Weekly





American Heart Month is Here



NEWS ALERT

Message from the **GRF Board**

Golden Rain Foundation recently discovered a targeted effort to access its email environment. We are currently working with a team of forensic experts to secure and fully understand the extent of this incident.

While these types of situations have become all-too-common nationwide, we recognize the significance of this event and have quickly taken the appropriate steps to address it. Our comprehensive assessment is ongoing and may span several weeks.

The Board is committed to sharing more information when it becomes

Questions can be sent to info@ lwsb.com. Questions and responses will be published in the LW Weekly.

HOLIDAY NOTICE

GRF offices to be closed on Monday

In observance of Presidents' Day, all Golden Rain Foundation offices except Security will be closed Monday, Feb. 21.

The Maintenance Department will be on call for emergencies only and may be reached at (562) 594-4754.

2022 WALL CALENDAR



Calendar give-away starts this week

The LW Weekly office has a few extra 2022 GRF wall calendars to give away. Residents may stop by the office weekdays between 8 a.m.-5 p.m. to pick them up. The doors are locked because the office is closed due to COVID-related restrictions, but staff is working inside. Just knock and someone will come to help.

SBPD TRAFFIC STATS

Seal Beach police are in LW more often issuing tickets, with stop sign violations being the most common infraction in LW.

For more information, see story on page 2.

YOUR HEART, YOUR HEALTH



Protect your most important asset

How to care for our aging hearts

Editor's Note: Heart disease is a leading cause of death in the U.S., claiming the lives of more than 650,000 people each year. February is American Heart Month, a time when LW residents can focus on their cardiovascular health. In this and the next issue, there will be stories and columns highlighting steps everyone can take to protect themselves and have a better understanding of heart disease risk factors, such as high blood pressure, bad cholesterol, smoking, being overweight or obese, and type 2 diabetes.

by Omid Vahdat, M.D.

cardiologist

MemorialCare Long Beach Medical Center

February is National Heart Month, and while we celebrate this during the shortest month of the year, it's important to keep your heart health at the top of your mind year-round.

You may think, and some of my very own patients have d me, "Dr. Vahdat, I'm already this old; what can I do now?"

And I'll tell you what I tell all my patients: Whether you have an existing heart condition or have never had one at all, it's never too late to start taking care of your heart.

According to the Centers for Disease Control, 21.7 percent of adults aged 65 or older are diagnosed with coronary heart disease (CHD). Also, as we age, we are just more prone to highblood pressure and obesity, which can lead to heart disease.

HEART, page 4

You can mitigate the risks

In 1964, President Lyndon B. Johnson declared the first American Heart Month to tackle heart disease, a leading killer in the U.S. The focus serves to remind people to take care of their hearts by mitigating their risk. Risk factors for cardiovascular disease include obesity, physical inactivity, high blood pressure, cigarette smoking, high cholesterol or diabetes.

About half of all Americans have at least one of the three key risk factors for heart disease: high blood pressure, high blood cholesterol and smoking, according to the Centers for Disease Control.

RISK, page 4

MASK UPDATE

What California's loosening of mask mandate means for residents

Gov. Gavin Newsom announced on Feb. 8 via Twitter that effective Feb. 15 the indoor mask mandate will be lifted for anyone who is vaccinated.

Newsom emphasized that the new case rate has decreased by 65 percent since the omicron peak, and hospitalizations have stabilized across the state. Unvaccinated people will still need to wear masks indoors, he said.

How does this affect Leisure World Seal Beach?

- Masks will no longer be required for the fully vaccinated inside GRF amenities.
- Those who are not vaccinated should continue to mask up.
- GRF staff and employees of contrac-
- tors will continue to wear masks indoors. Masks are still required at all GRF and Mutual meetings on Trust property.
- To protect staff, masks are required in GRF business offices.
- Food service in the clubhouses is no longer restricted to a designated area.

Orange County can impose its own restrictions should the metrics of the pandemic change.

The GRF continues to recommend masks for everyone.

MASKS, page 4



GAF tax program volunteers are standing by to take appointments for assistance.

Free GAF Tax Program—Make Appointments Now

The AARP Tax-Aide volunteers are preparing and e-filing tax returns for full-year California residents.

This tax service is sponsored by the Golden Age Foundation and provided every Monday, Tuesday and Wednesday mornings outside The Knowledge and Learning Center in Clubhouse 3. Appointments are required.

Call (562) 596-1987 and leave your name and telephone number. A volunteer will call you back to schedule your appointment. Answer your telephone even though the calling number will not be familiar. Pick up your packet at the Leisure World Library. All forms must be completed prior to arriving at the appointment. You will be interviewed outside on the patio. Then your tax return will be prepared and reviewed while you wait in an adjacent area. Masks are required.

The following records should be brought to the appointment if they are applicable to you:

- Social Security card
- Government-issued ID or Leisure World photo ID
- Copy of 2019 and 2020 Federal and State returns
 - Forms W-2
- Forms 1099 for interest, dividends, pensions, Social Security benefits, sales of stocks
- Healthcare subsidy forms 1095A/CA3895 if you had medical insurance through Covered California
- Letter 6475 from IRS showing the amount of your 2021

The following records should Economic Impact Payment

- Amount of California Golden State Stimulus I and II Payment(s) received
- Copy of a voided check for those who want their refunds to be deposited to or direct debited from a checking account

GAF tax preparers cannot handle returns that are out-of-scope for the program, including returns with rental property, self-employed status with a net loss or expenses exceeding \$35,000, and the sale of anything other than California residence, stocks, bonds and mutual funds.

SBPD Traffic Enforcement in LW

Seal Beach police are in Leisure World more often and are issuing an increased number of tickets, with stop sign violations being the most common infraction.

LW Weekly

During 2021, SBPD issued 346 traffic citations in LW, up from 176 citations in 2020.

The most common citations in 2021 were given for:

- Failure to stop at stop signs, approximately 88 citations
- Failure to obey sign, signal or traffic device, about 62 citations
- Expired registration, approximately 42 citations
- Cell phone use while driving, approximately 23 citations

Police also issued tickets for unlicensed driving and failure to provide proof of financial responsibility (insurance), lighting device requirements (such as brake or taillights being out), failing to yield for pedestrians and other miscellaneous violations.

The SBPD regularly assigns Traffic Bureau officers to conduct directed traffic enforcement in the Leisure World community, according to Lt. Nick Nicholas, public information officer. "We specifically look to enforce those violations that commonly result in traffic collisions."

Last year, there were a total of 12 reported traffic collisions in LW. Two involved a hit-and-run driver, one caused an injury and two resulted in death or great bodily harm, according to Det. Bruno Balderrama, who gave a report to the GRF Security, Bus and Traffic Committee Feb. 9. "Crime is pretty low in LW. The major topic is always traffic," he said.

He acknowledged that the combination of a high density community and the mingling of older pedestrians, cyclists and drivers on streets can compromise safety if people aren't careful. He cautioned residents to stay alert, especially at intersections, no matter what their conveyance.

Residents who have specific concerns about areas or intersections should contact Traffic Bureau Sergeant Jordan Mirakian at (562) 799-4100, ext. 1618, or <code>jmirakian@sealbeachca.gov</code>.

Leisure World residents can also call the SBPD non-emergency line at (562) 594-7232.

SB 1-405 On-Ramp Closed

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. As part of the project, crews closed the southbound 1-405 on-ramp off Seal Beach Boulevard on Feb. 2. It is expected to reopen in a month. Email 405project@octa.net or call (888) 400-8994 for more information.

Have concerns about memory loss or Alzheimer's Disease?

Contact CNS today about participating in the latest FDA clinical research trials!



Kia, Hyundai, Tesla Recalls

Automakers issued several recalls last week, including a Tesla recall involving 817,143 vehicles, a Hyundai recall of 357,830 Santa Fe and Tucson sports utility vehicles, and Kia is recalling 126,747 Sportage SUVs, according to recall notices on the U.S. National Highway Traffic Safety Administration website. Hyundai and Kia are telling the owners of the affected vehicles to park them outdoors because they can catch fire even if the engines have been turned off.

The recalls from the two Korean automakers are another in a string of fire and engine failure problems that have dogged the companies for the six years, according to the Center for Auto Safety.

Pool Progress

Work on the pool continues at a rapid pace. The drywall for the mechanical room and the cement board for interior bathrooms are scheduled to be installed this week.

The final coat of exterior stucco is being applied, and concrete has been poured for the pool deck. Light fixtures have been installed, and prep has started for interior and exterior painting.

The pool has been closed since November 2019, when potentially catastrophic defects were uncovered in the 1960s-era facility. It is expected to open in early spring.

The facility will have a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area.



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Golden Age Foundation board members Anna Derby (second from left) and Diana Lambert (third from left) present a check to Margaret Gillon (I) and Linda Johnson (r) of the Leisure World Historical Society.

HISTORICAL SOCIETY

GAF gives \$10,000 to upgrade LW's museum in CH 1

by Margaret Gillon

Historical Society president

The Leisure World Historical Society was founded in 1993 by two history professors, Kenneth and Claire Walker. The Walkers moved into Leisure World when Kenneth inherited his parents' unit, purchased when Leisure World opened in 1962.

They immediately began the process of becoming a California 501(c) 3 educational nonprofit, which was granted in 1995. The Historical Society's mission is to preserve the history of Leisure World and to educate residents and other interested people about that history.

In August 2006, Dr. Judith Trolander came to the Historical Society while researching her book "From Sun Cities to The Villages: A History of Active Adult, Age-Restricted Communities." She was able to use Historical Society archives for her research. Her book, published in 2011, contains a complete history of Leisure World Seal Beach. It includes photos of co-founder Kenneth Walker and interviews with members

of the Historical Society. This book is available to read at the LW Library.

Since 2014, the Historical Society has been working to digitize materials so they will be available to future generations. Members have converted movies from fading VHS tapes to digital files and posted them on the club's *YouTube.com* channel.

The club has scanned over 5,000 old documents and converted them to PDF so they can be searched and read on-screen. It is in the process of digitizing the first 30 years of Golden Rain newspapers from microfilm into PDF files. This conversion will be completed by the end of 2022.

It takes computers with special software to convert these media. After the conversion, large amounts of computer space are needed to store the digital films, newspapers and documents.

Over the years, volunteers have used aging computers and their own personal computers to do this work. But now, the computers are failing and storage space is running out.

In January, the Golden Age

Foundation (GAF) decided to support the Historical Society's work, given the scope of the historical information it has preserved. Last week, the GAF gave the Historical Society a \$10,000 grant to install new work desks, computers with large monitors and a server large enough to hold all the precious files.

Leisure World is celebrating its 60th anniversary this year, and the GAF's generous gift paves the way for another 60 years of preservation for the next generation of LWers.



LW photographers can start submitting their standout photos for the 2023 GRF wall calendar as soon as they shoot them.

2023 WALL CALENDAR

Submit photos as you shoot them

The LW Weekly will produce a 2023 wall calendar featuring the work of Leisure World photographers in late 2022.

Photos will be accepted all year long so people can take great shots of local landscapes and submit them immediately for possible inclusion in the calendar.

Editors are looking for scenic vistas of Leisure World and Seal Beach. Photos of people are not eligible. Holiday or seasonal shots are welcome, especially images that capture the spirit of October, November and December.

Potential contributors should submit large, high-resolution, 300 dpi images in landscape format. A team of editors selects the photos featured in the calendars, so it's possible that multiple shots by the same person are chosen (photographers' names are not included in the decision-making process). Editors are looking for original views of iconic LW spaces and fresh ways of seeing familiar spaces, such as the globe and Veterans Plaza, for example.

Cell phone photos should be emailed in the "actual" or "original" size format. Email entries to *stephenb_news@lwsb.com* with name, address, phone number and a brief description of the photo. For information on technical requirements, call (562) 431-6586, ext. 392.

The calendar will be delivered to every unit free in late December.







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PERSPECTIVES

HEART from page 1

Let's face it: We put our bodies through so much over the course of our lives, and change does happen.

For example, as you age your heart can't beat as fast during physical activity or times of stress as it once did. Also, during the aging process, hearts can grow enlarged and the veins in the heart can stiffen, making it harder for blood to pass through.

So, what can you do? Here are some tips to keep your aging heart healthy:

• Get more physically active daily. You live in a beautiful community, and the weather is going to warm up, so get out and enjoy it.

You don't need to go far, but a single 30-minute walk at a pace that is comfortable to you gets the blood pumping and keeps the heart thumping.

If you have mobility issues, then try to at least get some movement. There are seated and chair exercises that could be beneficial; just talk to your physician first.

• If you smoke, please quit. Smoking is one of the worst things you can do to your heart.

I'm a cardiologist, but speaking to overall health, nothing good comes from smoking, from cancer to damage to your teeth, it's just not good. I know it's hard to quit, but there are options out there to help from smoking cessation courses to patches and gum.

• Eat healthier. I get it; you've eaten "this way" your whole life.

I'm not asking you to completely change your lifestyle. Just change portion sizes and maybe try to add a little more fruits and veggies on your plate than you usually do.

And stay away from fried food. If you want to indulge, go for it, but try to not make that a regular habit.

• Maintain a healthy weight. If you take some of the actions I mentioned above, this will come naturally. But if you find your pants getting a little tighter, it may be time to look at your daily habits.

• Reduce stress. The stress hormone cortisol is nobody's

It increases glucose in the body and brain, which can raise blood pressure and cause you to hold onto weight.

In addition, ongoing stress can put added strain on the heart. Try to find calming activities and hobbies that relax you to help keep your stress levels down.

I hope this heart month you commit to care for your heart year-round, so you can continue to enjoy your life and all it has to offer.

It's always important to consult your primary care physician and discuss your heart health during every physical.

Should you need more specialized heart care, Memorial-Care has multiple locations, and the specialized MemorialCare Heart and Vascular Institute at Long Beach Medical Center available to you.

