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vote

LW candidates are vying for a seat on the Seal Beach City Council in District 5, which covers part of Leisure World. Page 2



The Rec Department is planning a trip to the 2022 Pageant of the Masters, which will feature Manet's "Music in the Tuileries." Page 19

FROM LEGAL COUNSEL

GRF changes online publication process

Golden Rain Foundation has decided to change what information will be available on the GRF website for public view.

Effective immediately, only board and committee meeting minutes and agendas will be published online to the GRF website.

All other information previously published online, including financial statements, construction bids, correspondence and the like, will be omitted from publication.

Instead, some of these records will be available upon request by any GRF member, pursuant to California Civil Code Section 5200.

This change is being implemented because there are privacy concerns and liability issues that arise from the publication of personal identification information and contract prices included in prior GRF Board packets.

For example, sensitive information, such as correspondence intended by the sender to be confidential, is often included on the GRF website, and bids from different vendors are proprietary information that are subject to privacy protections.

Therefore, this change is being implemented in order to protect the rights of the people and vendors GRF works with. If you have any questions regarding this change, please do not hesitate to contact management.

HOLIDAY NOTICE

GRF to close for Labor Day Sept. 5

In observance of Labor Day, all Golden Rain Foundation offices except Security will be closed Monday, Sept. 5.

The classified ad deadline for the LW Weekly will be Sept. 1 at noon.

The Leisure World Maintenance Department will be on call for emergencies at (562) 594-4754.

The Minibus and the Access bus will operate on the holiday schedule.

The Health Care Center 24-hour nurse will be available for telephone advice or home visits for a charge by calling (562) 795-6216.

LW Maps Available



Leisure World Community Maps are available at the LW News Office, open Monday-Friday from 8 a.m.-5 p.m.

2022 AMPHITHEATER SEASON



Jay White will reprise Neil Diamond's greatest hits at the Amphitheater tonight. Diamond, 81, stopped touring after being diagnosed with Parkinson's disease in 2018. White has paid tribute to Diamond for more than 30 years and will bring all Diamond's greatest hits to the stage tonight.

'Sweet Caroline' concert is coming tonight

Neil Diamond Tribute
Aug. 25 | 7:30 p.m.
Amphitheater Stage

The Sweet Caroline Tour, a Neil Diamond concert celebration starring Jay White, often called the No. 1 Diamond performer in the world, will be featured tonight at the Amphitheater. It is one of the most authentic Neil Diamond tribute concerts available.

The show was conceived in response to Diamond's retirement from the concert stage and the huge demand for his music.

White and the dynamic Sweet Caro-

line Tour Band pays homage to Diamond, a member of the Rock and Roll Hall of Fame in Cleveland, Ohio, by performing his hits with the same energy and artistry Diamond delivered throughout his incredible 50-year career.

Over three decades, White has performed more than 10,000 concerts around the world reflecting the stage persona of the American music legend. White painstakingly evokes the power and the passion of a live Diamond performance.

He is grateful that his years of dedication and devotion have convinced tens of thousands of Diamond fans that he is

the closest thing to the real deal—and White is also humbled to have been acknowledged and embraced by Diamond, and his family and band for performing the Brooklyn-born singer's music live in concert in the most respectful, convincing way possible.

Residents are invited to celebrate summer under the stars at every Thursday through Sept. 15 at the free concerts. Non-resident guests must be accompanied by a resident. Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

SHOW, page 2

LW HISTORY

Developer Ross Cortese brought the Golden Rain tree into LW

Once people move into Leisure World, they realize Golden Rain is a ubiquitous, but mysterious, moniker. There's the Golden Rain Foundation Board; Golden Rain staff; Golden Rain Road—it's everywhere.

LW longtimers know that the name "golden rain" originated from LW developer Ross Cortese, who also built Rossmoor and Leisure World, Laguna Hills, now known as Laguna Woods.

As history tells it, Cortese first saw the Golden Rain tree in New Orleans. After he learned that these trees could thrive in California, he ordered 2,700 sent to a nursery in Chino where they were nurtured until they were ready for Leisure World Seal Beach. At the right time, they were planted everywhere, becoming one of the enduring symbols of the community he was planning for senior citizens.



The Golden Rain tree is a fast-growing, deciduous tree reaching about 30 feet in height.

TREE, page 2



Seal Beach City Council meetings are held in council chambers at 211 Eighth St. on the second and fourth Mondays of each month. They start at 7 p.m.

SEAL BEACH ELECTIONS

LWers vying for District 5 seat vacated by Sandra Massa-Lavitt who is termed out

Incumbent District 5 Council Member Sandra Massa-Lavitt will be termed out this year after serving two four-year terms.

District 5 covers all of LW west of St. Andrews Drive. That includes Mutuals 2, 3, 4, 5, 6, 7, 8 and 9 and part of Mutual 1.

The following candidates have filed nomination papers with the Office of the City Clerk of Seal Beach:

- Mariann Klinger of Mutual 9, who is the Seal Beach planning commissioner representing District 5.
- Author Michael McGrorty of Mutual 4, who lists his occupation as retiree.
- Nathan Steele of Mutual 7, who is listed as a business owner.

Also up for election are representatives for District 1, Old Town and Surfside Colony; and District 3, Marina Hill, Coves, Bridgeport and Heron Pointe.

To win a council election in Seal Beach, a candidate must receive 50% of the vote plus one.

If none of the candidates in a given district reaches 50% plus one, the top two candidates compete in a runoff election.

The city council is the community’s legislative body and provides direction on business matters, sets policy, and adopts the annual budget, according to the Seal Beach website. As a legislative body, its members are the community’s decision makers.

The city manager serves at

the pleasure of the city council as its full-time executive whose job it is to administer city staff, projects, policies and programs on behalf of the council.

The city council meets the second and fourth Mondays of each month. Unless otherwise announced, the meetings are held in the City Council Chambers, 211 Eighth St., and typically begin at 5 p.m. with a study session or closed session meeting.

The televised portion of the meeting starts at 7 p.m. and can be viewed on cable television on SBTv-Channel 3 or on the City’s website, www.sealbeachca.gov, through the Agenda, Notices & Meeting Videos option through the Government menu option.

LW LIBRARY

DMV Driver’s Handbooks available to take home

by Taylor Greene
LW Library manager

The latest edition of California DMV Driver’s Handbooks in English and Korean are now available at the LW Library.

Save yourself a trip to the

DMV and come by the Leisure World Library to pick up a copy to study before your test.

The handbook is yours to keep and does not need to be returned to the library.

The library also has a selection of printed practice tests to

help people prepare for what to expect on tests.

The library is open Monday through Saturday from 9:30 a.m.-3:30 p.m. and is located between Clubhouses 3 and 4 near the North Gate entrance to Leisure World.

Calling All Photographers

The LW Weekly will produce a 2023 wall calendar featuring the work of Leisure World photographers in late 2022.

This year, photos are being accepted all year long, so people can take compelling shots of lo-

cal landscapes and immediately submit them for possible inclusion in the calendar.

That will save the time of swiping through hundreds of pictures at year’s end to find that perfect shot.

Editors are looking for scenic vistas of Leisure World and Seal Beach.

Photos of people are not eligible.

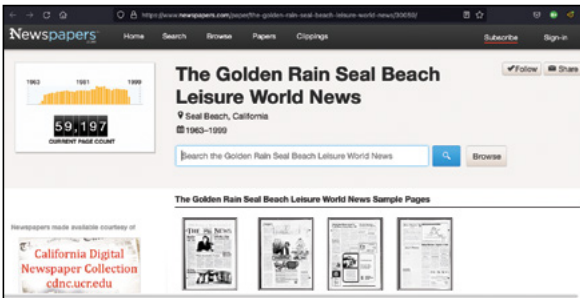
Holiday or seasonal shots are

CALENDAR, page 3

LW HISTORICAL SOCIETY

LW newspaper is being preserved

Thirty-six years of the Golden Rain News—from 1963 to June 1999—were released on newspapers.com in July 2022, according to Leisure World Historical Society President Margaret Gillon in a report to the GRF Board Aug. 3. She has been leading the effort to digitize 60 years of the weekly newspaper that serves LW on behalf of the Historical Society and is happy to report that



59,197 pages, the first 36 years, are now accessible online.

At the Nov. 23 GRF Board meeting, an agreement between the GRF and Ancestry.com/Newspapers.com allowed the online newspaper archive to digitize Historical Society microfilm for free in exchange for exclusive publication of the digital copies made from the microfilm for three years.

Because the files are digitized and the content has been made searchable with OCR software, digital copies can be easily searched for names and events.

Shareholders with relatives who once lived in LW will be able to search for articles about their families. Researchers will be able to review a detailed record of events in the LW community as it grew and matured, Gillon told the board.

Just this month, the Historical Society was able to find 1960s-era articles about astronomer Cora Burwell for an author in England who is writing Burwell’s biography.

Newspapers.com requires a subscription to use and at this time, the Leisure World Library doesn’t have one.

“Hopefully the LW Library will obtain a subscription in the future,” Gillon said. “The Leisure World Genealogy Club has a subscription to newspapers.com that can be used on Genealogy Library computers in Clubhouse 3 by club members.”

The newspaper microfilm ended in June 1999. The Golden Rain News didn’t start publishing a digital edition until August 2010.

This leaves 11 years of newspapers that don’t have microfilm or digital copies. The Historical Society’s next project is to borrow paper copies of the Golden Rain News for these 11 years that are archived at UCI and have them microfilmed so they can also be digitized through newspapers.com. The Historical Society is currently seeking funding in the amount of \$5,900 to pay for the microfilming project.

“The Historical Society is very excited that our early newspapers are now searchable and available on the Internet,” Gillon said. “We thank the 2021 Golden Rain Board for green lighting this project when the Historical Society brought it to the board last year.”

—from the Historical Society

TREE
from page 1

The other was the globe.

The name Golden Rain was given to the corporation’s foundation, which still is at the center of government and management in Leisure World

Seal Beach. The name was also given to Leisure World, Laguna Hills, which is now known as Laguna Woods Village.

The fast-growing, deciduous tree reaches about 30 feet in height. At maturity, it has a rounded crown, with a spread equal to or greater than the height. Its leaves, which give it a lacy appearance, turn yellow before falling.

The tree is most striking in the fall with its large clusters of bright yellow flowers that hang from the drooping branches, bringing to mind “golden rain.” These are followed by two-inch red-purple seed pods, which are equally dramatic.

In 2012, there were few of the original trees left, including one at Turtle Lake Golf Course, and a couple in Mutuals 5 and 15.

SHOW
from page 1

No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes.

This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation and food trucks will be available.

Join us



Optum and SCAN invite you to a fun movie night for the whole community.

Respect
Leisure World Amphitheater
September 2, 2022



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Korean Night at the Amphitheater on Aug. 20 featured almost 240 Korean American Association members singing, dancing and playing orchestral music. The event started at 7:30 p.m. with a performance by the Korean American Chorale and ended with the LW Orchestra and LW Korean Community Chorale. More photos will be featured in next week’s edition of the LW Weekly.

CALENDAR
from page 2

welcome, especially images that capture the spirit of October, November and December.

Editors are also looking for original views of iconic LW spaces and fresh ways of seeing familiar spaces, such as the globe and Veterans Plaza for example.

A team of editors selects the photos featured in the calendars, so it’s possible that multiple shots by the same person could be chosen (photographers’ names are not included in the decision-making process).

Potential contributors should submit large, high-resolution, 300 dpi images in landscape format.

Cell phone photos should be emailed in the “actual” or “original” size format.

Email entries to stephenb_news@lwsb.com with name, address, phone number and a brief description of the photo. For information on technical requirements, call (562) 431-6586, ext. 392.

The free calendar will be delivered to every LW home by December. Copies will be available at the News Office. The office is located near the Amphitheater and is open weekdays from 8 a.m.-5 p.m.



Learn more about the blue-and-white Minibuses at an orientation meeting Sept. 1 at 10 a.m. in Clubhouse 3, Room 2.

Minibus Orientation Meeting

A Minibus informational meeting will be held on Thursday, Sept. 1, at 10 a.m. in Clubhouse 3, Room 2. It is held on the first Thursday of every month to assist LW residents with using the many transportation services available to the Leisure World community. No reservations are required.

The GRF Transportation Department provides information on the LW Minibus service as well as the GRF appointment-based Access bus service for people with mobility challenges.

Information on other local area bus and transportation services to nearby grocery shopping and medical service destinations is also presented.

Meetings often include information and updates on the City of Seal Beach Senior Shopping Shuttle to Rossmoor and Old Ranch shopping centers and the Seal Beach Old Town Pier shuttle.

Monthly informational sessions are for new or current shareholders who would like to learn about the Minibus service routes and timetables.

The LW Minibus service is a community transportation service for everyone. Anyone who has a valid pass to enter the community can ride on the LW buses. The only rule is people must be 18 years of age or older or accompanied by someone who is at least 18.



Your Health Care Center, your way

The Health Care Center (HCC) has been part of the Leisure World community for more than 30 years. We’re proud to continually provide care that’s focused on your overall wellness. Our recently renovated facility offers you primary care, specialty and rehabilitation services, health education, community activities, and more.

- | | | |
|------------|--------------|-------------------|
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PERSPECTIVES

Letters to the Editor

Editor:
The Paul McCartney Live and Let Die show Aug. 18 had wonderful meaning for me. My youngest son, Davin Palmer, works behind the scenes on the George Lopez Show, and his wife has handled props for Jimmy Kimmell for years.

When McCartney was guest artist on her birthday one year, he serenaded her with the "Happy Birthday" song.

My oldest son, Kye Palmer, a Grammy-winning trumpeter, who played on "Brazil Station," McCartney's latest CD.

After they finished recording, Paul asked to borrow Kye's horn, and, without music, played a lively rendition of "When the Saints Go Marching In." He plays piano, too.

Who said The Beatles men weren't "real" musicians?

Dee Ann Palmer
Mutual 12

Editor:
The GRF's decision to involve itself financially with the Sunshine Club's 60th anniversary party (Letters, Aug. 11) was inappropriate, to say the least, and the editor's answers to the inquiry did not help.

I get that Sunshine is a do-gooder and quite often helps GRF do good, and maybe the board feels that it's all good will to give the club a favor.

The intention might be good, but the optic is bad, bad as in playing favorites. Please don't make a precedent out of this.

Aranee Carrigan
Mutual 1

Editor:
I want to remind LW residents of a senior meal delivery service called Simply Delicious.

I've used its service for several months and look forward to each and every delivery.

I justify the cost by reducing my own trips to the grocery store.

You will find its information and weekly menu in the LW newspaper.

Simply Delicious provides fresh, fully cooked meals on a schedule of your choosing.

Each delivery is an inviting presentation of freshly made entrees, including seasonal fruit, vegetables and, of course, a wonderful dessert. The owner, Salim, provides the best service and aims to please.

Marilyn Reed
Mutual 14

Editor:
What a enchanting evening with the Korean American Association.

The broad range of talent from instrumentals, drummers performance, dancing, singing and traditional dress exhibited the broad range of musical ability.

I especially enjoyed the combined number of the Korean Chorale and the Leisure World Orchestra.

It was a lovely evening while learning about the cultural talents here in Leisure World.

Midge Bash
Mutual 14

Editor:
What a delightful evening hosted by the Korean American Association Saturday evening.

The event was most enjoyable, and the sponsors extremely generous in their giveaways that ranged from gift cards to candies, tote bags, hand wipes and drink bottles.

About 1,500 folks were in the audience.

The show was incredibly entertaining with a broad range of performers, beautiful traditional costumes, swanky dance numbers, a stunning clarinet

solo, traditional drummers, a fan dance and chorale numbers by various Korean groups.

The evening concluded with a choir joining the LW Symphony Orchestra in a rousing rendition of Handel's "Messiah" that got audience members up

on their feet in the traditional manner.

A big thank you to all the performers and organizers, bravo!

I'm looking forward to next year's performance.

Donna Gambol
Mutual 1

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the managing editor.

Letters to the Editor: The maximum number of words is 250. Letters should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any GRF employee directly or indirectly.

Member Column: At a maximum 500 words, columns may present an argument or opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.

Contributor: Restaurant reviews, theater reviews or travel journal submissions are welcome, subject to terms and conditions in the policy unless otherwise noted.

Political: Submissions concerning political issues outside of Leisure World and the City of Seal Beach will not be published.

Read the LW Weekly Online

People can access the LW Weekly online at lwsb.com or, for a more interactive experience, at www.lwweekly.com. Both sites have translated and audio editions.



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GOVERNMENT

GRF Special Board of Directors Meeting

AGENDA
Monday, Aug. 29, 11 a.m.
Clubhouse 4 /livestream

The live streaming uses YouTube live and stream terminates when meeting is adjourned.

*The Special Board of Directors meeting is for the purpose of ballot counting for the special election to elect a representative to GRF Board from Mutual 11. Shareholders from **all Mutuals** may attend the meeting and observe the ballot count. Shareholders may submit the “What is Your Question/Comment?” form, bottom right, by Thursday, Aug. 25, to address the GRF Board. Complete instructions are included on the form.*

1. Call to Order
 2. Roll Call
 3. Pledge of Allegiance
 4. Announcements
 5. Shareholder/Member Comments
- NOTE: Foundation members are permitted to make comments **before** the business of the Board begins. Requests must be registered in advance of the meeting and comments are limited to **four** minutes.
6. Commence Counting Process for Mutual 11 GRF Representative
 7. GRF Board Meeting Recess
 8. GRF Board Meeting Call to Order
 9. Announcement Results of Election Process for Mutual 11 GRF Representative
 10. Adjournment

GRF Special Board of Directors Meeting

AGENDA
Monday, Aug. 29, Immediately following GRF Special Board Meeting for the Counting of the Ballots
Clubhouse 4 /livestream

The live streaming uses YouTube live and stream terminates when meeting is adjourned.

