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SB Animal Care Center is topic at Paws, Claws and Beaks Club.

Page 14

Traveling Tigers will host a presentation on traveling in central Europe on July 20 in Clubhouse 3.

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AMPHITHEATER MOVIES



Disney fantasy will be shown on Friday

Disney's Encanto, rated PG-13, will be shown on the gigantic screen for outdoor movie night at the Amphitheater. The show starts at 8:30 p.m. on July 15. Movies are being shown on Friday nights through Sept. 16. Bring friends and family, and enjoy free entertainment in your own back yard.

Minibus service will be available to take people home after the show.

This week features a 2021 Disney classic that tells the story of The Madrigals, an extraordinary family who live hidden in the mountains of Colombia in a charmed place called Encanto. The magic of the Encanto has blessed every child in the family with a unique gift—every child except Mirabel. However, she soon may be the Madrigals' last hope when she discovers that the magic surrounding Encanto is in danger.

Encanto won Best Animated Film category at the Academy Awards, the Golden Globes, the BAFTAs, the Producers Guild of America, and the National Board of Review. The movie runs 1 hour, 49 minutes.

AMPHITHEATER SEASON 2022



This multimedia production will showcase some of the greatest music of the 1970s and '80s.

ABBA tribute is tonight on Amphitheater stage

ABBA L.A.

7:30 p.m., July 14
Amphitheater Stage
Sponsors: Financial Partners Credit Union, Gasper Monteer Real Estate

ABBA L.A. is a multimedia production that includes some of the greatest music produced in the 1970s and 1980s. One of the group's monster hits was "Waterloo," ABBA's breakthrough song in 1974, which won the Eurovision Song Contest. It topped the charts in many countries, and hit No. 6 in the U.S.

A year after the success of "Water-

loo," the band became a fixture on the world charts, with hits like "Fernando," "Honey Honey" and "Dancing Queen," all of which ABBA L.A. will play in its high-energy tribute.

The concert is part of the 2022 Amphitheater music festival that started June 30 with a 12-show lineup of country, rock, pop, soul and blues tribute performers at the 2,500-seat Amphitheater.

Residents are invited to celebrate summer under the stars every Thursday through Sept. 15 at the free concerts. Shows start at 7:30 p.m. (schedule is subject to change; see page 10 for complete schedule).

Non-resident guests must be accompanied by a resident.

Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes.

This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows.

People can bring picnics or buy dinner from Koffel's food truck. Tables and chairs are available for pre-event dining.

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging.

Road Work Around LW

Paving Project—Phase 2

Phase 2 of the 2022 GRF Paving Project is scheduled to start on Monday, July 18.

Brookline Road, Scioto Road, Nassau Drive and Oak Hills Drive will be the next streets to undergo asphalt replacement.

Each phase takes about 4-6 weeks to complete. Drivers and pedestrians should use caution in construction zones.

The GRF Board recently awarded a \$2.6 million contract to MJ Jurado for resurfacing and slurry work on a total of 18 LW streets.

North Gate Road Closed for Construction

North Gate Road closed July 5 for approximately three months to allow crews to install a new 18-inch sewer line underneath I-405. The sewer line will connect to an existing sewer line under Old Ranch Parkway, across the freeway.

North Gate Road will be off limits to all vehicles, pedestrians and cyclists. During the closure, people will be detoured to Golden Rain Road to enter and exit Leisure World.



Donna Gambol

During Phase 1, a construction crew stripped off the top two inches of asphalt prior to repaving.



Classic Car Show Winner

Ron Hause (above and at right) won the “Best Paint Job” trophy at the Classic Car Show on July 4 at Clubhouse 6. Several hundred people enjoyed the show and entertainment.

David Wolfe



SEAL BEACH

Summer concerts are in full swing

Seal Beach Summer Concerts, sponsored by the Seal Beach Chamber of Commerce, are held at Eisenhower Park at the base of the Seal Beach Pier. Concerts are on Wednesdays from 6-8 p.m.

They will continue through Aug. 10. The breathtaking view of the Pacific Ocean and the Seal Beach Pier provides the perfect backdrop for the bands.

The remaining line-up is as follows:

- July 20: L.A. Vation, U2 Tribute Band
- July 27: Eagles Ronstadt Experience, the Eagles and Linda Ronstadt Tribute Band
- Aug. 3: Redneck Rodeo, a country music cover band
- Aug. 10: Stevie Nicks Illusion, Fleetwood Mac Tribute Band

People can bring blankets, lawn chairs and picnics. The pier is at the intersection of Ocean Avenue and Main Street.



Senior Resource Focus

This is one in a series of monthly columns to familiarize LW residents with the vast array of resources available to them. Each article will focus on a topic of interest as researched by Member Resource Liaison Robann Arshat. This one is on hospice and palliative care. The goal is to help residents better manage the challenges often associated with aging and to keep people at home and healthy for as long as possible.

Hospice

What is hospice:

Hospice care is a type of health care that focuses on the palliation of a terminally ill patient’s pain and symptoms and tending to their emotional and spiritual needs at the end of life. Hospice care prioritizes comfort and quality of life by

reducing pain and suffering so that the patient can focus on things they care about most. The goal of hospice care is to help people who are dying have peace, comfort and dignity.

When to Call for Hospice:

There are guidelines to help people decide when the hospice care should be discussed with loved ones and physicians:

- The patient has six months or less to live, according to a physician.
- The patient is rapidly declining despite medical treatment.
- The patient is ready to live more comfortably and forego treatments aimed at prolonging life. Medicare A covers up to 100% of hospice for patients with advanced illness.

Myths about Hospice

Myth: Hospice is a place where you go to die.

Fact: Hospice is not a place where you go to die, but rather a philosophy of care. This philosophy focuses on improving the quality of life by managing physical symptoms, as well as providing emotional and spiritual support for the patients and their loved ones. Hospice care can be provided at home, in a hospital, skilled nursing facility, assisted living facility or board and care facility.

Myth: Choosing hospice means I am giving up.

Fact: Hospice does not hasten or prolong death. It helps people living with terminal illnesses have the best quality of life possible. The hospice team-based approach to care will address the patient’s medical needs, and their emotional and spiritual needs as well. They receive quality care from the hospice team: the case manager, certified nursing assistants, social worker, chaplain, pharmacist, bereavement staff and volunteers. The patient’s physician oversees the plan of care. If the patient shows improvement in their condition or wishes to return to curative treatment, they may discontinue hospice care at any time.

Myth: Hospice care is for when death is imminent.

Fact: Hospice care is not just for the days or hours leading up to death. The hospice team approach to providing care can enable a person to live life more fully and provide comfort, reduce suffering and preserve dignity. Some people are on hospice care for many months. A person can receive hospice care as long as they qualify.

Myth: A doctor must make a referral for hospice care.

Fact: A patient’s family, caregiver or the patient themselves can call hospice for a consultation to see if they qualify for hospice care. Once the evaluation is complete, the admission team members collaborate with the patient’s physician to determine



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Senior Lunch Program

The Seal Beach Lunch Program

Meals on Wheels OC provides a senior lunch program at the North Seal Beach Center, 3333 St. Cloud Drive, Seal Beach. Currently, Grab & Go frozen meals are available for pickup on Tuesdays from 11 a.m.-noon.

Starting Aug. 4, a dine-in Lunch Café will be served on Thursdays from 11a.m.-noon.

For the Lunch Café, participants need to reserve in advance by calling the site at (562) 430-6079 between 8 a.m.-noon.

The lunch program is open to all adults age 60 years and older. A suggested donation for lunch is \$3.

For more information, call (562) 431-2527, ext. 1344, or visit the website at www.sealbeachca.gov/city-services/senior-services.

CAP Food Delivery

Free food is available in Leisure World to eligible residents who are 60 years or older through Community Action Partnership of Orange County (CAPOC), which has a monthly distribution site by Clubhouse 4. The next food distribution will be July 21.

Every third Thursday from 9-11 a.m., qualified people receive 40 pounds of food, including canned fruit, vegetables, meat, rice, juice, cereal and more.

Eligible seniors must live in Leisure World, be at least 60 years of age and meet income guidelines as follows: up to \$1,354 a month for one person; \$1,832

HOSPICE

from page 2

if the patient meets the criteria. If the patient would not meet the criteria for starting hospice services, another option would be palliative care.

Palliative Care—What is It

Palliative care is specialized medical care that focuses on providing patients relief from pain and other symptoms of a serious illness, no matter the diagnosis or stage of the disease. The palliative care teams aim to improve the quality of life for both patients and their families. This form of care is offered alongside curative or other treatments you may be receiving. Palliative care is provided by a team of doctors, nurses, and other specially trained people. They work with you, your family and your other doctors to provide an extra layer of support that complements your ongoing care.

Myths about Palliative Care

Myth: Palliative care means no more treatment.

Fact: When a palliative care team is called into a case or is asked to take over the care of a patient, treatment does not automatically stop. The treatment and therapies can continue, but they have a different goal.

Resources

- California Hospice & Palliative Care Foundation, www.calhospice.org.
- Hospice Helpline, 800-658-8898, www.caringinfo.org.
- Southern California Hospice Foundation, 877-661-0087, www.socalhospicefoundation.com.

People can visit the display rack in Building 5 for brochures. To make an appointment to learn more about the information here, call Robann Arshat at (562) 431-6586, ext. 317.



The Orange County Fair will open tomorrow, July 15.

‘Feel the Sunshine!’ at the OC Fair

It’s summer and the annual OC Fair is returning on July 15 for its full 23-day run through Aug. 14. The theme is “Feel the Sunshine!”

Advance admission purchase is required—no transaction fees—and daily capacity is limited; visit ocfair.com or

download the OC Fair 2022 mobile app.

What’s happening at the Fair?

There is lots of fun planned for every day with activities ranging from getting up close and personal with animals in the petting zoo to checking out

exhibits, shopping and enjoying local groups performing on community stages.

Things To Do

- Fairgoers can meet the newest “Foodie” Sunny Lemon. This costumed character joins the ranks of the Foodies, including

FAIR, page 22

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PERSPECTIVES

Letters to the Editor

Editor:
I am offering some insights to improve communications between shareholders and their Mutual boards. If you send a question to the board president, know that you may not get an answer, and if you do, it may not be correct. There may not be follow-up to a successful conclusion.

If you send correspondence to your Mutual president regarding agenda items, it may not be shared with other board members.

If you ask the president to inform you when a matter of extreme interest to you is placed on a future agenda, you may not get such notification.

If you submit correspondence regarding an agenda item to the GRF office for the board, it will only be given to the president and not necessarily shared with the board.

If you wish to speak on an agenda item, do not wait for that item to be opened on the agenda to speak as this may not be allowed.

My solutions for shareholders are:

- Read your Mutual Rules and Regulations thoroughly. These are available on each Mutual website. Don't depend on board or neighbors.
- When making a complaint make sure that you quote the rule(s) being broken. Follow up,

repeatedly, to obtain complete solution.

- Send correspondence regarding agenda matters to each board member directly.
- Read agendas for the procedure for being heard. If you are not admitted to the meeting on time, make that known in Zoom "chat."

Margo Wheeler
Mutual 6

Editor:
I am lucky enough to be enrolled in Long Beach Memorial's pulmonary rehabilitation program. I attend the excellent program on Tuesday and Thursday mornings.

With the rising price of gasoline, was I ever excited to discover LB Memorial Hospital has a shuttle bus that picks me up at the Amphitheater and takes me to my rehab.

When I finish the session, I am picked up after I call the driver Carlos, who brings me back to Leisure World.

Thank you for making my life more manageable Leisure World and Long Beach Memorial Hospital.

Kathy Moran
Mutual 11

Editor:
In my opinion, the letter by Ed Murphy (July 7) is misleading.

During the Obama administration, gun safety laws could not get past the filibuster

wielded by Mitch McConnell, even though 88% of Americans support background checks on guns and 69% support a ban on assault weapons.

It's the Republicans who prevent meaningful gun safety measures from passing.

With only 4.5% of the world's population, America has 25% of all the world's prisoners and 50% of all the guns. We average 111 deaths a day from guns and 240 from gun injuries.

Guns are now the leading cause of death among children, (according to Majority Leader Charles Schumer, D-N.Y.).

In Japan, which has the strictest gun laws, there was only one homicide by guns in 2021.

When Australia bought back guns in 1998 after a mass shooting, the homicide rate dropped by 57%.

I have never owned or fired a gun. I do all my hunting at the supermarket.

It has come to the point where children fear going to school, markets, malls and parades. Children are more important than guns.

Guns are the problem, and we could fix it if we had the political will.

Dave Silva
Mutual 12

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments that could adversely impact any GRF employee directly or indirectly will not be permitted.

Member Column: Columns may give an argument, opinion or information about pending issues of community concern.

Editor:

I understand why shareholders do not want to run to serve on their boards as directors.

It is a thankless job—no pay, lots of complaining and nothing but problems to solve.

Today, a shareholder rang my doorbell at 8 a.m.

Being a late riser, I was sound asleep. When I opened the door, he yelled at me, "the tree, the tree; it is a hazard. Someone is going to hurt themselves. And you do nothing. You never do anything."

What a way to wake up. Oh, and what tree? We have a couple on our properties.

I am hoping that the shareholder reads the paper.

As all directors know, "doing nothing" is not exactly in the job description.

My work over the last year includes:

- Over 300 hours on the (Electric Vehicle) Project. My committee buddies logged even more hours. We applied for the grant program with SCE, negotiated and finalized the contract

with our electrical vendor, wrote an EV Policy for the Mutual, kept the SCE portals updated and managed the data base.

- Over 20 hours working on the landscape contract in preparation for proposal project. Another 40-50 hours will be needed to complete the process.

- Over 10 hours pulling together narrative and documentation on shareholder issues that were referred to an attorney.

Soon I will start the budget process and try to keep any monthly increase to shareholders low while balancing rising attorney fees due to shareholders not following the rules.

This is usually a two-week job.

Then there are the extra items. I still attend monthly board meetings and other committee meetings and prepare financial reports for the monthly minutes. Now I am not complaining. I volunteered for this job. But when someone says I do nothing, it makes me angry.

Susan Smith
Mutual 4

Setting It Straight

Incorrect meeting information was listed for the GRF Strategic Planning Committee in the July 7 issue. The committee will meet on July 19 at 10 a.m. in Conference Room B. See page 5 for complete GRF and Mutual meeting schedules.

Missed Paper?

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GOVERNMENT

2021 GRF Annual Meeting Minutes

Editor's Note: The approved 2021 minutes of the GRF Board Annual Meeting are published here per Davis-Stirling Act requirements. Annual minutes are published after they are approved by the GRF Board at subsequent annual meetings. The 2022 annual meeting minutes will be published in 2023. All GRF meeting minutes are available at lwsb.com.

