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HONORING LW CENTENARIANS

SEAL BEACH POLICE/DEA

Drug Take Back Day is April 30

On Saturday, April 30, from 10 a.m.-2 p.m., the Seal Beach Police Department and the Drug Enforcement Administration (DEA) will give residents an opportunity to prevent pill abuse and theft by ridding their homes of expired, unused and unwanted prescription drugs.

Bring prescription pills to the Main Gate for disposal. The DEA cannot accept liquids or needles or sharps, only pills or patches. The service is free and anonymous.

This initiative addresses a vital public safety and health issue. Medicines that languish in home cabinets are susceptible to diversion, misuse and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet.

In addition, Americans are now advised that flushing medicines down the toilet or throwing them in the trash pose potential safety hazards.

“Throughout Orange County, we hear of tragic events in which people die from an overdose of prescription medication,” said Seal Beach Chief of Police Philip L. Gonshak. “By creating this opportunity for the community to safely dispose of their unused and expired medication, our goal is to help prevent access to dangerous prescription medication. We are grateful for the continued partnership with the Golden Rain Foundation and Leisure World community for allowing us to host this event at their main entrance.”

For more information about the disposal of prescription drugs or about the Take Back Day event, visit <https://takebackday.dea.gov/>.

Cinco de Mayo

What: Cinco de Mayo Celebration with a mariachi band, dancing, virgin margaritas and more.

Where: Clubhouse 6, parking lot and inside the facility.
Date: Thursday, May 5
Time: 5 p.m.

For more information, see page 3. Festivities will begin at 3 p.m. with a tour of the newly renovated LW Aquatic facility if final inspections are complete.

GOLDEN AGE FOUNDATION



More than a dozen volunteers fanned out through LW April 20 to honor LW’s longest lived people. Seal Beach Mayor Thomas Moore (center) and GAF event coordinator Anna Derby (r) organized the special day with the help of Seal Beach staffers Lauren Barich (l) and Jennifer Robles, both from the City Manager’s Office. For more photos, see pages 16-17.

Celebrating LW’s super-agers



GAF volunteer Beverley Bender visits with Jo Pickerell and Jo’s daughter Wendy Grime. See pages 16-17 for more photos.

by Ruth Osborn
rutho_news@lwsb.com

Last week, the Golden Age Foundation, along with the Golden Rain Foundation and the City of Seal Beach, feted LW centenarians with balloons, flowers, gift cards and lunch. A squad of volunteers that included the Mayor of Seal Beach fanned out to hand deliver this trove of love to the very long-lived in Leisure World.

Mayor Thomas Moore and city staffers Lauren Barich, Jennifer Robles, Megan Coats and Erika Halberg scooped up armfuls of presents and hit the road.

These 100-plus-year-olds are worthy of the recognition. Some of them were alive in 1918 and survived the influenza epidemic that swept the world, killing an estimated 50 million people. All of them survived

CENTENARIAN, page 23



Bob Lynch is 103 and still smiling.



Beverley Bender hugs Chun Tung.



Phyllis Poper is proud to reach 100.



CERT's graduating class of 2022

CERT

Sign up now to be part of emergency response team

The Leisure World Community Emergency Response Team (CERT) invites all residents to learn how to help themselves and others in the community during and after disasters. The CERT Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders

are not immediately available. CERT members are also encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. Students must attend all class sessions to become CERT-certified. The training is held every Tuesday and Thursday from May 3-June 9 from 6-8 p.m. in Clubhouse 3, Room 2. The dates are as follows:

- Tuesdays, May 3, 10, 17, 24 and 31, and June 7
- Thursdays, May 5, 12, 19 and 26, and June 2 and 9.

To register, contact Eloy Gomez at (562) 431-6586, ext. 356, or eloyg@lwsb.com.

Free COVID-19 Tests

Every household in the U.S. is now eligible to receive a second set of four free COVID-19 test kits. Go to www.covidtests.gov and click "Order Free At-Home Tests" in the blue field. It's simple and fast, and tests are promptly delivered. People who need help placing an order can call 1-800-232-0233 (TTY 1-888-720-7489).

LW LIBRARY

AuthorSpeak to resume June 3

The Leisure World Library is excited to announce that its popular AuthorSpeak program will return this summer. From June to September, the library will feature one author a month at the adjacent Veterans Plaza from 11 a.m.-noon. Authors will give a presentation, followed by a question-and-answer period and book signing. Refreshments will be served. Kicking off the season Friday, June 3, will be LW author Dave Silva, who will discuss his nonfiction book "Searching for Utopia." It examines how utopias and dystopias of science fiction can help build a better tomorrow for everyone. On Friday, July 8, movie producer and director Wolfgang Glattes will review his career in pictures, as detailed in his book "Memories of La La Land." On Friday, Aug. 12, New York Times-bestselling historical romance author Debra Holland will discuss her long-running "Montana Sky" series. Finally, on Friday, Sept. 9, LWer Michael McGrorty, who residents may know from his popular postings on the social network platform Nextdoor, will share short stories from his book "The Swimmer and Others: Stories of the Second World War."

OC FIRE AUTHORITY

Training set for May 3 in Mutual 15

To serve Leisure World better during a medical or fire emergency, the Orange County Fire Department will conduct a fire emergency drill in Mutual 15 near Building 7 along Del Monte Drive on Tuesday, May 3. The training is scheduled from 9-11:30 a.m. The exercise will be conducted outdoors and will include the use of smoke machines, mannequins as victims and laying hoses, among other drill activities. The goal of this exercise is to train firefighters from nearby stations on LW topography and building layout. LW Safety/Emergency coordinator Eloy Gomez and Security will be on scene for traffic and pedestrian control. Residents are asked to stay away from the area if possible to minimize vehicle and pedestrian traffic.

MINIBUS

Orientation meeting is May 5 in CH 3

A Minibus informational meeting is held on the first Thursday of every month in Clubhouse 3, Room 3, to assist LW residents with using the many transportation services available to the Leisure World community. The next meeting is May 5. No reservations are required. The meeting starts at 10 a.m. The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges. Information on other local bus and transportation services to nearby grocery shopping and medical service destinations is also presented. Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle. Monthly informational sessions are for new or current residents who would like to learn about the Minibus service routes and timetables. The LW Minibus service is a community transportation service for everyone. Residents, Leisure World employees, visitors, family members of residents and caregivers can all ride the minibuses. Anyone who has a valid pass to enter the community can ride on the LW buses. The only rule is each person must be 18 years of age or older or accompanied by someone who is 18 years of age or older.

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SCAM ALERT

Gift card scams are on the rise

The Seal Beach Police Department cautions LW residents not to send money, checks, gift cards or give personal information via text or over the phone. Gift card scams, especially, are on the rise, according to the Federal Trade Commission. About one in four people who report losing money to fraud say it happened when a scammer tricked them into divulging the numbers on the back of a gift card.

If someone asks you to pay someone using a gift card, stop. It's a scam. Gift cards are for gifts, not payments. People can report gift card scams at reportfraud.ftc.gov.

These scams are far more frequently reported than any other payment methods for fraud, and numbers have reached staggering new highs compared to past years.

In the first nine months of 2021 alone, nearly 40,000 people reported \$148 million stolen using gift cards. And because the vast majority of frauds are not reported to the government, this reflects only a fraction of the harm these scams cause.

Scammers, who direct people to go to a specific store and buy a specific gift card, favor gift cards because they are easy for people to find and buy and they have fewer protections for buyers compared to some other payment options.

Scammers can get quick cash, the transaction is largely irreversible, and they can remain anonymous.

According to reports received by the FTC, scams demanding gift cards most often start with a phone call from someone impersonating a well-known business or government authority.

Many people report that a scammer posing as Amazon or Apple told them to send pictures of the numbers on gift cards to fix a supposed security problem with their account.

Other people report that a scammer claiming to be the Social Security Administration said their bank accounts would be frozen as part of an investigation. They're told to buy gift cards to avoid arrest or to secure access to their money. Reports also show that scammers asking for gift cards pretend to be a love interest, employer, sweepstakes or lottery company, or relative in trouble.

In the first nine months of 2021, people who reported losing money buying gift cards mentioned Target stores more than other retailers. Reports suggest that Walmart, Best Buy, CVS and Walgreens stores are also popular with scammers.

Both the number of reported gift card scams and total losses have increased every year since 2018, according to the FTC. Individuals also report that they're losing a lot more money, with median reported losses up from \$700 to \$1,000.

Whenever someone demands to be paid with a gift card, it's a scam. If someone convinced you to give them the numbers on a gift card or send them a photo of the card, save the card and your receipt, and immediately report it to the card issuer. Contact information for some major gift cards is available at [ftc.gov/giftcards](https://www.ftc.gov/giftcards). Then report the scam to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/ReportFraud).

PROTECT OUR PIPES

Refresh liquid wipes available in LW

With GRF Service Maintenance reporting a growing incidence of blocked sewer pipes largely due to flushable wipes, Mutual and GRF officials have been seeking a remedy.

They found one in a product called Refresh Liquid Wipes that is now on sale for \$6.81, including tax, at the Copy & Supply Center in Building 5. The 50-milliliter package provides approximately 100 applications, roughly the equivalent of 50 disposables, which compares favorably to the cost of wipes. *Amazon.com* currently charges \$7.31 for the same product, so savings are available through the Copy & Supply Center.

The toilet paper foam is eco-friendly, good for sensitive skin, and cleanses and soothes using witch hazel and aloe. It is alcohol- and paraben-free and plumbing safe. Refresh can be sprayed on toilet tissue, turning it into a truly flushable wipe. Most wipes labeled “flushable” are not biodegradable and cause major stoppages.

GRF Service Maintenance reports that even though crews routinely pull wipes out of pipes, there are so many that they are clogging lines, which can require expensive repairs.

1-405 Updates

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605.

The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line. Construction updates are as follows:

WB SR-22 On-Ramp from Old Ranch Parkway Now Open
The westbound SR-22 on-ramp from Old Ranch Parkway is now open. It has been closed since April 13, 2021.

North Gate Road Update

Sewer work is scheduled to begin along North Gate Road this summer. This work will likely require the closure of North Gate Road, but details are still being worked out, and work is not expected to start until June. Watch for updates.

Email 405project@octa.net or call (888) 400-8994 for more information.

OCTA

Crews closed 405 on-ramp at SB Boulevard

Crews closed the I-405 loop on-ramp from Seal Beach Boulevard on April 25.

It will be closed for approximately one month to accommodate the freeway widening as part of the freeway improvement construction.

Sign up for project-wide and bridge-specific construction alerts at bit.ly/405-sign-up. For closures and detours on the interactive map, visit <http://www.octa.net/images/freeways/405/405closures.pdf>.

Seal Beach Classic Car Show

The annual Classic Car Show is the showcase event for the City of Seal Beach Chamber of Commerce, with over 500 classic cars on display all along Main Street.

On Saturday, April 30, the following streets will be closed as a result of this event:

- Main Street between Pacific Coast Highway and Ocean Avenue
- Ocean Avenue between 10th Street and 8th Street
- Central Avenue between

CARS, page 27



A mariachi band called Mariachis Alas de Ángel (Ángel Wings) will play at the Cinco de Mayo celebration on May 5.

Cinco de Mayo Celebration & Pool Tours

A Cinco de Mayo celebration will be held Thursday, May 5, with even more reasons to come out and enjoy Koffel's Mexican food trucks, its famous virgin margaritas and a variety of Mexican and American food. This year, the GRF will present a double-feature event with the grand opening ceremonies for the long-awaited Aquatic Center.

As of presstime, the GRF was awaiting final approval of the pool by the Orange County Health Care Agency. Once the inspection is complete, the pool will be plastered and filled.

The GRF Physical Property Department expects all to go well, so the grand opening can proceed as scheduled; however, should any issue arise preventing water from being in the pool by the big day, the grand opening will be postponed. But the Cinco de Mayo fiesta will go on. Residents should make sure they are signed up for LW Live email alerts to ensure up-to-the-minute information. (To sign up, go to lwsb.com and click LW Live in the blue box on the home page.)

There will be tours, speeches, a ribbon cutting and a performance by surf band Venturesmania, featuring Deke Dickerson. The public viewing of the pool and hot tub facilities will start at 3 p.m., although swimming will start at a later date soon after.

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PERSPECTIVES

Letters to the Editor

Editor:

Dad and I want to extend our most heartfelt thanks to everyone who participated in his 100th birthday celebration as part of the Golden Age Foundation's Centenarian Celebration. I can't begin to tell you how happy it made Dad. He is still talking about it!

I recognize that there were many, many people who put this kind gesture together, including the people who picked up the gift cards, flowers, lunch and certificate from the City of Seal Beach, and packaged and delivered everything. Volunteers also spent time talking to dad to make him feel special. GAF volunteer Melli Herrera and her husband, who delivered the treats, were so very kind.

This was a very large effort for everyone involved, and we would like to express our gratitude to everyone.

May God bless all of you.

Nancy Davison and Bill Miller
Mutual 3

Editor:

Most LW residents agree with the majority of Americans who say that the two political parties should stop insulting each other and start talking instead. Keeping this in mind, in the 100 or so articles that I have written in this paper about the LW GOP Club and Republican politics, I have not used mean words like harsh, hurtful, horrific or cruel to refer to political opponents and their ideas. The writer of the LW Democratic Club articles has followed the same rule.

I find it interesting that Jen Psaki, President Joe Biden's press secretary and his official spokesperson, has not seen fit to exercise the same level of decorum when referring to Republicans.

First of all, the Florida bill, which everyone in the media seems to be calling the "Don't Say Gay" bill, forbids kindergarten to third grade teachers from discussing "sexual orientation or gender identity."

So, according to this bill, these teachers cannot say that being gay or transexual is good, bad or in between. A headline in the Daily Mail proclaimed, "Jen Psaki calls 'don't say gay' bill 'horrific,' a 'form of bullying' and 'discrimination against (LGBTQ) kids.'"

A headline in the Guardian said, "Jen Psaki in tears during interview on Republican anti-LGBTQ 'cruelty.'"

She said Republicans are "doing this in a way that is harsh and cruel to a community of kids, especially."

She said that "these (Republican) leaders are taking steps to hurt them (LGBTQ kids), hurt their lives and hurt their families."

That sounds a little strong to me.

Brian Harmon
Mutual 12

Letters Policy

Letters to the Editor should include your name, Mutual number and phone number, and be emailed to rutho_news@lwsb.com or typed and delivered to the LW Weekly office.

Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate.

Remember When

The Leisure World Historical Society, a 501(c)3 educational foundation, is dedicated to preserving the history of Leisure World, which is celebrating 60 years this year. Historical Society President Margaret Gillon has chronicled highlights in this weekly column. People are welcome to visit, volunteer for or donate memorabilia to the Historical Society, which is open every Thursday from 2-4 p.m. in Clubhouse 1. For more information, log on to LWHistory.org or SealBeachLeisureWorldHistory.org.

• **April 27, 1978**—Daphne Kruse, internationally known founder and director of the Minneapolis Aging Opportunities Plan, was the featured speaker at a forum sponsored by the Golden Rain Foundation, the Good Government Group and the Senior League. She spoke about organizing a community to serve the elderly.

• **April 28, 1966**—Today the Leisure World News announced a milestone. "Beginning with the May 5 issue, the Leisure World News will open its pages to classified advertising.

To place your ad concerning items for sale, trade, rent or purchases, call 598-1112 and ask for Toma Palmer."

Previously, the News had offered display ads, but there were no classified ads.

• **April 28, 1977**—Commemorating its 14th year, the Leisure World Lawn Bowling Club held a tournament and awarded the Henry Padgham Trophy. The winning team was Gale Hopkins, Gordon Campbell and Sidney Tausch.

• **April 29, 1987**—The Golden Rain Foundation Board of Directors began to plan for the celebration of Leisure World's 25th Anniversary. The board passed a resolution authorizing the Recreation Committee to develop a festive program to mark the anniversary.

GRF STAFF COLUMN

What and where to recycle plastic, paint and more

by Eloy Gomez
safety and emergency coordinator

Recycling is important in today's world if we want to leave this planet for future generations. It is good for the environment since we are making new products from old ones, which are of no use to us anyway. Recycling begins at home and is everyone's responsibility.

What and Where to Recycle

• **Paper**—Make sure to keep magazines, cardboard boxes and mail out of the trash.

• **Plastic**—Plastic places an added stressor on landfills as it can take anywhere from five to 600 years to break down, so make sure to recycle all plastic containers, decorations, etc.

• **Glass**—Jam jars, dressing containers or drink bottles can all be recycled.

• **Metals**—Soup and soda cans, and even aluminum foil can be recycled. All these items may be recycled in the white trash dumpsters throughout the community.

• **Paint**—Leftover paints

MEMBER COLUMN

In praise of heroic grandparenting

by Jim Greer
LW contributor

Months before the onset of the COVID-19 pandemic, my wife and I carefully planned a cross-county trip to visit our far-flung family. By late February 2020, airline flights and car rentals had to be canceled, along with hotel reservations. Our pilgrimage to visit our 15 grandchildren—including two who were to be born in the spring of 2020—was indefinitely postponed.

By late 2021, we rescheduled our adventure, this time as a month-long road trip with stops in dozens of states along the way. The new car we ordered during the fall of 2021 microprocessor shortage was finally delivered on Feb. 1. We were set to hit the open road.

I'm sure there are thousands of grandparents like us who would give anything to visit their grandchildren regularly.

In the April 13, edition of the New York Times, there appeared an article identifying truly heroic grandparents who are with their grandkids every day. In her heartfelt tribute, Paula Span revealed that during the pandemic some 200,000 children lost one or both parents to the virus. Out of a sense of duty, loving grandparents valiantly and heroically stepped up to become guardians of their own grandchildren.

As the first line of defense after tragedy, the nonprofit

COLUMN, page 27

may be recycled at all Dunn-Edwards Paint Shops. It recycles a maximum of 25 gallons of used paint per day, so call your local store to ensure they have space for your paint before you head out. The closest Dunn-Edwards is located in the shopping center adjacent to the Ayers hotel, (562) 314-4795.

• **Batteries**—Car batteries are the most recycled product in America. They are not the only type of battery that can be recycled. All types of household batteries—AA, AAA, 9V, D, button batteries and scooter/wheelchair batteries—should be recycled. There is a battery recycling container located at the west side of Building 5 along the alley. Remember to cover the 9V and shooter/wheelchair posts with tape to avoid fires and to place large heavy batteries on the floor next to the recycling receptacle.

• **Electronics**—Electronic waste includes consumer electronics like laptops, mobile phones, TVs, microwaves, space heaters, vacuums, etc. These products can contain toxic substances, so disposing of them properly is important for the planet. LW's e-waste container is located at the corner of Golden Rain Road and Canoe Brook Drive (in the alley

behind the Service Maintenance department).

• **Prescription Drugs**—Unused prescription drugs may be recycled during the Prescription Drug Take-Back program conducted by the Seal Beach Police Department (SBPD) and the Federal Drug Enforcement Agency (see page 1 for more information). These events occur twice a year, in April and October. For more information, contact the SBPD at (562) 799-4100.

• **Household Hazardous Waste**—All other items like sharps (needles/lancets, etc.), fertilizers, pesticides, paints, used motor and cooking oils, and other household chemicals may be recycled for free at Rainbow Environmental Services, 17121 Nichols Lane, Huntington Beach, 92647. It is open Tuesday-Saturday from 9 a.m.-3 p.m. It also offers a free household material exchange program, (714) 834-4000.

Improperly disposing of hazardous waste pollutes our air, ground water and the ocean and is costly for the GRF, which is required to properly dispose of all hazardous waste. Recycle responsibly. For more information, contact Eloy Gomez, GRF safety and emergency coordinator, at (562) 431-6586, ext. 356.



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Serving the Shareholders of

Leisure World Seal Beach



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VOL 46, NO 15

GOVERNMENT

Participate in the Voting Process

The 2022 annual meeting season begins May 17. The fever-pitch of activity will continue for the next six weeks as all 16 Mutuals and the Golden Rain Foundation host their annual meetings. The annual meeting and election season begins in January and concludes at the end of June. There are often many questions about this time of the year and why these activities are important.

Election Specialist Ripa Barua answers some frequently asked questions.

What is an annual meeting and how is it different from a regular board meeting?

The Mutual corporations and the GRF are required to have annual meetings in order to report to the membership their activities during the past year. Directors read reports concerning finances, infrastructure, accomplishments and goals for the future. An annual meeting is similar to a State of the Union speech, as directors are limited to presenting reports whereas business is conducted at board meetings.

Who can attend annual meetings?

Shareholders/owners are encouraged to attend their Mutual's annual meeting (see the schedule). All GRF members are encouraged to attend the GRF annual meeting on June 14 at 2 p.m. in Clubhouse 4.

Are the elections and annual meetings held on the same day?

The ballot counting for each Mutual's election will be conducted at its annual meeting. The ballot counting for the GRF election will be conducted at a special GRF Board meeting on June 7 at 10 a.m. in Clubhouse 4, one week before the GRF annual meeting.

How often are elections conducted?

Most Mutual boards of directors are elected annually. The GRF has elections every year but elects directors from even-numbered mutuals in even-numbered years and directors from odd-numbered mutuals in odd-numbered years.

How many ballots will I receive?

Depending on your Mutual, you may receive one or two ballots. Shareholders in Mutuals 2, 4, 6, 8, 10, 12 and 14 are scheduled to receive two different ballots: a yellow ballot to elect your Mutual board of directors and a blue ballot to elect your GRF director(s). Shareholders in Mutuals 1, 3, 5, 7, 9, 11, 12, 15, 16 and 17 are scheduled to receive one Mutual ballot.

Should I separate the voting portion of the ballot before mailing it in the envelope provided?

No, return the full legal-sized ballot in the envelopes provided.

Has my ballot been mailed?

Check the election schedule (below) to see when the mutual ballots were mailed. The GRF ballots will be mailed May 5.

There are three people who live in my unit; do we each re-

ceive a ballot?

