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Spring Forward March 13

COPY & SUPPLY

Center hours curtailed due to staff shortages

The Copy & Supply Center on the ground floor of Building 5 has been closed due to a staffing shortage. It is now partially staffed and will be open with specific service hours for residents Monday-Friday from 9:15-10:30 a.m., 12:30-1 p.m. and 3:30-4 p.m. Residents are required to bring paper copies to Copy & Supply for duplication. Mutual directors are the only people who can email information for duplication at Copy & Supply. Residents can use computers at the LW Library to retrieve documents from their email addresses for duplication on library copiers. The library is open between 9:30 a.m.-3:30 p.m., Monday through Saturday. The Copy & Supply Center should be fully staffed in a few weeks.

AEC DRILL

Emergency siren test to be conducted today

The Alamitos Energy Center, a 1,040-megawatt combined-cycle electric generating station located in the city of Long Beach, adjacent to Leisure World, will conduct a test of its emergency siren today, March 10, between 9-11 a.m.



I-405 FREEWAY

Construction Updates

The southbound I-405 on-ramp from Seal Beach Boulevard is now open. Crews closed the ramp from Seal Beach Boulevard on Feb. 2 to accommodate freeway widening. **Goldenwest I-405 Off-Ramp** Crews closed the southbound I-405 off-ramp to Goldenwest Street/ Westminster Mall Road on Jan. 31 to accommodate the freeway widening. The ramp is anticipated to reopen this month. **Old Ranch Parkway Closure** Crews closed the Old Ranch Parkway on-ramp to westbound SR-22 405, page 2



Amphitheater summer nights will begin June 30 with a tribute to Tim McGraw and Shania Twain. The show will kick off the first full season since 2019, before the pandemic began. The free concerts begin at 7:30 p.m. every Thursday; bring friends and a picnic for al fresco dining under the stars.

Amphitheater lineup announced

The 2022 Amphitheater music festival will start June 30 with a 12-show lineup, promising an eclectic mix of country, rock, pop, soul and blues tribute performers at the 2,500-seat Amphitheater. Residents are invited to celebrate summer under the stars at the free weekly concerts. Shows start at 7:30 p.m. (schedule is subject to change). Residents must have GRF photo I.D. cards for admission to Amphitheater shows. Non-resident guests must be accompanied by a resident. Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex. No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season. Minibus transportation will be available before and after shows. Food trucks will provide options for pre-event dining. **Playing in Concert** **Vegas Country—A Tribute to Tim McGraw and Shania Twain, June 30** Vegas Country is an entertaining tribute to Shania Twain and Tim McGraw featuring Donna Huber and Adam Tucker. Huber is a renowned Shania Twain tribute artist from Ontario, Canada. Even Twain herself called Huber the best tribute artist in the business.

AMPHITHEATER, page 19



Vegas Country—A Tribute to Tim McGraw and Shania Twain starts the 2022 Amphitheater season on June 30.

Wipes Clog Pipes



GRF Service Maintenance reports a growing incidence of blocked sewer pipes in the community, largely due to flushable wipes. That's because most wipes labeled "flushable" are not biodegradable and cause major stoppages. This was one of the main topics of discussion at the March 4 Mutual Presidents' Council meeting, and a remedy may be in the works. GRF Service Maintenance Facilities Manager Ruben Gonzalez told the council that even though crews routinely pull wipes out of pipes, there are so many that they are clogging sewer pumps, which necessitates expensive repairs. This is a problem across all Mutuals and beyond (see page 2 for more information).

At the March 4 meeting, Karl Roth, the CEO of Refresh Wipes, gave a presentation to Mutual presidents about his foam product that can be sprayed on toilet tissue in lieu of using wipes. This foam turns toilet paper into a truly flushable wipe. Mutual presidents are looking at ways to bring the product to Leisure World, possibly through Purchasing, the Copy & Supply Center, and directly to the Mutuals. A Mutual committee was formed to further explore the possibilities. In the meantime, residents can help keep sewer lines clear of non-flushable or grindable items (in garbage disposals) to ensure a stoppage-free sewer system.

WIPES, page 22



Donna Gambol

Carefree Highway, featuring Mike Simpson of Mutual 6 and Jim Nau, performed a free concert on the large greenbelt near 1410 Oakmont Road on Feb. 26 to a crowd of people who relaxed in lounge chairs and sipped beverages as they listened. The band played easy-listening hits from the '50s, '60s and '70s.

PROTECT LW PIPES

Sewer clogs due to single-use wipes are a national problem

Single-use wet wipes have gained popularity in recent years, with sales fueled by the pandemic. Many of these products are marketed as flushable, but the majority of brands do not break down after being flushed, spurring utilities to urge customers to ignore “flushable” labels on the premoistened wipes.

Wipes can catch on tree roots and trap fats, oils and grease to become large obstructions in pipes. Further down the line, they weave together and create giant rags, called fatbergs, that get stuck in pumps, collection systems and motors, which cause backups and equipment failures.

This problem has become a national one as disposable wet wipe products become more widely available and used.

For example:

- At WSSC Water, which serves 1.8 million residents in the Maryland suburbs, workers at its largest wastewater pumping station removed about 700 tons of wipes last year, a 100-ton jump over 2019, according to a April 23 Washington Post story headlined “A nasty pandemic problem: More flushed wipes are clogging pipes, sending sewage into homes.”

- In Charleston, S.C., the water utility saw a 44 percent rise in the 2020 cost to prevent and clear wipe-related blockages. Wipe-catching screens that used to need cleaning once a week are requiring it three times a week, according to the Post story.

According to the Association of the Nonwoven Fabrics Industry, Kimberly-Clark, maker of Cottonelle wipes, which are labeled “flushable,” was sued by the Charleston, S.C., water management system in April. The suit contended that the wipes caused costly blockages and fatbergs. The lawsuit alleged that the wipes manufacturer and others, including Procter & Gamble and retailers like Costco Wholesale, CVS Health, Walgreens and Target, sold so-called “flushable” products that failed to disintegrate like toilet paper as labeled on their product. Though not admitting any

PIPES, page 4

SB POLICE

Catalytic converter event is March 13

The Seal Beach Police Department will host a catalytic converter etching event on Sunday, March 13, between 8 a.m.-noon. SBPD is partnering with Automotive Excellence to help protect the community and prevent thefts of catalytic converters. Thefts have been trending throughout Southern California, including the City of Seal Beach.

Catalytic converters are not serialized, making it difficult to trace the part back to its original owner. Without a victim, it becomes difficult to prosecute the criminals responsible for the thefts.

With the help of Automotive Excellence technicians, vehicles’ license plate numbers will be etched onto catalytic converters. This will help law enforcement trace stolen parts back to the original owners.

Automotive Excellence will provide this service at no cost to the community.

The service will be provided on a first-come, first-served basis.

—from the SBPD

I-405 from page 1

on April 13. The ramp closure was extended due to unforeseen site conditions, to address complexities with traffic staging and to accommodate the freeway widening.

The ramp is anticipated to reopen in the spring.

SB I-405 Goldenwest Street On-Ramp and Bolsa Avenue Off-Ramp to Close

Crews will close the southbound I-405 loop off-ramp to Bolsa Avenue and the southbound I-405 loop on-ramp from Goldenwest Street to accommodate the freeway widening.

The southbound I-405 loop off-ramp to Bolsa is anticipated to close soon for approximately two months.

The southbound I-405 loop on-ramp from Goldenwest is also anticipated to close in mid-March for approximately four months.

For more information, visit <http://octa.net>. Sign up for project-wide and bridge-specific construction alerts at bit.ly/405-signup.

Celebrating LW Centenarians

This is one story in an occasional series profiling some of LW’s most long-lived residents, those who have reached the enviable age of 100 years or more. The series is running in connection with the Golden Age Foundation centenarian event on April 20, which will celebrate these milestones. In most cases, a family member or friend has written the stories.

Mark Glickman celebrates 100

by Joanna Matos
LW contributor

Mark Glickman of Mutual 2 is living proof that he is part of the Greatest Generation, men and women who served their country and lived through World War II.

Mark served in the Army detached 20th Air Force.

He doesn’t talk about birthdays; rather he acknowledges his experiences because life is too short, and he is too busy singing and dancing.

Born in the Chicago area, he came from a poor family. He laughs as he tells the story of working for the city as a teenager for 19 cents an hour. His job was to put glue on large sheets that were then cut into tiny squares, which became windshield stickers for automobile licenses.

Another unusual job he had was working at the Wall Street Journal’s print department.



Mark Glickman

Mark learned to read music and play the piano from a friend in the Ben Bullocks band. He played at all the hotels in Santa Monica. He trained at the Veloz and Yolanda dance studio in Los Angeles and became a Fred Astaire studio dance instructor, teaching rumba, cha-cha, tango and waltz for many years.

During his working life, Mark owned a Culver City nightclub, a beer bar in Los Angeles and an appliance store in Long Beach. He came to Leisure World in 1988 and has been a Mutual 2 building captain ever since.

A special highlight was when he won the Orange County Senior Music contest with an authentic singing rendition of Maurice Chevalier.

Mark, whose stage name is Mark Gilbert, had a sparkle in his eye when he perfectly sang the French song, unaccompanied, to this writer.

Happy centenarian birthday this year to Mark, who always has music in his heart.

Fax Service Returns to LW Library

The LW Library is happy to announce that its fax service has been restored after a brief hiatus. Prices remain the same, \$1 per page to send a fax domestically, \$3 per page to send a fax internationally and 50 cents per page to receive a fax.

To receive a fax via the library service, residents should ask the sender to include their name and phone number on the fax and provide the sender with the library’s fax number, (562) 431-4143.

The library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. Faxes are not sent past 3:15 p.m. to allow time for closing procedures.

Faxes can be received by the machine 24 hours a day, seven days a week but only picked up during regular hours of operation. For more information, call the library at (562) 598-2431.

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1. Gregg RH II, Gregg DM. Laser-assisted periodontal regeneration with the LANAP protocol. Dent Today 2019 May;38(5):78, 80-83
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CSULB Tax Assistance

College of Business students from California State University, Long Beach, are providing free in-person tax preparation assistance to families who make \$58,000 or less, low-income students, elderly, non-residents and individuals with limited English proficiency.

All volunteer students are certified by the IRS.

The free service is part of the Volunteer Income Tax Assistance clinic (VITA), an IRS-sponsored program. Last year student-volunteers filed state and federal tax returns

during virtual interviews that resulted in more than \$700,000 in refunds.

“VITA is win-win for our students and the community,” said Professor Sudha Krishnan, faculty advisor for VITA. “The students get hands-on experience while also helping those in the community who often do not have the disposable income to pay for a professional tax preparer.”

The service offers both walk-in and drop-off services, and no appointment is necessary. All VITA clients must complete a COVID-19 pre-screening form before coming to campus and must receive a green checkmark. Walk-ins and those dropping off documents should go to room 243 in the College of Business Building.

The hours of service are Monday-Thursday from 10 a.m.-8 p.m. and Friday from 9 a.m.-3 p.m.

A special in-person Tax Day will be held March 12 from 10 a.m.-3 p.m. that will also include

TAX, page 23

SEAL BEACH/OCFA

LWers honored for life-saving actions during a fire Jan. 14

The Orange County Fire Authority (OCFA) and the City of Seal Beach honored Mutual 1 residents Jeong Kim and Willie Boudevin on Feb. 28 for their lifesaving efforts on behalf of a neighbor whose unit caught fire on Jan. 14.

Seal Beach Mayor Joe Kalmick formally thanked both men on behalf of Seal Beach, saying the outcome could have been far more devastating if not for Kim and Boudevin’s heroic actions.

He praised them for their dedication and presented both with a plaque from the city.

The men were honored at the Feb. 28 meeting of the Seal Beach Council.

In addition to the plaques, they were given the highest and second highest civilian honors that the Orange County Fire Authority (OCFA) bestows for their actions during the fire.

On Jan. 14 at about 1:38 p.m., Boudevin and Kim saw smoke coming from a neighbor’s



OCFA Division Chief Ron Roberts (l) honored Willie Boudevin (r) and Jeong Kim, both of Mutual 1, for heroism in connection with a Jan. 14 fire in Leisure World.

windows, and they could see flames inside. The men sprang into action with no regard for their own safety.

Kim entered the residence

to rescue his neighbor, and Boudevin found a garden hose and stayed in the hot and smoke-filled patio directing

HONOR, page 23

Pool Progress

The pool renovation is rapidly progressing as opening day nears.

Crews are continuing to install pool equipment in the mechanical room.

Tile walls are completely grouted.

The flooring contractor will start installing epoxy flooring this week.

Physical Property is still working with SCE to energize the transformer.

The pool has been closed since November 2019, when potentially catastrophic defects were uncovered in the 1960s-era facility.

The project that started as a simple remodel soon morphed into a full-blown reconstruction.

The project coincided with the coronavirus epidemic, which has delayed construction, parts procurement and other facets of the job.

The facility will have a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a spacious lounge area. A grand opening is being planned.

Tax Forms offered at LW Library

IRS 1040 Forms and California 540 tax booklets are now available for pick up at the Leisure World Library

Library staffers are not tax professionals and cannot offer any advice or help on tax preparation.

The library is open Monday through Saturday from 9:30 a.m. to 3:30 p.m.

OLLI Spring Registration

Spring registration for Osher Lifelong Learning Institute (OLLI) educational programs starts on March 7; classes start April 4.

Classes will be held on campus at California State University, Long Beach, at several community satellite locations and online with Zoom.

The annual OLLI membership fee is \$40, and classes are \$15 each per each eight-week session.

Join hundreds of others, aged 50 and over, who already

OLLI, page 4

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PERSPECTIVES

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant reviews, theater reviews or travel journal submissions are welcome, subject to terms and conditions in the policy, unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

Writing Tips

Submission Guidelines:

- Do not type articles in all capital letters or use bold, italics or underlines.
- Do not use multiple tabs, spaces or other format alterations. (All articles are edited and reformatted in accordance with news style.)
- Double check dates and names for accuracy. This is the contributor's responsibility.
- Email articles *after* everyone in your group has proofread it.
- If making a correction after sending the article, bold or change the font color to point out the exact change in the article.

Setting It Straight

The Copy & Supply Center requires a hard copy of documents to be duplicated for residents. Copies@lwsb.com is only for Mutual directors who use the facility to copy meeting agendas and other official business.

PIPES from page 2

wrongdoing, Kimberly-Clark reached a proposed settlement with the Charleston water management system, which was submitted to the federal court in South Carolina, promising to undergo two years of testing, manufacturing improvements and better labeling. The company contends that its Cottonelle wipes pass “widely accepted flushability specifications” and are tested with plumbers.

• In the Detroit area, one pumping station averaged about 4,000 pounds of wipes collected weekly after the pandemic started, four times as much as before.

• In the Seattle area, workers remove wipes from pipes and pumps around the clock and are now finding used masks with increasing regularity.

On Oct. 6, Gov. Gavin Newsom signed into law Assembly Bill 818, making California the fourth state to require “Do Not Flush” labeling on non-flushable wipes. Similar laws have been enacted in Washington, Oregon and Illinois, with additional bills pending in Massachusetts and Minnesota.

Like the other state laws, California’s law avoids the contentious issue of setting flushability standards for wipes that are designed to be flushed, focusing instead on the important “Do Not Flush” labeling that provides consumers with a clear message that these types of wipes should not be flushed.

In addition, the federal Wastewater Infrastructure Pollution Prevention and Environmental Safety Act (WIPPES) was introduced on July 21 by Reps. Lowenthal (D-CA) and McClain (R-MI). This bill would direct the Federal Trade Commission, in consultation with U.S. EPA, to issue regulations requiring wipes manufacturers to include “Do Not Flush” labeling on non-flushable wet wipes packaging. Another federal bill setting flushability requirements for wipes labeled “flushable” is also expected to be introduced soon.

The California Association of Sanitation Agencies (CASA) and the National Stewardship Action Council worked on the wipes legislation. According to CASA, it is estimated that North American businesses and households spent about \$2.5 billion on personal wipes in 2019, and that number is climbing.

The Association of the Nonwoven Fabrics Industry has reported that sales of disinfecting and flushable wipes are up about 30 percent and expected to remain strong.

There are no reliable statistics about how many wipes are flushed down toilets across the U.S., but there are hundreds of reports each year of clogged household plumbing and costly damage to public sewer systems and treatment plants caused by wipes when they are flushed.

The safest way to keep LW’s pipes clear is to flush only toilet paper.

Remember When

The Leisure World Historical Society, a 501(c) 3 educational foundation, is dedicated to preserving the history of Leisure World, which is celebrating 60 years this year. Historical Society President Margaret Gillon has chronicled highlights in this weekly column. People are welcome to visit, volunteer for or donate memorabilia to the Historical Society, which is open every Thursday from 2-4 p.m. in Clubhouse 1. For more information, log on to LWHistory.org or SealBeachLeisureWorldHistory.org.

• March 6, 1969—Survey Results

A recent survey showed that in 1968, an average of 1,154 persons used the Leisure World clubhouses each day.

The highest monthly usage was in November. This was prior to Clubhouse 4 being built.

• March 7, 1968—Lawn Bowlers

The picture’s caption was “Sidewalk Superintendents,” and the caption explained that the Lawn Bowling Club was watching the construction of a new games chairman room adjacent to the El Dorado Clubhouse.

The new building was part of several improvements to lawn bowling facilities that had been approved.

• March 8, 1979—St. Theos Church Celebration

The picture showed members of St. Theodore of Canterbury Episcopal Church flipping flapjacks. More than 800 pancakes were served to 250 Leisure Worlders.

The event was held to mark Shrove Tuesday.

• March 9, 1967—LW’s Globe Logo Unveiled

The Leisure World emblem that we all recognize was first used on this date. This is the emblem that says Seal Beach Leisure World and has a picture

OLLI from page 3

enjoy the benefits of the Osher Lifelong Learning Institute.

There are dozens of classes with wide-ranging topics including Yoga with Jean Marie, Memoir Writing: A Novel Approach: Shoot and Edit Videos; Mindful Flexibility Practice; Writing for Wellness; Current and International Events and Issues; Yeats & Cummings; Apps and Social Media; and Movie Matinee: International films.

Among the new classes are Capitalism in China; Sweden: Culture, Contradictions and Conundrums; Slaughterhouse: Russo-German War; and Culture of Oceania.

The Sun, which is OLLI’s publication for class schedules and registration instructions, is available online at www.csulb.edu/olli.

For more information, call the OLLI office at (562) 985-8237.

of the globe. It is used on the side of all vehicles and equipment.

• March 10, 1966—Clean Air

Clean air over Leisure World was soon to be a reality. A representative of Orange County Air Pollution Control stated that it would only be 13 more months until the Haynes Steam Plant switched to natural gas, eliminating smog-producing fuel.