*The Special Board of Directors meeting is for the purpose of installing the new GRF board members representing Mutual 11 and 16 and for establishing committee assignments of board members. Shareholders from **all Mutuals** may attend meeting and observe the ballot count. Shareholders may submit the “What is Your Question/Comment?” form above right in advance or at the meeting to address the GRF Board. Complete instructions are included on the form.*

1. Call to Order
 2. Roll Call
 3. Pledge of Allegiance
 4. Announcements
 5. Shareholder/Member Comments
- NOTE: Foundation members are permitted to make comments **before** the business of the Board begins. Requests must be registered in advance of the meeting and comments are limited to **four** minutes.
- Meeting Call to Order
 6. New Business
 - a. General
 - i. Installation of the Newly Elected GRF Directors for Mutual 11 and Mutual 16
 - ii. Ratify Committee Assignments (Handout)
 7. Adjournment

Carport Cleaning

Since most of the holidays in 2022 fall on workdays for LWSB’s cleaning contractor, some carports will be cleaned this year on the actual holiday.

The following carports will be cleaned on Monday, Aug. 29, instead of Monday, Sept. 5, the Labor Day holiday.

- In the morning:
- Mutual 1: Carports 2, 5, 6, 9, and 10
- In the afternoon:
- Mutual 1: Carports 1, 3, and 4
- Mutual 17: Carports Building 3

Passport Photos

Passport photos can be taken at the Copy & Supply Center in Building 5 from 9 a.m.- 4 p.m.
Two photos cost \$10.
For information, call (562) 431-6586, ext. 345.
Residents can also recycle batteries at the center.

Executive Session

Thursday, Sept. 1,
1 p.m.
Conference Room A

This GRF meeting is closed to Shareholders/Members per Civil Code §4935.

1. Call to Order
2. Roll Call
3. Approve Minutes
4. Legal
5. Contracts
6. Pending and/or Litigation Updates
7. Member Code of Conduct
8. Personnel
9. Adjournment

Agenda is subject to change.

Recap of GRF Board Activity of Aug. 23

Approved Consent Agenda
MOVED and approved the consent agenda including the minutes of the Recreation Committee meeting of May 2, minutes of the Physical Property Committee meeting of May 4, minutes of the GRF Administration Committee meeting of May 5, minutes of the Communication/IT Committee meeting of May 12, minutes of the Strategic Planning Ad Hoc Committee meeting of May 18, Special GRF Election minutes from August 8, GRF Board of Directors minutes of August 23, The acceptance of the Financial Statements, July 2022, for Audit; The approval of the Capital Funds Investment Purchase.

GRF Administration Committee
Reinstate of Paid Holiday
MOVED to approve the reinstatement of the day after Thanksgiving as a paid holiday, bringing the observed employee holidays from 10 days to 11.

Reserve Funding Request Administration Building Office Modifications: MOVED to approve Reserve Funds for the modifications as described above, at a cost not to exceed \$52,314, and authorize the president sign the needed contracts.

FINAL VOTE: Amend 30-5093-1, Authorized Resident Rules of Conduct MOVED to ratify 30-5093-1, Authorized Resident Rules of Conduct, adding Theft of any Trust Property and Egregious behavior of any kind, to prohibited behaviors.

Recreation Committee
TENTATIVE VOTE: Adopt 70-1500-1, Woodshop Rules MOVED to adopt 70-1500-1, Woodshop Rules as presented, pending a 28-day notification to the members, and a final decision by the GRF Board of Directors on October 25.

FINAL VOTE: Adopt 70-1487-1B, Recreational Vehicle Lot (RVL) Rules and Regulations MOVED to ratify 70-1487-1B, Recreational Vehicle Lot (RVL) Rules and Regulations as presented.

FINAL VOTE: Amend 70-1487-2, Recreational Vehicle Lot (RVL) Schedule of Fees and Monetary Fines MOVED to ratify policy 70-1487-2, Recreational Vehicle Lot (RVL) Schedule of Fees and Monetary Fines, updating fee and document language as presented.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

| | |
|-----------------|---|
| Thurs. Aug. 25 | GRF Administration Committee Conf. Rm A/virtual 1 p.m. |
| Mon. Aug. 29 | GRF Special Board of Directors Meeting Clubhouse 4/virtual 11 a.m. |
| Wed., Aug. 31 | Recreation Committee (rescheduled due to Labor day holiday) Conf. Rm B/virtual 1 p.m. |
| Thurs., Sept. 1 | GRF Board Executive Session Conf. Rm A 1 p.m. |
| Tues. Sept. 6 | IT Services Committee Conf. Rm B/virtual..... 1 p.m. |
| Wed., Sept. 7 | Physical Property Committee Conf. Rm B/virtual 1 p.m. |

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

| | |
|-----------------|---|
| Thurs., Aug. 25 | Mutual 1 Conf. A/Zoom 9 a.m. |
| Fri., Aug. 26 | Mutual 6 Conf. Rm A/Zoom 10 a.m. |
| Thurs., Sept. 1 | Presidents’ Council Clubhouse 4/Zoom 9 a.m. |
| Tues., Sept. 6 | Mutual 17 Conf. Rm A/Zoom 1:30 p.m. |
| Thurs., Sept. 8 | Mutual 12 Conf. Rm A/Zoom 9:00 a.m. |
| Fri., Sept. 9 | Mutual 3 Conf. Rm A/Zoom 9 a.m. |

GRF Special Meeting—What Is Your Question/Comment?

Do you have a question, comment or a suggestion for GRF? In order to expedite the proceedings of the GRF Special meeting on Aug. 29, any member present who wishes to comment or ask a question on any matter is requested to fill out this form. This will allow the Board to prepare a response, if necessary. Submit your request to the GRF Board Office, P.O. Box 2069, Seal Beach, CA 90740, to the attention of Carol Levine, Corporate Secretary, or Tia Makakaufaki, Executive Coordinator by Thursday, Aug. 25. You may also drop off your question/comment at the Stock Transfer Office, attention Tia Makakaufaki.

NAME _____
(Please print)

ADDRESS _____

MUTUAL ____ APT _____

PHONENO. _____

Subject of question, comment or statement which I intend to offer is:

- Member comments are limited to:*
- 4 minute limit per speaker, when there are no more than 15 speakers
 - 3 minute limit per speaker, 16 - 25 speakers
 - 2 minute limit per speaker, over 26 speakers

The Special Meeting of the members will be held on Mon., Aug. 29 at 11 a.m. in Clubhouse 4 and livestreamed.

Puzzles & Comics

Answers on page 20

Gasoline Alley

By Jim Scancarelli



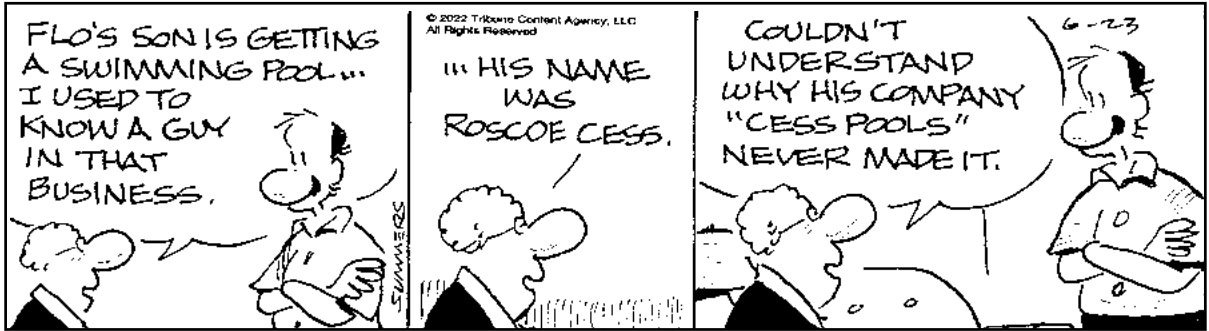
Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"WE'VE MOVED!"
BY SAMUEL A. DONALDSON & DOUG PETERSON

ACROSS

1 WWE officials

5 More deadpan

10 "Coffee Cantata" composer

14 Girl Scout cookie also called Caramel deLite

19 Indian tourist city

20 Playground rejoinder

21 *... vera*

22 Gives off

23 Command to Alexa?

26 "The Bachelorette" props

27 Like many martinis

28 Bug

29 Gather around

31 Blue drop in emoji

32 Like one who nailed the Kylie costume?

35 Bathroom rug

37 Tree-loving Seuss character

39 "Bosch" star Welliver

40 Midsummer arrivals

41 "Prontol"

43 Academia's "Ancient Eight"

46 Ming things

48 Stocking stuffer for Fido?

52 "Yummers!"

57 Couch kin

58 Rhino kin with long snouts

60 Teegarden of "Friday Night Lights"

61 "A Wrinkle in Time" genre

64 Roman who tried to stop Brutus?

67 *... butter*

70 Head-slapping cry

71 National Back to School Mo.

72 Bubbly Italian

73 Pumice stones, emery boards, etc.?

77 Kerosene

80 Leaning one way

81 Unable to see the big picture

83 *... Translate*

87 Short trailer

89 Headline about Condoleezza's gaffe?

92 Princess

95 Sports bar fixture

96 Disney hero with a "superbark"

97 Islamic leader

101 Not a soul

103 Brainstorms

106 "Physical" singer *... Lipa*

107 Rucker's song catalog?

111 *... company*

113 Strike

114 Skater Midori

115 Ruin, as a garden

118 Not obtuse

119 Painting depicting angels?

123 Choir stand

124 Holding insured by the FDIC

125 Daiquiri garnishes, often

126 Bunker

127 Monopoly stack

128 Some boxers

129 Tour of duty

130 Floor

DOWN

1 Tampa Bay team

2 Four-award acronym

3 Colorful dessert

4 *... bleu!*

5 Mexican bread

6 South African bread

7 Texter's qualification

8 Ballpark fig.

9 Wright of "House of Cards"

10 Hoops score

11 "Paper Girls" actress Wong

12 First name in civil rights

13 Shockingly evil

14 Font line

15 Unconcerned with right and wrong

16 Errant pool shot

17 Verdi work based on a Shakespeare work

18 Balance sheet listing

24 With 49-Down, body that was once the world's fourth-largest lake

25 West end?

30 Checked out for a job?

32 Jakarta's island

33 Has a life?

34 Mariano who leads the MLB in career saves

35 Apple Store offerings

36 Tennis icon Arthur

38 Glass edge

42 Hidden dangers

44 AuctionWeb, since 1997

45 Drench

47 Brown quickly

49 See 24-Down

50 Looks after

51 Zoe's partner in fashion

53 "Feel What U Feel" Grammy winner

54 Little rascals

55 Usher's offering

56 Port opening?

59 Coal formation

62 Sandbox player

63 "Beg pardon"

65 "How's it goin'?"

66 Disco era term

67 "Shoo!"

68 Detest

69 Director Kazan

74 The Miners of the NCAA

75 "For a great nose indicates a great man" speaker

76 polloi

77 Actor Schreiber

78 Nails the exam

79 H+, e.g.

82 Pie chart no.

84 One who plays well with others

85 Real doozy

86 "¿Cómo usted?"

88 Bygone detergent brand

90 Cabs and zins, e.g.

91 GPS offering

93 Surfing annoyance

94 Colonnaded entryway

97 TSA request

98 Peppermint

99 Patty's pal

99 Pique

100 Sprayed gently

102 Official orders

104 Not going anywhere

105 Give and take

108 App buyers

109 Pac-12 player

110 Sits on a windowsill, say

112 Skips over

115 If so

116 Where lei people party?

117 "30 for 30" network

120 Heart test, for short

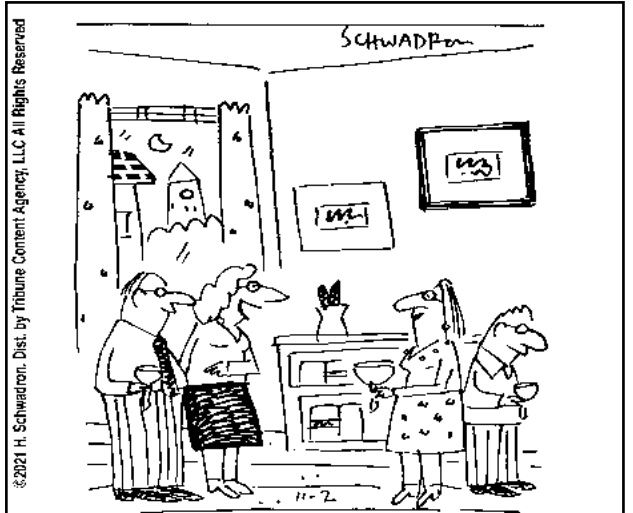
121 In top form

122 "OMG, enough!"

Sudoku 1

| | | | | | | | | |
|---|---|---|---|--|---|---|---|---|
| | | 8 | | | | | | |
| 5 | | 2 | | | | 4 | | 1 |
| | 1 | | | | | | 5 | 7 |
| | 7 | 3 | | | 1 | | | 9 |
| | | | 3 | | 6 | | | |
| 2 | | | 7 | | | 1 | 3 | |
| 1 | 4 | | 2 | | | | 6 | |
| 3 | | 6 | | | | 2 | | 8 |
| | | | | | | | 7 | |

9 To 5 By Harley Schwadron



SCRABBLE G R A M S

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E1 E1 O1 S1 T1 P3 S1 3rd Letter Double

A1 I1 Y4 R1 R1 N1 T1

A1 I1 I1 O1 N1 L1 S1

E1 U1 D2 P3 R1 C3 S1

A1 U1 Y4 T1 N1 H4 S1 Triple Word Score

PAR SCORE 250-260

BEST SCORE 328

FIVE RACK TOTAL

TIME LIMIT: 25 MIN

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

TLAGO

RAYHI

PLUTIP

EETUQA

Print your answer here:

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Kruek

So, how did you do on your math test?

OK, I guess, if 100% is pretty good.

Wow!

AFTER AING THE MATH TEST, HER PARENTS ASKED HOW SHE DID, AND SHE ANSWERED ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Guess Who?

I am an actor born in New York on August 26, 1980. I have six siblings and began acting at the age of 4. I have been in many successful movies, including a franchise about a kid being left at home.

Sudoku #2

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 7 | | | | 3 | | 6 |
| | | 4 | 1 | | | | | 7 |
| | 9 | | | | 2 | | | 5 |
| 4 | | 8 | | 1 | 5 | | 6 | 2 |
| | | | 2 | | | | | |
| | 5 | | | | 6 | | | |
| | | | 6 | | 9 | | | |
| | | | 5 | | 4 | 9 | 8 | |
| | | | | 8 | | | | |

Puzzles & Comics
Answers on page 20

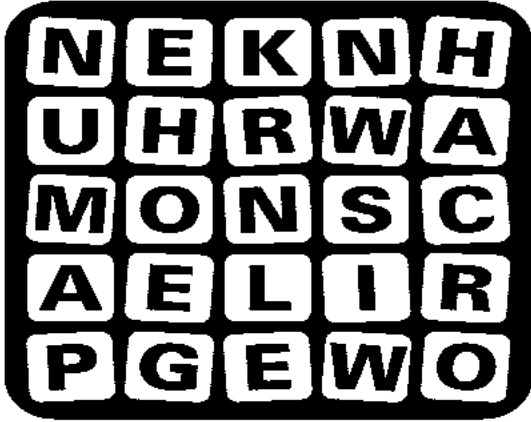
⊙ ** ☐ ☹ ☼ ~ ☾ ☿ ✧ ✨ ✖ ✨ ✚ ✨ ✨ ✨ ✨ ☾ ✨ ☿ ✨ ☿ ☿ ☿ ☿ ☿
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
CRYPTO FUN
☐ ☾ ☿ ☼ ☿ ☿ ☿ ☼ ☼ ☼
Determine the code to reveal the answer!

Solve the code to discover words related to water quality.
Each number corresponds to a letter.
(Hint: 6 = E)

- A.** 12 20 3 10 6 21
Clue: Removes impurities
- B.** 16 4 15 21 18 10 6
Clue: Absorb water
- C.** 21 6 14 6 21 17 24 20 21
Clue: Used as a water supply
- D.** 22 20 22 6 14
Clue: Carry water



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

- BOGGLE POINT SCALE**
- 3 letters = 1 point
 - 4 letters = 2 points
 - 5 letters = 3 points
 - 6 letters = 4 points
 - 7 letters = 6 points
 - 8 letters = 10 points
 - 9+ letters = 15 points

- YOUR BOGGLE RATING**
- 151+ = Champ
 - 101-150 = Expert
 - 61-100 = Pro
 - 31-60 = Gamer
 - 21-30 = Rookie
 - 11-20 = Amateur
 - 0-10 = Try again

Boggle BrainBusters Bonus
We put special brain-busting words into the puzzle grid. Can you find them?
Find AT LEAST NINE BIRDS in the grid of letters.