**Golden Rain Foundation
June 8, 2021**

Call to Order

The 58th Annual Meeting of Members of the Golden Rain Foundation was held in Clubhouse Four on June 8, 2021 and called to order by President Susan Hopewell.

President Hopewell stated that today's meeting had been convened in compliance with Article III, Sections 2 and 3 of the Foundation's By-Laws and, following Corporate Secretary Gerber's statement that all members were sent notice of such meeting, she declared it to be in session at 2:01 p.m.

Pledge of Allegiance

GRF Corporate Secretary Marsha Gerber led the Pledge of Allegiance.

Roll Call

Recording Secretary Deanna Bennett reported that Board Members Perrotti, Collazo, Snowden, Pratt, Stone, Gerber, Thompson, Hopewell, Rapp, Slutsky, Dodero, Levine, Heinrichs, Damoci Friedman, Isom, and Massetti were present.

No Directors participated via Zoom. Executive Director Ankeny was also present. Eighteen members were present, constituting a majority of the voting quorum.

Membership Participation

President Hopewell stated that by prearrangement, through a notice published for three consecutive weeks in the Leisure World Weekly, members wishing to do so were invited to participate in the Annual Meeting. Three written questions/comments were received and referred to the appropriate department/GRF Committee.

Approval of 2020 Annual Meeting Minutes

BY REQUEST of Mutual Six, shareholder Lynn Baidack, the reading of the minutes of the Annual Meeting, held on August 4, 2020, was dispensed with, and the minutes were approved and ordered to be filed in the corporate records as heretofore published. Ms. Gerber seconded the motion; the Board members present unanimously indicated their favor of the motion.

Introduction of Present Directors

The present Board members were introduced by President Hopewell:

Mutual One, Leah Perrotti; Mutual One, Ruben Collazo; Mutual Two, Paula Snowden; Mutual Two, Paul Pratt; Mutual Three, Linda Stone; Mutual Four, Marsha Gerber; Mutual Five, William Thompson; Mutual Six, Susan Hopewell; Mutual Seven, Kathy Rapp; Mutual Eight, Lawrence Slutsky; Mutual Nine, Tony Dodero; Mutual Ten, Ronde Winkler; Mutual Eleven, Irma Heinrichs; Mutual Twelve, Carole Damoci; Mutual Fourteen, Lee Melody; Mutual Fifteen, Phil Friedman; Mutual Sixteen, Janet Isom; and Mutual Seventeen, Nick Massetti.

President Hopewell recognized retiring Mutual Three, Seven and Eleven GRF Representatives for their service on the Board. On behalf of the community, President Hopewell thanked these Board members for their hard work and dedication and shared a brief history of their GRF activities.

Introduction of Newly Elected Directors

President Hopewell then introduced the newly elected directors of the Board: Donna Gambol, Mutual One, Sandy Geffner, Mutual Three, and Lucy Ableser, Mutual Seven. (Phillip Mandeville, Mutual Eleven was unable to attend).

Reports

In accordance with Article V, Section 2, of the GRF By-Laws, the Annual Meeting of members is the time and place for receiving reports from chairpersons. President Hopewell offered the opportunity for the committee chairs to offer comments, regarding their Committees. The Chairs thanked the members of their committees and staff members individually.

Executive Director's Comments

The Executive Director thanked the Board and staff for another excellent year.

Board Member Comments

Four Board members offered comments.

Mr. Melody: I thank God, PS, SH, KR, PF, and PP. and my wife of 58 years. JI: biggest accomplishment is the ability to live stream meetings

PP: Deanna makes it all run

LSlutsky: we fought a war against the most vicious ...

Installation of Newly Elected Directors

President Hopewell announced that Donna Gambol, Sandy Geffner, Lucy Ableser, and Phil Mandeville, were officially installed as Directors of the Golden Rain Foundation.

Adjournment

The meeting was adjourned at 3:08 p.m.

—Marsha Gerber, Corporate Secretary Board of Directors

CALFRESH

Benefits available for qualified LW shareholders

CalFresh can help qualifying Leisure World residents receive healthy fruits and vegetables, among other groceries. Recipients receive a card similar to a debit card with money loaded every month to shop for more fruit, vegetables, protein and other healthy foods.

CalFresh is funded by the USDA and administered through the Community Action Partnership in Leisure World to help improve the health and nutrition of people with lower incomes.

Requirements to Apply:

- Applicants must have at least one citizen or legal permanent resident with a Social Security number living in their household (including children).
- Applicants may qualify for CalFresh even if they have a full- or part-time job.
- Gross monthly income must be less than the amounts listed: One-person household, \$2,128; two-person household, \$2,874.
- Seniors, those on SSI or those with a disability can apply and may be eligible for CalFresh.
- Documents needed to apply: photo ID, Social Security card, proof of income and resident card (if applicable, receipt of rent and receipt of one utility bill). Upon application, income and many other factors are taken into account to determine eligibility. For more information or to apply online, call 1-800-281-9799 or go to <https://www.mybenefitscalwin.org/>. Residents who need assistance applying for Cal-Fresh should contact Robann Arshat in Member Resources at (562) 431-6586, ext. 317, or Robertaa@lwsb.com.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Mon., July 18	Finance Committee Conf. Rm A/virtual 10 a.m.
Tues., July 19	Website Redesign Ad Hoc Committee Conf. Rm A/virtual 1 p.m.
Tues., July 19	Strategic Planning Committee Conf. Rm B/virtual 10 a.m.
Thurs. July 21	Mini-Farm Sub Committee Conf. Rm B..... 10 a.m.
Tue., July 26	GRF Board Clubhouse 4/virtual 10 a.m.
Thurs., July 28	Administration Committee Conf. Rm A/virtual 1 p.m.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thurs., July 14	Mutual 12 Conf. Rm A/Zoom 9 a.m.
Mon., July 18	Mutual 15 Conf. Rm A/Zoom 1 p.m.
Tues., July 19	Mutual 14 Conf. Rm B/Zoom 1 p.m.
Wed., July 20	Mutual 5 Conf. Rm B/Zoom 9 a.m.
Wed., July 20	Mutual 7 Conf. Rm A/Zoom 1 p.m.
Thurs., July 21	Mutual 2 Conf. Rm A/Zoom 9 a.m.
Thurs., July 21	Mutual 11 Conf. Rm B/Zoom 1:30 p.m.
Mon., July 25	Mutual 8 (open forum, 9:15 a.m.) Conf. Rm A/Zoom 9:30 a.m.
Wed., July 27	Mutual 10 Conf. Rm A/Zoom 9 a.m.
Thurs., July 28	Mutual 1 Conf. Rm A/Zoom 9 a.m.
Fri., July 29	Mutual 6 Conf. Rm A/Zoom 10 a.m.

News Deadlines

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater.

See page 4 of any edition for a list of section editors and their email addresses.

We would like our patients to meet our new associate Dr. Taylor J. Sant

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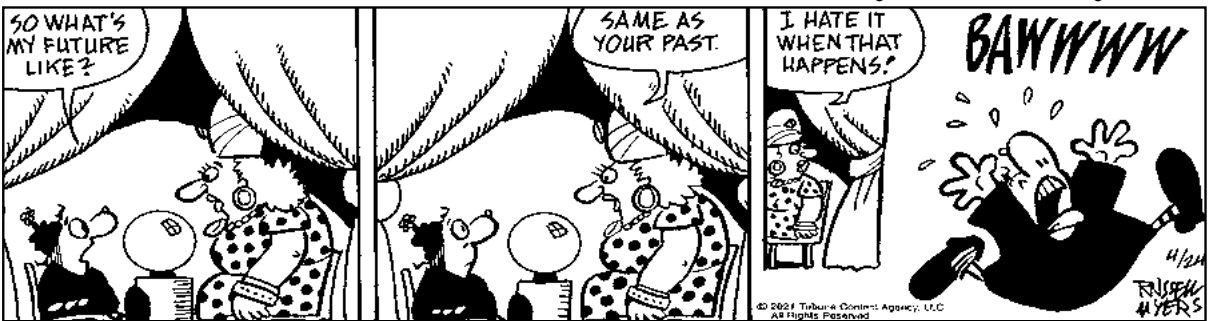
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Puzzles & Comics

Gasoline Alley



Broom-Hilda



Middletons



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"DIVINE INSPIRATION" BY AMIE WALKER & CHRISTINA IVERSON

ACROSS

1 Money of Manila

5 Bronze finish?

11 Swindle

15 Shade tree

18 "The Very Caterpillar" writer/illustrator

19 Tequila-based cocktails

20 [Sigh]

21 Nanny's bleat

22 "Daikon, for one beer

24 With 110-Down, geometric style

26 Bagel option

27 23andMe sample

28 "Pay attention!"

30 Substance

33 Collects little by little

35 [Sigh]

36 Braz. neighbor

39 Old Testament prophet

41 New Orleans nickname, with "the"

44 "Protective sorts

48 Extinguishes

52 Red Muppet who refers to himself in the third person

53 Time to hustle?

54 Marketing jargon

55 Specifics, informally

57 "Dateline NBC" anchor Lester

58 Watchdog warning

59 "Waitress" composer

60 Bareilles Collaborative site

62 Ice cream purchase

63 Fibber's admission

65 Diner fave

66 "Meme featuring a cartoon dog sitting calmly in a room on fire

69 "Pre-anthem request

71 Chewie's shipmate

72 Posh digs

73 Faint

74 Grasps

75 Half of zwei

77 Singer Orbison

78 "Project Runway" fashion icon Tim

79 Asian gambling mecca

82 Swindles

84 Permanently, informally

88 Breathing organ

89 Saint of Avila

90 "Roku service

92 "3.15.20" hip

94 hop artist

95 Childish

96 Top spot

99 How detectives might act

102 Stiff "Me too"

104 "Hairstyle made famous by

107 Jennifer Aniston

109 Evergreen tree

109 Talking head

113 Rotten

114 "Succession" cousin

115 Divine feminine energy, and what can be found in each of the answers to the starred clues

118 Singer Grande's debut fragrance

119 Tomato type

120 Spotted

121 Jackie Robinson Stadium sch.

122 SHO subsidiary

123 Maker of some Chromebooks

124 Like some experimental music

125 Skyrocket

DOWN

1 Laser tag sounds

2 City halfway between Buffalo and Cleveland

3 Transgressions

4 Set of eight

5 Norm

6 Ga. neighbor

7 Mary Lincoln

8 Chatting on Slack, for short

9 Stuff-sounding run, e.g.

10 Fire proof?

11 Some beach wraps

12 Pick

13 Frantically

14 Like a crossword clue that refers to itself

15 "Inbox zero" hindrance

16 Cocoon creator

17 Partners

19 Like some cellphones

23 Correct, as text

28 First name in boxing

29 Simple buckets

31 Pad see ew cuisine

32 Attila and his colleagues

34 Critic whose final blog post ended, "I'll see you at the movies"

36 Kept underground, say

37 "No jumping on the couch," e.g.

38 Walk-off home run, e.g.

40 Word before learning or language

42 221B Baker Street, e.g.

43 Shipwreck signal

45 Indian flatbreads

46 Nary a soul

47 Hanukkah coins

49 Laura Hillenbrand book about a racehorse

50 Some "Bridgerton" characters

51 Do figure eights

54 Solo for a diva

56 Equipment for 54-Down

58 club

61 "You betcha!"

62 Feel sorry for

63 Malady

64 Judge to be

66 Robbery

67 Track and field great

68 Gebreselassie

69 Breadcrumbs choice

70 Domain

73 Free of contaminants

76 Folk legend

78 Title character who is never onstage

80 Latin years

81 Brand of sheepskin boots

83 Farm-to-table endeavor, briefly

84 Big exam

85 Jazz great

86 Board mtg. exec

87 Vanilla bean, e.g.

90 Salad dressing component

91 For all to hear

93 "Rent" song "La Vie "

96 Up, in baseball

97 Bracelet dangler

98 Combat doctor

100 Otherwise

101 bean

103 River through Pakistan

105 Taj Mahal city

106 Gator kin

108 Bridle strap

110 See 25-Across

111 "Godmothered" actress Fisher

112 Ruler until 1917

115 Cookbook writer

116 Early TV brand

117 Come together

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

18 19 20 21

22 23 24 25

26 27 28 29

30 31 32 33 34 35

36 37 38 39 40 41 42 43

44 45 46 47 48 49 50 51

52 53 54 55 56 57 58 59

60 61 62 63 64 65

66 67 68 69 70

71 72 73 74 75 76 77 78 79 80 81

82 83 84 85 86 87 88

89 90 91 92 93 94 95

96 97 98 99 100 101 102 103

104 105 106 107 108 109 110 111 112

113 114 115 116 117

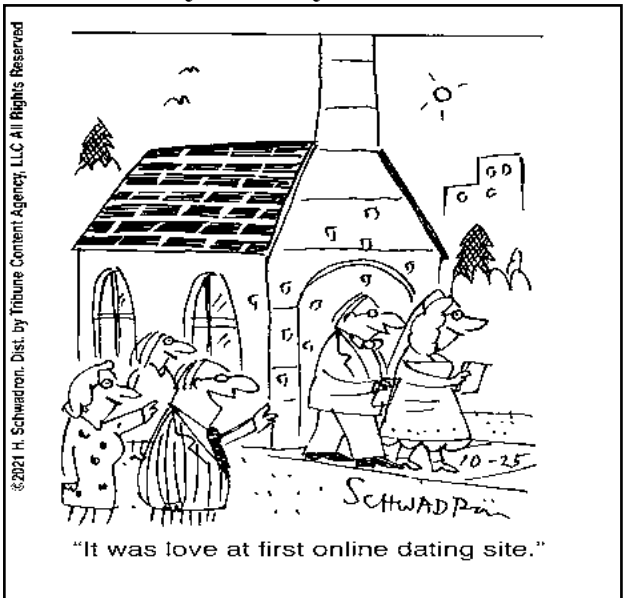
118 119 120 121

122 123 124 125

Sudoku 1

			7	4				8
5				1			7	4
2					4	5	1	
6	8						2	3
	1	9	3					7
9	7			2				1
1			8	7	6			

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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O₁ O₁ U₁ F₄ D₂ N₁ C₃

RACK 1

I₁ Y₄ N₁ L₁ B₃ D₂ L₁

RACK 2

A₁ E₁ E₁ D₂ L₁ M₃ R₁

2nd Letter Double
RACK 3

A₁ E₁ I₁ K₅ G₂ N₁ S₁

RACK 4

A₁ A₁ E₁ U₁ P₃ H₄ C₃

Triple Word Score
RACK 5

PAR SCORE 260-270
BEST SCORE 343

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

THAT SCRAMBLED WORD GAME
by David L. Hoyt and Jeff Knurek

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

PSTAN

NUYIT

DRAAEP

CNUDIT

Answer " " here:

Wow! I can't believe how quickly you picked up programming. I've always loved games on my phone.

THE SUCCESSFUL SOFTWARE DEVELOPER HAD A NATURAL ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



Guess Who?