• March 11, 1965—LW Tours Bring Praise

“Maybe someday we will see a Leisure World in Tokyo.” These were the parting words of Japanese officials who toured Leisure World as part of a visit sponsored by the U.S. Department of Health, Education and Welfare. It was said that Leisure World had the most complete facilities of any similar community visited.

• March 11, 1976—Whirlers Wow Cruise Ship Passengers

A large group of Leisure World Whirlers returned from a two-week Caribbean Cruise aboard the Royal Viking Star. “It was a most happy cruise for the square dancers who made quite a hit with the ship’s passengers when, dressed in their pretties, they took part in Americana night and received tremendous applause.”

• March 12, 1970—KEO and Garden Club Sponsor Ball

The Know Each Other (KEO) and the Garden clubs

sponsored a coronation ball for the new Miss Seal Beach.

The joint venture turned Clubhouse 2 into a garden for the evening.

• March 13, 1980—Alpha Beta

The Alpha Beta Market located in the Leisure World Shopping Center since 1962 announced that it had been sold. The reason for the sale was lack of room for expansion.

• March 14, 1968—Beverly Manor

Groundbreaking was announced for the new Beverly Manor Convalescent Home on what is now North Gate Road. The home was to be built on a 4.78-acre site. It was designed with 195 beds in “garden” type rooms. Each room opened either onto the outside grounds or a landscaped intercourt.

• March 15, 1979—GAF

The Golden Age Foundation (GAF) donated a blood pressure machine to be used in the Health Care Center. The machine went into service on the first day of 1979. By March, over 400 people had used the machine.

• March 16, 1978—Mutual Value

The original mortgages taken out by the Mutuals totaled approximately \$80 million in 1964.

In 1978, the value of the Mutuals’ property had climbed to an estimated \$250 million.



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Leisure World Seal Beach



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Ruth Osborn, Managing Editor
(562) 431-6586, ext. 388
rutho_news@lwsb.com
Page One, General, Perspectives

Debbie Kim, Customer Service
(562) 431-6586, ext. 383
debbiek@lwsb.com
Classified Advertising, Reception

Katya Lukina, Editor, Graphics
(562) 431-6586, ext. 266
katyal@lwsb.com
Government

Laurie Bullock, Editor
(562) 431-6586, ext. 801
laurieb@lwsb.com
Religion, Community, Obituaries

Patty Marsters, Editor
(562) 431-6586, ext. 387
pattym@lwsb.com
Arts/Leisure, Health/Fitness

Stephen Bannon, Production
(562) 431-6586, ext. 392
stephenb_news@lwsb.com
Online/Vision Impaired Editions, IT, Pre-press

Malena Avila, Communications Coordinator
(562) 431-6586, ext. 279
malenaa@lwsb.com

Sylvia King, Advertising Sales
(562) 472-1274, sylviak@lwsb.com

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Mailing Address
P.O. Box 2338
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VOL 46, NO 8

GOVERNMENT

Presidents' Council Recap, March 3

The regular monthly meeting of the Presidents' Council was convened at 9:03 a.m. by President Jackie Dunagan on March 3 in Clubhouse 4 and via Zoom. The following is a recap of that meeting.

- The regular monthly meeting minutes of Feb. 3 were approved by the Council, as printed.
- SBPD Detective Bruno Balderrama was not present.
- The CEO of Refresh Wipes, Karl Roth, presented the product.
- Facilities Director Mark Weaver provided an update on community projects.
- Recreation Director Jesse

Cripps provided an introduction of his career background.

- IT Manager Marcelo Mario was not present.
- Mutual Administration Director Jodi Hopkins provided an update on Mutual Administration and Stock Transfer monthly reports.
- The presidents offered comments during the proceedings of the meeting.
- The president of the Presidents' Council provided comments during the proceedings of the meeting.

The next meeting of the Presidents' Council is scheduled for April 7 at 9 a.m. in Clubhouse 4 and via Zoom.

CALL FOR CANDIDATES

Mutual and GRF election cycle begins

Since 1962, Leisure World, Seal Beach, has operated with a united community spirit. There is no one more interested in their home, Mutual and community than LWers and their fellow shareholders. Only they can truly understand the value of the LW life and lifestyle and have the motivation to see their Mutual, as well as the entire community, prosper.

Being part of a Mutual or GRF Board places shareholders in the middle of the decision-making process, with their voice and opinions heard as they represent their fellow shareholders for a collective benefit.

Pride in community, patience and motivation to help others are very important qualities for running for a seat on their Mutual

or GRF Board. It is the strength of the vast and varied experience each director has, as well as the collective strength of the Board, that builds community and protects LW's lifestyle and homes. The skills and knowledge a person has compiled through the years will be put to good use; everyone has the ability to do and be the change for the benefit of all.

The duly elected Mutual and GRF Boards set into operation the day-to-day business of each mutual corporation and Trust property and all of its amenities. Directors address the issues of most importance to their electorate—that is, their fellow shareholders. Board directors find solutions to existing problems, large and small. It's not an

easy job; it takes time, effort and a willingness to donate a portion of everyday life to the community.

As a community of more than 9,000 highly qualified shareholders, there is so much expertise to offer. New ideas and perspectives are always needed, which means volunteers are needed. Everyone should consider becoming a candidate for a position on their Mutual or GRF Board of Directors.

The schedule below indicates the Mutuals' and GRF elections schedule. Deadlines to apply for candidacy vary. Anyone interested in or who has questions relating to becoming a candidate for his or her Mutual or GRF Board of Directors should contact the Stock Transfer Office at (562) 431-6586, ext. 346.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., March 10	Mutual 12 Conf. Rm A/virtual 9 a.m.
Fri., March 11	Mutual 3 Conf. Rm A/virtual 9 a.m.
Mon., March 14	Mutual 9 Conf. Rm A/virtual 9 a.m.
Tues., March 15	Mutual 14 Conf. Rm B/virtual 1 p.m.
Wed., March 16	Mutual 5 Conf. Rm B/virtual 9 a.m.
Wed., March 16	Mutual 7 Conf. Rm A/virtual 1 p.m.
Thurs., March 17	Mutual 2 Conf. Rm B/virtual 9 a.m.
Thurs., March 17	Mutual 11 Conf. Rm B/virtual 1:30 p.m.
Mon., March 21	Mutual 15 Conf. Rm A/virtual 1 p.m.
Wed., March 23	Mutual 10 Conf. Rm A/virtual 9 a.m.
Thurs., March 24	Mutual 1 Virtual 9 a.m.
Fri., March 25	Mutual 6 Conf. Rm A/virtual 10 a.m.
Mon., March 28	Mutual 8 (open forum, 9:15 a.m.) Conf. Rm A/virtual 9:30 a.m.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., March 10	Communication/IT Committee Conf. Rm A/virtual 1 p.m.
Fri., March 11	Architectural Design & Review Committee Conf. Rm B/virtual 10 a.m.
Fri., March 11	GRF Board Executive Session Conf. Rm A 1 p.m.
Mon., March 14	Mutual Administration Committee Conf. Rm A/virtual 1 p.m.
Wed., March 16	Strategic Planning Ad Hoc Committee Conf. Rm B/virtual 1 p.m.
Mon., March 21	Finance Committee Conf. Rm A/virtual 10 a.m.
Tues., March 22	GRF Board Meeting Clubhouse 4/virtual 10 a.m.
Fri., April 1	GRF Board Executive Session Conf. Rm A 10 a.m.

GRF Board Executive Session Agenda

- Friday, March 11, 1 p.m.**
Administration
Conference Room A
NOTE: This meeting is closed to Shareholders/Members per Civil Code §4935
1. Call to Order
 2. Roll Call
 3. Legal
 4. Contracts
 5. Pending and/or Litigation Updates
 6. Member Code of Conduct
 7. Personnel
 8. Adjournment

Street Sweeping

GRF trust streets are swept on the fourth Thursday of the month. Parked vehicles must be removed from trust streets before midnight the night before. Contact Mutual directors to find out when your carports are scheduled for sweeping.

Community Guide White Pages

Resident names and phone numbers are not automatically placed in the LW Community Guide's White Pages. To be included, shareholders may submit their information to LW Weekly by filling out the form on page 55 in the white pages of the 2021 Community Guide or available at the LW Weekly office, then returning it to the LW Weekly Office or by emailing pattym@lwsb.com.

Those whose information may have changed since the 2021 edition of the White Pages may also submit new information via email.

Resident names are deleted from the White Pages by request or after LW Weekly receives a report of sale and escrow closing from the Stock Transfer Office. Anyone who moves within LW may be deleted unless a form with the new address is submitted to LW Weekly.

Residents who think they know a name that should be removed may notify LW Weekly via email at pattym@lwsb.com.

Comments/Questions at Meetings

The Open Meeting Act allows boards of directors to establish reasonable time limits for the open forum and for speakers to address the board. (Civ. Code §4925(b).)

Time limits per speaker are four minutes per speaker for 15 or fewer speakers; three minutes per speaker for 16-25 speakers; and two minutes per speaker, more than 26 speakers

To address the GRF Board of Directors, submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, Attention: Executive Coordinator, no later than 4:30 p.m. on the Friday prior to the meeting.

You may also drop off your question/comment at the Stock Transfer Office, Attention: Executive Coordinator, or email your question/comment to grfboardaction@lwsb.com.

News Deadlines

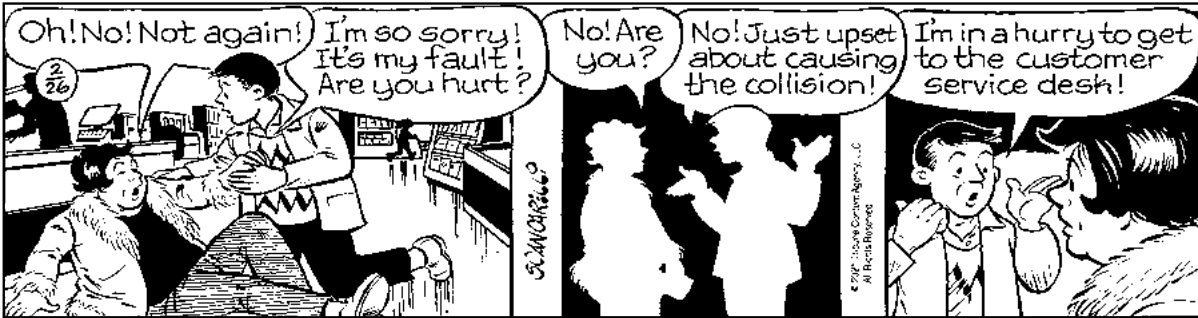
The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

Puzzles & Comics

Answers on page 22

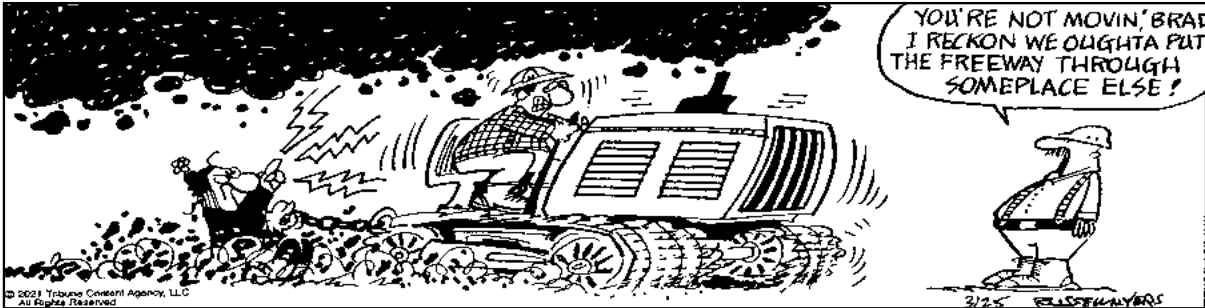
Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dumagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"JUST DESSERTS"
By MARYELLEN UTHLAUT

ACROSS

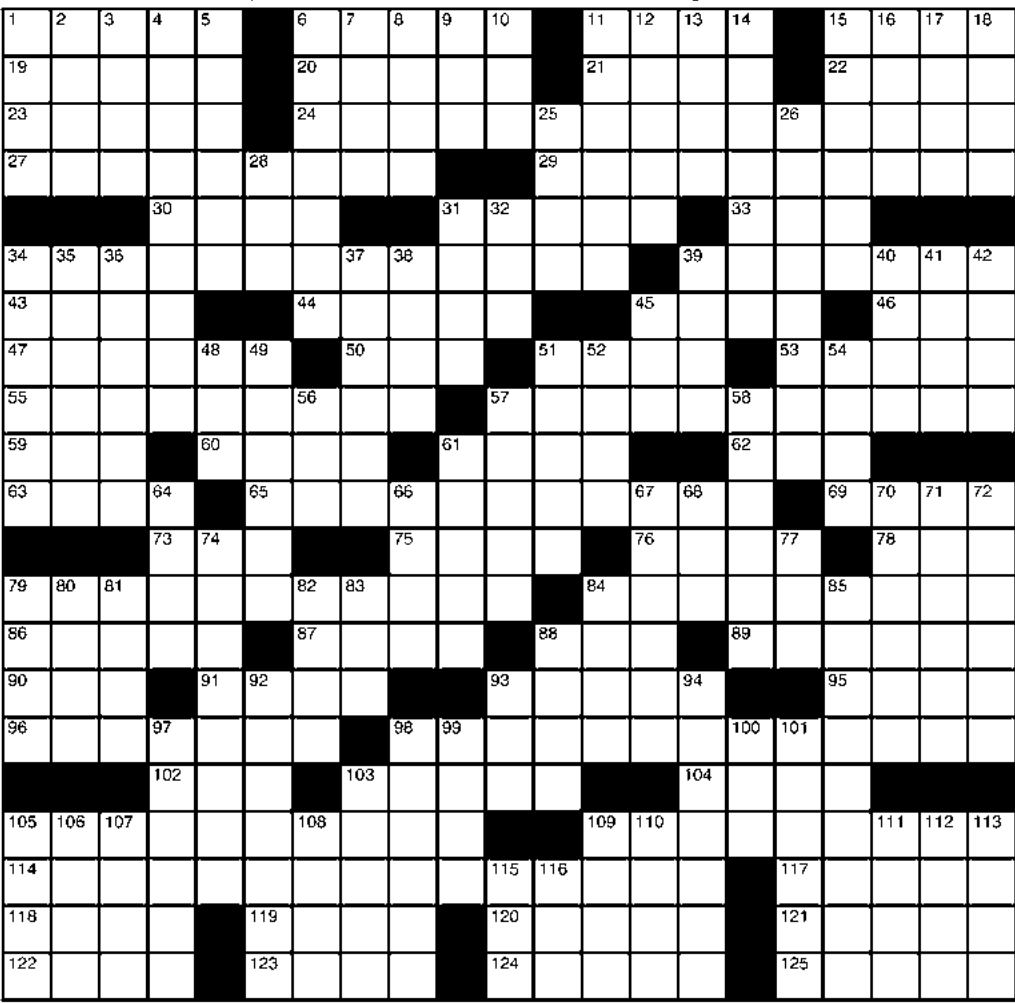
- 1 Cause friction
6 70-year-old morning show
11 Small, deadly snakes
15 Actor's goal
19 One way to gain access
20 Northern California town that once had a palindromic bakery
21 First thing lost in the "For Want of a Nail" proverb
22 Many a solo
23 Air raid signal, e.g.
24 *Fruity dish that imparts a healthy glow?
27 Significant Civil War concern
29 Run-throughs
30 Buzzers
31 Nuisances
33 Ball-bearing peg
34 *Blended drinks that leave something to be desired?
39 Resort area attractions
43 Certain something
44 River to the English Channel
45 Online message
46 Used (up)
47 Music : verse :: poetry : ____
50 Rule, briefly
51 Indecent matter
53 Bring upon oneself
55 Casually shod
57 *Shortbread that doesn't crumble under pressure?
59 Shell-covered edible
60 Small valley
61 Tastes
62 Canada's most populous prov.
63 Snorkeling spot
65 *Pastry that doesn't live up to its hype?
69 Disney souvenir feature
73 Airport abbr.
75 Buds
76 Long, long time
78 Magna laude
79 *Slice that's easy to make?
84 "What's done is done," e. g.

