**April 7, 2022** 

# Weekly



**OCTA CONSTRUCTION** 

## Pile driving ongoing at North Gate Road

Crews began installing piles along North Gate Road near Orange County Fire Station No. 48 on March 30. Some nearby residents have heard the pounding and reported it on social media. Pile driving is necessary to construct the foundation for the sound wall along southbound I-405, next to North Gate Road, according to the Orange County Transportation Authority (OCTA).

Work hours are from 7 a.m.-4 p.m. on weekdays and Saturdays as needed. This portion of the job should be concluded by next week. Crews will then move northwest along North Gate Road to begin pile driving there. That work is set to start in May.

The I-405 Improvement Project will add one regular lane in each direction of I-405 between Euclid Street and I-605, plus a second lane in each direction of the freeway from SR-73 to I-605 that will combine with the existing carpool lanes to form the 405 Express Lanes. For more information about the project, visit www.octa. net/405Improvement.

**OC REGISTRAR** 

## Customer service reps sought for primary

A Message from the Orange County Registrar of Voters:

The June 7 California Statewide Direct Primary Election is quickly approaching.

The Orange County Registrar of Voters wants to provide excellent service to voters at Vote Center locations throughout Orange County.

To make this possible, it is currently hiring more than 600 customer service representatives to staff Vote Centers.

Consider helping people exercise their right to vote by applying to be a customer service representative at a nearby Vote Center.

Apply at https://ocvote.gov/about/ careers/join, call (714) 567-7321 or email recruitment@ocvote.gov.

#### **ROLLIN' THUNDER**

#### **Golf Cart Easter Parade**

WHAT: Rollin' Thunder Annual Easter Parade

WHEN: Saturday, April 16, from 2-3 p.m.

WHERE: The parade of decorated golf carts will begin and end at Clubhouse 6, with special treats for participants at the end.

For more information, see page 12.

PLANNING FOR HOME CARE





















A new monthly series called Senior Resource Focus starts today. Each article will provide information on the vast array of resources and services offered to Orange County seniors to help them live their best lives with every new chapter.

## **Senior Resource Focus**

This is one in a series of monthly columns to familiarize LW residents with the vast array of resources available to them. Each article will focus on a topic of interest as researched by Member Resource Liaison Robann Arshat. The goal is to help residents better manage the challenges often associated with aging and to keep people at home and healthy for as long as possible.

#### by Robann Arshat

member resource liaison

A family caregiver is a person who provides any type of physical and/or emotional care for an ill or disabled loved one at home.

Loved ones in need of care include those suffering from a physical or mental illness, disability, substance misuse or other condition.

In many cases, the primary caregiver is a spouse, partner, parent or adult child. Caregivers often take on the responsibilities of the patient while still providing for themselves and other family members.

#### **Types of In-Home Care Providers**

1. Companion Care: a form of home care offering non-medical services to older adults, which is primarily social and emotional support, and companionship

2. *In-Home Health Care*: personal competitive the price. care that may provide not only the same

services as companion care, but also help with tasks such as bathing, dressing, meals and medication management. They can also clean clients' homes, do laundry, change bed linens, aid with planning meals, shop for food and cook, and accompany the client to their doctors' appointments. These caregivers can be contracted by the hour, day, week or month.

Generally, in-home care agencies charge from \$28-\$60 per hour for a caregiver's service. Some agencies will require a minimum of four hours of for seniors who are generally healthy and want to remain independent at home. service for each day care is provided. The more hours you book, the more

CAREGIVERS, page 23

#### **COYOTE WATCH**



This coyote was spotted on a fence in Huntington Beach. Young coyotes are emerging from winter dens countywide.

## Sightings, dog attack reported in community

LW residents are reporting coyote sightings on social media, and one Mutual 4 resident narrowly escaped tragedy March 28, when his little Maltese Lhasa Apso nearly got snatched.

People, especially pet owners, should be vigilant in watching out for young coyotes who are beginning to hunt for food sources. From late March into early summer, young pups are learning how to hunt on their own, and dogs and cats are vulnerable.

Coyotes can't distinguish between LWers' COYOTE, page 3 April 7, 2022 | www.lwsb.com | www.lwweekly.com



About 250 people attended a Ukraine benefit concert sponsored by the Korean American Classical Music Club and the GRF Recreation Department April 2. The concert raised \$12,976 in donations for Unicef's emergency response to aid Ukrainian refugees. Los Angeles-area Korean opera singers performed at the benefit; all other concert expenses were paid by the Korean American Classical Music Club. Unicef has ramped up efforts to deliver safe water to families in communities where water systems are barely functioning. It is providing health care, nutrition and education support where services are severely lacking or have shut down entirely. Unicef teams are also focusing on protecting children from violence, exploitation and abuse in the face of increased threats of violence and the risk of harm from mines and other explosive remnants of war.

#### 'Grease' Senior Prom

Memorial Care Long Beach Medical Center will host a "Grease"-themed senior prom featuring a live band, dinner, dancing and door prizes at the Los Alamitos Community Center on Saturday, May 7.

The dance, sponsored by Los Alamitos Recreation and Community Services, will be held from 3-6 p.m. People ages 50-plus are invited.

Tickets are \$6 pre-sale, \$8 at the door and \$10 for people under 50. They can be purchased at *www.cityoflosalamitos.org/recreation* or in person at the Los Alamitos Community Center, 10911 Oak St. Los Alamitos.

For more information, call (562) 430-1073.

## Learn How to Use the Minibus

A Minibus informational meeting will be held at 10 a.m., today, April 7, in Clubhouse 3, Room 3. The meeting is held on the first Thursday of the month to help LW residents become familiar with the many transportation services available in Leisure World and beyond. No reservations are required.

The GRF Transportation Department provides information on Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges.

Other local area bus and transportation services to near-by grocery shopping and medical service destinations are also covered.

Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

The LW Minibus service is a community transportation service for everyone.

Residents, Leisure World employees, visitors, family members of residents and caregivers can all ride Minibuses.

That includes anyone who has a valid pass to enter the community. The only rule is each passenger must be 18 years of age or older or accompanied by someone who is 18 years of age or older.



The Senior Peace Club rally in support of the Ukrainian people drew several dozen LW residents March 30. The rally garnered the support of passing drivers on Seal Beach Boulevard.

#### **Pool Progress**

Work on the Aquatic Center continues at a rapid pace. Electrical and plumbing fixtures are being installed. Crews are preparing to pour concrete for the remainder of the pool entrance and deck area. Plumbing and electrical fixtures are being installed.

SCE installed a transformer to energize the electrical panel March 26.

The pool has been closed since November 2019, when potentially catastrophic defects were uncovered in the 1960s-era facility.

The facility will have a pool with five swimming lanes, a 30-by-30-foot activity area with a volleyball net, a 9-by-25-foot spa, new locker rooms and a lounge area.

#### **MemorialCare Spring Carnival**

The City of Los Alamitos Recreation and Community Services Department is holding its annual MemorialCare Miller Children's & Women's Hospital Long Beach Spring Carnival on Saturday, April 16, at Little Cottonwood Park, 4000 Farquhar Ave., from 9:30 a.m.-noon. Bring the grandchildren for egg hunts, face painting, carnival games, vendor booths, bounce houses, a photo area with Peter Rabbit and more. The event will have four egg hunt areas for all ages, with the first hunt starting at 10 a.m. Event is subject to change or cancellation based on COVID-19 guidelines in place at the time of the event. For more information, visit www.cityo-flosalamitos.org/recreation or call (562) 430-1073.



Alzheimer's Disease Research Study Is someone you provide care for showing signs of restlessness, aggression or irritability?

If so, they may be eligible to participate in a research study near you.

To qualify to participate, they must\*:

- Be 65-90 years old
- Have been diagnosed with Alzheimer's disease
- Be exhibiting restless, aggressive or irritable behaviors
- \*Other criteria apply.

For more info:

**Call:** 562-598-0600 ext. 205 **Visit:** 4152 Katella Avenue #201

Los Alamitos, CA 90720

**Email:** 

f.metcalf@pacificclinicalstudies.com



### SB Pickleball, Tennis Demo Day

The City of Seal Beach invites the community to the Seal Beach Tennis and Pickleball Center Open House on Sunday, May 22, from noon-3 p.m. at the Seal Beach Tennis and Pickleball Center, 3900 Lampson Ave.

The event is free.

All are welcome for tennis and pickleball demonstrations, raffle prizes, tours of the facility, refreshments and more.

Reservations are requested to obtain a head count for refreshments and can be made online at www.sbtpc.eventbrite.com.

For more information, contact the Seal Beach Recreation and Community Services Department at (562) 431-2527, ext. 1307.

#### **Stock Transfer Mail Slot**

making it easier for shareholders to submit documents with the addition of a mail slot.

The new slot will allow for shareholders to quickly and easily drop off documents at their convenience regardless of the Stock Transfer office hours.

Shareholders should include their name, phone number, Mutual and unit number along with a brief explanation of the business action needed in a

#### **COYOTES**

#### from page 1

pets and their natural prey of rabbits, squirrels and other small animals.

Mike Lessin was awakened at around 2 a.m. on March 28 to let out his dog, Bear, to relieve himself. Lessin had just opened the door and was stepping out when Bear yowled. In the blink of an eye, the coyote struck. Lessin yelled, and the coyote ran off.

"I screamed at him. This thing came out of nowhere with lightening speed," said Lessin, who berated himself for not having Bear on a leash. "I blame myself. I let my guard down. I want to remind my neighbors to stay alert so they won't have to go through this."

Bear suffered a puncture wound that was treated by a veterinarian, and he is recovering well.

Here are tips to keep pets safe from coyotes:

- If followed by a coyote, make loud noises. If this fails, throw rocks in the animal's direction.
- Do not leave pets outside unattended.
- Do not allow cats outdoors to roam (day or night).
- Do not use a retractable leash—a leash should be no more than 6 feet. GRF policy requires 6-foot leashes. This allows you to be in control of your pet and ensures it's close at all times.
- Keep shrubbery at ground level to reduce places where coyotes can hide.
- Keep tight covers on all trash containers.
- Never leave water or pet food outside.
- Eliminate potential food and water sources, such as fallen fruit and standing water.

Report attacks to Security, (562) 596-4754 or to Long Beach Animal Services, (562) 570-7387, which contracts with the City of Seal Beach to handle animal control issues. People can report coyote encounters online at https://www.longbeach.gov/ acs/wildlife/coyote-report/.

The Stock Transfer office is sealed envelope. No postage is needed. The slot is located on the outside wall between Stock Transfer's windows and the sliding glass door of the

### **LW Live Sign-Ups**

Administration building.

Sign up for the GRF's oneway, real-time community notification system to stay informed of emergencies and other community news.

To sign up, visit www.lwsb. com and click the "LW Live" icon to the right.



Video Club Producer Owen Hughes goes behind the scenes of the Rollin' Thunder Golf Cart Club. Watch for his "Club Close Up" this month on SBTV-Channel 3 (Spectrum), Channel 37 (Frontier) and online (in HD) at sbtv3.org. Check dates and times in the LW Weekly and sbtv3.org.

#### I-405 Improvement Construction Updates

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

#### NB I-405 Loop On-Ramp to Close

Crews will close the northbound I-405 loop on-ramp from Seal Beach Boulevard for approximately one month to accommodate the freeway widening. The closure is anticipated in mid- to late-April.

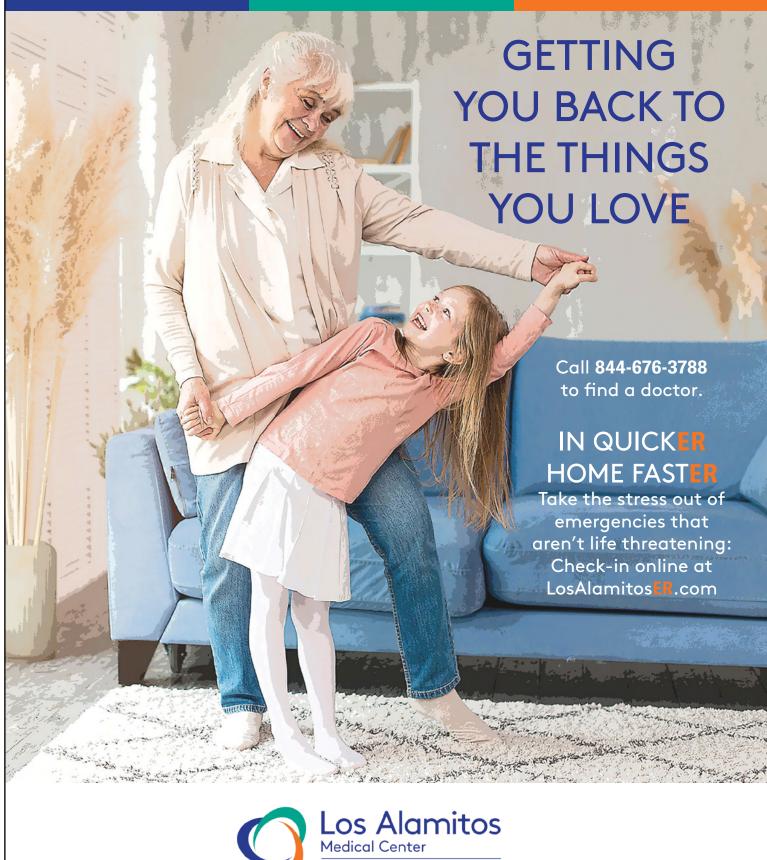
Detailed schedule, closure and detour information will

#### be provided before the closure. SB I-405 Goldenwest Street **On-Ramp Closed**

Crews closed the southbound I-405 loop off-ramp to Bolsa Avenue and the southbound I-405 loop on-ramp from Goldenwest Street to accommodate the freeway widening.

The SB I-405 loop off-ramp

405, page 23





LosAlamitosER.com

## **PERSPECTIVES**



On March 31, Florence Gordon, Mutual 2, turned 102 years old. She is seated between four if her great-grandchildren as she celebrates with her family.

### **Celebrating LW Centenarians—Happy Birthday Florence Gordon**

This is one story in an occasional series profiling some of LW's most long-lived residents, those who have reached the enviable age of 100 years or more. The series is running in connection with the Golden Age Foundation centenarian event on April 20, which will celebrate these milestones. In most cases, a family member or friend has written the stories.

by Florence Gordon

LW contributor

I was born in North Ireland in 1920 and went to a country school. It was so far to get there by road, I ran through fields, dodging bulls and cows.

I was a cook in the Navy, Army, Air Force Institute for the British Armed Forces. Later, I became a specialist at wiring cars in an auto assembly line, even teaching others how to do it.

I moved to Scotland, where I worked as a head waitress, and later, I moved to Canada, where I worked at all sorts of jobs and studied how to be a hairdresser in school. I did become a beautician and made enough cash at it to move the family to the United States.

That's where I found a job as a waitress at the Sky Room in Long Beach. I worked there in the evenings and during the day, at John Tillman Co., which still manufactures protective leather clothing for welders and other industrial workers.

My husband, George, worked at Disneyland as a foreman. Both of us became U.S. citizens.



Florence Gordon with a great-grandbaby.