I am an actor born in California on July 16, 1967. I graduated from college with a degree in sports information. I dabbled in sketch comedy as a kid, then went on to do it on "Saturday Night Live." I later transitioned to comedic films.

Sudoku #2

1			3		2			4
4		6						
		7		5		8		3
								1
6	1	8		3				
				8	6	5	3	
3	6		9	1			5	8
						4	1	
	2						9	7

Puzzles & Comics

Answers on page 22

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to blueberries.
Each number corresponds to a letter.
(Hint: 21 = E)

A. 22 21 12 14 9 22
Clue: Well-being

B. 26 21 25 25 23
Clue: Small fruit

C. 5 10 9 25 18 21 5 9 7
Clue: Vitamins/minerals

D. 4 21 14 18 6 18 19 10 7
Clue: Very tasty

Boggle[®]
BrainBusters!

B	U	P	H
W	O	I	S
G	O	K	E
A	G	L	M

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Gamer
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again

By David L. Hoyt and Jeff Knurek

N	E	Y	H	L
A	T	O	E	B
T	O	R	S	A
M	E	U	T	L
R	G	I	H	O

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT FIVE-LETTER MAMMALS in the grid of letters.

BLUEBERRIES WORD SEARCH

B	A	K	I	N	G	X	C	O	M	P	O	U	N	D	S	O	B	S	N
T	A	F	D	N	I	T	V	G	K	T	K	W	H	S	U	B	W	L	B
L	G	N	E	A	C	A	K	L	T	V	X	U	Y	Y	S	N	A	I	M
C	T	J	F	U	H	Y	N	Y	O	S	K	R	L	W	W	N	F	J	A
I	C	W	I	E	K	P	W	T	P	W	Y	T	E	I	O	A	M	R	N
Q	F	L	A	V	O	N	O	L	H	V	S	E	E	W	M	O	A	J	I
P	Y	R	R	E	B	Q	U	M	B	O	T	I	T	M	R	R	N	O	T
A	T	I	E	T	F	E	U	O	Y	K	C	I	H	R	W	A	G	M	E
P	O	B	O	P	H	U	N	G	L	S	R	Y	J	G	S	S	A	J	C
M	D	T	I	C	B	N	H	B	F	T	M	Q	A	N	H	S	E	R	R
T	S	T	B	F	E	C	E	N	U	Y	X	V	S	L	I	S	N	D	E
C	D	C	O	W	H	G	Y	B	Q	A	N	T	X	X	J	S	S	I	U
A	O	G	F	Q	Y	P	T	N	K	N	R	H	V	V	P	N	E	F	Q
P	K	L	N	A	T	U	S	L	I	M	A	F	E	X	O	J	S	H	C
U	E	F	F	R	K	A	O	S	D	O	O	D	I	X	T	I	S	N	F
R	C	I	I	Q	X	O	L	Y	M	N	A	I	C	E	P	U	S	X	A
P	I	B	L	X	T	I	O	S	G	Y	R	V	R	H	O	I	T	Y	Y
L	U	E	N	O	G	R	V	S	X	I	X	I	C	L	W	G	D	Q	M
E	J	R	C	D	J	R	M	E	F	I	D	Y	L	L	E	J	B	R	S

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

- ANTHOCYANINS
ANTIOXIDANTS
BAKING
BENEFITS
BLUEBERRY
BUSH
COGNITIVE
COMPOUNDS
FIBER
FLAVONOL
HEART
JAM
JELLY
JUICE
MANGANESE
MYRICETIN
NUTRITIONAL
POLYPHENOLS
PURPLE
QUERCETIN
SERVINGS
SUPERFOOD
SWEET
VITAMINS



HEALTH & FITNESS

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 % milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, June 14: Swedish meatballs with garlic cream sauce, egg noodles, zucchini medley, fresh pear, ham and cheese sandwich with lettuce, tomato and pickle, plus carrot and raisin salad.

Friday, June 15: Chicken enchilada casserole with red sauce, pinto beans, seasoned cauliflower, chocolate cake, entrée Caesar Chicken Salad with romaine lettuce, shredded cheese, croutons, caesar dressings and crackers.

Monday, June 18: Chicken breast Milano, seasoned noodles, seasoned broccoli, pineapple and mango, egg salad sandwich with spinach and tomato, plus homemade potato salad.

Tuesday, June 19: Turkey lentil stew, biscuit, peas and onions, fresh orange, entrée turkey and ham Cobb salad with egg, tomato, bacon, blue cheese dressing plus crackers.

Wednesday, June 20: Beef lasagna, whole grain dinner roll, broccoli and cauliflower, baked watermelon, turkey and cheese sandwich with lettuce, tomato and pickle, plus creamy coleslaw.



LW Bike Club at Shoreline Village in Long Beach is approximately 20 miles round trip. LWrers can join the group at 9 a.m. on Sunday, which includes a breakfast stop, or on Mondays, Wednesdays, and Fridays at the North Gate. Helmets and safe shoes are required. Call Mary Romero at (562) 810-4266 for more information.



Remember to stay hydrated this summer

Water isn't just a refreshing thirst-quencher. It's essential to almost all bodily functions, from lubricating our joints to pumping blood to our heart. Staying hydrated is a key part of maintaining good health. That's why the advice to "drink eight glasses a day" has become a familiar mantra.

Being hydrated means that your body has enough fluids to function properly. According to the American Heart Association, the amount of water each person needs can vary, but as a general rule, you should take one-third of your body weight and drink that number of ounces in fluids. For example, if you weigh 150 pounds, aim to drink at least 50 ounces of water each day. However, it's always best to talk to your doctor to determine how much water you should be drinking daily.

As you get older, it's even

more important to stay hydrated. A study from the University of California, Los Angeles School of Nursing, found that up to 40% of elderly people may be chronically underhydrated.

There are simple steps you can take to get the water your body craves. Below are some ideas to get you started:

Choose foods with high water content. If you have trouble drinking fluids, try including water-rich foods with every meal. These include cucumbers, watermelon, lettuce, strawberries, tomatoes and celery.

Always have water with you. Carry a refillable water bottle with you wherever you go, or keep a lightweight water pitcher and cup near your favorite chair at home.

Avoid or reduce your alcohol intake. Alcohol prompts your body to remove fluids from your bloodstream. Limiting alcoholic

beverages can help your body hang on to more of the water it needs to thrive.

Build hydration into your routine by making it a point to drink water at certain times each day. For example, consume a glass of water when you wake up in the morning, after every meal, and before and after exercise or activity.

Getting enough water each day is an easy yet vitally important way to stay healthy and active as an older adult.

-National Council on Aging
www.ncoa.org

Red Cross Blood Drive on July 15

The Health Care Center will host a blood drive for the Red Cross on Friday, July 15, from 9 a.m.-3 p.m. People who are interested in donating blood can schedule their appointment online at www.redcrossblood.org using the sponsor code "leisure" or by calling (800) 733-2767.

HCC

People turning 65 this year can pick up a special birthday treat

Turning 65? Life's good at 65, and it gets even better with Medicare. Residents who have turned, or will be turning, 65 this year can stop by Conference Room 1 on Monday, July 18, from 10-11 a.m. to receive a special gift from Optum Health Care Center. People can RSVP by emailing JMendoza15@humana.com.

Email **HEALTH AND FITNESS** stories and pictures to laurieb@lwsb.com

Medicare excess charges explained

Some Medicare Supplement Plans (Medigap plans) say they cover excess charges. But what are excess charges?

If you have a Medicare supplement plan you might see that it covers "Part B excess charges" listed in your plan documents.

Here's what it means:

Excess charges refer to what a doctor bills over and above what original Medicare Part B will pay for a covered medical service. Medicare determines the amount they will pay for a procedure; which is called the assignment. Doctors who don't agree with the assignment cost can charge up to 15% more than the Medicare-approved amount.

So it's important to know if your Medicare Supplement plan covers excess charges. If it doesn't cover them, then the best way to avoid having to pay any excessive charges is to ask if your health care provider accepts Medicare assignment.

If you have a Medicare Advantage Plan (Part C) you don't have to worry about these excessive charges. Doctors who contract with Medicare Advantage Plans have already agreed to the Medicare "assignment".

Sandra Teel, Medicare Insurance Broker
(657) 204-4224

SBTV Classes

The following exercise classes air online at sbtv3.org/ schedule every week.

- Sunday**
 - 5:30 a.m.: Feeling Fit
 - 6:30 a.m.: Silver Age Yoga
- Monday**
 - 6:30 a.m.: Feeling Fit
 - 8:30 a.m.: Silver Age Yoga
 - Noon: Silver Age Yoga
- Tuesday**
 - 7:30 a.m.: Feeling Fit
 - 11 a.m.: Yoga for All Ages
- Wednesday**
 - 5:30 a.m.: Yoga for All Ages
 - 6 a.m.: Feeling Fit
 - 7:30 a.m.: Silver Age Yoga
- Thursday**
 - 6:30 a.m.: Silver Age Yoga
 - 8:30 a.m.: Feeling Fit
 - Noon: Feeling Fit
- Friday**
 - 6:30 a.m.: Silver Age Yoga
 - 8:30 a.m.: Feeling Fit
- Saturday**
 - 6:30 a.m.: Silver Age Yoga
 - 8:30 a.m.: Feeling Fit

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Joyful Line Dance group

Joyful Line Dance Club kicks off summer with a dance party

The Joyful Line Dance Club held a special line dance party to celebrate the club's anniversary. The club has put on this party since 2014. Line dancing is a great way for all people to get involved since it does not require a partner.

The event was a non-stop line dance with music from deejay Ed Bolos and included a Korean buffet lunch.

Forty-three people showed up to the event. Everyone put

on their finest dancing clothes and followed dance instructor Jojo Weingart's lead.

The lunch included rice, bulgogi, japchae and glass noodles; lightly battered and fried Sole fish; pan-fried minced vegetables, kimchi plus rice cake.

Club members enjoyed dancing in a bigger space than its usual meeting place upstairs in Clubhouse 6. Residents were able to connect with new people while line dancing and eating.

No one left as a stranger.

The Joyful Line Dance Club thanks Gina Baik for coordinating with a catering company and everyone who helped serve food, and stayed till 1 p.m. to dance more.

The club strives to help improve the emotional and physical well-being of its club members through dancing so they can live healthy and happy lives. The club encourages men to come out of their units and

put on their dancing shoes alongside the other five male members of the club.

The Joyful Line Dance Club has eight class leaders in rotation, including Albert Comia, Chung Cha Lewis, George Pinada, Carmel Atkinson, Sunny Kim, Caryn Lynn Stel, Kelly Johnson and Anna Derby.

The club meets every Thursday from 10:30 a.m.-12:30 p.m. upstairs in Clubhouse 6. Each class gives LWers the opportu-

nity to participate in a fun exercise class while learning dances to current popular music.

All residents are welcome to join with no membership fees required. For more information, call Anna Derby at (562) 301-5339.

Zumba Club

Join the Zumba club for a fun and energetic hour of dance exercise every Wednesday at 4:30 p.m. upstairs in the Clubhouse 6 Fitness Center and Fridays at 8:30 a.m. at Veterans Plaza next to the LW Library. Veterans Plaza has a large shade structure to help keep everyone comfortable, cool and safe.

Al-Anon

A group of residents is seeking members for an Al-Anon meeting in Leisure World. Al-Anon is a 12-step program for the family and friends of alcoholics. The group is currently working with the Recreation Department on a time for a clubhouse meeting.

Those who are interested can call Robin at (562) 412-8351.

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee. Dues are 99 cents per year. For more information, call club president Tom Pontac at (562) 304-0880.



The Wa-Rite group recorded a weight loss of 20.5 pounds for the week of July 1 and 67-pound weight loss for the month of June. The biggest losers for the week were Jeanette Williams, Rose Mary Trijillo and Ruth De Pue. Mary Dominic was the degree member winner, and Melinda Lee was crowned queen of the month for recorded loss of 7.5 pounds. Wa-Rite reminds its members that "It doesn't matter how slow you go, as long as you don't stop." It also reminds its members to drink more water during the months with warmer weather. The Wa-Rite group welcomes new members to its meetings every Friday at 8 a.m. in Clubhouse 3. People must show a GRF ID at the door.

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LEAN &
LIMBER**

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Personal Fitness Training
Limited Availability

ARTS & LEISURE



David Wolfe

Abilene, with front man Terry Otte (center), played at the Amphitheater July 14.

2022 Amphitheater Schedule

The 2022 Amphitheater music festival started June 30 with a 12-show lineup at the 2,500-seat Amphitheater located behind the LW News Office in the GRF Administration complex. Non-resident guests must be accompanied by a resident. Smoking is not permitted at the Amphitheater.

No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Food trucks will provide options for pre-event dining. The free weekly concerts start at 7:30 p.m. (schedule is subject to change).

The remaining schedule is:

• **July 14: ABBA L.A.**

Sponsors: Gasper Monteer Real Estate, Financial Partners Credit Union

• **July 21: Ronstadt Revival**

• **July 28: Michael Bublé Tribute with Anthony Bernasconi**

Sponsor: Tandem Careplanning

• **Aug. 4: Elvis Tribute with Matt Lewis**

Sponsor: Financial Partners Credit Union

• **Aug. 11: Paul McCartney Tribute, Live and Let Die**

Sponsor: Athens Services

• **Aug. 18: Stone Soul**

• **Aug. 25: Neil Diamond Tribute**

Sponsor: Tandem Careplanning

• **Sept. 1: Gregory Wolfe as Rod Stewart**

Sponsors: Cannon Legal Firm, Optum and United Healthcare (co-sponsors)

• **Sept. 8: The Long Run, Experience the Eagles**

Sponsors: MemorialCare, Optum and United Healthcare (co-sponsors)

• **Sept. 15: Walk Like a Man, a Tribute to Frankie Valli and the Four Seasons**

Sponsors: MemorialCare, Optum and United Healthcare (co-sponsors)

Photo Arts Club

The Photo Arts Club will meet on July 14 at 1:30 p.m. in Clubhouse 3, Room 9. Members were assigned a project to take several photographs of a large complex object, focusing on different angles, details and sections with different lighting and backgrounds. The photos will be shown and discussed at the meeting. Roger Bennett will lead the discussion.

Thanks to all who stopped by the club's table at the Fourth of July arts and crafts show. All are welcome to attend the meeting July 14.

People can bring recent photos they have taken to share. Resource members will be available at the end of the meeting to help with specific camera or cell phone questions.

For information about the



Roger Bennett

club, call Regine Schumacher at (562) 430-7978.

—Esther Cummings

Women's Club Tabletop Games

Women's Club Tabletop Games will be held on Friday, July 22, from noon-4 p.m. in Clubhouse 2. Games are usually played on the third Friday of the month. People can bring a lunch or snacks. The club will offer coffee, hot water for tea and cocoa and sweet treats. Everyone is asked to donate \$1 to support Leisure World philanthropies. For more information, contact Jan Krehbiel at (562) 431-8240.