About Dr. Vahdat:

Omid Vahdat, M.D., is a board-certified cardiologist in private practice in Los Alamitos with privileges at the MemorialCare Heart and Vascular Institute at Long Beach Medical Center. He specializes in interventional cardiology for ischemic and valve heart disease, including congenital heart abnormalities.

MASKS from page 1

Attendance at functions where masks are optional or where unvaccinated participants may be present is at the discretion of the resident and his or her guests.

Some clubs and organizations are still choosing not to meet in person, so please verify with their leadership when they plan to return to live meetings. GRF dances have been reinstated, effective this weekend. Clubs that have not updated their status with the Reservations Office are required to do that at least one week before they plan to meet or decide to cancel.

The GRF Board of Directors thanks you for spreading the word and for your cooperation in helping to keep our community safe. For further information, contact *kathyt@lwsb.com*.

RISK from page 1

Review these signs for heart disease risk:

- **High blood pressure**: Millions of people in the United States have high blood pressure, and millions of them are as young as 40 or 50. Talk to your doctor about ways to control it.
- **High cholesterol, diabetes and obesity:** These are conditions that can increase risk for heart disease. People who fall into this
- category can work on eating healthy and getting physical activity. • Cigarette smoking: Over 35 million adults in America are

smokers. If you're a smoker, do your best to quit or cut down. Here are a few simple guidelines to protect heart health.

- First, if you're a smoker, do your best to quit.
- Next, manage conditions such as high blood pressure and cholesterol. Take medications as prescribed.
- Make heart-healthy diet decisions. Eat whole foods low in trans-fat, saturated fat, sodium and added sugar. A good rule of thumb is to fill half your plate with fruits and vegetables.
- Finally, get moving. Even 20 minutes of physical activity 4-5 days a week will make a difference.

Setting It Straight

Information about the Seal Beach Senior Lunch Program at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach, was incorrect in the Feb. 3 issue. The program is currently grab 'n' go, with seniors able to pick up six meals every Tuesday from 11 a.m.-noon. The meals are provided by Meals On Wheels. For more information, call (562) 431-2527, ext. 1344.



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GRF BOD Monthly Meeting Agenda

Tuesday, Feb. 22, 10 a.m. Clubhouse 4 and via Livestream

To view the live GRF Board meeting, go to www.lwsb.com. The livestreaming uses YouTube live and terminates at the close of the

- 1) Call to Order/Pledge of Allegiance
- 2) Roll Call
- 3) President's Announcements
- 4) Seal Beach City Council Member's Update
- 5) Shareholder/Member Comments
- 6) Consent Calendar
 - a) Committee/Board meetings for the Month of January
 - i) Minutes of the Recreation Committee Meeting, Jan. 3 ii) Minutes of the Physical Property Committee Meeting, Jan. 5 iii) Minutes of the GRF Administration Committee Meeting, Jan. 6
 - iv) Minutes of the Mutual Administration Committee Meeting, Jan. 10
 - b) GRF Board of Directors Minutes, Jan. 25
 - c) February GRF Board Report, dated Feb. 22
 - d) Acceptance of the Interim Financial Statements for Audit for the Month of January
- 7) Ad Hoc Reports
 - a) Governing Document Ad Hoc Committee-Discussion
 - b) Strategic Planning Ad Hoc Committee-Discussion
 - c) Website Ad Hoc Committee-Discussion
 - d) Bulk Cable Ad Hoc Committee-Discussion
- 9) New Business
 - a) General
 - i) Approval of New HMO Plan "Select"
 - ii) GRF Meetings Face Mask Requirement
 - iii) Approval of Re-establishing of 1.8 Acres Known as Mini Farms
 - b) Communication/IT Committee
 - i) Approval of the Annual Report Suspension
 - ii) Amend 20-2806-1, Community Publications
 - c) GRF Administration Committee
 - i) Capital Funding Request-Purchase of the Trailer for **Emergency Supplies**
 - ii) Amend 30-5092-1, Code of Ethics
 - iii) Amend 30-5155-3, Plan Investment, Administrative Committee
 - d) Finance Committee
 - e) Mutual Administration Committee
 - f) Physical Property Committee
 - i)Capital Funding Request-Clearing Out the Mini Farms at the 1.8 Mark
 - ii) Amend Policy 30-5041-5, Real Trust Property Acreage
 - g) Recreation Committee
 - i) Approval Janitorial Contract Extension-Innovative Cleaning Service
 - ii) Reserve Funding Request-Ice Machine in Clubhouse 1 iii) Reserve Funding Request-Ice Machine in Clubhouse 3
 - iv) Amend Policy 70-1429.01-1, Golf Course Regulations
 - h) Security, Bus & Traffic Committee
 - i) Amend 80-1937-1, Parking Rules
 - ii) **FINAL VOTE**-Amend Policy 80-5580-1, Entry Passes-Rules
- 10) Board Member Comments
- 11) Next Meeting
 - March 22, Clubhouse 4/virtual
- 12) Adjournment

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., Feb. 17	Mutual 2
	Conf. Rm B/virtual9 a.m.
Thurs., Feb. 17	Mutual 11
	Conf. Rm B/virtual1:30 p.m.
Tues., Feb. 22	Mutual 15
	Conf. Rm B/virtual9 a.m.
Wed., Feb. 23	Mutual 10
	Conf. Rm A/virtual9 a.m.
Thurs., Feb. 24	Mutual 1
	Conf. Rm A/virtual9 a.m.
Fri., Feb. 25	Mutual 6
	Conf. Rm A/virtual10 a.m.
Mon., Feb. 28	Mutual 8
	Conf. Rm A/virtual9 a.m.
Tues., March 1	Mutual 17
	Conf. Rm A/virtual1:30 p.m.
Thurs., March 3	Presidents' Council
	Clubhouse 4/virtual9 a.m.

	2022 GRF & Mutual Election and Annual Meeting Schedule										
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	10	276	139	5	1/27	2/28	4/14	3 rd Tue	5/17	10 a.m.	Cumulative Voting.
	14	328	165	7	1/28	2/28	4/19	3 rd Thu	5/19	10 a.m.	Cumulative Voting.
	7	384	193	5	1/28	3/1	4/20	3 rd Fri	5/20	10 a.m.	Cumulative Voting.
MAY	8	348	175	5	2/2	3/4	4/21	4 th Mon	5/23	10 a.m.	Cumulative Voting.
ž	4	396	132	3	2/9	3/16	4/25	4 th Wed	5/25	10 a.m.	Cumulative Voting. Staggered terms
	16	60	20	5	2/9	3/16	4/25	4 th Wed	5/25	2 p.m.	Cumulative Voting. Election & Annual Meeting held in Admin. Conf. Room.
	11	312	157****	6	2/10	3/14	4/26	4 th Thu	5/26	10 a.m.	Cumulative Voting. Bylaws on the ballot.
	9	384	193	7	2/4	3/8	4/27	4 th Fri	5/27	10 a.m.	Voting is per parcel to elect one delegate. Parcels in effect.
JUNE	G	olden F	Rain Four	dation	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date		Notes
	Mutua	als 2, 4,	6, 8, 10, 1	2, 14, & 16	Wed 3/9	Fri 4/8	Thu 5/5	1 st Tue	6/7	10 a.m.	No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/14 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	2/11	3/15	5/4	1st Fri	6/3	10 a.m.	Cumulative Voting.
	3	432	217	7	2/18	3/21	5/9	2 nd Wed	6/8	10 a.m.	Cumulative Voting.
ш	12	452	151	7	2/24	3/28	5/10	2 nd Thu	6/9	10 a.m.	Cumulative Voting. Parcels in effect.
JUNE	2	864	433****	9	2/18	3/22	5/11	2 nd Fri	6/10	10 a.m.	Cumulative Voting. Bylaws on the ballot.
7	1	844	282	5	2/28	3/30	5/12	2 nd Mon	6/13	10 a.m.	Cumulative Voting. Staggered Terms
	5	492	164	4	3/1	4/5	5/12	2 nd Tue	6/14	10 a.m.	No Cumulative Voting. Staggered Terms.
	15	502	252	7	2/25	3/29	5/18	3 rd Fri	6/17	10 a.m.	Cumulative Voting.
	17	126	64	3	3/15	4/14	5/26	4 th Tue	6/28	10 a.m.	No Cumulative Voting. Staggered Terms.

CALL FOR CANDIDATES

Mutual and GRF election cycle begins

Since 1962, Leisure World, Seal Beach, has operated on a united community spirit. There is no one more interested in their home, Mutual and community than LWers and their fellow shareholders. Only they can truly understand the value of the LW life and lifestyle and have the motivation to see their Mutual, as well as the entire community, prosper.

Being part of a Mutual or GRF Board places shareholders in the middle of the decisionmaking process, with their voice and opinions heard as they represent their fellow shareholders for a collective benefit.

Pride in community, patience and motivation to help others are very important qualities for running for a seat on their Mutual or GRF Board. It is the strength of the vast and varied experience each director has, as well as the collective strength of the Board, that builds community and protects LW's lifestyle and homes. The skills and knowledge a person has compiled through the years will be put to good use; everyone has the ability to do and be the change for the benefit of all.

The duly elected Mutual and GRF Boards set into operation the day-to-day business of each mutual corporation and Trust property and all of its amenities. Directors address the issues of most importance to their electorate—that is, their fellow shareholders. Board directors find solutions to existing problems, large and small. It's not an easy job; it takes time, effort and a willingness to donate a portion of everyday life to the community.

As a community of more than 9,000 highly qualified shareholders, there is so much expertise to offer. New ideas and perspectives are always needed, which means volunteers are needed. Everyone should consider becoming a candidate for a position on their Mutual or GRF Board of Directors.

The schedule indicates the Mutuals' and GRF elections schedule. Deadlines to apply for candidacy vary. Anyone interested in or who has questions relating to becoming a candidate for his or her Mutual or GRF Board of Directors should contact the Stock Transfer Office at (562) 431-6586, ext. 346.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Fri., Feb. 18	Finance Committee
,	Conf. Rm A/virtual 10 a.m.
Tues., Feb. 22	GRF Board Monthly Meeting
	Clubhouse 4/virtual 10 a.m.
Wed., March 2	Physical Property Committee
	Conf. Rm B/virtual 1 p.m.
Thurs., March 3	Administration Committee
	Conf. Rm A/virtual 1 p.m.
Mon., March 7	Recreation Committee
	Conf. Rm B/virtual 1 p.m.
Wed., March 9	Security, Bus & Traffic Committee
	Conf. Rm A/virtual 1 p.m.
Thurs., March 10	Communication/IT Committee
	Conf. Rm A/virtual 1 p.m.

BEN'S SEAL BEACH AUTO REPAIR

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Puzzles & Comics

Answers on page 18

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"MAKE MINE A TRIPLE" By PAM AMICK KLÁWITTER

ACROSS Willing partner

- 5 Dapper dudes 9 Break-even
- transaction _ Eye is on the Sparrow"
- hymn Easily played
- Hilarious sort
- Thelma, to Louise, or vice versa
- Mae: Whoopi's 'Ghost" role
- *Game piece with a "6" on it
- "3x" on an Rx 26 Baskin-Robbins treats 27-member gp.
- 28 Good way to plan 30 GPS command
- Toon maker of a female road runner costume
- 32 Garland's girl 35 Tee sizes,
- initially 38 Curtain holder
- 39 Pool hustler
- It's found in a fizz
- -Dazs 44 Like many a
- 45 Selfish pair?
- Take advanta
- 48 Fluish
- symptoms 49 Lends a hand
- 50 Do some road repairs
- Add to the pot
- Yard opening 53 Skin soother
- 54 Name above The Lady and Her Music" on a 1981 Broadway
- poster 55 Kikkoman
- sauces One of two field
- borders Where it's at
- "I will if you will" Neither partner *Camp sleeping
- arrangement
- Pops
- 70 Hardly a vet ... ___, short and stout" 72
- 73 As-the-crow
- flies route
- 75 Chute opener? FedEx rounds,
- briefly 78 Hollywood brothers' name 80 Extras

- 113 Stranded town 82 It needs a driver letters? 84 dog
- 85 Cook-off bowlful 86 Stomach Thumbs-ups 88 Move quickly, as clouds
- 89 Big name in theaters
- 90 Literally, "going," in scores 92 Sierra Nevada
- 94 Man Ray contemporary
- 95 Higher ed hurdle
- 96 Some union acquisitions 98 Poet
- 99 Lowry of kid lit firma
- 102 Pulls an allnighter 104 Fictional pilot
- who said, "Never tell me the odds'
- 108 *Where women stitch
- once learned to

- 4 Occasion 5 One on a Facebook list
- 6 Spa supplies Pro in a party
- show might
- have you in 9 Get one's feet wet

- 10 Book of
- 114 Disguise, in a 115 Wrap that
- sounds apologetic 116 Giant's NFL foe
- 117 Belarus, once: Abbr.
- 118 EI 119 Parted partners 120 One of three
 - DOWN
 - director Lee
- 8 What a comedy
- found in each
- answer to a
- starred clue
- 1 "Gemini Man"
- 2 Signal-strength display 3 "In__ of gifts ...

