September 22, 2022

Weekly

Day Money-Back Guarantee SONUS, hearing care professionals (562) 608-1003

BECAUSE YOUR HEARING MATTERS.

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2999 Westminster Ave. Suite 104, Seal Beach

The battery recycling program hosted by the Golden Age Foundation in collaboration with the GRF has been discontinued.

Page 9

The ever-popular Cousins Maine Lobster Truck is back Sept. 28, at Clubhouse 6 from 4-7 p.m. Get yourself a Maine lobster roll, served chilled with a touch of mayo on a New England roll.

AMPHITHEATER 2022

Page 16



GRF PRESIDENT'S MESSAGE

GRF assessment hike softened by projected SS COLA increases

by Marsha Gerber

GRF president

While assessment increases are never welcomed, you do have some financial elements working in your favor. First, when many older adults say they're on a fixed income, that's not really true. You're on Social Security, where your check rises in step with inflation. Few active workers can claim that automatic jump in income.

In 2022, the average Social Security recipient gets \$1,656 monthly. On Sept. 13, a Senior Citizens League analyst predicted the 2023 cost-ofliving increase will be 8.7%. If correct, that would boost the average Social Security check \$144 per month and the average annual payment over \$20,000 for the first time in history.

Here is another, perfectly timed oddity. The Centers for Medicare and Medicaid Services predicted that 2023 Medicare Part D premiums will decline about 2%. Part B is expected to go down too, perhaps as much as \$5 to \$10 a month.

There may be promising news on inflation as well. Economists for Fannie Mae's Economic and Strategic Research Group predict the Consumer Price Index will decline from its current 8.5% annualized rate to just 1.8% by December 2023.

Forbes magazine's John Tobey suggests retirement nest eggs are set to grow again. Tobey noted the incredible cycle of bad news—inflation, supply chain issues, Ukrainian war, labor shortages and post-pandemic uncertainties. Tobey thinks all these troubles have been baked into the market—perhaps setting the stage for a return to historically routine yields.

The bottom line for you? Yes, you'll have a higher bill from GRF and maybe your Mutual. We have to recover from 2022 budget assumptions we were compelled to make in June 2021, before roaring inflation rapidly made all our planning obsolete.

However, if you're the average Social Security recipient on Medicare, you'll have an extra \$150 or so to balance your monthly household budget. Inflation is expected to ease significantly, and your investments may produce more income than you've experienced during the past months.

It's wise to be cautious. But remember that you live in one of Southern California's most affordable places. In our region, nearly half of all renters and owners pay more than MESSAGE, page 2



The tribute to Frankie Valli and the Four Seasons packed the Amphitheater for the season finale Sept.15.

Season drew capacity crowds

The first full Amphitheater show season since 2019 drew to a close last week with residents praising a summer of stellar entertainment.

It's time for people to weigh in on their favorite acts as the GRF Recreation Department gets ready to book next year's season.

See page 9 for surveys to give feedback on this year's shows and movies and for a list of the sponsors who help keep this an admission-free summer music fest.



The Amphitheater was mostly full for ABBA July 14 and all the shows.



About 2,000 residents attended the Ronstadt Revival tribute July 21.

IN MEMORIAM

GRF Director Philip Mandeville died Sept. 6 with family at his side



GRF Director Philip Mandeville

Philip Mandeville, the GRF director representing Mutual 11 until June when he was forced to step down because of illness, died Sept. 6, 2022. RoseMarie, his wife of 55 years, and his two sons were at his side.

Mandeville served on the GRF Administration, Finance and Recreation committees and chaired the Mutual Administration Committee.

He was president of Mutual 11 for five years, ultimately presiding over the Presidents' Council. He also chaired the Mutual's Emergency Preparedness Committee.

In his 2021 GRF candidate's statement

he wrote: "I hope to continue working for the people in LW with an ear to listen and a mouth to speak on your behalf."

"I am saddened (by) the death of our treasured friend and colleague, Philip Mandeville," GRF President Marsha Gerber said. "I hope you will join me in remembering his infectious smile, courtly manner and all the service he provided to our community."

Mandeville was the epitome of a life well lived. Highlights include service in the U.S. Air Force, piloting his cherished Piper Cherokee, hosting many LW friends at his Lake Tahoe cabin, taking

MANDEVILLE, page 3

September 22, 2022 | www.lwsb.com | www.lwweekly.com



A LW resident drove through the fence into the storm channel on Golden Rain Road by Clubhouse 6 on Sept. 17 at about 4 p.m., according to Security reports. Seal Beach police and the Orange County Fire Authority responded to the call and rescued the driver, who was transported to the hospital. She was westbound on Golden Rain Road just past the traffic signal when the accident occurred. Witnesses said the driver crashed through the fence, drove down the embankment and then up the other side, with the car ultimately settling at an angle in the bottom of the ditch. The car was later hauled out of the culvert and towed away.



GRF Visitor Access Procedures

In an effort to provide a secure community while allowing timely access to authorized visitors, the following procedures regarding visitor access shall apply.

An authorized resident or person should call the Security Main Gate Office, (562) 594-4754, to advise the Security officer that he or she wants a visitor to enter the community. Authorized residents include:

- Owner.
- Co-occupant non-owner, no stock.
- Qualified permanent resident.
 - Authorized renter.
- Power of attorney (if the resident is not deceased).
- Executor (only if unit is in "Estate" status).
- Trustee (only if unit is in "Estate" status).

People who are not authorized to call in visitors include:

- Non-resident co-owner.
- Outgoing, in escrow.
- Former renter.
- •All caregivers, including part-time, full-time and live-in family caregivers.

- In escrow.
- Power of attorney (if the resident is deceased).
 - Immediate family.

Authorized residents should provide the Security officer with the following information:

- Their first and last name.
- Their Mutual and unit numbers.
- The name of the visitor.

The Security officer will enter this information into the visitor access system.

When the visitor arrives at the gate, the Security officer shall:

- Obtain the name of the visitor.
- Obtain the name of the resident they are visiting.
- Record the visitor's vehicle license number in an iPad tablet.
- Print out the pass and give the pass to the visitor.

If there is an issue with the issuing of the pass, the visitor will be asked to park and go to the Security Office for further assistance.

—from Security

Bus Tours

Starting Oct. 4, monthly orientation tours hosted by the GRF Transportation Department will offer new and recently moved-in residents bus tours of the LW community so they can learn more about the location of amenities. For more information, contact Melissa Gomez at melissag@lwsb.com.

MESSAGE

from page 1

30% of their income for housing. The U.S. Department of Housing and Urban Development defines this as being "housing-cost burdened."

That's much less likely in Leisure World. When you applied to purchase in Leisure World, Stock Transfer affirmed you had income at least four times greater than your monthly assessment and property tax bill. That means your housing costs should not exceed 25% of your income.

It's also a lot cheaper inside the wall. In Seal Beach proper, the average rent for an 800-square-foot apartment is over \$29,000 a year. In our community, the average annual housing cost, including taxes, is \$7,800.

I realize the Mutual and GRF assessment increases are concerning to members who for 30 years have never seen annual inflation above 4%. But remember to soothe your fretfulness with the knowledge that you're guaranteed a significant increase in your Social Security payment and lower Medicare premiums. Your IRAs may start adding more to your annual income, and experts predict inflation will dramatically moderate.

And because you live in an incredibly inexpensive coastal California community, you're far ahead of your friends who live outside Leisure World's walls.



Local sales agent with local Medicare Advantage plans.

I'm Sherry Vandervoort, a licensed sales agent in Leisure World Seal Beach. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs. **Take advantage of my knowledge and experience to:**

• Take the confusion out of Medicare

Get help comparing plans

- Receive one-on-one service
- Make enrolling in a plan easier

I look forward to helping you explore your Medicare options so you can enroll in a plan with confidence.

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SPRJ55189

MANDEVILLE

from page 1

care of his nonagenarian parents and helping to bring water to a parched African community.

The litany goes on but the overarching quality of his life was his deep love and care for the people around him.

"He just loved people," RoseMarie said, "all ages and all stages. He was interested in them."

He freely gave away smiles, hugs and encouragement.

His expansive, funny, lighthearted demeanor made him first choice to emcee at GRF holiday events and for entertainment clubs.

His signature Santa persona was a fixture at annual GRF holiday events. He was featured in his red suit and beard on Page One of many December LW Weekly newspapers.

He was as civic-minded as he was social.

When he moved to LW in 2012, he immediately connected with community government, becoming president of his Mutual, taking a leadership role in the Community Emergency Response Team (CERT), and ultimately being voted onto the GRF Board of Directors. His major concern was the safety of all residents.

He had many passions in life, the utmost being his wife, RoseMarie, who was his best friend and steadfast companion for more than a half century. The couple had two sons, James Phillip Mandeville and Michael McClure Mandeville, who gave them three grandchildren and one great granddaughter.

After his family and friends, Mandeville's greatest love was flying. At the age of 54, he passed the test for a pilot's license and was ready to soar. He told his wife that his Piper Cherokee would wiggle her tail when he entered the hangar at Fullerton Airport.

The day he had to sell her was the saddest day of his life. A diagnosis of glaucoma grounded him, but Mandeville's optimistic nature quickly reasserted itself. His love of life was undaunted.

On his 60th birthday, he fulfilled a lifelong dream to vacation in Alaska, where he and his sons hooked 600 pounds of fish.

Mandeville was also a man of faith. Around the same time as the Alaska fishing trip, God moved him to work to bring water to Nairobi, Kenya's capital city. He started a not-for-profit 501(c)3 after he and RoseMarie befriended a woman from Nairobi who was attending college in the LLS

After telling them how she had to walk 45 minutes a day to bring water to her family, the couple worked for nine years raising money to augment water supplies in Nairobi.

The Mandevilles moved to Leisure World in 2012 after Phil retired from 40 years with American West Trucking Company, where he was a part owner.

He moved to LW to help care for his father-in-law, a 36-year resident of Mutual 6 who died last year at the age of 95.

He also helped care for his

parents, James and Margaret Mandeville, in the Lake Tahoe area where Mandeville grew up. He was born on Aug. 17, 1941, in Reno, Nevada, and spent his youth in Tahoe.

It was a place that drew him for the rest of his life.

From Memorial Day to Labor Day, he and RoseMarie would vacation in his 96-year-old family cabin. And because Mandeville never met a stranger, lots of people were invited to visit, and many LW friends enjoyed the Mandevilles' hospitality.

"He was one of a kind, a beautiful person," wrote John Rogers, one of more than 100 people who posted condolences on Facebook.

"My sympathy to the Mandeville family," wrote Mutual 1 Vice President Saundra Luther Stark. "Phil was a good friend, who always took time to say hello. He was president of Presidents' Council for a year and seemed to enjoy that position as he did everything he was involved with. He will be missed,"

she said.

Video Producer Bonnie Zelda Cooper agreed: "Words cannot express what a wonderful man he was."

Theater Club member Taylor White added: "Phil was wonderful in so many ways. He was a gentleman while also being quick-witted and kind. Best Santa ever!

"Always a smile and a kind word," said Tosca Lies of the Theater Club.

Hui O Hula dancer Lori Chamberlain knew Phil as a "wonderful neighbor and friend."

"He was a leader here in Mutual 11, as well as throughout LW, the best Santa Claus, too! I miss him already," she said.

Perhaps Judy Noble summed it up best: "My deepest condolences to Rosie and his family. His amazing positive energy will truly be missed in Leisure World."

Service arrangements are pending.

—Ruth Osborn, managing editor

I-405 Off-Ramp Closed for Month

The southbound I-405 off-ramp to Seal Beach Boulevard closed Sept. 16 for one month.

The Orange County Transportation Authority, in cooperation with Caltrans, is widening the San Diego Freeway (I-405) between SR-73 and I-605. The project is improving 16 miles of I-405 between the SR-73 freeway in Costa Mesa and I-605 near the Los Angeles County line.

Sign up for project-wide and bridge-specific construction alerts at *bit.ly/405-signup*.

North Gate Road Closure Extended

The North Gate Road closure, originally anticipated to end this month, will be extended through October and possibly longer, according to the Orange County Transporation Authority (OCTA).

The reopening of the road is delayed due to unforeseen site conditions

North Gate Road is now anticipated to reopen in mid- to late October.

2022 Paving Project

Phases 3 and 4 of the 2022 GRF Paving Project started Aug. 22 and will continue until the end of October.

Currently paving/road construction crews are working on El Dorado and Northwood Road (grind and overlay with curb work).

Drivers and pedestrians should use caution in construction zones.

The GRF Board awarded a \$2.6 million contract to MJ Jurado for resurfacing, slurry and other work on a total of 18 LW streets.



PERSPECTIVE

Letters to the Editor

The Optum open House last Saturday was such a wonderful surprise and event.

There were 18 different services available in Optum. I learned so much and was so surprised that there are so many specialists at our Optum, which is here in Leisure World. Every service had a professional person ready to discuss what he or she offers to help keep us healthy. Amazing!

Seal Beach Mayor Joe Kalmick was a guest speaker, as was our Seal Beach Councilmember Sandra Massa-Lavitt. United States Rep. Michelle Steel who represents our district also attended, along with other officials. This did not include our doctors and specialists in other fields who were also there.

All were ready to talk and help us understand Optum programs, its staff and professional specialists. All the dignitaries from Leisure World and the insurance people had booths. There was music, tents and lots of fun.

Another surprise: I didn't know they had an incentive program set up with the food trucks. People who discussed their programs with them got a \$10 gift certificate to have lunch there.

Everyone should have been aware about this special event. Next time, send flyers to every Mutual publicizing this important event.

> Adair Paul Mutual 12

Editor:

I want to thank the person who put two beautiful small rocks at the entrance to my home on Interlachen. It was so heart warming to me. The colors are so bright and pretty. As I was admiring them, I turned them over. On the bottom of each rock was written "the painter." Since I did not know who to thank, I decided to put a note in the Leisure World paper. You just do not know how much you made my day and life.

I am leaving the rocks there so I can think about you each and every time I go in and out of my home. I have also included you in my daily prayers. God bless you.

Eileen Dohl Mutual 11

Senior Resource Focus

Editor's Note: National Suicide Prevention Week is an annual week-long campaign in the United States to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide. Robann Arshat, GRF member resources and assistance liaison, prepared the following article to remind people that help is available.

People can reach the National Suicide and Crisis Lifeline by dialing 988, the new threedigit dialing code that will route callers to the National Suicide Prevention Lifeline, which is comprised of a national network of over 200 local crisis centers.

It became available to everyone across the United States starting on July 16.

This new, shorter phone number will make it easier for people to remember and access mental health crisis services, combining custom local care and resources with national standards and best practices.

The lifeline provides 24/7, $free \, and \, confidential \, support \, for \,$ people in distress, prevention and crisis resources for you or your loved ones.

It utilizes the guidance of experts, as well as the voices of lived experience, to continually improve lifeline services. These individuals bring invaluable knowledge and support to their mission of reducing the national incidence of suicide.

The lifeline is available for everyone; it's free and confi-

Lifeline options for deaf and hard of hearing are as follows: TTY Users: dial 711, then 988.