One ballot is mailed to each unit on file. The unit represents one share of stock/voting power. Per Mutual bylaws, if there are multiple owners of one membership (unit) in the corporation, despite the multiplicity of owners, they shall jointly have only one vote.

Can I use a proxy or designate someone to vote on my behalf?

Proxies are not permissible in GRF elections, but depending on your Mutual's election policy, proxies may be used in Mutual elections. To ensure the ballot's integrity, ballot envelopes must be signed by the shareholder member connected to that household.

Are write-in candidates permitted?

Foundation bylaws do not permit write-in candidates for GRF directors. There is a space on most Mutual ballots for write-in candidates. However, for the vote to be properly cast for the write-in candidate, that candidate must be nominated at the annual meeting (called "nominated from the floor") and must be present to accept the nomination.

My mail is forwarded to a post office box or an address outside the community. Will my ballot be forwarded to me?

No. As the voting rights are tied to the unit, ballots are all mailed to the units. A replacement ballot can be mailed to you at the address of your choice. Call Accurate Voting Services at (833) 861-6352 to request a replacement ballot.

The candidates on my ballot are running unopposed; why should I vote?

Your participation in the election process is critical for the operation of this community. Additionally, the return of your properly cast ballot ensures that your Mutual will obtain the necessary number of votes to produce the annual meeting and counting of ballots.

I don't know the candidates running for my Mutual's board of directors; why should I vote?

Read the candidate Statement of Qualifications (often referred to as a resume or biography) included with the ballot for information. Ask candidates questions on topics that are important to you. Attend meet-the-candidates events. Ask your friends and neighbors for their opinion. If you decide you still do not want to cast your votes for any of the Mutual candidates, you are still strongly encouraged to vote by checking the box labeled "abstain from voting—ballot counted for quorum only" portion of the ballot. This lets you participate in the election process by returning a properly cast ballot.

I've heard a quorum is necessary before the ballots can be counted. What is a quorum?

A quorum is the minimum number of members that must be

2022 GRF & Mutual Election and Annual Meeting Schedule											
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins* (110-105 days)	Candidate Application Deadline** (80-70 days)	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
MAY	10	276	139	5	1/27	2/28	4/14	3 rd Tue	5/17	10 a.m.	Cumulative Voting.
	14	328	165	7	1/28	2/28	4/19	3 rd Thu	5/19	10 a.m.	Cumulative Voting.
	7	384	193	5	1/28	3/1	4/20	3 rd Fri	5/20	10 a.m.	Cumulative Voting.
	8	348	175	5	2/2	3/4	4/21	4 th Mon	5/23	10 a.m.	Cumulative Voting.
	4	396	132	3	2/9	3/16	4/25	4 th Wed	5/25	10 a.m.	Cumulative Voting. Staggered terms
	16	60	20	5	2/9	3/16	4/25	4 th Wed	5/25	2 p.m.	Cumulative Voting. Election & Annual Meeting held in Admin. Conf. Room
	11	312	104****	6	2/10	3/14	4/26	4 th Thu	5/26	10 a.m.	Cumulative Voting. Bylaws on the ballot
JUNE	9	384	193	7	2/4	3/8	4/27	4 th Fri	5/27	10 a.m.	Voting is per parcel to elect one delegate. Parcels in effect.
	Golden Rain Foundation				Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Ballot Counting Meeting Day	Ballot Counting Meeting Date	Ballot Counting Meeting Time	Notes
	Mutuals 2, 4, 6, 8, 10, 12, 14, & 16				Wed 3/9	Fri 4/8	Thu 5/5	1 st Tue	6/7	10 a.m.	No Cumulative voting. New directors will be installed at GRF Annual Meeting on 6/14 at 2:00 pm.
	Mu.	No. of Units	Quorum	No. of Directors Being Elected	Candidate Application Begins*	Candidate Application Deadline**	Ballots Mailed (30 days before election) ***	Meeting Day	Meeting Date	Meeting Time	Notes
JUNE	6	408	205	7	2/11	3/15	5/4	1 st Fri	6/3	10 a.m.	Cumulative Voting.
	3	432	217	7	2/18	3/21	5/9	2 nd Wed	6/8	10 a.m.	Cumulative Voting.
	12	452	151	7	2/24	3/28	5/10	2 nd Thu	6/9	10 a.m.	Cumulative Voting. Parcels in effect.
	2	864	433****	9	2/18	3/22	5/11	2 nd Fri	6/10	10 a.m.	Cumulative Voting. Bylaws on the ballot.
	1	844	282	5	2/28	3/30	5/12	2 nd Mon	6/13	10 a.m.	Cumulative Voting. Staggered Terms
	5	492	164	4	3/1	4/5	5/12	2 nd Tue	6/14	10 a.m.	No Cumulative Voting. Staggered Terms.
	15	502	252	7	2/25	3/29	5/18	3 rd Fri	6/17	10 a.m.	Cumulative Voting.
	17	126	64	3	3/15	4/14	5/26	4 th Tue	6/28	10 a.m.	No Cumulative Voting. Staggered Terms.
NOTE:											
* = If the date to apply as a candidate falls on a Saturday or Sunday, applications may be picked up the previous Friday.											
** = On deadlines that fall on a Saturday or Sunday, applications will be accepted the following Monday. Candidate applications must be received in Stock Transfer Office by no later than 4:30 p.m. on the deadline day.											
*** = If the date to mail ballots (30 days before the election) falls on a Friday, Saturday or Sunday, the ballots will be mailed the previous Thursday.											
**** = The quorum for Bylaws is pursuant to Sections 211 and 152 of the Corporations Code, the proposed Amended and Restated Bylaws must be approved by quorum as stated above. If approved by the shareholders, the Amended and Restated Bylaws will become effective immediately.											

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards (schedule subject to change).

Thurs., April 28	Mutual 1 Conf. Rm A/virtual 9 a.m.
Tues., May 3	Mutual 17 Conf. Rm A/virtual 1:30 p.m.
Thurs., May 5	Presidents' Council Clubhouse 4 9 a.m.
Wed., May 11	Mutual 4 Conf. Rm A/virtual 9 a.m.
Thurs., May 12	Mutual 12 Conf. Rm A/virtual 9 a.m.
Fri., May 13	Mutual 3 Conf. Rm A/virtual 9 a.m.
Mon., May 16	Mutual 15 Conf. Rm A/virtual 1 p.m.
Tues., May 17	Mutual 14 Conf. Rm B/virtual 1 p.m.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Mon., May 2	Recreation Committee Conf. Rm B/virtual..... 1 p.m.
Wed., May 4	Physical Property Committee Conf. Rm B/virtual..... 1 p.m.
Thurs., May 5	GRF Administration Committee Conf. Rm A/virtual 1 p.m.
Fri., May 6	GRF Board Executive Session Conf. Rm A 1 p.m.
Mon., May 9	Mutual Administration Committee Conf. Rm A/virtual 1 p.m.
Wed., May 11	Security, Bus & Traffic Committee Conf. Rm A/virtual 1 p.m.
Thurs., May 12	Communication/IT Committee Conf. Rm A/virtual 1 p.m.
Fri., May 13	Architectural Design & Review Committee Conf. Rm A/virtual 1 p.m.
Mon., May 16	Finance Committee Conf. Rm A/virtual 10 a.m.

GRF Meetings Disclosure

Mailing Your GRF Ballot
For the ballot to be counted, the inspectors of election must receive it on or before noon on June 3.

You may also bring a sealed ballot to Clubhouse 4 between 9-10 a.m. on June 7. The polls will close at 10 a.m. to begin the counting process.

Observing GRF Ballot Counting
The ballot counting will be conducted at the GRF Board of Directors meeting on June 7 at 10 a.m.

in Clubhouse 4. GRF members are welcome to observe the counting process.

Attending GRF Annual Meeting
All newly elected directors will be installed at the GRF annual meeting on June 14 at 2 p.m. in Clubhouse 4.
List of Candidates for 2022-2023 GRF Board of Directors
Mutual 2
Susan H. Jacquelin
Valerie Kornahrens

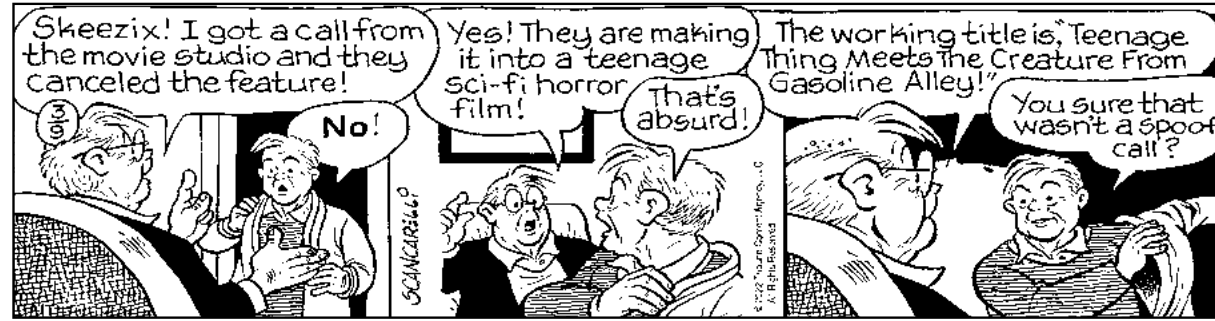
Teri Nugent
Paula Snowden—incumbent
Mutual 4
Marsha Gerber—incumbent
Mutual 6
Susan Hopewell—incumbent
Mutual 8
Camille K. Thompson
Mutual 10
Carol A. Levine—incumbent
Mutual 12
Carole S. Damoci—incumbent
Mutual 14
Lee Melody—incumbent

Puzzles & Comics

Answers on page 26

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"EXTRA SPECIAL" By CHRISTINA IVERSON

ACROSS

- 1 Paulson of "American Crime Story"
6 Remove one's name from, as on Facebook
11 ...one's time
15 Ooze
19 Steered
20 Ma Rainey player Davis
21 Ones in wool coats
22 Muscle car rod
23 Holiday-themed minifigures in LEGO Advent calendars?
25 bean
26 Muscle car roof
27 Like Zippo lighters and Maglite flashlights
28 Not for keeps
30 Major reversals
32 Whole Foods section
34 Leaves off
36 Pulitzer-winning Glass
37 Club kin
40 Formal complaints about a sommelier's recommendations?
47 "I'm all ___!"
49 "Kiss Me Deadly" singer Ford
50 Vogue
51 TV pioneer
52 "You're not allowed to feel that way!" e.g.?
58 "___ Eleven": Emily St. John Mandel novel
60 Furniture wood
61 Bite
63 Tierra en el mar
64 Post. as on a bulletin board
67 Gold unit
69 Photo filter
70 Tale of the hora?
74 Wasn't well
76 Ball of the Bulls
77 Post-workout indulgence
78 Subj. for Elinor Ostrom and Emily Oster
79 Walks loudly
82 Five cents
86 Mosaic piece
90 Surfer's dream?
93 Born
94 Hershey candy in gold foil

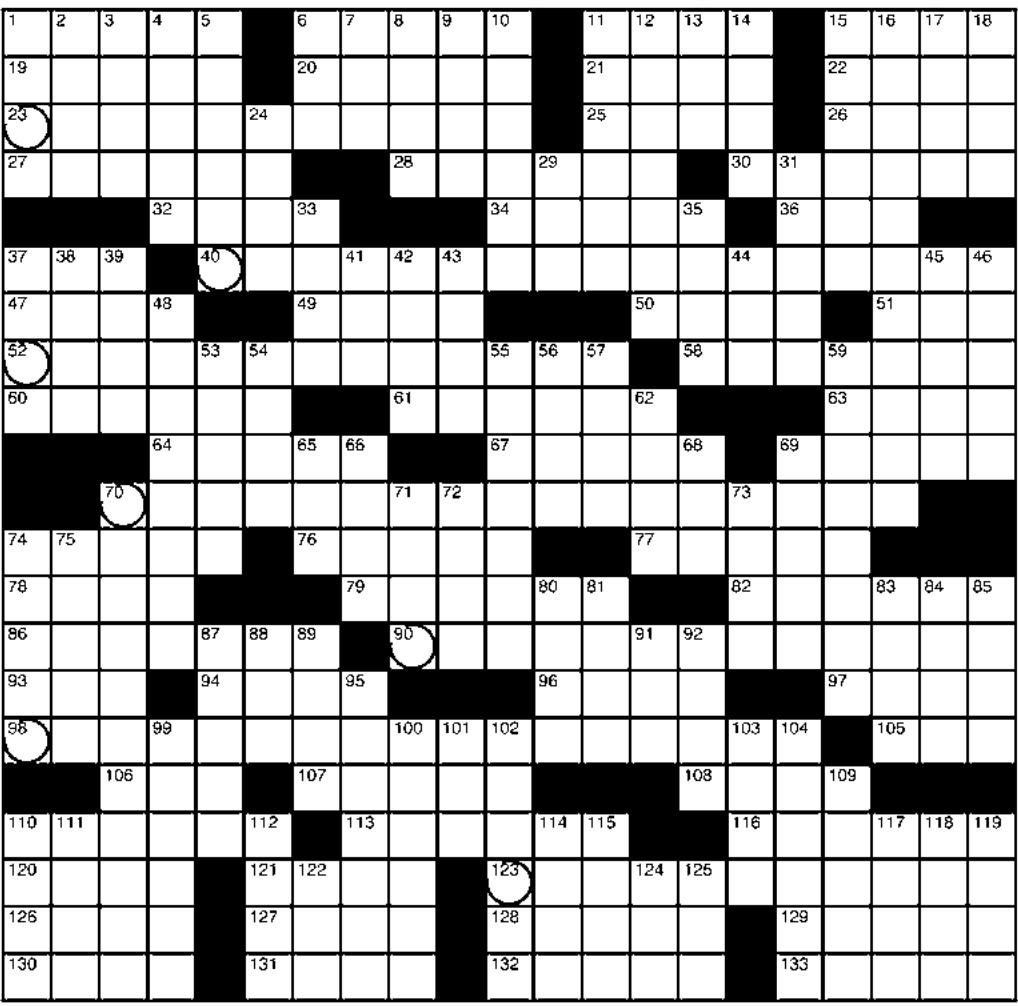
- 96 Skiing aid
97 Arcade name
98 Way to manage the study of Ceres and Vesta?
105 de crème
106 Cheer for un gol
107 Vowel-rich first guess in Wordle
108 Growing concern
110 Plant pests
113 Did the tango
116 Wet floor?
120 Print maker
121 "Spring forward" unit
123 Pretty but ineffective dressing?
126 Apple variety
127 "Blackfish" killer whale
128 Soap that floats
129 Co-founder of A.A., familiarly
130 Metal bands?
131 Sturdy trees
132 Like flourless cake

- 133 Naturally powered elevator?
DOWN
1 California sch. near the Mexican border
2 Vishnu's quartet
3 Wander
4 Meeting place for a H.S. film club
5 Prevented from being on time
6 Grape, in Spanish
7 Diarist Anaïs
8 "Africa" band
9 "Doom Patrol" actor Tudyk
10 Fixture in some patio firepits
11 "Hey now, that's unreasonable!"
12 "Gimme!"
13 Actor Patel
14 Genesis twin
15 Planet with 53 named moons

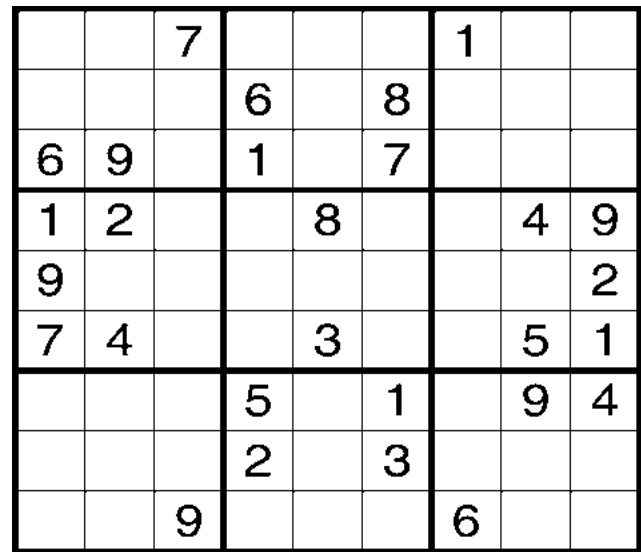
- 16 Bacon specification
17 North Carolina college town
18 Spices (up)
24 Ward with awards
29 "Egad," like, way updated
31 Disney princess voiced by Anika
33 Pottery oven
35 Understands
37 Suds
38 Gold fabric
39 Stepped
41 Clear (of)
42 Thing
43 Second start?
44 One seeing Spots?
45 Gut bacteria
46 Yemen metropolis
48 Dublin's St. ___ Green
53 Epic featuring Paris
54 Old Dodge

- 55 Trying
56 Morales of "Ozark"
57 Oscar winner Laura
59 Closet organizers
62 Gets behind
65 Short address
66 All in favor
68 PreCheck org.
69 Justice Sotomayor
70 Very relatable
71 Not behind
72 Hilfiger rival
73 Ditty
74 Insurance giant
75 Fruity frozen drinks
80 "___ Loves Mambo"
81 Schedule opening
83 Stay fresh
84 Therefore
85 Test with logic games
87 Blundered
88 Kanga's kid

- 89 Shawkat of "Arrested Development"
91 Civil rights initialism
92 Coral habitat
95 Idiosyncratic sort
99 Privileged few
100 Twinkly toppers
101 Kylo of the "Star Wars" sequels
102 Geometry giant
103 Org. that sent Juno to Jupiter
104 Fashionable
109 Sierra ___
110 Natural hairstyle
111 Penniless
112 "Amscray!"
114 Roof trim
115 Mousetrap brand
117 Dad, in Chinese
118 Challenges on the field
119 Burden for many students
122 British singer Rita
124 Trauma ctrs.
125 "Later, gator"



Sudoku 1

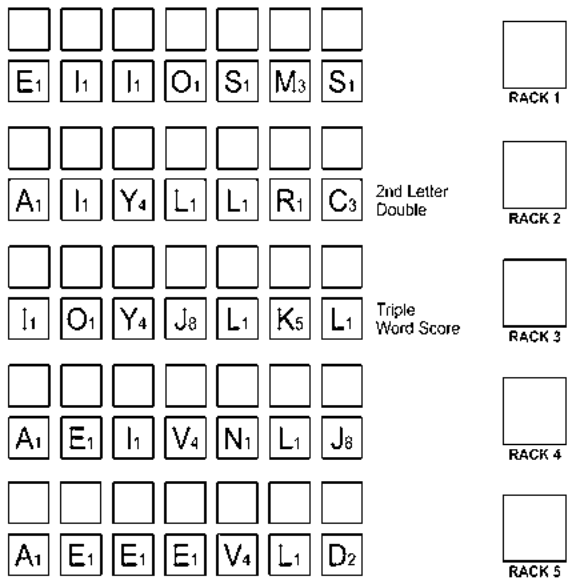


9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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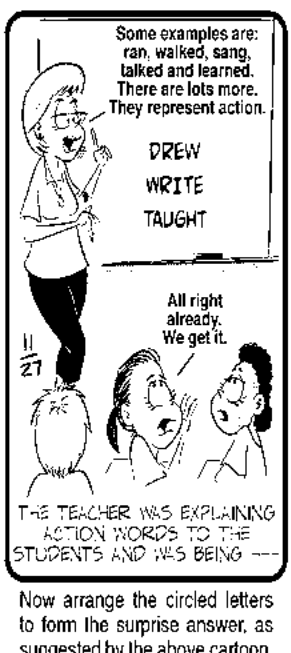
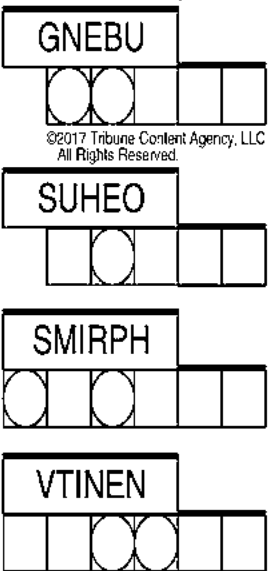


PAR SCORE 265-275
BEST SCORE 366
FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

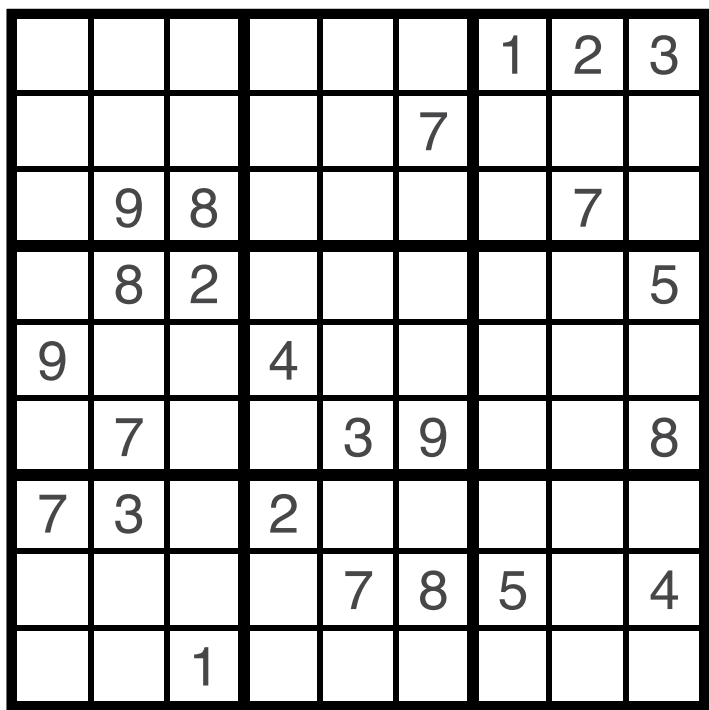


Print answer here: _____

Guess Who?

I am a singer born in Michigan on April 27, 1988. I started performing in groups in 2011 and am known as an innovator in the hip hop genre. My third solo release garnered me significant fame.