- 13 *Primary concern of a
- Four Seasons chef 14 One with a
- vision 15 Metaphorical rush-hour subway rider
- Stands the test of time
- Garson of "Mrs. Miniver" 20 Plains, in Peru
- 23 Industry tycoon Sportscaster
- Rashad Haw
- In reserve Rae of "The Lovebirds"
- 34 Reds and Cards, briefly
- Shadowless? 36 French military leader with an eponymous line

*'50s-'60s ad

45

competition

59

102 103

108 109

- 40 Actor Wynn 43 "__ Louise!" memories 44 Andalusian
- Cruise amenity 12 Actor Linden uncle 46 Celery piece
 - 49 Early seal hunter
 - 50 Shorten further 51 "I'm outta here"
 - 53 Mayo is in it 54 Timber wolves 56 Quaint shoppe
 - adjective 58 Notable feature of 59-Down
 - 59 Toon with a 58-Down 60 Subsided 62 Adam of
 - "Grown Ups" films 65 Smoothie fruit
 - 66 Most up-todate
 - 67 Dusk, to Donne 69 Hankering 71 Like clams on the half shell
 - 74 Bert in Oz 76 "I didn't be here"
 - 78 Informed, with

Base bars 83 City on the Orne "Taxi Driver"

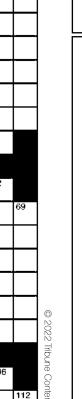
2021

director

79 Ref. that added

"chapstick" in

- 85 Tony Soprano's "Got it?" 86 Really nails
- 87 Marked down 88 Trickeries
- "Don't think so" 91 Aries mo.
- 93 Put down 94 Grammy winner Morissette
- 97 Offspring 100 Word with panel or system
- 103 Overhaul 104 Bring on board
- 105 Maracaibo, por ejemplo 106 Munch Museum
- city 109 Fashionable Taylor
- 110 Caesar's 601 111 Tussaud's
- medium 112 School yr. division



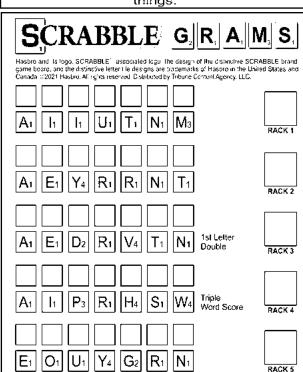
Sudoku 1

	6				3			
8							1	5
	5		7	6			9	
					2	9		
7		5						8
		2	4					
	2			5	1		4	
6	4				7			1
			6				8	

9 To 5 By Harley Schwadron



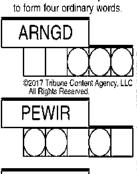
"This is my grandpa. He remembers the days before apps, when people actually did things.



PAR SCORE 255-265

BEST SCORE 340



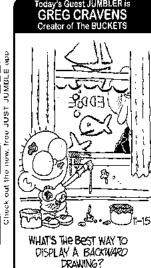


MEELAF RWHYOT

THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

FIVE RACK TOTAL

TIME LIMIT: 25 MIN



Now arrange the circled letters

to form the surprise answer, as suggested by the above cartoon.

100

LWWeekly www.lwsb.com | www.lwweekly.com | February 17, 2022

Guess Who?

I am a singer born California on February 17, 1972. I wrote my first song when I was five years old, and met my first bandmate in school. My anti-war album won a Grammy and six other music awards.

Sudoku #2

	4			3	5			
9			1		4	8		2
	8					1		
	6		4	7	8			
	2	4	9		3	7	1	6
	7	9						3
	9					6	4	
			6	2				9
	1	6	5	4				

Puzzles & Comics Answers on page 18

⊙** ☆® * ~ ● <> < * * × * + ≈ * ▲ (* ~ * ∧ ħ ≏ Ω & A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

\mathbb{C}

Determine the code to reveal the answer!

Solve the code to discover words related to the library. Each number corresponds to a letter. (Hint: 17 = 0)

18 21 8 18 15

Clue: Part of a group or club

17 17 19 26

Clue: Bound volumes

22 26 9 3 18 26

Clue: Passages between rows

17 25 D. 8 17 15 15

Clue: Temporarily use



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

(3 letters = 1 point) 4 letters = 2 points 5 letters = 3 points
6 letters = 4 points 7 letters = 6 points 8 letters = 10 points

9+ letters = 15 points

YOUR BOGGLE RATING

151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur

0 - 10 = Try again

Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT COUNTRIES in the grid of letters.

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Y LEARNING WORD S

J Z Z D F 0 L Ι C Y K C 0 D 0 Т Т Н Ι Z Ι T Ι Ι 0 Н X R R Z C 0 C Ε C T Ι Т G Ι X Α N X D U R Z C S C S Ι C G B E U Ι C G N N A A W N Н W 0 J N Ι V Ι Ι S М Z E Y T A K M Ι G D B B R R 0 F C Ι A Α D U D W N M B E Ι Ι Ι L V M C A P N A V D T X Ε Т Ε 0 P S B E Ε T В Ι R G C A N A A R N Α М L F S R S Н A G N B B U Y W R Н Н 0 L D Ι Н D D B A Ι A C Ι T E B Н P L A N 0 L Α Z S 0 B 0 W Y N L V B R L Y Y X A N E Z 0 T S F 0 Ι Z Ι S J 0 W T J J G B N A E T E F G U T C K D R C N E R Ε E R M U R F T E Z F J E Z T C P V B Ι R R D J V 0 P T S S Z W B 0 N Н G V K 0 0 B Н D X W D Z Н J R Y P Y C Ι T A T Ι 0 E N W N

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

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8:30 a.m.: Silver Age Yoga

Tuesday

11 a.m.: Yoga for All Ages

Wednesday

5:30 a.m.: Yoga for All Ages

7:30 a.m.: Silver Age Yoga

6:30 a.m.: Silver Age Yoga

Friday

6:30 a.m.: Silver Age Yoga

Saturday

6:30 a.m.: Silver Age Yoga

8:30 a.m.: Feeling Fit

8:30 a.m.: Feeling Fit

Noon: Feeling Fit

Thursday

6:30 a.m.: Feeling Fit

Noon: Silver Age Yoga

7:30 a.m.: Feeling Fit

6 a.m.: Feeling Fit

Monday

and *sbtv3.org/schedule*.

Ballet Fitness instructor Mel Locket makes classes fun and educational. All residents are welcome to learn traditional ballet movements while getting fit every Saturday at 1:30 p.m. upstairs in Clubhouse 6. Dancers should dress comfortably and wear soft shoes; masks are optional, but social distancing continues to be observed. Call (562) 252-9676 for more information.



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- Hepatitis A, Hepatitis B (간염)



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• HPV - Human Papilloma

• Meningitis (수막염)

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- 서울대 경제학 학사, 석사
- 휘문고

Leisure World Han-In Church

Sunday Worship and Fellowship 10:30 a.m.

Open Bible College Thu 10:00 a.m. @CH 3, RM 4

Cold season isn't over yet

by CJ Blomquist

OptumCare

Feeling sniffly? Have a mild headache? It's not terrible, but it doesn't seem to be going away any time soon, and there's that tired feeling, too.

It might be a case of the common cold. But with COVID variants still going around and flu season in full force, it's important to keep an eye on symptoms. Flu season can run through April, so here are a few things to beat a cold—and keep others from catching it.

Hand hygiene. If people learned one thing during this pandemic, it's how to properly wash their hands. It's long been the go-to technique for killing germs. Just 20 seconds of soap and water can go a long way, and for those who are out and about, an alcohol-based hand sanitizer works. But it must be at least 60 percent alcohol to be strong enough to kill germs.

Diet. A balanced diet is also key. So stock up on fruits and vegetables, as they are full of vitamins and minerals that help the immune system stay

strong. Even just a few added to regular meals helps.

Rest. Not feeling well? Stay home. A few days of rest can help the body recover, and it keeps a person from spreading germs to others.

There's still time for those who haven't gotten their COVID shots or booster or their flu vaccine. These are some of the best defenses available, and they're easily available through most major drug stores.

Anyone feeling really miserable should give their doctor's office a call. They can help patients make the best decision for their health.

Amongtheupcomingevents at the Health Care Center:

Boost your immunity. There are natural approaches to strengthen the immune system. Learn some new tips on Feb. 22 at 10 a.m.

Music and movement. Get those steps in and have some fun with new dance moves on Feb. 23 at 10 a.m.

To RSVP for either or both events, contact Grecia Nunez at RSVPOptumHCC@optum.com.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Feb. 17: Oven-roasted turkey with sage gravy, cornbread stuffing and Brussels sprouts; cheesecake; roast beef and cheese sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.

Friday, Feb. 18: Herb-roasted porkloin with honey-mustard sauce, oven-browned potatoes and zucchini with tomatoes; fresh orange; chef's salad, with turkey, ham, egg, tomato, bacon and blue cheese dressing, plus crackers.

Monday, Feb. 21: Closed for Presidents' Day—no delivery. Tuesday, Feb. 22: Barbecued chicken leg and thigh, mashed sweet potatoes, and seasoned broccoli; vanilla pudding; egg salad sandwich, with spinach and tomato, plus Italian pasta salad.

Wednesday, Feb. 23: Stuffed bell peppers, garlic-and-chives ashed potatoes, and green beans with pimentos; fresh pear; ham, turkey and cheese sandwich, with lettuce, tomato and pickle, plus Asian coleslaw.







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RELIGION



Cornerstone Church celebrated its 12th anniversary with a special worship service on Feb. 6. Trumpeter Caster Teoh (I) played alongside the choir for "Lord's Church Forever" and a solo "God's Grace." The church meets every Sunday at 9:30 a.m. in Clubhouse 2.

Beit HaLev

Beit HaLev's livestream services are on *Facebook.com/galityomtov*, *YouTube.com* (Beit HaLev LIVE! channel) and Zoom. To join the Zoomagogue community, go to *https://us02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09*. The meeting ID: 915 243 4704, and the passcode is RavGalit.

Livestream services on Fridays are at 5:30 p.m. and Saturdays at 10 a.m. The Coffee Chavurah social period has been suspended until further notice

The Shabbat morning Torah reading is from "Kee Tissa" (When you [take a census]), Exodus 33:12-34:33. Moses implores HaShem to continue to lead the Israelite people into the Promised Land by using

a physical presence (the cloud by day and the fire by night), signaling the deeply intimate relationship between them. As Moses persists in asking to see HaShem "face to face," he is told that were he/she to reveal, that the intensity would be fatal. HaShem allows Moses to see "my hand...my back..." but not "my face." Following this encounter, Moses must veil his face when interacting with the people because the radiance was too bright.

All Beit HaLev services use special prayerbooks, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah." Printed versions of the prayerbooks will be available for sale at in-person services.

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. It welcomes everyone who seeks a path to the divine and doesn't believe in labels. Beit HaLev considers all religions holy and valid.

To request a membership form for Beit HaLev, call Rabbi Galit-Shirah at (562) 715-0888 or email *duets@icloud.com*.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, with Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes (for children) are held every Sunday during the second hour. Masks are still required for all meetings. Members who are unable to attend Sacrament service in person may request a link from the bishop, Jonathan Brimley, by calling (562) 716-8309 to watch services online.

The course of study this year is the Old Testament. For, Feb. 21-27, the scriptures will be Genesis 24-27. Remember that the scriptures referenced in the New Testament are from the Old Testament. When the Savior quoted scriptures, these were from the Old Testament.

LW Baptist Church

Jesus' post-resurrection instructions to the apostles in Acts 1 are the focus for LW Baptist's message on Sunday, Feb. 20, at 10 a.m. in Clubhouse 4.

On Mount Olive, Jesus reviewed his followers' benefits. After his death, he had presented himself alive to them for 40 days and outlined his coming kingdom. "Wait in Jerusalem," he said. "For the Father's promised Holy Spirit is [coming soon]" Jesus' kingdom would take shape through his followers' witness.

While they listened, Jesus was lifted up until a cloud received him. Two men in white said, "Men of Galilee, why stand looking into the sky? This Jesus taken up from you into heaven will return just as you watched him go." So the apostles returned to the upper room, where Peter addressed 120 assembled believers in Jesus. Someone qualified, he said, must replace Judas and become witness of Jesus' resurrection. They prayed and drew lots, and Matthias was chosen and added to the 11 apostles.

On Monday, Feb. 21, The men's fellowship begins study of the Judges era and Ruth, when Israel took her eyes off the Lord and suffered for it at 10 a.m. On Wednesdays at 3 p.m., the Energizers will study the majesty of God's name in Psalm 8.

For more information, call (562) 430-8598.

Christian Fellowship and Fun Club

The Christian Fellowship and Fun Club will meet Tuesday, Feb. 22, at 6 p.m. in Clubhouse 4.

Members are asked to bring a food dish to share and personal cutlery; water and coffee will be provided by the club.

All LWers are invited to attend. Call (562) 455-6218 for more information.





Assembly of God

Service/Gathering Times: Assembly of God meets Sunday at 10:30 a.m. in Clubhouse 3, Room 2. Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing is canceled until further notice.

Sermon for this week: February is missions month, as Pastor Chuck Franco focuses his sermons on the importance of participating in missionary work, whether it be going, praying, or sending and supporting financially. "A Missionary Church, Part 1" is the sermon for this week.

Matthew 28:16-20 is known as the "Great Commission." The event takes place after Jesus's resurrection. He has appeared to many, but now he is with his inner circle, the 11 disciples. Everything he says is of importance to the fulfillment of his mission to redeem lost people and reconnect them with God. He instructs the disciples to share the message and what they have experienced walking with him. He promises to be with them always, even to the end of the age. They had no idea



Sheryl and Chuck Franco

the difficulties and trials they would face when carrying out the mission Jesus gave them, including hardships and martyrdom. But the promise Jesus made gave them purpose and courage, things that modernday missionaries and disciples still depend on.

Bible Study: Session 6 of the Bible study in 1 Peter, "Living Victoriously in a Difficult World," continues on Wednesday, Feb. 23. The teaching reiterates the commonalities Christians face today with those faced in biblical times. Truth is truth, yesterday, today and forever. Contact: More information about LW Assembly of God can be found at *lwassemblyofgod.* com. Those who want prayer, personal contact from a pastor, or a DVD of the Sunday morning sermon can contact Pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck's sermons can be accessed on Facebook (Chuck Franco) and the Faith-life app under the group "Leisure World Assembly of God," where people can also give online.

Community Church

LW Community Church will study 1 Corinthians 15:35-38, 42-50 and Luke 6:27-38. This week's sermon title is "The Mystery of the Seed."