Miyuki Okura

Terry Humphrey (far right) sings "Heart of My Heart" and dances the hula June 24. She died July 6 and will be missed by many in LW, where she was a fixture on LW stages.

Hui O Hula Says Good-bye to Beloved Friend

Former Hui O Hula dancer and beloved LW entertainer Terry Humphrey died July 6, just days after Hui O Hula entertained at Stanton's Rowntree Gardens assisted living facility. Humphrey had recently moved to the facility where the Hui performed on June 24.

When the dancers and band saw her there, they were thrilled. She was a Hui Club friend and supporter from its inception 18 years ago.

Humphrey was a longtime Mutual 15 resident.

She loved to sing and dance and was a member of the First Christian Church, the LW Theater Club and the tap dance class. She was popular and was often seen wherever there was entertainment.

When she was a little girl, she'd put on a show to entertain others, charging each of them a penny.

On the day the Hui vis-

ited Rowntree, Humphrey warmed up the audience with "Heart of My Heart" and danced during the hula performance.

Hui O Hula members were shocked and saddened when news of her death reached them. All are the poorer for her passing, said Jojo Weingart, Hui O Hula founder. For class information and a performance schedule, call (562) 431-2242.

LW ORCHESTRA

Cellist Michael Stone appointed secretary

The Leisure World Orchestra Board of Directors appointed Michael Stone as secretary. He replaces Beverly Emus, who served admirably for several years before recently resigning.

Stone is a member of Mutual 14 and plays the cello.

The orchestra is growing after being shut down during the COVID-19 pandemic.

It now has over 40 players.

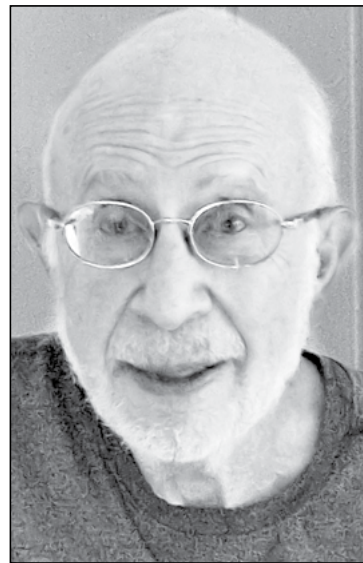
The orchestra is specifically looking for a drummer and brass players, especially trombones and french horns.

The LW Orchestra will play in concert at 11 a.m. on Friday, July 29 at Veterans Plaza as part of the fifth annual Life Options.

The band will play classical music, including Haydn's Surprise Symphony, Hallelujah Chorus, Handel; "Sound of Music," Richard Rogers; "Jesu, Joy of Man's Desiring," Bach; and Sousa's "Stars and Stripes Forever."

The orchestra rehearses Tuesdays in the Amphitheater at 1 p.m. For more information, call Fred Reker at (615) 898-0669 or fredreker326@gmail.com.

—Fred Reker



Michael Stone

LW LIBRARY

Get ready to register for fall NOCE classes

The registration procedure for North Orange Continuing Education (NOCE) classes in LW is changing as of the upcoming fall semester. Students will be able to register in person or online beginning Aug. 2.

An in-person registration event will be held in Clubhouse 4 starting at 9 a.m. Students must be able to sign into myGateway (mg.nocccd.edu) with their Banner IDs and a password prior to attending the registration event to ensure they can easily register for classes. Those who do not yet have a password or do not remember it should visit myGateway and select the "Forgot Password" option to create

a new one.

Prospective students who may be interested in attending classes this fall should visit this link to apply: tinyurl.com/4e7x2uap. Once they have

completed a student application, which takes about 20 minutes, they should receive an email from NOCE within two business days containing a Banner

NOCE, page 13

DAY TRIP

Sign up now for Angels baseball July 29

The GRF Recreation Department is hosting a baseball bus trip to see the Texas Rangers vs. the Angels at Angels Stadium in Anaheim on July 29. Game time is at 6:38 p.m. It will be Mike Trout tank top giveaway night, and the Angels will celebrate throwback uniform weekend with the team wearing retro garb.

The bus will depart LW amphitheater just after 4:45 p.m.

Tickets are \$60 and include bus transportation to and from the game. For more information and to sign up, call (562) 431-6586, ext. 324.



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800-MEMORIAL | [memorialcare.org/cancer](https://www.memorialcare.org/cancer)



LONG BEACH MEDICAL CENTER | ORANGE COAST MEDICAL CENTER | SADDLEBACK MEDICAL CENTER



The Sunshine Club sponsored a well-attended trip to the Getty Villa.

SUNSHINE CLUB

52 LWers visited Getty Villa, a landmark cultural center

Members of the Sunshine Club enjoyed a pleasant bus trip to the Getty Villa in Malibu, organized by club president Anna Derby.

A total of 52 members participated in the trip, which included a picnic lunch and docent tours of the landmark.

Philanthropist J. Paul Getty left this cultural legacy of art and Mediterranean civilizations. He built an exact copy of an Italian villa buried in the city of

Herculean under lava from Mt. Vesuvius and featured many of the artifacts found there, including statues of Roman and Greek gods and goddesses, pottery and jewelry.

Trip-goers were able to walk through grape arbors and gardens with fig trees and full of the sweet aroma of lavender and rosemary.

“My favorite was the many water lily ponds and fountains,” said Fara Jean MacCartney.

Even with the docent tours, people had time to walk around to take in the sights.

People enjoyed the spacious

picnic area, where everyone was able to be together outside in the spectacular weather.

“It was just an ideal day,” said Linda Johnson. “We had time to explore on our own or take a tour with a guide. Something for everyone. I highly recommend this trip to anyone who is interested in history and art.”

People praised the bus transportation there, even though there was heavy traffic. Face masks were provided to people on the bus to promote safety.

“I enjoyed the wonderful bus trip as our driver drove so well

GETTY, page 22

OPERA CLUB

Opera screened in a new location

Everyone is invited to watch Bartok’s “Bluebeard’s Castle” at 2 p.m. on Sunday, July 17, in a new location, the Learning Center, located off the main meeting space of Clubhouse 3.

The story, based on folk tales about vampires in Transylvania, is written by Charles Perrault and set to scary music by the gifted Hungarian composer Bela Bartok.

Opera Club President Beverly Emus will introduce this rarely performed opera with a story that has regaled audiences from the time of Dracula to the Phantom. It has gained a meaning over the years by contrast-

OPERA, page 22

Duplicate Bridge

In a five-table game at the Leisure World Duplicate Bridge Club June 30, Larry Slutsky and Shmuel Fisher won with a 59.88% game. Kar-Yee Nelson and Thad Mikols were first east/west with a 59% game.

With a 62.56% game, Fred Reker and Sue Fardette were north/south winners in the nine-table game on July 1. Thad Mikols and Bob Goldstein were second with a 59.14% game. East/west winners were LaVonne McQuilkin and Carol Murakoshi with a 61.51% game, and Larry Topper and Lynn Danielson were second with a 52.08% game.

BRIDGE, page 22

Amphitheater Movie Schedule

Open-air movie nights at the Amphitheater began June 24. Movies are being shown on Friday nights through Sept. 16. Bring friends and family, and enjoy free movies in your own back yard. Movies start at 8:30 p.m. Minibus service will be available to take people home after the show.

The remainder of the schedule is as follows:

• July 15: Disney’s Encanto

The Madrigals are an extraordinary family who live hidden in the mountains of Colombia in a charmed place called Encanto. The magic of the Encanto has blessed every child in the family with a unique gift—every child except Mirabel. However, she soon may be the Madrigals last hope when she discovers that the magic surrounding Encanto is in danger.

PG | 1h 49min | animation-comedy | 2021 |

• July 29: TBD

• Aug. 5: Ghostbusters: Afterlife

When a single mother and her two children move to a new town, they soon discover they have a connection to the original Ghostbusters and the secret legacy their grandfather left behind.

MOVIES, page 22

GRF Weekend Dances

Vinyl Rock will be in concert on Saturday, July 16, at 7:30 p.m. in Clubhouse 4. The Orange County-based band performs classic rock, Motown and pop tunes primarily from the 60s, 70s, and 80s. Vinyl Rock is sponsored by Cabaret Entertainers. Doors open at 6:30 p.m.

The Velvetones Ballroom Dance Orchestra, Leisure World’s own professional big band, will play big band swing and jazz standards, Sunday, July 17, from 6-9 p.m. in Clubhouse 4. The Velvetones play regularly on the first and third Sunday evenings in Clubhouse 4.

Abilene will play country and rockabilly at Clubhouse 2 on Saturday, July 23, at 7 p.m. Doors open at 5:30.

• Masks are no longer required regardless of vaccination status but are strongly recommended.

• People cannot save tables and can bring their own snacks.

• People must be out of the clubhouse no later than 10 p.m. to permit adequate time to prepare the space for the next day (except New Year’s Eve).

• No announcements are permitted from the stage, except by the musicians and entertainers.



Edward Hickman will give a presentation about his trip through central Europe.

Traveling Tigers

The Traveling Tigers will meet on Wednesday, July 20, in Clubhouse 3, Room 9, at noon. Edward Hickman will give a presentation of his overland trip from Prague to Budapest in May.

Prague did not suffer damage from WWII, and many of the old historical buildings are still standing. Along the way there were medieval towns, castles, ancient Roman ruins in Austria, a river rafting trip, a day on a horse farm and a Danube cruise in Budapest.

He also saw a featured exhibit of the works of the artist Hieronymus Bosch, famous for his Garden of Earthly Delights painting.

The meeting will begin with the potluck, followed by a short business meeting at 1 p.m. The presentation will begin at approximately 1:15 p.m. Guests are requested to call Susan Shaver at (562) 795-9151 to RSVP.

Yahtzee Club

The Yahtzee Club met July 1 for games and a social time.

Kathy Russell won for most yahtzees, Pat Wilson, highest score; and Lois True won the door prize.

The next meeting is at 1 p.m. on July 15 in Clubhouse 3, Room 6. There is a half-time social.

For more information, contact Diane Seeger at (562) 533-5997.

—Joyce Ingram

Pinochle Club

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with the regular game beginning at 12:30 p.m. The club provides cards, score cards, pens, tablets and other equipment. It costs \$2 per person to play, and the top four scorers of each day win cash prizes.

The following are the winning scores from the game on June 30: Donna Gorman, first place, 11,220; Irene Perkins, second, 11,110; Marge Dodero, third, 11,060; and Howard Bleakley, fourth, 10,980.

Lessons to learn how to play or to brush up on the game are available by appointment. Call Joan Taylor at (562) 240-5416 for more information. Anyone interested in playing pinochle should call Marge Dodero at (310) 968-9509.

—Marge Dodero

Cribbage Club

The Cribbage Club celebrated the Fourth of July with a delicious luncheon of croissant sandwiches, chips and oatmeal cookies, served by Candy Meyers and Carrie Kristner and enjoyed by all.

Darlene Meyers came in first place with a score of 836, followed by Pat Fellers, second, 834; Franca Yeske and Gene Smith, tied for third, 829; and Marcy Locy and Dennis Saylor, tied for fourth place, 827.

Seven games of Cribbage are played each Tuesday in Clubhouse 1 beginning at 12:30 p.m. Refreshments are served at noon. Players should arrive by 12:15 p.m. to be assured of a spot at the table. New players are always welcome. Dues for the year are \$5 with a \$1 weekly contribution at the playing table.

To learn how to play or brush up on Cribbage or for more information, leave a message with Terry Thrift at (714) 394-5885.

—Bobbie Straley



John Vento won the final table for the second week in a row.

Tournament Poker Club

Tournament Poker Club player John Vento won the final table on July 7, beating Valerie Jorgensen with a pair of fours. Vento also won the final table last week.

High hand was won by Gary Snow with four twos and a king. Lem Hall won second highest hand with a full house of kings full of eights. The promo hand was 9-3 but was not won.

The club plays a Texas Hold'em tournament on the first three Saturdays of the month in Clubhouse 6. Texas Hold'em

lessons are offered at 11 a.m., and the game starts at noon. No late seating is permitted.

Membership is \$10 per year; each game costs \$5.

—Judy Jasmin

Let the Good Times Roll Doo-Wop Show

Let the Good Times Roll will host a Doo-wop show on Saturday, July 30, at 7 p.m. in Clubhouse 2.

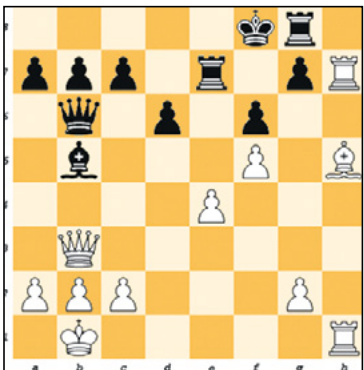
The theme is “Sounds of the 70s” and it will feature rock ‘n’ roll and disco, including the music of artists from the Carpenters to Tony Orlando and songs such as “Bad Moon Rising,” “You’re the One that I Want” and “Dancing Queen.”

The show is free; bring drinks and snacks. Donations toward replacement and upgrade of the equipment are appreciated.

—Lu DeSantis



The LW Drone Club flies remotely operated equipment at local parks and near the ocean for recreational and photographic purposes. Members had a recent outing to the shores of Long Beach, where this photo was taken by Larry Blitstein. For more information or to join the club, contact Joseph Valentinetti at 0501042@gmail.com.



Chess Club

The Chess Club meets in Clubhouse 3, Room 7, from 1:30-6 p.m. on Fridays.

This week's puzzle is checkmate in three moves. White moves first and any answer by back the white's 3rd move is checkmate.

Solution to this week's puzzle is first move: Qg8

The white Queen moves from b3 to g8, black King to g8, white rook to h8, black King to h8, and the next move by white is check mate.

NOCE from page 10

ID. Once the Banner ID is assigned, students should sign into myGateway to ensure they are prepared for class registration on Aug. 2.

A list of fall classes will be available this month. Additional registration information and instructions can be found at the Leisure World Library.

Library staff are able to troubleshoot any issues residents may encounter regarding their Banner IDs, myGateway or any other NOCE-related matters.

Visit the library in-person Monday-Saturday from 9:30 a.m.-3:30 p.m. to receive help.