Sudoku #2



Puzzles & Comics

Answers on page 26

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

Determine the code to reveal the answer!

Boggle®
Brain Busters!

B	U	P	H
W	O	I	S
G	O	K	E
A	G	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Gamer
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again

By David L. Hoyt and Jeff Knurek

E	A	O	N	G
D	S	I	T	O
N	D	G	B	T
A	A	M	E	P
C	P	R	U	L

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT TWO-SYLLABLE MAMMALS in the grid of letters.

ANIMAL WELFARE WORD SEARCH

P	F	A	R	M	M	D	H	R	R	P	H	N	C	C	B	S	N	T
V	H	A	W	F	L	E	N	E	E	S	T	C	T	S	I	D	T	A
L	G	R	R	C	P	R	E	E	S	I	C	E	S	C	V	E	G	V
U	P	T	A	G	G	R	E	E	N	I	O	R	S	A	O	D	G	D
G	U	G	E	M	F	F	D	E	S	R	R	S	S	B	I	H	N	M
N	A	N	E	E	G	E	N	I	E	A	I	R	E	N	D	O	I	B
I	R	V	I	T	E	R	V	S	N	A	C	I	N	G	L	I	T	V
W	G	S	E	O	E	V	I	E	A	S	A	A	I	E	M	T	S	W
A	P	E	T	S	O	I	S	E	N	I	E	E	L	N	O	M	E	P
L	P	H	N	F	E	A	E	M	G	W	G	N	D	O	H	V	E	H
C	R	B	V	T	P	A	S	T	L	R	A	C	P	G	A	U	N	A
E	G	E	L	R	R	L	A	A	O	A	R	N	C	E	F	F	O	R
D	H	U	N	C	L	G	T	I	H	R	E	I	E	B	C	U	I	M
P	O	P	H	S	W	S	M	L	R	E	R	R	R	B	A	D	A	I
S	M	U	D	R	H	O	C	U	U	D	F	P	O	M	S	O	R	N
H	I	C	R	W	B	A	H	G	T	N	D	T	L	F	T	G	E	S
N	D	F	H	G	M	O	H	W	N	G	E	L	S	A	E	E	I	P

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ABNORMAL
AGGRESSION
ANIMALS
BIOMEDICAL
CAGES
CARE
DECLAWING
ETHICS
FARM
FERAL
FREE RANGE
GENETICS
LIBERATION
MALNOURISHED
NEEDS
OVERBREED
PETS
PHARMING
RESEARCH
RESTRAINT
SHELTER
TESTING
VETERINARIAN
WELFARE



RELIGION

Join local churches on National Day of Prayer on May 5

The annual National Day of Prayer, an occasion for Americans to gather and call out to God on behalf of the country, is Thursday, May 5. The 2022 theme is an invitation and call to worship: "Exalt the Lord who Has Established Us." It was inspired by this year's theme verse, "Therefore, as you have received Christ Jesus the Lord, so walk in Him, having been firmly rooted and now being built up in Him and established in your faith, just as you were instructed, and overflowing with gratitude," Colossians 2:6-7 (NASB).

Christians all over the country will be observing the National Day of Prayer next week, and LW residents can participate locally in a gathering at Rush Park, 3021 Blume Drive, Rossmoor, from 6:30-8 p.m. on Thursday, May 5. The event is sponsored by area churches and ministries.

The annual national broadcast, produced this year in collaboration with *Pray.com* and The Museum of the Bible, will air on television and radio, and will be streamed through social media at 8 p.m. ET. For station and social media information, visit www.nationaldayofprayer.org.

Beit HaLev

Beit HaLev has resumed Livestream services on Facebook at www.facebook.com/galityomtov, *You Tube.com* (Beit HaLev LIVE! channel) and Zoom. Beit HaLev uses a multi-streaming platform, so the links for Shabbat Ma'ariv and Shacharit are different from the old meeting links.

People can join the livestream services for the Shabbat evening service at <https://us02web.zoom.us/j/85149315811?pwd=T3hOUkx5NUorR1M3UldWNS84d3RKQT09>. The meeting ID is 851 4931 5811, and the passcode is RavGalit.

For the Shabbat morning service, go to <https://us02web.zoom.us/j/87999429979?pwd=eml5L09HL0d0Y3c2MUNFRGZZM05KUT09>. The meeting ID is 879 9942 9979, and the passcode is RavGalit.

On Saturday, April 30, the reading is from Parshat "Acharei Mot," Leviticus 17:1-18:30. The Laws concerning the Priestly sect of Levite are enumerated in what the body is allowed to consume (ritually and non-ritually sacrificed flesh) and forbidden sexual relations. The reasons given for sexual prohibitions can be summarized as "don't do as the Canaanites do." Homosexuality has been misinterpreted as being unholy, but it is not homosexuality that is forbidden; rather it is the forced act of rape that was practiced by the Canaanites.

All Beit HaLev services use special prayer books, "Lev L'Lev,"

BEIT HALEV, page 10

SA-RANG CHURCH

Church welcomes new pastor, Dr. John Jung Hyun Lee

Seal Beach Sa-Rang Church, an interdenominational church, celebrated its 18th anniversary on Feb. 6.

The congregation of about 100 members is served by a team of eight retired pastors of diverse backgrounds, including Assembly of God, Methodist and Presbyterian. The head pastor, Rev. Kyo Min Soh, and other pastors are volunteers, and each one takes turns preaching, giving Bible studies and presiding.

Under the leadership of the Rev. Kyo Min Soh, the congregation has been steadily growing and now meets in the Clubhouse 3 Lobby to allow more people to attend.

At the all-congregational meeting on April 3, the church unanimously approved the appointment of the Rev. Dr. John Jung Hyun Lee as the lead pastor.

He was ordained as a pastor in 1978 in South Korea and served as a chaplain from 1978-1981 in the Korean Army. Afterward, he came to the U.S. He studied at the Faith Theological Seminary, California Graduate School of Theology and Fuller Theological Seminary.

Prior to this appointment, he



Rev. Dr. John Jung Hyun Lee and wife, Hieun C. Lee.

served at Light & Salt Presbyterian Church as its senior pastor for 21 years and the Western Church of Los Angeles as the senior pastor for four years. He also served as the president of the Southern California Pastors Association, Christian counsellor of the Korean Christian Press, and president of KAPC Reformed College & University. He and his wife, Hieun C. Lee, have two sons.

The installation and retire-

ment service will be held on May 1 at 2:30 p.m. in the Clubhouse 3 Lobby.

Worship services are held every Sunday in the Clubhouse 3 Lobby at 11 a.m.

Bible study is held every Wednesday in Clubhouse 3, Room 2, at 6:30 p.m.

For more information, call (310) 749-0577.

Congregation Sholom

On Friday, April 29, Congregation Sholom will hold a potluck dinner before service in Clubhouse 3, Room 9, at 5 p.m. A sign up sheet has been sent to members. Service will

begin at 6:30 p.m.

The service will be conducted by Cantor Marla Barugel and will also be available on Zoom. The guest speaker will be Bev

SHOLOM, page 9

Need help?
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24-Hour nurse
at
(562) 795-6216



Rev Lee / 이정현 담임 목사

Retirement/Installation of Pastors

셀비치 사랑교회 이취임식 안내 은퇴: 소교민 목사 / 담임목사 취임 : 이정현 목사

Date/Time : May 1, 2022, 2:30PM / 일시: 5 월 1 일 (주일) 오후 2 시 30 분

Place : Seal Beach Leisure World Club House 3 Lobby/ 셀비치 레저월드 Club House 3 Lobby

Chong Shin College/충신 대학 및 신학 대학원 졸업(BA. M.Div)

California Graduate School of Theology/캘리포니아 신학 연구원 졸업 (PH.D)

Fuller Theological Seminary/풀러 신학 대학원 졸업(D.min)

Light & Salt Presbyterian Church/ 빛과 소금 교회 및 나성서부 교회 29 년 담임목회

President of Southern California Pastor's Association/남가주 목사회 회장 역임

Christian Counsellor of The Korean Christian Press/현 미주 크리스찬 신문 신앙상담 칼럼니스트

President of KAPC Reformed College & University 현 KAPC 개혁장로회 대학 및 신학 대학원 총장

Seal Beach Sa-Rang Church / Tel: 310)749-0577

주일 예배 : 오전 11 시 Club House 3 Lobby / 수요집회: 오후 6:30 R #1

First Christian Church

First Christian Church of Leisure World teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors. People are welcome to worship and explore God's word together "that we may be mutually encouraged by each other's faith, both yours and mine" (Romans 1:12).

Message

In 1 Thessalonians 5:14-18, the apostle Paul exhorts the church in Thessalonica to do several things as they serve the Lord. He admonishes a warning to those who are unruly and reminds them to comfort the fainthearted, uphold the weak and be patient with all. He goes on to say that rendering evil for evil is wrong, and then encourages them to always pursue what is good. He calls on them to "rejoice always, pray without ceasing, and in everything give thanks."

Why does Paul tell the church to do these things? He gives his answer in Chapter 5, verse 18, which says "for this is the will of God in Christ Jesus for you."

It is God's will for all believ-

ers in Christ to live lives in a manner that brings glory to him. The instructions from Paul and other Holy Spirit-filled writers of the Bible give believers a clear understanding of how they are to live their lives for Christ. In 1 Corinthians 10:31, Paul wrote, "Therefore, whether you eat or drink, or whatever you do, do all to the glory of God."

Weekend Services

Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano. Kogak will also sing one of her special selections this week.

Saturday services, from 9:20-10:45 a.m., are more contemporary, with Gregory Black leading in worship with guitar accompaniment.

Mid-Week Studies

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Friday's prayer and Bible Study, led by Pastor Bruce Humes, is held from 6-7 p.m.

All Leisure World residents are welcome to attend.



Pat Kogak

Scripture of the Week

"Therefore, the Lord longs to be gracious to you, and therefore He waits on high to have compassion on you. For the Lord is a God of justice; how blessed are all those who long for Him" Isaiah 30:18.

Contact

First Christian church is located on Northwood Road behind Carport 125. For more information, call the church at (562) 431-8810.

Redeemer Lutheran

Join Redeemer Lutheran as the congregation continues the uplifting message series titled "The Easter Season: Our Resurrected Lives" on Sunday, May 1, at 10:30 a.m.

Redeemer Lutheran will hold a memorial moment during Communion time to honor the life of Lavona B. Moore, who entered the church triumphant on March 15. Wife of Pastor Gil Moore and mother of four, Lavona was a beloved member of the entire Leisure World community. Her three surviving children will lead the Scripture readings during the memorial. Her full obituary can be found in the April 6 issue of the LW Weekly or online at <https://www.lwweekly.com/2022/04/06/lavona-b-moore-1929-2022>.

Organ and choral music will accompany the service in Redeemer Lutheran's sanctuary at 13564 Saint Andrews Drive, across from the Administration building, where ample parking is provided.

Following the service, there will be a light luncheon in Clubhouse 1 beginning at approximately 11:30 a.m.



Lavona Moore

Buddha Circle

Buddha Circle will meet on Saturday, May 7, in Clubhouse 3, Room 3, from 9:30-11 a.m., with Venerable Kusala Bhikshu, who is well-known in the Buddhist community. He presents Buddhism in a simple way, discussing how people can suffer less and become happier. It's an interactive group, so those who attend are encouraged to ask questions.

Donations will support Kusala's teachings. For more information, call (714) 468-6887.

To learn more about Kusala, visit his website at <http://www.kusala.org>.

Faith Christian Assembly

Faith Christian Assembly takes special time during the first Sunday service of each month to take Communion.

As Christians, Faith Christian Assembly takes Communion to follow Jesus' directive when he said, "keep doing this in memory of me" (1 Corinthians 11:25). The wine is symbolic of Jesus' shed blood, done for the forgiveness of sins, and the bread a symbol of his broken body, which he endured for the world's healing and wholeness. Taking Communion is a reminder of this sacrifice that represents the new covenant believers have in him, established out of God's immeasurable love. People don't have to be members to join the church in taking Communion as long as they have accepted Christ as his or her savior. All are welcome to come to worship and enjoy fellowship and a Bible-based teaching from



Pastors Sheri and Gary Leming

Pastor Sheri Leming.

Weekly Sunday service times are 10:30 a.m. and 5:30 p.m. The Wednesday Bible Study begins at 11 a.m., and the weekly Grief Share is at 5:30 p.m. in the Garden Room on Wednesdays. Call

the church office for updates about meeting times.

To receive a free newsletter and more information on the church, call (562) 598-9010, email contact@fcachurch.net, or visit www.FCACHurch.net.

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COMMUNITY CHURCH

Church goes into third week of Easter celebrations

After the great flood in the story of Noah and the ark, God puts a rainbow in the sky and promises Noah that the great flood will never happen again. Storms will continue to come, but they will never consume the entire planet. The rainbow is a sign of the promise of new life that comes after the rains.

Easter is a season of new life and new opportunity; those who are looking for a new opportunity to experience joy and the presence of God in community, or are looking for a new beginning after a storm, are invited to attend Community Church's worship service on Sunday, May 1, at 9:50 a.m. in person or on Zoom or Facebook.

Community Church has recently been called "the friendly church." Those who have not

visited Community Church before are invited to take a chance, come for a cup of coffee before worship to get a feel for just how friendly and welcoming the congregation is, then stay for a powerful and uplifting message that challenges people to grow and mature as followers of Jesus.

People can find Community Church on Facebook for livestreamed worship at @communitychurchleisureworld. Those who don't have Facebook can join via Zoom by calling the church office or emailing leisurewccsue@yahoo.com. Community Church will continue offering online worship for those who either cannot attend in person or who do not want to risk exposure.

Those who are in need without another way to address it



Pastor Johan Dodge

may leave a message with call the church office at (562) 431-2503.

Assembly of God

Service/Gathering Times: Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. A Wednesday morning Bible study is at 10 in Clubhouse 3, Room 2. The hymn sing is held on the third Sunday of the month at 6 p.m. in the Clubhouse 3 Lobby.

Sermon for this week: Part two of Pastor Chuck Franco's message "Overcoming Struggles and Stress" is taken from Psalm 37:1-8. Words like trust, dwell, commit, delight and rest instruct believers how to disable negative thought patterns that lead to stress. While struggle is a natural, expected part of life,

the ability to triumph over it is possible when God's Word is applied to circumstances.

Bible Study: Session four of the study "A Healing Body," by Dr. Henry Cloud will be presented at the Wednesday morning Bible study on April 4. God wants the church, his people, to be healthy emotionally and spiritually. This study equips individuals to identify and work on areas that are in need of healing, and to become a church body who can compassionately and genuinely encourage others to spiritual and emotional health.

Contact: More information

about Leisure World Assembly of God can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor, or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck's sermons can be accessed on Facebook (Chuck Franco) and the Faithlife app under the group "Leisure World Assembly of God," where people can also give online.



Seal Beach Cornerstone Church had special Easter worship service on April 17. Cellist Ester Baik performed "Are Ye Able" and "Variations in the G string" from Rossini's "Moses" Op. 12. She also played as the church choir sang "Jesus' Lived Again" Senior pastor Sung Il Kang preached a sermon titled "Jesus resurrection is eternal victory." Seal Beach Cornerstone Church has a Korean worship service every Sunday at 9:25 a.m. in Clubhouse 2. For more information on the church, call (562) 331-6104.

BEIT HALEV from page 8

which include excerpts from the Reform Siddur, "Mishkan HaT'filah." Printed versions of the prayer books will be available for sale when Beit HaLev resumes live, in-person services.

Beit HaLev and Rabbi Galit-Shirah are a part of the Union of Jewish Universalist Clergy and Communities. It is progressive

in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the divine and doesn't believe in labels. Beit HaLev considers all religions holy and valid.

To request a membership form for Beit HaLev, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com. Contributions to Beit HaLev

in the name of Robert Slater are welcome; people can send donations to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Contact the
LW Weekly at
(562) 430-0534

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays; Relief Society and Elders Quorum meetings on the second and fourth Sundays. Primary Classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament service in person can request a link from bishop Jonathan Brimley at (562) 716-8309.

The course of study is the Old Testament. People's personal reading should be the chapters not covered in the study. This week, May 2-8, the study will focus on Exodus chapters 35-40 and Leviticus chapters 1, 16 and 19.

Church members are reminded that not every meaningful principle in the Scriptures can be highlighted. They are encouraged to listen to the Spirit to help them focus on the truths they need.

LW Baptist

Thinking about God's transforming grace sets the tone as LW Baptist observes the Lord's Supper on Sunday, May 1, at 10 a.m. The church choir will sing "Wonderful, Wonderful Jesus" this week.

The men's Bible study group that meets on Mondays at 10 a.m. will look at the grace factor in the first three of Israel's Judges, Othniel, Shamgar and Ehud. The Engergizers group will read about believers' eternal inheritance, the blessed hope, in Psalm 17 on Wednesday at 3 p.m.

For more information, call (562) 430-8598.

Religion Directory

Assembly of God

Sunday service, 10:30 a.m.
Clubhouse 3, Room 2
(562) 357-4360

LW Baptist Church

Sunday service, 9:45 a.m.
Clubhouse 4
(562) 430-2920

Beit HaLev

Friday, 6 p.m.
Saturday, 10:30 a.m.
Ma'ariv service, Monday-Thursday
Livestream on Zoom, YouTube, Facebook and simshalom.com

LW Community Church

Sunday worship, 9:50 a.m.
Call-in Sunday message, after 5:30 p.m.
Livestream available on Facebook
14000 Church Place,
(562) 431-2503

Congregation Sholom

Friday service, 7 p.m.
Saturday service, 9:30 a.m.
Clubhouse 3, Room 9
Livestream and Zoom

Faith Christian Assembly

Sunday service, 10:30 a.m., 5 p.m.
Midweek Bible Study, Wednesday, 11 a.m.
Griefshare, Wednesday, 5:30 p.m.
13820 Seal Beach Blvd.,
(562) 598-9010

First Christian Church

Friday Prayer Meeting, 6 p.m.
Saturday Service, 9:30 a.m.
Sunday Service, 9:30 a.m.
Chapel on Northwood Road,
(562) 431-8810

Holy Family Catholic Church

Mass, Mon.-Sat., 8:30 a.m.
Saturday, 5 p.m.
Sunday, 8 a.m., 10 a.m., noon
13900 Church Place,
(562) 430-8170

Church of Jesus Christ of Latter-day Saints

Sacrament Mtg., Sunday, 9 a.m.
Sunday School, 1st and 3rd Sundays, 10 a.m.
Elders & Relief Society, 2nd and 4th Sundays, 10 a.m.
6500 E. Atherton St., Long Beach
Livestream: <https://youtu.be/Qk24-vuAAi0>

Redeemer Lutheran

Outside service, Sunday, 9:30 a.m.
Sanctuary service, Sunday, 10:30 a.m.
13564 St. Andrews Drive,
(562) 430-8619

Sa-Rang Church

Sunday service, 11 a.m.,
Clubhouse 3 Lobby
Bible Study, Wednesday, 6:30 p.m., Clubhouse 3, Room 2

SB Conerstone Church

Sunday service, 9:25 a.m.,
Clubhouse 2

St. Theodore's Episcopal

13564 St. Andrews Drive
(562) 596-8697

The religion directory provides the latest information about church services as pandemic restrictions decrease. To submit updates, email laurieb@lwsb.com.

CLUB MEETING SCHEDULE

The LW Weekly recommends verifying meeting information with each club before heading out, as information may have changed. More information may be available on the LW website at www.lwsb.com.

ARTS AND CRAFTS

Art League, CH 4, Art Rm., Wed., 9 a.m.-noon; Fri., 9 a.m.-4 p.m.
Arts & Crafts Guild, CH 4, Art Rm., Thurs., Mon., 9:30 a.m.-12:30 p.m.
Ceramics—Bisque-It, CH 4, Ceramics Rm., Wed., 10 a.m.-2 p.m.
Ceramics—Clay Crafters, CH 4, Ceramics Rm., Mon., Fri., noon-4 p.m.
Chinese Brush Painting, CH 4, Art Rm., Mon., 1-4 p.m.
Korean Traditional Painting, CH 3, Rm. 5, Tues., 9 a.m.-noon
Lapidary/Beading, CH4, Lapidary Rm., Mon.-Fri., 9 a.m.-3 p.m.; Sat., 9 a.m.-noon
Love Weaving Baskets, CH 3, Rm. 6, 4th Sat., 9 a.m.-5 p.m. (does not meet Nov., Dec.)
Photographic Arts Club, CH 3, Rm. 5, 2nd Thurs., 1-4 p.m. (562) 430-7978
Quilting Bees, CH 3, Lobby, Wed., 9-11:30 a.m.

CARDS

Bridge—Combined Party Bridge, CH 1, Mon., noon-4 p.m.; 1st & 2nd Fri., noon-4 p.m.
Bridge—LW Duplicate Bridge, CH 1, Mon., Thurs., Fri., Sat., 12:30 p.m. (arrive by noon) 562-308-7838
Cribbage Club, CH 1, Tues., noon- 4 p.m.
Diamond Poker Club, CH 3, Rm. 3, 4-8 p.m.
Hold'em -N- Squeeze'em (poker), CH 3, Rm. 6, Sat., Wed., 6-9:30 p.m.
Leisure World Pinochle Club, CH 1, Mon., Thurs., noon-4 p.m.
Social Club of Leisure World, CH 1, Fri., noon-4 p.m.
Tournament Poker Club, CH 6 Hospitality Center, 1st, 2nd, 3rd Sat., 11:30 a.m.-5 p.m.
WA Train, CH 3, Rm. 4, Thurs., 5:30-9 p.m.