Community Church will meet virtually through February. It looks forward to returning to in-person worship for Ash Wednesday on March 2 at 10 a.m. and drive through ashes until noon for anyone who is not ready to attend in person. The Ash Wednesday service is currently planned to be held outdoors, but if the state and local restrictions relax, the service may be held indoors. Community Church expects to hold services indoors beginning March 6 at 9:50 a.m. Virtual worship will still be available.

Community Church services are livestreamed on Facebook @ community church leisure world. Those who want to join via Zoom can call the church office or email leisure wccsue@yahoo. com. Those who would like a DVD or CD of the worship service can call the church office.

Those who are in need without another way to address it may call the church office and leave a message at (562) 431-2503.

Soil Beach Sa Rang Church Share the state and state and state Share the state and state Share the state

Elder Yoon Soo Park (I-r), GAF President Anna Derby and Co-Pastor Young Kyu Lee.

Sa-rang Church

The Seal Beach Sa-rang Church recently observed its 18th anniversary. The congregation of about 100 members is served by the team of nine retired pastors of diverse backgrounds such as the Assembly of God, Methodist and Presbyterian. The church leader is Rev. Kyo Min Soh. All pastors are volunteers who are compensated for their care and services. They take turns preaching, leading Bible studies and presiding.

Sa-rang Church used to meet in Clubhouse 3, Room 2. However, over the past eight years under the leadership of Rev. Kyo Min Soh, the congregation has steadily grown, and the church has been relocated to the Clubhouse 3 Lobby.

Seal Beach Sa-rang Church has been an annual donor to the Golden Age Foundation and recently donated \$500 to the organization.

The worship service is every Sunday in the Clubhouse 3 Lobby at 11 a.m. The Wednesday Bible Study is in Clubhouse 3, Room 2, starting at 6:30 p.m.

For more information, call Rev. Kyo Min Soh at (562) 309-4420 or (562) 719-1895.

Faith Christian Assembly

Faith Christian Assembly (FCA) has a long-standing tradition of holding a Sunday celebration service at 5:30 p.m. FCA believes in the value of having an evening service on Sunday and keeping the Lord's day the Lord's day.

This one-hour service is a great time for extra prayer, fellowship, and creating conversations that bring encouragement to one another while enjoying the great hymns of the church. People can come early for the pre-service prayer at 5 p.m.

Sunday morning service is at 10:30. The Wednesday morning Bible study taught by Pastor Sheri Leming is at 11. Call the church office for the most updated schedule information.

To receive a free newsletter and more information on the church, call (562)598-9010, email *contact@fcachurch.net*, or visit *www.FCAchurch.net*.

Christian Women's Fellowship and Bible Study

Christian Women's Fellowship and Bible Group will meet on Feb. 28 in Clubhouse 3, Room 6, at 10 a.m. The group is currently studying the book "Loving God with All Your Heart." All are welcome to attend.

For more information, call Jean Davidson at (562) 431-0591 or Margie Robertson at (562) 594-6505.

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Eric Dangott on Friday, Feb. 18, at 6:30 p.m. and Saturday, Feb. 19, at 9:30 a.m.

New members who want to watch the livestream should contact Jeff Sacks by texting (714) 642-0122 or emailing *jfsacks@gmail. com*. The link will have the meeting ID and password embedded. The phone number for those who do not have Internet service is (669) 900-9128.

To join the Zoom meeting, go to https://us02web.zoom.us/j/3 752519429?pwd=UDREWTA1N21jaXVUZUhyQmY1U01JQT09. The meeting ID is 375 251 9429, and the passcode is 8ZYy69.

The walking group walks 6 feet apart while wearing masks and meets every Monday and Wednesday at 6 p.m. at the bus stop across from Clubhouse 3.

Lisa Brass is crocheting double-thick potholders as a fundraiser for \$18 a pair. Call (562) 794-9090 to order.

Congregation Sholom has silk-screened, reusable Congregation Sholom of Leisure World masks for sale at \$5 each or four masks for \$18, including shipping. All proceeds will go to the general fund. Email Murray Pollack at *murrjet@yahoo.com* or call (562) 331-3949 to place an order.

The book club is currently reading short stories from the book "Here I Am" and will meet via Zoom on Wednesday, Feb. 23, at 7 p.m.

Congregation Sholom is planning to hold a Seder and dinner on the first night of Passover, April 15, in Clubhouse 3.

Those who want to plant a tree in Israel for any occasion can contact Michele Vallens at (562) 230-7464 for more information.

Those who need to be added to the yahrzeit list should call Lisa Brass at (562) 794-9090 by Wednesday, Feb. 23, so she can inform the clergy.

Those who need to be added or removed from the misheberach list should call Darlene Rose at (562) 347-8088 by Wednesday, so she can inform the clergy.

Those who want to join the congregation should let Howard Brass know at (562) 794-9090.

To receive Zoom invitations to all Congregation Sholom events, call Jeff Sacks at (714) 642-0122.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

Services

Saturday and Sunday services have the same message given by Pastor Bruce Humes. Currently, he is guiding the congregation through the New Testament book written by the apostle Paul to the church of the Thessalonians.

Sunday services, from 9:30-10:45 a.m., are traditional, with hymnal music featuring Pat Kogok at the piano and Iris Muncie singing a special hymn.

Saturday services, from 9:30-10:45 a.m., are more contemporary, with Gregory Black leading in worship with guitar accompaniment.

Friday evening prayer meetings are from 6-7, and weekly Bible study, led by Jack Frost, meets on Wednesdays from 9:30-10:30 a.m.

The Message

The apostle Paul in his first letter to the Thessalonians writes about living life in holiness, love for one another, and a great expectation and anticipation of Jesus' return. In Thessalonians 4:9, he says, "But concerning brotherly love you have no need that I should write to you, for you yourselves are taught by God to love one another." Those are encouraging words to this church of new believers.

He continues in verse 10, "And indeed you do so toward all the brothers in all Macedonia. But we urge you, brethren, that you increase more and more."

There is there is always room for improvement. Paul urges them to continue to grow and mature in their Christian love for others. It is a message that is worthy of repeating then, and now.

Scripture of the Week

"If you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. Set you mind on the things above, not on the things that are on earth" (Colossians 3: 1-2 NASB).

Announcements

Out of an abundance of caution, First Christian Church asks anyone who feels ill in any capacity to not attend service. Those who want to speak to someone at the church or have a need can call (562) 431-8810.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Seventh Sunday in Ordinary Time on Feb. 20.

Lent

The season of Lent will begin soon, with Ash Wednesday falling on March 2. Holy Family will hold Ash Wednesday Mass at 8:30 a.m., noon and 5 p.m. The parish will hold the second part of the mini Lenten retreat on the theme of self-emptying on Friday, March 18.

HOLY FAMILY, page 19

ARTS & LEISUI



The Cabaret Entertainers are ready to perform.

Cabaret Entertainers share the love on Feb. 19

On Saturday, Feb. 19, the Cabaret Entertainers will host "Love is in the Air" in Clubhouse 2. Doors open at 6 p.m., and the show starts at 7.

The club's first show of 2022 features love songs that are sure to warm LWers' hearts performed by Bette Fritz, Linn Atkinson, Tosca Lies, Charla Gae, Charlie Guggino, Maxine Chavez and Connie Farrand, plus new members Ric Dizon, Ken Notorleva and Nina DeRosa. Emceed by Phil Mandeville, the evening's entertainment includes

Jon and Chris Russell in supporting roles.

The group wants to also recognize the work of sound technician Tim "The Eraser" Fitzpatrick; spotlight operator Bill McKusky; and videographers Paul Bassedtt, Michael Oh, Irene Cistaro and Anna Derby.

Donation dishes will be placed at all tables for those who would like to contribute toward the costs of future shows and purchasing replacement equipment.

Chess Club

This week's puzzle is checkmate in three moves. White moves first; any answer by Black, and White's third move is checkmate.

The solution to this week's puzzle: The first move is queen to c7.

The White queen moves from d8 to c7, then Black king to a6, followed by White queen to c8 and Black king to b5. The next move by White is checkmate.

The Chess Club meets every Friday from 1:30-6 p.m. in Clubhouse 3, Room 7.



Bobbie Straley

Cribbage Club

On Feb. 8, 45 players enjoyed seven games of cribbage in Clubhouse 1. Bobbie Straley won all seven, earning her a fifth star. Jesus Sosa took second place with a score of 839, Sandra deDubovay placed third with 837, and Bob Ide came in fourth with 833. Jack O'Brien won six out of seven games for the day.

Anyone wanting extra assistance in learning or brushing up on cribbage can leave a message for Terry Thrift at (714) 394-5885. Doors open at 12:15 p.m. every Tuesday, with play beginning at 12:30 p.m. Dues for 2022 are \$5.

-Marilyn Chelsvig

Garden Club Meeting Canceled

The Garden Club's board of directors has decided to cancel the February meeting and aim to resume in-person meetings in March. The difficult decision was made with an abundance of caution, taking into consideration the club's large number of members, not knowing who has or has not been vaccinated and the comfort of the program's speakers.

—Nancy Goldstein

Monday Bridge

The winners from the Feb. 7 meeting of the Monday Bridge Club are:

First place: Evelyn Scherber **Second place:** Ben Watada **Third place:** Lorna Binger

The group meets every Monday at 1 p.m. in Clubhouse 1. For more information, contact Marion Standish at (562) 493-1236.

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The Velvetones are sure to get the crowd dancing and dreaming.

Velvetones return to the CH 4 stage on Feb. 20

The GRF Weekend Dances return Saturday, Feb. 20, with the Velvetones Ballroom Dance Orchestra playing in Clubhouse 4 from 6-9 p.m.

Leisure World's own professional big band plays swing and jazz standards, music for dreaming and dancing. The Velvetones play regularly on the first and third Sunday evenings.

On Feb. 26, taking the Clubhouse 2 stage at 7 p.m. will be Abilene, LW's No. 1 country rock band that's been going strong for nearly 20 years. Last year, the group opened the Amphitheater season with a rockabilly show that drew nearly 2,000 fans and will play again this year by popular demand. Band leader Terry Otte shares singing duties with Tina Schaffer, while guitarist

Rod Anderson, guitar synthesizer player Jim Long, bassist Mike Simpson and drummer Jim Greer round out the group. Doors open at 5:30 p.m.

Vinyl Rock will be back in Clubhouse 4 on March 12 at 7 p.m. The nine-piece Orange County-based band passionately performs classic rock, Motown and pop tunes primarily from the '60s, '70s and '80s that'll have LWers smiling, swinging and swaying. The group keeps the audience engaged, inviting everyone to participate in singalongs and mingling with them on the dance floor. Doors open at 6:30 p.m. for Vinyl Rock, whose perfomance is sponsored by Cabaret Entertainers.

At the GRF Weekend Dances, masks are not required for those who are vaccinated but are recommended for everyone. Table saving is not permitted, but people can bring their own snacks.

No announcements are permitted from the stage, except by the bands, and clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.

Everyone must be out of the clubhouse no later than 10 p.m. to allow adequate time for the custodian to tear down the setup and arrange everything for the following day.

The GRF asks that everyone sign in, either as a resident or guest, so it can judge the popularity of the bands.



Chung Cha Lewis (in red) and George Pinada lead the class.

JOYFUL LINE DANCE

Two dancers lead from the start

When Joyful Line Dance Club started in March 2014, it was with the purpose of providing LWers an opportunity for physical activity and to improve mental acuity in a social environment, with a special focus on getting the community's men off their couches. Back then, the group met on Wednesdays in the Clubhouse 3 Lobby and Fridays on the Amphitheater stage.

Among the club's charter members were Chung Cha Lewis and George Pinada. They specialize in dances to "Blue Spanish Eyes," "Blue Rose Is," "I'm Alive," "Mamma Mia," "Uptown Funk," "Tennessee Waltz Surprise," "Come Dance With Me," "Summer Night Cha Cha" and more. From the beginning, the group's leaders have taken turns in front of the class, sharing the responsibility and ensuring variety.

Joyful Line now meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. For the safety and health of its members, classes are limited to 30 people on a first-come, first-served basis. Exercise shoes are recommended, and face masks are mandatory. For more information, text Anna Derby at (562) 301-5339.

Creative Writers Club

The Creative Writers Club will hold its next meeting on Feb. 25 at 1:15 p.m. in Clubhouse 3, Room 1. Future gatherings will take place on the fourth Friday of every month. Members may bring and share original works; handout copies are appreciated. All LW residents are welcome. Masking is optional.

Golf League Results for Feb. 4 and 7

Sixteen men and one woman of the LW Golf League braved windy Santa Ana conditions at David L. Baker Golf Course in Fountain Valley on Feb. 4. At 4,000 yards, the par-62 executive golf course is the shortest the league plays, but it's numerous water hazards and yawning sand traps make Baker a demanding course. The morning was cool and very wet, and the gusty winds early in the round challenged the players. Scores were considerably higher than normal, with eight scores at or under par and nine birdies.

All scores are net (gross minus handicap). The handicap for A Flight golfers is 0-19, while B Flight is higher than 19.

A Flight: First place: Gary Stivers, a well-played 2 under 60, plus fewest putts for the round; second: Tim Looney, a hardearned 1 under 61, plus a birdie and closest to the pin on both the third and 12th holes; third: Chris Lankford, even par 62, plus two birdies; fourth: tie between Dave LaCascia, Sam Choi and Jim Goltra, 2 over 64; fifth: tie between Bill McKusky, Larry Hillhouse and Fujio Norihiro. LaCascia and Choi each also had a birdie.

B Flight: First place: Pat Paternoster, an exceptional 13 under 49, plus two birdies;

second: Lowell Goltra, a super 8 under 54; third: Ron Jackson, a nice 4 under 56, plus two birdies and fewest putts; fourth: tie between Tom Ross and Bob Munn, a very good 3 under 57; fourth: tie between Liz Meripol, Gene Vesely and Clay Fischer.