- 86 Implanted
87 Rich deposit
88 ____ constrictor
89 Cookware
90 Flock female
91 End of many a hammer
93 Kuhling of "Chicago Med"
95 For fear that
96 Thigh-length outer garment
98 *Triangular confections that are a credit to their baker?
102 Tolkien creature
103 Is right for the
104 "The ____ Must Be Crazy": 1980 comedy film
105 Thin-sliced, browned bread
109 Turkey choice
114 *Dish that's a metaphor for life?
117 Authority
118 Sauna covering
119 Many a retired racehorse

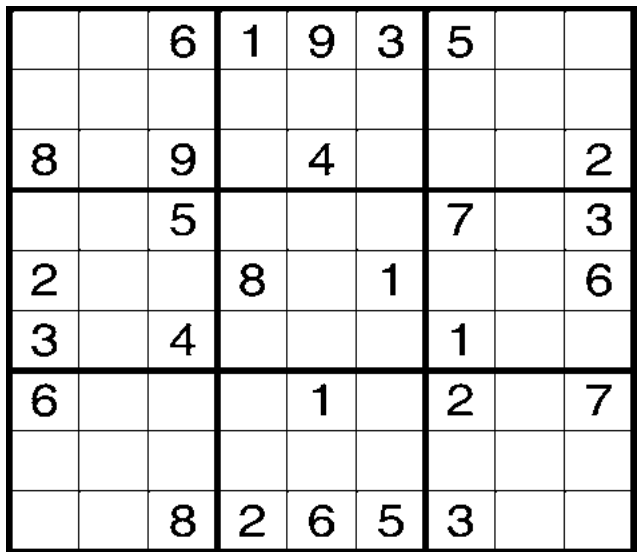
- 120 Off-the-wall
121 Draco Malfoy's trademark expression
122 It opens many doors
123 H-shaped letters
124 Cultural character
125 Test, as ore

DOWN

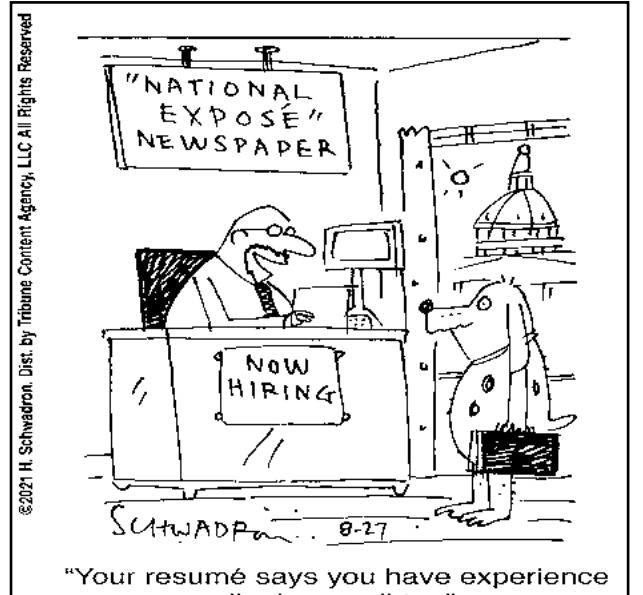
- 1 Dressed
2 Flagstick holder
3 Periods with names
4 Agitator
5 Menu listing
6 Keyboard pros
7 After-sandwich sandwich
8 Campus leader
9 Westminster show org.
10 "Boo-____!": cry of celebration
11 Balance sheet heading
12 Persian rulers
13 Cornmeal product
14 Tranquillizes
15 About 3.26 light-years
16 Space
17 Omani money
18 Alternatives to mortarboards
25 Gaelic tongue
26 First act?
28 Leaves in a cup
31 Twinge
32 Barely make, with "out"
34 Sadat's predecessor
35 Service break?
36 Farm
37 Calm
38 Hastened
39 Joni Mitchell's "____ Sides Now"
40 Break-in, nowadays
41 Needle case
42 Dried-up
45 Pooch with a turned-up nose
48 Zig counterpart
49 Star NFL player
51 Juniors-to-be
52 Calliope, for one
54 Memorandum
56 Welcoming wreath
57 Words on a spine
58 Acme cactus costume wearer
61 Crawling reptile
64 "Mirror of the mind": St. Jerome
66 Air 2 or Pro
67 Deli hanger
68 New Zealand parrot
70 Insight
71 Least courteous
72 Refines, as ore
74 Gemstone from the sea
77 Dianist Anais
79 Tiny time meas.
80 Field of Dreams home
81 Pitcher sans arms
82 Word with panel or screen
83 Holy animal?
84 Often blocked online lewdness
85 Magic charms
88 Archery items
92 Source of intolerance
93 "Just kidding!"
94 Sponsorships
97 Spider's network
98 Things beaten in searches, with "the"
99 Baptism, for one
100 Lobster catcher
101 Texas or Ukraine city
103 Pelvic bones
105 Work on papers
106 "... the ____-coloured ink": Shak.
107 Mexican wolf
108 "What ____?"
109 In the company of
110 Often-shared sandwich
111 Contacts can help them
112 Having set sail
113 Whig rival
115 ____ v. Wade
116 Well-worn track



Sudoku 1

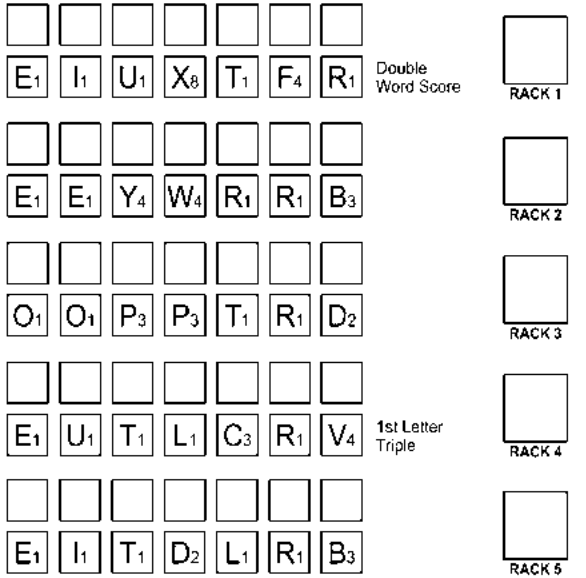


9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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PAR SCORE 265-275
BEST SCORE 339

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

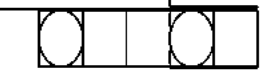
THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

COLEL



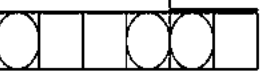
SRIQV



REEFTR



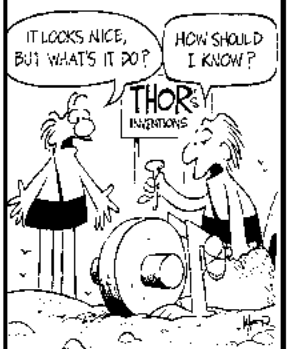
WUDINN



Answer here:



Today's Guest JUMBLER is
Mason Mastroianni
B.C. Cartoonist



WHEN THOR INVENTED THE WHEEL, HE STARTED A ---


Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

I am an actor born in New York on March 6, 1946. Although I had a famous role on a popular TV series, I am best known for my work as a tough-as-nails Karate sensei, a role I recently reprised in a Netflix reboot.

	2		5		6	9	3	
1			2			8		
3				9		4		7
	1	7	6	2				
	5		8					4
			9	7				
		2				1		6
5	4			6	1			
	3				2	5		9

Puzzles & Comics

Answers on page 22



Boggle®
Brain Busters!

By David L. Hoyt and Jeff Knurek

B	U	P	H
W	O	I	S
G	O	K	E
A	C	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE	YOUR BOGGLE RATING
3 letters = 1 point	151+ = Champ
4 letters = 2 points	101-150 = Expert
5 letters = 3 points	61-100 = Pro
6 letters = 4 points	31-60 = Gamer
7 letters = 6 points	21-30 = Rookie
8 letters = 10 points	11-20 = Amateur
9+ letters = 15 points	0-10 = Try again

E	C	T	M	N
R	E	A	S	P
L	H	T	N	P
P	O	I	A	M
U	B	D	R	C

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST SIX SEVEN-LETTER MAMMALS in the grid of letters.

8-11-19

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I	E	N	H	D	H	H	L	E	S	A	L	Q	O	M	L	E	A	E	E
L	A	A	Y	S	E	V	H	I	D	Q	S	A	D	I	V	H	H	C	T
G	A	T	Y	L	E	A	R	D	R	U	M	D	O	I	D	E	A	F	A
H	O	R	V	I	O	P	F	F	G	Q	I	F	T	I	P	S	N	V	R
E	Q	S	U	E	Y	S	Y	N	V	Q	Y	C	T	N	T	U	O	L	E
Y	V	E	T	A	D	H	S	R	Y	Q	D	O	A	U	O	D	A	A	D
E	H	H	Q	V	N	D	R	E	U	Y	Y	M	Y	E	P	E	H	T	O
Y	H	T	V	A	L	P	R	R	N	U	R	N	O	I	V	N	H	I	M
D	D	N	A	I	P	O	C	O	G	D	F	S	S	O	A	A	A	N	D
R	N	Y	O	C	P	I	Q	O	D	F	C	M	H	R	H	N	R	I	O
C	U	C	A	T	O	E	U	L	S	C	U	S	Q	Q	E	U	U	N	E
C	O	R	A	N	I	A	H	E	O	N	C	M	I	U	Q	I	T	G	Y
R	F	F	C	O	E	A	U	C	V	E	L	N	Q	Q	I	C	O	P	I
Q	O	G	A	S	O	O	H	E	A	D	G	S	V	M	C	R	C	N	N
O	R	V	U	G	E	M	U	M	N	E	S	C	F	I	F	E	G	A	A
E	P	T	I	A	S	A	R	A	E	I	U	A	V	L	N	N	C	E	O
S	R	P	M	S	V	I	C	I	S	T	O	Q	P	D	M	M	R	S	S
R	P	C	O	C	M	T	Y	O	P	S	E	N	M	E	V	O	A	G	G
A	L	D	P	I	V	C	N	S	H	I	G	M	F	P	M	M	T	O	Y
E	D	O	T	E	D	P	R	O	S	R	E	S	Q	O	V	E	N	E	D
T	A	R	E	A	N	T	E	L	D	F	C	M	I	U	C	I	G	M	O
R	E	D	O	M	D	Y	P	I	N	N	A	E	O	S	G	C	R	U	A
E	T	A	R	E	D	O	M	D	Y	P	I	N	N	A	E	O	S	G	G

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ACQUIRED
AUDITORY
CANAL
COCHLEA
CONDUCTIVE
CONGENITAL
DEAF
EAR
EARDRUM
HEARING
INNER
LOSS
MIDDLE
MILD
MODERATE
NEUROPATHY
OSSICLES
OUTER
PINNA
PROFOUND
PROGRESSIVE
SENSORINEURAL
SEVERE
SUDDEN



RELIGION

Faith Christian Assembly

Long before he become a holiday icon, Maewyn Succat, or St. Patrick as he is known today, was full of missionary zeal and passionately faithful to share his Christian faith with the people of Ireland. His ministry lasted 29 years, and during this time, he baptized over 100,000 people and planted 300 churches. Legend has it that Patrick used the three-leaved shamrock to explain the Holy Trinity to the Irish. This is a far cry from how St. Patrick's Day is celebrated today and a reminder of how people can lose sight of truth. Everyday cares and concerns, both small and large, can cause people to take their focus off the Heavenly Father. In these circumstances, people can end up feeling anxious and worried. Faith Christian Assembly knows how important it is to gather together to lift one another up and remember to focus the truth of the savior. People are

invited to attend one or both of the Sunday services available at 10:30 a.m. and 5:30 p.m. The verse for this week is Philippians 4:6-7, "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus." The portion of St. Patrick's prayer Faith Christian Assembly wants people to focus on is below: "Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit down, Christ when I arise,

Christ in the heart of every man who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me. I arise today Through a mighty strength, the invocation of the Trinity, Through belief in the Three-ness, Through confession of the Oneness of the Creator of creation." Sunday's pre-service prayer begins at 5 p.m. The Wednesday morning Bible Study taught by Pastor Sheri Leming is at 11 a.m. Call the church for the most updated schedule information. To receive a free newsletter and more information, contact the church by calling (562) 598-9010, emailing contact@fca-church.net, or visiting www.FCAchurch.net.



Pastor Johan Dodge administered ashes during Community Church's Ash Wednesday service.

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors. People are welcome to join First Christian Church as it worships and explores God's word.

The Message

In 1 Thessalonians 4:15-17, the apostle Paul writes, "For this we say to you by the word of the Lord, that we who are alive and remain until the coming of the Lord will by no means precede those who are asleep (dead), for the Lord himself will descend from heaven with a shout, with the voice of an archangel, and with the trumpet of God. And the dead in Christ will rise first. Then we who are alive and remain shall be caught up together

with them (believers who died) in the clouds to meet the Lord in the air. And, thus, we shall always be with the Lord." This is Jesus fulfilling the promise he made in John 14:2-3, "In my father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare for you, I will come again and receive you to myself; that where I am you may be also." This is nothing less than the "blessed hope and glorious appearing of our great God and savior Jesus Christ" (Titus 2:13). **Weekend Services** Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano. This Sunday, the church choir will sing the hymn

"Heaven Came Down" under the direction of Janet Ray. Saturday services, from 9:20-10:45 a.m., are more contemporary, with Gregory Black leading in worship with guitar accompaniment. Friday evening prayer and study meetings are from 6-7 p.m. **Mid-Week Studies** Pastor Gary Whitlatch leads the Bible study held on Tuesdays from 9:30-10:30 a.m. Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m. Friday's prayer and Bible Study, led by Pastor Bruce Humes, is held from 6-7 p.m. All Leisure World residents are welcome to attend. **Scripture of the Week** Prior to Christ's crucifixion, he was brought before Pilate, the ruler of Jerusalem, to be punished for his crime of claiming to be a king. Pilate asked Jesus, "Are you the king of the Jews?" Jesus answered, "My kingdom is not of this world. If my kingdom were of this world, then my servants would be fighting so that I would not be handed over to the Jews; but as it is, my kingdom is not of this realm." Pilate said to him, "So you are a king?" Jesus answered, "You say correctly that I am a king. For this I have been born, and for this I have come into the world, to testify to the truth. Everyone who is of the truth hears my voice" (John 19:33-37; NASB).

Announcements

Those who need to speak to someone at the church or have a need can call (562) 431-8810 and leave a message.

Community Church

Community Church is now conducting in-person services, and will continue to follow health and safety guidelines. Worship via Zoom and Facebook will continue for those who are not comfortable attending in person. This week, Community Church will look at Luke 13:31-35 with a sermon titled "Bugs, Pests and Crop Killers." Everyone has experienced barriers to growth in their life. The season of Lent is a time of inward reflection and outward growth focused on how believers can make the world a more loving place. Community Church calls it the "Kin-Dom" of God. Whether a person has joined services virtually, in-person or is attending for the first time, Community Church welcomes all people. Pastor Johan Dodge will lead a five-week Lenten study titled, "In the Presence of Jesus: A 40-Day Guide to the Intimacy with God You've Always Wanted," by Paul Bane and Matt Litton, on Thursdays, March 10-April 7, at 1 p.m. The book is available on Amazon, but it is not necessary to participate. Contact the church office at (562) 431-2503 to register. Community Church is on Facebook for livestreamed worship @communitychurchleisureworld. Those who don't have Facebook can join via Zoom by calling the church office or email leisurewccsue@yahoo.com. As always, those who are in need without another way to address it, can call the church office to leave a message at (562) 431-2503.

Beit HaLev

Services for Beit HaLev have been suspended for a month. There will be an announcement in the LW Weekly the week before services resume. Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. It considers all religions holy and valid.

Redeemer Lutheran

In this time of uncertainty but great hope, Redeemer Lutheran's sermon title for this week is "Draw Close to God and Never Fear" on Sunday, March 13, at 10:30 a.m. Join Redeemer Lutheran in the sanctuary at 13564 St. Andrews Drive, across from the administration building, where ample parking is provided. On the second Sunday of the month, Redeemer Lutheran intentionally gathers non-perishable food for those in need. The congregation successfully gathered multiple cans of soup for its "SOUPerBowl Sunday" drive last month and is now collecting green cans of food such as vegetables to celebrate the bright green blades of spring as well as honor the shamrock of faith taught by St. Patrick, who will also be honored at Sunday's service. For more information about Redeemer Lutheran services or its outreach work, call (562) 598-8697.



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The LW Weekly
(562) 430-0534

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Assembly of God

Service/Gathering Times: Assembly of God meets Sunday at 10:30 a.m. in Clubhouse 3, Room 2. Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The Hymn Sing returns March 20 at 6 p.m. in the Clubhouse 3 Lobby.

This week's service: Michael Bogdan will speak at the Sunday morning worship service. Bogdan brings a fresh perspective to familiar Scripture. Denis Smith, accompanied by Normal Ballinger and Marge McDon-

ald, will sing traditional hymns during worship.

Bible Study: The new Bible study session is titled "Easter." In this five-week study, students will walk through the events leading up to Jesus' resurrection and gain new understanding of the most pivotal event in Christianity.

Contact: More information about Leisure World Assembly of God can be found at lwassemblyofgod.com.

Those who would like prayer,

personal contact from a pastor, or a DVD of the Sunday morning sermon can contact Pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck's sermons can be accessed on Facebook (Chuck Franco) and the Faith-life app under the group "Leisure World Assembly of God," where people can also give online.

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Mike Mymon on Friday, March 11, at 6:30 p.m. and Saturday, March 12, at 10 a.m. To receive a Zoom invitation, call or text Jeff Sacks at (714) 642-0122.

Congregation Sholom has boxes of 20 K-N95 masks for sale for \$18, which includes delivery. Call Murray Pollack at (562) 331-3949 to place an order.

Congregation Sholom will hold Purim services via Zoom on March 16 and 17. Plans are underway to hold a Passover Seder and dinner on the first night of Passover, April 15. Call Pollack at (562) 331-3949 for more information.

Those who are interested in becoming a member of Congregation Sholom can call Howard Brass at (714) 396-0121 to receive a membership packet.

Holy Family Catholic Church

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the Second Sunday of Lent on March 13.

Lent

• During Lent, the Stations of the Cross will be held at 11 a.m. outdoors on Fridays—weather permitting—followed by a fish fry lunch. Signups for the lunch are available after mass for a donation of \$10 per person. In addition, a mini Lenten retreat will be held

Friday, March 18, after the 8:30 a.m. Mass.

• Holy Family will hold a diaper drive for the Life Centers of Santa Ana. From now until Good Friday, April 15, diapers and various baby care products will be accepted for donation at the parish office or on the Our Lady of Guadalupe donation table.

Masses

To receive a copy of the weekly parish bulletin, signup at <https://bulletin.jspaluch.com>

or <https://www.jspaluch.com/Subscribe>. Visit the website for more information at www.holyfamilysb.com.

The church is operating on its regular Mass schedule. Father Joseph Son Nguyen suggests that people wear masks while inside the church. Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

LW Baptist

The apostle Peter's theme in the book of Acts in the New Testament regarding Jesus is "salvation is in no one else." LW Baptist will focus on that theme this Sunday, March 13 at 10 a.m. in Clubhouse 4.

In Acts 3, Jesus' power had just restored a man who was lame from birth and begging at the temple gate. The crowd saw the man walking, leaping and praising God, as Isaiah had prophesied 700 years earlier, then shall the lame leap like a deer, when Messiah comes. Peter cites the healing as proof that the God of Abraham, Isaac and Jacob had raised, lifted up and highly exalted his anointed servant Jesus. Peter calls the onlookers to personal faith in Jesus Christ, and the many who believed brought the church's number to 5,000 men alone, plus women and children.

The women's Bible study meets at 10 a.m. on Mondays in Clubhouse 3, Room 6. The Energizers group meets on Wednesdays at 3 p.m., in Clubhouse 3, Room 1.

For more information, call (562) 430-8598.

Religion Directory

Assembly of God

Sunday service, 10:30 a.m.
Clubhouse 3, Room 2
(562) 357-4360

LW Baptist Church

Sunday service, 9:45 a.m.
Clubhouse 4
(562) 430-2920

Beit HaLev

Friday, 6 p.m.
Saturday, 10:30 a.m.
Coffee Chavurah, Friday, 5:30 p.m.; Saturday, after service
Ma'ariv service, Monday-Thursday
Livestream on Zoom, YouTube, Facebook and simshalom.com

LW Community Church

Sunday worship, 9:50 a.m.
Call-in Sunday message, after 5:30 p.m.
Livestream available on Facebook and Zoom
14000 Church Place,
(562) 431-2503

Congregation Sholom

Friday service, 7 p.m.
Saturday service, 9:30 a.m.
Clubhouse 3, Room 9
Livestream and Zoom

Faith Christian Assembly

Sunday service, 10:30 a.m., 5 p.m.
Midweek Bible Study, Wednesday, 11 a.m.
Griefshare, Wednesday, 5:30 p.m.
13820 Seal Beach Blvd.,
(562) 598-9010

First Christian Church

Friday Prayer Meeting, 6 p.m.
Saturday Service, 9:30 a.m.
Sunday Service, 9:30 a.m.
Chapel on Northwood Road,
(562) 431-8810

Holy Family Catholic Church

Mass, Mon.-Sat., 8:30 a.m.
Saturday, 5 p.m.
Sunday, 8 a.m., 10 a.m., noon
13900 Church Place,
(562) 430-8170

Church of Jesus Christ of Latter-day Saints

Sacrament Mtg., Sunday, 9 a.m.
Sunday School, 1st and 3rd Sundays, 10 a.m.
Elders & Relief Society, 2nd and 4th Sundays, 10 a.m.
6500 E Atherton St., Long Beach
Livestream: <https://youtu.be/Qk24-vuAAi0>

Redeemer Lutheran

Outside service, Sunday, 9:30 a.m.
Sanctuary service, Sunday, 10:30 a.m.
13564 St. Andrews Drive,
(562) 430-8619

St. Theodore's Episcopal

Sunday service, 12:15 p.m.
13564 St. Andrews Drive

The religion directory provides the latest information about church services reopening. To submit updates email laurieb@lwsb.com.