I have lived in Leisure World for so long that I can't remember the year I came to Mutual 2.

My husband and I have two sons, Ian and George, four grandchildren and a half-dozen great-grandchildren.

My driver's license is still valid, but I gave up driving my car a year ago.

I am proud to have celebrated my 102nd birthday on March 31.

#### **Remember When**

Remember When is presented by the Leisure World Historical Society, a 501(c)3 educational foundation founded and dedicated to preserving the history of Leisure World. The Historical Society is located in

Clubhouse 1 and is open every Thursday from 2-4 p.m. Visit the website at LWHistory.org or SealBeachLeisureWorldHistory.org.

•April 1, 1976—Seal Beach opened the bike path behind

Clubhouse 3 to the San Gabriel River. The trail to the river was easy, but many found the bike path along the river difficult. The bikers had a good time, but the trike were difficult to operate

WHEN, page 23



20% off first bill up to \$100 for Leisure World residents when you mention this ad!



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#### **Letters to the Editor**

Editor:

I would agree with the letter (March 31) that said people should vote for what is best for our country and not be influenced by a political party.

But the facts tell us otherwise.

In our LW community, it has been estimated that of 10,000 residents, 6,955 are registered voters, according to the OC Registrar of Voters. So that leaves 3,045 people, or 31 percent of the LW population, who are not registered to vote.

I agree that the two major political parties do not agree on much. One wants to change our constitution, and one wants it to stay the same as it was signed originally.

One supports abortion, and the other does not.

Only the Bible will give us the truth (word of God). Solution? Vote your church values. Who will you listen to?

David Harlow Mutual 15

Editor:

It's election time in Mutual 6. I understand candidates are passionate about serving their community, but should they be permitted to go door to door and hand out literature at their own whim? We have a vehicle established for them to submit their attributes.

I'm wondering if residents in other Mutuals are plagued with this invasion of their privacy.

My solution for these ambitious candidates is to offer an invitation in our newspaper for people to meet them at a designated place and time.

This would certainly solve the problem of a stranger with bad timing coming to our doors.

Donna Sprow Mutual 6

Editor's Note: According to Davis-Stirling HOA rules that govern LW, the community cannot prohibit members or residents from canvassing or petitioning members, the association's board and residents. By GRF policy, candidates may purchase advertising space in the LW Weekly to campaign.

#### **Setting It Straight**

Boxing greats Rocky Marciano and Muhammad Ali never fought one another, as was incorrectly reported in the a centenarian profile about Bob Lynch in the March 31 edition of the LW Weekly.



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Leisure World Seal Beach

n LW Weekly

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for any reason.

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#### Deadlines

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after-hours voice mail

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VOL 46, NO 12

## OVERNM

**CALL FOR CANDIDATES** 

## Mutual and GRF election cycle begins

Since 1962, Leisure World, Seal Beach, has operated with a united community spirit. There is no one more interested in their home, Mutual and community than LWers and their fellow shareholders. Only they can truly understand the value of the LW life and lifestyle and have the motivation to see their Mutual, as well as the entire community,

Being part of a Mutual or GRF Board places shareholders in the middle of the decisionmaking process, with their voice and opinions heard as they represent their fellow shareholders for a collective benefit.

Pride in community, patience and motivation to help others are very important qualities for running for a seat on their Mutual

or GRF Board. It is the strength of the vast and varied experience each director has, as well as the collective strength of the Board, that builds community and protects LW's lifestyle and homes. The skills and knowledge a person has compiled through the years will be put to good use; everyone has the ability to do and be the change for the benefit of all.

The duly elected Mutual and GRF Boards set into operation the day-to-day business of each mutual corporation and Trust property and all of its amenities. Directors address the issues of most importance to their electorate—that is, their fellow shareholders. Board directors find solutions to existing problems, large and small. It's not an easy job; it takes time, effort and a willingness to donate a portion of everyday life to the community.

As a community of more than 9,000 highly qualified shareholders, there is so much expertise to offer. New ideas and perspectives are always needed, which means volunteers are needed. Everyone should consider becoming a candidate for a position on their Mutual or GRF Board of Directors.

The schedule (see table below) indicates the Mutuals' and GRF elections schedule. Deadlines to apply for candidacy vary. Anyone interested in or who has questions relating to becoming a candidate for his or her Mutual or GRF Board of Directors should contact the Stock Transfer Office at (562) 431-6586, ext. 346.

### **GRF Meetings**

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., April 7	<b>GRF Administration Committee</b>
	Conf. Rm A/virtual 1 p.m.
Mon., April 11	<b>Mutual Administration Committee</b>
	Conf. Rm A/virtual 1 p.m.
Wed., April 13	Security, Bus & Traffic Committee
	Conf. Rm A/virtual 1 p.m.
Thurs., April 14	Communication/IT Committee
	Conf. Rm A/virtual 1 p.m.
Fri., April 15	1.8 Acres Sub-Committee
	Conf. Rm B 10 a.m.
Mon., April 18	Finance Committee
	Conf. Rm A/virtual 10 a.m.
Tues., April 19	Website Redesign Ad Hoc Committee
	Conf. Rm A/virtual 1 p.m.
Wed., April 20	Strategic Planning Ad Hoc Committee
	Conf. Rm B/virtual 1 p.m.
Tues., April 26	GRF Board Meeting
_	Clubhouse 4/virtual 10 a.m.

#### **Mutual Meetings**

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

	,
Thurs., April 7	Presidents' Council
	Clubhouse 4/virtual9 a.m.
Fri., April 8	Mutual 3
. 1	Conf. Rm A/virtual9 a.m.
Mon., April 11	Mutual 9
, 1	Conf. Rm A/virtual9 a.m.
Tues., April 12	Mutual 16
1	Conf. Rm A/virtual1 p.m.
Wed., April 13	Mutual 4 (9 a.m., open forum)
, , , , , , , , , , , , , , , , , , ,	Conf. Rm A/virtual9:15 a.m.
Thurs., April 14	Mutual 12
11141101,114111111	Conf. Rm A/virtual9 a.m.
Mon., April 18	Mutual 15
1,1011,11,111	Conf. Rm A/virtual1 p.m.
Tues., April 19	Mutual 14
1000,11711117	Conf. Rm B/virtual1 p.m.
Wed., April 20	Mutual 5
, , , , , , , , , , , , , , , , , , ,	Conf. Rm B/virtual 9 a.m.
Wed., April 20	Mutual 7
, , , , , , , , , , , , , , , , , , ,	Conf. Rm A/virtual1 p.m.
Thurs., April 21	Mutual 2
111015., 11p111 21	Conf. Rm B/virtual 9 a.m.
Thurs., April 21	Mutual 11
111d15., 71p111 21	Conf. Rm B/virtual1:30 p.m.
Fri., April 22	Mutual 6
111., 11p11122	Conf. Rm A/virtual10 a.m.
	Committee in the commit
I	

#### 2022 GRF & Mutual Election and Annual Meeting Schedule

	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	10	276	139	5	1/27	2/28	4/14	3 <sup>rd</sup> Tue	5/17	10 a.m.	Cumulative Voting.
	14	328	165	7	1/28	2/28	4/19	3 <sup>rd</sup> Thu	5/19	10 a.m.	Cumulative Voting.
	7	384	193	5	1/28	3/1	4/20	3 <sup>rd</sup> Fri	5/20	10 a.m.	Cumulative Voting.
<b>&gt;</b>	8	348	175	5	2/2	3/4	4/21	4 <sup>th</sup> Mon	5/23	10 a.m.	Cumulative Voting.
MAY	4	396	132	3	2/9	3/16	4/25	4 <sup>th</sup> Wed	5/25	10 a.m.	Cumulative Voting. Staggered terms
	16	60	20	5	2/9	3/16	4/25	4 <sup>th</sup> Wed	5/25	2 p.m.	Cumulative Voting, Election & Annual Meeting held in Admin, Conf. Room.
	11	312	104****	6	2/10	3/14	4/26	4 <sup>th</sup> Thu	5/26	10 a.m.	Cumulative Voting. Bylaws on the ballot.
	9	384	193	7	2/4	3/8	4/27	4 <sup>th</sup> Fri	5/27	10 a.m.	Voting is per parcel to elect one delegate. Parcels in effect.
JUNE	G	olden F	Rain Foun	dation	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutua	als 2, 4,	6, 8, 10, 1	2, 14, & 16	Wed 3/9	Fri 4/8	Thu 5/5	1 <sup>st</sup> Tue	6/7	10 a.m.	No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/14 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
	6	408	205	7	2/11	3/15	5/4	1st Fri	6/3	10 a.m.	Cumulative Voting.
	3	432	217	7	2/18	3/21	5/9	2 <sup>nd</sup> Wed	6/8	10 a.m.	Cumulative Voting.
ш	12	452	151	7	2/24	3/28	5/10	2 <sup>nd</sup> Thu	6/9	10 a.m.	Cumulative Voting. Parcels in effect.
JUNE	2	864	433****	9	2/18	3/22	5/11	2 <sup>nd</sup> Fri	6/10	10 a.m.	Cumulative Voting. Bylaws on the ballot.
7	1	844	282	5	2/28	3/30	5/12	2 <sup>nd</sup> Mon	6/13	10 a.m.	Cumulative Voting. Staggered Terms
	5	492	164	4	3/1	4/5	5/12	2 <sup>nd</sup> Tue	6/14	10 a.m.	No Cumulative Voting. Staggered Terms.
	15	502	252	7	2/25	3/29	5/18	3 <sup>rd</sup> Fri	6/17	10 a.m.	Cumulative Voting.
	17	126	64	3	3/15	4/14	5/26	4 <sup>th</sup> Tue	6/28	10 a.m.	No Cumulative Voting. Staggered Terms.

**Medicare Questions?** Want to Change Plans? **Need to Compare Plans?** Get the answers you need!

## I Make House Calls!

Speak Fluent Medicare



Joe Koteras (562) 547-2913

Email: jkoteras55@yahoo.com



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emergency procedures.



Philip P. Nguyen, ADA, CDA, OCDS



ADA, CDA,



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## Seal Beach Dentistry

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## Puzzles & Comics

Answers on page 22

**Gasoline Alley** 

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



#### Los Angeles Times Crossword Puzzle Edited by Rich Norris and Joyce Nichols Lewis

"COMING TO TERMS" By DAVID ALFRED **BYWATERS** 

#### **ACROSS**

- Well-trodden
- ways 6 Fountain
- favorite 12 Encountered
- Darns, say In the area of
- Go too far The Pac-12's
- Sun Devils: Abbr. 22 Fall lead-in?
- 23 Grill a bit too
- long? 26 19-Across, on a
- memo Title TV role for
- Sandra Oh 28 Comme une
- ieune fille Sound from a
- snorter 30 Stairway
- alternative
- Oppressive ruler Won't let go
- \_\_ bean Estimate words
- "No Time for Sergeants,
- 42 Venomous
- slitherers Text letters often in blue
- 47 Way more than
- drizzle 48 Qtys.
- One may be
- saved or taken
- Stew veggies 52 Fishing nets 54 Tough H.S. tests
- 57 Palatial mansion
- navigation need? 61 Old Norse
- poetic work Wild way to run
- 63 Dismiss contemptuously
- Novel features
- 66 Na+ or CI-"The Munsters"
- matriarch Sheltered from
- the sun 69 TV series with
- funny animals?
- 72 Make special
- mention of Beer nickname
- Joan \_
- Name on the 75 "Robot" sci-fi series
- Miner's finds
- 77 Stuck in \_\_\_ 79 Fresh food
- fight? Go beyond dating

- 83 Neckwear accessory 85 Arid
- 86 Prefix with cumulus 87 Achy
- 88 More than just comfortable
- 91 Weaken 92 Source of class struggle?
- barriers?
- 98 Cut 100 Opera
- highlights 101 Commercial
- bigwigs
- 103 Less verbose 107 Edges
- 108 Grooming style
- continent 110 Saturate
- familia
- 118 Besides that
- 120 Court errors

- 125 Visionaries 1 Measured, with "off"
- 93 Endorse certain property

- named for a
- 112 Miembro de la
- 113 "Hunny" lover 114 Immortal
- 119 Feel bad about

- companion? 12 20th-century
- 8 Far from festive 9 Arboreal apex 10 Harris and a

121 Confused

conflict 122 Oolong and

pekoe

DOWN

2 Too good for

library array

4 Wheel center

6 Apple juice

eponym

opposite

7 Confront

3 Reference

5 Daze

- horse 11 Нарру
- ideology
- 13 'Around the Horn" channel

- 15 Haunted house occupants, it's
- 123 Boot a grounder, say 16 Titular Verdi 124 Joint effort, bandit briefly
  - Become fond of 18 Go faster, with

14 Elephant

- 24 Attacks
- 25 Award recipient Closing pieces
- 34 Portuguese year
- 35 Post-op places 36 Chance-of-rain
- 38 Utah city that's an anagram of an Italian city 40 Admirers, as a
- group "Let me clarify
- 42 Cigar end, in two senses
- 43 Coast 44 Examined by touch Eagerly

accepted, as

compliments

- 80 Ensnare 81 Tyke on a trike 83 One may stand on them to
  - reach a high shelf 84 Prime time 116 Confucian path

51 Shaker grains

53 Foolish ways

Yale, for five

69 Mashed into a

Anka hit

75 Winter road

hazard 78 Done with,

perhaps

73 Scot's tot

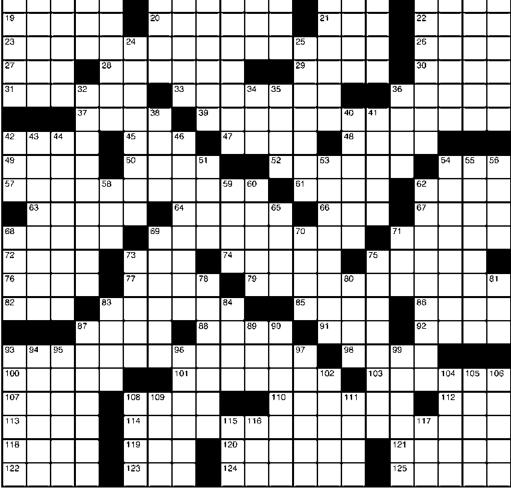
65 Big name 68 Winter forecast

paste 70 French

58

87 Big hits

- 89 Third-century 90 Attentive
- 54 Friendly 55 Ferret relatives 93 "Arabian Nights" Largest of the
  - Inner Hebrides 94 Colorful
- wolf songbird 59 Just fair 95 Cocktail named Word after
  - scared or bored 96 \_ John: meat brand
  - U.S. presidents 97 Book predecessor 99 Fixes the edge
    - of
    - 102 Sealy rival 104 Didn't take well?
  - vineyards 105 Down source "\_\_ Beso": 1962 106 Valentine's Day gift 108 Traditionally. amount of land plowable by one
    - man in one day with a team of oxen 109 Common par
    - 111 Govt, accident investigator 115 "Brockmire" network
    - 117
    - "I had no idea"



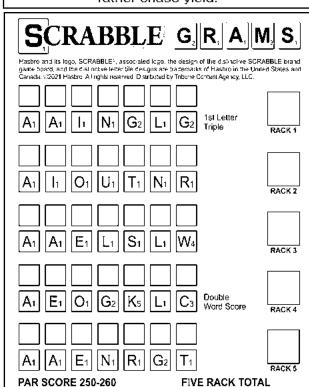
Sudoku 1

				6				
1	6		5		4			7
5	8							9
			8			7	4	
		3		1		6		
	7	5			6			
3							2	6
3			1		9		3	6 5
				2				

9 To 5 By Harley Schwadron



"Chasing my tail was a waste of time, so I'd rather chase yield.



