I.W's Emergency





LW's Emergency Prep Expo and Fall Fest will be Oct. 15 in Clubhouse 6. Learn how to get ready for a crisis.

Page 2

The best way to reduce the risk of seasonal flu and its potentially serious complications is to get vaccinated every year. Clinics are available now.

Page 2



OPTUM HCC



U.S. Rep. Michelle Steel presented Optum Orange County President Ray Chicoine with a proclamation celebrating the newly renovated 30,000-square-foot Optum Health Care Center at a ribbon cutting and community event Sept. 17.

Ribbon-cutting at HCC celebrated recent renovation

Optum Health Care Center at Leisure World celebrated the recent renovation of its 3,000-square-foot center with a ribbon cutting and community expo Sept. 17.

U.S. Rep. Michelle Steel joined City of Seal Beach Mayor Joe Kalmick and other officials to celebrate LW's on-site health and wellness center, which recently received a multimillion-dollar makeover and upgrade.

The spacious facility offers activites, lectures and classes in addition to expanded primary and specialty health care services.

The renovation allows easy access to an array of services, including an on-site laboratory, X-ray, radiology, pharmacy and physical therapy. The pharmacy also sells groceries and medical supplies.

The Optum Health Care Center team offered tours and booths in addition to the ribbon-cutting ceremony.

In addition to Rep. Steel, 48th congressional district, and Mayor Kalmick, the following special guests attended: Assistant Director of the Orange County Health Care Agency

OPTUM, page 3

LW Bus Tours Coming

Starting Oct. 4, the GRF Transportation Department will offer new and recently moved-in residents bus tours of the community. Featured will be GRF clubhouses, Turtle Lake Golf Course, Mission Park and its surrounding activity courts and gaming rooms, the 1.8-Acre disposal and recycling area as well as the Leisure World library and the Main Gate bus station.

BUS, page 2

ORANGE COUNTY FIRE AUTHORITY PRESENTATION



Regular exercise is one of the main ways to help older people maintain balance and prevent falls, according to a presentation by the Orange County Fire Authority (OCFA) on Sept. 21 in Clubhouse 4. One in three adults aged 65 and older fall each year, and many people are injured as a result. There are simple ways to help residents step safely.

Falls Prevention

STEP SAFELY TO STOP SLIPS

by Katya Lukina

staff writer

Every 11 seconds an older adult is treated in the emergency room for injuries sustained in a fall, and every 19 minutes one dies after falling. In Leisure World, monthly Security reports list dozens of falls, many of which can be prevented.

So it was no surprise that an overflow crowd piled into Clubhouse 4 on Sept. 21 for a presentation by Orange County Fire Authority (OCFA) education specialist Elizabeth Denney on how to prevent falls.

The special event was held to mark National Falls Prevention Week.

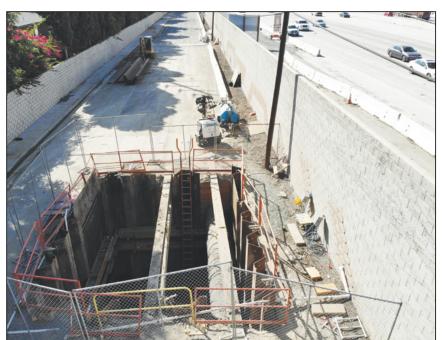
Oftentimes, the consequences of a fall can lead to serious injury, financial hardship and long-term medical care. Denney shared valuable tips on fireproofing homes and preventing

FALLS, page 3



-Katya Lukina, photo

Orange County Fire Authority (OCFA) education specialist Elizabeth Denney talks to LW residents after a presentation on how to prevent falls.



North Gate Road is closed to traffic, cyclists and pedestrians as OCTA works to construct a sewer line across the 405 Freeway.

North Gate Road will be closed until late October

The North Gate Road closure that was originally anticipated to end this month will be extended through October and possibly longer, according to the Orange County Transporation Authority (OCTA).

The road closed July 5 to allow crews to install a new 18-inch sewer line underneath I-405. The sewer line will connect to an existing sewer line under Old Ranch Parkway, across the freeway.

North Gate Road is off limits to all vehicles, pedestrians and cyclists. Access to the Seal Beach Rehabilitation Center and other businesses along North Gate Road remains open.

The reopening of the road was delayed last week due to unforeseen site conditions.

In other construction:

• College Park West

Crews are relocating several utilities to con-

OCTA, page 2

September 29, 2022 | www.lwsb.com | www.lwweekly.com

FLU SEASON

Vaccine manufacturers predict sufficient supply this year

The best way to reduce the risk of seasonal flu and its potentially serious complications is to get vaccinated every year. For the 2022-2023 flu season, there are three flu vaccines that are preferentially recommended for people 65 years and older, according to the Centers for Disease Control (CDC). These are Fluzone High-Dose Quadrivalent vaccine, Flublok Quadrivalent recombinant flu vaccine and Fluad Quadrivalent adjuvanted flu vaccine.

Timing of Flu Shot

The recommended timing of vaccination is similar to last season. For most people who need only one dose for the season, September and October are generally good times to get vaccinated. It's recommended to be vaccinated by the end of October. But a vaccination after October can still provide protection during the peak of flu season.

Who Should Get a Shot

Annual flu vaccination is

Optum at the HCC FLU CLINIC

See page 13 for this year's flu clinic schedule and information on a change of location.

recommended for everyone 6 months and older, with few exceptions, as has been the case since 2010. New this season, however, is a preferential recommendation for the use of higher dose and adjuvanted flu vaccines in people 65 and older over the standard dose, unadjuvanted flu vaccines (An adjuvant is an ingredient used in some vaccines that helps create a stronger immune response in people receiving the vaccine. In other words, adjuvants help vaccines work better.).

Will There Be a Shortage?

Vaccine manufacturers have projected that they will supply the U.S. with 173.5 million-183.5 million doses of influenza vaccines for the 2022-2023 season.

These projections may change as the season progresses. All flu vaccines for the season will be quadrivalent (four component). About 20% of flu vaccines will be egg-free.

COVID-19 and Flu Vaccine

People can get a COVID-19 vaccine and a flu vaccine at the same time if they are eligible and the timing coincides.

Even though both vaccines can be given at the same visit, people should follow the recommended schedule for either vaccine: Those who have not gotten their currently recommended doses of COVID-19 vaccine should get one as soon as possible, and ideally get a flu vaccine by the end of October.

Flu Vaccine Benefits

Flu vaccine prevents millions of illnesses and flu-related doctor's visits each year. For example, during 2019-2020, the last flu season prior to the COVID-19 pandemic, flu vaccination prevented an estimated

FLU, page 4

EMERGENCY PREP EXPO/FALL FEST

Stone Soul band, demonstrations, raffles will be featured on Oct. 15

The annual Emergency Preparedness Expo Fall Fest will be held from 10 a.m.-2 p.m., Saturday, Oct. 15, in Clubhouse 6. Minibus service will be available throughout the event.

There will be emergency preparedness supplies to buy, raffles and an exhibit by the Community Emergency Response Team (CERT). Talks and demonstrations will be given by the Amateur Radio Emergency Service (ARES) and the SoCal Animal Response Team (SCART), a Southern California-based animal disaster response team whose goal is to educate the public in disaster preparedness for their families and pets. Other topics include solar power and communication, emergency medication, what to put in Go Bags and pet prep in an emergency.

In addition to vendors, there will be displays by Leisure World service clubs, face painting, live music, food trucks, and much more. Stone Soul, an eight-piece Motown tribute band, will entertain. The band brought down the house at the Amphitheater on Aug. 18.

Koffel's and Lucille's Barbecue will have food trucks and Mandi's Candies will be there serving ice cream and other treats. The Theater Club will offer complimentary face painting.

The expo is held to help underscore the fact that in the event of an emergency, LWers will be on their own until professional help arrives, which may be days or longer, depending on the crisis. People are encouraged to stock up on emergency prep supplies and learn more about how to survive in the aftermath of an earthquake or other disaster.

—Eloy Gomez, GRF safety/emergency coordinator



Local sales agent with local Medicare Advantage plans.

I'm Sherry Vandervoort, a licensed sales agent in Leisure World Seal Beach. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs. **Take advantage of my knowledge and experience to:**

- Take the confusion out of Medicare
- Receive one-on-one service
- Get help comparing plans
- Make enrolling in a plan easier

I look forward to helping you explore your Medicare options so you can enroll in a plan with confidence.

It's time to take advantage.



Sherry Vandervoort
Licensed Sales Agent
562-795-6250, ext. 6250, TTY 711
Cell: 949-702-9488
sherryv.uhclwsb@gmail.com
www.MyUHCagent.com/sherry.vandervoort

Located in The Health Care Center, 1661 Golden Rain Rd.

United Healthcare

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2021 United HealthCare Services, Inc. All rights reserved. Y0066_22SPRJ55189_C

SPRJ55189

OCTA from page 1

tinue widening the drainage channel adjacent to homes in College Park West. Utility line relocation is ongoing from 7 a.m.-4 p.m. weekdays. Block wall installation is anticipated to begin in the fall.

• SB Off-Ramp Closed

The southbound I-405 offramp to Seal Beach Boulevard is closed until mid-October as part of project improvements. The schedule is subject to change due to inclement weather.

OCTA reports that the entire I-405 Improvement Project is approximately 85% complete, with work scheduled to wrap up by the end of next year.

In cooperation with Caltrans, OCTA is widening the San Diego Freeway (I-405) between SR-73 and I-605.

The project is improving 16 miles of freeway.

Sign up for construction alerts at *bit.ly/405-signup* or call (888) 400-8994 for more information.

BUS from page

Historical information and fun facts about LW will be included in the tour presentation, which will also cover the community's Minibus system.

Monthly bus tours will begin at the Amphitheater Bus Hub, located on the east side of the GRF Amphitheater, just north of the GRF Administration Building. They will last about an hour-and-a-half.

Stock Transfer can book tours when new buyers check in, or people can schedule a tour themselves at https://outlook. office365.com/owa/calendar/NewMemberBusTours@lwsb.com/bookings/.

For more information, contact Melissa Gomez at *melissag@lwsb.com* or (562) 431-6586, ext. 326, or Kathy Thayer at *kathyt@lwsb.com* or (562) 431-6586, ext. 398.

FALLS

from page 1

falls, along with educational materials and checklists. She also covered senior fall statistics, top causes and consequences of falls, and falls prevention and hazards.

One in three adults aged 65 and older fall each year, with 20-30% of those suffering moderate to severe injuries. Knowing and checking on neighbors and having contacts available in case of emergency are ways to enhance neighbor safety in a tight knit community like Leisure World.

Many factors contribute to falls in older adults. Chronic health conditions, medications' side effects and home hazards are the top three causes of falls.

Denney recommends minimizing medications' side effects by taking them with meals and reviewing them with primary doctors or pharmacists. They will help residents be aware of what medications should be eaten with meals and which ones come with fall-risk warnings.

She also advises people to see an eye doctor regularly and update eyeglasses if needed.

Making homes safer can also prevent falls. Denney recommends identifying natural changes that come with aging and adapting homes to make them safer.

For example, people can replace throw rugs with nonslippery ones (use non-skid pads under rugs to add stability); keep walkways clear; remove clutter from high traffic areas; immediately clean up messes and spills; and remove electrical cords from walkways. (Never place them under rugs.)

People can also keep areas well-lit with nightlights and motion sensor lights (solar lights for outdoors); clean with products that tend to keep the floors grippy instead of slippery; install easy-to-grip handrails and non-slip treads around the home; add grab bars outside the shower or tub near the toilet; rearrange cabinets and drawers to keep frequently used items within reach and keep a sturdy step stool nearby.

Other practical lifestyle changes include staying hydrated; eating balanced meals and keeping snacks handy to prevent drops in blood pressure; exercising regularly to improve strength and balance (such as tai chi or yoga); and wearing safe, sturdy shoes.

Denney concluded her presentation with a Q&A session covering fire-smart landscaping, reporting Mutual hazards (unsafe walkways) and decluttering high traffic areas. She

GRF Dog Policy

Resident pet owners are reminded that GRF policy requires dogs to be leashed and under the control of the pet owner at all times on trust streets. The leash should be no longer than six feet.

The policy also states that pet owners are responsible for damages or injury caused by their pets or support animals.

advised people to talk to an expert when it comes to electrical outlets and their safe usage and pay close attention to their surroundings while walking.

In case of a fall, Denney recommends:

- Staying put (don't move or get up).
 - Calling 911.

 Answering paramedics' questions, including being specific about the circumstances that lead up to the fall and why it might have happened.

The OCFA is a regional fire service agency that services 23 cities and unincorporated areas throughout Orange County, over 1.9 million residents and 77 fire stations. The OCFA Community Education and Outreach program provides a variety of free services and resources for the community including disaster preparedness; fire safety; drowning prevention; Ready, Set, Go!; fire extinguisher training; and smoke alarm programs.

For more information, visit ocfa.org or call (714) 573-6200.



Optum Orange County President Ray Chicoine (with scissors) and national, local and LW officials celebrate the renovation of the Health Care Center Sept. 17.

OPTUM

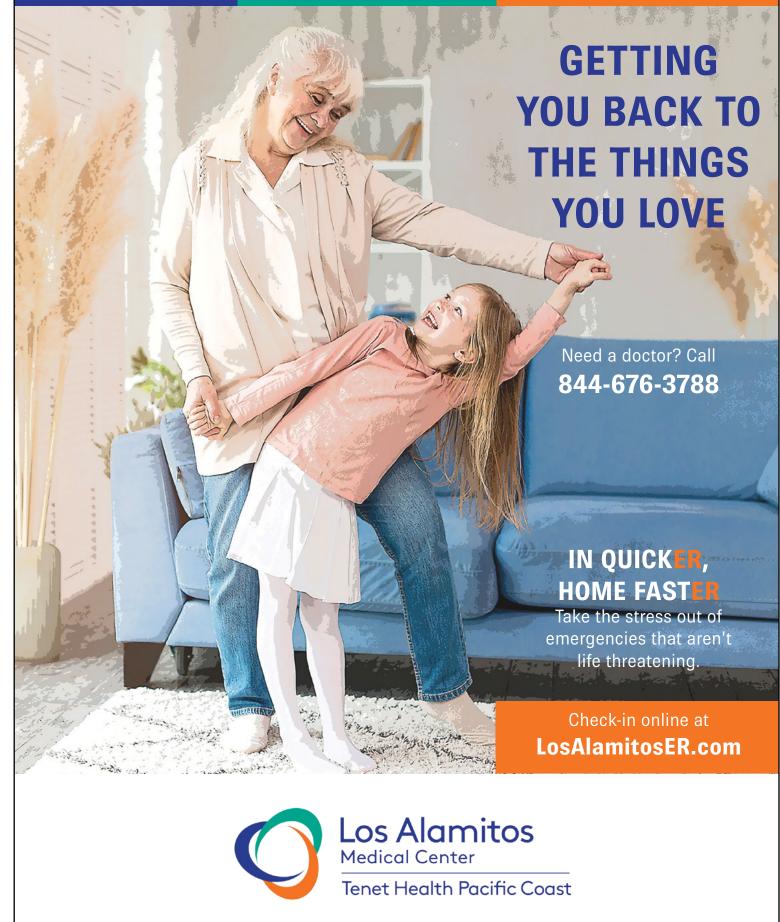
from page 1

Dr. Chi Rajalingam, Seal Beach City Councilmember Sandra Massa-Lavitt, District 5; Seal Beach City Councilmember Schelly Sustarsic, District 4;

Linda DeRungs, Mutual 5 president; Optum Orange County President Ray Chicoine; Optum Health Care Center Medical Director Dr. Paul Choi; Optum

Health Care Center Site Administrator Alicia Nelson, MHS, EdS, and members of the Optum Health Care Center.

-from the Optum at the HCC



PERSPECTIVES

Letters to the Editor

Editor:

On behalf of the dogs and cats of the Seal Beach Animal Care Center, we wish to thank all those wonderful Leisure World residents who came out and supported us at the Eagles Amphitheater show event. Thanks to your generous donations, we raised \$1,200 and a huge truckful of items that will be put to great use for our pets.

And thank you to the Paws, Claws and Beaks Club for its help in staffing this event.

The winners of the gift cards were: Joe Buranete, California Pizza Kitchen; Dorothy Palaski, Home Goods; and one anonymous winner.

Thanks again to all of you and we will see you next year! Christina Miller

Fundraising Manager Seal Beach Animal Care Editor:

Regarding the article on GRF's investigation of enhancing earned income (Page 1, Sept. 15), I like the idea of having small, beneficial businesses on-site.

The only place currently selling any commercial products or services is the pharmacy in the Optum Health Care Center. Imagine how convenient it

Bixby Plaza

WWW.BIXBYPLAZA.COM

Licensed, Bonded • Contractors #347062

would be to have a hair/nail salon, barbershop, massage, gardening accessories, snack foods, kitchen accessories, basic consumables like tissues, toilet paper, paper towels, maybe liquor, hot coffee and more located on-site and within walking distance for most residents.

The "mini shops" could be located somewhere next to the on-site post office.

Local businesses could open small "satellite" branches on site, thus preserving our support of them.

We could spend our money there knowing we'd be getting a return in lowered HOA fees. We would reduce the expense of driving off-site to do some of our shopping. We would be mingling with other LWers and maybe making new friends or at least enjoying the feeling of community.

If GRF is truly going to study this proposal, I recommend surveying residents about what amenities they would prefer to see here (in order of preference). For example, my top ask would be for a barbershop.

I'm sure an on-site coffee shop would be hugely popular. Mike Stabile Mutual 1

Editor:

It's the little things that make senior life easier. So, when I read about the cancellation of the battery drop-off (Sept. 22), I had to ask why? Too costly, they say. Leisure World residents have been directed to drop off the batteries at the Rainbow Recycling facility. Really?

Recently, I went there to deliver unused paint. I can just imagine an octagerian with a bag of 10 batteries trying to negotiate the large rumbling garbage trucks as they enter and exit the facility.

And what about those unable to drive?

May I offer a suggestion? Please maintain the battery drop off. Each month, or as needed, a volunteer from a service club or a LW staff member could take them to the recycling facility. An hour's worth of time and \$10 in gas is very cost-effective, don't you think?

Also, we will be keeping the landfills free of toxic battery acid. The last two of the Leisure Weekly issues contained front page articles explaining why our assessments must go up. They also stated how fortunate we are to live her with all the wonderful amenities available to us. Not so. if you are stripping them away, one by one. Please remember, it's the little things that matter. Suzanne Dunwell

Editor:

I've noticed that cardboard boxes often fill the recycle bin. This doesn't leave much space in the bin for other recyclable materials.