DANCE

Ballet Fitness, CH 6, Rm. C, 1:30-2:30 p.m.
Dance Fitness, Vets Plaza, Mon., 4:30-5:30 p.m.; CH 6, Sec. C, Tues., 8:30-9:30 a.m.
Dancers & Mixers, CH 4, 1st Tues., 7-9 p.m. (562) 431-1257
Dancing Feet, CH 2, Mon., 7-9 p.m., 4th Sun., 5:30-10 p.m.
Flowering Step Line Dance Club, CH 2, 1st, 4th Mon., 10 a.m.-noon; CH 3, Lobby, 3rd Mon., 10 a.m.-noon
Grapevine Line Dance, CH 6, Sec. C, Thurs., 3-5 p.m.
Hello Line Dance, CH 3, Rm. 6, Wed., 1-3 p.m.
Hui O Hula, CH 6, Sec. C, Tues., 1-5:30 p.m.
Joyful Line Dance of Leisure World, CH 6, Sec. C, Thurs., 10:30 a.m.-12:30 p.m.
Korean Folk Dance Club, CH 6, Sec. C, Sat., 8-10 p.m.
Leisure Time Dance Club, CH 6, Sec. C, Mon., 2-4 p.m.
LW Cloggers, CH 6, Wed., 8:30-11:30 a.m. (562) 598-9974
Saturday Morning Dance Class, CH 6, Sec. C, Sat., 9-11 a.m.
Suede Sole Dancers, CH 6, Sec. C, Fri., 5:30-8:30 p.m.
Zumba Club, CH 6, Sec. C, Wed., 4:30-5:30 p.m.; Vets Plaza, Fri., 8:30-9:30 p.m.

ENTERTAINMENT CLUBS

Abilene Club, CH 2, Thurs., 5-10 p.m.; 4th Sat., 4-10 p.m.
Cabaret Entertainers, schedule to be determined
The Entertainers, schedule to be determined
Doo Wop Club (Let the Good Times Roll), CH 2, 3rd Sat. in odd months, 4-10 p.m.
Producers, schedule to be determined
Theater Club, CH 4, 3rd Thurs, 5:30-10 p.m.
Velvetones Jazz Club, CH 4, 1st, 3rd Sun., 2-10 p.m.

GAMES

Bunco, LW, CH 3, Rm. 1, 2nd, 4th Mon., 6-10 p.m.; CH 3, Rm. 7, 3rd Tues., 5-10 p.m.; CH 3, Rm. 5, Wed., 6-10 p.m.; CH 3, Lobby, 2nd, 4th Sat., 1-4 p.m.; CH 3, Rm. 1, 2nd Sat., 11 a.m.-5 p.m.
Chess Club, CH3, Rm. 7, Fri., 2-6 p.m.

LW Woman's Club Table Games, CH 2, 3rd Fri., 1 p.m. (562) 431-8240
Scrabble, CH 3, Rm. 5, Wed., 1-5 p.m.
Yahtzee Club, CH 3, Rm. 6, Fri., 12:30-4 p.m.

HEALTH AND EDUCATION

California Retired Teachers, CH 3, Rm. 5, 1st Fri., 10 a.m.-noon
English Conversation Club, CH 3, Rm. 9, Thurs., 5-10 p.m. (no meetings in Aug.)
Impaired Vision & Hearing, regular meeting, CH 3, Rm. 1, 4th Tues., 1:30 p.m. (except July, Aug., Nov.); board meeting, CH 3, Rm. 4, 2nd Wed., 9:30-10:30 a.m.; support group, CH 3, Rm. 6, 3rd Fri., 10-11:30 a.m. 562-431-4026
Korean English Class, CH 3, Rm. 4, Wed. (except 2nd Wed.), 9:30 a.m.-noon; 2nd Wed., CH 3, Rm. 9
Movement for Health Medical Qi Gong, CH 3, Lobby, Sat., 10-11:30 a.m. 562-596-0450
Qi Gong Club, CH 3, Rm. 1 or 2, Tues., 9-11 a.m.

HOBBIES

Astronomy Club, CH 3, Rm. 3, 1st Wed., 6:30-8:30 p.m.
Carving Club, CH 1, Tues., 1-4 p.m.
Coin Club, CH 3, Rm. 2, 2nd Wed., 12:30-4 p.m.
Creative Writers, CH 3, Rm. 1, 4th Fri., 1-4 p.m. (714) 747-2146
Garden Club, CH 2, 3rd Mon., 9:30 a.m.-4 p.m.
Genealogy Workshop, CH 3, Rm. 1, 4th Wed., 9 a.m.-noon
Historical Society, LW, CH 1, Historical Society Rm., Thurs., 2-4 p.m.
Korean American Computer Forum, CH 3, Rm. 2, 1st, 3rd Tues., 9 a.m.-noon; CH 3, Rm. 1, 2nd Tues., noon-4 p.m.
Korean Literature, CH 3, Rm 7, 2nd, 4th Mon., 9:30-11:30 a.m.
Leisure World Seal Beach Book Club, CH 3, Rm. 7, 3rd Thurs., 1-3 p.m.
LW Technology Club, CH 3, Rm. 2, 2nd Tues. in March, May, September, 1-3 p.m.
Mini Farmers, scheduled as needed
Paws, Claws & Beaks, CH 3, Rm. 9, 3rd Wed., 4-7:30 p.m. (except May-Oct. when meetings are in CH 1 picnic area, 2nd Thurs., noon- 3 p.m.)
Rollin' Thunder Golf Cart Club, CH 2, 4th Tues., noon-4 p.m. (except June, July, Aug., Sept. when meetings are in CH 1 picnic area)
Shodo Kai Poetry Club, schedule to be determined
Silver Fox Classic Car Club, CH 3, Rm. 5, 2nd Tues., 5:30-8:30 p.m.
Stamp and Collectibles Club, CH 3, Rm. 9, 1st Wed., 1:30-3 p.m. (no meetings in July, Aug.)
Traveling Tigers, CH 3, Rm. 9, 3rd Wed., noon-3 p.m. (no meeting in Aug.)
Video Producers, CH 3, Rm. 2, 4th Thurs., 10 a.m.

MUSIC

Entertainment Ensemble & Video Club, LW, CH 3, Rm. 2, Mon., 9-11 a.m.
Community Karaoke, CH 1, Wed., 5:30-10 p.m.
Evergreen Chorale, CH 3, Rm. 8, Mon., 9 a.m.-noon
Gloria Autoharp Club, CH 3, Rm. 6, Wed., 2:30-4:30 p.m.
Good News Singers, CH 3, Rm. 1, Thurs., 9-11 a.m.
Korean American Chorale, CH 3, Lobby, Fri., 9 a.m.-noon
Korean American Classical Music, CH 2, 2nd, 3rd, 4th Thurs., 9:30-11:30 a.m.
Leisure World Orchestra, Amphitheater, Tues., 1-4 p.m.; Wed., noon-2:30 p.m.
Leisure World Women's Sing Along, CH 2, 1st, 2nd, 4th, 5th Wed., 1-4 p.m.
LW Opera Club, CH 3, Rm. 2, 1st Mon., Tues., 1-4 p.m.
Seal Beach Guitar Ensemble, CH 3, Rm. 6, Thurs., 9 a.m.-noon
Ukulele Guitar Club, CH 3, Lobby, Thurs., 1-4 p.m.
Vibratones, scheduled as needed

NATIONALITY

American Latino, CH3, Rm. 2, 2nd Thurs., 11 a.m.-3:30 p.m.; CH3, Rm. 8, Wed., 3-5 p.m.
Britannia Club, CH 3, Rm. 1, 2nd Thurs., 1-6 p.m.; 4th Thurs., noon-4 p.m.
Chinese Friendship Club, CH 3, Rm. 7, Wed., 1-6 p.m.
Filipino Association of Leisure World, CH 3, Rm. 1, 2nd Sun., 2:30-8 p.m.; CH 1, 3rd Sun., bingo
German American Club, CH 3, Rm. 7, Tues. (except 4th Tues.), 12:30-4 p.m.
Korean American Association of LWSB, CH 2, 2nd Thurs., 4-10 p.m.
Nikkei Club, CH 3, Rm. 2, 3rd Sat., 10 a.m.-4 p.m.
Vietnamese American Club, scheduled as needed
Yiddish Club, CH 3, Rm. 2, 1st Thurs., 7-10 p.m. (no meetings July, Aug.)

POLITICS

Democratic Club, CH 2, 3rd Wed., 10 a.m.-4 p.m.
Leisure World Republican Club, CH 3, Rm. 2, 3rd Wed., 6-9 p.m.
Seniors for Peace, CH 3, Rm. 9, 2nd Tues., 2-6 p.m.

RELIGION AND PHILOSOPHY

A Course in Miracles, CH 3, Rm. 8, Fri., 4-5:30 p.m.
Assembly of God, CH 3, Rm. 2, Wed., 9:30-11:30 a.m.; Sun., 9 a.m.-1 p.m.; CH 3, Lobby, Sun., 4:30-8 p.m.
Baptist Church, CH 4, Sun., 8 a.m.-noon; CH 3, Rm. 9, 2nd Wed., 1-4 p.m.
Beit Halev—House of the Heart, CH 3, Rm. 4, 1st Fri., 4-8 p.m.
Buddha Circle, CH 3, Rm. 3, Sat., 10 a.m.-noon
Chinese Bible Study Fellowship, CH 3, Rm. 5, 2nd Tues., 1-5 p.m.; CH 3, Rm. 9, Tues. (except 2nd Tues.), noon-5 p.m.
Congregation Sholom, CH 3, Rm. 9, Fri., Sat., 6-10 p.m.
Dongbu Pyunkang Church, CH 3, Rm. 2, Sun. (except last Sun.), 3-9 p.m.
Interfaith Council, scheduled as needed
KCRC Bible Study, CH 3, Rm. 1, 3rd Fri., 4:30-8 p.m.; CH 3, Rm. 6, Tues., 10 a.m.-noon
Korean Bible Study, CH 3, Rm. 5, Thurs., 6-9 p.m.; CH 3, Rm. 7, 2nd Sun., 5-9 p.m.
Korean Catholic Fellowship, CH 3, Rm. 9, 3rd Sat., 4-10 p.m.; 1st, 2nd Wed., 5-9 p.m.
Latter-Day Saints, CH 3, Rm. 1, 3rd Mon., 4:30-9 p.m.; 3rd Sun., CH 3, Rm. 6, 2-3:30 p.m.
LW Han In Church, CH 3, Rm. 4, Sun., 8 a.m.-1 p.m.; CH 3, Rm. 8, Wed., 9 a.m.-noon
LW Humanist Association, CH 3, Rm. 1, 1st Sun., 10:30 a.m.-noon
Seal Beach Cornerstone Fellowship, CH 2, Sun., 9 a.m.-noon; CH 3, Rm. 3, Fri., 2:30-5:30 p.m.
Seal Beach Sa-Rang Church, CH 3, Lobby and Rm. 9, Sun., 9 a.m.-2 p.m.; CH 3, Rm. 1, Wed., 6:30-8:30 p.m.
Women's Christian Fellowship, CH 3, Rm. 6, 2nd, 4th Mon., 10-11:30 a.m.
Young Nak Presbyterian Bible Study & Fellowship, CH 3, Rm. 3, 3rd Sun., 5-7:30 p.m.

SELF IMPROVEMENT

AA Friends, CH 3, Rm. 4, Wed., 3:30 p.m.; Sat., 8:30 a.m. 562-209-0816, 213-248-0539
Early Risers, CH 6, Sec. C, Tues., Thurs., 6-7 a.m.
Fitness Fusion, CH 6, Sec. C, Tues., 10:15 a.m.-12:15 p.m.; Vets Plaza, Thurs., 11:30 a.m.-12:30 p.m.
Fun Exercise Club, CH 6, Sec. C, Mon., 9:30 a.m.-1 p.m.
Joy Walking & Jogging, Amphitheater, Sat., 7:30-11:30 a.m.
Leisure Leggers, CH 6, Mon., 8 a.m.
LW Yoga Club, CH 6, Sec. C, Wed., 9-10 a.m.; 10:15-11:15 a.m.; Veterans Plaza, Tues., 10:15-11:15 a.m.
Wa-Rite Club, CH 3, Rm. 1, Fri., 8-10:30 a.m.

SERVICE

Amateur Radio Club, CH 3, Rm. 9, 1st Wed., 10-11:30 a.m.
American Legion Auxiliary, CH 3, Rm. 1, 3rd Mon., 1:30-3:30 p.m.
American Legion Post 327, CH 3, Rm. 3, 3rd Mon., 11 a.m.-4 p.m.; CH 2, 2nd, 4th, 5th Mon., 1-4:30 p.m.
Community Emergency Response Team (CERT) Study Group, Bldg. 5, Conference Rm. C, Fri., 6-8 p.m.
Concerned Shareholders, CH 3, Rm. 2, 4th Thurs., 1-3 p.m.
Drone Service Club, CH 3, Rm. 7, 4th Thurs., 1-4 p.m.
Friends of the LW Library, scheduled as needed
Golden Age Foundation, CH 6, Hospitality, Mon.-Fri., 9-11 a.m.
LW Woman's Club, CH 2, 1st Tues., 1:30 p.m. (no meetings July, Aug.)
Y Service Club, CH 3, Rm. 3, 2nd Wed., 8-10 a.m.; CH 3, Rm. 2, 3rd Wed., 7-9 a.m.

SOCIAL

Christian Fellowship and Fun Club, CH 4, 4th Tues., 5-9 p.m. (no meetings in July-Aug., Dec.)
Friendly Couples Club, CH 3, Rm. 2, 2nd Wed., 5-9 p.m.
LW Noon Spoons Lunch Club, scheduled as needed
Neighbor to Neighbor Club (Mutual 14), scheduled as needed
RV Club, CH 4, 3rd Tues., 6-9 p.m., (no meetings in May-Sept.)
Rainbow Sisters, CH 3, Rm. 6, 1st, 3rd Tues., 6-9 p.m.
Rat Pack, scheduled as needed
Red Hat Society, CH 3, Rm. 1, 2nd Mon., noon-4 p.m.; CH 3, Rm. 2, 4th Wed., 1-4 p.m.; CH 3, Rm. 5, 1st Mon., 9:30 a.m.-noon
Schmooze Club, CH 3, Rm. 9, 2nd Tues., 9 a.m.-1 p.m. (no meetings in Aug.)
Social Club of LW, CH 1, 4th Fri., noon-4 p.m. (no meetings in Nov.-Dec.)
Social Club Seventeen (Mutual 17), CH 1, picnic area, 2nd Sun. in Aug., 10 a.m.-3 p.m.
Sunshine Club, CH 3, Rm. 2, 2nd, 3rd, 4th Fri., 9 a.m.-1:30 p.m.
Where We Live, CH 3, Rm. 6, 3rd Mon., 6:30-8 p.m.
Wine Lovers Club, CH 4, 1st Mon., 5-10 p.m.
Woman's Club, LW, CH 2, 1st Tues., 9 a.m.-4:30 p.m.; 3rd Fri. (games), 9 a.m.-4:30 p.m.

SPORTS

Golf—Men's Club, CH 3, Rm. 1, 2nd Tues., 9-11 a.m. (only Jan., March, June, Sept., Nov.)
Golf—Women's Club, CH 3, Rm. 5, 1st, 3rd Tues., 2-5:30 p.m
Ladies “Q” Club, CH 1, Pool Room, regular play, Mon., 9:30 a.m.; monthly meeting, 1st Mon., 10 a.m.
Pickleball Players Club, CH 2, 1st Sun., 5-7 p.m.
Pool Club, LW, CH 2, Pool Room, League play, every Mon., 6-9 p.m. through May 30; tournaments, 4th Sat., 1:30 p.m. until May 28
Shuffleboard Club, scheduled as needed
Table Tennis Club, scheduled as needed

TO MAKE CHANGES

Changes must be made in writing at the LW Weekly office or via email to: pattym@lwsb.com

For more information, call (562) 431-6586, ext. 387. The office is open Monday-Friday from 8 a.m.-5 p.m.

LW club information is provided by the clubs' representatives and GRF Recreation. Club representatives can add new listings or change the information provided here. This list is subject to change. The LW Weekly recommends people confirm meeting information with the individual clubs before heading out.

COMMUNITY

SUNSHINE CLUB

Learn about Huntington Harbor Boat Rentals in CH 3

LWers can learn about Huntington Harbor Boat Rentals from Lenny Grossman at the Sunshine Club's next meeting on Friday, April 29, in Clubhouse 3, Room 2, at 10 a.m.

As a reminder to club members, the Sunshine Club now meets in Clubhouse 3, Room 2, only. There will not be any meetings held via Zoom from now on. People who joined the Zoom meetings are welcome to come to the in-person meetings. Face masks are not mandatory but strongly recommended.

Huntington Harbor Boat Rentals has been family-operated since 2011. Although the rental of popular Duffy Electric Boats is the main focus of the business, the company also rents stand-up paddle boards and kayaks to customers.

When customers arrive at Huntington Harbor Boat Rentals, they quickly realize that the staff take great pride in offering the highest quality customer service possible. It is important

to the owners, Carrie Keife and Irene Kortier, to become an integral part of the community. Their service has earned them the Making a Difference award from the Mayor of Huntington Beach.

During the meeting, Grossman will provide his background with the company as well as a short introduction of the owners. He will give an overview of the company and the different memberships LWers can take advantage of, including extending an invitation to an open house at Huntington Harbor Boat Rentals with a boat ride.

Everyone is welcome to attend this meeting.

The Sunshine Club began on Jan. 12, 2012, and is in its 10th year. The club's mission is to keep LWers informed through reading the LW Weekly and hearing from professionals who work inside and outside Leisure World. It is designed to help people from different



Lenny Grossman

backgrounds meet and create community among neighbors.

For more information, text Anna Derby at (562) 301-5339.

Mature Drivers Course on May 28

A Mature Driver Improvement course will be offered Saturday, May 28, from 8 a.m.-4:20 p.m. with multiple breaks in between.

The class will provide instruction specifically tailored to older drivers on defensive driving and California motor vehicle laws. The course will cover how medication, fatigue, alcohol, and visual or auditory impairment can impact safe driving ability. People who complete the one-day course will be given a DMV certificate that may qualify them for reduced motor vehicle insurance premiums.

To sign up, visit the Leisure World Library. For more information, call the LW Library at (562) 598-2431.



cartoonstock.com

Join Mutual 7's spring cleaning swap meet on May 19

Residents, family and guests are invited to Mutual 7's spring cleaning swap meet on Thursday, May 19, at the north end of Central Park (Northwood Road, approximately 375 yards west of St. Andrews, between buildings 164 and 165) from 8:30 a.m.-1 p.m. People will have a first-hand look at the many treasures and bargains from their neighbors. There's something for everyone at the Mutual-wide event.

For more information, call Mutual 7 resident Irv Hart at (562) 296-5619.

MUTUAL 2

Meet the candidates on April 29

The current Mutual 2 Board of Directors will hold a meet the candidates event for the upcoming Mutual 2 Board of Directors 2022 election on Friday, April 29, at 6-8 p.m. in Clubhouse 2. The election will be on June 10, and election ballots will be mailed out May 11.

Currently, there are 12 candidates running for the Mutual 2 board, consisting of incumbents and new candidates. Five Mutual 2 shareholders are also running for the two Mutual positions on the GRF Board.

This opportunity to meet the candidates and ask questions about their platforms will help Mutual 2 shareholders make informed decisions when it comes time to vote.

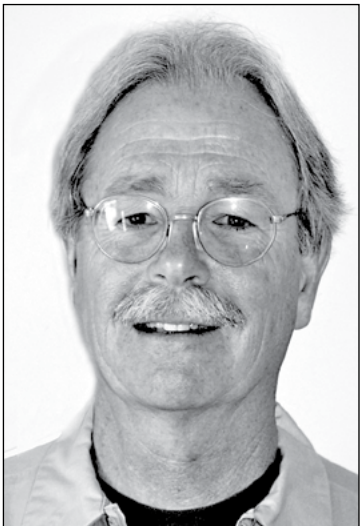
CONCERNED SHAREHOLDERS

Learn about the Minibus system today

Golden Rain Foundation Fleet Manager Grant Winford will be the speaker at the Concerned Shareholders meeting today, April 28, at 1 p.m. in Clubhouse 3, Room 2.

Winford's department is responsible for all of the GRF's fleet including buses, maintenance carts, trucks and other mobile equipment. There are over 85 vehicles in this fleet to keep running.

Winford also provides training for all bus drivers. This transportation resource is a valued asset to the residents. Multiple changes have been made in the past year to the Minibus system to improve rider service and increase efficiency and reliability. LWers are invited to come and learn about the benefits of the GRF bus service.



Grant Winford

Women's Club

The LW Women's Club meeting will be held on Tuesday, May 3, at 1:30 p.m. in Clubhouse 2.

The club will celebrate mothers in honor of spring and Mother's Day on Sunday, May 8. Club members are asked to wear their prettiest spring hat to the meeting.

Mother's Day is a time to honor mothers, grandmothers and great-grandmothers for their contribution to their families and society.

For the month of May, the LW Women's Club philanthropy group is the Leisure World Impaired Vision and Hearing Club, which provides support and helpful resources for residents affected by a loss of vision and/or hearing.



Betsy Bogart and Wayne Boyd

The club's featured entertainers this month are the international music duo Betsy Bogart and Wayne Boyd. Bogart and

WOMEN'S, page 15



The American Latino Club's luncheon meeting will be held on Wednesday, May 12, in Clubhouse 3, Room 2, at 11:30 a.m. The combination plates from the Taco Factory Restaurant include rice, beans, salad and tortillas, plus a choice of meat asada, pastor, carnitas, lengua, cabeza, chicken, or chile verde with pork for \$15 per person. The American Latino Club will provide the coffee, tea or Jamaica lemonade (hibiscus). To place orders and RSVP, people can call and pay Carmen Edwards at (562) 431-4257. RSVPs must be placed before Sunday, May 8.

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.

Curious about cannabis for your chronic pain?

Join our research study.

If you suffer from **chronic pain**, visit the website below to see if you qualify for this important research study.

The **University of California, Irvine** is conducting a research study of medical cannabis capsules for the treatment of chronic pain. Eligible participants must:

- Be 21 or older
- Have failed to respond to at least 1 type of medication
- Have purchased CANNACEUTICA at Kannabis Works (2106 S Susan St, Santa Ana, CA 92704)
- Participants will be compensated



Visit niamedic-usa.com/ccta-pain-study or call **(949) 386-5700** to learn more.