On Feb. 7, 13 men and one woman played at Santa Ana's Willowick Golf Course, a 6,000yard, par-70 course that has exceptionally long par 3's and par 5's making up for its lack of water hazards and straight fairways. Large, deep sand traps further challenge the golfers. Although it was quite cold at the 7 a.m. tee time, the sun promised a warm morning, and before long, layers were shed. Even with excellent playing conditions, scores were only average, with just half the field at or under par, but there were five birdies.

A Flight: First place: McK-usky, a well-played 6 under 64; second: Choi, a really good 4 under 66, plus a birdie; third: Jim Goltra, 1 over 71, with a birdie and fewest putts; fourth: Stivers, 3 over 73, plus a birdie; fifth: tie between Norihiro and LaCascia, 4 over 74. Norihiro also had a birdie.

B Flight: First place: Lowell Goltra, a terrific 10 under 60, plus a birdie and closest to the

pin on the 140-yard 12th hole; second: Bill Zurn, a very nice 5 under 65, plus fewest putts; third: Vesely, a fine 4 under 66, plus closest to the pin on the 140-yard fourth hole; fourth: Fischer, a sweet 3 under 67, plus a birdie; fifth: Meripol, 2 under 68; sixth: tie between Paternoster, Munn and Ron Sommer.

The Golf League plays at four local courses, all within 15-20 minutes of Leisure World. The courses are always quite full, so advance reservations via a sign-up sheet are available at each round.

Players are not obligated to enter the prize pool. Rewards are given in each flight for low net and lowest number of putts, plus birdies and closest to the pin challenges on two par-3 holes. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

—Dave LaCascia

Carefree Highway to Perform Feb. 26

Jim Nau, will perform a free concert on the large greenbelt in

front of 1410 Oakmont Road, Bldg. 140, on Feb. 26 from 3-5 p.m.

Carefree Highway, featuring Mike Simpson of Mutual 6 and

Men's Golf Club

At the LW Men's Golf Club Tournament on Feb. 9, two groups of three flights of variously skilled golfers vied for best net scores (gross score minus handicap), plus four circle holes (shots within a 5-foot circle are rewarded) and two closest-to-the-pin challenges on par-3 holes.

A total of 54 golfers teed off as the cool morning weather warmed as the sun got higher in the sky. The Turtle Lake Golf Course is in good condition, but only 22 of the golfers were net at or under par. There were, however, 5 circle holes and a season high of 54 birdies.

All scores are net. A Flight encompasses golfers with handicaps of 0-7, with B Flight at 8-11 and C Flight at 12-18.

A Flight: First place: Young Lee, a nicely played 7 under 47; second: tie between Paul Alloway, Ron Steele, Steve Walker and Dong Kim, a very good 4 under 50; third: tie between Jae H. Lee and Mike Mayfield, a nice 2 under 52; fourth: tie between Bob Turner, Glenn Barry and

Steve Ro, at even par 54; fifth: tie between Alan Sewell, John Kolthoff, Bill Long and Bob Barnum, 1 over 55.

B Flight: First place: Bill McKusky, a tournament best 8 under 46; second: tie between James Farr and Steven Kang, an excellent 4 under 50; third: Yoon Sup Yoon, an excellent 3 under 51; fourth: Youn Lee, a super 2 under 52; fifth: tie between new member Don Newhall and Hyon Shin, 1 under 53.

C Flight: First place: Ryan Hong, an excellent 3 under 51; second: tie between Ben Benjamins and Byron Schweitzer, a good 1 under 53; third: Paul Shellenberger, at even par 54; fourth: Rolando Ramirez, 1 over 55; fifth: tie between Joe Didonato, Kap Son and Sam Williamson, 2 over 56.

Closest to the pin on the seventh hole was Ron Steele, and on the 16th hole, it was tournament director Alan Sewell.

The next Men's Tournament will be on Feb. 23. Golfers are asked to arrive 10-15 minutes prior to their scheduled tee time and be ready to play. Anyone who planned to play but cannot should contact Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as possible.

—Dave LaCascia

The outdoor shuffleboard area behind Clubhouse 1 in the mid-1960s. An enclosed court took its place in 1995.

Finding shuffleboard's LW roots

The game of shuffleboard and the LW Shuffleboard Club have something in common. It turns out the beginnings of each is not well-known or -documented.

Shuffleboard likely began as a game in the pubs and palaces of England. During the 15th century, the aristocracy and the peasants alike would slide English coins, originally called "groats," down polished tabletops. The object was to get the coin to stop as close the edge as possible. Plenty of drinks and money were wagered on those games of "shove board."

As for the LW club, there are no founding documents in the GRF's Recreation database. However, around January 1962, along with woodworking, ceramics, sewing and roque (a form of croquet), shuffleboard was advertised in the Rossmoor Leisure World newspaper. Photos later in the year show shuffleboarders in action at the Clubhouse 1 courts, which were open air, and at partially covered courts behind Clubhouse 2. Because they were outdoors, rain-outs and wind-outs occurred several times a year.

Though shuffleboard has been played continuously in Leisure World from late 1962, it appears that an official club was not started until 1965 at the Burning Tree (Clubhouse 1) and Northwood (Clubhouse 3) courts. According to a 1965 letter from Robert Q. Jones, then-president of the club, it was called the unified Leisure World Shuffleboard Club rather than by an individual Clubhouse name.

Currently, the League standings are as follows: First place: Shufflers; second place: Hot Shots; third Place: Sliders. The top individual winning percentage for the men is Sal LaScala at .846, and for the women, it's Kelly Johnson at .667.

Shuffleboard League games will resume Feb. 18 with Hot Shots hosting the Shufflers. Anyone not fully vaccinated must wear a mask. Practices are held on Mondays and Wednesdays.

The St. Patrick's Day potluck will be on March 12 at 5 p.m. in Clubhouse 3, Room 3. The club will play left center right.

—Dave LaCascia



Hui O Hula dancers practice Tuesdays and Thursdays at 1 p.m. at Veterans Plaza. The class is currently learning "Aloha Kauai," composed by Maiki Aiu Lake; it praises the beauty of the island and hospitable hostess Luana of the Malina family. Beginners are welcome the first 45 minutes of class on Tuesdays to discover basic steps and simple hula.

Essie Hicks

Community Karaoke

There was a nice crowd at the karaoke party on Feb. 9, as Ren Villaneuva and others joined voices in singing "Besame Mucho" and "Greenfields" in memory of longtime members Joe Sabroso and Mike Breen. In all, 31 singers performed that night. While Pete Tupas, Tino Tupas and Don Sunday prefer to sing soothing ballads, other vocalists enjoy songs with a strong beat that gets the audience's feet tapping.

Essie Hicks beautifully performed hit tunes by her favorite artist, Linda Ronstadt, while Bob Barnum did a powerful number from the musical "Lés Miserables" called "Stars."

Karen Morris engaged the audience with her take on "YMCA," and Eric Voge showed his love for the country and western genre with Merle Haggard's "Big City." Josie Cade was persuaded to duet with Walt Bier on "Please Mr. Sun."

Nina Todorov made her karaoke debut with the catchy tune "Wooden Heart," and Sherlene Chavez and her daughter, Debbie, marked their welcome return by performing "Sweet Caroline."

Everyone is welcome to karaoke nights on Wednesdays in Clubhouse 1 starting at 5:30 p.m. Anyone who's nervous or wants to test a new tune is invited to practice sessions held every Monday in Clubhouse 6 from 1-3 p.m.

—Margie Thompson

Poker Club

The Poker Club's Player of the Year tournament on Jan. 22 included players from 2020 and 2021. Taking first place was Tom Pappas, while second went to Glenn Evenson and third to Barry Brideau.

Finishers from fourth to ninth place were Wendy Wu, Bill Clawson, Doug Wolfe, Guta Basner, John Burns and Don Saunders.

On Feb. 5, Lem Hall won the final table of regular play with a pair of aces, with a nine kicker. Hall has been a club member for the 20 years he has lived in LW; he is also in the RV Club and loves to travel and fish.

Basner won second place with a pair of aces, with a two kicker. High hand was won by Pappas with three jacks and two sixes. Hall had the second highest hand with three 10s and two sevens. The promotional hand of 9 and 2 was won by Clawson.

The club plays the first three Saturdays of the month in Clubhouse 6. Doors open at 11:30 a.m., and players must be seated by noon. There are no late entries permitted. For more information, contact Judy Jasmin at (562) 626-8179.

Pinochle

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with the regular game beginning at 12:30 p.m. The club provides cards, score cards, pens, tablets and other equipment. It costs \$2 per person to play, and the top four scorers of each day win cash prizes.

The following are the winning scores from recent games.

Feb. 3: First place: Oscar Moya, 11,900; second: Jim Kasper, 11,800; third: Nancy Wheeler, 9,840; fourth: Marge Dodero, 9,650.

Feb. 5: First place: Diana Lambert, 12,330; second: Irene Perkins, 11,380; third: Gayle Golden, 11,370; fourth: Tony Dodero, 11,000.

Lessons to learn to play or to brush up on the game are available on Thursdays at 11:30 a.m. in Clubhouse 1. Call Joan Taylor at (562) 240-5416 for more information.

Anyone interested in playing pinochle should call Marge Dodero at (310) 968-9509.



Christine Cohen

Genealogy Club

All residents are invited to the Genealogy Club's membership meeting on Feb. 23 at 10 a.m. in Clubhouse 3, Room 1. Christine Cohen will be speaking on the "Grand Army of the Republic Records."

Cohen is a longtime member of the Whittier Area Genealogy Society and has served in many capacities, including as president. She is also a member of the El Redondo Chapter of the Daughters of the American Revolution, the Society of Daughters of Holland Dames and the Association of Professional Genealogists.

Her interest in genealogy began in 1977 with the airing of the TV mini-series "Roots" and was piqued when she found a typed pedigree chart of her Dutch heritage from the New Netherlands in the 1660s. The native Californian graduated from UCLA with a degree in political science and has worked for Vitol Aviation Company since 1993.

The club's Theme Thursdays Workshops continue Feb. 17 with "Digging Deeper on Marriage Certificates"; on Feb. 24, members are to bring in something they need help with for "Brick Wall Help."

The Genealogy Library is currently open Monday-Friday from 1-4 p.m.; volunteers are needed as substitutes and if the club wants to hold Saturday and Sunday hours.

Volunteers are also needed to form a hospitality committee.

For more information on the Genealogy Club, contact Mary Romero at (562) 810-4266.

Women's Golf Club

Feb. 8 was a bright, beautiful day for golfing, as 51 members of the Women's Golf Club competed for low gross, low net (gross score minus handicap) and birdies. Fifteen of the women made 16 birdies, with Marilyn Hewitt scoring two.

Flight A: Low gross: Devora Kim, 28; low net: Pam Krug, 24; birdies: Krug (hole 2), Hae Lee (hole 3), Sandy Derouin (hole 5) and Young Yoon (hole 7).

Flight B: Low gross: Marilyn Hewitt; low net: tie between Bert Thompson, Zoe Pickell, Joan Lim, Mary Ann Moore

and ChongHee Kim, 25; birdies: Stella Yoon (hole 2), Judy Kim (hole 2), Liz Meripol (hole 2), Sue Yokomi (hole 2), HaiLee Yang (hole 7), Thompson (hole 7), Hewitt (holes 8 and 9) and Sun Lee (hole 8).

Flight C: Low gross: Jee Choi, 34; low net: tie between Helen Yoon and Dale Quinn, 27; birdie: Neva Senske (hole 4).

Flight D: Low gross: Soo m, 36; low net: tie between Joyce Basch and Betty Regalado, 25; birdies: Donna Cooper (hole 8) and Regalado (hole 9).

Yahtzee Club

Yahtzee Club will resume meetings on March 4 in Clubhouse 3, Room 6, from 12:30-4 p.m.; regular meetings will continue on the first and third Fridays of each month. Dues for 2022 are \$3 for existing and new members.

People on the waiting list, as well as any LW resident interested, are welcome to join if they know how to play Yahtzee and can keep their own score. The cost to play is \$2, which goes to prizes.

Anyone who wants to learn how to play Yahtzee, as well as those whose have questions about the club, should call or text Kathy Rose at (714) 309-6873.

Good News Singers

Janet Ray will direct the Good News Singers in "Joy in the Camp," a concert of gospel music, on March 19 at 1 p.m. in Clubhouse 4.

MUNIT



GAF volunteers will be ready to help LWers remove their documents to be shredded from

GAF Shredding Service will be held March 8

The Golden Age Foundation (GAF) Shredding Service will be held on Tuesday, March 8, in the Clubhouse 2 parking lot from 10 a.m.-noon.

The GAF wants to remind residents of the following rules to have the event run smoothly:

• All residents are asked to drop off their documents and go. There will be no chairs to x-ray copies will be accepted. sit on, and no line will be allowed to form. GAF volunteers will guard bags until the truck

arrives to shred.

• Documents stored in plastic or paper bags will be accepted, but no cardboard boxes.

•Residents must remove staples and paper clips from documents.

• Electronic devices will not be accepted for recycling.

• No contaminated bags or

All GAF programs are provided free to Leisure World residents. The GAF is entirely

staffed by volunteers, so all donations go directly to meeting community needs. The generous support of residents, clubs, organizations and businesses is the main source of income. The GAF programs and projects are made possible by volunteer efforts.

Donations are welcome. For more information about the GAF, go to www.GoldenAgeFdn.org, or call Anna Derby at (562) 301-5339.



WHERE WE LIVE CLUB

Send your suggestions to the club

The Where We Live Club of Leisure World, Seal Beach, is dedicated to improving all aspects of the community. In the past, the club has looked into covering the water channel, improving air quality and changing the name of the community.

Instead of meeting this month, the club wants to take time to reflect and refocus. How can the Where We Live Club best improve the quality of life of neighbors, keep costs reasonable and help our leaders?

Some people feel everything is perfect and nothing should be changed. Some think that they need to understand what is working and what is not working, and therefore they need a detailed review and forensic audit before improvements are proposed. Some are alarmed at a series of managerial decisions and feel that LW should attract board members with appropriate professional experience and/or train board members to help them fulfil their responsibilities. Others feel that LW should bring in an experienced professional management company to oversee or take over the management.