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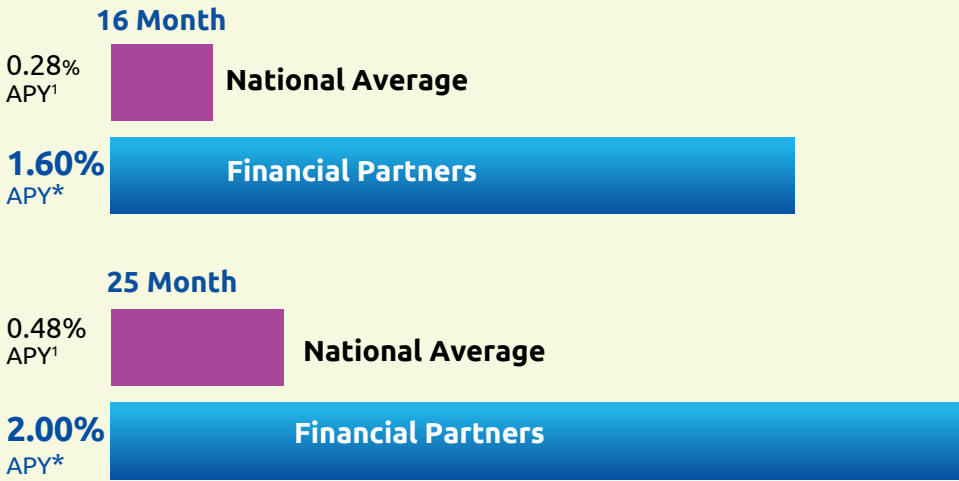
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*APY = Annual Percentage Yield. Minimum deposit is \$1,000. Penalty for early withdrawal/early closure. Fees could reduce earnings on the account. Rate quoted as of 5.28.2022 and subject to change at any time. Offer is subject to change, be revoked, or end at any time. Financial Partners Credit Union membership required. +New money only, source of funds deposited into certificate may not be from an existing Financial Partners Credit Union account. 1. APY = Annual Percentage Yield. Highest rate from bank website as of 5.28.2022 for a 12-to-16-month certificate, 24-month certificate or longest term available on the site at the time. © 2022 Financial Partners Credit Union. All rights reserved.

COMMUNITY



Pets like these need a home.

PAWS, CLAWS AND BEAKS CLUB

LWers interested in pet adoption are invited to attend today's meeting

The next Paws, Claws and Beaks meeting will be held today, July 14, in the Clubhouse 1 picnic area at noon. The Seal Beach Animal Shelter will be there to inform residents about finding the perfect pet and adjusting it to the LW community. The meeting will also include a barbecue potluck, and members are asked to bring a side dish for eight people to share. Dogs are welcome to come but must be on leashes. Donations are welcome. People planning on attending must RSVP.

To RSVP or receive more information, call or text Bonnie Kaplan at (714) 930-5314 or email craft.kaplan029@gmail.com.

Nikkei Club

The Nikkei Club will meet on Saturday, July 16, in Clubhouse 3, Room 2, at noon.

This month will be the club's singalong meeting. Members will sing Japanese, Hawaiian and American songs. Sheet music will be provided for \$1. For special song requests, call Sherie Vanek at (562) 296-8074.

The club will provide free Subway sandwiches and chips, plus a birthday cake. Non members will be charged \$3.

The phone ladies will call members to remind them. Non-members should call Michie Kimura at (714)-317-1102.



Hands and Hearts United in Giving

Hands and Hearts United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the Orange County community.

HHUG accepts donations of clean used towels, new, unopened travel-sized shampoo, soap, lotion and disposable razors, plus new socks and new underwear for men and women.

Donations are delivered to the Long Beach Beach Multi-Service Center, which provides a variety of services to homeless individuals and families, including shower services.

To donate any of these items, contact Susan Hopewell at (562) 430-6044 Linda Neer (562) 430-3214 for pick up.

People may also leave donations on the patio in Mutual 6-62A or Mutual 2-48A.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line, (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report. Remember to not engage and give space to wild animals, strays and any sick or aggressive looking animal you come across.



GAF Board members and volunteers at the shredding service event on July 5.

Over 300 cars were serviced at shredding event

The Golden Age Foundation's (GAF) drive-through shredding event on July 5 was a huge success. It was the most visited event since its inception, with over 300 cars and golf carts being served.

Cars came through the event steadily without any breaks for two hours. Volunteers worked hard to keep up with flow on-site.

Once again the GAF's drop-and-go method worked extremely well. GAF volunteers retrieved the items from the residents' cars, which made it easier on everyone. This method will most likely continue since it is working so well.

At the next shredding event on Nov. 8, the GAF asks residents to bring used batteries, including hearing aid batteries

to the event.

The GAF also asks the community to put all documents to be shredded in paper bags only. The GAF will no longer accept plastic bags or cardboard boxes to prevent any fire hazard in the truck.

The Mobile Shredding Company has asked the GAF to keep all bags to dump untied to prevent a truck fire.

In order to prevent untying the bags by volunteers to check the materials inside, the GAF asks residents to keep their paper bags untied when they show up at the shredding service event. It would save time for volunteers to retrieve bags from shareholders to dump into the bins.

The GAF's appreciation goes to volunteers Dave Forney,

Linda Johnson, Carl Kennedy, Ted and Jeri Nowell, Geneva Potepan, Caryn L. Stel, Fara Jeanne MacCartney, and Anna Derby for their services.

The GAF also thanks the community for its generosity at this event. Donations are gratefully accepted and are used to fund the GAF's programs. GAF is a 501(c)3 nonprofit foundation.

Residents are invited to come to the Hospitality Room for coffee and snacks in Clubhouse 6 Monday-Friday from 9-11 a.m.

Mobility aids are loaned out to the community as needed. The office is open Monday-Friday from 9-11 a.m., downstairs in Clubhouse 6.

For more information, call (562) 431-9589, or go to www.GoldenAgeFdn.org.

LW Anniversary

Harold and Marion Weinger of Mutual 14 will celebrate their 68th wedding anniversary today, July 14. Harold and Marion are from Detroit, Michigan, and moved to Seal Beach Leisure World in 2000.

Harold married Marion in 1954, and they have two children. Their son Steve lives in Utica, Michigan, and their daughter Marsha lives in Ross-moor, California. They have five grandchildren and five great-grandchildren.

Harold spent several years in the Army and earned the exclusive privilege to protect President Harry Truman. Harold managed many groceries stores and bakeries and was also a food broker throughout his career. Harold and Marion enjoyed raising their children and helped to raise their grandchildren as well.

Harold and Marion enjoy visiting with friends and family as well playing with their



Harold and Marion Weinger

Golden Doodle "grand-dog" and Golden Retriever grand-

dog who both only live a couple of miles away.

SUNSHINE CLUB

Learn how to plan your next trip

Patrick Webb is the Sunshine Club's guest speaker on Friday, July 15, at 10 a.m., in Clubhouse 3 Room 2. The title for his speech is "What's New in Travel Today."

Webb is an experienced educator, business consultant, business owner and entrepreneur. He has an experience with both start-up companies as well as managing Fortune 500 companies. He is a CEO of *CruiseStar.com*, Galaxsea Cruises and Tours, Warren Travel and WebbSmart. He is a college professor at UC Irvine, and Cal Poly Pomona, teaching business feasibility studies, digital marketing, essentials of marketing, marketing capstone, hospitality strategic marketing, crisis management and finance.



Patrick Webb

Webb has over 30 years of experience in the travel industry, specializing in cruises and tour packages worldwide. He has a master's degree in international business, from the University of La Verne, a TESOL certificate from Azusa Pacific University and a bachelor's degree in business and economics from Chapman University. He studied business law at University of Maryland and systems management at the University of Southern California.

For more information about Webb and his work, contact *pat@cruisestar.com*, or (951) 206-3761.

All residents are welcome to join the meeting; there is no membership fee required. The Sunshine Club welcomes everyone, regardless of politics or religious beliefs.

It is confirmed that GRF Executive Director Jessica Sedgwick will be the speaker for the Sunshine Club's meeting on Friday, Aug. 5, at 10 a.m. In order to accommodate a larger attendance, the meeting will be held in Clubhouse 4 from 10-11 a.m.

For more information, contact Anna Derby at (562) 301-5339.

English Conversation Class

Those who are interested in learning or polishing their English language skills can attend an English conversation class on Thursdays at 5 p.m. in Clubhouse 3, Room 9. The group will take a break during the month of August and will not meet at all.

Currently, students from Vietnam, China, Japan and Korea are enrolled. The class material is usually from the LW Weekly newspaper. During the class, students discuss newspaper articles and learn new vocabulary, phrases, expressions, etc. The instructor suggests certain topics for essay writing practice and helps students evaluate their writing skills.

Basic English language skills is the minimum requirement for enrollment. There is no membership fee to join.



The Korean American Classical Music Association will begin meeting again after taking a break for summer vacation on July 21 at 9:30 a.m. in Clubhouse 2.



Mary Hino

LW Birthday

Mary Hino of Mutual 7 was surprised on her 95th birthday by family, friends and neighbors with a party and a visit from the Hui O Hula group on June 24.

After the performance, Hino recalled how she used to dance with the Hui O Hula group.

FALW's Veterans Picnic and July 4 Celebration



The Filipino Association of Leisure World (FALW) held its annual picnic honoring all veterans of WWII, Korean War, Vietnam War, Gulf War and other conflicts around the world. The occasion was very festive. The veterans were entertained by the Hui O Hula dancers of Leisure World with the assistance of a great band headed by Larry Yamashiro. The picnic was started with all in attendance singing the "The Star Spangle Banner" and the Pledge of Allegiance. FALW members asked the audience to join in singing the individual service unit hymns and. Myrrha Villanueva lead the invocation. After that, taps was played to honor those who had sacrificed so much to preserve freedom that Americans hold dear. The audience fell into solemn silence. Usual picnic food was served to the satisfaction of 250 guests. FALW distributed individual gifts to the veterans as tokens of appreciation for their service and sacrifice.



Neighbors in Mutual 8 celebrating July 4 with a picnic lunch with friends.

Ellie West

The LW Weekly
(562) 430-0534

Democratic Club

by Mary Larson
LW contributor

July continues to be a month of transition for the Democratic Club. Monthly membership meetings will take place on a new date and time. Plans are also underway for the possibility of these meetings being held in person and via Zoom.

The first meeting under this new schedule will be on the fourth Wednesday of the month, July 27, at 1 p.m. If club leaders can resolve technical problems before then, this will be a hybrid meeting. The goal of the club's board is to provide an opportunity for all members to participate in Club meetings, those who feel comfortable meeting face-to-face indoors as well as for those who don't. Masks and proof of vaccination will be a requirement for those who attend the meetings in person. Speakers will participate in the meetings by Zoom for the time being.

The speaker for the July 27 meeting will be Mariann Klinger. Her presentation titled "Patriarchal Power Grab: Still Alive and Thriving" will include an update on the proposed equal rights constitutional amendment as well as on a number of recent controversial Supreme Court decisions. Of special

interest to members will be California's response to the overturning of *Roe v. Wade*.

Klinger spent many years as a reporter on a number of Northern California newspapers. During that period, she gained the reputation for always reporting the truth. She is currently serving as Councilwoman Sandra Massa-Lavitt's District 5 representative on the Seal Beach Planning Commission. Long-term club members will remember Klinger's provocative presentation on the Equal Rights Amendment a few years back.

More information about the meeting will be available next week. The club's board continues to re-evaluate their decision as to when and how to hold in-person membership meetings on a month-to-month basis. The board is concerned that long COVID is emerging as the next phase of the health crisis and that coronavirus case rates have been increasing statewide. As of this date, the plan is to have hybrid meetings for the rest of the year.

...

Weather permitting, the SBLW Democratic Club's Information and Hospitality Booth will be open in the parking lot outside Clubhouse 6 from 10:30 a.m.-12:30 p.m. every Tuesday through the end of September.



Mariann Klinger

The booth will be open on both Tuesdays and Thursdays during the month of October.

For more in-depth reporting about plans for the upcoming General Election, as well as information about the Club's programs for the coming months, LW Democrats and no preferred party supporters can subscribe to the club's newsletter that is published twice a month for free.

To sign up for the newsletter, email democraticclubsblw@gmail.com or call editor Mary Larson at (562) 296-8521. People are asked to include their full name, address, phone number, and party affiliation.



FALW

Tickets for the annual luau are now available for purchase

The Filipino Association of Leisure World (FALW) invites LW residents to come to its annual end of summer celebration with a luau and dinner on Saturday, Sep. 3, in Clubhouse 4 from 5-10 p.m.

The annual luau is FALW's biggest fundraising event of the year. It will be a night to remember. Special performances will be showcased by professional Pacific Islander dancers that will transport residents to tropical islands. Tropical food will also be served, including the roasted pig as the main dish, along with freshly cut fruit, islander salad and tropical desserts. A live band will provide entertainment for listening and dancing. People can bring their own alcoholic beverages.

Tickets are \$30 per person and are now available for sale. The number of tickets for purchase are limited. Proceeds from the event is shared with other charitable organization in Leisure World.

To purchase tickets or receive more information, call Eileen Merritt at (562) 486-1252; Essie Hicks at (714) 488-6149; Jane Haas at (714) 423-9689; Harry Varnas at (323) 791-1141, Ric Dizon at (714) 225-3597 or Ren Villanueva at (323) 854-6209.

Donate to the Golden Age Foundation while shopping

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3) charitable organization dedicated to making Leisure World a better place to live.

The GAF must fund raise throughout the year to continue providing services to the community.

There are now two ways LWers can donate to the GAF without any additional cost during their weekly grocery shopping trip, thanks to the Ralphs Rewards Program and Amazon Smile.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and doing your regular grocery shopping, you can help GAF receive a portion of those funds.

Those who are interested can sign up for the Ralphs Rewards program via phone or online through the Ralphs website.

To sign up for the Ralphs Rewards Program online, go to www.ralphs.com. You will need your Ralphs Reward card

number or the phone number associated with the account to sign up.

To register over the phone, call (800) 443-4438. Make sure to say GAF's non-profit organization number, FS 519, during registration.

...

Another way residents can help the GAF while they shop is through www.smile.amazon.com. Amazon Smile is a unique, charitable reward program funded through Amazon for qualified non-profit organizations like the GAF. Every time a person purchases something from Amazon, a small percentage of the purchase will go to the GAF at no additional cost.

When enrolling in Amazon Smile, make sure to choose your charitable organization as the Golden Age Foundation, Seal Beach.

Below are step-by-step instructions on how to get started with Amazon Smile:

1. Sign in to your existing Amazon account. If you don't have an Amazon ac-

count, you can create one for free.

2. Type Golden Age Foundation Inc. as the charity you want to support. Make sure the location is set in Seal Beach, California.
3. Don't forget to start at www.smile.amazon.com when you shop.

For more information, go to www.GoldenAgeFdn.Org or call Anna Derby at (562) 301-5339.

Calling all LWers from the Midwest

Over a dozen Midwesterners got together and enjoyed talking about growing up in the Chicago area. They will meet again on Saturday, July 23, at noon at the tables and chairs outside Clubhouse 6 parking lot.

All LWers who have lived in Midwest are welcome to join and reminisce about all things Chicago

For more information about the group, call Marla Hamblin at (714) 401-9973.