I break down my boxes and would like to remind residents to do the same. Maybe signs with instructions on proper recycling methods could be posted by the recycle bins to help people remember.

> Vonnee T. Peterson Mutual 1

FLU

from page 2

7.5 million influenza illnesses, 3.7 million influenza-associated medical visits, 105,000 influenza-associated hospitalizations and 6,300 influenza-associated deaths, reports the CDC. During seasons when flu vaccine viruses are similar to circulating flu viruses, flu vaccine has been shown to reduce the risk of having to go to the doctor with flu by 40-60%.

Mutual 6

A 2021 study showed that among adults hospitalized with flu, vaccinated patients had a 26% lower risk of intensive care unit (ICU) admission and a 31% lower risk of death from flu compared with those who were unvaccinated.

A 2018 study showed that among adults hospitalized with flu, vaccinated patients were 59% less likely to be admitted to the ICU than those who had not been vaccinated. Among adults in the ICU with flu, vaccinated patients on average spent four fewer days in the hospital than those who were not vaccinated.

Residents can get flu shots through their primary doctors and at various drug stores and retail centers. To find the closest location, visit www.vaccines.gov/ and type in your zip code. See page 13 for information on the Optum flu clinic at the LW Health Care Center.

Setting It Straight

The Ronstadt Revival concert cost in the Sept. 22 edition was incorrect. The actual cost was \$7,000—\$3,500 of price was used as a deposit for a 2021 show that was canceled and the balance of \$3,500 was paid this year when the show was performed.



An Official Golden Rain Foundation Publication

Serving the Shareholders of Leisure World Seal Beach

LW Weekly

LW Weekly is delivered every Thursday to every Leisure World residence. Opinions expressed in articles, columns or letters do not necessarily reflect the opinions or policies of the Golden Rain Foundation or GRF Board of Directors, members and staff of this publication. The publishing of advertisements in any GRF publication does not indicate any recommendation or endorsement, nor any opinion of capability or quality of any advertiser's work. GRF will not knowingly publish any advertisement it deems to be untruthful or misleading. GRF reserves the right to refuse any ad for

Ruth Osborn, Managing Editor (562) 431-6586, ext. 388 rutho_news@lwsb.com Page One, General News, Perspectives

Debbie Kim, Customer Service (562) 431-6586, ext. 383 debbiek@lwsb.com Classified Advertising, Reception

Laurie Bullock, Editor (562) 431-6586, ext. 801 laurieb@lwsb.com Community, Religion, Obituaries

Emma DiMaggio, Editor (562) 431-6586, ext. 387 emmad@lwsb.com Arts & Leisure, Sports & Games

Katya Lukina, Editor, Graphic Designer (562) 431-6586, ext. 266 katyal@lwsb.com Health & Fitness

Malena Avila, Communications Coordinator, Editor (562) 431-6586, ext. 279 malenaa@lwsb.com Government

Stephen Bannon, Production Editor (562) 431-6586, ext. 392 stephenb_news@lwsb.com Online/Vision Impaired Editions, IT, Pre-press

Sylvia King, Advertising Sales (562) 472-1274, sylviak@lwsb.com

Deadlines Editorial: 4 p.m., Thursday, prior to publication week

Classified Advertising: 12 noon, Monday, of publication week

Display Advertising 4:30 p.m., Thursday, prior to publication week

Office hours 8 a.m. to 5 p.m. Monday-Friday

Phone (562) 430-0534 after-hours voice mail

Missing Newspaper Report missed paper by 10 a.m. for same-day special delivery. (562) 430-0534

Mailing Address P.O. Box 2338 Seal Beach, CA 90740

Delivery Address 13521 St. Andrews Drive Seal Beach, CA 90740

Online Edition LW Weekly.com lwsb.com/newspaper/

Distribution Services Dan Pomeroy, Eagle Rock Services

VOL 46, NO 37



AN

562-493-3678

Monday-Friday 10-6 Sat 10-4

10831 Los Alamitos Blvd.

Los Alamitos - Next to Ameci's

₩

Garfield Ave

714-847-2828

Monday-Friday 10-6 Sat 10-4

19062 Goldenwest St.

Huntington Beach 92648

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., Sept. 29	GRF Special Board of Directors Meeting
•	Clubhouse 4/virtual 1 p.m.
Mon., Oct. 3	Physical Property Committee
	Conf. Rm B/virtual10 a.m.
Mon., Oct. 3	Recreation Committee
	Conf. Rm B/virtual1 p.m.
Tues., Oct. 4	Information Technology Services
	Committee
	Conf. Rm A/virtual 10 a.m.
Thurs., Oct. 6	GRF Board of Directors Meeting
	(Executive Session)
	Conf. Rm A
Mon., Oct. 10	Mutual Administration Committee
	Conf. Rm A/virtual 1 p.m.
Wed., Oct. 12	Security Bus & Traffic Committee
	Clubhouse 4/virtual 10 a.m.
Thurs., Oct. 13	Communications Committee
	Conf. Rm A/virtual 1 p.m.
Fri., Oct. 14	Architectural Design Review Committee
	Conf. Rm A/virtual 1 p.m.
A quorum or more	e of the directors may be present, only to lis-

ten and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Celebrity



SOLSTICE

Call for Bonus Offer

7 night Mexican Riviera

Los Angeles, Ensenada, Mazatlan, Puerto Vallarta



GRF BOARD

Executive Session

Agenda Thursday, October 6 1 p.m. **Conference Room A**

This meeting is closed to Shareholders/Members per Civil Code \$4935.

- Call to Order
- 2. Roll Call
- 3. Approve Minutes
- 4. Legal
- Contracts
- Pending and/or Litigation Updates
- Member Code of Conduct
- Personnel
- Adjournment

Agenda is subject to change.

Family Radio

The Radio Club uses Family Radio Service (FRS) to practice drills every Wednesday on Channel 13/0 from 9:30-9:45 a.m. Anyone with an FRS radio is invited to participate.

Be sure to wait until the radio is clear, then press the side button. Then state full name and Mutual number. Release when finished.

For more information or instructions on FRS radio, contact Leisure World Radio Club President Rich Erickson at rjerxn@ yahoo.com or call (562) 431-6586, ext. 409.



"Your local financial partners in wealth management, estate planning and asset preservation."

Call us today for a Complimentary Consultation! (562) 594-4290 • www.MJFFG.com

> Martin James Flores, LPL Financial Planner 13001 SB Blvd. Suite 240 SB, CA 90740

Martin James Flores is a Registered Representative with securities and advisory services offered through LPL Financial, a Registered Investment Advisor, member FINRA/SIPC. CA Insurance Lic. #0C87640

SIMPLY DELICIOUS **SENIOR MEAL DELIVERY SERVICE**

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$90 per week B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$150 per week

			<u> </u>	
Monday	Tuesday	Wednesday	Thursday	Friday
		LUNCH		
Egg Salad Sandwich	Fish Tacos Cole Slaw	Grilled Shrimp Salad w/Fresh Corn & Avocado	Spinach & Mushroom Omelet Dill Potatoes	Chili w/Cheese & Sour Cream
Mixed Fruit	Flan	Fruit Salad	Mixed Berries	Celery & Carrots Sticks
		DINNER		
Chicken Française Asparagus	Barbacoa Beef Enchiladas Spanish Rice	Roast Beef Dinner Mixed Vegetables	Chicken Teriyaki w/Broccoli & Carrots	Shrimp & Salmon Kebab w/Grilled Zucchini
Strawberry Cheesecake	Cantaloupe & Grapes	Watermelon & Blueberries	Sliced Mango	Chocolate Cake



Salim Khoury (562) 754-8487

www.simplydelicious.app

To ensure high quality, some items may be substituted



Mutual Meetings

Mutual residents are invited to attend the open meetings of their mutual boards. The following is a tentative schedule.

	8
Tues., Oct. 4	Mutual 17
	Conf. Rm A/Zoom1:30 p.m.
Thurs., Oct. 6	Presidents' Council
	Clubhouse 4/virtual9 a.m.
Mon., Oct. 10	Mutual 9
	Conf. Rm A/Zoom9 a.m.
Tues., Oct. 11	Mutual 16
	Conf. Rm A/Zoom1 p.m.
Wed., Oct. 12	Mutual 4 (open forum, 8:30 a.m.)
	Conf. Rm A/Zoom8:45 a.m.
Thurs., Oct. 13	Mutual 12
	Conf. Rm A/Zoom9 a.m.
Fri., Oct. 14	Mutual 3
	Conf. Rm A/Zoom9 a.m.
Mon., Oct. 17	Mutual 15
	Conf. Rm A/Zoom1 p.m.
Tues., Oct. 18	Mutual 14
	Conf. Rm B/Zoom1 p.m.
Wed., Oct. 17	Mutual 5
	Conf. Rm B/Zoom9 a.m.

Easy Living Home Care and Errands

Affordable In-Home Care and Errands to help with all of your needs. Keep your Independence, Compassionate, Attention to Detail, We Listen



New client special 10% off first invoice

Free In-Home Evaluation

- * Home Care
- * Personal Care (Bathing / Dressing)
- * Escort to and from Appointments
- * Shoppings, Outings, Errands
- * Housekeeping, Laundry, Organizing
- * Companionship
- * Meal Preparations
- * Medication Reminders
- * Maintain Safe & Secure Environment
- * Short Term Recovering Patients



Licensed * Insured * Bonded * W2 Employees **Employee Criminal Background Checks**

(949) 842-6831

lori@homecare4ca.com www.homecare4ca.com



BEN'S SEAL BEACH AUTO R

Leisure World Special \$10 off Smog Inspection



Plus . . .

- √ Free tire rotation with purchase of oil change
- $\sqrt{\text{Free vehicle inspection}}$
- $\sqrt{}$ Free brake inspection
- √ Free fluid check
- √ Free tire check

(562) 799-0000

4000 Lampson Ave., Chevron Seal Beach



(Across from Seal Beach Tennis and Pickleball Center)

Puzzles & Comics

Answers on page ${f 22}$

Gasoline Alley By Jim Scancarelli Th'comin'down part's what I don't want no Simple! Gravity! MayIask whynot? They ain't no way yo'gone What goes upsee me on no aereoplane, mus' come down! neither! part of!

Broom-Hilda







Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Patti Varol and Joyce Nichols Lewis 13 "Joy Shlick" 57 Weekly night for

"PLUSH" BY GARY LARSON & AMY **ENSZ**

ACROSS

- 1 Little rascal 6 Crunchy brownie piece
- 10 Natural bandage Storm relief org.
- 18 Sierra Nevada
- lake 19 Connections
- 20 Skyline
- obscurer 21 Ruck of "Spin
- City' 22 Semis followers
- 23 Dormitory where honor roll
- students sleep? 26 Name of Davy
- Crockett's rifle
- 28 Enjoy again, as a favorite book
- Cubbies home carte
- 31 "Fun Factory"
- clay 35 Tuft of feathers
- 37 Name of B.B.
- King's guitar Actor Mulroney
- 43 Santa-tracking
- 46 Ingredient for discerning brew masters?
- 48 Jazz lick
- 51 Sudoku digit 52 Birdie topper
- 53 Historical record
- 54 App symbol 55 Suzuki with
- 10 MLB Gold Gloves
- 58 "Yosemite Valley Winter
- photographer
- Do needlework
- 64 Dietary fiber 65 Forecast
- 67 Charge for using, as an apartment
- 70 Apple platform 71 Take care of eggs by sitting

75

109

123

127

- on them? 74 New __: cap
- brand 75 Cream cheese serving
- 77 Genre
- revitalized by Britney Spears 78 Thicken, as
- cream
- 79 Some year-end
- 81 Calf's suckling
- spot 82 Turns way up Stadium level
- 86 Rivendell
- inhabitants Island

- 128 Turow book set 90 Tacks on at Harvard
- 91 Went platinum? 92 Learns about crops like
- maize? 98 Lost cause 100 Words on an
- orange juice container
- 102 "Way to go,
- fella!"
- 103 Dodge 106 Edible part of a
- pistachio
- 108 Mystery writer Grafton
- 109 Many pop-ups 111 Refuse
- 113 Baggage
- handler? Cheap toupee?
- 122 Duel choices 123 Morales of 'Ozark"
- 124 With 112-Down, fish story
- 125 Song that might prompt a
- 'Brava!' 126 Cast
- Texter's "until next time'

- product
- 130 Fragrant
- DOWN

- 3 "Pequod" captain
- chocolate 5 Fly, e.g.
- alcohol
- ejemplo Salon goop
- 9 Subj. for some citizenship
- 10 Help for a tight fit
- novelist Robyn 12 Tenochtitlan

- 129 Burt's Bees

 - Parker who was the 2020 WNBA
 - Defensive Player
 - 4 Mexican sauce

- applicants

native

104 105

128

- 14 Terrif 15 Light-up pumps?
- compound
- Not in bed yet
- of the Year
- flavored with
- 7 Jueves, por
- 11 "Virgin River"

- 16 Classic TV series set in Korea

writer/comedian

- 17 Averse to
- 22 Farm young
- 24 Gift tag word
- 25 Genesis plot 27 Be in a bee
- 32 Bustle 33 "Okey-doke"
- 34 OB-GYNs, e.g. 36 Former Seattle team, familiarly
- 38 Trap during a winter storm, say
- 39 False witness 40 Spanish lake
- 42 Sardine cans 44 "I'll take that as
- 45 Cub's home
- 47 Ticker 49 Fistfight souvenir 50 Circular

55 Sacred Nile bird

129

56 Colorful clog

53 Go up

- - 89 Future JDst exams

- 59 Shoulder beats its chest 95 Witness muscle, for short
- 60 Parting words 61 Ready to be

leftovers?

- recorded 63 Bit
- 65 To some degree 66 Sealing stuff 68 Home run run
- 69 Stallion feed 71 HRH part
- 72 Lightened (up) 73 Drill, e.g. 76 Bite
- 78 "Julius Caesar" role
- 80 Kristoff's reindeer in "Frozen"
- 82 Dab at, as lipstick 83 British elevator
- 84 Graffiti signature 85 Rite answer?
- Three-time "Modern Family" Emmy nominee

96 Not as flat 97 Russian

93 Furniture wood

94 Animal that

- rejections 99 Govern
- 101 Smooth engine sound 104 "Likewise" 105 One of the filmmaking
- Coen brothers 107 Crack squad 109 Turn off the
- security cameras for, maybe
- 110 Roomba target 112 See 124-Across 114 Queens, New
- York, stadium namesake 115 Dazzles 116 Capricorn critter
- 118 Hodges who managed the Miracle Mets
- 92 Simple shelter

119 Chemist's workplace 120 401(k) kin 121 Not a thing

108

115

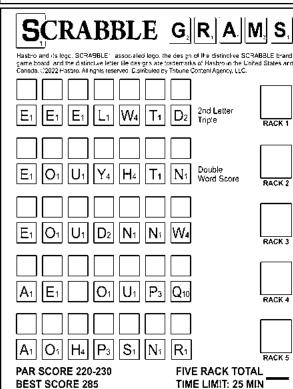
130

Sudoku 1

	9	8		3		7		
				2				
1			6			8		2
9					5		4	
				6				7
	5		1					9
3		9			7			8
				1				
		6		8		9	2	

9 To 5 By Harley Schwadron

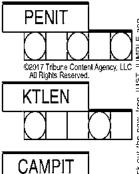




Unscramble these four Jumbles,

one letter to each square.

to form four ordinary words.



RANTOY



THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



○** 台窗 ♣ ~ ① ዻ ◇ * ◆ × * + ※ * ▲ C * ♂ * ≥ た ≏ Ω & A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to dieting.

Each number corresponds to a letter.

(Hint: 7 = e)

A. 1 7 8 13 2 19

Clue: How heavy

B. 11 25 15 6 7

Clue: Tool to measure weight

C. 25 15 6 22 17 8 7 11

Clue: Units of energy

D. 7 9 7 17 25 8 11 7

Clue: Workout

Sudoku #2

	3	5	6	2				
	2	4	8		9			
		8	5		7	6		3
	8							
4			3					
1	6		2		4		3	7
		6	7	1				8
			9		2	3		4
8				6		2		1

Guess Who?

I am a music entrepreneur born in London on October 7, 1959. My

dad got me a job in music publishing.

Although I made money as an A&R

excecutive later on, I became famous

for my acerbic comments to aspiring singers.

Puzzles & Comics Answers on page 22



By David L. Hoyt and Jeff Knurek



INSTRUCTIONS. Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Pay with a friend and compare word finds, crossing out common words.

BOGGLE YOUR DEPOINT SCALE RATING

3 letters = 1 point

4 letters = 2 points

5 letters = 3 points

6 letters = 4 points

7 letters = 6 points

8 letters = 10 points
9+ letters = 15 points

151+ = Champ 101-150 = Expert 61-100 = Pro 31-60 = Gamer 21-30 = Rookie 11-20 = Amateur 0-10 = Try again

Boggle BrainBusters Bonus We put special brain-busting words into the puzzle grid. Can you find them? Find AT LEAST SEVEN "BEST PICTURE" FILMS in the grid of letters

PICTURE" FILMS in the grid of letters.

BOGGLE is a trademark of Hasbro, Inc. 49 2022 Hasbro, Inc. Distributed by Tribunit Control Agency, LLC. All Rights Reserven

BAKING FUN WORD SEARCH

S В S E G G S Ι U S Ι В Н D W М N W Ι C Ε S T K Ι Ε Ε N G 0 V 0 K L N В Ι Ε Ρ K U C В U R G Ε Α N L В Т Т S P Т V V Ε D Ι S S ٧ Α Ρ 0 E Ε 0 Ι T C N 0 K D Ε K W Ε G X Ε D X Ε D T N 0 D G K N A Н W K N N N K Α C S K Н M В 0 Ι W Ε Y М M P М K Ι Ι М U K U C 0 Ε S R Ι P Y P В R C U Α U Α K L S E P E Ι C E T 0 R Α G 0 Τ М Ι Н Н R 0 Ι T S T R S В 0 N A R 0 G 0 M P V R Y N S S C Н C S U W 0 L U Ι T G R 0 Ν C K S P U Ι C L R U N Ι G E W X R T М K T K Ν T D C Ε Ι Ε A В Ι S Ι S R R Α Α M Н Ν Ι D 0 T Ι R D G Y R K X М В W Α E L W T Ε C В М V E Ε Ε 0 Ε T Y S R 0 0 G Α L S A В P C S Ι U R U Н В U L R L N U V S \mathbf{C} G P Ι H N Ι P W М N W В Т W W D D Y E E Α D P D V E U E U C C 0 0 L K N K N D B Ε Α Τ Ι N G V Ε U T P S T Α В 0 P D

Find the words hidden vertically, horizontally, diagonally, and backwards.