Additional crisis services and hotlines include:

• Crisis Assessment Team (CAT) responds to psychiatric emergency calls throughout the Orange County Community. CAT can respond to private residences at the time of a crisis and provide evaluation for any adult who has a psychiatric emergency or who is at psychiatric risk or needing psychiatric

hospitalization. Anyone can make a call to the CAT team in time of crisis, whether it's a family member, friend or neighbor having a psychiatric outburst, or any type of behavioral or mental breakdown that has escalated.

To reach the Crisis Assessment Team, call 24/7 toll free (866) 830-6044, (714) 517-6353 or the Older Adult Behavioral Health CAT team at (866) 830-

• Veterans Crisis Line, (988) or 1(800) 273-8255 (option 1)

Residents are invited to visit the brochure display in Building 5 for more information.

To book an appointment to learn more about the information here, call Robann Arshat at (562) 431-6586, ext. 317.

2023 CALENDAR

Submission deadline is Oct. 21

The LW Weekly is producing a 2023 wall calendar featuring the work of Leisure World photographers in time for the holidays.

The deadline is to submit photos is Oct. 21. Potential contributors should submit large, high-resolution, 300 dpi images in landscape format of places and spaces in and around Leisure World and Seal Beach. Photos of people are not eligible for this project.

Cell phone photos should be emailed in the "actual size" format. Email entries to stephenb_news@lwsb.com with name, address, phone number and a brief description of the photo.

The calendar will be delivered free to every home. For information on technical requirements, call (562) 431-6586, ext. 392.



An Official Golden Rain Foundation Publication

Serving the Shareholders of Leisure World Seal Beach

LW Weekly

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for

Ruth Osborn, Managing Editor (562) 431-6586, ext. 388 rutho_news@lwsb.com Page One, General News, Perspectives

Debbie Kim, Customer Service (562) 431-6586, ext. 383 debbiek@lwsb.com Classified Advertising, Reception

Laurie Bullock, Editor (562) 431-6586, ext. 801 laurieb@lwsb.com Community, Religion, Obituaries

Emma DiMaggio, Editor (562) 431-6586, ext. 387 emmad@lwsb.com Arts & Leisure, Sports & Games

Katya Lukina, Editor, Graphic Designer (562) 431-6586, ext. 266 katyal@lwsb.com Health & Fitness

Malena Avila, Communications Coordinator, Editor (562) 431-6586, ext. 279 malenaa@lwsb.com Government

Stephen Bannon, Production Editor (562) 431-6586, ext. 392 stephenb_news@lwsb.com Online/Vision Impaired Editions, IT, Pre-press

Sylvia King, Advertising Sales (562) 472-1274, sylviak@lwsb.com

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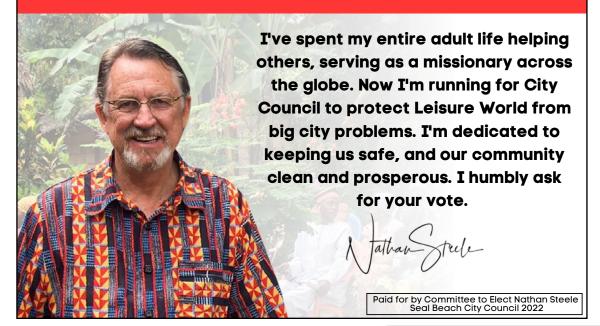
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HELLO my name is

Nathan Steele

Candidate for City Council Neighbor From Mutual 7

www.nathansteele.com



GOVERNMENT

GRF Board of Directors Meeting

Agenda Tuesday, September 27 10 a.m. Clubhouse 4/Virtual

- 1. Call to Order/Pledge of Allegiance
- 2. Roll Call
- 3. President's Announcements
- 4. Service Awards/Staff Commendations
- 5. Seal Beach City Council Member's Update
- 6. Member Comments/Correspondence
- 7. Consent Calendar
 - a. Special GRF Board of Directors Minutes
 - i. Election for Mutual Eleven GRF Representative Minutes, August 29
 - ii. Ratification of Committees Minutes, August 29
 - b. GRF Board of Directors Minutes, August 23
 - c. Approve Capital Funds Investment Purchase
 - d. Approve Reserve Funds Investment Purchase
 - e. Acceptance of the Interim Financial Statements, August 2022, for Audit
 - f. Replacement of Clubhouse 4 Heat Pump, Unit B-1
- 8. Ad Hoc Reports
 - a. Establishment of Community Gardens Ad Hoc Committee
 - b. Governing Document Ad Hoc Committee Discussion
 - c. Website Ad Hoc Committee Discussion
- 9. New Business
 - a. Architectural Review Design Committee
 - i. Amend 10-5160-3, Committee Charter
 - b. GRF Administration Committee
 - Amend 30-5093-3, Authorized Resident (AR) Rules of Conduct, Procedure for Notification of Violation and Right to Hearing
 - ii. Amend 30-5025-3, GRF Election Procedure
 - iii. Amend 30-1001-5, Glossary of Terms
 - c. Finance Committee
 - i. Approve SRO Labor Rate
 - ii. Amend 40-5340-1, Capital Improvement Fund
 - iii. Amend 40-5115-3, Finance Committee Charter
 - iv. TENTATIVE VOTE: Amend 40-5061-2, Fees
 - d. Information Technology Services Committee
 - i. Reserve Funding Request Computer Replacement
 - ii. Reserve Funding Request Clubhouse 4 Dias Upgrade
 - iii. Reserve Funding Request IT Office Renovation
 - iv. Reserve Funding Request Phone System Updates
 - v. TENTATIVE VOTE: Adopt 20-5560-1, Surveillance Camera Policy
 - e. Mutual Administration Committee
 - i. Amend 50-1646-2, Stock Transfer Office Schedule of Fees
 - f. Physical Property Committee
 - Capital Funding Request: Speed Cushions in Five Locations
 - ii. Capital Funding Request: North Gate Road to Northwood Road Traffic Calming Measures
 - iii. Capital Funding Request: Golf Course Add Sidewalk Behind First Tee
 - iv. Capital Funding Request: West End Bocce Ball at Clubhouse 2
 - v. Approve Increase of Permit Fee for Modification of Residence
 - vi. TENTATIVE VOTE: Adopt 60-5000-1, Use of Community Facilities, Dumpsters at 1.8 Acres -Rules
 - g. Recreation Committee
 - i. Amend 70-1401-3, Outside Bus Services
- 10. Next Meeting
 - Tuesday, October 25 in Clubhouse 4/Virtual
- 11. Adjournment



GRF BUDGET

Special Board of Directors Meeting

Agenda
Thursday, September 29
1 p.m.
Clubhouse 4/Virtual

- 1. Call to Order
- 2. Roll Call
- 3. Pledge of Allegiance
- 4. Announcements
- 5. Shareholder/Member Comments

NOTE: Foundation members are permitted to make comments before the business of the Board begins. Requests must be registered in advance of the meeting and comments are limited to four minutes.

- 6. New Business
 - a. General
 - i. Approve Transfers of Capital Fund to Reserve Fund
 - ii. Approval of the Proposed 2023 Operating Budget
- 7. Adjournment

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) to practice drill every Wednesday morning. Anyone who has an FRS radio is invited to participate. The call-in time is from 9:30-9:45 a.m. on Channel 13/0.

Be sure to wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information or instruction on the use of the FRS radio, contact Leisure World Radio Club President Rich Erickson at *rjerxn@yahoo.com*, or call (562) 431-6586, ext. 409.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Sept. 22	GRF Administration Committee
. 1	Conf. Rm A/virtual 1 p.m.
Tues., Sept. 27	GRF Board of Directors Meeting
_	Clubhouse 4/virtual10 a.m.
Thurs., Sept. 29	GRF Special Board of Directors Meeting
	Clubhouse 4/virtual1 p.m.
Mon., Oct. 3	Physical Property Committee
	Conf. Rm B/virtual10 a.m.
Mon., Oct. 3	Recreation Committee
	Conf. Rm B/virtual1 p.m.
Tues., Oct. 4	Information Technology Services
	Committee
	Conf. Rm A/virtual 10 a.m.
Thurs., Oct. 6	GRF Board of Directors Meeting
	(Executive Session)
	Conf. Rm A1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

Thurs., Sept. 22	Mutual 1
1	Conf. Rm A/Zoom9 a.m.
Fri., Sept. 23	Mutual 6
_	Conf. Rm A/Zoom10 a.m.
Mon., Sept. 26	Mutual 8 (open forum, 9:15 a.m.)
	Conf. Rm A/Zoom9:30 a.m.
Wed., Sept. 28	Mutual 10
	Conf. Rm A/Zoom9 a.m.
Tues., Oct. 4	Mutual 17
	Conf. Rm A/Zoom1:30 p.m.
Thurs., Oct. 6	Presidents' Council
	Clubhouse 4/virtual9 a.m.

News Deadlines for the LW Weekly

The editorial deadline is 4 p.m. on Thursday for the following Thursday's edition. People may email articles or drop them into the letter slot at the front of the News Building, located on the east side of the Amphitheater.

See page 4 of any edition for a list of section editors and their email addresses.

We would like our patients to meet our new associate Dr. Taylor J. Sant

For those who do not have dental insurance, we offer new patients a \$3500 exam, x-ray & cleaning special (Reg. \$292) In the absence of gum disease

Because one of our goals is to discover small

Because one of our goals is to discover small dental problems before they become big ones. The American Dental Hygienists' Association estimates that for every dollar spent on preventive care, \$8 to \$50 is saved in restorative and emergency procedures.









Philip P. Nguyen, Ella J. Chen, Tay
D.D.S. D.D.S.

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Answers on page 19

Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis

"GAME DAY" - BY LYNN LEMPEL

ACROSS

- Interpretation 5 Left on board?
- 9 Smartphone array
- 13 Church reading 18 Falafel bread
- Civil rights
- leader Medgar Vault
- Submit for
- judging
- 24 Piece of history 25 Gumbo pod
- 26 Lines on GPS
- displays
- 27 Vague amount 28 Prompt to a
- Twister player?
- 31 Over the speed limit
- 33 Glove material 34 Half-baked, as a
- 37 Impulse
- 38 Bursts
- 40 Former NBA star Ming
- 42 Figs.
- 43 Correspond 45 Encouragement to a Yahtzee
- player? 50 One in a dory
- 51 Biblical preposition
- 52 Dory's companion
- 53 "Mr. & Mrs. Smith" co-star
- 54 Psychology 101
- subject 55 Brief times
- briefly
- 57 Coarse 59 Heavenly octet
- 61 Benchmark 63 "Salt Fat
- Heat" Samin Nosrat
- cookbook 65 "Mr. & Mrs.
- Smith" co-star
- 67 D'backs, on a sports ticker
- 68 Actor Alan who hosts the "Clear+Vivid"
- podcast 69 Sad request to one's Hangman
- opponent? 72 Microwaves 76 "Summertime
- Sadness" singer Lana __ Rey 78 Equally matched
- 79 Climate change
- sci. 80 Entertainment industry grand slam, for short 81 Diminished

- 85 Vegas calculation
- Arborist's patient 124 Knuckle or knee 89 Atmosphere 90 One way to think
- 91 Prosecco kin 93 Trim, perhaps
- 95 Originate Advice to
- a checkers player? 100 Connective
- tissue 101 Sports drink
- suffix 23 Bind with a cord 102 Sculling need
 - 103 Botanist Gray and actor
 - Butterfield 104 Crown array 105 opener
 - 108 Like the River Shannon
 - 111 Forced (on) 114 Prayer for a chess player?
 - 118 Damage 119 Geometry surface
 - 121 "A
 - technicality!" 122 Real doozies

- - 125 Prune, before drying 126 Singer Ronstadt

123 Globetrotter's

need

- 127 Turn over __
- 128 Some TVs
- 130 Over 131 Spill the beans
 - Bug-hitting-
- 2 Yamaha with a bench seat 3 With 73-Down. assertion to
- one's Scrabble opponent?
- 4 "Not gonna happen" 5 Read
- track medalist Steve
- 7 Count (on) 8 The Jonas
- Brothers, e.g.

9 In flight 10 Black tea 11 Sudden burst of emotion 12 Quarrel

17

- 13 Woman on Argentina's 100
- leaf
- 129 Fed. IDs
- DOWN the-windshield
- sound
- 6 1980 Olympics

- 38 Thoughtful Alice Sara 41 Resting on
- movement 20 Artist who works with a chisel

about the ERA

peso note

15 Slanted

- 28 On-call devices 29 Impetuous 30 French fashion
- giant 32 Priceless?
- 35 Like two 2015 Max Scherzer
- games 36 Will of "Blue Bloods"
- Classical planist

43 Sports stadium

- 48 Allowing access Bamboozles 49 Charge, in a way 56 Philadelphia 16 Spearheaded America": 2020 miniseries

46

NFLer 58 Overturn

44 Nikolai who

wrote "The

Overcoat"

45 Italian fashion

46 __ pale ale 47 Do a slow burn

giant

- Chili scoop 62 Fabricated 64 Dedicate, as time
- Strategic steps 70 First-aid dispenser
- Opposite of sur See 3-Down Grace under fire Spread around Medieval
- Icelandic collection Hindu royalty
- 82 Give the slip 83 "Huh?" 84 Survey results,

e.g.

- out; resolve 104 Attacks 106 Jazz
- saxophonist Rollins
- 107 "Waiting for Lefty" dramatist

86 Beachcombing

88 Enter gingerly

94 Strands in a

96 Wheel parts

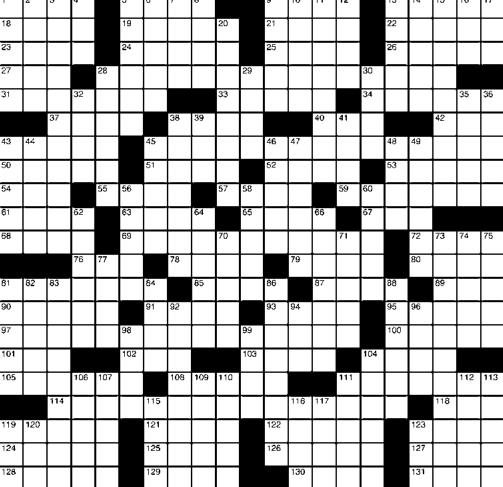
98 Lots and lots

prize

92 Dries up

lab

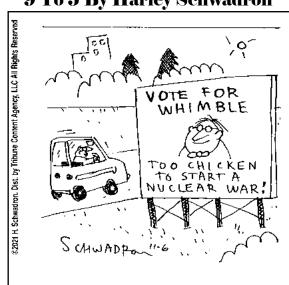
- Clifford 109 TV Land fare 110 Agenda entries
- 111 Extended conflicts 112 Stand for
- something? 113 Southern twang
- 115 Roadie's vanload 116 Witticism
- 117 Pinkie-side arm 119 Comfy
- loungewear 120 Lav
- 123 Napa Valley lub

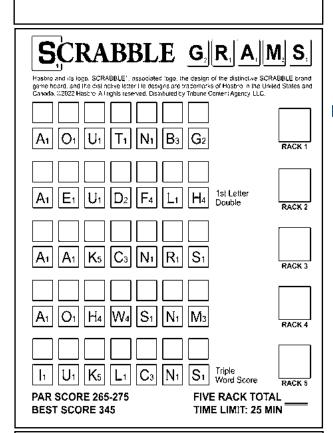


Sudoku 1

	5	1	9		3		6	
					1			7
2								1
				2			9	
		3	7	2 8	6	1		
	4			1				
4								5
7			1					
	6		5		8	2		

9 To 5 By Harley Schwadron

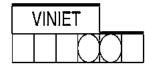






one letter to each square, to form four ordinary words. NICGI ©2017 Tribune Content Agency, LLC All Rights Reserved.