Unscramble these four Jumbles.

one letter to each square.

**BEST SCORE 316** 

to form four ordinary words. NAYHD

©2017 Tribune Content Agency. LLC **GTIMH** NURSEU

PONCAY

AFTER RUBBING THE SEASONING ON THE THANKSGIVING TURKEY

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

TIME LIMIT: 25 MIN

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek

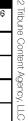
Let me put this

in the oven.

Then I'm going to clean up and watch the



Tribune





I am an actress born in California on April 6, 1976. I followed in the footsteps of my older brother and started acting as a child. I was on a popular show about a family in San Francisco being cared for by a dad, an uncle and a best friend.

## Sudoku #2

	3				7		
						6	
6	7	5			3	1	
	1		3	8		5	
7	5		9	6			
		4	5				3
			6	2			1
8					5	4	

## Puzzles & Comics Answers on page 22

## CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to diabetes. Each number corresponds to a letter. (Hint: 22 = E)

A. 4 22 12 13 10 4

Clue: Well-being

B. 1 13 3 26 9 15 22

Clue: Sugar

C. 24 5 15 3 13 24 5

Clue: Regulates sugar in blood

D. 10 22 15 10 24 5 1

Clue: Monitoring



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

#### BOGGLE YOUR BOGGLE POINT SCALE RATING

3 letters = 1 point
4 letters = 2 points
5 letters = 3 points
6 letters = 4 points
7 letters = 6 points
8 letters = 10 points
9 letters = 15 points

RATING

151+ = Champ

101-150 = Expert

61-100 = Pro

31-60 = Gamer

21-30 = Rookie

11-20 = Amateur

0-10 = Try again

#### Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST 10 FIVE-LETTER COUNTRIES in the grid of letters.

9-5-21

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## MANAGE DIABETES WORD SEARCH

В L C Т S 0 C Ε D S U S A Ι 0 R Ι B B B T D 0 U В T X 0 0 Y Ι B 0 R D В N S D R N D R В U D Н B R Ι E G T Ι L C C 0 0 G 0 0 A M G M Y Ι Н G C S B T H U S L 0 C T C L S A A D E Ε Ι E Ι S Y R U M U C U L M D G U R S S Ι M М Ι Ι B Н R L 0 C N P 0 B A A Α D N Ι U A N P P М U A Н R U 0 N N T Ν Α S E Ι C U U P D М A L 0 G L R G L M B E S S T T Ι C Н 0 L R D 0 G Ε A 0 R Ν Α L Y P C C T E C S E A E Н D D U B N A L Ν E Ε G S Y A A L M R 0 S U A R N L 0 Ι D S A S Y U E G L G P C P A L Н U D N M A A L G Ε E A Н Ε 0 Т Ε R Ι Y Y 0 0 B H M B Ι G 0 H R T B L 0 0 D H Y A S Y X Ι C R N S Ε X E R C S Ε Н Ε A L T Н Y Τ

Find the words hidden vertically, horizontally, diagonally, and backwards.

#### **WORDS**

**AMYLIN** BL00D **BODY BOLUS CARBOHYDRATE** CAUTION CHRONIC **COMPLICATIONS** DIABETES **DIAGNOSIS** DIET **ENDOCRINE EXERCISE GESTATIONAL GLUCAGON GLUCOSE HEALTHY** HORMONE **INSULIN MANAGE** MONITORING **PANCREAS SUGAR SYMPTOMS** 

April 7, 2022 | www.lwsb.com | www.lwweekly.com

## HEALTH & FITNESS



Finding friends to walk with can make the workout more enjoyable.

## Start—or keep—a fitness routine this spring

by CJ Blomquist

Optum Health Care

Now that spring is here, it's time to get outside and enjoy the beautiful weather. People can make the most of their time outdoors by getting in longer walks and doing yoga, and those feeling more ambitious can set goals using the F.I.T. formula.

F.I.T. stands for Frequency, Intensity and Time. Frequency describes how often people exercise, while Intensity is how hard they work out, and Time is how long they work out each time. These elements are good for everyone, no matter their fitness level. And they can be updated as people's fitness levels change.

Those just getting started may decide to walk three times a week (Frequency) at a slower pace (Intensity) for 30 minutes (Time). They can set a reward for themselves if they meet their goals; for example, if the goal is to walk three times a week and they do that for a full month, then they can treat themselves to a favorite meal. These tactics can help people get into a routine.

As they become more comfortable, they may decide to pick up their pace or walk for a longer time. It's important for people to pay attention to how hard they're working. They should be able to walk and talk at the same time. If people can't talk because they are breathing hard, then they should probably slow down. But if they can sing while walking, then they might want to ramp up to a more moderate pace.

The point of exercising is to build up strength over time, so don't overdo it right away, though. People should want to push themselves, but not too hard. If a person's heart rate is really fast or he or she is feeling sick longer than 10 minutes after working out, the routine may be too intense. Anyone who continues feeling this way after working out should check with a doctor.

It can be helpful to track progress on a calendar, to get a visual on how much a person is improving. Don't expect perfection: Everyone has off days. But if people are missing a lot of goals, they might want to consider a different approach.

Whether a person wants to lose weight, get stronger or just enjoy being outside more often, the F.I.T. formula can be a useful way to reach that goal.

#### Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$\$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

**Thursday, April 7:** Beef stroganoff with egg noodles, seasoned carrots and zucchini medley; Mandarin oranges; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus homemade potato salad.

**Friday, April 8:** Oven-baked breaded fish with tartar sauce, oven-browned potatoes, and peas and carrots; fresh banana; spinach salad, with chicken, Mandarin oranges, dried cranberries, feta cheese and vinaigrette dressing, plus crackers.

Monday, April 11: Oven-baked chicken mole (leg and thigh), pinto beans and seasoned broccoli; fresh orange; egg salad sandwich, with spinach and tomato, plus marinated beet-and-onion salad.

**Tuesday, April 12:** Vegetarian lasagna, whole-grain dinner roll, and broccoli and cauliflower; cantaloupe; entrée turkey and ham Cobb salad, with egg, tomato, bacon and blue cheese dressing, plus crackers.

Wednesday, April 13: Beef picado, Spanish rice and black beans; chef's special cake; turkey-and-cheese sandwich, with lettuce, tomato and pickle, plus carrot raisin salad.

#### **Wa-Rite**

Wa-Rite will meet on Friday, April 8, in Clubhouse 3, Room 1. Weigh-ins end at 8:45 a.m., with the meeting beginning at 9 a.m. sharp. New members are welcome. Annual dues cost \$10.



Bev Bender

## Laughing for No Reason

Bev Bender returns on April 13 with Laughing for No Reason. Everyone is invited to come to the Health Care Center Conference Room at 1:30 p.m. to put some positivity in their lives by laughing and being playful. People will leave their troubles outside and just have fun laughing with others, leaving with more energy, a smile on their face and a song in their heart. "Best of all," Bender says, "it's fun, free and non-fattening."

Masks are required. Bender is a gerontologist and a certified Laugh Leader.

## Is your Medicare coverage good outside the U.S.?

by Sandra Teel

Medicare insurance broker

Many people choose to live outside the U.S. when they retire. But before anyone decides to move, he or she needs to know what Medicare covers. In most situations, Medicare doesn't pay for health care or supplies received outside the U.S.

The term "outside the U.S." means anywhere other than the 50 states of the U.S., the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, American Samoa and the Northern Mariana Islands. People will need to plan for another type of health insurance if they permanently move to another country.

Here are some questions to consider:

"What if I live abroad on a temporary basis and/or travel back to the U.S. frequently?" Medicare typically does not



Don't forget to check your coverage before traveling abroad.

cover medical care received outside the U.S. However, people may want to keep paying for Medicare if they plan to move back to the U.S. in the future or if they visit frequently. Paying the premium when abroad will ensure that Medicare will cover their care whenever they travel to the U.S.

"What if I am only visiting another country?" Some Medicare Advantage Plans and Supplemental Plans offer emergency coverage in a foreign country. To be sure of what is and isn't covered, people should look up their specific plan or contact their insurance broker to find out what is covered.

"What if I'm on a cruise ship and need medical attention?" Medicare may cover medically necessary health care services on a cruise ship in the following situations: 1) The doctor is allowed under certain laws to provide medical services on the cruise ship. 2) The ship is in a U.S. port or no more than six hours away from a U.S. port when the services are performed, regardless of whether it's an emergency. Medicare doesn't cover any health care services when the ship is more than six hours away from a U.S. port.

Anyone who still has questions or seeks advice should visit www.medicare.gov or contact a Medicare specialist.

Sandra Teel is a Medicare insurance broker who can be reached at (657) 204-4224 or (909) 856-9379.



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808-254-9085 ~ allways@myexcel.com

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## RELIGION

#### **Assembly of God**

Service/Gathering Times: Assembly of God meets Sunday at 10:30 a.m. in Clubhouse 3, Room 2. Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. Due to Easter Sunday, the Hymn Sing will be held on the fourth Sunday of the month, April 24, at 6 p.m. in the Clubhouse 3 Lobby.

**Sermon for this week:** This week's message is titled "Two Triumphal Entries of Christ," from Zechariah 9:9 and Revelation 19:11-16. The two accounts describe Jesus entering two different situations in dramatically different ways, each essential to fulfilling God's purpose.

**Bible Study:** A new series begins on April 13. Join fellow students as the group dives into Scripture and learns how biblical principles and promises apply to believers lives.

**Contact:** More information

**Christian Women's Fellowship and Bible Study** 

on Monday, April 11 and 25, in Clubhouse 3, Room 6, at 10 a.m.

Davidson at (562) 431-0597 or Margie Singleton at (562) 594-8100.

The LW Weekly (562) 430-0534

to discuss Chapter 10 in "Loving God with All Your Heart."

The Christian Women's Fellowship and Bible group will meet

All are welcome to attend. For more information, call Jean



Sheryl and Chuck Franco

about LW Assembly of God can be found at lwassembly of god.com.

Those who would like a prayer or a DVD of the Sunday morning sermon can contact Pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing *pastorchuck@* lwassemblyofgod.com. Carolyn

van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck's sermons can be accessed on Facebook (Chuck Franco) and the Faithlife app under the group "Leisure World Assembly of God," where people can also give online.

#### **Buddha Circle**

The Buddha Circle will meet in Clubhouse 3, Room 3, on Saturday, April 9, from 9:30-11 a.m. with the venerable Kusala Bhikshu, who is well-known in the Buddhist community. He presents Buddhism in a simple way and teaches people how

**BUDDHA CIRCLE**, page 10



Community Church's cross will be decorated with fresh cut flowers from the congregation on Easter morning.

#### **Community Church**

Community Church has recently been called "the friendly church" and is honored to live up to that title. In a spirit of welcome, Community Church extends an invitation to the Leisure World community to join with them in events leading up to Easter.

On Palm Sunday, April 10, at 9:50 a.m., the worship service will begin with a palm branch processional. A special Maundy Thursday service will be offered on April 14 at 11 a.m., which will include a Mediterranean lunch and ceremonial hand washing. The meal, reflective of the area where the Last Supper took place, will

**COMMUNITY**, page 10



GOOD YEAR







**Aringestone** 

LW RESIDENTS ONLY Free Flat Repair

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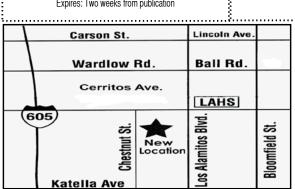
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April 7, 2022 | www.lwsb.com | www.lwweekly.com LW Weekly

#### **First Christian Church**

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors. People are welcome to worship and explore God's word together.

#### The Message

It is understood in 1 Thessalonians 5:4 that believers in Christ are not in darkness, and verse 5 explains why. Believers in Christ are all sons of light and sons of day. This is what the apostle John calls "children of God." So, as children of the light and not of darkness, what should conduct look like? Verse 6 says, "Therefore let us not sleep, as others do, but let us watch and be sober."

The word sober means to be under self-control. The apostle Peter writes in 1 Peter 5:8, "Be

sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour." Those verses give a clear purpose to be watchful and vigilant, patiently waiting for the blessed hope and glorious appearing of God and savior Jesus Christ.

#### **Weekend Services**

Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano. This week, Iris Muncie will sing a special selection for the congregation.

Saturday services, from 9:20-10:45 a.m., are more contemporary, with Gregory Black leading in worship with guitar accompaniment.

#### **Mid-Week Studies**

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Friday's prayer and Bible Study, led by Pastor Bruce Humes, is held from 6-7 p.m.

#### Scripture of the Week

Jesus was placed in a tomb, and a rock was rolled in front of it. On the third day after that, his mother, Mary, and two other women came to the tomb.

"Looking up, they saw that the stone had been rolled away, although it was very large. They saw a young man sitting at the right. And he said to them, 'Do not be amazed; you are looking for Jesus the Nazarene, who was crucified. He has risen; He is not here" (Mark 16:1-6).

#### Announcements

Those who want to speak to someone at the church or have a need can call (562) 431-8810.

### **LW Baptist**

"Rejoice greatly, O daughter of Zion" from Handel's Messiah sets the tone for LW Baptist's Palm Sunday service at 10 a.m.

Jesus' public presentation of himself as the Messiah that Zechariah prophesied 530 years earlier received much acclaim by the populace and pilgrims gathering for Passover. Jesus nevertheless wept over the city and announced to the crowds that their great rejoicing would be delayed until his second coming, when the nation will welcome him with "Blessed is he who comes in the name of Pastor Rolland Coburn the Lord."



The Christian Women's Fellowship and Bible study meets at 10 a.m. on Monday, April 11 in Clubhouse 3, Room 6. The Energizer's group will read Psalm 14 on Wednesday, April 13, at 3 p.m.

For more information, call (562) 430-8598.

### **Faith Christian Assembly**

means Resurrection Sunday is soon to be celebrated, and Faith Christian Assembly invites LWers to join the congregation at its service on April 17 at 10:30 a.m. The Good Friday Service will be held on April 15 from noon-1 p.m. This service will take the place of the weekly Wednesday morning Bible study. Faith Christian Assembly looks forward to this special service, which commemorates the event that led to the resurrection and will feature worship

Spring is in the air, which music, plus a rich message from Pastor Sheri Leming.

> Rupert and Addie Penner will host the next Grief Share course, which will begin on Thursday, April 14, at 5:30 p.m. in the Garden Room. The first session will be a DVD presentation of "Surviving the Holidays." Grief Share is a wonderful and caring setting to learn helpful coping strategies and to discover hope for the future for those dealing with grief from the loss of a loved one. Those who would like more information on any

church events or programs can call the church office Tuesday-Friday at (562) 598-9010.