BAKING BEATING BISCUIT BL00M BROWNIE **BUTTER** BUTTERMILK CAKE CH₀P COMBINE CONVECTION C00KIE C00L **CREAMING** CUT IN **DESSERT DISSOLVE** DUSTING EGGS KNEAD **LAYERS LEAVENER MEASUREMENT** MILK **MIXER** PAN PIN **POWDER ROLLING** SHEET SODA

SPRAY STICKING TEMPERATURE

> WHIPPING WHISK

ACIDIC

September 29, 2022 | www.lwsb.com | www.lwweekly.com LW Weekly

S & LEISURE



Seal Beach Guitar Ensemble members practice for their annual winter concert.

Guitar ensemble begins preparations for winter concert

The Seal Beach Guitar Ensemble performed a concert on Sept. 15 in the Clubhouse 3 Lobby. The group spent four months preparing four ensemble pieces, which included Muchen polka, "Over the Rainbow," "Sarabande" and "Memory." Each member also played a solo.

Club President Mimi Lee

played a solo titled "Sunflower," from the movie of the same name.

Kevin Kim has been the instructor of the club since 2019 and has been teaching for over 30 years.

The ensemble will perform its annual concert on Dec. 17 in the Clubhouse 3 Lobby at 3 p.m. All residents are welcome

to attend. There will be refreshments served at the event.

Those who are interested in learning how to play guitar can join the ensemble.

The class meets every Thursday in Clubhouse 3, Room 6, from 9 a.m.-noon.

For more information, contact Lee via text at (914) 843-



Mimi Lee



Gene Smith won his tenth star at Cribbage Club, an award given to members who win all seven games.

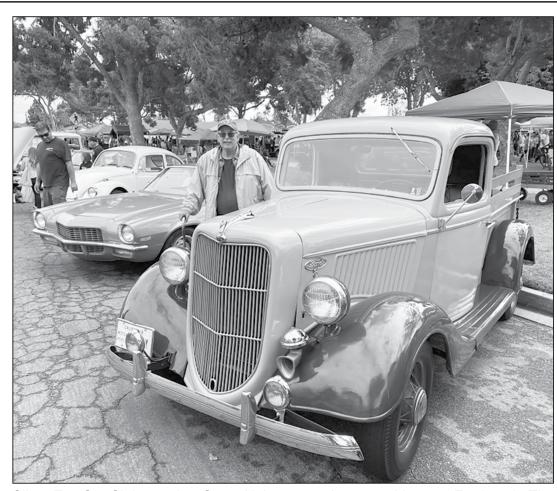
Cribbage Club

Gene Smith captured his tenth star last Tuesday at Cribbage Club by winning all seven games played—taking first place with a perfect score of 847. The club congratulates him on his win. Sam Ray and Bobbie Straley tied for second place with a score of 835. Third place went to Suzanne Parks with a score of 834 while Grace Holdaway took fourth place with 825.

Susan Dodson and Ruth Bonnema celebrated their birthdays by providing chocolate cake and ice cream along with mixed nuts and chocolates. Susan and Margaret Smith served refreshments to the 51 players.

Donated refreshments are served at noon each Tuesday in Clubhouse 1. Members are encouraged to arrive by 12:15 p.m. to be guaranteed a place at the table. Partners are not needed.

To learn how to play cribbage, brush up on the game or learn more about the club, call and leave a message with Terry Thrift at (714) 394-5885.



Silver Fox Car Club member Steve Neinast stands next to his 1936 Ford truck. The car club meets on the second Tuesday of each month in Clubhouse 3, Room 5, at 6 p.m. Residents don't have to own a classic or collectible vehicle to join the club, just a passion for cars.

LW to celebrate 52nd annual Arts & Crafts Festival in November, artisans wanted

Crafts Festival will be held on Friday, Nov. 4, and Saturday, Nov. 5, in Clubhouse 2 from 9 a.m.-2 p.m.

The purpose of the Arts & Crafts Festival is to encourage the creative talents of Leisure World Seal Beach GRF members. While invited to exhibit

The 52nd Annual Arts & their products, participants must adhere to guidelines established in Golden Rain Policy 1481; items for sale at the festival must have been made by the shareholder/member. No manufactured articles may be sold. Each seller must live in Leisure World and must be a GRF member to qualify as an

exhibitor of sale items at the festival. Residents are invited to come and support their fellow shareholders/members.

Artisans who want to participate can sign up at Clubhouse 2 on Wednesday, Oct. 19 from 7-9 a.m. A full table is \$10 but may be shared with another participant for \$5.



Essie Hicks

Community Karaoke

A cool summer evening brought a full house for karaoke night. Essie Hicks loves to sing and captured the audience with "Killing Me Softly." Danna Sanders delivered a strong "My Guy." A bit of nostalgia from the Mills Brothers "Till Then" was sung by David Noble.

The love song "Reunited" brought together voices of Tony Tupas and Belen Smith. Vocalists like Karen Morris, Sally Glausser, Helen Schultz and Elizabeth Butterfield charm the audience with the emotion in their songs.

Mariza Joaquin sang with ease "Hopelessly Devoted to You." Barbie May chose a song about a broken heart followed by Vito Villamor's "Together Again."

Sherlene Wallis favors the popular Anne Murray hits. Erika Greenwood showed passion in "Your Cheatin' Heart."

A casual practice session on Mondays in Clubhouse 6 from 1-3 p.m. is popular with folks experimenting with new tunes.

Everyone is welcome to the Wednesday night karaoke party in Clubhouse 1 beginning at 5:30. The club loves its audience members, who are generous with their applause.

For more information, contact Margie Thompson at (562) 493-0484.



Chess Club

This week's puzzle is checkmate in three moves. White moves first and any answer by black the white's third move is checkmate.

Solution to this week's puzzle is first move Queen d8. The white Queen moves from h4 to d8, black rook to d8, white rook to d8 and black Knight to d8. The next move by white is checkmate.

The Chess Club meets in Clubhouse 3, Room 7, from 1:30-6 p.m. on Fridays.



Nancy Morris, Carol Ziegler and Ann Guenther

Producers Club to perform ninth annual 'whodunit' mystery

How can a murder mystery be funny? Residents can find out on Saturday, Oct. 1, at 1 p.m. or Friday, Oct. 7, at 7 p.m. in Clubhouse 4 when the Producers Club will present its ninth annual murder mystery. People are invited to join the fun, the wild antics and the mayhem as the mystery unfolds in a cozy rooming house filled with eccentric guests, including one who keeps dropping things off the roof.

The doors will open on "Bombs Away!" 45 minutes before the curtain goes up. Residents should come early. Admission is \$5 at the door. A door prize will be awarded after the performance.



John Hlavad

Bruce Keough and Mei Crozier on the dance floor.

Dancers & Mixers will host early Halloween dance party

The Dancers & Mixers Dance Club will have an early Halloween party from 7-9 p.m. on Tuesday, Oct. 4, in Clubhouse 4. Everyone is welcome to attend. Residents are encouraged to come in costume if they'd like to, and to bring their favorite beverages and snacks. Partners are not needed as there will be both line dancing and a mixer. Live music will be provided by Linda Herman.

Dancers & Mixers Dance Club was established in 1982 to hold fun evenings with friends and meet new people. The club meets on the first Tuesday of every month in Clubhouse 4 from 7-9 p.m. Admission is free. For more information, call (562) 431-1257.

Clubhouse 2 closed for painting

Clubhouse 2 is closed through Oct. 16 for painting. The main hall and lobby will not be accessible. However, the poolroom, game room, restrooms and Mission Park will remain open. All reservations are cancelled during this time unless they were able to be relocated to another venue. For further information, contact LW clubs directly or the GRF Recreation Department by email at *kathyt@lwsb.com*.

GRF regrets any inconvenience and appreciates residents' cooperation.

Stamp and Collectibles Club

The Stamp and Collectibles Club will meet in Clubhouse 3, Room 9, on Wednesday, Oct. 5, at 1:30 p.m. People should bring items from their collection to show and discuss. The members collect such various things as stamps, postcards, historic newspapers, rare books and vintage toys. The members meet to discuss their collections and perhaps discover new information about something they own, such as the possible value or history of the items they bring.



Fred Fenton at Shakespearean Theatre, Ashland, Oregon.

Travel Diary: Oregon Shakespeare Festival

by Fred and Linda Fenton Leisure World Residents

You may have been to the Oregon Shakespeare Festival in Ashland, perhaps more than once. It is a popular venue. This was to be our first visit, and despite everything we had been told about it, we had no idea what awaited us. But I am getting ahead of myself. Our trip began with a flight to Eugene to visit family.

Located on the Willamette River, Eugene is best known as home to the University of Oregon, founded in 1876. Our hotel was located next to the Fifth Street Public Market, featuring cafes, shops, and Marché, a French restaurant. At dinner there, we enjoyed a bottle of pinot gris from Territorial Vineyards, an urban winery just one mile away. In all, there are 600 vineyards in the area.

Everyone will have a favorite spot in Eugene. Ours is a place we believe sells the world's best ice cream. The shop has a funny name: Prince Puckler's. The Prince, it seems, was a 19th century German nobleman known for his love of ice cream. Of the 40 flavors at Prince Puckler's, our favorite is Oregon Bing Cherry.

In 2008, then presidential candidate Barack Obama and his wife Michelle visited Prince Puckler's. A sizable crowd gathered. The store has a sign announcing Obama's choice of

mint chocolate chip, and they sell a lot of it.

After a few days in Eugene, we drove our rental car 177 miles south to Ashland, Oregon. The Oregon Shakespeare Festival, located downtown, was founded in 1935, the year I was born. It is a repertory theater offering a wide range of classic and contemporary plays performed six days a week in three theaters.

We had tickets for two Shakespearean plays, "The Tempest" and "King John." Unfortunately, on the day we were to see "The Tempest," a terrible fire broke out in Weed, California, 60 miles away. Smoke drifted toward Ashland, affecting air quality. It caused cancellation of the play, which is performed in an outdoor Elizabethan-style theater.

I was disappointed because I had studied "The Tempest" in preparation for seeing the performance. "King John," the following day, was an indoor performance that did not need to be cancelled. Rarely performed, this play tells the story of a corrupt monarch who fights to hold onto his crown at all costs.

Does that sound familiar? The production featured an all-female cast. The actors managed deep voices and forceful movements, including swordplay, doing it all so well we soon forgot we were watching women playing male roles. The audience gave the cast two

standing ovations.

To reach our last stop, Walnut Creek, California, we drove 330 miles south, choosing a route that included a drive across the Golden Gate Bridge. No matter how many times you may have been there, the bridge is always a thrilling sight. It took four years to build, starting in 1933, and is the most photographed bridge in the world.

San Francisco streets were full of happy, Labor Day crowds. Cable cars full of people were clanging up and down city hills, with some riders hanging onto the outside (yes the outside) of the cars.

Cable cars date from 1873 and have become an iconic symbol of the city. Yet, in 1947 city leaders, citing the lower cost of buses, moved to remove the cable car system. Friedel Klussman, a determined woman, began a successful movement to save the cable cars.

The rest of her life she rode free. Cable car operators would announce her presence to applause and cheers from the other riders.

Arriving in Walnut Creek, some 25 miles from San Francisco, we visited family and friends in the area before flying home to Long Beach. Soaring temperatures in Walnut Creek and Seal Beach over the Labor Day weekend, plus the extensive fires we have been experiencing in California, underscored the reality of climate change.

Travel: Nevada and Arizona Gems Tour trips

Want to travel closer to home with a Senior Group Tour on a motorcoach?

Janet Karter's Laughlin Getaway is Nov. 13-15. The trip includes a tour guide, motorcoach, snacks, water, tip, an Oatman day tour and a stay at the Edgewater Hotel for two nights. The cost is \$280 with a \$50 deposit.

Karter is the travel coordinator for the Lakewood Senior Center. Contact her at (562) 924-1938.

The Arizona Gems Tour is Jan. 18-20, 2023, offered by Friends of Oasis Travel. The trip includes a tour guide, motorcoach, entrance to the Quartzsite POW WOW Gem and Mineral Show, as well as the Tyson Wells Sell-a-rama and the Desert Gardens Gem, Rock and Mineral Show.

The trip also includes a local tour of Quartzsite, and a twonight stay at the Blue Water Resort & Casino in Parker, Arizona. The cost is \$499 with a \$100 deposit. Bobbi Lona is the tour coordinator and can be contacted at (760) 889-2687.

Joanna Matos, a Mutual 2 resident, retired world traveler, and past president of Traveling Tigers Club, personally knows and recommends these women tour guides.

Prices quoted above are per person based on double occupancy. ContactMatos by calling (562) 598-1849 for limited tour

—Joanna Matos

10 September 29, 2022 | www.lwsb.com | www.lwweekly.com

TV Review

Balkan Lullaby by Sezen Tumer

Balkan Lullaby is a nineepisode Turkish-language soap opera based in Macedonia.

Balkan Lullaby is a soap opera that can be watched on YouTube with English subtitles. It has everything: excellent actors, beautiful music, colorful folk dances, ethnic wedding customs, tears and laughter.

Balkan Lullaby is a beautiful, pure and innocent love story between a Macedonian and a Turk in Skopje, Macedonia.

In the Balkan countries, many ethnicities live together, but not in peace. Life in the Balkans is like a powder keg, ready to explode at any time. Human relationships, such as business, love, et cetera, face many obstacles and are full of challenges.

A Macedonian and a Turkish family have a history going back three generations. Thirty-five years ago, two young people from these families fell madly in love. Unfortunately, their love did not end happily, and they were separated.

Their families also ended their relationship and the two have not seen each other since then. The girl moved to Vienna and cut her ties with her family. The man quit his promising music career and became a cook.

This love affair was kept as a secret by both families and never brought up.

Thirty-five years later, history repeats itself. Once again, their children fall madly in love. At the same time, the two families are forced to share the same house. Destiny has put them together again. Both families try to stop this love affair, but the young lovers fight to save their love.

The Turkish grandfather is an interesting character, a sage. He is very close to his grandson and is a courageous man who always defends the truth. His love is for eternity and his purpose in life is to rebuild his mosque, which was demolished because of his son's love of a Macedonian woman.

LW Poetry

This feature showcases original poems by members of the Creative Writers Club of Leisure World and other GRF members.

Gerri

I have a good friend named Gerri

who writes sweet poems that are merry.

She writes short stories, too when she's given a clue,

like ghost stories that you'd find scary!

—Ethel Ina Carter, member of LW Creative Writer's Club



Joan Boryta, John Harper and Alice Sioson won top honors for their work.

LWers rake in six awards from Cypress Art Show

Leisure World residents Joan Boryta, John Harper and Alice Sioson won top honors at the Cypress Art League's 2022 Annual Autumn Art Showheld on Sept. 17-18 at the Cypress Community Center.

Collectively, Leisure World artists won six awards from a field of 204 art entries. The art show attracted artists from all over Southern California and as far as Northern California.

Many visual arts such as painting, photography, sculpture, ceramics, wood carving, digital arts and other 3D artworks are represented in the art show.

In addition to ribbons, the

winners also received cash awards and gifts from sponsors. Joan Boryta's "Beach Fog" won first place in the Division I Watercolor painting; John Harper's Division II Digital Art entry "Double" won a special award; Alice Sioson's Division III Watercolor painting entries "Anthurium," "It's Autumn" and "Guitar Family" won first place, second place and a special award, respectively. She also won first place for her Division II 3D glass fusion entry "Floral Lady."

The winners are active members of the Leisure World Art League. Boryta is also an art teacher and Harper is also a member of the LW Photo Arts Club, while Soison is also a member of the LW Lapidary Club and the LW Clay Crafters Club. The Cypress Art League's annual art shows and exhibitions are held during spring and autumn each year in coordination with the City of Cypress.

Winning artworks are available for viewing at the Gallery of the Cypress Community Center through Oct. 17. The address is 5700 Orange Ave, Cypress, CA 90630. They can also be viewed on its website at www.cypressartleague. com.

—Larry Sioson

Yahtzee Club

On Sept. 16 the winner for most yahtzee's was Margaret Desrochers. The winner for the highest score was Lyn Doyle. The winner for the lowest score was Diane Seeger. The door prize winner was Pat Farrell. The next meeting will be Sept. 30 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social

The club meets the first, third and fifth Fridays of each month. For more information, contact Diane Seeger at (562) 533-5997.

Duplicate Bridge

North/South winners in a six-table game on Sept. 15 were Joan Tschirki and Sue Fardette with a 64% game.

East/West winners were Ellen Kice and Shmuel Fisher with a 59% game.

With a 63% game, Joan Tschirki and Priscillia Cailloutte were first North/South in the five-table game on Sept. 16. LaVonne McQuilkin and Carol Murakoshi were the East/West winners with a 58% game.

Games are played on Monday, Thursday, Friday, and Saturday afternoons in Clubhouse 1 at 12:30 p.m. Players are asked to arrive no later than noon to confirm their reservations. Reservations can be made at any game using the sign-up sheets and/or by calling Dan Frank at (562)739-6441 or emailing him at danfrankcpa@gmail.com no later than 10 a.m. on game day.

Weekend Night Dances return

Velvetones on Oct. 2

The Velvetones Ballroom Dance Orchestra is Leisure World's own professional big band, playing big band swing and jazz standards—music for dreaming and dancing. They are back in action on Sunday, Oct. 2 from 6-9 p.m. in Clubhouse 4 and will be back on Oct. 16. The Velvetones play regularly at Clubhouse 4 on the first and third Sunday evenings. The doors open at 5:30.

Vinyl Rock on Oct. 22

Vinyl Rock will be back in Clubhouse 4 on Saturday, Oct. 22, at 7 p.m., later in the month than usual. It is an Orange County-based band consisting of nine members who passionately perform classic rock, Motown, and pop tunes primarily from the '60s, '70s and '80s. The band keeps the audience engaged, inviting them to participate in sing-alongs and mingling with them on the dance floor. They'll have everyone smiling, singing, swinging and swaying to the songs they grew up listening to and easily recognize. Vinyl Rock is sponsored by Cabaret Entertainers. The doors open at 6:30.

Abilene Halloween Dance on Oct. 31

Abilene will host its annual Halloween Dance on Monday, Oct. 31, in Clubhouse 4 at 7 p.m. instead of Clubhouse 2 on the fourth Saturday. Costumes are

optional. Residents shouldn't be late as it's sure to be a packed house.

Abilene is Seal Beach Leisure World's No. 1 country rock band going strong for 20 years. Terry Otte leads Abilene and shares singing duties with Tina Schaffer.

