Thrift at (714) 394-5885.

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NOCE offers one-day mature-driving course on Feb. 26

North Orange Continuing Education offers a one-day Mature Driver Improvement course in Leisure World. The class will meet on Feb. 26 from 8 a.m.-4:20 p.m., with multiple breaks.

The Mature Driver Improvement course provides instruction, specifically tailored to older drivers, regarding defensive driving and California motor vehicle laws. Information will be provided on the effects that medication, fatigue, alcohol and visual or auditory limitations have on a person's ability to drive safely. Upon completion, students will be issued a DMV certificate that may qualify them for reduced vehicle-insurance premiums.

Anyone interested in attending the class should visit the LW Library to sign up. Call the LW Library at (562) 598-2431 for more information.

Women's Club Table Top Games

Women's Club Table Top Games will be held on Feb. 18 from noon-4 p.m. in Clubhouse 2. Members and friends are welcome to gather with any game they enjoy. Lunch will not be served, but anyone who chooses to do so may bring a lunch to eat with their friends. The Women's Club will offer coffee and hot water for tea or hot cocoa, as well as sweet treats.

Everyone is asked to give a donation of \$1 to support LW philanthropies. They must also follow GRF protocols, including wearing a mask. Any questions or concerns can be directed to Jan Krehbiel at (562) 431-8240.

Golf League Results for Jan. 28 and 31

Guest John Kolthoff joined 12 men and one woman of the Leisure World Golf League at Willowick Golf Course in Santa Ana on Jan. 28. The morning was cool and very dry, with Santa Ana winds cranking up through noon. Willowick is a nearly 6,000-yard, par-70 course with long par 3s and demanding par 5s, two of which are more than 520 yards. Tees were set way back, and flagsticks were placed on slanted greens barely 6-8 feet from the green's sloping edges. With these conditions, putting was a significant challenge, and only two scores were at or under par.

All scores are net (gross minus handicap). A Flight handicaps are 0-19, while B Flight are over 19.

A Flight: First place: Jim Goltra, a hard-earned even par 70, plus a birdie; second: Gary Stivers, 1 over 71, plus fewest putts; third: Bill McKusky, 3 over 73, plus a birdie; fourth: tie between Dave LaCascia and Tim Looney, 4 over 74; fifth: tie between Sam Choi, Fujio Norihiro and Gene Vesely. Tim Looney also had two birdies, and Choi was closest to the pin on the 140-yard fourth hole.

B Flight: First place: Tom Ross, a well-played even par 70, plus fewest putts; second: tie between Lowell Goltra and Clay Fischer, 1 over 71; third: Liz Meripol; fourth: tie between Bob Munn and Chris Lankford. Lowell Goltra was closest to the pin on the 140-yard 12th hole.

On Jan. 31, 15 men and one woman played at Santa Ana's Riverview Golf Course, a 5,600-yard, par-70 course that parallels and crosses the Santa Ana River several times. Challenging elevation changes and blind doglegs make this a demanding course.

Although it was quite cold at the 7 a.m. tee time, there was no wind, plus the greens and fairways were not wet. Thanks to the excellent playing conditions, scores were below average with 12 players at or under par.

A Flight: First place: LaCascia, a well-played 7 under 63, plus a birdie and fewest putts; second: tie between Norihiro and McKusky, a really good 6 under 64; third: Choi, a nice 5 under 65, plus closest to the pin on the 140-yard second hole; fourth: tie between Stivers, Jim Goltra and Larry Hillhouse. Norihiro also had a birdie.

B Flight: First place: Lankford, a terrific 7 under 63, plus two birdies, fewest putts and

closest to the pin on the 100-yard ninth hole; second: Pat Paternoster, a very nice 5 under 65; third: Fischer, a fine 4 under 66, plus a birdie; fourth: Lowell Goltra, a sweet 1 under 69; fifth: Munn, 2 over 72; sixth: tie between Meripol and Bill Zurn.