WATER QUALITY WORD SEARCH

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| H | D | K | K | Q | I | F | Y | Q | S | E | I | C | E | P | S | Y | M | O | M |
| H | E | F | S | M | S | I | N | A | G | R | O | N | U | I | D | D | L | L | R |
| H | C | E | Y | S | T | N | E | M | I | D | E | S | F | I | G | T | X | B | D |
| A | O | A | T | A | D | H | C | U | W | A | S | T | E | W | A | T | E | R | A |
| B | L | G | W | H | E | O | B | S | O | D | E | D | W | N | A | Q | I | C | Q |
| I | O | F | M | A | C | S | N | T | I | Y | M | Y | R | E | N | N | I | M | U |
| T | G | R | E | C | L | A | I | M | E | D | M | R | Y | A | K | E | R | D | I |
| A | I | L | K | G | N | R | B | D | F | L | W | R | E | I | D | S | F | B | F |
| T | C | G | N | I | R | O | T | I | N | O | M | B | N | G | H | N | S | G | E |
| Q | A | M | W | K | W | Q | E | C | R | Q | D | G | M | Y | Q | R | A | T | R |
| R | L | X | H | N | I | H | G | H | X | S | D | A | T | C | E | Q | N | T | T |
| F | E | F | P | T | L | O | O | P | I | A | N | I | F | T | M | A | C | U | S |
| E | F | N | X | L | D | C | F | B | O | A | N | L | E | E | N | L | R | N | B |
| X | F | W | K | X | L | M | E | X | G | U | H | M | T | I | A | B | Q | Q | L |
| P | L | W | M | P | I | T | T | E | M | I | A | S | M | C | I | N | U | K | H |
| O | U | U | K | K | F | K | M | M | R | R | Y | A | I | D | W | H | A | I | T |
| S | E | E | F | C | E | E | O | A | A | S | T | M | I | P | Y | T | L | G | W |
| U | N | X | Y | N | N | C | U | P | O | N | E | T | K | M | S | T | I | G | X |
| R | T | O | L | T | A | C | H | C | O | H | Y | T | Y | Y | U | D | T | O | L |
| E | M | E | A | S | U | R | E | C | C | W | X | X | B | T | I | A | Y | W | A |

WORDS

- AQUIFER
- CHEMICAL
- COMMUNITY
- CONTAMINANT
- DATA
- DRINKING
- ECOLOGICAL
- ECOSYSTEM
- EFFLUENT
- EXPOSURE
- HABITAT
- MANAGEMENT
- MEASURE
- MONITORING
- ORGANISMS
- PARAMETERS
- QUALITY
- RECLAIMED
- SEDIMENT
- SPECIES
- STANDARDS
- TURBIDITY
- WASTEWATER
- WILDLIFE

Find the words hidden vertically, horizontally, diagonally, and backwards.

RELIGION

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study at 10 in Clubhouse 3, Room 2; the Hymn Sing will be held Sunday, Aug. 28, at 6 p.m. in the Clubhouse 3 Lobby.

Sermon for this week: Politics have always been rich with intrigue, jealousy, lies and contempt. But at one point in history, the rulers of Israel and Judah not only wanted people out of office, or better yet, dead.

Athaliah was the daughter of two of the most evil characters recorded in the Bible. When her son, Ahaziah died, she seized power and proceeded to systematically exterminate the rest of the family so she could rule. But when God is working his will, there is always a twist

to the story.

LWers can learn how this story with such treachery and sadness, brings glory to God and can encourage believers today with a message from Pastor Chuck Franco on Sunday, Aug. 28. The Hymn Sing will be held on Aug. 28 at 6 p.m. in the Clubhouse 3 Lobby. All LW residents and friends are welcome to enjoy the old hymns, followed by a brief teaching and fellowship.

Bible Study: Pastor Chuck will lead session 2 of the series, "Whisper," by Mark Batterson.

Sometimes the best way to get someone's attention is to whisper. When there are many voices screaming for attention, it might seem as if God's voice is drowned out.

However, those listening for

his voice will hear him. This study trains the spiritual ear to hear God speaking. A short teaching video clip is followed by a focused discussion and student participation.

Contact: More information can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck Franco's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

Beit HaLev

The High Holy Days will begin one month from now. Beit HaLev is preparing for live, in-person services for the first time since before COVID-19. All services will be held for Rosh Hashanah, Yom Kippur, Sukkot and Shemini Atzeret/SimchatvTorah in Clubhouse 3, Room 4.

- **Erev Rosh HaShanah:** Sunday, Sept. 25, at 5 p.m.
- **The First Day of Rosh Hashanah:** Monday, Sept. 26, at 10 a.m.
- **Kol Nidre:** Tuesday, Oct. 4, at 5 p.m.
- **Yom Kippur:** Wednesday, Oct. 5, at 10 a.m.
- **Erev Sukkot:** Sunday, Oct. 9, at 5 p.m.
- **First Day of Sukkot:** Monday, Oct. 10, at 10 a.m.
- **Erev Shemini Atzeret/Simchat Torah:** Sunday, Oct. 16, at 5 p.m.
- **Shemini Atzeret/Simchat Torah:** Monday, Oct. 17, 10 a.m.

Regular weekly, in-person Friday evening Shabbat services will return following the High Holy Day season; services will be held every Friday, beginning Nov. 4 at 5 p.m. in Clubhouse 3, Room 4.

The Second Days of Rosh Hashanah and Sukkot and the Neila (Closing) service for Yom Kippur will be live-streamed on Zoom, Facebook and YouTube only. Beit HaLev continues to Livestream all services on www.Facebook.com/galityomtov, YouTube.com (Beit HaLev LIVE! Channel) and Zoom.

Livestream services for the Friday Shabbat evening and Saturday morning service can be found at <https://us02web.zoom.us/j/9152434704>. The meeting ID is 915 243 4704, and the passcode is RavGalit.

This week's Torah portion is "Re'eh," (See) from Deuteronomy 15:1-16:17. Moses reiterates and clarifies the regulations concerning the remission of debts and the release of debt-servants after seven years; laws concerning the observance of the Three Festivals, Passover, Shavuot and Sukkot are given. The people are told they must now observe the rituals in a specific "Chosen Place" (the future Beit HaMikdash) rather than in their own communities. Women are excluded from the pilgrimage ceremonies, perhaps because of the difficulty of traveling with small children, or more likely because in an agrarian society, the flocks and the crops could not be left unattended for two weeks.

All Beit HaLev services use special prayerbooks, "Lev L'Lev," which include excerpts from the Reform Siddur, "Mishkan HaT'filah." Printed versions of the prayerbooks will be available for sale at in-person services.

Beit HaLev and Rabbi Galit-Shirah are part of the Union of Jewish Universalist Clergy and Communities. It is progressive in thought and traditional in liturgy. Everyone who seeks a path to the Divine is welcome, and Beit Halev doesn't believe in labels.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and can be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Faith Christian Assembly

When Pastor Sheri Lemming's grandmother, "Nonna" Vaughn, first heard her preach, she told her, "Sheri, don't ever refuse an invitation to speak." Pastor Sheri heeded her exhortation and has never turned down an invitation since her charge that day.

Years later, Pastor Sheri would go on to be invited to speak in Trinidad, Tahiti, and South Africa.

Believers serve a God who

wants them to delight in him. When believers do so, he will plant desires that he wants believers to fulfill. He is glorified when people trust him to give and his dreams for their lives.

"Delight yourself also in the Lord, And he shall give you the desires of your heart" (Psalm 37:4).

There is a contrast between Abram and Lot in Genesis 13. Abram built an altar and called on the name of the Lord. He

sought direction from his God. Lot, on the other hand, chose for himself and pitched his tent in Sodom. Which turned out to be a devastating decision.

"But I trust in you, Lord; I say, 'You are my God. My times are in your hands'" (Psalm 31:14-15).

Join Faith Christian Assembly for its Sunday services at 10:30 a.m. and 5:30 p.m., with pre-service prayer in the Garden

FCA, page 9

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays; Relief Society and Elders Quorum meetings are on the second and fourth Sundays. Primary

classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at (562) 212-8681.

The course of study is the Old Testament. Personal reading should be those chapters in

Proverbs and Ecclesiastes not covered by this study. The study for the week of Aug. 29 covers Proverbs Chapters 1-2, 15-16, 22 and 31, plus Ecclesiastes Chapters 1-3, 11-12.

The first chapter of Proverbs reads, "My son, hear the instruction of thy father, and forsake

PROVERBS, page 9

We would like our patients to meet our new associate Dr. Taylor J. Sant

For those who do not have dental insurance, we offer new patients a \$35⁰⁰ exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.



Philip P. Nguyen, D.D.S., ADA, CDA, OCDS Over 20 years experience



Ella J. Chen, D.D.S., ADA, CDA, Over 10 years experience



Taylor J. Sant, D.M.D. Over 4 years experience

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LW Baptist

LW Baptist will come together to celebrate the church growth in Europe at its Sunday worship service at 10 a.m. in Clubhouse 4.

Thessalonica in Northern Greece, important in the First Century and strategic in the church's outreach to Europe (Acts 17), is to this day Greece's second-largest city and a major transportation hub for Greece and southeastern Europe, notably through its seaport on the Aegean, providing access by sea, motorway and railway. The apostle Paul points the new converts in that city to their roots and transformation by the gospel, when he says, "You turned to God from idols to serve a living and true God, and to wait for his son from heaven, whom he raised from the dead, that is Jesus, who rescues us from the wrath to come."

During the service, the choir will sing, "Yesterday he died for me/Today he lives for me/Tomorrow he comes for me."

People can find more information about the church and this week's schedule by calling (562) 430-8598.

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www.sydsyumystuff.com

Community Church

Community Church has been studying an ancient translation of the Bible in Aramaic, which is considered to be the language of Jesus and the first disciples. This Aramaic version has been translated directly into English only recently and it yields all kinds of amazing insight. For one, Jesus talks about counsel instead of kingdom. It is a dramatic shift that means rather than waiting for God to act, believers must act according to the counsel of God to create the community Jesus had in mind.

Community Church is often called “the friendly church” and welcomes people of all backgrounds. It invites new people to come early for a cup of coffee before worship to get a feel for the community and stay for award-winning music and a powerful message.

Due to COVID cases rising, people who want to attend the in-person worship service must provide proof of vaccination but masking is optional. The church also offers online services for those who do not want to risk exposure.

Entrances to the church may be found both at the front of the church and the pedestrian gate between the church and the shops.

Those who are in need without another way to address it can call the church office line at (562) 431-2503.

Redeemer Lutheran

“The Lord invites You to” is the theme for Redeemer Lutheran Church’s Sunday service on Aug. 28 at 10:30 a.m. It will be the conclusion of Scriptural lessons from the book of Hebrews that emphasizes love, hospitality, entertaining angels unawares and seeking the Lord’s help in all situations and challenges in life.

Redeemer Lutheran is located at 13564 St. Andrews Drive, across from the Administration building where ample parking is provided.

Susan Sinner will sing an uplifting solo of “Morning Has Broken.”

For more information about the service or the work of the church, call (562) 598-8697.

Buddha Circle

Buddha Circle will meet on Saturday, Sept. 3, with Ven. Kusala in Clubhouse 3, Room 1, from 9:30-11 a.m.

Ven. Kusala is well-known in the Buddhist community and presents Buddhism in a simple way. He teaches people how to suffer less and become happier.

Donations are welcome and will support Kusala in his teachings. For more information, go to www.urbandharma.org or call (714) 468-6887.

PROVERBS from page 8

not the law of thy mother” (Proverbs 1:8). Proverbs can be seen as a collection of wise sayings from a loving parent, whose main message is that blessings of peace and prosperity come to those who seek wisdom—particularly God’s wisdom. But Proverbs is followed by the book of Ecclesiastes, which seems to say, “It’s not that simple.”

The preacher quoted in Ecclesiastes observed that he “gave [his] heart to know wisdom” but still found “vexation of spirit” and “much grief” (Ecclesiastes 1: 17-18). In a variety of ways, the book asks, “Can there be real meaning in the world where everything seems vain, temporary, and uncertain?”

FCA from page 8

Room at 5 p.m. each week. Bible Study is held on Wednesdays at 11 a.m.

To receive a free newsletter or more information on the church, call (562) 598-9010, email contact@fcachurch.net, or visit the website at www.FCAchurch.net.

Hymn Sing

The Hymn Sing, sponsored by LW Assembly of God Church, will be held this Sunday, Aug. 28, at 6 p.m. in the Clubhouse 3 Lobby. All residents are welcome to attend.

People will be able to choose a favorite hymn to sing, and then make new friends at the ice cream social following the event.

Celebrity

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First Christian Church

First Christian Church of Leisure World teaches from God’s word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors. People are welcome to worship and explore God’s word together “that we may be mutually encouraged by each other’s faith, both yours and mine” (Romans 1:12).

Message From the Pastor

The first verse in the book of Genesis ends with “and the earth.” Genesis 1:2 describes the earth from its beginnings. “The earth was without form and void, and darkness was on the face of the deep. And the Spirit of God was hovering over the face of the waters.”

The timing of the created earth has been debated for centuries with the evolving conclusion that the event was millions or even billions of years ago. With every new scientific advancement the time seems to change. The extended number of years seems to be required for them to support the evolutionary process.

The biblical view gives a different time frame of thousands of years. Who is right?

In Job 38:4, God asked Job, “Where were you when I laid the foundation of the earth? Tell me if you have an understanding.”

Job was not there and did not have an understanding and neither are there any eyewitnesses or scientists in present day claiming their science proves them right beyond doubt.

Who should be believed? Maybe by starting with the recorded description from the one eyewitness who was there, the creator, God himself.

The Sunday message at First Christian Church this week will be a study of what the only eyewitness had to say.

Weekend Services

Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano.

Saturday services are more

contemporary with Gregory Black leading in worship with guitar accompaniment. The Saturday service is held from 9:30-10:45 a.m.

Midweek Studies

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday’s Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Friday’s prayer and Bible study is from 6-7 p.m.

Scripture of the Week

“My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your sight; Keep them in the midst of your heart. For they are life to those who find them and health to all their body” Proverbs 4:20-22 (NASB).

Contact

First Christian Church is located on Northwood Road behind Carport 125.

Those who want more information or have a need can call (562) 431-8810.

Congregation Sholom

On Friday, Aug. 26, Congregation Sholom will hold a potluck dinner prior to services in Clubhouse 3, Room 9, at 5 p.m. A sign-up sheet has been sent to members. There will be a magic show presented by Edwin Smith following dinner at 5:45. Services conducted by Rabbi Mike Mymon will begin following the show at 6:30 p.m. and will also be available on Zoom. Hybrid services continue on Saturday, Aug. 27, in Clubhouse 3, Room 9, and via Zoom with Rabbi Mymon at 10 a.m. To receive a Zoom invitation call or text Jeff Sacks at (714) 642-0122.

This week’s Torah portion is Re’eh from the book of Deuteronomy. Re’eh (“See”) details a series of laws in advance of the Israelites’ entrance into the Land of Israel. These include the obligation to destroy idolatry, laws of tithing and charity, di-

etary laws, holiday laws, and the prohibition of offering sacrifices outside of the place designated by God.

Those who want to join Congregation Sholom should call Howard Brass at (714) 396-0121 for a membership packet.

The LW Weekly

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| LUNCH | | | | |
| Bacon & Spinach Strata | Taco Tuesday Chicken, Beef Tacos Spanish Rice | Summer Peach Salad w/Chicken, Avocado, Pecans & Blueberries | Chicken Basil & Puffs Mixed Greens | Stuffed Avocados w/Honey Curry Bay Shrimp Salad |
| Mixed Fruit | Flan | Watermelon | Mixed Berries | Honeydew & Blueberries |
| DINNER | | | | |
| Barbecue Chicken Corn on the Cob Baked Beans | Basa w/ Capers, Parsley & Lemon Butter Sauce | Swedish Meatballs Mashed Potatoes | Fresh Catfish Roasted Red Pepper Cream Sauce | Poached Salmon Florentine Asparagus Scalloped Potatoes |
| Chocolate Cake | Cantaloupe & Raspberries | Tiramisu | Strawberries & Kiwi | Brownie |

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HEALTH & FITNESS

HCC

Are vitamin and mineral supplements necessary?

by Sylvia Hernandez
Optum HealthCare Center

Consider this: more than 80% of mature adults (age 55+) take vitamin or mineral supplements, according to an AARP survey in 2019. This brings to mind a simple question, are supplements worth taking? As adults mature, the body isn't as efficient in absorbing nutrients. To add to this nutrient deficit, many older adults lack the energy, appetite or resources to ensure an adequate food intake. Taking a vitamin or mineral supplement appears to be an easy and inexpensive remedy. Although there's a multitude of different supplements to take, here are three that may be good to add to your dietary regimen. Always make sure to check with a physician or health care provider first:

Calcium: Known as the "bone builder," this mineral is important in the prevention and treatment of osteoporosis (brittle bone disease). A general recommendation for older adults is 1200 milligrams per day. Food sources that are naturally high in calcium include

milk, cheese and yogurt (preferably low in fat), tofu, almonds and almond milk, broccoli, kale, and spinach. Calcium-fortified products such as orange juice are also good sources. Caution should be taken to avoid calcium supplementation if you have calcium-containing kidney stones or calcium build-up within the heart arteries. Confer with your physician if this is suspected.

Vitamin D: This vitamin is necessary to assist with the absorption of calcium for bone health. It also plays a role in maintaining a healthy immune system and is helpful in maintaining hormonal balance in men and women. A recommended amount of Vitamin D for older adults is 25 micrograms. Food sources that are naturally high in Vitamin D are egg yolks, cheese (preferably low in fat), and fatty fish such as salmon and tuna. Vitamin-D fortified milk products are also good sources. Your physician will alert you if you have a Vitamin D deficiency and require more Vitamin D supplementation.