UCI Health



Republican Club

by Brian Harmon
LW contributor

The Republican Club’s April 21 meeting focused on reasons the club supported the recall of Gov. Gavin Newsom last year. The group also talked about the case for regulation of the “Big Tech” industry, the problems with unlimited immigration, election integrity, the Derek Chauvin guilty verdict, and future speakers for meetings. It was also announced that *World Net Daily* magazines are available by contacting the club.

...

The Republican Club does not charge membership dues or impose any other financial obligation on members. The club raises money primarily through donations and selling political campaign memorabilia during election season. Roughly \$8,000 was raised for the club in the past year. The club endorses candidates for partisan and nonpartisan races; club funds are used to support our endorsed candidates, pay for speakers at club meetings and cover miscellaneous expenses.

The Republican Club looks forward to meeting in-person soon, but for now, regular club meetings are held via Zoom on the third Wednesdays of the month at 7 p.m. Any person who wants to be added to the club membership roster or to receive more information, can email dharlow50@aol.com or call (714) 928-1950. Everyone on the email list will be sent a link to the next meeting.

Members will also be sent via email an agenda and minutes for each meeting and other information deemed necessary and/or appropriate by the club president.

Republican candidates meet with LWers

On April 22, Leisure World Residents and LW Republican Club members had the opportunity to hear from multiple Republican candidates who will be on LWers ballots in the upcoming mid-term elections in June.

Residents were able to hear from Assemblywoman Janet Nguyen, Congresswoman Michelle Steel, and other candidates about their platforms and ask questions about the candidates political race and opinions on policies pertaining to the School Choice Initiative, abortion, homelessness and other local, state, and national issues.

LWers had the opportunity to pick up political signs for their yard and stickers for each candidate.

Democratic Club

by Mary Larson
LW contributor

With primary ballots arriving in Orange County mailboxes early next month, the LW Democratic Club is adding the final touches to its voter outreach efforts. The Hospitality and Information booth outside Clubhouse 6 will continue to be open on Tuesdays from 10:30 a.m.-12:30 pm. Nearly 4,000 letters will soon be mailed to LW Democrats and “decline to state party” voters. This letter will contain a list of selected candidates running for election in the June 6 primary.

The May 1 issue of the club’s electronic newsletter will include even more detailed information about the candidates. Club leaders are available and prepared to respond by phone to questions from voters. People can call (562) 296-8521 or (562) 412-0898 for more information about the candidates.

Club volunteers will also be available to assist voters in getting their ballots to the Registrar of Voters’ dropbox located on St. Andrews Drive just outside the LW Amphitheater.

Special interest is being generated around the campaign to replace California’s State Controller, Betty Yee. Yee, a longtime friend of the LW Democratic Club, will be termed out of office at the end of 2022. She will, however, continue to

serve as one of two California Democratic Party vice-chairs. The club hopes to have Yee as a speaker at a membership meeting before the General Election in November.

Malia Cohen, the current chair of the Board of Equalization, is running to replace Yee. While she was on the San Francisco Board of Supervisors, she led efforts to divest the city’s pension fund from fossil fuels. She was chair of the Budget and Finance Committee, which oversaw appropriation ordinances, bond issues, taxes, fees and other revenue measures. Cohen also served as president of the San Francisco Employee Retirement System (SFERS), for which she helped manage the \$22 billion fund.

The club is aware that Congresswoman Katie Porter winning re-election in LW’s District 47 could be a key element in determining which party will be in the majority in the House of Representatives beginning in 2023.

Porter, if re-elected, will continue to fight for affordable childcare, lowering the cost of prescription drugs, climate action and a strong, stable, globally competitive economy that works for everyone.

Major fundraising committees on both sides of the political spectrum are already reportedly throwing money into District 47.

The most contentious races on Orange County voters’ June Primary Election ballots will probably be those dealing with the OC Board of Education. The only Democrat on the current board is Rebecca “Beckie” Gomez, who is not up for re-election.

There are no Democrats running in LW’s area 2 district against OC Board of Education Chair Mari Barke. The only viable candidate running against her is Martha Fluor. Fluor, who declined to state party affiliation, has been on the board of the Newport-Mesa Unified School for 26 years. She is also a past District president of the California School Boards Association.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line, at (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report. Remember to not engage and give space to wild animals, strays and any sick or aggressive looking animal you come across.



Coming This Summer!

Come find opportunities to enhance quality of life at the

JULY 2022

5th Annual Life Options Expo

Presented by GRF Leisure World Seal Beach & Optum Health Care Center in partnership with City of Seal Beach Senior Services

More Updates to Follow!



Be Healthy · Enjoy Life · Plan for the Future

How to turn on closed captions

Loud televisions make up the majority of noise complaints in Leisure World each month. As people age and their hearing begins to change or diminish, watching TV and movies can become more difficult without turning the volume to its loudest setting, which then disturbs neighbors. For deaf individuals or people who are hard of hearing, satellite television, streaming services and more offer closed captions and subtitles to make watching television easier.

XFINITY: First, turn on the program you want to watch, then press the Down arrow or OK button on the remote. Next, press the Left arrow to move to the “Closed Captioning CC” option and press OK with the remote. Choose to turn captions On, then you can customize the font size, color and formatting of your subtitles in the “Closed Captioning Options” menu.

Spectrum: Press the Menu button on the remote control, then scroll to “Settings & Support” and press OK/Select. Next, click on the Accessibility tab. Choose between Closed Captioning or Descriptive Video Service to turn captions on.

DIRECTV: Press the Info button on the remote control, then press the Right Arrow button to get to Closed Captioning (CC). Select CC, and captions will turn on. You can personalize caption options with the following steps: Press the Menu button, click on the Settings option, then press the Right Arrow button to get to the Accessibility option and press Select. Navigate using the Up and Down arrow buttons to make the changes you need.

HUMANIST ASSOCIATION

Crime and Punishment discussion will be held May 1 in Clubhouse 3

Dave Silva will give a presentation titled “Crime and Punishment” to the Humanist Association on Sunday, May 1, at 10:30 a.m. in Clubhouse 3. Much of the information is from his book “Searching For Utopia.” The presentation will be followed by an audience discussion.

Silva believes that although humans will never have a perfect society, too much crime and punishment is a measure of a failed society. The United States of America has 4.5 percent of the world’s population and 25 percent of all the world’s prisoners. He will go over how this happened and what went wrong in what is commonly called “the Land of the Free.”

During the meeting, the Humanist Association will also examine what constitutes a crime and how society should deal with it. There are a number of factors that are related to crime, among them poverty, homelessness, income inequality, racial tensions, gun violence and religious beliefs.

More and more, civilized countries are moving away from capital punishment, but 38 states still retain the death penalty. Other contentious questions the group will discuss is how severe punishment for crimes should be. Whether more emphasis should be placed on rehabilitation, and how other countries are dealing with crime and whether the United States can learn valuable lessons from them?

FILIPINO ASSOCIATION OF LEISURE WORLD

Next meeting will be held on May 8

The Filipino Association of Leisure World (FALW) will hold a meeting on Sunday, May 8. Group one is responsible for providing food.

The annual Veterans Picnic will be held on Saturday, July 2, at the Clubhouse 1 picnic area at 11:30 a.m. All veterans who want to attend must preregister by providing their military service branch and the number of guests they are bringing to the picnic. To RSVP, call Eileen Merritt at (562) 486-1252, Jane Hicks at (714) 488-6149, or Jane Haas (714) 432-9689. The first 75 veterans who register will receive a gift. The cut-off for registration is June 26. The Hui O Hula dancers will provide entertainment.

The next scheduled FALW bingo will be held on May 15.

WOMEN’S from page 12

Boyd’s enjoyment of performing together is contagious, drawing in listeners of all musical tastes. They are equally at ease performing sophisticated selections from the “Great American Songbook” as they are rocking out with a variety of classic oldies, contemporary pop, R&B, and country tunes.

Contact the LW Weekly
at (562) 430-0534

LW Birthdays



Eugene Benitez wants to wish a happy birthday to new Mutual 2 resident and retired U.S. Navy Frank M. Evaldez, who was born on May 7, 1931.

Celebrating a Birthday?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: laurieb@lwsb.com.



On April 12, the tax program volunteers took time to celebrate Tax Coordinator Diana Lambert’s birthday in addition to the coming end of tax season. She was surrounded by an array of sweet treats and balloons and was serenaded by the volunteers. Lambert said she was very surprised and touched by the impromptu party. The volunteers thanked Lambert for all of her expertise and patience this season.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at SBTV3.org.

Thursday, April 28

- 4 pm Oceanscape 2
- 4:30 pm Ocean Perspectives
- 5 pm Fire Department Training in LW March 2022
- 5:23 pm Free Blood Pressure Readings in LW
- 5:30 pm Latino Club Christmas Luncheon 2021
- 5:50 pm Driving Safely
- 6 pm We Wish You Love
- 6:45 pm Drones and Herons
- 7 pm Thoughts About You
- 7:20 pm LW Rollin’ Thunder 2022
- 7:30 pm Ocean Perspectives
- 8 pm Studio Cafe April 2021
- 8:30 pm Cabaret: Love is in the Air
- 10 pm Shakespeare in the Park: Othello

Friday, April 29

- 4 pm FALW Luau Dinner and Dance
- 4:40 pm Thoughts About You
- 5 pm McGaugh Third Grade Concert
- 6 pm LW Newsreel 1960s/SB NEWS Wally Shirra
- 6:30 pm Life and Times in Seal Beach: Virginia Haley
- 7:30 pm Studio Cafe April 2022
- 8 pm LW GRF 50th Celebration
- 8:35 pm Cabaret: Love is in the Air
- 10 pm Shakespeare in the Park: Othello

Saturday, April 30

- 4 pm Great Lakes and Beyond/National Parks/Albuquerque
- 4:30 pm Fire Department Training in LW March 2022
- 4:53 pm Free Blood Pressure Readings in LW
- 5 pm Broadway in the Park
- 6:15 pm Drones and Herons
- 6:30 pm We Wish You Love
- 7:15 pm Driving Safely
- 7:30 pm Studio Cafe April 2022
- 8 pm LAUSD

Sunday, May 1

- 4 pm SB City Council Meeting April 25 Replay

- 4:30 pm Ocean Perspectives
- 5:30 pm Thoughts About You
- 5:50 pm Rollin’ Thunder 22
- 6 pm Great Lakes and Beyond/National Parks
- 9 pm Life and Times in Seal Beach: Virginia Haley
- 10 pm Studio Cafe April 2022
- 10:30 pm Live at the Ford: Celtic Show

Monday, May 2

- 4 pm LW GRF 50th Celebration
- 4:32 pm Fire Department Training in LW March 2022
- 5 pm Oceanscape 2
- 6 pm FALW Luau Dinner and Dance
- 6:38 pm Thoughts About you
- 7 pm SB Planning Committee Meeting: LIVE
- 8 pm Seal Beach City Limits
- 9 pm Life and Times in Seal Beach: Lawhead Brothers
- 10 pm Shakespeare in the Park: Taming of the Shrew

Tuesday, May 3

- 4 pm FALW Luau Dinner and Dance
- 4:40 pm Great Lakes and Beyond
- 5 pm LW GRF 50th Celebration
- 5:35 pm Oceanscape 2
- 6 pm Studio Cafe April 2022
- 6:30 pm Life and Times in Seal Beach: Virginia Haley
- 7:30 pm Seal Beach City Limits: Richard Hastings
- 8:30 pm Cerritos Center–Barrage 8
- 10 pm Shakespeare in the Park: Othello

Wednesday, May 4

- 4 pm Rollin’ Thunder 2022
- 4:10 pm Free Blood Pressure Readings in LW
- 4:15 pm Drones and Herons
- 5:01 pm We Wish You Love
- 5:45 pm Driving Safely/Free Blood Pressure Readings in LW
- 6 pm Ocean Perspectives
- 7 pm Studio Cafe April 2022
- 7:30 pm Life and Times in Seal Beach: Virginia Haley
- 8:30 pm Ocean Perspectives
- 9 pm Cabaret: Love is in the Air
- 10:30 pm Cerritos Center–Riders in the Sky

OBITUARIES

•••

In Memoriam

Linda Quinn 66

Valerie Salas 61

Eva De Sanchez 74

Judith McClour 75

Raymond Fujimoto Jr. 67

Betty Sweeney 88

Helena Downing 75

Pauline Wite 93

Izella Iriarte 58

Luther Mead 68

Benjamin Pinead 73

Daniel Mora 67

Marilyn Jones 70

Charles Smith 86

Eleanor Socha 87

Vaitoa Galala 72

Arnold Echeveste 83

John Zanier 72

Michael Chabez 62

Jeffrey Singleton Sr. 64

Masamitsu Kamimoto 71

Stanley Hickman 68

John Zanie 72

Sauitua Eseroma 59

Hector Cardenas 69

Harold Curtis 100

Shirley Lamm 93

Rita Ann Galindo 75

David Rodriguez

Families assisted by

McKenzie Mortuary,

(562) 961-9301

—Paid obituary

•••

The obituaries deadline is Monday at 1 p.m., prior to the desired Thursday publication date.

Obituaries that are received later than Monday will go in the following week’s issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call (562) 430-0534, ext. 801, or email laurieb@lwsb.com.

HONORING LW CENTENARIANS



Volunteers delivered lunch, flowers and smiles to LW's 26 centenarians on April 20. The event went off without a hitch, thanks to the oversight of Golden Age Foundation event coordinator Anna Derby (third from right) and contributions from the City of Seal Beach, among others.



Walt Cieslak was honored to have Seal Beach Mayor Thomas Moore present him with a centenarian certificate.



GAF volunteer Brenda Thomason delivered Florence Gordon's treats and her certificate of recognition.

LW centenarians honored on April 20

by Anna Derby
GAF centenarian
event coordinator

The Golden Age Foundation celebrated 26 LW centenarians with a Hof's Hut carryout lunch, balloons, flowers, and gift cards that were individually delivered to each recipient April 20.

Centenarians profiles are also being printed in the LW

Weekly in added recognition of reaching 100 years of age and beyond.

The GAF received 19 stories, which were mostly written by relatives. These entertaining looks at how to successfully live a long life will be running for months to come.

The GAF thanks the City of Seal Beach, including Assistant Manager Patrick Galegos,

Mayor Thomas Moore and other city officials, for helping make the day special.

The city provided the flowers for 26 beautiful bouquets, centenarian certificates and gift cards from Sprouts.

City staff Lauren Barich, Jennifer Robles, Megan Coats and Erika Halberg were immensely helpful.

GAF, page 27



Liz and Carl Kennedy were honored to meet with Bette Sargent (center).



GAF volunteers Heeja and Stan Alameida (in back and right) visited with centenarian Lewis Parker.



Mary Greytak with GAF volunteer Geneva Potepan.



Delrie Hobbs, the daughter of the late Betty Hobbs, accepts gifts in honor of her mom from Brenda Thomason.



Mark Glickman and GAF volunteer Brenda Thomason share a laugh (photo above). Chun-Yuen Tung (photo at right) checks in with her son Raymond Tung at every meal, and he was present via Zoom on April 20 when volunteers delivered flowers and lunch. Chun, who is an accomplished Chinese brush artist, painted the work behind her.



GAF volunteer Katie Kim is delighted to distribute flowers for the centenarians.



GAF volunteer Susan Cucci helps stuff the gift bags that were delivered to 26 of LW's oldest residents.

ARTS & LEISURE



The Velvetones regularly perform the first and third Sundays of every month.

WEEKEND NIGHT DANCES

Velvetones, Vinyl Rock, Abilene to play

The Velvetones Ballroom Dance Orchestra, Leisure World's own professional big band, plays swing and jazz standards on Sunday, May 1, at 6 p.m. in Clubhouse 4. Under the direction of Jeff Plum, the band performs music for dreaming and dancing, a combination of reeds, brass and rhythm that defined popular American music for more than three decades and still pervades the public consciousness.

They authentically re-create the style, musicality and essence of a bygone music, peppering their repertoire with contemporary pop hits to appeal to a broader audience. Whether it be a well-known standard, contemporary jazz showcase, sentimental vocal ballad or a hard-swinging brass feature, the Velvetones provides a complete package of musical entertainment. The band will

also play May 15.

Vinyl Rock will take the Clubhouse 4 stage on May 7 at 7 p.m. The nine-piece Orange County-based band passionately performs classic rock, Motown and pop tunes primarily from the '60s, '70s and '80s. Sponsored by Cabaret Entertainers, the band keeps the audience engaged by inviting them to participate in sing-alongs and mingling on the dance floor. They'll have everyone smiling, singing, swinging and swaying to the songs they grew up listening to and easily recognize. Doors open at 6:30 p.m.

On May 28, LW's No. 1 country rock band, Abilene, will return to Clubhouse 2 at 7 p.m. For nearly 20 years, Terry Otte has led the band, which last year opened the Amphitheater season with a rockabilly show that drew nearly 2,000 fans. He shares singing duties with Tina

Schaffer; guitarist Rod Anderson, guitar synthesizer player and pianist Jim Long, bassist Doug Decker, and drummer Jim Greer round out the group. Doors open at 5:30 p.m.

Masks are no longer required regardless of vaccination status but are strongly recommended. There is no table saving allowed, but everyone may bring their own snacks. The GRF asks everyone to sign in, either as a resident or guest.

Attendees must be out of the clubhouse no later than 10 p.m. to allow adequate time for the custodian to tear down the setup and arrange the room for the following day.

No announcements are permitted from the stage, except by the bands. Clubhouse lighting and audio-visual equipment can only be adjusted by the custodians, according to the instructions they have been given.



Michelle Potter (l-r), Don Sunday, Sandy Nelson and Eric Nelson will perform songs that bring them joy.

Entertainers Club returns to CH 4

During the worst part of the pandemic, the members of the Entertainers Club presented mini concerts from their patios for their neighbors. In October 2021, the group presented a full concert in a Mutual 2 greenbelt. But on Saturday, April 30, the Entertainers Club returns to Clubhouse 4 with a program

titled "Livin' the Good Life." Maxine Chavez, Sandy and Eric Nelson, Michelle Potter, and Don Sunday will celebrate with songs the fun and fellowship they have found in their happy place, Leisure World.

The concert begins at 7 p.m. Everyone is invited to bring their own snacks and beverages.



Antón Goiri

Spanish guitarist Pepe Romero is known for his mastery of classical and flamenco styles.

LW ORCHESTRA

Spring concert set for May 7

The LW Orchestra will present its free spring concert on May 7 at 1 p.m. in Clubhouse 4. It will begin with a patriotic medley that includes the Ukrainian National Anthem sung by an opera-quality tenor. Refreshments will be served after.

In addition to some Korean songs arranged by orchestra conductor Dr. Samuel Kim, highlights include "Bugler's Holiday," by Leroy Anderson; the second movement from Haydn's Symphony No. 94 ("Surprise"); and "The Sound of Music," by Richard Rodgers.

The Leisure World Korean

Community Church Choir will join the orchestra to sing the "Battle Hymn of the Republic"; "Jesu, Joy of Man's Desiring," by Bach; and the "Hallelujah Chorus," from Handel's "Messiah."

While the orchestra has grown over the past two years, it is still seeking oboe and French horn players, as well as another clarinet player. Rehearsals are on Tuesday and Wednesday afternoons in the Amphitheater.

Anyone interested in joining the LW Orchestra should contact Fred Reker at fredreker326@gmail.com or (615) 898-0669.

Astronomy

The LW Astronomy Club will meet in Clubhouse 3, Room 3, on Wednesday, May 4, at 7 p.m. to view Lesson 2 of the video "Black Holes Explained," which will cover "the violent deaths of massive stars." A question-and-answer session will follow.

If the sky is clear, the club's 8-inch Celestron Schmidt-Cassegrain computerized telescope will be set up for viewing. People may also bring their own binoculars and telescopes. For additional information, contact John Rogers at (562) 431-7240.

Bingo Sunday

March 27 will be Bingo Sunday for the American Legion Post 327. Doors open at 1 p.m. in Clubhouse 2, and the Early Bird round starts at 1:30. Buy-in is \$5; everyone is asked to bring small bills. Refreshments and coffee are available. All proceeds support needy veterans in the LW community.

LONG BEACH SYMPHONY

Pepe Romero to perform Sat.

On Saturday, April 30, at 8 p.m., Spanish guitarist Pepe Romero returns to the Terrace Theater in Long Beach. The classical and flamenco artist will perform as the guest soloist with the Long Beach Symphony Orchestra, conducted by Maestro Eckart Preu.

Since the age of 7, Romero has been performing for audiences around the world, many of them with his family, the Romero Quartet, but also as a solo instrumentalist. He has worked with almost every major conductor and has made more than 60 recordings. On Saturday, he will join the LBSO to perform the evocative "Medea" by Manolo Sanlúcar, one of the key figures in the evolution of the flamenco guitar.

Also on the program that evening are works by C.P.E. Bach and Franz Joseph Haydn. For more detailed program

information or to purchase concert tickets, call the box office at (562) 436-3203 or visit longbeachsymphony.org.

Bus transportation from Leisure World to and from the concert is supplied by the LBSO. Bus tickets cost \$20 per person roundtrip and can be purchased at the box office or on the bus on concert nights, using exact cash or a personal check payable to the LBSO. To buy bus tickets on the night of the concert, people must arrive at the Amphitheater bus pick-up area by 5 p.m. All riders are required to bring proof of COVID vaccination, a photo ID (such as a driver's license or LWSB ID) and cell phone. The bus will leave promptly at 6 p.m.

Anyone wanting more information should contact Beverly Emus at (562) 296-5586 or Beverly90740@gmail.com.

Saturday Morning Dance Class

Join Candi Davis' Saturday Morning Dance Classes in Clubhouse 6.

The first class session is from 9-10 a.m. and will focus on West Coast Swing, while the second session will learn to rumba from 10-11 a.m. Each class is \$7. For more information, call Debbie DeGrazia at (562) 296-3393.