Weekly Sunday service times are 10:30 a.m. and 5:30 p.m. There will not be an evening service on Easter, April 17. Wednesday morning Bible Study, taught by Leming, is at 11 a.m.

People can receive more information and a free newsletter by contacting the church by calling (562) 598-9010, emailing contact@fcachurch.net or visiting www.FCAchurch.net.

## **Congregation Sholom**

Congregation Sholom will hold an in-person Passover dinner and Seder on Friday, April 15, at 5:30 p.m.

The catered kosher dinner will include mango chutney brisket or roast chicken, matzah ball soup, salad, potato, lemonade, dessert plus Passover wine. A vegetarian option is also available. The cost is \$36 per person, and people can RSVP to Murray Pollack at (562) 331-3949 or murrjet@yahoo,com. Checks can be mailed to Congregation Sholom, P.O. Box 2901, Seal

Beach, CA 90740.

Congregation Sholom will hold a service on Friday, April 8, at 6:30 p.m. via Zoom with Rabbi Eric Dangott. Dangott will also lead the hybrid Saturday morning on April 9 at 10 a.m. in Clubhouse 3, Room 9, and via Zoom. To receive the Zoom link call or text Jeff Sacks at (714) 642-0122.

This week's Torah portion is Metzora from the book of Leviticus. In this portion, God describes the purification ritual for people and homes afflicted

with skin diseases. God also instructs Moses and Aaron regarding the laws of the emission of bodily fluids.

The book club will meet on Tuesday, April 19, at 7 p.m. via Zoom to finish the short story "Zeresh, His Wife."

Yizkhor will be recited at the April 23 service. There will be a potluck on April 29.

Anyone interested in becoming a member of Congregation Sholom can call Howard Brass at (714) 396-0121 for a membership packet.

### **Holy Family Catholic Church**

Holy Family Catholic Church, 13900 Church Place, next to the St. Andrews Gate, will observe the sixth Sunday of Lent on April 10.

#### **Stations of the Cross**

Join Holy Family for a weekly devotion and prayers for peace during Lent on Fridays at 11 a.m.

#### **Lenten Fish Fry**

Holy Family will hold a Lenten fish fry for a cost of \$10 per person after the Stations of the Cross on Fridays. Signups for the lunch are available after Sunday masses or by calling the rectory office at (562) 430-8170.

#### **Diaper Drive**

Holy Family is organizing a diaper drive for the Life Center of Santa Ana. From now until April 15, Holy Family will accept donations of diapers and various baby care products at the parish office or at the Our Lady of Guadalupe donation table.

#### Masses

To receive the weekly parish bulletin, sign up at https://ebulletin.jspaluch.com, or visit the website at www.holyfamilysb.com for more information.

Saturday (Vigil Mass) is at 5 p.m., and Sunday Masses are at 8 a.m., 10 a.m. and noon. Weekday Masses are Monday-Saturday at 8:30 a.m., and confessions are on Saturdays from 4-4:45 p.m.

## **Church of Jesus Christ of Latter-day Saints**

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. The Sacrament service is held every Sunday at 9 a.m., followed by Sunday School in the second hour on the first and third Sundays, and Relief Society and Elders Quorum meetings held on the second and fourth Sundays. Primary Classes for children are held every Sunday during the second hour. Masks are now optional for all meetings at the Atherton Ward.

The course of focus For the week of April 11–17 is Easter. The Old Testament Scripture Study manual "Come Follow Me" says that "The life of Jesus Christ is central to all human history." The life and mission of Jesus Christ, culminating in his resurrection on that first Easter Sunday, connects all of God's people throughout history.

The Newport Temple is now open and requires people to wear face masks to attend.

#### COMMUNITY from page 9

include chicken kabobs, lavosh (Mediterranean bread), hummus and olives. People can RSVP to the church office at (562) 431-2503. An offering will be taken to cover the cost of the food. The annual Interfaith Good Friday Service will be held in the Amphitheater on April 15 at noon. Pastor Johan Dodge will offer the last word of Christ, "Into your hands, I commit my spirit." Finally, on Easter Sunday, April 17, people are encouraged to come to worship with cut flowers from their garden. The cross on the patio will be arrayed in the flowers from the community. Easter lilies, purchased by the Community Church and the Korean Community Church congregations, will beautify the altar. An Easter -hemed fellowship will follow the service.

Online worship will continue for those who cannot attend in person on Facebook @communitychurchleisureworld. Those who don't have Facebook can join via Zoom by calling the church office or emailing leisurewccsue@yahoo.com.

Those who are in need without another way to address it can call the church office at (562) 431-2503.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

"Glory and Honor to the One Who Redeems Our Life!" is the theme of Redeemer Lutheran's Palm Sunday worship service on April 10 at 10:30 a.m. at 13564 St. Andrews Drive, across from the Administration building.

Looking toward the holiest weekend of the year, the Lord's Supper Maundy Thursday Service will be on April 14 at 10:30 a.m. Redeemer invites all LWers to the April 15 Interfaith Good Friday Service from noon-1:30 p.m. at the Amphitheater. People are also invited to join Redeemer's Alleluias at its celebratory Easter Sunday services on April 17 at 9:15 a.m. at the outside cross chapel and at 10:30 a.m. in the sanctuary with choral music.

For more information about the services or the work of the church, call (562) 598-8697.

### Redeemer Lutheran LW Korean Community Church

LW Korean Community Church (KCC) will hold an Sunday early morning worship at 6 a.m. on April 17. Elder Yong Joong Kim will give the opening prayer. The KCC choir, conducted by music pastor Dr. Gyu Sam Kim accompanied by pianist Min Jung Kim will give praise to God. Pastor Hwang Roh will give sermon titled "The Cross and Resurrection." After the message, senior Deaconess Hyo Jung Jung will lead the congregation in a special praise, followed by a benediction by Pastor In Duk Kang.

The Easter Sunday worship service begins at 11:50 a.m., the KCC choir will sing "Hallelujah" in English, and Senior Pastor Jang Young Yong will give a sermon titled "Jesus' resurrection, My revival."

KCC has early morning worship Tuesday-Saturday at 6 a.m. The church is located next to the south gate. For more information, call (714)323-0897.

#### **BUDDHA CIRCLE** from page 9

they can suffer less and become happier in their lives.

Buddha Circle is an interactive group, so those who attend are encouraged to ask questions and join the discussion.

Donations are welcome and will support Kusala in his teachings. More information is available by calling (714) 468-6887 or visiting www.Kusala.org.

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## MMUNITY



Cathy Mertz

LWers can decorate their carts to participate in the Rollin' Thunder's Easter Parade.

#### **ROLLIN' THUNDER**

### Easter Golf Cart Parade will take place on April 16

World's golf cart club, is set to celebrate the return to outside activities with its annual Easter Parade.

The parade will be held on Saturday, April 16, from 2-3 p.m. LWers will be able to watch a long and raucous line of colorfully decorated golf carts follow-

Rollin' Thunder, Leisure ing a mile-long route along the residential streets. Line-up and last-minute decorating will take place at 1:30 p.m. The parade will begin and end at Clubhouse 6, with special treats for participants at the end.

> Contributions of baked goods will be accepted in Clubhouse 6 at 1:30 p.m.

For more information on the parade and other Rollin' Thunder Club activities, people can contact club president Tom Davis at (702) 204-5222.

Cart owners should enter the parade with fully charged batteries or a full tank of gas. Masks will not be required at the parade.

#### **LW BIRTHDAY**

## Paul Kryczko turns 60 April 19

Paul Kryczko of Mutual 3 will turn 60 years old on April 19.

As a published photographer, LWers may find him taking photos of sunbathing seals or colorful cockatiels. To him, photography is such a thrill. Residents have seen his photos in the 2021 and 2022 Leisure World calendars. He says he dislikes birthdays and that may be true, so wish him a good day or offer a nice "howdy-do."



Paul Kryczko

## GAF will celebrate centenarians with food and gifts on April 20

The Golden Age Foundation (GAF) invites those 99 years or older turning 100 this year to sign up to receive a gift from GAF volunteers on Wednesday, April 20, between 11a.m.-noon.

Centenarians' presence in the community is one of the many things that make Leisure World a great place to live. The



GAF would like to acknowledge this special milestone by visiting and providing a lunch for two plus a gift bag. In the gift bag, the celebrated person will receive a Centenarian Certificate issued by

**CENTENARIAN**, page 14

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#### Nikkei Club

The Nikkei Club will meet on Saturday, April 16, in Clubhouse 3, Room 2, from 11 a.m.-3 p.m. Shigemi Yokomi will demonstrate tai chi, and Erika Akiyama will teach the Japanese Festival line dance, Tanko Bushi.

The meeting will feature a potluck luncheon, and members are asked to bring a dish to contribute. Those who are not



able to bring a dish will be asked to pay \$7 toward the purchase of takeout food. The club's "phone ladies" will contact only paid members. Anyone can join the club for \$10 per year.

To join the potluck or receive more information, call Michie Kimura at (714) 317-1102.

#### **American Latino Club**

The American Latino Club will meet for lunch on April 14 in Clubhouse 3, Room 2, at 11:30 a.m.

For \$8, each person will receive one submarine sandwich with a choice of pepperoni, turkey, corned beef or salami on wheat or white bread, plus Doritos or potato chips with a white macadamia nut or chocolate chip cookie. The club will provide soft drinks for free. The last day to RSVP is April 11. People can pay Carmen Edwards by calling (562) 431-4257.

#### **Hands and Hearts United in Giving**

Hands and Hearts United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the community. HHUG accepts donations of clean used towels and new, unopened travel-size shampoo, soap, lotion and disposable razors. The only clothing accepted is new socks and new underwear for men and women.

To donate, contact Susan Hopewell at (562) 430-6044 or Linda Neer at (562) 430-3214 for pick up. People may also leave donations on the patio in Mutual 6, 62A or Mutual 2, 48A. Donations are delivered to the Long Beach Multi-Service Center, which provides a variety of services to homeless individuals and families.

#### **Mutual 12 Luncheon**

Mutual 12 will hold a luncheon on April 29 in Clubhouse 4 starting at noon. The luncheon will feature a country-western-style box lunch. Tickets may be purchased from residents' building captains starting April 4 for \$8 per resident and \$16 per guest/caregiver.

Residents are invited to join their neighbors for a chance to catch up while listening to themes from western movies and TV shows. Winners must be present for drawings and door prizes.

#### **Impaired Vision and Hearing Club**

After more than two years, the Impaired Vision and Hearing Club will resume its monthly meetings on Tuesday, April 26 at 1:30 p.m. in Clubhouse 3, Room 1. Club members are reminded to reserve the handicap bus if they need it.

All Leisure World residents are invited to attend. There will be an opportunity drawing at the close of the meeting.



#### **SUNSHINE CLUB**

### Club will meet in person in Clubhouse 3, Room 2

The Sunshine Club's meetings are back in Clubhouse 3 Room 2, at 10 a.m. on Fridays. There will be no more meetings held via Zoom. Everyone is welcome to join the meeting; face masks are not mandatory but strongly recommended.

Patty Barnett-Mouton from Alzheimer's Orange County is the speaker on April 8. The title of her talk is "You Won't Always Get What You Want!" Barnett-Mouton will talk about people planning ahead for endof-life care.

Have you talked with your loved ones about your thoughts and wishes for care should you become seriously ill? Do you

know what levels of care you would find acceptable?

Barnett-Mouton will lead an interactive program to explore ways LWers can broach this sometimes difficult subject with their loved ones, what paperwork is essential, and how to help family members understand their wishes.

Barnett-Mouton serves as co-chair of the OC Physician Orders for Life-Sustaining Treatment (POLST) Coalition and director of the Community Education program for Advance Care Planning at Hoag Hospital Palliative Care, and she has been vice president of outreach and advocacy at Al-



Patty Barnett-Mouton

zheimer's OC for over 16 years. For more information, text Anna Derby at (562) 301-5339.

#### **SENIOR PEACE CLUB**

## Next meeting will feature Rabbi Peter Levi

The Senior Peace Club's meeting will be held on Tuesday, April 12, in Clubhouse 3, Room 8, at 2 p.m. The featured speaker will be Rabbi Peter Levi, who serves as regional director of the Anti-Defamation League's (ADL) Orange County/Long Beach office.

Levi is a veteran Jewish community professional. He spent 18 years as a congregational rabbi prior to joining the ADL. He is a member of the Orange County Sheriff's Interfaith Advisory Council and

the OC Hate Crime Prevention Network among many other community coalitions. He was recently featured in an article in the Los Angeles Times/Daily Pilot titled "Three Orange County Residents Who Fight Against the Spread of Hate."

The ADL was founded in 1913 "to stop the defamation of the Jewish people and to secure justice and fair treatment to all." Now the nation's premier civil rights/human relations agency, the ADL fights antisemitism and all forms of bigotry, defends

democratic ideals, and protects civil rights for all.

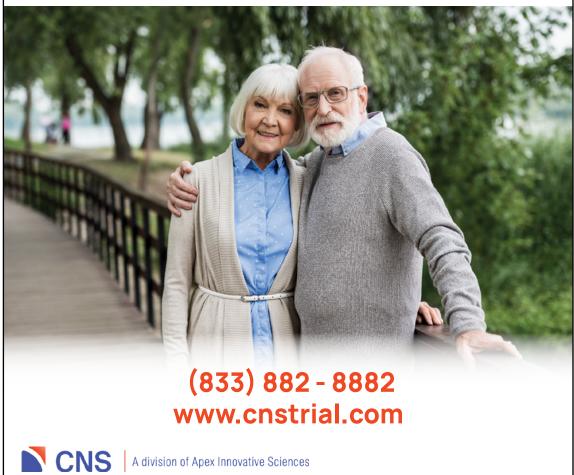
Levi earned his bachelor's degree in mathematics and philosophy from Yale College, then taught high school before pursuing a Ph.D. in analytic philosophy from the University of California at Santa Barbara. He was ordained as a rabbi by the Hebrew Union College Jewish Institute of Religion. Peter is married to artist Ruth Levi and is the proud father of four.

All LW residents and their

PEACE, page 14



Contact CNS today about participating in the latest FDA clinical research trials!



#### **Democratic Club**

by Mary Larson LW contributor

Thirty-six Orange County Superior Court incumbent judges will be running unopposed for another six-year term in the June Primary. Under the county's election rules, these 36 judges will be declared the winners and will not appear on the ballot. No incumbent judge has lost in Orange County in at least a quarter of a century.

However, nine other judgeships will be on Leisure World residents' Primary Election ballots. There are 25 candidates running in these contests, none of whom is an incumbent.

Claudia Alvarez is one of the those candidates, running for election to Office No. 5. Alvarez has been an OC Deputy District Attorney for over 22 years and a public official for the last two decades. She was a member of the Santa Ana City council from 2000-2012. (Santa Anahas a 12year limit on the terms of City Council members.) Her website is www.alvarez4judge.com.

Most of Alvarez's career has been devoted to working with youth, both in juvenile courts and in the community.

Alvarez's candidacy for OC Superior Court Office No. 5 has been endorsed by a number of persons familiar to LW Democrats, including OC Supervisors Katrina Foley and Doug Chaffee, as well as State Senator Tom Umberg, who is also the chair of the Senate Standing Committee on Judiciary.