Everyone has a personal stake in the success of the community. Email the Where We Live Club with ideas and suggestions at WhereweliveLWSB@gmail.com.

-Greg Moore, club president

SUNSHINE CLUB

Learn about Care Ambulance

Lisa Carrillo, the community outreach coordinator for Care Ambulance will be the speaker at the Sunshine Club meeting on Friday, Feb. 18 at 10 a.m. Care Ambulance is now a part of FALCK Global.

All residents are welcome to join this Zoom meeting by going to *https://us02web.zoom*. us/j/87427954280?pwd=dExQ R2dDblZSbUNkQlVoclhrajFh UT09. The meeting ID is 874 2795 4280, and the passcode is 080651.

Those who want to receive the Zoom link by email should



Lisa Carrillo

text their name, Mutual number email address to (562) 301-5339 no later than today, Feb. 17, at 5 p.m. (text only, no phone calls). Carrillo has been in emergency medical services since 2003,

serving Orange, Los Angeles and Riverside Counties. During the meeting, she will give a quick history of the 911

system and what constitutes an emergency. She will also go over how the system works and what to expect when you call 911.

For more information, text Anna Derby at (562) 301-5339.

American Legion Auxiliary

The American Legion Auxiliary will meet Feb. 21 at 1:30 p.m.. The general meeting will be begin with an opening prayer and ceremony at Veterans Plaza by the flag poles. The draping of the charter is a ceremony in which members are honored after they are deceased. All LWers are welcome to attend and may submit a name for remembrance. Call Jean Sudbeck at (562) 594-0209 for more information. The event starts at 1:30 p.m. and lasts about 15 minutes. The general meeting then resumes in Clubhouse 3,

The Auxiliary is responsible for scheduling bingo volunteers on the first, second and fourth Sundays. To volunteer, call Sudbeck at (562) 594-0209.

The LW Weekly: (562) 430-0534



Nikkei Club

The Nikkei Club will meet on Saturday, Feb. 19, in Clubhouse 3, Room 2, at 11 a.m. Guest Les Feller will give a presentation on the parallel connection between Japanese and Jewish culture in history. Members are asked to bring a dish to contribute to the potluck Those who are not able bring a dish will be asked to pay \$7 toward El Pollo Loco chicken dishes. People are asked to wear masks when they arrive.

The club is still accepting new members. Dues are \$10.

Celebrating a Birthday, Anniversary or Retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to:

laurieb@lwsb.com

The deadline is the Thursday before the desired publication date.

SENIOR PEACE CLUB

Peaceful protest will be held Feb. 23

The Senior Peace Club's next peaceful protest will be held in front of the Leisure World globe on Wednesday, Feb. 23, from 4-5 p.m.

No specific theme has been chosen for this event, so participants are invited to pick their own theme. There are a multitude of issues swirling around the nation and the world right now, including an increase in hate crimes/racism, women's reproductive rights, voter suppression, potential war in Ukraine and single payer health care for all.

A variety of signs will be available at the demonstration, but people are encouraged to make and bring their own appropriate signs. All caring and concerned people are welcome to participate.

Drop off batteries behind CH 5

The Golden Age Foundation (GAF) sponsors several programs to enhance the quality of life of Leisure World residents, including its environmental program, which encourages recycling



fluorescent light bulbs and old and used small consumer batteries, including those for hearing aids.

Pre-pandemic, the GAF placed collection buckets in the LW Weekly office as well as the Hospitality Room in Clubhouse 6 for residents to drop them off whenever convenient. The buckets were no longer available due to the pandemic restrictions, so the GAF began collecting batteries at its quarterly shredding service events.

Last year, the GAF Board decided to have a separate collection

BATTERIES, page 15

CONCERNED SHAREHOLDERS

Susan Hopewell will be the guest speaker at Feb. 24 meeting

The Concerned Shareholders next meeting will be held on Feb. 24 in Clubhouse 3, Room 2, and beginning at 1p.m.

The annual Concerned Shareholders Board of Directors' elections will be held at this meeting. There will be nominations from the floor.

Golden Rain Foundation President Susan Hopewell will be the guest speaker.

The effects of new Davis-Stirling voting laws on the elections for directors of Golden Rain Foundation and the Mutuals will be discussed.

BATTERIES

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from the Shredding Service to avoid mixing shredding documents and batteries, which can damage the shredding truck.

Residents can drop off small batteries in the orange buckets behind Clubhouse 5 for GRF employees to pick up. No printer cartridges are accepted.

The GAF is an independent nonprofit, 501(c)3 charitable organization dedicated to serving the residents of Leisure World, Seal Beach. It strives to make the LW community a better place to live. The GAF was established in 1973 and is not affiliated with the Golden Rain Foundation.

All GAF programs are free to Leisure World residents. It is entirely staffed by volunteers, so all contributions go directly to meeting community needs. The generous support of residents, clubs, organizations and businesses is the GAF's main source of

Donations are welcome. For more information, go to www. Golden Agefdn.org.

LW News Deadline

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19 in the community. Staff is working on-site and remotely to produce the LW Weekly. Editors can be reached by phone and email.

See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor.



Korean American Classical Music Appreciation Treasurer Yewon Jeon (I-r), President Grace Kim, Vice President Angel Joh, Treasurer Houng Suk Chang and Program Director Dr. Samuel Kim, will be at today's Feb. 17 program. The group will study Peer Gynt Suite No. 1 and No. 2, by Edward Grieg (1843-1907). Contact Grace Kim at (562) 431-3039 for more information.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/ schedule. Have Roku? Go to http://roku. streamsource.tv/add/sbtv. The playback schedule is available at SBTV3.org.

Thursday, Feb. 17

LW Emergency Preparedness

Expo 2021

4:45 pm LW Bike Club FALW Valentine Dinner &

Dance 2020

5:55 pm Latino Club's Christmas Luncheon 2021

6:15 pm LW Veterans Memorial 2021

6:45 pm Rich Harbour Paddleout

6:50 pm Broadway in the Park

Live at the Ford-Four Italian Tenors 9:30 pm Studio Cafe Nov. 2021 Shakespeare in the Park: 10 pm

Cymbeline

Friday, Feb. 18

4 pm Ocean Perspectives Bike Club 5 pm

5:15 pm Vinyl Rock- Toys for Tots

6:40 pm Spiritones 2021 Mc Gaugh Fourth Grade Show7 pm

8 pm On Q

Shakespeare in the Park: 9 pm

Othello

10:30 pm Cerritos Center-

Big Bad Voodoo Daddy

Saturday, Feb. 19

Vinyl Rock-Toys for Tots

5:45 pm Spiritones 2021

LW Veterans Memorial 2021 6:30 pm LW Latino Club's Christmas

Luncheon 2021

6:50 pm FALW Valentine Dinner &

Dance 2020

7:35 pm Bob Cole Conservancy

LAUSD 8 pm Sunday, Feb. 20

SB City Council Meeting 4 pm

Feb. 14 Replay

5:45 pm Spiritones 2021 Broadway in the Park 6 pm

7:15 pm FALW Valentine Dinner &

Dance 2020

8 pm On Q

Studio Cafe 9 pm

9:30 pm Cerritos Center-

Big Bad Voodoo Daddy

Bob Cole Conservancy

11 pm Monday, Feb. 21

LW Bike Club 4 pm

4:08 pm LW Yoga 2022

SBTV, page 19

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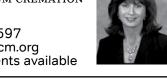
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Republican Club

by Brian Harmon

LW contributor

The LW Republican Club supports law enforcement officers and rejects any efforts to defund the police.

Since February is Black History Month, the Republican Club remembers the legacy of Martin Luther King Jr. as the leader of the civil rights movement in the U.S. His "I Have a Dream" speech, delivered in front of the Lincoln Memorial in 1963, the year before the passage of the iconic Civil Rights Act of 1964, may have been the biggest factor leading to the vote. This law ended the abominable practice of requiring Black people to use different restaurants, hotels, buses, restrooms, drinking fountains and other public facilities. School segregation had been legally ended 10 years earlier by the Supreme Court's decision in Brown v. Board of Education. This decision was enforced by Presidents Eisenhower and Kennedy, sending armed forces to cities where segregationists were preventing integration of the schools and harassing, sometimes violently, and threatening Black children who were trying to go to the school they were legally allowed and assigned to go to.

An inspiring moment in his speech came when King said, "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character." The Republican Club believes that the United States has made great progress and will continue toward this goal. Laws cannot do it all. Attitudes have to change, and that takes time.

David Harlow spoke at the February club meeting, mostly about strategy and tactics for the upcoming elections.

GOP, page 19

Democratic Club

by Mary Larson

LW contributor

Primary interest by Leisure World Democratic Club voters continues to center on the new Congressional District 47. Katie Porter is the Democrat running for re-election in this district.

Porter has expressed an interest in getting to know Leisure World voters. She will be a featured speaker at an upcoming SBLW Democratic Club meeting.

An experienced commercial law professor and consumer protection attorney, Porter has long been on the front lines of the fight for consumers and investors. Before coming to Congress, she spent nearly two decades taking on the special interests that dominate American politics.

In office, Porter has focused on a number of important issues, including taking action to prevent gun violence. At the start of this term, she led a successful effort to shed light on

conflicts of interest in Congressional hearings. She and Sen. Kirsten Gillibrand have reintroduced legislation that would strengthen disclosure rules and prevent individuals in trusted positions of power—including the president, vice president, members of Congress, and their families, and senior staff—from abusing their access for selfenrichment.

Club members are looking forward to supporting Porter in the 2022 Primary and General elections. Anyone wanting to work within Leisure World to help Porter get re-elected should email lwsbdemocraticclub@ gmail.com. Those interested in working directly with her campaign staff should go to her website at www.katieporter.com. To access her Facebook page, go to https://www.facebook.com/ *katieporteroc.*

The current re-configuration of districts continues to result in other changes for Leisure World voters. For more about candidates in other races,

Leisure World Democrats and supporters can subscribe to the club's free newsletter. Email democraticclubsblw@gmail.com or call editor Mary Larson at (562) 296-8521. Make sure to include your full name, address and phone number, as well as party affiliation.

Democratic voters and potential supporters are invited to stop by the club's Hospitality and Information Booth located outside Clubhouse 6. The booth will be open Tuesday, March 1, from 10:30 a.m.-12:30 p.m. Visitors will find copies of the club's current newsletter, voter registration forms and a warm welcome.

Club 2022 membership renewals are now due. Members are reminded that dues can be waived upon request. Renewal forms are available on the club's website, https://sblwdems.wordpress.com, under the "Join Us"

> The LW Weekly (562) 430-0534

SCRABBLE G R A M S SOLUTION 60 D_2 65 RACK 3 = 95 RACK 4 = 61 RACK 5 = 340 TOTAL PAR SCORE 255-265

Crossword Answers

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Sudoku I Answers

2	6	9	5	1	3	8	7	4
8	3	7	2	4	9	6	1	5
1	5	4	7	6	8	З	9	2
4	8	6	1	7	2	9	5	3
7	1	5	3	9	6	4	2	8
3	9	2	4	8	5	1	6	7
9	2	3	8	5	1	7	4	6
6	4	8	9	2	7	5	3	1
5	7	1	6	3	4	2	8	9

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers I through 9 and no two numbers in the same column of a

ach column must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku loku puzzle can be the same. ach row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku ach row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku

octure same. & must contain all of the numbers 1 through 9 and no two numbers in the same block of a zzle can be the same.

Jumble Answers

WIPER **FEMALE** What's the best way to display a backward drawing? — IN A WINDOW FRAME

Puzzle Answers

Puzzle pages 6-7





Sudoku 2 Answers

1	4	2	8	3	5	9	6	7
9	5	7	1	6	4	8	3	2
6	8	3	7	9	2	1	5	4
3	6	1	4	7	8	2	9	5
8	2	4	9	5	3	7	1	6
5	7	9	2	1	6	4	8	3
2	9	5	3	8	7	6	4	1
4	3	8	6	2	1	5	7	9
7	1	6	5	4	9	3	2	8

Guess Wh Billie Joe Armstrong

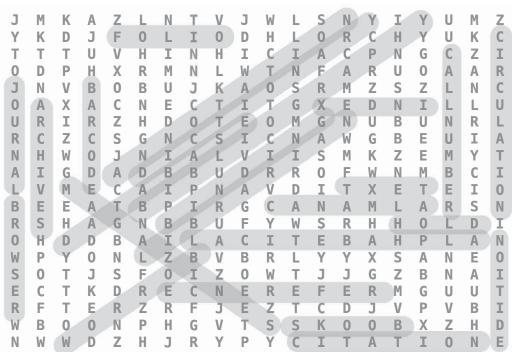
Crypto Fun Answers

A. member B. books C. aisles D. borrow

Boggle BrainBusters Answers

CUBA MALI PERU HAITI SPAIN NEPAL CHILE JAPAN

Word-Find Answers



GAF

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The Golden age Foundation (GAF) thanks everyone who participated in either the Ralphs Reward and Amazon Smile programs. During the last quarter, the GAF received \$1,331.64 from 325 households from Ralphs and \$377.77 from Amazon Smile.

Both Ralphs and Amazon Smile donate money to nonprofits at no additional cost to the customer. Participation in these two programs generates funding that helps support GAF efforts such as the shredding service, Mobility Aids, tax preparation and many others. The donations also allowed the GAF to provide over 40,000 masks during the pandemic and over \$125,000 to Meals on Wheels, which provides meals to hundreds of residents who are unable to prepare or shop for meals themselves.

Those who are interested in helping the GAF can learn how to sign up for the Ralphs Rewards program and Amazon Smile below.

Ralphs Rewards program: Sign up on *www.ralphs.com*. People will need their Ralphs Rewards card number to register or the phone number associated with the account. People can also sign up by calling (800) 443-4438. Be sure to say the GAF's Ralphs number is FS 519.