The golf league plays at four local courses, all within 15-20 minutes of Leisure World. The courses are always quite full; advance reservations are available via a sign-up sheet at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given in each flight for low net and fewest number of putts, as well as for birdies and closest to the pin on two par-3s. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. Anyone interested should contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

—Dave LaCascia

Leisure Time Dancers

Leisure Time Dancers will resume classes on Feb. 14 from 2-4 p.m. in Clubhouse 6. The first hour will focus on salsa, while the second hour will be gaucho tango with Argentine styling. One hour costs \$7, and two is \$11.

All are welcome. Masks are required. For more information, call (562) 434-6334 or (562) 305-5359.

—Richard Sharrard

Club news? Send it to pattym@lwsb.com

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MARCH
from page 7

they were under siege.

For Barbara, the day had been full. Feeling euphoric, she and her Freedom Rider friend made it back to the bus without incident. The driver knew everyone was hungry and stopped at a hamburger stand at a place called Royal Oaks in Virginia, Barbara remembers.

“We were very hungry,” she said. “A man came out and said, ‘We don’t serve coloreds here,’ and he sent us away. It was the first time I had ever experienced this kind of racism.

“The place he sent us to was an awful little place that couldn’t accommodate all of us, and we were there a long time. It had one bathroom, and lines were long.”

That experience reinforced Barbara’s certainty that attending the march was worth the sacrifice—her mother’s fear for her safety, the discomfort of the day, hunger, heat, fatigue, all of it.

“No one should be treated like that,” she said.

While she herself had never experienced racial segregation before that day, she was familiar with other types of racism, including prejudice in the workplace.

At 18, Barbara joined the Congress on Racial Equality (CORE) and became a volunteer decoy to uncover companies that discriminated against Black people by only hiring whites. She discovered firsthand that Black people who had the same



Two months before the March on Washington, President John F. Kennedy met with civil rights leaders to express his fear that the event would end in violence. Kennedy told organizers that the march was “ill-timed,” but Dr. Martin Luther King Jr. and the other civil rights leaders insisted it should go forward.

education and qualifications were passed over in favor of white applicants.

Barbara “was treated very differently” when she applied for clerical jobs at big well-known companies, she said.

She ended up working for an insurance company based in New York City because there was nothing to be found in New Jersey, where she lived with her

parents and nine brothers and sisters.

“We were a church-going family who believed in Christianity and in the principles of civil rights. All my sisters and brothers were part of the movement and protested in one way or another. That spirit of involvement was all around me and in me,” she said.

Her parents had moved from

Georgia and South Carolina to New Jersey in the hope of protecting their children from the Jim Crow south. In some ways, they were successful. Barbara’s mother often told her that she was grateful that Barbara had not personally felt the brunt of the racial hatred experienced by her parents in the south.

Barbara and her brothers and sisters attended integrated

schools.

One brother became the first Black vice president of a bank in his city; another was an engineer. A third was the director of a college in Texas, and a fourth, a respected Baptist minister.

A year after the March on Washington, Congress enacted The Civil Rights Act of 1964. It ended segregation in public places and banned employment discrimination on the basis of race, color, religion, sex or national origin.

It is considered one of the crowning legislative achievements of the civil rights movement.

Today, Barbara proudly acknowledges that she is part of the civil rights movement that led to that landmark reform and continues today as the blight of racial inequality persists.

After Peter, Paul and Mary’s performance at the march 59 years ago, Mary Travers said: “It is so easy today to not see the things that are happening around you because you’re too busy, because you’re doing something else.

“But . . . we do not have freedom as a gift. It’s not given to us as a God-given right. It’s something that you must take, and you must fight for, and you must preserve this liberty. And that’s what the song (“Blowin’ in the Wind”) speaks of. Of listening, and watching, and being careful not to lose this liberty.”

Her words ring true today.

BLACK HISTORY MONTH

OC Fair opens installation of WW II experiences of Black soldiers at Heroes Hall Museum

On Feb. 16, Heroes Hall Museum at the OC Fairgrounds, 88 Fair Drive, Costa Mesa, will open a new exhibit called “Fighting for the Right to Fight: African American Experiences in World War II.”

Produced by The National WWII Museum, the exhibit features artifacts, photographs and oral histories to highlight some of the extraordinary achievements and challenges of African Americans during World War II, both overseas and on the home front.