The LW Democratic Club's next membership meeting will be held Wednesday, April 20, via Zoom. Club members and supporters can find login information in the club's electronic newsletter or by calling (562) 296-8521. Information about the featured speaker, state Assembly candidate Judie Mancuso, can be found online at www.judiemancuso.com.

The LW Democratic Club encourages Leisure World voters who live in Los Alamitos School Board Area 4 to not sign a new recall petition directed against board member Scott Fayette, if and when it is certified for distribution.

The club urges voters not to sign petitions currently being circulated that would place a school voucher initiative on the November ballot. If passed, this initiative would eliminate California's constitutional prohibition against public funding of religious and other private schools. It would require the state to provide a yearly \$14,000 voucher payment per student attending such K-12 schools or being home schooled. The money would be paid directly to families, regardless of need or the level of their income. According to current estimates, these payments would cost



Claudia Alvarez

California \$4.7 billion to \$7 billion a year.

LW Democrats and supporters can subscribe to the club's free electronic newsletter for more in-depth political information by calling editor Mary Larson at (562) 296-8521 or emailing democraticclubsblw@ gmail.com. People are asked to include their full name, address, phone number and party affiliation.

The LW Weekly (562) 430-0534



LW residents David Harlow (pictured) and Debbie Salling are now offering free "He has Risen" crosses along with their original "God Bless America" crosses to LW residents. Donations, which are used to buy materials, are appreciated but not required. To order a cross, call (562) 843-6963 and leave a message that includes your name and phone number.



The Korean American Music Association will study Ludwig van Beethoven's Symphony No. 6 "Pastoral" on Thursday, April 14, from 9:30-11:30 a.m. in Clubhouse 2.

#### CENTENARIAN

#### from page 12

the City of Seal Beach, a bouquet of flowers and a \$25 gift card from Sprouts, all of which was donated by the City of Seal Beach.

In addition to the gifts donated by the City of Seal Beach, centenarians will receive a \$25 Ralphs gift card from the LW Korean Community Church and a \$25 gift card to Hof's Hut from the Korean American Association.

The GAF has worked with centenarians' family members to gather their life stories to share with neighbors and friends in Leisure World.

Those who know someone who is turning 100 years old or older this year can call GAF president Anna Derby at (562) 301-5339. For more information, visit www.GoldenAgefdn.org.

#### PEACE

#### from page 13

guests are invited to attend the meeting. Membership is not required. Masks are encouraged.

For more information, call Pat Kruger at (562) 357-4040.



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## **OBITUARIES**

#### Lavona B. Moore 1929-2022

Lavona B. Moore was born on March 28, 1929, in Concordia, Missouri, to Alvin and Nora (Wehmeier) Bokelman. She died on March 15,



while a patient in Memory Care Gardens of Rountree Gardens in Stanton, California. She was a Leisure World resident of Mutual 9 for 34 years.

She was the oldest of five children. Her early years were on a farm in a rural community near Alma, Missouri, where she attended a one-room elementary school and was taught by her grandfather, who was also the pastor of the neighboring Lutheran Church.

When she was high school aged, the family moved into their own home in Concordia. She worked as a waitress while in high school, and after graduation, she was employed by the community bank. At the age of 21, she moved to St. Louis and continued working in a bank. While attending church functions, she met Gilbert Moore, a student at the local Lutheran seminary who was assisting at the church. They were married on June 8, 1952.

In addition to living in Missouri, Lavona lived with her family in Idaho, Washington, Hawaii and California; traveled to all 50 states.

When all her children were in school, she was employed by numerous jobs including bank accountant and office manager, and in her later years, she managed the offices for Solheim Lutheran Home in Eagle Rock and Southland Lutheran Home in Norwalk. She was very active in volunteer services, and in addition to being the pastor's wife, her most prominent role was her years of service for the hospitality center at Lutheran conventions.

She is survived by her husband, Gilbert; children Mahlon, Dorothy and Lisa (Delbert Nunley); grandsons Aaron, Peter (Ashley) and Geoffrey; and her siblings, Melba, Alice and Norma; plus numerous relatives.

She is preceded in death by her daughter, Christine, and brother Raymond.

Lavona often quoted her confirmation verse: "Neither is there salvation in any other; for there is none other name under heaven given among men, whereby we must be saved" (Acts 4:12 KJV).

A graveside burial attended by the family will be held on

Obituary Notices laurieb@lwsb.com

Saturday, April 30, at Forest Lawn, Cypress; at her request, a memorial moment for everyone will be held on Sunday, May 1, 10:30 a.m. during the regular worship service of Redeemer Lutheran Church in Leisure World.

The family requests no flowers, but you may donate to a charity of your choice, the Alzheimer's Association or Redeemer Lutheran Church in Leisure World.

#### Scott Boeger 1946-2022

Scott Boeger, born April 6, 1946, died on Feb. 28. He was born in Bellwood, Illinois, the son of Gilbert and Marie Boeger.

He is sur-



vived by his fiancé, Potsy Frank; daughters Sally (Doug) and Sandy (John); grandsons Donny and Cooper; and greatgrandson Jesse.

After moving to California, Scott explored a variety of jobs, including being a meter reader in Laguna Beach, a bus driver and an accountant. He bought King Arthur's Pub in Westminster and developed a loyal clientele by sponsoring darts, cribbage games and tournaments.

Scott moved to Leisure World in 2003 and was a member of the RV Club and the Cribbage Club. Upon retirement, he devoted his time to his real passion: magic.

Scott was a member of several area magic clubs and won many awards and trophies in magic competitions. He will be remembered for his great sense of humor, his corny one-liners,

and his generosity in teaching and supporting other magicians. His mentoring of many magicians resulted in their going on to win major awards themselves.

#### In Memoriam

Crystal Sharum 72 Vicenta Norvell 64 Mary Chittick 78 William Haugland Jr. 80 James Gwin 88 Dorothea Mac Neil 85 Donna Farmer 66 Darrell Brame Sr. 58 Rosalva Aguilar 63 David Robertson 85 Anita Beeler 79 Robert Pearson 63 Manuel Ramirez 84 Frenando Martinez 59 Steven Schmidt 71 Susan Berg 61 Elaine Knight 56 Helen Koenig 89

Richard Berryman 71
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—Paid obituary

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The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date.

Obituaries that are received later than Friday will go in the following week's issue.

Email obituary notices to *laurieb@lwsb.com* with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call (562) 430-0534, ext. 801, or email *laurieb@lwsb.com*.

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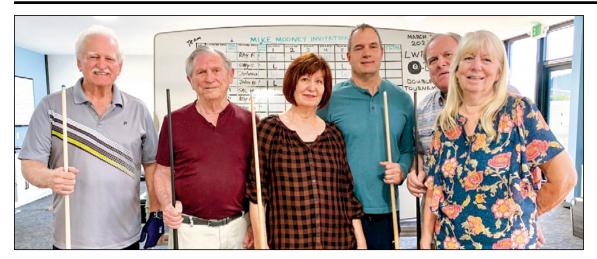
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## RTS & LEISURE



Kurt Bourhenne (I-r), Dave Silva, Zelma Berkenkamp, Steve Edrich, Tom Zimmerman and Sam Mooney at the March 26 tournament.

**POOL CLUB** 

## Club honors former president with contest

On March 26, the Leisure World Pool Club held a special eight-ballbank-shottournament honoring Mike Mooney, who recently died after a long illness.

Mooney had been president of the Pool Club, and since he was good at bank shots, the club decided to award \$30 to the player who made the most bank shots during the six-round tournament. When his widow, Sandra "Sam" Mooney, learned of the award, she offered to increase the winnings to \$100.

At the tournament, the club presented both Sam Mooney and Zelma Berkenkamp, whose husband, Wayne, was also an avid pool player, with orchids.

Bill Clawson and partner Zelma Berkenkamp won their first five games to assure them a tie for first place, but they lost the sixth and final game. Tom Zimmerman and Dave Mack-

Free Bridge Lessons

update their game.

Slutsky at (562) 253-7119.

Starting April 22, the Leisure World Bridge Club will

Each class will start at 9:30 a.m. and last approximately two

For reservations, contact Linda Nye at (562) 453-6678 or

offer free bridge lessons in Clubhouse 1. These lessons, led by

accomplished bridge teachers Rob Preece and Larry Slutsky,

are designed for new and intermediate players who want to

hours. It is expected the sessions will run from eight-10 weeks.

inder won their last game, as did Dave Silva and Guta Basner, and the tournament ended in an unusual three-way tie for

The race for making the Mike Mooney Invitational Pocketed Bank Shot Award during the six games ended in a four-way tie, with Zimmerman, Steve Edrich, Kurt Bourhenne and Silva each scoring three bank shots. Bank shots are rarely made in eightball, as a player usually has an easier shot available.

After Pool League play on March 26, a new team took the lead. The Favorites trailed Jokers Wild by one game and won 11 games while losing only two. That gave the Favorites a seven-game lead over the Pocket Rockets, who moved into second place. Silva won all seven of his games; teammates Gary Snow and Shery Wells won six and five, respectively.

The Ball Busters took Beat the House 8-5. Dennis Bedford won five games for the Ball Busters, including both of his singles matches.

Ticket to Ride edged Team Five by 7-6. Connie Tery won four games, plus her eight- and nine-ball matches.

The Pocket Rockets won a close match against Side Pockets 7-6. It was a team effort by the Pocket Rockets, with Rusty Aquino winning five and teammates George Gordon and Connie Adkins each winning four.

The Pool League plays every Monday starting at 1:30 p.m. in the Clubhouse 2 poolroom. For more information, LWers can contact club President Dave Silva at (562) 209-3183 or Secretary/Treasurer Eunis "WildFire!" Christensen at (562) 879-1954.

—Dave Silva

#### **Reviews**

LW residents are invited to submit reviews for publication. Include all pertinent information, such as author names, location information, etc., then send copy with your name, Mutual and telephone numbers to pattym@ *lwsb.com*. All reviews are subject to editing for content and clarity and will run as space allows.



The Joyful Line Dance Club meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. Everyone is invited to join the classes, which are currently limited to 30 people on a first-come, first-served basis. Exercise shoes and face masks are recommended. For more information, text Anna Derby at (562) 301-5339.

#### PHOTO ARTS CLUB

### Learn more about depth of field

Roger Bennett will present a program on depth of field at the next meeting of the Photo Arts Club on Thursday, April 14, at 1:30 p.m. in Clubhouse 3, Room 5.

Bennett will explain how to make a photo with a sharp foreground and a fuzzy background. Everyone is asked to bring two photos they have taken: one in which the action is frozen, and another of the same subject, but in which the action is in slow motion. (Or people can bring in any photo they would like to share with the group.)

Members will select the winners from the photos brought



Regine Schumache

to the meeting. For more information, contact Regine Schumacher at (562) 430-7978.

—Esther Cummings

#### **Guys & Gals Tournament**

A total of 33 one-man-andone-woman teams participated in the Guys & Gals Tournament at Leisure World's Turtle Lake Golf Course on March 30. Three flights of golfers competed for best net scores, eight circle holes (within a 5-foot radius) and two closest-to-the-pin challenges.

At the opening 7:30 a.m. tee time, the weather was a relatively warm and partly overcast. But the sun came out quickly, and it was a pleasure to play in its warmth, though there was a slight wind after 11 a.m. A remarkable 27 of the 33 teams posted a net score at or under par; plus, there were 40 birdies and six circle holes.

All scores below are net. A Flight encompasses of handicaps of 0-9; B Flight is 10-12, and C Flight is 13-18.

**A Flight:** First place: Bob Barnum and Kyung Ju, a very well-played 10 under 44; second: Terry Thrift and Mary Ann Moore, a super 6 under 48; third: tie between Young Lee and Hae Lee, Bob Turner and Janice Turner, and Kyoo Choi and Bong Choi, a terrific 5 under 49; fourth: tie between Paul Alloway and Ann Tran and Bill Lyons and Pam Krug, a sweet 4 under 50.

**B Flight:** First place: Walt Bier and Margie Thompson, a super 8 under 46; second: Steve Walker and Yvonne Yim, an outstanding 7 under 47; third: Byron Schweitzer and Bert Thompson, an excellent 6 under 48; fourth: Ron Jackson and Dale Quinn, a very good 4 under 50; fifth: Fujio Norihiro and Pattie Smith, a nice 3 under 51.

C Flight: First place: Pat Paternoster and Elizabeth Butterfield, a tournament-best 11 under 43; second: Lee Broadbent and Joann Lim, an excellent 7 under 47; third: Dennis Jensen and Marilyn Hewitt, a first-rate 4 under 50; fourth: tie between Dave La Cascia and Liz Meripol, James Choi and Grace Choi, and Brian Tivnan and Patty Littrell, a fine 2 under 52.

Closest to the pin on the second hole were Byron Schweitzer

and Linda Herman, while on the 11th hole, it was Joon Sup Yoon and Devora Kim.

The next Guys & Gals Tournament will be on April 2. If you are scheduled to play but cannot, contact Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as possible prior to the day of the tournament. There are usually guys and gals available to fill in.

—Dave LaCascia

#### **Scrabble**

The Leisure World Scrabble Club met on all five Wednesdays in March. All combined, the members had 68 scores above 300 (including 15 higher than 400) and 50 bingos (i.e., the use of all seven tiles in one move).

Suthy Edgar had the highest score, a 476. It was one of the five times she topped 400. She had five other scores above 300 and 16 bingos.

Bob Ruderman had the most bingos at 17. He had nine scores above 300, four of which were above 400. His best was a 434.

Larry Edgar posted the most scores above 300 with 15. Two of his scores were above 400, including a 423. He had five bingos.

Diane Seeger recorded 12 totals above 300, four of them higher than 400. She had eight bingos.

Wanda Bemben topped 300 eight times, with a high score of 392. She had two bingos.

Denise Scott had three scores above 300, including a 401. She also had one bingo.

Club President Maria Giegerich had three totals above 300, with a high of 361, and one bingo.

Sylvia Makus and Marilyn Moody each had two scores above 300. Their best scores were 335 and 321, respectively.

The club meets every Wednesday from 1-4 p.m. in Clubhouse 3, Room 5. Lunch will be served on April 27, starting at noon.

—Larry Edgar



Vinyl Rock play the songs many remember listening to while growing up.

**WEEKEND DANCES** 

## Smile, swing and sway with Vinyl Rock in CH 1

Vinyl Rock takes the Clubhouse 1 stage on Saturday, April 9, at 7 p.m. The nine-piece Orange County-based band passionately performs classic rock, Motown and pop tunes from the '60s, '70s and '80s. Everyone will be smiling, swinging and swaying, as they sing along to songs they grew up listening to.

Sponsored by Cabaret Entertainers, Vinyl Rock's performance is free to GRF members and their guests, who must be at least 18 years old; tips are acceptable and appreciated. Leisure and big hair are welcome, but not required.

Doors open at 6 p.m. Only the band members may reserve tables. Attendees must be out of the clubhouse no later than 10 p.m. to allow adequate time for the custodian to tear down the setup and arrange the room for the following day.