Vitamin B: This vitamin is necessary in breaking down

food for energy, growth of red blood cells, and proper nerve function. There are eight different B vitamins including thiamin, riboflavin, niacin, pantothenic acid, pyridoxine, biotin, folate and co-balam. When supplementing, it may be less confusing and more economical to supplement with B-complex. This type of supplement will generally have all of the B vitamins packed into one caplet. However, not all Vitamin B complex supplements contain B-12, so make sure to check the label on the bottle. Since the recommended amount of each B vitamin varies, a percent Daily Value of 50-100% of each B vitamin listed on the label is sufficient. Food sources that are naturally high in B Vitamins are beans and lentils, brown rice, eggs, milk products, leafy greens, avocados, fish, poultry and beef. Fortified whole grain breads and cereals are also good sources. Vitamin B-12 can only be found naturally in animal products or brewer's yeast.

This article is to provide general information and is not intended to substitute the advice of your physician.



Darleen Gardner, Rita Lombardi, Shirlene Bradrick and Judy Crimmins were all celebrated for their weight loss at Wa-Rite's Aug. 12 weigh-in.

Wa-Rite

The LW Wa-Rite group recorded a 25-pound weight loss for the week of Aug. 12. There were three biggest losers: Darleen Gardner, Rita Lombardi and Shirlene Bradrick, who each recorded a 3-pound loss. Judy

Crimmins was crowned Queen of the Month for July.

Wa-Rite encourages its members to believe that they can achieve their weight loss goals. Believing is half the battle.

The group also talked about

enjoying the weather while getting exercise in the form of walking, swimming or biking.

The weekly weigh-in is from 8-8:45 a.m. and the meeting begins at 9. Everyone must present a GRF ID at the door.

Joyful Line Dance Class

Joyful Line Dance meets upstairs in Clubhouse 6 every Thursday from 10:30 a.m.-12:30 p.m.

The club provides Leisure World residents a way to improve their physical, social and mental well-being each week through dance and community.

The Joyful Line Dance Club has multiple leaders who take turns leading the class to add variety. Noly Anglo is a new leader to the class and brings

fresh new steps as the group welcomes him.

Other Joyful Line Dance instructors are Albert Comia, Connie Peck, Caryn Lynn Stel, Kelly Johnson, Anna Derby, Chung Cha Lewis, George Pinada and Sunny Kim.

For safety and health reasons, classes are first-come, first-served for the first 30 people.

Face masks are strongly recommended.

Sandals and flip flops are not

allowed.

Those who show up with inappropriate shoes will be turned away. No membership is required to attend the free class.

For more information, text (562) 301-5339.

-Anna Derby

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Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, you must contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Aug. 25: Spaghetti and meatballs with marinara sauce, whole grain roll, seasoned broccoli, fresh pears, ham, turkey and cheese sandwich with lettuce, tomato and pickle, plus marinated beet salad.

Friday, Aug. 26: Chicken enchilada casserole with red sauce, pinto beans, seasoned cauliflower, chef's special cake, taco salad with shredded chicken, diced tomato, corn, black beans, cheese, cilantro, and salsa dressing, plus crackers.

Monday, Aug. 29: Sweet and sour pork with sticky white rice and zucchini medley, vanilla pudding, tuna salad sandwich with spinach and tomato, plus marinated cucumber and onion salad.

Tuesday, Aug. 30: Turkey a la King, biscuit, green beans with pimentos, orange, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, plus crackers.

Wednesday, Aug. 31: Beef, lasagna, whole grain dinner roll, broccoli and cauliflower, watermelon, turkey and cheese sandwich with lettuce, tomato and pickle, plus tomato salad.

Yoga Club

Residents are invited to learn what yoga can do to lessen stiffness every Wednesday at 9 a.m. in Clubhouse 6. Outdoor yoga is held at Veterans Plaza on Tuesdays at 10:15 a.m. The cost is \$8 per class.

Body stiffness makes movement become more difficult as people age. Slow yoga movements warm up muscles while deep breathing increases blood flow. When people are stronger and more flexible, stiffness can disappear and posture improves.

Online Zoom classes with longtime, local instructor Jenny Ahn are also available for residents to attend on Tuesdays and Thursdays starting at 10 a.m. The cost is \$5 per class.

This year continues to provide hope and more tolerance. Residents are encouraged to add yoga to their daily routine to make the year even better.

For information, call Connie Adkins at (562) 506 5063.

-Connie Adkins



Dance Fitness

Enjoy moving to fun, energetic music, including oldies, current music and different rhythms, while working muscles, improving balance, and increasing strength and stamina. Classes are held at Veteran's Plaza on Mondays at 4:30 p.m. and upstairs in Clubhouse 6 on Tuesdays at 8:30 a.m.

For more information, contact Jim Blanchard at (714) 487-2446.

Zumba

The Zumba Club meets Wednesdays at 4:30 p.m. at Clubhouse 6 upstairs in the fitness center and Fridays at 8:30 a.m. at Veterans Plaza.

"It's an hour of great energy and great music that will leave you with a smile on your face," says club secretary and treasurer Shannon Brennan. "The exercises are moderate intensity, easy to follow and is a good workout for all levels."

For more information, call Peggy Beste at (310) 489-2390.

Leisure Leggers

The Leisure Leggers, a running and walking club in Leisure World for more than 20 years, meets every Monday at Clubhouse 6 at 8 a.m. for a brisk trot around the neighborhood, followed by coffee and camaraderie. Dues are 99 cents per year.

For more information, call club president Tom Pontac at (562) 304-0880.



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SPORTS



Dianne Daley (l) and Kat Goyan await their turn to compete during the bocce ball tournament.

Bocce Ball

After winning 23 consecutive bocce ball matches and two LW Championships, Vicki Mingus and Terry Thrift lost their first match on Aug. 14. Vicki and Terry were beaten by Mingus' sister, Kristi Martin and her husband, Juan Melendez. The final score was 10-3.

As of Aug. 18, there are 25 teams that have won at least two matches. Below are the winning teams for each league.

Saturday League: Team 1: Connie Adkins and Paul Shellenberger; Team 5: Pat Fellers and Jack O'Brien; Team 9: Sue O'Brien and Joanie Wilkins; Team 10: Valerie Strong and Rod Osgood; and Team 12: Rosie and Steve Erdrich.

Sunday League: Team 2: Uly Chibisov and Judy Noble; Team 3: Irvine Bernstein and Kathy Conley; Team 4: Vicki Mingus and Terry Thrift; Team 8: Donna Gorman and Lilly Hughes; Team 10: Melli and Sal Herrera; Team 11: Kristi Martin and Juan Melendez; Team 13: Gwenn and Roy Robertson; and Team 14: Connie Terry and Jerry Wrenn.

Tuesday League: Team 1: Ellie West and Roger Bennett; Team 2: Chandra and Harshad Patel; Team 3: Jan Wegrocki and Billy Holden; Team 5: Rhonda Cox and David Brito; Team 6: Mary Dominick and Jane Haass; Team 10: Doris Morton and Mary Jane Thome and Team 11: Digna and Gene Vesely.

Thursday League: (after two weeks of play) Team 1: Paul Alloway and Trai Nguyen; Team 2: Margie Thompson and Walt Bier; Team 8: Mary Greig and Dale Williamson; Team 9: Marilyn Hewitt and Marv Jones; and Team 13: Elisha and Victor Wadel.

Remember, each team has four remaining matches to catch up from behind or continue to secure a victory.

— Terry Thrift

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Guys and Gals Golf Tournament

The first Guys and Gals Tournament of the month was played on Aug. 17. Teams of variously skilled golfers with one man and one woman vied for best net scores (gross score minus handicap), plus two circle holes (shots within a 5-foot radius are rewarded), and two closest to the pin challenges. The Turtle Lake Golf Course is a 1,658-yard 18 hole, par 54 course that tests all who play.

A total of 30 teams (60 players) teed off and played 18 holes. The morning was initially hazy, but became sunny fast with little wind. Temperatures rose steadily until it was in the low 80s by round's end. The greens still have numerous weed patches, and the lack of dirt/seed-based divot-fix repair material is now turning the once well-kept tees into sand traps.

There were 11 circle holes winners and 43 birdies. Closest to the pin on hole No. 8 hole was Bob Barnum and Hae Lee, and Bruce Bowles and Devora Kim on hole No. 17. The lowest gross score was carded by Won Song and Jane Song at even par 54. The lowest net score was by James Choi and Grace Choi at 42 (12 under). Lowest gross score was a tie at 53 (one under) by Young Lee and Hae Lee, and Glenn Barry and Karen Mendon.

Golfers are responsible for their own tee box divots and ball marks on the greens. Every golfer is asked to repair their own marks, plus one more to keep the greens in shape.

All scores are net (gross minus handicap). A Flight handicaps are 0-9, B Flight handicaps are 10-12, and C Flight handicaps are 13-18.

A Flight: First place: Young Lee and Hae Lee, a terrific 10



Yong Kim (l), who scored a hole in one during last week's Men's tournament on Aug. 10, and his wife, Myoung Kim, competed in the Guys and Gals Tournament on Aug. 17.

under 44; second: Glen Barry and Karen Mendon, a very nice 9 under 45; third: tie between John Kolthoff and Anne Walshe and Bob Barnum and Kyung Ju, a well-played 8 under 46; fourth: tie between Bruce Bowles and Linda Herman and Richard Jun and Nina DeRosa, a super 7 under 47; fifth: Bob Turner and Janice Turner, a sweet 6 under 48; sixth: Pat Paternoster and Mary Grieg, a rewarding 5 under 49.

B Flight: First place: James Farr and Sandy Derouin, a hard-earned 10 under 44; second: Yong J. Kim and Myoung Kim, an excellent 9 under 45; third: tie between Dave LaCascia and Liz Meripol and Joon Sup Yoon and Young Yoon, a marvelous 6 under 48; fourth: Ken Notorleva and Pam Krug, a very good 4 under 50.

C Flight: First place: James Cho and Grace Choi, a tourna-

ment best 12 under 42; second: Brian Tivnan and Patty Littrell, a fine 6 under 48; third: tie between Steve Kang and Connie Kang and Dennis Jensen and Marilyn Hewitt, a very good 5 under 49; fourth: tie between Bill Zurn and Neve Senske and Lee Broadbent and JoAnn Lim, a sweet 4 under 50.

The next Guys and Gals Tournaments will be held on Aug. 31 and Sept. 21. The Men's Tournament is held every second and fourth Wednesday.

Those who had planned to play in any tournament and need to withdraw their name, need to contact either Alan Sewell at (541) 324-8558 or Dave LaCascia at (801) 674-5975 as soon as possible.

Golfers are asked to arrive 10-15 minutes prior to the scheduled tee time and be ready to play.

— Dave LaCascia

Women's Golf

Forty-six women competed for low gross, low net and fewest putts at the Women's Golf Tournament on Aug. 16.

The results were:

Flight A: Low gross: Soo Choi, 29; low Net: Young Suk, 25; Fewest Putts: tie between Soo Choi and Karen Mendon,

12 putts.

Flight B: Low Gross: Pam Krug, 30; low net: three-way tie between Janice Turner, Susie Kim and Chong He Kim, 25; fewest putts: Hae Lee, 10 putts.

Flight C: Low gross: Theresa Lim, 31; low net: Keiko Sekino, 24; fewest putts: Patty Littrell,

11 putts.

Flight D: Low gross: Liz Meripol, 36; Low Net: Sandra deDubovay, 25; fewest putts: Liz Meripol, 12 putts.

— Anne Walshe

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Men's Golf Leauge Aug. 12 and 15 Results

On Aug. 12, nine intrepid golfers of the Leisure World Golf League challenged the 6,000-yard, par 71 Willowick Golf Course in Santa Ana. It was a very humid and hot morning that continued to increase in temperature as the round progressed.

The fairways were in unfavorable conditions—the grass was not cut and very clumpy. Many balls in the fairway had to be searched for, making the round longer than normal. With the poor conditions, none of the nine scores were at or under par and the course yielded only one birdie. There are no water hazards, but with many large and sinister sand traps this course challenges everyone. Add its length and Willowick becomes a course not to take lightly.

All scores are net (gross minus handicap). A Flight handicaps are 0-19, while B Flight handicaps are 20 and over.

A Flight: First place: Jim Goltra, a hard-earned 1 over 72, plus tie for fewest putts; second: Larry Hillhouse, a well-played 3 over 74, plus the lone birdie; third: tie between Gary Stivers, and Chris Lankford, plus tie for fewest putts.

B Flight: First place: Gene Vesely, a very nice 2 over 73; second: Lowell Goltra, plus closest to the pin on the 140-yard par 3 hole No. 12; third: tie between Bob Munn (with fewest putts) and Fujio Norihiro, 5 over 76; fourth: Digna Vesely.

Twelve golfers from the Leisure World Men's Golf League played on Aug. 15 at the 5,600-yard, par 70 Riverview Golf Course in Santa Ana. The weather was initially sunny and very humid and warmed up significantly by round's end. With the front nine significantly

shorter than the back, each player's score tends to be 4-6 strokes higher on the back. If the players can avoid this, the scores will be better than average. Major elevation changes and sloping fairways add to the challenge this course presents.

Riverview is still maintained quite nicely with well-manicured fairways and greens. Considering the very satisfactory playing conditions, it was surprising that the course only permitted five of the 12 rounds to be at or under par and yielded just one birdie.

A Flight: First place: Chris Lankford, very nice 4 under 66, plus a birdie; second: Gary Stivers, a well-played 2 under 68; third: tie between Jim Goltra (with low putts) and Dave LaCascia, a hard earned 1 under 69; fourth: Clay Fischer, plus closest to the pin on both the 90-yard par 3 hole No. 9.

B Flight: First place Bob Munn, a terrific 5 under 65; second: tie between Tom Ross

and Gene Vesely, a super 3 under 67, third: Lowell Goltra, at 2 over 72; fourth: tie between Fujio Norihiro (plus closest to the pin on both the 140-yard par 3, hole No. 2), Liz Meripol (with low putts), and Digna Vesely.

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World.

The courses are often full, so advance reservations are available via a sign-up sheet at each round.

There is a prize pool for each round that players are not obligated to enter.

Rewards are given for low net and fewest putts in each flight, birdies and closest to the pin on two par-3 holes. Holes-in-one and eagles (2 under par), although infrequent, are generously rewarded.

Those interested in joining the league can contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

-Dave LaCascia

Pool League

The Leisure World Pool League's monthly doubles eight ball tournament was held on Aug. 17.

To form the 12 two-person teams, the lower-ranked players picked the higher-ranked players for their partners.

In the first of six rounds, Zelma Berkenkamp and Bill Clawson won over Shery Wells and Gary Monahan. This would prove to be an important match, since both of those teams finished with five wins and only one loss. The other important match came in the fifth round when Tommy Flaviano and Paul Snellenbacher played Dave Silva and Roy Mittlestead. Both teams had won their first four games. Flaviano sank the eight ball for an easy win to take his team to five wins, with only one game to play.

Flaviano and Snellenbacher won their last game for a perfect six and zero score to take first place. If they had lost that game there would have been a four-way tie for first place. The three-way tie for second place was between Shery and Gary, Bill and Zelma and Dave and Roy.

The next monthly eight ball tournament will be held on Saturday, Sept. 24, in Clubhouse 2 at 1:30 pm.

Pickleball Players Club

The LW Pickleball Players Club will meet Sunday, Sept. 4, at 5 p.m. in Clubhouse 2. It will be the first monthly meeting after the club's summer hiatus.

The theme of the potluck dinner will be Indian food and the winners of the "Dinking Tournament," which took place over the summer, will be announced.

For more information about the Pickleball Club, contact President Linda Evenson at (561) 577-3283 or email lwsbpickleball@gmail.com.

SBTV Fitness

The following weekly exercise classes air on SBTv via TWC Spectrum CH3, Frontier Fios CH37 and sbtv3.org/schedule.

Sunday

5:30 a.m.: Feeling Fit
6:30 a.m.: Silver Age Yoga
Monday
6:30 a.m.: Feeling Fit
8:30 a.m.: Silver Age Yoga
Noon: Silver Age Yoga

Tuesday

7:30 a.m.: Feeling Fit
11 a.m.: Yoga for All Ages
Wednesday
5:30 a.m.: Yoga for All Ages
6 a.m.: Feeling Fit
7:30 a.m.: Silver Age Yoga

Thursday

6:30 a.m.: Silver Age Yoga
8:30 a.m.: Feeling Fit
Noon: Feeling Fit
Friday

6:30 a.m.: Silver Age Yoga
8:30 a.m.: Feeling Fit
Saturday
6:30 a.m.: Silver Age Yoga
8:30 a.m.: Feeling Fit

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COMMUNITY

WOMEN'S CLUB

Reserve tickets for the Spaghetti Western Fundraiser

The LW Women's Club Spaghetti Western fundraiser will be held on Saturday Sept. 17 in Clubhouse 2 at noon. Dress is casual and in keeping with the theme, Women's Club Treasurer Sue Holbrook is opting for western wear. Don't miss this event, tickets are going fast. There will be a catered dinner live country-western music entertainment and huge raffle.

Dinner will be catered by the

popular Domenico's of Long Beach restaurant. Beverages such as coffee and tea will be served, but people may bring their own drinks. Dinner is followed by live entertainment provided by the well-known Anthony Bernasconi and his wife, Donielle.