Buddha Circle

The Buddha Circle will meet in Clubhouse 3, Room 3, on Saturday, April 9, with venerable Kusala Bhikshu, who is well known in the Buddhist community. He presents Buddhism in a simple way and teaches people how they can suffer less and become happier in their lives.

Buddha Circle is an interactive group, so those who attend are encouraged to ask questions and join the discussion.

Kusala will begin the session in a guided meditation.

Donations are welcome and will support Kusala in his teachings.

More information is available by calling (714) 468-6887 or visiting www.Kusala.org.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach.

The Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays, with Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Masks are still required for all meetings.

Members who are unable to attend Sacrament service in person can request to receive a link from Bishop Jonathan Brimley at (562) 716-8309 to watch the services.

The course of study this year is the Old Testament. This next week, March 14-20, the focus will be Genesis Chapters 42-50.

The Newport Temple is officially reopened as of March 8.

The World General Conference will be held April 2-3.

Christian Women's Fellowship & Bible Study

The Christian Women's Fellowship and Bible Study group will meet on March 13 and 28 in Clubhouse 3, Room 6, at 10 a.m. The group will discuss chapters 8 and 9 in the book "Loving God with All Your Heart."

All are welcome to attend. For more information, call Jean Davidson at (562) 431-0597 or Margie Singleton at (562) 594-8100.

We would like our patients to meet our new associate Dr. Taylor J. Sant

For those who do not have dental insurance, we offer new patients a \$35⁰⁰ exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

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Philip P. Nguyen,
D.D.S.,
ADA, CDA, OCDS
Over 20 years experience



Ella J. Chen,
D.D.S.,
ADA, CDA,
Over 10 years experience



Taylor J. Sant,
D.M.D.
Over 4 years experience

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LW News Deadline

The Leisure World Weekly office is closed to the public in an effort to slow the spread of COVID-19 in the community. Staff is working on-site and remotely to produce the LW Weekly. Editors can be reached by phone and email.

See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor.

COMMUNITY

SUNSHINE CLUB

Learn ways to improve balance

Megan Mar, a physical therapist from Complete Balance Solutions clinic, will speak about specialized physical therapy at the Sunshine Club's Zoom meeting on Friday, March 11, at 10 a.m.

All residents are welcome to join the meeting by going to <https://us02web.zoom.us/j/87427954280?pwd=dExQR2dDbIZSbUNkQlVoclhrajFhUT09>. The meeting ID is 874 2795 4280, and the passcode is 080651

Those who want the Zoom link via email should text their name, Mutual number and email address to (562) 301-5339 no later than today, March 10, at 5 p.m. (text only; no phone calls).

People who suffer from dizziness or loss of balance can benefit from specialized physical therapy. Mar specializes in vestibular issues and balance. Vestibular physical therapy can help alleviate and treat various types of dizziness, such as vertigo, disequilibrium, rocking and/or unsteadiness.

Mar will discuss different types of dizziness, common causes, as well as how vestibular physical therapy can treat these issues. People are often told by other healthcare professionals that nothing can be done for their dizziness, but Complete Balance Solutions has a passion for educating the community on how this can change.

Mar received her doctorate in physical therapy from Chapman University and furthered her education by attending advanced vestibular courses from the University of Pittsburg. She is certified in LSVT BIG to better treat patients with Parkinson's disease. She

SUNSHINE, page 12



Megan Mar



GAF President Anna Derby (center) received a donation of \$750 from LW Korean Community Church, presented by Pastor Jang Y. Yong (r) and Elder Henry Kim (l).

GAF

Church makes donation for centenarian event

The Golden Age Foundation (GAF) invites LWers who are turning 100 years old or older this year to sign up for a visit from GAF volunteers, who will give them a gift.

The centenarians' presence in the community are one of the many things that make Leisure World a great place to live. The GAF would like to acknowledge their special day by visiting their home and a special lunch giving them and a family member a gift bag and a smile from one of the GAF volunteers on Wednesday, April 2, between 11 a.m.-12:30 p.m.

The gift bag includes a cen-

tenarian certificate issued by the City of Seal Beach, a bouquet of flowers and a \$25 gift card from Sprouts. To sponsor the centenarian event, City of Seal Beach employees participated in a "Jean Thursday" event.

Leisure World Korean Community Church (LWKCC) also contributed to the event by donating the \$25 Sprouts gift card.

The GAF has paid for and will deliver a special lunch for two. Additionally, the GAF has been working with centenarians' family members to gather their loved ones stories. Their remarkable life stories will inspire neighbors and friends in LW.

Anyone who is interested in being a sponsor for the centenarian event can contact GAF President Anna Derby at (562) 301-5339 by March 31.

Those who are turning 100 years old or older this year and have not signed up for the centenarian event can call Derby to get on the list.

LWKCC has supported the GAF since it moved to Leisure World in 2017.

LWKCC holds Sunday worship every week at 11:50 a.m. in the main sanctuary. Services are at 6 a.m., Tuesdays-Saturdays.

For more information, visit www.GoldenAgefdn.org.



PAWS, CLAWS AND BEAKS

Meeting will be held March 16

The Paws, Claws and Beaks Club will meet on Wednesday, March 16, at 4 p.m. in Clubhouse 3, Room 9. The club invites members to bring healthy snacks to share at the meeting. All LW residents with pets are welcome to join.

During the meeting, there will be a brief photo presentation of the previous year's events.

Phil Mandeville will present on safety preparedness for pets. This information is crucial so residents can be prepared to take care of themselves and their pets when a disaster arises.

For more information, call (714) 930-5314 or (714)-423-8279.

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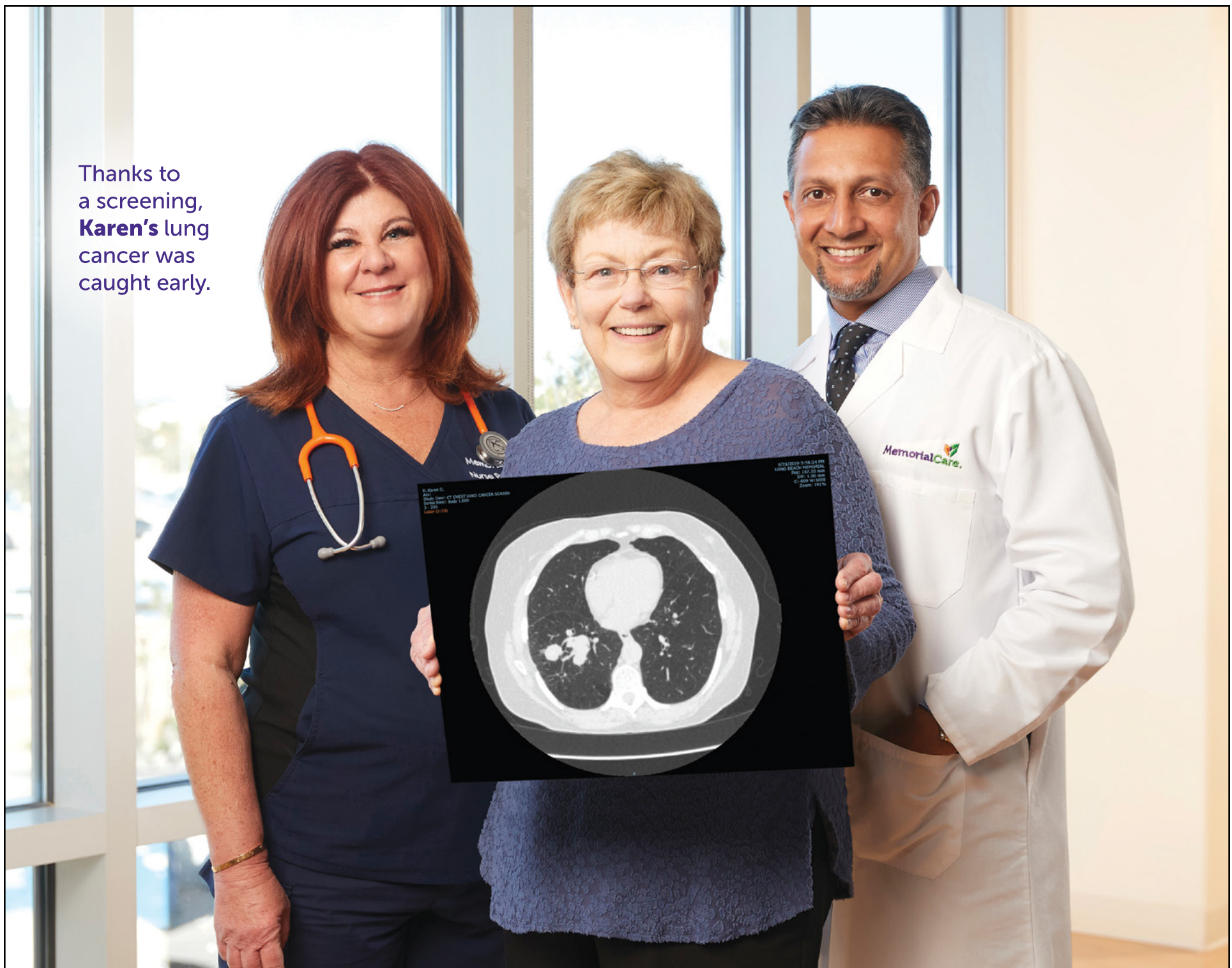
11 Week Class - 1:30 p.m.
Fridays, March 18 to May 27, 2022
Seal Beach Senior Center



Korean American Classical Music Academy will study Dvorak's Symphony No. 9, "from the New World," on March 10 in Clubhouse 2 from 9:30-11:30 a.m. For more information, contact Grace Kim at (562) 431-3039.

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cancer was
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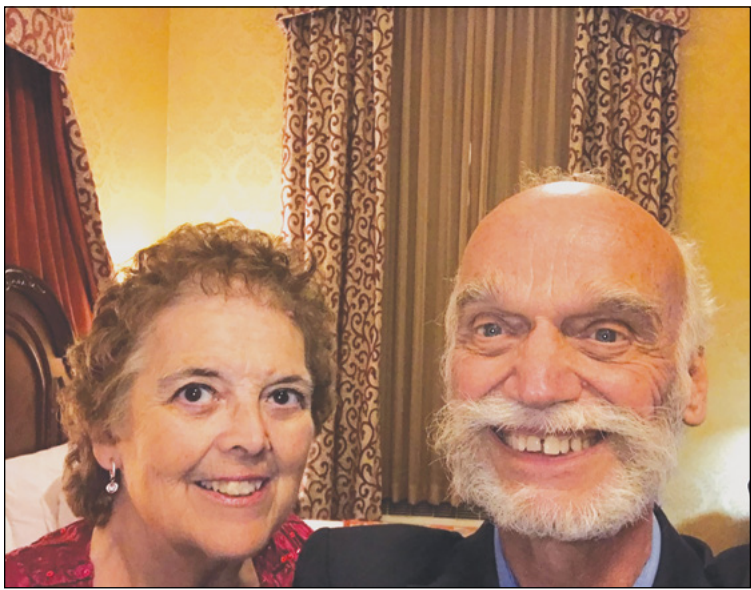
The earlier cancer is found, the more effective treatments can be. The MemorialCare Todd Cancer Institute at Long Beach Medical Center offers advanced screenings such as lung, breast and colorectal, that can detect cancer early, often before symptoms occur. If cancer is detected, our team of nationally recognized physicians use the latest technologies to develop innovative treatment plans tailored to each patient's unique needs that results in the best outcomes. With the latest in cancer screenings, targeted treatments, radiation therapy and surgery, as well as our participation in leading research and clinical trials, the future of cancer care is here.



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Brian Harmon and his wife, Dee, recently attended Brian's 50th Leuzinger High School Reunion at the Ayers Hotel, in Hawthorne, California.

GAF

Donate to the GAF while shopping at Ralphs for no additional cost

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3) charitable organization dedicated to making Leisure World a better place to live.

The GAF must fundraise throughout the year to continue providing services to the community. There are now two simple ways for LWers to donate to the GAF without any additional cost.

Residents can donate to the GAF during their weekly grocery shopping trip without having to spend more money, thanks to the Ralphs Rewards Program.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and doing your regular grocery shopping, you can help GAF receive a portion of those funds.

Those interested can sign up for the Ralphs Rewards program by phone or through the Ralphs website. To sign up online, go to www.ralphs.com. You will need your Ralphs Reward card number or the phone number associated with the account to sign up.

To register over the phone, call (800) 443-4438. Make sure to say GAF's non-profit organization (NPO) number, FS 519, during registration.

For more information, go to www.GoldenAgeFdn.Org or call Anna Derby at (562) 301-5339.

LW Birthdays



Peggy Airhart (second from left) celebrated her 99th birthday on Feb. 26 with some of her acting friends in Leisure World. She credits Sam Jones (fourth from left) with her acting career by inviting her to an improv class. Little did anyone know how talented and funny she would be. In the past, Peggy has been a Member of the Producers Club, the Theater Club, the Ceramics Club and the Art Club.

Bob Dufney is turning 75

Bob Dufney will turn 75 on Sunday, March 20. Since moving to Mutual 1 from Palm Springs in 2020, he enjoys daily walks and sipping vodka martinis, not at the same time, of course. He loves checking out local eateries or seeing the latest Broadway shows, thus joining the Theater Club, a logical choice.

Make sure to wish him a happy birthday if you see him on his walks!



Bob Dufney

Celebrating a Birthday, Anniversary or Retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: laurieb@lwsb.com

The deadline is the Thursday before the desired publication date.



The Mutual 4 Mahjong group enjoyed the beautiful outdoors with a pizza party.

SUNSHINE from page 10

enjoys working with patients with neurological disorders and has experience working within sports/orthopedics and acute rehabilitation physical on therapy.

Mar's research, "Application of Low Budget Virtual Reality Goggles to Improve Cervical Range of Motion in Older Adults" was accepted at the national 2018 APTA NEXT Conference

The Sunshine Club will continue meeting via Zoom this month. The club will re-evaluate at the end of the month to decide whether to continue meetings online or to switch to in-person.

The Sunshine Club will celebrate its 10th anniversary with a luncheon for \$10 per person in Clubhouse 2 on Saturday, March 12, from 10:30 a.m. - 12:30 p.m. Current health and safety guidelines will be followed during the event, which is first-come, first-served with limited attendees.

People are required to register and pay in advance in order to attend the luncheon.

For more information, contact Anna Derby at (562) 301-5339.



The Filipino Association of Leisure World (FALW) invites all LWers to join in the fun of playing bingo on the third and fifth Sunday of every month in Clubhouse 2 at 1 p.m. The club is a friendly, multicultural group that meets on the second Sundays of every month at 2:30 p.m. in Clubhouse 3, Room 1. Join them for dancing, singing, fellowship and delicious food following each meeting. For more information, call club President Eileen Merritt at (562) 486-1252.

Purchase a MiraFiber Cloth from the Y Service Club and send a kid to camp

The Y Service Club is selling MiraFiber cloths to raise funds to send kids to camp. The cloth plus water will clean any surface without chemicals. The cost is \$6 each or five for \$25. This is an ongoing fundraiser for the Y Service Club.

To purchase a cloth, call Glenna Hoff at (562) 296-5040.

Need Help?
Call the HCC
24-Hour Nurse
(562) 795-6216

Republican Club

by Brian Harmon
LW contributor

Assemblywoman Janet Nguyen will speak at the LW Republican Club's meeting on Wednesday, March 16, at 7 p.m. in Clubhouse 3, Room 2.

Nguyen is running for state senate in the district that includes LW. She has served this part of Orange County in both state and county government for 15 years.



Janet Nguyen

As a member of the California Senate, Nguyen represented the 34th district, encompassing parts of Long Beach and west Orange County. Prior to that, she was the District 2 Orange County Supervisor representing Seal Beach.

Nguyen was a leader in the fight to demand accountability for the recent oil spill that threatened our beaches. She also has been consistent in her opposition to illegal immigration.

Republicans will celebrate St. Patrick's Day on March 14 from 11 a.m. -2 p.m. at the club booth near Clubhouse 6. Festivities will include St. Patrick's Day treats; stimulating conversation and, as always; the opportunity to register to vote, sign up for club information, and sign the school choice initiative petition.

The school choice initiative would give parents of all income levels the opportunity to send their children to the school of their choice by providing \$14,000 a year per child for tuition at any secular private school, religious school, private charter school or homeschool program. Parents who choose to can continue to send their children to public school.

The Republican Club meets the third Monday of each month at 7 p.m. in Clubhouse 3, Room 2. Membership is free. To join the club or receive more information, residents can call (714) 928-1950.

Hands and Hearts United in Giving

Hands and Hearts United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the community. HHUG accepts donations of clean used towels and new, unopened travel-size shampoo, soap, lotion and disposable razors. The only clothing accepted is new socks and new underwear for men and women.

To donate, contact Susan Hopewell at (562) 430-6044 or Linda Neer at (562) 430-3214 for pick up. People may also leave donations on the patio in Mutual 6-62A or Mutual 2-48A. Donations are delivered to the Long Beach Multi-Service Center, which provides a variety of services to homeless individuals and families.

LW News Deadline

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See page 4 of any edition for editors' addresses or send emails to rutho_news@lwsb.com, and submissions will be directed to the appropriate editor.

OBITUARIES

In Memoriam

Richard Edwards 84
Susan Rouse 72
Alene Richards 77
Sang Cho 83
Joseph Krumplitsch 81
Jane Hiles 91
Gilbert Boeger 75
James Provost 84
Mariia Ueligitone 64
Gaston Bassi 57
Sandra Gushue 83
Olympia Valencia 72
Mee Spiraseuth 81
Mary Reitz 81
Leo Moore 71
Donna Ficklin 59
*Families assisted by
McKenzie Mortuary,
(562) 961-9301
—Paid obituary*

Lee Hirt

The family of the Rev. Lee Hirt gives thanks for his life as he graduates to glory on March 1. He lived in and served the Leisure World community for over five years. He leaves behind his wife, Mary; five adult children; 13 grandchildren; and two great-grandchildren. He also leaves a legacy of love and relationships.