Guitarist Rod Anderson; guitar, synthesizer and pianist Jim Long; bassist Doug Decker; and drummer Jim Greer round out the group. Doors open at 6:30

Health Guidelines:

- Masks are no longer required regardless of vaccination status but are strongly recommended.
- No table saving. People may bring their own snacks.
- Attendees must be out of the clubhouse no later than 10 p.m. to permit adequate time for the custodian to tear down the setup and arrange the setup for the following day.
- No announcements are permitted from the stage, except by the bands.
- Clubhouse lighting and audio-visual equipment can only be adjusted by the custodian according to the instructions they have been given.
- Be sure to sign in, either as a resident or guest, in the proper spot. This is the only way GRF can judge the popularity of residents' favorite bands.

—Kathy Thayer



Jojo Weinga

Avid dancer and golfer Gee Gee Kwok has returned to Hui O Hula after an absence.

Hui O Hula

The Hui O Hula Club extends a warm welcome back/walina hou to Gee Gee Kwok of Mutual 15. She is a beloved dancer of Hui O Hula, the Leisure World Hawaiian dance club. Kwok is devoted and an essential part of the hui/group's performance team. Her positive attitude and unwavering commitment to sharing her aloha with others is greatly admired by her hula family. Everyone is thrilled that she is back, well and dancing.

In class, hula subjects are Kaimuki Hula and Pua Carnation. Both are love songs. Kaimuki is a district by Waikiki Diamond Head in Honolulu. This hula is about an alleged love affair happening in the neighborhood. Pua Carnation compares the beautiful flower to a love interest who is revered and missed. Anyone can learn to tell a story with the hands in hula. Beginners may come to Clubhouse 6, second story, every Tuesday at 12:30 p.m. to learn basic steps. Classes are also given on Thursday at Veterans Plaza at 1 p.m. Call (562) 431-2242 for more information.

—Jojo Weingart

LWWeekly



Choose MemorialCare this Medicare Open Enrollment.

Select a Medicare Advantage plan that includes MemorialCare.

Whether it's Sunday afternoon or 3 a.m., we're ready to help. With video visits day or night. A nurse advice line and 24/7 telephone support from our local patient navigation center. Close-to-home health centers and conveniently located urgent care centers. Plus easy access to Medicare specialists, resources and education. If you need high-quality care right now - or help with Medicare before open enrollment ends December 7. Get care no matter when or where. With MemorialCare.





Long Beach Medical Center | Orange Coast Medical Center | Saddleback Medical Center MemorialCare Medical Group | Greater Newport Physicians

COMMUNITY

LW Birthdays



Gerri Seaton celebrated her 90th birthday with friends and family recently with a party in Clubhouse 3. Gerri has lived in Mutual 2 for 28 years.



Gil Moore, resident of Mutual 9 for 34 years and a former pastor of Redeemer Lutheran Church, celebrated his 95th birthday with a special luncheon at the Boathouse restaurant in Long Beach on Sept. 24 with family and friends. The celebration was hosted by his youngest daughter, Lisa, and her husband Delbert Nunley of Spanish Springs, Nevada. Moore is in the center, holding a special tee shirt given to him at the event.

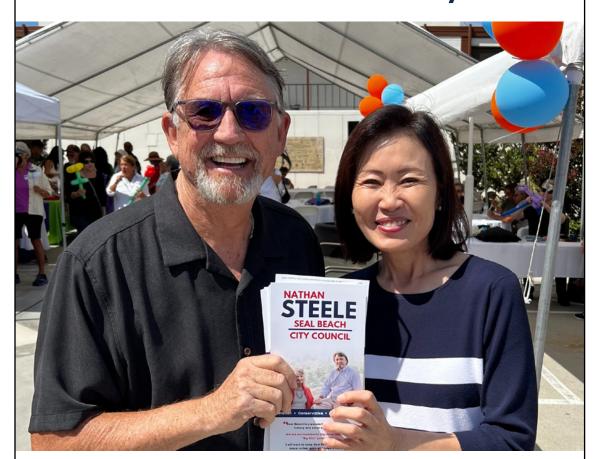
Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: **laurieb@lwsb.com** or call (562) 430-0534, ext. 801 for more information.

Paid Political Advertisement

BREAKING NEWS

Congresswoman Michelle Steel Endorses Nathan Steele for Seal Beach City Council



STEELE

SEAL BEACH
CITY COUNCIL

Learn More About Nathan:

www.nathansteele.com

Paid for by Committee to Elect Nathan Steele Seal Beach City Council 2022

Waynette Harris celebrated her 98th birthday and was surrounded by neighbors and friends who came to wish her good health and many more years. Waynette has lived in Mutual 15 for 44 years. She is very a creative person and is working on projects 24/7. Waynette and her family thank all who came to the birthday celebration.



LW Weekly

AMERICAN LEGION

Pancake breakfast is back

After three years, the American Legion Pancake Breakfast is back. The men will flip pancakes on Saturday, Oct. 22, in Clubhouse 2. The kitchen will be open from 8-10:30 a.m. Tickets will be available for purchase for \$7 at the door in advance by calling Lee Esslinger at (562) 430-2891. This year there will be pancakes or biscuit and gravy with sausage and scrambled eggs, as well as orange juice and a bottomless cup of coffee. Former Y Service Club members will help. People can call Esslinger to request a job as well as the time they are available.

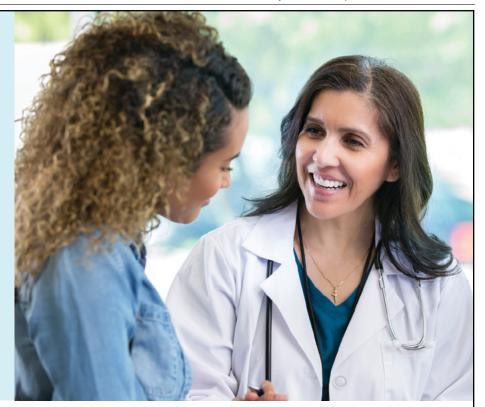
Fantastic Cafe on Westminster Blvd. is once again donating the food ,and the Navy Seabees will be helping out in the dining hall. All residents are invited to enjoy a great breakfast. For more information, call Esslinger at (562) 430-2891.



Optum

Annual flu shot clinic

October 6, 2022



Location change



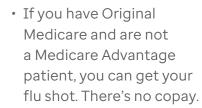
Optum-Seal Beach Leisure World Health Care Center 1661 Golden Rain Rd. Seal Beach, CA 90740

How do I know if I can get my flu shot here?

My primary care doctor works at an Optum location.

• You can get your flu shot. There is no copay.

My primary care doctor does not work at an Optum location.





Please wear a face mask or covering

- If you're a Medicare Advantage patient and your insurance card doesn't have Optum Care Network–Monarch on it, we're unable to provide the flu shot unless you pay cash. Please contact your primary care doctor to find out what locations are available to you.
- Many pharmacies are now offering the flu shot. Check with your doctor's office to learn more.
- If you want to pay cash, the regular adult dose is \$40 and the high dose for high-risk individuals is \$65.

What do I need to do before getting my flu shot?

- Please have your consent form filled out upon arrival to the flu clinic. You may obtain a form at the HCC, on the buses and the recreation office.
- Bring picture ID and insurance card.
- Wear a short-sleeve or sleeveless shirt.
- · Wear your face mask or covering.

Mutual times

To help with traffic, please show up during your mutual's designated time.

Mutual	Appointment start time	Appointment end time
Mutuals 4 and 11	8 a.m.	8:45 a.m.
Mutuals 1 and 17	8:45 a.m.	9:30 a.m.
Mutuals 10 and 14	9:30 a.m.	10:15 a.m.
Mutuals 2 and 16	10:15 a.m.	11 a.m.
Mutuals 12 and 15	11 a.m.	11:45 a.m.
Mutuals 3 and 5	11:45 a.m.	12:30 p.m.
Mutuals 6 and 7	12:30 p.m.	1:15 p.m.
Mutuals 8 and 9	1:15 p.m.	2 p.m.
Missed appointments	2 p.m.	3 p.m.



Questions? Give us a call at **1-562-493-9581**, TTY **711**

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-562-493-9581, TTY 711. ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-562-493-9581, TTY 711. 請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:1-562-493-9581, TTY 711。

Optum® is a trademark of Optum, Inc. in the U.S. and other jurisdictions. All other trademarks are the property of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer. © 2022 Optum, Inc. All rights reserved. 20514-19 09/22

September 29, 2022 | www.lwsb.com | www.lwweekly.com

LW HUMANIST ASSOCIATION

Learn about the fine-tuning argument

The Humanist Association will meet on Sunday, Oct. 2, in Clubhouse 3, Room 1, at 10:30 a m

This week's speaker will be club President Dave Silva, who is the author of "Searching for Utopia." He is also the only Leisure World resident to have run for a statewide office in 2004.

Silva will give a powerpoint presentation on the "Finetuning Argument." Certain fundamental physical constants of the universe are "fine-tuned," allowing for the existence of life. Some thinkers believe this is evidence for God. Scientists,



Dave Silva

philosophers and religious scholars have debated this question and reached different conclusions.

There is life in the universe because people are here to observe it. The "Anthropic Principle," or argument, is the name given to the idea that the universe is designed, or organized, to allow for the existence of life. However, it doesn't say whether the universe had to be the way it is, or whether other universes exist with different physical parameters. In one such hypothetical universe, life might be impossible, while in another it could be abundant.

Scientific observations have determined that the universe began 13.72 billion years ago in an event commonly called The Big Bang. Many religious people argue that since the universe had a moment of creation, it must have had a creator and that creator was God. Most cosmologists believe the universe was formed by natural causes. Relativity, particle physics and quantum mechanics describe how the universe works, but they don't say how, or why, the universe was created. In his book, "A Universe from Nothing," physicist Lawrence Krauss argues that observations show empty space is inherently unstable. Not only can something arise from nothing, something will always arise from nothing. These observations may explain how the Big Bang arose.

Silva will present the arguments from both sides of this thoughtprovoking debate. All residents are welcome to join.

Filipino Association of Leisure World Bingo







bingo games on Sunday, Oct. 23 or 30. FALW's monthly meeting will be held on Sunday, Oct. 9, in Clubhouse 3, Room 2, at 2:30 p.m.



Do you think it's okay to . . . Body Allow government to attack our children?

Indoctrinate them with CRT, "Wokeism" and "Equity"
Sterilize them (surgery/drugs) without parent's consent
Redefine gender and sexualize young children
Pay for abortion on demand until birth



Censor opposing views
Eliminate the electoral college
Vote without ID & cast multiple ballots
"Pack" the Supreme Court
Surveil (sny on) US citizens (Exec order #

Surveil (spy on) US citizens (Exec order #14067 3/9/22)

lgnore the safety of our citizens?

Keep our borders wide open Allow violent criminals to walk free ("Bail Reform") Defund the police

VOTE REPUBLICAN 2022

This is a political advertisement paid for by the LW Republican Club

Club surpasses its fundraising goal for the year

The Leisure World Women's Club Fundraiser on Sept. 17 was a huge success. The club thanks everyone who helped make it possible to surpass its goal and increase donations for the charities the club selected for the current and upcoming year.

The club is especially grateful for the vendors and donors for an amazing array of gifts for the raffle.

The live entertainment for the evening featured the talented Anthony and Donielle Bernasconi. Anthony, who

SENIOR PEACE CLUB

many saw at the Amphitheater during his Michael Buble tribute, is always able to draw a big audience. Donielle has a voice reminiscent of Loretta Lynn and also does her own show, "The Women of Country."

The next Women's Club meeting will be held Oct. 4. Due to renovations in Clubhouse 2, the meeting will be held in Clubhouse 4 at 1 p.m.

The live entertainment for the meeting will feature Randy Taylor. Performing since he was 5 years old, Taylor has been

privileged to sing at legendary venues, including UCLA's Royce Hall, Beijing and Shanghai Concert Halls, Greek Theatre, University of La Verne (where he headlined two solo concerts) Ford Amphitheater and Cerritos Center for the Performing Arts. He skillfully personalizes any vocal piece with his own original singing style.

Anyone interested in joining or learning more about the Leisure World Women's Club can contact Kathy Russell at (949) 293-7517.

SUNSHINE CLUB

Learn how to organize your home

Professional organizer Alice West will talk to the Sunshine Club about how to let go of clutter in their homes on Friday, Sept. 30, in Clubhouse 3, Room 2, at 10 a.m.

Most people have more things than they need, but have trouble knowing what to get rid of and how. During this talk, West will inform residents how long people are legally required to keep tax returns, loan papers, divorce decrees and other documents. She will reveal the easiest



Alice West

ways to part with collectibles, sentimental items, photos and more.

West will also share how to safely get unwanted items out of the house or find them a new home besides a landfill. When people let go of things that are unnecessary and don't bring joy, they are less likely to have clutter again.

All residents are welcome to join this meeting. The Sunshine Club requires no membership fees, but donations are welcome.

For more information, contact Anna Derby at (562) 301-5339.

Forum for city council candidates will be held on Oct. 6

The Senior Peace Club will meet on Thursday, Oct. 6, at 2 p.m. in Clubhouse 3, Room 9. There will be a forum for the candidates running to represent Leisure World on the Seal Beach City Council.

All four of the Seal Beach City Council candidates— Marianne Klinger, Michael McGrorty, Jonathon Rich and Nathan Steele-have been invited to speak on issues of concern. The issues include the integrity of the voting system, climate change impact on Seal Beach, the role of government, and book banning and library cuts. There will be a questionand-answer period after all the candidates speak, plus time at the end of the meeting to speak personally with the candidates and pick up campaign literature

The club decided to host this meeting because it seems more difficult to obtain good information on local elections.

The club's board felt this would be of interest to residents since the board members themselves were eager to find out more information about the candidates.

All Leisure World residents are welcome. Call Pat Kruger at (562) 357-4040 for more information.

It's GENIUS™ 5.0 Technology by Miracle Ear®

LW Chicagoans meet up Oct. 1

All LW Chicagoans are invited to meet and reminise on all things Chicago on Saturday, Oct. 1, outside Clubhouse 6 by the

For more information, call Stacy Strout at (714) 328-2701.

Retired Teachers Division 56

Any retired teacher in Leisure World is invited to join others on Friday, Oct. 7, in Clubhouse 3, Room 3, at noon.

In addition to a complimentary lunch, the group will discuss H.R.82 and WEP/GPO. As always, social updates will

For reservations, call Anne Stone at (714) 600-6956 no later than Monday, Oct. 3.

-Beverly Lloyd, president

umbrellas at noon.

Schmooze Club

In observance of the Jewish holiday of Sukkot, the Schmooze Club will not meet on Tuesday, Oct. 11.

Unless otherwise publicized, regular meetings are on the second Tuesday of every month in Clubhouse 3, Room 9, from 10-11:30 a.m.

Throughout the year, the Schmooze Club will present a variety of programs of Jewish and general interest. All LW residents and guests are welcome to attend.

The Schmooze Club's next program on Tuesday, Nov. 8, will feature comedian Mike Preminger for a delightful morning of laughs, refreshments and "schmoozing" (socializing).

"There are no dues to schmooze," however, donations are gratefully accepted.

For more information about the club, call Darlene Rose at (562) 347-8088.

HIGH DEFINITION DIGITAL (HD2) SOUND

SINGLEMIC™ DIRECTIONALITY

WIRELESS TECHNOLOGY

BLUETOOTH CONNECTIVITY

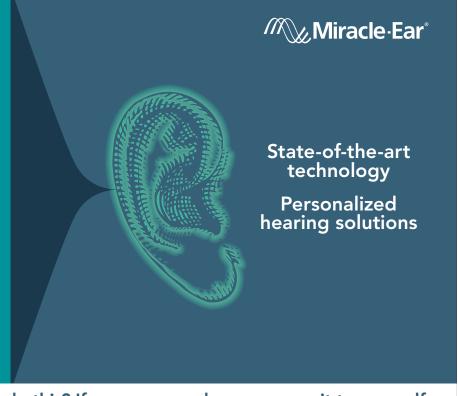
INTUITIVE STREAMING

SMARTPHONE CONTROL

48 CHANNELS

12 KHZ BANDWIDTH

TINNITUS CONTROL



Can your current hearing solution do this? If you answered no, you owe it to yourself to come in and try the all new GENIUS™ 5.0 technology FREE of charge.

The new **GENIUS™ 5.0 Technology** from Miracle-Ear® accurately analyzes hundreds of environments you may be in for the most personalized hearing experience, even while in motion!

Intuitive Sound Processing Connect to Devices

Understands your environment and motion state, then adapts to personalize your hearing.

Streams telephone calls and your favorite TV shows directly to your hearing aids in high-quality sound.

Natural Sound Quality

Recognizes and analyzes your own voice for an experience so natural you may forget you're wearing hearing aids.

Options Fit Your Lifestyle

Miracle-Ear® hearing aids come in a variety of sizes and styles, from the nearly invisible to the super powerful, the possibilities are endless.

Miracle·Ear® 2 for ^{\$}995

Receive 2 Miracle-Ear**MINI**™ hearing aids, one of our smallest, custom digital hearing aids.

Mention Code: 80PJ094AE

*Fits 30 dB loss. Not valid with any other discount or offer. Does not apply to prior purchases. Offer valid on the Miracle-Ear**MINI**[™] level 1 only. Offer expires 10/14/2022.

WHY CHOOSE MIRACLE-EAR?

- Personal relationship with a local hearing care professional
- Industry-leading limited 3-year warranty◊
- FREE hearing evaluations & follow up care for life
- Customized solutions designed to meet your individual hearing needs











Seal Beach • (562) 261-9951

Seal Beach Village • 1920 Saint Andrews Dr • Seal Beach, CA 90740

Not valid on level 1 products. Hif you are not completely satisfied, the aids may be returned to the office of trial within trial period in satisfactory condition.

Promo Code: 80PJ094AE

September 29, 2022 | www.lwsb.com | www.lwweekly.com LW Weekly

Republican Club

by Brian Harmon

LW contributor

Assemblywoman and State Senate candidate Janet Nguyen spoke at the club's monthly meeting Sept. 21, stressing the importance of this election.

The club's "Meet the Candidates" forum on Sept. 17 featured the following candidates:

- Scott Baugh for U.S. Congress
- Assemblywoman Janet Nguyen for State Senate
- Diane Dixon for State Assembly
- Nathan Steel for Seal Beach City Council
- Rona Goldberg for Los Alamitos Unified School District

The LW Republican Club book of the month for September is "Love Your Enemies: How Decent People Can Save America from the Culture of Contempt" by Arthur C. Brooks.

Brooks, an economist, is president of the American Enterprise Institute, the largest conservative public policy institute in the U.S.

Brooks argues that fairness and compassion are two values shared equally by conservatives and liberals, but conservatives tend to view fairness as rewarding merit, whereas liberals are more concerned with equality.