The Recreation Department asks residents and their guests attending the GRF dances in Clubhouse 1 to not park on the east side of the building. Park-

suits, Fu Manchu's taches, mullets ing for the clubhouse is across Golden Rain Road at the golf course or on Burning Tree Lane.

> No announcements are permitted from the stage, except by the band. Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian, according to the instructions they have been given.

> The GRF asks everyone to sign in as a resident or guest, so that it can judge the popularity of bands.

> > —Kathy Thayer Recreation Manager



Pat Fellers (I) and Roland Phillips

**HUI O HULA** 

## Club celebrates two birthdays

Hui O Hula dancers celebrated the birthdays of longtime hula dancer Pat "PatPat" Fellers on April 1 and newcomer Roland "RoRo" Phillips on April 2.

Fellers, of Mutual 2, participated in the group's first hula performance at LW Theater Club's Annual Country Western Festival in February 2004. On that day, Hui O Hula danced "Ulupalakua," about the Hawaiian cowboys in the uplands of Maui. Though she has entertained with the club many, many times, she has slowed down more recently and seldom makes it to class.

Among the group's youngest dancers is Mutual 12 resident Phillips, who is preparing to entertain at Alamitos West Healthcare Center in May.

Everyone at LW is welcome to join in on the fun at hula classes held twice a week. Basic steps are taught on Tuesdays upstairs in Clubhouse 6, starting at 1 p.m. Thursday sessions are at Veterans Plaza at 1 p.m. For more information on classes or performances, call (562) 431-2242.

## **Genealogy Club**

The Genealogy Club invites anyone who is interested to visit its library and attend its workshops every Thursday at 1:30 p.m. in Clubhouse 3.

The themes for this month's workshops are as follows:

**April 7:** The Newly Released 1950 Census April 14: State of the

Month—Alabama April 21: Digging Deeper at

April 28: Brick Walls

(attendees are welcome to share with the group an ancestor they cannot find).

Club members have unlimited access to Ancestry.com (world version), Newspapers. com and Fold3.com (military records). The Genealogy Library is open Monday-Friday from 1-4 p.m. and Sunday from 11 a.m.-2 p.m. A volunteer is present during these times to assist people.

For more information, send an email to LWGW@gmail.com.

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Vicky Mayhew (I) and Susan Pierce were featured at the Spotlight on the Artist event on March 25.

**ART LEAGUE** 

## World-class artist Fealing Lin to demonstrate April 12 in CH 4

by Jay Young LW contributor

Internationally recognized watercolorist Fealing Lin will treat the Art League to a demonstration of her talents on Tuesday, April 12, in Clubhouse 4. The monthly meeting starts at 7 p.m., followed by Lin's presentation. Members and guests should arrive early to secure seats for what promises to be a lively event.

Born in Taiwan, Lin was a protégé of renowned professor Ching-Jung Chen before moving to the United States to pursue her career with watercolorist and senior art history professor Verna Wells.

Although briefly diverted from her passion by her family tradition of medicine and dentistry, Lin abandoned her tray of instruments and highspeed drills in favor of pallet and brushes. She combines impressionistic strokes and semiabstract techniques to elicit life and movement in her portraits and landscape watercolors.

Lin has won countless awards in exhibitions across the U.S. and abroad. She is a signature member of the National Watercolor Society, Watercolor West and Missouri Watercolor Society. Her work has appeared in magazines and books including "Watercolor Magic," "Artists Sketch Magazine," "Best Watercolor" and "Splash."

She is now a demonstrator,



"Pondering" by Fealing Lin

judge and active exhibitor and has taught watercolor workshops throughout the U.S. and Canada.

Refreshments and art supplies will be available.

For the monthly meeting, members are invited to submit artwork for display by 6:30 p.m. The popular choice theme is "Animals." In addition to other awards, one of Lin's pieces will be the raffle prize.

Vicky Mayhew and Susan Pierce were the featured artists at the Art League's Spotlight on the Artist event on March 25. Their creations were viewed by several hundred residents and guests who attended. The next Spotlight on the Artist is tentatively scheduled for July and will feature 3D specialist Allyn Constant. More details will be announced closer to the event.



The LW Pickleball Players Club is offering a free beginners lesson on Tuesday, April 12, at 10:30 a.m. on the pickleball courts behind Clubhouse 2. Led by Jim Thomason, the classes include equipment loans and will continue on the second Tuesday of each month. For more information, contact club President Linda Evenson at (561) 577-3283 or lwsbpickleball@gmail.com.

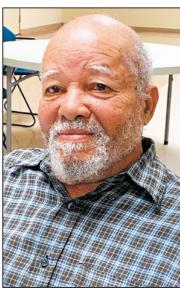


### **Chess Club**

This week's puzzle is checkmate in three moves. White moves first; any answer by Black, and White's third move is checkmate.

The solution to this week's puzzle: The White bishop moves from b6 to f2, then Black knight to f2, followed by White knight to d4 and Black knight to c4. The next move by White is checkmate.

The Chess Club meets every Friday from 1:30-6 p.m. in Clubhouse 3, Room 7.



Victor Ash

### **Community** Karaoke

Victor Ash has become known to the karaoke crowd for his famous shuffle dance. He never sings at karaoke nights, but he likes to dance to his favorite tunes, such as "Blue Bayou," which was done so nicely by Duane Owens on March 30. Ash's friends brought a homemade cake and sang to him.

Thirty singers entertained the crowd that night. Kyong Choi did a beautiful "When I Dream," and Nina DeRosa wowed everyone with "Over the Rainbow." Amy Walker danced while singing "It Had to Be You." Helen Schultz performed her favorite tune, "Why Me Lord," and Rob Illingworth enjoyed singing "Ain't We Got Fun." Pat Kogok shared "Mister Sandman," while Vilma Lina did a strong version of Frank Sinatra's "My Way."

Allana Eaby provides yummy baked goods every week for performers and audience members alike. On April 13, the club will celebrate Easter with sandwiches and themed treats.

Everyone is welcome to sing or be entertained on Wednesdays in Clubhouse 1 beginning at 5:30 p.m. Those looking to try out new songs or fine-tune old favorites are encouraged to attend practice sessions on Mondays from 1-3 p.m. in Clubhouse 6.

-Margie Thompson



Carol Gregurek (I) and Jack O'Brien focus on the game.

**SHUFFLEBOARD** 

## Hot Shots defeat Sliders, slide into first place for league

Shuffleboard League continued play on March 25. After a nip-and-tuck battle, the Hot Shots eked out a 10-8 win over the Sliders. The Hot Shots' allgame winner was Roger Bennett, while the Sliders' all-game winner was Harshad Patel. After 13 games, the Hot Shots are in first place, with Shufflers in second and Sliders third.

The Shuffleboard Club held its annual potluck St. Paddy's dinner on March 12, with 24 people treated to homemade Italian and Korean pasta dishes, salads, Irish soda bread, and, of course, corned beef. After dinner, several rousing games of Left-Center-Right were played. The night's winners were Sal LaScala, Doris Morton, Ellie West, Patty Peterson, Dave LaCascia, Red Ryals, Darlene Meyers, Jack O'Brien, Anita Giroud, Carrie Kistner, Chandra Patel, Sally Fowler and Penny Wright.

The annual Ham Shoot is scheduled for April 8. Sign-ups for this fun event highlighted by tests of players' accuracy, finesse and skill are at the Clubhouse

All existing and new memrs are invited to attend the general meeting on May 11 at 5 p.m. at the Clubhouse 1 Courts. Nominations and elections for

new and/or returning officers will be held.

The first Joan LaCascia tournament will be held on May 27. Each player will play three games, with the three highest total points scorers being rewarded. Play is limited to 24 people; sign-ups will begin later this month.

Practice times are Mondays and Wednesdays at 9 a.m. Starting time for League play is 8:30 a.m. on Fridays. Players are asked to arrive on time to get a starting position.

BYOB practice nights, tournaments and other social events are planned throughout the year for Shuffleboard members and their guests.

Everyone is welcome to cease being a couch potato and get acquainted with the game while meeting and making friends with other LWers—and getting some gentle, beneficial exercise. In order to use the Shuffleboard Courts, people must be trained in court setup, maintenance and play, with the goal of becoming a participating club member. No partners are necessary; the only requirements are closed-toe shoes with non-skid soles. All other equipment is provided.

Contact Dave LaCascia at (801) 674-5975 for more details.

—Dave LaCascia

#### Women's Golf Club

For March 29's special nine-hole tournament, 43 women were asked to take their highest scoring hole and change it to a par-3. Then the score of each hole was totaled to determine the total gross score, with the net score determined by subtracting the player's handicap.

The flight winners were:

Flight A: Low gross: Ann Tran, 27; low net: Janice Turner, 23. **Flight B:** Low gross: Bert Thompson, 27; low net: tie between An Sang and Nina deRosa, 23.

Flight C: Low gross: Jessica Choi, 30; low net: Elizabeth But-

**Flight D:** Low gross: Lis Kim, 28; low net: Anne Walshe, 19.

The deadline for editorial for LW Weekly is 4 p.m. Thursday on the Thursday prior to the desired publication date.



The winning club members at the annual Dealer's Tournament on March 26.

**TOURNAMENT POKER** 

## Dealers recognized with annual tournament

The Tournament Poker Club's annual Dealer's Tournament was held on March 26 to thank those who support the club by dealing for the year. Wendy Wu won first place, followed by Harry Sera, Jon Jones, Glenn Evenson, Barry

Brideau, Don Saunders, Guta Basner and Glenda Saunders.

Lessons on how to play Texas Hold 'Em will be held on April 9 and 16 at 11 a.m. in Clubhouse 6. Regular games begin at noon; all players must be seated by that time, as there are no late entries permitted.

The club plays the first three Saturdays of every month. Membership is \$10 per year, and games cost \$5 to play.

—Judy Jasmin

#### **Pinochle**

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with regular play beginning at 12:30 p.m. It costs \$2 per person to play.

The following are the winning scores from recent games. March 24: First place: Bobbie Olsen, 12,180; second: Ron Olsen,

11,800; third: Jim Kaspar, 11,710; fourth: Alma Zamzow, 11,410. March 26: First place: Howard Bleakley, 13,680; second: Gayle Golden, 11,040; third: Marge Dodero, 10,990; fourth: Donna

Anyone interested in playing pinochle should call Marge Dodero at (310) 968-9509.

#### Coin Club

The Leisure World Coin Club will hold its first full meeting since the start of the pandemic on Tuesday, April 12, at 1:30 p.m. in Clubhouse 3, Room 2.

Guests and new members are welcome to bring coins or anything they'd like to show. There will also be an auction and coin drawing.

#### **Golf League Results**

On March 25, 15 men, including two guests, of the Leisure World Golf League challenged a very wet Willowick Golf Course in Santa Ana. Willowick is not only long, but also demanding, with difficult pin placements and subtly placed sand traps, but no water hazards. Dense fog was with the group until the seventh hole, and then just damp conditions were the issue, resulting in only four scores being at or below par, though there were six birdies.

All scores are net (gross minus handicap). The handicaps for A Flight are 0-19, and for B Flight, it's over 19.

**A Flight:** First place: tie between Jim Goltra and Dave LaCascia, a hard-fought 3 under 67; second: Tim Looney, a well-played 2 under 68, plus a birdie; third: Sam Choi, a nice even par 70; fourth: Chris Lankford, 1 over 71, plus a birdie and closest to the pin on the 140-yard 12th hole; fifth: tie between Bill McKusky and Fujio Norihiro. Norihiro had two birdies, while Goltra and McKusky each had one. Goltra also had the fewest putts.

**B Flight:** First place: Gene

Vesely, 4 over 74; second: Ron Sommer, plus a birdie; third: Tom Ross; fourth: tie between Lowell Goltra, Bob Munn and Mike Looney. Munn had fewest putts, while Looney was closest to the pin on the 140-yard fourth hole.

The golfers on March 28 were faced with imminent heavy rain, but four men teed off at 7 a.m. despite league play being canceled. The weather was cold and wet, but the men completed a round.

The Golf League plays at four local courses, all within 15-20 minutes of Leisure World. The courses are always quite full, so advance reservations are available via a sign-up sheet at each round.

Players are not obligated to enter the prize pool for each round. Rewards are given for low net and fewest putts in each flight, birdies and closestto-the-pin challenges on two par-3 holes. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. Anyone interested can contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

—Dave LaCascia

#### **Drone Club Seeks Logo Designers**

Leisure World's Drone Club is seeking an artist to design a logo for its shirts and hats. The winning designer will receive merchandise with the chosen logo. Anyone interested should contact Joseph Valentinetti at 0501042@gmail.com.

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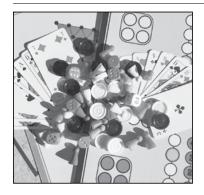
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### Women's Club **Tabletop Games**

Members and friends are invited to bring their favorite game to the Women's Club Tabletop Games on April 15 from noon-4 p.m. in Clubhouse 2. They can also join any table with a game they enjoy.

Lunch will not be served, but everyone is welcome to bring their own. The Women's Club will offer coffee and hot water for tea and hot cocoa, as well as sweet treats.

Everyone is asked to donate \$1 to support LW philanthropies. Any questions or concerns can be directed to Jan Krehbiel at (562) 431-8240.

#### **Monday Night Bunco**

Leisure World's Monday Night Bunco will celebrate Easter with a potluck on April 11. Dinner begins at 5 p.m., and play starts at 6 p.m.

The winners from the March 28 meeting are: Most Buncos: Judy Georger; Most Wins: Ellen Rodriguez; Most Babies: Suzanne Frank; Most Losses: Joyce Ingram; Door Prize: Diane Seeger.

The club meets on the second and fourth Mondays of every month in Clubhouse 3, Room 1, starting at 6 p.m. sharp. There is a halftime social. Contact Gail Levitt at (562) 596-1346 with any questions.

#### **Dancing Feet Club**

Dancing Feet Club line dancers performed bachata, coco jambo and waltz before a live audience at the group's social ballroom dancing event on March 27.

According to Richard Powers, an instructor at Stanford University's Dance Division, "The only physical activity to offer protection against dementia was frequent dancing. . . . Dancing integrates several brain functions at once—kinesthetic, rational, musical and emotional—further increasing neural connectivity."

Anyone who might feel that way or just enjoys dancing is invited to join the Dancing Feet Club. Members are taught new dances thoroughly until they are confident enough to test their skills by performing at monthly dance events.

In Clubhouse 2, the club hosts line dance classes on Mondays from 7-9 p.m., as well as a social dance the fourth Sunday of each month from 6-10 p.m. Everyone is welcome to dress to impress. Snacks are permitted, but alcoholic drinks are not. All events are free.

For more information, text Ed Bolos at (551) 998-4223.

#### **Cribbage Club**

Ron Jackson won his first star on March 29 by winning all seven of the games played at Cribbage Club with a perfect score of 847. Coming in second place was Howard Bleakley at 838, with third going to Bea Lissow with 836 and fourth to Sam Ray with 831. Bobbie Straley and Donna Morgan lost all seven of their games.

Candy Meyers provided cake and ice cream to make for a happy Cribbage Day; Margaret Smith helped Meyers serve the 46 members present.