A memorial service will be held on April 2 at 10:30 a.m. at the Shepherd of the Hills United Methodist Church in Sun City West, Arizona.

Expressions of love and support may be sent to Mary Hirt, 10101 W. Palmaras Drive, #311, Sun City, AZ 85373.

Democratic Club

by Mary Larson
LW contributor

California voters will not receive their primary election ballots for over two months, nevertheless, Democrats from across the county are already busy gathering support for candidates. This is especially true in the race to fill the three open positions on the Orange County Board of Supervisors.

The Board of Supervisors is unquestionably the most powerful in Orange County. While county supervisor seats are technically nonpartisan, the Republican and Democratic parties in Orange County have backed candidates and grappled for control of the five-member board for decades; 2022 will be no different.

The Democratic Club is aware of the importance of this election because of the knowledge it gained during the candidacy of now Supervisor Katrina Foley in last year's special election.

Unfortunately, LW voters will not have a direct say in which candidates are elected in 2022. Due to redistricting, all of Seal Beach is now in Republican Board President Andrew Do's District 1. He will hold office until the end of 2024 when he will be termed out. Club members will still support Foley's re-election as well as the candidates for election in the other two districts.

Three of the five Orange County Board of Education members also have terms that end this year. In District 2, Leisure World voters can vote to replace incumbent board president Mari Bare by supporting her opponent, Martha Fuller. Although they will not be able to vote in the other two OC School Board races, club members will also be actively supporting the Democrat candidates running for these positions, Paulette Chaffee for

District 4 and Sherine Smith for District 5.

Beginning April 5, The LW Democratic Club's Hospitality Booth located outside Clubhouse 6 will be open every Tuesday from 10:30 a.m.-12:30 p.m. Democrats and potential supporters are invited to stop by. Those who are interested in this outreach to the Leisure World community can email lwsbdemocraticclub@gmail.com.

Club membership renewals for 2022 are now due. Members are reminded that dues can be waived upon request. Membership forms are available on the club's website, <https://sblwdems.wordpress.com>. Members can call (562) 431-7275 for more information.

LW Democrats and supporters can subscribe to the club's free newsletter for more in-depth political information by calling editor Mary Larson at (562) 296-8521 or emailing democraticclubslbw@gmail.com. People are asked to include their full name, address, phone number and party affiliation.

LW Weekly
(562) 430-0534

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line, (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report. Remember to not engage and give space to wild animals, strays and any sick or aggressive looking animal you come across.

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Security Report February 2022

The following is the security report from February. It has been edited for clarity.

FIRE: 3

- Feb. 14, 9:51 a.m., Clubhouse 3
A false alarm occurred at Clubhouse 3; there was no fire or smoke at the scene.
- Feb. 17, 3:25 p.m., Mutual 7
A plastic bag was left on top of the stove while the burner was on. There was no smoke or fire in the unit.
- Feb. 22, 9:44 a.m., Clubhouse 4
An electrical short caused light smoke in Clubhouse 4.

THEFT: 14

- Feb. 7, 6:16 p.m., Mutual 7
Two unlocked bicycles were removed from a carport.
- Feb. 7, 11:13 p.m., Mutual 15
An unknown person pried open a vehicle window and removed the victim's property.
- Feb. 12, 4:17 p.m., Mutual 15
An unknown person removed a resident's bicycle and ladder.
- Feb. 14, 9 a.m., Mutual 10
Ongoing notifications from resident regarding missing property.
- Feb. 17, 4 p.m., Mutual 15
An unknown person removed a resident's tools from the carport area.
- Feb. 17, 4:04 p.m., Mutual 7
An unknown person removed flower bulbs and fertilizer from a resident's porch.
- Feb. 17, 7:54 p.m., Mutual 12
An unknown person removed a basket of clothes from a resident's patio.
- Feb. 18, 2 p.m., 1.8 Acres
An unknown person removed luggage and a carrier.
- Feb. 19, 9 p.m., Mutual 15
An unknown person removed a bicycle from a carport.
- Feb. 20, 5:14 p.m., Mutual 15
An unknown person removed a bicycle from a carport.
- Feb. 21, 1:55 p.m., Mutual 8
Property was removed from an unlocked vehicle.
- Feb. 23, 3:17 p.m., Mutual 12
An unknown person removed a bicycle from a carport.
- Feb. 27, 4:12 p.m., Mutual 6
An unknown person broke a lock on a carport storage locker and removed items.

- Feb. 27, 4:47 p.m., Mutual 1
An unknown person removed a scooter from resident's carport space.

VANDALISM: 2

- Feb. 13, 11:06 a.m., Mutual 2
An unknown person on two separate occasions pulled out a resident's flowers and left them at the scene.
- Feb. 22, 3:45 p.m., Golf Course
An unknown person used chemicals to burn obscene words into the grass.

TRAFFIC INCIDENTS: 7

- Feb. 4, 2:02 p.m., Mutual 2
An unknown vehicle damaged a parked vehicle and fled the scene.
- Feb. 8, 4:44 p.m., Interlachen Road and St. Andrews Dr.
A vehicle struck a person on a bicycle. The victim was transported to the hospital.
- Feb. 9, 12:30 p.m., Mutual 2
A moving vehicle struck a parked vehicle and caused damage to the side-view mirror.
- Feb. 12, 4:40 p.m., 13531 Golden Rain Road
A vehicle backed into a stationary pole.
- Feb. 15, 11 a.m., Seaview Lane and St. Andrews Dr.
Two moving vehicles collided while negotiating turns. Both vehicles sustained minimal damage.
- Feb. 22, 12:20 p.m., Main Gate
A moving vehicle backed into a stationary vehicle.
- Feb. 24, 10:30 a.m., Mutual 1
A vehicle swerved to avoid an accident and struck the carport and a parked vehicle.

NOISE COMPLAINTS: 10

- Feb. 1, 4:15 p.m., Mutual 11
Ongoing noise complaint. No noise was detected in unit.
- Feb. 2, 4:50 p.m., Mutual 11
Ongoing complaint of resident stating people were inside her unit. No one was found.
- Feb. 4, 12:10 a.m., Mutual 7
A loud TV noise was reported. No noise was detected.
- Feb. 6, 11:45 a.m. Mutual 1
Ongoing noise complaint between neighbors.
- Feb. 9, 7:13 p.m., Mutual 2
A resident complained of noises on her porch. No noise

- was detected at the scene.
- Feb. 15, 7:25 p.m., Mutual 1
Ongoing neighbor dispute regarding noise. No noise was detected at the scene.
- Feb. 15, 9:40 p.m., Mutual 17
A resident reported a loud TV. Person lowered the volume.
- Feb. 23, 9 p.m., Mutual 17
Loud TV and radio noises were detected from a neighboring unit. The resident was advised of the rules.
- Feb. 23, 11:18 a.m., Mutual 11
Ongoing resident dispute regarding noise.
- Feb. 28, 6:13 p.m., Mutual 11
Ongoing resident issues regarding noise from a neighboring unit.

INJURIES: 13

- Feb. 3, 6:23 a.m., Mutual 1
A resident fell while walking but did not require transportation to the hospital.
- Feb. 4, 12:09 p.m., Mutual 12
A resident fell off a scooter and was taken to the hospital.
- Feb. 5, 4:32 p.m., Mutual 11
A son of a resident fell while exiting his vehicle and was taken to the hospital.
- Feb. 5, 6:21 a.m., Mutual 1
A resident did not know how she fell to the ground and was taken to the hospital.
- Feb. 8, 3:15 p.m., Golf Course
A golf ball struck another golfer in the hand.
- Feb. 9, 9:06 a.m., Contractor's Alley
A resident fell but did not require transport to the hospital.
- Feb. 10, 3:05 p.m., Clubhouse 3
Residents observed a person falling out of his mobility scooter. The person left the scene before Security's arrival and without identifying himself to others.
- Feb. 12, 5:14 p.m., Mutual 2
A resident fell and was transported to the hospital.
- Feb. 17, 10:43 a.m., Mutual 12
A resident tripped over a curb and was transported to the hospital.
- Feb. 22, 2:35 p.m., 1.8 Acres
A resident fell by tripping over a dog leash.
- Feb. 25, 8:35 a.m., Mutual 1
A resident fell in the crosswalk. No transport was required.
- Feb. 25, 4:03 p.m., Mutual 7
A resident fell and was transported to the hospital.

LOST RESIDENTS: 5

- Feb. 12, 9 a.m., Mutual 15
SBPD located a missing person who had fallen on the ground. The person did not require transport to the hospital.
- Feb. 14, 1:40 a.m., Mutual 12
A lost resident who was attempting to enter the wrong unit was escorted home safely.
- Feb. 23, 10:40 a.m., Mutual 10
A resident reported his wife was missing to SBPD. She was found and escorted home.
- Feb. 26, 8 a.m., Mutual 11
SBPD was called to assist in finding a resident. The person was found.
- Feb. 28, 9 p.m., Mutual 3
A lost resident found by another resident was escorted home safely.

OTHER INCIDENTS

- Feb. 3, 11:21 p.m., Mutual 2
A resident stated an unknown person entered her unit while she was sleeping. No person or evidence of entry was found at the unit.
- Feb. 3, 2:30 p.m., Exit Gate
A person ran past Security gate. Patrol found the person and called SBPD, who arrested the person for outstanding warrants.
- Feb. 4, 10:48 a.m., Mutual 8
A resident observed a suspicious person. No one was found at the scene.
- Feb. 5, 11:27 a.m., Mutual 3
A resident complained of illegal cooking in a shed. Security detected a food scent at the scene.
- Feb. 6, 3:25 and 5:30 p.m., 1.8 Acres
Ongoing dumpster violations by residents; both left the scene upon Security's arrival.
- Feb. 6, 12:02 a.m., Mutual 11
SBPD was called to keep the peace for a possible family dispute.
- Feb. 11, 10:05 a.m., Mutual 10
Ongoing complaints from a resident regarding her unit.
- Feb. 13, 1:30 p.m., Mutual 2
Ongoing neighbor dispute; this incident involved a room divider.
- Feb. 14, 11:18 p.m., Mutual 7
SBPD called about a suspicious person. The person was verified as a caregiver.
- Feb. 15, 11 a.m., Mutual 4
SBPD was called to keep the peace during a dispute regarding people living in a unit.
- Feb. 16, 12:58 p.m., Mutual 9
Ongoing dispute with residents involved in a verbal altercation.
- Feb. 18, 2:45 p.m., Mutual 2
A resident reported a possible burglary. No evidence of entry or removed items were at the scene.
- Feb. 20, 12:07 p.m., 1.8 Acres
Two people were advised not to dig through the dumpster; they complied and left the scene.
- Feb. 22, 2:45 p.m., Mutual 3
Ongoing dispute regarding unauthorized cooking.
- Feb. 24, 8:30 a.m., Mutual 9
A father and son were involved in a verbal altercation. SBPD were called to keep the peace.
- Feb. 25, 10:43 a.m., Mutual 11
Ongoing resident dispute regarding a variety of issues.
- Feb. 25, 8:26 a.m., Mutual 2
Ongoing reports with resident claiming someone in their attic. Security searched attic; no one was found.
- Feb. 26, 7:08 a.m., Mutual 10
A resident complaining of issues with neighbor.
- Feb. 26, 1:37 p.m., Mutual 2
Ongoing complaint of people in the attic; no one was found.
- Feb. 27, 9:19 p.m., Mutual 12
A resident reported people hiding in her unit. Security checked unit, and no one found.
- Feb. 27, 5:25 a.m., Mutual 10
Ongoing neighbor dispute regarding a variety of issues.
- Feb. 28, 9:58 a.m., Clubhouse 6

Security advised a resident of a policy violation. The resident complied and left the area without incident.

- TOTALS:**
- Paramedic calls:** 152 (average: 5.4 per day)
- Theft:** 14
- Vandalism:** 2
- Traffic Incidents:** 7
- Death Investigations:** 13
- Lost Residents:** 5
- Injury:** 13
- Noise Complaints:** 10
- Fire Reports:** 3
- Grand Total:** 219

How to turn on closed captions

Loud televisions make up the majority of noise complaints in Leisure World each month. As people age and their hearing begins to change or diminish, watching TV and movies can become more difficult without turning the volume to its loudest setting, which then disturbs neighbors. For deaf individuals or people who are hard of hearing, satellite television, streaming services and more offer closed captions and subtitles to make watching television easier.

XFINITY: First, turn on the program you want to watch, then press the Down arrow or OK button on the remote. Next, press the Left arrow to move to the "Closed Captioning CC" option and press OK with the remote. Choose to turn captions On, then you can customize the font size, color and formatting of your subtitles in the "Closed Captioning Options" menu.

SPECTRUM: Press the Menu button on the remote control, then scroll to "Settings & Support" and press OK/Select. Next, click on the Accessibility tab. Choose between Closed Captioning or Descriptive Video Service to turn captions on.

DIRECTV: Press the Info button on the remote control, then press the Right Arrow button to get to Closed Captioning (CC). Select CC, and captions will turn on. You can personalize caption options with the following steps: Press the Menu button, click on the Settings option, then press the Right Arrow button to get to the Accessibility option and press Select. Navigate using the Up and Down arrow buttons to the make the changes you need.

The LW Weekly
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ARTS & LEISURE



This scene from the drought-tolerant Sago Park was taken in June 2021.

GARDEN CLUB

Meetings resume with program on Sago Park

At the Garden Club's meeting on March 21 at 1:30 p.m. in Clubhouse 2, Mutual 2 Director Chris Abel will present a program on Sago Park, the drought-tolerant project on Monterey Road that he envisioned and worked hard to make a reality.

Upon moving to Leisure World in 2017, Abel noticed weeds in the greenbelt in front of his building. He began thinking about alternatives to watering the weeds, which led to a conceptual drawing for a serene park featuring drought-tolerant plants. After much research, he brought his proposal to the various powers that be and gained approval for the project. Ground was broken on April 1 by J & J Landscaping, and 11 days later,

those drawings became a reality. In addition to giving residents a peaceful space to walk through or sit in and reflect, the park saves thousands of gallons of water per year and brought Mutual 2 a substantial rebate from the Municipal Water District of Orange County.

Abel was born and raised in Los Angeles. He went to Huxley College of Environmental Studies at Western Washington University, where he majored in environmental studies with a concentration on urban planning. Prior to moving to Leisure World, he lived in Cincinnati, Ohio; Catalina Island; and Long Beach.

The plant table will be set up in the meeting room, and the



Chris Abel

WE CARE table will be in the lobby for donations of money and non-perishable food items.
—Nancy Goldstein

Monday Night Bunco

Leisure World's Monday Night Bunco will meet on March 14. The club gathers on the second and fourth Mondays of the month in Clubhouse 3, Room 1, starting at 6 p.m. sharp. There is a halftime social.

The winners from the Feb. 28 meeting are: Most Buncos: Gail Levitt and Leena Shulman; Most Wins: Suzanne Frank; Most Babies: Larry Shulman; Most Losses: Joyce Ingram; Door Prize: Barbara Robart.

Contact Gail Levitt at (562) 596-1346 with any questions.

Social Club

The Social Club meets every fourth Friday at noon for cards and lunch in Clubhouse 1. Lunch costs \$4 and this month includes pizza, salad, snacks, coffee and tea.

At the March 25 meeting, a new president, vice president, treasurer and secretary will need to be elected, as the current slate of officers is stepping down after several years of service.

For more information, contact Marj Earls at (562) 275-1778 or Joan Taylor at (562) 240-5416.

Woman's Club Table Top Games

All Woman's Club members and guests are invited to play Table Top Games on March 18 in Clubhouse 2 from noon-4 p.m. Play can start whenever a table's full foursome arrives.

People should bring their own games—Skipbo, Yahtzee, cribbage, pinochle, euchre, dominos, Scrabble, Rummikub, Monopoly, five crowns, canasta, bridge, poker, etc.

Lunch will not be served, but the Woman's Club will provide coffee and hot water for tea or hot chocolate. Donated sweet treats will be available.

Everyone is asked to give a donation of \$1 toward the club's LW philanthropies. Any questions or concerns can be directed to Jan Krehbiel at (562) 431-8240.

OPERA CLUB

Fairy tales in the LBSO spotlight on March 12

The Long Beach Symphony Orchestra will perform "Peer Gynt (Suite No. 1)," Strauss' Oboe Concerto and "The Firebird Suite" on March 12 at 8 p.m.

Edvard Grieg's "Peer Gynt (Suite No. 1)" was originally composed as incidental music to accompany Henrik Ibsen's play about the titular shiftless rogue of the Norwegian fairy tale.

Principal oboist Rong-Huey Liu is the featured soloist performing one of the last works written by German composer Richard Strauss. She also plays with the Fresno Philharmonic, Reno Chamber Orchestra, Riverside County Philharmonic, Los Angeles Philharmonic, Los Angeles Opera, New West Symphony, Pacific Symphony, Pasadena Symphony, Reno Philharmonic, San Diego Symphony and Santa Barbara Symphony. And Liu has been a studio musician for Jackie Evancho and is the principal oboist for Andrea Bocelli's annual West Coast touring orchestra.

Russian composer Igor Stravinsky wrote "The Firebird Suite" for the 1910 Paris season of Sergei Diaghilev's Ballets Russes company. It was based on the Russian fairy tales of the Firebird, which both blesses and curses its owner.

Before the concert begins, Maestro Eckart Preu will discuss the music.

The LBSO provides a bus for transportation from Leisure World to the concert and



Rong-Huey Liu

back after the concert concludes. Roundtrip bus tickets cost \$20 per person, and concert tickets start at \$32 and may be purchased with a credit card online at longbeachsymphony.org or via the box office in person or by phone at (562) 436-3203, ext. 1. Last-minute bus tickets may be purchased at the bus on concert nights with a personal check made out to the Long Beach Symphony Orchestra or with exact change at the bus.

Those riding the bus must be at the Amphitheater bus hub near St. Andrews Drive by 5:30 p.m. for 6 p.m. departure.

Everyone must bring concert tickets or reservations, if possible; evidence of COVID vaccinations; an ID, whether a driver's license or GRF ID; a mask; and a cell phone.

Contact Beverly Emus at Beverly90740@gmail.com or (562) 296-5586 for more information.

Book Club

The LWSB Book Club will meet on March 17 from 1-3 p.m. in Clubhouse 3, Room 9. This location, the demo kitchen, contains a Hearing Loop for the hearing impaired. Masks are no longer required; it is up to LWer's personal preference whether to wear one.

The group will discuss the following books: "Snow Falling on Cedars," by David Guterson; "I Am Malala," by Malala Yousafzai; and "Where the Crawdads Sing," by Delia Owens. The books to be read and discussed in April, May and June will be selected at this meeting.

Anyone with questions regarding the club, a comment to share, a concern or a suggestion should contact club President Thomas Gan at gltjiook@gmail.com or (562) 248-8711.