KMISP



DOLNEO

I need 2,000 shares of IBM. Can you do that? plenty. YOU CAN BUY SHARES IBM BECAUSE THE EXCHANGE HAS PLENTY --

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here:





Guess Who?

I am a singer born in New Jersey on September 29, 1994. I began my singing career singing a parody of a popular tune. Since then I have achieved fame with notable singles. My stage name is an anagram of my real name.

Sudoku #2

			5			2	4	
		4	3				7	
		6						
	1							2
		8						7
	2				6	9	5	4
	6	5		2	7	3		9
	8				5		1	
7								

Puzzles & Comics Answers on page 19

O** △® * ~ O < < * < * + > * + > * A C * S * > * \ A E C D E F G H i J K L M N O P Q R S T U V W X Y Z

CRAPIO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to food safety.

Each number corresponds to a letter.

(Hint: 25 = E)

A. 15 9 3 22 22

Clue: Cool down

B. 9 25 13 11

Clue: Warm up

C. 11 9 25 24 5 14 5 25 11 25 24

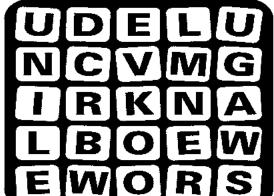
Clue: Measures temperature

D. 16 13 15 11 25 24 3 13

Clue: Microorganisms



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS. Find as many words as you can by linking fetters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

3 letters = 1 point

4 letters = 2 points

5 letters = 3 points

6 letters = 4 points

7 letters = 6 points

8 letters = 10 points

YOUR BOGGLE RATING 151+ = Champ 101-150 = Expert 61-100 = Pro 31 - 60 = Gamer 21 - 30 = Rookie 11 - 20 = Amateur 0 - 10 = Try again

Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them? Find AT LEAST EIGHT BIRDS in the grid of letters.

1.23.22

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FOOD SAFETY WORD SEARCH

R S G C G G 0 Е Ν K Α G М М D Ι F T T P T Α C T Ε C 0 Q N L N 0 R C Ι T В U 0 М N В Ε Τ G E В S Υ Q В В В Q K E S G D 0 S U В W Α 0 Α G S 0 G Ι C C Ι T D Α Q N A N N R N 0 F Α C Y E U Y Ι Ι E Ι C Ι U R G Y М G М Т T R N Ι E М K 0 Q R K L Τ L E A W R R E Ι F P E Ι Y Ε G P C C D K L L S D K D F Ε T Ε R L R U R P Q Q В М Α Α D Α L W C F Α Ρ S T Ε Ι D R G Ι 0 Α 0 D E N М Ν C P S F Ε Ε T R В Ι K K N G R L L Α R G C F F P P 0 C N R L N E E Y U D Q L Q P D F Ε Ι R E Ι P P U S Q K D М N D L L C S S S Ε U N Y E Υ N Α R Α М Α Ι Т Α R G Ι G Ι D 0 0 Ε Ε Α Ι R 0 C Y Α Α L K T В U C P G Q U Α Ι T Y D F L U C F D Α F E E R Ι U D Ι T Α D Q L Α W В K Q Α S S P 0 G М Y D N D R Α D N T S М Q G Α

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ACCEPTABLE

AIRLOCK ALLERGEN **ANIMAL ASSURANCE** AUDIT BACTERIA **CERTIFICATION** COMPLIANCE CONSUMER **CONTAMINANT** DISINFECT **FACILITY** F00D **INGREDIENTS INSPECTION** LABELING **PACKAGING** QUALITY RAW SAFETY **SANITARY STANDARDS** SUPPLIER

September 22, 2022 | www.lwsb.com | www.lwweekly.com

SPORTS & GAMES



Shuffleboard captains and potential assistant captains are readying for the fall league games. Pictured are Rod Osgood

(I-r), Harshad Patel, Jack O'Brien, Carrie Kishner, Enrique Gracia, Sally Fowler, Kay Mount and Roger Bennett.

Shuffleboard Club announces teams for upcoming fall league

Six teams for fall shuffleboard were announced at the Sept. 14 meeting of the Shuffleboard Club, with 48 players initiating the two leagues, representing a significant growth in membership since the 2020-2022 COVID shutdowns. The Friday morning group will begin on Sept. 30 while the new evening teams will begin Tuesday, Oct. 4.

Anyone interested in watching the friendly competitions is invited to drop by the Courts Building (behind Clubhouse 1 on Burning Tree Lane) from

8:30-11 on Friday mornings and 6-8:30 on Tuesday evenings.

With years of experience, Sally Fowler, Mutual 8, will be a captain for two teams, one in the morning and one in the evening. Other morning captains will be Milly Larsen, Mutual 2, and Rod Osgood, Mutual 9. The additional evening captains will be Jack O'Brien, Mutual 2, and Karen Mendon, Mutual 14. This year, each team will also be assigned an assistant captain who will help the captain maintain individual and team statistics as well as provide leadership for the maintenance of the courts before and after each team session. Open play practice sessions are a great time for interested LW residents to stop by the courts to see what LW indoor shuffleboard is all about. Practice sessions are Monday and Wednesday mornings from 9-11 and Tuesday evenings from 6-8 throughout September. Games are fun and low stress, where a friendly group can laugh and compete at the same time. Partners are not needed. Participants should wear closed-toe shoes. Annual

dues are just \$5.

Although the initial teams for fall play are almost full, a waitlist has been established for a second Tuesday Night League play that is tentatively scheduled to begin Nov. 15 and finish before Christmas. Waitlist and social members may participate in all non-league events, including open houses, non-competitive open play practice times, potluck events, BYOB parties, holiday events and a summer cook-out. For more information, call or text Kay Mount at (775) 527-0426.

Men's Golf League

Monday-Friday League:

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are becoming the norm with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter. Rewards are given for low net in each flight, birdies, closest to the pin on two par threes and for the lowest number of putts in each flight. Holes-in-one and Eagles (two under par), although infrequent, are generously rewarded.

If interested, contact Gary Stivers at (714) 313-3697 or Dave LaCascia at (801) 674-5975.

Golf Tournaments:

The next Men's Tournament will be on Wednesday, Sept. 28, plus every second and fourth Wednesday of the following months.

Those who had planned to play in any tournament and cannot should contact Alan Sewellat (541) 324-8558 as soon as they know. Players should arrive 10-15 minutes prior to their scheduled tee times and be ready to play.

–Dave LaCascia



Referee and bocce player Rod Osgood is looking forward to the action on Oct. 1.

Women's Golf: President's Trophy

Nava Senske (I-r), Anne Tindran and Patty Littrell participate

in the first round of the president's trophy tournament.

The annual two-week president's trophy tournament competition began on Sept. 13. Forty-five women golfers participated in the first round.

Twelve golfers scored 13 birdies and Soo Choi was the only golfer who made two birdies.

The Flight winners were:

Flight A—Low Gross: Devora Kim, 27; Low Net: Susie Kim, 25; Birdies/hole: Soo Choi, 1 and 9, Lisa Kim, 3, Susie Kim and Stella Yoon, 8, and Devora Kim, 9.

Flight B—Low Gross: Theresa Lim, 30; Low Net: A tie between Angela Song and Sang An, 25; Birdies/hole: Sally Park, 2, Theresa Lim, 3, Angela Song and Sang An, 6.

Flight C—Low Gross: A tie between Sue Yokomi and Hailee Yang, 35; Low Net: A tie between Patty Littrell and Soo Kim, 37; Birdies: none.

Flight D—Low Gross: A tie between Keung Ju and Kum Delias, 36; Low Net: Connie Kang, 25; Birdies/ hole: Neva Senske, 2, and Kum Delias, 8.

Table Tennis Club

The table tennis club has been active this year since reopening club activities in the clubhouses. The club has purchased a new robot for all players to enjoy.

The club has also installed partitions between the tables to make playing easier and more enjoyable.

All this has been made possible thanks to high membership and donations from

The club's annual picnic

is planned for Sept. 24 in Clubhouse 1 at noon. All members are invited to attend free of charge, and guests will be charged \$10 to participate.

The club anticipates high attendance. A holiday party in Clubhouse 4 is also being planned for December.

Club fees are \$10 per year. Contact Randy Miller at (562) 900-5184 or Hanna Rubenstein at (562) 900-4243 for more details about the club and membership.

Bocce Ball: Report from the Court

They say practice makes perfect, and residents will need lots of it if they hope to win the Leisure World Summer League Bocce Ball Championship on Oct. 1.

The championship games will be held in the morning at 9, 9:45, 10:30 and 11:15 at the bocceball courts located in Mission Park behind Clubhouse 2.

Pool Club members cue up for fall league, competition will end mid-November

The first round of the Leisure World Fall 2022 Pool League started in Clubhouse 2 and in Clubhouse 1 at 6 p.m. on Sept. 12. Since the group has 10 three-person teams, playing all the games in Clubhouse 2 would have taken too long. After meeting in Clubhouse 2, Teams 7-10 went to Clubhouse 1 to play their matches.

As in recent leagues, each team has three players, who are

designated as "A", "B" and "C", according to skill level. Each player plays seven games, two doubles matches of eight ball and nine ball, one singles match against their corresponding opponent in eight ball and nine ball. The final match of the night has all three players on each team play one game of eight ball. In a 13-point match, there is always a winner and never a tie. Every team will play every

other team in the league once and then the season will finish on Nov. 14, with a sweepstakes

The match between the Ball Busters and the Crack Shots was a one sided affair with the Ball Busters winning 12-1. Kurt Bourhenne and Tiffany Pan both won all seven of their games for the Ball Busters, and Bruce Pettys only lost his eight ball singles match.

In the closest match of the night, Any Hole Counts edged The 3 Amigos 7-6. Steve Edrich, the "A" player for Any Hole Counts, won five games and four doubles.

The Rustlers, who look to be one of the league's strongest teams, won 11-2 over Right on Cue. Rusty Aquino, Gary Snow and Connie Terry each won five games, and all three players won both of their singles matches.

Over in Clubhouse 1, The Renegades won 10-3 over the Bank Bandits. Renegrads Steve Mitchell and John Burns each won six games, including both their singles games.

Hard to Handle won over Rockin' Rollers 8-5. Bob Barnum and Susan Dotson each won five games, and Dotson, a much improved player, won both of her singles matches.

—Dave Silva



A resident plays with the club's new robot next to newlyinstalled partitions between tables.

Mutual

AMPHITHEATER SEASON

Fill out surveys to weigh in on 2022 shows and movies

The GRF Recreation Department is seeking input from Leisure World residents on the 2022 Summer Amphitheater show season on Thursday nights since June 30.

This year's shows drew crowds from 80-100% capacity.

People were able to enjoy al fresco dining before getting together with friends and family to enjoy 12 professional concerts featuring a wide variety of music, including classic rock, country and soul.

It was the first full season since 2019.

Clip this form at right and mark the appropriate boxes. Completed forms should be turned in to the Recreation Department on the ground floor of Building 5 by Oct. 13.

In the form, the Recreation Department has listed the concerts by entertainer so that residents can see the cost vs. attendance. Attendance numbers are approximate, based upon the percentage

It should be noted that first and last concerts cost more are as these are fixed dates, while all other productions can be juggled within the lineup to secure the best pricing. Attendence figures also reveal that show costs do not necessarily correspond to popularity. Residents are asked to include their suggestions for futures shows.

Thank You Amphitheater Sponsors

Every year, the cost of the Amphitheater show and movie seasons is offset by advertisers who sponsor these entertainment events to partner with the LW community in a positive way. These sponsors, some of whom subsidized more than one event, help make it possible to offer shows and movies with free admission to residents and their guests. So when you patronize these community champions, make sure to thank them for their generous support.

2022 Amphitheater show sponsors include (listed in chronological order):

- On-Site Home Sales
- Home Instead Senior Care
- Gasper Monteer Real Estate
- Financial Partners Credit Union
- Tandem Careplanning
- Athens Services
- Optum
- United Healthcare
- Cannon Legal Firm
- MemorialCare

Amphitheater movie sponsors include:

- Home Instead Senior Care
- MemorialCare
- Sandra Teel Medicare Insurance
- Community Legal Aid SoCal
- Optum
- SCAN

Battery Recycling Service Discontinued

Leisure World's battery-disposal service supplied by the Golden Age Foundation (GAF) has been discontinued. Significant cost increases the contractor was charging for pickup and processing made it impractical to continue, according to GAF officers. An alternative supplier was unable to meet insurance and liability requirements to operate in the community.

As a result, the collection points the Golden Rain Foundation had supplied for GAF's convenience, including the one in the Copy and Supply Center and another behind Building 5, have been removed. Residents continue to have access to battery disposal services at four county-operated sites and at local retail stores.

The county's four collection sites provide Orange County residents free recycling of many hazardous products, including the common, single-use household batteries used in flashlights, toys, remotes and other light-duty usages. The facility closest to Leisure World is the Huntington Beach Collection Center at 17121 Nichols Lane, Gate 6. The site is open Tuesday through Saturday from 9 a.m.-3 p.m.

If the battery is rechargeable, residents have more options. Many area home supply stores, like Home Depot and Lowe's, accept batteries designed to be recharged, such as those in computers and power tools. Most Staples stores host a similar program to recycle computer batteries and cell phones.

Safe disposal and recycling tips are outlined in the Orange County publication, https://www.oclandfills.com/hazardous-waste.

CH 2 Closed for Painting

Clubhouse 2 closed for painting Sept. 19. The facility is expected to be closed until Oct. 17. All reservations have been canceled during this time. The poolroom, game room, Mission Park and restrooms will be open. Most clubs have canceled for the duration; however, some have been relocated so people should check with their groups.

The Abilene concert scheduled for Sept. 24 has been canceled, but the group will be back for its annual Halloween concert and dance on Oct. 31. For more information, email *kathyt@lwsb.com*.