ABOUT THE EXHIBIT

In the years before World War II, African Americans in many parts of the country were treated as second-class citizens. Discriminatory practices were condoned by the government, and African Americans were systematically denied many rights and liberties by laws that kept them in positions of inferiority.

Due to the landmark *Plessy v. Ferguson* Supreme Court decision in 1896, the United States was a nation where “separate but equal” was law in many states. In addition, many military leaders declared African Americans unfit to serve in combat.

However, once the war began, thousands rushed to enlist, determined to fight for freedom while still being denied equality

at home.

On display at Heroes Hall Museum through Sept. 18, “Fighting for the Right to Fight” illustrates how hopes for securing equality inspired many to enlist, the discouraging reality of the segregated non-combat roles given to black recruits, and the continuing fight for “Double Victory” that laid the groundwork for the modern civil rights movement.

Through interactive experiences, visitors will discover the wartime stories of individual service members who took part in this journey of extraordinary challenge, from unheralded heroes to famous names, including Alex Haley (U.S. Coast Guard); Sammy Davis Jr. (U.S. Army); Benjamin Davis Jr. (U.S. Army Air Forces); Medgar Evers (U.S. Army) and more.

EXHIBIT VIDEO

The centerpiece of the ex-

hibit is an original eight-minute video about the famed 332nd Fighter Group (better known as the Tuskegee Airmen), who in many ways became the public focus of African American participation during the war. The piece is narrated by television personality Robin Roberts, whose own father flew with the Tuskegee Airmen during the war. See artifacts and images from the exhibit and learn more at righttofightexhibit.org.

OPENING CEREMONY

All are welcome to the grand opening ceremony, which will feature speakers, performances and kids activities. The free event will be held Saturday, Feb. 19, at 11 a.m. at the Heroes Hall Museum at the OC Fairgrounds in Costa Mesa. Heroes Hall is a permanent, year-round museum to honor the legacy of Orange County veterans and others who served the nation.

MEMBER
from page 4

out of purses, move potted plants and statuary, remove furniture from patios, turn up the volume on TVs and stereos, and create noxious odors inside and out of apartments!

And to especially exasperate Mutual directors, Oldergeists leave old furniture and other useless articles next to trash and recycling dumpsters. The most wretched of these Oldergeists place fully assembled cardboard boxes and Styrofoam in the recycling dumpsters!

Let this be a warning to all Leisure World residents...beware the Oldergeists among us!

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\$418,000

New Listing!

Location, location, location! Walk to downtown Leisure World. Beautifully expanded corner 2 bedroom, 1 bathroom, formal dining room home. Leaded glass door enters into a spacious living room with hardwood flooring, ceiling fan and Bay window that overlooks a pretty greenbelt area. The kitchen has built in appliances, custom cabinets with granite counters, microwave nook, and kitchen island. Master bedroom has newly installed carpeting, mirrored closet doors and Bay window with a view. Bathroom has upgraded shower with tile floors and skylight. Second bedroom has skylights, mirrored wardrobe door s and newly installed carpeting. This property has been newly painted throughout and has many extras. It is in move in condition and a must see!

Elegant and spacious describes this fully expanded 2 bedroom and 1 3/4 bath home with a formal dining room. The living room has a sliding glass door to a side extended brick patio. The leaded glass entry with side pane leads into the formal dining room with ceiling fan. Extra spacious kitchen has custom wood cabinets upgraded counters , built in appliances which include a range , refrigerator,microwave, dishwasher and a large skylight Master bedroom is expanded with a walk-in closet, bay window and ceiling fan. Master bathroom has custom cabinets a cut down shower and has plumbing available for a washer and dryer which is not included. Second bedroom has a 3/4 bath with shower, tile floor and a walk-in closet and ceiling fan. Living room, bedrooms a formal dining room have hard wood floors. This lovely home also features central heat & air, double pain w plantation shutters and added ceiling lighting throughout.