Conservatives and liberals generally agree that assistance should be provided for those unable to care for themselves or their families. Both sides also realize that people feel a bigger since of pride working for what they get compared to getting it for free.

When people start the debate acknowledging that they share most of the same moral values, they are less likely to view each other with contempt. The book is available on Amazon and other outlets.

The Republican Club information and hospitality booth will be open in the parking lot outside Clubhouse 6 from 11 a.m.-2 $p.m.\ on\ Mondays,\ Wednesdays\ and\ Fridays\ through\ October\ and$ then every day in November up until the election.

Anyone desiring yard signs for club-endorsed candidates, requesting voter information, needing help voting, or just wanting to be around like-minded people can drop by the booth.

The club meets every third Wednesday of the month at 7 p.m. in Clubhouse 3, Room 2.

GAF

Donate to the GAF while shopping at Ralphs for no additional cost

The Golden Age Foundation (GAF) is a nonprofit 501(c)(3)charitable organization dedicated to making Leisure World a better place to live.

The GAF must fundraise throughout the year to continue providing services to the community. There is now a simple way for LWers to donate to the GAF.

Residents can now donate to the GAF during their weekly grocery shopping trip without having to spend more money, thanks to the Ralphs Rewards Program.

Ralphs announced that it is committed to giving over \$2 million through its Community Contributions program. By simply signing up and doing your regular grocery shopping, you can help GAF recieve a portion of those funds.

Those interested can sign up for the Ralphs Rewards program by phone or through the Ralphs website. To sign up online, go to www.ralphs.com. You will need your Ralphs Reward card number or the phone number associated with the account to sign up.

To register over the phone, call (800) 443-4438. Make sure to say GAF's non-profit organization (NPO) number, FS 519, during registration.

For more information, go to www.GoldenAgeFdn.Org or call club president Anna Derby at (562) 301-5339.

- Anna Derby

Find gently used treasures at Mutual 12's yard sale throughout the weekend

Residents are welcome to attend Mutual 12's neighborhood yard sale on Sept. 29, 30, and Oct. 1 at 13430 St. Andrews Drive between buildings 72 and 73. There will be over eight sellers on one block.

The group is doing its part to keep gently used items from ending up in dumpsters and landfills. Part of the proceeds from the yard sale will go to the Orange County Rescue Mission to help veterans re-establish themselves into civilian life.

For more information on the Orange County Rescue Mission in Tustin, contact Rich Carson at (714) 719-6872.

> The LW Weekly (562) 430-0534

Democratic Club

By Mary Larson

LW contributor

There is only a very short time left before Californians will receive their vote-by-mail ballots. With that in mind, LW Democratic Club members have been intensifying their efforts to reach potential voters.

The club's message is a simple one. How LW residents vote—as well as how those living in neighboring districts vote—could determine which party controls the House of Representatives, beginning in 2023.

It is clear that the newly constituted Congressional District sits at the nexus of crosscurrents shaping the 2022 election. Democrat Katie Porter is running for reelection in the 47th District. Democrat Mike Levin is running for reelection in District 49, located south of Leisure World. Republicans Michelle Steel and Young Kim are running for reelection in neighboring Districts 45 and 40.

The Cook Political Report rates the Porter and Levin races as "leaning Democrat."

Steel's race is "leaning Republican," and Kim's race is

"likely Republican." This means the outcome in all four races could come down to what no preferred party voters decide to do. With that in mind, the Democratic Club has been, and will continue to, make a special effort to reach these potential voters. The results to date have been very encouraging.

The club is also encouraged by the number of potential voters visiting the hospitality/information booth located in the parking lot outside Clubhouse 6.

One new resident was looking for information about how to register to vote. She seemed very eager to become part of the LW Democratic Club. Another resident stopped by to ask about the Propositions. Volunteers staffing the booth advised her to vote "no" on 27. They also invited her to attend the next membership meeting, which would feature a report on all of the propositions on the November ballot.

Another LW resident stopped by with a question about mail she had received stating "there may be someone in your home who is not registered." She feels the group that sent these letters meant well but that they upset and scare people. She said, "It is painful for people like me who have lost a loved one."

A resident who was previously a member of another party, came by to offer words of support. Another resident had questions concerning political "propaganda" that was left at her unit.

A resident stopped in to talk about how confused he and other people are because of misinformation. Other visitors commented that they were glad there were not any offensive signs at the booth.

During October, the booth will be open on Tuesdays and Thursdays from 10:30 a.m.-12:30 p.m. Information about the election, as well as club membership, will be available.

Democrats and supporters are also invited to subscribe to the Democratic Club's newsletter for more detailed information by emailing democraticclubsblw@gmail.com or calling (562) 296-8521. People are asked to include their full name, address and phone number, as well as party affiliation.

SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to http://roku.streamsource.tv/ add/sbtv. The playback schedule is available at SBTV3.org.

Thursday, Sept. 29

4 pm LW NOCE Summer Concert Black and White Knights Band 6:30 pm Velvetones or America's Oldest City Studio Cafe 7:30 pm McGaugh Go West 2022 SB City Limits: Richard Hastings

10 pm LW Tribute Concert 2022:

Hail to the King

Friday, Sept. 30

4 pm LW NOCE Summer Concert 5 pm Napa Wine Train 5:15 pm LW FALW Picnic 2022 GRF Executive Director Jessica Sedgewick McGaugh Pageant of the Arts Studio Cafe 8:30 pm LW Tribute Concert 2022: Stone Soul Motown 10:10 pm Ronstadt Revival

Saturday, Oct. 1

Black and White Knights Band 4 pm 5 pm LW Community Orchestra Spring 2022 6:30 pm Studio Cafe

11:30 pm Bob Cole Conservancy

7 pm McGaugh Pageant of the Arts 8 pm LAUSD

Sunday, Oct. 2

Seal Beach City Council 4 pm Meeting Sept. 26 Replay Napa Wine Train 5 pm 5:15 pm LW Car Show 5:30 pm LW Radio Club 5:40 pm The Velvetones LW Theater Club Face Painting 6 pm 6:30 pm Safety Flags Installation McGaugh Goes West 2022 7 pm 7:30 pm Seal Beach Classic Car Show

Studio Cafe 8:30 pm Bob Cole Conservancy LW Tribute Concert 2022: 9 pm

11 pm NOCE Summer Concert

Monday, Oct. 3

4 pm LW FALW Picnic 2022 5:30 pm GRF Executive Director Jessica Sedgewich

6:30 pm Studio Cafe

Seal Beach Planning Committee Meeting: LIVE

Seal Beach City Limits: Richard Hastings

LW Tribute Concert 2022: 9 pm ABBA

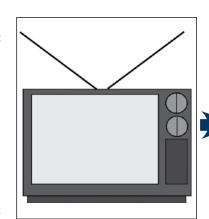
10:45 pm LW Car Show 11 pm Black and White Knights Band 11:55 pm LW Theater Club Face

Painting

Tuesday, Oct. 4

4 pm LW NOCE Summer Concert 5 pm LW Tribute Concert 2022: Hail to the King Studio Cafe 7 pm 7:30 pm McGaugh Pageant of the Arts 8:30 pm LW Tribute Concert 2022:

Stone Soul Motown 10 pm Ronstadt Revival 11:40 pm LW Car Show



Wednesday, Oct. 5

Life and Times in SB: Lawhead Brothers LW FALW Picnic 2022 LW Tribute Concert 2022: Live and Let Die, Paul McCartney 7:40 pm The Velvetones

8:30 pm McGaugh Go West LW Tribute Concert 2022: Stone Soul Motown 10:30 pm LW Cabaret Entertainers

*All programming is subject to change.

In Memoriam

Brian Kennedy 57 Buford Phillips ir. 92 Deloris Leslie 94 Robert Levinson 84 Linda Tilton 79 Jean Smith 88 Larry Corbett Jr. 59 Arlene Rivera 84 Larry Corbet Jr. Families assisted by McKenzie Mortuary, (562) 961-9301 —Paid obituary

The obituaries deadline is Friday at 4 p.m., prior to the desired Thursday publication

Obituaries that are received later will go in the following week's issue.

Email obituary notices to laurieb@lwsb.com with photos attached as jpg files.

The first 250 words, plus one picture, are free to publish in the newspaper; each additional word is 25 cents.

LW Www.lwsb.com | www.lwweekly.com | September 29, 2022

HEALTH & FITNESS



The Zumba Dance Club meets Wednesdays at 4:30 p.m. in the Clubhouse 6 Fitness Center and Fridays at 8:30 a.m. in Veterans Plaza. The large UV protective shade structure over the Veterans Plaza adds comfort by bringing the temperatures down on a warm day and making a workout more enjoyable.



Club members Daisy Ramos (I-r), Miranda Ishak, Rose Vivar, Thuy Do, Helen Evangelista, Mai Nguyen, Marilou Magcalas, Mercy Sanchez, Gladys Comia, Diana Wangen, Joycelin Azurin and Aurora Aquino are posing in front of a cake to celebrate anniversary and birthdays.

Dancing Feet celebrate anniversary and birthdays

The members of Dancing Feet Club celebrated its anniversary and club members' birthdays last week.

The line dancers are taking a long break due to the temporary closure of Clubhouse 2. After a well-deserved rest, the line

dance class will resume meeting on Oct. 17, followed by a social dance on Oct. 23.

The club hosts two events in Clubhouse 2: the line dance class every Monday from 7-9 p.m. and ballroom and line dancing every fourth Sunday from 6-9:30

p.m. Come dressed to impress. People may bring own snacks and drinks. Alcoholic drinks are not allowed. Admission to

both events is free.
For more information, text
Ed Bolos at (551) 998-4223 or
email edbolos@comcast.net.



Jojo Weing

Instructor Milton 'Mel' Locket (center) brings the joy of ballet to Clubhouse 6 every Saturday at 1:30 p.m. Anyone who enjoys ballet dancing for fun or health is welcome to meet him at the barre. Comfortable clothes are encouraged and ballet slippers, soft shoes, or socks to make it easier to point the toes. A regular workout class continues after ballet at 2:45 p.m. It offers exercises for strength, flexibility and balance, and aerobic movements. Gym shoes and a floor mat are required. For more information, call (562) 252-9676.

SBTV Fitness

The following weekly excercise classes air on SBTV via TWC Spectrum CH3, Frontier Fios CH37 and *sbtv3.org/schedule*.

Sunday 5:30 a.m.: Feeling Fit 6:30 a.m.: Silver Age Yoga Monday

6:30 a.m.: Feeling Fit **8:30 a.m.:** Silver Age Yoga **Noon:** Silver Age Yoga

Tuesday
7:30 a.m.: Feeling Fit
11 a.m.: Yoga for All Ages
Wednesday

5:30 a.m.: Yoga for All Ages 6 a.m.: Feeling Fit 7:30 a.m.: Silver Age Yoga Thursday

6:30 a.m.: Silver Age Yoga 8:30 a.m.: Feeling Fit Noon: Feeling Fit Friday

6:30 a.m.: Silver Age Yoga 8:30 a.m.: Feeling Fit Saturday

6:30 a.m.: Silver Age Yoga **8:30 a.m.:** Feeling Fit

Dental Services for Retired Veterans

For the ninth consecutive year, Dr. Seza Barsamian's Los Alamitos dental office will offer the annual free dental services for retired veterans on Veterans Day, Nov. 11, at 4022 Katella Ave., Suite 206, Los Alamitos.

Retired veterans will get their annual dental checkup, X-rays and regular dental cleaning at no cost.

Call in advance to schedule an appointment with Dr. Barsamian at (562) 596-4439.

—Dr. Seza Barsamian



Kathleen Hessley

Wa-Rite

The Wa-Rite Club's total weight loss for the week was 14.5 pounds. The two biggest losers were Kathleen Hessley and Shirley LaBreque, who both lost three pounds.

Judy Chambers gave a presentation on leg cramps, which can be caused by lack of calcium, potassium and magnesium, or an overuse of muscles and nerves. Staying hydrated, supplementing the diet with spinach and mustard, and using a heat pad when needed could also help with cramps. Before taking any over-the-counter remedies, people should consult their doctors.

Falling in love with taking care of yourself and being patient are proven ways to increase energy, well-being and happiness.

The weekly weigh-in is on Fridays in Clubhouse 3, Room 1, from 8-8:45 a.m. The meeting begins at 9. Everyone must present a GRF ID at the door to join the meeting.

—Carol Chambers

Meals on Wheels, Long Beach

Meals on Wheels of Long Beach Inc. delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m. Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet. Contact Client Manager Caron Adler at (562) 439-5000, ext. 1, or visit www.mowlb.org to complete an online application. To cancel a meal for the following day, contact Adler before 9 a.m. the prior business day. Menu is subject to change without notice.

Thursday, Sept.29

Turkey chili, cornbread, green beans with pimentos, watermelon, roast beef and cheese sandwich with spinach, tomato and pickle, cucumber, red onion and tomato salad.

Friday, Sept. 30

Oven-baked breaded fish with tartar sauce, barley pilaf, peas and carrots, fresh banana, turkey and ham cobb salad with egg, tomato, bacon, blue cheese dressing and crackers.

Monday, Oct. 3

Roast beef with mushroom gravy, au gratin potatoes, peas with onions, mixed melons, chicken salad sandwich with spinach and tomato, marinated beet and onion salad.

Tuesday, Oct. 4

Tuna noodle casserole, seasoned carrots, brussels sprouts, chocolate cake, Greek chicken salad with tomato, olives, cucumber, feta cheese, vinaigrette dressing and crackers.

Wednesday, Oct. 5

Lemon pepper chicken, barley pilaf, green bean almandine, fresh pear, roast beef and cheese sandwich with lettuce, tomato and pickle, creamy coleslaw.

Need help? 24-Hour Nurse: (562) 795-6216

September 29, 2022 | www.lwsb.com | www.lwweekly.com LW Weekly

RELIGION



Members of LW Hanin Church recently enjoyed a hike together at the El Dorado Nature Center Trails.

LW Hanin Church

Pastor Yong Han of LW Hanin Church will introduce a new sermon series titled "The Kingdom of God: A fresh look at the Parables of Jesus" on Sunday, Oct. 2, at 10:30 a.m. in Clubhouse 3, Room 4. All are welcome to attend the service with traditional hymnal. Lunch

will be served after worship.

The Open Bible College is held each Wednesday at 10:30 a.m. in Clubhouse 3, Room 4.

The purpose of this course is for people to understand what they believe in the Bible and why, plus how to apply biblical beliefs to their lives.

All residents are welcome to attend the Open Bible College lessons, regardless of whether they have attended a service before.

Those who are in need or have prayer requests can call Pastor Han at (310) 748-2595 or email yongkhan@hotmail.com.



Rates shown are per person, land and round trip economy-class airfare from the featured gateway (other gateways available, rates may vary), based on double occupancy. Rates include taxes, fees and surcharges collected by seller at time of booking using the AAA.com website. If booking with a AAA Travel Advisor, a \$25 service fee will be collected at time of booking Airfare is nonrefundable. Itinerary changes cancellations are subject to Pleasant Holidays, airfine and/or other supplier-imposed fees from \$25 Read-Strown despite (19 booking) with a AAA lieve Advisor, a \$2.5 service fee will be collected at time of booking, Aufrage in a website. If booking with a AAA lieve Advisor, a \$2.5 service fee will be collected at time of booking, Aufrage is nonethroughed little and continuous U.S. travely or from \$50.0 (for all other travely per person, plus applicable fare differential (certain changes involve per-notification deadlines). See General Disclaimer for additional information reparding at "The value listed is per booking and equals with the old to the Deem dedaways offer plus the AAA Member Benefit." Same Medaways 167. 2022.

— June 30, 2025. Minimum five nights accommodations at a participating Hawaif. Mexico or Caribbean resort or hotel and round trip airfare required (excludes Hawaif inter-island flights). Siminum two nights accommodations at a participating resorts. Savings of up to \$100 applies to U.S. test or hotel and round trip airfare required (excludes Hawaif inter-island flights). Savings of \$50 is not reflected in rates shown and papiles to Hawaif Mexico and Caribbean destinations with participating resorts. Savings of up to \$100 applies to U.S. destinations with participating resorts as follows: \$50 off 2 – 3 right stays; \$5 off 4-night stays; \$

AAA lravel required to obtain Member Benetits & savings which may vary based on departure date, rates may be subject to increase after full payment for increases in government-imposed earn group may be a full-inclusive offers only: Other estificitions may apply, including but not limited to, baggage limitations & Anages for first & second cheded bag standby policies & fees, nonreful airfare/airfine tickets, advance purchase requirements & supplier & airfine imposed change/cancellation fees up to & including the price of the faire flusts any applicable fare differential (which may involve pre-notification deadlines). Air compose packaged offers may be nomethodable refunds are subject to supplier & airfine terms to conditions. Supplier & airfine fees & policies may vary. Contact your supplier & full-deting airfine for more information; for baggage fees & other details, see ifflyba Rates involving round trip air transportation for travel dates or from galevays other than those advertised may differ. Not responsible for errors or omissions. The Automobile Club of Southern a agent for Pleasach Holdings** CSI (1016/22-80. To learn how we collect and use your information, visit the privacy link at AAA.com.

Pleasach

Pleasant Holidays.

Beit HaLev

Beit HaLev is conducting in-person services this year, led by Rabbi-Cantor Galit-Shirah. All services will be held in Clubhouse

The High Holy Day schedule is:

- •Yom Kippur: Wednesday, Oct. 5, at 10 a.m.
- Erev Sukkot: Sunday, Oct. 9, at 5 p.m.
- First Day of Sukkot: Monday, Oct. 10, at 10 a.m.
- Erev Shemini Atzeret/Simchat Torah: Sunday, Oct. 16, at

• Shemini Atzeret/Simchat Torah: Monday, Oct. 17, at 10 a.m. The Second Days of Rosh Hashanah and Sukkot services will be livestreamed at Facebook.com/galityomtov, YouTube.com (Beit HaLev LIVE! Channel); and via Zoom at https://us02web. zoom.us/j/9152434704. The meeting ID is 915 243 4704, and the passcode is RavGalit.

Live, in-person Shabbat services will begin Nov. 4 at 5 p.m. in Clubhouse 3, Room 4. Services will also be livestreamed for both Friday Shabbat evening and Saturday morning service at the above links.

Shabbat T'shuvah, the Sabbath of Returning, is on Saturday, Oct. 1. Beit HaLev will read from "Vayelech" (Moses went) from Deuteronomy 31:1-30. On the last day of his life, Moses' last words to the Israelites assured the people that they would be successful. He told them to place the written Torah in the Ark, reminding them, once again, to follow HaShem's commandments.