2022 Amphitheater Show Survey

		,				
DATE	SHOW	COST	TURNOUT	GOOD	FAIR	POOR
6/30	Vegas Country	\$12,500	1,900			
7/7	Abilene	\$3,000	600			
7/14	ABBA LA	\$4,000	1,800			
7/21	Ronstadt Revival	\$3,500	2,000			
7/28	Michael Bublé Tribute	\$7,000	2,200			
8/4	Matt Lewis as Elvis	\$8,000	2,500			
8/11	McCartney Tribute Live and Let Die	\$15,000	2,250			
8/18	Stone Soul	\$3,000	2,400			
8/25	Neil Diamond Tribute	\$9,500	2,400			
9/1	Rod Stewart Tribute	\$8,500	2,500			
9/8	Long Run Eagles Tribute	\$4,000	2,300			
9/15	Frankie Valli Tribute	\$15,000	2,200			

Mutual: Apartment No: Comments (including suggestions for future shows)	:

2022 Amphitheater Movie Survey

DATE	MOVIE	TURNOUT	GOOD	FAIR	POOR
6/24	Knives Out	100			
7/8	No Time to Die	85			
7/15	Disney's Encanto	250			
8/5	Ghostbusters: Afterlife	150			
8/19	Dog	250			
9/2	Respect	225			
9/16	Cyrano	200			

Mutual : Apartment No. : Comments:

SIMPLY DELICIOUS SENIOR MEAL DELIVERY SERVICE

9/26/2022 to 9/30/2022

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$90 per week B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$150 per week

Monday	Monday Tuesday		Thursday	Friday	
		LUNCH			
Turkey Sandwich Tomatoes & Cucumber	Shrimp Tacos Spanish Rice	Chicken Enchiladas Pico De Gallo	Avocado, Bacon & Cheese Omelet	Chinese Chicken Salad w/Fried Wonton Strips	
Mixed Fruit	Flan	Watermelon & Kiwi	Mixed Berries	Fruit Salad	
		DINNER			
Curry Chicken w/Slivered Almonds Raspberry	Fish & Chips Cole Slaw	Beef Stroganoff Asparagus	Claudia's Chicken w/Lt Tomato Basil Cream Sauce	Fresh Salmon Mango & Papaya De Gallo	
Crumble Cookie	Cantaloupe & Grapes	Chocolate Chip Cookies	Sliced Mango	Apple Strudel	



(562) 754-8487 www.simplydelicious.app



To ensure high quality, some items may be substituted

COMMUNITY

LW Birthdays

10



Bob Melville celebrated his 95th birthday. He has lived in Mutual 2 with his wife, Virginia, for over 35 years.



Cindy Gannon advanced to her 85th birthday. She is as old as the Golden Gate Bridge, the cobb salad and Snow White. She celebrated with friends and family. She and Keith Kelsay are planning her 90th cruise in the spring.

SUNSHINE CLUB

Learn how to triumph over technology on Friday

The Sunshine Club will sponsor an hour-long workshop featuring Leisure World's longtime technology experts Tina Schaffer and Jeff Plum of Computer Images Plus on Friday, Sept. 23, at 10 a.m.

This user-friendly workshop is for anyone who wants to gain the knowledge and control that comes from understanding simple and easy ways to navigate the world of often confusing functions of their home computers, whether the operating system is Apple or Microsoft. Attendees will leave with helpful handouts and rewarding insights from computer war stories and phish tales that have befallen others.

People will enjoy a sense of computer mastery after learning how to stay safe on their computers, tablets and phones. Schaffer and Plum will discuss new scams residents should be aware of including:

- Publishers Clearing House
- Amazon scams
- PayPal scams
- Facebook Marketplace



Tina Schaffer

Schaffer and Plum will also discuss how to guard against old scams including:

- Gift cards
- Fake grandchildren
- Phone call scams
- Romance scams

factor authentication, if it is necessary, how to use it and what an authenticator app is.

Schaffer and Plum will also



Jeff Plum

cover what people should do if they get scammed via bank accounts, credit cards, identity theft or computer cleanup

All residents are welcome to join. The Sunshine Club requires They will also discuss two no membership fees, but donations are welcome.

> For more information, call Anna Derby at (562) 301-5339.

Animal Care Services

Long Beach Animal Care Services provides animal control services to Seal Beach. To report coyote activities or other animal control issues, call the 24-hour animal services line at (562) 570-7387, or go online at www.longbeach.gov/acs/wildlife/coyote-report.

Residents are reminded not to engage and give space to wild animals, strays and any sick or agressive looking animal they come across.

GENEALOGY CLUB

Ina Gibbons will speak Sept. 28

Ina Gibbons will speak at the the Genealogy Club's meeting on Wednesday, Sept. 28, in Clubhouse 3, Room 1. Social hour begins at 9:30 a.m. and the meeting will begin at 10.

The topic of Gibbons' presentation is titled "Breaking My Brick Wall." She will talk about what happened when she reread every word of an old document that she had in her possession for many many years.

Gibbons was born in Greenrock, Scotland, and came to America in 1960 when she was 20 years old. She was supposed to stay for one year; however, she met her future husband and the rest is history. She started



Ina Gibbons

genealogy research in 1995 and immediately became addicted.

The Genealogy Library is located in Clubhouse 3, adjacent to the reception area, and is open Monday-Friday from 1-4 p.m. and Sundays from 11 a.m.-2 p.m. The club is still in need of a volunteer for Saturdays.

Nominations are open for the board of directors.

A trip is being planned to visit the Orange County Family Search Library in Yorba Linda on Oct. 4 from 10 a.m.-noon. A sign-up sheet to schedule carpooling is available in the Genealogy Library. Volunteers from the FamilySearch Library will be available to assist.

Call Mary Romero at (562) 810-4266 for more information.

Impaired Vision and Hearing Club

The Impaired Vision and Hearing Club will resume meetings on Tuesday, Sept. 27. Club President Juanita Townsend will call the meeting to order at 1:30 p.m. in Clubhouse 3, Room 2. Note that the room has changed. It is across the hall from room 1.

Sharon Kohn has arranged for Dr. David DeKriek, an audiologist based in Cerritos, to speak.

DeKriek has helped the hearing-impaired for more than 20 years in a variety of medical environments. He completed an internship at UCLA, served as a member of the cranio-facial team at Orthopaedic Hospital, and has provided diagnostic and rehabilitative services to many local medical offices before starting his own practice.

DeKriek earned his doctorate of audiology at the University of Florida and has been awarded his Board Certification in Audiology. He is also a fellow of the American Academy of Audiology.

Club members are reminded to make a reservation for the handicap bus in advance if needed.

For more information, call Kohn at (562) 596-1969.

Find gently used treasures at Mutual 12's yard sale on Sept. 29

Residents are welcome to attend Mutual 12's neighborhood yard sale on Sept. 29, 30, and Oct. 1 at 13430 St. Andrews Drive between buildings 72 and 73. There will be over eight sellers on

The group is doing its part to keep gently used items from ending up in the dumpsters and landfills. Part of the proceeds from the yard sale will go to the Orange County Rescue Mission to help veterans re-establish themselves into civilian life.

For more information on the Orange County Rescue Mission

Concerned Shareholders

The Concerned Shareholders Club will host an open discussion regarding the new TV and Internet services coming to Leisure World. Residents are encouraged to bring their questions to the meeting and be prepared to learn more.

The group will meet today, Sept. 22, in Clubhouse 3, Room

The LW Weekly (562) 430-0534

SB WOMEN'S CLUB

Laughlin trip returns next year

The Women's Club of Seal Beach is pleased to announce the return of its annual bus trip to Laughlin, Nevada, on April 24-26, 2023.

This fundraising event is one of many the club sponsors during the year to support local organizations, student and civic activities. The fun-filled adventure includes a charter bus to and from Laughlin, two nights at the Edgewater Hotel and two free meals at the hotel. Tickets cost \$150 single and \$120 per person double occupancy.

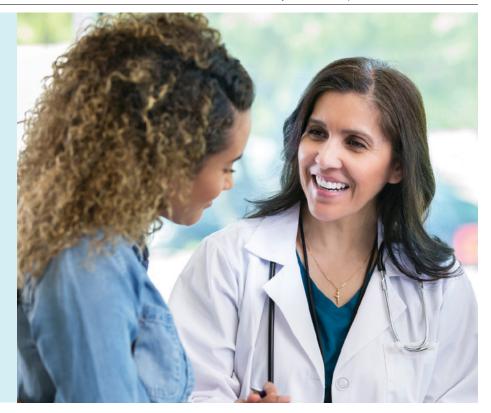
The bus leaves from the Seal Beach Community Center at 151 Marina Drive at 8 a.m. on April 24 and returns about 5 p.m. on April 26. Parking passes are available for those who want to leave their cars at the center.

Registration information is available by calling (562) 434-7113.

Optum

Annual drive-thru flu shot clinic

October 6, 2022, 8 a.m.-3 p.m.



Here's how it works:

For cars and golf carts

Use the north entrance. The clinic will be held behind Clubhouse 4. There'll be plenty of signs and personnel to help guide traffic. After you get your flu shot, please exit onto Northwood.

For scooters, bikes, shuttles and walk-up appointments We'll have tables set up in front of Clubhouse 4.

How do I know if I can get my flu shot here?

My primary care doctor works at an Optum location.

• You can get your flu shot. There is no copay.

My primary care doctor does not work at an Optum location.

 If you have Original Medicare and are not a Medicare Advantage patient, you can get your flu shot. There's no copay.



Please wear a face mask or covering

- If you're a Medicare Advantage patient and your insurance card doesn't have Optum Care Network-Monarch on it, we're unable to provide the flu shot unless you pay cash.
 Please contact your primary care doctor to find out what locations are available to you.
- Many pharmacies are now offering the flu shot. Check with your doctor's office to learn more.
- If you want to pay cash, the regular adult dose is \$40 and the high dose for high-risk individuals is \$65.

What do I need to do before getting my flu shot?

- Please have your consent form filled out upon arrival to the flu clinic. You may obtain a form at the HCC, on the buses and the recreation office.
- Bring picture ID and insurance card.
- · Wear a short-sleeve or sleeveless shirt.
- · Wear your face mask or covering.

Mutual times

To help with traffic, please show up during your mutual's designated time.

Mutual	Appointment start time	Appointment end time
Mutuals 4 and 11	8 a.m.	8:45 a.m.
Mutuals 1 and 17	8:45 a.m.	9:30 a.m.
Mutuals 10 and 14	9:30 a.m.	10:15 a.m.
Mutuals 2 and 16	10:15 a.m.	11 a.m.
Mutuals 12 and 15	11 a.m.	11:45 a.m.
Mutuals 3 and 5	11:45 a.m.	12:30 p.m.
Mutuals 6 and 7	12:30 p.m.	1:15 p.m.
Mutuals 8 and 9	1:15 p.m.	2 p.m.
Missed appointments	2 p.m.	3 p.m.



Questions? Give us a call at **1-562-493-9581.** TTY **711**

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August Security Report

The following is an account of the security report for August. It has been edited for clarity and

• Aug. 18, 11:05 a.m., Mutual 2 Pot left on stove caused smoke but no further damage to the unit.

COYOTE SIGHTINGS: 1

 Aug. 12, 3:05 a.m., Golden Rain Road and Maintenance

Coyote was no longer at the scene when Security arrived.

THEFT: 6

•Aug. 4, 4:47 p.m., Mutual 10 A resident stated an unknown person removed all her jewelry from her unit and then put it back the next day.

•Aug. 5, 6:14 p.m., Mutual 1 An unknown person removed a bicycle from a carport.

•Mutual 15, 8 a.m., Mutual 1 An unknown person removed a suitcase from the carport area.

•Aug. 24, 3:40 p.m., Mutual 2 A person accused a resident of theft. Seal Beach Police were called to the scene and interviewed both parties. No further action was taken by the police.

•Aug, 29, 9:50 a.m., St. Andrews Drive and Church

A resident was found removing dirt surrounding the GRF flower containers.

•Aug. 31, 5:12 p.m., Mutual 7 Ongoing issue with a resident complaining of people entering his unit, removing items and pulling the blankets off his body while he sleeps.

PET COMPLAINTS: 2

•Aug. 4, 1:34 a.m., Mutual 8 A resident complained of a dog barking. Security advised the owner, who stated that she would quiet the dog.

•Aug. 31, 4:20 p.m., Mutual 15 Security followed up an issue with a resident violating a neighboring Mutual's dog policy.

TRAFFICINCIDENTS: 11

•Aug. 4, 4:10 p.m., St. Andrews Drive and Golden Rain Road

A caregiver struck a fence while driving.

• Aug. 7, 11 a.m., 13900 Church

A moving vehicle struck another moving vehicle while driving in reverse.

•Aug. 9, 7:37 p.m., Mutual 8 A resident observed damage to her vehicle while parked in her carport.

• Aug. 11, 11:25 a.m., Del Monte Drive and Golden Rain Road A moving vehicle struck a pole. A resident had to be trans-

ported to the hospital. • Aug. 11, 12:30 p.m., Mutual 2 A resident struck another vehicle while reversing out of

the carport.

•Aug. 12, 2:10 p.m., St. Andrews Drive and Redeemer

A golf cart struck a vehicle. • Aug. 15, 9:21 a.m., Exit Gate

A vehicle struck another moving vehicle while exiting Leisure World.

•Aug. 18, 10:50 a.m., 13741 Annandale Drive

An unknown person struck a short retaining wall and fled

• Aug. 22, 2:15 p.m., St. Andrews at Oakmont Road

A moving vehicle struck a parked vehicle.

•Aug. 25, 10:45 a.m., St. Andrews and Oakmont Road A moving vehicle struck a parked vehicle

•Aug, 29, 3:28 p.m., Main Gate and Del Monte Drive A vehicle struck a traffic barrel and stop sign in the roadway.

NOISE COMPLAINTS: 9

•Aug. 2, 11:27 a.m., Mutual 1 Ongoing resident complaint regarding noise from the neighboring unit.

• Aug. 2, 11:49 p.m., Mutual 1 A neighbor heard loud voices from neighboring unit. The other resident was contacted and stopped the noise.

• Aug. 3, 3:20 p.m., Mutual 15 A neighbor hearing loud voices from neighboring unit. The other resident was contacted and stopped the noise.

•Aug. 4, 3 a.m., Mutual 1

Ongoing complaint regarding loud talking from the neighboring unit.

•Aug. 8, 12:16 a.m., Mutual 14 A resident complained of loud talking in a neighboring unit. The neighbors were advised and lowered their voices.

•Aug. 8, 3:23 a.m., Mutual 1 Residents complained of loud TV noise from neighboring unit. Resident was advised by Security, and the TV was turned off.

• Aug. 15,11:53 p.m., Mutual 2 A resident stated neighboring unit's TV was too loud. No noise was detected at the scene.

• Aug. 17, 2:10 a.m., Mutual 10 A resident stated he heard noises outside of his unit. No

noise was detected at the scene. • Aug. 26, 10:44 p.m., Mutual 2

A resident complained of neighbors speaking loudly. The neighbors were advised and lowered their voices.

INJURIES: 10

•Aug. 3, 8:48 p.m., Mutual 14 A resident fell while walking. Security transported to her back to the residence.

• Aug. 3, 2:10 p.m., Clubhouse 6 A resident fell while dancing.

•Aug. 4, 9:05 p.m., Mutual 14

A resident fell out of a scooter but did not require transportation to the hospital.

•Aug. 4, 7:30 p.m., Mutual 7 A resident fell while walking but did not require transportation to the hospital.

•Aug. 7, 12:50 p.m., Mutual 2 A resident fell while walking and was taken to the hospital.

• Aug. 8, 10:45 a.m., Mutual 2 A resident fell while walking and was taken to the hospital.

•Aug. 13, 7:38 p.m., Mutual 6 A resident fell in the pool's shower area but did not require transportation to the hospital.

• Aug. 22, 4:59 p.m., Mutual 11 A resident fell while walking and was taken to the hospital.

•Aug. 25, 9:05 p.m., Amphi-

A resident fell while walking but did not require transportation to the hospital.

• Aug. 27, 11:12 a.m., Mutual 1 A resident fell while walking

and was taken to the hospital.

•Aug. 30, 10:06 a.m., Gym A resident felt dizzy while picking up a water bottle, fell and was taken to the hospital.

OTHER INCIDENTS

• Aug. 2, 8:35 p.m., St. Andrews

A person drove the wrong way on the road. SBPD arrived at the scene but no arrest was made, and the resident went

• Aug. 2, 8:30 a.m., Golf Course A resident was advised of the rules regarding obtaining signatures on a petition.