Club news? Send it to pattym@lwsb.com.

The deadline for all articles and photos for LW Weekly is 4 p.m. Thursday on the Thursday prior to the desired publication date.

Saturday Social Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of the month. The next meeting is on March 12 in the Clubhouse 3 Lobby. Sign-ups start at 1 p.m., with play starting at 1:30.

The winners from the Feb. 26 meeting are: Most Buncos:

Susanne Frank; Most Wins: Sue Holbrook; Most Babies: Rita Fueyo, Marianne Matheis, Michael Strout and Diane Tucci; Most Losses: Liz Meripol; Door Prize: Sandy Weisenstein.

For more information, call club President Doris Dack at (714) 356-0443.



Sugarlips vocalist Gianna Carter (l) poses with Let the Good Times Roll members Frank and Martha Destra.

Let the Good Times Roll

The Let the Good Times Roll Doo Wop Club welcomes back Sugarlips for a live performance on March 19 at 6:30 p.m. in Clubhouse 2. It's a free dance, but donations are welcome.

The club also encourages LWer's to prepare for the show by joining its Facebook group page to view video coverage of the band's last performance at LW.



Mutual 11 residents and hula performers Shigemi “Shig Shig” Yokomi (l) and Lori “LoLo” Chamberlain both have birthdays in March.

Hui O Hula celebrates 18 years

March 17 marks the 18th anniversary of Hui O Hula, Leisure World’s Hawaiian dance group. In honor of the milestone and St. Patrick’s Day, instructor Jojo Weingart is reviewing “Green Rose Hula.” Hula lessons are offered twice a week. Join the group for beginner lessons

every Tuesday from 1-2 p.m. upstairs in Clubhouse 6; the regular hula class starts at 2 p.m. On Thursdays, classes are held at Veterans Plaza starting at 1 p.m. Everyone is welcome. Call (562) 431-2242 or email jojo@jojojoe.com for more information.



Tournament winners this month include Dennis Bedford (l-r), Bob Barnum, Jerry Wrenn, John Burns and Tom Zimmerman.

Pool Club Tournament Winners

At the Pool Club’s monthly tournament on Feb. 26, competitors played a form of nine-ball called 369. There were 24 players, which is considered the ideal number for the six new Brunswick tables in Clubhouse 2. Partners alternated shots and scored one point for pocketing the three ball, two points for the six and three for the nine. Each team played a round against six different teams. If a team averaged three points per game, they would end the tournament with 18 points. The team of Tom Zimmerman and Dennis Bedford tied for first place with Bob Barnum

and Sal LaScala, each team having scored 26 points. Jerry Wrenn and John Burns took third place with 23 points. This was Wrenn’s first time captaining a team and Burns’ first time playing a Pool Club tournament. The club’s next tournament will be March 26, starting at 1:30 p.m. Anyone who wants to sign up to play eight-ball partners should contact Eunis “Wild-Fire!” Christensen at (562) 879-1954 or cashfit8@icloud.com. Reservations are required. The entry fee is \$3 for members and \$5 for non-members. —Dave Silva



The Seal Beach Guitar Ensemble practices every Thursday in Clubhouse 3.

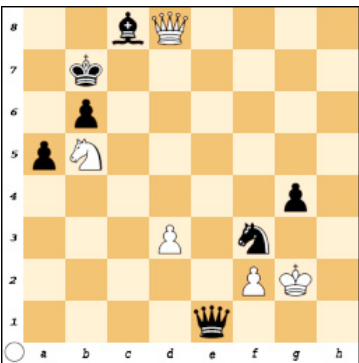
Guitar Ensemble announces May concert

Seal Beach Guitar Ensemble hosted a special 90th birthday party for Michael Oh on Feb. 24. Many club members helped with the party, with Ellen Lee using beautiful balloon arrangements to decorate the room. A member of the club since 2012, Oh says he does hand exercises for about two hours every day to help his joints relax and improve his guitar playing. The group is lead by the president of the Korean American Guitar Society of Orange County, Kevin Kim, who has been teaching for 30 years and has experience arranging musical pieces. Mimi Lee was elected presi-

dent of the club in October. Lee moved to LW from New York last year and has been volunteering as a teacher and performer for senior communities, hospitals and churches with the Century Music Guitar Ensemble. The Seal Beach Guitar Ensemble has three performances planned for this year, with the first one scheduled for May 5. In addition to the ensemble playing “Memory” and “Sarabande,” each member will have a solo. There are additional concerts slated for August and December. Anyone interested in learning classic guitar skills and har-



Michael Oh celebrates 90 years with a beautiful cake. mony is invited to join the club every Thursday from 9 a.m.-noon in Clubhouse 3, Room 6. Contact Lee via text at (914) 843-1696 for more information.



Chess Club

This week’s puzzle is checkmate in three moves. White moves first; any answer by Black, and White’s third move is checkmate. The solution to this week’s puzzle: The White queen moves from d8 to c7, then Black king to a6, followed by White queen to c8 and Black king to b5. The next move by White is checkmate. The Chess Club meets every Friday from 1:30-6 p.m. in Clubhouse 3, Room 7.

Cribbage Club

Forty-nine members enjoyed an afternoon of cribbage on March 1. Gene Smith came in first place with a total score of 832. Candy Meyers placed second with 828, and Lyn Dole was in third with 822. Myrna Baker and Hoppy Hopkins tied for fourth with a score of 821. Jesus Sosa won six out of seven games but placed out of the prize money. Bob Berry supplied cake for refreshments, which were served by Margaret Smith and Sharon Rutigliano. Cribbage is played every Tuesday in Clubhouse 1. Refreshments are served at noon. Members are asked to arrive by 12:15 p.m., as play begins at 12:30 p.m. Dues are \$5. New members are always welcome. To receive extra assistance in learning or brushing up on the game, contact Terry Thrift at (714) 394-5885. —Marilyn Chelsvig



The Good News Singers have been preparing for the uplifting gospel concert “Joy in the Camp” on March 19 at 1 p.m. in Clubhouse 4.



Sal Herrera tosses the ball during tournament play.

Bocce Ball Club

The finals for the Bocce Ball Club’s Winter Tournament are scheduled for March 12 from 11 a.m.- 2 p.m. on the Bocce Ball courts in Mission Park behind Clubhouse 2. The club thanks all players who participated throughout the seven weeks of tournament play, extending a special welcome to those who were new to the game. Anyone interested in a fun way to meet new people and socialize should contact Kathy Russell at (949) 293-7517.

Large print options and translations are available at lwweekly.com



The group assembled for a photo with Jojo Weingart (center, arms crossed) before the class.

JOYFUL LINE DANCE

Welcome back to one friend, goodbye to another

While regular Joyful Line Dance leaders Albert Comia (and his wife, Gladys), Chung Cha Lewis and George Pinada are on vacation, Jojo Weingart stepped in on March 3 to lead the class in a warm-up to “You’re the Sunshine of My Life,” as well as dances familiar to the group from when she taught a couple of years ago.

With her bubbly style, graceful movements and sweet facial expressions, Weingart also treated the class to some new dances.

Also leading the class were Carmel Atkins, with the “Jo’n Jo Tango” and the “Strait Cha Cha”; Connie Peck, with “Perhaps, Perhaps, Perhaps,” “Night Fever,” “Kiss Me, Honey Honey, Kiss Me” and “Hear My Song”; and Caryn Lyn Stel, with the “Watermelon Crawl.”

Stel promised to lead a dance today, March 10, before she says goodbye.

The Joyful Line Dance meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. Classes are limited on a first-come, first-served basis for 30 people. Face masks are mandatory, and exercise shoes are recommended.

For more information, send a text to Anna Derby at (562) 301-5339.



Donn Maryott

All eyes will be on these East African primates on March 16.

TRAVELING TIGERS

Meet the gorillas of Rwanda

The mountain gorillas of Rwanda, East Africa, return to Clubhouse 3, Room 9, on March 16, as part of the Traveling Tigers meeting.

Donn Maryott will present an encore presentation about a family of 28 mountain gorillas that he encountered in the wilderness. The furry guys, gals and little ones will be featured on the big screen for everyone’s viewing pleasure.

Members and guests are invited to bring a lunch at noon. The regular meeting will start at 12:30 p.m., followed by Maryott’s presentation at 12:45 p.m. Dues are \$5 per year and will be collected at the meeting; members are encouraged to bring exact change. For more information, contact Susan Shaver at (562) 795-9151.

Community Karaoke

LW’s regular karaoke singers know they can change the mood of a room with their song selections. And so it was a raucous night on March 2.

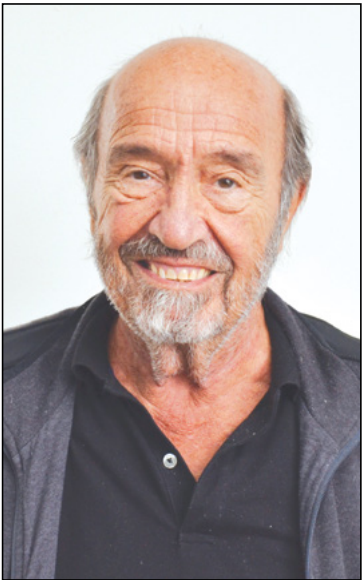
Erika Greenwood had a lively time singing with her visiting daughter, Yvonne, and David Noble had fun dueting with Essie Hicks.

Ric Dizon favors Elvis Presley’s hits, including “You Don’t Know Me,” while Barbie May went with the soothing “Silver Wings” and “Until My Dreams Come True.”

Pete Tupas crooned an enjoyable “You’ll Never Know,” while Martha Destra delighted the group with “Still the One.” With her charming accent, Nina Todorov performed a fine “Anniversary Song,” and the always-smiling Leila Claudio entertained with “One Day in Your Life.”

Wayne Urban likes to surprise the crowd with a strong ending to songs such as “Chug-A-Lug,” and Anna Le gave a powerful ending to “Windmills of Your Mind.”

In honor of Mardi Gras, Ellen Brannigan had the room



David Noble

singing along to “When the Saints Go Marching In.”

The Community Karaoke singers intend to brush up on their Irish tunes for the St. Patrick’s Day celebration on March 16, which will include corned beef sandwiches. Everyone is welcome to perform a selection from the club’s Artist Song Book or to enjoy the show starting at 5:30 p.m. in Clubhouse 1.

—Margie Thompson

Golf League Results for Feb. 25 and 28

Nine men of the LW Golf League braved the very cold and damp weather on Feb. 25 at Santa Ana’s Willowick Golf Course, a par-70, nearly 6,000-yard course that has no water hazards. However, tree-lined fairways and large, yawning sand traps add to the challenge of the course length.

Though there were lots of cold hands and feet at the 37-degree, 7 a.m. tee time, the temps rose to a comfortable 62 degrees by round’s end, with plenty of sun and no wind. With such favorable playing conditions, four of the scores were at or under par, and there were three birdies.

All scores below are net (gross minus handicap). Handicaps for A Flight are 0-19 and over 19 for B Flight.

A Flight: First place: Dave LaCascia, a well-played 4 under 66, plus a birdie; second: Gary Stivers, a very good 3 under 67; third: Sam Choi, a hard-earned 1 under 69; fourth: Bill McKusky, plus a birdie. LaCascia and Stivers tied for fewest putts.

B Flight: First place: Mike Looney, a super 3 under 67; second: Bob Munn, a nice round at even par 70; third: Gene Vesely, 1 over 71, plus fewest putts and closest to the pins on both the fourth and 12th holes; fourth: Clay Fischer; fifth: Tom Ross.

On Feb. 28, 14 men and one woman challenged the River-view Golf Course in Fountain Valley. In addition to rolling greens, this course features significant elevation changes, dramatic water hazards and narrow fairways.

Although it was cold at the first tee time, the sun was already out and the temperature rose dramatically. With excellent conditions, nine players were

Pinochle Club

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with the regular game beginning at 12:30 p.m. The club provides cards, score cards, pens, tablets and other equipment. It costs \$2 per person to play, and the top four scorers of each day win cash prizes.

The following are the winning scores from recent games.

Feb. 24: First place: Chung He Schar Schmidt, 11,740; second: Peggy Kasper, 10,460; third: Nancy Wheeler, 10,350; fourth: Ron Olsen, 10,220.

Feb. 26: First place: Antonia Zupancich, 11,020; second: Chung He Schar Schmidt, 10,110; third: Gayle Colden; fourth: Jim Kasper, 9,060.

Feb. 28: First place: Joan Taylor, 12,670; second: Margaret Smith, 11,900; third: Marilyn Allred, 11,650; fourth: Don Kramer, 9,900.

Lessons to learn to play or to brush up on the game are available on Thursdays at 11:30 a.m. in Clubhouse 1. Call Joan Taylor at (562) 240-5416 for more information.

Anyone interested in playing pinochle should call Marge Dodero at (310) 968-9509.

Pool League

In the second week of the Spring Pool League, Team Five rallied together to win 10-3 over the Pocket Rockets on Feb. 28. Barry Brideau won six games, and teammates Bill Clawson and Zelma Berkenkamp each won five. Team Five only lost one singles match.

Joker’s Wild continued its winning ways by beating Ticket to Ride 8-5. Sal LaScala and Steve Mitchell each won four games for Joker’s Wild.

Beat the House edged out the Favorites 7-6 in a team effort, with Kurt Bourhenne, Roy Mittlestead and Eunis “Wildfire!” Christensen all winning four games.

In another tight match, the Ball Breakers won 7-6 over Side Pocket. Dave Ruiz of the Ball Breakers won both of his singles matches.

—Dave Silva

Women’s Golf Club

March 1 was a beautiful, spring-like day, perfect for 50 members of the Women’s Golf Club to compete for low gross and low net scores. Zoe Pickell was the only golfer to hit the ball from the tee box directly inside the circle surrounding Hole 6.

The other winners were:

Flight A: Low gross: Janice Turner, 27; low net: Margie Thompson, 24.

Flight B: Low gross: Nina deRosa, 25; low net: Yvonne Yim, 25.

Flight C: Low gross: Jee Choi, 30; low net: Kay Hong, 25.

Flight D: Low gross: Lisa Kim, 29; low net: Patty Littrell, 26.

At this month’s meeting, Marv Jones, golf rules coordinator, spoke on LW’s updated golf rules. Pamphlets were distributed to those in attendance; copies are available in the golf course starter shack. Delicious refreshments were served, and Elisabeth Butterfield led members in playing entertaining St. Patrick’s Day-themed games. The club’s next meeting is scheduled for April 5 in Clubhouse 3, Room 1.

—Dale Quinn

HEALTH & FITNESS



Load up on healthy vegetables and fruits during your next shopping trip.

Grocery shop without breaking the bank

By CJ Blomquist
OptumCare

It seems the healthier the food, the higher the cost. But that isn't always the case. There are many ways you can enjoy nutritious meals and snacks while on a budget. It just takes some planning.

A savvy shopper can find plenty of affordable foods. One of the main areas to focus on is fruits and vegetables. And with warmer weather on the way, you'll have more seasonal produce to enjoy.

Avoid pre-prepared foods. Pre-sliced fruits and vegetables can be much more expensive. A

bag of pre-sliced apples can run up to \$4.29, while a bag of whole ones can go for almost one-third of that, around \$1.69.

Look for cheaper alternatives. Farmers' markets often have lower costs and more seasonal options. The Seal Beach Village Certified Farmer's Market is open from 9 a.m.-1 p.m. every Tuesday in Seal Beach Village, just outside the LW gates. As cold and flu season winds down, it's recommended you wear a face mask and bring hand sanitizer.

Buy in bulk. Such purchases are cheaper overall. If you're concerned about the large amounts of food, consider cost-sharing

with a friend, especially one with a membership to larger bulk stores, like Costco and Sam's Club. This way, you can get a greater quantity of healthy foods without spending a lot of money.

Why is this so important? Your body is what you put into it. If you eat well and get exercise, you're keeping all your organs as healthy as possible. If you eat a lot of highly processed foods, you are depriving your organs of the nutrients they need. In the long run, that can cause significant health issues. This is especially true if you have a chronic condition, like diabetes or heart disease. A balanced diet can help you manage your health.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$8.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

- Thursday, March 10:** Hawaiian chicken with pineapple, brown and wild rice, and Oriental vegetables; cheesecake; ham-and-cheese deli sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.
- Friday, March 11:** Turkey chili, cornbread and green beans with pimentos; apple sauce; Chinese chicken salad, with Mandarin oranges, cabbage, carrots, onion and Asian dressing, plus crackers.
- Monday, March 14:** Oven-baked herbed chicken leg and thigh, macaroni and cheese, and mixed vegetables; peaches; chicken salad sandwich, with spinach and tomato, plus home-made macaroni salad.
- Tuesday, March 15:** Pork loin with apple-berry sauce, rice pilaf, and peas and onions; vanilla pudding; Greek chicken salad, with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.
- Wednesday, March 16:** Salisbury steak with mushroom gravy, garlic-and-chive mashed potatoes, and seasoned broccoli; tangerine; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.



Be sure to check staffing quality and other data.

How to plan for long-term care

by Sandra Teel
Medicare insurance broker

Although Medicare Health Insurance does not include long-term care (LTC), it does have resources to help people make a good choice should they or a loved one ever need LTC.

Whether planning ahead or needing to make an unexpected decision, there's a lot for people to think about, including choosing the right nursing home for themselves or loved ones. *Medicare.gov* makes it easy to find and compare nursing homes in a specified area. People can personalize the results by filtering the options that matter most to them, including inspection results, location, number of beds and more.

People should also:

- Check out a nursing home's overall star ratings. The overall

rating is based on performance in three aspects: health inspections, staffing and quality of resident care.

- View detailed staffing data, including the hours of different types of staff and staff turnover rates.
- Look at COVID-19 vaccination rates for residents and staff.

Nursing home contact information and directions can also be found on the site, as well as what Medicare does and does not cover. LWers can also contact Robann Arshat, member resources and assistance liaison, at (562) 431-6586, ext. 317, for help in locating a reputable nursing home.

Sandra Teel is a licensed independent broker who can be reached at (657) 204-4224. Visit www.steelmedicareins.com for more information.

SBTV Fitness

The following weekly exercise classes air on SBTv via TWC Spectrum CH3, Frontier Fios CH37 and sbtv3.org/schedule.

- Sunday**
5:30 a.m.: Feeling Fit
6:30 a.m.: Silver Age Yoga
- Monday**
6:30 a.m.: Feeling Fit
8:30 a.m.: Silver Age Yoga
Noon: Silver Age Yoga
- Tuesday**
7:30 a.m.: Feeling Fit
11 a.m.: Yoga for All Ages
- Wednesday**
5:30 a.m.: Yoga for All Ages
6 a.m.: Feeling Fit
7:30 a.m.: Silver Age Yoga
- Thursday**
6:30 a.m.: Silver Age Yoga
8:30 a.m.: Feeling Fit
Noon: Feeling Fit
- Friday**
6:30 a.m.: Silver Age Yoga
8:30 a.m.: Feeling Fit
- Saturday**
6:30 a.m.: Silver Age Yoga
8:30 a.m.: Feeling Fit



Medical Qigong

Medical Qigong meets on Saturdays at 10 a.m. in the Clubhouse 3 Lobby. Instructor George Stennman joins the group via Zoom. The first class is free, after that, it costs \$5 per month.