This exciting evening will end with a raffle for a large array of gift cards, baskets and prizes donated by local businesses and

residents. Also, two grand prizes will be awarded through a special raffle for those who love golf. The first prize is a set of women's golf clubs. The second a round of golf for four at the Seal Beach Old Ranch Country Club.

Tickets are \$30 a person. Those who are interested in attending should contact Sally Fowler at (562) 493-5854.

-Beth Greeley

SUNSHINE CLUB

Dr. David Rae Park will speak Aug. 26

Dr. David Rae Park from the Optum Health Care Center in Leisure World will speak at the Sunshine Club's meeting on Friday, Aug. 26, in Clubhouse 3, Room 2, at 10 a.m.

Park will speak on a variety of topics including treating and managing congestive heart failure, aging and mental health, and how to manage depression.

Park is a family physician at the Health Care Center. He was born in Korea and grew up near Seoul until the age of 16, when he came to the United States to attend to high school in the Chicago area. He pursued becoming a family physician because he wanted to take care of people of all ages.

Park went to the University of California in Berkeley for his undergraduate study and then attended the University of Illinois College of Medicine in Peoria for medical school, followed by a residency program in Chicago.

To get to know and better understand his patients, Park provides meaningful care and support, and develops a therapeutic relationship of trust.

Park is available for new patients. He is fluent in English and Korean. To make an appointment with him at the Health Care Center, call (562) 493-9581.

All residents are welcome to join this meeting; light refreshments will be served. The Sunshine Club does not require membership fees, but accepts donations.

For more information about the club, contact Anna Derby at (562) 301-5339.



Dr. David Rae Park



Bob and Ellen Kabelitz on their wedding day.



Bob and Ellen Kabelitz at Spaghetini Restaurant and Jazz Club.

LW Anniversary

Bob and Ellen Kabelitz of Mutual 5 celebrated their 45th wedding anniversary on Aug. 13 with a romantic dinner at Spaghetini Restaurant and Jazz Club.

Fresh out of four years in the Navy, Bob met Ellen at El

Camino College in Torrance, California, after a family friend's pushy but well-meaning suggestion. They each were dating others at the time, but soon realized that God meant for them to be together.

They married a year later,

raised three beautiful daughters, and now enjoy spending time with their seven grandchildren and serving at their local church.

Happy anniversary to Bob and Ellen, and to many more wonderful years together.

ROLLIN' THUNDER CLUB

Air & Water Day will be held Sept. 3

The Rollin' Thunder Golf Cart Club will hold its quarterly Air & Water Day on Saturday, Sept. 3. The popular maintenance event will be held in the Clubhouse 4 parking lot from 8:30-10 a.m.

Entrance to the cart line-up will be on the exit/alley roadway that connects Northwood Road and North Gate Road on the east side of Clubhouse 3. Look for the signs and follow the traffic cones. Club volunteers and Security staff will be on hand to assist.

Club volunteers will check tire pressure and battery water levels. Many residents find it physically difficult if not impossible to perform these activities on their own. Yet, ignoring these two maintenance items can lead to serious accidents and stall-outs in traffic, as well as premature tire and battery wear.

There is never a charge for this valuable service, and all LW cart owners are urged to participate. Club membership is not required.

For more information, call club President Tom Davis at (562) 431-6859.

American Legion Post 327

American Legion Post 327 has several activities coming up. Bingo will be held on Sunday, Aug. 28, at 1:30 p.m. in Clubhouse 2.

On Monday, Sept. 5, the American Legion Post will hold its annual picnic beginning at noon in the Clubhouse 1 picnic area. The Post will provide the barbecue and drinks. All club members and veterans interested in joining are welcome. Auxiliary members are also invited, and requested to bring a salad, side, or dessert. People are asked to RSVP to Lee or Sandy Esslinger at (562) 430-2891.

The Post will hold another bingo event on Sunday, Sept. 11 at 1:30 p.m. in Clubhouse 2.

LW Birthday



Lou Daugherty celebrated his 96th birthday. Lou is a resident of Mutual 15.

Concerned Shareholders

The Concerned Shareholders Club will not meet until September.

SENIOR PEACE CLUB

Postcard party will be held Sept. 1

The Senior Peace Club's next meeting will be held on Thursday, Sept. 1, at 2 p.m. in Clubhouse 3, Room 9.

Because of the importance of the upcoming November elections, the club has decided to participate in a nationwide "Get-Out-The-Vote" postcard writing campaign.

Postcards and stamps will be provided along with sample messages to write on the cards. The goal is to complete 500 cards and get them in the mail before November. Many people believe that the fate of American democracy is at stake in this election, and it is essential that every concerned voter get out and cast their ballot.

Everyone is invited to attend this meeting and help with the task at hand. People are also encouraged to bring their friends. Membership in the club is not required to participate.

To add a festive note and keep everyone's spirits up, light refreshments will be served. Wearing masks at the meeting is strongly encouraged.

The club's monthly Peaceful Protest will take place in front of the globe on Wednesday, Aug. 31 from 4:30 -5:30 p.m., continuing the themes of sane gun legislation, Ukraine and women's reproductive rights. Signs will be available, but people are encouraged to bring their own appropriate signs as well. All concerned people are welcome.

For more information on both events, call Pat Kruger at (562) 357-4040.

American Sign Language Club

The American Sign Language Club meets on Tuesdays from 3:30-4:30 p.m. in Clubhouse 3, Room 6.

For more information, call or text Eileen C. Davis at (562) 212-9265.

Britannia Club

The LW Britannia Club will disband after its 20th anniversary meeting on Thursday, Sept. 8.

It's been an amazing 20 years. The club thanks all of its members for their contribution.

- Marion and Eric Dodd

Call the LW Weekly at (562) 430-0534



Ellen Brannigan (r), and Teresa Cortez Berumen

Find fresh vegetables and fair prices at the SB Farmer’s Market

by Ellen Brannigan
LW contributor

For 33 years Teresa Cortez-Berumen has been selling the freshest fruits and vegetables at Berumen Farms Inc., which is her brother’s business.

Cortez-Berumen works seven days a week. The Berumen Farms crops are grown in San Luis Obispo and brought to Anaheim Hills, where Cortez-Berumen packs the produce into her truck and delivers it fresh to different markets each day. Her daughter, Consuela, helps her even now.

“I love my customers” she says.

Customers love her fresh strawberries, blueberries and water-melons. Cortez-Berumen also has fresh green beans, zucchini, squash, broccoli, cauliflower, carrots, celery and beets. Berumen Farms’ Maui onions, heirloom tomatoes, oranges and lemons are big sellers at the markets. Soon, fresh corn and cucumbers will be available to purchase.

“Leisure Worlders love my fresh fruits and fair prices” Cortez-Berumen says.

The Seal Beach Farmer’s Market is held every Tuesday from 9 a.m.-1p.m. at the Seal Beach Village. Buses run hourly to the location at the corner of Seal Beach and Westminster Boulevards.



Donna Gambol from Mutual 1 (l-r), and Midge Bash and Kay Pushman from Mutual 14 were on the scene at the “America’s Got Talent” live shows in Pasadena. There is no charge for attending the shows, but folks must register to secure tickets through www.On-Camera-Audiences.com. On Camera Audiences manages audience population for dozens of television shows and it’s always interesting (though rather loud) to participate and witness the behind-the-scenes action when a show is either taped or live. Tickets are currently available for live shows through Sept. 12. Those who are interested in attending a live show through On Camera Audiences should be prepared to stand in line for an hour or more. Proof of vaccination is required to attend.



Fun, laughter and camaraderie was had at the celebration of August birthdays for the Filipino Association of Leisure World Club members Medy Griswell (l-r), Carol Graves, Tina Lindl and Barbara May on Aug. 14.

Optum

Gregory Wolfe as Rod Stewart

We have a reason to believe this is going to be an amazing evening.

Date: September 1, 2022

Location: Leisure World Amphitheater

Event sponsored by Optum and UnitedHealthcare



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Democratic Club

by Mary Larson
LW contributor

All Leisure World residents, regardless of political affiliation, are invited to attend a special gathering on Friday, Sept. 2, in Clubhouse 4 at 9:30 a.m. The event is being co-sponsored by Social Security Works and the LW Democratic Club. This will be an indoor event, and people are asked to wear masks.

The event will feature:

- Entertainment by Jon “Bowzer” Bauman, who is best known as a member of the popular Sha Na Na band during the 1970s and 80s.

- A report by Social Security Works on what to anticipate in relationship to the future of Social Security.

- A presentation of an award by Social Security Works to Congresswoman Katie Porter, who has been named the Social Security Champion of 2022.

The LW Democratic Club is endorsing Katie Porter for reelection to Congress because:

- She promises to protect Social Security and fight to expand benefits.

- She doesn’t accept money from corporate PACs, lobbyists, or executives at Big Oil, Big Pharma, or Wall Street Banks or lobbyists.

- She worked on legislation to investigate hate crimes against the Asian American and Pacific Islander community.

- She has introduced legislation to address racial bias in the

healthcare system and to allow people with disabilities to participate fully in society.

- She has introduced the Mental Health Justice Act to allow local governments to send trained mental health professionals instead of police when 911 is called to treat a person needing emergency mental health care.

- She supports a ban on assault weapons, mandatory background checks on all gun sales.

- She helped pass the Inflation Reduction Act to address climate change, allow Medicare to negotiate the cost of prescription drugs, and provide for a fairer tax code.

- She has introduced legislation which would ban members of Congress from trading stocks.

- She has stood up to efforts to defund Planned Parenthood and reduce access to birth control.

- She’s fighting to keep abortion legal for all Americans.

Porter’s race is one of the few that could determine which party controls the House majority.

...

Weather permitting, the LW Democratic Club’s Information and Hospitality Booth will be open in the parking lot outside Clubhouse 6 from 10:30 a.m.-12:30 p.m. on Tuesday, Aug. 30 and every Tuesday in September. The booth will be open on both Tuesdays and Thursdays during the month of October. Membership information for those interested in joining the



Rep. Katie Porter

club will be available at the booth.

Yard signs and other material supporting the Democratic Club’s endorsed candidates will also be available.

The program for the Democratic Club’s membership meeting on Sept. 28 will address the seven propositions that will be on the November General Election ballot.

For more in-depth reporting about plans for the upcoming General Election, as well as information about the club’s upcoming programs, LW Democrats and no preferred party supporters can subscribe to the club’s newsletter by emailing democraticclubslw@gmail.com. People are asked to include their full name, address, phone number, plus party affiliation in the email.

GAF

Donate to the GAF while shopping

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3) charitable organization dedicated to making Leisure World a better place to live.

The GAF must fundraise throughout the year to continue providing services to the community. There are now two simple ways for LWers to donate to the GAF without any additional cost.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and doing your regular grocery shopping, you can help GAF receive a portion of those funds.

Those interested can sign up for the Ralphs Rewards program by phone or through the Ralphs website. To sign up online, go to www.ralphs.com. You will need your Ralphs Reward card number or the phone number associated with the account to sign up.

To register over the phone, call (800) 443-4438. Make sure to say GAF’s non-profit organization (NPO) number, FS 519, during registration.

Republican Club

by Brian Harmon
LW contributor

Seal Beach City Council candidate Nathan Steele spoke at the LW Republican Club meeting on Aug. 17 to a crowd of over 50 people.

Steele is the program director for “Hope for Today,” the radio ministry of Pastor David Hocking. The program is heard on over 100 stations in the United States and Cameroon, Africa. Steele has made numerous trips to Cameroon to develop and promote the stations.

His top priorities as a City Council candidate include public safety, fiscal responsibility, property rights, free enterprise and family values.

...

Los Alamitos United District School Board candidate Rona Goldberg, who is also endorsed by the LW Republican Club, was not able to attend the meeting, but her campaign manager, Hope Horning delivered the following message:

“I am running for board member in the Los Alamitos Unified School District because I want to bring balance to the board.

“My goals are to listen and to use my experience as a community member, a former elementary school teacher, and a parent of three Los Alamitos students to make a difference.

“I plan to serve in a way that will unite and support the students and parents of the district.

“I will focus on parental rights and education, board transparency, academic excellence, and professional development in special education for teachers.

“We love this area. Our two children started at Hopkinson Elementary and our youngest also attended preschool here. Our oldest son just graduated from Los Alamitos High School, our daughter is a junior and our youngest son is a fifth grader at Hopkinson.

“In addition to finding a home and school, we found a strong and caring community. Now I want to give back.”

Goldberg is running in Trustee Area 3, which includes Mutuels 12, 14, 15, 16 and most of Mutual 5.

Those interested in learning more can contact Goldberg at www.ronaforschoolboard.com.

...

The LW Republican Club meets every third Wednesday at 7 p.m. in Clubhouse 3, Room 2.

Starting in September, the club’s information and hospitality booth will be open Mondays and Wednesdays from 11 a.m.-2 p.m. in the parking lot in front of Clubhouse 6. Mondays will feature political campaign merchandise for sale.

On Monday, Sept. 5, the club will celebrate Labor Day with free ice cream at the booth for all who stop by to visit. Members and non-members alike are invited.

The club is currently recruiting mutual captains to reach out to their neighbors.

Those who want more information about joining the club, volunteering or becoming one of the mutual captains can email lwrepublicans@yahoo.com.



LWers can help dogs and cats in shelters waiting for their forever homes by donating to the SB Animal Care Center.

Donate to the SB animal shelter and win

The Seal Beach Animal Care Center (SBACC) will have three tables available at the Thursday, Sept. 8, Amphitheater Eagles show to collect both cash and materials for the shelter.

Volunteers from both SBACC and the Paws, Claws and Beaks Club will be at the entrances from 6-8 p.m. collecting donations. All who contribute a donation will be eligible to win \$25 gift cards to either Target, Home Goods or California Pizza Kitchen.

Volunteers will accept cash for vet bills and specific dog, cat, and shelter items below:

Dog: toys, blankets, towels, large and small dog beds, leashes, poop bags, Science Diet Small Bites, Science Diet Original Dry, Science Diet Sensitive Stomach and Science Diet Canned Stew, baggies for meds and food, plastic spray bottles, Band-Aids and Neosporin.

Cats: toys, KMR Kitten Formula/Milk Replacement, litter box scoopers, Purina Sensitive systems or Purina One Kitten dry food, Friskies any flavor of pate or shreds, Kitten Fancy Feast any flavor, paper towels, toilet paper, Dawn dish soap, Scoop cat litter, AA-batteries and Advantage Flea treatment.

All proceeds go toward feeding, housing, and caring for the dogs and cats at this no kill, nonprofit shelter.

Email **COMMUNITY** stories
to laurieb@lwsb.com



This elf, also known as Midge Bash (I) of Mutual 14, came off the shelf to make a surprise visit to former GRF Board Member Phil Mandeville, Mutual 11. She has collaborated with Mandeville on a number of projects here in Leisure World, and both were active CERT trainers. She and all his friends wish him the best in the aftermath of a recent birthday celebration.



Griffith Observatory in Los Angeles

SUNSHINE CLUB

See the Griffith Observatory Sept. 23

Leisure World residents are invited to join the Sunshine Club in a day trip to the Los Angeles Griffith Observatory on Friday, Sept. 23.

The Griffith Observatory is a great place for tourists to explore the universe in the heart of Los Angeles. It is known as Southern California’s gateway to the cosmos. Visitors may look through telescopes, explore exhibits, see live shows in the Samuel Oschin Planetarium, and enjoy spectacular views of Los Angeles and the Hollywood Sign.

All visitors must wear face masks at all times while inside the observatory and on the roof. By entering the building, visitors are agreeing to follow this requirement. Visitors will also need to show proof of COVID-19 vaccination to enter.

The group will also see a show in the Samuel Oschin Planetarium. With its spectacular Zeiss star projector, digital projection system, state-of-the-art aluminum dome, comfy seats, sound system, and theatrical lighting, the 290-seat Samuel Oschin Planetarium theater is the finest planetarium in the world. Every show is presented by a live, engaging storyteller, and one of the Observatory’s three current shows is offered every 60 to 90 minutes each day.

Those who are interested in joining the day trip must bring a check payable to the Sunshine Club for \$70. The price includes an admission fee of \$8 for the Samuel Oschin Planetarium show, plus transportation, lunch, snacks and gratitity for the driver.

Tickets are sold first-come, first-served with limited seats available. The bus will leave at 1 p.m. and will be back by 10 p.m. Tickets are nonrefundable after Aug. 26.

There will still be a Sunshine Club meeting on Sept. 23 in Clubhouse 3, Room 2. People who are going on the trip are asked to not disturb the meeting from 10-11 a.m..

For more information about the trip, text Anna Derby at (562) 301-5339.

Women’s Club of Seal Beach celebrates 100th anniversary

The Women’s Club of Seal Beach is proud to begin its 100th year of community activities and charitable fundraising in 2022 and 2023. The club is a group of enthusiastic and vibrant women dedicated to developing friendships and supporting local worthy organizations.

Its programs include a monthly book club, garden club, lunch and field trips and bunco. Fundraisers include an annual plant sale at the Seal Beach Arts and Crafts Faire, a holiday boutique, a three-day trip to Laughlin and a tea party in April. All proceeds go to support over 20 local organizations and charities, among which are Seal Beach Military Families, Friends of the Mary Wilson Library, We Care, and the Seal Beach Animal Care Center.

The Women’s Club welcomes all women who wish to extend their circle of friends, share special interests and make a difference in the community. Meetings are held on the third Wednesday of each month at the Mary Wilson Library Senior Center, and the first meeting of 2022-2023 will be held on Wednesday, Sept. 21. Those interested in joining should call Member Chair Judy O’Neill, at (562) 598-0718.