—Marla Hamblin

Call the
LW Weekly at
(562) 430-0534

MiraFiber cloths from the Y Service Club are available for purchase

The Y Service Club is selling MiraFiber cloths to raise funds to send kids to camp. The cloth plus water will clean any surface without chemicals. The cost is \$6 each or five for \$25. This is an ongoing fundraiser for the Y Service Club.

To purchase a cloth, call Glenna Hoff at (562) 296-5040.

American Sign Language Club

Beginning Aug. 2, the American Sign Language Club will meet on Tuesdays from 3:30-4:30 p.m. in Clubhouse 3, Room 6. For more information, call or text Eileen C. Davis at (562) 212-9265.

OBITUARIES

In Memoriam

Reupena Galeai 65
Susan Sharples 66
Carol Graham 68
Daniel Futoran 71

David Selvy 80

Fernando Alvarez 66
Stephen Lundblade 77
Imogene Player 80
William Anderson II 93

Edith Borsting 89
Jamie Johnston 60
Jimmie Brown Sr. 63

Manolo Castolo 60
Nadine Price 73

Fay Chew 84
Roberto Esteban Sr. 69
Jose Hirata 81

Juana Santaella 92
Mary Pivonka 81
Albert Wingate 80
Robert Patsiga 61

Families assisted by
McKenzie Mortuary,
(562) 961-9301

—Paid obituary

...

The obituaries deadline is Monday at 1 p.m., prior to the desired Thursday publication date. Obituaries that are received later than Monday will go in the following week's issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files. The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call (562) 430-0534, ext. 801, or email laurieb@lwsb.com.

Republican Club

The Republican Club will meet on Wednesday, July 20, at 7 p.m. in Clubhouse 3, Room 2.

At a recent board meeting, the leadership team of the LW Republican Club discussed economics and abortion.

The Republican Club information and hospitality booth will resume full operation in August.

RELIGION



The members of LW Hanin Church enjoyed a refreshing afternoon in Long Beach.

LW Hanin Church

Pastor Youngkuk Han will preach a message at LW Hanin Church on Sunday, July 17, at 10:30 a.m. in Clubhouse 3, Room 4. The title for his sermon is “Why Do We Suffer if the Lord is With Us?” All are welcome to attend the service with a traditional hymnal and lunch will be served after worship.

On Wednesday July 20, The Open Bible College will resume at 10:30 a.m. in Clubhouse 3, Room 7. The primary purpose of this course is for people to get a clear picture of what they believe in the Bible, why they believe it, and how that applies to daily life. Whether a person is new to LW Hanin Church or have been attending for years, all are welcome to attend.

Those who are in pastoral need or have prayer requests can call Pastor Han at (310) 748-2595 or email yongkhan@hotmail.com.

Community Church

The passages for Community Church’s Sunday message are full of hope. There is the promise of a child to Abraham and Sarah, who were childless beyond the usual child-bearing age. In it, there is promise of reuniting with the creator for all eternity, which is the hope of glory. There is also Jesus’ affirmation to Martha that choosing to hear a spoken message of God’s Word is of greater value than busyness of daily responsibilities. LWers are encouraged to set aside responsibilities this Sunday to sit at Jesus’ feet as Mary, Martha’s sister, did and embrace the thrill of assurance that reunification with the creator is believer’s destiny.

Community Church is often called “the friendly church” and welcomes people of all backgrounds. It invites new people to come early for a cup of coffee before worship to get a feel for the community and stay for award-winning music and a powerful message.

Due to COVID cases rising, people who want to attend the in-person worship service must provide proof of vaccination and wear masks.

Entrances to the church may be found both at the front of the church and the pedestrian gate between the church and the shops.

Those who are in need without another way to address it can call (562) 431-2503.

LW Baptist

The focus for LW Baptist’s 10 a.m. Sunday worship service is the thrill of knowing and serving Jesus, which the apostle Paul showed in his missionary travels and expressed, “I serve with my whole heart in preaching the Gospel of God’s Son,” (Romans 1:9).

The choir will lead worship with songs including “The Longer I serve Him” and “All that Thrills My Soul is Jesus.”

The Monday Men’s Fellowship group will discuss a praise song of God’s deliverance of all his people. The Energizers will meet on Wednesday at 3 p.m. and explore the five great assurances and requests of Psalm 25 after a missionary report from Germany and from Wycliffe Bible Translator’s lead global counselor.

Call (562) 430-8598 for more information.

Buddha Circle

Buddha circle will meet on Aug. 6, with Ven. Kusala in Clubhouse 3, Room 1, from 9:30-11 a.m. Ven. Kusala is well-known in the Buddhist community and presents Buddhism in a simple way. He teaches people how to suffer less and become happier.

Donations are welcome and will support Kusala in his teachings. For more information, go to www.urbandharma.org or call (714) 468-688.

First Christian Church

First Christian Church of Leisure World teaches from God’s word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors. People are welcome to worship and explore God’s word together “that we may be mutually encouraged by each other’s faith, both yours and mine” (Romans 1:12).

Message From the Pastor

In 2 Thessalonians 2:15 the apostle Paul writes, “Therefore, brethren, stand fast and hold the traditions which you were taught, whether by word or our epistle.”

In the previous verses, Paul explained to believers in Thessalonica the perils of those who are in unbelief concerning the true messiah versus the false messiah. Now, he begins to encourage those of true faith when he writes in verses 13, “But we are bound to give thanks to

God always for you, brethren beloved by the Lord, because God from the beginning chose you for salvation through sanctification by the Spirit and belief in the truth.”

Weekend Services

Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano. This week, the trio of Iris Muncie, Sue Kaminski, and Carol Speak will sing “Days of Elijah.”

Saturday services are more contemporary with Gregory Black leading in worship with guitar accompaniment. Saturday service time is 9:30-10:45

Midweek Studies

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday’s Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Friday’s prayer and Bible

study, from 6-7 p.m.

All Leisure World residents are welcome to attend.

Scripture of the Week

“A Psalm of David: Lord, you have examined me and know all about me. You know when I sit down and when I get up. You know my thoughts before I think them. You know where I go and where I lie down. You know everything I do. Lord even before I say a word, you already know it. You are all around me—in front and in back—and have put your hand on me. Your knowledge is amazing to me, it is more than I can understand” Psalm 139:1-6 (NCV).

Contact

First Christian Church is located on Northwood Road behind Carport 125.

Those who want more information or have a need can call the church office at (562) 431-8810.

Assembly of God

Service/Gathering Times:

Assembly of God meets Sundays at 10:30 a.m. in Clubhouse 3, Room 2. The Hymn Sing is held on the fourth Sunday of the month at 6 p.m. in the Clubhouse 3 Lobby.

Sermon for this week: Every U.S. citizen who pays taxes recognizes the date April 15, and most dread it. Every year millions of people wait until the final hours or minutes before the deadline to file their forms. News channels, newspapers and tax preparation commercials remind the public of the deadline, even warn of delays at the post office, for weeks prior to the deadline. Yet, despite the warnings and reminders of what could happen if one doesn’t file, millions of people wait or even

fail to file on time, choosing to suffer the consequences by their inaction or inattention. In Zephaniah 2:2-3, the prophet gives a warning, a reminder, of forthcoming judgment and consequences to the society of his day. But the message is just as relevant today.

Pastor Chuck Franco will continue his series from the Old Testament prophets this coming Sunday. Even though Zephaniah’s message was one of impending judgment, there is hope and good news on this side of history.

Bible Study: “Wild Places,” by George DeJong, is a video series filmed in the Holy Land. The locations help illuminate the teaching of navigating the wild, rough places in life. Pastor

Chuck leads the guided discussion questions on Wednesdays in Clubhouse 3, Room 2, at 10 a.m. This week’s lesson will follow session 2, titled “Not Tame.”

Contact: More information can be found at www.lwassemblyofgod.com. Those who would like prayer, personal contact from a pastor, or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastor-chuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck Franco’s sermons can be accessed on the Faithlife app under “Leisure World Assembly of God,” where people can also give online.

Beit HaLev

Rabbi-Cantor Galit-Shirah is conducting a Prayer and Blessings class every Monday at 5 p.m. There is no charge to register; call (562) 715-0888 or email duets@icloud.com to sign up. This is a continuation of the class that was held last fall to learn the meanings of the prayers and blessings as well as the melodies for the Shabbat morning service. The Zoom link for the class is <https://us02web.zoom.us/j/9152434704?pwd=TfHJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>.

Beit HaLev has livestream services on [Facebook.com/galityomtov](https://www.facebook.com/galityomtov), [YouTube.com](https://www.youtube.com/channel/UC...) (Beit HaLev LIVE! Channel) and Zoom.

Livestream for the Friday Shabbat evening and Saturday morning service can be viewed at <https://us02web.zoom.us/j/9152434704>. The meeting ID is 915 243 4704, and the passcode is RavGalit.

“Balak” in Numbers 23:27-25:9, recounts the third attempt by the prophet Bala’am to curse the Israelite people for the Moabite King Balak. Cursing one’s enemy before going into battle with them, in ancient times, was to demoralize the enemy so that victory would be certain. HaShem warned the mercenary prophet that he would only be able to say the words that HaShem would put in his mouth, so that no matter how many times Bala’am tried, he would only be able to bless the Israelites. When it became obvious that Bala’am would continue to fail to curse them, Bala’am suggested to Balak that the Moabite King should try a different, more insidious method: send Moabite women into the Israelite camp to seduce the men, luring them into the practice of idolatry.

All Beit HaLev services use

special prayerbooks, “Lev L’Lev,” which include excerpts from the Reform Siddur, “Mishkan HaT’filah.” Printed versions of the prayerbooks will be available for sale at in-person services.


Beit HaLev and Rabbi Galit-Shirah are part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. Everyone who seeks a path to the Divine is welcome, and Beit Halev doesn’t believe in labels.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and can be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

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Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays; Relief Society and Elders Quorum meetings are on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at (562) 212-8681.

The course of study is the Old Testament; personal reading should be those chapters in Ezra and Nehemiah not covered in this study. The study for the week of July 18-24 covers Ezra 1,3-7, and Nehemiah 2, 4-6,8 .

Congregation Sholom

Congregation Sholom will hold services with Rabbi Eric Dantgott on Friday, July 15, at 6:30 p.m. via Zoom. Rabbi Mike Mymon will lead the hybrid services on Saturday, July 16, in Clubhouse 3, Room 9, and via Zoom at 10 a.m. To receive a Zoom invitation call or text Jeff Sacks at (714) 642-0122.

This week's Torah portion is Pinchas from the book of Numbers. Pinchas opens with God's promise of a "covenant of peace" for the zealot Pinchas, followed by a census. The daughters of Tzelofchad request and receive new laws regarding inheritance. God instructs Moses to prepare Joshua for leadership, and God describes sacrifices brought daily and on special occasions.

The book club will meet via Zoom on Wednesday, July 20, at 7 p.m. The group is reading "Wedding in Brownsville" by Isaac Bashevis Singer. The story takes place in 1976 Brooklyn.

Those who want to become a member of Congregation Sholom should call Howard Bass at (714) 396-0121 for a membership packet.

Call the LW Weekly at (562) 430-0534

Faith Christian Assembly

The men's and women's ministry fellowship groups will meet this week at Faith Christian Assembly. The groups are a great way for new people to get to know the church.

Faith Christian Assembly believes there is something special about men and women getting together to focus on each group's strengths and address unique issues. Having a ministry devoted specifically to each group gives an excellent opportunity to experience this type of fellowship.

Join Faith Christian Assembly on Thursday, July 21, at 1 p.m. for the men's and women's ministry meetings. The Women's Ministry, Touch of Love, under the direction of Linda Hernandez, will meet in the Garden Room and the Men's Ministry, under the direction of Ruben dela Rosa and Gary Leming, will be in the main sanctuary. All residents are welcome.

Faith Christian Assembly is conveniently located on the corner of Seal Beach Boulevard and St. Andrews Drive.

At Faith Christian Assembly, people will hear an inspiring and timely Bible-based message every week.

Faith Christian Assembly's weekly Sunday service times are at 10:30 a.m. and 5:30 p.m. The pre-service prayer is on Sundays at 5 p.m. The midweek Bible Study is on Wednesdays at 11 a.m..

To receive a free newsletter and more information on the church, call (562) 598-9010, email contact@fcachurch.net, or visit www.FCChurch.net.

Redeemer Lutheran

Martin Luther is famously quoted as preaching "God writes the Gospel not in the Bible alone, but also on trees, and in the flowers and clouds and stars."

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Psalm 113:3 encourages believers by saying "From the rising of the sun to its setting the name of the Lord is to be praised."

Believers join with nature when they praise God daily, like Psalm 148:3 says "Praise him, sun and moon, praise him, all you shining stars!"

Redeemer Lutheran Church, 13564 St. Andrew's Drive, is blessed to have an outdoor chapel that is available 24/7 for

prayer and contemplation.

Residents are welcome to come to the side of the church (on the north side, near the golf course) to pause, sit on the bench, rest and pray.

Residents are also welcome to join Redeemer Lutheran each Sunday at 10:30 a.m. for worship with music and Communion inside the sanctuary.

For more information about the church or its outreach within the community, call (562) 598-8697.

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GETTY

from page 12

in the heavy traffic both ways,” said Eileen Kotecki.

“It was great to have a clean bus with the bathroom built in. The beautiful long oceanside ride made me very happy to begin with,” said YeuHee Lee.

“I really enjoyed the day because this was my first time there, lovely weather, and lunch was great,” added Maria Marin.

BRIDGE

from page 12

Overall winners in the four-table Howell game on July 2 were Judy Jones and Al Appel with 65.48%, followed in second place by Jeanette Estill and Joan Tschirki with a 62.5% game.

Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 beginning at 12:30. Players are asked to arrive no later than noon to confirm their reservations.

Reservations can be made at any game using the sign-up sheets, or people can call Sharon Beran at (562) 308-7838 or email her at hbsharonb@gmail.com no later than 10 a.m. on game day.

Supervised play for the basic bridge continues on Fridays from 9:30-11:30 a.m. in Clubhouse 1. For more information, call Larry Slutsky at (562) 253-7119.

—Gene Yaffee

OPERA

from page 12

ing historical perceptions of masculine authority and power to feminine guile and strategy. The tale opens with a mature blue-bearded Duke showing his new enamorata Judith through his castle, giving her keys to the doors of seven rooms but cautioning her about door seven which is “off limits” and never to be opened. When he goes off on a trip, Judith and the audience proceed to find out what is behind the seven doors with increasing musical suspense.

The production is in Hungarian with English subtitles. People are urged to wear masks for indoor events. No dues or fees are collected. For information, contact Beverly Emus at (562) 296-5586.

MOVIES

from page 12

• Aug. 19: Dog

Sponsor: Sandra Teel Medicare Insurance; Community Legal Aid SoCal

With a dog named Lulu by his side, Army Ranger Briggs races down the Pacific Coast to make it to a soldier’s funeral on time. Along the way, Briggs and Lulu drive each other completely crazy, break a handful of laws, narrowly evade death, and learn to let down their guards to have a fighting chance of finding happiness.