Amazon Smile: Sign into an existing Amazon account. Go to *smile.amazon.com* and type in "Golden Age Foundation" as the charity you'd like to support. Make sure the location is in Seal Beach, then continue shopping as usual. Don't forget to start at *www.smileamazon.com* each time you shop.

For more information, go to Golden Age Fdn. org.

HOLY FAMILY from page 10

Masses

To receive a copy of the weekly parish bulletin, sign up at https://ebulletin.jspaluch.com or https://www.jspaluch.com/Subscribe. Visit the website for more information at www.holyfamilysb.com.

The church is operating at its regular Mass schedule. Father Joseph Son Nguyen suggests that people wear masks while inside the church. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

OBITUARIES

Michael Edward Breen 1940-2022

Michael E d w a r d Breen, born April 19, 1940, passed away at home on Feb. 3 after a long battle with dementia. He was



the son of Michael J. Breen and Maureen Costello. He is survived by Pauline, his wife of 61 years; sons, Michael of Seal Beach, Steven of Long Beach, and Marc and Toni Breen; two grandchildren, Olympia and Maximus Breen of Albuquerque, New Mexico; aunt, Gerry Costello in Waterbury, Connecticut; and many nieces and nephews.

Mike was a resident of Leisure World for 15 years. He was active in many clubs including, Y's Service, Golf League, karaoke and chorale. Some of his happiest times were at karaoke and being in the chorale shows.

Mike was a true Red Sox fan as well as a fan of all sports.

Mike spent many years here and in Connecticut, working as a referee in basketball and soccer. When there weren't enough people to provide his boys Little League or flag football to play, he became the commissioner and stayed long after his boys had grown up.

He moved to Leisure World

after spending most of his life in and around Waterbury, Connecticut. He was always glad that he did not have to shovel snow ever again.

After a lifetime helping others, Mike is at rest and cheering us along, as well as the Red Sox, of course.

Services will be held March 25 at 10:30 a.m. at Holy Family Church in Leisure World; burial will be in the family plot in St. George Cemetery in Bakerfield, Vermont.

In Memorium Allen "Paul" Cose, 8'

Allen "Paul" Cose, 87 Mutual 15

In Memorium

Carlos Ingles 63 Richard Kaump 68 Francis Murphy 87 Carol Brooks 79 Adelina Gastelum 57 Lealafia Sagale 81 Sharon Norquist 78 Patricia Rose 75 John Recendez 76 Salvador Castellanos 86 Fred Bisbey 78 Yoshio Nakamoto 79 Alma Bustamantre 86 Stephen Alkus 78 Cynthia Groves 70 Naomi Agbasi 82 Jorge Martinez 72 Anthony Tortorice 70 Harold White 99 David Harrison 88 *Families assisted by* McKenzie Mortuary, (562) 961-9301 —Paid obituary

SBTV from page 15

4:15 pm LW Emergency Preparedness Expo 2021

5 pm Bob Cole Conservancy 6 pm McGaugh "Go West"

7 pm Studio Cafe7:30 pm Ocean Perspectives

8:30 pm On Q

9:30 pm LW Latino Club's Christmas Luncheon 2021

10 pm LW Bike Club

10:10 pm Shakespeare in the Park: Taming of the Shrew

Tuesday, Feb. 22

2 pm Special SB City Council Meeting–LIVE***

pm LWEmergencyPreparedness Expo 2021

4:45 pm LW Christmas 20215:15 pm FALW Valentine Dinner &

Dance 2020 6 pm SB City Council Meeting-

LIVE

7 pm SB Planning Committee Meeting-LIVE***

8:30 pm Cerritos Center–

8:30 pm Cerritos Center– Lady Jazz

10 pm Shakespeare in the Park: Merry Wives of Windsor

Wednesday, Feb. 23

4 pm LW Veterans Day Memorial4:29 pm Spiritones 2021

4:45 pm Bike Club

5 pm FALW Valentine Dinner & Dance 2020

5:55 pm LW Latino Club Christmas

6:15 pm Bob Cole Conservancy 7:15 pm On Q

8:15 pm Vinyl Rock-Toys for Tots

10:15 pm LW Bike Club

10:30 pm Cerritos Center– Drumline

*All programming is subject to change.
*** May preempt following scheduled programming

GOP

from page 18

He emphasized that since voting will start in early March for the upcoming primaries, the club needs to start doing the groundwork now and start planning strategy.

Harlow continued to stress that the most effective issues appear to be family-related, such as education. He said the recent elections have shown that many parents are concerned that schools may be teaching things that offend their sensibilities.

He also said that volunteers will be needed to walk precincts, make phone calls and man the booth, which will be open more often as the election approaches. People who are interested in volunteering can call Harlow at (714) 335-0779.

The Valentine's Day party at the Republican Club booth was successful with many smiles following the consumption of cookies and quickly melting ice cream bars and popsicles.

The booth will be open every Monday from 11 a.m.-2 p.m. for people to sign the petitions for the School Choice Initiative, join the club, volunteer to help in the upcoming elections, get literature and information, or to talk and have a good time.

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HOME CARE PERSONAL ASSISTANT

I am an experienced caregiver available to assist with daily care, doctor's appointments and errands. Available 24/7, 949-899-7770. SB Business License HEL0006.3/24

CLASSIFIEDS

CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License BCS0002. Bonded/Insured. 6/16

MOST AFFORDABLE RATES with optimum service, 30-years LW experience, reliable, honest caregivers. Licensed, 24-hours, part-time, doctors, appointments, references, fluent English. Ann 714-624-1911, 562-277-3650 -Heidi. SB License HYC0001. 6/02

EXPERIENCED CAREGIVER Over 25+ years in Leisure World with Excellent References! Hourly or Live-in. Please Call Pampet: **562-371-4895.** Seal Beach License PAN0003 2/24

Elderly care. Live-in, live-out. 30 years of experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state SB RAZ0002. Gloria/949-371-7425.

Maria's experienced caregivers, run errands, Dr's appointments, cleaning, part-time, full-time, livein. (562) 230-4648. Seal Beach Business License #CAM0006. 5/26

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. One -customer, one-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/ Set/Color/Highlights/Perms, Nails/ Toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Boulevard, #116. **(714)-425-4198**. 5/05

In home haircare, serving the menand-women of Leisure-World for 36-years. Mel Cell/562-480-9341. License KC75538. 3/03

HOUSE CLEANING

Experienced housekeeper providing weekly-and-monthly cleaning. Call/949-899-7770. Seal Beach Business License HEL0006. 3/24

MOVE-IN, MOVE-OUT, WINDOWS, HOUSECLEANING CALL PHIL at 562-881-2093 Over 30 Years Experience! Seal Beach Business License AB0001 3/24

GRACIAN'S HOUSECLEANING & WINDOWS. DOWS 10% OFF first cleaning.

General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License

GRA0006 5/05

General housekeeping, 30 years of experience. Bi-weekly or monthly. Seal Beach License RAZ0002. Call Gloria 949-371-7425. 3/17

Maria House Cleaning We'll make your house look as nice as possible! 15 years of experience, We can work with your schedule. Bi-weekly or monthly. Deep cleaning. Call or text 714-496-2885. Bus. Lic HER0008. 3/17

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days call anytime! Complete cleaning. Seal Beach Business License M0001A. Call 562-505-1613. 3/03

LeeGee Cleaning Services. Move-In, Move-Out. Deep Cleaning and/or Recurring. General Housecleaning, Weekly/Bi-Weekly/Monthly. 7-Days Call/ Text Lisa/714-916-7796. SB Business License LEE0004. 2/17

COMPUTERS

FRUSTRATED (562)755-6199

Everything for your computer (PC or Mac), cell phone, TV, stereo, any electronic device. Tina Schaffer. SB Business License #CIP0001 2/17

John's Computer Services 562-733-9193 Virus removal, Repair, Training, Software, Wireless, Internet Security. LW Resident SB License FUH0001. 3/17

AUTOS WANTED

ANY KIND OF CAR

Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of -Liability for you! Bonded/ Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. 5/05

ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE and REPAIRS.Call714-292-9124.

EZ GO Golf Cart \$2,500. If interested call for more information! 951-365-4868. 3/03

"Street Legal" 2002 GEM 4-seater Golf Cart, new batteries, great condition, 2800 original miles plus enclosure kit. \$7,400/OBO. Call 562-708-0319.

TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258. 3/10

A PERSONAL DRIVER IS WITHIN YOUR REACH! Transportation for Airport Travelers, Medical-Patients. Call James/562-537-1298 2/17

AUTOS/BOATS/RV'S **TRAILERS FOR SALE**

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. Contractor's License #779462 3/24

MOVING, HAULING & STORAGE SERVICES

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A FRIEND AND A TRUCK

Your moving service, any size job. Business License RO263644. Call 310-387-2618 2/24

MISCELLANEOUS FOR SALE

Solid-wood white round diningroom table with/4-chairs, 45x29 \$150/set. Large Kirkland walldecorations, \$25/each. Large white mirror/\$40. 310-593-3446.

BRAND-NEW! Twin Trundle Bed, 1-mattress. Paid/\$600, asking/\$200. Call 562-296-8088.

DODGER SEASON 2022 TICK-ETS and PARKING AVAILABLE. Individual game tickets. Seats located between Home Plate & Dodger Dugout. AISLE-3, ROW-J, SEATS-3&4, PREFERRED PARKING/(LOT-K). \$280 pergame/(face value). 323-582-3211/ Marv or Marilyn.

Cabinet with/4-adjustable shelves, glass-front. Height=48-1/2", Depth=16-3/4", Width=19-1/4". Storage for books/records/LPs/ Knick-Knacks/etc. You-pick-up 310-429-6736.

Oil Filled Radiator Heater, \$45/ brand-new. Wicker Chest, perfect for blanket storage, lined, beige, \$40/like-new. Sue 714-469-7519.

Moving Sale. Designer Furniture, Art, Collectibles, Household Items, China, Kitchen Items, Women Designer Clothes (size medium, large & plus), new most with tags attached. For further details call 714-855-8308.

Need Classified Help? debbiek@lwsb.com

LEISURE WORLD APT/WANT TO RENT

I would like to rent a 1-bedroom apartment. Call me 858-273-1743.

CARPORT LOCKER WANTED

Carport-Locker ONLY. Prefer Mutual-3. Will consider other Mutuals also. 562-799-4181.

If you have not received your copy of the LW Weekly paper by 9 a.m. on any Thursday call (562) 430-0534 between 9:00 and 10:00 a.m.

Missing papers will be delivered **Thursday ONLY!**

Classified ads may be ordered over the phone by calling (562) 431-6586, ext. 383, or (562) 430-0534; emailed to debbiek@ lwsb.com (staff will call back for payment information and ad confirmation) or in person at the LW Weekly office, 13521 St. Andrews Drive (two-story white building at the Amphitheater complex). The office is open Monday-Friday from 8 a.m.-5 p.m.

Classified Rates

- Resident rates start at \$8 for 12 words or fewer; each additional word is 25 cents.
- Non-resident rates start at \$12 for 12 words or fewer; each additional word is 25 cents
- For residents and non-residents, special effects such as bolding or centering may be added for \$1 each; boxing the ad is \$2.
- Discounts are available for ads that run at least four weeks in a row without changes. Payment must be made at the time the ad is placed.

Deadline

The LW Weekly classified advertising deadline is Monday at 12:30 pm for same week Thursday edition. Deadline changes due to the holidays will be printed in the LW Weekly.

For Information

For more information, call (562) 431-6586, ext. 383.

LW Weekly classified ads are online at LWWeekly.com and lwsb.com.

Berkshire Hathaway Home Services



Joanie Korman (714) 308-8034

LW Resident, Real Estate Specialist

"Where Life Just Got Easier"

Price Reduced! Gorgeous 2 Bedrooms **Fully Expanded Corner** New Kitchen & Bath Greenbelt

M12 36A \$425,000

1 Bedroom - Skylights

Percenbelt,

M2 22K

2 Bedroom. **Fully Expanded** Corner, Drive up Greenbelts **Super Nice** M12 66L \$425,000

Coming Soon

M2 1 Bedroom M15 2 Bedroom Atrium M4 2 Bedroom Corner

Call me for a Free Market Evaluation



JOYCE REED Resident Broker Notary Available 596-8656



M15 10-C • \$379,000 Expanded downstairs, corner unit. 2 bedroom, 2 bath. Dishwasher. Newer paint. Barber carpet. Double pane windows. Plantation shutters throughout. Golf cart parking available on a partially enclosed patio. Master bedroom has a separate entrance to/from the patio. Carport with storage



M15 2D • PENDING **M10 249-G • PENDING** M15 10D • PENDING

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Leisure Living Resales, Inc.



(562) 493-6601 leisurelivingresales.com

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Erika — M17 (562)-208-5223



Yong Pyon — M1 (310) 658-0379





562-533-3190



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Leisure World Resident Mutual 14

We are HIRING! **Real Estate Agents**

seeking a Brokerage with tons of support, guidance and great commissions!

CALL TODAY It's a good time to explore change!



Mutual 5 - 115i Homewood 1B/1Ba on Large Greenbelt Laminate floors thru-out, Skylights, new oven, CLEAN \$225.000 Most Desirable



Mutual 14 - 18B Sunningdale Rehabbed 2B/1Ba \$289,000 Sold in 2 Days, multiple offers!