– Marilyn Van Dyke

Hands and Hearts United in Giving

Hands and Hearts United in Giving (HHUG) is a small, local nonprofit dedicated to helping the homeless in the community. It accepts donations of clean, used towels; new, unopened, travel-sized shampoo, soap and lotion, and disposable razors. The only clothing HHUG accepts is new socks and new underwear for men and women.

To donate any of these items, contact Susan Hopewell at (562)-430-6044 for pick up. People may also leave donations on the patio in Mutual 6-62A. The donations are delivered to the Long Beach Beach Multi-Service Center which provides a variety of services to homeless individuals and families. To make a financial donation and to learn more about HHUG, visit www.hhug.org.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at SBTV3.org.

- Thursday, Aug. 25**
- 4 pm Party to Celebrate Belated Birthdays
 - 5 pm LW Cabaret Entertainers
 - 6:30 pm LW Pool opening
 - 6:40 pm LW Classic Car Show
 - 7 pm Studio Cafe
 - 7:20 pm LW Rollin’ Thunder 2022
 - 7:30 pm McGaugh Goes West
 - 8 pm McGaugh Pageant of the Arts
 - 9 pm Living the Good Life
 - 10 pm LW ABBA Tribute Concert

- Friday, Aug. 26**
- 4 pm LW Summer Concert NOCE
 - 5 pm LW Community Orchestra Spring Concert 2022
 - 6:35 pm Cabaret: Love is in the Air
 - 8 pm Studio Cafe
 - 8:30 pm SB Classic Car show
 - 9 pm McGaugh Pageant of the Arts
 - 10 pm Abilene Concert 2022

- Saturday, Aug. 27**
- 4 pm BlackN White Knights Band LW Concert
 - 5 pm LW Community Orchestra Spring 2022
 - 6:30 pm Studio Cafe
 - 7 pm McGaugh Pageant of the Arts
 - 8 pm LAUSD

- Sunday, Aug. 28**
- 4 pm LW’s 60th Anniversary featuring the Emperors
 - 6 pm LW Theater Club: Face Painting
 - 6:30 pm Safety Flags Installation
 - 7 pm McGaugh Goes West
 - 7:30 pm SB Classic Car Show 2022
 - 8 pm Studio Cafe
 - 8:30 pm Livin’ the Good Life
 - 9pm LW ABBA Tribute Concert
 - 11 pm LW Summer Concert NOCE

- Monday, Aug.29**
- 4 pm LW Cabaret Entertainers
 - 5:15 LW Pool Opening
 - 5:30 pm LW Karaoke: Friendship and Memories
 - 6:30 pm Studio Cafe
 - 7 pm LW Party to Celebrate Belated Birthdays
 - 8 pm Seal Beach City Limits: Richard Hastings
 - 9 pm LW ABBA Tribute Concert
 - 10:45 pm LW Clasic Car Show
 - 11 pm BlackN White Knights Band LW Concert
 - 11:55 pm LW Theater Club Face Painting

- Tuesday, Aug. 30**
- 4 pm LW Summer Concert NOCE
 - 5 pm LW Theater Club Face Painting
 - 5:30 pm Party to Celebrate Belated Birthdays
 - 6:30 pm SB Classic Car Show
 - 7 pm Studio Cafe
 - 7:30 pm McGaugh Pageant of the Arts
 - 8:30 pm Cerritos Center: Barrage 8
 - 10 pm Abeline Concert 2022
 - 11:40 pm LW Classic Car Show

- Wednesday, Aug. 31**
- 4 pm LW’s 60th Anniversary featuring the Emperors
 - 4:50 pm LW Hula 2021
 - 6 pm LW Summer Concert NOCE
 - 7 pm McGaugh Goes West
 - 8 pm Life and Times in Seal Beach: Lawhead Brothers
 - 9 pm Amphitheater Concert 2021
 - 10:40 pm LW Caberet Entertainers
- *All programming subject to change

HUMANIST SOCIETY

Stephanie Campbell will speak at the Sept. 4 meeting

The Leisure World Humanist Association will meet on Sunday, Sept. 4, at 10:30 a.m. in Clubhouse 3, Room 1.

The guest speaker for the meeting will be Stephanie Campbell, who will speak on the recent changes to the “End of Life Option Act,” commonly called the “Death with Dignity Law,” that went into effect on June 9, 2016. This law allows all adult California residents to request a drug from their physician that will end their life.

In October 2021, Gov. Gavin Newsom signed SB380, which made significant changes to California’s End of Life Option Act.

All residents are welcome to attend this meeting.

Campbell is a founding member of the Orange County chapter of Americans for Separation of Church and State, in 2004. She is currently president of the chapter and a former member of the National Board of Trustees, where she chaired the Governance Committee.

Additionally, Campbell is a volunteer for the League of Women Voters, where she chairs the Speakers Bureau and is responsible for presentations on ballot propositions. She is also the County Action Coordinator for Compassion and Choices speaking for both organizations.

Prior to her work with Americans United, she was active with the ACLU on religious rights, reproductive rights and LGBTQ+ rights and is a former board member of Planned Parenthood. Campbell is also a tutor for adults through the READ Orange County program as well as the Friends of Costa Mesa Libraries.

She is a naturalized US citizen, born in England and lived in Israel for two years prior to coming to the United States. She is a graduate of the University of Washington and received her MBA from Cal State Fullerton in 1980.



Stephanie Campbell

OBITUARIES

Helen Dix

Helen Dix passed away on Aug. 12, at the age of 81. She was a resident of Leisure World Seal Beach Mutual 15 for the past seven years with her husband, James Dix.



Helen was born in Great Barring, Massachusetts. She grew up in New York and moved to California in her 20s.

Helen is survived by two children, Andrew Dix and Andrea Talbot; two grand-daughters, Sydney Dix and Kennedy Talbot; and a niece, Janet Faraone. Helen will be greatly missed.

In Memoriam

Doris Huntling 91
Clifton Eakin Jr. 92
Janice Laser 88
Kathleen Schaefer 68
Dean Longellow 54
Peggy Howard 73
Louis Eyanson 85

Tho Lim 90
Nancy Evans Fattaleh 85
Robert Woods 77
Mary Kaylor 77
Lynn Korpela 71
June Schaaf 90
Edward Abreu 91
Ronald Hicks 85
Families assisted by McKenzie Mortuary, (562) 961-9301
—Paid obituary

...

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication date. Obituaries that are received later than Monday will go in the following week’s issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files. People may also drop off photos to be scanned at the LW Weekly office.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

For more information, call (562) 430-0534, ext. 801, or email laurieb@lwsb.com.

ARTS & LEISURE



With outstanding scores, new club members Barb and Bob Ponegalek are ready for league play.

Shuffleboard open house is Aug. 26

LW Shuffleboard Club will host an open house Friday, Aug. 26, from 6-9 p.m., at the shuffleboard courts building, located behind Clubhouse 1.

All LW residents are invited to come by to watch the setup of courts for play, test the thrill of pushing the discs down the alley, and play a game while socializing with club members. Light refreshments will be provided.

SHUFFLEBOARD, page 19



Jojo Weingart

Last week, Jojo Weingart (l-r), Libby Bond, Lori Chamberlain, Susie Saraf, Sara Park, Keiko Kawamoto, Kaye Huff, Brigitte Dagmar, In Sook Kim, Susan Cucci, Judy O'Connor and Miyuki Okura (not pictured) enjoyed performing for Los Alamitos Community Center on Oak Street that comes to life every Thursday with seniors and bingo. Last week's theme was "A day in paradise" with Hui O Hula, pork sliders, dessert and meet and greet. Mahalo/thanks to Trini Zenovka from the Community Services Department for taking photos and inviting the dancers back for frequent entertainment. The Los Alamitos Senior Center will hold a bingo fundraiser today, Aug. 25. Doors open at 9 a.m., and bingo begins at 11:30 a.m. For more information, call (562) 430-1073. Hula lessons are open to all LWers. For class information, call (562) 431-2242 or email Jojo@huiohula.com.



View of Wallowa Lake from the tramway.

LW Travelogue

by Fred Fenton,
LW contributor

Joseph, Oregon, is a small town tucked away in the Wallowa mountains of northeast Oregon. It is named after old Chief Joseph, the Nez Perce leader, who fought government seizure of tribal lands. To get there, we flew to Boise, Idaho, and drove for four hours through scenic countryside.

People go to Joseph for hiking and fishing, or to visit the Wallowa Lake Tramway, a 4-mile ride past 25 towers to the 8,255-foot summit of Mt. Howard. It is the tallest tramway in America and provides spectacular views of the beautiful lake and wilderness area.

My wife, Linda, and I were drawn by something else. On a visit to Santa Fe earlier this year, we purchased a delicate, bronze sculpture of a horse that was cast at a foundry in Joseph and looked just like the sagebrush original. The sculptor, Brenna Kimbro, works in sagebrush.

An hour-long tour of the foundry revealed a complicated process of casting, molding, pouring, assembly, sandblasting of the finished piece and an expert coloring to make it look exactly like the original sagebrush. Artists from all over the country come to Joseph to have their works cast in bronze.

To our surprise, the town had other unique offerings such as a series of striking bronze sculptures lining the Main Street, and shops to try your hand at painting, carving and clay working. Rolled Ice Cream was a revelation; the ice cream mixture is poured on a frozen, stainless steel pan, stirred with two scrapers into a thin sheet, cut in strips, rolled up and placed in a cup with a choice of toppings.

An 1888 bank building on Main Street is home to the Wallowa County Museum. It holds many artifacts from the past, including a display of farm implements, some of which were not known nor labeled. Linda, who grew up on a primitive farm in Canada, was able to identify two of the pieces for a surprised attendant. The bank's chief claim to fame turns out to be that a man who robbed

TRAVELOGUE, page 21

Photo Arts Club

At the Aug. 11 Photo Arts meeting, instructor Ben Benjamins presented and explained photo composition. Club members then stepped outside to take photos to share and discuss.

One of the photos displayed was an astonishing quilt made by Barbara Houck who incorporated her three greatest hobbies—travel, photography and quilting. Members' discussions on technical and other questions concluded the meeting.

The next meeting is on Thursday, Sept. 8, at 1:30 p.m. in Clubhouse 3, Room 9. People can bring their own iPhones/Androids and/or cameras. The assignment is to take two photos of objects and their shadows showing the light source creating the shadows and email them to benbenjamins@hotmail.com. The submissions and other photos will be shown and discussed at the meeting.

Those with technical or other questions will be paired with someone for help after the meeting.

For more information about the club, call Regine Schumacher at (562) 430-7978. Everyone is welcome.

—Regine Schumacher



Marsha Sample holds a photo of an object and its shadow, which illustrates the assignment for the next Photo Arts meeting.

Laugh your head off with the Theater Club on Sept. 5

The LW Theater Club will present a new original play "Class Reunion" on Labor Day, Monday, Sept. 5, in Clubhouse 2 at 7 p.m.

The play is a comedy remembering the people who made up the student body of Duck Pond High School 50 years ago.

Some of the guests include the captain of the football team, the president of the math club, the class clown, and other memorable members of the class. It will be a fun evening remembering everyone who 50 years ago was seeing who they are today.

Doors will open at 6 p.m. This is a BYOB evening; free of charge, but donations are always welcome.

—Taylor White



Bradford Chase, the former president of the math club and his wife, Sue, played by Jon (l) and Chris Russell (r), wonder why there is a nun at their class reunion. Sister Mary Hubert, played by Shirlene Chavez (center), can't wait to tell them the story.



Lu DeSantis

Doo Wop Club members Ric Dizon (l), Ben Berg (top right), Rob Illingworth (top center) and Erika Greenwood (bottom right) prepare for the sound blast as they rehearse for the club's next performance on Sept. 17 at 7 p.m. in Clubhouse 2. Everyone is invited to the '70s-themed performance to show off their best disco dance moves and sing along.

Community Karaoke

Tony Tupas opened the karaoke evening with a ballad from the Rolling Stones rhymn and blues hit "As Tears Go By." Vito Villomar dedicated "Adios Amigo" to a friend Rick Riley. A gripping rendition of "Fields of Gold" was sung by Nina DeRosa. Bob Barnum was an encourager for shy folks like Ginger Freed who sang "Singing in the Rain." Shannon Harrison chose the old pop tune "Do Wah Diddy;" Julie Nulad did well with "You are my Destiny;" and Kenny Notorleva had fun with "Lila Jane." It was a treat to have 25 karaoke singers take the microphone.

Karaoke evenings feature LW friends entertaining people with familiar songs from pop, country, gospel, showtunes and more.

Everyone is welcome for an



Tony Tupas

evening of music Wednesdays in Clubhouse 1, beginning at 5:30 p.m. Submitting a song request before 7 p.m. gets people in the lineup for the first session of singers. Coffee and snacks will be provided.

—Margie Thompson

Ukulele Class for Beginners

The Ukulele Guitar Club is sponsoring a free class that will teach people how to play ukulele while having fun and singing familiar songs. This is an introductory class for beginners with little to no experience.

Classes will be held on Thursdays, beginning Sept. 1, in the Clubhouse 3 Lobby from 10 a.m.-12 p.m. Class size is limited, and pre-registration is required. To register or for more information, contact Larry Yamashiro at (562) 538-2337 or email gcea4ly@gmail.com

—Larry Yamashiro

Duplicate Bridge

On Aug. 11, north/south winners in the 7-table game were Sibyl Smith and Al Appel with a 62.20% game; east/west winners were Sue Fardette and Thad Mikols with a 56.65% game.

In the 10-table game on Aug. 12, north/south winners were Larry Topper and Lynn Danielson with a 61.57% game; second were Thad Mikols and Marilyn McClintock with a 59.95% game. East/west winners were Judy Jones and Al Appel with a 65.51% game; second were Fred Reker and Sue Fardette with a 59.72% game.

East/west winners in the 5-game on Aug. 13 were Judy Jones and Al Appel with a 64% game; north/south winners were Bud Parish and Joyce Basch with a 59% game.

In the 9-table game on Aug. 15, north/south winners were Sibyl Smith and Diane Schmitz with a 57.87% game; second were Sharon Beran and Gene Yaffee with a 55.79% game. Judy Jones and Al Appel were east/west winners with a 58.89% game; Bill Brooks and Sue Fardette were second with a 55.79% game.

Games are played on Monday, Thursday, Friday and Saturday in Clubhouse 1 beginning at 12:30 p.m. Players are asked to arrive no later than noon to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or by contacting Dan Frank at (562) 739-6441 or email danfrankcpa@gmail.com no later than 10 a.m. on game day.

—Gene Yaffee

Pinochle Club

Pinochle is played in Clubhouse 1 every Monday, Thursday and Saturday. The warmup game starts at 11:30 a.m., with the regular game beginning at 12:30 p.m. The club provides cards, score cards, pens, tablets and other equipment. It costs \$2 per person to play, and the top four scorers of each day win cash prizes.

The following are the winning scores from the game on Aug. 11: Bobbie Olsen, first place, 12,210; Diana Lambert, second, 11,870; Julia Troise, third, 11,740; and Marilyn Allred, fourth, 11,720.

Aug. 13 winners were Chung He Scharschmidt, first place, 11,970; Ruth Bonnema, second, 9,990; Peggy Kasper, third, 9,260; and Julia Troise, fourth, 9,150.

Aug. 15 winners were Marilyn Allred, first place, 11,530; Charlotte Westcott, second, 11,110; Angelique Perkins, third, 10,660; and Don Walton, fourth, 10,610.

Lessons to learn how to play or to brush up on the game are available by appointment.

PINOCHLE, page 21

SHUFFLEBOARD from page 18

Fall leagues are now forming. The Friday Morning League will start Sept. 30 with three to four teams. For the first time, there will be an Evening League starting in early October. Official sign-up sheets for both leagues are in the courts building.

Shuffleboard is an easy game to learn and has some similarities to bocce and bowling. The courts building is open Mondays and Wednesdays from 9-11 a.m. for questions or to schedule a private visit to the courts building, call Kay Mount at (775) 527-0426.

—Kay Mount



Abilene will host its regular monthly boot scootin' dance Saturday, Aug. 27 in Clubhouse 2, starting at 7 p.m. The doors open at 6:30 p.m. Table reservation is prohibited. All concerts are free, but tips are accepted and greatly appreciated.

Tournament Poker

Wendy Wu won the final table two weeks in a row on Aug. 6 and Aug. 13, beating Glen Evenson with two pair on Aug. 13. Wu has won the final table 16 times during her nine-year membership with the club. Her hobbies include poker and ping pong.

Third to fifth final table players were Gary Snow, Bill Clawson, and Bob Konier. Wu also held the highest hand of the tournament with four 9's plus an 8. Glen Evenson won second highest hand with four 8's plus a king. Shelly Yu won the promo hand of 9-3.

The club plays a 'Texas Hold' em tournament on the first three Saturdays of the month in Clubhouse 6. Lessons are offered at 11 a.m. and game starts at noon. No late seating is permitted. Membership is \$10 per year and each game is \$5. For more information, contact Judy Jasmin at (562) 626-8179.

—Judy Jasmin

Saturday Social Bunco

The Saturday Social Bunco Club meets on the second and fourth Saturdays of every month. The next meeting is on Aug. 27 in the Clubhouse 3 Lobby. Sign-ups start at 1 p.m., with play starting at 1:30.

The winners from the Aug. 13 meeting are Kathy Rapp, most buncos; Sandy Weinstein, most wins; Marilyn Moody, most babies; Laura Geier, most losses; and Yvonne Vostry, door prize winner.