Larry Yamashiro (l-r), Ron Hom, Pete Kahele and Carrie Kumabe perform for the hula dancers.

Hula club dances to its own band

Each week, Hui O Hula members dance to the music provided by their own house band.

Bandleader Larry Yamashiro says teaching ukelele lessons is his favorite pastime.

Joining Yamashiro is bassist Ron Hom, who loves baseball, bowling and golf. Though Hom is the only band member who was not born and raised in Hawaii, he definitely has the aloha spirit.

Though Carrie Kumabe plays many different instruments and is well-known in local musical groups as an accomplished bass player, for Hui O Hula, she plays guitar. When she's not making music, she enjoys camping and riding off-road bikes with her husband, Kevin.

Pete Kahele is another amazing multi-instrumentalist. He began performing with popular entertainers in Waikiki in the '50s and currently plays steel guitar for the hula group. Kahele is also active in numerous Southern California organizations and Hawaiian groups.

All LWers are welcome to listen to the band's Hawaiian music and join the dance lessons at 1 p.m. twice a week—upstairs in Clubhouse 6 on Tuesdays and at Veterans Plaza on Thursdays. Those who want to “walk in and hula out” may come on Tuesdays from 1-2 p.m., when basic steps are taught.

For additional class information and performances scheduled, call (562) 431-2242 or email Jojo@huiohula.com.



Karen Morris

Community Karaoke

A lively crowd filled Clubhouse 1 for karaoke night on April 20. Everyone was tapping their feet to Karen Morris' “Build Me Up Buttercup” and clapping along to Pat Kogok's spirited gospel tune. Ric Dizon did a favorite Elvis number, “Release Me,” while Nina DeRosa did a strong “Where the Boys Are.” Anna Le captivated the audience with “Don't Worry Baby.”

David Noble was anxious to sing “Tumbling Tumbleweeds,” and Donna Cooper had fun with “Honky Tonk Angels.” Bob Barnum sang the beautiful “Twilight Time,” and Richard Yokomi performed the mellow “If Tomorrow Never Comes.” Crooners Tino Tupas and Kenny Notorleva also did fine.

To the delight of all, an exuberant group crowded the stage to sing “California Dreaming.” Allana Eaby served up birthday cake in honor of Tony Tupas, who performed “Danny's Song.”

Everyone is welcome to join the karaoke fun on Wednesdays in Clubhouse 1 beginning at 5:30 p.m. Anyone who wants to practice a tune should go to Clubhouse 6 on Mondays from 1-3 p.m.

—Margie Thompson

Tournament Poker

Lem Hall won the final table when the Tournament Poker Club played Texas Hold 'Em on April 15. Linda Stone finished second, and Guta Basner and Wendy Wu were in third and fourth places, respectively.

High hand of 4444-10 was won by Stone, with a second high hand of AAA-33 won by Roy Mittelstadt. The promo hand of 9-2 was won by Donna Hernandez.

Texas Hold 'Em lessons will continue the first three Saturdays in May at 11 a.m., followed by the poker game at noon. There is no late seating. Membership is \$10 per year, and each game costs \$5 to play.

On June 25, the club will host a casino game in Clubhouse 4 at noon. A light lunch will also be served. Buy-in is \$20 in advance, \$25 on game day. Everyone in LW, plus friends and relatives, are welcome. For more information, contact Judy Jasmin at (562) 626-8179.

—Judy Jasmin



Under the direction of Albert Comia, Connie Peck, Caryn Lynn Stel, Anna Derby, Chung Cha Lewis, George Pinada and Sunny Kim, Joyful Line Dance members learn and practice moves that are both new and familiar. Join the class on Thursdays from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. Classes are limited to 30 people on a first-come, first-served basis. Face masks and exercise shoes are recommended. For more information, send a text to (562) 301-5339.



Daisy and Raffy Ramos

Dancers & Mixers Dance

Everyone is invited to the Dancers & Mixers dance on Tuesday, May 3, in Clubhouse 4 from 7-9 p.m. In celebration of Cinco de Mayo, music with a Latin flair will be provided by Linda Herman, who will also take requests for favorite songs. People are welcome to bring their favorite snacks and beverages, though bringing a dance partner is not required.

The purpose of the Dancers & Mixers club is to provide a fun evening out with friends, plus dancing is a great form of exercise. April's event celebrated the spring wildflowers, and the club sponsored a special Easter Sunday dance thanks to generous donations from members and their guests.

For more information, call (562) 431-1257.

—John Hlavac



The NOCE Senior Choir and Chime Choir

NOCE

Summer semester starts June 7

The summer semester of North Orange Continuing Education (NOCE) classes taught in Leisure World begins the week of June 7 and ends on Aug. 6. Instructors are giving students currently enrolled in spring semester classes the opportunity to register for those classes. For more information or help enrolling, current students can see their instructors.

New and returning students, as well as those currently enrolled but who want to add a new class, will be able to visit the LW Library beginning Tuesday, May 3, to register.

Residents must have a student ID number, also known as a Banner ID, to register for classes. Those who have already applied to become a student with NOCE but do not know their Banner ID should call NOCE Star Help at (714) 808-4679.

Those who are new to

NOCE will need to visit tinyurl.com/4e7x2uap to start the application process, which takes about 20 minutes. Upon completion, students will receive an email with a Banner ID from NOCE within one to two business days. If it is not received within two days, call NOCE Star Help for assistance retrieving the number.

Once Banner IDs are received, people will be ready to sign up for classes at the library.

The following classes will be offered this summer: ceramics, Senior Topics: Technology, Staying Mentally Sharp, painting, needlecrafts, health and wellness, Tone Chime Choir, and Senior Chorus. A detailed schedule—with times, dates and locations—is available at the library.

For more information, visit the library or call (562) 598-2431 Monday-Saturday from 9:30 a.m.-3:30 p.m.



Among the cars on display is this special 50th-anniversary silver Cobra

OUTSIDE THE GATES

Shelby museum makes enthusiast's heart race

by Joanna Matos
LW contributor

If it's a new museum, I'm curious. If it's an automobile museum, I'm excited. If it's a Carroll Shelby event center and museum right here in Orange County, I'm exhilarated.

According to Jay Leno, Carroll Shelby was part "P.T. Barnum, part Henry Ford and part Rocky. He was an American original." The Ted and Rae Segerstrom Shelby Event Center is built around the love of the automobile and the legend of Venice, California, race car driver Carroll Shelby. The museum houses the fourth largest collection in

United States, with more than 80 rare street and racing Cobras, high-performance Shelby Mustangs and nostalgic petroliana. The enthusiasts, founders and philanthropists were responsible for curating the two-story, 41,000-square-foot center in Irvine. Visitors travel in chronological order through the cars, videos and artifacts of Shelby's accomplishments.

The Segerstroms opened their collection to the public in October 2021 to raise money for the Shriners Children's Hospital in Pasadena. The Shelby Event Center is open Thursdays-Sundays from 10 a.m.-4 p.m. Admission is \$15, which is a steal for a museum of this caliber.

Dancing Feet Club

Dancing Feet Club meets every Monday from 7-9 p.m. in Clubhouse 2. Social ballroom dancing is on the fourth Sunday of every month from 6-9:30 p.m., also in Clubhouse 2. Everyone is welcome and can bring their own snacks (but no liquor).

Admission is free. For more information, text Ed Bolos at (551) 998-4223 or email him at edbolos@comcast.net.



On April 19, there was a small concert in Clubhouse 3 featuring the Rev. Min Joo Ra of Mutual 6, a retired Bible Presbyterian Church pastor, on saxophone, as well as alumni of the Ehwa all-girls high school. Everyone enjoyed American country music and Korean lyrical songs, among other genres. "It is our hope that many people would be comforted through the joy of music during this post-pandemic time," said Ra's wife, Joanne.

Pool Club

There were a lot of close matches that went down to the final ball in Pool League contests on April 18.

Jokers Wild scored a big 12-1 victory over Ticket to Ride. Jokers Wild's A player, Ren Villeneuve, had a perfect seven wins, and teammates Sal LaScala and Steve Mitchell each went 6-1. Jokers Wild won all six of its singles matches, moving the team to within two games of first place.

Side Pocket had a 9-4 win over Ball Busters. Dave Mackinder won five games for Side Pocket; the team won all six of its eight-ball and nine-ball singles matches.

In a close match, the Pocket Rockets won the final eight-ball match of the evening, with all three players competing, and edged out Team Five 7-6. George Gordon and Connie Adkins each won four games for the Pocket Rockets.

Gary Snow and Dave Silva each won five games against Beat the House, as the Favorites won 8-5.

With five weeks left in the season, the Favorites and Jokers Wild lead the pack.

...
Pool Training for Beginners
On Saturday, April 30, at 1:30 p.m. in Clubhouse 2, the LW Pool Club will offer an instructional session for beginning players on the basics of pool. Club President Dave Silva will address how to choose equipment, line up shots and take a proper stance, as well as answer any questions about the game.
—Dave Silva

Cribbage

At Cribbage on April 19, Sam Ray took top honors with a near-perfect 845. Tied for second place were Alma Zamzow and Sandra deDubovay, both of whom scored 844. Birthday girl Dolores Cook took third-place honors with an excellent 843, and Joanne Lester finished fourth with 832.

Patti Smith won six games but did not earn enough points to make the leader board.

Cook celebrated a Happy Cribbage Day with a delicious white cake and ice cream for the 54 players in attendance. Margaret Smith assisted Cook in serving dessert.

LW Cribbage Club meets every Tuesday at noon in Clubhouse 1. Partners are not required. Players are asked to arrive by noon to be assured of a table; play usually finishes by 3:30 p.m. Anyone who wants to learn Cribbage or needs a quick brush-up on the game can call Terry Thrift at (714) 394-5885 to arrange a lesson one hour before play begins.

—Terry Thrift

Large print options
are available at
lwweekly.com



Esther Cummings (l) and Regine Schumacher display their winning photos.

Photo Arts

At the April meeting of the Photo Arts Club, Roger Bennett presented a program on editing photographs. The winners of the photo contest were: Esther Cummings, "Bromeliad," first place; and Regine Schumacher, "Ducks," second, and "Ice Plant," third.

The next meeting will be on May 12 at 1:30 p.m. in Clubhouse 3, Room 5, with Ben Benjamins presenting. The assignment for that meeting is to make a portrait of a person or an animal. Club members will choose winners from the photos on any subject.

Members have an opportunity to display their photographs in Clubhouse 3 and the Health Care Center. For more information, call Schumacher at (562) 430-7978.



Larry Sioson

Fealing Lin (r) donated one of her watercolor paintings as the raffle prize, won by Vicky Mayhew (l), at the April 12 meeting of the LW Art League.

Yahtzee

Yahtzee Club meets every Friday from 12:30-4 p.m. in Clubhouse 3, Room 6. All residents are welcome to join if they know how to play the game and can keep their own scores. The cost to play is \$2, which goes toward prizes. Annual dues are \$3.

On April 15, Barbara Robarge won for most yahtzees with five, while Joann Lester had the highest score with 1,510. Kathy Rose won the door prize.

Anyone who wants a lesson or has questions should call Kathy Rose at (714) 309-6873.

—Kathy Rose

Grapevine Line Dance

The Grapevine Line Dance club meets every Thursday from 2-5 p.m. upstairs in Clubhouse 6. For more information, call (562) 596-8273.

Leisure Time Dancers

LWers are invited to join the Leisure Time Dancers as they learn new dances every Monday in Clubhouse 6. From 2-3 p.m., the focus will be on waltzing, while from 3-4 p.m., dancers will learn to cha-cha. Singles and couples of all skill levels are welcome. One hour of dancing costs \$7, while two is \$11. For more information, call Richard Sharrard at (562) 305-5359.

GUYS & GALS TOURNAMENT

Thrift aces hole No. 13

At the Guys & Gals Tournament on April 20, 32 teams of one man and one woman competed for best net score, eight circle holes (within a 5-foot radius) and two closest-to-the-pin challenges on par-3 holes at LW's Turtle Lake Golf Course. Terry Thrift carded a hole-in-one on the 115-yard, par-3 13th hole.

At the opening 7:30 a.m. tee time, the weather was relatively cool and partly overcast. A slight, intermittent wind came up in the middle of the rounds without much effect. The greens were punched late last week, and there were numerous brown spots, making putting unpredictable and difficult. Even so, 29 teams posted a net score at or under par. There were also 37 birdies and 13 circle hole winners.

All scores below are net (gross score minus handicap). A Flight handicaps are 0-9, B Flight are 10-12, and C Flight are 13-18.

A Flight: First place: Terry Thrift and Mary Ann Moore, a super 10 under 44; second: tie between Bob Barnum and Kyung Ju and Bill Lyons and Pam Krug, an outstanding 8 under 46; third: tie between Glenn Barry and Alison Kim, Won Song and Jane Song, and Walt Bier and Margie Thompson, an excellent 6 under 48;

fourth: tie between Young Lee and Hae Lee, Bob Turner and Janice Turner, Dong Kim and Devora Kim, and Kyoo Choi and Bong Choi, a very good 5 under 49.

B Flight: First place: Ron Jackson and Dale Quinn, a very well-played 9 under 45; second: tie between Jae H. Lee and Sun Lee and Ken Notorleva and Nina DeRosa, a super 7 under 47; third: Alan Sewell and Pattie Smith, a terrific 6 under 48; fourth: Hyon Shin and Sang An, a sweet 5 under 49; fifth: Paul Alloway and Ann Tran, a hard-earned 4 under 50.

C Flight: First place: Pat Paternoster and Elizabeth Butterfield, a very good 8 under 46; second: tie between Lee Broadbent and Joann Lim and Dennis Jensen and Marilyn Hewitt, an excellent 4 under 50; third: tie between Dave LaCascia and Liz Meripol and Brian Tivnan and Patty Littrell, a fine 3 under 51.

Closest to the pin on the seventh hole was Kyoo Choi and Grace Choi, and on the 16th hole, it was Dave LaCascia and Yvonne Yim.

The next Guys & Gals Tournament will be on May 18. Anyone who is scheduled to play but cannot should contact Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as possible.

—Dave LaCascia



Chess Club

This week's puzzle is checkmate in three moves. White moves first; any answer by Black, and White's third move is checkmate.

The first move in solving this week's puzzle is Rg5.

The White rook moves from g1 to g5, then Black king to f7, followed by White queen to h7 and Black king to g8. The next move by White is checkmate.

The Chess Club meets every Friday from 1:30-6 p.m. in Clubhouse 3, Room 7.

Pinochle

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with the regular game beginning at 12:30 p.m. The club provides cards, score cards, pens, tablets and other equipment. It costs \$2 per person to play, and the top four scorers of each day win cash prizes.

The following are the winning scores from recent games.

April 11: First place: Marilyn Allred, 13,050; second: Charlotte Westcott, 10,520; third: Howard Bleakley, 10,400; fourth: Marge Doderro, 10,070.

April 14: First place: Julia Troise, 13,700; second: Irene Perkins, 11,400; third: Pat Blum, 11,340; fourth: Keith Clausen, 11,320.

April 16: First place: Donna Gorman, 14,170; second: Ruth Bonnema, 11,000; third: Nancy Wheeler, 10,890; fourth: Irene Perkins, 10,870.

April 18: First place: Marilyn Allred, 13,860; second: Keith Clausen, 11,170; third: Chung He Schar Schmidt, 10,570; fourth: Gene Smith, 10,470.

Lessons to learn to play or to brush up on the game are available by appointment. Call Joan Taylor at (562) 240-5416 for more information. Anyone interested in playing pinochle should call Marge Doderro at (310) 968-9509.

Ladies' "Q"

The Ladies' "Q" Club meets every Monday at 9:30 a.m. in the Clubhouse 1 poolroom for regular play. (The club is not affiliated with the LW Pool Club.) Everyone is welcome, whether they have no experience, a little experience or have been playing for years.

The club hosts a potluck luncheon in August and a holiday luncheon in December. Yearly dues are \$5. In addition to regular pool-playing sessions, there are meetings the first Monday of each month.

—Kathy Engelhardt

Opera Club to feature comic productions May 2 and 3

Everyone is invited to watch Johann Strauss' comedy "The Gypsy Baron" on Monday, May 2, at 1:30 p.m. in Clubhouse 3, Room 2. Opera Club member Eleonore Johnson encourages all to refresh their memories about Viennese waltzes and delightful Hungarian czardas dancing while viewing some romantic shenanigans.

Act 1 introduces the townspeople of Timisoara, Hungary, including fortune teller Czipra and wealthy pig farmer Zsupan, who has a beautiful daughter, Arsena. To this setting arrives Sandor Barinkay, who has recently inherited his uncle's revered but slightly rundown castle. When Barinkay has his fortune told, he learns he will discover a treasure and marry a faithful wife. To ingratiate himself with the townsfolk, he suggests he will marry Arsena. However, Arsena's heart is already committed to Ottokar, who is digging for the alleged buried treasure, so she refuses Barinkay, claiming he is not sufficiently aristocratic. Nevertheless, the townspeople like Barinkay and elect him chief of the gypsies, giving him the title of baron.

In Act 2, viewers learn Czipra also has a daughter, Saffi, whose good looks attract Barinkay and who, in a dream, has found the location of the treasure. Barinkay then pursues Saffi, much to the disappointment of Zsupan, who had hoped to gain a reputable son-in-law, only to discover that Saffi's father is also a noble, a Hungarian pasha. But then Barinkay's friend, Col.

Peter Homonnay, arrives to enlist Barinkay and Zsupan for military service, and they are both sent to battle in Spain.

Act 3 brings the return of Barinkay and Zsupan as heroes bestowed with military honors, so the townspeople celebrate with the joyful marriages of Berinkay to Saffi and Arsena to Ottokar.

On Tuesday, May 3, at 1:30 p.m. in Clubhouse 3, Room 2, club member Gary Hart will introduce Gilbert and Sullivan's "Pirates of Penzance." In Act 1, a young Frederic has been apprenticed to a pirate king by his nurse Ruth, who, being hard of hearing, misunderstood and heard he was the ship's "pilot." The band of pirates encounters a major general's daughters, one of whom, Mabel, takes a shine to Frederic.

In Act 2, the pirate king and Ruth discover that since Frederic was born on Feb. 29, which occurs every four years, he will only be emancipated after 84 years, when he has his 21st birthday. As the pirates plan to pursue the daughters of the major general, the police demand their release in the queen's name. However, Ruth proclaims the pirates are noblemen who have gone wrong, and the major general marries off his daughters to the pirates of Penzance.

Both presentations are free; there will be no other dues collected. For more information, contact club President Beverly Emus at (562) 296-5586 or beverly90740@gmail.com.

—Sylvan Von Burg

Women's Golf Club

It was a beautiful spring day on April 19, when 47 members of the Women's Golf Club competed for low gross, low net and fewest putts.

The flight winners were:

Flight A: Low gross: Linda Herman, 28; low net: Janice Turner, 25; fewest putts: Herman, 11.

Flight B: Low gross: Veronica Chang, 31; low net: tie between Sang An, Sandy Derouin and Yvonne Yim, 26; fewest putts: Yim, 11.

Flight C: Low gross: Jee Choi, 29; low net: Elizabeth Butterfield, 20; fewest putts: tie between Choi, Butterfield and Kay Hong, 14.

Flight D: Low gross: Connie Yang, 32; low net: Anne Walsh, 23; fewest putts: Yang, 12.

The annual Women's Golf Club championship competition is scheduled for May 3, 10 and 17. All members are encouraged to participate. There is no entry fee, but each golfer must participate in all three matches in order to be eligible for prizes.

—Dale Quinn

Duplicate Bridge

At the April 14 LW Duplicate Bridge Club games, sitting in the north/south seats were Sibyl Smith and Al Appel, earning 2.48 points. Sitting east/west were Kay Tseng and Kiyo Nagaishi, earning 1.23 points.

Sitting in the north/south seats on April 15 were Sue Fardette and Fred Reker, earning 2.30 points. Sitting east/west were Linda Nye and Howard Small, earning 3.06 points.

And on April 16, sitting in the north/south seats were Juith Jones and Alan Olschwang, earning 2.04 points. Sitting/west were Linda Stein and Fred Reker, earning 1.53 points.

ACBL-sanctioned games are played in Clubhouse 1 on Mondays, Thursday, Fridays and Saturdays. Check-in starts at 11:45 a.m., and play starts at 12:30 p.m. For reservations and information, contact Sharon Beran at (562) 308-7838.

Club news? Send it to pattym@lwsb.com

Golf League Results for April 15 and 18

On April 15, 12 men of the Leisure World Golf League challenged a well-maintained Riverview Golf Course. The par-70 Santa Ana course measures 5,800 yards, and with the Santa Ana River running down its middle, it features a lot of elevation changes and narrow fairways. The weather was warm and sunny with no wind. With such excellent conditions, seven scores were at or below par, and there were eight birdies.

All scores are net (gross minus handicap). A Flight golfers have handicaps of 0-19, while B Flight are more than 19.

A Flight: First place: Clay Fischer, a league-best 8 under 62, plus a birdie; second: Jim Goltra, a hard-fought 4 under 66, plus two birdies; third: Larry Hillhouse, a nice 3 under 67, plus a birdie; fourth: tie between Bill McKusky and Dave LaCascia, 2 under 68; fifth: tie between Fujio Norihiro, Gary Stivers and Sam Choi. Jim Goltra was closest to the pin on the 140-yard second hole.

B Flight: First place: Ron Jackson, a well-played 3 under 67, plus fewest putts; second: Gene Vesely, even par 70; third: Tom Ross; fourth: Lowell Goltra, plus closest to the pin on the 100-yard ninth hole.

The morning of April 18 was cool but sunny, and it warmed up nicely throughout the round, as 13 men and one woman confronted Huntington Beach's 5,600-yard, par-70 Meadowlark Golf Course. Excellent course

conditions led to seven scores at or under par. The greens are in very good condition but yielded only four birdies.