• Aug. 3, 5:55 a.m., Main Gate A man on foot ran past the Main Gate and refused to stop. SBPD was called and found the person and escorted him out of Leisure World.

• Aug. 3, 5:58 a.m., Main Gate A woman on foot ran past the main gate and refused to stop. SBPD was called and found her at her grandmothers' residence. The grandmother wanted the woman escorted out of Leisure World, and SBPD complied.

•Aug. 3, 2:12 p.m., Mutual 9 A resident reported a possible trespasser. The person was attempting to serve papers and left the scene when asked.

• Aug. 3, 5:20 a.m., Main Gate A resident verbally abused a GRF employee regarding rules and regulations.

•Aug, 3, 2:35 p.m., Mutual 4 A resident verbally abused a GRF employee regarding rules and regulations.

•Aug. 3, 11 a.m., Mutual 1 A resident's visitor attempted to enter wrong unit.

• Aug. 4, 11:30 a.m., Mutual 15 An ongoing family dispute between a resident, who ordered her granddaughter out of her unit, and her granddaughter, who refused. SBPD was called, and the granddaughter escorted out of Leisure World.

•Aug. 4, 5:34 p.m., Mutual 11 Ongoing issue regarding an unauthorized resident using GRF amenities.

• Aug. 6, 9:40 p.m., Clubhouse 4 A resident was not in compliance with rules regarding occupancy of the Ceramics Room.

• Aug. 10, 5:46 p.m., Mutual 9 A resident stated an unknown person tampered with a delivered box. No contents were missing.

• Aug. 10, 11 a.m., Golf Course A resident involved another resident in a verbal altercation.

• Aug. 9, 2:56 p.m., Main Gate An ongoing issue with a guest verbally abusing Security staff. The person was denied

• Aug. 10, 11:05 a.m., Mutual 5 A resident stated an unknown person attempted to pry open the camper shell on his truck. No contents were removed from his truck.

•Aug. 11, 2:35 p.m., Mutual 2 SBPD was called about a possible trespasser. The person in question was visiting a resident.

• Aug. 12, 11:27 p.m., Mutual 10 A resident complained of a strong smoke odor coming from the neighboring unit.

• Aug. 16, 12:30 p.m., Mutual 14 A resident offered to paint chairs for a fee for other resi-

•Aug. 16, 8:33 p.m., Mutual 1 A resident complained of vendors not securing units after completing work.

• Aug. 17, 5:25 p.m., St. Andrews Gate

A vehicle drove through the gate without stopping for verification. SBPD was called, and the person was found and removed from Leisure World.

•Aug. 18, 7:38 p.m., Amphitheater

Ongoing issue with an unauthorized resident using GRF amenities.

•Aug. 20, 3:19 p.m., Mutual 7 A resident involved another resident in a verbal altercation.

•Aug. 20, 7:35 a.m., Mutual 1 Ongoing resident dispute regarding noise. •Aug. 20, 6:04 p.m., Mutual 1

Ongoing resident dispute regarding a variety of issues.

•Aug. 20, 6:26 p.m., Amphitheater

A person was videotaping a performance and was advised not to do so. The person became argumentative but eventually complied.

•Aug. 21, 1:15 p.m., Mutual 2 Residents became involved in a verbal altercation regarding the use of the sidewalk.

•Aug. 23, 8:35 p.m., Mutual 9 A resident claimed people were hiding in the unit. Security searched the unit and did not

SECURITY, page 13





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Republican Club

by Brian Harmon LW contributor

The LW Republican Club's information and hospitality booth is open every Monday and Wednesday from 11a.m.-2 p.m. in the parking lot near Clubhouse 6. Campaign signs are available for GOP-endorsed candidates.

The Republican Club hosted a "Meet the Candidates" forum on Sept. 16. Candidates who attended the event included Rona Goldberg for Los Alamitos Unified School District Board; Nathan Steele for Seal Beach City Council; Diane Dixon for State Assembly; and Scott Baugh for U.S. Congress.

Janet Nguyen

Taxpayers Association because

of her work to protect Proposi-

tion 13 and stop tax increases.

her work in writing bipartisan

legislation to increase the rent-

ers tax credit to help families

deal with the high cost of living.

The LW Republican Club's

REPUBLICAN, page 14

Nguyen said she is proud of

Steele was recently endorsed by the Orange County Republican Party.

The club's monthly meeting was held on Sept. 21 in Clubhouse 3, Room 2. California State Senate candidate Assemblywoman Janet Nguyen was the main speaker.

Nguyen secured over \$15 million in grants for local schools this year to help them modernize and improve class-

She also helped pass legislation expanding health care for the homeless, mentally ill and for lower-income families.

Nguyen was honored as Legislator of the Year by the American Legion for her dedicated work on behalf of veterans and their families.

The legislator earned an "A" rating from the Howard Jarvis



•Aug. 24, 10:53 a.m., Mutual 3 A lost resident was found and returned home safely.

•Aug. 24, 6:15 p.m., Mutual 1 Construction workers were working past curfew. Security advised workers, who stopped

•Aug. 25, 4:50 p.m., Mutual 7 A vendor reported resident insisted on exiting his carport after area was slurry sealed. Signs were posted. Tire marks were made throughout the slurry seal.

• Aug. 26, 12:30 a.m., Mutual 17 Water was leaking into a

unit. The source of the leak was stopped, and the restoration team was called.

•Aug. 28, 9:20 a.m., Mutual 5 Ongoing issue of a resident reporting knocking on her front door, with no one found near

•Aug. 31, 8:17 a.m., Mutual 6 Unauthorized occupant advised of status and left peace-

TOTALS:

Paramedic calls: 169 Theft: 6 Traffic Incidents: 11 Death Investigations: 9 Lost Residents: 1 Injury: 10 Noise Complaints: 9 Fire: 1 Pet Complaints: 2 Coyote Sightings: 1

Grand Totals: 219



The LW Democratic Club's membershop meeting will be held on Wednesday, Sept. 28, in Clubhouse 3, Room 9, at 1 p.m. Members and supporters can choose to join the meeting in person or via Zoom. To receive login information, call (562) 412-0898.

During the meeting, Stephanie Campbell will present information on the General Election ballot measures. Marlys Davidson will speak about the situation facing the local school board, as well as school boards throughout the U.S.

Campbell is the chair of the local League of Women Voters Speakers Bureau. She was a founding member of the Orange County chapter of Americans United for Separation of Church and State in 2004.

She is also the current president of the chapter, as well as a former member of the organization's National Board in Trustee Area Four, where a

of Trustees.

Campbell is also the county action coordinator for Compassion and Choices. She is a naturalized US citizen—born in England—who lived in Israel for two years prior to coming to the United States.

Davidson is a member of the Los Alamitos School District Board of Trustees. She was a teacher in Los Alamitos at the elementary and secondary school levels for 25 years. In 2010, she was honored as the district's Teacher of the Year. After retiring in 2016, she worked as an education consultant to the district.

Davidson is running for reelection in the November General Election, although not in one of the LW school districts. However, Leisure World voters living in Trustee Area Three, will be asked to choose between incumbent board president Diana Hill and Republican Partysupported Rona Goldberg.

There will be no election

recent attempt to recall Trustee Scott Fayette failed. This was not the first time Fayette had been targeted by a recall. In December 2021, an effort to recall Fayette, trustee Megan Cutuli and current Board Vice President Chris Forehan also

Weather permitting, the club's Information and Hospitality Booth will be open in the parking lot outside Clubhouse 6 from 10:30 a.m.-12:30 p.m. on Tuesday, Sept. 26.

In October, the booth will be open on Tuesdays and Thursdays. Information concerning candidates supported by the Democratic Club will be available at the booth, as will information about membership in the club.

For more in-depth reporting about plans for the upcoming General Election, as well as information about the club's programs for the coming months, LW Democrats and no

DEMOCRAT, page 14



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(2) Annual Percentage Yield (APY) is accurate as of 09/12/2022, and cannot be combined with any other offers. The minimum balance to open an 13-25 Month Certificate of Deposit (CD) Promo account and obtain the advertised APY is \$2,500 - new money only. The APY assumes interest remains on deposit until maturity. A withdrawal of interest will reduce earnings. A penalty may be imposed for early withdrawal. Fees may reduce earnings. Additional terms and conditions may apply. Offer not available for Specialty Deposits or Public Funds. Deposit maximums may apply. See branch for details.

September 22, 2022 | www.lwsb.com | www.lwweekly.com



LW residents Robbie Roth (I-r), Donna Gambol, Mitzi Winks, Cathy Roth and Midge Bash recently attended the Americas Got Talent finals live-taping in Pasadena.

DEMOCRAT

from page 13

preferred party supporters can subscribe to the club's newsletter by emailing *democratic-clubsblw@gmail.com*.

People are asked to include their full name, address, phone number and party affiliation.

REPUBLICAN

from page 13

book of the month for September is "Love Your Enemies: How Decent People Can Save America from the Culture of Contempt," by Arthur C. Brooks. In his book, Brooks voices concern that the divisiveness of political rhetoric and attitudes is hurtful to individuals and the nation as a whole.

Brooks is president of the American Enterprise Institute, which is the largest conservative public policy institute in the United States. The book is available on Amazon and other outlets.

Call the LW Weekly at (562) 430-0534



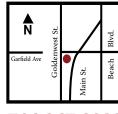


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Paul Lee of Mutual 8 (r) shared a donation of hand wipes with those at the Hospitality Room, including Tammy Do (I), of Mutual 5 and Debbie Degrazia of Mutual 1. Residents can enjoy free coffee, cookies and meet new people in the Hospitality Room, located in Clubhouse 6 Monday-Friday from 9-11 a.m

LW Chicagoans meet up Oct. 1

All LW Chicagoans are invited to meet and reminise on all things Chicago on Saturday, Oct. 1, outside Clubhouse 6 by the umbrellas at noon.

For more information, call Stacy Strout at (714) 328-2701.

OBITUARIES

Tillie Stiehr 1929-2022

Tillie Stiehr born on April 14, 1929, passed peacefully in her sleep on Aug. 31 at the age of 93 in Long Beach, California.



Tillie is survived by her sister Phyllis Smith, as well as her sons Wayne and Mark Stiehr. Tillie lost her twin sister Lillie in infancy due to pneumonia. She was born in Washington, Michigan, in the Stone Bar, an establishment her parents Gertrude "Jesty" and Frank Rogala founded and which still is in business today. She used to proclaim, "I was born in a bar!"

A resident of Romeo, Michigan, one of her long-term positions was at Firestone Tire. Tillie moved to California in 1978, where she enjoyed her position at Strollee, a baby furniture company, and WR Grace among others. Tillie remained lifelong friends with many of her work acquaintances.

After retiring, Tillie made a trip with her sister Phyllis to Poland, where she connected with relatives of the Rogala family (Rogala was Tillie's maiden name).

Tillie retired to Leisure World, Seal Beach, where she became Queen Mother of the Magic Red Hats for many years. She became "Hugger" the Clown with a Leisure World social "clown" group. Tillie got a further taste of show biz in Leisure World's Theater Club where, as well as other roles, with a sparkle in her eye, she was a red-haired

Santa's helper.

Tillie enjoyed collecting dolls, and she named them all and was surrounded by them in her home.

Tillie appeared in many music videos with her nephew, singer/producer Frank Rogala. Tillie's final scene-stealing appearances were made at the age of 90 in the award-winning music video "Oo La La" with Frank's Smash Mob.

Tillie enjoyed lunches with the Leisure World Traveling Tigers and at the Community Karaoke Club, where she was known to tip the other performers.

Tillie also enjoyed monthly dinners, dances, and annual luau with the Filipino American Club of Leisure World. Socially active, Tillie enjoyed attending shows, dances, and parties of many groups as well as cruises (such as one along the California coast from San Francisco to San Diego that hit all the major attractions).

Tillie was Polish Catholic and a member of the Holy Family Catholic Church where she felt a deep connection with the Holy Spirit.

-paid obituary

In Memoriam

Phillip Mandeville 81
Ada Marshall 83
Joel Reynolds 74
Dana Branch 66
Mary Quinn 83
Ernest Faulkner III 71
Maureen Adler 76
Harry Rice 93
Tharuce Opalewski 69
Joanne Maurer 91
Samuel Clark 69
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ARTS & LEISU



Libby Bond (front with drink), Mel Blake (standing in front Saraf (behind Bond).

A pool party was organized by malihini/newcomer hostess in bathing suit), Lori Chamberlin (not pictured) and Susan

Hui O Hula members beat the heat with festive pool party

After working hard at performances during the summer, Hui O Hula, the LW Hawaiian dance club, decided to celebrate the season with a poolside party on Sept. 9.

Food and beverages galore were brought and made by the newcomers, including ribs and chicken by grill master Susie Saraf, exotic side dishes such as rice and curries, various homemade salads, exotic sweets and pastries, pineapple chucks infused with vodka and chocolate cake to celebrate Mel

Blake's belated August birthday.

Appreciation shown by the hula newbies was overwhelming—the old-timers/veteran dancers really felt the aloha.

Hui O Hula dancers (about 25) came to the party.

Everyone either swam or

soaked in the pool and jacuzzi most of the time due to the record-breaking heat.

For class or performance schedule or for information about the club, call (562) 431-2242 or email Jojo@huiohula. com.

Cribbage Club

Several prize winners were part of Cribbage Club this week. Donna Gorman and Hoppy Hopkins tied for first place with 845 of a possible perfect score of 847. Gene Smith took second place with 840 while Pat Fellers placed third with 835. Evelyn Ingram and Sharon Rutigliano tied for fourth place with 822. Jim Kaspar lost all seven games played.

The club celebrated birthdays with two of its members. Dave LaCascia treated all the players by paying their dollar table fee while Bob Berry treated everyone to cake and ice cream. Candy Meyers and Carrie Kistner assisted. The club thanks everyone who helped.

Donated refreshments are served at noon each Tuesday in Clubhouse 1. Members are encouraged to arrive by 12:15 p.m. to be guaranteed a place at the table. Partners are not needed. Residents who want to learn how to play cribbage, brush up on the game or to learn more about the club should call and leave a message with Terry Thrift at (714) 394-5885.

Good News Singers

The Good News Singers are seeking new members for their gospel choir.

With the summer concert behind them, director Janet Ray will introduce new music to the group at the next meeting today, Sept. 22.

New members are welcome to attend this friendly group and find out if this is something that will fit their schedule and interests.

The group meets every Thursday from 9-10:30 a.m. in Clubhouse 3, Room 1.

Monday Night Bunco

The Monday Night Bunco Club results for Sept. 19 are as follows: Larry Sholman and Kay Butterfield tied for most buncos; Joanne Herrera had the most wins; Pat Wilson, Leena Shulman and Cheryl Richardson tied for most babies; Bill Couey had the most losses; and Katie Carmagnola was the door prize

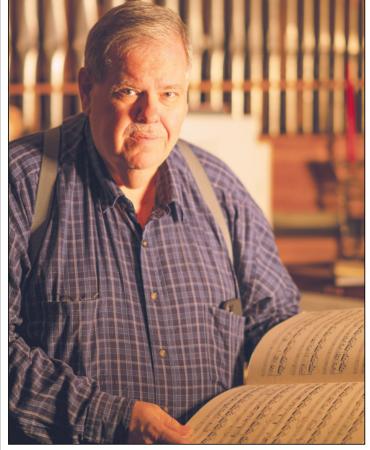
The LW Bunco Club meets the second and fourth Monday of every month.