M4-49G

\$459,000

Don't miss out on this expanded two bedroom one and three-quarter bathroom home that has so much potential. Kitchen has built-in appliances including dishwasher and microwave, skylight, and water softener. Living room overlooks a pretty patio with expanded garden space and walk-in-storage closet. Second bedroom has been expanded and has added a walk-in closet, three-quarter bathroom and maybe use as a master bedroom. This terrific home also has added a washer dryer, central heating and air conditioning, skylights in the kitchen, bathroom and second bedroom. It has wood floors in the living room and bedrooms, and laminate floors in the kitchen and bathroom. Enjoy the amenities this home has to offer. You can walk from this convenient location to downtown Leisure World, the pool, jacuzzi, gym, health care center, post office, and amphitheater.



M2-46H

\$349,000



M11-285D

\$349,000

Stop by and see this charming two bedroom one bathroom expanded cottage with formal dining room. The spacious living room features plantation shutters. The entry door with glass is double pane. The formal dining room is expanded has a ceiling fan and double pane windows with shutters. The kitchen features white cabinets with built in appliances including stove, oven, refrigerator, and microwave. Master bedroom has Thermo glass door with built in blinds leading to patio. The master bedroom has a refinished shower with walk in shower door for easy entrance, newer light bar and highboy toilet. Second bedroom may be used as a guest room, den, or office and has bi-fold doors to dining area. The private patio has indoor outdoor carpeting and patio storage. This property has the convenience of drive up parking enjoys, lovely ocean breezes, and is located in Leisure World in the charming community of Seal Beach.



M8-183G

\$369,000

This charming corner two-bedroom one bathroom cottage overlooks green belts in all directions. Kitchen has built-in leisure World appliances including refrigerator, stove, oven and has an add China cabinet and skylight that opens. Bathroom has newer counters, Skylight that opens, and cut down shower. Master bedroom, living room, and second bedroom all overlook pretty views. The enclosed patio room adds extra living space that can be used for a dining area, office, exercise area, or bonus room. Also, the patio offers a walk-in storage area. Enjoy the charm that's Seal Beach has to offer and the wonderful ocean breezes. Don't miss out on this fabulous location.

Expanded 1 bedroom 1 bath unit with a leaded glass entry and vertical blinds. Kitchen has white cabinets, built in appliances including stove, oven, refrigerator, dish washer and extra large skylight that ope and ceiling fan. Master bedroom is fully expanded and is carpeted with a walk in closet and has plantation s Bathroom has a cut down shower and a skylight that opens.



M1-67E

\$201,000

PENDING

Mutual 11-285A
Mutual 7-164L
Mutual 7-165E
Mutual 2-6G

SOLD 2022

Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L

SOLD 2021

Mutual 5-93F
Mutual 8-202C
Mutual 8-202J
Mutual 3-21A
Mutual 10-240B
Mutual 11-267I
Mutual 12-70D
Mutual 14-15I
Mutual 2-13F
Mutual 2-51J
Mutual 1-35J
Mutual 11-285H
Mutual 2-19L
Mutual 2-24D
Mutual 1-30D
Mutual 1-37F
Mutual 12-41G
Mutual 2-46D
Mutual 10-248D
Mutual 11-277A
Mutual 2-40L
Mutual 8-203G
Mutual 2-22J
Mutual 1-52A
Mutual 2-63A
Mutual 5-123K
Mutual 2-17C
Mutual 9-224G
Mutual 9 -215B
Mutual 15-32J
Mutual 6-57E

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Gail Alonzo
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Mutual 2 46H **\$349,000**
expanded, 1 3/4 baths, washer/dryer,
central air, wood floors, nice

Mutual 8 183G **\$355,000**
great greenbelt views, enclosed patio,
skylights, very nice

Mutual 12 286I **\$399,000**
expanded, vinyl plank flooring, cent. air,
double pane, bay windows, nice

Two-Bedrooms

Mutual 5 117G **\$418,000**
walk to down town, hard wood floor-
ing, bay windows, green belt, granite,
skylights, expanded

Mutual 14 3J **\$419,000**
fully expanded, lam. floors, skylights,
dual pane windows, must see

Mutual 12 36A **\$449,500**
btfl. greenbelt, expanded corner, washer/
dryer, granite, newer kitchen

One-Bedrooms

Mutual 1 67E **\$199,999**
large skylight that opens, expanded mas-
ter, plantation shutters, dishwasher

Coming Soon!