Cribbage Club meets each Tuesday in Clubhouse 1. Refreshments are served at



Ron Jackson

noon, then seven games are played beginning at 12:30 p.m. To arrange for extra assistance in learning or brushing up on the game, leave a message for Terry Thrift at (714) 394-5885.

—Marilyn Chelsvig

#### **Sunday Bingo**

American Legion Post 327 hosts bingo on Sunday, April 10, in Clubhouse 2. Doors will open at 1 p.m., with the first call at 1:30 p.m.

Buy-ins start at \$5 per person. The American Legion Auxiliary will serve snacks and coffee. Proceeds benefit local veterans. Questions should be directed to Rich Carson, Post 327 commander, at (714) 719-6872.

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#### Crossword Answers

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#### Sudoku 1 Answers

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4	2	3	9	1	7	6	5	8
8	7	5	3	4	6	1	9	2
3	1	7	4	8	5	9	2	6
2	4	6	1	7	9	8	3	5
9	5	8	6	2	3	4	7	1

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be corcorrectly is when all SI boxes contain numbers and the other Sudoku rules have been follow. When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot changbers in the course of the game.

Each column must contain all of the numbers I through 9 and no two numbers in the same properties of the same properties of the

ch column must contain all of the numbers a curough of the numbers in the same column the same row of a Sudoku must contain all of the numbers I through 9 and no two numbers in the same row of a Sudoku

#### Jumble Answers

MIGHT UNSURE After rubbing the seasoning on the Thanksgiving turkey, she had — "THYME" ON HER HANDS

## Puzzle Answers

Puzzle pages 6-7





#### Sudoku 2 Answers

2	3	1	4	6	5	7	8	9
9	4	8	7	3	1	2	6	5
6	7	5	8	2	9	3	1	4
4	1	9	3	7	8	6	5	2
3	8	6	2	5	4	1	9	7
7	5	2	9	1	6	4	3	8
1	6	4	5	8	7	9	2	3
5	9	3	6	4	2	8	7	1
8	2	7	1	9	3	5	4	6



Candace Cameron Bure

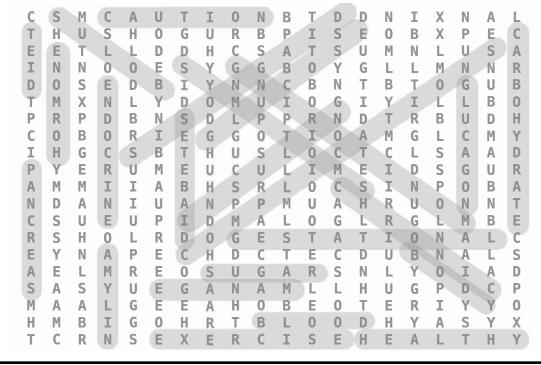
#### Crypto Fun Answers

A. health B. glucose C. insulin D. testing

#### **Boggle BrainBusters Answers**

INDIA CHINA SUDAN KENYA HAITI SPAIN ITALY CHILE EGYPT GHANA

#### **Word-Find Answers**



#### www.lwsb.com | www.lwweekly.com | April 7, 2022

## 

#### **CAREGIVERS** from page 1

3. Live-in Health Care: usually signifies a caregiver who stays 24 hours, offering the client services for 18 hours with six hours devoted to uninterrupted rest. They provide the same services as companion care and in-home health care.

#### Who Pays for Caregivers

Home care services are generally paid for directly by the patient and/or the family as an out-of-pocket expense, but there are some ways to cover costs.

- A long-term insurance policy will pay only for long term care. It can cover a portion or all of the cost for an in-home healthcare worker or an assisted living, or board and care facility, depending on the policy you have chosen.
- If you are eligible and are a Medi-Cal recipient, you can apply for the In-Home Supportive Services (IHSS) program. This program can help to pay for caregiver services provided to you so that you can remain safely in your own home. To be eligible, you must be over 65 years of age or disabled or blind. To learn how to apply for services, go to www.cdss.ca.gov/ in-home-supportive-services.
- Medicare will pay for a caregiver only when the Medicare recipient meets the requirements. It can cover part-time or intermittent in-home health services for people who are under the care of a doctor, homebound, and have been recommended for home services by their doctor. In other words, Medicare pays for a couple of hours of irregular inhome health care after surgery or after an extended stay in the hospital and ordered by a doctor. Further, the caregiver must be Medicare-certified.
- VA Benefits will cover a caregiver. There are two different programs. You need to contact your VA benefits coordinator for more information and eligibility: Veterans Home Care Vet Assist Program, (562) 208-1883; or VA Caregiver Support Homemaker Program, (562) 826-8000, ext. 4985. (This program offers three-five hours per day or threeseven hours per week of free VA paid for caregiver services.)

#### When Choosing a Caregiver for an Elder

- 1. Assess your needs in the areas of health, personal and household care. Decide if you need minimal or full assistance with bathing, dressing, toileting, walking, eating, medication management, transportation, shopping, meal preparation, laundry and house cleaning. A caregiver can only be a success if you clearly state your needs and expectations. Write out a job description based on the help that is needed
- 2. Decide if you want a private caregiver or an agency to provide the caregiver.

#### If you decide to hire a private individual, make sure to:

- check their references and do a background check.
- verify that the person is insured and bonded.

- consult your insurance company to see if your policy will cover in-home injuries.
- have a back-up to cover your caregiver if they are sick.
- follow local and state laws in regard to taxes, hours worked and overtime.
- ask yourself, "Am I comfortable with this person?"
- pay legally. When hiring caregivers, people often don't realize that paying taxes are part of their responsibilities as an employer. You could try to save money by paying your hired caregiver cash "under the table" and skipping the employment taxes. But if you or your caregiver gets audited by the IRS, the ramifications could far outweigh any potential savings. Creating your own W-2s and tax forms isn't too difficult, or you can get help from an accountant, use an online payroll service or use a caregiver agency. For more information, visit *https://* www.care.com/hp/how-to-startpaying-your-caregiver-on-thebooks.
- develop a job contract based on the job description, start date, worksite address and work schedule. Include wages and terms for ending the contact. For more information about caregiver contracts, visit https://www.care.com/ homepay/sample-senior-carecontract-20180306163750.

#### If you choose to use an agency, remember:

- a good agency will screen and generally bond its caregivers, and you can also ask to interview the potential caregiver. These caregivers have already been screened with background checks and bonding or liability insurance is covered. All taxes, labor laws and insurances are included in the cost of your
- the agency should do a home visit and put together a plan of care that meets your needs and does not overwhelm you. The agency should advise you of charges per hour, minimum hours required, hours billed for 24-hour service, services and mileage costs (if any).
- be sure to ask how to reach the agency after business hours and on weekends.

For more information, visit https://eldercareanswers.com/ when-hiring-a-caregiver/ or https://www.payingforseniorcare.com/homecare/hiring-independent-caregivers.

#### **Monitor Your Caregiver**

Caregiving is about meeting the non-medical needs of the client, and supporting the emotional and intellectual needs of the senior. When assessing the quality of care, consider if the caregiver is:

- attentive and engaged and has a meaningful connection and quality of life care.
- serving as ears and eyes and in consistent communication with the family, if need be.
- clean, professional and reliable.
  - properly trained.
- · accomplishing tasks properly and professionally.

#### Watch for:

- signs of abuse: physical, emotional, sexual or financial.
- unexplained or frequent injuries.
- furtive or secretive behavior from the senior; is he or she hiding instead of spending time openly in the home?
- consistent complaints by the senior. It could be that the caregiver is not interacting with them.
- limited access to the senior. Does the caregiver make it tough for you to reach the senior over the phone or tell you that the senior is always unavailable to talk to you? Is the caregiver always in the room when you talk on the phone or visit? If you are concerned about not being able to communicate with your senior family/friend, find out why. Make sure the caregiver isn't trying to keep you apart so that you won't find out what goes on when you aren't there.
- an overly close relationship. Is the senior loaning money, the car and other items to the caregiver or otherwise being taken advantage of emotionally or financially?

Caregivers provide a good service. Most are kind and caring people who want to help. Unfortunately, there are occasions in which caregivers have ulterior motives or issues that result in bad behavior. Remaining close to your senior family/friend can help you catch inappropriate behavior before it gets out of hand.

Once you have decided to employ services for yourself or family member, it is your responsibility to make sure that your caregiver is registered with the Stock Transfer office, per your Mutual policy.

This allows your caregiver to receive a pass into the community and identifies them as an employee of your unit.

#### **Caregiver Resources**

For more information on choosing a caregiver, visit www. tn-elderlaw.com/free-resources/ resources/ten-tips-for-choosinga-caregiver-for-an-elder.

#### Other resources include:

- Caregiver Counseling: Help and Support to Family Caregivers of those with Dementia through the Alzheimer's Family Care Center, (714) 593-9630, www.AFSCenter.org.
- Caregiver Resource Center OC offers consultants who can provide specialized referrals to various community resources for caregivers, fact sheets and general information related to caregiving, 1(800) 543-8312 or (714) 446-5030, www.caregiveroc.org.
- IHSS Medi-Cal Caregiver Program for Low Income, (714) 825-3000, www.cdss.ca.gov/inhome-supportive-services.

Residents are invited to visit the brochure display in Building 5 for more information.

To book an appointment to learn more about the information here, call Robann Arshat at (562) 431-6586, ext. 317.

The next Senior Resource Focus will run in the May 5 edition.

#### WHEN from page 4

along the trail.

- April 3, 1969—"Transit Ads Now on LW Minibuses" was the headline. The story explained that advertising would now appear on the inside and outside of the Leisure World Minibuses. Revenue was to be used to fund a bus replacement program.
- April 6, 1967—The Seal Beach City Council approved the hiring of an architect to develop plans for a community center to be located in the newly annexed Rossmoor Shopping Center. The center ended up being 3,500 square feet with a seating capacity for 300 people.
- April 9, 1986—Harbir Narang, vice president of First Columbia Management, Inc., became the acting administrator of Leisure World. By June he was the permanent administrator. Prior to becoming associated with Leisure World, the native of New Delhi, India, had been associated with the Federal National Mortgage Associate for nine years. In 1979, he joined the J.L. Moyer Company, which was later purchased by First Columbia Management.
- April 10, 1980 The picture on Page 1 of the LW News showed the trees on the north side of Clubhouse 2 being removed. The expansion was to add a stage and dressing rooms to the north side of the facility.

#### 405

#### from page 3

to Bolsa is anticipated to reopen in approximately two months. The SB I-405 loop on-ramp from Goldenwest closed March 12 and is anticipated to reopen in approximately four months.

#### **Bolsa Avenue**

Crews are constructing the sound wall along southbound I-405 between the Bolsa Avenue bridge and the railroad. Construction is ongoing, 7 a.m.-4 p.m. on weekdays and Saturdays, as needed for approximately one week. This work will also include intermittent nighttime lane reductions on SB I-405, between Bolsa Avenue and McFadden Avenue. Sign up for project-wide and bridge-specific construction alerts at bit.ly/405-signup. Email 405project@octa. net or call (888) 400-8994 for more information.

## **CLASSIFIEDS**

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License BRN000. 6/30

#### GARDENING & LANDSCAPING

#### FRANK'S GARDENING **SERVICE**

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/ Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor's License #779462. Call 562-863-7739,562-743-3832 or 714-527-1172 6/30

#### **HANDYMAN SERVICES**

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001.7/07

#### 562-596-0559 LW DECOR INC. **LICENSE 723262**

Install doors, new windows, recessed lights/fans/light fixtures. Cabinet refacing, refinishing. Paint exterior window frames/ceilings made smooth/closets redone. Miscellanous/repairs. Kitchen/ bathroom remodeling. 5/12

40+ Years in LW

#### **BATHTUB & SHOWER** REFINISHING

We refinish your SHOWER/ TUB to look brand new. Convert to WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911. License 699080. Serving LW since 1999. 4/28

#### **PAINTING**

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. CA State License 675336. 6/16

Affordable - Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior discounts. Cory Gee Painting 714-308-9931 License 1049257 5/26

#### 562-596-0559 LW DECOR INC **LICENSE 723262**

Interiors, cabinets, exterior window frames. Kitchen/Bath, doors, trim. Prime only premium paints. Ceilings made smooth, crown moulding & baseboards installed.

**40+ Years in LW** 5/12

**Bel-Rich Painting.** Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. Business License 705131. 4/28

#### **FLOOR COVERINGS**

562-596-0559 LW DECOR INC.

Vinyl plank, laminate, tile indoor and outdoor, patio carpet. 5/12 40+ Years in LW

#### **UPHOLSTERY** / **CARPET CLEANING AND TILE & GROUT**

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito State Contractors License 578194. 6/16

#### SKYLIGHT SERVICES

**SKYLIGHTS** 

CLEAN, REPAIR, REPLACE. Licensed and insured. Dan (562) 841-3787. SB License BRA0002. 5/12

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. 12/29

## **CLASSIFIEDS**

## WINDOW COVERINGS

562-596-0559 LEISURE WORLD DECORATORS

Shutters, blinds, roll-up shades, custom drapes. 5/12

#### **WINDOW WASHING**

WANT CLEAN WINDOWS? I clean Inside/Outside-(OR)-clean-Outside-ONLY and Save \$\$\$. LW-Resident/Rich Livitsky. Seal Beach Business License LIV0004. (562)-600-0014 5/26

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SEAL BEACH BUSINESS LICENSE AB0001.

#### **EMPLOYMENT**

Pianist/Organist - Bethlehem Luthern Church of Los Alamitos is looking for a Pianist-or-Organist to accompany worship services. If interested, please call the church at 562-430-3444.

LOOKING FOR WEEKEND CAREGIVER: Assist my 91-year old Mom with meals, medicine, etc. Must be able to help transfer from chair to commode, etc. Other days possible but need Sunday afternoons ASAP. Call Mariana at (818) 324-5772 or just send me a text.

#### LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9 am-5 pm. (585) 703-5606, (562) 296-8782.

Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Free of charge. Diane Hart 714-955-2885.

#### "ROLLIN THUNDER" GOLF CART CLUB

Offers FREE advice on buying and selling of your golf cart. Also batteries and Safety Flags. 562-431-6859

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I am an experienced caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands. 949-899-7770. Available 24/7. SB Business License HEL0006.6/16

#### CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License BCS0002. Bonded/Insured. 6/16

MOST AFFORDABLE RATES with optimum service, 30-years LW experience, reliable, honest caregivers. Licensed, 24-hours, part-time, doctors, appointments, references, fluent English. Ann 714-624-1911, 562-277-3650 - Heidi. Seal Beach License HYC0001. 6/02

EXPERIENCED CAREGIVER
Over 25+/years in Leisure
-World with/Excellent References! Hourly or Live-in. Please
Call Pampet/562-371-4895. Seal
Beach License PAN0003 5/19

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state SB RAZ0002. Gloria/949-371-7425.