Play begins at 6 p.m. sharp, and residents are urged to arrive on time. All Leisure World residents and their guests are

Bunco is an easy dice game and a lot of fun. The club holds a halftime social for all attending.

The next LW Bunco Club meeting will be held on Sept. 26.

For more information, contact Gail Levitt at (562) 596-1346.



Peter Bates sits at the organ in his Leisure World home.

Leisure World organist will celebrate milestone

Peter Bates has been a Leisure World resident since 2019. But his tenure as minister of music and resident organist at Covenant Presbyterian Church in Long Beach has been much longer.

In fact, this past June he celebrated his 25th anniversary in service to that congregation; he is only the second person to hold this post in the church's history.

The church is home to one of the finest pipe organs in the area, a 1966, Boston-built, Aeolian-Skinner organ, which Bates puts through its paces at weekly services.

On Sunday, Sept. 25, at 4 p.m., the church will celebrate this milestone as they present Bates in a solo organ recital. All are welcome to attend to hear the music of Bach, Franck, Price and others performed on this magnificent

The church is located at 607 E. 3rd St. (corner of 3rd Street and Atlantic Avenue), Long Beach, 90802.

Long Beach Symphony begins concert series with Beethoven

Residents are invited to enjoy a pre-concert Party on the Plaza on Saturday, Oct. 1, as the Long Beach Symphony opens its Classical Series season.

The event begins at 6:30 p.m. with a selection of food trucks, cocktails, fire pits and lounge seating by the fountain. Following in the beautiful Terrace Theater, residents can enjoy the optional Concert Pre-Talk with Maestro Eckart Preu and Concertmaster violinist Roger Wilkie.

This presentation is a wonderful way to gain better understanding of the trio of beloved classical masterworks.

At 8 p.m., audiences can enjoy Sergei Prokofiev's ebullient "Classical" symphony, among the composer's most popular

Next, Concertmaster Roger Wilkie steps into the spotlight in Mendelssohn's passionate beverly90740@gmail.com.

"Violin Concerto."

The program concludes with the world's most famous symphony and its majestic "bum bum bum BUM"—Ludwig van Beethoven's richly triumphant "Symphony No. 5."

Residents can enjoy these masterpieces with a drink in hand with the newly introduced "Sip & Enjoy."

The event will be held Saturday, Oct. 1, at 8 p.m. at the Long Beach Terrace Theater, 300 E. Ocean Blvd., in Long Beach. Five-concert classical subscriptions start at \$110, single tickets at \$32, or a three-concert Sampler Pack for \$99 (which can include Pops Series concerts). Tickets are available at www. LongBeachSymphony.org or by calling (562) 436-3203, ext. 1.

Transportation from LW to the Terrace Theater can be coordinated with Beverly Emus at

LW artist will host variety of art classes, first up: torn paper art

Instructor Elizabeth Butterfield will introduce residents to the fascinating and creative world of mixed-medium arts. An interesting variety of techniques such as acrylic painting, collage, finger painting and the assembling of unique found objects will all be explored.

Residents will be inspired by the exciting variety of materials which can be found in the most surprising places.

Classes will be held every Wednesday from 1-3 p.m. Each participant must pay a \$12 cash-only supply fee. For more information, contact Butterfield at (626) 272-6541.

Space is limited will be offered on a first come, first served basis.

The first class will be held on Sept. 28 from 1-3 p.m. in the Art Room, Clubhouse 4, and will explore torn paper art.

For more information and to see examples of torn paper art, visit www.elizabethbutterfield.com.

September 22, 2022 | www.lwsb.com | www.lwweekly.com



LW Chorale & Entertainment Club welcomes Margie and Walt, leaders of the LW Karaoke Club, who will provide ka-

raoke for the soloists in the chorale program "Show Tunes Americana" on Saturday, Sept. 24 in Clubhouse 4 at 2 p.m.

Community Karaoke

16

Walt Bier and Bob Barnum performed "My Way," a timeless hit, to entertain the karaoke crowd. Carmen Edwards sang the sultry "Stormy Weather." Eric Voge gave the audience a catchy "From a Jack to a King." Anna Le was a hit with "I Will Survive." "Among My Souvenirs" was nicely sung by Julie Nulad. Ric Dizon was energetic with Elvis' "Let It Be Me." A southern gospel tune by Pat Kogok was followed by a ballad smoothly sung by Richard Yokomi.

Next week the club will have sandwiches for everyone to welcome the fall season. The club meets in Clubhouse 1 beginning at 5:30 p.m. A casual practice session is every Monday upstairs in Clubhouse 6 from 1-3 p.m. For more information, call Margie Thompson at (562) 493-0484.

Grab 'n' Go Schedule

Each Tuesday:

Taco Tuesday with Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. (no preorders). Cash and card accepted.

Wednesday, Sept. 28, only:

Cousins Maine Lobster Truck from 4-7 p.m. Cards and cash accepted. Residents can see menu at www.cousinsmainelobster.com/locations/details/orange-county-ca/.

Each Thursday:

Domino's Pizza—Residents should call ahead at (562) 493-2212 for special orders, wings and salads. Food will be available from 3:30-7 p.m. Cash and cards accepted.

Location: Grab 'n' Go vendors are located in the Clubhouse 6 parking lot.

More Information: Both vendors and schedules are subject to change. Residents can sign up for LW Live at www. lwsb.com/lw-live-sign-up/ for updates.

For questions or feedback, call (562) 431-6586, ext. 398.

On-call bus service is available from 4:30 p.m. on; regular service before 4:30 p.m; and weekends on-call any time. Call 562-431-6586 ext. 379 to schedule a pick up.



Silver Fox Classic Car Club President Ted Green (I) and Club Member Ron Lee (r), enjoying the day at the Belmont Shore Car Show, in front of a 1957 baby blue beach bound Bel Air. The car club meets on the second Tuesday of each the month in Clubhouse 3, Room 5, at 6 p.m. Members don't have to own a vintage, classic or collectible vehicle to join the club, just a passion for cars.



Mary Halsey (I-r), Jack Martinez and Phyllis Spencer will each play a part in the Producers Club's "whodunit" murder mystery.

Producers Club

Clubhouse 4 will see comedy, murder mystery and mayhem as members of the Leisure World Producers Club perform their ninth annual "whodunit" titled "Bombs Away!"

A matinee performance will be held Saturday, Oct. 1 at 1 p.m.

An evening performance will be held Oct. 7 at 7 p.m.

In the performance, a cozy old mansion plays host to a variety of congenial roommates who display a number of eccentricities that just might lead to murder.

Will it be the baker or his sister, the sweet lady's compan-

ion or that old man who keeps dropping things off the roof? Residents can find out at one of two performances.

Doors open 45 minutes before performance times. Admission is \$5 at the door with no advance sales. One door prize will be awarded at each performance.



Chess Club

This week's puzzle is checkmate in three moves. White moves first and any answer by back the white's third move is checkmate.

Solution to this week's puzzle is first move Queen d8. The white Queen moves from h4 to d8, black rook to d8, white rook to d8 and black Knight to d8. The next move by white is checkmate.

The Chess Club meets in Clubhouse 3, Room 7, from 1:30-6 p.m. on Fridays.

Theater Club

The Leisure World Theater Club will meet on Friday Sept. 30. Normally the meetings are conducted on the fourth Friday of the month but due to extenuating circumstances, it was delayed a week. During this meeting, members will discuss future plans, which include the club's participation in holiday activities, next year's show and the successful performance of the club's Labor Day show.

The club would like to acknowledge its appreciation to its faithful viewers who encouraged actors to an outstanding performance with their laughter and applause as well as their generosity to help with future shows.

The club had many new members in this show and they did a great job. The Theater Club thanks the audience and the actors.

Pinochle

The pinochle winners on Sept. 8 were as follows: first place was Marilyn Allred with a score of 11,820; second: Pat Blum with a score of 11,750; third: Suzanne Tester with a score of 10,920; and fourth: Jean Sudeck with a score of 10,840.

The winners on Sept. 10 were as follows: first place was Diana Lambert with 10,600; second: Marge Dodero with 10,440; third: Gayle Golden with 9,750; and fourth: Julia Troise with 9,610.

The winners on Sept. 12 were as follows: first was Marilyn Allred with 13,010; second: Charlotte Westcott with 12,230; third: Donna Gorman with 10,920; and fourth: Chung He Scharschmidt with 10,750.

Creative Writers' Club

The Creative Writers' Club will meet Friday, Sept. 23, at 1:15 p.m., Clubhouse 3, Room 1. Newcomers are always welcome. For more information call Shoal Lugenbeal at (714) 747-2146.



Sue Ann Gass holds a photo of the new Long Beach International Gateway Bridge, which she took during a recent harbor tour.

Photo Arts Club

At the Sept. 8 Photo Arts Club meeting, Ben Benjamins presented a powerpoint program regarding the order of importance of the key elements of photography.

Multiple photos that had been sent to Benjamins by members were shown on the screen and discussed.

Thereafter, Benjamins demonstrated some of the features of the iPhone. He also announced the he had created a Facebook page called "Photographic Arts Club of Leisure World" and encouraged members to post photos on the Facebook page.

The next meeting of the Photo Arts Club will be on Thursday, Oct. 13, at 1:30 p.m. in Clubhouse 3, Room 9. People should bring their iPhone/Android and/or camera.

The assignment is to make photos of a person, close-up, head and shoulders, or full length. It is not necessary to see a face, but focus on the light on the subject that separates the person from the background. It could be a thin line, half light, or backlight. Any "clutter" in the photo should support the subject. Extraneous "junk" in the photo should be avoided. Multiple photos by the same artist are encouraged. Email them to Ben Benjamins at benbenjamins@hotmail.com. The photos will be shown and discussed at the meeting.

Bring photos of your choice to be displayed and commented on at the meeting. Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting.

For information about the club, call Regine Schumacher at (562) 430-7978. Everyone is welcome.

Priscilla Caillouette (I-r), Sharon Beran, Joan Tschirki and Gene Yaffee play a game of duplicate bridge on Sept. 13.

Duplicate Bridge

With a 61% game in the eight-table game on Sept. 8, North/South winners were Sibyl Smith and Al Appel; Joan Tschirki and Fred Reker were second with a 58% game. East/ West winners were Jeanette Estill and Mike Ullman with a 58.9% game; second were Melanie and Jerry Smith with a 53.8% game.

In the 11-table game on Sept. 9, East/West winners were Thad Mikols and Marilyn Mc-Clintock with a 63.19% game; second were Judy Jones and Al Appel with a 61.8% game; third were Dave Carman and Suzanne Richmond with a 58.56% game.

North/South winners were Sibyl Smith and Diane Schmitz with a 56.25% game; second were Larry Topper and Lynn Danielson with a 55.09% game; third were Betty Jackson and Aarlyn Glenn with a 54.17% game.

East/West winners in the 10-table game on Sept. 12 were Shmuel Fisher and Thad Mikols with a 60.88% game; second were Kar-Kee Nelson and Chie Wickham with a 57.18% game. North/South winners were Larry Slutsky and John

Hagman with a 59.95% game and close behind with a 59.47% game were Bud Parish and Carol Murakoshi in second place.

Games are played on Monday, Thursday, Friday and Saturday afternoons in Clubhouse 1 beginning at 12:30 p.m.

Players are asked to arrive no later than noon to confirm their reservations.

Reservations can be made at any game using the sign-up sheets and/or by calling Dan Frank at (562) 739-6441 or emailing him at danfrankcpa@ *gmail.com* no later than 10 a.m. on game day.



Rates shown are per person, land and round trip economy-class airfare from the featured gateway (other gateways available, rates may vary), based on double occupancy. Rates include taxes, fees and surcharges collected by seller at time of booking using the AAA.com website. If booking with a AAA Travel Advisor, a SZS service fee will be collected at time of booking. Airfare is nonrefundable. Itinerary changes cancellations are subject to Pleasant Holidays, airfine and/or other supplier-imposed fees from SZS. IN EARACOM WESTINE IN DOORING WITH A PAAN I FAVER ADVISOR 2 A. 25 SETIVE TERE WILL DE CONCERCE AT LETING OF CONCERCE AND THE CONCERCE AND THE

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AAA Travel Alert: Many travel destinations have implemented COVID-19-related restrictions. Before malking travel plans, check to see if hotels, attractions, cruise lines, tour operators, restaurants and local authorities have issued restrictions or entity requirements. The State Department is a good resource for updated information. For all offers, unless otherwise indicated: Rates quoted are accurate at time of publication & are per person, based on double occupancy, Galutiles, transfers, excursions and, for non-air-inclusive offers, airfaic taxes, Ese & surcharges, are additional. Adverted et also not include any applicable daily resort or failily test payable directly to the hotel at check-out such the amounts will be advised at the time of booking, palcies unless the present contractive of a my time AAA Trail required to obtain Member Benefits & savings which may vary based on departure date. Rates may be subject to increase after full payment for increases in government-imposed taxes or rises and except for air-incusive oriers, for support-imposed resultance restrictions may apply at to Air-inclusive Offers officing vary apply, including to the limited to be againged limitation & Advanges for first. 8 second deviced bag partially provided a first expression of the second deviced bag partially provided a first expression of the fare plus any applicable fare differential (which may involve pre-notification deadlines). Air component of packaged offers may be nometlundable; refunds are subject to supplier & airline terms & fonditions. Supplier & airline terms which the provided in the provided offers may be nometlundable; refunds are subject to supplier & airline terms & fonditions. Supplier & airline terms & policies may vary contract your supplier & liberting airline for more information; for baggage fees & other details, see iflybags.com. Rates involving round those affects and acts as an agent for Pleasant Holidays*, CST 1016/202-80, To learn how we collect and use your information, visit the privacy link at AAAcom. Pleasant Holidays.

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- * Short Term Recovering Patients



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EALTH & FITNESS



Kathleen Hessley (I-r) and Judy Crimmins.

Wa-Rite

The Wa-Rite's total weight loss for the week was 22 pounds. Judy Crimmins was a top loser with six-pound weight loss. Kathleen Hessley was the biggest loser of the month of August with ninepound weight loss. Both Hessley and Linda Nye reached their short term goals.

AARP representative Eileen Kotecki gave a presentation on how to be aware of health numbers, be active and consistent with the diet and eliminate junk food. The meeting concluded with a reminder that a month from now members can either have a month of progress or a month of excuses.

The weekly weigh-in is on Fridays in Clubhouse 3, Room 1, from 8-8:45 a.m. The meeting begins at 9. Everyone must present a GRF ID at the door to join the meeting.

—Carol Chambers



of the class.

Joyful Line Dance

Joyful Line Dance Club meets on Thursdays from 10:30 a.m.-12:30 p.m. in Clubhouse 6 upstairs. Its purpose is to improve people's physical, social and mental health, along with appreciation for this wonderful community.

The club has multiple leaders who take turns leading the class. The beauty of this concept is in avoiding the burden of responsibilites for one person. The club leaders are Albert and Gladys Comia, Caryn Lynn Stel, Kelly Johnson, Anna Derby, Chung Cha Lewis, George Pinada, Jojo Weingart and Sunny Kim. The club would like to thank instructor Weingart for stepping in while the Comias were away on a trip.