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year. For more information, call club President Tom Pontac at (562) 304-0880.

Zumba

Explore many different forms of dance and rhythm—including salsa, merengue, cumbia, bachata, Bollywood, hip-hop and jazz—with the Zumba club, which meets on Wednesdays at 4:30 p.m. in Clubhouse 6 and Fridays at 8:30 a.m. at Veterans Plaza. For more information, contact Mary Romero at (562) 431-0082.

Leisure Bikers

Join the Leisure Bikers on Sundays, Mondays, Wednesdays and Fridays at 9 a.m. at the North Gate. Sunday's ride often includes breakfast and a 2-mile nature hike. Helmets and safe shoes are a must. Call Mary Romero at (562) 810-4266 for details.

Dance Fitness

Enjoy moving to fun, energetic music, including oldies, current tunes and different rhythms, while working muscles, improving balance, and increasing strength and stamina. Classes are held at Veterans Plaza on Mondays at 4:30 p.m. and upstairs in Clubhouse 6 on Tuesdays at 8:30 a.m. For more information, contact Jim Blanchard at (714) 487-2446.

Need help?
24-Hour Nurse: (562) 795-6216

AMPHITHEATER

from page 1

Huber performs such popular Twain songs as “Man, I Feel Like a Woman,” “From This Moment On,” “That Don’t Impress Me Much,” “The Woman In Me” and “I Ain’t No Quitter.”

Tucker accurately recreates the music and mystique of country music icon Tim McGraw with mega-hits from the 90s such as “Don’t Take the Girl,” “I Like It I Love It,” “Everywhere” and many of McGraw’s radio hits of today.

Terry Otte & Abilene—July 7
Terry Otte & Abilene is a hometown classic country and rockabilly band that performs monthly to a full house in LW clubhouses.

Most of the players are LW residents, including front man Terry Otte on guitar and lead singer Tina Schaffer. The band has been going strong for over 20 years and also features Rod Anderson, lead guitar; Jim Greer, drums; and Jim Long, acoustic guitar and synthesizer.

Abilene’s clubhouse concerts feature full dance floors and great classic country songs such as “Silver Wings,” “These Boots are Made for Walking” and “Tulsa Time.”

ABBA L.A.—July 14
ABBA L.A. is a multimedia production that includes some of the greatest music produced in the 1970s and 1980s, including monster hits such as “Waterloo,” ABBA’s breakthrough song in 1974, which won the Eurovision Song Contest. I

t topped the charts in many countries, and hit No. 6 in the U.S.

A year after the success of “Waterloo,” the band became a fixture on the world charts, with hits like “Fernando,” “Honey Honey” and “Dancing Queen, all of which ABBA L.A. will play in its high-energy tribute.

Ronstadt Revival—July 21
Ronstadt Revival is a premiere tribute to Linda Ronstadt, with a full seven-piece band, including fiddle and pedal steel, to bring the authentic sound of the Ronstadt catalog.

From Linda’s 1967 beginnings with The Stone Poneys, to her amazing renditions in the 70s of songs by beloved songwriters like Smokey Robinson, Warren Zevon, Lowell George, The Eagles and The Rolling Stones, to her 80s smash album “Mad Love” with it’s New Wave vibe, Ronstadt Revival will cover all the favorites, including “You’re No Good,” “Blue Bayou,” “When Will I Be Loved,” “Tracks of My Tears” and so much more.

Michael Bubl  Tribute with Anthony Bernasconi—July 28
Anthony Bernasconi will take the stage performing as a soulful Michael Bubl  crooning classic swing and jazz standards and giving them a modern day feel. Anthony has mastered Bubl ’s buttery vocals and couples that with a mesmerizing stage presence.

Matt Lewis as Elvis—Aug. 4
Matt Lewis began his entertainment career as an Elvis tribute artist at the age of 12. While there are lots of Elvis entertainers in the business, only one has been named “The Best

Elvis in Vegas” by USA Today. Over the past 10 years, Matt Lewis has headlined around the globe for the world-famous “Legends In Concert” show. The last five years have been at the Imperial Palace Hotel on the Las Vegas strip.

Matt has also appeared on the Jay Leno show, been featured on several pages of Entertainment Weekly and starred in a major feature film entitled “Tears Of A King.” There is no better talent than Matt Lewis to pay tribute to the great legacy of Elvis Presley.

Paul McCartney, Live and Let Die—Aug. 11
Live And Let Die, a tribute to the music of Paul McCartney, is a full multimedia live concert with state-of-the-art sound and lighting. The critically-acclaimed show features Tony Kishman, who has performed around the world.

The show celebrates the enduring music of Paul McCartney and includes hit songs from the Beatles catalog and Paul McCartney’s solo works. No one can resist singing along to “Hey Jude,” “Penny Lane,” “Live and Let Die,” “Yesterday,” “Eleanor Rigby,” “Let It Be,” “Got to Get You Into My Life” and many more.

Tony Kishman is one of the world’s best McCartney look-alikes, who sounds amazingly like the real Paul as well.

Stone Soul—Aug. 18
This is an eight-piece, horn-blowing, foot-stomping classic soul and Motown band has built a reputation as one of the

hardest-working, most entertaining tributes around. With their snazzy suits and spot-on renditions of classic soul hits, the band members will have people dancing The Jerk, the Mashed Potato and the Twist to smash hits from Smokey Robinson, The Temptations, Stevie Wonder, The Four Tops, Otis Redding, James Brown and more.

Neil Diamond Tribute—Aug. 25
Jay White is one of the world’s most convincing recreations of iconic singer Neil Diamond. He energizes the stage with class and a dash of rock-n-roll. Jay has traveled to five countries performing over 9,000, continuing Diamond’s legacy.

Holding box office records worldwide, Diamond also won the Grammy, Golden Globe, and American Music Awards and has been inducted into both the Songwriters and Rock’n’Roll Halls of Fame.

Gregory Wolfe as Rod Stewart—Sept. 1
Gregory Wolfe’s first taste in music came at a very young age, listening to crooners like Nat King Cole and Andy Williams. After moving to L.A., he began impersonating Rod Stewart. He has since taken his act worldwide—to Singapore, Bangkok, Berlin and beyond.

The Long Run, Experience the Eagles—Sept. 8
Experience The Eagles is a superb tribute show based in Los Angeles dedicated to respectfully performing the

timeless music of the Eagles for audiences all over the world. The band works year-round performing the classic Eagles repertoire to audiences across the United States and beyond.

The band faithfully recreates the timeless music of The Eagles. Marked by lush vocal harmonies and exceptional musical accuracy, every performance delivers a reverence for the beloved band blended with The Long Run’s own live-concert personality.

Walk Like a Man, A Tribute to Frankie Valli and the Four Seasons—Sept. 15
Walk Like A Man is a multi-award-winning tribute show to Frankie Valli and The Four Seasons and true-life musical phenomenon.

The tribute includes the classics “Big Girls Don’t Cry,” “Sherry” and of course, “Walk Like A Man.”

Car Lot March 26

Leisure World residents can sell used vehicles in the Administration parking lot from 8 a.m.-4 p.m. on the fourth Saturdays of the month. The next car lot is set for March. 26.

Vehicles must have current DMV registrations and GRF decals as well as be insured.

In addition to cars, motorhomes, motorcycles, golf carts, bikes, trikes and scooters may be sold. The owner does not need to be present. A single “for sale” sign no larger than 18-by-24 inches can be displayed on the vehicle. For more information, call (562) 431-6586, ext. 350.

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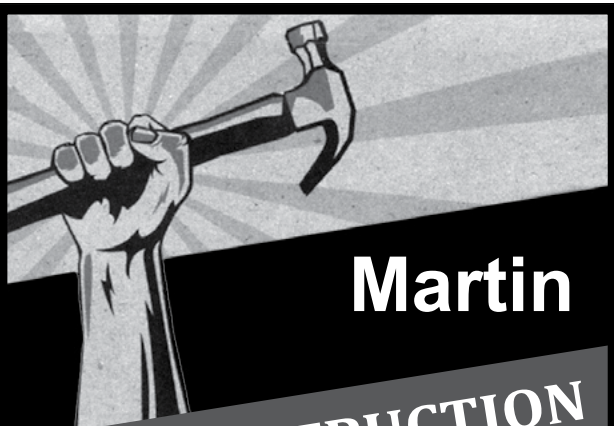
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WIPES from page 1

Toilets
Residents must not dispose of non-flushable items in toilets. These materials do not disintegrate in water and stop up sewer lines. Do not flush (even when marked flushable) cleaning or baby wipes, paper towels, cloth towels, any type of rags, feminine hygiene products, facial tissues and diapers. Do not flush anything other than toilet paper. Everything else should be disposed of in the trash.

Garbage Disposal
Do not grind any of the following items as they also create sewer stoppages: Bones, carrot and potato peelings, celery and rhubarb stalks, coffee grounds, eggshells, corn cob husks, onion skins, pea pods, grease, pills, rice or any other fibrous materials. For more information, contact Eloy Gomez, GRF safety and emergency coordinator, at (562) 431-6586, ext. 356.

—Ruth Osborn
managing editor

Nashville in SB

The Seal Beach Chamber is hosting a four-day Nashville on the Coast event that started March 9 and continues until March 12. It features Songwriter Rounds at five local venues. Each intimate round will spotlight three Nashville singer-songwriters. Nashville, Tennessee, is the heart of country music and the home to places like the Country Music Hall of Fame, RCA Studio B, The Grand Ole Opry and Lower Broadway. Lower Broadway, like Main Street in Seal Beach, is filled with people having fun, eating good food and listening to great music. A Songwriter Round is a time-honored Nashville tradition in which a group of three or four songwriters share a stage and take turns singing one of their songs, first sharing quick stories about the inspiration for the song and rotating throughout the evening. The three singer-songwriters

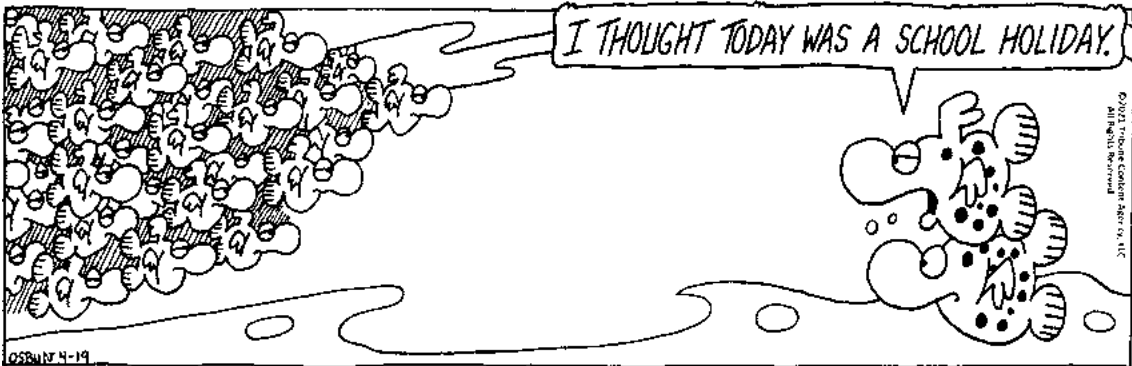
NASHVILLE, page 23

SBPD Crime Report

A convicted felon living at a Seal Beach nursing home has been charged with sexually assaulting an 85-year-old woman suffering from dementia. Louie Alonso Alberto, 52, of Seal Beach, has been charged with one felony count of sodomy of an incompetent person and two felony counts of assault with the intent to commit a sexual offense. He faces a maximum sentence of seven years to life plus 10 years in state prison. Alberto is scheduled to be arraigned on March 18. He is currently being held on \$1 million bail. Alberto was previously sentenced to prison for corporal injury on a spouse. On March 1 at about 6:45 a.m., nurses at a skilled care nursing facility in Seal Beach responded to a female resident screaming. The nurses had to push through a wheelchair barricading the door to the woman's room to find Alberto on top of the woman who was laying in her bed. Alberto is also accused of being found in the same woman's room the day before. Alberto was arrested by Seal Beach Police. "Sadly we have seen an inordinate amount of our Seal Beach seniors become unfairly victimized by individuals who see them as easy targets," said Seal Beach Chief of Police Philip L. Gonshak. "A health and rehabilitation facility should be a place where people go to rest and recover. They certainly should never have to worry about being victimized while they're healing. Our detectives are working closely with the Orange County District Attorney's Office to ensure any individual, including this alleged suspect, who preys on those less able to defend themselves are swiftly brought to justice." —Orange County District Attorney and Seal Beach Police Department

Puzzle Answers

Puzzle pages 6-7



SCRABBLE: G R A M S							SOLUTION		
F ₄	I ₁	X ₈	T ₁	U ₁	R ₁	E ₁	RACK 1 =	<u>84</u>	
B ₃	R ₁	E ₁	W ₄	E ₁	R ₁	Y ₄	RACK 2 =	<u>65</u>	
D ₂	R ₁	O ₁	P ₃	T ₁	O ₁	P ₃	RACK 3 =	<u>62</u>	
C ₃	U ₁	L ₁	V ₄	E ₁	R ₁	T ₁	RACK 4 =	<u>68</u>	
D ₂	R ₁	I ₁	B ₃	L ₁	E ₁	T ₁	RACK 5 =	<u>60</u>	
PAR SCORE 265-275							TOTAL	<u>339</u>	

Crossword Answers

C	H	A	F	E	T	O	D	A	Y	A	S	P	S	P	A	R	T			
L	O	G	I	N	Y	R	E	K	A	S	H	O	E	A	R	I	A			
A	L	E	R	T	P	E	A	C	H	E	S	A	N	D	C	R	E	A	M	
D	E	S	E	R	T	I	O	N	R	E	H	E	A	R	S	A	L	S		
	B	E	E	S		P	E	S	T	S	T	E								
N	O	G	R	E	A	T	S	H	A	K	E	S	B	E	A	C	H	E	S	
A	U	R	A		S	E	I	N	E		P	O	S	T		A	T	E		
S	T	A	N	Z	A		R	E	G		S	M	U	T		I	N	C	U	R
S	A	N	D	A	L	L	E	D		T	O	U	G	H	C	O	O	K	I	E
E	G	G		G	L	E	N		S	I	P	S		O	N	T				
R	E	E	F	P	I	E	I	N	T	H	E	S	K	Y		E	A	R	S	
	A	R	R			P	A	L	S		A	E	O	N		C	U	M		
P	I	E	C	E	O	F	C	A	K	E		P	L	A	T	I	T	U	D	E
S	O	W	E	D		L	O	D	E		B	O	A		E	N	A	M	E	L
E	W	E		C	L	A	W			N	O	R	M	A			L	E	S	T
C	A	R	C	O	A	T		B	R	O	W	N	I	E	P	O	I	N	T	S
	O	R	C		S	U	I	T	S		G	O	D	S						
M	E	L	B	A	T	O	A	S	T		W	H	I	T	E	M	E	A	T	
A	B	O	W	L	O	F	C	H	E	R	R	I	E	S		S	A	Y	S	O
R	O	B	E		S	I	R	E		O	U	T	R	E		S	N	E	E	R
K	N	O	B		E	T	A	S		E	T	H	O	S		A	S	S	A	Y

Sudoku 1 Answers

4	2	6	1	9	3	5	7	8
5	7	1	6	8	2	9	3	4
8	3	9	5	4	7	6	1	2
1	6	5	4	2	9	7	8	3
2	9	7	8	3	1	4	5	6
3	8	4	7	5	6	1	2	9
6	5	3	9	1	8	2	4	7
9	1	2	3	7	4	8	6	5
7	4	8	2	6	5	3	9	1

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

CELLO VISOR FERRET UNWIND
When Thor invented the wheel, he started
a — REVOLUTION

Sudoku 2 Answers

7	2	8	5	4	6	9	3	1
1	9	4	2	3	7	8	6	5
3	6	5	1	9	8	4	2	7
9	1	7	6	2	4	3	5	8
2	5	6	8	1	3	7	9	4
4	8	3	9	7	5	6	1	2
8	7	2	3	5	9	1	4	6
5	4	9	7	6	1	2	8	3
6	3	1	4	8	2	5	7	9

Guess Who?
Martin Kove

Crypto Fun Answers

A. ear B. hearing C. listen D. sound

Boggle BrainBusters Answers

POLECAT MANATEE PANTHER HAMSTER DOLPHIN CARIBOU

Word-Find Answers

I	E	N	H	D	H	H	L	E	S	A	L	Q	O	M	L	E	A	E	E
L	A	A	Y	S	E	V	H	I	D	Q	S	A	D	I	V	U	H	C	T
G	A	T	Y	L	E	A	R	D	R	U	M	D	O	I	D	S	A	F	A
H	O	R	V	I	O	P	F	F	G	Q	I	F	T	I	P	U	N	V	R
E	Q	S	U	E	Y	S	Y	N	V	Q	Y	C	T	N	T	D	O	L	E
Y	V	E	T	E	D	H	S	V	Y	Q	U	O	A	U	Y	D	A	A	D
E	H	H	Q	A	N	D	R	N	U	D	R	M	Y	U	O	E	H	T	O
Y	H	T	V	V	D	I	E	R	N	Y	G	N	O	E	P	N	H	I	M
D	D	N	A	I	L	P	R	O	G	R	E	S	S	I	V	E	A	N	D
R	N	Y	O	P	P	E	C	O	D	F	U	M	H	O	A	Q	N	E	Y
C	U	C	U	C	O	S	R	L	S	C	C	S	Q	R	H	E	R	G	P
C	O	R	A	T	I	R	Q	E	O	N	L	M	I	Q	Y	I	U	N	I
R	F	F	C	N	E	Y	U	C	V	R	E	N	Q	U	U	C	T	O	N
Q	O	G	A	O	A	A	H	E	A	E	G	S	V	Q	V	R	U	C	N
O	R	V	U	S	O	L	U	M	N	D	S	Y	C	M	P	E	Q	G	A
E	P	T	I	G	E	S	R	A	E	I	U	A	V	I	Q	F	I	C	E
S	E	P	M	A	S	I	D	E	O	T	O	Q	F	L	P	N	M	R	O
R	R	F	O	S	E	L	C	I	S	S	O	N	C	D	N	M	F	U	S
A	P	C	P	C	V	T	Y	O	P	S	E	M	A	E	M	M	V	A	G
E	L	D	D	I	M	C	N	N	H	N	G	F	R	P	V	O	N	T	Y

HONOR from page 3

water through a window onto a flaming couch until firefighters arrived.