Mutual 14 - 31D Sunningdale SOLD \$31,000 OVER ASKING PRICE w/8 Offers



Mutual 5 - 103L Medinac 2B/1Ba Corner w/Office-3rd Room Greenbelt, W/D, Xtra Storage Lots of Features \$419,000



Mutual 11 – 273B Northwood 2B/2Ba Stunning Remodel, Greenbelt, South Facing, W/D, Dual Pane Windows, Smooth Ceilings, Custom Everything MUST SEE for \$469,900

COMING SOON

1B/1Ba Extended 2B/2Ba on Greenbelt 2B/1Ba w/Upgrades

Suzanne Ahn Realtor® DRE#01107037 **KOREAN & ENGLISH** 562-810-1614





Gina Rojas (562) 533-3190

ginamrojas@gmail.com Leisure World Specialist 22 Years LW Experience

♥ DRE#02111452 ♥ "I Have Your Best Interest at Heart "



l have buyers 2021 Escrows

	6-130K	\$300,000	
7-159F	\$400,000	8-193H	\$230,00
5-104E	\$259,000	14-24A	\$325,00
11-262B	\$359,000	2- 35 D	\$210,00
16-52L	\$269,000	8-191A	\$485,00
6-57H	\$210,000	3-12L	\$205,00
12-36D	\$365,000	12-62K	\$240,00
2-22D	\$185,000	8-180H	\$172,00
8-202C	\$284,000	6-138B	\$175,50

Leisure Living Resales



Erika Shapiro

Resales Specialist Mut. 17 Resident BRE # 01448494

562-208-5223

Beautiful Expanded corporation, 2 BDR, 1 55 M, central A/C Treat location



<u>Mutual 6 – 129F</u> \$399,000

Expanded 2 BDR/1 Bath Great Location, conto parking. Language Flooring, Washer & Dryer. Move-in ready.



Mutual 9-235E \$345,000

Coming Soon:

2BDR. 2 Bath Condo 2nd floor, needs TLC **Mutual 17** \$389,000

1 BDR, basic on a big greenbelt, Mutual 1 \$205,000

2 BDR, 1 Bath partially expanded, New flooring, fresh paint Mutual 2 \$298,000

2 BDR, 1 Bath, enclosed patio, Move-in ready

Mutual 2 \$298,000

Leisure Living Resales



The Januszka Group, Inc. HOME

(562) 598-1388

To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At: www.OnsiteHomeSales.com

We hope you had a SUPER Super Bowl weekend! At the On-Site Home Sales Office, our agents are sure to make your transaction a TOUCHDOWN! Our agents work exclusively in Leisure World and have been the preferred sales office since Leisure World was built. Come by our office anytime to speak with one of our Realtors, we are open 7 days a week!



MH 200L COMING SOONIII



M12700 \$370,000



M318D \$249,000



M9224D \$190,000



M8183A \$459,000



M143511G \$339,000



Dawn Januszka



Escrow Office



Verna Chumley





Tony Accetta







Terri Walters





Realtor®



Kathy Gupton Associate Broker DRE # 00744676

Specializing in the LW Community

Yes we are **SISTERS**562 618-9940 562 884-3594



Gloria Hadley Realtor® DRE # 01057681

New Listing!

Enjoy the charming location this two-bedroom one-bathroom expanded home has to offer. This lovely cottage offers a spacious living room and dining room area with a heat pump and air conditioning unit. The kitchen has white cabinets with built in appliances including refrigerator, stove, oven, upgraded counters. and skylight. The master bedroom is carpeted and has a sliding glass door to the patio. The bathroom has a skylight and cut down shower for walk in convenience. The second bedroom is carpeted with a skylight. The private tiled patio has a walk-in storage cabinet and overlooks a lovely neighborhood greenbelt. Enjoy the ocean breezes and all that the quaint community of Seal Beach has to offer. Located in the resort like community of Leisure World Seal Beach featuring over 200 clubs, activities, and organizations including a gym, 9-hole 3-par golf course, swimming pool, jacuzzi, amphitheater, bocce ball court, billiard room, library, shuffleboard court, barbecue area in a parklike setting, table tennis, exercise and card clubs, and so much more. This home has much to offer.



coming Soon!

If you are looking for a two-bedroom one-bathroom home in a good location to make your own this may be the one for you. This Leisure World cottage offers a spacious living room area with a heat pump and air conditioning unit. The kitchen has built in Leisure World appliances including a refrigerator, stove, and oven. The master bedroom has a sliding glass door to the patio. The bathroom has a skylight and cut-down shower for walk-in convenience. The second bedroom looks onto the private wrap-around patio which is carpeted, has a skylight and walk-in storage area. Enjoy close parking, the ocean breezes, and all that the Seal Beach community has to offer. Located in the resort-like community of Seal Beach which has over 200 clubs, activities and organizations including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, 6 clubhouses, bocce ball court, shuffleboard, amphitheater, park-like BBQ area, library, health care center, card and exercise clubs and so much more. A great opportunity at an attractive price.





Fabulous Greenbelt location! Beautiful and fully expanded 2 bedroom 1 bath formal dining room floor plan. Lovely leaded glass entry door into dining room and spacious living room which has skylights and a bay window overlooking a beautiful expansive greenbelt. Kitchen has white cabinets with built in appliances including microwave and added kitchen island. Master bedroom has walk-in closet and beautiful bay windows with a view. Bathroom has bathtub with shower and skylight. Second bedroom area may be used as a den or office. It also features skylight and built-in shelves. This lovely home has been newly painted and has newly installed vinyl plank flooring throughout. It also features double pane windows and central heat and air. Enjoy the lovely location and the charming community of Seal Beach.



Location, location, location! Walk to downtown Leisure World. Beautifully expanded corner 2 bedroom, 1 bathroom, formal dining room home. Leaded glass door enters into a spacious living room with hardwood flooring, ceiling fan and Bay window that overlooks a pretty greenbelt area. The kitchen has built in appliances, custom cabinets with granite counters, microwave nook, and kitchen island. Master bedroom has newly installed carpeting, mirrored closet doors and Bay window with a view. Bathroom has upgraded shower with tile floors and skylight. Second bedroom has skylights, mirrored wardrobe door s and newly installed carpeting. This property has been newly painted throughout and has many extras. It is in move in condition and a must see!

Elegant and spacious describes this fully expanded 2 bedroom and 1 3/4 bath home with a formal dining room. The living room has a sliding glass door to a side extended brick patio. The leaded glass entry with side pane leads into the formal dining room with ceiling fan. Extra spacious kitchen has custom wood cabinets upgraded counters, built in appliances which include a range, refrigerator,microwave, dishwasher and a large skylight Master bedroom is expanded with a walk-in closet, bay window and ceiling fan. Master bathroom has custom cabinets a cut down shower and has plumbing available for a washer and dryer which is not included. Second bedroom has a 3/4 bath with shower, tile floor and a walk-in closet and ceiling fan. Living room, bedrooms a formal dining room have hard wood floors. This lovely home also features central heat & air, double pain w plantation shutters and added ceiling lighting throughout.



Don't miss out on this expanded two bedroom one and three-quarter bathroom home that has so much potential. Kitchen has built-in appliances including dishwasher and microwave, skylight, and water softener. Living room overlooks a pretty patio with expanded garden space and walk-in-storage closet. Second bedroom has been expanded and has added a walk-in closet, three-quarter bathroom and maybe use as a master bedroom. This terrific home also has added a washer dryer, central heating and air conditioning, skylights in the kitchen, bathroom and second bedroom. It has wood floors in the living room and bedrooms, and laminate floors in the kitchen and bathroom. Enjoy the amenities this home has to offer. You can walk from this convenient location to downtown Leisure World, the pool, jacuzzi, gym, health care center, post office, and amphitheater.





This charming corner two-bedroom one bathroom cottage overlooks green belts in all directions. Kitchen has built-in leisure World appliances including refrigerator, stove, oven and has an add China cabinet and skylight that opens. Bathroom has newer counters, Skylight that opens, and cut down shower. Master bedroom, living room, and second bedroom all overlook pretty views. The enclosed patio room adds extra living space that can be used for a dining area, office, exercise area, or bonus room. Also, the patio offers a walk-in storage area. Enjoy the charm that's Seal Beach has to offer and the wonderful ocean breezes. Don't miss out on this fabulous location.

PENDING

Mutual 11-285A Mutual 7-164L Mutual 2-6G Mutual 11-285D Mutual 1-67E

SOLD 2022

Mutual 11-263A Mutual 4-49B Mutual 8-201L Mutual 2-6L Mutual 7-165E

SOLD 2021

Mutual 5-93F

Mutual 8-202C

Mutual 8-202J Mutual 3-21A **Mutual 10-240B** Mutual 11-2671 **Mutual 12-70D Mutual 14-15I** Mutual 2-13F Mutual 2-51J Mutual 1-35J Mutual 11-285H Mutual 2-19L Mutual 2-24D Mutual 1-30D Mutual 1-37F Mutual 12-41G Mutual 2-46D **Mutual 10-248D Mutual 11-277A** Mutual 2-40L Mutual 8-203G Mutual 2-22J Mutual 1-52A Mutual 2-63A Mutual 5-123K Mutual 2-17C Mutual 9-224G **Mutual 9 -215B Mutual 15-32J**

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Mutual 6-57E



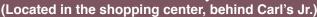
Robin Gray (562) 209-5605 rwgraysales@verizon.net

DRE 01027333 13926 Seal Beach Blvd., Seal Beach, CA 90740

CALL ME I have 25 years of

Leisure World Experience!

LOOKING TO BUY OR SELL?





BERKSHIRE HATHAWAY

Coming Soon!

Mutual 7, Drive-up One Bedroom Mutual 10, Drive-up Basic Corner

All January Closed Sales

8 One Bedrooms Basic: \$180,000 to \$210,000 Expanded: \$242,000

16 Two Bedroom. One Bath Basic Interior: \$247,000 to \$289,000 Basic Corner: \$310,000 to \$345,000 Expanded Interior: \$300,000 to \$449,000 Expanded Corner: \$285,000 to \$405,000

3 Two Bedroom, Two Bath **Upstairs:** \$315,000

Full Expanded Corner: 525,000 to \$545,000



Mutual 15-8-H

\$475,000

BACK ON MARKET: Beautiful ATRIUM is just waiting for you to CALL HOME!! Two Bedrooms, One Bath, remodeled kitchen, upgraded bath, smooth ceilings, vinyl wood-look floors, dual pane windows and slider, an open aired Atrium, plus a front patio with plenty of room to enlarge either the patio or the home. Now add the fabulous location on a double green with close drive-up parking making this home the perfect pick for you!





Mutual 12-67-K \$279,900

WRAP YOUR EYES AROUND THIS CLASSIC! Located in one of the most sought after Mutuals is this darling 2 bed 1 bath basic unit... sitting on a pretty green and has the convenience of a drive up! Beautiful vinyl plank floors, rich wood finished kitchen cabinetry, skylights, heat-pump, and a large "L" shaped patio that is perfect for relaxing while you take in and enjoy your surroundings and the beautiful trees!

See more at www.sealbeachleisureworld.com



Jim Duncan 714-356-6717 Broker/Manager



Robin Gray **562-209-5605**





Kathy Gupton



Gloria Hadley



Edwina DiMario



310-220-1407







714-308-8034

(562) 594-0515 1900 St. Andrews Dr., Suite C Seal Beach, CA 90740 BRE 00338699



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Two-Bedrooms

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13926 Seal Beach Blvd. Seal Beach, CA 90740



Claudette "CC" Cooley 310-484-9600



Mike Varipapa 562 235-7413

Mutual 2 46H \$349,000 expanded, 1 3/4 baths, washer/dryer, central air, wood floors, nice

Mutual 8 183G \$355,000 great greenbelt views, enclosed patio, skylights, very nice

\$399,000 Mutual 4 88G corner, fully expanded, wood floors, upgraded appliances, central air, green belt



expanded, vinyl plank flooring, cent. air, double pane, bay windows, nice

\$399,000

Mutual 5 117G \$418,000 walk to down town, hard wood flooring, bay windows, green belt, granite, skylights, expanded

\$419,000 Mutual 14 3J fully expanded, lam. floors, skylights, dual pane windows, must see

Mutual 12 36A \$425,000 btfl. greenbelt, expanded corner, washer/

dryer, granite, newer kitchen

Mutual 1 67E

One-Bedrooms

ter, plantation shutters, dishwasher

large skylight that opens, expanded mas-



562-522-3364



Leah Perrotti 310-889-6583



562-900-4243



714-944-4998



562-208-2540



Philip Bak 213-550-9991



Fay Wescott 562 242-6162



Tim Kearns 714-293-3950





562 619-2261



\$199,999



Bill Berman

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24



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562.716.1547 213.880.8220

gcarol1966@gmail.com nicholasmonteer@gmail.com





www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of 19 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1881 St John Rd., #37Q | M15 | \$369,000 Remodeled upstairs unit with open patio. Laminate Floors, Central A/C Heat, Granite countertops, dual pane windows/slider, solar tubes, opening skylight, dishwasher and updated kitchen



13160 St. Andrews Dr. #239B | M10 | \$289,000 Partially expanded 2 bedroom, 1 bathroom, walk-in closet, Heat Pump, 2 skylights and solar tube, with storage cabinet on patio.



1910 St John Rd. #30D | M15 | \$429,000 Rare Corner 2 bedroom, 1 bath atrium. New vinyl floors and freshly painted.



13730 Annandale Dr. #30B | M1 | \$210,000 1 Bedroom 1 Bath unit with carpet, AC Heat Pump, skylights and cutdown shower..



1281 Knollwood Rd. #44J | M4 | \$279,000 2 Bedroom, 1 Bath unit with wrap around patio, skylights and laundry in unit. and bathroom. Newer carpeting and on an amazing greenbelt location!



1621 Monterey Rd. #19I | M2 | \$229,000 1 Bedroom, 1 Bath greenbelt unit with big patio and excellent storage closet, 2 heat pumps and skylights throughout!



eye out for our next raffle coming soon!

On February 15th, 2022 a total of 30 units show as active listings on the CRMLS (this is where Realtors list property for sale).

> 2 - 1 bedroom/1 bath units from \$190,000 - \$198,000

18 - 2 bedrooms/1 bath units from \$249,000 to \$459,000

10 - 2 bedrooms/2 baths units from \$319,000 to \$495,900

We offer Virtual Tours and can you send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to