For the safety and health concerns, classes are limited to 35 people, on a first come, first served basis. Face masks are strongly recommended. Exercise shoes are recommended for safety; no sandals or flip flops are allowed. Anyone wearing inappropriate footwear will be turned away. Everyone is welcome, and no fees or membership required. All attendees are requested to sign in with their name, Mutual and unit numbers.

For more information, contact Anna Derby at (562) 301-5339. —Anna Derby



Fitness Fusion classes are held on Tuesdays at 10:30 a.m. in Clubhouse 6 and Thursdays at 10:30 a.m. at Veterans Plaza. The exercises help strengthen the core and develop upper and lower body muscles using hand weights. They also improve balance through a series of standing yoga poses and stretches. All the classes are accompanied by music. For more information, call Marion Higgins at (562) 296-8328.



Bicycle Club members had a blast celebrating fall last year with cooler weather and a bonfire at the beach.

Bicycle Club

Bicycle riders are invited to join the Leisure World Bicycle Club for a fun ride on Sundays (with breakfast stop), Mondays, Wednesdays, and Fridays at 9 a.m. at the North Gate. Helmets and safe shoes are required.

The Bicycle Club is looking forward to

celebrating fall with a bonfire at Bolsa Chica State Beach this year.

For more details or Group A information, call Mary Romero at (562) 810-4277 or Lucy Cyza for Group B information at (818) 209-5075.



Ballet Fitness meets in Clubhouse 6 upstairs on Saturdays at 1:30 p.m. The first hour is a traditional ballet taught by Mel Lockett. Comfortable clothes and ballet slippers or soft shoes are recommended. The overall sport conditioning class by Jojo Weingart starts at 2:45 p.m. It promotes strength, flexibility and balance. Gym shoes and a yoga mat for end of the class floor work are recommended. For more information, call (562) 252-9676.

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Sept.22

Chicken chop suey, brown and wild rice, oriental vegetables, cantaloupe, ham and cheese deli sandwich with lettuce, tomato and pickle, creamy coleslaw.

Friday, Sept. 23

Beef stew with potatoes, celery, onions and carrots, biscuit, chef's special cake, Greek chicken salad with tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

Monday, Sept. 26

Herb roasted chicken leg and thigh, mashed sweet potatoes, seasoned cauliflower, tangerine, chicken salad sandwich with spinach and tomato, marinated beet and onion salad.

Tuesday, Sept. 27

Pork loin with apple berry sauce, mac and cheese, peas and onions, kiwi, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing, crackers.

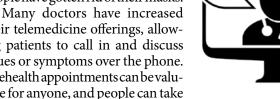
Wednesday, Sept. 28

Salisbury steak with mushroom gravy, garlic and chives mashed potatoes, mixed vegetables, apple pie, ham, turkey and cheese sandwich with lettuce, tomato and pickle, homemade potato salad.

Tips on telehealth appointments

Telemedicine has become popular during the pandemic and projected to stick around long after people have gotten rid of their masks.

their telemedicine offerings, allowing patients to call in and discuss issues or symptoms over the phone. Telehealth appointments can be valuable for anyone, and people can take



steps to ensure their telemedicine sessions with their physicians are as productive as possible.

- Write down questions prior to an appointment. This helps ensure nothing is forgotten in case of a distraction when calling from home.
- Keep a health diary. It can help patients point to symptoms or other persistent issues they've faced in the weeks or months prior to their telehealth appointment. People should note everything from the severity and frequency of symptoms to fluctuations in weight to any reactions to medications. No detail is too minor.
- Photograph any extraordinary symptoms. Physical examinations are vital components of preventive health regimens, which many people have delayed or skipped during the pandemic. Any unusual symptoms should be documented with photos and reported to a physician. Photographs can also ensure nothing is lost in translation during telehealth appointments.

Telemedicine will play a bigger role in health care in the years to come. Embracing strategies to make telehealth appointments more successful can help people adapt to the changing health care landscape.

-MetroCreativeConnection.com

SBTV Fitness

The following weekly excercise classes air on SBTV via TWC Spectrum CH3, Frontier Fios CH37 and *sbtv3.org/schedule*.

Sunday

5:30 a.m.: Feeling Fit **6:30 a.m.:** Silver Age Yoga

Monday

6:30 a.m.: Feeling Fit 8:30 a.m.: Silver Age Yoga **Noon:** Silver Age Yoga

Tuesday

7:30 a.m.: Feeling Fit 11 a.m.: Yoga for All Ages

Wednesday 5:30 a.m.: Yoga for All Ages

6 a.m.: Feeling Fit 7:30 a.m.: Silver Age Yoga

Thursday

6:30 a.m.: Silver Age Yoga **8:30 a.m.:** Feeling Fit **Noon:** Feeling Fit

Friday

6:30 a.m.: Silver Age Yoga **8:30 a.m.:** Feeling Fit

Saturday

6:30 a.m.: Silver Age Yoga 8:30 a.m.: Feeling Fit

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Crossword Answers

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Sudoku 1 Answers

8	5	1	9	7	3	4	6	2
3	9	4	2	6	1	5	8	7
2	7	6	8	5	4	9	3	1
6	1	7	4	2	5	3	9	8
9	2	3	7	8	6	1	5	4
5	4	8	3	1	9	7	2	6
4	3	2	6	9	7	8	1	5
7	8	5	1	3	2	6	4	9
1	6	9	5	4	8	2	7	3

The Basic Rules of Sudoku:

There is only one valid solution to each Sudoku puzzle. The only way the puzzle can be considered solve correctly is when all SI boxes contain numbers and the other Sudoku rules have been followed.

When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.

Each column must contain all of the numbers I through 9 and no two numbers in the same column of a

the same. tain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku Each row must contain all of the numbers I through 9 and no two numbers in the same row of a Su puzzle can be the same.
 Each block must contain all of the numbers I through 9 and no two numbers in the same block of a Sudoku nuzzle can be the same.

Jumble Answers

INVITE NOODLE ICING SKIMP You can buy shares of IBM because the exchange has plenty — IN STOCK

Puzzle Answers

Puzzle pages 6-7





Sudoku 2 Answers

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9	7	1	5	6	8	2	4	3
8	5	4	3	9	2	6	7	1
2	3	6	1	7	4	5	9	8
5	1	9	7	4	3	8	6	2
6	4	8	2	5	9	1	3	7
3	2	7	8	1	6	9	5	4
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4	8	2	9	3	5	7	1	6
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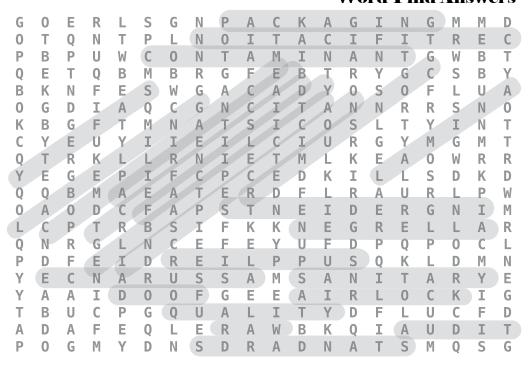


Crypto Fun Answers

A. chill B. heat C. thermometer D. bacteria

Boggle Brain Busters Answers EMU OWL CROW SWAN DUCK ROOK ROBIN EAGLE

Word-Find Answers



RELIGION



Dan and Norma Ballinger

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study at 10 in Clubhouse 3, Room 2; the Hymn Sing will be held this Sunday, Sept. 25, at 6 p.m. in the Clubhouse 3 Lobby.

Announcement: The Hymn Sing has been a well-loved ministry to residents of Leisure World for over 20 years. Pastor Dan Ballinger, with his beautifully trained voice and gentle humor, and Norma, with her melodic accompaniment at the piano, have been the power couple behind the Hymn Sing and its continuing ministry. All present and former attendees of the Hymn Sing are invited to come and honor Pastor Dan and Norma for their decades of faithful leadership at their last Hymn Sing on Sunday, Sept. 25, at 6 p.m., in the Clubhouse 3 Lobby. Those who have enjoyed Hymn Sing are invited to shower the Ballingers with notes and cards expressing appreciation for their ministry and friendship. There will be a basket to collect the cards and notes at the door.

Sermon for this week: This Sunday is a special day from morning till night. On Sunday morning, a longtime friend and missionary to Asia Pacific will share what God is doing through them in a difficult part of the world to reach.

Bible Study: "Whisper," by Mark Batterson, continues to call followers of Christ to listen for God's voice. The brief video presentation sets out the study for the session, and the discussion and questions that follow lead students to a deeper level of intimacy with God.

Contact: More information can be found at www.lwassemblyofgod.com.

Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck Franco's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also give online.

Faith Christian Assembly

"So we look not at the things which are seen, but at the things which are unseen; for the things which are visible are temporal [just brief and fleeting], but the things which are invisible are everlasting and imperishable" 2 Corinthians 4:18," (Amplified Bible).

There is no end to the distractions in today's world that can overtake people's attention. It's a constant effort to remember that there is so much more in life. Though they may experience hardship in this world, believers know that God is a good father who has blessed them with purpose in this life and a glorious eternity in the next.

Faith Christian Assembly's Sunday service times are 10:30 a.m. and 5:30 p.m., with the pre-service prayer at 5 p.m. The church is located at 13820 Seal Beach Blvd.

To receive a copy of the church's free monthly newsletter or to receive more information on the church, contact the office during business hours Tuesday through Friday by calling (562) 598-9010, by emailing *contact@fcachurch.net*, or by visiting the church webiste at *www.FCAchurch.net*.

Beit HaLev

Beit HaLev is conducting in-person services this year, led by Rabbi-Cantor Galit-Shirah. All services will be held in Clubhouse 3, Room 4.

The High Holy Day sched-

• Erev Rosh HaShanah: Sunday, Sept. 25, at 5 p.m.

•The First Day of Rosh Hashanah: Monday, Sept. 26, at 10 a.m.

•Kol Nidre: Tuesday, Oct. 4, at 5 p.m. •Yom Kippur: Wednesday,

Oct. 5, at 10 a.m.
• Erev Sukkot: Sunday, Oct.

9, at 5 p.m.
•First Day of Sukkot: Mon-

day, Oct. 10, at 10 a.m.
•Erev Shemini Atzeret/
Simchat Torah: Sunday, Oct.
16, at 5 p.m.

• Shemini Atzeret/Simchat Torah: Monday, Oct. 17, at 10 a m

The Second Days of Rosh Hashanah and Sukkot services will be livestreamed at Facebook. com/galityomtov, YouTube.com (Beit HaLev LIVE! Channel); and via Zoom at https://us-02web.zoom.us/j/9152434704.

The meeting ID is 915 243 4704, and the passcode is RavGalit.

Live, in-person Shabbat services will begin Nov. 4, at 5 p.m. in Clubhouse 3, Room 4.

Services will also be livestreamed for both Friday Shabbat evening and Saturday morning service at the above links.

This Shabbat, Sept. 24, is the day before Rosh Hashanah. The Torah reading is "N'tsavim" (You stand). Traditionally, the entire Torah portion is read, from Deuteronomy 29:9-30:20. The Israelite nation, men, women, children, wood cutters, water carriers, elders and strangers, stands before Moses for the Covenant Ceremony to accept HaShem and the Law. Moses ends by presenting a choice between "life or death," or "prosperity or adversity" Moses explains that this instruction is not out of reach. It is "not in the heavens" or "beyond the sea," it is very close, "in your mouth and in your heart" that you may observe it.

The Torah reading on Rosh Hashanah morning (Day 1),

on Sept. 26, is from "Vayera," in Genesis 21:1-34. HaShem remembers Sarah and promises that she will have a son; the Maftir (separation) is from "Pinchas," Numbers 29:1-6. On Rosh Hashanah morning on Sept. 27, (Day 2, online only) the reading will be "Vayera," Genesis 22:1-24; the Binding of Isaac. The Maftir is the same as the First Day, "Pinchas," Numbers 29:1-6.

All Beit HaLev services use special prayerbooks, "Lev L'Lev," which include excerpts from the Reform Siddurim, "Mishkan HaT'filah" and "Mishkan HaNefesh." Printed versions of the prayerbooks will be available at live, in-person services.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email *duets@icloud.com*.

Contributions to Beit HaLev are welcome and can be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Rabbi Galit-Shirah will need some assistance preparing for services.

Those who can help should let her know beforehand.

First Christian Church

First Christian Church teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

People are welcome to worship and explore God's word together "that we may be mutually encouraged by each other's faith, both yours and mine" (Romans 1:12).

Message from the Pastor

So far in the study of Genesis, God describes the formation of the earth, the sun and moon, the land and the vegetation that covers the earth encompassing four days.

Moving forward with the study and into days five and six-will describe the creation of the inhabitants of this new planet, which includes the animals in the water, land and air, and

ultimately the creation of man and woman in God's own image.

Finally, God gives insight to the man and woman with respect to how this planet will sustain itself. All of creation was designed with a purpose and a preciseness

Weekend Services

Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano.

This week there will be a special selection sung by Sherry Parmenter.

Saturday services are more contemporary with Gregory Black leading in worship with guitar accompaniment. The Saturday service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the new

women's Bible study on Mondays from 10:30-10:45 a.m.

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from 10:30-11:30 a.m.

Friday's prayer and Bible study is from 6-7 p.m.

Scripture of the Week

"For whatever was written in earlier times was written for our instruction, so that through perseverance and the encouragement of the Scriptures we might have hope," Romans 15:4, NASB.

Contact

First Christian Church is located on Northwood Road behind Carport 125. For more information, call (562) 431-8810.

Community Church

Join Community Church at Polly's Pies from 8 a.m.-8 p.m. on Sept. 28 to support Community Church's missions team fundraiser.

People can pick up the Polly's Pies fundraiser flyer with barcode on Sunday morning or from the church office during the week.

Flyers are required at time of

payment to qualify the purchase to donate 20% to the missions team.

Kelly Frankiewicz will expand her approach to contentment and its value over wealth accumulation when she speaks on Sunday, Sept. 25, at 9:50 a.m.

Entrances to the church may be found at the front of the church and by the pedestrian gate between the church and the shops. Proof of vaccination is no longer required to enter the sanctuary; masking is optional. Community Church also offers virtual worship on Zoom and Facebook.

Those who are are in need without another way to address that need may call the church office at (562) 431-2503.

Church of Jesus Christ of Latter-Day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays. Relief Society and Elders Quo-

rum meetings are on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour.

Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at (562) 212-8681.

The course of study is the Old Testament. Personal reading should be those chapters in Isaiah not covered in this study. The study for the week of Sept. 26 covers Isaiah 50-57.

LW Baptist Church

All residents are welcome at LW Baptist Church. Jesus calls believers to take up their cross and follow him. Believers realize that despite tribulations they will enter the kingdom of God. If they are serving the Lord, they can't lose. Christ's people are one with him and with each other, and their fellowship means a win-win situation, no matter the circumstances.

The Sunday celebration serviceat 10 a.m. in Clubhouse 4 will resound with praise for all the way the Savior leads believers, and the choir will sing, "I know who holds tomorrow." The Women's Christian Fellowship group meets on Monday, Sept. 26, at 10 a.m. in Clubhouse 3, Room 6.