A Flight: First place: Choi, a well-played 3 under 67; second: LaCascia, a hard-fought 2 under 68, with two birdies and fewest putts; third: Stivers, a good 1 under 69; fourth: tie between Jim Goltra and Fischer, even par 70; fifth: tie between Hillhouse, Norihiro and McKusky. Hillhouse also had a birdie, and Jim Goltra had a birdie and was closest to the pin on the 140-yard seventh hole.

B Flight: First place: Bill Zurn, a very good 5 under 65; second: Pat Paternoster, a really nice 4 under 66; third: Bob Munn, plus fewest putts; fourth: Lowell Goltra; fifth: tie between Elizabeth Butterfield and Vesely.

The Golf League plays at four local courses, all within 15-20 minutes of Leisure World. The courses are often full, so advance league reservations are available via a sign-up sheet at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net and fewest putts in each flight, birdies, and closest-to-the-pin challenges on two par-3 holes. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

—Dave LaCascia

HEALTH & FITNESS



Zumba is an invigorating dance/exercise experience that provides an enjoyable total-body workout for men and women. The Zumba club meets Wednesdays at 4:30 p.m. upstairs in Clubhouse 6 and Fridays at 8:30 a.m. in Veterans Plaza. For more information, contact Peggy Beste at (310) 489-2390.

Balance & Stability Class

The Landmark Balance & Stability class is available on Fridays at 10 a.m. via Zoom. Go to <https://us02web.zoom.us/j/84982522530>; the meeting ID is 849 8252 2530, and the password is practice.

Instructor Adrienne Rosenfeld teaches the free, 40-minute class that focuses on balance, shifting weight and cognizant activities. It broadcasts around 4:20-4:40 p.m. every day on the Spectrum Cable Channel 1390 and is available on [youtube.com](https://www.youtube.com).

Rosenfeld is certified in Zumba, Zumba Gold, Silver Sneakers, and Balance & Stability. She also has certification from the Fitness Aging Institute and an ACE Group exercise certificate. For more information, call (562) 397-1519 or email arosenfeld1@verizon.net.



May events at the HCC

Get out of the house and check out these free events at the Health Care Center's Conference Room 1. All are welcome.

Self-Care Day: Everyone needs a little self love and to get pampered with a mini-spa day. Learn some simple skincare tips and enjoy a facemask at this event sponsored by Alignment on Wednesday, May 4, from 10-11 a.m. RSVP to [Grecia Nunez at RSVPOptumHCC@optum.com](mailto:Grecia.Nunez@RSVPOptumHCC.com).

Mother's Day Giveaway: Though May 10 may be a day or two late, shouldn't the whole month be about celebrating Mom? Pick up a sweet treat from Carla Ibarra and Aetna from 10:30-11:30 a.m.

Maximize Medicare Benefits: Getting the most out of Medicare benefits is important. There are lots of "extras," such as dental coverage, over-the-counter benefits, transportation, fitness classes and more. Carla Ibarra goes over the essentials on May 10 from 1-2 p.m. RSVP at RSVPOptumHCC@optum.com.

SCAN Sales Meeting: Learn the basics of Medicare and find out whether a Medicare Advantage plan is the right fit on May 11 from 10-11 a.m.

Laugh It Out: All people can use some joy these days. Why not have some fun with Laughter Yoga? This interactive session on May 11 from 1:30-2:30 p.m. is open to everyone looking for a good laugh. Facemasks are required. RSVP by calling Beverly Bender at (562) 594-9148.

Questions About Medicare: Anthem's specialists will answer questions about Medicare to help LWers make sense of it all on May 12 from 10-11 a.m.

—CJ Blomsquist, Optum HealthCare

Medical Qigong

The Medical Qigong Club will host a workshop on the Healing Power of Nature on Saturday, April 30, from 1-5 p.m. in Clubhouse 3, Room 1. Medical qigong practitioner Dave Heilig will explore the benefits of nature in the self-healing process, explain what is beneficial and why, and discuss ways people can enhance their experiences in nature.

In addition to being a medical qigong practitioner, Heilig is an instructor of classical Chinese medicine and spiritual well-being. He was certified as



a traditional Chinese medicine nutritionist by the College of Tao and Integral Health at the Yo San University of Traditional Chinese Medicine in Los Angeles, where he studied traditional Chinese medicine and medical qigong. He offers workshops and therapy at his clinics in California, Florida and Montana.

Contact Kathy Moran at (805) 588-5141 for more information.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, April 28: Turkey chili, cornbread and green beans with pimentos; apple sauce; roast beef and cheese sandwich, with spinach, tomato and pickle, plus cucumber, red onion and tomato salad.

Friday, April 29: Oven-baked breaded fish with tarter sauce, barley pilaf, and peas and carrots; fresh banana; turkey and ham Cobb salad, with egg, tomato, bacon and blue cheese dressing, plus crackers.

Monday, May 2: Roast beef with mushroom gravy, au gratin potatoes and peas with onions; mixed melons; chicken salad sandwich, with spinach and tomato, plus marinated beet-and-onion salad.

Tuesday, May 3: Tuna noodle casserole, seasoned carrots and Brussels sprouts; chocolate cake; Greek chicken salad, with tomato, olives, cucumber, feta cheese and vinaigrette dressing, plus crackers.

Wednesday, May 4: Lemon pepper chicken, barley pilaf and green bean almandine; fresh pear; roast beef and cheese sandwich, with lettuce, tomato and pickle, plus creamy coleslaw.



Thanks to Al and Debra Basler, who drove their RV to Bolsa Chica, the LW Bike Club was able to enjoy a late-afternoon barbecue with hamburgers, hot dogs and beverages. Jack Yelen and Mike Huang assisted with the cooking. Everyone is welcome to join the club at the North Gate at 9 a.m. on Sundays (includes a stop breakfast), Mondays, Wednesdays and Fridays for a healthy ride to El Dorado Park and the Long Beach Golf Course, Shoreline Village in Long Beach, and Bolsa Chica. All riders must wear a helmet and safe shoes.

Wa-Rite

The Wa-Rite meeting on April 15 was about diversion eating out of boredom. The group discussed alternatives that will help that feeling pass.

The biggest loser that week was Pat Miller, who lost seven pounds. Ellen Larson received her "Bachelor's of Goal Weight Degree," and Kathy Moran got her "Master's of Goal Weight Degree."

—Carol Chambers



Need help? Call for a free consult with the 24-Hour Nurse: (562) 795-6216



CENTENARIAN

from page 1

the world's latest pandemic that struck down 6.2 million worldwide.

They lived through a world war, Prohibition, the beginning of Wimbledon and the dawn of technology as radio arrived at the White House in 1922.

Today, there are about 90,000 centenarians in the country, according to the Census Bureau, an increase from about 72,000 in 2014 and 50,000 in 2000, reports the Centers for Disease Control and Prevention. That growth is expected to continue, potentially reaching 589,000 people in the U.S.

Here in LW, centenarians are also on the rise. Last week, 26 residents—at least two of whom are 105—were recognized as super-agers who have withstood the tests of time. They are men and women of varied backgrounds with several common threads. They are as active as possible, challenge themselves with mental activity, are family-oriented and are social butterflies. Many had unusually long and happy marriages.

George Koehm, who will be 100 in November, and his wife,

Selma, loved to dance and travel. Selma died in 2011 at the age of 92 after a 62-year marriage filled with travel, boating and family.

Lewis Parker, who will be 100 in September, learned to be “a pretty good microwave chef” after his beloved wife, Alma, died in 2019 after 69 years of marriage. He keeps up with current events, Zooms daily with several Leisure World groups and FaceTimes his son David and grandsons Daan and Sam in the Netherlands.

For Bob Lynch, 103, a deep love of family and a marriage that lasted nearly 80 years has sustained him. His dear Rosalie, “Ro,” died in 2020, but memories of her surround him still. Over the years, there were several feature stories in the LW Weekly recognizing their long and enduring union.

George Mayeda, who will be 100 in June, had a 72-year marriage to Fumi. “I think I was pretty lucky to marry her. She was a really smart woman,” he said. He is still very connected to his family through trips to the Santa Anita Race Track and Las Vegas, Christmas potlucks, and

Fourth of July fireworks fun.

Mary Greytak, 100, loves cribbage and spent decades overseeing the Cribbage Club. It kept her sharp, and she met two husbands at the card tables—Roger Weiber, who died in 2002, and Gary Greytak, who recently died after almost 15 years of marriage.

Jerry Uva, 103, still enjoys a good action movie and visiting with his family.

Several centenarians are accomplished artists. Jo Pickerell, 105, and Chung-Yuen Tung, 102, showcase their beautiful paintings in their apartments. Phyllis Poper's creative expression takes the form of poetry, which she has been sending to the LW Weekly for decades. Ruth Beaman, 101, is an accomplished painter and does ceramics and needlework, as well as arranging flowers for the First Christian Church of Leisure World. Musician Mark Glickman, 101, came to Leisure World in 1988 and is still a Mutual 2 director.

William Miller, who will be 100 in October, has not let impaired vision isolate him. In

Leisure World, he is a lifetime member of the VFW, a member of the American Legion and a member of Rollin' Thunder Golf Cart Club.

Bea Roth, who will be 100 on May 23, is known for her great sense of humor and an enduring love of education, especially OLLI senior university at California State University, Long Beach. She has been taking classes there for over 18 years. And she stays current with news—local, international and political.

Lyndell Philip, 100 in August, is an avid sports fan whose passion is baseball, especially the Dodgers. She has a long history of volunteering at the Health Care Center and the LW Library.

Seena Friedland, who will be 100 in August, lives alone with minimal care.

She does not wear glasses, has never been in a hospital except to visit others and keeps her mind sharp by reading the Long Beach Press-Telegram and working a crossword puzzle every day.

Pearl Anderson still enjoys traveling and is as active as a youngster. She enjoyed water skiing until she was 94 years old and rode a horse on her 98th birthday. She plays the piano for the Bible study at LW Baptist Church and sings in the choir on Sunday.

For her 100th birthday in August, she will travel to Minneapolis to celebrate with her relatives and have a local get-together with her LW Baptist Church friends and family.

Kudos to all LW centenarians, those wonderful models of graceful aging, who are paving the way for the rest of us.

Did You Know?

- For every 100 females age 100 or older, there are only 20.7 males the same age. Females also make up 61.9 percent of those in their 80s and 72.2 percent of people in their 90s.
- Out of the 7.8 billion people in the world, there are only about 316,600—or 0.004%—centenarians living today.

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LBCC

Lifetime Learning Center honors two exemplary 'Seniors of the Year'

Long Beach City College Lifetime Learning Center's "Out-standing Senior of the Year" will be held in-person at the Grand on Tuesday, May 17. Skip Keesal and Sylvia Manheim will be honored for a lifetime of service. Skip's generosity and involvement in the community is legendary in Long Beach, where he always finds time to help others. In 1991, the lawyers of Keesal, Young & Logan launched a foundation that has donated nearly \$7 million to charities focused on education, children, medicine and the arts. In addition to supporting worthwhile charities and nonprofit organizations with monetary contributions, the firm's lawyers also donate their time.

Sylvia Manheim helped establish a program for older adults called Senior University at California State University, Long Beach. It is now the Osher Lifelong Learning Institute (OLLI). Sylvia is active in the National Council for Jewish Women and the ACLU. She has always been involved in programs and activities in peace, justice, equality and continuing education. Lifetime Learning is a nonprofit organization that offers programs to engage older adults mentally, physically and socially.

Individual tickets are available for \$50 each, and there are tables and sponsorship opportunities still available. Email tbrunella@lbcc.edu or call (562) 938-3047.

LW Library Hours

The LW Library is open Monday-Saturday from 9:30 a.m.-3:30 p.m. People can bring their own devices or browse shelves for reading material, and sit down and relax. Four computers are available for use. For more information, call (562) 598-2431.

SB NAVAL WEAPONS STATION

Pier project reaches milestone, wins award

Naval Weapons Station, Seal Beach, has passed a major milestone in its efforts to build a replacement ammunition pier, while also picking up a prestigious Department of Defense-wide award, the base announced April 22.

"We are very happy to announce that pile driving operations for the new ammunition pier deck have been completed," said Commanding Officer Capt. Jason Sherman.

"One of our primary goals was to get this stage of the project completed as safely and quickly as possible, and our Navy-contractor team really went above and beyond to get this done."

The next major step in the project will be the pouring of the pier's concrete deck, and this will occur in stages, once every two weeks throughout the remainder of the year. Some occasional early-morning work is anticipated as a part of that process. Small amounts of ad-

ditional pile driving will also be required next year, once the deck is completed.

It was also announced that the base and its detachments in Fallbrook and Norco, California, had been honored with the 2022 Secretary of Defense Environmental Award for Sustainability, Industrial Installation category.

The award recognizes installations for their accomplishments in innovative and cost-effective environmental management strategies supporting mission readiness. A diverse panel of 53 judges from federal and state agencies, academia, and the private sector evaluated the nominations to help determine the award winners.

"This is another fantastic win for the entire command, and especially our Environmental Program staff," said Sherman. "I'm constantly amazed and humbled by their passionate commitment to protect the lands and natural resources

we have been entrusted with, all while supporting our vital mission."

"The command has had many great environmental accomplishments, including electricity, natural gas and water conservation measures that will save over \$400,000 per year, and the installation of electric vehicle charging stations for our employees," said Environmental Director Jeff McGovern. "We were also able to divert 91 percent of our construction waste away from landfills, which has saved the Navy over \$180,000 in disposal costs."

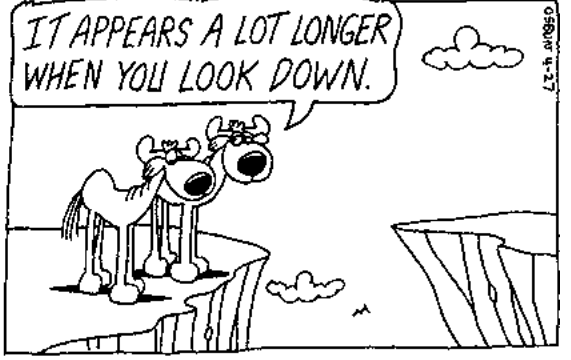
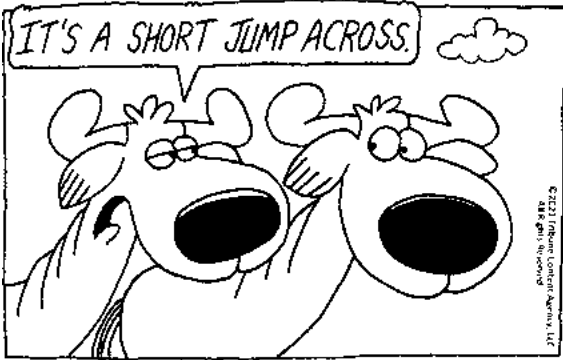
"Congratulations to the entire Naval Weapons Station Seal Beach team," said the Commander of Navy Region Southwest, Rear Adm. Stephen Barnett.

"You have set the standard not only across the Department of the Navy, but now throughout the entire Department of the Defense as well."

—from the Naval Stations Station

Puzzle Answers

Puzzle pages 6-7



Crossword Answers

S	A	R	A	H	U	N	T	A	G	B	I	D	E	S	E	E	P		
D	R	O	V	E	V	I	O	L	A	E	W	E	S	A	X	L	E		
S	M	A	L	S	A	N	T	A	S	F	A	V	A	T	T	O	P		
U	S	M	A	D	E	O	N	L	O	A	N	U	T	U	R	N	S		
B	U	L	K	O	M	I	T	S	I	R	A								
B	L	T	P	A	I	R	I	N	G	G	R	I	E	V	A	N	C	E	S
E	A	R	S	L	I	T	A	T	E	E	N	R	C	A					
E	M	O	T	I	O	N	D	E	N	I	E	D	S	T	A	T	I	O	N
R	E	D	E	L	M	M	O	R	S	E	L	I	S	L	A				
			P	I	N	U	P	K	A	R	A	T	S	E	P	I	A		
			C	H	A	I	R	R	A	I	S	I	N	G	S	T	O	R	
	A	I	L	E	D	L	O	N	Z	O	S	A	U	N	A				
E	C	O	N	S	T	O	M	P	S	N	I	C	K	E	L				
T	E	S	S	E	R	A	I	D	E	A	L	B	R	E	A	K	E	R	S
N	E	E	R	O	L	O	P	O	L	E	S	E	G	A					
A	S	T	E	R	O	I	D	T	R	E	A	T	M	E	N	T	P	O	T
			O	L	E	A	D	I	E	U	F	A	R	M					
A	P	H	I	D	S	D	A	N	C	E	D	S	E	A	B	E	D		
F	O	O	T	H	O	U	R	L	A	C	E	B	A	N	D	A	G	E	
R	O	M	E	O	R	C	A	I	V	O	R	Y	D	R	B	O	B		
O	R	E	S	O	A	K	S	D	E	N	S	E	Y	E	A	S	T		

Sudoku 1 Answers

5	8	7	3	4	9	1	2	6
3	1	4	6	2	8	9	7	5
6	9	2	1	5	7	4	3	8
1	2	5	7	8	6	3	4	9
9	3	8	4	1	5	7	6	2
7	4	6	9	3	2	8	5	1
8	7	3	5	6	1	2	9	4
4	6	1	2	9	3	5	8	7
2	5	9	8	7	4	6	1	3

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

BEGUN HOUSE SHRIMP INVENT
The teacher was explaining action words to the students and was being — VERBOSE

Sudoku 2 Answers

5	6	7	8	9	4	1	2	3
3	1	4	6	2	7	8	5	9
2	9	8	3	1	5	4	7	6
4	8	2	7	6	1	3	9	5
9	5	3	4	8	2	6	1	7
1	7	6	5	3	9	2	4	8
7	3	5	2	4	6	9	8	1
6	2	9	1	7	8	5	3	4
8	4	1	9	5	3	7	6	2

Guess Who?
Lizzo

Crypto Fun Answers

A. shelter B. animals C. comfort D. adopt

Boggle BrainBusters Answers

PUMA DINGO BISON LEMUR CAMEL TIGER PANDA OTTER

Word-Find Answers

P F A R M M D H R R P H N I L C B S N T
V H A W F L E N C E S T V R G S I D T A
L G R R C P R E T H I C S N P C V E G V
U P T A G G R E S S I O N S D A O D G D
G U G W M F F D S N R R R G R B I H N M
N A N E E G E N E T I C S I M N D O I B
I R V E T E R I N A R I A N W O L I T V
W G S I O E V V A E A A L L M R S T S W
A P E T S O R S S N M E I A O M R M E V
L P H N F E I E I G S G L N H A A V T P
C L B V T P A M W L F N D O T L F U N H
E R E L R R A S R O O A C G P V C F O A
D G E N C L L T A U V R N A C I A U I R
P H U H S W G A R H C E I E G P R L T M
S O P T R W L I R R M E R A E E E D A I
H M U D W H S M D E C R N B B D S O R N
N I C R G H O L U U F F P S R T S G E G
S F F H E L A C I D E M O I B E T E B G
I I O D N B O U U T D D T S M N E I I S
V D I E O M W H G N W E L F A R E D L P

Stock Transfer Mail Slot

To provide timelier service, the Stock Transfer office has installed an external mail slot on its outside wall near the LW Administration sign.

Residents won't have to wait in line or until the office is open to conduct business.

The drop-off slot will allow residents to get documents to GRF staff faster and provide safe, convenient office access.

Drop-off documents must be in sealed envelopes and include the resident's name and phone, Mutual and unit numbers, along with a brief explanation of the business action. No postage is needed.

Fax Service

Fax service is available at the LW Library. It costs \$1 per page to send a fax domestically, \$3 per page to send a fax internationally and 50 cents per page to receive a fax. To receive a fax via the library service, residents should ask the sender to include their name and phone number on the fax and provide the sender with the library's fax number, (562) 431-4143. The library is open Monday-Saturday from 9:30 a.m.-3:30 p.m.

CARS from page 3

10th Street and 8th Street.

- Electric Avenue between 10th Street and 8th Street

On the day of the show, Saturday, April 30, the streets will close at 5 a.m.

The cars will enter the show via Ocean Avenue, Central Avenue and Electric Avenue starting at 6 a.m.

The show is open to the public from 9 a.m.-3 p.m. Streets will reopen approximately one hour after the show ends.

Parking for the general public will be on the grounds of the Seal Beach Naval Weapons station. Entry to the Naval Weapons Station parking area is on the 100 block of Seal Beach Boulevard, south of Pacific Coast Highway (Liberty Gate). People should not go to the Naval Weapons Station Main Gate or to the Navy gate at Westminster Avenue and Kitts Highway.

A shuttle service will be provided from the Naval Weapons Station to Main Street. People who want to drop off passengers should do so at the corner of Electric Avenue and Main Street, continue south on Electric Avenue to Seal Beach Boulevard, and park at the Naval Weapons Station Liberty Gate.

For additional information, contact the Seal Beach Chamber of Commerce at (562) 799-0179.

CINCO from page 3

The dancing and fun moves to Clubhouse 6 at 5 p.m. in the parking lot as well as inside, so come ready to keep the party going with a live mariachi band called Mariachis Alas de Ángel (Ángel Wings), featuring singer Genesis Paz.

The first floor of the clubhouse will be closed to normal activities, including table tennis all day. The second floor Fitness Center will remain open until 1 p.m. only.

This is expected to be one of the most popular events of the year, and the space is always filled to capacity, both inside and outside the clubhouse, so residents only may attend the free festival.

Since parking is extremely limited, a free shuttle from the Clubhouse 4 parking lot will run continuously from 2:30-7:30 p.m. Everyone is encouraged to take advantage of the park-and-ride service provided by GRF Transportation Department. Look for the signs that say "Event Bus" at the clubhouses, or call (562) 431-6586, ext. 372, for more information. For general information, contact Kathy Thayer at kathyt@lwsb.com.

GAF from page 16

Mayor Moore volunteered to make deliveries to two centenarians. One of them, Walter Cieslak, greeted Moore all dressed up for his special day.

Leisure World Korean Community Church sponsored gift cards from Ralphs and the Korean American Association donated Hof's Hut gift cards for future meals with family.