Maria's experienced caregivers, run errands, Dr's appointments, cleaning,part-time,full-time,live-in. (562) 230-4648. Seal Beach Business License #CAM0006. 5/26

#### **BEAUTY SERVICES**

Tammy Nguyen Phenix Salon. Service in private suite. One-customer, one-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/ Toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Boulevard, #116. (714)-425-4198. 5/05

In home haircare, serving the menand-women of Leisure-World for 36-years. Mel Cell/562-480-9341 License KC75538. 4/07

#### **HOUSE CLEANING**

Experienced housekeeper providing weekly-and-monthly cleaning. Call/949-899-7770. Seal Beach Business License HEL0006. 6/16

MOVE-IN, MOVE-OUT, WINDOWS, HOUSECLEANING CALL PHIL at 562-881-2093 Over 30 Years Experience! Seal Beach Business License AB0001 4/21

## GRACIAN'S HOUSECLEANING & WINDOWS. WINDOWS 10% OFF first cleaning.

General housecleaning Excellent referrals in LW (562) 307-3861. 20 years experience. Seal Beach Business License GRA0006 5/05

General housekeeping, 30+ years experience. Bi-weekly or monthly. Seal Beach License RAZ0002. Call Gloria 949-371-7425. 6/09

Maria House-Cleaning
We'll make your house look
NICE-as-possible! 15+/years
experience. We can work with/
your schedule. Bi-weekly/
Monthly. Deep-cleaning. Call/
Text/714-496-2885. Business.
License HER0008. 609

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning. Seal Beach Business License M0001A. Call/562-505-1613. 5/26

LeeGee Cleaning Services. Move-In, Move-Out. Deep Cleaning and/or Recurring. General Housecleaning, Weekly/Bi-Weekly/Monthly. 7-Days Call/Text Lisa/714-916-7796. SB Business License LEE0004. 4/14

#### **COMPUTERS**

## FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License #CIP0001 5/19

John's Computer Services 562-733-9193

Virus-Removal, Repair, Training, Software, Wireless, Internet Security. LW-Resident. Seal Beach License FUH0001. 6/09

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#### ANY KIND OF CAR

Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of -Liability for you! Bonded/ Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. 5/05

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#### **GOLF CART TIRES**

Golf Cart Tires in Leisure-World with "SPECIALITY TIRES". All-standard-sizes and MORE! Seal Beach License SPE0007.
1-800-847-9593 4/28

#### **TRANSPORTATION**

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258. 4/07

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. 4/21

A PERSONAL DRIVER IS WITHIN YOUR REACH! Transportation for Airport Travelers, Medical-Patients. Call James/562-537-1298. 4/14

#### AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. Contractor's License #779462 6/30

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## MISCELLANEOUS WANTED

Singer will buy Karaoke-Equipment/CDs/Microphone/etc in good-condition for outdoor-concerts/(ALL for St. Jude). Valentino/562-240-7396.

#### MISCELLANEOUS FOR SALE

Patio Sale. 1540 Northwood Road Mutual-11/Apartment-270D. Friday/April-8th and Saturday/April-9th (9:00am-3:00pm). Everything in original-box is brand new.

Yard Sale by Owner Florida and Ken Leach. Many plants and jewelry, two chairs, suitcase, shoes, chairs, chest, loveseat, oval table. Many items not listed with much more to see! 1441 Homewood Road, Mutual-5, Apartment-96K. Thursday/April-7th, Friday/April-8th, Saturday/April-9th. (562)-370-6542.

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Mutual 9 - 235E Mutual 12 - 34H

Mutual 2 - 46H Mutual 1 - 62E

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Fresh ocean breeze included in this upstairs 2 Bedroom, 2 Bathroom remodeled apartment with washer/dryer, microwave, set-in stove, modern flooring and much more.

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M15 10-D • CLOSED
M15 3-N • CLOSED
M15 2-D • CLOSED
M10 249-G • CLOSED

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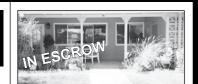


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Suzanne Ahn 562-810-1614



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\$350,000

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7-159F	\$400,000	8-193H	\$230,000
5-104E	\$259,000	14-24A	\$325,000
11-262B	\$359,000	2- 35 D	\$210,000
16-52L	\$269,000	8-191A	\$485,000
6-57H	\$210,000	3-12L	\$205,000
12-36D	\$365,000	12-62K	\$240,000
2-22D	\$185,000	8-180H	\$172,000
8-202C	\$284,000	6-138B	\$175,500

**Leisure Living Resales** 



## **Erika** Shapiro

Resales Specialist Mut. 17 Resident BRE # 01448494

562-208-5223

### Reduced Price

Expanded 2 BDR/1 Bath Great Location, close to parking. Laminate Flooring, A/C Heat Pump, Washer & Dryer. Move-in ready.



**Mutual 9-235E** 

\$335,000

## New Listing

2 Bedroom /1 Bath, Privates Entrance, Enclosed Patio, Move-in Ready, S/W Facing, Laminate Flooring

> Mutual 2-30D \$309,900

2BDR, 2 Bath Condo 270 Wr, needs TLC Mutuln 17 \$389,000 **\$389,000** 

1 BDR, basic profice weenbelt, Mutual FSC \$205,000

2 BDR, 1 Bath partially expanded, Ne **n-Es**,C.F.S. paint Mutual 2 \$298,000

<sup>2 BDP</sup> in ESCroW<sup>1</sup> patio,

Mutual 2 \$298,000

2 BDR, 2 Bath From Corner Mutual dn F29 \$399,0 \$399,000

**Leisure Living Resales** 



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Looking for a reliable real estate agency who you can trust? Look no further! At On-Site Home Sales, we are a independent brokerage, but have partnered with Leisure World since the beginning. Our broker and Realtors know the process of listing and buying in Leisure World like the back of our hand. We know what it takes to get your home sold and for maximum value. If you are thinking of buying or selling inside Leisure World, let the On-Site Home Sales Office take the guess work away. Come by our office anytime to speak with one of our expert Realtors!



M9 207D \$459,000



M1234H \$379,000



M2 10E \$310,000



MB 19J COMING SOON



Dawn Januszka Broker DRE #021105



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## New Listing!

Charming fully expanded two bedroom, one bathroom, formal dining room home with a flexible floor plan The leaded glass door opens into a spacious light and bright open floor plan with a living room that has laminated flooring and an adjacent dining room with a large skylight. The kitchen has white cabinets and built-in appliances including a refrigerator, stove, oven, and dishwasher. The expanded master bedroom is carpeted and has a walk-in closet. The bathroom has tile flooring and skylight. The second bedroom is carpeted and has a ward r closet. This lovely home has double pane windows, faces southwest and has convenient drive-up parking. Enjoy the wonderful ocean breezes that Seal Beach has to offer. Leisure World Seal Beach is a resort-like senior community and offers many activities, organizations & clubs to participate in including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, arts, crafts, amphitheater, library, sewing and crafts room, wood working shops, health care center, and so much more.



### PENDING

Mutual 4-88G
Mutual 2-46H
Mutual 5-117G
Mutual 10 -250J
Mutual 2-3B
Mutual 2-8C
Mutual 11-286I
Mutual12-61A

## SOLD 2022

Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

## New Listing!

Enjoy this spectacular fully expanded corner home with many custom upgrades. This lovely home features two bedrooms, one bathroom, large spacious living room with formal dining area that has custom built-in cabinets. The master bedroom has a walk-in closet, the bathroom has custom cabinets and counters, skylight and con walk-in shower. Second bedroom has mirrored wardrobe doors, The kitchen has beautiful custom built-in fabulous freestanding island, built-in electric appliances including a stove, oven, refrigerator, dishwasher. This lovely home has many special features including built-in custom cabinetry throughout, double pane with central heating and air conditioning, newly installed deluxe vinyl plank flooring, has been newly painted an pretty Greenbelt front view. Walk to downtown Leisure World and enjoy the gym, swimming pool, nine-hole par golf course, amphitheater, post office and many more facilities and activities. Located in Leisure World Seal Beach in a lovely guard-gated private community.



## New Listing!

Delightful fully expanded corner two bedroom, one bathroom, formal dining room home with a flexible The leaded glass door opens into a spacious living area that has a charming combination of carpeting an The kitchen has vinyl flooring with white cabinets and built-in appliances including a refrigerator, stove, ceiling fan, and skylight. The expanded master bedroom is carpeted and has both a wardrobe and walk sitting area. The bathroom has vinyl flooring, convenient walk-in shower, and ceiling fan. The second be with a wardrobe closet. This lovely home faces southeast with a southwest side exposure and has a priv Enjoy the wonderful ocean breezes that Seal Beach has to offer. This special home offers all this and is Leisure World Seal Beach is a resort-like senior community and offers many activities, organizations including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, arts, crafts, amphitheater, land library.

## \$389,000 \$389,000

Enjoy the beautiful Greenbelt view from this charming one bedroom one bathroom upgraded home. This lovely home has a spacious living room with laminate flooring and double pane windows throughout. The kitchen has quartz counters, built in glass top stove, oven, refrigerator, built-in under the counter washer dryer combo, skylights, new stove vent fan, and ceiling fan. The bathroom has quartz counters, cut down shower, and tiled flooring. The bedroom has mirrored wardrobe sliding doors and double pane sliding glass doors to patio. Additional features include leaded glass entry door, Milgard windows, two heat pumps one in the living room and one in the bedroom, and smooth ceilings. The private patio has a walk-in storage and beautiful Greenbelt view. Don't miss out on this lovely home and the Seal Beach ocean breezes.



If you are looking for a two-bedroom one-bathroom home in a good location to make your own this may be the one for you. This Leisure World cottage offers a spacious living room area with a heat pump and air conditioning unit. The kitchen has built in Leisure World appliances including a refrigerator, stove, and oven. The master bedroom has a sliding glass door to the patio. The bathroom has a skylight and cut-down shower for walk-in convenience. The second bedroom looks onto the private wrap-around patio which is carpeted, has a skylight and walk-in storage area. Enjoy close parking, the ocean breezes, and all that the Seal Beach community has to offer. Located in the resort-like community of Seal Beach which has over 200 clubs, activities and organizations including a gym, nine-hole par-3 golf course, swimming pool, jacuzzi, 6 clubhouses, bocce ball court, shuffleboard, amphitheater, park-like barbecue area, library, health



## SOLD 2021

Mutual 5-93F

Mutual 8-202C Mutual 8-202J Mutual 3-21A **Mutual 10-240B** Mutual 11-2671 **Mutual 12-70D Mutual 14-15I** Mutual 2-13F Mutual 2-51J Mutual 1-35J Mutual 11-285H Mutual 2-19L Mutual 2-24D Mutual 1-30D Mutual 1-37F Mutual 12-41G Mutual 2-46D Mutual 10-248D Mutual 11-277A Mutual 2-40L Mutual 8-203G Mutual 2-22J Mutual 1-52A Mutual 2-63A Mutual 5-123K Mutual 2-17C Mutual 9-224G Mutual 9 -215B Mutual 15-32J Mutual 6-57E

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Leah Perrotti



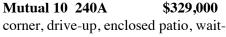
Hanna Rubinstein

## <u>Two-Bedrooms</u>

\$259,900 **Mutual 11 286B** good location, heat pump, skylights, wrap around patio

\$279,900 **Mutual 10 255K** large green area, btfl. patio, newer carpeting and paint, parking close

\$295,000 Mutual 12 55E great location, dual pane, heat pump, lam. floors, new paint



ing for remodel, great buy

Mutual 2 59B \$335,000 fully expanded, lam. floors, double pane, drive-up, faces south

Mutual 4 82A \$360,000 expanded corner, large greenbelt, needs some love

\$365,000 Mutual 14 3J fully expanded, lam. floors, skylights, dual pane windows, must see



Fay Wescott 562 242-6162 Philip Bak 213-550-9991



Tim Kearns 714-293-3950

#### Mutual 2 8C

1 3/4 baths, 2 bay windows, remod. kitchen, cent. air, lam. flooring

\$489,000 **Mutual 11 262F** corner expanded, faces south, skylight, lam. flooring, great location

**Mutual 10 248G** \$570,000 stunning corner, gorgeous, has everything, fab green must see

#### **Now Hiring New Agents**



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424-247-4542



Linda Patton



**Bill Berman** 



Gail Alonzo 562-673-6307



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rwgraysales@verizon.net DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740

## LOOKING TO BUY OR SELL? CALL ME I have 25 years of Leisure World Experience!

(Located in the shopping center, behind Carl's Jr.)



## Buildable Corner





## Mutual 10-240-A \$329,000

Drive up basic corner with two bedrooms, one bath, enclosed patio room - just waiting for you to make it your own! Walking distance to the library and Clubhouse 3 and 4, plus plenty of street parking for guest! Great for a remodel... Call me to see!!

## lew Listing





## Mutual 12-56-A \$389,000

Fully expanded DRIVE-UP CORNER with close carport parking! Huge living room and separate dining room, oversized master bedroom with a walk-in closet, tiled kitchen and bath counters, cut-down shower, smooth ceilings, central heat/air. Now come and add your touches to make this unit amazing! Call today!



Mutual 2-48-G \$449,000



Mutual 10-248-G \$570,000



Mutual 6-135-B \$310,000

See more at www.sealbeachleisureworld.com

28 April 7, 2022 | www.lwsb.com | www.lwweekly.com



## CAROL GASPER & NICK MONTEER

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www.sealbeach-retirementcommunity.info 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of <u>30</u> Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1881 St John Rd., #37Q | M15 | \$369,000 Remodeled upstairs unit with open patio. Laminate Floors, Central A/C Heat, Granite countertops, dual pane windows/slider, solar tubes, opening skylight, dishwasher and updated kitchen



1281 Knollwood Rd. #44G | M4 | \$479,000 Beautiful corner 2 bedroom, 1 bath unit in a great location! Remodeled throughout, heat pumps in every room, washer/dryer, real wood floors! A must see!



13341 Twin Hills Dr. #57D | M12 | \$579,000 Amazingly redesigned unit! 2bd/2ba corner unit with all the bells and whistles. Washer/dryer, every finish redone and newer windows!



I just recently purchased a condo in Leisure World with the assistance of Nick and Carol from Gasper & Monteer Realty Group.

They made the whole process stress free and painless.
They are very well informed of the community rules and regulations and it made easier for me to make my decision to buy my property at Leisure World!
Thank you both for all the profissional courtesy and efficiency!

-Coco

M1 25K



13800 Annandale Dr. #401 | M1 | \$234,500 Fully expanded 1 bedroom 1 bathroom unit with beam sunken into ceiling. Heat pump, Skylights and carpet throughout with walk-in closet.



13110 Seaview Ln #245G | M10 | \$589,000 RARE Corner 3 bedroom, 2 full bath unit. Bay windows, central HVAC, 2 walk-in closets, washer/dryer. Completely remodeled kitchen and bathrooms. No detail was spared!

On April 4th, 2022 a total of 26 units show as active listings on the CRMLS (this is where Realtors list property for sale).

3 - 1 bedroom/1 bath units from \$225,000 to \$239,900

15 - 2 bedrooms/1 bath units from \$279,000 to \$469,000

8 - 2 bedrooms/2 baths units from \$369,000 to \$519,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!





## CUT OUT AND MAIL IN OR DROP OFF:

Gasper Monteer Realty Group 1900 St Andrews Drive #B, Seal Breach, CA 90740

NAME:

PHONE:

**EMAIL:** 

I want to receive information about the market in Leisure World