“I saw the smoke, and I saw Mr. Kim running to help, so I grabbed the hose,” Boudevin said Tuesday. “There was a lot of smoke and it felt like it was 250 degrees, but I tried to keep the fire at bay until firefighters came.”

OCFA Division Chief Ron Roberts said he was pleased to honor the men.

“Without the quick and selfless actions of both men, this fire could have been much more damaging as well as potentially causing bodily injury, or worse yet, a fire fatality,” Roberts said. “Both gentlemen are being recognized and awarded by both the city of Seal Beach and the Orange County Fire Authority.”

Kim was awarded the OCFA’s Chief Award, which is the highest honor the agency gives to a civilian honoree.

Boudevin was awarded the OCFA’s Certificate of Merit, which is the second highest honor the OCFA awards to civilians.

Kim, speaking through a translator, said he was truly honored to have received award and would have done the same for anyone.

Boudevin called it his duty to help out when he could, adding that everyone should take time this weekend to double-check their smoke alarms to make sure they are in good working order.

TAX from page 3

assistance for clients with an Individual Taxpayer Identification Number instead of a Social Security number.

Participants must have the following original documents:

- Government-issued photo ID or driver’s license.
- Original Social Security card or documents of Individual Taxpayer Identification Number.
- All W-2s and 1099s (if any).
- Other income and expense information.
- Total tuition fees and expenses paid (form 1098-T).
- Total expenses paid for child’s daycare, if any.
- Daycare or dependent care provider’s address, phone number and SSN or EIN.
- Bank account and routing number for direct deposit of refund.
- Last year’s tax return is helpful, but not required.
- To file taxes electronically for a married-filing-joint tax return, both spouses must be present to sign the required forms.

For more information, contact VITA coordinator Nguyet Ngo at vita.csulb@gmail.com or (562) 726-2331.

NASHVILLE from page 22

featured are Kaleb Garrett, Michael Jay Hughes and Scott Fleetwood.

Each of them is making a name for himself on the competitive Nashville scene.

Hughes is an authentic country artist, and a throwback to ’80s and ’90s country with a powerful voice. His latest release, “Keith Whitley Songs,” is gaining popularity and includes an award-winning single “Playing with Fire.”

Garrett has opened for artists including Travis Tritt, Three Dog Night and Diamond Rio. He broke into the Top 100 of the country charts with “Only One,” a single released in the spring with acclaimed Nashville producer Larry Rogers.

Fleetwood, known by fans as the “Beach Cowboy,” recently released the country-rocker “Blaze Through the Change” and “It’s Time” featuring Tina Vonn.

The three artists will appear today, March 10, at Hennessey’s Tavern on Main Street; on March 11, at Glory Days Beachside Grill; and on March 12, at Bogarts Coffee House in the afternoon and O’Malley’s on Main in the evening.

The artists are also meeting with the Los Alamitos High School Show Choir to talk about the music industry.

The Los Al Show Choir will travel to Nashville two weeks later to defend its National Grand Championship at the Grand Ole Opry.

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..... \$46.42

BATHROOM SINK- BONE- ROUND
..... \$63.12

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MUT-15- GERBER..... \$39.18

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MUT-15.....\$118.24

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REVISED 03/07/2022

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MISCELLANEOUS FOR SALE

Patio Sale. 13141 Shawnee Lane. Mutual-11/Apartment-267J. (9:00am-3:00pm) Friday/March-11th and Saturday/March-12th. Lots of Spring-and-Easter homemade decorations by Marcia. Bird-Nests/Houses/Bunny Decorations/ETC. Don't-Miss-This-One!

Estate Sale. (9:00am-2:00pm) Thursday/March-10th, Friday/March-11th. 13361 St. Andrews, Mutual-6/Apartment-129F. Near new electric-chair, twin trundle bed, roll top desk, 3-wheel scooter, dining table, china hutch, miscellaneous, household items. Glinda Davis 714-943-1818 Seal Beach License GDD0001 PO Box 333, Long Beach, Pictures available on Marketplace.

Garage Sale. 13141 Del Monte Drive, CARPORT-19 between Interlachen and Del Monte. Thursday ONLY March-10th (9:00am-2:00pm). Household and Miscellaneous Items.

Estate Sale - Thursday, March 10th/Friday, March 11th, 8:30am-2pm. 13210 Seaview Lane, Mutual-10 - Apartment 250J. Ekornes chair, plush futon, oak dining table/6 chairs, hutch, roll top desk, 41" Roku, 52" media cabinet, gorgeous decor, auto-harp. Antique bedroom set. Ladies clothing (size M/L/XL). Sterling silver jewelry. Craft supplies, cabinets, microwave, toaster oven, walker, and more. **Estate Sales by Docia Drake** 714-514-8232, PO Box 427, Seal Beach Business License ESD0001.

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Announcements
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General
Lost & Found
Personals

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Air Conditioning & Heating
Cabinet Refinishing
Carpentry
Carpeting & Flooring
Ceramic Tile
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Handyman
Home Decorating
Painting
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Employment

Help Wanted

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Beauty Services
Bicycle Service & Repair
Carpet & Upholstery Cleaning & Repair
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Hauling
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Legal Services
Moving & Storage
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Reupholstery
Screen Cleaning & Repair
Transportation Services
Travel Services
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Video Services
Window Cleaning

Merchandise

Autos/RVs/Trailers Wanted
Autos/RVs/Trailers For Sale
Electric Cars/Scooters Wanted
Electric Cars/Scooters For Sale
Estate/Moving/Patio/Carport Sales
Miscellaneous for Sale
Miscellaneous Want to Buy

Real Estate

Carports/Carport Lockers Wanted
Carports/Carport Lockers For Rent
LW Apts/Want to Rent
LW Apts/for Rent
LW Apts/Want to Buy
LW Apts/for Sale

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5-104E	\$259,000	14-24A	\$325,000
11-262B	\$359,000	2-35D	\$210,000
16-52L	\$269,000	8-191A	\$485,000
6-57H	\$210,000	3-12L	\$205,000
12-36D	\$365,000	12-62K	\$240,000
2-22D	\$185,000	8-180H	\$172,000
8-202C	\$284,000	6-138B	\$175,500

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M 11 261E
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M 4 50H
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New Listing!

Fabulous home located on a desirable Greenbelt location. This special 2 bedroom 1.5 bathroom home is expanded with a flexible floor plan. The charming side expansion has double pane Bay windows with blinds. The kitchen has an added divider which offers additional storage space and has built-in appliances including a refrigerator, stove, oven, microwave and skylight. The master bedroom has a sliding glass door to the patio. The master bathroom has a skylight and highboy commode. Original second bedroom has an added half bathroom and beautiful built-in wall unit with computer desk, turning it into the perfect office space. Enter this special home through delightful Dutch doors. This lovely home has been newly painted and beautiful new deluxe vinyl plank flooring added throughout. Enjoy this South facing private brick patio with walk-in storage cabinet. The patio over-looks a pretty green area making it the perfect spot to relax and enjoy the ocean breezes.



PENDING

Mutual 4-88G
Mutual 2-46H
Mutual 4-49G
Mutual 5-117G
Mutual 11-285A
Mutual 7-164L
Mutual 2-6G
Mutual 11-285D
Mutual 1-67E
Mutual 8-183G

New Listing!



Delightful fully expanded 2 bedroom 1 bathroom home with 1,100 square feet of flexible living space. The Living room is adjacent to the formal dining area and has a separate front sitting area. Kitchen has built in appliances including stove, oven and refrigerator, plus a ceiling fan and skylight. Expanded master bedroom has walk-in closet. Master bathroom has cut-down shower, highboy commode and skylight. Second bedroom space may be used as a den, office or multipurpose room. Small front porch area has added closet. This great unit has four skylights, double pane windows, Vertical Blinds, laminate flooring, and heat pump air conditioning unit. This lovely home is close to parking and overlooks a pretty Greenbelt. This South facing home catches the ocean breezes and allows you to enjoy the benefits of living in Seal Beach. The Leisure World Seal Beach is a resort like community with over 200 clubs organizations and activities including a swimming pool, gym, jacuzzi, nine-hole par 3 golf course, amphitheater, library, health care center, 6 clubhouses, and much more. Be sure to stop by and see the benefits of living in our community.

SOLD 2022

Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

New Listing!

Beautifully unique and ready to move in 1 bedroom 1.75 bathroom fully expanded home. It is charming from the minute you walk through the door with a spacious Living room that has two Bay windows featuring plantation shutters. There is an entry closet and a sliding glass door to the patio. The dining area is conveniently located by the kitchen. This remodeled kitchen has custom cabinets with Corian counters, built-in stainless steel oven, dishwasher, refrigerator, glass top stove, space for microwave, and flared skylight with track lighting. Master bedroom has mirrored wardrobe doors and sliding glass door to cozy patio. Master bathroom has custom cabinets, bathtub with shower, washer/dryer, and skylight. Second bedroom has walk-in closet and three-quarter bath with walk-in shower. This lovely home has tile flooring in the living room, dining room, hall and bathroom, with laminate flooring in the bedrooms. It also features central heat & air, is light and bright, faces the ocean breezes, and is ready to enjoy.



SOLD 2021

Mutual 5-93F
Mutual 8-202C
Mutual 8-202J
Mutual 3-21A
Mutual 10-240B
Mutual 11-267I
Mutual 12-70D
Mutual 14-15I
Mutual 2-13F
Mutual 2-51J
Mutual 1-35J
Mutual 11-285H
Mutual 2-19L
Mutual 2-24D
Mutual 1-30D
Mutual 1-37F
Mutual 12-41G
Mutual 2-46D
Mutual 10-248D
Mutual 11-277A
Mutual 2-40L
Mutual 8-203G
Mutual 2-22J
Mutual 1-52A
Mutual 2-63A
Mutual 5-123K
Mutual 2-17C
Mutual 9-224G
Mutual 9 -215B
Mutual 15-32J
Mutual 6-57E



Enjoy the charming location this two-bedroom one-bathroom expanded home has to offer. This lovely cottage offers a spacious living room and dining room area with a heat pump and air conditioning unit. The kitchen has white cabinets with built in appliances including refrigerator, stove, oven, upgraded counters, and skylight. The master bedroom is carpeted and has a sliding glass door to the patio. The bathroom has a skylight and cut down shower for walk in convenience. The second bedroom is carpeted with a skylight. The private tiled patio has a walk-in storage cabinet and overlooks a lovely neighborhood greenbelt. Enjoy the ocean breezes and all that the quaint community of Seal Beach has to offer. Located in the resort like community of Leisure World Seal Beach featuring over 200 clubs, activities, and organizations including a gym, nine-hole par-3 golf course, swimming pool, jacuzzi, amphitheater, bocce ball court, billiard room, library, shuffleboard court, barbecue area in a parklike setting, table tennis, exercise and card clubs, and so much more. This home has much to offer.

If you are looking for a two-bedroom one-bathroom home in a good location to make your own this may be the one for you. This Leisure World cottage offers a spacious living room area with a heat pump and air conditioning unit. The kitchen has built in Leisure World appliances including a refrigerator, stove, and oven. The master bedroom has a sliding glass door to the patio. The bathroom has a skylight and cut-down shower for walk-in convenience. The second bedroom looks onto the private wrap-around patio which is carpeted, has a skylight and walk-in storage area. Enjoy close parking, the ocean breezes, and all that the Seal Beach community has to offer. Located in the resort-like community of Seal Beach which has over 200 clubs, activities and organizations including a gym, nine-hole par-3 golf course, swimming pool, jacuzzi, 6 clubhouses, bocce ball court, shuffleboard, amphitheater, park-like barbecue area, library, health care center, card and exercise clubs and so much more. A great opportunity at an attractive price.



Fabulous Greenbelt location! Beautiful and fully expanded 2 bedroom 1 bath formal dining room floor plan. Lovely leaded glass entry door into dining room and spacious living room which has skylights and a bay window overlooking a beautiful expansive greenbelt. Kitchen has white cabinets with built in appliances including microwave and added kitchen island. Master bedroom has walk-in closet and beautiful bay windows with a view. Bathroom has bathtub with shower and skylight. Second bedroom area may be used as a den or office. It also features skylight and built-in shelves. This lovely home has been newly painted and has newly installed vinyl plank flooring throughout. It also features double pane windows and central heat and air. Enjoy the lovely location and the charming community of Seal Beach.

We can show ALL property in the LW community

Call and let us present our extensive marketing program.

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Realtor®

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HomeServices
California Properties



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714-356-6717
Broker/Manager



Robin Gray
562-209-5605



Barbara Diette-Dobias
562-754-5628



Kathy Gupton
562-618-9940



Gloria Hadley
562-884-3594



Edwina DiMario
562-706-7999



Vickie Van Ert
310-220-1407



Rosie Wang Davis
626-623-9929



Estee Edwards
562-208-2540



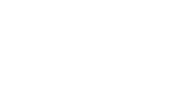
Mike Varipapa
562 235-7413



Leah Perrotti
310-889-6583



Hanna Rubinstein
562-900-4243



BERKSHIRE HATHAWAY
HomeServices
California Properties

(562) 594-0515

1900 St. Andrews Dr. , Suite C
Seal Beach, CA 90740
BRE 00338699

(562) 431-2149

13926 Seal Beach Blvd.
Seal Beach, CA 90740

Now Hiring New Agents

One-Bedrooms

Mutual 2 32B \$185,000
enclosed patio, faces south west, newer
lam. flooring, great buy

Mutual 11 286B \$259,900
good location, heat pump, skylights,
wrap around patio

Mutual 10 250J \$342,500
expanded, upgraded counters, skylights,
heap pump, greenbelt

Mutual 12 286I \$389,000
expanded, vinyl plank flooring, cent.
air, double pane, bay windows, nice

Mutual 14 3J \$395,000
fully expanded, lam. floors, skylights,
dual pane windows, must see

Two-Bedrooms

Mutual 3 35C \$259,900
park in front, cent. air, 2 skylights, step
in shower, good price

Mutual 4 88G \$399,000
corner, fully expanded, wood floors, up-
graded appliances, central air, greenbelt

Mutual 12 36A \$425,000
btl. greenbelt, expanded corner,
washer/dryer, granite, newer kitchen



Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Bill Berman
714-606-5258



Gail Alonzo
562-673-6307



Jay Cho
714-944-4998



Philip Bak
213-550-9991



Fay Wescott
562 242-6162



Tim Kearns
714-293-3950



Linda Marmion
562 619-2261



Chris Kim
424-247-4542



Robin Gray
(562) 209-5605
rwgraysales@verizon.net
DRE 01027333

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LOOKING TO BUY OR SELL?
CALL ME
I have 25 years of
Leisure World Experience!

(Located in the shopping center, behind Carl's Jr.)



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HomeServices



New Listing



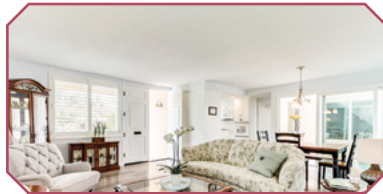
Mutual 2-48-G

Lovely two bedroom, one bath on a beautiful green! Fully expanded corner, with new paint, central heat/air, laminate wood look floors, plantation shutters, upgraded kitchen with granite, smooth ceilings, dual pane windows, large master bedroom with walk-in closet, oversized living room, washer/dryer, and so much more!

Coming Soon!

Mutual 6, Basic Two Bed, Courtyard location
Mutual 10, Drive-up Basic Corner

Pending Sales



Mutual 15-8-H \$475,000

Beautiful ATRIUM is just waiting for you to CALL HOME!! Two Bedrooms, One Bath, remodeled kitchen, upgraded bath, smooth ceilings, vinyl wood-look floors, dual pane windows and slider, an open aired Atrium, plus a front patio with plenty of room to enlarge either the patio or the home. Now add the fabulous location on a double green with close drive-up parking making this home the perfect pick for you!



Mutual 7-160-B \$198,000

Light and bright with a fabulous breeze! One bedroom, 1 bath with laminate floors, dishwasher, skylights, cut-down shower, and tiled patio. Now just add your touches and make it your own! Convenient drive-up with guest parking and the assigned carport space just steps away!

See more at www.sealbeachleisureworld.com



CAROL GASPER &
NICK MONTEER

REALTOR Lic# 01276484, 01927606

562.716.1547
213.880.8220

gcarol1966@gmail.com
nicholasmonteer@gmail.com

GASPER MONTEER

REALTY GROUP



www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of 25 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



In Escrow

1881 St John Rd., #37Q | M15 | \$369,000
Remodeled upstairs unit with open patio. Laminate Floors, Central A/C Heat, Granite countertops, dual pane windows/slider, solar tubes, opening skylight, dishwasher and updated kitchen



In Escrow

1281 Knollwood Rd. #44G | M4 | \$479,000
Beautiful corner 2 bedroom, 1 bath unit in a great location! Remodeled throughout, heat pumps in every room, washer/dryer, real wood floors! A must see!



In Escrow

13160 St. Andrews Dr. #239B | M10 | \$289,000
Partially expanded 2 bedroom, 1 bathroom, walk-in closet, Heat Pump, 2 skylights and solar tube, with storage cabinet on patio.



In Escrow

13730 Annandale Dr. #30B | M1 | \$210,000
1 Bedroom 1 Bath unit with carpet, AC Heat Pump, skylights and cutdown shower..



In Escrow

1281 Knollwood Rd. #44J | M4 | \$279,000
2 Bedroom, 1 Bath unit with wrap around patio, skylights and laundry in unit. and bathroom. Newer carpeting and on an amazing greenbelt location!



In Escrow

1621 Monterey Rd. #19I | M2 | \$229,000
1 Bedroom, 1 Bath greenbelt unit with big patio and excellent storage closet, 2 heat pumps and skylights throughout!

Coming Soon

1842 Thunderbird Dr. #1H | M2 | \$359,000
Fully expanded 2 bedroom 1 bathroom unit with walk-in closet. Washer/Dryer, Skylights and carpet throughout. Ready to be made your own!



In Escrow

13800 Annandale Dr. #40I | M1 | \$234,500
Fully expanded 1 bedroom 1 bathroom unit with beam sunken into ceiling. Heat pump, Skylights and carpet throughout with walk-in closet.



In Escrow

1280 Weeburn Rd. #31K | M3 | \$259,000
2 bedroom, 1 bath unit. Large wrap around patio with 2 large skylights and storage cabinet. Heat Pump, dishwasher, interior skylights, cut down shower.



On March 7th, 2022 a total of 25 units show as active listings on the CRMLS (this is where Realtors list property for sale).

3 - 1 bedroom/1 bath unit from \$185,000 to \$234,500

14 - 2 bedrooms/1 bath units from \$249,000 to \$395,000

8 - 2 bedrooms/2 baths units from \$349,000 to \$495,900

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!