For more information, call Doris Dack at (562) 356-0443.

Sign up for Pageant of the Masters Aug. 31

The GRF Recreation Department is hosting a trip to the Pageant of the Masters at the Festival of the Arts in Laguna Beach on Wednesday, Aug. 31.

All GRF excursions hosted by the Recreation Department and LW Library are self-supporting. Those who enjoy these trips and would like to see them continue or have ideas for future trips, can send an email to events@lwsb.com.

Tickets are \$85 and include bus fare and gratuity. The bus will depart from the Amphitheater at 6 p.m. Tickets are available at the Recreation Office in Building 5, lower level, on weekdays between 8:30 a.m.-4 p.m. Payment must be made at the time of reserving the seats and is non-refundable. All payment forms are accepted. Those with mobility issues and in need of assistance will need to purchase an additional ticket for a caregiver or assistant.

For further information, call (562) 431-6586, ext. 324, or email events@lwsb.com.

The Creative Writers Club

The Creative Writers Club will meet Friday, Aug. 26, at 1:15 pm in Clubhouse 3, Room 1. Newcomers (to the club and to writing) are always welcome.

For more information, call Shoal Lugenbeal at (714) 747-2146.

—Shoal Lugenbeal

Opera Club

Everyone is invited to watch Puccini's delightful operatic love story "Fanciulla del West" on Tuesday, Sept. 6, at 1:30 p.m., in Clubhouse 3, Room 2.

Based on Belasco's play The Girl of the Golden West, it sets to music life in a gold mining town of California in 1849. Club member Kirk Davis will explain how this tale, regarded by the composer as his best opera, elicited 55 curtain calls

OPERA, page 21

2022 Amphitheater Season

The 2022 Amphitheater music festival started June 30 with a 12-show lineup at the 2,500-seat Amphitheater located behind the LW News Office in the GRF Administration complex. Non-resident guests must be accompanied by a resident. Smoking is not permitted at the Amphitheater.

No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Food trucks will provide options for pre-event dining. The free weekly concerts start at 7:30 p.m. (schedule is subject to change).

The remaining schedule is:

- **Aug. 25: Neil Diamond Tribute**
Sponsor: Tandem Careplanning
- **Sept. 1: Gregory Wolfe as Rod Stewart**
Sponsors: Cannon Legal Firm, Optum and United Healthcare (co-sponsors)
- **Sept. 8: The Long Run, Experience the Eagles**
Sponsors: MemorialCare, Optum and United Healthcare (co-sponsors)
- **Sept. 15: Walk Like a Man, a Tribute to Frankie Valli and the Four Seasons**
Sponsors: MemorialCare, Optum and United Healthcare (co-sponsors)

News Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater. See page 4 of any edition for a list of section editors and their email addresses.

Book Review

The Lincoln Highway
by Amor Towles

They say if you have lemons, make lemonade. Following that thinking, one aspect of pandemic-induced isolation can provide opportunities for time that would have otherwise taken us away. For me, that means more time to read a pleasant book, such as "The Lincoln Highway" by Amor Towles. He is also known from his previous best seller, a book club favorite—"A Gentleman in Moscow."

Towles is a superior storyteller in a class with Stephen King; twists and turns abound providing constant "aha" moments for the reader. Another good thing about this book is the relatively small cast of characters. "The Lincoln Highway" has only four leading characters and no more than a few co-stars. All are well-defined and will soon provoke likes and dislikes. The book may remind the reader of the movie "O Brother, Where Art Thou?," as far as innovative and intriguing plot lines, with a little Canterbury Tales-like development of the characters.

It is so satisfying to finish household chores just to get to your favorite chair and dig into a great read, and this one is it. "The Lincoln Highway" is a real page turner, and will keep you, the reader, up on many nights. It is a story of two brothers, a journey loaded with distractions and plot twists and turns, culminating in a somewhat happy ending.

Everyone is encouraged to check this one out at the Leisure World Library and see how they like it.

— Marla Hamblin,
Mutual 15

2022 Amphitheater Movies

Open-air movie nights at the Amphitheater will be shown through Sept. 16, starting at 8:30 p.m.

Bring friends and family, and enjoy free movies in your own back yard. Minibus service will be available to take people home after the show.

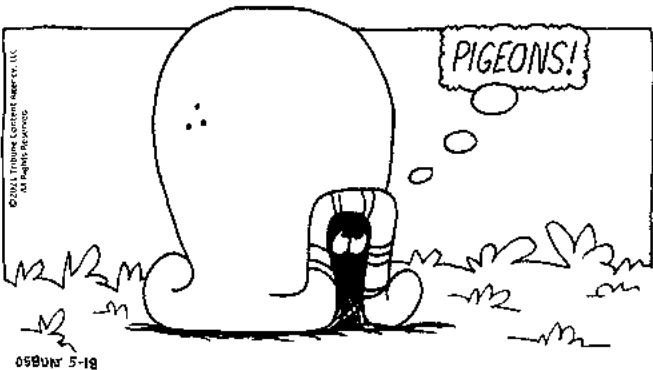
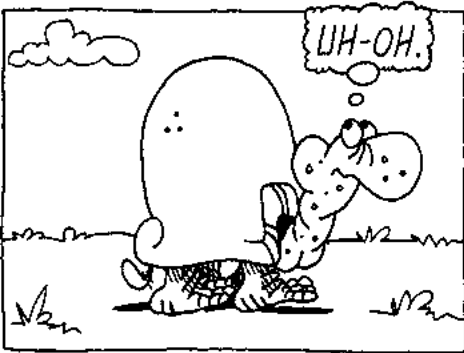
The remainder of the schedule is as follows:

• **Sept. 2: Respect**
Sponsors: Optum and SCAN
Following the rise of Aretha Franklin's career—from a child singing in her father's church choir to her international superstardom—it's the remarkable true story of the music icon's journey to find her voice.
PG-13 | 2h 25min | musical-drama | 2021 |

• **Sept. 16: Cyrano**
Sponsors: Optum and SCAN
Cyrano de Bergerac dazzles everyone with his ferocious wordplay and brilliant swordplay. Yet, he's convinced his appearance renders him unworthy of the affections of Roxanne, a friend who's in love with someone else.
PG-13 | 2h 4min | drama-melodrama | 2021 |

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 2 | 7 | 4 | 9 | 8 | 3 | 1 | 6 |
| 6 | 8 | 4 | 1 | 5 | 3 | 2 | 9 | 7 |
| 3 | 9 | 1 | 7 | 6 | 2 | 8 | 4 | 5 |
| 4 | 3 | 8 | 9 | 1 | 5 | 7 | 6 | 2 |
| 1 | 6 | 9 | 2 | 3 | 7 | 4 | 5 | 8 |
| 7 | 5 | 2 | 8 | 4 | 6 | 1 | 3 | 9 |
| 8 | 4 | 3 | 6 | 2 | 9 | 5 | 7 | 1 |
| 2 | 1 | 6 | 5 | 7 | 4 | 9 | 8 | 3 |
| 9 | 7 | 5 | 3 | 8 | 1 | 6 | 2 | 4 |

Guess Who?
Macaulay Culkin

Crypto Fun Answers
A. filter B. hydrate C. reservoir D. pipes

Boggle BrainBusters Answers
OWL EMU HAWK WREN SWAN CROW HERON EAGLE PELICAN

Word-Find Answers

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| H | D | K | K | Q | I | F | Y | Q | S | E | I | C | E | P | S | Y | M | O | M |
| H | E | F | S | M | S | I | N | A | G | R | O | N | U | I | D | D | L | L | R |
| H | C | E | Y | S | T | N | E | M | I | D | E | S | F | I | G | T | X | B | D |
| A | O | A | T | A | D | H | C | U | W | A | S | T | E | W | A | T | E | R | A |
| B | L | G | W | H | E | O | B | S | O | D | E | D | W | N | A | Q | I | C | Q |
| I | O | F | M | A | C | S | N | T | I | Y | M | Y | R | E | N | N | I | M | U |
| T | G | R | E | C | L | A | I | M | E | D | M | R | Y | A | K | E | R | D | I |
| A | I | L | K | G | N | R | B | D | F | L | W | R | E | I | D | S | F | B | F |
| T | C | G | N | I | R | O | T | I | N | O | M | B | N | G | H | N | S | G | E |
| Q | A | M | W | K | W | Q | E | C | R | Q | D | G | M | Y | Q | R | A | T | R |
| R | L | X | H | N | I | H | G | H | X | S | D | A | T | C | E | Q | N | T | T |
| F | E | F | P | T | L | O | O | P | I | A | N | I | F | T | M | A | C | U | S |
| E | F | N | X | L | D | C | F | B | O | A | N | L | E | E | N | L | R | N | B |
| X | F | W | K | X | L | M | E | X | G | U | H | M | T | I | A | B | Q | Q | L |
| P | L | W | M | P | I | T | T | E | M | I | A | S | M | C | I | N | U | K | H |
| O | U | U | K | K | F | K | M | M | R | R | Y | A | I | D | W | H | A | I | T |
| S | E | E | F | C | E | E | O | A | A | S | T | M | I | P | Y | T | L | G | W |
| U | N | X | Y | N | N | C | U | P | O | N | E | T | K | M | S | T | I | G | X |
| R | T | O | L | T | A | C | H | C | O | H | Y | T | Y | Y | U | D | T | O | L |
| E | M | E | A | S | U | R | E | C | C | W | X | X | B | T | I | A | Y | W | A |

Crossword Answers

| | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | E | F | S | | D | R | I | E | R | | B | A | C | H | | S | A | M | O | A |
| A | G | R | A | | I | A | M | S | O | | A | L | O | E | | E | M | I | T | S |
| Y | O | U | C | A | N | N | O | T | B | E | S | I | R | I | | R | O | S | E | S |
| S | T | I | R | R | E | D | | | | I | R | K | | E | N | C | I | R | C | L |
| | | T | E | A | R | | J | E | N | N | E | R | T | O | A | F | A | U | L | T |
| M | A | T | | L | O | R | A | X | | T | I | T | U | S | | L | E | O | S | |
| A | S | A | P | | | I | V | I | E | S | | V | A | S | E | S | | | | |
| C | H | R | I | S | T | M | A | S | B | O | N | E | | | | D | E | L | I | S |
| S | E | T | T | E | | | T | A | P | I | R | S | | | | A | I | M | E | E |
| | | F | A | N | T | A | S | Y | | C | A | E | S | A | R | S | P | A | L | |
| S | H | E | A | | D | O | H | | | | | A | U | G | | A | S | T | I | |
| C | A | L | L | U | S | T | E | C | H | | L | A | M | P | O | I | L | | | |
| A | T | I | L | T | | | M | Y | O | P | I | C | | | | G | O | O | G | L |
| T | E | A | S | E | R | | | R | I | C | E | E | R | R | O | N | E | O | U | S |
| | | | | | P | I | P | P | A | | T | V | S | E | | B | O | L | T | |
| I | M | A | M | | N | O | O | N | E | | I | D | E | A | S | | D | U | A | |
| D | A | R | I | U | S | P | R | O | D | U | C | T | S | | T | W | O | S | | |
| C | R | O | S | S | O | U | T | | I | T | O | | | | T | R | A | M | P | L |
| A | C | U | T | E | | P | I | E | C | E | O | F | T | H | E | P | I | O | U | S |
| R | I | S | E | R | | A | C | C | T | | L | I | M | E | S | | T | R | A | P |
| D | E | E | D | S | | D | O | G | S | | S | T | I | N | T | | S | T | U | N |

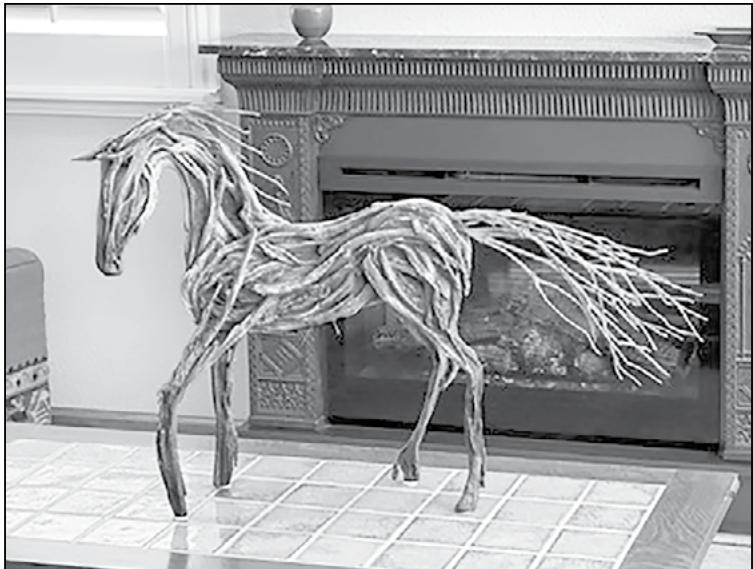
Sudoku 1 Answers

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 8 | 9 | 1 | 5 | 4 | 3 | 2 | 6 |
| 5 | 3 | 2 | 8 | 6 | 7 | 4 | 9 | 1 |
| 6 | 1 | 4 | 9 | 3 | 2 | 8 | 5 | 7 |
| 4 | 7 | 3 | 5 | 2 | 1 | 6 | 8 | 9 |
| 9 | 5 | 1 | 3 | 8 | 6 | 7 | 4 | 2 |
| 2 | 6 | 8 | 7 | 4 | 9 | 1 | 3 | 5 |
| 1 | 4 | 7 | 2 | 9 | 8 | 5 | 6 | 3 |
| 3 | 9 | 6 | 4 | 7 | 5 | 2 | 1 | 8 |
| 8 | 2 | 5 | 6 | 1 | 3 | 9 | 7 | 4 |

The Basic Rules of Sudoku:
• There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solved correctly is when all 81 boxes contain numbers and the other Sudoku rules have been followed.
• When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
• Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
• Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
• Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

GLOAT HAIRY PULPIT EQUATE
After acing the math test, her parents asked how she did, and she answered — ALL RIGHT



Brenna Kimbro horse sculpture.

TRAVELOGUE
from page 18

the place, and went to jail for it, later became vice president of the bank. A recording in the bank's vault tells visitors the whole story. After a visit to the top of the Empire State Building many years ago, I vowed to never do something that foolish again, as I am afraid of heights. Nevertheless, Linda talked me into accompanying her on the Wallowa Lake 4-mile-long tramway. The view from the little tram car was amazing on the way up. Going

back down made me shut my eyes and cling to a post in the middle of the car, praying for a safe landing. The most unforgettable experience of the trip came on the last day, when we rode in a two-seat railrider car along the Joseph Branch railroad left over from the logging era. One person pedals up to speed and then an electric motor assists the rest of the way. Into the countryside, we went for a two-hour peddle trip with unobstructed views. It was the best possible end to our Joseph, Oregon, visit.

Cribbage Club

On Aug. 16, 42 members of the Cribbage Club had fun in Clubhouse 1 at 12:30 p.m. Winners for the day were Jorge Moy, first place, with a score of 843; Margaret Smith, second, with 841; Wanda Bemben and Sam Ray tied for third place with 838 and Joe DiDonato was fourth with 835. Jack Hawn and Joanne Lester each won six out of the seven games played. In celebration of another great cribbage day, Lynne Sorum provided the refreshments; Candy Meyers and Carrie Kistner served cake and ice cream. Club dues for the year are \$5 with a \$1 weekly contribution at the playing table. Play begins at 12:30 p.m. Players should arrive by 12:15 p.m. to be assured of a place at the table. Partners are not needed. The club offers lessons for those who want to learn how to play cribbage, to brush up on the game or to learn more about the club. For more information, call Terry Thrift at (714) 394-5885 and leave a message.

Food Preparation and Nutrition course added to NOCE class lineup this fall

A new NOCE class has been added to Leisure World's fall class lineup—Food Preparation and Good Nutrition. It will be held every Monday, beginning Sept. 12, from 9-10:50 a.m., in Clubhouse 3, Room 9, until mid-December. This course offers a wide range of food preparation topics relative to the health of older adults, and covers nutrition, consumerism, cultural traditions, entertaining and safety. Various foods will be prepared, tasted, and discussed. Use the CRN: 51732 to register for the class at myGateway (mg.nocccd.edu) after signing in with a Banner ID and password. For assistance, people can stop by the LW Library Monday-Saturday, from 9:30 a.m.-3:30 p.m.

OPERA
from page 19

from the audience at its world opening in 1907. This three-act opera is about Minnie, the owner of a bar in a Californian mining camp and the bandit-turned-lover Ramirez hunted by the cynical sheriff Jack Rance, who wants Minnie for himself. Complete with whiskey-drinking cowboys, La Fanciulla del West is Puccini's most colorful, passionate and adventurous play. The production is in Italian with English subtitles. People are cautioned to wear masks while indoors for safety. No dues or fees will be collected. For more information, contact club President Beverly Emus at (562) 296-5586 or email Beverly90740@gmail.com. —Sylvan Von Burg

PINOCHLE
from page 19

Call Marilyn Allred at (562) 296-5248 or Marjorie Dodero at (562) 430-5828 for more information. Anyone interested in playing pinochle should call Marge Dodero at (310) 968-9509. —Marge Dodero

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Lenora Browning, LW Resident. Phone 562-493-5457. Seal Beach Business License BRN000. Exp 1/04

May the sacred heart of Jesus be adored and glorified, loved, honored, praised and preserved now and forever. Sacred heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us. Please pray for Katie! Say this prayer nine times for nine days and your petition will be granted. Must promise publication.