The Torah reading on Yom Kippur morning is from "Acharei Mot" in Leviticus 16:1-34, and the Maftir is from "Pinchas" in Numbers 29:7-11. Yizkor will follow the morning service. There will be an online-only presentation by the Beit HaLev of "Jonah" at 5 p.m. on Facebook, YouTube and Zoom, followed by Ne'ilah, the inspirational closing service for Yom Kippur at approximately 5:30 p.m.

All Beit HaLev services use special prayerbooks, "Lev L'Lev," which include excerpts from the Reform Siddurim, "Mishkan HaT'filah" and "Mishkan HaNefesh." Printed versions of the prayerbooks will be available at live, in-person services.

To request a membership form, call Rabbi Galit-Shirah at (562) 715-0888 or email duets@icloud.com.

Contributions to Beit HaLev are welcome and can be sent to Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.

Rabbi Galit-Shirah will need some assistance preparing for services. Those who can help should let her know beforehand.

Congregation Sholom

Congregation Sholom will hold Shabbat Shuva services with Rabbi Mike Mymon on Friday, Sept. 30, at 6:30 p.m. via Zoom. Rabbi Mymon will also lead hybrid Shabbat Shuva services on Saturday, Oct. 1, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

Saturday's Torah portion is Vayeilech from the book of Deuteronomy. In this portion, Moses concludes his speech to the Israelites, blesses Joshua, and instructs the community to gather every seven years to read publicly from the Torah; God predicts the eventual straying of the Israelites.

Rabbi Mymon will lead the services for Congregation Sholom's High Holidays services along with Cantor Chalin, who is a new member of the clergy. Services will be held via Zoom as well as in Clubhouse 3, Room 9. To receive a Zoom invitation, contact Jeff Sacks at (714) 642-0122. The schedule for the High Holidays is as follows:

- Tuesday, Oct. 4: Rabbi Mymon and Cantor Chalin will lead Kol Nidre Services beginning at 6:30 p.m.
- Wednesday, Oct. 5: Rabbi Mymon and Cantor Chalin will lead Yom Kippur Services starting at 9:30 a.m. Yizkor will begin between 11:30 a.m.-12:30 p.m.

Congregation Sholom has served Leisure World since 1962. It offers a traditional Jewish service in person and via Zoom.

Congregation Sholom will enjoy pizza after its Saturday, Oct. 15, service in the sukkah outside of Clubhouse 3.

Those who want to become a member of Congregation Sholom should call Howard Brass at (714) 396-0121.

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2; Wednesday morning Bible study at 10 in Clubhouse 3, Room 2; the Hymn Sing is held on the fourth Sunday of the month at 6 p.m. in the Clubhouse 3 Lobby.

Sermon for this week: Many Christians are curious and have not had the opportunity to discover the foundations of their faith. People will be challenged to dig deeper when Pastor Chuck Franco continues the series titled "What is Truth?" with a sermon titled 'The Deity of Jesus" on Sunday, Oct. 2.

Philippians 2:9-11 describes the place Jesus occupies now and in the future. Building on the last two sermons in the series, "The Word of God," and "One True God," this sermon will empower seekers of truth to begin to understand more fully why they believe

AOG, page 21

Blinds

Shutters

Draperies

Shades

Home-Automation

Professional Services



Family Owned & Operated LW References Available

714-282-0559



Call now for your free in-home consultation

Call (714) 840-8540

1060993

<u>.:</u>

St.

Sandra Teel

Lic. #4031244

Cell: (657) 204-4224

steelmedagent@gmail.com

(714) 379-3500

Experience Our Experience

Remodeling Leisure World For Over 30 Years

Carlos Ayala www.LosAlBuilders.com

needs and budget.

a licensed insurance agent.

All at no cost to you!

By calling the number, you will be directed to

Income Tax

• Financial Planning and Bill Paying • Trust Administration



(562) 594-9729

Leisure World Shopping Center 13924 Seal Beach Boulevard, Suite C **Same location since 1979**



FIX • REPAIR • REMODEL

√ Subpanel upgrade

√ Electrical troubleshoot

√ Add outlets and switches

√ Lighting upgrade

Other electrical services available!

CALL TODAY 714-260-4643

Serving customers for 25 years! . CA State License 929515





Vertical Blinds, Cell Shades 2" Blinds & Shutters

Katherine A. Brennan **Insurance Agency**

Condos · Home · Auto · Business · Golf Carts

New! Notary Public

(562) 706-5879 sealbeachinsurance@gmail.com

2999 Westminster Ave. #225 - Seal **Beach Village Shopping Center** Use North Lobby Entrance elevator **License # 0C69869**

(866) 206-9489 swift.hvac.oc@gmail.com Residential and Commercial HVAC Maintenance for \$75 Service All Brands

Same Day/Next Day Service Serving LA & Orange Counties

Advertise here for \$30 per week

10 consecutive weeks, minimum

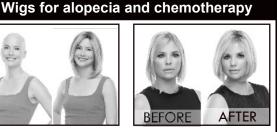
Call 562-430-0534

⁵⁶² 493-4228



FULL WIGS Chemotherapy Complete Hair Loss

전체 가발 항암치료등으로 완전탈모용



TOPPERS Alopecia Partial Hair Loss

부분 가발 부분탈모용

www.medwigs.com

Appointment Only (Mon ~ Sat) 714-309-8749

> 1127 W Orangethorpe Ave. Fullerton, CA 92833

Advertise here for \$30 per week

10 consecutive weeks, minimum

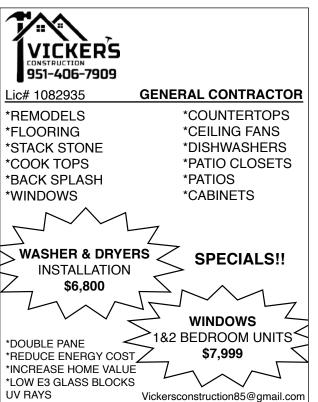
Call 562-430-0534

Advertise here for \$30 per week

10 consecutive weeks, minimum

Call 562-430-0534







Professional Services

Room additions Remodeling John M. Bergkvist Skylights

Kitchens GENERAL BUILDING CONTRACTOR **Bathrooms**

Countertops Storage closets Washer/Dryer

State Lic. #638079

FREE ESTÍMATES LW REFERENCES 562 - 433-3052

LIVING TRUSTS **ESTATE PLANNING PROBATE CONSERVATORSHIPS**

House Calls - Free Consultation (562) 280-0999

James E. Foden, Attorney at Law

INTERIOR / EXTERIOR / COMMERICAL & RESIDENTIAL

ST LIC. #986894



MOON SOO KIM Cell: (714) 743-5400 (Korean)

Cell: (562) 325-9650

EMAIL: joeunpainting@gmail.com

WINDOW · DOOR · SKYLIGHT

LW Resident providing personal service at the lowest price.

SWENMAN CO.

Advertise here for \$30 per week

10 consecutive weeks, minimum

Call 562-430-0534



Kitchens General Contractor

Bathrooms

- **Counter Tops** · Home Remodel
- ·Room Additions Flooring
 - Patio Enclosures

Lic.945818 Call for FREE Estimates kkonstruction@gmail.com 562•715•3821

Chris Kim (김인철)

Berkshire Hathaway HomeServices Realtor® DRE #00996404

www.LWChris.com (424) 247-4542

Chris can find the best one for you! 원하시는 최상의 집과 구입자를 찿아드립니다!

Woodbury Univ. BS, Cal. Theo. Seminary M.Div. 인천교대부국 상도중학교 경기고등학교 졸업

GRECO CONSTRUCTION

ROOM ADDITIONS, PATIOS KITCHEN & BATH REMODELS

Excellent LW Referrals

ST. LIC # 992336

grecodesigndev@gmail.com

Are you Frustrated With Your Computer?

PC, MAC, Cell Phone, Tablet, TV or Stereo

I will come to you. Call Me... Let me help you. Tina Schaffer (562) 755-6199 Serving residents for 14 years



Advertise here for \$30 per week

10 consecutive weeks, minimum

Call 562-430-0534

Advertise here for \$30 per week

10 consecutive weeks, minimum

Call 562-430-0534

Advertise here for \$30 per week

10 consecutive weeks, minimum

Call 562-430-0534

Local help with your Medicare questions.



Sherry Vandervoort

Licensed Sales Agent

562-795-6250, TTY 711 Cell: 949-702-9488

Email: sherryv.uhclwsb@gmail.com Located in The Health Care Center, 1661 Golden Rain Rd.

United

Y0066_SPRJ55188_C



Advertise here for \$30 per week

10 consecutive weeks, minimum

Call 562-430-0534

Martin MP CONSTRUCTION mp.construction2@aol.com 562-746-5400 Lic.# 954725



All home improvements **Quality work**

Beautifying Leisure World for over 20 years

Marco Garcia General Contractor 562-726-2476

\$699° \$899° MARRIED

First Time Clients. Simple Estates.

Living Trust & Pour-Over Will Health Care Directive Financial Power of Attorney

OTHER SERVICES

- + Probate Administration
- + Trust Modification
- + Small Estate Affidavits
- + Legal Name Changes
- Service Includes: Two visits w/office
- · 23 YEARS' EXPERIENCE AFFORDABLE FEES Web site: www.amstrustlaw.com



10 Minutes from **Leisure World**

Law Offices of Allan M. Soto, Inc. 7960 W. McFadden Ave. • Westminster, CA 92683

Community Church

"Hop back" with Community Church to the 1960s on Friday, Oct. 7, at 4:30 p.m. to celebrate the 60th anniversary of the church with a '60s themed dinner celebration with mocktails and entertainment. Tickets can be purchased after service on Sunday and in the church office for \$25.

As a beacon of welcome and engagement with God and community for 60 years, Community Church continues its mission of "lighting a pathway into community, growing disciples in God's love, and sending the hope and joy of Jesus into the community." The 60th anniversary worship service will be held Sunday, Oct. 9, at 9:50 a.m.

Throughout the Bible, the image of water is used as a symbol of cleanliness and healing. This week, it is a destination as Jesus challenges his followers' faith saying "if you had faith the size of a mustard seed, you could command this mulberry tree to be uprooted and planted in the sea."

Community Church offers

Communion on the first Sunday of each month, which is open to everyone.

Entrances to the church may be found at the front of the church and by the pedestrian gate. Proof of vaccination is no longer required to enter the sanctuary; masking is optional. Community Church also offers virtual worship on Zoom and Facebook.

Those who are in need without another way to address it may call the church office at (562) 431-2503.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., Long Beach. Sacrament service is held every Sunday at 9 a.m. This is followed in the second hour by Sunday School on the first and third Sundays. Relief Society and Elders Quorum meetings are on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament services in person can request a link from Bishop Mike Gravley at (562) 212-8681.

The course of study is the Old Testament. Personal reading should be those chapters in Isiah not covered in this study. The Study for the week of Oct. 3 covers Isaiah 58-66.

Early in his ministry, Jesus Christ visited a synagogue in Nazareth, where he was raised. He opened the book of Isaiah and read Isaiah 61:1-2. He then announced, "This day is this scripture fulfilled in your ears." This was one of the savior's most straightforward declarations that he was the anointed one, who would "heal the brokenhearted and preach deliverance to the captive."

Faith Christian Assembly

Faith Christian Assembly will hold a health class during it regular Wednesday Bible study at 11 a.m. on Oct. 5. The church is always looking for ways to provide residents with information as to how to live healthier and safer lives. The class will be taught by church member Susan Kelleghan, RN.

On Wednesday, Oct. 19, at 11 a.m., Kevin and Jennifer Stebbings, who serve southeast Asia for Grace International, will come to speak.

On Oct. 23, Faith Christian

Assembly will hold its prison ministry spotlight service at 5:30 p.m. This was a congregation favorite last year, and this year, the church is excited to

those on his right hand, 'Come, you blessed of my father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave me food; I was thirsty and you gave me drink; I was a stranger and you took me in; I I was sick and you visited me; I was in prison and you came to me," Matthew 25:34-36 NKJV.

Faith Christian Assembly's Sunday service times are 10:30 a.m. and 5:30 p.m., with the pre-service prayer at 5 p.m. The church is located at 13820 Seal Beach Blvd. To receive a copy of the church's free monthly newsletter or to receive more information on the church, contact the office during business hours Tuesday through Friday by calling (562) 598-9010 or emailing *contact@fcachurch.net*.

AOG

from page 18

what they believe.

Bible Study: "Whisper," by Mark Batterson, continues to call followers of Christ to listen for God's voice. The brief video presentation and the discussion and questions that follow lead students to a deeper level of intimacy with God.

Contact: More information can be found at www.lwassemblyofgod.com. Those who would like prayer, personal contact from a pastor or a DVD of the Sunday morning sermon can contact pastors Chuck and Sheryl Franco by calling (562) 357-4360 or emailing pastorchuck@lwassemblyofgod.com. Carolyn van Aalst is also available to receive prayer requests at (562) 343-8424.

Pastor Chuck's sermons can be accessed on the Faithlife app under "Leisure World Assembly of God," where people can also

ofessional Services



SERVICE FREE *Pick-up & Delivery*

SAVE this coupon

INDEPENDENT

Fanny & Luis (LW residents)

continue it. "Then the king will say to

was naked and you clothed me;

Most watches

Old Coupons

562-799-9934

Are Cancelled

Closets & More by John Mercurio

Serving Leisure World Exclusively Since 1983

Specializing in:

Wardrobe Closets

 Organizers & Door Replacements Office Furniture & Bookcases

 Pull-out Drawers in Kitchen & Pantry Add Additional Cabinets in Kitchen & Bath

Call (562) 598-4552 or (949) 378-0616 or go online at customsbyJohn.com

Kang's Construction INC.

- Home Remodeling
- Room Additions
- General Carpentry

Painting

562-965-5524 713-425-9608

Jay Kang Contractor

FREE ESTIMATES

Skylight Cleaning Maintenance & Repairs

Decor Inc. (562) 596-0559

Painting Interiors/Cabinets New Cabinets Doors/Drawers, New Windows Installed, Shutters, Blinds, Custom Drapes, Flooring-Planks, Tile Patio Carpet, Patio Storage Closets Complete Kitchen & Bathroom Remodeling

New Doors & Sliding Doors Installed Contractor's Lic. #723262

GL Acupuncture **Wellness Center**

'Our mission is to help you live a good life."

Jie Zhao Acupuncturist (714) 369-2377

glacuwell@gmail.com www.glacupuncturewellness.com 18672 Florida St., Ste. 209, H.B.



Specializing in

Window & Door

Replacements.

Free In-Home Consultations 714-373-0011

RYDENWINDOWS.COM





Dana M. Cannon, Esq. (562) 543-4529

ESTATE PLANNING & ADMINISTRATION Living Trusts • Trust Administration Probates Litigation Pet Trusts
 Conservatorships

www.CannonLegalFirm.com Dana@CannonLegalFirm.com 3020 OLD RANCH PARKWAY, SUITE 300 SEAL BEACH, CA



September 29, 2022 | www.lwsb.com | www.lwweekly.com

Holy Family Catholic Church

On Tuesday, Oct. 4, Holy Family Catholic Church will hold the annual blessing of animals on the Feast of St. Francis at 10 a.m. in front of the church. LWers are invited to bring their pets.

Holy Family is once again holding a pro-life fundraiser for the Santa Ana Life Center. People are needed to make simple burp cloths and bibs for babies. Sewing skills are not required to volunteer. A group will meet in the rectory on Friday, Oct. 14, at 10 a.m. People who have sewing machines are asked to bring them to the meeting. The church will provide sewing machines for those who don't have one.

Call Becky Maffucci at (562) 631-4718 for more information.

Redeemer Lutheran Church

"St. Francis and the Seeds of Faith" is the spiritual theme at Redeemer Lutheran Church's service on Sunday Oct. 2. Studying Scripture and historical writings, St. Francis' dedication to God's creation and his teachings on peace will be an encouragement for residents. LWers can bring bring a picture of their pet for a blessing and receive a medallion for the pet's collar to remember God blesses them too.

Redeemer Lutheran looks forward to sharing the peace of Christ at the Communion service at 10:30 a.m. in the sanctuary. Those who have questions about the service or the work of the church can call the church office at (562) 598-8697.

Buddha Circle

Buddha Circle will meet on Saturday, Oct. 1, with Ven. Kusala in Clubhouse 3, Room 1, from 9:30-11 a.m.

Donations are welcome and will support Kusala in his teachings. For more information, go to www.urbandharma.org or call (714) 468-6887.

First Christian Church

First Christian Church teaches from God's word, the Holy Bible, most often verse by verse. It is a friendly church that welcomes all visitors.

People are welcome to worship and explore God's word together "that we may be mutually encouraged by each other's faith, both yours and mine" (Romans 1:12).

Message from the Pastor

Genesis 1:1-23 tells of God's creation through his word. The passage goes through the first five days of creation. Up to this point, God says that everything he spoke into existence is good. On the sixth day, God completes his creation by speaking into existence every living creature according to its kind. The culmination of day six was creation of man. Genesis 1:27 says "So God created man in his own image; in the image of God, he created him; male and female he created them." The word created is used three times, leaving no doubt how male and female came to be. God then blesses the male and female and tells them to multiply and fill the earth. God then gave them dominion over all he had created. God had completed his work and rested on the seventh day.

Weekend Services

Sunday services from 9:30-10:45 a.m. are traditional, with hymnal music led by Pat Kogak at the piano. This week, Don Sunday will sing "In the Garden."

Saturday services are more contemporary with Gregory Black leading in worship with guitar accompaniment. The Saturday service is held from 9:30-10:45 a.m.

Midweek Studies

Melli Herrera leads the new

women's Bible study on Mondays from 10:30-10:45 a.m.

LW Weekly

Pastor Gary Whitlach leads the Bible study held on Tuesdays from 9:30-10:30 a.m.

Thursday's Bible study, led by Elder Jack Frost, is held from

10:30-11:30 a.m. Friday's prayer and Bible study is from 6-7 p.m.

Scripture of the Week

"And Jesus said, 'The things that are impossible with people are possible with God," Luke 18:27 (NASB).

Contact

First Christian Church is located on Northwood Road behind Carport 125. For information, call (562) 431-8810.

LW Baptist

LW Baptist's worship service will remind believers that their heavenly father watches over them in every situation, just as he did his beloved son. The service will be held on Sunday, Oct. 2, in Clubhouse 4 at 10 a.m.

The men's Bible study meets at 10 a.m. on Monday, Oct. 3, to study Gideon, a faith-hero. The midweek Energizers group will meet to study one of the Bible's greatest prayers, Psalm 31, at 3 p.m. following choir rehearsal in Clubhouse 3, Room 1.

Contact the church office at (562) 430-8598.