PG-13 | 1h 41min | comedy-drama | 2022 |

• Sept. 2: Respect

Sponsors: Optum and SCAN

Following the rise of Aretha Franklin’s career—from a child singing in her father’s church choir to her international superstardom—it’s the remarkable true story of the music icon’s journey to find her voice.

PG-13 | 2h 25min | musical-drama | 2021 |

• Sept. 16: Cyrano

Sponsors: Optum and SCAN

Cyrano de Bergerac dazzles everyone with his ferocious wordplay and brilliant swordplay. However, he’s convinced his appearance renders him unworthy of the affections of the luminous Roxanne, a devoted friend who’s in love with someone else.

PG-13 | 2h 4min | drama-melodrama | 2021 |

FAIR

from page 3

Strawberry Jan.

• OC Fair competitions showcase photography, fine art, woodworking, floral arrangements, table-setting, cake decorating and growing flowers,

vegetables and fruit.

• At Centennial Farm, there are milking demonstrations, and produce and floral exhibits, along with the farm’s resident animals and crops.

• The Action Sports Arena will have demolition derbies, monster trucks and speedway races.

The fair will be open Wednesday-Sunday, 11 a.m.-11 p.m. and 11 a.m.-midnight

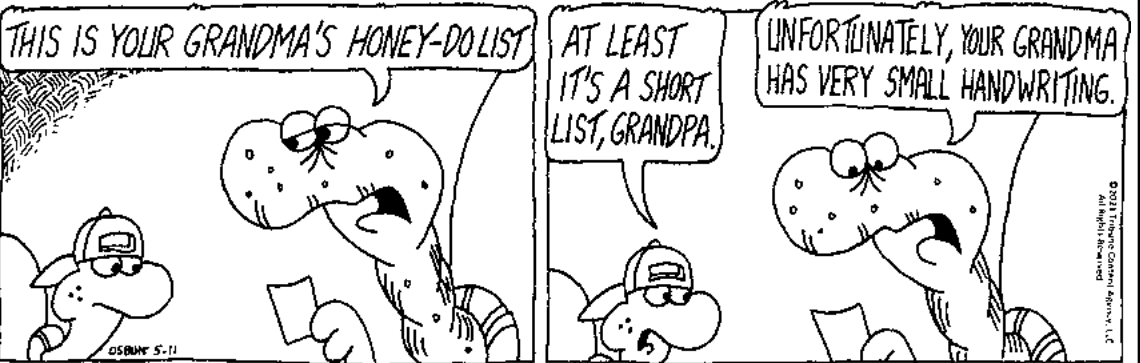
weekends. General admission is \$12 on weekdays (Wednesday, Thursday) and \$14 general admission on weekends (Friday, Saturday and Sunday). Tickets for seniors 60-plus and kids 6-12

are \$7 all days. Parking is \$10 for cars and motorcycles, and \$20 for buses and limos.

Tickets are on sale now and must be purchased in advance with no fees on ocfair.com.

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

1	8	5	3	6	2	9	7	4
4	3	6	7	9	8	1	2	5
2	9	7	4	5	1	8	6	3
9	5	3	2	7	4	6	8	1
6	1	8	5	3	9	7	4	2
7	4	2	1	8	6	5	3	9
3	6	4	9	1	7	2	5	8
5	7	9	8	2	3	4	1	6
8	2	1	6	4	5	3	9	7

Guess Who?
Will Ferrell

Crypto Fun Answers

A. health B. berry C. nutrients D. delicious

Boggle BrainBusters Answers

OTTER HYENA SABLE HORSE TIGER MOOSE SLOTH MOUSE

Word-Find Answers

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T	A	F	D	N	I	T	V	G	K	T	K	W	H	S	U	B	W	L	B
L	G	N	E	A	C	A	K	L	T	V	X	U	Y	Y	S	N	A	I	M
C	T	J	F	U	H	Y	N	Y	O	S	K	R	L	W	W	N	F	J	A
I	C	W	I	E	K	P	W	T	P	W	Y	T	E	I	O	A	M	R	N
Q	F	L	A	V	O	N	O	L	H	V	S	E	E	I	W	M	A	J	I
P	Y	R	R	E	B	E	U	L	B	O	T	I	T	W	M	O	N	O	T
A	T	I	E	T	F	Q	U	M	Y	K	C	I	H	G	R	R	G	M	E
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M	D	B	O	C	B	U	H	G	F	T	M	Q	A	G	S	S	N	R	R
T	S	T	I	F	E	N	E	B	U	Y	X	V	S	N	H	S	E	D	E
C	D	T	B	W	H	C	Y	N	Q	A	N	T	X	L	I	S	S	I	U
A	O	C	O	Q	Y	G	T	H	K	N	R	H	G	X	J	N	E	F	Q
P	K	G	F	A	T	P	S	N	I	M	A	T	I	V	P	J	S	H	C
U	E	L	N	R	K	U	O	L	D	O	O	F	R	E	P	U	S	S	F
R	C	F	F	I	X	A	L	S	T	N	A	D	I	X	O	I	T	N	A
P	I	I	I	Q	T	O	O	Y	M	Y	R	I	C	E	T	I	N	X	Y
L	U	B	L	X	K	I	O	S	G	N	I	V	R	E	S	P	E	Y	M
E	J	E	N	O	G	I	V	S	X	P	X	I	C	H	W	G	D	R	R
B	Y	R	C	D	J	R	M	E	F	I	D	Y	L	L	E	J	B	Q	S

Crossword Answers

P	E	S	O		P	A	T	I	N	A		S	C	A	M		E	L	M			
E	R	I	C		P	A	L	O	M	A	S		A	H	M	E		M	A	A		
W	I	N	T	E	R	R	A	D	I	S	H		R	O	O	T		A	R	T		
S	E	S	A	M		D	N	A		L	O	O	K	A	L	I	V	E				
			D	E	P	T	H		G	L	E	A	N	S		A	L	A	S			
A	R	G		N	A	H	U	M		B	I	G	E	A	S							
G	U	A	R	D	I	A	N	A		A	N	G	E	L	S		D	O	U	S	E	S
E	L	M	O		D	I	S	C	O	E	R	A		A	D	S	P	E	A	K		
D	E	E	T	S		H	O	L	T		G	R	R		S	A	R	A				
	W	I	K	I		P	I	N	T		I	L	I	E	D		B	L	T			
T	H	I	S	I	S	F	I	N	E		P	L	E	A	S	E	R	I	S	E		
H	A	N		S	U	I	T	E		P	A	L	E		S	E	E	S				
E	I	N	S		R	O	Y		G	U	N	N				M	A	C	A	U		
F	L	E	E	C	E	S		F	O	R	K	E	E	P	S		L	U	N	G		
T	E	R	E	S	A		V	I	D	E	O	S		T	R	E	A	M	I	N	G	
			G	A	M	B	I	N	O		S	T	E	E	L		T	I	S			
A	C	M	E		O	N	A	T	I	P		A	S	D	O	I						
T	H	E	R	A	C	H	E	L		F	I	R		P	U	N	D	I	T			
B	A	D		G	R	E	G		I	N	N	E	R	G	O	D	D	E	S			
A	R	I		R	O	M	A		N	O	T	I	C	E	D		U	C	L	A		
T	M	C		A	C	E	R		A	T	O	N	A	L			S	O	A	R		

Sudoku 1 Answers

3	2	1	7	4	9	6	5	8
7	9	4	5	6	8	1	3	2
5	6	8	2	1	3	9	7	4
2	3	7	6	8	4	5	1	9
6	8	5	1	9	7	4	2	3
4	1	9	3	5	2	8	6	7
9	7	6	4	2	5	3	8	1
8	5	2	9	3	1	7	4	6
1	4	3	8	7	6	2	9	5

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

PANTS UNITY PARADE INDUCT
The successful software developer had a natural — “APP-TITUDE”

SPORTS

Men's Golf League July 1

On July 1, twelve golfers in one flight of the Leisure World Golf League contested the 5,800-yard par 70 Meadowlark Golf Course in Huntington Beach. It was a cloudy but warm morning. But the course was damp and humid as expected for a course that is heavily watered overnight. With many sand traps, small greens, significant elevation changes and numerous water hazards this course is a challenge for all players. Even with good playing conditions, only six of the 12 scores were at or under par and the course yielded only five birdies.

All scores are net (gross minus handicap). A Flight handicaps are 0-19.

A Flight: First place: Tim Looney, a terrific 9 under 61, plus 3 birdies and fewest putts; second: Larry Hillhouse, a well-played 8 under 62, plus a birdie; third: Gary Stivers, a very nice 5 under 65; fourth: William Hillhouse, a sweet 2 under 68; fifth: tie between Glenn Barry and Chris Lankford, a hard-earned 1 under 69; sixth: tie between Fujio Norihiro, Bill McKusky, Clay Fischer, Sam Choi, Lowell Goltra and Bob Munn.

Choi was closest to the pin on the 130-yard par 3 seventh hole, and Barry was closest on the 140-yard par 3 sixteenth hole.

There was no Men's Golf League play on the Fourth of July holiday.

The Monday and Friday Golf Leagues play at four local courses, all within 15–20 minutes of Leisure World. The courses the group plays are often full, so advance reservations are available via a sign-up sheet at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net and fewest putts in each flight, birdies and closest to the pin on two par-3 holes. holes-in-one and eagles (2 under par), although infrequent, are generously rewarded.

Those who are interested in joining the league can contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

–Dave LaCascia



Mary Ann Moore

Susie Kim, Lisa Kim and Jane Song all scored a hole-in-one during the Guys and Gals tournament play in June.

Women's Golf Club

Forty-four members of the Women's Golf Club participated in tournament play on July 5.

The women competed for low gross, low net and circle on hole No. 2. None of the players were able to hit the golf ball from the tee-box directly into the circle surrounding hole No. 2. The Flight Winners were:

Flight A: low gross: Devora Kim, 26; low net: Ann Tran, 24.

Flight B: low gross: Mary Ann Moore, 29; low net: Karen Mendon, 24.

Flight C: low gross: a tie between Anne Walshe and Helen Yoon, 35; low net: Betty

Regalado, 26.

Flight D: low gross: Sue Elliott, 36; low net: Patti Smith, 26.

–Dale Quinn

Email **SPORTS** stories and pictures to laurieb@lwsb.com

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at SBTV3.org.

Thursday, July 14

4 pm LW 50th Anniversary
4:45 pm SBNWS Wally Shirra
5 pm Ocean Perspectives
5:30 pm LW Aquatic Center Celebration
6:30 pm SB Classic Car Show
7 pm Beginning of LW/ Special Olympics
7:20 pm LW Rollin' Thunder 2022
7:30 pm McGaugh Goes West
8 pm McGaugh Pageant of the Arts
9 pm Living the Good Life
10 pm Shakespeare in the Park: Taming of the Shrew

Friday, July 15

4 pm Cinco De Mayo 2022: Alas De Angel
4:40 pm Drones and Herons
5 pm LW Easter Parade
5:40 pm Beginning of LW/ the Special Olympics
6 pm LW Aquatic Center Celebration
6:50 pm LW Hula
7 pm LW Community Orchestra Spring 2022
8:35 pm Cabaret: Love is in the Air
10 pm Amphitheater Concert 2021

Saturday, July 16

4 pm Beginning of LW
4:20 pm Cinco De Mayo 2022: Alas De Angel

5 pm LW Community Orchestra Spring 2022
6:30 pm Seal Beach Classic Car Show 2022
7 pm McGaugh Pageant of the Arts
8 pm LAUSD
Sunday, July 17
4 pm SB City Council Meeting Replay June 27

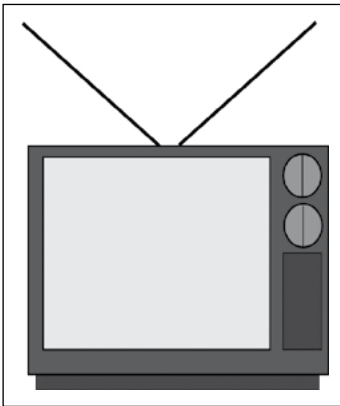
6 pm SBNWS Wally Shirra
6:15 pm LW GRF 50th Celebration
7 pm Safety Flags Installation
7:30 pm McGaugh Goes West
8 pm Seal Beach Classic Car Show 2022
8:30 pm Studio Cafe
9 pm Livin' the Good Life
10 pm LW Community Orchestra Spring 2022
11:30 pm Safety Flags Installation

Monday, July 18

4 pm LW GRF 50th Celebration
4:35 pm Fire Department Training in LW March 2022
5 pm LW Karaoke: Friendship and Memories
6 pm LW 50th Anniversary
6:38 pm Rough Seas Ahead
7 pm McGaugh Pageant of the Arts
8 pm Seal Beach City Limits: Richard Hastings
9 pm Life and Times in Seal Beach: Lawhead Brothers
10 pm Shakespeare in the Park: Taming of the Shrew

Tuesday, July 19

4 pm LW GRF 50th Celebration
4:40 pm Safety Flags Installation
5 pm Beginning of LW and the Special Olympics



5:30 pm Livin' the Good Life
6:30 pm SB Classic Car Show
7 pm Studio Cafe
7:30 pm McGaugh Pageant of the Arts
8:30 pm Cerritos Center: Barrage 8
10 pm Shakespeare in the Park: Orthello

Wednesday, July 20

4 pm LW Aquatic Center Celebration
4:50 pm LW Hula 2021
5 pm Livin' the Good Life
6 pm Cinco De Mayo 2022: Alas De Angel
6:40 pm Rough Seas Ahead
7 pm Studio Cafe April 2022
8 pm Life and Times in Seal Beach: Lawhead Brothers
9 pm Amphitheater Concert 2021
10:40 pm Cerritos Center: Riders in the Sky

*All programming subject to change.

CLASSIFIEDS

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License BRN000. Exp 1/04

Please come support the SBACC Bake Sale Saturday & Sunday, July-16th & July-17th, together with the Seal Beach Lions Club Fish Fry between 9am–6pm located at the foot of the pier.

The 25th Annual Wienerschnitzel Wiener Nationals are Saturday/ July-16th at the Los Alamitos Race Course. First race is at 6:30pm! Event T-shirts and raffle-tickets will be on sale at the track. All proceeds support SBACC Cats and Dogs. Tickets are only \$3.00/ each and can be purchased at the Seal Beach Animal Care Center business office during office-hours/(562)-430-4993.