For more information, call (562) 430-8598.

Redeemer Lutheran Church

On Sunday, Sept. 25, Redeemer Lutheran's worship service encourages believers to "take hold of the life that really is life" from 1 Timothy 6:19.

People are invited to reflect, join the celebration and share the word and Communion at 10:30 a.m. in the sanctuary at 13564 St. Andrews Drive, across from the Administration building.

As part of Redeemer Lutheran's ongoing service to the community, the church invites all residents to bring a few cans of non-perishable food to distribute to neighbors in need.

For more information about the service or the work of the church, call (562) 598-8697.

Assembly of God's Hymn Sing

Assembly of God's Hymn Sing will be held this Sunday, Sept. 25 at 6 p.m. in the Clubhouse 3 Lobby.

People are welcome to bring finger food for the fellowship portion of the night.

Congregation Sholom

Congregation Sholom will hold services via Zoom with Rabbi Mike Mymon on Friday, Sept. 23, at 6:30 p.m. Rabbi Mymon will also lead the hybrid service on Saturday, Sept. 24 in Clubhouse 3, Room 9, and via Zoom at 10 a.m. This Saturday's Torah portion is Nitzavim from the book of Deuteronomy. Moses describes the Covenant between God and the Israelites, urging the Israelites to uphold the Covenant and honor the Torah so that they may be rewarded with life in the Land of Israel.

Rabbi Mymon will lead the services for Congregation Sholom's High Holidays services along with Cantor Chalin, who is a new member of the clergy. Services will be held via Zoom as well as in Clubhouse 3, Room 9. To receive a Zoom invitation, contact Jeff Sacks at (714) 642-0122. The schedule for the High Holidays is as follows:

- Sunday, Sept. 25: Rabbi Mymon and Cantor Chalin will lead Erev Rosh Hashanah services at 7 p.m.
- Monday, Sept. 26: Rabbi Mymon and Cantor Chalin will lead Rosh Hashanah Day One services, with Shofar by Mel

Chazen, at 9:30 a.m.

- Tuesday, Sept. 27: Rabbi Mymon will lead Rosh Hashanah Day Two services with Shofar by Mel Chazen at 9:30 a.m.
- Tuesday, Oct. 4: Rabbi Mymon and Cantor Chalin will lead Kol Nidre Services beginning at 6:30 p.m.
- Wednesday, Oct. 5: Rabbi Mymon and Cantor Chalin will lead Yom Kippur Services starting at 9:30 a.m. Yizkor will begin between 11:30 a.m.-12:30 p.m.

On the First Day of Rosh Hashanah on Sept. 26, Congregation Sholom will hold its traditional Duffy Boat ride as members observe Tashlich and cast sins into the Pacific Ocean.

The group will meet at 3 p.m. at the Marina Pacific Pier. Call (562) 331-3949 as space is

limited. Congregation Sholom has been serving Leisure World since 1962.

It offers a traditional Jewish service in person and on Zoom.

Those who want to become a member of Congregation Sholom should call (714) 396-0121 for a membership packet.

> Call the News 403-0534

Christian Women's Fellowship and Bible Study

The Christian Women's Fellowship and Bible Study group will meet on Sept. 26 in Clubhouse 3, Room 6, at 10 a.m. The group is studying the book "Loving God with All Your Mind." All LWers are invited to attend.

For more information, call Jean Davidson at (562) 431-0597 or Margie Singleton at (562) 594-8100.

Buddha Circle

Buddha Circle will meet on Saturday, Oct. 1, with Ven. Kusala in Clubhouse 3, Room 1, from 9:30-11 a.m.

Donations are welcome and will support Kusala in his teachings. For more information, go to www.urbandharma.org or call (714) 468-6887.

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Erika Shapiro

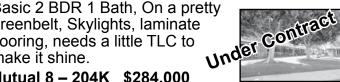
Resales Specialist Mut. 17 Resident BRE # 01448494

562-208-5223

Basic 1 BDR/ 1Bath, Very private location, A/C heat pump, laminate flooring, New double pane windows lots of storage. Move-in ready Mutual 11-274H \$234,900



Basic 2 BDR 1 Bath, On a pretty greenbelt, Skylights, laminate flooring, needs a little TLC to make it shine.



Mutual 8 – 204K \$284,000

Fully Expanded 2BDR/1 Bath \$399,00 Under Contract Central A/C Heat, Washer & Dryer, Bay Windows, 4 Skylights, and more...
Mutual 12 – 55B

Bright 2 BDR, 1 ½ BA, corner, granite counter tops in kitchen/ storage closet. Washer & dryer on tract
Central A/C and Heat.



Mutual 14-25E \$499,000

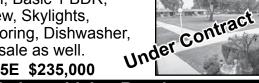
Now Listing, Drive-up Corner Enclosed patio, great candidate for remodel.



Mutual 3-24F \$299,000

Coming Soon, Basic 1 BDR, Greenbelt view, Skylights, Laminate Flooring, Dishwasher, Furniture for sale as well.









Gina Rojas (562) 533-3190

ginamrojas@gmail.com Leisure World Specialist

22 Years LW Experience

DRE#02111452 "I Have Your Best Interest at Heart



M7-170 K

2022 Escrows 6-130K \$300,000 14-12A \$560,000 6-64A \$272,000 15-11Q \$350,000 12-55E \$295,000 6-130K \$300,000 2-39A \$310,000 17-110B \$475,000

Leisure Living Resales



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McIntyre

UNITS COMING SOON

2B/1Ba Upgraded 2B/2Ba Turnkey 2B/1Ba Basic

Resident Mutual 14

714-350-9449

THINKING OF SELLING? Call for a <u>free</u> Leisure **World Market Report**



Mutual 15 - 29j St. John Upstairs 2B/2Ba on greenbelt, Laminate Firs., Central A/C, Upgraded Kitchen, New Paint Dual Pane Windows, Beautiful Unit @ \$349,900

Mutual 5 – 115i Homewood Sold \$15K over asking price!

Mutual 5 – 103L Medinac Sold Corner Unit \$412,000

Mutual 11 - 273b Northwood Sold \$465,000 Remodeled



Mutual 15 - 43e Del Monte RARE on Mkt. Atruim 2B/1Ba, side greenbelt, Laminate Flrs., Skylights, dual vanities, A/C + Nice Corner Atrium \$430,000



Mutual 7 - 158b Kenwood \$445,000 (\$10K over price)

Mutual 2 – 37i Merion Way Over Asking Price @ \$240,000

Mutual 7 – 163k Kenwood Sold Full Price @ \$225,000

www.TeamDonnaJean.com



Michael Shieh 714-866-9268



Andrea Bair 714-624-1981



Suzanne Ahn



Alice Sioson 562-810-1614 626-216-3038



The Januszka Group, Inc.

(562) 598-1388



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Dawn Januszka Broker DRE #02110501



Escrow Officer



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John Webster Realtor®



Tony Accetta

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Sally Angell Realtor®



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Gloria Hadley Realtor DRE # 01057681



\$410,000 **M2-40J**

Lovely remodeled fully expanded 2 bedroom, 2 bath home. Enjoy this spacious flexible living area with dining room. Living room has bar windows with blinds, carpeting and skylight. Dining room is carpet and has a skylight and ceiling fan. Kitchen has built-in Leisure World stove, oven, refrigerator, features whited kitchen cabinets added cupboard and counter space and an extra-large skylight that opens. Expanded master bedroom has a wardrobe closet plus a walk-in closet with mirrored closet doors, an area for a desk or seating area, is carpeted and has a double pane window that over looks pretty greenbelt. Updated bathroom has a W/D, cut down shower for walk-in convenience skylight and tile flooring. Second bedroom is carpeted has 2nd closet added and an extra-large skylight. This amazing home is light, bright, has double pane windows with blinds throughout, central heat and air and ready to move in. Enjoy the Leisure World community with its wonderful ocean breezy.

M8-188H \$379,000

Charming beautifully upgraded two bedroom one bath home in a lovely location. This elegant home is ready to move in with many updated features. The spacious living room has double pane entry door, vinyl plank flooring, heat pump with air conditioning, double pane sliding glass door to an inviting private patio. The dream kitchen has built-in upgraded appliances including built-in microwave. New custom cabinets have Lazy Susan Storage cabinet, added island with additional storage, Quartz counter tops, tiled back splash and an extra large skylight. The master bedroom has a heat pump with air conditioning, sola tube, and double pane sliding glass door to patio. The bathroom features Quartz counter tops on custom cabinets, washer/dryer, and extra large skylight. Second Bedroom has a wardrobe closet. Also featured in this ready to move in must see home is crown molding and vinyl plank flooring throughout. Privacy abounds as you enter the gated inviting patio. All this in the quaint community of Seal Beach. Move in and enjoy the resort-like community of Leisure World with all it's activities and the wonderful ocean breezes.



M9-230D \$379,000



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living space that features expansive windows that overlook a beautiful greenbelt. The living room area has a walk-in storage closet, entry closed and heat pump with air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charming home has new vinyl flooring, new paint throughout and is ready to move in.

\$429,000 M8-189E

Elegant fully expanded beauty on a beautiful greenbelt. This fully expanded 2 bedroom 1-1/2 bath has a spacious Living room with a bay window, skylight, extra ceiling lighting and laminate flooring and a formal Dining room with tile flooring. Kitchen has extra large skylight with track lighting, built in appliances including stove, oven, refrigerator, dish washer, microwave, tile counters, added breakfast bar with extra storage and a pantry. Master bedroom has a bay window, walk-in closet and ceiling fan. Bathroom has tile flooring, washer/dryer, cultured marble counter top, added cabinet storage and cut down shower. Second bedroom has half bathroom mirrored wardrobe closet door and ceiling fan. This unit also features central heat and air conditioning. Leaded glass doors, and a brick entry porch. Enjoy the greenbelt view and ocean breezes.



PENDING

Mutual 2-49B

Mutual 6- 117L

Mutual 15-39A

Mutual 10-258H

Mutual 6-135

Mutual 10-258B

Mutual 1-31E

Mutual 5- 117L

Mutual 12-61C

Mutual 4-88G

Mutual 2-8C

Mutual12-61A

Mutual 5-117G

Mutual 2-46H

Mutual 1-67E

Mutual 4-49G

Mutual 8-183G

Mutual 11-285D

Mutual 9-216H

Mutual 7-164L

Mutual 2-6G

Mutual 11-285A

Mutual 11-263A

Mutual 4-49B

Mutual 8-201L

Mutual 7-165E

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Mutual 2-17G

Mutual 9-59G

Mutual 2-63H

Mutual 3-4F

Mutual 2-3B

Mutual 10 -250J

Mutual11-286B

Mutual 11-2861

Mutual 2-6L

BERKSHIRE HATHAWAY



Robin Gray

Buyer in need of a One Bedroom. Call Me if you have one to Sell!





13926 Seal Beach Blvd., Seal Beach, CA 90740

DRE 01027333

(Located in the shopping center, behind Carl's Jr.)

2022 CLOSED SALES

Mutual 1-20-A \$330,000



LOCATION...LOCATION! Darling 2 bed, 1 bath CORNER COTTAGE with a GORGEOUS VIEW of a BEAUTIFUL GREEN with TREES!! New Paint, New Carpet, raised living room exterior walls - much better for furniture placement, patio to have new indoor/outdoor carpet installed – buyer gets to pick color, heat pump to keep you cool in the summer and warm in the winter, cut down shower with a clear glass enclosure, skylights, ceiling fan in the kitchen, dishwasher, close laundry, built-in patio storage cabinet and a nice size patio to enjoy your

LOOKING TO BUY OR SELL? CALL ME

Mutual 5-124-I \$327,000



Mutual 7-162-G \$469,500



See more at www.sealbeachleisureworld.com



Jim Duncan 714-356-6717 Broker/Manager



Robin Gray 562-209-5605



Barbara Diette-Dobias 562-754-5628

\$330,000

\$369,000

\$379,000



Kathy Gupton 562-618-9940



562-884-3594



562-706-7999

Mutual 2 40J

Mutual 8 189E

Mutual 9 228L

expansion, very nice



310-220-1407

\$410,000

\$429,000

\$445,000



Rosie Wang Davis 626-623-9929



Joanie Korman (714) 308-8034

(562) 594-0515 1900 St. Andrews Dr., Suite C Seal Beach, CA 90740 BRE 00338699



BERKSHIRE HATHAWAY **HomeServices** California Properties

Two-Bedrooms

expanded, washer/dryer, large windows,

fully expanded, washer/dryer, central air,



fully expanded, remodeled, large skylights, washer dryer, double pane

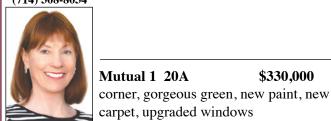
btfl. location, south facing, fully

expanded, ready to move in

1 1/2 baths, washer dryer, cent. air, full



Claudette "CC" Cooley 310-484-9600



Estee Edwards







Hanna Rubinstein 562-900-4243



carpet, upgraded windows

upstairs corner, enclosed patio, close to

btfl. upgraded unit, washer/dryer, wood

plank flooring, double pane, large sky-

Mutual 15 23P

Mutual 8 188H

bus stop, nice

Jay Cho 714-944-4998



Philip Bak 213-550-9991



Mutual 9 230D

Mutual 10 250C

skylight, nice

large greenbelt, heat pump

Fay Wescott 562 -242-6162





\$379,000

\$382,500

Tim Kearns 714-293-3950



Yolanda Narro 562-400-0720



424-247-4542



Mike Varipapa 562-235-7413



Gail Alonzo 562-673-6307



CAROL GASPER & NICK MONTEER REALTOR Lic# 01276484, 01927606

562.716.1547 213.880.8220

gcarol1966@gmail.com





www.sealbeach-retirementcommunity.info nicholasmonteer@gmail.com 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of 75 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1340 Kenwood Rd. #156D | M7 | \$372,500 2Bed/1Bath interior location with full expansion, laminate floors throughout, skylights, updated bathroom with bathtub, walk-in closet. AC heat pump in living room!



13260 Fairfield Ln #171J | M7 | \$579,000 One of the best green belts around! This 2bed/2bath home has been completely remodeled inside and out! Central AC, washer/dryer, skylights throughout and walk-in closet!



1881 St. John Rd. #37K | M15 | \$379,000 2 Bed 2 Bath unit overlooking greenbelt with all newer dual pane window enclosure. Luxury laminate flooring throughout, quartz counters in kitchen and bathrooms. Vaulted ceilings and lots of closet space!

Coming Soon

13461 S Fairfield Ln. #60L | M6 | \$599,000 Corner 2bed/2bath with the best of both worlds! Drive-up and greenbelt location with 2 large patios. Remodeled top to bottom with washer/dryer, central HVAC, expanded skylights throughout!



13301 Fairfield Ln. #183J | M8 | \$579,000 2Bed/2Bath beautiful greenbelt location with bay window! Check out this remodeled patio home with skylights throughout, laminate flooring, gorgeous new kitchen and baths, washer/dryer, and central AC!

On September 19th, 2022 a total of 41 units show as active listings on the CRMLS (this is where Realtors list property for sale)

- 14 1 bedroom/1 bath units from \$198,500 to \$350,000
- 20 2 bedrooms/1 bath units from \$295,000 to \$565,000
- 7 2 bedrooms/2 baths units from \$369,000 to \$589,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!







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