SCRABBLE G R A M S SOLUTION 69 Εı 61 17 Εı RACK 4 = 62 RACK 5 =

TOTAL 285

Crossword Answers

PAR SCORE 220-230

	S	U	Α	Σ	۵		ш	D	G	ш		S	C	4	В		F	Е	M	Α
	7	Α	Τ	0	Е		Ţ	Τ	П	S		Ι	Α	Z	Е		Α	Γ	Α	Ν
F	=	Ŋ	Α	L	S		Ι	Α	Г	L	F	0	\mathfrak{D}	Т	Н	Е	В	Е	S	T
0	L	٥	В	ш	Т	S	×				ĸ	Е	т	ш	Α	0		C	H	1
Α	Г	Ą				υ.	L	Α	Υ	0	0	Ι		С	R	Е	S	T		
L	C	O	\Box	L	L	Е		D	Е	R	М	0	Т			Ν	0	R	Α	D
S	Ρ	ш	C	_	Α	L	Ι	0	Ρ	S		Ω	_	F	F		Ν	1	N	Ε
			ш	A	G	H	ш				Α	Z	Z	٨	L		_	С	0	7
П	C	Ι	_	R	0		Α	D	Α	М	s		S	Т	1	Т	С	H		
В	R	Α	N			Р	R	Ε	D	_	С	Т		L	Е	Α	S	Ε	Т	О
П	0	S		Н	Ε	Α	Т	L	_	К	E	Α	В	_	R	D		ш	R	Α
S	С	Ι	М	Е	Α	R		Т	Ε	Е	Ν	P	0	Œ.			С	L	0	T
		٧	Ō	R	S	Τ	S		υ	٥	ם	Ε	R		В	L	Α	S	T	S
T	_	ш	R		Е	L	٧	E	S				Е	L	L	_	S			
A	미	۵	S		ם	Y	ш	D		Н	E	Α	ш	တ	0	F	ि	0	R	N
G	0	2	Ε	R			Z	0	5	U	L	Р		Α	Т	Т	Α	8	0	Y
		ш	ᅵᅵ	υ	D	Е		Ν	υ	Τ	М	Ε	Α	Т				S	υ	Ε
A	O	S		ᆫ	_	Τ	Ţ	Ε	R				Т	s	Α	Α	G	Ш	N	丁
В	υ	٥	G	Е	Т	Ι	Α	Т	\mathfrak{A}	L		Ν	Ε		S	W	0	R	D	s
Ε	S	Α	1		Т	Α	L	L		Α	R	Π	Α		н	Ε	Α	٧	E	
Т	T	Υ	L		0	7	ш	L		В	Α	L	М		Е	S	Т	Е	R	

Sudoku 1 Answers

2	9	8	5	3	1	7	6	4
4	6	Э	7	2	8	5	9	1
1	7	5	6	9	4	8	3	2
9	3	1	8	7	5	2	4	6
8	2	4	3	6	9	1	5	7
6	5	7	1	4	2	3	8	9
3	4	9	2	5	7	6	1	8
5	8	2	9	1	6	4	7	3
7	1	6	4	8	3	9	2	5

The Basic Rules of Sudoku

Basic Rules of Sulvoyane rere is only one valid solution to each Sudoku puzzos are reis only one valid solution to each Sudoku puzzos and the other Sudoku rules have occas active the when all \$1 boxes contain numbers and the other Sudoku rules have occas active these numbers of sudoku, some blocks will be pre-filled for you. You cannot change these number he course of the game.

ch column must contain all of the numbers 1 through 9 and no two numbers in the same column of a column must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku column and the same row of a

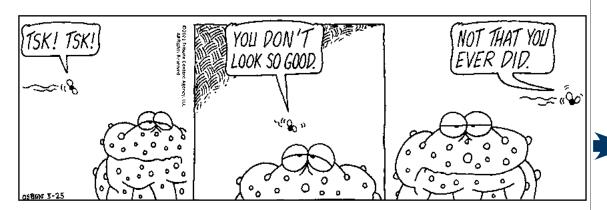
h block must contain all of the numbers 1 through 9 and no two numbers in the same block of a u puzzle can be the same.

Jumble Answers

INEPT **KNELT** IMPACT NOTARY The marsupial couple vacationed together to get some — "KOALA-TY" TIME

Puzzle Answers

Puzzle pages 6-7



Sudoku 2 Answers

7	3	5	6	2	1	4	8	9
6	2	4	8	3	9	7	1	5
9	1	8	5	4	7	6	2	3
3	8	7	1	9	6	5	4	2
4	5	2	3	7	8	1	9	6
1	6	9	2	5	4	8	3	7
2	4	6	7	1	3	9	5	8
5	7	1	9	8	2	3	6	4
8	9	3	4	6	5	2	7	1

Guess Who? Simon Cowell

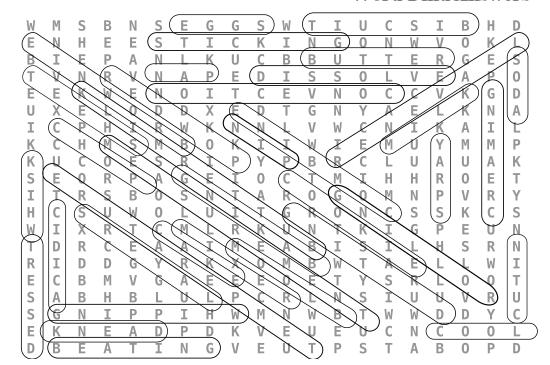
Crypto Fun Answers

A. weight B. scale C. calories D. exercise

Boggle Brain Busters Answers

ARGO CRASH ROCKY PATTON GANDHI AMADEUS PLATOON

Word-Find Answers



SPORTS & GAMES

Bocce Ball: Report from the Court

The Bocce Ball Summer League will begin playoff action on Saturday, Oct. 1. Eight teams will compete, leaving four teams to play for the championship.

Here is the schedule for Saturday, Oct. 1:

Saturday Teams: 9 am: Valerie Strong and Rod Osberg vs. Connie Adkins and Paul Shellenberger

Sunday Teams: 9:45 a.m. Kristi Martin and Juan Melendez vs. Melli and Sal Herrera

Tuesday Teams: 10:30 a.m. Chandra and Harshad Patel vs. Ellie West and Roger Bennett

Thursday Teams: 11:15 a.m. Marilyn Hewitt and Marv Jones vs. Milly Larsen and Red Ryals

The winners of these four games will play for the championship on Saturday, Oct. 8.

All are invited to watch their friends or favorite teams compete.

—Terry Thrift

Pickleball Players Club

The Pickleball Players Club will meet on Sunday, Oct. 2, at 5 p.m. in Mission Park. The gettogether will include a potluck barbecue.

The club will offer a free beginner lesson on Tuesday, Oct. 11, at 10:30 a.m. on the pickleball courts behind Clubhouse 2. Jim Thomason will provide instruction to new players, and the Pickleball Players Club will loan paddles and balls.

The free classes are held on the second Tuesday of each month. For more information, contact President Linda Evenson at (561) 577-3283 or email lwsbpickleball@gmail.com.

Men's Golf League

Golfers are responsible for their tee box divots and ball marks on the greens. Players are asked to repair their own plus one more.

Monday-Friday League:

The Monday and Friday Golf Leagues play at four local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are becoming the norm with a sign-up sheet available at each round.

There is a prize pool for each round that players are not obligated to enter.

Rewards are given for low net in each flight, birdies, closest to the pin on two par threes, and for the lowest number of putts in each flight.

Holes-in-one and Eagles (two under par), although infrequent, are generously rewarded. If interested, contact, Gary Stivers, (714) 313-3697, or Dave LaCascia, (801) 674-5975.

—Dave LaCascia



Shuffleboard Club members Rod Osgood (I-r), Mutual 9, Maureen Habel, Mutual 3, and Sung Yi, Mutual 12, are practicing for their league play, but they never forget to have fun at all shuffleboard practices, games and other events.

Shuffleboard Club will host league kick-off event Friday

The LW Shuffleboard Club's Friday morning league will begin its nine-game fall schedule on Sept. 30 at 8:30. Innovations for this fall schedule include playing only two games for each team and having assistant captains will make tracking wins and losses easier. The Tuesday evening league will begin its four-game schedule on Oct. 4 at 6:30.

The club invites residents to attend the kick-offgames for the Friday morning league, Sept. 30, at 8:30 a.m. Current and past members of the shuffleboard club are invited to attend.

Renew old acquaintances and see the innovations implemented for this fall season. Doughnuts and coffee will be provided.

Another innovation for the Courts Building is that beginning Sept. 30, there will be two open lanes for practice adjacent to league play on Friday mornings from 9-11 and Tuesday evenings from 6-8.

This will provide two additional times for people to practice their shuffleboard skills. Open play/practice times are still available on Monday and Wednesday mornings from 9-11. Closed-toe shoes are required to play. All equipment is provided.

For additional information, call or text Kay Mount at (775) 527-0426.

Pool League

There's a close race for first place in the second week of the fall pool league. The Ball Busters lost to Hard to Handle 6-7, but are tied for first place with a record of 18 and 8.

Bob Barnum of Hard to Handle won five games, including his eight ball and nine ball singles. Bruce Pettys won four of his seven games for Ball Busters.

The Renegades edged the Rustlers eight games to five to tie the Ball Busters for first place. John Burns of the Renegades won five games and both singles matches.

Right on Cue evened its season mark at 13 wins and losses, by beating Rockin' Rolling eleven to two. Tom Zimmerman of Right on Cue won six of his seven games and teammate Guta Basner won five.

The 3 Amigos won 10-3 over the Crack Shots to tie for second place. Roy Middlestead won all seven of his games for the 3 Amigos and teammate Sal LaScala won six games.

In Clubhouse 1, Any Hole Counts beat the Bank Bandits 9-4. Shery Wells made some great clutch shots to win six games for Any Hole Counts.

Playing at Clubhouse 2 and Clubhouse 1 at the same time seems to be working out fine. This really shortens the playing time when there are 10 threeperson teams. With 13 points in a match, the standing can change rapidly in a nine-week season.

—David Silva



Joann Lim stands with her husband Lee Broadbent. Lim made her third-ever hole-in-one and first-ever hole-in-one at Leisure World during the President's Trophy Tournament last week. She's been playing at Turtle Lake since she moved to LW from Chino Hills seven years ago.

Women's Golf

The second and final week of the President's Trophy tournament competition took place on Sept. 20. The golfers who participated in both rounds are eligible to receive awards.

The winners will be announced on Tuesday, Oct. 4, at the general meeting of the Women's Golf Club.

Forty-six women played in the weekly tournament on Sept. 20.

They competed for low gross, low net and fewest putts. The club congratulates Joann Lim who scored a hole-in-one on hole 8.

The flight winners were: **Flight A**—Low Gross: A tie

between Linda Herman and Soo Choi, 28; Low Net: Lisa Kim, 25; Fewest Putts: A three-way tie between Linda Herman, Lisa Kim and Jane Song, 11.

Flight B—Low Gross: Grace Choi, 30; Low Net: A tie between Mary Ann Moore and Alison Kim, 25; Fewest Putts: A tie between Grace Choi and Mary Grieg, 12.

Flight C—Low Gross: Sue Yokomi, 30; Low Net: Sun Lee, 25; Fewest Putts: Sue Yokomi,

Flight D—Low Gross: Dale Quinn, 34; Low Net: Sue Elliott, 25; Fewest Putts: Anne Walshe, 12.

—Dale Quinn

CLASSIFIEDS

GENERAL

AVON

Lenora Browning, LW Resident. Phone 562-493-5457. SB Business License BRN000. Exp 1/04/2023

LANDSCAPING

FRANK'S GARDENING SERVICE

Complete maintenance and landscape. Serving Leisure-World since 1978. Planting/Clean-Ups/ Fertilization. New lawns, etc. Offering my services to every Mutual. Honest and Reliable. State Contractor License 779462. Call 562-863-7739, 562-743-3832 or 714-527-1172 Exp 12/21

HANDYMAN SERVICES

JR HOME REPAIRS. Quality work. Perfectionist, honest & reliable. Call JR 562-519-2764. SB Business License JRH0001 Exp7/1223

562-596-0559 LW DECOR INC.

Kitchen/Bathroom-Remodeling. Install Microwave/Dishwasher/Recessed-Lights/Closets Redesigned/Cabinets-Refaced/New-Windows/Patio-Storage and Enclosures. EXP 11/16

40+/Years in LW State Contractor License 723262

BATHTUB & SHOWER REFINISHING

We refinish your SHOWER/
TUB to look brand new.
Convert to WALK IN
SHOWER and/or raise seat.
Nu Kote 562-833-3911.
Serving LW since 1999
SB Business License
699080 Exp 10/19

PAINTING

Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 12/07

Cory Gee Painting. Affordable, Professional, Licensed-and-Insured. Interior/Exterior Drywall Repairs/Texturing/Pressure-Washing/Cabinets. Senior discounts 714-308-9931. State Contractor License 1049257 Exp 11/16

562-596-0559,LWDECORINC. Premium-Paints. Interiors/Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. **40+/Years in LW. State Contractor License 723262** Exp 11/16

Bel-Rich Painting. Small-Jobs, Bathrooms, Walls, Gates & More! Call Bret 714-220-9702. State Contractor License 705131. Exp 10/19 Painting service for exterior or interior repairs, texture, drywall, cabinets, skylights, gates, frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 10/19

Painting service for exterior or interior repairs, texture, drywall, cabinets, skylights, gates, frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/16

FLOOR COVERINGS

562-596-0559, LW DECOR INC. Vinyl Plank/Carpeting. Patio Carpet Tile. 40+/Years in LW. SB Business License 723262. Exp 11/16

CLASSIFIEDS

SKYLIGHT SERVICES

SKYLIGHTS

CLEAN AND REPAIR. Licensed and insured. Dan (562) 841-3787 Exp 11/02 SB Business License BRA0002.

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. State Contractor License 634613-

UPHOLSTERY / **CARPET CLEANING AND TILE & GROUT**

All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito. State Contractor License 578194. Exp 12/07

WINDOW COVERINGS

562-596-0559, Leisure World Decorators. Shutters/Blinds/ Shades/Drapes/New Windows.

WINDOW WASHING

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 10/12

LEISURE WORLD HELPING LEISURE WORLD

Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

"ROLLIN THUNDER" GOLF CART CLUB

Offering FREE advice on buying and selling of your golf cart. Also batteries and Safety Flags. 562-431-6859

HOME CARE PERSONAL ASSISTANT

CHRISTIAN HOME CARE

Experienced, knowledgeable caregivers, honest, assertive, fluent English. Hourly/full-time, doctor's appointments, errands. Bernadine 562-310-0280. SB Business License BCS0002. Bonded/Insured. Exp 1/04/23

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed Reliable, Honest Caregivers. 24-hours/ Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 11/23

EXPERIENCED CAREGIVER Over 25+/years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call Pampet/562-371-4895. SB Business License PAN0003.

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. SB Business License RAZ0002. Gloria/949-371-7425. Exp 11/30

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, livein. (562)-230-4648. SB Business License CAM0006. 11/16

Anthony Caregivers. Light-Cleaning/Doctor-Appointments/ Errands/Cooking/Laundry. Anthony Camacho College Student 714-605-6869. SB Business License 14206319. Exp 10/19

Albert & Patricia Caregiver Services. Daily Care, Errands/Medication/Doctor-Appointments. (562)-397-4659/ (323)-413-0830. SB Business License 14206409. Exp 10/19

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. Onecustomer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/ Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen/ (714)-425-4198. Exp 10/26

In home haircare, serving the menand-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538.

HOUSE CLEANING

MOVE-IN, MOVE-OUT, WINDOWS, HOUSECLEANING CALL PHIL at 562-881-2093 Over 30 Years Experience! SB Business License AB0001

GRACIAN'S HOUSECLEANING & WINDOWS. WINDOWS 10% OFF first cleaning.

General housecleaning Excellent referrals in LW (562) 307-3861.

20 years experience. Exp 10/26 SB Business License GRA0006

General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 11/30

Maria House-Cleaning We'll make your house look NICE-as-possible! 15+/years experience. We can work with/ your schedule. Bi-weekly/ Monthly. Deep-cleaning. Call/Text/714-496-2885. SB Business License HER0008.

Exp 11/30

Exp 10/12

MAGALY'S CLEANING SERVICE. We make your home sparkle! 7-days/call anytime! Complete-cleaning.562-505-1613 SB Business License M0001A.

Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659/(323)-413-0830 SB Business License 14206409.

COMPUTERS

FRUSTRATED (562)755-6199

Everything for your Computer (PC-or-Mac), Celipnone, I v Stereo, any Electronic-Device. Tina Schaffer. SB Business License #CIP0001 Exp 11/16

John's Computer Services 562-733-9193

Virus-Removal/Internet Security Repair, Training, Wireless and Smart-TV Setup. LW Resident. SB License FUH0001 Exp 11/30

AUTOS WANTED

ANY KIND OF CAR

Cars/Motorcycle/Truck, running -or-not. We are local, call anytime! We pay cash and remove promptly! We do DMV and Release-of -Liability for you! Bonded/ Licensed, since 1985! Call us 562-684-0901, we can come out and give you a quote. Exp 10/26

ELECTRIC CARTS/ SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/04/2023

Western EZ-Go Golf Cart. In Excellent Condition. \$4,500 Call 808-392-1824

TRANSPORTATION

Need a lift? Pam Miller. LW Residents ONLY. 310-227-1258. Exp 9/28

Inexpensive Shuttle. Airports, Shopping, Doctors, etc. SB License ABL0001. 562-881-2093. Exp 10/12

AUTOS/BOATS/RV'S TRAILERS **FOR SALE**

ELECTRIC CAR PADS

Installed at your residence. Call Frank 562-743-3832. State Contractor License #779462 Exp 12/21

Toy Hauler with Front-Bathroom & 10,000 extras, \$17,950. Wheelchair/\$300, 1-Recliner/\$100, 1-Recliner/Leather/Massage/ Electric/\$200, Everything Sold Together or Separately. Contact Owner for details/951-743-4521.

MOVING, HAULING & STORAGE SERVICES

J&D HAUL-AWAY AND CLEAN-UP SERVICE

No job too small! Fast/Reliable/ Great prices. SB Business License BRA0002. 562-841-3787/ Dan. 11/02

A FRIEND AND A TRUCK Your moving service, any size iob. SB Business License RO263644. Call/310-387-2618

MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE. Looking to buy Mid-Century Furniture/"ETC"/Men-Women Sterling-Silver Rings/Old-Jewelry/Men-Women Vintage Clothing. 562-243-7229 Exp 10/12

MISCELLANEOUS FOR SALE

Foldable Electric Bike. 1-year/old. HBBC White, Large-Tires/Basket. Paid_\$1,800/Asking_\$950 Call AFTER 5pm 562-240-5446.