This community effort celebrated more centenarians than in the past two GAF-sponsored lunches.

All together, honorees were given a birthday card signed by dozens of residents, friends and neighbors, a city certificate, flowers, gift cards from Sprouts, Ralphs and Hof's Hut, two centenarian souvenir programs and a visit from a smiling volunteer.

The GAF would like to thank volunteers Andree O'Brien, Beverley Bender, Brenda Thomason, Carl and Liz Kennedy, Geneva Potepan, Heeja and Stan Alameida, Katie and Henry Kim, Melli Herrera, Shery Wells and Susan Cucci. The GAF is grateful to Video Producers Club members Michael Oh and Irene Cistaro, who captured all the preparation for the event.

Andree O'Brien and Beverley Bender also added "Happy Birthday" balloons for their centenarians.

Volunteers reported that centenarians were delighted by the special recognition. Many stayed to visit and chat.

People shared wisdom, their love of family, their goals and the gift of good genes.

Decal Service

The GRF Security Decal Office is open Monday, Tuesday, Thursday and Friday from 8 a.m.-4 p.m. and Saturdays from noon-4 p.m.

The office is closed Wednesdays and Sundays, and on weekdays from noon-12:30 p.m. for lunch. The office is located in Building 5 near the Copy Center.

Appointments are not required.

Decal issuance is on a first-come, first-served basis.

To receive a vehicle decal, residents must present proof of vehicle insurance, DMV vehicle registration (vehicle must be registered to the LWSB resident), DMV driver's license and a GRF ID card.

Decals are valid for up to two years after the date of issuance.

If a resident's driver's license expires before the end of the two-year period, a decal will expire in the same month the resident's driver's license expires.

COLUMN from page 4

Generations United reports that before the pandemic, some 2.6 million American children lived in "grandfamilies."

For reasons ranging from military deployment and incarceration to death from substance abuse, other illnesses or accidents, grandparents have always provided support with childcare, transportation and financial help. These unsung heroes, who have willingly postponed or canceled retirement, have done so to ensure that their progeny is raised in a loving family.

In her June 23, 2013, article titled "In Praise of Grandparents," Magnolia Ripkin stated, "The most perfect of all possible human relationships is that of grandparent and grandchild. They love each other for merely existing. They accept each other completely in a state of grace that says, 'You are perfect in all ways, and I will indulge your every whim.' They wallow in the sunshine of approval and acceptance with no rules to follow and lots of candy to eat. Really, the symbiosis is perfect in every way if the grandparents are good and part of the children's lives."

As just one of dozens of grandchildren, the only relationship I had with grandparents was with my father's mother. There were the annual birthday cards including a dollar or two, but I saw her in person only a few times before she passed in my early teens. To this day I still yearn to feel that grandparent connection, that feeling of pride and bond that no other relationship can engender.

Good grandparents absorb any expense, sacrifice any available time, and travel any distance just to maintain that connection. Compared to those who have become the guardians of their own grandchildren, our challenges and sacrifices are minuscule. Let's honor those heroes who sacrifice so much for their grandchildren by spending the rest of our senior years of leisure as devoted grandparents!

CLASSIFIEDS

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Lenora Browning, LW Resident.
Phone 562-493-5457. Seal Beach
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Looking for someone to sew silk material for 2-pillows/12Wx12H. Call/562-773-3302 for details.

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FRANK'S GARDENING SERVICE
Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 ^{6/30}

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JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001. ^{7/07}

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LICENSE 723262
Install doors, new windows, recessed lights/fans/light fixtures. Cabinet refacing, refinishing. Paint exterior window frames/ceilings made smooth/closets redone. Miscellaneous/repairs. Kitchen/bathroom remodeling. ^{5/12}
40+ Years in LW

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We refinish your SHOWER/TUB to look brand new. Convert to WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911. License 699080. Serving LW since 1999. ^{7/21}

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Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. CA State License 675336. ^{6/16}

Affordable - Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior discounts. Cory Gee Painting 714-308-9931 License 1049257 ^{5/26}

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DECORATORS
Shutters, blinds, roll-up shades, custom drapes. ^{5/12}

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I clean Inside/Outside-(OR)-Clean-Outside-ONLY and SAVE \$\$\$.
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Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9 am-5 pm. (562) 430-9966, (562) 822-6655.
Does your walker need new tennis balls? Delivery and installation provided. Please give your name and phone number. Free of charge. Diane Hart 714-955-2885.

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I am an experienced caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands. 949-899-7770. Available 24/7. SB Business License HEL0006. ^{6/16}

CHRISTIAN HOME CARE
Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License BCS0002. Bonded/Insured. ^{6/16}

MOST AFFORDABLE RATES with optimum service, 30-years LW experience, reliable, honest caregivers. Licensed, 24-hours, part-time, doctors, appointments, references, fluent English. Ann 714-624-1911, 562-277-3650 - Heidi. Seal Beach License HYC0001. ^{6/02}

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EXPERIENCED CAREGIVER
Over 25+years in Leisure
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30+ years experience. Cooking,
cleaning, medications, compan-
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6/09

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Over 30 Years Experience!
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WINDOWS 10% OFF
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General housecleaning
Excellent referrals in LW
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20 years experience.
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GRA0006 5/05

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Seal Beach License RAZ0002.
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Maria House-Cleaning
We'll make your house look
NICE-as-possible! 15+/years
experience. We can work with/
your schedule. Bi-weekly/
Monthly. Deep-cleaning. Call/
Text/714-496-2885. Business.
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MAGALY'S CLEANING
SERVICE. We make your home
sparkle! 7-days/call anytime!
Complete-cleaning. Seal Beach
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Call/562-505-1613. 5/26

LeeGee Cleaning Services. Move-
In, Move-Out. Deep Cleaning
and/or Recurring. General
Housecleaning, Weekly/Bi-
Weekly/Monthly. 7-Days Call/
Text Lisa/714-916-7796. SB
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Looking for a stress free tip to get your house
ready for the summer?
Place a classified ad for miscellaneous items
to get rid of clutter fast!

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Everything for your Computer
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ANY KIND OF CAR
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We pay cash and remove promptly!
We do DMV and Release-of-
Liability for you! Bonded/
Licensed, since 1985! Call us
562-684-0901, we can come out
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CHAIRS FOR SALE
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GOLF CART CLUB
Offers FREE advice on buying
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Golf Cart Tires in Leisure-World
with "SPECIALITY TIRES". All-
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Installed at your residence. Call
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J&D HAUL AWAY AND
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No job too small! Fast, reliable,
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Your moving service, any
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5/19

MISCELLANEOUS
WANTED
LESLIE'S VINTAGE STORE.
Looking to buy Mid-Century
Furniture/"ETC"/Men-Women
Sterling-Silver Rings/Old-Jewel-
ry/Men-Women Vintage Clothing.
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MISCELLANEOUS
FOR SALE
Estate Sale. 13381 El Dorado
Drive, Mutual-8/Apartment-
202L. April 28th, 29th (9:00am-
2:00pm). Leather sofa and chair,
oak coffee table, bedroom furni-
ture, computer desk, family size
dining table with/6 chairs, small
kitchen appliances, household
items, organ. 714-943-1818
Glinda Davis. Seal Beach Li-
cense GDD0001 PO Box 333,
Seal Beach, CA 90740. See pic-
tures at marketplace facebook.

Patio sale. Thursday/April-28th
and Friday/April-29th. Mutual-15/
Apartment-19D. Great prices!
Great treasures!

Ikea butcher-block, kitchen-
island, two-shelves PLUS two
white counter-chairs. Retail/\$529,
Sale/\$350. Perfect for kitchen area!
49.5Lx31Wx35.5H.
425-830-7926.

White Love-Seat in good condition.
Mutual-7/Apartment-173A. Call
for price/562-598-0307. U-PICK-
UP.

Extra-wide Merits Electric-
Wheelchair, excellent-condition,
22"/wide-seat, \$500/OBO PLUS
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Tuffcare Hoyer-Type Body-Lift,
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Slings \$500/OBO. Two-cases
30"x60" blue/white paper bed-pads
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Pedego Electric Adult-Trike.
Gently-use in excellent-condition.
\$2,000/OBO. Comes with/
Extra-Battery (\$700 value), both
Throttle AND Pedal/ Assist power-
modes. Battery-charger, plugs
into standard-outlet. Complete
original care-kit, includes tools and
touch-up paint. Extra-Odometer,
Owners-Manual. Text/Call
Marcia/562-822-6655.

Single Electric-Bed/like-new
\$175.00. Large Glass Table/like-
new \$175.00 562-430-0345.

FREE ITEMS
FREE HOUSEHOLD GIVE
AWAY!!! Clearing out Unit!
All household items are FREE!
Various items include: kitchen,
knickknacks, women's clothing,
etc. FRIDAY, April-29th from
10:00 a.m. to Noon. 13270 Twin
Hills Drive, Mutual-12/Apartment-
45A.

Classified
deadline
is 12:00 p.m.
Monday,
for
Thursday's
publication

How to Place a Classified Ad:
Classified ads may be ordered
over the phone by calling (562)
431-6586, extension 383, or (562)
430-0534; emailed to debbiek@
lwsb.com (staff will call back for
payment information and ad
confirmation) or in person at
the LW Weekly office, 13521 St.
Andrews Drive (two-story white
building at the Amphitheater
complex). The office is open
Monday-Friday from 8:00a.m-
5:00p.m.

Classified Rates:
Residential Rate: Classifieds are
\$8 for 12 words or fewer; each
additional word is 25 cents.
Non-residential rate: Ads start
at \$12 for 12 words or fewer.
Discounts are available for ads
that run at least four weeks in a
row without changes. Payment
must be made at the time the ad
is placed.

Deadline:
The LW Weekly classified
advertising deadline is Monday
at 12:30 p.m. for that week's
Thursday edition. Deadline
changes due to the holidays will
be printed in the LW Weekly.

For Information:
For more information, call (562)
431-6586, ext. 383.

LW Weekly classified ads are
online at LWWeekly.com and
lwsb.com.

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Move-in ready

M15 32-Q
Fresh ocean breeze
included in this upstairs
2 Bedroom, 2 Bathroom
remodeled apartment
with washer/dryer,
microwave, set-in stove,
modern flooring and
much more.

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M15 10-C • CLOSED
M15 10-D • CLOSED
M15 3-N • CLOSED
M15 2-D • CLOSED
M10 249-G • CLOSED

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Coming Soon!
Mutual 2-39A
Great Corner Fixer Unit
Beautiful Location

2021 Escrows

6-130K \$300,000	8-193H \$230,000
7-159F \$400,000	14-24A \$325,000
5-104E \$259,000	2-35D \$210,000
11-262B \$359,000	8-191A \$485,000
16-52L \$269,000	3-12L \$205,000
6-57H \$210,000	12-62K \$240,000
12-36D \$365,000	8-180H \$172,000
2-22D \$185,000	6-138B \$175,500

Leisure Living Resales



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UNITS COMING SOON
2B/1Ba Upgraded
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Mutual 11 – 273b Northwood
Sold \$465,000 Remodeled

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Coming Soon
Charming 2 Bedroom
with L-Shaped Patio
on Greenbelt,
Central Heat and Air
M2 40D \$310,000

2 Bedroom,
L Shaped Patio
Washer/Dryer,
Heat Pump,
Dishwasher,
M6 132B \$325,000

1 Bedroom
Newly Painted
Clean unit, Greenbelt
M2 32J \$218,000
Call me for a
Free Market Evaluation



Erika Shapiro
Resales Specialist
Mut. 17 Resident
BRE # 01448494
562-208-5223

Expanded 2 BDR/1 Bath
Great Location, close to
parking. Laminate Flooring,
A/C Heat Pump, Washer & Dryer. Move-in ready.
Mutual 9-235E \$335,000

2 BDR/ 2 Full Baths
Fully expanded Corner
With all the bells and whistles.
Mutual 5-110A \$489,000

Corner Condo
2 BDR/ 2 Baths, luxuriously
remodeled. Everything is new.
Mutual 17-110B \$475,000

Fabulous Greenbelt View
Partially Expanded, central
A/C Heat, new paint
Mutual 11 \$355,000

Basic 2 BDR/ 1 Bath
Enclosed patio, Central A/C
Heat, Washer & Dryer
Mutual 2 \$315,000

In-Escrow

1-36D	\$205,000	1-3D	\$215,000
2-30D	\$309,900	2-55K	\$298,000
6-129F	\$399,000	3-10F	\$389,000
17-112B	\$389,000	17-22B	\$400,000

Leisure Living Resales



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Looking to sell your current Leisure World home or perhaps purchase a new home in Leisure World? Look no further! The On-Site Home Sales Office has been the preferred sales office since 1960! Our agents are up to date on how to sell your unit for maximum profit with minimal effort! We can help you with cleaning out your unit, picking new floors, staging- you name it and we do it! Come by our office anytime to speak with one of our expert Realtors! We are open 7 days a week!



M1 68L
\$249,000

M1 2G
\$429,900

M1 53A
\$269,000

M1 52B
\$230,000

M2 10E
\$310,000



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Yes we are **SISTERS**

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DRE # 01057681

New Listing!

If you are looking for convenient parking don't miss out on this two bedroom one bathroom home with a side enclosed patio room. The living room has laminate floors and is light and bright. The kitchen features wood cabinets and built-in Leisure World appliances including refrigerator, stove top, oven, and has tile flooring. The master bedroom has laminate flooring and added storage cabinets above the wardrobe closet. The bathroom has tile flooring and a highboy toilet. The second bedroom has laminate floors and wardrobe closet. The added enclosed patio room may be used as a den, office, or bonus room. The front private patio has a walk-in storage closet. This cottage is located in Leisure World Seal Beach a resort-like senior community which offers over 200 clubs, organizations, and activities including a 9 hole 3 par golf course, swimming pool, jacuzzi, gym, amphitheater, sewing, crafts, and art room, lawn bowling, pickleball, shuffleboard, table tennis, and much more. Also on site is a library, post office, health care center and is located in the charming community of Seal Beach.



M2-63H

275,000

PENDING

Mutual 4-88G
Mutual 2-46H
Mutual 5-117G
Mutual 10 -250J
Mutual 2-3B
Mutual 2-8C
Mutual 11-286I
Mutual 12-61A
Mutual 1-31E
Mutual 11-286B
Mutual 5- 117L

SOLD 2022

Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

SOLD 2021

Mutual 5-93F
Mutual 8-202C
Mutual 8-202J
Mutual 3-21A
Mutual 10-240B
Mutual 11-267I
Mutual 12-70D
Mutual 14-15I
Mutual 2-13F
Mutual 2-51J
Mutual 1-35J
Mutual 11-285H
Mutual 2-19L
Mutual 2-24D
Mutual 1-30D
Mutual 1-37F
Mutual 12-41G
Mutual 2-46D
Mutual 10-248D
Mutual 11-277A
Mutual 2-40L
Mutual 8-203G
Mutual 2-22J
Mutual 1-52A
Mutual 2-63A
Mutual 5-123K
Mutual 2-17C
Mutual 9-224G
Mutual 9 -215B
Mutual 15-32J
Mutual 6-57E

New Listing!

Charming and ready to move in expanded two bedroom, one bathroom, formal dining room home. The living room is light and bright with added track lighting and a heat pump offering heat and air conditioning. The white kitchen has built in appliances including stove, oven, refrigerator, and newer countertops. The bedroom has a wardrobe closet and sliding glass doors to the patio. The bathroom has a skylight and convenient walk-in shower. The second bedroom has mirrored wardrobe closet doors and sola tube for natural lighting. This lovely home has been newly painted with vinyl plank flooring newly installed. Enjoy the private patio with indoor/outdoor carpeting and walk in storage. Do not miss out on this centrally located delightful cottage. Located in Leisure World a resort like community that offers over 200 clubs, organizations, and activities including a 9 hole 3 par golf course, gym, pool, Jacuzzi, shuffleboard, bocce ball court, sewing, art, and lapidary rooms, library, health care center and so much more. Stop by and enjoy.



M5-103H

\$359,000

New Listing!

Call to see this two bedroom one bathroom corner unit priced to sell. It is ready for you to purchase and make your own. The living room is carpeted with sliding glass door that opens onto an enclosed patio room. The kitchen has Leisure World built-in appliances including a stove, oven, refrigerator, added built in dishwasher, skylight, ceiling fan and tile flooring. The master bedroom has an added side window. The enclosed patio room is a bonus room that can provide for a variety of uses and features a walk-in storage closet. Enjoy convenient drive up parking.



M3-4F

\$249,000

Charming fully expanded two bedroom, one bathroom, formal dining room home with a flexible floor plan. The leaded glass door opens into a spacious light and bright open floor plan with a living room that has laminated flooring and an adjacent dining room with a large skylight. The kitchen has white cabinets and built-in appliances including a refrigerator, stove, oven, and dishwasher. The expanded master bedroom is carpeted and has a walk-in closet. The bathroom has tile flooring and skylight. The second bedroom is carpeted and has a wardrobe closet. This lovely home has double pane windows, faces southwest and has convenient drive-up parking. Enjoy the wonderful ocean breezes that Seal Beach has to offer. Leisure World Seal Beach is a resort-like senior community and offers many activities, organizations & clubs to participate in including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, arts, crafts, amphitheater, library, sewing and crafts room, wood working shops, health care center, and so much more.



M11-262F

\$389,000

Delightful fully expanded corner two bedroom, one bathroom, formal dining room home with a flexible floor plan. The leaded glass door opens into a spacious living area that has a charming combination of carpeting and laminate flooring. The kitchen has vinyl flooring with white cabinets and built-in appliances including a refrigerator, stove, oven, microwave, ceiling fan, and skylight. The expanded master bedroom is carpeted and has both a wardrobe and walk-in closet and small sitting area. The bathroom has vinyl flooring, convenient walk-in shower, and ceiling fan. The second bedroom is carpeted with a wardrobe closet. This lovely home faces southeast with a southwest side exposure and has a private cozy Greenbelt. Enjoy the wonderful ocean breezes that Seal Beach has to offer. This special home offers all this and is close to parking. Leisure World Seal Beach is a resort-like senior community and offers many activities, organizations & clubs to participate in including a gym, 9 hole 3 par golf course, swimming pool, jacuzzi, arts, crafts, amphitheater, library and so much more.



M2-59B

\$335,000

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Now Hiring New Agents

Two-Bedrooms

Mutual 2 40D
newer lam. flooring, cent. air, 3 skylights, cut down shower, greenbelt

Mutual 10 240A
corner, drive-up, enclosed patio, waiting for remodel, great buy

\$310,000

\$329,000

Mutual 5 103H
expanded, air cond., skylights, new paint and new plank flooring

Mutual 14 3J
fully expanded, lam. floors, skylights, dual pane windows, must see

\$359,000

\$365,000



Robin Gray
(562) 209-5605
rwgraysales@verizon.net
DRE 01027333
13926 Seal Beach Blvd., Seal Beach, CA 90740

LOOKING TO BUY OR SELL?
CALL ME
I have 25 years of
Leisure World Experience!
(Located in the shopping center, behind Carl's Jr.)

**BERKSHIRE HATHAWAY**
HomeServices

Coming Soon!



Mutual 8-200-K
Looking for something different than what every one else has, then look no more! This darling "Spanish" style interior is so unique you will want it for your own. Fully expanded two bed, one bath, that still has a nice size porch to enjoy your surroundings. Remodeled kitchen and bath - has a fabulous soaking tub and double sink vanity, tile floors through out and new carpet in the master bedroom, skylights, a brand new living room ceiling fan, brand new washer/dryer, dishwasher and microwave! Call today to see!!

Buildable Corner



Mutual 10-240-A \$329,000
Drive up basic corner with two bedrooms, one bath, enclosed patio room - just waiting for you to make it your own! Walking distance to the library and Clubhouse 3 and 4, plus plenty of street parking for guest! Great for a remodel... Call me to see!!



Pending

Mutual 6-135-B
\$310,000



Pending

Mutual 12-56-A
\$389,000



Pending

Mutual 2-48-G
\$449,000



Pending

Mutual 10-248-G
\$570,000

See more at www.sealbeachleisureworld.com



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www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of **40** Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1881 St John Rd., #37Q | M15 | \$369,000
Remodeled upstairs unit with open patio. Laminate Floors, Central A/C Heat, Granite countertops, dual pane windows/slider, solar tubes, opening skylight, dishwasher and updated kitchen



1563 Monterey Rd. 23A | M2 | \$339,000
Expanded corner unit w/tiled patio. Drive up location. Skylights throughout, scraped ceilings in living/dining rooms, central HVAC, walk-in closet, tile throughout.



13110 Seaview Ln #245G | M10 | \$589,000
RARE Corner **3 bedroom, 2 full bath** unit. Bay windows, central HVAC, 2 walk-in closets, washer/dryer. Completely remodeled kitchen and bathrooms. No detail was spared!

CLIENT LOVE

★★★★★

Thank you so much Nick for helping find our home at Seal Beach Leisure World. Your patience and kindness with us to find something quickly since we sold our house was simply amazing. You are the best agent, and we so enjoyed working with you . Any referrals I will gladly send to you, and your amazing team.

- Shirley and Sherman



13241 Southport Ln #185L | M8 | \$624,000
Spectacular corner 2 bedroom, 2 bath unit. Incredible greenbelt location w/patio, central HVAC, walk-in closet, washer/dryer. Completely remodeled kitchen and bathrooms. No detail was spared!

On April 26th, 2022 a total of **16** units show as active listings on the CRMLS (this is where Realtors list property for sale).

1 - 1 bedroom/1 bath unit at \$237,500

7 - 2 bedrooms/1 bath units from \$275,000 to \$429,900

8 - 2 bedrooms/2 baths units from \$379,000 to \$625,000

We offer *Virtual Tours* and can send you a *Virtual Tour* of any of these properties, We have access to *all inventory!* We are here to help!



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2x \$50

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Ralph's

BIG THANK YOU to all our entries! Keep an eye out for our next raffle coming soon!



CONGRATS TO JOY HAZELWOOD AND JANET LISS!