Mutual 7, Drive-up One Bedroom
Mutual 10, Drive-up Basic Corner

All January Closed Sales

8 One Bedrooms
Basic: \$180,000 to \$210,000
Expanded: \$242,000

16 Two Bedroom, One Bath
Basic Interior: \$247,000 to \$289,000
Basic Corner: \$310,000 to \$345,000
Expanded Interior: \$300,000 to \$449,000
Expanded Corner: \$285,000 to \$405,000

3 Two Bedroom, Two Bath
Upstairs: \$315,000
Full Expanded Corner: 525,000 to \$545,000

LOOKING TO BUY OR SELL?
CALL ME

I have 25 years of
Leisure World Experience!
(Located in the shopping center, behind Carl's Jr.)

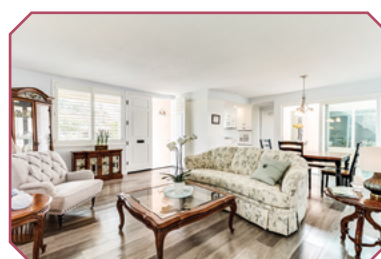


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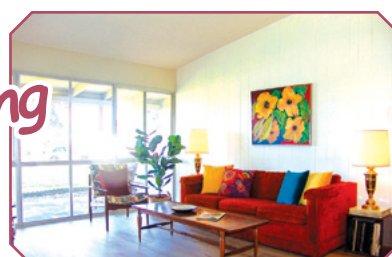


Mutual 15-8-H \$475,000

BACK ON MARKET: Beautiful ATRIUM is just waiting for you to CALL HOME!! Two Bedrooms, One Bath,remodeled kitchen, up-graded bath, smooth ceilings, vinyl wood-look floors, dual pane windows and slider,an open aired Atrium, plus a front patio with plenty of room to enlarge either the patio or the home. Now add the fabulous location on a double green with close drive-up parking making this home the perfect pick for you!



Pending



Mutual 12-67-K \$279,900

WRAP YOUR EYES AROUND THIS CLASSIC! Located in one of the most sought after Mutuals is this darling 2 bed 1 bath basic unit... sitting on a pretty green and has the convenience of a drive up! Beautiful vinyl plank floors, rich wood finished kitchen cabinetry, skylights, heat-pump, and a large "L" shaped patio that is perfect for relaxing while you take in and enjoy your surroundings and the beautiful trees!

See more at www.sealbeachleisureworld.com



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www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of 17 Leisure World pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1881 St John Rd., #37Q | M15 | \$369,000
Remodeled upstairs unit with open patio. Laminate Floors, Central A/C Heat, Granite countertops, dual pane windows/slider, solar tubes, opening skylight, dishwasher and updated kitchen



13160 St. Andrews Dr. #239B | M10 | \$289,000
Partially expanded 2 bedroom, 1 bathroom, walk-in closet, Heat Pump, 2 skylights and solar tube, with storage cabinet on patio.



1910 St John Rd. #30D | M15 | \$429,000
Rare Corner 2 bedroom, 1 bath atrium. New vinyl floors and freshly painted.



13730 Annandale Dr. #30B | M1 | \$210,000
1 Bedroom 1 Bath unit with carpet, AC Heat Pump, skylights and cutdown shower..



1281 Knollwood Rd. #44J | M4 | \$279,000
2 Bedroom, 1 Bath unit with wrap around patio, skylights and laundry in unit. and bathroom. Newer carpeting and on an amazing greenbelt location!



1621 Monterey Rd. #19I | M2 | \$229,000
1 Bedroom, 1 Bath greenbelt unit with big patio and excellent storage closet, 2 heat pumps and skylights throughout!

02/07/2022- Year To Date MLS Activity



On February 7th, 2022 a total of 27 units show as active listings on the CRMLS (this is where Realtors list property for sale).

1 - 1 bedroom/1 bath unit at \$198,000

19 - 2 bedrooms/1 bath units from \$249,000 to \$449,500

7 - 2 bedrooms/2 baths units from \$349,000 to \$495,900

We offer Virtual Tours and can you send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!

ENTER TO
TO WIN

VALENTINE'S DAY DRAWING WINNER!



BIG THANK YOU to all our entries! Keep an eye out for our next raffle coming soon!

Congrats to Susan!!!