Neighborhood

YARD SALE

"BARGAINS GALORE" (8-Sellers in 1-Location)

September-29th,30th and October-1st (8:00am-2:00pm) 13430 St. Andrews Drive between Buildings 72 & 73

For more information: La Brenda Carson (424)-263-0514

Fitz-N-Floyd Tools, Jewelry, Household, 4-Bicycles, Baskets, Clothes and MUCH-MORE!

King-Size/Bed and Beautiful Mirrored Headboard, sell together or separately/\$50each. 7Ft-Couch/Good-Shape with/ foldout-Bed/\$50. Free Standing Freezer/2Ft-Wide/3Ft-High/\$50. Call/562-357-7070.

Want to place a classified ad? The deadline is **Monday 12:00 p.m.** for Thursday's publication

D'Angelico Hollowbody Electric Guitar. Like-New, New Strings, Professionally Set-up, Comes with/Case, Fiesta Red. \$500/ FIRM - 562-597-6182

Estate Sale - 1381 Monterey, Mutual 2, 62A. Thursday, Sept. 29 and Friday, Sept. 30 from 8:30-2pm. Handpainted buffet, curio, Asian style pots, carved trunks, lamps, stick vacuums. I have opened 142 large boxes of NEW merchandise - purses, shoes (size 5-1/2), sunglasses, bath items, luggage, home organizers, electronics, linens, wallets, perfumes, office supplies, NEW kitchen appliances, and costume jewelry. Multiples of everything! Estate Sales by **Docia Drake** 714-514-8232, PO Box 427 Seal Beach Bus. Lic. ESD0001

Estate Sale. St. Andrews Drive (off Annandale) Mutual-1/ Apartment-25E. Thursday and Friday, September 29,30 (9:00am-2:00pm). Charming vintage entrance tables, small curio cabinets, electric fireplace, grandfather clock, oil painting, mirrors, stained glass, electric full-bed, oak highboy dresser matching nightstands, abundant kitchenware, pyrex, corning, airfryer, microwave, toaster-oven, tons of knickknacks, fashion jewelry galore, patio furniture and coolers. View pictures on Nextdoor and Marketplace Facebook under Category Furniture, Orange County. Please call if you are unable to find the website pictures. Glinda Davis 714-943-1818. Seal Beach License GDD0001, PO Box 2069, Seal Beach, CA 90740.

Leisure Living Resales, Inc. 13918 Seal Beach Blvd., Seal Beach, CA 90740

(562) 493-6601 leisurelivingresales.com

> No One Knows Leisure World Like We Do!



Erika — M17 (562)-208-5223



(714) 213-1993



Escrows 562-533-3190





(562) 743-8473 (661) 810-9410



Move in ready, fully expanded 2 bedroom, 1 bath, remodeled kitchen/ bath, central air, 4 skylights, washer/dryer. A deal at \$430K. Call Carl Kennedy 661-810-9410

28 Years in LW! Thank You!

Blue Carpet (9x9 Foot) \$50.00/ OBO 714-404-0503.

Rollaway-Bed/Twin-Size/Extra-Long/8" Gel-Mattress with/ Royal Blue, Tufted-Headboard/ New/\$80. Recliner/Red-Faux, Petite/Perfect for Bedroom or Outside-Patio. Elvis Collectible Table-Top Juke-Box with/color Bubbles/Works!/Plays CDs/ Radio/Perfect-Condition/\$150. Sue/714-469-7519.

LEISURE WORLD **CARPORT STORAGE** WANTED

Want to rent LW Carport Storage ONLY. Please call 714-307-8220.

FREE ITEMS

27" TV with/Stereo inside beautiful wooden cabinet. Can be used as a soundbar for a flat screen TV. Leave phone# at 562-594-0205.

Large Wood Dining Table with 6-chairs. Needs refinishing. Call 562-357-7070.



Read the paper online! www.lwsb.com/newspaper

Need Classified Help? debbiek@lwsb.com



Gina Rojas (562) 533-3190 ginamrojas@gmail.com Leisure World Specialist 22 Years LW Experience DRE#02111452

"I Have Your Best Interest at Heart "



1 bedroom Adorable, move in ready, beautiful greenbelt view

g. come or tron							
2022 Escrows							
6-130K	\$300,000						
14-12A	\$560,000						
6-64A	\$272,000						
15-11Q	\$350,000						
12-55E	\$295,000						
6-130K	\$300,000						
2-39A	\$310,000						
17-110B	\$475,000						

Leisure Living Resales



An Independent Brokerage!



DONNA JEAN McIntyre

UNITS COMING SOON

2B/1Ba Upgraded 2B/2Ba Turnkey 2B/1Ba Basic

Resident Mutual 14

714-350-9449

THINKING OF SELLING? Call for a free Leisure **World Market Report**



Mutual 15 - 29j St. John Upstairs 2B/2Ba on greenbelt, Laminate Firs., Central A/C, Upgraded Kitchen, New Paint Dual Pane Windows, Beautiful Unit @ \$349,900

Mutual 5 - 115i Homewood Sold \$15K over asking price!

Mutual 5 - 103L Medinac Sold Corner Unit \$412,000

Mutual 11 – 273b Northwood Sold \$465,000 Remodeled



Mutual 15 - 43e Del Monte RARE on Mkt. Atruim 2B/1Ba, side greenbelt, Laminate Flrs., Skylights, dual vanities, A/C + Nice Corner Atrium \$430,000



Mutual 7 – 158b Kenwood \$445,000 (\$10K over price)

Mutual 2 - 37i Merion Wav Over Asking Price @ \$240,000

Mutual 7 – 163k Kenwood Sold Full Price @ \$225,000

www.TeamDonnaJean.com



Michael Shieh 714-866-9268



Andrea Bair 714-624-1981



562-810-1614



Suzanne Ahn Alice Sioson 626-216-3038



Joanie Korman (714) 308-8034

'Where Life Just Got Easier'

LW Resident, Real Estate Specialist

2 Bedroom Corner NESCROW Light and Bright 3 Skylights **Needs some TLC** M6-137F \$350,000



Coming Soon! 1 Bedroom Move in Ready

Berkshire Hathaway Home Services



Erika Shapiro

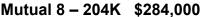
Resales Specialist Mut. 17 Resident BRE # 01448494

562-208-5223

Basic 1 BDR/ 1Bath, Very private location, A/C heat pump, laminate flooring, New double pane windows lots of storage. Move-in ready Mutual 11-274H \$234,900



Basic 2 BDR 1 Bath, On a pretty Under Contract greenbelt, Skylights, laminate flooring, needs a little TLC to make it shine.



Fully Expanded 2BDR/1 Bath \$399,00 Under Contract Central A/C Heat, Washer & Dryer, Bay Windows, 4 Skylights, and more... Mutual 12 – 55B

Bright 2 BDR, 1 1/2 BA, corner, granite counter tops in kitchen/ Styright, tiled enclosed patio w/ storage closet. Washer & dryer Under Central A/C and Heat.



Now Listing, Drive-up Corner Enclosed patio, great candidate for remodel.



Coming Soon, Basic 1 BDR, Greenbelt view, Skylights, Laminate Flooring, Dishwasher, Furniture for sale as well.

Mutual 1 - 25E \$235,000

Under Contract

Leisure Living Resales



The Januszka Group, Inc.

(562) 598-1388

To See Pictures of Our Current Listings and Many Other Fine Homes For Sale, Visit The Januszka Group Online At: www.OnsiteHomeSales.com



It's important to remember that not all real estate professionals are REALTORS®, a trademarked term which specifically identifies someone as a member of the National Association of REALTORS® who pledges to abide by a strict Code of Ethics and Standards of Practice. All of the agents in the On-Site office are REALTORS®. Come in and see us today!











M21/A\$497,000





















Dawn Januszka Broker DRE #021105



Escrow Officer



Verna Chumley Realtor®



Realtor®



Realtor®



Tony Accetta Realtor®



Sally Angell Realtor®



Realtor®



Realtor®



Elana Torres Realtor®



Maryann Shaddow Realtor®

September 29, 2022 | www.lwsb.com | www.lwweekly.com



Kathy Gupton Associate Broker DRE # 00744676

Specializing in the LW Community

Yes we are **SISTERS**

562 618-9940 562 884-3594

Sean Wood
Realtor®

562 514-6613



Gloria Hadley Realtor® DRE # 01057681

M2-40J

Lovely remodeled fully expanded 2 bedroom, 1 bath home. Enjoy this spacious flexible living area with dining room. Living room has bar windows with blinds, carpeting and skylight. Dining room is carpet and has a skylight and ceiling fan. Kitchen has built-in Leisure World stove, oven, refrigerator, features whited kitchen cabinets added cupboard and counter space and an extra-large skylight that opens. Expanded master bedroom has a wardrobe closet plus a walk-in closet with mirrored closet doors, an area for a desk or seating area, is carpeted and has a double pane window that over looks pretty greenbelt. Updated bathroom has a W/D, cut down shower for walk-in convenience skylight and tile flooring. Second bedroom is carpeted has 2nd closet added and an extra-large skylight. This amazing home is light, bright, has double pane windows with blinds throughout, central heat and air and ready to move in. Enjoy the Leisure World community with its wonderful ocean breezy.

M8-188H \$379,000

Charming beautifully upgraded two bedroom one bath home in a lovely location. This elegant home is ready to move in with many updated features. The spacious living room has double pane entry door, vinyl plank flooring, heat pump with air conditioning, double pane sliding glass door to an inviting private patio. The dream kitchen has built-in upgraded appliances including built-in microwave. New custom cabinets have Lazy Susan Storage cabinet, added island with additional storage, Quartz counter tops, tiled back splash and an extra large skylight. The master bedroom has a heat pump with air conditioning, sola tube, and double pane sliding glass door to patio. The bathroom features Quartz counter tops on custom cabinets, washer/dryer, and extra large skylight. Second Bedroom has a wardrobe closet. Also featured in this ready to move in must see home is crown molding and vinyl plank flooring throughout. Privacy abounds as you enter the gated inviting patio. All this in the quaint community of Seal Beach. Move in and enjoy the resort-like community of Leisure World with all it's activities and the wonderful ocean breezes.



M9-230D \$379,000



Lovely fully enclosed 2 bedroom 1 bathroom floor plan. Leaded glass entry door opens into a spacious flexible living space that features expansive windows that overlook a beautiful greenbelt. The living room area has a walk-in storage closet, entry closed and heat pump with air conditioning. The kitchen has white cabinets, built-in stove, new oven, refrigerator skylights and an extra built-in cupboard over the sink. Master bedroom is fully expanded with two wardrobe closets. The bathroom has a washer/dryer, cut down shower and large skylight that opens. Second bedroom has wardrobe closet and large skylight. This charming home has new vinyl flooring, new paint throughout and is ready to move in.

M8-189E \$429,000

Elegant fully expanded beauty on a beautiful greenbelt. This fully expanded 2 bedroom 1-1/2 bath has a spacious Living room with a bay window, skylight, extra ceiling lighting and laminate flooring and a formal Dining room with tile flooring. Kitchen has extra large skylight with track lighting, built in appliances including stove, oven, refrigerator, dish washer, microwave, tile counters, added breakfast bar with extra storage and a pantry. Master bedroom has a bay window, walk-in closet and ceiling fan. Bathroom has tile flooring, washer/dryer, cultured marble counter top, added cabinet storage and cut down shower. Second bedroom has half bathroom mirrored wardrobe closet door and ceiling fan. This unit also features central heat and air conditioning. Leaded glass doors, and a brick entry porch. Enjoy the greenbelt view and ocean breezes.



PENDING

Mutual 2-49B

SOLD 2022

Mutual 2-17G

Mutual 9-59G

Mutual 6- 117L

Mutual 15-39A

Mutual 10-258H

Mutual 6-135I

Mutual 10-258B

Mutual 1-31E

Mutual 5- 117L

Mutual 12-61C

Mutual 2-63H

Mutual 3-4F

Mutual 4-88G Mutual 2-3B

Mutual 2-8C

Mutual 10 -250J

Mutual11-286B

Mutual12-61A

Mutual 11-2861

Mutual 5-117G

Mutual 2-46H

Mutual 1-67E

Mutual 4-49G

Mutual 8-183G

Mutual 11-285D Mutual 9-216H

Mutual 7-164L

Mutual 2-6G

Mutual 11-285A

Mutual 11-263A

Mutual 4-49B

Mutual 8-201L

Mutual 2-6L

Mutual 7-165E

Recipients of the Berkshire Hathaway Presidents Circle Award

Call and let us present our extensive marketing program.

Members of M.L.S.

Visit Our Website: www.thesealbeachsisters.com

BERKSHIRE HATHAWAY HomeServices California Properties

13926 Seal Beach Blvd., Seal Beach, CA 90740 (Behind Carl's Jr.)



Jim Duncan 714-356-6717 Broker/Manager



Robin Gray 562-209-5605



Barbara Diette-Dobias 562-754-5628



Kathy Gupton 562-618-9940



Gloria Hadley 562-884-3594



Edwina DiMario 562-706-7999



Vickie Van Ert 310-220-1407



Rosie Wang Davis 626-623-9929



Claudette "CC" Cooley 310-484-9600



Joanie Korman (714) 308-8034

Estee Edwards

562-208-2540





BERKSHIRE HATHAWAY **HomeServices** California Properties

Mutual 1 20A \$330,000 corner, gorgeous green, new paint, new carpet, upgraded windows

Mutual 15 23P \$369,000 upstairs corner, enclosed patio, close to bus stop, nice

Mutual 9 230D \$369,000 expanded, washer/dryer, large windows, large greenbelt, heat pump

Two-Bedrooms

Mutual 10 250C \$382,500 fully expanded, washer/dryer, central air, skylight, nice

Mutual 2 40,J \$410,000 expanded, skylights, washer/dryer, double pane windows, central air

Mutual 8 189E \$429,000 1 1/2 baths, washer dryer, cent. air, full expansion, very nice

(562) 431-2149

13926 Seal Beach Blvd.

Seal Beach, CA 90740

\$445,000 Mutual 9 228L btfl. location, south facing, fully expanded, ready to move in



Mike Varipapa



Bill Berman





Gail Alonzo 562-673-6307



Hanna Rubinstein 562-900-4243



Jay Cho 714-944-4998



Philip Bak 213-550-9991



Fay Wescott 562 -242-6162



Tim Kearns 714-293-3950



Yolanda Narro 562-400-0720





Robin Gray (562) 209-5605 rwgraysales@verizon.net

DRE 01027333

13926 Seal Beach Blvd., Seal Beach, CA 90740

Buyer in need of a One Bedroom. Call Me if you have one to Sell!



(Located in the shopping center, behind Carl's Jr.)

Coming Soon-Mutual 12 Beauty







SIMPLY GORGEOUS INSIDE AND OUT! Gorgeous Remodel from top to bottom! Expanded two bedroom, one bath with all the bells and whistles! Open concept floorplan... the living room and dining room flow together with the kitchen overlooking the living area!! The kitchen has white cabinetry, quartz counters and a beautiful stone backsplash, stainless steel kitchen appliances, quartz counter in bathroom, rain glass shower enclosure, stackable washer/dryer, central heat//air, walk-in closet in the primary bedroom, built-in desk with storage and shelves in the 2nd bedroom that has been converted to a den, dual pane bay windows, ceiling fans, skylights, laminate wood look floors, smooth ceilings with canned lighting throughout. Come and enjoy, sit and relax on your own pretty stone patio and take in the greenbelt view!

Mutual 1-20-A \$330,000





LOCATION...LOCATION! Darling 2 bed, 1 bath CORNER COTTAGE with a GORGEOUS VIEW of a BEAUTIFUL GREEN with TREES!! New Paint, New Carpet, raised living room exterior walls much better for furniture placement, patio to have new indoor/outdoor carpet installed buyer gets to pick color, heat pump to keep you cool in the summer and warm in the winter, cut down shower with a clear glass enclosure, skylights, ceiling fan in the kitchen, dishwasher, close laundry, built-in patio storage cabinet and a nice size patio to enjoy your surroundings.

Mutual 5-124-I \$327,000

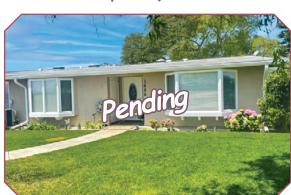




Mutual 7-162-G \$469,500







more at www.sealbeachleisureworld.com



CAROL GASPER & NICK MONTEER

REALTOR Lic# 01276484, 01927606

562.716.1547 213.880.8220

gcarol1966@gmail.com





www.sealbeach-retirementcommunity.info nicholasmonteer@gmail.com 1900 St. Andrews Dr. Suite B Seal Beach, CA 90740

For 2022, We have a total of 75 Leisure World pending and closed sales. Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



1340 Kenwood Rd. #156D | M7 | \$372,500 2Bed/1Bath interior location with full expansion, laminate floors throughout, skylights, updated bathroom with bathtub, walk-in closet. AC heat pump in living room!



13260 Fairfield Ln #171J | M7 | \$579,000 One of the best green belts around! This 2bed/2bath home has been completely remodeled inside and out! Central AC, washer/dryer, skylights throughout and walk-in closet!



1881 St. John Rd. #37K | M15 | \$379,000 2 Bed 2 Bath unit overlooking greenbelt with all newer dual pane window enclosure. Luxury laminate flooring throughout, quartz counters in kitchen and bathrooms. Vaulted ceilings and lots of closet space!

Coming Soon

13461 S Fairfield Ln. #60L | M6 | \$599,000 Corner 2bed/2bath with the best of both worlds! Drive-up and greenbelt location with 2 large patios. Remodeled top to bottom with washer/dryer, central HVAC, expanded skylights throughout!



13301 Fairfield Ln. #183J | M8 | \$579,000 2Bed/2Bath beautiful greenbelt location with bay window! Check out this remodeled patio home with skylights throughout, laminate flooring, gorgeous new kitchen and baths, washer/dryer, and central AC!

On September 19th, 2022 a total of 41 units show as active listings on the CRMLS (this is where Realtors list property for sale)

- 14 1 bedroom/1 bath units from \$198,500 to \$350,000
- 20 2 bedrooms/1 bath units from \$295,000 to \$565,000
- 7 2 bedrooms/2 baths units from \$369,000 to \$589,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory! We are here to help!





DRAWING WILL BE ANNOUNCED OCTOBER 27TH.

DEADLINE TO SUBMIT

Gasper Monteer Realty Group 1900 St Andrews Drive #B, Seal Breach, CA 90740

NAME:

PHONE:

EMAIL:

I want to receive information about the market in Leisure World