Need Ironing help. Light cotton T-shirts/blouses, cotton poly pants in my house (Mutual-8) OR you take home. \$2.00- \$4.00 each. Barbara 562-619-3235.

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Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor's License #779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 Exp 9/28

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Affordable - Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior discounts. Cory Gee Painting 714-308-9931 License 1049257 Exp 11/16

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Painting service for exterior or interior repairs, texture, drywall, cabinets, skylights, gates, frames. Joshua 714-267-6756. Contractor License 1081798. Exp 11/16

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SB License BRA0002. Exp 11/02

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. 1/04

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I am an experienced caregiver available to assist with/Daily-Care/ Doctor-Appointments/Errands. 949-899-7770. Available 24/7. SB Business License HEL0006 9/14

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EXPERIENCED CAREGIVER Over 25+/years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call Pampet/562-371-4895. Seal Beach License PAN0003. Exp 11/09

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Licensed by the state SB RAZ0002. Gloria/949-371-7425. Exp 9/07

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. Seal Beach Business License CAM0006. 11/16

Anthony Caregivers. Light-Cleaning/Doctor-Appointments/Errands/Cooking/Laundry. Anthony Camacho College Student 714-605-6869. Business License 14206319. Exp 9/21

CTC Home Care Inc. Caregivers are Trained/Licensed/Bonded/ Insured/Honest and speak good English. Available to work Full-Time/Part-Time. Licensed to drive for Doctor-Appointments/ Groceries. Contact Person Consuelo/714-820-0294. S Beach Business License 14206475. Exp 9/21

Albert & Patricia Caregiver Services. Daily Care, Errands/Medication/Doctor-Appointments. (562)-397-4659/ (323)-413-0830. Seal Beach License 14206409. Exp 10/19

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. One-customer. One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/ Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen/ (714)-425-4198. Exp 10/26

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/ 562-480-9341 License KC75538. Exp 9/07

HOUSE CLEANING

Experienced housekeeper providing weekly-and-monthly cleaning. Call/949-899-7770. Seal Beach Business License HEL0006 Exp 9/14

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20 years experience. Exp 10/26
SB Business License GRA0006

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Maria House-Cleaning We'll make your house look NICE-as-possible! 15+/years experience. We can work with/ your schedule. Bi-weekly/ Monthly. Deep-cleaning. Call/ Text/714-496-2885. Business License HER0008. Exp 9/07

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Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of -Liability for you! Bonded/ Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. Exp 10/26

ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/04/2023

Two Pedego electric-Trikes for sale! Trikes have large buckets to transport items up-to-50lbs. Perfect for a trip to the beach-or-shopping. Can be run with the throttle-only or with/pedal assist. Save gas/Go Electric! \$1900/each. (562) 284-6778. Exp 9/07

Pride Mobility Legend Scooter for sale. Contact Kim 954-614-1715.

TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258. Exp 8/31

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. Exp 9/14

AUTOS/BOATS/RV'S TRAILERS FOR SALE

ELECTRIC CAR PADS Installed at your residence. Call Frank 562-743-3832. Contractor's License #779462 Exp 9/28

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J&D HAUL-AWAY AND CLEAN-UP SERVICE

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MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE. Looking to buy Mid-Century Furniture/"ETC"/Men-Women Sterling-Silver Rings/Old-Jewelry/Men-Women Vintage Clothing. 562-243-7229 Exp 10/12

MISCELLANEOUS FOR SALE

Moving Sale. Saturday/August-27th and Sunday/August-28th 9:00am-3:00pm. 1604 Merion Way, Mutual-2/Apartment-37G. Furniture/Desks/Artwork/ Kitchen-Stuff.

Patio Sale. Thursday/August-25th and Friday/August-26th. 9:00am-2:00pm. 1543 Monterey Road, Mutual-2/Apartment-24K. Blue and White Jars and Lamp. Decorator Accessories and Furniture.

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Looking to rent a Carport Spot OR Carport & Storage in Mutual-12. Call 562-716-1547. Exp 9/21

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Forrent in Mutual-8, Garage-103, Carport-18. Good for extra Car/ Bike/Golf-Cart. Only \$25.00 Monthly. Barbara 562-619-3235.

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Basic 2 BDR 1 Bath, On a pretty greenbelt, Skylights, laminate flooring, needs a little TLC to make it shine. **New Listing**

Mutual 8 – 204K \$299,000

Fully Expanded 2BDR/1 Bath Central A/C Heat, Washer & Dryer, Bay Windows, 4 Skylights, and more... **Price Reduction**

Mutual 12 – 55B \$375,000

Bright 2 BDR, 1 ½ BA, corner, granite counter tops in kitchen/ bathroom, dishwasher and large skylight, tiled enclosed patio w/ storage closet. Washer & dryer, Central A/C and Heat.

Mutual 14-25E \$499,000

Now Listing, Drive-up Corner Enclosed patio, great candidate for remodel.

Mutual 3-24F \$299,000

Coming Soon, Basic 1 BDR, Greenbelt view, Skylights, Laminate Flooring, Dishwasher, Furniture for sale as well.

Mutual 1 – 25E \$235,000

Basic 1 BDR/ 1Bath, Very private location, A/C heat pump, laminate flooring, New double pane windows lots of storage. Move-in ready

Mutual 11-274H \$240,000

Leisure Living Resales



Gina Rojas
(562) 533-3190
ginamrojas@gmail.com
Leisure World Specialist
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2022 Escrows

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|---------|-----------|
| 6-130K | \$300,000 |
| 14-12A | \$560,000 |
| 6-64A | \$272,000 |
| 15-11Q | \$350,000 |
| 12-55E | \$295,000 |
| 6-130K | \$300,000 |
| 2-39A | \$310,000 |
| 17-110B | \$475,000 |

Leisure Living Resales



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NEW LISTING

Mutual 15 – 29j St. John
Upstairs 2B/2Ba on greenbelt, Laminate Flrs., Central A/C, Upgraded Kitchen, New Paint Dual Pane Windows,
Beautiful Unit @ \$349,900

Mutual 5 – 115i Homewood
Sold \$15K over asking price!

Mutual 5 – 103L Medinac
Sold Corner Unit \$412,000

Mutual 11 – 273b Northwood
Sold \$465,000 Remodeled

FOR SALE

Mutual 15 – 43e Del Monte
RARE on Mkt. Atrium 2B/1Ba, side greenbelt, Laminate Flrs., Skylights, dual vanities, A/C +
Nice Corner Atrium \$429,900

SOLD

Mutual 7 – 158b Kenwood
\$445,000 (\$10K over price)

Mutual 2 – 37i Merion Way
Over Asking Price @ \$240,000

Mutual 7 – 163k Kenwood
Sold Full Price @ \$225,000

www.TeamDonnaJean.com



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Andrea Bair 714-624-1981
Suzanne Ahn 562-810-1614
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M 2 60A \$499,900



M 1 59D \$207,000



M 1 15I \$237,000



M 7 150L \$369,000



M 3 18H \$450,000



M 3 178C \$279,000



M 5 114B \$435,000



M 15 30G \$484,900



M 4 89G \$543,000



Beautiful Remodel!
M 15 42R \$449,000



Condo Unit!!!
M 17 37C \$450,000



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M9-230D \$379,000



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living space that features expansive windows that overlook a beautiful greenbelt. The living room area has a walk-in storage closet, entry closed and heat pump with air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charming home has new vinyl flooring, new paint throughout and is ready to move in.

PENDING

- Mutual 2-17G
- Mutual 9-59G
- Mutual 6- 117L
- Mutual 15-39A
- Mutual 10-258H

**SOLD
2022**

- Mutual 10-258B
- Mutual 1-31E
- Mutual 5- 117L
- Mutual 12-61C
- Mutual 2-63H
- Mutual 3-4F
- Mutual 4-88G
- Mutual 2-3B
- Mutual 2-8C

- Mutual 10 -250J
- Mutual 11-286B
- Mutual 12-61A
- Mutual 11-286I
- Mutual 5-117G
- Mutual 2-46H
- Mutual 1-67E
- Mutual 4-49G

- Mutual 8-183G
- Mutual 11-285D
- Mutual 9-216H
- Mutual 7-164L
- Mutual 2-6G
- Mutual 11-285A
- Mutual 11-263A
- Mutual 4-49B
- Mutual 8-201L
- Mutual 2-6L
- Mutual 7-165E

M8-189E \$449,000



Elegant fully expanded beauty on a beautiful greenbelt. This fully expanded 2 bedroom 1-1/2 bath has a spacious Living room with a bay window, skylight, extra ceiling lighting and laminate flooring and a formal Dining room with tile flooring. Kitchen has extra large skylight with track lighting, built in appliances including stove, oven, refrigerator, dish washer, microwave, tile counters, added breakfast bar with extra storage and a pantry. Master bedroom has a bay window, walk-in closet and ceiling fan. Bathroom has tile flooring, washer/dryer, cultured marble counter top, added cabinet storage and cut down shower. Second bedroom has half bathroom mirrored wardrobe closet door and ceiling fan. This unit also features central heat and air conditioning. Leaded glass doors, and a brick entry porch. Enjoy the greenbelt view and ocean breezes.

M2-49B \$318,000

Two Bedroom, 1 bath room adorable beach cottage with private wrap around patio. Living room is carpeted and has a combination heat pump and air conditioning unit. Kitchen has a built-in Leisure World appliances including stove, oven, refrigerator and solar tube. Both bedrooms are carpeted with wardrobe closets. Bath room has vinyl flooring with a solar tube. Patio has a small storage cabinet. Leisure World is a resort like senior community and features over 200 clubs, organizations and activities' including swimming, exercise and dance groups. Pool, Jacuzzi, 9 hole 3 par golf course, shuffle board, pickle ball, amphitheater weekly dances, karaoke, a variety if card clubs, bocce ball, library, health care center and so much more. Enjoy the quaint community of Seal Beach and the wonderful ocean breeze.



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LOOKING TO BUY OR SELL? CALL ME

Mutual 4-78-D
pending
\$242,900

Mutual 8-200-K
pending
\$419,000

Mutual 12-11-G
pending
\$415,000



(Located in the shopping center, behind Carl's Jr.)

Mutual 5-124-I \$327,000



NEW LISTING... Looking for cute 2 bed basic with some perks! Here it is!!! Drive-up with New Paint,Laminate and Carpet floors, Heat-pump to keep you cool in the summer and warm in the winter,ceiling fans,enclosed side patio lending for extra indoor space with out the cost,a WASHER/DRYER, and a lovely patio to enjoy your surroundings!

Mutual 1-20-A \$325,000



NEW LISTING ... Sitting on a HUGE BEAUTIFUL GREEN is this cute 2 Bed 1 Bath CORNER! New Paint and Carpet, raised exterior walls and windows in the living room, and a patio to enjoy this GORGEOUS Setting! Call to See!!

Mutual 15-8-E \$475,000



NEW LISTING... Lovely upgraded Corner Atrium! Two Bed, 2 bath, remodeled kitchen that opens to the spacious living room, tile floors, enclosed sun room off the master bedroom that will give you extra interior space to enjoy. Drive-up parking, close laundry and a nice green.

Mutual 7-162-G \$469,500



Spacious expanded drive-up corner, plenty of guest parking, a pretty green with beautiful trees to enjoy. Two Bedrooms, One Bath, new paint and carpet, central heat/air, washer/dryer, dishwasher, new microwave, smooth ceilings, Corian kitchen counter-top, and a cut-down shower! Be sure to take a look at this unit ... it is lovely!

See more at www.sealbeachleisureworld.com



Jim Duncan
714-356-6717
Broker/Manager



Robin Gray
562-209-5605



Barbara Diette-Dobias
562-754-5628



Kathy Guppton
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Leah Perrotti
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Hanna Rubinstein
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Seal Beach, CA 90740
BRE 00338699



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13926 Seal Beach Blvd.
Seal Beach, CA 90740



Claudette "CC" Cooley
310-484-9600



Linda Patton
562-522-3364



Bill Berman
714-606-5258



Gail Alonzo
562-673-6307

Two-Bedrooms

Mutual 1 20A \$325,000
corner, gorgeous green, new paint,
new carpet, upgraded windows

Mutual 5 124I \$327,000
down town location, enclosed side
patio, new paint, washer/dyer, drive-
up

Mutual 15 23P \$369,000
upstairs unit, 2 baths, enclosed patio,
sun room, park in front

Mutual 9 230D \$379,000
expanded, washer/dryer, large win-
dows, large greenbelt, heat pump

Mutual 10 250C \$397,500
fully expanded, washer/dryer, central air,
skylight, nice

Mutual 6 66E \$425,000
1 1/2 baths, washer/dryer, 3 skylights,
upgraded windows

Mutual 8 189E \$429,000
full expansion, 1 1/2 baths, washer/dryer,
tile counters, large skylight

Mutual 9 228L \$445,000
btl. location, south facing, fully expand-
ed, ready to move in

Mutual 7 162G \$469,500
washer/dryer, corner, drive up, cent.
heat/air, fresh paint

Mutual 2 18F \$610,000
expanded, 1 3/4 baths, washer/dryer,
remod. kitchen, cent. air

One-Bedroom

Mutual 1 54E \$180,000
remodel potential, large open patio,
good buy



Jay Cho
714-944-4998



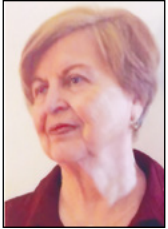
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www.sealbeach-retirementcommunity.info
1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

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For 2022, We have a total of 69 Leisure World pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1340 Kenwood Rd. #156D | M7 | \$372,500
2Bed/1Bath interior location with full expansion, laminate floors throughout, skylights, updated bathroom with bathtub, walk-in closet. AC heat pump in living room!



13260 Fairfield Ln #171J | M7 | \$579,000
One of the best green belts around! This 2bed/2bath home has been completely remodeled inside and out! Central AC, washer/dryer, skylights throughout and walk-in closet!



13241 Southport Ln #185L | M8 | \$619,000
Spectacular corner 2 bedroom, 2 bath unit. Incredible greenbelt location w/patio, central HVAC, walk-in closet, washer/dryer. Completely remodeled kitchen and bathrooms.



13310 Twin Hills Dr. #47D | M12 | \$325,000
Previously owned by a fireman, this adorable and well maintained 2bed/1bath full patio home has laminate flooring, washer/dryer, AC heat pump, newer shower enclosure and skylights throughout!

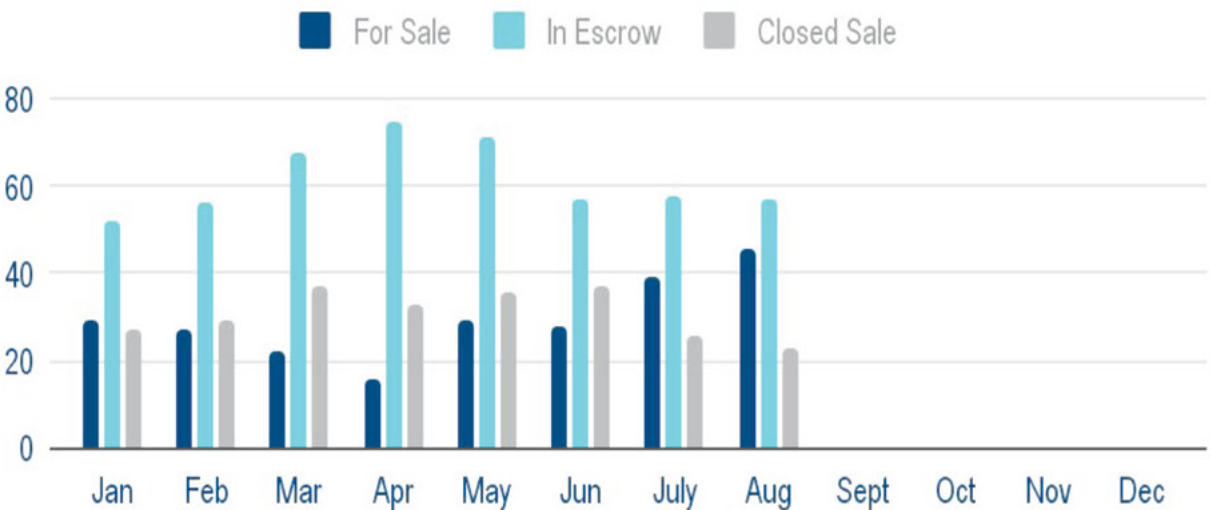


13301 Fairfield Ln. #183J | M8 | \$579,000
2Bed/2Bath beautiful greenbelt location with bay window! Check out this remodeled patio home with skylights throughout, laminate flooring, gorgeous new kitchen and baths, washer/dryer, and central AC!



1881 St. John Rd. #37K | M15 | \$379,000
2 Bed 2 Bath unit overlooking a gorgeous greenbelt with all newer dual pane window enclosure. Luxury laminate flooring throughout, quartz counters in the kitchen and bathrooms. Vaulted ceilings and lots of closet space!

08/22/2022- Year To Date MLS Activity



On August 22nd, 2022 a total of 46 units show as active listings on the CRMLS
(this is where Realtors list property for sale)

9 - 1 bedroom/1 bath units
from \$180,000 to \$350,000

23 - 2 bedrooms/1 bath units
from \$279,000 to \$565,000

14 - 2 bedrooms/2 baths units
from \$349,000 to \$615,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!

Testimonial



2861 M11

"When making major life changes like moving to a new home, one needs caring, professional realtors to guide your decisions. The Gasper Monteer Realty Group fits that description superbly!"

-Sandy W.