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562-596-0559

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40+/Years in LW License 723262

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We refinish your SHOWER/ TUB to look brand new. Convert to WALK IN SHOWER and/or raise seat. Nu Kote 562-833-3911. License 699080. Serving LW since 1999. Exp 10/19

Want to place a classified ad? The deadline is **Monday 12:00 p.m.** for Thursday's publication

CLASSIFIEDS

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Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. CA State License 675336 9/14

Affordable - Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior discounts. Cory Gee Painting 714-308-9931 License 1049257 Exp 8/24

562-596-0559, LW DECOR INC. Premium-Paints. Interiors/Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. **40+/Years in LW. Business License 723262** Exp 8/17

Bel-Rich Painting. Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. Business License 705131. Exp 7/27

LADY PAINTER Cindy Beatteay 714-356-1539. Interior paint, specialty-finishes, cabinets, murals and MORE! License #1033927. Exp 8/04

FLOOR COVERINGS

562-596-0559, LW DECOR INC. Vinyl Plank/Laminate/Wall-to-Wall Carpeting. Patio Carpet-and-Tile. 40+/Years in LW. License 723262. Exp 8/17

UPHOLSTERY / CARPET CLEANING AND TILE & GROUT

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito State Contractors License 578194. Exp 9/14

SKYLIGHT SERVICES

SKYLIGHTS CLEAN AND REPAIR. Licensed and insured. Dan (562) 841-3787. SB License BRA0002. Exp 8/10

SKYLIGHT Cleaning & Repairs. Contact Eugene (714) 774-4385. Contractor License 634613-B. 1/04

WINDOW COVERINGS

562-596-0559, Leisure World Decorators. Shutters/Blinds/Roll-Up Shades/Custom Drapes/New Sound Suppression Windows. 8/17

WINDOW WASHING

WANT CLEAN WINDOWS? I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$. LW-Resident/Rich Livitski. (562)-600-0014. Seal Beach Business License LIV0004. 8/24

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SEAL BEACH BUSINESS LICENSE AB0001. Exp 7/20

Looking for a stress free tip to get your house ready for the summer? Place a classified ad for miscellaneous items to get rid of clutter fast!

LEISURE WORLD HELPING LEISURE WORLD

Y's Service Club of the YMCA will assist residents with small non-professional jobs. We change light bulbs, clean air conditioner filters, hang a small picture or mirror, remove or place items on a high shelf, air bicycle tires, etc. Donations gladly accepted. Call weekdays between 9am-5pm. **(562) 822-6655, (562) 431-4796.**

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB

Offering FREE advice on buying and selling of your golf cart. Also batteries and Safety Flags. 562-431-6859

CEMETERY PLOT

WESTMINSTER Memorial Park. Garden of Remembrance. 1-Plot/\$4,500. Seller will pay transfer-fee. Call between 10:00am-2:00pm ONLY. 714-222-6741.

EMPLOYMENT

Part-Time/Seasonal Candy Maker for Seal Beach Toffee Company. NO-Experience-Necessary. Email sealbeachtoffee@gmail.com Business License 1605736. Exp 8/10

HOME CARE PERSONAL ASSISTANT

I am an experienced caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands. 949-899-7770. Available 24/7. SB Business License HEL0006 9/14

CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. Seal Beach Business License BCS0002. Bonded/Insured. Exp 1/04/23

MOST AFFORDABLE RATES with optimum service, 30-years LW experience, reliable, honest caregivers. Licensed, 24-hours, part-time, doctors, appointments, references, fluent English. Ann 714-624-1911, 562-277-3650 - Heidi. Seal Beach License HYC0001. Exp 8/31

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Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state SB RAZ0002. Gloria/949-371-7425. Exp 9/07

Maria's experienced caregivers. Run errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. Seal Beach Business License CAM0006. 8/24

CTC Home Care Inc. Caregivers are Trained/Licensed/Bonded/Insured/Honest and speak good English. Available to work Full-Time/Part-Time. Licensed to drive for Doctor-Appointments/Groceries. Contact Person Consuelo/714-820-0294. Seal Beach Business License 14206475. Exp 9/21

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Tammy Nguyen Phenix Salon. Service in private suite. One-customer, one-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/ Toenails. In-house service available. Tammy Nguyen. 13944 Seal Beach Boulevard, #116. **(714)-425-4198.** Exp 8/03

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Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License #CIP0001 Exp 8/24

John's Computer Services 562-733-9193 Virus-Removal, Repair, Training, Software, Wireless, Internet Security. LW-Resident. Seal Beach License FUH0001. Exp 9/07

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Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of-Liability for you! Bonded/Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. Exp 8/03

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Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/04/2023

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Need a lift? Pam Miller. **LW Residents ONLY.** 310-227-1258. Exp 8/03

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MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE. Looking to buy Mid-Century Furniture/"ETC"/Men-Women Sterling-Silver Rings/Old-Jewelry/Men-Women Vintage Clothing. 562-243-7229. Exp 7/20

MISCELLANEOUS FOR SALE

Mutual-15/Carport-13 SALE. Del Monte and St. John. Thursday/ July-14th & Friday/July-15th (9:00am-2:00pm). A variety of items for sale. Come Look and Check it OUT!

MOVING SALE. 1930 St. John Road, Mutual-15/Apartment-29J. 562-296-5328

VIZIO 49" Smart TV with-Roku/\$90, Living-Room round-glass coffee-table with/metal stand plant design/\$85. Schwinn/Beach-Cruiser/\$40. Call Joe/562-766-8424.

Estate Sale - Thursday, July 14 and Friday July 15 from 8:30-2pm. 1701 Tam O'Shanter, **Mutual-12, 11G.** Reclining sofa, 2 swivel rockers, kitchen island, TV/media cabinet. White dining set, hutch, and bench. Corner curio, accent tables, oak hall tree. Queen sofa bed, full Tempurpedic mattress, maple dresser, desk and nighstand. Costume jewelry, designer purses. Recumbent bike, and more. Estate Sales by **Docia Drake** 714-514-8232, PO Box 427, Seal Beach Bus. Lic. ESD0001

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Beautiful, drive-up 1 bedroom unit

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6-64A \$272,000 12-55E \$295,000

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5-104E \$259,000 14-24A \$325,000
11-262B \$359,000 2-35 D \$210,000
16-52L \$269,000 8-191A \$485,000
6-57H \$210,000 3-12L \$205,000
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2-22D \$185,000 8-180H \$172,000
8-202C \$284,000 6-138B \$175,500

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Erika Shapiro

Resales Specialist
Mut. 17 Resident
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New paint, laminate flooring,
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Basic 1 BDR/ 1Bath, Very private
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flooring, New double pane windows
lots of storage. Move-in ready
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Fabulous Greenbelt View
Partially Expanded, central
A/C Heat, new paint
Mutual 11 - 266K \$355,000

pending



Fabulous Golf Course
Location, 4 Plex Corner with
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And whistles, plus the view.
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pending



2 BDR/ 2 Full Baths
Fully expanded Corner
With all the bells and whistles.
Mutual 14-10A \$489,000

INTRO



Closed Escrows

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1-36D	\$205,000	17-112B	\$389,000	17-22B	\$400,000
2-30D	\$309,900	1-3D	\$215,000	9-235E	\$335,000
		2-55K	\$298,000	2-30C	\$325,000

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New Listing

**2 Bedroom
1 Bath Corner
Washer/Dryer
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Move in Ready
M11 Coming Soon**

**2 Bedroom
Partially
SOLD IN
ONE DAY
Charming with
Front Porch
3 Skylights
Designer Paint!
M12 55J \$330,000**

**1 Bedroom
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Greenbelt
M2 32J \$225,000**

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2B/2Ba Remodel
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wanting to buy in
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Mutual 12
Mutual 11**
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Mutual 5 – 103L Medinac
Sold Corner Unit \$412,000

Mutual 11 – 273b Northwood
Sold \$465,000 Remodeled

Mutual 5 – 115i Homewood
Sold \$15K over asking price!

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Mutual 7 – 163k Kenwood
1B/1Ba between greenbelts
All NEW Upgrades Thru-out
Perfect Location @ \$225,000

Mutual 2 – 37i Merion Way
1B/1Ba on Wide Greenbelt
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Over Asking Price @ \$240,000

Mutual 7 – 158b Kenwood
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SECOND QUARTER MARKET UPDATE – SOLD UNITS

April 2022 through June 2022

BASIC UNITS

1 Bedroom: \$198,000 to \$250,000
Exception: \$150,000

2 Bedroom – Inside: \$239,000 to \$378,000
2 Bedroom – Corners: \$249,000 to \$360,000

MUTUAL 15

2 Bedroom Apartment Style: \$340,000 to \$430,000
Atrium - \$429,000 to \$475,000

EXPANDED UNITS

1 Bedroom: \$230,000 to \$269,000
2 Bedroom – Inside: \$280,000 to \$410,000
Expanded Inside with 1+ baths: \$330,000 and \$495,000
Exception: Modern Expansion - \$585,000
2 Bedroom – Corners (1 bath): \$340,000 to \$505,000
Exception on the low side: \$285,000

MUTUAL 17 – CONDOS

Condo - \$380,000 to \$550,500

Prices are determined by location, condition
and amenities ...
If you would like to know the value
of your unit, please
Call for a Comparable Market Analysis.
Based on information available to us at time
of publication. Reflects ALL closed sales.

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Coming Soon!



Greenbelt View



M2-17G

\$425,000

This fully expanded home has a spacious Living room overlooking a green belt. Expanded side addition may be used as a formal Dining room, Den, Office or a bonus room. The Kitchen has white cabinets, built in Leisure World appliances including a stove, oven and refrigerator. An under kitchen counter combo washer/dryer and an above the sink cabinet have been added. Both the Kitchen and Bathroom have skylights that open. The master Bedroom has been fully expanded with a wardrobe closet and an additional Walk-in closet. Bathroom has tile flooring, light bar and a cut down shower. The second Bedroom has a wardrobe closet and lovely greenbelt view.



M6-59G

\$439,000

Enter a leaded glass front door into this lovely spacious living area that includes a living room, dining area and adjoining den. Kitchen is light and bright with white cabinets and custom marble-like countertops, upgraded white built-in appliances include stove top, oven, refrigerator, dishwasher, microwave and extra-large skylight. Master bedroom is fully expanded with a walk-in-closet. Bathroom also features an extra large skylight, recessed lighting and a cut down shower for walk-in convenience. The utility closet may also serve as a pantry. Second bedroom may serve as a den or office. This charming home also features deluxe vinyl plank flooring, plantation shutters, and three heat pumps located in the living room and both bedrooms. This home is located in a quaint and charming neighborhood, is light and bright throughout, and ready to move in. Enjoy the charming flagstone-like porch and the lovely ocean breezes that Seal Beach has to offer.



M9-230C

\$359,900

A must see this charming expanded two Bedroom one-bathroom home that is light, bright, and ready to move in. This Leisure World cottage offers a spacious carpeted living room. The kitchen has built-in Leisure World appliances including a refrigerator, stove, oven, an added microwave, dishwasher, skylight, and vinyl flooring. The master bedroom is carpeted, has been fully expanded, and overlooks a private patio with an extended view of a beautiful greenbelt. The bathroom has a skylight and vinyl flooring. The second bedroom is carpeted and looks out on to the private patio. The wrap-around patio has storage closets, indoor/outdoor carpeting and enjoys a beautiful greenbelt view. This lovely home also enjoys central heat and air conditioning, drive-up parking, soft ocean breezes, and all that the Seal Beach community has to offer. Located in the resort-like community of Seal Beach which has over 200 clubs, activities and organizations which includes a gym, 3 hole 9 par golf course, swimming pool, jacuzzi, 6 clubhouses, bocce ball court, shuffleboard, amphitheater, park-like BBQ area, library, health care center, card and exercise clubs and so much more. Don't miss out on seeing this beautifully decorated home.



M 15-39A

\$618,000

This lovely corner home is elegant and enchanting and a special place to call home. It features two bedrooms, formal dining room, den, a ¾ bathroom and a ½ bathroom. The shower is a walk-in shower for convenience. The remodeled kitchen has upgraded stainless steel appliances including a freestanding range, refrigerator with lower freezer, dishwasher, microwave, white cabinets, and a large pantry. Both the master bedroom and second bedroom are bright and cheerful with an outside Greenbelt view. Washer dryer, and double pane windows throughout. A special feature of this home is a large private courtyard style patio with storage cabinets and overlooks a front Greenbelt view.

SOLD 2022

Mutual 10-258B

Mutual 1-31E

Mutual 5- 117L

Mutual 12-61C

Mutual 2-63H

Mutual 3-4F

Mutual 4-88G

Mutual 2-3B

Mutual 2-8C

Mutual 10 -250J

Mutual11-286B

Mutual12-61A

Mutual 11-286I

Mutual 5-117G

Mutual 2-46H

Mutual 1-67E

Mutual 4-49G

Mutual 8-183G

Mutual 11-285D

Mutual 9-216H

Mutual 7-164L

Mutual 2-6G

Mutual 11-285A

Mutual 11-263A

Mutual 4-49B

Mutual 8-201L

Mutual 2-6L

Mutual 7-165E

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For 2022, We have a total of 58 Leisure World pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1312 Golden Rain R. #67C | M2 | \$310,000
2Bed/1Bath drive up location with full wrap around patio and storage closet. Large skylight on patio and skylights in kitchen and bathroom. Washer/dryer combo in kitchen with AC heat pump.



13241 Southport Ln #185L | M8 | \$619,000
Spectacular corner 2 bedroom, 2 bath unit. Incredible greenbelt location w/patio, central HVAC, walk-in closet, washer/dryer. Completely remodeled kitchen and bathrooms. No detail was spared!



1503 Merion Way #48J | M2 | \$479,000
One of the best green belts around! This 2bed/2bath home has remodeled kitchen, central AC, washer/dryer, skylights throughout, remodeled bath and walk-in closet!



13310 Twin Hills Dr. #47D | M12 | \$325,000
Previously owned by a fireman, this adorable and well maintained 2bed/1bath full patio home has laminate flooring, washer/dryer, AC heat pump, newer shower enclosure and skylights throughout!



13301 Fairfield Ln. #183J | M8 | \$579,000
2Bed/2Bath beautiful greenbelt location with bay window! Check out this remodeled patio home with skylights throughout, laminate flooring, gorgeous new kitchen and baths, washer/dryer, and central AC!



13231 Seaview Ln. #251L | M10 | \$569,000
Come and see this fantastic 2bed/2bath corner greenbelt location with additional exterior patio. Full remodel with gorgeous kitchen, walk-in closet, expanded skylight, laminate flooring throughout, washer/dryer.



On July 11th, 2022 a total of 24 units show as active listings on the CRMLS (this is where Realtors list property for sale)

7 - 1 bedroom/1 bath units
from \$239,000 to \$269,500

8 - 2 bedrooms/1 bath units
from \$275,000 to \$425,000

9 - 2 bedrooms/2 baths units
from \$349,900 to \$579,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!

ENTER TO WIN

4TH OF JULY DRAWING WINNER!

JOSIE DEL PINO!!!

BIG THANK YOU to all our entries! Keep an eye out for our next raffle coming soon!

